**PASADENA City Places New** Restrictions on **Garage Sales** 

Hayes: As I See It Hamilton: 2010 Johnson: **Fatherhood** Page 7 Page 4

**OPINION** 

WORLD **Online: Revolution** Looking Up: Mt. Wilson **Astronomers New Find** Page 11

ONE OF A KIND Maryvale: An Oasis of Peace and Support Nurturing Young Women Out of Crisis Page 13





SATURDAY, JUNE 20, 2009

**VOLUME 3 NO. 25** 

## Seven Children Rushed To Hospital

Chlorine 'Blast' Causes Temporary Shut Down of City Pool

The tranquility of an otherwise serene Sierra Madre was Thursday disturbed afternoon when seven children had to be rushed to Arcadia Methodist Hospital after complaining of nausea and difficulty breathing while swimming at the Sierra Madre Aquatic Center.

According to acting public information officer James Carlson, the city's emergency dispatch got a call at 3:15 p.m. of a possible chemical leak at the city pool located at 611 E. Sierra Madre Blvd. Sierra Madre Fire and paramedics responded immediately, as well as other departments full of kids on summer



Public Health and Safety Officials (above) discuss the 'burst' after the pool had from as far away as San been evacuated. SM Fire Chief Steve Heydorf and Paramedic Coordinator Marino. The pool was Gred Christmas (left) enter the evacuated area. Photos by D. Lee

break. "This is a time when there is a lot of 'free swim' for the kids.'

The children were transported to the emergency room with respiratory problems. "As of an update at 5:08 p.m. they're all ok" said Carlson Thursday evening.

Preliminary findings indicate that there was a chlorine burst that sent the levels soaring. Carlson said there was some work going on with replacing a circulation pump. "There is a good chance in that process [changing the pump] that there was some [chlorine] pooled or a bubble or a kink." As a result, the pool was immediately closed down for the remainder of the

After inspection by Los Angeles County officials, the pool was reopened Friday morning. Tests proved the chlorine levels to be back to normal.

Chlorine is commonly regarded as the most effective disenfectant for swimming pools. However, it can be extremely harmful if levels are not properly maintained. Incidents such as the burst are very rare said one LA County Hazmat member at the scene.

"If you get a call for a chorine leak at a pool your heart jumps out of your chest," said Carlson who in the early 1990s, was the Aquatic Center pool manager. "I was up at city hall and that is what I first heard, I was a little nervous." He added, "I think this was very unfortunate but not a serious problem."

### Kilts In Sierra Madre **Unique Local Business** Celebrates Milestone

**Photos and Story By Chris Bertrand** 

In their tradition of keeping it local and "in the family," MacKinnon's Kilts of Sierra Madre contracted The Destination Group, also of Sierra Madre, to create the website for their burgeoning Scottish and Celtic accoutrements business.

What started out three years ago as a side business of kilt sales, was intended as a vehicle to spark their children's interest and knowledge of Scottish culture to the "next level." The extended family grew up around all things Scottish and a daughter even competed in Highland Dancing. Since 2006, MacKinnon Kilts has developed into a full time business for members of this local clan.



Harper's truly a family Her affair. co-owner brother, Scott Storlie, niece, Hanna two daughters Kyleena and Bryanna all work in the company. These proud



the MacKinnon clan all live in Sierra Madre, within a block

The group regularly takes to the road least once a month company is for Scottish Highland Games, Irish Festivals and Celtic Gatherings, towing their black trailer, nicknamed "Darth Vader", filled with traditional kilts, modern varieties and all manner of plaid accessories, including clan-appropriate reading glasses.

The four women have been dubbed the MacKinnon's Kilt Lasses, and you'll see them at west coast cultural events, ably S t o r l i e manning their booth. The family's favorite yearly event is the Scottish Highland Games (http://www.caledonian.org/ games.html) which will take place soon in the Bay Area's

Pleasanton, CA, from September 6-9 this year. Now they've expanded online with the new website to serve their kilt-loving customers year round, from toddlers through adults. Harper's daughters and niece all attended Alverno High School, also here in Sierra Madre. When it members of came time for a photo shoot to (cont. page 10)

#### **PUSD Discusses New Sierra Madre Middle School** Campus by Dean Lee



during a public meeting Thursday night on what to do with Sierra Madre Middle school's upper campus in light of the district's grade reconfiguration that will now Diaz said the money to rebuild will place sixth graders in the middle schools. A move Superintendent Edwin Diaz said would displace 590 students district wide.

He said, of the three, building a new school from the ground up was the option they were most likely to approve. Others included modernizing the exiting upper campus or closing it altogether. In that case students would be moved to the lower campus with to the extra money and if it could a combined enrollment of over be used for teachers and staff. 1,000 students. This was also the Honowitz said it was complicated, cheapest of the three costing \$10- trying to explain why the funds \$12 million.

Diaz told a packed auditorium that building a new campus was cheaper than upgrading the existing school. He also said this would create a traditional stand-alone middle school with its own unique district number something a number of parents quickly questioned.

"I don't live in Sierra Madre," one parent said. "Does this mean I would have to be back on a waiting list to get in, or will we already be registered?"

Diaz said it was too soon to answer the question but assured everyone the process would be transparent. "If you want to know how this will work, we just went through this with another school," he said. "Ask someone that has children going to Blair and they can probably tell you a lot."

School officials also unveiled a drawing of the proposed site showing two story classrooms along Canon Ave. and a one story gymnasium in the middle of the school.

Although architect Fred Wesley said the classrooms would be partly underground, giving the appearance of just one story, he also said it could completely change because of the state's regulations. There was also some opposition to basketball courts backed up against homes something he also said may change.

PUSD board member Ed Honowitz said the time line to build would be about three years. He also sits on the subcommittee overseeing the facilities master plan that will make recommendations to the board.

Three options were presented He said he could not predict what the board would do but said the members were reasonable and the plan for a new campus make sense.

> come from \$38 million set aside for the project through Measure TT. Last year voters passed the \$350 million bond to repair and upgrade aging campuses.

> The cost to rebuild would be far less ranging from \$20 to \$25 million. He said the difference was because voters were asked to modernize the buildings which had a higher price. Some asked what would happen are restricted. He simply said the money could not be used to pay teachers. Diaz said this was a crazy time and that parents and residents would see a lot of spending at the same time they were seeing teacher layoffs and cuts. They said Sacramento was, in part, to blame.

### Inside This Week...

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**Homes & Property** 



**Great Coffee Great Sandwiches Great Cookies** 



**Dog Friendly Patio** 

Children's Area inside

Magazines and books to

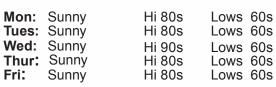


Page 13

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## Calendar & Arts

# Weather Wise 5-Day Forecast Sierra Madre, Ca.



Forecasts courtesy of the National Weather Service

## SUMMER FUN AT SIERRA MADRE LIBRARY

One of the sounds of summer is that dreaded lament, heard in households everywhere—"Mom, I'm bored!" We invite you to let the Sierra Madre Public Library come to your rescue with these kid-pleasing programs.

Preschool Story Hour is held year-round, every Monday morning, from 10:00-11:00 a.m., and every Wednesday evening from 7:00-8:00 p.m. Youth Services Librarian Meegan Tosh provides stories, songs, and craft projects for our youngest patrons.

"Barks & Books" is held at 3:00 p.m. on the second Thursday of each month. Children read to gentle and friendly dog visitors, which are accompanied by Pasadena Humane Society volunteer Dorothy Raymond. Ms. Raymond brings several of her specially trained dogs to area libraries for this popular program.

Bring the kids to our special summertime Story Hours, Wednesday afternoons at 3:00 p.m., June 24 - August 12.

Artist and Storyteller Hope White Demetriades will lead Creative Art Story Times for children ages 6-10, Mondays at 3:00 p.m., starting June 22. This activity is limited to the first 20, so bring the kids early to ensure a seat.

On Monday, June 22 at 10:00 a.m., Makinto and the International Music Bus will present an active play-and-sing-along for kids of all ages featuring music from around the world.

.will appear on Tuesday, July 14 at 10:00 a.m. This popular company returns to the Library this summer with a presentation entitled "Watercolor." In this all-new show, a greedy, magical sea monster sucks all the color out of the ocean. A daring hero embarks on a thrilling undersea adventure to restore the sea to its former beauty.

Makinto and Swazzle are sponsored by the Sierra Madre Volunteer Firefighter's Association. The Sierra Madre Public Library is located at 440 West Sierra Madre Boulevard in Sierra Madre. For more information, please visit the Library's web site, <a href="https://www.sierramadre.lib.ca.us">www.sierramadre.lib.ca.us</a>, or call Youth Services Librarian, Meegan Tosh, at 355-4672.

## The Bird and The Bee to Perform at Descanso Gardens

Indie/Alternative Music Duo Will Play Their Cool Art-Pop Melodies on June 25 at La Canada Botanical Gardens.

Descanso is proud to present Los Angeles' own Inara George (daughter of Little Feat's Lowell George) and Greg Kurstin (producer/songwriter for Lily Allen and many more) for one performance only on Thursday, June 25 on the Gardens' main lawn.

As The Bird and The Bee, the popular duo combines George's whispery wry vocals with Kurstin's catchy mod, tropicalia, electro jazz keyboarding.

Barbecue, wine beer and signature cocktails will be available for purchase.

Tickets are \$12 and can be purchased from www.ticketweb. com. Gates open at 5:15 p.m. and the one-hour show starts at 6:15 p.m. For more information, visit www.descansogardens. org or call (818) 949-7980.

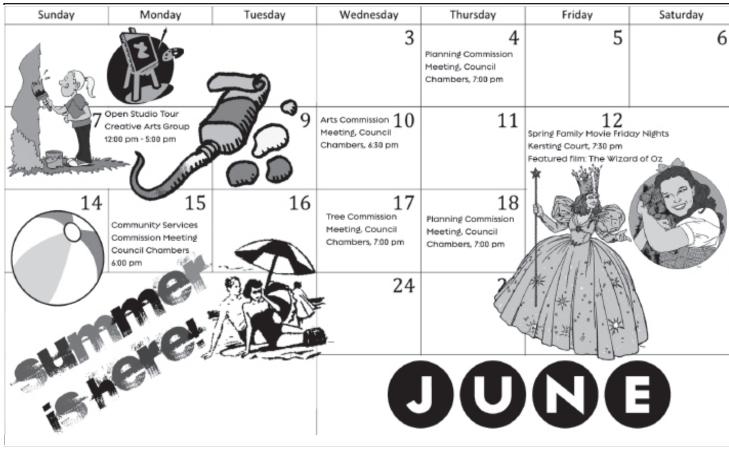
## Kiwanis Club of Sierra Madre

Meets Tuesday 12:00 noon at Masonic Temple 33 E. Sierra Madre Blvd. Sierra Madre

Lunch catered by Lozano's is \$11 - program only is free and begins at 12:45pm

#### **Upcoming Events**

- July 3 & 4 4<sup>th</sup> of July Pizza Booth at Memorial Park
- August 9 Concert in the Park with the "Aluminum Marshmallow"
- September 19 Annual Pancake Breakfast



## PROGRAM AT SIERRA MADRE LIBRARY

Sierra Madre Public Library's popular Adult Summer Reading Program is now in its third year. This year's theme is "Master the Art of Reading," which will showcase fiction and nonfiction works that revolve around the visual arts. This free program will run eight weeks, from June 22 - August 15. Register at the Library or online beginning June 22. To register online, visit the Library website, www.sierramadre. lib.ca.us, and click on the Summer Reading Program button. Incentives will be given out to registered participants as supplies last. You must be 18 or older to participate.

Participants will fill out a reading log form for each title read and submit it at the Library for a chance to win a weekly prize. Winners will not be eligible for more than one weekly prize. All participants, including the weekly prize winners, will be eligible for the Grand Prize Drawing, which will take place on August 17.

In June, the Library display case will feature an assortment of prize items from the Collaborative Summer Library Program, the organization that provides the theme and promotional materials for our Summer Reading Programs. One lucky reader will win all the prizes on display in the case in one of our weekly prize drawings!

The Adult Summer Reading Program is sponsored by the Friends of the Sierra Madre Library. The Sierra Madre Public Library is located at 440 West Sierra Madre Boulevard in Sierra Madre. For more information, please visit the Library's web site, www.sierramadre.lib.ca.us, or call Polly Bonnett at 626-355-7186 x 105.

#### National Summer Learning Day Thursday, July 9, 2009

The Sierra Madre Public Library will join in the fun with a special program for children at 3:30 p.m. in the Children's Room. Humane Society volunteer and Sierra Madre resident Dorothy Raymond, who brings her labradoodle, Maerose, to the Library's regular monthly Barks and Books Storytime, will present an educational program, followed by a storytime featuring dogs, and then a dog craft. Come early to ensure a seat, as the program is limited to the first 20 children. Please note that the Library's regular Barks and Books Storytime, which is normally held on the second Thursday of the month at 3:00, will not meet in August.



#### City Website Feedback Session

Do you regularly, or even just occasionally, visit the Sierra Madre City website? If so, you are invited to drop by the Sierra Madre Public Library on Tuesday evening, June 23, from 6:00-8:30 p.m., and Wednesday afternoon, June 24, from 1:00-6:00 p.m., to tell us what you think of the website. We'd like to know what you like—or don't like—about it, what information you use most often, how difficult or easy it is for you to find what you need, and what suggestions you have that would help us refine the website and make it a better, more user-friendly tool. Your opinion counts, so don't miss this opportunity to share your comments and suggestions with us. The Sierra Madre Public Library is located at 440 West Sierra Madre Boulevard in Sierra Madre. For more information, please call (626) 355-7186.

Babysitter's Training

The City of Sierra Madre is hosting an American Red Cross Babysitter's Training Course on Sunday, June 28, 2009. The class will be held at the Youth Activity Center (YAC) from 9:00am-5:00pm. The YAC is located at 611 E. Sierra Madre Blvd. This course is open to youth ages 11-15 years of age and costs \$35.00 per youth. To register for the course please contact the Community Services Office at 626-355-5278. Don't miss out on this great opportunity, availability is limited!

## James Bartlett to Speak at Altadena Library June 28 on "Beyond the Space Shuttle"

James Bartlett, an aerospace engineer with the Rocketdyne team responsible for Space Shuttle launches, will give a public lecture on Sunday, June 28, 2:30 p.m. at the Altadena Library. His subject is "Beyond the Space Shuttle."

The talk will first offer an overview of the current U.S. space flight system (the Space Shuttle), and then introduce the Constellation Project along with some competing space flight architectures.

James Bartlett graduated with a B.S. in Aerospace Engineering from the University of Oklahoma in 1996. He has worked for Rocketdyne on the Space Shuttle Main Engine program since 1998.

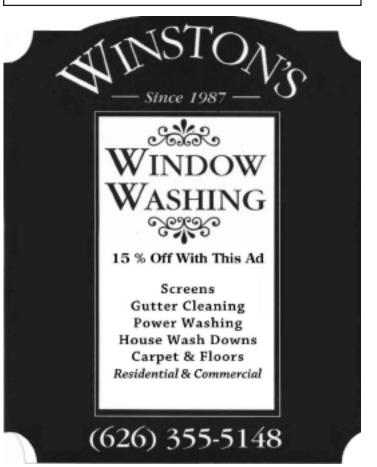
This lecture is free of charge, and all are welcome. There will be light refreshments beginning at 2:00 p.m.

The Altadena Public Library is located at 600 E. Mariposa Street in Altadena, two stop signs west of Lake Avenue at the corner of Mariposa and Santa Rosa Avenue ("Christmas Tree Lane"). This talk is sponsored by the Mount Wilson Observatory Association (MWOA), a group of volunteers assisting the Observatory in public outreach. For more information about the talk, contact Bob Eklund, MWOA Programs Chairman, at beklund@sprynet.com or (310) 216-5947. For more information on MWOA, including how to become a member, see the web site www.mwoa.org.









### AROUND THE SAN GABRIEL VALLEY

#### Pasadena

#### **Volunteers Honored for Creating** Safe Places for Foster Care Kids

from volunteers, organizations, and corporations, Hillsides, a foster care children's charity, provides all the basic necessities and extra attention each child and family deserves, especially during turbulent financial and emotional times such as today. Five local individuals and organizations were recipients of Hillsides Special Recognition Awards during its annual Angel Awards Ceremony.

Having read about Hillsides Youth Moving On in the newspaper, Cindy Roberts decided she wanted to participate in the beginning phase of the mentor program for former foster youth living in the transitional housing program. After raising her five children, Cindy has realized how important adult role models are in influencing youth's lives.

"I wanted to be a source of support and friendship and make a positive difference for young adults," Roberts said. While volunteering at YMO she has baked cakes, decorated apartment doors for the youth's birthdays, participated in mentor/ youth activities such as game nights, bowling, cooking, hiking, bike rides, plays, pool parties, golfing, dinners, holiday celebrations, and many more.

Passionate about the program, Roberts finds an endearing quality in each of the youth. "It is amazing to see their growth, help them learn life skills, and see their selfconfidence soar," she said. "I feel fortunate to be a force in the YMO family and appreciate the dedicated and loving staff."

As a Sears employee Conrad Schlick visited the foster care children's charity for several decades on service calls. However, his knowledge and familiarity grew greatly after his wife began working for the charity in 1995. Through his wife, Schlick met Chet Buker, who often spoke about his positive experiences as a Hillsides volunteer.

"It was largely due to him that I knew I would dedicate my skills to Hillsides when I retired," said Schlick, who is selfdescribed as blissfully retired. "It is a great helping others."

Just like Buker, Schlick is now recruiting another volunteer, his friend, Jim Prince, who joins him on most repair jobs at Hillsides.

With the support from members of St. said Broxton. Luke's Episcopal Church in Monrovia, Hillsides children benefit every season with the caring gestures of people who care for

Parishioners collect donations for Easter, Valentine's Day, Christmas and fall school

Taking the lead in encouraging

(PASADENA, CA)— With support parishioners to participate in their community outreach is Sarah Thomas. Thomas' desire is to demonstrate to children that Christians are caring individuals who can bring smiles to them. "I want them to know that someone out there thinks of them," she said.

"During the various holidays, foster care children may become more depressed as they recognize they're not with their families," said Laura Kelso, the charity's director of community resources. "Giving our children these significant items cheers them up. St. Luke's is definitely brightening the days of our kids."

Researching online for a children's charity to benefit from their pre-opening gala, Chris Kadohiro, managing partner of Roy's Restaurant, found Hillsides. After learning about the wide range of programs and services Hillsides has to offer the children of our community, Roy's was confident that they had found their match.

Roy's worked with Hillsides staff in coordinating the evening's benefit and inviting guests. Donating 100% of the evening's proceeds to Hillsides, Roy's raised \$22,650 and opened its doors to over 300 guests.

When asked what keeps Roy's participating with Hillsides, Kadohiro said, 'The reputation and the continuing support of the children in the community." He added, "Of the many pre-opening parties for our restaurants that I have attended, the energy and warmth of Hillsides was one that truly stood out."

Since 1999, Pasadena Foothill Association of Realtors Charitable Foundation has been donating to the foster care children's charity. The charitable foundation recognizes Hillsides for its mission of creating safe places for children.

However, their relationship strengthened when Jackie Broxton, director of major gifts and planned giving, gave a presentation at the Professional Realtors Association.

Brandie Belangeri, vice chair of PFAR, approached Broxton to learn more about opportunity to continue my craft, while Hillsides. Since then Brandie has become a loyal friend to Hillsides and remains a true spirited individual eager to advocate for the children we serve. She has inspired others at PFAR to generously consider Hillsides as a leader in its community outreach efforts,

> "We at PFAR keep giving to Hillsides because of the wide range of care they give to children and the dedication and support Hillsides shows toward the family unit," said Belangeri.

> To learn more about the foster care children's charity or how you can volunteer, visit www.Hillsides.org.

## Rround Monrovia by Pat Ostrye **Around Monrovia** and Everywhere!

Flag Day, June 14th, came and went, ride of Paul Revere. I was flown above the seemingly getting less attention every year. decks of old "Ironsides", and from the masts of There are many proclamations out there featuring the Flag, but I've used this one by Anonymous now and then when speaking at different organizations, because it really says it all and bears repeating.

"I am the only flag of the United States of America...I was conceived in the dreams of liberty and in the hopes of Freedom... I was adopted by the Continental Congress in 1777 and proclaimed the National Emblem of a nation newly born on this great continent, fighting valiantly for survival and destined to bring to all mankind a new concept of Life, Liberty and the Pursuit of Happiness.

I have been many places and seen many things. I have witnessed every event of American history. I was there at Concord, when they fired the shot "heard around the world". I was there in the late twilight at Fort McHenry, and inspired Francis Scot Key to write the immortal "Star Spanled Banner", our National Anthem.

I was with Molly Pitcher at the Battle of Monmouth, and saw her take the cannon cleaning staff from the hands of her husband and help carry on the fight for freedom. I felt the snow and the biting cold at Valley Forge, and gave warmth and comfort to General George Washington and his tired and hungry men of the Continental Army.

I rode with Ethan Allen and the Green Mountain Boys. I saw the signal in Boston's Old North Church that started the midnight

the "Yankee and China Clippers". I blazed the westward trail with Daniel Boone in a covered wagon...

I was carried through the "Halls of Montezuma" and to the "Shores of Tripoli". I once fell to the ground at Custer's Last Stand... and there were no living hands to pick me up. I galloped up the slopes of San Juan Hill with Teddy Roosevelt and the Rough Riders. I stayed with the boys until it was Over Over There- on the battlefields of the Marne, Chateau Thierry and the Argonne Forest. I was raised by five brave Marines and Sailors during the hell at Iwo Jima.

I've seen many of the youth of our nation fall and lie still in death. They had given their last full measure of blood and devotion...The wars are over for them forever, but I keep my lonely vigil over their graves, knowing they died not in vain...

I am many things to many people and I have many names - "The Star Spangled Banner", "Old Glory", "The Stars and Stripes Forever" , but by whatever name, I am a symbol of the land, the people, the government and the ideals of the United States of America, and, wherever free men and women gather, wherever there is justice, equality, faith, hope, charity, truth and brotherly love, there too am I!"

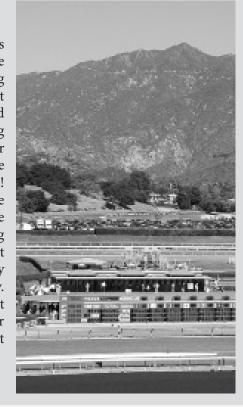
I'm certain that the latest veterans of the many recent military entanglements could add many more incidents to this treatise regarding Our Flag! postrye@netzero.com

### Arcadia Relay for Life

Arcadia Relay for Life is less than two weeks away. This year the Relay is dedicated to the late Mayor Charles Gilb a much loved long time Arcadia Resident. The relay will be held at Santa Anita Park (the racetrack) June 26th and 27th, a twenty four hour event with the opening ceremony beginning at 10:00am. Survivors, their family and friends are invited to attend and be honored with a survivor lap, t-shirts and goodies!

There will be entertainment throughout the day and in the evening on June 26th will be the luminara ceremony celebrating life, honoring our survivors and remembering those who lost their battle with cancer. It is a wonderful family event and we encourage every one to come by. For more information please contact the event chair Tony Escamilla tony@arcadiarelay.com or Sarah Eagle at Sarah.Eagle@cancer.org Also visit our website

www.relayforlife.org/arcadiaca



#### Monrovia

### Monrovia Council Adopts Austere Budget Cutting Employees, Programs

Monrovia's City Council has adopted a and complete the budget balancing. The balanced but austere two-year budget that cuts employees and trims programs in the face of continued revenue losses due to the national economic downturn.

The Council, in a unanimous vote Tuesday, June 16, closed a potential \$2.6 million gap in the budget caused primarily by decreasing sales tax revenues.

As many as 22 current City jobs are being eliminated, including a round of layoffs this month that cut four positions on top of the 10 spots that were either eliminated or not filled during the past two years.

In addition, 12 current employees are taking an early-retirement buyout between now and October. Their positions will not be filled. Other cuts will come through attrition, and some currently open spots will not be filled.

The City is still negotiating with employee associations, seeking changes in labor contracts that will provide additional savings

negotiations center on eliminating merit raises and performance bonuses for at least the next year to ward off further personnel cuts.

The new fiscal plans take effect July 1. Negotiations with employee groups are expected to be completed before that date.

Mayor Mary Ann Lutz said that, "We've had to make some very hard choices, but the result is that Monrovia remains strong, it's finances are secure and we can continue to move forward. These are difficult times, but with careful management, we'll weather them just fine."

She said that, "The budget has been balanced through personnel cuts and cost savings, the freezing maintenance and operations budgets at previous years' levels, the deferring of capital expenses wherever possible, and few if any new programs.:

The new budget, which covers fiscal years 2009-2010 and 2010-2011, calls for expenditures of about \$60 million each year,

about half of that involving the General Fund, which is financed through sales taxes, property taxes and charges for services.

Cutting back on personnel, explained City Manager Scott Ochoa, will mean some decline in City services - a longer turnaround time on engineering plan checks and longer periods between trimming of parkway trees, for instance.

Other anticipated consequences of the cutbacks include a scaling back of community events such as the Fourth of July fireworks show, which has been cancelled this year; a cutback in the number of summer concerts; elimination of the Food, Wine and Jazz Festival; the Canyon Park Haunted Hike and the Halloween Home Decorating Contest.

Passport services in the City Clerk's Office will be affected, as will the turnaround time on public records requests.

The Fire Department's Community Emergency Response Team will be limited to just two classes. The Library will reduce

Children's Story Times to just one per age

City Departments are also being reorganized in the face of personnel and funding cuts:

· Public Works is consolidating it's Operations Division into Infrastructure Maintenance and Engineering Divisions.

· Community Services has consolidated mid-management positions in its Recreation and Library Divisions.

· Community Development will be using consultants and contractors to make up for the loss of personnel.

The Administration Department is downsizing Records Management.

Although there are some new programs and initiatives called for in the budget, few of the dollars to pay for those will come from the City's General Fund. Nearly all of those new projects will be funded by grant monies and other restricted dollars already set aside and allocated.

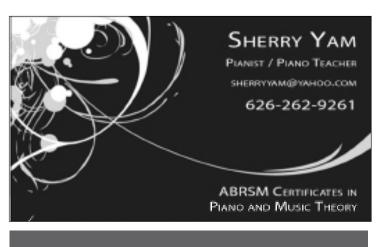
### SIERRA MADRE'S **FARMERS MARKET**

## Wednesday 3-7pm

Fresh vegetables and seasonal fruits from California family farms.

Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public parking on Mariposa.





www.mtnviewsnews.com

## Mountain Views News Pasadena Altadene

News Form Your Community



## Nineteen Caught in Prostitution Sting

The Pasadena Police Department's Special Investigations Unit and Neighborhood Action conducted Team prostitution sting operation Wednesday between 7:00 a.m. and 1:00 p.m. on East Colorado Boulevard.

Undercover officers were posed as both prostitutes and customers. This sting focused on male and female participants and resulted in the arrest of eighteen male adults and one female adult. The arrests included misdemeanors for prostitution and nine misdemeanor arrests for loitering with the intent to commit prostitution.

"In response to resident complaints we are making every effort to abate the problem," Chief of Police Barnard Melekian said. "It negatively impacts the quality of life in the area in the surrounding neighborhoods and the local businesses suffer negative economic impacts connected with prostitution. We intend to conduct these operations randomly and to send the message that if you are in this city to commit an act of prostitution, you will likely get caught and arrested."

The maximum penalty for this offense is 6 months incarceration, \$1,000 in fines, and the arrestee's vehicle is impounded. All arrestees must attend AIDS awareness classes and are tested for the presence of

### Job Prep 101

Job Prep 101 is a series of free job assistance workshops for adults held monthly at LaPintoresca Branch Library, 1355 N. Raymond Ave. , Pasadena.

Each workshop covers a different search related topic. The June workshop will focus on "How to create cover letters for your resume" and will be held on Tuesday, June 30 from 11 a.m. to noon at La Pintoresca Branch Library.

Reservations are required for this program. To make your reservation call (626) 744-7268.

### Pet of the Week



Jade, a gorgeous, four year old Siberian Husky is looking for a home.

She walks well on leash, loves meeting new people and gets along with other dogs. Jade has already been spayed and can go home with you today!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit

with a participating vet.
Please call 626-792-7151 and ask for A251452 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave, Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at www.phsspca.org

## City Places New Restrictions on Garage Sales

By Dean Lee

In an attempt to clean up some of the city's zoning codes the city council Monday night approved new restrictions on garage sales that would, among other things, make it illegal to hang any personal property for sale on a fence, wall or sidewalk. The amendment would only apply in residential areas.

A number of residents at the meeting voiced opposition, although only one person spoke during public comment saying it was the wrong time, referring to the economy, to restrict people from trying to make a little extra cash.

Longtime resident Nancy Nelson said she was confused as to why the city would want to do anything about garage sales at all?

in her opinion the council was micro managing the city. "What harm does it do?" She asked something city staff had addressed saying property hung in the public right of way could create traffic or parking problems.

Planning and Development Department Director Richard Bruckner and staff said the intent of the regulation was to ensure that the items being sold are located on private property and that the display of merchandise does not impact the appearance and character of the neighborhoods.

Nelson also alluded to the idea that the restrictions were against people's constitutional rights.

"It seems like the gradual and



Group selling T-shirts on the side of CVS Pharmacy

"Back in the 70s and 80s we would do garage sales all the time," she said. "We would put up a sign on each street and people would come and we sell our junk. We would get rid of our clutter that way."

Nelson went on to say that personal property sales, "The

silent encroachment upon liberties," she said. "Maybe it's an eyesore to some people, but we say the Pledge of Allegiance here, 'With liberty and justice for all,"

Councilmember Victor Gordo asked about other types of

concern I have is Lake Avenue," he said. "There are a number of 'sales,' if you will, I'm thinking between Save-On and Roscoe's Chicken 'n' Waffles, there is a group that sets up shop and sells T-shirts. The Save-On Drug

Bruckner made clear that selling T-shirts on Lake Ave was illegal

Store is now CVS Pharmacy, a

change that occurred years ago.

"We have a code officer who typically cites or warns owners," he said. "If you see that please call it into our offices, your prohibited from doing that today."

He also said because these events usually happen on the weekend they now have a code officer that works Friday, Saturday and Sunday.

Councilmember Chris Holden asked about yard sale signage.

"I've seen signs on telephone poles, trees, arrows pointing this way, hanging from trees," he explained.

Bruckner said yard sale signs

The Pasadena Chalk Festival painted beautiful images on

returns to Paseo Colorado the boulevards and squares

this Father's Day Weekend of great cities, using chalk as from 10am - 7pm. The their medium and the street

festival is open to the public pavement as their canvas,"

and free of charge. The Chalk the site reads. "These artists

Festival, according to the and their creations were not a

official website, continue the destination unto themselves;

legacy of the street painting they were a wonderful art form by offering festival element of the everyday

visitors an opportunity to business of these cities." This

shop, dine or see a movie as year's festival plans to keeps

the artworks come to life. in that tradition organizers

Melekian Appointed to State

Council on Criminal Justice

"For centuries artists have say.

were also illegal. "From time to time we get a handle on it, then it moves away from us but we are trying to be active in that area." He said adding that they typically happen on the weekend when city hall is closed.

Well maybe you could get these telephone numbers and information to neighborhood leaders and association presidents," Holden suggested. "So they can disseminate it throughout the neighborhoods."

Holden then asked how someone would advertise a sale, to which staff replied, "They would have to keep the sign on their property."

According to the city's website the Planning and Development Department's main telephone number is (626) 744-4009. It also states the hours to call are from 8:00 a.m. to 4:30 p.m. although the walk-in counter is open until 5 p.m. Monday through Thursday and closes at 12 p.m. Friday's.

### Second Suspect **Arrested** in Atlantis Shooting

According detectives a second murder suspect in the killing of David Crosby last month inside a popular Pasadena restaurant was arrested without incident.

Charles Wetstone, 19 of Pasadena was taken into custody Tuesday at an apartment complex in Glendale. Police say this follows the arrest of Dwayne Rice who was apprehended June 11 in San Bernardino. Murder charges with gang allegations have been filed with the Office of the District Attorney against both suspects police said in a released statement. Both are being held without bail.

"The men and women of the Detective Section and Fugitive Apprehension Unit have done an exemplary job in tracking these suspects down and getting them into custody," said Police Chief Bernard Melekian. "The fact that we have these two hardened criminals behind bars so quickly after their brazen act of violence will send the message that we look for, find and arrest these violent felons."

Melekian said the investigation is ongoing.

### Antonovich Supports Education **For Veterans**

Supervisor Michael D. Antonovich introduced a motion supporting legislation to allow California veterans to receive college tuition under Post 9-11 G.I. Bill. The Veterans Educational Equity Act (McKeon, R-CA) permits California veterans to use up to the full \$6,586.54 benefit to offset tuition and fees.

'This vital legislation will give California veterans the same rights as those in the other 49 states," said Antonovich.

If approved by the Board of Supervisors next Tuesday, the Executive Officer will send a five-signature letter of support to the County's Congressional Delegation, the Education and Labor Committee and the Armed Service Committees expressing the Board's full support of the Veterans Educational Equity Act.

### **Upcoming Events**

(All events are free; see separate section below for summer programs for kids and teens at local libraries.)

#### Saturday

\* 11 a.m. – Adults will learn new ideas for preparing fruits, vegetables and greens for summer meals during a free workshop taught by chefs from Old Town Cooking School at San Rafael Branch Library, 1240 Nithsdale Rd. (626) 744-7270. \* Noon to 3 p.m. – The

Juneteenth festival at Jackie Robinson Center, 1020 N. Garfield Ave., will include food, games, performances, children's activities and a special focus on health. http:// www.cityofpasadena.net/ publicaffairs/news/juneteenth. asp (626) 744-7300.

#### Sunday

1:30 to 4:30 p.m. - Make Music Pasadena comes to the Donald R. Wright Auditorium at Pasadena Central Library, 285 E. Walnut St., with free folk and acoustic performances throughout the afternoon. www.makemusicpasadena.org (626) 744-4066.

### Police 8th Annual Classic Car Show this Weekend



the Department will Pasadena Department's 8th Annual fee is \$20 per vehicle. All Classic Car Show sponsored proceeds go to benefit the by the Paseo Colorado and Police Activities League and LoJack Corporation. The Haven House, a home for event kicks off at 8 a.m. battered women and their on Colorado Boulevard at families. Garfield Ave.

rod cars will be displayed on assistance and we are proud Colorado Boulevard ranging to be able to help them with from 1900-1974. There will the funds we raise through be live music, raffle prizes, this effort," Police Chief food booths and a police Bernard Melekian said. helicopter ride auction. The Trophies will be awarded event is free to the public.

Pasadena Anyone wishing to enter host a car may do so up to the Police morning of the event. Entry

'Now more than ever, these About 100 vintage and hot nonprofits and others need in several categories for the best cars.

#### Join The Summer Reading Club

Starting this month kids theme for kids, Be Creative efforts.

Kids, sixth grade and younger, will receive a book bag and a reading record to keep track of the books they read or have read to them during the summer. They For will be awarded a prize each on the Summer Reading week when they visit the Club for kids go to www. library and share what books Pasadena Public Library.net/ they've read or listened to librarykids. that week.

In keeping with this year's Pasadena Public Library and South Summer Reading Club

from toddlers to teens can @ Your Library, there will join the popular Summer be a variety of entertaining Reading Club at Central shows to spark kids Library or any of the nine creativity all summer long. Pasadena Public Library In July they'll bedazzled by branches. Summer Reading the magical performance Club encourages students of "Illusions by Allen" and to read for pleasure and amused by the "Tales and helps reluctant readers along Tunes" series featuring the then rewards them for their Brian Waite Band, Brother Yusef and storytellers Jim Cogan, Diane Ferlatte and the Swazzle Puppets. To top it off the Pacific Animal Productions will display creative critters in August!

more information

The Summer Reading Club for kids is sponsored by the Friends of the State Cooperative Library System.

"It is an honor to have been selected by Speaker Bass for this council," Melekian said. "It is an incredible opportunity to have a voice at the state level on all manners of issues that relate to law enforcement and judicial policy and I look forward to the challenge. One of the council's immediate and allocation of Federal COP's funds, which is going to be gone and do things I never state of California."

In related news,

Criminal Justice.

officially retired from the admirably." United States Coast Guard as a reservist after 26 years of service. His last command was this past weekend

Speaker of the California patrolling the San Pedro State Assembly Karen Bass Harbor. He retires as a Chief this week appointed Chief Petty Officer from the Port of Police Bernard Melekian Security #311 Unit based out to serve as her appointee to of San Pedro Harbor and has the California Council on done regular service duty of search and rescue and harbor patrol He has been actively deployed twice to military duty, once to the Middle East in 1991 and again to the Maritime Safety and Security Team 91103 providing Pacific coastal protection from San Diego to Seattle in 2003.

"It has been an amazing experience," Melekian said. "I most critical tasks is the have had the opportunity to go places I never would have critical to policing in the would have done through service with the USCG. Most importantly, I have met some amazing people that I never Melekian announced that would have met who have effective Tuesday he is and are serving this country

> There will be a formal retirement ceremony in September.

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## **Public Safety**



Environmentally Speaking, Did You Know?

#### The Sierra Madre City Council is Seeking **Volunteers For: The Green Advisory Committee**

By Pat Birdsall

The Sierra Madre City Council is looking for motivated, enthusiastic, creative, and friendly volunteers to serve on this important committee to help promote the City's goals of environmental conservation.

**Green Advisory Committee (GAC)** 

The GAC is a five-member committee, appointed by the City Council. The GAC may be comprised of residents who are professionals in the field of environmental conservation, environmental sustainability, design professionals. Or individuals who have a desire to explore "green" programs and practices that apply to future City development. A City Councilmember and/or Planning Commissioner could also be appointed to attend meetings to act as liaisons to their Council and Commission. The GAC meetings eill also be attended by a City staff member.

What is the role of the GAC?

The role of the GAC is to meet on a regular basis and will be asked to provide staff with recommendations and direction to further the City's efforts on "green" practices and programs, such as energy efficiency, waste reduction, recycling, clean energy, sustainability, including monitoring compliance with State and regional statutes, and possible creation of a Green Building Ordinance for public and private development in Sierra Madre. The GAC's role is solely advisory. Any recommended practice or program will be reviewed by the City Council acting upon the GAC's and Planning Commission's recommendations.

How much time is involved?

Participation on the GAC will require a commitment to attend monthly meetings (or on as-needed basis) for an approximately 18-24 month period. All regular GAC meetings will occur at pre-set meeting dates and times, and would be expected to last approximately two

For a Commission application, visit:

http://cityofsierramadre.com/docs forms/files/application commission. PDF

Or, stop by City Hall for a copy.

For more information please call (626) 355-7135 and ask for Danny Castro, Development Services Director

#### Reduce, Reuse, Recycle and Rethink

Brought to you by:

Sierra Madre Environmental Action Council (SMEAC) P.O. Box 85 Sierra Madre, Ca. 91025-0085

Your thoughts and comments are welcome...

### Sierra Madre Police Blotter

During the week of Sunday, June 7th, to Saturday June 13th, the Sierra Madre Police Department responded to approximately 196 calls for service.

#### Monday, June 8th:

8:46 AM – Petty Theft, 400 block West Sierra and a horseshoe type lock, which secured the bicycle, were stolen from the rear carport of estimated at \$325.00.

5:01 PM – Hit and Run, Non-Injury, Traffic Collision, 40 South Baldwin Ave. A white, 2009 Lexus was damaged by a hit-and-run driver. The Lexus was parked in the city public parking lot. The crime occurred between 8:30 am and 5:00 pm, on Monday 6/8/2009. No witnesses were found and the damage estimate was not available.

6:45 AM - Residential Burglary, 300 block Olive Tree Lane. Thirty-five dollars in coins were stolen during a residential burglary that occurred on Monday, 6/8/2009, between the hours of 7:00 am and 5:00 pm. The perpetrator(s) entered the home through a locked rear door.

#### Tuesday, June 9th:

8:02 AM - Vehicle Tampering, 300 block Auburn Ave. The rear window of a 2010 Ford Escape was smashed. The car was parked in

the resident's driveway. The crime occurred between 6:00 pm, on Monday, 6/8/2009, and 7:45 am Tuesday, 6/9/2009. The damage was estimated at \$200.00.

#### Thursday, June 11th:

5:21 PM - Commercial Burglary, 00 block Madre Blvd. A blue, "Giant" mountain bike North Baldwin Ave. Officers responded to a jewelry store regarding a theft of a purse. The theft occurred earlier in the afternoon, an apartment complex. The crime occurred between 3:46 pm and 3:51 pm. The suspect between 7:30 pm, on Sunday, 6/7/09, and entered the business and appeared to browse. 8:15 am, Monday, 6/8/2009. The total loss was When an employee offered to help the suspect, she replied that she had just come from a nearby business.

> Officers later checked that business and learned that no one had seen the woman inside that business. The suspect took the victim's purse from the floor while the victim sat next to it. The purse contained several personal items including credit cards. The suspect is described as a black female, heavy set, 40 to 50 years old with black hair. The loss was estimated at \$200.00.

#### Friday, June 12th:

4:46 PM - Arrest, Solicitation Without A Business License, 400 block Santa Anita Court. Officers responded to the area regarding a female solicitor. Officer found a woman matching the description accompanied by a man. Both suspects were soliciting without a business license and were subsequently arrested. They were transported to the Sierra Madre Police Department, booked and later released on a written promise to appear.

# Uncle Sam

## **Wants you to** advertise in our upcoming 4th of **July Issue!**

## (626) 325-3111 for details!



## A Weekly Spotlight on Sierra Madre Volunteers

### Rosemary Moribito -**Pro Bono Star**

and volunteers in Sierra Madre, is the "pro bono star of the week."

Rosemary Morabito spends most of her days at Essick House, Sierra Madre Woman's Club headquarters. As the club's second vice president, Ways and Means chair, she has myriad responsibilities, serving as Thrift Shop Liaison to the Woman's Club Executive Board ( of course, with emphasis on the Thrift Shop that's located at the back of Essick House). As administrator she works on scheduling and organization of volunteers, even though each volunteer has her own responsibilities.

mother, Rosemary's Gene-vieve Stubbs, who lives in Sierra Madre, has many friends who urged her to join the club since the Montrose resident attended so many of the activities. Rosemary assented and is glad she did.

Rosemary participated in volunteer work for the schools where her daughter, Bernadette, attended classes.

She had always been an active church volunteer, too. In fact, Rosemary met her

he was donating food, books and clothing

A native Californian, who lives in Montrose for the homeless and for runaway teens. David had his eye on one of the organizers -- Rosemary -- of the church drive, and ultimately married her. He is an engineer at

> Why does the Montrose resident spend most of her time doing pro bono work, and particularly in Sierra Madre? "I come from a family where we value volunteering and community service. Because of my connection to my religion, I'm drawn to help others. It's a sense of obligation. I feel the need to give back to the community for my many blessings."

> > Rosemary has a background in social work, having obtained her undergraduate degree from Cal State Northridge and a Master's degree from USC, both in social work.

> > Rosemary and her husband, as well as her daughter's family (there are four grandchildren) enjoy going to the Morabito cabin at Green Valley Lake (half-way between Big Bear and Lake Arrowhead). They try to get away two weekends out of each month and enjoy the many fruit trees in their mountain aerie. She also does a little

husband, David, at a chuch function at which vegetable gardening at the Montrose home. She really is "pro bono star of the week."

### Arcadia Police Blotter

For the period of Sunday, June 7, through Saturday, June 13, the Police Department responded to 1,027 calls for service of which 139 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

#### Sunday, June 7:

A traffic stop was initiated around 12:11 p.m. at Duarte and Sixth for no license plates. A 30-year-old male Hispanic driver was contacted and a record check revealed that he had a felony warrant and was taken into custody.

Around 6:00 p.m., loss prevention personnel from Nordstrom advised that they had detained misdemeanor outstanding warrants; a 44-yeara man for identity theft. Investigation revealed that on May 19, the suspect opened a fraudulent credit account by using another individual's personal information. On this date, the suspect attempted to open another account by using a second individual's personal information. A check of the store's computer system revealed that the suspect had made many cash refunds that totaled over \$1,760. A private person's arrest was made, and the 38-year-old Hispanic was taken into custody for commercial burglary, forgery, possession of forged driver's license, and acting in assumed character.

#### Monday, June 8:

3. Units were dispatched to the 400 block of East Live Oak around 2:00 p.m. in reference to a fight in progress. Three male Asian suspects accosted a male victim for apparently no reason. The suspects sprayed the victim in the face with pepper spray and broke the victim's car windows. 4. Between 8:00 a.m. and 4:23 p.m., a residential burglary occurred in the 100 block of Las Tunas. Unknown suspect(s) entered the home by breaking a rear window. Once inside, the suspect(s) ransacked rooms and took five World War II era rifles and other property.

#### Tuesday, June 9:

5. Shortly after 10:00 a.m., officers responded to Subway located in the 700 block of West Naomi regarding a suspicious man walking back and forth in front of the business and peering inside. A 26-year-old male Hispanic was located and a consent search revealed a kitchen knife concealed in his jacket pocket. The suspect was arrested for possession of a dirk/dagger and a \$30,000 outstanding misdemeanor warrant.

A 25-year-old female Caucasian was arrested in the 00 block of Bonita around 9:00 p.m. for inflicting corporal injury to cohabitant. Investigation revealed that during an argument, the suspect punched her boyfriend in the face.

#### Wednesday, June 10:

7. A residential burglary occurred in the 2800 block of South Baldwin between 7:45 a.m. and 8:10 a.m. Unknown suspect(s) entered the home via an unlocked door and stole jewelry, cash, and computer equipment.

8. Around 2:52 p.m., victims came to the station 1998 white Ford Expedition was stolen.

to file an identity theft report. The victims advised that they tried to file their tax return on February 19 via Turbo Tax and discovered that unknown suspects had used their personal information to file a tax return on January 28 for a tax refund of over \$40,000. Currently the IRS is examining the claim.

#### Thursday, June 11:

9. While on routine patrol, officers located a vehicle with outstanding warrants attached to the vehicle's license plate number. A vehicle stop was initiated at South Eighth and Daines, and two male African-Americans were arrested. A 47-year-old was arrested for a felony and a old was arrested for 2 misdemeanor warrants.

10. Around 5:40 p.m., units responded to the 99¢ Store, 140 East Duarte, regarding an assault with a deadly weapon incident. A male Hispanic suspect parked his gray Mercedes in the blue hash marked area of the handicapped parking stall. Two male subjects tried to detain the driver by blocking his path; however, the driver backed his vehicle into the victims, pushing them aside until there was enough room for him to drive

#### Friday, June 12:

11. Around 4:40 p.m., loss prevention personnel from Macy's advised that they had detained a woman for theft. The suspect was seen concealing merchandise in her purse and then leaving the store without making payment. A private person's arrest was made, and a 19-year-old Hispanic was taken into custody for commercial burglary. Additional stolen property from H&M, Fredericks of Hollywood, The Body Shop, and Forever 21 were recovered, and the suspect also had a fraudulent driver's license in her possession.

12. Officers were called to Dave & Buster's around 10:45 p.m. in reference to a fight at the location. During the physical altercation, one victim was pushed to the ground and kicked repeatedly and another victim was struck several times in the face. Private persons' arrests were made, and a 34-year-old male Caucasian was taken into custody for battery and a 29-year-old male Hispanic was taken into custody for assault.

#### Saturday, June 13:

13. Units responded to Huntington and Gate 1 around 5:24 a.m. regarding a solo traffic collision. A 24-year-old male Hispanic driver was contacted and officers detected the odor of alcohol emitting from his person and burnt marijuana was also detected in the vehicle. A field sobriety test revealed that the driver was operating the vehicle while intoxicated, and a search of the vehicle revealed a green leafy substance consistent with marijuana. The man was arrested for DUI and possession of marijuana.

Around 6:22 p.m., a grand theft auto was reported in the 1000 block of Catalpa. Between 7:00 p.m. on June 10 and 10:00 a.m. on June 11, a

## **EDUCATION & YOUTH**

#### Duarte's Paola Arana is #2 in the **Nation In Finals of USA Boxing National Championships in Denver**

arte's Paola Arana was defeated in the USA Boxing National Championship finals bout against Laura Ramirez of the Bronx, New York, but she still came home a winner in the eyes of her coaches and gym mates at the Duarte Youth Boxing Club.

"I'm so proud of her. She fought her little heart out and went from an unranked contender to number two in the nation," said head coach Victor Valenzuela.

Quite an accomplishment for the five foot, 101 pound 18 year-old in her first national competition.

Arana will be honored for her achievement by the City of Duarte at the June 23 City Council Meeting at Duarte City Hall, 1600 Huntington Dr.

Arana beat Samantha Guzman of Oak Park Illinois in a 22-20 decision in the first National Championship preliminary bout at the Denver Coliseum in Denver, Colorado. Advancing to the semi-finals, she stopped opponent Sherry Sanders of Tulsa, Oklahoma in the third round, winning herself a Championship match against Ramirez for the national title. Judges scored the match 16-4, Ramirez.

Valenzuela, who has been Arana's coach

DUARTE, CA, June 15, 2009 - Du- and trainer since she first started boxing at the Duarte Youth Boxing Club at the Duarte Teen Center three years ago, was there for the finals match.

"I just had to be there for her," he said. She's done so well."

During the semi-final bout Valenzuela followed the blow-by-blow of the Paola's match against Sanders by

"A friend at ringside told me everything that was happening and I would repeat the information to all the kids in the gym. It was so exciting. We were all so happy for Paola and so proud of her," said Valenzuela.

Arana earned her spot on the team of 33 male and female boxers representing the Great West Region of Southern California and Nevada by winning the USA Boxing Southern California Championship Tournament in Pacoima, CA last January and the USA Boxing Regional Championship Tournament in Coachella Valley in February.

The Duarte High School graduate, who now attends Citrus College, said it never occurred to her that she would be competing in a national championship when she first started working out at the Duarte Youth



Boxing Club.

"I just wanted to work out. Then I decided I really liked it and started to compete two years ago," said Arana.

Her parents and two older brothers were at first surprised "that little me would do anything like that, but they are proud of what I've accomplished," she said.

What's next for the 101 pound Duarte dynamo?

Savor the experience, enjoy the success, and get back to her studies at Citrus College where her favorite subjects are English and

Most asked if I was a graduate student in

medical school. No one realized I was a

seventeen-year-old, high-school junior. It

Kun says he has always been fascinated

with the respiratory system and

function of the lungs, in medical terms

"pulmonology." With generic data made

available by CHLA he began his effort to

improve the quality of life for infants and

children. Subsequently he gathered his

own data and worked on the project for

months. When Dr. Keens saw the value of

the research, as well as Kun's passion and

potential, he became personally involved.

Kun said, "Dr. Keens was wonderful. He is

one of the nation's outstanding respiratory

was a pretty amazing week."

### SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024 (626) 355-3463 Head of School: Ann M. Gillick E-mail address: agillick@alverno-hs.org

**Arcadia High School** 180 Campus Drive Arcadia, CA 91007

Phone: (626) 821-8370, Principal: David L. Vannasdall **Arroyo Pacific Academy** 

41 W. Santa Clara St. Arcadia, Ca, (626) 294-0661 Principal: Phil Clarke E-mail address: pclarke@arroyopacific.org

Barnhart School 240 W. Colorado Blvd Arcadia, Ca. 91007 (626) 446-5588 Head of School: Joanne Testa Cross Kindergarten - 8th grade website: <u>www.barnhartschool.com</u>

**Bethany Christian School** 

93 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-3527 Principal: James Lugenbuehl E-mail address: jml@bcslions.org

Carden of the Foothills School 429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414

626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-2410 Head of School: Patty Patano website: www.goodenschool.org

LaSalle High School 3880 E. Sierra Madre Blvd. Pasadena, Ca.

(626) 351-8951 Principal: Patrick Bonacci website: www.lasallehs.org

Monrovia High School 325 East Huntington Drive, Monrovia, CA 91016 (626) 471-2000, email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School 2600 Paloma St. Pasadena, Ca. 91107 (626) 798-0759 Principal: Dr. Vanessa Watkins

E-mail address: watkins12@pusd.us **Odyssey Charter School** 725 W. Altadena Dr. Altadena, Ca. 91001 (626) 229-0993 Head of School: Lauren O'Neill

website: www.odysseycharterschool.org **Pasadena High School** 2925 E. Sierra Madre Blvd. Pasadena, Ca. (626) 798-8901 Principal: Dr. Derick Evans

Pasadena Unified School District 351 S. Hudson Ave. Pasadena, Ca. 91109 (626) 795-6981 website: www.pusd@pusd.us

website: www.pasadenahigh.org

**St. Rita Catholic School** 322 N. Baldwin Ave. Sierra Madre, Ca. 91024 (626) 355-9028 Principal: Joanne Harabedian website: www.st-rita.org

Sierra Madre Elementary School 141 W. Highland Ave, Sierra Madre, Ca. 91024 (626) 355-1428 Principal: Gayle Bluemel E-mail address:gbluemel220@pusd.us

Sierra Madre Middle School 160 N. Canon Sierra Madre, Ca. 91024 (626) 836-2947 Principal: Gayle Bluemel Contact person: Garrett Newsom, Asst. Principal E-mail address: gbluemel220@pusd.us

**Weizmann Day School** 1434 N. Altadena Dr. Pasadena, Ca. 91107 (626) 797-0204 Lisa Feldman: Head of School

Wilson Middle School 300 S. Madre St. Pasadena, Ca. 91107 (626) 449-7390 Principal: Ruth Esseln E-mail address: resseln@pusd.us

**Pasadena Unified School District** 351 S. Hudson Ave., Pasadena, Ca. 91109 (626) 795-6981 Website: www.pusd@pusd.us

### Penn State Behrend Announces Spring 2009 Dean's List Recipients

ERIE, PA (06/16/2009)(readMedia)-- Jacob E. Bernstein from Sierra Madre, CA, was named to the Dean's List at Penn State Erie, The Behrend College, for the spring 2009 semester. Bernstein is

Penn State Behrend's Dean's List recipients must earn at least a 3.5 grade point average for the semester in which they are awarded.

Penn State Erie, The Behrend College, is a comprehensive residential college offering 34 bachelor's, six associate, four pre-professional and two graduate degree programs with 22 minors to more than 4,600 students. Focused on providing a student-centered environment, Penn State Behrend connects its students to a major research and land-grant institution on a campus enriched by more than 110 clubs and organizations, 21 NCAA varsity teams and 19 intramural sports. Penn State Behrend is named in recognition of a donation by Mary Behrend, widow of Ernst Behrend, who founded the Hammermill Paper Co. in Erie in 1898. The Behrend family lived on the 400-acre Glenhill Farm, which is the core of the Penn State Behrend campus today. For more information, visit behrend.psu.edu.

### Erica Slater named to Dean's List at Villanova University

VILLANOVA, PA (06/16/2009)(readMedia)-- Erica Slater, from Altadena, CA, has been named to the Dean's List for the 2009 spring semester in Villanova University's School of Business (Villanova, Pa.). Slater is a freshman.

Every year, students with established outstanding academic records are honored by the dean of each college. To qualify for the Dean's List in the Villanova School of Business, one must be a matriculated full-time student and earn a semester grade point average

of 3.5, with no missing or non-passing grades.

Villanova University was founded by the Order of Saint Augustine in 1842. A premier institution of higher education, Villanova provides a comprehensive education rooted in the liberal arts; a shared commitment to the Augustinian ideals of truth, unity and love; and a community dedicated to service to others. A wide variety of undergraduate and graduate degree programs are offered through the University's four colleges. With a total enrollment that surpasses 10,000 undergraduate, graduate and law students, Villanova is the oldest and largest Catholic university in the Commonwealth of Pennsylvania. On the web: http://www.villanova.edu.

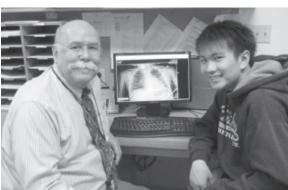
#### La Salle Junior Presents Research at International Conference

Pasadena, CA - During the last year, La Salle junior Wynton Kun had the opportunity to do research at Childrens Hospital of Los Angeles (CHLA), and submitted his work for presentation at the 12th International Conference on Home Mechanical Ventilation (HMV). Kun worked with Dr. Thomas Keens (Professor of Pediatrics, Physiology and Biophysics at USC's Keck School of Medicine, as well as a physician at the Pediatric Pulmonology Division of CHLA) to produce his data and ultimately his research paper. Dr. Keens believed Kun's work was important because the world depend on home ventilators to Salle junior Wynton Kun. survive. They are especially vulnerable to

illnesses like pneumonia and this research will ultimately benefit them. After he submitted his abstract, Kun was originally believed to be a doctor and was asked to make a poster presentation to the 12th International Conference on Home Mechanical Ventilation, in Barcelona, Spain, this past March. This two-day conference involves some 1200 delegates from 28 countries with presenters and attendees drawn from professionals including physicians, paramedical personnel, technicians, home care providers, manufacturers, psychologists. In other words, the best and most knowledgeable attend but only the best-of-the-best make presentations. Dr. Keens said "It is virtually unheard of for a high school

student to interact at such a high academic and scientific level. Kun discussed his research with leading doctors, scientists and other professionals, all experts in HMV and pulmonary illnesses. "I guess my abstract was pretty good," quipped Kun, "because they approved my presentation and thought I was a doctor. At first, I was referred to as Doctor Kun' and that had a really nice ring to it.'

After the conference Kun commented, "I was really nervous before the conference. I kept asking myself: What if the doctors are not interested in my work? What if my research was just not important?" What if no one understands me? This was an international conference after all and I don't speak French, Spanish or German. But there was nothing to worry about. The poster presentation was part of a gallery of presenters on the main floor. Many doctors came by to review, discuss and critique his presentation. "Fortunately, language was not an issue," he said, "since a number of doctors spoke English and the data was numerical and the graphs were self-explanatory. The doctors actually understood what I was trying to say! My conclusions seemed important to them and almost all of the doctors that reviewed my work agreed with my findings.



it dealt with areas of health care utilization

Dr. Thomas Keens (Professor of Pediatrics, in a population of critically ill children Physiology and Biophysics at USC's Keck School who live at home on ventilators in order of Medicine, as well as a physician at the to breathe. Thousands of people around Pediatric Pulmonology Division of CHLA) with La

specialists. I was really lucky to have so much time with him." Only a few medical centers have a large enough population to perform research of this type, but CHLA has one of the largest home mechanical ventilation programs in the world. The research Kun undertook focused on the usefulness and optimum frequency of chest x-rays for children using HMV when admitted to the hospital with pneumonia. His research showed that fewer x-rays of patients resulted in more concentrated therapy with less stress and pain for the patients. Thus, the amount of potentially-harmful radiation children might receive was reduced while they continued to receive very

advantageous health care. Another amazing first may be just around the corner. It is hoped that Kun will be able to publish his research in a scientific/medical journal. "That would be even more phenomenal than presenting at an international research conference," said Dr. Keens.

Of the future Kun said, "I'm not sure if I will have time to continue my research in pediatric home mechanical ventilation. I have colleges to apply to and prepare the other research I am doing. I may continue my respiratory research at Childrens Hospital, but I'm also starting some cancer research this summer at Camp CHLA. It's a very select camp for just 50 high school students that affords a deep insight into the medical

On June 1, 2009, the Saban Research Institute at Childrens Hospital Los Angeles held its Annual Research Poster Day. Nearly 100 posters by investigators showing the research they achieved in the past year were presented. Kun, presented his work entitled, "Do Sequential Chest X-rays Prompt Changes in Therapy for Home Mechanical Ventilation Children Admitted for Pneumonia?" As a result Wynton Kun received an award for excellence in research by a high school student from the Saban Research Institute.



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Mountain Views News Mission Statement

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of wellinformed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

### As I See It

worked hard all adult (aside

from a couple years in my 20's when I had an awful lot of fun), I don't feel guilty about driving a more expensive car or living in a nicer home than others might. I've never, though, felt I somehow deserved a better quality of health care than anyone else. Even more so, I never felt that any parent's child deserved a healthy start in life any more or less than my own. I've never been comfortable with the idea of health care being simply another commodity in our market-driven, consumeroriented economy as Gregory Wellborn described it in his column last week. I know wouldn't be a very knowledgeable consumer. If a clinic offered current issues of GQ and Architectural Digest along with "free balloons for the kids" in the waiting room, and a half-off Presidents' Day special on prostate exams, I wouldn't know if the quality of service was any better than one that didn't ("We'll beat anyone's advertised price or your colonoscopy is FREEEEE!"). I've never followed TV advice to "ask your doctor" about whatever

seem to be having. (As Bill Maher typical consumer. said, "When you tell your doctor what drugs you want, he's not your doctor anymore - he's your

Whatever arguments are made regarding health care as a matter choice and shop-around consumerism, the reality is that it's not, and hasn't been for many years. Ask the family whose only means of having their child see a doctor is to camp overnight in an emergency room. Or an insured person who cancels an examination out of fear it might reveal a "pre-existing condition". Or one who chooses their doctor and chooses to follow that doctor's recommendation for testing or treatment, but can't when their insurer denies coverage (30% of provider health care claims are initially denied by the insurer). Or someone who simply discovers what it would cost to see a doctor "out of network". The health industry itself has done

its best to limit consumer choice and options for care. In most states, one, two or three insurers have a corner on more than 65% of the market. Insurers increase profits not by attracting customers with lower premiums and better service, but by dumping customers considered high-risk. benefits brochures are not written

metropolitan areas are considered "highly concentrated" by the Federal Trade Commission (which would trigger anti-trust action in many other industries). Fees have been shown to be about 5% higher in such markets, and up to 40% higher when hospitals under common ownership are located close to one another. Cost savings brought by consolidation have

been used to increase profits, rather

than lower fees to the consumer.

The number of local hospital

systems has fallen by a third since

1990, with more hospitals (mostly

former non-profit) in fewer, private

hands. Hospital markets in 88% of

As a nation we can shop around for a better plan. The "public option" currently under consideration might give real competition to the insurance carriers, but probably not in the form in which it will emerge from Congress. HHS Secretary Kathleen Sebelius seems open to the compromise of having non-profit co-operatives, rather than government, provide an insurance option - though a co-operative would have to enroll 500,000 members to have the clout necessary to go up against the

companies insurance themselves offer to no longer at the moment, no matter how with the intent of allowing ease cancel coverage on those with much fun the seniors onscreen of comparison shopping by the pre-existing conditions; provided

everyone buy insurance, and taxpayers pick up the tab for those who can't afford to.

One of the criticisms directed against "public option" is that it is but a first step toward a "single payer" system (some suggest "socialized medicine", the term used by lobbyists fighting against enactment of Medicare in the mid-1960s). That gives me encouragement, and a reason to support even these limited reforms. The benefits of a "single payer" system were described by fellow columnist Hail Hamilton (go to mtnviewsnews.com, then click "Issue 20" under "Recent Issues" on the lower-left). A majority of Americans support it, doctors support it, every other major industrialized nation in the world has embraced it because it offers better outcomes (longer life expectancy and lower infant mortality rates, for example) at a lower cost (about half per capita than what we're paying). So - why isn't it being offered here as an option?

The health care industry has also shopped around in this market to purchase "the best Congress money can buy". After President Bill Clinton unveiled his own universal health care proposal early in his administration before driven private marketplace they a joint session of Congress, it would impose on the rest of us.

the government mandates that garnered the support of more than 60% of Americans. It was ultimately defeated after the health care industry spent more money to kill it than was spent in the 1992 presidential campaigns of Clinton and his opponent, Sen. Bob Dole (R - Kansas) combined.

Over the past ten years, our Senators and Congressmen have received \$833 million from the health care industry (professionals, hospitals, HMOs, pharmaceuticals) and \$315 million from insurance companies (not limited to health insurance). Our own Congressman David Dreier has taken in \$600,000 from the health care industry since 1990, and \$290,000 from the insurance lobbies.

The giving, though, is nonpartisan; whichever party is in power (currently the Democrats) gets the bulk of industry largesse. This might explain why proposals deemed likely to pass represent maybe an improvement, but nowhere near a solution. Health care policy should be based on what is best for all Americans, not just on what would benefit the bottom line of corporate campaign donors. For those Congressmen who don't agree, perhaps it's time they give up their own generous taxpayer-financed plans and shop for coverage in the same profit-

### **Fatherhood**



there are, hmmm, 4 or 5 achievements of

my 50+ years on this planet. Achievements defined as accomplishments one takes

Without a doubt my greatest achievement was the successful creation of two wonderful kids, Alex (20) and Olivia (18). Let there be no misunderstanding: I share credit fully with my ex-wife Helen. Fortunately our kids inherited her classic good looks. From me, however, they inherited the somewhat dubious ability to "sling the bull." At least I know my son Alex has inherited it as he, at the tender

My daughter Olivia, on the other hand, is far more cultured and refined than the two male bozos in the Johnson nuclear family. This, of course, makes it difficult

with who my children have turned out to

Well, at last count by a desire to not be inconvenienced at the moment.) If you say yes often enough you will really shake up your kids and get their attention when you do say no. No will mean something to them.

major carriers.

Someone once said, "Why are men reluctant to become fathers? They aren't through being children." There are elements of truth in that statement but (if you refer to my recent column on acting like an adult) you can understand my belief that being a father and a child is not mutually exclusive. Be a father when there is fatherin' to do and be a child as often as you can the rest of the time. I miss getting up on Saturday morning and watching Teenage Mutant Ninja Turtle Cartoons with my youngin's.

I would like to close off this column with a quote from Clarence Budington Kelland Mr. Kelland was a prolific writer in the first half of the twentieth century. He's particularly remembered for seeing his stories turned into movies. My favorite was "Mr. Deeds Goes to Town" starring Gary Cooper and Jean Arthur. ("Mr. Deeds" was also redone in 2002 by Adam Sandler.)

Anyway, Mr. Kelland (referring to his father) once said, "He didn't tell me how to live; he lived, and let me watch him do

I hope, with all my design flaws, that my kids are as gracious in their remembrances of me. I love you Alex and Olivia.



drug Pfizer or Lilly is pushing

significance that I have attained in

Rich Johnson pride in.

age of 20, slings it with reckless abandon.

to ascertain her bull slinging aptitude. One can only hope. I am very happy

If you are lucky enough to be a father cherish your children. If you have no children rent some. Become a big brother. Whatever it takes. Tell them often you love them. If they want something from you try to say yes more often than you say no (that is when your no is motivated merely

Costly Controversy Brewing over 2010 Census



The Sunday, May 31 Los the government has actually focused its efforts on its Angeles Times had article on the controversy being sparked by the upcoming

By Hail Hamilton

census. Immigrant activists are now vowing to combat efforts by a national Latino clergy group to persuade 1

million illegal immigrants to boycott the 2010 U.S. census. This is a high-stakes battle that could affect California's share of federal funding and political representation.

#### According to the Times:

"The Washington, D.C.-based National Coalition of Latino Clergy & Christian Leaders, which says it represents 20,000 Latino churches in 34 states, recently announced that a quarter of its 4 million members were prepared to join the boycott as a way to intensify pressure for legalization and to protect themselves from government scrutiny.

"Before being counted, we need to be legalized," said the Rev. Miguel Rivera, the coalition's chairman

"The boycott call has infuriated many Latino organizations. La Opinión, in a recent editorial, denounced it as a 'dangerous mistake that verges on political suicide" while an official with the National Assn. of Latino Elected and Appointed Officials called it 'wildly irresponsible."

#### **Immigration and Privacy Issues**

Despite the increase in resources and improvements in planning, over 3 million U.S. inhabitants were missed during the 2000 census. Of these 3 million people, the majority belonged to communities of color, low-incomes or of undocumented status.

The primary issue associated with this disproportionate representation is the reduction of federal funding and services to inhabitants of these communities. Therefore, it is vital that the data collection process is efficient and all encompassing.

The 2010 Census will be the first taken since the September 11 terrorist attacks back in 2001. Since then, there has been a public outcry for stricter immigration laws and policies to ensure that suspicious people do not gain entry into the country. While the issue of illegal immigrants has plagued the United States for a long time, it is only since 2001 that

borders. But the US Census Bureau requires that there be a count for all individuals residing in the United States whether they are illegal or legal. There are between 11 million to 22 million illegal immigrants living in the United States with 57 percent of illegal immigrants

#### What is the controversy?

coming from Mexico.

Where the issue lies is in the fact that the US Census Bureau has asked the enforcement officials to suspend all raids on illegal immigrants. Their reasoning for this is because "Raids during the population count would make an already distrustful group even less likely to cooperate with government

workers who are supposed to include them". The census is required to include all people whom are currently living in the US according to the US Constitution and proponents say if raids are happening, then less and less people will likely open the door to answer questions. This will result in skewed numbers when it comes to appropriating accurate funds to states and also assigning each state the correct number of representatives based on population size.

Even though the information collected by the US Census is private by law, many illegal immigrants might be apprehensive to give their information out based on the fact that they might feel like the government will use it to hunt them down. It was done back in 2000 when the US Census Bureau asked the immigration officials to suspend raids for the same purposes.

To complete the 2000 Census, the bureau relied heavily on local community leaders and organizations to help get data because illegal immigrants will probably feel safer talking to someone they trust and is part of their community.

Officials against this proposition argue that if the bureau gets their way, then the American Public will be very angry. Lawmakers are making the argument that the American public is tired of the immigration laws being lax and that in no way will it be tolerated that raids be suspended during the months before, during, and after the census. One of the arguments is that since illegal immigrants don't pay taxes and instead likely paid under the table, they should not be counted in government counts because they do not contribute to the government.

### Time For An Obama Doctrine



By Gregory Welborn

On Wednesday of this week, the President denounced the extent of the fraud in the Iranian election, stating, "These elections are an atrocity. If Ahmadinejad had made such progress since the last elections, if he won two-thirds of the vote, why such violence?" This bold statement could be the second plank in a great new foreign policy doctrine. Like the Truman, Reagan or Bush doctrines before it, this could be a distinguishing contribution to American foreign policy, a renewed push to assist those

around the world who yearn for the freedoms, democracy and rule of law that we Americans take for granted. The problem is that President Obama didn't utter these words. They were eloquently articulated by French President, Nicolas Sarkozy, who named names and took a stand for democracy in the Middle East.

Unfortunately, when given the choice between Ahmadinejad, the holocaust-denier, kidnapper, nuclear aspirant and quintessential tyrant, and Prime Minister Netanyahu, the legitimately elected head of Israel who stood up against much of his own political base to accept a Palestinian homeland, President Obama decided to criticize Netanyahu and pussyfoot around the supposed sensitive feelings of the Iranian

dictator. So much for a great foreign policy doctrine. Sadly, such opportunities to recommit causes of great good in the world come along only rarely. Most of us will remember the 1989 election in Poland, which launched a revolution, which in turn freed much of the world from the dark cloud of Soviet tyranny. The Polish election of June, 4 1989 established Solidarity as the legitimate voice of Poland. Communism died on that day, although it took a while for he body to keel over. That election and the spontaneous revolution prompted destroyed the Soviet Union in less than three years.

We can only hope that June 12 will become as significant a date in Iranian history as June 4 is in Poland's history and that the United States will be seen to have had as significant a part in freedom's advance, but our current course of action seems to preclude the realization of that great opportunity. The Iranians marching and voicing their grievances against the Iranian theocracy are literally putting their lives on the line. Some have already paid that price. The very least our president should do is to publicly cheer them on and to put as much rhetorical pressure on the Iranians Mullahs as he – the leader of the free world – can possibly muster given the bully pulpit he commands. Ideally, he would also lend advice, intelligence and material support. That is what we did for Solidarity.

Perhaps the reason that it appears it will be different this time is that 1989 was a world in which there was an established sense of moral clarity about which governments were evil and which were good. They all had their faults - none are perfect, ours included - but that never stopped us from recognizing that there were clear lines of demarcation between basically good and moral democratic governments and evil corrupted tyrannies. Americans knew that the regimes of Eastern Europe were evil and that their collapse would bring extraordinary benefits to their oppressed citizens.

Today, our president is a creature of the amoral left which has great difficulty in making any distinction between good and evil. They are more likely to rise up in indignation when someone swats a fly or drives too big an SUV to the market. They see the greatest threat to the planet, not in the evil perpetrated by the likes of Iran, North Korea and Al Qaeda against their own people and their neighbors, but by the American

consumer who stamps out too big a carbon footprint. This moral idiocy, which grips the left and seems to be paralyzing our young president, along with a certain wishful forgetfulness about who these mullahs are and how they have waged war against our interests for the past 30 years has caused hesitation and indecision where leadership and decisiveness are badly needed.

How could it be otherwise when our great institutions of higher learning find it perfectly acceptable to invite Ahmadinejad to address their students but find great danger in allowing ROTC on campus? Moral clarity about an intractable enemy, and the energy to oppose it, cannot possibly be achieved when our leaders choose not to condemn the regime that is evil but instead castigate the previous president who bluntly stated the obvious.

The Obama Administration's cowardice in light of the courageous display of the protesters' yearnings and aspirations isn't all that surprising even though it is deeply dispiriting. There, of course, is still time perhaps not a lot, but some. President Obama can still find a microphone to declare without hesitation or qualification that the Ahmadinejad regime should not murder its opponents, should not shoot its peaceful protestors, should not fund terrorists around the globe and should not seek to destabilize its neighbor's young experiment in democracy.

The ambiguity and callousness of President Obama toward the freedom fighters in Iran is a moral stain on his administration. It may in fact be its death knell. He will undoubtedly serve out the remainder of his first term, and he may even get a second, but if he does not speak quickly and forcefully in support of the ideals he claims that he and all Americans cherish, then his presidency will amount to nothing of significance and will wither in the unvarnished assessment of history.

Such courage and moral leadership are what made FDR great; they are what made Truman great; and they are what made Reagan great. They aren't conservative or liberal principles. They are American principles, and it's up to the American President to advocate and support them unflinchingly when history delivers such opportunities.

Gregory J. Welborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at g.welborn@mtnviewsnews.com.

## **Legal Notices**

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The following person(s) is (are) doing business as: AMERICAN CREDIT CONSULTANTS, 5195 VISTA MONTANA, YORBA LINDA, CA 92886. Full name of registrant(s) is (are) DELIA TAN, JANILYN R. TALLISES, 5105 VISTA MONTANIA TAĽIŚSE, 5195 VISTA MONTANA, YORBA LINDA, CA 92886. This Business is conducted by: JOINT VENTURE. Signed: DELIA TAN. This statement was filed with the County Clerk of Los Angeles County on 06/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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SOLE FLAMENCO INTERNATIONAL PERFORMING ARTS ACADEMY, 20628 E. ARROW HWY. #3, COVINA, CA 91724. Full name of registrant(s) is (are) PERFORMING YVETTE GARCIĂ, 7081 ÁLMERIÁ AVE., FONTANA, CA 92336. This Business is conducted by: AN INDIVIDUAL. Signed: YVETTE GARCIA. This statement was filed with the County Clerk of Los Angeles County on **06/11/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See

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#### FICTITIOUS BUSINESS NAME

File No. 09-0879755
The following person(s) is (are) doing business as: LH FOOT CARE, 600 E. VALLEY BL., SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) ZHONG KUN, CHEN, 2456 PEARLE AVE., ROSEMEAD, CA 91770, NGOC DUONG, 11961 MEDINA DR., GARDEN GROVE, CA 92840. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: CHEN, ZHONG KUN. This statement was filed with the County Clerk of Los Angeles County on 06/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 5/1/09.

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#### FICTITIOUS BUSINESS NAME

File No. 09-0904159 The following person(s) is (are) doing business as: NUTRICLUB ASSOCIATES, 8232 FIRESTONE BLVD., DOWNEY, CA 90241. Full name of registrant(s) is (are) TRIUNFO HISPANO, INC., 8232 FIRESTONE BLVD., DOWNEY, CA 90241. This Business is conducted by: A CORPORATION. Signed: GUILLERMO COVARRUBIAS/ CEO. This statement was filed with

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The following person(s) is (are) doing business as:

PLATINUM INTERNATIONAL ENTERPRISE, 5195 VISTA

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The following person(s) is (are) doing business as: TAJUSA SNACKS, 10101 PLUNKETT ST. #11, BELLFLOWER, CA 90706. Full name of registrant(s) is (are) JUAN JOSE CASIAN GOMEZ, JR., 10101 PLUNKETT ST. #11, BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed: JUAN JOSE CASIAN GOMEZ, JR. This statement was filed with the County Clerk of Los Angeles County on 06/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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#### FICTITIOUS BUSINESS NAME File No. 09-0875814

The following person(s) is (are) doing business as: TOP STONE, 20839 OUAIL RUN DR. 20839 QUAIL RUN DR., WALNUT, CA 91789. Full name of walnul, CA 91/89. Full fame of registrant(s) is (are) GREEN SUN CONSTRUCTION, INC., 20839 QUAIL RUN DR., WALNUT, CA 91/89. This Business is conducted by: A CORPORATION. Signed: PEI KAI LIN/CEO. This statement was filed with the County Clerk of Los Angeles County on 06/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

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Publish: Mountain Views News Pub. 06/22, 06/29, 07/06, 07/13/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0913463

The following person(s) is (are) doing business as: ATLANTIC MOTORS, 11029 ATLANTIC AVE., LYNWOOD, CA 90262. Full name of registrant(s) is (are) JESUS ONTIVEROS BASUA, 11029 ATLANTIC AVE., LYNWOOD, CA 90262. This Business is conducted by: AN INDIVIDIAL Signed by: AN INDIVIDUAL. Signed: JESUS ONTIVEROS BASUA. This statement was filed with the County of Los Angeles County on 06/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/22, 06/29, 07/06, 07/13/2009

#### FILE NO. 2009-0904155 STATEMENT OF USE OF ABANDONMENT OF USE OF

FICTITIOUS BUSINESS NAME The following person(s) has/have abandoned the use of the fictitious business name: NEW AGE PAINTING, 7340 FIRESTONE BLVD. #125, DOWNEY, CA 90241. The fictitious business name referred to above was filed on 08/06/08, in the county of Los Angeles. The original file number of 2008-1412815. The business was conducted by: A CORPORATION. This statement was filed with the County Clerk of Los Angeles on 06/16/2009. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JAMES FRITZ/

CEO.
Publish: Mountain Views News

Pub. 06/22, 06/29, 07/06, 07/13/2009 FILE NO. 2009-0875815 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) has/have abandoned the use of the fictitious business name: **TOP STONE**, INC., 20839 QUAIL RUN DR., WALNUT, CA 91789. The fictitious business name referred to above was filed on 07/09/2003, in the county of Los Angeles. The original file number of 03-1959071. The business was conducted by: A CORPORATION. This statement was filed with the County Clerk of Los Angeles on 06/11/2009. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: PEI KAI, LIN/CEO. Publish: Mountain Views News Pub. 06/22, 06/29, 07/06, 07/13/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0843014

The following person(s) is (are) doing business as: **AISHA BEAUTY** SALON, 2270 S. GAREY AVE., POMONA, CA 91766. Full name of registrant(s) is (are) ROSA L. AHMAD, 1767 W. PHÍLLIPS DR., POMONA, CA 91766. This Business is conducted by: AN INDIVIDUAL. Signed: ROSA L. AHMAD. This statement was filed with the County Clerk of Los Angeles County on 06/05/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News

names listed above on N/A.

Pub. 06/15, 06/22, 06/29, 07/06/2009

### FICTITIOUS BUSINESS NAME

File No. 09-0861358 The following person(s) is (are) doing business as: EL TAPATIO RESTAURANT, 906 E. PALMDALE BLVD. STE. A, PALMDALE, CA 93550. Full name of registrant(s) is (are) EL TAPATIO BAR, INC., 1642 S. CATALINA ST., L.A., CA 90006. This Business is conducted by: A CORPORATION. Signed: AGUSTIN NOYOLA/ PRES. This statement was filed with the County Clerk of Los Angeles County on 06/09/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

### FICTITIOUS BUSINESS NAME

File No. 09-0854120 The following person(s) is (are) doing business as: FRENCH KISS FLORIST, 7058 MILTON AVE., WHITTIER, CA 90602. Full name of registrant(s) is (are) LETICIA FONSECA, 7058 MILTON AVE., WHITTIER, CA 90602. This Business is conducted by: AN INDIVIDUAL. Signed: LETICIA FONSECA. This statement was filed with the County Clerk of Los Angeles County on 06/08/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/8/09.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

#### FICTITIOUS BUSINESS NAME

STATEMENT File No. 09-0868680 following person(s) is (are) doing business as:
HEALTH MARKETING and MANAGEMENT, 7951 KENTLAND AVE., WEST HILLS, CA 91304. Full name of registrant(s) is (are) MAYADA AL-KASSIR, 7951 KENTLAND AVE., WEST HILLS, CA 91304. This Business is conducted by: AN INDIVIDUAL. Signed: MAYADA AL-KASSIR. This statement was filed with the County Clerk of Los Angeles County on 06/10/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

FICTITIOUS BUSINESS NAME

#### STATEMENT

File No. 09-0843688 The following person(s) is (are) doing business as: HOT SPOT CLOTHING, 864 GLENNWAY DR. #1, INGLEWOOD, CA DR. #1, INGLEWOOD, CA 90302. Full name of registrant(s) is (are) ELSWORTH A. STEPHEN JR., 864 GLENNWAY DR. #1, INGLEWOOD, CA 90302. This Business is conducted by:
AN INDIVIDUAL. Signed: ELSWORTH A. STEPHEN JR. This statement was filed with the County Clerk of Los Angeles County on 06/05/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 6/8/04. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0852683

The following person(s) is (are) doing business as: **PRIME TIME TOURS AND TRAVEL**, 18500 PIONEER BLVD. #204, ÁRTESIA, CA 90701. Full name of registrant(s)

is (are) HASHMATH A. MALIK, 5600 ORANGETHORPE, LA PALMA, CA 90623. This Business is conducted by: AN INDIVIDUAL.
Signed: HASHMATH A. MALIK.
This statement was filed with the County Clerk of Los Angeles County on 06/08/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See

section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0860582 The following person(s) is (are) doing business as: **R** and **M** POOL SERVICE, 11928 ALGARDI ST., NORWALK, CA 90650. Full name of registrant(s) is (are) ROGER VARGAS, 11928 ALGARDI S., NORWALK, CA 90650. This Business is conducted by: AN INDIVIDUAL. Signed: ROGER VARGAS. This statement was filed with the County Clerk of Los Angeles County on 06/09/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. **NOTICE-** This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

### FICTITIOUS BUSINESS NAME

File No. 09-0858850 The following person(s) is (are) doing business as: R.Q. TRANSPORT, 11006 OSAGE AV. #18, INGLEWOOD, CA 90304. Full name of registrant(s) is (are) ROGOBERTO OUEVEDO ORANTES, 11006
OSAGE AV. #18, INGLEWOOD,
CA 90304. This Business is
conducted by: AN INDIVIDUAL.
Signed: RIGOBERTO QUEVEDO **ORANTES.** This statement was filed with the County Clerk of Los Angeles County on **06/09/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal. State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News

Pub. 06/15, 06/22, 06/29, 07/06/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0853128

The following person(s) is (are) doing business as: TRIUNE ENTERPRISES LLC, 1460 SANTA ANITA AVE., S. EL MONTE, CA 91733. Full name of registrant(s) is (are) ACCU-BLEND CORP., 1460 SANTA ANITA AVE., S. EL MONTE, CA 91733. This Business is MONTE, CA 91733. This Business is conducted by: A CORPORATION.
Signed: HENRY SHISHIDO/ VP. This statement was filed with the County Clerk of Los Angeles County on **06/08/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0853692 The following person(s) is (are) doing business as: **VENTILATORS** PLUS, 539 FERNSHAW DR., LA VERNE, CA 91750. Full name of registrant(s) is (are) DIVERSE CORP, 539 FERNSHAW DR., LA VERNE, CA 91750. This Business is conducted by: A CORPORATION. Signed: CARLOS MENDOZA/ CEO. This statement was filed with the County Clerk of Los Angeles County on 06/08/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1/18/2007

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/15, 06/22, 06/29, 07/06/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0767987

The following person(s) is (are) doing business as: PARAHYANEAN, BAKMI 989-13 GLENDORA AVE., WEST COVINA, CA 91790 . Full name of registrant(s) is (are) LONNY CHANDRA, RONNY GUNAWAN, 16214 CODWELL ST., LA PUENTE, CA 91744. This Business is conducted by: HUSBAND and WIFE. Signed: RONNY GUNAWAN. This statement was filed with the County Clerk of Los Angeles County on 05/22/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/01, 06/08, 06/15, 06/22/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0774082

The following person(s) is (are) doing business as: CAR REPAIR CONSULTANTS, 2029 CENTURY PARK EAST #1360, L.A., CA 90067. Full name of registrant(s) is (are) TRUEMAN TAYLOR, 3656 VINTON AVE. #1, L.A., CA 90034. This Business is conducted by: AN INDIVIDUAL. Signed: TRUEMAN TAYLOR. This statement was filed with the County Clerk of Los Angeles County on 05/26/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/01, 06/08, 06/15, 06/22/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0793554

The following person(s) is (are) doing business as: EQUILIBRIUM PILATES, 5842 BELLFLOWER BLVD., LAKEWOOD, CA PILATES, 5842 BELLFLOWER BLVD., LAKEWOOD, CA 90713. Full name of registrant(s) is (are) KATIA FERREIRA, 8221 LANGDON AVE. APT. 209, VAN NUYS, CA 91406. This Business is conducted by: AN INDIVIDUAL. Signed: KATIA FERREIRA. This statement was filed with the County Clerk of Los Angeles County on 05/28/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on MARCH/2009. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/01, 06/08, 06/15, 06/22/2009

#### FICTITIOUS BUSINESS NAME File No. 09-0791714

The following person(s) is (are) doing business as: 1. ESSERE SEAMLESS 2. GRATIA WEAR 3. BEANER, 1026 S. SANTA FE #302, L.A., CA 90021. Full name rought from the first by: A CORPORATION. Signed: AURORA MORA/CFO. This statement was filed with the County Clerk of Los Angeles County on 05/28/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News

Pub. 06/01, 06/08, 06/15, 06/22/2009

### FICTITIOUS BUSINESS NAME

File No. 09-0768173

The following person(s) is (are) doing business as: GREAT NORTHWEST ENTERPRISE, 1655 GREENCASTLE AVE. #B, ROWLAND HTS., CA 91748. Full name of registrant(s) is (are) STEVEN HUNG JUNG CHOU, 1655 GREENCASTLE AVE. #B, ROWLAND HTS., CA 91748. This Business is conducted by: AN INDIVIDUAL. Signed: STEVEN CHOU. This statement was filed with the County Clerk of Los Angeles County on **05/22/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 1988. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News

Pub. 06/01, 06/08, 06/15, 06/22/2009 FICTITIOUS BUSINESS NAME

### STATEMENT File No. 09-0793928

The following person(s) is (are) doing business as: SERA COLLECTION RESEARCH SERVICES LLC, 4735 MYRTLE ST., PICO RIVERA, CA 90660. Full name of registrant(s) is (are) SERA COLLECTION RESEARCH SERVICES LLC, 4735 MYRTLE ST., PICO RIVERÁ, CA 90660. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MONICA LOPEZ/OWNER. This statement was filed with the County Clerk of Los Angeles County on 05/28/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. **NOTICE-** This Fictitious Name

Statement expires five years from the date it was filed in the office of

the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code)
Publish: Mountain Views News
Pub. 06/01, 06/08, 06/15, 06/22/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0774560

The following person(s) is (are) doing business as: TWILIGHT PHOTOGRAPHY STUDIOS, 519 S. WESTMORELAND AVE. #104, L.A., CA 90020. Full name of registrant(s) is (are) JOSE M. GONZALEZ, 519 S. WESTMORELAND AVE. #104, L.A., CA 90020. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE MANUEL GONZALEZ. This statement was filed with the County Clerk of Los Angeles County on 05/26/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code) Publish: Mountain Views News Pub. 06/01, 06/08, 06/15, 06/22/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0792180

The following person(s) is (are) doing business as: 1. VISION E-STAFFING 2. VISION EMPLOYMENT AND TAX EMPLOYMENT AND TAX SERVICE, 711 S. KERNAVE., L.A., CA 90022. Full name of registrant(s) is (are) LETICIA LOPEZ, 3214 PORTOLA AVE., L.A., CA 90032. This Business is conducted by: AN INDIVIDUAL. Signed: LETICIA LOPEZ. This attractors. LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 05/28/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and

Professions Code)
Publish: Mountain Views News
Pub. 06/01, 06/08, 06/15, 06/22/2009

FILE NO. 2009-0774270 STATEMENT ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) has/have abandoned the use of the fictitious business name: MARISCOS EL REY 2 / MARISCOS EL REY 2 MEXICAN FOOD, 6417 ATLANTIC AVE., LONG BEACH, CA 90805. The fictitious business name referred to above was filed on 4/3/09, in the county of Los Angeles. The original file number of 09-0486499. The business was conducted by: CO-PARTNERS. This statement was filed with the County Clerk of Los Angeles on 05/26/2009. The business information in this statement is true and correct. (A registrant who declares as true (A registratic with declares as true information which he or she knows to be false, is guilty of a crime.)
SIGNED: CIRIA HISAMAR
GAMBINO ARMENTA/OWNER.
Publish: Mountain Views News

Pub. 06/01, 06/08, 06/15, 06/22/2009 FICTITIOUS BUSINESS NAME

### STATEMENT File No. 09-0749119

The No. 09-0749119
The following person(s) is (are) doing business as: 2 MATTRESSES, 5555 PEARBLOSSOM HWY., PALMDALE, CA . Full name of registrant(s) is (are) YVONNE CHAVEZ, 8464 S. GATE AVE. APT. D, SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: YVONNE CHAVEZ. This statement was filed with the County Clerk of Los Angeles County on 05/20/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. **Business and Professions Code)** Publish: Mountain Views News Pub. 05/25, 06/01, 06/08, 06/15/2009

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2009-0841334 The following person(s) is (are) doing business as: **BOX JEWELERS**, 80 W. Sierra Madre Blvd. No.141,

Sierra Madre, Ca. 91024. Full name of registrant(s) is (are) Jeaneane Silverman, 80 W. Sierra Madre Blvd. No.141, Sierra Madre, Ca. 91024. This Business is conducted by: **AN** INDIVIDUAL. Signed: Jeaneane

#### CLASSIFIEDS

#### FOR RENT

Sierra Madre-Studio apt. \$750/month Garden setting all utilities included, pool, a/c ldry (626) 355-5072

#### **HOUSE FOR RENT**

Lovely W. Laurel Avenue Home In Sierra Madre Three Bedroom/ 2 Bath w/Pool Available May 1st \$2800/month Contact: Steve at (310) 874-4288

## Opinion/Legal Notices

### Where Does All The Money Go?

by Senator Bob Huff

Many are not aware that California spends more money on education than any other program in the state, roughly half of the entire budget. Last year in fact, taxpayers spent close to \$72 billion on education. We even have the highest paid teachers in the nation. I am proud that education is such a priority, and I will continue to fight to preserve education funding. But what are

we getting for all this money?
California's academic performance ranks in the bottom ten in the nation. Drop out rates are appalling. In Los Angeles, home of the largest school district in the state, for every student who graduates, another one drops out; that's a 50 percent dropout rate. At a recent speech in San Francisco, Education Secretary Arne Duncan soberly reminded us that when it comes to educating our kids, "California has lost its way," and I couldn't agree more.

Sadly, the picture gets worse. We have fewer students in public schools than we did 5 years ago yet we are spending more money. With over half our school districts experiencing a decline in enrollment each year, we allow schools to soften the blow of lowered ADA funding by letting them choose between funding levels based on last year's enrollment numbers or the actual current year enrollment-whichever one allows them to receive more money. That means many schools are getting funds for students they are not even teaching!

One can make the argument that we are still trying to play catch-up to years of underfunding. But where does this trail of money While the average school district in California receives about \$11,000 per student, some get far less and others much

more. One school district actually receives over \$56,000 per student; even though twothirds of its students are not proficient in math and English. Why do we continue to throw more and more money at a school district that cannot teach its kids? Another school district, in the 29th Senate District, receives around \$9,000 per student (that's 84% less), yet they are a top performing

One thing is clear: more money is not the solution in and of itself. Rather than looking to more money as a panacea, funding should be paired with reforms that ensure public dollars are better spent. For example, we could encourage better teaching by setting up mechanisms to reward teachers who excel and look to high performing schools as a model for those who are struggling. California should also welcome careeroriented training for those students not on track for college, thereby making education meaningful for all.

Albert Einstein defined insanity as "doing the same thing over and over again and expecting different results." Sadly, that is what California has continued to do for years as it ramps up funding but fails to change how education is delivered. Ample funding is necessary to properly teach our children but funding alone is not sufficient. Without serious reforms - such as expanding school choice for parents, allowing for more local control and ensuring tax dollars go to the classroom and not the bureaucracy - we are failing our kids and throwing billions of taxpayer dollars down the proverbial toilet.

Find out how much money your school district receives by going to: www. schoolfinancecenter.org

### City of Sierra Madre **Public Hearing Notice**

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to review an increase in the rate of the Public Facilities Fees. Pursuant to Section 15.52.060 of the Municipal Code, the rate of the fee shall be established from time to time by resolution or ordinance of the City Council in the manner required by Government Code Sections 66004 and 66018 and beginning July 1, 2007 and on each July 1 thereafter, the rate of the fee shall increase without further action by the city. Furthermore, the Municipal Code states that the City Manager or his designee shall calculate the increased fee annually and give notice of that calculation.

#### PLACE OF HEARING

**DATE AND TIME OF HEARING** City of Sierra Madre City of Sierra Madre City Council meeting City Council Chambers Tuesday, June 23, 2009 232 W. Sierra Madre Blvd. (Hearing begins at 7:00 p.m.) Sierra Madre, CA 91024

All interested persons may attend this meeting and the City Council will hear them with respect thereto. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

By Order of the City Council Elaine Aguilar City Manager

## Legals, cont.

Silverman. This statement was filed with the County Clerk of Los Angeles County on 06/05/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself

section 14411 et seq. Business and Professions Code) Publish: Mountain Views News -

authorize the use in this state of a Fictitious Business Name in violation

of the rights of another under Federal, State, or common law (See

#### Pub. 06/06, 06/13, 06/20, 06/27/2009 FICTITIOUS BUSINESS NAME STATEMENT

File No. 2009-0841333

The following person(s) is (are) doing business as: MARCUS WAYNE, 80 W. Sierra Madre Blvd. No.195, Sierra Madre, Ca. 91024. Full name of registrant(s) is (are) Marcus Allen, 80 W. Sierra Madre Blvd. No.195, Sierra Madre, Ca. 91024. This Business is conducted by: AN INDIVIDUAL. Signed: Jeaneane Silverman. This Clerk of Los Angeles County on 06/05/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)
Publish: Mountain Views News -

Pub. 06/06, 06/13, 06/20, 06/27/2009

### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0836986

The following person(s) is (are) doing business as: E T SNACK, 1321 DUBUQUE AVE., WALNUT, CA 91789. Full name of registrant(s) is (are) YING KUI YEUNG, 1321 DUBUQUE AVE., WALNUT, CA 91789. This Business is conducted by: AN INDIVIDUAL. Signed: YING KUI YEUNG. This statement was filed with the County Clerk of Los Angeles County on 06/04/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0828219 The following person(s) is (are) doing business as: ETERNITY DESIGNS, 112 S. WABASH AVE., GLENDORA, CA 91741 Full name of registrant(s) is (are) ROY GHATTAS, 112 S. WABASH AVE., GLENDÓRA, CA 91741. This Business is conducted by: AN INDIVIDUAL. Signed: ROY GHATTAS. This statement was filed with the County Clerk of Los Angeles County on 06/03/09. The registrant(s) business under the fictitious business name or names listed above on 6/3/09. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation rights of another under

Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0836660 The following person(s) is (are) doing business as: **HAMILTON'S** GARVEY ST., COVINA, CA 91724. Full name of registrant(s) is (are) HAMILTON'S STEAK HOUSE CORP., 3049 CALLE DE MARAJADA, CAMARILLO, CA 2010. This Puripage is appropriate to the control of 93010. This Business is conducted by: A CORPORATION. Signed: JEREMY HOANG. This statement was filed with the County Clerk of Los Angeles County on 06/04/09. The registrant(s) has (have) commenced to transact business under the fictitious

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation Federal. State, or common law (See section 14411 et seq. Business and Professions Code)

business name or names listed above

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0831152

The following person(s) is (are) doing business as: INTERATIONAL, 860 N. GARFIELD AVE., MONTEBELLO, CA 90640. Full name of registrant(s) is (are) SUSIE GONZALES, 7745 HELLMAN AVE., ROSEMEAD, CA 91770. This Business is conducted by: AN INDIVIDUAL. Signed: SUSIE GONZALES. This statement was filed with the County Clerk of Los Angeles County on 06/04/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME **STATEMENT**

File No. 09-0808307 The following person(s) is (are) doing business as: LIM CLEANING, AVENIDA 252/4 AVENIDA DORENA, NEWHALL, CA 91321. Full name of registrant(s) is (are) WOO HYUN LIM, 25274 AVENIDA DORENA, NEWHALL, CA 91321. This Business is conducted by: AN INDIVIDUAL. Signed: WOO INDIVIDUAL. Signed: HYUN LIM. This statement was filed with the County Clerk of Los Angeles County on 06/01/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be

filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation rights of another under Federal. State. or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News

Pub. 06/08, 06/15, 06/22, 06/29/2009 FICTITIOUS BUSINESS NAME

File No. 09-0799309 The following person(s) is (are) doing business as: PA EXPRESS, 18632 MESCAL ST., ROWLAND HTS., CA 91748. Full name of registrant(s) is (are) ZUOXIU PAN, 18632 MESCAL ST., ROWLAND HTS., CA 91748. This Business is conducted by: AN INDIVIDUAL. Signed: ZUOXIU PAN. This statement was filed with the County Clerk of Los Angeles County on 05/29/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or

names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0810661

The following person(s) is (are) doing business as: **RELIANT FLOORING CONTRACTORS, INC.,** 28662 CROWN HEIGHTS CT., SANTA CLARITA, CA 91387. Full name of registrant(s) is (are) RELIANT CONTRACTORS, CT., SANTA CLARITA, CA 91387. This Business is conducted by: A CORPORATION. Signed: WILLIAM BURGOS/OFFICER.

This statement was filed with the County Clerk of Los Angeles County on 06/01/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News

Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0803625 The following person(s) is (are) doing business as: THE GAMERS RETREAT, 10995 BLUFFSIDE DR, STUDIO CITY, CA 91604. Full name of registrant(s) is (are) JANELLE MARTINEZ, 10995 BLUFFSIDE DR., STUDIO BLUFFSIDE DR., STUDIO CITY, CA 91604. This Business is conducted by: AN INDIVIDUAL.
Signed: JANELLE MARTINEZ. This statement was filed with the County Clerk of Los Angeles County on 05/29/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0810199 The following person(s) is (are) doing business as: TRIUNE SPECIALTY PRODUCTS, 1460 SANTA ANITA AVE., S. EL MONTE, CA 91733. Full name of registrant(s) is (are) ACCU-BLEND CORP., 1460 SANTA ANITA AVE., S. EL MONTE, CA 91733. This Business is conducted by: A CORPORATION. Signed: N. CHISHIDO/V.P. This statement was filed with the County Clerk of Los Angeles County on 06/01/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of

#### **ORDINANCE NO. 1294**

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF SIERRA MADRE RE-ADOPTING AND RATIFYING ORDINANCE NO. 1256, AN AMENDMENT TO THE HILLSIDE MANAGEMENT ZONE AMENDMENT, CONSTITUTING CHAPTER 17.52 OF THE SIERRA MADRE MUNICIPAL CODE

Pursuant to Government Code section 36933(c), on June 9, 2009, the Sierra Madre City Council found, based on the determination of the City Attorney's Office, that it is not feasible to prepare a fair and adequate summary of Ordinance No. 1294, and ordered that this display advertisement describing the general nature of, and information about Ordinance No. 1294 be published.

Ordinance No. 1294 is a re-adoption and ratification of Ordinance No. 1256, an amendment to Chapter 17.52 H-Hillside Management Zone of the Sierra Madre Municipal Code. Ordinance No. 1294 re-adopts and ratifies amendments contained in Ordinance No. 1256 adopted in 2006 which altered standards in the Hillside Management Zone (HMZ) for new and existing lots, including design and development standards. Ordinance No. 1256 also addressed construction, grading, drainage, architecture, landscaping, fire prevention, fuel management and biotic resources standards for hillside development. In addition, Ordinance No. 1256 specified permit requirements, filing and review procedures, and application contents. Finally, Ordinance No. 1256 amended the City's zoning map to expand the boundaries of the HMZ to better reflect the shape and topography of land in the northern areas of the City. As a result of this change, additional residentially zoned properties, not previously in the HMZ were included within the new HMZ boundaries. An Environmental Impact Report was certified by the City Council on April 28, 2009 for Ordinance No. 1294. On June 9, 2009, the City Council approved for first reading Ordinance No. 1294 according to the votes below. The City Council will consider a second reading of Ordinance No. 1294 on June 23, 2009. A full and complete copy of the text of Ordinance 1294 is available at the Sierra Madre Development Services Department located at City of Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA.

AYES: MacGillivray, Watts, Buchanan, Mosca, and Zimmerman Noes: None

Abstentions: None

the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under State, or common law (See section 14411 et seq. Business and Professions Code)

Publish: Mountain Views News Pub. 06/08, 06/15, 06/22, 06/29/2009

#### FICTITIOUS BUSINESS NAME File No. 09-0827371

The following person(s) is (are) doing business as: **ZD HEALTH,** 1787 BRIGDEN RD., PASADENA, CA 91104. Full name of registrant(s) is (are) ZVART SHAMON, 1787 BRIGDEN RD., PASADENA, CA 91104. This Business is conducted by AN INDIVIDUAL. Signed: ZVART SHAMON. This statement was filed with the County Clerk of Los Angeles County on 06/03/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Pub. 06/08, 06/15, 06/22, 06/29/2009

Publish: Mountain Views News

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0913718 The following person(s) is (are) doing business as: THE GRANT

WRITING PROJECT, 174 W. Foothill Blvd. No. 284, Monrovia, Ca. 91016. Full name of registrant(s) 174 W. Foothill Blvd., No. 284, Monrovia, Ca. 91016. This Business Signed: LAQUETTA SHAMBLEE. This statement was filed with the County Clerk of Los Angeles County on 06/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News

Pub. 06/20, 06/27, 07/06, 07/13,2009

#### FICTITIOUS BUSINESS NAME STATEMENT

File No. 09-0913717 The following person(s) is (are) doing business as: THE INSTRUMENTAL WOMEN PROJECT, INC., 284 W. **Ca. 91016.** Full name of registrant(s) is (are) THE INSTRUMENTAL WOMEN PROJECT, INC., 174 W. Foothill Blvd., No. 284, Monrovia, Ca. 91016. This Business is conducted LAQUETTA SHAMBLEE. This statement was filed with the County Clerk of Los Angeles County on 06/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from

the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 06/20, 06/27, 07/06, 07/13,2009

#### FICTITIOUS BUSINESS NAME STATEMENT File No. 09-0913719

The following person(s) is (are) doing business as: 24/SEVEN VIDEO 80 W. Sierra Madre Blvd. #130, Sierra Madre, Ca. 91024. Full name of registrant(s) is (are) Raymond Armendariz 1030 Bradbourne Ave., #31, Duarte, Ca. 91010 and Wendy Armendariz 1030 Bradbourne Ave., #31, Duarte, Ca. 91010. This Business is conducted by: HUSBAND AND WIFE. Signed: RAYMOND ARMENDARIZ. This statement was filed with the County Clerk of Los Angeles County on 06/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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Publish: Mountain Views News Pub. 06/20, 06/27, 07/06, 07/13,2009

## **Good Food & Drink**

Mountain Views News Saturday, June 20, 2009



PIZZA PASTA PANINI STEAKS SEAFOOD COCKTAILS

"Great Fresh Italian. Great Jazz, Cool Bar very reasonably priced,

> **Extensive Wine List** Specialty Beers on Tap

(626) 836-5414 www.cafe322.com

#### Live@322 June

Tues 2 Drink and Think Quiz nite with Quizmaster Midge, 7:00 PM - 8:30 PM Wed 3 Dave Tull

Thur 4 PCC Jazz Singers

Fri 5 VR Smith & Putter Smith

Sat 6 Judy Platt

Sun 7 Opera to Broadway with Danny Guererro, 7:00 PM - 10:00 PM Tues 9 Drink and Think Quiz nite with Quizmaster Midge (EARLY THIS WEEK !!)

Rodeo Drivers, 8:30 PM - 10:30 PM Wed 10 So Cal Jazz Co. Big Band with John Fick, 7:30 PM - 10:30 PM

Thur 11 Fuzzy Logic Boptet

Fri 12 Jack Sheldon's California Cool Quartet

Sat 13 CLOSED FOR PRIVATE EVENT

Sun 14 12:00 PM - 1:30 PM PCC Jazz Improvisation Ensembles Tue 16 Drink and Think Quiz nite with Quizmaster Midge (EARLY THIS WEEK)

Wed 17 SONG SIRENS a collective of LA's female singer songwriters

Thur 19 Mercy & the Merketts Dance party !!

Sun 21 Opera to Broadway with Danny Guererro, 7:00 PM - 10:00 PM this is the best hang in LA!" Tues 23 Drink and Think Quiz nite with Quizmaster Midge (EARLY THIS WEEK!!)

Wed 24 Remember When Vocal ensemble

Thur 25 The Fabulous Gil Bernal

Fri 26 Swing Dancing with Flat Top Tom & the Jump Cats

Sat 27 The Superstitions

Sun 28 Opera to Broadway with Danny Guererro

Tues 30 Drink and Think Quiz nite with Quizmaster Midge (EARLY THIS WEEK !!)



coffee house & catering Sierra Madre, Ca.

#### Breakfast Items

Breakfast Burrito: Eggs, Cheese, Country Potatoes, Onions, Bell Peppers & Bacon Or Sausage in a Warm Tortilla with Fresh Salsa & Medium Coffee or Juice \$6.95

#### Breakfast Bagel:

Eggs, Cheese, Bacon or Sausage with Tomato on a Fresh Toasted Bagel & Medium Coffee or Juice \$5.95

#### Breakfast Bowl: Eggs, Cheese, Country Potatoes, Onions, Bell Peppers, Bacon Or Sausage & Medium Coffee or Juice

\$6.50 Mon-Thurs 6:30am-11am & Fri-Sun 6:30-12pm

#### New Sandwiches

Roast Beef Panini \$6.99 Ham and Honey Panini \$6.99 Italian Panini \$6.99 Veggie Panini \$6.99 Chicken & Pesto Panini \$7.38 Grilled Cheese \$3.95

#### Served on

Fresh Baked Breads: Sour dough or multigrain bread

#### Make it a combo

Add a medium drink and herb pasta or potato salad for \$1.95

45N. Baldwin Ave. Sierra Madre Ca, 91024 (626)355-1596

ADVERTISEMENT



### May is "Older Americans Month"

"Living Today for a Better Tomorrow" is 2009 Theme

"Though we live 45 miles from Moms home, my wife and I feel tremendous relief that mom is safe while still living in the home where she raised me. Mom is insistent that, though her health is not what it used to be, she remain in the home where she raised

Thank you for ensuring she is happy and safe"..... A. Harris

May is "Older Americans Month," an opportunity to bring attention to the issues that affect older adults. Right at Home, a local provider of in-home senior care, offers a worry-free and affordable elderly care option for the growing senior and disabled adult population in the San Gabriel Valley.

"Right at Home knows that living independently has many benefits, from financial to emotional," said Diane Fortner, Owner of Right At Home of Pasadena, "We know that quality in-home care solutions have a positive impact beyond the day-to-day interaction with the client. We're privileged to help older adults maintain their independence and enjoy a full life."

The theme for "Older Americans Month 2009" is 'Living Today for a Better Tomorrow,' proclaimed by the Administration on Aging. The aging population has evolving needs and making behavioral changes in their lifestyles can reduce the risk of disease, disability, and injury. While all age groups are vulnerable, 80 percent of fall-related deaths occur among people 65 and older, according to the National Safety Council.\*

#### About Right at Home®

Founded in 1995, Right at Home offers in-home companion and personal care and assistance to seniors and disabled adults who want to continue to live independently. Right at Home directly employs all care-giving staff, each of whom are thoroughly screened, trained, bonded and insured prior to entering a client's home. Right At Home of Pasadena (www.pasadena.rightathome.net) is one of 180 franchise locations across the U.S.

For more information, contact Diane Fortner at (626) 584-8130 or (818) 249-6896, or visit www.pasadena.rightathome.net

### SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7pm
Fresh vegetables and seasonal fruits from California family farms.

Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public parking on Mariposa.



### TABLE FOR TWO

### **Dining with Kids**

Not to be one to avoid the controversy of a sensitive subject, I figured I couldn't get a more appropriate moment then the Sarah

Palin vs. David Letterman feud to give me some cover. The sacred cow I address is week, dining with your kids. We have all experienced it, wild, unrestrained youth, galloping as mustangs on the prairie, whizzing by our table while you attempt to enjoy a civilized dining experience. No, this isn't some grumpy old man here, I am hip, so my science club tells me. I just wanted to empathize with my fellow diners on this touchy subject. I have been at restaurants with very close friends, and have asked them to corral their kids. A fellow dad recently asked me if I had a problem. I said no (I really meant, yes) but your four year old son just toppled over the server holding three Caesar Salads. There is a pain which a man knows in hunger that made that especially troubling. Maybe we should have parenting classes proctored by Miss Manners before we let their kids out into the world? My editor won't give me enough space to solve this issue completely, makes for a convenient excuse though, if any of my suggestion should go astray. Go Early: Make sure you go when your kids are in a good mood; avoid naptime, my suggestion is between 5 PM and 6:30 pm, right before most restaurants get busy and your wait for food will be longer. I follow my own advice and avoid my naptime as well. Light Snack: Often smart parents will bring a small bag of apples or carrots to tide over the young ones before the meal comes out. *Crayon:* Aside from many of my critic's belief, I have given them up, but many kid friendly restaurants offer crayons and paper. If you are not going to one of those it is a creative way of keeping their attention. Cranky *Dad:* The mother should spank him before they leave the house; seriously, let's face it, we all have those days where the world seems to focus its every attention on ruining our day. Do what I do, take a deep breath and know that after you pay off the braces, college, her marriage, the honeymoon and law school, you can retire debt free to Bermuda, where only a fallen coconut will disturb utopia. A few common sense things can make those rough days less rough and allow you to sit and discuss the million great things that your child is discovering in the world. Pay attention to your kids, I often see parents oblivious to their surroundings because they are busy getting liquored up. Menu: Let your kids decide what they want to eat. Stroll: The best thing you can do is to take a walk, yep, go outside if you get the feeling junior is cranky. Last but not least. The Mess: Please remember to leave the busboy a few extra dollars. Too often I have seen many a table's look like Pearl Harbor.

Next week Kid friendly Restaurants

Okay, there it is let me know your thoughts on Dining with Kids... e mail me to thechefknows@yahoo.com. Listen to me every Friday morning on your computer at latalkradio.com and watch my TV show on KJLA TV every Saturday at 3 PM.





The MacKinnon's celebrate their new website

KILTS (from page 1)

show off the kilt and accessories line, hometown Sierra Madre was tapped again with the filming right here at Alverno.

Alverno offers an incredible venue for photo shoots, movies and television at the historic Villa located on the grounds of the high school. As you page through the website, familiar backgrounds of this famous estate featured in TV, cinema and magazine ads provide a distinctive backdrop. The website launch was celebrated on Saturday, June 15 at the Destination Group headquarters

at 66 E. Montecito, with all things Scottish, well, maybe all things British Isles. Many kilts from numerous clans came in long, short and mini varieties. Young and old came in full regalia from head to toe. Others, like the band guitarist, favored a more casual approach, pairing his kilt with flip flops. There was no shortage of men in knee socks and flashes, highland shirts with cool night... Maybe there's a bit of Scottish in me leather lacing, Glengarry hats and tams and even Ghillie brogues, those highly polished shoes we Americans call wingtips, laced up and around the calf.

Traditional Scottish bagpipe music alternated with current tunes from the band, 1916

(<u>www.1916Celtic.com</u>). Food was authentic, with bangers, a.k.a. sausages, shepherd's pie, peas, ales from the Isles and Scottish single malt tastings. A group affectionately known as 'Clan Inebriated' was careful to explain their love for the title and term, which proclaims their group is "full of life!" Many American Scots and Celts, particularly Californians in warm weather climates, prefer a non-wool kilt offered by MacKinnon's. Instead, they are a heavyweight Polyviscose blend with a full, cotton waist lining, which looks and drapes like their wool counterparts, but are much cooler and lighter. This can also be machine washed. Imported from Scotland, they are affordable at

The MacKinnon enthusiasm and joie de vivre is completely infectious, and this Polish girl from the Midwest found herself seriously considering a plaid skirt for her wardrobe! Or perhaps a Buchanan ruana to replace my plain shawl on a

MacKinnons Kilts www.MacKinnonsKilts.com 626-443-6153

### Fathers: An Eclectic Selection

Jonas Salk: 1914-1995

Born in New York City to Russian-Jewish immigrants. Salk was the first member of his family to go to college. He intended to study law, but soon became intrigued by medial science. While attending medical school at New York University, Salk was invited to spend a year researching influenza. The virus that causes flu had only recently been discovered and the young Salk was eager to learn if the virus could be deprived of its ability to infect, while still giving immunity to the illness. He succeeded in this attempt, which became the basis of his later work on polio. While working at the University of Pittsburgh in 1947, with the National Foundation for Infantile Paralysis, Salk saw an opportunity to develop a vaccine against polio, and devoted himself to this work for the next eight years. In1955 Salk's years of research paid off. Human trials of the polio vaccine effectively protected the subject from the polio virus. News of the discovery was made public, and Salk was hailed as a miracle worker. He further endeared himself to the public by refusing to patent the vaccine because he had no desire to profit personally. Salk's last years were spent searching for the cure for a vaccine against AIDS. Jonas Salk died at 80, on June 23, 1995. He was the father of three sons. www. achievement.org

#### Cesar Chavez: 1927-1993

Cesar Estrada Chavez was born March 31, 1927 near Yuma, Arizona. He began school at age 7, but found it difficult because his family spoke only Spanish. Cesar's father worked on the family ranch and owned a store in the Gila Valley. In the 1930s, the store was lost due to the Great Depression. The family headed to California and became part of the migrant community, traveling from farm to farm to pick fruits and vegetables. Chavez sporadically attended more than 30 elementary schools, often encountering cruel discrimination. Upon completing the eighth grade he quit school to work full time. In 1944, he joined the Navy and served for 2 years.

Upon his return to California, he married Helen Fabela in 1948. Chavez again worked in the fields, but he began to fight for change. He took part in his first strike in protest of low wages and poor working conditions in 1948. In 1952 he joined the Community Service Organization (CSO) and began urging Mexican-Americans to register to vote. He became general director of CSO in 1958, but left four years later to form his own organization. He called it the National Farm Workers Association (NFWA), which was later changed to the United Farm Workers (UFW).

In 1965, Chavez and the NFWA led a strike of California grape-pickers to demand higher wages. They encouraged all Americans to boycott table grapes as a show of support. It lasted five years. In 1968, Chavez began a fast to call attention to the migrant workers' causes. During the 1980s, Chavez led a boycott to protest the use of toxic pesticides on grapes. He again fasted to draw public attention. These tactics generally led to the signing of bargaining agreements.

Cesar Chavez died in his sleep on April 23, 1993. In 1994, Chavez was posthumously awarded the nation's highest honor, the Presidential Medal of Freedom. He was the father of eight. www.inc-

#### Jesse Owens: 1913-1980

James Cleveland Owens was born in Oakville, Alabama, on September 12, 1913, the son of a sharecropper. The family moved to Cleveland, Ohio, in 1921. Owens entered public school, where a teacher accidentally wrote down his name as "Jesse" instead of J.C. He carried the name for the rest of his life.

Young Jesse was asked to join the track team, and in junior high school he set a record for the 100-yard dash. In high school he had become a complete athlete and a number of universities actively recruited him. Owens finally agreed to enter Ohio State University, after officials found employment for his father. In addition to his studies and participation in track, Owens worked three jobs to pay his tuition. At the Big Ten Conference track and field championships in 1935, he broke three world records and tied another. His 26 foot 8 1/4 -inch broad jump set a record that was not broken for twenty-five years.

Owens was a member of the 1936 Olympic team competing in Berlin, Germany. The African-American members of the squad faced the challenges not only of competition but also of Adolph Hitler's boasts of Aryan supremacy. Owens won four gold medals, and was honored with a ticker tape parade in New York City upon

Owens was presented with the Medal of Freedom by President Ford in 1976. In 1979 President Carter honored Owens with a Living Legend Award. Jesse Owens died of cancer on March 31, 1980 in Phoenix, Arizona.

By Pat Birdsall

In 1990, President George Bush presented a Congressional Gold Medal to Owens' widow, Minnie, calling Owens an Olympic hero and an American hero. Owens was the father of three daughters. www.notablebiographies.com

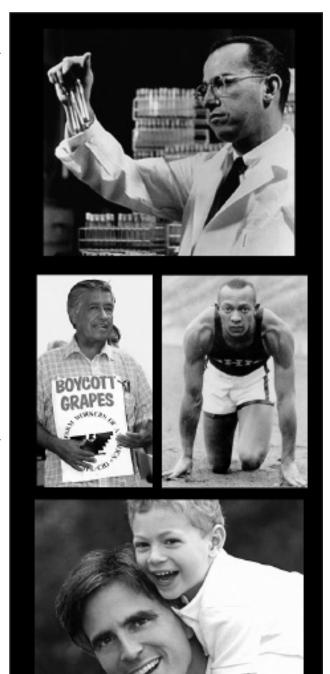
#### Randy Pausch: 1960-2008

Randólph Frederick "Randy" Pausch was born in Baltimore, Maryland on October 23, 1960. After graduating from high school, Pausch received his bachelor's degree in computer science from Brown University in 1982 and his Ph.D. in computer science from Carnegie Mellon University in Pittsburgh, Pennsylvania in 1988. He went on to become a professor of computer science and design at Carnegie Mellon.

Pausch was widely respected in academic circles for a unique interdisciplinary approach, bringing together artists, dramatists and designers to break new ground by working in collaboration with computer scientists. He is known for being the creator of the Alice software project, which teaches students computer programming while enabling them to do something fun. He was also a pioneer in the development of virtual reality, and doing research with Disney Imagineers.

Pausch was diagnosed with pancreatic cancer in September, 2006. He gave an upbeat lecture entitled "The Last Lecture: Really Achieving Your Childhood Dreams" on September 18, 2007 at Carnegie Mellon. The moving and often humorous talk recounted his efforts to achieve childhood dreams. In the process, he shared his insights on finding the good in other people, working hard to overcome obstacles and living generously. The video has been viewed by millions. He co-authored a book called The Last Lecture on the same theme, which continues to be a best-seller.

Randy Pausch succumbed to pancreatic cancer on July 25, 2008 at age 47.His love of teaching, his sense of fun and his brilliance made the world a better place. He is survived by his wife, Jai, and three young children. www.cmu.edu



### On Line

with P.J. Carpenter

remarked that ...'the revolution will not be televised'. No need for that now. We have Twitter.

In response to the highly contested election streets of Tehran the Iranian Government sought to control the flow of information in and out of Iran for various reasons. Their efforts to contain the spread of information were severely thwarted in-country by a literal army of Tweeters that kept interested parties abroad posted of significant events as they unfolded in real-time, in sharp contrast to the normal Soviet-Style reporting the outside officially asked Twitter not to shut down its service in Iran during this crisis.

digital river of data flowing in, through and example of the Internet at its best.

### Revolution: On-Line It was once out of it to all points connected by the Internet.

Very few are the areas without some sort of connection to the Internet since the entire system was built on the telecommunications backbone already in place. The advent of and civil unrest in the form of rioting in the satellite-based digital communications has furnished this network of information flows with redundant links that literally ensure the continued delivery of data from just about any 'Point A' to just about any 'Point B' on the planet. The Iranian governments' attempt to shut off communications by cutting access from and to the outside world was thoroughly side-stepped by the underlying architecture of the data links that connect every region to world has grown accustomed to receiving every other region and the combined efforts from the state-sponsored news service. With of a special brand of political activist (called foreign media banned from reporting from "Hacktivists") who assisted users in setting the street, the outside world has had to rely up proxy Internet access to areas outside the on user-generated content for any news country and Twitter and Facebook endusers about events inside the country. Firsthand who all worked to ensure that the world knew information, provided mainly by Twitter exactly what was happening at all times. This and Facebook users in-country, has been so new form of political and social cooperation crucial for interested parties including our is the end result of people in general putting government, that the US State Department more and more of their lives online for all to share. Sometimes the people on the other end end up actually caring. The emergence of this In today's highly-digitized world each form of political cooperation with its strong

#### Jeff's Picks - Books for Your Consideration



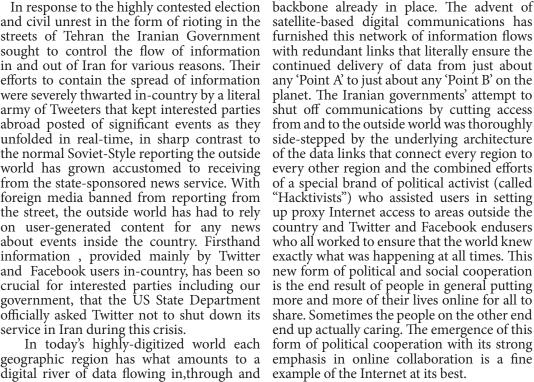
Gone Tomorrow: A Reacher Novel by Lee Child (2009)

Gone Tomorrow is the 13th novel in the Jack Reacher series. Reacher is a retired Army MP Major and a drifter who seems to find big trouble wherever he goes. Reacher is a great character, a hero of sorts and all the novels in this series are entertaining This is one of the best in the series. As the events unfold Reacher finds himself being involved with the FBI, the New York City Police Department, the Department of Defense, and a shadowy group of possible terrorists. It is a fast paced thriller and mystery and works extremely well as both.

#### Rescue Warriors: The U.S. Coast Guard, America's Forgotten Heroes by David Helvarg (2009)

Since its founding more than two hundred years ago, the United States Coast Guard has rescued over a million people. On any given day, they respond to 125 distress calls and save over a dozen lives. Yet despite having more than 50,000 active duty and reserve members on every ocean and on our nation's coasts, great lakes, and rivers, most of us know very little about this often neglected but crucial branch of the military. In Rescue Warriors, award winning journalist David Helvarg brings us into the daily lives of Coasties, filled with a salty maritime mix of altruism and adrenaline, as well as dozens of rescues at sea and on hurricane ravaged shores. Helvarg spent two years with the men and women of the Coast Guard, from their academy in New London, Connecticut, to the frigid, storm tossed waters of Alaska's Bering Sea, to the northern Persian Gulf, where they currently guard Iraqi oil terminals. The result is a classic in the field of adventure reporting.

Old Bones By Thomas Elkins(1988)



#### This is a Gideon Oliver novel, winner of the 1988 Edgar Award for best mystery of the year. When members of a prominent Breton family suddenly die, and the other parts of a human skeleton are found dating back 40 years, Gideon Oliver, Professor of Anthropology and specialist in bone work is called in to investigate. Interesting mystery with a good main character and good

#### Time Enough For Love by Robert Heinlein (1973)

introduction to the series!

This is the wonderful sci fi story of Lazarus Long (born Woodrow Wilson Smith), the Senior of the Howard Families and the oldest human being alive(2000 years) and the fantastic and wonderful adventures of himself and his family. It's Heinlein's masterpiece much richer than Stranger in A Strange Land. One of my favorite books.

Soul Traveler: A Guide to Out of Body
Experiences and the
Wonders Beyond by
Albert Taylor

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## Looking Up With Bob Eklund

Mt. Wilson Astronomers Find That





Astronomers working at Mount Wilson Observatory, led by Nobel Laureate Charles Townes, have discovered that Betelgeuse, one of the brightest stars visible to the naked eye, has shrunk in diameter by more than 15 percent since

The star, a red supergiant, has a radius exceeding the distance between the Sun and Jupiter. The shrinkage corresponds to the star contracting by a distance equal to that between Venus and the sun, researchers reported June 9 at the American Astronomical Society meeting in Pasadena and in the June 1 Astrophysical Journal Letters.

Betelgeuse is familiar to amateur stargazers as the bright reddish star at the upper left in the winter constellation Orion. It is some 600 lightyears away from our Solar System.

No other red supergiant star has ever shown such a dramatic contraction, though other types of stars (known as Mira variables) routinely contract or expand by an even greater amount in a single year.

It's unclear why Betelgeuse has shrunk and whether the star will later rebound, said Townes, a retired professor from the University of California, Berkeley, who won the 1964 Nobel Prize in physics for developments leading to the laser.

Townes and collaborator Edward Wishnow, also of UC Berkeley, used an infrared interferometer, consisting of three telescopes acting as a single unit, atop Mt. Wilson to monitor the star. The team examined the star at an infrared wavelength of 11.1 micrometers, which can penetrate the gas and dust in the star's outer regions and accurately

determine the star's visible edge. In 1920, Betelgeuse became the first star for which astronomers measured a diameter. Physicist Albert Michelson, America's first Nobel Laureate and the first person to accurately measure the speed of light, designed the first stellar interferometer to make this landmark

measurement. His instrument captured the

starlight with a pair of mirrors, separated by a 20foot beam, mounted at the top of Mount Wilson's 100-inch telescope. The two light-beams were combined and projected into the 100-inch's main

Michelson and his associate, Mount Wilson staff astronomer Francis Pease, used that instrument to measure the size of several giant stars in addition to Betelgeuse. They tried to measure smaller stars, but the equipment of that day was not accurate enough—and further advances in interferometer had to wait several decades for development of electronic and computer-based instruments.

Over the years, different interferometers, observing Betelgeuse over a wide range of wavelengths, have recorded diameters for this star that disagree with each other by as much as 30 percent. That's not surprising because stars often look considerably bigger or smaller at different wavelengths. But the star hasn't previously been found to vary significantly in size at any one wavelength, Townes says.

With a mass 15 times that of our Sun, Betelgeuse is nearing the end of its lifetime and could soon explode into a supernova. Continued close monitoring of Betelgeuse could lead to a better understanding of the evolution of massive stars near the end of their lifetime.

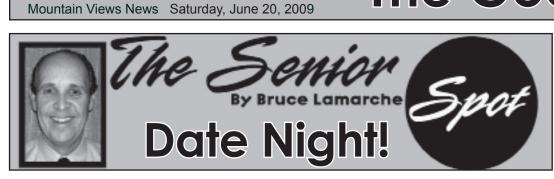
You can contact Bob at: b.eklund@ MtnViewsNews.com



Photo by Aaron Dominguez

## The Good Life

FYI:



About every 53 seconds, someone in the United States experiences a stroke; 160,000 die of stroke each year. Stroke is the third leading cause of death behind heart disease and cancer. Stroke can happen at any age; however, 72 percent of all strokes occur in people over

A stroke is to the brain, as heart attack is to the heart. A stroke occurs when the flow of blood to the brain is disrupted. There are two kinds of stroke; one when a blood clot blocks one of the vital blood vessels in the brain, the other when a blood vessel in the brain bursts. Recovery from stroke and the specific ability that's been affected depends on the size and location of the stroke.

There are certain factors that may increase the likelihood of stroke; age, race, gender, family history of stroke and your own medical history. The incidence of stroke increases with age. The incidence of stroke more than doubles with each decade for people over age 55. Men tend to have more strokes than women. However, women have more strokes than men at older ages. If your parent or siblings have had a stroke, your risk of having a stroke is much greater. You have a 14 percent greater chance of experiencing another stroke within 1 year if you have had a stroke or a transient ischemic attack (TIA), sometimes called a 'mini-stroke'.

The key word to remember when looking for signs of stroke is 'sudden'. Sudden numbness in the face, arm, leg or one side of the body, confusion, trouble speaking, seeing, walking or loss of balance or co-ordination may indicate a person is having a stroke. A few simple questions may be helpful in identifying the signs of stroke. Can the person smile? Remember to look for numbness in the face. Can the person speak a simple sentence, for example, "The sun is shining today"? Something this simple may help identify whether the person is coherent, or confused. Do they still have coordination? Are they able to raise

Knowing the symptoms of stroke, calling 911 immediately and getting to a hospital within 60 minutes of the on-set of symptoms can greatly improve the chances of minimizing the damage caused by the stroke. Don't wait for the symptoms to improve or worsen; every minute counts! Making the call for medical help could make the difference in avoiding a lifelong disability.

There are several things you can do to help prevent stroke. First, don't smoke. If you do smoke, stop. If you need help quitting, consult the American Heart Association or your doctor to increase your chances of success. Second, control your blood pressure. If you have high blood pressure, take your medication as directed, monitor your blood pressure and consult your doctor regularly. Third, if you are diabetic, follow your doctor's instructions; monitor your blood pressure and consult your doctor regularly. Last, maintain a healthy lifestyle; exercise regularly, eat a healthy diet and maintain an ideal weight.

For more information on stroke, consult the following resources; The American Stroke Association at www.americanstrokeassociation.org.

Got a question? Ask Bruce by phone-(626)335-3412 or e-mail: blamarche@ verizon.net. This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors®, www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.LASenior-Mortgage.com

## SENIOR HAPPENINGS...

By Pat Birdsall

we leave our family than to

write down our thoughts, remembrances, family history, loves, joys...from our past and present. Whether it be in poetry, short stories, or journals, we have much to give of ourselves. Set aside an hour a day, or one day a week and start WRITING. Don't let it intimidate you; it takes just an idea and a few sentences to get started. It's more important than you think, and do you know

What better 'legacy' can

~Helpful Hints~

enjoy the journey!

what? You might actually

Shiny Sinks - For an easy, cheap and green way to clean an enamel sink, scrub it with a mixture of baking soda and vinegar. After rinsing, add the stopper to the drain and pour hydrogen peroxide into the sink to cover the bottom. Let sit for 15 to 20 minutes and use a sponge to clean the sides of the sink if it's needed. Any stains usually disappear. There's no odor, and it's noncaustic. Juli/Mary Hunt

Recipe of the Week: Western Omelet (For Father's Day)

#### Ingredients: \* 6 large eggs

- \* ¼ tsp ground pepper
- \* 1/3 cup water \*  $\frac{1}{2}$  tsp salt
- \* 1 small onion \* 1 medium sized green bell pepper
- \* 1 package (4oz.) sliced ham
- \* 8 ounces mushrooms
- \* 2 large tomatoes
- \* 4 Tbs oil, divided
- \* parsley sprig for garnish (optional)

#### Directions:

\* In a bowl, with a wire whisk or fork, beat eggs, ground pepper, water and salt until blended.

Dice onion, green pepper and ham. Cut each mushroom in half. Cut tomatoes into wedges.
\* Put 1 Tbs. oil in 12" skillet and over medium-high heat,

cook onion, green pepper and salt until tender. Add ham and heat through. Remove to small bowl; keep warm.

\* In same skillet, in 1 Tbs. oil, cook mushrooms until golden in color. Remove to another bowl; keep warm.

\* In same skillet over medium heat, heat 2 Tbs. oil. Pour egg mixture into skillet; cook until set around edges. With metal spatula, gently lift edge as it sets; tilting to allow uncooked portion to run under omelet. Shake skillet occasionally to keep omelet moving freely in pan. When omelet is set but still moist, spoon ham mixture over half the omelet. Tilt skillet and, with spatula, fold omelet in half; slide onto heated platter.

\* Top with mushrooms. Garnish platter with parsley sprigs and tomato wedges, if desired.(Serves 4) www.garvick.com



Happy Birthday! - 6/28- Nellie Haynes, 6/29- Pat Fujiwara

#### For Your Funny Bone

Only in America...do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.

Only in America...do we buy hot dogs in packages of ten and buns in packages of eight.

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Only in America...do people order double cheese burgers, large fries and a diet Coke.

Only in America...do they have drive-up ATM machines with Braille.

Quote:

When I was a boy of fourteen, my father was so ignorant I could hardly stand to have him around. But when I got to be twenty-one I was astonished at how much he had learned

~Mark Twain~

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## But Grace, you're ninety-one years old! by Bill Robinson



The American Institute on Aging, an agency of the U.S. Governpubment, lished a story about a woman who came to realize that she wasn't as physically fit as she used to

be. Her name is Grace and she took up tennis and skiing when she was in her early forties. Shortly thereafter, Grace took a bad fall on a ski slope and broke a rib. The attending physician told her that she also had weak bones, a bad back and showed early signs of emphysema. The physician suggested that she be more careful.

Once Grace had recovered from her injury, she went to a medical center that offered exercise classes for older adults. They asked her to commit to a six week program consisting of three classes per week with each class lasting two hours. They started her out with simple stretching exercises, breathing exercises and inched forward from there. The program was based on going from gentle to more strenuous, from easy to more demanding.

By the end of that initial six week program, she was lifting weights, riding a stationary bicycle and walking for extended periods on a treadmill. She continued in that class for close to fifty years. At the age of ninety-one, Grace was walking, lifting weights, playing tennis and doing Tai Chi.

She says that she felt better at her age of ninety-one than she did when she started this program in her early forties. The episodes of back pain that she had suffered when she was relatively young had softened significantly. Her earlier episodes of wheezing had softened as well. There is probably nothing better than long-term exercise to maintain or reestablish good health. Also, there is probably nothing better than long-term exercise to help us stay healthy or to speed our recovery.

The National Institute on Aging challenges older adults to commit to doing 30 minutes of moderate exercise for 30 days straight. It has been their experience that by the end of that initial 30 day period, most of their readers are so pleased with their progress that they stick with their elected program.

Most everyone knows that long-term exercise helps to take off extra pounds and helps to improve our overall physical fitness, but consider these extra benefits as cited by the Mayo Clinic: (1.) long-term exercise stimulates the production of a number of hormones in our brain that reduce anxiety and depression; (2.) long-term exercise also stimulates the production of high-density lipoproteins (HDL) or "good" cholesterol while reducing the production of low-density lipoproteins (LDL) or "bad" cholesterol; (3.) long-term exercise builds strength as it increases muscle mass and reduces the mass of fatty deposits; (4.) long-term exercise strengthens the cardiovascular system and sparks up the sex life; (5.) long-term exercise helps to prevent the on-set of many medical problems including hypertension, Type II diabetes and osteoporosis; and (6.) long-term exercise can be fun, engaging and very worthwhile.

The American Council on Exercise, a not-for-profit private agency, adds another benefit. It's not a medical benefit but it's important. They point to the fact that as we get older, we become increasingly subject to the loss or compromise of our independence. Long-term exercise helps to build strength, endurance, agility, speed, better balance, a better attitude and overall toughness. These are the very assets that are needed if we are to remain independent. That is to be physically self-sufficient. Whether we like it or not, the elderly often have to demonstrate they can be counted on to live safely and responsibly when left on their own and that is to be allowed to live under their own roof.

Bill Robinson's "Senior To Senior" Column appears monthly in the Mountain

Activities: Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**Lunch Program:** Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday: Free strength Training Class with volunteer Lisa Brandley 1:00-1:45 **Tuesday:** Bingo- 1:30PM- 3:30 PM .25c

per card Yoga- 5:30 PM- 7:00PM Instructor Andrea Walsh- \$6.50 for seniors (50 and over.) Call 355-5278 for more information 3rd Tuesday of each month-Free financial

consulting: 10-12 noon. Call 355-7394 for

an appointment. Wednesday: Wii Wednesday Virtual

Reality games (bowling, tennis, boxing, etc. 2nd Wednesday of the month: FREE Legal Consultations 10-11:30 am. Appointments necessary. Call 355-7394.

**Thursday:** Game Day- 1:00PM- 3:30PM-Poker, UNO, Scrabble, Cribbage, Chess, Checkers, Backgammon,

Pinochle...you name it.

Yoga- 5:00 PM- 6:30 PM \$6.50 for seniors (50 and over) Call 355-5278 for more information

Friday: Ping-Pong 1:30 PM Saturday: Senior Club for those 55 and older- Brown bag lunch at 11:30AM Meeting at Noon- Bingo at 12:30 PMonly .25c per card

## Senior Opportunities and Excursions



Monthly Excursions:

**Dodger Game**- July 1 at 12:10 pm (tickets are limited & seats are in the shade)

Pageant of the Masters in Laguna Beach-July 10 at 4:30 pm

Hollywood Bowl- August 21- An evening of Jazz with Diana Krall

Free Blood Pressure Clinic- Second Tuesday of each month 11:00 AM- Noon No appointment necessary

Senior Stretch and Balance- A free class designed by volunteer instructor Teryl Willis, for seniors to refresh the joints, soothe the spine, and improve balance. Come and join in some simple and gentle exercises, a little light yoga, and a bit of easy tai chi. On Wednesdays at 11:00 am.

Free Lawn Bowling Lessons: The Santa Anita Bowling Green Club will have beginning lawn bowling lessons each Saturday morning starting at

Located just north of the golf course at 405 S. Santa Anita Ave. < free parking >

For information call Gene at 626.351-5327.

#### **Meals-on-Wheels:**

Meals are delivered to homebound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) \$2.00 suggested donation per day. Call Susan Garcia at (626) 858-8382 for more information.



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**Chris Bertrand** 

### Maryvale: An Oasis of Peace and Support Nurturing Young Women Out of Crisis

been

mood or sensitivity when I drove in, but new Development Director, Rosemarie

in need since its inception in 1856. The first location stood at the current Union Station site in downtown Los Angeles. Prominent citizens among the 4,000 residents saw director, recently accepted the position after the need for a home and school, and the a member of the founding religious order Daughters of Charity based in Maryland which quickly expanded to 120. The original

Maryvale's early reputation as "a place for in sight: moving Maryvale through needed children of all faiths and races - a refuge changes and new paradigms to best serve our in an unstable and sometimes dangerous changing LA community. city," references to their early organization, and strong today.

The current Maryvale opened in Rosemead in 1953. The brick buildings, schools, housing, church, swimming pool and playgrounds are surrounded by trees, lawn... and a special tranquility. Sixty-seven young women from age six through eighteen live here, situated in six homes dotted across the 15 acres. State licensing will allow up to 75, though few are orphans these days. More often, the girls have escaped abuse and other trauma, a 2010 dedication. leaving them vulnerable and reticent about forming positive relationships.

nearly two hundred. Licensed social workers, psychologists, psychiatrists, teachers and resident counselors form a tight knit network of 24/7 "parenting" schooling and counseling. Most of the residents arrive via the California Department of Children and Family Services, probation and LA county agencies, with a sprinkling from the Central love, friends, joy." Together they say it all. is always critical, especially with our state's Maryvale-CA.org or call 626-280-6510.

The moment you budget crisis.

drive through the Some girls attend the private elementary gates of Maryvale through high school onsite. Other girls attend in Rosemead, you the local Rosemead high school a couple feel it. It seems as if of blocks away. A new transition housing arms of tranquility and counseling service is now offered for and peace envelope those ready to move past high school, find you. I thought it a job, and function as an adult in the world might just have "out there;" first with relaxed rules and my own extra privileges onsite, then to a supervised apartment situation in the community.

Boerger, shared her similar daily reaction. A separate day care facility onsite shepherds She experiences it every day, as she enters over 100 babies through kindergartners of Maryvale after her morning commute down local working class families in an amazingly calm, loving environment. I walked through the facility during naptime, and gentle music Maryvale has been a special place for children played while dozens and dozens of children of varying ages peacefully napped.

moved to fill a leadership position elsewhere. agreed to open a facility. Seven nuns began Today, for only the second time in its history, that year with seven orphaned children, a "lay" person, one not of a religious order, holds the reins at Maryvale. With several frame structure gave way to a brick one. new faces, including Gunther's and Boerger's After 34 years, a larger home at 917 S. Boyle at the helm, the team has nonetheless Avenue, set on 12 acres, opened in 1890.

remains the guiding mantra 153 years later. The delivery method of Maryvale's mission The names, the faces and the location may must flow with the times. Ten years ago, have changed, but the mission remains active farseeing staff and board members saw this shift coming. They purchased a day care facility in Duarte, then embarked on plans for a \$25 million, new facility at that location, with a wide array of counseling, parenting and job preparation classes, and, of course, day care. The new focus moved away from housing, to intervention, prevention and family preservation, through early childhood education, mental health outpatient services, family therapy, etc. The project is well under construction, and Maryvale looks forward to

Steve Gunther recently attended an auction of artwork crafted by some of the older After 153 years, Maryvale takes it all in Maryvale residents. He used his precious stride, garnering a full and part time staff of purchases to decorate his office, and to proclaim both its mission and its residents. The smaller piece offers a shorthand for the mindset most residents bring to Maryvale, "Afraid 2 love." The larger piece bears study, poignantly describing a successful life here at Maryvale, "I must create a life filled with stability, family, trust, happiness, hope, sun, Valley. State funding covers only half of what For more information about the programs, it costs to nurture a girl here, so fundraising people and mission of Maryvale, visit www.









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We have picked the City of Sierra Madre as an example and ran the numbers. We are comparing the Real Estate activity in May 2008 & May 2009. The results are very encouraging!

Yes, homes prices have adjusted in the past 18-24 months, but due to the very low interest rates and lower prices, we are seeing a huge reduction in the inventory levels as more people can afford homes again. If you are thinking about buying or selling

a home in the near future, or are just curious about your current home value, call us today! We would be happy to help. by the way, we are very grateful for

thinking of us for all your real estate needs and for referring us to your friends and family.

Sincerely, Luther & Georgina

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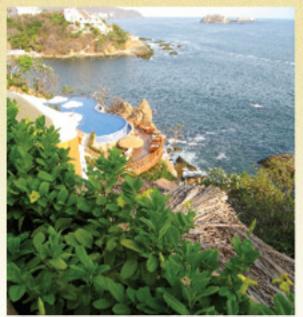


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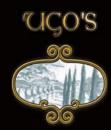
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# Grand Opening

The

Lnoteca

Happy Hour Specials Plus Aperitivi Italiani



## Exciting Upcoming Events

Thursday, June 25th

Noted wine educator Yvonne Rich, CWE: An Evening of Good Wine and Food

Join us for a Five Course Meal plus a tasting of Five Wines as Yvonne shares some of her incredible wine knowledge. Price \$49.00

Seating is limited, call for reservations.

One seating at 6:30

Coming soon, date to be announced:

A new Syrah wine from the world-renowned jockeys Mike Smith and Alex Solis will make its local debut at Ugo's.

Mike Smith will be on hand to speak about the wine and its origins.

74 W. Sierra Madre Boulevard 626 836-5700



1/2 01 Any Salad, Burger of Sandwich When you purchase one of equal or greater value.

\$2 Off Any Salad, Burger or Sandwich With coupon, Cannot be combined with any other offer or discount, Expires 8 4-99 MW

**Buy 10 Lunches Get One Free** 120 W Sierra Madre Blvd | Sierra Madre (626) 355-3908

Open 7 Days | Monday thru Friday 11am till Closing | Saturday and Sunday 9am till Closing