

SIERRA MADRE FARMERS MARKET

NOW OPEN EVERY WEDNESDAY UNTIL 7:30 p.m.

AROUND SAN GABRIEL VALLEY

Around Monrovia Page 3

PASADENA
One Giant Speech for Mankind Page 4

FOCUS ON VOLUNTEERING
Nancy Walsh Page 5

Peter Dills: Table For Two Page 10

LOOKING UP:
A Rocky Exoplanet
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The Good Life Page 12

ONE OF A KIND

Lush, low-water gardening from Barrister's

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Where Your Community News Comes First

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Monrovia

SATURDAY, OCTOBER 3, 2009

VOLUME 3 NO. 40

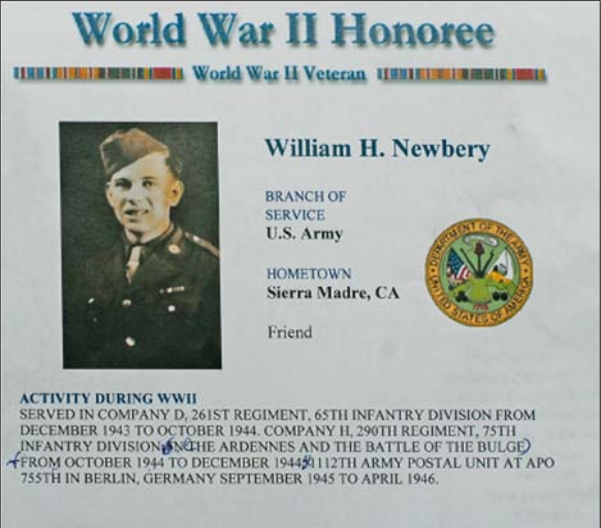
Sierra Madre Loses A Hometown Hero

Battle Of The Bulge Veteran Bill Newbery Dies

Lifetime Sierra Madre Resident, William H. "Bill" Newbery, a World War II veteran, passed away last week at home. He had just celebrated his 84th birthday on September 14th.

A man of great strength and endurance, he served in the United States Army during World War II and fought in the Battle Of The Bulge. The Battle of the Bulge

Bill entered the military on December 10, 1943. He was soon assigned to the 2nd



Courtesy St. Rita Church

Machine Gun Platoon, 4th Squad when the 75th was stationed at Camp Breckinridge, KY. He stayed with the Machine Gun Squad in the European Theatre in Wyoming, Belgium, where the Battle of the Bulge was fought. In December 30, 1944, when he was taken to the hospital in England with frozen hands and feet. After hospitalized in Europe and upon recovery was dispatched to various locations, including Wales and England with Co. B, 1302nd Engrs. On September 14, 1945 he was sent to Berlin, Germany, where he worked until April 1946. He returned to the States in the Central Falls Victory Ship to New York, to Fort Mead, MD then to Fort Bliss, TX where he was discharged May 2, 1946. He returned to his home town of Sierra Madre, California.

Bill, whose war injuries caused him great discomfort for the rest of his life, never married. For many years, he was the primary caretaker of his mother, who preceded him in death. He is survived by two brothers, but also has a large family of friends. A Life Member of the VFW Post 3208 in Sierra Madre. One of his many friends, Gordon Caldwell, another WWII Veteran summed up Bill Newbery very simply, "He was a good man. He was a real fighter."

Newbery was also a devout Catholic, a lifelong member of St. Rita Church. In an excerpt from the St. Rita Centennial Book to be published later this year, he shared memories of his childhood and the church's early days.

Newbery and his two brothers started at St. Rita School in 1933, in first, second and third grades. His father was persuaded to enroll them by the pastor, Father Hyacinth. Their father paid for their tuition by doing work around the school and grounds. At that time the parish plant consisted of the school, built in 1925, the rectory and the

convent. The rest of the area was a dirt playground for the children. The school was the building just north of the present church.

The children used to pull the weeds on the playground, patrol the halls, clean the classrooms and hall, and clap the erasers. The students also tried to flip spitballs to the top of the nun's headdresses, which were flat. Then there was the inkwell, which was tossed out the window, landing with a splat and leaving an ink blot in the yard below which remained for a long time.

On hot days in the fall and spring, they would take their lunches and their bikes and ride up into the Canyon, because it was cool there. Bill also remembered frequent ball games in the dirt, when the ball would crash through one of the windows at the convent. Immediately he would gather the necessary materials and a ladder and replace the window on the spot. A Biblical chance happening occurred right here at St. Rita! There was a fig tree in the yard below the convent, which was not bearing any fruit. One of the sisters nailed a scapular to the tree and the next year it was in full flower.

Sierra Madre will miss Bill Newbery's service to the community and his captivating recollections of early life in Sierra Madre and of the war. Despite the challenges of his war injuries, for the last several years, he has planted American Flags on the graves of Veterans buried in the city's Pioneer Cemetery.

Services for Bill include a Rosary at 9:30 a.m. which will precede the Funeral Mass at 10 a.m. on Friday, October 9, at St. Rita Church, Baldwin at Grandview, Sierra Madre. Burial will follow at Pioneer Cemetery in Sierra Madre.

S. Henderson/MVNews

A very active member of the Veterans of Foreign Wars (VFW) and the Disabled American Veterans (DAV), Bill was best known around town in recent years for the Memorial Day services he coordinated at Pioneer Cemetery.

was the largest battle fought by the Americans in World War Two. 600,000 American troops were involved in the battle. The Americans lost 81,000 men while the Germans lost 100,000 killed, wounded and captured. Bill Newbery was a part of that history.

Glamour 24/7 Comes In Many Ways

Regina Dowling is one smart woman. An Actress, TV Host, Glamour Expert and Writer, she knows the importance of Glamour in one's life and she knows the true meaning of the word as well.

"Glamour isn't just about the glitter and bling, it's about the inner person." She believes in "adding glamour to your day and fully enriching your life."

Regina shares her wisdom on her web site, Glamour 24/7 (www.glamour24-7.com) which covers a wide range of topics from your looks, to your closet, to your kids, to your castle. And, she reminds you that glamour doesn't have to cost an arm and a leg. "It can be big or small, there are no rules. A fresh vase of flowers on your desk, sipping your favorite "cup of joe", or that new diamond tennis bracelet you have been drooling over, the sky is the limit as to how you can "glamor-ize" your life!"

A native of Oklahoma City, Regina and her husband Charles Jones have resided in Sierra Madre for the last ten years. "I love this city. It always makes you feel like you are somewhere else. Regina and Charles have three furry kids (pictured above), Griffi, Gracie and Presley.

Regina Dowling will be a regular contributor to the MountainViews-News.....stay tuned ladies (and gents)!



Regina Dowling

Bill Coburn, Sierra Madre Chamber Executive and Online Publisher Hospitalized

Bill Coburn, Executive Director of the Sierra Madre Chamber of Commerce, Publisher of the online news website, sierramadrenews.net, and contributor to the MountainViews News, was admitted to Arcadia Methodist Hospital on Friday. In a telephone conversation with Bill late Friday afternoon, he indicated that he was scheduled for heart surgery on Saturday morning. He is expected to make a full recovery. No other details were available at press time.

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First Post 12:00 noon

Saturday, October 3

Showdown of California's Best

DON'T MISS OAK TREE'S CAL CUP DAY AT SANTA ANITA

TAKE HOME A FREE CAL CUP T-SHIRT

REMEMBER! FREE ADMISSION, BOX SEAT PLUS \$1 HOT DOGS, BEER AND SODA. THIS FRIDAY & EVERY FRIDAY AT 2 PM THROUGH OCT. 30

OAK TREE at Santa Anita

(626) 574-RACE

www.oaktreeracing.com

Running to Niko's to get my Smoothie!

I'll get my coffee and my "Race Place" magazine!

I'm on my way to

Niko & friends

Coffee - Deli

Corner of N Michillinda and W Montecito

M-F: 7 to 6, Sat 8:30 to 1:30, Closed Sunday

Read The Paper Online At: www.mtnviewsnews.com

5-Day Forecast Sierra Madre, Ca.



Mon: Sunny Hi 70s Lows 50s
Tues: Sunny H 70s Lows 50s
Wed: Sunny Hi 70s Lows 50s
Thur: Sunny Hi 70s Lows 50s
Fri: Sunny Hi 70s Lows 50s

Forecasts courtesy of the National Weather Service

Floral Design Classes at Descanso Gardens

Learn how to create the perfect floral arrangement whatever the occasion in this four week session at Descanso Gardens from Oct. 9 – Oct. 30.

In these hands-on sessions, you will work with beautiful and unusual floral ingredients selected by our expert instructor and learn to recognize and be comfortable with the tools of the trade. Bring scissors and gloves and enjoy.

Cost: \$130 (\$120 members)

For more information and to reserve your spot, call (818) 949-7980 or visit www.descansogardens.org.

Community Arts Commission Potluck & Friends of the Arts Meeting

The Sierra Madre Community Arts Commission invites you to a Potluck Dinner on Tuesday, October 20th at the Hart Park House / Senior Center in Memorial Park (222 W. Sierra Madre Blvd.) starting at 7 pm. Please bring a dish to share (enough for 10 people) and your ideas for improving next year's Open Studio Tour. You are then welcome to stay and learn more on how you can support the newly formed Friends of the Arts Group as they kick off their first official meeting.

The Friends of the Arts group will focus on the ongoing promotion of the arts in Sierra Madre as well as the task of fundraising to support the work of the City's Community Arts Commission. This first meeting the group will create a mission statement, work on responsibilities of the group and develop leaderships roles such as President and Vice President.

For more information on the potluck or on how to get more involved with the Arts in Sierra Madre, please contact the Community & Personnel Services Department at (626) 355-5278.



Saturday, October 17, 2009

Golf & Lunch - \$65

Tennis & Lunch - \$45

Lunch Only - \$25

Golf Tournament will be played as foursome scramble at Eaton Canyon. Sing up with a team or we can place you on one. Tennis is round robin doubles with rotating partners in coed divisions. Scoring will be on the honor system.

Reception, silent auction, raffle, lunch, and awards take place at the Community Recreation Center located at 611 E. Sierra Madre Blvd. beginning at 12:00 pm. Tax-deductible opportunities exist with this event! If you have an item you would like to donate to the silent auction or raffle, or if you would like to sponsor a Tee Sign at \$100 (includes a round of golf), please email city@cityofsierramadre.com

Please return registration forms to the Community Recreation Center or City Hall no later than Thursday, October 8, 2009. For additional information call 626-355-5278



Registration Form



Check One: ☐ Golf & Lunch \$65 ☐ Golf Tee Sponsor \$100
☐ Tennis & Lunch \$45 ☐ Lunch Only \$25
☐ I cannot attend but wish to make a donation of \$_____

Name: _____ Phone: _____

Address: _____ City: _____ Zip: _____

E-Mail: _____

For tennis players - Please circle playing level: Beginner Intermediate Advanced
 I would like to play on a court / golf (indicates other registered players names): _____

I hereby release the City of Sierra Madre, its instructors, volunteers, and employees from any and all liability for any injury suffered by myself arising from or connected with this event and I assume all risk for injuries received.

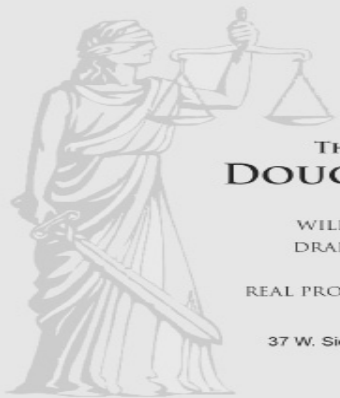
Signature _____ Date: _____

WRITERS' PROGRAM AT THE LIBRARY

Perhaps you have an idea for an article, book, or screenplay, or a manuscript that you feel is ready to go—but how can you tell if it will sell? In "What Do Publishers' Want?", author and editor Stephanie Vitale will discuss current literary trends, and how to tailor and target your material so that it has the best possible chance in today's shrinking media markets. This free program is open to the public and is not only for working writers; aspiring writers are especially welcome to attend. Monday, October 19th at 7:00 p.m., at the Sierra Madre Public Library. The Library is located at 440 W. Sierra Madre Blvd., Sierra Madre 91024. For more information, please call Stephanie Vitale at 626-355-7186.

Halloween Downtown Window Painting Contest

Applications for the Downtown Window Painting contest are available at the Community Services Office, located at 611 E. Sierra Madre Blvd. Youth ages 9 - 17 years who reside in Sierra Madre are eligible to participate. The window painting contest will be held on October 23 and 24. Attached is the application for the contest. For more information call 626-355-5278.



THE LAW OFFICES OF
DOUGLAS J. FARRELL

WILLS, PROBATE AND TRUSTS
DRAFTING, ADMINISTRATION
AND LITIGATION
REAL PROPERTY AND TITLE LITIGATION

37 W. Sierra Madre Blvd., Sierra Madre, CA
626-355-3401

SierraMLaw@cs.com

OCTOBER



19
What do Publishers Want?
Talk at the Library
October 19th 7:00 pm

20
Improve Home Energy Performance
How Residents' Houses Can Measure Up
The Arc 14403-B East Pacific Ave
Baldwin Park
1:00 - 4:00



7
SMTV3 Committee
Meeting
Community
Recreation
Center, 7:30 am

14
Arts Commission
Meeting, Council
Chambers
6:30 pm

28
Library Trustees
Meeting, City Hall
Conference Room
7:00 pm

1
Senior Community
Commission
Meeting, Council
Chambers, 3:00 pm

2
October Best Used Book Sale
Sierra Madre Public Library
10/2, 3-7pm. 10/3, 10-2pm



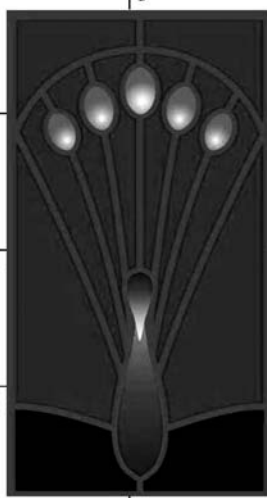
15
**Third Thursday
Book Club Meeting**
SM Public Library
11:00 am

17
Oktoberfest Golf & Tennis Tournament
October 17th Rec Center
8:00 am - Noon



Arcadia

4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27
28	29	30	31				



**Bouncing
Bee Baby
Tales
Arcadia
Public
Library
10:15 am**

21
**Classical
Kaleidoscope
Concert
Series
Arcadia
Library**

15
**Senior Day
Camp
Wilderness
Park, CA
8:30 - 4:00**

**Middle
School
Book Club
Arcadia
Public
Library
3:30 pm
Oct. 9th**

10
**Methodist
Hospital
Foundation's
2009
Crystal
Ball**

Duarte

4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27
28	29	30	31				



6
**Free Flu
Shots
Duarte
Senior
Center**

8
**Annual
Community
Meeting
Fall 2009**

20
**Celebrate
Teen
Read
Week**

28
**Plant Sale and
Botique
From OCT 28 - 30**

**Duarte
Farmer's
Market
Every
Saturday
9:00 am
to
1:00 pm**

Monrovia

4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27
28	29	30	31				



13
**Oct 10 & 11
Monrovia
Arts Festival**

14
**MUSD School
Board Meeting
MUSD District
Office 7:30**

21
**Planning
Commission
Meeting
Council Chambers
Oct. 14, 7:30**

28
**MUSD School
Board Meeting
MUSD District
Office 7:30**

**Monrovia
Family
Festival
Every
Friday
5:00-10:00 pm**

**Senior
Stompers
Walking
Group
Every
Friday
Community
Center
At 9:00 am**

WOMEN AT WORK CELEBRATES

Celebrating 30 years of Women At Work! The event will chronicle how far women have come for the past 30 years as well as the role that Women at Work has played with participation from women in the Pasadena greater area who have in some way broken the glass ceiling with their achievements. From careers available 30 years ago as teachers, homemakers, secretaries or stewardess to the incredible careers women have created over the past 30 years – this night will be an incredible journey of Women at Work!
Saturday October 17, 5:30 pm - 9:00

Pasadena Senior Center
Tickets are \$75 and include Honoree Reception, STRUT Program & Dessert Reception Includes "Taste of Pasadena" Heavy Hors d'oeuvre, Libations & Silent Auction
RSVP or more info: 626-796-6870

**IT'S THAT TIME AGAIN!
The Sierra Madre Rose Float
Association's
Legendary Bingo
Saturday, October 17th**

Doors Open at 6:30PM Bingo Starts at 7:30PM

NEW LOCATION:

O'Malley Hall, St. Rita Catholic Church,
Baldwin Ave. Sierra Madre.

Considerations: Adult Oriented Bingo
Food, Beer, Wine, Soft Drinks and Pizza will be available
for purchase.

A night of bingo you won't soon forget!!!



Around Monrovia

by Pat Ostrye

Make a Difference Day!

Here it is the first of October, time to think about the 19th Annual Make A Difference Day, which seemed so far away when I received the notice some time ago. “Way back when” Monrovia started this particular reaching out, I don’t think it was designated as a national day for making a difference. I remember members of the Volunteer Center and employees at City Hall did congregate, bringing out trucks to help many seniors clean up their property

, paint their homes and even work on the different school grounds. For instance, Ray McCarville, a master at laying tile and other intricate household projects, also volunteered his time and muscles working at whatever needed doing at Monroe School. Then around noon, these hardworking volunteers met for a break at Library Park and enjoyed lunch donated by the various restaurants and food chains.

How things have progressed since that first time out in Monrovia. Amy Gray, Volunteer Services Coordinator, announces that the day is October 24, 8 am, registration and Continental Breakfast - 7:30, am at the new Monrovia Library on Myrtle Ave. Amy also advises wearing closed-toed shoes and work clothes. The 300 volunteers will return to the park for lunch after the projects are completed. That’s not all - sponsors are needed and the deadline for sponsorship is coming up fast, October 9th. Here’s the breakdown: Event sponsor, \$1500 and your

name will be recognized in press releases, at the Volunteer Center and many other accolades. Community Leader - \$1000, a few lesser accolades, including the web site. Bridge Builder - \$500 many of the same honorable mentions. MADD Friend, \$100 to \$300. Name on T-Shirts and recognition in the Volunteer Center newsletter.

There you have it. Checks made payable to the Volunteer Center of SGV. Nonprofit tax I.D. #501 ©) (3) #95-1691331. By the way, did you see that spectacular rendering of the newly-approved construction of the \$159,000 fountain, completing the restoration of Library Park, in a recent issue of the Star-News?! Something to behold!

Rounding out the month of October, as we only begin, is Halloween, always a day to remember for the youngsters in Monrovia, ending with the “walk down Myrtle Ave. ‘Trick or Treating’ in costume. Before that happy event, I see that Kohl’s in the old Mervyn building has a grand openingscheduled for September 27th, in time for all of that Holiday Shopping.

For me the first half of October will be insanity as I go through the rigorous motions of moving back to Monrovia. But I remind myself that it’s only a month out of my life, packing, packing, packing, then that final cleaning, thankfully, with the help of my daughters, to leave it all “the way it was”.

Postrye@netzero.net

Monrovia

South Pasadena High Art Educator to be Featured artist at Monrovia’s “Celebrate The Arts” Festival

Long time MAFA member, fine arts educator, Monrovia’s Village After-school Arts Teacher, Rouzanna Berberian, who currently teaches art at South Pasadena High School has been selected as the featured artist for the Monrovia Association of Fine Arts’ arts festival “Celebrate The Arts”. Her work will be showcased on Sat. & Sun., October 10th and 11th in Monrovia Library Park from 10 am to 6 pm.

MAFA could not have chosen a better artist for the year when the event’s theme is “Where Culture Unites”!

The event is FREE and OPEN to public. For more info about the event, please call Lisa at (626) 802-7873 or visit www.MonroviaFineArts.org

Duarte

Duarte Issues Public Safety Alert Re: Bears

Good Advice For All Foothill Cities -

Recent news reports have put residents on alert in Duarte, Monrovia, Sierra Madre and the Hastings Ranch Area of Pasadena. There has been an increased presence of all wildlife has been noted since the recent wildfires.

Black bears live along the San Gabriel Valley foothills and they are frequenting residential areas. Black bears are typically not aggressive against people; attacks are extremely rare. In fact, 90 % of problems begin with food sources. Bears attracted to anything smelly or edible, especially garbage. Bears are also attracted to beehives, orchards and gardens. To keep your home “bear proof,” follow these guidelines Recommended by California Department of Fish and Game:

Install bear-proof garbage and compost containers; be sure to deodorize garbage cans with bleach or ammonia. You may also limit odor by Double-bagging garbage.

Do not place trash out before 6:30am on trash day.

- Separate “wet garbage” and place in an air/odor tight container.
- Freeze meat bones or other smelly items until pick-up day.
- Be sure to keep barbecue grills clean & Pick up fallen tree fruit and harvest your fruit

Remember: It is against the law to remove the bear, intentionally harm and/or fire a firearm at a bear.

You may use beanbags, air horns, and paint ball guns to scare the bears away. However, please keep in mind these tactics will not be effective if there is a food source.

- It is against the law to intentionally feed bears.
- Don’t leave your pet’s food outside and do not use bird feeders.
- Close windows on accessible ground floors and never leave food near a window or windowsill.
- Block access to potential hibernation sites (ex-crawl spaces under decks or buildings)

The California Department of Fish & Game will not relocate bears; they will only tranquilize and relocate them a short distance when there is an unsafe route for the bear. This does not guarantee the bear will not return; statistics show that bears will return to the same spot and will travel up to 180 miles.

When a bear has caused extensive or chronic damage to private property (such as livestock killed or injured, or entered into a home or cabin), repeated damage where corrective or bear-proofing efforts have failed, etc., DFG will issue a depredation permit. A bear is killed about 40 % of the time a depredation permit is issued. The best methods for preventing bears from falling into any category in the DFG policy is for humans to live smartly in bear habitat. Taking the first step toward living responsibly in bear habitat will make the last step of the DFG bear policy unnecessary. For more information please visit www.dfg.ca.gov/wildlife/hunting/bear

Arcadia

Arcadia Receives Federal Grant for Water Wells

The City of Arcadia has recently obtained a \$242,500 grant from the Environmental Protection Agency. This money will help fund the construction of two new water wells that will replace existing wells at Camino Real and Longley Way providing improved safety and seismic reliability as well as a higher storage capacity.

Since 1996 the City of Arcadia has received approximately \$9.3 million in federal grants to improve our water system. These funds have been obtained through ongoing cooperation and contact with key members of the California Congressional Delegation by City staff and the City’s legislative advocacy firm, The Ferguson Group. Much of the money that has been received has gone toward improving the seismic reliability, quality and capacity of the systems that provide water service to the cities of Arcadia and Sierra Madre.

Dreier Votes to Approve Water Clean-up Funds

WASHINGTON, D.C. – Congressman David Dreier (R-San Dimas) voted today to approve \$3.5 million in federal funding for ongoing water clean-up efforts in the San Gabriel Valley. The funds were included in the Energy and Water Appropriations Bill Conference Report for Fiscal Year 2010, H.R. 3183. The bill, which was approved with broad bipartisan support, 308-114, will now be sent to the President for his signature. The funds approved today will be put toward the San Gabriel Basin Restoration Fund, which is administered cooperatively by the San Gabriel Water Quality Authority (WQA) and the U.S. Bureau of Reclamation.

“Maintaining a safe, reliable water supply for the Foothills has always been a top priority,” Dreier said. “The funds approved today will help continue the excellent work

of the WQA, which has been a nationwide leader in innovative and cost-effective water management. The federal-local partnership of this effort has contributed to its effectiveness and I am proud to help provide ongoing federal support”

To date, Congress has provided over \$81 million to the San Gabriel Basin Restoration Fund. This program was created by legislation sponsored by Dreier in 1999. Federal and non-federal monies contributed to the Fund are being used to design, construct, operate and maintain water projects to contain and treat the groundwater contamination in the San Gabriel and Central Groundwater Basins. The San Gabriel Groundwater Basin covers more than 160 square miles in Los Angeles County and is the primary source of drinking water for over 1.2 million people.

IMMEDIATE OPENING – OPEN UNTIL FILLED Posted 9/30/09

Job Title:	Job Consultant <i>Foothill Area Jobs Collaborative (FAJC)*</i>
Reports to:	Program Director
Status:	Temporary, 30-40 hours/week, non-exempt: \$15-\$20/hr, based on experience (position funded until 09/30/10; does <u>not</u> include health or retirement benefits)
Funding:	American Reinvestment and Recovery Act (ARRA – “federal stimulus funds”) administered by the State of California Department of Community Services and Development (CSD)

FAJC (pronounced “FaJack”) is a regional project developed and coordinated by Foothill Unity Center to assist low-income residents from seven Pasadena/Foothills-area cities to prepare for and obtain employment. Four local agencies have been awarded FAJC subcontracts to provide employment preparation, job search and job placement activities for their respective target populations, as well as supporting the success of the FAJC overall. ****Summary of FAJC Project on 2-page attachment.***

Primary Job Responsibilities

1. Coordinate activities with designated Foothill client services staff to help clients secure employment
2. Assist clients at two offsite locations* with referrals and linkages to job training and appropriate support services for the successful completion of job training and job search programs. (**Monrovia and Pasadena locations*)
3. Assess client interest and readiness to participate in the FAJC program
4. Establish and maintain individual client case files to document FAJC activities
5. Assess client strengths to match to most appropriate training and job opportunities
6. Develop a database of job resources for client referrals
7. Assist Program Director with outreach activities to promote FAJC program
8. Develop database of clients used to monitor, track and document client activity, progress and outcomes
9. Prepare weekly progress and status reports on program activities
10. Conduct brief presentations on FAJC program to potential clients and other stakeholders
11. Develop outreach materials/flyers to recruit clients for participation in FAJC activities

Qualifications and Requirements

1. Bilingual, English/Spanish fluency required to assist a sizeable portion of FAJC clients
2. Experience in referring or placing clients in a employment training programs
3. Minimum one-year client services or case management experience with diverse client population, preferably some history working with low-income clients
4. Minimum one-year experience in workforce development, employment training or job placement programs
5. Proficient with use of MS Office Suite and Internet, including the ability to locate employment resources
6. Two year college studies preferred, or equivalent experience
7. Personal automobile, current drivers license and ability to acquire or provide proof of insurance

To apply, send cover letter, resume and three professional references to:

faic@foothillunitycenter.org

**or mail to: Attn: FAJC Program
Foothill Unity Center
415 W. Chestnut
Monrovia, CA 91016**

IMMEDIATE OPENING – OPEN UNTIL FILLED Posted 9/30/09

Job Title:	Program Director <i>Foothill Area Jobs Collaborative (FAJC)*</i>
Reports to:	Executive Director
Status:	Temporary Full-Time (1.0 FTE), Exempt - \$45,000 - 50,000 salary (DOE) (position funded until 09/30/10; does <u>not</u> include health or retirement benefits)
Funding:	American Reinvestment and Recovery Act (ARRA – “federal stimulus funds”) administered by the State of California Department of Community Services and Development (CSD)

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Primary Job Responsibilities

1. Implement and manage FAJC program and activities to be conducted by designated Foothill Unity Center staff and four FAJC subcontractor agencies
2. Oversee and monitor the implementation of FAJC Partner activities in accordance with their respective Statements of Work and Project Budgets
3. Assist executive director, project consultant(s) and designated staff with project planning and evaluation activities as appropriate
4. Supervision of FAJC Job Consultant and other designated project staff
5. Coordinate monthly meetings (and other meetings as needed) with FAJC Partners and other community stakeholders
6. Work with part-time marketing consultant to develop and implement marketing and outreach activities to promote FAJC project activities and accomplishments
7. Participate in community meetings and outreach activities to identify employers with current and potential job openings appropriate for FAJC clients
8. Identify and engage additional stakeholders (i.e. local businesses, schools and job training programs) to expand FAJC opportunities to benefit clients and subcontractors and clients
9. Prepare monthly reports for submission to funding source; assist executive director and project consultant(s) with data collection and tracking activities

Qualifications and Requirements

1. Bachelor’s required, master’s preferred, or equivalent full-time professional work experience
2. Minimum two years nonprofit program management
3. Knowledge and experience in job training and employment services
4. Management of grant-funded programs, including experience with preparation of reports
5. Supervision of staff and volunteers
6. Proficient with use of MS Office Suite, internet and other standard business software
7. Strong written and verbal communication skills for correspondence, program documentation and meeting presentations; public speaking
8. Personal automobile, current drivers license and ability to acquire or provide proof of insurance
9. Typical M-F workweek, with some evening and weekend hours required

To apply, send cover letter, resume and three professional references to:

faic@foothillunitycenter.org

**or mail to: Attn: FAJC Program
Foothill Unity Center
415 W. Chestnut
Monrovia, CA 91016**

SIERRA MADRE’S FARMERS MARKET!

Wednesday 3-8pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you’ll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.
Free public parking on Mariposa.

One Giant Speech for Mankind

By Dean Lee

Buzz Aldrin, the second man to walk on the Moon, heavily criticized all politicians Tuesday during a Pasadena Planetary Society fundraiser at the Paseo Colorado. Hundreds of people waited afterwards to get his newest book signed, "Magnificent Desolation."

Aldrin said space exploration today is not moving forward fast enough.

"I have been observing the evolution of Sputnik to the Moon and then from the Moon to the shuttle era, to the space station, to where we are now," he said. "And it's not so good a story."

He also said when the space program first started it was flexible and today it is just the opposite.

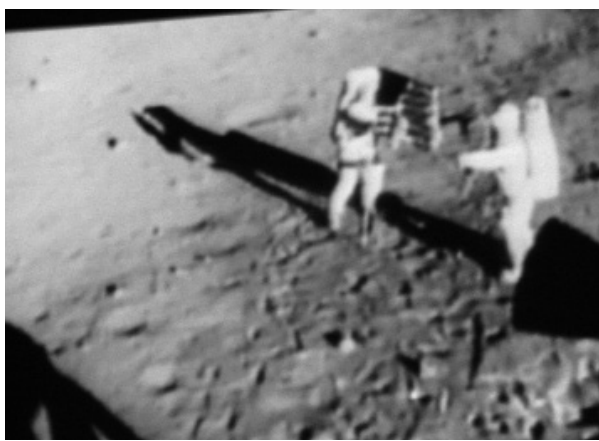
"So what is our problem today, we are inflexible..." he said. "And I'm going to pull out all stops to tell American's that it is absolutely unacceptable for us to fly the shuttle 30 years... and why are we going back to landing capsules in the ocean for the next 20 years."

He then asked, as the crowd cheered, is that the progress America wants to see?

He said by the time astronauts again land on the Moon it will be 50 years since the first time he landed there in 1969. "That's not progress to me."

Aldrin suggested that "we" as a country should help other nation's progress towards space travel.

He remarked, "The plaque said, 'We came in peace for all mankind,' well, now is the time to make it for all mankind."



Footage from the 1969 Moon landing was shown right before Buzz Aldrin spoke to a packed theater at the Paseo Colorado. Aldrin (pictured right in the far left corner) signed hundreds of his new book, "Magnificent Desolation." Photos D. Lee/MVNews

Aldrin also said that politicians only think in short term and only about being elected every four years. He said space exploration goes far beyond that.

He also made the case for a human mission to Mars saying that people could, on the surface, do in a week what took NASA robots five years.

He then laid out a time line to get there.

"To me it's a two phase program, 10 years plus 15, that's 25 years," he said. "Why 25, because that's 2035."

After slightly puzzling the audience he explained it was exactly 66 year from the Wright brothers to landing on the Moon, "If you add another 66 years to that, it's 2035."

Without using President Barack Obama's name,



Aldrin called on "the leader of the nation" to make a clear pathway to be back on the Moon in 10 years and then land people on Mars in 25. He said there was a hidden agenda. No one wants the president to go down in history 25 years later because they won't be a part of it, he theorized.

Upcoming City Events

Saturday –The Latino Heritage Parade will begin 11 a.m. on Los Robles Avenue at Howard Street, head south to Washington Boulevard, then west to a jamaica/community fair at La Pintaesca Park with free arts and crafts, entertainment, exhibits and food until 4 p.m. Wave to City of Pasadena officials in the parade and stop by the City of Pasadena booths at the jamaica ! www.latinoheritageparade.org or (626) 791-7421.

Sunday – Join Pasadena City Councilman Terry Tornek for a walk through District 7. Meet at 5 p.m. the Assistance League's Craft Fair Gift Shop, 820 E. California Blvd. Parking is available in the lot at the shop and on Hudson Avenue . The walk, which will begin promptly at 5:15 p.m., will highlight Arden Road and the Caltech campus, followed by a raffle and refreshments. For more information call District 7 Field Representative Pamela Thyret at (626) 744-4737. This event is in association with Up and Moving, a community effort to support fitness for health in Pasadena.

Tuesday – From parks to community centers, the City of Pasadena has plans for making structural improvements to public places so people with disabilities can use them safely and conveniently. Learn more at a community meeting 3 p.m. Tuesday hosted by the Accessibility and Disability Commission in the Grand Conference Room (basement room 038) at Pasadena City Hall, 100 N. Garfield Ave. (626) 744-4762. www.cityofpasadena.net/publicworks/Engineering/adaplan.asp.

Also – Pasadena City Councilman Steve Haderlein will host a District 4 workshop at 6:30 p.m. about future priorities for Pasadena at the historic Stuart Pharmaceutical Building, 3660 E. Foothill Blvd., as part of our General Plan update. (626) 744-4009. www.cityofpasadena.net/generalplan (click on Council District Workshops).

Wednesday – Join Pasadena Mayor Bill Bogaard, Fire Chief Dennis Downs and Pasadena Forward's Executive Director Israel Estrada for a walk around the 3.3-mile Rose Bowl Loop. Meet at 7:30 a.m. Gate A at the Rose Bowl Stadium. www.upandmoving.org

Also – Pasadena City Councilwoman Jacque Robinson will host a District 1 workshop at 6:30 p.m. about future priorities for Pasadena at the Rose Bowl Press Box, 1001 Rose Bowl Dr., as part of our General Plan update. (626) 744-4009. www.cityofpasadena.net/generalplan (click on Council District Workshops).

'Fame' Remake Features PCC Gospel Choir

Fifteen singers from the Pasadena City College gospel choir, as well as choir director Betty Griffin-Keller and choir accompanist Dion Johnston, are featured in the recent remake of the 1980 movie "Fame." John Houlihan, the film's musical director, searched for musical talent in the Pasadena area and found everything he needed on PCC's campus.

"My greatest experience working on "Fame" was not only being asked to rearrange one of the songs and provide background choral for a second song, but to have an acting role as an orchestra conductor," Griffin-Keller said. The film was released nationwide on Sept. 25.

For more information, contact Keller at (626) 676-4205.

Thousands 'Wiggle Waggle Walk' for a Good Cause

By Dean Lee

Although fundraising numbers were slightly down this year, officials from the Pasadena Humane Society and SPCA said Sunday's Wiggle Waggle Walk around the Rose Bowl brought out more walkers than ever before.

Spokeswoman for the Humane Society, Ricky Whitman, said 2,500 people signed up to walk either the 3.2 mile (5K) counter-clockwise loop around the Rose Bowl and Brookside Golf Course or the one mile shorter route in front of the Rose Bowl stadium.

She also said they raised \$275,000 just shy of their \$320,000 goal. "Times are tough right now," she said. "We are still taking donations so we're still hoping."

Anyone wanting to donate can do so at <http://www.pasadenahumane.org>.

Actor Wil Wheaton and his wife were the top fundraisers said Coordinator/



Community Resources assistant Hillary Gatlin. The Wheaton's raised \$12,761 well above their goal of \$8,000. Gatlin said Wheaton used internet resources such as Twitter and Facebook to help get the word out.

On their official Humane Society fundraising page the Wheaton's explain they had just lost their dog Ferris after a short battle with cancer. Before taking her in eight year ago, Farris was found abandoned at a bus stop in Monrovia they said.

"Anne and I are proud to support the Pasadena Humane Society," Wheaton wrote. "They provide food, shelter, veterinary care, adoptions, reunification and other essential services to



pets and the people who love them."

After the main walk there were a number of events including a police K-9 demo which featured Officer Tom Brown and K-9 Partner Art. Also featured was Officer Donovan Jones and his K-9 Partner Bono.

Multi-Agency Team Prepares Areas from Mudslide Damage

To inform residents in fire-damaged areas on the County's efforts to reduce the impact of mudslides and erosion damage, Supervisor Michael Antonovich has created a multi-agency program (C.A.R.E.) and a toll free number (800-214-4020) to protect life and property in the upcoming rainy months.

The CARE (Coordinated Agency Recovery Effort) program will include regular updates and bulletins, technical assistance for residents on constructing mudslide diversions, a "one-stop" website with fire recovery and

storm preparation information, public service announcements, and a speaker's bureau for community meetings.

The first meeting of CARE was on Friday, September 25 and over 120 city and town councilmembers and city managers from at-risk communities joined officials from the county and federal government including county Public Works, the US Forest Service, the National Incident Management Organization (NIMO), the US Geological Survey, Caltrans and the Natural Resources Conservation Service. Preliminary fire damage assessments were

The 4rd Annual Pasadena Artwalk Will Feature Over 35 Artists, Hands-On Activites and More

The 4th annual Pasadena ARTWalk taking place on Saturday, October 10 from 11 am to 5 pm at 46 N. El Molino, Pasadena, will feature an art show and sale, a gallery walk, performances from jazz, trip-hop, and world music groups, interactive children's activities, free museum admission and more. The event is free and all-ages.

The Pasadena ARTWalk is a juried fine art festival that offers attendees the

opportunity to view one-of-a-kind art pieces and meet some of their favorite artists. This year more than 35 participating artists will showcase their work at the Pasadena ARTWalk. From painting to photography, woodworking and new media, the event will have something for all art lovers to enjoy.

"The Pasadena ARTWalk supports and highlights the art and culture in the Pasadena community," says Playhouse District

'Baby Boomer Bandit' Arrested

Police announced Wednesday the arrest of 64-year-old Pasadena resident Salvador Sanchez alleged to be the "Baby Boomer Bandit."

Sanchez was arrested in the 800 block of North Mentor Ave. after detectives received tips from the community police said.

Pasadena detectives, working with the F.B.I, had been searching for Sanchez who was thought to be involved in a number of Pasadena bank robberies in June. He may have also been responsible for armed bank robberies in the cities of San Gabriel and Rosemead.

"This is an excellent example of the tenacity of this department and its ability to solve crimes and partner with other agencies..." said Pasadena Police Chief Bernard Melekian. "Anyone who thinks they may have additional information is encouraged to contact the Pasadena Police Department."

Sanchez was later released to F.B.I agents.



presented by the federal burn area emergency recovery (BAER) team.

"Initial assessments indicate a high probability of mudslides damage for our fire-damaged communities," Antonovich said. "The danger presented by the largest fire in County history is far from over and requires effective coordination and communication to minimize the impact of mudslides and protect our residents and their homes."

Housekeeper Jailed on Theft



The District Attorney's Office has filed several counts of burglary against a Canoga Park House Keeper for a rash of thefts, possibly spanning ten years, in the Pasadena and Los Angeles area police said Thursday.

Detectives said, Lesly Rugama, 37 allegedly used her employment as a part time house keeper to steel jewelry, iPods, gift cards, loose coins, purses, sunglasses and children's electronic toys. In most cases the victims were unaware Rugama had stolen property from them.

A search of Rugama's home turned up stolen items, some yet to be identified. Police are asking anyone that may have employed her or that may have information regarding the investigation to call (626) 744-3816 or (626) 744-7108.



A motion by Supervisor Antonovich on September 8th authorized the County Public Works Department to spend up to \$25 million in emergency contracts to repair roads and infrastructure in burn areas and to prepare for expected debris and mudflows.

Public Works engineers have already inspected over 200 properties and, together with USFS officials, hosted several public meetings in at-risk communities.

Arden Road and Caltech Walk

City Councilman Terry Tornek will lead a walk through District 7 on Sunday, Oct. 4.

Meet at 5 p.m. at the Assistant League's Craft Fair Gift Shop, 820 E. California Blvd. Parking will be available at the shop's lot and on Hudson Avenue .

The walk will highlight scenic Arden Road and the Caltech campus, followed by a raffle and refreshments.

This event is in association with Up and Moving Pasadena. For more information visit www.upandmoving.org

Pet of The Week



Randy, a fun loving, five month old red tabby kitten is looking for a new home. He loves to purr and rub against you. Randy would be a great cat in a home where he will receive plenty of attention and playtime.

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. Currently, you can adopt two cats or kittens for just \$85.

Please call 626-792-7151 and ask about A258819 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave , Pasadena CA , 91105 . Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org

Sierra Madre Police Blotter

During the week of Sunday, September 20th, to Saturday September 26th, the Sierra Madre Police Department responded to approximately 303 calls for service.

Sunday, September 20th:

9:08 AM – Arrest, Suspended/Revoked driver's license, Orange Grove Ave. and Michillinda Ave. A motorist was stopped for a traffic violation. A records check revealed the driver's license was suspended or revoked. The driver was arrested, issued a citation, and released on a written promise to appear.

10:12 AM – Arrest, Suspended/Revoked driver's license, 400 block N. Michillinda Ave. A motorist was stopped for a traffic violation. A records check revealed the driver's license was suspended or revoked. The driver was arrested, issued a citation, and released on a written promise to appear.

2:14 PM - Arrest, Suspended/Revoked driver's license, Sears Way, West of Michillinda Ave... A motorist was stopped for a traffic violation. A records check revealed the driver's license was suspended or revoked. The driver was arrested, booked at Sierra Madre Police Department, and released on a written promise to appear.

Monday, September 21st:

8:52 AM – Identify Theft, 600 block of East Orange Grove Ave. A realtor found a note posted on the front door of a home listed for sale. The note was addressed to UPS and Fed Ex, telling them to leave the packages on the porch for a fictitious family, who was purportedly moving in. Several personal items were placed at the front door to make it appear a new family was moving in. It appeared that identity thieves had fraudulently ordered goods

to be delivered by UPS or Fed Ex to the Orange Grove location where the suspects would later return and take the packages. The investigation is continuing.

Wednesday, September 23rd:

10:15 AM – Grand Theft, 400 block Adams Street. Five golf clubs were stolen from an open garage. The crime occurred between 5:00 pm, Sunday, 9/20/2009 and 10:15 am, Wednesday, 9/23/2009. Stolen were 2 Titleist Fairway Woods, 1 Hogan Hybrid, 1 Ping Putter and 1 Suit Driver. The loss was estimated at \$900.00.

Thursday, September 24th:

9:02 AM – Petty Theft, 50 block N Lima St. Misc items were stolen from a vehicle parked in front of the residence. The crime occurred sometime between 8:00 pm, Tuesday 09/22/2009 and 8:30 am, Wednesday, 09/23/2009. Stolen were 1 black "Game Boy", 5 music CD's in a black and gold child's purse and 1 Light blue metal case with 8 CD's. The loss was estimated at \$300.00.

Saturday, September 26th:

9:00 AM – Vehicle Burglary, 300 block N. Lima St. Misc items were stolen from a vehicle parked in front of the residence. The crime occurred between 10:00 pm, Friday, 09/25/2009 and 9:00 am, Saturday 09/26/2009. Stolen were 1 Apple I-Phone, 1 wallet, 1 personal check, and 5 misc credit cards. The loss is estimated at \$450.00.

7:12 PM – Attempted Residential Burglary, 500 Block N. Hermosa Ave. Unknown persons entered part of a residence under construction without the owner's permission. The loss is unknown at this time. This case is pending further investigation.

Arcadia Police Blotter

For the period of Sunday, September 20, through Saturday, September 26, the Police Department responded to 964 calls for service of which 130 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 20:

A motorcyclist was stopped in the 00 block of East Huntington around 8:28 p.m. for a code violation. A record check of the 21-year-old male Caucasian revealed that he had 2 outstanding warrants totaling \$61,000 and was arrested at the scene.

Shortly after 3:00 a.m., units responded to the 1100 block of Fairview regarding a possible vandalism which occurred on September 19. The resident indicated that he returned home to find two holes in his kitchen window. While he was outside in his backyard, he heard something strike a window upstairs. Investigation revealed that a 22-year-old male Caucasian neighbor was supposedly using his BB gun to shoot at a rat. The victim did not desire prosecution and a report was taken for documentation purpose.

Monday, September 21:

Around 10:39 a.m., officers were dispatched to the 300 block of Chelsea in reference to an identity theft report. The victim checked her credit report and discovered that 14 unauthorized accounts were opened since 1983 using her personal identifying information.

Between 1:00 p.m. and 2:25 p.m., a green 1995 Honda Civic was stolen from the Westfield Mall parking lot.

Tuesday, September 22:

A traffic stop was initiated at Sycamore and Santa Anita around 10:40 p.m. for a code violation. Four occupants were contacted, and record checks revealed that a 19-year-old male Caucasian passenger had a \$25,000 outstanding warrant and brass knuckles belonging to him were found on the rear floorboard. The man was arrested for possession of a deadly weapon and outstanding warrant.

Another vehicle stop was made at Live Oak and Mayflower around 11:00 p.m. for excessive speed and no front license plate. Officers noticed the odor of marijuana in the vehicle and a 25-year-old male Asian driver was found with marijuana in his pocket. A 24-year-old male Asian passenger also had marijuana in his bag. Both men were cited and released in the field.

Wednesday, September 23:

Shortly after 2:00 a.m., a traffic stop was conducted at Las Tunas and Live Oak for a code violation. A 17-year-old male Hispanic driver and 2 other passengers were contacted. A DMV check revealed that the juvenile was unlicensed and a stolen license plate was located inside the vehicle. A 20-year-old male Hispanic passenger was also found with a baggie of white powdery substance resembling cocaine. The juvenile was arrested for receiving stolen property and unlicensed driver; the passenger was taken into custody for possession of a controlled substance.

Around 2:53 p.m., an officer saw a vehicle crash into two parked vehicles and fled the scene. The officer followed the vehicle and conducted

a traffic stop at Baldwin and Woodruff. A 26-year-old male Vietnamese was arrested for driving while under the influence of an alcoholic beverage.

Thursday, September 24:

While conducting extra patrol at Motel 6 around 7:12 a.m., 225 Colorado Place, officers located a guest with a \$35,000 outstanding warrant. The officers went to the motel room and arrested a 38-year-old female Hispanic.

Around 8:50 p.m., Westfield Mall security had detained a woman for theft at Solstice. The woman was seen taking several pairs of sunglasses and hiding them in a shopping bag. A private person's arrest was made, and a 38-year-old female Asian was taken into custody for commercial burglary. Additional stolen property from Sports Chalet was found in the shopping bag.

Friday, September 25:

Around noon, a victim found two male African-American juveniles ransacking her home in the 1100 block of Encanto. When the suspects saw her, they ran out of the house and witnesses followed them to a Del Taco parking lot at Rosemead and Del Mar. Officers arrived at the scene to find the two suspects entering a vehicle driven by a third suspect. The suspects were detained and stolen jewelry and cash from the victim's home were recovered. A 25-year-old male African-American driver was arrested for residential burglary and conspiracy; the two 17-year-old juveniles were arrested for residential burglary. The juveniles were booked at City jail and transported to Eastlake Juvenile Detention Center.

Units were called to Citibank, 41 East Live Oak, around 3:13 p.m. regarding a forgery in progress. A female Hispanic suspect arrived at the location in a vehicle driven by a male Hispanic. The man stayed in the car while she entered the bank and tried to cash a \$2,135 fraudulent check. She fled the scene on foot upon officers' arrival and was not located during an area search. The driver was detained but claimed no knowledge of the female suspect's intention. The female suspect had also failed to cash a fraudulent check at another bank location earlier in the day.

Saturday, September 26:

Shortly after 2:30 a.m., a witness advised that he was following a possible DUI driver. Officers located the speeding vehicle swerving between lanes, and a traffic stop was made at Santa Anita and Newman. A 48-year-old male Caucasian driver was taken into custody for operating a vehicle while under the influence of an alcoholic beverage.

A female suspect was detained by Macy's loss prevention personnel around 3:00 p.m. for theft. The woman took merchandise into fitting rooms, on two separate occasions, where she removed sensor tags with pliers that she had brought with her. She then placed the property in her purse and a plastic bag. Additional stolen property from Sports Chalet was also recovered. A private person's arrest was made, and a 41-year-old Asian was taken into custody for commercial burglary and possession of burglary tool.

A Weekly Spotlight on Sierra Madre Volunteers

Nancy Walsh Life Enthusiast

From Texas cattle ranches to the glitter of Hollywood, Calif. From cowboy boots to tap shoes. That's a mirror of Nancy Walsh's early life.

She admits to having eclectic interests as an adult and is constantly seeking the next rainbow. She says her passion is education and learning, and that includes the real love of traveling.

That last "love" almost got Nancy in trouble. Last Thanksgiving Nancy was on a trip to Mumbai, staying at the Trident Hotel, when a terrorist attack turned her hotel into a war zone. She was located on one of the top floors so she was spared immediate danger, she says. Of the 35 people killed in the attack at the hotel three were Americans. That's the same year she was in Cambodia, Egypt (she sailed the Nile), and Dubai as well as Mumbai.

Nonplussed after the harrowing experience, the Sierra Madrean continued her trip.

What is she doing on Thanksgiving this year? She plans to stay home and observe the holiday quietly.

This smart, talented woman was born in Lubbock, Texas, and traveled with her family to Hollywood, California, when she was 9 years old. She attended Immaculate Heart High School and obtained a degree in sociology at CalState L.A.

Her advanced training in management served her well as Chief Executive Officer of the Los Angeles Coastal Outpatient Clinic.

Nancy was a stay-at-home mom until 1973 when she and her two daughters moved to Sierra Madre. She lauds this small community as a perfect fit for a family. Her children attended St. Rita School, and now her three granddaughters have followed the trend.

Nancy is long on volunteerism since her retirement in 2002. She is chair of the Sierra Madre Senior Services Commission, is a

volunteer at the Autrey Museum, on the Board of the Egyptology Group (supports a dig in the Sudan). Nancy is a volunteer at the Pasadena Senior Center, at the Fowler Museum at UCLA, and is a member of Sierra Madre Civic Club. Nancy led the Senior Master Plan Committee two years ago.

The Sierra Madrean says her passion is "life-long learning" and this is one of the reasons she enjoys traveling. She has also been a member of the "Tap Chicks," a tap dancing



group of Pasadena seniors, and has started to take ballroom dancing at the Rose City Ballroom.

Nancy has taken writing classes, archeology and sociology classes, and sings with a group featuring Broadway and jazz tunes. And she admits to haunting every museum in her path.

Yes, she is an explorer seeking to enrich her full life even more.

Salute Nancy Walsh, mother of two, grandmother of three, and avid life enthusiast.

Twilight Open House

5:00p.m. to 8:00p.m.

October 2, 2009



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PUSD ANNOUNCES TEACHER OF THE YEAR: LAUREEN NADHIRA-NAYO OF NORMA COOMBS ALTERNATIVE SCHOOL

Pasadena, CA – The Pasadena Unified School District (PUSD) announced the selection of Laureen Nadhira-Nayo as the District Teacher of the Year. Ms. Nadhira-Nayo was honored as an “ambassador for education” by County Superintendent Darline Robles and the Los Angeles County Board of Education at the annual awards ceremony sponsored by the County Office of Education.

“I congratulate Ms. Nadirah-Nayo for receiving this well-deserved award,” said Vanessa Watkins, Principal of Nor-

ma Coombs Alternative School. “She is a born teacher with integrity who has an absolute love for teaching, learning and students.”

Ms. Nadirah-Nayo teaches seventh and eighth grade math and life science at Norma Coombs, and has been a teacher for 12 years. Aware that her students are in a difficult transitional time in their lives, she strives to make her classroom a safe and engaging learning environment, where making mistakes and asking questions will not result in social or academic “death.”

Ms. Nadhira-Nayo was nominated by her colleagues at various schools, and selected to represent PUSD in the Los Angeles County Teachers of the Year program. She was one of only 66 teachers county-wide to receive this honor.

The Teachers of the Year Program is the nation's oldest and most prestigious recognition program to focus public attention on excellence in teaching. The California Teachers of the Year program, which began in 1972, is part of a national program sponsored by the Council of Chief State School Officers.

Local Children's Theatre Group Holds Auditions For Their Fall Production, ANNIE

Casting Children Ages 6-19

Pasadena, CA - Theatre 360 is casting for their fall main stage musical, Annie.

Auditions will be held October 10th from 1-5pm. You will need to be prepared to perform a song and a monologue. Performance dates: December 4th, 5th, 6th and 11th, 12th, 13th. Rehearsals begin October 14th. Call our office for more information and to set up an audition. (626) 577-5922.

This Tony Award winning musical fol-

lows the story of Annie, a spunky Depression-era orphan determined to find her parents, who abandoned her years ago on the doorstep of a New York City Orphanage run by the cruel, embittered Miss Hannigan. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations, befriends President Franklin Delano Roosevelt and finds a new family and home in billionaire Oliver Warbucks, his personal

secretary Grace Farrell and a lovable mutt named Sandy.

To be eligible to audition you must be between the ages of 6-19 and enrolled in a class. For more info call (626) 577-5922 or visit our website at www.theatre360.org.

Theatre 360 is an award winning children's theatre company and school that offers professional theatre and theatre education to children of all ages.

Local graduates enroll at Colgate University

Savannah L. Brown, of Pasadena, CA, daughter of Mr. Truman T. Brown and Ms. Madrid V. Jacobs-Brown, is among the 750 students who entered Colgate University with the Class of 2013 in late August. The class, selected from an applicant pool of 7,800 students, is one of the most academically gifted and diverse to enroll at Colgate.

Brown is a graduate of Blair High School.

Allison L. Latta, of Pasadena, CA, daughter of Mr. John A. Latta and Mrs. Lori T. Latta, is among the 750 students who entered Colgate University with the Class of 2013

in late August. The class, selected from an applicant pool of 7,800 students, is one of the most academically gifted and diverse to enroll at Colgate.

Latta is a graduate of Polytechnic School.

Molly H. Maddock, of Pasadena, CA, daughter of Mr. Drew H. Maddock and Ms. Marilyn S. Okano, is among the 750 students who entered Colgate University with the Class of 2013 in late August. The class, selected from an applicant pool of 7,800 students, is one of the most academically gifted and diverse to enroll at Colgate.

Maddock is a graduate of Harvard-Westlake School.

Colgate, a highly selective, four-year private liberal arts college, enrolls some 2,800 undergraduate students from 49 states and 35 nations. The university offers 51 majors, and all students take courses through the Liberal Arts Core Curriculum. Students also have the opportunity to participate in more than 20 off-campus study programs, both international and domestic.

Reading Between the Lines

Personally, I feel that U.S. History might be one of the most controversial and questionable subjects taught in school. Recently, I watched an educational video in class that explained the things I've heard time and time again since the 1st grade: Columbus discovered the United States in 1492, the Pilgrims landed on Plymouth Rock, they made friends with the Indians, and everything ended happily ever after. No surprise there. These are the “facts” embedded in almost every American child who attends school. But is it the truth?

None of us will really ever know. Why? Because no one telling you how this country was created was actually there. All we have to go by is what our founders and ancestors left us: documents, laws, art, literature, ect.

I think that it is extremely important to do your own independent research concerning U.S. History, because it has been said that class textbooks aren't exactly accurate. Information tends to be, for lack of a better word, “sugar-coated”. For an example, I watched an educational vid-

eo in class about America's early beginnings. It addressed slavery and explained very clearly that the only reason America went to Africa for slaves was because they didn't have the knowledge or technology to make the trip themselves. I found that to be an incredibly inaccurate statement. Hieroglyphics can be found up and down the east coast of South America and is dated hundreds of years before Columbus “discovered” America. They had to have had some sort of nautical sense because Brazil is nowhere near Egypt. In fact, African influences can be found all over the world. The bottom-line is, the schools will tell you what they want you to know, even it means leaving out very important facts that may even contradict their ideas.

I encourage everyone to do there own research about where they came from, and how they got here. It is important for everyone to know their own heritage and legacy and culture. Information about yourself isn't handed to you; it is your responsibility to find out for yourself.

Trish's Truth

By Trisha Collins

Nutrition, Health & Walk to School Week

PUSD Network for a Healthy California invites you to join us as we celebrate “National Walk to School / Nutrition & Health Week”

Date: October 5th - October 9th 2009

Walking is from 7:00am-8:30am

**Oct. 5th — Jackson Elementary
Oct. 6th — Washington Elementary
Oct. 7th — Loma Alta Elementary
Oct. 8th — Madison Elementary
Oct. 9th — Willard Elementary**

•This event will impact over 3,800 children and their parents as we increase awareness of the importance of regular physical activity for children, improved pedestrian safety and increase healthier eating habits for a better tomorrow in our community.

For more information contact

Adriana Sanchez: 626-798-2458

Giveaways

Coloring books, stickers and lots more!

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MARKET

Wear comfortable shoes!!

Community Partnerships that will be participating :Pasadena City Council, Pasadena Police Department, Pasadena Fire Department, Los Angeles County Fire Department, Pasadena Health Department, City of Pasadena Public Works, Families In Transition, Foothill Unity Center, Huntington Hospital, Armory Center for the Arts and much more.

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SCHOOL DIRECTORY

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(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007
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Kindergarten - 8th grade
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Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
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E-mail address: jml@bcsllions.org

Carden of the Foothills School

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626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

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(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
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Monrovia High School

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Odyssey Charter School

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Pasadena Unified School District

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St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
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Sierra Madre Middle School

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Weizmann Day School

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Wilson Middle School

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World Communion Sunday celebrates a new community without borders. The Gospel is for all people everywhere. Yet we live in a world with growing tensions between countries, cultures, and faiths. The rise of fundamentalism in all three monotheistic faiths appears to create more tension than tolerance. Is there a way to hold convictions deeply and yet not succumb to a toxic faith that leads to intolerance of others? Join a community that celebrates a new kind of humanity.

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10:30 am Adult Spiritual Formation

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Mountain Views News Mission Statement
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL Hamilton



The Green Revolution Not green enough

Norman Borlaug saved a billion lives from starvation. But decades later, his farming methods threaten the health and food supply of the planet. Sometimes I strongly disagree with others who write for this paper. I just don't usually say so in my editorials. Greg Wellborn's fond farewell to recently deceased Green Revolution founder and Nobel Prize Laureate Norman Borlaug is one instance when I must speak up. Borlaug once dismissed environmentalists critical of his Green Revolution as "elitist". He claimed they were ignorant of the real misery in developing nations because "They've never experienced the physical sensation of hunger." When I was in college I read two books that changed forever my view about the relationship between humankind and the environment. Rachel Carson's Silent Spring alerted me to the environmental and human dangers of indiscriminate use of pesticides, and the need for revolutionary changes in the laws affecting our air, land, and water. E.F. Schumacher's Small is Beautiful educated me in the common-sense economics upon which many recent trends in our society are founded. It has also provided the perfect antidote to the economics of globalization.

Criticism of the Green Revolution

Massive mono-cultures of crops are unnatural, they require vast amounts of land, and require large quantities of water, and fertilizer. Pests and weeds can develop a resistance to the pesticides used to grow Genetic Modified Organisms (GMO's), and can result in creation of super-pests which are far more difficult to control. There are also worries about cross pollination from GMO's to other plants in the environment that could result in invasive species. GMO's produce sterile seeds, and must be repurchased every year. The cost of industrial farming equipment is beyond the means of small farmers. Plus all this equipment requires burning fossil fuels, contributing to pollution, and global warming. By constantly replanting crops without restoring soil health means that more fertilizer is required to replenish nitrates. The use of petrochemical fertilizers

requires fossil fuels, and is patently unsustainable. [Mono-culture] Contributes to food scarcity as staple food crops are being replaced by cash crops to be exported. No attention paid to the suitability of what can be grown in a given area. The proponents of the Green Revolution give examples of how much better off farmers can be in developing countries by utilizing new ways of farming, especially with economic globalization and free trade agreements. However, what is often not mentioned is the higher costs associated with using these new practices. The poorest in developing countries cannot afford to buy expensive machinery, chemical fertilizers and pesticides, nor can they afford to annually purchase genetically modified seeds that are programmed to generate sterile offspring. As a result, poor countries mortgage their future by borrowing from wealthy developed nations. So the net effect of the Green Revolution is that the poorest and most disadvantaged groups are still unable to provide for themselves due to a system that is flawed by design. Hunger is increasing as people are forced to grow crops for export to a volatile market place that determines what they should produce. Greater quantities of land are becoming under the control of the wealthy few, who can afford to hire laborers at menial wages. The small farmer is basically being driven to extinction under the great mechanized wheel of the Green Revolution. But there is another more pressing reason for turning away from the Green Revolution. Among farmers in developing countries there has been an alarming rise of cancer, along with other ailments such as renal failure, stillborn babies, and birth defects that researchers attribute to the overuse, misuse, and long term exposure to pesticides and herbicides. In farming villages, pesticide containers are often reused as kitchen containers, and many farmers assume that applying more pesticides and herbicides is better, without understanding that the heavy use is gradually poisoning water supplies. All the while the rich get richer profiting from the suffering that they introduce to the lives of the poor. This is the tragic but true legacy of Norman Borlaug.



RICH Johnson Beatlemania 2009

The Beatle Edition of the video game "Rock Band" has just been released. This event, plus the remastering of all the Beatle CD's, have come at a good time because Sir Paul McCartney's nest egg might have perilously dipped below \$1 billion dollars due to that nasty divorce a few years ago. He probably could use the money. And I wouldn't be surprised if Ringo had to sell off a few rings to meet the rent.

For a die hard Beatle fan like me these are exciting times. The Beatles, single-handedly, inspired your humble columnist to become, not only an extremely gifted, clever, and funny writer, but also a squeaky-voiced guitarist/musician. My first big hero (not counting several television cowboys) was John Lennon. I was a mere 12 years

along when the Beatles invaded the colonies and my tender adolescent consciousness. Their combination of wonderful music and witty repartee set me down a road I have never strayed from. The only difference between John Lennon and myself, other than waist size and give or take a billion dollars, was that I avoided the mean-spirited and sarcastic humor for which he was best known.

The startling success of the Beatles has been analyzed for over 45 years. Many believe it was timing: The Moptops in late fall 1963 and early 1964 were quite possibly the perfect prescription for a society still reeling in the stunning death of our beloved President Kennedy.

Supporting this theory was the fact that only a few months earlier in April, 1963 Dick Clark played a Beatle song during his "Rate the Record" portion of the

American Bandstand TV program. "Bandstand" typically played new songs by artists providing valuable feedback to record companies. The kids on American Bandstand listened and rated the records giving them a score somewhere between a low of 35 up to a high of 98. The Beatle's rated a lackluster 73 when "She Loves You" was played. Kids said you couldn't dance to it. About that time an executive at Decca Records also rejected the Beatles cause guitar groups were on their way out (I wonder what he did for a living after that?)

And yet, less than a year later the Beatles dominated rock and roll. They racked up staggering statistics. In early April, 1964, the top 5 songs in Billboard's Top 10 were Beatles songs: "Can't Buy Me Love," "Twist and Shout," "She Loves You," "I Wanna Hold Your Hand." And "Please, Please, Me." In fact, "Can't Buy Me

At the conclusion of the movie there was some applause but it was tepid. As we left the theatre we overheard conversations debating whether or not the film portrayed the Catholic Church too kindly or described the ideals of our laws and Constitution in a deceitful manner. My daughter and I, both attorneys, have been taught and do not doubt that the ultimate purpose of law is to protect property rights and maintain the status quo. That's just the way it works as the laws are written by those in power to protect their own economic interests and they are as greedy as the rest of us and probably even greedier. The weakness of the movies as we saw it is that it gave no direction for action. Yes we are now very aware of the disparities in present-day America. Rapidly, we are on our way to assuming the profile of a third world country---a very small elite which runs the county possessing almost all of the wealth and everybody else with no in-between middle class.

Yes most of us are now angry! For those of us who are not angry what more will it take? Already we have seen our savings destroyed, jobs and pensions lost, infrastructure crumbling, medical costs rising, and the travesty in New Orleans of the failed recovery from the Katrina disaster. We have seen a past President encouraging all Americans to become homeowners helping to create a situation where people lost these homes and were pushed into the street. Meanwhile the financiers and derivative creators laughed all the way to the bank. Are you angry, yet? What more will it take?

Now, how do we direct this anger? A new President is in place and his party controls both Houses of Congress but little has been done to change the power structure in the country. So what kind of power do we have? Yes just like my story of last week we have Economic Power. This is capitalism and we are the

Love" sold 940,225 records the first day it was released which meant it entered the Billboard Top 10 at... number one!

The Beatles had 19 number one albums (Elvis had 10.) They had records at number one for a total of 132 weeks (Elvis had 67 weeks.)

Just to be fair, the Rolling Stones with 36 had more top ten albums than the Beatles at 31. Then again, the Beatles were together for 8 years and the Stones have been together for 47 years. Also Frank Sinatra had 32 top ten albums, Barbra Streisand had 29 and Elvis had 28. Finally, I need to thank George Martin, the Beatle's producer. Previously a producer of classical records his rich depth of music helped mold the Beatles into what they became. Hmmm, I wonder if he's still available. I gotta go (what's the calling code for London?)

customers—they need our money. Forty some years ago, when I did civil rights work in the South, it was organized economic boycotts which were effective in changing the power structure rather; than pleas for moral behavior and basic humanity. The time is now for us to direct our power and energies to an appropriate economic target that will bring about basic change. I propose that Americans direct their energies at our food suppliers. Great percentages of all of our incomes are being used to buy food that is poisoning us. Especially the poor spend what few dollars they have on calorie rich fatty and processed food. We have been brainwashed to eat food that is not good for us. Why has this happened? Of course, it has happened because there is more money to be made selling us processed food than there is in encouraging the population to eat nourishing unprocessed foods. We do not need to be addicted to red meats. We do not need to celebrate holidays and reward ourselves with fatty sweet desserts that kill us. We do not need to numb ourselves with drugs and alcohol so that we're unaware that we are being exploited.

We must be the one to drive the car. If we can focus our energies as a kind of national protest-- demand housing, medical care, educational reform, penal reform, gun control, the cessation of continual pointless wars, and even the creation of political parties that actually stand for something. Let's get healthy for ourselves and America by applying economic pressure against these giant corporations that are poisoning us. If these corporations can only keep our business by using their own power to effect change that is more in the public interest then we can all work together for the common good. Rich people can stay rich- but not as rich- and we can all get healthier individually and as a nation. It's just a different kind of free banana!!

Letters To The Editor

MARY'S MARKET

Mary's Market is a wonderful place. A long time Sierra Madre institution. Great food, good deserts, needed supplies and a great owner. But it has it's difficulties and has had a number of owners over the years. A big problem is parking. There are many spots near it but during peak hours they are all taken by residents and canyon visitors. Therefore customers who come for a meal have no alternative but to find parking up to a half a mile away or simply abandon going there which many do. If we are to insure the new owner makes a go of it a big help by the city would be to designate a few parking spots just for Mary's Market. We all would like the market to thrive and continue and this would be a big help. So I call on our city government to think about this and help support one of our most cherished businesses.

J. Allen, Sierra Madre

CANYON ZONE COMMITTEE

A majority of the Sierra Madre City Council doesn't much care to hear anything from the over 2,000 fine folks living in the Sierra Madre canyon. The actions of the Council involving the Canyon Zone Committee leave me with no other plausible conclusion.

The Council choose the committee to recommend new municipal codes for the canyon and purposely excluded every applicant with any municipal code experience or knowledge. 3 of the 5 committee members appointed are long time friends and very similar ideologically.

The committee chairman is a extremely abrasive person and shapes the agenda, purposely further repelling public involvement in the canyon zone new municipal code recommendation process.

The Council filled a vacancy on the committee by appointing another person devoid of municipal code experience or knowledge with his sole qualification being that he is a friend of the committee chairman and the appointee had 2 weeks earlier lied face to face to the Council about being a canyon resident, truth is the appointee doesn't even reside in the City of Sierra Madre.

The Council imposes a 2 year construction moratorium on the canyon at the request of the committee.

The upper canyon is being completely ignored by the committee and the Council included no one from the upper canyon on the committee.

An inclusive posture by the Council is not evident, but overwhelming displays of exclusion are. No other zone in Sierra Madre is treated with such disdain. It is to the detriment of all the canyon residents that the above is deemed acceptable representation and treatment.

I pray to be guided to some other explanation,

Tim Hayden, Sierra Madre

Editors Note:

In my opinion, the council did the right thing when it imposed a moratorium on new development until standards could be established. In a recent column, I spoke of the tragic fire in the Oakland Hills. One of the causes of so many deaths was the fact that homeowners were allowed to build without guidelines in the area which was almost identical to the Sierra Madre Canyon. Rules need to be established and enforced to prevent an untenable situation should a natural disaster occur.
S. Henderson

STUART Tolchin On...LIFE WE HAVE THE POWER!



Get Healthy For America!

Last week I wrote about my anger connected to the news of the possible desecration of the graves of my father and grandmother. Allegedly, in order to make more money, the owners of the cemetery had broken into graves and moved bodies in order to make room for more graves. In the process body parts of different individuals were mixed together and some body parts, like skulls were simply discarded. I visited the cemetery and was told by the operators of the place that they doubted that any such violation had taken place in the cemetery here in Mission Hills—no not here in Los Angeles County. I was told that similar allegations had been made about a cemetery in Florida which resulted in the imprisonment of the operator of the cemetery and a civil settlement of one hundred million dollars (\$100,000,000.00) paid to the families of the deceased. Oh, by the way, that cemetery is owned by the same corporation that owns and operates the cemetery in which my parents are buried.

The actual point of the story last week was that I was angry and didn't know what to do with the anger. The next morning, still angry, I ordered oatmeal at a neighborhood restaurant that I have visited at least a hundred times. This time I was outraged to learn the cost of an addition of fruit to my oatmeal and complained to the waiter. Not wanting to lose a frequent customer someone at the restaurant decided it was wise to offer me a free banana. After thinking about this for about a week I realized that the

challenge to me was not to be controlled by anger but rather to use the energy generated by the anger in an appropriate way. As my wise friend Henry explained, "It's better to drive the car then be driven by it". Maybe if I can gain some perspective upon my behavior the end effect of all my efforts will be something more substantial than a banana.

Now it's a week later and I'm even angrier. Last night my wife, daughter, and I went to the giant Arc-light Cinerama dome and viewed the Michael Moore documentary entitled "Capitalism – A Love Story". There was something bizarre about seeing this movie in a luxurious theatre, sitting in expensive reserved seats, and watching a movie attacking America's possessor's of great wealth. The movie is startling as it portrays the evils associated with corporations single-mindedly pursuing great wealth and the heart-breaking destruction of the lives of individual employees discharged by these companies.

The movie repeatedly emphasizes that the top 1% on the economic ladder earns about 90% of the wealth. If you picture wealth as a large pie cut into 10 pieces and divided between 100 people imagine one person getting nine pieces of pie while the other 99 people fight over the crumbs associated with the one remaining piece. That's America today and nothing seems to be done by those in political power to change this distribution. The movie reveals that the largest personal contributor to our newly elected supposedly progressive President is the stock brokerage firm of Goldman Sachs. (Is the name really coincidentally this close to GOLD SACKS) Furthermore, it is the ex-employees of this company that are running the nation's economy.

HOWARD Hays As I See It



Bill Maher referred to as “the 70% of Americans who aren’t crazy”. I’d heard about them, seen them on TV and You Tube, and now here, right in front of the Post Office, were real-live members of the Obama-as-Hitler crowd.

They’d already made an impression on the customers waiting in line with me inside. One woman said she was going to call the police. Another mentioned “socialized medicine”. A fellow explained that in the European countries where he’d lived the health facilities were private, though non-profit. I mentioned that rather than having to take my parcel to FedEx or UPS, I was glad to have the “public option” here at the Post Office. At least the pamphleteers outside served as an ice-breaker for those of us inside.

I thought of ignoring them, but couldn’t resist. I got my camera and something to write on, then asked if they’d care to be interviewed for my column in the local paper. A fellow named DeLante (sp?) told me it was “against the law” for me to have started taking notes before I’d asked for the interview (this led me to take further notes to make sure I got the quote right). No interview granted, and no comment in response to “Why the Hitler moustache on the president?” Maybe I’d gotten off on the wrong foot. On the way in, seeing they were with the Lyndon LaRouche organization, I asked, “Isn’t he the guy who’s been claiming Queen Elizabeth II is behind the international drug trade?”

Back in the day when I was involved with sidewalk pamphleteering and demonstrations, if someone approached with camera and notepad, we’d be tripping over each other to sound off on whatever issue had brought us there. If we figured the interviewer was predisposed against us, so much the better. On this day, DeLante whipped out his camera-phone and said he’d be videotaping me until I left. I wasn’t to take any brochures; if I wanted information, I could go to the website. Curious pedestrians approached, and DeLante’s partner Scot took them out of my earshot (sort of) as he equated Obama’s healthcare plan with war crimes prosecuted at Nuremberg, and characterized the 18th century free market theories of Adam Smith as “Satanic”. (Whenever someone interjects the term “Satanic” into the conversation, my usual response is to maintain eye contact, back away slowly, and avoid making any sudden moves.) I tried a different approach, and got Scot and DeLante to open up a bit as we found areas of agreement; we shared concerns about Wall Street’s influence over Congress and the effects of consolidated media. After this, though, I still couldn’t get an answer to “What’s with Obama and Hitler?”, still wasn’t offered a brochure and still told to “go to the website”. Right wing-nuts who’ve embraced the Obama-Hitler connection would be disappointed to learn that LaRouche himself apparently supports single-payer. They may not be aware of his background as a Marxist, U.S. Labor Party founder and advocate of a “new world order” who served five years on mail fraud and conspiracy charges. I went to

the website, and learned that Britain was behind World War I and the Japanese attack on Pearl Harbor. Britain put Adolf Hitler in power and had him incorporate the British genocidal health care program into his Nazi regime. Currently, the British Royal Family, Prince Philip and his son, Prince Charles, in particular, seeks to impose this genocide/euthanasia system on the United States while President Obama goes insane, where “... millions are, with the stroke of a pen, consigned to death.” Got it?

While I was there with Scot and DeLante, most passerby seemed to take a quick glance, hold their nose and hurry past. Some offered nervous comments; “I don’t know about this Hitler thing”, or “I’m a Republican, but I don’t want to go there.” Others, however, took the brochures and listened to the spiel with the nonchalance of one gathering information on an upcoming rummage sale. A group of kids in goth-lite listened and nodded as if they were learning something. A lady opened her purse to offer a donation. An elderly man took a quick glance at the Obama-as-Hitler poster and impatiently asked, “Where do I sign?”.

Our own congressman, David Dreier, declined to admonish Rep. Joe Wilson (R - SC) for his “You lie!” outburst and to remind him that our representatives are expected to act like grown-ups. Rep. Trent Franks (R - AZ) called the president “an enemy of humanity”. People have openly carried guns to congressional “town hall”

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meetings and at least one presidential appearance. Rep. Michelle Bachmann (R - Minn) drew a connection between census data and internment camps, and a part-time census worker was found stripped and hanged in Kentucky with the word “FED” scrawled on his chest. Facebook recently took down a page featuring an online poll with the simple question, “Should Obama be killed?” (currently under investigation by the Secret Service).

I find actions such as defacing portraits of our president and burning our flag to be deeply offensive, but not as troubling as the prospect of a government panel determining what sort of “speech” is or isn’t protected. Some, however, tend to exploit our First Amendment rights more than others. I see not just a right, but a responsibility to make our voices heard, and not simply hold our noses and walk past whenever a Scot or a DeLante sets up a table in our community. This admonition is directed especially at those of us who consider ourselves among “the 70% of Americans who aren’t crazy”.

GREG Welborn

The Return of Conservative Foreign Policy



It looks like conservative foreign policy principles have been resurrected by world events which are demanding a more realistic policy prescription than the Obama administration has heretofore been willing to entertain. While still resisting a return to what he has called the “failed policies of the Bush administration,” President Obama seems to be realizing that some of those policies weren’t so bad after all.

What started this reassessment in earnest was Iran’s most recent public statement and admission. The President had just finished up his chairing of a Security Council session devoted to nonproliferation where the president had been very deliberate about not focusing any condemnation on North Korea or Iran. The hope was, as it has always been with this president and his key advisors, that making nice with rogue regimes and treating them as if we shared common ground would result in real compromise and some notable foreign policy successes. For his kindness, what President Obama received instead was a new

to the U.N. chimed in to complain that the U.S. is still a difficult negotiating partner. This right on the heels of the U.S.’s agreement to cancel the missile defense plan in Poland and the Czech Republic. Boy, with friends like this... The hope that real change is possible, which President Obama again championed in his U.N. address, may sound good to detached political elites sitting in Washington D.C., but it sure looks like reckless disregard for the reality on the ground to political leaders in Warsaw or Jerusalem. Their territories will be the front lines in any Iranian nuclear deployment. While the Obama administration may still be scratching its collective head over why the overtures, understanding and efforts to engage haven’t resulted in a kinder, gentler response from the playground bullies of the world, it doesn’t come as a surprise at all to conservatives.

Conservatives generally take the view that how foreign leaders treat their own people is pretty predictive of how they will treat their neighbors. Governments which deny their people basic human rights, corrupt elections beyond any reasonable recognition of fairness, suppress their political adversaries and torture their prisoners are not going to negotiate in good faith, abide by the commitments they do make or relinquish the territorial designs they have on their neighbors. Conservatism’s second principle is that these types of tyrants and despots only respect and recognize strength.

Conservatives don’t put any faith in “general frameworks”, negotiated peaces or “grand bargains” that aren’t backed up by the U.S.’s capability to enforce them and its willingness to deploy that enforcement capability. Conservatives have faith in American economic, political and moral power. All three are essential to affectively combat the rogues of the world.

Conservatives can rightly note that the only foreign dictator who “voluntarily” relinquished his nuclear program was Moamar Gadhafi, and that was only after he witnessed the swift deposing of his neighbor, Saddam Hussein, by the U.S. Conservatives also note, to the great consternation of liberals and this administration in particular, that democracy is often times instituted by force. How else to explain Germany, Japan, the Philippines, the Balkans and now Iraq? None of these countries’ citizens enjoy the fruits of democracy today for any other reason than the willingness of the U.S. to force back their tyrants. It may all sound way to simplistic to the elite liberal mind, trained at Harvard, Yale, Stanford or other bastions of academia, but in the real world there needs to be a recognition that human nature hasn’t changed that much over the millennia. Of course, you don’t need to be a historical scholar to know that. Human nature hasn’t changed all that much since all of us first became aware of it in the kindergarten sandbox. There are bullies, and there are those who stand up to them. There are perpetrators, and there are victims. Just as the sandbox needed a referee (the teacher) who exerted his or her power to enforce the rules, the world needs a superpower or two committed to protect and preserve the civilization and freedoms we take for granted and that so many in the world long to enjoy. It looks like the Obama administration may be pulling its head out of their little sandbox and seeing the world as it truly is.

Gregory J. Welborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at g.welborn@mtnviewsnews.com.

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City of Sierra Madre
Public Hearing Notice

To: General Public
From: The City of Sierra Madre
Subject: Citizens Options for Policing Services grant

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to discuss proposed Citizens Option for Public Safety grant expenditures of \$100,000 for the Police Department.

DATE AND TIME OF HEARING	PLACE OF HEARING
City of Sierra Madre	City of Sierra Madre
City Council meeting	City Council Chambers
Tuesday, October 13, 2009	232 W. Sierra Madre Blvd.
(Meeting begins at 6:30 p.m.)	Sierra Madre, CA.91024

All interested persons may attend this meeting and the City Council will hear them with respect thereto.
For further information on this subject, please contact the Police Department at (626) 355-1414.

By Order of the Police Department - Marilyn Diaz, Chief of Police

STARTING A NEW BUSINESS ?

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Doing Business As,
Fictitious Business Name Filing

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LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20091204986
 The following person(s) is (are) doing business as: **STEVE'S, IN FOCUS PHOTO LAB & PORTRAIT STUDIO**, 3701 S. HUNTINGTON DRIVE, PASADENA, CA 91107. Full name of registrant(s) is (are) **STEVEN C. MONEZ**, 1573 GETTYSVUE WAY, PRESCOTT, ARIZONA 86301. This Business is conducted by: **AN INDIVIDUAL. Signed: STEVEN C. MONEZ, OWNER.** This statement was filed with the County Clerk of Los Angeles County on **09/11/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/12, 09/19, 09/26, 10/03/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20091204988
 The following person(s) is (are) doing business as: **DIVA PRINCIPLE 12833 SIMMS AVENUE, HAWTHORNE, CA. 90250.** Full name of registrant(s) is (are) **CALFALIE 3678 WRIGHTWOOD DRIVE, STUDIO CITY, CA. 91604** . This Business is conducted by: **AN INDIVIDUAL. Signed: A. CALFALIE.** This statement was filed with the County Clerk of Los Angeles County on **08/06/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/12, 09/19, 09/26, 10/03/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20091306846
 The following person(s) is (are) doing business as: **BLUE SKY TUTORING 78 S. HERMOSA AVENUE, SIERRA MADRE, CA. 91024** Full name of registrant(s) is (are) **SALLY ANNE MORRISON, 78 S. HERMOSA AVENUE, SIERRA MADRE, CA. 91024**. This Business is conducted by: **AN INDIVIDUAL. Signed: SALLY MORRISON, OWNER.** This statement was filed with the County Clerk of Los Angeles County on **08/25/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/12, 09/19, 09/26, 10/03/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 20091312419
 The following person(s) is (are) doing business as: **SIERRA MADRE BOOKS, 52 W. SIERRA MADRE BLVD., SIERRA MADRE, CA. 91024.** Full name of registrant(s) is (are) **SALLY ANNE MORRISON, 78 S. HERMOSA AVENUE, SIERRA MADRE, CA. 91024.** This Business is conducted by: **AN INDIVIDUAL. Signed: SALLY MORRISON, OWNER.** This statement was filed with the County Clerk of Los Angeles County on **08/25/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 05/08/07.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/12, 09/19, 09/26, 10/03/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1414458
 The following person(s) is (are) doing business as: **CALIFORNIA GUITAR ACADEMY, 6118 FLORENCE AVE #B, BELL GARDENS, CA 90201.** Full name of registrant(s) is (are) **DAVID MICHAEL BRUNNER, 501 E. SANTA ANITA #208, BURBANK, CA 91501.** This Business is conducted by: **AN INDIVIDUAL. Signed: DAVID MICHAEL BRUNNER.** This statement was filed with the County Clerk of Los Angeles County on 09/16/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 9/08/2009.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1420734
 The following person(s) is (are) doing business as: **SUSQUEZ SERVIZIO AND MEALS, 14049 DICKY ST. #5, WHITTIER, CA 90605.** Full name of registrant(s) is (are) **JOSE CISNEROS, 1224E. 17th ST.#B, LONG BEACH, CA 90813.** This Business is conducted by: **AN INDIVIDUAL. Signed: JOSE CISNEROS.** This statement was filed with the County Clerk of Los Angeles County on 09/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1399689
 The following person(s) is (are) doing business as: **COOL EARTH DRY CLEANERS, COOL EARTH CLEANERS, 1790 W. GARVEY AVE. #C, MONTEREY PARK, CA 91754.** Full name of registrant(s) is (are) **STEVEN WOODS, MIKE WOODS, 15 POPPY GLEN, AZUSA, CA 91702.** This Business is conducted by: **AN INDIVIDUAL. Signed: STEVEN WOODS.** This statement was filed with the County Clerk of Los Angeles County on 09/14/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1414380
 The following person(s) is (are) doing business as: **CUSTOM WOODWORKING DISPLAY'S, WWW.CWDISPLAYS.COM, 5802 SOTO ST., HUNTINGTON PARK, CA 90255.** Full name of registrant(s) is (are) **FELIX HERRERA REZA, 4637 BROMPTON AVE, BERNI, CA 90201.** Full name of registrant(s) is (are) **EDGAR HERRERA, 8436 BEACHWOOD, SOUTH GATE, CA 90280.** This Business is conducted by: **A GENERAL PARTNERSHIP. Signed: FELIX HERRERA REZA.** This statement was filed with the County Clerk of Los Angeles County on 09/16/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on MAY 5, 1998.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1407917
 The following person(s) is (are) doing business as: **DG'S CONSTRUCTION CONSULTING, 539 E. BIXBY RD. #163, LONG BEACH, CA 90807.** Full name of registrant(s) is (are) **DANIEL GARCIA, 539 E. BIXBY RD. #163, LONG BEACH, CA 90807.** This Business is conducted by: **AN INDIVIDUAL. Signed: DANIEL GARCIA.** This statement was filed with the County Clerk of Los Angeles County on 09/15/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires

five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1415333
 The following person(s) is (are) doing business as: **E-IMMIGRATION.COM; MOHAMMAD ARIF ASSOCIATE.; iUSIMMIGRATION.COM, 11520 JEFFERSON BLVD. #201, CULVER CITY, CA 90230.** Full name of registrant(s) is (are) **MARVIN RINGLING.** This Business is conducted by: **AN INDIVIDUAL. Signed: MARVIN RINGLING.** This statement was filed with the County Clerk of Los Angeles County on 09/16/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1414972
 The following person(s) is (are) doing business as: **HANGSUNG BUI, HANGSUNG GARDEN, 1925 W. OLYMPIC BLVD., L.A., CA 90006.** Full name of registrant(s) is (are) **CHOICE 100 REALTY, INC., 4311 WILSHIRE BLVD, STE. 100, L.A., CA 90010.** This Business is conducted by: **A CORPORATION. Signed: BYUNG-SUH CHIN.** This statement was filed with the County Clerk of Los Angeles County on 09/16/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1421440
 The following person(s) is (are) doing business as: **INNOVATIVE HANDLINGSYSTEMS IN, 4720 10 AVE. #6, L.A., CA 90043.** Full name of registrant(s) is (are) **RAUL TORRES, 4720 10th AVE. #6, L.A., CA 90043.** This Business is conducted by: **AN INDIVIDUAL. Signed: D'ANTENEC JACKSON.** This statement was filed with the County Clerk of Los Angeles County on 09/17/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-141485
 The following person(s) is (are) doing business as: **LOUD AND CLEAR CELLULAR, 504 S. ATLANTIC BLVD., L.A., CA 90022.** Full name of registrant(s) is (are) **RAUL TORRES, 4546 E. 56th ST., MAYWOOD, CA 90270.** Full name of registrant(s) is (are) **MELISSA MAYWOOD, 4546 E. 56th ST., MAYWOOD, CA 90270.** This Business is conducted by: **CO-PARTNERS. Signed: RAUL TORRES.** This statement was filed with the County Clerk of Los Angeles County on 09/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1406070
 The following person(s) is (are) doing business as: **M.S.D. TRANSPORT, 1332 E. 45th ST., L.A., CA 90011.** Full name of registrant(s) is (are) **EULOGIA MARIN CARDENAS, 1332 E. 45th ST., L.A., CA 90011.** This Business is conducted by: **AN INDIVIDUAL. Signed: EULOGIA MARIN CARDENAS.** This statement was filed with the County Clerk of Los Angeles County on 09/15/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 9/11/09.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1406080
 The following person(s) is (are) doing business as: **NEFFERTARY CLEANING SYSTEMS, 1025 HELLMAN ST., LONG BEACH, CA 90813.** Full name of registrant(s) is (are) **EDUARDO VILLEGAS, 1025 HELLMAN ST., LONG BEACH, CA 90813.** This Business is conducted by: **AN INDIVIDUAL. Signed: EDUARDO VILLEGAS.** This statement was filed with the County Clerk of Los Angeles County on 09/15/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1413475
 The following person(s) is (are) doing business as: **ROADSTAR KING TRANSPORT, 11903 GARD AVE., WOODLAND, CA 90606.** Full name of registrant(s) is (are) **JOHNNY SILVA, 16123 HALDADALE, GARDENA, CA 90247.** This Business is conducted by: **AN INDIVIDUAL. Signed: JOHNNY SILVA.** This statement was filed with the County Clerk of Los Angeles County on 09/16/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1394328
 The following person(s) is (are) doing business as: **VALLEY FINANCIAL MANAGEMENT, 15808 SINGING WOOD RD., LA PUENTE, CA 91744.** Full name of registrant(s) is (are) **ANA M. VALLES-CHOU, 15808 SINGING WOOD RD., LA PUENTE, CA 91744.** This Business is conducted by: **AN INDIVIDUAL. Signed: ANA M. VALLES-CHOU.** This statement was filed with the County Clerk of Los Angeles County on 09/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1393022
 The following person(s) is (are) doing business as: **Z. TRIBE AND COMPANY, 10350 CARMENITA RD., WHITTIER, CA 90605.** Full name of registrant(s) is (are) **HAZG, INC., 10530 CARMENITA RD., WHITTIER, CA 90605.** This Business is conducted by: **A CORPORATION. Signed: ZIBA GRIGORIAN.** This statement was filed with the County Clerk of Los Angeles County on 09/11/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FILE NO. 2009-1414379
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
 The following person(s) has/have abandoned the use of the fictitious business name: **CUSTOM WOODWORKING DISPLAY'S, 5802 SOTO ST., HUNTINGTON PARK, CA 90255.** The fictitious business name referred to above was filed on 7/26/07, in the county of Los Angeles. The original file number of 2007A-1770918. The business was conducted by: **AN INDIVIDUAL.** This statement was filed with the County Clerk of Los Angeles on 09/16/2009. The business information in this statement is true and correct. (A registrant who declares as true information to transact business under the fictitious business name is a crime.) **SIGNED: FELIX HERRERA REZA/ OWNER.** Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FILE NO. 2009-1414973
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
 The following person(s) has/have abandoned the use of the fictitious business name: **HAN PANG, 1925 W. OLYMPIC BLVD., L.A., CA 90006.** The fictitious business name referred to above was filed on 8/26/2009, in the county of Los Angeles. The original file number of 2009-1315270. The business was conducted by: **A LIMITED LIABILITY COMPANY.** This statement was filed with the County Clerk of Los Angeles on 09/16/2009. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: BYUNG-SUH CHIN.** Publish: Mountain Views News Pub. 09/21, 09/28, 10/05, 10/12/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-19537
 The following person(s) is (are) doing business as: **ATHENA SPORTS OUTFITTER, 15933 LORCA RD., LA MIRADA, CA 90638.** Full name of registrant(s) is (are) **CHARLENE YVETTE SAMBRANO, 15933 LORCA RD., LA MIRADA, CA 90638.** This Business is conducted by: **AN INDIVIDUAL. Signed: CHARLENE YVETTE SAMBRANO.** This statement was filed with the County Clerk of Los Angeles County on 09/23/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1456007
 The following person(s) is (are) doing business as: **BENITEZ BARBERSHOP, 12616 ATLANTIC AVE., LYNWOOD, CA 90262.** Full name of registrant(s) is (are) **VICTOR BENITEZ, 12612 ATLANTIC AVE. #1, LYNWOOD, CA 90262.** This Business is conducted by: **AN INDIVIDUAL. Signed: VICTOR BENITEZ.** This statement was filed with the County Clerk of Los Angeles County on 09/24/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1442763
 The following person(s) is (are) doing business as: **BURGESS IMAGES, PEACAKES BRIGERY, 709 W. ATHENA BLVD., L.A., CA 90044.** Full name of registrant(s) is (are) **EDNA BRIGGS, 709 W. ATHENA BLVD., L.A., CA 90044.** This Business is conducted by: **AN INDIVIDUAL. Signed: EDNA BRIGGS.** This statement was filed with the County Clerk of Los Angeles County on 09/22/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 9/30/2004.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1456584
 The following person(s) is (are) doing business as: **DELTA TRADING; V M T TRADING, 931 E. PICO BLVD., STE. 410, L.A. CA 90021.** Full name of registrant(s) is (are) **VICTOR MANUEL TORRES, 36501 WINDSTREE CIR., PALMDALE, CA 93550.** This Business is conducted by: **AN INDIVIDUAL. Signed: VICTOR MANUEL TORRES.** This statement was filed with the County Clerk of Los Angeles County on 09/24/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1434740
 The following person(s) is (are) doing business as: **DOWNTOWN LA WALKING TOURS, 600 W. 9th ST. UNIT 603, L.A., CA 90015.** Full name of registrant(s) is (are) **DANNY TO 2815 SICHEL ST. #2, L.A., CA 90015.** This Business is conducted by: **AN INDIVIDUAL. Signed: NEEL SODHIA.** This statement was filed with the County Clerk of Los Angeles County on 09/21/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1434552
 The following person(s) is (are) doing business as: **FLEX CABLES, 2815 SICHEL ST. #2, L.A., CA 90031.** Full name of registrant(s) is (are) **DANNY TO 2815 SICHEL ST. #2, L.A., CA 90031.** This Business is conducted by: **AN INDIVIDUAL. Signed: GARY DEAN SLOAN.** This statement was filed with the County Clerk of Los Angeles County on 09/21/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Pub. 09/28, 10/05, 10/12, 10/19/2009

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1438509
 The following person(s) is (are) doing business as: **FLEX CABLES DOT COM, 2815 SICHEL ST. #2, L.A., CA 90015.** Full name of registrant(s) is (are) **DANNY TO 2815 SICHEL ST. #2, L.A., CA 90015.** This Business is conducted by: **AN INDIVIDUAL. Signed: DANNY TO.** This statement was filed with the County Clerk of Los Angeles County on 09/22/09. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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FILE NO. 2009-1414379

FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1434058
 The following person(s) is (are) doing business as: **JC SERVICES ASSOCIATES, 7007 WASHINGTON ST. STE. 100, WHITTIER, CA 90602.** Full name of registrant(s) is (are) **JUAN CARLOS ZAMORA, 3114 W. ASCOT PL., ANAHEIM, CA 92804.** This Business is conducted by: **AN INDIVIDUAL. Signed: JUAN CARLOS ZAMORA.** This statement was filed with the County Clerk of Los Angeles County on **09/21/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

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FICTITIOUS BUSINESS NAME STATEMENT
File No. 09-1457027
 The following person(s) is (are) doing business as: **LAI STUDY TO LEARN, 3940 S. HILL ST. STE. 2, L.A., CA 90037.** Full name of registrant(s) is (are) **IVES IYES LOUIS WARD, 3940 S. HILL ST. #2, L.A., CA 90037.** This Business is conducted by: **AN INDIVIDUAL. Signed: IYES LO**



TABLE FOR TWO

Counter Quest

By Peter Dills

Both Mike Bingley and I, are longtime Pasadena residents, and together we co-host a TV Show on Charter Cable Public access. He likes to take chances, as do I, so it was natural for us to decide on an approach of a high risk and high reward for our cable show. A type of show rarely heard of nowadays, but reminds viewers of the great era of unscripted, unedited (i.e., live TV). I feel the adrenaline rushing over me when I am on stage and challenged with the similar risks of being live. Since it's public access, we do have a distinct benefit, as we do not accept advertisers and thus are totally free to speak openly on any product, or restaurant.

There must be some inspired flame burning in our nature, or maybe it is the idea of a great conquest that captured two such adult men. The idea began rustling about four months ago. It was then we determined to discover the finest burger in Pasadena. It would be our quest. We started with the obvious list of breaded beauties: Pie N' Burger, Smitty's, The Hamlet, Crocodile Cafe and Houston's. I even think Burger Continental is amongst our lengthy list that now resembles the better-known scroll of St Nick.

The Counter Restaurant just opened September 28 in Pasadena. There's another in Studio City, as well as the more popular "Counter" in Santa Monica, with long lines there being testimony to its success. Ours is located at the former Old Indian Restaurant, Radhika's. I say location, because the layout is totally different. Guess what? There really isn't a 'Counter'. Mike suggested the bar was "The Counter", but I thought it looked like, yes ... a bar. We sat on the patio. Maybe the 'Patio' should have been the flag sailing with this ship.

We started off our meal with French Fried Yams, basically a Sweet Potato prepared similarly to a French Fry. Mike and I both thought these

were excellent. Cleverly, this is also accompanied by a house-made horseradish mayo and it lent a level of intelligence to our palates. The Counter gives you the option to build your own burger or choose from the menu. I went the frugal road and ordered from the list, from the old school and the loftily named, Signature Side of the menu. For (\$8.50) I pulled down an All-Natural ground beef burger, Tillamook Cheese warmly rippling the top, Lettuce, Onion, Pickle and a delightful Red Radish sauce. My fellow jouster ordered the Counter Burger, again All-Natural ground beef, Provolone, Lettuce, Tomato with sautéed Mushrooms and Sundried Tomatoes for (\$10.50); all items are a la carte.

Now, I went with the less daring approach, but at The Counter you can build your own burger. Check off what you'd like from the menu, step #1 all the way through step #4, this makes the burger a bit more expensive but you get it your way... Hmmm isn't that another burger's jingle?

All and all I give my first impression a solid thumbs up. The burgers aren't cheap, but this is South Lake. Alternative to the All-Natural everyday ground beef is a Turkey, Veggie or even a grilled burger. Shakes and desserts are available; didn't have room to try those, but next time. Service seems friendly and, considering the Counter just opened, our server Ryan seemed to be on point and very knowledgeable about the menu. Parking is in the attached structure and plan on about (\$30) for two people, bump that up to (\$40) if you decide on a beer. Casual dining. Check it out and let me know your thoughts.

The search continues!!!!

The Counter, 140 S. Shoppers Lane, Pasadena, (626) 440-1008, www.thecounterburger.com

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Looking Up

with Bob Eklund

First Solid Evidence For A Rocky Exoplanet

But it's "definitely not a place for life to develop."



A team of European Southern Observatory (ESO) astronomers has found a solid, rocky world orbiting a star about 500 light-years from Earth. This new world, named COROT-7b, is the smallest and fastest-orbiting exoplanet yet discovered, with a radius just 80 percent greater than the Earth's.

"This is science at its thrilling and amazing best," says Didier Queloz, leader of the team that made the observations. "We did everything we could to learn what the object discovered by the COROT satellite looks like and we found a unique system." COROT is an orbiting telescope, launched by the European Space Agency in December, 2006, designed specifically for conducting exoplanet searches.

The parent star, now known as COROT-7, is located in the direction of the constellation of Monoceros (the Unicorn), at a distance of about 500 light-years. Slightly smaller and cooler than our Sun, COROT-7 is also thought to be younger, with an age of about 1.5 billion years.

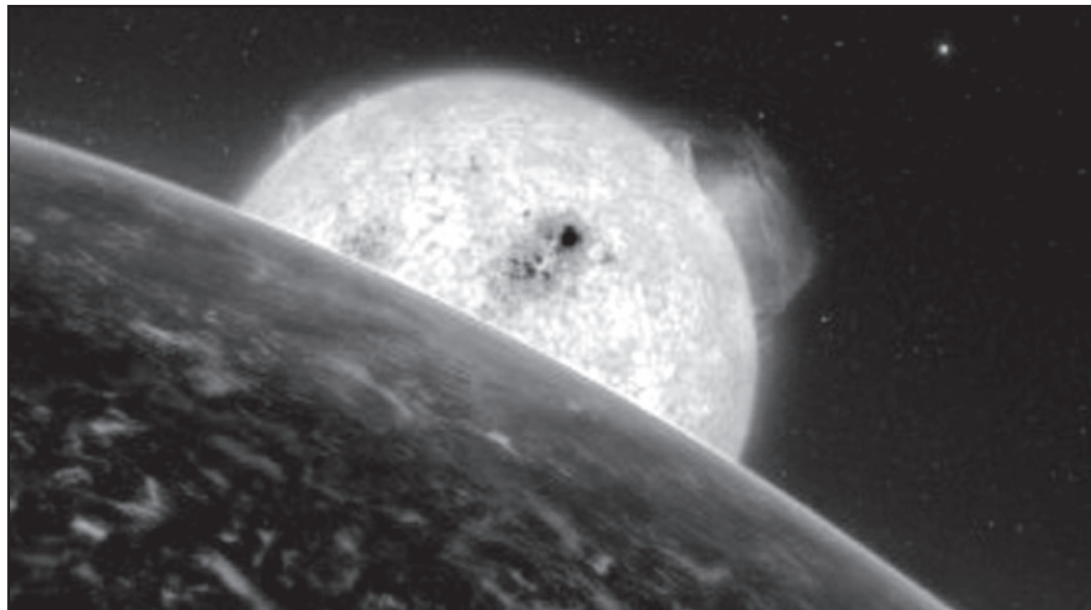
Every 20.4 hours, the planet eclipses a small fraction of the light of the star for a little over one hour by one part in 3,000. This planet is only 2.5 million kilometers away from its host star, or 23 times closer than Mercury is to the Sun.

The COROT telescope revealed a slight

dip in the star's light output each time the planet passed in front of it. This gave the astronomers a measurement of the planet's orbital period and diameter, but not of its mass. To determine the mass, they would need to make extremely precise measurements of the parent star's radial velocity (speed toward or away from the viewer), as it is pulled a tiny amount by the gravitational tug of the orbiting exoplanet. The problem with COROT-7b was that these tiny signals are blurred by stellar activity in the form of "starspots" (similar to sunspots on our Sun), which are cooler regions on the surface of the star. The observed changes in radial velocity are mainly caused by the rotation of the star, with makes one complete rotation in about 23 days.

To sort out the extremely slight changes in radial velocity caused by the planet's gravity, astronomers used an instrument especially designed for finding exoplanets, the High Accuracy Radial velocity Planet Searcher (HARPS) spectrograph attached to the ESO 3.6-meter telescope at the La Silla Observatory in Chile.

The HARPS measurements, continued over many nights, showed a periodic 20.4-hour signal in the data, produced by the orbiting planet. This figure led them to infer that COROT-7b has a mass of about five Earth masses, placing it in rare company as one of



the lightest exoplanets yet found.

COROT-7b earns another distinction as the closest known exoplanet to its host star, which also makes it the fastest-moving—it orbits its star at a speed of more than 750,000 kilometers per hour, more than seven times faster than the Earth's motion around the Sun. "In fact, COROT-7b is so close that the place may well look like Dante's Inferno, with a probable temperature on its 'day-face'

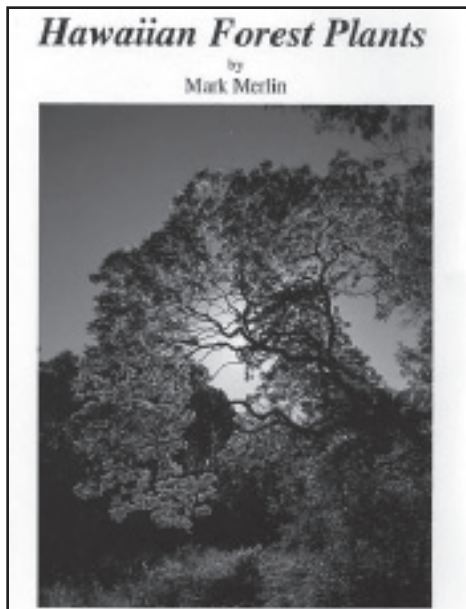
above 2,000 degrees and minus 200 degrees on its night face. Theoretical models suggest that the planet may have lava or boiling oceans on its surface. With such extreme conditions this planet is definitely not a place for life to develop," says Queloz.

Images and video are available on <http://www.eso.org/public/outreach/press-rel/pr-2009/pr-33-09.html>

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com

Flora of Hawaii

By Christopher Nyerges



My friend Nicole recently took a backpacking trip to Hawaii, and when she returned to California, she gave me a wonderful book on the plants of Hawaii. It was called "Hawaiian Forest Plants" by Mark Merlin. This is a beautifully illustrated slim book (80 pages) which shows the many common plants throughout the Hawaiian islands, and some of their uses.

Previously, the only book I'd carefully read about the flora of Hawaii was Euell Gibbons' "Beachcomber's Handbook," which focuses only on those most-common wild foods of Hawaii.

Whenever I thumb through a book of the plants on distant parts of the globe -- like "Hawaiian Forest Plants" -- I am impressed by how many plants are universal.

For example, prickly pear cactus can be found in Hawaii, and they can all be pretty much used the same way: once the spines and glochids have been removed, the ripe fruit can be eaten raw or processed into juices or other desserts. And the young green pads are good in a variety of cooked dishes. I would not have expected to see this cactus in Hawaii. Another common western tree, mesquite, can also be found in the Hawaiian islands as an introduced tree. The yellow pods of the mesquite have long been used by Southwestern American Indians as a nutritious food source, though they are reported in Merlin's book to be used only as animal feed in Hawaii.

A native plant called 'Ilima (Sida fallax) is found in the more arid areas of the islands, and mainlanders will recognize its relationship to the common Mallow plant, to which it is related. Though I was not able to determine if the Hawaiians used this

plant for food, the flowers were squeezed to produce a juice which was a gentle laxative for babies.

Both the guava and strawberry guava, natives to tropical America, are now found on the Hawaiian islands, and are both considered serious botanical pests. The fruits, of course, are edible to those who recognize this useful species.

A few varieties of passionvine can be found throughout Hawaii, none of which are native. They were brought to Hawaii for food and decoration, and at least 10 species of the approximately 430 species of Passiflora are now naturalized throughout the Hawaiian islands.

You can find thimbleberries in Hawaii (Rubus rosifolius), and it is not native either. The fruit of this plant can be found throughout much of the year in Hawaii. There are native Hawaiian raspberries called Akala, though these are considered somewhat rare.

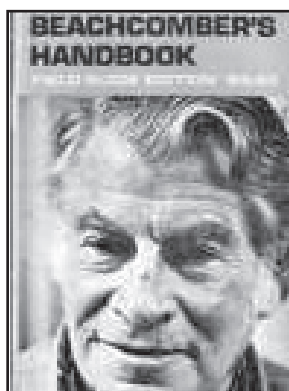
Eucalyptus trees, native to Australia, can also be found growing throughout Hawaii, originally planted as windbreaks. Of course, you can make an infusion from any of these leaves for coughs and sore throats.

You should also find common lamb's quarters (Chenopodium album) in Hawaii, as there are at least four Chenopodium species that are now widespread weeds in the Islands. Lamb's quarters are used like spinach in cooked dishes, but can also be eaten raw in salads.

If you travel to Hawaii, this book would be a good read while you're on the plane or boat. Even though there are plenty of native Hawaiian plants there to overwhelm you, there are still plenty of plants that will seem familiar to you.

And also consider reading Gibbons' "Beachcomber's Handbook," which covers all the plants we normally think of when we think of Hawaii: pineapple, coconut, breadfruit, bananas, and many others. Gibbons also tells us how he built his home and boats, how he cooked foods, and many other interesting tales.

[Nyerges is the author of "Guide to Wild Foods," and his latest book, "Self-Sufficient Home." He can be reached at www.ChristopherNyerges.com or at Box 41834, Eagle Rock, CA 90041]



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Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, First Star I See Tonight: an Exploration of Wonder, and am finishing a second book, Winds Aloft.

For writing samples and resume, see my web site: www.bobeklund.com.
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On Line

By PJ Carpenter

A Return To Privacy

How to un-ring a bell...that is the question.

The bell in this case is the hypothetical state of privacy that existed prior to the widespread use of the Internet as a given in everyday life and the ready availability of copious amounts of data about nearly everything and everyone under the sun. The ringing in this case is the current state of digital affairs characterized by the dizzying pace of technological progress and the very personal ways in which this progress touches upon nearly every facet of our lives. It seems that every age bracket or interest group capable of defining itself can find representation in some form or another on the Internet. Somebody ...somewhere...cares about the same things that you care about and wants to connect with you. That's not necessarily a bad thing since we humans are by our very natures social creatures. We live and express ourselves, our natures and our ideas most fully through interaction with others. The modern version of this interaction takes on a more decidedly digital nature to the degree that we share information about ourselves and our activities on and through digital media, specifically media shared in a public forum. In addition to this voluntary flow of information that we release about ourselves and our lives there exist adjacent flows of data about us that are often controlled by other people and entities. In some cases this data is far more detailed and descriptive than we might have imagined. Viewed and interpreted through the correct filters, a fairly detailed image of the observed subject begins to come into view. How this digital representation of ourselves is treated, what rights this digital self has (if any), and what recourse we have for any abuses our digital selves may have been subjected to has been and will continue to be weighed and debated for such time as it takes for the law to recognize that what happens to our digital selves often has very real repercussions for the physical person that exist in the here and now.

A few powerful factors have come to shape the way we experience life online. Most prominent among these is the reality of a truly interconnected digital planet. Where we can now get from nearly any physical Point A to nearly any physical Point B on the face of the Earth in a 12 - 24 hour time frame, we can now establish contact across that very same distance in the digital world in a matter of seconds. The ever-increasing speed, complexity and redundancy of these networks ensure a state of near-total connectivity. All of this hi-tech connectivity must be managed and coordinated and this job falls to the various Internet Service Providers that provide the access. These ISPs are in turn regulated by higher levels of bureaucracy that dictate policy concerning the data that flows through their collective infrastructures and the data stored on their servers. Another of these factors is economic in nature and consists of the implementation of advanced consumer marketing models that provide an online platform for a widely disparate range of goods and services that would be impossible to replicate in a single physical marketplace. This digital marketplace also provides merchants and other

business interests the opportunity to collect data about consumers of their services and their habits to a degree not possible until very recently. This data in its raw form is quite valuable and has birthed new areas of study concerning ways in which to extrapolate advance knowledge of consumer trends and predicting future behavior based upon past activity. This ability is worth nothing less than pure gold to whoever possesses it and can successfully transform the mountains of collected data into guaranteed sales. Data permanency, which assures that a lasting record of every transaction exists for future retrieval, aids in the analysis process and is cheaper than ever thanks to dramatic advances in storage technology. The 'permanent record' that some of us were threatened with as schoolchildren is now a reality.

Coupled with the relatively recent explosion of social networking technologies that provide users with a place to express themselves in a ways that used to be reserved for the most intimate of settings and even then only with a few trusted friends, we now have in place a data collection apparatus of unprecedented size and scope that encompasses us all in some form or another. What we don't have in place is a consistent and trusted way to control who has access to all of this data, especially when it pertains to us as individuals. In this highly digitized world there simply are no real mechanisms in place that protect the individuals right to privacy for his or her digital person. Any real reform in the area of user data privacy simply must take into account the fact that there are often very real consequences for what happens to our digital selves and as such these digital persons need to be accorded legal protections similar to those given to other non-human entities such as corporations.

The simple fact of the matter is that the direction of progress is always forward and that a bell can't be un-rung.

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SENIOR HAPPENINGS



The Senior Spot

By Bruce Lamarche

Get Ready To Become An 'Un-Consumer'



"These are times that try men's souls." (Women too!) Uncertain economic times can be scary. Investments of a lifetime lose value and bank interest rates on savings drop to near zero. Future increases of income are in serious question. What can a body do?

We are a consumer driven society. We spend a lot of money on bigger and better using the all-consuming principle of "more". I think of the times I went backpacking with all my needed possessions in a thirty-five pound pack and discovered that for 4 days . . . it was enough! So what is the difference between a simple existence with the beauty of nature to awe our senses and our cluttered lives filled with "stuff" that we move from spot to spot in a vain attempt to organize? What does "stuff" have to do with happiness and the real meaning of life?

Since we cannot control the actions of the economy, perhaps we should look to ourselves. Our spending habits and so-called necessary expenses are worthy of a close look in these times. This part we can do something about and perhaps with surprising results. With an effort to reduce our outgo and to simplify our "inventory" of possessions, life can be made less expensive and simple.

Do you have a written budget? If so do you stick to it? Getting out the checkbook and bank statements from the last six months and making lists of the items separated into categories can be revealing. What is really necessary? How do you manage your utility usages? Are you using efficient appliances? Utility companies provide credits for efficiency. Do you turn off lights in rooms not used? Are you heating or cooling rooms you never use? What areas of spending are new compared to two years? Were they really

necessary?

Look around the house and into closets and note things that you haven't used in a year. Why have you not utilized them? Perhaps listing them on Craig's List for sale or donated them to the Salvation Army would be appropriate? What needs to be put into the trash? How much "stuff" is really used, let alone important? What could you gift to family members? I find it interesting to discover something in my home that I have not seen in a long time. I wondered, if it had simply disappeared if I would even remember it. So who do I bother to keep it . . . and for what purpose?

As you get rid of unused items in the house, think the circumstances that had you purchasing them originally. The next time you are wondering the isles in the discount store and are tempted to buy something, think of what you just got rid of. Save your money.

Between the thinning process of possessions and careful control of unnecessary spending we can substantially reduce our expenses. This is just like getting an increase in income. Certainly the simplifying of life can allow for more appreciation of the simple things. So . . . who controls our life, the stuff we "manage", advertisers who want our money, or do we? Become an un-consumer and keep more of your money for the important things of life.

Gotaquestion? AskBrucebyphone-(626)335-3412 or e-mail: blamarche@verizon.net

This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors®, www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.LASeniorMortgage.com

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FINALS - TRIPLES TOURNAMENT Santa Anita Bowling Green Club



Left to right Marian Hauerwaas, Margi Rambo and Shuman Chan. Winners of the Santa Anita Bowling Green Triples tournament held on October 1st at the Arcadia County Park on Santa Anita Ave, in Arcadia. Photo: Gene Plunkett

Santa Anita Bowling Green Club held their first triples tournament of the 2009-2010 season on the 1st of October. It was held on a lovely early fall day. The temperatures were hovering around the mid 80 degrees, but twelve dedicated bowlers stuck it out for the two games scheduled in the Floy Torvid Memorial Tournament Series. Each month of the bowling season (September through June) there is some form of lawn bowling game held on the first Thursday of the month.

The Santa Anita Bowlers that participated were: Steve Dowd, Jean Dowd, John Gonzales, Houdini Ho, Jim Miller, Mattie Miller, Sandy Dalzell, Margi Rambo, Shuman Chan, Dick Ashmore and Bill Surace.

After the games were over the winners were glad to get their money and head for cooler places.

The first place team members were: Margi Ram-

bo, Shuman Chan and Marian Hauerwaas. They had two wins. The only team to have won both games. The other two places went to the teams that had one win and one loss, and their scores decided their placement over their opponents.

In second place was the trio of: Houdini Ho, Sandy Dalzell and Bill Surace. The third place money went to Dick Ashmore, Jim Miller and Jean Dowd. Rounding out the top four places was the team of Steve Dowd, John Gonzales, and Mattie Miller.

Lawn bowling is a low impact, light aerobic exercise suitable for men and women of all ages, as long as they can hold a three-pound bowl, walk about a half-mile and can take the sunshine and fresh air for about two hours per game. It's more mental than physical and the rules are the same for both men and women. It's fun. It gets you out of the house and you meet the nicest people on the greens.

If you would like more information please call Pat Chiechi at 626-287-8114 or Gene Plunkett at 626-351-5327 and get all the information on how you can get the free lessons and join in on the fun of lawn bowling. For the computer crowd, try www.lawnbowling-arcadia.com <http://www.lawnbowling-arcadia.com> and you'll get more information than you ever expected there. See ya on the greens.

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Wednesdays
3-7pm

Fresh vegetables and seasonal fruits from California family farms.

Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public parking on Mariposa.

FYI:

Where To Get A Flu Shot
Sierra Madre Woman's Club Flu Shot Clinic - Saturday & Sunday, October 3rd & 4th, 9 am to Noon. Cost is \$25. For more information please call 355-8586.

Mandarin Baptist Church in Alhambra - **FREE** Flu Shot Clinic on Monday, Sunday, October 4th—10:30 am to 12 noon - 210 N. Garfield Ave.

La Fetra Center in Glendora - **FREE** Flu Shot Clinic on Monday, October 5th - 9 am to 11:30am - 333 E. Foothill Blvd.

Duarte Senior Center - **FREE** Flu Shot Clinic on Tuesday, October 6th - 9:30 am to 11:30 am - 1610 Huntington Drive

Monrovia Health Center - **FREE** Flu Shots - 330 W. Maple Ave. - (626) 256-1600. This center offers weekly shots - please call ahead to get days & times.

Special note: If you have questions regarding the Pandemic H1N1 (aka Swine Flu) please either pick up the flyer that is available at City Hall, the Library and the Hart Park House / Senior Center or contact the Centers for Disease Control & Prevention at (800) 232-4636 or www.cdc.gov/h1n1flu/general_info.htm

Eligibility requirements to receive the LA County Public Health influenza vaccine include the following:

Those 50 years or older
Children and adults of any age with chronic health conditions or special health care needs
Pregnant women
Households with adults over 50 years of age or children 6- 59 months of age
Out-of-home caregiver of children under 6 months of age
Children 6 months thru 18 years old
Please feel free to call the Senior Desks at (626) 355-7394 if you have any questions

Recipe of the Month:

Chicken Breasts with Mushroom Cream Sauce

Ingredients:

2 5-ounce boneless, skinless chicken breasts, trimmed and tenders removed (see Tip)
1/2 teaspoon freshly ground pepper
1/4 teaspoon salt
1 tablespoon canola oil
1 medium shallot, minced
1 cup thinly sliced shitake mushroom caps
2 tablespoons dry vermouth, or dry white wine
1/4 cup reduced-sodium chicken broth
2 tablespoons heavy cream
2 tablespoons minced fresh chives, or scallion greens

Directions:

Season chicken with pepper and salt on both sides. Heat oil in a medium skillet over medium heat. Add the chicken and cook, turning once or twice and adjusting the heat to prevent burning, until brown and an instant-read thermometer inserted into the thickest part registers 165°F, 12 to 16 minutes. Transfer to a plate and tent with foil to keep warm. Add shallot to the pan and cook, stirring, until fragrant, about 30 seconds. Add mushrooms; cook, stirring occasionally, until tender, about 2 minutes. Pour in vermouth (or wine); simmer until almost evaporated, scraping up any browned bits, about 1 minute. Pour in broth and cook until reduced by half, 1 to 2 minutes. Stir in cream and chives (or scallions); return to a simmer. Return the chicken to the pan, turn to coat with sauce and cook until heated through, about 1 minute.

For Your Funny Bone

Have you heard about the blackmailer who asked to be paid with a \$2 million dollar check? Oops, I got confused, that is actually news! Yes, the man who attempted to extort money from David Letterman actually asked for, and recieved his payoff in the form of a \$2 million dollar check! Didn't he notice the memo on the check that said "Extortion"? He is one person that needs to watch more television. An episode of Law and Order might educate him!

Helpful Hints

Taking Good Care of Wood Furniture

Shoe polish and felt tip pens work well in hiding small scratches in furniture. Shoe polish applicator bottles work well for furniture touch-ups, when filled with stain.



Birthdays

Pat Birdsall, Sole Krieg, Angela Stella, Mary Jane Baker, Monrovia; Barbara Cline, Dixie Coutant, Cathleen Cremins, Lillias Eubanks, Margit Johnson, Dorothy Lee, Adie Marshall, Alma Mays, Eva Poet, Anne Tyler

Quote:

Our greatest glory is not in never failing, but in rising up every time we fail.
-Ralph Waldo Emerson

Pasadena Highlands Sponsors Bingo Prize

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the first Tuesday of each month for your chance to win this special prize and learn more about the Pasadena Highlands.

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday:

1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday:

2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment

1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play

5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday:

11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints

2nd Wednesday of the month: FREE Legal

Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday:

1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday:

1:00 pm: Ping Pong
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm

Free Lawn Bowling Lessons: The Santa Anita Bowling Green Club will have beginning lawn bowling lessons each Saturday morning starting at 10:00 AM.

Located just north of the golf course at 405 S. Santa Anita Ave.< free parking>
For information call Gene at 626.351-5327.

Lunch & Learn Series

The Lunch & Learn series will continue on the 1st & 3rd Wednesdays of each month at 12:20 pm. A variety of topics will be covered ranging from health issues to resources for seniors. **October 7th** - Suzi McConnell from the City's Public Works Dept. will talk with you about being "water wise."

October 21st - the Sierra Made Police Department will discuss the topic of Senior Scams.

*There is no cost for the lectures but if you wish to have lunch first, please make reservations by 12 noon the day before by calling the Lunch Café at 355-0256; there is a \$2 donation for each meal.



Senior Excursions

Big Bear Oktoberfest

Saturday, October 24th

\$34.00 per person.

Enjoy a traditional German meal, complete with beverage, in beautiful Big Bear. The bus will leave the Senior Center at 9 am and return at 6:30 pm. The cost of the excursion covers the meal, transportation & driver's tip. To register, please call the senior desk at (626) 355-7394. Please note the date has changed and space is limited.

Upcoming Excursions

Thursday, November 19th - Nixon Library & Museum - 10 am to 3:30 pm

Cost is \$26 per person and includes transportation, lunch & driver's tip

Thursday, December 17th - Christmas Show - 10:30 am to 4 pm Join us at the Candlelight Pavilion Theatre in Claremont Cost per person is \$51.00 for lunch, show, transportation & tip.

To register for future excursions, please call (626) 355-7394. *Payment required to reserve space*

Meals-on-Wheels:

Meals are delivered to homebound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) \$2.00 suggested donation per day. Call Susan Garcia at (626) 858-8382 for more information.



MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS **ONCE A MONTH OR WEEKLY Please contact Darlene Traxler at 626.355.0256.**



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Chris Bertrand

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Story By Chris Bertrand

Photos by Susanne Hayek and Chris Bertrand

Barrister's Garden Center: Gardens can be lush without being water-thirsty

South Pasadena's Barrister's Garden Center, has shouldered a mission: To use the plant displays, classes and landscape design business to guide So Cal residents in reducing their landscape water needs.

A landscape designer with 25 years of experience, Stella Binns' four year old Barrister's Garden Center business is three fold: as a plant source specializing in low water varieties, landscape design consultation and installation, plus high quality garden décor, gifts and clothing.

This low-water garden vision doesn't entail ripping out the greenery in favor of a prickly saguaro cactus surrounded by concrete or lava rock. Instead, Barrister's offers a stunning display of un-thirsty landscape plants in a wide array of color and texture, with exciting choices for shade as well as sun locations. Local growers supply Barrister's almost exclusively, so their plants are already acclimated to our growing conditions.

We've all seen the television commercials and newspaper articles warning of Southern California's dwindling water supply. Much as we may love the green carpeted expanse of our lawns, sod requires at least three times the water of just about any other planting. Some of Barrister's sun and heat tolerant, Australian offerings can cut the water demand even further, while still offering interest and beauty to groundcover, shrubs, specimen focal point plantings and trees.

When asked about a favorite, Binns immediately went to *Leucadendron salignum* 'Blush', for two reasons: low water requirements and showy green stems with bright red tips, actually used frequently in Christmas flower arrangements. What a great side benefit to create your own holiday arrangements from plants in your own garden!

Variegated plants, particularly those that incorporate white or yellow with green, can spice up and brighten up dull or dark areas, like a beautiful variegated flax from the hot and dry Australia climate. A deep green and crisp white, tropical

ginger, shade plant tolerates the LA heat well. The fabulous shrub, *Lonicera* 'Francis Mason' provides warm yellow and green foliage in filtered sunlight.

Nearly any color palette can be achieved with drought tolerant plants. For instance, *Grevillea*, with a rosemary-like appearance displays clusters of delicate pink flowers. For a dramatic focal point plant in the blue tones, try a fuzzy and warty *Kalanchoe* variety of this fleshy plant, the 'Flotrant.'

Barrister's mantra is to take the fear out of gardening. Just having such a font of knowledge like Binns available at the garden center is comforting to the timid gardener. It's wonderful to be able to go right to a trained expert with placement and plant choice questions, one who can also consult onsite in your garden, perform pruning, then even install a complete landscape and irrigation system if you'd rather turn it over to a professional.

Binns' English landscape training also qualified her well to advise, refresh, prune or even start from scratch, designing and planting new formal and informal English gardens.

Next month Barrister's will expand their décor, gifts and clothing offerings into a nearby storefront. Both locations will still feature her mainstay English outdoor attire line, Barbours. Binns says she's worn Barbours since she was a child, and finds it well suited to LA needs in the cooler months.

Barrister's Garden Center, South Pasadena, is open 9-5:30 daily, except Monday and Thursday. They're located at 915 Meridian Avenue, immediately adjacent to the Gold Line train station. Contact them at 626-441-1323 or at Barristers@SBCglobal.net for more information, for class announcements like her "January Cleanup" or to sign up for their newsletter. Keep an eye out for her Barrister's Garden and Gifts opening November 1, located at 807B Meridian Avenue.



Above: Barrister's Nursery in South Pasadena

Below: Stella Binns started Barrister's in 2005. Below left: Dramatic Kalanchoe provides interest. Below right: Variegated Ginger brightens a dark corner.



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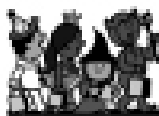
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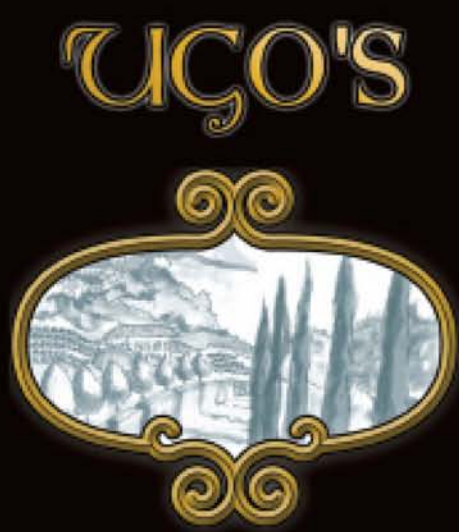
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