

Where Your Community News Comes First

Mountain Views News

Sierra Madre Arcadia Pasadena Altadena Monrovia

SATURDAY, OCTOBER 10, 2009

VOLUME 3 NO. 41



Wine and Jazz Festival A Big Hit....Again!

Event Raises Thousands For City Of Hope

For the fourth consecutive year, Sierra Madre businesses and residents have been host to the annual Wine and Jazz Walk, an event that raises money for the City Of Hope for cancer research and treatment. Hundreds of people came out to support the event while visting local shops, tasting delightful treats provided by local restaurants, sipping wine along the way and listening to smooth jazz performed throughout the downtown area.

This year, in addition to the wine tasting at the individual businesses, the presenting sponsors, Riboli Family Wine Estates/San Antonio Winery provided a 'Wine Garden' in Kersting Court.

Participating businesses included:

Angels Everywear
Attitude Clothing
B. La
Baldwin Jewelers
Body Shop Private
Fitness
Brown's Classic Interiors
Capelli Court Salon
Center for Well Being
Century 21 Village
Realty
Chase Bank
Colbert Studio and Spa
Creative Arts Group
Curves for Women
Foothill HomeCare
Partners
Gwen on 2

Participating Restaurants included:

Barney's Only Place in
Town
Bean Town Coffee
House and Bakery
Cafe 322 Italian
Kitchen and Bar
Casa Del Rey Mexican
Restaurant
Charcuterie Le Cordon
Bleu
Corfu Restaurant
Four Seasons Tea
Room
Lucky Baldwin's
Delirium Pub
Restaurant Lozano
Ugo's Gourmet Italian
Village Pizzeria

The Hair Upstairs
Iris Intrigue Boutique
Ixora Floral Studio
Julia Rocks
La Bella Rouge
Leonora Moss
Lunch Salon
Once Upon A Time
Salon Zelo
Savor the Flavor
Sierra Fitness
Sierra Madre Books
Sierra Madre Playhouse
The Four Seasons Tea
Room
Webb-Martin Realtors



Silent Auction (top left); Invino Jazz Band (bottom left); San Antonio Wine Garden (above).

Bailey Canyon, Mt. Wilson Trail Chantry Flat Reopened

The US Forest Service has opened the unburned area of the Angeles National Forest above the City of Sierra Madre; therefore Bailey Canyon, Mt. Wilson Trail and the road up to Chantry Flats are open to the public. In compliance with Order No. 01-09-08, Area Closure Angeles National Forest, all burn areas are strictly off limits and not to be entered. For details, please read Order No. 01-09-08. Public safety officials encourage the public to use care when entering in the wilderness areas which are now open. Informational updates will be posted as needed on the City web site, SMTV-3, e-Blast, and City of Sierra Madre Emergency Blog or you may call (626) 355-7135.

Local Bear Citing

On Friday evening, a bear was cited near West Grand View Avenue, but by the time police arrived, the animal had moved to another location. The SMPD then used helicopters in an unsuccessful attempt to locate the bear.

There were no reports of damage or injury to residents or the animal. Residents are reminded not to feed wild animals as they come down the mountains searching for food.

STONEGATE OF SIERRA MADRE

Developers Change Projects Name

CS One Carter, LLC, owners of the project formerly controlled by Dorn-Platz, have decided to rename the controversial luxury housing development. In their application for a Temporary Use Permit, the project is referred to as "Stonegate of Sierra Madre".

The new name, which immediately brings to mind other infamous 'gates' such as Watergate, is certain to

indicates that the owners have not addressed concerns expressed by the city.

Specifically:
1) *The proposed sign is oversized and is not compatible with the size of other real estate signs in the city.* The request asks for permission to construct a 6' x 6' sign.;
2) *"The temporary use is not a reasonable use of land consistent with*

NOW PREVIEWING
29 Custom HOMESITES FOR SALE

STONEGATE
at Sierra Madre

Please Contact:

Robert Ho 626-614-8888
626-355-5577
RobertHo@LongDragonRealty.com

further exacerbate the bitter feelings many residents already harbor toward the project.

The name change was discovered in the application for the TUP for a new sign for 'Stonegate', which must go before the city council.

The request, which is scheduled to be heard at Tuesday's council meeting, may be denied, as the staff report

the general plan use designation and zoning classification.

3) *"The use will impede the reasonable use of the land, or the orderly development of the land in the immediate vicinity.*

According to city staff, the proposed sign would also have an adverse impact neighboring residential properties.

Four Suspects Arrested in Arcadia Stabbing

The Arcadia Police Department arrested four suspects early this morning in connection with a stabbing that occurred over the weekend. Shortly after 7:00 AM officers served simultaneous arrest warrants at four different locations within the City of Arcadia.

Arrested were 19-year-old Danny Liu, 20-year-old Daniel Chong, 20-year-old Kevin Choi, and a 17-year old male. All four suspects have gang affiliations. The four suspects were booked at the Arcadia Police Jail on charges of Assault with a Deadly Weapon. Bail has been set at \$70,000. Chong and Choi will be housed

at Los Angeles County Jail due to preexisting medical conditions, Liu will be housed at the Arcadia Police Department Jail, and the juvenile is being housed at East Lake Juvenile Hall, all pending arraignment.

The stabbing occurred on October 2, 2009, at approximately 3:45 PM in the area of Santa Anita Ave and Duarte Road. The 17-year old victim, an Arcadia High School student, was assaulted by three assailants who then ran to an awaiting vehicle. The victim was treated at Methodist Hospital for cut and stab wounds, then released.

Sierra Madre City Council Meeting

Tuesday, October 13, 2009

City Hall Chambers 6:30 p.m.

Council to review the following (partial listing):

Purchase of 3,000 Gallon Water Tender

Purchase of A New Fire Engine

First Reading of Ordinance 1299-U - Canyon Moratorium

2012 Regional Transportation Plan

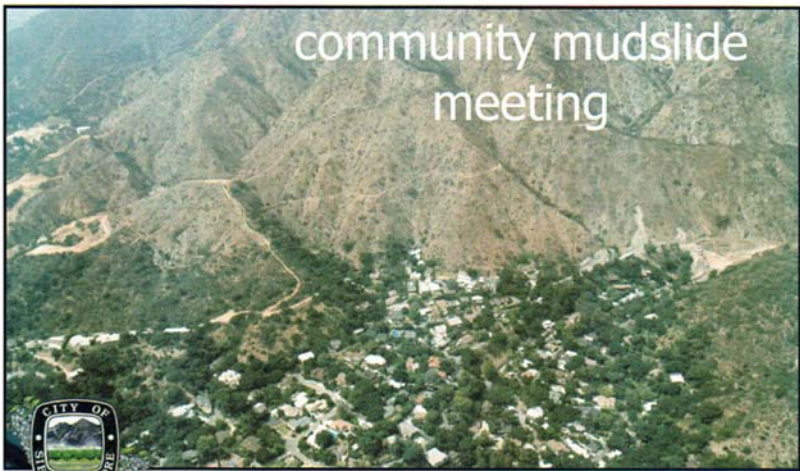
Temporary Use Permit - One Carter Sign

Consideration of Settlement Agreement Regarding the One Carter and Stonehouse Developments

Compliance with Assembly Bill 1881 - Water Efficient Landscaping Ordinance

and

Environmentally Preferable Purchasing Policy.



Meeting Highlights
FLAG WARNING SYSTEM
Three different colored flags will be flown around Sierra Madre to alert residents.
MUDSLIDE PROTECTION ADVICE
Learn about taking preventative measures to best prepare of mudslides.
PET SAFETY
Plan not only for your safety, but for your pet's safety as well.
RESOURCES
Gather information of mudslide preparedness and learn how to sign-up for email alerts.

Even though the fires were over a year ago, we must stay vigilant for another two to three years. The Santa Anita Fire that burned the local mountains April 2008 created conditions conducive to mudslides. It is imperative to continue to plan and prepare for the mudslides that will affect the Sierra Madre region in the upcoming months. In response to these conditions, the City of Sierra Madre will be hosting a mudslide information meeting.

Mudslide Meeting Information:
Wednesday, October 14, 2009
6:00 pm
Mary's Market Parking Lot
561 Woodland Ave. Sierra Madre

Always be prepared & READY FOR 7

SIERRA MADRE'S FARMERS MARKET!

Wednesday 3- 7:30 pm
Free public parking on Mariposa.

Fire Station Open House



SMVFD held their annual Open House last Saturday providing public safety information to the young and old alike.

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Pumpkin latte

Coffee!

Sandwiches

Niko & friends
Coffee - Deli
Corner of N Michillinda and W Montecito
M-F: 7 to 6, Sat 8:30 to 1:30, Closed Sunday

Weather Wise

5-Day Forecast
Sierra Madre, Ca.

Mon: Sunny Hi 70s Lows 50s
Tues: Sunny H 70s Lows 50s
Wed: Sunny Hi 70s Lows 50s
Thur: Sunny Hi 70s Lows 50s
Fri: Sunny Hi 70s Lows 50s

Forecasts courtesy of the National Weather Service

Save The Date!

Sunday, October 25th, 2009 - 2:00 p.m.

An Afternoon of Music

David Wheatley Live!

At the Organ and Piano

With Special Guests:

First Christian Church of North Hollywood
 4390 Colfax Avenue

North Hollywood CA 91605-2898

(Corner of Colfax & Moorpark)

For Information/Directions, call 818.763.8218

Donations Cheerfully Accepted!

Community Arts Commission Potluck
& Friends of the Arts Meeting

The Sierra Madre Community Arts Commission invites you to a Potluck Dinner on Tuesday, October 20th at the Hart Park House / Senior Center in Memorial Park (222 W. Sierra Madre Blvd.) starting at 7 pm. Please bring a dish to share (enough for 10 people) and your ideas for improving next year's Open Studio Tour. You are then welcome to stay and learn more on how you can support the newly formed Friends of the Arts Group as they kick off their first official meeting.

The Friends of the Arts group will focus on the ongoing promotion of the arts in Sierra Madre as well as the task of fundraising to support the work of the City's Community Arts Commission. This first meeting the group will create a mission statement, work on responsibilities of the group and develop leaderships roles such as President and Vice President. For more information on the potluck or on how to get more involved with the Arts in Sierra Madre, please contact the Community & Personnel Services Department at (626) 355-5278.

IN-N-OUT READING PROGRAM COMING TO
SIERRA MADRE LIBRARY

Children ages 4-12 are invited to sign up for the In-N-Out Food For Thought Reading Program beginning Saturday, October 10, 2009 at the Sierra Madre Public Library. Each child must read five books at his or her reading level and note the titles on a reading log. After five books are read, a parent or guardian will sign the reading log and the child will receive a Food for Thought Achievement Award with a coupon for a free hamburger or cheeseburger. Children too young to read may participate if an adult reads with them. Each child may earn up to three certificates during the program, while supplies last. The program ends on November 21, 2009. Alternative prizes are available upon request. For more information, please call Meegan Tosh, Youth Services Librarian at (626) 355-7186.

WRITERS' PROGRAM AT THE LIBRARY

Perhaps you have an idea for an article, book, or screenplay, or a manuscript that you feel is ready to go—but how can you tell if it will sell? In “What Do Publisher's Want?”, author and editor Stephanie Vitale will discuss current literary trends, and how to tailor and target your material so that it has the best possible chance in today's shrinking media markets. This free program is open to the public and is not only for working writers; aspiring writers are especially welcome to attend. Monday, October 19th at 7:00 p.m., at the Sierra Madre Public Library. The Library is located at 440 W. Sierra Madre Blvd., Sierra Madre 91024. For more information, please call Stephanie Vitale at 626-355-7186.

OCTOBER



7
SMTV3 Committee
Meeting
Community
Recreation
Center, 7:30 am

14
Arts Commission
Meeting, Council
Chambers
6:30 pm

19
What do Publishers Want?
Talk at the Library
October 19th 7:00 pm

20
Improve Home Energy Performance
How Residents' Houses Can Measure Up
The Arc 14403-B East Pacific Ave
Baldwin Park
1:00 - 4:00



28
Library Trustees
Meeting, City Hall
Conference Room
7:00 pm

Sierra Madre



15
Third Thursday
Book Club Meeting
SM Public Library
11:00 am

17
Oktoberfest Golf & Tennis Tournament
October 17th Rec Center
8:00 am - Noon



IT'S THAT TIME
AGAIN!
The Sierra Madre
Rose Float
Association's
Legendary
Bingo
Saturday,
October 17th

Doors Open at 6:30PM

Bingo Starts at 7:30PM

NEW LOCATION:

O'Malley Hall, St. Rita
Catholic Church,
Baldwin Ave. Sierra
Madre.

Considerations: Adult Oriented Bingo
Food, Beer, Wine, Soft Drinks and
Pizza will be available for purchase.

A night of bingo you
won't soon forget!!!

SMPD "Business
Watch"

Captain Larry Giannone is hosting a community "Business Watch" forum to take place at the City Council Chambers. This open forum is aimed at educating local business leaders about topics affecting their business, including crime trends in Sierra Madre and crime prevention. The forum is part of the Police Department's goal of bringing Sierra Madre business owners and operators together on issues facing the business community.

Wednesday, October 14, 8:00
am to 9:00 am, in City Council
Chambers

WOMEN AT WORK
CELEBRATES

Celebrating 30 years of Women At Work! The event will chronicle how far women have come for the past 30 years as well as the role that Women at Work has played with participation from women in the Pasadena greater area who have in some way broken the glass ceiling with their achievements. Saturday October 17, 5:30 pm - 9:00
Pasadena Senior Center
Tickets are \$75 and include Honoree Reception, STRUT Program & Dessert Reception Includes "Taste of Pasadena" Heavy Hors d'oeuvre, Libations & Silent Auction
RSVP or more info: 626-796-6870

BARGAIN BOOK
TABLE SALE AT SIERRA
MADRE LIBRARY

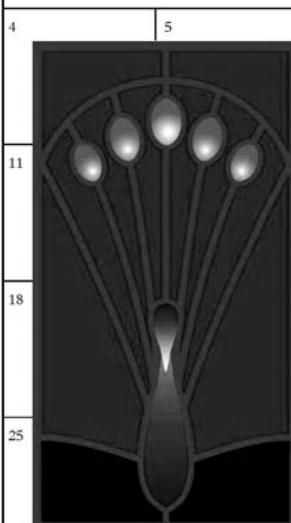
The Friends of the Sierra Madre Library will have a Bargain Book Table Sale inside the Library, Monday, October 19 through Saturday, October 24, during the Library's public open hours. Featured topics will include Fiction, Mysteries, Poetry, Biographies (with an emphasis on Musicians), Children's, and Specialty Books. All books are in good condition and will be sold at the bargain price of \$1.00 each. These every-other-month book sales provide funding for Library resources and programs. For information on all our Library activities and services, please call (626) 355-7186, or visit our website at www.sierramadre.lib.ca.us.

OUTDOOR
ART SHOW
IN BEVERLY
HILLS

SATURDAY & SUNDAY,
OCTOBER 17-18th!

Sierra Madre Artist
Djibril will be located
between Rodeo Dr.
and Beverly Dr.
in Booth #135.

Arcadia



Bouncing
Bee Baby
Tales
Arcadia
Public
Library
10:15 am

14
Senior Day
Camp
Wilderness
Park, CA
8:30 - 4:00

21
Classical
Kaleidoscope
Concert
Series
Arcadia
Library

Middle
School
Book Club
Arcadia
Public
Library
3:30 pm
Oct. 9th

10
Methodist
Hospital
Foundation's
2009
Crystal
Ball

October

Duarte

October



Free Flu
Shots
Duarte
Senior
Center

Annual
Community
Meeting
Fall 2009

Celebrate
Teen
Read
Week

Plant Sale and
Botique
From OCT 28 - 30

Duarte
Farmer's
Market
Every
Saturday
9:00 am
to
1:00 pm

Monrovia

October



Oct 10 & 11
Monrovia
Arts Festival

MUSD School
Board Meeting
MUSD District
Office 7:30

Planning
Commission
Meeting
Council Chambers
Oct. 14, 7:30

MUSD School
Board Meeting
MUSD District
Office 7:30

Monrovia
Family
Festival
Every
Friday
5:00-10:00 pm

Senior
Stompers
Walking
Group
Every
Friday
Community
Center
At 9:00 am

Upcoming Halloween Activities

Halloween Happenings

Halloween Happenings activities include the downtown trick-o-treating, costume parade, and costume contest.

This year's festivities will be held on Friday, October 30, 2009. Downtown Sierra Madre merchants will be distributing candy from 3:30pm-5:00pm. The Halloween Costume Parade will begin at Kersting Court at 5:00pm sharp. The Sierra Madre Fire Department will lead parade participants down Sierra Madre Blvd. to Memorial Park. Once the parade arrives at Memorial Park, the Halloween Costume Contest will begin at the Bandshell at approximately 5:30pm. Participants in the Costume Contest must sign up in Kersting Court before the parade from 4:00pm-5:00pm. Contestants will compete in five age categories: walking to 2 years, 3 to 4 years, 5 to 7 years, 8 to 10 years, and 11 and up. For more information call 626-355-5278.

Halloween Games Tea at Woman's Club

It will be a time for fabulous treats as Sierra Madre Woman's Club, 550 W. Sierra Madre Blvd., hosts their Halloween Games Tea on Saturday, March 24, at 1-4 pm. Play bridge or a game of your choice.

Jan O'Day, tea chair extraordinaire, will provide a lavish tea buffet, available to game players to enjoy all afternoon. Event Chair Rosemary Morabito invites you to gather friends to come and play or attend alone and join a group.

Tickets are \$12.00 each. For reservations call "Snooky" Greger, 626-355-0606.

Good spirits only abound over this Halloween Party as proceeds go to support club charities.

Goblins in the Garden

Arboretum members' children invited at no charge. Regular Arboretum admission fees apply for non-members, plus \$10 per child to participate in the event. Registration is not necessary.

Children up to age 10 and their parents are invited to celebrate fall, nature, and of course Halloween. Explore the wonders of the Arboretum gardens. Activities include nature-related crafts, art projects, storytelling, pumpkin decorating, music, face painting, photo opportunities, and lots of tricks and treats! Special surprises for all children dressed in costume.

October 31st, 9:00 am - 1:00 pm

Downtown
Window Painting
Contest

Applications for the Sierra Madre Downtown Window Painting contest are available at the Community Services Office, at 611 E. Sierra Madre Blvd. Youth ages 9 - 17 years who reside in the city are eligible to participate. The window painting contest will be held on October 23 and 24. For more information call 626-355-5278.



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The Harvey Hyde Show

"Harvey Hyde is a renowned college football coach and Las Vegas radio legend..."

Every Thursday, 6:00 pm - 7:00 pm

Hard-hitting, High impact sports talk radio

KSHP Las Vegas - 1400 AM

Live! From Burger Continental

535 South Lake Avenue Pasadena

Pasadena, CA 91101

(626) 792 - 6634

SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-8pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.

Free public parking on Mariposa.

Pasadena

Comedian Kevin Nealon of SNL & Weeds Headlines at Show to Benefit Foster Care Kids

The Ice House Comedy Club celebrates its 49th anniversary with a spectacular All-Star comedy show on Sunday, October 18 at 7 p.m. Featuring Weeds and SNL star KEVIN NEALON, along with some of the best and brightest acts who have performed at the club over the years, all profits from the show will benefit HillSides, a foster care children's charity in Pasadena. A pre-show silent auction will be held on the patio at 5 p.m. and a live auction will be held immediately following the show, both benefiting the children's charity to meet its needs for foster care children and youth who are severely emotionally disturbed. With his unique sense of humor, profound dry wit and likable demeanor, KEVIN NEALON has established himself as one of the premiere television, theatrical and stand-up comedians of his generation. As a cast member of Saturday Night Live (1986-1995), Kevin is most recognized for the characters he created, including "The Subliminal Man" and "Hans and Franz" and for anchoring "Weekend Update." His work on the show garnered him an Emmy nomination. Kevin's other extensive television credits include

guest appearances on such award winning shows as The Larry Sanders Show, Fat Actress, Curb Your Enthusiasm and Comedy Central's Crank Yankers. Nealon made his film debut in the 1987 romantic comedy, Roxanne, with Steve Martin. Since then, he has gone on to star in over two dozen comedies, including Happy Gilmore and The Wedding Singer both with Adam Sandler, Anger Management with Jack Nicholson and Daddy Day Care with Eddie Murphy. Recently, he appeared in the hit comedies Get Smart with Steve Carell and reunited with Adam Sandler in You Don't Mess with the Zohan. He is currently starring as Doug Wilson in the critically acclaimed, Golden Globe nominated Showtime series, WEEDS. In addition to Kevin Nealon, comics scheduled to perform include MRS. JOHN HUGHES (The Late, Late Show with Craig Ferguson), Grammy Award winning musician IAN WHITCOMB (The Tonight Show with Johnny Carson, The Late, Late Show) and wildly funny up-and-comer QUINN DAHL, with more possible acts to be added.

Duarte

Duarte Accepting Applications to Fill City Commissions

The City of Duarte will begin accepting applications on Oct. 15 to fill 18 positions on its six commissions. The expiration of terms for current commissioners is Dec. 31. Duarte citizens interested in serving on a commission will have until Nov. 30 to apply. Applications must be received by the City Manager's at Duarte City Hall, 1600 Huntington Dr. by 6 p.m. Application forms will be available at City Hall, the Duarte Teen Center or on the City's websites: www.accessduarte.com or www.duarteyouth.org. City Council members will interview applicants beginning at 4 p.m. on Dec. 2 and Dec. 3. Appointments will be announced at the City Council meeting on Dec. 8, and the new

commissioners will begin their terms of office on Jan. 1, 2010. Six commissions offer interested citizens a variety of opportunities to serve their community in an advisory capacity to the City Council. Positions are available on The Planning Commission, Public Safety Commission, Parks and Recreation Commission, Economic Development Commission, Traffic Safety Commission and Public Services Commission. *For more information about how to apply for a commission post or the commissions in general, call the Duarte City Manager's office at (626) 357-7931, ext. 221.*

H1N1 (Swine Flu) Update

According to the Centers for Disease Control and Prevention, the HINI influenza, first detected in the United States in April 2009 is spreading worldwide. On June 11 the World Health Organization warned that a pandemic of HINI flu was underway. Arcadia Senior Services in partnership with Methodist Hospital is having a health presentation on HINI flu on Tuesday, October 27 at the Arcadia Community Center, 365 Campus Drive. The lecture will begin 1:30pm. Dr. Joel Streng, Infectious Diseases, will address what the HINI flu is, how it is spread, what the symptoms are and what you should do if you have them. You will find out who should con-

sider taking the new vaccine, which may be available starting early October. Reservations are required and can be made by calling Arcadia Senior Services at 626.574.5130 before October 20. There is limited seating. Reservations will not be taken if space is filled. This lecture is for individuals 50 years of age and older.



Around Monrovia

by Pat Ostrye

Recycling Plastic Grocery Bags? Give them to Foothill Unity Center

Because of the growing need for its services providing food assistance to needy families, Foothill Unity Center is now using 15,000 bags a month. "In 29 years of helping families, we've never run out of food to give them," says Center Executive Director Joan Whitenack. "But we're quickly running out of bags to put the groceries in! We're urging people to donate their clean, used plastic bags to the Center so we can recycle them by using them, and we're asking our clients and volunteers to do the same." Local grocery stores, usually a major source for bags, have not been able to donate as many as they have in the past. "Of course we can buy these items," noted Deputy Director Betty McWilliams, "but we'd rather spend the money on services to our clients." Bags may be dropped off at the Center's Monrovia location, 415 Chestnut Avenue, or

its Pasadena site, 191 North Oak Street. Foothill Unity Center, Inc., provides food assistance to needy families in eleven area communities. Each month, families receive enough food (canned, dry, frozen, refrigerated food, bread, bakery, mild, dairy products, fresh produce), including USDA foods, to sustain them for about ten days. All families may return for perishable foods (bread, dairy and fresh produce) once a week. Volunteers sort and bag groceries and pack shopping carts based on family size. Last year the Center distributed over 3,000,000 pounds of groceries from their sites in Monrovia and Pasadena.

For more information, contact Foothill Unity Center in Monrovia at (626) 358-3486 or in Pasadena at (626) 584-7420. Postrye@netzero.com

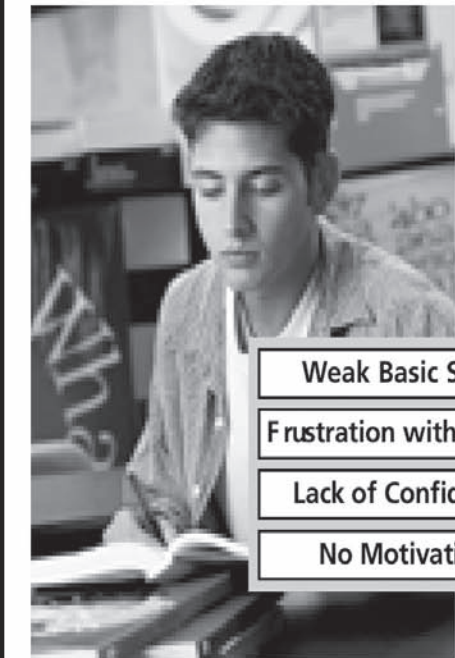
Pasadena

ROSEMARY CHILDREN'S SERVICES CONFRONTS ANTICIPATED 10% CUT IN STATE FUNDING

Since April 1920, when Rosemary Children's Services (RCS) first opened its doors, the agency has prided itself on playing an invaluable role in the community - helping abused, abandoned and neglected children throughout Southern California heal from the wounds of the past to build a new, more promising future. Today, however, RCS is confronting a challenge of its own - an anticipated 10% loss of state funding. Currently the agency is bracing itself for a 10% cut to its Foster Care Placement and Adoption Program and Residential Treatment Program, as well as a reduction of funding for Mental Health Services. This translates into a loss of funding for fiscal year 2009/2010 of \$252,000 to the Foster Care Placement Program, \$269,900.00 to the Residential Program and \$110,196 to the Mental Health Program - totaling an agency-wide loss of nearly \$660,000. "For 89 years, we've helped at risk children and families in Los Angeles, Riverside, San Bernardino and Orange Counties," says Jennifer Radics, Director of Development. "And this year will be no different. We are committed to maintaining all services, programs and staff at RCS through our General Operating Fund." Nevertheless, to help offset the 10% reduction, the agency also hopes to raise additional funds from community contributions. Upcoming fundraising events include the 8th Annual Walk for Hope on October 17, from 9 a.m. to 1 p.m. at El Dorado Park in Long Beach and the Los Angeles Kings/Pittsburgh Penguins game at the Staples Center on November 5 at 7:30 p.m. There is no registration fee for the Walk for Hope, although the park charges a \$7 vehicle entry fee. Tickets for the Staples Center event start at \$30/ person and up to \$35 of each ticket purchased will be donated to RCS. For more information about either the Walk for Hope or the LA Kings game, contact Jennifer Radics at 626.844.3033, ext 211 or email jradics@rosemarychildren.org. RCS is particularly concerned over the impact the funding loss may have on its Foster Family and Adoption Agency. "Funding has not been increased in seven years and during that time, recruitment of foster families and facility costs have increased dramatically," says Greg Wessels, Executive Director. "In fact, since non profit private adoption agencies like ours were already losing on average \$5000 per adoption of foster children, the budget cut is especially damaging." The Foster Family and Adoption Agency, one of the five programs managed by Rosemary Children's Services, is licensed by the state of California. Children are referred to RCS by the Department of Children and Family Services and Child Protective agencies. RCS sponsors certified homes

throughout Los Angeles, Riverside, San Bernardino and Orange counties. Professionally trained social workers are available around the clock to provide assistance to Resource Parents whenever necessary. But it is the Resource Families (foster/adoptive) themselves who play a key role in RCS's Foster Family and Adoption program. Trained and certified as a foster family, resource families have one goal: to provide safe, nurturing, respectful and stable homes for the children they welcome into their homes. Eventually, foster children under a family's care are either reunited with their birth families or adopted by the Resource Family. "Because Resource Families are ready to adopt, the adoption process is shortened," says Radics. "This helps each child immensely, lessening foster home placements and reducing any trauma the child may feel at leaving his or her birth family." There is always a need for Resource Families willing to give a child a home, Radics adds. Those interested in becoming a Resource Family (Foster/Adoptive parent) or who would like more information, can call 1-888-546-1066. "The irony is that the state cut funding to a program that has been proven to save the state costs," says Wessels. "So, now, we're asking our fellow members of the community to help us continue the good work we've begun." In addition to its Foster Family and Adoption agency, RCS's programs include a Non-Public School, the Rosemary School, providing specialized education in a small structured environment; a Mental Health Program to provide individual and group therapy and training in various life skills; and a Residential Program for teenage girls. The girls live at either Rosemary Cottage, which houses 19 girls, or one of four smaller group homes located throughout Pasadena. The agency also supports a Transitional Housing program for emancipated Foster Youth as well as a 24-month program for women ages 18 to 24 who are no longer part of the foster care system but need help increasing their job skills, education, and life skills.

Help your child do better in school



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HUNTINGTON VETERINARY HOSPITAL

626-357-2335
MON.-FRI. 8-6PM
SAT. 8-2

535 West Huntington Drive in Monrovia

MEDICINE:

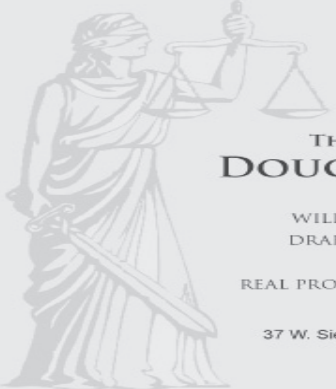
- Annual Exams
- Vaccinations
- Dentistry
- Behavioral Counseling
- Dermatology
- In House Laboratory

SURGERY:

- Orthopedics
- Neurosurgery
- TPLO
- Soft Tissue



Gary R.White, DVM



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Mountain Views News

Pasadena Altadena

News Form Your Community For Your Community

Melekian Selected For Federal Post by Obama Administration



U.S. Attorney General Eric Holder announced today he has appointed Pasadena Police Chief Bernard Melekian as director of the Office of Community Oriented Policing Services (COPS) for the Department of Justice.

"It is with a mixture of profound gratitude and sadness that I announce my intention to leave the city of Pasadena," Melekian said from the International Association of Chiefs of Police (IACP) conference in Denver, Col., where the announcement was made. "The Pasadena Police Department has been on the cutting edge of community policing and has accomplished great things in the past 13 years. When I begin as director of the COPS Office, it is my intention to highlight those programs and others throughout the nation that we know decrease crime and increase the quality of life in our communities. I am truly excited about

the opportunity to parlay 36 years of knowledge and experience in law enforcement to the national platform where model policing programs can be supported."

Melekian has submitted his intent to retire from the city of Pasadena effective Nov. 8. It is anticipated that he will begin his work with the Department of Justice in mid- to late November.

"I am excited that Chief Melekian is taking on this prestigious national position," said City Manager Michael J. Beck. "The leadership he has shown at the Police Department and in the community will be missed tremendously."

The U.S. COPS Office is responsible for advancing the practice of community policing by the nation's state, local, territory, and tribal law enforcement agencies through information and grant resources. It awards grants to state, local, territory, and tribal law enforcement agencies to hire and train community policing professionals, acquire and deploy cutting-edge crime-fighting technologies, and develop and test innovative policing strategies. Funding also provides training and technical assistance to community members and local government leaders and all levels of law enforcement.

PCC Art Gallery to Present "Mantong and Protong" Exhibit

The Pasadena City College Art Gallery will be presenting the works of Stanislaw Szukalski (1893-1987) and Richard S. Shaver (1907-1975) from Oct. 9 to Nov. 14 in an exhibit titled "Mantong and Protong." The exhibit will include drawings, paintings, sculptures, original manuscripts, rare publications, studio ephemera, and recorded interviews with the late artists.

Szukalski, a celebrated artist from Poland, is best known for his detailed and elaborately symbolic sculptures that combined elements evocative of European avant-garde and Meso-American iconography. For the last

decades of his life, Szukalski focused on Zermatism, a comprehensive theory of human pre-history that he developed through an extensive body of drawings, writings, and sculpture.

Richard Shaver, an acclaimed science fiction author, told stories of underground creatures that manipulated contemporary humans. "The Shaver Mystery" was a phenomenon in the science fiction world as thousands of readers stepped forward to affirm the truth of Shaver's claims.

Curated by Brian Tucker, director of the PCC Art Gallery, the "Mantong and Protong" exhibit is presented in conjunction with the Pasadena Festival of Art and Ideas (www.artideasfestival.org). The exhibit is free and open to the public. The PCC Art Gallery is open Monday through Thursday from noon to 8 p.m. and Friday and Saturday from noon to 4 p.m.

Bungalow Heaven Named One of America's Top Ten Great Places

Pasadena's Bungalow Heaven landmark district has been designated one of the 10 great places in the America.

In making the announcement, the American Planning Association cited the large number of significantly important historic homes as well as collaborative efforts between neighborhood residents and the city of Pasadena for restoring, protecting and maintaining Bungalow Heaven's unique character and sense of place.

"Bungalow Heaven demonstrates how historic neighborhoods have an enduring appeal, especially in a city like Pasadena where there is a strong commitment to history preservation and the early 20th century Arts and Crafts movement," said



Gold Line Foot Bridge over 210 Approved

By Dean Lee

Before approving the first steps towards a long awaited south access pedestrian bridge to the Sierra Madre Gold Line station, city council members questioned existing parking and how that could be improved.

Public Works Director Martin Pastucha said although no parking structure was planned for the \$6.5 million project bridging the south side of the 210 freeway for pedestrians, a drop off area would be built.

"This is just to provide pedestrian access from the south," he said.

Pastucha also said the MTA was not able to get property owners in the area to sell any existing business to build one although the parking option was explored.

City Manager Michael Beck said a mixed use development was planned south of the station. He said

additional parking would most likely be a part of that although the project will be mostly transit oriented.

He also said parking could become available as part of the Gold Line Extension.

"We do expect that demand [parking] to decline as the Gold Line extends eastward so we should have capacity in the long term," he explained. "The intent on the south side is really for local development."

Currently the north side of the station has a 1,000-car parking garage according to city staff. The design stage for a south bridge will take approximately one year and then 18 months to complete construction. The bridge is expected to be ready for public use in early 2013 said Principal Engineer Stephen Walker.

He also said funding will come from the Federal Transit Administration, Gold Line Surplus Funds

and Propositions A, and C.

The contract was awarded to Pasadena Based Parsons Corporation, one of the world's largest engineering and construction organizations.

The idea for a south bridge of first considered in 2002.

Spacecraft Slams into the Moon

Moving at a speed of more than 1.5 miles per second, the Centaur spacecraft hit the lunar surface shortly after 4:31 a.m. Friday, creating an impact that instruments aboard LCROSS (Lunar Crater Observation and Sensing Satellite) observed for approximately four minutes. LCROSS then impacted the surface at approximately 4:36 a.m.

It will take several weeks of analysis before a definitive assessment can be made of the presence or absence of water ice.

New Solar Trash Cans Seen as a Bright Idea

By Dean Lee

At \$3663.75 a piece, the city council Monday night approved the purchase of 40 solar powered trash compactors to be placed citywide. The city expects the new Big Belly Solar Compactors will reduce waste collection costs 80 percent, approximately \$61,400 annually.

Public Works Director Martin Pastucha said the saving would come from reduced labor, maintenance, and fuel costs.

"From going out and emptying these trash cans on a daily basis, we are actually able to only dispose of them, emptying the solar compactors once a week," Pastucha said. "So there's that daily savings of staff time to go out and empty those 40 different locations."

"Residents throughout Pasadena have invested years and years of work to protect their neighborhoods, and it is a testament to those first dedicated residents of Bungalow Heaven."

APAs annual Great Places in America program exemplifies exceptional character and highlights the role planners and planning play in creating communities of lasting value.

Most of the home-building

According to city staff the solar trash cans can compact up to 200 gallons each of trash weighing 40 to 60 pounds.

Councilmember Steve Madison questioned the timing and the cost likening the cans to cell phone technology.

"Is this like the old cell phones that weighed 10 pounds and cost \$5,000 and then two years from now you will be able to buy one for \$20," he asked.

Pastucha said that as long as there are trash cans on the street someone will have to empty them. He also explained the solar trash collectors cut down on greenhouse gasses and other emissions associated with driving vehicles to do trash collections.

He also said the new 40 solar compactors will be added to the few the city has now.

"We've had a pilot program that's been out for a couple years now," he said. "We've had six in existence, I think we started out with four initially and then we added two others."

He said the newest solar cans were placed on north Lake Ave. He added that the decision was also made to buy 40 more based on the evaluation from that pilot program.

The city council also approved, at the same time, to amend a contract with Allen Company to process recycling material collected in the city. The council accepted an extension of the temporary reduction in their current contract pricing from \$42.15 per ton to \$24.00 per ton. Currently the city gets approximately \$400,000 in recycling revenue.

Public Library to Give Adults Free Flu Vaccination

Pasadena Public Library will offer free flu shots to adults 18 and older by the Huntington Hospital Community Outreach Department on Saturday, October 10 from 10 a.m. to 12 noon at Santa Catalina Branch Library, 999 E. Washington Blvd. and from 3 to 5 p.m. at San Rafael Branch Library, 1281 Nithsdale Road. Also on Wednesday, October 14 from 5 to 7 p.m. at Lamanda Park Branch Library, 140 S. Altadena Dr., Saturday, October 24 from 10 a.m. to 12 noon at La Pintoresca Branch Library, 1355 N. Raymond Ave. and on Tuesday, October 27 from 12 noon to 2 p.m. at Hastings Branch Library, 3325 E. Orange Grove Blvd.

For more information on this program, call (626) 744-7270.

NASA Refines Asteroid's Earth Cash Course

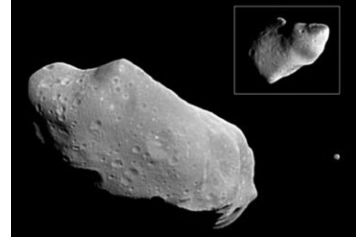


Photo: NASA

Using updated information, NASA scientists have recalculated the path of a large asteroid. The refined path indicates a significantly reduced likelihood of a hazardous encounter with Earth in 2036.

The Apophis asteroid is approximately the size of two-and-a-half football fields. The new data were documented by near-Earth object scientists Steve Chesley and Paul Chodas at NASA's Jet Propulsion Laboratory in Pasadena, Calif. They presented their updated findings at a meeting of the American Astronomical Society's Division for Planetary Sciences in Puerto Rico.

"Apophis has been one of those celestial bodies that has captured the public's interest since it was discovered in 2004," said Chesley. "Updated computational techniques and newly available data indicate the probability of an Earth encounter on April 13, 2036, for Apophis has dropped from one-in-45,000 to about four-in-a-million."

A majority of the data that enabled the updated orbit of Apophis came from observations Dave Tholen and collaborators at the University of Hawaii's Institute for Astronomy in Manoa made.

The information provided a more accurate glimpse of Apophis' orbit well into the latter part of this century. Among the findings is another close encounter by the asteroid with Earth in 2068 with chance of impact currently at approximately three-in-a-million. As with earlier orbital estimates where Earth impacts in 2029 and 2036 could not initially be ruled out due to the need for additional data, it is expected that the 2068 encounter will diminish in probability as more information about Apophis is acquired.

New Executive Director to lead Boys & Girls Club

Boys & Girls Clubs of Pasadena today named Marguerite Duncan-Abrams president and chief executive officer of the 72-year-old non-profit organization. Duncan-Abrams assumed the position Sept 21.

"This organization is distinguished in its commitment to the children of our community," said Duncan-Abrams. "I am honored to have been selected president and CEO and I'm looking forward to working with the wonderful staff and children at the Clubs' facilities located on East Del Mar Blvd. and North Fair Oaks Blvd."

As president and chief executive officer, Duncan-Abrams will be responsible for full managerial oversight of the organization in accordance with its mission and goals, including fundraising, strategic planning, budget development, grant management and resource development. The club boasts four locations and a host of programs designed to provide a well-balanced mix of activities for Pasadena's community kids from sports, to math and science labs, to performing arts, to leadership training and other programs.

Pet of The Week



Vinny, a wonderful shepherd mix is just under a year old and so much fun! He loves going out for walks and meeting new people and other dogs. Vinny is the perfect age for a training class and would love to be adopted into an active home. Come visit with this great dog!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Please call 626-792-7151 and ask for A258920 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave, Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org



Bungalow Heaven Tour on Wilson Avenue: Photo Courtesy of James Staub

Vice Mayor Victor Gordo, whose district partially encompasses Bungalow Heaven.

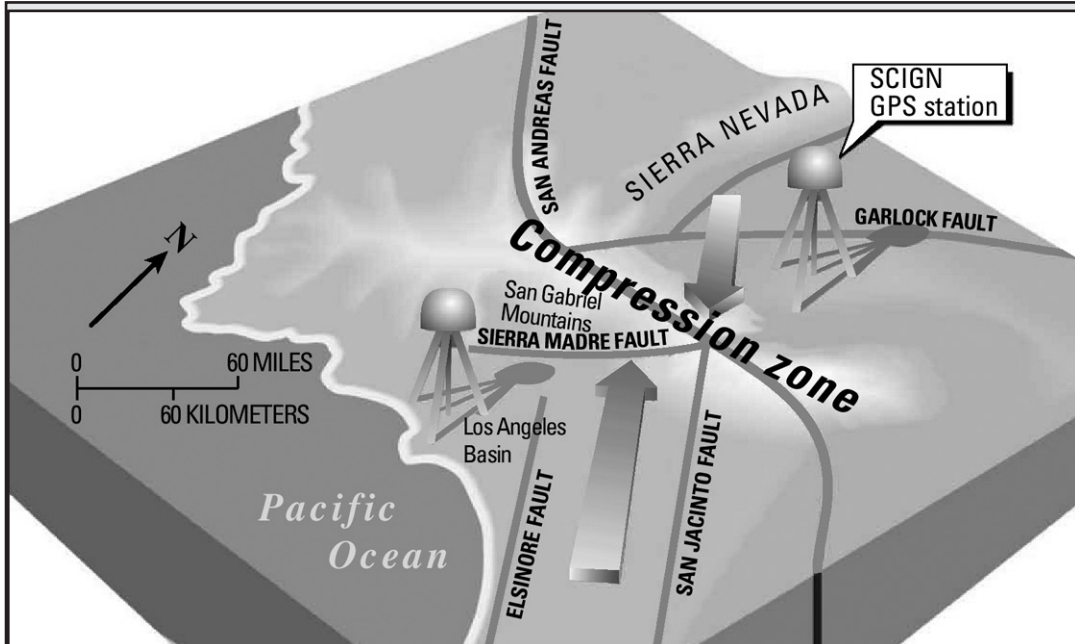
"Residents throughout Pasadena have invested years and years of work to protect their neighborhoods, and it is a testament to those first dedicated residents of Bungalow Heaven."

APAs annual Great Places in America program exemplifies exceptional character and highlights the role planners and planning play in creating communities of lasting value.

Most of the home-building

in Bungalow Heaven took place between 1905 and 1920. About 70 percent of the 1,100 single-family homes are bungalows from the Arts and Crafts period and no two are exactly alike.

For more information about Bungalow Heaven visit www.bungalowheaven.org; for more information about city of Pasadena historic preservation programs visit www.cityofpasadena.net/historicpreservation or call (626) 744-4009; for more information about APA 10 Great Places visit www.planning.org/greatplaces.



Great ShakeOut Drill

The ShakeOut Drill is scheduled for 10:15 AM on October 15, 2009. This means that wherever you are at that moment—at home, at work, at school, anywhere—you should Drop, Cover, and Hold On as if there were a major earthquake occurring at that very moment, and stay in this position for at least 60 seconds. There will not be any freeway closures, power outages, or other simulated effects of the hypothetical earthquake, unless your local government or utility company specifically notifies you about something of this nature. The ShakeOut is not something you need to leave work to participate in—in fact, participating at work is encouraged! Businesses, organizations, schools, and government agencies can register and have their employees practice Drop, Cover, and Hold On or have a more extensive emergency drill.

The main goal of the ShakeOut is to get Californians prepared for major earthquakes, so use the ShakeOut as an opportunity to learn what to do before, during, and after an earthquake. Visit http://www.earthquakecountry.info/roots/seven_steps.html for tips on how to prepare, protect, and recover.

Anyone in California can participate, from a single individual at their home to a major company at the office. Talk to your coworkers, neighbors and friends about the ShakeOut and encourage their participation. Sign up for free at www.ShakeOut.org/register to be counted in the ShakeOut Drill, get email updates, and more.

Between now and October 15: Consider what may happen when an earthquake shakes your area. Plan what you will do now to prepare, so that when it happens you will be able to protect yourself and then recover quickly. Talk to other people about what they have done, and encourage them to join you in getting more prepared.

PLAN YOUR DRILL

October 15, 10:15 a.m.:

Drop, Cover, and Hold On: Drop to the ground, take Cover under a table or desk, and Hold On to it as if a major earthquake were happening (stay down for at least 60 seconds). Practice now so you will immediately protect yourself during earthquakes! (See this page for what to do if you are in bed, outside, driving, in a tall building, or other situations.) See this page for what to do if you have a disability or an activity limitation.)

While still under the table, or wherever you are, look around and imagine what would happen in a major earthquake. What would fall on you or others? What would be damaged? What would life be like after? What will you do before the actual earthquake happens to reduce losses and quickly recover?

Finally, you can practice what you will do after the shaking stops.

GET PREPARED

What we do now, before the earthquake, will determine what our lives will be like after. The following are key actions from the Seven Steps to Earthquake Safety which has additional things you can do to prepare.

Do a "hazard hunt" for items that might fall in your home during earthquakes and secure them. Create a personal or family disaster-preparedness plan.

Plan for your family's specific needs (seniors, disabled, children, pets).

Teach all household members how to use a fire extinguisher.

Create wallet cards for each family member with essential contact information.

Organize or refresh your emergency supply kits. Store at least one gallon of water per person, per day, for 3 days and ideally for 2 weeks. What else would you need to be on your own for up to 2 weeks?

What would you need if you are in your car or office when the earthquake strikes?

Identify your building's weaknesses. Ask a local earthquake retrofitting contractor for a free structural inspection of your home or building. Also, review your insurance coverage, whether home-owner or renter. Consider whether earthquake insurance is right for you.

Create a game where everyone responds to a signal by practicing Drop Cover and Hold On. Talk to your children about what to expect during and after an earthquake.

Enroll in a local Community Emergency Response Team (CERT) training to learn more about how to take care of yourself and your family when you are "on your own" after a disaster.

Provide non-English speaking members of your family, neighborhood or community with written information in their language.

Sierra Madre Police Blotter

During the week of Sunday, September 27th to Saturday, October 3rd, 2009, the Sierra Madre Police Department responded to approximately 264 calls for service.

Sunday, September 27th:

11:07 PM - Arrest, Defrauding the DMV, Michillinda Ave and Orange Grove Ave. An officer stopped a motorist for a traffic violation. While speaking to the driver, the officer learned that the license plate on the vehicle belonged to the driver's other vehicle. The driver admitted to switching the license plates in order to avoid paying the DMV registration fees. The driver was arrested for defrauding the DMV, and transported to the Sierra Madre Police Jail for booking. The driver was later released on a written promise to appear in court.

Monday, September 28th:

2:12 PM - Arrest, Suspended/Revoked driver's license, 600 block of W. Sierra Madre Blvd. Officer stopped a motorist for a traffic violation. A DMV records check revealed the motorist's driver's license was suspended/revoked. The driver was arrested for the misdemeanor violation and released on a written promise to appear.

7:55 PM - Arrest, Suspended/Revoked

driver's license, 200 block S. Mountain Trail Ave. Officer stopped a motorist for a traffic violation. A DMV records check revealed the motorist's driver's license was suspended/revoked. The driver was arrested for the misdemeanor violation and released on a written promise to appear.

Tuesday, September 29th:

12:22 AM - Arrest, Possession of Marijuana, Sierra Madre Blvd/Michillinda Ave. An officer stopped a motorist for a traffic violation. During a search of the vehicle the officer found illegal marijuana and other drug paraphernalia. The motorist was arrested for the misdemeanor violation and released on a written promise to appear.

Wednesday, September 30th

3:13 PM - Vandalism, 200 Block San Gabriel Ct. The reporting party called the police department to report that unknown suspects vandalized her vehicle sometime between 1:35 PM and 2:05 PM while it was parked in front of her neighbor's house. The officer discovered a thin scratch on the passenger side of the vehicle that extended from the rear tail light, to the front fender of the vehicle. Damage is estimated to be under \$400.00.

A Weekly Spotlight on Sierra Madre Volunteers

David Crochetiere - Camper, Environmentalist Community Services Commissioner

David Crochetiere is an attorney who is enthusiastic about camping and the environment, with a fascination with the arts. This Sierra Madre volunteer has abilities that seemingly have no boundaries, a fact easily detected from his bio.

He has an extensive background in litigation and transactional experience in the areas of trademark and copyright, First Amendment, and entertainment, having represented such clients as NBC, Morgan Creek Productions, Orion Pictures, and Nintendo of America. He is a partner at Baute & Tidus LLP, a boutique litigation law firm in downtown Los Angeles.

That's what he does during the day.

However, in Sierra Madre, David is on the Sierra Madre Community Services Commission and is a member of the SM3TV Committee, which oversees programming on the cable channel dedicated to Sierra Madre city government. Both City Council and Planning Commission meetings are filmed and run live on the city channel.

Community services, he said, comprise "the activities such as Concerts in the Park, the Mt. Wilson Trail Race, the Fourth of July Parade, all that make Sierra Madre what it is." Volunteers "fill the gaps left open by cutbacks in the city, state, and national government."

SM3TV appeals to David because he's always been interested in the theater and broadcasting. "At one time in my youth, I wanted to be an actor," he mused.

David's passions? He lists both the environment and wilderness camping with the family. "I'm happiest when camping, when connected to nature." They spend much of their downtime in



the outreaches, enjoying all aspects of hiking, camping, and paddling, and, of course, protecting the environment.

David and his wife, Barbara Ehrlich, have three children: Austin, 16; Aliya, 13; and Aiden, 10. The two older children attend Polytechnic School in Pasadena and Aidan is at Sierra Madre School.

David and his family found Sierra Madre almost by accident. While living in Altadena, the family spent many fun hours biking to Sierra Madre for ice cream. "Each time we were in Sierra Madre, we'd say, 'What a wonderful town.'" So they left Altadena and moved to Sierra Madre in 2001.

Barbara was in-house counsel for KCET before a mini-retirement to stay home with the children. She is now contemplating returning to work.

David was born in Montreal and graduated from the University of Michigan Law School (cum laude), from McGill University (first class honors), and studied economics at Claremont McKenna College (Dean's List).

While in Canada "on a snowy day in January," he talked his parents into allowing him to come to California on a one-year exchange when he was a senior at McGill. That one year transitioned into a number of years, and he's a devoted Californian now.

"I was hooked on living here -- I came for the bright lights." Then he met Barbara and decided to stay in California.

About volunteering, David said, "I want to be a role model for our children."

He's another capable Sierra Madrean working for the town, keeping the town thriving.

Arcadia Police Blotter

For the period of Sunday, September 27, through Saturday, October 3, the Police Department responded to 977 calls for service of which 153 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 27:

At midnight, units were dispatched to Club Arroyo in reference to a battery. A female Hispanic suspect bumped a female victim several times on the dance floor. In frustration, the victim bumped the suspect back and the suspect shoved and pushed the victim. Not wanting a confrontation, the victim returned to her table. Shortly thereafter, a second female Hispanic suspect approached the victim and struck her in the face with the heel of her shoe. The victim fell to the floor and the second suspect pulled violently at the victim's hair. While this was taking place, the first suspect pulled another female victim to the floor by her hair and struck her multiple times in the head. Both suspects fled the scene prior to officers' arrival.

Between 11:00 p.m. on September 26 and 10:30 a.m. on September 27, a 1994 white GMC pickup truck was stolen from 411 East Huntington.

Monday, September 28:

Officers were called to Westfield Mall around 11:38 a.m. in reference to a terrorist threat report. The victim advised that an employee working at a kiosk had made verbal threats on several occasions. A 28-year-old male Hispanic suspect and a 19-year-old male Hispanic where contacted. A pat down search of the younger adult revealed that he had a baggie containing an off-white rocky substance consistent with rock cocaine, so he was arrested for possession of a controlled substance. The 28-year-old was arrested for making terrorist threats, and a consent search of his vehicle revealed a digital gram scale, stack of small plastic baggies, a baggie of white powdery substance resembling powder cocaine, and a baggie of white crystalline substance resembling methamphetamine.

Tuesday, September 29:

Shortly after noon, an indecent exposure incident occurred at Camino Real and Second. A female jogger was flagged down by a male motorist. As she approached the black or blue sedan, a male Hispanic or Caucasian suspect exposed himself and then drove away.

Wednesday, September 30:

A Wells Fargo bank representative came to the station to file a fraud report around 9:18 a.m. Between August 28 and September 1, a 45-year-old female Asian suspect deposited 10 checks totaling over \$29,500 at several bank locations. She then made 12 withdrawals from the banks totaling \$30,500 between August 29 and September 2. The bank later discovered that all the deposited checks were returned as non-sufficient funds.

Units were dispatched to Albertsons, 298 East Live Oak, around 3:00 p.m. in reference to a fraud investigation. Two Caucasian suspects purchased items from the store on several occasions by using fraudulent checks. They returned today and were apprehended. A 42-year-old woman and a 48-year-old man were taken into custody for commercial burglary and forgery.

Thursday, October 1:

Officers responded to the 4000 block of Rowland in El Monte in reference to a spousal abuse incident that occurred at the Westfield Mall parking lot shortly after midnight. During an argument, the husband forced his wife into a car by twisting her arm and he also pulled her hair to keep her from getting out of the car. A 24-year-old male Hispanic was taken into custody for inflicting corporal injury to spouse.

Friday, October 2:

Around 3:43 p.m., units were dispatched to AMH regarding a male juvenile who was admitted with multiple stab wounds. The 16-year-old victim advised that 3 male Asian teens attacked him for no apparent reason in the 00 block of East Duarte. He was punched and kicked, and one of the suspects produced a knife and slashed him in the arm and head area. The suspects took the victim's wallet and cell phone during the struggle and then they fled in a gray vehicle driven by a fourth suspect.

Saturday, October 3:

A grand theft occurred at Cash Box KKTU located at 612 East Live Oak around 1:22 a.m. The victim had rented a karaoke room and when she and her friends went outside for a few minutes, unknown suspect(s) stole a designer scarf, cell phone, and a car key from the unsecured room. The total reported loss was about \$700.

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Located in the quaint mountainside village of Sierra Madre, this charming one level original 1951 bungalow features 3 Bdr. 2 Ba. in well cared for original condition. The large 9,126 SF lot has ample room for an addition. Walking distance to hiking trails, downtown shopping and restaurants. Please call Bevin at (626) 808-7403 for an appointment.

Bailey Canyon, Mt. Wilson Trail Chantry Flat Reopened

The US Forest Service has opened the unburned area of the Angeles National Forest above the City of Sierra Madre. All burn areas are strictly off limits and not to be entered. Public safety officials encourage the public to use care when entering in the wilderness areas which are now open.



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HOUSE FOR RENT

Lovely W. Laurel Avenue Home In Sierra Madre Three Bedroom/2 Bath w/ Pool \$2800/month Contact: (310) 874-4288

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139 Esperanza Avenue - Newly Refurbished House 1 bedroom, 1 Bath New kitchen cabinets, granite counter tops, refrigerator, microwave oven. Tile floors in kitchen & bathroom. Small front yard and landscaped side lard. Off street parking. Walking distance to city park and downtown Sierra Madre. \$1175 per month Contact Earl (626) 893-0473

APARTMENTS FOR RENT

136 #B Esperanza Avenue - Newly Refurbished Duplex

1 BR/1BA New kitchen cabinets, granite counter top, refrigerator, microwave, dish washer, washer & dryer. Carport parking Walking distance to city park and downtown Sierra Madre. \$1050 per month Contact Earl (626) 893-0473

391 #C W. Sierra Madre Blvd - Newly Refurbished Apt. 2 BR/1BA New Refrigerator, microwave oven, gas cook top, oven, and dishwasher) Large galley kitchen, tile floors in kitchen, eating area & bathroom. Spacious living & bedrooms (lots of storage). This downstairs apartment also offers an enclosed patio and out side storage area. \$1350 per month Contact Earl (626) 893-0473

Alverno Dedicates Field to Frankie Russo- Alumnae Win Softball Game

It was an emotional and fun-filled day as the Alverno community celebrated the life of Frankie Russo, Alverno's former Head Softball Coach and Athletic Director before beginning a softball game against the current faculty and staff! The audience listened to those who knew Frankie best, talk about his life and what his work meant to those who knew him. The ceremony was opened with a prayer by Chris McGuiness, Alverno's Campus Minister and ended with a toast by Ann Gillick, Head of School and the



Julia Fanara, Assistant Head of School. "He was present in every person on that field - alumnae, current students, faculty, coaches, staff, administrators, and family. He was loved and will never be forgotten."

The Frankie Russo field was set up for an amazing day of softball. The current faculty and staff tried their best, but it was obvious from the beginning that they were no match for the alumnae who showed up to play. The final score of the game was 8 to 0 and the alumnae were victorious! "I am sure Frankie was looking down on the alumnae smiling as they dominated the game," said Summer Williams '95, Alumnae Coordinator. "It was a really fun day and everyone was having a good time."

La Salle Parents Enjoys Casino Night

Pasadena, CA - Saturday, October 3, the Academic, Arts and Athletic Boosters sponsored "Casino Night" the first Crystal Ball Auction Item Gift-Gathering party of the season.

Event activities included roulette, craps and black jack as well as bingo, and a special blackjack tournament. A

delicious buffet dinner was included and an amazing desert table was a highlight.

The proceeds and auction items go toward the 11th Annual Crystal Ball, La Salle's only major fundraiser for the year. The Crystal Ball will be held at the Langham Huntington Hotel & Spa in Pasadena on April 30th.



A Link Between Emotions and Weather? I Think So...

We have all had those days when it's overcast and cloudy; everyone seems to be moving in slow motion, and even the happiest people are down. Days when you just feel plain ... bad, and for no apparent reason. Or maybe we've had days when the sun is shining, the birds are chirping, and all of a sudden we are happy. Walking around grinning and whistling, saying hello cheerfully to anyone "just because". Could these emotions be linked to the weather? It's been said that the weather can have a negative or positive effect on a person's mood, and many scientists and sociologists claim there is a definite link between the two.

SAD. SAD is not only an emotion, but a syndrome that stands for Seasonal Affective Disorder. It's a disorder that involves depression in the winter months when there's less sunlight, and has symptoms including lethargy, fatigue, and lack of sleep. Now, this is not to say that if you're feeling a little down on a cloudy day, you should be immediately diagnosed with SAD. No

need to rush out looking for a treatment for Seasonal Affective Disorder. But, the fact that such a disorder exists proves that the weather really can have an effect on your mood; and quite a dramatic one at that.

In 1984, two scientists, Howard and Hoffman had 24 college students document their mood by filling out a questionnaire everyday for 11 days. This study found that "...sunshine was found to predict optimism scores significantly". And another study, done 2 years before with 30 college students, had similar results, generalizing that pleasant weather improves the mood and "broadens cognition". So there is a link between emotions and weather after all!

As we move from season to season this year, when in doubt, blame the weather! Your "crabbiness" could just be an effect of the overcast day, or the dreary clouds blocking the view of your much-needed sunlight.

NEW TEEN ADVISORY BOARD AT SIERRA MADRE LIBRARY

A new Teen Advisory Board will meet once a month starting on Saturday, October 10 at 2 p.m. in the Library basement. Members of the Advisory Board would suggest possible teen programs, advise on book selections, recommend ways of outreach to teens, be eyes and ears for teen cultural and literary trends, and serve as connections to schools and

organizations that serve teens. Teens who qualify can even earn service hours for their participation. The new Advisory Board is open to teens in Grades 7 - 12. Drop by and check us out! For more information call Meegan Tosh, Youth Services Librarian, at (626) 355-7186, or go to the Sierra Madre Public Library homepage: www.cityofsierramadre.com.

The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m.

Trish's Truth

By Trisha Collins

Alverno High School's Festival of Haunts

Friday, October 30
From 5 to 7:30pm At
the creepy Villa, 200 N.
Michillinda Ave. Sierra
Madre.

Face-painting, games,
pumpkins, and treats
Admission is \$2 for kids
1 to 9, \$3 for kids 10 to
99! Kids older than 99 get
in Free!

All proceeds go to help
others.

Goblins in Garden for Kids

Explore the wonders of the
Arboretum gardens and the
mysteries of Hallowe'en on
Saturday, October 31, from 9
a.m. - 1 p.m.

Children up to age 10 and
their parents are invited to
celebrate fall, nature, and of
course Halloween.

Activities include nature-
related crafts, art projects,
story telling, pumpkin
decorating, music, face
painting, photo opportunities
and lots of tricks and treats!
Special surprises for all
children dressed in costume.
Fees: Regular Arboretum
admission fees apply for
non-members, plus \$10.00
per child to participate in the
event.

Member children invited at no
charge. Pre-registration is not
necessary.



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PUSD Highlights

In The News:

"Our L.A. Basin: A World of Wonder," an art installation by students of the Pasadena High School Visual Arts & Design Academy (VADA), is on display at the Museum of Natural History of Los Angeles County through November 15. In this site-specific art installation, students ask, "How did the Los Angeles Basin develop, and how does its environment shape our daily lives?" Through extensive study and interactions with an environmentalist and with scientists at the Page Museum at La Brea Tar Pits, students worked in teams to create 16 abstract sculptures that reflected their views of the L.A. Basin. Their sculptures address themes of water conservation,

land use, and environmental responsibility and was designed specifically for the Museum's Inter/Act. Inter/Act is an exhibition space that displays educational projects to foster deep and engaging learning processes through artists-educators-and-Museum collaborations. The Natural History Museum of Los Angeles County, 900 Exposition Boulevard Los Angeles, CA 90007, (213) 763-DINO.

Tuesday, October 13 6:30 p.m.

The PUSD Board of Education will meet in public session. Topics on the agenda include:

Measure TT Citizens Oversight Committee Report, Community School Part

nerships, Excellent Middle Schools Report, Tier 1 Indicators: Results 2008-09

Wednesday, October 14 7 - 9 p.m.

The Pasadena Education Network (PEN) will present Exploring Middle School Options to help parents of 4th, 5th, and 6th graders understand their middle school options in the Pasadena Unified School District. School principals discuss the progress of the Excellent Middle Schools initiative and what parents should look for in a middle school program. Spanish translation will be available. Pasadena Central Library, 285 E. Walnut Ave., Pasadena.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org

Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414
626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 Principal: Patrick Bonacci
website: www.lasallehs.org

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000, email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109
(626) 795-6981 website: www.pusd@pusd.us

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-9028 Principal: Joanne Harabedian
website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981
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Mountain Views News Mission Statement

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



HAIL Hamilton



Here's an idea

Sierra Madre's city budget is being battered by the current recession. Paying its bills has become a real challenge. The City has 65 full-time employees assigned to eight operating departments. It also has a well-paid paid city manager, city attorney, and development and recreation directors. All these people get costly health and pension benefits. Yet the city can't repair its own streets, or replace its aging infrastructure. In an effort to save money, the council is again considering replacing the SMPD with the LACSD.

Here's an idea: Why doesn't Sierra Madre just disincorporate and become a part of the county? Look at all the money we'd save. The LACSD could move into the SMPD building; the LACFD could move into the SMVFD building; and city hall could be converted into a multiplex movie theater. Maybe under the county the streets would finally get repaved. One thing certain, the community wouldn't be any worse off than it is now with its current divisive and dysfunctional city government.

Just look at the current municipal hubbub about remaining a SCAG member or the never ending brouhaha over the DDP, HMZ, One Carter, and Stonehouse. Why do we need a city government anyway? We have Mike Antonovich, Anthony Adams, Bob Huff, and David Dreier to watch our backs?

In California some small cities are already considering the once-unthinkable option of dissolvingthemselves through "disincorporation" to escape some financial burdens that have been exacerbated by the recession. Benefits of this move allow residents to escape local taxes, and it saves the cost of local salaries and pensions. And residents may get services more cheaply after consolidating with a county.

Two California towns, Rio Vista and Vallejo, have said they may need to disincorporate to address financial difficulties.

Rio Vista says disincorporation would eliminate 38 jobs and shift its sewer services to the county. Vallejo says disincorporation would end public-safety-employee contracts, which city leaders blame for pushing the city into bankruptcy.

Indeed, Vallejo filed for bankruptcy protection last year.

Disincorporation is not a new idea either. Long Beach was first incorporated in 1888 with 59 buildings and a new school. Nine years later, dissatisfaction with prohibition and high taxes led to an abortive and short-lived disincorporation. Before the year 1897 was out, the citizens voted to reincorporate, and the 1897 incorporation is shown on the city seal.

Incorporation brings residents a local government with the ability to raise money through taxes and bond issuances. It also gives them more control of zoning decisions and development, and usually provides for local services such as trash pickup and police as well.

Dissolving a town government, on the other hand, usually shifts responsibility for providing services to the county or state. A city's unexpired contracts usually remain binding, and residents are still obligated to pay off any debt. But long-term commitments such as pension liabilities and day-to-day services such as sewage and water can be folded into services run by the county, public-policy experts say.

Disincorporations are rare, usually resulting from population declines that leave too few residents to support the government. The most recent in California occurred in 1972, when stalled growth and political instability led Cabazon to dissolve itself, the according to the California Association of Local Agency Formation Commissions.

Cabazon decided that its experiment in cityhood was over. Dinky card halls offering draw poker and low ball were supposed to raise money for street lights and paved roads, but all they brought were hookers and corruption and bickering. As a result, Cabazon became one of the few cities in California history to disincorporate--to throw its government away.

However, in today's economy disincorporation can be a serious alternative to a financially strapped city. You may not hear politicians talk about it much, but it's still a topic under consideration in many small towns trying to avoid insolvency. Could disincorporation be the solution for Sierra Madre's financial woes? Probably not.

Then again... Being just another community of LA County wouldn't be so bad. It works for Altadena; why not Sierra Madre?

STUART Tolchin On...LIFE

YOU CAN'T TELL A BOOK BY ITS COVER BUTYOU CAN COME CLOSE



People Are a Different Story

In Courts around the County other lawyers and Court personnel sometimes refer to me as "the man with a book". It's true—I am never without a book. I like to hold them, to look at them, often even have time to read them. A book that I have already begun I consider to be a friend referring to it usually by pet name. I always make copious notes in a book and wildly underline. I never use a place marker or turn up a corner of a page to mark my progress. Instead, when I resume reading a book I travel through it from the beginning, rereading my underlining and comments and sometimes adding to them. By the time I finish reading a book I consider it to be a joint project between the author and myself. The finished book now contains both the author's writing and my added thoughts and comments. In this way my books are available to me as a kind of journal revealing my thoughts and allowing me to notice ways in which my opinions have changed over the years. Prior to my discovery of the internet I read at least two books a week for well over fifty years. Now I spend hours every day surfing the net and often feel like I am neglecting my old friends. My pals are still in the bookcases located all around the house but lately I have begun to see them much like pictures reflecting a forgotten past, similar to picture albums that are around the house but seldom opened.

I think this distance from books is reflected in my increasing desire to have contact with other people. For the past thirty years or so I have eaten all my weekday lunches alone. With great enjoyment I have seated myself in some coffee shop and ordered familiar, filling food and joyously resumed my reading of a book. I should admit that I am not much of a book critic. I am engrossed in almost every book I read but am usually unaware of my opinion of a book until considerable time passes... If, after a couple of months,

I still remember the language and can picture the characters and places then I am willing to say that I liked the book and will recommend it to others. Certain books like Don Quixote, Catch 22, Catcher in the Rye, Goodbye Columbus, Lolita, The Caine Mutiny, Moby Dick, Oblomov, and One Hundred Years of Solitude have remained fresh in my mind for forty or fifty years. As I walk with my dog in the early morning I still see Don Quixote and Sancho riding up to a new adventure. The Don's ability to experience wonder, amazement, and magic as he progresses through what, to others, would be a commonplace day has served as a model for my own life.

At least it used to. Now that I have stopped reading as much I actually enjoy sharing lunch with a friend. Unfortunately, unlike books, my friends are not easy to carry and do not generally travel with me. I could invite some non-friend to lunch but that could well be problematic. I don't do this, I think, because people are a lot more difficult to evaluate than books. A book presents itself to be read and underlined, to be examined and analyzed. As I read a book with my full attention it is equally focused upon me. This is not true of actual people. Other people are often not very interested in what I am saying as they are frequently preoccupied with their own lives if you can imagine such a thing. Let's face it—other people often do not need me to come alive, while a book always needs my attention to be read. Books love to be focused upon and have their pluses and minuses noticed and discussed. People do not! Books often have secrets but these secrets are to be discovered. People generally want their secrets to remain secret

Well maybe it's time for me to realize that now is the right time for me to pull my nose out of the books and risk more contact with. Maybe the world needs more of me and of you too.. If so I guess I won't be "the man with a book" anymore though—who will I be? Well, Sancho, this is our new adventure.

Letter To The Editor

The Alverno TUP application currently under consideration by the City Council has nothing to do with any school or City events, such as the annual Friends of the Library's wine and food event, held at the Villa. The TUP application only requests permission to rent out the Villa for private weddings and parties. If approved, Alverno High School would, for the first time, receive permission from the City to run this disruptive, for profit business in a residential area.

A recent newspaper article (not yours!) incorrectly reports that "the only temporary users that pay any sort of rent are commercial endeavors like film, television and commercial shoots." In fact, Alverno advertises the availability of the Villa on the internet and charges a fee of approximately \$5000 for rental of the Villa for private weddings and party events. While filming at the Villa mentioned in your article occurs under a film permit, the rentals of the Villa for private weddings and parties have no permits at all.

All schools operating in Sierra Madre, including Alverno must do so subject to a Conditional Use Permit (CUP), which spells out the permitted use and imposes additional conditions under which the school must conduct itself. The purpose of the CUP is to protect adjacent homeowners from undue noise, traffic and other impacts. The rental of the Villa for weddings and parties is not allowed under the Alverno CUP.

In Alverno's CUP, the permitted use is described as a "day academy or high school for girls." No other uses were permitted. Specific conditions of approval included that there be no "competitive night athletic events" and "no night swimming." The CUP also requires that the school lock the gates after the close of normal school hours. These conditions reflected the neighbors' concerns regarding noise and lighting on campus after normal school hours. The conditions also reflect the neighborhood's need for peace and quiet in the evenings and on the weekends.

Also in another newspaper article, Principal Ann Gillick is quoted as saying that the "substantial fuss and negative publicity over the use of the facility and subsequent noise complaints is a bit of a mystery" to her. Yet for quite some time, neighbors have been communicating with Alverno about the excessive and non-permitted rental of the Villa and surrounding grounds in violation of its CUP. For several years at meetings large and small, formal and informal, many neighbors have communicated with the Alverno administration, including Ms. Gillick, about how the regular rental of the Villa for large lavish weddings and parties has subjected neighbors to severe impacts. Neighbors have attended no less than four meetings in the City Council chambers where they raised the noise and other problems caused by Alverno's event location rental business. The last two meetings neighbors attended were last month's two City Council meetings discussing this TUP application.

Neighbors have consistently told the Alverno administration and the City that they are being subjected to excessive noise caused by the private weddings and parties held in our neighborhood due to Alverno's operation of an event location rental side business. Neighbors have also complained about activities lasting till long after 10 p.m., public drunkenness, littering, lights shining into homes at all hours of the night, etc.

Many neighbors have also had personal conversations with the school administration about these ongoing problems caused by the wedding and party events. Neighbors have pointed out that the school's event rental business violates the existing CUP, but rather than stop or lessen its use, Alverno's Board of Trustees boldly operates a full fledged event rental location business that advertises on a caterer's website as well as other wedding websites. Principal Gillick's statement in a second newspaper article that neighborhood problems and complaints are "always addressed and resolved quickly" is belied by the many neighbors who took the time to write letters and/or appear at the recent City Council meetings to testify about ongoing problems.

In the news, Principal Gillick discussed turning down an offer for the Pasadena Showcase House to feature the Villa. The neighbors were unaware of any offers from the Pasadena Showcase House, however I am not sure Ms. Gillick had any other choice but refuse considering how booked up with weddings the Villa has become.

An article also quotes Ms. Gillick saying the school needs the income it can earn "from having a rental event every once in a while." The neighborhood has tried to be tolerant of the school's fundraising, but the school has taken advantage of the neighbor's tolerance. If the use was once in a while, neighbors would not be complaining. In fact, Alverno has three wedding and party rental events a month. Alverno is booked through its caterer partner for private weddings and party events for at least a year in advance.

Those wedding and party rental events are in addition to school events, City events as well as other events Alverno allows to be held at the Villa. The Villa is being rented or used almost EVERY single weekend. The real impacts of Villa events are felt by the neighborhood almost every weekend. In a residential neighborhood, that is beyond reasonable use.

The City Council has continued the consideration of the Alverno TUP application for 30 days so that neighbors and the school can work out a solution. At the last City Council meeting neighbors and their representative plainly indicated that they were willing to discuss a solution that included less events, earlier ending times and other limitations that if adhered to might provide some solutions to the severe impacts Alverno's private party events cause in the neighborhood. After telling the City it was willing to work out a solution with the neighborhood, Principal Gillick, a member of the Alverno Board of Trustees, has spent the last two weeks vilifying and marginalizing the concerns of the neighbors in three separate news articles. If the Alverno administration is serious about taking pride in being a good neighbor, I ask them to focus on a response to the list of conditions proposed by neighborhood representatives and stop these divisive attacks on the good hard working families that call our neighborhood home.

Sincerely,

A Neighbor

Bailey Canyon, Mt. Wilson Trail Chantry Flat Reopened

The US Forest Service has opened the unburned area of the Angeles National Forest above the City of Sierra Madre; therefore Bailey Canyon, Mt. Wilson Trail and the road up to Chantry Flats are open to the public. In compliance with Order No. 01-09-08, Area Closure Angeles National Forest, all burn areas are strictly off limits and not to be entered. For details, please read Order No. 01-09-08. Public safety officials encourage the public to use care when entering in the wilderness areas which are now open. Informational updates will be posted as needed on the City web site, SMTV-3, e-Blast, and City of Sierra Madre Emergency Blog or you may call (626) 355-7135.

HOWARD Hays As I See It



One reason I'm writing an opinion column rather than a weekly movie review is that I don't find it that important anymore to catch a new movie on opening weekend. Well, snooze and lose. Stuart Tolchin beat me to it by mentioning in his column last week that he, along with his wife and daughter, caught Michael Moore's "Capitalism: A Love Story" at the Arclight in Hollywood that first week. My wife and I waited until it came to the equally glamorous yet more neighborly locale of Monrovia. That won't stop me from commenting, though.

I've always been impressed by Michael Moore's acute sense of irony. In one of his books he reflected on one who'd be appalled by the violence in gangsta rap, then go home and put on some Johnny Cash ("I shot a man in Reno / just to watch him die"). On a recent panel addressing the decline of traditional newspapers, he pointed out that editorial boards have for years endorsed candidates opposed to meaningful education funding, and now they're surprised by a generation with neither the inclination nor skills to tackle an in-depth article. In "Bowling for Columbine", he failed to get personnel at a local bank to see anything skewed about handing customers guns, there at the bank, as a reward for opening a new account. In "Fahrenheit 911" we had a close-up of President Bush sternly lecturing Americans on the need for unwavering vigilance in the wake of September 11, right before the camera pulls back to show the president calling on his buddies seated in the golf cart at the edge of the green to check out his swing. In "Sicko", Moore brought first-responders of the World Trade Center attacks to Havana to obtain treatment for respiratory ailments caused by contaminated air at ground zero - treatment they were unable to get, or afford, back home. They traveled to the edge of the island, where Moore called to the guards at Guantanamo, asking why our government afforded better medical care to suspected terrorists than to our heroes.

The prevailing irony of "Capitalism: A Love Story" is the argument that capitalism, rather than being synonymous with the American way of life, is, in fact, a threat to it. In one scene, with Moore at the National Archives, he points to the U.S. Constitution and asks the attendant, "Where in here does it say we're to be a capitalist nation?" He uses the words of our Founding Fathers to remind us they were concerned not only with the concentration of political power, but also saw the concentration of wealth as a threat to the survival of a representative democracy serving We the People. As he's done in the past, Moore refers to his own childhood as emblematic of the American Dream; a comfortable middle-class home, stay-at-home Mom, decent schools, money set aside for college and the occasional family vacation - all supported by a factory-worker Dad with a good union wage and a guaranteed pension. And even with a top marginal tax rate in the range of 70-90%, the very wealthy still enjoyed a very wealthy lifestyle.

The film depicts a prosperous generation channeling its energies into student activism, union organizing, the women's movement, and culminating in President Jimmy Carter warning of the consequences should material greed be allowed to rule the nation's economy unchecked. Thus threatened, the powers brought in Ronald Reagan to ensure a new America of unrestrained markets and tax cuts for the wealthiest. Following a thirty-year postwar boom, over the next thirty

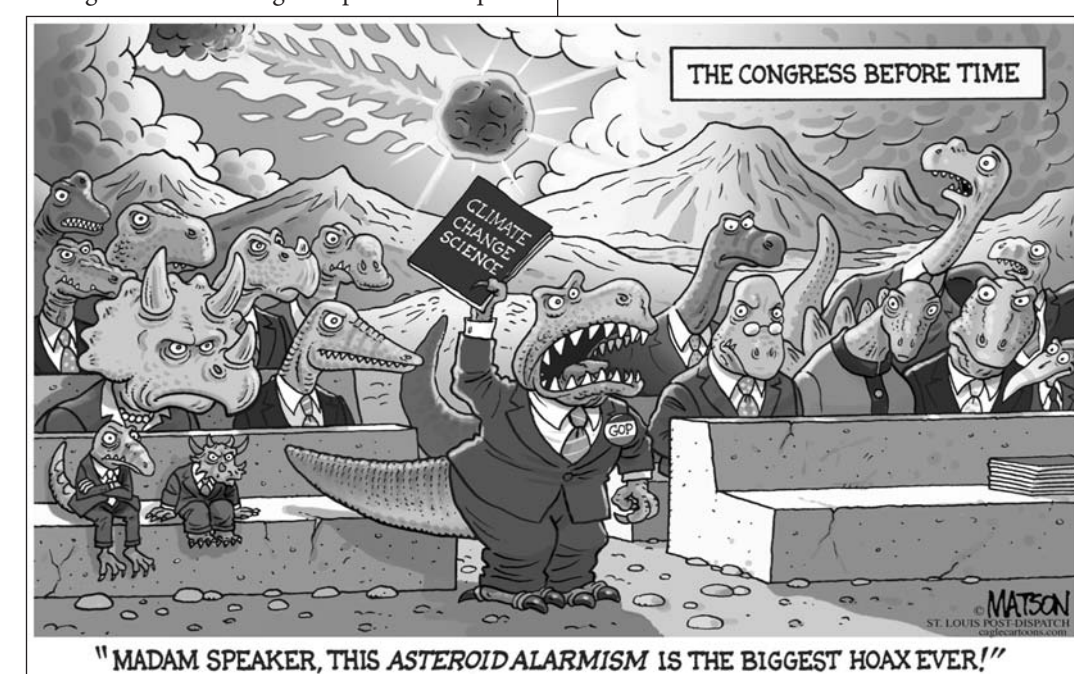
years supporting a family on a single worker's income became a near-impossibility, factories closed, neighborhoods were abandoned, the middle class shrank and more wealth became concentrated in fewer hands. This was all a prelude to last fall's financial crash.

Moore shows the devastation from blue-state urban factory closures and housing evictions to red-state middle-American families being forced from farms that had been theirs for generations. He goes to seek answers on Wall Street, where experts from finance and academia are unable to provide a coherent answer to his question, "What is a derivative?"; and to Washington, where the Congressional Oversight Chairwoman explains she's unable to determine whether the bailout money is being spent properly, because nobody can even find out where the money is. The scorn heaped upon politicians is non-partisan; the point made is that they are not the ones who are ultimately calling the shots.

In one of the most moving segments of the film, the worn and weary countenance of President Franklin Roosevelt, in the midst of a world war, appears to tell us the future he intends to pursue for the country once the war is over. He describes it not as a list of goals, but of "rights":

"The right to a useful and remunerative job in the industries or shops or farms or mines of the nation;

"The right to earn enough to provide adequate



food and clothing and recreation;
"The right of every farmer to raise and sell his products at a return which will give him and his family a decent living;
"The right of every businessman, large and small, to trade in an atmosphere of freedom from unfair competition and domination by monopolies at home or abroad;
"The right of every family to a decent home;
"The right to adequate medical care and the opportunity to achieve and enjoy good health;
"The right to adequate protection from the economic fears of old age, sickness, accident, and unemployment;
"The right to a good education."
Were that proclamation of "rights" to be made today, I'm not sure what label would be attached by the punditry; probably not "liberal", but more likely "socialist", "subversive", "communist", or, perhaps most damning, "anti-capitalist". As for me, I would simply characterize it as being "distinctly American". And for the challenging, antagonistic, in-your-face work of Michael Moore, I would use that very same term.



CHARLES Krauthammer Courtesy of Investors Business Daily New Soliloquy: To Be (LBJ), Or Not To Be

Greg Welborn, will return with his views from the right next week.

The genius of democracy is the rotation of power that forces the opposition to be serious — particularly about things like war, about which until Jan. 20 of this year Democrats were decidedly unserious.

When the Iraq War (which a majority of Senate Democrats voted for) ran into trouble and casualties began to mount, Democrats followed the shifting winds of public opinion and turned decidedly anti-war. But needing political cover because of their post-Vietnam reputation for weakness on national defense, they adopted Afghanistan as their pet war.

"I was part of the 2004 Kerry campaign, which elevated the idea of Afghanistan as 'the right war' to conventional Democratic wisdom," Democratic consultant Bob Shrum wrote after President

the way a similar surge saved Iraq. That was more than five weeks ago. Still no response. Obama agonizes publicly as the world watches. Why? Because, explains National Security Adviser James Jones, you don't commit troops before you decide on a strategy.

No strategy? On March 27, flanked by his secretaries of defense and state, the president said this: "Today I'm announcing a comprehensive new strategy for Afghanistan and Pakistan." He then outlined a civilian-military counterinsurgency campaign to defeat the Taliban in Afghanistan.

And to emphasize his seriousness, the president made clear that he had not arrived casually at this decision. The new strategy, he declared, "marks the conclusion of a careful policy review."

Conclusion, mind you. Not the beginning. Not a process. The conclusion of an extensive review, the president assured us, that included consultation with military commanders and diplomats, with the governments of Afghanistan and Pakistan, with our NATO allies and members of Congress.

The general in charge was then relieved and replaced with Obama's own choice, Stanley McChrystal. And it's McChrystal who submitted the request for the 40,000 troops, a request upon which the commander in chief promptly gagged.

The White House began leaking an alternate strategy, apparently proposed (invented?) by Vice President Biden, for achieving immaculate victory with arm's-length use of cruise missiles, predator drones and special ops.

The irony is that no one knows more about this kind of warfare than Gen. McChrystal. He was in charge of exactly this kind of "counterterrorism" in Iraq for nearly five years, killing thousands of bad guys in hugely successful under-the-radar operations.

When the world's expert on this type of counterterrorism warfare recommends precisely the opposite strategy — "counterinsurgency," meaning a heavy-footprint, population-protecting troop surge — you have the most convincing of cases against counterterrorism by the man who most knows its potential and its limits.

And McChrystal was emphatic in his recommendation: To go any other way than counterinsurgency would lose the war.

Yet his commander in chief, young Hamlet, frets, demurs, agonizes. His domestic advisers, led by Rahm Emanuel, tell him if he goes for victory, he'll become LBJ, the domestic visionary destroyed by a foreign war. His vice president holds out the chimera of painless counterterrorism success.

Against Emanuel and Biden stand David Petraeus, the world's foremost expert on counterinsurgency (he saved Iraq with it), and Stanley McChrystal, the world's foremost expert on counterterrorism. Whose recommendation on how to fight would you rely on?

On Aug. 17, in front of an audience of veterans, the president declared Afghanistan to be "a war of necessity."

Does anything he says remain operative beyond the fading of the audience applause?

Obama was elected.

"This was accurate as criticism of the Bush administration, but it was also reflexive and perhaps by now even misleading as policy." Which is a clever way to say that championing victory in Afghanistan was a contrived and disingenuous policy in which Democrats never seriously believed, a convenient two-by-four with which to bash George Bush over Iraq — while still appearing warlike enough to fend off the soft-on-defense stereotype.

Brilliantly crafted and perfectly cynical, the "Iraq War bad, Afghan War good" posture worked. Democrats first won Congress, then the White House. But now, unfortunately, they must govern. No more games. No more pretense.

So what does their commander in chief do now with the war he once declared had to be won but had been almost criminally under-resourced by Bush? Perhaps provide the resources to win it?

You would think so. And that's exactly what Obama's handpicked commander requested on Aug. 30 — a surge of 30,000 to 40,000 troops to stabilize a downward spiral and save Afghanistan

Early IRA Withdrawals Can Be Costly

By Morgan Stanley Smith Barney LLC.
Courtesy of Kyle Davis, Financial Advisor
The Ladera Group at Morgan Stanley Smith Barney

If you are thinking of taking early IRA withdrawals to fund a new venture, consider the consequences first.

People often want to tap their IRAs prior to age 59½ to change careers or fund other endeavors that require a good chunk of money. But be forewarned: It's generally unwise to take early IRA withdrawals. Not only will early withdrawals likely cost you money, but they also could adversely affect your retirement plan.

For starters, most early withdrawals from a traditional IRA incur income taxes and a 10% penalty. (Withdrawing nondeductible contributions only triggers the penalty.) And while certain strategies and situations allow you to avoid early withdrawal penalties, you will still pay income tax on the money you take out. For example, you can take annuitized distributions—often referred to as "substantially equal periodic payments"—for at least five years or until age 59½, whichever is longer—but you must adhere precisely to the Internal Revenue Service's formula. So, it's important to consult a professional before setting this up. You can also make early withdrawals penalty free for a first-home purchase (up to \$10,000 total), in case of complete disability, to pay education costs, to put toward high medical expenses (more than 7.5% of your adjusted gross income) or to cover health insurance premiums while unemployed.

Still, it's best to avoid withdrawals

even if you won't be penalized, because any money you pull out of your IRA today will lose its ability to generate potential tax-sheltered gains. Such moves will make it much harder for you to meet your financial goals in retirement. We understand the risks and the challenges involved in growing and protecting your wealth. We can guide you in developing an overall financial plan that takes into account all of your personal goals and needs.

Kyle Davis is a Financial Advisor and a member of the Ladera Group at Morgan Stanley Smith Barney located in Los Angeles and may be reached at 213-486-7157 or www.fsmithbarney.com/laderagroup

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Carmen Gonzales, CNA / Med Tech
Marjorie Thorndyke, Resident
Judy Thorndyke, Executive Director

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Help yourself to a better lifestyle. Stop in for a no-obligation tour of our Assisted Living apartments today.

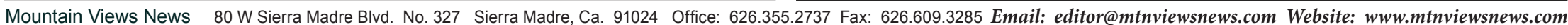


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Looking Up

with Bob Eklund

White House Star Party Kicks Off a Busy Season of Astronomy Events



A bountiful fall harvest of astronomy events is underway, starting out with a star party at the White House. On Wednesday evening, October 7, professional and amateur astronomers set up more than 20 telescopes on the White House lawn to give President Obama, his family, and a group of lucky middle-school students an up-close-and-personal look at lunar craters and mountains, the giant planet Jupiter and its moons, and other celestial wonders. The event coincides with the 400th anniversary of Galileo's first glimpse of the heavens through a telescope, a milestone being celebrated worldwide throughout 2009, declared by the United Nations as the International Year of Astronomy (IYA2009).

According to a statement issued on October 2 by the White House press office, the star party is being held "to highlight the President's commitment to science, engineering, and math education as the foundation of this nation's global technological and economic leadership and to express his support for astronomy in particular—for its capacity to promote a greater awareness of our place in the universe, expand human knowledge, and inspire the next generation by showing them the beauty and mysteries of the night sky."

The gathering was organized by the White House, the Office of Science & Technology Policy, and NASA. But the idea originated with Chicago-area amateur astronomer Audrey Fischer and has been actively promoted for six months by the U.S. International Year of Astronomy 2009 (IYA2009) team. "We're delighted that President Obama will take a break from his pressing terrestrial concerns to personally witness some of the same celestial

spectacles that Galileo first studied 400 years ago and that revolutionized our understanding of the universe and our home planet," says astronomer Stephen M. Pompea of the National Optical Astronomy Observatory (NOAO). Pompea is the U.S. Program Director for IYA2009.

In addition to telescopes, the star-party program featured interactive planetarium presentations and hands-on activities such as the construction of scale models of the solar system, simulations of impact cratering, and investigations of meteorites and Moon rocks.

The White House Star Party is just one of many family-friendly astronomy events and activities happening this fall. Among the others are these:

October 4–10: World Space Week

October 9: NASA's LCROSS impact on the Moon

October 9–23: Great World Wide Star Count

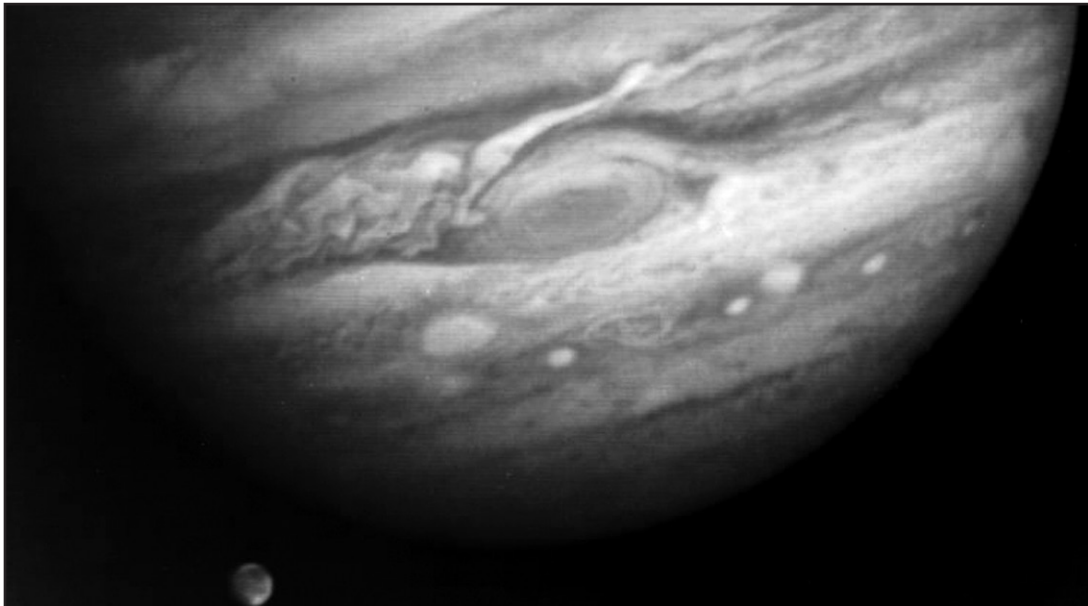
October 13: "Hubble's Amazing Rescue" premieres on NOVA

October 19–25: Fall Astronomy Week, including Fall Astronomy Day on Saturday, October 24, organized by the Astronomical League

October 22–24: IYA2009 Galilean Nights global star party

November 10–30: NASA's Great Observatories image unveiling

While only a lucky few were able to join President Obama for telescopic viewing at the White House, many more citizens will get to look through telescopes throughout the fall, thanks to the many "sidewalk astronomers" who will take to the streets all across the country. Among them is Pompea's NOAO colleague Robert Sparks; he set up



telescopes near the White House last week so that visitors without invitations to the star party could still do some astronomical observing supervised by an expert.

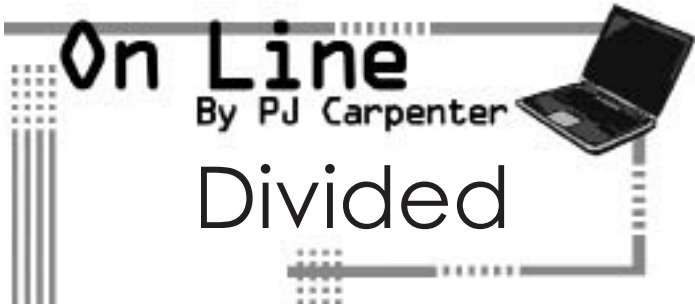
Among the telescopes Sparks uses is the Galileoscope, which he, Pompea, and others developed as a Cornerstone Project of the global IYA2009 effort. While not quite a replica of one of Galileo's telescopes, the Galileoscope is similar in design to the ones Galileo used but much improved,

thanks to its 21st-century optics.

More information about the International Year of Astronomy 2009 is available at these websites: www.astronomy2009.org, www.astronomy2009.us, astronomy2009.nasa.gov

More information about the Galileoscope is available at www.galileoscope.org.

You can contact Bob Eklund at: beklund@MtnViewsNews.com



Wherever there is a shared common resource, and there are no significant barriers to access or usage, the populations of those who become habitués of the product or service tend to clump themselves into groups and sub-groups. In many cases this self-aggregating behavior doesn't just happen spontaneously and

may be followed unconsciously on the part of those engaging in it whether they realize it or not. In our daily lives and in our online lives, the choices we make about the products and services we use don't occur in a vacuum and our choices are typically shaped by our personal preferences and by our expectation of satisfaction in the choice made. Marketing professionals have known for decades how to identify markets favorable to them and have refined

the art of targeted marketing in order to get their products in front of those consumers most likely to make a purchase. Even in the absence of a direct effort at appealing to any particular group the product itself will tend to attract its own particular audience. This phenomenon is also occurring in the online world

but more specifically in the audience makeup of the users of the various social networking sites. The two most prominent social networking sites in use today are MySpace and FaceBook and market researchers have begun to note and report on the differences in the user populations of both services. One market research firm took a look at the user populations of both social networking sites and concluded that the group considered being more "upscale" – the 'top' third of the population – were more likely to use FaceBook as their preferred site for social networking than those in the 'bottom' third of the population. The preference was estimated to be upwards of 25% for the 'top' group. In the same study it was found that the 'bottom' third was 37% more likely to use MySpace as its preferred site than the 'top' third. User groups were compared on the basis of age, income, education, location and other online associations.

The academic origins of FaceBook (it originally

started life as an on-campus social networking service for students attending Harvard) may have contributed to its online reputation as the more upscale site during its early years on the Net. Its basic layout and design were more geared toward conveying information rather than free-style self-expression that is more characteristic of the MySpace user environment. While MySpace is still one of the Net's more popular destinations by any standard, the trend over time has tilted towards the division between user groups that is currently being seen today by researchers. These basic differences in the user populations are also reflected in the types of products and services that are advertised on each site. Other than the business interests that support both sites, probably the biggest beneficiaries of this state of affairs is the marketing industry itself as it gives them a better opportunity to focus their efforts in a more directed fashion, getting more bang for their advertising buck.

Health, Beauty & Travel

Escape to the 'Other Catalina' for October's Jazz Trax, Two Harbors and Buccaneer Days

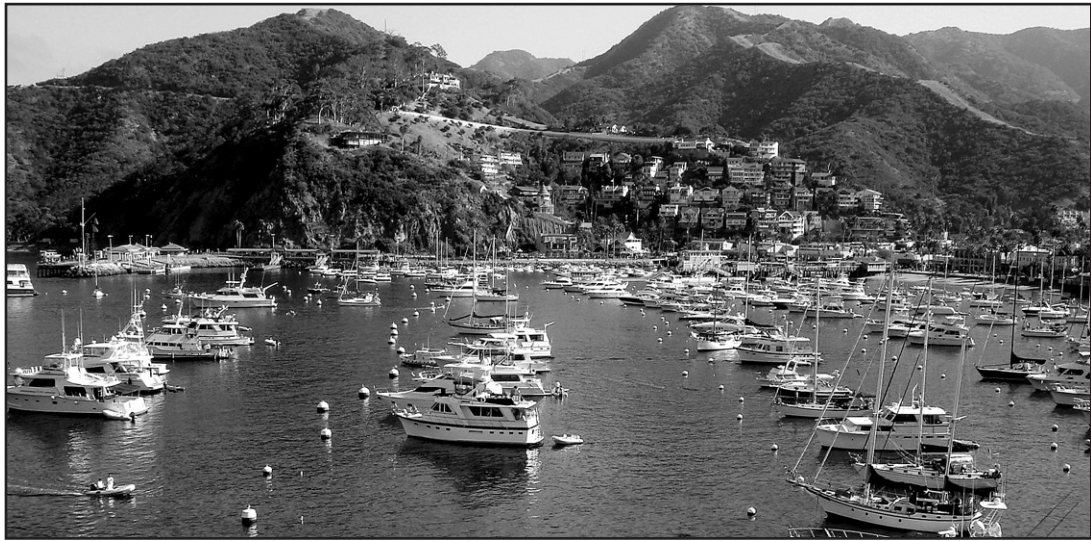


Photo and Story by Chris Bertrand

Many world travelers list Catalina, just 26 miles off L.A.'s coast, on their "bucket list" of must-see destinations, whether they hail from Japan, Germany, down under Australia, or Pasadena. "It's amazing how many Southern California residents have never been here," comments Ron Hoffman of the Catalina-Marina del Rey Flyer based in Marina del Rey - <http://www.CatalinaFerries.com>. "Nearly every day, we greet locals joining their visiting guests, all on their first trip to this 27-mile-long island jewel, or for that matter, sending visiting 'Aunt Susie' by herself on a quick vacation to, frankly, get her out of the house for a while."

A trip to Catalina is like stepping back in time. The pace is slower, the water is clearer, and there's always time to savor a conversation as much as a glass of wine. While today's Catalina is a vacation paradise, its rich history as a Wrigley family playground, spring training locale for the Chicago Cubs, buffalo grazing grounds and as a movie location for over 500 productions, the island offers plenty to explore.

Catalina Island is much more than the well-recognized City of Avalon, home to about 5,000 residents, and famous as a tourist attraction for its quaintness, charming hotels, restaurants, and shopping. "The Other Catalina" – the Village of "Two Harbors" about 11 miles west of Avalon – has become a must-go destination. After a few hours exploring Avalon, consider a trip to Two Harbors, or better yet, make it your primary destination. Two Harbors – the Isthmus Cove and Catalina Cove – is a playground for boaters and visitors wanting to explore the natural side of Catalina.

A short high-speed jet catamaran ride from Avalon or Marina del Rey takes passengers to this tiny enclave of "Two Harbors." It's about as far away from the bustling Los Angeles metropolis as you can get ... and it only takes about 90 minutes on the "Marina Flyer"

The active adventurer can choose snorkeling or scuba since the Two Harbors area offers one of the best dive sites available on the Pacific Coast, with incredible visibility, fish-filled waters and prolific reefs. Rentals, air tank fill, first-timer education and even a children's dive camp are offered. "Many new divers get certified at Two Harbors;

it's such a terrific dive spot," says Hoffman, who was certified there himself.

A new glass-bottom kayak and back-country tours are favorites, while up-close and personal drives in a Mercedes-Benz Unimog and Jeep Eco-Tour are popular. If romance or just kicking back with the family in a quiet corner of the world is more your speed, Two Harbors offers a pristine beach, barbecue and picnic grounds, restaurants, outdoor dance floor for weekend band or DJ music, nearby cabin and camp facilities and the historic 1910 Banning House Lodge, now a B&B. Built as a hunting lodge and summer home by the Wrigley family, Banning House offers fabulous views of both harbors and wonderful hospitality, and even hosts weddings.

Once a year, the other "Catalina" takes on a different personality during Buccaneer Days. This year's date, October 3rd, during Catalina's Jazz Trax Festival in Avalon, is when all things "pirate" descend on the village of Two Harbors. Each year gets more elaborate as visitors and locals escalate the celebration, complete with costumes and lots of frivolity.

"A Catalina vacation starts right here on the dock," quips Hoffman. "Our Marina del Rey ferry terminal is only 10 minutes north from LAX, so it's really easy to hop an airport cab or park in the adjacent lot then hop on our ferry. Once onboard, your vacation is underway. It's as much about a very enjoyable ocean voyage as it is about Catalina itself. Our crew understands that guests are on vacation and the Catalina Marina del Rey flyer (ranked #1 by Trip Advisor as the best activity in Marina del Rey) delivers the best guest experience by ferry to Catalina. We're also excited to see whales in the Catalina channel all year long, in addition to the pods of hundreds of dolphins that frolic here daily and often follow the boat. The captain tries to get as close as possible to get a good view," comments Hoffman. Of course, drinks and snacks available at the cozy bar help get the party started, and every guest has a panoramic view of the Pacific Ocean and the sights.

A visit to Two Harbors is guaranteed to create an unforgettable memory. Getting to Catalina is easier than you think from L.A.

Glamour 24-7 with Regina Dowling

What Does Glamour Spell?

Growth
Love
Attitude
Management
Others
Understanding
Respect

Millions are spellbound in their search for living the glamorous life. But what are the ingredients found in living life glamorously? What does glamour spell?

We will explore and discover in greater detail the secrets and specific steps you can take to lead a glamorous life later. For now, here is a summary of the information I would love to see found under the word Glamour in every newly revised dictionary.

Growth

Living life glamorously means you are in a constant state of growth. Emotionally. Physically. Intellectually. Spiritually.

Love

Glamorous people learn to love and forgive themselves when they fall short of their own expectations. If you can't love yourself - you cannot ever begin to love and forgive others.

Attitude

A positive attitude goes a long way in learning how to carry yourself in life. Keep your shoulders back, head held high and with arms swaying side-to-side, walk briskly forward into the day.

Management

Managing ones lifestyle and making wise choices helps maintain a glamorous and connected lifestyle. This includes developing valuable time and money management skills that work for you.

Others

If you are not surrounding yourself with others you love, a glamorous life is empty when it should be full of joy. Making a conscious decision to look outward while serving others is a key ingredient to increasing the glam factor.

Understanding

You can look like a million bucks and dress in the hottest, most trendy fashions but without warmth and understanding the glam quotient drops at least 50%.

Respect

Respect Yourself. Imagine a better life, better opportunities, a better you. Determine to see yourself as a valuable contributor impacting the world and the lives of those around you in your own unique way.

Striving for a glamorous life today can lead you to places you will never imagine. Do a spell check on your life and in that instant ask, "Am I truly living up to that Glamorous Life intended for me?"

Regina Dowling is an actress and television host and also serves as the host of <http://www.Glamour24-7.com>. Her focus is on those things that enhance our life and give us more joy and hopefulness in our life. Add a touch a glamour to your life every day!

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SENIOR HAPPENINGS



We all have special things we want to do "some day". These special things are very personal to us, be it crocheting, making a family scrapbook, organizing those thousands of family pictures, wood carving or some hobby that you've always wanted to do. These are the activities that we take pride in and thoroughly enjoy. How interesting that "some day" is always tomorrow or the next day or that vague term "soon".

Life is short. I just had a significant birthday a couple of months ago . . . uh, actually, it was December! What happened? How fast this year has flown! I am guilty as most of us are in not pursuing my passions. I want to get back to my wood carving and leather work, and especially my photography.

It seems that there is no time for this, yet I believe this is an illusion. We all have time if we allow ourselves permission to do what it is that's important to us. We downgrade these special things because we allow "important" things to override them. You know . . . like watching the nightly news? Now there's an important hour of the day. We watch 38 minutes of mayhem, murder, and car chases mixed with 22 minutes of really stupid commercials. Where's the sense with that? Then we spend 30 minutes sorting junk mail that have colorful ads for things we don't need. After that we go on the computer to check our e-mail and

delete all of it as we fool with our computer for another 45 minutes.

Well folks, we've now just wasted two hours and fifteen minutes of our day and we say that we don't have time to do what's important to us? What's wrong with this picture? I would bet you even money that there are many more of these, so-called "important" things, that soak up our day.

I would suggest that choosing to do the things that please us and give us satisfaction is not self-ish or self-indulgent. These are the things that make us happy and therefore healthy. Yes, happiness and health are essential partners.

So, cut out the junk from your day and make a part of every day that is your time. Don't let anything interrupt this special time and go at it with a passion! Choose well; it's your life. Let's start that New Year's resolution right now and take back control of our life. Now go and live it!

Got a question? Ask Bruce by phone-(626)335-3412 or e-mail: blamarche@verizon.net This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors®, www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.LASeniorMortgage.com

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There are certain events in one's life that seem too personal to share. At the same time, some of those same personal events seem just too important not to share. I just had one of those too personal to share/too important not to share events.

My wife had been in failing health for the better part of three years. She had been referred to a number of physicians. No one seemed to know just what was wrong but clearly, she was going downhill. We saw no light at the end of any tunnel. It was frightening.

One physician then decided to order a CAT scan of her entire abdomen. The CAT scan showed the presence of a number of ominous masses in the pancreas, liver, stomach and lungs. A biopsy of the pancreas confirmed the presence of pancreatic cancer.

The attending oncologist told us that there were no viable treatment options. It was simply too late. He suggested we consider hospice. We then talked with the hospice people but with some dread. We didn't know what to expect but certainly nothing good.

We were so wrong. The care my wife and family received from hospice was outstanding. They kept her comfortable from start

to finish. They also helped all of us to remain in good spirits. They were particularly helpful in keeping our focus on the job at hand.

The words "hospice", "hospital" and "hospitality" share the same literary root. They are based on an Old French word that means a place for comfort and rest. The original hospice sites were resting stations set up by French monks to comfort the crusaders as they traveled back and forth to the Holy Land during the crusades. Hospice care has since come to mean comforting care for the terminally ill and their families in those last trying days.

There were four members of the hospice team. The first was called the hospice manager but she could have been called, the hospice coordinator just as well. She was a R.N. and it was obvious that she had been down this road before. She arrived at our door a few hours after my wife returned home from the hospital. She just moved right in, asked a ton of questions, saw what needed to be done and ordered a hospital bed. She simply became a caring family member but she knew what she was doing.

The second member was the hospice physician. He had read the medical records before he arrived. He did his examination,

asked his ton of questions and then spent a generous amount of time explaining what we might expect and what we might do to be the most helpful. He then made some changes in my wife's medications to make her as comfortable as possible.

The third member was the nurse's aid. She did the actual day-to-day nursing. She made sure that everything that had to be done was done and done in the right way. She wore a perpetual smile and was incredibly kind.

The fourth member was the wash nurse. She came in every other day. Her duty was to give sponge baths and take care of any other personal needs. She was another kind and smiling angel.

On the day before my wife died, our daughter asked me to lead a prayer service for the family by the bedside. I more or less followed the traditional evening prayer service from the Book of Common Prayer. We sang a few hymns, ran out of hymns that we knew by heart, so we sang Christmas carols. The hospice people who were there at the time joined in the singing of the carols.

It was a very special moment. I'll never be able to listen to another Christmas carol in the same way.



World Communion Sunday celebrates a new community without borders. The Gospel is for all people everywhere. Yet we live in a world with growing tensions between countries, cultures, and faiths. The rise of fundamentalism in all three monotheistic faiths appears to create more tension than tolerance. Is there a way to hold convictions deeply and yet not succumb to a toxic faith that leads to intolerance of others? Join a community that celebrates a new kind of humanity.

9:15 am Traditional Worship

Choir, youth worship, Sunday school (K-5), childcare provided

10:30 am Adult Spiritual Formation

11:15 am "The Gathering" worship service

Casual worship, multi-voice ensemble, childcare provided

San Marino Community Church

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Wednesday 3-7:30 pm

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FYI:

Where To Get A Flu Shot
Sierra Madre Woman's Club Flu Shot Clinic - Saturday & Sunday, October 3rd & 4th, 9 am to Noon. Cost is \$25. For more information please call 355-8586.

Mandarin Baptist Church in Alhambra - **FREE** Flu Shot Clinic on Sunday, October 4th—10:30 am to 12 noon - 210 N. Garfield Ave.

La Fetra Center in Glendora - **FREE** Flu Shot Clinic on Monday, October 5th - 9 am to 11:30am - 333 E. Foothill Blvd.

Duarte Senior Center - **FREE** Flu Shot Clinic on Tuesday, October 6th - 9:30 am to 11:30 am - 1610 Huntington Drive

Monrovia Health Center - **FREE** Flu Shots - 330 W. Maple Ave. - (626) 256-1600. This center offers weekly shots - please call ahead to get days & times.

Special note: If you have questions regarding the Pandemic H1N1 (aka Swine Flu) please either pick up the flyer that is available at City Hall, the Library and the Hart Park House / Senior Center or contact the Centers for Disease Control & Prevention at (800) 232-4636 or www.cdc.gov/h1n1flu/general_info.htm

Eligibility requirements to receive the LA County Public Health influenza vaccine include the following:

Those 50 years or older
Children and adults of any age with chronic health conditions or special health care needs

Pregnant women

Households with adults over 50 years of age or children 6- 59 months of age

Out-of-home caregiver of children under 6 months of age

Children 6 months thru 18 years old

Please feel free to call the Senior Desks at (626) 355-7394 if you have any questions

Recipe of the Month:

Chicken Breasts with Mushroom Cream Sauce

Ingredients:

2 5-ounce boneless, skinless chicken breasts, trimmed and tenders removed (see Tip)
1/2 teaspoon freshly ground pepper
1/4 teaspoon salt
1 tablespoon canola oil
1 medium shallot, minced
1 cup thinly sliced shiitake mushroom caps
2 tablespoons dry vermouth, or dry white wine
1/4 cup reduced-sodium chicken broth
2 tablespoons heavy cream
2 tablespoons minced fresh chives, or scallion greens

Directions:

Season chicken with pepper and salt on both sides. Heat oil in a medium skillet over medium heat. Add the chicken and cook, turning once or twice and adjusting the heat to prevent burning, until brown and an instant-read thermometer inserted into the thickest part registers 165°F, 12 to 16 minutes. Transfer to a plate and tent with foil to keep warm. Add shallot to the pan and cook, stirring, until fragrant, about 30 seconds. Add mushrooms; cook, stirring occasionally, until tender, about 2 minutes. Pour in vermouth (or wine); simmer until almost evaporated, scraping up any browned bits, about 1 minute. Pour in broth and cook until reduced by half, 1 to 2 minutes. Stir in cream and chives (or scallions); return to a simmer. Return the chicken to the pan, turn to coat with sauce and cook until heated through, about 1 minute.

For Your Funny Bone

Have you heard about the blackmailer who asked to be paid with a \$2 million dollar check? Oops, I got confused, that is actually news! Yes, the man who attempted to extort money from David Letterman actually asked for, and recieved his payoff in the form of a \$2 million dollar check! Didn't he notice the memo on the check that said "Extortion"? He is one person that needs to watch more television. An episode of Law and Order might educate him!

Helpful Hints

Taking Good Care of Wood Furniture

Shoe polish and felt tip pens work well in hiding small scratches in furniture. Shoe polish applicator bottles work well for furniture touch-ups, when filled with stain.



Birthdays

Pat Birdsall, Sole Krieg, Angela Stella, Mary Jane Baker, Monrovia; Barbara Cline, Dixie Coutant, Cathleen Cremins, Lillias Eubanks, Margit Johnson, Dorothy Lee, Adie Marshall, Alma Mays, Eva Poet, Anne Tyler

Quote:

Our greatest glory is not in never failing, but in rising up every time we fail.
-Ralph Waldo Emerson

Pasadena Highlands Sponsors Bingo Prize

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the first Tuesday of each month for your chance to win this special prize and learn more about the Pasadena Highlands.

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday:

1:00 pm to 1:45 pm: Strength training with Lisa Brandlely. FREE class of stretching with light hand weights while you sit.

Tuesday:

2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment

1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play 5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday:

11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints

2nd Wednesday of the month: FREE Legal

Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday:

1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday:

1:00 pm: Ping Pong
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm

Free Lawn Bowling Lessons: The Santa Anita Bowling Green Club will have beginning lawn bowling lessons each Saturday morning starting at 10:00 AM.

Located just north of the golf course at 405 S. Santa Anita Ave.< free parking>

For information call Gene at 626.351-5327.

Lunch & Learn Series

The Lunch & Learn series will continue on the 1st & 3rd Wednesdays of each month at 12:20 pm. A variety of topics will be covered ranging from health issues to resources for seniors. **October 7th** - Suzi McConnell from the City's Public Works Dept. will talk with you about being "water wise."

October 21st - the Sierra Made Police Department will discuss the topic of Senior Scams.

*There is no cost for the lectures but if you wish to have lunch first, please make reservations by 12 noon the day before by calling the Lunch Café at 355-0256; there is a \$2 donation for each meal.



Senior Excursions

Big Bear Oktoberfest

Saturday, October 24th

\$34.00 per person.

Enjoy a traditional German meal, complete with beverage, in beautiful Big Bear. The bus will leave the Senior Center at 9 am and return at 6:30 pm. The cost of the excursion covers the meal, transportation & driver's tip. To register, please call the senior desk at (626) 355-7394. Please note the date has changed and space is limited.

Upcoming Excursions

Thursday, November 19th - Nixon Library & Museum - 10 am to 3:30 pm

Cost is \$26 per person and includes transportation, lunch & driver's tip

Thursday, December 17th - Christmas Show - 10:30 am to 4 pm Join us at the Candlelight Pavilion Theatre in Claremont Cost per person is \$51.00 for lunch, show, transportation & tip.

To register for future excursions, please call (626) 355-7394. *Payment required to reserve space*

Meals-on-Wheels:

Meals are delivered to homebound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) \$2.00 suggested donation per day. Call Susan Garcia at (626) 858-8382 for more information.



MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS **ONCE A MONTH OR WEEKLY Please contact Darlene Traxler at 626.355.0256.**



Chris Bertrand

One Of A Kind:

*Featuring unique homes & gardens
and the people who create them*

Story By Chris Bertrand

Photos by Chris Bertrand

Kendall Farms: Flowers and Palms from their Fallbrook Nursery to your home

Kendall Farms has been providing some of the flowers you might purchase in local Vons, Pavilions and Whole Foods for some time. I've been buying their flowers for years, and never knew it.

Started just 22 years ago by his father, Dave Kendall, Jason Kendall took over the Kendall Farms presidency in the past few years, upon his father's passing. The saga began when successful businessman, Dave Kendall, announced he bought 50 acres of landlocked Fallbrook land with avocado trees suffering from root rot.

Known as a man of both vision and action, the elder Kendall set about transforming the difficult plot into the leading edge agricultural business it is today. Coming from another industry entirely, he nonetheless got behind the tractor and started building roads in the steep hilly land. Then set to fixing, well... everything. Eventually the tract grew to more than 500 acres today, most of it contiguous.

Father and son Kendall planted the first palm trees on the property in 1987, from queen palm seeds gathered from the base of a friend's trees. Jason was just thirteen. They removed the soft orange covering around the seeds to improve germination, and planted them along the new roads.

Today those trees form the backbone of the Kendall Palm Nursery division of the company, which grows several varieties of palms. At a mature fifteen to twenty feet, the original queen palms are ready for high end applications in commercial, retail and exclusive residential landscapes. Each grouping is carefully chosen to match height and growth shape for a uniform presentation.

The Fallbrook-based company is located in a unique microclimate that allows them to cultivate and cut flowers year round and has grown to be of the largest eucalyptus and wax flower growers. Eucalyptus, a widely used "filler" green for floral arrangements, comes in many varieties and provides a spicy fragrance, blue color and interesting texture to bouquets.

The dramatic Protea, often seen in Hawaii, is another of Kendall Farms' specialties. Designated the national flower of South Africa, it derives its name from the Greek sea god Proteus, who could change form at will. The Protea is available in many shapes, with hues from pink to a flame red.

In the fall, there's a high demand for autumn colored flowers, so the sunflower is a popular focal point right now. As Jason Kendall comments, "We have to customize when we grow a particular flower to the seasonal demand, and match it to the growing conditions in different times of the year."

"In fall," he continued, "We use a lot of sunflowers and even dip tint flowers like the Protea into the orange to bronze colors to match the autumn color demand through Thanksgiving. Immediately after Thanksgiving, we're back into the reds and pinks for the Christmas season."

Two years ago, tragedy struck with a raging wildfire, one of several simultaneous fires in San Diego County. "We had to fight it ourselves. We

saved my mom's house at the top of a nearby hill, but much of our vegetation and trees were burned."

The fire raced down to the processing buildings, but the structures did not burn. As a result, they were able to get back up and running quickly, though they needed to buy most of their flowers for a while. Slowly, many of the deeper rooted plants came back. On a tour up and down the hills, Kendall pointed to scorched trunks on some palms. A nearby field of eucalyptus recovered and is back in full production. Another eucalyptus variety nearby shows only spotty recovery. They're giving it a few more months to evaluate whether they need to pull it out and re-plant.

The fire only reinforced their corporate culture and vertical business plan, which keeps as much in-house as possible, down to the precious water from their wells. In order to control quality and cost, the operation begins with propagation in a special onsite facility. When the cuttings or seedlings are large enough, they're moved to a greenhouse or shade house to "harden."

Eventually, the small plants are cultivated out in the fields. Special signs mark when the field should be harvested. In some cases, a field is specifically grown for Whole Foods or Safeway/Vons/Pavilions, and is marked when planted. Kendall even creates their own compost, allowing local landscapers and gardeners to deliver their clippings here, keeping them out of landfills. Clippings are blended with Kendall green waste, then mixed with local chicken manure and aged to make Kendall's own custom fertilizers.

The minute the flowers and greens are cut, a critical time clock begins to preserve the quality of the cut product. They're placed in buckets to allow them to "drink." Once they hit the cooler, a strict protocol of temperature management lengthens the enjoyment time in their final destination, displayed in homes, restaurants and businesses. Shipping boxes have holes so cold air can be blown through the boxes to quickly bring down their temperature.

The trucker pulls up his refrigerated delivery vehicle, sealing it to the building. He then loads from the cooler directly into his truck. A temperature monitoring system then tracks the shipment, noting unacceptable heat and cold variances. Both can destroy this very perishable product.

In just a day or two, those sunflowers and Protea can be in your florist's hands or at your local grocery. In a new step toward branding their products, Kendall Farms will be selling their product from special wooden carts sporting their participation in the "California Grown" coalition as well as their logo in grocery floral departments.

Keep an eye out for those Kendall Farms carts the next time you visit Vons or Pavilions! For more information and a cool aerial video of the operation from YouTube, visit www.KendallFarms.com and www.KendallPalms.com.



Coldwell Banker
Arcadia Regional Office's

Annual Pancake Breakfast 2009



Saturday, October 17th
8:30-11:00am

15 E. Foothill Blvd., Arcadia

Donation: \$5.00 Adults / \$3.00 Children 12 & under

All Proceeds Will Benefit YWCA "WINGS"
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Open Saturday 1-3pm			
1510-A Creekside Crt.	Pasadena	Carolyn Papp	\$649,000
Open Saturday & Sunday 2-4pm			
2424 Oswego St.	Pasadena	Peggy Fong Chen	\$399,000-\$659,000
Open Sunday 2-4pm			
722 E Camino Real Ave.	Arcadia	Imy Dulake	\$788,000
349 W Duarte Rd.	Arcadia	Susan Miali	\$1,588,888
1327 Oak Meadow Rd.	Arcadia	Ash Rizk/ Victor Mansour	\$1,898,000
19362 Baywater Ln.	Huntington Beach	Phil Daniels	\$775,000
5306 Muscatel Ave.	San Gabriel	Ash Rizk	\$638,000
25 Victoria Ln.	Sierra Madre	Amy Ellis	\$499,000
590 Ramona Ave.	Sierra Madre	Marsha Fields	\$998,000
Open Sunday 2-5pm			
4825 Arden Dr.	Temple City	Howard Lu	\$618,000

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Frontrunner *A dining and lounging experience for the horseplayer*

By Rick Alfred

Before we get into the festivities in the coming week, I want to take time out to congratulate Oak Tree on a successful and exciting first two weeks of thoroughbred racing. There will be more great turnouts this season!!!

For the coming weekend of October 17th, all throughbred members received either free general admission or clubhouse passes, along with a free money voucher for \$2 or more. If you are already a thoroughbreds member you are ahead of the game. If you get free clubhouse passes, you should take the plunge to have lunch at the famous Frontrunner Restaurant.

Positioned on the fourth floor of the famed art deco grandstand, Frontrunner Restaurant is a great destination to dine or have cocktails while watching the races. There have been some menu additions since last racing season. Now would be good time to pay another visit. Items have been added to the pizza menu, along with some of their standbys, Chesapeake Lump Crab Cake with a rich blackeye pea salad. At the football field length bar, you can indulge in their classic Macho Mary, a bloody mary that is made with premium vodka infused with premium vegetables along with a premium bloody mary mix.

A variety of flat screens populate the Frontrunner near the bar and betting booth areas for your viewing pleasure



HORSE RACING & ENTERTAINMENT

Bargain Hunting

To start the weekend, you should come check out Oak Tree on Free Fridays for the \$1 Beers, Hot Dogs, Soda, Popcorn, and coffee. For beer fans, do not forget that they are also serving Michelob Amber Bock for \$1 too!

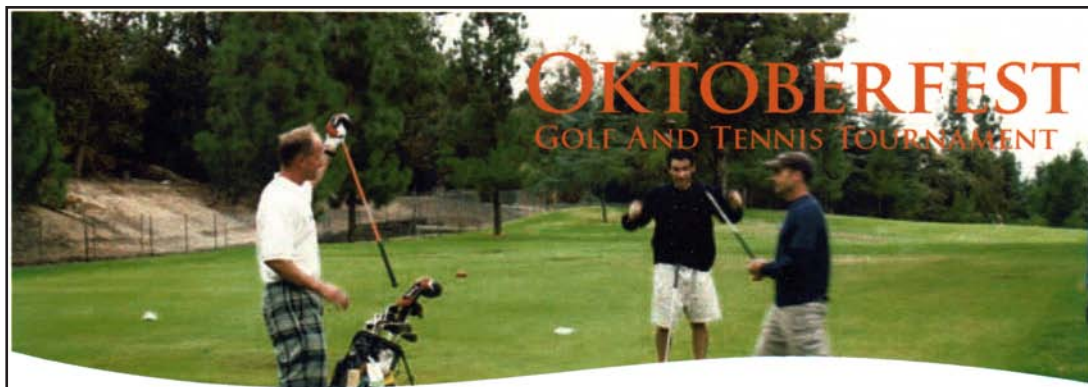
Sports Galore

This time of year is always heavy volume for the sports fan. With baseball going into the playoffs and college and pro football in full swing, the quality of racing at Oak Tree at Santa Anita only makes it better. At Oak Tree they have made the effort have football and baseball on some of their monitors for your viewing pleasure.

After the Races

After winning big at the track (To me any win is a win), it is good to get to a sports bar to continue the festivities. A great spot for this is no further than across from Santa Anita Park, the 100 to 1. A great destination to catch up with sports and to get your favorite cocktail. You cannot miss it. It is located at Santa Clara Ave. and Colorado Blvd. That is all for now! Look for a few lounge reviews next week.

Oak Tree at Santa Anita: Gates open at 10:30am. General Admission \$5, Clubhouse \$8.50, Turf Club \$20. Self Parking \$4. First Post Wed., Thurs. 1pm, First Post Friday 2pm. Weekends first post 12:30pm.



Saturday, October 17, 2009

Golf & Lunch - \$65

Tennis & Lunch - \$45

Lunch Only - \$25

Golf Tournament will be played as foursome scramble at Eaton Canyon. Sing up with a team or we can place you on one. Tennis is round robin doubles with rotating partners in coed divisions. Scoring will be on the honor system.

Reception, silent auction, raffle, lunch, and awards take place at the Community Recreation Center located at 611 E. Sierra Madre Blvd. beginning at 12:00 pm. Tax-deductible opportunities exist with this event! If you have an item you would like to donate to the silent auction or raffle, or if you would like to sponsor a Tee Sign at \$100 (includes a round of golf), please email city@cityofsierramadre.com

Please return registration forms to the Community Recreation Center or City Hall no later than Thursday, October 8, 2009. For additional information call 626-355-5278



Registration Form

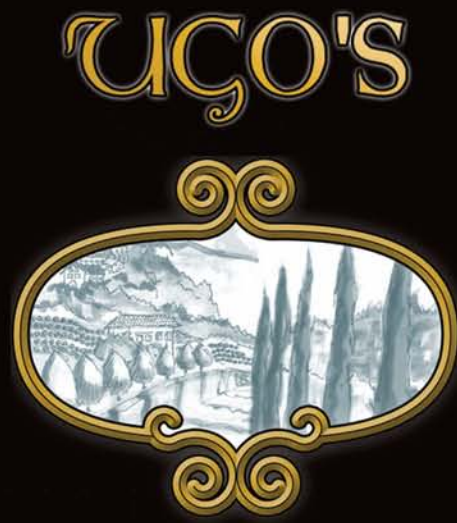


Check One: ☐ Golf & Lunch \$65 ☐ Golf Tee Sponsor \$100
☐ Tennis & Lunch \$45 ☐ Lunch Only \$25
☐ I cannot attend but wish to make a donation of \$_____

Name: _____ Phone: _____
 Address: _____ City: _____ Zip: _____
 E-Mail: _____

For tennis players - Please circle playing level: Beginner Intermediate Advanced
 I would like to play on a court / golf (indicates other registered players names): _____

I hereby release the City of Sierra Madre, its instructors, volunteers, and employees from any and all liability for any injury suffered by myself arising from or connected with this event and I assume all risk for injuries received.
 Signature _____ Date: _____



Ugo's Happy Hour

Served 2:00pm to 5:30pm every day!

\$2.00 off All Wines, \$1.00 off All Beers

Appetizers:

Risotto Cakes Two risotto cakes (Arborio rice with white wine and collier cheddar cheese) served with marinara sauce \$5.95

Caprese Salad Fresh Mozzarella, tomato, basil, and extra virgin olive oil \$8.95

Bruschetta Our own bread with a lively tomato garlic topping \$6.95

Antipasto Plate A selection of Italian salamis, roasted red peppers and savory cheeses; Varies per plate

Artichoke Marinated Artichoke served with our own bread \$6.95

Salmon Cakes Breaded Salmon cakes served with house made tarter sauce \$7.95

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