



Happy Thanksgiving

Mountain Views News

Where Your
Community News Comes First

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

SATURDAY, NOVEMBER 21, 2009

VOLUME 3 NO. 47

Sierra Madre Rose Float Princesses Crowned



On Sunday, November 8th, the Sierra Madre Rose Float Association crowned its 2010 Princess. This year there were a total of 7 applicants, of which 6 Sierra Madre high school age young ladies went through the interview process. The independent judges selected 4 Princesses to represent the Association and ride on the float 2010 Tournament of Roses parade entry, "California Girls."

In the picture above from the left to right, congratulations go to: Bassant Ibrahim, a 17 year old senior at Alverno High School; Tiffani Trypucko, a 16 year old junior at Marantha High School; Tracy Sullivan, a 17 year old senior at La Salle High School; and Filomena Pirrone, a 17 year old senior at Pasadena High School.

Bob Young, President, Sierra Madre Rose Float Assn. is between the Princesses.

In addition to their duties on the

Rose Parade float, the Princesses will be Santa's Helpers at Dicken's Village, participate at the Friends of the Library Wine Tasting, and serve as docents at the vine during the Wistaria Vine Celebration. They will also be speaking in December to the Sierra Madre City Council, and the Sierra Madre Kiwanis, Rotary, Civic, Garden, and Women's Club meetings.

"The S.M. Rose Float Needs Your Support for Our 2010 Tournament of Roses Entry, 'California Girls'"

Residents are asked to support the SMREFA through volunteerism and donations. In Mid-October, a special appeal was sent to residents throughout the city. (Insert Appeal Letter Attachment which was sent Sierra Madre homeowners in mid-October)

Donations may be sent to SMREFA, P.O. Box 603, Sierra Madre, CA. 91025. Any Amount Helps!!!

Giving Thanks Through Song and Dance *Native Americans teach Sierra Madre students the meaning of Thanksgiving through traditional song and dance.*



By Suzanne P. York

Sierra Madre Elementary School students were treated to a special Thanksgiving celebration with songs and dances from several members of the Eagle Spirit dance troupe and Music LA dancers. Benjamin Hale (Navajo), Kristian Smith (Lakota), and Sierra Madre students Elise and Lily Valdez (Ojibway) danced to the songs of a hand drum in the fancy shawl pow-wow dance style.

Mr. Hale told stories through spoken word and song in his native Navajo tongue, as the dancers wove beautiful

said Christine Castano, "Ah-hee-he". Elise Valdez, 9, one of the dancers and a third grader at the school, explained the significance of her beautiful shawl. "Their butterfly wings", she said, impressing many of her classmates with its' exquisite craftsmanship.

The dancers led students, several classes at a time, in a circle dance. Holding hands, students were taught how to accent the drum beat with their left foot while moving in a circle. "The circle is a symbol of our whole belief system", Mr. Hale explained. "It represents the sun, the moon, and mother earth. We have a lot to be

patterns on the grassy field above the school campus. "I loved learning how to say thank you in your language",

thankful for".

The City of Los Angeles, Dept of Cultural Affairs, called Music LA., sponsors the program which made this event possible. Starting this month, in honor of Native American Heritage Month, this 8-week program began and is open to all beginner and intermediate students. The program teaches the protocols and teachings of the drum, songs, and dances of the pow-wow, which is an inter-tribal social gathering.

Workshops are open to all Native American youth in the LA area from ages 5-18. Classes are Thursdays from 6-8pm at United American Indian Involvement, Inc. at 1125 W. 6th St., LA CA 90017; 213-241-0979. The remaining dates are: 12/03/09, 12/17/09, 1/7/10, and 1/21/10 and a final performance is on 2/20/10 at the Gene Autry Museum.

Kristian Smith, who was there today, is a dance instructor for this program. Ben Hale is involved in the other Eagle Butte Workshop.

Historical Society Publishes The History Of Sierra Madre

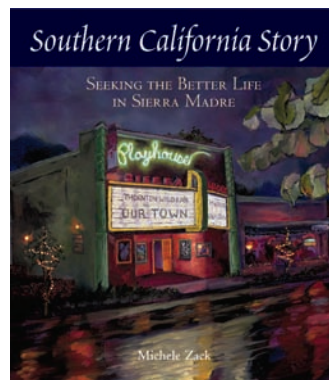
By Phyllis Chapman

The Sierra Madre Historical Preservation Society presents with pride, "Southern California Story: Seeking The Better Life In Sierra Madre", their new local history book by award-winning author, Michelle Zack. This coffee-table size book is a beautifully illustrated journey through Sierra Madre's past.

State Historian, Dr. Kevin Starr says in his tribute to Zack in the book, [Zack] "again delivers urban history at its best." Zack's history of Altadena, *Altadena: Between Wilderness and City*, which published in 2004, was a best seller.

There will be an invitational book signing for donors and supporters at historic El Retiro, 171 South Baldwin, Sierra Madre on November 29th. Other book signings are scheduled for Sunday, December 6th from 2-5 p.m. at Sierra Madre Public Library and on Wednesday, December 2nd 7:00 p.m. at Vroman's Bookstore, 695 E. Colorado Blvd., Pasadena. The price of the book is \$45.00 plus \$4.39 state tax.

Books are also available online at



smhps.org or can be purchased at these Sierra Madre locations:

Sierra Madre Books
Sierra Fitness
Savor The Flavor
Sierra Madre Public Library
Arnold's Hardware
Sierra Madre Farmer's Market
Mary's Market and
Lizzie's Trail Inn

The Book will also be available at Vroman's Book Store.

Glenn Putnam of the SMHPS will give a special presentation on the book at the Sierra Madre Kiwanis Club meeting this Tuesday at noon. Kiwanis meets at the Masonic Temple, 33 E. Sierra Madre Blvd. Sierra Madre. The meeting is open to the public. The presentation is free. Lunch is \$10. For reservations call 626-355-0728.

SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7: 30 pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public parking on Mariposa.

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VALLEY Page 4

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Sierra Madre Chamber of Commerce
presents

Dickens' Village

Saturday, November 28, 2009
3 p.m. - 9 p.m.

- Sled rides on real snow-
- Santa Claus-
- Horse and Carriage rides-
- Family Arts and Crafts Project-
- Holiday Music and Carolers-
- Tree lighting -

Rain or Shine

For more information contact the
Sierra Madre Chamber of Commerce at:
www.sierramadrechamber.com or (626) 355-5111

**See Full Dickens Village Schedule
and Map Inside This Issue on Page 3**

I get my Japanese erasers at Niko's! \$1 each!

- ☞ Lattes and Coffees
- ☞ Sandwiches
- ☞ Snacks
- ☞ This week's specials:
- ☞ \$5: Lox, cream cheese & bagel
- ☞ Buy 1 coffee and get one 1/2 off of same!

Niko & friends

Coffee - Deli

900 Valley View Ave, Pasadena, 91107
626-510-6151 ☞ M-F: 7-6, S: 8:30-1:30,
Closed Sunday
www.nikoandfriendscafe.com

Read The Paper Online At: www.mtnviewsnews.com

Weather Wise



5-Day Forecast

Sierra Madre, Ca.

Mon: Sunny Hi 70s Lows 50s
Tues: Sunny H 70s Lows 50s
Wed: Sunny Hi 70s Lows 50s
Thur: Sunny Hi 70s Lows 50s
Fri: Sunny Hi 70s Lows 50s

Forecasts courtesy of the National Weather Service

Holiday Happenings

Arts Commission Winter Excursion:

Join the Community Arts Commission for a special holiday excursion to see The Nutcracker performed by the Pasadena Dance Theater. Come experience this full-scale production, with lavish sets and costumes and a cast of more than seventy dancers! For more information or to make reservations, please contact the Community and Personnel Services Department at 626-355-5278.

Date & Time: December 12 at 2:00pm

Location: San Gabriel Mission Playhouse

Cost: \$27 per adult or \$22 per child

Arcadia Breakfast with Santa and Holiday Snow Festival

Get ready for the holidays and come join us for breakfast with Santa on Saturday, December 5th at the Arcadia Community Center. Breakfast with Santa is \$8 per person and includes breakfast, photos with Santa and holiday entertainment. There will be two options for breakfast: 8:30-9:30am (#2661) or 10:30-11:30am (#2662). Space is limited. Registration is now open! Just go on-line to the City of Arcadia's website: www.ci.arcadia.ca.us, to download the registration form or stop by the office, 375 Campus Drive.

The Holiday Snow Festival is free to the public and will also take place at the Arcadia Community

Center on the same day from 9am-2pm. This event will feature holiday entertainment, crafts, trolley train rides, dual sled runs and two snow play areas. In-n-Out Burgers will be available for purchase from 11:30am-1:30pm. Santa will only be present at the Breakfast with Santa Event. Parking will be available at Gate 3 of the Santa Anita Race Track. Shuttle service will be available to transport participants to and from the Community Center from 7:45am-3pm. In the event of rain, the Snow Festival will be held Saturday, December 12th. For more information please call 626.574.5113!

Charles Phoenix Retro Holiday Slide Show

Charles Phoenix's Retro Holiday Slide Show - King of Retro Charles Phoenix returns to spread holiday cheer with a slyly entertaining, live comedy performance that celebrates mid-century holiday life and style. With his unstoppable enthusiasm and wry, eagle eye for the very best and most bizarre of his massive collection of found-Kodachrome slides, Phoenix supercharges the classic living room slide show into a hysterical/historical celebration of American holiday culture. It's a 1950s and 60s New Years, Easter, 4th of July, Halloween, Thanksgiving and Christmas Jubilee that's sure to get you in the mood for the all the holidays like you never have before! IN COLOR!

Saturday, December 5 at 8 pm Neighborhood Church of Pasadena, 2 Westmoreland Place Pasadena, California 91103 (626) 449-3470

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	November			
	8	9	10	11	12	13
15	16	17	18	19	20	21
Community Services Commission			Tree Advisory Commission Meeting	Planning Commission Meeting		
	23	24	25	26	27	28
		City Council Meeting	Library Board of Trustees Meeting	Thanksgiving Day Library Board		Dickens Village
30						
Sierra Madre						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	November			
	8	9	10	11	12	13
		16				14
		17				21
		City Council Meeting				56th Annual Arcadia International Band Review
	23	24	25	26	27	28
		Modification Committee Meeting Planning Commission Meeting		Thanksgiving Day Adult Book Discussion Group		
	30					
Arcadia						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	November			
			10	11	12	
		16	17	18	19	20
		City Council Meeting	Youth Commission Meeting	Monrovia Historical Preservation Group	Family Festival	
	22	23	24	25	26	27
		Thanksgiving Recess	Historic Preservation Commission	Thanksgiving Day Library Board	Family Festival	
	29	30				
	Golden Age Club					
Monrovia						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			November			
			10	11	13	14
		17	18			21
		Public Safety Commission Meeting				Duarte High School Family Fun Day
	22	23	24	25	27	28
	Youth and Family Master Plan Advisory Committee	City Council Meeting	Mayor's Thanksgiving Prayer Breakfast	Thanksgiving Day		Moonlight Basketball
29	30					

SIERRA MADRE PLAYHOUSE
NOV 27 – DEC 20

THE BEST CHRISTMAS PAGEANT EVER!

BY BARBARA ROBINSON
DIRECTED BY STAN KELLY

PURCHASE TICKETS ONLINE:
WWW.SIERRAMADREPLAYHOUSE.ORG

LAUGHTER
the ONLY skill required!

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Call (626) 355-4572 to reserve

Live from Burger Continental
The Harvey Hyde Show

Every Thursday
6:00 pm - 7:00 pm
Hard-hitting, High impact
sports talk radio
KSHS Las Vegas - 1400 AM

Live! From Burger Continental
535 South Lake Avenue
Pasadena
Pasadena, CA 91101
(626) 792 - 6634

CURVES Of Sierra Madre will host **The Sierra Madre Civic Club Shoppe** the week of November 30. Among the many wonderful handcrafted items that will be on sale are: one-of-a-kind knitted hats, scarves, shawls, handwarmers; novelty aprons; decorative pillows; and miscellaneous Christmas gifts. Proceeds from this event support Civic Club's philanthropies which help fund worthwhile community projects. All items are made and donated by Civic Club members and friends.

CURVES is located at 47 W. Sierra Madre Blvd., Sierra Madre.

"The Attitude of Gratitude"



Thanksgiving is a way of life for people of faith. There can even be such depth of gratitude to God that in the midst of tragedy or sorrow one can surprisingly find oneself being thankful. Come and explore what it means to experience the peace of God, which "surpasses all understanding" and to return thanks to the Lord this Thanksgiving.

9:15 am Traditional Worship
Choir, youth worship, Sunday school (K-5), childcare provided
10:30 am Adult Spiritual Formation
11:15 am "The Gathering" worship service
Casual worship, multi-voice ensemble, childcare provided

San Marino Community Church
1750 Virginia Road, San Marino, CA 91108
For more information call: (626) 282-4181
connect with us online: www.smccpby.com

Women's Club Prayer Breakfast A Delicious Success!



Sierra Madre Church leaders participating in the event: (l to r) Pastor Philip Carlson, Bethany Church; Reverend Michael Bamberger, Church of the Ascension; Pastor Paul Beck, Sierra Madre Congregational Church; Rev. George Crisp, Sierra Madre United Methodist Church; Deacon Manuel Valesquez, St. Rita Catholic Church; Rabbi Alan Lichtman, Temple Beth David and Father Patrick Brennan, Mater Dolorosa Passionist Retreat. Photo by S. Henderson

More than a hundred guests attended the annual Community Prayer Breakfast held by the Sierra Madre Women's Club at the historic Essick House last week.

The event gives the community the chance to fellowship together with local Pastors from a variety of faiths participating. "Reflections on Praise and Thanksgiving" was the theme.

Event Chairman Elma Flores started the event by leading attendees through the traditional hymn, "Come Ye Thankful People Come", an appropriate Thanksgiving hymn.

Women's Club President Janet Ten Eyck



welcome the guests and the invocation was given by Women's Club Past President Dixie Coutant. Membership Chairperson Phyllis Chapman, who was responsible for the introduction of guests, noted that there were so many city officials and other dignitaries present, that a universal greeting would be fine. Music for the event was provided by the delightful Eunie Banis, pictured right.

Looking for JOY?

Come and enjoy a night of laughter, fun, and great shopping at Ladies Night Out at Pasadena First Church of the Nazarene on December 3 & 4. Two special evenings are guaranteed to help you recapture the joy in your life.

Ladiesnightout

Gift Boutique 2009
Come Shop!

Thursday, December 3
Friday, December 4

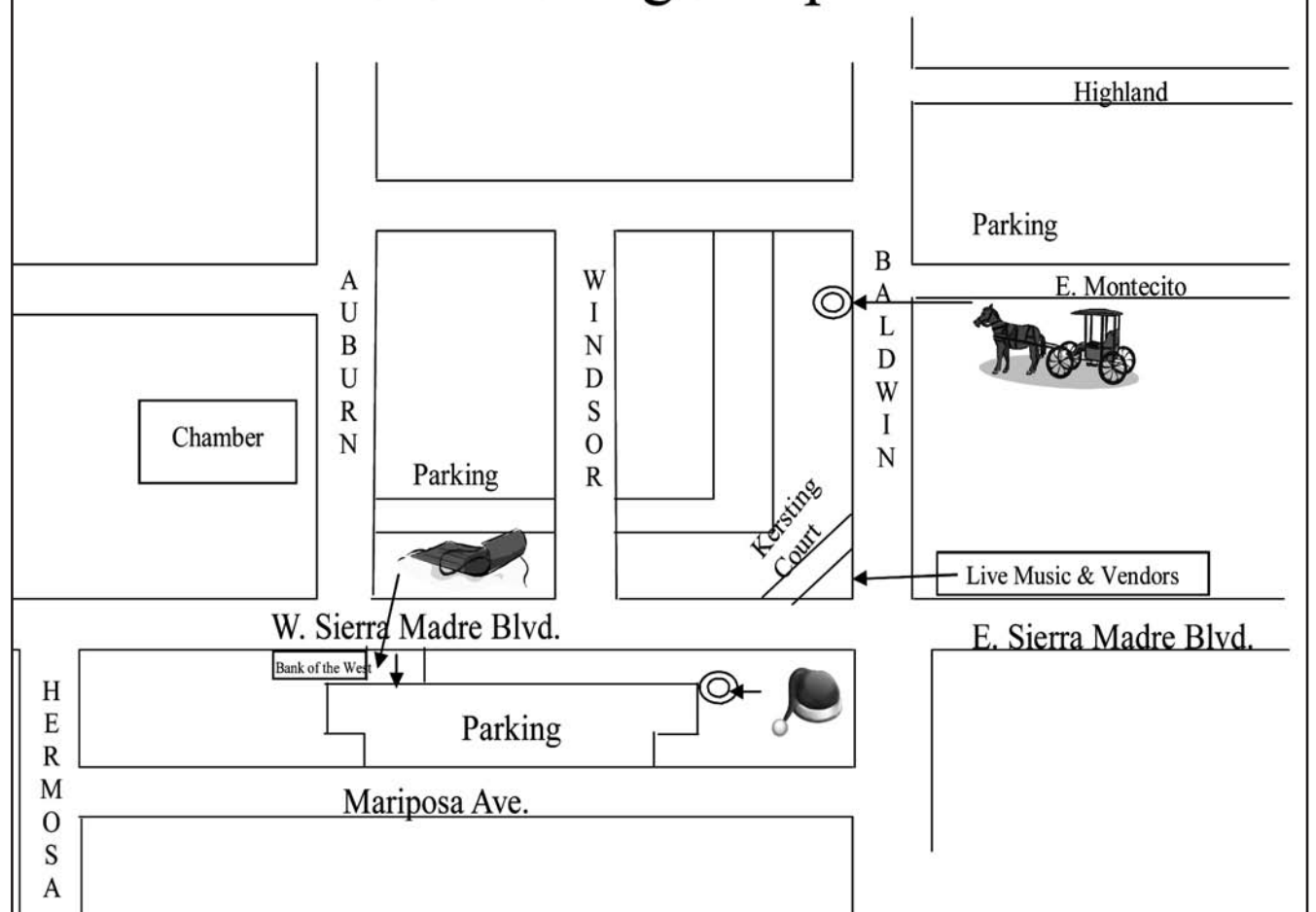
4:00 - 10:00 pm

First Church of the Nazarene of Pasadena
3700 East Sierra Madre Boulevard
Pasadena, California 91107
www.paznaz.org 626.351.9631



Boutique shopping is at no cost and is from 4:00 - 10:00 pm in the gym. Sit down to a relaxing dinner and listen to Guest Speaker Debbie Wong as well as hear the musical stylings of the PazNaz Ladies' Ensemble with the "Pastor Scotts." Dinner is from 7:00 - 8:30 pm at Gilmore Hall and dinner tickets are available for \$20 by contacting Phyllis Utterback at 818.241.8168. or Pat Todd at 626.351.2416.

Dickens Village Map



IRIS INTRIGUE
B O U T I Q U E

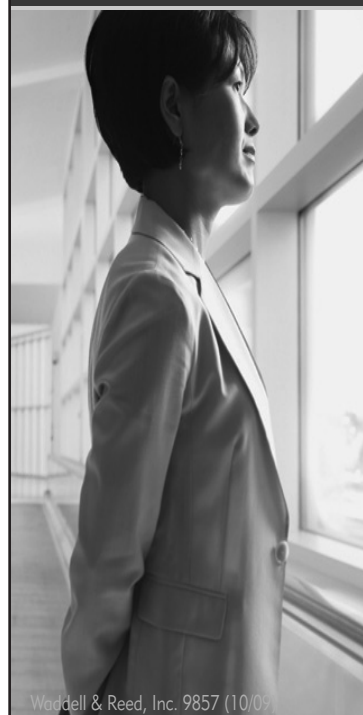
CLOTHING SALE!!

35% off of
JAMS World, PURE,
Chalet, Phool,
neon buddha, Libra

Don't fall
for the mall!
Come to
Iris Intrigue
on Friday,
November 27th!

49 W. Sierra Madre Blvd. (626)355-4032

Should you convert your IRA to a Roth in 2010?



Here are three reasons why you should consider it:

- No more income limit on conversions-everyone is eligible
- You can spread the taxes due over a two-year period, paying half each year with your 2011 and 2012 tax filings.
- Any earnings become tax-free income if you wait to withdraw after 5 years or account opening and age 59½, disabled, death or first time home buyer.

You may want to consult with your tax advisor as well as your financial advisor to see if a Roth is right for you.

Withdrawals of any earnings before age 59½ and before the account is 5 years old may be subject to taxes and a 10% penalty.

Linda Polwrek
Financial Advisor
150 S. Los Robles Ave.
Pasadena, CA 91101
626-568-2770
lpolwrek@wradvisors.com



We join with...
The Sierra Madre
Chamber of Commerce
in wishing you
Happy Holidays!

The Sierra Madre
Woman's Club

Please look for us at
Dickens' Village!

Saturday, November 28, 2009 from 3:00 to 8:00 p.m.

Featuring baked goods, jellies, candy, gifts, and an opportunity drawing!

Proceeds benefit Sierra Madre Womens' Club Charities



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WHAT PEACE
MEANS TO ME
Essay Competition
For Grades 4-12

Pasadena POPS invites student writers in grades 4 through 12 to participate in an essay contest based on the theme: "What Peace Means To Me." Contest entrants could win a chance to recite their work onstage with the orchestra at the Holiday POPS concert on December 19, 2009 and win a pizza party for their class.

Pasadena

Help Fulfill Holiday Wishes for Teens At Risk

Hillside's children and youth in crisis, who suffer from severe emotional disturbances, need your help in fulfilling special wishes. Items for teenagers are especially needed this holiday season. Hillside's, a Pasadena foster care children's charity that creates safe places for children at risk and their families, is able to meet the holiday needs of children in their care and families in need because of generous community support. The teens' special wishes include: Hygiene items and hair accessories; perfumes, colognes; small purses, teen type and wallets; trendy tee shirts from Hot Topic, Nike, and sport teams; hoodie sweatshirts-adult men and women sizes; gift certificates to fast food restaurants, movie theatres, music stores, and retail stores like Target, Wal-Mart, Sport Chalet, Chick's, Macy's; watches and other teen jewelry; small electronic handheld games; and sports memorabilia.

For an ongoing holiday wish list, visit www.hillside.org. If you wish to underwrite a winter outing for the children, contact Laura Kelso, Director of Community Resources, at (323) 254-2274, ext. 251.

During the holidays, children who have lived through traumatic experiences reflect on their losses and abandonment. They exhibit profound depression, stress and anxiety recalling the fear, pain and confusion before they came to a safe and non-threatening place like Hillside's. Individuals in the community can make a difference by fulfilling a special wish and making the holiday season memorable.

Bring deliveries to Hillside's by December 18 at 940 Avenue 64 in Pasadena.

For information, call Laura Kelso, (323) 254-2274, ext. 251, or visit www.hillside.org.

California

SENATOR HUFF STRONGLY OPPOSES PROPOSED T.V. BAN

Un-elected state bureaucrats want to ban sale of certain TVs

Senator Bob Huff (R - Diamond Bar) released the following statement today after the California Energy Commission (CEC) voted to pursue regulations that limit the size and scope of televisions sold in the state.

"The government must stop this intrusion into the lives of regular people," said Senator Huff. "Let the free market work. Many Californians have already made the choice to purchase energy-efficient TVs. We must let the demand dictate the industry. If it doesn't make economic sense to a manufacturer, they will stop producing it."

"The problem with implementing an artificial time line like what has been proposed by the Energy Commission is that we then create a moving target. Businesses will invest in the manufacturing technology and equipment based upon the regulations set by government, but should the result fall short of the expectation, businesses will be negatively impacted and innovation will be stifled."

"While the Energy Commission may demand that retailers sell only certain types of televisions in their stores, consumers will still have the freedom to buy their favorite model from an online retailer or while on a shopping trip to Las Vegas," Senator Huff continued. "This is an especially dangerous economic time for California to lose jobs tied to TV sales, distribution and installation and there is no doubt in my mind that we will see a decline in tax revenue associated with the sale of these big-ticket items."

The California Energy Commission proposes to make changes to the Appliance Efficiency Standards. The proposed energy efficiency standards would cover new televisions offered for sale in California beginning in 2011 and 2013. According to the Commission, the standards would improve the energy efficiency of televisions without affecting the quality of the television.

Manufacturers believe that implementing the new power standards will cripple innovation, limit consumer choice and harm California retailers because consumers could simply buy TVs out of state or order them online.

A new national telephone survey by Rasmussen Reports, however, finds that 66% of Americans oppose a law that would effectively ban the sale of big-screen televisions to save energy. 16% favor the idea, and 18% are not sure.

"We are the classic example of nanny state government, and it continues to impede our economic recovery," commented Senator Huff. "The commission believes that 'energy is job number one for California'; not jobs, not water. This is ridiculous, and for this reason, I plan to introduce legislation in January to ensure that the efforts of the California Energy Commission to limit energy consumption aren't to the detriment of the state's hard-working families and consumers."

Senator Bob Huff serves as the Senate Republican Caucus Chair. He represents portions of Los Angeles, Orange and San Bernardino counties. You can follow Senator Huff on Twitter @bobhuff99.

Arcadia

Methodist Hospital Celebrates Final Beam Placed on New Building

Story and Photos By Chris Bertrand

On November 13, honoring a construction trade tradition, Methodist Hospital, Arcadia, celebrated the hoisting of the final steel beam into place on its North Tower construction. Guests, board members, staff and donors gathered at the best vantage point, the second and third floors of the adjacent parking structure.

Revered Philip Wood, Church of the Good Shepherd and a board member gave the invocation. Other speakers included Mike Hoover, Foundation Chair and Dennis Lee, Methodist's President/CEO. Joe Thomas, formerly of Neptune and Thomas Architects in Pasadena, was recognized and honored



Joe Thomas, the original architect for Methodist Hospital.

for his role designing the initial hospital building onsite in 1957.

Staff, physicians and board members had signed the white painted beam previously. After being briefly balanced near the podium for the assembled crowd to see, an enormous crane hoisted the beam, adorned with a tree and an American flag, up to the top for installation on the new building.

With construction currently ahead of schedule, Methodist Hospital's North Tower is due to be completed in 2011. It will include a 155,000 square foot, five story patient tower, emergency department 120 inpatient beds, a 20 bed intensive care unit, pharmacy, food services. For more information about

Methodist Hospital's "Next Generation of Care" visit www.MethodistHospital.org or call Ann Azer at 626-898-8076.



After the fact, Monrovia's, particularly seniors, have enjoyed two spectacular events during the past ten days: Veterans Day and the New Horizon Senior Club's Thanksgiving Day celebration which took place today, November 17th. Taking first things first: The Veterans Day Observance, sponsored by the Allied Veterans' Council and held on the magnificent grounds of the new Monrovia Library, November 11th, the day set aside to honor all veterans. Once again Lt. Col Charles Wiest, Civil Air Patrol, President, hosted the grand affair, featuring the presentation of colors by Veterans of Foreign Wars, Post 2070, patriotic musical selections by the Monrovia High School Band under the direction of Daniel Magallanes, the presentation of the Memorial wreath and the dedication of the Veterans Memorial by Monrovia Mayor, Mary Ann Lutz. All with a poignant touch of elegance!

Mayor Lutz's most articulate speech regarding the importance and significance of the day was well received, as were the words and thoughts of the other two Mayors, John Wu from Arcadia and John Fasana from Duarte. The Guest Speaker, Major Clarence Shaw, USAR and Councilman from Monrovia, really impressed upon the capacity crowd the importance of more diligent advocacy in helping all veterans, emphasizing the current laxity in helping

women veterans, as well as the hundreds of men and women returning right now from the current military showdowns.

The invocation and benediction were given by Pastor Louis Simens. Two events to make one's heart skip a beat were the flyover during Shaw's address and the beautiful playing of Taps by one of the students in the band. I do not know his name but will be happy to mention it again next week if someone e-mails it to me. It was flawless, we could hear people breathing, it was so quiet. Such poise and excellence from such a young student!

Today's Thanksgiving Day "dinner at noon" for 70 members of the New Horizon Club, held at the Monrovia Community Center, was spectacular. The club has the most wonderful caterer, Sally Atkins, who doesn't leave out anything in the lavish spread, featuring of course, the turkey, with all of the dressings ever introduced for this annual celebration in the month of November, including pumpkin pie of course. Entertainment was provided by Mark Barnett, Western Singer, and a popular entertainer in the valley, who really kept all of the toes tapping with every popular Western number we have heard during the last 30 years. December 1st, the Club gets in gear once again to prepare for the election of officers and programs for the new year of 1010.

Postrye@netzero.com

Pasadena

Children's Charity Needs Help with Adopt-a-Family Program

Pasadena Charity Seeks Holiday Help for Children and Families in Crisis

At seven years old, Daniel* was feeling the burden of trying to replace the responsibilities of his late father, who died tragically in a random act of violence. Seeing that his mother was struggling with the loss and the task of being the sole provider, Daniel constantly thought about how he could help his mother and brothers, ages 3 and 1. Daniel was having trouble concentrating in school and would frequently become emotionally overwhelmed.

"He never felt the carefree spirit and joy in his heart that most seven year olds experience," said Janis Reid, coordinator of school-based mental health program for Hillside's, a foster care charity that serves children and families living in Los Angeles County, including Pasadena. "The holidays are always a difficult time for families who have experienced such an immense loss like Daniel's."

The foster care children's charity, located in Pasadena, is able to lift the spirits of these children and their families for Christmas with the help of generous donors who adopt these families one time a year.

For Daniel who was referred to Hillside's, whose therapist started working with him and his

three-year-old brother, the charity has provided a safe place for this family to heal and for Daniel's mom to take charge of her family. With support from the therapist, Daniel's mom recently joined the sessions along with the youngest brother, who has a serious medical condition.

"The holidays make it brighter for families like Daniel's who will know that there are people who care about their well-being and that there is hope for the future," said Laura Kelso, director of community resources for the foster care children's charity in Pasadena.

"During these times, it is important that the family knows that people support and recognize their efforts and that they have not been forgotten, when all around they see images of perfect families having perfect holidays," said Reid. "It is also meaningful to have that little extra help with food, clothing and toys at a time when resources barely cover the necessities."

Families living in Los Angeles County like Daniel's rely on the generous support from the community through the Los Angeles children's charity adopt-a-family program. To learn more how you can help families experiencing crisis this holiday season, contact Kelso at 323-254-2274 and visit www.Hillside.org.

RAGTIME IN MONROVIA

THE ROSE LEAF RAGTIME CLUB, now in its 15th year meets on the last Sunday of every month, and will convene on Sunday, November 29, 2009 at the Aztec Hotel's Mayan Restaurant from 2:00 to 5:00 PM.

The Aztec Hotel, a marvelous historic building, built in 1925, is located at 311 W. Foothill Boulevard in Monrovia, 3½ blocks west of Myrtle. Plenty of free parking at the west side of the hotel. Suggested donation -- \$2.00 (performers are not asked to donate). Ragtime and related types of music, classic and contemporary, played on one or two upright pianos, as well as on other instruments. Attendees are encouraged to support the hotel (which does not charge the club) by partaking of the reasonable all-you-can-eat buffet. Performers, listeners and dancers (there's a small dance floor) are always welcome.

For further information call Hal Leavens (626) 359-8648 or Ron Ross (818) 766-2384 or send e-mail to ragtimeron@earthlink.net **The Rose Leaf Ragtime Club is on the Web at <http://roseleafclub.com>**

Videos of recent meetings can be viewed at <http://valleyragtimestomp.com/>

Celebrate A Bountiful Thanksgiving at Descanso Gardens

This Thanksgiving, Descanso Gardens makes the perfect place for a holiday gathering -- either before or after the big meal. Want to get out of the kitchen? Not interested in football? Need to really relax?

Visitors can "count their blessings" as they wander and explore the Gardens with family, friends and loved ones on this special day.

The Gardens will be opened for regular hours: 9 a.m. -- 4:30 p.m. In addition, the Patina Catering is offering Bountiful Harvest Thanksgiving Buffet with seatings at noon and 2 p.m. in Van de Kamp Hall.

A sample of menu items includes:

Tangy apple, sweet potato bisque,
Winter greens, goat cheese, cranberries with pomegranate vinaigrette,
Roasted turkey basted with black truffle butter, white wine gravy
Chestnut, leek and apple stuffing
Orange-scented Blue Lake green beans
Guayaquil chocolate mousse, caramel, macadamia nuts
Creamy pumpkin pie, cinnamon chantilly cream, cranberry compote

Cost for the brunch is \$45, (\$37 members), \$15 children 12 and younger, and free for children 3 and younger. Reservations are required by calling (818) 790-3663



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Wistaria Thrift Shop Month-end Sale

50% Off all clothing, shoes, purses, belts, linens, books, videos, and select other merchandise.

Shop from 10:00 a.m. to 3:00 p.m.

Thursday, Friday, Saturday, and Monday, November 19, 20, 21, and 23, 2009!

550 W. Sierra Madre Blvd., Sierra Madre, CA 91024

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Mountain Views News Pasadena Altadena

News Form Your Community For Your Community

County Urges Night-Time Aerial Water Drops

By Dean Lee

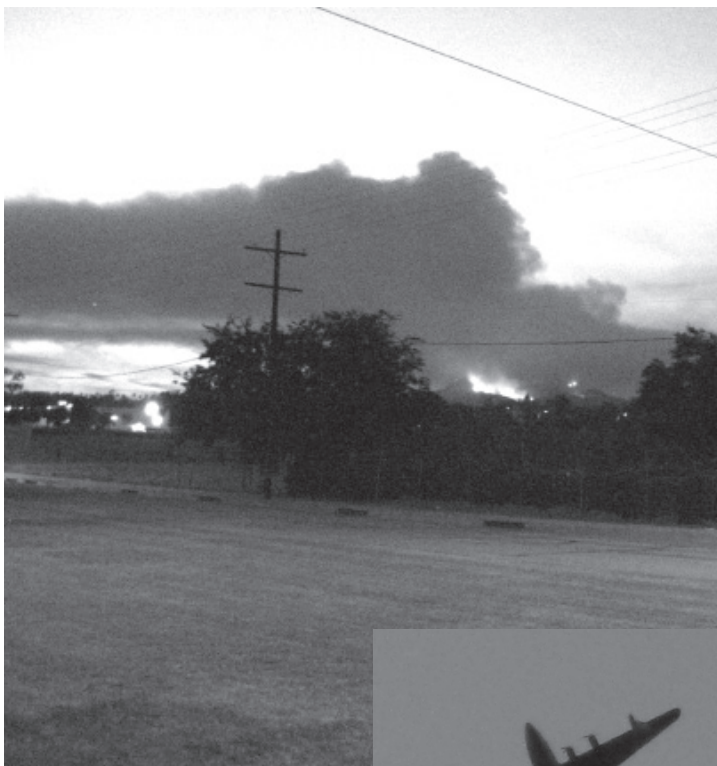
In an executive review released Tuesday focusing on the first five days of the massive Station Fire, the County of Los Angeles outlined changes needed in firefighting including the U.S. Forest Service policies for water drops and greater brush clearance within the Angeles National Forest, including Mt. Wilson.

The review also makes note of the accident at the remote prison Camp 16 in which two firefighters lost their lives when fire overran the camp. According to L.A. County Fire Chief Michael Freeman, the accident is still under investigation by CAL FIRE's Serious Accident Review Team. Freeman said the report should be made public within 45 to 60 days.

Those killed were 35-year-old firefighter Specialist Arnaldo Quinones and 47-year-old Capt. Ted Hall. Both worked at the camp supervising inmates.

County Supervisor Michael Antonovich, who has been critical on how the fire was attacked, said the Forest Service needs to change their water drop policy.

"The Los Angeles County Fire Department's



Station Fire Day 1
recommendations encouraging the Forest Service to allow night time and first-light air attacks would have prevented the Station fire's rapid growth and mitigated its catastrophic toll," Antonovich said.

Antonovich's staff also said he supported the County Fire report calling on the Forest Service to adopt tougher brush clearance requirements increasing the distance from



30 feet to 200 feet —which is the County's current requirement. He also agreed that a protective barrier will help prevent future damage to the communication infrastructure and the historical resources at Mt.

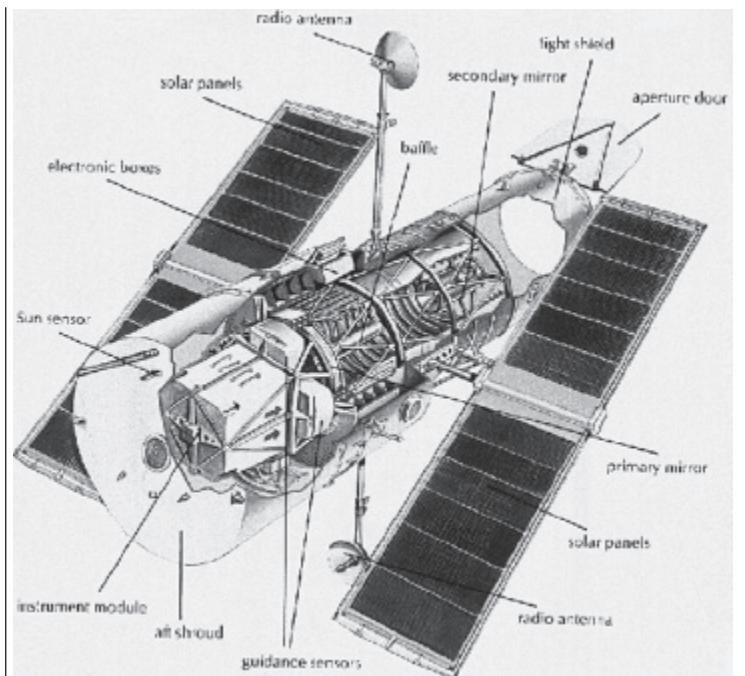
Wilson.

The county's review also advises fire protection engineers to develop and apply a fire-resistive ground cover martial, creating a buffer zone surrounding vulnerable area such as Mt. Wilson, Mt Disappointment, Mt. Lukens and others. It also calls on communication, observatory and museum owners to make existing structures fire-resistive.

The county also suggests allowing the Forest Service to enter into operating agreements with all federal, state and local fire personnel, equipment and aircraft for all fires within the Angeles National Forest. As well as night flying, this would include the use of Supper Scoopers.

In addition, Antonovich suggested that in fire incidents occurring in the National Forest that the County Fire Department should be the lead agency with support from the United State Forest Service.

According to Freeman, the firefighting cost was estimated at \$90 million and at the height of intensity nearly 5, 00 firefights were deployed. As many as 96 residences and commercial properties were lost he added.



Hubble Space Telescope diagram courtesy of NASA

Hubble Hardware Goes on Display

Two key instruments from NASA's Hubble Space Telescope have a new home in the Smithsonian's National Air and Space Museum in Washington after being returned to Earth aboard space shuttle Atlantis last May. Astronauts brought back the Wide Field and Planetary Camera 2, or WFPC-2, and the Corrective Optics Space Telescope Axial Replacement, or COSTAR, after more than 15 years in space. The camera returned the iconic images that now adorn posters, album covers, the Internet, classrooms and science text books worldwide.

JPL engineers designed and built the WFPC-2.

The WFPC-2 made more than 135,000 observations of celestial objects from 1993 to 2009. The camera was the longest serving and most prolific instrument aboard Hubble.

"For years the Wide Field and Planetary Camera 2 has

been taking pictures of the universe," said John Trauger of NASA's Jet Propulsion Laboratory in Pasadena, Calif. "Today, we are taking pictures of the WFPC-2 and I guess if there was ever a camera that deserves to have its picture taken, this is it."

The Hubble instruments will be on display in the National Air and Space Museum's Space Hall through mid-December. They then will travel to Southern California to go on temporary display at several venues. In March 2010, the instruments will return to the Smithsonian Air and Space Museum, where they will take up permanent residency.

For more information about the Hubble Space Telescope, visit: <http://www.nasa.gov/hubble>

. For a gallery of some of the most well-known and stunning WFPC-2 images, visit: <http://bit.ly/nasawfpc2gallery>.

Crime Drops in Pasadena



Police said last week The Criminal Justice Statistics Center will release a preliminary report on crime, January through June, of this year. Statistics, they say, show a 24.7 percent drop in violent crime (homicide, forcible rape, robbery and aggravated assault) citywide.

The report also shows a 4.1 percent reduction in property crimes including, burglary, motor vehicle theft, and larceny theft.

"The police department attributes this continued success to several contributing factors," Interim Police Chief Christopher Vicino said. "We continually apply the philosophy of prevention, intervention, and enforcement."

He said police arrested 89 violent gang members last year, which he added, had a significant impact on street level crime and the availability of drugs and money.

"The men and women of the Pasadena Police Department have worked especially hard," he said. "And lastly, and most importantly, the commitment of the Pasadena community to work with the police department to fight crime cannot be emphasized enough. Our community partners make a lot of what we do possible."

There were 238 violent crimes this year as compared with 316 in 2008 Also, the total number of property crimes went down from 1,158 last year to 1,158 this year a summery of the report shows.

Free Events

Monday, 3 p.m. – This weeks' film in the Children's Room at Pasadena Central Library, 285 E. Walnut St., is "Enchanted" (2007) starring Amy Adams and Patrick Dempsey as classic fairy tale characters who collide with modern-day life in New York City.

Tuesday, 11 a.m. to noon – If you're looking for work, plan on attending Job Prep 101 at La Pintoresca Branch Library, 1355 N. Raymond Ave. 3 to 5 p.m. – Children 5 to 12 will use their imaginations while making fun-filled autumn crafts at Hastings Branch Library. Calling all teens: Test your skills and take part in some fun "Twilight," "New Moon," "Eclipse" and "Breaking Down" trivia at La Pintoresca Branch Library. You could win some great prizes! (626) 744-7268. www.myspace.com/pplteens.



City Holds General Plan Community Extravaganza

By Dean Lee

Pasadena Public Information Officer Ann Erdman said their General Plan open house Saturday went off without a hitch. She boasted hundreds of Pasadenians enjoyed live entertainment, art projects, interactive exhibits, roundtable discussions, speaker sessions, and children's activities.

Stephanie DeWolfe, deputy director of the Pasadena Planning and Development Department, said "We have designed this event with a multitude of activities going on at the same time."

The event ended a six-month effort to gather input about the land use, mobility, and open space and conservation elements of the General Plan update.

Input on Police Chief Sought

The last community meeting is Saturday for residents, business owners and other stakeholders to provide input on the search for Pasadena's next police chief. The meeting will be from 9 to 11 a.m. at Victory Park Center.

During the first phase, each of the seven city council districts held community input meeting leading up to the open house.

Residents were asked both what they liked most about the city and what they thought could be improved. All in all residents said they like the small city feel of Pasadena some calling it a "home town charm." Other said they liked having a city where you can find everything from grocery stores to movie theaters to art galleries.

Complaints ranged from traffic, density to better public transportation.

Erdman said the second phase of the General Plan update will begin in 2010.

For more information visit www.cityofpasadena.net/generalplan or call (626) 744-6807.

Pet of the Week



Pasha, a lovely, four year old, lynx point Siamese cat is so wonderful! She loves attention and rubs against you while she carries on a little kitty conversations of meows and meows. Pasha would be perfect in an apartment or condo that allows pets. Come visit with this sweet girl today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. Currently, you can adopt two cats or kittens for just \$85.

Please call 626-792-7151 and ask about A261250 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org.

Cranking Down on Buckling Up

The Pasadena Police Department announced Thursday they will aggressively enforce the state's occupant protection laws as part of "Click it or Ticket" mobilization, taking place Nov. 17 through Nov 30. The campaign relies on heavy enforcement and public education as the local level as a means to help California achieve the highest seatbelt use in the nation.

The law requires that every passenger in a car, including the driver, is required to wear a seatbelt at all times. If stopped and found to be in violation, law enforcement officers will issue citations without warning they said, fines for the first violation have also gone up from \$100 to \$132 for adults and from \$401 to \$435 for children under 16, depending on county. They also said, children under 12 are required to ride properly restrained in the back seat.

"The use of seatbelts is one of the most basic safety measures we can take to mitigate serious injury and death as a result



of automobile accidents," Interim Chief of Police Christopher Vicino said. "So many of the fatalities we respond to could have been prevented if the occupants had just been properly restrained."

Pasadena is one of more than 280 law enforcement agencies participating in this year's program.

Doo Dah Dates Revealed

No Doo Dah Day = Sunday, November 22nd with the legendary Snotty Scotty and the Hankies!!! 2:00pm, \$5.00 admission. Cheap drinks and food available. American Legion, 179 N. Vinedo in Pasadena. 626-792-9938. Full bar, big dance floor, TV's for football, smoking patio, pool table. All are invited to wear their Doo Dah best!

Doo Dah Queen Tryouts = Sunday, February 13th at the American Legion, 179 N. Vinedo in Pasadena. 626-792-9938. Doors open at 2:00pm, Tryouts begin sometime after 2:30pm. First 20 queens hopefuls to arrive are admitted free-of-charge!!!!!! \$5.00 for all at the door. Food, pitchers of beer and well drinks at nominal (cheap) prices! Lotsa laughs!

2010 Pasadena Doo Dah Parade! May One! 11:30am! Official After Party at

American Legion, in East Pasadena, 179 N. Vinedo in Pasadena. Starts at 1:00pm or as soon as people show up after the parade. Snotty Scotty and the Hankies and Horses on Astroturf.



2009 Queen Skittles

Master Street Tree Plan Reviewed

The Design Commission will review Monday night recommendations to amend the Master Street Tree Plan for portions of the Civic Center/Midtown District, East Colorado Specific Plan and South Fair Oaks Specific Plan area. The meeting starts at 6 p.m. in the Hearing Room at the Permit Center, 175 N. Garfield Ave.

Public Invited To Plant Hastings Branch Library Garden

The public is invited to bring gardening tools and gloves to help landscape Hastings Branch Library with drought-tolerant plants on Saturday.

The Pasadena branch library and Council District 4's Team Up to Clean Up will join forces with other volunteers from 8 to 11 a.m. for a garden improvement project at 3325 E. Orange Grove Blvd.

"Volunteers will be able to learn about eco-friendly plants and landscaping for their own yards while giving us a hand," said Councilman Steve Haderlein, "It is a

great way to become part of our Clean Team and get the Hastings Branch Library looking good."

Pasadena Public Works' Parks and Natural Resources Division will supply additional crew and equipment for the low maintenance garden, which has a newly installed water-saving irrigation system.

Residents can sign up for this event at www.cityofpasadena.net/district4 or call District 4 Field Representative Rhonda Stone at (626) 744-4740. For more information call (626) 744-7262.

Sierra Madre Police Blotter

During the week of Sunday, November 8th, to Saturday November 14th, the Sierra Madre Police Department responded to approximately 280 calls for service.

Monday, November 9th

11:09 AM – Vandalism, 600 block East Sierra Madre Blvd.-City Recreation Center. Unknown suspect(s) pried the door rod locking mechanism to a set of double doors and gained access into the auditorium. Once inside the suspects vandalized the interior of the auditorium. The suspects also vandalized the exterior of the building and an electric car with eggs, tomatoes, barbeque sauce, and other items. No loss of property was reported at this time and the total damage to the building is unknown. No suspect description is available at this time.

Tuesday, November 10th

4:47 PM – Grand Theft, 100 block North Baldwin Ave. The victim called the police department regarding the theft of her wallet and other personal belongings from her vehicle, while her 6 year old son was sitting in the vehicle. The suspect, describe as a male Hispanic, about 18-25 years old, with short hair, entered the victim's vehicle through the unlocked driver's door, and stole the victim's diaper bag containing the loss from the front seat. The suspects then drove eastbound on Highland Ave towards Baldwin

Ave. The suspect's vehicle was described as an older model, white GMC/Chevrolet Suburban occupied by three young male Hispanics. Total loss is unknown at this time.

Thursday November 12th

12:20 PM - Sexual Battery, Canon Ave. A woman reported that a suspect touched her inappropriately while making sexual remarks about her. The suspect is known and is currently outstanding. Detectives are following up on the investigation.

Friday November 13th

7:03 AM – Felony Arrest, Possession of Methamphetamine, Drug Paraphernalia, and Resisting Arrest. 50 block N. Windsor Lane. While conducting a probation search with Los Angeles County Probation Department, officers encountered a man who fled when he saw police. Officers chased and caught the suspect. While searching him, officers found a used syringe and a small plastic baggie in the suspect's sock containing a powder that looked like methamphetamine. Officers arrested the suspect for the drug violation and took him to the Sierra Madre Police Department Jail. Officers tested the powder which revealed positive for methamphetamine. Officers drove the suspect to the Pasadena Police Department Jail for booking.

Arcadia Police Blotter

For the period of Sunday, November 8, through Saturday, November 14, the Police Department responded to 828 calls for service of which 115 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, November 8:

A traffic stop was initiated in the 00 block of West Huntington around 2:42 p.m. for an equipment violation. Two occupants were contacted, and record checks revealed that the 21-year-old male Hispanic passenger had a \$40,000 warrant and was taken into custody.

2. Around 6:27 p.m., loss prevention personnel from Macy's advised that they had detained two Hispanic women for theft. The women selected merchandise and concealed them in their bags. Private persons' arrests were made, and a 39-year-old and a 55-year-old were taken into custody for commercial burglary. Additional stolen property from Nordstrom, Disney, and Children's Place were also recovered.

Monday, November 9:

3. Shortly after 8:00 p.m., units responded to Macy's in reference to a commercial burglary. An employee saw two heavysset male Hispanic suspects run out of the store with display racks full of Coach purses. The total reported loss was approximately \$6,000.

4. Units responded to the 200 block of South Santa Anita around 10:13 p.m. in reference to a welfare check of a man lying on the grass in front of an apartment complex. A 47-year-old male Hispanic was contacted and he claimed that he fell asleep waiting for the bus, even though he was not in front of a bus stop. A record check indicated that he provided officers with a false name and he was also a parolee at large with a no bail warrant.

Tuesday, November 10:

5. A residential burglary occurred between 11:00 a.m. and 2:48 p.m. in the 200 block of East Floral. Unknown suspect(s) entered the home through a window. Once inside, the suspect(s) ransacked rooms and stole cash, jewelry, cell phone, camcorder, and other property.

Around 5:11 p.m., units were dispatched to Baldwin and Cambridge in reference to a solo traffic collision. Witnesses advised that the driver crashed his car into the center divider and was later picked up in a gray van. Officers responded to the registered owner's home in the 1000 block of San Carlos, where a 62-year-old male Asian was positively identified as the driver. A private person's arrest was made, and the man was taken into custody for DUI and hit-and-run.

Wednesday, November 11:

7. Between 1:30 p.m. and 4:00 p.m., a grand theft occurred at the Westfield mall parking lot. Unknown suspect(s) stole a GPS unit, cell phone, and iPod from a vehicle.

8. Around 7:14 a.m., officers responded to the 00 block of West Naomi in reference to several subjects going through residents' trash cans. A 37-year-old male Hispanic was contacted and a record check revealed that he had a \$15,000 outstanding misdemeanor warrant and was arrested.

Thursday, November 12:

9. A grand theft occurred at 12 East Longden around 1:10 p.m. The victim saw 2 male Hispanic suspects, 20-30 years of age, remove \$1100 in gardening equipment from his truck and fled in a white Ford van. The victim was able to obtain a partial license plate of the van.

10. A residential burglary occurred in the 1100 block of Arcadia between 12:15 p.m. and 5:45 p.m. Unknown suspect(s) forcibly opened the front door of the home and removed sterling silver heirloom pieces.

Friday, November 13:

11. While on routine patrol around 1:44 a.m., officers found a man yelling in the 00 block of Huntington. The man was extremely belligerent and he smelled of alcohol. A record check indicated that he had a \$50,000 outstanding warrant and was taken into custody.

12. Shortly after 7:00 a.m., a victim came to the station to file a grand theft report that occurred on November 12 at Baldwin Stocker School between 2:30 p.m. and 5:00 p.m. The victim advised that an unknown suspect stole her wallet from her classroom and later tried to use one of her debit cards to withdraw cash. Another teacher also reported that her wallet was stolen on November 12.

Saturday, November 14:

13. Units responded to Altadena around 9:29 a.m. to conduct a follow up investigation of the suspect van that was used in the theft of gardening equipment on November 12. A 30-year-old female Hispanic was contacted and a record check revealed that she had outstanding warrants totaling \$60,000, so she was arrested at the scene.

Around 6:00 p.m., a strong-arm robbery occurred at the Westfield mall parking lot. The victim was walking from her car when a male Hispanic ran up and grabbed her purse. A witness chased the suspect and was able to recover the purse; however, the suspect was able to flee the scene with the possible aid of two female Hispanic subjects. An area search was conducted, but the suspect was not found.

A Weekly Spotlight on Sierra Madre Volunteers

Margaret Quigley - Rx For Altruism

Margaret Quigley loves books, anytime, anywhere, in any form. And she parlays that love into her many volunteer activities.

For starters, she's president of the Friends of the Sierra Madre Library, serves on the Library Board, belongs to a book club, is an avid reader, and in all the activities with her children has enjoyed reading with them the most.

Her interests have expanded into a number of other directions in Sierra Madre. Immediately after she and her husband, Dr. John Quigley, moved here in 1983, she began working at Sierra Madre Community Nursery School "as a parent, nurse who checked for sore throats as the children came to school each day." Margaret also worked as a group mom and board member. When the Quigley children attended St. Rita School, she worked as room mom, driver, board member (including Ways and Means chair and president of the PTO). As the children entered high school (at La Salle, Loyola and Sacred Heart), Margaret took her talents to those venues, helping out in various ways.

As the children got older, the Sierra Madre philanthropist spent six years on the Library Board and joined the Creative Arts Group Board. Most recently, since the children are grown, Margaret has joined the Assistance League of Arcadia (the group serves over 1,000 children in the area), as well as San Marino League (studying art and promoting art). She is a docent at the Art Center College of Design, and belongs to Christ Child Society of Pasadena, which, she describes, is "a philanthropic group serving low income children."

How can she do all that? She does, and that's why she's been chosen as a singularly amazing

volunteer.

Margaret also attends Methodist Hospital Foundation activities with her husband who is an orthopedist in private practice and is on the staff at Methodist Hospital.

Margaret enjoys the bicycling trips she takes with her husband once a year in Europe. What's to love about those trips? "The scenery and the food," she laughs.

The Sierra Madre woman was born in the Southern Illinois town of Oakdale, and graduated from St. John's Mercy Medical Center in St. Louis, Mo. She worked in a burn unit, and also in surgical intensive care. She met John when he was in medical school in St. Louis, and when John's residency was completed, they moved to Germany, where John was stationed with the




U.S. Army Medical Corps. They spent a year in Boston while John completed a fellowship, then moved to Hawaii for two years where John was an instructor at Tripler Army Hospital. Then it was time to set down roots, and John went into private practice in Arcadia. They moved to Sierra Madre in 1983.

Son Robert is a football coach at a college in Pennsylvania; Susie lives in Torrance and has a BA in liberal studies. Tommy is at North Arizona University. A son, Michael, is deceased.

Margaret Quigley truly enjoys volunteering. "My parents were an example to me. Children need to see their parents participating in activities that are meaningful, and for me that was volunteering at my children's schools, and adding civic and philanthropic activities as time allowed," she concluded.

Margaret Quigley. -- She has the prescription for altruism.



 <p>WEBB-MARTIN REALTORS A Dickson Podley Company</p>  <p>153 East Highland Avenue, Sierra Madre Beautiful 2 bedroom / 1 bath on a nice corner lot. Large kitchen, beautifully remodeled with hardwood floors. Move in ready \$669,000</p>	<p>Carol Ann Canterbury (626)252-6322 <i>Carol.Canterbury@dicksonpodley.com</i></p>  <p>19 West Orange Grove, Sierra Madre Incredible, gorgeous large 9600 sq ft lot! 2 bedrooms upstairs with one bath. Downstairs has Master Bedroom w/ full bath. Beautifully remodeled kitchen with the charm of yesterday and today's the modern touch.</p>
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Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, First Star I See Tonight: an Exploration of Wonder, and am finishing a second book, Winds Aloft.

For writing samples and resume, see my web site: www.bobeklund.com.

Bob Eklund beklund@sprynet.com (310) 216-5947

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Students, Parents and Teachers Speak Up



From left to right: Assemblyman Adams, Sierra Adams (8th grade), Assistant Principal Garrett Newsom, Lea Connolly (7th grade), and Alexander Hernandez (6th grade) Story and Photo By Darla Dyson

Assemblyman Anthony Adams made his 2nd Annual visit to Sierra Madre School today where he visited with students, teachers, staff, and parents. During his visit of Middle School campus where he was greeted by Assistant Principal Garret Newsom, Adams was shown the drawings and site plans for the new Middle School, visited each classroom, and spoke with the Student Council. On his visit to the Elementary Campus, he toured the school grounds and visited with the 4th and 5th grade classes. Following his tour of both campuses, Adams sat down with Principal Gayle Bluemel, PUSD Board Member, Ed Honowitz, Sierra Madre PTA President Melissa Moore Castillo and past PTA President Helen Stapenhorst and listened to their concerns regarding the state budget cuts to Education and specifically the 20 million dollars in cuts that PUSD will be forced to make for the 2010-11 school year. Adams stressed that parents need to get involved and educate themselves about the budget cuts so that they can spread that knowledge to other parents. He encouraged open communication with him, his office, and other state legislators.

Trish's Truth

By Trisha Collins

Turkey Troubles...

It's the night before Thanksgiving. The house is a wreck. A crazed mother rushes around the kitchen, tasting this, turning off that, adjusting this, and then freezes. She sniffs the air. "The turkey!" She gasps, and opens the smoking stove, hoping the turkey, the main dish for Thanksgiving, is okay. It's not. What does she do? Who does she call? Is Thanksgiving ruined?

No, of course not. Not to fear, turkey hotlines are here! Yes, turkey hotlines are available for any and all kinds of turkey assistance. Don't know when a turkey is done cooking? Call up a turkey hotline and ask them! The night before Thanksgiving is prime time for hotlines. Many have phone lines open 24 hours for the thousands of people struggling to perfect their turkeys across America. Some of them only give you recordings, but many offer a direct line

from the distressed cook to the experienced poultry expert.

When calling a turkey hotline, there is no need to be embarrassed or ashamed. They have heard it all. In fact, they have dealt with all kind of "bird dilemmas", including bleach-scrubbed turkey, questions on cooking turkeys on radiators, and much more.

Looking for a good turkey hotline for help? Butterball Turkey Talk Line seems to be a favorite. They provide reliable assistance throughout November and December and also have a website that answers many of your frequently-asked-"turkey"-questions. With all these resources, everyone's Thanksgiving should be a success! *www.butterball.com

*1-800-BUTTERBALL (1-800-288-8372)

PUSD NEWSFLASH

** Parents, children and representatives of Pasadena Unified School District (PUSD), and Los Angeles Universal Preschool (LAUP) joined Los Angeles County Supervisor Michael D. Antonovich to celebrate the opening of a preschool in Altadena that caters to the needs of children with autism.

** PUSD Superintendent Edwin Diaz has named Sonia J. Rodarte as Director of Child Welfare, Safety and Attendance. Ms. Rodarte, who is a licensed clinical social worker, will be responsible for managing attendance, student discipline, campus safety, and the delivery of intervention and rehabilitative services for students who are at risk of failing in school. Ms. Rodarte joins PUSD after 10 years in the Los Angeles Unified School District, where she coordinated student discipline, student expulsion support services and truancy abatement, and served as liaison between the district, other agencies, and parent groups. She served as a pupil services and attendance counselor at the local district level, where she helped develop programs that promoted parent involvement.

** Looming state budget cuts will result in the loss of approximately \$20 million for PUSD over the next two years, threatening schools' progress. The school board is evaluating possible cuts and options for bringing additional funds to our schools. PUSD is asking parents, employees and students to complete surveys. Surveys are available in English or Spanish at www.pusd.us.

** The PUSD Parents' Guide to Schools 2010-2011 is now available online at www.pusd.us, and features important information about PUSD schools, signature programs and enrollment information in English and Spanish.

TWO PUSD SCHOOLS ELIGIBLE FOR CALIFORNIA DISTINGUISHED SCHOOL AWARD

Pasadena, CA – The Pasadena Unified School District (PUSD) announced today that Eugene Field Elementary School and Henry Longfellow Elementary School have met the academic requirements to be eligible for the prestigious 2010 California Distinguished School Award, which identifies and honors the state's most exemplary and inspiring public schools.

If selected, Field and Longfellow will join previous PUSD winners Andrew Jackson Elementary, Grover Cleveland Elementary and Jefferson Primary. Both Field and Longfellow have previously won the award.

"This is a tribute to the hard work and commitment to excellence by administrators, teachers, parents and students at Field and Longfellow Elementary," said Edwin Diaz, PUSD Superintendent. "Coming on the heels of Hamilton's National Blue Ribbon Award, this validates our focus on student achievement, professional development and parent and community

engagement."

The California School Recognition Program identifies and honors the state's most exemplary and inspiring public schools with the California Distinguished School Award. Although participation is voluntary, the award is highly sought after by schools in all areas of the state. The California Distinguished School award recognizes elementary and secondary schools during alternate years.

For the current year, more than 600 elementary schools were identified for eligibility on the basis of their Academic Performance Index and Adequate Yearly Progress results. Field and Longfellow will submit applications for the awards, and undergo a rigorous selection process conducted by the California Department of Education, with the help of educators from across the state, and in partnership with the California County Superintendents Educational Services Association.

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November 3, 2009	December 2, 2009	January 14, 2010
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The meetings are from 9:00 - 11:00am. R.S.V.P. to 626/286-3108 is appreciated.

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdal

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsliions.org

Carden of the Foothills School
429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414
626/358-5164 fax office@cardenofthefoothills.com

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road
Pasadena, Ca. 91107
626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 Principal: Patrick Bonacci
website: www.lasallehs.org

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000, email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School
2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

Pasadena Unified School District
351 S. Hudson Ave. Pasadena, Ca. 91109
(626) 795-6981 website: www.pusd@pusd.us

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-9028 Principal: Joanne Harabedian
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
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Good Food and Drink



TABLE FOR TWO

By Peter Dills

Nikki C's

If it's good enough for Jockey Mike Smith, it's good enough for me!! Nikki C's is a small restaurant

which possesses a large appeal. It is named after the owner's daughter and the restaurant has gathered a large faithful following over the years; among race track enthusiasts, local neighbors and a kaleidoscope of regulars from all parts unknown. It offers an Italian menu with an old American Flair. The restaurant is softly lit and has a club feel about it. The bar has six TV's and

many of the patrons find Nikki C's as attractive and satisfying as Norm would on any Cheers episode. Most of the regulars sit at the bar when they take their main course and it appeared to me that they felt at ease, as if they were in their own home enjoying a meal.

For my last visit I decided to sit in the dining room, which is quaint or in proper American speak, on the small side. I wanted to get a better idea of what they had for a selection, so I decided that I would order, half orders of appetizers and entrees. That way I could try more dishes and get a better idea of what they have to offer. For starters I had the Blue Cheese Wedge Salad (\$8). It is comprised of a crisp cut of lettuce topped with bacon bits and Blue Cheese dressing. That is one fantastic dish that I will order every time I attend this restaurant. I stuck with appetizers for our next course, which was a combination of Ahi Sashimi and Filet Mignon on toasted baguettes, with a touch of wasabi mayo (\$10), this is a gold medal winner for this critic. As an additional surprise our host Nikki brought us out a bacon wrapped filet mignon and a bed of Risotto. I felt the Risotto could have been cooked another minute, but was assured that it was done correctly. I guess I'm not so smart after all, no comment please! During the meal My dinner date and I shared a bottle of "J" Champagne, it priced reasonably at \$49.

Okay, its entrée time. You have to have Lasagna at an Italian Restaurant, don't you? It brought back a forgotten memory of a place that I went to in Hoboken NJ on a rainy day. It has enough cheese to satisfy any cheese lover and flavor that your mama would lift her fork approvingly. Since I wasn't driving I ended the night with a martini at the bar, and traded horse stories with Mike, in case you didn't know, Mike Smith was aboard Zenyetta in the Breeders Cup. All an all a great evening.

Watch Peter's TV Show every Saturday afternoon at 3 p.m. on KJLA / LATV.

If you like to dine out, Tune in. It's The Chef Knows with Peter Dills. LA's only Restaurant TV Show.

Contact Peter at: thechefknows@yahoo.com

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Wed 11th 8:00 PM - 11:00 PM Perlene Thurston Trio
Thursday 12th 8:00 PM - 11:00 PM LIVE JAZZ
Friday 13th 8:00 PM - 11:00 PM Jack Sheldon
Sat 14th 8:00 PM - 11:00 PM Cheryl Barnes & Phillip Cabasso
Sun 15th 1:30 PM - 5:00 PM New Astro Turf
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Thurs 19th 8:00 PM - 11:00 PM Susan Krebs
Friday 20th 7:00 PM - 9:00 PM Nicole Gordon
9:00 PM - 11:30 PM DOUBLE NAUGHT SPY CAR !!
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10:00 PM - 10:00 PM Dona Oxford Queen of Boogie Piano
Sun 2nd 1:00 PM - 4:00 PM Jazz Brunch with Julie Kelly
7:00 PM - 10:00 PM Opera to Broadway with Danny Guererro
Tues 24th 8:00 PM - 9:00 PM
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9:00 PM - 9:00 PM Mercy & the Merketts Thanksgiving Dance party !!
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Fri 27th 8:00 PM - 11:00 PM
Swing Dancing with Flat Top Tom & the Jump Cats
Sat 28th 8:00 PM - 11:00 PM
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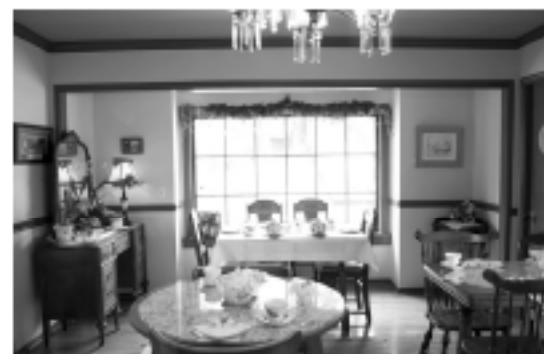
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Bean Town: Homemade Holiday Pies From A Very Special Kitchen



Matt and Jose proudly show off their freshly baked pies. Photo by Chris Bertrand

Story by Susan Schroeder

Why not put the ‘perfect pie’ on your holiday table?

Dubbed by the Sierra Madre locals as “the living room of Sierra Madre” who could have imagined that Bean Town bakes one of the most delicious Thanksgiving “3 Apples” pies in the San Gabriel Valley?

If you have never experienced a slice of one of their amazing “3 Apples” pies you have a treat in-store for yourself.

For the last three years, or since Matt Krantz and his Mom Joanna Krantz bought one of the town's favorite eateries, they have taken an annual road trip to the Los Roias Rancho Apple Orchard in Visalia. There they spend the day selecting the best of the three varieties of apples grown on the farm and use these fresh picked apples to make their famous pie.

One of the secrets in the preparation of this treat is not only the freshness and quality of the apples, locally grown without pesticides and hand picked, but the combination of the three varieties of apples atop the wonderful home made, flakey pie crust baked to perfection. A perfect combination - an apple pie with the tart Granny Smith Pippin and the sweet Roma Apples in a scrumptious crust!

Mary Lee’s (Dean Lee’s Mother)
Sausage Appetizers

Also makes great sandwiches the next day !

Ingredients
Refrigerated dinner rolls (10 in a tube)
Farmer John sausage links (cut in half or thirds)
butter on top

Directions:
Take rolls and flatten separately with hand or rolling pin
Put link in half of flat dinner roll
(if using thirds spread sausage to cover roll)
Fold over and seal edges by pinching
Put 10 in ungreased cake pan
Bake 350 degrees/20 minutes until top is golden brown

Enjoy

**Richard Garcia’s
Cranberry-Pomegranate Sauce**

1 1/2 pounds fresh or frozen cranberries (6 cups)
2 cups sugar
1 cup pomegranate juice
2 cups fresh pomegranate seeds

Directions
In a medium saucepan, combine the cranberries with the sugar and pomegranate juice. Bring to a simmer and cook over moderate heat, stirring occasionally, until most of the cranberries have burst, about 10 minutes. Scrape the cranberry sauce into a medium bowl and let stand until cool, about 2 hours. Fold in the pomegranate seeds and serve the sauce chilled or at room temperature.

Pat Ostrye’s Non-Recipe Turkey(The Best)

My recipe would be that my husband always fixed the turkey. I really don't know how it began but, even when we had turkey a lot through the years, he always fixed it. So when he died 21 years ago, the men in the family thought I didn't know how to do it, which was fine with me. So, for this Thanksgiving, the family is going to Martin's in Arcadia. He is the youngest who was 27 when his dad died in October of '88. A few days before Thanksgiving that year he called to say he had the turkey but where should he fix it since he had a small apt in Arcadia at that time. Two of his sisters helped him do it and they brought it all to my sister-in-law's because I was living in Escondido yet, moving back to the area the first of that year. That Christmas, the oldest son took care of it, buying and fixing 2 turkeys. As long as the family doesn't run out of men, we have it made.

Dixie Countant’s Easy Anti-marshmallow Yams
For those of us who don't like marshmallow on our yams, here's the family recipe for Candied Yams.

Ingredients:
Yams or sweet potatoes Butter Light Brown Sugar

Buy as many yams as you need depending on how many people are coming to dinner. I plan two medallions per person if I'm doing a full-blown dinner with all the trimmings.

Wash and slice yams (or sweet potatoes) into one-inch medallions. Steam medallions until barely done. (Not too soft) Skin the medallions by gently cutting the skin and lifting - it will almost fall off.

Arrange medallions in baking dish. (They can touch, but don't stack them) Put a small pat (approx 1/4 tsp of butter on top of each medallion. Sprinkle light brown sugar over medallions. Cover and bake in 350 oven for 1/2 to 1 hour.

The recipe has been in the Krantz family for years and going to the apple orchard to bring the apples back to Bean Town’s “small but mighty” kitchen has become a tradition in the City of Sierra Madre.

Bean Town’s “little kitchen” in case you did not know, is a bakery par excellence and provides delicacies to many of Pasadena’s finest restaurants.

Whenever you stop by for a sandwich, fresh scone, cupcake, pumpkin or lemon square you can be certain that it has just been popped out of the oven or prepared fresh from scratch using receipts collected over generations by the Krantz Family.

This week begins the baking of the pies for Thanksgiving at bean town. Joanne, Matt and Jose begin baking in the morning around 4:00 AM from now until 3:00 in the afternoon on Thanksgiving Day.

Orders are already being taking for pies since last week but not to worry, Matt, Joanne and Jose assured me that they brought back enough apples to handle the demand for this once a year Thanksgiving treat. Get your order in early (626) 355-1594.

From the Pen & Kitchen of
Deanne Davis:

Thanksgiving Day Breakfast

The festive bird is stuffed and in the stove, the potatoes are boiling for mashed potatoes, you’ve said the gravy prayer (please, Gravy Deity, let it be smooth this year). And people are saying, “we’re hungry!”

This is not a problem, put down that ladle and in just minutes, you can hand everybody an Eggnog-Brandy Muffin!

If you’re truly feeling like Wonder Woman, whack up some bacon and an onion into small chunks, sauté them together, throw in some eggs, scramble it altogether, and serve the Thanksgiving breakfast they’ll remember with delight all year long.

Eggnog-Brandy Muffins

2 cups flour
2/3 cup granulated sugar
1 TB. Baking powder
½ tsp. Salt
¾ cup prepared eggnog
½ cup brandy
5 TB butter, (unsalted if you’ve got it...use a little less salt if you don’t) melted
1 egg, beaten
½ tsp. Grated nutmeg plus a little more for sprinkling on top

Preheat oven to 400 degrees. Grease 12 muffin pan.
In a large bowl mix flour, sugar, baking powder and salt. Add eggnog, brandy, butter, beaten egg and ½ tsp nutmeg. Stir only till mixed. DO NOT OVERBEAT or muffins will be rubbery and tough.

Spoon batter into greased muffin cups and sprinkle tops of muffins with nutmeg. Bake about 20 minutes or until tester inserted into center of muffin comes out clean. Remove from tin, butter and enjoy.

They freeze nicely and are probably about 200 calories per muffin.

Happy Thanksgiving!
May your turkey be tender, succulent and juicy, and may somebody who really knows how.. offer to carve it.



Good Eats Roast Turkey
Recipe courtesy Alton Brown
Prep Time: 15 min

Inactive Prep Time: 7 hr 0 min
Cook Time: 2 hr 30 min
Level: Easy
Serves: 10 to 12 servings

Ingredients
1 (14 to 16 pound) frozen young turkey

For the brine:
1 cup kosher salt
1/2 cup light brown sugar
1 gallon vegetable stock
1 tablespoon black peppercorns
1 1/2 teaspoons allspice berries
1 1/2 teaspoons chopped candied

ginger
1 gallon heavily iced water

For the aromatics:
1 red apple, sliced
1/2 onion, sliced
1 cinnamon stick
1 cup water
4 sprigs rosemary
6 leaves sage
Canola oil

Directions

2 to 3 days before roasting:
Begin thawing the turkey in the refrigerator or in a cooler kept at 38 degrees F. Combine the vegetable stock, salt, brown sugar, peppercorns, allspice berries, and candied ginger in a large stockpot over medium-high heat. Stir occasionally to dissolve solids and bring to a boil. Then remove the brine from the heat, cool to room temperature, and refrigerate.

Early on the day or the night before you'd like to eat:
Combine the brine, water and ice in the 5-gallon bucket. Place the thawed turkey (with innards removed) breast side down in brine. If necessary, weigh down the bird to ensure it is fully immersed, cover, and refrigerate or set in cool area for 8 to 16 hours, turning the bird once half way through brining. Preheat the oven to 500 degrees F. Remove the bird from brine and rinse inside and out with cold water. Discard the brine. Place the bird on roasting rack inside a half sheet pan and pat dry with paper towels.

Combine the apple, onion, cinnamon stick, and 1 cup of water in a microwave safe dish and microwave on high for 5 minutes. Add steeped aromatics to the turkey's cavity along with the rosemary and sage. Tuck the wings underneath the bird and coat the skin liberally with canola oil.

Roast the turkey on lowest level of the oven at 500 degrees F for 30 minutes. Insert a probe thermometer into thickest part of the breast and reduce the oven temperature to 350 degrees F. Set the thermometer alarm (if available) to 161 degrees F. A 14 to 16 pound bird should require a total of 2 to 2 1/2 hours of roasting. Let the turkey rest, loosely covered with foil or a large mixing bowl for 15 minutes before carving.

Paul Nieby's CORN BREAD DRESSING
Ingredients:
2 - 6 oz. bags Mrs. Cubbison's Seasoned Cornbread Stuffing Mix
1 cup chopped, raw white onions
1 cup chopped raw celery
10 dried apricots cut into pieces
4 oz. Walnuts (they can be bought in a bag of about that size
6-8 oz. Sausage, sauteed brown, defatted & crumbled. (Jimmy Dean brand sage flavored is good
2 cups heated Chicken Broth
4 tbsp. butter melted in with 1 cup of the chicken broth

Directions:
Toss the vegetables and stuffing mix in a bowl. Add 1 cup of the heated broth with the melted butter and toss again. Load lightly in a greased covered casserole and bake for 45 minutes in a 350 degree oven. Half way through, pour the additional cup of chicken broth over the dressing.

This recipe is modified from the one that appears on the Cubbison pack by the addition of the sausage, apricot, and walnuts. The additional broth added half-way through the baking, makes the dressing moist enough but still light and discreet.

Also from Paul Nieby: CREAMED PEARL ONIONS

Ingredients:
Onions, small pearl as needed
Milk, butter,flour, Worcestshire Sauce, Cayenne , Salt & Pepper

Directions:
Trim the bottoms of the onions but otherwise leave them unpeeled. Drop into boiling water for 3-5 minutes. Drain and peel when cool. Reserve the onion water.

Make a medium white sauce (2/2/1) using half milkd and half onion water. You may make a Mornay Sauce by adding shredded cheddar if desired. Flavor with Worcestshire, Cayenne and salt and pepper. The sauce should be fairly thick as the cooking onions will add liquor.

Pour the sauce over the onions in a casserole and bake covered in a medium oven for 30-40 minutes.

Mary’s Confetti Stuffed Mushrooms

Thanksgiving Potluck Vegan-style Mushrooms		
1-1/2	#	Mushrooms, preferably Brown or Cremini: Separate into caps & stems.
1/3	cup	Celery, 1/8” dice
1/3	cup	Carrots, 1/8” dice
1/3	cup	Baby Bell Peppers - Yellow, Orange, Red - 1/8”
1-1/2	Tbsp	Extra Virgin Olive Oil
3/4	cup	Vegetable Broth, divided
1/4	cup	Apricot, Peach, Orange or Blackberry Brandy
3/4	tsp	Lindberg Porterhouse & Roast Seasoning (from Taylor's)
1	cup	Parsley, Finely Chopped
2	Tbsp	Lemon juice (fresh)
1	cup	Bread Crumbs - slightly dry
1/4	cup	Pecorino-Romano Crumbled Cheese

Clean Mushrooms. Remove Stems, set caps in lightly greased baking pan with holes up.

Dice mushroom stems into 1/8” bits.. You should have 2 cups diced mushroom stems. If not enough, add more mushrooms (if you have them) to make 2 cups.

Put olive oil & ½ cup broth in sauté pan, turn heat to medium. Add Seasoning. Add celery and carrots. Layer with diced mushrooms, then diced peppers. Cover and cook slowly about 5 minutes, stirring once to ensure mushrooms and peppers get mixed with broth.

Add Parsley. Simmer another 5 minutes. Taste and add more seasoning if needed. Remember - adding breadcrumbs will soften flavor intensity.

Drain broth from sauté pan into cup.

Add remaining broth with brandy and lemon juice to mushrooms, and return to heat until broth boils. Drain this liquid also into the cup. Reserve.

Add breadcrumbs and grated cheese to drained mushrooms. Mix well. If very dry, add 1 - 2 tablespoons of reserved broth.

Stuff mushroom caps. Place neatly in greased table-ready stove top / baking dish. Carefully spoon some of the reserved broth into the dish;

Simmer gently for 5 minutes ... Add more mushrooms as the others shrink. Simmer another 5 minutes & repeat. When adding the last mushrooms, drizzle any remaining broth lightly over all the mushrooms’ stuffing for the final cooking.

Remove from heat and let cool. Serve room temperature. Or chill, and reheat just before serving. More fun to stuff the mushrooms with someone else - for sociability - after all, thanksgiving and social are what it’s all about.



HOWARD Hays As I See It

Whatever happened to “the home of the brave”? It seems a disproportionate number of policy initiatives and campaigns have been marketed to the fearful among us. After the 9/11 attacks we were told to be fearful of our rights under the Constitution, and the Patriot Act was pushed through before anyone had a chance to read it. Resources were diverted from hunting down Osama bin Laden in order to fight a speculative threat from Iraq, because Saddam’s “smoking gun could turn out to be a mushroom cloud”. Color-coded threat-level announcements were accelerated prior to the 2004 elections, which former Homeland Security Secretary Tom Ridge suggested had more to do with re-electing George W. Bush than with any actual threat. Opposition to health care reform was stoked by fears of “death panels” and encroaching socialism. Last fall’s \$700 billion no-questions-asked TARP bailout was rushed through in fear of the consequences of inaction. (Russ Warner, running for David Dreier’s seat in Congress, complained, “They kept saying we had to pass it ‘or else’, but they never explained, ‘or else what?’”)

Now there’s another reason to be afraid: five terrorist suspects are to stand trial in a courtroom blocks away from the site of the fallen Twin Towers. Sen. John Cornyn (R-Tx) is afraid that “. . . bringing these dangerous individuals onto U.S. soil needlessly compromises the safety of all Americans.” Sen. Mitch McConnell (R-Ky) is afraid that “Classified information can be inadvertently leaked”, and “our communities will be potential targets for attack.” Sen. Lindsay Graham (R-SC) tried (and failed) to pass an amendment barring the funding for transporting detainees from the Guantanamo facility.

Who is behind these efforts to so endanger the homeland? Rep. John Boehner (R-Oh) blames “liberal special interest groups”. Karl Rove explained that it’s part of a “long standing plot by liberal lawyers who do not love America who want to undermine our cause in the global war on terrorism.” Former New York Mayor Rudy Giuliani blames those who don’t “get the fact that there is an Islamic war against us.” (With Giuliani it seems to be a matter of who occupies the White House; when “20th hijacker” Zacarias Moussaoui was convicted in a New York courtroom during the Bush administration, it was extolled by Rudy as a fine example of how our system works.)

Sometimes fear comes with the unfamiliar. Critics seem unnerved by a Justice Department which is once again operating independently under the Constitution, rather than as a political arm of the White House. Attorney General Eric Holder informed President Obama of his decision as the president was over the Pacific on his way to Japan. Some defendants will be tried by military tribunals. Five will be brought to court:

Khalid Sheikh Mohammed (44), Kuwaiti of Pakistani origin, accused of being the mastermind behind the 9/11 attacks and the killing of U.S. reporter Daniel Pearl in 2002.

Ramzi Binalshibh (35), Yemeni who was a roommate in Hamburg of 9/11 attack leader Mohammed Atta, accused of helping to coordinate the attacks.

Ali Abd al-Aziiz Ali (30), nephew of Sheikh Mohammed, accused of helping with logistics and funding for the attacks.

Wallid bin Attash (29), Saudi with Yemeni family ties, accused of involvement in the 2000 attack on the USS Cole in Yemen.

Mustapha al-Hawsawi (40), Saudi associate of Osama bin-Laden, accused of arranging funding for 9/11 attacks.

All were captured in Pakistan, most in the spring of 2003.

These upcoming trials have been called “unprecedented”, but that is hardly the case. Under President Clinton, Ramzi Ahmed Yousef was convicted of masterminding the 1993 World Trade Center bombing. Ohmar Abdel-Rahman, the “blind sheik”, was convicted of involvement in that bombing and of plotting to blow up other New York landmarks. Under President Bush, there were the convictions of Moussaoui and of Richard Reid, the “shoe bomber”. All are serving life sentences in maximum security prisons. According to the U.S. Bureau of Prisons, there are currently 216 international and 139 domestic convicted terrorists in U.S. prisons - none have ever escaped. Since 2001, 195 terrorists have been tried and convicted in our civil courts system. During the same period, military tribunals have convicted a total of three.

Those opposing open trials have fears of their own. They’ve expressed concern that confessions made under torture are inadmissible. That’s inconsequential; Khalid Sheikh Mohammed initially confessed to his crimes not to U.S. interrogators but to a reporter for Al Jazeera long before his capture. The real fear is that more information might come out on the prosecutable acts committed in our name. There’s also concern that defendants would use the opportunity to espouse their vision of Islamic jihad. More likely the fear is they would ascribe motivations behind 9/11 to our support of Israel and of authoritarian Arab regimes like those in Egypt and Saudi Arabia. Some have decried the prospect of their being treated as “common criminals”. For others, that’s the way it should be; denying them whatever satisfaction might be derived from their being depicted as martyred warriors in a loftier cause.

In a 1789 letter to Thomas Paine, Thomas Jefferson wrote, “I consider [trial by jury] as the only anchor ever yet imagined by man, by which a government can be held to the principles of its constitution.” Responding to the controversy surrounding the upcoming trials, activist Kristen Breitweiser, who lost her husband at the World Trade Center on 9/11, wrote, “. . . in the fight against Islamist extremism, we should never bow to the terrorists by compromising, manipulating, re-writing or flat-out ignoring the core, bedrock principles of our Constitution that speak to the very heart of who we are as a nation -- a democracy.” As I see it, protecting our Constitution from those who would use fear-mongering to subvert it is something we should never be afraid to do.



GREG Welborn

Politial Trial Not A Civilian Trial

The Obama administration’s decision to bring Khalid Sheikh Mohammed and several other key al-Qaeda terrorists to New York City for a civilian trial is one of the most irresponsible decisions ever made by a presidential administration. While they claim that their motivation is simply to provide a constitutionally protected civilian trial to these accused terrorists, their real motivation is to provide a political trial in which all their anger and vendettas against the Bush administration can be publicly aired and gain some temporal credibility with the public at large. Sadly, their championing of narrow political goals over the more significant national interest portends unprecedented danger for our national security.

If justice and constitutional preservation were the sole motivations here, there wouldn’t even be a trial. These five terrorists were originally charged in a military commission, which have been approved by Congress and upheld by the Supreme Court. No question there about constitutional integrity. Eleven months ago, these terrorists were all ready to plead guilty and proceed to their sentencing. No constitutional question there when a defendant wishes to admit their guilt. You just accept it and move on. Lastly, if there were a serious question as to the constitutionality or legitimacy to the military commissions, then why is the Obama administration continuing the commission system for all the other enemy combatants accused of war crimes. There is absolutely no legitimate legal reason or rational policy issue for transferring these terrorists to U.S. soil and our civilian justice system. But there are a number of political benefits for doing so.

During the 2008 campaign, Obama endlessly criticized the Bush counterterrorism policies and promised his left wing base a “day of reckoning.” Since President Obama took office, his Attorney General, Eric Holder, has wasted no opportunity to transfer classified information relating to those policies into the public arena. The information dump of strategically significant information has been unprecedented and hugely damaging to our ability to fight this enemy. Attorney General Holder has even indicated his willingness to turn over evidence to anxious European investigators who seek to charge Bush-administration officials with war crimes.

Now, with the decision to bring these 5 terrorists onto U.S. soil and into the American criminal justice system the left will get its day of reckoning – at the expense of American security and safety.

When the terrorists are transferred into the criminal system on U.S. soil, they will immediately be given the right to review all relevant information to their “arrest” and trial, including sensitive intelligence information and sources. The ability of any judge to limit such disclosures is greatly hindered over what a military judge is able to do. Think about it; acknowledged terrorists and sworn enemies of the U.S. who would not hesitate for a moment to disclose what they learn will now be told how we discovered their operations, tracked their movements and foiled their plots. Never in any previous war has any country – including ours – allowed such sensitive information to be disclosed before (or in some cases even after) the war was over. Has the Obama administration forgotten that there are still hundreds of

thousands of other self-proclaimed terrorists out there actively fighting against U.S. troops and American interests? Have they forgotten that just recently, we have uncovered terrorist plots to kill personnel at Fort Dix, to blow up buildings, to take down airliners over the Pacific?

President Obama and Attorney General Eric Holder, both experienced litigators, fully realize that in civilian court, these terrorists can and will demand discovery of mountains of government intelligence. President Obama knows this will happen, and because it is unnecessary to have this civilian trial at all, we are sadly forced to conclude that this is exactly what our president wants to happen.

What this clearly will do, and seems unmistakably to be the real goal, is to give the hard Left its promised attack-fest on the Bush administration. The controversy that the left whipped up against the Bush administration surrounding their highly effective intelligence-collection measures really went nowhere. When the facts were aired, the methods disclosed and the information we gained presented to the American people, Americans overwhelmingly accepted the legitimacy and morality of what had been done in their name to protect them from the current scourge of humanity. The hard left just can’t accept that fact and still strives to paint a compelling picture of the U.S. as victimizer on the world stage. That’s the soap opera which these trials really represent.

If this were just a matter of the left putting the previous administration on trial, we could almost accept it as a comic tragedy writ large. But from indictment to trial, prosecution of the civilian case against the terrorists will jeopardize the security of all those associated with the trial and all those who live or work near the trial. New York will once again become ground zero – the primary target – of every al Qaeda operative in the world. Fatwas will be issued against the prosecutors, the judges, the sheriff’s deputies, against anyone associated with this trial. You think not? Recall that these types of people issue death warrants against cartoonists who draw unfriendly pictures of Mohammed.

Quite simply, this is a disaster in the making. We will compromise our national security, our intelligence gathering capabilities and our efforts to successfully defeat this sworn enemy. We will put at risk a much larger number of civilians than died in the 9-11 attacks, and there is a possibility that some sympathetic judge will allow some procedural ruling to derail the actual prosecution of these admitted terrorists. Remember, their admissions of guilt before being read their Miranda rights will be inadmissible. Although the case seems air-tight, there is the possibility that they will walk free. The civilian trial is just camouflage for the political trial the left has demanded since the inauguration. Now they’ve got it, and the rest of us will have to pay the price. Let’s just hope none of us has to once again pay the ultimate price.

Gregory J. Welborn is an independent opinion columnist. He writes and speaks frequently on political, economic and social issues. His columns have appeared in publications such as The Los Angeles Daily News, The Orange County Register, The Wall Street Journal and USA Today. He can be reached at g.welborn@mtviewsnews.com.

LETTERS TO THE EDITOR

Dear Editor:

In reading your article on Alverno's Villa use in the November 7, 2009 issue, it states that use of the Villa has actually decreased; in 2008, there were 9 event free weekends and in 2009, to date, there have been 11 event free

weekends. Let's look at that from a different perspective for a moment....that means that in 2008, there were 43 weekends that the neighborhood put up with noise, traffic, etc. and in 2009, with 6 weekends to go in the year, there have been 41 weekends of noise and traffic. Can someone please tell me how

that is being a good neighbor? Living across the street from a school is fine. Living across the street from a school that operates a wedding reception/event business is another.

Respectfully,

An Alverno Neighbor

Dear Editor:

After reading the article on the residents opposed to Alverno's plans, I just don't understand their whining. The school has been there for 49 years, and now some residents are complaining that the increase

of extracurricular activities will further disrupt their lives. I would think that they would of known, moving in that area, the sounds that are associated with a school. I'm appalled at how a few new residents can come into Sierra Madre and change the whole look and

atmosphere of the once small town, called a village. I know my Dad is probably jumping in his grave at all the changes done to his beloved town.

Thanks,
Robert Frederic Osti

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1606863**

The following person(s) is (are) doing business as: **A & R AUTO COLLISION**, 5801 S. CENTRAL AVE., L.A., CA 90011. Full name of registrant(s) is (are) **RENE ARGUETA**, 13520 FRANCISCOUITO AV.#B, BALDWIN PARK, CA 91706. This Business is conducted by: **AN INDIVIDUAL**. **Signed: RENE ARGUETA**. This statement was filed with the County Clerk of Los Angeles County on **10/23/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1630745**

The following person(s) is (are) doing business as: **AEN TOBACCO**, 14448 VICTORY BLVD., (ARE) NUYS, CA 91401. Full name of registrant(s) is (are) **ARMEN MARKOSYAN**, 615 PROVIDENCIA AVE., BURBANK, CA 91501. This Business is conducted by: **AN INDIVIDUAL**. **Signed: ARMEN MARKOSYAN**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1631801**

The following person(s) is (are) doing business as: **AMAZING MOTORING; MONOMOTOR**, 1214 SANTIA ANITA AVE. #C, S. EL MONTE, CA 91770. Full name of registrant(s) is (are) **SHOU LI MA**, 2620 WILLARD AVE., ROSEMEAD, 91770. This Business is conducted by: **AN INDIVIDUAL**. **Signed: SHOU LI MA**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1637858**

The following person(s) is (are) doing business as: **ANCHOR INTERNATIONAL**, 4703 WILMINGTON BLVD., WILMINGTON, CA 90744. Full name of registrant(s) is (are) **JOSE CARBAJAL**, 1091 HARMONY DR., HEMET, CA 91744. This Business is conducted by: **AN INDIVIDUAL**. **Signed: JOSE CARBAJAL**. This statement was filed with the County Clerk of Los Angeles County on **10/29/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on MAY 10, 2004.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1621149**

The following person(s) is (are) doing business as: **FLEET INTERNATIONAL TRACTOR**, 1990 N. ROSEMEAD BLVD. #201, S. EL MONTE, CA 91733. Full name of registrant(s) is (are) **E-FREIGHT SOLUTIONS, INC.**, 1150 S. MONTEREY ST., ALHAMBRA, CA 91801. This Business is conducted by: **A CORPORATION**. **Signed: JOEY TAM/ PRES**. This statement was filed with the County Clerk of Los Angeles County on **10/27/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1631000**

The following person(s) is (are) doing business as: **GREENTECH GROUP**, 450 N. LOS GATOS DR., WALNUT, CA 91789. Full name of registrant(s) is (are) **YOUN J. KIM**, 450 N. LOS GATOS DR., WALNUT, CA 91789. This Business is conducted by: **AN INDIVIDUAL**. **Signed: YOUN J. KIM**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/25/09.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1628435**

The following person(s) is (are) doing business as: **JACKIES FLOWER SHOP**, 1607 N. AVALON BLVD., WILMINGTON, CA 90744. Full name of registrant(s) is (are) **RICARDO DIAZ**, 39 E. DOLORES ST., WILMINGTON, CA 90744. This Business is conducted by: **AN INDIVIDUAL**. **Signed: RICARDO DIAZ**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/10/09.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1637691**

The following person(s) is (are) doing business as: **KDC LOGISTICS**, 4110 DAINES DR., ARCADIA, CA 91006. Full name of registrant(s) is (are) **KHAI THAI**, DONNA TRUONG, 4110 DAINES DR., ARCADIA, CA 91006. This Business is conducted by: **HUSBAND AND WIFE**. **Signed: KHAI THAI**. This statement was filed with the County Clerk of Los Angeles County on **10/29/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/26/09.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1615597**

The following person(s) is (are) doing business as: **KCN CENTURY**, 21616 FAIRCLAY DR. #C, DIAMOND BAR, CA 91765. Full name of registrant(s) is (are) **LIAN HUO, INC.**, 21616 LAURELIRIM DR. #C, DIAMOND BAR, CA 91765. This Business is conducted by: **A CORPORATION**. **Signed: SECR**. This statement was filed with the County Clerk of Los Angeles County on **10/26/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/01/2009.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1638519**

The following person(s) is (are) doing business as: **KENNAISSAN CHINESE RESTAURANT**, 15814 E. IMPERIAL HWY., LA MIRADA, CA 90638. Full name of registrant(s) is (are) **SOON SIM CORPORATION**, 15814 E. IMPERIAL HWY., LA MIRADA, CA 90638. This Business is conducted by: **A CORPORATION**. **Signed: PRES**. This statement was filed with the County Clerk of Los Angeles County on **10/29/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/29/09.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name

Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1630411**

The following person(s) is (are) doing business as: **KRYSTAL BROWNE; MMI POWER MEDIA**, 136 E. SANTA CLARA ST. #10, ARCADIA, CA 91006. Full name of registrant(s) is (are) **VAGAN ARAKELIAN**, FIOR GARCIA, 76 N. SIERRA BONITA AVE. #3, PASADENA, CA 91106. This Business is conducted by: **GENERAL PARTNERSHIP**. **Signed: VAGAN ARAKELIAN**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1616513**

The following person(s) is (are) doing business as: **KYD ZILBERTSON**, 12958 ROSECRANS AVE., ROWLAND HIGHTS, CA 91748. Full name of registrant(s) is (are) **SYED SERMAD ALI**, SARIM WAZED, MOHAMMAD ZAID NAWAZ, 194 S. FULLERTON RD. APT. 78, ROWLAND HIGHTS, CA 91748. This Business is conducted by: **GENERAL PARTNERSHIP**. **Signed: SYED SERMAD ALI**. This statement was filed with the County Clerk of Los Angeles County on **10/26/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FILE NO. 2009-1631800**STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME**

The following person(s) has (have) abandoned the use of the fictitious business name: **JLOVET, 2620 WILLARD AVE., ROSEMEAD, CA 91770**. The fictitious business name referred to above was filed on JUNE 26, 2009, in the county of Los Angeles. The original file number of 2009-0964233. The business was conducted by: **AN INDIVIDUAL**. This statement was filed with the County Clerk of Los Angeles on 10/28/2009. The business information in this statement is true and correct. The business owner declares as true information which he or she knows to be false, is guilty of a crime.) **SIGNED: LI SHOU MA/OWNER**.

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1649665**

The following person(s) is (are) doing business as: **LA REA REALTY**, 3430 STICHMAN AVE., BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) **STANLEY TERRANCE FARRAR**, 3430 STICHMAN AVE., BALDWIN PARK, CA 91706. This Business is conducted by: **AN INDIVIDUAL**. **Signed: STANLEY TERRANCE FARRAR**. This statement was filed with the County Clerk of Los Angeles County on **11/02/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1616820**

The following person(s) is (are) doing business as: **GOMEZ REALTY**, 16904 VIRGINIA AVE., BELLFLOWER, CA 90706. Full name of registrant(s) is (are) **ALFREDO GOMEZ**, 16904 VIRGINIA AVE., BELLFLOWER, CA 90706. This Business is conducted by: **AN INDIVIDUAL**. **Signed: ALFREDO GOMEZ**. This statement was filed with the County Clerk of Los Angeles County on **10/26/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1651920**

The following person(s) is (are) doing business as: **ILF ENTERTAINMENT**, 1965 S. GARTH APT. #5, L.A., CA 90034. Full name of registrant(s) is (are) **YOUNG J. GARTH**, 1965 S. GARTH APT. #5, L.A., CA 90034. This Business is conducted by: **AN INDIVIDUAL**. **Signed: ALFRED YOUNG**. This statement was filed with the County Clerk of Los Angeles County on **10/29/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on SEPT. 8, 2004.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1646169**

The following person(s) is (are) doing business as: **INTEGRITY PARTNERS REAL ESTATE GROUP; INTEGRITY PARTNERS MORTGAGE GROUP**, 42 W. PLEASANT ST., LONG BEACH, CA 90805. Full name of registrant(s) is (are) **STEVEN TROTTER**, 42 W. PLEASANT ST., LONG BEACH, CA 90805. This Business is conducted by: **HUSBAND AND WIFE**. **Signed: STEVEN TROTTER**. This statement was filed with the County Clerk of Los Angeles County on **10/30/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1651132**

The following person(s) is (are) doing business as: **LATINO'S GRILL**, 7800 PACIFIC BLVD. #23, WALNUT PARK, CA 90255. Full name of registrant(s) is (are) **NOELIA SALMERON**, 1505 BELLEVUE AV., L.A., CA 90026. This Business is conducted by: **AN INDIVIDUAL**. **Signed: NOELIA SALMERON**. This statement was filed with the County Clerk of Los Angeles County on **11/02/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1659010**

The following person(s) is (are) doing business as: **MEDICAL SHOP**, 21720 S. VERMONT AVE., TORRANCE, CA 90502. Full name of registrant(s) is (are) **JOSE ANDRADE**, 21720 S. VERMONT AVE., TORRANCE, CA 90502. This Business is conducted by: **AN INDIVIDUAL**. **Signed: JOSE ANDRADE**. This statement was filed with the County Clerk of Los Angeles County on **11/03/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1659010**

The following person(s) is (are) doing business as: **MEDICAL SHOP**, 21720 S. VERMONT AVE., TORRANCE, CA 90502. Full name of registrant(s) is (are) **JOSE ANDRADE**, 21720 S. VERMONT AVE., TORRANCE, CA 90502. This Business is conducted by: **AN INDIVIDUAL**. **Signed: JOSE ANDRADE**. This statement was filed with the County Clerk of Los Angeles County on **11/03/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires

five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1630542**

The following person(s) is (are) doing business as: **PRINEXIS**, 425 S. PROSPERO DR., COVINA, CA 91723. Full name of registrant(s) is (are) **ERIC M. STREMER**, PATRICIA K. STREMER, 425 S. PROSPERO DR., COVINA, CA 91723. This Business is conducted by: **HUSBAND AND WIFE**. **Signed: ERIC STREMER**. This statement was filed with the County Clerk of Los Angeles County on **10/28/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1666458**

The following person(s) is (are) doing business as: **ROSECRANS REALTY**, 12958 ROSECRANS AVE., NORWALK, CA 90650. Full name of registrant(s) is (are) **NANCY LE DANG**, 12958 ROSECRANS AVE., NORWALK, CA 90650. This Business is conducted by: **AN INDIVIDUAL**. **Signed: NANCY LE DANG**. This statement was filed with the County Clerk of Los Angeles County on **11/04/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1652078**

The following person(s) is (are) doing business as: **T.J. GARCIA TRUCKING**, 4426 CLARA ST. #1, CUDAHY, CA 90201. Full name of registrant(s) is (are) **T.J. GARCIA**, 4426 CLARA ST. #1, CUDAHY, CA 90201. This Business is conducted by: **AN INDIVIDUAL**. **Signed: TEODORO VILLALOBOS**. This statement was filed with the County Clerk of Los Angeles County on **11/02/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/03/01.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1657143**

The following person(s) is (are) doing business as: **THE VISTA TRUCK REFERRAL**, 1360 MAR VISTA ST., WHITTIER, CA 90602. Full name of registrant(s) is (are) **FERNANDO ALMARAZ**, 1360 MAR VISTA ST., WHITTIER, CA 90602. This Business is conducted by: **AN INDIVIDUAL**. **Signed: STANLEY TERRANCE FARRAR**. This statement was filed with the County Clerk of Los Angeles County on **11/03/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

Published: Mountain Views News
Pub. 11/09, 11/16, 11/23, 11/30/2009

FICTITIOUS BUSINESS NAME STATEMENT**File No. 09-1615516**

The following person(s) is (are) doing business as: **URBAN GREEN FUTURE; LA FAIRYTALES; IN THE CITY OF NEED**, 1360 MAR VISTA ST., WHITTIER, CA 90602. Full name of registrant(s) is (are) **LATRECE HAWKINS**, 1360 MAR VISTA ST., WHITTIER, CA 90602. This Business is conducted by: **AN INDIVIDUAL**. **Signed: LATRECE HAWKINS**. This statement was filed with the County Clerk of Los Angeles County on **10/26/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)

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Pub.

Looking Up

with Bob Eklund

NASA's LCROSS Impact Confirms Water in Lunar Crater



Preliminary data from NASA's Lunar Crater Observation and Sensing Satellite, or LCROSS, indicates the mission successfully uncovered water in a permanently shadowed lunar crater. The discovery opens a new chapter in our understanding of the Moon.

The LCROSS spacecraft and a companion rocket stage made twin impacts in the Cabeus crater Oct. 9 that created a plume of material from the bottom of a crater that has not seen sunlight in billions of years. The plume traveled at a high angle beyond the rim of Cabeus and into sunlight, while an additional curtain of debris was ejected more laterally.

"We're unlocking the mysteries of our nearest neighbor and, by extension, the solar system," said Michael Wargo, chief lunar scientist at NASA Headquarters in Washington. "The Moon harbors many secrets, and

LCROSS has added a new layer to our understanding."

Scientists have long speculated about the source of significant quantities of hydrogen that have been observed at the lunar poles. The LCROSS findings are shedding new light on the question with the discovery of water, which could be more widespread and in greater quantity than previously suspected. If the water that was formed or deposited is billions of years old, these polar cold traps could hold a key to the history and evolution of the solar system, much as an ice core sample taken on Earth reveals ancient data. In addition, water and other compounds represent potential resources that could sustain future lunar exploration.

Since the impacts, the LCROSS science team has been analyzing the huge amount of data the spacecraft collected. The team concentrated on data from the

satellite's spectrometers, which provide the most definitive information about the presence of water. A spectrometer helps identify the composition of materials by examining light they emit or absorb.

"We are ecstatic," said Anthony Colaprete, LCROSS project scientist and principal investigator at NASA's Ames Research Center in Moffett Field, Calif. "Multiple lines of evidence show water was present in both the high angle vapor plume and the ejecta curtain created by the LCROSS Centaur impact. The concentration and distribution of water and other substances requires further analysis, but it is safe to say Cabeus holds water."

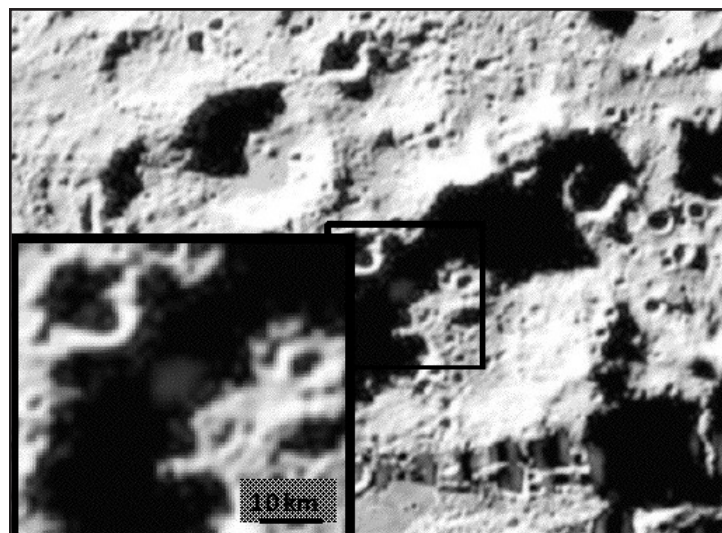
The team took the known near-infrared spectral signatures of water and other materials and compared them to the impact spectra the LCROSS near-infrared spectrometer collected.

"We were able to match the

spectra from LCROSS data only when we inserted the spectra for water," Colaprete said. "No other reasonable combination of other compounds that we tried matched the observations. The possibility of contamination from the Centaur also was ruled out."

Additional confirmation came from an emission in the ultraviolet spectrum that was attributed to hydroxyl, one product from the break-up of water by sunlight. When atoms and molecules are excited, they release energy at specific wavelengths that can be detected by the spectrometers. A similar process is used in neon signs. When electrified, a specific gas will produce a distinct color. Just after impact, the LCROSS ultraviolet visible spectrometer detected hydroxyl signatures that are consistent with a water vapor cloud in sunlight.

LCROSS was launched June



18 from NASA's Kennedy Space Center in Florida as a companion mission to the Lunar Reconnaissance Orbiter, or LRO. LRO observed the impact and continues to pass over the site to give the LCROSS team additional insight into the

mechanics of the impact and its resulting craters.

For information about LCROSS, visit: <http://www.nasa.gov/lcross>

You can contact Bob Eklund at: b eklund@MtnViewsNews.com



In my own way I've become more accustomed to computers more than I really care to admit. I like to kid myself from time to time that I could take 'em or leave 'em. No big deal to me either way. This sentiment might actually be true, except for the reality of my many years of professional and personal contact with the wretched machines. And then there's the tiny fact that the computing industry has supplied me with my sole source of employment, livelihood, and opportunity to provide useful service for more years than I care to remember. Little things like that keep me from taking too much stock in those passing thoughts. This familiar relationship between computers and I has led me to take many aspects of our partnership for granted. With most issues regarding computers, I tend not to give them too much thought. There's always been the newest 'this' and the latest 'that' stretching out in a long, unending procession that reaches from way-back-when and to the future and beyond. Ok. Maybe that is being a little melodramatic but I think you know where I'm going with this.

I fell asleep on the couch last Friday evening and had left my computer on while I dozed, apparently in serious need of some shut-eye. About 20 minutes later my notebook did the same per its power settings. I woke up an hour later and proceeded to move into the bedroom to get some real sleep, laptop in tow. I was too tired to go through all of the steps in shutting it down properly so I just held the power button down to get it to do a forced shutdown and so I could put the thing away for the night. In my groggy state I noticed that I wasn't seeing the sequence of blinking lights that happens with this type of shutdown but I was too tired to care and put off further inspection until later the next day. Sometime the next morning it dawned on me that the fact that my notebook didn't power down properly might warrant a closer look. At the end of this inspection my worst fear about

the situation was confirmed: my computer was dead. Not having much in the way of replacement parts on-hand it quickly became apparent to me that I would need to take my baby to a repair facility of some kind and have it worked on by strangers. My baby. That's funny. Just a few hundred words ago I was trying to make the point that computers didn't mean all that much to me and now this one has become 'My Baby' in no time flat. Reality will do that to a person every once in a while. After I calmed down (and calm down is what I found myself really having to do) I mulled over how catastrophic the damage would be to me if this thing never came back on. I'd only had the notebook in question for a little longer than a year but in that time I had accumulated quite a bit of customized data that wouldn't be easily replaced if I had to start from scratch. In all probability quite a bit of it could be trashed and I wouldn't have even remembered that I had had it in the first place. Since I hadn't gotten around to actually doing this housecleaning, I really had no idea what was on my hard drive. In my favor, I had done a complete backup less than 96 hours before all of this drama occurred and with the price for new notebooks being at their current level this could've turned out to be a good time to upgrade to a newer model that would've come preloaded with Windows 7. That was the good news. The bad news was that I didn't want a new notebook; I wanted my baby back. Working. Now. I located a Geek Squad outlet in my neighborhood and headed down to find out what the damage would be. For many people a visit like this might not be a big deal but for a Mr. Big Shot computer professional such as myself, who knows oh-so-much about how to fix my own computer problems the biggest hurdle here was to convince myself to leave my opinions and insights at the door, describe my problem accurately without advising them how to fix it and step aside and let these people do their thing. I did and they did. The problem turned out to be a dead power adapter, easily replaced and hanging on the display right next to me. I selected one, tested it and was on my way in less than 15 minutes. That turned out to be a long 15 minutes because while I pondered the possibility that my baby wasn't ever coming back, time stood still.



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TAP CHICKS AT SIERRA MADRE PLAYHOUSE ON NOVEMBER 29

The Tap Chicks are seasoned tap dancers who dazzle with youthful energy. A favorite at the L.A. County Fair for many years, their previous performances at the Sierra Madre Playhouse have sold out.

The Tap Chicks were originally formed at Pasadena Senior Center. They are choreographed by Pam Kay, who also provides musical accompaniment, comedy and sings.

The fully group dances to music ranging from Broadway tunes to 40s favorites to contemporary songs. The dancers are mature in years (from 50 to 84) but young at heart. You don't have to drive all the way to Palm Springs to see an act like this. It's coming to Sierra Madre.

It's a good idea to reserve tickets. A great demand for tickets is expected.

Sunday, November 29, 2009 at 7 p.m. The Sierra Madre Playhouse is at 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Tickets are \$20 general, \$17 for seniors (65+), \$12 for children under 12. Reservations: (626) 355-4318. Online ticketing: www.sierramadreplayhouse.org

Sierra Madre Woman's Club invites you to share in the Bounty of the Season!

Wistaria Thrift Shop Month-end Sale

50% Off all clothing, shoes, purses, belts, linens, books, videos, and select other merchandise.

Shop from 10:00 a.m. to 3:00 p.m.

Thursday, Friday, Saturday, and

Monday, November 19, 20, 21, and 23, 2009!

550 W. Sierra Madre Blvd., Sierra Madre, CA 91024

(626) 355-7739



The Senior
By Bruce Lamarche

A Soldier Story



Last week I was out in my car heading for a meeting with a client. I was early and found time to stop for lunch. It was McDonald's and I ordered my standard fare for a quick bite.

As I sat and started to eat, I noticed a homeless man come inside and start asking several people for a quarter to help buy lunch. The reactions were interesting to watch. It's possible he was just "working" the people but nonetheless he was obviously a needy person.

Several patrons showed irritation and gave him a single quarter. Two men got aggressive and told him to get away from them. When he approached my table, I gave him a dollar bill. He had no reaction, just took the money and walked away. He approached another man who looked at him with disgust and said, "Get away from me or I'll call the cops." Overall, the reaction was either hostile or designed to be uninvolved.

My eye drifted out the window to see a young soldier coming in from the parking lot for lunch. She was in fatigues and looked about 23

years old. Noticeable was her dress and demeanor. She was walking very upright with great purpose and showed herself the very image of a sharp, self-confident soldier. I thought, "This should be interesting", as I anticipated seeing what her reaction might be when approached by the homeless man.

He approached her and asked for a quarter. She immediately assessed what she was seeing and then asked him what type of burger he wanted. She then proceeded to order an entire lunch for him, handed it over, nodded briefly, took her own lunch and walked out; all this, with the same sense of purpose.

I was very touched by this and didn't know quite what to make of what I had seen. Here's a young woman, working in the service of her country, moving through her day with a strong sense of purpose. In a minute she accesses a need and simply acts on it.

One can't help think about her reaction and compare it to the actions of the others. I'm not sure what it means

but I was very touched by her decisiveness and positive action. Was the homeless man working the crowd or was he desperate? I think this is not for us to judge. I think we are responsible for our own reactions to situations and not the conduct (or needs) of others. What a thought provoking moment it was for me.

I'm not sure what this has to do with anything "senior" but maybe it does. With age comes time to think about the life we see around us. More than that, perhaps it brings a time to choose to act with wisdom when confronted with those interesting events of life.

Got a question? Ask Bruce by phone-(626)335-3412 or e-mail: blamarche@verizon.net
This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors, www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.LASeniorMortgage.com

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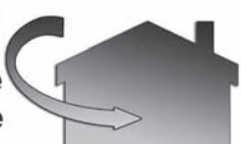
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See the "Senior Spot" column weekly!

DR. VINCENT FORTANASCE TO SPEAK IN EAGLE ROCK

Board certified neurological rehabilitation specialist Dr. Vincent Fortanasce will present his prescription for Alzheimer's prevention on Monday, November 30, 9:30 a.m., at the 20th Century Club of Eagle Rock, 5105 Hermosa Avenue. Dr. Fortanasce blends his years of academia and clinical experience with the real-world insight gained while coping with his own father's dementia and his mother's cognitive decline.

He has published three books and numerous articles. All of his book profits are donated to the Fight Against Alzheimer's Foundation. His latest book, The Anti-Alzheimer's Prescription, includes his four-step plan and recipes.

His appearance is a part of the Fall Council presented by the San Gabriel Valley District of the General Federation of Women's Clubs International. The event is open to the public

and includes an auction to benefit the non-profit Alzheimer's Association. Dr. Fortanasce's most recent book, The Anti-Alzheimer's Prescription will be available for purchase. A catered lunch will be served for \$12.00 with advanced reservations necessary. Those interested in attending only the free program do not need reservations.

Call 626 /430-0058 for more information and/or lunch reservations.

Healing Your Retirement: Part 3 of 5

by Kyle Davis, Financial Advisor

The Ladera Group at Morgan Stanley Smith Barney

Step Three: Check Your Spending Habits

The "wealth effect" is the tendency of people to spend more when financial markets and home values are climbing to new heights. Even if most people don't take money out of their homes or financial accounts, they tend to feel wealthier and spend their income more freely when financial investments are rising. Conversely, when investments are waning, consumers become more careful of how they spend their discretionary income and look for bargains on the purchases they do make.

Does that scenario sound familiar to you? Are you concerned that you may not have enough funds for your retirement unless you make some changes not only in saving, but in spending as well? Be careful to review which changes are necessary and what combination of saving more, spending less and working longer might be necessary to ensure you have enough funds to support the entire span of your retirement years.

HERE ARE A FEW STEPS TO WALKTHROUGH:

Examine your cash flow. In the current economic environment, managing cash flow is just as important as managing assets and liabilities. If you're retired and living on a fixed income, you may need to reduce expenses. If you are still earning an income, establish an emergency fund that covers several years or more of living expenses in case of a job loss or a large, unforeseen expense. Meet with a certified financial planner to create a cash flow analysis to give you the information you need to effectively manage your current lifestyle and future security.

Consider lifestyle adjustments. What was the lifestyle you originally envisioned for retirement, and has that vision changed due to changes in your life or in the financial markets? Given the state of your finances, you might want to look at your discretionary spending and determine if certain purchases can be cut back, eliminated or postponed. You might also prioritize your purchases in order to keep your nest egg well protected and positioned for growth as well as income.

Set up a record of your expenditures. Managing your income and your expenses in one account is a good way to keep a written account of where your money is going. Most investment firms and banks offer an account that allows you to keep detailed records of your spending. Start using a single account to record your expenses. Combined with 3rd party financial management software, you can tighten up your expenses to ensure that you get the most out of your retirement resources.

Kyle Davis is a Financial Advisor and a member of the Ladera Group at Morgan Stanley Smith Barney located in Los Angeles and may be reached at 213-486-7157 or www.fa.smithbarney.com/laderagroup

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SENIOR HAPPENINGS

FYI:

Helping Guard Against MRSA

(NAPSI)-Learning about an increasingly common health risk, MRSA, could help you prevent the spread of it in community settings, such as locker rooms, gyms, schools and even your home.

MRSA (methicillin-resistant Staphylococcus aureus) is a potentially life-threatening antibiotic-resistant Staph bacteria. Infections caused by MRSA are becoming increasingly common in community settings. In 2005, invasive MRSA affected about 90,000 Americans. NBA all-star Grant Hill is among those who've been inflicted.

To help others avoid MRSA, Hill and the STOP MRSA Now coalition joined the North American Booster Club Association to launch the Bleacher Brigade challenge. "It encourages people to get in the game to help reduce the spread of MRSA," says Hill.

Practical tips such as not sharing personal items like towels, using an appropriate bleach solution to disinfect hard surfaces, and keeping cuts covered can help prevent the spread of the germ.

"Simple prevention steps can go a long way in helping to prevent the spread of MRSA, and we need everyone's help in spreading the word," says Steve Beden, president, North American Booster Club Association. "Join Booster Clubs around the country in the Bleacher Brigade challenge and encourage prevention in your community."

For more tips or to share steps you've taken to help prevent the spread of MRSA, visit www.stopmrsanow.org/bleacherbrigade.html.

Recipe of the Week:

GOLDEN PUMPKIN BREAD

Ingredients:

- 1 1/2 cups all-purpose flour
- 1 cup firmly packed brown sugar
- 1 cup canned pumpkin*
- 1/2 cup LAND O LAKES® Butter, softened
- 2 eggs
- 1 1/2 teaspoons ground cinnamon
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1/2 teaspoon ground ginger
- 1/4 teaspoon ground cloves

Directions:

Heat oven to 350°F. Combine all ingredients in large bowl. Beat at medium speed, scraping bowl often, until well mixed.

Spoon into 3 greased mini(5 1/2x3-inch)loaf pans. Bake for 30 to 35 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pan. Cool completely. Store refrigerated.

*Substitute 1 cup mashed cooked pumpkin.

Recipe Tip: Bread can be baked in 1 greased (9x5-inch) loaf pan. Bake for 45 to 55 minutes or until toothpick inserted in center comes out clean.



November Birthdays

Alberta Curran, Carmelo Frontino, Lena Zate, Anna Mary Hession, Valerie Howard, Janice Kacer, Joan Keppler, Flo Mankin, Dollie Morant, Mike Ruggles, Marge Smith, Lois Stueck, Jean Wood, Shirley Yergeau,

Helpful Hints:

Tips To Help Avoid The Flu*

**According to the Center for Disease Control, the best precaution against the Flu is to get a Flu shot*

- * Wash hands with soap for at least fifteen seconds at a time, as often as possible and don't touch your face. When a person coughs or sneezes tiny flu particles get caught in the air and then are inhaled by people who walk through the area. The flu is also transmitted when a person touches a household object, such as a door handle, that has been touched by an infected person and then fingers are placed on the face, mouth and eyes, where the virus is then contracted. This is why it is essential to wash hands and not place them near the face where the virus may be ingested.
- * Don't spend time around others with the flu if this is possible. If you feel you are getting sick, rest immediately and drink plenty of water to prevent it from worsening and to help your immune system fight off the virus.
- * Talk to your doctor about getting the flu vaccine. In many circumstances it is easier to be vaccinated rather than risk a disruption to health or work.
- * Keep your immune system strong during winter by taking the daily recommended dose of vitamin C and take echinacea at the first sign of a flu. Garlic is a natural antibiotic and may also be taken during winter to keep your immunity strong. Be sure to consult your doctor before taking any supplements.
- * Drink lots of water to flush excess toxins from your body. Adding a splash of lemon to your water will also help to keep your internal organs strong and healthy so that elimination of toxic build up is easier.

Pasadena Highlands Sponsors Bingo Prize

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the first Tuesday of each month for your chance to win this special prize and learn more about the Pasadena Highlands.

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday: 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday: 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment

1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by and play
5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday: 11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints

2nd Wednesday of the month: FREE Legal



Senior Excursions

Thursday, November 19th - Nixon Library & Museum - 10 am to 3:30 pm
Cost is \$26 per person and includes transportation, lunch & driver's tip
Thursday, December 17th - Christmas Show - 10:30 am to 4 pm. Join us at the Candlelight Pavilion Theatre in Claremont. Cost per person is \$51.00 for lunch, show, transportation & tip.

To register for future excursions, please call (626) 355-7394. *Payment required to reserve space*

Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) \$2.00 suggested donation per day. Call Susan Garcia at (626) 858-8382 for more information.

MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS **ONCE A MONTH OR WEEKLY Please contact Darlene Traxler at 626.355.0256.**



SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-8pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. **Free public parking on Mariposa.**

Knott's Berry Farm Excursion

On Monday, November 30, 2009 come spend a day filled with wild rides and fun as the Arcadia Recreation and Community Services Department sponsors a supervised excursion to Knott's Berry Farm in Buena Park.

The fee for Juniors & Adults - 12 yrs and older is \$62.00; for children 11 years and under is \$54.00. Fee includes transportation, admission, lunch, supervision of children and unlimited use of Knott's Berry Farm Attractions. Check in at the Community Center Parking Lot at 8:30am; bus departs at 9:00am sharp and returns at 6:00pm. Registration will be taken on a first come, first-serve basis and will begin Monday, November 2nd. Go to: www.ci.arcadia.ca.us, under Recreation and Community Services Department or you can come by our office at 375 Campus Drive, Arcadia and our phone number is 626.574.5113.



Chris Bertrand

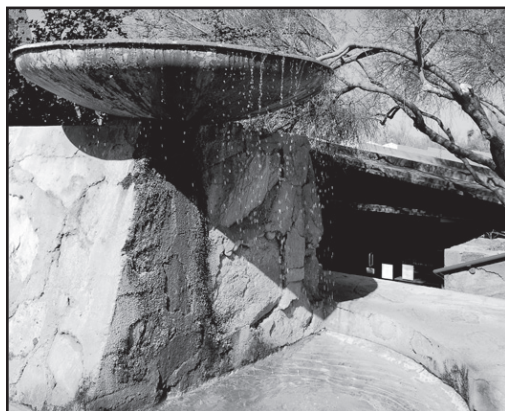
One Of A Kind: Featuring unique homes & gardens and the people who create them

Story By Chris Bertrand

Photos by Chris Bertrand and Terrance Reimer

Frank Lloyd Wright's Taliesin West

Second of a two-part Series on Phoenix



Frank Lloyd Wright a prolific architectural designer who created 1146 buildings, furniture pieces, fabrics, lighting, china and graphics, still ignites passion in architectural circles, both pro and con, even decades after his death in 1959.

His goal was to revolutionize architecture, beginning 1893 with his first client's home design disavowing the traditional floorplan of many small rooms, in favor of an open floorplan design in Winslow House. By 1936, his Johnson Wax building in Racine, WI and Pennsylvania's Falling Water residence got the architectural world's attention.

Wright chose 600 acres of the Sonoran desert in Scottsdale, Arizona as his "winter camp" back in 1937, to escape the freezing Midwest months. He led a car caravan of family plus Taliesin Fellowship apprentices on the 1500 mile trek out west every year, for months of think-

ing and doing in a fresh environment. He named it Taliesin West, using the Welsh word meaning "shining brow" after the first Taliesin back in Wisconsin at Spring Green.

For the first few years, the Taliesin West experience was indeed camping in the desert, intimately communing with the landscape and the land for inspiration and first-hand study. Wright constantly searched for economical ways to build, shelter and live compatibly with the natural surroundings, seeing architecture as "a natural link between mankind and the environment" casting off current and historical European styles as incongruent and unsuitable for American living.

Wright avidly tested the limits of inexpensive building materials, to the point of failure, knowing that defining a material's limit was critical. For example he loved the diffuse filtered light created by long rolls of inexpen-

sive canvas draped over ceiling framing over work spaces. He pronounced the shadow-free light perfect for design work.

The concrete and exposed rock walls and the slab on-grade construction, with no footings or foundations, are another example, which required less skilled labor to install and reducing construction costs. This dedicated building component research and testing aided in the design of his "Usonian" homes, intended to be beautiful, uniquely American residences for those of modest means.

Wright also tried to re-use many building materials. Redwood from concrete forms was later refashioned as triangular theater lighting in one of Wright's theaters. One 4'x8' plywood sheet from the construction process was cut in triangular "origami-style" pieces, then assembled, with almost no waste wood, as movable seating used around the fireplace in the living room.

The living room's angled tables were similarly constructed from post-construction wood.

Wright loved fireplaces, designing and installing some 40 fireplaces in the three residences he occupied. Many were built throughout the Taliesin complex, for heat to ward off the night chill of the desert, and for the beauty of firelight.

Wright constantly sought to blend structure and environment in harmony. Integrated lighting was another forefront Wright studied and experimented on at Taliesin West, with several different forays into recessed and indirect lighting on his campus laboratory. So many decades ago, Wright sought to preserve the desert landscape, offering to pay to place utility lines below the property underground, a concept rarely considered and almost unheard of at the time.

The Wright's personal living spaces were previously not

open to public viewing. After recent restoration, Mr. and Mrs. Wright's bedrooms and private spaces are now included in some tours, to the delight of those who gain more insight with a behind the scenes look at how he lived when out of the spotlight.

A highlight of this portion of the tour Wright's bathroom, lined with aluminum with heavy horizontal lines, reminiscent of the steel railroad cars. Mrs. Wright, not quite as fond of nature, animals, snakes up close and personal, eventually had folding doors and more closet space added to her private living space.

Today, the fully accredited, Frank Lloyd Wright School of Architecture onsite, still requires students to build their own shelters for firsthand experience in living and experiencing the design decisions they make.

"Shelter" tours are offered on these structures on Saturdays between November and April,

which I hope to do on a future visit. Several different daytime tours are offered with differing focus and tour length, plus their dramatic evening tours, "Night Lights on the Desert" which begin again in February.

Wright's presence and influence on contemporary design and American architecture continues today. About five years ago, a previously unbuilt design for a spire, originally intended for an Arizona capitol building was built in Scottsdale as a standalone structure in Wright's honor at Frank Lloyd Wright Boulevard and Scottsdale Road.

For more information on visiting Taliesin West in Scottsdale, AZ, or other Wright installations, visit www.FrankLloydWright.org or call 480-860-2700.

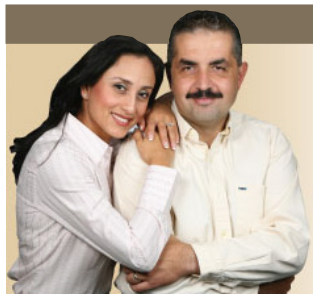
Have an interesting home, garden of person who helps create them? Send us the information at C.Bertrand@MtnViewsNews.com.

Don't Take Everything

By Luther Tsinoglou

If you plan to move while your home is still listed for sale, you may face a marketing challenge the vacant home. While lived-homes may be more attractive during showings, there is much more you can do to present your vacant property successfully.

On the outside, give your home an occupied look by asking a neighbor to park their car your driveway, open and close your drapes, and retrieve any mail that still arrives. During the warm season, have a lawn



service maintain the yard (in the winter, a snow removal service may be in order).

On the inside, create a sense of space by leaving some strategically placed pieces of furniture, like a few chairs, tables and lamps. You can create a "bed" by covering an empty mattress box or several moving boxes with a thick comforter.

If you remove furniture that reveals blemishes on the walls, repair and repaint those. If you notice that the carpeting is faded after you've moved furniture, consider replacing it if possible.

Keep it feeling pleasant indoors during all seasons by keeping your power on after you move, and having a neighbor or family member set the temperature at a minimum comfortable setting according to seasonal conditions.

Your agent will have even more suggestions for marketing a vacant home, so put that experience to good use!



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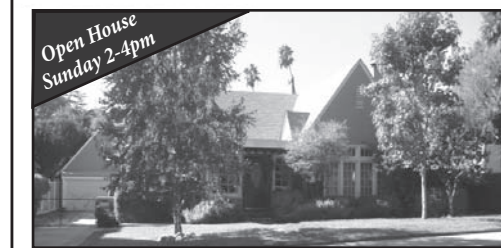
TAP CHICKS AT SIERRA MADRE PLAYHOUSE ON NOVEMBER 29

The Tap Chicks are seasoned tap dancers who dazzle with youthful energy. A favorite at the L.A. County Fair for many years, their previous performances at the Sierra Madre Playhouse have sold out.

The Tap Chicks were originally formed at Pasadena Senior Center. They are choreographed by Pam Kay, who also provides musical accompaniment, comedy and sings.

The fully group dances to music ranging from Broadway tunes to 40s favorites to contemporary songs. The dancers are mature in years (from 50 to 84) but young at heart. You don't have to drive all the way to Palm Springs to see an act like this. It's coming to Sierra Madre.

It's a good idea to reserve tickets. A great demand for tickets is expected. Sunday, November 29, 2009 at 7 p.m. The Sierra Madre Playhouse is at 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Tickets are \$20 general, \$17 for seniors (65+), \$12 for children under 12. Reservations: (626) 355-4318. Online ticketing: www.sierramadrepayhouse.org



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<i>Open Sunday 1-4pm</i>			
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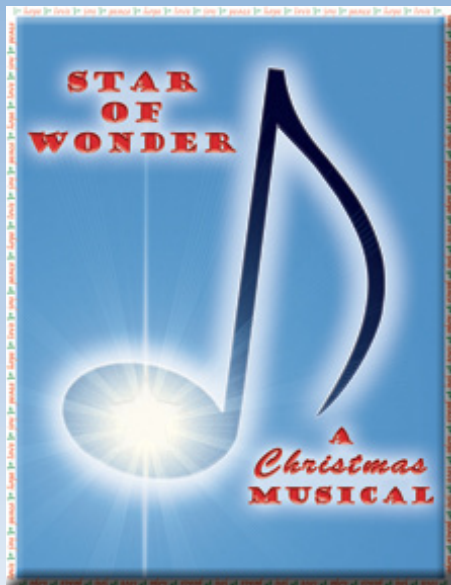
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