

SATURDAY, JANUARY 2, 2010

VOLUME 4 NO. 1



Welcome Visitors To The San Gabriel Valley For The BCS Championship Game - Thursday, January 7, 2010.

While visiting, make certain you spend some time in the incredible City of Sierra Madre - a town with a true village, small town atmosphere.

#### Coffee Houses:

Niko's & Friends Coffee  
900 Valley View Ave  
Pasadena (On the border of Sierra Madre)

Beantown Coffee House & Bakery  
45 N. Baldwin

#### Fine Dining:

Lozano's  
44 N. Baldwin

Cafe 322  
322 W. Sierra Madre Bl.

Ugo's  
74 W. Sierra Madre Bl.

Charcuterie  
120 W. Sierra Madre Bl.

Four Seasons Tea Room  
75 N. Baldwin

#### Great Shopping:

Laurel's Apparel & Treasures  
71 N. Baldwin

Angel's Everywhere  
26 N. Baldwin

Leonora Moss  
9 Kersting Court

Savor The Flavor  
11 Kersting Court

Once Upon A Time  
14 W. Sierra Madre Bl.

Baldwin Jewelers  
15 Kersting Court

#### Sierra Madre Souvenirs

Flowers From Float  
Kersting Court  
Monday Jan 4  
8am-5 pm

Chamber of Commerce  
37 N. Auburn

#### Churches

Church of the Ascension  
25 E. Laurel

Sierra Madre United Methodist  
695 W. Sierra Madre Blvd.

Bethany Christian  
93 N. Baldwin

St. Rita Catholic Church  
38 N. Baldwin

and much more!

Come  
and  
Visit  
Sierra Madre

## California Girls Said It Best SMRFA Wins Fifth Consecutive Trophy



Viewing the float was exciting to everyone. This Grandmother visiting from Philadelphia shares the moment with her grandson, a new Sierra Madre resident.



Above: Bob Young, President of the Sierra Madre Rose Float Association, poses with the Roller Skaters as they await Rose Parade Judges. Photos by S. Henderson/MVNews

### Elsewhere Around The Parade: Nancy Harvey Leads Arabian Horses



Sierra Madrean Nancy Harvey, the Arabian Horse Association Region 1 Director, led the group down the parade Friday. Nancy is a life member of the Arabian Horse Association. She has also owned Arabian horses since childhood. The horse shows just how well it adapts and can be used in different jobs. The carriage Harvey is riding in is an 1896 Liverpool Gig, a light, two-wheeled sprung cart (Sprung cart: A light, two-wheeled vehicle with springing, for informal passenger use.) The first known reference to a horse-drawn gig was 1791.

Photo by D. Lee/MV News

The Sierra Madre Rose Float Association won their 5th Consecutive Trophy for their 2010 Entry, "California Girls".

The Governor's Award for "The Best Depiction Of Life In California" was awarded to the SMFRA. The float is one of six non commercial floats in the parade. Previously, in recent years, SMRFA has won The Founders Trophy (2006); Lathrop K. Leishman Trophy (2007 and 2009); and The Princess Trophy (2008).

The float had a total of nine young ladies on the Float: 2 Sail Boarders and 7 in the Sail Boat. (See photo far left). In the boat were the 4 princesses: Bassant Ibrahim, Tiffani Trypucko, Tracy Sullivan & Filomena Pirrone and Kayla Suff-Greene, Briana Weed and Maggie Ferntheil, who are Association members residing outside Sierra Madre. The latter have spent countless hours over the years volunteering/working on our floats. Of the 7, Kayla had

responsibility to man the tiller which controlled the motion of the sailboat.

The Sail Boarders are: Megan and Alexis Stier, who are long time Association Members and past Sierra Madre residents.

The float was also serenaded by professional roller skaters from Los Angeles and San Gabriel Valley. The ladies were: Shanda Son, Robin Rosenzweig, Heather Martin, Terri Murphy, Rachel Watson, Angela Bae, Laci Knight, Constance Marhsall, Natalie Chaidez, Genevieve Fontaine, Kara Krasnoff, Jenna Peterson, and Kate Gasparrelli.

Don Mills, who was beaming with pride said, "What a great way to start the New Years!!! Five in a Row!!! Thank you to our Sierra Madre residents, merchants, service organizations, clubs and City Departments for all of their support."

**Coffee!**

**Deli**

**& more!**

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\*same or lesser value  
Offer ends 1/9/10.

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**Niko & friends**  
Coffee - Deli

900 Valley View Ave, Pasadena, 91107  
626-510-6151 M-F: 7-6, S: 8:30-1:30,  
Closed Sunday

Read The Paper Online At: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)



## Weather Wise

### 5-Day Forecast

#### Sierra Madre, Ca.

**Mon:** Sunny Hi 70s Lows 40s  
**Tues:** Sunny H 70s Lows 40s  
**Wed:** Sunny Hi 70s Lows 40s  
**Thur:** Sunny Hi 70s Lows 40s  
**Fri:** Sunny Hi 70s Lows 40s

Forecasts courtesy of the National Weather Service



### BARGAIN BOOK SALE AT SIERRA MADRE LIBRARY

The Sierra Madre Public Library is definitely the place for the thrifty reader to go for cool winter book bargains! The Friends of the Library will hold a table sale inside the Library Monday, January 11 through Saturday, January 18, during the Library's open hours. The topics featured will include Fiction, Nature, Americana, Collectibles, and Specialty Books. All books are in good condition and will be sold at the bargain price of \$1.00 each. These every-other-month book sales provide funding for Library resources and programs.

The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. Closed on all major holidays. For information on all our Library activities and services, please call (626) 355-7186, or visit our website at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

### SMTV3 COMMITTEE VACANCIES

The City of Sierra Madre's Community Services Commission is looking for two motivated, enthusiastic, creative, and friendly volunteers to serve on the City's Ad Hoc Transit Committee and SMTV3 Committee. The City welcomes any interested residents to apply. Submit applications to the Community & Personnel Services Department at the Community Recreation Center, 611 E. Sierra Madre Boulevard. For an application, please visit [www.cityofsierramadre.com](http://www.cityofsierramadre.com) look for commission/committee applications. For more information please call (626) 355-5278.

### The 40th Annual Wine and Gourmet Tasting Fundraiser

Stroll through a luxuriously aristocratic European villa lately? Sample cuisine from dozens of world-class chefs? Cleanse your palette enjoying wines from the grapes of select vineyards throughout California?

You might know we are describing our upcoming 40th Annual Wine and Cuisine Tasting gala. This event of the season will again be held at Alverno's historic Villa in Sierra Madre, Friday evening, February 19th, from 7:00 – 9:30pm. New to this year's celebration will be our early bird premier from 6-7pm. Highlighting this special event will be an oenologist who will cultivate our awareness of fine wines. Special food, premium wines, door prizes, live music, a distinctive badge and early access to our main event will transform you into a bon vivant connoisseur.

Sponsored by the Friends of the Sierra Madre Library tickets will be available beginning December 15th at: Sierra Madre Public Library, The Bottle Shop, Arnold's Frontier Hardware, Iris Intrigue, Charcuterie, Savor the Flavor and Sierra Madre Books. They will also be available on line at [www.SierraMadreLibraryFriends.org](http://www.SierraMadreLibraryFriends.org). Tickets are \$60 each for the main event. And \$80 gets you into the main event AND the early bird premier. Tickets are limited so purchase your tickets early.

All funds raised enable the library to add new acquisitions and additions to collections, support library services and programs, and make improvements to the building and grounds.

## ONE NIGHT ONLY! "FIBBER McGEE AND MOLLY" AT SIERRA MADRE PLAYHOUSE ON JANUARY 17

"Fibber McGee and Molly" was one of the most popular comedies of the Golden Days of Radio, enduring from 1935-1959. The fun is being re-created by actors of Sierra Madre Playhouse in a mock radio broadcast on Sunday, January 17, 2010 at 7:00 p.m.

Fibber McGee was a likable fellow frequently getting himself into some sort of trouble, patiently endured and soothed by his loving wife Molly. Their home at 79 Wistful Vista was frequently visited by a comical assortment of characters (in every sense of that word).

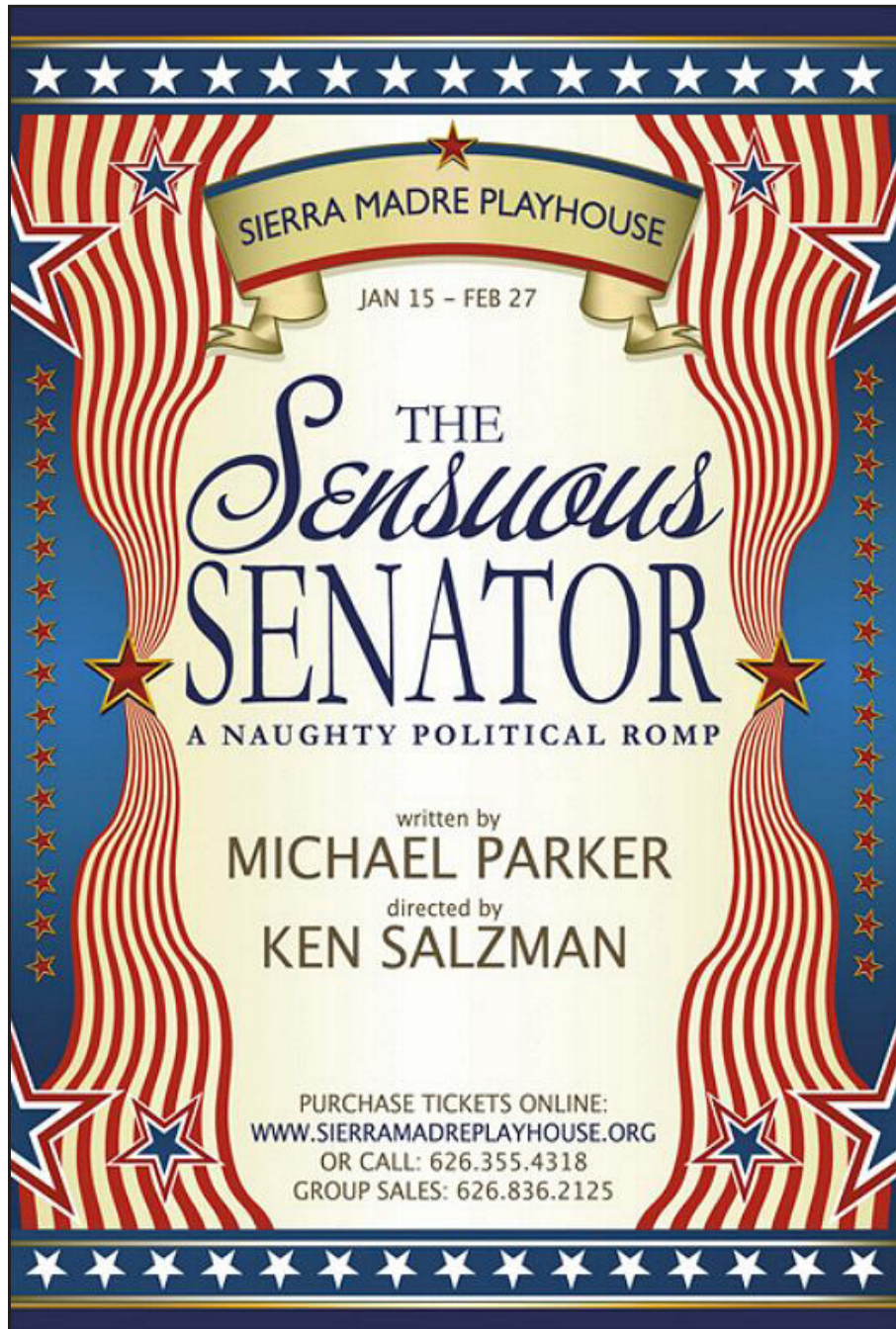
The Playhouse actors will re-create the original broadcasts complete with commercials and sound effects. (The show's most famous running gag was the overstuffed hallway closet, which would burst with a cacophonous downpour of stuff when anyone opened it.)

The radio episodes being re-created include "Molly Wants A Budget," "Fibber Gets His Hand Caught in a Bottle," "Fibber Meets a Racketeer," and "Fibber Tries to Learn Piano."

The Playhouse actors include Nancy Solomons, Ed Thomas, Brad Stephenson, Linda DeMetrick, Richard Large and John Barker.

They play roles originally made famous by Marian and Jim Jordan, Harlow Wilcox, Harold Peary, Gale Gordon, Bea Benedaret, Arthur Q. Brian, Bill Thompson and Cliff Arquette. The series' head writer and co-creator was Donald Quinn. "Fibber McGee and Molly" would have endured into the 60s, but for Marian Jordan's failing health. Now, for one more night, you can see what all the fun was about.

At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Free parking behind theatre. Sunday, January 17, 2010 at 7 p.m. Tickets: \$20. Seniors (65+) and students (13-17), \$17. Children 12 and under, \$12. Reservations: (626) 355-4318 or [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org)



# CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January						1
						2
3	4	5	6	7	8	9
Happy New Year!				Planning Commission Meeting 7:00 PM City Hall Senior Community Commission 3:00 PM City Hall		
10	11	12	13	14	15	16
			Arts Commission Meeting 6:30 PM City Hall			
17	18	19	20	21	22	23
Community Services Commission Meeting 6:00 PM City Hall			Tree Advisory Commission 7:00 PM City Hall	Third Thursday Book Club Planning Commission Meeting 7:00 PM City Hall		
24	25	26	27	28	29	30
		Library Board of Trustees Meeting 7:00 PM City Hall				
31	Sierra Madre					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January						1
						2
3	4	5	6	7	8	9
	Teen Zone City Council Meeting 6:30 PM		Special City Council Meeting 8:00 AM	Senior Commission Meeting		
10	11	12	13	14	15	16
	Teen Zone	Recreation Commission Meeting Foreign Film Evenings 6:00 PM				Only What We Could Carry: The Santa Anita Assembly Center Exhibit Ends
17	18	19	20	21	22	23
	City Council Meeting 5:00 PM	Classical Kaleidoscope Concert Series 7:15 PM				
24	25	26	27	28	29	30
	Teen Zone	Friends of the Library Program 10:00 AM				
31	Arcadia					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January						1
						2
3	4	5	6	7	8	9
	City Council Meeting Western Line Dance					
10	11	12	13	14	15	16
			City of Azusa Planning Commission Meeting Vulcan Deir			
17	18	19	20	21	22	23
	Planning Commission	7th Annual Mentor Recognition Dinner				
24	25	26	27	28	29	30
	City Council Meeting					
31	Duarte					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January						1
						2
3	4	5	6	7	8	9
	Friends of the Library 5:30 PM	City Council Meeting 7:30 PM	Monrovia Kiwanis Club 12:00 PM			Survivor's Celebration Tea
10	11	12	13	14	15	16
	State of the City Address 6:00 PM	School Board Meeting 7:30 PM	Community Media of the Foothills 7:00 PM			
17	18	19	20	21	22	23
	City Council Meeting 7:30 PM	Youth Commission	Monrovia Historic Preservation Group			
24	25	26	27	28	29	30
	Family Game Night	School Board Meeting 7:30 PM	Library Board 7:00 PM			
31	Monrovia					

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**626-355-3401**  
[SierraMLaw@cs.com](mailto:SierraMLaw@cs.com)

### SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7 pm Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.  
*Free public parking on Mariposa.*

### Live from Burger Continental The Harvey Hyde Show

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Every Thursday 6:00 pm - 7:00 pm

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## Santa Anita Park...and Great Race Place

By Rich Johnson on Special Assignment

Suppose you wanted to have a quiet little lunch or dinner with, oh, I don't know, let's say 8,000 of your closest friends. Where do you go? Denny's? Soup Plantation? I doubt they could handle 30 people, let alone 8,000. Not to mention the parking snafu.

Okay, even if you have only 30 friends, I know where you could go that will knock your friends socks off. How do I know? Cause I was just there. One of the most beautiful facilities I've ever been to...Santa Anita Park! You know, the Race Track and wow, a great deal more.



Sierra Madre (hillside background) from Santa Anita

I got an invite from a Sierra Madre neighbor, Elizabeth Booth, to take a tour. She just happens to be the Park's Special Events Coordinator. Well, let me tell you, the minute I walked into the Park I felt like I had traveled back to the 1930's.

As I walked down this dramatic staircase into the Chandelier Room, I was sure I would run into Bette Davis or Cary Grant. I thought I had been transported to my favorite television network: TCM, the Turner Classic Movie Channel.

Santa Anita Park is so large I'm sure it has its own zip code. Visit the Race Track and enjoy a meal at the FrontRunner Restaurant. You'll see the entire racetrack area from the comfort of your table. (I wonder who keeps those windows so clean?)

Or climb out of bed and visit Clocker's Corner at the park to watch the morning workouts of these beautiful horses from 5:00 am to 10:00 am. Coffee, Cappuccino, Cafe Latte and Cafe Mocha are served along with light breakfast fare. You will enjoy a view that

would make any Starbucks manager jealous.

A few facts about Santa Anita Park. It opened on Christmas Day 1934. The movie "A Day at the Races," starring the Marx Brothers was filmed there. And of course, Santa Anita was the home track of the famous thoroughbred Seabiscuit.

I just had a thought: Impress the relatives by hosting a family reunion at the park where they can spend a "Day at the Races."

Host your event during the racing season or in the off season. The Park can offer

everything from elegant indoor dining to an unforgettable barbecue buffet picnic outdoors amidst sunshine and gentle breezes (I gotta get me more friends.)

My friend, Elizabeth, books events after the races and during the off season. If you would like to hold a wedding, fundraiser, reunion, prom, bar mitzvahs, business meetings, company parties or other special event at this unforgettable place, contact Elizabeth at (626) 574-6474. You can also email Elizabeth at [ebooth@santaanita.com](mailto:ebooth@santaanita.com). You know, you're going to look pretty sharp for putting this all together.

And if you want to book an event during the live meets (through April 18<sup>th</sup>) contact the Group Sale Department at (626) 574-6400.

Visit the Park's website at [www.santaanita.com](http://www.santaanita.com) to get schedules along with race times and special activities. So, what are you waiting for? Make your way over to this grand and colorful part of Los Angeles history.

## Arcadia

### Overnight Parking Restriction Change Temporary Permits Now Available On-Line

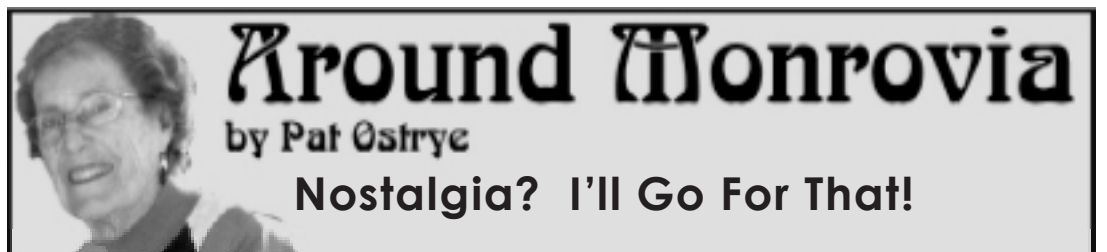
Parking on public streets in the City of Arcadia is currently prohibited during certain hours. Effective January 15, 2010, the hours of restriction are being changed to prohibit parking on public streets without a permit between the hours of 2:30 am and 5:30 am. Vehicles parked without a permit on public streets during the restricted time may receive a parking citation.

Applications for annual permits may be obtained from the

cashier's office at City Hall located at 240 W. Huntington Drive, or by visiting the city website, Administrative Services - Parking section at <http://www.ci.arcadia.ca.us/home/index.asp?page=1564>. Existing annual parking permits may be renewed via mail. The annual permit fee is \$84.00, prorated monthly.

Temporary parking permits can be purchased for \$3.00 per night from the kiosk located in the Police Department lobby,

250 W. Huntington Drive. Temporary permits may also be purchased on-line for \$3.00 per night plus a \$1.00 transaction fee, by clicking on the "On-line Services" link on the home page of the City website, <http://www.ci.arcadia.ca.us>. Please note that an overnight parking permit only provides exemption for parking on the street during the restricted hours. All other parking laws and restrictions must be followed at all times.



## Around Monrovia

by Pat Ostrye

### Nostalgia? I'll Go For That!

Today's Sunday Morning Show on CBS (December 27th) featured quite a lengthy segment on Nostalgia and how healthy it is for everyone, meaning those of us who have been around for some time, I'm sure. In fact, probably many of us have not been waiting for permission to re-live the glorious memories of our former days. So, I'm taking the risk of plagiarizing a few thoughts from my husband Peter's book, Monrovia Centennial Review, published in 1985 just before the Centennial Celebration. I'll only go back as far as the 30s although he started at the very beginning with the founding of Monrovia in 1886, coffee table hardback, 267 pages.

Peter mentions that FDR was sworn in as President on March 4th, 1933, at which time the era of the New Deal began with all of the acronyms: NRA, CCC, CWA, PWA and WPA. The CCC cleared many firebreaks in the Monrovia mountains and the WPA rehabilitated the schools, while the NRA blue Eagle was displayed in many stores and Prohibition ended in December, 1933. The best food market was Dick Pringle's Central Market next to Van-de-Kamp's Bakery, both on Myrtle Av. U.S. National Bank, formerly, Citizens Bank and later Crocker, also on Myrtle. The radio had become a ticket to news, adventure, laughter, big band music and romance. Annual earnings were: airline Pilot, \$8000; Doctor, \$3382; School teacher, \$1227; Nurse, \$936. Monrovia City Tax, 1.83, School tax, 1.56 and L.A. County tax, 1.20.

Wartime in the 40s, rationing, salvaging of old tires and all kinds of metal. California's population increased by 750,000, with Monrovia adding 993 citizens. My husband came to Monrovia in the early 40s from Cleveland and managed to purchase the corner of Alta Vista and Cloverleaf Dr. for \$2500, amounting to seven lots, on which were two houses. I met him in January of 1945 while visiting an aunt in Monrovia when I was on leave from the Navy, stationed in San Diego. In fact, we thought it very significant that we met in the church choir and were married in June at that same church, Immaculate Conception. Nostalgia runs very deep for me, having had forty-three wonderful years before Peter's death in 1988, rearing seven youngsters, all attending Monrovia schools with their home base in Monrovia on through their masters degrees, sixty-three years in all.

I'll end with the 50's. Remember the P.E. electric cars that ran through Monrovia? While in the Navy, I spent many hours riding them from the L.A. railroad station to Monrovia, having come to L.A. from San Diego's railroad station, until my discharge in August at the end of the war. Remember McBratney's, Arts Yardage, Penney's, The Balling Baby Shop, Johnson's Music Store, Bunker's Hardware, Woolworth's and their big fire, Harry Crunk's Sporting Goods Store? One of the biggest mistakes of the 50s was the razing of the Andrew Carnegie Library by the City Council that had no sense of history. Monrovia now has a third library which surpasses everything one would imagine. In 1958, the council proposed an ordinance to eliminate the elective offices of the City Clerk and City Treasurer. At that point, my husband Peter filed to run for the City Council, believing that elimination of elective officials below the legislative body was an attempt at organizational control by manager. He won and was credited with the defeat of the ordinance, little knowing that he saved the office for me in 1980 after I had been Mayor.

There's no end to the nostalgia of every city's growth and change. Looking back can be somewhat depressing at times but most of the time, the years have provided many glorious memories. I never tire of the still popular romantic songs of Dean Martin, tying the nostalgia all together for those of us who are interested. [Postrye@netzero.com](mailto:Postrye@netzero.com)

## Azusa/Duarte

### Azusa Releases Draft Environmental Impact Report On Vulcan Mining Plan Duarte Asks SGV Communities to Weigh-In on Regional Impact

The City of Azusa released a 1,000 page Draft Environmental Impact Report (DEIR) on the Vulcan Material Company's request for a Revised Conditional Use Permit and Reclamation Plan. The DEIR is designed to facilitate the public review of impacts associated with the proposed project including aesthetics, air quality, water quality, hazards, land use, noise, traffic and other related areas.

As an affected neighboring community, the City of Duarte recently circulated a letter to all San Gabriel Valley communities, Chamber of Commerce's and local environmental groups requesting that these groups thoroughly review and provide written comments on the Draft Environment Impact Report (DEIR) based on the project's potential regional health and safety impacts.

The DEIR circulation process for the mining expansion project began on December 22 and will conclude at 5 p.m. on February 5, 2010. Vulcan's proposal now goes to the Azusa planning commission for a Jan. 13 study session starting at 7 p.m. Additional public hearings are scheduled for Jan. 27 and Feb. 10. The City of Duarte will be following this process closely to ensure that this extremely tight review schedule still provide for a comprehensive and accurate analysis.

The proposed revised mining plan would substitute 80 acres on the east side of the Vulcan mining area, which are acres currently approved

for mining, with 80 acres on the west side of the property right on the border of Duarte. This area directly abuts the City of Duarte and is only 0.6 miles from the Fish Canyon residential neighborhood.

Other than mining the western edge of the property several alternatives are discussed in the study. Among them are continued mining on the eastern 80 acres; mining at another spot on the property like the former Fish Canyon Gun Club; or, mining both sides of the property, just less on each side. The study does not support those alternatives over Vulcan's desire for a western operation.

Vulcan's complete submittal, all technical attachments and draft Environmental Impact Report is available for viewing on the official City of Azusa website [www.azusalw.com](http://www.azusalw.com). Residents can also review the projects Notice of Preparation the City of Duarte's response to it and Duarte's most recent correspondence on the DEIR review process on the [www.accessduarte.com](http://www.accessduarte.com) website.

In 2008, the Duarte City Council established a \$700,000 fund entitled the "Fight Against Vulcan Expansion" fund (FAVE) in response to the anticipated expansion plans by Vulcan and its potential adverse impact on Duarte residents. For more information about the City of Duarte's Fight Against Vulcan Expansion activities, call Duarte Deputy City Manager, Karen Herrera at (626) 357-7931, ext. 221.

80 W. Sierra Madre Blvd.  
Sierra Madre, CA 91024  
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# Help Recycle!

**Dear Sierra Madre Residents**

At Mail Box & Postal, we want to do our part to make sure that we don't harm the environment with excess bubble wrap and "peanuts" loose fill. We encourage the residents and the merchants to bring their packaging materials to us, and we will reuse and recycle those materials. Solid waste disposal is one of the biggest environmental challenges our country faces. Clearly, we cannot ignore this problem. We will do our part in helping reduce pollution. Join us, in keeping the Earth a beautiful, safe environment in which you, your children, and their children, can enjoy nature at it's finest.

We are constantly striving to reduce the impact of our business on the environment. Join us in this task, bring into our facility your clean packaging materials so we can reuse and recycle paper, corrugated boxes, bubble wrap and filler materials such as "packing peanuts" and other packaging supplies. As we look to the future, we are committed to finding new ways to reduce our energy consumption and waste production. Mail Box & Postal is a proud recipient of a "Recognition of Excellence in Environmental Stewardship" award from Los Angeles County Regional Agency.

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# Mountain Views News

# Pasadena Altadena

News Form Your Community For Your Community

## NASA Television Moving To Satellite AMC 3

NASA Television's Public, Education and Media channels will be available for downlink on satellite AMC 3. Additionally, NASA TV has reformatted its online program schedule to improve its readability.

Cable and satellite service providers, broadcasters, and educational and scientific institutions will need to re-tune their receiving devices to AMC 3 to continue accessing NASA TV for distribution.



News networks, their reporters and other broadcast media organizations must tune their satellite receivers to the Media Channel to ensure reception of clean feeds for all mission coverage, news conferences, and other agency-distributed news and information. News and other media organizations will no longer be able to rely on content from the Public Channel for clean feeds of mission and other agency activities.

NASA TV's occasional HD feed and Live Interactive Media Outlet (LIMO) Channel also will migrate to AMC 3. For complete downlink information effective Jan. 16, 2010, visit: [http://www.nasa.gov/multimedia/nasatv/satellite\\_info.html](http://www.nasa.gov/multimedia/nasatv/satellite_info.html).

NASA Television has made its online program schedule easier to read, with schedules for all three channels listed on one page. Listings of upcoming programs, events and features on NASA TV's Public, Education and Media channels now can be accessed easily at: <http://www.nasa.gov/multimedia/nasatv/schedule.html>.

For more information about NASA and agency programs, visit: <http://www.nasa.gov>. JPL is managed for NASA by the California Institute of Technology in Pasadena.

## Pet of the Week



Delilah, a beautiful, yellow lab mix, needs a loving home for the new year. She would love to be adopted by someone who likes to go for walks and keep fit. Delilah is already spayed and can go home with you today!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Please call 626-792-7151 and ask for A263151 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena, CA 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## A Parade 'Above the Rest'

By Dean Lee

It was clear by the sounds of a cheering crowd that Tillman, and his three of his snowboarding canine friends, whooshing down a 60-foot long "ski slope" was the hit of this year's 121st Rose Parade although it was the weather that was a "Cut Above the Rest," the parade's theme —with blue skies and perfect 71 degree temperatures.

Nearly 1 million parade goers lined 5.5 miles of Colorado Boulevard Friday morning to watch 39 floats, 23 equestrian units (complete with poop-scoopers), and 22 marching bands grace the boulevard.

Rain Bird Corporation took the Sweepstakes Award for most Beautiful Entry this year with their float "Mountain Majesty," depicting rainforests of Africa. Float decorators used more than 30,000 hot pink Revel roses to give the exotic botanical gardens their color.

The Most Beautiful Non-Commercial, Lathrop K. Leishman Award, went to the city of Torrance for their "Garden of Dreams." Flowers, plants, animals and humans were all part of the float's celebration to spring.

Unique this year was the marching band of the Ohio State School for the Blind. According to organizers, band members, parents and others raised \$115,000 to cover travel costs. They were welcomed to Pasadena Thursday by Mayor Bill Bogaard. Each band member was paired with a sighted volunteer assistant who served as a guide by placing a



Valley Hunt Club Hitch & Riders

hand on the musician's shoulder as they marched. The band also performed at halftime during the Rose Bowl Game in which Ohio State beat Oregon 26-17.

After days of getting ready, Rose Queen Natalie Innocenzi and her six Rose Princesses rode down the parade, in an outdoor Renaissance garden setting, as part of the Macy's float. This year's Grand Marshal, Captain Sullenger and the members of his family rode in a 1928 Pierce Arrow as they also greeted the crowd. Although Tournament of Roses President Gary DiSano lost his battle to cancer late last year, the 2010 festivities went on in his honor.

The City of Torrance and Ronald McDonald House Charities were the only two floats this year that had to be towed.

Police said overall this year's parade and New Year's celebrations were uneventful with just over 40 arrests.

## The Big Boy Makes a Comeback



Bob's Big Boy restaurant, Toluca Lake

By Dean Lee

After being gone from the city for some 28 years, staff for Bob's Big Boy restaurants said Monday they hope to have a new location at 899 East Del Mar Blvd open January 21. A number of job hunting hopefuls filled out applications last week in front of the eatery.

At the time, positions were still open including, servers, bus boys, dishwashers, and cooks.

Restaurant staff also said

a website for the Pasadena location had been setup at [bobspasadena.com](http://bobspasadena.com) which also confirmed the January date. It also says a grand opening is planned. According to the website, the last remaining Pasadena Bob's Big Boy at 3130 East Colorado Avenue was demolished in 1982. The Pasadena City College Shatford library now sits at the location.

The new 3,600-square foot Bob's restaurant is owned by Philip MacDonald who also owns and operates the landmark Toluca Lake Bob's,

complete with a carhop.

Toluca Lake, the last known franchise, had been saved from demotion by a local preservation group in the 1980s after MacDonald had plans for a 19-story high-rise office building at the location. The site is now on the State's list of historic places.

Bob's was made famous by their Big Boy sandwich, fudge cake and old-fashioned 1950s style malts. The Big Boy itself began in 1936 with Bob Wian in Glendale at a small restaurant called Bob's Pantry.

At its height in the 1960s, Bob's flourished in California with over 150 restaurants. In the 1990s most were converted to Coco's and Carrows restaurants. Over the next five years, Big Boy Restaurants International has plans to build 10 new San Diego County franchises. There has also already been a hint for a possible second Pasadena location.

MacDonald has said the new Del Mar Bob's will have the same look and feel of his Toluca Lake restaurant.

The restaurant will also continue their community service with fund raising programs for Pasadena schools, civic organizations and charities.



## Dental Students Provide Fluoride Treatment

Pasadena City College dental students provided fluoride treatments to 60 El Monte Unified School District children in December. Local company Unum, as well as Crest and Oral B, donated the funding to purchase the fluoride varnish. This collaboration between Unum and PCC provided a much needed service to at-risk

children.

"A school nurse from the district contacted me in October to investigate if PCC offered courses on how to apply fluoride varnish and if anyone would be available to teach the nurses in the district," said Dr. Lori Gagliardi, PCC associate professor of health sciences. "After much thought and

discussion with the Health Sciences faculty and dean, we offered to place the fluoride varnish on the children from the El Monte School District."

The children received the fluoride Varnish treatment in Building R and were taken on a tour of the campus by student ambassadors afterward.

## PCC Winter Intersession Starts January 11

Pasadena City College will again offer a winter intersession beginning Jan. 11. PCC has maintained section offerings in morning, afternoon, and evening sessions. Academic and Career and Technical Education classes are offered on the main PCC campus and at the Community Education Center, located at 3035 E. Foothill Blvd.

"Given the current budget crises in California, many community colleges across the state have had to significantly cut their program offerings," said Allen Dooley, PCC acting dean of Enrollment Management. "PCC is fortunate in that our own budget status is such that we will be able to again put forward a sizable winter offering."

Students can see up-to-date class availability by clicking on the "Open/Closed Classes" link at the PCC website, [www.pasadena.edu](http://www.pasadena.edu).

Students can also register online, check the status of enrollment, and determine the availability of classes by accessing [pasadena.edu](http://pasadena.edu) and then clicking on the "LancerLink" hyperlink on the home page. Once there, students can specify their search.

Financial aid is still available and students are encouraged to complete the Free Application for Federal Student Aid (FAFSA) and the Board of Governors Fee Waiver (BOGW) application for consideration.

On-campus resources include phone lines connected automatically to the registration system. This equipment is located in the lobby of the L Building. PCC staff is available to answer questions.

For more information, call the PCC Office of Admissions at (626) 585-7394.



## Board Approves Hi-Tech Fraud Detection

The County Board of Supervisors unanimously approved a contract last Tuesday to employ hi-tech "data mining" solutions to detect child care benefits fraud.

"This technology will be a vital tool in our effort to prevent public assistance fraud and enhance the District Attorney's fraud investigations," said Supervisor Michael Antonovich. "In a recent successful pilot program I initiated utilizing this technology, we achieved an 85% success rate in detecting fraud rings. Today's action established the platform that can be leveraged to prevent and detect fraud in other public assistance programs."

"Data mining technology that looks for hidden patterns in data such as welfare applications and reports to identify duplication and

fraud in services including welfare, healthcare, in-home support services and food stamps. It can predict fraud based on characteristics and circumstances associated with fraudulent activity, such as relationships among parties participating in suspicious activities, unusually large distances between work and home addresses, and inconsistencies in the information reported to eligibility workers.

On October 6, 2009, Supervisors Antonovich and Knabe co-authored a motion to identify the necessary matching county funds to free nearly \$10 million dollars in state funding appropriated to the County to combat fraud in the in-home supportive services program. The County's plan includes the use of data mining.

## College Trustees Approves Anesthesia Technician Program

Pasadena City College will be offering an anesthesia technician program beginning summer 2010, making it the first community college in the state to do so.

The college will begin accepting applications for the year-long anesthesia technician program next spring. To gain admission to the program, applicants must have a grade point average of at least 2.5 and have completed the required prerequisite courses of English, chemistry, anatomy and physiology. Upon completing the program,

students will be eligible to take the American Society of Anesthesia Technologists/Technicians certification exam.

"PCC is responding to an identified need by employers in the health care field for anesthesia technicians to be certified and have associate degrees," said Barbara Freund, dean of Health Sciences. The program is the result of a partnership with managed care organization Kaiser Permanente.

For more information, contact the Health Sciences department at (626) 585-3378.

## Healthy Eating With Lynn Griffith

Lynn Griffith of Chefs 4 Your Life will present a culinary educational seminar especially for parents on Thursday, January 14 from 6 to 8 p.m. at Hastings Branch Library, 3325 E. Orange Grove Blvd.

Don't miss this opportunity to start the year off right and learn; how to put whole food



back into your diet, how to protect your family's health through proper nutrition and how to help your child fall in love with vegetables and more. Call (626) 744-7262 for reservations.



## Sierra Madre Police Blotter

During the week of Sunday, December 20<sup>th</sup> 2009 to Saturday, December 26th, 2009 the Sierra Madre Police Department responded to approximately 259 calls for service.

### Monday, December 21<sup>st</sup>

8:01 AM – Petty Theft, 100 Block Rancho Rd. Between 12-20-2009 and 12-21-2009, suspect(s) stole approximately 40 compact discs and a GPS from the victim's unlocked vehicle. No suspect information is available at this time. Total loss is estimated at \$240.00

8:31 AM - Vandalism, 200 Block West Montecito Ave. Between 11:00 PM on 12-20-2009 and 8:00 AM on 12-21-2009, suspects vandalized the victim's vehicle by scratching both sides of the vehicle with a sharp object. No suspect information is available at this time. Total damage is estimated at \$500.00.

8:33 AM - Vandalism, 00 Block East Mira Monte Ave. Between 12:00 AM and 8:00 AM on 12-18-2009, suspect(s) vandalized the sidewalk area by spray painting miscellaneous words and symbols with black spray paint. No suspect information is available at this time.

12:04 PM – Vandalism, 100 Block Esperanza Ave. Between 11/26/2009 and 12/08/2009, unknown suspect(s) used black material to graffiti the street area with miscellaneous words. No suspect information is available at this time.

### Tuesday, December 22th

7:20 AM – Grand Theft, 200 Block East Sierra Madre Blvd. Between 12-21-2009 at approximately 4:30 PM and 12-22-2009 at approximately 7:20 AM, suspect(s) stole a cell phone, briefcase, and perfume, from the victim's unlocked vehicle. No suspect information is available at this time. Total loss is estimated at \$700.00.

11:18 AM – Vandalism, 200 Block West Montecito Ave. Between 5:00PM on 12-20-2009 and 9:00 AM on 12-21-2009, suspects vandalized the victim's vehicle by scratching both sides of the vehicle with a sharp object. No suspect information is available at this time. Total damage is estimated at \$500.00.

### Wednesday, December 23th

10:33 AM – Vandalism, 300 Block E. Grandview Ave. Between 12-22-2009 at 5:00 PM and 12-23-2009 at 7:00 AM, suspect(s) vandalized the victim's inflatable Christmas decorations. No suspect information is available at this time. Total damage is estimated at \$150.00.

### Thursday, December 24th

7:37 PM – Stolen Vehicle Arrest, 500 Block Ramona Ave, An officer found an unoccupied parked stolen vehicle. The officer watched the car and waited for someone to drive away with the car. After a high risk traffic stop was conducted, the adult female driver and juvenile passenger were taken into custody. The juvenile was later released to a family member and the driver was transported to county jail for booking.

## Arcadia Police Blotter

For the period of Sunday, December 20, through Saturday, December 26, the Police Department responded to 859 calls for service of which 142 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

### Sunday, December 20:

1. Around 1:55 a.m., an automated license plate reader alerted officers to a stolen vehicle parked at 60 East Huntington. Two female occupants, a 27-year-old African-American and a 22-year-old Hispanic, were taken into custody for vehicle theft.
2. An auto burglary occurred in the 300 block of South First between 5:15 p.m. and 7:00 p.m. Unknown suspect(s) shattered a car window and stole the victim's wallet. The suspect(s) then used the credit cards and debit cards in the wallet to make about \$2,300 in unauthorized purchases.

### Monday, December 21:

3. A victim came to the station around 10:52 a.m. to file an identity theft report. Between June 8 and December 21, unknown suspect(s) obtained the victim's checking account information by unknown means and charged \$970 on the PayPal website.
4. Shortly after 10:00 p.m., officers responded to the 400 block of Stanford in reference to a domestic violence incident and were informed that the husband had left the scene. Investigation revealed that the couple got into an argument and the husband choked his wife. The 45-year-old male Caucasian suspect later returned to the residence and was arrested for inflicting corporal injury to spouse.

### Tuesday, December 22:

5. A commercial burglary occurred at Zales located at Westfield mall around 10:33 a.m. on December 21. A male African-American suspect asked to see several diamond rings and it was later discovered that he had exchanged one of the rings with a fake one. The reported loss was about \$3,000.
6. A manager at American Apparel detained a 17-year-old female Asian for theft. The suspect took merchandise into a fitting room, removed tags with a knife, and concealed the items in her purse. A private person's arrest was made, and the juvenile was taken into custody for commercial burglary. She was later cited and released to her father.

### Wednesday, December 23:

7. A traffic stop was made at 1003 South Baldwin around 1:53 a.m. for excessive speed. A 24-year-old male Caucasian driver was contacted and it was determined that he was operating the vehicle while under the influence of alcohol and was arrested.
8. Between 10:00 a.m. on December 22 and 11:00 a.m. on December 23, a residential burglary occurred in the 400 block of West Longden. Unknown suspect(s) made forced entry into the home via a rear door and ransacked rooms. It is unknown at this time what property was taken.

### Thursday, December 24:

9. A robbery occurred in the 500 block of East Live Oak around 4:23 p.m. A male Hispanic suspect, in his 20's, confronted a victim and demanded property while he held onto the victim's arm. The victim was able to run away, but the suspect caught up and tripped him. The suspect then brandished a handgun and took the victim's cell phone.
10. A commercial burglary occurred in the 100 block of East Santa Clara between 1:00 p.m. and 8:00 p.m. Unknown suspect(s) broke into a vacant unit, smashed a hole in the drywall to enter an adjacent office, and rummaged through the location. The suspect(s) set off the alarm and fled the scene.

### Friday, December 25:

11. Units were dispatched to the 700 block of West Val around 10:30 a.m. in reference to a spousal battery. During an argument the suspect pushed, choked, and struck his wife. A 39-year-old male Asian was arrested for battery since he was the predominant physical aggressor, but additional filing consideration against the wife has been requested since she also tried to choke her husband.
12. Around 12:19 p.m., a victim came to the station to file a fraud report. She received an email from Experian indicating that a Sears credit card account was opened using her personal information and made over \$2,270 in unauthorized purchases.

### Saturday, December 26:

13. A robbery occurred at Wireless 101, located at 101 East Huntington, around 5:45 p.m. A male Hispanic took a cell phone, battery, and charger and a female employee tried to stop him by grabbing onto his hood. The suspect then struck the employee in the face and fled the scene with the stolen property.



## A Weekly Sierra

## Spotlight on Madre Volunteers

## Marilyn McKernan - Shining Star of Volunteerism

At just about every group of prospective volunteers you'll see Marilyn McKernan sitting quietly, ready to help in her behind-the-scenes way. Even though that's true, Marilyn describes how most of the volunteer jobs have just fallen into the direction of her life.

"Jeannie Frederick got me to join the Historical Preservation Society as membership chair. Shortly after that, Lucile Flanders asked me to become a part of Woman's Club. Dolly Morant was running the Woman's Club Wistaria (thrift) shop when she discovered that she needed surgery. She asked if I'd watch over the thrift shop until she was able to come back. As it turned out, Dollie never did return and I was asked to take over running the shop."

In the late '90s, her husband Bill retired and started his volunteer "career." Marilyn noted that she and Bill agreed "that after all the years we'd lived here and attended all the functions without donating our time, it was our turn to give." So Bill hooked up with good friend Lew Watanabe to form a power couple who accomplished many philanthropies in Sierra Madre. They didn't call them philanthropies; they just did what they felt needed to be done.

They organized dinners as fundraisers to assist individual people and organizations. They were always offering help to others, and in the '90s they engineered the Great Crate Race for local kids who wanted to participate in a kind of Soap Box Derby. Bill even built several of the children's "crates" so they could join their friends in zipping down the Grandview Avenue hill in wild competition.

Together Bill and Lew worked on the pergola and the Japanese Garden at Sierra Madre School, and the memorial for Msgr. Gara in Pioneer Cemetery. The memorial has since evolved into an inter-faith memorial to all clergy.

Marilyn said, "Bill was very sociable and talked with everybody. When someone needed help, Bill would say, 'Oh, Marilyn would be glad to do that.' And I would."

Besides all of the other duties already named, Marilyn was assistant bookkeeper for the Friends of the Library Art Fair.

She and Bill played Mr. and Mrs. Santa Claus for the City, then they took their talents to CLIMB (Sierra Madre's center for the blind), and they donned their Santa suits for a private hotel party in Pasadena. Instead of keeping the money, Bill turned over the check for all their Santa services to the local Chamber of Commerce.

When the Wistaria Shop received more and more donations, there was a need to add more racks for clothes; however, the racks had to be put outside when the shop was open. Bill saw the problem: when it rained, the racks couldn't go out and the customers couldn't get in. Bill said, "I will build you a roof over the entrance so you can leave the racks outside when it rains." He did and it matched the house so well that many thought it had always been there.



Marilyn remembers, "Years later, the shop was bulging at the seams again. I went shopping for a shed to put outside Essick House. I couldn't find one that matched, so Bill either got tired of shopping or tired of listening to me, so he said, 'I will build you one.' He did and now it's a permanent fixture at the Woman's Club and it's referred to as Uncle Bill's Little House."

Bill was chosen by the Chamber of Commerce to receive the Citizen of the Year honor in January, 1999, for his extensive altruism. And two years later they tapped Marilyn for that same coveted honor.

When Bill's health failed, Marilyn stayed close to home to help him. He passed away Thanksgiving, 2005.

"When Bill's light went out, so did mine," Marilyn said.

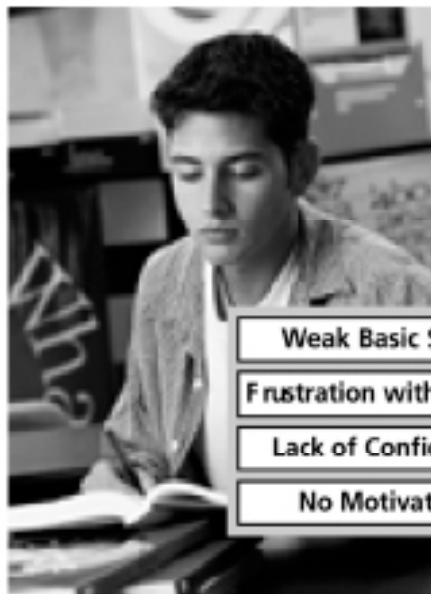
Marilyn moved from Michigan to California in 1964 and began her career at the Auto Club. That's where she met Bill. She enjoys her large family of McKernan nieces and nephews, children and grandchildren, and has decided to make Sierra Madre her home forever, in spite of all of the Michigan relatives who continue to play the Siren Song, urging her to return to the Upper Peninsula of Michigan.

"Now I am still working at the Woman's Club Wistaria Shop and have been Philanthropy chair for the past few years. I have spent most of my volunteer hours at St. Rita Parish, working on our Centennial History. This is where God wants me right now and, thanks to our wonderful priest, Father Richard Krekelberg, I am able to stay focused on something so involved."

She concluded, "Luck has nothing to do with how many friends you have. Friends are blessings and Sierra Madre is overflowing with these blessings. You cannot walk down the street without running into someone who has a greeting and a big smile for you. This village is warm and cuddly, and I just cannot leave it. My heart is here to stay."

Marilyn McKernan is the true "shining volunteer star" of Sierra Madre.

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## Sierra Madre Shriners Hold Annual Installation

The Sierra Madre Shriners announced their annual Installation of Officer's Dinner on Tuesday, January 12, 2010 at the Masonic Lodge - 33 E. Sierra Madre Blvd. at 7:00 pm. Among those being installed are the incoming Potentate Joe Stouch. The President, Sarkis Dargelian has invited city officials including the Mayor Mary Ann MacGillivray, Police Chief Marilyn Diaz and and Fire Chief Steve Heydorff.

The Shriners is a service organization which supports the Shriner's Hospitals and youth programs. Dinner will be served and the public is invited.



## Duarte on its Way to Creating a Youth and Family Master Plan



for meeting the goals of the plan, said Duarte Recreation Director, Donna Georgino, who is overseeing the committee with consultant Dick Guthrie.

At its December meeting, the committee approved a Vision and Guiding Principles Statement:

“To develop a supportive environment, Duarte is committed to ensuring safe neighborhoods, fostering unity, and promoting dialogue among youth and families from diverse cultural, religious, social, economic, and educational backgrounds. This commitment promotes use of and provision of necessary educational, recreational and positive activities, as well as support services in the community to meet the wide range of needs of young people and their families. Our goal is to provide nurturing opportunities for safe practices that support young people in becoming responsible members of the community through the attainment of environmental, physical and mental health.”

Among the Guiding Principles adopted by the committee, were:

- Harness the power of youth and families through volunteer services to make the community safer and stronger.
- Treat youth with respect; give them opportunities to contribute and recognize them for positive actions.

Committee task groups are working on various aspects of the Master Plan development process that include: Review Current Programs and Facilities, Communication and Media task group, the Community Outreach task group which is in the process of surveying community members to explore their insights, issues, ideas and concerns related to youth and families in Duarte, and the Youth Outreach task force, which will query students on their assessments of life in Duarte for kids. Students from elementary school to high school will be surveyed.

Committee meetings are open to the public at large. Committee and task force meeting schedules are posted on the Committee's Facebook page, Duarte YFMP. The committee also updates the City Council on their progress at the first council meeting of each month. The community is invited to attend the Youth and Family Master Plan Advisory Committee meeting on Monday, Jan. 25 at the Duarte Teen Center to provide input on the Master Plan process. Community comments will be key in determining the direction of Duarte's plan. Youth are especially encouraged to attend and share their views with the committee.

For more information, call Donna Georgino at Duarte City Hall, (626) 357-7931, or Email questions or comments to: [yfmp@accessduarte.com](mailto:yfmp@accessduarte.com).

### Starting The New Year Off Right:

## DAY ONE OFFERS ADVICE TO PARENTS ON TEEN DRUG, TOBACCO & ALCOHOL ABUSE

#### What can parents do?

- Be involved in your children's lives and activities. You are their number one advocate!
- Open the lines of communication and keep them open. Kids who consistently learn about the risks of drugs and alcohol from their parents are less likely to use drugs and alcohol than those who do not.
- Be a good role model. Actions speak louder than words.
- Set rules and expect your children to follow them. Let your teen know that drug and alcohol use is unacceptable and that these rules are set to keep him or her safe. Set limits with clear consequences for breaking them.
- Set high expectations.
- Know where your teen is and what he or she will be doing during unsupervised time.

Unsupervised teens are more likely to engage in risky behaviors such as underage drinking, sexual activity, drug use, and cigarette smoking more than other teens. This is particularly important after school, in the evening hours, and also when school is out during the summer or holidays.

- Know your children's friends (and their parents) by inviting them over for dinner or talking with them at your teen's soccer practice, dance rehearsal, or other activities.
- Eat dinner together. Compared to teens who have frequent family dinners (five or more per week), those who have infrequent family dinners (fewer than three per week) are twice as likely to use tobacco or marijuana; more than one and a half times likelier to use alcohol; and twice as likely to expect to try drugs in the future, according to The Importance of Family Dinners V, a new report by The National Center on Addiction and Substance Abuse (CASA) at Columbia University.

- Keep your children active. With an increase in both parents working, children are spending more and more time unsupervised.

Engage your child in a supervised educational program or a sports league. Research shows that teens who are involved in constructive, adult-supervised activities are less likely to drink than other teens.

- Monitor liquor outlets. Is there a business selling alcohol to teens or disrupting the neighborhood? Call Day One at 626-229-9750 and let us know. Stricter conditions can be imposed or their license can be taken away.
- Maintain an inventory of the alcohol you have at home.
- Stay in touch with the adult supervisors of your child (camp counselors, coaches, employers, teachers) and have them inform you of any changes in your teen.
- Stay up to date with youth alcohol and drug trends.

**NO SMOKING  
NO DRUGS  
NO ALCOHOL**

#### What should parents look out for:

- Changes in friends
- Negative changes in school work, missing school, or declining grades
- Increased secrecy about possessions or activities
- Subtle changes in conversations with friends, e.g. more secretive, using “coded” language
- Increase in borrowing money
- New use of mouthwash or breath mints to cover up the smell of alcohol
- Missing alcohol in the home

*Day One provides an organizational structure by which the cities of Altadena, Pasadena, Sierra Madre and the Greater San Gabriel Valley can reduce the problems associated with alcohol, tobacco, and other drug use. Their vision was spurred by the drug epidemic especially among youth.*

For more information contact Day One at: [www.dayonepasadena.com](http://www.dayonepasadena.com)

The City of Duarte is on its way to having a Youth and Family Master Plan that will enhance the community's programs, services and quality of life for youth and families.

A volunteer 27-member Advisory Committee, appointed by the City Council and headed by co-chairs Doug Edwards of Westminster Gardens and Dr. Vincent Castro of Maryvale, is made up of a cross-section of the community including parents, teens, educators, child development professionals and others.

The role of the committee is to develop a measurable action plan that will guide the City of Duarte, the Duarte Unified School District, community organizations, and others over the next five to ten years regarding youth and family programs, services, and facilities. Plans are to present a completed action plan to the Duarte City Council by July 2010. It will include action steps, benchmarks and timetables

for meeting the goals of the plan, said Duarte Recreation Director, Donna Georgino, who is overseeing the committee with consultant

### Santa Anita Family YMCA to Launch “Y Academy” After School Enrichment Classes Beginning Jan. 4

One way the Santa Anita Family YMCA plans to make good use of its newly acquired facilities at the Mary Wilcox Youth Center in Monrovia is by launching a “Y Academy” enrichment program for 3<sup>rd</sup> grade to 8<sup>th</sup> grade students beginning Jan. 4.

The idea behind the Y Academy is to offer youth opportunities to sample and learn new and exciting skills, hobbies and experiences that may not be available to them during the regular school day, said Chief Executive Officer, Damon Colaluca.

“We’ve got all kinds of ideas. Fencing, model building, performance, video production are just some of the classes that we will be offering over the course of the new year. We want to peak kids’ interest and give them a chance to expand their universe of knowledge and experience. Y Academy classes will also be influenced by the kids input as well,” said Colaluca.

Among the first classes to be offered at the Y Academy in the month of January will be video production, in partnership with KGEM, the Monrovia Public Access station; art, Spanish, skate boarding, and basketball.

A selection of classes will run concurrently. Each class will be taught 3 p.m. to 5 p.m., two days a week, for a month. Experts in their field will teach the classes, using their passion for the subject matter to ignite passion in their students and help spark their imaginations.

To learn more about the Y Academy and to register for classes, visit the Santa Anita Family YMCA at 501 S. Mountain Ave, Monrovia, or call (626) 359-9244. Information is also available on the website at: [www.safymca.org](http://www.safymca.org).



**Call 626.836.8353**  
**Fax 626.836.8373**

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdal

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pcclarke@arroyopacific.org](mailto:pcclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsclions.org](mailto:jml@bcsclions.org)

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy 1720 Kinneloa Canyon Road Pasadena, Ca. 91107 626-798-8989

website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

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## TABLE FOR TWO

By Peter Dills  
HAPPY NEW YEARS!!!!

Here are my favorite experiences from 2009. It is a year in review and a look forward to dining in the Pasadena area for 2010. Many great stories and joy filled nights at this legendary restaurant. For a memorable cut of beef, I recommend the unchallenged, **Arroyo Chop House** at 536 S. Arroyo Pkwy. The steaks are great and the Grand Marnier Soufflé is a must for dessert. Been there, done that you say, how about **Taylor's** in La Canada, old school steakhouse and a little less pricey than the aforementioned Chop House. I love the Molly Salad. Service can show some nepotism for the locals but it's worth the slight irritation, located at 910 E. Foothill La Canada. Are you in the mood for ribs? There is only one place to go in the San Gabriel Valley, **Robin's Wood Fire Grill** on N. Rosemead. Robin Salzar has been smoking the best Beef and Baby Backs for years. There is nothing like seeing a barbeque sized grin claim a little ones face. They will think it is better than playing with mud. The adults will know they have moved past those mud pies at this smoked flavored Nirvana. Need a great lunch? I have two places in mind, The **Central Park Café** on S. Fair Oaks, I always order the ahi tuna sandwich with the delicious broccoli salad on the side and you can't go wrong with the short ribs. **Houston's** on Arroyo Parkway is called a steakhouse, I've been there twenty times in the past few years and have never ordered a steak, and I would bet they are good though!!! I love the service and the non-chain attitude is refreshing, the beef dip sandwich is my favorite, and the (\$17) price is worth it. A favorite of mine in Sierra Madre is **Ugo's**, a little café on Sierra Madre Blvd., al fresco dining, wine and beer. I recommend the Gnocchi. You can yell at me if you don't like that specialty. Who could leave out the staple of ever bachelor's diet, Pizza? There are several places to recommend but the out-of-towners must check out **Tarantino's** on Green St. Cozy, quaint and they only take cash, traditional style pepperoni or sausage pizza; almost makes you wish you were single again, just kidding. The Lasagna is a hit too but I would stick with the Pizza, too good to pass on. You want to feel the ocean breeze without going to the beach? Sushi of course! Here again we have a few chains of note in the area, but for my money it's **Japon Bistro** on E. Colorado. Great selection of Sake's on top of the fantastic fresh seafood, plus the owner, Clarence is always there making everyone feel like an Emperor. It is a little more expensive than the chains, but the few extra pennies are worth it.

permanent but is often the farthest from the truth. We make a lot of "promises" around this time of year. The promises are the changes we would like to see in ourselves. I am resolved in my desire to lose weight, be kind to my family and friends. Darn sure I'm going to read more often and to make more money. You know the gyms are packed with those that have made a "resolution" to workout this January, only to go back to their old routine by March. Many of us would do everything we could to not break a promise to a friend, but we break them to ourselves too often. Resolutions are great, they can change your life, but you must have a plan for success. Workout with a friend! Write down what you want to accomplish, chart your progress throughout the year. If you want to lose weight, keep an old picture around for inspiration, or a new one around for motivation. We all have habits, either good ones or bad ones. Work hard on the good habits and stick to a consistent schedule. That will be your greatest help in achieving your resolution(s).

Since I eat out a lot, you can guess my New Year's resolution; make sure that I can fit into my chair to type these articles. I changed it some this year. My resolution is to eat out more often this next year and meet all of you. Now that is a resolution worth keeping! Welcome 2010, I bring three instruments to play, a knife, spoon and a fork. The poetry of the next meal is where you will find me in 2010. thechefknows@yahoo.com

Watch Peter's TV Show every Saturday afternoon at 3 p.m. on KJLA / LATV.

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Contact Peter at: thechefknows@yahoo.com



I love the word "resolute," it sounds so

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## HOWARD Hays As I See It



Following the thwarted terrorist attack on the Northwest Airlines flight from Amsterdam on Christmas Day, much of the media coverage focused on Homeland Security Secretary Janet Napolitano's comment after the incident that the "system worked". The outrage was intense, epitomized by columnist Jonah Goldberg's suggestion that the best response would be for the "hack" to resign her post. In his public comments a few days later, President Obama didn't address the controversy surrounding Sec. Napolitano, but rather expressed his conviction that the system had indeed failed, and made clear his determination to identify problems and make needed corrections. Although the president didn't see this as an appropriate occasion to take cheap political shots, I have no such hesitation.

Those affronted by the comment seem oblivious to what was actually said. Appearing on ABC's THIS WEEK, Sec. Napolitano said, "We have instituted some additional screening and security measures, in light of this incident, but, again, everyone reacted as they should. The system, once the incident occurred, the system worked." The president's own reaction supports this. Rather than refusing to accept responsibility and insisting prior warnings were not given, as President Bush did eight years ago, President Obama admitted that "There was a mix of human and systemic failures that contributed to this potential catastrophic breach of security". He declared, "What's also clear is this: When our government has information on a known extremist and that information is not shared and acted upon as it should have been ... a systemic failure has occurred. And I consider that totally unacceptable." He ordered a preliminary report to be on his desk by (last) Thursday and added, "It's essential that we diagnose the problems quickly."

Republican responses rely on the assumption that people have short memories. Karl Rove finds it unacceptable that "the president waits 72 hours before we hear from him." When Richard Reid (the "shoe-bomber") attempted to blow up a Miami-bound jet in December of 2001, though, then-President Bush waited six days before commenting - and then only in passing. The ranking Republican on the House Intelligence Committee, Pete Hoekstra (R-Mich), decried that "Secretary Napolitano and the rest of the Obama administration view their role as law enforcement", though he voiced no similar criticism when Defense Secretary Donald Rumsfeld dismissed the Richard Reid incident as "a matter that's in the hands of the law enforcement people" (while at the same press conference admitting he'd "stopped chasing" reports on Osama bin Laden). Hoekstra then used the incident in the most predictable fashion - as the basis for a fund-raising appeal warning against those "weak-kneed liberals".

Sen. Jim DeMint (R-SC) warns that "They're going to keep coming after us, and we can't have politics as usual in Washington, and I'm afraid that's what we've got right now with airport security." This is the same Jim DeMint who's responsible for us not having a permanent head of the Transportation Security Administration (TSA), the agency responsible for that airport security DeMint is so concerned about, by putting a "hold" on President Obama's nominee for the position. Erroll Southern has sterling credentials - former FBI special agent, Los Angeles World Airports Police Department assistant chief for homeland security and intelligence, and the associate director of USC's Center for Risk and Economic Analysis of Terrorism Events. His problem, though, is that he has not committed on whether he'd permit the unionization of TSA employees. Apparently, DeMint regards as a serious threat to our nation's security the possibility that the TSA might offer better job protections than Wal-Mart.

There's always the knee-jerk Republican opposition to whatever budget bill Democrats may propose, such as the conference report for the Homeland Security appropriations bill (HR 2892) that passed last October, which included \$1.9 billion for the acquisition and installation of "explosives detection systems". Opponents included such prominent names as Minority Leader John Boehner (R-Oh), Rep. Joe ("You lie!") Wilson (R-SC), Rep. Michelle Bachmann (R-Minn) - and our own David Dreier. Sometimes members from both sides of the aisle unite, albeit for different reasons, as they did to approve an amendment by Rep. Jason Chaffetz (R-Ut) that bans the use of full-body image scans as "primary" screening tools at airports. (Such devices have just been mandated for airports in Amsterdam.)

President Obama stated that "As Americans, we will never give into fear and division." I heard an approximation that there have been 99 million flights with departures and/or arrivals in the U.S. over the past ten years. Only six of those involved terrorist incidents; the most recent one, the "shoe-bomber" episode, and the other four occurring on 9/11/01. As Dick Cheney often reminds us, though, we have to be right 100% of the time, but "they" only have to be "right" once. There may be divisions, but I think we are united in having questions. Maybe a prominent father warning U.S. Embassy personnel in Nigeria of a son's having developed troubling extremist views is not enough to revoke a visa or to place someone on a no-fly list. When that's combined with purchasing a \$2,000 ticket in cash, in a third country (Ghana), with no checked baggage on an international flight, though, questions arise as to whatever happened to all that talk about being able to "connect the dots".

A White House spokesman said that "The president doesn't think we should play politics with issues like these. He hasn't. His response has been fact-based and appropriate and will continue to be as such". As I see it, that should be the approach taken by our representatives in Congress as well, rather than exploiting such incidents to better position themselves for November 2010. Leave the politics to folks like me who don't shoulder the responsibility for our nation's security.

# Left Turn / Right Turn

## The Year America Lurched Left

In our first editorial after Barack Obama's historic victory in November 2008, we acknowledged that "we were witnessing an event in which all Americans can take justifiable pride."

"More than any other development," we said, "the election of an African-American as president will show that most of us have indeed moved on, overcoming prejudice and fulfilling the promise that anyone can achieve anything in this great country if they set their mind to it."

But the election of this charismatic and well-spoken new leader may be momentous in another way, we added. "We may have elected not only one of the least experienced candidates in our history, but also one who may be guided by some principles different from what we're used to and on which the nation was founded."

"In fact, we may be installing the first president who openly favors change that, as unaccustomed as we are to the word, can only be described as socialistic."

We didn't use that word lightly. It came only after we thoroughly examined Obama's policy positions and his entire background in a 16-part series that confirmed he was a leftist who would surround himself with radicals bent on redistributing the nation's wealth and taking control of key industries.

The series, titled "Audacity of Socialism," was dismissed by the media elite, including even some conservative pundits, as "over the top." Many frowned on the use of the s word. But now socialist, socialism and neoMarxist are terms used frequently to describe the president's income redistribution schemes, government spending nostrums and shadow Cabinet full of radicals.

Before the election of 2008, few Americans described Obama as liberal, let alone socialist. Polls typically reflect media opinion, and the media by and large portrayed Obama as a moderate. Now his far-left views are obvious, and for the first time most Americans see Obama as governing from the left.

What we warned of then is now governance, though we take no pleasure in the validation. The pending government takeover of the medical system (one-sixth of the economy), as well as the ownership stakes taken in autos and banking, not to mention the demonization and planned destruction of the private insurance industry, were foretold by us, along with the accumulation of power to the federal government in the name of "crisis" upon "crisis."

We also documented Obama's association with Marxists and acolytes of Saul Alinsky, far-left father of community organizing, which predated his appointment of Van Jones, John Holdren, Mark Lloyd, Cass Sunstein and the rest of the statist czars. "Throughout his career," we noted in the series opener, "Obama has worked closely with a network of stone-cold socialists and full-blown communists striving for 'economic justice.'" Economic justice simply means punishing the successful and redistributing their wealth by government fiat. It's a euphemism for socialism, which in practice is more economic extortion than justice.

"In the past, such rhetoric was just that — rhetoric," we warned. "But Obama's positioning himself with alarming stealth to put that rhetoric into action on a scale not seen since the birth of the welfare state."

We wrote that in 1995, South Side Chicago pol Alice Palmer introduced her chosen successor, Obama, to a few of the district's influential liberals at the home of two well-known figures on the local left: William Ayers and Bernardine Dohrn, self-described Marxists and ex-leaders of the terrorist Weather Underground.

"I remember being one of a small group of people who came to Bill Ayers' house to learn that Alice Palmer was stepping down from the Senate and running for Congress," said Quentin Young, a prominent Chicago physician and advocate for single-payer health care. "(Palmer identified (Obama) as her successor."

We asked the following: "Before old-style Chicago politics as practiced by an ambitious Obama doomed their friendship, he thought Palmer was a good public servant, and Soviet admiral Palmer thought he was a worthy heir. Why?"

Well, now we know. The president and his team share a goal of engineering a government-managed economy that commands and controls every aspect of our lives.

Science czar Holdren wants to "control family size" and "de-develop" the economy. He believes the solution to poverty is to make everyone equally poor. The U.S. "must design a stable, low-consumption economy in which there is a much more equitable distribution of wealth than in the present one," he said. "Redistribution of wealth both within and among nations is absolutely essential."

Another top White House adviser, regulatory czar Sunstein, is on record saying that even speech rights should be redistributed by government apparatchiks. Already we're seeing a kind of redistribution in the resurrection of the Fairness Doctrine, moves for "Internet neutrality" rules, silencing of dissent in Congress and concealment of legislation from citizens and their representatives.

As for economic rights, Sunstein wrote a book called "The Second Bill of Rights" that advocated adding to the Constitution universal rights to health care, education and housing. He has openly argued for institutionalizing socialism in the U.S.

"Communist nations stressed the right to a job, health care and a social minimum," Sunstein has written. Why not America?

Since "markets and wealth depend on government," he thinks Americans should celebrate paying taxes.

Since the money isn't fully theirs but provided, in part, through the protection of the state, he reasons, taxpayers should be willing to sacrifice more of theirs to the state.

"There is no liberty without dependency," Sunstein concluded.

He and Obama's other czars plan to make us all less free and more dependent on the state — through force. Such as forcing people to buy health insurance they don't want or need. Or forcing insurers to cover everybody at the same rate no matter the risk. Or forcing lenders to socialize mortgages in the name of "racial justice." Or forcing manufacturers to buy carbon credits, and consumers to pay higher utility bills, to fight a phantom climate crisis.

This is the bullying spirit of top-down statists such as Obama's father, a Harvard-trained economist and adviser to the Kenyan government, who

romanticized communist methods, including the use of force to compel individuals to bend to the will of the state.

"If left to the individual, consolidation will take a long time to come," Barack Hussein Obama Sr. said in a 1965 white paper. "We have to look at priorities in terms of what is good for society, and on this basis we may find it necessary to force people to do things they would not do otherwise."

Echoing his father, Obama has argued that the government should impose "tax laws that restore some balance to the distribution of the nation's wealth."

Likewise, he asserts the nation's wealth ought to be rechanneled by government into "investments" in the public economy and welfare programs that create "a new American social compact."

"What is more important is to find means by which we can redistribute our economic gains to the benefit of all," said the senior Obama. "This is the government's obligation."

The means he had in mind were confiscatory taxes on a scale that redefines the term "progressive taxation."

His son is now capping pay for top executives and doctors. The salary of Bank of America's president was reduced to zero, effectively making him a government slave. Meanwhile, the president is helping pad government payrolls and pay to the point where federal workers make 77% more on average than their private-sector counterparts and one in five pulls down six figures.

Obama's father believed that heads of corporations were particular evil. More evil still were bankers and investors who conspired to control the world through their evil capitalist system, he said, quoting Karl Marx. This sounds a lot like Obama demonizing "fat cat bankers on Wall Street."

Obama seems convinced the rich are the root of all societal ills — desiring only to exploit the poor, minorities and workers alike.

Indeed, in his second memoir he said: "The problems of poverty and racism, the uninsured and the unemployed are rooted in the desire among those at the top of the social ladder to maintain their wealth and status whatever the cost. Solving these problems will require changes in government policy."

Now we see such policies include massive government spending on new cradle-to-grave entitlements and massive "shared sacrifice" in the form of towering debt and punitive taxation.

The redistribution of wealth also has an international dimension. At the recent Copenhagen conference on climate change, the administration was happy to sign off on a \$100 billion fund to combat global warming, to be distributed to poor nations as reparations.

In January, if Democrats have their way, President Obama will sign into law a \$1 trillion health care subsidy for the uninsured, which like Medicare and Medicaid will end up costing many times more than the original projection.

He insists health care is a right, even though as a constitutional lawyer he knows it's not enumerated in the Constitution. And even though it's anything but God-given and free. And even though giving someone medical care means taking from someone else. And even though it's not an inalienable right, since government can deny the entitlement at any time.

That's not likely, of course, since no government entitlement has ever been repealed. This new health care "right" puts us on a slippery slope toward big-government statists determining that housing, transportation, salary and so on are also human "rights."

It's not far-fetched. Government has already guaranteed a minimum wage. Now through a "living wage," it wants to guarantee a median income. If everyone has a median income, few will have a high income.

Just like if everybody has health insurance, few will have good health care — with the exception of the super rich and the statists who run the spoil system. Statists — including members of Congress — will see to it that they have gold-plated medical plans — along with high incomes, jet planes and big dachas.

These are just some of ways that socialism is seeping into the American system. Others include:

- The melding of government interests with those of Big Labor. It started with \$400 million in campaign contributions to Democrats in 2006 and has led to an inordinate influence of unions on government. Top visitors to the White House are union bosses. Big loser? Workers, whose interests (and dues) are subordinated to the state.
- A rise of trade protectionism — a trait of socialist countries that ensures state supremacy by impeding the exchange of goods, capital and ideas from outside borders.
- An increase in power grabs and coercion. Democrats are mandating jail time in their health care bill for any citizen who refuses to buy insurance. The EPA declared carbon dioxide a toxin and is trying to control all CO2 emissions from humans. And SEIU and Acorn thugs enforce submission to a government health care takeover with their fists on dissidents.
- One-world government. By funding and by fiat, we have empowered unelected global bureaucracies to influence American lives as never before. These include greater deference given to U.N. decisions, handing Interpol unprecedented operating power on U.S. soil and a desire to bolster the world court at the Hague.

In that post-election editorial in 2008, we said the economic and domestic policies Obama espoused and has since put into practice, combined with the positions he was likely to take on energy, defense and foreign relations, "could weaken America's position in an ever-more-dangerous and competitive world."

"We sincerely hope," we went on, "that a President Obama, despite past leanings and a Congress that could be just as far left, will govern as a moderate and succeed in bringing the country together as promised."

In the year just ended, those hopes have been dashed, and we're hard-pressed to think of a single change that has made the country stronger rather than weaker.

*Reprinted by permission - IBD*

Greg Wellborn, whose column normally appears in this spot, will return next week.



## An Honest Progress Report by Susan Henderson

This month, President Obama will complete his first year in office. And yet, months before that milestone, critics and naysayers have been on a constant tirade about how inept, inexperienced, and incompetent our President is. They've been on that rant while they continue to text orders to their stock brokers, buy and sell as much of the soul of America as they can, and, oh yes, run to their health plan doctors the minute they feel the slightest discomfort.

The fact is, President Obama came into office when this country was on the brink of collapse. Even his biggest detractors didn't know which way to turn when banks were failing daily.

When I went to the polls on election day, I didn't vote for Barack, the Savior of America. I voted for the man I thought was best qualified to handle the mess we were in. I expected no miracles. I understood that there was absolutely no magic solution that would end 2 wars; fix the country's economic situation; mend our reputation at home and abroad; clean up our environment; fix our education system; and put everyone back to work, *in a matter of days!*

No, I wasn't expecting President Obama to make water into wine. What I was expecting, and what he has done, is to stop the hemorrhaging. The bleeding has stopped, but as with all wounds, the pain is still lingering, just not as severely.

It took eight years of irresponsible rule by the former President to run this country into the ground. And, if we are lucky, in eight years, we may be able to repair it.

Of course President Obama has not pleased everyone all the time, but who does? There are even those among his own party that are unhappy. But their unhappiness, and his critics

malevolence, doesn't take away from the fact that the man has done a remarkable job to date.

As of this writing, our banks are still running. A great deal of the bail out money that was given to them, has been repaid. And while he has not ended either war, at least there is progress in that direction.

Are soldiers still dying? Unfortunately yes, but these are wars that Obama inherited. He is making the best out of a very bad situation.

Are people in this country still without jobs? Yes, but thousands have been put back to work and for those still unemployed, assistance has been provided. (Although in this state we can't even figure out how to write the damned check.)

Is our economy still in bad shape? Yes, but certainly not to the extent it was when he took office. For all the criticism, his methods have worked for the better.

For those who will not stop until he has "failed", I'm afraid you will have to create that failure in your own mind. You will have to really stretch the truth, such as associating him with the ideals of his father, a man he didn't know. You'll have to create your own media image, because the real work that the man has done gives him an excellent grade to date.

Grades are given based upon a person's performance of the task assigned to him. Barack was given the job to bring this country back to a state where it could sustain itself. He was given the task of re-prioritizing how we spend our resources and to protect its citizens. He has diligently worked at accomplishing all of the above. So while, in his own modest estimation he has given himself an 'average' grade, truth be told, the man deserves an A+. He is The Man with a plan, one that he continues to follow, amending where necessary in order to get things done.



## Mountain Views News

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**Mountain Views News Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## SUSAN Henderson 2010: PROCEED WITH CAUTION



Welcome to 2K10. I believe that is the official, politically correct moniker for this year. I hope all of you had a wonderful holiday season.

I want to not only wish everyone the very best in the coming year, but I also want to thank all of you for your support over the last four years. It has been a real challenge and pleasure to publish this paper every week. Thanks to all of the MV News staff, subscribers, advertisers, vendors and of course my friends and family, that keep the presses rolling. I look forward to our continued, collective efforts in the year ahead.

Last week when the family was gathered for Christmas dinner, the discussion turned to how fast the last ten years had gone by. It was an interesting conversation to listen to, especially since it was being lead by my children and their cousins, all in their 40's. There was a time when my peers and I would be the ones lamenting that deceiving caricature of Father Time who seems to be moving ever so slowly. I guess we have accepted the fact that, as my father used

to say, "Time waits for no one." But for these young adults - okay, they are middle aged people, the last ten years contained the collapse of many of the things they believed to be infallible. For instance, our country's political system (the 2000 election fiasco); Our nation's security failures (9/11) and most recently the near collapse of our country's financial systems. They recalled the song they danced their way through high school and college, Prince's 1999. It was a great song to dance to. I may have 'cut a step' or two myself. The words however, were almost prophetic and because of the music, the lyrics made an indelible mark on those who heard it.

The song says, "two thousand zero zero party over, oops out of time. So tonight I'm gonna party like it's 1999." And therein lies the truth that we should have been paying attention to.

**2000 Party's Over** - The first decade of this century was a time like no other in this country. For many, technology enabled us to put our brains on the shelf and just mindlessly accept whatever was put before us. We failed to act responsibly when it came time to choose our leaders; we failed to pay attention to how our country was being run; we ignored our bad behavior abroad that transformed us from the most envied country in the world to one of the most hated. We just lost it. We stopped thinking, and sailed through making noise and

not paying attention. We just 'partied like its 1999' right up until the first bank failure. Then we wondered what happened. But by then it was almost too late. Millions were losing their homes after having been 'duped' into unscrupulous mortgages because they 'believed' that bankers and lenders were honest people. Millions lost their life savings because they believed Wall Street was a responsible institution. Millions watched their jobs swim away overseas, but assumed that there were more jobs here to replace them. Then, and only then did we notice that the walls had started crumbling, and noticed that the dust from the devastation was blinding.

Well, now it's 2010 and the question must be asked, "What do we do to protect ourselves the next ten years?" It is a fact that as Americans we have to take more responsibility for our own well being. We're not 16, so partying and acting as though everything will be just fine is not an option.

We would be much better off as a society if we would learn the difference between fact and fiction. We make so many judgments solely based upon what we see on 'reality shows' and blogs, or even on the news, unfortunately both print and electronic. We have to become more responsible and do a little fact finding before we start quoting fiction as fact. And most importantly, we have to learn the difference between what is being purported because

it is sensational versus its newsworthiness.

For instance, and this is a real sore subject for me. The media attention paid to Tiger Woods is outrageous. While every single major news outlet and most smaller ones, (this publication excepted thank you very much), were analyzing his 'indiscretions', important news was ignored. Who cares, other than Mrs. Woods, who Tiger sleeps with? I don't, but I do care,

what legislation was passed that day; I do care what decisions were made regarding the young men and women serving in the armed forces. (Do you know how many were killed during that time? No, because they were talking about TW). Because of the extensive coverage on Tiger, everybody's conversation changed to what Tiger had or had not done. We abandoned our responsibility to pay attention to our lives because we allowed ourselves to be distracted. And that is my point.

With the new year upon us, we must start paying attention to important issues, and stop letting people distract us with smokescreens.

It is not time to party. It's time to get serious. We are the people, and as such, we need to get involved in our lives. We need to direct traffic, not be directed.

Let's proceed into the next 10 years a little more responsibly. I don't think we can survive another decade like the last one.

## RICH Johnson



### Not Starring Update

A few years ago I wrote a column divulging some interesting facts about actors and actresses originally scheduled to star in movies but replaced. The most memorable may have been the role of Rick in Casa Blanca. We all remember Humphrey Bogart as Rick. But did you know the original actor cast as Rick was none other than Ronald Reagan? Although some think the mention of our later president was a studio publicity stunt.

One of my favorite movies is the 1970 film, "Patton." It starred George C. Scott in the lead role (for which he won an Oscar) You might find it interesting who turned down the part. Robert Mitchum turned it down. Telly Savalas said no. And Rod Steiger turned it down because it glorified war. John Wayne actually wanted to play the famous general but the producers said uh-uh.

Interesting bit of information about Star Wars. George Lucas originally wanted Japanese actor Toshiro Mifune to play Obi-Wan Kenobi. The part, as we all know, went to Alec Guinness. Jodie Foster was Mr. Lucas' second choice to play Princess Leia.

Did you know Harrison Ford filmed a cameo scene in E.T.? He played a principal lecturing Elliot about alcohol. Spielberg cut the scene because he thought Harrison's popularity hurt the film.

In the movie Jaws, Jeff Bridges and Jon Voight turned down the role of Hooper. You know the character played by Richard Dreyfuss. Lee Marvin turned down the role of Quint, which went to Robert Shaw.

You remember "The Adventures of Robin Hood?" The 1938 movie starring Errol Flynn. Imagine it was originally designed to star James Cagney!

The Clint Eastwood hit, "Dirty Harry" was originally designed as a sequel to the Steve McQueen movie "Bullitt." The producers were informed by McQueen that he didn't do sequels. I'm sure the Eastwoods say thank you Mr. McQueen. Oh, and by the way, before Clint signed on the lead role had been turned down by Robert Mitchum, Frank Sinatra and John Wayne. Mitchum and McQueen also turned down the lead (Popeye Doyle) in the film "The French Connection."

John Travolta turned down the lead in "Forrest Gump." "The Graduate" starring Dustin Hoffman as Benjamin Braddock had some interesting twists and turns in casting. The director's first choice for old Ben was...are you ready? Burt Ward, better known as Robin in the smarmy old TV show "Batman." Doris Day turned down the role of Mrs. Robinson because of the nude scene.

Irish actor Patrick McGoohan turned down the role of Dumbledore in the Harry Potter movies. And yet another Irish actor, Peter O'Toole also turned down the opportunity to replace his good friend Richard Harris in the role.

Kevin Kline was originally cast as Peter Pan in "Hook" but backed out due to other commitments. And David Bowie politely turned down the role of Captain Hook which went to Dustin Hoffman.

In the film "Interview With a Vampire" Johnny Depp turned down the role of Lestat, which went to Tom Cruise. Writer Anne Rice wanted Rutger Hauer to play Lestat and threatened to remove her name from the project until she saw how well Mr. Cruise did in the final cut. And Val Kilmer turned down the role of Louis which ultimately went to Brad Pitt.

And finally, that brilliant English actor, Richard Johnson was seriously considered for the role of Marc Antony in the 1962 film "Cleopatra" which starred Elizabeth Taylor. He lost out to a relative no-name, Richard Burton. My namesake also tested to be the original James Bond in "Dr. No" but turned down the part because he didn't want to sign a three picture contract.

So there you have it. Not Starring 2010. Visit [www.notstarring.com](http://www.notstarring.com) for much, much more trivia on movie roles.



## STUART Tolchin On...LIFE Sometimes There Are Prices To Pay Images of 2009

Well, we made it. We've all managed to live through another year and to honor our successful survival I now present to you my third Annual collection of my most remembered images of the past year together with a little story about each image.

1) My 65<sup>th</sup> Birthday gathering held at Fresca's. My wife had gathered about a hundred old friends and relatives to celebrate the Birthday with me. She had chosen ten of her favorite columns that I had written and gathered them into a book. She gave each guest a copy together with another book that she had created which allowed old friends to describe me in terms of their favorite color or song. I was overwhelmed by her effort and actually felt a bit unworthy. As I sat for a while at a table in back with two of my oldest friends I recalled how we would sit in coffee shops for hours over cokes, burgers, and fries and then argue as to who owed what percentage of the check. It occurred to me that on my 65<sup>th</sup> birthday it would feel good to stop worrying about the checks and to pay for the whole thing. Maybe that was my wife's intention all along. FINE- We could now almost afford it. She probably thought that in a few days I would have forgotten about the expense and would just remember the party. It's seven months later and I haven't forgotten; but my willingness and ability to pay now for things I previously could not afford has blended into a bitter-sweet recognition of gratitude. I realize now that my life is filled with more abundance and joy than I ever expected. Thanks to my children, and friends for being there (and letting me pick-up the check!).

2) At the birthday I sat with an old friend who was visiting from New Mexico. Later in the year he lost his job there and stayed intermittently with my wife and I in California while he searched for another position. This is

the guy who first pulled me on to a golf course and we played while he was here. To both of our surprise I had the better score and more alarmingly he had trouble placing the ball on the tee. The next day he dropped his lap top and the day after that he lost his cell phone. He really wasn't aware of any medical problem but my wife and I convinced him to visit a doctor. Within a few weeks he was being operated upon in an attempt to cut out a brain tumor the size of a plum. The tumor could not be removed the first time but a subsequent operation at another hospital removed 97% of it. He is still not out of the woods and other treatment procedures are progressing. The specific image I refer to is a picture of my friend, with his head shaved and the sutures across his head clearly visible. His daughter is next to him and his face is beaming with relief. This picture, for me at least, captures the precious state of our precarious existence. For the moment my friend has survived his operation and he and his daughter sit together joyful and very proud of one another.r help.

3. My next image is the face of my client as I have just completed my closing argument and am retaking my seat next to him. He is a big strong man and as I sat down he squeezed my arm and said, "thank you for all your hard work and for doing a good job". At this point in the trial no one knows what the jury verdict will be and I really appreciated the sincere thanks he expressed to me. Really, that's what this difficult year has taught me. Things can get difficult and we don't really know much about the future state of the economy or about the entire planet. All we can do is to try and do the best job at whatever it is that we do and to recognize how fortunate we are to have the life we have already lived.

HAPPY NEW YEAR—What will we learn in 2010.

## HAIL Hamilton



The general view of America's youth held by the public and politicians is that they are disproportionately involved in violence, drug abuse, suicide, and pregnancy. Recent data show, however, that

violent youth crime is increasing due to poverty rather than to drug or the influence of media violence. Teenagers, regardless of race, are not more violent than adults. Rather, American social policies force 25 percent of youth to grow up in poverty, leading to high rates of gang violence not found in other Western nations.

Other generally held beliefs are that teen suicide and drug abuse are "epidemic." In truth, teenagers account for approximately 7 percent of U.S. suicides and 2 percent of U.S. drug deaths; these rates are far lower than found among adults. Although politicians are preoccupied with casual teenage marijuana smoking, the most significant drug danger America faces is increasing hard-drug abuse, injury, and death among middle-aged adults, including many parents.

Another myth is that teenagers are sexually irresponsible. The facts show, however, that two-thirds of all births by teenage mothers are fathered by adult men over age 20, not by peer boys. Most "sexually active" girls under the age of 15 were victims of sexual abuse and rape by older males; and nearly all teenage AIDS is among impoverished youths,

runaways, and prostitutes victimized by adults.

One expert advises that the path back to intergenerational cooperation would be difficult at this advanced stage of deterioration, even if a consensus existed among aging Americans to try. It lies in ending the futile efforts to "rejuvenilize" adolescents and, instead, inviting adolescents into adult society, where every sign over the last six decades suggests they belong.

More pointedly, does denigrating youth serve to whitewash the failures of the grownup generation and its institutions? Monumental fiscal irresponsibility from Pennsylvania Avenue to Wall Street has brought on the worst recession since the Great Depression. Among adults, skyrocketing crime, suicide, drunkenness, and a murder rate higher than today's devastated families and communities of the 1930s. Similar trends are evident today. Statistics clearly show soaring rates of violent and property crime, drug abuse, and family instability among adults over the past quarter century, along with unchecked concentration of wealth in the richest fraction of the population.

The surprise: contrary to their bad press, today's young Americans are behaving spectacularly well. Over the last two decades, teenagers' rates of felony and misdemeanor arrest are down 40%, suicide and self-destructive deaths have dropped 60%, and drug abuse deaths have declined 90%. In 2008, no teenagers died in Los Angeles County from heroin, cocaine, crack, or methamphetamine (drugs that killed

250 adults)--one of many phenomenally positive facts about today's young that are not discussed because they violate the rigid, official-media narrative that "kids today" are going to hell.

Youths today seem doggedly determined to survive disinvestment by the elder generation. Even after 25 years of massive public school defunding and classroom crowding, students display higher school enrollments, test scores, college preparatory work, and volunteerism than their carping forebears. Only America's poorest youth, stressed by the poverty and joblessness of a selective economic depression whose attrition is every bit as devastating to the young as the Great Depression was, have shown increases in violence and alienation, and even these are far less than the dismal conditions imposed on them would predict.

But, while FDR called on youths of the 1930s to help his administration fight "the forces of organized greed" that spawned "a society that hurts so many of them," Barak Obama's corporate bailouts and the Democratic Congress impotence have abetted the pyramiding of corporate wealth. Moreover, Republican's stubborn obstructionism, denial of their moral failings, and loudly demanding a "personal responsibility" ethic of young people than they themselves are unwilling to practice is pure bunkum. Just possibly, the better behaviors, personal optimism, and volunteer spirit of today's youth portend a greatness so far obscured by their elders' ill-considered torrent of negativism.



**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1793958**

The following person(s) is (are) doing business as: **C & Z RECYCLING CENTER**, 4922 W. PICO BLVD., L.A., CA 90019. Full name of registrant(s) is (are) **TADDEVOS NAZARYAN**, 8557 WOODLEY AVE., NORTH HILLS, CA 91343. This Business is conducted by: **AN INDIVIDUAL**. **Signed: TADDEVOS NAZARYAN**. This statement was filed with the County Clerk of Los Angeles County on **11/25/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **11/09/2009**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-173434**

The following person(s) is (are) doing business as: **A K MANAGEMENT**, 22425 VENTURA BLVD. #355. Full name of registrant(s) is (are) **ERIK KHOROUSKY**, 62 LOCKST AVE., OAK PARK, CA 91377. This Business is conducted by: **AN INDIVIDUAL**. **Signed: ERIK KHOROUSKY**. This statement was filed with the County Clerk of Los Angeles County on **11/24/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1925582**

The following person(s) is (are) doing business as: **AMERICAN BUSINESSES & PROPERTIES**, 1052 E. MISSION BL., POMONA, CA 91766. Full name of registrant(s) is (are) **KUAN-YIH WUO**, 23 RIDGELINE DR., NEWPORT BEACH, CA 92660. This Business is conducted by: **AN INDIVIDUAL**. **Signed: HUAN-YIH WUO**. This statement was filed with the County Clerk of Los Angeles County on **12/17/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1781488**

The following person(s) is (are) doing business as: **ATTRACTION DYNAMICS**, 21601 DEVONSHIRE ST., STE. 101, CHATSWORTH, CA 91311. Full name of registrant(s) is (are) **ORLANDO MANRIQUE**, FARAH VICTORIA LINDSAY, 16809 VICTORY BLVD. #4, VAN NUYS, CA 91406. This Business is conducted by: **A GENERAL PARTNERSHIP**. **Signed: FARAH V. LINDSAY**. This statement was filed with the County Clerk of Los Angeles County on **11/24/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1896654**

The following person(s) is (are) doing business as: **AVI BUFFALO**, 6120 HUNTDALE ST., LONG BEACH, CA 90808. Full name of registrant(s) is (are) **AVIGDOR ZAHNER-ENBERG**, 6120 HUNTDALE ST., LONG BEACH, CA 90808. This Business is conducted by: **AN INDIVIDUAL**. **Signed: AVIGDOR ZAHNER-ENBERG**. This statement was filed with the County Clerk of Los Angeles County on **12/15/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1906842**

The following person(s) is (are) doing business as: **BAHN FINANCIAL GROUP**, 1931 AVENIDA APRENDIA, RANCHO PALOS VERDES, CA 90275-1215. Full name of registrant(s) is (are) **RANSFORD U. MOLLISON**, 1931 AVENIDA APRENDIA, RANCHO PALOS VERDES, CA 90275. This Business is conducted by: **AN INDIVIDUAL**. **Signed: RANSFORD U. MOLLISON**. This statement was filed with the County Clerk of Los Angeles County on **12/15/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1915511**

The following person(s) is (are) doing business as: **DAVE'S CERTIFIED WELDERS**, 12006 LOWEMONT ST., NORWALK, CA 90650. Full name of registrant(s) is (are) **MELISSA DORIS ROBERTS**, 12006 LOWEMONT ST., NORWALK, CA 90650, **DAVID ROBERTS**, 1210 CHESHIRE

ST., NORWALK, CA 90650. This Business is conducted by: **A GENERAL PARTNERSHIP**. **Signed: DAVID ROBERTS**. This statement was filed with the County Clerk of Los Angeles County on **12/16/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1905953**

The following person(s) is (are) doing business as: **INNOVATION HARDWOOD FLOORS**, 1328 S. SANTA FE AVE., L.A., CA 90021. Full name of registrant(s) is (are) **CLAUDIA GUTIERREZ**, 1328 S. SANTA FE AVE., L.A., CA 90021. This Business is conducted by: **AN INDIVIDUAL**. **Signed: CLAUDIA GUTIERREZ**. This statement was filed with the County Clerk of Los Angeles County on **12/15/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1923934**

The following person(s) is (are) doing business as: **PLANET INSURANCE AGENCY-COMMERCE BRANCH**, 5538 E. WHITTIER BLVD., COMMERCE, CA 90022. Full name of registrant(s) is (are) **RYAN BOODAGHIAN, INC.**, 7743 VIA CAPRI, BURBANK, CA 91504. This Business is conducted by: **A CORPORATION**. **Signed: NICHOLAS BOODAGHIAN**. This statement was filed with the County Clerk of Los Angeles County on **12/17/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1793360**

The following person(s) is (are) doing business as: **PRESENT DAY TRUCKING**, 1116 ELM AVE. #1, GLENDALE, CA 91201. Full name of registrant(s) is (are) **FELIX CHARNY**, 1116 ELM AVE. #1, GLENDALE, CA 91201. This Business is conducted by: **AN INDIVIDUAL**. **Signed: FELIX CHARNY**. This statement was filed with the County Clerk of Los Angeles County on **11/25/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1746034**

The following person(s) is (are) doing business as: **AFORDABLE PROFESSIONAL PAINTING**, 4210 E. 121ST AVE., #415, WOODLAND HILLS, CA 91367. Full name of registrant(s) is (are) **RONALDO RAMOS**, 22100 ERWIN ST. #415, WOODLAND HILLS, CA 91367. This Business is conducted by: **AN INDIVIDUAL**. **Signed: RONALDO RAMOS**. This statement was filed with the County Clerk of Los Angeles County on **11/18/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1772254**

The following person(s) is (are) doing business as: **ALVARADO VENDING**, 21726 STRATHERN, CANOGA PARK, CA 91304. Full name of registrant(s) is (are) **HENRY A. ALVARADO**, ANA P. ALVARADO, JOSE C. ALVARADO, 21726 STRATHERN, CANOGA PARK, CA 91304. This Business is conducted by: **A GENERAL PARTNERSHIP**. **Signed: HENRY A. ALVARADO**. This statement was filed with the County Clerk of Los Angeles County on **11/30/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1754286**

The following person(s) is (are) doing business as: **B&G SECURITY**, 18001 RINALDI ST., GRANADA HILLS, CA 91344. Full name of registrant(s) is (are) **RINALDI ST.**, GRANADA HILLS, CA 91344, **MIGUEL A. BELLO**, 8509 DE SOTO AVE. #215, CANOGA PARK, CA 91304. This Business is conducted by: **A GENERAL PARTNERSHIP**. **Signed: JUAN GARCIA**. This statement was filed with the County Clerk of Los Angeles County on **11/19/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
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five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1782444**

The following person(s) is (are) doing business as: **BORROW THE CATWALK**, **WARDROBE LOUNGE**, 13909 MOUNTAIN VIEW PL., SYLMAR, CA 91342. Full name of registrant(s) is (are) **KRIKORIAN, SYLVIA**, 13909 MOUNTAIN VIEW PL., SYLMAR, CA 91342. This Business is conducted by: **AN INDIVIDUAL**. **Signed: SYLVIA KRIKORIAN**. This statement was filed with the County Clerk of Los Angeles County on **11/24/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1727192**

The following person(s) is (are) doing business as: **HD VIDEOWORK**, 3663 FREDONIA DR. #5, HOLLYWOOD, CA 90068. Full name of registrant(s) is (are) **DREW COBB**, 3663 FREDONIA DR. #5, HOLLYWOOD, CA 90068. This Business is conducted by: **AN INDIVIDUAL**. **Signed: DREW COBB**. This statement was filed with the County Clerk of Los Angeles County on **11/16/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1745804**

The following person(s) is (are) doing business as: **LA RUSH**, 1840 FAIRBURN AVE. #411, L.A., CA 90008. Full name of registrant(s) is (are) **PETER CHRISTOPHER DOUGLAS**, 1840 FAIRBURN AVE. #411, L.A., CA 90005. This Business is conducted by: **AN INDIVIDUAL**. **Signed: PETER DOUGLAS**. This statement was filed with the County Clerk of Los Angeles County on **11/18/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1727689**

The following person(s) is (are) doing business as: **LOCALI ARTISAN PIZZA KITCHEN**, 11672 BURBANK BLVD., N. HOLLYWOOD, CA 91601. Full name of registrant(s) is (are) **BURNING BIAL, LLC**, 11672 BURBANK BLVD., BURBANK, CA 91505. This Business is conducted by: **A LIMITED LIABILITY COMPANY**. **Signed: HONG ZHOU**. This statement was filed with the County Clerk of Los Angeles County on **11/16/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1840342**

The following person(s) is (are) doing business as: **FOURCOP BRANDING**, 8951 McCONNAN AVE., NORTHBRIDGE, CA 91343. Full name of registrant(s) is (are) **COLLEEN STURGILL**, 8951 McLENNAN AVE., NORTHBRIDGE, CA 91343. This Business is conducted by: **AN INDIVIDUAL**. **Signed: COLLEEN STURGILL**. This statement was filed with the County Clerk of Los Angeles County on **12/04/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1813094**

The following person(s) is (are) doing business as: **MY GERIATRIC SERVICES**, 18375 VENTURA BLVD. #563. Full name of registrant(s) is (are) **GERIATRIC SERVICES OF AMERICA, INC**, 1472 TOPEKA DR., TARZANA, CA 91356. This Business is conducted by: **A CORPORATION**. **Signed: DONNA FARKAS**. This statement was filed with the County Clerk of Los Angeles County on **12/01/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1840582**

The following person(s) is (are) doing business as: **EL LABRO INTERNATIONAL**, 15138 ROSCOE BLVD. #3, VAN NUYS, CA 91402. Full name of registrant(s) is (are) **FELIX FOJAS**, 6841 WOODMAN AVE. #9, VAN NUYS, CA 91405. This Business is conducted by: **AN INDIVIDUAL**. **Signed: FELIX FOJAS**. This statement was filed with the County Clerk of Los Angeles County on **12/04/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on JAN 15, 2010.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/12, 12/19, 12/26/2009, 01/02/2010

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1686581**

The following person(s) is (are) doing business as: **#1 A.R.M. MOTORS; #1 STAR MOTORS**, 6726 RESEDA UNIT #7, RESEDA, CA 91335. Full name of registrant(s) is (are) **ALI REZA MOSHIRI**, 19758 SANTA ROSA DR., PORTER RANCH, CA 91326. This Business is conducted by: **AN INDIVIDUAL**. **Signed: ALI REZA MOSHIRI**. This statement was filed with the County Clerk of Los Angeles County on **11/09/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/05, 12/12, 12/19, 12/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1802310**

The following person(s) is (are) doing business as: **DAYINCI AIRCRAFT**, 16231 WATERMAN DR. STE. 16, VAN NUYS, CA 91406. Full name of registrant(s) is (are) **LEONARDO PARDA**, 5451 LINDLEY AVE., TARZANA, CA 91356. This Business is conducted by: **AN INDIVIDUAL**. **Signed: LEONARDO PARDA**. This statement was filed with the County Clerk of Los Angeles County on **11/30/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/05, 12/12, 12/19, 12/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1807693**

The following person(s) is (are) doing business as: **EL COMAL GRILL**, 14222 IMPERIAL HWY., LA MIRADA, CA 90638. Full name of registrant(s) is (are) **MELANIA GARCIA**, 14222 IMPERIAL HWY., LA MIRADA, CA 90638. This Business is conducted by: **AN INDIVIDUAL**. **Signed: MELANIA GARCIA**. This statement was filed with the County Clerk of Los Angeles County on **12/01/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/05, 12/12, 12/19, 12/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1807895**

The following person(s) is (are) doing business as: **GALAXY ENTERTAINMENT**, 4951 ROSEMEAD BLVD. #K, SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) **BAORONG YAN**, 4951 ROSEMEAD BLVD. #K, SAN GABRIEL, CA 91776. This Business is conducted by: **AN INDIVIDUAL**. **Signed: BAORONG YAN**. This statement was filed with the County Clerk of Los Angeles County on **12/01/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code).  
Publish: Mountain Views News  
Pub. 12/05, 12/12, 12/19, 12/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1692511**

The following person(s) is (are) doing business as: **GRUVY MAN, PUBLISHING, RECORDING**, 19443 S. CLIVEDEN, CARSON, CA 90746. Full name of registrant(s) is (are) **MARCUS EAZEL**, 19443 CLIVEDEN, CARSON, CA 90746. This Business is conducted by: **AN INDIVIDUAL**. **Signed: MARCUS EAZEL**. This statement was filed with the County Clerk of Los Angeles County on **11/09/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

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Publish: Mountain Views News  
Pub. 12/05, 12/12, 12/19, 12/26/2009

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File No. 09-1687246**

The following person(s) is (are) doing business as: **KINGDOM**, 16521 FERN HAVEN RD., HACIENDA HTS., CA 91745. Full name of registrant(s) is (are) **RANI NABIL ELIAS**, 16521 FERN HAVEN RD., HACIENDA HTS., CA 91745. This Business is conducted by: **AN INDIVIDUAL**. **Signed: RANI N. ELIAS**. This statement was filed with the County Clerk of Los Angeles County on **11/09/09**. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on **N/A**.

**NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fict



## Looking Up

with Bob Eklund

### New Space Telescope Opens Its WISE Eyes



NASA's recently launched Wide-Field Infrared Survey Explorer (WISE) space telescope opened its eyes to the starry sky on Dec. 29, after ejecting its protective cover.

Engineers and scientists say the maneuver went off without a hitch, and everything is working properly. The mission's "first-light" images of the sky will be released to the public in about a month, after the telescope has been fully calibrated.

"The cover floated away as we planned," said William Irace, the mission's project manager at NASA's Jet Propulsion Laboratory, Pasadena, Calif. "Our detectors are soaking up starlight for the first time."

WISE will perform the most detailed infrared survey of the entire sky to date. Its millions of images will expose the dark side of the cosmos—objects such as asteroids, stars, and galaxies that are too cool or dusty to be seen with visible light. The telescope will survey the sky one-and-a-half times in nine months, ending its primary mission when the coolant it needs in order to see infrared light has evaporated away.

WISE launched on Dec. 14 from Vandenberg Air Force Base in California. Once it was thoroughly checked out in space, it was ready to "flip its lid."

The cover served as the top to a Thermos-like bottle that chilled the instrument—a 16-inch telescope and four infrared detector arrays with one million pixels each. The instrument must be maintained at frosty temperatures, below 8 Kelvin (minus 447 degrees Fahrenheit), to prevent it from picking up its own heat, or infrared glow. The cover kept everything cool on the ground by sealing a vacuum space into the instrument chamber. In the same way that Thermos bottles use thin vacuum layers to keep coffee hot or iced tea cold,

the vacuum space inside WISE stopped heat from getting in. Now, space itself will provide the instrument with an even better vacuum than before.

The cover also protected the instrument from stray sunlight and extra heat during launch.

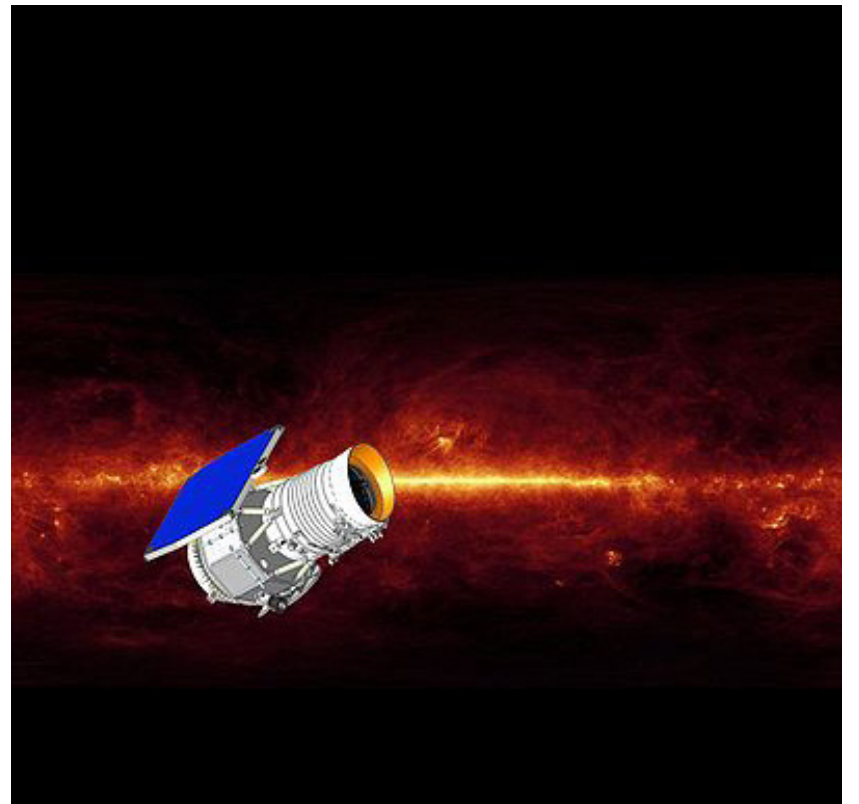
At about 2:30 p.m. PST on Dec. 29, engineers sent a command to fire pyrotechnic devices that released nuts holding the cover in place. Three springs were then free to push the cover away and into an orbit closer to Earth than that of the spacecraft.

"It's wonderful to end the year with open WISE eyes," said Peter Eisenhardt, the mission's project scientist at JPL. "Now we can get on with the business of exploring the infrared universe."

WISE is scheduled to begin its survey of the infrared heavens in mid-January. The telescope will take snapshots of the sky every 11 seconds. That's about 7,500 images a day.

JPL manages the Wide-field Infrared Survey Explorer for NASA's Science Mission Directorate in Washington, D.C. The principal investigator, Edward Wright, is at UCLA. The mission was competitively selected under NASA's Explorers Program managed by the Goddard Space Flight Center, Greenbelt, Md. The science instrument was built by the Space Dynamics Laboratory, Logan, Utah, and the spacecraft was built by Ball Aerospace & Technologies Corp., Boulder, Colo. Science operations and data processing take place at the Infrared Processing and Analysis Center at the California Institute of Technology in Pasadena. Caltech manages JPL for NASA.

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com)



Artist Concept: Wide-Field Infrared Survey Explorer



I guess it's time for the obligatory "2009 Year in Tech" review and this would be a tedious task at best except for all of the significant stuff that happened in 2009. In a nutshell, competition got fiercer, products got better and more numerous, marketing got more "markety" and the hype machine continued full-speed ahead. Every product or event was touted as the be-all end-all answer-to-every-problem that ever existed.

Technology reached further into our personal lives than ever before by touching upon the oft-misunderstood issue of Net Neutrality and the rights the consumer has when it comes to their relationship with their ISP's. The Privacy issue made headlines more than a few times this year, most notably with happenings on Facebook and other social networking media. The courts gave legal validity to the notion that a persons' online activities on Facebook was proof enough of identity to allow banks to notify delinquent mortgage holders of foreclosure proceedings via Facebook and the ruling was upheld on appeal.

The big titans of tech, known as Microsoft and Google respectively, battled it out on more than a few fronts this year. Google challenged Microsoft in the OS arena with Chrome OS (more a hype-fight than anything else at this point) and Microsoft challenged Google in the search engine market with its very real release of Bing. Microsoft is attempting to distinguish its product by marketing Bing as a "decision engine" that will make consumer web searches more focused. Whatever the end result Bing did make quite a splash by garnering a significant share of the search engine market for itself at Google's expense. Google plans to return the favor with the release of the Chrome OS sometime in 2010.

If this product is as cutting edge as Google's other offerings, Redmond may just have something to worry about. Microsoft and Google also battled on the municipal front as they both bid for a Public Services contract for

the City of Los Angeles with Google emerging as the victor. It remains to be seen if Google will continue to make significant gains in the public sector but as of this writing Microsoft still reigns supreme in the Enterprise, both public and private. Microsoft's release of Windows 7 actually lived up to its hype and was received with stellar reviews. Apple, not to be outdone, released an upgrade to its popular Mac OS X 10.5 operating system called Snow Leopard. The reviews for this offering were more driven by the Cult of Mac devotees desire to see Apple get the one-up on Microsoft rather than any truly substantive technological or ideological innovations. Although Apple would've certainly enjoyed receiving critical acclaim for Snow Leopard, especially if that acclaim came at the expense of Microsoft, the Mac community knows in their heart of hearts that their brand and its sterling reputation met every challenge presented it in 2009 and will continue to do so for the foreseeable future.

Technology has always taken its most effective form as a tool which serves to further the interests of humanity and in 2009 this idea was probably truer than it had been in the past. 2009 saw the rise of a new type of technologist that has come to be known as the "Hacktivist". This new breed of geek is characterized by their deployment of high tech gear in the furtherance of the pursuit of democracy for those seekers whose hardline regimes would prefer to tightly control the flow of information rather than to have "outsiders" meddle in their internal affairs. During the Iranian unrest earlier this year hacktivists employed their considerable technical skills in order to keep the Iranian people in contact with the rest of the world despite the efforts of the official state apparatus' attempts to do just the opposite. That's technology making a real difference in people's lives and that difference made gets the "Hacktivist" my vote for the top tech story of 2009.

#### WRITING SERVICES

Could you use help in preparing written communications for your business? I have extensive experience in writing and editing business documents including brochures, proposals, newsletters, resumes, customer success stories, press releases, and articles for newspapers and magazines.

Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, First Star I See Tonight: an Exploration of Wonder, and am finishing a second book, Winds Aloft.

For writing samples and resume, see my web site: [www.bobeklund.com](http://www.bobeklund.com). Bob Eklund [beklund@sprynet.com](mailto:beklund@sprynet.com) (310) 216-5947

#### TAKING TIME TO SEE THE WORLD

PART I of a two-part series By La Quetta M. Shamblee

#### A Visit To An Arctic Desert

Local business owner, Margit Phillips Holakoui was literally and figuratively, standing on top of the earth this summer when she mailed a letter from the town of Barentsburg to her brother here in the U.S. She did this while visiting Norway, including the remote Arctic Svalbard archipelago. An archipelago is a cluster or group of islands, and in this instance is also one of the largest arctic deserts in the northern hemisphere. The town is home to 500 residents who lay claim to the most northern post office on the planet, just 750 miles south of the North Pole.

Margit and her daughter Aleah experienced a vast contrast in climate and culture half a world away. These mother and daughter globetrotters traversed a number of destinations, including Oslo, the capital and largest city in Norway with a population of more than 500,000 in a region of 1.7M. From there they went on to Trumso, which has been inhabited since the end of the last ice age, with a current population approaching 60,000 as the country's ninth largest city.

One of their most adventurous stays was in Svalbard, on the island of Spitsbergen near the town of Longyearbyen, site of an annual Jazz Festival. This remote town is of global significance as home of the Global Seed Bank, which opened in February of 2008. It will preserve plant seeds from locations worldwide, ensuring a refuge for seeds and future crops in the case of large-scale regional or global crises.

They learned this region is also a place where none of the residents go outside without a gun – a necessity in a territory shared with hungry, roaming polar bears. Margit was amazed to learn that a boat they boarded would be making a stop in a secluded spot to pick up a small group of men who were concluding three days of ice-camping. Realizing that it had been daylight longer than normal, she asked when it would get dark. She was informed that nightfall was from October to March.

This was Margit's fourth trip to Norway, the first for her daughter. The region is native to her maternal grandparents. She's half British, but says she feels more connected to her Norwegian



roots. The timing for this trip was prompted by the twentieth wedding celebration of a friend who lives here, but ironically has family roots in the same region as Margit's mother, who passed in 2007. Her father passed in 2004. Margit completed a very personal and special task of scattering ashes of both parents in their respective homelands. The stars aligned for her to participate in the 225th year anniversary of the high school in Norway where she spent her sophomore year. She returned to John Muir High School after hitch hiking throughout Europe, graduating in 1968.



Photo taken from the Zeppelin Ranger Station in Norway. Their activities contribute to regional, national and global monitoring networks such as System for observation of halogenated greenhouse gases.

#### “A Different Kind of Christmas Story”



We all know the Christmas story of the angels, the shepherds, and the magi. But what about the Fourth Gospel? Join Director of Christian Education Jennifer Baer for a celebration of our Savior's birth with a special twist.

9:15 am Traditional Worship  
Sunday school (K-5) and childcare provided  
10:30 am Adult Spiritual Formation  
11:15 am “The Gathering” worship service  
Casual worship, multi-voice ensemble, childcare provided

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## Margit Holakoui

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## The Senior Spot

By Bruce Lamarche

### Finally Getting Christmas Right!

For my family, this was the best Christmas ever. This is an interesting comment since the economy is down and so is our income. This has been a tough year for many families, including ours. After getting past the pre-Christmas grumbling of "What shall we get Aunt So-and-So" and "I'll be glad when all this holiday pressure is past", we settled down to see how to make the season special. We started with the premise that there wasn't a lot of "extra" money to shop for our large list of family. You add to that the cost of getting things that six-year-olds ask for and we decided not to go to the store and create debt. The end result was a resolution that said, "If you can't make it or bake it . . . then send them a card and call it Christmas." So, we had a true "make and bake" Christmas and it was the best we've ever had. My wife got out the sewing machine and made doll clothes and matching dresses for the grand kids. We baked cookies and brownies of the types preferred. Then, eight days from the 25<sup>th</sup>, my wife's son said that his wife would like a hand-made, needle point stocking with her name on it. He said she would really love it because the one she was using from her grandmother was special but falling apart. She was feeling emotionally low and this would be special for her. He added the disclaimer that he knew that it took many hours to do this and next year would be ok. So, my determined wife ended up working on this part of the "make-and-bake" item for over 50 hours, finishing up at 2AM each night. She did this while I baked cookies and helped with the other projects. I also went on the computer and made Christmas cards that were personalized. Then on the day before St. Nick was to come, her son said that he'd been desperately looking for a red stuffed bear for our newly

adopted granddaughter. It was on her short Santa list and she really wanted it. My wife told him she would take care of it. So, off to the fabric store we went to pick out red fuzzy cloth and stuffing. I cut and she sewed and by that evening, we had a wonderfully lumpy and leggy red bear for our little one. (It's been a week and there's still red fuzz stuck to various areas of the house from the cutting.) We worked a lot of hours and had much fun helping each other as we created gifts for everyone in the family. It was very time consuming but with a lot of laughter and the sheer fun of creating something special for each person on our list.

This ended up being our best Christmas ever. I'm guessing it's because each gift was personalized and handmade. Notwithstanding the money saved by our efforts, the passion and personal element of the gifts made them special for us and especially for the grandkids who got them. Our time projecting together was amazing and so fun. We also had time to muse over the many blessings in our life while listening to our favorite carols on the radio. Perhaps this is what all Christmas' should be like. We wish all our readers a wonderful 2010. I'm choosing to make it my best year ever.

**Got a question? Ask Bruce by phone-(626) 335-3412 or e-mail: [blamarche@verizon.net](mailto:blamarche@verizon.net)**

*This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors\*, [www.csa.us](http://www.csa.us). Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. [www.LASeniorMortgage.com](http://www.LASeniorMortgage.com)*

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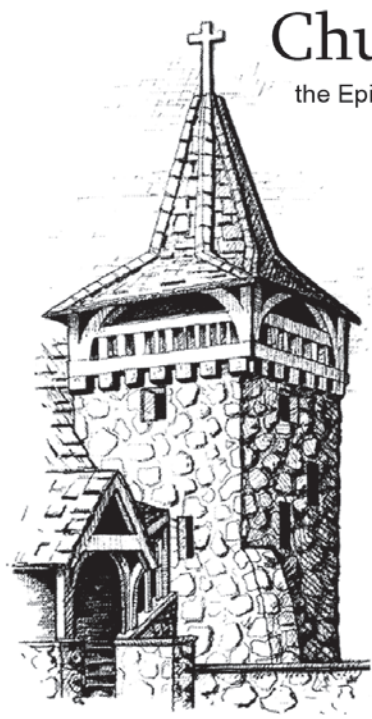
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**See the "Senior Spot" column weekly!**



## Church of the Ascension

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### Schedule for the Season

Opportunities for Confession: By appointment.  
The Third Sunday of Advent, December 13th:  
Eucharist 8:00 a.m. and 10:15 a.m.

The Fourth Sunday of Advent, December 20th:  
Eucharist 8:00 a.m. and 10:15 a.m.  
Candlelight Walk 7:00 p.m.

Christmas Eve, Thursday, December 24th:  
Family Service (with a Pageant!) 5:00 p.m.  
Hymns and Carols 10:30 p.m.  
Solemn Christ Mass (Rite I) 11:00 p.m.

Christmas Day, Friday, December 25th:  
Eucharist 11:00 a.m.

First Sunday after Christmas, Dec. 27th:  
Eucharist 8:00 a.m. and 10:15 a.m.

Second Sunday after Christmas, January 3rd:  
Eucharist 8:00 a.m. and 10:15 a.m.

The Epiphany, Wednesday, January 6th:  
Eucharist 6:00 p.m.

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# SENIOR HAPPENINGS

## FYI: The Importance Of Quality Sleep For Seniors

No matter what your age, sleeping well is essential to your physical health and emotional well-being. As we age, a good night's sleep is especially important because it improves concentration and memory formation, allows your body to repair any cell damage that occurred during the day, and refreshes your immune system which helps to prevent disease. Many seniors complain about sleep problems such as:

*Difficulty falling asleep  
Frequent waking during the night, and lighter sleep  
Waking up early and not feeling rested  
An urge to go to bed in early evening  
Being tired in the daytime  
Needing naps during the day*

To feel your best, you need a good night's sleep, and you may be surprised that keeping yourself active and engaged, eating a healthy diet and exercising regularly can improve how well you sleep.

*How is sleep related to an active, healthy lifestyle?*

A National Sleep Foundation poll of older adults found a close relationship between the health and quality of life of older adults, and their sleep quantity and quality. "The NSF poll found that the better the health of older adults, the more likely they are to sleep well. Conversely, the greater the number of diagnosed medical conditions, the more likely they are to report sleep problems. Additionally, among older adults, more positive moods and outlooks as well as having more active and "engaged" lifestyles (having someone to speak with about a problem, exercise, volunteer activity, etc.) are associated with sleeping 7-9 hours and fewer sleep complaints."

*Causes of sleep changes as we age*

Aging may bring unwelcome changes in your sleep, such as more fragmented sleep (more rapid sleep cycles), a decrease in deep sleep, and more awakenings between sleep cycles. You may also find yourself wanting to go to sleep earlier in the evening and then waking up very early in the morning unable to go back to sleep (a change caused by a decrease in certain sleep regulating hormones).

*Consider some common causes of sleep problems in the elderly:*

**Poor sleep hygiene** - The most common cause of insomnia in the elderly is poor sleep habits or a poor sleep environment. Examples of poor sleep hygiene are irregular sleep hours, consumption of alcohol before bedtime, and too much daytime napping.

**Pain or medical illness** - Pain can keep you from sleeping well. In addition, many health conditions such as, a frequent need to urinate, arthritis, asthma, diabetes mellitus, osteoporosis, nighttime heartburn, menopause, and Alzheimer's can interfere with sleep.

**Medications** - Seniors tend to take more medications than younger people. Combinations of drugs, as well as the side-effects of individual drugs, can impair sleep or even stimulate wakefulness.

**Lack of exercise** - If you are too sedentary, you may not feel sleepy or feel sleepy all of the time. Regular exercise early in the day can promote good sleep.

**Psychological stress or psychological disorders** - Significant life changes like the death of a loved one or moving from a family home can cause stress. Anxiety or sadness can also keep you awake, which can, in turn, cause more anxiety or depression.

**Sleep disorders** - Restless Legs Syndrome (RLS), insomnia, and sleep-disordered breathing such as snoring and sleep apnea occur more frequently in older adults.

For more go to: [http://helpguide.org/life/sleep\\_tips](http://helpguide.org/life/sleep_tips)

## Recipe of the Week: White Chicken Chili

### Ingredients:

- 1 Tbsp olive oil
- 3 pounds boneless, skinless chicken breasts, cut into bite-sized chunks
- 2 onions, chopped
- 2 cloves garlic, minced
- 2 cans (14 oz each) fat-free, reduced-sodium chicken broth
- 4 cans (15.5 oz each) cannellini beans, rinsed and drained
- 1 can (4.5 oz) chopped green chile peppers
- 1 tsp. salt
- 1 tsp. ground cumin
- 3/4 tsp. dried oregano
- 1/2 tsp. chili powder
- 1/2 tsp. freshly ground black pepper
- 1/8 tsp. ground cloves
- 1/8 tsp. cayenne pepper

### Directions:

Heat oil in large pot over medium-high heat. Add chicken, onions, and garlic, and saute until chicken is lightly browned, 5 to 7 minutes. Transfer chicken mixture to 4-quart or larger slow cooker. Add broth, beans, chile peppers (with juice), salt, and remaining spices. Stir to combine. Cover. Cook on low 4 to 6 hours. Uncover and cook 1 more hour, stirring occasionally, until flavors are blended.

## January Birthdays



Loyal Camacho, Mary Tassop, Molly Belenky, Leona Glowienke, Roberta Rahmanian, Louise Thistlewaite, Sue Watanabe, Ruth Wolter

## Helpful Hints:

### Tips for Getting Better Sleep -Every Night

*Improving your daytime habits*

How can what you do during the day affect your sleep at night? Better sleep starts with good daytime habits, from when (and how often) you exercise to what you eat and drink.

*Regular day exercise can help sleep*

Regular exercise, aside from many other wonderful health benefits, usually makes it easier to fall asleep and sleep better. You don't have to be a star athlete to reap the benefits-- as little as twenty to thirty minutes of activity helps. And you don't need to do all 30 minutes in one session: break it up into five minutes here, ten minutes there. A brisk walk, a bicycle ride or a run is time well spent. However, be sure to schedule your exercise in the morning or early afternoon. Exercising too late in the day actually stimulates the body, raising its temperature. That's the opposite of what you want near bedtime, because a cooler body temperature is associated with sleep. Don't feel glued to the couch in the evening, though. Exercise such as relaxation yoga or simple stretching shouldn't hurt.

*Hate to exercise? Check out Exercise Guide for Exercise Haters*

Get some light to set your body clock

We all have an internal body clock that helps regulate sleep. This clock is sensitive to light and dark. Light tells your body clock to move to the active daytime phase. When you get up, open the shades or go outside to get some sunlight. If that's not possible, turn on the lights to make your environment bright.

*Napping can interfere with sleep*

Perhaps the English had the right idea in having teatime in the late afternoon when you naturally get sleepy. Some people can take a short afternoon nap and still sleep well at night. However, if you are having trouble sleeping at night, try to eliminate napping. If you must nap, do it in the early afternoon, and sleep no longer than about thirty minutes.

*Alcohol, caffeine, smoking*

Alcohol reduces overall quality of sleep. Many people think that a nightcap before bed will help them sleep. While it may make you fall asleep faster, alcohol reduces your sleep quality, waking you up later in the night. To avoid this effect, stay away from alcohol in the last few hours before bed.

Caffeine. You might be surprised to know that caffeine can cause sleep problems up to ten to twelve hours after drinking it! If you rely on coffee, tea or caffeinated soda to keep you going during the day, consider eliminating caffeine after lunch or cutting back your overall intake.

*Smoking.* Smoking causes sleep troubles in numerous ways. Nicotine is a stimulant, which disrupts sleep. Additionally, smokers actually experience nicotine withdrawal as the night progresses, making it hard to sleep.

[http://www.helpguide.org/life/sleep\\_tips](http://www.helpguide.org/life/sleep_tips)

## Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

**Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.**

### Monday:

1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

### Tuesday:

2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon  
3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment  
1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play  
5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

### Wednesday:

11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints  
2nd Wednesday of the month: FREE Legal



## Senior Excursions

**Thursday, December 17th - Christmas Show - 10:30 am to 4 pm** Join us at the Candlelight Pavilion Theatre in Claremont

To register for future excursions, please call (626) 355-7394. \*Payment required to reserve space\*

Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

### Thursday:

**1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information**

### Friday:

**1:00 pm: Ping Pong**

**Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm**

**Free Lawn Bowling Lessons:** The Santa Anita Bowling Green Club will have beginning lawn bowling lessons each Saturday morning starting at 10:00 AM.

Located just north of the golf course at 405 S. Santa Anita Ave.< free parking> For information call Gene at 626.351-5327.

## Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

**MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS \*\*ONCE A MONTH OR WEEKLY\*\* Please contact Darlene Traxler at 626.355.6220 or (626) 355-0256.**

## SIERRA MADRE'S FARMERS MARKET!

**Wednesday 3-7pm**

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. **Free public parking on Mariposa.**





Chris Bertrand

## One Of A Kind:

*Featuring unique homes & gardens and the people who create them*

Story and Photos By Chris Bertrand

## Descanso Garden's Camellias Coming Into Full Bloom

My Christmas week visit to the Descanso Gardens allowed me a peek into the burst of color in store for garden visitors in the weeks and months to come. Brian Sullivan, director of Horticulture, Garden and Facility Operations and Brenda Rees, Communications Manager at Descanso took me on a magical walk through the acres of plants that have become the signature for this unique LA garden.

More than 300,000 visitors are drawn to Descanso each year, which offers 150 acres of blooms and vegetation in several different climate zones, including nine arid acres of native plants, a fern glen and, of course, the camellias for which they are known the world over.

The secluded acreage in the middle of today's La Canada was never developed before E. Manchester Boddy, L.A. Daily News publisher, purchased the land in 1937. Boddy cleared the property, then built a 22 room mansion with a camellia lined driveway overlooking 25 acres of oaks, naming it Rancho del Descanso, translated as "Ranch of Rest."

Seven decades ago, Boddy also planted thousands of camellias under the protective boughs and shade canopy of those majestic, 150 year old Coast Live Oaks to provide reliable, cut flowers for corsages. He even hired a curator and propagator, J. Howard Asper.

In 1942, he purchased the entire inventory of F. M. Uyematsu's Star Nursery and then Yoshimura's Mission Nursery during the Japanese American's forced relocation to internment camps in World War II. Today, hundreds of varieties of Descanso's 34,000 camellias, some towering over twenty feet,

begin their bloom at Christmastime.

First the sasanquas, a more lateral, bush-like camellia, amenable to training on a fence, open their buds. We viewed all manner of variations and combinations of white, pinks and reds beginning to open now. Buds for the larger varieties are swelling now for the showiest displays from January through April blooms.

Few people realize that our popular green teas are actually the leaves of Camellia Sinesis, an example of which can be found in Descanso's Japanese garden. An aluminum tag showing the variety is usually visible attached to each tree, or identified with a plaque at its base. The miniscule flowers are not the focus in this variety, as the leaves of the popular and abundant camellia are prized for their properties. A Camellia Sinesis tea tasting and brewing workshop is scheduled for Sunday, February 21, at 1 p.m. with limited seating, so get there early.

If you view the Rose Bowl floats up close during the parade or afterward on Sierra Madre Blvd. in Pasadena, look closely for Descanso camellia leaves used every year on the La Canada float. Brian Sullivan says that staff provides float building volunteers abundant branches of the glossy leaves for use on the community's Rose Bowl Parade float. Volunteers then denude the branches to create a supply of individual leaves to be glued on the float, one by one.

Visitors young and old seem to have a particular reverence for the camellia blooms. Fallen blossoms of full, white camellias were a favorite "faery bed" for Brenda Rees' young daughter on walks in years past, as well as other children whose eye level is much more conducive to ground level appreciation of the flower displays. In fact, "Faery Tours of the Camellia Forest" will take place on February 20<sup>th</sup> at 9:30, 10:15 and 11 a.m., for a flight of fancy and

storytelling in the Camellia forest, for young and old. Though free with admission, reservations are recommended by calling 818-949-7980.

Other visitors regularly adorn the fences and benches of Descanso with their favorite blossom saved, for a moment at least, from the natural process of disintegration after they fall.

Sullivan commented on the ongoing maintenance of the Camellia forest, with advice for homeowners with camellias. They regularly thin the forest, and actually cut back overgrown camellias back to about six feet. Then patience reins as the camellia slowly fills back in with branches from the ground up, usually flowering again within a couple of years. This is comforting insight for homeowners who inherit a healthy camellia overgrowing a driveway or structure.

Many think the camellias must have deep deep shade. Actually, Sullivan finds they get more blooms when a portion of the canopy provides increased sun when an oak bough breaks, for instance.

Another misconception is that camellias are water hungry. They actually do quite well with minimal water, similar to the oaks under which they are planted, adding to the palette and color possibilities for a low-water garden plan.

Whether your wonder and appreciation of the camellias comes with the technical expertise of a well-schooled landscape architect, botanist or Camellia Society aficionado or just the eye of

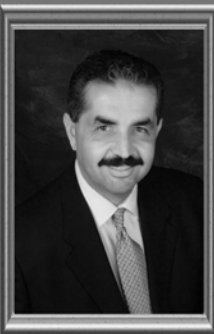


one who appreciates landscape beauty, Descanso Gardens is well worth a visit. If you are lucky enough to have a mid-week slot available, you might even feel like you have the gardens to yourself! We found up close parking, and a delightful feeling of otherworldly aloneness in the garden on a Monday afternoon.

Two upcoming festivals, The Pacific Camellia Society Show on January 16-17, and the Southern California Camellia Society Show on January 30-31 will display dazzling camellias and provide experts to talk about them. I found a fascinating American Camellia Society posting on the fine details of "Flying with Camellias" with information on how to cut, seal, preserve and refrigerate blossoms on their way to show display and judging. I never even considered the considerable efforts involved with getting intact and undamaged blossoms to a show like the two upcoming Descanso events.

Descanso Gardens admission is \$8 for adults, with discounts for children, seniors and students. The garden offers reciprocal admission privileges to LA County Arboretum members. It is located at 1418 Descanso Drive in La Canada Flintridge. For more information, please visit [www.DescansoGardens.com](http://www.DescansoGardens.com)

Have an interesting home, garden or person that might be of interest to our readers? Contact [C.Bertrand@MtnViewsNews.com](mailto:C.Bertrand@MtnViewsNews.com)



## Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

## PROTECT YOUR HOME AND YOUR WALLET

If you own or plan to purchase a home, then you know that insurance is not just a luxury, it's a requirement. While you should not skimp on certain coverage items, there are some steps you can take to reduce your overall premium.

If you have a security system installed (and operating!), you might lower your premium by 5% or more. You'll just need to provide your insurer with a copy of your contract or latest statement. Also,

while newer homes have smoke alarms already installed, hooking them up in an older home might also reduce your premium by as much as 10%.

Just like health or auto insurance, if you increase your deductible on homeowners insurance, you'll reduce your premium. Just be sure you're prepared to pocket smaller repairs like broken windows or damages from leaks.

If your policy is held by a company that also offers auto or health insurance, look into discounts for multiple policies. You could save a percentage on both your homeowners and auto policies, for example.

Another money (and time and stress) saver is to document everything in your home with a photographic inventory. Store photos, cds or videos in a fireproof box or, preferably, a safe deposit box off site. This will reduce the time and effort required to complete a claim, and guarantee an accurate replacement payment.

*"Luther Tsinoglou has been practicing real estate since 1992. He specializes in residential and residential income properties in Sierra Madre and the surrounding communities. Luther can be reached at (626)695-8650 or at [Luther@Tsinoglou.com](mailto:Luther@Tsinoglou.com).*

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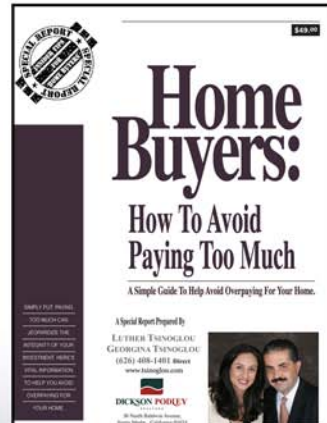
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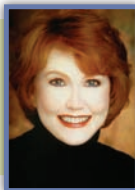
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**Stephanie Edwards**  
Tuesday, January 19 at 10:30 a.m.

Come listen to Stephanie share her personal perspective on planning for a rich and fulfilling retirement. Seating is limited. RSVP today: 626-358-2569



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