

# Mountain Views News

Sierra Madre

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SATURDAY APRIL 17, 2010

VOLUME 4 NO. 15

## Sierra Madrean George L. Throop Passes Away



George Throop with daughter in law Angel Throop, Tournament of Roses Photo by Bill Coburn

PASADENA, CALIF. (April 13, 2010) – Honorary Tournament of Roses Director George Lynford Throop, Jr., age 86, died on Sunday, April 11, 2010 from complications of pneumonia. George joined the Association in 1960 and was named an honorary director in 1988 after 28 years of valuable service. The Tournament of Roses was special not only to Throop but to his entire family; he was the proud father of current Tournament of Roses President, Jeffrey L. Throop. "Dad loved his time with the Tournament. He knew how to get any task done and have fun doing it," said Jeff Throop about his father. "Those who served with Dad all have stories that will be lasting memories."

George Throop, Jr. took over the George L. Throop Building Materials Company in Pasadena and operated the organization for more than 50 years. It began as a feed and fuel company in 1921 delivering coal and building materials with a horse and wagon. Today, the business is one of the oldest companies in Pasadena and is currently operated by George's two sons, George Throop, III and Jeffrey L. Throop.

George Throop, Jr. was a Pasadena native, born in 1923 at the Huntington Hospital. He attended various Pasadena schools and the University of Southern California in Los Angeles. He served three years in the United States Army as a military policeman during World War II before joining his father at the George L. Throop Company in 1947. In 1948, he married his wife, Nancy Hentges.

Active in Sierra Madre civic affairs for many years, he was a past recipient of Sierra Madre's Older American of the Year. In addition, he is the inspiration for the development of the city's Wine and Jazz Walk chaired annually by Angel Throop. Proceeds from the event have raised over \$200,000 for the City of Hope.

Survivors include his beloved wife Nancy, three children, George, Jeff, and daughter Ann, three grandchildren, and three great grandchildren.

Services will be private and the family asks that in lieu of flowers donations be made to the City of Hope Cancer Research Center, 1500 E. Duarte Rd., Duarte, CA 91010.

## GAY PAREE SETS STAGE FOR CIVIC CLUB GALA

By Phyllis Chapman



These young ladies, related to club members, were wonderful volunteer helpers at the Civic Club's "April In Paris" event.

Whether from the left or right bank, "April In Paris", Sierra Madre's Civic Club's themed annual benefit lunch and Chinese Auction, was enjoyed by a capacity crowd when it was held last Saturday, in the La Salle High School Auditorium.

President Amy Putnam greeted all present with thanks for their support. She introduced local dignitaries who attended: Mary Ann MacGillivray, Mayor of Sierra Madre; Janet Ten Eyck, President of the Sierra Madre Women's Club; Bob Young, President of the Rose Float Association and Susan Henderson, President of the

Kiwanis Club and Publisher/Editor of the Mountain Views News. Praise and thanks went to Carol Cerrina and Linda Wochnik, co-chairs and all members for their work to produce a fun, successful day.

Auctioneer Anita Thompson highlighted the day as she headed the give away action, the silent auction and a variety of other 'opportunities', and the famous 'Money Hat' designed by Sheila Whoeler and won by Donna Alexander of Marina Del Rey. All proceeds will be donated to various local causes.

## SIERRA MADRE'S FACES OF CHANGE

Voters Elect Mosca, Moran & Walsh To Lead City Council With "Civility"



### Mosca Takes the Gold

Story and Photo by Dean Lee

At a victory Party Tuesday night, re-elected council member Joe Mosca thanked everyone for their support, especially his family which he said, withstood a lot in order to stand by him. Mosca easily won over three contenders vowing to remove him from office. He received 1704 votes —the most of any candidate.

Council member, John Buchanan told a room packed full of Mosca's supporters that they are now looking at "the next Mayor of Sierra Madre." The party was held at long time Mosca supporter Bob Burnett's home.



Mosca explained that, as compared with his 2006 campaign, he took a different approach although he also got the highest number of votes at that time as well.

"Instead of telling them [residents] what I was going to do, I asked what they wanted to see change in the city," he said. By far the two issues on people's minds were

fixing road conditions and the abandoned skilled nursing center he said.

Mosca said he wanted to see the property become either an office/retail center with a nice courtyard or again become a nursing center. Last year, a portion of the property was proposed as a possible temporary location for the Community Health Alliance of Pasadena. Mosca said he could never see that happen adding that the property was too far in disrepair. He said it would be a safety issue for anyone to try and occupy any part of the building.

Buchanan said Mosca would, most likely, become Mayor at their next council meeting April 27. He said the meeting was a reorganization, in which, outgoing council members Kurt Zimmerman and Don Watts will be honored for their services.

Along with Mosca, Council Members-Elect Nancy Walsh and Josh Moran will also be sworn in.

### Certified Results Due Monday

By Susan Henderson

On Tuesday, voters in Sierra Madre made it clear that it was time to change the way City Hall operates. In what, by Sierra Madre standards, could be considered a 'landslide', Incumbent Joe Mosca, and newcomers Josh Moran and Nancy Walsh, beat out Incumbent Don Watts and challengers Pat Alcorn and John Crawford. The seventh candidate, Bill Tice, who stated he ran not to win, but to be heard, finished his fourth run for city council in last place.

Voter turnout was higher this year than in 2006, the last three seat council race. For this election, 27% of the registered voters cast their ballots compared to 23% of registered voters in 2006. That number pales in comparison, however, to, according to City Clerk Nancy Shollenberger, a 49% turnout for Measure V.

There was no way to predict what the outcome of the election would be, however, earlier in the evening, both camps seemed optimistic. As the returns were counted, however, it was clear that the slate endorsed by outgoing Mayor Mary Ann MacGillivray was loosing.

On April 20th, the current council will hold a Strategic Planning Retreat at the Recreation Center to review its progress on the plan adopted earlier in the year. It is not clear whether or not Councilmembers-Elect Moran and Walsh have been invited to participate. The event is open to the public.

Around town, residents are optimistic that we can get back to working on the city's problems, a sentiment shared by the newly elected. Says Nancy Walsh, "I'm very excited about getting down to doing the business of the city."

The official council reorganization will take place on Tuesday, April 27th in the council chambers, where it is expected that Joe Mosca will finally have the opportunity to serve as Mayor. The normal rotation for ascension to Mayor was bypassed in 2008 and 2009 to allow Kurt Zimmerman and MacGillivray, respectively to become Mayor. Zimmerman did not run for re-election.

SIERRA MADRE 2010 UNCERTIFIED ELECTION RESULTS as of 4/13/10 10:42pm						
Candidate	Absentee	Precinct 02A	Precinct 06A	Precinct 10A	Provisional	Uncertified TOTALS
JOE MOSCA	541	426	378	359	N/A	1704
JOSH MORAN	480	443	366	354	N/A	1643
NANCY WALSH	449	374	341	302	N/A	1466
DON WATTS	460	299	229	242	N/A	1230
PAT ALCORN	394	265	210	215	N/A	1084
JOHN CRAWFORD	413	248	205	207	N/A	1073
BILL TICE	30	14	21	12	N/A	77
Precinct Turnout	967	713	610	585	N/A	2875
Eminent Domain Measure (ED)				Yes	No	
				2245	372	

### Motorcycle Accident Kills Resident



In loving memory of Aaron Johnjulio, son of Renee Johnjulio and Robert Shevlowitz, who was taken away from us all too soon. He will be sadly missed by his family and friends. However, never forgotten. August 29, 1983 - April 10, 2010

Last Saturday, 26-year-old resident Mark Aaron Johnjulio, was killed when he lost control of his off road vehicle and was thrown to the ground.

According to the Kern County Sheriff's Office, the incident occurred near Bucknell Road and S. Polaye Sole Drive in California City, Ca. Johnjulio was wearing a helmet at the time of the accident.

### Correction/ Clarification:

In the April 13th edition, Chief Marilyn Diaz is quoted as saying that, "nothing other than the request for Phase II..." That statement should read, "nothing other than the request for Phase I..."

Also, the Sierra Madre city council has not authorized a request for Phase II. That issue was tabled until the May 11th council meeting, after the election.

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Closed Sunday



## Weather Wise



### 5-Day Forecast Sierra Madre, Ca.

<b>Mon:</b>	Showers	Hi 60s	Lows 50s
<b>Tues:</b>	Ptly Cldy	Hi 60s	Lows 50s
<b>Wed:</b>	Ptly Cldy	Hi 60s	Lows 50s
<b>Thur:</b>	Ptly Cldy	Hi 60s	Lows 50s
<b>Fri:</b>	Sunny	Hi 60s	Lows 50s

Forecasts courtesy of the National Weather Service

## Résumé Workshop at Sierra Madre Public Library

Are you between jobs, changing careers, or re-entering the work force, and want to ensure that your résumé is well designed and organized, and apt to get noticed by prospective employers? On Thursday, April 22, at 7:00 p.m., Melanie Hamon of CareerCoachPro will present "Résumés That Work," a workshop explaining the "do's and don'ts" of résumé preparation and how to craft one that will help you stand out and win that all-important interview. Learn the key elements that employers look for and how to present your accomplishments to best advantage. To obtain the maximum benefit from this workshop, please bring your résumé or a summary of your work history, volunteer activities, and other achievements. This program is free and open to the public.

The Sierra Madre Public Library is your source for up-to-date career and job-hunting resources. If you do not have a computer and need to fill out job applications on-line, internet access is available with your Sierra Madre Library card. If you are new to computers, or need a refresher course or two, the Library offers free computer classes year-round. A current class schedule is available at the Service Desk and on the Library website.

The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. Closed on all major holidays. For information on all our Library activities and services, please call (626) 355-7186, or visit our website at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## Lifeguard Training Course

The Sierra Madre Aquatic Center will be hosting an American Redcross Lifeguard Training Course. The course will be held on the following dates: April 24 and 25 and May 1 and 2. Participants will need to attend all four dates, from 9:00am-5:00pm. The cost of the program is \$171 per person. Call 626-355-5278 for more information and the registration process.

## Water Safety Instructor Course

The Sierra Madre Aquatic Center will be hosting an American Redcross water Safety Instructor Training Course. The course will be held on the following dates: May 9, 23, and 30 and June 6. Participants will need to attend all four dates, from 9:00am-5:00pm. The cost of the program is \$171 per person. Call 626-355-5278 for more information and the registration process.

### BARGAIN BOOK SALE AT SIERRA MADRE LIBRARY

**Buy a good book for only a buck!** The Friends of the Sierra Madre Library will hold a table sale inside the Library, Monday, April 19 through Saturday, April 24, during the Library's open hours. This month's featured topics will include Fiction, Health, History, Politics, Cookbooks, Children's, and Specialty Books. All books are in good condition and will be sold at the bargain price of \$1.00 each. These every-other-month book sales provide funding for Library resources and programs.

The Sierra Madre Public Library, 440 W. Sierra Madre Bl. Sierra Madre. Open Mon. - Wed. Noon to 9 p.m.; Thursday and Friday Noon to 6 p.m., and Saturday 10 a.m. to 6 p.m. For information call (626) 355-7186, or visit our website at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## WRITING SERVICES

Could you use help in preparing written communications for your business? I have extensive experience in writing and editing business documents including brochures, proposals, newsletters, resumes, customer success stories, press releases, and articles for newspapers and magazines.

Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, *First Star I See Tonight: an Exploration of Wonder*, and am finishing a second book, *Winds Aloft*.

For writing samples and resume, see my web site: [www.bobeklund.com](http://www.bobeklund.com). Bob Eklund [beklund@sprynet.com](mailto:beklund@sprynet.com) (310) 216-5947

## Creative Arts Group Celebrates 50 Years with Art of the Garden Tour

April 18, 2010  
10:30 a.m. to 4:30 p.m.  
Tickets: \$25 pre-sale \$30 day of tour

Tickets can be purchased at Creative Arts Group  
108 N. Baldwin Ave., Sierra Madre 91024 or  
by phone 626-355-8350

Featured on the Art of the Garden Tour are four stunning gardens showcasing the work of our most talented landscape architects and designers. The gardens include:

- 1) A Japanese Farmhouse and gardens built in 1913 that has undergone a meticulous seven-year restoration by the current owners
- 2) Gardens surrounding a 1929 Monterey Colonial home designed by noted architect Roland Coate
- 3) A classic traditional Colonial Manor with gardens designed for entertaining, and
- 4) A California Traditional home inspired by Roland Coate's work with elements of English Soanean Regency design featuring a newly created English garden

### "SLEEPING BEAUTY" AT SIERRA MADRE PLAYHOUSE; OPENS APRIL 10

WHAT: "Sleeping Beauty."

Interactive musical for a young audience, based on the classic fairy tale.

WHO:

Adaptation directed by June Chandler. Presented by June Chandler's Faerie Tale Theatre.

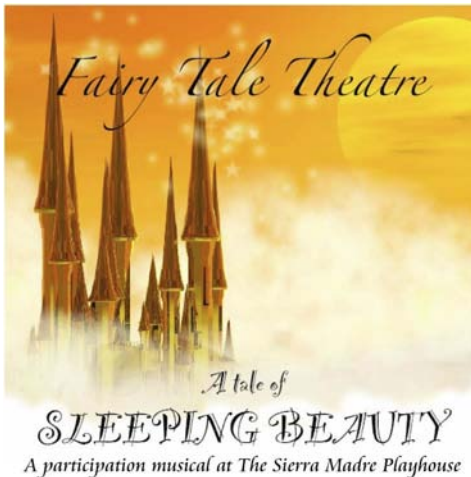
WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Abundant free parking behind theatre.

WHEN: April 10, 17, May 1, 8, 2010. Saturdays at 2 p.m.

ADMISSION: Adults \$18. Children 12 and under, \$12.

RESERVATIONS: (626) 355-4318.

WEBSITE: [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org)



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## Children invited to interactive "Sleeping Beauty" at Sierra Madre Playhouse

By Fran Syverson

"Sleeping Beauty" will come alive for youngsters who attend the Sierra Madre Playhouse on Saturdays at 2 o'clock on April 17, May 1 and May 8. But they can do more than watch—they (and their parents) can be interactive with the performers, who come down the aisles to mix with the audience.

The kids pretend they are flowers in the meadow and the Evil Fairy picks roses off their heads for the Princess's wedding bouquet. Some are even chosen to play the Queen's Doctor and Nurse, or the Ring Bearer and Flower Girl at the royal wedding. Some decorate the wedding arbor. And everyone can cheer the heroes and hiss the bad guys in this happy musical production of the classic kids' story. After the show, they can greet the actors in front of the playhouse.

June Chandler is producing several favorite children's stories for the "Fairy Tale Theater" this spring and summer. Following "Sleeping Beauty" performances, "Treasure Island" will run on Saturdays May 15-June 5.

Tickets are \$18 for adults, \$12 for children under 12 years. Reservations may be made at 626/355-4318. Credit card sales: [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org). The Playhouse is at 87 W. Sierra Madre Blvd., Sierra Madre.

## SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7 pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.

Free public parking on Mariposa.

### Live from Burger Continental The Harvey Hyde Show

535 So. Lake Ave. Pasadena (626) 792 - 6634

Every Thursday 6:00 pm - 7:00 pm

Hard-hitting, High impact sports talk radio  
KSHP Las Vegas - 1400 AM

## Kiwanis Club of Sierra Madre

Meets Tuesday 12:00 noon\* at Masonic Temple  
33 E. Sierra Madre Blvd. Sierra Madre

Lunch catered by CORFU is \$11 - program only is free and begins at 12:45pm  
\* On the last Tuesday of each month, the club meets at 7:30am, to accommodate members (and prospective members) who are unable to attend the club's usual noon meetings.

### Upcoming Events

- April 20 Ken Anhalt's WW II - Remarkable Tales of Survival
- April 27\* **BREAKFAST MEETING - 7:30 a.m.**  
Former CIA Veteran Earl Abbe speaks on ISLAM & JIHAD

For Meal Reservations contact: Harriet Lyle, 355-6786

## 2010 Mount Wilson Trail Race

8.6 mile course, begins and ends on pavement, in between it's a dirt path no more than 3 feet wide. Elevation gain of more than 2,100 feet. Turnaround point is at Orchard Camp, 4.3 miles from race start. Much of the race is on the Mt. Wilson Trail, with occasional vertical drop-offs of several hundred feet. Emergency support is stationed along the course to provide aid, if needed. Boy Scout and Cub Scout troops provide water at two locations, the 2.3 and the 4.3 (turnaround) mile marks.

Registration forms for the Mount Wilson Trail Race are now available at the following locations: Sierra Madre City Hall, Sierra Madre Library, Sierra Madre Chamber of Commerce, and Community and Personnel Services Office. Electronic registration forms can be downloaded at [www.mountwilsontrailrace.com](http://www.mountwilsontrailrace.com) and is attached to the email. Be sure to register early as the Mount Wilson Trail Race is limited to 300 participants. For more information call 626-355-5278.

### 2010 Mount Wilson Trail Race - Volunteer Opportunities

#### RACE COMPONENTS:

#### Pasta Feed Dinner - May 28, 2010

- The pasta feed dinner is held the Friday before the Mount Wilson Trail Race. The dinner is sponsored by Café 322, which provides the food for the event. The dinner is open to anyone, not just race participants and costs \$7.00 per person. The pasta feed dinner is held in Kersting Court from 5:30pm-7:00pm.  
- Arrive at 3:00pm, Kersting Court  
- Assist with table and chair setup, distribution of food, and event clean up.

#### Race Day Set Up - May 29, 2010

- The Mount Wilson Trail Race begins at 7:30am; however setup for the event will start at 5:00am. The registration area, kids' art show, and trail race booths will need to be set up prior to the event along with barricades and other miscellaneous race components.  
- Arrive at 5:00am, Kersting Court  
- Assist with set up of: kids' art show, booths, and registration area.

#### Kids Fun Run - May 29, 2010

2010 marks the 5th year of the Kids Fun Run. Youth ages 3 and up will race one mile, starting at Kersting Court, running up Baldwin Ave., and back down to Kersting Court. The race begins at 7:45am for the older youth, and 7:50 for the younger youth. The race is open to any child that wants to participate and the first 150 youth receive a free t-shirt as well.  
- Arrive at 7:00am, Kersting Court  
- Organize youth into two groups; 6 and under, 7 and up.

#### Beer Garden - May 29, 2010

- The beer garden is sponsored by Spaten West, with all proceeds donated to the Sierra Madre Search and Rescue. The Spero Foundation will provide the ABC License for the event. The beer garden will be held in Kersting Court, from 9:00am - 11:30am.  
- Arrive at 8:00am, Kersting Court  
- Assist with checking of ID at entrance, setup of beer garden tables and chairs.

#### Kids Art Show

For 2010, the Kids' Art Show will utilize old running shoes as the canvas for the art show. We are seeking donations of old running shoes in order to have enough for youth to decorate. Please drop off old running shoes at the Community Services Office.

If you are interested in assisting with the Mount Wilson Trail Race please call Adam Matsumoto, Recreation Supervisor at 626-355-5278 or by email at [amatsumoto@cityofsierramadre.com](mailto:amatsumoto@cityofsierramadre.com).



## A MOTHER'S DAY TEA with LAURA INGALLS WILDER

SATURDAY, MAY 8  
11:30 a.m. - 2:00 p.m.

The Sierra Madre Woman's Club and Sierra Madre Public Library cordially invite you to our annual Mother's Day Tea. Performance artist Judith Helton will be appearing as *Little House on the Prairie* author Laura Ingalls Wilder in a unique one-woman program. Following the presentation, enjoy afternoon tea and a buffet of delicious sweets and savories. Celebrate Mother's Day with us in style!

**The Sierra Madre Woman's Clubhouse**  
**550 W. Sierra Madre Blvd., Sierra Madre 91024**

**Adults - \$20.00 Under 17 - \$8.00**

**Seating is limited** **Tickets are required**

**Purchase tickets at the Woman's Club & the Library**

**For more information call Polly Bonnett @ 626-355-7186**

Proceeds benefit Sierra Madre Woman's Club charities.

This program is based on the LITTLE HOUSE books by Laura Ingalls Wilder. Presented by arrangement with the copyright owner, Little House Heritage Trust.



## Duarte

### Vulcan Holds Duarte Wilderness Day Family Event Hostage To Advance Mining Expansion Plan

DUARTE, CA, April 15, 2010 - In a calculated and premeditated move, Vulcan Materials Company has decided at the 11<sup>th</sup> hour to slam its gates shut and prevent access through its property to Fish Canyon Falls for the Annual Duarte Wilderness Day affecting over 300 pre-paid participants. The Wilderness Day event at Encanto Park in Duarte will go on as scheduled and feature alternative hiking opportunities in addition to the traditional BBQ and park activities. However, due to the sudden change in the program, the City of Duarte will waive its no-refund policy for this event. "Vulcan Materials Company has been looking to cancel this event for weeks," said Duarte Mayor Margaret Finlay. "This unbelievable action interrupts a wholesome tradition of hiking the falls, and reinforces the City of Duarte's ongoing concerns dating back to 1988 regarding public access

to Fish Canyon Falls."

Vulcan's action stems from its unwillingness to negotiate in good faith with the City of Duarte over an indemnification agreement that was sprung on the City at the close of business Monday. Vulcan has never required an indemnification agreement, nor have any of its predecessors in all the past years of the annual event.

"Duarte never refused to sign a reasonable indemnification agreement for the Wilderness Day event," cited City Manager George. Adding, "It was Vulcan that refused to even discuss with the City of Duarte reasonable revisions to the agreement." The City of Duarte rightfully refused to sign the indemnification agreement presented by Vulcan because it included language that could have been used by Vulcan to potentially prevent the City from suing on the company's proposed mining expansion project. It also would have required the City of Duarte to indemnify Vulcan even if through Vulcan's own negligence anyone, including one of its own employees, was injured during the event.

City of Duarte officials met with Vulcan representatives Jim Gore and Todd Priest, Azusa City Manager Francis DeLach,

Assistant City Manager James Makshanoff, and Azusa Police Chief Robert Garcia, on Thursday April 8, 2010 at Azusa City Hall to discuss the Wilderness Day event, and *none* of them said anything about the need for an indemnification agreement. The meeting, originally called to address Vulcan's concern over how to address any situation that may arise, concluded with all parties in full agreement over the discussed plan.

"Vulcan proposes to blow off the entire top of the mountain. Then they deny access to the falls because they fear our families will vandalize their property. Vulcan's real fear is people seeing up close what they have done and will continue to do to our mountains," commented Councilmember John Fasana. The 21<sup>st</sup> Annual Wilderness Day will feature a series of alternative hikes led by City Recreation leaders, park activities, including a 24-foot climbing wall, and hands-on nature experiences. The Duarte Historical Museum located in Encanto Park will also be open for visitation from 10 a.m. to 3 p.m. Admission is free. Due to the late change in events, the City of Duarte will waive its no refund policy. For more information or to register for the event, call the Parks and Recreation Department at (626) 357-7931.

## Pasadena

### Women At Work presents a FREE Weekly Orientation Entitled Women At Work 101

In case you always wondered "What is Women At Work and how can they help me?" you can now attend a free weekly one-hour orientation entitled **Women At Work 101** given every Monday from 12:00 to 1:00 pm. at Women At Work's offices at 3871 E. Colorado Blvd., Pasadena, CA 91107.

After taking part in this orientation, you will be better prepared to

- Access our career resource center to look for job listings
- Determine which workshops would be useful to you
- Understand career counseling
- Help guide you in career exploration and job search strategies

Women At Work is a nonprofit career center offering career counseling, computer access and job seeking skills. The organization provides numerous workshops as well as classes in computer programs in both English and Spanish, in a small environment.

For further information, please call 626-796-6870, ext. 14. or visit our website: [www.womenatwork.org](http://www.womenatwork.org)

## Sierra Madre

### The Sierra Madre Art Fair is Returning for its 48<sup>th</sup> Annual Weekend in the Park!

Watercolors, Pottery, Ceramics, Gourd Art, Woodcarvings, Mixed Media, Glass, Photography, Jewelry, and Oil Paintings are less than a month away from taking center stage in Sierra Madre's Memorial Park. And not only seeing beauty, but also hearing beauty through a terrific line up of talented musicians. And tasting beauty via a variety of delicious food and drink.

Mark Saturday, May 1, and Sunday, May 2, 2010, on your calendars. The Friends of the Sierra Madre Library will again usher Sierra Madre into the art capital of the known world...or at the very least the San Gabriel Valley.

Our featured artist this year is painter David Darbyshire. David began painting at the age of 14 with the help of local artist Alfred James Dewey. And although the bulk of his painting surrounds the world of aviation, his featured piece for this year's Art Fair takes us out to sea. David will be among 100 artists putting their artistic best feet forward.

String Planet, The Tumbling Tumbleweeds, the Joel Penner Trio, Carbe-Durand, Banna Beg Mall, Jean's Music and Ann Luke will provide a delightful musical backdrop to this wealth of art certain to entrance all our senses. Adding the epicurean delights will be North Shore Hawaiian BBQ, Chinese & Korean BBQ, Taquito Lover, Hawaiian Shaved Ice, Sierra Madre Historical Preservation Society serving up old fashioned lemonade and coffee and the Friends of the Library Food Booth tantalizing us with carrot, banana nut, zucchini, spice, cranberry and walnut breads.

"Fanciful Birds" is the fun and imaginative craft activity offered up for children by the Creative Arts Group. Children will choose their favorite bird and decorate with feathers, beaks, tails and wings that you can draw or cut out.

And let us not forget we have the pleasure and opportunity of bringing the Art Fair home with us...forever. Simply by adding artistic treasures to our private collections from our many world class artists.

Artists: Sales are high as our Fair is well known for its superior quality emphasizing fine arts and skilled craftsmanship. The number of entries in each category is limited so now is the time apply. Visit <http://sierramadrelibraryfriends.org> for more information or contact Sharon Murphy at (626) 355-3977.

In addition to an excursion through our open air art fair you will, by joining us, enable the library to add new acquisitions and additions to collections and support library services and programs.

Be sure to mark Saturday, May 1, 2010, 9:30 – 6:00pm, and Sunday, May 2, 2010, 9:30 – 5:00pm on our calendars as a Must See Event Weekend. Memorial Park is located in Sierra Madre at 222 West Sierra Madre Blvd. 1 long block west of Baldwin Avenue.



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the  
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skill  
required!

JUNE CHANDLER'S  
**Comedy Improv Club**

**FREE** Your first LAUGH is 'on the house'!

MONDAY or TUESDAY nights  
at Casa del Rey in Sierra Madre  
Call (626) 355-4572 to reserve

### La Salle High School's 11th Annual Crystal Ball set for April 30, 2010

La Salle High School will hold its 11th Annual Crystal Ball entitled "New York, New York" on April 30 at the Langham Hotel and Spa in Pasadena. The 2010 honorees are Dr. and Mrs. Dino Clarizio of Arcadia.

The Crystal Ball is La Salle's most important fund-raising

event and provides tremendous support for its academic, art, athletic, and financial aid programs. Most significantly, La Salle enrolls 5% of each entering freshman class into the San Miguel Scholarship Program, a need-based program for very low-income families.

Gigantic silent and live auctions will run throughout the evening and a Maui getaway opportunity drawing will be held. A live band will provide musical entertainment.

For reservations or more information, please call La Salle High School at 626.696.4312.



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## SAN GABRIEL VALLEY DOCTOR CONVICTED

### Doctor with Duarte 'Pain Clinic' was Nation's Largest Buyer of Hydrocodone

A physician who operated a clinic in Duarte and dispensed massive quantities of powerful and addictive painkillers, such as oxycodone and hydrocodone, directly out of his office without examining "patients" who simply paid him cash for pills was sentenced this afternoon to 48 months in federal prison.

Dr. Daniel J. Healy, 53, who until he was arrested in early 2009 resided in Arcadia, was sentenced this afternoon by United States District Judge Manuel Real. In addition to the four-year prison term, Judge Real ordered Healy to pay a \$150,000 criminal fine. Following his release from prison, Healy will be on supervised release for 10 years, and he is required to perform 500 hours of community service during each of those years.

According to court documents, from January 2005 until his arrest on February 10, 2009, Healy ordered, dispensed and prescribed huge amounts of prescription painkillers to patients he typically did not examine. No single doctor in the nation purchased more hydrocodone tablets than Healy did in 2008. Taking into account the cost of the hydrocodone that Healy bought from the pharmaceutical company and the amount he sold to his customers, prosecutors argued that Healy realized profits of \$688,840 just on the sale of hydrocodone tablets in 2008.

In briefs filed in relation to today's sentencing, prosecutors described Healy as "nothing more than a drug dealer in a lab coat, who operated a cash-and-carry narcotics store." Healy was more of a "dealer" than a doctor, and a dealer who made "a huge amount of money," according to papers filed by prosecutors.

Judge Real agreed with the government's assessment: "Dr. Healy was in this for the money, I don't think there's any question about that."

Healy attracted the attention of federal authorities when an informant reported that Healy was dispensing controlled substances in exchange for cash payments, according to court documents. The informant reported that "patients" could obtain any amount of nearly any kind of painkillers they wanted from Healy, and then use the pills themselves or sell them for profit. In many instances, Healy accepted cash payments for manufacturer bottles of narcotics containing as many as 500 pills. According to DEA informants, Healy either did not examine or made only cursory examinations of "patients" who directly received drugs or obtained prescriptions. A criminal complaint filed last year said that Healy was known to inquire whether his "patients" wanted a "party size" or a "family size" bottle of narcotics.

Special Agents with the Drug Enforcement Administration found that in 2008 Healy ordered more than 1 million hydrocodone tablets – more than any other individual practitioner in the nation, which includes doctors who worked at large pain management clinics. In contrast, the average pharmacy in the United States ordered 111,226 pills that year, meaning that Healy himself ordered nearly 10 times more hydrocodone in 2008 than the average American pharmacy. In the City of Duarte, Healy ordered nearly three times more hydrocodone during 2008 than the CVS, Wal-Mart, Target and City of Hope Hospital pharmacies combined. Based on Healy's ordering history the DEA estimates that Healy made \$688,840 in 2008.

## SIERRA MADRE POLICE BLOTTER

*During the week of Sunday, April 4th, to Saturday April 10th, the Sierra Madre Police Department responded to approximately 288 calls for service.*

Tuesday, April 6th:

10:13 AM – Felony arrest, Ex-con with a stolen gun, Unlawful transport of marijuana for sales, 700 block Hastings Ranch Drive. A motorist was speeding on Michillinda and failed to yield to the pursuing officer. The driver finally stopped in a residential driveway and was detained. The officer searched the car and found several ounces of marijuana and a stolen and loaded handgun. The suspect was arrested and transported to the Pasadena Jail for remand.

Friday, April 9th:

8:07 AM - Auto Burglary report, 700 block of Fairview Ave. A resident reported the rear window of her locked car was smashed and her purse was stolen. The crime occurred between 6:00 pm, Thursday, 4/8/2010 and 7:00 am, Friday, 4/9/2010. She reported the loss of a purse, \$33.00 in cash, her driver's license, credit cards and a checkbook. The total loss was estimated at \$133.00.

## ARCADIA POLICE BLOTTER

*For the period of Sunday, April 4, through Saturday, April 10, the Police Department responded to 1,005 calls for service of which 144 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

Sunday, April 4:

1. Units responded to Baldwin Stocker School, 422 West Lemon, around 1:15 a.m. in reference to an audible alarm. Upon arrival, officers found a classroom door was pried open and six laptop computers were found on the ground. The unknown suspects were probably frightened away by the alarm.

2. Around 2:25 p.m., officers were called to Hilton Gardens Inn, 199 North Second, regarding a grand theft report. Two male Hispanic suspects stayed at the hotel between April 2 and April 4. Upon their departure, a housekeeper discovered that two flat screen televisions, blankets, towels, clock radio, and hair dryer were stolen.

Monday, April 5:

3. Between 7:00 a.m. and 12:35 p.m., a 1994 green Honda Accord was stolen from the 500 block of North First.

4. An auto burglary occurred between 5:50 p.m. and 6:25 p.m. in the 100 block of East Live Oak. Unknown suspect(s) broke a car window and stole a backpack containing the victim's wallet and other miscellaneous property for a reported loss of over \$2,245. The suspect(s) then used the victim's credit card to make almost \$400 in fraudulent charges at a Target store and a liquor store.

Tuesday, April 6:

5. Two victims came to the station around 3:00 p.m. to file a fraud report. Their credit union notified them of a possible fraudulent activity on their joint account. When they checked their account information, they discovered that unknown suspect(s) had made a \$212 unauthorized transaction at a CVS store in Florida.

6. Around 7:33 p.m., officers were called to the 200 block of West Palm in reference to an AMC violation. Two Hispanic subjects, a man and a woman, were found going through the recycling bin in front of a residence. There were also two trucks parked nearby filled with recyclables. They were cited for trash picking and released in the field.

Wednesday, April 7:

7. Between 11:00 p.m. on April 6 and 5:30 a.m. on April 7, a residential burglary occurred in the 1000 block of La Cadena. Unknown suspect(s) entered the residence via an unlocked second story sliding glass door. The suspect(s) then stole miscellaneous property and the victim's car. The car was later recovered by LAPD after being involved in a hit-and-run accident.

8. A residential burglary occurred in the 00 block of West Woodruff between 9:00 a.m. and 5:00 p.m. Unknown suspect(s) entered the home through an unlocked window and stole jewelry, watches, and cash. The total reported loss was over \$36,000.

Thursday, April 8:

9. Shortly after 4:00 a.m., units responded to the 700 block of Arcadia regarding two prowlers seen in a backyard. An area check was conducted and officers found a 43-year-old male Caucasian hiding in one of the yards. A record check revealed that the suspect was on parole, and he was taken into custody for loitering and was placed on a parole hold.

10. A grand theft from auto occurred around 8:30 p.m. in the 800 block of Country Oaks. A gardener saw a male Hispanic, 20-40 years of age, rummaging through his client's vehicle. When he questioned the suspect, the man drove away in a grey Ford Escort. The victim advised that she had left her car unlocked and that the suspect had stolen an \$800 designer coin purse with about \$20 in change.

Friday, April 9:

11. Officers were dispatched to the 99 Cent Store, 140 East Duarte, around 9:14 a.m. regarding a fraud investigation. The manager advised that the corporate office had discovered several unauthorized credit card transactions were made to obtain about \$900 in gift cards. The manager reviewed surveillance footage from the date of the transactions and discovered three male subjects, Hispanic or Caucasian, using fraudulent credit cards to make the purchases.

12. Between 2:30 p.m. and 3:30 p.m., a grand theft occurred at 24-Hour Fitness, 125 North First. A retired LAPD officer was exercising at the gym, and an unknown suspect defeated the combination lock and stole the victim's revolver, holster, and cash.

Saturday, April 10:

13. Units were dispatched to Arcadia Methodist Hospital around 7:51 a.m. in reference to a theft. The victim was sleeping in the delivery waiting room and when she awoke, she found an African-American employee holding her purse. He then walked away quickly, and she discovered that her camera, cell phone, cash, and credit cards were missing. The suspect was a Log Technician at the hospital, and a consent search of his vehicle was conducted. All the stolen property was recovered from his vehicle, and the 57-year-old suspect was taken into custody for grand theft.



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## Asteroid Flies Within Earth Moon Orbit



Caption: NASA's Infrared Telescope Facility atop Mauna Kea, Hawaii

A newly discovered asteroid, 2010 GA6, safely flew by Earth Thursday afternoon. At time of closest approach 2010 GA6 was about 359,000 kilometers (223,000 miles) away from Earth - about 9/10ths the distance to the moon. The asteroid, approximately 22 meters (71 feet) wide, was discovered by the Catalina Sky Survey, Tucson, Az.

“Fly by of near-Earth objects within the moon’s orbit occur every few weeks,” said Don Yeomans of NASA’s Near-Earth Object Office at the Jet Propulsion Laboratory.

NASA detects and tracks asteroids and comets passing close to Earth using both ground and space-based telescopes. The Near-Earth Object Observations Program, commonly called “Spaceguard,” discovers these objects, characterizes a subset of them and plots their orbits to determine if any could be potentially hazardous to our planet.

JPL manages the Near-Earth Object Program Office for NASA’s Science Mission Directorate in Washington. JPL is a division of the California Institute of Technology in Pasadena. Cornell University, Ithaca, N.Y., operates the Arecibo Observatory under a cooperative agreement with the National Science Foundation in Arlington, Va.

For more information about asteroids and near-Earth objects, visit: <http://www.jpl.nasa.gov/asteroidwatch>.

## Pet of the Week



Hemingway, an adorable, four year old Miniature Pinscher mix needs a loving home! He is outgoing and gets along well with other dogs. He knows the “sit” command and walks well on leash. Come visit with Hemingway today!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Please call 626-792-7151 and ask for A267123 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave , Pasadena CA , 91105 . Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).

## 7.2 Magnitude Quake Shakes Southern Cal.

By Dean Lee

Geologists at Cal tech had Easter Sunday celebrations abruptly cut short to hold a press briefing after a large earthquake rocked the U.S. Mexico border severely damaging eighty percent of historic downtown Calexico, Calif.

Officials said the 7.2 magnitude quake, located in Mexico, was responsible for at least three deaths in the cities of Mexicali and Tijuana.

Over 5,000 families have also reported that their homes are



Lucile Jones

uninhabitable.

The shaking was widely felt throughout Southern California.

The quake, located along the Laguna Salada fault line in Baja California, was similar to the 1992 Landers Earthquake said seismologist Lucile Jones with the US Geological Survey.

## Vicino Officially in the Race for Top Cop

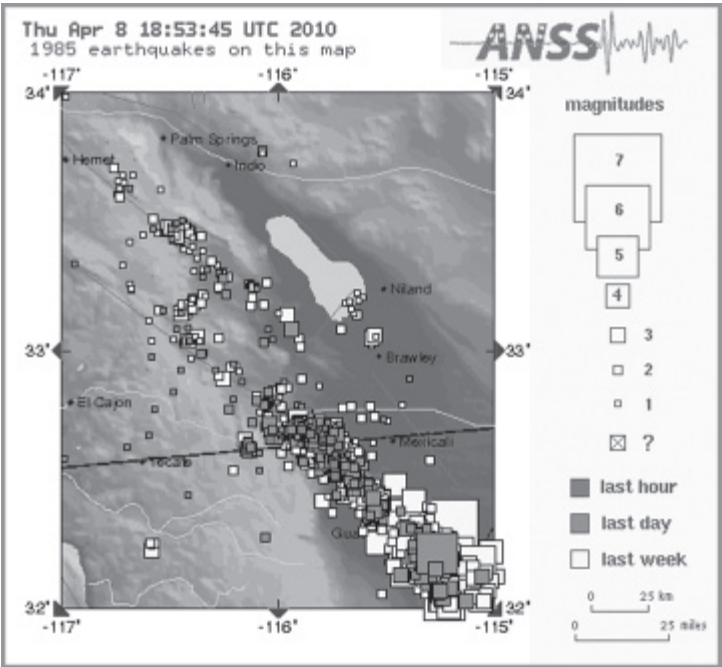
By Dean Lee

The buzz around town Thursday had numerous sources reporting that interim police chief Chris Vicino is, in fact, a candidate for the open permanent position of Pasadena police chief. Vicino later confirmed the reports as true.

Two other top candidate names were also leaked, neither of which could be verified at press time. A now embattled advisory panel had, behind closed doors last month, recommended three top candidates out of a pool of 66. The city’s next police chief will be hired by City Manager Michael Beck.

Critics of Vicino have said that because Pasadena police officers on the 16 member advisory panel answer directly to him, the selection process in choosing Vicino was flawed. Community members have called for the hiring process to be done over, for this and other reasons.

At a meeting March 24 community leaders criticized



“It [Landers] was the same size, the fault was 60 miles long, that was also a strike-slip earthquake,” Jones explained. “It also stared in the south and ruptured to the north. And we saw all these triggered earthquakes to the north and northwest.”

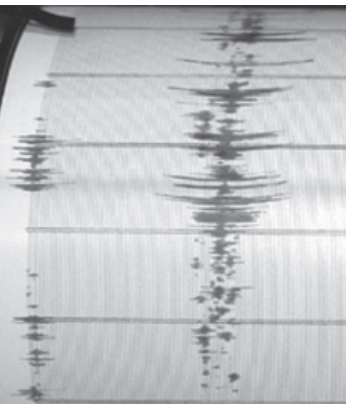
Jones said the USGS had little aftershock data in Mexico because they do not have instruments there.

She also said that although the type of faulting between Landers and Sunday’s quake were the same, strike-slip, the two occurred on different tectonic plates. Landers’ mainshock was located on the Pacific Plate while Sunday’s quake happened on the North American Plate.

Users of popular social networking sites such as Facebook and Twitter were also quick to post what they

felt. Hundreds of people have also posted video of the quake on YouTube and CNN’s iReport.

At press time Thursday, a 5.3- magnitude aftershock struck 32 miles southeast of Mexicali, according to the USGS. Since Sunday, there have been hundreds of aftershocks scientists said.



candidates.

Beck did announced Wednesday his plan to appoint a second advisory panel that will interview the three finalist candidates and provide him with their feedback.

The intention is for the panel to represent a cross-section of the entire Pasadena community.

“I encourage everyone to consider who could provide excellent leadership to this important work,” said Beck. “I will make the names of the panelists known before they interview the candidates.”

Nominations may be e-mailed to [mbeck@cityofpasadena.net](mailto:mbeck@cityofpasadena.net); they may also be made by calling (626) 744-4222 no later than Monday, April 12.

According to reports, Santa Monica Deputy Chief of Police Phil Sanchez and Austin Chief of Police Art Acevedo also made the cut.

Acevedo said late Thursday he is no longer a candidate. Sanchez could not be reached for comment



Chris Vicino

Beck for the advisory panel saying it did not reflect the community. There was a lack of representation from Northwestern Pasadena, black men and low income residents they said.

At the end of the meeting Beck made a plea not to start over. He made a number of suggestions including putting together a second community advisory panel to interview the top three candidates. He also said that he could go back to the 66 original applicants. Beck also made clear that he did not have to choose any of the recommended top

## City Dropped as Part of Amgen Tour

Race officials announced Wednesday that this year’s Amgen Tour of California will not include Pasadena. Andrew Messick President of AEG Sports, which run the event, made the following statement.

“Due to severe road damage on the Angeles Crest Highway (Route 2) above La Cañada Flintridge caused by the recent winter storms, we have been forced to change the route for Stage 6 of the 2010 Amgen Tour of California. This change is being made at the direct request of Caltrans, which has notified us that due to the potential safety hazards, the road will be unable to accommodate our race. Stage 6, scheduled for May 21, 2010, will no longer start in Pasadena and we are working to secure a new stage start, which we are hopeful of announcing in the coming days.”

He continued, “Stage 6 will still finish in Big



Bear Lake as planned and we look forward to a challenging stage in the San Gabriel and San Bernardino Mountains. As long-term partners with Pasadena, we appreciate how graciously they have handled this difficult situation. We look forward to returning to Pasadena soon.”

## Police to Host ‘Twist on Classic Rodeo’

The Pasadena Police Department will host a “motorcycle rodeo” Wednesday featuring the motorcycle riding skills of law enforcement officers from all over southern California. The event is open to the public to observe at no cost.

“This event really showcases the talent, skills and incredible abilities required of motorcycle officers,” says interim Chief of Police Christopher Vicino. “The skill level required to operate a motorcycle under the conditions with which most urban officers must function far exceed what is required for normal street riding.”

“This event is part training, but mostly friendly competition for bragging rights,” says Lt. Randell

Taylor, who recently became Pasadena’s second Traffic Lieutenant to complete the rigorous two-week traffic training course in order to better understand what’s required of his team. Most motor officers complete the training early in their careers since a promotion typically involves transferring out of the section to another area of the department. “To complete the course as a lieutenant with 25 plus years on the department means keeping up with the youth and enthusiasm of much younger officers,” Taylor continues. “It was a grueling two weeks, but I’m glad I did it.”

The competition will take place at the Rose Bowl beginning at 8:00 am in Lots K and F.

## Art Dealer Gets Seven Years for Selling Fakes

A La Cañada woman who sold fake art – including works purported to be by Picasso, Dali and Chagall – through a rigged televised art auction has been sentenced to 84 months in federal prison.

Kristine Eubanks, 52, was sentenced late yesterday by United States District Judge Gary A. Feess, who said that the fraud scheme was “audacious in its scope” and “blatantly illegal.”

The scam, run through a company called Fine Art Treasures Gallery, falsely told customers that art sold on the company’s television show had been found at “estate liquidations all over the world.” Instead, Eubanks and others sold fake and forged art that they had bought from suppliers, as well as forgeries they had printed themselves and signed on behalf of the artists. The scam brought in well over \$20 million from more than 10,000 victims across the country.

Eubanks pleaded guilty in April 2007 to conspiracy to commit mail fraud, wire fraud, interstate transportation of stolen property and to filing a false income tax return. Through this company, Eubanks and her conspirators operated an art auction television show, which aired on Friday and Saturday nights on DirecTV and The Dish Network, and sold art to customers around the United States. Eubanks and her husband, Gerald Sullivan, ran the scheme from 2002 through 2006.

Eubanks admitted that she obtained fake art from various suppliers, and

printed other art works in her own printing shop, and sold that bogus art on the auction as genuine. Eubanks and others forged signatures on some of the works, including purported lithographs from Picasso, Chagall and Dali. To support the scam, Eubanks also forged Certificates of Authenticity for certain pieces and provided falsified appraisals for some of the jewelry that was sold to customers. Eubanks and others also rigged the bidding for the auction process by arranging for fake bids to be announced on the program to falsely drive up prices for the art they sold to the public.

Eubanks’ husband, Gerald Sullivan, 54, previously pleaded guilty to conspiracy to commit wire fraud and interstate transportation of stolen property. He is scheduled to be sentenced by Judge Feess on May 24, at which time he faces a statutory maximum sentence of six years in federal prison.

As part of the investigation into Fine Arts, federal authorities seized approximately \$3.8 million from bank accounts controlled by Eubanks and Sullivan. Those funds have been forfeited to the government, which is in the process of notifying thousands of potential victims that they may have purchased bogus artworks.

This case was investigated by the national Art Crime Team at the Federal Bureau of Investigation, IRS-Criminal Investigation, and the Los Angeles Police Department’s Art Theft Detail.

## Community Meeting will Provide Update on Heritage Square

TheNorthwestCommission and the Fair Oaks Project Area Committee will host a community meeting Thursday, April 22, at 6 p.m. in the auditorium at Jackie Robinson Center , 1020 N. Fair Oaks Ave. in Pasadena.

The Heritage Square Request For Proposals Working Group will present the draft RFP for the residential component of the Heritage Square development site.

The working group, comprised of community members and city staff, was formed to prepare an RFP for development of this first phase of the Heritage Square site at 19 E. Orange Grove Blvd. and north to 790 N. Fair Oaks Ave.

Once finalized, the RFP will be reviewed by the Northwest Commission, Fair Oaks Project Area Committee and Pasadena City Council.

Heritage Square is a 2.88-acre site owned by the Pasadena Community Development Commission. As proposed, development of the site would occur in two phases, with the first phase to consist of an affordable rental-housing complex for very-low-income seniors and a second phase with a commercial component.

To receive alerts about future community meetings and other Heritage Square updates, e-mail [jwong@cityofpasadena.net](mailto:jwong@cityofpasadena.net) or call (626) 744-8316.

## Rose Bowl Loop , Police Helicopters, Police Chief Search are Topics on the Latest ‘City Beat’

Improvements to the Rose Bowl Loop, a new Pasadena police helicopter with quiet technology and the search process for the next police chief are the topics on the latest “City Beat” airing on KPAS and the Internet.

Moderator Ann Erdman is joined by Pasadena City Councilman Chris Holden , Pasadena Star-News reporter Dan Abendschein and Mountain Views News reporter Dean Lee.

“City Beat” replays Mondays at 2 p.m. and 6

p.m., Tuesdays at 7:30 p.m., Wednesdays at 8:30 a.m., Thursdays at 7 p.m., Fridays at 8:30 p.m. and Saturdays at 5:30 p.m.

KPAS is on channel 3 on the Charter Communications cable system in Pasadena . Streaming video of all KPAS programming can be accessed in real time by going to [www.cityofpasadena.net/publicaffairs](http://www.cityofpasadena.net/publicaffairs) and clicking on Video Streaming.

For more information call (626) 795-5556.





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Gary R. White, DVM



## PUSD Supporters Promote 'Yes! Pasadena Public Schools' Campaign

The Pasadena Unified School District partnered with the 2009 Pasadena Neighborhood Leadership Institute Project Saturday to kick off the 'Yes! Pasadena Public Schools' campaign. A number of PUSD officials were on hand including, School Superintendent Edwin Diaz and PUSD Board President Tom Selinske.

With a contribution from the Pasadena Education Foundation, the Yes! Pasadena Public Schools ads will launch on the inside of Pasadena ARTS Buses. The campaign is designed to also appear in local papers, on Facebook pages, calling cards, local newsletters, buttons, PUSD's KLRN-TV, lawn signs, and according to Nathane, "basically anywhere we can get a free venue. Who knows where you will see the Yes! Pasadena Public Schools ads next!"

"California standards test scores in Pasadena Unified School District rose for the seventh consecutive year in 2009, outpacing state and county growth rates. The district posted an API score of 742 in 2009, up 22 points from 2008. Yet one third of school aged children in our city are enrolled in private or parochial schools," stated Betsy Nathane, a PNLI member and owner of a local advertising firm.

The chosen mission of the 2009 class is to improve the community perception of PUSD schools by publicizing positive aspects and



achievements of students, schools and staff, to build community support for public education. The PNLI class of 2009 has designed an ad campaign to run throughout Pasadena touting PUSD's college acceptances, state and national awards, signature programs, and other distinctions.

## MUIR HIGH SCHOOL'S ENGINEERING & ENVIRONMENTAL SCIENCE ACADEMY WINS NATIONAL AWARD

*National Academy Foundation Confers Planning Grant for College & Career Pathway Initiative*

Pasadena Unified School District (PUSD) officials announced today that John Muir High School's Engineering and Environmental Science Academy has been awarded a planning grant from the National Academy Foundation. The grant for Muir's High School planning team is for professional development at the NAF's annual summer institute in Philadelphia. The grant allows Muir to send a team of teachers and administrators to the institute, where they will take workshops and participate in professional development.

"The college and career pathways initiative at John Muir High School is winning distinction at the national level, and is a testament to the community's investment in the reinvention of John Muir," said Superintendent Edwin Diaz.

The National Academy Foundation (NAF) works to sustain a national network of career academies to support the development of America's youth toward personal and professional success in high school, in higher education, and throughout their careers.

"I am so proud of our team's accomplishments and look forward to expanding and enhancing the achievements of our academies," said Muir High School Principal Sheryl Orange.

PUSD has adopted college and career pathways as a reform initiative to make high schools more rigorous and relevant for its students. Strengthening the academies at John Muir High School began as part of its overall reinvention three years ago, after PUSD reconstituted the school to accelerate academic achievement.

Now, all students are placed in one of four academies that integrate themes like Engineering and Environmental Science into the school's regular college preparatory curriculum. Teams of teachers, counselors and administrators in each academy work daily with students to identify, explore and build skills in academic subject areas where students have a particular interest and aptitude.

Funded by the James Irvine Foundation, the grant was secured through the Pasadena Educational Foundation, a nonprofit organization whose mission is to support educational programs, students and teachers of the Pasadena Unified School District, which serves Pasadena, Altadena and Sierra Madre.

### STAR PARTIES FOR KIDS

April 24 will be a big day and night for looking up, seeing as it's **Worldwide Astronomy Day**. Local children can find the stars at Library Park in Monrovia that evening. Check it out on this website:

<http://www.otastro.org/astronomers/>



*Local clinic to provide free, speech, language and hearing screenings for children in and around the San Gabriel Valley community in recognition of Better Hearing & Speech Month.*

- **Justine Sherman & Associates** - 55 Auburn Avenue, Sierra Madre California 91024
- 2<sup>nd</sup> Annual JSA Speech & Hearing Wellness Fair: May is Better Hearing & Speech Month
- Saturday, May 15<sup>th</sup> 10am - 2pm
- RSVP to reserve screening time: [justine@justineshermanslp.com](mailto:justine@justineshermanslp.com) or (626) 355-1729
- Free event open to public - screenings available on first come first serve basis without advance RSVP

Since 1927, the **American Speech-Language-Hearing Association** has celebrated *Better Hearing and Speech Month* each May to raise public awareness of speech and language disorders that affect 14 million Americans. Speech and language disorders can take many forms and can limit academic achievement, social adjustment, and career advancement. An individual may be born with a speech or language disorder, or it may be caused by accidental injury or illness.

"Fortunately, most people with speech and language problems can be helped," says Justine Sherman, MA, CCC-SLP, COM. "Even if the problem cannot always be eliminated, we can teach those with speech and language problems strategies to help them improve their communication skills".

Free speech-language screenings will be offered for children ages 3-12 during *Justine Sherman & Associates 2nd Annual Speech and Hearing Wellness Fair* in recognition of Better Hearing & Speech Month. This free event addressing topics such as speech-language disorders and healthy communication will take place between 10am-2pm, Saturday May 15<sup>th</sup>. In addition to free carnival games, arts, crafts and snacks, the event will include information on speech and language, and practical tips for encouraging language development in children.

**For more information:**

<http://www.justineshermanslp.com/events.php> or <http://www.facebook.com/justineshermanslp>

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdal

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenebuhl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy 1720 Kinneloa Canyon Road Pasadena, Ca. 91107 626-798-8989

website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981  
Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

## Looking Up with Bob Eklund Sun Fire, Moon Ice, Stars In Our Eyes: The Sun Spits Its Fire

An international team of solar and space scientists have built the most complete picture yet of the full impact of large solar eruptions called Coronal Mass Ejections (CMEs) as these huge bodies of solar material travel from the Sun to the Earth. Dr. Mario Bisi of Aberystwyth University (in Wales) presented the study's results at the British Royal Astronomical Society's meeting April 13 in Glasgow.

CMEs—giant eruptions of the Sun's atmosphere from its "surface" which are ejected out into space—are many times larger than the Earth and typically contain over a billion tons of matter. They travel away from the Sun at speeds of up to several million miles per hour and can impact into comets, asteroids, and planets—including the Earth.

Our planet is normally protected from CMEs by our own magnetic field, but the twisted magnetic fields carried by CMEs can break through this protective shield, causing particles to stream down over the Earth's polar regions. They typically lead to displays of the northern and southern lights

(aurora borealis and australis). But CMEs can also have less appealing consequences such as power outages on the ground, interference with communications, and damage to Earth-orbiting satellites. They can also present a health risk to astronauts who happen to be conducting a space walk at the time a CME event interacts with the Earth.

### NEW STUDY SHOWS THICK ICE ON THE MOON

Water ice exists in large quantities in many small craters near the Moon's north pole, according to analysis of initial results from the miniature synthetic aperture radar (Mini-SAR) experiment on board the Indian Chandrayaan 1 spacecraft, which mapped most of the area near the north pole of the Moon between February and April 2009. The Mini-SAR instrument collected data on the polarization of radio waves reflected off the lunar surface. These data give the researchers insight into lunar surface features. For instance, high values of

the circular polarization ratio (CPR) indicate either surface roughness or ice.

The observations suggest that water ice exists in many of the small craters in permanent darkness near the north pole of the Moon. According to the scientists' analysis, the CPR values recorded indicate that this ice must be at least 6.5-9.8 feet thick. The researchers note that the ice is not distributed evenly over the lunar surface, suggesting that it may have been deposited through an episodic deposition process such as comet or asteroid impacts. Because these lunar craters near the north pole are in permanent shadow, ice would remain stable there indefinitely.

### COMMUNITY TELESCOPES POINT STARWARD APRIL 24

The community is invited to share a family evening under the stars on Saturday, April 24, with author/astronomy educator Bob Eklund and fellow volunteers from local astronomy clubs. This free event is 7:30-10:00 p.m. in the parking lot of the

Christian Science Church, 7855 Alverstone Ave., corner of 79th St., Westchester. (The backup date in case the event is clouded out is a month later, Saturday, May 22.)

Everyone is invited to look through high-quality telescopes at the planet Saturn, the craters of the Moon, and stars and nebulae. The April 24 celebration of the sky is on Astronomy Day and is one of many events scheduled by the international astronomy advocacy organization Astronomers Without Borders during April—designated Global Astronomy Month (GAM). For a complete schedule of GAM events, see [astronomerswithoutborders.org/](http://astronomerswithoutborders.org/).

People of all ages—and especially children—are encouraged to come learn about the sky from knowledgeable astronomers, and anyone who has a telescope of his or her own is welcome to bring it. For more star party information, call (310) 216-5947.

You can contact Bob at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



A new study conducted by

Microsoft Research has come to the conclusion that having users change their passwords as part of a comprehensive computing security policy isn't quite as effective or necessary, as previously thought. In many cases, the researchers found, the extra work involved in resolving password-related issues actually incurred additional costs for IT departments and lost working time for end-users. Counter-measures taken by frustrated users often circumvent the requirement for secrecy as frequently-changed passwords are often written down and attached to computer monitors or other nearby office furniture, publicly displaying the very thing that was meant to be kept secret in the first place. Although these conclusions may at first appear counter-intuitive to previous conventional wisdom, they merely reflect the reality of the ever-evolving threats we face in today's modern computing world. Brute-Force password cracking utilities are as popular as ever in hacker circles but even more common, and more efficient, are the various phishing scams that often trick the unsuspecting into giving up valuable personal information in response to the receipt of email purporting to be from a legitimate source. The level of sophistication that hackers use to gather valuable information from end users has risen to the point of getting the user to assist in the theft process. One of the new avenues of attack that uses this methodology is the production and dissemination of software that is advertised to be anti-spyware

and/or anti-virus protection but is in reality the same malware that it reportedly protects the users' computer from. A clue that this might be the case is when the software is nearly impossible to uninstall and requires that some action (usually monetary) be taken before the computer can be restored to "normal".

The danger in taking these new findings out of context is the adoption of the attitude that basic computer security protections no longer need apply since there's nothing that one can do to keep ones' computer safe in the first place. Following closely behind this attitude is that the total reliance on an all-in-one hardware or software solution that is put in place and just assumed to be doing what we need it to do in order to keep us safe. The former attitude is likely to be adopted by single end-users, frustrated by the need for continuous monitoring of their machines for signs of infection. The latter attitude is found in frustrated end users and in larger computing enterprises as well, and just as frequently they are found they are always wrong. Sophisticated problems are solved by sophisticated thinking and the development and adoption of even more sophisticated solutions. For the unsophisticated, what makes sense is common sense: reputable firewall, reputable anti-virus, keeping them up to date, keeping your computer off-line as much as possible, frequent backups to something outside your regular computer and having a good relationship with reputable computer repair folks.





## TABLE FOR TWO

By Peter Dills

### RED WHITE + BLUEZZ

As spring pushes flowers up, it also picks its way among the human heart and the melodic tones of romance. With the difficulties of the economy, one's wallet can quickly resemble the frail figure of Calista Flockhart. If your lady doesn't eat like a bird, you may need to nest upon a good deal when dining out. For this week's experience, you may have to sit at, or near the bar, but this place does have comfortable seating.

Red White and Bluezz has become a flagship restaurant in Pasadena and I would place them in an elite class, with the likes of Parkway Grill and Bistro 45. It is casual at Red White+Bluezz, but a nice shirt and jeans don't stop the elites from enjoying a bite to eat at this restaurant.

Last weeks column was about saving money at restaurants without using a coupon, the only way that most men roll, but it was exclusively ladies night last week. As for this week, the guys get a chance to sit and dine with the super deals. I began my evening at Red White + Bluezz with the Maryland Blue Crab Cakes, with a tropical salsa and passion fruit aioli for (\$6), I know, I rave about the Crab Cakes at the Frontrunner, are these as good, well no, but you aren't paying (\$26) either. You can also enjoy a nice soup or salad for (\$5). I recommend the creamy garlic Caesar with shaved Reggiano. I was full at this point of my meal but a reviewer has to review, and I guess that my pants don't have to fit!!! Next, I clenched my chops upon the Southwest Pulled Kurabuta Pork Sandwich (\$10) with addicting and I do mean addicting sweet potato fries. As I left that night, I do believe that I heard the chair creak and my belt grab a firm hold of my new belly.

Drinks are well priced, with, by my count, nine wines by the glass for (\$5). I enjoyed the Montpelier Pinot Noir. For the blue-collar beer drinkers, there are 11 beers by the bottle for a wallet saving (\$3). So, if you want to treat a princess but pay like a pauper, this spot is for you. The hours of the happy hour at Red White +Bluezz are some of the most flexible I have seen. Monday through Saturday 11 AM to 7 PM, Thursday Night from 10 PM to Midnight. Thursday is geared to the restaurant worker crowd.

Red White+Bluezz 70 S. Raymond Old Pasadena  
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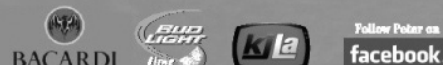
.....Hey Friends, fantastic suggestions this past week. If you have an incredible value to share. Please email me at [thechefknows@yahoo.com](mailto:thechefknows@yahoo.com) or you can become a contributor on facebook. As always check out Dining with Dills every Sunday Night at 9 PM. For those of you with Champion can now tune in on channel 24.

Word to the wise.. Always double check with the restaurant to make sure the offer is still good.

Watch Peter Dills' TV Show every Sunday night at 9 p.m. on KJLA / LATV.  
If you like to dine out, Tune in to Dining with Dills, LA's only Restaurant TV Show.



Contact Peter at:  
[thechefknows@yahoo.com](mailto:thechefknows@yahoo.com)



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5	8:00 PM - 9:00 PM	Quiz Nite Trivia Game
6	7:00 PM - 10:30 PM	Murphy's Flaw ~ bluegrass at is best !!
7	8:00 PM - 11:00 PM	Cow Bop featuring Bruce Forman
8	8:00 PM - 11:00 PM	The Jack Sheldon Quartet
9	7:00 PM - 11:00 PM	Jazz Vocalist Judy Platt
10	7:00 PM - 10:00 PM	Opera to Broadway with Danny Guererro
11	8:00 PM - 9:00 PM	Quiz Nite Trivia Game
12	8:00 PM - 11:00 PM	the Jennifer Leitham Trio
13	8:00 PM - 11:00 PM	Lightnin Willie & the Poor Boys
14	9:00 PM - 11:45 PM	Mercy & the Merketts Dance Party
15	8:00 PM - 11:55 PM	Dave Osti & the Dynamites
16	7:00 PM - 10:00 PM	Opera to Broadway with Danny Guererro
17	8:00 PM - 9:00 PM	Quiz Nite Trivia Game
18	8:00 PM - 11:00 PM	The Song Sirens ....
19	8:00 PM - 11:00 PM	a collective of LA's female singer songwriters
20	8:00 PM - 11:00 PM	the Dave Tull Trio
21	8:00 PM - 8:30 PM	Mercy Powell Jazz Quartet
22	8:30 PM - 11:30 PM	Swing Dancing with Flat Top Tom
23	8:00 PM - 11:30 PM	Iliana Rose .... dance to Salsa, Cuban Jazz
24	7:00 PM - 10:00 PM	Opera to Broadway with Danny Guererro
25	8:00 PM - 9:00 PM	Quiz Nite Trivia Game
26	8:00 PM - 11:00 PM	the Music of Brian Owen jazz Trumpeter
27	8:00 PM - 11:00 PM	Cafe Fuego..."Latin Rhumba"
28	8:00 PM - 11:00 PM	and "Gypsy Rhumba"with Rodger Espinoza
29	8:00 PM - 11:00 PM	Tremukolocos
30	8:00 PM - 11:00 PM	



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## HOWARD Hays As I See It

Ever hear of Pierre Omidyar? Didn't think so. He's a French-born computer programmer with family roots in Iran, who had a consulting company in San Jose called Echo Bay Technology Group. He developed a web-based program for unloading used stuff - the first such item unloaded being a broken laser pointer. Seeking to register a domain name some fifteen years ago, he learned "Echo Bay" had already been taken, so he shortened it to "eBay". Omidyar is now a billionaire and no, I don't begrudge him that. Here's an entrepreneur who took an emerging technology and developed a business model to facilitate things people like to do - buying, selling, bidding, collecting, cleaning out the attic and coming home to find something really neat left on the doorstep. Economist Adam Smith likened creating wealth to taking a tree branch, which has no value, and carving it into an ax handle, which does. Mr. Omidyar took his niche of the internet and carved it into a worldwide marketplace.

There's a difference between creating wealth and simply making money. Omidyar's business created thousands of jobs and pumped billions of dollars back into the economy. Others seem adept not at creating wealth, but in transferring it from the larger economy into their own pockets. The collapse of 2008 resulted from drawing hundreds of billions from pension funds and the pockets of present and future retirees, from assets of smaller banks intended for consumer and small business loans, and transferring that wealth to Wall Street players. Collateralized securities, "exotic" derivatives and credit default swaps facilitating this transfer lacked the intrinsic value of an ax handle, but were ultimately guaranteed by taxpayers. Funds available to entrepreneurs dried up and seniors anticipating a comfortable retirement hired on as Wal-Mart greeters, while some on Wall Street became ungodly rich.

Nowadays, the name most associated with eBay is not founder Pierre Omidyar but rather former CEO and current gubernatorial candidate Meg Whitman. There was confusion when presidential candidate Sen. John McCain (R-AZ) claimed Whitman had "founded" eBay when he mentioned her as a possible Treasury Secretary. There was also confusion over what Whitman's role there had been: creating wealth for the company or simply making money for herself. It was this confusion that brought her to the attention of Republican lawmakers, and not in a favorable way.

Eight years ago, then-Chair of the House Financial Services Committee Rep. Michael Oxley (R-OH) issued a report singling out Meg Whitman as a beneficiary of "spinning", a method of laundering kickbacks by Wall Street firms during the dot-com boom. Investment houses would offer shares of forthcoming IPOs to insiders at a price below what investors would normally have to pay, with the recipients able to sell the shares days

later and pocket millions in profit.

Meg Whitman was one such recipient when she chose Goldman Sachs to handle eBay's own IPO and the later acquisition of PayPal. Her reward was to go spinning with Goldman, pocketing some \$1.78 million in profits, along with a seat on the Goldman Sachs board. Whitman claimed this was related to her business as a private client, rather than as eBay CEO. Others didn't see it that way, and she became the target of an eBay stockholders' suit accusing her of making corporate decisions based not on the best interests of the company, but for her own personal benefit. A Delaware judge refused motions to dismiss the case, and Whitman settled in 2005. David Shapiro, Professor at City University of New York specializing in financial fraud, commented: "She had no understanding of the appearance of impropriety ... She didn't acknowledge in hindsight that it didn't look good. What will become of all the conflicts of interest that come before her as governor?"

Related to the question of creating wealth vs. making money is the matter of taxation addressed in "Building a New California", a recent "policy agenda" released by the Whitman campaign. She says we can't afford a simple across-the-board tax cut for everybody, and she's probably right. What she proposes instead is eliminating the capital gains tax, pointing out that California is "one of a few" states that taxes capital gains the same as "traditional" income. (By "a few", she means just California - and forty other states.)

Those who derive the bulk of their income by working for it, who are affected most by the current downturn and would be most likely to spend a tax cut and put it back into the economy - they'd be out of luck. The windfall Whitman proposes would come to those accustomed to sheltering fortunes in Dubai and the Cayman Islands; hedge fund managers who profit by betting on businesses to fail; investors in private equity firms who take over companies, close factories, lay off workers and part-out the remains as if it were an old car. The windfall would come to those like our wannabe governor, Meg Whitman.

Fairly or not, half of California's tax revenue comes from less than 150,000 of its wealthiest citizens. According to the California Budget Project, those in Meg Whitman's tax bracket derive more than 60% of their income from capital gains. Taken together, this means Meg Whitman's proposal would surely drag California's credit rating below "junk" status, but add millions to her own individual net worth - currently estimated at \$1.2 billion.

As I see it, we don't need leaders with the biggest investment portfolios, but rather those with the biggest ideas - like Pierre Omidyar, who wrote in 2008 endorsing Barack Obama for president, "... we are fundamentally good and strong and proud, and we can overcome our challenges by working together, across all sorts of lines, be they partisan, racial, cultural, religious ... That's the America I want to live in." If not, we'd might as well just put the office of Governor up for sale to the highest bidder - on eBay.

## The Tax Man Commeth, Will He Ever Leave?

GREG Welborn



Thursday was tax day, and millions of Americans rushed to complete their annual returns and get that all-important April 15th postmark. This year, at least, there can be some consolation taken in the fact that things could be worse. We could suffer under the tax burden inflicted on most Europeans. Then again, if the current administration has its way, we may soon surpass the European burden.

Let's start, though with a brief understanding of just what we face in the United States. I'm going to use as an example, some of the personal observations shared by Mike Donahue, a young entrepreneur, whose Thursday's article in the Wall Street Journal chronicles painfully detail the tax burden already faced by those in our country who have labored hard to build something for their families and, in the process, have employed many others in their communities. Mr. Donahue speaks of the 20 years he has taken to build his business, of the 70 hour long weeks, of the sacrifices to family and personal pleasure necessitated by keeping his business open during several of the recessions he's had to face along the way. He comments movingly of the work ethic inculcated in him by delivering newspapers, splitting firewood, shoveling snow, and making sandwiches, which he's done over the years since his 14th birthday, all in an effort to afford college, learn the skills necessary to succeed and ultimately to run a small thriving business.

Yes, by his own admission, he drives a nice car - although it was bought used - and lives in a nice neighborhood, but it has taken him 20 years of effort and sacrifice, doing without the security of a steady salary and benefits paid by someone else, in order to get his business to the point where he now employs others and pays their steady salaries. His is the quintessential rags-to-riches American success story. I don't know if he is black, white, brown or tattooed with multiple colors. I do know that he didn't grow up in an economically privileged home. He worked, scraped by and borrowed heavily to get through college and sustain his dream. As he describes himself - and thus by extension millions of other entrepreneurs across this great land - he is a high earner, but he's not rich.

Now for the bad news! What do we do to these icons of success, these employers of the vast majority of our workers, these producers of wealth that benefit our entire community? To put it indelicately, we tax the hell out of them. Mr. Donahue, and others like him, pay 32% of their earnings to the IRS, 10% to the state of California, another 15% in payroll taxes, 1.2% to his county in property taxes and 8.75% in sales tax on every non-food related purchase he makes. Conservatively estimated, he's paying 65% of what he earns to one government agency or the other.

What I haven't even bothered to calculate are the taxes he'll have to pay on any gains he might make on the investments he's made with the money that was already taxed. What I mean by this is that if he takes some portion of the 45% that remains for him and his family and invests it wisely, then whatever profit is made from that will again be taxed 15% by Uncle Sam and 10% by his cousin in California in the form of capital gains taxes.

Since he has labored under this system for a fair number of years already, I suppose you could make the argument that he's a big boy, knew what he was getting into when he decided to be an entrepreneur and hire other people. But now, he's told that the "rich" don't pay their fair share and that they need to cough up more. Mr. Donahue and countless other entrepreneurs like him generate by the sweat of their brow, willingness to risk and countless hours of work 20% of the wealth created in this country, and then they are asked to pay 40% of the country's total tax burden.

I don't care which measure you use, but I have to admit that I am amazed every time I hear one of their stories that they continue to labor under these conditions. It's just not fair to take 65% of a person's earnings and then possibly take another 25% if he invests wisely. It's just not fair to expect these people to create as much of our national wealth as they do and then pay more than double that amount back in taxes. At some point, I would quit working, as would you, dear reader, and as will they, the entrepreneurs, at some point.

We are dangerously close to, if we have not already passed, the level of taxation at which the most productive members of our society will decide to move on. Make no mistake about it. People of wealth have choices about what to do with their money and with their creative, productive energies. They can (a) stay in our state/country and continue to grow their businesses which means hiring more people, or (b) decide to move offshore or just stop being productive. How many businesses have shut down or scaled back their operations because of oppressive taxes? I don't have the precise number, but I do know that here in California we are losing more people, jobs, entrepreneurs and businesses to other states than we ever have in our history.

Mr. Donahue even comments in his article that his patience and pocketbook are at the breaking point. The saddest thing of all is that most of our elected leaders don't have a clue about this. Gone are the days when the majority of our politicians were citizen politicians, people who spent as much or more time living under the laws they created as they did in elected office writing those laws. Those people at least knew what it was like to make a payroll, build a business, contribute to the wellbeing of their community. Most of our politicians today are career, or professional, politicians who have never worked a non-government job, let alone actually created

wealth and employment.

A recent interview of Henry Waxman, illustrated this point poignantly. When the chairman of the Commerce Committee was asked how much taxation is enough, how much is too much to ask people to pay, his response was "I haven't really given that much thought". I wish that was a mis-quote. I wish there was a context to the comment which excused the willful ignorance and arrogance of one of the most powerful leaders in Congress to the reality facing our most productive citizens. But there isn't. Those who seek to "spread the wealth" rarely have any idea of, nor experience in, what it takes to actually create wealth. The wealth of our country doesn't just grow on trees. It doesn't exist to simply be picked up from the ground by one person or the other. This is the great misunderstanding which characterizes so much of liberal thought. The left believes that wealth simply exists and thus should be shared in some reasonable and "equitable" fashion as they define it. The reality is that wealth has to be created. That means that entrepreneurs, risk takers, have to invest something, tempting failure and financial loss, to actually create wealth. Whether it is investing the money to drill miles into the earth in the hopes of finding oil, or it is investing that money in the creation of a new, never-before-seen software program which they hope will improve productivity and thus prompt consumers to buy their new product, wealth must be created.

True equity lies in allowing the people who create wealth to enjoy the fruits of their inspiration, labor and risk taking. There is no virtue in forcefully taking money from Peter to pay Paul. That is theft disguised as virtue. Fortunately, most Americans understand this at a visceral level. America was founded on, and thrived under, social mobility derived from freedom of opportunity. We don't care where a man was born, the color of his skin, the names of his ancestors or the accent of his speech. We care whether he's productive, takes responsibility for himself and his family and contributes to his community. Poll after poll shows that the vast majority of Americans believe nobody should be forced to pay more than 20% of their income in taxes. That's the common man's definition of equity. Yes, we believe in taxes to support the legitimate functions of government. Yes, we believe in contributing to various charities and our communities to help those who are truly less fortunate, or just experiencing tough times. But no, we don't believe that the government should force us to pay a huge percentage of our income to support those who refuse to help themselves or for wasteful earmarks which serve only to endear the politician to one or an other narrow special interests.

When we hear that our state legislatures have run up deficits, that our federal government has run up huge deficits and that our federal government is continuing to add to this sea of red ink, we instinctively and rationally know that we will be asked to shoulder even more taxes in the future. The 25 tax increases already signed into law by President Obama total \$670 billion over the next 10 years, put a burden on this country that cannot be supported, and contain 14 tax increases which directly contradict candidate Obama's solemn pledge not to raise taxes on those earning less than \$250,000. The farce has become a lie, which has become an insult. The only question is how much damage will be done.

Americans are over-taxed as they are and the taxes being assessed are anything but fair or equitable. They penalize those who would labor and sacrifice to employ others and thus contribute to a rising standard of living that has heretofore been the envy of the world. Tone deaf doesn't begin to describe the hubris existent in our elected leaders. We are lectured about the need to pay more, to suffer more and to bear more. The tax man has come, as he always does this time of year, but this time there is serious talk of adding yet another layer in the form of a value added tax, a national sales tax to be paid on top of all other state, county and local sales taxes. It is no mystery that we're all beginning to ask ourselves if the tax man is ever going to leave. If Obama has his way, there will be no such thing as tax freedom day, no theoretical date after which we are all working for ourselves, rather than for the government. If Obama has his way, the tax man will become a permanent guest at the table, and we will be the slaves to his gluttony.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at [gregwelborn@earthlink.net](mailto:gregwelborn@earthlink.net).

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**Mountain Views News**  
**Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## SUSAN Henderson THROUGH THE LOOKING GLASS

*“After a while the noise seemed gradually to die away”*

There is much that can be said about Sierra Madre's recent election and the campaign that preceded it, but frankly, I am very glad that it is over, very glad that we have new leaders to join councilpersons John Buchanan and hopefully a more user friendly Mary Ann MacGillivray, and very glad that the council and city staff can start focusing on taking care of our business.

However, since many of you have asked for my comments on the outcome of the election and recent events, I can only say that the entire campaign reminded me of the sequel to Alice in Wonderland, “Through The Looking Glass” or better yet, “The Hunting of the Snark (An Agony in 8 Fits)”, both of which were written by the mysterious Lewis Carroll, a man who choose to hide his real identity, probably so no one would know that a grown, educated man wrote such foolishness and who many say had to be on drugs, which can also explain a lot!

In case you don't remember, *Through the Looking Glass* is a quirky work that has many ‘mirrored’ themes including, time running backwards. As for “The Hunting of the Snark...”, which I think is even more appropriate in this case, It describes “with infinite humor the impossible voyage of an improbable crew to find an inconceivable creature.” And by the way, snarky is, “sarcastic, impertinent, and irreverent in tone

or manner”. It is one of the words used to describe John Crawford's blog by the *Pasadena Star News*.

So, we have managed to get past all of the rhetoric, all the fear and hate mongering, and all the nastiness. We now have a council that is composed of five distinctly different personalities with a wide range of experience to bring to the table. We now have a council that can work as a team and set policies that are in the best interest of *everyone* in town. We already have a very competent and committed staff, so all that is left for the rest of us is to figure out what we can do to help our town. Figure out where you fit in and how you can be of service. Maybe it is volunteering your time and talents, maybe it is as simple as being a good neighbor, but in order to make this town work, we have to participate.

But as I said to someone just the other day who felt as though the town was divided, I don't think so. Certainly we have some people who are very unhappy with the election outcome. We have some that are just not pleased and have accepted the outcome and moved on. That does not rise to the level of having a divided town. Look at the numbers, there are 11,000 people here of which less than 3,000 voted and of those only about 1,000 didn't get the outcome they wanted. That does not constitute a town divided.

Clean off the lens on that Looking Glass and see the election for exactly what it was, a call for civility and change. Don't fall down the rabbit hole looking for ulterior motives. They don't exist. We all want to keep Sierra Madre the wonderful village it is, so the town voted for people who will stay focused on doing just that!

# OPINION LETTERS TO THE EDITOR

Dear Editor,

I generally follow some very good advice that I received many years ago and “never discuss religion or politics”. Both, I feel, are a very private matter and, except to close friends, I do not offer my beliefs on either unless I feel it is important to do so.

Primarily what I want to address here is something that took place in the opening moments of the March 23, 2010 City Council meeting. Ms. MacGuillivray opened the meeting by reading a letter from a Christian school group in Upland. While sharing correspondence that the council receives with the public is not at all objectionable, I did find what followed totally unacceptable. “Rev. MacGuillivray” continued by delivering what amounted to a sermon from a Christian prayer book that was enclosed in the letter. She read, in her best and most righteous “Church Lady” manner, a prayer for the economy from the book. The prayer included a reference to spreading the gospel around the world and was followed by a brief lecture including a religious quote from John Witherspoon...all followed by a hardy “Amen”. Not being a Christian, I found this totally offensive and inappropriate to a government meeting and in hindsight it was also very ironic.

While I do not mind a moment of silence to open such a meeting, allowing meditation, prayer or reflection if one so desires, outright gospel-promoting, bible-thumping Christian oriented prayer is totally inappropriate, not to mention inconsiderate and presumptuous. On a second level I find it very disturbing and distasteful when a prayer's goal is to illicit

some sort of financial benefit from one's chosen higher power...particularly when one of the stated reasons for desiring financial rewards was so that the gospel could be spread. That just makes my skin crawl. Maybe I was the only one who had that reaction, but I hope not.

I find it odd that the community objects so vehemently to a hint of partisan influence but has no objection to overt religious influence within its political and governmental ranks.

I also find it odd and a bit ironic that Ms. MacGuillivray opens a meeting with words of Christian prayer and then later behaves in a totally “unchristian” manner once again toward her colleague, Mr. Mosca. Her perpetual and total disrespect and intolerance of him and the meanness and hatred directed at him is about as unchristian as you can get.

It is my hope that the results of the recent election will put an end to such actions being tolerated on the council and that civility and respect and consideration for each other and for the residents of our wonderful community will be restored.

Kim Kelley, Woodland Drive

Dear Editor,

I think we can thank four Sierra Madre women who helped the outcome of Tuesday's election. They are Teryl Willis, Shirley Moore, Fay Angus and MOST of all our mayor.

Thank you, thank you, thank you, thank you!

Hilda Pittman

## HAIL Hamilton CIVILITY AND HUMILITY GO HAND IN HAND

(NOTE: This editorial was written over the weekend before Tuesday's city council election was held. I, therefore, want to take this opportunity to congratulate our new mayor, Joe Mosca, and new council members Josh Moran and Nancy Walsh. I know you will work hard to restore civility and equanimity in our city government.)

Lack of Civility is a general phrase for social behavior lacking in civic virtue or good manners, on the upper end of a scale from rudeness to lack of respect. The distinction between plain rudeness and lack of civility is the threat it poses to a sense community. This in turn, will depend on some notion of good manners and respect for others in the community who disagree. Lack of civility can lead to a chilling of free of free speech and a loss of public debate.

Hate in, civility out? I say this with growing alarm on the eve of Tuesday's city council election. In Sierra Madre the Internet has evidently become a public forum for private, anonymously spewed hatred. Candidate John

Crawford's spiteful and defamatory—not to mention self-serving—blog the Tattler is just the most egregious example. Is it no longer possible to sit down and debate, with civility, those holding different views than our own? Rejoicing in another's faults show both a lack of civility and a lack of humility. How sad that we have arrived at this point in our lovely community. Why is the loss of civility so troubling? The word “civility” comes from the Latin word civitas, which, like the Greek word polis, pertains to the city. We cannot function together as citizens of the same city unless we are mindful of how we treat other people in public spaces — in airports and shopping malls, on internet blogs and in movie theaters, on tennis courts and our city council.

Civility has to do with the pursuit of the common good, rooted in the idea that we share a common life together. The loss of civility leads to a complete breakdown of community. This is not hyperbole. For at the heart of incivility is disrespect of other people.

Our refusal to exercise self-restraint in our behavior and our words is not merely a violation of Emily Post's rules of etiquette so much as it is cutting the tie that binds us together. The problem with our lack of civility is more serious than we may realize; it is really a loss of faith in our community. Our outburst (like that exhibited by Mayor MaryAnn McGillivray during the March 23 city council meeting) is an attack on a fellow human being, whose own faith in our community is based on the belief in shared experience. Civility says, “I will show you respect, not because I agree with your viewpoints. (I may even adamantly disagree.) And it is not just because of your office or position. I will show you respect because you are part of the same community in which I belong and we are bound together in a common life as fellow citizens of this city.”

Civility and humility go together just as incivility and arrogance go together. The civil person is fundamentally a humble person who recognizes

that his or her fellow citizens are not pinning their hopes on them for some sort of spiritual redemption. Rather, the civil person is modest in his or her self-assessment, as is fitting for finite, fallible people.

Civility is ultimately a matter of restraint towards oneself and respect for others. We don't have to say everything we think and we don't have to get everything we want, when we want it. Other people deserve honor and respect. Civility is a lesson for all of us to learn, not just council members and community activists. As it says in Proverbs, 11, Verse 29: “He that troubleth his own own house shall inherit the wind.”

**AGAIN, CONGRATULATIONS TO OUR NEXT MAYOR, JOE MOSCA, AND NEW COUNCIL MEMBERS JOSH MORAN AND NANCY WALSH--YOUR VICTORY IS A VICTORY FOR SIERRA MADRE.**



## STUART TOLCHIN

In response to my last week's article entitled Values an old and wise friend of mine e-mailed a copy of Steve Job's commencement speech delivered in

2005 at Stanford University. Seriously, if, like me you are unfamiliar with the speech, it is worth going to YouTube and viewing it. In the speech Steve Jobs talks about the absolutely vital importance of finding the things you love. He explains that our time of being alive is limited and this time should not be wasted living someone else's life. By this he means that we have the individual responsibility of finding and listening to our own inner voice so that we can follow the message of our own heart.

Certainly, I'm no different from most other folk. We all, or at least most of us, fall into habits and patterns that seem easier but are probably not the most satisfying way of living. I have great respect for a fellow who frequently writes on this same Opinion page who long ago decided that he did not want to work more than 10 hours a week and still

would earn a six-figure income. I'm not going to give away his secrets but this guy, who by the way is no super-genius, has managed to reach his goal and has spent his life doing music and comedy and acting and writing and being an all-around good-guy. He is the person responsible for giving me the opportunity to write these articles for the last two and one-half years. After writing the first article I quickly learned that I loved writing my 600-800 words. In addition to the writing I love thinking about the articles. Each one of my momentary observations takes on a greater and more significant importance as I allow myself to actually pay attention to my own thoughts.

Not only have the articles allowed me to take myself a little more seriously but also they have put me in touch with some wonderful, interesting and illuminating people who, in response to my articles, share themselves with me. Some old friends and some new friends have allowed something I have written to resonate within them and to share that really magical aliveness with me. I feel so connected when this happens. It isn't that the responders agree or

## WE ARE ALREADY NAKED

disagree with me and it has little to do with whether or not they praise my writing (although validation certainly feels good). Really, though, it is the sharing that is exciting. The unveiling of someone else's thoughts and the communication of what they feel to be important is revelatory. I am not alone—there are lots of smart, interesting people in this world and it is absolutely not necessary that they agree with me about anything.

In completing this article I want to return to Steve Job's commencement speech. He refers to a theme that I have mentioned many times in my articles. I discovered the importance of this theme as I followed a neighbor-reader's suggestion that I purchase a book of fairy-tales as a present for his then 5-year old daughter. I purchased and pondered the “Emperor's New Clothes”, which lead me to reread the “Drama of the Gifted Child” by Alice Miller. I became saturated with the understanding that throughout our lives we are being told what to think and how to think for the benefit of others and at a great cost to ourselves. The realization of the child in the fairy tale is that the Emperor is naked and that everyone is lying to themselves

and ignoring their own observations because that is what they have been taught to do in order to avoid embarrassment and criticism. As Steve Jobs points out, there is really nothing to lose and everything to gain. Every moment is one moment closer to death and every moment we waste ignoring our own feelings and truths is a precious moment lost. We are already naked, there is nothing more to fear other than the loss of our own unique experience of life. Steve Jobs, the great success, tells us to stay hungry and stay foolish and to live each day as if it were the last day of our life. Not a bad idea.

A final word. Those of you who have read my previous articles know that my son has recently undergone several surgeries to try and save his vision. Those of you who know me personally also know that my son has great problems in reading. Well folks, his vision has improved and for the first time ever he has read one of my articles. How exciting for him and for me. We go to the doctor again tomorrow and hope to hear more good news.



## RICH Johnson So, What's New With You?

Well, the election of 2010 is behind us. The Jane/John Doe nameless army that populates the Sierra Madre

“Rattler” has already marginalized the results. Apparently, and according to the anonymous, the stinging loss of some candidates has to do with the intelligence of the public and nothing to with the climate of negativity that surrounds the “Rattler.”

What negativity you say? How about this post offered up Mr./Mrs. Doe April 15, 2010 at 8:51pm: “...The real tragedy was the dummies who shouldn't even be casting votes in

Sierra Madre, they are either senile, drunks, tramps or deviants, better known as dirts, they did a good job of running a dirty lying stelh [sic] campaign...”

How about this gem posted by yet another Mr./Mrs. Doe April 15, 2010 at 10:13am: “People of Sierra Madre have voted like the sheep they are. The same sheep who voted in our State Legislature, Our Governor, our Senators and our current President...”

The “Rattler” editor, AKA Sir Eric, has defined at least some of those who voted against him as “Moscateers” (an obvious pejorative comparison to Disney's childish Mouseketeers.) So, if you chose not to align yourself

with the “Rattler's” perspective you qualified as “senile, drunk, tramp or deviant,” “sheep,” or as a small child wearing mouse ears. And you “shouldn't even be casting votes in Sierra Madre...”

I guess introspection is overrated. And Albert Einstein was just plain wrong when he said insanity is doing the same thing over and over again and expecting different results. Should Sir Eric go away? Absolutely not! He performs a valuable service to the community. The voice of dissent is critical to a free society. Should he ratchet down the level of vitriol and hate speech he permits to permeate his blog? Only if he wants to get elected.

Speaking of Mouseketeers, make plans to come to the Sierra Madre Playhouse, Saturday, May 1<sup>st</sup>, or Saturday, May 8<sup>th</sup> at 2:00 pm to see “A Tale of Sleeping Beauty.” If you feel awkward coming as an adult to see this children's participation play, borrow or rent some kids to bring with you. This will be one of those events the children will remember the rest of their lives. Be sure to make reservations by contacting (626) 355-4318. Adults \$18 and children under 12 are \$12. And my favorite, Contemporary Jazz/Pop singer songwriter Jane Fuller will be performing Saturday, May 7<sup>th</sup>, at Café 322, from 6:30 to 8:00pm. Come out for great music and great food.









## The Senior

By Bruce Lamarche

### ANTI-AGING MEDICINE: Fact or Fiction?



Advertisements for pills, potions and lotions that claim to slow, stop or reverse the signs of aging are everywhere. Searching for the fountain of youth has become a national past time. "Ah, for the simplicity of Dr. Watson's Snake-Oil Cure-All."

Anti-aging products flood the market to meet consumer demands. The phenomenon feeds off a number of factors: a cultural obsession with youth; legitimate advances in genetics and clinical medicine; and, entrepreneurs peddling to the desire of consumers to stay forever young. The underlying message has been, "Growing old is undesirable and to be avoided." This contradicts the very essence of the human life cycle.

Many organizations have stepped forward to dispute claims made by the anti-aging medicine industry. They warn Americans that many of these products do not work, and some may cause harm. Anti-aging products have proliferated in recent years due to the Internet and deregulation by legislation. Vitamins, minerals, and herbal remedies as dietary supplements, are outside the monitoring of the Food and Drug Administration. These products are not subjected to the testing and close scrutiny necessary to determine their safety or effectiveness. Many claims are based on partial truths and what seems to make logical sense.

Most consumers believe that if it is "natural" it cannot be harmful and it is not a "real" drug. Natural substances can be harmful and their chemical reactions in the body as powerful as man-made formulas. Older adults are at greater risk because their systems are more sensitive to chemical compounds – they take longer to metabolize and more time to eliminate from the system. Additionally, seniors are more likely to be on prescription drugs that can negatively interact with these substances. For example, the popular supplements ginkgo biloba and St. John's wort magnify the effects of blood thinning drugs such as warfarin and coumadin.

Furthermore, some herbals are contraindicated for certain medical conditions. For example, people with hypoglycemia should not take ginseng and those with Parkinson's disease can worsen their condition by ingesting Kava Kava.

So, how do we know what to take and what to avoid? The U.S. Special Senate Committee on Aging hearing offered the following tips to avoid fraudulent "anti-aging" products:

- 1) If it sounds too good to be true, it probably is. (Where have I heard this before?)
- 2) Ask questions about the product. Find out exactly what it should do for you and what it shouldn't.
- 3) Research a product before buying it. Check reputable websites for info.
- 4) Watch out for so-called "Secret Formulas" or "Breakthroughs of the Century."
- 5) Be wary of products that purport to cure a wide variety of illnesses that don't appear to be related.
- 6) Testimonials and/or celebrity endorsements are often misleading and sometimes are simply fabricated by the product's manufacturer.
- 7) Be very careful of products that are marketed as having no side effects.
- 8) Always consult your doctor before taking any dietary or nutritional supplement, especially prior to surgery.

Trust your instincts and common sense. Drink lots of water, eat your fruit and veggies, exercise with moderation, and . . . laugh a lot! All of these can help create a long healthy life. *This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors', [www.csa.us](http://www.csa.us). Bruce's company, R & B Reverse Mortgage Services helps seniors make an informed decision about obtaining a reverse mortgage. [www.laseniormortgage.com](http://www.laseniormortgage.com) He can be reached at (626) 335-3412.*

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# The Good Life SENIOR HAPPENINGS

**FYI:**

## Health Care Reform: Top Questions For Seniors Answered for Healthcare

### 1. Will I be forced to buy insurance under the new health care bill?

When most people consider the health care reform bill pros and cons, one of the things that they bring up is the fact that people will be forced to buy insurance if they don't already have it. This is only partly true, as current health insurance reform will not force you to purchase insurance right now. If you are not insured through an employer or you have no family health insurance plan, then the health care reform bill may require you to purchase a plan by 2014. This is one of the most important aspects of the health care reform bill summary 2010. You don't have to go out and get insurance right away, as there is a grace period attached.

### 2. What does the health care bill say for people who can't afford insurance?

One of the biggest concerns has been over what people will do if they don't have the money to go out and buy an expensive health care plan. When you study the health care reform bill pros and cons, you will see that people who are living under the poverty line do not have to go out and purchase insurance by 2014. They are exempt from the rules. Additionally, people that make between 100% and 400% above the poverty line can receive credits to help them pay for the insurance. This is the new health plan's way of making sure that everyone has a means of getting on board, even if they aren't doing well financially.

### 3. What if I already have health insurance?

This health plan grandfathers in old plans, which is a definite positive for those people who already have an insurance plan. Under the current health plan, you will not have to go out and purchase anything new. Though you will not be able to modify your plan or change things up nearly as easily, you are free to stick with your current level of coverage and your current provider under this health care reform bill. This is one of the single most important things to take from any health care reform bill summary in 2010 that you read.

### 4. Where does Medicare go?

One of the keys of the health care reform bill summary is to know that Medicare is still going to be alive and kicking. The government made Medicare one of its focuses of healthcare reform this time around. They intend to pay for at least some of the costs of healthcare reform by cleaning up Medicare and making it a more efficient program. A government committee is a part of healthcare reform and will be assigned to cleaning up waste and taking fraud out of the current Medicare system. These savings should help to pay for the program to some extent. What things will the government mandate from insurance providers? One of the keys to the current health reform is that insurers are going to be required to maintain a certain level of care. They will have minimum benefits that are required, which might force some of the premium prices up. The government has not set a ceiling on benefits with this health reform program, so people can still get luxury healthcare plans if they see fit. The key to the health care bill is basically seeing that everyone is protected as much as possible.

### 5. What about my pre-existing conditions?

No health care reform bill summary in 2010 would be complete without mentioning pre-existing conditions. The health insurance reform plan puts restrictions on how insurers can deal with these conditions. In this health care reform bill summary 2010, we have learned that the new health insurance reform stops insurers from withholding coverage on the basis of pre-existing conditions. Though they can modify their plans and change about pricing options, insurers must still provide coverage to people who currently have illnesses or conditions. \*Excerpts from [www.todaysseniors.com](http://www.todaysseniors.com)

## Staying Independent – How to Avoid Falls

Arcadia Senior Services Department is having a health presentation on Tuesday, April 20, 1:30pm at the Arcadia Community Center, 365 Campus Drive. Dr. Giancarlo Licata, D.C. will continue his lecture series, "Staying Active and Independent", and this seminar will focus on "5 Ways to Avoid Injury". The increased number of falls after age 65 and the increase in significant complications from falls is well known in the health care community. However, there is something that individuals can do about avoiding falls. This health presentation will discuss practical tools to maintain and even increase your quality of life.

Advanced registration is required. For reservations before April 15 or if you have questions, please contact Arcadia Senior Services at 626.574.5130.



**Call 626.836.8353  
Fax 626.836.8373**

## Recipe of the Week:

### Fresh Strawberry Pie

#### INGREDIENTS:

- 2 cups granulated sugar
- 6 tablespoons cornstarch
- 1 package strawberry flavored gelatin, 4-serving size
- 2 cups water
- 4 pints strawberries, hulled
- 2 9-inch baked pie shells, cooled

#### DIRECTIONS:

Cook sugar, cornstarch, jello and water until thick; cool. Place whole berries the baked pie shells. Pour sauce over berries and refrigerate until thoroughly chilled. Serve with lightly sweetened whipped cream or whipped topping.

## April Birthdays



Blanca Martinez, Lillian Snyder, Dorothy White, Betsy Abbe, Freda Bernard, Beth Copti, Terry Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Betty Mackie, Ethelyn Polley, Elizabeth Rasmussen, Anne Schryver,

## Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday-Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday:  
1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday:  
2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon

3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment  
1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play

5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday:  
11 -11:45 am: Balance Class with Teryl. FREE

class designed to improve balance & refresh the joints

2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday:  
1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.

5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday:  
1:00 pm: Ping Pong  
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm

**Free Lawn Bowling Lessons:** The Santa Anita Bowling Green Club will have beginning lawn bowling lessons each Saturday morning starting at 10:00 AM. Located just north of the golf course at 405 S. Santa Anita Ave.< free parking> For information call Gene at 626.351-5327.

## NEW Box Meals at the Senior Lunch Café

The senior lunch program is pleased to offer special box meals that can be ordered & taken home. Participants must be 60 years or older, make a reservation 24 hours in advance, come to the Hart Park House to sign & make a \$2 donation and bring an insulated container to carry out the box meal. There is a special box meal menu available at the Hart Park House - for more information or to reserve a meal, please call (626) 355-0256.



## Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

## MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS \*\*ONCE A MONTH OR WEEKLY\*\*

Please contact Darlene Traxler at  
626.355.6220 or  
(626) 355-0256.



## MONTHLY EXCURSIONS

**Friday, May 14** - LA Central Library Tour & Lunch - 9 am to 3 pm; \$7 for transportation only - lunch on your own.

**June TBA** - Cheese Factory Tour & Lunch at a Temecula Winery

May excursions are open and reservations can be made by filling out a registration form & making payment. For questions, please call the Senior Desk at (626) 355-7394.

## SIERRA MADRE'S FARMERS MARKET!

### Wednesdays 3-7pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.

*Free public parking on Mariposa.*





Chris Bertrand

## One Of A Kind: *Featuring unique homes & gardens and the people who create them* Story and Photos By Chris Bertrand

### Garden Spreads Goodwill to Generations of Schoolchildren

some fields with grass, an office or two. It's all about functionality. Yet... hidden now to outsiders is a treasured "Garden of Goodwill" built seven decades ago, in a different era.

A plaque created in 1995 reads, "This garden was created in 1931 by grateful parents of Japanese-American students. It was destroyed by vandals during WW II as the caretakers were taken away to internment camps. It lay buried for 50 years. In 1995, it was rediscovered and restored by the efforts of the sixth grade class of 1995 and Lew Watanabe (A true ambassador of goodwill) in hopes of healing the wounds of war. PEACE ON EARTH, GOODWILL TO ALL.

A "Goodwill Garden" in the Japanese garden tradition, was constructed in 1931, not in the middle of the city of Sierra Madre, not at a park, but in the heart of an elementary school. Sierra Madre Elementary School treasures the history



and tradition handed down through generations of children and adults who had a part in its initial creation by Japanese immigrants a century ago; the students and townsfolk who unearthed and rebuilt it in the early 1990's, as well as the dedicated 5<sup>th</sup> graders, school staff, neighbors and garden lovers who maintain it today.

Lew Watanabe, the garden designer, mentioned on the plaque, took me to this hidden treasure this week. The 1931 iteration of this Japanese garden and koi pond celebrated the opening of Sierra Madre's new school at Highland and Auburn. Contrary to other neighboring communities, Japanese immigrants here were assimilated and welcomed into the community. Decades later in the 1990's, an LA Times article titled "In Search of Mr. Kato", referenced a Japanese garden once located on the grounds

of a Sierra Madre school, with elements created by Roy Kaya, including a cement bridge make to resemble wood. 6<sup>th</sup> graders Natalie Sandoval and Alex Johnstone set about excavating an overgrown area at Sierra Madre Elementary. Much to their excitement, they uncovered the remains of a bridge inscribed with "Roy Kaya, Mar. 1931." They had found the garden.

More excavation revealed the disintegrated outline of a pond and a lantern base. Library research led the students to find articles about the garden, and even some of the students in a 1931 photo of the original dedication ceremony, Helen Obazawa, Yoneko Hashimoto, Tommy Honda and Dr. George Shimizu. Though built as a gesture of goodwill, anti Japanese sentiment during World war II and the garden's ensuing vandalization probably led to it being covered over with dirt and eventually mostly forgotten. Fed by the fervor of their discoveries, the students were determined to get the garden restored. They were referred to Lew Watanabe, who agreed to donate his well-known garden design talents and leadership toward the restoration. He was delighted that young children were interested, excited and cared about such a project. Two old photos from different angles provided the basis for the rebuilding work.

Fundraisers began in earnest and \$15,000 was raised from bake sales, car washes, and sales of handmade garden angels and origami cranes, with funds eventually coming in from all across the United States. Watanabe tapped his vendors, and San Gabriel Nursery donated a concrete lantern, other suppliers including Norman's Nursery donated most of the plants and materials. As word got around, a concrete lantern from a Japanese garden on a Lima Avenue estate was donated by a couple who had purchased it earlier for their condo's back yard. Watanabe worked with "cement master" and local resident now deceased, Gerald Twedell to recreate the bridge and outlines of the pond, the central lantern and other elements. The young sago palm in the original picture was now a multi-trunk beauty. A volunteer or randomly planted conifer was kept, and enhanced when Watanabe exposed a massive root giving the hillside rise a horizontal anchor element in the waterfall area.

Some enhancements were incorporated. Watanabe created a sound box behind the waterfall to amplify the splash volume of the water. A small bamboo fountain was added near the walk path. Watanabe added complementary landscaping on the walkways next to the



building, bamboo fencing hid some of the concrete retaining walls and Japanese style wood walls were built in one area. Watanabe assembled another team to build a complementary shade structure for the adjacent lunch area.

The restoration was completed and a rededication took place in 1995, to quite a bit of local media interest. The consensus was that this garden helped heal the wounds of war with its tranquil setting and intrinsic, soothing beauty. Today's students grew up with this garden around them, though it's not taken for granted. The Jameson Foundation is one of the



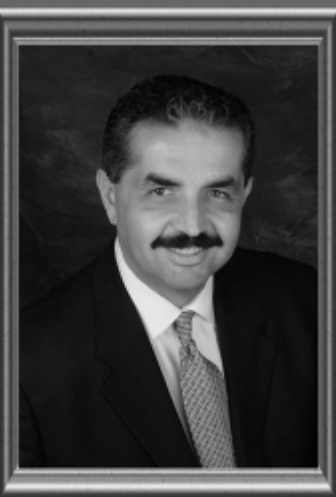
organizations that contributes to Watanabe's maintenance of the garden and koi pond, as well as many individuals. Fifth graders, now the "senior" students on the campus, care for the raking of the sand into a water pattern around the boulders, passing the torch year to year. Neighbors feed the fish when the school is closed. Watanabe's crew and the Pasadena Unified staff interact regularly to make sure the delicate balance of the pond and the landscape is maintained.

The Goodwill Garden, "Makes me feel like

my school is special and it reminds me of my house," says Georgia Miller, 10, a Sierra Madre 4th grader, whose Lima St. backyard garden is California's oldest private Japanese garden. Her mother, Karen Miller, has spent time pulling weeds in the miniature garden. "It's a remarkable replica of a full-size Japanese garden, with its iconic elements, the bridge, snow lantern, koi and 'karesansui' or rock-and-sand Zen garden. The wonderful thing is that this is just where the children eat lunch, just the place the children pass by on the way to the playground. It is fully integrated into the grounds as an ordinary part of everyday life here, like every garden should be."

PTA president, Melissa Moore Castillo commented, "Visitors coming to the campus will not find a Japanese garden of grand scale. Instead, you will find a small, lovingly rediscovered and restored garden... It is an unexpected find, a little oasis of peace in the midst of a bustling school of nearly 700 students. The bridge, pond, lantern, and simple, elegant plants and shrubs anchor a spot that children, teachers, and parents pass by each day on their way to and from the playground. It is a daily reminder that both the original garden creators, and those who lovingly restored and expanded the garden in 1995, also shared the same grateful appreciation for the education of the children of Sierra Madre as our families do today."

Just another way Sierra Madre and its residents continue to defy the grit of everyday life in this unique corner of LA We take what might otherwise sink into mere function and remind ourselves that the beauty and goodwill, too, must be maintained to heal our wounds and soothe our souls.



## Tips of the Trade: Real Estate Revealed

by *Luther Tsinoglou*

# DEFINITELY MAYBE

Although less than ideal, sellers are seeing more "contingency" contracts, wherein the buyers make their offer contingent upon being able to sell their own home first to complete the purchase. If the buyers aren't successful, their Offer To Purchase becomes null and void, potentially leaving the sellers at Square One.

A compromise has developed, called a "kick-out clause," which is wording included in the contract that allows the sellers to continue marketing their home, even while under contract. If the sellers receive another offer, the buyers are granted a "kick-out" period - usually 72 hours - to respond by removing their self-first contingency or by securing financing and completing the purchase.

Unfortunately, the chances are that most buyers who must sell first likely won't qualify for another loan on the new property. If the buyers fail on both counts - selling and financing - then

the sellers have the right to accept another offer from qualified buyers.

While this might seem to put the buyers at a disadvantage, the sellers must have some sort of protection against an offer that could tie up their listing indefinitely and perhaps never be consummated.

Consider including language in the contract that also requires the buyers to begin aggressively marketing their own home within a specified period. If the buyers don't leap to action, the contract can be voided.

*Luther Tsinoglou has just been named the top producing sales agent in Dickson Podley Realtor's Sierra Madre office for 2009, making the top 10% at the company overall. Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in Southern California. Luther can be reached at his direct line (626) 695-8650 or at luther@tsinoglou.com.*

## Serenity in the Sierra Madre Foothills



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This gorgeous 1913 updated Craftsman offers 3 bd, 2 ba, living room w/ fireplace, kitchen w/ granite counters, built-in stainless appliances. Hardwood floors, new copper plumbing, & updated electrical. 2-car carport & wrap around porch.

560 W. Duarte Rd. Monrovia  
\$1,395/month



Updated 2 bd, 1-ba unit offers kitchen w/ new cabinets, dishwasher, microwave, stove, A/C & heat, new bath, wood floors, custom moldings & paint & updated windows. Building offers laundry facilities, BBQ area/patio and covered parking. Apprx. 975 sq.ft.

4519 Elrovia Ave. El Monte  
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## 48th Annual Sierra Madre Art Fair

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