

The Mountain Views
News Says:
**YES ON
MEASURE
CC!**
Do it for our children!

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Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

SATURDAY MAY 1, 2010

VOLUME 4 NO. 17

Mayor Joe Mosca!

After Years of Mean Spirited Political Stonewalling, Mosca Is Sworn In As Mayor



Residents watched with great anticipation as Mosca, Walsh and Moran were sworn in.

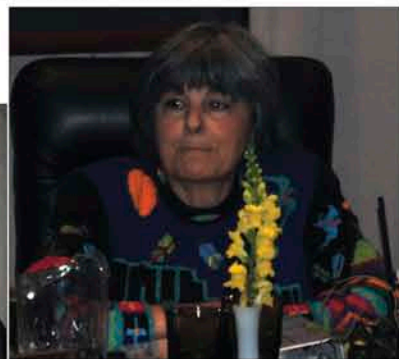


Photo credits: Dave Felt (above) S. Henderson (below)



Mayor Mosca and his proud parents who flew in from Rhode Island to surprise him. They were present in 2008 when the council circumvented tradition and refused to seat him. Photo by: D. Felt

Mosca being sworn in by City Clerk Nancy Shollenberger (above) Photo by Chris Bertrand The new council majority (below), L to R Walsh, Mosca, Moran and Zimmerman. Photo by S. Henderson



MacGillivray was the lone dissenting vote on both Mosca and Buchanan. Prior to leaving the council, Zimmerman asked that MacGillivray be made Mayor Pro Tem

Packed House Ushers In A New Era In Sierra Madre

Newly Elected Council Makes History

By Susan Henderson

Sierra Madre Fire Marshal Rich Snyder had his hands full on Tuesday night when over 240 residents and guests descended upon City Hall to witness the long awaited swearing in of Joe Mosca as Mayor. The council chambers were filled to capacity long before the meeting began at 6:30 and it was soon necessary to expand beyond the confines of the building to the patio outside. A television was rolled outside so that attendees could view the meeting on SMTV 3.

Prior to the installation of the new council members, supporters and opponents of outgoing Mayor Mary Ann MacGillivray dominated the microphone.

Presentations were made to Councilman Don Watts who lost his re-election bid, thanking him for his service on the council and Kurt Zimmerman who chose not to run for re-election.

John Buchanan made the historic nomination, actually for the second time. In 2008 when he nominated Mosca for what traditionally would have been his 'turn', MacGillivray, Watts and Zimmerman voted it down and Zimmerman became Mayor. In 2009, again when the rotation called for the election of Mosca, the trio voted in MacGillivray. However this time, the vote was 4 to 1 in favor of Joe. Buchanan was voted in as Mayor Pro Tem, also 4 to 1.

In what appeared to be a last ditch effort to again circumvent the mayoral rotation, MacGillivray asked whether or not the old council selected the new Mayor. The response from the audience answered her question.

When the new council was seated, it not only marked the first time that the city has sworn in an openly gay Mayor, it was the first time, according to long time residents, that two women have been seated on the council at the same time.

MacGillivray was clear about her displeasure with the electorate's choice of who should lead the city. In her closing remarks as Mayor she said, "In a speech about Allied Forces' victories and the U.S. decision to enter World War II, British Prime Minister Winston Churchill warned Congress in 1941 "that though hope had returned to the hearts of men and women, Quislings" - or traitors - "are everywhere. So beware." She added, "Sounds like very good advice, indeed," comparing the newly elected council to Nazi sympathizers. The statement went mostly unnoticed at the time, however, when it appeared in the *Pasadena Star News* along with allegations that Mosca, Walsh and Moran are against slow growth, it angered many.

The pro-development accusation is something Joe Mosca has been refuting for years and there has been no evidence that he is in favor of out of control development in Sierra Madre.

Councilman Walsh said, in response to the statement, "I support managed growth, that is, slow growth. I would like to see a vision for our city that reflects our small town character. All development and new business would be measured against our joint vision. I voted for Measure V, and I want the town to remain low profile. Most people to whom I spoke during the campaign want to be able to walk along Sierra Madre Blvd. and see our beautiful hills. That is what we are all about, isn't it?"

LIBRARY RECEIVES DONATION TO ASSIST THOSE WITH LEARNING DISABILITIES

Nearly 20 new books dealing with Learning Disabilities and other related disorders were donated to the Sierra Madre Public Library by the Los Angeles Learning Disabilities Association (LALDA). The non-profit volunteer organization of parents, professionals, and adults with learning disabilities, worked with Library staff to hand pick books of high interest, creating a collection of the best books for parents of children with learning disabilities. LALDA president Judy McKinley said the books represent a wealth of information for parents and also for adults who are dealing with their own issues, including Attention Deficit Disorder and Dyslexia. In addition, several of the books offer guidance in dealing with schools and other agencies in identifying needs, understanding rights and options, and securing services.

Judy McKinley and Cathy Fickas were instrumental in selecting the books. They said LALDA is always looking for ways to connect with people who need the organization's support. Since their affiliate office is located in Sierra Madre, it made

sense to partner with the Sierra Madre Library in providing important information to the community. In addition to the new collection at the library, LALDA's office also has materials including videos and CDs available to borrow at no charge. Promoting and supporting the education and general welfare of children and adults with learning, perceptual, and/or behavioral handicaps is LALDA's goal. They can be reached at 37 Auburn, Suite 3, Sierra Madre, Sierra Madre, CA 91024, 626-355-0240, and email: lalda@verizon.net.

Stop by the Library for a complete list of the books in this exceptional collection, which was made possible by a grant from the Sierra Madre Civic Club. The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. Closed on all major holidays. For information on all our Library activities and services, please call (626) 355-7186, or visit our website at www.sierramadre.lib.ca.us.

SIERRA MADRE PUBLIC LIBRARY WILL BE DROP-OFF LOCATION FOR MEASURE CC BALLOTS

Election workers from the L.A. County Clerk's Office will accept hand-delivered mail ballots for Measure CC Tuesday, May 4, from 7 a.m. to 8 p.m. This will be the final day ballots will be accepted in time to be counted.

Sierra Madre Public Library, 440 W. Sierra Madre Blvd., from 7 a.m. to noon at the front entrance and noon to 8 p.m. in the reference room.

Two additional drop-off locations May 4 will be Metropolitan Baptist Church, 2283 N. Fair Oaks Ave. in Altadena, from 7 a.m. to 8 p.m.; and in the grand entrance of Pasadena City Hall, 100 N. Garfield Ave., from 7 a.m. to 8 p.m.

For more information visit <http://lavote.net/LOCATOR/ballot/676/pasadena.pdf> or call (562) 462-1310.

48th Annual Sierra Madre Art Fair

Saturday, May 1 - 9:30 a.m. to 6 p.m.
Sunday, May 2 - 9:30 a.m. to 5 p.m.

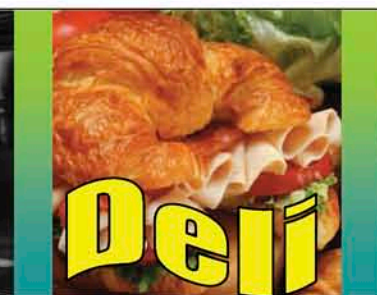


Free Admission

About 100 Artists, Children's Activities,
Live Entertainment and Food Court

Sierra Madre Memorial Park
222 West Sierra Madre Blvd., Sierra Madre, CA

for event information: 626.355.7186 or www.sierramadrelibraryfriends.org
Benefits Sierra Madre Public Library



Enjoy your coffee
without rain
hassles!
Free covered parking
off Michillinda

Niko & friends
Coffee - Deli
900 Valley View Ave, Pasadena, 91107
626-610-6151 M-F: 7-6, S: 8:30-1:30,
Closed Sunday

Weather Wise

5-Day Forecast Sierra Madre, Ca.

Mon: Sunny	Hi 80s	Lows 50s
Tues: Sunny	Hi 70s	Lows 50s
Wed: Ptly Cldy	Hi 60s	Lows 50s
Thur: Sunny	Hi 70s	Lows 50s
Fri: Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service



Five faiths to Unite for Arcadia National Day of Prayer

Members of five major San Gabriel Valley faith traditions will join in a public evening service celebrating the National Day of Prayer on Thursday, May 6, at 7 p.m. at Santa Anita Church, 226 West Colorado Boulevard in Arcadia.

The event is being presented by the Arcadia Interfaith Action Group, a consortium of leaders from some twenty faith organizations in the area.

This year's service, themed "Prayer for Times Such as These," will be the only San Gabriel Valley interfaith observance at which Baha'is, Buddhists, Christians, Jews and Muslims join in celebrating the shared beliefs and values that unite them as Americans. During the evening, each faith will share a small part of its practices to help attendees realize that there are more similarities than differences among them.

The National Day of Prayer was established in 1952, when the US Congress designated the first Thursday in May as a time for all Americans, regardless of their faiths, to come together and pray in their own ways.

All monies contributed to the evening's offering will go to local assistance agencies in the area, including Foothill Unity Center, which in the past year distributed nearly 4,000,000 pounds of food to 3,974 unduplicated very low-income families in eight San Gabriel Valley cities.

For further information on the Arcadia National Day of Prayer, call (626) 447-8053.

Sierra Madre Community Observance National Day of Prayer

Thursday
May 6, 2010

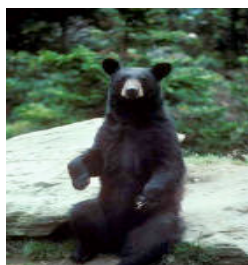
Noon-12:30

**Sierra Madre
Memorial Park
(under the flag pole)**

**Corner of Hermosa Ave
and Sierra Madre Blvd**

*Join your neighbors
to pray for our local,
state & federal elected
officials...and know you
have made a difference
Questions? Call
626.3551522*

BEARS our New Urban Immigrant



Learning to Live with Bears

Presentation by:
The Lake Tahoe Bear League
+
Sierra Madre Police Department

Living with Bears in Your Backyard?
Dipping in your pool - Lounging on your lawn
Like them or Not this meeting is for you!

When : Sunday May 2, 2010

Time : 1:00 pm

**Where: 141 W Highland Sierra Madre
Sierra Madre Middle School**

Why:

Because

Education

Always precedes

Respect + Responsibility... it's up to all of us to respect the lives and nature of the animals in our midst and to accept the responsibility of keeping them wild and our environment safe, for our families.



Ann Bryant
Executive Director
Sierra Madre Police Department

Lake Tahoe Bear League

www.savebears.org
530-525-PAWS
626-355-1414

What we do not understand, we fear... come and find out what you can do to make your space safer and Save the Bears at the same time.

EPISCOPAL CHURCH OF ASCENSION TO CELEBRATE 125 YEARS

Church of the Ascension in Sierra Madre was established in 1885, making it the oldest church in Sierra Madre. On May 16, the church will honor its 125-year anniversary with a special thanksgiving Evensong at 5 p.m., with special music. The event is free to the public. Clergy leaders from the Diocese, along with public officials, will be invited.

Following the program, a potluck will be held in the parish hall, featuring a program on the history of the church. One of the highlights of the event will be the renaming of the Hall as Fanny Hawks Hall, in honor of the founder of Church of the Ascension. Fanny Hawks's great nephew, Fr. Roger Woods, an Episcopal priest at Ascension, will participate.

Church of the Ascension is located at Baldwin and Laurel in Sierra Madre. For further information, call (626) 355-1133.

"THE RAINMAKER" ARRIVES APRIL 30 AT SIERRA MADRE PLAYHOUSE

WHAT: "The Rainmaker." The classic romantic comedy.

WHO: Written by N. Richard Nash. Directed by Bob Hakman. Produced by Ward Calaway for Sierra Madre Playhouse.

WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Abundant free parking behind theatre.

WHEN: Opens Friday, April 30, 2010 at 8 p.m., runs through Saturday, June 5. Dark on Sunday, May 2. Regular show times: Fri. & Sat. at 8, Sun. at 2:30. Opening night April 30 performance preceded by Champagne reception and light buffet at 7:15 p.m.

ADMISSION: \$20. Seniors (65+) and students (13-17), \$17. Children 12 and under, \$12.

RESERVATIONS:
(626) 355-4318.

ONLINE TICKETING:
www.sierramadrepayhouse.org

**HUNTINGTON
VETERINARY HOSPITAL**
626-357-2335
MON-FRI 9-6PM
SAT. 9-2
535 West Huntington Drive in Monrovia

MEDICINE:
•Annual Exams
•Vaccinations
•Dentistry
•Behavioral Counseling
•Dermatology
•In House Laboratory

SURGERY:
•Orthopedics
•Neurosurgery
•TIPO
•Soft Tissue

Gary R. White, DVM

2010 Mount Wilson Trail Race

8.6 mile course, begins and ends on pavement, in between it's a dirt path no more than 3 feet wide.

Elevation gain of more than 2,100 feet. Turnaround point is at Orchard Camp, 4.3 miles from race start. Much of the race is on the Mt. Wilson Trail, with occasional vertical drop-offs of several hundred feet. Emergency support is stationed along the course to provide aid, if needed. Boy Scout and Cub Scout troops provide water at two locations, the 2.3 and the 4.3 (turnaround) mile marks.

Registration forms for the Mount Wilson Trail Race are now available at the following locations: Sierra Madre City Hall, Sierra Madre Library, Sierra Madre Chamber of Commerce, and Community and Personnel Services Office. Electronic registration forms can be downloaded at www.mountwilsontrailrace.com and is attached to the email. Be sure to register early as the Mount Wilson Trail Race is limited to 300 participants. For more information call 626-355-5278.

2010 Mount Wilson Trail Race – Volunteer Opportunities

RACE COMPONENTS:

Pasta Feed Dinner – May 28, 2010

The pasta feed dinner is held the Friday before the Mount Wilson Trail Race. The dinner is sponsored by Café 322, which provides the food for the event. The dinner is open to anyone, not just race participants and costs \$7.00 per person. The pasta feed dinner is held in Kersting Court from 5:30pm-7:00pm.

- Arrive at 3:00pm, Kersting Court
- Assist with table and chair setup, distribution of food, and event clean up.

Race Day Set Up – May 29, 2010

The Mount Wilson Trail Race begins at 7:30am; however setup for the event will start at 5:00am. The registration area, kids' art show, and trail race booths will need to be set up prior to the event along with barricades and other miscellaneous race components.
- Arrive at 5:00am, Kersting Court
- Assist with set up of: kids' art show, booths, and registration area.

Kids Fun Run – May 29, 2010

2010 marks the 5th year of the Kids Fun Run. Youth ages 3 and up will race one mile, starting at Kersting Court, running up Baldwin Ave., and back down to Kersting Court. The race begins at 7:45am for the older youth, and 7:50 for the younger youth. The race is open to any child that wants to participate and the first 150 youth receive a free t-shirt as well.
- Arrive at 7:00am, Kersting Court
- Organize youth into two groups; 6 and under, 7 and up.

Beer Garden – May 29, 2010

The beer garden is sponsored by Spaten West, with all proceeds donated to the Sierra Madre Search and Rescue. The Spero Foundation will provide the ABC License for the event. The beer garden will be held in Kersting Court, from 9:00am – 11:30am.
- Arrive at 8:00am, Kersting Court
- Assist with checking of ID at entrance, setup of beer garden tables and chairs.

Kids Art Show

For 2010, the Kids' Art Show will utilize old running shoes as the canvas for the art show. We are seeking donations of old running shoes in order to have enough for youth to decorate. Please drop off old running shoes at the Community Services Office.

If you are interested in assisting with the Mount Wilson Trail Race please call Adam Matsumoto, Recreation Supervisor at 626-355-5278 or by email at amatsumoto@cityofsierramadre.com.

SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7 pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.

Free public parking on Mariposa.

Live from Burger Continental The Harvey Hyde Show

535 So. Lake Ave. Pasadena (626) 792 - 6634
Every Thursday 6:00 pm - 7:00 pm
Hard-hitting, High impact sports talk radio
KSHIP Las Vegas - 1400 AM

Sierra Madre Volunteer Firefighters Association

Annual Pancake Breakfast

Saturday, May 15th, 2010
Station 41 - 242 W. Sierra Madre Blvd.
7:00 - 11:00 a.m.

featuring . . .

OUR SPECIAL FLUFFY PANCAKES

Fresh Starbucks Coffee

Savory Sausages

Fire Prevention & Safety

Educational Information



Made possible by



Thank You to all our local businesses for your support and donations!
Special Thanks to Leonora Moss, Savor the Flavor and Chandler School

All proceeds will benefit the Sierra Madre Volunteer Firefighters Assoc. and its local charities.

Artists in the Garden at Descanso Gardens Art Class for Youngsters Offered

The natural setting of Descanso Gardens is the perfect backdrop for children in grades 3-5 to explore the basic principles of art, using a variety of media.

"Artists in the Garden" is a four-week series that runs 4-5 p.m. on Tuesdays, May 4 to May 25.

Cost for the workshop is \$50, \$40 Descanso members.

For more information, call (818) 949-7980 or visit www.descansogardens.org.

Sierra Madre Chorale Spring Concert

Under the direction of Fred Copeland and accompanied by Stephanie Wan Hsiu Lan the chorale will celebrate their 15th Anniversary

With Songs Of the Old and New

Friday May 21, 2010 at 7:30 p.m.

and

Sunday May 23, 2009 at 4:30 p.m.

Sierra Madre United Methodist Church
695 W. Sierra Madre Blvd,
Sierra Madre, Ca

Donations \$7.00 Advance -\$8.00 at the door-children under 12 admitted free

Choir rehearsals are on Monday evenings 7:30 to 9:30 at 695 W. Sierra Madre Blvd. Sierra Madre if you enjoy singing please join us (no tryouts necessary)
For further information please call Susan Beach at 626-357-0560

REMEMBRANCES

Ruth Tiegler



Longtime Sierra Madre Resident Ruth Teigler Passes Away

Ruth Jean Teigler, longtime Sierra Madre resident and volunteer passed away on April 21, 2010.

Ruth was 89 years old at the time of her passing. Ruth was born on August 6, 1920 in Newark, NY.

After graduating high school, Ruth attended college in Louisiana. She came back to Rochester

New York where she met and married Karl Tiegler. They eventually settled in Tyler, Texas before moving to Sierra Madre in 1963. After over 40 years in Sierra Madre, Ruth and Karl moved to Kokomo to be closer to their daughter.

In Sierra Madre, Ruth was very active in the community. She was an active member and president of the Sierra Madre Woman's Club and an avid supporter of the Sierra Madre Rose Float Association. She was a member of the Commission on Aging and ran for a seat on the city council in 2002.

In Tyler, Texas, Ruth was an active member and president of the League of Women Voters and was involved in establishing a new Episcopal Church.

Ruth was preceded in death by her husband, Karl, her son, Timothy, her parents and two brothers. She is survived by her daughter, Dian Tiegler, Carson City, NV; her daughter, Katherine, and her husband, Dr. James Scheffler, Kokomo; and her daughter-in-law, Louise Tiegler, Carson City, NV.

Ruth will be laid to rest in Sierra Madre, alongside her beloved husband, Karl.

A graveside service will be held at 10:00 a.m. Saturday, July 17, 2010 at the Pioneer Cemetery, Sierra Madre. The family will welcome memorial contributions, in lieu of flowers, to the Sierra Madre Rose Float Association.

Shirley & Stout Funeral Home is assisting the family with arrangements. Messages of condolence may be left online at www.shirleyandstout.com.

Marilyn Maureen Sailor



Marilyn Maureen Sailor, age 84, died on Saturday, April 17, 2010 from complications of pneumonia.

Marilyn resided in Sierra Madre for more than 50 years. She was a member of the League of Women Voters for many years and served on their Board of Directors.

A native of Kansas where she was born in 1926, her true home was Sierra Madre, "wouldn't have chosen to live anywhere else", she often said.

A medical transcriptionist by profession, she worked with several area hospitals and eventually opened a home based medical transcription service.

Her hobbies included music, concerts and gardening. She was also an avid reader. A generous and hospitable person, Marilyn's door was always open to friends and family.

Marilyn is survived by her two children, Melinda Sailor Monachino of Sierra Madre and Mark W. Sailor, a former Sierra Madre resident.

Services will be held on Friday, May 7, 2010 at 3:00 pm at the Church of The Ascension, 25 East Laurel Avenue, Sierra Madre.

The family asks that in lieu of flowers, donations be made to a worthy charitable organization of your choice.

Steven Beattie Patrick



Design engineer Steve Beattie Patrick, whose visionary work with Walt Disney Imagineering, Jet Propulsion Laboratory and his own company, Interactive Design Engineering, ranged from projects such as the Mars Rover to theme park rides to concert stage effects for performers Madonna, Michael Jackson and Paul McCartney, has died at the age of 59 after a year-long battle with kidney cancer.

Mr. Patrick was born on December 2, 1950 near Kyushu, Japan to Haruko Ota-and Roy Beattie Patrick--originally from Laramie, Wyoming and living in Japan while serving in the U.S. Army. The Patrick family moved to the U.S. in 1957, eventually settling in the San Fernando Valley.

Mr. Patrick graduated from California State University at Northridge in 1975 with a Bachelor's of Fine Arts. Under the mentorship of Walt Disney Company Legend Bob Gurr, he subsequently designed ride vehicles for Disney's EPCOT Center, then worked at Universal Studios where he designed the simulator motion base for both "Back to the Future" (now "The Simpsons" ride) and "Earthquake L.A." He was an active member of the Themed Entertainment Association.

In 1992, Mr. Patrick formed Interactive Design Engineering (IED), and provided engineering for consumer companies and online platforms such as Xulu, as well as designs for the entertainment industry--concert tours and theatrical equipment--and continued his work with theme parks, including Universal Studios Japan.

He began his work with Pasadena's Jet Propulsion Laboratory and Caltech as an independent contractor, and was brought on as a full-time member of JPL's mechanical section in 2001. He worked on sampling systems for the Mars Science Laboratory, and testing for JPL's Aquarius project, which collects sea surface salinity data over the global oceans. He developed and designed mechanisms, new technology and flight instruments for various projects, and played an important role in the Space Technology 7's Disturbance Reduction System (DRS) to be tested in the upcoming LISA Pathfinder mission, flown by the European Space Agency. Mr. Patrick received JPL's prestigious Team Bonus Award from the Solar System Exploration Directorate as well as several Certificates of Appreciation for his contributions as a Cognizant Engineer.

In 2007, he opened the California office of Dynamic Structures, LTD, a Vancouver-based company on the forefront of the international amusement ride industry, and Canada's leading international designer and builder of telescopes and enclosures for astronomy. "Through Dynamic Structures, Steve worked on what will be the world's largest telescope, the Thirty Meter Telescope, a U.S.-Canadian project, and played a significant engineering role as the company developed solutions for new and exciting theme parks," says David Halliday.

An avid fly fisherman, photographer and sculptor, he loved to spend time in the Eastern Sierras and national parks. Mr. Patrick was a lifelong car enthusiast and a valued member of the Porsche 912 Registry and Porsche Club of America. He was a leader of Boy Scouts of America Troupe #288 in La Crescenta, and a member of Sierra Pacific Flyfishers. He loved food, wine, music, and also enjoyed studying art, archeology and anthropology; he recently traced his paternal genealogy to 11th century England.

Steven Patrick died on April 23 at his home in Altadena, California surrounded by friends and family members.

He is survived by his wife, Debbi Swanson Patrick, sons David and Christopher from his previous marriage, mother Haruko Ouellette, sisters Angelique Ito and Irish Jacobs, as well as beloved aunts and uncles, nieces, nephews and cousins.

Memorial services will be scheduled at a later date. In lieu of flowers, donations can be made in Steven Patrick's name to [The Awareness Center](http://www.theawarenesscenter.org) in Pasadena via check or to [Southern California Hospice Foundation](http://www.southern-california-hospice-foundation.org) online.

Sierra Madre

A Mother's Day Tea with Laura Ingalls Wilder

There are still tickets left for "A Mother's Day Tea with Laura Ingalls Wilder", which will be held on Saturday, May 8, from 11:30-2:00, at the lovely Essick House, 550 W. Sierra Madre Blvd., Sierra Madre 91024.

Nineteenth-century life on the prairie will come alive as performance artist Judith Helton presents a one-hour program, performing as Laura Ingalls Wilder, the author of the Little House on the Prairie books. Ms. Helton will tell stories from the books, show pictures of the real Ingalls family, demonstrate artifacts of prairie days, and answer questions from the audience. As a child, Laura Ingalls traveled with her family by covered wagon across the Midwest, and then later made another covered-wagon trip with her husband Almanzo Wilder, and daughter, Rose, to Mansfield, Missouri. Though she died at age 90, Ms. Wilder will forever be remembered as the plucky pioneer girl in her beloved Little House series. Following the program you'll enjoy afternoon tea and a buffet of delicious sweets and savories.

The cost is \$20.00 for adults and \$8.00 for youth under 17. Tickets may be purchased at the Library and Woman's Club. The Sierra Madre Public Library is located at 440 W. Sierra Madre Boulevard in Sierra Madre. This program is based on the LITTLE HOUSE books by Laura Ingalls Wilder. Presented by arrangement with the copyright owner, Little Heritage Trust.

For more information, please contact Polly Bonnett at 626-355-7186, or visit www.cityofsierramadre.org. This event is co-sponsored by The Sierra Madre Woman's Club and the Sierra Madre Public Library. Proceeds will benefit Woman's Club charities.

Duarte

Azusa Cancels Meeting to Decide Vulcan EIR -More Time Needed for Review

By Barrow Huffman

A special Azusa City Council meeting that was to continue deliberation on Vulcan Materials Company's proposal to move mining operations to a mountain ridge over Duarte homes and schools was abruptly canceled to allow staff more time to review issues and concerns associated with the plan. A new date for the meeting has not been set. Azusa Mayor Joe Rocha was quoted in a San Gabriel Valley Tribune article as stating: "I think there are some new questions that were posed ... so we want to investigate and look into those some more. I know I have some. For me there is no rush to go through this."

At the Azusa public hearing on the Vulcan expansion plan held on April 19, the City Council was presented with the results of a geologic analysis of the mining site that raised new concerns about the threat to public safety of the proposal. It also disputes the accuracy of what Vulcan contends is an equal 80 acre for 80 acre swap to move mining operations from the east side of the quarry to the west above Duarte. The City Council also received new comments on the Vulcan Environmental Impact Report from the South Coast Air Quality Management District, City of Hope, and the City of Duarte.

More than 200 people packed the Azusa City Council chambers on April 19 and some 65 took to the microphone to express their views on the Vulcan mining expansion plan during 5-½ hours of presentations and public input.

The meeting began with a review by Azusa City staff of the proposed Revised Conditional Use Permit, Environmental Impact Report, and Development Agreement. According to the terms of the development agreement, Azusa would receive from Vulcan \$1.5 million in advance mining taxes upon approval of the plan, and \$500,000 a year minimum payment thereafter in advance mining taxes. Azusa would also receive a discount on aggregate for City projects, .055 cents per ton on overburden material extracted, and a one time payment of \$75,000 for scholarships program, river grant, and library construction.

Vulcan public relations representative, Todd Priest followed with a review of the plan. A

major area of public speculation surrounds whether Vulcan's claim that micro-benching, a new technique for re-contouring mountain walls, will actually work. Vulcan has endeavored to sell its project to the public with the promise to begin immediate reclamation on all mined areas using the technique of carving more aesthetically pleasing 18-24 inch benches instead of the 40 foot "Mayan steps" currently permitted, if the plan is approved. Priest told the City Council that Vulcan has proved the micro-benching technique successful. But according to the most recent version of the Development Agreement that will finalize the compact between Vulcan and Azusa, the company has provided itself with an "out" in the agreement should the micro-benching not prove successful. Under Section 2.5 (a) Reclamation Obligation, the document reads: "In the event the reclamation obligations in connection with the micro-benching reclamation set forth in the Amended Reclamation Plan cannot be satisfied due to factors outside the control of Vulcan which cannot be cured by Vulcan, including but not limited to scientific, technical and geotechnical factors or events..." Vulcan could be released from that part of the agreement by paying \$1 million in liquidated damages.

As in past hearings many who spoke at the Council meeting voiced concerns about the potential health risks from silica dust emissions from expanded mining in close proximity to homes and schools.

Concerns were also raised about the increased nitrogen oxide (NOx) contaminant emissions that will result from increased blasting, the 450% increase in materials moving over the overland conveyor system, and more diesel truck traffic moving materials from the Reliance Plant.

Duarte City Attorney, Jeffrey Melching in his verbal and written comments to the Azusa City Council, said the EIR fails to disclose and discuss the issue of NOx emissions pertaining to the Reliance Plant and does not measure the additional impact of moving from 20 to 100 blasts per year in the NOx calculations.

The EIR states that the project will increase NOx emissions by an increment of 53 pounds

per day. AQMD mass daily threshold for NOx is 55 pounds a day. The proposed increase in blasts alone would far exceed the federal pollution emission standards, said Melching.

"Each blast emits 255 pounds of NOx by itself. 255 times 80 additional blasts is 20,400 additional pounds per year. If you divide that by the number of operating days in a year which is 312 you come up with 65.4 pounds of NOx per day from blasting alone," he said. Melching also advised the Azusa City Council of a significant legal defect in the City's notice of the April 19 public hearing because the notice did not include the Azusa Planning Commission's recommendation as part of the general explanation of the matter to be considered. In a letter to the Azusa City Council, he advised that the "defect must be cured and the hearing re-noticed in order to proceed in a lawful manner."

Duarte City Council member, Lois Gaston invited the Duarte and Azusa City Councils to work together, "without the prejudices of representatives from Vulcan, the bias of courts of the media, and the Azusa staff and the Duarte staff", to find a compromise solution that would make it a win-win situation for Azusa, Duarte, the San Gabriel Valley region, and Vulcan.

"I suggest to you that we have a joint workshop where we deal with the legal ramifications and the human concerns that overshadow the decisions that have to be made on this project. I am in favor of a moratorium. I appeal to you to realize that you must consider the past and future impacts regardless of what was said earlier. I would love for us to be able to not allow someone who is headquartered in Alabama [Vulcan headquarters] to cause us as neighboring cities to be at each others' throat. That is not necessary. We must sit down and we must get this solved," said Gaston.

In 2008, the Duarte City Council established a \$700,000 "Fight Against Vulcan Expansion" fund (FAVE) in response to the anticipated expansion plans by Vulcan and its potential adverse impact on Duarte residents. *For more information about the City of Duarte's Fight Against Vulcan Expansion activities, call Duarte Deputy City Manager, Karen Herrera at (626) 357-7931, ext. 221.*

Pasadena

"Compassion Creates Change" Celebration

By La Quetta M. Shamblee

With a heart as big as her home state of Texas, Pastor Selina Holston's low-key demeanor reveals little about the tremendous impact of her ministry at Pasadena Church of the Nazarene (Paz Naz). On Thursday May 6th she will oversee the kickoff of a two-part "Compassion Creates Change" Celebration-Auction and benefit gala at 6 p.m. This community event raises funds to support a number of programs that provide relief to the less fortunate in the Los Angeles area and beyond U.S. borders.

Holston noted that immediate relief and long-term development are the goals of PazNaz's Compassionate Ministries. She has the responsibility for four distinct programs, all aligned with social justice, which she described as how the church "deals with areas of social concern and works strategically to transform social dimensions toward a sense of balance and safety for all people."

First, laying a solid foundation to support this work begins at home, by equipping and empowering the church family for peace and social justice ministries. Second, the eloquent philosophical description about social justice is translated into real programs serving real people. The "Helping Hands" food bank serves more than 600 families weekly from the church's basement. For more than a decade, the "Church in the Park" outreach ministry has provided a welcomed reprieve from cold, lonely nights and empty stomachs with the weekly arrival of hot meals, devotionals and encouragement that reach 100-150 persons at Central Park in Old Pasadena. Third, they believe that the reach and impact of the ministry to address widespread community needs are addressed best through strategic partnerships with other nonprofits and organizations. Finally, international development includes direct assistance that extends beyond financial contributions. Jutiapa, the most southern state in Guatemala, will be the host region for a group of sixty-five individuals from PazNaz in July. They will provide medical care, child development programs, assist with the design and planting of parks and gardens and – all toward the goal of having a lasting impact.

Holston's passion about her work is apparent. She grew up in a family committed to social justice and credits her aunt, Kathy Dudley, a founding board member of Christian Community Development Association, as her primary mentor. As if she won't have enough to keep her busy in Guatemala, she'll be taking copious notes to complete the thesis for a scheduled December 2010 graduation from Azusa Pacific University with a Master's in Organizational Leadership.

For now, more hands are needed on Saturday, May 22nd for the second-phase of "Compassion Creates Change." That's when volunteers from community can roll up their sleeves for some painting, landscaping and other activities to create some "makeover" magic for PazNaz's nonprofit partners in the region, including Child S.H.A.R.E., Harambe Ministries, Foothill Pregnancy Resource Center and others. Perhaps you can encourage your family, friends or church group to take the day to join in to make a difference for others for years to come.

To volunteer or for more information, contact Pastor of Service, Selena Holston at Paz Naz – (626) 351-2417 or sholston@paznaz.org

"Beyond the Boundaries"



Have you ever had an experience that changed your entire world view? That caused you to see things in a new way? That made you rethink your core beliefs? Join us today as the Rev. Jeffrey O'Grady explores the Apostle Peter's vision from Acts 11:1-18 and

helps us see how God calls us to live "Beyond the Boundaries". Communion will be celebrated. All are welcome!

9:15 am Traditional Worship

Sunday school (K-5) and childcare provided, youth worship service

10:30 am Adult Spiritual Formation

11:15 am "The Gathering" worship service

Casual worship, multi-voice ensemble, childcare provided

San Marino Community Church

1750 Virginia Road, San Marino, CA 91108

For more information call: (626) 282-4181

Connect with us online: www.smccpb.org

Travelers and Collectors Speaker Series



armchair travelers series. Dr. Budincich flew his single engine Cessna bush plane on a relief mission in Haiti after the January earthquake, when pilots with his experience were needed to fly medical personnel and supplies into rural and remote areas.

For almost two decades "Dr. Bud", a Pasadena chiropractor and Sierra Madre resident, has been a member of the Flying Samaritans. He and other doctors bring chiropractic care to needy men, women, and children in Mexico. Dr. Bud is also a member of several "flying doctor" groups and works with Missions of Baja as a missionary pilot, translator, and chiropractor. He has treated thousands of impoverished Mexican nationals and flown much needed medications, clothing, and supplies to Baja clinics.

Travelers and Collectors meets at 7:30 p.m. in City Hall Council Chambers, 232 W. Sierra Madre Blvd. This program is free and open to the public. This is the final program of the 2010 season. The series will resume in February 2011. Travelers and Collectors is funded by the Friends of the Sierra Madre Library.

On Friday, May 14, at 7:30 p.m., Dr. Michael Budincich will present "Haiti: Broken But Not Defeated," the 2010 season finale of Sierra Madre Library's

Pasadena Altadena

News From Your Community For Your Community

Police Warn Cinco de Mayo ‘Don’t Drink and Drive’

The Pasadena Police Department will conduct a DUI Saturation program on Wednesday, May 5, 2010. The hours of operation will be between 6:00 pm – 1:00 am, in an effort to reduce and remove the number of impaired drivers traveling on city streets. “DUI programs are a useful and effective tool for achieving the Pasadena Police Department’s goal of detecting and removing impaired drivers from our streets, especially when we know there tends to be a lot of celebratory drinking,” says Interim Chief of Police Christopher Vicino.

Cinco de Mayo commemorates the victory of the Mexican Militia over the French Army at “The Battle of Puebla” in 1862. The Pasadena Police Department urges drivers not to fight a battle in court because you have been arrested for DUI. Cinco de Mayo has become a big night out, especially for young adults. The Pasadena Police Department encourages people who have consumed alcoholic beverages to choose a designated driver or to simply call a taxi cab. In addition, it is a violation of law for any driver under the age of 21 years to operate a motor vehicle with any measurable amount of alcohol in their system. The public is encouraged to help keep our roadways safe and to ‘Report Drunk Drivers, Call 911’ whenever you see a suspected drunk driver.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

Mother’s Day Gift Making

Make a special gift for Mom for Mother’s Day on Wednesday, May 5 at 3:30 p.m. at Lamanda Park Branch Library, 140 S. Altadena Dr. and on Thursday, May 6 at 3:30 p.m. at Hill Avenue Branch Library, 55 S. Hill Ave. All materials will be provided.

For more information contact Lamanda Park Branch Library (626) 744-7266

Pet of the Week



Pita, a gorgeous, two year old tortoise shell cat is looking for a new home. She is calm, very friendly and loves attention. She also gets along well with other cats. Pita will surely make a wonderful companion and would be perfect in an apartment or condo that allows pets. Come visit with this beautiful cat today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

Please call 626-792-7151 and ask about A266889 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org

Avatar Director James Cameron Chats with Caltech Scientists, Students



By Dean Lee

Flanked by a panel of the brightest scientific minds today, pioneer filmmaker James Cameron seemed right at home Tuesday night as he discussed the possibilities of life and other characteristics of Pandora as depicted in his runaway blockbuster film Avatar.

Cameron’s talk packed the Caltech Beckman Auditorium with a seating capacity of 1,150.

Cameron was anything but shy when asked about his choice for setting his world in the Alpha Centauri AB system. He said the fictional Pandora is about 4.5 to 4.4 light years from earth.

“We made it the closest star system which means that if it’s a sublight travel it can be reached in a reasonable number of years,” he said.

When asked by panelist Robert Hurt of the

NASA Spitzer Space Telescope Center, why he chose an unusual scenario of Pandora being a moon orbiting a much larger gas giant Cameron simply answered “it looked cool.” Although he went on to explain that he wanted the audience to understand they were somewhere very different.

“This is true of so many images in the film,” he said. “Coming up with this very complex back story was literally just reverse engineering a cool image, floating mountains.”

Caltech Geology Professor John Grotzinger was the most critical on the panel questioning the weathering of floating mountains and a lack of volcanic activity in a hydrogen sulfide rich atmosphere. Cameron said volcanoes “fell of the to-do list,” explaining that they were supposed to be visible as the planet was shown from space.

He joked it was tough talking on the roll of Mother Nature offering the reply “sequel.”

About the idea of floating mountains he said, “To actually lift mountains, we were told the magnetic field would be strong enough to rip the hemoglobin out of your body.”

Biology professor and panelist Jared Leadbetter said a number of thing in the movie excited him including what he first thought was Pandora’s lack of oxygen and the symbiotic relationship of life on the planet.

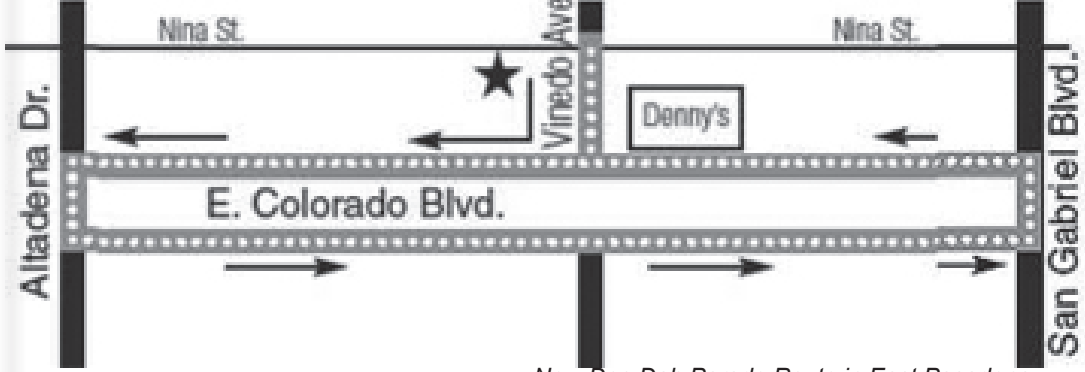
“As a microbiologist I’m excited because although the Avatars are much larger than ourselves, when you see their size in relationship to this massive tree it invokes that there is communication between plants, microbes and that you have interactions

Cameron said one goal of the movie was to bring back the childlike nature of science.

Cameron also spent about as much time answering questions after the hour long talk as the discussion itself.

Caltech Environmental Science professor Jess Adkins, said the films stunning visuals come from the thousands of hours Cameron has spent diving in the worlds oceans.

Doo Dah’s Big Move Gets Mixed Reactions



New Doo Dah Parade Route in East Pasadena

By Dean Lee

Moving Pasadena’s infamous ‘offbeat’ Doo Dah Parade to the city’s eastside was a decision made entirely by the event organizers and not the city as some have speculated said Patty Hurly Managing Director for the Light Bringer Project Thursday.

“In fact it’s just the opposite,” Hurly said. “They insisted we keep it in Old Town [Old Pasadena]. The city even made us do a traffic study to make sure it was feasible to hold the parade in its new location on Colorado between Altadena Blvd and San Gabriel Blvd.”

She said the study cost them an extra \$1,100 “a lot for a parade on a budget.”

Hurly also said moving Doo Dah to Mayday was part of a plan to revitalize an already popular parade. She said this year has just as many if not more entries than last year. The 34th Occasional Doo Dah Parade also marks 15 years the Light Bringer Project has ran the event.

There have been an equal number of both criticism and applaud for the move she said.

“Old times have told us East Pasadena is reminiscent of the parade’s long ago Old Town roots,” she said. “This year’s Grand Marshal is Corky Peterson, former proprietor of Chromo’s Tavern where the Doo Dah Parade was actually born.”

She also said the move was good for the mom-n-pop shops in the Lamanda Park District many of which they support.

A number of entries have questioned the route, Hurly referred to it as the “paperclip,” which will go in both directions along Colorado Blvd at the same time. Some speculated the parade would become a chaotic mess.

Hurly joked their hope was that the whole thing became a “block party.”

She also said they liked that East Pasadena has lots of free parking near the start of the parade at Vinedo and Nina

Streets. Another plus was that the normal after party is at the American Legion 179 N. Vinedo so people do not have to drive she said.

In Related News

Friends of Hahamongna are given the 10th Annual Thorny Rose. The Thorny Rose is awarded to Pasadena’s most controversial citizen (or group) by an anonymous committee of local socio-political observers. Winning individuals have previously been distinguished by their brazen, often, confrontational style, indifference to public decorum and Lone Ranger bravado(a). “When weighed against these qualifications, the Friends of Hahamongna certainly rise to the Thorny standard set by those who came before them,” Hurly said.

Also, for the second year, the parade will be streamed lived in its entirety at doodahlive.com. It will also be replayed later for those who missed it.

Residents Serve on Chief Advisory Panel



City Manager Michael Beck has selected nine local residents to serve on a second police chief search advisory panel a statement from his office released Tuesday said.

The panelists, all of whom are Pasadena residents, interviewed finalist candidates for the police chief position Thursday according to city officials. Candidates made brief, individual presentations, after which panelists asked follow-up questions. The panelists will

provide input to the city manager on the candidates’ qualifications based on their experience and vision for policing in Pasadena.

Reports Thursday also said Beck had announced that the panel now had three candidates to choose from in light of one, Art Acevedo of Austin Texas, dropping out. Beck declined to say who the three were or if, city interim Police Chief Chris Vicino and Santa Monica Deputy Police Chief Phillip Sanchez was among them. Beck said all three were part of nine semi-finalists that had been chosen earlier.

Panelists include, Pablo Alvarado, community volunteer and executive director of the National Day Laborer Organizing Network; Jason Anderson of Outward Bound Adventures Environmental Restoration Team and former member of the Pasadena Youth Advisory Council; Hovig Dimejian, community volunteer and owner of Century 21 Golden

Realty; Mic HANSEN, former chairwoman of the Historic Preservation Commission and former member of the General Plan Update Advisory Committee; Stella Murga, executive director of Pasadena Youth Center and member of Pasadena Latino Forum; Belen Murillo, former president of Teens in Action and graduate of the Puente Project; Richard Schammel, chairman of the Pasadena Center Operating Company Board and president of the Oak Knoll Improvement Association; Lucious Smith, pastor of Friendship Baptist Church and president of the Interdenominational Ministerial Alliance of Greater Pasadena; and Celestine Walker, managing director of NATHA.

“I appreciate their assistance with this important work,” said Beck. “These are people who show leadership in our community every day.”

Beck anticipates making his final decision on Pasadena’s next police chief by late May.

Armenian 1915 Genocide Recognized by Officials



Khatchik Chahinian, (left) President of Armenian Identity Harvest

Armenian Council of America Press Release

For the 95th anniversary of the Armenian Genocide, a large crowd gathered Saturday at the pavilion of the Pasadena City Hall with the participation of all Armenian Organizations, churches, schools and the co-sponsorship of the City of Pasadena.

As Master of Ceremonies, Armenian Council of America member, Razmig Der Tavitian invoked the ideals of the United States Declaration of Independence, which declared independence from “he, [who] has obstructed the Admission of Justice...he [who] has made Judges dependent on his Will alone...[and he, who is guilty of] protecting [criminals] from punishment of any Murders which they should commit,” as the ideals of Armenian Americans who seek justice and insist on U.S. reaffirmation of

the Armenian Genocide.

Congressman Schiff reiterated his message to President Obama in his urgency to characterize the events of 1915 as “genocide” without using various euphemisms to undermine the magnitude of the events. He assured the audience that all efforts towards genocide recognition will continue until justice is served.

“Although this is the first year that we have organized an Armenian Genocide commemoration event in front of the Pasadena City Hall, we are very happy with the high turnout as it is testament that Armenian American communities are vibrant, strong and united,” said Vahe Atchabahian, Board Member of the Armenian Council of America. “We’d like to thank the City of Pasadena and all the participants for making this a successful, enlightening and educational event,” added Atchabahian.

Don’t Just Be a Blogger, Be A Citizen Journalist

Get hands-on multimedia journalism training! What makes news? Is it better to use a video instead of a still photo? How can I get this story out?

Pasadena Community Network and this newspaper are holding a seminar on Citizen Journalism. Putting the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and print along with the internet. Free

orientation May 4, 11a.m.-1p.m. at the PCN studios 2061 N. Los Robles Ave. #109. For more info contact Aaron Wheeler (626) 794-8585.



Walk Around the Rose Bowl with Mayor Bogaard Wednesday

Pasadena Mayor Bill Bogaard and members of Leadership Pasadena will lead a 3.3-mile walk around the Rose Bowl Loop at 7:30 a.m. Wednesday, May 5, as part of Up & Moving Pasadena.

Meet at Gate A at the stadium. Free parking is available. All levels of ability will be accommodated.

Leadership Pasadena provides comprehensive training for mid- and executive-level professionals through interaction with the community’s leadership, experiential learning opportunities and community service team projects.



Up & Moving Pasadena is a community effort to support fitness for health. Walks with the mayor are scheduled the first Wednesday of every month. Find walking tips, start a walking group and track your progress at www.upandmoving.org or call (626) 831-2980.

Red Light Program Deployed Throughout the City

The Pasadena Police Department will conduct a Red Light Enforcement Program on Friday, May 7, 2010. This enforcement detail will be deployed throughout the City of Pasadena. The hours of operation will be from 6:00 am – 2:00 pm.

The Pasadena Police Department is committed to reducing the number of traffic collisions resulting from drivers running red lights or driving aggressively. “By conducting these special operations, we can reduce the number of accidents that result from red light violations. More importantly, we have the

“The ultimate goal is to reduce serious injuries and fatal collisions.”

A RED LIGHT means stop at the stop line, crosswalk or before the intersection. Unless you are making a right turn, you must wait for the green light before you proceed. After making a complete stop, you may turn right on a red light if the intersection/crosswalk is clear of pedestrians and traffic. However, if the intersection is posted with a “No Right Turn on Red” sign, you must wait for a green light before any turning movement.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

opportunity to educate the public,” says Interim Chief of Police Christopher Vicino.



Special Information Meeting To Be Presented by the Rio Hondo Fire Academy

The Sierra Madre Fire Safe council is again holding its monthly Special Information Education meeting at the Sierra Madre City Hall Council Chambers on Monday May 3rd 2010 commencing at 7pm.

This months feature topic is "An efficient means of reducing hillside brush from public and non profit properties"

Capt. John Bennett, retired from the Angeles National Forest, will be our guest speaker. Presently John is an instructor at Rio Hondo Fire Academy. His fire crews have cleared brush in several areas of Sierra Madre during the last year. In the near future, the crews plan to clear brush in the Pasadena Glen and the Hastings Heights area.

The Sierra Madre CERT organization will be updating on the latest emergency preparedness information and the latest news regarding

the Sierra madre Emergency Radio Station.

Fuel Reduction Continues : The "Dare to Prepare" Program is in full swing with stage one of the Bailey Canyon Fuel Reduction project complete, a number of homes in the area participating through the support of local tree services.

Another large quantity of tree chippings were donated to the Mater Dolorosa Passionist Retreat Center on N. Sunnyside Ave, keeping the bi-products local while reducing emissions of the tree services through the short travel times.

For More Information go to the SMFSC website at www.SMFIRESAFE.com Or contact The SMFSC at 626-355-0741 or email smfiresafecouncil@gmail.com

SIERRA MADRE COORDINATING COUNCIL MONTHLY MEETING

The next meeting is scheduled for Thursday, May 6th at 12:00 p.m. The 15 minute presentation for May will be presented by Community Media of the Foothills, Lance Mungia and John Johnson, "You on T.V." A project that the SMTV3 Committee has been working on to get more community productions on the channel. This is a meeting you don't want to miss!! Make sure to have someone from your organization attend to learn all about "You on T.V."

The Coordinating Council will not be meeting in June or July, so remember to bring all of your items to discuss at the May meeting.

Sierra Madre Police Blotter

During the week of Sunday, April 18th, to Saturday April 24th, the Sierra Madre Police Department responded to approximately 277 calls for service.

Wednesday, April 21st:

10:46 AM – Vandalism, 1 Carter Ave. Suspec(s) threw rocks at the historical Willis Estate barn and cabin smashing 44 glass window panes. The crime occurred between 4:30 pm, Friday, 4/16/2009 and 8:00 am, Monday, 4/19/2010. The financial loss was estimated in excess of \$2,400.00.

Thursday, April 22nd:

11:46 AM – Theft from vehicle, 100 block East Highland Ave. A resident reported his Samsung cellular telephone and \$10.00 in change were stolen from his car. The car was left unlocked in the apartment complex carport area. The crime occurred between 8:30 pm, Wednesday, 4/21/2010 and 9:25 am, Thursday, 4/22/2010. The financial loss was estimated at \$210.00.

Arcadia Police Blotter

For the period of Sunday, April 18, through Saturday, April 24, the Police Department responded to 933 calls for service of which 145 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 18:

1. Loss prevention personnel from the H&M store located at Westfield Mall notified police that they had detained a female juvenile for theft around 5:30 p.m. The girl hid items in a shopping bag and then left the store without attempting to pay for the merchandise. Additional stolen property from Gilly Hicks was recovered from the bag. A private person's arrest was made, and the 14-year-old African-American was taken into custody for commercial burglary. She was later cited and released to her mother.

2. Around 8:26 p.m., officers contacted three occupants in a vehicle that was parked at the Extended Stay parking lot located at 401 East Santa Clara. A strong odor of burnt marijuana was detected, and a 16-year-old male Hispanic was found in possession of marijuana. A record check of the juvenile revealed that he was on probation and was arrested at the scene.

Monday, April 19:

3. Units responded to Santa Anita Inn, 130 West Huntington, around 2:41 p.m. regarding an unconscious male subject in one of the rooms. A 53-year-old male Caucasian was found deceased, and a hypodermic needle filled with a liquid, tourniquet, and other drug paraphernalia were found at his feet. The subject may have died from a drug overdose.

4. Around 8:16 p.m., officers were dispatched to the 200 block of East Newman in reference to a domestic dispute. During an argument, the suspect grabbed his wife by the throat and then on the wrists. Reddish coloring on her neck and wrists were observed, and a 70-year-old male Asian was taken into custody for inflicting corporal injury to spouse.

Tuesday, April 20:

5. Between 4:00 p.m. on April 9 and 11:00 a.m. on April 12, a residential burglary occurred in the 1000 block of Don Alvarado. While the home was tented for fumigation, unknown suspect(s) entered the house and stole a handgun and a digital camera.

6. Shortly after 6:00 p.m., a witness advised police that a female driver had struck two parked cars at 133 East Foothill, and she was seen entering the Fresh & Easy market. The 47-year-old female Caucasian driver was located, and officers detected the odor of an alcoholic beverage on her breath and she also had trouble keeping her balance while standing. She failed the field sobriety test, and a private person's DUI arrest was made.

Wednesday, April 21:

7. A residential burglary occurred in the 500 block of Catalpa between 9:00 a.m. and 2:40 p.m. Unknown suspect(s) pried open a bedroom window to gain entrance into the house. The suspect(s) then stole jewelry, cash, camera, and carved a large smiley face onto the flat screen television.

8. Units were dispatched to the 1000 block of West Huntington in regards to a domestic violence incident. During an altercation, the suspect grabbed his girlfriend's face, squeezed her throat, dragged her across the floor, and threw her onto the ground, causing the back of her head to collide with a sliding glass door. A 26-year-old male Hispanic was taken into custody for inflicting corporal injury to cohabitant. An emergency protection order was obtained and served.

Thursday, April 22:

9. A grand theft report was taken at the City Yard, 11800 Goldring, around 6:04 p.m. Two male suspects stole a \$2,000 generator from the bed of a City vehicle. The theft was caught on surveillance video.

10. Shortly before 8:00 p.m., officers were called to the 2000 block of Vista in reference to a fraud report. The victim was contacted by her bank regarding suspicious money transfers from her accounts. She discovered that unknown suspect(s) had created a fraudulent joint account with her personal information over the phone and then transferred over \$125,000 from her personal accounts into the fraudulent account. She was able to freeze her accounts; however, a large portion of the funds had already been transferred out of the fraudulent account.

Friday, April 23:

11. A commercial burglary was reported at Victoria's Secret around 4:35 p.m. Two male Hispanic suspects took over \$2,310 in merchandise and hid them in a large shopping bag.

12. Around 7:18 p.m., a victim came to the station to file a criminal threat report. The victim's ex-boyfriend, a 17-year-old male Caucasian, pointed a knife at her and told her to watch her back and her dog's back.

Saturday, April 24:

13. An auto burglary occurred by First Avenue Elementary School between 3:30 p.m. and 7:00 p.m. Three victims drove to the location to play basketball, and the driver left his keys unattended. They returned to the vehicle to find their property stolen. The driver also learned that the suspect(s) had made a \$1,000 purchase at a Best Buy store using his credit card.

14. JC Penney loss prevention personnel advised that they had detained a woman for theft around 7:25 p.m. The suspect selected numerous items and hid them in her purse while in a fitting room. A private person's arrest was made, and a 21-year-old Hispanic was taken into custody.

YOUR HEALTH MATTERS

Today's Subject: Getting a Good Night's Sleep Health Tips From Dr. John Talevich

In the coming weeks, I will be offering my experience with Your Health Matters. In our modern age, we often succumb to information overload, analysis paralysis. I'd like to share simple ideas that can be integrated into your daily life. Today, let's look at getting a good night's sleep.

Americans don't sleep enough. On average, a healthy adult requires seven to eight hours of sleep nightly for optimum health. According to most research, few people are meeting this recommendation. It may come as a surprise that falling asleep in front of the television is not the best way to begin a night's rest! The image generated by your t.v. stimulates the retina and signals the adrenal glands to maintain a waking state of awareness. Now, the cortisol levels are increased and, consequently, melatonin is decreased. Melatonin is essential for the activation of the deep sleep cycle.

The result: Poor quality sleep. The normal "housekeeping" (the repair of cells and elimination of toxins) does not smoothly take place.

Relaxation prior to sleep is important. To begin, use soft lighting in the evening. Turn off the television, the computer, the stimulating music one hour before you go to bed. Don't watch upsetting programs (ie. the evening news!) too close to bedtime. It's time to gentle the body down, preparing for rest.

In the bedroom, watch out for those electronic distractions, noises, and lights. Use a clock that is not only silent, but that doesn't have lit numbers. Make the bedroom a peaceful retreat. Keep televisions, computers, and the like in other rooms in your home. Silence, especially at night, is golden.

A warm shower before bed is ideal. The steam and negative ions create deep relaxation, airways are relaxed and opened, muscles let go.

Avoid eating too late in the evening. Digestion competes with sleep. The optimal time to finish eating is three hours before bed. If you often experience difficulty sleeping, you should avoid caffeine, chocolate, and sugar after 3:00 in the afternoon. If you must have an after-dinner snack, a "glycemic snack" is best twenty minutes before bed. You want to support a healthy blood sugar level through the night. A small handful of raw nuts and seeds, a small cube of low-fat cheese, or a small piece of chicken or fish are all fine.

Use these simple tools and get a good night's sleep. Sweet dreams!

LifeWorks! Chiropractic offers patient-specific approaches to the alleviation of pain and individually-tailored wellness programs at 31 South Baldwin Avenue - Sierra Madre.

LifeWorks! Chiropractic Center



Individually Tailored Wellness Programs

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Sierra Madre, Ca.
91024**

626-355-4710

Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

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162 Santa Anita Ct., Sierra Madre

Great opportunity - Two Craftsman Cottages, live in frt hse & rent out the back. New kit., hrdwd. flrs. Beautiful condition. 2 bdrm, 1 ba front, 1bdrm 1 ba back.. \$635,000



69 Montecito Ct., Sierra Madre

1900's Farmhouse in the middle of town. 2 bdrms, 2 ba. Enclosed frt porch. sq ft 936 \$595,000 Also for lease for \$2400 per mo.

NEW LISTING



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A beautiful retreat to call home. 4 bdrms. 3.5 ba, pool/spa, remodeled kit & ba Sq ft 2888 Lot size 10,450 \$1,088,000

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St. Rita Students Explore Nation's Capitol

Twenty six seventh and eighth grade students from St. Rita Catholic School in Sierra Madre spent four days taking in the monuments, museums and highlights of Washington D.C. in early April. Thirteen parent and staff chaperones accompanied the group on the school's bi-annual cross country field trip.

The weather cooperated with Southern California temperatures and sun, and several even required a shopping excursion to buy lighter weight clothing due to the warm conditions, unusual for early April. The cherry blossoms of the famous Washington, D.C. cherry trees were in full bloom, providing a spectacular backdrop to many of the group's photos. The 3000 cherry trees were a gift to the city of Washington from Tokyo's mayor in 1912, and two weeks of special events surround the blossoms' appearance.

The group hit all the big highlights including the White House, standing in the impressive Rotunda of the Senate Building, hiking around George Washington's home of Mt. Vernon and touring Ford's Theater where President Lincoln was assassinated. Eighth grader, Jennifer Brady reflected, "It was really cool to stand there and know so much history had taken place right at that place."

A two hour bus ride took the students to Colonial Williamsburg, the nation's largest living history museum, with five hundred homes,



St. Rita School
Touring Washington, D.C. April 2010

taverns public buildings and trades structures reconstructed to their 18th century style. Once there, the students got up close and personal views of authentic trades and domestic tasks like soap making, gardening or horseshoeing demonstrated in the style of the times by character actors. The St. Rita students' tour included a hands-on try of a vintage, 17th century ball game.

Afterward, kids got to be kids and blow off steam at the mid-Atlantic's largest water park, Water Country USA. As another break in the heavy duty dose of history, baseball fans were treated to a Nationals vs. Phillies game on another day of the tour. In addition to the must-see Lincoln and Washington Memorials, the group split up by topic of interest when visiting the Smithsonian Institute, the world's largest museum complex with 19 museums, ten concentrated in a one mile area. The most enthusiasm was

generated by those visiting the Air and Space Museum.

As part of an excursion to various war memorials including World War II and the Viet Name War, the group witnessed the changing of the guard at the Tomb of the Unknown Soldier in Arlington National Cemetery. There were few dry eyes as this solemn ceremony was executed with a level of military precision that really got the student's attention. Four St. Rita students were honored to lay the wreath at the tomb, Max, Behrens, Angelica Taylor, Alyssa Noriega and Zach Rose. Students mentioned the visit to the Unknown Soldier's Tomb as the event the students might look back on as most memorable.

Ellen Hoffman, first grade teacher and parent of a seventh grader, praised this excursion's tour company, USA Student Travel (www.USAStudentTravel.com), for their organization, professionalism, enthusiasm

and flexibility attuned to the group's energy and interest levels. "It's so important to do this 'once in a lifetime' kind of trip well," she said. As we ended the trip, the group actually wanted to stay and do more!"

Nestled in the foothills of the San Gabriel Mountains, St. Rita School in Sierra Madre offers a faith-filled and nurturing Catholic education from Kindergarten through eighth grade. Celebrating 88 years of academic excellence, the school stresses the development of the individual's abilities and character within the framework of Catholic-Christian values and personal integrity. St. Rita School, with 300 students and fourteen classrooms, is WASC accredited. For more information, visit www.St-RitaSchool.org or call 626-355-6

Written by Chris Bertrand
Destination Group
626-355-3471
Chris@BertrandOnline.com

Time

April is nearly over. I can't believe it. But, I suppose with the constant use of calendars and dates and what not, I'd better, because May is coming without mercy. How is it that time can literally fly so fast? The clichéd saying explains that "time flies when you're having fun", but is it just me, or has time been flying simply...because? This year has been one lacking quite a bit of fun, yet the months are zipping by as if in a race. Each month seems to go by quicker than the last. Pretty soon we'll be wondering where 2010 went and when 2011 took its place.

It's a scary thought. Getting older; change; time. They all tend to make people uncomfortable at some point, and they are all inevitable. It's odd [and also strangely ironic] how sayings such as "death is a part of life" and "the only thing constant is change" can really make a person stop and simply question life itself. In English class, we analyzed a quote by the troubled Edgar Allen Poe in which he challenged the common concept of dreams and reality, stating that "All that we see or seem is but a dream within a dream".

Ever had one of those dreams where you swear everything is happening? You can practically feel the wind blowing against your cheek, and butterflies erupt suddenly in your stomach as you make that quick fall, only to awake and find that none of it was real? Perhaps life is like that; just one big extremely realistic dream. These questions, or concepts, are what keep we humans busy. Thinking about the world around us, doubting nearly everything we have come to believe, even down to the very life we live, even down to the end of a month.

Trish's Truth

By Trisha Collins

Dreier Congratulates Arcadia High School on First Place Finish in National Constitution Competition

WASHINGTON, DC – Congressman David Dreier (R-San Dimas, CA) offered congratulations today to the Arcadia High School (AHS) Constitution team for their first place finish in the 23rd annual contest, "We the People: The Citizen and the Constitution," which was held in Washington, D.C. this past weekend, concluding last night. The AHS team represented the entire state of California in the competition, which tests students' knowledge of the U.S. Constitution and our nation's founding documents. Dreier, who met with the AHS team before the competition began, said he was impressed with their expertise and

enthusiasm.

"Enthusiastic congratulations are in order for the Arcadia High Constitution team and their coaches for their exciting win in the We the People competition," Dreier said. "After spending time with this outstanding group of students last week, I was confident they would take their knowledge of and dedication to learning about the Constitution and turn it into a great win for Arcadia and California. Winning this nationwide competition is a tremendous accomplishment. The City of Arcadia and the entire San Gabriel Valley should be very proud of these outstanding students."

Kinder-Readiness

The Pasadena Education Network (PEN) hosts a kinder-readiness/kinder curriculum discussion will be at Zona Rosa Caffe, 15 South El Molino, Pasadena. Kindergarten teacher Regina Major from Altadena Elementary School will join PEN Program Director Susan Schwartz to facilitate a conversation about what children will learn in kindergarten and how parents can best prepare them for a successful first year of school. Reservations

are required for these programs by contacting Susan Schwartz at susan@penfamilies.org or (866) 216-7334.

PEN is an independent grass-roots nonprofit organization that promotes family participation in public education to benefit all students in Pasadena, Altadena and Sierra Madre. For more information, visit:

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Phone: (626) 821-8370, Principal: David L. Vannasdal

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(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

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website: www.highpointacademy.org

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(626) 351-8951 Principal: Patrick Bonacci
website: www.lasallehs.org

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000, email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

Pasadena Unified School District

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(626) 795-6981 website: www.pusd@pusd.us

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322 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-9028 Principal: Joanne Harabedian
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(626) 355-1428 Principal: Gayle Bluemel
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Contact person: Garrett Newsom, Asst. Principal
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TABLE FOR TWO

By Peter Dills

CORFU

Lost in translation, or perfection in transition?

Where would we be without the dynamic influence of outside cultures upon America? I shudder to think of the possibility of endless days of corn, turkey and gamey buffalo meat to occupy my every meal. I find myself swiftly waving a white flag at the sight of turkey after Thanksgiving with its leftovers descending upon me as it clings to the holiday bird. Most of my favorite dishes come from other countries, or are adaptations of their cuisine. I think of Dr. Phil's unambiguous expression when I mention the obvious history of our food, "Duh." The Pizza that originated in Italy and resembles the Margherita Pizza that has become a favorite of our generation, has retained the fingerprints of its colorful Italian ancestors. It continues to tempt us with an uncomplicated foundation of dough, sauces and the marriage of seasonings that remain ageless. While we all appreciate that it is not an uncommon phenomenon to come across a menu with a list of Pizzas that contains: peaches, or salmon, or nuts or even cream as a topping. Is this a brilliant adaptation or an adventurous calamity, that of course rests in discrimination of the diner.

The Caesar Salad is not from Italy as many may excitedly believe, but instead it emanates from Tijuana, Mexico. Surprised? The native recipe contained no chicken, or shrimp, and in fact, the only anchovies were from the paste utilized in the dressing. But the item I was thinking about this week was the Greek Salad, or colloquially known as the "peasant salad?" How have Americans adapted this starter dish? Your host for this article took his first breath of life in the effervescent and famed air of Athens, Greece. Thus, I will tell you that I have had a few Greek salads in my day. Now, I'm not saying that all of the aforementioned entrees haven't found a level of improvement over time. But for today's article, I wanted the *Classic Greek Salad*, the one that I remember so affectionately in my youth in those balmy days of Athens.

One of my colleagues here at the newspaper, Rich Johnson, mentioned **Corfu** restaurant in Sierra Madre. I had been waiting for the smallest prompt to appraise Corfu, and now I had it. My mission was simple, scrutinize, probe and hopefully recall my youth with the guidance of a Greek salad. But I quickly realized as I was driving to Corfu that I would be seduced by all those other great dishes that I grew up with: Hummus, Gyros, and of course Kebabs. I entered the restaurant and seated myself. I was not certain if that was the correct protocol, but my choices were the front sidewalk or the restaurant. I noticed to my left that a few tables appeared to be set for a buffet. Sure enough, my new friend and server Amy told me that for (\$9.95) on Tuesday and Wednesdays, Corfu has a lunch buffet and offers numerous items from the regular menu. No thanks, I remained on my mission; I was determined to have my Greek Salad. I skimmed the menu and noticed a variety of ten different salads, but there were two that interested me, of course the Greek Salad for (\$7.95 lunch), but it had lettuce, remember we are searching for authenticity here. I remembered Rich telling me that the real deal salad was the "Greek Village." It was exactly what I was looking for (\$8.95), tomatoes, cucumbers, bell peppers, onions, Greek olives, and of course feta cheese. I soon discovered an old memory brought to life in the beauty of this salad. I will give them an exemption for the lettuce in the Greek Salad. After all, I even eat pizza with bacon and pineapple. Amy seemed disappointed that it was the only dish that I ordered, if she only knew, so Amy, who I would later discover was the owner, brought me a sample of the Moussaka. It was excellent. You should be proud Amy. Corfu is open for breakfast, lunch and dinner. It seems like there is a special of some sort or another on most days. There are few sensations as comforting as having Athens on your plate with the Sierra Madre Mountains in your sight. I can almost smell the breeze. Corfu Restaurant 48 W. Sierra Madre (626) 355-5993 www.eatatcorfu.com.

E mail me thoughts... thechefknows@hahoo.com.
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11	8:00 PM - 9:00 PM	Quiz Nite Trivia Game
12	7:30 PM - 11:00 PM	Guitarist Steve Creason
13	8:00 PM - 11:00 PM	Cow Bop featuring Bruce Forman
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19		The Song Sirens
20	8:00 PM - 11:00 PM	Guitarist Pete Anderson !!
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22	8:00 PM - 11:00 PM	Jon Mayer Quartet featuring Pete Christlieb
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with

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The Sierra Madre Woman's Club and Sierra Madre Public Library cordially invite you to our annual Mother's Day Tea. Performance artist Judith Helton will be appearing as *Little House on the Prairie* author Laura Ingalls Wilder in a unique one-woman program. Following the presentation, enjoy afternoon tea and a buffet of delicious sweets and savories. Celebrate Mother's Day with us in style!

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This program is based on the LITTLE HOUSE books by Laura Ingalls Wilder. Presented by arrangement with the copyright owner, Little House Heritage Trust.

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Looking Up

with Bob Eklund

Long Lost Soviet Reflector Found On Moon



A team of physicists led by a professor at UC San Diego has pinpointed the location of a long-lost light reflector left on the lunar surface by the Soviet Union nearly 40 years ago that many scientists had unsuccessfully searched for and never expected would be found.

The French-built laser reflector was sent aboard the unmanned Luna 17 mission, which landed on the Moon November 17, 1970, releasing a robotic rover that roamed the lunar surface and carried the missing laser reflector. The Soviet lander and its rover, called Lunokhod 1, were last heard from on September 14, 1971.

"No one had seen the reflector since 1971," said Tom Murphy, an associate professor of physics at UCSD. He heads a team of scientists engaged in a long-term effort to look for deviations of Einstein's theory of general relativity by measuring the shape of the lunar orbit to within an accuracy of one millimeter, or about the thickness of a paperclip. This is accomplished by timing the reflections of pulses of laser light from reflectors left on the Moon by Apollo astronauts and turning the timing measurement into a distance.

"We routinely use the three hardy reflectors placed on the Moon by the Apollo 11, 14, and 15 missions," said Murphy, "and occasionally the Soviet-landed Lunokhod 2 reflector—though it does not work well enough to use when illuminated by sunlight. But we yearned to find Lunokhod 1."

Three reflectors are required to lock down the orientation of the Moon. A fourth adds information about tidal distortion of the Moon, and a fifth enhances that information. "Lunokhod

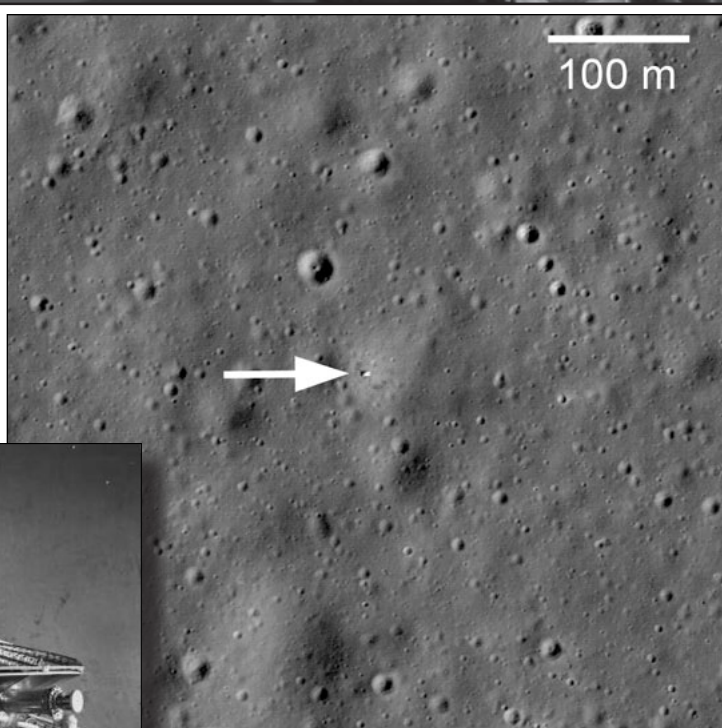
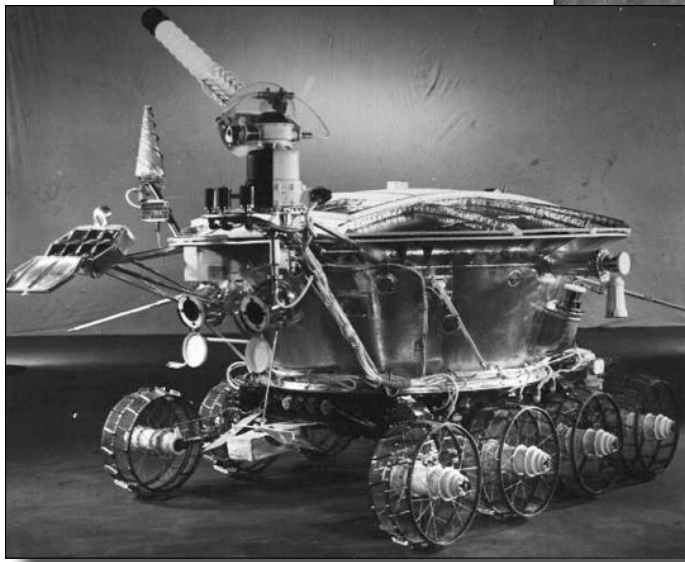
1, by virtue of its location, would provide the best leverage for understanding the liquid lunar core, and for producing an accurate estimate of the position of the center of the Moon—which is of paramount importance in mapping out the orbit and putting Einstein's gravity to a test," said Murphy.

Murphy said his team had occasionally looked for the Lunokhod 1 reflector over the last two years, but faced tall odds against finding it, until recently. The breakthrough came last month when the high-resolution camera on NASA's Lunar Reconnaissance Orbiter, or LRO, obtained images of the landing site. The camera team, led by Mark Robinson at Arizona State University, identified the Soviet rover as a sunlit speck on the image—miles from where Murphy and his team had been searching.

"It turns out we were searching around a position miles from the rover," said Murphy. "We could only search one football-field-sized region at a time. The recent images from LRO, together with laser altimetry of the surface, provided coordinates within 100 meters, and then we were in business and only had to wait for time on the telescope in good observing conditions."

On April 22, his team sent pulses of laser light from the 3.5 meter telescope at the Apache

Point Observatory in New Mexico, zeroing in on the target coordinates provided by the LRO images. Murphy, together with Apache Point Observatory's Russet McMillan and UCSD physics graduate student Eric Michelsen, found the long-lost Lunokhod 1 reflector and pinpointed its distance from Earth to within one centimeter. They then made a second observation less than 30 minutes later that allowed the team to triangulate the reflector's latitude



Photos courtesy NASA

and longitude on the Moon, in other words its exact spot on the Moon, to within 10 meters. "Not bad for a half-hour's work," said Murphy. In the coming months, he estimates it will be possible to establish the reflector's coordinates to better than one-centimeter precision.

You can contact Bob at: b.eklund@MtnViewsNews.com.

SANTA ANITA RACTRACK DURING WWII

Did you know that the Santa Anita Racetrack was used as a Japanese-American relocation facility and army ordnance training camp during World War II? TV host and reporter Carolyn Conley will discuss these, and other fascinating facts in "The Lost Years: The History of Santa Anita Racetrack During WW II," on Wednesday, May 19, at 7:00 p.m., at the Sierra Madre Public Library.



Carolyn Conley

Ms. Conley began her racing career as a groom and went on to exercise horses for a number of the training greats, including Charlie Wittingham, Bobby Frankel, D. Wayne Lukas, and Richard Mandella. From 1996-2002 she was a key member of Santa Anita Park's Eclipse Award-winning broadcast team, and for several summers served as the host of "Racing from Monmouth Park" on Fox Sports New York. "The Lost Years" was originally a documentary written and produced by Ms. Conley for HorseRacing TV. She is currently a Santa Anita track and location reporter and hosts "RaceDay America for HRTV."

This program is free and open to the public. The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. Closed on all major holidays. For information on all our Library activities and services, please call (626) 355-7186, or visit our website at www.sierramadre.lib.ca.us.

According to a group of behavioral scientists conducting research, college students are becoming addicted to various forms of social media and are increasingly experiencing the same symptoms that substance abusers do when denied their drug of choice. A group of students was asked to forgo all forms of social media and use of personal communication devices (Blackberries, iPhones, iPods, cell phones, laptops, etc) for a 24-hour period and then report on their personal feelings about the experience to researchers. These researchers found that students most often reported feeling anxious, nervous, jittery and miserable. They also reported that losing access to physical communications devices translated into losing access to social connections, those connections being most often facilitated by Facebook, text messaging, emails and phone calls. Going without these tools meant going without the social connections most important to them on a very personal level.

Researchers have long been investigating Internet Addiction Disorder, which often manifests itself as engagement in Internet activities such as gaming, internet pornography, gambling or online shopping to such an extent that it interferes or has detrimental consequences in the off-line life of the sufferer. The main difference between the two phenomena is the involvement with others engaged in the same activities. Those afflicted with traditional Internet addiction most often interact only with the computer, while those more attached to social media are usually engaging in communication with one or several individuals at a time. Both groups seem to find themselves most comfortable when having unfettered access to the media of their choice and often shape their personal circumstances so that there will be little chance of them having to go without contact. Due to the increasingly mobile nature of personal computing and personal communications, there seems to be little reason for them to have to do that in the first place.

These addictive behaviors are not as benign as some might be lead to think. The word "Addict" often conjures up images of a shadowy

On Line
By PJ Carpenter

HOOKED

figure on the margins of society who practices illegal activities in order to satisfy his/her cravings for whatever illicit substance or behavior they struggle with on a daily basis. What started out as experimentation and having-a-good-time quickly turns into a full-time job, consisting mainly of finding ways and means to avoid ever being without their drug of choice. No matter what blocks are placed in their path, legal or otherwise, the addict always manages to find a way to score. The operative word used to describe people in the grip of the pernicious disease of addiction is "Them". It's always "Them". But the widespread use of social media is threatening to, and in many cases already has, expanded the pointer "Them" to more and more often mean "Us". There are already laws are on the books to prevent drivers from talking on a cell phone or texting while operating motor vehicles in the state of California. A quick look around during an average morning commute should be enough to confirm that the threat of punishment is not enough to deter large numbers of people from engaging in these behaviors, despite the fact that while doing so they put the lives and property of others at risk. In the eyes of the law, these offenders have now become people in the grip of behaviors and practices that they can no longer control by themselves and need to be legislated against to prevent their actions from harming themselves and the public at large. By definition, they're Hooked.



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HOWARD Hays As I See It

In bygone days of yore, with maybe a dozen available cable channels, I could kill time by tuning onto The History Channel and watching archival footage of WWII. Now, with more channels than can be imagined, I find it harder to find something to watch - especially on The History Channel. I've no interest in "Ice Road Truckers" or "Ax Men" (but find time for "Pawn Stars").

My son suggested we check out the new History Channel series, "America: The Story of Us". An intro by President Obama piqued my interest, and we were hooked through the two-hour opener, taking us from the first settlement at Jamestown through Washington's victory at Yorktown. Computer graphics were pretty cool, with a slow-motion musket ball looking like it could've been targeting Keanu Reeves in "The Matrix".

A familiar story, but new things to learn along the way. We're reminded the colonies first proved viable as tobacco farms. Indians helping Pilgrims get through that first winter weren't entirely altruistic; they asked the newcomers to join them with firearms in attacking a rival tribe - a massacre celebrated at the First Thanksgiving. Generations later, the British feared uncontrolled Colonists might encroach on Indian lands and jeopardize peaceful relations.

Hunger and frostbite suffered at Valley Forge were graphically depicted, along with smallpox and gruesome attempts to eradicate it. I knew of casualties on the battlefield, but not of the thousands who died on British "prison ships" moored offshore. The Red Coats' march from Canada under Gen. Burgoyne included wives and lovers, with linens and silver service brought along for officers' meals. Along the way, the British were affronted by Patriots' refusal to abide by accepted standards of warfare; rather than face troops on a field in open battle, sharpshooters hid behind trees to pick off British officers. I'd forgotten the war lasted over six years. There was growing opposition from the British people to a seemingly endless, increasingly costly effort to maintain control over a distant land.

The early importance of tobacco was mentioned, along with commodities like rum, bartered extensively in the African slave trade, and tea - in particular the large quantity dumped in Boston Harbor. This reminded me of a subject largely neglected in this History Channel production: the integral role corporations have played in defining the character of our nation.

Expeditions to the New World were not simply voyages of discovery, but corporate initiatives undertaken by the British East India Company. The first colony was named after its largest shareholder, James I, and the land they settled was named after the Virgin Queen, under whom the corporation was chartered in 1600.

The Boston Tea Party resulted from an effort by British elite to protect shareholders' interests in the East India Company. Colonists had expanded their own involvement in the tea trade, and the East India Company feared losing its

monopoly. The company's backers prevailed upon Parliament to drop related taxes for the East India Company, but not for others in the trade, giving it a competitive advantage over everyone else. It was government protecting the interests of a multi-national corporation over those of the people that brought out the original Tea-Partiers. "I hope we shall . . . crush in its birth the aristocracy of our moneyed corporations", wrote Thomas Jefferson in 1816. States restrained corporate power in their charters; requiring corporations "serve the public good", be prohibited from owning other corporations, be dissolved after forty years, etc. The Civil War brought war profiteering and a warning from Abraham Lincoln in 1864: "As a result of the war, corporations have been enthroned and an era of corruption in high places will follow . . . until all wealth is aggregated in a few hands and the Republic is destroyed."

The following decades saw an unprecedented redistribution of wealth and political power from the hands of ordinary citizens to the titans of railroads, oil, steel and finance. Wall Street game-players operated unrestrained under Presidents Harding, Coolidge and Hoover. Campaigning for re-election in 1936, Franklin Roosevelt reflected on the "struggle with the old enemies of peace - business and financial monopoly, speculation, reckless banking, class antagonism, sectionalism, war profiteering . . . We know now that Government by organized money is just as dangerous as Government by organized mob".

This ongoing conflict with corporate power is still in the news. There are investigations into the Massey Energy coal mine disaster in West Virginia: 29 lives lost and the worst U.S. mine disaster since 1970; and the British Petroleum oil platform explosion in the Gulf of Mexico, 11 workers killed and the worst oil spill since Exxon Valdez. Corporate heads weighed the costs of lobbying and legal maneuvering against the cost of compliance with federal safety regulations. The value of potential lives lost might have been factored in, but apparently it didn't amount to much.

Goldman Sachs executives testified before Congress - those who pocketed billions by bringing their country to the brink of another Great Depression. When asked to explain the sale of products they themselves described as "sh*tty" in internal e-mails, then reaping fortunes by betting on those products to fail, their only excuse is that the clients they sold them to should've known better.

Finally, there's the financial reform bill currently in the Senate. Republican leaders emerge from meetings with corporate lobbyists and follow instructions to vote "no" - not on the bill itself, but on allowing an open debate to begin on the Senate floor. They then proceed to microphones and recite industry-financed talking points, announcing their opposition to things in the bill which, it turns out, aren't in the bill at all (remember "death panels"?).

Our nation's history is largely a series of cyclical battles between the elites - whether of royalty, wealth, or corporate power - and "We the People". It'll be interesting to see how this current battle is someday depicted on The History Channel.

Illegal Immigration Is The Issue, Not Arizona Bigotry

GREG Welborn



The feigned opposition to Arizona's recent decision to empower its law enforcement officials to simply enforce federal immigration laws has become a ridiculous side-show meant to confuse the public about the more important, and deeper, issue of illegal immigration. From San Francisco's proposed boycott of Arizona businesses to President Obama's snickering criticism of Arizona's House and Senate, the liberal elites have made it clear that the next front in their assault on traditional American values is going to be waged in the arena of immigration policy. They are beginning the P.R. campaign to push for a "comprehensive immigration reform" which is and will be a euphemism for halting completion of a border fence, treating illegal residents as if they were actually citizens in terms of receiving benefits normally reserved for citizens, and then providing amnesty and actual citizenship for 11 million illegal aliens. Here is what the rest of the battle will look like.

First, immigration policy will be portrayed as a civil-rights issue. Free access to the United States and its overly generous public benefits for millions of impoverished Mexicans will be redefined as somehow comparable to ending discrimination. Anyone who chooses to disagree with that portrayal, will themselves be portrayed as bigoted. Skeptics will be branded racists, and I'm sure that a few politicians will walk through anti-illegal-immigration rallies and somehow hear racial slurs and experience a scary atmosphere that the mainstream press will be only too happy to publicize without any evidentiary substantiation.

This polarization is critical to an amnesty-style immigration bill being passed. Granting illegal immigrants amnesty and citizenship, ahead of those who have waited in line for years and/or come to this country legally, does not enjoy any significant amount of public support. So the debate will be personalized and distinctions blurred. We will be told that opponents are not simply bothered by illegal immigration. Rather they are "anti-immigrant". The issue will be transformed into a hatred of people (which is patently false) instead of a hatred of law breaking (which is absolutely true).

Then will come the sausage making! The Bismarkian I'll scratch your back and ignore my conscience and the will of the people if you'll scratch mine. Those politicians that straddle the fence will be promised all sorts of special multi-million-dollar earmarks to "allay the concerns of voters in their districts". Perhaps we'll even see another promised executive order that illegals will not be allowed to get some benefit or the other - as if the stroke of a pen on such an order amounted to real enforcement or simply couldn't be revoked by another stroke of the pen after the press had moved on to hotter stories.

Sadly, there will be little or no discussion of what the influx of more than 11 million illegal aliens has done to poorer American workers over the last decade. We won't talk about the financial crisis that would occur due to increases in entitlement funding if millions of additional illegal immigrants were added on to the welfare rolls or enrolled in already over-burdened schools. There won't be any honesty in examining Mexico's complicity in sending millions of their own to the U.S. in order to reap the benefit of the \$40 to \$50 billion that is sent annually back to Mexico in remittances. We won't talk about the fact that we already accept more legal immigrants from Latin America than any from any other region of the world. This fact

alone is sufficient to acquit the U.S. of any charge of racism. Our generosity has already been overwhelming, and yet there will be no mention of that fact, nor gratitude expressed by any representative of the beneficiaries.

We can also be confident that the left in this country will ignore the hypocrisy and cynical calculation of the Mexican government that both oppresses illegal immigrants in its own country that come from parts of Latin America and at the same time willingly turns a blind eye to, if not actually promulgates, the export of its own poor to the U.S. so as to avoid caring for them.

Sadly, we can be very certain that Liberals are as much motivated by political calculation as they are by anything else. If the overwhelming majority of illegal immigrants to our country were coming from China, there would be no debates about the issue, no attempts to extend amnesty to them, and no effort extended to allow them to stay one minute beyond their visas. That's because, the overwhelming majority of Chinese immigrants (almost all of them legal, by the way) have not show a preponderant tendency to vote Democratic. The millions of illegal aliens that have thus far become citizens through past amnesties have tended to vote en masse for liberal candidates. The more benefits that are extended to illegal immigrants who are allowed to simply become legal without having to follow the rules laid out for the legal immigrants who are here, the more liberal politicians can tie their economic interests to the political interests of the Democratic party.

An administration truly committed to uniting Americans - red or blue state residents - would seek a truly bipartisan approach. They would give weight to the very legitimate concerns of those who are legal citizens, to those who became citizens by standing in line and waiting their turn, who did the hard work to pass the citizenship test and assimilate into the larger multi-faceted American culture, and to those who have to pay the price in crime rates and tax burden imposed by unfettered access to our great country. A wiser administration would finish the border fence, toughen up employer sanctions, issue a tamper-proof ID, deport alien felons, and then work out a fair process through which illegal aliens who are long-standing residents of the United States could reapply for residency in a manner that respects those who went through the legal process to do so.

Sadly, it looks as though the civil war being waged in these United States has a new front. If we thought the healthcare debate was ugly, we are in for a nastier surprise with this issue. Candidate Obama promised - in one of his moments of honesty - to radically change the United States. At our peril this comment was ignored, and today we have an administration willing to fight for another political victory in their agenda to remake America by dividing the country into heroes and villains. It's almost ironic that the candidate who promised to be a unifying agent is turning out to be the most divisive president in the modern era, if not in the history of the nation.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn@earthlink.net.

Letters To The Editor

Re: Quislings in Sierra Madre?

I am a 20+ year resident of Sierra Madre, a member of the Medicare generation, and a practicing lawyer. It is hard to astonish me.

In the recent election, a slate backed by then Mayor MacGillivray, was decisively defeated by incumbent Joe Mosca, and Josh Moran and Nancy Walsh, leaving her honor on the short end of a 4-1 minority.

At the reorganization meeting, while some people (on both sides) behaved themselves badly, others spoke of attempting to come together in a civilized way to overcome the divisiveness that had marred Sierra Madre politics in the recent past. Retiring Councilman Don Watts decried the rancor that had marred this period and congratulated the newly elected and reelected members and expressed hope. Retiring Councilman Kurt Zimmerman suggested that while Joe Mosca would certainly be elected mayor, it would be a gracious gesture to reach across the isle to invite Ms. MacGillivray to be mayor pro tem.

The Star News reporter in an April 28, 2010 article described what happened next as follows: "In a speech about Allied Forces' victories and the U.S. decision to enter World War II, British Prime Minister Winston Churchill warned Congress in 1941 'that though hope had returned to the hearts of men and women, Quislings' - or traitors - are everywhere. So beware."

After telling the story, MacGillivray, who was about to lose her mayoral status, then added: "Sounds like very good advice, indeed."

After a statement like that, I assume that any thought of such a gesture went out of everybody's minds.

I have been speaking with a number of people and find that particularly those who are materially younger than me are not familiar with the term "Quisling". The Star News reporter had it right. The first paragraph of the Wikipedia article under that name states:

"Quisling, coined after Vidkun Quisling, who assisted Nazi Germany after they conquered his own country so that he could rule the collaborationist Norwegian government himself, is a term used to describe traitors and collaborators. It was most commonly used for fascist political parties and military and paramilitary forces in occupied Allied countries which collaborated with Axis occupiers in World War II, as well as for their members and other collaborators."

I do not know that name calling like this is ever likely to be productive in any constructive public debate. I feel confident that the new council majority will do its best to agree or disagree in a much more productive and civilized manner.

Eric Olson Sierra Madre

The Next 4 Years:

Dear Editor:

I want the next 4 years to be about the City and what the city council can accomplish with Joe, John, Nancy, and Josh representing us. But just one last thought about Mary Ann MacGillivray not voting for Joe Mosca or John Buchanan for Mayor or Mayor Pro-tem. If she didn't support them, who would she support? Only herself? Only herself for both spots? Somebody without experience? It's illogical, but goes a long way towards why she lost (technically she made this election about herself by sending out that letter supporting her slate to residents) and also why this city rejected her wishes. Civility is a two-way street and she showed she still has a long way to go before she can be trusted to put the interests of the city before her own interests.

She said in 2008 when she ran (this is on her own campaign piece posted on Bill Coburn's website), that one of her promises is that she will uphold the "dictates of the people, like Measure V". What do you call the top-vote getter in 2006 and in 2010 anything but a dictate/mandate for City Council and Mayor? In light of what she said, how does she justify not supporting Joe for Mayor? Does she only uphold dictates of the people that she supports?

One last thing, did anyone notice that all the accomplishments she pointed to on Tuesday night happened before she came on council (audits were ordered in 2006, paramedics and funding done in 2007-2008, Measure V approved in 2007)?

Disgusted Sierra Madre Resident

CIVILITY IS A TWO-WAY STREET

The election of Joe Mosca at Tuesday night's City Council meeting was the culmination of a contentious City Council election, a milestone in local politics, and the high point of the meeting. Unfortunately, the meeting was not without its low points. Yes, it was disappointing that MaryAnn MacGillivray missed the world's lowest hanging olive branch by immediately voting Nay on the long overdue election of Joe Mosca as Mayor. What a shame she couldn't move herself to welcome the inevitable. But for me, and perhaps others regardless of their political siding, the lowest low point was the shameful and unbridled vitriolic attack on MacGillivray by a resident during the public comments. Civility is a two way street, and while some past actions of the City Council deserved the reactions of voters, this verbal barrage was embarrassing and inappropriate for a public forum. Perhaps our City Council needs a Sergeant at Arms to maintain the decorum that the Council chamber deserves, and which all citizens should respect!

Bob Matheson



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The Senior Spot

By Bruce Lamarche

FINDING YOUR ROOTS

People of many ages often experience a thrill in locating lost relatives, understanding earlier chapters in their lives, and broadening their sense of belonging. Researching one's family history -- genealogy -- is one of the most popular hobbies and doesn't require physical stamina, just curiosity. It can be fulfilling and help you understand history through the vibrant personal experiences of your relatives. Perhaps most important, it can help knit your family closer through the discovery of shared stories and roots.

Today's Internet makes piecing together your past much easier. Did you know . . .

- 1) You can search for Ellis Island passenger arrival records at www.ellisland.org?
- 2) A coat of arms doesn't belong to a family surname? Each coat of arms was assigned to an individual. However, you can find free coats of arms claimed by someone with the same surname as you at www.freecoatsofarms.com.
- 3) The records from the 1930 Census are now available? (The first U.S. Census was conducted in 1790; for privacy, individuals' records cannot be released to the public for 72 years.) Visit www.census.gov or call 202-501-5500.
- 4) Beginners may wish to start at www.genealogy.com? This site offers a wealth of content, including expert tips, i.e., (What does "first cousin, twice removed" really mean?), free online genealogy classes, and intriguing family trees of celebrities such as Fred Rogers, Ava Gardner and Rod Stewart.

Numerous other sites require memberships or payment, and for a price you can find advanced research assistance or resources (be sure you understand what information or materials you're paying for in advance). For instance, www.ancestry.com boasts "the largest collection of family history records on the web." You have to pay for its high-powered search capabilities with an annual or quarterly subscription, however, you can see preliminary findings before subscribing (a few test searches proved this site's comprehensive reach into the past).

You can also pay a professional genealogist, such as those at Lineages, Inc., (www.lineages.com), to conduct your search (or you can purchase a gift certificate to give research services to a history buff). Lineages, Inc. also offers helpful information at no cost — such as how to interview aging relatives about their life histories, background about obscure diseases and medical terms, American pioneer routes, and a free genealogical tool kit.

You can also do a lot of legwork on your own investigating U.S. Census, probate, court, land, tax, immigration, and naturalization records, and documents associated with birth, marriage, death, religious events. Don't overlook your local library or historical society.

Your genealogical discoveries may delight, surprise, or even disappoint you, as no one's pedigree is perfect. Try to learn as much as you can about the economic, social, religious and other factors that shaped your relatives' experience.

A word of caution — genealogy is an infectious hobby that can quickly become an obsession. You might want to mow the grass first.

- Additional resources:**
- The Complete Idiot's Guide to Genealogy , Christine Rose and Kay Germain Ingalls
 - Genealogy 101: How to Trace Your Family's History and Heritage, Barbara Renick
 - Family Tree Magazine
 - Genealogical Helper Magazine
 - National Genealogical Society: www.ngsgenealogy.org

This article is provided by Bruce Lamarche, a member of Society of Certified Senior Advisors', www.csa.us. Bruce's company, R & B Reverse Mortgage Services (Glendora) helps seniors make an informed decision about obtaining a reverse mortgage. www.laseniormortgage.com He can be reached at (626) 335-3412.

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The Good Life

SENIOR HAPPENINGS

“SPRING” into Health

by Dr. Dennis Buckley

If this past weekend you decided that it was time to work on the house, clean up the yard, open the windows and start your spring cleaning, more than likely on Monday morning you woke up feeling achy and stiff. This is a common consequence and is expected with a change in activities.

Your body is sending you a strong message. BEWARE! You are overloading me. Even if you have been exercising regularly, a change in activities can activate muscles and joints not accustomed to activity and this can irritate them.

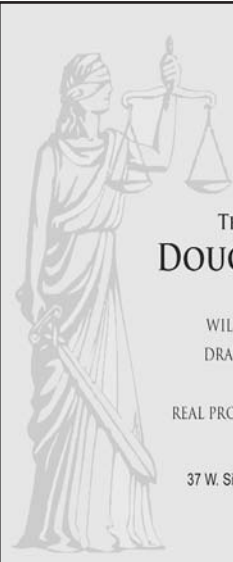
What can be done? First of all be realistic in what you want to accomplish. Trying to do too much can lead to a situation where you will not be able to do anything. If you are going to work on the house, break down your jobs into smaller jobs that are prioritized in importance. Work safely and correctly. This means the proper equipment, planning, and common sense. More people are injured trying to do projects that are beyond their means or skills.

Drink plenty of fluids, meaning water while working. Wear proper shoes and use sunscreen on exposed areas to avoid sunburn. Lift correctly using the legs and take frequent breaks so as not to overwork your body. Work when it is cooler, early morning or late afternoon/early evening. Wear protective gloves or eye protection when working. Sunglasses can provide protection and lessen stress on your eyes. More injuries occur because of carelessness than anything else does. Stepping on tools, dropping heavy objects on feet, having objects fall on you, tripping, and dehydration all can be avoided with proper preparation.

If you do experience pain and soreness during or after activity, application of ice to the affected area can provide immediate temporary relief. Contrast therapy of ice and heat, 5minutes of heat followed by 7 minutes of ice for 4 cycles is very effective for decreasing inflammation and increasing motion.

If these symptoms persist, it is advisable to schedule an appointment with your chiropractor. The lack of previous activity and the increase in new activity has probably caused an imbalance in your musculoskeletal system affecting nerve function resulting in symptoms. The chiropractor can identify the problem and by eliminating this imbalance through appropriate treatment will decrease the pain, correct the underlying problem, and allow your body to heal naturally and safely. This will allow you to take advantage of outside activities in spring and through summer.

Dr. Dennis Buckley is a chiropractor who has been practicing in the Pasadena area for 18 years. He is the co-owner of The Health Advantage in Pasadena at 1450 N. Lake Ave. He can be contacted at (626) 798-7805, dennis@health-advantage.net or www.health-advantage.net



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Recipe of the Week:

Coconut-Custard Meringue Pie

INGREDIENTS:

- Flaky Pie Crust
- 2 cups whole milk
- 3/4 cup sugar
- 1/3 cup all-purpose flour
- Pinch of salt
- 4 large eggs, separated
- 1 1/2 cups sweetened shredded coconut (about 6 ounces)
- 1 teaspoon pure vanilla extract
- Pinch of cream of tartar

DIRECTIONS:

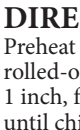
Preheat the oven to 350°. Line a 9-inch glass pie plate with 1 rolled-out round of the Flaky Pie Crust. Trim the overhang to 1 inch, fold it under itself and crimp decoratively. Refrigerate until chilled, about 15 minutes.

Line the pastry with foil and fill with pie weights or dried beans. Bake for 30 minutes, or until nearly cooked through and dry to the touch. Carefully remove the foil and weights. Bake for 10 minutes longer, until golden. Let cool completely.

Meanwhile, set a fine strainer over a medium heatproof bowl. In a medium saucepan, combine the milk with 1/2 cup of the sugar, the flour and salt; whisk until smooth. Cook over moderate heat, whisking, until the mixture is the consistency of sour cream, about 8 minutes.

Put the egg yolks in a bowl and gradually whisk in 1/2 cup of the hot milk mixture. Whisk the egg mixture in the bowl back into the saucepan and cook over moderate heat, whisking constantly until thickened, about 2 minutes. Strain the custard into the heatproof bowl. Stir in 1 1/4 cups of the coconut and the vanilla. Press plastic wrap directly onto the custard and refrigerate until chilled. Spoon the custard into the baked pie crust and refrigerate for at least 2 hours.

Preheat the oven to 350°. In a large, stainless-steel bowl, using an electric mixer, beat the egg whites with the cream of tartar at medium speed until frothy. Increase the speed to high and beat until firm peaks form. Add the remaining 1/4 cup of sugar, 1 tablespoon at a time, and beat until glossy. Spoon the meringue onto the custard, spreading it to the edge of the crust and swirl decoratively, using the back of a spoon. Sprinkle the remaining 1/4 cup of coconut on top. Bake until the meringue is golden and the coconut toasted, 7 minutes. Let cool, cut into wedges and serve.



May Birthdays

Juanita Loera, JoAnn Serrato-Chi, Barbara Siyakukkem Dorothy Tillquist, Joanne Anthony, Carole Axline, Kika Diwney, Shirley Hall, Dorothy Murphy, Annie Scalzo, Janet Ten Eyck

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

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Tuesday:
2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon
3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment
1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play
5:30 pm to 7 pm: Yoga;

Wednesday:
11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints
2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394
Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday:
1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.
5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday:
1:00 pm: Ping Pong
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm

NEW Box Meals at the Senior Lunch Café

The senior lunch program is pleased to offer special box meals that can be ordered & taken home. Participants must be 60 years or older, make a reservation 24 hours in advance, come to the Hart Park House to sign & make a \$2 donation and bring an insulated container to carry out the box meal. There is a special box meal menu available at the Hart Park House - for more information or to reserve a meal, please call (626) 355-0256.



Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS

****ONCE A MONTH OR WEEKLY****

Please contact Darlene Traxler at 626.355.6220 or (626) 355-0256.



MONTHLY EXCURSIONS

Friday, May 14 - LA Central Library
Tour & Lunch - 9 am to 3 pm; \$7 for transportation only - lunch on your own.
June TBA - Cheese Factory Tour & Lunch at a Temecula Winery
May excursions are open and reservations can be made by filling out a registration form & making payment. For questions, please call the Sierra Madre Senior Desk at (626) 355-7394.

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SIERRA MADRE'S FARMERS MARKET!

Wednesdays 3-7pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free.
Free public parking on Mariposa.



Chris Bertrand

One Of A Kind: *Featuring unique homes & gardens and the people who create them* Story and Photos By Chris Bertrand

Monrovia Architect Norberto Nardi

Designing small town community concepts across the street and around the world

Norberto F. Nardi, an AIA architect known across LA and across the world

in professional and academic architectural circles, thinks of himself as both an architect and an urban designer, and a man who thrives on the magical connection between dwellings, lifestyle and nature.

An Argentine-born Italian, Nardi has purposely sited his offices away from the downtown LA environment, preferring instead



Norberto Nardi reviews Corona's Dos Lagos project.

the urban-suburban climate. Nardi's firm spent years in Ontario, in a historic complex originally used as an irrigation supply company, refashioned as his offices and a satellite classroom for his teaching in the Cal Poly Pomona, School of Architecture.

After a careful search, Nardi moved closer into the LA megalopolis, this time choosing Monrovia. The firm completed the redesign of a historic, 1920's building on Shamrock, just last year. Originally, the checkerboard brick building housed an auto repair garage and gas station which served the city for decades.

The structure of the building captured Nardi's imagination. "I fell in love. It was telling me something," Nardi reflects. Unexpected for a utilitarian auto repair facility, angled exposed structural beams lend an artistic flair, and create a beautiful diamond relief on a white on

white, arched ceiling that seems to float above the workspace. The same ceiling structure was duplicated in a later expansion, space now used for a conference room and offices. The tall, vintage rollup garage doors (though not original if you study the 1920's photo) with two rows of windows remain, flooding morning light into the architect's workstations.

A glass room divider down the center of the main building includes a timeline history of major projects on many continents, including Europe, China, Argentina, several sites in Mexico, the Dominican Republic and Jamaica. Closer to home, a landmark project in New Orleans will bring new life to a long abandoned section of Kingston Beach, famous (or infamous) as the last segregated beach on Lake Ponchartrain. Nardi feels a great affinity for New Orleans, as he spent many years there on the architectural faculty of Tulane University.

Scale models of many of the big projects are also displayed behind the glass divider. Once, a potential client chose Nardi after touring his offices, and coming upon a drawing of the very place he'd honeymooned in Argentina. Nardi had designed the hotel at a famous waterfall at that cliffside, Argentinean site. The connection was made and the job was his.

Earthquake retrofit and custom configuring the space for an architectural practice usage also included bathrooms and a kitchen. Extensive soundproofing created an uncannily quiet environment in a building with extensive open space, glass and hard surfaces.

The three color epoxy floor, an homage to the original function of the building, reflects more light back into the workspace. The suffuse light and quiet combine to give the building a sense of weightlessness that is hard to describe.

Stepping outside, a brightly colored iron structure used to drably support an ancillary building. Now it will slowly be shaded by advancing ivy, soon creating a shady venue for lunches and meetings, respite from work and as a venue for outdoor events.

"I am totally committed to this place. I don't rent. I'm invested here. My mortgage payment is here. I eat at the restaurants here. I live nearby. This is my last destination. We are connecting in many ways with the community, like the art walk. And you'll see us playing tennis midday on Fridays, across the street in the courts at the park."

"I'm a bit of a crusader," he continued, "To show how modern design can be respectful to the past, like I did with this building. I understood that this building has a particular quality to make a statement, and that it is not necessary to have antagonism between history and modernity. They don't have to be separate."

"I take a lot of projects in small cities..."



1920's photo of the original Shamrock Avenue building

Pasadena, Pomona, Claremont, Irwindale, Sierra Madre. Why? It allows me to be in touch with the people directly," he commented. Here in the city of Monrovia, his firm, Nardi and Associates, is currently at work creating the I-210 underpass connecting the planned Gold Line station to the downtown district. Nardi sees it as an exciting opportunity to create a gateway to the community here.

Down in Corona, a huge project underway for several years now has been developed with Nardi's design and under his guidance. Dos Lagos is a 534 acre master-planned, mixed use development near the 15 and 91 interchange.

Dos Lagos "combines a mix of residential uses with upscale shopping, dining, entertainment, live-work lofts, business and resort hotels, an 18-hole championship golf course and office space centered around two signature lakes, the namesakes of Dos Lagos," according to the project's website, www.DosLagos.net. In the 135 acres set aside as a native plant and animal habitat, the Temescal Creek has been restored.

Nardi loves that the project has been so well received at all income and age levels. He's delighted that the 950 foot long, signature walkway has become a popular site for weddings and pictures. The green screen structure built with horizontal bamboo pieces on a steel frame, straddles the nine foot waterfall built between the two manmade lakes, an unusual and breathtaking site.

In fact, his firm's design of the bridge, lakes and outdoor amphitheater that comprise the "heart" of Dos Lagos, was commended by Architectural Record magazine as "setting Dos Lagos apart" from other live, work and play

communities being developed nationally.

When my students come here for classes, I teach by doing. I use my office as a teaching tool, where I show my students what it takes to be in this profession, by my devotion and example. Academia is a crystal ball, removed from reality. Here, we walk and discuss and argue, so they can developing their own compass.

Nardi is a man who purposely doesn't take himself too seriously. As a tenured professor for twenty two years at Cal Poly Pomona's School of Architecture, he freely admits that his attention occasionally flags at faculty meetings. He's even been known to doodle on the day's agenda.

Since his "doodling" skills benefit from his architectural drawing skills, many have become well-honed, political cartoons, several of which hang on the walls of his conference room. Two caught my eye... The cannon aimed at all the proposals for a project and, more humorously, when a department chair position was under discussion, his irreverent doodle placed the chairperson's "crown" atop the "royal chair" ahemmm... commode.

Nardi views every new project as a journey on an architectural adventure. He finds spicing it with a little humor, a lot of passion, a little grounded perspective balanced with a healthy measure of creativity and worldwide experience go a long way toward a successful project... whether it's a local office building, a gateway to the city or a mega-complex in China.

For more information on Norberto F. Nardi, visit www.Nardi-Associates.com or call 626-981-1257.

Tips of the Trade:
Real Estate Revealed
by Luther Tsinoglou
IT ALL DEPENDS

The signals are out there: home sales are picking up and prices are slowly ascending. However, recovery isn't obvious everywhere yet. Most markets are still seeing the cheapest homes selling fastest, while mid-range homes are taking longer, and upper-end properties are languishing.

Whether buying or selling, your best strategy in this dynamic marketplace depends on which tier your property sits. This column will begin by offering advice for that bottom tier of the most affordable homes. My next column will discuss the mid-range market, and then finally we'll get around to those most expensive properties at the top.

Most of the two million recent foreclosures have made up the bulk of the least expensive homes on the market. Bargain prices and a federal tax credit have lured investors and first-time buyers into the fray, increasing sales of \$100-\$250K homes by 9% over the last year. Buyers should act quickly and submit their offer with due haste. If your offer isn't accepted, keep checking back, because deals commonly fall through.

While it's hard to compete against foreclosures in the pricing category, they're often in dire need of repairs. Sellers can increase their odds of success by offering their home in "model condition" at a fair price. Whether you're a buyer or a seller, watch this space for more advice on making your sale or purchase work.

Luther Tsinoglou has just been named the top producing sales agent in Dickson Podley Realtor's Sierra Madre office for 2009, making the top 10% at the company overall. Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in Southern California. Luther can be reached at his direct line (626) 695-8650 or at luther@tsinoglou.com.

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