



SATURDAY JULY 3, 2010

VOLUME 4 NO. 26

## Water Woes

**Sierra Madre's pristine Water System is the source of great pride and great concern**

Photos and Story By Susan Henderson

There are few small towns that have just about everything. A clean, safe environment, their own fire and police departments, good schools, talented, dedicated city staff, a war chest of community volunteers and.....water.

Yes, Sierra Madre even has its' own supply of water and doesn't have to rely on surrounding purveyors of water to sustain the city. In 1882, The Sierra Madre Water Company was formed, 25 years before the town was incorporated.

Sierra Madre's water supply is primarily derived from four wells drawing from the East Raymond Basin aquifer (85%) and two natural spring tunnels located on either side of the county flood control dam in Little Santa Anita Canyon. These wells are the source of great pride, and once again, great controversy.

The local supply is managed by the Water Division of the Department of Public works and has the responsibility for maintaining water quality, and pumping, treating, and distributing water to residents and businesses in town. The water is collected in a reservoir at the City's maintenance facility and then pumped to other reservoirs around town. The water is then distributed through a network of pipelines in our streets.

Current revenues from water users are not sufficient to continue operating the city's aging water system properly. This is primarily due to the fact that there has been no rate increase since July 2006 to keep up with the escalating costs of, for example, electricity which runs the pumps.



Sierra Madre's pumping station



Electricity power the city's water resources

There is also not sufficient revenue to replace aging parts or to match available federal funds of \$10 million dollars to do major capital improvements. For instance, the Mira Monte Reservoir was recently rebuilt utilizing the matching grant program with the federal government. Funds for matching grants come from the Water Revenue Reserves. Those reserves are now below acceptable levels and leave the city vulnerable in the event of a disaster or emergency.

Recently, the city council was advised of the need for a rate increase for water users and began the process of increasing the water rates. Those plans have inspired a campaign against the fee hike. As the result of a state proposition, ("Prop 218"), certain utility fee increases can be blocked through a process that allows citizens to protest the action. Opponents of Sierra Madre's proposed rate increase have surfaced and are asking residents to sign documents in "protest" of the rate hike. If they are successful and ascertain support of more than half of the rate payers in Sierra Madre, the city will not be allowed to raise

water rates. As of this writing, however, no other viable alternative to increasing water revenues has been found and without increased revenue, the maintaining and integrity of the city's water resources properly will be in jeopardy.

Over the years, there have been many legal battles over water rights but this developing modern day 'feud' is not over who has access to the water but over the costs associated with maintaining the water system and who should pay for them. In a city that has total control of its water resources, there are those who appear to be opposed to paying it.

The city's current water delivery system, which dates back to the early 1900's requires constant maintenance and improvements. As recently as this week, as if a warning to the city that the system's need for maintenance is immediate, an aging water main broke in the canyons. It appeared that the main (shown below) had not been replaced since the 1930's.

On July 13th, the city council will hold a public hearing in accordance with the conditions of Prop 218. Protests must be submitted to the council by that date.

For more information go to: [www.cityofsierramadre.com](http://www.cityofsierramadre.com)

Related articles on the city's water rate increase go to:

<http://mtnviewsnews.com/v04/html/n25/p01.htm> and

<http://mtnviewsnews.com/v04/html/n21/index.htm>.

## 4th of July Activities

Saturday, July 3rd

A Pre-Parade Party in Memorial Park 5:00-10:00 p.m.,

The Food Booths and Beer Garden, operated by volunteers from local nonprofit groups, will open at 5:00 p.m. The popular Bubble-Wrap "Fireworks-O-Rama," a playful event for the youngsters 6:00 p.m.

Aluminum Marshmallow, known for its exhilarating "Age of Aquarius Horns," classic 60s and 70s rock 'n' roll. Seating for this, and all other concerts, is on the green, so concert-goers will want to bring along a lawn chair or blanket.

Sunday, July 4th

Be ready to rock and roll by 5:30, when Rocktail will be performing in concert. The band specializes in classic rock and typically invites the audience to sing along with their favorite tunes. Not to leave out the kids, at 8:00 p.m. there will be a showing of the movie "Shrek."

Monday, July 5th

8:00 am Women's Club  
Breakfast Essick House  
Sunnyside Ave &  
Sierra Madre Blvd.

10:00 Parade Begins

11:30 Memorial Park  
Community Picnic  
Food Booths  
Vendors  
Family Activities

12:00 Concert  
Night Blooming  
Jazzmen

### Water Play Zone Guidelines

Sierra Vista Park is now the only designated water play zone (west side of the park on the grass lawn). The Sierra Madre Fire Department will be spraying water into Sierra Vista Park for children and families to play in. Only water/squirt guns will be permitted at the water play zone. Absolutely no water balloons or use of water hoses will be tolerated at the water play zone or anywhere along the parade route. Absolutely NO water will be allowed along the parade route. Parking signage will exhibit a "No Water Zone" notice along Sierra Madre Blvd.



Rate hike opponents solicit support in Kersting Court

Photo by C. Bertrand



Water main breaks such as the one pictured above are the result of aging pipes that need replacing.

## New Water Tanker Makes Parade Debut

By Dean Lee

After fighting fires for over 35 years, the fire department has finally decided, this year, to retire their water tanker, replacing it with a brand one that will make its first public appearance in the Fourth of July day parade. Fire Marshal Richard Snyder said maintaining the old truck just got to be too much.

"Usually we go out on mutual aid assignments, to bushfires, and last year it got called out five or six times but we didn't take it," he said. "We didn't take it because we didn't think it was mechanically sound."

Snyder said they drove the new tender down from Sacramento three weeks ago.

Along with the new water truck, the department also bought a new ambulance and one new fire engine. Snyder said they plan to take two older engines out of service, replacing them with just one. The new ambulance, he added, will also be in the parade on July 5.

The cost of the truck was part of a large citywide capital spending program, he said, which also included new public works vehicles. Snyder did not specify the price of individual vehicles, but said the city gets reimbursed on many assignments. "It will eventually pay for itself," Finance Director Karen Schneider, he said, oversaw the vehicle's leasing.

He added that the new truck is similar to the old one in technical specifications. Both hold 2,800 gallons of water and both can be used for applying Phos-Chek. The new truck



Sierra Madre Fire Marshal Rich Snyder and new tanker.

Photo by Dean Lee

has a stainless steel tank he said. Phos-Chek is a non toxic fire retardant used to fight wildfires.

"Our water tanker was the only water tanker that is a mobile Phos-Chek mixer," he said, explaining that they made sure the new one was as well. "That is one of a kind."

Although, not yet in city service, the truck has been at work the last week applying Phos-Chek along the San Gabriel Mountain foothills cities.

Snyder, along with Pasadena Fire, spent all day Wednesday spraying Phos-Chek around the Rose Bowl in anticipation of this year's Americafest, the largest fireworks show in Southern

California.

"We have 8,000 pounds [of Phos-Chek] that we are spraying as a preventive measure for the Four of July activities," said Pasadena Fire Information Officer Lisa Derderian. "Not only are there thousands of people that attend the show at the bowl, but thousands that surround the Rose Bowl area as spectators."

Snyder said they used the truck for the first time last weekend applying Phos-Chek at Chantry Flats. He also said the fire retardant is good until it rains.

## West Nile Virus Found In San Gabriel Valley

Officials at the San Gabriel Valley Mosquito and Vector Control District that a dead crow found in Covina was infected with the West Nile Virus. Officials at the district sounded the alarm for residents to take the appropriate precautions, especially during this holiday weekend.

Precautions include wearing long pants and long sleeved tops and using mosquito repellent.

Residents are also cautioned against leaving standing water outdoors, a breeding ground for mosquitos.

West Nile virus (WNV) is a mosquito-borne disease that was found in the US in 1999. Every year there has been cases of WNV reported in California. To date, in Los Angeles County, there have been 4 cases reported to date.

For more information on WNV go to: <http://www.sgvmosquito.org/>



PLEASE

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FIREWORKS  
IN SIERRA  
MADRE**



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without rain  
hassles!  
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off Michillinda

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Coffee - Deli  
900 Valley View Ave, Pasadena, 91107  
626-610-6151 M-F: 7-6, S: 8:30-1:30,  
Closed Sunday

Read The Paper Online At: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)



## Weather Wise

### 5-Day Forecast Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 80s	Lows 60s
<b>Tues:</b>	Sunny	H 80s	Lows 60s
<b>Wed:</b>	Sunny	Hi 80s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service



## Sierra Madre Aquatic Center Summer Movie Nights

The Community and Personnel Services Department will be offering three FREE movie nights this summer at the Sierra Madre Aquatic Center. These wonderful family events are made possible by generous donations from the Sierra Madre Community Foundation, Sierra Madre Volunteer Firefighters Association, and the Sierra Madre Civic Club. This is a great opportunity to spend family time at the Sierra Madre Aquatic Center is a safe and fun environment at absolutely no cost!

The summer movie night schedule is as follows:

Wednesday, June 30, 2010 - Movie: Madagascar 2  
Wednesday, July 28, 2010 - Movie: Surf's Up  
Wednesday, August 25, 2010 - Movie: Muppet Treasure Island

All movies at the Sierra Madre Aquatic Center will begin at 8:00pm and will finish at 9:45pm. The Sierra Madre Aquatic Center is located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024. Please be sure to arrive early, as maximum capacity may be reached at the Aquatic Center.

For more information on the Sierra Madre Aquatic Center Summer Movie Nights, please contact the Community and Personnel Services Department at 626-355-5278.

## BARGAIN BOOK SALE AT SIERRA MADRE LIBRARY Quality Books for Only A Buck!

The Friends of the Sierra Madre Library will hold a Bargain Book Table Sale inside the Library, Monday, June 21 through Saturday, June 26, during the Library's open hours. This month's featured topics will include Fiction, Cookbooks, Biographies, Animals, Wildlife, Time Warner and Children's books. All volumes are in good condition and will be sold at the low, low price of \$1.00 each. These every-other-month book sales provide funding for Library resources and programs.

Are your bookshelves bursting at the seams? Is it time to weed out the old to make room for the new? Your donations of gently used books are appreciated, and will help maintain our book sale inventory. Books in bags or boxes may be dropped off at the back of the Library, by the basement door.

For more information call (626) 355-7186, or visit our website at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us). The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m.

### SAVE THE DATE....

#### Taste of Arcadia

The Arcadia Chamber of Commerce is already gearing up for our annual Taste of Arcadia evening at the Aboretum on Monday, September 20 at 5:30pm. Just go to the [arcadiacachamber.org](http://arcadiacachamber.org) website to find out more and to buy tickets. If you would rather, you may call the Chamber office 626 447-2159 to place your order for tickets, too. TASTE OF ARCADIA ticket prices will remain the same as last year, only \$35 until August 20, \$45 until Sept 19, and at the door tickets are \$55. The price is inclusive of all restaurant, beer and wine samplings and tastings. Live entertainment by Cold Duck, and raffle prizes round out the evening of food and beverage tastings from over 35 restaurants, and many wineries and breweries. Presently, we are happy to announce several sponsors: Matt Denny's Alehouse is sponsoring the Martini Bar, Westfield and Waste Management are coming on board with sponsorship, also. Tables of 10 may be reserved, and for businesses, a reserved table for 10 and 2 Pasadena Star News ads on your choice of dates, plus special recognition is part of a special package, too. Many food and beverage establishments have opted in already: Souplantation, The Derby, Classic Wines, Matt Denny's Alehouse to name a few. September 20 in Arcadia, at the Arboretum, Taste of Arcadia - "nothin' could be fina" ...

## Potluck and Family Game Night Sierra Madre United Methodist Church

Come one, come all! The Sierra Madre United Methodist Church cordially invites you to a community Potluck and Family Game Night on Saturday, July 17, beginning at 5:30 p.m., in the church's Hartzell Hall. Bring a favorite dish and a table game to share, and enjoy a relaxing, family-oriented evening with family and friends. Service items and beverages will be provided.

The Sierra Madre UMC is located at 695 W. Sierra Madre Blvd. in Sierra Madre, on the northeast corner of Michillinda and Sierra Madre Blvd. There is ample parking in the church's lot, off Michillinda. For more information or directions, please call the church office at 626-355-0629.

### Live from Burger Continental The Harvey Hyde Show

535 So. Lake Ave. Pasadena (626) 792 - 6634

Every Thursday 6:00 pm - 7:00 pm  
**Hard-hitting, High impact sports talk radio**  
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**MEN'S WEEKLY TENNIS**  
**INTERMEDIATE LEVEL**  
**NOON EVERY WEEK IN**  
**SIERRA MADRE**  
**CALL 355-2335 FOR INFO**

## SIERRA MADRE'S FARMERS MARKET!

Wednesday 3-7 pm

Fresh vegetables and seasonal fruits from California family farms. Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. *Free public parking on Mariposa.*

## Sierra Madre Fire Safe Council offers support to the Sierra Madre Volunteer Fire Department

The Sierra Madre Fire Safe Council is supporting the Sierra Madre Volunteer Fire Department. The support comes in the form of the Chase community grants program We need as close to 1000 votes of support as possible to get them to a point of having a great chance of gaining \$20,000. Click on the link below and vote for your fire department volunteers now. If they are successful, it just may well be a piece of equipment that saves the life of a loved one.

Voting closes July 12th

We are also looking to help the SMVFD by collecting your comments to forward to them on your suggested use of a \$20k boost if they are successful...in other words what piece of equipment would you like to see them purchase. Add your comment/suggestions to the link/ story at [www.smfiresafe.com](http://www.smfiresafe.com)

.....and thank you. Hopefully we will see you at our next education meeting in August.



**HUNTINGTON**  
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SAT. 8-2

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- In House Laboratory
- TPLO
- Soft Tissue



Gary R. White, DVM

# PLEASE: NO FIREWORKS IN SIERRA MADRE

## Kiwanis Club of Sierra Madre

**Meets Tuesday 12:00 noon\* at Masonic Temple**  
**33 E. Sierra Madre Blvd. Sierra Madre**

Lunch is \$11 - program only is free and begins at 12:45pm

*\* On the last Tuesday of each month, the club meets at 7:30am, to accommodate members (and prospective members) who are unable to attend the club's usual noon meetings.*

### Upcoming Events

**Sierra Madre Fire Marshal Rich Snyder**  
**on Emergency Preparedness**  
**Tuesday, July 6th at Noon**

For Meal Reservations contact: Harriet Lyle, 355-6786

## Music News

By Sierra Madre Sue Behrens

Sierra Madre's favorite band ALUMINUM MARSHMALLOW returns to the bandshell in Memorial Park this Saturday, July 3rd to kick off the annual Independence Day weekend-long celebration at 6:00pm, with the beer garden opening at 5:00. I snuck up on them while they were rehearsing at an undisclosed location in town the other night, and got to hear some of the new tunes they've been working on. Don't let the photo(s) fool you - they may look like a bunch of CPAs in their civilian clothes, but come Saturday they will don their hippie threads and blow your mind with their repertoire of mostly 60's and 70's Rock 'n' Roll, accompanied by THE AGE OF AQUARIUS HORNS. So pack up the family, bring your blanket and picnic dinner, and don't forget your dancing shoes!



Aluminum Marshmallow members: Jim Hickey, Scott Rowe, Tom Behrens (band founder), Bob Loza, Danny Hesse

SAT. 7/3 - ANNUAL 3rd OF JULY CONCERT IN MEMORIAL PARK IN SIERRA MADRE with the Incredible ALUMINUM MARSHMALLOW & THE AGE OF AQUARIUS HORNS, 6 - 10pm. Beer garden opens at 5pm. On Sierra Madre Blvd. at Hermosa Ave., next to City Hall. Get there early if you want a good seat on the lawn! My family will be in the usual spot... come by and say hi!

*and don't forget... the Buc closes at the same time the beer garden does (10pm) on July 3rd!*

SAT. 7/3 - MERCY & THE MERKETTES Dance Party @ CAFE 322, 10pm.... right after the beer garden closes... what a coincidence! 322 W. Sierra Madre Blvd. Be safe - walk or take a cab....

SAT. 7/3 - OPEN MIC NIGHT @ THE FRET HOUSE IN COVINA. 309 N. Citrus Ave. (626) 339-7020. Always on the first Saturday of the month, and just one dollar for performers or audience. Sign-up starts at 7:30. If there aren't enough slots for everybody they'll make a list for the next month, and call you. Each act gets two songs or ten minutes, whichever comes first. The show starts at 8:00. They'll have desserts and coffee ready. Bring your friends and family and join the show! <http://www.frethouse.com/>

SUN. 7/4 - BARRY "BIG B" BRENNER @ FIREFLY BISTRO IN SOUTH PASADENA, 11am - 2pm. 1009 El Centro. 626-441-2443. 4th of July Sunday BLUES Brunch! <http://www.bigbbrenner.com/>

SUN. JULY 4TH - NEW ASTROTURF @ the American Legion Canyon City - Post 180 in Azusa, 2 - 6pm. NO COVER, no obligation to buy drinks (full bar) or food (the meal is a rib dinner for \$10, reservations: 626-334-9938) 819 N. Loren Ave. All are welcome. All-American Folk/Rock & Classic Country and everything from A to Z in the USA (AZUSA!) <http://canyoncitymusic.wordpress.com/>

MONDAY JULY 5th - SIERRA MADRE 4th OF JULY PARADE, 10am - starts at Sunnyside & heads east on Sierra Madre Blvd. down to Sierra Vista Park, where the Fire Dept. hoses down the crowd in the official "water zone"! Look for yours truly with the Alverno High School group - GO JAGUARS!

MON. 7/5 - MAX BUDA BAND @ THE OLD TOWNE PUB IN PASADENA, 9pm. Corner of Fair Oaks & Union behind the Container Store. Enter thru alley off of Holly Ave. 626-577-6583. Chester, Jerry, Ted, Bruce, Peter and Nick on noisemakers. An eclectic mix of jazzed-up rock. One of my favorite bands. Every FIRST Monday night.

"WEDNESDAY NIGHT PLATTER PARTY" @ THE BUCCANEER, 9pm. Bring your favorite vinyl records and play an entire side on the house turntable, commercial free! 70 W. Sierra Madre Blvd. 626-355-9045.

THURS. 7/8 - BARRY "BIG B" BRENNER @ FIREFLY BISTRO IN SOUTH PASADENA, 6 - 9pm. 1009 El Centro. 626-441-2443. Burgers, Brews & BLUES Every Thursday. <http://www.bigbbrenner.com/>

FRI. 7/9 - The MELLOW D'z (DAVE OSTI AND DEANNA COGAN) @ THE MAYAN BAR (inside the Aztec Hotel) in MONROVIA, 6 - 9pm Happy Hour. 311 W. Foothill Blvd. 626-358-3231. NO COVER. Full bar, coldest beer in town! Classic Rock and beyond! Every Friday.

SAT. 7/10 - CELEBRATION ON THE COLORADO STREET BRIDGE with Live Music from SNOTTY SCOTTY & THE HANKIES, MERCY & THE MERKETTES, NEW ASTROTURF and many more, 6 - 11pm. WRECK 'N' SOW outside the Orange Grove entrance, 5:30 - 7:30pm. \$13.50 in advance (maybe \$15 at the gate?) 626-441-6333. Food, beer/wine, classic cars. kids activities & entertainment, etc. Always a great summer night under the stars! [www.pasadenaheritage.org](http://www.pasadenaheritage.org)

SAT. 7/10 - LISA FINNIE & FRIENDS @ CAFE 322 IN SIERRA MADRE, 8 - 11pm. Full bar & great Italian food! 322 W. Sierra Madre Blvd. 626-836-5414. Country/Jazzy Folk, and always quality musicians.

SUN. 7/11 - YVONNE PEREA @ MEMORIAL PARK BANDSHELL IN DOWNTOWN SIERRA MADRE, 6 - 8pm. FREE concert in the park, sponsored by the SPERO Foundation, a newly formed, Sierra Madre-based philanthropic organization. \$1 tacos, \$1 water and \$1 cookies!!! Folk, Blues, Rock.

SUN. 7/11 - "OPERA TO BROADWAY" VOCAL PERFORMANCES @ CAFE 322 IN SIERRA MADRE, 7pm. 322 W. Sierra Madre Blvd. 626-836-5414. Full bar and great Italian food. Every Sunday evening. Get there early - they pack 'em in!

FRI. 7/16 - The Sin Twins Rhythm & Blues Review @ Arcadia Blues Club, 10:00 p.m. with Bobby Bluehouse at 7:30 p.m. \$15.00. 16 E. Huntington Dr. 626-447-9349. Full bar & kitchen, pool tables, BIG room. Sort of a Blues Brothers thing, with a whole big band build-up with horns, chick back-up singers, etc. Quite the production and lots of familiar faces from other local bands. [www.arcadiabluesclub.com](http://www.arcadiabluesclub.com)

SAT. 7/17 - Billy Vera & The Beaters @ Arcadia Blues Club, 10:00 p.m. with Bobby Bluehouse at 7:30 p.m. \$15.00. 16 E. Huntington Dr. 626-447-9349. Full bar & kitchen, pool tables, BIG room. Remember when they used to play at the Sunset in Sierra Madre a hundred years ago??? <http://srv.ezinedirector.net/?n=3823413&s=61715327>

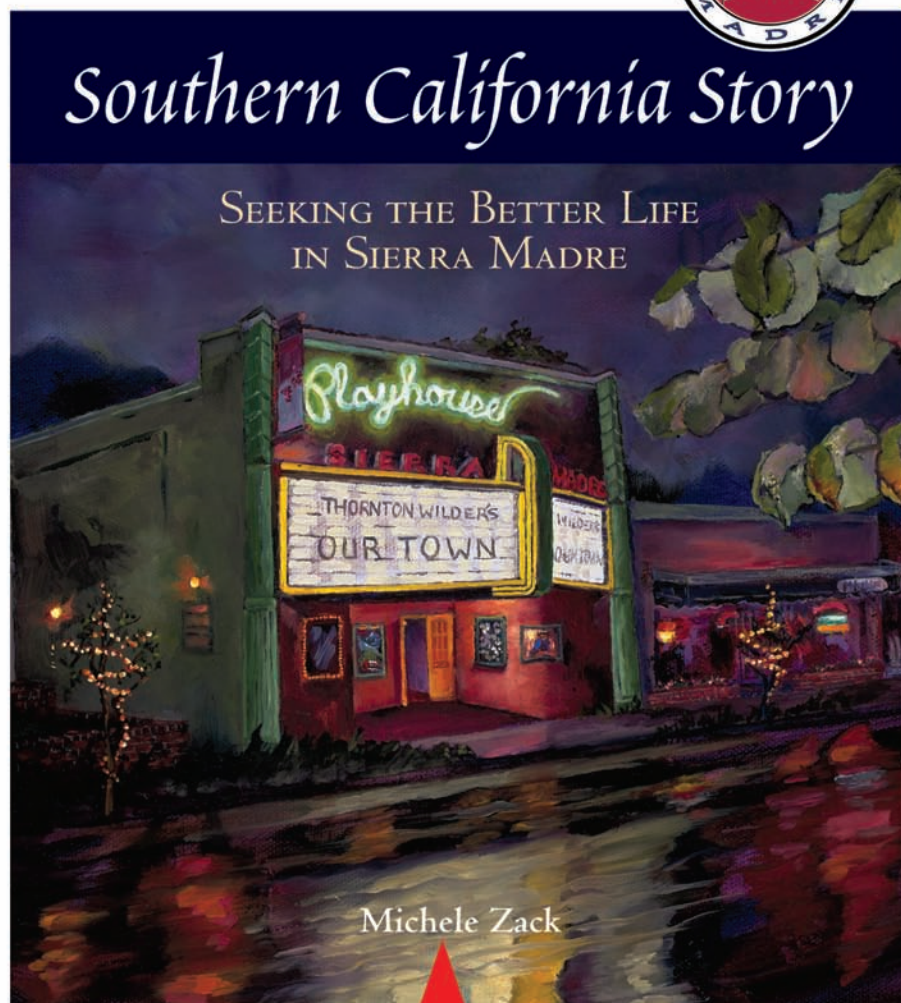
Please remember to call and verify all info. before making plans. Everything is subject to change. This is show biz, after all...

Hope to see you out & about,  
SierraMadreSue [sierramadresue@yahoo.com](mailto:sierramadresue@yahoo.com)



## VISIT OUR BOOTH IN MEMORIAL PARK ON FOURTH OF JULY WEEKEND

A free glass of our famous lemonade  
with each purchase of the  
award-winning history of our town.



Michele Zack

AWARD  
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## MIDSUMMER NIGHT'S DREAM



For the first time in its 50 year history, Creative Arts Group will host a sale of the work of the 60-plus artists showing in their gallery. For two hours only, on July 16<sup>th</sup> from 8-10 pm Creative Arts Group will host a *Midsummer Night's Dream* sale with absolutely everything in the gallery marked down 20%. All artistic media including glass, watercolor, ceramics, enameling, jewelry and more will be included. After the two-hour sale, all work will return to its original price. Refreshments will be served and all are invited to partake of this first-ever festive occasion. Creative Arts Group is located at 108 N. Baldwin Ave in Sierra Madre. For more information or directions call (626) 355-8350.



## A TASTE OF SIERRA MADRE COMING SOON

A new event is fast taking shape to premier on September 11th this year, "A Taste of Sierra Madre." Area residents are invited to sample the food, fun, fine arts and music that make Sierra Madre so special! This year's fundraising recipients will be both local and far reaching: expanded Youth Arts Programs offered through the Sierra Madre Youth Activity Center and cleft palate surgeries for children and adults who would otherwise not receive this care through the nonprofit [Rotaplast Foundation](http://www.RotaplastFoundation.org). This specialized plastic surgery has been performed by a group of San Francisco based volunteers since 1993, improving a needy child's ability to eat, speak, hear and breathe, and restoring a normal appearance and function.

In anticipation of the event, a summertime art and essay contest will focus on this year's fundraising theme; "Children's Smiles Around the World" which ties to the creation of new children's smiles



*Taste of Sierra Madre volunteers receive entries to the "Children's Smiles Around the World" Art and Essay contest. Committee members from L to R are Chris Bertrand, Publicity; Moira Love, Art Chair; Tom Brady, Event Chair; Kathleen Brady, Student artist; Ria Richey, Art Judge; Karen Keegan, Savor the Flavor Owner and Wrist Band Ticket Sales; Kathleen Coyne, Volunteer; Madeleine Romo, Savor the Flavor and volunteer.*

through this life changing, cleft palate surgery. The contests invite Sierra Madre resident and student submissions to interpret this theme from kindergarten to grade 12 until July 30<sup>th</sup>, 2010, and extends also to Pasadena and La Salle High Schools just over the community's border. Rules and application forms can be downloaded at [www.ATasteOfSierraMadre.com](http://www.ATasteOfSierraMadre.com). Belle's Nest will offer a free class in July in case any student needs help completing the art submission.

Children's creative submissions will be professionally judged and displayed throughout the summer; then savings bond prizes will be awarded at the Kersting Court event on September 11th. Every 100 submission fees of \$5 per entry will add up to \$500, funding an additional cleft palate surgery donation. We'll keep track on the website on the children's progress toward surgeries for other children!

The grass roots volunteer effort for this brand new event is chaired by local businessman, Tom Brady, president of The Destination Group. Back in April, Brady viewed a moving video of a volunteer group of medical professionals performing cleft palate surgeries on needy children around the world, literally enabling some of them to smile for the very first time at a service club meeting. Days later, when he couldn't get these children out of his mind, he was driven to raise funds for more surgeries...and a new event started evolving.

Brady immediately began gathering community, civic, school, service organization and volunteer support for this and another needed project, much closer to home, an expanded fine arts program offerings at the Sierra Madre Youth Activity Center. Also known as the YAC, the center also serves adjacent communities like Arcadia, Monrovia and Pasadena. "It's so important for our children to expand their academic and sports experiences with fine arts. So many studies reinforce that work in the arts spells increased success and focus for students," says Brady. Funds raised will be equally split between the two causes.

A day of food, fun and the fine arts will include a morning tour of local "Coolest Kitchens" beginning at Fred Crockett's ALNO European Kitchens on Montecito, fifteen restaurant and culinary stations from local businesses beginning midday, a chef demonstration and talk about making healthy food fun and appealing for children, essay and art contest awards plus a fun, Sierra Madre Fire Department vs. Police Department cook-off. A wide variety of professional, live music will fill Kersting Court throughout the day. Noted restaurant critic and television personality, Peter Dills will be part of the day's festivities.

Gayle Bluemel, principal of Sierra Madre School, confirmed her "Late Bloomers" band as the opening artists, featuring fellow musicians Dan Ames, Scott Shephard, and Ross Johnsen. Their rich country & blues sound draws inspiration from the 1970's musical genre and attracts a large Sierra Madre loyal fan base. They will be followed by Katie's Starbucks Band and an array of special guest artists before the program finale with patriotic songs performed by choirs combined from local organizations, churches and schools.

For a taste of life here in Sierra Madre, local private and public schools and service clubs such as the Kiwanis and the Chamber of Commerce have already started reserving a place to share samples of their own offerings by purchasing pop up tent space locations for \$500 per booth. A closing musical event will bring local singers together for patriotic songs in a memorial of 9-11.

Over 100 volunteers have already signed up to help plan and run the many activities involved with this first time event, but many more are needed! Special thanks go to Bill Coburn, Sierra Madre Chamber of Commerce; Moira Love, Art Chair; Karen Swisher, Foodies Chair; Susan Henderson, Coolest Kitchens Chair; Chris Bertrand, Publicity; Steve Henson, CPA, 501c3 Advisor; Rosie Gorman, Data Management; Paul Mansour, Carole Tremblay, Christy Joy Brendel, Kathleen Coyne, Blanca Hurtado, Carol Canterbury, Darwin Hood, Leigh Jackson, Julia Brady, Fred Crockett, Chief Marilyn Diaz, Jane Trotzenberg, Gayle Bluemel, Ria Richey, Manuel Valencia, Paul Puccinelli, Karen Miller, Elena Alonzo, Gloria Prins, Connie Washburn, Rosemarie Joyce, William Hurtado, Jennifer Brady, Eric Byak, Randy Wiggins, James Faulkner, Joanne Harabedian and coordination help from Sierra Madre city staff.

Presale wristband tickets will be sold at participating Sierra Madre merchants including Savor the Flavor and Best Buy Drugs. Full access VIP tickets including the morning's Coolest Kitchens tour (an adults only event) and all Kersting Court events on Sept 11 will be \$35. Kersting Court Only Event tickets will be \$20 for adults 18 and over; \$10 for those 13-18. Children under 12 will be admitted free to the Kersting Court events, when accompanied by an adult ticketholder. A Taste of Sierra Madre tickets will be sold through local merchants including Savor the Flavor, The Bottle Shop, Belle's Nest and Best Buy Drugs and The Destination Group beginning July 15th.

To apply for one of the fifteen restaurant and food purveyor spots and ten school/service club spots, to be an event sponsor, donate or volunteer services or time, visit the event website, [www.ATasteOfSierraMadre.com](http://www.ATasteOfSierraMadre.com) or call event chair, Tom Brady at 626-355-3471. Art and essay contest forms, plus a video link to the cleft palate surgery organization are also available on the website. Please sign up today!

Links to Art and Essay Application and Rules Forms:

<http://www.atasteofsierramadre.com/ART.pdf>  
<http://www.atasteofsierramadre.com/ESSAY.pdf>



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## REMEMBRANCE

### Barbara Pirovano

Barbara Pirovano of Sierra Madre passed away June 29, 2010, at the age of 93 following a courageous battle with lung cancer. She and her family wish to thank her physicians Drs. Reddy, Liu, Ratto, Conrad, Castner, and Roy for helping her through many hurdles over the years while maintaining quality of life. Barbara, we know you'll be reading the next Charles Todd mystery novel in heaven. Barbara was born at California Hospital in Los Angeles December 30, 1916, the daughter of Eva Bragg and Dr. John W. Nevius, a pulmonary specialist.

Barbara leaves her loving daughter, Nancy; brother, Dr. Donald Nevius; Thomas R. Bell, Jr.; nieces Pam, Deborah, Julie, Leah; and

nephews Steven and Ira, along with many friends. She was predeceased by her husband Alfred "Perry" Pirovano.

Barbara spent most of her career, 24 years, at Becton Dickinson Electronics in the field of accounting. She was a talented artist, cook, and loved reading British mystery novels. Barbara always made a wonderful home, despite many adversities, and welcomed all—man and beast. Her strength was an inspiration. Mother, I know all of your family, pets, and friends are with you in heaven. God bless you always.

A memorial service will be held 11:00 AM, July 10, 2010 at St. Rita Church in Sierra Madre. Care entrusted to Douglass & Zook Chapel of Remembrance Monrovia, CA (626) 358-3244

### Pasadena

## Employer Forum

*Join Women At Work and meet potential employers*

Women At Work presents our most popular event, the **Employer Forum** on **Wednesday, July 7th from 3:00 pm to 5:00 pm**. We have invited local businesses, large and small, to participate by sharing about their company and job openings. Attendees will have the opportunity to meet face-to-face with representatives from businesses such as **Caltech, Community Bank, Sam's Club, SpaceX, Vons/Safeway, Aurora Behavioral Health** and more to hear about job opportunities and current openings. Attendees should bring resumes and come dressed for interviews.

Women At Work is a nonprofit career center offering career counseling, computer access and job seeking skills. The organization provides numerous workshops as well as classes in computer programs in both English and Spanish, in a small environment. The Employer Forum will be held at Women At Work, 3871 E. Colorado Blvd., Pasadena, CA 91107.

RSVP to this important event by calling 626-796-6870, ext. 14.

Visit our website: [www.womenatwork.org](http://www.womenatwork.org)

## Architecture and DNA

*Photographs by Cybele Lyle*



July 11, 2010 - July 31, 2010  
9:30 am - 6:00pm (Mon. - Sat.)

Free Admission

Shumei Hall Gallery

2430 E. Colorado Blvd. Pasadena

Map: [www.shumeiarts.org/map.html](http://www.shumeiarts.org/map.html)

Tel: 626 584 8841

A special photography exhibition will be displayed at the Shumei Hall Gallery from July 11th to July 31st. Please join us and the artist, Cybele Lyle, on Sunday July 11th from 1pm - 3pm for the opening reception.

"Architecture and DNA" is a series of photographs that examines the influence of a father's work as an architect on his daughter's work as an artist.

Inspired by models of buildings and gardens that Cybele's dad designed when she was a child, Cybele started constructing her own buildings out of foam core – emphasizing the kind of spaces that fit her personal life. Unlike her dad's works that were designed to be used in the real world, her structures were created as spaces of potential – architecture for her own personal/artistic narratives.

The garden and studio of the home Cybele grew up in were designed by her dad and, of all his work, had the most immediate impact on her. For this series of photographs she projected images of their garden and studio onto her own structures, creating a 3rd space – one that exposes the complexity of influence and departure from a parent. *Cybele holds an MFA from Hunter College in New York, where she received the Tony Smith Award in her final year. She has recently shown at Krownswork Gallery in Oakland and Artists Television Access Window Gallery in San Francisco. Cybele will be an artist in residence at the Bemis Center in Omaha this fall as well as an affiliate artist at the Headlands Center for the Arts in 2011.*

*Cybele's father (the silent partner in this project) was founder of Cal Poly Pomona's Lyle Center for Regenerative Studies. Her mother, Harriett Lyle, is a prominent Sierra Madre civic leader.*

### Happy 4th Of July From the Heritage House!



For over 40 years, our eight rescued buildings have told the story of the development of Southern California better than any place else.

Meet with our docents and learn why preserving history is so important. Take the full tour any Friday, Saturday or Sunday at 12, 1, 2, or 3, or visit us for one of our many special events, such as the annual Classic and Vintage Auto Show, Silent Movie Nights, Halloween Morning Tours or our Lamplight Celebration.

Want to get further involved?  
Sign up to become a member or volunteer at the museum store inside the Palms Depot.

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Los Angeles, CA 90031  
(323) 225-2700

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Learn about our free educational program at [www.agoldenvision.org](http://www.agoldenvision.org)

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When you hear that someone managed to sell a home without representation, it's likely that the sale was to a family member, close friend, or a tenant who was already renting and living there. These exceptional cases are not the norm, and there are powerful reasons why it is so difficult to make a sale "by owner."

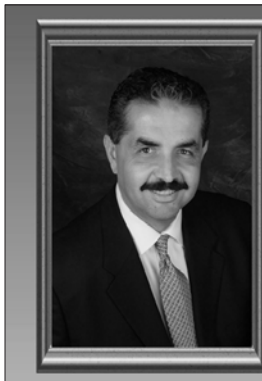
The biggest roadblock is that For Sale By Owners (FSBOs) aren't included in the Multiple Listing Service (MLS) that licensed agents and organizations use. A sign in the yard and an ad in the newspaper are no match for the widespread exposure gained from a listing visible on the MLS.

Since the FSBO has no listing agreement providing for a sales commission, many agents won't show these homes with no promise of compensation. Again, this greatly reduces the number of potential buyers exposed to the offering, not to mention the fact that buyers who do express interest will not have been screened by a professional to determine their qualifications.

Perhaps the most hazardous aspect of selling "by owner" is the potential for legal oversights and complications. Real estate transactions are loaded with potential liability for unrepresented and unwitting sellers. One overlooked form or improper disclosure could generate an expensive lawsuit.

Just as you wouldn't enter the courtroom without an attorney, you shouldn't sell your home without professional representation.

*Luther Tsinoglou has just been named the top producing sales agent in Dickson Podley Realtor's Sierra Madre office for 2009, making the top 10% at the company overall. Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in Southern California. Luther can be reached at his direct line (626) 695-8650 or at [luther@tsinoglou.com](mailto:luther@tsinoglou.com).*



### Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

## DON'T TRY THIS AT HOME







### Au79 TEA HOUSE

*Established in 1998*

AU79 was found by one of the 9 descendants of the world famous Ten Ren's Tea. Hoping that his children will also carry on the family business of serving high quality tea, he decided to open first AU79 in Arcadia, California in the year 1998. The World famous Ten Ren's Tea was found by Lee, Su-Mu, the father of the 9 descendants. All of Lee's children have successfully carried on his tea empire and carried the name of Ten Ren's Tea all over the world.

All except for one, the fourth brother, which has a different sense and uniqueness for tea. With his enthusiasm, he branched out and established his own tea house. Today, he remains one of the biggest Ten Ren's Tea's share holder and the founder of AU79 Tea House.

Striving to obtain the best quality of tea, he hand picks different types of tea leaves to create a wide variety of flavors and aromas to suit everyone's unique palate. Today, there are two AU79 locations in the San Gabriel Valley. One in Arcadia and another in San Gabriel, California. They both offer a grand selection of tea, and are open 7 days a week with convenient times to fit any busy schedule. We hope that you will enjoy and love our tea!

**Breakfast 7:00 AM - 11:00 AM, Monday - Friday**

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Egg Salad Sandwich

鮪魚三明治  
Tuna Sandwich

肉鬆蛋三明治  
Egg Pork Sung Sandwich

炸魚三明治  
Fried Fish Fillet Sandwich

其他早餐  
Other Breakfast Items

台式蛋餅  
Taiwanese Style Egg Wrap

\*加培根 /Add: Bacon, Ham, Bread Stick and/or Pork Sung

每日一粥  
Porridge of the day

茶  
Breakfast Drinks

熱奶茶  
House Milk Tea (Hot)

熱咖啡  
Coffee of the Day (Hot)

\*All Breakfast Drinks includes unlimited refills until 11 am.

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## Have A Safe & Sober Holiday!





## Safety Urged During 4th of July Activities

Pasadena Fire Department and Pasadena Police Department remind residents and visitors that the best way to celebrate the Fourth of July holiday with family and friends is by attending a professional fireworks show.

The sale and possession of all fireworks is illegal in Pasadena as well as most of Los Angeles County. Violators are subject to confiscation and impound of vehicles, up to one year in jail and fines up to \$50,000.

Due to high fire hazards associated with record-low rainfall the past few years, Pasadena police and fire personnel will staff checkpoints to seize all illegal fireworks and arrest offenders. Parking enforcement officers will ensure that vehicles illegally parked in hillside areas on July 4 are impounded.

Pasadena's police and fire chiefs stress that the aim is to prevent accidents and injuries.

"Even sparklers, which most people consider safe, can reach temperatures of 1,000 degrees Fahrenheit, burn people seriously and cause fires," said Pasadena Fire Chief Dennis J. Downs. "Adults wouldn't ordinarily allow children to get near anything that hot but for some reason they think it's acceptable to put sparklers in the hands of small children on the Fourth of July."

Statistics show that nearly 10,000 fireworks-related injuries are treated in U.S. hospital emergency rooms annually. The highest injury rates are for children aged 5 to 9 and 10 to 14. In 2007, more than nine out of 10 (92 percent) emergency room patients with fireworks-related injuries were injured by fireworks that federal regulations permit consumers to use. Fireworks are the riskiest consumer product.

For more information about fireworks safety and enforcement, contact Pasadena Fire Department at (626) 744-7276 or Pasadena Police Department at (626) 744-4501.

## Pet of the Week



Chelsea, a beautiful, four-year-old, Finnish Spitz mix is such a great dog! She is active and playful but can also be calm and loves to cuddle. Chelsea has some trouble being alone and needs someone who will help build her confidence and make sure she gets plenty of exercise and attention. She is already spayed and ready for adoption. Come visit with this wonderful dog today!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Please call 626-792-7151 and ask for A267438 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org)

## Gold Line Extension Breaks Ground



By Dean Lee

Hundreds of future riders came out last Saturday to cheer on, the long awaited, at times embattled, 11.3 mile Gold Line Extension to go from Pasadena to Azusa. The groundbreaking had Metropolitan Transit Authority officials, politicians and other local dignitaries all holding ceremonial shovels to mark the beginning of the \$690 million project.

The first phase of the extension, scheduled to be completed in 2014, will have passengers able to stop in Arcadia, Monrovia, Duarte, Irwindale, and Azusa. The full 22-mile extension to Montclair is currently projected to open 2017. Officials hope to one day further connect the Gold Line to the Ontario Airport.

"I'm nostalgic enough to remember some of the early fights over the Gold Line," said Congressman Adam Schiff (D-Pasadena, CA) who represents California's 29th Congressional District. "The time when it was suspended indefinitely." Schiff added that he then worked with the state legislators to make the Gold Line a reality opening July 2003.

He added, "The reason this has gone ahead is because we have had tremendous consensus here in the community and have worked across party lines,

across community lines, across regional lines to bring us to this day."

Among the speakers were both Congressman David Dreier (R-San Dimas, CA) representing California's 26th district and State Assemblyman Anthony Portantino (D-La Cañada Flintridge).

Portantino had the crowd chanting like a rock concert, "When you build it, I will use it." He called the Metro Gold Line Foothill Extension Construction Authority, "A lean mean, fighting, construction machine." The construction authority, setup up by Schiff, oversee the entire project.

Dreier also joked with the crowd, "I want to welcome you all to the centennial celebration of the launching of the Metro

Gold Line Foothills Extension... its only been a century since we began planning the Metro Gold Line Foothills Extension." He then reminisced about discussing a rail project with then Senator Pete Wilson in 1990.

Dreier also expressed, that to him, the Gold Line, "Its about job creation and economic growth, its about improving air quality, its about saving energy, about reducing traffic congestion, and in my perspective... its about education."

Los Angeles County Supervisor Mike Antonovich said they should aim to open the project early in 2013 making that a lucky year for the MTA.

The event took place in Newcastle Park, Arcadia.

Congressman Adam Schiff

Rodriguez-Elliott and Geoff Elliott said this comes after years of comprehensive planning and unusually successful, ongoing fundraising efforts, with \$10.1million of the \$13.3 million goal raised to date.

"It's been an extremely complicated process to clear the way for a project of this scope and magnitude, and we are grateful to everyone involved in getting us to this point," Rodriguez-Elliott said.

The new 33,000-square-foot facility, which, they say, is hailed as an anchor in East Pasadena's arts expansion is the centerpiece of a mixed-use development in the historic mid-century modern Stuart Pharmaceutical building at the corner of Foothill Blvd. and Sierra Madre Villa Ave. next to the Gold Line.

The groundbreaking celebration, fittingly, comes complete with dramatic flourishes from ANW award-

winning troupe of resident actors, who will offer an entertaining glimpse into the company's past, present and future. Pasadena Mayor Bill Bogaard and others will take part in the event, which will be attended by hundreds of friends, fundraisers, and special guests from the theatre world.

A Noise Within's new Pasadena home is designed to expand artistic possibilities, offer a greater scope of educational opportunities, meet ticket demand and allow the company to reach its full potential.

A Noise Within was founded in 1992. Since its inception, the company has presented more than 120 plays from the classics of world literature, each season producing plays from authors ranging from Shakespeare and Molière to Ibsen, O'Neill and Shaw to Miller and Williams.

For information on, call (818) 240-0910 x 1 or visit [www.ANoiseWithin.org](http://www.ANoiseWithin.org).

## ACTS Thrift Store to Open



Twenty ministers from Lake Avenue Church gathered to prepare ACTS Thrift Store for its opening July 17. Spiffing up inventory are (left) Intergenerational Pastor Albert Tate, Associate Director of Worship and the Arts John Stothers (at right), and worship leader Jeremy Rose (in back). ACTS Thrift Store ([www.actsthrift.org](http://www.actsthrift.org)) is a non-profit business created to generate funding for at-risk youth, disadvantaged families and the homeless. Programs are administered by the Lake Avenue Community Foundation (LACF).

## County to Look at Total Ban on Marijuana Dispensaries

By Dean Lee

Citing concerns that more Medical Marijuana Dispensaries, MMD, will start to move into unincorporated areas of Los Angeles County—as they are banned in nearby cities—the County Board of Supervisors will conduct a public hearing Tuesday considering a complete ban on the dispensaries in unincorporated communities.

A motion set by Supervisor Michael Antonovich would update the County's Zoning Ordinance which now prohibits the opening of an

MMD within 1,000 feet of churches, day-care centers, libraries, playgrounds, schools, and other sensitive uses.

The board's agenda report states, "It is entirely unfair for our County unincorporated residents and business-owners to shoulder the burdens and impacts of MMD's when surrounding cities have taken steps to ban the use within their borders."

Currently Pasadena, Arcadia and Monrovia have existing MMD bans according to the report. The city of Los Angeles, also just implemented a ban which took effect June 7.

## Americafest at Rose Bowl to Honor Heroes

Dennis J. Downs.

The Pasadena Police Department will recognize husband and wife team Lieutenant Chris Russ and Police Supervisor Kathy Russ, who were selected not for the heroic work they do in their professions but for the quiet and heroic work they do outside of the department as well.

Their work in assisting others came to the attention of their superiors after the Marek and Sayer fires in 2008, when the couple took on a project a little bigger than usual. They took in a stranger, helping her with required paperwork to find a new home and gifts of furniture so that she could get back on her feet financially and emotionally.

"A good percentage of the department pitched in," says husband, Chris. Kathy Russ continues, "This was really one small gesture to one person out of hundreds in need after the fires and we didn't do it all by ourselves. We simply spread the word and our peers and coworkers really came through."

Pasadena resident Emina Darakjy will be honored for her dedication in keeping the Fourth of July activities going. In 2001, the 75th anniversary of the event was in jeopardy due to lack of funding. Darakjy took on the challenge to seek donations from her friends and personal contacts and every year has raised thousands of dollars, this year close to \$60,000.

Americafest 2010 at the Rose Bowl, will celebrate Independence Day with music, food and fireworks and by honoring those who have given their lives in the past year during the Iraq and Afghanistan conflicts.

Heroes of the Year from the city of Pasadena Fire and Police departments will also be recognized at intermission.

The Fire Department will recognize Firefighter and Paramedic Jason Hansen, who was named the department's Employee of the Year. Aside from his day-to-day paramedic response lifesaving efforts, Hansen was acknowledged for helping to save the life of a 55-year-old patient who suffered cardio-pulmonary arrest while at home.

"Jason consistently demonstrates exceptional dedication to duty and commitment to the community and exemplifies the department's core values of accountability, integrity and flexibility," states Fire Chief

## Free Mulch Available To Pasadena Residents

*Officials say the service will have residents uttering, "Thank You Very Mulch."*

Through a partnership with Steven's Tree Experts residents can now obtain free mulch, a nutrient-rich blend of tree trimmings for use in home landscaping.

"Thank You Very Mulch," the title of the Public Works Department's new environmentally-friendly service to its residents.

Mulch benefits gardens and landscapes in several ways. Mulch:

Moderates the soil temperature and retains moisture during dry weather, thereby reducing the need for watering; Prevents germination of many weed seeds and reduces the need for herbicides; Adds organic matter to soil as it

decomposes; Encourages the growth of worms and other beneficial soil organisms; Can enhance a garden's appearance and helps infiltration of the rainfall into the garden.

"Thank You Very Mulch" does more than help gardens grow.

"By re-purposing the tree trimmings in our neighborhoods as mulch we reduce trips to the landfill, reduce the cost of disposal and simultaneously increase Pasadena's diversion rate," said Gabriel Silva, city environmental programs manager.

Mulch is subject to availability and can only be delivered in quantities between five and ten cubic yards.

For more information go to [www.cityofpasadena.net](http://www.cityofpasadena.net) or call (626) 744-4721.

## Citizen Journalism Boot Camp

*Learn not just how to blog but how to report the news*

Get hands-on multimedia journalism training! What makes news? Is it better to use a video instead of a still photo? How can I get this story out?

Pasadena Community Network and this newspaper are holding a seminar on Citizen Journalism. Putting the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and print along with the internet. First



class starts July 6, 11a.m.-1p.m. at the PCN studios 2061 N. Los Robles Ave. #109. For more info contact Aaron Wheeler (626) 794-8585. Cost of the six week camp is \$10 which covers all instructional materials and equipment.



# HAPPY BIRTHDAY AMERICA

## Exhibit to Celebrate the 90th Anniversary of Woman's Suffrage

LOS ANGELES – Heritage Square Museum's latest exhibit *Their Rights and Nothing Less: A Celebration of Women's Suffrage* will open on June 19th and runs through September 26th. Complete with original, rarely-seen ephemera from the early years of the suffrage movement, a special section of the exhibit will be dedicated entirely to the efforts of women in Los Angeles who led the fight for equality 9 years before its ratification at the National level.

This year marks the 90th anniversary of the passage of the 19th Amendment to the Constitution giving women the right for women to vote. More accurately, the language does not reference women in the affirmative; what it does is not deny the right to vote based upon gender.

The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex. Congress shall have power to enforce this article by appropriate legislation.

The 19th Amendment was proposed on June 4, 1919. Ratification was completed on August 18, 1920 by Tennessee, by a one-vote margin. It was certified on August 26, 1920. Of course, the fight for women's rights began much, much earlier. In 1792, *A Vindication of the Rights of Woman: With Strictures on Political and Moral Subjects* was published by Mary Wollstonecraft, which responded to an issue even more basic and immediate than voting rights—the right—indeed the necessity for women to receive an education. Although almost inconceivable to think of now, this was considered a radical position which provoked a dramatic, although not necessarily negative, response. Starting with this simple idea, women have been fighting for equal rights ever since.

Curated by Mitzi March Mogul, *Their Rights and Nothing Less* takes a critical look at the incredible effort it took to gain that right and includes original artifacts from the early years of the struggle. In addition, the exhibit continues after the vote was won to look at critical issues fought and won by the women's rights movement after. Including ephemera and artifacts from a never-before-seen private collection, the exhibit is a must for every woman...and man. The exhibit is made possible thanks to sponsors Planned Parenthood of Pasadena, 9 to 5-the National Association of Working Women, Bob Taylor Properties and the Glendale Printing Center.

Celebrating 41 years preserving and interpreting the history of Southern California, Heritage Square is a living history museum

whose eight historic structures to tell the story of the development of Los Angeles like no place else. Heritage Square Museum is open for regular tours Fridays, Saturdays and Sundays, from 12:00 PM to 4:30 PM. The exhibit is included in the museum's admission fee: \$10/adults, \$8/seniors, \$5/children ages 6-12.

The Museum is located at 3800 Homer Street, off the 110 Pasadena Freeway at Avenue 43, just north of downtown Los Angeles. For further information, visit our website at [www.heritagesquare.org](http://www.heritagesquare.org) or the museum blog at <http://heritagesquare.blogspot.com>.

### An excerpt – the Story of Olive Percival

*On July 19th, Heritage Square Museum will debut Their Rights and Nothing Less: Commemorating the 90th Anniversary of Women's Suffrage. The exhibit highlights several examples of women, (some you may have heard of and some who you have not) who led the fight for women's rights.*

*Olive Percival is one such story.*

*Like so many others, Olive Percival, her mother, and sister were lured to Southern California by the temperate climate, as well as the opportunities it presented. She was born in a log cabin; her father died when she was only ten years old.*

*Although Olive lived on a relatively modest salary (which never exceeded \$150 a month), she managed to buy land in the Arroyo Seco, where she built a home called "Down-hyl Claim." Down-hyl Claim was the setting for frequent gatherings by local and visit celebrity authors, artists, actors, society leaders, professionals and intellectuals and her diaries, which date from 1889 to 1943 are a chronicle of this life and read like a Who's Who of important residents of Los Angeles.*

*Olive began her writing career in 1896 and is probably best known for her 1911 "Children's Garden Book." She eventually became a regular contributor to the Los Angeles Times, writing on subjects ranging from women's suffrage to gardening. In 1910, following the bombing of the Los Angeles Times building by anarchists, she wrote an article entitled "Would Woman's Vote Suppress Anarchy?" in which she made the persuasive case that for America to be truly democratic, liberty must be granted to all.*

*As for equal suffrage, I have never in my life heard one sane argument against it. I think the only argument that men who are opposed to the measure have ever advanced...is that they do not want women to lose their delicacy and charm by rough contact with matters political. This is not sentiment, but sentimentality. There is no sense or intelligence*



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Directed by  
Barbara Schofield

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history, great ideas,  
and humor. The

opening scene, set in 1809, in which the poet Chater confronts his wife's lover, is hilarious. And the efforts of 21st century historians to figure out just what went on in 1809 are fascinating – and mostly wrong!

Fridays, Saturdays at 8pm, Sundays at 2:30pm.

### The Tap Chicks

Sunday June 27 at 7pm

The ever-popular dance troupe from Pasadena Senior Center returns with their high-energy precision dance routines and comic interludes.

*Standard Men*  
and their Ladies of Song

July 25th at 7pm

Kirk Smith returns with some of the finest voices ever to grace the playhouse. Join us for Broadway and blues from *Chicago*, *Oklahoma*, *Mame*, *Showboat*, *South Pacific*, and more! Special guests will be Diana Briscoe, Elyse Cook, and Alison Kalmus.

87 West Sierra Madre Blvd., Sierra Madre, CA 91024

Reservations and Information: **626.355.4318**

Group Rates: **626.836.2125** • Information, credit card sales: [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org)







## Fun With A Purpose



Ja'nyah Clowney of Monrovia delights in her participation in the Santa Anita Family YMCA's 24-hour See-Saw-a-Thon on June 26 as Monrovia Mayor, Mary Ann Lutz looks on. The event, a fund raiser for the SAFYMCA's Youth Alliance raised \$8,100 for the comprehensive personal development program that provides at-risk middle school and high school students with educational guidance, homework help, counseling, leadership training, and spiritual support.

### This Summer, Sierra Madre "IS" the Magic Kingdom

Summer vacation is upon us! And as you plan your families summer activities may we remind you of the magic taking place right here in our "back yard?"

June Chandler's Fairy Tale Theatre offers up a summer filled with special magical excursions for you and your young ones. Excursions that require no long road trips. Four interactive 45-minute Children's shows will alternate Saturdays now through September 25<sup>th</sup> at the Sierra Madre Playhouse.

Young audience members will interact with the characters, wear costumes and meet all the costumed characters for autographs after each show. And some brave kids will be invited on stage to play roles in scenes. There will be two performances each Saturday at 11:00 am and 2:00 pm.

*Sleeping Beauty* will be performed on July 10, August 21, and September 4.

*Dorothy and the Wizard of Oz* takes the stage on July 17, August 28, and September 25.

*The Frog Prince* hops on stage and into our hearts on July 24, and September 11.

*Treasure Island* sails on stage July 31, and September 18.

Come build lasting memories as your children share in a summer filled with the magical gift of Fairy Tale Theatre!

Tickets are \$18 for adults, and \$12 for children under 12. Online ticketing at [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org). Reservations call (626) 355-4318. The Sierra Madre Playhouse is located at 87 West Sierra Madre Blvd. Sierra Madre, CA, 91024. There is ample free parking behind the theatre.



Cast members line up to join in the Sierra Madre Independence Day Parade!



### Church Teens Get into 'ACTS' to Prepare New Thrift Store

*Business to Benefit Youth, Families and Homeless*

To get All-Out Caring (ACTS) Thrift Store ([www.actsthift.org](http://www.actsthift.org)) ready for its upcoming opening, 50 high school student volunteers from Lake Avenue Church will gather at the store from 10 a.m.-3 p.m. July 1 to help ready the facility for business.

The teens will assist in organizing merchandise, landscaping store property and other tasks to prepare the shop.

ACTS Thrift Store, which is located at 1382 Locust St., will help fund ministry by

the Lake Avenue Community Foundation ([www.lakeavefoundation.org](http://www.lakeavefoundation.org)), in Pasadena. The foundation ministers to Pasadena's growing population of at-risk youth, disadvantaged families and the homeless.

The store will open with a ribbon cutting at 9:30 a.m. July 17.



## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdall

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca.,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsilions.org](mailto:jml@bcsilions.org)

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy 1720 Kinneloa Canyon Road Pasadena, Ca. 91107 626-798-8989

website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204

Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

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Dr. Seth Mittleman

## Your Health and Freedom... Priceless

There are two remarkable gifts that the majority of us take for granted. When these gifts are taken away or lost, the likelihood of them ever returning to their full greatness and potential is slim. These two gifts are: OUR HEALTH and OUR FREEDOM.

In this great country, we are blessed with our freedom – and, fortunately, most of us enjoy good health. Yet, these gifts are not free. We must honor them, protect them and take personal responsibility for them. If we do not, the cost can bankrupt us physically, financially and morally.

The doctor's responsibility is to assist you in keeping the high quality of your health throughout your life. The government is to assist us in keeping and protecting the high quality of our forefathers' and foremothers' vision of what our great nation is when it is free.

Yet, most of us completely relinquish our greatest possessions to an outside source: the doctor and the government. The result is dependency versus independence. Good examples

of our dependency are the outrageous amount of drugs that we as individuals and as a nation take daily. At the same time, we run to the government to bail us out of our personal responsibilities and poor judgments. Without hesitation, we relinquish our individual responsibilities to our doctor and our government.

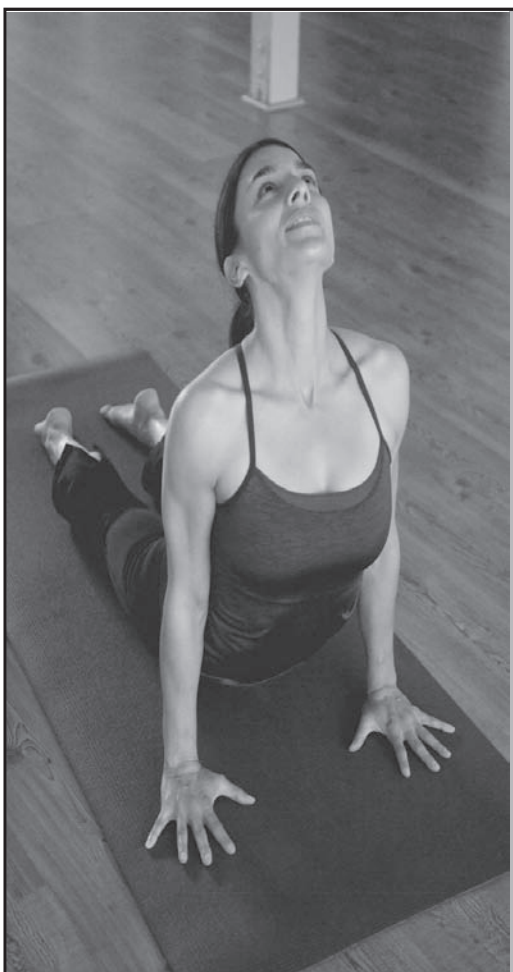
In the case of our doctors, we become the masses versus unique individuals with specific needs. With the government, the specific needs of a few become mandatory for all. Both the doctor and the government begin to believe that they are our saviors, the gods in our lives. Their words become law and if you challenge their authority, fear and doubt of your survival become the surgical tools for the cure.

"Pursuit of happiness," was to inspire individual quests. The government is subliminally suggesting that "entitlement to happiness," is the American dream. This strips us of our precious freedom and uniqueness – as individuals and as a nation.

Celebrate our great gifts: Our health and being an American. Take individual responsibility for your health, the health of your family and the health of our nation's Constitution. Your good health is your personal responsibility. The health of this great nation is everyone's responsibility.

God Bless America. Land that I Love. Stand beside her! – Be well!


Dr. Seth" Mittleman, Chiropractic Health Center, Pasadena, chc4u.com, back2healthNpasadena@earthlink.net. Follow me on twitter.com/SethMittleman "Dr. Seth" Mittleman has now been voted "Best Chiropractor," two years in a row. See why, @chc4u.com or following him on twitter: [twitter.com/SethMittleman](https://twitter.com/SethMittleman)



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## Summer Worship Schedule Begins



Join the San Marino Community Church family for 10@10! - ten weeks of summer worship at 10:00 am on Sundays, July 4 to September 5.

This week: Fuller Seminary PhD candidate and youth worship assistant Joey Novak's sermon is entitled "The Great Reversal".

The Rev. Jeffrey O'Grady, pastor, will preside as communion is celebrated. A patriotic hymn sing will precede the service at 9:50 am led by organist Lisa Edwards and worship assistant Noel Snyder.

10:00 am Summer Worship  
Sunday school (K-5) and childcare provided

**San Marino Community Church**  
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## HARLEY DAVIDSON STEPS TO THE PLATE

So many veterans feel confused about benefits and services they've earned. There's so much to know...and so many changes from one year to the next.

That's why the nonprofit D-A-V and the Harley-Davidson Foundation have teamed up to offer help. The DAV Mobile Service Office will be at the Harley-Davidson of Anaheim-Fullerton, 2635 West Orangethorpe Avenue, Fullerton, California, from 11:00 a.m. to 4:00 p.m. on Sunday, July 11, 2010, to personally provide the best counseling and claim filing assistance available. This event is part of the nationwide Harley's Heroes tour and is free to all veterans and members of their families.

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Looking Up  
with Bob Eklund

## Voyager 2 Completes 12,000 Days of Continuous Operations

## New "Cosmic Café" Opens on Mt. Wilson

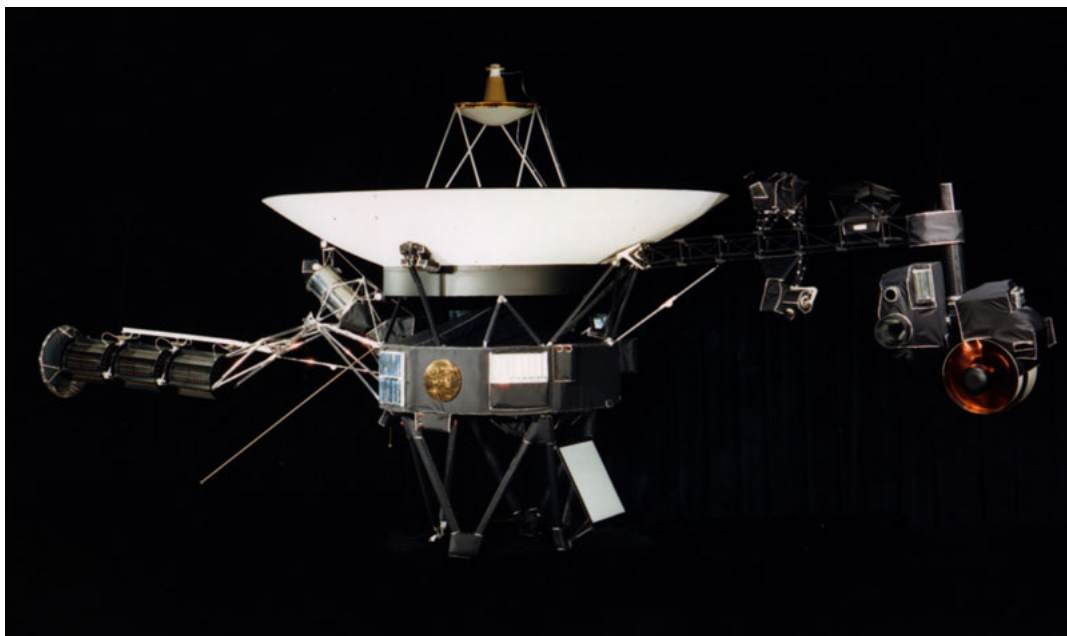
On June 28, 2010, Voyager 2 completed 12,000 days of continuous operations since its launch on August 20, 1977. For nearly 33 years, the venerable spacecraft has been returning unprecedented data about the giant outer planets, the properties of the solar wind between and beyond the planets and the interaction of the solar wind with interstellar winds. Having traveled more than 13 billion miles on its winding path through the planets toward interstellar space, the spacecraft is now nearly 9 billion miles from the sun. Traveling at the speed of light, a signal from the ground takes about 12.8 hours to reach the spacecraft.

Voyager 1 will reach this milestone on July 13 after having traveled more than 13 billion miles. Voyager 1 is currently more than 10 billion miles from the Sun.

For more information and images: <http://voyager.jpl.nasa.gov/>

MEANWHILE, MUCH CLOSER TO HOME... How about a summer family outing to the new "Cosmic Café" at Mt. Wilson? Visitors to the world-famous Mount Wilson Observatory can once again enjoy a memorable lunch among the telescope domes and Ponderosa pines up in the clear air overlooking the Los Angeles Basin. The Mount Wilson Institute last week announced the opening of the Cosmic Café, where they can purchase fresh-made sandwiches, hot dogs, soft drinks, snacks and souvenirs. Not since 1992 has food been available for purchase at the Observatory to enhance the visitor experience, or to refresh hikers as they reach the mountain's summit.

The Cosmic Café is located in the open-air pavilion overlooking the large parking lot just inside the gate to what



has been known since the 1970s as Skyline Park. The pavilion serves as the entry point to the Observatory grounds.

"We're delighted to reopen this food venue to the public after all these years," said Dr. Hal McAlister, the Observatory director. "The income from the Cosmic Café will support our 'Second Century Campaign', in which we hope to build a wonderful new visitor center that will entice Southern Californians to rediscover this world-class science heritage site in their back yards."

The Angeles Crest Highway remains closed due to washouts following the Station Fire, but the Observatory is still readily accessible via L.A. County roads from Sunland. "The drive to Mt. Wilson is a bit longer than we are all used

to," said McAlister, "but the roads are in great shape, and you can witness the recovery progress of the forest following the massive destruction of the Station Fire."

While the Observatory is open daily to public visitation from 10 a.m. to 4 p.m. during April through November, the Cosmic Café will be open initially only on Saturdays and Sundays from 10 a.m. until 4 p.m. The Café will also be open on Monday, July 5, for the upcoming Fourth of July weekend.

To reach Mt. Wilson, take Oro Vista Ave. in Sunland to the Lower Big Tujunga Canyon Road, and proceed 11.9 miles to the well-marked intersection with Angeles Forest Highway. Turn left on Angeles Forest Highway and proceed 4.6 miles to another well-marked intersection with Upper Big Tujunga Canyon Road. Turn right on Upper Big Tujunga Canyon Road and drive 9 miles to Angeles Crest Highway. Turn right and proceed 4.2 miles west to Red Box junction. Turn left at Red Box and take the 4.5-mile road up to Mount Wilson.

A map showing this route is available at: [www.mtwilson.edu/vis.php](http://www.mtwilson.edu/vis.php).

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).

**On Line**  
By PJ Carpenter

**WEB FOCUS:**  
*Privacy Rights*

**Web Focus** is a new feature being rolled out in this edition of On Line; its purpose is to highlight websites of interest. Regular readers of On Line are encouraged to send in their requests for websites that they would like featured in this section by sending an email to [Editor@MtnViewsNews.com](mailto:Editor@MtnViewsNews.com). Although no formal schedule for the frequency of this feature has been set as yet the tentative plan is to feature one website each month.

We begin this series by featuring the website Privacy Rights Clearinghouse (<http://www.privacyrights.org>). PRC bills itself as a non-profit with the dual mission of consumer education and consumer advocacy. Among PRC's stated goals is to raise consumers awareness of how technology affects personal privacy and to empower consumers to take action to control their own personal information by providing practical tips on privacy protection. In addition to responding to specific privacy-related complaints from consumers and interceding on their behalf, PRC routinely advocates for consumers' privacy rights in local, state and federal public policy proceedings. Services provided by PRC include a hotline for consumers to report privacy abuses and request information on how to better protect their privacy, fact sheets on privacy issues in English and Spanish and a host of other privacy-related material including transcripts of PRC legislative and regulatory testimony. The Home Page for the PRC website features a sidebar for browsing such privacy topics as Privacy Basics, Background Checks & Workplace, Banking and Finance, Credit and Credit Reports, Debt Collection, Education, Harassment and Stalking, Identity Theft & Data, Insurance, Junk Mail/Faxes/Email, Medical Privacy, Online Privacy and Technology, Privacy When You Shop, Public Records & Info Brokers, Social Security Numbers, Telephone Privacy and more. These topics are presented in a clear and concise manner and provide a wealth of relevant knowledge about privacy issues that every consumer should know.

Established in 1992 by Beth Givens, the Privacy Rights Clearinghouse bases its philosophy of consumer privacy on a bit of testimony embedded on its "About Us" page:

"The real danger is the gradual erosion of individual liberties through the automation, integration and interconnection of many small, separate record-keeping systems, each of which alone may seem innocuous, even benevolent, and wholly justifiable." ---U.S Privacy Protection Study Commission, 1977.

This brief summary hardly does the depth and breadth of knowledge and information found on the Privacy Right Clearinghouse (<http://www.privacyrights.org>) justice. The information found on this site is sure to make a more well-

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Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, *First Star I See Tonight: an Exploration of Wonder*, and am finishing a second book, *Winds Aloft*.

For writing samples and resume, see my web site: [www.bobeklund.com](http://www.bobeklund.com). Bob Eklund [beklund@sprynet.com](mailto:beklund@sprynet.com) (310) 216-5947



## Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding where the jobs are located and how to get past the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering you questions, but I will be totally honest. My objective is to help you achieve your employment goal.

Dear Jai: Do I have to attach or include a cover letter when I submit my resume?  
Yes. You should always include a cover letter or e-letter when submitting your resume. The cover letter is very important and is your first introduction to an

employer. Your cover letter should be very short and concise since employers will take only about 10 seconds to read it. However, you should spend enough time to write a dynamic cover letter that will support your resume. The cover letter should be written in 2 or 3 paragraphs. Each cover letter should be customized to target a specific position or company. The following questions should be answered in writing your cover letter.

First paragraph: How did you find out about the position? Why are you interested in the position? Why do you feel you fit the qualifications for this position?

Second Paragraph: What would you bring to the company to increase their clients or success? What is your most successful accomplishment/s that you feel would bring them added value to hiring you. Explain why you are transitioning (changing jobs or industries).

Third Paragraph: This is considered the "sales closer". Restate your interest in the position. Lastly write that you will contact them to follow-up or that they can contact you for further information and/or to make arrangements for an interview. Remember to address your letter to the appropriate person or department and include your contact information.

**Don't be discouraged. Be committed.**

Jai Johnson has over 20 years experience as a national and local Executive Recruiter, Job Search Advisor and Career Coach. She has assisted thousands of job seekers to find and secure employment in their chosen field of education and experience. Ms. Johnson is a member of NRWA and CPRW. Send your job search questions to her at: [j.johnson@mtviewsnews.com](mailto:j.johnson@mtviewsnews.com)

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Michael-David  
2007 Mendocino County Sloth Zinfandel

BEST OF NORTH COAST WHITE DOUBLE GOLD 98

V. Sattui Winery  
2009 Anderson Valley White Riesling  
BEST OF SONOMA RED GOLD 94  
Buena Vista  
2006 Carneros Syrah Vinyard Series  
BEST OF SONOMA WHITE GOLD 94  
Valley of the Moon Winery

2009 Sonoma County Rosato di Sangi Sangiovese  
BEST OF NAPA RED GOLD 95  
Napa Cellars  
2007 Napa Valley Zinfandel

BEST OF NAPA WHITE DOUBLE GOLD 98  
V. Sattui Winery  
2008 Napa Valley Riesling Select Late Harvest

BEST OF GREATER BAY RED DOUBLE GOLD 98  
Mitchell Katz Winery  
2007 Clark's Corner Livermore Valley At Ruby Hill

BEST OF GREATER BAY WHITE (tie) GOLD 95  
Martin Ranch Winery  
2009 Santa Clara Valley J.D. Hurley Sauvignon Blanc

BEST OF GREATER BAY WHITE (tie) GOLD 95  
Storrs Winery  
2008 Santa Cruz Mountains Chardonnay

BEST OF NORTH-CENTRAL COAST RED GOLD 94  
Pierce Ranch Vineyards  
2007 San Antonio Petite Sirah

BEST OF NORTH-CENTRAL COAST WHITE GOLD 95  
Cypress Vineyards  
2009 Central Coast Sauvignon Blanc

BEST OF SOUTH-CENTRAL COAST RED GOLD 95  
Justin Vineyards & Winery  
2007 Paso Robles Isosceles (unfiltered)

BEST OF SOUTH-CENTRAL COAST WHITE GOLD 95  
Vina Robles  
2009 Estate Bottled Huerhuero Paso Robles White4

BEST OF SOUTH COAST RED GOLD 94  
Vindemia Vineyard  
2008 Temecula Valley Vineyard Temecula Valley Cabernet Franc

BEST OF SOUTH COAST WHITE GOLD 94  
Callaway Vineyard and Winery  
2009 Temecula Valley Rosé of Sangiovese Special Selection

BEST OF SIERRA FOOTHILLS RED GOLD 95  
Deaver Vineyards  
2007 Amador County Zinfandel

BEST OF SIERRA FOOTHILLS WHITE GOLD 94  
Davis Family Vineyards  
2008 Sierra Foothills White Rhone Blend, Cuvee Luke

BEST OF LODI RED DOUBLE GOLD 98  
Ramos Torres Winery  
2007 Lodi Branches Cabernet Sauvignon

BEST OF LODI WHITE GOLD 95  
Vino Con Brio  
2009 Estate Bottled Amorosa Lodi Brillante

BEST OF OTHER CALIFORNIA RED GOLD 94  
Tierra Del Rio Vineyards  
2008 Clarksburg Merlot

BEST OF CALIFORNIA STATE RED DOUBLE GOLD 98  
Red Rock Winery  
2008 California Malbec Reserve

BEST OF CALIFORNIA STATE WHITE DOUBLE GOLD 98  
Barefoot Cellars  
NV California Barefoot Bubbly Brut Sparkling California Champagne

**BEST OF CALIFORNIA**

BEST BARBERA GOLD 94  
Jeff Runquist Wines  
2008 Ambra Vineyard Amador County Barbera Reserve

BEST BORDEAUX VARIETAL BLEND DOUBLE GOLD 98  
Sterling  
2008 Central Coast Meritage Vintner's Collection

BEST CABERNET FRANC GOLD 95  
Nevada City Winery  
2007 Sierra Foothills Cabernet Franc

BEST CABERNET SAUVIGNON DOUBLE GOLD 98  
Bell Wine Cellars  
2007 Napa Valley Claret Cabernet Sauvignon

BEST CHARDONNAY DOUBLE GOLD 98  
Buena Vista  
2007 Estate Bottled Ramal Vineyard Carneros Chardonnay Vineyard Series

BEST GEWURZTRAMINER GOLD 94  
Navarro Vineyards  
2008 Estate Bottled Anderson Valley Gewurztraminer

BEST MERLOT DOUBLE GOLD 98  
V. Sattui Winery  
2007 Estate Bottled Henry Ranch Carneros Merlot

BEST MUSCAT GOLD 94  
Eberle Winery  
2009 Estate Bottled Paso Robles Muscat Canelli

BEST OTHER RED VARIETAL BLEND GOLD 94  
Eagle Castle Winery  
2007 Paso Robles Royal Red

BEST PETITE SIRAH GOLD 94  
Pierce Ranch Vineyards  
2007 San Antonio Petite Sirah

BEST PINOT GRIGIO DOUBLE GOLD 98  
Windsor Vineyards  
2009 California Pinot Grigio Private Reserve Series

BEST PINOT NOIR DOUBLE GOLD 98  
Bargetto Winery  
2007 Estate Bottled Regan Estate Vineyards Santa Cruz Mountains Pinot Noir Reserved

BEST RED GENERIC (tie) GOLD 94  
Fenestra Winery  
NV California True Red, Lot 24

BEST RED GENERIC (tie) GOLD 94  
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2008 California Shenandoah Valley Empress Juana Primabera Mother of Manuelito

BEST RED RHONE BLEND GOLD 95  
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2007 Lodi GMA Proprieter's Reserve

BEST RIESLING DOUBLE GOLD 98  
Kendall-Jackson  
2008 Monterey County Riesling Vintner's Reserve

BEST SANGIOVESE GOLD 95  
Nello Olivo  
2007 El Dorado County Sangiovese

BEST SAUVIGNON BLANC GOLD 95  
Cypress Vineyards  
2009 Central Coast Sauvignon Blanc

BEST SPARKLING WINE DOUBLE GOLD 98  
Gloria Ferrer Caves & Vineyards  
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BEST SYRAH DOUBLE GOLD 98  
Mitchel Katz Winery  
2007 Clark's Corner Livermore Valley At Ruby Hill

BEST TEMPRANILLO DOUBLE GOLD 98  
Convergence Vineyards  
2008 El Dorado Tempranillo

BEST VIOGNIER DOUBLE GOLD 98  
McManis Family Vineyards  
2009 California Viognier

BEST WHITE ZINFANDEL GOLD 94  
Barefoot Cellars  
NV California White Zinfandel

BEST ZINFANDEL GOLD 95  
Rock Wall Wine Co.  
2008 Sonoma County Zinfandel Reserve

**TABLE FOR TWO**

By Peter Dills

**Happy4th of July, Now.....**

**Let's eat some Hot Dogs....errr, Pastrami**

If there is nothing more American than a Hot Dog, why am I writing about Pastrami? Read on, my loyal readers. My late Pappy always told me, "Son, never debate sex, politics or religion." I am adding one additional item to his list, a Sandwich/Dip. You probably couldn't go more than a couple blocks in most cities without coming across an American Sandwich Shop. The sandwich may be the most versatile food item ever created. I eat them for lunch, dinner and, sometimes, even for breakfast. We are lucky, for in the San Gabriel area we have a number of All-Stars sandwich shops to choose from. There is Tops on Walnut, Connel's Grinders on E. Washington, and The Hat, which has several locations. The Hat has been around since 1951, and I am glad to say, it is a family-run business. They are actively involved in the community, and a fully demonstrated fact when Ron "Corky" Conzonire held the position of President of the Tournament of Roses, from 2008-2009.

The Pastrami Sandwich or "Dip," as the menu proffers, is the Hat's signature dish. Sure, they have burgers, hot dogs and salads, but the menu item that keeps them coming back is the "Pastrami Dip." It is a World Famous plunge of sandwich into 'au jus'. I am planning on a trip to South America next month and I am going to ask everyone I meet, about LA-based World Famous Dishes. I'm just kidding... a little. But, I do develop a chuckle in that self-anointed phrase. The World Famous Pastrami Sandwich is reasonably priced (\$6.99). The meat is thinly sliced and piled generously high. The bread is light and fluffy (maybe a little too light and fluffy in my opinion). Next visit I will try it on regular sandwich bread. My sources inform me that The Hat goes through 14 tons of Pastrami per week. By my calculations, that is a lot of sandwiches. My dining companion "Mike" had the Hot Dog (\$1.99) and a huge portion of fries (\$3.09). He is on a diet it appears. The prices are right at The Hat, everything is under (\$10). If you haven't checked it out, you will love the Dip. For the location near you, they have a slick web site [www.thehat.com](http://www.thehat.com).

The Club House at The Santa Anita Race Track serves a corned beef sandwich (\$7.95) that should be renowned as a Southern California Legend. The tasty sandwich is reason enough to go to the track, although, I often spend considerably more money on some turtles that enter through the starting gate before enjoying their leisurely stroll around the track while they view the mountains. I can give you an inside tip, this corned beef sandwich is a guaranteed winner every day.

Listen to Dining with Dills on 790 AM KABC Talk Radio at 5 PM on Sundays; you can always email me at [thechefknows@yahoo.com](mailto:thechefknows@yahoo.com)

**Watch Peter Dills' TV Show every Sunday night at 9 p.m. on KJLA / LATV.**  
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**To Dr. Matt Bosse and all of the members of the Sierra Madre 4th of July Committee.....**  
**A HEARTFELT THANKS FOR ALL OF YOUR HARDWORK AND DEDICATION TO THIS VERY SPECIAL WEEKEND!**



## A True July 4th Tradition

## Old-Fashioned Homemade Ice Cream

- 6 eggs
- 2 cups sugar
- 1/4 teaspoon salt
- 1 tablespoon vanilla extract
- 13-ounce can evaporated milk (1-1/2 cups plus 2 tablespoons)
- 1 gallon whole milk
- chipped ice
- rock salt

In a large mixing bowl, beat eggs. Add sugar gradually, stirring constantly. Add salt, vanilla and canned milk. Add about a pint of the fresh milk and mix.

Pour mixture into ice cream freezer can. Add enough of the remainder of the milk to fill can to the middle of the top board of dasher. (If the freezer can has a "fill" line on it, fill no higher than that line.)



Assemble the ice cream freezer. Add alternating layers of chipped ice and rock salt to barrel around freezer can. Crank freezer until ice cream begins to freeze (cranking will become harder as ice cream freezes), adding more ice and salt, as needed. When handle becomes difficult-to-impossible to turn, remove turning mechanism, and carefully remove top from freezer can; remove dasher. Replace top. Cover can with more ice and salt. Cover ice with an old towel, allowing ice cream to "cure" for at least 1 hour. If yours is an electric freezer, follow manufacturer's directions, but the curing step is essential.

Makes about 5 quarts of ice cream

**Have A Wonderful Holiday!**

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**Happy  
4th  
of  
July!**

*Margit Holakoui*  
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*Happy 4th of July*

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## HOWARD Hays As I See It

Befitting Fourth-of-July, here are a couple questions on the U.S. Constitution:

1. *What are the last four words of the President's Oath of Office?*

If you thought "so help me God", then you get a "wrong" buzzer. The oath concludes with, "... preserve, protect and defend the Constitution of the United States". Originally written as a statement ("I do solemnly swear. . ."), at first it was administered as a question ("Do you, state your name, solemnly swear . . .?"). Chester A. Arthur in 1881 answered, "I do, so help me God". The phrase stuck.

2. *Could a teenage black girl vote in a Congressional election under the original Constitution?*

Nothing says she couldn't. One was qualified to vote if, under state law one was qualified to vote for the state legislature. States back then pretty much limited voting to over-21 white male property owners, though.

For those seeking the "original intent" of our Founding Fathers, there's the fact that U.S. Senators were selected by state legislatures. There's also this: "Representatives and direct Taxes shall be apportioned . . . according to their respective Numbers, which shall be determined by adding to the whole Number of free Persons, including those bound to Service for a Term of Years, and excluding Indians not taxed, three fifths of all other Persons."

For that "three fifths" category, our Constitution adds: "No Person held to Service or Labour in one State, under the Laws thereof, escaping into another, shall . . . be discharged from such Service or Labour, but shall be delivered up on Claim of the Party to whom such Service or Labour may be due." This is in the main body of the document; all that other stuff about freedom of speech, due process, right to bear arms, etc. was added later as an afterthought.

There's also the matter of precedent and "settled law". For this, our Supreme Court is the last word, and a look at past decisions can provide an illuminating perspective. There's *Barron v. Baltimore* (1833), where the Court decreed the Bill of Rights applied only to federal laws, with states free to trample those "rights" however they wished. In *Dred Scott v. Sandford* (1857), slave Scott argued for his freedom on the grounds he'd been taken for extended periods to free states. In writing for the majority declaring Scott had no standing, Chief Justice Roger Taney noted that blacks would never become U.S. citizens, as they are "beings of an inferior order".

*Plessy v. Ferguson* (1896) established that segregation was permissible as long as the facilities were "separate but equal". In the early twentieth century, the Court sought to protect what it called "liberty of contract" by striking down state and federal laws protecting workers through minimum wage and maximum working hours laws and guarantees of the right to join unions. A few years later, the Court struck down programs in FDR's New Deal.

In *Bush v. Gore* (2000), the Court took it upon itself, rather than leaving it to the State of Florida, to decide a presidential election. *Garcetti v. Ceballos* (2005) permitted retaliation against government whistleblowers and limited free speech rights of public employees. *Gonzalez v. Carhart* (2007) allowed Congress to ban an abortion procedure even when a doctor deems it necessary to protect the patient's health. *Citizens United v. FEC* (2010) granted "personhood" and free speech rights to corporations, allowing unlimited corporate donations to political campaigns.

We can be grateful many of these decisions have been overturned, and others may be in the future. I doubt it was the "original intent" of our Founding Fathers that the Supreme Court be allowed to select a president, or that a corporation be allowed to buy an election. Sometimes the discussion gets bizarre. Twenty years ago, at his confirmation hearing, would-be-justice Robert Bork questioned the constitutionality of paper money. Last year on 60 MINUTES, Justice Antonin Scalia pointed out that torture is not necessarily "cruel and unusual punishment", because if the purpose is to extract information, it's not "punishment".

Then there's the view of the late Justice Thurgood Marshall, who saw the Constitution as "a living document", and said of the Founding Fathers, "the government they devised was defective from the start, requiring several amendments, a civil war, and major social transformations to attain the system of constitutional government and its respect for the freedoms and individual rights we hold as fundamental today." Marshall began his law practice taking on cases for the NAACP, breaking down the "settled law" of *Plessy v. Ferguson* and fighting discrimination in housing, voting rights and education (one of his first targets was the University of Maryland, to which he himself had been denied admittance). Arguing several cases before the Supreme Court, he's best known today for his victory in *Brown v. Board of Education* (1954), which did away with the "separate but equal" doctrine in our public schools.

"It's a judicial philosophy that concerns me", says Sen. John Cornyn (R-TX). It "does not comport with the proper role of a judge" in the opinion of Sen. Charles Grassley (R-IA). Sen. Jeff Sessions (R-AL) reveals that Justice Marshall was in fact "a well-known activist". Sen. Dick Durbin (D-Ill), has a different outlook: "Some may dismiss Justice Marshall's pioneering work on civil rights as an example of empathy, that somehow, as a black man who had been a victim of discrimination, his feelings became part of his passionate life's work -- and I say, thank God".

Thurgood Marshall's son was in the audience this past week during the confirmation hearing of his father's former law clerk. It's not, as Chief Justice John Roberts put it, simply a matter of an "umpire calling balls and strikes", but of the ongoing work "to form a more perfect Union, establish Justice . . ." and building on the legacy of her mentor as Elena Kagan will hopefully do as Associate Justice of the U.S. Supreme Court.

GREG Welborn

## A Sobering 4th of July



On the occasion of this Independence Day celebration, it seems wholly appropriate, perhaps even mandatory, to reflect on the state of our battle against tyranny and the oppression of the common by the elite. This is not to suggest in any reasonable way that our freedoms here in America are in jeopardy of disappearing. At the cost of our own blood and treasure, and by the divine providence which situated us on so perfect a piece of geography, we threw out the original British oppressors and have only had to revisit that issue once more in 1812. Thereafter, we mostly went about the business of perfecting our little noble experiment to the point where we are the envy of peoples everywhere and the last best hope for more of them than we can possibly identify.

But because of our success and because of an innately noble characteristic in the American DNA, we haven't been content to be an island of freedom and democracy. Starting with the first world war, we have felt an obligation to try to aid others in distant lands who also wanted to pursue the dream. We have fought on more battle fields in more foreign locations for the primary benefit of others than any other country in the history of the world. It largely remains the sole providence of the United States to make the world safe for democracy. It is an unending task. There will always be rogues and dictators with evil designs. Their success or failure depends on the will of the United States -- on whether we have the collective will to use our military power to protect the freedom of others.

Such is the situation in which we find ourselves in Afghanistan, a task and war made all the more important because of the commitment our enemy there has made to send terror to our shores and because of their potential to magnify that terror to unprecedented levels should they ever obtain nuclear capabilities. It is into this situation that our current president must throw himself wholeheartedly if he is ever to live up to the most basic of the promises he made at his inauguration: to defend the constitution and these United States against all enemies, foreign or domestic. With the sacking of General McChrystal and the appointment of General Petraeus as successor, we stand at a tipping point.

This war has now dragged on longer than the Vietnam war, and a democracy's appetite for military campaigns is always limited. Unfortunately, we don't have the option of just declaring victory and bringing the guys (and gals) home. We have to actually win. Unlike the Vietnamese, our enemies in the Middle East will follow us across the seas. Just because we say the war is over doesn't mean they have to believe it or abide by it.

To be honest, I don't know whether General McChrystal should have been fired or not. I do know that President Obama has the right to do it and the obligation to do it if he feels it necessary to the mission and his oath of office. That's a call that history will have to judge. But what's very clear is that he also has an obligation to replace McChrystal with a general who will press this war to a successful resolution.

The worst thing that could happen would

be for President Obama's appointed generals (this is his second one... remember that he appointed McChrystal, too) to either lose this war or not win it before public opinion demands that the troops come home. Remember, if we leave, they will follow us, and we will fight them again under worse, and perhaps closer, conditions. When Obama ran for president, he rightly called Afghanistan the "good war." Perhaps he only did it because it was a good sound bite, fit in with public opinion at the time, and allowed him, as a young Democratic progressive who hadn't served in the military, to sound and look presidential, but it was still the truth. In 2009, as President, he ordered a full review of Afghanistan and received word from his top advisors that the prospect of losing Afghanistan might mean the loss of Pakistan, thus giving the Taliban access to Pakistan's nuclear weapons. Notwithstanding the desires of his hard left base, President Obama realized correctly that withdrawal from Afghanistan wasn't an option. And yet, he seems to struggle with that conclusion.

President Obama's West Point speech in December put on full display his deep ambivalence about the Afghan war. While granting his general most of the troops he requested, President Obama then undermined that general's -- and all future generals' -- mission by announcing that we would begin our withdrawal in July 2011. This is a strategic blunder of monumental proportions. It demoralized the troops while granting the enemy the first glimpse of success a la Vietnam fatigue syndrome. America, it would seem, can't go the distance, just as Osama Bin Laden predicted so many years ago. Knowledge that America just might leave Afghans to the tender mercies of the Taliban at some future specific date certainly encourages them to think a second time before helping out the American effort.

So as General Petraeus is confirmed by the Senate and as we celebrate our independence from tyranny, let us hope that our president can draw the proper lessons from our nation's history and position in the world and from the demands placed upon him by circumstances. First, President Obama must take charge of this war and own it. He can't do that if he continues to insinuate that Bush caused the problem. Even if he did, it is Obama's to lose or win, and the consequences one way or the other will be rendered unto all of us. Second, President Obama must speak publicly about Afghanistan in a serious manner which he hasn't done since December of last year. Americans need to know from their leader what history and morality call us to do; they need to know how imperative success is in this endeavor; and they need to know what the results of failure will be.

*About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at [gregwelborn@earthlink.net](mailto:gregwelborn@earthlink.net).*

## Have A Safe & Sober Holiday!

### SIERRA MADRE VOLUNTEER OPPORTUNITIES

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are six citizen commissions established by the Council to advise and assist in dealing with specific problems (presently the Planning Commission has the responsibilities of the Cultural Heritage Commission). These advisory bodies are able to study a variety of issues and problems in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notice on all commissions is prepared in compliance of the Maddy Act.

Should you wish to apply to be a commissioner, applications may be obtained at City Hall or the City website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) should you wish to apply. Applications will be accepted until all positions are filled; however the first review will take place July 6, 2010.

#### COMMUNITY ARTS COMMISSION

The mission of the Community Arts Commission is to promote the community's interest in, awareness of, and appreciation for the arts; to provide support and encouragement to artists living in the community; and to increase the community's participation in the arts. Meets the 2nd Wednesday at 6:30 pm, in the City Hall Council Chamber

#### COMMUNITY SERVICES COMMISSION

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the use of park facilities and matters relating to the community's recreational and service needs. Meets the 3rd Monday at 6:00 pm, in the City Hall Council Chamber

#### LIBRARY BOARD OF TRUSTEES

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library. Meets the 4th Wednesday at 7:00 pm, in the City Hall Conference Room

#### PLANNING COMMISSION

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan. Meets the 1st and 3rd Thursdays at 7:00 pm, in the City Hall Council Chamber

#### SENIOR COMMUNITY COMMISSION

The Senior Community Commission is responsible for defining the needs, locating and publicizing available resources, and coordinating and initiating services and opportunities for the senior population of Sierra Madre. Meets the 1st Monday at 3:00 pm, in the City Hall Council Chamber

#### TREE ADVISORY COMMISSION

The Tree Commission is an advisory body to the Director of Public Works, City Manager, Planning Commission, and City Council. The commission shall make recommendations to the Director of Public Works, City Manager, Planning Commission and the City Council as appropriate on matters involving care and maintenance of City-owned trees and trees on private undeveloped property. Meets the 3rd Wednesday at 7:00 pm, in the City Hall Council Chamber

## Jacquie Pergola

Senior Real Estate Specialist | Graduate Realtor Institute  
Dickson Podley Realtors | Cell 626-627-4903



### 331 Ramona Sierra Madre

A beautiful retreat to call home. 4 bd rms. 3.5 ba, pool/spa, remodeled kit & ba  
Sq ft 2888  
Lot size 10,450  
\$1,088,000



### OPEN HOUSE



**Open House**  
Sunday, June 27th  
1-4 pm

### 162 Santa Anita Ct. Sierra Madre

Great opportunity - Two Craftsman Cottages, live in frt hse & rent out the back. New kit., hrddwd. flrs. Beautiful condition. 2 bdrm, 1 ba front, 1bdrm 1 ba back.. \$619,000

**Leased**

### 69 Montecito Ct. Sierra Madre

1900's Farmhouse in the middle of town. 2 bd rms, 2 ba. Enclosed frt porch. sq ft 936  
\$549,000  
Also for lease for \$2,200 per month



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**DICKSON PODLEY**  
REALTORS



## Mountain Views News

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**Mountain Views News Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## SUSAN HENDERSON



America is celebrating another birthday. Another year of progress, another year wiser. Really? You can't prove it by the Supreme Court's latest decision on guns. As I was contemplating what to write about this 4th of July, and believe me there is a lot that I would like to sound off about, I ran across an article I wrote two years ago and was disheartened when I read it again. I am going to reprint it and you will

see what I mean.

(Originally printed in the Mountain Views News, July, 2008) I was listening to the radio last week when it was announced that the Supremes - the court that is, had made yet another decision that would make one wonder what planet they live on. Citing the 2nd Amendment of the Constitution, the court overturned a ban on the ownership of handguns in Washington, D.C. All of the pistol packing NRA members in the country were happy as hell. After all, they said, the law does prevent felons and mentally ill people from owning guns. However, until a person has committed a crime, more often than not with a gun, or until a person has shot up his office complex, we don't really know they shouldn't have had a gun in the first place. Too bad we don't have crystal balls for gun store owners to use in order to prevent a potential nutcase from buying a gun. Guns should not be a household staple. They are weapons of death, so why would you want them in your home?

We can argue forever about whether or not we need and should own guns. The first defense for those who support gun ownership is the Constitution. The second amendment. Our right to bear arms. But, have you read the Constitution since you were forced to memorize it as a child? Have you really read it since you became an allegedly responsible adult? For, I believe if you have, you will find that the world has changed significantly since it was written and the circumstances that lead to the creation of much of the Constitution no longer exist. There are many parts of the Constitution that are in dire need of revision and the Second Amendment is one.

It reads, "A well regulated Militia, being necessary to the security of a free State, the right of the people to keep and bear Arms, shall not be infringed." Now remember, this was written at a time when there was a bona fide fear of a hostile government coming ashore and taking over the colonies. (You know, kinda like we take over other countries now). But in this day and age, do we really have the same concerns? Last night when you

went to sleep, were you worried about the British kicking in your door? At your last neighborhood watch meeting, did you sit around with neighbors and plan a strategy for when the British arrived on your block? And, if we would be honest, we know that no one buys a gun to arm themselves as part of a 'well regulated militia'.....or do they?

Seems to me that not so long ago there was an encampment of citizens that decided they needed to arm themselves and develop their own militia. Remember the Branch Davidians? Our response was a contradiction to the very interpretation of the second amendment that we embrace today. Throughout modern history especially, when organized groups have attempted to arm themselves the government has swooped down on them without reservation. So we do on occasion realize that an armed citizenry is not a good thing.

In the real world in America, guns, primarily owned by those claiming protection afforded by our Constitution, are used not to develop or sustain that 'well regulated militia'. They are used to terrorize, kill and maim. But I guess, according to the five Supremes, those deaths and injuries are just collateral damage needed in order to maintain a 'well regulated militia'. Right.

When the Founding Fathers sat down to write The Constitution, they were creating rules to govern a mere 2.7 million people. Not 281 million people and not with weapons as technologically advanced as we have now. Our society has become so defiled with guns everywhere...our schools, our churches, our homes. Guns are at the disposal of the sane and the insane, the criminally disposed and those who just fly off the handle because they can. We have people shooting randomly when you drive down the freeway. We have children dying because guns are lying around carelessly in their homes. Before the next seven days pass, I can assure you there will be another needless killing in our midst. And not one of those bullets will have been fired by a member of any well regulated militia. Not one.

I once had a father, [A WWII Marine] who was sitting in a place much like the Bucananeer, minding his own business when a man walked up to him and shot him, thinking he was someone else. Shot him dead. He didn't shoot him in the course of protecting his property or the country. He shot he because he had a gun and he could. My mother lost her husband. We lost our father. My children lost their grandpa all because the Constitution says that everyone has the right to bear arms whether they need to or not.

You can stick your head in the sand if you want to, you can huff and puff about your rights, but gun violence does not discriminate when it claims a life. Just because you never plan on going hunting with Dick Cheney doesn't make you safe either. A bullet doesn't make a u turn because you are a card carrying NRA member. It is time that we grow up and realize that everything that we can have isn't necessarily good for us.

I guess that acronym that we used in school still applies, SSDD.

## STUART TOLCHIN



Whoopee, it's shootin' time again! No, not just because it's the Fourth of July and fire-crackers are so much fun. No, in these modern times we know fire-crackers are dangerous and most cities have laws prohibiting individual usage. What I'm

talking about now is the United States Supreme Court decision, announced today, that held that the good old second amendment to the Constitutional guarantee of an individual right to bear arms applies to state and local gun control laws.

Yep, it's just like Dodge City and Tombstone, Arizona and the rest of the Old West, where every good citizen strapped a six-gun onto his or her belt for self-protection. Justice Samuel A. Alito, Jr., writing for the majority, explained that the right to self-defense protected by the Second Amendment was fundamental to the American conception of ordered liberty and must be applied to limit not only federal power but also that of local and state governments.

Right; of course we all know that nothing protects you like a good gun. This is, of course, total nonsense. To begin with the Second Amendment, as designed by the Constitutional framers, was most probably intended to protect the ability of militiamen to keep muskets available for military use when this nation was in its infancy. Contrary to the desires of Justices like Anton Scalia, it is probably impossible to discern the actual intentions of delegates to the Constitutional Convention held a couple of hundred years ago. Judge John Paul Stevens, in his final dissent before retiring, writes sensibly that the proper manner of determining whether a particular law should be upheld is to look at the probable consequences of the law. He asserts that the motivations of Constitutional framers, whether discoverable or not, have only a limited bearing on the questions that confront society today. Other dissenters point out that history does not provide clear answers but that there is evidence that firearms cause 60,000 deaths and injuries in the United States each year. These dissenters do their best to determine what is best for our nation's communities and take positions in accord with these beliefs.

In order to evaluate a potential judge, it is absolutely crucial to understand that judge's values. This will probably

## RICH Johnson



Your intrepid columnist had the distinct pleasure of running into two of Sierra Madre's most exciting and vibrant business owners. If I told you one of the business owners can be regularly seen sweeping the sidewalk up

and down Baldwin, would you know to whom I am referring?

Of course it's Nora. Nora, and her husband, Brian, are the proprietors of the Sierra Juice Company, right where Baldwin bends west into Kersting Court just before Sierra Madre Blvd. Their storefront is between Starbucks and Best Buy Drugs. You know the place: the one with the entrance surrounded by beautiful flowers of all makes, models and colors.

Now if you are still not sure who I am referring to, just cruise Baldwin near Sierra Madre and be on the lookout for these two dynamos: Nora, aka Wonder Woman, the ravishing Filipina gal who will most likely be vibrating that broom at the speed of light. And Brian, aka Hercules, the male Adonis with a ladder and a screwdriver deciphering the latest "honey-do" list handed to him by Nora.

Brian was, at one point, the number three body builder in America (not to be confused with my accomplishment as the number three belly builder in America.) I almost certain, before he married Nora, he was just another skinny little

## SELF DEFENSE

be the real starting-points of the decision-making process. As we go through another charade while aspiring Justice Kagan is being questioned by Congress, it is clear that our rights as Americans are being violated. The recent confirmation hearings of Chief Justice Roberts and Justice Alioto have shown the standard practice of every potential judge to hide, or at least do their best to obscure basic beliefs and opinions.

You know Justice Alioto is correct in his assertion that Americans have a basic and fundamental right to self defense. What self defense means in these modern times is something other than the unrestricted right to carry firearms. We also need to be able to protect ourselves from the abuses of money and power. I believe that today every responsible scientist agrees that the very survival of people on this planet is threatened by global warming or climate change. Something, many things, must be done and done fast; yet attempted remedial actions are being blocked by wealthy special interests who favor their own short term interests over anything else. Recent Supreme Court decisions have allowed the wealthy an even more unfettered use of power and influence. We need to be protected.

What about our own health?. For a very long time it has been known that we are stuffing ourselves with too much fat, salt, and sugar. Still, Americans keep eating this stuff and are becoming more and more obese and more at risk for heart attacks, and diabetes. Why can't we stop indulging ourselves? Probably because we are surrounded by marketing devices pushing these poisons into our bodies and telling us "We're loving it". Well, I ain't loving it; but I need help to defend myself - and so do you. Smoking, a truly deadly habit, at one time probably claimed 60 per cent of the population. It has been greatly reduced by prohibiting advertising and making most public places No Smoking areas. The same thing could be done in order to restrict the consumption of unhealthy foods or any other kind of unhealthy practice.

Changes will be unpopular at first but are necessary if we are to survive. It is clear to me that what is needed are laws intended to benefit the common good and we need judges who understand that need. In order to select these Judges we need to be able to hear them talk about their values and visions before they are appointed and confirmed.

This is what I mean by SELF DEFENSE.

## WONDER WOMAN & HERCULES

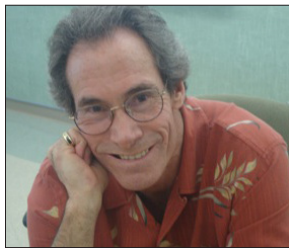
milquetoast. I'm certain if I were Mr. Nora, people would be calling me "Slim" after only a few months.

Wonder Woman and Hercules are great walking billboards for the benefits derived from frequenting their establishment. They have several varieties of cold refreshing drinks, but Brian told me the smoothie choice of the Saturday cyclists is the Strawberry Haven. It has bananas, strawberries and protein in it. And it's delicious. They also serve the Brazil Amazon Berry which delivers 10 times the antioxidant capacity of other drinks. In addition to the smoothies, they offer a full deli. Sandwiches include roast beef, turkey, albacore and egg salad (they tell me they only mix the tuna and egg salad when someone orders it.) Talk about fresh. They also use only fresh bread.

Again, if you wonder how nutritious and physically beneficial the smoothies and sandwiches are you need only spend a moment talking with Nora and/or Brian. (I'm sure Caltech will not let Nora within a mile of their campus as she sets off the Richter Scale.)

Katrina and Sylvia are the two wonderful gals who work with Nora. Stop by, but I'm not sure you should tell them I encouraged you. She might put me to work. They are open from 8:00 am to 6:00 pm.

And Happy Fourth of July to you all. God bless America, especially Stuart Tolchin.



## HAIL Hamilton

## My Turn

## The Signers of the Declaration of Independence

Have you ever wondered who the signers of the Declaration of Independence were and what happened to them? Well, here's a thumbnail sketch someone sent me of the men who pledged "our lives, our fortunes and our sacred honor" for liberty so many years ago.

"Fifty-six men from each of the original 13 colonies signed the Declaration of Independence on July 4, 1776. Nine of the signers were immigrants, two were brothers and two were cousins. One was an orphan. The average age of a signer was 45. Benjamin Franklin was the oldest delegate at 70. The youngest was Thomas Lynch Jr. of South Carolina at 27. Thomas Jefferson was 33.

"Eighteen of the signers were merchants or businessmen, 14 were farmers, and four were doctors. Twenty-two were lawyers - although William Hooper of North Carolina was "disbarred" when he spoke out against the king - and nine were judges. Stephen Hopkins had been governor of Rhode Island. Forty-two signers had served in their colonial legislatures.

"John Witherspoon of New Jersey was the only active clergyman to attend. (Indeed, he wore his pontificals to the sessions.) Almost all were Protestants. Charles Carroll of Maryland was the lone Roman Catholic.

"Seven of the signers were educated at Harvard, four at Yale, four at William & Mary, and three at Princeton. Witherspoon was the president of Princeton, and George Wythe was a professor at William & Mary. His students included Declaration scribe Thomas Jefferson.

"Seventeen signers fought in the American Revolution. Thomas Nelson was a colonel in the Second Virginia Regiment and then commanded Virginia military forces at the Battle of Yorktown. William Whipple served with the New Hampshire militia and was a commanding officer in the decisive Saratoga campaign. Oliver Wolcott led the Connecticut regiments sent for the defense of New York and commanded a brigade of militia that took part in the defeat of General Burgoyne. Caesar Rodney was a major general in the Delaware militia; John Hancock held the same rank in the Massachusetts militia.

"The British captured five signers during the war. Edward Rutledge, Thomas Heyward, and Arthur Middleton were captured at the Battle of Charleston in 1780. George Walton was wounded and captured at the Battle of Savannah. Richard Stockton of New Jersey never recovered from his incarceration at the hands of British Loyalists. He died in 1781.

"Thomas McKean of Delaware wrote John Adams that he was "hunted like a fox by the enemy - compelled to remove my family five times in a few months." Abraham Clark of New Jersey had two of his sons captured by the British during the war.

"Eleven signers had their homes and property destroyed. Francis Lewis's New York home was razed and his wife taken prisoner. John Hart's farm and mills were destroyed when the British invaded New Jersey, and he died while fleeing capture. Carter Braxton and Nelson, both of Virginia, lent large sums of their personal fortunes to support the war effort but were never repaid.

"Fifteen of the signers participated in their states' constitutional conventions, and six - Roger Sherman, Robert Morris, Franklin, George Clymer, James Wilson, and George Reed - signed the U.S. Constitution.

"After the Revolution, 13 signers went on to become governors. Eighteen served in their state legislatures. Sixteen became state and federal judges. Seven became members of the U.S. House of Representatives. Six became U.S. senators. James Wilson and Samuel Chase became Supreme Court justices. Jefferson, Adams, and Elbridge Gerry each became vice president. Adams and Jefferson later became president.

"Five signers played major roles in the establishment of colleges and universities: Franklin and the University of Pennsylvania; Jefferson and the University of Virginia; Benjamin Rush and Dickinson College; Lewis Morris and New York University; and George Walton and the University of Georgia.

"Adams, Jefferson, and Carroll were the longest surviving signers. Adams and Jefferson both died on July 4, 1826, the 50th anniversary of the Declaration of Independence. Carroll was the last signer to die in 1832 at the age of 95."

So, take a few minutes while enjoying your 4th of July holiday and give thanks to these patriots who so long ago dedicated themselves to the proposition:

*We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.*

## CLASSIFIEDS

### FOR RENT

**Sierra Madre Luxury Apartment**  
2 Bedroom

391A W. Sierra Madre Bl. (Downstairs Unit)  
New tile floor, kitchen appliances, private balcony  
A/C/Storage Coin Op Laundry Room  
\$1350 per month

Earl (626) 893-0473

### FOR RENT

For Rent – 297 Mariposa St. in Sierra Madre –  
3-bedroom, 1-bath. Great fenced-front yard.  
Close to park and restaurants. \$1500 a month.  
626-255-7255 William





Chris Bertrand

## One Of A Kind: *Featuring unique homes & gardens and the people who create them* Story and Photos By Chris Bertrand

### Hip Kitchens You Won't See At Grandma's House: *ALNO & More - Pasadena European Kitchens*

Sierra Madre, CA Fred Crockett of ALNO Pasadena European Kitchens is delighted American kitchen designers and consumers have so heartily embraced his fresh, high style kitchens, imported directly from European manufacturers.

Instead of replicating the corbels, curlicues and poor drawer glides of Grandma's twenty to fifty year old kitchen, "Germany and Italy are

producing extremely energy efficient appliances and green-processed, highly durable cabinetry in sleek, elegant and very cost effective packages," comments Crockett.

He just returned from Milan's Eurocucina, worldwide kitchen furniture show, where Crockett carefully evaluated the 145 participating manufacturers for their applicability to the American market. After reviewing his research, Crockett expanded his lineup of high quality German and Italian cabinetry and appliance makers like [ALNO](#) and Liebherr with Italian Lineaquattro and Germany's



Cutting edge and highly efficient cook tops

Leicht, with more to come.

Crockett reflects, "After talking with European manufacturers, I found that most companies use distribution groups to sell their kitchens in the USA, traditionally incorporating a three to four layer markup system. By the time the consumer writes a check buying a

cabinet, that \$500 product was marked up first by the importer to \$1000, then again by the distributor and maybe a dealer, too, to an unaffordable \$1500-\$2000."

Crockett decided to do something about it and now deals "factory direct" eliminating the middle men and multiple markups, delivering premium European kitchens, custom entry and interior doors and more at near home center prices.

European manufacturers that Crockett's carefully chosen for his lineup are fully templated to American appliance sizing, so dropping in a Thermador or Wolf stove or other American sized appliance is no problem.

Many of the European appliances have developed very different energy efficiency and high quality technologies, shooting them ahead of the traditional US appliance choices over the last couple of decades. Concepts like "water wall" humidity maintenance to preserve freshness, continuous running compressor fans that don't attract pet hair and dust for greater efficiency over cycling compressors, stainless steel drawers like [Leicht's](#), unbelievably sleek and innovative cooktops, stylish architectural venting, amazing lighting and more.

Every order is a custom order at these companies, so precise measurement maximizes storage space, eliminates cabinet spacers and bulky side mechanisms for drawers, both big space wasters in a kitchen.

Our builders and developers with projects like Astani's sold-out, 77 unit Concerto high-rise near LA Live, love our products. They can deliver sleek green kitchens without that cookie cutter look at an aggressive price point and efficient delivery turnaround. Astani was so pleased, they asked us to work with them again, this time for the 241 unit tower and thirty penthouses in the landmark downtown project at 9<sup>th</sup> and Figueroa.

Part of the cost savings come from what's already included in the price of our kitchen cabinets versus a home center or a custom cabinetmaker's product. First, handles and [Blum](#) self closing drawer and cabinet mechanisms are all included; big dollars in pricing a kitchen order. Next, they're factory finished in any of 10,000 color choices on many different woods. Order custom cabinets from your local carpenter and you'll receive unfinished cabinets that require lacquering in your home, releasing all those worrisome chemicals into your air, with off gassing later.

Europe's tough lacquer and sealer specifications require near zero formaldehyde emissions. Their penetrating cold processing methods, which dry at room temperatures instead of in heated booths, apply finishes with much lower chemical off gassing AND higher durability and water resistance. California's low-VOC wood finishes and paints have really reduced the water-resistance of kitchen and bath cabinetry, often requiring refinishing after just a year or two adjacent to a kitchen sink or dishwasher "We left a wet glass on one of our European finished cabinets for hours, with no impact on the finish at all," Crockett proudly stated.

"I feel I've really hit on something, I was actually startled to find that my blog at [Kitchen Hip](#) has thousands of followers, as Americans are searching for a new kitchen profile to call their own. I have consumers, builders and developers regularly showing up from 40-



50 miles away in the Palisades or Newport Beach for our cabinets, appliances and design/oversight services." "Since our services can extend from initial consultation to final installation," comments Crockett, "our builders, developers and



Fred Crockett and a Liebherr Refrigerator

individual homeowners are able to focus and concentrate their efforts on other aspects of construction knowing that their kitchens, appliances, counter tops and counter lighting are in good hands, a win-win."

ALNO Pasadena is located in Sierra Madre at 70 E Montecito Ave. For more information, visit their website at [www.ALNOpasadena.com](#) or call 626-355-7500.

## Janie Steckenrider



**119 Boca De La Playa**  
San Clemente  
\$1,298,000

Rare ocean view lot!! Located only steps from the beach and across the street from the Ole Hanson Beach Club this property is zoned for multiple units. This is an incredible opportunity to build!!!

**960 Hampton Rd.**  
Arcadia  
\$2,898,000

Stately Colonial estate located in the Upper Rancho area boasts 5BR suites in 6,268SF on nearly an acre. Perfectly designed to entertain a crowd of hundreds or host an intimate gathering. Terrific Great Room has a pool table area and adjoins the exceptionally large gourmet kitchen. Features include hardwood floors, high ceilings, five fireplaces, formal dining room, and spacious master suite with balcony. Picturesque rear yard with a sparkling pool, cabana, rose garden and playhouse. This lovely home exudes unending warmth and charm.

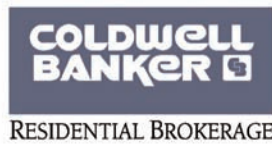


**1345 Inverness**  
Pasadena  
\$1,175,000

Turnkey 4BR/3.5 bath home located in a tranquil setting of the Linda Vista area. Updated kitchen and baths, hardwood floors and large family room. The home features an open floor plan with spacious rooms. Do not miss this terrific home.



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[Janie@janiesteckenrider.com](#)



RESIDENTIAL BROKERAGE

**50 Esperanza Ave. #C**  
Sierra Madre  
\$688,000



Absolutely gorgeous townhome in serene & quaint Sierra Madre, contemporary Craftsman home built in 2006 offers almost 2,000SF of living space w/3BR, 3BA, hwd floors in all rooms except bedrooms, 2-car garage.



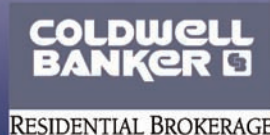
**Ash Rizk**  
626.393.5695  
Coldwell Banker  
Arcadia  
Regional Office

**Victor Mansour**  
310.748.5361  
Coldwell Banker  
Arcadia  
Regional Office



**780 Brookside Ln.,** Sierra Madre, \$499,000

The "Sycamore House" live in one & have income from the studio apt. The house is rented for \$900/month and the studio apt for \$1200/month. 2-car tandem parking plus 2-car garage. If you enjoy nature & peaceful living then this home is for you!



RESIDENTIAL BROKERAGE

**Sue & Maurice Orme**  
626.826.8511



## Have A Safe & Sober Holiday!

## SIERRA MADRE'S FARMERS MARKET

### Wednesdays - 4-7pm

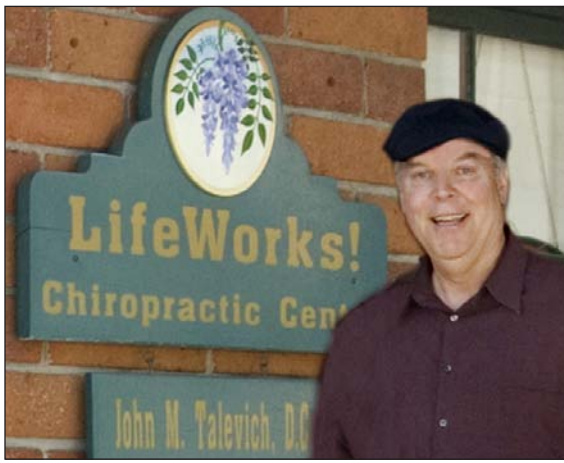
Fresh vegetables and seasonal fruits from California family farms.

Specialty foods, vegetarian and vegan dishes, ethnic foods and hot food - Everything you'll find at the farmers market has been made or picked fresh, is pesticide-free and preservative-free. Free public parking on Mariposa.



## YOUR HEALTH MATTERS

## Today's Subject: Helicobacter Pylori & Stomach Health Health Tips From Dr. John Talevich



Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

In the last two articles, we have discussed some basic considerations regarding digestive health. These are 1) simple foods, properly combined, to reduce gastric distress and 2) elimination of foods which may be inflammatory in individual cases. Also considered were some time-tested herbal and supplemental supports for improved digestion. This third installment is concerned with the stomach bacterium, helicobacter pylori.

Helicobacter pylori has become a hot topic in recent years due to research done by two Australian doctors, Barry Marshall, M.D. and Robin Warren, M.D. Prior to their discovery that ulcers are caused by this organism, it was commonly believed that anxiety and emotional stress were the primary causes. Most researchers felt that bacteria could not live in the acid environment of the stomach.

For those suffering from long-standing gastric distress, it can be a relief to know what might be causing the problem. Once diagnosed, helicobacter can be eliminated by a visit to a medical specialist familiar with the issue. It should be mentioned that properly diagnosing this bacterium can be tricky, but trained practitioners are able to effectively interpret results.

So, why is it important to know about this troublesome bug? In many cases, people suffer for years, spend thousands of dollars on medications, and have never been tested for helicobacter. It can be of great benefit to identify the presence of it and work to reduce its influence on the body.

The vast majority of stomach and digestive problems are associated with lifestyle choices. With appropriate modifications to diet and stress-management, even long-standing inflammation can and will be repaired. Effective herbal and supplemental supports may also assist the healing process and, in the case of deep-seated conditions, the newer research can be beneficial.

Have a healthy week! ~Dr. John

Next Week: The Glycemic Index

## LifeWorks! Chiropractic Center

### Individually Tailored Wellness Programs

**31 S. Baldwin Avenue Sierra Madre, Ca. 91024**  
**626-355-4710**

## Laguna Beach Pageant of the Masters

Join the Sierra Madre Community & Personnel Services Department on this annual excursion to see art come alive.

Date & Time: Friday, July 9th – 4:30 pm to 11:30 pm  
Cost: \$48.00 per person inc. transportation & ticket

This excursion includes time to visit the Festival of the Arts or have dinner on your own prior to the show. The bus will depart & return to the Community Recreation Center, 611 E. Sierra Madre Blvd., Sierra Madre. Reservations need to be made in advance by either going online at [www.cityofsierramadre.com/online-registration](http://www.cityofsierramadre.com/online-registration), visiting the Recreation Center or visiting the Hart Park House/Senior Center. Please call (626) 355-5278 ext. 227

## Methodist Hospital Offers Free Hip and Knee Seminar July 10

Hip or knee pain keeps many people from doing the things they love. Aspirin, ibuprofen and other pain medications are temporary fixes. Methodist Hospital will offer a free seminar in Lewis Hall at 300 W. Huntington Drive in Arcadia at 9 a.m. Saturday, July 10, on hip and knee pain and how to find a more permanent solution.

The public is invited to attend this seminar and hear orthopedic surgeon Gary Moscarello, MD, discuss hip and knee replacement techniques.

Combining advanced techniques, leading edge technology, state-of-the-art facilities and skilled surgeons, nurses and staff, the Methodist Hospital Hip and Knee Center features computer navigation systems, ceramic and all-metal implants, mini-incision technique for less pain and quicker recovery and cell-saver device for minimal blood loss.

Although the seminar is free, seating is limited and reservations are required. Please call 888-388-2838 to reserve a seat. In addition to free parking, Methodist Hospital also offers free valet parking and mobility carts.

For more information, please call 626-898-8000 or visit [www.methodisthospital.org](http://www.methodisthospital.org).



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## SENIOR HAPPENINGS

## FYI:

## Home Safety Surprises And Suggestions

by Elinor Ginzler

(NAPSI)-Any time of year can be the right time to take a look around your home and find ways to make it safer for you and your family.

For example, simple home maintenance can avert a number of potential problems. Cleaning lint filters in the clothes dryer before every load and cleaning the dryer vent line each year can prevent dryer fires. Shockingly, there are more than 15,000 dryer-related fires each year.

Placing a barbecue grill too close to the house can be another way to cook up accidents. It's estimated that 6,500 barbecue grill fires cause as much as \$27 million in property losses each year.

Some injuries can be prevented by just choosing a different tool for a difficult task. Consider using a can opener instead of a kitchen knife the next time you open those frustrating anti-theft plastic clamshell packages. And did you know that a sharp knife is safer than a dull knife? A dull blade leads to slips.

AARP has compiled a list of 30 home safety facts and tips that shine a light on the simple things that can help make homes safer and more user friendly.

Did you know that:

- 86,000 people fall each year because of their pets?
- Power-mower injuries cause 80,000 hospital visits each year?
- Poison ivy is getting more potent and harder to identify?
- More people are injured using hand tools than power tools?

Many of these injuries can be prevented with simple fixes that take just moments but rarely make it to our to-do lists.

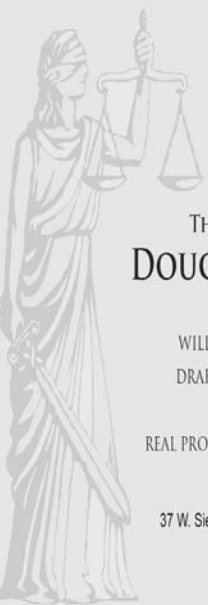
Consider these small tasks:

- Moving the grill 10 feet from the house or shrubs can help protect you from a larger fire if the grill tips or the fire flares.
- Feeding the cat before making dinner can stop it from milling around the kitchen when you're cooking. A baby gate can keep the dog out of the kitchen altogether.
- Most mower injuries are caused by stones or other things kicked out by mower blades moving at high speed. Clearing the yard of debris before mowing can help.
- Can't recognize poison ivy? The oil that causes people to react to poison ivy won't penetrate long sleeves and pants or vinyl work gloves.

Learn more at [http://www.aarp.org/home-garden/housing/30\\_safety\\_tips.html](http://www.aarp.org/home-garden/housing/30_safety_tips.html) or call 888-OUR-AARP (888-687-2277).



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## Recipe of the Week:

## 4th of July BBQ'd Cornish Hens

### INGREDIENTS:

- 3 cloves Garlic crushed
- 1 tb Seasoned salt
- 1/2 c Oil
- 1c Fresh lemon juice
- 12 tsp Italian Salad dressing
- 1/2 c Chopped onions
- 1 Pepper
- 1 ts Crushed thyme
- 4 Rock Cornish Hens, giblets removed

### DIRECTIONS:

Blend garlic, seasoned salt, oil, lemon juice, dressing, onions, pepper, and thyme. Marinate the birds overnight in the refrigerator.

Cut the birds lengthwise.

Cook on outside grill, bone side down 10 minutes, flesh side down 5 minutes, alternating 10 minutes and 5 minutes in this manner for about an hour and basting with marinade frequently (at least every 5 minutes) while barbecuing.

Serves 8.

If you can't get outside to barbecue, just use the oven method:  
Preheat oven to 400 degrees.

Place skin side up in a shallow pan, baste with marinade, cover with foil and roast for 30 minutes.

Remove foil and brush with marinade again. Roast again uncovered for 20-30 minutes (brush with marinade again after about 10 minutes).

Test for doneness: drumsticks should be soft and juices should not be tinged with pink when you pierce the thickest part of the thigh with a fork.



## July Birthdays

Shahrazad Azrani, Eunice Banis, Betty Barlow, Cindy Barnard, Janet Cox, Martha Griffin, Betty Hansen, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Anthony Gheezoo, Joanne Gheezoo, Beverly Turko,

## Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday-Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday: 1:00 pm to 1:45 pm: Strength training with Lisa Brandlee. FREE class of stretching with light hand weights while you sit.

Tuesday: 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon

3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment

1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play

5:30 pm to 7 pm: Yoga;

\$7.00 - 50 & over. Please call 355-5278 for more information  
Wednesday:

11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints

2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394

Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday: 1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.

5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday: 1:00 pm: Ping Pong  
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm



## Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

**MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS \*\*ONCE A MONTH OR WEEKLY\*\***

Please contact Darlene Traxler at 626.355.6220 or (626) 355-0256.



## MONTHLY EXCURSIONS

June TBA - Cheese Factory Tour & Lunch at a Temecula Winery

May excursions are open and reservations can be made by filling out a registration form & making payment. For questions, please call the Sierra Madre Senior Desk at (626) 355-7394.



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July 16th - The Mellow Dz (Dave Osti/Deanna Cogan)  
July 23rd - Mercy and the Beets  
July 30th - Gem City Jazz Cats  
Aug. 6th - Buck 25  
Aug. 13th - Mercy Powell Jazz Trio  
Aug. 20th - Steve and Steve (Steve Vargas/Steve Ysaais)  
Aug. 27th - Jean Sudbury and Local Talent (TBA)

**[www.SMFridayNightLive.info](http://www.SMFridayNightLive.info)**

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