

## Sierra Madre Celebrate's America's Birthday

## Water Main Breaks Continue - Parts of Sierra Madre Blvd. Closed - Council Calls Emergency Session



Parade Grand Marshal Lew Watanabe and wife lead the way.



Sierra Madrean Louise Neiby waves to the crowd. She and her husband, the late Dr. Paul Neiby were this year's Citizens of the Year.



Older American Of The Year, Fran Garbaccio



Sierra Madre Mayor Joe Mosca and son Garrett greet well wishers.

More photos throughout this edition. Also view photos online at [www.mtnviewsnews.com](http://www.mtnviewsnews.com)



Workers clamped the broken main in two spots within a 24 hour period. At right, a resident holds a broken piece of pipe.

The city of Sierra Madre continues to face challenges with its aging water system as yet another water main break occurred closing down portions of Sierra Madre Blvd. This is the fifth break in the past 10 days and by far the most serious one this year. The break occurred on Wednesday evening and crews worked into the night putting a clamp on the leak. Residents in the immediate area were without water until workers could put a brace over the hole and stop the leak. By morning, however, a second leak had sprung and the Water Division workers were back to square one.

The water damage has caused buckling on Sierra Madre Blvd. and the city subsequently issued the following notice:

A 10" water main burst in the 400 block of East Sierra Madre Boulevard. Before that section of main could be shut down for repair, a section of roadway pavement, approximately 75 feet and 41 feet wide, was severely compromised. The entire width of the street in that section has been made unsafe for through traffic, with portions of the asphalt raised as much as six inches and other areas undermined and settled six inches or more. The full extent of the damage will not be known until all of the pavement has been removed.

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The current incident is caused by the same main that leaked and caused the sinkhole at Mountain Trail and Grandview approximately two years ago. The main runs from the Main Plant pump house to Mira Monte and is one of the two mains that transport water from the Main Plant to Mira Monte. This is a critical link in providing service to all of Sierra Madre's water customers.

Until the water main is replaced, and the roadway is resurfaced, the road has been closed to all but residents of the immediate neighborhood. City staff anticipates this portion of Sierra Madre Blvd. may remain closed through Saturday, July 17, 2010. In addition there may be periodic closures to residents in the area as the work progresses.

Drivers are encouraged to utilize arterial detours such as Mountain Trail and Orange Grove, as the narrow side streets including as Coburn, East Montecito, Holdman Avenue, and Santa Anita Court are experiencing traffic levels for which they were not intended or designed.

On Friday, the City Council held  
(continued on page 2)

## Sierra Madre Honors...

Recognition Nominations - Due to City Hall Monday, July 26, 2010, at 4:00 pm

This is an exciting event and the City's opportunity to recognize and honor the true treasures of Sierra Madre, its volunteers, City Commissioners and employees. Sierra Madre Honors... Recognition and Appreciation Dinner will recognize all out-going City Commissioners as well as extraordinary community members, organizations and employees. Please take a moment to review the awards listed below and nominate any person you feel is eligible for such an honor.

To nominate a member of the Sierra Madre Community for one of the Awards, please include the person's name, phone number, address, and 1-page explanation of nomination along with your name and phone number, and return to City Hall, the Community Recreation Center, or email to [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com).

### George Maurer Lifetime Service Award

Presented to a person/entity that most strongly represents a commitment to serving and volunteering, which is the true spirit of Sierra Madre.

### Wistaria Award

In recognition of City/Community partnership, presented to a local business or organization whose major contributions to the City/Community of Sierra Madre have demonstrated a true partnership that assists in and provides services, programs, or enhances the general welfare of the

community as a whole.

### Police Chief's Special Award

Presented by the Sierra Madre Chief of Police to an individual who has demonstrated outstanding dedication to duty (employee) or service (community) in resolving a community law enforcement-related issue.

### Public Safety Award

Presented by the Mayor to an individual, either an employee or citizen, who took action to protect and maintain the safety of the community by taking lifesaving action.

### Public Service Award

Employee of the Year - presented by the Mayor upon the recommendation of the City Manager to an extraordinary city employee who has represented remarkable customer and public service as well as dedication to the citizens of Sierra Madre over the course of a year.

### Community Youth Service Award

Presented to a young adult in the community who demonstrates dedication and outstanding service to the community.

This year's Sierra Madre Honors... Recognition and Appreciation Dinner will be held on Thursday, September 23, 2010. For more information on the nomination process or on the event, please contact the Community & Personnel Services Department at 626-355-5278 or [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com).

## Public Hearing on Water Rate Increase July 13th

### Anti-Increase Campaign Rhetoric Accelerates

On Tuesday, July 13, 2010, the Sierra Madre City Council will hold a public hearing on the proposed water rate fee increase. The hearing is part of the requirements under State Proposition 218.

Since the first notice was given to the public almost 45 days ago, there has been increased visibility by those opposed to the increase.

If more than 50% of the existing rate payers submit a written protest to the City Clerk, the council may not approve the fee hike.

Protestors have been seen leafletting cars and homes in the last week, and canvassing for signatures to oppose the increase.

Although several negative statements have been made concerning the increase, the new structure would actually allow exemptions for low income residents and with the proposed tiered structure, those who conserve water will benefit from the new structure.

Residents are urged to attend Tuesdays council meeting at 6:30 pm.

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Closed Sunday

Read The Paper Online At: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)

## Weather Wise

### 5-Day Forecast Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 80s	Lows 60s
<b>Tues:</b>	Sunny	H 80s	Lows 60s
<b>Wed:</b>	Sunny	Hi 80s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service



## Sierra Madre Aquatic Center Summer Movie Nights

The Community and Personnel Services Department will be offering three FREE movie nights this summer at the Sierra Madre Aquatic Center. These wonderful family events are made possible by generous donations from the Sierra Madre Community Foundation, Sierra Madre Volunteer Firefighters Association, and the Sierra Madre Civic Club. This is a great opportunity to spend family time at the Sierra Madre Aquatic Center in a safe and fun environment at absolutely no cost!

The summer movie night schedule is as follows:

Wednesday, June 30, 2010 - Movie: Madagascar 2  
Wednesday, July 28, 2010 - Movie: Surf's Up  
Wednesday, August 25, 2010 - Movie: Muppet Treasure Island

All movies at the Sierra Madre Aquatic Center will begin at 8:00pm and will finish at 9:45pm. The Sierra Madre Aquatic Center is located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024. Please be sure to arrive early, as maximum capacity may be reached at the Aquatic Center.

For more information on the Sierra Madre Aquatic Center Summer Movie Nights, please contact the Community and Personnel Services Department at 626-355-5278.

## BARGAIN BOOK SALE AT SIERRA MADRE LIBRARY Quality Books for Only A Buck!

The Friends of the Sierra Madre Library will hold a Bargain Book Table Sale inside the Library, Monday, June 21 through Saturday, June 26, during the Library's open hours. This month's featured topics will include Fiction, Cookbooks, Biographies, Animals, Wildlife, Time Warner and Children's books. All volumes are in good condition and will be sold at the low, low price of \$1.00 each. These every-other-month book sales provide funding for Library resources and programs.

Are your bookshelves bursting at the seams? Is it time to weed out the old to make room for the new? Your donations of gently used books are appreciated, and will help maintain our book sale inventory. Books in bags or boxes may be dropped off at the back of the Library, by the basement door.

For more information call (626) 355-7186, or visit our website at [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us). The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m.

### WATER (continued from page 1)

an Emergency meeting in order to authorize repairs for the Sierra Madre main break. The cost is estimated to be \$35,000.00, an amount that requires council approval. In attendance were Mayor Mosca, Mayor Pro Tem Buchanan, and Councilpersons Moran and MacGillivray. Councilmember Walsh was out of town and could not attend the meeting.

Of the funds that will be expended to solve the Sierra Madre Blvd. problem, approximately \$9,919.00 will come from the water fund and the rest from street funds that are available as a result of the gas tax and Measure R.

Public Works Director Bruce Inman informed the council that 30% of our mains and pipes are in separate need of repair. He noted that the most recent break was just a few feet from another temporary fix that was made last year.

According to Councilman Moran, the cost of replacing just the water main on the section of Sierra Madre Blvd. that is currently leaking would be \$675,000.

On Thursday, the day before the special session, the city held a "Walk and Talk" tour of the Sierra Madre's water system to help better educate the community on how the system works. Approximately 30 residents attended.

Inman noted that the rash of leaks was purely coincidental, and not that unusual. He cited several areas that have leaks on a regular basis, due to a number of factors, including the age of the pipes (some 90 years old), workmanship and faulty materials. The fee increase will help generate money to match federal funds so that repairs can be made.

## Potluck and Family Game Night Sierra Madre United Methodist Church

Come one, come all! The Sierra Madre United Methodist Church cordially invites you to a community Potluck and Family Game Night on Saturday, July 17, beginning at 5:30 p.m., in the church's Hartzell Hall. Bring a favorite dish and a table game to share, and enjoy a relaxing, family-oriented evening with family and friends. Service items and beverages will be provided. The Sierra Madre UMC is located at 695 W. Sierra Madre Blvd. in Sierra Madre, on the northeast corner of Michillinda and Sierra Madre Blvd. There is ample parking in the church's lot, off Michillinda. For more information or directions, please call the church office at 626-355-0629.

### Live from Burger Continental The Harvey Hyde Show

535 So. Lake Ave. Pasadena (626) 792 - 6634  
Every Thursday 6:00 pm - 7:00 pm  
Hard-hitting, High impact sports talk radio  
KSHP Las Vegas - 1400 AM

### COMING SOON! MEN'S WEEKLY TENNIS INTERMEDIATE LEVEL NOON EVERY WEEK IN SIERRA MADRE CALL 355-2335 FOR INFO

### LA County Arboretum: SQUARE FOOT GARDENING WORKSHOP "Saving the world, one square foot at a time."

Your choice of these different dates:  
Sunday, July 18 (Palm Room)  
August 22 (Palm Room)  
September 12 (Palm Room)  
9am-12noon  
Jo Ann Carey, instructor  
\$22 members/\$25 non-members  
Please call 626.821.4623 to register

Nothing compares to the flavor of food that is grown in healthy soil, without pesticides, and allowed to grow until just the right time for harvesting. Square foot gardening uses only 20% of the land space of a conventional garden and saves both water and time. There is no tilling of the soil so anybody can do it. This method will be fully explained, so you may create your own square foot garden, with lessons on setup, planting, watering, growing vertically, pest control and harvesting.

*Recommended reading: All New Square Foot Gardening by Mel Bartholomew, available in The Arboretum Garden & Gift Shop*

### Sierra Madre's Parks Master Plan Subcommittee 3 Vacancies for Community Members At Large

The City of Sierra Madre's Community Services Commission is looking for three motivated, enthusiastic, creative, and friendly volunteers to serve on the City's Parks Master Plan Subcommittee. The City welcomes any interested residents to apply.

The Committee will be comprised of two (2) members of the Community Services Commission and three (3) community members at large. Community & Personnel Services Department staff will be the liaisons to the committee. The committee will be subject to the Brown Act and therefore meet in a public place with posted agendas.

The committee will be appointed by the Community Services Commission on August 16, 2010, at the regularly scheduled meeting. The committee will review, amend and develop the adopted Parks Master Plan 2001. The following specific tasks below have been assigned to the subcommittee to make recommendations to the Community Services Commission regarding changes to the Parks Master Plan:

1. Review the 2001 Parks Master Plan and 2005 Scorecard and identify accomplishments as well as needs not yet met since the last review.
2. Review the City's park inventory by touring all the parks and recreation and school facilities located in Sierra Madre.
3. Analyze the demographic and population characteristics of the community including evaluating factors of age, income, gender, education, ethnicity, median income and project projected population changes.
4. Create a Standards Analysis - a park classifications and guidelines which apply to the community of Sierra Madre. Existing facility should be compared against standards to determine acreage and facilities required to meet present and future needs of the community.
5. Community Input Process - determine the park and recreation needs of the community. Includes public meetings, focus groups, and surveys. From feedback, quantify specific needs of the community.
6. Prioritize needs and make recommendations for implementation - summarize priorities and make recommendations toward the acquisition, development and maintenance of parks, recreation areas and opens spaces for the next five to ten years. Create an expenditure analysis to help implement the plan.
7. Implementation - establish framework and methods for public officials to use in implementing the master plan. Policies, ordinances or resolutions as well as sources of funding are recommended so that the plan can become a reality. Also, an action plan provides specific priorities and budget estimates for the first ten years of the plan.

Applications are due by 5:00 p.m. on Friday, August 6, 2010. Submit applications to the Community & Personnel Services Department at the Community Recreation Center, 611 E. Sierra Madre Boulevard. For an application, please visit [www.cityofsierramadre.com](http://www.cityofsierramadre.com) look for commission/committee applications. For more information please call (626) 355-5278.

## MIDSUMMER NIGHT'S DREAM

For the first time in its 50 year history, Creative Arts Group will host a sale of the work of the 60-plus artists showing in their gallery. For



two hours only, on July 16<sup>th</sup> from 8-10 pm Creative Arts Group will host a *Midsummer Night's Dream* sale with absolutely everything in the gallery marked down 20%. All artistic media including glass, watercolor, ceramics, enameling, jewelry and more will be included. After the two-hour sale, all work will return to its original price. Refreshments will be served and all are invited to partake of this first-ever festive occasion. Creative Arts Group is located at 108 N. Baldwin Ave in Sierra Madre. For more information or directions call (626) 355-8350.



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[SierraMLaw@cs.com](mailto:SierraMLaw@cs.com)



One of my favorite summertime happenings is tonight in Pasadena - the annual "Celebration on the Colorado Street Bridge", from 6 to 11pm. Due to the poor economy and lack of sponsorships, the Pasadena Heritage organization cancelled the Bridge party last year, so I'm really glad to see it back, and so are alot of other folks! There's something special about being on that awesome Bridge on a starry summer night that makes me wonder why anyone would want to jump off (thus the nickname "Suicide Bridge"). The event is filled with live music on several stages, food and beverage booths, kids activities, classic cars, and more. Two of the hardest-working musicians in local show biz (pictured here) will be appearing with their respective bands, SNOTTY SCOTTY & THE HANKIES and MERCY & THE MERKETTES, making it a challenge to get from one stage to the other and back, in order to catch both acts! It's a been a friendly rivalry for the past 30 years, so why should tonight be any different?! See below for more info....



SAT. 7/10 - CELEBRATION ON THE COLORADO STREET BRIDGE with Live Music from SNOTTY SCOTTY & THE HANKIES, MERCY & THE MERKETTES, NEW ASTROTURF and many more, 6 - 11pm. WRECK 'N' SOW outside the Orange Grove entrance, 5:30 - 7:30pm. \$13.50 in advance (maybe \$15 at the gate?) 626-441-6333. Food, beer/wine, classic cars. Kids activities & entertainment, etc. Always a great summer night under the stars! [www.pasadenaheritage.org](http://www.pasadenaheritage.org)

SAT. 7/10 - LISA FINNIE & FRIENDS @ CAFE 322 IN SIERRA MADRE, 8 - 11pm. Full bar & great Italian food! 322 W. Sierra Madre Blvd. 626-836-5414. Country/Jazzy Folk, and always quality musicians.

SUN. 7/11 - BARRY "BIG B" BRENNER @ FIREFLY BISTRO IN SOUTH PASADENA, 11am - 2pm. 1009 El Centro Street. 626-441-2443. Sunday BLUES brunch. <http://www.eatatfiirefly.com> <http://www.myspace.com/barrybigbbrenner>

SUN. 7/11 - YVONNE PEREA @ MEMORIAL PARK BANDSHELL IN DOWNTOWN SIERRA MADRE, 6 - 8pm. FREE concert in the park, sponsored by the SPERO Foundation, a newly formed, Sierra Madre-based philanthropic organization. \$1 tacos, \$1 water and \$1 cookies!!! Folk, Blues, Rock.

SUN. 7/11 - "OPERA TO BROADWAY" VOCAL PERFORMANCES @ CAFE 322 IN SIERRA MADRE, 7pm. 322 W. Sierra Madre Blvd. 626-836-5414. Full bar and great Italian food. Every Sunday evening. Get there early - they pack 'em in!

WED. 7/14 - (FORMERLY ON TUESDAYS) TRIVIA NIGHT MOVES TO WEDNESDAYS @ CAFE 322, 8pm. \$2 per person to play, CASH or gift certificates to the top 3 teams. Fun and educational! 322 W. Sierra Madre Blvd. 626-836-5414.

"WEDNESDAY NIGHT PLATTER PARTY" @ THE BUCCANEER, 9pm. Bring your favorite vinyl records and play an entire side on the house turntable, commercial free! 70 W. Sierra Madre Blvd. 626-355-9045.

WED. 7/14 - THE MELLOW D'z (DAVE OSTI AND DEANNA COGAN) @ OCEAN VIEW BISTRO IN MONTROSE, 7:30-10pm. 3826 Ocean View Blvd. 818-248-2722. Classic Rock and beyond. [www.ovbistro.com](http://www.ovbistro.com)

THURS. 7/15 - BARRY "BIG B" BRENNER @ FIREFLY BISTRO IN SOUTH PASADENA, 6 - 9pm. 1009 El Centro. 626-441-2443. Burgers, Brews & BLUES Every Thursday. <http://www.bigbbrenner.com/>

FRI. 7/16 - THE MELLOW D'z (DAVE OSTI AND DEANNA COGAN) will kick off Friday Night Live's seven week run in Kersting Court in Sierra Madre (Baldwin & Sierra Madre Blvd.) Enjoy live music from 6:30 to 9pm, accompanied by shoppers incentives and a chance to enter drawings when you shop downtown. Visit the Chamber of Commerce booth for all the details. [www.SMFridayNightLive.info](http://www.SMFridayNightLive.info).

FRI. 7/16 - The Sin Twins Rhythm & Blues Review @ Arcadia Blues Club, 10:00 p.m. with Bobby Bluehouse at 7:30 p.m. \$15.00. 16 E. Huntington Dr. 626-447-9349. Full bar & kitchen, pool tables, BIG room. Sort of a Blues Brothers thing, with a whole big band build-up with horns, chick back-up singers, etc. Quite the production and lots of familiar faces from other local bands. [www.arcadiabluesclub.com](http://www.arcadiabluesclub.com)

SAT. 7/17 - Doo Dah Parade Photo & Memorabilia Exhibit @ McGinty's Gallery at the End of the World in Altadena, 6pm - midnight. 2475 N. Lake Ave. 626-794-8779. \$5 - proceeds benefit the Light Bringer Project. Professional and amateur photographers are invited to submit their best photographs of the Doo Dah Parade in a contest. All photos will be exhibited at the event during which trophies will be awarded in a number of categories with the "Spirit of Doo Dah" as top prize. In addition, you can view royal gowns, portraits and more. CHICO'S BAIL BONDS will treat you to blues, while THE SUBS will keep the beat with a repertoire ranging from folk and rock to R&B and dance. Reigning royalty Erica Valentine will serve up some sweet guitar licks, Queen Naughty Mickie will awe you with her sword dance and Queen Skittles will be offering her talents to take your photo with the Doo Dah denizen of your choice. Also, throughout the event, you are invited to bid on a selection of silent auction items. For more information and to enter the photo contest, e-mail Gary Barbuto, coordinator, at [garyb@recycler.com](mailto:garyb@recycler.com). Photo submission deadline is Monday, July 12. [www.lightbringerproject.com](http://www.lightbringerproject.com), [www.galleryattheendoftheworld.com](http://www.galleryattheendoftheworld.com)

SAT. 7/17 - Billy Vera & The Beaters @ Arcadia Blues Club, 10:00 p.m. with Bobby Bluehouse at 7:30 p.m. \$15.00. 16 E. Huntington Dr. 626-447-9349. Full bar & kitchen, pool tables, BIG room. Remember when they used to play at the Sunset in Sierra Madre a hundred years ago and Patti Smith would be at every show??? <http://srv.ezinedirector.net/?n=3823413&s=61715327>

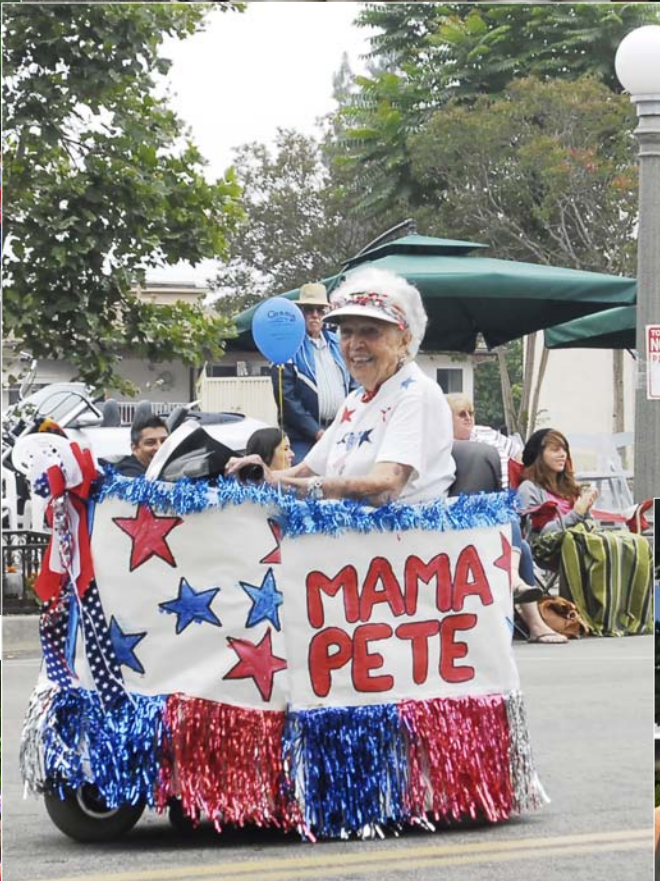
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*Please remember to call and verify all info. before making plans. Everything is subject to change. This is show biz, after all...*

*Hope to see you out & about, SierraMadreSue sierramadresue@yahoo.com*

Sierra Madre's Annual 4th of July Parade was held on July 5th out of respect for the town's religious organizations. If you missed the parade, you can catch a glimpse of the festivities throughout this edition. You can also go to [www.mtnviewsnews.com](http://www.mtnviewsnews.com) and click on "Parade". Photos by Chris Bertrand, Dean Lee and Susan Henderson



## Pasadena

### Crash kills One, Six Others Injured as Car Runs Red Light

Six people were hurt and one killed in a three car traffic accident Monday that left vehicles scattered along Sierra Madre Boulevard as one of the drivers failed to stop for a red light. Police said the exact cause of the crash is still under investigation.

According to reports, 78-year-old Herbert Velasco was taken to a nearby hospital where he later died. The driver of a metallic blue SUV, the vehicle Velasco was riding in, was also seriously hurt. Fire Spokesperson Lisa Derderian said four other people were also transported to nearby hospitals.

Fire units were dispatched at 11:31 a.m. responding to the accident at Orange Grove and Sierra Madre Boulevard where three people were trapped inside the SUV she said.



Photo courtesy Brett Gibson, Battalion Chief, Pasadena Fire.

## Ky-Mani Marley Honored at Rose Bowl Green Expo

PASADENA, Calif., July 7, 2010 – Come and celebrate at the Green Expo & Showcase at the Rose Bowl on Friday, July 23rd, 10:00 a.m. to 6:00 p.m. Free admission, thanks to our sponsors and exhibitors. Register early at [www.rosebowlgreenexpo.com](http://www.rosebowlgreenexpo.com).

Congratulations to Ky-Mani Marley, our People of the Year Peace Award recipient, for his book “Dear Dad” in honor of his father Bob Marley. Congrats also to all our 2010 awardees. A reception, in their honor, will be held after the expo at 6:30 sharp, RSVP at 626-200-9994. Live performance by Jovonnie. Hosted by LA Talk Radio Host, Mother Love.

The Green Expo and showcase is co-sponsored by Lookin’ Green Magazine and Pasadena Design Center in partnership with Senator Carol Liu and the 21st District of California covering areas of Los Angeles County.

“We can all work together to help protect the environment, conserve our precious natural resources, and promote green initiatives in the 21st Senate District,” Senator Liu said. “This showcase aims to make these resources available to residents in a vibrant and fun-filled atmosphere.”

Participants can expect a galaxy of fun and eco-friendly products and services from our many exhibitors, spunky entertainment, clean car meetup for all clean vehicle drivers and riders. Giveaways galore to those who register at [www.rosebowlgreenexpo.com](http://www.rosebowlgreenexpo.com).

Our 2010 awardees are Keith Moo-Young - Dean of Engineering - Cal State LA ; Steve Edberg - NASA, JPL Scientist; David Blekhan Associate Professor, Cal State Los Angeles; Larry Eisenberg Executive Director LACCD; Pasadena Councilmember Jacque Robinson; Steve Julian - Radio Host 89.3 FM KPCC; Dennis R. Buckley, D.C., Chiropractor and Clinician; Jerry Robin

- Prosperity and Health; Ruth & Joe Hopkins - Owners Pasadena Journal – their bios are online at [www.rosebowlgreenexpo.com](http://www.rosebowlgreenexpo.com).

The Rose Bowl Green Expo features experts in green technology, policy, climate change and planetary impacts, and ways to save more money tips and ideas for a healthier community. Speakers include Senator Carol Liu; Dr. Darrick E. Sahara Applied Kinesiologist and Chiropractor; Eric Corey Freed, LEED AP, Hon. FIGP; Linda Nicholes - Plug In America; Talin Shahnazaryan - Green Friendly Kids; A.J. Ali Award-winning Producer, Writer; Gerald Olesker Architectural Detail Group; Thomas Daly, Partner CPH; Robert Starr, Toro Irrigation; Carl Welty, CEDG Design; Steve Edberg - NASA, JPL Scientist. View photos and bios at [www.rosebowlgreenexpo.com](http://www.rosebowlgreenexpo.com).

Our valued Sponsors and Exhibitors include: CODA Automotive; The City of Pasadena; University of Phoenix; Pasadena Magazine; One World Vegetarian Cuisine; City of Hope; LA Talk Radio.com; American Cancer Society; Minute Maid; New Century Cookware; Glendale Community College; Shay & Associates; Marathon of Miracles; Shiso Tea by Maria; Farm Fresh To You; LifeSource Water Systems; Green Rock; PureWater2Go; Hostmonster; Aliso Electric; EcoProcote; Plug In America; Green Truck; Sahara Clinic; Renewal by Andersen; Enviro Energies - Wind Turbines; Solar Universe; ADG Eco-Lighting; EcoTools; Mid Western Pet Foods; Christie, Parker, Hale; Vitamin Shoppe; Golden Path Alchemy; Hastings Ranch Dental Group; Green Irene; Southern California Inspectors; among others.

For complete details and to register, visit [www.rosebowlgreenexpo.com](http://www.rosebowlgreenexpo.com). Or, contact Charlene Brown at (626) 200-9994, or email [Charlene@lookinggreen.org](mailto:Charlene@lookinggreen.org).

## Sierra Madre

### Sierra Madre’s 2011 Tournament of Roses Parade Entry: “Sueños de California”



Artist's Rendering

The theme of the 2011 Tournament of Roses Parade is “Building Dreams, Friendships and Memories.” Sierra Madre’s entry is titled “Sueños de California,” which translates to “Dreams of California.” The design highlights California’s Latino heritage by remembering the pioneers who built our Golden



The 2011 Entry in its' current state. The unfinished float made its' way down Sierra Madre Blvd. in the 4th of July Parade.

Photo by Chris Bertrand

State.

At the front of the float a burro draws a cart laden with produce to market. Magnificent monarch butterflies flutter overhead, alighting on Mission San Carlos Borromeo. Señoritas gather by a glistening fountain in a courtyard blooming with bougainvillea, saguaro, prickly pear and citrus trees. Colorful folk dancers perform alongside.

The float is one of Sierra Madre’s largest, measuring 33 feet tall, 55 feet long and uniquely, 22 feet wide. Extensive animation brings the design to life. The burro nods his head, the wheels of the cart turn and the gigantic monarch butterflies flap their wings. The fountain features hundreds of gallons of re-circulating water.

“Sueños de California” showcases a stunning array of flowers. Jewel-tone roses carpet the base of the float while dendrobium, mokara and phalaenopsis orchids simulate the bougainvillea that grows over the mission. The gardens are landscaped with a blend of live succulents, orchids, leucadendron, sansevieria, ginger and protea.

The design also makes clever use of edible decoration materials, such as rolled oats, cinnamon and sesame seed which cover the facade of the mission. A wide variety of beans, lentils and peas will be applied one at a time to over 100 painstakingly detailed Mexican tiles. The float also incorporates oranges, lemons, limes, pink grapefruit, grapes and chili peppers.

In 2011, Sierra Madre celebrates its 94th year of Rose Parade participation and its 79th float. The Sierra Madre Rose Float Association is a non-profit, all-volunteer organization and is funded solely by private donations. The association strives to create a warm and welcoming atmosphere for volunteers of all ages. In the last five years, Sierra Madre has received five consecutive awards. The association is steadily building a reputation for fine craftsmanship and outstanding floral design. This year’s entry is designed by Charles Meier, who designed four previous award-winning floats for Sierra Madre.

## Congressional Staff Assistance Available at Field Office Get Help with Bureaucratic Problems

Are you a constituent of the 26<sup>th</sup> Congressional District, and have issues you would like to discuss with a government representative, or a problem with the Federal bureaucracy that needs sorting out? Then come to the Sierra Madre Public Library on Wednesday, July 21, between 2:00 and 5:00 p.m., when a Staff Assistant from Congressman David Dreier’s office will be on hand to assist you. Please bring along all letters, documents and records pertinent to the matter you would like to discuss.

For further information, Congressman Dreier’s San Dimas District Office may be reached by calling (909) 575-6226 or (888) 906-2626. The Sierra Madre Public Library is located at 440 West Sierra Madre Boulevard in Sierra Madre, (626) 355-7186. [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## Schiff Secures Funding to Begin Environmental Work on Phase 2B of the Metro Gold Line Foothill Extension

Washington, DC – Today, Rep. Adam Schiff (D-CA) announced that \$650,000 is included in the Transportation, Housing and Urban Development (THUD) Appropriations bill for the Gold Line Foothill Extension Construction Authority to secure NEPA environmental clearance to start phase 2B of the Metro Gold Line Foothill Extension. The Authority has already secured environmental clearance for phase 2A, construction of which broke ground on June 26.

“The 29th Congressional District encompasses some of the fastest-growing communities in Los Angeles County, and we need to build the infrastructure to accommodate the growth in our region,” Rep. Schiff said. “Best of all, this project will create jobs and spur much-needed economic activity in our communities.”

The Foothill Extension Light Rail Transit Project (LRT) Locally Preferred Alternative (LPA) plan and design expands the Metro Gold Line LRT approximately 24 miles east of the City of Pasadena to the City of Montclair. The extension starts at Sierra Madre Villa station in Pasadena and connects the downtown areas of Arcadia, Monrovia, Duarte, Irwindale, and Azusa in phase 2A; and Glendora, San Dimas, La Verne, Pomona, Claremont and Montclair in phase 2B.

“Congressman Schiff has been a visionary on this project for more than a decade, and we are grateful for his continued support,” said Habib Balian, CEO of the Construction Authority. “Communities all along the corridor have been waiting for this funding and are eagerly awaiting the commencement of construction on phase 2B of this project. This funding will allow the project to complete the last step in the process, and readies it for funding and then construction.”

Phase 2B of the Foothill Extension will extend the LRT line nearly 12 miles, and include construction of 6 stations and associated parking facilities. In addition, the Foothill Extension will widen existing bridge structures to accommodate three tracks, construct about 30 at-grade crossings with gate protection, as well as an extension of the existing Metro Gold Line Phase I power, signaling and communications systems.



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## Happy Birthday, America!



## Queen Anne Victorian Beauty

287 East Montecito Ave.  
Sierra Madre

Privately situated on a quiet cul-de-sac, this lovely 1908 home melds prized original workmanship with an updated kitchen, breakfast room and baths. Cherished favorites include a wide covered front porch with Douglas fir wood planks, high ceilings, two sleeping porches, hardwood flooring throughout, a claw footed tub and a large brick fronted fireplace in the formal entry. Amenities include four bedrooms, two half baths, formal dining room, breakfast room, laundry room, views of the mountains, 2,155 square feet per Assessor and a gorgeous 17, 248 square foot lot per Assessor. A singular home located in the award winning All American City of Sierra Madre.

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EMILY DUGGAN

# Pasadena

News From Your Community



# Altadena

For Your Community

## Sanchez to be Sworn in Monday

To some it felt like it would never happen but after eight months of searching for a new police chief Phil Sanchez, Former Deputy Chief of Police in Santa Monica, will be sworn in Monday as the city's next top cop.

Sanchez will be Pasadena's second chief to come from Santa Monica and the first Latino to head the department.

Former Chief Bernard Melekian, who led the department for 13 years was also from Santa Monica then hired in 1996. Both Melekian and Sanchez are strong believers in community policing.

City Manager Michael J. Beck made the announcement last month.

"Phil Sanchez has a strong background in police management and a reputation as a leader who is sensitive to community issues," Beck said. "I am confident he will be well-received in the Pasadena community and the Pasadena Police Department."

Beck said Sanchez, 53, had served with the Santa Monica Police Department for 30 years including a stint with Melekian when both were detectives.

Melekian left Pasadena to head the US Department of Justice Community Oriented Policing Services (COPS).

According to Beck, Sanchez is among the founders of Santa Monica's Chronic Homeless Project, a collaborative program of police, the Santa Monica Community and Cultural Services Department and social service agencies that work strategically to improve care and referral services for homeless persons.

He was instrumental in developing the Community Forum on Gang Violence, a series of workshops in Santa Monica that provided an opportunity for residents and other stakeholders to work collaboratively to reduce youth violence, increase communication and improve relationships between law enforcement and the community.

Sanchez has received the Santa Monica Police Department's Medal of Courage twice for heroic actions during tactical operations. He served as the incident commander for several critical incidents, including a hostage situation at the Santa Monica Pier in 2004. He also is the recipient of the department's Medal of Merit for development of Special Weapons and Tactics (SWAT). He has been honored as Officer of the Year by the Rotary Club of Santa Monica and the Optimist Club of Santa Monica.

## Pet of the Week

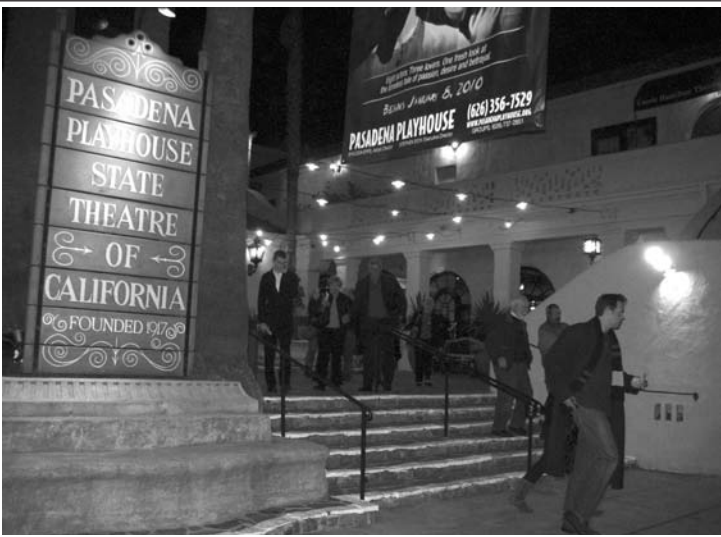


Matilda, a two-year-old, tortoise shell cat is very loving and oh so cute in person. She gets along with other cats and would be a great companion for someone in an apartment or condo. Matilda is already spayed and can go home with you today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

Please call 626-792-7151 and ask about A270204 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-3 Sunday, 9-4 Tuesday, Wednesday, Thursday, and Friday, and 9-3 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org)

## Court Oks Playhouse Reorganization



Crowd leaves last performance of "Camelot," Feb. 7.

Photo D.Lee/MVNews

By Dean Lee

The Pasadena Playhouse came one step closer Wednesday to reopening, possibly in fall, as the United States Bankruptcy Court in Los Angeles approved the theater's plan of reorganization. The Playhouse closed Feb. 7 after owing almost 2.3 million in debt.

In a statement released Thursday morning, Playhouse Executive Director, Stephen Eich expressed appreciation to the legal team, financial advisors and the Playhouse Board of Directors. The theater was in Chapter 11 for almost two months.

"We are deeply grateful for the collective support that has allowed the Playhouse to expeditiously move through this difficult and sometimes painful process," Eich said. "On this journey we found

a new meaning to the word collaboration."

He added, "Although we will be moving slowly in the future to ensure financial responsibility and stability, we will in fact be back."

All 37 employees were laid off in February. At the time Eich said that included himself. It was not said if anyone would be rehired although the statement expressed that future plans, including a Fall 2010 production, will be announced at a later date.

He also said the Playhouse's loyal subscribers and donors were key to their survival.

"Without these loyal people, we would not be able to get through this difficult phase of the theatre's rebirth. Their generosity - both monetary and in spirit - have underscored the tremendous support and need for our Theatre and have helped us to keep moving forward towards our goal of restoring

the Playhouse to the premier theatrical destination for both the City of Pasadena and the State of California."

Playhouse also received, earlier this year, a matching pledge of \$1 million by anonymous donors. "It was the donors' want and need to help with the emergence of Pasadena Playhouse and their hope that others will step forward immediately to support the Playhouse's essential on-going fundraising efforts to match or exceed their \$1 million gift."

Pasadena Playhouse Artistic Director, Sheldon Epps said, "We cannot fully enough express our profound gratitude to the precious anonymous \$1 million donors, whose remarkably generous gift - and indeed the challenge to match that gift which comes with their pledge - will allow our beloved theatre to stand strong and proud as we move forward. All of this supernal effort from so many who care deeply about our theatre - which includes the artists who work here and our loyal audience and generous donors - is a great reminder of how valuable and important this theatre is to so many. This care and concern for this theatre and our work will allow the Playhouse to very soon get back to what it does best, which is filling our beautiful and glorious house with the art of the theatre."

Eich has been the theater's executive director for less than a year.

## Bridge Party before the Bridge Party

Thousands of spectators took advantage of Pasadena's lesser know Forth of July hangout, the Colorado Street Bridge. They brought pets, chairs, blankets and even homemade food as they watched, with a clear view, as the Rose Bowl lit up with an estimated 3,000 fireworks shooting skyward. The Amerifest Independence Day celebration lasted 28 minutes featuring lots of red, white and blue. At one point fireworks shaped as red hearts littered the sky to a sheering crowd. Thousands will again party on the bridge this Saturday night as part of Pasadena Heritage annual Celebration on the Colorado Street. There will be live music, dancing, antique cars, children's activities, no-host festive foods and beverages. At the gate: Adults \$15 Children (7-12 years) \$7.

All proceeds go to Pasadena Heritage funding local historic projects.



Cars whiz by as fireworks form the Rose Bowl entertain thousands of spectators watching from the Colorado Street Bridge Sunday night. Photo D.Lee/MVNews

## Police Department Looking for Volunteers



Assistance is needed with the Citizens Assisting Pasadena Police (CAPP) in patrol, Youth Accountability, Values-Based Review and Use-of-Force boards, Parade Watch, Safe

Shopping detail, Missing Persons Volunteer Investigators Unit, Chaplains, Equestrian Unit, and Community Response to Eradicate and Deter Identity Theft (CREDT) team.

Volunteers are screened and trained during a 12-week Citizen Police Academy, which gives a behind-the-scenes look at the department's many functions. After successful completion of a background check, you'll get hands-on training by department staff when you begin your specialized assignment.

More than 140 active volunteers help with a variety of tasks in about a dozen sections of the department, logging nearly 16,000 hours last year alone.

The demand for police volunteers has never been higher and new opportunities are growing. Learn more by e-mailing [nbazzo@cityofpasadena.net](mailto:nbazzo@cityofpasadena.net) or calling 744-7652.

## Baseball Reliquary, Shrine of the Eternals 2010 Induction Day

Baseball Reliquary, in partnership with the Pasadena Central Library, will present Shrine of the Eternals 2010 Induction Day, honoring the 2010 class of electees to the Pasadena-based organization's Hall of Fame on Sunday, July 18 at 2 p.m. in Central Library's DRW Auditorium, 285 E. Walnut St. This year marks the 12th anniversary of the Shrine ceremony.

The 2010 class of electees are Roger Angell, Pete Rose and Casey Stengel. David Kipen, author and former Director of Literature for the National

Endowment for the Arts will be the Keynote Speaker.

Roger Angell, a self-described baseball "reporter" whose elegant and masterful prose, and remarkable power of observation, on display for years through his books and essays in The New Yorker magazine, established a new standard for baseball journalism.

Pete Rose, the inimitable "Charlie Hustle" began his assault on the record books in 1963 as the first piece of what would become the Big Red Machine; his prowess at hitting a baseball would be matched only by his penchant for generating controversy, and, in the eyes of many, his eventual placement on baseball's ineligible list and banishment from the Hall of Fame made what he had achieved between the white lines seem irrelevant. Casey Stengel, nicknamed "The Old

Perfessor", for his sharp wit and ability to talk at length on anything baseball - related. Stengel was an American Major League Baseball player and manager from 1912 until 1965. Although his baseball career spanned a number of teams and cities, he is primarily associated with clubs in New York City. Between playing and managing, he is the only man to have worn all four of New York's major league clubs' uniforms. He was the first to manage both the New York Yankees and New York Mets.

For more information on this event call (626) 744-7270. For additional information on the Shrine of the Eternals, visit the Baseball Reliquary website at [www.baseballreliquary.org](http://www.baseballreliquary.org) or contact Terry Cannon, Executive Director at (626) 791 7647 or [terymar@earthlink.net](mailto:terymar@earthlink.net).



## Sketch Released of Missing Woman

Skull and bones found in Angeles National Forest after Station Fire.

Officials are now seeking the public's help in identifying the remains of a woman whose skeletal remains were found off the Angeles National Forest Dec. 26. She is being referred to only as she's Jane Doe No. 87.

The Los Angeles County Coroner's Office on Wednesday released an artist's sketch of what they believed the, white or Hispanic, 20 to 40 year-old

may have looked like.

A gold-colored necklace and three rings with colored stones were also associated with the body investigators said.

The bones were found near Lucas Creek north of La Cañada-Flintridge just days after hikers found the skull of a man in the same area. Investigators say the man may have been shot.

They hope someone, a family member or friend, of the woman, will come forward.

## Doo Dah Parade Photo Exhibition and Contest

Professional and amateur photographers are invited to submit their best photographs of the 2010 Occasional Pasadena Doo Dah Parade in a contest. All photographs will be exhibited at McGinty's Gallery at the End of the World in Altadena 6 p.m. to midnight July 17, during which trophies will be awarded in a number of categories, with the "Spirit of Doo Dah" as top prize. In addition, images will be featured in next year's Doo Dah Parade Program!

The official photo contest entry form, with complete submission requirements, is attached to this e-mail. It is also available for download here or at <http://www.julieklima.com/news.html>. Your \$5 submission fee includes free admission to the exhibit!

In addition to the photos on display, you can view royal gowns, portraits, and more. Chico's Bail Bonds will treat you to blues, while The Subs will keep the beat with a



repertoire ranging from folk and rock to R&B and dance. Reigning royalty Queen Erica will serve up some sweet guitar licks, Queen Naughty Mickie will awe you with her sword dance, and Queen Skittles will be offering her talents to take your photo with the Doo Dah denizen of your choice (For a small donation, you'll get to keep the print).

For more information about the photo contest, e-mail Gary Barbuto, coordinator, at [garyb@recycler.com](mailto:garyb@recycler.com). Note: Photo submission deadline has been extended to Tuesday, July 13.

## PCC Library Technician Honored with Hero Award

Deborah Smith, a technician in Pasadena City College's Shatford Library, was recently honored by the PCC Academic Senate with the Unsung Hero Award. The unsung hero award is presented to a classified employee who has made significant contributions to the college and the community, while maintaining a good work record.

"I feel honored to be acknowledged in this way," Smith said. "However, I feel like I am just doing a job

that I enjoy. It is always my pleasure to help where I can. I know that my goal is always to help the students and provide them with what they need to succeed."

Smith has been with the PCC library for 28 years. She currently manages the acquisitions department where she purchases, receives, and tracks funds for all of the books, magazines, journals, software, and media that enter the library.

For more information, contact the Academic Senate at (626) 585-7211.

## Citizen Journalism Boot Camp

Learn not just how to blog but how to report the news

Get hands-on multimedia journalism training! What makes news? Is it better to use a video instead of a still photo? How can I get this story out?

Pasadena Community Network and this newspaper are holding a seminar on Citizen Journalism. Putting the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and



print along with the internet. First class starts soon, class from 11a.m.- 1p.m. at the PCN studios 2061 N. Los Robles Ave. #109. For more info contact Aaron Wheeler (626) 794-8585. Cost of the six week camp is \$10 which covers all instructional materials and equipment.

COME JOIN THE SIERRA MADRE FIRE DEPARTMENT IN:

**PET FIRST-AID AND CPR EVENT****WHAT TO DO WHEN YOUR  
PET HAS AN EMERGENCY**PROCEEDS GO TO  
ANIMAL CHARITY**WHEN: JULY 17TH, 2010****TIME: 9AM TO 1PM****LOCATION: LA SALLE HIGH SCHOOL  
3880 E. SIERRA MADRE BLVD.  
PASADENA, CA. 91107  
(ON THE EASTING HALL OFF BUILDING)****TOPICS INCLUDE:**

- WHAT IS PET FIRST AID
- CHOKING, RESCUE BREATHING (CPR)
- YOUR PET'S VITAL SIGNS
- HEAT & COLD EMERGENCIES
- WILDERNESS EMERGENCIES

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**Shorty Rossi, star  
of the hit Animal  
Planet show “Pit  
Boss” to Attend  
Pet First Aid Event**

Saturday July 17, 2010 from 9am to 1pm at La Salle High School, located at 3880 E. Sierra Madre Blvd., Pasadena, California. Tickets are \$15.00 at the door, and all proceeds will benefit animal charity.

At the event, you will hear about topics such as: What is pet first-aid and CPR? How to assist your pet in choking emergencies, and how to check a pet's "Vital-Signs." How to help your pet with heat and cold emergencies, and wilderness emergencies, such as; snake bites and bee stings, and much, much more. In addition to the lecture, there will be many vendor booths for you to visit that cater specifically to pets, and pet emergency.

If you think your pet may have what it takes to be a MOVIE STAR, then you can visit the "Hollywood Paws" booth. Hollywood Paws is an animal career academy and Hollywood pet agency that is constantly looking for new talent from the animal kingdom. We hope to see you at this fun-filled and educational event.

*Please no animals at this event, as this is instructional for the pet owner.*

**SIERRA MADRE VOLUNTEER OPPORTUNITIES**

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are six citizen commissions established by the Council to advise and assist in dealing with specific problems (presently the Planning Commission has the responsibilities of the Cultural Heritage Commission). These advisory bodies are able to study a variety of issues and problems in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notice on all commissions are prepared in compliance of the Maddy Act.

Should you wish to apply to be a commissioner, applications may be obtained at City Hall or the City website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) should you wish to apply. Applications will be accepted until all positions are filled; however the first review will take place July 6, 2010.

**COMMUNITY ARTS COMMISSION**

The mission of the Community Arts Commission is to promote the community's interest in, awareness of, and appreciation for the arts; to provide support and encouragement to artists living in the community; and to increase the community's participation in the arts.

Meets the 2nd Wednesday at 6:30 pm, in the City Hall Council Chamber

**COMMUNITY SERVICES COMMISSION**

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the use of park facilities and matters relating to the community's recreational and service needs.

Meets the 3rd Monday at 6:00 pm, in the City Hall Council Chamber

**LIBRARY BOARD OF TRUSTEES**

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library.

Meets the 4th Wednesday at 7:00 pm, in the City Hall Conference Room

**PLANNING COMMISSION**

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan.

Meets the 1st and 3rd Thursdays at 7:00 pm, in the City Hall Council Chamber

**SENIOR COMMUNITY COMMISSION**

The Senior Community Commission is responsible for defining the needs, locating and publicizing available resources, and coordinating and initiating services and opportunities for the senior population of Sierra Madre.

Meets the 1st Monday at 3:00 pm, in the City Hall Council Chamber

**TREE ADVISORY COMMISSION**

The Tree Commission is an advisory body to the Director of Public Works, City Manager, Planning Commission, and City Council. The commission shall make recommendations to the Director of Public Works, City Manager, Planning Commission and the City Council as appropriate on matters involving care and maintenance of City-owned trees and trees on private undeveloped property.

Meets the 3rd Wednesday at 7:00 pm, in the City Hall Council Chamber



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*Open Saturday & Sunday 2-4pm*

224 Hacienda Dr.,	Arcadia	Gary Lorenzini	\$4,388,000
10548 Lynrose St.,	Temple City	Janet Ho	\$699,000

*Open Sunday 1-4pm*

1987 Paseo Gabriela,	San Dimas	Tom Davis	\$560,500
8518 Los Olivos Dr.,	San Gabriel	Phil Daniels	\$539,000
900 Montecito Dr.,	San Gabriel	Phil Daniels	\$559,000

*Open Sunday 2-4pm*

759 Arcadia Ave #D,	Arcadia	Niroo Dev	\$449,500
6502 Temple City Blvd,	Arcadia	Imy Dulake	\$599,000
314 E Newman Ave.,	Arcadia	Marcus Younessi	\$598,000
1941 Highland Oaks Dr.,	Arcadia	Jeff & Darlene Bowen	\$848,000
411 Danimere Ave.,	Arcadia	Janet Ho	\$868,000
2159 Highland Vista Dr.,	Arcadia	Jeff & Darlene Bowen	\$998,000
1725 Holly Ave.,	Arcadia	Dee Chow	\$1,080,000
2413 S 3rd Ave.,	Arcadia	Ted Javidpour	\$1,195,000
1011 Rodeo Rd.,	Arcadia	Peggy Fong Chen	\$1,349,800
1020 Fallen Leaf Rd.,	Arcadia	Dee Chou	\$2,680,000
1130 Fallen Leaf Rd.,	Arcadia	Peggy Fong Chen	\$3,789,000
433 E Bougainvillea Ln.,	Glendora	Jim Younessi	\$418,000
3617 3rd Ave.,	La Crescenta	Victor Mansour	\$500,000
441 Monrovia Ave.,	Monrovia	Imy Dulake	\$388,000
353 Heather Heights Ct.,	Monrovia	Gary Lorenzini	\$699,000
955 W Hillcrest Blvd.,	Monrovia	Sue Vogel/Sandy Radey	\$859,500
2424 Oswego St.,	Pasadena	Peggy Fong Chen/Jeannine Vukovich	\$399,000
2573 E Villa St.,	Pasadena	Patricia Dmytrow	\$515,000
240 N Orange Grove Bl.,	Pasadena	Me Macklin	\$539,000
121 Marion Ave.,	Pasadena	Jean Valiquette/Blanca Jenkins	\$585,000
3560 Mountain View Ave.,	Pasadena	Susan Stone Rey	\$648,000
804 Canyon Wash Dr.,	Pasadena	Pauli Morin	\$678,000
2440 Las Lunas St.,	Pasadena	John Kermgard	\$779,000
1345 Inverness Dr.,	Pasadena	Janie Steckenrider	\$1,075,000
1987 Paseo Gabriela,	San Dimas	Tom Davis	\$560,500
5019 Farago Ave.,	Temple City	Amalia Sanchez & Ash Rizk	\$574,000
4825 Arden Dr.,	Temple City	Howard Lu	\$588,000
5470 Baldwin Ave.,	Temple City	Imy Dulake	\$598,000
6373 N Encinita Ave.,	Temple City	Gary Lorenzini	\$599,000

# Public Safety

## Sierra Madre Police Blotter

*During the week of Sunday, June 27<sup>th</sup>, to Saturday July 3<sup>rd</sup>, the Sierra Madre Police Department responded to approximately 330 calls for service.*

**Thursday, July 1<sup>st</sup>:**

**12:06 PM** – Tampering/Injuring a vehicle, 500 block Las Rocas Drive. The front left tire of a parked car was found flattened. The incident occurred between 6:00 am, Wednesday, 6/23/10 and 11:00 am, Thursday, 7/01/2010. Two small puncture marks were found on the tire's sidewall. The loss was estimated at \$70.00.

## Arcadia Police Blotter

*For the period of Sunday, June 27, through Saturday, July 3, the Police Department responded to 826 calls for service of which 119 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

**Sunday, June 27:**

- Between 11:15 a.m. and 11:30 a.m., unknown suspect(s) entered an unlocked vehicle parked at CVS Pharmacy, 1401 S. Baldwin Avenue, and stole a wallet containing cash and credit/debit cards from inside a purse.
- Sometime between 03/22/10 and midnight on 06/23/10, the ex-boyfriend, a male white, 29 years of age, of the victim used the victim's debit card account information to make unauthorized purchases totaling \$1,220.83, in violation of fraudulent use of access card.

**Monday, June 28:**

- Between 12:15 a.m. and 12:50 a.m. on 06/28, the victim got a ride from her friend, a male black, 26 years of age. During the ride, the two argued and once they arrived at the suspect's house, the suspect proceeded to choke the victim. They then left the house together and while inside the vehicle, the suspect punched the victim in the face approximately 10 times. Fearing for her life, the victim jumped out of the moving vehicle near the intersection of Santa Anita Avenue and Foothill Boulevard and ran to an Arco Gas Station for help. The suspect fled the area.
- At approximately 12:15 p.m. in the 600 block of Encino Court, unknown suspect(s) entered an open garage and took two men's mountain bikes, valued at \$800. An area check for suspects was met with negative results. The bikes were later found discarded at the Peck Road Water Conservation Park

**Tuesday, June 29:**

- Sometime between 4:00 p.m. on 06/28 and 8:00 a.m. on 06/29, unknown suspect(s) cut the pad lock from the victim's storage unit in the 900 block of West Duarte Road. A suitcase and a stroller were stolen.
- At approximately 8:00 p.m., unknown suspect(s), two male blacks in their 20's, entered Ben Bridge Jewelers at 400 South Baldwin Avenue and demanded the keys to the jewelry cases by displaying a handgun. The suspects then used a hammer to open several cases and stole approximately \$35,000.00 worth of diamond rings and fled the location to a third suspect who was waiting for them in a getaway vehicle.

**Wednesday, June 30:**

- Sometime between 4:00 p.m. on 06/29 and 1:00 p.m. on 06/30, workers removed the tent covering a home in the 1000 block of Diablo Drive, which had been fumigated. They discovered an open window and ransacked master bedroom. Toxic chemicals were still present and officers were unable to access the interior.
- At approximately 3:30 p.m., a J.C. Penney employee, at 400 South Baldwin Avenue, was arrested for commercial burglary after an internal investigation revealed the employee had been stealing clothing then returning the items for refunds between May 9, 2010 and May 16, 2010. Suspect is a Chinese female, 59 years of age, who was placed under private person's arrest.

**Thursday, July 1:**

- Sometime between 4:45 p.m. on 06/30 and 7:15 a.m. on 07/01, unknown suspect(s) cut the soccer nets and removed them from 2 goal posts. The suspect(s) took the nets to the basketball courts and set them on fire using a spray lubricant as an accelerant.
- At 8:45 p.m. two suspects, a male Hispanic, 16-17 years of age, and a male black, 16-17 years of age, stole the victim's purse while she was sitting at the bus stop adjacent to the south curb line of Huntington Drive east of First Avenue. Her purse was recovered; however, her money, miscellaneous credit cards and Identification Card were still missing.

**Friday, July 2:**

- At approximately 3:00 p.m., in the 1700 block of Alta Oaks, a male white, 21 years of age, used his cell phone to make a video recording of his friend, the victim, while she was changing in violation of disorderly conduct. The phone was taken into evidence.
- Between 6:30 p.m. and 6:44 p.m., a female black, 19 years of age, entered Hollister, 400 South Baldwin Avenue, with the intent to steal perfumes. When she was confronted by loss prevention, she fled from the store. She was detained by loss prevention and a private person's arrest was made for burglary.

**Saturday, July 3:**

- Between 12:30 a.m. and 12:36 a.m., the suspect, male black, 28 years of age, approached the victim as she left Garden Café, 850 South Baldwin Avenue. The suspect robbed her of her purse and other property at gunpoint. The suspect fled the scene and an area check led officers to locating the vehicle and subsequently detaining the suspect in the parking lot of Chase Bank at 60 East Huntington Drive. He was arrested for robbery.
- Between 3:30 p.m. and 4:00 p.m., officers responded to a report of a brush fire north of Bonita Skate Park, 100 S. Second Avenue. The investigation by an Arcadia Fire Department Arson Investigator revealed the fire was intentionally set.



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## SIERRA MADRE COMMUNITY PREPAREDNESS MEETING

Friday, July 16th  
7:00 pm  
Council Chambers.


The topic of this month's presentation will be "Partnering Community Preparedness with Crime Prevention through Neighborhood Watch".

**Save The Date:**

Sierra Madre Family  
Preparedness Festival  
September 11, 2010  
at Memorial Park.



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PUSD’S MEASURE TT BOND ALIGNS FACILITIES WITH ACADEMICS  
Summer projects include Blair Middle School upgrades

Pasadena, CA – Pasadena Unified School District (PUSD) continues to deliver completed projects to upgrade, renovate and improve school buildings, and to align school facilities with instructional initiatives, according to the latest Facilities Master Plan quarterly update. To date, over 90 percent of projects have been completed on time and within budget.

Work on the \$460 million Facilities Master Plan, which is largely funded by voter-approved Measure TT, continues over the summer when students are on vacation. Projects range from new construction, such as the new middle school campus at Blair IB School, and the lower-profile plastering, drainage, painting, window replacement, and structural repair projects that are essential for everyday school functions.

This year, construction will begin of a new central kitchen that will also house PUSD’s new Culinary and Hospitality Pathways

as part of the district’s secondary school reform. When completed, the central kitchen will provide lunches to district schools and serve as a teaching kitchen for high school students who are interested in careers as chefs and hospitality managers. It will also include a café, which will be open to the public.

“We are aligning our facilities work to support priority academic initiatives such as the Excellent Middle School reforms and College and Career Pathways,” said Superintendent Edwin Diaz. “Voters’ investment in Measure TT is yielding tangible results that improve students’ everyday educational experiences.”

Just over \$80 million of the overall Facilities Master Plan has been allocated over the last two years. Most projects have been completed below or within budget. The quarterly update was presented to the Board of Education, and is available at [www.pusd.us](http://www.pusd.us).

The Board of Education passed a resolution to support hiring local residents and facilitate local and small business participation in Measure TT program implementation. Since April 2010, 20 percent of those hired for Measure TT construction projects are local residents, 37 percent of contracts have been awarded to local businesses, and 30 percent of contracts have been awarded to small businesses. In addition, PUSD is developing a pre-apprenticeship training program for high school students interested in pursuing careers in construction.

Calls for bids have been made in preparation for new construction next year, including the demolition of the Sierra Madre School’s upper campus, the McKinley School gym and the Washington Middle School gym and cafeteria. Requests for bids and proposals are posted at [measurtt.org](http://measurtt.org).

Information about the Facilities Master Plan, progress on bids, and Measure TT is available at [www.measurtt.org](http://www.measurtt.org)

Sierra Madre Little League District 17 Opening Day

The inaugural “Little League Opening Day” for District 17 was held Saturday, June 26th at Sierra Vista Park in Sierra Madre, hosted by Sierra Madre Little League with Pete Siberell serving as President and Rick Caldwell as District Administrator.

Twelve Participating leagues in the order of their original charter in the 50’s are Central Altadena Little League, East Altadena Little League, West Altadena Little League, Arcadia American Little League, Arcadia National Little League, Santa Anita Little League, Pasadena American Little League, Pasadena American Little League, Pasadena Southwest Little League, West Pasadena Little League, San Marino National Little League, and Sierra Madre Little League which happens to be the host league this year.



This division, 11 and 12 year-olds, is the age group that can progress to the Little League World Series held in Williamsport, Pennsylvania.

The program consisted of an introduction of all the players, coaches, League Presidents, and Board Members. Each player received a District Pin for participating in the tournament and



each league received a banner to use during the tournament to identify their participation.

The ceremony included a violin performance of the National Anthem, the Little League Pledge, the Parent Volunteer Pledge, the First Pitch, and the Tournament Director declaring the opening of the tournament. Indeed a successful Opening Day for the Tournament of Champions.



Tournament games are held at Sierra Vista Park, Heasley Field, from Saturday June 26th to Thursday July 22nd.  
Story submitted by Brenda Wendt and Rick Caldwell/ Photos by Neil Vance

Students Meet With Secretary of the Interior

On Friday, July 9th two Outward Bound Adventures (OBA) youth had a face to face meeting with Secretary of the Interior, Ken Salazar to provide their input on the Presidents initiative on “21st Century Strategy for America’s Great Outdoors” and to share their thoughts and suggestions about bettering

our public lands and increasing youth engagement. Also attending the meeting will be Lisa P. Jackson, Administrator of the Environmental Protection Agency and Nancy Sutley, Chair on the White Council on Environmental Quality.

OBA is one of only four organizations chosen for a face to face meeting with

these White representatives because of their long history of providing outdoor and environmental exposure to underserved youth. The event was held in the amphitheater at Solstice Canyon in Malibu, CA.



Sam Hutchins, Outward Bound Adventures (OBA) Youth Advisory Council (YAC) member Ken Salazar, Secretary of The Interior, Margot Feuer, one of the original founders of the Santa Monica Mountains National Recreational Area and YAC member



Sam Hutchins of OBA, Woody Smeck, Superintendent, National Park Service (NPS), Santa Monica Mountains National Recreational Area and Tori Williams of OBA

SCHOOL DIRECTORY

- Alverno High School**  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)
- Arcadia High School**  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdall
- Arroyo Pacific Academy**  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)
- Barnhart School**  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)
- Bethany Christian School**  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)
- Carden of the Foothills School**  
429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com
- The Gooden School**  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)
- High Point Academy**  
1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107  
626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)
- LaSalle High School**  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 Principal: Patrick Bonacci  
website: [www.lasallehs.org](http://www.lasallehs.org)
- Monrovia High School**  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000, email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)
- Norma Coombs Alternative School**  
2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)
- Odyssey Charter School**  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)
- Pasadena High School**  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)
- Pasadena Unified School District**  
351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)
- St. Rita Catholic School**  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 Principal: Joanne Harabedian  
website: [www.st-rita.org](http://www.st-rita.org)
- Sierra Madre Elementary School**  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)
- Sierra Madre Middle School**  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)
- Weizmann Day School**  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School
- Wilson Middle School**  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)
- Pasadena Unified School District**  
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SUMMER FUN  
IN THE PARK



TUESDAY	THURSDAY
<b>JULY 6</b> MISSION RENAISSANCE (Sketching)	CATZ Fitness Program
<b>JULY 13</b> EATON CANYON (Nature Presentation)	
<b>JULY 20</b> ARTS COMMISSION (Craft)	
<b>JULY 27</b> MISSION RENAISSANCE (Learn to Draw)	
<b>AUG 3</b> SIERRA MADRE P.D. (Safety Day)	
<b>AUG 10</b> WILDLIFE WAYSTATION (Exotic Animal Presentaion)	
<b>AUG 17</b> L.A. ARBORETUM (Garden Craft)	
<b>AUG 24</b> T.B.A (TBA)	

Come and enjoy the learning extravaganza and the GET OUT, GET ACTIVE program targeted for children ages 3-10 years, but people of all ages are welcome. Programs will be held Tuesday and Thursday mornings all summer long from 9:30 - 10:30 am at the Bandshell in Memorial Park, 222 West Sierra Madre Blvd. The CATZ program will run Thursdays, July 8 - August 26. It will include sports and games and encourage kids to recreate during the summer. Remember to bring your sneakers, shorts, t-shirt and water bottle and get ready to GET ACTIVE!

All events are free and there is no need to pre-register. For more information, please call the Community and Personnel Services Office at 626-355-5278.



ARCADIA CHAMBER OF COMMERCE  
Proudly Presents:

## Taste of Arcadia



The Arcadia Chamber of Commerce is already gearing up for our annual Taste of Arcadia evening at the Arboretum on Monday, September 20 at 5:30pm. Just go to the [arcadiachamber.org](http://arcadiachamber.org) website to find out more and to buy tickets. If you would rather, you may call the Chamber office 626 447-2159 to place your order for tickets, too.

TASTE OF ARCADIA ticket prices will remain the same as last year, only \$35 until August 20, \$45 until Sept 19, and at the door tickets are \$55. The price is inclusive of all restaurant, beer and wine samplings and tastings. Live entertainment by Cold Duck, and raffle prizes round out the evening of food and beverage tastings from over 35 restaurants, and many wineries and breweries.

Presently, we are happy to announce several sponsors: Matt Denny's Alehouse is sponsoring the Martini Bar, Westfield and Waste Management are coming on board with sponsorships, also. Tables of 10 may be reserved, and for businesses, a reserved table for 10 and 2 Pasadena Star News ads on your choice of dates, plus special recognition is part of a special package, too.

Many food and beverage establishments have opted in already: Souplantation, The Derby, Classic Wines, Matt Denny's Alehouse to name a few.

September 20 in Arcadia, at the Arboretum, Taste of Arcadia - "nothin' could be fina" . .



## TABLE FOR TWO

By Peter Dills

### Two For One - You Decide

Someone told me that **Chipolte** is owned by McDonalds. How can this be? Chipolte has become a mainstay of my Pasadena restaurants' lunch stops. The restaurant offers, I think, a palatable fast-food option. The one little hiccup is that you have to wait in line, and the counter help is only there to take orders, always under the watchful eye of the supervisor, but once I get past the robotic nature of the restaurant I really do like the Burritos. Plus, you can basically make your own because you decide what's in your selection. This past week I had the Carnitas (pork) burrito for (\$5.50) with a side of guacamole that is extra. Limited menu, but that works for me. Beer is available; inside or patio dining. I give the food 4 out of 5 stars. Service is N/A.

**Chipolte 3409 E. Foothill Pasadena (626) 351-6017**

I have come to discover that "Happy Hour," lasts longer than an hour, or maybe, I need a new watch.

Last week, I took a trip to Taco Tuesday, at El Torito in East Pasadena. To feast upon the sumptuous (.99 cent), handmade tacos, make sure you bring your appetite - they are like pistachios, so you can't eat just one. The taco station is conveniently located in the bar area for those of us that believe the remote control is sciences' greatest invention. Throw in the two beautiful girls making fresh taco shells right in front of you and if there were an old National Geographic, with a picture of sand and palm trees to appreciate this setting, you'd think you were right there.

Chicken, Carnitas and Beef tacos appear and disappear at a soldier-like pace. This is also an interactive experience: self service garnishes, such as salsa, slaw and a light guacamole sauce are ready for you. Also, on Tuesday Nights, El Torito has (\$3.95) Dos Equis.

Almost brings me back those Spring Break and college days. No worries, the Federales are not going to catch me this time. On this visit, I ordered a side of Guacamole for the freshly made chips, three tacos, and a beer. I was handsomely fed for around (\$15), including the tip. It's the closest deal to being south of the boarder I've seen in a long time. My one observation? There seemed to be kids in the bar. They may be using these kids as workers to keep the cost down? No, they were not working: my lawyer forced me to add that.

Oh, since we are on the subject of saving money, El Torito also offers Kids Eat Free on Wednesday Nights. Buy one adult entrée and one special little one eats for free!!! Happy Hour is from 4 PM to 8 PM, with taco Tuesday 'til 10 PM.

**El Torito, 3333 E. Foothill Blvd. Pasadena, (626) 351-8995**

Listen to "Dining with Dills" this Sunday at 3 PM on KABC Talk Radio 790, and you can always e mail me at [thechefknows@yahoo.com](mailto:thechefknows@yahoo.com).

**Watch Peter Dills' TV Show every Sunday night at 9 p.m. on KJLA / LATV.**  
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## Live@322 July

- 3 10:00 PM - 10:00 PM Mercy & the Marketts 4th of July Freakout !!!
- 4 6:00 PM - 10:00 PM 4th of July Rock Party with THE ADOLESCENTS , Flaming Heads & The Friday Knights !!! 10:00 cover
- 8 8:00 PM - 11:00 PM Western Swing Masters COW BOP !! with Bruce Forman
- 9 8:00 PM - 11:00 PM The Jack Sheldon Quartet
- 10 8:00 PM - 11:00 PM Lisa Finnie & Freinds
- 11 7:00 PM - 10:00 PM Opera to Broadway with Danny Guerrero & the 322 singers
- 15 7:30 PM - 10:30 PM Riner Skivally Quartet
- 16 8:00 PM - 11:55 PM THE TRIP !!  
a reunion concert to benefit City of Hope Cancer Center
- 17 7:30 PM - 10:30 PM Pianist Jon Mayer with Saxophonist Ricky Woodard
- 18 7:00 PM - 10:00 PM Opera to Broadway with Danny Guerrero & the 322 singers
- 22 8:00 PM - 11:00 PM The Jennifer Lietham Trio
- 23 8:00 PM - 11:00 PM the ELLIOT CAINE Sextet
- 24 7:00 PM - 10:00 PM Jazz Vocalist JUDY WEXLER  
10:00 PM - 11:55 PM DIRTY DAVE OSTI and the DYNAMITES
- 25 7:00 PM - 10:00 PM Opera to Broadway with Danny Guerrero & the 322 singers
- 28 8:00 PM - 10:00 PM Who Left the Barn Door Open !! Bluegrass & roots country from SIMON PURE
- 29 7:30 PM - 10:30 PM The Steve Creason Band
- 30 8:00 PM - 11:00 PM Flat Top Tom Swing Dance Party
- 31 8:00 PM - 11:00 PM Cuban Jazz, Funk & Salsa with ILIANA ROSE...SALSA DANCING !!



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All except for one, the fourth brother, which has a different sense and uniqueness for tea. With his enthusiasm, he branched out and established his own tea house. Today, he remains one of the biggest Ten Ren's Tea's share holder and the founder of AU79 Tea House.

Striving to obtain the best quality of tea, he hand picks different types of tea leaves to create a wide variety of flavors and aromas to suit everyone's unique palate. Today, there are two AU79 locations in the San Gabriel Valley. One in Arcadia and another in San Gabriel, California. They both offer a grand selection of tea, and are open 7 days a week with convenient times to fit any busy schedule. We hope that you will enjoy and love our tea!



雞蛋三明治 Club Sandwich



肉鬆蛋三明治 Egg Pork Sung Sandwich



鮪魚三明治 Tuna Sandwich



黑椒雞腿堡 Black Pepper Chicken Bagel

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雞蛋三明治  
Club Sandwich

鮪魚三明治  
Tuna Sandwich

肉鬆蛋三明治  
Egg Pork Sung Sandwich

鹹蛋三明治  
Fried Fish Fillet Sandwich

其他早餐 Other Breakfast Items  
台式蛋餅 Taiwanese Style Egg Wrap  
\*加配料 /Add: Bacon, Ham, Bread Stick and/or Pork Sung

每日一粥 Porridge of the day

茶 Breakfast Drinks

熱奶茶 House Milk Tea (Hot)  
熱咖啡 Coffee of the Day (Hot)

\*All Breakfast Drinks includes unlimited refills until 11 am.

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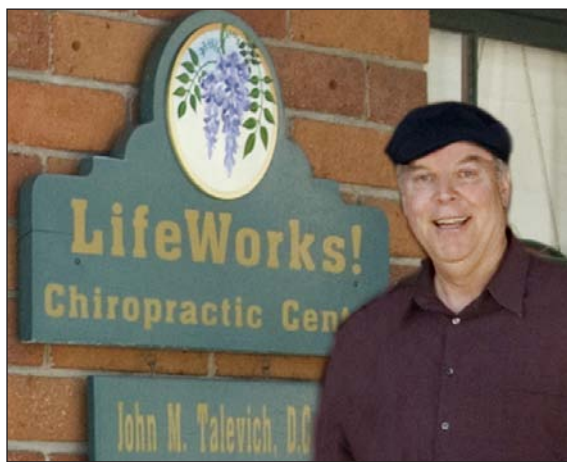
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## YOUR HEALTH MATTERS

### Today's Subject: Those Sugar Blues!



Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

In recent years, there has been a growing awareness of the effect that carbohydrates have on the body. Almost overnight, people began reducing carbs and moving toward a high-protein diet. So, how did carbs go from THE low fat, high energy food choice to the pariah of the population's diet consciousness?

With research pointing to complex metabolic disorders such as Syndrome X, dysglycemia and insulin resistance, we began to realize that for some people even whole food choices involving carbs could be stressing their systems. It also became clear that certain foods pack a real wallop when it comes to the demands placed on the pancreas and other blood sugar regulating organs. Thus, the importance of the glycemic index chart.

indicators which provide information in the matter. Of course, the blood glucose fasting tests are the standard baseline lab tests used to identify this kind of problem. There are also indicators which point to blood sugar problems at a personal level, independent of lab work. For instance, how is your energy upon waking? At 3:00 to 5:00 in the afternoon? Do you often feel sleepy after a meal? Do you crave sweets? Do you experience dizziness when moving from sitting to standing positions? All of these symptoms suggest a possible imbalance in blood sugar.

What, now, do you do about it? First of all, it is important to become aware of the amount of glycemic influence each food that you eat may have. Familiarize yourself with the glycemic index chart and low-glycemic choices. Further, read the labels of processed foods to find the hidden sugars. Next, for a brief period of a few weeks, lean away from carbs and toward proteins. For example, if you are used to having cereal with fruit and honey in the morning, try eggs and whole grain toast or even eggs and vegetables (in an omelette, as an example.) For dinner, have a low fat chicken, fish or tofu meal with vegetables instead of pasta, potatoes, and the like. After a few weeks, begin to gradually reintroduce unrefined carbs and see how you feel.

In the long run, it's helpful to realize that we're often taking in far too much sugar, and the compromised level of vitality we experience is a direct result of that habit.

Next Week: Vitamin D  
Have a healthy, happy week! Dr. John

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## SENIOR HAPPENINGS

### FYI:

#### Tell Your Social Security "Story"

The 'Social Security Stories Project' calls on the public to share their personal stories and utilizes social media to spread the word.

Newcastle, Maine (Vocus/PRWEB ) July 9, 2010 -- An effort to gather stories about the importance of Social Security in our society has resulted in a special video project and upcoming book. The Social Security Stories Project is seeking story submissions from the public, with a goal of receiving 1,000 stories by the end of July. The stories will then be reviewed for possible inclusion in a new book to be published in honor of the 75th anniversary of Social Security on Aug. 14, 2010.

There are currently 10 stories featured in a new video that was showcased by the National Academy of Social Insurance on June 22, 2010 at the National Press Club in Washington, D.C. The video can also be viewed on YouTube. The video uses photos submitted by the story tellers, as well as audio captured through a special toll-free number set up for the project.

Those who have received Social Security as well as those who know of a friend or family member whose life was impacted are encouraged to submit their stories. Online submission is easy and requires less than 400 words or a short video. Full details and a submission form are available at [www.SocialSecurityStories.org](http://www.SocialSecurityStories.org). Stories can also be shared by calling 1-800-335-2082.

"We are hoping the younger generations will interview their parents and grandparents on the subject which is why our website offers interview questions," says Barbara Burt, executive director for the Frances Perkins Center, a nonprofit organization leading the project as part of its mission to honor and learn from Frances Perkins (the first woman to serve in a presidential cabinet). A pioneering woman in and ahead of her time, Perkins was U.S. secretary of labor for Franklin Delano Roosevelt. She was champion of the New Deal, close friend and advisor to FDR.

The Social Security Stories Project seeks to create a full picture of the importance of Social Security to celebrate and share with all U.S. citizens, and the world. Stories featured in the video include:

- The story of a new dad that died a few days after his son was born. The son received his Social Security benefits, preventing a further tragedy for the family. "I am saddened that my grandson has to grow up without his daddy," says Angela Stockwell of Athens, Maine. "But I am grateful that a program which began 75 years ago still exists today to help struggling families deal financially with the loss of a loved one."
- The story of a dad struck by cancer suddenly, leaving his wife to care for their children alone. "The funeral director in our small town told my mom about benefits available from Social Security that would help her," says Evonne Zalewski of Greendale, Wis. "I remember my mom telling me how this will help so much and that we will not be poor or have to move. Having grown up during the depression with only food stamps available was terrifying for my mom."

"We're inviting people across America to share examples of how Social Security made a meaningful difference in their life or the life of someone they know -- as it currently does for one in six Americans," says Burt.

Go to: [SocialSecurityStories.org](http://SocialSecurityStories.org) for more information.

### Recipe of the Week:

#### Buffalo Chicken Salad

#### INGREDIENTS:

- 3 cups chopped rotisserie chicken skin removed
- 4 stalks celery, chopped
- 2 red bell peppers, chopped
- 1/2 cup crumbled blue cheese
- 1 cup creamy blue cheese salad dressing
- 1/2 - 1 teaspoon Tabasco sauce

#### DIRECTIONS:

Combine chicken, celery, bell peppers, and blue cheese in large bowl; toss gently. Combine salad dressing and Tabasco sauce in small bowl; drizzle over chicken mixture and toss to coat. Serve immediately or cover and chill 3-4 hours before serving. Serves 4-6

### July Birthdays

Shahzad Azrani, Eunice Banis, Betty Barlow, Cindy Barnard, Janet Cox, Martha Griffin, Betty Hansen, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Anthony Gheezy, Joanne Gheezy, Beverly Turko,

### Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday-Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

Monday:  
1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.  
Tuesday:  
2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon  
3rd Tuesday of each month FREE financial consulting; 10 -12 noon call 355-7394 for an appointment  
1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play  
5:30 pm to 7 pm: Yoga;

\$7.00 - 50 & over. Please call 355-5278 for more information  
Wednesday:  
11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints  
2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394  
Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.  
Thursday:  
1:00 to 3:30 pm: Game Day. Join us for UNO and Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.  
5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information  
Friday:  
1:00 pm: Ping Pong  
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm



### Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

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## Looking Up

with Bob Eklund

## On Its Way To A Comet, Spacecraft Checks Out Asteroid



The Rosetta orbiter, which carries the lander Philae, has completed more than two thirds of its journey to the comet Churyumov-Gerasimenko. The most comprehensive cometary investigation ever, the mission will deliver the Philae lander to the comet's surface for *in situ* studies. On their way to the comet, the spacecraft and lander are currently performing a close flyby of 21 Lutetia, a large Main-belt asteroid, on July 10. The Philae lander is operated by the German Aerospace Center (DLR) in Cologne, Germany.

Since launch, Rosetta has travelled roughly 3 billion miles. The solar-powered orbiter was launched on an Ariane 5 rocket in 2004. It has used several gravity-assist maneuvers—three from Earth and one from Mars—to gain the necessary momentum, refine its trajectory, and match the orbit of the comet once it reaches the outer Solar System. There, the orbiter will circle the comet and, after delivering the lander Philae to the surface, eventually escort the comet on its way to the Sun.

At about 60 miles in diameter, 21 Lutetia is one of the larger main belt asteroids. The lander will investigate whether this asteroid has a magnetic field and an atmosphere, and study their characteristics.

Three instruments on the lander will be switched on during the flyby:

(1) The Rosetta Lander Magnetometer and Plasma Monitor, ROMAP, a magnetometer



Artist's impression of Rosetta asteroid fly-by

and plasma monitor that will study the local magnetic field and monitor the interactions between the asteroid and the solar wind.

(2) MODULUS PTOLEMY, one of two evolved gas analyzers, which obtains accurate

measurements of isotopic ratios of light elements by heating solid samples to release volatiles.

(3) The Cometary Sampling and Composition experiment, COSAC, which is

also an evolved gas analyzer. It detects and identifies complex organic molecules from their elemental and molecular composition.

The ROMAP instrument will be measuring continuously while it is turned on, and will be looking for interactions between the asteroid's magnetic field and the solar wind. COSAC and PTOLEMY will perform a series of "sniff" measurements (five by PTOLEMY and two by COSAC), which will be used to help determine whether or not the asteroid has any kind of atmosphere.

At closest approach (about 2,000 miles from the asteroid), Rosetta will be travelling past Lutetia at about 10 miles per second—or 34,000 miles per hour. This is comparable to sending a radio-controlled car down a freeway at roughly 60 miles per hour to take pictures of a stationary object it passes in the next lane (about 20 feet away), with the exact timing of the commands fixed a month in advance. If that doesn't sound hard enough, the planning would also have to be done from so far away that the freeway would be located twice as far from the planner as the Moon is from Earth.

For more information and images: [http://www.dlr.de/dlr-rosetta/en/DesktopDefault.aspx/tabid-206/347\\_read-25474/](http://www.dlr.de/dlr-rosetta/en/DesktopDefault.aspx/tabid-206/347_read-25474/)

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).

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Current work includes writing the column, "Looking Up with Bob Eklund," in Mountain Views News, and writing newsletters for the Mount Wilson Observatory. I recently published a book, First Star I See Tonight: an Exploration of Wonder, and am finishing a second book, Winds Aloft.

For writing samples and resume, see my web site: [www.bobeklund.com](http://www.bobeklund.com). Bob Eklund [beklund@sprynet.com](mailto:beklund@sprynet.com) (310) 216-5947

## On Line By PJ Carpenter

### The Internet's Completely Over

...so says Prince.

During an interview with the Daily Mirrors' Peter Willis, the music legend now and formerly known as Prince declared that the Internet was about as dead as MTV. Wow.

That's a lot to take in all at once. Had anybody else uttered such a seemingly kooky-sounding statement my knee-jerk reaction would have been to dismiss them outright as a nutjob without so much as a second look back. In this instance, probably because I'm a huge Prince fan, that dismissal isn't coming quite so easy. Looking at the subject of the statement, even I would have to disagree with him on the point of the Internet being 'over'. From a technical standpoint the Internet has never been more 'not-over' than it is right now. In the typical American home, Internet access has attained the status of a utility such as electricity or water. Literally. In the typical American business place, Internet access has not only become an integral part of many business plans, but the presence of the Internet is often the main reason for the company's existence in the first place. Being a businessman himself, these facts of modern life are probably not lost on him. His own forays into using the Internet to distribute his music demonstrate that he does realize that the Internet does have an integral place in the world content distribution. In today's fully digitized world there simply is no viable substitute for the 'everywhere-all-the-time' presence of the Internet when it comes to content distribution.

So maybe Prince meant that the Internet was over as a means of content distribution for music artist themselves, in the sense of having creative and financial control over their own music. Prince's well-publicized run-ins with Warner Bros. over control of his music has made him a bit of a zealot when it comes to the subject of artist's control over their creative endeavors. Creation is one thing, but distribution is quite another. Usually the record company is in control of distribution and the profits derived from digital delivery of music to end users. And the record company collects the profits. The record company pretty much makes the deals and calls the shots. And this is probably what Prince has the most problem with concerning the Internet. Regardless of which side of the argument is correct, the reason this statement made the news in the first place is the notoriety of the source. After all, the man has sold more than 100 million albums during the course of his 30-plus year career. This translates into going triple-platinum every year of his recording history. Many of his albums were released only on the Internet, sometimes in bizarre configurations that included tickets to live shows. If nothing else, he has extensive experience in getting his music recorded, getting it distributed and getting it sold. A lot of experience. The distribution model for his latest musical creation calls for CD's to be bundled with copies of the Daily Mirror and given away for free. I'm not quite sure how this mode of getting one's music out to the masses will be better than distribution over the Internet, but then again, I'm not Prince.



## Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding where the jobs are located and how to get past the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering you questions, but I will be totally honest. My objective is to help you achieve your employment goal.

**Q:** I spend between 10 and 20 hours a week applying on-line and sending out resumes to about 20 employers with no results! What am I doing wrong? Unemployed and desperate

**A:** Dear Unemployed and desperate, There could be numerous and various reasons. So, I am going to answer your question based on the information that you have given me. "It's a job looking for a job"! You have probably heard this or read it somewhere. It is true. You probably worked 35-40 hours a week for your previous employer and the reward on payday was money. Now, it is time to work for you. You should increase the time you spend job searching to at least 40 hours a week. This will result in you finding and applying for more job opportunities and increase your chances of being contacted by employers. Your payday will be getting an interview and hopefully a job.

**Q:** Everyone thinks I have a great job and work for a wonderful company. I hate my

company. I hate my job. I hate what I do. What do I do? Miserable

**A:** Dear Miserable, It's time you find out what you would like to do. Employment should be enjoyment. Start by identifying what you really enjoy. This could be an activity, volunteer work, a hobby or something that you enjoy doing with your free time. Look for a company or industry that is this area. Re-write your resume and focus on your skills, experience and education that will target your new interest and objective. Devote time and a lot of energy in your new job search. You will be surprised how many companies you will find and the type of positions that will be open to you. 40 hours a week, 52 weeks a year for the next 30-40 years doing something you hate does not make a happy person or sense. Finding out what you like to do will result in finding the right company, the right job and being happily employed.

**Q:** I am being told that I dress inappropriate for job interviews. I have my own personal

and unique style of dressing and refuse to change it. Stylish.

**A:** Dear Stylish, I would suggest that you research the company culture before applying for employment or accepting interviews. This can be achieved by searching the company on the internet, reading trade magazines, talking with employees, sitting outside the company and observing employees entering and exiting the building or asking the person who contacted you for the interview. You can not change a company's culture. Find employment with a company that matches with your style of dressing. They do exist.

Jai Johnson has over 20 years experience as a national and local Executive Recruiter, Job Search Advisor and Career Coach. She has assisted thousands of job seekers to find and secure employment in their chosen field of education and experience. Ms. Johnson is a member of NRWA and CPRW. Send your job search questions to her at: [jjohnson@mtviewsnews.com](mailto:jjohnson@mtviewsnews.com)

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Audrey Vass is an amazing young woman. A true treasure of Sierra Madre who, while pursuing her own professional education (first year medical student), she has taken three weeks out of her life to help serve and save others.

Audrey, with the help of financial assistance from local organizations such as the Sierra Madre Rotary and Sierra Madre Kiwanis Clubs, recently spent three weeks in earthquake torn Haiti, participating in the “Midwives For Haiti” program. The organization, which was originally established to promote midwifery education and primary health care for Haitian women. However, since the earthquake in January, the group has been working with other non-governmental agencies to provide post earthquake relief.

Audrey, started out as a community conscious young woman and has an impressive list of accomplishments while growing up in Sierra Madre. In 1995, when she was just 9 years old, she ran the entire Mt. Wilson Trail race in 1 hr and 42 minutes. In 2001, she was a Sierra Madre Rose Princess. From 1999-2003 she was a member of the Sierra Madre Interact Club and in 2002 and 2003 she was a Parks and Recreation board member.

She attended Flintridge Sacred Heart Academy and graduated from UC Santa Barbara in 2007 with honors in biology, she continues outstanding academic performance at Virginia Commonwealth University School of Medicine. Audrey has, “a passion for international medicine and obstetrics” and was glad for the opportunity to accept the Haitian Student Fellowship during this difficult time.

Audrey and Carrie have shared some of their experiences with us through pictures and words on a blog. You can learn more about the work of this remarkable young woman by going to <http://edehaiti.tumblr.com>.

*“But if you’re asking my opinion, I would argue that a social justice approach should be central to medicine and utilized to be central to public health. This could be very simple: the well should take care of the sick”*  
**Dr. Paul Farmer**

One of the first posts on Audrey’s blog.



Audrey (left) and her co-worker, Carrie Down, (above) in Haiti where they first camped. Initially they worked in the Port Au Prince community of Cite Soleil and then moved on to the central plateau town of Hinche. (See map left). **From the blog:** We are flying from Port au Prince to Hinche- a rural area in the Central Plateau region- to work with the organization Midwives for Haiti. We will be working with both American and Haitian Nurse Midwives. We will be working again with pre and post natal care, as well as in the delivery unit. This program is unique in the respect that in addition to bringing in US health professionals it has established a program to train Haitian women in midwifery.



Audrey ‘chatting’ with friends.  
**From Audrey’s Blog: Day 8**

Today is the end of day 8. After seeing over 900 patients in clinic and distributing large amounts of drugs this week, mostly deworming drugs, Carrie and I are the only two left from the team of 20 we originally came with. Despite the tainted water ( which tested positive for giardia and ecoli) our stay has been basically luxurious... cold showers, a satellite telephone, and a gated church, of which we sleep on the roof in our mosquito nets. We are still adjusting to the horrible air quality due to the fact that they burn all trash in the streets- and the extensive exhaust from trucks while riding in the back of the “tap-taps”( which is the name for the pick up trucks with make shift benches of which we ride in all day that are not too safe..... to say the least...but give your hair a good blow dry :-). We have been two church each sunday here- and have found it quite moving but yet have almost both fainted from the heat- the humidity and sheer wetness of the heat never fails to exhaust us- and the team whom we were with last week, despite over half of them falling ill due to the water, were the strength behind the service we provided. We worked with many truly amazing physicians and students; who have both motivated and inspired us. The need here is truly astounding- yet the pride the Haitain people have is even more remarkable. In clinic- lunch break is the absolute worst part of the day- because you take a break- to make the people wait who have been sitting there for 4 or 5 hours, to eat your lunch, and drink your clean water- both of which are utter luxuries and for which they dont complain...but sit quietly....despite their severe illnesses. Carrie and I have both triaged young men who are terminally ill with no where to go. On Thursday, I triaged a 20 year old man with an temperature of 105,

coughing up blood, who couldnt walk to the clinic and told my translator that he had his friends carry him- but who sat and waited for 4 hours to be seen without saying a word- without complaining- and without even showing in his face how sick he actually was. We took him via ambulance to a Haitain hospital- where he was turned away. Neither of us could take it. Yesterday we spent the day out in Cite Soleil taking a break from the medical aspect, at a church that collapsed during the earthquake, helping rebuild the front wall with a father son contractor team from Cincinnati, Bill and Brent. Then.... Bill, who is a veteran of Haiti Mission trips, took us to the most amazing restaurant to watch the England vs USA game, which ended in a tie to our happiness. Today he graciously took us up the coast, to a beach resort, which was so beautiful we felt guilty. The white beaches and clear water were far from what



In Haiti, 76% of all deliveries are done by non-qualified persons, contributing to the highest infant and maternal mortality in the western hemisphere. 15% of newborns have low birth weight and 25% of the children suffer from chronic malnutrition. The World Health Organization has estimated that the things professional midwives know how to do - preventative prenatal care, handling complications of pregnancy and birth, and teaching nutrition –could totally change these statistics.

Midwives for Haiti was started by certified nurse-midwives who believe every woman in this world deserves the knowledge and care to have a safe pregnancy and birth. They also believe that even women who cannot read or write are teachable. With the right knowledge and tools, community women can make birth safer and keep babies and mothers from dying. They want to bridge the gap between the traditional birth attendants and the nurse-midwives trained in the medical model so that more women in Haiti have access to skilled care.

From <http://midwivesforhaiti.org/>



we expected on our trip here in haiti, however they were quickly erased from our memory as we travelled back to the Blanchard compound, through the trash filled streets, sewage smelling air, and rubble filled shacks that surround the area with which we are staying. We met some other fellow aid workers this weekend who we will try to meet up with over the next few weeks- it seems as though most the people here are either our age or older. Most of the older crowd started coming to Haiti when they were young adults like ourselves- hopefully that is a sign that our work here is just beginning. More to come soon- wish we could show pictures which would tell so so much more. THANK YOU, to all of you who helped us get here, or who gave us supplies, they are much appreciated .

Although often seen through the eyes of disaster and poverty, Haiti along with the Dominican Republic, occupies the picturesque island of Hispaniola



Audrey Vass also gives generously of her time to other organizations and charities. Above, she is seen giving a friend a ‘piggy back’ ride. The rider is one of Audrey’s “Smile Buddies”, children who have cancer. The little girl had just completed her last chemotherapy treatment.

Audrey is the daughter of Stephen and Debbie Vass of Sierra Madre. She has one sister, Alisha Wesserd





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**Mountain Views News**  
**Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## RICH Johnson



## The View From A Green Pickup

Thanks to those who were kind and generous to me during the parade. Yes, many smiled and called out my name as they saw me pass by. And many others chose not to throw things at me.

I had the distinct privilege of riding in the truck bed of Kim Clymer-Kelly's green 1961 Chevy, oops, Chevrolet pickup truck. As many of

*But where in the world was Stuart Tolchin?*

I'm flattered to be in the parade. The downside is I miss out on watching it. I have an idea. I suggest we switch off. The half of us who watch the parade one year ride in the parade the following year. And the half of us in the parade, can watch the parade the following year. We just have to be sure and find another wonderful belly dancer like Katreyla Angus.

Switching gears dramatically I want to wax



*The Green Pick Up Gang: (l to r) Columnists Kim Clymer-Kelley, Howard Hays, and Rich Johnson. Cub reporter, Mahellia Thomas and friend 'hitched' a ride back in the green truck after riding their scooters along the parade route with their Daisy Troop. Also, riding in the green truck was MVNews Cub Reporter Maila Thomas (right) and Cub Paper Delivery Person, Milania Thomas (far right). Also shown, Fred Thomas, father of all the MV News Cub staff and son of publisher Susan Henderson. Photo by S. Henderson*

you noticed, I was standing, leaning on the top of the cab. The paint of this weather beaten 49-year old vehicle came off on my forearms, soon making me look like the Incredible Hulk, minus the muscles. I was suddenly an advocate for going green, literally. By the way, I had the privilege of sharing the back of the truck with editor Susan Henderson, her two granddaughters and fellow columnist Howard Hays.

I discussed an arrangement with Howard that he, being more liberal than I, should wave solely to folks on the left side of Sierra Madre Blvd. I would wave solely to folks on the right side. Actually I ended up devoting as much time to the lefties as the righties. And so did Howard.

seriously for a moment and commend John Crawford for toning down the rancor (a bit) on his blog. Lately, he has been publishing alternative views of very important issues such as the proposed water rate hike. John reports on issues from his perspective. Whether he is right or wrong is up to you. But we, as the electorate, need to be informed as to all sides and positions on issues that affect us. That being said, I can't recommend you read the comments portion of John's blog. It is all too often vitriolic, accusatory, and mean spirited. Reader beware.

Thank you again Sierra Madre for the privilege of being a part of this wonderful city.

## STUART TOLCHIN .....On LIFE



## The Exciting Game Without Any Rules

From November 16, 2007 through March 27, 2010 my column was entitled "Stuart Tolchin on Life". Suddenly, without warning, on April 3, 2010 my articles started to appear without seque and have continued to appear in this naked fashion. Why did this happen and does anyone care? Really it makes little difference to anyone including me; but I wonder about it. Is there some rhyme or reason explaining my article's loss of LIFE?

Yes, I know this concern sounds silly, but the maintenance of habits and rituals are important. I applaud people who create rules for themselves and remain committed to maintaining these rules. Years ago, in my single parent days, a young man from Malaysia lived for a couple of years with my son, my daughter, and me. He was a complete vegetarian who had never tasted flesh and had no interest in broadening his diet. He said he did not follow this meatless diet for religious reasons but instead followed the diet out of his respect for his parents and out of habit. I was touched by his fidelity and was surprised when his mother berated him for eating onions. She related to her son as if he were a wild rebel who did not respect the religion and culture of his family and dishonored them by eating onions and other filthy things that grew below the soil. At some later time I discussed the dietary rules with the son who explained "Some rules you follow and some you don't. It is important to make your own rules and follow them."

Life presents us with difficult decisions every day. I was in San Francisco this weekend and noticed that pedestrians as a rule ignore stoplights and cross streets when they believe it is safe to do so, instead of allowing themselves to be ruled by traffic lights. This individualistic behavior probably typifies the difference between a typical San Franciscan and a typical Angeleno, if such

stereotypic individuals actually exist. San Franciscans, I guess have decided to make their own decisions based upon something other than the law and the functioning of traffic lights. These decisions are based on life-experience and really seem perfectly reasonable. I have an ongoing debate with some religious friends. These folks maintain that they live their lives according to the tenets of their religion and assert that without their religion they would not know right from wrong. It is their religion that guides their way rather than their life experience or education or anything else. They assert that by staying true to their religion they are following God's will and seem pretty certain of finding an eternal resting place in Heaven.

Rarely do I believe the assertions of the religious. I believe that cafeteria-like they follow some rules and ignore others and generally violate even their own rules. I do not experience the religious as taking greater joy in living than anyone else. Perhaps I am wrong. Life is full of surprises. Really, I think Life is like the card-game described in one of my favorite Sport Books from which the movie 'Bang the Drum Slowly' was made. In the book and movie, Major League Baseball players on the road spend their time in hotel lobbies trying to take advantage of fans who just want to associate with them. The players attempt to lure unsuspecting strangers into a game of TEGWAR, the exciting game without any rules. The players make up the rules as they go along always trying to take advantage of the stranger. Frequently the strangers apply a previously made-up rule to their own advantage and actually win. The players don't really seem to mind and use the experience to prepare for the next game. After all they have a lot of time to kill until they can go Home because always the Road Trip ends.

Well, life is a lot like that. We all know that our trip is going to end and eventually we'll have to go home. That really is the only rule, but we make up other rules or choose to follow someone else's rules. The time goes by and at some point the trip ends. Our Life is what we made of it and continue to make of it. This is Stuart Tolchin On Life and inviting you to join me in another game of TEGWAR.

## LETTER TO THE EDITOR

Re: SELF DEFENSE EDITORIAL

I've got to hand it to Mr. Tolchin - gun, climate, and food control, all in one editorial! Instead of "Self Defense," it should have been titled, "CASTRO KNOWS BEST."

Given Mr. Tolchin's interpretation of the constitution, it might be good to reflect upon the Bill of Rights in light of The Declaration of Independence and one of its most famous lines, "Life, liberty, and the pursuit of happiness."

Life - The Second Amendment was crafted not solely for personal defense on the frontier, but to also provide an avenue of last resort for citizens against government out of control. This is because gun control works - you only need ask one of the kids who fought in the streets of Hungary or Tiananmen Square, or today's starving North Korean. The history of this young and great country includes the hard facts of slavery, internment of citizens, Bull Connor and his police dogs, and a third of children conceived today being killed with the Government's consent (Now here is an Inconvenient Truth). With these realities, why is there reason to believe that all such dips in our history have been written and are behind us.

Liberty - Mr. Tolchin fails to recognize that when government gains power over the individual, it is only through surrender of citizens' freedoms, as there is not an excess of power sitting around waiting to be assigned to the individual or

government. The Constitution was designed to constrain government, and when it comes to gun control, so many of our liberties have already been surrendered. As an owner your name is maintained on a list that notes your weapon(s) and ammunition purchases - a perfectly good starting place for any young police state.

And the pursuit of happiness - Mr. Tolchin would place the government between me and my occasional Sierra Donut apple fritter because the government knows better than me, or worse - I can't be trusted to make my own choices on such matters. First they came for my gun, and then my apple fritter! Perhaps the motivation here is economic stimulus through the hiring of tens of thousands of government workers to enforce these food consumption laws and crack down on illegal drive-by donut purveyors or the rouge individual who drops a forbidden piece of dough into a fish fryer (soon to be banned) behind closed curtains in their home. Will neighbors be rewarded for turning such individual in, "There officer - I could smell a French curler or maybe a cinnamon roll wafting through the air from that house." Or perhaps its a deficit reduction opportunity, where a package of cigarettes or my apple fritter would both come with a \$3 tax. To re-interpret a quote from the late and great Charlton Heston, "I'll give you my apple fritter, when you take it from my cold dead hands!"

To wrap this up, should the day ever come that Mr. Tolchin finds a freedom that he would be willing to take up arms for, feel free to meet-up at the barricades, but bring something other than a wind chime and a hug. Val Usle, Sierra Madre

## SUSAN HENDERSON



## The Cost of Independence

Once again, certain citizens of Sierra Madre have gathered together to stage yet another protest about something. This time it's about the proposed water rate hikes. Don't get me wrong, I absolutely believe in the right to free speech. However, I don't believe that anyone should use that right to deceive and mislead. And recently, in an effort to garner 50% plus 1 of the water rate payer signatures against the rate hike, deception has become the name of the

game.

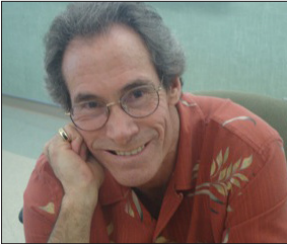
And, therein lies the real problem. This is not a game. Everyone that I have ever met in this town has always said they want to maintain the "village character", "small town charm" and "independence" that Sierra Madre is privileged to have. Everyone wants it, but there are some who don't want to pay for it. Maybe they think we should all just play the lottery and wait until someone wins and gives the money back to the city.

It doesn't take a rocket scientist, to understand that the cost of the city maintaining its wells and water system is increasing daily. Nor does it take a rocket scientist to figure out that if we don't take care of what we have, it will soon no longer be able to serve us. You may be asked to sign a protest, but if the rate hike is rejected, what then? No one is offering any alternative to the rate increase. Instead, they are busy leafletting cars, mailing unsigned letters and soliciting signatures to stop the fee increase. What, pray tell, is the alternative? If you've already signed but want to change your mind, call the City Manager or come to council meeting Tuesday. Don't become a victim of misinformation.

There are some realities that we all must face. If we want to play, we have to pay. Freedom, independence, is not free.

*P.S. - If you want to pay less, with the new fee structure, conservation will lower your bill, a benefit that we do not have now.*

## HAIL Hamilton My Turn



## Are California Schools Really as Bad as Some Claim?

Ballot Measure CC fell far short--Yes 53.75%, No 46.25%--of the necessary

two-thirds majority to pass. But what does the measure's failure really mean?

Does it mean that urban school districts, like Pasadena Unified, are mismanaged so badly they're unable to gather the support of the local communities they serve? Does it mean affluent citizens just don't want to pay for public schools their children don't attend? Or does it mean public schools should get by with the money they have by cutting programs and laying off teachers?

The failure of Measure CC means all these things and is indicative of the public's loss of confidence in our public school system. Pasadena's measure is only one of many similar recent school bond measures not being approved by voters. On Tuesday, a similar Los Angeles measure also failed, and I predict others in the near future will fail as well.

But are California schools really as bad as some claim? Not according to a Rand Corporation study:

"Californians were once proud of their state's public K-12 education system, but there have been signs in the last few decades that the system has slipped badly relative to its own past performance and that of other states' school systems. Although there is reason to be concerned about California's public K-12 schools, there is also signs of improvement.

"The results are not uniformly discouraging; California's schools compare favorably to those in other states in some respects. But overall, the comparisons are unfavorable to California more often than not. And in many instances, the results support the impression that California's relative standing in the nation has declined over the last three decades, and especially since the finance reform legislation in the 1970s.

"California's demography presents extraordinary challenges to public education and it may be the case that these challenges cannot be effectively met unless the state's K-12 system is funded at relatively high levels. However, California school districts have experienced comparatively low levels of funding compared to funding in most other states. California's schools have been further stressed by extreme fluctuations in real spending per pupil. These relatively low funding levels in California's K-12 schools reflect comparatively low effort relative to the state's capacity.

"The comparatively low funding afforded K-12 public education in California can also be seen in the resources the schools are able to make available to their students. A substantial portion of the state's teachers are not fully qualified and state certified. California continues to have the second highest pupil-teacher ratio of any state. And despite substantial progress in dealing with school facilities over the past 10 years, California continues to lag the nation in addressing K-12 facility needs.

"The combination of a student population with relatively great needs, relatively low funding levels, and relatively inadequate re-sources may have contributed to California's comparatively low levels of student academic achievement. California NAEP scores are at the bottom of the distribution of participating states; California's minorities' scores are particularly low. There is, however, a bright spot: California is making statistically significant annual gains in mathematics and English scores.

"California students' nonacademic outcomes present a mixed picture. California lags other states in terms of high school graduation rates but is catching up. California generally lags other states in college continuation and is falling further behind. Teenage pregnancy rates are much higher in California than in most other states, but they are rapidly decreasing. And California is roughly similar to other states in the rates of substance abuse and teenage crime arrests."

Unfortunately, the ongoing conversation about public education in California and the failure of Measure CC won't change the reality: PUSD needs local funds to stabilize its budget. The state's fiscal crisis is not likely to disappear in the near future, and at the end of the conversation, we will still have to fill a \$23 million gap just to maintain the current level of educational services and academic achievement.

**Cutting programs and laying off more teachers is not the answer!**

# More Parade Memories



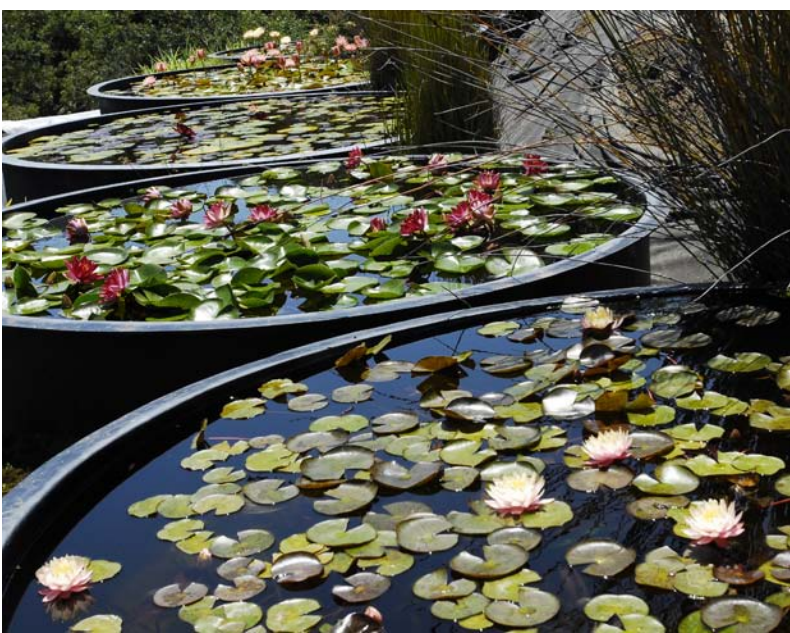
See Our Complete Photo Album at [www.mtnviewsnews.com](http://www.mtnviewsnews.com)



Chris Bertrand

## One Of A Kind: *Featuring unique homes & gardens and the people who create them* Story and Photos By Chris Bertrand A Passion For Ponds

Tucked away on an unmarked plot of private hillside land far in the recesses of the Santa Monica mountains lies Don Hamburger's aquatic plant nursery, Aquasphere. Here grows the rainbow hues of hardy and tropical water lilies, lotus, irises, papyrus, cannas, ornamental grasses and dozens of other small flowering bog plants that are happy to have their "feet" or roots permanently wet in a natural or created pond.



On this steep, terraced hillside about five miles from the ocean, Hamburger grows almost all his own plant stock to place in water gardens he designs and installs. You'll find his twenty five years of work across Los Angeles, literally from the ocean to the desert, in private, public and corporate ponds in places like the Getty, hotels, commercial buildings, cemeteries and high end residences. About twenty-five ponds, eighteen inches deep hold a thousand gallons each, with a different plant variety in each pond. Smaller, 500 gallon ponds contain rarer or smaller varieties, and still others

in yet smaller ponds. Simple cold frames extend the flowering season and give the season a head start for the tropical water lilies. Hamburger's installations have been featured in numerous magazines including the *LA Times Magazine*, *Interiorscape* and *Pondkeeper* magazines, and received awards from the Los Angeles Garden Show and *Landscape Architecture* magazine.

With so many high profile and private installations to his credit, he reflected that no installation can ever be cookie cutter. So many details affect the plants: the sun exposure, air and water temperature variances, depth of the water, wind (pond plants prefer still water) and whether fish will cohabitate. And that's only the beginning of defining the delicate balance required for a healthy pond! Perhaps the most extreme installation was at a desert oasis with a hot springs water source over 90 degrees. Add into the mix that the existing concrete pond was subject to flash flooding which would wash away or at least disrupt the client's envisioned water lily collection. Hamburger chose a tropical variety with prolific seed production, which supplies a new crop of seedlings after the yearly, desert monsoon floods. The solution was "Pink Capensis", an African native well accustomed to warm waters, with huge amounts of fertile seeds even after a storm.

In another challenging installation in an office park, the 300'x20' existing pond already had a hundred and fifty mature koi, much loved and fed by the office tenants. The health of Koi and pond plants living together is always a delicate challenge.

The koi graze all day, searching for insects in the vulnerable rhizomes of newly planted water lilies. When the client refused a protective, bog plant barrier because he wanted to give the koi full access to the entire pond, Hamburger came up with a beautiful yet workable solution once again. He initially planted specimen hardy, fully rooted water lilies and a very fast growing native water clover for the Koi to eat. The Koi feasted on the clover, leaving the lilies pretty much alone.

In a cemetery installation an approximately twenty foot circular pond was nearly invisible from passing cars. By adding the vertical element of tall red cannas, visitors' eyes were drawn to the water feature, inviting mourners to stop at this spot as a respite.

In a private setting, Hamburger was faced with a pond site with only 1-2 hours of sunlight a day during the summer, and almost no direct sunlight at all in the winter. Backed up to a massive retaining wall in front of an ascending cliff, this was one of the trickiest installations yet. Sandwiched between a three story home and imposing hillside, the site was claustrophobic... and to be shared with the owner's dog

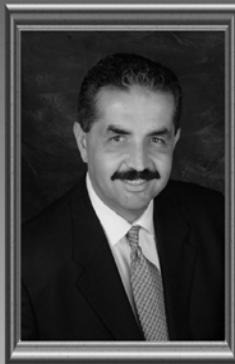


run. After careful analysis of the variables, Hamburger chose a design of terrestrial plants maturing to six feet as a background planter to the retaining wall, to soften the hardscape's impact. The pond area in front now includes water lilies and a bog plant design shared with fish that provide visual enjoyment for the human and canine residents.

It's definitely a high maintenance operation that he compared to the daily commitment of dairy farming, but Don Hamburger lives, loves and breathes aquaculture... with a quiet passion that seeps from his every sentence.

For more information about Aquasphere, visit their website at [www.Aquasphere.com](http://www.Aquasphere.com) or contact Don Hamburger at 310-455-3277.

**Know of an unusual home, garden or person who helps create them? Send the details to [C.Bertrand@MtnViewsNews.com](mailto:C.Bertrand@MtnViewsNews.com)!**



### Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

## A "203" FOR TLC

You find a neat "fixer-upper," then learn that banks won't lend until the repairs are done, but the repairs can't be completed until the house is purchased! This Catch-22 scenario can be solved by HUD's FHA-backed 03(k) "rehab loan," growing in popularity because so many foreclosure purchases are in dire need of repairs.

This loan covers the cost of the home, plus money for repairs up to a maximum of \$35,000! To get the ball rolling, you'll need funds for the 3.5% required downpayment, and then to find a suitable property. Your real estate representative

will prepare your offer, stating that you'll be seeking 203(k) financing.

Next you'll apply to an FHA-approved lender, including a sheet listing each repair and its cost. Finally, an appraisal is performed to determine the value of the home once the proposed repairs are complete.

Upon approval, you'll have financed the home purchase plus all your proposed repairs (there's even a 10%-20% "contingency reserve" included to cover any unforeseen improvements). At closing, the seller receives the purchase price, and

the remaining funds go into escrow, to be disbursed to the contractor as work is completed (within six months).

Real estate agents support this loan program because it expands homeownership and revitalizes neighborhoods, but all you need to know is that it will get you into a very affordable home right now.

*Luther Tsinoglou has just been named the top producing sales agent in Dickson Podley Realtor's Sierra Madre office for 2009, making the top 10% at the company overall. Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in Southern California. Luther can be reached at his direct line (626) 695-8650 or at [luther@tsinoglou.com](mailto:luther@tsinoglou.com).*



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**1345 Inverness Drive**  
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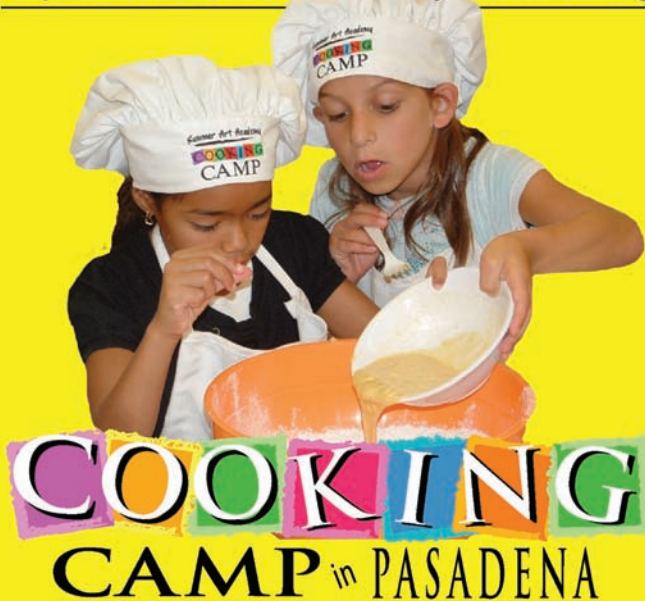
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**JULY 18 GRAND JUNCTION** GENRE: COUNTRY ROCK  
Sponsored by Kiwanis and Friends of the Library

**JULY 25 L.A. LYON** GENRE: TOP 40  
Sponsored by the Sierra MadreWoman's Club

**AUG 1 ELVIS** GENRE: ELVIS TRIBUTE  
Sponsored by the Rotary Club of Sierra Madre

**AUG 8 MOJACAR FLAMENCO** GENRE: FLAMENCO \*Subject to Change  
Sponsored by LA County Arts Commission

**AUG 15 SILVER BEATLES** GENRE: BEATLES TRIBUTE BAND  
Sponsored by S.M. Volunteer Firefighters Association

**AUG 22 JOEL PENNER JAZZ ENSEMBLE** GENRE: JAZZ  
Sponsored by the Sierra Madre Civic Club

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