



SIERRA MADRE ISSUES A YELLOW FLAG ALERT

The City of Sierra Madre has issued a Yellow Flag Alert. The County of Los Angeles Public Works Department has issued a Phase 1 Mudflow Forecast.

A Phase 1 indicates that small isolated debris and mudflows are possible at specific locations.

Streets may be flooded or blocked by debris. Woodland Drive, Skyland Drive, and other streets may be closed due to blockage. Should debris flows occur overnight, crews will begin clearing the following morning.

Parking restrictions are now in effect in the Upper and Lower Canyon during Yellow or Red Flag alerts. Vehicles parked on the streets may be towed at owner's expense.

The affected streets are: Mount Wilson Trail, Churchill Rd., Skyland Dr., Fern Glen, Fern Dr., Idlehour Ln., Canyon Crest Dr., Orange Dr., Woodland Dr., Brookside Lane (upper, middle, and lower segments), Sunnyside Lane, Sturtevant Dr., and Yucca Trail. Overnight parking restrictions through the rest of the city are lifted during Yellow or Red Flag Alerts.

The City Public Works Department may determine that Upper Brookside Lane and the very northern portion of Woodland Drive will be closed and a temporary debris wall will be erected.

Residents in the affected areas are urged to be "set" to leave at a moment's notice and may choose to voluntarily evacuate. In the event the City receives a Phase 2 or Phase 3 alert from the County, a Red Flag Alert will be issued that will most likely include mandatory evacuation orders. Evacuated residents will not be allowed to return into an evacuation area until the order is lifted. For additional information and updates:

PHONE: City Hall - 626-355-7135 (business hours 7:30am – 5:30pm)
Police Dept - 626-355-1414 (non-emergency, 911 for emergencies)
City Website (<http://www.cityofsierramadre.com/>)
Emergency Radio Station: 1630AM

UPDATE: JAPANESE CULTURAL EVENT IN MEMORIAL PARK TO INCLUDE RED CROSS BOOTH

Those wishing to make a contribution to the Red Cross for the disaster relief effort in Japan may do so at Memorial Park, 222 W. Sierra Madre Blvd., on Friday, March 25, from 5:30 p.m.-7:30 p.m. The Red Cross will have representatives at the park during the "Sierra Madre Japanese Cultural Night, which the event participants requested go on as planned, out of honor and respect for the Japanese people as they cope with the devastation resulting from the earthquake and tsunami. All are invited to come to the park in a communal expression of solidarity and concern for our "neighbors to the west" in their time of need.

For updated information on the event programming, please call the Sierra Madre Public Library, 626-355-7186. Information is also available on the Sierra Madre City Facebook or website, www.cityofsierramadre.com. This event is sponsored by Tokyo City Keiba (TCK), Yakult USA, Santa Anita Park, and U.S. Equine, Inc.

CITY POSTPONES ACTION ON HIGHLAND AVENUE PROPERTY

By Bill Coburn

After receiving numerous comments from residents near the former church/YAC at 186 W. Highland that indicated that they were uncomfortable with the speed at which the City has seemingly accelerated the process to construct low to moderate housing at the site, the City Council decided not to allow staff to enter into negotiations with Heritage Housing Partners, instead appointing Council Members MaryAnn MacGillivray and Josh Moran to meet with neighbors to discuss why the site was headed in that direction and to request input as to what the neighbors would like to see happen with the site.

The property was acquired by the City more than a decade ago using CRA funds and designated for low and moderate housing. During the development of the recent Housing Element (part of the General Plan), it was reiterated that the site was designated for low to moderate income housing, to help the City comply with state designated Regional Housing Needs Assessment (RHNA) requirements for that type of housing. Nothing has been done with the property, though for a while, the City's Youth Activity Center was located there. Recently, the Community Redevelopment Agency (CRA) adopted a 5-year plan that called for expanding, improving and preserving the City's supply of housing affordable to persons and families with low and moderate incomes. In addition, the Governor's proposed budget calls for abolishing the CRA, eliminating the possibility of using CRA funds to develop the property. These two occurrences have led to the City accelerating the process of converting the property. And, as Mayor Mosca informed the residents, because the land was acquired with CRA funds and designated for low to moderate housing, the only way to avoid that is to have the City acquire the property from the CRA funds using General Fund money, and the City doesn't have enough General Fund money to make that happen.

At a recent Council meeting, the Council appropriated \$25,000 for the retention of a consultant to assist with the development and evaluation of Request for Proposals for the development of the property. By entering into negotiations with Heritage Housing Partners, staff was hoping to save that \$25,000 for the CRA. However, the outcry from the site's neighbors caused Council to delay entering into negotiations until outreach with the community has been explored further.

90 Year Old Sierra Madre Resident Saves Little Girl

By Susan Henderson

Sierra Madre resident, John Shear has a reputation for being a really nice guy, and that was before he, heroically at age 90, stopped a horse from running over a little girl.

According to track officials, last Saturday, as John was working as a Paddock Gaurd at Santa Anita Race Track, a 3 year old gelding named Sea and Sage was in the walking ring with nine other horses who were readying for the upcoming race. Sea and Sage wheeled, freeing himself from his handler and in a 180 degree about-face, sprinted towards the opening Shear was guarding just outside the walking ring. As seen live on simulcast television, Shear, instead of dropping the perimeter rope he was holding and protecting himself, ran in front of the loose horse and threw himself in front of and on top of the young girl in the crowd, who appeared to be three or four years of age.

Sea and Sage collided with Shear, who remained conscious, responsive and was moving when he was attended to by on-site First Aid personnel and later by members of

the City of Arcadia Fire Department. Shear was taken by ambulance to Huntington Memorial Hospital in Pasadena for further evaluation.

Shear is said to have suffered several broken bones but is expected to fully recover.

Shear, a former jockey, has been a gaurd in the paddock at Santa Anita and at one time Hollywood Park since 1962. He turned 90 on January 17th of this year.

In an interview after a rail fell on him and broke his leg in several places several years ago, he told a reporter that, "Retirement was never an option. I've worked since I was 14 years old," said the Britishborn, 5-foot-4, 115-pound one-time jockey, trainer and exercise rider. "I'll never retire. I'm physically fit. I don't put on weight. Sometimes I drive Diane (his wife of more than 40 years) crazy because I climb up on ladders and do things around the house. But I can't be idle."

With that said, well wishers hope that John will have a speedy recovery.



John Shear, pictured above on duty at Santa Anita, risked his life in order to save a little girl. The picture in the inset shows John in 1956. Archived Photos

CIVIC CLUB PREPARES FOR MAIN EVENT

"Catch The Wave" will be the theme of the Sierra Madre Civic Club's annual salad luncheon and Chinese Auction on Saturday, April 9, 2011 at 11:30 a.m. The event will be held in the LaSalle High School Auditorium, corner of W. Sierra Madre Blvd. and Michillinda Avenue.

Planning a big splash for this Sierra Madre main event are Co-Chairs Jean Coleman, Karma Bell and their committees. They promise the best beach party in town.

The day's highlight is the Chinese Auction with Anita Thompson returning as Auctioneer Extraordinaire. She keeps the action rolling at a fast pace and with great humor. There will be a large variety of quality items, each which can be won for a small amount of money. There will also be a silent auction with some very special items to be bid on. The top prize of the day is the money hat, a beautifully designed beach hat by Sheila Woehler and paying the very lucky number winner a whopping \$250.00.

The event is also popular for its salad luncheon with a delicious variety of gourmet salads provided by members.



Co-Chairs Karma Bell and Jean Coleman, with surf board in tow, are preparing to "Catch The Wave" at the club's annual Chinese Auction on April 9th

This will be a day to remember, the best party in town (and sand-free). Tickets are \$25.00 with prior purchase a must. Proceeds of this main benefit supports the club's very generous annual charity giving.

For tickets and more information all Reservations Chair Shirley McGillicuddy at (626) 355-8715.



Do you know it can cost in excess of \$1,000 if you are transported to the hospital during an emergency by an ambulance? *Members of the Sierra Madre Paramedic Lifesavers Paramedic Subscription Program will never have to worry about such a cost.*

The Sierra Madre Paramedic Lifesavers Paramedic Subscription Program is an official program offered by the City of Sierra Madre which offsets the cost of emergency medical response and transport. Residents of the City of

Sierra Madre Paramedic Lifesavers Paramedic Subscription Program

Sierra Madre, who subscribe to the program by paying an annual membership fee, avoid any additional out-of-pocket costs associated with ambulance transportation their individual insurance carrier does not cover. Residents who do not have health insurance, and are subscribers to this program would pay nothing out-of-pocket if they were to be transported to the hospital by ambulance.

One emergency call for Emergency Paramedic services can cost in excess of \$1,000. Additionally, many insurance companies do not cover the full cost of these services. As a member

of the Lifesavers Paramedic Subscription Program you will be provided with emergency medical services with no additional costs.

Your subscription to the program will perform similarly to a secondary insurance plan, with no out-of-pocket cost to you. This program is provided to all residents of the City of Sierra Madre with an annual cost of \$30.00 per resident. Annual renewal to the Lifesavers Paramedic Subscription Program happens every fiscal year on July 1st, and lasts a full 12 months. We highly encourage every resident in the City of Sierra Madre to participate in this

important program.

To subscribe to the Sierra Madre Lifesavers Paramedic Program, please fill out the membership application form provided in this article and send it in with your payment.

Please mail the completed application and payment to: Sierra Madre Fire Department Attn: Lifesavers Subscription Program, 242 W. Sierra Madre Blvd., Sierra Madre, CA 91024, or you may visit the Sierra Madre City Hall and subscribe to this program in person.

Application on page 3

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Sierra Madre, Ca.

Mon:	Showers	Hi 60s	Lows 40s
Tues:	Ptly Cldy	Hi 60s	Lows 40s
Wed:	Showers	Hi 60s	Lows 40s
Thur:	Ptly Cldy	Hi 60s	Lows 40s
Fri:	Showers	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 91024 626-355-7135

NEXT CITY COUNCIL MEETING:

March 22, 2011 6:30 pm

Arts Commission - 2nd Wednesday @ 6:30

Community Services - 3rd Monday @ 6:00

Library Trustees - 4th Wednesday @ 7:00

Planning Commission - 1st & 3rd Thursdays 7:00

Senior Community - 1st Thursday @ 3:00

Tree Advisory - 3rd Wednesday @ 7:00

1630 AM

Free on-air publicity for local events

Sierra Madre's new community radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. This new radio station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

In a nutshell, your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

City of Sierra Madre Community Arts Commission Presents:

An Exhibition By Paul Fairbanks

You are invited to view the latest work of the Artist, Paul Fairbanks, who hails originally from the land of the Bean and the Cod. His natural ability to capture nature in its changing moods over the course of 48 years has allowed him to be represented in many private collections. Enjoy the fruits of his adventure!

Paul Fairbanks' Exhibition thru April 1, 2011
Sierra Madre City Hall - 232 West Sierra Madre Bl.
Sierra Madre, CA 91024

Eat - Shop - Worship in Sierra Madre!

Coffee Houses:

Beantown Coffee House & Bakery - 45 N. Baldwin
Starbucks - Kersting Court Sierra Madre

Fine Dining:

Cafe 322
322 W. Sierra Madre Bl.

ZUGO'S formerly known as Ugo's
74 W. Sierra Madre Bl.

Charcuterie
120 W. Sierra Madre Bl.

Four Seasons Tea Room
75 N. Baldwin

Corfu
48 W. Sierra Madre Blvd.

Great Shopping:

Laurel's Apparel & Treasures
71 N. Baldwin

Angel's Everywhere
26 N. Baldwin

Leonora Moss
9 Kersting Court

Iris Intrigue
49 W. Sierra Madre Blvd.

Belle's Nest
55 N. Baldwin

Brown's Classic Interiors
64 W. Sierra Madre Blvd.

Charlotte's Jewelers
40 N. Baldwin

Savor The Flavor
11 Kersting Court

Once Upon A Time
14 W. Sierra Madre Bl.

Baldwin Jewelers
15 Kersting Court

Churches

Episcopal Church of the Ascension - 25 E. Laurel
(626) 355-1133

Congregational Church - 170 W. Sierra Madre
(626) 355-3566

Foothill Center For Spiritual Living - 49 S. Baldwin
(626) 836-2022

Greek Evangelical Church
69 Suffolk Avenue (626) 355-2153

Sierra Madre Church of Christ
212 N. Lima (626) 355-1817

Sierra Madre United Methodist
695 W. Sierra Madre Blvd. (626) 355-0629

Bethany Christian
93 N. Baldwin (626) 355-1403

St. Rita Catholic Church
38 N. Baldwin (626) 355-1292
and much more!

VOLUNTEER OPPORTUNITY TRAFFIC VOLUNTEER

Police Department Traffic Volunteers will serve at community-wide special events and in emergency situations assisting with directing traffic at intersections and on streets, staffing barricades, and assisting pedestrians crossing in crosswalks. Traffic Volunteers will be trained to in the proper procedures for directing traffic and provided uniforms for their service.

DUTIES:

- Assist with traffic control at events or in emergency situations.
- Direct traffic by voice, hand or other signal.
- Follow applicable City safety rules and regulations.
- Inform staff of any issues that may arise.
- Interact with the public sometimes under stressful circumstances in a fair, calm and understanding way.

QUALIFICATIONS:

Have a valid Class C California driver's license for the past five years as well as the ability to maintain insurability under the City's Vehicle Usage Policy. Must possess a current American Red Cross certificate in First Aid/CPR/AED for Schools and the Community, or the equivalent, within three months of appointment. Must be available to volunteer evenings, weekends, and holidays. Must complete a background verification process and successfully complete the training provided by the Department.

Please visit the city's website at www.cityofsierramadre.com for more information and to download a flyer and application.

BEST USED BOOK SALE

Spring Break is almost upon us, and you may need a good book to pass the time!

Plan on visiting the Friends of the Sierra Madre Library Best Used Book Sale for an excellent selection of books at reasonable prices. The sale will be held Friday April 1st, 3pm to 7pm and Saturday April 2nd, 10am to 2pm.

Your Spring Break options will include a beautiful collection of coffee table books - American Indians, art, specialty cookbooks, new fiction, offerings from The National Geographic Society, health books for women and Twilight Series for your teens. Collectors of vintage reading will find a selection of old and noteworthy books. As always, tables outside the library will be filled with hardback fiction and non-fiction for \$1.00 each, paperbacks for 25 cents (or 5 for \$1.00) Also, check out a new selection of children's books.

The Friend's Best Used Book Sale continues to be the organizations major fundraiser to support the on-going library needs for equipment and programs. For the best finds shop in and outside the library and visit early. The Sierra Madre Public Library is located at 440 W Sierra Madre Blvd.

"God's Antibiotic"



San Marino Community Church welcomes you to Sunday worship during Lent! Pastor, Rev. Jeffrey V. O'Grady preaches at both the 9:15 traditional service and "The Gathering" at 11:15 am.

San Marino Community Church offers two ongoing grief groups. They meet the 2nd and 4th Tuesdays at 7:00 pm in the church library and every Wednesday at 4:00 pm in the church lounge. Led by trained Stephen Ministers, participants can experience the empathy and encouragement of those who are traveling a similar path. For details, contact Rev. Karen Berns at (626) 282-4181 x 20 or KBerns@smccpby.com

9:15 am Traditional & Student Worship Services
Sunday school (K-5) and childcare provided
10:30 am Adult Spiritual Formation
11:15 am "The Gathering" worship service
Casual worship, multi-voice ensemble, childcare provided

San Marino Community Church
1750 Virginia Road, San Marino, CA 91108
For more information call: (626) 282-4181
Connect with us online: www.smccpby.com

A WONDERFUL CAT NEEDS A LOVING HOME

3 year old "Cassie" was rescued in January and was temporarily adopted by a local woman to prevent her from being killed.

She is so sweet and very loving, kind of a calm peaceful lap cat, that just wants to hang out with her person, get belly rubs, doesn't like other cats, that's why she may be perfect for a quiet retired person or couple as an only cat. If interested please contact 626-355-7290.



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website: bookrackarcadia.com



Sierra Madre Historical
Preservation Society
and
Sierra Madre Books

Present:

Author Michele Zack

signing her award winning book:

*Southern California Story:
Seeking a Better Life in Sierra Madre*

Sunday March 20th from 1:30 -3:30 pm
At Sierra Madre Books
52 W. Sierra Madre Blvd.
Sierra Madre, Ca.

PASADENA'S ONE CITY, ONE STORY FINALE

The 2011 Pasadena Public Library One City, One Story celebration will conclude Saturday, March 26, from 3 to 5:30 p.m. at the Pasadena Convention Center Ballroom, 300 E. Green St. with Theatre Americana's USO Show "One for the Boys" followed by a community conversation with author Hillary Jordan. The author will join Library Director Jan Sanders as they discuss Jordan's experiences first envisioning and then writing *Mudbound*.

A question-and-answer session from the audience will follow.

Jordan's prize winning debut novel tells the story of two families and their struggles in post-World War II Mississippi as the forces of change and resistance collide with terrible consequences.

Jordan grew up in Texas and Oklahoma. She received her MFA in creative writing from Columbia University and a BA in English and political science from Wellesley College. Her short fiction has appeared in numerous literary journals, including StoryQuarterly and The Carolina Quarterly. She lives in New York.

One City, One Story is designed to broaden and deepen an appreciation of reading and literature in the community, engage participants in dialogue and bring Pasadenans together by promoting greater understanding of differing points of view.

For more information visit www.onecityonestory.com or call (626) 744-7270.

AWARD-WINNING COMPOSER WRITES ORIGINAL MUSICAL PRODUCTION FOR LOCAL STUDENT PERFORMERS

*The Pasadena Musical Theatre Program Announces
Three Performances for Summer Session*

The Pasadena Musical Theatre Program (PMTTP) announced that for the first time, students in the summer session will perform in an original musical production, Jasper in Deadland. Written and directed by award-winning composer and lyricist Ryan Scott Oliver, the pop-rock musical is a featured event in the 2011 Festival of New American Musicals.

Oliver, who grew up in Sierra Madre and attended Pasadena Unified schools, is also writing the music for Disney's upcoming musical, Freaky Friday. He is the Artistic Director for PMTTP, a nonprofit musical theatre training program committed to bringing the highest quality in music and theatre education to students who live or attend school in Pasadena, Altadena or Sierra Madre.

"Jasper in Deadland represents the Pasadena Musical Theatre Program coming full circle," said Phil Hopkins, president of The Pasadena Musical Theatre Corporation's Board of Directors. "Our hope is that this is the first of many new musicals that will be written by PMTTP alumni and premiered by our company."

During the six-week summer program, students in 7th - 12th grades will participate in rehearsals and performances of Jasper in Deadland. Children in 4th-6th grades will perform in The Junior Follies, a combination of Broadway and Vaudeville classic songs, dances, and comedy routines. Selected students will also perform in an abridged version of Shakespeare's classic A Midsummer Night's Dream.

PMTTP's summer session takes place Monday through Friday, June 28-August 5 at Pasadena High School. This isn't a theatre camp, but a unique performing arts educational program where students develop their skills and talent in acting, singing, and dance. PMTTP's teaching artists are all working theatre professionals.

Students will also have the opportunity to participate in conservatory style classes and master classes with Broadway performers.

"We love the work of Ryan Scott Oliver," said the Tony award-winning songwriting team of Lynn Ahrens and Stephen Flaherty. "He's a fresh and talented new voice, and his songs are filled with wit, gusto, and melody."

For information about The Pasadena Musical Theatre Program or to register for the summer session, visit www.pasadenamusicaltheatre.org. Priority registration takes place from April 1-May 1.

The Pasadena Musical Theatre Program...bringing high quality vocal music, theatre and dance education to children in Pasadena, Altadena and Sierra Madre since 1995. Visit us at www.pasadenamusicaltheatre.org.

DALLAS RAINES TO M.C. ANGEL GALA

Dallas Raines will be the M.C. at the Cancer Support Community's Angel Gala on April 16 2011. Dallas Raines is a certified broadcast meteorologist and is the chief meteorologist for ABC 7 eyewitness news.

Honorees at the Gala will be Betty Ferrell, professor and research scientist at the City of Hope, and Jacobs Engineering, the well-known international engineering firm located in Pasadena. Dr. Ferrell has been in oncology nursing for 33 years with emphasis on pain management, quality of life, and palliative care. Jacobs Engineering has been a strong and valued donor and supporter of the Cancer Support Community for many years.

The Angel Gala will be held on April 16 2011 at the Westin Pasadena, 191 North Los Robles Avenue, Pasadena. The event is a major area social function and a fundraiser for the Cancer Support Community. Last year the event raised more than \$150,000. More than 300 guests are expected. Cost is \$200 per person. Reservations can be made at 626-796-1083.

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

Sierra Madre Police Blotter

During the week of Sunday, March 6th, to Saturday March 12th, the Sierra Madre Police Department responded to approximately 406 calls for service. See crimereports.com for updated information.

Sunday, March 6th:

8:37 PM- Possession of Marijuana/1oz or less, Nathaniel Trail. An officer saw two vehicles trespassing in the 1 Carter area. Further investigation revealed that both drivers had marijuana in their possession. The officer cited and released the drivers from Monrovia and San Gabriel.

Monday, March 7th:

8:50 PM- Use Another's Personal Identification to Obtain Credit/Etc, 200 blk. Mariposa Ave. A Sierra Madre resident checked her banking account and noticed that an unauthorized \$210.11 purchase was made at a market without her consent.

Tuesday, March 8th:

9:00PM- Use Another's Personal identification to Obtain Credit. This investigation involves the unauthorized use of the victim's debit/credit cards at various locations outside Sierra Madre.

Thursday, March 10th:

8:58 AM- Outside Agency Assist, San Carlos/Orange Grove Ave. A Sierra Madre officer heard a broadcast from Arcadia Police Department regarding a burglary in progress on Arbolada Drive, just south of the southern border of Sierra Madre. The officer checked the area and noticed a suspicious white Ford Taurus with tinted windows. The officer stopped the car and saw that one of the passengers matched the description of the burglary suspects. Arcadia PD was notified of the stop of the possible suspects and responded to the scene. Witnesses identified the suspects and they were placed them under arrest.

11:02 AM- Prowling/Peeking in Door/Window, 400 blk. W. Sierra Madre Blvd. An unknown suspect looked into a girl's bedroom window while she was changing clothes. As soon as the girl noticed, the suspect held up an iPhone. The incident occurred about two weeks ago about midnight.

Friday, March 11th:

12:16 AM- DUI Alcohol/Drugs, Santa Anita Ave and Orange Grove Ave. An officer stopped a motorist for a Vehicle Code violation. Further investigation revealed that the motorist was driving under the influence of alcohol. The officer arrested the Monrovia resident and took him to the Pasadena Police Department for booking.

Saturday, March 12th:

10:35 AM- Alter/Forge/Falsify Certification of Ownership, Grandview Ave and Santa Anita Ave. An officer stopped a car for a Vehicle Code violation. Further investigation revealed that the suspect had a false 2011 registration tab attached to the rear plate. The officer arrested the Monrovia resident for false evidence of registration, possession of stolen property and petty theft with prior convictions. The officer booked the suspect at the Century Regional Detention Facility.

SIERRA MADRE LAUNCHES FACEBOOK PAGE AND OTHER SOCIAL MEDIA TOOLS

We have all heard a lot over the last couple years about social media and social networking. Websites like Twitter, Facebook and LinkedIn have millions of users who accessing current, updated information. The City of Sierra Madre City Council recently decided to tap into these resources to provide up-to-date information to its residents and interested community members. A multi-pronged effort has been launched, expanding the City's presence in these arenas.

People can now "Like" the City's Facebook Page where they will find updates on community meetings, events, and updates from each Department. For residents and community members who may not be registered on Facebook, or for those who are interested in learning more about Facebook, the Library will be offering seminars on how to use it and how to protect your privacy.

Content will also be posted on Twitter where people can follow the City's updates at @CitySierraMadre. The City will also begin utilizing LinkedIn for recruiting and additional social networking.

Implementation of these social media tools fulfills one of the City's Strategic Plan objectives under the goal "increase and broaden community involvement and trust".



WISTARIA BLOSSOMS ON THE RUNWAY



Attending the Fashion Show will be (l to r): Magnolia Boutique Owner, Karen Crisi, Models Betty Mackie and Melissa Shute, and Chair Sheila Pierce.

In honor of the city's 117 year old vine, it will be Wistaria Blossoms on the Runway when the Sierra Madre Woman's Club holds its annual Fashion Show and Luncheon on Saturday, March 26, 2011 at 11:30 a.m. The event will be held in the Es-

sick House, the Woman's Club historic clubhouse, 550 W. Sierra Madre Blvd.

For another blossom choice club members will step out modeling fabulous fashions from Magnolia of Arcadia. The boutique shop owner, Karen Crisi, will be the

show's commentator.

Tickets are \$25.00 each with the proceeds supporting club philanthropies. For ticket reservations contact Event Chair Sheila Pierce at 626-355-8332.

Submitted by Phyllis Chapman

Sierra Madre Paramedic Lifesavers Paramedic Subscription Program

MEMBERSHIP APPLICATION

Annual Individual Subscription Plan

Number of Subscribers: _____ x \$30.00

Total \$ _____

NAME: _____

NAME: _____

NAME: _____

NAME: _____

NAME: _____

NAME: _____

ADDRESS: _____

Method of Payment:

- ☐ Check
☐ Visa
☐ Master Card

Card Number: _____

Expiration Date: _____

Three digit security code: _____

Make Check Payable to:
The City of Sierra Madre

Mail the completed application and payment to:
SIERRA MADRE FIRE DEPARTMENT
Attn: Lifesavers Paramedic Subscription Program
242 W. Sierra Madre Blvd.
Sierra Madre, Ca. 91024

MEMBERSHIP AGREEMENT



I understand that I must be a resident of the City of Sierra Madre to enroll in this program.

I understand that this fee protection only applies to emergency medical treatment and/or ambulance transportation services rendered by the Sierra Madre Fire Department or other providers as authorized by the Sierra Madre Fire Department.

I understand that membership fees are non-refundable.

I further authorize the release of emergency medical/insurance information for the purpose of emergency medical service billing only.

I understand that the membership begins upon receipt of payment by the City of Sierra Madre upon receipt of payment by the City of Sierra Madre.

I understand this membership is non-transferable and any violations of the terms of this agreement and/or other abuses of membership as deemed by the Fire Chief could result in the cancellation of my membership.

Signature: _____

Date: _____

For Office Use Only:

Date Received: _____

Amount Received: _____

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10-day Water Pipeline Shutdown Takes Effect

The city will enforce a ban on outdoor watering with very few exceptions until pipeline water deliveries resume March 28. This will include washing cars and watering lawns and gardens.

The Metropolitan Water District of Southern California, which supplies about 60 percent of Pasadena's water, is planning a seismic retrofit of the F.E. Weymouth Water Treatment Plant in LaVerne. MWD will stop all water deliveries to Pasadena and many other foothill communities through its Upper Feeder Pipeline during the project.

"This is an extraordinary water shortage situation that we are about to experience," said Phyllis Currie, general manager of PWP. "It's entirely unrelated to weather. Rain or shine, this shortage will continue until MWD can turn on its pipeline again and resume its usual water deliveries."

"While this water shortage is very serious, we must keep things in perspective in light of the situation we are seeing in Japan," Currie added. "Here we have a temporary obstacle that, with a bit of effort from everyone, can be easily overcome with relatively little impact," she said.

The earthquake in Japan also "reminds us that this emergency water shortage is a good exercise in earthquake preparation as a similar catastrophic event could cut off our water supply," Currie advised.

The pipeline shutdown was originally scheduled to end at 11:59 pm on March 27. This week, MWD pushed the construction schedule back eight hours and anticipates turning on the pipeline at 8 a.m. on March 28.

PWP encourages its customers to stay informed with daily updates and potential schedule changes at www.cityofpasadena.net/shutdown or by calling the Water Shortage Hotline at (626) 744-8888. Water waste can also be reported on the website and through the hotline.

Pet of the Week



Lilly, a beautiful, two year old, longhair cat is friendly and loves attention. She is rather petite and would be a great companion for someone in an apartment or condo that allows pets. Come visit with Lilly today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. Please call 626-792-7151 and ask about A284468 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-4 Sunday, 9-5 Tuesday, Wednesday, Thursday, and Friday, and 9-4 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org



Park Named in Honor of Sid Tyler

About 50 residents, city officials, fire and police came out Tuesday morning for the unveiling of a boulder bearing a plaque with former Councilmember Sid Tyler's name engraved into it signifying the new Sidney F. Tyler Park.

Located on the median between South Lake Avenue and Lakewood Place), Pasadena's

only officially designated pocket park was named for Tyler by the Pasadena City Council in 2010.

Tyler, who represented District 7 on the Pasadena City Council from 1997 to 2009, devoted much of his time and energy to the protection of trees, open space and parks. Pasadena's first tree protection ordinance was adopted during his tenure.

"Sid was a strong proponent for an update to the Open Space and Conservation Element of the General Plan," said Tornek. "He worked diligently to ensure that parks in District 7 and throughout Pasadena were given adequate funding and attention, and he took a personal interest in renovations to parks in the district."

Holden to Run for State Assembly

By Dean Lee

Looking beyond local politics in tackling the state's current challenges, Councilmember Chris Holden announced Monday his intent to run for the California State Assembly representing the 44th District now held by Assemblymember Anthony Portantino.

Holden made the announcement by email to friends and neighbors saying his decision comes in light of Portantino being unable to run again due to term limits. "With more than a year before the June 2012 open primary, and encouraged by early endorsements from community leaders and elected officials I have served with or currently



serve with..." Holden said. "I am off to a strong start and look forward to gaining even more support as the race progresses." Holden said endorsements include, Pasadena Mayor Bill Bogaard, former mayors, Rick Cole, Bill Paparian, councilmembers Steve Madison, Terry Tornek, Margaret McAustin, Steve Haderlein, Victor Gordo, Joyce Streater, Bill Crowfoot,

Sid Tyler, Ann Marie Villcana and Paul Little.

Holden said balancing the state budget, increasing revenue and eliminating the structural deficit are critical. He also said he plans to establish priorities and identify the appropriate resources that will re-establish California as a great state with endless opportunity.

"I am optimistic and confident that we can achieve great things," he said. The district currently includes the cities of Altadena, Duarte, Pasadena, La Cañada Flintridge, Mayflower Village, South Pasadena, and Temple City, as well as most of Arcadia, part of Monrovia, and unincorporated Los Angeles.

Final Ballots Counted, Results Announced

The machine count was performed for the remaining vote-by-mail and provisional ballots received on election day March 8 in the mail and personally delivered by voters to Pasadena City Hall and polling places. The results, for city council and mayor, of Wednesday's count, combined with the count on March 8, is as follows: Mayor: Bill Bogaard – 12,202 votes (100%)

City Council District 1: Jacque Robinson – 1,328 votes (74.7%) and James Smith – 448 votes (25.2%)

City Council District 2: Margaret McAustin – 1,241

votes (100%)

City Council District 4: Gene Masuda – 1,476 votes (37.4%), Jill Fosselman – 1,406 votes (35.7%), Khatchik Chahinian – 575 votes (14.6%), Allen Shay – 441 votes (11.1%), and Ranil Perera – 40 votes (1.0%)

City Council District 6: Steve Madison – 2,440 votes (55.2%) and Carolyn Naber – 1,974 votes (44.7%)

Based on these results, City Clerk Mark Jomsky will conduct a runoff election Tuesday, April 19, for Pasadena City Council District 4 (Gene Masuda and Jill Fosselman) and votes (100%)

Interested poets, please send your material for eight minutes to poetryatperrys492011@gmail.com by March 25.

Poets to Hold Literary Speak

Every year, for the last four years, Literary Speak and C Debra partners, with Perry's Joint, bring poetry to the Pasadena community and beyond. Literary Speak is a forum where readers, writers and artists meet to promote a love of reading, writing, literacy and the arts. Join us this year as we celebrate another poetry

month with local and regional poets. Bring your family and friends. Bring a date for a fun and cultural extravaganza. April 9, 2011 at 2051 N. Lincoln Ave. at the corner of Lincoln and Montana in Pasadena; 2:30 p.m. to 4:30 p.m.

Interested poets, please send your material for eight minutes to poetryatperrys492011@gmail.com by March 25.

PCC to Host Faculty Job Fair

Pasadena City College will be hosting a Faculty Job Fair on April 2 from 10 a.m. to 3 p.m. in The Piazza of the Campus Center Building. Faculty positions are currently available in a number of subjects including business, engineering and technology, English, health sciences, languages, mathematics, natural sciences, performing and communication arts, social sciences, and visual arts. Additionally, there are openings in library, counseling, and Disabled Student Programs and Services, as well as adjunct

Low Radiation Levels Expected to Reach California

Health Department advises against taking potassium iodide (KI) as a precaution for possible radiation exposure

Although reports released last week suggest that radiation from Japan's crippled Fukushima reactors was expected to reach California Friday the U.S. Nuclear Regulatory Commission said levels would be low and not dangerous.

"All the available information continues to indicate Hawaii, Alaska, the U.S. Territories and the U.S. West Coast are not expected to experience any harmful levels of radioactivity," the agency said through its Office of Public Affairs.

NRC also explained that United States protective actions recommendations are implemented when projected doses could exceed 1 rem to the body or 5 rem to the thyroid. A rem is a measure of radiation dose. The average American is exposed to approximately 620 millirems, or 0.62 rem, of radiation each year from natural and manmade sources.

In making protective action recommendations, the NRC takes into account a variety of factors that include weather, wind direction and speed, and the status of the problem at the reactors. Every 24 hours levels reaching California could go up officials said.

The Pasadena Public Health Department is advising against taking potassium iodide (KI) as a precaution against possible radiation

exposure. Taking potassium iodide tablets is not an effective precautionary measure.

"We are taking this matter seriously. Taking Potassium Iodide tablets can present a danger to people with allergies to iodine and shellfish or who have thyroid problems," said Dr. Eric Walsh, Pasadena's public health officer. "California has a plan for responding to radiological emergencies, and this plan is coordinated locally with all public health departments for rapid response."

Walsh added that the Pasadena Public Health Department expresses condolences to the victims of the devastating earthquake and tsunami in Japan.

The department, along with its state and federal partners, is monitoring the situation closely and will implement any necessary steps to protect the public's health if the situation changes. Partner agencies include the California Department of Public Health, U.S. Environmental Protection Agency, Federal Emergency Management Agency Region IX and the California Emergency Management Agency.

For more information on emergency preparedness, visit www.cityofpasadena.net/disaster or www.cdc.gov. For more information about public health concerns related to the nuclear emergency in Japan, call the California Department of Public Health information line at (916) 341-3947 Monday through Friday from 8 a.m. to 5 p.m.



Fukushima Daiichi Power Plant, Japan

Citizen Journalism Meet-up

Learn not just how to blog but how to report the news



The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the

story using the power of video, audio and print along with online social media. The next meeting is March 15 from 6 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585 or visit pasadenan.com.

Journalist to speak at Citizen Journalism Speakers Series

Andre Coleman, Journalist & Author will speak at the "2011 Citizen Journalism Speakers Series". Coleman has worked as a professional and freelance reporter for almost 20 years. His work has appeared in Black Voice News, The Daily News, Pasadena Star-News and many more. In 1998, Coleman optioned his first screenplay. Today, he is the city reporter for the Pasadena Weekly, working on his next novel and producing his first independent motion picture. This free lecture event features local and national journalists, telling their personal stories and

adventures in the life of journalism and media. The event will be held on Tuesday, March 29, 2011, 6:00pm, hosted by Pasadena Community Network and Mountain Views News.

Each program includes a presentation by the speakers and an engaging 15-minute question and answer session with citizen journalists and community members in the audience.

The speaker series will be held at: Donald R. Wright Auditorium 285 E. Walnut St., Pasadena, CA 91101 (located in the Pasadena Central Library). Door Open at 6:00pm

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA TEAM WINS WINTER LEAGUE

The 2011 Winter League came to an end with the Santa Anita Bowling Green Club garnering first place in the Trophy Level Championship games against the bowlers from the Long Beach Lawn Bowling Club March 12th. At the Groves Lawn Bowling Club in Irvine, California.

The Santa Anita Bowlers were Marinko Tudor, Shuman Chan, Margi Rambo and Dewey Tse. Congratulations on a well played season.

There are several "leagues" going on in the lawn bowling sport. The "Winter League" has two divisions. One is the Trophy Level for the more seasoned bowlers and the Development Level for the newer lawn bowlers that haven't matured fully. Another 'league' is the "Valley League" that Santa Anita bowls in. This is a three club league between Alhambra, Pasadena and Santa Anita. In other parts of the southland there are the Gold Coast, Inland, and several others. They have their "World Series" in the "Waterbury All League Championship."

Lawn bowling is an easy sport to learn. Many that have never

tried the sport can be playing in a game after two or three games. "Easy to learn, Hard to master." That's the way the sport is. If you'd like to try it, go to the web site: www.lawnbowling-arcadia.com. Lots of information for you there. Or, you can call Gene Plunkett at 626-351-5327 and get the lowdown.



All smiles on the faces of the Santa Anita Bowling Green Club winning team in the Southwest Division Trophy Level Championships. Shuman Chan, Marinko Tudor, Sybil Bernash from The Groves (host club), Margi Rambo and Dewey Tse

THE FOOD TRUCKS ARE BACK

The event is one of several upcoming promotions amid the expansion of racing to a five-day race week beginning Wednesday, March 23. The horse track will also re-institute it's "Free Fridays" promotion beginning March 25. And all patrons will receive free General Admission on April 1, 8 and 15 in advance of the final day of Santa Anita's 74th winter/spring meeting on April 17.

The track will also offer free box seats while they last on those remaining Free Fridays, as well as \$2 beers, soft drinks and hot dogs.

Arcadia Police Blotter

For the period of Sunday, March 6, through Saturday, March 12, the Police Department responded to 980 calls for service of which 116 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, March 6:

Around 2:19 a.m., a traffic stop was conducted at Live Oak and Fourth when a vehicle was observed traveling over the center divider. An intoxicated 29-year-old male Hispanic driver was arrested for DUI.

2. Loss prevention personnel from Macy's advised that they had detained a woman for theft around 3:13 p.m. The suspect entered the store with two handbags and filled them with merchandise while in a fitting room. She also switched a \$127 price tag on a sweater with a \$12 tag and paid for the item. She then exited the store where she was contacted by loss prevention employees. A private person's arrest was made, and a 51-year-old Asian was taken into custody for petty theft and over \$600 in stolen merchandise was recovered.

Monday, March 7:

3. Units were dispatched to the 2500 block of South Fourth around 8:46 a.m. in reference to a forged check report. A check was mailed by a business to an insurance company, and it was later discovered that the check had been altered with a different payee name and amount.

4. Shortly before 1:00 p.m., a victim came to the station to file a fraud report. On March 2, a bank representative contacted the victim and asked about some unusual transactions in the City of Westlake. The victim went online and confirmed that unknown suspect(s) had used his credit card account information to make unauthorized charges in Oxnard, Ventura, and Westlake.

Tuesday, March 8:

5. An attempted robbery occurred at Advantis, 1041 South Baldwin, around 10:50 a.m. Two male African-American suspects, armed with replica black semi-automatic handguns, entered the store and pointed the guns at the victim. The suspects told the victim to kneel on the ground and then pulled out zip ties. Fearing that he was going to be shot after being tied, the victim grabbed one of the suspect's guns and used it to hit the suspect multiple times in the face. The second suspect then used his gun to pistol whip the victim on the back of his head. The suspects fled the scene on foot, but they were later apprehended in the 700 block of Arcadia. The juvenile suspects, ages 15 and 16, were taken into custody for attempted robbery, commercial burglary, assault with a deadly weapon, false imprisonment, conspiracy to commit crime, and drawing/exhibiting imitating firearm. After being booked at the City jail, they were transported to Eastlake Juvenile Detention Center.

6. Around 1:22 p.m., a vehicle was observed traveling 79 mph in a 25 mph school zone, and the car subsequently rear-ended another vehicle at Holly and Duarte. A 19-year-old male Hispanic driver was arrested for reckless driving, excessive speed, no proof of insurance, and driver's license not in possession.

Wednesday, March 9:

7. Between 3:30 p.m. to 6:43 p.m., a residential burglary occurred in the 1400 block of Orlando. Unknown suspect(s) entered the home by pushing out a window that was in a laundry room door. The suspect(s) then ransacked rooms and stole jewelry, a laptop computer, and a digital camera.

8. A 2001 white Toyota Tacoma was stolen from the 1800 block of Oakwood around 10:10 p.m. The victim actually saw the vehicle being driven away by the suspect. Officers conducted an area check, but the vehicle was not found.

Thursday, March 10:

9. Units were dispatched to the 400 block of Arborlada around 8:46 a.m. regarding a residential burglary in progress. Two male suspects were seen trying to enter house through a bedroom window. While the residents were calling the police, the suspects left the location in a vehicle driven by a third suspect. Sierra Madre Police stopped the suspect vehicle at Santa Anita and the 210 Freeway, and three African-American suspects, two 25-year-olds and a 29-year-old, were arrested for residential burglary, and possession of burglary tools. Two of the suspects were also charged with felony parole violations.

10. Shortly after 10:00 a.m., APD officers assisted parole officers from the California Department of Corrections in the 800 block of West Duarte. During a parolee detention, it was discovered that the subjects were in possession of a large amount of marijuana for the purpose of sales. A 27-year-old male Asian was arrested for possession of marijuana for sale, felon/addict in possession of firearm, possession of a controlled substance and drug paraphernalia, outstanding felony warrant, and receiving stolen property. Two female Asians, ages 25 and 29, were also taken into custody for possession of marijuana for sale.

Friday, March 11:

11. Around 1:51 a.m., a traffic stop was initiated at Baldwin and Huntington for a code violation. Officers detected the odor of alcohol from the vehicle and a field sobriety test was conducted on a 21-year-old female Hispanic driver. It was determined that she was operating the vehicle while intoxicated and was arrested for DUI.

12. A traffic stop on a vehicle for an equipment violation was conducted at Santa Anita and Orange Grove around 1:00 p.m. Record checks of the two occupants revealed that the driver was on parole for burglary and a 53-year-old male Hispanic passenger had 2 outstanding warrants and was also in possession hypodermic needles. The passenger was arrested at the scene without incident.

Saturday, March 12:

13. Around 3:52 p.m., a victim came to the station to report a fraud. A possible suspect, who worked at a loan company, had access to the victim's personal and financial information. The suspect then used that information to make 10 unauthorized transactions from the victim's checking account for a loss of over \$1,600.

14. Shortly before 5:00 p.m., units responded to the 1000 block of Don Pablo regarding an attempted suicide. A 72-year-old man locked himself inside his bedroom and consumed a large amount of prescription medication. A suicide note was found at the scene, and the man was transported to a nearby hospital for treatment and psychological evaluation.

ARCADIANS SUPPORT JAPAN

Arcadians are rallying to provide support for the victims of the earthquake and tsunami in Japan.

The Facebook page of Scott Shimamoto offers an invitation to a benefit comedy show he is producing Saturday, March 26 from 7 p.m. – 10 p.m. at Zapata Vive Restaurant, 101 S First Ave.

He is offering 10-minutes to each stand-up comic who brings at least five people to the show or donates \$50 to the cause.

Admission for others is \$10 per person.

Meanwhile, First Avenue Middle School student Showta Fred Moriyama's Facebook page encouraged friends to wear red and white on March 24th to remember those lost, and to support those that are missing by following the step-by-step web code link instructions to an invitation that ends with #5: Pray, as well as links to organizations that are collecting donations:

http://www.google.com/tsunami_relief.html

<http://www.redcross.org.uk/Donate-Now/Make-a-single-donation/Disaster-Fund> (Red Cross donation by phone: text "REDCROSS" to 90999 to add \$10 (billed to phone bill)

<http://www.worldvision.org/>

Finally, the Los Angeles County Sheriff Department has issued an advisory about donations to bogus organizations.

Experts indicate that the best donation is money so that supplies can be purchased close to the affected areas. This saves on transportation costs and logistics.

Unfortunately, while many people are extending a helping hand, criminals use the opportunity to cheat and steal from those who are trying to help those in need.

The following three sections will help you make a better decision on how to provide help to others while protecting yourself, if you decide to assist:

1. Protect yourself from fraud

A. The Federal Trade Commission, the nation's consumer protection agency, has provided a "charity checklist" to advise consumers about donating wisely to charities.

If you are asked to contribute to a charity, you should:

- Ask for the name of the charity if the telemarketer does not provide it promptly;
- Ask what percentage of your donation will support the cause described in the solicitation;
- Verify that the charity has authorized the solicitation;
- Do not provide any credit card or bank information until you have reviewed all information from the charity and made the decision to donate;
- Ask for a receipt showing the amount of the contribution and stating that it is tax deductible; and
- Avoid cash gifts. For security and tax record purposes, it's best to pay by check – made payable to the beneficiary, not the solicitor.

The FTC works to prevent fraudulent, deceptive and unfair business practices in the marketplace and to provide information to help consumers spot, stop, and avoid them. To file a complaint or get free information on consumer issues, visit www.ftc.gov or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261. Watch a new video, How to File a Complaint, at ftc.gov/video to learn more.

The FTC enters consumer complaints into the Consumer Sentinel Network, a secure online database and investigative tool used by more than 1,800 civil and criminal law enforcement agencies in the U.S. and abroad.

B. The State of California Department of Justice, Office of the California Attorney General, regulates charities and the professional fundraisers who solicit on their behalf. The purpose of this oversight is to protect charitable assets for their intended use and ensure that the charitable donations contributed by Californians are not misapplied and squandered through fraud or other means. The main elements of the Attorney General's regulatory program are found as the following link:

<http://oag.ca.gov/charities>

Charity Research Tool

A searchable database of the information returns that charities file annually with the IRS is available on the Attorney General's website. The database allows donors to research a charity before making a decision to give:

<http://oag.ca.gov/charities/>

charity-research-tool#Location:Default

2. What and where to donate

If you are looking for a list of non profit charities that are working with the Japanese government, visit the U.S. Agency for International Development, or USAID, at www.usaid.gov

In response to the earthquake and Tsunami in Japan, the U.S. Agency for International Development (USAID) is dispatching a Disaster Assistance Response Team (DART) and has mobilized its partners, the Fairfax County Urban Search and Rescue (USAR) Team and the Los Angeles County Search and Rescue Team. Each USAR team will be composed of approximately 72 personnel, search and rescue canines and approximately 75 tons of rescue equipment. The USAR teams will be accompanied by USAID disaster experts who will assist with assessments of the situation.

3. How you can help

Following a major disaster, most relief organizations and emergency responder agencies are extremely busy, even if they are outside the affected area. Organizations can become overwhelmed with too many volunteers. The best time to sign-up to volunteer is during a non-disaster time. This allows you to train with a disaster relief organization to be ready when the next emergency strikes.

To find a training or volunteer opportunity go to www.CaliforniaVolunteers.org and enter your zip code, select "Public Safety and Disaster Preparedness" from the pull down menu. You will receive a list of potential opportunities in your area, such as joining a Community Emergency Response Team (CERT).

For more information about fraud, becoming a volunteer, and USAID's emergency humanitarian assistance programs, please visit the following websites:

FRAUD

<http://www.stopfraud.gov/protect-massmarket.html>

<http://ag.ca.gov/consumers/general.php>

<http://sheriff.lacounty.gov/wps/portal/lasd/crimeprevention/fraudandidentitytheftDONATIONS>

www.usaid.gov/our_work/humanitarian_assistance/disaster_assistance/

<http://www.usaid.gov/cgi-bin/goodbye?http://www.interaction.org/crisis-list/interaction-members-support-japan-earthquake-response>

<http://www.redcross.org/VOLUNTEERING>

http://californiavolunteers.org/index.php/disaster_volunteering/detail2

<http://www.cert-la.com/index.shtml>

Deputy Robert Boese III

Captain Mike Parker

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Monrovia

From the desk of the City Manager.....Scott Ochoa

Monrovia Controller Reports Redevelopment Agency Failings

When the Controller first announced this investigation a month ago, many people predicted that the report would come back with a scathing review of redevelopment. Not wanting to disappoint, Controller John Chiang carried out his orders and produced a report that intimates that redevelopment is the embodiment of waste, fraud and abuse. The agencies he looked at have their share of successes and failures; but somehow the successes are overshadowed by the emphasis on the shortcomings - namely revenue that would otherwise be better spent at the State's discretion. Forgetting, for the moment, that much of the revenue that the State desires would not even exist were it not for the investment of the RDAs in the first place, the Controller highlights these reported shortcomings as evidence of the mysterious existence and funding of the RDAs. Keep in

mind, however, that California redevelopment law has been "reformed" several times in the last 25 years. Further, many of the legislators - and even the Governor himself - are former local government elected officials who know what RDAs do and how. Thus, from an insider's perspective, it would seem that if the State wanted every RDA to function at optimum efficiency and effectiveness, the State certainly has the knowledge and the legal tools, and they would be well within their rights, to have the Department of Housing and Community Development, the Attorney General, and - yes - even the State Controller, to simply enforce the laws on the books today. But this isn't about good government; this is about money. This is about one drowning person trying to keep their head above water by dragging down the person nearest them. Alas, focusing on the improvements,

investments and opportunities provided by RDAs wouldn't yield the necessary narrative to eliminate redevelopment. After all, given the Governor's proposal it is much easier to highlight a handful of RDAs and make a broad pronouncement on all RDAs. Of course, I suppose we could do the same exercise in reverse - that is, look at handful of dysfunctional school districts (Compton, Oakland, Los Angeles, LA Community College District, come to mind) and make broad pronouncements on all school districts. Still, such eye-for-an-eye tactics do not advance the overall cause. In the end, the Governor needs to be willing to compromise; being resolute enough to "burn the village in order to save it" is not a practical policy in modern political discourse. And using the State Controller as a marionette isn't much better.

ANTHONY CHAVEZ, GRANDSON OF THE LATE LABOR ORGANIZER, TO SPEAK AT DUARTE'S 7TH ANNUAL CESAR CHAVEZ VOLUNTEER PROJECT



DUARTE, CA, March 15, 2011 - Anthony Chavez, the grandson of the late labor organizer, Cesar Chavez, will speak about his late grandfather's enduring civil rights legacy as part of the City of Duarte's 7th annual Cesar Chavez community volunteer project on March 26. Chavez, 25, grew up participating in United Farm Workers' marches, picket lines and political campaigns.

The service-learning program, sponsored by Duarte's Promise - The Alliance for Youth and Westminster Gardens, will take place at Westminster Gardens Retirement Community, 1420 Santo Domingo Ave., beginning at 9 a.m. The event will also feature a performance by Ballet Folklorico Mestizo and the announcement of winners of a Cesar Chavez Essay contest for Duarte High School students, sponsored by the Duarte Teen Center.

Following the program, community volunteers will plant an herb garden and complete other gardening chores within Westminster Gardens.

The annual Cesar Chavez volunteer event is one of a number of volunteer project, programs and events undertaken by Duarte's Promise - the Alliance for Youth. In 2000, Duarte was officially named an America's Promise "Community of Promise." Since then more than 100 local businesses, organizations, individuals, government, schools and communities of faith have partnered in a commitment to ensure that the needs of young people are served through five promises including opportunities for youth to give back through community service.

For more information or to volunteer for the project, call Duarte's Promise - The Alliance for Youth at (626) 303-0863, or email volunteer coordinator Gary Smith at gsmith@accessduarte.com.

\$1.85 MILLION, YEAR-LONG OVERHAUL OF SAN GABRIEL RIVER BRIDGE TO START IN APRIL

DUARTE, CA, March 15, 2011 - The San Gabriel River Bridge, a heavily trafficked thoroughfare linking Huntington Dr. in Duarte and Foothill Blvd. in Irwindale, will undergo a \$1.85 million structural improvement and repair project beginning in April. Funded and managed by the Los Angeles County Department of Public Works, the project is expected to take one year to complete. During that time, the number of travel lanes across the bridge will be reduced to one lane in each direction. Heavy traffic congestion should be expected especially during peak commuter hours. Motorists are advised to take alternate routes during these periods. For more information, contact the Los Angeles County Department of Public Works, (1-800) 675-4357.

BURRTEC WASTE SERVICES TO CHANGE SCHEDULES IN DUARTE

Burrtec Waste Services plans to notify customers in the northeast section of the City of Duarte of a schedule change for trash pick-up. Customers who regularly have trash pick-up on Monday will be switched to Friday trash service, effective April 1. Affected customers can expect to receive notice in their March billing mailing that a change is coming. Burrtec will continue to do courtesy pickups in that area through the end of April as needed for those who may forget. If customers forget, they can call Burrtec to arrange a courtesy pick-up. Burrtec notes the change will cut down the number of days Burrtec trucks are in the City from six days a week to five days a week, which is more efficient from a cost perspective and more "green" environmentally.

For more information, customers can contact Burrtec at (1-800) 325-9417, or the City of Duarte at (626) 357-7931, ext. 221.

Enter the \$100,000 Home Energy Makeover Contest!

\$50,000: 1 Grand Prize
"Toward Net Zero Energy"
Winning Home receives up to \$50,000 in energy and water efficiency improvements, including solar.

\$10,000: 5 Winning Homes
receive up to \$10,000 each in home energy and water efficiency improvements.

20 SEMI-FINALISTS:
state-of-the-art home energy assessments worth up to \$500 each.

To enter, go to:
EnergyUpgradeCA.org/LAHomeMakeover

Enter for your chance to win!

Contest Registration
March 1 - March 31, 2011

energy upgrade CALIFORNIA
in Los Angeles County

Monrovia Police Blotter

During the last seven day period, the Police Department handled 490 service events, resulting in 98 investigations. Following are the last week's highlighted issues and events:

Burglary - Suspect Arrested

On March 3 at 2:30 p.m., an officer responded to a business in the 500 block of West Huntington regarding a suspect who had stolen merchandise and returned the items for store credit. The suspect exited the business and made his way to the corner of Huntington and Mayflower. He was detained by police and subsequently arrested for burglary. The suspect had a number of warrants, including one for burglary.

Juvenile Weapons Offense - Suspects Arrested

On March 3 at 8:04 p.m., a business in the 700 block of East Huntington reported two male juveniles left the location and had possibly taken alcohol without paying for it. A loss prevention employee had followed the juveniles and gave their location. An officer responded and detained the juveniles. During a cursory search, a broad-tip marker was discovered on one of the subjects and a knife was found on the other subject. It was determined that he was already on probation for a weapons offense. Both subjects were determined to be gang associates from Duarte. The juveniles were arrested for the offenses, cited, and later released to their parents.

Grand Theft Auto Recovery

On March 4 at 11:33 a.m., a Deputy Public Conservator from Adult Protection came in to report a stolen vehicle from a protected person that lives in the 1300 block of Orange. The vehicle was entered into the stolen vehicle system and later located near the corner of East Los Angeles and Sherman.

Shooting at an Inhabited Dwelling

On March 4 at 6:46 p.m., dispatch received a call of shots fired and a vehicle racing away from the area of Canyon and Colorado. Officers responded and set up a crime scene after confirming that shots had been fired. No victims were located. The suspects were driving a dark black or charcoal, four-door vehicle with a sun roof. The exact make and model are not known, but may possibly be a Nissan Altima or similar vehicle. The suspects were not located.

Vehicle Pursuit - One Suspect Arrested

On March 7 at 7:08 p.m., a suspicious vehicle was reported parked in the 1300 block of South California. The vehicle was gone when officers arrived. A short time later, the vehicle returned. An officer in the area observed the vehicle and attempted to make a traffic stop. The vehicle failed to yield and slowly drove around the block. As it turned north onto California from Los Angeles, the vehicle accelerated, and the officer advised he was in pursuit. As the vehicle attempted to turn east onto Huntington, it collided with another car, and then became stuck on the center divider. The driver and both passengers fled on foot. The male driver was arrested a short distance from the vehicle. The two passengers, a male and a female, were not located. There were no injuries and only minor damage. Burglary tools were found in the suspect's vehicle. Investigation continuing.

Hit and Run Traffic Collision / Driving Under the Influence

On March 8 at 1:21 a.m., witnesses reported a hit and run collision in the 700 block of South Ivy. The suspect struck a parked vehicle and fled the scene. An officer located the suspect driving at Hillcrest and Fifth. The driver admitted to the collision and was determined to be driving under the influence. He was arrested.

Possession of a Controlled Substance

On March 8 at 6:30 p.m., officers responded to a business in the 500 block of West Huntington regarding a possible theft investigation involving a female suspect refusing to cooperate with security. When officers arrived, they located the female suspect on Huntington and detained her. Officers determined the female to be under the influence of a controlled substance and found her to be in possession of methamphetamine and vicodin. She was arrested and taken into custody.

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One Community Plans Transportation Summit

A discussion about the Environmental Impact of the SR-710 Project is being held by the grassroots community organization One Community. The intent is to get the community engaged in the planning process of the Environmental Impact Statement Report for the 710 Gap Closure. It is believed the event will be an essential follow-up to the questions that were asked about the 710 Freeway.

In Mid-January of 2011, One Community hosted a Transportation Summit in Pasadena about Regional planning for the area. At that Summit, the group received many questions to our expert panel about regional planning issues and in particular how to solve the 710 Gap for the area.

The public is encouraged to attend in order to have their voices heard. What happens regarding the 710 Freeway may have an irrevocable impact on the area. To ensure that community voices are heard during this public comment period. All comments made by constituents about concerns or issues relating to the 710 Freeway get placed on the record, and are later addressed through the MTA's Environmental Impact Statement Report.

The upcoming meeting is called "Series 3: Scoping-Going on the Record."

Wednesday, March 30
6pm-8pm
Lake Avenue Church
393 N Lake Avenue
Pasadena, CA 91101.

For more meeting locations, go to:
<http://www.metro.net/projects/sr-710-conversations/>

If you would like to RSVP, please contact Joanna Amador at 323-349-0661, ext. 16 or via email at joanna@victorgriego.com.

One Community: A Grassroots Think Tank, is lead by Barry Gordon.

Governor's Council on Physical Fitness and Sports Announces Opening of 2011 Spotlight Award Nominations

6th Annual Awards to Shine a Light on California's "Champions for Fitness"

Los Angeles, CA (State-NewsWire) Mar 11, 2011 -- Chairman of the California Governor's Council on Physical Fitness and Sports, Jake Steinfeld, announced that the Council is now accepting nominations for the 2011 Spotlight Awards presented by the Anthem Blue Cross Foundation. The sixth annual Spotlight Awards will give recognition to Californians who positively impact the physical activity, fitness levels and well-being of California children and youth. "Our Council is honored to award the teachers, principals and other great leaders who work hard every day to help our kids," said Jake Steinfeld. "These are the people who won't let anything get in the way of their passion to help kids grow up active, healthy and fit. These are our heroes."

Nomination forms for the 2011 Spotlight Awards are now available online at www.CalGovCouncil.org/Spotlight for:

- Principal of the Year
- Non-Profit Organization of the Year
- Teacher of the year
- Parent Association of the Year
- Event of the Year
- Park and Recreation Program of the Year

A seventh award, *School of the Year*, will be given to the three grand prize winners of the 2011 Governor's Challenge Competition – a contest among K-12 schools that encourages students to be physically active 30-60 minutes a day, at least 3 days a week for 4 weeks. A special recognition will be given to eleven school districts and one County Office of Education for their support of children's fitness.

As the presenting sponsor of the Spotlight Awards, Anthem Blue Cross Foundation, is making it possible for the Council's three Schools of the Year to win fitness centers valued at \$100,000 and gold medalists in the other categories to receive \$10,000 in cash prizes to further promote physical activity for children in their community. "I am thrilled that Anthem Blue Cross Foundation has once again stepped up to sponsor the Council's Spotlight Awards," said Tom Torlakson, State Superintendent of Public Instruction. "There is nothing more important than honoring the individuals who dedicate their lives to improving California children's health and fitness."

Nominations for the 2011 Spotlight Awards presented

by Anthem Blue Cross Foundation will be open through June 30th. The award winners will be announced in September.

"As a founding sponsor of the Governor's Council on Physical Fitness and Sports, our Anthem Blue Cross Foundation is proud to continue as the Title Sponsor of the Spotlight Awards. This annual statewide competition does an outstanding job of encouraging ongoing healthy activity among millions of California children," said Pam Kehaly, President, Anthem Blue Cross. "We are so proud that overall, during our work with the Council, our Foundation has provided more than \$2.3 million in grant funding since 2005 to support efforts to instill lifelong healthy habits and active lifestyles." Research shows that regular physical activity during childhood and adolescence helps build healthier bones and muscles, increases self-esteem, and reduces the risk of obesity and type 2 diabetes.

About the Governor's Council on Physical Fitness and Sports

The California Governor's Council on Physical Fitness and Sports is a non-profit, non-partisan organization dedicated to promoting physical activity for all Californians with an emphasis on children and youth. Council members include Chairman Jake Steinfeld, Vice Chairman Peter Vidmar, and California sports legends such as Tony Hawk, Laila Ali, Misty May-Treanor, and Jerry Rice. Governor's Council Key Initiatives include the Governor's Challenge, the Governor's Council Spotlight Awards Presented by Anthem Blue Cross Foundation, the Governor's Council Activity Guide, the Live Like a Champion Tour powered by Anthem Blue Cross and Exercise is Medicine. Founding sponsors are the Anthem Blue Cross Foundation, and Kaiser Permanente.

For more information visit www.CalGovCouncil.org. About the Anthem Blue Cross Foundation Through charitable grant making, the Anthem Blue Cross Foundation LLC, an independent

licensee of the Blue Cross Association promotes Anthem Blue Cross's inherent commitment to enhance the health and well-being of individuals and families in communities that the company serves. The Foundation focuses its funding on strategic initiatives that address and provide innovative solutions to health care challenges, as well as promoting the Healthy Generations Program, a multi-generational initiative that targets specific disease states and medical conditions. These include: prenatal care in the first trimester, low birth weight babies, cardiac morbidity rates, long term activities that decrease obesity and increase physical activity, diabetes prevalence in adult populations, adult pneumococcal and influenza vaccinations and smoking cessation. The Foundation also coordinates the company's annual associate giving campaign and its parent foundation provides a 50 percent match of associates' campaign pledges. *ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross names and symbol are registered marks of the Blue Cross Association. To learn more about the Anthem Blue Cross Foundation please visit www.wellpointfoundation.org.

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LA COUNTY BOARD OF SUPERVISORS APPROVE ANTI-PUPPY MILL ORDINANCE

LOS ANGELES COUNTY

The Los Angeles County Board of Supervisors unanimously approved an ordinance spearheaded by Mayor Michael D. Antonovich to reduce animal cruelty associated with puppy mills.

"This ordinance will close puppy mills, which have historically abused animals by placing them in overcrowded and unsanitary conditions without adequate veterinary care, food and water," said Antonovich.

Under the ordinance, which applies to the County's unincorporated areas, breeders will be required to:

- wait until dogs are at least 12 months old before breeding them
- keep puppies on premises until they are at least eight weeks old
- separate pregnant females at least three days before they give birth
- and provide nesting boxes for the moms and their pups

Also, all new pups will have to be micro-chipped at four months and pet stores will have to disclose the source of their animals.

The ordinance will be mailed out to all of the County's 88 cities urging them to adopt a similar ordinance. To read the full text of the ordinance please visit <http://animalcare.lacounty.gov>.

Students With Epilepsy Win First Committee Test

Huff Legislation Gives Children With Epilepsy Access to Emergency Medication

SACRAMENTO: Legislation authored by Senator Bob Huff (R-Diamond Bar) passed its first policy test in the Senate Education Committee and will move forward in the legislative process. SB 161 would authorize all California school districts to allow school employee volunteers to administer emergency medical assistance to students with epilepsy when they experience seizures while on campus. The Huff legislation will help protect nearly 94,000 California children who have been diagnosed with epilepsy. The measure has the full support of the Epilepsy Foundation of California.

"I'd like to thank members of the Senate Education Committee for their support and hope for similar results as the bill moves forward," said Senator Huff following the hearing. "My legislation allows school employees, who volunteer and are trained, to administer life-saving medication when a child suffers an epileptic seizure. I'm pleased that the Senate Education Committee is putting the health and safety needs of our children first."

Children with epilepsy are prone to prolonged seizures and need immediate access to live-saving emergency medication. Diastat Acudial is a pre-dosed preparation of diazepam gel and is the standard, out-of-hospital treatment for prolonged seizures.

Schoolteachers and staff were once allowed to administer this safe and effective emergency treatment when a student suffered a seizure in the classroom. However,

that practice changed two years ago when a nursing education consultant to the Board of Registered Nursing (BRN) arbitrarily decided that school nurses were not authorized to train or supervise anyone to administer Diastat.

The decision had a profound impact. In response, nurses refused to train school personnel to administer Diastat and schools would no longer allow staff to administer the drug, even if staff had already received medical training.

"Parents of children who suffer from epilepsy were told that they must be available to come to school immediately to administer Diastat," said Senator Huff. "This placed thousands of children in extreme danger since Diastat treatment must be administered immediately after a seizure has begun. There really is no other option to help a child during a seizure. Children begin experiencing brain damage within a matter of minutes without treatment and any further delay can lead to death."

SB 161 has the support of the California Association of School Business Officials, Health Officers Association of California, Special Education Local Plan Area Administrators and numerous county boards of education.

Senator Bob Huff serves as the Senate Republican Caucus Chair. He represents portions of Los Angeles, Orange and San Bernardino counties. You can follow Senator Huff on Twitter @bobhuff99.

allyncol@aol.com

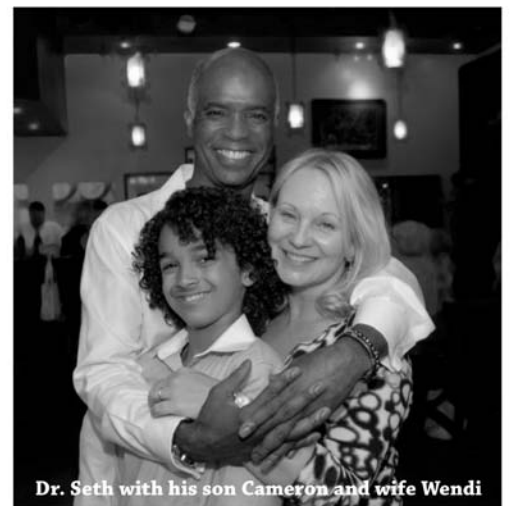
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BLAIR HIGH SCHOOL AND CHINESE MIDDLE SCHOOL EXCHANGE

On March 10th, Blair High School and No. 161 Middle School of Beijing, China held their 11th year of cultural and educational exchanges between the schools. Fifty-four students and their director, Mr. Liu and a few teachers, spent an afternoon at Blair visiting various classrooms and exchanging information with each other to foster continued camaraderie between our students, and this year, the visiting 10th grade students of school 161. Each year the Chinese students venture to the United States and visit some of our key cities – New York, Los Angeles, Las Vegas, and finally Pasadena, where they spend some time with the students of Pasadena Polytechnic School and at Blair. The exchange is fostered by the members of the Pasadena Sister Cities Committee with major logistical planning and arrangements made by Cathy Wei, who also teaches Chinese at Pasadena City College. Various grade levels are chosen for the annual trip.

This year, at the conclusion of the visit at Blair, School 161 presented a check to Blair in the amount of \$1,000 to be used over time to help pay for future cultural promotional activities. Additionally, this year, the Pasadena Sister Cities Committee has paid for a scholarship to send one gregarious Blair student, Cairo Briceno, a junior, to join a group of Poly students who will be going to China for a visit March 17-26. Cairo was chosen from applicants at his school for the honor and privilege of representing Blair in this exchange of cultures. All of the students have been busy over the last several months studying



Pictured from left to right: Hongyan yu, Judy Boehr, Yani Tang, Cathy Wei, Dianne Moore, Dawei Ding, Alan Lamson, Xinhua Jiang, Valencia Jones, Trudell Skinner, Elizabeth Pomeroy, Daqing Wang, Josephine Chong, Christina Deng, Bob Aronoss

some basic Chinese language skills, and about the culture and history of China.

On March 4th Jiang Xinhua, the Vice Chairwoman of the Xicheng District Committee of the Chinese People's Political Conference (similar to our Deputy Mayor who supervises the Education field). Board along with the Assistant Director, Daqing Wang, the principal of school 161, Dawei Ding and the director of Curriculum and Instruction at Beijing Middle School #4, Hongyan Yu and a teacher at the Xicheng Foreign Language School, Yani Tang came to Blair to celebrate our long-standing relationship

which was initiated through computer conferencing between the schools started by retired Blair teacher, Rich Miyagawa. The delegation was warmly received by Blair staff and over a breakfast of fresh sweet and savory Chinese baked goods and tea there was reminiscing about past trips, sharing about each of the school's education and culture. There was an exchange of gifts and photos to be treasured by all.

In order to further promote and enlarge the exchange program, Mr. Ding, principal of #161 school, announced at this meeting that they would like to cover the land expenses

of room, board and travel for 1 teacher and 3 students from Blair to visit their school for the years 2011, 2012 and 2103. Morning Bridge, the travel agency who has made the arrangements for School 161 for all of their trips has additionally offered to cover the air expenses for one teacher and one student from Blair as well. Ms. Christina Deng, the General Manager of Morning Bridge, made this generous offer in honor of her father, Mr. Deng Hao, who was a former director of school 161. In addition, Mrs. Trudell Skinner, principal of Blair, was invited by Principal Ding to be their guest at School #161 in celebration of their 100th anniversary.

Catholic Schools Week at La Salle

La Salle High School participated in National Catholic Schools week by organizing various and massive community donation drives.

Following the School's theme "Get in the Game" students were asked to bring in Teddy Bears and other new or gently used stuffed toys on Monday to donate to the Department of Pediatrics at Huntington Hospital. Tuesday was Book Donation Day and students dressed as their favorite author or literary character while donating books to Madison Elementary School in Pasadena.

Wednesday was Teen Issues Day and students were informed, motivated and entertained by various speakers who talked about important issues and challenges faced by young people every day. Thursday was Hat Day where students donated new hats, caps and beanies to City of Hope, while wearing all sorts of colorful and creative chapeaus. Friday was Blanket Day and students donated blankets to the Door of Hope, a transition home in Pasadena.



Last Sunday, we turned our clocks one hour forwards. Many of you, like myself, were probably wondering "Why?" or "What is the purpose?". It is a pain to change our daily rituals and sleeping patterns an hour, because most of us are still functioning at the previous time, arriving to appointments and get-togethers one hour off of schedule. Well, I did a little research on the topic and my results were quite interesting.

Daylight Saving Time (DST) was not proposed until the late nineteenth century, when New Zealand entomologist George Vernon Hudson approached the concept of advancing the clock two hours to lengthen the amount of sunlight available for his studies. But it was not until William Willet, an English builder, conceived the concept of why the clock should be moved forwards in 1905. He believed that people were wasting precious sunlight during the summer by sleeping in, and on February 12, 1908, he and Robert Pearce convinced England to pass the first Daylight Saving Bill. Today, England, America, most of Canada and Russia still practice DST, whereas most of Asia and South America no longer practice the time transition due to a rise in energy consumption, public safety, and the simple hassle of people adjusting.

Luckily, when we change our clocks in the fall, we will gain an hour's rest. If only we could always gain an extra hour instead of lose one, at least we would be getting the better part of the bargain. Then we won't have anxious students rushing into class a half hour late because they forgot to change their clock (true story). All in all, DST is a fairly new concept in history, and it will be interesting to see how long it will last.

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Top back row; from left, Sophia Ratkovich '11, John Auer '11, Henry Smither '11 Connor Jenkins '12, Hayden Picker '12, Kelly Ikeda '12, Kyle Brumm '12, Pamela Nankani '11. Middle row; Cynthia Louie '12, Christian Regalado '12, Kathryn Haderlein '12, Leanne Bishara '11, Liz Sepetjian '11. Front row; Luke Piscitello '11 and Chloe Cross '11
Photo courtesy John Blackstock

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School Games is a partnership between Special Olympics and Adapted Physical Education Teachers to offer sports training and athletic competition programs for students with intellectual disabilities and other special needs. This year's event will be the culmination of a six week athletics training program that promotes the development of life-long fitness skills that will help student-athletes lead a more productive and independent life.

DATE & LOCATION	SCHEDULE
DATE: Friday, March 25th, 2011	7:00 am..... Volunteer Check-In
LOCATION: San Marino High School 2701 Huntington Drive, San Marino, CA 91108	9:00 am..... School Check-In
	9:45 am Welcome
	10:00 am..... Competition
	1:00 pm..... Closing

FOR MORE INFORMATION CONTACT:
Teresa Borunda | Regional Sports Manager
tborunda@sosc.org | 310-400-3114

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca.
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsliions.org

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The Gooden School
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(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

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website: www.highpointacademy.org

LaSalle High School
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(626) 351-8951
website: www.lasallehs.org

Monrovia High School
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(626) 471-2000,
Email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School
2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

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St. Rita Catholic School
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(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School
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(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

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www.waldenschool.net

Weizmann Day School
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(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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PUSD REOPENS ENROLLMENT PERIOD FOR 2011 – 2012 SIGNATURE PROGRAMS

Applications Accepted February 28-March 4 for Limited Spots in College & Career Pathways and Spanish/Mandarin Chinese Dual Language Immersion Programs

The Pasadena Unified School District (PUSD) announced that it will accept student applications for its Signature Programs that offer themed or specialized instruction for elementary and high school students during a second priority open enrollment application period from February 28-March 4, 2011.

A limited number of spots remain available for students who wish to attend one of the District's Signature Programs but do not reside in the attendance area for that school. The two Signature Programs are:

- College & Career Pathways at PUSD high schools that offer a college preparatory curriculum with specialized course study in the following areas:
 - o Health Careers
 - o Creative Arts, Media & Design
 - o Information & Technology
 - o Engineering and Environmental Science
 - o Business and Entrepreneurship
 - o Arts, Entertainment and Media
- Dual Language Immersion, starting in Kindergarten, where students learn core academic subjects in English and another language:
 - o Spanish at San Rafael Elementary
 - o Mandarin Chinese at Field Elementary

The 2011-2012 Open Enrollment second priority application period for PUSD Signature Programs begins Monday, February 28 and will end Friday, March 4, 2011 at 5 p.m. Applications are accepted online at www.openenrollment.info.

Families who need internet access or help completing the online application can visit PUSD's District's Welcome Center, located in Room 121, 351 South Hudson, Pasadena. Computers and assistance are available Monday-Friday from 8:30 a.m. to 4:30 p.m. To contact the Welcome Center-Office of Permits, call 626-396-3600, extension 88340.

Students must reside within the areas served by PUSD: Altadena, Pasadena and Sierra Madre. Students applying for Pathways must be current 8th graders or current 9th graders who do not reside in the attendance area of the Pathway they are choosing. Students applying for Dual Language Immersion Programs must enter Kindergarten in Fall 2011 and be 5 years old on or before December 2, 2011. Students accepted into a signature program are granted a permit which will not be renewed if the student declines to remain in the program.

Nikki C's The Pride of Rosemead Blvd.

A few years ago I met Joe Caiello Jr. at the Race Track, he is the owner of one of the most popular restaurants in the region, Nikki C's. The restaurant is lovingly named after Joe's beautiful daughter. The menu at Nikki C's is a blend of Italian classics with a dash of American flair. Though the dining area is modest, the restaurant has managed to entertain broad appeal with its loyal patrons. On the walls you will find a collection of photos dedicated to the thoroughbreds that gallop a few blocks away. The vision of those hard charging animals is contrasted with the warm and inviting candlelight that floods the restaurant. The bar area parades several TV's for the sports enthusiast. If you listen closely, you will soon discover that many of the patrons of Nikki C's have come to understand that the restaurant pledges a friendly fraternity. Several of the frequent customers choose a place at the bar and forgo a traditional table. They gathered once again at a familiar stretch of wood, and they know that they will soon be regaled in the intriguing and enriching stories that keep them coming back.

Of course, it does help that there are two very attractive bartenders in Somayah and Paulette. The appetizers are legendary here and you will soon discover that scores of customers come for the tantalizing flavors of the top left of the menu. In the past, I have sampled nirvana in the short rib tacos (\$16 dinner). I know what you might be thinking,

TABLE FOR TWO by Peter Dills

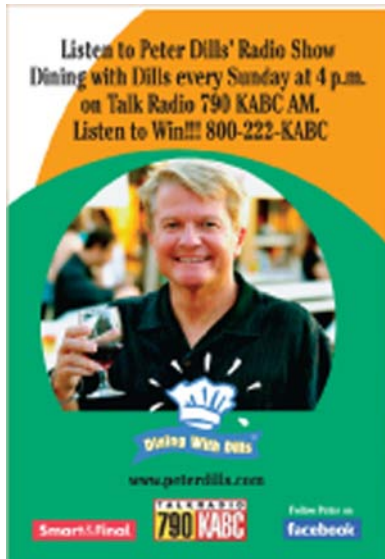
I wrote about (.99) tacos at El Torito, those are okay; these are fantastic. I can make a further recommendation, the shrimp cocktail martini (\$10). It may seem like a safe and unadventurous choice, but it is a winner!

This past Sunday after a day at the races, a group of us, including the legendary Arcadia Real Estate agent Phil Daniels, headed to Nikki C's. The restaurant was predictably crowded. On a night such as this is best to have a drink, sit back and enjoy some conversation before dinner. If you are in a hurry, it is wise to make a reservation; otherwise you should arrive anticipating a wait. The food is part of the entertainment here, and my guess is that since the Caiello's are Italian, they know a few things about entertainment. I wanted steak, but one of the "Dills' Ten Commandments" is to exclusively order steak at steakhouses. Fallen creatures, as they say, so, I violated my own commandment. I ordered a Bone in Rib Eye (\$34 weekends). I asked the server if there was such a thing on the menu. "Yes, there is" and because I suggested it, Joe has added two other bone-in steaks to the menu. My steak was cooked to perfection, I consider that an act of pardon from the chef for a losing day at the track. The prices are affordable here and I was rewarded in breaking my own set rule. The steak was as enjoyable as many of the pricey restaurants that I frequent in Pasadena. On a budget? Check out their \$7 lunch menu. It too is a winner. Coming to Monrovia, Nikki C's sister restaurant, Sena on Myrtle. It promises to be a winning exacta!!

If you are looking for a place where the people, food and atmosphere are irresistibly blended than you will enjoy Nikki C's

Nikki C's 470 S. Rosemead Pasadena (626) 792-7437. Parking in rear. As always, check out the website for hours and updates. Watch Dining with Dills every Sunday Night at 7 PM on Charter 101.

Email me your thoughts at thechefknows@yahoo.com.



Cooking Camp comes to La Canada High School this Summer!



Roll up your sleeves, feel the dough between your fingers and get ready to slice and dice at Cooking Camp, La Cañada's newest savory summer cooking program for kids and teens 7 to 16 at La Canada High Schools culinary kitchen!

Starting June 20th, the Cooking Academy invites your child to take an exciting culinary journey during one or more of our nine, one-week summer **Cooking Camp** sessions in La Cañada. Each taught by our experienced Le Cordon Bleu trained chefs, who love working with kids and young teens.

From Blueberry Muffins to Cheese Raviolis, Quiche to Double Chocolate Fudge, our hands-on workshops focus on cooking from scratch using fresh, seasonal ingredients and time tested culinary techniques.

Our goal is to provide a safe, fun and

educational environment where campers can learn to read recipes, cook and bake, work safely in a kitchen, and explore creative food ideas in meal preparation while encouraging a lifelong appreciation for healthy eating.

So whether your child is interested in becoming a head chef or simply a maker of a mean pesto sauce, **Cooking Camp** is a wonderful opportunity to expose your child to new foods that encourage them to expand their culinary palates and can serve as an ideal entree to culinary pursuits! Just ask the parents that came last year!!

Don't wait, classes this summer will fill quickly as it is our first year in La Canada!

Enroll online at <http://www.summerartacademy.com> and create a freshly baked family memory today! Or call us at 866-507-COOK for more information!





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*proceeds to fund Paul Magaris mini-grant programs and other charitable activities

Music News

By Sierra Madre Sue Behrens

I hope I didn't miss anything! Keep those cards and letters coming....

SUN. 3/20 - BARRY "BIG B" BRENNER @ FIREFLY BISTRO IN SOUTH PASADENA, 11am - 2pm. 1009 El Centro. 626-441-2443. Sunday BLUES Brunch! <http://www.bigbbrenner.com/>

SUN. 3/20 - ANNUAL WISTARIA FESTIVAL IN DOWNTOWN SIERRA MADRE, 9am - 5pm. Arts & crafts fair, food booths, tons of live music and purple blossoms! ALUMINUM MARSHMALLOW, HORSES ON ASTROTURE, ? AND THE WISTARIANS, LEN MENDOZA, DAVE SHELTON and many more. I drove by the world-famous vine today and I think it's going to be a great bloom this year.

SUN. 3/20 - "OPERA TO BROADWAY" VOCAL PERFORMANCES @ CAFE 322 IN SIERRA MADRE, 7-10pm. 322 W. Sierra Madre Blvd. 626-836-5414. Full bar and great Italian food. Every Sunday evening. Get there early - they pack 'em in!

TUES. 3/22 - "JC & Friends Songwriter Serenade" @ MATT DENNY'S ALEHOUSE & RESTAURANT IN ARCADIA, 7 - 9:30pm. 145 E. Huntington Dr., between 1st & 2nd Aves. 626-462-0250. Full bar & kitchen, all ages. A weekly acoustic show of songwriters playing original songs, either as a solo or duo act, outside on the covered, heated patio. This week's artists: Brooke Williams, Jeffrey Michaels, and Sweet Potatoes. <http://www.jchyke.com/>

WED. 3/23 - LISA FINNIE & JOHN PALMER re-duet @ RED CARPET WINE & SPIRITS IN GLENDALE, 7 - 8pm. 400 E. Glenoaks Blvd. Indoor musical delights and three-option tastings via the in-house Enomatics in the Red Carpet Wine Bar. Outdoor temptations available just outside courtesy of Vizzi Food Truck. www.redcarpetwine.com

FRI. 3/25 - THE MELLOW D'z (Dave Osti & Deanna Cogan) @ Cafe 322 in Sierra Madre, 5:30 - 7:30pm. 322 W. Sierra Madre Blvd. 626-836-5414. Great happy hour discounts on food and drinks from 4:30-6:30. Acoustic Rock faves.

FRI. 3/25 - SWING DANCE PARTY with FLAT TOP TOM & HIS JUMPCATS @ CAFE 322, 8 - 11pm. 322 W. Sierra Madre Blvd. 626-836-5414. Full bar, great Italian food, dance floor.

SUN. 3/27 - "OPERA TO BROADWAY" VOCAL PERFORMANCES @ CAFE 322 IN SIERRA MADRE, 7-10pm. 322 W. Sierra Madre Blvd. 626-836-5414. Full bar and great Italian food. Every Sunday evening. Get there early - they pack 'em in!

WED. 3/30 - LISA FINNIE & JOHN PALMER re-duet @ RED CARPET WINE & SPIRITS IN GLENDALE, 7 - 8pm. 400 E. Glenoaks Blvd. Indoor musical delights and three-option tastings via the in-house Enomatics in the Red Carpet Wine Bar. Outdoor temptations available just outside courtesy of Vizzi Food Truck. www.redcarpetwine.com

WED. 3/30 - The Mellow D'z @ Oceanview Bistro in Montrose from 7:30-10:00 PM. 3826 Ocean View Blvd. 818-248-2722. Great food and drinks to go with cool acoustic jams. www.ovbistro.com


*****NOW ACCEPTING ENTRIES FOR THE 2011 DOO DAH PARADE! Parade Day is Saturday, April 30th, 11:00am in East Pasadena. Be part of one of the most colorful and unique experiences around! Go to: pasadenadoodahparade.info -- and under "Entry Form" sign up now! Queen tryouts will be held on Sat. 4/2 @ the American Legion.

ADAMS' PACK STATION at Chantry Flat, Angeles National Forest is now booking music for the Spring/Summer season. Email Deb Burgess for info. dburgess@burcon-group.com (From the 210 Fwy in Arcadia/Sierra Madre, Take Santa Anita Avenue North until it dead-ends at the parking lot.) Stay tuned to the Music News for artists, dates and times. JC Hyke, Jeannie Willets, 2 Frets Lower, Tom Renaud, Lisa Turner & Friends, Tim Tedrow and many more!

Please remember to call and verify all info. before making plans. Everything is subject to change. *This is show biz, after all...* Hope to see you out & about, SierraMadreSue sierramadresue@yahoo.com

OUR TOWN

by Thornton Wilder



March 11 - April 16

Directed by Sabina Plasznik

Our Town explores the lives of people living in Grover's Corners, New Hampshire, a small quintessentially American town in 1901. It is a timeless story of life that is still being played out. Our Town was first produced in 1938 and received the Pulitzer Prize for Drama.

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Sean Kayden

SEAN'S SHAMELESS REVIEWS: MUSIC THIS WEEK

I've had the emphatic gratification of discovering one of the truly amazing albums from last year. *Sun Airway* is composed of the fierce duo of Philadelphia natives Jon Barthmus and Patrick Marsceill. Their tour-de-force, imaginatively titled debut record, *Nocturne of Exploded Crystal Chandelier* is a genuine work of art. While the album's appellation may seem pretentious, that isn't true for the actual tunes on the record. "Nocturne of Exploded Crystal Chandelier" is an impeccably crafted, dreamy indie-pop laced, neo-psychedelic opus of grand magnitude. It's an amalgamation of silky-smooth electronics, shoegazer sounds, melodic tones, haunting ambience and atmospheric essence. "Sun Airway's" tightly composed introduction album encompasses a sonorous experience for fans of this musical persuasion. At the same token, music listening thrill seekers are in for an unexpected treat in the most epic proportions.

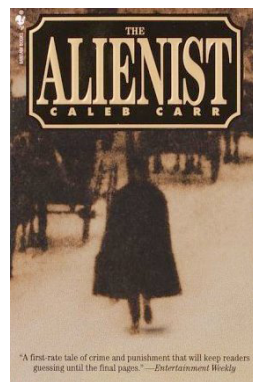
To paint a better portrait, *Sun Airway's* sound is a hybrid of experimental electronic specialists *Animal Collective* and the delightfully delicate vocals of *Coldplay's* Chris Martin. Does it really get any better than that? Lyrically speaking, Barthmus and Marsceill supply blissful, happy-induced, uncomplicated words. Barthmus subtly executes the line "I'm just looking for the perfect sentence to keep us alive" in "Swallowed By The Night". At face value, the lyrics are simple, but it's beneath the surface where the true meaning lies. We've all at some point in time felt this way and despite the lucid lyrics, the real beauty is the way Barthmus sings. He isn't showy or grandiloquent in presentation. There is a gentle cadence to his delivery. You can't help but to believe in what Barthmus is representing and also the way he feels. There is an astonishing element to this rhapsody. It's difficult to put into words, but it's a record that can be deemed as the soundtrack to one's own individual life. Something truly unique is likely to be unraveled for the open-minded patron. Listeners will easily become lost in the pensive mood the album effortlessly demonstrates. Isn't that what music is all about? Something so rare and enchanting that you feel attached to it as if grants you the answers to your own past without ever knowing what your own history entailed. The lyrics will navigate you through your own plight while the soaring melodies will guide you to your own personal utopia.

"Nocturne of Exploded Crystal Chandelier" is a rapturous, indisputably pleasurable, indie pop-rock composition. Nothing about the record rings false or overly exaggerated. It's pitch-perfect from beginning to end. Downright contagious, utterly vigorous, and even mystical, there's no denying the replay value that can be found here. Not much can be said for most artists these days, but the potential for *Sun Airway* is immeasurable. It's the quintessential time to discover the exquisiteness of "NOECC". It'll surely keep you warm in these spring nights and cool you off in the midst of the forthcoming summer. Words of advice, it'll be best to put on those shades *Sun Airway*, because the future is looking awfully bright for you guys. Key Tracks: "American West", "Shared Piano", "Your Moon" Grade: 10 out of 10.

Jeff's Pics The Book Report

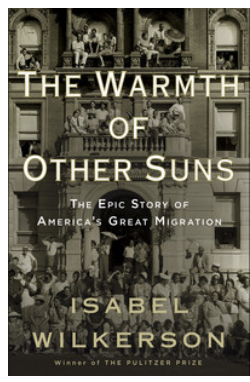
The Alienist by Caleb Carr

The year is 1896, the place, New York City. On a cold March night New York Times reporter John Schuyler Moore is summoned to the East River by his friend and former Harvard classmate Dr. Laszlo Kreizler, a psychologist, or "alienist." On the unfinished Williamsburg Bridge, they view the dead body of an adolescent boy, and a prostitute from one of Manhattan's infamous brothels. The newly appointed police commissioner, Theodore Roosevelt, in a highly unorthodox move, enlists the two men in the murder investigation, counting on the reserved Kreizler's intellect and Moore's knowledge of New York's vast criminal underworld. They are joined by Sara Howard, a brave and determined woman who works as a secretary in the police department. Fast-paced and gripping, infused with a historian's exactitude, *The Alienist* conjures up the Gilded Age and its untarnished underside: verminous tenements and opulent mansions, corrupt cops and flamboyant gangsters, shining opera houses and seamy gin mills. A great read!



The Warmth of Other Suns: The Epic Story of America's Great Migration by Isabel Wilkerson

In this epic, beautifully written masterwork, Pulitzer Prize winning author Isabel Wilkerson chronicles one of the great untold stories of American history: the decades long migration of black citizens who fled the South for northern and western cities, in search of a better life. From 1915 to 1970, this exodus of almost six million people changed the face of America. Wilkerson compares this epic migration to the migrations of other peoples in history. She interviewed more than a 1000 people, and gained access to new data and official records. With stunning historical detail, Wilkerson tells this story through the lives of three unique individuals. Wilkerson brilliantly captures their first treacherous and exhausting cross-country trips by car and train and their new lives in colonies that grew into ghettos, as well as how they changed these cities with southern food, faith, and culture and improved them with discipline, drive, and hard work. Isabel Wilkerson won the Pulitzer Prize for Feature Writing for her reporting as Chicago bureau chief of The New York Times. The award made her the first black woman in the history of American journalism to win a Pulitzer Prize and the first African American to win for individual reporting.



GREASE 2011



Thursday, March 24th at 7:00 pm
Friday, March 25th at 7:00 pm
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To order your tickets please call (626) 396-5880 Ext. 84202

HOWARD Hays As I See It



I'd like to mention a few stories from last week's Mountain Views News, in case you missed them.

Page 1: Japanese Cultural Night is scheduled for Friday, March 25, at Memorial Park.

There'll be a Sumo demonstration, Samurai costumes, Taiko drumming and "lots of Japanese food and festivities". Mayor Mosca will introduce the L.A. Consul General of Japan, along with execs from the Tokyo horseracing scene.

The first member of my wife's family I met, over 25 years ago when he was here on business, was my brother-in-law Akira. I told him I'd always been intrigued by that Japanese deference towards one another. He explained, "You've got half the population of the United States, in an area the size of California, of which two-thirds is mountainous and uninhabitable. So, over the centuries, people have had to learn to get along with one another." Page 2: Southland author Naomi Hirahara, whose parents were raised in Hiroshima, will appear March 17 at the Sierra Madre library. Acclaimed writer of mysteries with Japanese themes, she's also written on Japanese farming and gardening in California.

Getting to know my wife-to-be, I told how I'd moved from up north to the big city of Los Angeles. She replied, "You don't know what a 'big city' is; you've never been to Tokyo." She took me there, and she was right; like half-a-dozen Manhattans side-by-side, but new, with ten times the neon. If you're ever in Ginza, check out the exhibition floors in the Sony building; you'll see what'll be showing up at Best Buy five years from now. Going the other direction on the timeline, being accustomed to century-old buildings regarded as artifacts, there's a different perspective when walking through a wooden temple in Kyoto whose floors were already well-trod at the time Jamestown was founded. Later in a taxi, I look at the tourist map and tell the driver, "This looks interesting - the Imperial Palace". The cabbie hates to disappoint but explains it's not the real thing; that the original was destroyed in a fire and what's there now is a reproduction dating back only to 1740.

Page 4: A program celebrating the Japanese Goodwill Garden at Sierra Madre School will take place there on March 19. The Garden, dating from 1931, fell into disrepair during the War, but was lovingly restored under the guidance of Lew Watanabe - an artist whose work is part of our community.

After JFK's assassination, regular TV programming was not resumed until after the funeral. It took awhile to return to the regular broadcast schedule after 9/11. As part of our cable package, we subscribe to NHK - the Japanese public TV network. We've had it on straight for a few days now.

Ever wonder why bamboo is such an integral part of Japanese landscapes? Since ancient times, they realized its inter-weaving root system held the soil together, helping protect from earthquake damage. The Japanese have always lived with earthquakes,

and have been the best prepared for them.

When my wife called me from another room that Thursday night, though, as NHK interrupted regular programming, it wasn't to see damage caused by rough shaking. We watched aerial shots of waves of brown muck engulfing roads, fields and neighborhoods; carrying along whatever houses, cars, trains or boats lie in their path; leaving ocean freighters aground on freeways, buses atop buildings, communities flattened.

My wife got on the phone with sisters outside Tokyo to make sure they and their families were okay. We were able to reach them from Sierra Madre, but they were unable to reach a sister's in-laws in Sendai, or to reach anyone who knew how to reach them. (My wife just tells me the latest NHK report is of a thousand bodies washing ashore in Miyagi Prefecture.)

Page 5: The Pacific Asia Museum in Pasadena is set to open "Meiji: Japan Rediscovered", at the end of the month. Featured are arrays of artwork and intricate craftsmanship, primarily for export, from the late-nineteenth, early-twentieth century period when Europe and America embarked on their discovery of the wonders of Japan.

Cell phones and other communications down. Trains stopped. Family members unable to contact one another as workers stay overnight in their office buildings or walk home. Government buildings, as well as Tokyo Disneyland, open their doors for those needing a place to stay.

Statistics become numbing. Ten thousand dead. Thousands more unaccounted for. Millions without power, fuel, food and drinking water - let alone a job to go to in the morning. One statistic that caught my eye dealt with the town of Minami-Sanrikicho, which had a population about the same as Sierra Madre's. Two-thirds of that population was swept away.

The Japanese coastline was moved twelve feet. The earth shifted on its axis. This was not an event of a generation, but rather one of a millennium.

Page 13: Another "As I See It" column, and (maybe) readers wonder, "How does he get his inspiration, anyway?" Often, I'll turn to a news webpage and click on a story just to get riled by the playground name-calling exchanges between adversarial left/right comment-posters. Today, though, although postings were from those same partisan contributors, they were of one voice: one of prayer, compassion, sympathy, encouragement and solidarity with Japan.

Our sensei at the Pasadena Buddhist Temple compared enlightenment to the sun: It's always there; and although you may not see or sense it in the dark of night or behind the clouds on a stormy day, it's still there, nonetheless.

I wondered about the sun symbolized on the Japanese flag being red, rather than yellow. Red is the color of the sun when seen through the ashen plume of a volcanic eruption or the billows of smoke from a forest fire. But it's still there, and when the smoke clears it returns - undimmed.

FOREIGN POLICY TRANSFORMATIONS

GREG Welborn



Candidate Obama promised a radical transformation of the United States, and as President he has steadfastly embarked on a program to bring life to that promise. While he has been checked somewhat on the domestic front, he has been far more successful - if that's the word we actually want to use - in foreign affairs. The radical transformation of our foreign policy is now complete, and the results are disastrous not only for millions of people who look to the United States for leadership, but also for those of us at home.

The blue print for President Obama's foreign policy make over was described in detail in the July 2008 document he commissioned, entitled "Strategic Leadership: Framework for a 21st Century National Security Strategy". Its authors consisted entirely of people from the left who truly believe we should live in a "post-American world" in which the concept of internationalism dictates that the U.S. can only pursue its interests in concert with other powers, but that it may never pursue them alone.

The key summarizing phrase in this document states that "such leadership recognizes that in a world in which power is diffused, our interests are best protected and advanced when others step up and at times lead alongside or even ahead of us". The White House even trotted out its representative, Ben Rhodes, last week who told reporters that "this is the Obama conception of the U.S. role in the world - to work through multilateral organizations and bilateral relationships to make sure that the steps we are taking are amplified."

Here's the translation of all that into plain English. We're going to wait until the members of NATO, or the members of the U.N. Security Council, or the member of the EU, or the members of some other organization tell us it's O.K. to do something before we do it. And the result?

The President of the United States told the world publicly that Moammar Gadhafi had to go, and then he didn't lift a finger to make it happen. Gadhafi, rightly sensing weakness in the leader of the free world (who by the way doesn't even accept the fact that he is the leader - see the quote above) ordered full assault on rebel forces, has likely by now recaptured much of the rebel capital, promises gruesome retribution against his own people that want nothing more than to be free, and will likely make good on that promise as we stand by and watch.

This was the singular foreign policy test case of this administration. Here was a foreign event which could in no way be attributed to his predecessor. Under his watch, the people of Egypt rose up, and we dithered. The

people of Libya rose up, and we retreated behind pleas to the U.N. to pass some resolution or the other to at least show we care. To add insult to injury, hoping to export this warped view of foreign policy to other allies, we instructed the Saudis not to intervene in Bahrain, only to see them ignore the directive and do precisely the opposite. Not only do our enemies mock us, but now our erstwhile allies ignore us.

The abdication of moral leadership is now complete. No serious observer can have any doubt that this president will not lead, does not know how to lead, and believes that the very act of leading in international affairs is counterproductive to our interests and to the interests of representative democracies across the globe. The cop on the beat has gone home to nurse his perceived wounds. The irony in this situation can't be missed. The Arab League actually asked the U.S. to intervene, and yet this president still sees U.S. action of any type as an act of imperialism or unjustified aggression. We won't go in on our own, and we won't go in even when asked. We've surrendered, and the war hasn't really even started yet. Radical Islamists will read the same message, and they will be emboldened. Bin Laden hit the nail on the head when he told the world that when people see a weak horse and a strong horse, they are naturally attracted to the strong horse and pull away from the weak horse. The attacks on our interests will only increase after this shameful abdication of leadership. The world will become a more dangerous and unstable place as rogues and dictators seek to expand their territories and power.

When the United States fails to act - fails to lead - it doesn't result in greater international cooperation; it results in less. Other countries, sensing that they are alone without a natural leader won't band together to pick a new leader; they will simply scramble to act more in their own self interests without regard to multilateral relationships. What good is a bilateral, trilateral or multilateral relationship if there is nobody to lead it? Obama has kept his promise; he has transformed the U.S. into a sad, pitiful, scared sheep waiting to follow someone else's lead while hoping that the wolf doesn't knock at our door.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn@earthlink.net.

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Mountain Views News Mission Statement
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART Tolchin.....On LIFE



Now I really miss Charlie Sheen. Do you remember when your TV screen was filled with non-stop images of Charlie self-destructing in front of a camera or a microphone or whatever happened to be handy? Didn't you feel superior to the whole thing? Why would anyone care about the misadventures of some spoiled, drug-abusing, grown up adolescent who didn't know how lucky he was and could not stop making a fool of himself? Of course I watched everything I could about Charlie and I felt so smug.

Now I can't stop watching the ongoing, never ending story of the Japanese earthquake, tsunami, and potential nuclear meltdown disaster. This must be the most photographed disaster in history and still we don't know anything. First question: Whatever happened to our super-civilization's ability to make reliable predictions about the future? During the past couple of decades there have been millions of words written about the predicted ecological disasters that are "anthropogenetically" caused. I learned this fancy word at a conference I attended at Cal Tech wherein ecological disasters were discussed in terms of carbon footprints, and carbon monoxide expelled into the atmosphere because of the industrial methods used to raise cows. Also emphasized, of course, was global warming resulting in glacier melting and resultant flooding. All sorts of potential horrors were mentioned with the focus being on the short-sighted behavior of industrial societies that see only short term profits rather than staying cognizant of long-term consequences. The focus was on the irresponsible behavior of Man, while the destructive potential of unaided natural forces

acting without the assistance of Man was completely ignored. Well not completely - Present at the seminar was the highly successful and famous author Michael Crichton.

This guy, all 6 feet nine of him, armed with his good looks, his millions, and his Harvard Medical Degree, argued that the whole focus was too anthropocentric (right too Man- focused) and that the present ecological measurements indicated only the cycles of Nature. He argued that more attention should be given to the observation and collection of data rather than the formulation of half-baked quasi-scientific theories not supported by hard evidence.

Even though Crichton was the only person I had heard of before the conference (you know Jurassic Park, ER creator, Andromeda Strain, Disclosure, et. al.) I felt he was out of his element. Shortly after the Conference he had the temerity to die from cancer, which meant he was hiding some very important information from us in the first place. I guess that's the real problem. None of us know who to believe. Notwithstanding all the media coverage, it really is impossible to know what's going on and part of that problem is that the "People in the know", or who should be in the know, either are lying or are withholding information. As of right now, according to Anderson Cooper on CNN, the Japanese Prime Minister is furious that the Power Company that runs the Nuclear Facility is not being truthful about the dangers, causes and probable consequences of this disaster.

What is this nonsense? Some private company, mainly interested in making a buck or a yen, is solely responsible to cope with the disaster? Yes, the World has gone mad, but in its madness I'm afraid that we are all imperiled. In the midst of our own self-protective

IS THIS THE WAY THE WORLD ENDS?

behavior we have lost the sense of our own vulnerability to natural forces. We have lost contact with the rise and fall of cultures throughout history, and we have lost contact with the universal spirituality that may be man's only salvation. No, surprise-surprise, individual Man is not alone in the center of the Universe. Even if not placed there by God, there still exists within each of us a common, but obscured, genetic memory that we can access in order to survive. We need all our resources to pay attention to what is actually going on inside and outside of us and to not be diverted by competitive economic and political bickering.

Otherwise we become a world of observers; of Hollow Men, mere witnesses to our own destruction. Well, enjoy your week and try and be aware of whether it is a bang or a whimper we are hearing. You might want to check out the famous poem, The Wasteland by T.S. Eliot wherein the images of water reflect the lack of spirituality within post-modern America.

Death by Water

By T.S. Eliot

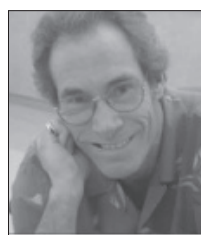
*Phlebas the Phoenician, a fortnight dead,
Forgot the City of Gulls, and the deep sea swell
And the profit and loss.*

*A current under sea
Picked his bones in whispers. As he rose and fell
He passed the stages of his age and youth
Entering the Whirlpool.*

Gentile or Jew

*O you who turn the wheel and look to windward,
Consider Phlebas, who was once handsome and tall as you.*

HAIL Hamilton My Turn THOUGHTS ABOUT THE RECESSION AND WHAT KEEPS FUELING IT



Economic recessions are caused by a decline in GDP growth, which is itself caused by a slowdown in manufacturing orders, falling housing prices and sales, and a drop-off in business investment. The result of this slowdown is falling employment, and rising unemployment, which causes a slowdown in retail sales. This creates a downward spiral in manufacturing and increased layoffs. A stock market decline can be a result of a recession, but is often a cause itself. This is called the business cycle.

One of the causes of the current recession was that the Fed was slow to raise interest rates when the economy started to boom in 2004. Low interest rates in 2004 and 2005 helped created the housing bubble. Irrational exuberance set in again as many investors took advantage of low rates to buy homes just to resell. Others bought homes they couldn't afford thanks to interest only loans.

In 2006, when higher rates finally kicked in, declining housing prices caught many homeowners who had taken loans with little money down. As they realized they would lose money by selling the house for less than their mortgage, they foreclosed. An escalating foreclosure rate panicked many banks and hedge funds, which had bought mortgage-backed securities on the secondary market, and now realized they were facing huge losses. By August 2007, banks became afraid to lend to each other because they didn't want these toxic loans as collateral. This led to the \$700 billion bailout, and bankruptcies or government nationalization of Bear Stearns, AIG, Fannie Mae, Freddie Mac, IndyMac Bank, and Washington Mutual. By December 2008, employment was declining faster than in the 2001 recession.

In 2009, the government launched the economic stimulus plan. It was designed to spend \$185 billion in 2009. And in fact, it halted a four-quarter decline in GDP by Q3 of that year, thus ending

the recession -- at least according economic definition of "recession." However, unemployment continued to rise to 10%, and many business leaders still expected a W-shaped recession in 2010-2011. That is to say, if the Fed raises interest rates, or the government raises taxes after a recovery starts, the economy could be pushed back into recession. What keeps fueling the recession are the following:

1. Stagnating oil prices (easily surpassing the \$ 100 a barrel), driven by geopolitical uncertainties, the collapse of stock markets and subsequent diversion of speculative investment market and the expected oil production cuts by the OPEC.
2. Continued escalation of prices of staple foods due to the effect of "second round" increased costs of crude oil and raw materials, along with wage increases, the prices of manufactured products, abusive margins of companies and brokers and a totally inefficient administration and lack of mechanisms to control the ceaseless speculation, with consequent rises in inflation and subsequent contraction of consumption.
3. Increasing inflation rate and unbridled growth of foreign debt and current account deficit as a result of the above two points, with a consequent drop in state revenues and loss of purchasing power of workers in a near future due to salary increases below the inflation rate or the freezing or reducing them.
4. Slow to non-existent increase of net employment due to the continuation of the housing slump and the resulting domino effect in the construction sector, linked with the proverbial drop in state revenues and the consequent contraction of investment in basic infrastructure and social services.

Until these things are rectified we can only expect more of the same.

RICH Johnson



MARY'S MARKET

If you visit Mary's Market and Canyon Café in the canyon part of Sierra Madre, don't look for Mary. She's not there. The all new Mary goes by the name Carolyn and she is terrific. I must warn you though that Carolyn is a professional belly builder. She can bake 10 pounds on you. In fact, I'm sure you can gain weight just by smelling the wafting fragrance of the bakery treats. (I think that's why so many people hike up to Mary's)

I'll probably get in trouble for missing some names, but she is ably assisted by Connie, aka Conchita, and John, aka Giovanni. Mary's has seven tables (I think) inside and a few tables outside. They also have a counter with four or so stools. In another throw back to the sixties (or considerably earlier) Mary's only takes cash, which is fine because the menu is extremely reasonable.

A trip to Mary's is like time traveling back to the sixties. The area is very rustic and there is a screen door at the entrance. I also say that because a large part of the canyon population looks like they moved south from the Haight-Ashbury district in San Francisco. You remember Haight Ashbury; where the flower children hung out in the sixties? They may all be up in the canyon.

I am going to ask the city to build a three-story parking structure for Mary's Market. She needs more accessible parking. But don't let that stop you from going. The trip is worth it. You get there by going up Mountain Trail north of Grandview to Sturtevant Drive. Turn right, drive down to where it veers left and turn left on Woodland Drive. Drive up to the parking area and park. She is open Tuesday through Saturday from 7am to 5pm. Saturday and Sunday from 8am to 3pm. Closed Mondays.

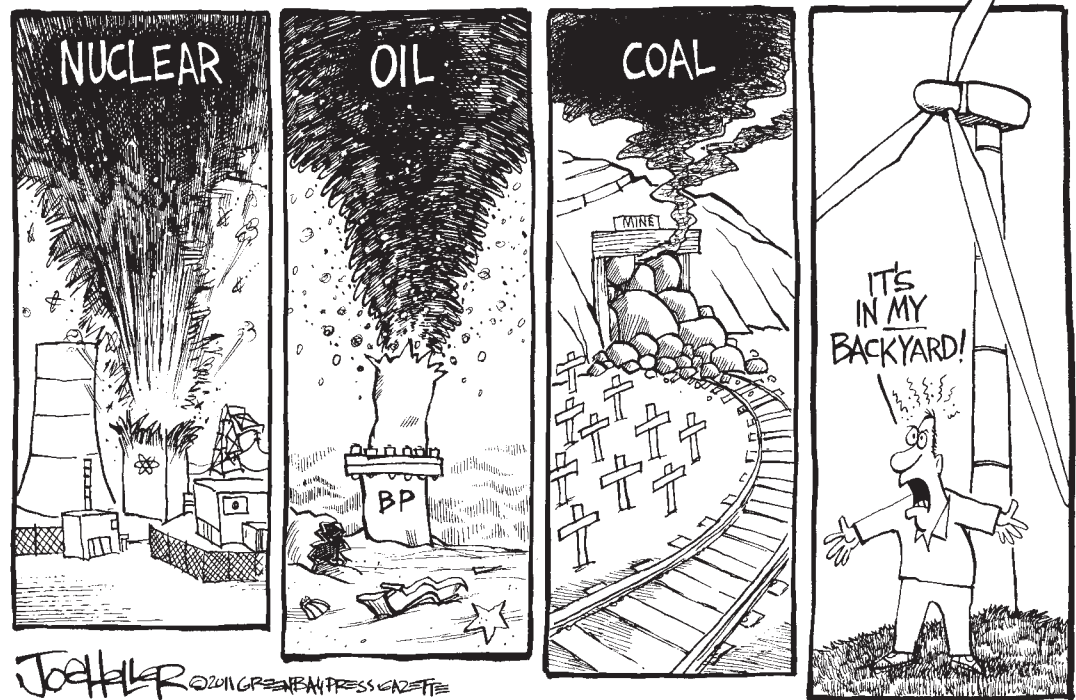
My friend showed me a few classified ads out of an English newspaper. They were as follows:

Free Puppies: ½ cocker spaniel and ½ sneaky neighbor dog.
Free Puppies: Mother is a Kennel Club registered German Shepherd. And the father is a Super Dog, able to leap tall fences in a single bound.
Cows for sale: Never bred. Also, 1 gay bull for sale.
Joining nudist colony! Must sell washer and dryer.
Wedding Dress For Sale. Worn once by mistake.
For sale: Complete 45 volume set of Encyclopaedia Britannica. No longer needed, got married and wife knows everything.

Don't forget that those pesky pirates are running around Sierra Madre. "Treasure Island" is playing for the next few weeks on Saturdays at 11:00 am at the Sierra Madre Playhouse. You must know that these fairy tale theatre plays are interactive with the children and that means these will be lifelong memories for our young kids and grand kids. Treat them to this experience. For reservations of information call (626) 355-4318. (I saw Cinderella THREE times. It was worth it to watch Prince Charming dance with every little girl in the audience!



ARGUMENTS AGAINST-



What Do YOU Think?



We'd like to hear from you! Contact us at:

editor@mtnviewsnews.com

or

www.facebook.com/mountainviewsnews

After more than a dozen laps through the inner solar system and six planetary flybys, NASA's MESSENGER spacecraft was scheduled to move into orbit around the planet Mercury on March 17. The durable spacecraft-carrying seven science instruments and fortified against the blistering environs near the Sun-will be the first ever to orbit the innermost planet.

"From the outset of this mission, our goal has been to gather the first global observations of Mercury from orbit," says MESSENGER Principal Investigator Sean Solomon, of the Carnegie Institution of Washington. "At the time of our launch more than six and a half years ago, that goal seemed but a distant dream. MESSENGER is now poised to turn that dream into reality."

To move the spacecraft from its wide-ranging orbit around the Sun to an orbit around Mercury is a complex maneuver. First, the solar arrays, telecommunications, attitude control, and autonomy systems have to be configured for the main thruster firing (known as a "burn"), and the spacecraft, operating on commands transmitted last week from Earth, is turned to the correct orientation for MESSENGER's Mercury orbit insertion maneuver.

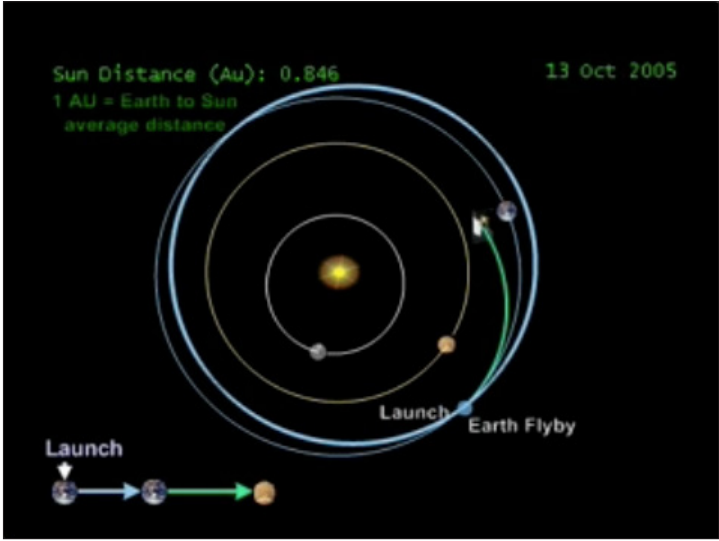
To slow the spacecraft down sufficiently to be "captured" by Mercury, MESSENGER's main thruster has to be fired for about 15 minutes. This burn slows the spacecraft by 1,929 miles per hour and consumes 31 percent of the propellant that the spacecraft carried at launch. Less than 9.5 percent of the usable propellant at the start of the mission will remain after completing the orbit insertion maneuver, but the spacecraft still will have plenty of propellant for orbit adjustments during its yearlong science campaign.

After the burn, the spacecraft is scheduled to turn toward Earth and resume normal operations. Data will be collected by Deep Space Network antennas and transferred to the Mission Operations Center at the Johns Hopkins University Applied Physics Laboratory (APL) in Laurel, Md., to be analyzed.

The maneuver - which will be completed at a time when MESSENGER is more than 96 million miles from Earth - places the probe in an orbit that brings it as close as 124 miles to Mercury's surface. The spacecraft was scheduled to begin its first full orbit around Mercury on March 18, and the probe will continue to orbit Mercury once every 12 hours for the duration of its primary mission.

"For the first two weeks of orbit, we'll be focused on ensuring that the spacecraft systems are all working well in Mercury's harsh thermal environment," says APL's Eric Finnegan, the MESSENGER Mission Systems Engineer. "Starting on March 23 the instruments will be turned on and checked out, and on April 4 the science phase of the mission will begin and the first orbital science data from Mercury will be returned."

While in orbit, MESSENGER's instruments will perform the first complete reconnaissance of the cratered planet's geochemistry, geophysics, geological history, atmosphere, magnetosphere, and plasma environment.



The diagram illustrates the MESSENGER mission trajectory. It shows the Sun at the center, with concentric orbits for Mercury, Venus, Earth, and Mars. The spacecraft's path is shown as a green line starting from Earth, looping around Venus, and then heading towards Mercury. Key points on the trajectory are labeled: "Launch", "Earth Flyby", and "Launch" (again, indicating the start of the Mercury orbit insertion). Text on the diagram includes: "Sun Distance (Au): 0.846", "1 AU = Earth to Sun average distance", and "13 Oct 2005".

"The marathon cruise phase of the MESSENGER mission is nearing the finish line," says Solomon. "We are extremely excited by the prospect that orbital operations will soon begin."

http://messenger.jhuapl.edu/news_room/presscon_multi7.html

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding were the jobs are located and how to get pass the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering you questions, but I will be totally honest. My objective is to help you achieve your employment goal.

Q: How do I get motivated to search for a job? I've been unemployed for a long time. I did finish High School and I have completed a medical billing program from a private trade school. I have never worked for more than a couple of months in a medical setting yet I would like to get a job doing what I was trained to do. Where do I go? Myra

Dear Myra:

The words money and survival have always been great motivators for me. I am making an assumption you are surviving financially and therefore not in a desperate need for a job ... at least not yet. And I hope you will never be in a desperate situation, either financially or to survive. To say all that ... I am guessing you really want to find work in the field you love and for which you paid for an education. Fortunately for you, the medical and healthcare fields are the key areas to find employment. You did not indicate why you have only worked a few months, and how long you have been unemployed. I would strongly suggest you contact the school where you completed the medical billing program and ask for their assistance in finding a position. Trade schools are constantly contacted by employers searching for people to hire. Go on-line and do some research for jobs in your local area. Type in the browser Medical Biller and Healthcare as a few of your keywords. Contact all the hospitals and medical facilities in your area. Then contact Doctor, Dentist and other medical offices. Don't forget to look for medical billing positions with Insurance companies (that could be another infinite number). Use the telephone to call and make contact with key decision/hiring makers. Send your resume and cover via e-mail. Register with all temporary agencies. I am sure Work-At-Home is possible as long as you have the technical equipment. Your resources and employment (how about the word "potential") as a Medical Biller should be never-ending. To further encourage and motivate you I have reprinted statistical information from the U.S. Department of Labor-Bureau of Labor Statistics www.bls.gov:

Current and Projected Employment for Medical Billers:	
2008 Employment	528,800
2018 Employment	609,600
Employment Change (Increase)	80,000
Growth Rate	15%

Employment is expected to grow [faster than average](#) (should this be in blue?). Automated and electronic billing processes have streamlined billing departments, but job growth is expected due to an increasing number of transactions, especially in the rapidly growing healthcare industry.

The following websites should be useful in further assisting you in your job search:
Medical Biller Associations websites: www.ambanet.net, www.pmbausa.com, www.physicians.com, and www.aapc.com . A Medical Biller is a secure profession and obviously an excellent career path and job security.

Everything you ever wanted to know about how to get a jobbut did not know who to ask. ASK jai. Send your questions to: jai@resumeandcareerservices.com or visit website www.resumeandcareerservicesc.com, or call 310-858-85821.



Happy Tails

by Chris Leclerc

CHARMING CHATA

At 48 years old (or 48 years young, depending on your perspective!) I have come to appreciate true friendship more than ever before in my life. I must say that I feel blessed to have obtained many loyal friends over the years, and for that I am very grateful. One thing that came to mind for me recently as I reflected on this fact, is that most of my closest and dearest friends are quite a lot different from me in many ways. Some are much older than I, and some are considerably younger. Many do not look anything like me; they are not the same color, shape or size and many come from very different cultures. Several of my dearest friends do not walk or talk like me nor do they speak my language, yet they know me intimately and love me unconditionally. "Where and how", one might ask "could you have found such genuine friendships in people with whom you have so little in common?" The answer is simple: First of all, I am drawn to diversity when it comes to personal interaction with other human beings, and secondly, I spend a lot of my time hanging out with animals! Fortunately the humans and animals I spend time with are kind and open-minded enough to accept me just the way I am, and I accept them in the same way, therefore friendship is, for the most part, inevitable.

Among my closest canine companions is one in particular that has made such a positive impact on me that I decided to write about her. I consider her an inspiration, and I think her example could help do away with one of today's most damaging urban myths about dogs. The friend I am referring to is an 8 year old little girl named "Chata". Chata has a beautiful, shiny golden coat with matching smiling eyes. She is symmetrically near-perfect from one side of her body to the other. She's as fit as a fiddle and healthy as a horse, with not an ounce of spare fat and plenty of tight muscle to fill out her petite stature in all the proper places. Her bone structure is striking with alluring curvature including a dramatically "to-die-for" slim waist (don't I wish!). Her senses are extremely keen, and her heart is bigger and warmer than that of any other dog I believe I have ever known. Chata lives quite the life of leisure, with her family of 4 humans including 2 small children, and a 2-year-old Chocolate Lab named "Charlie Brown". She is amazingly aware of how lucky she is to have been adopted into a fabulous family who loves and cares for her beyond expectation. When Chata looks directly into your eyes, I tell you she melts your heart. She is truly a charm. One might then ask, "What kind of dog is Chata?" Chata is what is most commonly known as a Pit Bull, but her official breed title is American Pit Bull Terrier. So, are you surprised that such a sweet, loving dog could be a Pit Bull? Well, you shouldn't be, and here is why.

Known for their intelligence and loyalty, American Pit Bull Terriers make excellent, loving and very protective companions despite the bad reputation they have gained due to the unfair press they receive. They are commonly confused with the American Staffordshire Terrier, and apparently in the eyes of the United Kennel Club (UKC), they are indeed considered to be the same breed, however many disagree. Some AKC (American Kennel Club)-registered American Staffordshire Terriers are dual-registered as American Pit Bull Terriers with the UKC. The AKC, on the other hand does not allow a UKC-registered American Pit Bull Terrier to be registered as an American Staffordshire Terrier. To be dual-registered, the dog must first be an AKC-registered American Staffordshire Terrier and then it can be registered with the UKC as an APBT -- but not vice versa. Having said all of that, I am an individual who would rather steer clear of canine breed titles and labeling altogether. To me, it is much more important that each dog be recognized as an individual, each with his own unique personality characteristics and qualities, the same way we strive to view our fellow human beings.

My beautiful American Pit Bull Terrier friend named Chata defies all negative rumors you may have heard about the personality traits and behaviors that are "typical" for her breed. She puts you at ease the moment you are in her presence, both with her body language and her eye contact. She respects others more than most humans do, in my opinion and she is a great "nanny" to her baby brother, Charlie. She displays humility by lowering her head slightly when you first greet her, then she begins her child-like writhing back and forth with her tail swiftly whipping from one side of her groin to the other. She lets out a tiny whimper now and then when she is really excited, as if to say "I am so glad to see you". Contrary to what some people think about her breed, Chata is by far one of the most sensitive and loyal canine companions that I have ever known. As humans beings, we have learned to be very careful not to jump to conclusions about one another, regardless of color, race or creed. In fact there are laws that prohibit us from such profiling.

Well, I say it's high time that we learned to apply the same moral principals to the way we view and treat man's best friend! Many rumors have been spread indicating that Pit Bulls are vicious dogs that are likely to attack, but in reality they are quite the opposite, and again let's remember that each dog is an individual. It is well put in the old adage "You Can't judge a book by its cover". Yes, some Pit Bulls are not friendly, but that is true of every breed and the reason most likely lies in the fact that they have been either neglected or treated cruelly. The Pit Bull was originally bred to fight, (who's warped idea was that?) but thankfully, breeding dogs to fight has since been outlawed. If we assume things about a dog based on appearance or breed, are we not breaking our own moral law as human beings to refrain from judging one another based on race or national origin? I say treat every dog with kindness, approach them with care, and respect them as you wish to be respected. If man wants the dog to behave kindly, man must be kind to the dog. After all, dogs are people, too. Thanks, Chata for being a charming example for your breed!

On Line

By PJ Carpenter



Sock Puppets...to the rescue!

Many of the blogs that I like to visit daily have a section for posting comments about the preceding article or the subject of conversation. Some of the more mainstream blogs with larger audiences can attract hundreds of commenters depending upon the topic. I often find myself skipping the actual article and heading straight to the comments section to see what others have to say about something that may have been well covered in the news. On the technical blogs that I frequent, the most common trend is for commenters to share their personal experiences in relation to the topic at hand. Sometimes the conversations do devolve into bouts of partisan bickering (eg, Mac vs. PC, Linux vs. everything, etc). Most often these exchanges are all about the transfer and showcase of technical knowledge. On pop culture and celebrity sites, the camps usually divide themselves into for and against based upon the commenters' personal opinion of the current celeb being discussed. On the political blogs I frequent, the comments section is a much different animal altogether. Politics and political discussions in general have a tendency to bring out the inner "soap-box hero" in many people and the online version of these discussions have the propensity to do the same on a much larger scale and for a much larger group of participants at one time. These blogs also bring out a certain type of online behavior that's not usually found in other single-topic blogs and this behavior is commonly called "Sock Puppetry" in the online world. A "sock puppet" is an online identity created for an expressed purpose of allowing one poster to appear to be a different poster or multiple different posters and post views that may not be congruent with the true views of the poster. Often a sock puppet will post comments or reviews that support a product or viewpoint that they have a vested interest in while disparaging products or viewpoints that compete with those of their interests. Sock Puppets are distinguished from their close kin known as "trolls" by the fact that trolls most often post comments that are meant to inflame the participants or disrupt discussion altogether. Where trolls seek to disrupt or derail conversation, sock puppets attempt to influence the discussion by presenting themselves as interested parties with input relevant to the topic at hand. This can be an effective strategy for changing the tone and confidence of an online discussion group in the hands of a skilled operator, especially if they can escape detection by sowing the seeds of mis-information, fear, uncertainty and doubt where none previously existed. These tactics also have the benefit of existing online where information and viewpoints are often presented as true facts just because someone read them somewhere else online. As social media becomes a more dominant news source and place for discussion of matters big and small throughout the world (witness the latest revolts in North Africa and the Middle East), the ability to influence online discussions would be a valuable tool indeed to have on one's side. Apparently the US military agrees with this assessment.

Ntrepid, "online persona management service", has been awarded a \$2.76 million contract to set up, maintain and monitor large numbers of "sock puppet" accounts in order to influence online discussions in areas of the world where the US would like to have its interests better represented. Head's Up: Talk isn't that cheap and it's better left to the professionals.

KATIE TseThis and That

THE PURSUIT OF HOPPINESS



Happy St. Patrick's Day! I hope you had a wonderful time! I am writing this prior to the holiday, so I hope that I will have had a wonderful time, too. St. Patrick's Day is probably the only day when there might be a run on cabbages and potatoes at the market. It's a day to exhume that old Crock-pot you received as a wedding gift so many years ago, rinse off another year's worth of dust and bug carcasses, and throw in some well-marbled beef. Everyone praises Crock-pots for their hassle-free ease. "Just turn it on and go about your day!" I don't think I'd be able to go about my day knowing that a kitchen appliance might catch the apartment complex on fire.

Since I obviously don't do the Crock-pot thing, I just had to do some light research to see how they've sexed up this mainstay of the 1970's newly married housewife. As if to answer my question, the first image that popped up on the Crock-pot website was of four guys cheering (supposedly for some for some sporting event), with an "entertainment" triple Crock-pot set before them. It is essentially three little Crock-pots joined in a long base. I found this hilarious, since guys watching sports and Crock-pots were two of the things least likely to be associated in my mind. My husband, however, found the idea totally plausible, saying the little pots probably held cream cheese and Hormel No Beans chili (apparently something he used to enjoy in his college days).

Even if I don't actually do the cooking, I love traditional corned beef, cabbage, and root vegetable meals. However, like fish and chips and shrimp tacos; corned beef and cabbage is one of those things that you have to have with beer. Similar to Oktoberfest, you *could* do wine, but just know that everyone else will be swinging a frothy stein. I'm definitely more of a wine person than a beer person, but I've learned to, if not love, at least like a few beers. As with most of my articles, here's another huge, obvious disclaimer -I know next to nothing about beer! My comments are purely for your amusement and to make you feel more knowledgeable by comparison.

My first beer experiences were just about washing the stuff down fast enough to not grimace by letting the flavor linger on my palate. Like with other foods you don't initially like, it is possible to acquire a taste for them if you pair them with something you already like. Here enters beer-able foods (pizza, barbecue, hot wings, etc.). At first I enjoyed Coronas, but my beer enthusiast friend discouraged me from drinking this "low-brow brew" in public. (So my husband and I occasionally enjoy a couple in private.) New Castle is good, and we discovered Dogfish Head Pale Ale after watching an interesting documentary about harsh competition in the American beer market.

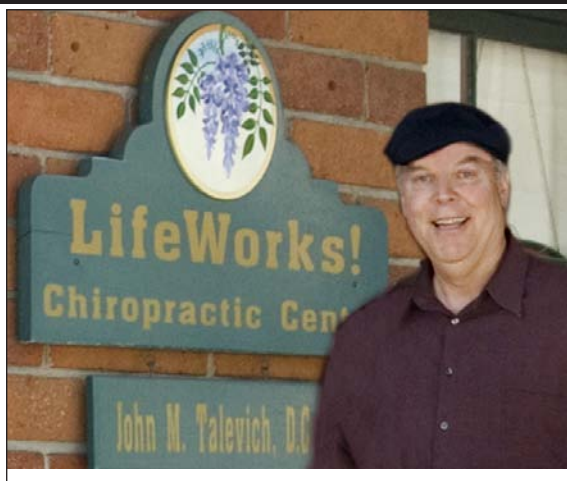
Although I've only dared tasting it once, I am a frequent buyer of Black Goat Ale for my dad (name changed because he fears a run on the stuff). If you've never had the pleasure, this stout is the color of motor oil. Since I've never tasted motor oil I can't stretch the comparison further, but my dad loves it. One beer creation I would like to try is "Guinness punch." Originating in Jamaica, this cocktail combines Guinness stout, sweetened condensed milk, and spices. Hey, it sounds too weird not to be good! Who knows, maybe it even goes well with corned beef!



YOUR HEALTH MATTERS

Today's Subject:

Achoo! aka Atchoo, Kerchoo, Ad Nauseum



Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

Achoo! aka Atchoo, Kerchoo, Ad Nauseum

In typical human fashion, we find ourselves saying that, while we are "grateful for the pain" and that "we need it," there comes a point rather quickly when our patience wears thin and complaints about the weather abound. This is especially true when we must spend time on the freeway surrounded by fellow drivers who think it's best to speed up and make dramatic lane changes when the rain is at its worst. One thing is sure, though: If you suffer from hay fever, you know that an abundance of plants with their various pollens, powders and progeny will be a certain result of the winter's abundant rainfall.

Course of Action

You do not want to put the top down on your convertible during pollen season! This is just my way of pointing out that by reducing exposure, you will reduce the intensity of your reaction (sorry). Typically, pollen concentration is greater in the early morning until about ten a.m. Check the air filter in your car and keep the windows rolled up. If you have a sensitivity to night

blooming plants, keep your windows closed in the evening hours. If your nose is already inflamed, a neti pot or any other type of sinus rinse can be useful. A face mask, like house painters use, can be helpful during periods of acute distress.

Some Foods to Avoid

There is a strong relationship between food allergies and hay fever. By eliminating the usual suspects, thereby reducing a chronic internal state of inflammation, reactions can be reduced. The usual suspects include dairy products, wheat, corn, eggs, soy, peanuts, and sugar. Some or all of the common food allergies may be involved, and a little experimentation can reveal which foods may be bothering you.

Some Supplements to Take

Any way that inflammation can be reduced is a positive step. By gradually building up to a high dose vitamin C regimen, your system will be saturated with a strong anti-inflammatory. Other supplements such as CoQ10, quercetin, turmeric, and adrenal support in the form of B-complex can be helpful. Local bee pollen, taken in very small doses (a few grains under the tongue) to start and then building up to as much as a teaspoon two or three times a day can also help. Local farmers' markets, health food stores, and some pharmacies are good sources of local pollen.

One other precaution: Take a shower a couple of times daily if possible and make sure your clothes are washed regularly to eliminate hitch hiking pollen pests.

I know, I know. This looks like a lot of work... why not just take an OTC? If they work, great, who could ask for more? However, they may have side effects and can become less effective with prolonged use. Why not try the healthier route and see for yourself?

To your health!

Dr. John

John M. Talevich, D.C.

CHIROPRACTIC: Simple, Elegant, Effective
31 S. Baldwin Avenue Sierra Madre, Ca. 91024
626-355-4710

HOW TO MAKE UP FOR LOST TIME

Rev. James L. Snyder

Have you ever had the feeling that you lost something but could not quite figure out what?

This has been bugging me all week long. It is a good thing I lost my mind years ago or this might cause me to lose it. I remember the day I lost my mind but I cannot remember anything after that date.

All week long, I had this nagging feeling in the back of my head that I had lost something and that it was something rather important. I sat down in my easy chair and tried to think about it but who can think at times like this?

I was looking for whatever it was I lost all through the house. I finally was going through my sock drawer when the Gracious Mistress of the Parsonage caught me.

"Did you lose something?"

I was now facing a major dilemma. If I answered in the affirmative, she would inquire as to what I had lost. If I tell her I do not know what I lost, she will immediately respond by saying, how will you know when you find it?

Then I would be treated to one of her sarcastic snickers. You would think after all these years I would become accustomed to such royal treatment.

I finally broke down and confessed, "I don't know what I lost but I just feel like I've lost something this week. I just can't put my finger on it."

"Do you remember," she said thoughtfully, "where you were when you lost whatever you lost?"

I reflected for a moment and then confessed to her that it was last Sunday right after I got up that I sensed I had lost something.

My wife was about ready to leave the room and then she stopped and looked at me and said, "You do remember we lost an hour this week?"

"So," I said sheepishly as I closed my sock drawer, "I won't find it among my socks."

With that mystery solved, I had another one to contemplate. This one probably is bigger than anything else I could ever think of. How can I make up for lost time?

Every year I go through the same rigmarole. No sooner am I adjusted to the time then the government changes that time for me. It is now six o'clock, but no, it's really five o'clock. Or, is it seven o'clock? How in the world can I ever know what time it actually is?

Thinking along these lines I have come up with several ways in which to make up for lost time. The first has to do with eating vegetables. In my book, most vegetables are a waste of time. I could make up some time each day by not eating

my vegetables, especially broccoli. At the end of the year, I could use that time to eat some Apple fritters.

Another way I could save time is to cut down on my daily exercise. I am not sure who came up with the idea of exercising every day. Just think about what 15 minutes a day would add up to. In one week that would be 105 minutes, in a month it would be up to 455 minutes and in a year it comes to 5460 minutes, which amounts to 91 hours.

In addition, taking a shower everyday may be considered a waste of time by some. Think of the time I could save by cutting down on my shower time. If I would shower, say three times a week, it could save me a lot of time, not to mention soap and towels.

This also has another benefit to it. By only showering three times a week, it will drastically cut down on personal conversations with people. Who wants to talk to someone who has not showered in two days?

As I was contemplating this last one, I came to a brick wall. That brick wall being, my wife. She has this insidious idea of bathing regularly. If it were up to her, I would take three or four showers a day. But my argument is, a person can only be so clean for so long. If God meant us to be clean all the time, why did he make so much dirt?

I remember when my wife was away for two weeks I saved an enormous amount of time by recycling my dishes. After all, I don't mind eating after me. Those two weeks I used the same silverware, dish and coffee mug for the entire time. And, contrary to my wife's theories, I lived.

When my good wife found out what I was thinking about, she made a very good point. According to her, I could save an enormous amount of time by not trying to think up ways to save time.

The truth of the matter is, time cannot be saved. It can only be used wisely. The Bible makes this point clear on a number of occasions. "To every thing there is a season, and a time to every purpose under the heaven." (Ecclesiastes 3:1 KJV).

And, "And that, knowing the time, that now it is high time to awake out of sleep: for now is our salvation nearer than when we believed" (Romans 13:11 KJV).

It is how I used time and what I use it for that is important. I have two choices. Waste time or use my time wisely. The choice is mine.

You can contact Rev. Snyder via e-mail: jamesnyder2@att.net.

SENIOR HAPPENINGS

Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre
 Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.
 MENU BELOW

Monday: City Hall & Hart Park House/ Senior Center Closed on February 21

- 12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Please call 355-0256 to make your daily reservation.
- 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday:

- 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon
- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- 1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play
- 5:00 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday:

- 11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints
- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- Free Income Tax assistance - 1 pm to 2 pm. For an appointment, please call 355-7394
- 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394
- Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday:

- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- 1:00 to 3:30 pm: Game Day. Join us for Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.
- 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-52

Friday: City Hall Closed on February 11 & 25
 12 noon: Intervale Lunch Café; daily reservations needed 355-0256

Saturday:

11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm. The Senior Club always welcomes new members (\$5 membership dues per year) so please stop by to learn more.



Sponsor Bingo Prize

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Accredited In-Home nursing care will provide a special prize on the 4th Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the 1st & 4th Tuesday of each month for your chance to win these special prizes.

MORE ACTIVITIES

The Sierra Madre Library is offering a new program to homebound persons in Sierra Madre called "Titles To Go" - Where volunteers bring the library to you! For more information, please call Ana Valencia at (626) 355-7186.

- Sierra Madre Aquatic Center, 611 E. Sierra Madre Blvd., will be open for spring lap swimmers & walkers starting March 14 through June 12. Hours: 12 noon to 2 pm (Sunday, Monday, Wednesday, Friday & Saturday) and 7:00 pm to 9:00 pm (Tuesday & Wednesday). Cost is \$100 per person for a spring pass (no daily admission). This is a great opportunity for low impact exercise in a heated pool. For more information, please call (626) 355-5278.

DIAL - A - RIDE TICKETS

Tickets can now be purchased at:
Sierra Madre City Hall
Hart Park House / Senior Center
Sierra Madre Library

Recipe of the Week:

Quick Chicken Paella with Sugar Snap Peas

INGREDIENTS:

1/2 cup dry white wine
 1/2 teaspoon saffron threads
 1 1/2 teaspoons salt
 1 1/4 teaspoons smoked paprika
 1 teaspoon freshly ground black pepper
 6 large chicken thighs with skin and bones, excess skin and fat trimmed (about 2 1/2 pounds)
 4 ounces 1/4-inch-thick slices fully cooked chorizo
 1 tablespoon olive oil
 1 1/2 cups chopped onion (about 1 large)
 4 garlic cloves, minced
 1 1/2 cups long-grain rice
 2 cups low-salt chicken broth
 1 14.5-ounce can diced tomatoes in juice
 1/4 cup chopped roasted red peppers from jar
 2 1/2 cups sugar snap peas, trimmed (about 8 ounces)

DIRECTIONS:

Preheat oven to 400°F. Mix white wine and saffron threads in small measuring cup; set aside. Combine salt, smoked paprika, and black pepper in small bowl; rub spice mixture all over chicken thighs. Heat heavy large ovenproof skillet over medium-high heat. Add chorizo and sauté until fat begins to render and sausage browns, stirring occasionally, about 3 minutes. Transfer chorizo to large plate. Add olive oil to skillet. Add chicken thighs to skillet and cook until browned, about 4 minutes per side. Transfer chicken to plate with chorizo.

Pour off all but 1 tablespoon drippings from skillet. Reduce heat to medium. Add chopped onion and cook until translucent, stirring often, about 5 minutes. Add minced garlic and stir 30 seconds. Add long-grain rice and stir to coat. Add wine-saffron mixture and bring to boil, scraping up browned bits from bottom of skillet. Add chicken broth, tomatoes with juice, and roasted red peppers. Bring to simmer. Stir in browned chorizo. Place chicken thighs, skin side up, atop mixture in skillet. Cover skillet tightly with foil, then cover skillet with lid. Bake paella until rice is almost tender, about 25 minutes.

Transfer chicken to plate. Stir rice; season to taste with salt and pepper. Scatter snap peas over. Return chicken to skillet, nestling into rice. Cover with foil and lid. Bake until snap peas are crisp-tender, rice is tender, and chicken is cooked through, about 10 minutes longer.



March Birthdays

Ella Guttman, Santos Ruiz, Viky Tchatlian, Mary Cooper, Georgina "Snooky" Greger, Sun Lui, Helen Wallis



Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

MEALS-ON-WHEELS NEEDS VOLUNTEERS TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS

ONCE A MONTH OR WEEKLY

Please contact Darlene Traxler at 626.355.6220 or (626) 355-0256.

INCOME TAX TIME

Don Brunner will be volunteering his time once again to assist seniors with filing their 2010 tax return. The service is free but appointments are necessary.

Every Wednesday - February 9th to April 6th 1 pm to 2 pm Hart Park House / Senior Center, 222 W. Sierra Madre Blvd., Sierra Madre (in Memorial Park). Please call the Senior Desk at (626) 355-7394 to make an appointment.



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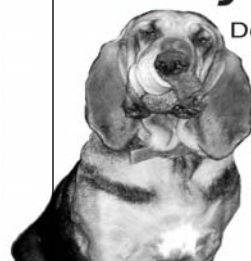
Join the Senior Community Commission at the Sierra Madre Hart Park House / Senior Center for a FREE presentation. Lunch is available for a \$2 donation by calling (626) 355-0256 by 12 noon the day before.

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One Of A Kind: *Featuring unique homes and gardens and the people who create them* Story and Photos By Chris Bertrand

Xerox Lends Habitat A Corporate Hand... For a Year!



Paul McAnnally-Linz joins San Gabriel Valley Habitat for Humanity Monrovia, Paul McAnnally-Linz, has been a Xerox employee since the fall of 1983. He applied last year for the company's Social Service Leave program when Xerox invited its employees to submit proposals for community involvement projects. Linz says, "Xerox initiated the program in the 1970's, acknowledging that donating money wasn't a difficult thing for them at the time. But letting their top people go (out for a year on service projects) was more of a sacrifice." "There's no formal relationship between Xerox and SGV Habitat," he continued. "My project is one of seven Xerox is supporting

across the country in 2011. Another Xerox employee is going on social service leave for a similar kind of organization, Hacienda, in North Portland, bringing affordable housing to the local Hispanic community there. Yet another colleague will build a community greenhouse in the San Francisco Bay area that will provide the opportunity for special needs individuals to build their own micro businesses. There are also fabulous projects working with at risk youth in Chicago, reinvigoration homes in Washington DC and planting Scout troops in poorer sections rural Kentucky and Indiana."

When asked why he chose Habitat for Humanity, Linz chuckles, "I have been 'infected' by the Habitat concept of getting people into housing they own, so I applied in September, 2010, and was notified in December that I had been approved to work at the San Gabriel Valley Habitat for Humanity for 2011." During the year Linz will take on construction management, drawing on his Xerox project management and real estate experience which included moving the Xerox office from Monrovia to El Segundo last year.

Sonja Yates, the Executive Director of SGV Habitat, commented "When the opportunity came up in August last year Paul and I strategized together to come up with a winning proposal. We (SGV Habitat) have two very ambitious projects on our plate right now, in addition to some smaller ones. We're in pre-development for five condo homes on Geneva Street in Glendale, and will break ground on March 5th. Paul will be the day in and day out site manager. His work at Xerox focused on logistics and on time delivery. He's the perfect person to help us streamline our construction processes so we can touch more lives by building more homes."

The second project is another "animal" all together, but also draws from Linz's strengths in process development. He will work on the public benefit conveyance for the next Habitat project at the Desiderio Army Reserve Center in Pasadena. Located below the Old Colorado Street bridge; the land where the Army Reserve Center sits was made surplus as a part of the 2005 Base Realignment and Closure Commission



Paul Linz (R) with two members of Sherman Avenue build families from 2010, Sonya (center) and Olga (L) Quiros.

sponsored by the U.S. Department of Defense. Linz will spearhead the completion of a series of technical documents and processes that will lead to obtaining the public benefit conveyance of 25% of the 5.17 acre site. SGV Habitat will then build nine new affordable bungalow homes for successful Habitat applicants. The remaining 75% of the land will be converted from army barracks into park land by the city of Pasadena. "It's very complicated, and Paul's the right person to take this on," smiled Yates.

When asked about the transition from Xerox to Habitat, Linz said, "I feel great about it. After 27 years at Xerox, I am enjoying Habitat's different flow and organization, and the younger people on the staff, the 20-somethings have shared their energy and zeal. I always put 110% into what I do, but this definitely rejuvenates and recharges."

"It's always been my desire to retire into Habitat, he continued. "This has become the trial run. I love my company and appreciate the opportunity to represent two great organizations, Xerox and San Gabriel Valley Habitat for Humanity". Yates continued "It's extraordinary that even in the difficult economic times we all face today, that Xerox has continued this service program. We're going to use this time to accomplish the two things that are on our local plate for Habitat."

To volunteer at or donate to the San Gabriel Valley Habitat for Humanity, or to learn about applying to purchase a Habitat home, visit their website at <http://www.sgyhabitat.org> or call 626-387-6899.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

Like Moths To A Flame!



Have you done your "spring cleaning" yet? If you're selling your home, it's essential to take care of the details, both inside and out. Since buyers first see your property from the street, there are some steps you can take to pique their interest in seeing more.

Obviously, color makes an impact. Emphasize two or three colors in your flowerbeds and shrubs, and coordinate your blooms with the seasons, be it spring or summer. Also make sure your trees and shrubs are properly sized to the house and grounds, and not blocking any of your home's positive features.

Perfectly maintaining your lawn is critical while you're listing, since a well-manicured lawn powerfully symbolizes your pride of ownership and attention to maintenance. You can reduce the time invested in mowing and watering if you can do some simple landscaping with rocks, ornamental grasses and drought-tolerant plants.

The sound of water also turns buyers on. Even if you don't have a pond, you can achieve the same effect by installing a small fountain in the front yard, or even running an electric fountain on your porch or deck.

Finally, there are a couple of architectural flourishes that add interest, such as colorful window boxes, a trellis with flowering vines, or even a pretty new mailbox. Contact your agent for a wealth of other ideas to attract buyers.

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MAKE SURE YOU BUY THE RIGHT HYBRID GOLF CLUBS FOR YOUR GAME

I think the hybrid golf clubs are going to wind up being a better invention than the sand wedge. I have to add one more thought. IF you buy the right one for your game.

Can you believe how incredible it is to stand in the middle of the fairway 200 yards from the green and you get to pull out one of those

beautiful replacement clubs instead of a 3 iron? That is exactly where the problems begin. You better hope that you bought the correct 3 iron replacement. From the minute I heard about the hybrids I have referred to them as replacement clubs.

Of course I have a reason why I call them replacement clubs. I bought three of them before it dawned on me that I was just buying them because I liked them, not because they were correct for my game. That is when I did some research that I will share with you. The Rules of Golf states that you are allowed to carry 14 clubs in your bag. Let's do some math. You probably use a driver, putter, pitching wedge, sand wedge and LOB. That's five golf clubs and nine to go. Most of you have a 9-8-7-6 irons. Now we have nine clubs and four to go.

You have to make sure of two things when you are replacing your longer irons. If you don't buy the hybrids in a set you are going to get different shafts from different companies. Even though you bought a regular shaft from one company that doesn't mean it is going to be the same regular shaft of another company. The second thing you have to be careful of if you don't buy your hybrids in a set is the loft on the clubs.

That is where my problems began early on. I was buying different hybrids and the lofts were too close together.

The following chart will help you understand what you have to purchase for a replacement club:

17 degree hybrid would replace a 2 iron or 5 wood
20 degree hybrid would replace a 3 iron or 7 wood
23 degree hybrid would replace a 4 iron
27 degree hybrid would replace a 5 iron

31 degree hybrid would replace a 6 iron

In closing I have to explain one last thing to you. Not all companies have the same degree of loft. Some companies might make a 24-28-32 degree set of hybrids. The one thing to keep in mind is that you are REPLACING a club in your bag. You don't want two clubs with the same loft.

I hope this helps you out the next time you head out to buy a couple of hybrid golf clubs for your game.

If you would like to learn more, contact Bobby at www.igolffixes.com

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CALIFORNIA NECTAR HEADS FIELD OF EIGHT IN GRADE III SANTA PAULA

ARCADIA, Calif.— With turf marathon standouts Champ Pegasus and Bourbon Bay in Dubai, Hollywood Derby winner Haimish Hy finds an opportunity to gain ground in the division in Sunday's 60th running of the Grade II, \$150,000 San Luis Rey Stakes at 1 ½ miles over Santa Anita's Camino Real Turf Course.

The 4-year-old colt, trained by Art Sherman and to be ridden by Garrett Gomez, heads a cast of eight set for the second in Santa Anita's series of grass marathons. The series is climaxed by the Grade II, \$150,000 San Juan Capistrano Handicap at 1 ¾ miles that traditionally closes the meet, this year on April 17.

Classy California Nectar is the most accomplished of eight entrants in Sunday's companion feature, the 26th running of the Grade III, \$100,000 Santa Paula Stakes for 3-year-old fillies at 6 ½ furlongs.

Haimish Hy closed from 18 lengths behind to finish third, 3 ¼ lengths behind Champ Pegasus and runner-up Bourbon Bay, who were noses apart crossing the wire in the marathon series opener, the Grade II San Luis Obispo Stakes at 1 ½ miles on Feb. 19. Champ Pegasus and San Luis Rey defending champion Bourbon Bay have since been designated to compete in the \$5 million Dubai Sheema Classic on March 26.

That leaves Haimish Hy as the most likely to take advantage of the void, and the \$10,000 bargain purchase appears to be on the rise with earnings that already have reached \$305,980.

"He tried to run with them (Champ Pegasus and Bourbon Bay)," Gomez said following the San Luis Obispo, "and it was his first time going a mile-and-a-half. He actually ran a really good race. If he runs back to that, he'll be super tough."

A Kentucky-bred son of Ecton Park, Haimish Hy has done his best running on grass. Following his victory in last November's Grade I Hollywood Derby at 1 ¼ miles on turf, Sherman tried conventional dirt for the first time, and Haimish Hy finished sixth in Santa Anita's Grade II San Fernando Stakes.

He had closed strongly to win the Hollywood Derby in his longest race prior to the San Luis Obispo while exhibiting his affinity for marathons as well as the grass. With a 5-1-2 record in 12 career starts, Haimish Hy has won 3 of 5 races on turf. He carries high weight of 123 pounds in Sunday's marathon while conceding five pounds to each of his seven opponents.

His opposition in the San Luis Rey includes Imponente Purse, fourth in the San Luis Obispo, less than a length behind Haimish Hy; Juniper Pass, fifth in the San Luis Obispo; Romp, second to Bourbon Bay in last year's San Luis Obispo; Buenos Dias, second to Champ Pegasus in last summer's Del Mar Handicap; Falcon Rock, a close fourth in the Del Mar Handicap, and improving New Zealand import Dahoud. Restless Soul, a 7-year-old British-bred mare, will be making her first U.S. start in open company.

The complete field for the San Luis Rey Stakes, with jockeys and weights in post position order:



HAIMISH HY LIKELY FAVORITE IN SUNDAY'S GRADE II SAN LUIS REY MARATHON

Haimish Hy, Garrett Gomez, 123; Romp, Alonso Quinonez, 118; Flacon Rock, Brice Blanc, 118; Imponente Purse, Chantal Sutherland, 118; Buenos Dias, Martin Pedroza, 118; Restless Soul, Joseph Talamo, 118; Juniper Pass, Rafael Bejarano, 118, and Dahoud, Joel Rosario, 118.

Multiple stakes victor California Nectar, winner of the Grade II Santa Ynez Stakes at seven furlongs on Jan. 15, holds a distinct class advantage over her opposition in the Santa Paula. Prior to the Santa Ynez, she was victorious in the \$100,000 California Breeders' Championship.

A California-bred daughter of Stormy Atlantic trained by Doug O'Neill for breeder Suarez Racing, California Nectar has undergone a brief freshening since tiring to a well-beaten fifth in Santa Anita's Grade I Las Virgenes Stakes on Feb. 9. Patrick Valenzuela, who was aboard for a neck victory over Las Virgenes winner Zazu in the Santa Ynez, has the return call in the Santa Paula.

"She had a hard little campaign and she got a little tired," said O'Neill, "so we kicked her out after the Las Virgenes and gave her a couple of weeks on the farm. She's come back strong and we think she's got a big chance on Sunday." California Nectar has posted a 3-3-0 record in eight races for earnings of \$218,800. She will be the 123-pound high weight on Sunday while each of her opponents carries 118.

Her primary opposition in the Santa Paula could be provided by a pair of first-out maiden winning fillies: Warren Williamson's Mildly Offensive scored by 4 ¼ lengths in her first out for trainer Carla Gaines with a sizzling six furlongs over a wet fast track in 1:08 1/5. Bejarano rides. Hout Bay, trained by John Sadler for Keith Abrahams, rallied strongly in her debut to win by 1 ½ lengths while covering 5 ½ furlongs in 1:02 4/5. Joel Rosario rides.

The complete field for the Santa Paula Stakes, with jockeys and weights in post position order: Tiz the Route, Blanc, 118; Joe Ja, Corey Nakatani, 118; Dawnie Macho, Victor Espinoza, 118; California Nectar, Patrick Valenzuela, 123; Hout Bay, Rosario, 118; Justenufappeal, Talamo, 118; Top Debutante, David Flores, 118, and Mildly Offensive, Bejarano, 118.

The San Luis Rey will be contested as the fifth race on nine-race program with the Santa Paula going as the eighth. First post is at 12:30 p.m.

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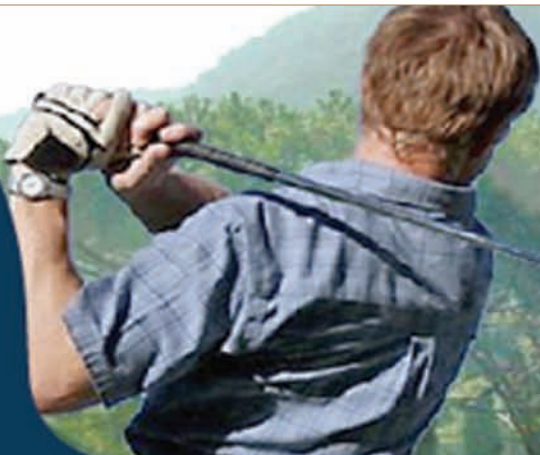
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SATURDAY, MARCH 19, 2011

SECTION B

Treasures of Sierra Madre

The People

Sierra Madre is a town that would not exist if it were not for the volunteer efforts of its citizenry. Such efforts have kept the Wistaria Festival a mainstay of Sierra Madre culture since 1918. This year, the Wistaria Festival Committee has decided to initiate a tradition that we hope will be carried on for generations to come. This year as we celebrate the beauty of "The Vine" that has is such an important part of our culture, we shall also bestow the honor of "Treasure of Sierra Madre" on six citizens who have exemplified the kind of volunteer spirit and commitment that makes this town what it is today.



Recipients of the 1st Wistaria Treasure of Sierra Madre Honor are: (left to right) Jan Reed, Phyllis Chapman, Eph Konigsberg, Marjorie "Mama Pete" Peterson and George Maurer with Mayor Joe Mosca. Not pictured is Honoree George Enyedi. Photo by S. Henderson/MVNews

Their contributions to Sierra Madre have been too numerous to list. They do, however, have a common love, the Foothills village of Sierra Madre. Each has volunteered decades of service to the city and each still makes substantial contributions today. They are an inspiration to all who meet them. You can meet them this Sunday at the city's Wistaria Festival. They will be in Kersting Court for the formal presentation at noon.

Eph Konigsberg –



Sierra Madre's Older American of the year in 2008, Eph is a founding member of Sierra Madre Community Foundation, which provides comprehensive services for administering charitable endowments that benefit both the donor and the community of Sierra Madre — today and in perpetuity. He also served as a Library Board member, a member of the Historical Society, a member of the Sierra Madre Kiwanis Club and is "the guy who had the great idea to underground the utilities up on North Baldwin." A resident of Sierra Madre for decades, Eph's community service exemplify the Spirit of Sierra Madre and makes him a genuine "Treasure".

George Enyedi –



Longtime Sierra Madre resident George Enyedi has been an outstanding volunteer for more than four decades. For eight years, Enyedi, a CPA, volunteered his services to the City of Sierra Madre Finance Department. In 2008 he was elected City Treasurer, a position he still holds.

In addition to his responsibilities as Treasurer, George was primarily responsible for saving the Sierra Madre Playhouse and The Sierra Madre Cemetery from financial ruin. He also served as treasurer of the Sierra Madre Mountain Conservancy and the Sierra Madre Environmental Action Council. He received the Citizen of the Year Award in 1999 and the City of Sierra Madre's George Maurer Lifetime Service Award in 2010 and is a member of the Sierra Madre Kiwanis Club.

Phyllis Chapman –



Phyllis Chapman is, without a doubt, the Sierra Madre Historian. Just ask her any question about Sierra Madre since its inception and she can give you the answer. A resident for more than six decades, she is an active member of the Sierra Madre Civic Club, The Sierra Madre Historical Preservation Society, The Sierra Madre Woman's Club, The Sierra Madre Garden Club and much more. Chosen in 1980 as the Citizen Of The Year she is truly a walking encyclopedia of all things Sierra Madre.

Marjorie "Mama Pete" Peterson –



A resident of Sierra Madre for more than eight decades, Mama Pete, as she is affectionately known has provided nurturing support of the community through her involvement with the Woman's Club, The Civic Club and more. She served as Grand Marshall of the Sierra Madre 4th of July Parade and was The Citizen of the Year in 1982. As the proprietor of Mama Pete's

Nursery School which opened in 1944, she has had a direct impact on many of the town's current civic leaders who attended her Nursery School years ago. Her picture as a young Sierra Madrean appears in the book Southern California Story: Seeking the Better Life in Sierra Madre.

George Maurer –



Former Mayor, Former Citizen Of The Year in 1974, Retired from the Sierra Madre Volunteer Fire Department, George Maurer has done it all. So much so that annually, the City of Sierra Madre bestows the "George Maurer Lifetime Service Award" to a deserving citizen or business that understands that Community Service is the life blood of Sierra Madre. George is also an active member of the Sierra Madre Kiwanis Club..

Jan Reed –



For years, Jan served the town as Publisher and Editor of the Sierra Madre News for 14 years. She also has given countless volunteer hours through her involvement with the Sierra Madre Community Foundation, the Friends of the Library, the Civic Club and the Woman's Club. She was the first woman to be invited to join Sierra Madre Kiwanis Club, and was also a very active member of Sierra Madre's Centennial Committee. Jan was bestowed with the honor of Citizen Of The Year in 1994 and continues to contribute to the well being of Sierra Madre today.

The Vine

History of Sierra Madre's 116-Year Old Wistaria* Vine

By Phyllis Chapman



In 1894, William and Alice Brugman purchased a home on what was then called Piedmont, which is now called W. Carter Ave. The house had been built one year before by builder Amos Trussell for his daughter Winona and son-in-law Edward B. Jones when they married. It was the first wedding celebrated in early Sierra Madre.

The Trussells and the Jones had a change of plans, sold to the Brugmans and moved away. To enhance her new home, Alice Brugman and her neighbor Mrs. W. B. Crisp, drove by horse and buggy to the R. H. Wilson Pioneer Nursery in Monrovia and for \$.75 purchased a gallon can of wistaria. It was the Chinese Wistaria variety (Wisteria sinensis). She planted it in a corner of her front porch remarking to her neighbor: "They say Wistaria grows fast." And grow it did.

to help the war effort. 12,000 people attended the event. This was the beginning of many Wistaria festivals that took place year after year. Sierra Madre became known as the Wistaria City. Many local organizations, including the Board of Trade (now the Chamber of Commerce), the Woman's Club, the Masons and Eastern Star, the Sierra Madre Volunteer Fire Dept., etc. were involved.

Many homemade items, fancy work, ceramics, artwork, gift books, and Wistaria fragranced perfume, hand lotion and bath salts were sold at booths under the vine. Luncheons and teas were served, often with young Japanese women wearing their kimonos.

The hard work and money earned at the vine by the Woman's Club paid off the mortgage of their first clubhouse. One year the Fire Dept.



A partial view of the vine at the Solts residence. The vine has grown from a gallon can in 1895 to (estimates) 1.5 million luxuriant lavender blossoms, 250 tons, More than one acre in size, 500 foot branches, 40 blossoms per sq. foot. Growth rate (per various experts) from 24" in 24 hours to 26" in 48 hours

Named by the Guinness Book of World Records as the largest blossoming plant in the world. Named one of the seven horticultural wonders of the world, along with the redwood forest in Sequoia National Park, Brazil's tropical jungle in the Amazon Valley, Mexico's Xochimilco floating gardens, India's gardens of the Taj Mahal, Japan's Yokohama rock gardens, and the gardens of Buckingham Palace.

Photo By S. Henderson/MVNews

Mr. Brugman, a mining engineer, was in Mexico when the vine was planted. He died in 1899 and Mrs. Brugman sold the home in 1906. The property changed hands until it was purchased in 1913 by Henry T. and Estelle Fennel. Mr. Fennel, who was a bit of a horticulturist, loved the vine, and gave it devoted care, even building support trellises.

Although the Wistaria is a vigorous grower, the added support of the trellises may have contributed to this vine's phenomenal growth. The arbors prevented the end tendrils from hanging down and causing the tender terminal buds to die from the added weight. Wistaria requires good drainage, certainly provided by this hilly, terraced location. There may also be an underground spring providing water to the tap root.

The vine eventually destroyed the original home, growing into the walls and fireplace and causing the roof to collapse. Mr. Fennel built a new home 200 feet to the north (the present upper home) and trained the vine to grow up to, but not covering the new residence. A portion of the foundation of that original home was saved to continue to provide support for the vine as its branches extended such a distance.

When the vine was in bloom, the Fennels would invite friends to come and enjoy the blossoming plant. Visitors also came from Pasadena's main hotels: The Green, The Huntington, and The Raymond. In 1918, the Fennels opened the vine to the Sierra Madre Chapter of the American Red Cross, which sponsored a very successful fundraiser

parked 30,000 cars on the parking lot that existed in Floral Canyon. (This is now Sierra Meadow Dr.). Easter sunrise services were among vine activities. People came from all over the world and extra street cars were added to handle the crowds. Among the famous were Fritz Kreisler, Janet Leigh, Mary Pickford, and Norman Rockwell. These two helped select the festival's Wistaria Queen. Packard Automobile Co. used the vine as a backdrop to advertise its automobile. On December 5, 1936, Carrie Ida Lawless purchases the vine property from Mrs. Fennel, who was now a widow, for \$17,000.00. December 5th was Mrs. Lawless' birthday, and according to one account, she was making a present to herself of the world's largest bouquet. Also a widow, her husband William J (Bill) Lawless was mayor of Sierra Madre during 1928-29. She, herself, was a successful businesswoman having founded the Weaver Jackson Beauty Co. in Los Angeles and was active in the community, serving as president of the Woman's Club and the Garden Club.

Mrs. Lawless spent a small fortune (around \$100,000) enhancing the grounds of her new property and caring for the vine. When the festivals were held they often lasted for the weeks the vine was in bloom, not just for one day. Mrs. Lawless, a patron of the arts, also sponsored vine activities all year long.

She hosted art exhibits, musicales, and poetry readings. Nearby residents objected to the constant activity and took their complaints to the City Council. Nothing was done as Mrs. Lawless (continued on page B2) vinw

**Wistaria is commonly spelled either wistaria or wisteria, but since it was named in 1818 for Caspar Wistar of the University of Pennsylvania to honor his contributions to science, it probably is properly Wistaria.*

Inside:

Wistaria Festival 2011 Schedule of Events Festival Map and much more!

VINE HISTORY (cont. from B1) presented the argument that the vine existed before these neighbors purchased their properties.

In recognition for her contributions to the community, the Garden Club planted another Wistaria in the terraced garden on the west side of what is today the Solt's garden. It blooms a bit later than the original vine and the plaque commemorating the occasion is gone.

When Mrs. Lawless died in 1942, she provided for the vine by leaving a legacy to her nephew and heir, Bruce McGill, to continue care of the property with a committee headed by the Garden Club President. In 1944, the property was purchased by Richard and Marian Thayer. Marian is the daughter of M. Penn Phillips, a well-known developer of desert property. In 1944 the vine was overgrown and in poor condition. Richard Thayer planned to chop it up and get rid of it. A protest was raised and an association was formed to protect the vine, with money provided to pay property taxes and provide year-round care for the vine.

In 1961, after Richard Thayer died, the lot was split. Marian married builder Ronald Cook who developed the west side of the property with homes and built the present Solt home for he and Marian in 1962. The upper home was sold to Joseph and Marie Feeney who raised eight children there. In 1972, Ron and Marian sold the lower home to Bob and Nell Solt. In the late 1990s, Joe Feeney died and Maria sold the property. It was purchased in 2003 by the present owners, Dan and Dana Dorrance.

By the 1970's Vine Festival activity had about ended. It started up again in the late 70's when sponsored for one day each year by the Chamber of Commerce. The Sierra Madre Beautification Committee was the yearly sponsor in the 1980's. Approximately 500-600 people attended the festival each year. In the spring of 1989, Huell Howser came to film the vine for his program Videolog, which aired on KCET. The next year, approximately 6,000 people came to view the vine. The festival organizers were unprepared for such a turnout; lines stretched for two blocks. Howser returned

in 1992 to film again for his California Gold program. Sierra Madre and the Chamber of Commerce quickly organized and combined the annual Vine viewing with a downtown street fair. A shuttle bus is provided, and people procure tickets to see the vine at a pre-scheduled time.

The Guinness Book of World Records has named the Vine the World's largest flowering plant. It is estimated that at the height of bloom it has 1.5 million blossoms with 40 blossoms per sq. ft., weighs 250 tons and has branches that extend 500 feet. Wistaria is a member of the pea family though its seeds resemble a flat bean. Seed pods burst open in the summer. The plant is deciduous, losing its leaves in the winter. Wistaria seeds were brought from China by Marco Polo in the 13th century.

Today, the vine covers approximately one acre. Over the years, it has shown distress and seemed to be dying. Experts have been brought in from Cal Tech, Occidental, and Cal Poly Pomona. Correct pruning, treatments with hormones, and vitamin B have helped the vine to recover and to flourish. To help maintain the Vine's health, records of vine growth and care are now kept on a computer log. The Vine seems to produce its greatest flowering after a cold winter followed by a sudden hot spell.

What is the correct spelling for wisteria—wisteria or wistaria? In the Sunset Western Garden Book it is spelled wisteria. Sierra Madre has always spelled it wistaria. According to L. A. County Arboretum and Botanic Garden senior biologist Jim Bauml and Librarian Joan De Fato, the plant was named to honor Caspar Wistar (1761-1818), an American physician and teacher, who taught at the University of Pennsylvania. Among his accomplishments, he wrote the first text-book on anatomy. When the name of the genus Wisteria was put into the books, it was incorrectly spelled, says De Fato. So, one could say that all along, Sierra Madre has correctly spelled Wistaria!



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Special Wistaria Festival US Postal Stamp cancellation

See some of Sierra Madre's historic sites – Lizzie's Trail Inn, E. Waldo Wards,

The Richardson House, The Pinney House

Memorial Park Fun 'n Food

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Sunday, March 20, 2011 - Rain or Shine

Vine viewing: 9:00 a.m. to 4:00 p.m.

Art & Garden Faire: 9:00 a.m. to 5:00 p.m.

Take old fashioned Trolley to see the Vine:

Tickets: Required to enter vine-viewing grounds. Shuttle ticket serves as entry ticket

\$12 per person day of event; Seniors and kids 6 – 16, \$7, age 5 and under free

Old Walk Through Serene Sierra Madre to see the Vine:

Note: It's about 1 mile uphill. Free walk-in ticket is required.

Free Gateway Coach shuttle from Gold Line (Sierra Madre Villa Station) to and from Sierra Madre

GET A SPECIAL POSTMARK CANCELLATION TO CELEBRATE THE SIERRA MADRE WISTARIA FESTIVAL.



Event: The Sierra Madre Wistaria Festival,
Date: Sunday, March 20, 2011
Hours: Open 11 A.M. to 3 P.M.
Location: Kersting Court in Sierra Madre during Festival
Sierra Madre Boulevard and Baldwin

Bring postcards or letters and mail them from this special event post office and your friends will be surprised when they receive mail with this extraordinary postmark.

This postal cancellation has been announced and printed in the U. S. Postal Bulletin which is distributed worldwide. To accommodate collectors from out of the area, the Sierra Madre Post Office will cancel postcards and letters upon request with the Wistaria Cancellation for 30 days after the event. To postmark a letter after the event go to Sierra Madre Post Office and request the Wistaria Postmark on your mail.

WISTARIA FESTIVAL MUSICAL LINE UP

Vine Stage

Ron Longo	9 - 11am
Michael Zubia	11am - 1pm
Ron Longo	1 - 3pm
Dick Bertrand	3 - 5pm

Kersting Court Stage

Bruce and Pamela Forman	11am - 12:30pm
Michael Zubia	1:15 - 2:30pm
Len Mendoza	3 - 4:30pm

Jailhouse Inn Stage

Tremoloco	11am - 12:15pm
Chico's Bail Bonds	12:30 - 1:30pm
Homegrown	1:45 - 2:45pm
? And the Wistarians	3 - 5pm

Charcuterie Stage

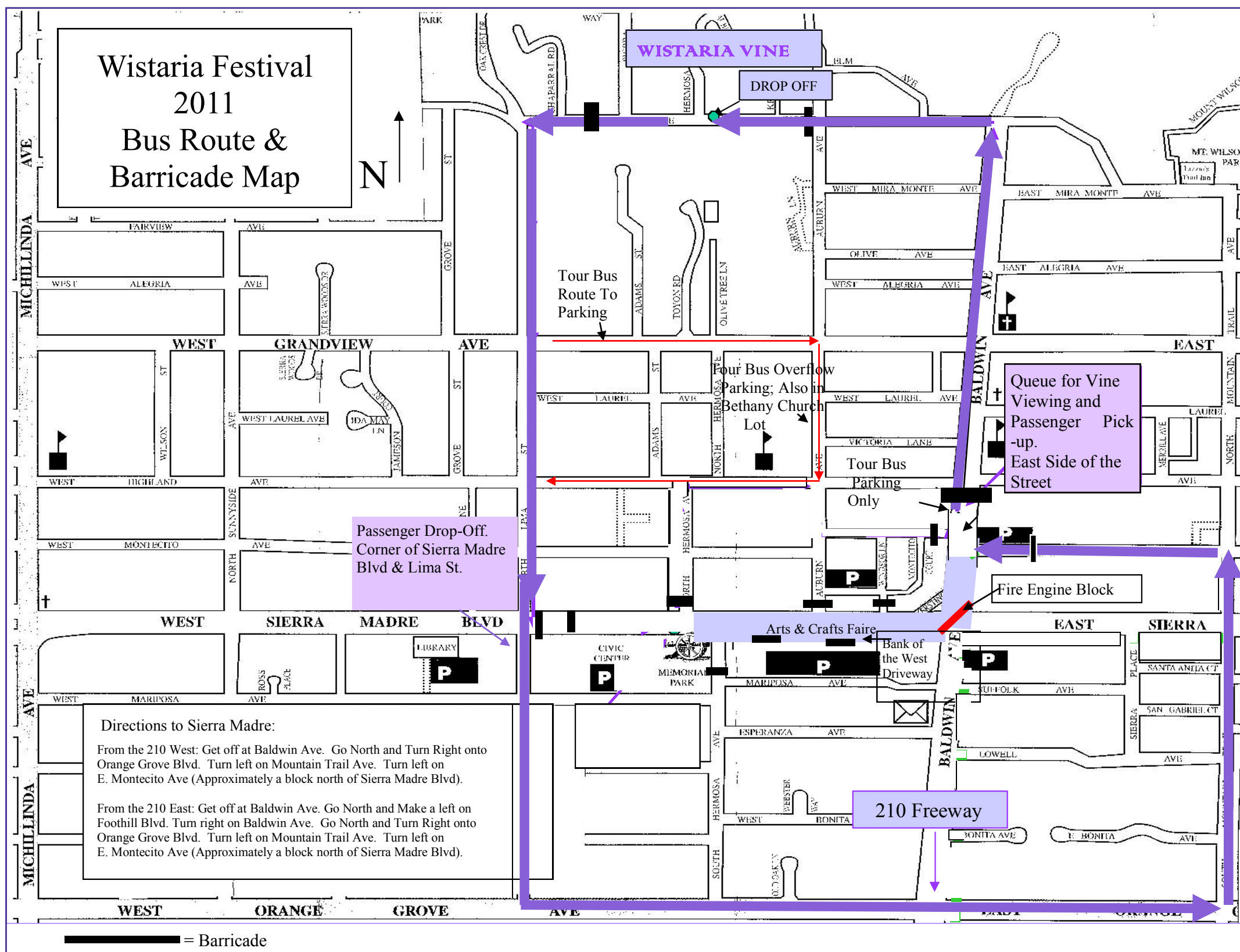
Gem City Jazz Cats	11am - 12:15pm
Ocho X	12:45 - 2pm
Dave Shelton	2:30 - 4:30pm

Memorial Park Stage

Emcee: **SierraMadreSue Behrens**
Horses on Astroturf 12noon - 1:15pm
Snotty Scotty and the Hankies 1:45 - 2:45pm
Aluminum Marshmallow 3 - 4:15pm
All-star Jam in the park, 4:45 to 6

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Acts, Times and Stages subject to change without notice.



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 PROPERTIES

Now At The Huntington Library:

Three Fragments of a Lost Tale: Sculpture and Story by John Frame



Review by Despina Tsiknas-Arzuoman

Shakespeare said it well: *"All the world's a stage, And all the men and women merely players; They have their exits and their entrances, And one man in his time plays many parts, His acts being seven ages."* As *You Like It, Act 2, scene 7, 139-143* Artist, John Frame, said his work, as well as his life, have been heavily influenced by the works of William Shakespeare and that of William Blake. When asked by The Huntington Library museum staff if he wanted to relate his exhibition to anything else in the museum, he chose to curate some works by William Blake which were also on exhibition there. And so, if all the world is a stage, John Frame sacrificially and with tremendous loving care, went to great lengths to realize such concept --not in the theatrical sense, per se-- but through the medium of sculpture. His study conceptualized ideas such that they depict several of the seven ages of a main character (albeit a "crippled" person) who suffers the consequences of the various destinies he is responsible for manifesting (and balancing). So, while the various aspects of the main character is / has been pulled-around-by-the-nose by nature (a la the Pinocchio paradigm), and despite his forlornness, he perseveres with all the ongoings.

In addition, if one considers that Mr. Frame also includes such deep philosophical issues such as those depicted in the works of William Blake, (eg. "The Just Upright Man is laughed to scorn") could such desire for justly uprightness (a/k/a knowledge, wisdom, morality), and the resolute pursuit thereof be realized? If man be broken from the "fall" into nature, then it stands to reason that Uprightness has to do more with the mind than with matter. Whatever John Frame awoke-to whilst envisioning this body of work, he did obediently choose to simply begin DOing what was "guided." And though labor intensive, such minutia was of absolute necessity in order to procure these bodies of creation. As man spends lifetimes looking

"out there" and asking questions, could it be that what *real* artists endeavor to do is create works that (at the very least) sensorily point-out is that what we really seek-to-do is learn to look INward; because, in fact, the answers to the All which we seek "out there" is already intertwined and secreted within our very self. Frame has been creating figurative sculpture since the 1980's and in this most recent project, has expanded into filmmaking and photography which give additional dimension to the pieces. Each character figure is fully articulated -- with moving limbs, fingers, jaws, and even the eyes which seem hypnotically real. In addition, every costume is hand-stitched and sewed, with careful attention to detail (as is with everything). Also, the actual stage and the settings are also handmade, save for a couple of platforms which were acquired after countless weeks of searching for same on ebay.

If you don't already have inspiration, Frame's work is sure to insight a natural bent towards his sculptural art form, as well as inspirit the processes of feeling and of thinking; or, if it is the craftsmanship and minute details is what interests you, I highly recommend seeing this exhibition. Frame examines the human condition in a way that should be highly noted. And, not being familiar with his work prior to seeing this exhibition, I was extremely impressed (and elated that there are still real artists "out there").

"Three Fragments of a Lost Tale: Sculpture and Story by John Frame" is on view at The Huntington Library, Art Collections, and Botanical Gardens from March 12 - June 20, 2011. The Huntington is located at 1151 Oxford Road, San Marino, CA 91101 (another entrance is located at So. Allen Avenue and Orlando Road). For more information regarding Admission Fees or Museum Membership, go to www.huntington.org; or contact Thea M. Page at 626-405-2260 or e-mail tpage@huntington.org.



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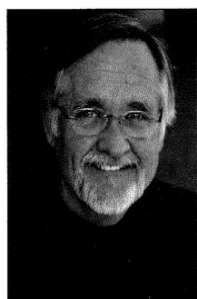
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Another Sierra Madre Treasure.....DOROTHY WHITE

She really knows how to 'spin' a 'tale'

Dorothy White is quite a story teller, and that is a good thing. A charming, quick witted, fun loving retiree, she is a contributor to the Mountain Views News whose area of expertise is making sense out of nonsense. She brings out the truth in those Fairy Tales that we have all believed for hundreds of years!

A true 'Super Senior' writing is just one of Dorothy's many interests. She traveled the world with her late husband and developed an interest in photography. You can catch up with her almost any day, walking around town. She keeps busy with her civic activities, and she still loves to travel a lot. When asked what were her next travel plans, she had not yet made up her mind, but she was certain she was going somewhere this year. Then she thought about and said, "Probably Hawaii".

Her spin on classic fairy tales are a delight. Whenever they have appeared in the paper, readers call and/or write complimenting the 'tale'. So, just in case you've missed a tale or two, here are five well known fairy tales, *according to Dorothy!*



THE TRUE TALE OF HUMPTY DUMPTY

After his fall, Humpty Dumpty, unconvinced that he could not be put back together again consulted a plastic surgeon who assured him that of course, he could be restored to his former self. In fact, it would be a real coup for the doctor to perform such a feat. During the surgery however, the surgeon talked continuously on his cell phone and was so distracted that as a result Humpty Dumpty was not reconstructed as he had expected, but instead had a waistline!

Now our hero was actually quite proud of his new physique—so much so that he refused to answer to Humpty Dumpty (which was a nickname imposed by bullies anyway), and asked to be called by his given name, Eggbert. Pride is all very well, but it doesn't pay the bills and his health insurance company had refused to pay for his surgery. Cracked and addled eggs were not covered by his policy. So in the true American way, Eggbert sued the plastic surgeon. The jury consisted primarily of Vegans who, with very little deliberation, found in favor of Eggbert.

After all he had gone through—the fall, the surgery and the lawsuit, Eggbert was so worn out that he needed a vacation. He decided to take a cruise where he hoped to meet some neat little egglettes. Though there were some cute chicks on board, Eggbert really didn't care for "older" women—they were too hard-boiled for his taste...forgive the expression. He decided to try the swimming pool where, as he approached, he heard the cry: "Last one in the pool is a rotten egg." By this time, as you can well imagine, Eggbert was becoming (to put it euphemistically), a bit "over-ripe" and took this comment as an ethnic slur, but decided, good egg that he was, to let it pass.

Humpty Dumpty then discovered what all cruise passengers do—FOOD! He proceeded to eat six meals a day, or to put it another way—one continuous meal. As a result, he regained his former ovate shape.

As we leave Humpty Dumpty (no longer Eggbert), he and his fellow passengers are involved in a class action suit against the cruise line which served such irresistible food that caused them all to gain weight.

The End

HEY DIDDLE DIDDLE... The Cow jumped Over the Moon

Old King Cole was in a quandary-- the star of the show, Little Tommy Tucker, who sang for his supper at King Cole's night club, had laryngitis. A replacement must be found immediately. But who? Where?

To help him think of what to do, King Cole took a leisurely drive through the countryside. As he passed a farm he noted something almost unbelievable—a cow making fantastic leaps—jumping over other cows, sometimes two or three cows in one leap. Maybe, just maybe—that was the solution to his problem. When approached, the farmer said he would gladly rent Cowleen to King Cole as she had been such a bad example to the other cows. Cowleen was happy to leave; she had been yearning for a change and some city life.

"The Cow Jumped Over the Moon" turned out to be a great act. Cowleen made several feints; then to a drum roll, made her fantastic leap over a gigantic papier mache moon. After two weeks had passed however, Cowleen became homesick. She missed the clover-filled fields, the playful calves and especially a good gossip with the other cows. She wanted to go home. Fortunately at this point, Tommy Tucker regained his voice. Cowleen was fired and Tommy once more became the show's star.

Cowleen returned to the farm, where although she regaled her cohorts with tales of her life in show biz, she was much happier back at the farm. She was truly a contented cow.

TOM, TOM, THE PIPER'S SON... Stole a pig and away he run.

Tom was an honest boy and he had not stolen the pig. Because the pig was the runt of the litter, a kindly farmer had given the scrawny little creature to Tom. Tom's vegetarian parents were far from being overjoyed about their son's acquisition, but they did allow him to keep the pig as a pet.

Tom named his new pet Primrose. Since his family lived on a farm, it was no problem to indulge Primrose with rich cream, eggs and corn. With this diet Primrose became plump and pretty. Furthermore, she had a pleasant personality which endeared her to family and friends.



There was one strange thing about Primrose. When Tom took her for a walk around the farm on a leash he had made for her, she made frequent stops and would begin pawing in the dirt, all the while giving little squeals. It was as though she was trying to tell him something. It was puzzling, but one day Tom listened closely and realized she was saying "Oui, oui." (Primrose was a French pig). What do French pigs do? They dig for truffles...those very expensive, subterranean delicacies.

With this discovery, Tom and his family began making weekly trips to the Farmer's Market with the truffles that sold at a very high price. Tom's father, who had been a piper with a rock band, gave up his musical career, which he had always disliked because it involved so much time on the road, and concentrated on the truffle business.

A spacious sty was built for Primrose where she lived out her life in contentment. When she gave up truffle digging, she taught the skill to her piglets who took over, keeping the Farmer's Market supplied with truffles for the gourmet trade for years to come.

THE THREE LITTLE PIGS



The three little pigs were a singing trio known as the Trotters, and the wolf was their agent. They sang the old songs of the 20's, 30's and 40's. While one of them sang lead the other two sang back-up with a pleasant little oink, oink sound that was their trademark.

Gradually as new music styles became popular, the Trotters found themselves without bookings. Even the wolf would no longer act as their agent. Of course, the wolf, known for his gouging business deals, could find no other clients, so he turned to another line of work—writing for the scandal sheets. Oh, what dreadful stories he wrote about celebrities—mostly untrue. He even wrote one such item about the three little pigs, saying they had once posed nude for a centerfold with apples in their mouths.

ABSOLUTELY FALSE.

This item, however, had the effect of propelling the Trotters back into the limelight and soon they were receiving offers from Branson and Palm Springs. But they were no longer interested in show biz. Even though the wolf had collected exorbitant commissions, they had saved enough money to buy a spacious wolf-proof brick house with a luxurious mud bath in the back yard. They did not wish to give up their comfortable new life style for days on the road; make-up sessions (all that pink body powder-ah-choo), tail curling (ouch), rehearsals, and above all, costume fittings, which had always been troublesome because of their weight problems. Now, they would sometimes assemble outside on a summer evening and entertain their neighbors with the old routines. As for giving up their careers, they had no regrets...

CINDERELLA

It had been one year since the royal wedding and all was *not* well at the palace. The prince had turned out to be a lazy lout who spent most of the time singing along (off key) with the karaoke machine at Old King Cole's. Even worse, the palace was heavily mortgaged. With no money for servants, Cinderella had to work harder than ever keeping the palace clean.

Then came the inevitable—foreclosure! Cinderella and the prince had only one option—to move back to her former home. Things had changed at the old place. Cinderella's step-mother had become interested in politics and spent her days at party headquarters stuffing envelopes, making telephone calls, and was even thinking about running for political office herself. The step-sisters, tall and well coordinated, had become star players on a women's basketball team known as the Rapid Rabbits. They had used some of the big bucks they were making for cosmetic surgery, a good hairdresser and a fashion consultant, and had become very pretty girls. Now they could be choosy about their dates. Cinderella might be content with a deadbeat prince with a shoe fetish, but the sisters dated only professional athletes.

As the step-sisters' appearances had improved, so had their dispositions. They sincerely sympathized with Cinderella and decided to do something to relieve her financial distress. Finding a job for Cinderella was no problem. With her housekeeping skills, she landed a job on TV demonstrating cleaning products. The prince was another matter. Finally, he was hired as a mascot for the Rapid Rabbits. Wearing a fluffy, white bunny suit, he greeted fans, posed for photos and passed out discount coupons for carrotburgers.

Now that the royal couple had a steady income, they were able to buy a new home, a charming little cottage, and there they lived happily ever after.

The End

Think "color" and choose servings...

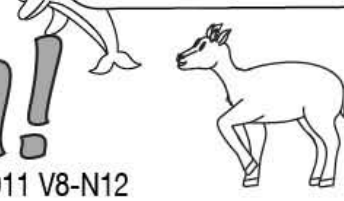


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Healthy as We Can Be!

You've probably heard that goats will eat anything, but we don't. We might check out the smells from a tin can or tear at a piece of cardboard, but those don't give us any nutrition. Kids... the human kind...are lucky. They have a helpful food pyramid* that shows people five basic food groups and the amounts they should try to eat each day to get all the nutrients they need. It helps kids to eat a balanced diet.

A. The drinks and foods in the 1 Group give us vitamin D. They have calcium to help us build strong 2 and teeth. Some foods in this group are milk, yogurt, pudding and 3.

B. The 4 Group is loaded with green, yellow, red and orange foods you can eat raw or cooked. Many foods from this group, like 5, have vitamin A, which keeps your skin healthy and helps your 6 to see in dim light.

C. Foods from the 7 Group are also a rainbow of color! Many fruits, like oranges, have vitamin C that help keep your body healthy and help it 8. 9, bananas, berries and other fruits have lots of good fiber too.

D. The foods in 10 and Beans Group have lots of protein, iron and B vitamins. They help to build 11, blood and every cell in your body. Some foods in this group are beef, fish, nuts, seeds, eggs and 12.

E. The 13 Group is made up of foods that have carbohydrates and may have lots of fiber. Carbohydrates are what give you 14. Foods in this group include 15, cornbread, rice, crackers, noodles and popcorn.

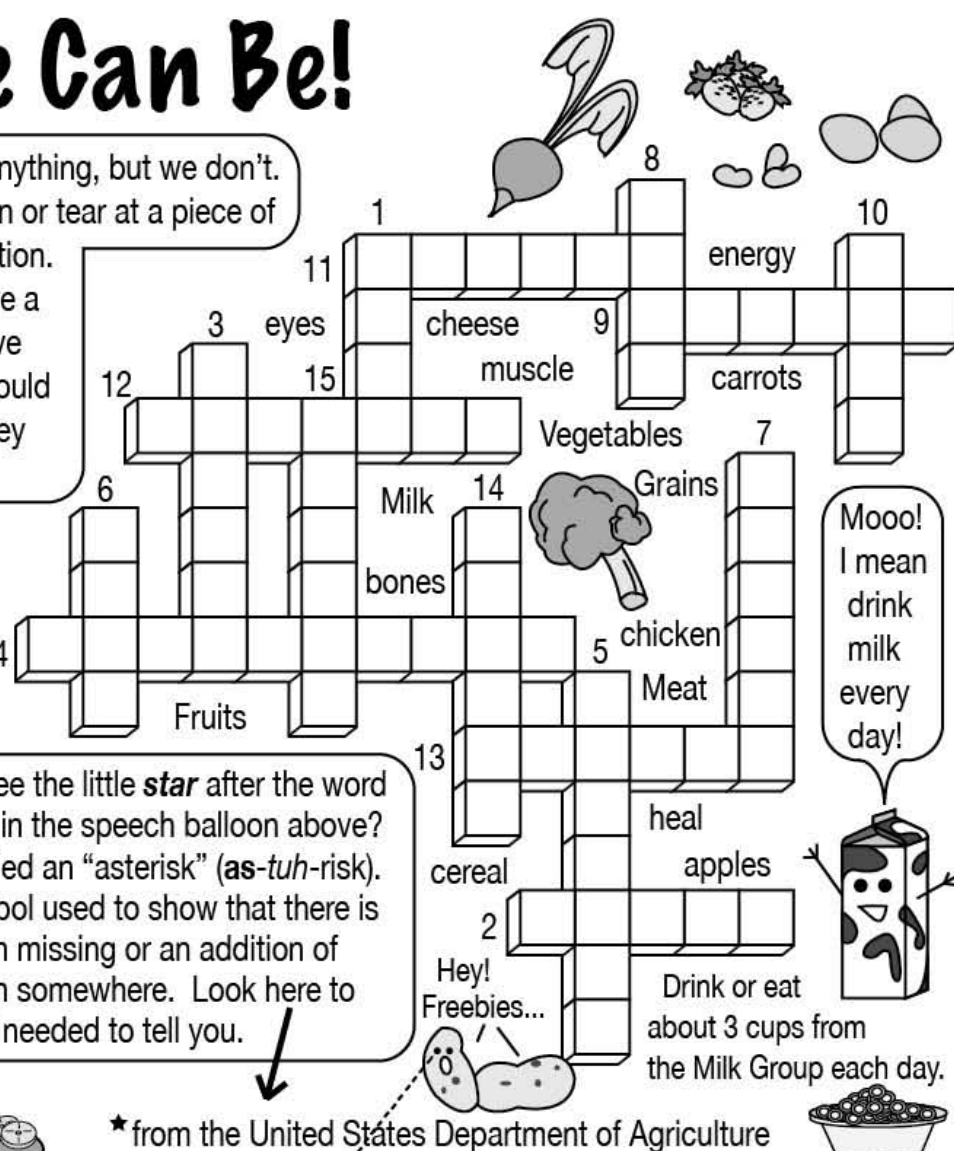
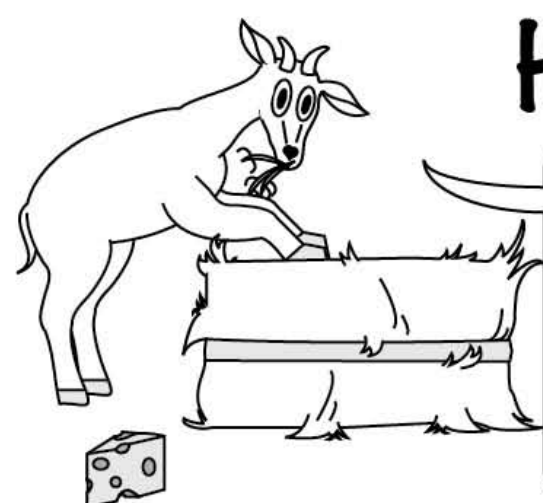


Do you see the little **star** after the word "pyramid" in the speech balloon above? That is called an "asterisk" (**as-tuh-risk**). It is a symbol used to show that there is information missing or an addition of information somewhere. Look here to see what I needed to tell you.



*from the United States Department of Agriculture

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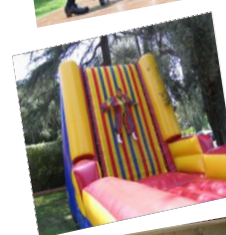
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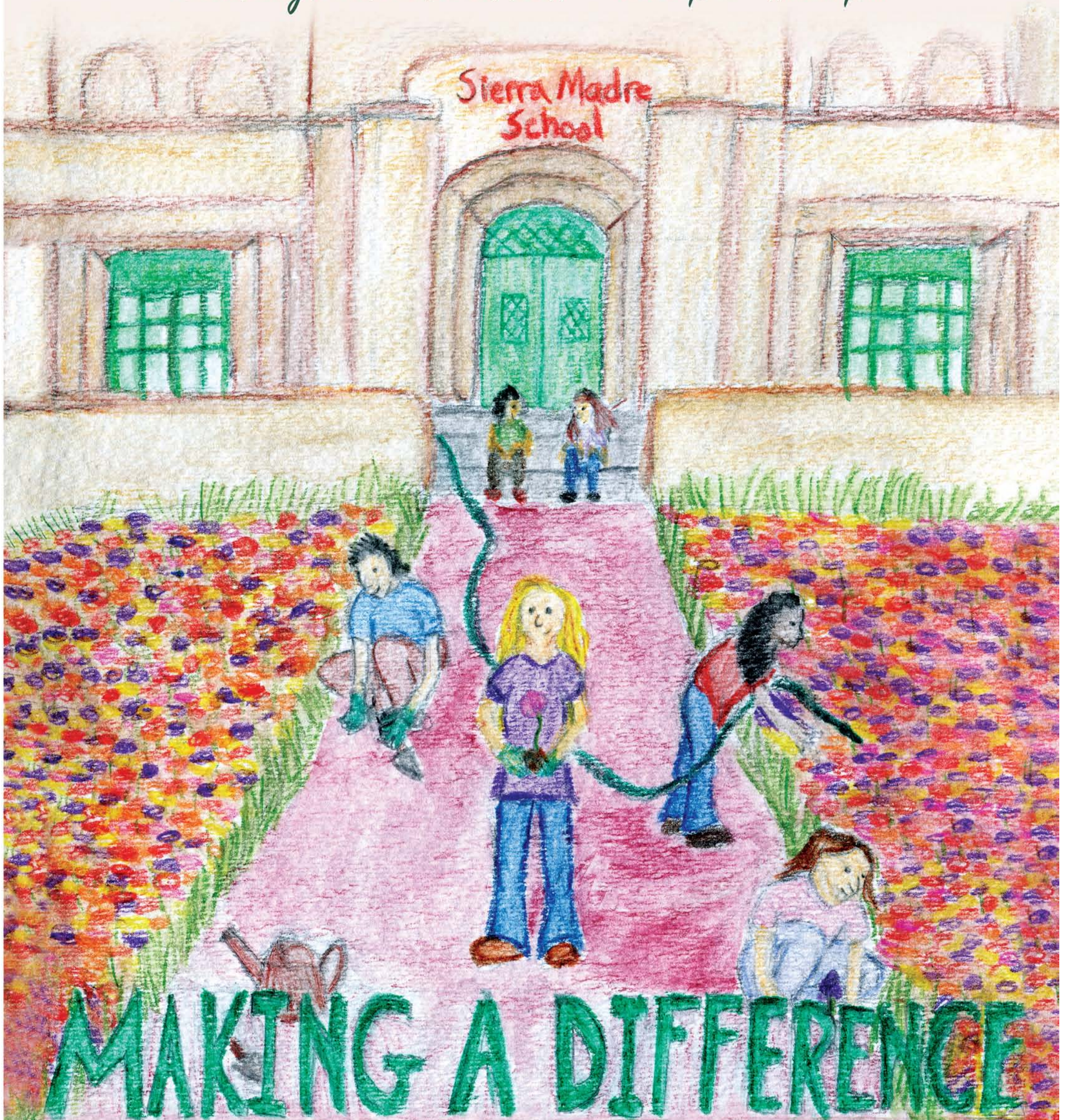
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