

# THE 2011 Mt. Wilson Trail Race Much More Than Just A Race



In less than 13 days, hundreds of people will gather in Kersting Court to participate in the activities associated with the famous Mt. Wilson Trail Race. On Saturday, May 28th, some 300 runners will make the trek from Baldwin Avenue and Sierra Madre Blvd. to the end of the Mt. Wilson Trail and back down again. It is also expected that over 150 children will participate in the Kids Race up Baldwin on Saturday morning too. But, there is much more to the weekend than just the race!

Although for many, the fun started back in January when runners began training for the race, the night before race day gives those who are not venturing up the trail a chance to participate in the festivities.

On Friday, May 27th, the MWTR Committee will host the annual Pre-Race Pasta Feed. From 5:30-7:00 p.m., Cafe 322 will serve dinner, as the runners come to pick up their packets. A portion from each dinner served will be donated by Cafe 322 to Sierra Madre Search & Rescue. On display Friday night is a slideshow of previous Mount Wilson Trail Race photo. You can also purchase Trail Race merchandise Friday night.

On race day, there is even more to do. The race will begin at 7:30 am. At 7:45, the Kids Mile Fun Run will start. Children run under the same banner as Mount Wilson Trail Race runners one mile up Baldwin Avenue and back. Youth ages 3 and up can participate in this free event and all participants will receive a ribbon and T-shirt.

Spectators can also view the race in Kersting Court via live video feed, courtesy of the Sierra Madre Search and Rescue Team.

At 9:00 a.m. on Race Day, the Beer Garden and vendor booths will open. The beer garden is sponsored by a local Sierra Madre Foundation (The Spero Foundation) Proceeds from the beer garden are donated to Sierra Madre Search and Rescue which is celebrating its 60th year.

The official Race Starter will be long time Sierra Madrean Miner Hark-

ness of Sierra Madre Search & Rescue. SMSR will beneficiary of this year's race in commemoration of its 60 years of public service.

The Trail Race is a community effort lead by a committee of dedicated volunteers. They are:

- Mt. Wilson Trail Race Committee**
- Pete Siberell, Chair
  - Gary Hilliard
  - James Faulkner
  - Jim Liston
  - Andy Kumeda
  - Karen Moran
  - Pam Kelly
  - Heidi Hartman
  - Dennis Hartman
  - Lisa Spigai Perez
  - Sharon Pevsner
  - Jay Chapman
  - Eric LeClair
  - Jon Pedder
  - Keith Van Dusen
  - Pat Alcorn
  - Adam Matsumoto



2010 was the first year that fans could actually watch the race via a live video feed in Kersting Ct.

This year's event sold out in record time. Just two weeks after the applications were publicized, 300 runners had committed and a waiting list was developed. People come from all over the country to participate, with Tommy Marshall coming the longest distance. He is coming from North Carolina.

## HISTORY

The Mount Wilson Trail Race is the second oldest trail race in the country; first held in 1908 when runners raced to Mount Wilson, rested 1/2 hour, then raced back down. The race was held sporadically from the first year until the late 1940's and early 1950's, when it was abandoned completely. In autumn of 1965 it was revived and has grown over the years to its present format. Organized by a volunteer committee and sponsored by the City of Sierra Madre, the current race is 8.6 miles in length. The exact course has changed by erosion, fires and earthquakes. For this reason no official record is recognized. Since the revival in the 1960s, today's course is considered the most difficult.

## THE COURSE

The 8.6 mile race starts on pavement, uphill, to a dirt path no more than three feet wide. It features an elevation gain of over 2,100 feet; approximately 4.3 miles to the turnaround point at Orchard Camp. Most of the race takes place on the Mount Wilson Trail, where some sections have vertical drop-offs of several hundred feet. Boy and Cub Scout Troops provide water at two locations: the 2.3 mile marker (at First Water) and the turnaround point. Due to the steep, narrow features of the trail, the race is limited to a maximum of 300 runners.

MVNNews/Archives

# PAT ALCORN: Sierra Madre's Older American Of The Year



From left to right, De Alcorn, Minor Harkness, Pat Alcorn and her granddaughter Sabrina. Photo by S. Henderson

On Friday evening, the Sierra Madre Senior Community Commission, along with the City of Sierra Madre, bestowed the honor of "Older American Of The Year" on 40 year resident Pat Alcorn.

The event was attended by community members of all ages who showed their appreciation for Alcorn's volunteer efforts. Among those present were her former 'boss', Pastor Langley, and representatives from Congressman David Dreier, Senator Bob Huff and Supervisor Michael Antonovich's office. Sierra Madre Mayor John Buchanan, as well as Councilmembers Mary Ann MacGillivray, Josh Moran and Nancy Walsh.

Alcorn's husband of over 50 years,

De, who is also Sierra Madre's Secretary of Volunteerism also spoke highly of his wife's commitment to the community.

Alcorn co-chaired the Friends of the Library Wine and Cuisine Tasting for the last two years, is also co-chair of the Community Services Commission, and was president of the Civic Club in 1971, 1972, and 2005. She has contributed to the community in many other capacities and has been nickname, along with her husband De, "Mr. and Mrs. John Q Citizen", a moniker that notes their participation in just about any community event going on in town.

One of the most touching moments of the evening was when, during

her remarks, she looked out into audience and saw her dear friend, Minor Harkness, who now lives in Idaho.

The Older American Of The Year award is presented in conjunction with the National Older Americans Month (May).

Sponsors for the event included Arcadia Gardens, Beantown, the Bucaneer Lounge, Cafe 322, Casa Del Rey, Foothill Home Care Partners, Fresco's Family Restaurant, Friends of the Sierra Madre Library, Kiwanis Club of Sierra Madre, Leonora Moss, Mama Pete's Nursery School, The Only Place In Town, The Sierra Madre Senior Club, Village Pizzeria and Zugo's Cafe.

## Resident Files Lawsuit Over Water Rate Increase

On May 6, 2011, a lawsuit was filed in the Los Angeles Superior Court by Sierra Madre resident John Crawford against the City of Sierra Madre. The suit alleges that the city acted contrary to the law (Prop 218) in its implementation of the recent water rate increase.

The city maintains that it did in fact follow the provisions of Prop. 218, which requires public notification of rate increases such as water, and also allows citizens the opportunity to protest such actions.

In 2010, an organized protest against the increase was orchestrated, however, it failed to yield the required majority needed to prohibit the city from moving forward.

After an extensive outreach to the community, the city proceeded with the increase which was the first such increase since 2006.

It is not known at this time what the cost of defending this lawsuit will be. Those costs, however, will come out of the city's water revenues.

Crawford is being represented by Former Sierra Madre Mayor Kurt Zimmerman.

S. Henderson/MVNNews

## I-210 BRIDGE/ICONIC FREEWAY STRUCTURE UPDATE



Crews conduct environmental sampling at the site of the future I-210 Bridge.

You may have noticed crews working at the future site of the I-210 Bridge, between Baldwin and Santa Anita Avenues on the eastbound I-210 Freeway. Following installation of a temporary sound wall and erosion control materials last month, crews were busy conducting environmental sampling.

In the coming weeks, crews will begin shoring (or grading) the slopes of the center and southern freeway medians, to create space for the large construction equipment to access the construction site. A temporary retaining wall will be built along the center median of the freeway to support the westbound I-210 traffic lanes, as part of that effort.

Work on the structure's foundations is planned to start in June. Drilling, rather than pile-driving, has been selected as the construction method for the foundation work. Although this method takes more time, it was selected because it reduces impacts on the local community.

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## Weather Wise

## 5-Day Forecast

## Sierra Madre, Ca.

<b>Mon:</b>	Ptly Cldy	Hi 60s	Lows 50s
<b>Tues:</b>	Showers	Hi 60s	Lows 50s
<b>Wed:</b>	Sunny	Hi 70s	Lows 50s
<b>Thur:</b>	Sunny	Hi 70s	Lows 50s
<b>Fri:</b>	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service



## AUTHOR TALK AT THE LIBRARY

## An Afternoon with Laurie Viera Rigler

Best-selling author Laurie Viera Rigler will appear at the Sierra Madre Public Library on Saturday, May 21, at 2:00 p.m. Ms. Rigler is the author of two uproariously funny novels in which the main character finds herself unexpectedly transported backward or forward in time, one to repressive 19th c. England (Confessions of a Jane Austen Addict), the other to free-wheeling 21st c. America (Rude Awakenings of a Jane Austen Addict). The results are hilarious, as each tries to cope with a society she finds utterly foreign, yet fascinating. These delightfully inventive feel-good reads have been hailed by critics as "snappy, fresh and laugh-out-loud funny," and "a very accurate but humorous comparison between the lifestyles of Jane Austen's time and the modern day."

After her presentation, which is aptly titled, "Confessions of a Jane Austen Addict," Ms. Rigler will be available to chat and sign books. Light refreshments will be served. The Sierra Madre Public Library is located at 440 W. Sierra Madre Blvd. in Sierra Madre. (626) 355-7186. [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## FRIDAY FAMILY MOVIE SERIES

The 2011 Friday movies series is beginning on Friday, May 6, 2011. Movies are shown free to the public every other Friday beginning on May 6, 2011 and running through June 3, 2011. Movies are shown in Kersting Court, at the corner of Sierra Madre Blvd. and Baldwin Ave. The movie line-up is: May 6 – Toy Story 3, May 20 – Despicable Me, and June 3 – How to Train your Dragon. For more information call 626-355-5278.

## What's On YOUR Mind? What Do YOU Think?

We'd like to hear from you! Contact us at: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com) or [www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews)



## "EXPERIENCE MAGIC!" AT SIERRA MADRE PLAYHOUSE ON MAY 15

## "Experience Magic!" A new musical including magic and illusion.

WHO: Conceived by musical director Ryan Luevano. Music and lyrics by Ryan Luevano. Produced by Jeff Black and Ryan Luevano for Maestro and Magic productions.

WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre.

WHEN: Sunday, May 15, 2011 at 7:30 p.m.

ADMISSION: \$20.

RESERVATIONS: (626) 355-4318.

ONLINE TICKETING: [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org)

Three magicians from the famed Magic Castle perform dazzling illusions in this new hybrid of musical and magic show. They are Jeff Black, Arthur Trace and Nathan Gibson.

Luis Avila and Christina Valo also star in this romantic fable about an unemployed young man who goes on a cruise and meets the love of his life, a beautiful magician's assistant.

The original musical score is performed by a live seven piece band.

There's romance, music, and a wonderful opportunity to see three prize-winning magicians perform live in an intimate theatrical setting.

## 50/50 LEADERSHIP'S "LOVE YOURSELF" EXPO PROMOTES WOMEN'S WELLNESS

Get ready for an "afternoon to honor you" at 50/50 Leadership's annual Love Yourself: A Woman's Day Out expo. Love Yourself will be held on Sunday, May 22 from 12 p.m. to 5 p.m. at Sproul Reception Center (13000 Clarkdale Avenue, Norwalk, CA 90650). This educational and entertaining showcase features presentations by esteemed entities such as Wells Fargo Bank and highlights the unique items and resources of interest for women to better themselves professionally, mentally, physically and spiritually. Hosted by 50/50 Leadership, the event will feature live entertainment, useful information and professional vendors offering attendees female-interest goods and services for an afternoon of educational indulgence.

One common thread among the vendors will be safety and participants will hear from such esteemed presenters like self-defense guru Ellen Snortland.

"I am on a life-long mission to educate women and girls

on physical self-defense as a physical literacy issue, a domestic anti-terrorist measure, and a human right — a necessary ingredient in the quest for women's liberation," Love Yourself presenter Ellen Snortland wrote.

Admission to the expo is \$10 at the door and giveaways will be provided to the first 50 registrants. Interested parties can register on-line and in advance of the event at [www.5050leadership.org](http://www.5050leadership.org). Attendees will have an opportunity visit industry professionals that offer a plethora of products and services of a feminine nature. In addition to vendors, visitors will enjoying specialty goodie bags, raffles with door prizes, live entertainment, and featured guest speakers such as registered dietician Alicia Calvo, author Louise Cabral-Wyler, and bluefeet founder Lilli Cloud



## Sierra Madre Public Library Homebound Program

[www.cityofsierramadre.com](http://www.cityofsierramadre.com)  
626.355.7186

The Sierra Madre Library is offering a new program to homebound persons who live in Sierra Madre called "Titles To Go" - Bringing the library to you! The program is free and enrollment is very simple. For more information, please call Anna Valencia at (626) 355-7186

## Community Yard Sale

The City of Sierra Madre Senior Community Commission presents a Community Yard Sale on Saturday, June 11, 2011 from 8:00 a.m. to 12:00 p.m. located in the Sierra Vista Park Parking Lot (611 E. Sierra Madre Blvd.). Community members are invited to come together with their neighbors to participate in a community yard sale. Participants have the opportunity to clean out their garages, attics, storage sheds and closets without sending those valuable items to landfill.

Cost is \$25.00; proceeds will benefit senior programs and activities. Alternatively, you may donate items to the Senior Community Commission booth to help raise money for senior programs and activities. If you would like to participate in the Community Yard Sale, please register online at [www.cityofsierramadre.com/online/registration](http://www.cityofsierramadre.com/online/registration) or in person at the Community Recreation Office 611 E. Sierra Madre Blvd. Deadline to register is Tuesday, May 31 or until spaces are filled.

Participants must provide their own tables, chairs, canopies (10'x10' maximum) and cash boxes. No electricity will be provided. Live animals, large canopies, and selling of food or drinks are prohibited. All business must be conducted within your space. Event may be cancelled due to inclement weather.

A limited number of spaces are available. For more information please call (626) 355-5278.

## FOURTH OF JULY PARADE GRAND MARSHAL SOUGHT

The Sierra Madre Fourth of July Committee is looking for candidates for the 2011 Fourth of July Parade Grand

Marshal. The Parade will be held Monday, July 4, 2011.

Parade Grand Marshal Candidates should echo the spirit of Sierra Madre, be an active volunteer in any of the local nonprofit organizations, or in some way contributed to the betterment of Sierra Madre.

Nominations must be submitted by Tuesday, May 17th and should be sent to

the Fourth of July Committee, P.O. Box 1073, Sierra Madre, CA 91025 or via e-mail to [matthewbosse@hotmail.com](mailto:matthewbosse@hotmail.com)

The Parade begins at 10 a.m. at Sunnyside and Sierra Madre Blvd., following complimentary breakfast at the Woman's Club Essick House. The Parade ends at about 11:30 a.m. with activities following in Memorial Park until 4 pm.

Veterans of Foreign Wars Post 3208  
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Monday May 30, 2011 At 11:00 am

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Councilwoman

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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## CITY HOSTS VOLUNTEER BREAKFAST



On Thursday, the city hosted a 'Thank You' breakfast for volunteers at the newly renovated Sierra Madre Room at the Recreation Center.

Without question, volunteers are the backbone to Sierra Madre, without whom it would not be possible to have a 'full service city', said Mayor John Buchanan. In the Fire Department alone, the city saves no less than \$2 million dollars per year.

De Alcorn, Secretary of Volunteerism thanked the many, many individuals and community organizations that "keep this town running".

This event is not in lieu of the annual Honors dinner that will be held later in the year at Alverno High School.



## TACO FIESTA OFF TO AN AMAZING START



Sierra Madre's newest restaurant, Taco Fiesta on Sierra Madre Blvd. at Lima, has been busy every since it opened its doors. The restaurant has been busy constantly during breakfast, lunch and dinner its first week of operation. So, the answer to the question "Will Sierra Madre support a fast food restaurant?" is easy. You Betcha!

## Sierra Madre Police Blotter

During the week of Sunday, May 1st, to Saturday May 7th, the Sierra Madre Police Department responded to approximately 331 calls for service. See [crimereports.com](http://crimereports.com) for updated information.

### Sunday, May 1st:

**9:04 AM- Violation of Court Order, 200 blk. W. Sierra Madre Blvd.** Officers were dispatched to a report of a suspect in violation of a court order. Officers arrived and determined that the suspect was in violation of a court order. The suspect also had three outside criminal warrants. Officers issued the suspect written promises to appear for the warrants and arrested the suspect for the violation of the court order. The suspect was transported to the Pasadena Police Department Jail for booking.

**4:51 PM- Possession of Replica Firearm, 100 blk. N Canon Ave.** This case involves a report of a subject with a rifle on the Sierra Madre upper campus. When officers arrived they found three minors in possession of replica firearms, including one without the orange tip, which made it appear to be a real shotgun. Officers took the minors to the Sierra Madre Police Department where they were released to their parents.

**7:55 PM- Warrant/Outside/Traffic Arrest, Santa Anita Ave. and Arno Dr.** An officer stopped a motorist for a Vehicle Code violation. Further investigation revealed that the driver had a suspended driver's license and a warrant for his arrest from Arcadia Police Department. One of the passengers in the vehicle had a felony warrant for his arrest from Riverside County. The driver was taken into custody by Arcadia Police Department and the passenger was transported to Pasadena Police Department Jail for booking.

### Monday, May 2nd:

**8:50 PM - Unauthorized Use of Personal Information, 500 blk. Acacia St.** This case involved the unauthorized use of the victim's name and identification to open an account.

### Tuesday, May 3rd:

**10:00 AM- Unauthorized Use of Personal Identification, 800 blk. Woodland Drive.** This case involves the fraudulent use of the victim's personal information to open a bank account.

**10:30 AM- Forgery, 600 blk. E. Grandview Ave.** This case involves forging the victim's signature on a real estate document for a property in Granada Hills.

### Thursday, May 5th:

**4:58 PM- Danger to Self/Others/Gravely Disabled, 300 blk. W. Sierra Madre Blvd.** Officers were dispatched to a report of a possible suicide investigation. When officers arrived, an investigation revealed a man had left suicide notes and sent text messages stating he wanted to end his life. Officers found the man at Chantry Flats where he agreed that he needed help. The man was taken into protective custody for a 72-hour-psychiatric evaluation.

### Friday, May 6th:

**5:08 PM- Vandalism, 600 blk. N. Auburn Ave.** The suspect(s) may have used a vehicle to pull a gate open. A lock to the gate was found to be removed and damaged. The suspect vehicle was possibly a black Ford pick-up truck seen driving away from the location when the resident left.

### Saturday, May 7th:

**10:16 PM- Warrant/Outside/Traffic Arrest, Baldwin Ave. and Foothill Blvd.** An officer stopped a motorist for a Vehicle Code violation. Further investigation revealed that the driver had an expired driver's license and multiple traffic warrants for her arrest from L.A. County agencies. One of the passengers in the vehicle was found to be in possession of marijuana. The driver and passenger were cited and released.

## SIERRA MADRE WOMAN'S CLUB SCHOLARSHIP AWARDS

Sierra Madre Woman's Club President, Rosemary Morabito and Scholarship Chairperson, Jayne Thomas awarded three outstanding students with Academic Scholarships on Wednesday. All are Sierra Madre residents.

1st Place was awarded to Pasadena High School senior Marjorie Hunt. She received a \$1,500.00 scholarship.

Tied for 2nd Place were LaSalle High School seniors Lori Cuerington and Henry Smither who each received \$800.00.

Students from the Sierra Madre School Upper Campus performed at the event and sang numbers from "High School Musical".



Above, left to right: Lori Cuerington, Marjorie Hunt and Henry Smither. Below, students from Sierra Madre Middle School and Principal Gayle Bluemel and Vice Principal Garret Newsom



## HAVE YOU DONE YOUR HOMEWORK?

*The future of our town is in your hands. Please fill out the General Plan Update Survey*

First of all, the General Plan Steering Committee (GPSC) and the City of Sierra Madre are not conducting a telephone survey. If you have received a telephone inquiry, it is not from the General Plan Committee. The official survey conducted by the GPSC is available on-line on the City's website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) – and click on "General Plan Update Survey." The General Plan survey form is also available at Sierra Madre City Hall and at the Library.

The General Plan survey is intended seek the community's input on the future of Sierra Madre as it relates to updating the Sierra Madre General Plan.

### What is a General Plan?

A General Plan is a document which provides goals, objectives, policies, and a set of maps and diagrams. The General Plan is a blueprint for what Sierra Madre will be, and it provides the basis for future City policy decisions for the next ten to twenty years. It is a document that reflects the community's shared vision for the future.

*What's YOUR vision for Sierra Madre? Please fill out the survey.*

An update to the General Plan cannot be done without your input. Fill out the survey on-line, drop the survey form in the mail or return it to Sierra Madre City Hall, 232 W. Sierra Madre Blvd. Your input will help the GPSC formulate goals, objectives, and policies for the Sierra Madre General Plan.

### Want More Information on the General Plan Update

GPSC meetings are open to the public and are held every 1st Tuesday of the month at 6:00 p.m. in the City Hall Council Chamber. Look out for invitations to community meetings that will be held throughout the year. For information regarding volunteering, or for any questions or comments, please contact De Alcorn, Secretary of Service and Volunteering, (626) 355-4793, or email at [GeneralPlan@CityofSierraMadre.com](mailto:GeneralPlan@CityofSierraMadre.com).

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## MAN CHARGED IN SHOOTING DUMPING BODY ON 210

A 27-year-old Tujunga man accused of fatally shooting a family member, then dumping the body on a Foothill freeway off-ramp, was charged with murder today, the District Attorney's Office announced.

Deputy District Attorney Lee Mitchell of the Pasadena Branch Office said Aram Sarukhanyan is expected to be arraigned – following his release from the hospital – in Department D of Pasadena Superior Court.

The defendant remains hospitalized for a self-inflicted gunshot wound, according to authorities.

Sarukhanyan is charged with one count each of murder and brandishing a firearm at a person in a motor vehicle. The complaint includes an allegation that the defendant personally and intentionally discharged a handgun.

Sarukhanyan is accused of fatally shooting his cousin, Adrine Arzumanyan, 33, then pointing a handgun at a civilian who tried to stop him immediately after he dumped the victim's body near the La Crescenta Avenue off-ramp on the westbound Foothill freeway.

If convicted as charged, Sarukhanyan faces a maximum prison term of more than 50 years to life.

This case is being investigated by the Homicide Bureau of the Los Angeles County Sheriff's Department.

## Council to Hold Special Meeting

A joint special meeting of the Finance/Audit Committees and City Council Monday at 3 p.m. in Council Chambers. will include, Authorization to Enter Into a Contract With Brown Armstrong Accountancy Corporation for Audit Services, the Purchase of One \$119,859 Compressed Natural Gas (CNG) 25-Foot Arts Bus and City Manager's Recommended Fiscal Year 2012 Operating Budget.

## Pet of the Week



Jackson, a handsome, two year old, brown and white tabby is looking for a loving home. He is confident, friendly and seeks attention. Jackson gets along with other cats and would be a great companion for someone who likes to take it easy. Come visit with him today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

Please call 626-792-7151 and ask about A284825 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-4 Sunday, 9-5 Tuesday, Wednesday, Thursday, and Friday, and 9-4 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org)



## Push Carts Regulations Looked At

By Dean Lee

With a growing number of push cart vendors popping up around the city, the Economic Development and Technology Committee discussed Wednesday a number of ways to better regulate them including the idea of prohibiting carts from sidewalks around parks, limiting their numbers, and keeping them from schools.

Most of the vendors are coming into the city from Los Angeles said William Kimura, the city's Environmental Health Division Manager. He said the city licenses four types of vendors, push carts, produce trucks, catering trucks and ice cream trucks.

"Our department does do weekly checks in the afternoon, usually Thursday or Friday," he said. "We are checking for illegal vendors as best we can."

On Friday afternoon this newspaper easily found two illegal push carts vendors in front of the Rose Bowl stadium. Neither vender would give their

name. One vender (pictured above) was cutting fresh fruit something Kimura said was illegal. Neither of them had proper licensing displayed, which includes a brightly colored sticker issued by the city. A vender said he had been selling fruit at the Rose Bowl 11 years.

Kimura said they were looking at possibly centralizing the vending in parks to specific locations. He said this could eliminate vending on sidewalks. He added this could also lift the current four hour vending restriction something the vendors were asking for.

The vendors were also asking to increase the residential five minute vending rule to 60 minutes he said. They also asked the city to allow vending in front of schools sometime school officials oppose. They asked to keep push cart vending 500 feet from any school. City manager Michael Beck said the city could extend the current code banning ice cream trucks in front of schools to include

push carts.

Beck also suggested they limit the overall number of vendors in parks.

"You could determine the number based on the size of the park," Beck said. "Some parks you might want to have more than others."

Council member Victor Gordo asked that they get a report back looking at the vending issues.

## Human Services Director Named



City Manager Michael Beck announced Monday the appointment of Mercy Santoro as director of the Human Services and Recreation Department. Santoro will start June 1.

"Mercy Santoro has all the qualifications and capabilities needed for Pasadena's next director of human services and recreation," said Beck. "I am confident she will continue the traditions of leadership, management and community partnerships that have been the hallmarks of the department."

The department develops neighborhood leadership and linkages and promotes positive use of recreation and leisure time city staff said. Social services, recreation and education activities are delivered at several community centers and parks in Pasadena as well as 14 Pasadena Unified School District sites.

Over the past two years Santoro has directed the Human Services Department in Claremont, including social services, human relations, recreation classes, adult and youth sports programs, and parks and facilities management.

"I am honored by the opportunity to join the Pasadena team and look forward to meeting and working with the community and staff in addressing the quality of life needs of our great city," said Santoro. "I plan to be present in community life so I can connect with partners to ensure our goals for community well-being remain a top priority."

Santoro served as deputy director of the Claremont Human Services Department from 2006 to 2009, was a superintendent and supervisor in the department from 2000 to 2006 and was recreation supervisor and coordinator for the Rialto Recreation and Community Services Department from 1995 to 2000. She taught developmental psychology at the University of La Verne as adjunct faculty from 2005 to 2007.

She holds a Master's Degree in child development from the University of La Verne and a Bachelor's Degree in English literature from Cal State-San Bernardino.

## Artnight Pasadena Offers Twelve Cultural Venues



ArtNight Pasadena on Friday, May 20, is a great opportunity to bring the whole family out on the town in search of inspiration and entertainment—all free! From 6 to 10 p.m. cultural venues will open their doors and the city of Pasadena will provide free shuttle service at each location. Walking is also an option as many of the venues are clustered downtown. To join a bicycling group visit [www.cicle.org](http://www.cicle.org). For

easy treats and modest prices, trendy food trucks will appear at a handful of venues.

ArtNight is an ongoing partnership among many cultural institutions and the Cultural Affairs Division of the city of Pasadena. For more information call 744-7887. For accessibility and alternative formats call 744-7249. Para español visite [www.artnightpasadena.org](http://www.artnightpasadena.org)

## City to Hold 125th Birthday

It begins with cake! A beautiful one, and enough for all.

To honor its 125th anniversary as a city, Pasadena will begin celebrating in June, kicking off with a birthday party extravaganza hosted by Pasadena Museum of History on June 11, and followed by concerts, fireworks and more in the summer and fall.

With the theme, "Destination Pasadena: Celebrating 125 Years of Service and Hospitality," the celebrations are a chance to discover the city's talents and treasures while learning more about the people, places and events that play a major role in Pasadena's reputation as a world-class city, including the Rose Bowl Stadium, Caltech, Norton Simon Museum, Pasadena Playhouse, and the Tournament of Roses.

Pasadena, now a city with

140,000 residents, was a rural hamlet when residents decided it was time to guide their town's destiny by incorporating on June 12, 1886. The year saw rapid changes in the United States: Sears & Roebuck, Avon, and Coca-Cola were established, a dishwasher was patented, the bicycle was the popular mode of transportation, Karl Benz and Gottlieb Daimler each filed for patents on their motorcars powered by internal-combustion engines, and the railroad was newly arrived in Southern California. This new mode of transcontinental travel helped inspire Pasadena to become a vacation destination for people wanting to escape the harsh Eastern winters. Now there are more than 125 great ways to entertain residents and visitors!

## Citizen Journalism Meet-up

*Learn not just how to blog but how to report the news*



The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools needed to capture the story and the

## Photojournalist to Speak as Part of Speakers Series



Photojournalist and editor of the Pasadena Independent newspaper, Terry Miller, will speak at the 2011 Citizen Journalism Speakers Series, a free community lecture event. The event features local and national journalists, telling their personal stories and adventures in the life of journalism and media. The event will be held on Tuesday, May 31, 2011 at 6:00pm.

Terry Miller likes to focus in on his news stories to get close and personal, framing his subjects in a sensitive and thought provoking manner, developing an intimacy for the reader. While media competition is fierce and challenging in this digital world, being fair, objective and accurate in local news coverage

remains his number one goal. It is said in journalism, "Tell the story, don't become the story." The proverbial "cardinal rule" of journalism changed in 1991. When a train derailment shut down California's highway US 101 for five days that is when Terry became the story.

Terry known for having "Ink in the Blood" was born in England. In 1965, at the age of eleven, due to his father's work as a Foreign News Correspondent for the London Daily Telegraph, he immigrated to the United States on the famous Queen Mary. As a professional photographer he has had the opportunity to photograph some of Hollywood's finest actors, musicians and comedians in their homes and at public engagements. Whether photographing a riot or a ribbon cutting, train derailment or just a simple mug shot, he puts his heart and soul into the story. The event will be held at the Donald R. Wright Auditorium 285 E. Walnut St., Pasadena, CA 91101 (located in the Pasadena Central Library) All Events Door Open at 6:00pm Each program includes a presentation by the speakers and an engaging 15-minute question and answer session with citizen journalists and community members in the audience.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## Traffic Stop Leads to Arrest and Seizure of about \$80,000 in Ecstasy Pills

By Tom Le Veque

A traffic stop for a stop sign violation leads to the arrest of an 18 year old man in possession of about 8,000 ecstasy pills yesterday. The pills were packaged in 8 separate zip-lock bags, containing approximately 1,000 pills per bag. The total estimated street value of the pills is about \$80,000.

Johnny V. Pham, resident of Rosemead, was stopped by an Arcadia Police Officer shortly after 1:30 p.m. on Tuesday, May 10, 2011, on Golden West Avenue near Huntington Drive, for failing to stop at a stop sign. Pham was accompanied by a 17 year old male passenger from San Gabriel. During the traffic stop, officers saw what appeared to be a large zip-lock bag containing a large quantity of pills lying on the floorboard of the vehicle Pham was driving. Officers conducted a search of the vehicle and found an additional 7 large bags in the trunk, also containing similar



pills, all appearing to be ecstasy.

Pham and his juvenile passenger were arrested for felony possession for sales and transportation of controlled substances. Both were booked at the Arcadia City Jail. Pham was later released after having a \$100,000 bond posted. The juvenile was released on citation to a parent.

## Wanted for Attempt Kidnap and Sexual Battery

**Suspect:** Male Hispanic, 30's, dark short hair, goatee, accent, wearing a white t-shirt/dark shorts

**Suspect Vehicle:** Audi 4-door, silver, black leather, possible spoiler, no tint on windows

By Tom Le Veque

A 15 year old girl was walking home, Wednesday, April 11, 2011, on Santa Anita Avenue at Genoa Street, when she was approached by a male who convinced her to get into his car and assist him with directions. The male drove the girl into West Arcadia and then back to the area of Genoa Street and First Avenue. After stopping the car, the male suspect began rubbing the girl's neck and shoulders while asking her if she had a boyfriend. The suspect then grabbed the girl's breasts. The victim tried to get out of the car, but



the door was locked. She persuaded the suspect to drive back toward Santa Anita Avenue, but he again stopped the car and began similar advances toward the girl. The victim was able to exit the car, but was grabbed on the arm by the suspect. She pulled away and ran off. The crime occurred at about 4:30 p.m.

Anyone with information is asked to call Arcadia Police Detectives at 626-574-5160. You can also submit crime tips and information via text, phone, or web to [LA Regional Crime Stoppers](http://www.la.gov/crimestoppers), 800-222-TIPS (8477).

## Arcadia Police Blotter

For the period of Sunday, May 1, through Saturday, May 7, the Police Department responded to 817 calls for service of which 108 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

### Sunday, May 1:

1. A traffic stop conducted around 1:00 a.m., on Colorado Boulevard and Baldwin Avenue, led to the arrest of the driver. A 29-year-old White male was taken into custody for possession of methamphetamine and paraphernalia.

2. Shortly after 10:00 p.m., units responded to the 900 block of Arcadia Avenue in regards to an unknown disturbance. Upon arrival, officers observed an intoxicated male walking to the front of the location. The 39-year-old Hispanic male was placed under arrest for being drunk in public.

### Monday, May 2:

3. Shortly after 2:00 p.m., units were dispatched to the Westfield Shopping Center, 400 South Baldwin Avenue, in regards to a report of a commercial burglary. Upon investigation, it was revealed that two unknown suspects pried open the doors to several businesses in the food court. A safe and approximately \$900 cash was taken.

4. Around 5:00 p.m., officers responded to the area of Holly Avenue and Fairview Avenue in reference to the report of a road rage incident. The two involved vehicles pulled over. The driver of a two-door white Nissan, an Asian male in his 20's, exited his vehicle while displaying a knife and yelling at the driver of the other vehicle. He then returned to his vehicle and fled the scene. A follow-up investigation is being conducted.

### Tuesday, May 3:

5. About 2:30 p.m., officers were dispatched to the 400 block of West Huntington Drive in regards to a residential burglary that had just occurred. The suspects (one described as a Black male in his 30's, the other as a driver of the suspect vehicle) pried open the front door, ransacked the master bedroom and took several items including jewelry. The approximate loss was \$18,500.

6. Shortly before 8:00 p.m., officers responded to the 600 block of West Duarte Road in response to a report of a missing person. An 87-year-old Hispanic male was last seen earlier at about 2:30 p.m. and it was not like him to be gone for long periods of time. At about 11:00 p.m., the subject is reported to have returned home safely.

### Wednesday, May 4:

7. Between 7:30 a.m. and 7:00 p.m., a residential burglary occurred in the 1000 block of Arcadia Avenue. Unknown suspect(s) entered the home through an unlocked rear door and stole several items. The approximate loss is \$2,200.00.

8. Shortly before 1:00 p.m., officers were dispatched to the area of First Avenue at Norman in reference to a suspicious occupied vehicle. A records check of the 42-year-old White male driver, as well as the 29-year-old White female passenger, reveal outstanding misdemeanor warrants for both subjects. An inventory check of the vehicle further revealed a container with tar

heroin, as well as glass pipes and multiple syringes. Both subjects were placed under arrest for the warrants, possession of a controlled substance and possession of drug paraphernalia.

### Thursday, May 5:

9. At 8:37 a.m., an officer was dispatched to 615 West Las Tunas Drive in regards to a commercial burglary. The officer found that an unknown suspect(s) pried open the victim's front door and stole a scanner valued at \$300.00. Upon further investigation, it was revealed that two additional suites were also burglarized.

10. About 2:30 p.m., officers were dispatched to the 2300 block of South Santa Anita Avenue in regards to a welfare check. Upon arrival, officers found an 81-year-old White female on the ground and not breathing. She was pronounced dead by Paramedics and her family was notified. There were no signs of foul play.

### Friday, May 6:

11. At approximately 7:21 a.m. an officer responded to 855 S. Baldwin Avenue in reference to a commercial burglary which occurred sometime between 11:00 p.m. on 5/5/11 and 6:30 a.m. on 5/6/11. An unknown suspect(s) entered the restaurant by unknown means, forced open the office door with an unknown tool and stole some food items and a safe containing \$30,000.00.

12. At 5:52 p.m., an officer was dispatched to Saphora at 400 S. Baldwin Avenue in reference to a female in custody for theft. The suspect was observed concealing several bottles of fragrance inside her purse. The total value of the stolen fragrances was \$237.00. Upon confirming the suspect's identity, it was revealed that she had given someone else's name and that she was a parolee at large with a no-bail warrant. The suspect was booked at Arcadia PD and was then transferred to the Lynwood's Sheriff's Station for care and housing.

### Saturday, May 7:

13. A traffic stop was conducted at approximately 1:41 a.m. on Live Oak Avenue and Arrow Highway. The driver was observed driving over the white dividing line and maneuvering into a lane without signaling. Upon contact with the driver, the officer noticed an odor of alcohol. A field test was conducted and the driver was arrested for DUI and for driving with a suspended license for DUI.

14. At approximately 1:42 p.m., while on patrol in the 800 block of Fairview, an officer observed 2 suspects on bicycles looking inside parked vehicles. The male suspect had a small, blue backpack. The officer then observed the male suspect enter several apartment and condominium complex driveways, while the female suspect acted as a lookout. The officer made contact with them after seeing the male suspect exit a driveway with a large, grey, hiking backpack. After consent, the officer searched the small blue backpack and found burglary tools. The female suspect was released and the male suspect was arrested for suspicion of burglary, possession of burglary tools, theft of lost property and violation of probation terms.

## HISTORY OF THE ARCADIA FIRE DEPARTMENT: AN ARCADIA HIGH SCHOOL STUDENT EXHIBITION



Arcadia High School teacher Oliver Beckwith and his honors history students are back for their seventh annual exhibit at the Ruth and Charles Gilb Arcadia Historical Museum. This year the students focused on the Arcadia Fire Department. The opening reception for The Arcadia Fire Department: A History will be Friday, June 3, 2011 at 3pm. The Exhibition will

be available for viewing from June 3 through July 9. Come and see what our illustrious Arcadia High School students have come up with!

The Arcadia Historical Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.

## Summer 2011 Registration!

The Recreation and Community Services Department's Summer Registration is underway. Registration is now open to ALL residents and non-residents. Sign up now for our Outdoor Adventure Camp and Swim lessons along with a variety of other classes and activities. The always popular dance, sports, exercise and enrichment programs are available. Several new classes have been added this season including Mad Science Summer Camp, Kiddie Tech classes and the Brit-West Soccer Camp for youth. Try something new

this summer or sign up for your old favorites. Hurry the Outdoor Adventure Camp, activities and swim lessons are filling up fast.

For class information, registration forms and to register on-line, go to the City's website at [www.ci.arcadia.ca.us](http://www.ci.arcadia.ca.us) under Recreation and Community Services Department. Registration is also being accepted by walk-in, fax and mail. We are located at 375 Campus Drive, fax 626.821.4370. For questions, please contact the Recreation Department at 626.574.5113.

## Recreation and Community Services Department BARK FOR LIFE!

Sunday May 22, 2011 10 am – 1 pm

**BARK FOR LIFE – A Canine Event to Fight Cancer**

The American Cancer Society Bark for Life is a noncompetitive walk event for dogs and their owners to raise funds for the American Cancer Society's fight against cancer. Bark for Life is directly related to Arcadia's Relay for Life and shares the theme, "Celebrate. Remember. Fight Back." So bring your best canine friend and join us for a fun-filled day starting with a walk, and continuing with de

By supporting Bark for Life, you help the American Cancer Society save lives, and that helps us move closer to our ultimate goal of creating a world with less cancer and more birthdays.

WHERE: Arcadia Dog Park (Eisenhower Park) located on the corner of Colorado Boulevard and Second Avenue

WHO: All dog owners and (and lovers) and the American Cancer Society Relay for Life & the City of Arcadia's Recreation and Community Services Department

Registration begins at 9:15am

Opening Ceremonies start at 10:00am

For information and to register visit the website at [www.relayforlife.org/barkarcadiaca](http://www.relayforlife.org/barkarcadiaca)

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## First Community-wide Parade, Street Fair for Arcadia ARCADIA'S BEST PATRIOTIC FESTIVAL

Featuring more than a dozen former Rose Queens/Princesses from Arcadia

ARCADIA, Calif. – Arcadians will kick off the Independence Day holiday weekend with the first annual Arcadia's Best Patriotic Festival from 10 a.m. – 3 p.m. on Saturday July 2.

The free daytime event in Downtown Arcadia sponsored by non-profit community events group Arcadia's Best Foundation will feature the first community parade, 10 gourmet food trucks, a car show, street fair, photo contest for prettiest baby and senior, performances by local groups, and a VIP pre-parade breakfast.

### Parade

The parade at 10 a.m. on First Avenue, running north of Duarte Road to Bonita Street, and showcasing the spirit of Arcadia veterans, residents, groups, and local businesses, will include at least a dozen former Rose Parade Queens and Princesses who have represented Arcadia from the 1940s through the 2000s. Among the dozens of entries will be a team of Clydesdale horses, the Arcadia Mounted Enforcement Team, classic Model As, Corvettes, Shriners mini cars and motorcycle units, and an official police car, fire engine and ambulance from the 1920s – 1960s. Boy Scouts, Girl Scouts, Cub Scouts and 30 members of the American Legion represent just a few of the groups marching in the parade. Other groups and businesses are invited to join. Jan's Towing is offering a few flat-bed tow trucks for free use by local groups.

### Street Fair, Community Car Show, Performers, Food Trucks, Photo Contest

The performances, car show, and street fair will run from 11 a.m. – 3 p.m. on First Avenue south of Huntington Drive to California Street near First Avenue Middle School. Anyone with a classic car is invited to register to drive in the parade and/or participate in the car show afterwards, where there are a limited number of spaces. Registration is required.

Among the street fair exhibitors will be a 50-foot Lions Club mobile eye exam vehicle and a 40-foot model of the Gold Line train station and tracks coming through Downtown Arcadia soon.

Entertainers at the performance area at First and Bonita will include the Bobby Bluehouse band of the Arcadia Blues Club, 16 E. Huntington Dr., and song-and-dance group Theaters of Vision Productions. Other dance, karate, gymnastics groups or others are encouraged to apply. The photo contest sponsored by Downtown Arcadia's Belle n' Beau Photography, 201 S. First Ave., will offer \$300 family portraits as grand prizes. Participants may book an appointment before June 15 for a free 5x7 entry photo at Belle n' Beau.

### Sponsors, City and Volunteer Supporters

Founding sponsors include the Gold Line Metro Foothill Transportation Authority, Arcadia Ma-

sonic Lodge, Mickey Segal, Waste Management, Post Alarm Systems, Peter Amundson, Santa Anita Park, Matt Denny's Ale House and Restaurant, Foothill Credit Union, The Book Rack/Image Foundry, The Arcadia Historical Society, and Richard Libby.

The Arcadia City Council, including Mayor Gary Kovacic, who has helped shepherd the event, unanimously approved the event under recent Mayor and original champion Peter Amundson, the latter of whom will be driving one of his classic vehicles in the parade. The Patriotic Festival is supported by the City of Arcadia and the Arcadia Police and Fire Departments. Mayor Pro Tem Bob Harbicht not only recommended event coordinator Bruce McCallum but will be driving along with his group of Santa Anita As. Councilman Mickey Segal was the original founding sponsor.

Other participating and supporting groups include the Arcadia Chinese Association, the Arcadia Education Foundation, Arcadia Republicans, Assistance League of Arcadia, the Arcadia Rotary Club, the Tzu Chi, and many others. Many of those groups and others, along with many individuals, have provided invaluable volunteer support.

For more information and to participate, visit <http://ArcadiasBestFoundation.org>, e-mail: [info@ArcadiasBestFoundation.org](mailto:info@ArcadiasBestFoundation.org), or call 626-538-5431.

## What's On YOUR Mind? What Do YOU Think?

We'd like to hear from you! Contact us at: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com)  
or  
[www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews)





# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## Duarte Pledges to Promote Green Practices as Part of Regional CleanLA Campaign

DUARTE, CA May 11, 2011 – The Duarte City Council has adopted a proclamation pledging to promote a cleaner, safer, and healthier environment for its residents. The pledge is part of a joint campaign with numerous cities and the County of Los Angeles to promote green practices throughout the region.

The purpose of the pledge is to get people thinking about how we impact the environment at home, school, work, and in our communities and to make commitments to change our everyday habits to lessen these impacts. This means doing everything possible to reduce, reuse, recycle and rethink on a regular basis.

Residents can show support for their community and environment by visiting [www.CleanLA.com](http://www.CleanLA.com) and joining other residents throughout the County of Los Angeles who have taken the pledge. The site is a free resource to residents and is intended to raise awareness and

increase sustainability for future generations.

Through this pledge, Los Angeles County strives to encourage and bring together the efforts of residents, community leaders, businesses, nonprofit organizations and schools in protecting and conserving our natural resources and bringing about a cleaner, safer, and healthier environment. The programs and resources available to all residents through the Clean LA website to help realize these goals include waste reduction programs, education on resource conservation and recycling, and safe hazardous waste disposal.

As a part of the campaign, each resident who takes the pledge will be entered in a free drawing to win tickets for the Los Angeles Dodgers game on May 15 against the Arizona Diamondbacks. For more information on the CleanLA campaign, call 1(800) CLEAN LA or visit [www.CleanLA.com](http://www.CleanLA.com).

## Opportunities for Teens to Serve on Duarte Mayor's Youth Council

DUARTE, CA, May 11, 2011 – The City of Duarte is currently accepting applications from teens in grades 7 to 11 to serve on the Duarte Mayor's Youth Council, a leadership development program in which teens have the opportunity to advise, recommend, and assist with activities and issues affecting young people in Duarte.

Successful applicants will be appointed to serve a one-year term on the Mayor's Youth Council

beginning July 1, 2011, Youth Council members are required to attend all meetings and events, be a City of Duarte resident, or attend school in the Duarte Unified School District, and be motivated and committed to represent the teens of Duarte.

Applications must be submitted to the Duarte Teen Center no later than 7 p.m., Friday, June 3.

For more information, contact Teen Center Supervisor, Marilyn Mays at (626) 303-0863.

## Monrovia Police Blotter

*During the last seven day period, the Police Department handled 578 service events, resulting in 101 investigations. Following are the last week's highlighted issues and events:*

### Grand Theft Auto

On April 22 at 9:09 a.m., an officer was dispatched to a parking lot in the 1600 block of South Myrtle regarding a stolen vehicle. The victim reported that he parked his vehicle in the lot at approximately 5 a.m. on April 21. He returned to his vehicle that same day at 6 p.m. and found it missing. No broken glass was found on the ground where it was parked. He waited a day to make the report as he did not know the license plate number of his vehicle.

### Grand Theft Auto

On April 22 at 12:11 a.m., an officer responded to the parking lot of a business in the 3300 block of South Peck regarding a stolen vehicle report. The victim parked his vehicle in the parking lot at 11:30 a.m. and went into the business. He returned to his car at 12 p.m. and found it missing. There was no broken glass on the ground where it was parked. The vehicle is a red, 1989 Toyota Cressida with over-wide tires, spoke rims and tinted windows.

### Petty Theft - Suspects Arrested

On April 22 at 1:01 p.m., police responded to the report of a petty theft at a business in the 500 block of West Huntington. Loss prevention officers saw a male subject grab and conceal cologne and perfume on his person. The suspect walked outside where he met with a female subject. Loss prevention officers followed at a distance and provided the direction of travel to police. Officers located and detained the suspect. The female did not take part in the theft, but was arrested for two outstanding no-bail felony warrants. The male suspect, who was found to be on parole, was identified by loss prevention and arrested for theft.

### Medical Assist

On April 22 at 10:57 p.m., officers were dispatched to a residence in the 800 block of Naples regarding a male subject having a heart attack. Upon arrival, officers found the subject unconscious. The officers examined the subject and discovered he was not breathing and had no pulse. The officers administered the defibrillator and revived the subject. He was taken to a hospital for treatment. At last check, the subject was recovering in the hospital.

### Burglary

On April 23 at 10:48 a.m., an officer was sent to an apartment complex in the 400 block of West Duarte on the report of a burglary. The apartment complex is under construction and some windows were left open for ventilation. The suspect(s) entered an apartment through a kitchen window and removed a dish washer. They left the location unnoticed.

### Vehicle Burglary

On April 25 at 5:31 p.m., an officer went to the 300 block of West Lemon regarding a vehicle burglary. The victim parked and secured her vehicle in the alley behind her residence. She returned to the vehicle and saw the interior had been ransacked. She checked her vehicle but could not determine if anything had been taken. There were no obvious signs of forced entry.

### Attempted Grand Theft Auto

On April 26 at 12:35 a.m., a resident in the 700 block of South Fifth heard his car engine start. The victim looked outside and saw someone backing his car out of the driveway. The vehicle became stuck when it hit a wall. A male suspect exited the vehicle and fled on foot. An area search was conducted by officers, but the suspect was not located. The victim had left his keys in the unlocked car.

### Probation Sweep - Two Subjects Arrested

On April 26, Monrovia Special Enforcement Team officers and Los Angeles County Probation officers conducted probation checks at two locations in Monrovia. The first was in the 300 block of East Altern. The subject was home and put up some resistance to being arrested. He was charged with delaying officers, probation violation, and possession of a controlled substance. The second location was in the 2100 block of Redell. The subject was home, but hiding in the residence. He was located and arrested. He was charged with probation violation and several no-bail warrants.

### Grand Theft

On April 26 at 10:10 a.m., an officer responded to an apartment complex in the 700 block of South Myrtle. The victim reported two expensive bicycles were taken from the public garage. Both bicycles were secured with the same chain and lock. The chain was cut and the suspect(s) took the bicycles.

### Grand Theft Auto

On April 27 at 12:39 p.m., an officer responded to a business parking lot in the 1600 block of South Mountain. The victim is an employee of the business and had parked his truck in the lot and secured it. He was away from his vehicle between 10:30 a.m. and 12 p.m. The vehicle is a white, 2000, extended-cab Chevy Silverado with a camper shell.

### Attempt Burglary

On April 27 at 2:46 p.m., an officer went to the 100 block of East Cypress on the report of a burglary. Two windows had been broken to the rear of the residence. One of the windows is to the kitchen and the other is to the living room. There were pry marks on the window frame. Fortunately, entry was not made and there was no loss.

### Commercial Burglary

On April 27 at 3:32 p.m., a business in the 600 block of West Huntington reported a burglary. An employee doing inventory had discovered numerous items of store merchandise missing. He reviewed surveillance video and saw four women, early 20s to approximately 60 years old, working in concert stealing merchandise on April 17, 2011. Investigation continuing.

### Residential Burglary

On April 27 at 4:44 p.m., a resident in the 300 block of West Lime reported that someone had broken into their home. The victim was away from the residence from 12 p.m. to 5 p.m. When she returned, she went inside and discovered items missing. She then noticed the east facing kitchen window had been broken. The suspect(s) used a piece of red brick to break the window and made entry; they exited through the same window.

## DAUGHTER OF CIVIL RIGHTS LEGEND SPEAKS AT MAYFIELD SENIOR SCHOOL



Members of the Student Advising Council were excited to host author and speaker Donzaleigh Abernathy, the daughter of Civil Rights Movement co-founder Ralph David Abernathy, who was Dr. Martin Luther King, Jr's closest friend and ally during the turbulent years from 1955 to King's death in 1968.

Ms. Abernathy's "Uncle Martin" Martin Luther King, Jr. christened her as a baby and she went on to experience first-hand many of the extraordinary events that changed the course of American history in the 1960s.

At an all-school assembly on April 12, Ms. Abernathy shared her personal experiences as a child in the segregated South, and went on to offer a unique insider's perspective of the Civil Rights Movement as she witnessed it unfold.

Abernathy's book, <http://www.amazon.com/Partners-History-Martin-Abernathy-Movement/dp/0609609149> to "Partners To History" to "Partners To History", chronicles the crucial events of the movement from a bird's-eye view, from the early strategy sessions in the homes of integrationists and the Montgomery Bus Boycott to Birmingham, the Freedom Riders, and the March on Washington.

Ms. Abernathy's presentation also served to highlight the thousands of unsung heroes who were part of the struggle for civil rights, particularly the women activists who played key roles in the movement across the country. After Rosa Parks was arrested for refusing to relinquish her seat on a bus in Alabama, college teacher JoAnne Gibson Robinson helped organize the now famous Alabama bus boycott. Ms. Abernathy also told students how Viola Gregg Liuzzo lost her life at the hands of Ku Klux Klan members as she was shuttling protesters to Montgomery to join a major voting rights protest.

These stories took on a very intimate note as Ms. Abernathy recounted history as she personally saw it unfold during her childhood. According to Ms. Abernathy, "We hate because we fear, we fear because we don't know, we don't know because we never talk about it."

She encouraged the students to be women of action and to create "her"story (vs. "his"tory), and she also reminded them what a powerful voice women have in shaping social change. Mayfield students were enthralled by Ms. Abernathy's passionate presentation, and they all agreed that her personal stories of women's heroism brought the Civil Rights Movement to life for them.

"I think Ms. Abernathy's visit to Mayfield was very beneficial to the students and staff because it reinforced pivotal values such as tolerance and respect to others despite different cultures and experiences. By Ms. Abernathy's sharing her story to the Mayfield Community, I am able to appreciate the struggle for human rights even more deeply and makes me realize how truly lucky I am to live during a time where women have the right to vote in the United States."

Veronica Anorve

Ms. Abernathy is a powerful, eloquent speaker who shared with the students a personal account of the work of her father Reverend Abernathy, Martin Luther King, Jr., and other leaders of the civil rights movement, both male and female, and black and white. She inspired Mayfield to look more deeply into the issues of racial discrimination and injustice that still persist around the world today. She shared a powerful message of perseverance and dedication with her moving stories of individuals who never gave up during their efforts to end discrimination in America.

-charlotte anderson

"My immediate impression of Ms. Abernathy was the confidence and passion she had when speaking to us. As she related the familiar routines and aspects of what her childhood was like experiencing the dangers of the civil rights movement, I could tell that she had become a woman of strength, a role model for all of us young women in the Mayfield community."

On that note, I would like to say again how wonderful it was to have her come back to Mayfield for that brief D Block period that I was lucky enough to have witnessed, because the visuals she provided were another way for us to truly visualize the goings-on of that time. Even during her original visit I really did enjoy having her as a speaker and several people afterward said they did too! :)

Thanks! Giselle Dizon



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You must be 13-18 years old and live in Los Angeles, San Bernardino, Ventura, Riverside or Orange Counties  
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## LA SALLE STUDENTS RECEIVE PRESTIGIOUS GOLD KEY ART AWARDS

Pasadena, CA – La Salle High School students, Alec Shumate, Andrew Linaac, and Stephanie Delazeri are among the 94 students from Los Angeles County to receive the regional Gold Key Award in Scholastic's Alliance for Young Artists & Writers competition, the most prestigious recognition and scholarship program for teenage artists and writers in the United States.

Out of the 185,000 works submitted to the Alliance for Young Artists & Writers for review by professionals in the visual and literary arts, the work of La Salle's students ranked among the 12,000 works to be honored with a Regional Gold Key award. The region includes students from Alaska, Arizona, California, Colorado, Hawai'i, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington and Wyoming.

Senior Alec Shumate won a Gold Key for his digital art work, a computerized drawing of a circa-1950s soldier smoking a cigarette. The piece utilized both drawing and digitalization. The 17-year-old also won a Silver Key award and three honorable mention awards for his other digital art submissions.

Junior Andrew Linaac received a Gold Key for his drawing of "Suicide Bridge," which is the Colorado Boulevard Bridge over the Arroyo Seco. Linaac, 16, said he drew the bridge based on a photograph taken by fellow-classmate Hannah Volckmann. He also viewed the bridge and looked deeply into its history, as the "jumping off" point for those who lost everything in the Great Depression.

Sophomore Stephanie Delazeri received a Gold Key award for her short, hand-drawn animation film about different birds arriv-



Clockwise: Alec Shumate, Andrew Linaac and Stephanie Delazeri

ing at a bird convention, where a worm mistakenly arrives and gets eaten. "It was my first film so it was pretty simple," she said. "I was very surprised by winning this award. It has given me an even greater motivation to continue drawing and animating, which are my passions in life."

Four other La Salle students – Leanne Bishara, Aurora Doreza, Cheyenne Gallegos and Carolyn Hauk – also received Silver Key awards for their submissions. "Leanne's award was particularly special since it was for a complete photography portfolio which is a very competitive and difficult category," said Ellen Slatkin, La Salle's art and photography teacher.

Photos by John Blackstock



## SIERRA MADRE, HAMILTON, ROOSEVELT, WEBSTER, NAMED HONOR ROLL SCHOOLS BY CALIFORNIA BUSINESS FOR EDUCATION EXCELLENCE

### Business Community Recognizes Outstanding Public Schools

Pasadena Unified School District's (PUSD) announced today that four schools were named 2011 Honor Roll Schools by California Business for Education Excellence, a statewide association of businesses advocating for public school improvement. Hamilton Elementary, Roosevelt Elementary, Webster Elementary and Sierra Madre Elementary School were recognized for superior academic achievement and closing achievement gaps.

"I congratulate our schools' academic achievements in preparing all students for success, and the business community's recognition of our schools," said Superintendent Edwin Diaz. "This is a well-deserved honor for the principals, teachers, students and families. It brings recognition from the business

community about the importance of building sustainable partnerships with our schools."

The 2010 Honor Roll includes 1,221 California public elementary, middle and high schools that have been recognized by California's business community for having demonstrated consistent high student academic achievement and making significant progress toward closing achievement gaps among all their students.

The annual award is supported by businesses and organizations including State Farm, Macy's, Edison International, Wells Fargo, Southern California Auto Club, the California Business Roundtable, and United Way of the Bay Area.

Hamilton, Roosevelt and Webster received the Star Schools Award, distinguishing schools with significant populations of socioeconomically disadvantaged students that have shown

a substantial increase in grade-level proficiency and achievement gap reduction over four years. Sierra Madre School received the Scholar Schools Award, which recognizes high-achieving schools that do not have a significant socioeconomically disadvantaged student population.

"These schools are the bright spots of excellence in efforts to raise student academic achievement and close persistent achievement gaps," said Kirk Clark, president of CBEE. "By highlighting them, recognizing their achievement and giving them a voice we hope other schools can learn from these proven practices and we can begin to duplicate their success to scale throughout the state."

*The Honor Roll recognition program uses individual school and student subgroup performance data based on the California Standards Tests and the California High School Exit Exam, to evaluate school academic performance.*

### PEF'S 2010 HIGH SCHOOL SUMMER ENRICHMENT PROGRAM

WHEN: July 5 through Aug. 5, Monday through Friday, 7:50 a.m. to 1:05 p.m.

WHERE: Marshall Fundamental High School, 990 N. Allen Ave., Pasadena 91104.

WHAT: Classes include Computer Programming; Preparing for the SAT; Driver's Education; AP Algebra Prep; Pre-Calculus; Geometry; AP European History; Masterful Writing; Spanish 2; Art, Cartooning and Graphic Novels; Photography.

TUITION: PUSD Students: \$150 - \$300 (depending on units) Non-PUSD Students: \$175 - \$350

REGISTRATION: For a brochure and more information call PEF at 626-396-3600, ext. 88350. Register online at [www.pasedfoundation.org/summer/high-school](http://www.pasedfoundation.org/summer/high-school)

### PASADENA EDUCATIONAL FOUNDATION 8TH ANNUAL K-8 SUMMER ENRICHMENT PROGRAM

WHEN: July 5 to Aug. 4, 2011, Monday through Thursday, 8 a.m. to 12 p.m. (8:15 a.m. to 12:15 p.m. at Wilson Middle School)

WHERE: Franklin Elementary (K-5) 527 W. Ventura St., Altadena; Norma Coombs Elementary (K-5) 2600 Paloma St., Pasadena; Willard Elementary (K-5) 301 S. Madre St., Pasadena; Wilson Middle School (5-8) 300 Madre St., Pasadena.

HOW: Mix of academic subjects with hands-on exploration helps students to prepare for the upcoming school year through unique and fun learning experiences. Students in grades 2-8 attend three classes each morning; kindergarten and 1st grade students remain in one self-contained class. Classes include Band; Chess; Ceramics; Cooking; Pre-Algebra; Robotics; Writing; Spanish, Engineering, and many more.

TUITION: PUSD Students: \$375 first enrollment; \$350 per each sibling. Non-PUSD Students: \$450 first enrollment; \$425 per sibling

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdall

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca.  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsclions.org](mailto:jml@bcsclions.org)

### Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000,  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)



## GOLDEN

This past Tuesday I finally got the golden ticket - the key that opens the door to freedom and endless possibilities; my license. For months I have been waiting to take my driving exam, just waiting to see if I would pass or fail and see how much longer I would be constricted by needing someone to pick me up or drop me off. But not anymore - I have freedom at my fingertips. Now, I am in control or, at least when I get my car, I will be. But the sense of no bounds I get from knowing that I am a certified driver is energizing. Of course the euphoria will fade in time as driving becomes a mundane activity, but for now it's my greatest accomplishment. And it certainly helps that I got my license on possibly one of my best weeks ever.

On Monday, the day before I got my license, I hit my first ever high school homerun. A shot right through left-center field. When I stepped on home plate, I felt a sense of excitement and anticipation as I realized that this week could be amazing - which it was. Monday I hit my homerun; Tuesday I got my license; Wednesday I took my last AP exam and felt great; Thursday my mom, who I haven't seen for over four months, came into town for the weekend, taking me out of school on Friday. Every single day this past week has been filled with some sort of good. I feel as though I have the Midas touch! Despite the fact that all good things must come to an end, it is nice to know that I have my homerun on tape, my permanent license, hopefully a good exam score, and memories to last a lifetime. In the words of Kevin Murhpy from Men Behaving Badly, "I can't lose!"

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Suzy Ares at [sares@alverno-hs.org](mailto:sares@alverno-hs.org)  
626-355-3463 x 312

**Alverno High School**  
200 N. Michillinda Ave, Sierra Madre



## RUTH'S CHRIS

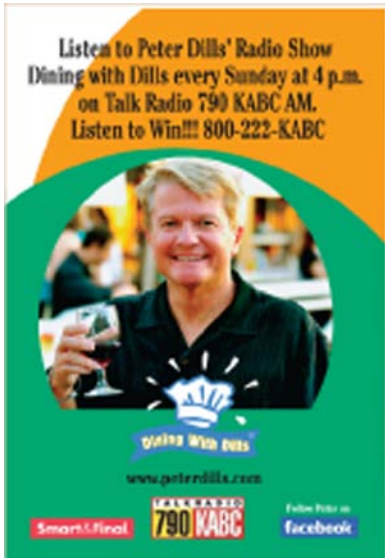
Steak is one of my favorite dishes. My parents told me that when I was a boy, they would say the magic words, "We are having steak for dinner." My excitement level would explode. As if a long awaited birthday had finally arrived. Some things never change. I still love a great steak. Maybe I have been spoiled but an Argentinean Restaurant or the Brazilian Chascaria that gives you all you can eat and stuffs you like a human luggage container isn't my idea of enjoyment. I really believe you can't get a great steak for \$19.95. A great steak restaurant must have two essential ingredients, first and foremost, "The goods," a quality piece of meat, and secondly, the correct oven to prepare it in. Chef Gary Watanabe of The Ruth's Chris Steak House in Pasadena has both!!!

Founder Ruth Fertel was raised in Happy Jack, Louisiana, Fertel graduated from LSU with a degree in Chemistry, and in the 1960's Ruth saw an ad for a local steak house and took the job where she met Chris Matulich, the owner of Chris Steak House. Against advice, Ruth borrowed enough money to buy Chris out. The story has many more twists and turns, but as they say, "the rest is history."

Each of the Ruth's Chris has an identity of it's own, the Pasadena Restaurant has a perfect greeting area as you walk in. The hostess to your front the main dining room to your right and to the bar area is on your left. Now I have dined at Ruth's Chris at least ten time since it opened five years ago and I am very comfortable pulling up a chair in the bar area. I am a people watcher and this is a great stop to watch people.

Steak makes up 90% of all sales in the restaurant; each steak is artfully prepared in an 1800-degree double broiler over. It is one of the reasons that you cannot get your steak at home to taste like theirs. The Beef is dry-aged in Chicago and shipped twice weekly to Pasadena. Here it is just like when I was just a boy, for eating at Ruth's Chris is a special day. The Petite Filet was incredible, I ordered it medium, rare as my first test. All the steaks come out on a sizzling plate with butter, and Chef Watanabe cooked my steak to perfection. I must confess that I rarely order a NY Steak, it isn't sexy enough. Chef agreed, that NY Strip Steak is under appreciated. I am now a convert. The New York Strip Steak was delicious; in fact it might have a new best friend in this reviewer. My guests devoured the Rib Eye Steak as if they hadn't eaten in weeks. Impossible, because before the steaks we also enjoyed some of the best Calamari that I have ever had, yes, the best. Too many restaurants try to fool you with frozen rings, Yuk! If you have been reading my articles and following my radio show, Crab Cakes are one of my favorites, and they certainly pass the test here. A little hint, some of these items are available for sampling at a great price during happy hour. What would a Steak House be with out a legendary wine list. The list is headed with selections from the manager and boosts eight pages of wine. If you can't decide there are some thirty to forty wines by the glass. Desserts, are you kidding me, I am supposed to be on a diet. Leave your diet at home, the chef prepared cheesecake and a Creme Burlee that made me want to hang out at the bar and have a glass of wine here every night. Our server Karla, was a delight and she knew her steaks, great training!!

Ruth's Chris Steak House 369 E. Colorado Blvd. Pasadena (626) 583-8122. Many other dishes were sampled all A + Please check out the website [www.ruthschris.com](http://www.ruthschris.com) for hours of operation and other available entrees. Join me on KABC Talk Radio every weekend for my "Dining with Dills" radio show. E mail me at [thechefknows@yahoo.com](mailto:thechefknows@yahoo.com)



## And The Winner Is.....

**Celebrity Judge Peter Dills and "The People" Choose the Winners at Kiwanis Boot Skootin' Chili Cookoff**



Amateur Chefs included (left to right) Joe Pergola, Critics Choice Amateur Winner John Johnson, Mrs. 'Doc' Waters, Mrs. Abodie, People's Choice Winner Hattie Harris and Amy Putnam.



The Sierra Madre Kiwanis Club held its first annual Boot Skootin' Chili Cook-Off last Saturday Night and everyone who attended was a winner. The event began with the Chili Cook-off with entries from both professionals and amateurs. The newly opened Burger Shack in Monrovia, pictured above, was chosen by Dills as the Critic's Choice among professionals. Sierra Madre resident John Johnson won the Critic's Choice Amateur Award and Sierra Madrean Hattie Harris overwhelmingly won the "People's Choice" Award with her "Smoking Cincinnati Chili and Spaghetti". Left, SM Councilwoman Nancy Walsh came prepared for boot skootin', lead by a professional dance pro and DJ. Proceeds from the event will help fund the club's charitable donations.

Photos by S. Henderson & B. Coburn

## deCroupet Cakes – Cake Sisters

by La Quetta M. Shamblee

Springtime signals the onset of increased activity for wedding cakes, birthday cakes and specialty cakes at deCroupet in Arcadia. Also known as "The Cake Sisters," Cheryl Marino and Janine McRiley have been baking special-order cakes behind the pastel pink storefront on Huntington Drive for almost 12 years. Several elaborate cake designs displayed in the store window greet on-lookers, teasing the eyes and tempting the taste buds. Their schedule of classes on cake decorating and candy making, coupled with an extensive retail inventory of supplies make this a one-stop for everything needed to make cakes, cookies and chocolates at home. They have a wide selection of round and square commercial cake pans of tiered sizes at very reasonable prices, including round 10" x 2" for \$11.99 to 18" x 3" for \$21.99.

The popular Food Network Channel has been good for business in the midst of the recent economic downturn, especially considering that special-order cakes are considered luxury items. Cable shows like The Ace of Cakes, Last Cake Standing and Cupcake Wars are bringing on renewed interests in baking among adults, while inspiring the next generation of sweet tooth artists. According to Cheryl, "These shows have prompting an interest in baking as an art form, even among younger people - especially teens." She shared her amazement when a 10- year old came in with sketches of a cake design for them to prepare. Custom car designs with intricate details on grills and fenders have been among the most challenging, with the biggest being a seven-tiered cake that was six feet tall.

During this time of year, a minimum one-week advance ordering is recommended, as they maintain a brisk baking schedule to keep up with back-to-back graduations. deCroupet has grown and been sustained through word-of-mouth. Apparently, their customers have been impressed by their level of personal service, accompanied by delicious cakes that have had guests licking the icing off their fingers. The following sampling from the deCroupet menu of flavors for cakes, fillings and icings is enough to make your mouth water - of course, all the standards cake flavors are available, plus choices like snickerdoodle, lemon poppyseed, pumpkin spice or red velvet. Want to surprise your guests with a burst of flavored filling? Perhaps



you'd like double chocolate, raspberry, cheesecake or espresso mousse? They'll top it off with an icing of flavored whipped cream, buttercream, ganache or rolled fondant.

Cheryl and Janine really are sisters, the last generation to carry the deCroupet surname. Cheryl attended culinary school and worked as a pastry chef in large restaurants. She credits Janine as one who takes the artistic lead and is more adept at the business operations. However, they both spend hours in the kitchen working the recipes from start to finish. They enjoy the flexibility of owning a business and working close to home, which has provided the added bonus of them being able to pick up their children from school and bring them back to the business until closing time. In fact, their regular customers have seen their kids grow up, an extended family of sorts.

Ready to prepare for the next round of auditions on one of those cake baking cable shows? Or simply want to enjoy learning the basics of cake decorating? These classes are close to home and will provide a fun-filled break from your regular routine. They offer classes from adults on Tuesday nights from 6pm to 8pm, and afterschool on Wednesdays and Thursdays for children. If you're interested in having deCroupe prepare an elaborate, tiered eye-catcher, or you simply want a delicious cake for a special occasion, you can contact this talented, Cake Sisters, tag-team to see what they have in store.

For more information, visit their website at [www.cakesisters.com](http://www.cakesisters.com). Business: DeCroupet's Cakes, 23 E. Huntington Drive, Arcadia, CA 91006 - (626) 446-6903.



## THE LAST APPLE FRITTER SURVIVING

Rev. James L. Snyder

For the last week, I have been chief cook and bottle washer in the house while the Gracious Mistress of the Parsonage was visiting our son and his family in Ohio. I like nothing better than being in charge. Of course, I wonder what in the world I am in charge of when I am the only one in the house.

I started out the week planning my menu. When in charge I have one basic rule, dinnertime is any time I am hungry. My wife has the sophisticated idea that meals should be at set times of the day. That's for folk who are stiff and suffer no flexibility in life. I, on the other hand, am the epitome of flexibility. I roll with whatever comes around.

The main course of my menu for the week was pepperoni pizza. After all, you cannot go wrong with pizza. So, I bought five large pizzas, one for each day of the week. This menu planning is really easy. I intended to pile my pizzas on the counter, begin at the very top and work my way to the bottom, one pizza for each day of the week. Just to show I am as organized as my wife is, I marked each box for the day of the week that it would be eaten. Monday was on top and of course, Friday was on the bottom.

As everybody knows, pizza by itself is a rather lonely meal. Every pizza needs a little bit of pizzazz to make it palatable. I know nothing more pizzazzable than Apple Fritters. Usually, when I am not in charge of the menu, Apple Fritters are not permitted. But this is not usually. I am in charge and so Apple Fritters are the companions of my pizza for the week.

Unlike most people, I am not that fond of change unless of course it is jingling in my pocket. When some politician gets on his high horse and talks about change, I immediately turn him off. I know the only change he is interested in is that change jingling in my pocket.

Some people say variety is the spice of life, but the older I get the less spice I really need, unless it is Old Spice and I need gallons of that.

For those of us who are culinary novices, there is something to say for having a well-developed routine. Once that routine is developed, there is no cause for any more thought. Anything that cuts down on my thought process is okay with me. When somebody says, it is the thought that really counts, just count me out.

And so for the week I set before me a feast of pepperoni pizza and Apple Fritters. To go with this delectable meal I have an unlimited supply of coffee. I must say that I do love my coffee. Everything goes better with a good steaming cup of Joe.

The week started just fine. Monday my pepperoni pizza was fresh and hot. I went to the bakery and bought three dozen Apple Fritters. After all, you never know when somebody will drop in for lunch. How embarrassing it would be if I did not have an Apple Fritter to offer a visitor. It would be

downright inhospitable.

Monday was the only day the pizza was warm. After all, I have yet to master the delicate intricacies of working the oven. The last time I used it I burnt everything to an unrecognizable crisp and almost burned the house down in the process. The general rule in our house is that I do not touch the oven.

No matter, pepperoni pizza is good hot or cold, especially if I have an Apple Fritter to go with it.

For Friday breakfast, I noticed that the pepperoni pizza had a little bit of green fur on the top. I'm not quite sure if this is some exotic kind of pizza or what. But I must say by Friday this is a rather nice change. Maybe there is something to say for change after all.

Since it was Friday, the biggest thing to do was to get rid of every evidence that I was in charge for the week. Meaning, of course, all the pizza boxes had to be destroyed and there could not be an Apple Fritter on the premise.

I looked at my stash of Apple Fritters and for some reason I had four left over. I ate one while I thought of what to do with the remaining Fritters. I decided to hide the leftover Apple Fritters; after all, it would be a shame to throw something so delicious away. I was sure my wife would be too tired from her trip to look for such things as Apple Fritters and I picked a place she would never think to look.

Later on that evening, I was reclining in my chair reading a book when my wife came into the room and said, "I was making the bed that you did not make all week and guess what I found under your pillow?" She then pulled from behind her back a bag I recognize as one with my Apple Fritters.

Isn't anything sacred anymore?

I was reminded of what the Bible says. "But if ye will not do so, behold, ye have sinned against the LORD: and be sure your sin will find you out" (Numbers 32:23 KJV).

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PASADENA'S ANNUAL FREE ARTNIGHT By LaQuetta Shamblee

Join us for some great jazz and blues during Pasadena's Annual Free ArtNight on Friday, May 20th on the beautiful grounds of City Hall. From 6pm to 8pm, The Instrumental Women Project (IWP) will present an all-female Lady Jazz" Ensemble. ArtNight attendees will be treated to a special guest appearance as blues guitarist, Ray Bailey joins the ladies to play a few tunes from his new CD.

The Lady Jazz band for ArtNight consists of Bandleader/Bassist, Nedra Wheeler, jazz and blues pianist Karen Hernandez, flutist



Karen Hernandez

Dr. Dawn Norfleet, and a rare appearance on percussions by IWP's founder, LaQuetta Shamblee. This 6pm – 8pm performance is made possible by a mini-grant from the City of Pasadena Cultural Affairs Division and a donation from the LaQuetta Shamblee Productions Group.

Pasadena Arts Council is the nonprofit fiscal sponsor for The Instrumental Women Project.

Bring the entire family, friends or plan a date night to enjoy a free evening of art, music and entertainment as Pasadena's most prominent arts and cultural institutions swing open their doors. Last fall, 14,000 people experienced the excitement of Art-Night! Some of the participants include the Art Center College of Design, Lineage Performing Arts Center, Armory Center for the



Dr. Dawn Norfleet

Arts, Pasadena Museum of California Art and more. The City of Pasadena provides FREE shuttles that loop throughout the evening with stops at each venue. You can park at any venue and ride to the others. If you want to go green, then strap on your helmet and take the ArtNight Bicycle Tour.

Some of LA County's favorite food trucks are coming to ArtNight. A number of restaurants and food vendors will donate 10% of ArtNight sales to future ArtNight events as part of the GiveBack Program Partners.

For a list of all ArtNight venues, participating organizations, hours and details for the free shuttles and other event features and activities, logon to [www.artnightpasadena.org](http://www.artnightpasadena.org).



Ray Ajay



Sean Kayden

All I knew about them was that they were continually releasing critically acclaimed records dating back to 2002. Their sound and stories have always embodied pure Americana. Okkervil River's sixth album, "I Am Very Far" strays away a bit from the band's antecedent sound and in doing so they've crafted an entirely new facet to their progressively intrepid resonance. The recording process for the album differed from many other acts in today's music. They initially recorded to tape, hired a room full of guitarists, two drummers, and provided a copious amount of strings, horns and other orchestra sections. When all was said and done, "I Am Very Far" proved to be a truly haunting, restrained, cold, despairing and magnificent work of artistry by a group that's never followed the rules. As we all know, only the coolest of cool have the audacity to break away from the uninspiring norm.

The intensely affecting vocals of Will Sheff are a musical device all their own. Sheff is a veteran storyteller with the capacity of constructing a profound aura through his deep-rooted vernacular. "The Valley" kicks off the album with such vehemence. After listening to the opener, you may have an idea where the album is heading, but you're going to be greatly mistaken. The follow-up track, "Piratess" is provocative and ominous. The grand finale track, "The Rise" (which differs

SEAN'S SHAMELESS  
REVIEWS:  
Okkervil River

Artist: Okkervil River

Album: **I AM VERY FAR**

Label: Jagjaguwar

Release Date: May 10, 2011

Key Tracks: "Piratess", "Hanging From A Hit", "Your Past Life As A Blast", "The Rise"

Grade: 8.6 out of 10.

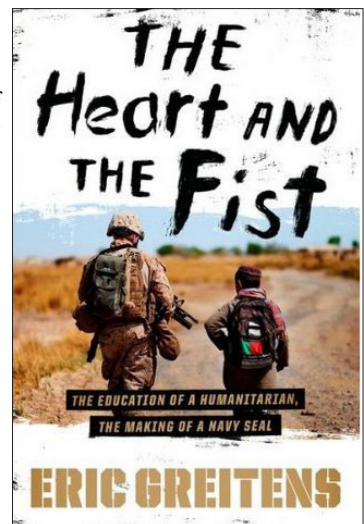
lyrical imagery, there is still tenderness in the nature of their music. Ambiguity and elusiveness hover above the stories being told and everything you hear on the album is a breath of fresh air in a music society rapidly becoming stale and stagnant. "I Am Very Far" is a journey you should not hesitate embarking on.

It may seem to appear a tricky one to navigate through at first glimpse, but once you let yourself take that leap of faith, you'll end up realizing just how incredible it all was once you come to your destination. Don't be surprised if you find yourself yearning to take another trip immediately afterward.

## Jeff's Pics The Book Report

SEAL Team Six: Memoirs of an Elite Navy SEAL Sniper  
by Howard E. Wasdin & Stephen Templin

When the Navy SEALs send their elite, they send SEAL Team Six. SEAL Team Six is a secret unit tasked with counterterrorism, hostage rescue, and counterinsurgency. In this dramatic, behind the scenes chronicle, Wasdin takes us deep inside the world of SEALs and Special Forces snipers, beginning with the grueling selection process of Basic Underwater Demolition, the toughest and longest military training in the world. After graduating, he faced new challenges. First there was combat in Desert Storm with SEAL Team Two. Then the selection to join SEAL Team Six, with a curriculum including land warfare to unarmed combat. Finally he graduated from the most challenging sniper program in the country: The Marine's Scout Sniper School. Eventually, he became one of the best snipers on the planet. Less than half a year after sniper school, he was fighting for his life. The mission: capture or kill Somali warlord Mohamed Farrah Aidid. From rooftops, helicopters and alleys, Wasdin hunted Aidid and killed his men whenever possible. But everything went quickly to hell when his small band of soldiers found themselves fighting for their lives, cut off from help, and desperately trying to rescue downed comrades during a routine mission. The Battle of Mogadishu (Black Hawk Down), left 18 American soldiers dead and 73 wounded. Howard Wasdin had both of his legs nearly blown off while engaging the enemy. His dramatic combat tales with inside details of one of the world's deadliest snipers make this one of the most explosive military memoirs in years.

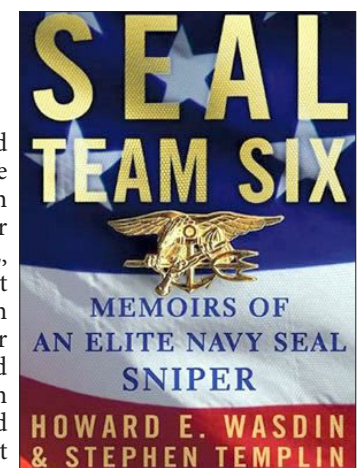


The Heart and the Fist:

The Education of a Humanitarian, the Making of a Navy SEAL  
by Eric Greitens

This book shares one man's story of extraordinary leadership and service as both a humanitarian and a warrior. In a life lived at the raw edges of the human experience, Greitens has seen what can be accomplished when compassion and courage come together in meaningful service. As a Rhodes Scholar and Navy SEAL, Greitens worked alongside volunteers who taught art to street children in Bolivia and led US Marines who hunted terrorists in Iraq. He's learned from nuns who fed the destitute in one of Mother Teresa's homes for the dying in India, from aid workers who healed orphaned children in Rwanda, and from Navy SEALs who fought in Afghanistan. Today he works with severely wounded and disabled veterans who are rebuilding their lives as community leaders at home thru [www.missioncontinues.org](http://www.missioncontinues.org).

Greitens offers each of us a new way of thinking about living a meaningful life.



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## HOWARD Hays As I See It



"Many of you have talked about the need to pay down our national debt. I listened, and I agree. We owe it to our children and grandchildren . . . At the end of those ten years, we will have paid down all the debt that is available to retire. That is more debt repaid more quickly than has ever been repaid by any nation at any time in history."

That promise President George W. Bush made to Congress and the American people in February, 2001 didn't seem unrealistic; coming off four straight years of budget surpluses under President Clinton, and ten uninterrupted years of economic growth.

The Heritage Foundation forecast that policies outlined by President Bush would create millions of jobs, a surge in personal income, and increased revenue lowering our national debt.

All it would take as a first step would be a \$1.35 trillion tax cut over ten years for the richest Americans.

*Whoops.*

By the end of Bush's two terms, we were shedding 750,000 jobs a month. Personal income did surge, but only for the top 10%; the fortunate among the remaining 90% remained stagnant while the rest lost ground. A greater percentage of our population, particularly children, fell into poverty than at any other period on record.

Budget surpluses left by Clinton became yearly deficits in the hundreds of billions. That national debt Bush promised to retire, and the Heritage Foundation forecast would be at least significantly trimmed under Republican policies, went from \$5.7 trillion to over \$10 trillion in eight years.

In today's battles, Republicans are calling for courage and sacrifice in bringing down the deficit. Back then, in control of both houses of Congress and the White House, they could deal with the problem as they saw fit, without having to compromise principles seeking accommodation with the other party.

Republicans confronted the deficit in two major ways: First, they kept the costs of wars in Iraq and Afghanistan off the books, as "emergency appropriations". This takes \$150 billion off your yearly deficit right there. (And, when a Democratic president takes over and puts those expenses back on the books in the interest of honest accounting, you can accuse him of adding billions to the deficit before he's hardly settled in.)

Second, Republicans shouldered their responsibility by taking another decisive action: They raised the debt ceiling. Five times. (June 2002, a \$450 billion increase to \$6.4 trillion; May 2003, \$980 billion increase to \$7.48 trillion; November 2004, \$800 billion increase to \$8.1 trillion; March 2006, \$781 billion increase to \$8.96 trillion; and September 2007, \$850 billion increase to \$9.81 trillion.)

Today, any talk of raising the debt ceiling is accompanied by demands for "trillions" in budget cuts to be made in return for Republican support. Back then, there wasn't any such talk of trade-offs; raising the debt ceiling was handled as a routine matter.

Three Republican leaders who today are most strident in withholding support for raising the debt ceiling without significant concessions, House Speaker John Boehner (R-OH), House Majority Leader Eric Cantor (R-VA) and Senate Minority Leader Mitch McConnell (R-KY) had no such concerns during the previous administration when all three voted to raise the debt ceiling - all five times.

In explaining this reversal, it's not that economic principles have changed in the last couple years. Rather, back then it was assumed prospects for Republicans in upcoming elections wouldn't be helped if we defaulted on our debts. Now, the opposite is true; the more Republicans can do to stall the recovery, they reason, the better their chances will be in 2012. And, the more taxpayer-funded giveaways they can offer corporate and billionaire donors, the more generous campaign support they can expect in return.

Sen. McConnell, especially, has emphasized that his party's priority is not the well-being of the country, but the defeat of President Obama.

Over the past several weeks, Republicans have expanded on the price demanded in return for their acquiescence in raising the debt ceiling. Women's healthcare, schools and scholarships, public broadcasting, child nutrition, Wall Street oversight, environmental protection, infrastructure repair, help to get people back to work and make sure they don't go bankrupt if a kid gets sick - all would have to be sacrificed.

Not every government initiative is expendable, though. That May 2003 \$980 billion hike in the debt ceiling, for instance, came on the heels of passing that year's \$350 billion installment on the Bush tax cuts; it was literally the next item on the Congressional agenda.

Speaker Boehner flatly declares tax hikes are "off the table", but Republicans' definition of "tax hikes" is rather fluid. President Reagan took credit for tax cuts, but ending the deduction for consumer loan interest, and taxing social security payments and unemployment benefits for the first time, somehow weren't tax hikes.

In Rep. Paul Ryan's (R-WI) budget plan, he doubles-down on Bush's tax cuts for the wealthiest, but says total tax revenue will remain unaffected. Since there's no explanation as to how that's to be done (we can only guess), he can assure there are no tax hikes in the plan.

Our Rep. David Dreier, though, won't consider removing the tax break encouraging corporations to ship jobs overseas, because that would be a tax hike. Speaker Boehner, in response to Sen. Harry Reid's (D-NV) suggestion we start by axing our \$21 billion taxpayer subsidy to Big Oil, rejects that proposal as a tax hike, as well.

Republican priorities today are the same as they were a decade ago; forcing us non-oligarchs into debt, individually or as a nation, in order to further enrich the already wealthy. This time, though, we don't need the Heritage Foundation to forecast what will happen if their policies are enacted. We already know.

## FREEDOM ASSAULTED

With the killing of Bin Laden and the revelations that Pakistan has been anything but a stalwart ally of the U.S. still commanding headlines, one of the most significant and far reaching assaults on our basic freedom is going unnoticed. That may seem like a hyperbolic statement. Oh, that I wish it were, but recent actions of the federal government strike at the very heart of our freedom to decide how and where to spend our own money. If they succeed, the fabric of American freedoms and individual rights may well be shredded.

What would you say if the federal government decided where you went to college, or which job you had to take or which mutual funds you had to buy, or which bank you had to use for your checking account? Whether you're a Republican, Democrat, Tea Partier or Independent, I think we all would agree that such restrictions would constitute a gross and unacceptable breach of our personal freedom. You see in a truly free society, each of us retains the God-given right to decide where to spend our personal and financial capital. That's an economist's fancy way of saying where we spend our time and energy (personal capital) or our money (financial capital). If I want to invest my time to become a journalist, I should be free to find a college willing to accept me. Likewise, if I want to open up a restaurant, I should be free to take that risk and offer a better dining experience to potential customers. If I want to invest in highly aggressive stock mutual funds, I should be free to take that risk in the hope of earning a larger reward than my conservative neighbor. These are basic American principles, but they are under attack.

It's fashionable for liberals to talk about civil rights and political freedoms, but what they fail to understand is that if the government takes away my economic freedom, then the government has essentially taken away my political freedom and civil rights. If the government can deny me the education I wish to pursue, the job I want to perform or the business venture I want to launch, then I will inevitably be forced to censor the criticism I voice of that government. There can be no political freedom without economic freedom.

So what is the government trying to do that rises to the level of tyranny I've described? The National Labor Relations Board (NLRB), with the full approval and encouragement of President Obama, is trying to prevent Boeing from opening a manufacturing plant in South Carolina. The NLRB is trying to force Boeing to abandon the new plant it just built, which is intended to manufacture the new 787 Dreamliner, and build a new plant in Washington. It's no coincidence that South Carolina is a right-to-work state and Washington is a heavily unionized state. The current administration is heavily indebted to union support and seeks to force Boeing to use higher-cost labor instead of less-expensive labor. The significance of the issue, though, goes well

## GREG Welborn



beyond mere political support for a favored constituency. If successful, the precedence will be established justifying the federal government's right to decide any of the issues listed above: where any of us go to school, what jobs we take, what businesses we open and what investment we make.

As Boeing has made perfectly clear, and as is amply supported by the facts, Boeing is simply seeking to exercise their right to decide how and where to spend their capital. If they aren't allowed to do that, then it won't take very long for the government to find various justifications to tell us how to spend our capital. You may think me extreme in this comparison, but this is not the first time the government has tried to exercise this power. The Clinton administration's ill-fated attempt to overhaul the healthcare industry (everyone remember Hilary-care) would have allowed the government to decide where each medical student went to medical school, what specialty they were allowed to pursue and where they would have to practice for the first several years after their schooling. Fast forward 20+ years, and the same naked power grab is being attempted.

Supposing for a moment that I haven't convinced you of the philosophical reasons for resisting this latest foray into our private lives, consider the basic economic consequences of this for our nation. If the government wins the right to tell manufacturers where they can set up shop, how many new facilities do you think will be built here in the U.S., as opposed to being built in some other country? How many more jobs do you think will be shipped overseas? As is often the case, there are as many strong economic reasons as there are philosophical reasons to champion personal freedom. Those countries which allow the greatest amount of personal and economic freedom tend to have the fastest growing economies and have the lowest levels of unemployment in addition to offering the greatest amount of political freedom and civil rights.

So Bin Laden is dead, but that doesn't mean there aren't any threats to our freedoms and standard of living. This time we don't need to fly half way across the world to find an enemy. We just have to look to D.C. to find people who think they know best how we should spend our time and treasure.

*About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at [gregwelborn@earthlink.net](mailto:gregwelborn@earthlink.net).*

## SENATOR HUFF SEEKING NOMINATIONS FOR "CITIZEN OF THE YEAR"

The nomination period is now open for my "Citizen of the Year" contest in the 29th Senate District covering portions of Los Angeles, Orange and San Bernardino Counties. My district office in Walnut must receive these nominations by May 10th, or they can also be emailed to my District Director, Tim Shaw, at [tim.shaw@sen.ca.gov](mailto:tim.shaw@sen.ca.gov).

The contest is open to all constituents that I serve in the San Gabriel Valley, Inland Valley and Northern Orange County communities that I represent. I feel it's important to recognize people who have contributed to our overall quality of life and made significant contributions to our area.

The nominations that I am seeking for the "Citizen of the Year" contest should list specific projects that the nominee took part in or committees in which the nominee was involved. Specific contributions in the field of law enforcement, education, transportation or the environment should also be highlighted.

I will treat the winner of the Citizen of the Year contest to lunch in the District, and the winner will also receive an official Senate Resolution noting the achievement.

The contest is open to all deserving constituents who reside in the cities of Arcadia, Bradbury, Brea, Charter Oak, Chino, Chino Hills, Claremont, Diamond Bar, Glendora, La Crescenta-Montrose, La Habra, La Habra Heights, La Verne, Mayflower Village, Monrovia, North El Monte, Placentia, San Dimas, Sierra Madre, Walnut and Yorba Linda.

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As a result of this business expansion, Sally Morrison and Jeffrey Ingwolson, owners of Sierra Madre Books, will be **closing the bookstore in June 2011**. "We appreciate all the support we've received from our customers over the past few years, but are excited about our new venture. We look forward to continuing to be part of this community."

For questions about **Mindspring Education Center**, please call (626) 355-1972. For questions about **Sierra Madre Books**, please call (626) 836-3200.

## What's On YOUR Mind? What Do YOU Think?

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**Mountain Views News Mission Statement**  
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## STUART Tolchin.....On LIFE IS IT JUST BASKETBALL?



Horrible, wasn't it? The Lakers didn't just lose; instead they managed to embarrass and betray us. Sure they lost in four-straight but that's no crime. What they did was much worse than lose. They acted like bullies—their (our) giant young center, our hope for the future, all seven feet-two, three hundred plus pounds of him viciously attempted to injure their five foot-ten second string player. It was ugly, it was unnecessary, and to me it was criminal. In an attempt to explain his actions our hero explained that it had made him angry that the other player was getting to the basket so easily.

I heard no remorse, no apology; no real explanation. What was left unstated but was well-understood was the feeling that we (THE LAKERS OR LOS ANGELES OR THE UNITED STATES but definitely WE) are big and powerful and we have the guaranteed right to stay that way and we can do whatever we want because we are rich and powerful and strong and should be allowed to stay that way. It makes me sick!

Probably, you will disagree with this analysis but this is my view of the Bush-Obama administration. Yes Bush-Obama. It's all the same. If we don't like what's going on in other places in the world we just push our way in, throw trillions of dollars around, kill thousands of foreign civilians and make up flimsy reasons to justify our actions. We need not have trials; we need not respect sovereign boundaries, we need not even believe our own explanations. The only truth is that we do what we do because there is no one strong enough to stop us. Worst of all we are UNITED in this assertion of unrestrained power- the United States of Aggression. USA - USA.

Is world-politics just another football game? What about our highly-touted respect for the rules of law and decency and civilization? Do Americans approve of torture? Sure we do. Do Americans imprison people for years without ever bringing them to trial or even letting them talk to lawyers Of course we do? Really, I need to calm down. Much of what has always made me proud to be a Lakers fan or an American has turned out to be illusory. The truth is that when times get tough, the sugar-coating falls off and there is a glimpse of what is really going on. Transparency is

really frightening that way.

The recently seized tapes of Bin Laden showing him to be a frail white-bearded old man are painfully instructive. Yes, there he is dying his beard black to maintain an image of strength and power. Of course we want him to look strong and powerful and frightening because we can more easily justify our otherwise unsupportable actions against only a powerful enemy.

Perhaps it seems like I'm jumping around from one topic to another. To me it's all related. The image that I have of the world is cracking and I don't like what is leaking through the cracks. Yes, I thought the Lakers were a team of grace and class and that Phil Jackson was a masterful psychologist who obtained optimal performances from his players. SORRY - It's the Emperor's New Clothes all over again. In his farewell speech, Jackson seems revealed as a false wizard, now relieved to escape the burden of pretending he knew what he was doing. Really, I guess, the Lakers were great when Kobe was young and now he's older and things are different.

The glow around Obama has also changed. To me his emergence illustrated the coming of civilization to these United States. Here was a man, a Black man, who represented all that was good. No spoiled, arrogant, cowboy, ignorant, isolationist wanting to rule with a six-gun. No limousine-driven tool of the moneyed classes raised to his position only by his name and connections - this was a man of worth of whom we could all be proud. Well, perhaps many of us are still proud; but what has been revealed is that this President isn't very different from the last one. Money still rules - if we want foreign oil we get foreign oil. We keep the wars going; we support the banks and cater to the super-rich to the detriment of everyone else. Maybe that's the way it always was but the truth has now become all too clear.

Yes, the Lakers are Losers and we have all lost something. Yes, Americans internally are no better than anyone else and, really, that should not have been a surprise. Well, there's always pro-football to distract us - but maybe not this year because the rich people are fighting over how to split up the money and the whole season might be cancelled. Well, so what - what possible relevance does what's going on in the Sportsworld have to do with the rest of worldly concern?

## PORTANTINO JOINS THE FIGHT AGAINST CHILD PROSTITUTION Co-Authors AB 12 to Raise Fines Against "Johns"

Sacramento – Assemblymember Anthony Portantino (D-La Canada Flintridge) has added his support to AB 12, the Abolition of Child Commerce, Exploitation and Sexual Slavery Act. The bill, which passed the Assembly Public Safety Committee with unanimous support, would increase the fine against anyone convicted of engaging in prostitution with a minor under the age of 16.

“Current law is too lenient on these so-called ‘johns’ or customers,” said Assemblymember Portantino. “These children often come from homes where they have been brutalized or abandoned and they turn to the streets to support themselves. We have to shield these children from the dangers of these sexual predators. As the father of two daughters, I am horrified and angered that current law doesn't do more to keep these creeps away from minors.” AB 12 increases the fine for paying for sex with a minor to \$25,000. That money would be deposited in the Victim-Witness Assistance Fund to support agencies that aid exploited minors. The bill now goes to the Assembly Floor for a vote.

## SENSE OR NONSENSE?! - Believe It Or Not This Happened In Washington This Week:

The CEOs from the five major oil companies -- which together booked \$36 billion in profits in the first quarter of 2011 alone -- went to the Senate on Thursday to try to justify the \$4 billion in tax giveaways they're receiving this year!

## HAIL Hamilton My Turn



You can complain all you want about trade imbalances, welfare, military spending, war, and housing bubbles. You can whine all you want about tax cuts for the wealthy and corporate rebates. You can scream all you want about government spending and public employee unions, and how they are driving us into the poorhouse. But you're just wasting your breath.

The real reasons behind the debt is SOCIAL SECURITY and MEDICARE, the two most expensive, budget busting entitlement programs -- programs that together eat up more than a third of the federal budget!

In other words, the real problem is OLD PEOPLE. Seniors are living longer, baby boomers are retiring younger and all at once, and there are too few productive, employed, tax-paying people to take their place.

Our economy is like a gigantic upside down pyramid ready to topple any instant. It doesn't take a genius to do the math. There are simply too many people at the top of the upside down pyramid making withdrawals from federal coffers and too few at the bottom making deposits.

The only solution is to get rid of OLD PEOPLE. Sorry OLD PEOPLE we just don't have the money to feed you and pay for your medical bills.

Heck, OLD PEOPLE contribute NOTHING to society. They sit on their rear ends all day, they are useless eaters, they complain about everything and, worst of all, they bore anyone within hearing distance to death with their elaborate, often confabulated stories about how great things used to be were when they were young. It drives YOUNG PEOPLE nuts!

Sorry grandpa and grandma but you've got to go. You're too expensive for the rest of us to afford. Federal generosity to seniors and their increasingly lavish lifestyle is breaking the country. Sorry seniors no more exclusive golf club memberships, no more luxury love boat cruises, and no more exorbitant vacations to exotic faraway places.

Review panels will be set up in hospitals to examine all persons over 55. Those with severe or chronic illnesses will not be taken care of and denied all health care.

## RICH Johnson



*A paradox is defined as, "a statement or proposition that seems self-contradictory or absurd but in reality expresses a possible truth."*

If you've ever struggled with the "why bother" syndrome, this column might be worth reading. When Adam and Eve did the one thing God asked them not to do in the Garden of Eden (eat of the fruit of the tree of the knowledge of good and evil) God might have toyed with the "why bother" syndrome. And if the "why bother" recommendation had been implemented, we wouldn't be here. Thank God.

If you are successful you have found a way to implement these truths. And if you want to be successful you need to adopt them.

*The Paradoxical Commandments by Dr. Kent M. Keith*

People are illogical, unreasonable, and self-centered. Love them anyway.

If you do good, people will accuse you of selfish ulterior motives. Do good anyway.

If you are successful, you will win false friends and true enemies. Succeed anyway.

The good you do today will be forgotten tomorrow. Do good anyway.

Honesty and frankness make you vulnerable. Be honest and frank anyway.

The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds. Think big anyway.

People favor underdogs but follow only top dogs. Fight for a few underdogs anyway.

## Paradoxical Commandments

What you spend years building may be destroyed overnight. Build anyway.

People really need help but may attack you if you do help them. Help people anyway.

Give the world the best you have and you'll get kicked in the teeth. Give the world the best you have anyway.

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Dr. Keith received his B.A. from Harvard; His M.A. from Oxford; a J.D. (law degree) from the University of Hawaii; and an Ed. D. from USC. He is a Rhodes Scholar. Visit his websites at paradoxicalcommandments.com, and KentM-Keith.com.

The paradox I remember most is the "Dichotomy Paradox" formulated by Zeno of Elea. He lived in approximately 450 BC and was a pre-Socratic Greek philosopher in Southern Italy.

"That which is in locomotion must arrive at the Half-way stage before it arrives at the goal."

Huh? Okay, suppose you want to catch a bus parked at the corner. Before you reach the bus you must get halfway there. Before you get halfway there you must get a quarter of the way there; before that, an eighth, one-sixteenth, and so on. You, in theory, can never reach the bus because you must pass through an infinite number of halfway points.

Zeno's answer: "All motion must be an illusion."

Since we arrive at the bus there must be a scientific answer to the Dichotomy Paradox. However, it is way above my intellectual station. So I will ask my fellow writer, Stuart, to tackle the query. He is much higher on the intellectual ladder than I am. He'll get back to us I'm sure. Maybe in half the time.





Looking Up  
with Bob Eklund

## Sailing the Titan Seas: NASA Selects Mission to Saturn's Moon

he Johns Hopkins University Applied Physics Laboratory (APL) in Laurel, Md., is managing a project to explore the organic seas of Saturn's moon Titan, one of three proposals selected by NASA last week as candidates for the agency's next Discovery Program mission.

The Titan Mare Explorer, or TiME, would perform the first direct inspection of an ocean environment beyond Earth by landing in, and floating on, a large sea of methane (natural gas in a liquid state) on the cloudy, complex moon.

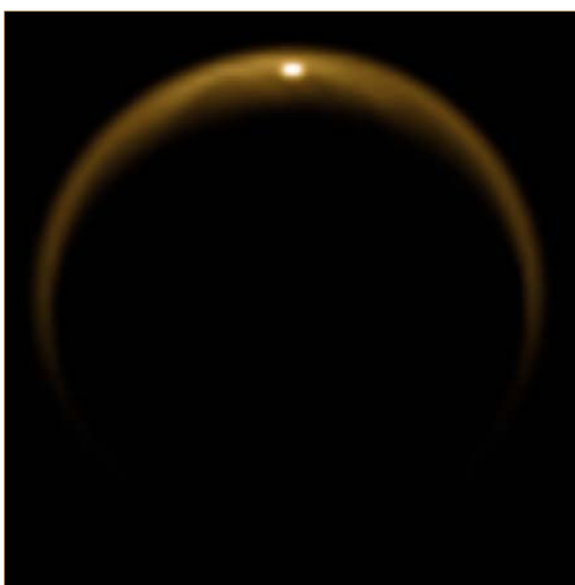
The TiME capsule would launch in 2016 and reach Titan in 2023, parachuting onto the moon's second-largest northern sea, the Ligea Mare. For 96 days the capsule would study the composition and behavior of the sea and its interaction with Titan's weather and climate. TiME would also seek evidence of the complex organic chemistry that may be active on Titan today, and that may be similar to processes that led to the development of life on the early Earth.

Titan is the largest moon of Saturn, the only natural satellite known to have a dense atmosphere,

and the only object other than Earth for which clear evidence of stable bodies of surface liquid has been found. Titan has a diameter roughly 50% larger than Earth's moon and is 80% more massive. It is the second-largest moon in the Solar System, after Jupiter's moon Ganymede, and it is larger by volume than the smallest planet, Mercury, although only half as massive.

Titan was the first known moon of Saturn, discovered in 1655 by the Dutch astronomer Christiaan Huygens (and easily visible in small amateur telescopes as a bright dot close to the ringed planet).

Except for its lakes of liquid natural gas, Titan is primarily composed of water ice and rocky material. Much as with Venus prior to the Space Age, the dense, opaque atmosphere prevented understanding of Titan's surface until new information accumulated with the arrival of the Cassini-Huygens mission in 2004, including the discovery of liquid hydrocarbon lakes in the satellite's polar regions. These are the only large, stable bodies of surface liquid known



to exist anywhere other than on the Earth.

The climate on Titan—including wind and rain—creates surface features similar to those of Earth, such as sand dunes, rivers and lakes

(probably of liquid methane), and shoreline, and, like the climate on Earth, is dominated by seasonal weather patterns. With its liquids (both surface and subsurface) and robust nitrogen atmosphere, Titan is viewed as somewhat like the early Earth, although having a much lower temperature (methane is a liquid only at temperatures below minus 250 degrees Fahrenheit). Titan has thus been cited as a possible host for microbial extraterrestrial life or, at least, as a pre-biotic environment rich in complex organic chemistry. Researchers have suggested that a possible underground liquid ocean there might serve as a biotic environment. It has also been suggested that a form of life may exist on the surface, using liquid methane as a medium instead of water; and, indeed, anomalies in atmospheric composition have been reported which are consistent with the presence of such a life-form, but which could also be due to an exotic non-living chemistry.

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



## Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding the jobs are located and how to get pass the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering your questions, but I will be totally honest. My objective is to help you achieve your employment goal.

**Q: I applied for a position over one month ago and was very excited to finally be contacted by the company recruiter for a telephone interview. The telephone interview lasted about 25 minutes. The recruiter informed me that he had several more interviews to conduct and that he would contact me as soon as possible regarding my status. He notified me one week ago that I passed the interview and was being invited to take the next step, which was a written assessment. He said the written assessment would take about 90 minutes. The test was to analyze my writing and communications skills, critical and problem solving abilities, and my overall knowledge about the industry and profession. I agreed and completed the written assessment in their office. Yesterday, I was contacted by the recruiter and informed that I had passed the written assessment and that the next step would be a panel interview by staff and management. Is this the normal process that employers put candidates through before hiring someone? This process is very stressful and I am not sure it is worth it. What happened to 'submit your resume and application, interview and get hired?' Really Stressed**

Dear Really Stressed,

Those days are long gone and will never return. Employers are receiving approximately 1,000 applicants for every position they announce. This abundance of job seekers is a blessing and a curse for employers. Overwhelming responses to their open positions make it very difficult for employers to search out the ideal candidate, screen, interview and hire. Therefore, they have added several components to their screening process. Some of these components are: Searching and reviewing resumes and applications, telephone and in-person interview, written assessment and personality test, aptitude test, panel interview conducted by staff and another by management, background checks, references, and some employers are asking candidates to spend a day, at no pay, with their organization. And let's not forget that salary plays an important part in the screening process. We are at the end of 2010 and the job market is not going to change that much for 2011. Next year will continue to be an employer's market. Which means that you, the job seeker, will have to do what ever it takes to be considered or hired for a position. I know a job seeker who has been interviewed 10 times by one employer over a three-month period. The job seeker was recently told by the employer that he is one of the final three candidates for consideration. It is very competitive in trying to find employment and a position that is the right match for you. Remember that the employer's process is to constantly screen-out applicants until they find who they believe is the best person for the position....and that usually is the last candidate standing. Is going through all these various screening processes worth it to you? I say yes, if you want the position. So, don't ever remove yourself from the screening process. Stay until the employer tells you that you are no longer being considered for the position. Which I hope doesn't happen.

Everything you ever wanted to know about how to get a job ....but did not know who to ask. ASK jai. Send your questions to: [jai@resumeandcareerservices.com](mailto:jai@resumeandcareerservices.com) or visit website [www.resumeandcareerservices.com](http://www.resumeandcareerservices.com).

## Happy Tails

by Chris Leclerc.  
Canyon Canine Dog  
Walking & Pet Sitting Services

CANINES AGAINST  
CANCER - A NEW LEASH  
ON LIFE

I received a rather random phone call last week that turned out to be, perhaps not quite as random as I had initially thought. It was an anonymous call, based on the "unavailable" text message that came through on my caller ID service, and to be completely honest it was the type of call that I would typically screen out. It rang in just around dinner time, leading me to assume that I would most likely answer to the second half of a generic, pre-recorded voice message offering a free estimate for home improvement or landscape maintenance services. For whatever reason, in spite of the fact that I thought it might be a "sales call", I felt prompted to pick up, and I was so glad that I did. The call was coming from a gentleman who volunteers with an organization called "Relay for Life of Arcadia", which is one of the many programs organized by the American Cancer Society. He had seen my ad in the local newspaper, and was calling to find out if "Canyon Canine Dog Walking and Pet Sitting Services" would be interested in participating in an up-coming event, called "Bark for Life of Arcadia". He told me the goal of the event is to get as many animal lovers such as myself, and local neighborhood dog owners and their pets, together for a day of exercise, fun and festivities in the park to help heighten community awareness and raise funds to fight cancer.

There are other non-profit organizations that work hard to raise funds for cancer research, but as far as I know the American Cancer Society's Relay for Life is the only one that includes an event that involves participation of dogs and their owners, which is what Bark for Life of Arcadia is all about.

Considering the ever-growing need to battle the blight of cancer, and the fact that this event is specifically designed to invite pet participation, naturally

I was interested. The idea of having my friends and neighbors, along with their beloved canine companions taking part in such a positive community awareness project is irresistible in my mind, and what I like to call a "win, win" investment of time. It brings the community together in a unique way, where local merchants and residents can get out with their canine companions for an exciting educational & social activity that is bound to benefit many who suffer from a disease that absolutely must be reckoned with.

On a personal note, I have two close family members who were recently diagnosed with cancer, and several friends who have miraculously survived it's perils. I have also experienced the tragic loss of loved ones due to the disease, both human and canine, so at this point I feel a sense of obligation to take part in such a worthwhile cause. It takes so little time and energy to spread the word and join in the fight, and what better way to do so than by including the participation of your beloved animal companion?

Proceeds for the Relay for Life events not only benefit human patients with cancer, but canine cancer patients as well, so it seems quite appropriate that those darling, spoiled little doggies of ours should get out there and get involved too, right? Come on out on May 22, 10:00am - 1:00pm at Eisenhower Park located at 2nd Ave. & Colorado in Arcadia bring your canine companion, have lots of fun and help fight the fight against cancer! For more information about Bark for Life of Arcadia, go to [www.relayforlife.org/barkarcadia](http://www.relayforlife.org/barkarcadia) or please contact: Sherrie Powell-Russo [barkarcadia@gmail.com](mailto:barkarcadia@gmail.com) 626-375-2512, or Carter Spruill [cspruill@ausd.net](mailto:cspruill@ausd.net) 323- 309-3954.

On Line  
By PJ Carpenter  
One Day Soon

What if nearly everything you usually keep on your computer was stored online? Your machine would be much speedier and perhaps needed a lot less because you could simply use another machine to access your data should you lose your laptop. This liberating premise is behind Google's upcoming Chrome OS, which will make notebook computers more like netbooks than most actual netbooks. The software powering Chrome OS, which is based on Google's Chrome browser, serves mainly as a tool for connecting your computer to the Web. Since much of what many people currently use is housed, the day when true cloud computing is the norm is getting closer and closer.

In Google's Chrome OS, users would have to login into a Google account (if you already have a Gmail account those credentials would suffice) leading to a homepage that would show the apps the user had previously purchased and "installed" from the Google Web Store ( [HYPERLINK "http://chrome.google.com"](http://chrome.google.com) <http://chrome.google.com>). There appears to be a healthy market already for these apps and the introduction of the Chrome compatible computers will probably boost public demand for more in the near future. Many of these apps work independent of the Chrome OS but analysts expect that number to decrease in the future as Google promotes the widespread use of its new OS.

As to be expected some industry critics and analysts are not exactly gushing with high expectations for what this new mode of computing is attempting to do to business as usual. While fans of cloud computing will point to the speed, simplicity and security that appear to be built into Chrome OS, naysayers point out the fact that not everybody wants to be online all the time. For all of its speed and new-fangled slickness, Chrome OS is absolutely nothing without an active connection to the internet. When Chrome OS is not connected to the internet the entire concept of cloud computing is hobbled. And then there's the whole issue of just who the target market for this new OS is in reality. A large percentage of the market is comprised of the very young and the very geeky. These groups would probably have very little difficulty adjusting to a totally-plugged-in lifestyle and in many ways are already living and working as such now. These people would probably enjoy testing the bells and whistles of this new mode of computing. Then you have the "Will-This-Thing-Help-Me-Do-My-Job-Better" group. These people may or may not personally be interested in a new toy but if the new toy offers the real promise of being a better work platform than what they currently may be using, this group will not be shy about voting with their dollars and desktops for the new system. At this early stage of the game even the best release of the new OS will not be able to win over a significant share of this crowd for the simple fact that it won't be ready to do what so far the iPad and other platforms of great promise have been unable to do and that is replace the traditional workplace desktop.

## KATIE Tse .....This and That

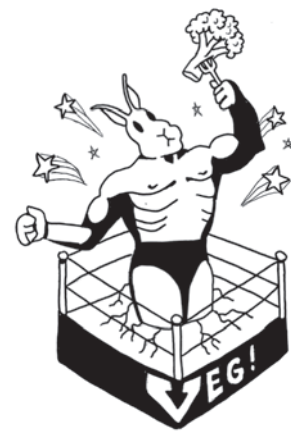
SHAMELESS PLUG ...  
ON A FORK

What do Americans love more than reality TV, Pizza Hut, and Double Western Bacon Cheeseburgers? A good conspiracy theory! I've got great news for you; the film, "Forks Over Knives" has all these covered. In case you think you've wandered into the movie review section, that's a couple pages toward the front. And no, I do not have any financial connection with "Forks Over Knives." Decades of work in science and medicine culminate in this tell-all exposing the ways our diet is killing us (no news there, but that's not all!). "Forks Over Knives" exposes the guilty hand major government lobbyists, such as the dairy council, medical insurance, and pharmaceutical companies, have in blatant promotion of meat and dairy: all the while conveniently keeping us sick enough to require expensive "life-saving" surgeries and a long-term regimen of drugs. The film also names several dairy and cattle spokespersons on government panels that create legislation affecting food options from army rations to school lunch menus. Sounds like just a slight conflict of interest. Sobering as all this may be, perhaps most frightening is that it appears to be conspiracy fact rather than theory.

Let's look at some old adages of American nutrition. You need copious amounts of meat for protein and "milk does a body good." Yes, protein is essential, but you don't need as much as you think you do, and a whole-food, plant-based diet provides more than enough. In the film, Dr. Colin Campbell describes how he fed cancer-infected rats diets of 20% or 5% animal protein intermittently. He found that the 5% diet literally turned off cancer growth, while 20% turned it on. It's true that milk is the perfect food... for calves. Consumption of casein found in milk, and particularly cheese, causes an acidic reaction in your blood. In order to offset this pH imbalance, your body saps calcium from its most readily available source - your bones. So, it's quite ironic that the more dairy you consume the weaker your bones become.

Most people think I'm vegan. I wish I could say I am, but I do periodically indulge in chicken or fish, and ice cream is a guilty pleasure. But my mom's a vegan and I never tire of bragging about her! No one is as zealous as a convert, and I suspect that few people outside the field of nutrition are as knowledgeable about it as my mom (no exaggeration, she devotes more time to this than a teenager on Facebook). She introduced me to the work of Doctors John McDougall, Colin Campbell, and Caldwell Esselstyn, all of whom are featured on "Forks Over Knives." Dr. McDougall, and Dr. Esselstyn will always have a place of honor in my heart because they faithfully respond to emails in a timely manner. Dr. Esselstyn actually opted to talk to my mom on the phone rather than communicate over the web. All of these physicians do this free of charge! This is more than some of her doctors will do. One recently billed her insurance in excess of \$600 for a 30-minute consultation!

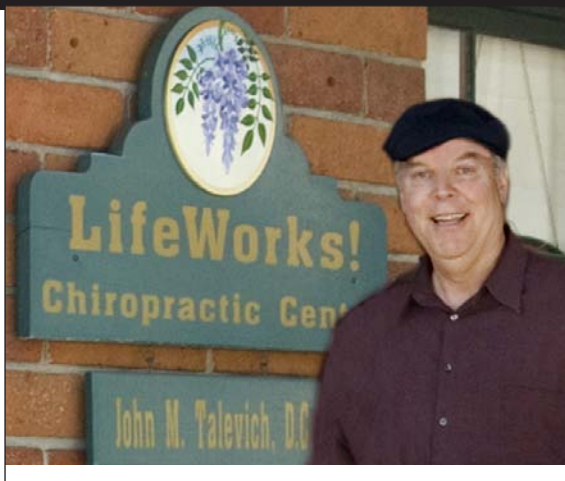
So, what is the "Fork Over Knives" magic bullet against hypertension, diabetes, heart disease, erectile dysfunction, stroke, and cancer? A starch based diet with plenty of fruits, veggies, and plant protein; it is that simple! "Fork Over Knives" chronicles the recovery of at least three patients whose cancer, heart disease, and diabetes were REVERSED with the adoption of a vegan diet. Of course there's more money to be made in pills than peas, so it's unlikely your regular physician will prescribe produce in place of the latest Pfizer drug. Dr. Michael Greger, who's not in the film, but is a leading expert in nutrition, states that most medical doctors receive only a few hours of instruction in nutrition during their training. Just think, watching this film will not only enlighten you and possibly save your life or the life of a loved one, but you will also be a couple nutritional steps ahead of your physician! Empower yourself! Topple the Food Pyramid! See the film!



**Your Ad Could Be Here!**  
Call Patricia at 626-818-2698 Today!



## YOUR HEALTH MATTERS

Today's Subject:  
COURAGE

Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

I recently had the opportunity to help facilitate a workshop at the Providence Regional Cancer Partnership in Everett, Washington. My daughter-in-law, Jessica, is an intern in the art therapy program at Antioch College in Seattle and is assigned to a group at the center. Jess was familiar with the various gatherings that we have created in our clinic in Sierra Madre and wondered if it would be possible to put together a life mask workshop for the cancer group. Sure 'nuff, I soon found myself standing in the center's conference room with twenty attentive faces turned toward me.

## The Role of Art in Healing

Numerous clinical trials support the idea that creativity is a powerful factor in the maintenance of health. In the treatment of cancer, it has been used in a number of different ways to lift spirits by

bringing people together. The overall effect of community has physical as well as mental/emotional healing value. In the process of creating something, the patient is transported to a state of awareness which is less focused on the difficult realities of his or her condition. Survival rates and the quality of life both improve.

## The Human Factor

Initially, I was prepared for a room full of depressed people with very little to show up for. Instead, it was quite the opposite. If anything, it was hard to get them to stop wisecracking and listen to the intro. As they went around the room and updated each other on the latest news, there was a common thread of support, connection and empathy.

The life mask process can be a little messy, both physically and emotionally. A little vaseline along the hairline, eyebrows and eyelashes is most important, avoiding impromptu and inadvertent waxings. Covering the face and eyes, nose and mouth causes some people to become anxious (yes, we do leave nostril openings!) It calls for cooperation, a gentle hand, and a lot of trust.

At the end of the workshop, there was a table full of masks all depicting the unique features of their owners. At next week's gathering, they will be painted, beaded, spangled, decoupaged, sprinkled, emblazoned, engraved and who knows-knows-what by a bunch of folks that know well what we all much come to know in time. As I witnessed these people, Stephen Levin's book, A Year to Live, came to mind. The following is from this wonderful book:

"May all beings live with death over their left shoulder and kindness in the center of their heart.

"May all beings be free of suffering. May all beings know the great good fortune of their great nature.

"May all beings be at peace."

Have a healthy week! ~Dr. John

**John M. Talevich, D.C.**  
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**626-355-4710**

## CONNECTING TO OLDER AMERICANS

Older Americans Month is an occasion to show appreciation and support for our seniors as they continue to enrich and strengthen our communities. This May, the theme — Older Americans: Connecting the Community — pays homage to the many ways in which older adults bring inspiration and continuity to the fabric of our communities and highlights how technology is helping older Americans live longer, healthier, and more engaged lives.

Social Security uses technology to make dealing with Social Security easier for seniors. We offer a variety of services at [www.socialsecurity.gov](http://www.socialsecurity.gov). Just look at the "top services" column to the left of the page to see the wide range of services that technology allows us to offer online.

Social Security has a special relationship with American seniors since we pay benefits, at one time or another, to just about every one of them. Nine out of ten Americans aged 65 or older receive Social Security benefits.

Here are some more statistics to consider. Among older Social Security beneficiaries, 52 percent of married couples and 72 percent of unmarried persons receive half or more of their income from Social Security. Older Americans are a growing group, too. Life expectancy continues to rise, and by 2035, it's estimated that there will be twice as many older Americans as there are today.

Older Americans, as well as people who don't expect to retire anytime soon, who use Social Security's website give it consistently high customer satisfaction ratings. Right now you can get an estimate of your future retirement benefits, plan your retirement, even apply for retirement benefits right over our website. Visit us online at [www.socialsecurity.gov](http://www.socialsecurity.gov).

Learn more about what you can do to celebrate Older Americans Month by visiting the organization's website. [www.olderamericansmonth.org](http://www.olderamericansmonth.org)

MEDITATION FOR RELAXATION,  
CLEAR MIND AND KIND HEART

*Description: The purpose of meditation is to make our mind calm and peaceful. If our mind is peaceful, we will be free from worries and mental discomfort and experience true happiness and relaxation. These classes provide an opportunity to learn how to meditate and how to use our experience of meditation to positively affect all aspects of our daily life.*

Join at any Time & Everyone welcome! Cost: \$10

-----  
Thursday Evenings 7-8 pm  
9 Weeks: May 5 - June 30  
Center for Wellbeing  
31 W. Sierra Madre Blvd.  
Sierra Madre, CA 91024

Dunsmore Park  
(first building to the left as you pull into the parking lot)  
4700 Dunsmore Ave.  
La Crescenta, CA 91214

-----  
Sundays morning 10:15-11:15 am  
8 weeks: May 1 - 22, June 5 - 26 (No class on May 29th)  
Brand Park: Whispering Pine Teahouse  
1601 West Mountain Street  
Glendale, CA 91201  
(upper parking lot in Brand Park)

-----  
Monday Evenings 7-8 pm  
8 Weeks: May 2, 9, 16, 23, June 6, 13, 20, 27 (No class on May 30th)

Neighborhood Unitarian Universalist Church  
301 N. Orange Grove Blvd  
Pasadena, CA 91103

## SENIOR HAPPENINGS

## Activities:

Unless listed differently, all activities are at the Hart Memorial Park (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Lunch Program: Monday- Friday at the Intervale Café -12:00 Noon-Call (626) 355-0256 to make your daily reservation. Suggested donation \$2.00 for seniors (60+) and \$3.75 for visitors.

## MENU BELOW

## Monday:

- 12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Please call 355-0256 to make your daily reservation.
- 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

## Tuesday:

- 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon
- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- 1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play
- 5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

## Wednesday:

- 11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints
- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- Free Income Tax assistance - 1 pm to 2 pm. For an appointment, please call 355-7394
- 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394
- Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

## Thursday:

- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256
- 1:00 to 3:30 pm: Game Day. Join us for Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information.
- 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-52

## Friday: City Hall Closed on April 8th &amp; 22nd

- 12 noon: Intervale Lunch Café; daily reservations needed 355-0256

## Saturday:

- 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm. The Senior Club always welcomes new members (\$5 membership dues per year) so please stop by to learn more.

## EXCURSIONS

**SATURDAY, MAY 7th**— The Ramona Pageant. Join us as we take a deluxe coach bus to Hemet to see one of the nation's longest running outdoor dramas (88 years old) - 10:30 am to 7 pm  
Cost per person is \$53 - which includes transportation, driver's tip, lower level seats, a BBQ lunch, a souvenir program and a comfy seat cushion. This is an outdoor venue so you are encouraged to dress in layers, wear comfortable walking shoes and to wear a shade hat. limited to the first 20 people so please register as soon as possible.  
PLEASE NOTE: The pick-up location for this excursion will be the Sierra Madre Recreation Center, 611 E. Sierra Madre Blvd., due to a special event at Memorial Park on this day.

To register for the excursion, please visit the Senior Center or go online to [www.cityofsierramadre.com/online/registration](http://www.cityofsierramadre.com/online/registration).  
Save the Date: **FRIDAY, JULY 8th** —The Pageant of the Masters - Laguna Beach. Registration will open online and at the Senior Center starting May 1st



## Sponsor Bingo Prize

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Accredited In-Home nursing care will provide a special prize on the 4th Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the 1st & 4th Tuesday of each month for your chance to win these special prizes.

## Recipe of the Week:

## CRUNCHY ASIAN CHICKEN SALAD

## INGREDIENTS:

## Salad:

- 1 1/2 cups finely diced cooked chicken meat (6 ounces, about 1 1/2 breast halves)
- 6 canned peeled water chestnuts, rinsed and chopped
- 1 carrot, peeled and shredded
- 1 small celery rib, finely diced
- 1/2 cup diced apple, such as Gala or Golden Delicious (about 1/2 apple)

## Sauce:

- 1 tablespoon natural peanut butter or sesame tahini
- 1 tablespoon seasoned rice vinegar
- 3/4 tablespoon soy sauce
- 2 tablespoons mayonnaise
- 1 tablespoon minced fresh chives (optional)
- 1/4 cup roasted soy nuts or coarsely chopped unsalted peanuts
- 1 teaspoon hot sesame oil (optional)

## DIRECTIONS:

Combine the chicken, water chestnuts, carrot, celery and apple in a bowl and stir to mix.

Whisk together the peanut butter, vinegar and soy sauce until smooth. Whisk in the mayonnaise and chives, if using, spoon the dressing over the salad, and mix well. Sprinkle with soy nuts just before serving.

## May Birthdays



Juanita Loera, JoAnn Serrato-Chi, Barbara Soulanille, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Dorothy Murphy, Annie Scalzo, Janet Ten Eyck, Jayne Thomas,



## Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.) Call the YWCA at (626) 214-9460 or Darlene Traxler at (626) 355-0256 for more information.

MEALS-ON-WHEELS NEEDS VOLUNTEERS  
TO DELIVER MEALS TO OUR HOMEBOUND NEIGHBORS

## \*\*ONCE A MONTH OR WEEKLY\*\*

Please contact Darlene Traxler at 626.355.6220 or (626) 355-0256.

**Foothill Computer Services**  
20+ years in Sierra Madre  
PC Computer Repairs  
& Electronics Consulting  
Dave Felt 355-8315

## LUNCH &amp; LEARN

Join the Senior Community Commission at the Sierra Madre Hart Park House / Senior Center for a FREE presentation. Lunch is available for a \$2 donation by calling (626) 355-0256 by 12 noon the day before.

## DIAL - A - RIDE TICKETS

*Tickets can now be purchased at:*  
**Sierra Madre City Hall  
Hart Park House /  
Senior Center  
Sierra Madre Library**

**Canyon Canine**  
Dog Walking & Sitting Services  
Sierra Madre, California  
**Chris Leclerc**  
[www.canyoncanine.com](http://www.canyoncanine.com)  
[chris@canyoncanine.com](mailto:chris@canyoncanine.com)  
**626-355-8333 / 626-533-9536**

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**Call 626.836.8353**  
**Fax 626.836.8373**

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**HUNTINGTON VETERINARY HOSPITAL**  
626-357-2335  
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TUES 8-8PM  
SAT. 8-1PM  
535 West Huntington Drive in Monrovia

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•Laser Surgery •General and Advanced Surgery

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Free Pre-Operative Blood Panels on all surgical/dental procedures

Gary R. White, DVM



## One Of A Kind: *Featuring unique homes and gardens and the people who create them.* Story By Chris Bertrand Photos by John Muir

### Stately and Traditional Mediterranean in the Heart of San Marino



Set behind the deep green leaves of a magnificent magnolia, this elegant Mediterranean home just came on the market for the first time in over four decades. In a town and neighborhood steeped in architectural tradition, this property's vintage features only begin to unfold the story of the history, design and quality of this gated, 1933 home.

Upon entering through the massive front door, the spiral staircase, with intricate wrought iron balustrades, winds from the central foyer to the upper level. A glance left and right sets the tone and ambiance for the home. The meticulous millwork of the front door and the arched interior doorways and doors is notable, and believed to be mahogany.

To the right is the expansive, step down living room, which creates a breathtaking architectural statement for the entire home. The elegant, central fireplace room is the room's focal point, complemented by beamed ceilings. Dual sets of French doors, facing east and west, allow for shaded patio use seamless, indoor to outdoor entertaining at any time of day. One pair opens to an arched covered patio in the back yard, which extends the living room and den into the lush back yard.

To the left of the foyer, the spacious dining room provides a grand yet intimate venue for formal entertaining.

The generous casual areas of the kitchen, casual dining, wet bar, a butler's pantry and den area are contiguous and conducive to a more open configuration. A powder bath is conveniently located here, as well, so the bones for a more open casual area are in place.

The second floor offers four spacious bedrooms and three baths, including the master and a second suite, plus a connecting bath between the two additional bedrooms. An enclosed sleeping porch, overlooking the lush and private back yard, is perfect for use as a playroom, gym or home office. The circular hall includes large open arches repeated here as well, bringing light down into the foyer and repeating the arch detailing.

The deep, 0.28 acre homesite includes is beautifully framed by mature landscape and verdant expansive lawns and lead to an under-roof outdoor living space repeating the arched detail of the interior design. For those who might want to add to the back yard's offerings, additional yard space behind the garage and a



hedge adds to the possibilities for a pool or garage expansion.

Part of the garage includes a work, hobby or studio space, for the tinkerer, the artist or perhaps a writer's den.

Set deep in the sedate residential quarters of San Marino, the high fashion shopping, elite restaurants, and services of downtown and old town Pasadena are just five minutes away. For those with school age children, the San Mari-

no School District, which serves k-12th grade, is one of the most highly rated in California.

*1940 St. Albans, in San Marino, offers four bedrooms, three and one half baths and 3290 square feet of living space. The property was just co-listed at \$1,899,000 by Carol Majors of Coldwell Banker and Sabrina Wu of Sotheby's International. For more information, visit [www.MajorsMarketPlace.com](http://www.MajorsMarketPlace.com) or call Carol at 626-399-9665 or Sabrina at 626-688-0100.*





**Tips of the Trade:  
Real Estate Revealed**  
*by Luther Tsinoglou*

**START AT THE  
BEGINNING**

What's the first question you ask yourself when you're ready to buy a home? It should be, "How much can I afford?" Without that crucial piece of information, you can't even begin your search. Figure your monthly income and debt payments, order your credit reports, and determine how much you can put down.

Now, apply for pre-approval from a number of lenders, to shop for the best interest rate and terms. You can choose fixed or adjustable rate, and a conventional or government or jumbo loan, among the most common types of mortgages.

Now, what do you want out of your new home? Want a location within the city, right downtown, in the suburbs, or a rural setting? How many bedrooms and bathrooms, in a single family home or townhouse or condo?

Now that you've figured out what you're looking for and what you can afford, locate the neighborhoods that satisfy your requirements. An area real estate agent can give you information about schools, your work commute, and proximity to shopping and recreation.

Find your agent through referrals and interviews to get the right "chemistry." You can browse listings online, but the agent should be able to provide a list of suitable properties right away. Make appointments for tours and attend open houses if available. My upcoming column will guide you through the next steps!



If your business paid Federal Taxes last year, and you don't have a Qualified Retirement Plan, you just gave money to Uncle Sam that you could have saved and invested for your retirement instead!

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### Children's Cantata/"Practice, Practice, Practice"



San Marino Community Church welcomes you to Sunday worship! This week "Moses and the Freedom Fanatics" will be presented during at the 9:15 traditional service by the children's choir under the director of Todd Strange and Yilin Hsu Wentlandt. New members will also be welcomed as part of the worship service. Worship & Music Assistant and Fuller Seminary PhD candidate Noel Snyder preaches at "The Gathering" at 11:15 am.

9:15 am Traditional & Student Worship Services  
Sunday school (K-5) and childcare provided  
10:30 am Adult Spiritual Formation  
11:15 am "The Gathering" worship service  
Casual worship, multi-voice ensemble, childcare provided

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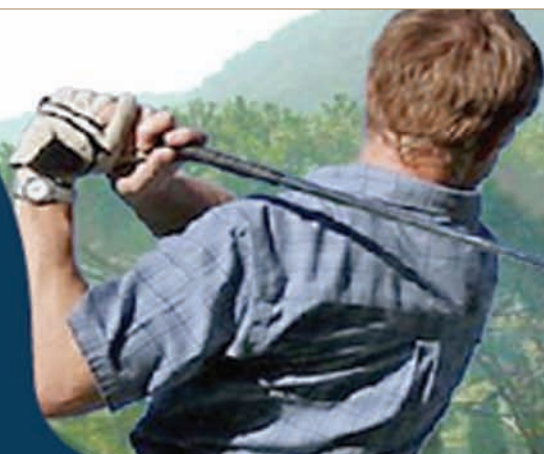
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