

Mountain Views News

Where Your
Community News Comes First

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

SATURDAY, JULY 16, 2011

VOLUME 5 NO. 29

The Farmers Market Is Back!



Local florist Lori Westmorland and her young helper from Leonora Moss is one of the many vendors you will find at Sierra Madre's new and improved Farmer's Market.

In a new location, Hermosa Avenue between Sierra Madre Blvd. and Mariposa, the market will be open during the summer on Wednesdays from 3:00-8:00 p.m.

In addition to fresh fruits, vegeta-

bles seafood and other food specialties, you will find other merchants selling clothing, flowers, etc.

If you are interested in becoming a vendor at the Farmers Market, please contact Melissa Farwell from Raw Inspiration at (818) 591-8161 Ext. 806. at Raw Inspiration, Inc., the management firm in charge of the market.

Photo by Chris Bertrand/MVNews

LAWSUIT AGAINST SMPD OFFICERS LANDS IN FEDERAL COURT

Suit Filed Accuses Officers Of Assault, Battery and Excessive Force by S. Henderson

In what may have begun as a routine traffic stop last year, has led to the filing of a federal lawsuit against a former SMPD Officer, a current officer and the City of Sierra Madre.

On March 26, 2010, former SMPD Officer John Ellins and another unnamed officer are alleged to have "unlawfully detained" and "assaulted" a resident in violation of his civil rights. The causes against the officers also included claims of 'malicious, fraudulent and oppressive behavior' as well as

a charge of false arrest.

In addition, the city is accused of negligence in its 'duty to care for plaintiff, false arrest, and 'a cover up'. Last week, however, all claims for punitive damages against the city were dismissed. That action will prevent the city from being liable for damages from 'pain and suffering' and/or infliction of emotional distress, should the plaintiff win the case. It will greatly limit the amount of money the city might have to pay. For this matter, the city is represented by the

firm of Carpenter, Rothans and Dumont.

The traffic stop was allegedly done as the result of a faulty tail light and 'suspicious' driving. When the officers stopped him, according to court documents, the plaintiff was physically assaulted, "exacerbating an existing neck injury."

According to the lawsuit, before any action was taken, the plaintiff met with Chief Marilyn Diaz and reviewed both the audio and video records of the stop. (cont. pg. 3)

SIERRA MADRE HART PARK HOUSE SENIOR CENTER RENOVATIONS UNDERWAY



The Sierra Madre City Council, sans Councilman Mosca and the Sierra Madre Senior Community Commission pulled out the gold shovels and broke ground for the renovation of the Hart Park House Senior Center on Thursday.

In front of a crowd the included former commissioners and other city officials, Commission Chair Ann Luke and Councilmember Nancy Walsh appeared to be the most enthusiastic about the long stalled project finally coming to fruition.

During the renovation, which is scheduled to begin on Monday, July 18th,

senior programs and services, including the daily Senior Lunch Café, will be relocated to the Sierra Madre Community Recreation Center at 611 E. Sierra Madre Blvd.

To assist with getting to the new location, city transportation services will be provided at no charge to seniors via a special Lunch Express Shuttle or the regular Gateway Shuttle route. Seniors are encouraged to call (626) 355-5278 if they have any program questions or to speak with the Recreation Coordinator.

Pictured above: (left to right): Commissioner Dorothy Jerney-cic, Councilwoman Nancy Walsh, Commission Chairperson Ann Luke, Mayor Pro Tem Josh Moran, Mayor John Buchanan, Councilwoman Mary Ann MacGillivray, and Commissioners Alan Leahy and Bill Nelson. Photo by Bill Coburn

SIERRA MADRE RESIDENT SPEARHEADS LOCAL EFFORT TO MANDATE LABELING OF GENETICALLY MODIFIED FOODS

By Susan Henderson

For two days last week, concerned citizens learned about a statewide effort to put an initiative on the 2012 ballot that would require labeling of all genetically modified foods.

Kim Clymer-Kelley, local environmental activist contributor to this newspaper, hosted a public viewing of the documentary, "The Future of Food" at the Sierra Madre Playhouse on Thursday and an organizing meeting at Bean Town on Friday to kick off local activity supporting the initiative.

Pamm Larry from Chico, is the founder of the movement statewide and spoke to an audience of about 50 people who watched the documentary at the Playhouse. She also attended the meeting at Bean Town. She is currently travelling around the state to set up a network of people to coordinate the effort to educate the public on GMO's, bring public awareness to the effort to get the proposition on the ballot. This includes a signature gathering campaign sometime in the near future. Kim will head efforts in the Sierra Madre-Pasadena, -Arcadia foothills area.

The group will need over 500,000 qualifying signatures and will likely start the signature campaign in the fall.

International attention has been on GMO's for several years with a rising tide of frustration with the government's

lack of regulation on the development and effects of GMO's in food.

A good explanation of the basic concerns regarding GMO's can be found in an article that appeared in the Lodi News. Lodi is a Northern California agricultural community:

If you've ever eaten canned soup, sipped soda or chewed sugarless gum, chances are you've eaten something that's been genetically modified, also called GMO. Even when you cook at home, GMOs are in the ingredients we use. It's hard to believe, but GMOs are in almost everything we eat - according to the Grocery Manufacturers' Association, 80 percent of our processed food is genetically modified, unless it is certified organic.

Just what does this mean? Genetically modified organisms or GMOs are organisms that have been created through the gene-splicing techniques of biotechnology. This relatively new science allows DNA from one species to be snipped and inserted into another species in a laboratory to create specific characteristics and new species that do not occur in nature. You may have heard them referred to as " Frankenfoods " for this reason. For instance, a plant can be engineered to become resistant to a pesticide, or even contain its own pesticides within the plant cells, so that the fields can be



Kim Clymer-Kelley, upper right, discusses preliminary plans for the campaign.

Photo by Dean Lee

sprayed with the chemical and the crops will not die along with weeds.

So, what does this mean to you and your family? The truth is, we really don't know yet. The science has not been around long enough for studies to show the long-term health effects that consuming GMO foods might have.

"From a nutrition perspective it's not hard to connect the dots from GMO crops to health issues. We have exponential increases in digestive issues, allergies and autoimmune diseases today and GMO crops are found in so many of the foods and food products (soy, corn) implicated in these health issues," says registered dietician Ashley Koff. "This is enough for at least 30 other countries

to enforce significant restrictions or outright bans on GMOs because they are not considered proven safe. What we do know is that anyone eating GMOs is, in effect, a guinea pig in a very large health experiment."

In the United States, the FDA does not require that companies disclose whether or not foods contain GMOs.

To learn more about GMO's, go to www.labelmos.org. To learn more about the ballot initiative, the public is invited to attend the next organizing meeting which will be held on August 3rd at 7 p.m. at the Coffee Gallery in Altadena on Lake Avenue or you can contact Kim Clymer-Kelley at kimeely-un@gmail.com

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On our way to Niko's!

Niko and Friends Café

900 Valley View #6, Pasadena, CA

On the N Michillinda/Montecito Corner

Monday to Friday: 7 am to 6 pm. Saturday: 8:30 am to 1:30 pm, Closed on Sunday
626-510-6151

☞ Dog friendly patio ☞ Japanese Erasers & Puppets ☞ Smoothies, Sandwiches, Soups and Coffee ☞

www.Nikoandfriendscafe.com



Discover what good coffee tastes like, come to Niko's!

Read The Paper Online At: www.mtnviewsnews.com

Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at
City Hall 232 W. Sierra Madre Blvd.
Sierra Madre, Ca. 91024
626-355-7135

CITY HALL CLOSED ON JULY 1, 15 & 29

July 26th	CITY COUNCIL MEETING
July 18th	6pm - Community Services Commission
July 19 th	6:30pm - General Plan Steering Comm.
July 20 th	7pm - Tree Advisory Committee
July 21st	7pm - Planning Commission
July 26th	6:30pm - City Council Meeting
July 27th	7pm - Library Board of Trustees
July 28th	7pm - Green Advisory Committee

Sierra Madre’s Farmer’s Market Is Back! New Location

The Sierra Madre Farmer’s Market new location is in Downtown Sierra Madre on Hermosa Avenue, south of Sierra Madre Boulevard to Mariposa Avenue. The hours will be from 3:00-8:00 p.m. during the summer with the exception of major holidays. During the winter/Pacific Standard time the market could possibly end at 7:00 p.m.

1630 AM

Free on-air publicity for local events

Sierra Madre’s new community radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. This new radio station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

In a nutshell, your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

2011 SUMMER POOL MOVIE NIGHT SERIES

The Sierra Madre Aquatic Center will be hosting three pool movie nights this summer. This program is offered at absolutely no charge thanks to a generous donation from the Sierra Madre Community Foundation and is open to all from Sierra Madre and the surrounding community. Each pool movie night will begin at 7:45pm, space is limited so be sure to arrive early. Snacks will be available for purchase at the June and July movie nights and proceeds benefit the Sierra Madre Dolphins Swim Team.

The movie schedule is as follows:
Friday, June 24 – *Shark Tale*,
Friday, July 22 – *Little Rascals* and
Friday, August 19 – *Tangled*.

The Sierra Madre Aquatic Center is located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024. For more information please call 626-355-2356.

Summer Fun in the Park Schedule:

July 19	Pasadena Humane Society
July 21	CATZ Fitness Activity
July 26	Mission Renaissance Arts and Craft
July 28	CATZ Fitness Activity
August 2	Los Angeles Zoo
August 4	CATZ Fitness Activity
August 9	Sierra Madre Search and Rescue
August 11	CATZ Fitness Activity
August 16	Mission Renaissance Arts and Craft
August 18	CATZ Fitness Activity
August 23	L.A. Arboretum Arts and Craft
August 25	CATZ Fitness Activity

Titles To Go

Bringing the library to you!

Sierra Madre Public Library Homebound Program

www.cityofsierramadre.com
626.355.7186

The Sierra Madre Library is offering a new program to homebound persons who live in Sierra Madre called “Titles To Go” - Bringing the library to you! The program is free and enrollment is very simple. For more information, please call Anna Valencia at (626) 355-7186

Sierra Madre Honors... Nominations Are Now Being Accepted

This is an exciting event and the City’s opportunity to recognize and honor the true treasures of Sierra Madre, its volunteers, City Commissioners and employees. *Sierra Madre Honors... Recognition and Appreciation Dinner* will recognize all out-going City Commissioners as well as extraordinary community members, organizations and employees. Please take a moment to review the awards listed below and nominate any person you feel is eligible for such an honor.

To nominate a member of the Sierra Madre Community for one of the Awards, please include the person’s name, phone number, address, and 1-page explanation of nomination along with your name and phone number, and return to City Hall, the Community Recreation Center, or email to city@cityofsierramadre.com.

George Maurer Lifetime Service Award
Presented to a person/entity that most strongly represents a commitment to serving and volunteering, which is the true spirit of Sierra Madre.

Wistaria Award
In recognition of City/Community partnership, presented to a local business or organization whose major contributions to the City/Community of Sierra Madre have demonstrated a true partnership that assists in and provides services, programs, or enhances the general welfare of the community as a whole.

Police Chief’s Special Award
Presented by the Sierra Madre Chief of Police to an individual who has demonstrated outstanding dedication to duty (employee) or service (community) in resolving a community law enforcement-related issue.

Public Safety Award
Presented by the Mayor to an individual, either an employee or citizen, who took action to protect and maintain the safety of the community by taking lifesaving action.

Public Service Award
Employee of the Year – presented by the Mayor upon the recommendation of the City Manager to an extraordinary city employee who has represented remarkable customer and public service as well as dedication to the citizens of Sierra Madre over the course of a year.

Community Youth Service Award
Presented to a young adult in the community who demonstrates dedication and outstanding service to the community.

This year’s *Sierra Madre Honors... Recognition and Appreciation Dinner* will be held on Thursday, September 29, 2011. For more information please contact the Community & Personnel Services Department at 626-355-5278 or city@cityofsierramadre.com.

ADULT SUMMER READING PROGRAM AT SIERRA MADRE LIBRARY

Sierra Madre Public Library’s popular Adult Summer Reading Program is now in its fifth year. This year’s theme is “Novel Destinations,” which will showcase fiction and nonfiction books on Travel and World Culture. There are many ways to “see” the world through print and audio books, so you can indulge in the genre of your choice and “travel” anywhere that strikes your fancy. Books in print, on CD, Playaway, or read via e-reader all qualify—so take your pick of media and read, read, read! The program is open to anyone 18 years and older, and will run through Saturday August 13. Participants may win one weekly prize during the course of the program. Once again a Grand Prize Drawing for a Kindle will take place at the program’s conclusion.

Registration is free and may be done in person at the Library or online any time on or after June 20. To register online, visit the Library’s website, www.sierramadre.lib.ca.us, and click on the Summer Reading Program button.

Sierra Madre Chamber of Commerce invites you to attend a very special event

Adams Pack Station

75th Year Anniversary Mixer



RARE Sunday afternoon mixer. Join Adams Pack Station in celebrating seventy-five years of operation at this special mixer, featuring live music by Rubber Soul (Beatles tribute band), the Pack Station’s famous pulled pork sandwiches, and much more!

Adams Pack Station

Chantry Flat, Top of Santa Anita

\$7/Chamber members

\$10/non-members

Sunday

July 17th

5:00 to 7pm



www.SierraMadreChamber.com/Mixers

Contradance!

Every 4th Saturday at Sierra Madre Lodge

Dance to LA’s best old-time bands and callers.

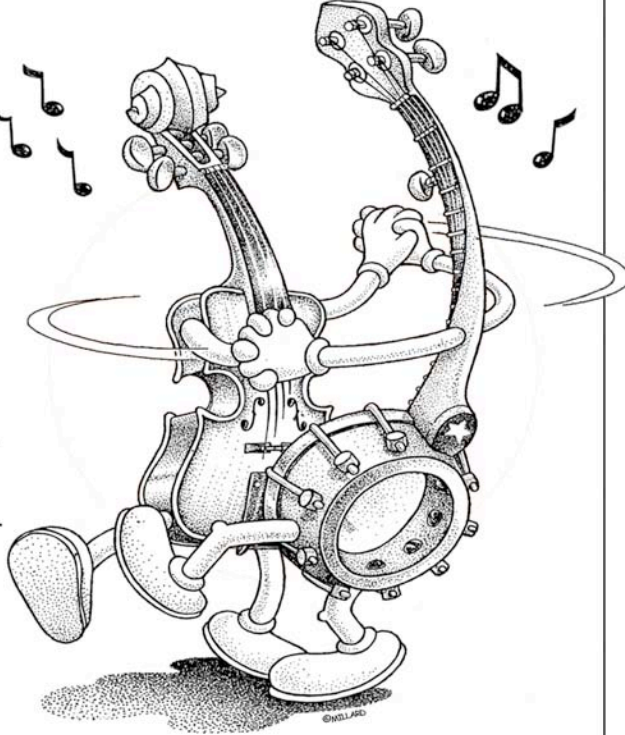
All dances taught and prompted. No experience necessary!

Casual attire... Partners optional... Free refreshments!

Regular admission \$10. Students with ID, \$7. Kids 12 and under, free.

Get your body moving... Meet some nice people... Have some fun!

Come enjoy an evening of fun music and dance with us!



Every 4th Saturday • Sierra Madre Lodge • 33 E. Sierra Madre Blvd • Instruction 7:30 • Dance 8:00 - 11:00

Visit caldancecoop.org for more about contradancing in Los Angeles

Artwork courtesy and copyright Millard Design • millarddesign.com

Youth Activity Center Summer Field Trips

The City of Sierra Madre’s Youth Activity Center is hosting field trips this summer. Come out and join the fun, you do not even need to be a YAC member! Please sign up online at www.cityofsierramadre.com/online registration or at the Community Services Office located at 611 E. Sierra Madre Blvd. For more information please contact the Community & Personnel Services Department at 626-355-5278.

Friday, July 22 – Raging Waters
o 9:00am-5:00pm, \$28 per youth
Thursday, August 4 – Huntington Beach Bonfire
o 2:00pm-8:00pm, \$10 per youth
Friday, August 19 – Six Flags Magic Mountain
o 10:00am-7:00pm, \$30 per youth

SIERRA MADRE CONCERT IN THE PARK SERIES

Join the City of Sierra Madre this summer for the FREE Concerts in the Park Series which begin Sunday, July 10, 2011 and occurs every Sunday through August 28, 2011.

The eight concerts are held from 6:00 pm and run through 8:00pm. All concerts will be held at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so remember to bring blankets and lawn chairs. Alcohol is prohibited.

Spectators are encouraged to support local organizations that may provide refreshments.

For additional information please contact the Community & Personnel Services Department (626) 355-5278.

CONCERTS IN THE PARK SCHEDULE:

July 17 – Woodie and the Longboards (beach inspired), sponsored by Sierra Madre Civic Club selling hot dogs, pie, ice cream and water.	August 14 – Ray Bailey and the Rayletts - Blues and Jazz sponsored by Kiwanis and Friends of the Library
July 24 – Elvis (rock ‘n roll), sponsored by the Rotary Club of Sierra Madre selling items from the In-N-Out Truck	August 21 – Danny Dean and the Rockabilly Lovers (50’s Rock) sponsored by the Senior Community Commission selling desserts
July 31 – Fairytales and Fantasy VI (musical), hosted by Southern California Lyric Theatre	August 28 – The Silver Beatles (Beatles Tribute Band) hosted by the Community and Personnel Services Department.
August 7 – Ghost in the Machine (The Police and Sting Tribute Band), hosted by L.A. County Arts Commission	

Live from Burger Continental, Pasadena

The Harvey Hyde Show

535 So. Lake Ave. Pasadena

(626) 792 - 6634

Every Thursday 6:00 pm - 7:00 pm

Hard-hitting, High impact Sports Talk Radio

KSHF Las Vegas - 1400 AM

Another Brave Firefighter



New firefighter Michael Rider receives his badge at swearing in ceremony at City Council meeting. Caption and Photo by Bill Coburn

At Tuesday night's Council meeting, Sierra Madre Fire Chief Steve Heydorff introduced eight new members of the Department - Tim Hyde, Zachery Hunt, Justin Mollicone, William Birdo, Jeremy Kunkle, Trevor Williams, Michael Rider, and Ron-

ald Zebarth. All but Zebarth, who was working, were on hand at the meeting.

After their introductions, City Clerk Nancy Shollenberger swore them in. The eight firefighters chosen came from a recruiting effort that drew eighty applicants.

PHOTO OF THE WEEK



The view driving towards the mountains from Arcadia. Photo by Ivonne Durant

Exhibition & Artist Reception

The City of Sierra Madre Community Arts Commission is pleased to present an art exhibition by Gina Long. The art work is now on display through Friday, August 19 in Sierra Madre City Hall, 232 W. Sierra Madre Blvd. Community members are invited to an Artist Reception on Friday, July 22, 2011 from 6:00 p.m. to 7:30 p.m. at the Sierra Madre City Hall. The event is open to the public and light refreshments will be served.

"The Unexpected Portrait is my take - - on people, families, pets, special occasions, life, and everything in between. I strive for my work to be a fulfilling collection of these sorts of memorable images, capturing as many exciting, delightful, introspective, silly and/or unique moments as can be seen with my eyes, though the lens, in as many ways as I can see them. Some images are raw and unaltered. Others, once captured, inspire me to play with effects, overlays and many times even color and texture. Hopefully, in all the images the thread you'll find is a mood reflected. Delve in, come back often and let me know what you think. There's always work in progress, a story to tell. If, after viewing you think you might like to purchase a portfolio image or have images photographed of yourself or of a place, your work, a loved one, a business, a special occasion, you name it, find me at my website, www.theunexpectedportrait.com." - Gina/gishmoon, The Unexpected Portrait--candidly capturing life.

For more information please call the Sierra Madre Community & Personnel Services Department at (626) 355-5278.

LAWSUIT (from page 1)

Shortly thereafter, in September, 2010, the plaintiff filed a government claim. The City of Sierra Madre rejected that claim in October and the formal lawsuit was filed in April of this year.

Originally filed in Los Angeles Superior Court, the case was transferred to federal jurisdiction in June because of the alleged civil rights violations.

Documents filed appear to focus on Ellins as the primary defendant. Ellins, who

has since left the department, was at one time the President of the Sierra Madre Police Officers Association.

No stranger to lawsuits or controversy

John Ellins has been involved in several lawsuits against the city. Last year, it is rumored that a settlement awarded \$25,000 to him for violation of his civil rights regarding an alleged unlawful search of his locker. There is also an Appeal pending.

In addition, numerous citizens have accused Ellins of

physical abuse and other egregious acts. In this lawsuit, it is noted that there have been at least three Internal Affairs investigations involving Ellins including one that involved drugs.

Ellins, is also a known body builder.

This case is scheduled for trial in July 2012. The other officer who was with Ellins at the time of the traffic stop, has not been identified in court documents.

At press time, Chief Diaz was unavailable for comment.

CORRECTION:

In the July 2, 2011 edition of the Mountain Views News, there was an error in the article about Sierra Madre Middle School.

According to Sierra Madre History expert Debbie Henderson, the article erroneously mentions that the school was built in the 1960s but....

"The postwar population boom prompted school construction as Sierra Madre grew by 2,000 people during the 1950s. The school was built in 1954 and the budget was ap

proximately \$242,000. This included purchase of the Hall estate. The architect was Howard Morgridge (a Sierra Madrean) and a member of the LA firm of Marsh, Smith, & Powell. A school bond measure passed by a healthy margin in May 1953 to fund the project. A second bond measure for the amount of \$300,000 passed in October 1957 funding the second phase of construction (six classrooms, 2 kindergarten rooms, and a multi-purpose room)."

Thank you Debbie for letting us know.

Host Families Needed in Sierra Madre

Sierra Madre, CA, July 15, 2011 - In August, Academic Year in America (AYA) is looking for Sierra Madre families to host high school exchange students from all over the world.

This year, AYA is bringing hundreds of high school students to the U.S. to learn about American culture while living with volunteer host families and studying at high schools across the nation. American families have the unique opportunity to learn about the student's culture during this mutually rewarding exchange.

AYA can help families find the ideal student for their home. The result is an enriching, lifelong relationship with a young person from abroad. In addition, for families looking to learn more about a specific culture or language, hosting a student is a fantastic

way to experience the world without leaving home.

Students are ages 15 to 18 and arrive with full medical insurance, spending money, and the hopes of experiencing life in America through the eyes of a caring host family. The students stay with their host for five or 10 months and attend the local high school.

Who can host a student through AYA? According to AYA Director Melanie French, an important aspect of the AYA program is that there are many types of people who can host.

"Just as there is no typical American family, there is no typical host family," states French. "Retirees, single parents and young couples are all able to give an international student a good home. Some host families may not even have children of their own. Bringing a student into your home can mean giving

the gift of culture to yourself, your family, your community - whomever would benefit from exposure to a new culture."

To learn more about hosting an exchange student with AYA, call Stella at (800) 322-4678, ext. 5164, or email aya.info@aifs.org. Visit AYA on the web at www.academicyear.org.

AYA is a not-for-profit organization designated by the U.S. Department of State to offer J-1 visas to international students. AYA is sponsored by the American Institute For Foreign Study Foundation, which was founded with the assistance of the late Robert F. Kennedy. For more than 30 years, AYA has offered more than 35,000 students and host families the rewarding experience of learning about another culture and language and making a new lifelong friend.

WOULD YOU LIKE TO HELP THOSE WHO WILL HELP YOU IN AN EMERGENCY?

The Sierra Madre Fire Department will be hosting a joint training session with the Sierra Madre Search and Rescue Team on Saturday August 13th from 8am to 12 noon. This training will simulate a large scale incident that may result in mass civilian casualties. This training will allow the Sierra Madre Fire Department, and the Sierra Madre Search and Rescue Team to better prepare for major incidents such as; earthquakes, wildfires, and other unforeseeable incidents they may have to respond too - to protect the lives of those who live and work in our community.

The Sierra Madre Fire Department, and the Sierra Madre Search and Rescue Team would like to ask for some volunteer help with this training exercise. We would like to have 50 to 100 volunteers of any age to help with this training (children may assist if accompanied by an adult). You would

be participating as an "actor" simulating injury requiring evacuation, and or medical assistance. Lunch will be provided to all who attend this training exercise. If you would like to have some fun - and at the same time help your local emergency services agencies prepare to "help you" if necessary during a major incident; please attend one of the information meetings to be held at the Sierra Madre Fire Department, located at 242 W. Sierra Madre Blvd., Sierra Madre, CA 91024.

Information Meetings:

Friday July 15th, 2011.
Time 6pm to 7pm
Saturday July 16th, 2011
Time 9am to 10am

You only need to attend one of the information meetings. All questions regarding participation in this event will be answered at this time.

Sierra Madre Police Blotter

During the week of Sunday, July 3rd, to Saturday July 9th the Sierra Madre Police Department responded to approximately 290 calls for service. See crimereports.com for updated information.

Tuesday, July 5th:

2:09 AM- DUI Alcohol/Drugs, 3600 blk. E Sierra Madre Blvd. An officer stopped a 28-year old Altadena motorist for a Vehicle Code violation and determined that the driver was under the influence of alcohol. The driver was arrested and transported to Pasadena Police Department Jail for booking.

Wednesday, July 6th:

1:26 AM- DUI Alcohol/Drugs, 1600 blk. Oakwood Ave. An officer stopped a 57-year old Sierra Madre motorist for a Vehicle Code violation and determined that the driver was under the influence of alcohol. The driver was arrested and transported to Pasadena Police Department Jail for booking.

12:17 PM- Battery Against Current/Ex Spouse/Cohab-NonCohab, 300 blk. Ramona Ave. This incident involves a battery between a man and a woman who are dating. The woman said that the man hit her, slapped her and choked her to the point that she almost passed out. The woman said that the man also threatened to kill her. The female had minor scratches on her hand but no other visual injuries. There are no witnesses to the assault.

Thursday, July 7th:

5:08 PM- Elder Abuse/Theft/Embezzlement/Caregiver, 100 blk. W. Sierra Madre Blvd. This case involves a former company caregiver who closed the bank accounts of two residents and transferred the monies into his personal account.

Friday, July 8th:

12:22 AM- DUI Alcohol/Drugs, Michillinda Ave and Foothill Blvd. An officer stopped a 47-year old Sierra Madre motorist for a Vehicle Code violation and determined that the driver was under the influence of alcohol. The driver was arrested and transported to Pasadena Police Department Jail for booking.

8:32 PM- Possession of Marijuana/1 oz or less, Baldwin Ave and Orange Grove Ave. An 18-year old Pasadena resident was cited and released for possession of marijuana.

Saturday, July 9th:

10:53 PM- Disorderly Conduct/Drunk in Public, 400 blk. Sierra Keys Dr. Officers arrested an intoxicated man who was throwing objects and destroying personal property. Officers arrested the suspect for public intoxication and took him to the Pasadena jail for booking.

Leonora's Mass

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTS
Just Arrived!

New Shipment of Flax Sundresses

What's On YOUR Mind? What Do YOU Think?

We'd like to hear from you!

Contact us at: editor@mtnewsnews.com or
www.facebook.com/mountainviewsnews





Portantino's Budget Slashed



Assemblyman Anthony Portantino had until Friday to comply with a letter sent to him by Assembly Rules Committee Chair Nancy Skinner forcing him to slash his office budget or face drastic actions including furloughing his entire Sacramento office staff for one month.

The letter claims Portantino's Member Annual Allowance and Select Committee budgets are projected to have a deficit of \$67,179 on Nov. 30. Portantino Monday called the cuts punishment for his lone vote against the California state budget last month. In a statement, Portantino said the move was "bizarre and unprecedented," and clearly intended, "to discourage other Assembly members from performing their duties in a conscientious manner."

Portantino, who will be termed out next year, has asked the Assembly Rules Committee to reconsider saying the cuts would have a detrimental effect.

Reports from Sacramento say Democratic leaders deny Portantino's claim saying the cuts are purely fiscal and that Portantino ignored prior warning to bring his spending down long before the state budget vote last month. Skinner went so far as to call Portantino "a bit paranoid," the reports said. Skinner said the committee regularly reviews lawmakers' budgets.

If Portantino does not submit a revised budget plan the consequences include losing all access to the Assembly Mail room and no postage would be issued, as well as, his purchasing power suspended freezing a Staples Office Supply Account. No subscriptions or publications may be ordered or renewed and staff travel, including district office mileage reimbursements would be prohibited.

Employees must also be notified immediately that they would be placed on leave from Oct. 31 through Nov. 30.

Portantino has also made public his plans to run for Congress next year.

Pet of the Week



Mickey, a ten month old Pit Bull puppy is so adorable and smart! He has a goofy, spunky personality and knows some basic commands including sit and down. Mickey loves to play with other dogs and needs someone who will continue his training and make sure he gets plenty of exercise and attention. Come visit with him today!

The regular dog adoption fee is \$120, which includes medical care prior to adoption, spaying or neutering, vaccinations, and a follow-up visit with a participating vet.

Please call 626-792-7151 and ask for A289509 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-4 Sunday, 9-5 Tuesday, Wednesday, Thursday, and Friday, and 9-4 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org



Draft Open Space Element Released

By Dean Lee

City officials released the first draft to the Open Space and Conservation Element of the General Plan Update Wednesday night during a meeting aimed at gaining more community input.

Close to 50 residents leafed through the 55 page document asking questions as they went, everything from the continuation of residential impact fees to the zoning of the Hahamongna Watershed Park to acquiring more open space.

Long time open space advocate, Nina Chomsky, asked about acquiring areas above the Rose Bowl. She also said they were working to try to get the Art Center College of Design to donate land.

"Maybe we can pull our creative

forces together and it looks like we could get them to donate, in one way or another, all the open space the Art Center owns as part of their master plan," She said.

Chomsky proposed the idea of working a deal where the college could, through the city, gain more land near their south campus. She envisioned a great park going from Annandale Canyon all the way to the National Forest.

Chomsky was part of a group that helped buy Annandale Canyon, through a residential impact fee, stopping a proposed housing development.

Some of Open Space and Conservation Element Committee Members said as the draft plan moves forward they planned to try and kick out the last proposed Soccer field in

Hahamongna through zoning changes something a number of residents said they agreed with.

The element also includes policies on air quality, solid waste reduction and environmental education; an inventory of publicly and privately owned land, protected and unprotected; priorities for open space protection and acquisition; and recommendations for changes to the Pasadena Zoning Code to help distinguish among a variety of types of open space ranging from parks and playgrounds to wildland areas.

The committee said the final draft should go to the city council in late November and adopted by year's end.

For more information visit www.cityofpasadena.net or call (626) 744-6767.

Four Arrested in Street Robbery Cases

The Pasadena Police Department, On Thursday, made four arrests, identified as members from a local Pasadena street gang, during a joint operation with the assistance of multiple law enforcement agencies including the FBI and U.S. Marshals. All four suspects were charged with robbery.

Police said search warrants were served during early morning raids at numerous locations in Pasadena, Altadena, Duarte and Alhambra.

The focus of the investigation, they said, were several street

robberies that have occurred in Pasadena.

Individuals arrested included, Thomas Hampton, Andree Alleyene, Levelle Metoyer, Rashad McCoy. All of the suspects are in their 20s.

Three additional unidentified suspects were also arrested for miscellaneous crimes, including possession of cocaine for sales during the operation. Police added that the investigation is still on-going, but it is thought that the individuals may be responsible for other crimes throughout the area.

Schiff Looks to Boost Funding for Science, Space and Technology Initiatives



Congressman Adam Schiff Wednesday offered two amendments to the Commerce, Justice and Science Appropriations bill for FY2012 to restore vital funding for science and technology, which were affected by the cuts proposed in the underlying bill — both amendments failed in committee.

"It is important that we make a strong investment in science and technology if we want our nation to have a prosperous future," Schiff said. "The cuts included in this bill could not be more shortsighted — science and technology funding is vital to ensuring that America continues to be at the forefront of space exploration."

Specifically, the bill cancels the James Webb Space Telescope, after billions has already been invested in it. Schiff said he believes this successor to the Hubble Space Telescope will be just as revolutionary, and it will be the centerpiece astronomical instrument in the world for decades to come.

"The James Webb Space Telescope has the potential to revolutionize our understanding of our place in the universe," He said. "It will be a hundred times more sensitive than

current observatories and accessible to thousands of scientists at universities all across the country, while providing images even more impressive than the Hubble images that have staggered our imagination. I am deeply disappointed to see that this was not made a priority by the committee."

The bill also makes significant cuts to Earth Science, which contains projects to help us understand earthquakes in California, long-term weather patterns that affect rainfall across the country, and many other important issues. Additionally, the bill cuts technology funding by more than 60 percent from the President's request.

One of Schiff's amendments would restore a portion of the cut to science, providing an additional \$200 million, or an increase of about 4 percent. The second amendment offered by Schiff would add \$125 million to the space technology account, increasing the account to \$500 million. Schiff said he believes this is the minimum amount that would allow real technology development at NASA. He also said he will continue fighting to restore funding for these initiatives when the bill comes to the floor for a vote on the full House.

Alhambra Officer Killed in the Line of Duty



Officers of the Alhambra Police Department were investigating a possible robbery, at approximately 2:30 a.m. July 10, in the rear parking lot of 100 North First Street, when responding police units collided into each other at the intersection of Garfield Avenue and Main Street. The injured officers were treated at the scene by Alhambra Fire Department paramedics and transported to a local hospital for further medical examination.

Officer Ryan Stringer, 26 years old, died as a result of his injuries. The other officer is listed in stable condition. The California Highway Patrol is investigating the collision and results are not available at this time.

The memorial service took place on Friday at the Calvary Chapel Golden Springs in Diamond Bar.

In lieu of flowers, donations may be sent to the Ryan Stringer Memorial Fund, care of the Alhambra Police Officers Association, Post Office Box 7339, Alhambra, California, 91801.

City to Propose Ordinance Banning Plastic Bags

The city's Environmental Advisory Commission is set to discuss Tuesday a possible ordinance banning plastic carryout bags in Pasadena, a move similar to a new bag law approved by Los Angeles County Board of Supervisors that took effect July 1. Grocery and other stores in unincorporated Los Angeles County no longer have plastic bags as an option.

According to a news release, city staff will recommend a proposed ordinance to the commission that would ban plastic carryout bags, impose a 10 cent charge on paper carryout bags and require affected stores to provide reusable bags to customers for sale or at no charge.

Stores affected by the proposed ordinance would include large grocers (gross annual sales of \$2 million or more), retailers (at least 10,000 square feet of retail space with a licensed

Dick Williams, Major League Baseball Hall of Famer, Dies

Dick Williams, a former Pasadena Junior College baseball player who went on to have a Hall-of-Fame career as a manager in the Major Leagues, has died. He was 82.

Williams anchored third base for PJC's Bullpup Varsity squad in 1947. Described by teammates as a "sparkplug" and the "big gun of the Pup's attack," Williams signed with the Brooklyn Dodgers on the day he graduated from PJC.

After 13 seasons with stints on five different teams, Williams retired as a player in 1965. Two years later, he entered a new phase of his Major League Baseball career: manager.

Heading a Boston Red Sox team that had finished near the bottom of the American League the previous two seasons, Williams, as a rookie manager, steered his 1967 squad to its first World Series in 31 years. Boston

pharmacy), farmers' markets, drug stores, pharmacies, supermarkets, grocery stores, convenience food stores, food marts, liquor stores, city of Pasadena special events and events held at city facilities and on city property according to city staff.

They also said the new ban would be in line with Pasadena's Green City Action Plan, adopted in 2006, which identifies the development of a plastic bag reduction program to support its goals of achieving zero waste to landfills by 2040, reducing the use of disposable, toxic and non-renewable product categories by 50 percent by 2012 and protecting the watershed.

The commission meeting will be held at 6 p.m. in the Council Chamber, room S249 at Pasadena City Hall city staff said.

Williams went on to manage the Oakland Athletics in 1971. In his four years as Oakland's manager, the A's won 60 percent of their games and captured the heavily-favored Cardinals captured the title.

Williams went on to manage the Oakland Athletics in 1971. In his four years as Oakland's manager, the A's won 60 percent of their games and captured the heavily-favored Cardinals captured the title.

Overall, Williams managed six teams in his illustrious baseball career, finishing with the Seattle Mariners in 1988. He was inducted in to the Baseball Hall of Fame in 2008 following his election by the Veterans Committee. Williams was selected to the PCC Sports Hall of Fame in 2001.

Williams is survived by his wife; sons Rick — a scout with the New York Yankees — and Marc; daughter Kathi; and five grandchildren.

Schiff Makes Statement on Mumbai Blasts

In the wake of three bomb blasts in Mumbai, India Wednesday that killed 18 people and injured 133 more Congressman Adam Schiff, a Ranking Member of the Technical and Tactical Subcommittee on Intelligence, released the following statement on the deadly attacks.

"My heart and prayers go out to the people of India, and the victims and families devastated by today's senseless attacks in Mumbai. As a close ally and the world's largest democracy, India will recover, and we

will work side-by-side with its government to bring those responsible for today's tragedy to justice."

Reports Friday said that White House Press Secretary Joy Carney confirmed the United States has offered to assist India in the investigations.

Secretary of State Hillary Clinton will continue previous plans to travel to India next week although Counter-terrorism will now be the main focus of the second India-US Strategic Dialogue.

Citizen Journalism Meet-up

Learn not just how to blog but how to report the news

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and



print along with online social media. The next meeting is July 19 from 6 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585 or visit pasadenan.com.

Northwest Pasadena Church Community Garden Now Open

The new Harambee Community Garden opened Saturday as Dr. John Perkins dedicated and blessed the garden at the corner of Howard Street and Navarro Avenue in Northwest Pasadena. Perkins founded the Harambee Christian Family Center in 1982.

Councilwoman Jacque Robinson also offered greetings.

Experienced gardeners answered questions and discuss possible plantings. Church leaders said the community has been watching with anticipation

as the lot has been cleaned and a fence was installed. Applications for garden bed sites will be available to those living in the 12 block focus area of the garden. If there are more applications than space, a drawing will be held and a waiting list established as necessary they said.

In addition to the garden, Harambee operates Harambee Preparatory School and Pre-School; applications are now being accepted for fall, with Early Bird Registration during the month of July; call 626-798-7431 for information or an appointment to visit.



ARMENIAN COMMUNITY COALITION of Pasadena

PRESENTS

4th Annual Armenian Identity FESTIVAL

SUNDAY JULY 31, 2011

12:00PM-8:00PM VICTORY PARK
2575 PALOMA STREET, PASADENA



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ARMENIAN IDENTITY FESTIVAL IS BACK FOR THE 4TH YEAR AND CELEBRATING PASADENA'S 125TH ANNIVERSARY.

The Armenian Community Coalition of Pasadena proudly presents the 4th Annual Armenian Identity Festival on Sunday, July 31, 2011. All festivities are from Noon to 8:00 p.m. at Pasadena's Victory Park, on the corner of Paloma Street, and Altadena Drive.

The Armenian Community Coalition of Pasadena is comprised of schools, churches, and cultural organizations within the city of Pasadena.

Our mission is: To bring the Armenian community together and work with local groups, and organizations to improve the education of our children, increase employment opportunities, and create a unified Pasadena.

The festival will coincide with Pasadena's 125th anniversary. There will be a cake cutting ceremony with city officials and other dignitaries. At the festival you will find ethnic foods, live entertainment, and children's activities. There will also be a classic cars exhibition and an art display for a proposed Armenian Genocide remembrance monument.

Admission is free. So invite friends, family and neighbors to come out and join the festivities.

LOOKING FOR WORK? NEED HELP?.....

.....Then join us at **Women At Work** for this helpful workshop.

Monday, August 8, 2011
Women At Work presents

“45+ and Seeking Work”

2p.m. – 4:30p.m.
Cost of workshop \$25

Learn strategies for overcoming employers' concerns about mature workers. Maximize your opportunities and discover what works.

Women At Work is a nonprofit career center offering career counseling, computer access and job seeking skills. The organization provides numerous workshops as well as classes in computer programs in both English and Spanish, in a small environment.

All workshops will be held at Women At Work, 3871 E. Colorado Blvd., Pasadena, CA 91107. Registration is required by calling 626 796-6870, Ext. 0, or register online at our website.

Check out our website: www.womenatwork.org

METHODIST HOSPITAL NEW EMERGENCY DEPARTMENT AND NEW PATIENT TOWER

The Arcadia Senior Services Department in partnership with Methodist Hospital will have a special guest speaker, Dennis Lee, President and CEO of Methodist Hospital. Mr. Lee will speak on the hospital's new patient tower and emergency department scheduled

to open this coming fall. This presentation will take place on Tuesday, July 26th at 1:30pm at Arcadia Community Center, 365 Campus Drive. Mr. Lee will discuss the benefits of the new Emergency Department and how it will affect our local communities. He

will brief you on its state-of-the-art technology, equipment and facility seismic enhancements. Pre-registration is required and can be made by calling Arcadia Senior Services 626.574.5130 before July 25th.

Get Snappin' and Enter the California Lifestyles" Juried Photography Contest

Submit your best framed photograph using the theme "California Lifestyles" to the Ruth and Charles Gilb Arcadia Historical Museum from August 2 - 6, 2011 to be entered into the third annual juried photography contest. All ages welcome. Photos will be judged on creativity and artistic quality.

First place winner will receive a \$100 gift certificate to Westfield Santa Anita; Second place winner will receive a gift certificate to The Frame House and the third place winner will win a dinner for two at Matt Denny's Alehouse. Curator's Favorite will receive an annual membership to the California Museum of Photography.

The Opening Exhibition and Award Ceremony will be August 20 at 10 a.m. The exhibition will run through September 24.

The Ruth and Charles Gilb Arcadia Historical Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.

CALL FOR AUDITIONS IN THE SAN GABRIEL VALLEY

The Jewish Federation of the Greater San Gabriel and Pomona Valleys' Cultural Arts Program has issued a call for auditions for the show "Working: the musical."

Based on the best-selling book of interviews with American workers by Studs Terkel, "Working" is a down-to-earth yet elevating musical that explores the American workday.

Performances Oct. 15, 16, 22, 23

AUDITIONS will be held in two locations. Bring something to sing. Be prepared to read. Everyone is welcome.

Jewish Federation
550 S. Second Avenue, Arcadia, CA 91006
July 25 & 27 at 7:00 p.m.
July 31 at 10:00 a.m.

Temple Beth Israel
3033 N. Towne Avenue, Pomona, CA 91767
August 1 & 3 at 7:00 p.m.
August 7 at 10:00 a.m.

COME SEE A PICTORIAL COLLECTION ON ARCADIA'S VINTAGE HOMES AND ESTATES

See and learn about Arcadia's historic estates, vintage homes and the people connected to them. On loan from the collections of the Arcadia Historical Society and curated by Carol Libby.

Opening reception: July 16 at 11:00 a.m. The exhibit will run through August 20.

The Ruth and Charles Gilb Arcadia Historical Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.

Summer Worship: 10@10!




Join the San Marino Community Church family for 10@10! - ten weeks of summer worship at 10:00 am on Sundays, July 3 to September 4. This week Parish Associate the Rev. Dr. Don Maddox preaches "Some Summer Re-Reading".

Pardon our improvements! San Marino Community Church is

in the process of significant facility renovations. However, worship continues in the sanctuary during construction.

10:00 am Summer Worship
Sunday school (K-5) and childcare provided
9:00 am Adult Bible Study
11:00 am Adult Spiritual Formation

San Marino Community Church
1750 Virginia Road, San Marino, CA 91108
For more information call: (626) 282-4181
Connect with us online: www.smccpb.com



Foothill Unity Center's 2011 Back-to-School

We need your help to prepare an estimated 2,000 local students (K-12) for Back to School with uniforms, backpacks, shoes, socks, underwear, school supplies, haircuts and even manicures. Only children of our low-income families are registered for this event.

Being ready for the important 1st day of school, gives a child a good start and maybe a better year. Funds are needed to buy uniforms, backpacks, etc. (estimated @ only \$60 per child).

Volunteers are needed to help...

- sort and package school supplies during the weeks of Aug. 1 and Aug. 8th.
- set-up at Santa Anita racetrack on Wed., Aug. 17th — 9 a.m. to 6 p.m.
- to help at **Back to School Day, Thursday Aug. 18 at Santa Anita racetrack.**
Shifts are: Adults Only (8 a.m. to 1 p.m.) (12:30 to 5 p.m.)
Youth & Adults (5 to 9 p.m.) to help pack-up & clean-up

NEW SCHOOL SUPPLIES NEEDED:

- New Backpacks
- 3 ring binders
- Crayons (24 ct.)
- Single - spiral notebooks
- Glue sticks/Glue
- Erasers (large pink)
- Pencil sharpeners
- Filler paper 3-hole (College & Wide-ruled)
- Mechanical pencils
- Colored pencils (24 ct)
- 12" Rulers
- Calculators (Regular & Scientific)
- Highlighters
- Color markers (8 ct)
- Scissors (Round tip & Pointed)
- Blue & Black ballpoint pens

Clothing needed: Boys & Girls Socks; Girls underwear and boys boxer shorts.

Items are needed by Aug. 1st, however, late donations are gladly accepted.

Contact: Betty or Raina at (626) 358-3486
Or
Donated Items can be dropped off at
415 W. Chestnut, Monrovia
191 N. Oak, Pasadena
Website: foothillunitycenter.org

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TRY IT LOCAL LAUNCHING IN ARCADIA

Deal service brings savings of 40-90% off retail services, restaurants and more, supports local businesses

Arcadia, CA (7/14/11) – As part of its ongoing commitment to the local business community, Arcadia Chamber of Commerce is launching Try It Local, an online discount program that highlights local retailers, restaurants and more. Try It Local will feature one new deal each week, with discounts up to 90 percent (and always at least 40 percent). For example, subscribers may find a deal for \$20 of food and drink at a new local restaurant for just \$10. It's free for local residents to sign up and free for local businesses to offer a deal.

"We're excited about Try It Local. It gives the community even more reason to explore new businesses and experiences in Arcadia and it supports the local economy and area companies. Everybody wins," said Scott Hettrick, Executive Director of the Chamber. "We think the Try It Local program has tremendous potential for businesses in this community."

Local businesses are able to participate in the Try It Local discount program at no cost and retain 70 percent of total sales on the day of their deal instead of 50 percent (and in some cases even less) with the national brands. The local business's only responsibilities are to determine the deal and meet the increased demand for its product or service.

The first Try It Local deal for Arcadia is set for Monday, **July 25**. A new deal will be released every **Monday** thereafter featuring some of your favorite local businesses, including:

Matt Denny's Ale House
Cabrera's Restaurant

The growing popularity of online deal programs has coincided with the economic downturn as consumers look for new ways to stretch their dollar. Try It Local will not only

provide discounts consumers seek, but also work in partnership with the Arcadia Chamber of Commerce to ensure a portion of the proceeds are reinvested in the local business community.

Here's how Try It Local works:

A local business offers a product or service at a minimum of 40 percent off. Deals could include discounts at local retailers, bars, salons, dry cleaners, attractions and special events.

The deal is released by email, on Facebook, Twitter and at TryItLocal.com.

Buyers click to purchase the offer, print the voucher and redeem it.

Try It Local via Arcadia Chamber of Commerce

The Try It Local program has helped consumers across the country save more than \$560,000 on goods and services while bringing thousands of customers to the doorsteps of participating local businesses. Arcadia is the latest of more than 10 Chambers in California to embrace Try It Local, joining cities such as Fullerton and Redondo Beach, and soon El Monte and others in San Gabriel Valley in bringing great value to consumers.

"We're excited to partner with the leadership at the Chamber to bring Try It Local to Arcadia. This is just the latest example of the Chamber's efforts to help the local business community not just grow, but truly prosper," said Try It Local President, Todd Earwood.

Arcadia residents and business owners can visit TryItLocal.com/Arcadia for more information or simply send an email to Arcadia@tryitlocal.com to subscribe for local deal notifications. Or, to speak to someone at the Arcadia Chamber, call (626) 447-2159.

Media contact: Scott Hettrick, Chamber Executive Director – 626-447-2159

Arcadia Police Blotter

For the period of Sunday, July 3, through Saturday, July 9, the Police Department responded to 947 calls for service of which 119 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, July 3:

About 12:48 a.m., a traffic stop was made at Live Oak Avenue and Mayflower Avenue for an unsafe lane change. An investigation revealed that the 26-year-old Hispanic female was under the influence of alcohol and was placed under arrest for Driving under the Influence.

About 1:05 a.m., officers were dispatched to the Santa Anita Inn, 130 West Huntington Drive, in response to a report of a male down. Upon arrival, officers contacted the 58-year-old Hispanic male who was lying on the ground and smelled of alcohol. A check in the records system revealed an outstanding misdemeanor warrant. He was placed under arrest for the warrant and for being drunk in public.

Monday, July 4:

3. Shortly after 2:00 a.m., officers responded to REI, 214 North Santa Anita Avenue, regarding suspicious circumstances. Three male subjects were reported looking into the bushes with flashlights. Officers responded and contacted the subjects, a record check of the subjects revealed that one of them, a 39-year-old White male, had an outstanding misdemeanor warrant and he was placed under arrest.

4. At about 11:30 p.m., units were dispatched to the 800 block of West Foothill Boulevard regarding a vandalism. Officers were advised that a male subject had vandalized a vehicle with a knife. He was reported as still being at the location and in possession of a knife. The 30-year-old Asian male was contacted and the knife was removed from his possession. An investigation revealed the suspect suffered from Schizophrenia. He was cited for the vandalism and released.

Tuesday, July 5:

5. Shortly after 3:00 p.m., officers responded to the lobby of the Arcadia Police Department regarding a robbery report. The victim, a 15-year-old male of Unknown race, told the officers that on July 4 at about 8:45 p.m., he was riding a friend's bicycle on Second Avenue and Bonita Avenue. An Asian male, approximately 5'06", 120 pounds and in his mid 20's, approached him. The suspect produced a black semi-automatic handgun from his waistband and stole the bike. A follow-up investigation is being conducted by the Detective Bureau.

6. Between April 14th at 12:00 a.m. and July 5th at 3:00 p.m., a commercial burglary occurred at Public Storage, 12340 Lower Azusa Road. Unknown suspect(s) entered the location by prying open the door of a rental unit. Once inside, the suspect(s) stole a radio, CD's and a CD tower.

Wednesday, July 6:

7. Between 1:00 p.m. and 6:00 p.m., a vehicle burglary occurred in the 500 block of East Live Oak Avenue. Unknown suspect(s) manipulated the front passenger door through a partially open window and entered the car. Once inside, the suspect(s) stole prescription glasses, clothing and two parking permits.

8. Between July 6th at 6:00 p.m. and July 7th at 8:30 a.m., a residential burglary occurred in the 700 block of East Winnie Way. Unknown suspect(s) entered the location through an unlocked window. Once inside, the suspect(s) stole a laptop.

Thursday, July 7:

9. Between 10:00 a.m. and 2:00 p.m., a residential burglary occurred in the 300 block of Danimere Avenue. Unknown suspect(s)

forced open a sliding glass door and entered the residence. Once inside, the suspect(s) ransacked several rooms and stole a briefcase and a watch.

10. Between 1:00 p.m. and 2:20 p.m., a residential burglary occurred in the 1700 block of Elevado Avenue. Unknown suspect(s) entered the residence through unknown means. Once inside, the suspect(s) ransacked the master bedroom and stole a floor safe containing cash, jewelry and documents, as well as a laptop.

Friday, July 8:

11. At about 5:45 p.m., officers responded to Walgreens, 140 East Live Oak Avenue, regarding a suspect attempting to pass a fictitious check. Officers located the suspect, a 38-year-old Black female, and confirmed the traveler's check was fraudulent. An investigation revealed additional fraudulent checks in the suspect's vehicle and a record check revealed an outstanding misdemeanor warrant. The suspect was arrested for passing a fictitious check, commercial burglary, and the warrant.

12. Between 6:30 p.m. and 7:50 p.m., a vehicle was stolen from the Westfield Santa Anita Mall parking structure, 400 South Baldwin Avenue. Unknown suspect(s) gained access and stole a Grey, 2002, GMC, Yukon Denali.

Saturday, July 9:

13. At about 2:26 p.m., officers responded to the Coin Op Laundry, 838 East Duarte Road, regarding a fight. Dispatch advised that five male Asian subjects were seen hitting and kicking one subject after pulling him out of a BMW. Officers were met by the reporting party who told them that the suspects involved had left the location eastbound in two separate vehicles. Shortly after, dispatch further advised that several male Asian subjects in their 20's had arrived at a local Hospital with stab wounds. A follow-up investigation is being conducted by the Detective Bureau.

14. Between 12:45 p.m. and 3:30 p.m., a residential burglary occurred in the 1000 block of Burnell Oaks Lane. Unknown suspect(s) entered the residence through a rear master bedroom window. Once inside, the suspect(s) ransacked the residence and stole cash, several handbags, shoes, a Playstation and a PSP.

LOCAL GIRLS TO "CAMP IN" AT WHITTIER COLLEGE

Imagine being only twelve or thirteen years old and heading off to college! That is the situation for nine local middle-school girls who will spend the week of August 7-13 on the Whittier College campus. The nine girls have been selected by the Arcadia Branch of the American Association of University Women (AAUW) to attend Tech Trek Science/Math Camp for Girls, a summer program for eighth-grade girls sponsored by AAUW-California. The goal of Tech Trek camp is to help young women entering eighth grade in the fall to develop interest, excitement, and self-confidence in the fields of math and science.

Representing Arcadia are Jillian Martinez and Elsa Yang from Dana Middle School, as well as Melissa Guo and Alana Gutierrez from First Avenue Middle School. El Monte City School District is represented by Nora Renteria, Columbia School; Hayley Finke, Rio Hondo School; and Melissa Rodriguez, Frank M. Wright School. Oak Avenue Intermediate School, Temple City, is sending Joanna Hua and Sandra Ngo.

These young women will get a preview of college life while learning that math and science can be fun. They will live in dorms on the Whittier College campus for the week. They will attend classes taught by credentialed middle-school teachers in which hands-on experiments are emphasized. Women who are professionals in the fields of math, science, and technology will be guest presenters. Highlighting the activities will be field trips to Jet Propulsion Lab, forensics labs, water reclamation plants, and other related science and technology centers. AAUW volunteers will serve as camp directors, nurses, and chaperones.

Students are nominated by teachers to attend the science, math, and technology camp. The



Off to AAUW-California's Tech Trek Science/Math Camp at Whittier College in August are nine girls from local middle schools. Seated (l. to r.) are Sandra Ngo and Joanna Hua, Temple City; Melissa Rodriguez, Hayley Finke, and Nora Renteria, El Monte City Schools. Standing (l. to r.) are Jillian Martinez, Elsa Yang, Melissa Guo, and Alana Gutierrez, Arcadia. The Arcadia Branch of AAUW is sponsor for the local students.

local branch of AAUW that provides the funding for the students to attend makes the final selection of "campers." The AAUW-Arcadia Branch is supporting this endeavor, along with contributions from community donors. Major donors are the Arcadia Chinese Association and El Monte City School District.

Tech Trek had its beginnings at Stanford University in 1998, with initial funding from the AAUW Educational Foundation. This year there will be ten camps: CSU-Fresno, Sonoma State University, Stanford University (two weeks), UC-Davis, UC-Irvine, UC-San Diego, UC-Santa Barbara (two weeks), and Whittier College. Tech Trek is continuing proof that AAUW puts its mission—to support equity and education for all women and girls—into action.

To support programs like Tech Trek or to learn more about the American Association of University Women, please contact Tech Trek Coordinator Phyllis Howard at (626) 359-3525.

FAMILY FLICKS WEDNESDAYS!

This year, the City of Arcadia and Westfield Santa Anita are teaming up to bring you a new program called Family Flicks on the Promenade (upper level of the mall) 400 S. Baldwin Ave., Arcadia, CA 91007. Family fun starts at 6pm with pre-show entertainment and activities with Radio Disney Street Team, as well as exclusive dining discounts and fabulous prizes. Movies begin at dusk. All movies are shown on Wednesdays beginning July 13th.

July 13th; Shrek (PG)

August 3rd, Tangled (PG)

July 20th Yogi Bear (PG)

August 10th Toy Story (G)

July 27th, Shark Tale (PG)

August 17th High School Musical 2 (G)

It is a completely free event and no registration is required. For more information, please contact the City of Arcadia Recreation and Community Services Department at 626.574.5113.

Get Snappin' and Enter the California Lifestyles" Juried Photography Contest

Submit your best framed photograph using the theme "California Lifestyles" to the Ruth and Charles Gilb Arcadia Historical Museum from August 2 - 6, 2011 to be entered into the third annual juried photography contest. All ages welcome. Photos will be judged on creativity and artistic quality.

First place winner will receive a \$100 gift certificate to Westfield Santa Anita; Second place winner will receive a gift certificate to The Frame House and the third place winner will win a dinner

for two at Matt Denny's Alehouse. Curator's Favorite will receive an annual membership to the California Museum of Photography.

The Opening Exhibition and Award Ceremony will be August 20 at 10 a.m. The exhibition will run through September 24.

The Ruth and Charles Gilb Arcadia Historical Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.

Come See a Pictorial Collection on Arcadia's Vintage Homes and Estates

See and learn about Arcadia's historic estates, vintage homes and the people connected to them. On loan from the collections of the Arcadia Historical Society and curated by Carol Libby.

Opening reception: July 16 at 11:00 a.m. The exhibit will run through August 20.

The Ruth and Charles Gilb Arcadia Historical

Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.



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MONROVIA - DUARTE

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Monrovia is Part of the Global Community... for Better and for Worse

by Scott Ochoa, City Manager

Late last week, we received a reminder that the world can be a dangerous place and that Monrovia is a part of that world, demanding our vigilance and courage. Local firm AeroVironment - a world-renowned pioneer in battery technology, reusable energy, and high-altitude and automated flight - was apparently listed on a terrorist group's target list due to AV's development and production of drone technology for the US armed forces. Other firms doing defense work with the Pentagon have faced similar threats in the past.

Naturally, the national security apparatus - including Monrovia, in our role as first-responders - take such threats seriously, even if no imminent danger is present or visible.

Appropriate measures were taken as we headed into the long holiday weekend. Unfortunately - or fortunately, depending on your perspective - word about this threat was leaked to the media and a frenzy began. By the beginning of this week, the story evaporated for the most part and things have gotten back to normal.

Still, this was a timely reminder - and an ironic one, as our community prepared to celebrate our nation's independence - that freedom, peace and safety are our collective responsibilities. In a time of economic hardship and political divisiveness, sometimes it requires a threat from the outside to remind us that our liberty, human and civil rights bind us together as Americans.

AeroEnvironment is also well known for its contributions in the field of green (reusable) energy projects. It was recently awarded the contract to AeroVironment will manufacture, supply, install and operate a network of nine fast-charging stations for electric vehicles along stretches of I-5 between the Canadian border and Everett and between Olympia and the Oregon border, as well as along US 2 between Everett and Leavenworth in Washington State.



Funds needed to help Foothill Unity Center serve 2,000 children at Back to School Fair

13th Annual event helps struggling local families by preparing children for school. July 14, 2011 - Throngs of children from local low-income families will fill the vast concourse at Santa Anita Park racetrack on Thursday, August 18, for Foothill Unity Center's 13th Annual Back-to-School Fair. Last year, over 1,800 local kids participated in the distribution. This year, as the tough economy continues to put more families in desperate straits, the Center is preparing to outfit 2,000 local K-12 students. Only children of qualified low-income families can participate in the event. Families are asked to register their children by Friday, July 29.

On a day that's a favorite for Center staff, volunteers, and the local community, the youngsters will pick out new backpacks; receive uniforms (clothing for high schoolers), underwear, socks and school supplies; and even get haircuts and manicures. Each child will also receive a shoe gift card from the Tzu Chi Foundation and a new age-appropriate book from Monrovia Reads. There will be dental screenings by the USC School of Dentistry, vision screenings by the Western University College of Optometry, and a ceramic art project with Paint N Play.

The entire community shares in this annual effort. Many of the costs of backpacks, clothing and supplies are covered by grants from major sponsors, including Vons Foundation and others. To date, however, this year's sponsorships are down, making individual donations even more critical.

While donations of school supplies are welcome, monetary contributions allow the Center to buy much more efficiently. Just \$50 helps to provide a uniform, socks, underwear, a new backpack and school supplies for one child. Checks may be mailed to Foothill Unity Center, Back to School Program, 415 West Chestnut Avenue, Monrovia, California, 91016. Donations can also be made securely online at www.foothillunitycenter.org.

School supplies may be dropped into one of sixty collection barrels in stores and offices throughout the community. Lists of collection sites, Back to School items needed and volunteer opportunities can be found on our website www.foothillunitycenter.org, or by visiting or calling



the Center at (626) 358-3486.

About Foothill Unity Center

Foothill Unity Center, Inc. has been serving low-income families and those in crisis for over 31 years. Founded in 1980 in a church closet to provide food to a few hungry families, the Center has become the major source of food, health services and crisis assistance for over 4,600 low-income families in its service area: Pasadena, Altadena, South Pasadena, Arcadia, Sierra Madre, Monrovia, Duarte, Azusa, Baldwin Park and Irwindale.

The Center acts as a lifeline for very low income individuals and families who are struggling to survive. Clients are often unemployed, employed at wages too low to provide for their families, on welfare, or facing a temporary crisis. It also serves seniors, homeless, disabled, emancipated foster youth, victims of domestic violence, and students on limited incomes. For the past nine years, incredibly an average of 95% of every dollar donated has gone to client programs. Your help is needed now.

State Senator Ed Hernandez Calls on CPUC to Hear Duarte Residents Concerns Over Construction of Massive Transmission Towers Near Homes

Duarte homeowner concerns over Southern California Edison's construction of massive 200 foot transmission towers in close proximity to homes has spurred California State Senator Ed Hernandez (24th Senate District) to request the California Public Utilities Commission to send an official to inspect the tower placements and meet with residents.

Senator Hernandez, who met with a group of concerned residents at the site of one of the towers on June 23, said his office has received numerous complaints from residents in Duarte concerning Edison's Tehachapi Transmission Project, which was approved for construction by the CPUC. A portion of the project runs through a two-mile corridor in the City of Duarte. Towers have been erected between Tocino Dr. and Greenbank Ave., and at Hacienda Park. Another is under construction on east Sunnydale Dr., west of Brookridge.

"There have been a number of objections raised by those living near the towers, the most troubling of which include assertions that there was little public notice of recent changes to the scope and placement of the project relative to homes, and little chance for public input on those changes," said the Senator in a letter to the CPUC.

During the on-site



meeting, Senator Hernandez said some residents shared with him that they felt misled by initial renderings of the project. Many were under the impression that Edison workers would only be adding height to the old towers at the original location, and were shocked to see them moved closer to their homes. In one case, Edison erected a 200 foot high tower seven feet from a resident's property line. There have been additional concerns expressed by homeowners, including the overall effect of the project of their property values and physical safety. After the project was re-designed, the closer proximity of the towers to homes has prompted objections to the towers as eyesores. Those homeowners closest to the towers have also voiced their

fears over the potential risk of injury/and or property damage given that a known earthquake fault line runs underneath the new tower locations.

"I know the CPUC values, as I do, the input and opinions of the Californians they serve. I only ask that these constituents have an opportunity to make their voices heard," said Senator Hernandez.

For more information, contact the office of Senator Hernandez at (626) 430-2499, the City of Duarte at (626) 357-7931, ext 223, and for more information about the Tehachapi Renewable Transmission Project (TRTP), call (877) 795-8787 or visit www.sce.com/teahachapi.

NATIONAL NIGHT OUT AGAINST CRIME

On Tuesday, August 2, neighborhoods throughout Monrovia have been invited to join forces with more than 34 million people from thousands of communities nationwide who will be participating in the Annual National Night Out Against Crime. This event is designed to: 1) Heighten crime and drug prevention awareness; 2) Generate support and participation in local anti-crime efforts; 3) Strengthen neighborhood spirit and police/community relations; and 4) Send a message to criminals, letting them know that our neighborhoods are organized and are fighting back. This event will also kick off the start of our new "Keep Kids Alive - Drive 25" residential speeding traffic safety campaign.

Monrovia Police Blotter

During the last eight-day period, the Police Department handled 615 service events, resulting in 88 investigations. Following are the last week's highlighted issues and events:

Grand Theft Auto

On June 29 at 7:50 a.m., an officer was dispatched to the 100 block of East Evergreen regarding a stolen vehicle. The female victim reported her vehicle had been stolen some time during the night. The vehicle is a black, 1990 Honda Accord. The victim has accounted for all sets of keys. The vehicle has a damaged passenger headlight that has been taped, a driver side window that does not close all the way, a sunroof and chrome rims. Investigation continuing.

Residential Burglary

On June 29 at 1:13 p.m., an officer responded to a residence in the 100 block of East Colorado on a residential burglary call. The victim reported his apartment had been burglarized while he was out of town. A small amount of cash, a video game station, and several video games were taken. The Investigation is continuing.

Assault With a Deadly Weapon - Suspect Arrested

On June 29 at 9:24 p.m., police received a call reporting a fight in front of a residence in the 200 block of East Cherry. Two male subjects at the location began to argue and one stabbed the other in the neck. The victim was taken to a hospital for treatment and the suspect was arrested without further incident.

Hit and Run Traffic Collision / Solo Vehicle Traffic Collision - Suspect Arrested

On June 30 at 10:28 p.m., a resident inside her home heard some type of collision occur on the street. Several residents went out to investigate and found that a parked vehicle had been struck. A gray compact vehicle was observed leaving the scene. Officers located a vehicle side-view mirror and a piece of car molding in the street. An area check was conducted, but the vehicle was not located. At 11:08 p.m., a motorist witnessed a gray Honda Civic strike the center divider in the 300 block of East Huntington and called police. Officers arrived and found a solo occupant who appeared to be under the influence of alcohol and drugs. During the investigation, officers noticed the side-view mirror was missing from the vehicle, as well as a piece of molding. The officers compared the side-view mirror and molding recovered from the hit and run traffic collision and discovered it was a match. The driver was not injured and there was no damage to city property. The vehicle sustained moderate front-end damage, two flat tires, and the airbags deployed. The driver was arrested for driving under the influence, and also charged with the hit and run traffic collision.

Grand Theft

On July 1 at 7:43 p.m., a male subject was inside a business in the 100 block of West Foothill using his laptop computer. Two male suspects entered the store. The suspects were seen looking around. They approached the victim from behind and quickly grabbed the computer and ran out of the store. The suspects were last seen getting into a light gray, 4-door BMW and traveling south on Primrose. The investigation is continuing.

Driving Under the Influence / Solo Vehicle Traffic Collision

On July 3 at 11:02 p.m., officers responded to Foothill and Grand regarding a solo vehicle traffic collision with injuries. When officers arrived, they discovered the driver and his passenger had moderate injuries. The officers detected the odor of alcohol on the driver's breath. The driver and passenger were taken to a hospital to treat their injuries, and a blood sample was obtained from the driver. The driver was not arrested due to his injuries; however, DUI charges are pending, based on the results of the driver's blood alcohol level. The fire hydrant at the corner of Foothill and Grand was damaged. Public Works was notified and responded to inspect the fire hydrant.

Drug Activity / Possession of a Controlled Substance

On July 4 at 12:11 p.m., an officer was dispatched to an alley in the 300 block of Valle Vista regarding a suspicious vehicle. When he arrived, he located the vehicle parked in a "No Parking" zone and blocking the alley. The vehicle was occupied by three male subjects. During a consensual pat-down search of one of the subjects, the officer found what looked like rock cocaine inside the subject's pants pocket. It was packaged in a clear plastic baggie, which was sealed. The subject was arrested without incident.

Suicide

On July 5 at 12:20 a.m., an officer responded to a location in the 600 block of West Lemon regarding a deceased male subject, 46-years-old, who had hanged himself in his bedroom. The Coroner was notified and responded to the residence to take over the investigation.

Suicidal Subject

On July 5 at 1:19 p.m., an officer responded to the report of a suicidal subject. When he arrived, the subject drove off in his vehicle. A short pursuit ensued, which ended in the 600 block of West Duarte, where the subject crashed into a house. The suspect ran, but was quickly apprehended by officers on East El Norte. He was taken to a hospital for treatment and evaluation. There were no officers or citizens injured in the incident.

Burglary

On July 6 at 12:04 p.m., officers went to an apartment in the 700 block of South Myrtle on the report of a burglary. The victim had locked his bicycles to a rack using a bicycle chain and lock. When he returned, the bicycles were gone, as well as the lock. The victim stated an ex-friend was probably the suspect, since he was one of two people who knew the combination to the lock. The officer contacted the ex-friend at home. They did not find the bicycles, but they did find a key fob for the apartment complex. The investigation determined that the named suspect, a juvenile, had stolen the bicycles and he was arrested. He was also charged with petty theft for the stolen key fob from the complex.

Residential Burglary

On July 6 at 10:48 p.m., an officer was dispatched to the 800 block of West Hillcrest on a residential burglary call. The victim's husband was the last to leave the residence at 9:15 a.m., and he left the rear laundry room door unlocked. The victim returned at 10:45 a.m. and noted the door open and called police. Officers responded and cleared the location. The victim noted cosmetics, jewelry, and a camera missing. The Investigation is continuing.



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PASADENA EDUCATIONAL FOUNDATION'S 2011 SUMMER ENRICHMENT PROGRAM SETS ENROLLMENT RECORD

PASADENA, CA (July 15, 2011) – While the budget crisis continues to reduce school budgets and eliminate most summer school programs across the state, the Pasadena Educational Foundation's ninth-annual Summer Enrichment Program is serving more students from Altadena, Pasadena, and Sierra Madre and beyond.

Enrollment has risen to more than 1100 pre-K through 12th grade students, a 25 percent increase from 2010. Five different programs at Pasadena Unified School District campuses include pre-K through 5th grade programs at Franklin Elementary, Norma Coombs, and Willard Elementary schools, a 5th through 8th grade program at Wilson Middle School, and a separate high school program at Marshall Fundamental School.

"Expanding our program into Northwest Pasadena by adding Franklin School makes PEF's even more accessible to the entire community," says PEF's Executive Director Patrick Conyers.

The wide range of enrichment opportunities include Intro to Kindergarten, Intro to First Grade, Computer, Chess, Ceramics, Cooking, Music, Band, Theater, Improv, Woodworking, Math, Engineering, Bridge, Mock Trial, Writing, Zumba, Robotics, Tennis, to name just a few of the offered classes. Credentialed teachers teach all classes. PEF limits classroom sizes to 20 students; most classes have fewer than that.

"Because of the smaller class sizes and longer class periods, teachers are able to focus more attention on the students and engage them with more hands-on activities that incorporate creativity and fun-based learning," says Alden Denali, summer principal at Franklin School. This is not possible during the traditional school

year given time limitations and increased class sizes.

These factors give students the chance to make solar ovens, create cities using math skills, learn to play the guitar, strengthen computer skills, make their own books, build bird houses, and practice a variety of math skills, among many other opportunities.

Meanwhile, at Marshall Fundamental High School students can earn actual school credit in such classes as Spanish 2, AP European History, Masterful Writing, Pre-Calculus, Geometry, and Computer Science. By taking such classes in the summer, motivated students can reap the flexibility to take more advanced classes or more electives in the next school year. They can learn valuable skills in such classes as Driver's Ed and SAT Prep.

While tuition remains affordable, many families still need tuition assistance. This year PEF has provided \$60,000 in tuition assistance, tripling the amount awarded the previous year. Funding for scholarships is provided by the Goodstein Family, Pasadena Rotary, and the Ahmanson, Helen & Will Webster, and Schow Foundations.

WHAT: Pasadena Educational Foundation's K-8 Summer Enrichment Program and High School Summer Program

WHEN: Monday through Thursday, July 5 to Aug. 4 for K-8; Monday through Friday, July 5 to Aug. 5 for high school.

WHERE: Franklin Elementary (K-5th) 527 W. Ventura St., Altadena; Norma Coombs Elementary School (K-5th) 2600 Paloma St., Pasadena; Willard Elementary (K-5th) 301 S. Madre St., Pasadena; Wilson Middle School (5th-8th) 300 Madre St., Pasadena. Marshall Fundamental School (high school) 990 N. Allen Ave., Pasadena.

ALVERNO FROSH TEST LEADERSHIP SKILLS

Thirteen members of Alverno's incoming freshman class spent a warm July week learning about the school's unique leadership program and where they fit in. Lead by members of this year's Alverno Student Union (ASU), the girls explored their own leadership ability through games, exercises, and learning how to plan for a successful freshman government.

"The purpose of the class is to integrate incoming students into our particular form of student government," says Director of Activities Cam Gonzales. "We want them to understand the variety of leadership roles they can take in 9th grade."

Alverno's student government is modeled on the United States government, with ASU taking the role of federal government. Each class is a "State" and is set up like the state of California with a governor, lieutenant governor, and an Assembly. "This model allows more girls to be involved in leadership, with a greater variety of leadership roles available," says Ann Gillick, Alverno's Head of School.

"This class brought out leader-like qualities I didn't even know I had," says freshman Helena Enciso.

Christina Vagenas agreed. "The class helped me understand what a leader is, and how to lead a crowd with originality, but also, with strength."

The senior ASU members who planned and lead the four-day class were happy with the results. "These twelve girls have so much positive energy," says senior Andrea Gochez-Wilson. "All of them are going to have an awesome, exciting, and love-filled experience here at Alverno."

The Freshman girls who took part in the leadership class are Helena Enciso, Madi Hernandez-Barber, Katia Juaregui, Michelle Lam, Jackie and Jasmine Molina, Gabriela, Prado, Olivia Rivas, Jeanine Santucci, Greta Storlie, Erika Winstanley, Christina Vagenas, and LeAnn Zuñiga.

The senior ASU members who planned and lead the class are Estefania Alvarez, Shasta Cales, Carolyn Chalfant, Madi Daniels-Campos, Aliyana Franklin, Hana Lemseffer, leadership class planner and leader Aliza Mariano, and Andrea Gochez-Wilson.

OUTDOOR SUMMER SAFETY

(NAPSI)—Summer is a great time to enjoy outdoor activities. So whether you're swimming, barbecuing, or dining outdoors the following tips will help ensure that you, your family, and friends enjoy every moment.

- Be sure everyone can identify dangerous plants such as poison oak, ivy and sumac. If someone touches one of these plants, rinse the area right away with soap and running water for at least five minutes.

- Never underestimate the power of an insect bite or sting. Insect stings may cause serious problems and even death for those with allergies. Go to a hospital right away if you develop hives after a sting, or have dizziness, breathing trouble or swelling around the eyes and mouth.

- Be sure to check the label on insect repellent. Select a product that is safe for the age of the user. Follow the directions for application on the label.

- Lighter fluid, gasoline, torch and lamp oils can be deadly if swallowed. Watch children closely at all times when these are being used.

- Use camp stoves, grills, and generators outside, never inside buildings or tents.

- Inhaling chlorine products can irritate the respiratory system. Homeowners who have swimming pools should store pool chemicals in a safe and secure place, out of children's reach.

- Always wash hands and counters before preparing food and clean utensils for cooking and serving. Additionally, make sure you wash hands, cutting boards, utensils and dishes with hot, soapy water after handling raw meat, poultry or seafood.

- Store, cook and reheat food at the proper temperatures. Refrigerated foods should not be left out at temperatures above 40 degrees F and do not let food sit out at room temperature for more than two hours.

- Watch for signs of food poisoning including fever, headache, diarrhea, stomach pains, nausea and vomiting.

- Do not leave products containing alcohol where children can reach them. Alcohol can be dangerous to children, leading to respiratory depression, coma or even death. Signs that a child may have consumed alcohol include sleepiness.

Even with the best care and safeguards, accidents do happen. If you suspect a poisoning, don't wait to see what happens. Call the 24-hour Poison Help line at 1-800-222-1222 to reach your local poison control center. Poison control centers are staffed by nurses, pharmacists, doctors and other specially trained poison experts. Calls are free and confidential, and help is available in 161 languages. Services are also available for the hearing impaired. Post the number by your home phone and program it into your cell phone for quick access. If you would like to learn more about the Poison Help line, visit the Poison Help Web site at www.PoisonHelp.hrsa.gov.



It All Begins

Last Saturday I left my dorm and Brown University behind (hopefully I will be back as a student in fall 2012) and embarked on my college adventure with my dad. With an agenda consisting of nine colleges spread throughout the greater New England area, we sought to visit them all and return home by around July 21 (sadly after Harry Potter releases)- a very strenuous task enhanced by the fact that we are traveling in our beat up 1983 Ford Econoline conversion van.

Before we could even leave Providence, our car began to spew oil, leaving a greasy trail behind us like Hansel and Gretel's breadcrumbs. Thankfully, it was only a hose; a quick fix, and then we were off to Boston to go see Boston College, Harvard, and Tufts and also visit the Freedom Trail, Fenway Park, and Gillette

Stadium in Foxbro. Boston was a beautiful city that I could very easily fall in love with for four years and will be visiting frequently wherever I decide to go on the East Coast. Next was Yale, which my father and I both mistakenly believed to be in Hartford, CT but is actually in New Haven.

Luckily, Connecticut is a small state and both cities are only about forty miles apart, a distance well worth the beauty of Yale. The neo-gothic architecture is exquisite and I can easily say that Yale is the most beautiful campus we have visited so far, although Princeton was pretty amazing as well. Next on the list are Marist and Vassar, both of which are in Poughkeepsie, NY and both of which seem promising. We then go up to see Syracuse University in Syracuse, NY and last but not least, Cornell in Ithaca, NY before heading back home to sunny California.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdall

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsclions.org

Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414
626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road
Pasadena, Ca. 91107 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951
website: www.lasallehs.org

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000,
Email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109
(626) 795-6981 website: www.pusd@pusd.us

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204

Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

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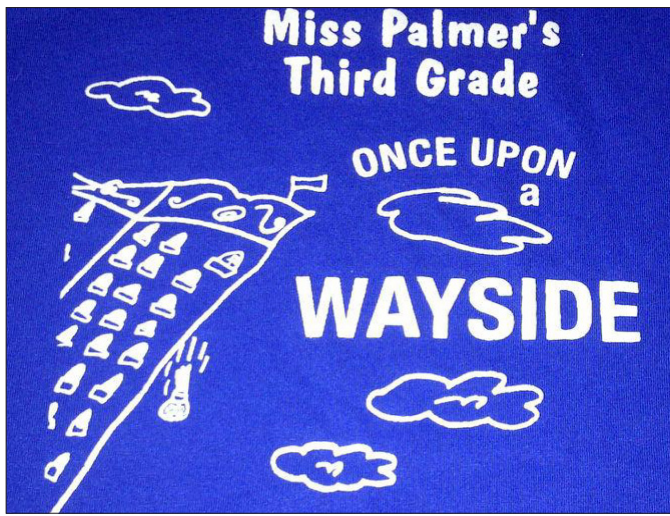
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Miss Palmer's 3rd Grade Class, 31 talented and creative students, have published a book! It is called, "Miss Palmer's Third Grade: Once Upon A Wayside" and it includes the work of each of the students in her class. We will publish the book in its' entirety this summer, with 3-4 stories each week. The stories will not be edited, well maybe a few spelling corrections. They are all entertaining and original!

Inspired by the book series they read in class, The Wayside School Series by Louis Sachar, the children created their own episodes of life at Wayside. (Hint: Louis Sachar's Wayside School was supposed to be 30 classrooms, one story high; but by mistake it was built straight up 30 stories. That should give you some insight into the kind of stories you will read from Ms. Palmer's 3rd Grade Class!)

A teacher for six years, Ms. Palmer has been at Sierra Madre Elementary for two years. She was born and reared in Sierra Madre, played on the SM Girls Softball Team and was a Sierra Madre Rose Princess in 2000.

This is a series of stories that will enlighten, inspire and keep you laughing all summer long! If you want to read the previous weeks' stories, go to: www.mtnviewsnews.com. S. Henderson/MVNews

BYE DR. PICKLE by Melia Jost

It was a quiet, peaceful morning until: "Ahhhh", yelled Todd. "Mrs. Jewels's Marecia bit my arm again!"

Mrs. Jewels made Todd write his name on the blackboard under the word DISCIPLINE for yelling in class and made Marecia go to Dr. Pickle!

Maurecia was scared, but at the same time she was okay because of Paul (Paul had been to Dr. Pickle before). She opened the goozak (word for door at Wayside). She sat down on the couch and waited until Dr. Pickle entered.

"Hello Maurecia. What is your problem?" asked Dr. Pickle.

"I bit Todd's arm again," said Maurecia in shame. Dr. Pickle got a golden chain out of his drawer that had a pickle at the end of it.

"Look into my eyes", said Dr. Pickle. Maurecia looking into his eyes. He held the chain up. "Watch the pickle Maurecia", said Dr. Pickle. Maurecia watched the chain swing to the left, then to the right.

"You're getting sleepy", said Dr. Pickle. Your eyes are getting heavy. When I count to three you will go into a deep sleep. One.....two....three", said Dr. Pickle.

Soon Maurecia was snoring. Dr. Pickle made sure she would do all the things she was to do. "When you go back to class you will want to bite Todd's arm, but it will be a yucky worm", said Dr. Pickle.

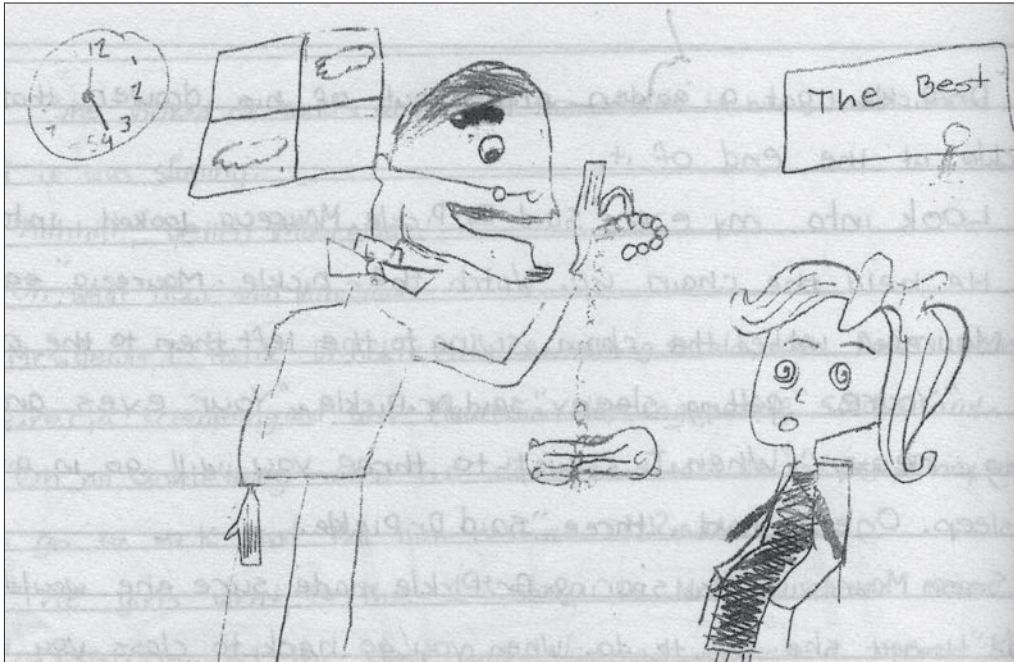
"Todd's arm is a yucky worm", said Maurecia. Dr. Pickle thought a moment, then smiled.

"When you go back you will slap your friends that start with the letter J when they say 'hi'".

"I will slap Jenny, Joy and other people", said Maurecia.

"When I count to three", said Dr. Pickle, "you will wake up. One....two....three."

Maurecia went back up the stairs and into the



classroom.

"Hey", said Joy. "Hi", said Jenny. Maurecia slapped Joy and Jenny in one whole slap.

"What's that about?", said Joy very upset with her friend.

"I don't know what came over me", said Maurecia. She gave Joy and Jenny a hug and sat at her desk behind Todd.

She looked at Todd's arm and then tried to bite it but when she did it was slimey.

"Ahhh", yelled Maurecia.

"Oh, what now?", said Mrs. Jewels.

"Mrs. Jewels, I think Dr. Pickle has something to do with Paul licking ears, Maurecia said screaming and also with Maurecia slapping people", said Jenny.

"Oh no, something must be done", said Mrs. Jewels. "Joy, Jenny and Maurecia, go to Mr. K and tell him to fire Dr. Pickle!"

The girls went to the 1st story to Mr. Kidswatters room. Jenny and Joy opened the door and slammed it behind them. "Mr. K, you need to fire Dr. Pickle right now", shouted Joy and Jenny together.

Mr. K sighed, "I need more rubber bands Mrs.

Day".

"Did you hear them Mr. K, you need to fire Dr. Pickle or I will beat you up", warned Maurecia. "Oh, well, I give up. I need to fire Dr. Pickle", whined Mr. K.

"You're going to give up that easily?", said Jenny Joy and Maurecia together.

"I guess", said Mr. Kidswatter, "But you want him fired, right?"

"Yes!".

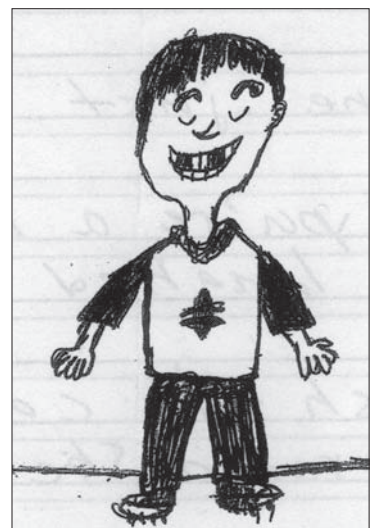
Mr. K picked up his phone and dialed 444-4444-1.

He started to talk. "Hello, oh I don't need a lesson today Dr. Pickle, but I need to tell you something. I didn't say I wanted a lesson. I called to tell you that you're fired. Yes, that's right, you are fired. I think you need to pack up right now."

The girls were so happy they clapped. Mrs. Jewels made Joe go downstairs. "Hi you guys. You need to see the fish that John brought". Maurecia slapped him hard!

D.J.'s CRAZY DAY by Louis McGlassan

It was the beginning of school and every single kid in the school was running up the stairs as fast as they could to get through the crowd to their classrooms. D.J. and Dameon were both in the lead of everyone and they go to Mrs. Jewel's class at the same exact time. They were both huffing and puffing.



Everyone else followed in, when all of a sudden, D.J. started rapping. He said, "W-W-What's happening?" Everyone just glared at D.J. "Hey D.J., you're a D.J.", said Dameon. Everyone laughed.

Mrs. Mush the cafeteria lady ran in the room. She had a mushroom surprise.

"I'm not eating that!", said D.J.

"Eat it!", said Mrs. Mush.

"Ok, Ok", said D.J. So he ate it! Then he said one thing that was "Blah!" Then he barfed.

Nobody knew if he was ok. Then he started rapping again.

"Sorry D.J., but I have to", Dameon pinched his stomach and the mushroom surprise flew out of D.J.'s mouth. "I stopped rapping", said D.J.

Everyone was happy!

Have you ever done the broad jump?

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Animals **jump** to move to somewhere, to get out of danger, to catch food and to show off for others.

Dolphins leap through the air to save energy.

Not all animals can jump. Can you unscramble these letters to name one animal that **cannot** jump?

H P N E A T

Next, read the clues and fill in the puzzle with the names of animals that **do** jump!

Across:

- can jump up to 20 feet out of the water; easier for them to move through air than water – it saves energy
- live all around us; they jump using a silk line
- active during the day, they blend into the grass, and jump using their "spring-loaded" legs
- also called mountain lions, can leap up to 18 feet in the air and as far as 40 feet
- carry their young in their pouches; they are from Australia
- can be trained to race and jump over obstacles in a certain amount of time
- are antelopes; most live in Africa

Flies jump backward when they take off.

When a little worm living inside a "Mexican Jumping Bean" moves, it makes the bean look as if it is jumping.

Jump! Leap! Hop!

Down:

- a rodent; can jump up to 12 feet; likes to eat grass seeds and fruits
- do not really fly; a loose fold of skin between their front legs and hind legs lets them glide from tree to tree
- are active at night; can jump up to 20-30 times their body length, or about 3 feet
- hop along everywhere except in Antarctica; they like carrots

I am a **jumping mouse**. I weigh under an ounce and am 3 to 4 inches long. I can jump up to 13 feet!

Kangaroos cannot walk backwards like I can!

NIKKI C'S OF PASADENA AND SENA IN MONROVIA: A True Daily Double



Many years ago when I was volunteering for the Boys and Girls Clubs of Pasadena, I met Joe Caiello Sr. He was also a volunteer at the time and the two of us would discuss the endless possibilities of opening our own kitchen someday. It is hard to believe that twenty years have elapsed from those conversations and that son, Joe Jr. has erected a dining oasis on Rosemead Blvd, Nikki C's. Joe Sr. is a man of immense heart, so I was not surprised when his son took over the reigns and named a restaurant after one of the loves of his life, his daughter, Nikki. The Caiello clan love for food and people, have rewarded a faithful following over the years and it has become our great fortune that Joe Jr. is the benefactor of a second daughter, because it inspired his newest concept, Sena.

TABLE FOR TWO by Peter Dills

Much like it's sister restaurant, Nikki C's, Sena mingles a neighborhood quality with a visionary love for food. The familiar patterns of the popular Nikki C's are detected here but the crowd is a shade younger. Showering the restaurant in an inviting youthfulness and enthusiasm of hope, which cling to the air in colorful conversation. The restaurant offers a full bar with seating in the front and the complete dining experience of seated tables in the back. They menu is a fusion of many fantastic dishes as I sat at the throne of a taco paradise with a mindful bartender at my whim. When I asked Ms. Nikki what inspired the menu, her response: "Sena was an inevitable creation."

We had the thought of filling a taco with the wonderful ingredients we already stocked in our first restaurant, Nikki C's. It seemed we were on to an inspired thought. Suburb Californian Steakhouse ingredients residing in a tortilla."

Steakhouse inspired tacos! Even the thought marshaled sumptuous approval in the mind. She continued, "Our inspiration came from the

little places in Ensenada to the Wild West of Hollywood, from the tiny isle of Greece to the gathering streets of Barcelona. It only made sense to give a collective breath to our favorite foods of the world."

A few of the inspired stars of the world to inhabit the menu: The Baja fish tacos, short rib tacos, filet mignon tacos and my favorite, the daily prime cut. Just a small selection of the many competing flags that rise in this menu.

A menu which is comprised of dishes in the affordable \$10 range. I would also suggest the happy hour from 4 PM to 7 PM. There you can feast upon selected plates including the Baja Fish taco at \$3, one of the better tasting values in town. I would be drunk if I did not mention reasonably priced Stella Artois for \$4.

Sena has shepherded the flame of beauty that transition into culinary success at Nikki C's and begun its own warming fire. Your senses will be soothed at Sena, as is the perfect setting to lounge and reconnect with friends and family. Take a look around the restaurant you might just see me in the back testing my fortunes with a Racing Form.

Sena on Myrtle Monrovia. 409 S. Myrtle (626) 359-9463 Log onto www.senataco.com for hours of operation and additions to the menu.

Watch Dining with Dills every Saturday and Sunday Night on Channel 101 for Charter Cable.



Deanne Davis on Sierra Madre's New WISTARIA GRILL

Being a hometown girl and a long-time patron and lover of Restaurant Lozano, I (along with the rest of Sierra Madre) have been anxiously awaiting the opening of Wistaria Restaurant & Bar on Baldwin across the street from Beantown. My husband, John, and I would walk past the silent and empty Lozano building, where we had so many great meals with Gil and Michelle Lucero and peer hopefully into the windows, sadly shake our heads and say, "Nope, nothing yet." Sigh heavily and walk across to dear old Beantown for coffee and oatmeal.

The word is that Rome wasn't built in a day, and it takes an elephant 616 days to produce a baby. It took much longer than either of those, it seemed, for Wistaria Restaurant & Bar to arrive on our Sierra Madre scene! Folks, it was worth the wait! My daughter, Leah, and I had lunch there last Saturday, sat outside on a remarkably pleasant (that means it was in the 80's, not killer 100's) and enjoyed a really great meal! All around us were people remarking on how they thought it would never open, while working their way through great salads, omelettes, sandwiches, and the most amazing burger I've seen outside The Counter in Pasadena! This baby is an 8 oz (and that's after they cook it, not before!) Prime burger which defied the average mouth. I had the Chicken-Apple Sausage Omelette, which is normally served with "roasted morning potatoes" and toast and our server, a charming young lady said, "of course you can have something other than potatoes and toast! How about salad?" I love that attitude, friends and neighbors! So the omelette arrived, perfectly cooked without a single trace of scorched egg and a lovely salad of field greens. Delicious! Leah devoured the Chopped Salad, which consisted of napa cabbage, garbanzo beans, cherry tomatoes, feta cheese, grilled chicken and a very light tarragon vinaigrette.

Other lunch choices include a Caesar salad, beet salad, tuna melt sandwich, turkey club, curried chicken salad sandwich a bbq pulled pork sandwich and the aforementioned Amazing Burger! Currently open at 8 a.m., Thursday through Sunday for breakfast, you could also try the buttermilk pancakes, lemon ricotta pancakes, french toast, veggie omelette, bacon and cheddar omelette, beef brisket hash and a variety of egg offerings.

Breakfast and lunch prices are reasonable, in the \$10-\$12 range and I'm goin' back!

Speaking of going back, after seeing Les Miser-

ables at the Ahmanson, I arrived home and asked John, the patient husband who's been watching and waiting for Wistaria, too, if he'd like to try out the bar for a glass of wine and a nibble. He did. Wistaria has a great wine list and, with a full bar, we were treated to the preparation of all sorts of goodies like Kir Royale (champagne and creme de cassis), martinis of all sorts, cosmos, and there are a number of interesting beers. We tried the sweet potato fries, which were fantastic, hot and crispy, and were given a small plate of great bread with butter and/or olive oil. Along with an Australian malbec, it was a splendid time.

The dinner menu includes marvelous first course or appetizer/salad items such as grilled steak skewers, pork meatballs, Prince Edward Island mussels, fish and chips (served in a paper cone just like you'd get in London), Arrancini, which is risotto fritters with parsley pesto and shaved parmesan. Main courses include ocean trout, striped bass, Organic Jidori Chicken, a grilled pork chop, steak, shepherd's pie, and that amazing burger is available for both lunch and dinner. Dinner prices for main courses are in the \$16-\$23 range, including the steak. Desserts include summer peach cobbler, whiskey bread pudding, a warm chocolate brownie and chocolate chip cookies with vanilla ice cream. Everything was beautifully plated and served.

The furnishings are simple and comfortable, now featuring gorgeous new restrooms (notice restroomS) which is a big Woo Hoo!, if you ever visited the Lozano restrooms. There are now wonderful screened windows along the front which, when opened make the outside tables part of the entire restaurant ambience. Children seemed welcome as there were a bunch of them there, the wait staff are young, smiling, welcoming and accommodating, the bar is comfortable for a drink and/or a meal or appetizer and it's been well worth the wait. Wistaria Restaurant & Bar is a delightful and welcome addition to the dining choices here in our home town. All thumbs up!

Wistaria is at 44 No. Baldwin, Sierra Madre. Phone: 626-355-3155. Website: wistariarestaurant.com.

Hours: Breakfast & Lunch: Thursday-Sunday 8 a.m. - 2:30 p.m.

Dinner & Bar: Tuesday-Sunday 5:30 p.m. to 9:30-10:00 p.m. Yes, that's correct, they close from 2:30-5:30 between lunch and dinner on the days when both are available.

Safety Tips To Help You Avoid Barbecue Blunders

(NAPSI)—Warmer weather is often the signal for backyard chefs to heat up the grill for a barbecue. Unfortunately, that's when the risk of food poisoning often heats up as well. The good news is that grill masters can help keep their family and friends safe by following a few tips from the Home Food Safety program.

The program is a collaborative effort of the American Dietetic Association and ConAgra Foods. "Whether it's a picnic, barbecue or potluck, it's important to apply the same home food safety techniques to help keep you and your guests safe from food-borne illness," said registered dietitian and ADA Spokesperson Jim White.

• Before firing up the coals, scrub the grill, utensils and coolers with hot, soapy water. Set

aside plates and utensils to handle raw foods and another set for cooked foods since cross-contamination tops the list of food safety concerns during the grilling season. Always wash utensils in warm, soapy water between uses.

• Plan ahead so you are able to wash your hands before, during and after handling foods outside. According to White, it's important to wash your hands in warm, soapy water for at least 20 seconds and keep a bottle of hand sanitizer or pack of moist towelettes nearby when soap and water are not readily available.

• When preparing favorites, such as steak and chicken, remember to use different brushes to taste raw and cooked meats, and boil any leftover marinade before using it to season cooked

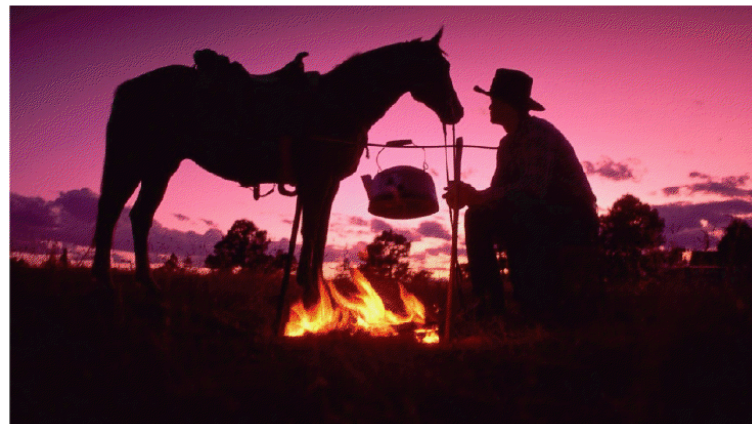
meats. "A food thermometer is the only way to ensure food has been cooked to the proper temperature," White said. "It is not safe to rely on color or firmness or wait for the juices to run clear."

• Stock coolers with plenty of ice and a refrigerator thermometer to ensure foods are stored below 40 degrees Fahrenheit.

• Don't let foods stay unrefrigerated for more than two hours, or one hour in hot weather (90 degrees Fahrenheit or above).

The Home Food Safety program is dedicated to raising consumer awareness about the seriousness of food-borne illness and providing solutions for easily and safely handling food. For a downloadable chart of safe minimum internal temperatures for all your barbecue favorites, visit www.homefoodsafety.org.

Adams Pack Station Chili Cookoff



SATURDAY JULY 23RD 7:00 AM TO 4:00 PM

Only a limited amount of contestants can be accommodated. Limited to six contestants. Contestants must cook on-site and cook enough chili to provide "small samples", at no charge, to the public.

Work tables and chairs will be provided for each contestant as well as charcoal bar-b-que's AND Coleman stoves for those that might need a stove. (If you have one, bring it)

Each contestant must provide their own ice chest and cooking equipment.

Public tasting will be from 1:00-2:00

Judging will begin at 2:30

First Place Award to be given at 3:00

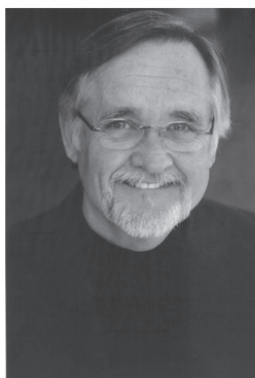
Detailed rules shall be provided to the contestants 2-weeks prior to the cook-off date via e-mail. (You must provide adequate contact information).

For entry information please contact:

Deb Burgess at 626-447-7356 "OR" Eric Woodyard at 626-340-3727

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THE PLAYHOUSE DISTRICT ASSOCIATION PRESENTS ITS 8th ANNUAL FREE SUMMER JAZZ CONCERT SERIES

Eight Sundays of Free Summer Concerts

Pasadena, CA (July 2011) – The Pasadena Playhouse District Association sizzles this summer with its 8th Annual Free Jazz Summer Concert Series.

The concert series takes place every Sunday evening, July 10 through August 28, 2011 from 5 pm until 7 pm at the Vroman's outdoor courtyard, 695 E. Colorado Blvd., Pasadena. The 8th Annual Free Jazz Summer Concert Series is free and open to the public. The eight week series features an eclectic roster of up-and-coming and notable jazz performers such as the Jacques Lesure Group, Jamila Ford, Faro, and Latin Jazz Syndicate among other groups. From blues to Latin and smooth jazz, the free summer jazz concert series has something for all jazz lovers.

The full concert schedule listed below. In its eighth year the summer jazz concert series has provided the community with all-star jazz entertainment at no cost.

For additional information on the Seventh An-

nual Free Summer Jazz Concert series, contact the Playhouse District Association, 626.744.0340.

About the Playhouse District Association The Playhouse District Association (PDA) is a California non-profit formed in 1995, which serves to enhance and promote The Playhouse District as the historic, cultural, and thriving commercial heart of Pasadena. 2011 Summer Concert

Schedule *

July 10 - Donovan/Muradian Quintet

July 17 - Jamila Ford

July 24 - Elliott Caine

July 31 - Joseph Pernicano

August 7 - Latin Jazz Syndicate

August 14 - Michael Haggins

August 21 - Jacques Lesure Trio

August 28 - Scott Martin Latin Jazz Soul

* Performers are subject to change without notice.

SIERRA MADRE CONCERT IN THE PARK SERIES

Join the City of Sierra Madre this summer for the FREE Concerts in the Park Series which begin Sunday, July 10, 2011 and occurs every Sunday through August 28, 2011.

The eight concerts are held from 6:00 pm and run through 8:00pm. All concerts will be held at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so remember to bring blankets and lawn chairs. Alcohol is prohibited.

Spectators are encouraged to support local organizations that may provide refreshments. For additional information please contact the Community & Personnel Services Department (626) 355-5278.

CONCERTS IN THE PARK SCHEDULE:

July 10 – Yvonne Perea (folk and blues fusion), sponsored by the Spero Foundation selling dollar street tacos, cookies, drinks and homemade ice cream by Pepper Marie's Ice Cream.

July 17 – Woodie and the Longboards (beach inspired), sponsored by Sierra Madre Civic Club selling hot dogs, pie, ice cream and water.

July 24 – Elvis (rock 'n roll), sponsored by the Rotary Club of Sierra Madre selling items from the In-N-Out Truck

July 31 – Fairytale and Fantasy VI (musical), hosted by Southern California Lyric Theatre

August 7 – Ghost in the Machine (The Police and Sting Tribute Band), hosted by L.A. County Arts Commission

August 14 – Ray Bailey and the Rayletts - Blues and Jazz sponsored by Kiwanis and Friends of the Library

August 21 – Danny Dean and the Rockabilly Lovers (50's Rock) sponsored by the Senior Community Commission selling desserts

August 28 – The Silver Beatles (Beatles Tribute Band) hosted by the Community and Personnel Services Department.

JASPER IN DEADLAND

Students in the Pasadena Musical Theatre Program (PMT) will premiere award winning lyricist and composer Ryan Scott Oliver's new pop/rock musical Jasper in Deadland at Pasadena High School, 2925 E. Sierra Madre Blvd., Pasadena on August 5 at 7 p.m. and August 6 at 2 p.m. and 7 p.m. It's a featured event in 2011 Festival of New American Musicals.

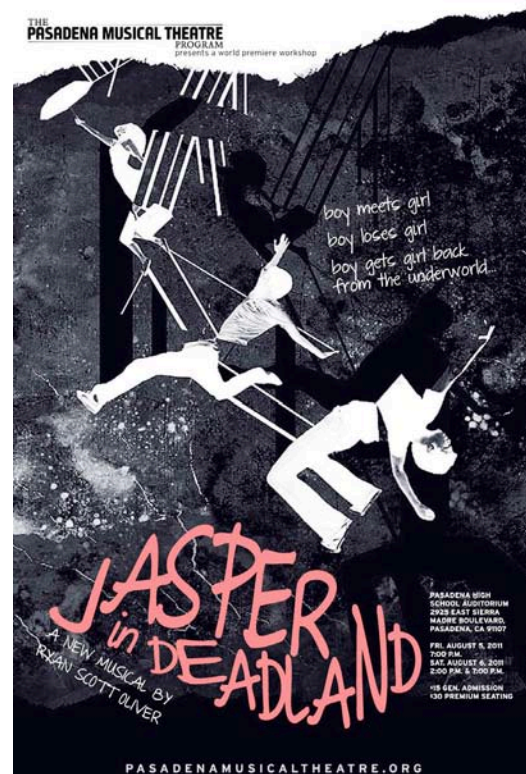
Oliver, who is the Artistic Director of PMTP, is also writing the score for Disney Theatrical's musical Freaky Friday, which is slated for development at the La Jolla Playhouse in Spring 2012. In addition to his work with PMTP and Freaky Friday, Oliver is a Jonathan Larson Grant recipient and Richard Rodgers Award Winner. He's written music and lyrics for 35mm, Darling (featured on the 10th season of NBC's The Apprentice), and Mrs. Sharp (Playwrights Horizons July 2009 starring Jane Krakowski, dir. by Michael Grief). A collection of his work, Rated RSO, played the Kennedy Center, Joe's Pub, and the New York Musical Theatre Festival among others, with a cast including Broadway's Megan Hilty, Kate Shindle, Matt Cavenaugh, and more. His other credits include Off-Broadway: TheatreWorksUSA's We the People. Songbook: Music+Lyrics by Ryan Scott Oliver: Volume 1. He is an adjunct professor at Pace University, New York City.

Tickets can be ordered online at www.pasadenamusicaltheatre.org or purchased at the door for \$15 for general admission, or \$30 for Premium reserved tickets.

Jasper in Deadland tells the story of 16-year-old Jasper, who loses his best friend, Agnes, and travels into the afterlife to retrieve her. But this afterlife, "Deadland," is a hybrid of Greek, Roman, Egyptian, Norse and Judeo-Christian mythologies, divided into seven "circles" While there Jasper encounters Cerberus; the demoness Ammut; Loki and his daughter Hel; a psychotic redneck named The Chuckster; and the ever mysterious Mr. Lethe. Will Jasper retrieve his best friend Agnes or will he join the Dead forever?

The show features a cast of students in 7th – 12th grades from Pasadena, Altadena and Sierra Madre.

The Production team for Jasper includes Company Manager Anne Clark, Asst. Music



Director Jordan Baum, Asst. Choreographer Camden Gonzales, Asst. Stage Manager Allison Dufford, and Stage Manager Ashley Thaxton. Puppets are designed by Michelle Finston; lighting is designed by Curtis Mueller; costumes, hair and make-up designed by Gwyneth Conaway Bennison; and sets designed by Kurt Boetcher. Music is supervised by Brett Ryback; Vocal Direction by Cindy Abbott; Choreography by John Todd; and Directed by Ryan Scott Oliver.

In June, Jasper in Deadland received two professional readings, the first in New York City and subsequently in Los Angeles.

The Pasadena Musical Theatre Program is a nonprofit musical theatre training program committed to bringing the highest quality in music and theatre education to students who live or attend school in Pasadena, Altadena or Sierra Madre. For more information about the Pasadena Musical Theatre Program, visit www.pasadenamusicaltheatre.org.



SEAN'S SHAMELESS REVIEWS:

HORRIBLE BOSSES

This summer has shown us that R rated comedies are all the rage. So far, The Hangover II, Bridesmaids, and Bad Teacher have been financially successful. The same will go for Horrible Bosses, I'm sure. While Horrible Bosses was far from horrible it felt overwhelmingly pedestrian. This high concept/low brow flick had a promising premise, but didn't fully travel into the dark terrain it well could have. There are a few big laughs spread throughout the film, but consistent it is not. The cast seems to be having a lot of fun and for the most part it's entertaining to watch the likes of Jason Bateman, Charlie Day and Jason Sudeikis screw up royally over and over again. The majority of the film's strong points are credited to the chemistry between these guys. Basically, Horrible Bosses is continually hit or miss, but unfortunately the misses are more apparent.

The setup is that Bateman, Sudeikis and Day all hate their bosses with a passion. After a night of drinking and the appearance of an old comrade, the very idea of just killing off their bosses is brought up. Soon after that night these guys seem to have no other choice, but act upon that crazy impulse. Couldn't they just quit their jobs, you say? Well, it's not that easy. They all have specific reasons why they can't merely walk off the job. The reason for Day's character is pretty funny, I admit. As for the other guys, it's fairly standard given their adverse situation. So who are these horrible bosses, anyway? The vicious Kevin Spacey plays Bateman's boss. Spacey's character is a colossal a-hole with absolutely no sense of humor or lightheartedness. Bateman is deemed his personal "bitch" and is going to be stuck at his humdrum job for the long haul. Jennifer Aniston, a complete psychotic and sexual predator of sorts portrays Day's boss (for the record, I wouldn't be complaining). Her character is crass and crude, but at the very least, a welcoming departure from Aniston's typical goody two shoes persona. Lastly, we have Colin Farrell (with a comb over, I might add), playing a cokehead tool that's taking over his father's business. He's utterly unabashed, but I found the thought of his character funnier than he actually ended up being. Farrell's character is

ill prepared to run his father's business and uses the profits for coke and Asian hookers. The dude is living the dream, but for Sudeikis, his job at the company is in jeopardy since Farrell is running it into the ground. Spacey, Aniston, and Farrell seem to find pleasure with their ridiculous characters, but at the end of the day, any laughter you're about to have will surely come mostly from the three leads.

For good measure, Jamie Foxx is thrown into the mix. He plays the "murder consultant" to the three guys. While he doesn't have a lot of screen time, Foxx nails it. He even has a ludicrous and uproariously funny name (with a back story) to

HORRIBLE BOSSES

Release Date: July 8, 2011

Directed by: Seth Gordon

Screenplay by: Michael Markowitz, John

Francis Daley and Jonathan Goldstein

Rated: R for crude and sexual content, pervasive language and some drug material.

Grade: 3 out of 5.

boot. You'll also find out about his "nasty" past that landed him in prison for ten years. Director Seth Gordon doesn't restrain his cast, but I still find him to be a bit green (given that this is only his second feature film). The writers (three in all) had a fairly original concept to work with, but opted to become a distant cousin to the Hangover series. Then again, can you really blame anyone trying to do that these days? Anyway, Horrible Bosses had the on-screen pedigree to be preposterously amusing.

While it treads into that territory briefly, overall, I found the big laughs to be scarce. The premise was absolutely solid and the build-up too, but the execution was slapped together half-heartedly. I found the story to be a bit contrived in places and I'm really not 100% sure how I felt about the way act three played out (especially with Spacey's outlandish actions). At the end of the day, Horrible Bosses is an adequate comedy to please most moviegoers. But for guys like myself (that tend to have high expectations for high concept comedies), I walked away from Horrible Bosses with merely a smirk on my face rather than a big, goofy, ecstatic smile.

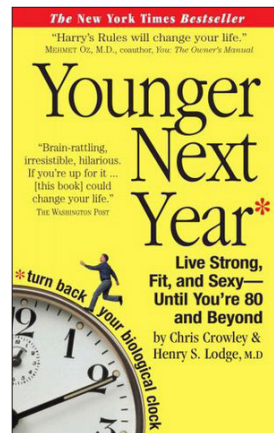
Jeff's Pics

The Book Report

By Jeff Brown

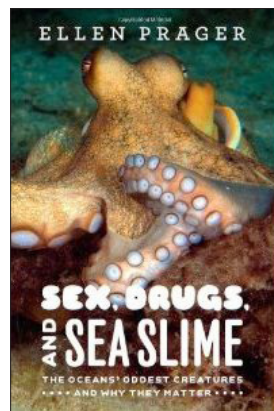
Younger Next Year: Live Strong, Fit, and Sexy - Until You're 80 and Beyond BY Chris Crowley & Henry S. Lodge M.D.

Turn back your biological clock. A breakthrough book, as much fun to read as it is persuasive. Younger Next Year draws on the very latest science of aging to show how men (there is also a book for women) 50 or older can become functionally younger every year for the next five to ten years, and continue to live like fifty-year-olds until well into their eighties. To enjoy life and be stronger, healthier, and more alert. To stave off 70% of the normal decay associated with aging (weakness, sore joints, apathy), and to eliminate over 50% of all illness and potential injuries. This is the real thing, a program that will work for anyone who decides to apply himself to "Harry's Rules." Harry is Henry S. Lodge, M.D., a specialist in internal medicine and preventive healthcare. The rules are deceptively simple: Exercise Six Days a Week. Eat What You Know You Should. Connect to Other People and Commit to Feeling Passionate About Something. The result is nothing less than a paradigm shift in our view of aging.



Sex, Drugs, and Sea Slime: The Oceans' Oddest Creatures and Why They Matter by Ellen Prager.

When viewed from a quiet beach, the ocean, with its rolling waves and vast expanse, can seem calm, even serene. But hidden beneath the sea's waves are a staggering abundance and variety of active creatures, engaged in the never ending struggles of life, to reproduce, to eat, and to avoid being eaten. Marine scientist Prager takes us deep into the sea to introduce an astonishing cast of fascinating and bizarre creatures that make the salty depths their home. From the tiny but voracious arrow worms whose rapacious ways may lead to death by overeating, to the lobsters that battle rivals or seduce mates with their urine, to the sea's masters of disguise, the octopuses, Prager not only brings to life the ocean's strange creatures, but also reveals the ways they interact as predators, prey, or potential mates. She illustrates the crucial connections between life in the ocean and humankind, in everything from our food supply to our economy, and in drug discovery, biomedical research, and popular culture. Written with a diver's love of the ocean, a novelist's skill at storytelling, and a scientist's deep knowledge, Sex, Drugs, and Sea Slime enchants as it educates, enthralling us with the wealth of life in the sea and reminding us of the need to protect it.



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Due to the high demand for her tutoring and education services, bookstore owner, Sally Morrison, is opening a new learning center here in Sierra Madre. **Mindspring Education Center** will cater to students (children and adults) interested in furthering their **reading, writing, math, spelling, and comprehension** skills. In addition, Sally offers assistance in **study skills, homework, and test preparation**. She also specializes in helping students with **dyslexia** and other learning difficulties. Those interested in **summer sessions** should contact Mindspring soon because space is limited.

As a result of this business expansion, Sally Morrison and Jeffrey Ingwalson, owners of Sierra Madre Books, will be **closing the bookstore in June 2011**. "We appreciate all the support we've received from our customers over the past few years, but are excited about our new venture. We look forward to continuing to be part of this community."

For questions about **Mindspring Education Center**, please call (626) 355-1972. For questions about **Sierra Madre Books**, please call (626) 836-3200.

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HOWARD & GREG WILL BE BACK NEXT WEEK.
WHILE THEY ARE AWAY, HERE'S BILL PRESS ON THE LEFT AND HUGH HEWITT ON THE RIGHT!

Bill Press



No wonder it's been so hard to reach a deal with President Obama on the budget: Congressional leaders around the table are too busy wrestling with each other: even members of their own party.

Indeed, as we've learned, the biggest obstacle to achieving a major deficit-reduction deal is not getting Democrats and Republicans to agree. It's getting Republican House leaders to agree among themselves — on anything. According to those inside the White House summit meetings, every time John Boehner says yes, Eric Cantor says no.

Publicly, Boehner and Cantor insist they are Soul Brothers. They're two sides of the same coin. They agree on everything. Baloney! That's clearly not the case.

It was Cantor, not Boehner, who was assigned to take part in the budget negotiations led by Vice-President Joe Biden. And it was Cantor who walked out — saying, in effect: Let John Boehner deal with this. I don't want anything to do with it.

Along the way, it was Boehner, not Cantor, who agreed with Obama that there had to be some new increases in revenue — otherwise known as tax adjustments — as part of any long-term budget deal. But Cantor dug in his heels and said: No way, Jose.

It was Speaker John Boehner, not Majority Leader Eric Cantor, who several times met privately with the president and ended up agreeing to the broad outlines of a massive \$4 trillion deficit-reduction package made up of a combination of cuts and tax reforms. That represented a huge win for Republicans, which conservative columnist David Brooks called, "the mother of all no-brainers." But, once again, Cantor said no — and Boehner was forced to embarrass himself and the entire Republican caucus by calling President Obama at Camp David over the Fourth of

Tribune Media Services

Who's in Charge Here? Not Boehner!

July weekend and telling him the deal was off.

And, in one of the most recent White House summits, it was Cantor who repeatedly interrupted President Obama, demanding that Congress walk away from any long-term solution and instead pass a series of short-term debt-ceiling hikes over the next 18 months: a copout that Obama, Boehner and Senate Minority Leader Mitch McConnell have publicly rejected. Obama finally walked out of the room. Boehner said nothing.

Does anyone still believe Boehner and Cantor are on the same page? As Assistant Democratic Leader James Clyburn quipped on MSNBC, "If they've got a good relationship, I don't want to see a bad one."

Cantor, in fact, doesn't seem to have grown up much since he graduated from high school, when he summed up his approach to life with this quote: "I want what I want when I want it." Today he wants to be speaker so badly he'll shut down the government if he thinks that's what it takes to get it.

According to Congressional Democrats, Cantor may have another motive for not raising the debt ceiling. Several House Democrats have circulated a resolution questioning Cantor's investment in ProShares Trust Ultrashort 20+ Year Treasury ETF, a fund that "takes a short position in long-dated government bonds." In effect, Cantor is betting against U.S. government bonds. If the United States does default on its debts, the value of his investment would increase substantially. Which raises at least the appearance of a serious conflict of interest.

And caught in the middle is poor John Boehner. Not only can he not deliver his own caucus. He can't even deliver his own number two guy. Because, as everybody on Capitol Hill knows, Cantor is not really number two anymore. In everything but name only, he's number one.

It's Cantor, not Boehner, who has the trust and confidence of tea party freshmen. It's Cantor, not Boehner, who's calling the shots. It's Cantor, not Boehner, who will ultimately decide what Republicans in the House will accept, and what they will not. And there's nothing John Boehner can do about it. Because he knows that the power-hungry Cantor has a switchblade in hand, ready to stab him in the back at the first opportunity.

The problem for the nation is that President Obama will never be able to make a deal to raise the debt ceiling and make a significant down payment on the deficit until Republicans resolve their intramural squabbling. So John Boehner should simply resign and let Eric Cantor take over, after all, Cantor's already acting as speaker. He might as well have the title.

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Hugh Hewitt



Not An Endgame, But the End of Beginning of the Campaign

President Obama unleashed his inner Alinskyite on Wednesday, storming out of a meeting with Congressional leaders and White House staff after threatening the GOP House Leader Eric Cantor with a parting "Eric, don't call my bluff."

Presidential it wasn't, and loyalists in the MSM immediately began to spread covering smoke from Obama allies like Harry Reid blaming the GOP Leader for refusing to be filibustered or bullied in the long series of pointless meetings arranged by a desperate president to try and change a political dynamic that sees his approval rating plummeting in poll after poll.

Last month in New Hampshire, would-be GOP nominee Mitt Romney pronounced this a "failed" presidency, and evidence for that conclusion is mounting daily as the president, either overwhelmed by his own incompetence or frozen by his extreme ideology --or both-- finds himself unable to lead. The petulance that marks the president whenever he is in a jam returned, and the instincts of the old "community organizer" took over, and the collision with Cantor underscored Obama's sheer inability to cope with opposition.

The GOP won the last election, of course, and in overwhelming fashion. The electorate renounced the vast spending and indiscipline of Obama's "stimulus" and Obamacare and demanded a retrenching, but not via a massive hike in taxes.

As Paul Ryan pointed out on my program Thursday, massive tax hikes are already built into the law for 2013 thanks to Obamacare. The president's insistence on even more taxes now is simply an attempt to turn America into Western Europe, and this is not where the country voted to go. From Ryan:

Let's never forget the fact that the first two years of the President's presidency, they passed all these tax increases that kick in, in 2013. So people don't know this necessarily, yet, but the U.S. economy is going to get hit starting in 2013, you know, a little more than a year from now, with about a \$1.5 trillion dollar tax increase. And it's a tax increase that uniquely hits job creators, small businesses. More than half our jobs come from successful small businesses. They file as individuals. They're the ones that bear the brunt of this, and we wonder why we're not creating jobs today, because we're going to have a huge tax increase that's already going to hit these businesses, and they're saying yeah, we spent all this money, now help us raise some more taxes on top of this to pay for it. And we're just not going to go down that path.

The Congressional Republicansthushavetoprepare

Courtesy of www.hughhewitt.com

BUSINESS TODAY

The latest on Business News, Trends and Techniques

THE MOST SACRED COMPONENT
Your Business Plan

by La Quetta M. Shamblee, M.B.A.

There is an ongoing debate about whether a business plan is even necessary to launch or grow a business, and certainly there are many people who proceed and enjoy varying degrees of success (or not) without ever preparing one. However, there is broad consensus regarding the benefits of what an entrepreneur gains by going through the process of developing this document. It requires you to think about and document your business concept and all of the things needed to implement your ideas. The research to learn about your industry, competitors and vendors will give you more information to use to your advantage.

At the very least, it has the possibility of forcing you to consider and prepare for some things that may help you to avoid unnecessary headaches, expenses and hardships. You will be better equipped to adjust to the inevitable changes and challenges that come with owning and operating a business. Without exception, a business plan will be required if you plan to pursue investors or apply for any types of business loans.

The cost of a business plan can range from several hundred into several thousands. Even if you plan to hire someone to prepare your business plan, you will still be directly involved in providing them virtually all of the information regarding your business concept and specific details of what you plan to manufacture or sell. Therefore, you should consider developing an initial, shorter summary business plan using one of

the many free online resources.

One of the best free online tools is the Business Plan For A Startup Business by S.C.O.R.E. (Service Corps of Retired Executives). This 31-page book lays out a sequential process to help you prepare a business plan. It includes an Executive Summary and seven major sections: General Company Description, Products and Services, Marketing Plan, Operational Plan, Management and Organization, Personal Financial Statement and Start-Up Expenses and Capitalization.

This user-friendly business education tool prompts you with a series of questions to help you develop each section. When you finish, you will also have a basic business plan that can be expanded and modified as needed in the future. Don't worry about your writing skills. The most important thing is to document your responses to the questions. Later, you can have your document "polished" by someone with strong business writing skills.

If you will commit to this "Do It Yourself" process, you will also keep your expenses down in the event that you need to hire someone to develop a more elaborate and detailed business plan. It will save time on the front end, which will cost you a lot less to hire a professional consultant or attorney who typically charges by the hour for this service.

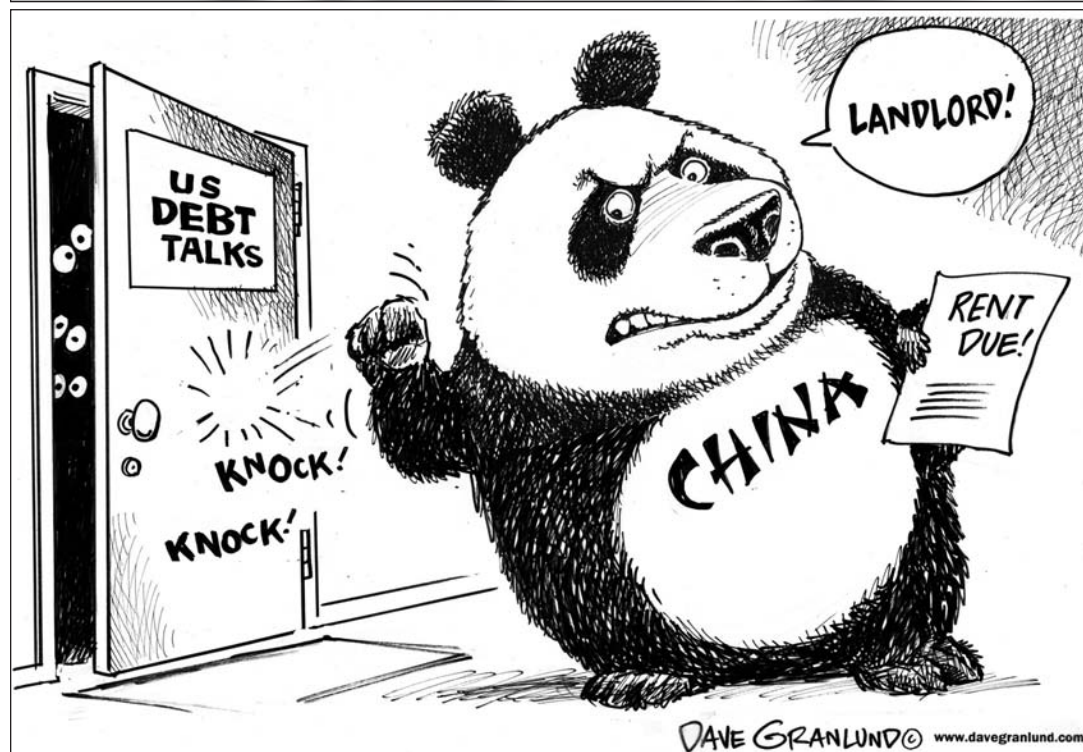
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Hot Off The Press:

Governor Brown Signs SB 48 To Recognize Contributions of LGBT Americans, Pacific Islanders and Persons With Disabilities

SACRAMENTO - Governor Edmund G. Brown Jr. today issued the following statement regarding SB 48 by Senator Mark Leno (D-San Francisco):

"History should be honest. This bill revises existing laws that prohibit discrimination in education and ensures that the important contributions of Americans from all backgrounds and walks of life are included in our history books. It represents an important step forward for our state, and I thank Senator Leno for his hard work on this historic legislation."

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The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL Hamilton My Turn

Adios, Space Shuttle



I grew up with NASA and the manned space program. I can remember all the milestone Mercury, Gemini, Apollo and space shuttle missions. So it is with a great sense of loss and sadness that I see the United States, the nation who pioneered and indeed perfected space travel, turn away from what President Kennedy called the "New Frontier."

For more 30 years, since the first flight of the Columbia on April 12, 1981, the shuttles have been America's primary space transportation system. After Atlantis completes its final mission this Thursday, the only way for Americans to get into space will be on board the Soyuz rocket.

After three decades of watching the sleek, modern shuttle launch, Americans must get used to the idea that NASA's immediate future will rely on Russia.

It was President George W. Bush who decided six years ago to retire the shuttle fleet this year and build another mode of transportation into space. That is a move that, according to reports, even surprised Russian space officials. It was also a surprise for the overall space community because of the shuttle's uniqueness as a system, both as orbiting platform and as space transport vehicle.

The plan was for the U.S. to build another space vehicle, one that could eventually carry Americans back to the moon and Mars. But NASA didn't have enough time or money to get it done.

Despite that fact, President Obama and congress have decided not to extend the life of the shuttles until a new spaceship is built.

Do Americans actually know that we're not going to have a human space flight program for a while, maybe quite a while? And more importantly, can we believe the assurances from NASA that we'll be flying again in five or six years?

NASA officials point out America

has been relying on Russia for years, launching many astronauts on board the Soyuz. And they say America will still lead the International Space Station. They say we still are leading in space; we're just doing it a different way.

But I'm not so sure. In today's political environment the operative words are balance the federal budget and reduce the national debt. If we're not willing care for our seniors or invest in the future of our children, why does anybody think that a new space vehicle will funded or flown?

I think the United States is making a serious mistake giving up the shuttle because technologically, it's still the most advanced space vehicle in the world, and really -- when you get right down to it -- there's no reason not to continue to fly it until a new spaceship is ready to replace it. Without the shuttle, NASA has no way to get large cargos into space and that will make it more difficult to operate the space station.

And what about the Hubble Space Telescope? How is it to be maintained

and repaired without the shuttle? For the United States to be in this position is the epitome of poor planning, and surely doesn't exhibit a very good vision for the future.

Who would have thought America would simultaneously suffer a failure of nerve by exchanging its can-do engineers for a can't-do bloated bureaucracy combined with an ultra-hogish military and needlessly blow its national treasure on several avoidable foreign wars, nor how quickly it could happen?

Add to this the lack of replenishment of educated scientists thanks to a disastrously broken educational system and you get a perfect storm of political incompetence and bureaucratic ignorance that is threatening the once fantastically successful American manned space program.

Talk about Gulliver being tied down by a thousand tiny tethers! Which is precisely why the first boots to touch down on the Martian surface will likely be Russian or Chinese, not American.

STUART Tolchin.....On LIFE ARE DISASTERS INEVITABLY DISASTROUS FOR EVERYONE?



Right now the news is focused upon another potentials disaster. Honestly, I don't understand very much about the probable consequences of a Congressional failure to increase the debt ceiling. It all seems contrived to me like some nation-wide advertising technique. It reminds me of the way Law Book Sellers would come to my office and breathlessly ask if I was aware of the latest Legal Opinion that just came down and would change everything. "What you don't know about it? Don't worry I can help. Just buy this new set of books which just came out and will explain everything." Sure, it would.

About three years ago this book came out called the Shock Doctrine by Naomi Klein. The subtitle of the book is 'The Rise of Disaster Capitalism.' The book discusses post World War II history to explain how artificially induced social and economic crises are manipulated by corporations so as to impose alternatives to existing policies. These policies inevitably involve tax cuts, free trade, privatized services, and cuts to social spending and deregulation from a

weakened and downsized government. Sounds familiar, doesn't it?

Remember when families used to sit around together and play non-electronic games like Monopoly. I remember the games seemed to go on forever and at some point I would lose interest and just want the game to end. Other players were capable of staying focused and I think would capitalize (interesting use of the word don't you think?) and would take advantage of everyone else's inattention and they would win and I would lose relieved that the game eventually ended. It's funny to look back on these Board Games nostalgically. The technology that surrounds everything right now tends to make everything seem more immediate and frightening.

Speaking of modern technology, today a friend e-mailed me this You Tube link which involved 3 D printing. Maybe you are aware of this I was not. There are printers which can make actual working copies of physical objects that contain moving parts and the copy then functions like the original. In the link that was sent to me a Crescent Wrench, a big strong metallic Crescent Wrench with an adjustable opening, was copied and the copy functioned just like the original. My friend Gene was visiting for a few days

and I called him upstairs to view the You Tube link. He watched it and then just started to walk downstairs. I asked, "So, what do you think?" He very quietly said, "It kind of kills your sense of Wonder."

He's right you know. Modern technology has advanced so rapidly that most of us are simply left benumbed. It is just as Naomi Klein described. Already a lot of us are in a state of collective trauma such that when a new natural disaster occurs like Hurricane Katrina, or the Sri Lanka tsunami, or the Japanese Nuclear Plant meltdown, of the possibly artificially induced financial crises that threatens us today, or the Traffic Jams that threaten us next week many of us will just want the crises to end. We are already overtired s just like we became tired in the Monopoly Game; and if we will allow ourselves to be manipulated and distracted....WE WILL LOSE.

I believe President Obama is allowing himself to be manipulated by the Republicans who control the House of Representatives and I am fairly certain that the middle class (that's you and me and everyone who is not super-rich) will once more be forced to suffer while the very rich profits. It's disgusting and so predictable. At the end of her book Naomi Klein describes how entire

populations become powerless; in the face of awesome forces, parents lose the ability to save their children, spouses are separated, homes-places of protection-become death traps.

I'm afraid that many of us already believe that there is no escape from the disasters, whether real or artificial, and that in the end we are all doomed. Really I don't believe this. In my last few columns I have tried to focus on the positive and be optimistic and talk about the importance of our attitudes toward life. Today my sister e-mailed me some jokes and I think this is the right track to take. Really, life is still good and we must eat well, sleep well, be responsible in taking care of our families, and be diligent in our work. In other words, if we can keep our awareness and not allow ourselves to go into a State of Shock, we will not lose. It is a long arduous game, but it is the game of our lives and it is worth taking seriously. I subscribe to Ode Magazine, the Magazine for Intelligent Optimists. The cover of the issue which arrived today says in Big Blue Letters, ALL in ONE, and these words are encircled by the hands of all races linked together. People will save people—we just have to hold on.

RICH Johnson WHATEVER HAPPENED TO...



I know there is another article in this paper regarding this topic. This one takes a look at some of our well know television actors over the last 40+ years. I trust you are in the middle of a wonderful July 4th weekend! So on with the whatever's:

Gary Burghoff – You remember him as "Radar O'Reilly" on Mash. He is the only actor from the original film to be cast as a regular in the TV series. He was one of three actors who left M*A*S*H hoping to capitalize on his fame on the show. It didn't work out well. He is a painter, a professional jazz drummer (which is extraordinary as he left hand suffers from dysmelia, withered and misshapen fingers.) Also, he holds the patent on a fishing tackle invention called the "Chum Magic." He lives in Paradise, California.

Max Baer, Jr. – You know him as "Jethro Bodine" on the Beverly Hillbillies show. Unlike his character Max graduated with a BS in Business Administration. His motivation to go to college may be he first followed in his dad's footsteps. His dad was a famous boxer named, coincidentally

Max Baer. He didn't like boxing because he said it hurt when he got hit. In 1976 he acquired the rights to the Bobbie Gentry song "Ode to Billie Joe" and transformed it into a movie. There is one degree of separation between me and Max Baer, Jr. My friend Chuck plays golf with him and thinks Max is a wonderful guy.

Lynda Carter – You know her as "Wonder Woman" on the TV show. She won a beauty contest and ended up becoming Miss World USA in 1972. She appeared in a variety of movies like "The Creature of the Sunny Side Up trailer Park". She is married to a Washington D.C. attorney named Robert Altman. She has two children and lives in Maryland.

Shaun Cassidy – The brother of David Cassidy, Shaun was also a heartthrob to many teenage girls in the early 1970s. He co-starred in a TV series, "The Hardy Boys", and had a variety of pop hits including a version of the 1963 Crystals hit, "Da Doo Ron Ron." After a second series based on the bicycle movie "Breaking Away" Shaun climbed over to the other side of the camera and has been a writer and producer. His shows include "Cold Case", "The Mountain" and "Invasion." He is

married and has a total of five children through three wives.

Mickey Dolenz – You know him as one of the zany band members from "The Monkees", a TV series patterned after the Beatles first film, "A Hard Day's Night." Mickey was already known as a child actor having starred in the 1956 series "Circus Boy." Post Monkees Mickey tried to kick start a solo music career. There have been a variety of Monkee reunion tours. Also, he did well providing voice-overs for a number of Saturday Morning cartoons. He is also the voice of "Snuggle the Fabric Softener Bear." In 2005 he became the morning DJ on Oldies radio WCBS-FM in New York for a short period of time. He has four daughters one of them actress Ami Dolenz.

Barbara Eden – You know her as Jeannie on the sitcom "I Dream of Jeannie". She was born Barbara Jean Morehead in Tucson, Arizona. Her post "Jeannie" career consists mostly of the stage. She is a singer so she was in a number of musical comedies. From 2000 to 2004 she toured in "The Odd Couple...The Female Version." She played the neat one. A second biography was released just this year. "Jeannie Out of the Bottle." She had one son who died due to drugs.

REV James L. Snyder



Whoever said, "All good things must come to an end," knew whereof he spoke. Why is it that something really good goes by so quickly and something really bad hangs around forever, or so it seems.

Let me explain a little bit of what I mean.

When the Gracious Mistress of the Parsonage, over my vociferous objections, cooks broccoli, the smell stays in the air for months. However, the invigorating aroma of an Apple fritter dissipates in a matter of moments. Except, of course, when I'm trying to eat one behind you know whose back and she can smell it five days before I eat it.

"I don't smell an Apple fritter do I?" she inquires.

"You're not eating an apple fritter?" she prods.

"There better not be any apple fritters in this house," she demands.

My philosophy is simply this, what she can smell can't hurt me. The only problem is, she can smell, and usually it's a rat, namely me.

However, if I would pontificate 1/10 of the time about the smell of broccoli in the house I would not have to worry about smelling broccoli in the house. If you know what I mean.

But if it is good, it seems to go by so very quickly. This past week something very good came to a very conclusive end. Through no effort of my own, I concluded the fifth decade of my life. I am just glad that at the conclusion of this decade I was around to see it. What I remember about the 50s is another matter altogether.

A FAREWELL TO THE 50S

As part of the baby boomer generation, another birthday boomed for me. This boom was a very significant one. I have bidden a fond farewell to my 50s. Ah, what a decade that was. It is a very good thing that the 50s come between the 40s and the 60s. Whoever devised this scenario knew something about human nature.

When you are in your 40s, you, for some unknown reason, think you are still in your 20s. Many people in their 40s have bought into the notion that the 40s is the new 20s. Henceforth, most people, usually men, treat their body as if it was a 25-year-old man in perfect health. Now, a 45-year-old body does not have the wisdom to realize that it is no longer 25. And so you have men in their 40s running and jumping and doing things that their body thinks it can do but it really can't.

A body in the 40s is not mature enough for pain to register. In fact, no man in his 40s would acknowledge the fact that he has the pain. His wife, contrariwise, acknowledges the pain in her life. But that's another story.

Once a man gets into his 50s, he has matured enough to the fact that he knows there are many things he physically cannot do. He knows, for instance, a 50-something body is not like a 20-something body, therefore, he can begin slacking off on the physical stuff. Although, some 50-something men have not matured enough to understand the significance of the fifth decade.

But in spite of all of that, the 60s have been a wonderful time for me. It is during the 50-something the man accomplishes most of his work. During his 40s, he is trying to pretend he is still in his 20s, but by the time he hits that magic 50, he is more interested in accomplishing things in his career. Work is very important at this phase of life.

And work he does, because at this stage he has a mortgage, a family and bills coming out both his back pockets faster than it goes in. If he has children, he enters the 50s with several teenagers in the house and maybe

some grandchildren. This is enough to drive any man to work, if not crazy. For any man to conclude the fifth decade without permanent residence in the Looney farm is quite an accomplishment.

By the mid-50s, things begin to become all quiet on the Western front. Many people refer to this as the empty nest syndrome. All I can say is, hallelujah for the empty nest syndrome. I just hope some doctor does not come up with a cure for this empty nest syndrome.

The empty nest syndrome is God's way of saying thank you for bringing up your family. Now, the house is all quiet and when I go to the refrigerator, there is actually something in the refrigerator. Sometimes I just open the refrigerator door and stare at the contents. It is wonderful to go to the refrigerator and actually find something in it you can eat.

It has been a little difficult for me to say farewell to the 50s. I have enjoyed every year of that decade. I am not prepared to say that I am any wiser but I am prepared to say I am older. And my goal in life is to get older and older. Because, when you stop getting older it is all over.

The Bible gives him instructions about getting older.

"The glory of young men is their strength: and the beauty of old men is the grey head" (Proverbs 20:29 KJV).

"The hoary [grey] head is a crown of glory, if it be found in the way of righteousness" (Proverbs 16:31 KJV).

I bid a fond farewell to the 50s. Thanks for the memories.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

Looking Up with Bob Eklund

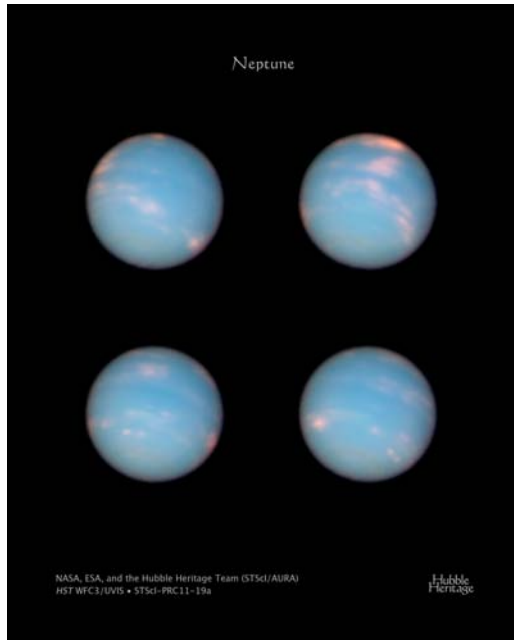
Neptune Completes Its First Circuit Around the Sun Since Its Discovery

On July 12, 2011, Neptune arrived at exactly the same location in space where it had been when it was discovered nearly 165 years ago, completing one full orbit. To commemorate this event, NASA's Hubble Space Telescope has taken a set of "anniversary pictures" of the giant blue-green planet. Neptune is the most distant major planet in our solar system. German astronomer Johann Galle discovered it on September 23, 1846. The discovery doubled the physical size of the known solar system. The planet is 2.8 billion miles from the Sun, 30 times farther than Earth. Under the Sun's weak pull at that distance, Neptune plods along in its huge orbit, slowly completing one revolution every 165 years. Four Hubble images of Neptune were taken with the Wide Field Camera 3 on June 25-26, during the planet's 16-hour rotation. The snapshots were taken at roughly four-hour intervals, offering a full view of the planet. The images reveal high-altitude clouds in the northern and southern hemispheres. The clouds are composed of methane ice crystals. The giant planet experiences seasons just as Earth does, because it is tilted 29 degrees—similar to

Earth's 23-degree tilt. Instead of lasting a few months, each of Neptune's seasons continues for about 40 years. The snapshots show that Neptune has more clouds than a few years ago, when most of the clouds were in the southern hemisphere. These Hubble views reveal that the cloud activity is shifting to the northern hemisphere. It is early summer in the planet's southern hemisphere and winter in its northern hemisphere. In the Hubble images, absorption of red light by methane in Neptune's atmosphere gives the planet its distinctive aqua color. Neptune has an intriguing history. It was Uranus that led astronomers to Neptune. Uranus, the seventh planet from the Sun, is Neptune's inner neighbor. British astronomer Sir William Herschel and his sister Caroline discovered Uranus in 1781. Shortly after the discovery, Herschel noticed that the orbit of Uranus did not match the predictions of Newton's theory of gravity. Studying Uranus in 1821, French astronomer Alexis Bouvard speculated that another planet was tugging on the giant planet, altering its motion. Twenty years later, Urbain Le Verrier of France

and John Couch Adams of England, who were mathematicians and astronomers, independently predicted the location of the mystery planet by measuring how the gravity of a hypothetical unseen object could affect Uranus's path. Le Verrier sent a note describing his predicted location of the new planet to the German astronomer Johann Gottfried Galle at the Berlin Observatory. Over the course of two nights in 1846, Galle found and identified Neptune as a planet, less than one degree from Le Verrier's predicted position. Actually, Galle was not the first to see Neptune. In December 1612, while observing Jupiter and its moons with his handmade telescope, Galileo Galilei recorded Neptune in his notebook, but he thought it was a star. More than a month later, in January 1613, he noted that the "star" appeared to have moved relative to other stars. But Galileo never identified Neptune as a planet, and apparently did not follow up those observations—so he failed to be credited with his discovery. Neptune is too faint to be seen with the naked eye, it but can be seen in binoculars or a small telescope. Currently it is located in the constellation Aquarius, close to the boundary with Capricorn.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding where the jobs are located and how to get pass the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering your questions, but I will be totally honest. My objective is to help you achieve your employment goal.

Dear Jai: A friend said that I should write a functional resume instead of a chronological resume because I have over 15 year's professional accounting experience. I am currently seeking a Senior Accountant position with an accounting firm. Which style of resume should I use? Malik

Dear Malik:

If you have extensive years of experience with one company and in the same professional field then the functional resume is most likely the right format for you to use. A functional resume is an acceptable format to use if you have: gaps in your work history, over 10 years experience with one company, changing careers or industry. A functional resume is not easy to write and I have seen numerous versions. This type of resume could also throw up a "red flag" for some employers who feel that functional resumes are written to hide job seekers inadequacies. A well written functional resume should highlight only those transferable skills and accomplishments that relate to the new position that you are currently seeking. This is an excellent resume format to highlight your areas of specialization in accounting. The resume layout should include the following: A dynamic summary statement at the top of your resume that will capture the employer's attention. Next, headings for each area of specialization (i.e. finance, auditing, customer service). Each heading should highlight your quantitative and qualitative accomplishments. Then chronologically list your work history. Only list the company name, location and dates of employment. Include a heading for skills that relate to your area of specialty. Add your educational history and other related headings.

Recruiters and hiring managers receive thousands of resumes daily and take approximately 10 seconds to review each resume. The functional resume usually requires an employer to spend more than 10 seconds to review. Most employers will not take that time. You as a job seeker want to ensure that your resume is always reviewed for consideration. Therefore, I strongly suggest that you consider writing a chronological formatted resume. This type of resume is currently preferred by employers and recruiters and can easily be reviewed by them within 10 seconds. This format is great if: you are looking for employment in the same field, you have professionally advanced, your skills and work experiences are consistent. The chronological resume can easily be converted by you to an electronic resume and uploaded into employer databases. Finally, only you can decide which resume format best represents you, your accomplishments and skills.

Everything you ever wanted to know about how to find a job but did not know who to ask. Ask jai. Send your questions to jai@resumeandcareerservices.com or visit website www.resumeandcareerservices.com.



by **Chris Leclerc.**
Canyon Canine Dog
Walking & Pet Sitting Services

ANSWERED PRAYER FOR BIRDS OF PREY

Last Tuesday, while working on a project at home, I had neglected to turn off the television after watching the morning news, and I happened to over-hear a very interesting short documentary segment that featured an interview and on-site visit with Kimberly Stroud, director of Ojai Raptor Center, in Ojai, California. I was immediately drawn-in to the broadcast when I heard Kimberly say, "There are many things you can do in your life, but when you find something that truly fulfills your heart, that is a good thing." I love hearing such positive comments, particularly on the news, and I could so relate to the sentiment of what Kim had to say, because just a few years ago I chose to forfeit my "corporate career path" to pursue what my heart was telling me to do. My alternate calling happens to be that of spending time with domestic animals. Kim Stroud apparently received a similar message from her heart several years ago, but her heart's callings was to care for and tend to the immediate and very unique needs of injured and orphaned wild animals and birds of prey. After watching the short segment about Ojai Raptor Center, I decided to look them up on line for more information.

Nestled neatly in the silent and somewhat sleepy hills north of Ventura, the Ojai Raptor Center (ORC) is a non-profit, all volunteer organization devoted to rescuing birds of prey and a variety of other wild animals in need of human intervention and care. Ojai Raptor Center's mission is focused on helping and healing injured or orphaned wild animals, particularly birds of prey, and doing whatever it takes to prepare them for release back to their original habitat. Licensed by the California Department of Fish & Game, Ojai Raptor Center facilitates an average of up to 1,300 needy wild animals per year.

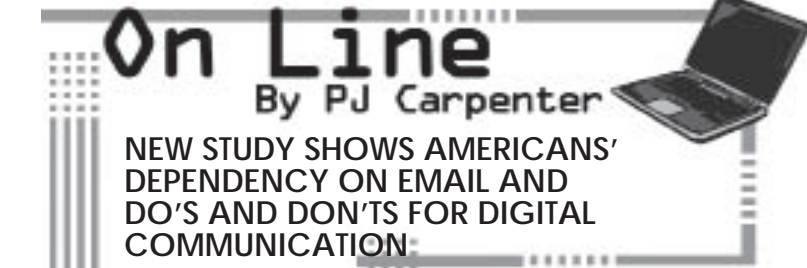
They provide emergency medical attention and on-going rehabilitation assistance to the animals they take in, with the goal of releasing them back to the wild from which they came. Unfortunately, many of the animals they take in and care for, cannot be released to the wild, due to physical ailments and conditions that render them too vulnerable to survive. In this case, the ORC provides continued care and comfortable surroundings that are as close

to their natural habitat as possible, throughout their lifetime. ORC networks with other qualified wild animal rescue and care facility centers when necessary, to help ensure immediate & proper care. There are a number of reasons why wild animals are rendered unable to sustain themselves or survive in their own natural habitat, and Ojai Raptor Center is committed to being there for each creature, whatever the circumstances. Most of the wild animals that end up at ORC come as the result of an emergency call through their telephone hotline. They accept emergency calls 24-7 and they are always willing to help a wild animal in need.

ORC employs the most humane, one-on-one intimate rehabilitation techniques possible, focusing on a very peaceful transitional method, in hopes that the animal will become strong enough to be released. Their goal is to release animals back into the same location that they were found in, or in an area close-by with a healthy "prey-base", for optimal conditions to re-establish themselves in a familiar habitat.

So much goes into a project such as Ojai Raptor Center. Federal, state and local laws must be complied with, and each animal has it's own needs in terms of food and facility. It takes a lot of effort and funding to maintain such a facility. There are a lot of "behind the scenes" animal lovers involved with keeping the ORC active, and for that I know Kim and her cohorts are very grateful. But there is always a need for more help. There are many ways that interested individuals can help out, both financially and on a volunteer basis. Ojai Raptor Center's fifth annual fund-raising event, entitled "FOR THE BIRDS, V" will be held on October 8, 2011, which will include a fabulous concert featuring renowned artist/musician Rain Perry in the park at Ojai, as well as a silent auction and lots of other fun activities.

Being the animal lover that I am, it didn't take much to prompt me to become a "sponsor" for such a worthy cause. It was so easy, and it only took a few minutes of my time. If you would like to help ORC in their effort to continue caring for wild animals in need, please visit: ojairaptorcenter.org or e-mail: ojairaptorcenter@gmail.com for more information. Rest assured, the birds of prey will definitely appreciate your answer to their prayers!



NEW STUDY SHOWS AMERICANS' DEPENDENCY ON EMAIL AND DO'S AND DON'TS FOR DIGITAL COMMUNICATION

This week I thought I would let someone else do the talking! Paul

(NAPS)—More than ever before, people rely on digital communication, such as email, instant messaging (IM) and texting, to stay connected and get things done. And our evolving online behavior reveals a lot about our habits and values. A new survey conducted by Yahoo! Mail shows the average adult is highly invested in email, regularly using three email accounts—two for personal use and one for work use. The Yahoo! survey also finds a growing number of adults are "hooked" to their email, with two in three adults checking their email as soon as they wake up, up from only 41 percent last year. "We're wired 24/7—or at least many of us feel like we need to be, lest we miss something important at the office or what's happening with family and friends. For better or worse, there is almost a compulsion to check in and be 'in the know' all the time," noted Yahoo! Web Life Editor Heather Cabot. The new survey, which polled more than 2,000 people in the United States, asked in-depth questions about email accounts and acceptable email behaviors. The key findings include: People have multiple e-personalities: Yahoo! found that adults are heavily invested in email, with the average person having a total of about three email accounts, all of which are checked on a regular basis. Breaking up is still hard to do: Thirteen percent of adults think it is appropriate to

end a relationship via email, IM or text. The study also shows that men are more likely than women to end a relationship via email, IM or text. We are snoops: One in five people admit to having read their significant other's email without that person's knowledge. email appetizer: The majority of adults check email very frequently, with 48 percent checking their inboxes during meals. You're being judged: Many adults, especially women, have negatively judged someone based on an email, grammatical errors or even an email address. The clock is ticking: Most adults believe there is a finite period of time in which someone can respond to an email. When it comes to personal mail, 86 percent of adults think an email should not go more than a week without a response. Personal life at work: Sixty-eight percent of adults check personal email while at work. iAppreciate it: Seventy percent of adults believe it's OK to send thank-you cards/notes for gifts via email. First email, then driver's license: Eighty-one percent of adults would allow their child to have his or her own email account before the age of 15. With more of our precious time spent online, it's essential to find new ways to streamline our digital lives. Luckily, Yahoo! Mail provides apps to send large files via YouSendIt, view pictures, use PayPal and send Evites without leaving your inbox—making it easier to respond to emails and mind your manners.

KATIE Tse.....This and That Blue Teeth

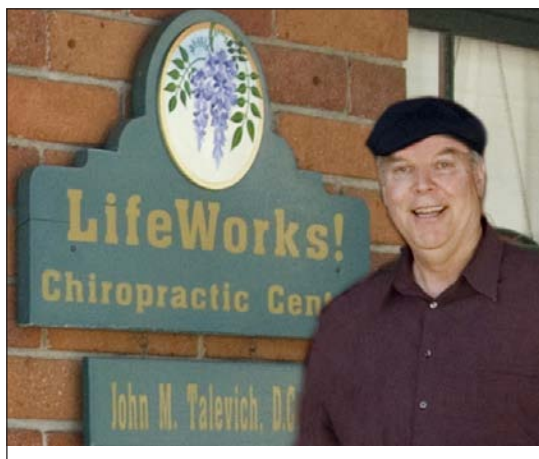


There's a continuum of techi-ness in the world, and we all fall somewhere along its spectrum. It's commonly thought that young people are more technologically savvy than their older counterparts, but I present myself as evidence to the contrary. Although I might not be the best example, since I'm a 'closet' old person (but that's a whole 'nother article). In high school, one of my friends had to stop me from trying to microwave a quesadilla in tin foil. By 2001 my family was still behind the culinary revolution, and had not yet updated our kitchen with a microwave. This gives you some clues as to where I fall on the tech scale.

Opposites attract, and my husband is higher tech than me. Recently he very sweetly bought me a "souped-up" phone. I didn't use my old phone to its full potential, but I thought I was doing pretty good texting and taking pictures. This new phone has GPS, maps, and the internet. I won't have to squint at my Thomas Guide on the side of the road, and I'll be able to recycle the many phone books curling with age in the back seat of my car. If my reasons for the phone books aren't apparent, let me explain. Suppose you are out on errands and realize you don't know how late a store is open. You, having a nifty phone, can just look them up to find out. But those of us on the lower end of the spectrum rely on bulky white and yellow pages. Yes, this is certainly a milestone in my technological development! One thing I have no desire to get, however, is a Bluetooth headset! I know many nice people who own these, (and I apologize to you), but for the most part those things flat out bug me. I'm not talking about the people who only use them for the occasional call while driving. I'm talking about the people who wear theirs so often they forget to take them off in the shower. How many times have you been talking to someone, with some blinking thing from Star Trek clipped to the side of their head, when suddenly they start talking to someone else? The conversation goes something like this: Me: "Your daughter's so cute! How old is she now?" Them: "She just turned three." Me: "I bet she loves preschool!" Them: "Yeah, the French one." Me: "Huh? They're teaching her French?" Them: "It's closer and we don't feel like Italian." Me: "Yeah, I guess you gotta go with what's important to you." Them: "Oh, sorry! Were you saying something?" Besides the communication pitfalls of blue teeth, they seem to send the message, "I'm so important I must be accessible at all times!" I've just finished reading "The Narcissism Epidemic: Living in the Age of Entitlement," and it's enlightened my perception. I understand the need for a blue tooth if you're a doctor on call or provide some other vital service. But if you're only using it to shoot the breeze with your buddy on the West Side, while someone else has mistakenly thought you were interested in what they had to say, that's just rude. It's a trite observation that technological progress and conversational norms have a negative relationship. Why speak to someone when it's easier to email or text? And why even mention their name and your name in an email? They know who they are and they know you sent it. I regret I, too, am guilty of these infractions. I'm always reminded of the importance of good, old conversational manners when I talk to my dad's cousin, Phil. Phil doesn't own a computer, and as far as I know, doesn't have a cell phone either. Phil calls or writes. He also has the grace to inquire how I am and so forth before cutting to the chase. It's very refreshing talking to him in an age when there seems to be no time for niceties. While blue teeth abound, I can always count on Phil's undivided attention!



YOUR HEALTH MATTERS

Today's Subject:
SPINAL SURGERY

Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

In the July/August edition of the AARP magazine, an article by Karen Cheney titled "Four Surgeries to Avoid" included a discussion of complex spinal fusion. Essentially, this surgery has become the treatment of choice for spinal stenosis, a condition where the spinal cord and its nerves become compressed due to abnormal changes in surrounding tissues. Between 2002 and 2007, there was an astounding 1400% increase in the number of these surgeries performed! With an increasing interest in approaches to back pain, you might think there would be a major breakthrough; however, this isn't the case. In fact,

across the board most fusion patients did not experience any more relief than those that used physical and behavioral therapies. Additionally, those who opted for the fusion surgery were three times more likely to suffer from life-threatening complications than those choosing less-invasive surgeries and, in some studies, surgery worsened the condition. The article goes on to state that possibly less than 5% of all back surgeries are even necessary. The upshot? "Try a conservative approach including physical therapy, cortisone injections, acupuncture and medications."

Not So Fast!

We need all the information we can get regarding our health care needs. Sometimes, though, good information could be better. Let's start with chiropractic, the only approach that has demonstrated consistently through numerous studies that it is, hands-down, a superior treatment for back pain. Not good enough? Combine chiropractic with techniques such as Pilates, Physio-synthesis, yoga or Alexander to enhance and strengthen postural integrity. More? How about losing excess weight, eating healthy, noninflammatory foods, and adapting an attitude that is conducive to healing? Take the reigns for your good health. Begin with lifestyle changes and increase your chances to avoid being a spinal fusion patient. If, in the end, you choose surgery, include your health team of chiropractor, nutritionist, therapist, coach and anyone else who stands for your vital life ~ both going into the surgery and coming out of it. That is clearly choosing the right thing ~ for YOU.

Have a healthy week! Dr. John

John M. Talevich, D.C.
CHIROPRACTIC: Simple, Elegant, Effective
31 S. Baldwin Avenue Sierra Madre, Ca. 91024
626-355-4710

HOW SENIORS CAN SHAPE UP
WHILE SITTING DOWN

Dear Savvy Senior,

What can you tell me about chair exercises for seniors? I have some balance problems along with arthritis in my left knee which limits my mobility. A friend recommended chair exercises as a good way to get moving but I don't know where to start. What can you tell me?

Sedentary Senior

Dear Sedentary,

For seniors with balance problems or other health conditions that restrict their mobility, chair exercises are a gentle and safe way to shape up while you're sitting down. Here's what you should know, along with some tools and resources to help get you started.

Chair Exercises

Many people find it hard to believe, but the health benefits of chair exercises can be significant for seniors. Chair exercises can help you build muscle strength and endurance, improve your flexibility and balance, and boost your circulation and metabolism.

Your doctor or physical therapist can be great resources to help you learn more. All you need is a sturdy, four-legged chair that sits flat on the floor. Don't use a rocking chair or a large cushioned chair that doesn't provide support.

To get you started, there are lots of great instructional DVDs, VHS tapes and books you can purchase to guide you through a wide variety of chair exercises that you can do at home. To find these products try websites like Sit And Be Fit (sitandbefit.org, 888-678-9438), a non-profit organization that has a chair exercise television program on many PBS stations around the country, and sells dozens of DVDs, videotapes, CDs and books on different exercise programs depending on your needs and ailments.

Another great chair fitness option you should check into is "chair yoga," which is ideal for improving your flexibility and range-of-motion. Some good resources for finding chair yoga instructional videos and DVDs are yogaheart.com, peggycappy.com and strongerseniors.com which also offers chair exercise DVDs.

Also see Chair Dancing International (chairdancing.com, 800-551-4386), a company that offers a variety of chair exercise videos that incorporates gentle no-impact dance moves into their routines.

Group Classes

If you don't like exercising alone or need some motivation, call your local senior center to see if they may offer chair exercise classes – many do. Or, consider joining SilverSneakers (silversneakers.com, 888-423-4632) or Silver&Fit (www.silverandfit.com, 877-427-4788). These are



fitness programs offered in fitness centers, gyms and YMCAs throughout the U.S. that offer special exercise classes designed exclusively for seniors including chair exercisers.

Exercise Equipment

There are also several pieces of equipment you might want to purchase to enhance your chair exercises. To boost your circulation, balance and leg strength consider a pedal exerciser (prices range from \$25 to over \$100), which will give you a bicycle-type workout from your chair. It can also be set on a table to exercise your arms. The Sit-N-Stroll Portable Foot Exerciser is another handy tool for stimulating leg circulation.

And for chair strength training exercises, there are elastic bands, small hand weights and medicine balls you can purchase for around \$10 that provide muscle toning resistance. You can find all these products at sporting goods stores, or online at amazon.com. Cans of soup, water bottles or milk containers filled with water or sand could also be used (like small hand weights) for resistance training.

Another great strength training tool you should know about is the Resistance Chair (it costs \$280). This is an all-in-one home fitness system that helps senior's maintain and improve their strength from a safe, seated position. To learn more see vqactioncare.com or call 800-585-4920.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

JUNE/JULY 2011 -
MONTHLY ACTIVITIES*

*June 15 - July 15 activities held at the Senior Center. Starting Monday, July 18 all activities will take place at the Sierra Madre Recreation Center during renovation.

Monday: Closed July 4th 12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Please call 355-0256 to make your daily reservation. 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday: 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play 5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday: 11 - 11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394 Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday: 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 1:00 to 3:30 pm: Game Day. Join us for Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday: City Hall Closed on June 17, July 1, 15 & 29
12 noon: Intervale Lunch Café; daily reservations needed 355-0256

Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm. Starting July 16 the Senior Club will meet at the Senior Apartments - 70 Esperanza Ave., Sierra Madre

EXCURSIONS

UPCOMING EXCURSION
FRIDAY, JULY 8th
PAGEANT OF THE MASTERS

Join us for this annual trip to Laguna Beach for a wonderful evening performed in a beautiful outdoor theatre. Cost per person is \$48

The bus will leave the Sierra Madre Recreation Center, 611 E. Sierra Madre Blvd., at 4:30 pm, dinner is on your own and you will return to Sierra Madre approximately at 11:30 pm.

To register for the excursion, please visit the Senior Center or go online to www.cityofsierramadre.com/online/registration.

For more information please call the Senior Desk at (626) 355-7394

SAVE THE DATE
THURSDAY, AUGUST 18TH

Exploring Long Beach - Beat the summer heat by spending the day in Long Beach and enjoying lunch on the historic Queen Mary - 8:30 am to 4 pm.

Cost per person is \$44 - this includes deluxe coach transportation, driver's tip, exploring Long Beach and lunch on the Queen Mary.

Reservation for this excursion will open on June 30th either by visiting the Recreation Center in person or going online at

www.cityofsierramadre.com/online/registration

AARP SAFE DRIVING CLASS

Next class: June 28th & 29th - 9 am to 1 pm both days

\$12 for AARP Members & \$14 for Non-members

Please call the Senior Desk at (626) 355-7394 to register in advance (10 person minimum for class to run) or for more information.

DIAL
- A -
RIDE
TICKETS

Tickets can now be purchased at:
Sierra Madre City Hall
Hart Park House / Senior Center
Sierra Madre Library



SPONSORED PRIZES

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Accredited In-Home nursing care will provide a special prize on the 4th Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the 1st & 4th Tuesday of each month for your chance to win these special prizes.

Grilled Lime Chicken
with Black Bean Sauce

INGREDIENTS:

Juice of 4-5 limes
2 tbsp extra virgin olive oil
1/2 cup+ (more to taste) chopped fresh cilantro leaves
1 tsp dried oregano leaves
1/2 tsp coarsely ground black pepper
1/2 tsp kosher salt
1 1/2 lbs boneless, skinless chicken breasts
1 red onion, halved then sliced into 1/4" strips
Black Bean Sauce Ingredients:
1 (15 oz.) can black beans, drained, rinsed
1 quart filtered water
2 bay leaves
2 cloves garlic (minced and crushed - I use a garlic press)
Stems from one bunch of cilantro, chopped into 1/4" bits (approx. 1/2 cup)
Salt and freshly ground pepper to taste

DIRECTIONS:

1 Combine the lime juice, olive oil, cilantro, oregano, salt and pepper in a glass bowl and mix well. Trim the chicken breasts, then add to the marinade. Cover lightly and marinate, turning the chicken occasionally, for 2 hours at room temp (or overnight in the fridge).
2 Prepare Black Bean Sauce while chicken is marinating. Place beans in a large sauce-pan or soup pan, and add all remaining ingredients. Bring to a boil, then reduce the heat and simmer, uncovered, for about 1 1/2 hours. Add additional water if needed. Remove bay leaves, then transfer the bean mixture to a food processor. Process well, adding water if needed to make desired consistency. (I haven't needed to add any, and I like the sauce moderately thick).
3 Preheat oven to 350° F, and prepare grill (gas or hot coals). Place the red onion slices in the bottom of a shallow, oven-proof dish, then cover with chicken breasts and marinade. Cover the dish loosely with aluminum foil, then bake for 15-20 minutes (only until the chicken is opaque). Remove the chicken breasts to a platter and set aside. Continue to cook the onions in the marinade (covered) for 10 minutes. Save the marinade for grilling.
4 Place the chicken breasts on the grill over very hot coals or gas flame, and grill until they are thoroughly cooked but still moist (approximately 2 minutes on each side). Drizzle with remaining marinade while cooking. Remove to platter when grilled. Serve the grilled chicken with the red onions, drizzle with the black bean sauce. Garnish with sour cream, guacamole, tomatoes or fresh cilantro - or serve with a leafy green side salad - as desired.
Serves 4.

July Birthdays



Shahrazad Azrani, Eunice Banis, Betty Barlow, Cindy Barnard, Jeanne Borge Dahl, Janet Cox, Christine Durfort, Betty Hansen, Dorothy Montgomery, Beth Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Anthony Gheezo, Joanne Gheezo, Martha Griffin, Beverly Turko,



Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.)

Meals are delivered to the home-bound seniors by drivers through the YWCA Interval Lunch Program M-F (with frozen meals for the weekend.)

Call the YWCA at (626) 214-9460 for more information.



**Foothill
Computer Services**
20+ years in Sierra Madre
PC Computer Repairs
& Electronics Consulting
Dave Felt 355-8315

LUNCH & LEARN

Join the Senior Community Commission at the Sierra Madre Hart Park House / Senior Center for a FREE presentation. Lunch is available for a \$2 donation
Call (626) 355-0256 by 12 noon the day before.

BLOOD PRESSURE
SCREENINGS

Methodist Hospital will host Senior Blood Pressure Screenings on the second Tuesday of each month from 9:30 a.m. to 10:30 a.m. at the Community Center. Take advantage of this free program, which is open to all seniors 50 years of age and older. High blood pressure does not have any symptoms or outward signs and can lead to life-threatening conditions which can become fatal if left undetected. For additional information regarding this program, please contact the Community Services Department at (626) 256-8246.

It's about

YOU

not the insurance company



"As an independent insurance broker, I have a fiduciary responsibility to act in my client's best interest, not the interests of the insurance industry or the medical community. My mission is to find the best available coverage for You at the most affordable price."

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John W. Barrett
626-797-4618

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CA Lic #0750065



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www.facebook.com/mountainviewsnews

One Of A Kind: *Featuring unique homes and gardens and the people who create them.* Story and Photos By Chris Bertrand



Sierra Madre Artisan Restores Faux Bois Concrete Work at Huntington Gardens “Keeping the skills of our grandfathers alive while restoring their work”

As a young boy in bucolic Sierra Madre, Terence Eagan played in an area of North Sycamore next to the rock wash in a neighborhood known locally as “The Canyon.” There he discovered an art form, known as *faux bois* concrete, from the French words for “false wood.” Eagan recalls, “I can remember pulling my wagon to the top of the block to get a roll down the sidewalk, and noticing the sidewalk changes to ‘boardwalk’ with log curbs, driveways, hand rails, stairs, stump planters, concrete mushrooms, benches, water features, etc. That’s where I played ‘hide and seek.’ It was all old and overgrown and I just loved it.”

Beside the creek, his boyhood playground was literally filled with *faux bois* concrete, all formed decades ago in a medium of steel rods and mesh, covered with mortar. This stucco-like concrete was carved in its malleable state, to look like natural trees. He has learned that it was crafted by Roy Kaya, a Japanese resident in the early part of the last century, who also employed this popular folk craft on the bridge at the original Japanese Friendship Garden at Sierra Madre Elementary School.

In his youth, he found it elsewhere, including places like Tom Sawyer’s Island and the Swiss Family Robinson treehouse at Disneyland, experts at making fantasy and reality blend, using durable products like concrete. Eagan commented on his website, “When I was 14, we moved to another property in Sierra Madre, filled with *faux bois* concrete and fish ponds. I can remember making my first repairs on leg of a bench with mortar and a cardboard juice can, peeling it off the next day and adding troweled ‘bark.’ I was drawn to all types of art, but most enjoyed mastering realism whether drawing, painting, or whittling.”

He pursued the more “commercial” side of art, and studied murals and sign painting at Pasadena City College. As the computer revolutionized that industry, he began focusing on the things the computer cannot do. He has worked on decorative painting restorations at a movie palace, 5th Avenue Theater and St. James Cathedral in Seattle, as well as period props and scenery, including signs used in the movie, “Seabiscuit.” With exposure to other trades and craftsmen, he developed new techniques using mortar, fiberglass reinforcement and acrylic additives for sculpture. He never forgot *faux bois*.

After leaving Seattle, Eagan returned to Sierra Madre and on a visit to the Huntington, he asked a docent about the concrete “trees” used as arbors in the rose and Japanese gardens. The tour guide indicated that visitors would have to “enjoy them as ruins...because no one knew the craft anymore.” Years of persistence later, Eagan was hired when funding for restoration of the Japanese Garden included *faux bois* restoration.

Nearly a century ago, *faux bois* concrete was a popular form of outdoor hardscape. Artisans were hired by the Huntington estate in the 1910’s and 1920’s to create thousands of feet of *faux bois* concrete to support various vining plants like climbing roses and Wistaria.

According to Eagan, the names of the original artisans are unknown; though it’s likely they worked at the estate for quite a number of years

on this labor intensive project. Since the work is not the product of a particular artist or studio, he is able to use some artistic license, replacing the bark and knots. “I copy the style of it,” he says, “to be in rhythm with the original sculptor.”

As a testament to how long it took to construct, different styles are apparent, leading to Eagan’s conclusion that the “master” preceded an “apprentice’s” work. One more intricate and detailed. The other more basic and simplified.

This is evident in the youngest section, the area he believes was done last. “The guy that started the project wasn’t the person to finish it. It took a long time, certainly long past Henry Huntington’s death. In a way, it’s a metaphor for our entire endeavor here. We’re all working to carry out Huntington’s vision.”

Decades ago, the ninety year old structures began to show signs of disintegration and failure. Eagan has determined that the original process was flawed, because they didn’t “shake out” the air pockets. These, in turn, trap water which rusts the steel inside. He pointed out that modern day concrete is poured and vibrated, mechanically removing any trapped air that could lead to such failures.

Using scientific principles and artistic techniques, Eagan has carefully developed the most seamless and mechanically durable way to restore the failed areas. Some areas in the lower portions of the trees have developed their own stalactite-like stone which sealed itself, thereby fixing the work through the benefit of gravity and time.

Over the past year, Eagan has been working under a large blossoming tent structure in the rose garden. The shade cocoon and strangely shaped wooden scaffold that support him and rose vines, changes shape and migrates as the work continues. The oddly shaped, Rube Goldberg-like structure has invited amusing inquiries from the garden’s many visitors, wondering if it is some kind of avant garde artwork in itself or even the setup for an extensive plant sale.

This summer, Eagan has an apprentice and assistant, Erin Blagman, studying Art Conservation at Scripps College in Claremont. As part of documenting the process, she has created a website illustrating his work at the Huntington.

As to how long Eagan will be working under the tents and the vines, he chuckles, “It’s like dental work on a huge scale. You can’t tell what you are



Above, Terry Eagan points to Faux Bois areas. Below Faux Bois Work



getting into until you ‘open it up’ and find the extent of the decay. The more decay I can find, the less for future generations to deal with. It could be another year or two for the arbors. Then there are other constructions of ferro-concrete on the grounds that need some love...parts of the pond in the Japanese Garden, the handrails that lead up the stairs to the Japanese House, etc. I’m kinda hoping they’ll keep me around.”

For more information on Terence Eagan, including a step by step photo essay on *faux bois*, visit www.FauxBoisConcrete.info, from which some materials in this article were obtained. You’ll find Eagan at work under the tents, in the rose garden near the gateway to the Japanese Garden (portions of which are still closed for restoration).

The Huntington Library, Art Collections, and Botanical Gardens is located at 1151 Oxford Road in San Marino. For more information, visit www.Huntington.org

Right: Texture and stain is carefully matched to the original faux bois.

Know of an interesting home, garden or person who helps create them? Contact C.Bertrand@MtnViewsNews.com today!





**Tips of the Trade:
Real Estate Revealed**
by Luther Tsinoglou
DON'T CHASE THE MARKET

Buyer’s market or seller’s market - the simple fact is that your home is worth only what a buyer will pay for it. The simple law of supply and demand usually determines the final sale price. If there are fewer homes for sale in your area, then buyers must compete for those listings, making it a seller’s market.

However, when there is a glut of homes for sale, buyers have more choice and more power to dictate price and terms, creating a buyer’s market. Many communities are seeing large inventories of homes for sale, due to economic conditions and defaults.

So if your home is to get attention in those conditions, you’ve got to price aggressively against your competition. Do not overprice your home, because you may end up making even less money than if you had priced properly from the start. Why? Because sellers who overprice have to

keep chasing the market down by reducing their price.

While setting a price is ultimately your decision and your decision alone, do some research and educate yourself first. Order an appraisal and consult with a real estate professional to get a realistic figure for your home’s value. If you choose not to comply with current market value, then you won’t be a seller, you’ll just be an owner with a For Sale sign in the yard.

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HEROES: REMEMBERING AND REMEMBERED
Memorial Day Services Hosted by VFW Post 3208

Story and Photos by Bill Coburn

Post Commander Dave Lora

John Smith to John Green and Adas Boster from Charles Lamberth to Charlie Brown, from Moby Dick to Mickey Mouse. We went from Harry Potter to Yogi Berra on the way to World War II heroes, the conclusion of the war.

On Thursday, the Sierra Madre Planning Commission heard from Alverno's Principal, Ann Glick, who was originally approved to be a Conditional Use Permit. The commission is in the process of reviewing the application to see if it meets the requirements of the city's Comprehensive Zoning Ordinance. The commission is also reviewing the application to see if it meets the requirements of the city's Comprehensive Zoning Ordinance. The commission is also reviewing the application to see if it meets the requirements of the city's Comprehensive Zoning Ordinance.

ALTADENA TOWN COUNCIL SEEKING ELECTION VOLUNTEERS

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