

“CITY SETS THE RECORD STRAIGHT”

Last month, when the Sierra Club of Los Angeles issued a public report on Solar Permit fees, it listed Sierra Madre as being one of the most expensive fees in the County for Commercial properties. Since that report was published, there has been continued concern among residents regarding the solar permit fees the city charges. As a result of other news reports and the Sierra Club report, the city decided to ‘Set The Record Straight’: *(This notice appeared on the city’s website and is being reprinted verbatim in its entirety.)*

The city has received a number of inquiries as a result of news articles that list the City of Sierra Madre as having among the highest fees for solar projects in the County of Los Angeles; City staff and officials would like to clarify a number of items and provide answers to common questions that have been received.

The figures in the local news articles come from data produced in the “Executive Summary of Commercial & Residential PV Permit Fee Report, Los Angeles County by Sierra Club, Los Angeles and Loma Prieta Chapters, 4/27/2011, updated 6/18/2011.” The data includes fees for residential and commercial solar projects for 89 cities in the County of Los Angeles. It is based on a survey to each of these cities that was conducted by the Sierra Club.

Residential Solar Project Fees:

More than two years ago, the City of Sierra Madre reduced residential solar permit fees to a flat fee (not valuation-based) of \$515.00, as reflected in the Sierra Club survey. The previous fees were valuation-based and ranged from approximately \$700.00 to \$1,200.00. On June 14, 2011, the City Council adopted the Fiscal Year 2011/2013 Biennial Budget that further reduced the fee to \$473.00 beginning July 1, 2011. Due to the fact that we have a very small commercial district and have never received an inquiry, nor received any applications for commercial solar permits, we did not create a commercial so-

lar permit fee.

Commercial Solar Project Fees:

In order to complete the survey, a “sample commercial project” that was provided to us by the Sierra Club to calculate the cost for a commercial solar project using the appropriate permits (building, electrical, etc.) that the City would use in the event that such an application would be made.

The “sample commercial project” that was provided was for a \$1.2 million solar project, with the installation of 648 panels and producing 131KW annually. The approximate size of the commercial roof was 12,500 square feet. The calculation of this hypothetical commercial solar fee was based on current valuation-based permits that would apply to general construction projects, and the result placed Sierra Madre in the top three most expensive commercial solar fees in the County.

The City would like to point out that the “sample commercial project” we were asked to use for the calculations is not representative of a project that could exist in our commercial district. The largest roofs in the district are less than 50% of the square footage of the “sample commercial project”.

The City would like to encourage any Sierra Madre businesses that are contemplating a solar project for their commercial project to contact the Development Services Department. Staff will be happy to provide an accurate and site-specific commercial solar project fee for consideration.

In the meantime, staff is also compiling information for the development of flat commercial solar permit fee in anticipation of its potential future incorporation to our Development Services’ fee schedule.

NEW FUNDRAISING EFFORT FOR SIERRA MADRE’S VETERANS WALL

One of the most beloved monuments in Sierra Madre is the Veteran’s Wall in Memorial Park. Built in 2003 by volunteers lead by the late John Grijalva, the site is a unique tribute to veterans who have served our country and lived in Sierra Madre. Located in Memorial Park in the center of town, the wall is a collection of photographs of soldiers and personalized bricks that pay tribute to the men and women of Sierra Madre who served in the Armed Forces.

Grijalva and his group of volunteers also maintained the wall and decorated it with donated flowers until John’s passing in December of 2007.

Today, volunteers continue to carry on John’s mission. These volunteers are embarking on an effort to re-educate the public on the significance of the wall and how to participate and support it.

Auction for A Very Special Flag

Ed Clare, one of the sponsors of the wall, recently announced a new fundraising project. “We are auctioning off the original Veteran’s Wall Memorial flag. It is the flag that was given to us by the U.S. Congress that flew over the White House and was the flag that was used for the memorial to this point.

It is in very good condition. It is a 8’x5’ flag and we are holding an open auction in order to sell the flag so that we may raise money not only for the replacement flag but the additional Veteran’s flag that now flies over the memorial.

Any extra money that is generated from this auction will go toward the upkeep and maintenance itself and for the purpose of purchasing additional picture plaques to put on the wall.

We will keep the bidding open until Labor Day then whoever has offered the highest bid will be awarded the flag. “

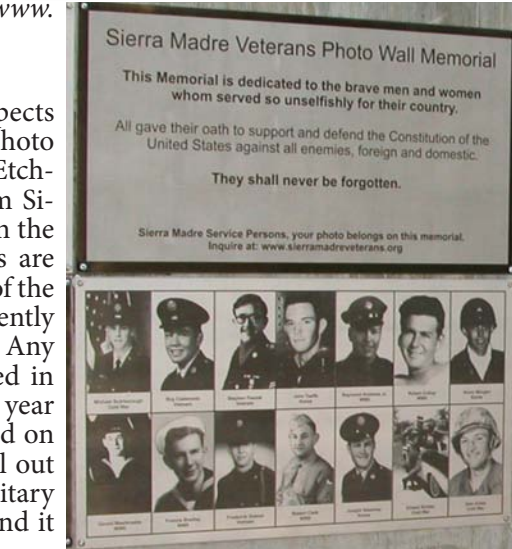
The starting bid is \$150 by Miner Harkness. If you would like to bid on the flag you can contact Ed Clare either at 626 355-4424 or email ed@edclare.com.

Sponsor A Brick Program

Another means of generating income for the support and maintenance of the memorial is the “Sponsor A Brick Program”. Families can show their gratitude to veterans by becoming either a Gold Sponsor for \$350 and purchasing an 8”



Above: Veteran Bud Switzer, one of the original volunteers that helped the Veteran’s Wall become a reality, places poinsettas on the wall during the holidays. Photo by Bill Coburn



E-mail: info@sierramadreveterans.org.

- MVNews

OFFICER INVOLVED IN EXCESSIVE FORCE LAWSUIT IDENTIFIED

As reported in the July 16th edition of the Mountain Views News, the City of Sierra Madre, is one of three defendants in a lawsuit filed by a Sierra Madre resident alleging, among other things, police brutality.

In the initial documents filed, the lawsuit only named Former SMPD Officer John Ellins and listed the second Officer as ‘John Doe’. However, in a subsequent filing, the second officer has been identified as Christopher Canon, another former SMPD

member.

The allegations against Ellins and Canon are: Negligence, Assault and Battery, Intentional Infliction of Emotional Distress, Unlawful Arrest (State and Federal) and Excessive Use Of Force and Violation of Constitutional and Civil Rights.

The city is only named in charges of Excessive Use of Force (2 counts) by Ratification and for Violation of Constitutional and Civil Rights.

RALPH MCKNIGHT - A MAN OF MANY PASSIONS - DIES

By Susan Henderson

Early Tuesday morning, the voice of a Lion was silenced forever. community leader, community legend, Ralph McKnight died peacefully while sleeping in his Pasadena home with his wife Kitty at his side. In May, he suffered a stroke from which he never recovered.

At age 78, Ralph had lived through a lot. A veteran of the U.S. Navy, he was born and reared in Washington D.C. at a time when his uniform was meaningless when it came to battling the rampant racism that our country was afflicted with. But that didn’t deter Ralph one bit, in fact it inspired him to become a life long activist, working on making the world a better place for everyone.

Self described as “an angry black man” his work was not limited to the plight of African Americans. He worked tirelessly within the ranks of the Democratic Party on both the statewide and local levels. And in Pasadena, he was well known in political, social and artistic circles.

His accomplishments were many. He was among the first African Americans to serve as an Air Traffic Controller in

the 1960’s. He ran many community based organizations in Washington, D.C. and the Los Angeles Area.

Politics was his number one passion. A Democratic activist, he was a champion for all people. He served in a variety of positions over two decades including serving as chair of the statewide Rainbow and African American Caucuses. He served as Chair of the statewide Organizational Development Committee. He was very active with the Los Angeles County State Central Committee and was very involved with the Pasadena Foothills Democratic Club.

Ralph also loved Pasadena. He was instrumental in the development of the Levitt Pavilion in Pasadena and served as an Ambassador. He served as a board member of the United Nations Association; he worked with the Pasadena Community Access station and was a member of the ACLU.

The Arts were also one of Ralph’s many passions. Among other things, he served on Pasadena’s Arts Commission until recently.

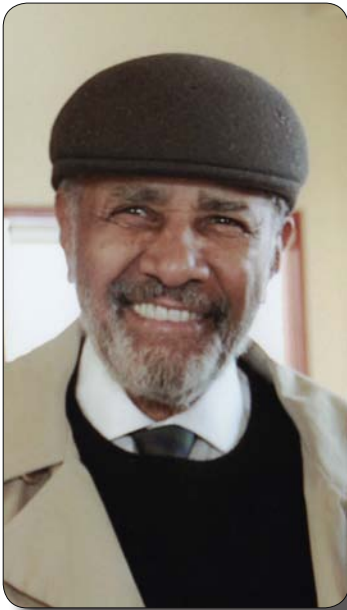
A gifted percussionist, Ralph loved jazz. He also was a writer, contributing to this publication during Presidential elections. Prior to his illness, we discussed plans for him to resume his

contributions to MVNews’ “The Ballot Box” feature in 2012. He was also President of The Pasadena Collection, which specialized in custom tiles that he designed.

But perhaps Ralph’s greatest passion was for the future. He spent countless hours educating and encouraging young people to get involved and bring about change in our society. Despite his difficult dealings with the realities of the South in the 50’s, Ralph believed in America’s tomorrow. On of the most memorable moments in his life was when “someone like me” became President of the United States.

Sometimes considered to be intimidating and steadfast in his ways, he had the roar of a lion and underneath it all, the gentleness of a lamb.

For more than 30 years, his constant companion was his wife Kitty, who cared for him until the end. They worked side by side, sharing their lives in an effort to make the world a better place. He is also survived by his mother-in-law, Kat, daughter Kareim, sons, Ralph, Jr., Scott, Mark McKnight, step sons Dino and Mark White and a host of grandchildren, other family and legions of friends.



To the surprise of only those who did not know him, Ralph was a committed atheist. He did not wish to have a funeral or memorial service in his honor. However, there will be a very brief tribute to Ralph on August 7th, just before the Billy Mitchell concert at the Levitt Pavilion.

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On our way to Niko’s!

Niko and Friends Café

900 Valley View #6, Pasadena, CA
On the N Michillinda/Montecito Corner
Monday to Friday: 7 am to 6 pm. Saturday: 8:30 am to 1:30 pm, Closed on Sunday
626-510-6151
Dog friendly patio Japanese Erasers & Puppets Smoothies, Sandwiches, Soups and Coffee
www.Nikoandfriendscafe.com



Discover what good coffee tastes like, come to Niko’s!

Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at
City Hall 232 W. Sierra Madre Blvd.
Sierra Madre, Ca. 91024
626-355-7135

CITY HALL CLOSED ON JULY 1, 15 & 29

Sun Jul 24 @ 6:00pm - ELVIS IN THE PARK

July 26th @ 10:30am Summer Fun In The Park

6:30pm CITY COUNCIL MEETING

July 27th @ 3-08:00pm Farmer's Market

7pm Library Board of Trustees

July 28th @ 10:30am Summer Fun In The Park

7pm Green Advisory Committee

Aug 2nd National Night Out

Sierra Madre's
Farmer's Market Is Back!
New Location

The Sierra Madre Farmer's Market new location is in
Downtown Sierra Madre on Hermosa Avenue, south
of Sierra Madre Boulevard to Mariposa Avenue. The
hours will be from 3:00-8:00 p.m. during the summer
with the exception of major holidays. During the win-
ter/Pacific Standard time the market could possibly
end at 7:00 p.m.

1630 AM

Free on-air publicity for local events

Sierra Madre's new community radio station is now accepting scripts
for Public Service Announcements (PSAs) about community events.
PSAs will be broadcast on the air at no charge. The station operates
24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their
event information broadcast to the public on *Sierra Madre Community
Information Radio*. This new radio station covers the city of Sierra
Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

In a nutshell, your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your
event and e-mail it to radio@cityofsierramadre.com.

2011 SUMMER
POOL MOVIE NIGHT SERIES

The Sierra Madre Aquatic Center will be hosting three pool
movie nights this summer. This program is offered at absolutely
no charge thanks to a generous donation from the Sierra Madre
Community Foundation and is open to all from Sierra Madre and
the surrounding community. Each pool movie night will begin
at 7:45pm, space is limited so be sure to arrive early. Snacks will
be available for purchase at the June and July movie nights and
proceeds benefit the Sierra Madre Dolphins Swim Team.

The movie schedule is as follows:
Friday, June 24 – *Shark Tale*,
Friday, July 22 – *Little Rascals* and
Friday, August 19 – *Tangled*.

The Sierra Madre Aquatic Center is located at 611 E. Sierra Madre
Blvd., Sierra Madre, CA 91024. For more information please call
626-355-2356.

Summer Fun in the Park Schedule:

July 19

Pasadena Humane Society

July 21

CATZ Fitness Activity

July 26

Mission Renaissance Arts and Craft

July 28

CATZ Fitness Activity

August 2

Los Angeles Zoo

August 4

CATZ Fitness Activity

August 9

Sierra Madre Search and Rescue

August 11

CATZ Fitness Activity

August 16

Mission Renaissance Arts and Craft

August 18

CATZ Fitness Activity

August 23

L.A. Arboretum Arts and Craft

August 25

CATZ Fitness Activity

Titles To Go

Bringing the library to you!

Sierra Madre Public Library
Homebound Program

www.cityofsierramadre.com
626.355.7186

The Sierra Madre Library is offering a new program to
homebound persons who live in Sierra Madre called "Titles
To Go" - Bringing the library to you! The program is free and
enrollment is very simple. For more information, please call
Anna Valencia at (626) 355-7186

Sierra Madre Police Department

Sierra Madre Fire Department

Sierra Madre Search and Rescue

NATIONAL
NIGHT OUT
2011

POLICE • COMMUNITY PARTNERSHIPS

TUESDAY, AUGUST 2, 2011

This years event will be held at center stage as we
show our solidarity in fighting crime, fire services,
and emergency rescue operations.

MEMORIAL PARK
222 W. Siera Madre Blvd.
Sierra Madre

For more information contact
the Sierra Madre Police
Department at 626-355-1414

Sierra Madre Volunteer Firefighter Association

Jan's Towing

Sierra Madre Police Association

Public Works

Community & Personnel

LA Cty CERT

Fire Safe Council

Police Canine

Water Department

CityCouncil

Sierra Madre
Honors...

Recognition and Appreciation Dinner

NOMINATIONS DUE AUGUST 5, 2011

Past Award Recipients

George Maurer Lifetime Service Award

George Maurer, Danny Osti, Dr. Paul Neiby, Margaret Duran, George Enyedi

Community Youth Service Award

Jay & Jeffrey Sullivan, Tracy Sullivan, Taryn Clark and Brittany Dashek

Wistaria Award

Webb Martin Realtors, Savor the Flavor & Sierra Madre Civic Club, Rotary Club of
Sierra Madre, Sierra Madre Rose Float Association & Taylor's Ol' Fashioned Meat
Market, Sierra Madre Little League

Public Service Award

Elisa Weaver, Chris Cimino, Jun Redil, Bruce Inman, Debbie Henderson

Public Safety Award

Sergeant Keith Abbott; Dave Hillyer, Doug Olsen, Dave Arden & Paul Hagen; Greg
Christmas, Sierra Madre Fire Safe Council; Hank Landsberg

Police Chief's Special Award

Clyde Ito, Ted Saraf, Larry Giannone, Barbara Cline, Carroll Eugene Gray

All outgoing commissioners will be recognized for their service.

Accepting 2011 Nominations Now!



ADULT SUMMER
READING PROGRAM
AT SIERRA MADRE
LIBRARY

Sierra Madre Public Library's
popular Adult Summer
Reading Program is now in its
fifth year. This year's theme is
"Novel Destinations," which
will showcase fiction and
nonfiction books on Travel
and World Culture. Books
in print, on CD, Playaway, or
read via e-reader all qualify—
so take your pick of media
and read, read, read! The
program is open to anyone 18
years and older, and will run
through Saturday August 13.

Participants may win one
weekly prize during the
course of the program. A
Grand Prize Drawing for a
Kindle will take place at the
program's conclusion.

Registration is free and
may be done in person at
the Library or online. To
register online, go to:[www.
sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us), and
click on the Summer Reading
Program button.

SIERRA MADRE CONCERT IN THE PARK SERIES

Join the City of Sierra Madre this summer for the FREE Concerts in the Park Series which begin Sun-
day, July 10, 2011 and occurs every Sunday through August 28, 2011.

The eight concerts are held from 6:00 pm and run through 8:00pm. All concerts will be held at the
Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so re-
member to bring blankets and lawn chairs. Alcohol is prohibited.

Spectators are encouraged to support local organizations that may provide refreshments.

For additional information please contact the Community & Personnel Services Department
(626) 355-5278.

CONCERTS IN THE PARK SCHEDULE:

July 17 – Woodie and the Longboards (beach
inspired), sponsored by Sierra Madre Civic Club
selling hot dogs, pie, ice cream and water.

August 14 – Ray Bailey and the Rayletts - Blues
and Jazz sponsored by Kiwanis and Friends of the
Library

July 24 – Elvis (rock 'n roll), sponsored by the
Rotary Club of Sierra Madre selling items from
the In-N-Out Truck

August 21 – Danny Dean and the Rockabilly
Lovers (50's Rock) sponsored by the Senior Com-
munity Commission selling desserts

July 31 – Fairytales and Fantasy VI (musical),
hosted by Southern California Lyric Theatre

August 28 – The Silver Beatles (Beatles Tribute
Band) hosted by the Community and Personnel
Services Department.

August 7 – Ghost in the Machine (The Police
and Sting Tribute Band), hosted by L.A. County
Arts Commission

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City of Sierra Madre

NOTICE INVITING SEALED BIDS

To: Citywide
From: The City of Sierra Madre
Subject: PUBLIC FACILITY ADA ENTRY MOFIDICATIONS
Project Location: 232 and 242 West Sierra Madre Boulevard, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Public Works Department is accepting formal, sealed bids for the modification of the entry ways of the Public Facilities located at **232 West Sierra Madre Boulevard (City Hall)** and **242 West Sierra Madre Boulevard (Public Safety Building)**. This is a CDBG funded project.

DATE AND TIME OF MANDATORY PRE-BID MEETING City of Sierra Madre Thursday, August 11, 2011 (Meeting begins at 2:00 p.m.) All parties interested in bidding on this project may attend this meeting.	PLACE OF MANDATORY PRE-BID MEETING City of Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA
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DATE AND TIME OF BID OPENING City of Sierra Madre Council Chambers Thursday, August 25, 2011 (Meeting begins at 10:00 a.m.)	PLACE OF BID OPENING City of Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA
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Only those who attended the mandatory pre-bid meeting will be able to apply.
This is a federally assisted construction contract. Federal Labor Standards Provisions, including prevailing wage requirements of the Davis-Bacon and Related Acts will be enforced. In the event of a conflict between Federal and State wages rates, the higher of the two will prevail.

The Contractor’s duty to pay State prevailing wages can be found under Labor Code Section 1770 et. Seq. and Labor Code Sections 1775 and 1777.7 outline the penalties for failure to pay prevailing wages and employ apprentices including forfeitures and debarment.

For further information on this subject, please contact the Public Works Department at (626) 355-7135.

By Order of the City Council

Bruce Inman, Director of Public Works

STORYTELLER KEN FRAWLEY TO APPEAR AT SIERRA MADRE LIBRARY

“The Wonderful World of Stories and Songs” with storyteller and troubadour Ken Frawley, is coming to the Sierra Madre Public Library on Monday, August 8, at 10:00 a.m. This sparkling family-friendly program, chock-full of songs, stories, puppets, and spiced with a little magic, will feature music from England, America, and the Caribbean, and tales from Europe, Asia, Africa, and South America. Adding to the fun will be interactive sing-along and clap-along songs.

Ken Frawley has performed thousands of his highly acclaimed programs for children and family audiences throughout Southern California at schools, libraries, and community events for more than 10 years.



Storyteller Ken Frawley and his puppet friends.

PHOTO OF THE WEEK



“Excuse me, did you just interrupt my nap?”

Photo by Ivonne Durant

Omission:

In last week’s edition, we inadvertently omitted the name of Senior Community Commissioner Nina Bartolai, third from right. Our sincere apologies.



Pictured above: (left to right): Commissioner Dorothy Jerneycic, Councilwoman Nancy Walsh, Commission Chairperson Ann Luke, Mayor Pro Tem Josh Moran, Mayor John Buchanan, Councilwoman Mary Ann MacGillivray, and Commissioners Nina Bartolai, Alan Leahy and Bill Nelson.

Photo by Bill Coburn



RENT THE HISTORIC ESSICK HOUSE in SIERRA MADRE

A PERFECT PLACE FOR:
WORKSHOPS | RECITALS | REHEARSALS
RECEPTIONS | SPECIAL EVENTS | BUSINESS CONFERENCE/SEMINARS
MULTIPLE CONFERENCE ROOMS AVAILABLE | GROUP MEETINGS
FOR MORE INFORMATION OR TO MAKE A RESERVATION
PLEASE LEAVE A MESSAGE AT 626-355-4379

This 1914 California Craftsman Bungalow has a large living room, formal dining room, multiple conference rooms and a garden pavilion. A complete kitchen with two gas ranges two ovens, microwave, two refrigerators and dishwasher.
The Club provides tables and chairs at no extra cost.

ESSICK HOUSE - 550 W. SIERRA MADRE BLVD. AT SUNNYSIDE | SIERRA MADRE, CA. 91024

WOULD YOU LIKE TO HELP THOSE WHO WILL HELP YOU IN AN EMERGENCY?

The Sierra Madre Fire Department will be hosting a joint training session with the Sierra Madre Search and Rescue Team on Saturday August 13th from 8am to 12 noon. This training will simulate a large scale incident that may result in mass civilian casualties. This training will allow the Sierra Madre Fire Department, and the Sierra Madre Search and Rescue Team to better prepare for major incidents such as; earthquakes, wildfires, and other unforeseeable incidents they may have to respond too – to protect the lives of those who live and work in our community.

The Sierra Madre Fire Department, and the Sierra Madre Search and Rescue Team would like to ask for some volunteer help with this training exercise. We would like to have 50 to 100 volunteers of any age to help with this training (children may assist if accompanied by an adult). You would

be participating as an “actor” simulating injury requiring evacuation, and or medical assistance. Lunch will be provided to all who attend this training exercise. If you would like to have some fun – and at the same time help your local emergency services agencies prepare to “help you” if necessary during a major incident; please attend one of the information meetings to be held at the Sierra Madre Fire Department, located at 242 W. Sierra Madre Blvd., Sierra Madre, CA 91024.

Information Meetings:

Friday July 15th, 2011.
Time 6pm to 7pm
Saturday July 16th, 2011
Time 9am to 10am

You only need to attend one of the information meetings. All questions regarding participation in this event will be answered at this time.

Sierra Madre Police Blotter

During the week of Sunday, July 10th, to Saturday July 16th, the Sierra Madre Police Department responded to approximately 238 calls for service. See crimereports.com for updated information.

Sunday, July 10th:
2:54 PM- Drive Vehicle without Required Ignition Interlock Device, Sierra Madre Blvd and Baldwin Ave. An officer stopped a 19-year old Rosemead motorist for a Vehicle Code violation and determined the driver did not have his required ignition interlock device installed in his vehicle. The driver was cited and released the vehicle to a passenger with a valid driver’s license.
6:53 AM- Battery, 400 blk. Sturtevant Dr. This incident involves a battery between two intoxicated men, both of whom had minor injuries. One of the parties wanted to press charges; the other did not. One of the men made a private person’s arrest of the other man. Officers issued a citation to the arrestee for battery and released him.

Monday, July 11th:
10:10 AM- Residential Burglary, 100 blk. S. Hermosa Ave. This case involves an unknown suspect entering a back house by removing the screen from an open window. The loss included a gold ring

with two red rubies, a gold ring with an angled pattern and two diamonds, a gold pinkie ring, a white and gold ring with a panther design, and a handmade gold ring with an amethyst stone and a small diamond. The loss was valued at \$13,500.
5:21 PM- Petty Theft, 600 blk. E. Sierra Madre Blvd. This incident involves the theft of two padlocks from the pool area of the Youth Activity Center. The loss was valued at \$6.00.

Tuesday, July 12th:
1:26 PM- Trespassing, 600 blk. W. Alegria Ave. This incident involves a man who unlawfully entered a home he had recently sold. The suspect entered the home by removing doggie door panels. The suspect left the location in a dark vehicle.

Wednesday, July 13th:
10:08 AM- Criminal Threats, 200 blk. E. Alegria Ave. This incident involves a victim receiving criminal threats via text messages from a co-worker’s boyfriend. The victim is desirous of prosecution.

Thursday, July 14th:
2:38 PM- Vandalism/Graffiti, 1900 blk. Stonehouse Rd. Unknown suspect(s) wrote graffiti on a retaining wall at the Sierra Madre Search and Rescue building.
9:11 PM- Possession of

Paraphernalia, 600 blk. W. Orange Grove Ave. An officer stopped a bicyclist for a Vehicle Code violation, and determined that the bicyclist had a \$50,000 arrest warrant from the San Marino Police Department. The suspect was also in possession of a glass smoking pipe. The officer arrested the suspect, who was turned over to the San Marino PD for booking on the warrant.
Friday, July 15th:
8:42 AM- 100 blk. Suffolk Ave. This case involves an unknown suspect(s) opening two accounts using the victim’s name and credit information.
12:34 PM- Assist to Other Agency, Santa Anita Ave and Oakwood Dr. An officer stopped a 28-year Altadena motorist for a Vehicle Code violation. The driver was on probation for assault and had not been served with a protection order against him on behalf of his female passenger, who was with him. The officer served the protection notice on the motorist and released him.
7:19 PM- Make Annoying Telephone calls, 100 blk. E. Sierra Madre Blvd. This incident involves an ex-husband making harassing phone calls, messages, and faxes to his ex-wife.

Leonara Moss

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS

Just Arrived!

New Shipment of Flax Sundresses



Vicious Dogs Definition Expanded

By Dean Lee

In a move cracking down on a rise in dog attacks, the L.A. County Board of Supervisors voted Tuesday in favor of amending the law over what constitutes a dangerous dog—including that a dog does not have to bite someone to be labeled vicious.

The new ordinance also speeds up the hearing process by taking some dangerous dog cases out of the courts, and instead, allows for an administrative hearing. This would also save money board members said.

The changes now expand the definition of “severe injury” to include serious physical illness, such as someone having a heart attack after a threatening dog encounter. The law also includes injuries, other than biting, caused by an attack.

Any administrative hearings would now also take into account previous determinations, from other cities, of currently listed dangerous dogs.

A vicious dog also includes animals that have been trained for, or engaged in, exhibitions of fighting.

Administrative hearings will be done by a judicial officer or an administrative hearing officer authorized by the department of animal care and control. The officer would have the authority to make finding including euthanizing an animal.

An officer would also oversee all reports, evidence and witnesses. They could also shorten the time to produce evidence as opposed to the courts documents show.

Pasadena Humane Society Spokesperson Ricky Whitman said individual cities have separate jurisdiction and laws surrounding vicious dogs. The new county ordinance does not apply to Pasadena although does apply to Altadena and unincorporated areas near Arcadia.

Pet of the Week



Etta, a lovely, five year old, cameo tabby cat is such a sweet girl. She would be a great companion for someone in need of a loyal best friend. Etta has quickly become a staff favorite and would love to go home with you today. She is already spayed and ready for adoption.

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. Etta qualifies for our Senior for Senior program where people over age 60 can adopt a pet over 5 years for just \$20.

Please call 626-792-7151 and ask about A290066 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-4 Sunday, 9-5 Tuesday, Wednesday, Thursday, and Friday, and 9-4 Saturday. Directions and photos of all pets updated hourly may be found at www.pasadenahumane.org



Dog Day Afternoon Takes New Meaning

Police are still asking the public's help in finding two robbers involved in the Altadena holdup earlier this month that took the Internet by storm after video released shows a Chihuahua chasing the thugs out of Ace Smoke Shop on North Lake Ave.

Paco, nicknamed the Crime Fighting Chihuahua, has made several national appearances this week on Good Morning America, Inside Edition and George Lopez after his famed YouTube appearance.

Sheriff Deputies said two suspects, one armed with a rifle, got an unexpected canine counterattack on July 7, when

they entered the smoke shop to rob it around 7:30 p.m.

The men entered with one suspect pointing a rifle at the victim. Both suspects repeatedly ordered the victim to give them money, telling him to put it into a backpack placed on the front counter.

The robbers got away with an undisclosed amount of cash police said.

During the robbery Paco attacked the suspects by barking and jumping on them. One of them even pointed his rifle at the dog. The suspects fled the location on foot, last seen southbound on Maiden Lane

from Mariposa Street. No one was injured during the robbery police said.

Both suspects are described as male Hispanics between 18 and 24 weighing 150-180 pounds. One of the suspects was wearing a black jacket with yellow trim, dark shirt, dark pants, and a black ski mask, armed with a rifle and the other, a sweatshirt; white shorts; black shoes; and a red bandana; carrying a black/gray backpack.

Anyone with information is encouraged to contact Detective Binder at 626-296-2114 or 626-798-1131.

Norton Simon Releases Free iPhone Apps

The Norton Simon Museum announced this week the release of two, free iPhone applications. Both are now available on iTunes.

The Norton Simon Museum App is designed to help guests plan their visit to the Museum. Users of the App can learn about the Museum's current and upcoming exhibitions and events, browse the online collections, listen to podcasts and audio stops, watch videos, find information about the Museum's hours, admission fees and directions, and learn about the Museum's history. The Norton Simon Museum App is compatible with the iPhone with iOS 4. Internet connection is required.

Designed for use in the Museum's galleries, the Norton Simon Museum Audio Tour App allows visitors to listen to the Museum's complete award-winning Audio Tour, developed in collaboration with Acoustiguide, in English and Spanish. More than 400 stops are featured in English and Spanish, including tours for adults and children. Look for the audio tour icon and stop number on the labels of many of the Museum's artworks. The Norton Simon Museum Audio Tour App is compatible with the iPhone or iPod Touch with iOS 4, no internet connection required. Because of the App's large size, visitors should download it prior to coming to the Museum.

Scientist to Build A Solar-Powered Portable Toilet

Environmental scientist and engineer Michael Hoffmann of the California Institute of Technology (Caltech) has received a \$400,000 grant from the Bill & Melinda Gates Foundation to build a solar-powered portable toilet that could help solve a major health problem in developing countries. The grant, announced July 19 at the AfricaSan 3 sanitation and hygiene conference in Rwanda, will be used to complete the initial design, development, and testing of the unique sustainable system. Designed for use by up to 500 people per day with minimal maintenance, the sanitation unit will have the added benefit of turning waste into fuel.

“Life expectancy correlates to the accessibility of clean water and proper sanitation practices,” says Hoffmann, the James Irvine Professor of Environmental Science at Caltech, who has been working for years on the electrochemical technology to create a sustainable toilet and waste-treatment system. “All of our efforts in biomedicine may go for naught if we don't take care of sanitation.”

Superscooper Approved For Duty in L.A. County

To prepare for the 2011 fire season, County Mayor Michael Antonovich announced that the Board of Supervisors authorized a contract to lease two CL-415 SuperScoopers fire-fighting aircraft from the Government of Quebec for use by the Los Angeles County Fire Department.

“To ensure our County Fire Department has the tools they need to be fully prepared for fire season, these vital aircraft have been requested to supplement the Department's water-dropping helicopters and



other fire-suppression machinery,” said Antonovich.

SuperScoopers are a fixed-wing aircraft that can carry up to 1,620 gallons of water and takes only 12 seconds to scoop water from a lake and inject it with fire-resistant foam – a combination up to 3 times more effective than water alone. They can be airborne in as little as five minutes and fly three hours before refueling.

The SuperScoopers are expected to arrive, Sept. 1 and will be placed into service through November.

PCC Goes Green with Online President's Report

In an effort to be more mindful of the environment, Pasadena City College recently published a fully interactive digital version of the “President's Report to the Community.” The biannual publication, which in the past has been printed and mailed to district communities, is now available on the Internet at www.pasadena.edu/presidentsreport.

The summer/fall 2011 issue features embedded video and audio, Flash-based objects, downloadable material, and much more. It also includes dialogue from PCC President Dr. Mark Rocha, an interview with filmmaker and PCC alumnus John Singleton, and an extensive feature on the history and future of PCC's Lancer Radio.

The digital version is viewable on both Mac and



PC platforms, as well as tablets such as the Apple iPad and Motorola Xoom.

Additionally, PCC has established an online photo archive using digital host Flickr. The growing collection of photographs offers a glimpse into campus life, including images of athletics, graduation, classrooms, and an abundance of student activities. PCC's photostream can be accessed using this link: www.flickr.com/photos/pccclancer.

For more information, please call (626) 585-7264.

Citizen Journalism Meet-up

Learn not just how to blog but how to report the news

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and



print along with online social media. The next meeting is July 26 from 6 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585 or visit pasadenan.com.

'All I Care About Is Me...' Exhibit on Display at PCC

Artists Tedd Asbille and Kirby Israelson will be exhibiting their works at the Pasadena City College Art Gallery from July 28 to Aug. 2. “All I Care About Is Me And So Should You” is a collaborative presentation by the two new artists featuring multi-medium pieces, as well as innovative self-portraits. There will be a press preview on July 28 at 11:30 a.m. and an opening reception from noon to 1 p.m.

There will also be a collaborative piece of art for exhibit patrons to participate in, where individuals can create their own self-portraits to create a collage that celebrates “we,” rather than “me.”

Asbille is a formally trained product and graphic designer with more than 15 years of experience in the field. He works in a plethora of mediums, all of which allow him to provide commentary on friends, family, politics, society, and our place in the world. His work touches on what makes us who we are,

how we're made, and where we belong.

“The newest fad in the art world is street art, but I believe that it's real draw is making art accessible to the public,” said Asbille. “That's what we are going to do with this show.”

Israelson's work revolves around human emotion, specifically love and heartbreak. She takes common experiences and reproduces them in an approachable manner, allowing her audience to safely relive and re-experience emotional events. Israelson bases all of her artwork on personal experiences to give the audience genuine insight into who she is.

“Our goal is to shake things up and create something that Pasadena has never seen before,” said Israelson. “This really will be a spectacular event.”

The event is free to the public. Parking is available in any student lot for \$2.

National Night Out in Altadena



Join the Altadena Sheriff's Station, the Altadena Sheriff's Support Group and all the Neighborhood Watch Groups for a Community Potluck and Barbecue,

August 2, 2011 5 to 8 p.m.,

Learn about Neighborhood Watch Programs, CERT training and other safety tips to help keep the Altadena Community Safe.

The event will take place at Farnsworth Park 568 E. Mount Curve Ave. in Altadena.

For further information, contact Deputies Greg Gabriel, LaMark Williams or Sgt. Mike Randenberg at (626) 296-2134

Tournament of Roses Foundation Names New President

The Tournament of Roses Foundation has elected Jacqueline Howard as its new president. Howard is an adjunct professor in the Education Department at California State University, Northridge and an adjunct professor in the Graduate School of Education at National University. She was appointed to the Tournament of Roses Foundation Board in July 2007 when the board expanded from nine to 13

members. She served as secretary in May 2008 and became vice president in May 2009. Former Foundation President Wellington Chen held the office since May 2009 and will remain on the board.

In addition to volunteering on the Tournament of Roses Foundation Board, Howard is a member of the Pasadena/Altadena Links and was recently elected as vice director of the Western Area of Links, Inc. She founded “Pasadena's BEST Program,” a five-year, after-school program for latch-key children. Howard was also the co-founder of “Links, Inc. Saturday School,” an academic enrichment program for at-risk students.

WHEN IT DOES NOT MAKE SENSE TO FIX YOUR CAR

July, 2011 - During these hard economic times, we are all trying to stretch a dollar by keeping our cars longer. That means making repairs to a car we would have replaced a few years ago. So, when does repairing the car fall into the category of throwing good money after bad? The answer depends on a lot of things and is different for everyone.

Obviously, one major contributor is the cost of the repairs. If the cost is more than the car is worth, it makes no sense to fix it. If the repair costs are less than the value of the vehicle and you are handy, you can save the labor costs by doing the repairs yourself. If you are not handy and your car has high mileage, is very old, has been giving you a lot of trouble or is generally in poor condition, it simply

is not worth it to repair it. If you do decide to replace your car, you then have to figure out what to do with it. You can trade it in. However, most car buying guides suggest that you are likely to get a better deal without a trade



in. Also, the car dealer will probably not give you much for it. For the same reason, it may be hard to sell it privately. Most car buyers do not want to purchase a car if it needs repairs, particularly if it does not run.

You can sell it to a junk yard for a couple of hundred dollars for it. They will sell all the workable parts for a lot more money than you got. You can dismantle your car and sell the parts yourself. That will cost you a lot of time along with some money for advertising. Then you have to decide what to do if someone claims the part you sold them does not work. You also have the problem of disposing of the left over parts.

Another alternative is to simply donate your car to charity. If you donate car, you will get a tax deduction of the greater of \$500 or the amount the charity sells your car for. Cars4Charities will gladly assist you with your car donation. Just call them at 866.448.3487 or go to <http://www.cars4charities.org/>.

Critical Agreement Completed for Purchase of City-Owned Land Needed for Light Rail Extension's Maintenance and Operations Facility

On Friday, the Metro Gold Line Foothill Extension Construction Authority announced an agreement had been reached for the purchase of 14-acres owned by the City of Monrovia and its Redevelopment Agency. The land is needed for the light rail extension from Pasadena to Azusa's maintenance and operations facility. The site was selected for the facility earlier this year by the Construction Authority board and negotiations had been taking place for the land over the last several months.

"This agreement was critical to keeping the project on schedule and could not

have come at a better time" said Construction Authority CEO Habib F. Balian. "Owning half of the land for the M&O facility is the final condition needing to be met before significant funds could be transferred to the Authority to build the project."

Although earlier this year the Authority and City had come close to an agreement for the land, over the last several months negotiations became more complicated following the filing of a lawsuit against the city by a private property owner. However, over the last few weeks of negotiations, the Authority and City worked through

their differences and were able to come to consensus on all key issues.

The Construction Authority board is scheduled to consider the proposed transaction at its July 27 meeting and the Monrovia City Council will consider it in September (following its Redevelopment Agency's reinstatement, pursuant to the recently enacted State budget).

The Authority board will also consider award of the design-build contract to complete the light rail extension from Pasadena to Azusa at their July 27 meeting.

ROSEMEAD RESIDENTS ARE INVITED TO ATTEND A FREE "COMMUNITY CONVERSATION" AT ROSEMEAD LIBRARY 6-7:30 P.M. TUESDAY, JULY 26.

The Methodist Hospital Community Outreach department wants to know what Rosemead residents think about health and health care in Rosemead. Residents are invited to share with staff representatives what is important to them and their families. It is an opportunity to talk about their health care needs and concerns in a relaxed setting.

There will be free food, raffle prizes and information on free local health services. Everyone is welcome. However, space is limited. You must **reserve your space by Monday, July 25**. Call 626-821-2344 or email communityoutreach@methodisthospital.org.

For more information, call Methodist Hospital Community Outreach Department, 626-821-2344.

Get Snappin' and Enter the California Lifestyles" Juried Photography Contest

Submit your best framed photograph using the theme "California Lifestyles" to the Ruth and Charles Gilb Arcadia Historical Museum from August 2 - 6, 2011 to be entered into the third annual juried photography contest. All ages welcome. Photos will be judged on creativity and artistic quality.

First place winner will receive a \$100 gift certificate to Westfield Santa Anita; Second place winner will receive a gift certificate to The Frame House and the third place winner will win a dinner for two at Matt Denny's Alehouse. Curator's Favorite will receive an annual membership to the California Museum of Photography.

The Opening Exhibition and Award Ceremony will be August 20 at 10 a.m. The exhibition will run through September 24.

The Ruth and Charles Gilb Arcadia Historical Museum is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10 a.m. to 4 p.m. Admission is always free.

CALL FOR AUDITIONS IN THE SAN GABRIEL VALLEY

The Jewish Federation of the Greater San Gabriel and Pomona Valleys' Cultural Arts Program has issued a call for auditions for the show "Working: the musical."

Based on the best-selling book of interviews with American workers by Studs Terkel, "Working" is a down-to-earth yet elevating musical that explores the American workday.

Performances Oct. 15, 16, 22, 23

AUDITIONS will be held in two locations. Bring something to sing. Be prepared to read. Everyone is welcome.

Jewish Federation
550 S. Second Avenue, Arcadia, CA 91006
July 25 & 27 at 7:00 p.m.
July 31 at 10:00 a.m.

Temple Beth Israel
3033 N. Towne Avenue, Pomona, CA 91767
August 1 & 3 at 7:00 p.m.
August 7 at 10:00 a.m.

LOOKING FOR WORK? NEED HELP?.....

.....Then join us at Women At Work for this helpful workshop.

Monday, August 8, 2011
Women At Work presents

"45+ and Seeking Work"
2p.m. - 4:30p.m.
Cost of workshop \$25

Learn strategies for overcoming employers' concerns about mature workers. Maximize your opportunities and discover what works.

Women At Work is a nonprofit career center offering career counseling, computer access and job seeking skills. The organization provides numerous workshops as well as classes in computer programs in both English and Spanish, in a small environment.

All workshops will be held at Women At Work, 3871 E. Colorado Blvd., Pasadena, CA 91107. Registration is required by calling 626 796-6870, Ext. 0, or register online at our website.

Check out our website: www.womenatwork.org

Contradance!

Every 4th Saturday at Sierra Madre Lodge

Dance to LA's best old-time bands and callers.

All dances taught and prompted. No experience necessary!

Casual attire...
Partners optional...
Free refreshments!

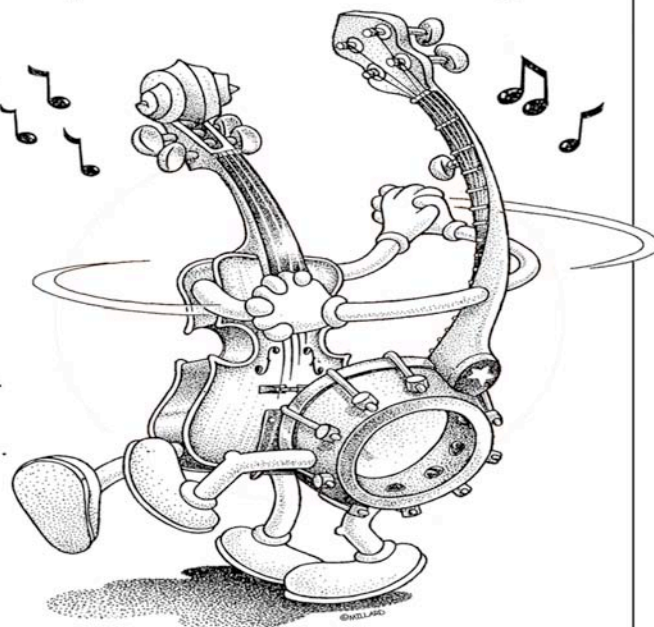
Regular admission \$10.
Students with ID, \$7.
Kids 12 and under, free.

Get your body moving...
Meet some nice people...
Have some fun!

Come enjoy an evening of fun music and dance with us!

Every 4th Saturday • Sierra Madre Lodge • 33 E. Sierra Madre Blvd • Instruction 7:30 • Dance 8:00 - 11:00

Visit caldancecoop.org for more about contradancing in Los Angeles
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SUNDAY JULY 31, 2011

12:00PM-8:00PM VICTORY PARK

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Foothill Unity Center's 2011

Back-to-School

We need your help to prepare an estimated 2,000 local students (K-12) for Back to School with uniforms, backpacks, shoes, socks, underwear, school supplies, haircuts and even manicures. Only children of our low-income families are registered for this event.

Being ready for the important 1st day of school, gives a child a good start and maybe a better year. Funds are needed to buy uniforms, backpacks, etc. (estimated @ only \$60 per child).

Volunteers are needed to help...

- sort and package school supplies during the weeks of Aug. 1 and Aug. 8th.
- set-up at Santa Anita racetrack on Wed., Aug. 17th — 9 a.m. to 6 p.m.
- to help at **Back to School Day, Thursday Aug. 18 at Santa Anita racetrack.**

Shifts are: Adults Only (8 a.m. to 1 p.m.) (12:30 to 5 p.m.)
Youth & Adults (5 to 9 p.m.) to help pack-up & clean-up

NEW SCHOOL SUPPLIES NEEDED:

- New Backpacks
- 3 ring binders
- Crayons (24 ct.)
- Single - spiral notebooks
- Glue sticks/Glue
- Erasers (large pink)
- Pencil sharpeners
- Filler paper 3-hole (College & Wide-ruled)

- Mechanical pencils
- Colored pencils (24 ct)
- 12" Rulers
- Calculators (Regular & Scientific)
- Highlighters
- Color markers (8 ct)
- Scissors (Round tip & Pointed)
- Blue & Black ballpoint pens

Clothing needed: Boys & Girls Socks; Girls underwear and boys boxer shorts.

Items are needed by Aug. 1st, however, late donations are gladly accepted.

Contact: Betty or Raina at (626) 358-3486
Or
Donated Items can be dropped off at
415 W. Chestnut, Monrovia
191 N. Oak, Pasadena
Website: foothillunitycenter.org

ALMOST A DISASTER

By Joan Schmidt

Last Friday was an unusual day. First we had been warned the electricity was going to be off intermittently from 8AM-3PM. We were up early, but heard the recognizable alarming noise of a tree branch breaking apart and crashing to the ground or whatever is in its path! The HUGE tree branch-over 18 inches wide-began to pull apart from the tree and then a LARGE CRASH! In the photo, what looks like a high hedge is actually the branch of a tree, two doors down from us. It came with a few inches of my neighbor's front window. He called Public Works, they came and within two hours, the entire mess was gone! Good job, Public Works!

What concerns me is this is the THIRD time this has happened. The first time, a couple years ago, was diagonally across the street from us. The huge limb landed on the renters' car and did damage. (Just five minutes before the limb came crashing down, they had arrived at the house and were taking their toddler out of the car! The car damage meant nothing; they were elated they were safe and in the house when the limb came down!) Then less than a year ago, it happened again- this time, my next door neighbors. Besides the huge branches presenting a safety issue, there are the trees' sticker balls and people have tripped because of them. These trees also have made a mess of the sidewalks. They are NOT my kind of tree!

Last Friday, before the electricity was turned off, the Edison Company came to the intersection

of Camino Real and Myrtle and put up 4-way stop signs. They are to be commended. The intersection of Camino Real and Myrtle is a disaster under normal circumstances. Cars fly up and down Myrtle and disregard the traffic lights!



It's not unusual for three cars in a row to barrel down Myrtle Ave. and run the red light! When electricity has gone off unexpectedly, it IS beyond dangerous. Our traffic lights are off, and people going north or south on Myrtle just speed through the intersection,. A few accidents have occurred. Now, we call immediately when the traffic signals are completely off.

Because of these situations, I would like to remind Monrovia-Arcadia -Duarte County Area residents of a few important numbers.

PUBLIC WORKS: (626) 458-5100

NO LIGHTS: (626) 458-1700

Arcadia – Family Flicks Wednesdays!

This year, the City of Arcadia and Westfield Santa Anita are teaming up to bring you a new program called Family Flicks on the Promenade (upper level of the mall) 400 S. Baldwin Ave., Arcadia, CA 91007 . Family fun starts at 6pm with pre-show entertainment and activities with Radio Disney Street Team, as well as exclusive dining discounts and fabulous prizes. Movies are shown on the following Wednesdays and begin at dusk.

July 27 th ,	Shark Tale (PG)
August 3 rd ,	Tangled (PG)
August 10 th	Toy Story (G)
August 17 th	High School Musical 2 (G)

It is a completely free event and no registration is required. For more information, please contact the City of Arcadia Recreation and Community Services Department at 626.574.5113.

Arcadia Police Blotter

For the period of Sunday, July 10, through Saturday, July 16, the Police Department responded to 849 calls for service of which 121 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, July 10:

At about 10:00 a.m., units responded to the 900 block of South Goldenwest Avenue regarding a disturbance. Dispatch advised that a tenant at the location was arguing and yelling at other tenants. Officers contacted a 45-year-old White female. An investigation revealed she suffered from psychiatric problems and was not taking her medication. She was taken into protective custody and placed on a 72-hour hold for a psychiatric evaluation and treatment at a local hospital.

Between 12:00 a.m. and 12:30 p.m., a vehicle burglary occurred in the 1000 block of Holly Avenue. Unknown suspect(s) punched the driver's side lock and entered the car. Once inside, the suspect(s) stole an iPad, sunglasses and the two rear seats.

Monday, July 11:

3. Shortly after 3:00 p.m., officers responded to the Arcadia Methodist Hospital, 300 West Huntington Drive, regarding a physical altercation between a male and a female. Officers contacted an 18-year-old female of Unknown race and a 26-year-old Black male. An investigation revealed that an argument between the two led to the female choking and striking the male. The female suspect was placed under arrest for Spousal Battery.

4. At about 10:43 p.m., while on extra patrol in the parking lot of 301 North Baldwin Avenue, officers contacted a 52-year-old White male. A record check revealed three outstanding misdemeanor warrants. The suspect was placed under arrest for the warrants.

Tuesday, July 12:

5. Shortly before 7:30 p.m., officers responded to the lobby of the Arcadia Police Department regarding a suspicious circumstances report. Officers were met by the reporting party who stated her 11-year-old daughter was walking home from the park when she was approached by a man driving an older, 4-door, white vehicle. The suspect, described as a male, possibly Asian, between the ages of 30-35, short dark hair and clean shaven, attempted to get the daughter's phone number. The victim ran home and the suspect drove away. A follow-up investigation is being conducted by the Detective Bureau.

6. Around 7:45 p.m., loss prevention personnel from Claire's, 400 South Baldwin Avenue, advised they had detained a female for theft. The suspect concealed merchandise in her purse and left the store without making payment. A private person's arrest was made and the 18-year old White female was taken into custody for petty theft.

Wednesday, July 13:

7. Between June 29th at 6:00 p.m. and July 13th at

8:15 a.m., an auto burglary occurred at European Motor Works, 86 West Live Oak. Unknown suspect(s) removed the catalytic converter from a 2011 Mitsubishi Truck and fled.

8. At approximately 5:30 p.m., a vehicle was stolen from the 1300 block of South Santa Anita Avenue. A suspect described as a male Hispanic, approximately 25-years-old, wearing a black t-shirt, stole a White, 1988, Toyota Pickup with gardening tools in the truck bed.

Thursday, July 14:

9. Between 4:50 a.m. and 5:20 p.m., a residential burglary occurred in the 2500 block of Doolittle Avenue. Unknown suspect(s) entered the location through an unlocked window. Once inside, the alarm was activated and the suspect(s) fled the location. No loss was reported.

10. At about 2:55 p.m., officers responded to the parking lot of 140 East Duarte Road regarding a suspicious subject. Dispatch advised the subject was a White male with blonde hair, wearing a black tank top. Officers located and contacted the subject. A consensual search of his vehicle revealed a 'billy' club. A record check revealed an outstanding felony warrant. The 46-year-old White male was arrested for possession of a dangerous weapon and the warrant.

Friday, July 15:

11. Between 12:00 a.m. and 12:30 a.m., a residential burglary occurred in the 300 block of Genoa Street. Witnesses observed two suspects, both described as males in their teens, peering into vehicles and jumping into the residence's backyard. An area check was conducted and one of the suspects, a 21-year-old Hispanic male was located and arrested for Residential Burglary.

12. A traffic stop was conducted at approximately 2:46 a.m. on Live Oak Avenue and Tenth Avenue. The driver was observed making lane changes without signaling. Upon contact with the driver, the officer noticed an odor of alcohol. A field test was conducted and the 46-year-old White female was arrested for D.U.I..

Saturday, July 16:

13. Between 6:00 p.m. and 6:30 p.m., a burglary occurred in the 700 block of Hugo Reid Drive. Unknown suspect(s) pried open the locked doors of a Southern California Edison utility box and stole four deep-cell batteries. A follow-up investigation is being conducted by the Detective Bureau.

14. A traffic stop was conducted at approximately 2:46 a.m. on Myrtle Avenue and Longden Avenue for a broken brake light. A records check of the driver and passenger revealed both subjects were on parole. An investigation revealed burglary tools and drug paraphernalia. The driver, a 31-year-old White male was placed under arrest for driving with a suspended license and for possession of burglary tools. The passenger, a 42-year-old Hispanic male, was arrested for possession of drug paraphernalia.

CITY HONORS ARCADIA'S BEST

The Mayor and Arcadia City Council recognized the founders of the Arcadia's Best Foundation and the supporting volunteer committee heads at Tuesday's City Council meeting held on July 19. The group recently created the July 2 Arcadia's Best Patriotic Festival.

Mayor Kovacic presented his certificate of Believe in Arcadia... Volunteer! Award to Foundation founders Carol Libby and Sho Tay, as well as event coordinator Bruce McCallum and other volunteers. Co-founder Scott Hettrick was unable to attend.



Photo Courtesy Arcadia's Best

STUDENT VACCINE PROOF REQUIRED

No student entering grades 7-12 this fall will be admitted without showing proof of having had the Tdap vaccine since they were 10 years old, as the result of a new California state law (AB354).

An announcement by the Arcadia School District today said Tdap is a booster vaccine for older children, adolescents and adults that safely protects against three dangerous diseases: tetanus, diphtheria, and whooping cough (also called pertussis).

In order for the student to receive the access code needed

for Arcadia School District's online fall registration, a copy of the student's yellow immunization card showing proof of the Tdap immunization needs to be brought to the Arcadia School District main office at 234 Campus Drive by August 1st. The AUD office is open Monday through Thursday from 7:30 a.m. to 4:30 p.m. The office is closed on Fridays.

The Arcadia School District's website (www.ausd.net) has detailed information about

the Tdap requirement, a list of frequently asked questions, and also lists a number of area locations where the vaccination can be obtained. The information appears in both English and Mandarin.

Parents and students are urged to complete the requirement as soon as possible and submit the yellow immunization card with the students name and school ID number clearly visible to the District Office in order not to delay registering for classes.

– By Scott Hettrick

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Summer Concert Series

July 28, 2011— The Late Bloomers “Folk Rock”

Join us this summer at Arcadia's annual Summer Concerts in the Park series presented by Target. The seven-week entertainment series showcases a wide variety of musical performances. Bring a blanket or lawn chair for seating on the grass and enjoy a picnic dinner during the show. Kids of all ages will be entertained in our FREE kids' fun zone area with many games and crafts each week.

Become a part of the Arcadia tradition, gather your family and friends and enjoy the sights and sounds of this year's concert series. Whether you attend one or all seven, we are sure you will have a great time! As always, admission and parking are free. (Additional parking held at Santa Anita Race Track, Gate 5.) Concerts take place on Thursday evenings from 6:30-8pm on beautiful City Hall West Lawn located at 240 West Huntington Drive.

The Late Bloomers (Folk Rock)

The Late Bloomers are an acoustic folk-rock band with some intriguing originals in its repertoire. Now two married couples, they cut their teeth on the music of Dylan and Neil



Young while still in high school in the sixties and have since found their own sound by putting their individual stamp on favorites from that era. All four are accomplished vocalists and pleasing harmonies dominate the sets. They have individually been part of the Pasadena and LA music scene for many years and have played with other bands and are now enjoying their collaboration as The Late Bloomers.

For additional information, contact the Recreation and Community Services Department at 626.574.5113.

Arcadia Recreation and Community Services Department Sports Camp

Sports Camp is held at Dana Middle School and offers three weeks starting August 1 to August 19. Weeks one and three are for youth entering grades 5-9 and week two is for youth entering grades 1-4. This camp utilizes the Dana Gym and features a variety of fun sports activities for youth including swimming, flag football, basketball, softball, soccer, volleyball and other fun group games.

Each week there is an excursion and three swim days.

Sports camp is \$110 per week. To register in person come by our office located at 375 Campus Drive. You can also go to the city's website at www.ci.arcadia.ca.us to register.

For more questions, please contact the Recreation Department at 626.574.5113.

Annual End of Summer Carnival

The Recreation and Community Services Department will be celebrating the end of summer with our annual carnival on Wednesday, August 10th from 10am – 2pm at Eisenhower Memorial Park (corner of 2nd and Colorado). This year's theme is “Under the Big Top”. Enjoy crafts, raffles, a photo booth, a balloonist and a caricature artist.

Carnival games are available for a nominal fee and offer fun, kid- friendly prizes, so be sure to bring lots of change. Bring a picnic lunch or purchase a delicious snack from our snack bar.

For more information please contact the Recreation Office at 626.574.5113.

What's On YOUR Mind?
What Do YOU Think?

We'd like to hear from you!

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MONROVIA - DUARTE

Sierra Madre

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Pasadena

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Duarte Puts Edison on Notice to Address Plans to Resolve Ongoing Power Outages that have Plagued City Since 2007

DUARTE, CA, July 21, 2011 –Frustrated over years of frequent scheduled and unscheduled Southern California Edison power outages which continually disrupt service to Duarte residents and businesses, the City has sent a letter to Edison demanding the utility address plans for correcting the ongoing equipment failures.

For the last four years, Duarte residents and businesses have been plagued with dozens of power outages, most due to breakdowns of antiquated Edison underground equipment. More than half of a list of 42 outages, cited in a letter from City Manager Darrell George to Les Starck, vice president of local public affairs for Edison, shut down power to parts of the City for as many as 5 to 12 hours. There have been 18 power outages in Duarte between January and July of 2011. In the most recent, on July 12, residents were adversely affected by both a planned outage which shut down electrical power to 56 structures for 7 hours, and an unplanned outage initially affecting more than 2,100 homes, with 300 homes left without power for more than 12 hours.

George noted that despite a \$4 million upgrade to Edison's Ambrus circuit completed and launched last fall, the upgrade "has neither resolved nor slowed down the problem of frequent outages in Duarte. Equipment on the Ambrus Circuit has failed twice in the past several months, knocking out power to 2,200 residents and businesses for 12 hours each time on May 27-28 and on June 27. Many outages also continue to occur on antiquated underground equipment on Edison's Honeywell circuit.

"Experience suggests heat combined with the recently identified unstable underground equipment on the Honeywell Circuit will result in monthly or more frequent outages with hours of interruption to residents and businesses in the area," George wrote.

He said City staff has been inundated with calls from residents tired and angry about the power outages as well as the massive towers that Edison

has constructed in Duarte neighborhoods as part of its Tehachapi Renewable Transmission Tower Project, and "are out of valid reasons to give the public as to why the outages keep occurring."

The City has given Edison a deadline of July 26, 2011 to state its plan to resolve the lengthy and repetitive outages related to underground equipment failure. Duarte also wants Edison's agreement to conduct a peer review, at its expense to objectively analyze the service reliability and adequacy in Duarte with technical recommendations for system improvements, "so that we can thoughtfully determine a path forward to gain the consistent electrical service our residents deserve, but have had to live without," said George.

In addition, Duarte has asked Edison to provide:

A complete listing of all outages affecting the City of Duarte since January 2007. complete listing of all outages affecting customers in what have been the areas of the City hardest hit by the outages, within the boundaries of Royal Oaks Dr. to the north; Huntington Dr. on the south; Encanto Parkway on the east; and Swiss Trails Road on the west.

A complete listing of all outage complaints received by the Customer Service Center since January 2007 within the same boundaries.

The utility's thoughts and possible support on whether the second phase of Edison's current General Rate Case is a proper venue to explore rate designs that would set baselines for reliability with adjustments based on tiers of unreliability and repeated service interruptions to residents and businesses.

Duarte residents and businesses are encouraged to lodge their questions and complaints about power outages and other issues relating to Edison service to Edison Customer Service Center at (800) 611-1911. Customers can also contact the California Public Utilities Commission in writing at 505 Van Ness Ave., San Francisco, CA 94102, or by telephone at 1-800-649-7570.

Duarte Kiwanis Provides Donation to Duarte Boxing Club



Members of the Duarte Kiwanis Club are very aware of the positive impact the Teen Center's Boxing Program has had on the youth of the Duarte community. The program is open to boys and girls ages 8-17, and helps develop their self-esteem and self-discipline. Knowledgeable coaches, including recent Boxing Hall of Fame inductee, Victor Valenzuela, teach the fundamentals of boxing, while developing footwork, speed, and upper body strength. The club has had tremendous success within the community and is a model for programs nationwide. On July 16th at the Desert Showdown Tournament in Palm Springs Jesus "Rocky"

Gomez of Duarte Boxing won the Championship belt in his weight class! Duarte Boxing is also home to GBU World Champion pro boxer Rhonda Luna. The Duarte Kiwanis Club proudly donated \$300.00 toward the program at a recent club meeting. Pictured below from the left are Tina Carey, Kiwanis Club President, Marilyn Mays, Duarte Teen Center manager (and Kiwanis member), trainers Eric Campugan and Joseph Llamas, and City Council Member (and Kiwanis member), Lois Gaston. For information on joining Duarte Kiwanis or providing a program for the club, contact Dr. Diane Hernandez at drdiane@drhernandezoptometry.com

NATIONAL NIGHT OUT AGAINST CRIME

On Tuesday, August 2, neighborhoods throughout Monrovia have been invited to join forces with more than 34 million people from thousands of communities nationwide who will be participating in the Annual National Night Out Against Crime. This event is designed to: 1) Heighten crime and drug prevention awareness; 2) Generate support and participation in local anti-crime efforts; 3) Strengthen neighborhood spirit and police/community relations; and 4) Send a message to criminals, letting them know that our neighborhoods are organized and are fighting back. This event will also kick off the start of our new "Keep Kids Alive - Drive 25" residential speeding traffic safety campaign.

How's Our Watershed's Water? Five Year Report Released



The Council for Watershed Health released its State of the San Gabriel River Watershed Report at a symposium held earlier this week. The report, which covered the period from 2005 - 2009 covered intensive water quality monitoring including the safety of swimming in lakes and streams and the impact of consuming fish caught in the watershed. It also questions whether or not the regulated dischargers met water quality standards and if water quality improved or declined. The report is part of the Council's San Gabriel River Regional Monitoring Program (SGRRMP).

Speakers included representatives from the LA County Sanitation District, So. Cal. Coastal Research Project, the Office of Information Management and Analysis, the National Forest Service and the LA County Environmental Health - Recreational Waters Program. Mary Ann Lutz, Mayor of Monrovia was the keynote speaker.

The report also indicated that "E. Coli levels during 2007-2009 were typically below California standards indicating that it is safe to swim."

Elevated Levels Found in Certain Fish

Although the report indicates that high toxic levels occurred "infrequently" and that the incidence of dangerous chemicals exceeding safe levels was rare, it did conclude that several of the most popular fish caught in the SG Valley's

Puddingstone Lake had "elevated" levels of mercury (Large Mouth Bass and Carp). Further the levels of other contaminants found in carp, bass, and striped mullet from the Upper Estuary warranted a caution. According to the report, "suggesting that their consumption be limited to one meal per week"

The Council for Watershed Health supports a healthy watershed for the region by serving as a robust center for the generation of objective research and analysis. The Council has established a platform for meaningful collaboration between governmental organizations, academic institutions, businesses and other nonprofit organizations with a vested interest in preserving the watershed.

Founded in 1995 by leading environmental activist Dorothy Green, the Council for Watershed Health produces continuing research programs that examine water usage and quality as well as create and enhance preservation and conservation tactics. The trustworthy expertise and analysis that comes from the Watershed Council's ongoing programs connects a diverse set of groups with overlapping missions in an effort to drive policies that will continually improve watershed quality.

For more information go to: <http://www.watershedhealth.org>

Monrovia Police Blotter

During the last seven-day period, the Police Department handled 609 service events, resulting in 102 investigations. Following are the last week's highlighted issues and events:

72-Hour Mental Evaluation

On July 8 at 10:30 a.m., a caller reported seeing a female subject carrying a pistol in the 100 block of West Foothill. Officers located the subject, who was now walking on Lime, approaching Magnolia. The officers observed that the female was carrying a pistol. Once the female saw the officers, she immediately complied with their commands. The pistol turned out to be a very realistic replica of a semi-automatic pistol. As the officers interviewed the female, it became apparent she was a danger to herself and others, and she was taken to a hospital where she was held for 72-hour mental evaluation.

Juvenile Problem / Fighting in a Public Place - Suspects Cited

On July 8 at 8:44 p.m., officers responded to a park in the 300 block of South Myrtle regarding a fight. Three female juveniles were involved in an altercation over a boy. One female sustained an injury to her hand and was taken to a hospital for treatment. All three juveniles were cited for fighting in a public place.

Traffic Stop / No-Bail Warrant - Suspect Arrested

On July 9 at 12:20 a.m., an officer stopped a vehicle for a traffic violation. The driver said that he did not have his driver's license with him, but identified himself and provided a driver's license number. The officer became suspicious and with further investigation discovered that the driver did in fact have his license on him and he had provided a false name to the officer. A computer check with the driver's actual name revealed a no-bail warrant. The subject was arrested and taken into custody.

Driving Under the Influence - Suspect Arrested

On July 9 at 4:25 a.m., a vehicle was stopped for a traffic violation in the 700 block of West Huntington. The driver was determined to be under the influence of alcohol and was arrested.

Suspicious Toolbox

On July 9 at 4 p.m., security in the 100 block of West Huntington saw a suspicious toolbox in the parking lot on the north side of a building. The security officers had made foot passes in the area and had not seen the toolbox prior to 4 p.m. Officers were dispatched to the location to inspect the toolbox. Based on a recent threat reported in the news and the unusual location of the toolbox, the Los Angeles County Bomb Squad was requested and responded to the location. The toolbox was opened by the bomb squad and no suspicious items were found.

Vandalism - Suspect Arrested

On July 11 at 6:09 p.m., a witness reported a male juvenile gang member was spray painting

gang graffiti in the 100 block of East Walnut in the alley. Officers responded quickly and apprehended the suspect. He was arrested for vandalism. The citizen who witnessed the crime and took action reporting the suspect was rewarded with Monrovia Police Department's \$100 Graffiti Bounty.

Bicycle Theft

On July 11 at 7:06 p.m., a subject who lives in the 700 block of South Myrtle reported his bicycle stolen. His bicycle, a 10-speed silver mountain bike, was secured by locking the front wheel to the bike rack on the third floor of the parking garage. The suspect removed the frame from the front wheel. It appeared that two other bicycles were stolen in a similar fashion, but officers were unable to locate additional victims. Investigation continuing.

Vehicle Tampering - Suspect Arrested

On July 12 at 11 a.m., a business in the 200 block of East Huntington called police to report a male subject rummaging through a car that was not his. When officers arrived, the suspect was gone. One of the officers watched the store's security video and recognized the male subject from prior contact. She quickly apprehended him nearby and he was arrested for vehicle tampering.

Robbery

On July 12 at 9:51 p.m., a business in the 300 block of West Huntington reported a robbery. The suspect approached a cashier with his hand in his jacket pocket. He threatened to shoot her if she didn't give him the money from the register. After obtaining the cash, he ran south on Magnolia, then west on Cypress, out of sight. The suspect was described as a male, African American, approximately 30 years old, six feet tall, about 200 pounds, wearing a black hooded sweatshirt and blue jeans. He had a tattoo next to his right eye. Investigation continuing.

Driving Under the Influence/Marijuana - Suspect Arrested

On July 12 at 10:57 a.m., an officer stopped a female driver at Walnut and Fifth. During the investigation, it was determined the driver was driving under the influence of marijuana and the driver was arrested.

Vehicle Burglary

On July 12 at 3:42 p.m. an officer responded to the 1600 block of South California, regarding a vehicle burglary. The owner discovered his car was broken into and stereo system and speakers were stolen. Investigation continuing

Vandalism

On July 13 at 8:55 p.m., an officer responded to the 500 block of South Mountain regarding a smashed vehicle window. The victim parked his vehicle on the street at 7:45 p.m. When he returned to his car he had discovered the crime. There was no loss. Investigation continuing.

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Sixteen Alverno Seniors Receive Lifetime Service Award

Sixteen members of Alverno High School's graduating Class of 2011 have received the Father Joaquin Masmitjá Lifetime Service Award.

This award is presented in the form of a gold tassel to any graduating senior who has accumulated a minimum 420 service hours throughout their four years at Alverno High School.

"The gospel tells us that 'Whatsoever you do to the least of my brethren you do for me,'" says Alverno Campus Minister Susana Capra. "These young women consistently triple their service hours and make community service not only a school requirement, but

a part of their daily lives." As well as giving so generously of their time, the students were required to write an essay reflecting on what service has meant to them and to the community that they serve.

The award is named after the founder of the Immaculate Heart of Mary order, which sponsored the order now known as the Immaculate Heart Community. IHC now sponsors Alverno High School.

The Alverno graduates receiving the 2011 Father Joaquin Masmitjá Lifetime Service Award are picture below:



From left to right: Corrie Antillon, Bianca Melkonian, America Molgado, Alexandra Shoji, Nicole Tolosa, Erica Nevarez, Maryanne Householder, Sascha Rosemond, Julia Morreale, Marissa Jones, Regina Cabrera and Liliana Jacobs. Not pictured: Daphne Lu, Karineh Minissian, Karisha Quiogue, Nicole Salvador



Harry Potter!

For as great as the summer has been, there was one negative aspect: I wasn't going to be home for the final Harry Potter film. That meant that I wasn't going to be able to stand outside the theater for hours with my friends and dress up in crazy costumes or read the books to each other aloud or have epic wand duels. I was going to be somewhere in the middle of the country, possibly hours away from the nearest movie theater, and just think about all that I was missing out on! It also did not help that my Harry Potter mania was at an all time high because my dorm at Brown was Emma Watson's dorm, so my dorm-mates and I were constantly watching Harry Potter clips and quoting the movies. And they were all talking about how excited they were to see the midnight showing and how they were going to make Hedwig or Dobby costumes. Everyone except me.

As my dad and I were driving west back home this sad truth bothered me as we passed posters and billboards for the movie. I thought it was a hopeless cause to try and see the film anytime close to its release, thinking that it would be a sold-out show. Then luck struck. We were driving through Cleveland, Ohio and my dad suggested we try anyways. We found a Regal Theater in an odd part of town, and I remember that as I approached the ticket-lady my heart was pounding with anxiety, waiting for a rejection that never came. She sold me the two tickets for \$7.50 each and I felt as though I had won something great. Ultimately I saw the movie only 12 hours later than the rest of my friends, not bad in my book.

PUSD NAMES SCHOOL PRINCIPALS

Pasadena, CA - The Pasadena Unified School District (PUSD) welcomes two new school principals in the 2011-2012 academic year and is conducting a search for a new principal of Marshall Fundamental Secondary School.

Marcheta Williams, Ed.D., has been named principal of Norma Coombs Alternative School, which serves approximately 375 students. Dr. Williams joins PUSD from the Alameda Unified School District, where she was an elementary school principal and the district's Gifted and Talented Education (GATE) coordinator. Previously, she was a music educator in the Oakland Unified School District, where she also served as principal and assistant principal. Dr. Williams began her career as an elementary music teacher in the Los Angeles Unified School District.

"Dr. Williams brings leadership and a strong instructional background to Norma Coombs," said interim PUSD Superintendent John Pappalardo. "Her experience will be beneficial to the students and families of Norma Coombs."

Dr. Williams has a Bachelor of Music from the University of Cincinnati College Conservatory of Music, a Master's of Education from the University of Southern California (USC), and a Doctorate of Education from the University of California, Berkeley.

Earlier this spring, Sierra Madre School assistant principal Garrett Newsom was promoted to planning principal of Sierra Madre School's middle school campus, and will lead the development of curriculum and support services. The campus is under construction and is scheduled to open in fall of 2013. The search for a principal of the elementary school is currently underway after the retirement of long-time principal Gayle Bluemel in June.

PUSD is conducting a search for the new principal of Marshall Fundamental Secondary School following the departure this summer of Keith Derrick, who accepted a position as principal of San Marino High School.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: David L. Vannasdal

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Joanne Testa Cross
Kindergarten - 8th grade
website: www.barnhartschool.com

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsclions.org

Carden of the Foothills School

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414
626/358-5164 fax office@cardenofthefoothills.com

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road
Pasadena, Ca. 91107 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951
website: www.lasallehs.org

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2000,
Email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107
(626) 798-0759 Principal: Dr. Vanessa Watkins
E-mail address: watkins12@pusd.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Dr. Derick Evans
website: www.pasadenahigh.org

Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109
(626) 795-6981 website: www.pusd@pusd.us

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Gayle Bluemel
E-mail address: gbluemel220@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Gayle Bluemel
Contact person: Garrett Newsom, Asst. Principal
E-mail address: gbluemel220@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

Youth Activity Center Summer Field Trips

The City of Sierra Madre's Youth Activity Center is hosting field trips this summer. Come out and join the fun, you do not even need to be a YAC member! Please sign up online at www.cityofsierramadre.com/onlineeregistration or at the Community Services Office located at 611 E. Sierra Madre Blvd. For more information please contact the Community & Personnel Services Department at 626-355-5278.

Summer Field Trip Schedule:

- o Friday, July 22 – Raging Waters 9:00am-5:00pm, \$28 per youth
- o Thursday, August 4 – Huntington Beach Bonfire 2:00pm-8:00pm, \$10 per youth
- o Friday, August 19 – Six Flags Magic Mountain 10:00am-7:00pm, \$30 per youth

PARKS & FACILITIES MASTER PLAN SURVEY

Community members are invited to take part in the City of Sierra Madre's Parks & Facilities Master Plan survey. It is estimated that it will take less than 20 minutes to complete the survey. As this questionnaire is available on paper and online, please make sure on only complete it once! We value your privacy and assure that all responses are kept confidential and will be used for informational purposes only. We appreciate your feedback and thank you very much for your time.

Below is a link to the online survey for the Parks & Facilities Master Plan:
<https://app.icontact.com/icp/sub/survey/start?sid=577&cid=774866>

Canyon Canine

Dog Walking & Sitting Services
Sierra Madre, California

Chris Leclerc

www.canyoncanine.com
chris@canyoncanine.com



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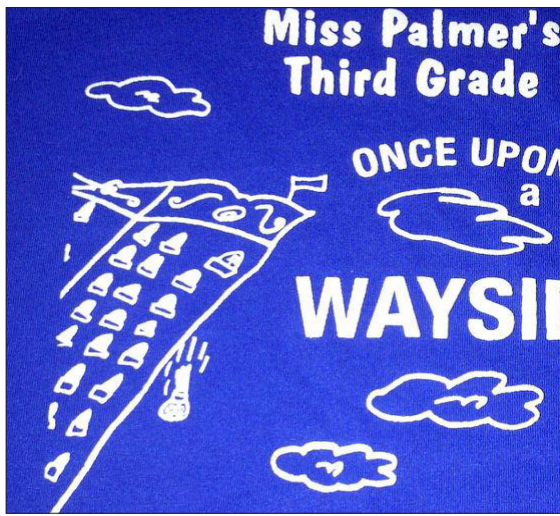
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SUMMER FUN



Miss Palmer's 3rd Grade Class, 31 talented and creative students, have published a book! It is called, "Miss Palmer's Third Grade: Once Upon A Wayside" and it includes the work of each of the students in her class. We will publish the book in its entirety this summer, with 3-4 stories each week. The stories will not be edited, well maybe a few spelling corrections. They are all entertaining and original!

Inspired by the book series they read in class, The Wayside School Series by Louis Sachar, the children created their own episodes of life at Wayside. (Hint: Louis Sachar's Wayside School was supposed to be 30 classrooms, one story high; but by mistake it was built straight up 30 stories. That should give you some insight into the kind of stories you will read from Ms. Palmer's 3rd Grade Class!)

A teacher for six years, Ms. Palmer has been at Sierra Madre Elementary for two years. She was born and reared in Sierra Madre, played on the SM Girls Softball Team and was a Sierra Madre Rose Princess in 2000.

This is a series of stories that will enlighten, inspire and keep you laughing all summer long!

If you want to read the previous week's stories, go to: www.mtnviewsnews.com.

MAC IS MISSING

by Ethan

One fine day at Wayside School, Mrs. Jewels took attendance and noticed that Mac was absent. The class thought this was weird because he was never absent. They figured he must be sick.

The next day, Mac was absent again and this time the

class was worried. They decided to go look for Mac. The class felt really bad because there was no one to do show and tell or play kickball with.

The got lots of stuff to look for Mac like Mac's pet dog also named Mac.

First they went to his house. They knocked on his door but no one was there.

Next, they went to the

playground but no Mac.

Finally, they saw smoke coming from the distance so they ran toward the smoke. They saw that a bus had broken down. They went to see if everyone was ok. They looked in the window and there was Mac just sitting there.

They took Mac back to school where he shared the story of his bus accident.

THE RETURN OF JANE SMITH by Katie Vita

Jenny entered Wayside School and started to the elevator. When she pressed the button, the door opened but nothing was inside to stand on. Way down the elevator shaft, three kids were trying to climb on the brick wall and were screaming for help. (Well, one was sleeping.)

Jenny looked down all the way, and then she went to Mr. Kidswatter's office to tell him about the broken elevators.

"Mr. Kidswatter, I think the elevators are broken", Jenny said.

"Oh, Jenny, nice to see you. Uh, don't worry, the repairmen are late again."

As they were talking, Jenny noticed under Mr. Kidswatter's suit he was wearing a Hawaiian shirt and he had a sun hat on.

"Um, Mr. Kidswatter, what's that on your head?"

"Oh that, nothing," Mr. Kidswatter said taking it off.

Jenny walked out of his office and up the thirty flights of stairs. Back in Mr. Kidswatter's office he sighed in relief. "Phew! That was close!"

When Jenny got back to class she asked, "Mrs. Jewels, what's going on with Mr. K.? This morning I went to go talk to him and he's like, wearing a Hawaiian shirt and a sun hat." Several kids gasped.

"I know, isn't that weird, Maurecia?" Jenny said. Maurecia nodded.

Mrs. Jewel's class went outside on the playground to see Louis.

"Hey Louis!", Joy said. "Can I have a green ball? I'm guessing not since we're on the thirtieth story."

"Here", Louis said sadly giving the ball to Joy. Joy was shocked. Louis hadn't given out a single green ball that afternoon. Maurecia and Jenny were with her.

"Why haven't you been giving away balls," Jenny asked. Louis said sadly, "Look around. Don't you guys see that the whole school is sad, even me?"

"I know. I see. But why?", Maurecia asked.

Louis had a puzzled face on, "Don't you know? The whole entire school knows!"

"I guess we don't. What is it that we should know?"

"We have a new principal", replied Louis.

"A what?!", Jenny screamed.

Maurecia went up and down the stairs telling everyone.

Back in Mrs. Jewel's class, Mrs. Jewels was worried about what was going on.

"Maurecia, Jenny and Joy, I'm not sure what Jenny is talking about."

"I'm pretty sure what I saw the hat and everything Mr. Kidswatter is quitting his job!", Jenny said.

The next day the new principal entered Wayside School and all the children recognized her. She was Jane Smith!

All the kids freaked out, but when the principal went on the loudspeaker she said,

"Good morning girls and boys. I am your new principal Ms. Luck. Today all of you will write a letter to Mr. Kidswatter. Plus, I used to be a dentist."

"Then all the children wrote a nice card to Mr. Kidswatter. Mr. Kidswatter said, "Goodbye, see ya soon."



"RETHINK YOUR DRINK"

Campaign to Help CA Kids Kick Soda Habit by Lori Abbott

"Rethink Your Drink" is the message health advocates are sending to parents and kids, as First 5 Los Angeles launches a campaign to help young children kick the soda and sugary drink habit.

Francisco Oaxaca, First 5's director of public affairs, says the average four-year-old in Los Angeles County eats or drinks almost 65 pounds of added sugar a year, which is usually more than their body weight. He says the single biggest source of added sugar in a child's diet comes from sugar-saturated beverages: soft drinks, fruit juices, punches

and sports drinks.

"Something very important for parents to realize that making water the beverage of choice both in the home and outside the home can go a long way towards developing healthy habits for their children, which become healthy habits as adults."

Through the end of August, First 5 LA will work with other groups to distribute about 200,000 free copies of a new bilingual book, Potter the Otter: A Tale About Water. Oaxaca explains it includes fun activities to reinforce the sugar-free message.

"It features an otter who is walking throughout the forest, meeting his different animal friends along the way, and he's carrying a glass of water with a straw in it. And he's telling them how important it is to drink water - that maybe they should trade the soda, juice or the sports drink that they're drinking."

Oaxaca says childhood obesity frequently leads to adult obesity, and can cause serious health problems now, and later in life. Learn more about the Rethink Your Drink campaign at www.ReadySetGrowLA.org/RethinkYourDrink.

The Scoop on Sugar

A can of soda here, and a box of juice there, amount to a lot of added sugar in your child's diet. The average child consumes 17 teaspoons of added sugar a day, that's 65 pounds of sugar a year! Cutting back - or cutting out - the amount of sugary beverages your child drinks can help him maintain a healthy weight.

The numbers are in!

Get sugar smart and see how much sugar is really in your drink.

	Soda	Capri Sun	Sunny D	Tampico	Chocolate Milk	Juicy Juice	Low-fat Milk	Water
Size	12oz	7oz	8oz	8oz	8oz	6.75oz	8oz	8oz
Calories	140	100	120	110	160	100	102	0
Teaspoons of sugar	10	7	6.75	6.5	6.25	5.5	3.25	0



Water Woes: Having a hard time getting your child to drink water?

Sometimes choosing water over sugar-sweetened beverages is easier said than done. It can be difficult to explain to your child why she can no longer have several servings of her favorite fruit juice or a can of soda as a treat. Here are some tips on how to make the transition from sugary beverages to water easier!

- Be a role model for your family! Let your child see you drink plenty of water and they will want to do the same.
- Don't stock your refrigerator with sugar-sweetened beverages; the temptation will be too great. Instead, keep pitchers of water with fruit slices in the refrigerator.
- Dilute your child's juice with more and more water each day until he gets used to drinking plain water instead of a sugar-sweetened drink.
- Have water at hand everywhere you go. Try buying a steel water bottle and refilling it at home.

- Offer your child fresh fruit instead of fruit juice. Fresh fruits are a great source of fiber and are a great option for snack time! Check out the USDA's new recommendations for a healthy balanced diet. →
- If your child resists drinking water instead of sugar-sweetened beverages, keep trying! It may be hard to convince your child to drink water now, but in the end, the health benefits of drinking water instead of sugary drinks will be worth the effort.



Information adapted from: http://www.cdc.gov/healthyweight/healthy_eating/drinks.html

We are so busy having fun all summer...



Newspaper Fun!

www.readingclubfun.com

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...that we don't even think about T.V.



Summertime Action

I can canoe. Can you canoe, too?

Well, I'm already a great swimmer, so I'm trying something new!

Don't you feel a bit like a fish out of water?

Echo, why are you bothering to learn how to canoe?

Nah! As you know, dolphins aren't fish. We're mammals. We are warm-blooded. Unless, of course, you are talking about the dolphin fish, which isn't *really* a dolphin. It's a cold-blooded animal. It's found in warm waters such as those around Hawaii and is commonly called Mahi-mahi.

Cheese will please these guppies!

Summertime Fun!

Can you fill in this crossword with words about summertime fun?

Where Do You Go?

There is lots to do during the summer months! Match the summer activities to the spots you must visit to do them:

- town fairs
- baseball games
- running races
- nature hikes
- outdoor concerts
- woods, mountains, peaks
- roads around town, tracks
- fairgrounds
- gazebo, town greens, parks
- sports stadiums

- ship cruises
- tennis matches
- yard sales
- funhouses, rides
- car shows
- homes, yards, garages
- amusement parks
- courts
- civic centers, parking lots
- rivers, oceans

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www.readingclubfun.com

MORE NAPKINS PLEASE: SLAW DOGS IS A MESSY DELIGHT.

Reader, fellow foodie and Facebook friend, Matt Tuchscherer poised this summer filled question, “Peter, isn’t a hot dog a hot dog?” Perfect submission considering we are closing National Hot Dog Month. Yes and No to the question, Slaw Dogs offers two intangible items. Number #1 the service staff is one of the friendliest in all of Pasadena, and if that doesn’t move you from the seat, owner Raymond Byrne and his mom have worked up some of the best side dishes in Pasadena. The Thai Slaw (\$2.99) is made with real coconut milk, and cleverly enough constructed to summon a queen in the form of Rachel Ray to appraise the Solomon like ingredients.



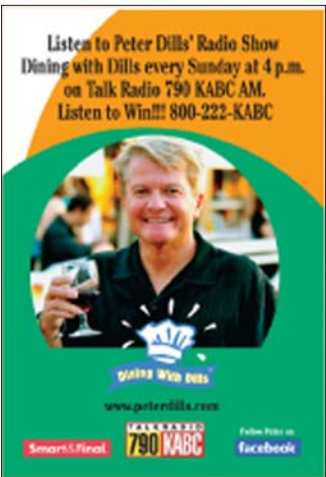
TABLE FOR TWO by Peter DILLS

Slaw Dogs is known to often swagger in a hungry line of patrons stretching from the outside sidewalk to the front counter. Lines such as these are often reserved for give away events. Put they testify here to the suggestion of approval from previous diners. Since my last visit they’ve added beer and wine, which I ordered on this sitting. The Olympia beer, it’s old school and dances with every gosh darn dog there is at Slaw Dogs. It’s a simple hot dog joint, or so I once thought. The menu is extensive, and that Japanese guy that you see eating 50 dogs, in twenty minutes on ESPN every Fourth of July, would be very proud. Slaw Dogs is much more than just the proverbial hot dog hut. Its menu boosts: links, sausages, bratwurst and hot dogs. One of the attractions here are the toppings as the possibilities are endless here. A small sample: chili, celery, cheese, Russian dressing, carrots, garlic, mayo, feta, olive mix, mustard, coleslaw... enough! You get the idea. You can dine on the “Original” Slaw Dog for (\$4.99); it arrives with chili, cheese, and mustard. Or go all out as I did and get the “Green Monster” at (\$5.59). This was a good choice with roasted green chili, chipotle mayo, grilled onion, pepper jack and spicy garlic salsa.

One of the stars of the show was the corn on the cob for (\$2.99). It would make a scarecrow proud f his work. I read a few things on the Internet about the prices being a little high, and my friend Kevin, a bartender at Parkway Grill, thinks so too. Who is he to talk, charging me \$7 for a beer that tastes the same as the \$3 one down the road. The prices are reasonable and there are combos and kid plates available to give balance to the experience. For hamburger lovers there are choices in that medium as well. I think even for people on the fence about hot dogs, Slaw Dogs may be enough to push you into the other yard and ask fro another bun.

The Slaw Dogs 720 N. Lake Ave. #8 Pasadena (626) 808-9777 check out www.theslawdogs.com for hours and updated specials. Join me on Charter Cable every Saturday and Sunday Night at 7 PM Channel 101.

Email me your thoughts thechefknows@yahoo.com



She’s Back! THE ICE CREAM PRINCESS



All of a sudden when you start to hear bells, don’t panic, it’s just that old fashioned ice cream truck full of goodies. Listen and look for it in Sierra Madre on the weekends. She’s everywhere! MVNews File Photo

MANY DON'T TOSS PERISHABLES AFTER LONG POWER OUTAGE

Most Americans not prepared to keep their food safe during an emergency.

By Mary Elizabeth Dallas, Health Day News

Most Americans are not prepared to keep their refrigerated food safe in the event of a power outage that lasts for more than a day, the results of a new survey suggest.

And the reasons for this poor preparation stem from a lack of storage space, cash and concern, according to researchers at RTI International, Tennessee State University and Jackson State Community College.

"Americans are not prepared to ensure food safety during extended power outages and other emergencies despite widely available information on emergency preparedness and response," study author Katherine Kosa, a research analyst at RTI International, said in an RTI news release. "Public

health officials and educators need to address barriers and misconceptions and target specific practices and demographic groups to help reduce the risk of food-borne illnesses."

In conducting the study, researchers used an online survey of more than 1,000 people across the United States to gather information on their knowledge and use of recommended food safety practices, such as when to discard perishable foods either during or after long power outages and other emergencies.

The study, published in the July issue of Food Protection Trends, revealed few people followed recommended guidelines on how to keep food safe after 24 hours or more without power. In fact, only 37 percent of participants said they discarded frozen food that had thawed during a power outage, and only 31 percent discarded refrigerated perishable foods after losing power for an extended period of time.

Moreover, 65 percent of those surveyed said they used their sense of smell to determine whether food was safe to eat, a practice that is considered potentially unsafe. Of those polled, 15 percent admitted storing food directly in snow or exposed it to cold outdoor temperatures during a power outage, which is another practice thought to be unsafe.

The researchers also found that just one-third of participants knew to toss refrigerated perishable foods, such as meat, poultry, milk and eggs, in the garbage after four hours without power. Meanwhile, 60 percent of those surveyed knew to throw away frozen food that had partially or completely thawed during an outage.

Overall, the investigators found that only 15 percent of survey participants were fully prepared to keep food safe during an extended power outage.

Learn more in the Everyday Health Digestive Health Center.



Image Copyright 2000, Gwen Gordon Graphics

Downtown Sierra Madre, 6:30 to 9pm

Date	Music *subject to change without notice	Theme*subject to change without notice	Sponsor
July 29	Ron Ellington Shy and Son	Wear your most outrageous tie	Bean Town Coffee House
August 5th	Mike Tims	Wear your most outrageous hat	Mountain Views News
August 12th	Gem City Jazz Cats	Wear your favorite Hawaiian shirt/dress/skirt	Prudential California Realty
August 19th	Dan Rotten	Wear your coolest shades	Chamber of Commerce
August 26th	Travel by Sea	Groucho night—first (150) to Chamber booth get Groucho glasses	Century 21 Village Realty

Spend \$35 in a retail store or \$50 in a restaurant during Friday Night Live, and bring your receipt to the Chamber booth in Kersting Court. You will be entered in a drawing to be held on the final night of Friday Night Live, Aug. 26th. The winner(s) of the drawing will receive a \$500 shopping and dining spree in Sierra Madre, donated by local merchants. Enter as often as you like, the more you spend downtown, the greater your chances of winning!

www.SMFridayNightLive.info

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THE PLAYHOUSE DISTRICT ASSOCIATION PRESENTS ITS 8th ANNUAL FREE SUMMER JAZZ CONCERT SERIES

Eight Sundays of Free Summer Concerts

Pasadena, CA (July 2011) – The Pasadena Playhouse District Association sizzles this summer with its 8th Annual Free Jazz Summer Concert Series.

The concert series takes place every Sunday evening, July 10 through August 28, 2011 from 5 pm until 7 pm at the Vroman's outdoor courtyard, 695 E. Colorado Blvd., Pasadena. The 8th Annual Free Jazz Summer Concert Series is free and open to the public. The eight week series features an eclectic roster of up-and-coming and notable jazz performers such as the Jacques Lesure Group, Jamila Ford, Faro, and Latin Jazz Syndicate among other groups. From blues to Latin and smooth jazz, the free summer jazz concert series has something for all jazz lovers.

The full concert schedule listed below. In its eighth year the summer jazz concert series has provided the community with all-star jazz entertainment at no cost.

For additional information on the Seventh An-

nual Free Summer Jazz Concert series, contact the Playhouse District Association, 626.744.0340.

About the Playhouse District Association The Playhouse District Association (PDA) is a California non-profit formed in 1995, which serves to enhance and promote The Playhouse District as the historic, cultural, and thriving commercial heart of Pasadena. 2011 Summer Concert

Schedule *

July 10 - Donovan/Muradian Quintet
July 17 - Jamila Ford
July 24 - Elliott Caine
July 31 - Joseph Pernicano
August 7 - Latin Jazz Syndicate
August 14 - Michael Haggins
August 21 - Jacques Lesure Trio
August 28 - Scott Martin Latin Jazz Soul

* Performers are subject to change without notice.

SIERRA MADRE CONCERT IN THE PARK SERIES

Join the City of Sierra Madre this summer for the FREE Concerts in the Park Series which begin Sunday, July 10, 2011 and occurs every Sunday through August 28, 2011.

The eight concerts are held from 6:00 pm and run through 8:00pm. All concerts will be held at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so remember to bring blankets and lawn chairs. Alcohol is prohibited.

Spectators are encouraged to support local organizations that may provide refreshments. For additional information please contact the Community & Personnel Services Department (626) 355-5278.

CONCERTS IN THE PARK SCHEDULE:

July 10 – Yvonne Perea (folk and blues fusion), sponsored by the Spero Foundation selling dollar street tacos, cookies, drinks and homemade ice cream by Pepper Marie's Ice Cream.

ELVIS Plays Sierra Madre Sunday July 24th

Save Sunday July 24th for "Elvis in the Park" sponsored by the Sierra Madre Rotary Club. Fresh from Las Vegas, entertainer and singer extraordinaire Harry Shahoian www.harryaselvis.com will be presenting the best of Elvis and performing on stage with his band. Always a home town favorite, Harry reconnects with Sierra Madre where the singer honed his craft in the early days as a waiter at Lozano, now WISTARIA.

Bring your lawn chair set up early as the town fills the entire landscape with coolers, blankets, and fans. Rotary is selling ice cream and the IN-N-OUT Truck arrives at 4:30 pm to take orders near the Hart Park House at City Hall. Enjoy burgers on the lawn under the stars and live music by Harry. Not to be missed.

Since the Rotary Club is a service organization dedicated to education, children's wellness, and the eradication of Polio worldwide, Tom Brady, the new Rotary president will invite all citizens and volunteers to get involved and participate in the Sierra Madre Library fund raising program

July 17 – Woodie and the Longboards (beach inspired), sponsored by Sierra Madre Civic Club selling hot dogs, pie, ice cream and water.

July 24 – Elvis (rock 'n roll), sponsored by the Rotary Club of Sierra Madre selling items from the In-N-Out Truck

July 31 – Fairytale and Fantasy VI (musical), hosted by Southern California Lyric Theatre

August 7 – Ghost in the Machine (The Police and Sting Tribute Band), hosted by L.A. County Arts Commission

August 14 – Ray Bailey and the Raylets - Blues and Jazz sponsored by Kiwanis and Friends of the Library

August 21 – Danny Dean and the Rockabilly Lovers (50's Rock) sponsored by the Senior Community Commission selling desserts

August 28 – The Silver Beatles (Beatles Tribute Band) hosted by the Community and Personnel Services Department.

for the new children's area. Come support a great cause and meet a shining star from Las Vegas who performs regularly on the Strip. This popular concert begins at 6:00 pm so come early and enjoy the small town atmosphere that is unique to Sierra Madre. Here's a strong suggestion: Car pools, bikes and walking are always recommended for this sell out event. Bring plenty of cash and support the "Penelope Pig" found at Paul Mansour's BestBuy Drugs to conquer Polio.

Volunteers are still needed to sell ice cream so please contact Peggy Beauregard peggybeau@gmail.com This is one event you will not want to miss after the 4th of July Parade and evenings at the Sierra Madre Playhouse. It actually is one of the top 100 things to do this summer in our special place we call home. Sit under the stars, bring the family, and have a great time.

See you at the Park near City Hall on Sunday! Remember Rotary meets every Tuesday at 7:00 at the Sierra Room 611 Sierra Madre Blvd. and all are welcome. www.sierramadrerotary.com and on Facebook as Rotary Club of Sierra Madre.



SEAN'S SHAMELESS REVIEWS: SEAPONY

Go With Me is the dreamy, simplistic and melodic oeuvre from newcomers, Seapony.

Originally from Seattle, this 3-piece band consists of songwriter Danny Rowland, vocalist Jen Weidl and bass player Ian Brewer. Actual drums are non-existent, but in its place is a vintage synthesizer/drum machine. Seapony's debut record is composed of seamless fuzzed-out guitar melodies, reverb vocals, and beats from the aforementioned drum machine. The songs are hazy and wistful, but sometimes the lo-fi vocals make it difficult to decipher the lyrics initially. Often times you don't know when a particular song starts or ends. Majority of the tracks are under three minutes and nearly all of them have similar arrangements and chords. Go With Me is a completely chilled-out record that doesn't require all that much from the listener. Personally, I'm fine with that as long as you're in that particular mood. If you seek higher meaning, take heed to another audible outlet.

Like many summer indie albums pouring in by the dozens, Go With Me is idyllic and gentle. It's the quintessential bedroom music played in the background of other things you are attending to. The twelve tracks fly by while it may be a good thing if you become tiresome of the same sound for 35 minutes. At the same token, if you dig the first track or two, you'll most likely be content on how the rest of the album plays out. It's a breezy and uncomplicated listen from start to finish. Seapony's sound is surf rock meets noise-pop. Songs like "Always" and "With You" feel like they were recycled off Beach Fossils' debut

record. The best comparison to another band they sound like is Best Coast (also with a female singer). Both bands suffer from not having all that much variety in their respective songs. However, there's no argument that the tunes on Go With Me are lovely and cheerful, but don't expect any songs to be grounded into your head after completion. Truth of the matter, you'll probably have a difficult time remembering which song is which because of the overwhelming resemblance each consecutive song has to one another. At the end of the day, Seapony isn't going to change you, but that's just it. The expressive charm behind Seapony's debut record is simplicity. The lyrics are lucid and the arrangements seem nearly identical in most songs. Despite the lack

SEAPONY

Artist: Seapony
Album: Go With Me
Label: Hardly Art
Release Date: May 31st, 2011
Key Tracks: "I Would Never", "Blue Star", "What You See", "Where We Go"
Grade: 7 out of 10.

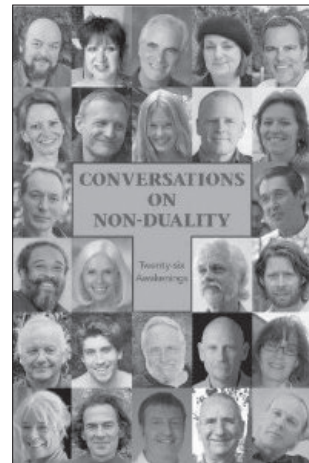
of diversity, Go With Me still delivers given the genre it's coming from. It's a sweet and carefree record that's ultimately very likable. If you're a fan of the effervescent pop rock complexion like myself, Seapony is definitely worth checking out. The replay value on Go With Me may not be present like other standout albums from this year, but played here and there should be just the right medicine. Like all good remedies, once you get too used to it, there's really not much more need for it.

Jeff's Pics The Book Report

By Jeff Brown

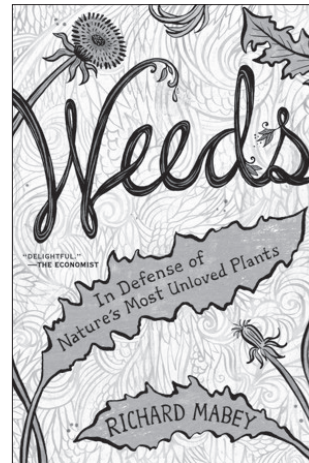
CONVERSATIONS ON NON-DUALITY: TWENTY-SIX AWAKENINGS by Eleanor Gilbert

A fascinating compilation of the 26 life stories of perfectly ordinary people and the different paths they've taken on their spiritual journey searching for oneness, completeness, and unity. From a rich variety of backgrounds, the people profiled here have been through extraordinary experiences leading to amazing new perceptions. They all shared a common sense of dissatisfaction with their lives and a longing for happiness, connection, health, love, fulfilling relationships, wealth, and freedom. As they reveal the means by which they each went about achieving an end to their suffering, from therapy to study with gurus, their stories range from funny to moving and tragic to inspiring, but there is a common element in their engagement with nonduality. In simple terms, nonduality means no separation, although it appears that there are separate individuals and objects in our world, in reality there is only oneness. It is this realization that has transformed the lives of these 26 ordinary men and women from many cultures and from a wide range of social, economic, and ethnic backgrounds. Here they share their insights and wisdom.



WEEDS: IN DEFENSE OF NATURE'S MOST UNLOVED PLANTS by Richard Mabey

The true story and true glories of the plants we love to hate From dandelions to crabgrass, stinging nettles to poison ivy, weeds are familiar, pervasive, widely despised, and seemingly invincible. How did they come to be the villains of the natural world? And why can the same plant be considered beautiful in some places but be deemed a menace in others? In *Weeds*, renowned nature writer Richard Mabey embarks on an engaging journey with the verve and historical breadth of Michael Pollan. Weaving together the insights of botanists, gardeners, artists, and writers with his own travels and lifelong fascination, Mabey shows how these "botanical thugs" can destroy ecosystems but also can restore war zones and derelict cities; he reveals how weeds have been portrayed, from the "thorns and thistles" of Genesis to Shakespeare, Walden, and Invasion of the Body Snatchers; and he explains how kudzu overtook the American South, how poppies sprang up in First World War battlefields, and how "American weed" replaced the forests of Vietnam ravaged by Agent Orange. Hailed as "a profound and sympathetic meditation on weeds in relation to human beings" (Sunday Times), *Weeds* shows how useful these unloved plants can be, from serving as the first crops and medicines, to burdock inspiring the invention of Velcro, to cow parsley becoming the latest fashionable wedding adornment. Mabey argues that we have caused plants to become weeds through our reckless treatment of the earth, and he delivers a provocative defense of the plants we love to hate.



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Due to the high demand for her tutoring and education services, bookstore owner, Sally Morrison, is opening a new learning center here in Sierra Madre. **Mindspring Education Center** will cater to students (children and adults) interested in furthering their **reading, writing, math, spelling, and comprehension** skills. In addition, Sally offers assistance in **study skills, homework, and test preparation**. She also specializes in helping students with **dyslexia** and other learning difficulties. Those interested in **summer sessions** should contact Mindspring soon because space is limited.

As a result of this business expansion, Sally Morrison and Jeffrey Ingwalson, owners of Sierra Madre Books, will be **closing the bookstore in June 2011**. "We appreciate all the support we've received from our customers over the past few years, but are excited about our new venture. We look forward to continuing to be part of this community."

For questions about **Mindspring Education Center**, please call (626) 355-1972. For questions about **Sierra Madre Books**, please call (626) 836-3200.

HOWARD Hays As I See It



"We knew that what we were doing here could be about a little more than just a football tournament. If winning this makes one person, someone who lost something or someone who was hurt or damaged by the events that touched our country, feel better for even one moment, then we have really achieved a most special thing. If it makes everyone happy and joyful and gives them a reason to cheer after such difficult times, then we have been successful. Japan has been hurt and so many lives have been affected. We cannot change that but Japan is coming back and this was our chance to represent our nation and show that we never stop working. This is like a dream to us and we hope our country shares it with us."

- Homare Sawa

If you're a regular follower of Limbaugh, O'Reilly, Hannity or Beck, you're familiar with the name Saul Alinsky. It appeared in last week's MVN, in Hugh Hewitt's "Right Turn" offering for the week. He both began ("Obama unleashed his inner Alinsky-ite") and ended his column with references to Alinsky, included the obligatory reminder of the president's own background as a "community organizer", and railed against the prospect our nation's healthcare dollars might be spent on healthcare, rather than million-dollar bonuses for insurance execs.

Right-wing propagandists seem to assume we're familiar with the name, and will ascribe dubious intent to anyone linked with it.

Saul Alinsky was born and raised by Russian Jewish immigrant parents in Chicago at the beginning of the last century. He later acknowledged anti-Semitism at the time to have been "so pervasive you didn't really even think about it; you just accepted it as a fact of life."

As a young man Alinsky turned to labor organizing for awhile, then returned to the slums of Chicago to begin a lifelong dedication to "community organizing", or, as he put it, to "turn scattered, voiceless discontent into a unified protest." His early efforts were among workers at the Union Stock Yards, those depicted in Upton Sinclair's "The Jungle". Illinois Governor Adlai Stevenson said Alinsky's efforts "most faithfully reflect our ideals of brotherhood, tolerance, charity and dignity of the individual."

These efforts took him to the slums of Kansas City and Detroit, and the barrios of L.A. By the 1950's he focused on the black ghettos of Chicago and Oakland, which earned him the hatred of Chicago Mayor Richard J. Daley, and a resolution from Oakland's City Council banning him from the city.

His work inspired "community organizers" from Cesar Chavez in the fields of central California to Barack Obama in the slums of Chicago. He was the subject of a senior honors thesis by Wellesley College student Hillary Rodham (Clinton).

While working to see people "banding together to improve their lives", Saul Alinsky refused to align himself with any political party or ideology. He explained, "if you think you've got an inside

track to absolute truth, you become doctrinaire, humorless and intellectually constipated. The greatest crimes in history have been perpetrated by such religious and political and racial fanatics, from the persecutions of the Inquisition down to Communist purges and Nazi genocide."

His work informed the anti-war movement of the 1960's, but he criticized actions such as burning the American flag and alienating the middle-class Nixon referred to as the "silent majority". Where others saw enemies, Alinsky saw potential allies. A decade before the Reagan presidency, Alinsky warned this increasingly troubled middle-class might be "ripe for the plucking by some guy on horseback promising a return to the vanished verities of yesterday."

Saul Alinsky has been gone almost forty years (a heart attack at 63), but his message carries special resonance today: a call to action across classes and borders, to reject passivity and engage in nothing less than "eternal war"; a "war against poverty, misery, delinquency, disease, injustice, hopelessness, despair, and unhappiness." "I love this goddamn country", Alinsky said, "and we're going to take it back."

No wonder this "community organizer" continues to unnervingly the right.

Like many an old sci-fi movie, the problem comes not from the "outsider", but from those who fear what they can't understand. There's an inability, or unwillingness, to understand the definition of "community" in its broadest sense - one that spans class, geography, and generations. There are those who can't understand how one who's achieved success in life can feel a sense of community with those who haven't. They assume an inherent phoniness when the likes of a Sean Penn or Brad Pitt spouse shared community with the suffering in Haiti or Namibia.

They're perplexed that those over 55 aren't satisfied with assurances their own Medicare coverage won't be affected under the Republican proposal. It's not them, but the next generation who'd be given a voucher and sent on their way, so why should they care?

A sense of community brings feelings of shared concern, and also shared triumph. Attendance and TV ratings broke records when the New Orleans Saints returned to the Superdome in 2006, the year after Katrina.

Last Spring I wrote of the numerous Japanese-related events taking place in the San Gabriel Valley, and how the community affected by the earthquake and tsunami extended across the Pacific Ocean all the way to Sierra Madre. We can commiserate with the ladies of Team USA, while also sharing the joy of Ms. Sawa and her teammates.

Community organizers from Saul Alinsky to Barack Obama have sought to bring political and economic empowerment to communities at home and abroad. Another kind of solidarity was displayed on a banner carried on the field by the Japanese team; "To Our Friends Around The World - Thank You For Your Support".

Maybe next time for the Americans; but what a game against Brazil! For now, perhaps we can celebrate (or commiserate) by sampling the product of the Japanese team's sponsor - and have Yasu-san serve us up a Kirin beer down at Mountain View Sushi.

GREG Welborn

Your 70% Tax Rate Will Be Transformative



The debt ceiling debate in Washington has the feel of theatre in that it appears simply to be so much political posturing without meat or merit. While there is truth in the sense that both sides are trying to position their argument so as to garner the most public support, the issue at hand is anything but insignificant. We are witnessing one of the defining debates of our generation, the results of which could very well accomplish the transformation of our country which candidate Obama made such an integral part of his campaign.

If the conservatives lose this battle, the marginal tax rate for the middle class will quickly become 70%. The taking of more than two-thirds of the average American's income will change the nature of our relationship with the government and our culture as a people in fundamental and devastating ways.

Consider the current tax structure for a minute. The top federal rate is 35%, but it's scheduled to rise to 39.6% in 2013. Payroll taxes are 12.4% for social security and 2.9% for Medicare. There are also state taxes which are now 10.5% for those of us in high-tax states like California. Thus, considering the offsets, caps and phase outs which apply to all this, the combined top tax rate is currently 44.1%.

When the Bush tax cuts expire and when Obamacare payroll taxes kick in, the combined tax rate will rise to 58.4%. As bad as that sounds, the situation gets worse. The administration's own projection of the necessary rise in ALL income tax rates is 31.7%, which will take affect in 2016. This is needed to cover the deficits built into the spending plans the President already successfully rammed through the last Congress. This will raise the top combined tax rate to 68.8%. The government will be taking 2/3rds of Americans' hard earned wages.

While the argument is made that these rates would "only" apply to the "rich", the truth requires a different extrapolation. Given the projected deficits in future years, tax rates on the middle class (let's say a couple earning as little as \$60K in California) will rise to 70% by 2035 and 80% by 2050. That middle class couple is currently paying a combined rate of "only" 45%, but because so many of the payroll taxes are disguised or taken bit by bit in small amounts from each weekly paycheck, most middle class earners don't realize what they're already paying.

Most simply complain about the high cost of living or the struggle to make ends meet without realizing that their friendly elected officials are the ones whose hands are nestled so deeply in their pockets. Think about how tough it's going

to be to feed, clothe and house a family when that burden rises to 70%.

The results will indeed be transformative. First, more Americans will find it necessary to turn to the government to meet their needs. Dependence will increase and self reliance will decrease. The very essence of our cultural identity as Americans will have been changed. We will be less the boot-strapping entrepreneurs and more the government-reliant wage slave. Second, these tax rates can only dampen economic activity. There is a reason that European per-capita income is 30% lower than in the United States. Their economies have long been saddled with these levels of taxation.

Some have argued that even if the conservatives lose the argument today, there will always be other elections and opportunities to reverse the situation. Theoretically, that may be true, but as time progresses it does become harder and harder to reduce spending. The reason is simple. All government spending ultimately creates a class of recipients that come to "depend" on that income. Naturally, they resist all efforts to reduce their income. As more and more Americans are forced to become dependent on government spending of one stripe or another, the tougher it becomes to reverse the trend and reduce the spending.

The answer to this problem lies in taming government spending now. Our current and projected deficits far exceed anything that has ever been experienced in this country before, but they are not simply due to the faltering economy. Decreased tax revenues don't come anywhere near explaining the amount of the deficits. The culprit is the amount of spending voted in by the last liberal Congress at the behest of the Obama administration. The battle in Washington is whether that level of spending and government control of the economy and our lives is going to be the new norm, or whether we're going to return to the traditional balance between individual control and government control. If the liberals win this one, America's transformation will largely be complete. Sadly, it won't be a change for the better.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn@earthlink.net.

BUSINESS TODAY

The latest on Business News, Trends and Techniques



Marketing vs. Advertising – Part I Promoting Your Small Business

by La Quetta M. Shamblee, M.B.A.

It is important for business owners to understand the differences between marketing and advertising. Both are very important, but each one serves a specific purpose toward the primary goal for a for-profit business – that is, to generate sales revenue.

Think of marketing as the umbrella that encompasses the full range of business activities available to bring buyers and sellers together for the purpose of exchanging or trading something of value. The term marketing refers to an entire process of strategic planning, implementing and managing all of the activities available to make this happen. The overall goal of marketing is to promote goods or services to increase sales.

The marketing strategy for AARP to sell its services is going to be dramatically different from the strategy developed for a new line of skateboards. Why? First of all, the customer groups are very different, not only in age, but in terms of how and where a business will be able to reach them. Telling a group of seniors to follow your company on Twitter is probably not a good idea. By the same token, sending hard copy letters to teenagers with instructions for them to call or write in for information on skateboards is likely a waste of time and money. A sound marketing plan takes key factors like this into consideration to be sure that the mix of activities is appropriate for your target audience.

Advertising is defined as any paid form of nonpersonal presentation and promotion of ideas, goods, or services by an identified sponsor. Advertising is a single component in the marketing process and it has three primary goals: to inform, persuade and remind. Due to the expense, it is important to have a plan for how to incorporate advertising into your marketing mix. The major types of advertising are television, newspapers,

direct mail, radio, magazines, billboards, newsletters, brochures, telephone and the ever-growing internet.

Large corporations spend billions on advertising, and most commonly, in the form of an advertising campaign that can be repeated and sustained to ensure that it will have an impact. One memorable example is from 1997 with the launch of a series of television commercials that featured a little brown Chichihuahua uttering, "Yo Quiero Taco Bell!" Due to the sustained use of the concept, including new commercials with the same dog, this would be considered an advertising campaign.

Owners of small businesses don't have the deep pockets for advertising on this scale, so they must be savvy about how, where and when to expend resources for advertising. Let's take the case of a local restaurant. Investing time and resources to develop an advertising campaign to place in a local community publication or for online e-ads that reach specific target groups will be much more cost effective than regional media that may reach an impressive 1,000,000 readers. What good will that do for your restaurant if 900,000 of those readers reside 50 miles or more from your location? However, if you're promoting a new cookbook or some type of services that can be ordered or used online, then the large-scale publication with the broader reach may be a good fit.

Ready to determine the most appropriate marketing mix for your business? Need to figure out how to get started or how to bring in more customers and increase sales in the face of having limited staff and financial resources? Then, join us next week for some step-by-step instructions and a reference to more free online resources to help you make some decisions and plans about what you need to do to market and advertise your business.

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Worship at Southwestern Academy



Join the San Marino Community Church family for a special summer worship service at 10:00 am on Sunday, July 24 at Southwestern Academy (2800 Mantra Road, San Marino.) 70 years ago, the church held its first worship services there!

School bus transportation will begin from the church parking lot starting at 9:30 am as street parking at the Academy is limited. (A few handicapped parking spots are available.) Following worship a pot-luck picnic will be offered. There will also be games for all ages.

San Marino Community Church

1750 Virginia Road, San Marino, CA 91108
For more information call: (626) 282-4181
Connect with us online: www.smccpb.com

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Mountain Views News Mission Statement
The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL Hamilton My Turn



Water Safety: Instinctive Drowning Response

Summer is here and water safety should be first thing on our minds. For many -- especially kids -- summer means many hours cooling off in a pool. This summer

I'm asking that everybody do their part by keeping our eyes open and being extra vigilant, especially where kids are swimming. It really does take a village where water safety is concerned. If you're not familiar with Instinctive Drowning Response (IDR) you should be for the simple reason that drowning doesn't usually look like drowning and is often silent. Ironically, the involuntary reactions that cause drowning to be a quiet struggle are founded in the body's uncontrollable instinct to survive. Here's how lifeguard instructor and water safety expert Frank Pia describes IDS:

"Except in rare circumstances, drowning people are physiologically unable to call for help. The respiratory system was designed for breathing. Speech is the secondary, or overlaid, function. Breathing must be fulfilled, before speech occurs. "Drowning people's mouths alternately sink below and reappear above the surface of the water. The mouths of drowning people are not above the surface of the water long enough for them to exhale, inhale, and call for help. When the drowning people's mouths are above the surface, they exhale and inhale quickly as their mouths start to sink below the surface of the water. "Throughout the Instinctive Drowning Response, drowning people cannot voluntarily control their arm movements. Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer, or reaching out for a piece of rescue equipment. "From beginning to end of the Instinctive Drowning Response people's bodies remain upright in the water, with no evidence of a supporting kick. Unless rescued by a

trained lifeguard, these drowning people can only struggle on the surface from 20 to 60 seconds before submersion occurs. "This does not mean that a person that is yelling for help and thrashing isn't in real trouble -- they are experiencing aquatic distress. Not always present before the instinctive drowning response, aquatic distress doesn't last long -- but unlike true drowning, these victims can still assist in their own rescue. They can grab lifelines, throw rings, etc."

The Center for Disease Control says IDR is the number two cause of accidental death in children, age 15 and under (just behind vehicle accidents) -- of the approximately 750 children who will drown next year, about 375 of them will do so within 25 yards of a parent or other adult. In ten percent of those drownings, the adult will actually watch them do it, having no idea it is happening.

Look for these warning signs of IDR when people are in the water:

- Head low in the water, mouth at water level
- Head tilted back with mouth open
- Eyes glassy and empty, unable to focus
- Eyes closed
- Hair over forehead or eyes
- Body vertical -- Arms extended outward, Not using legs
- Hyperventilating or gasping
- Trying to swim in a particular direction but not making headway
- Trying to roll over on the back
- Appear to be climbing an invisible ladder.

The point is that a real drowning doesn't look like drowning at all. Be aware of swimmers who go quiet. Check and ask if they are OK -- if they answer they probably are. Pay particular attention around children. Play time in the water is loud and full of splashing and shouting. A real drowning is quiet. If your child should go quiet while swimming, find out why and find out now! Have a wonderful summer and stay safe.

RICH Johnson



JJ JUKEBOX

Well, I've gone ahead and done it. My mother wouldn't be surprised if she were still alive. She predicted this the minute I picked up a guitar all those years ago. My road to ruin and perdition is all but assured.

What have I done? I hesitate to come clean. All right, I have joined with three other well-intentioned guys and formed a rock and roll band (shriek). The four of us are calling ourselves J J Jukebox primarily because we do songs from the 1950s, 1960s and 1970s. You know, the Beatles, the Beach Boys, the Turtles, Van Morrison, Roy Orbison.

The other three members are Barry Schwam, Steve Cipriani and Mike Gallegos.

I don't want to sound arrogant but out of the 4 members of J J Jukebox I am easily the fourth best musician. And my ranking is secured (unless we add a 5th member).

We have two performances under our collective belts. One was a July 4th pool party, and the second was the Sunday morning music at Mary's Market a few weeks back.

We have two upcoming gigs (a gig is the musicians term for a professional engagement.) We are performing the evening of Wednesday, August 10th, back at Mary's Market for their once a month BBQ event. The event starts at 6:00 pm and Mary's is at the mouth of the Sierra Madre canyon area, 561 Woodland Drive (head north on Mountain Trail, east on Sturtevant, left at the stop sign and wind up a couple of turns) Their phone number is 355-4534.

We are also performing Saturday night, August 13th at Corfu Restaurant, 6:30 until we're asked to leave :) That restaurant is at 48 W. Sierra Madre Blvd (just west of Baldwin on the south side of the street) If you want to come, please make reservations as the seating capacity is limited. The number to Corfu is 355-5993. They are closed Mondays. The food at both restaurants is terrific.

Since I don't want this to be totally a self-serving plug for my band, I want to pass along some interesting trivia that can be used as conversation

starters over the summer. Did you know:

Astronauts can't belch...in space that is. Seems there is no gravity to separate liquid from gas in their tummies.

Mona Lisa has no eyebrows. I guess that look was fashionable during the Renaissance.

Each bottle of Champagne has over 25 million bubbles waiting to burst out.

In 1886, when Coca Cola was introduced it was billed as an "Esteemed Brain Tonic and Intellectual Beverage".

Zero is the only number that cannot be represented by Roman numerals.

Peanut oil is used for cooking in submarines because it doesn't smoke unless heated above 450 degrees Fahrenheit.

Nine out of every ten living things live in the ocean.

Toss an apple to a girl in ancient Greece and you are proposing marriage. If she catches it, she accepts.

Do you know the names of the three wise monkeys? (See no evil) Mizaru; (Hear no evil) Mikazaru; (Speak no evil) Mazaru.

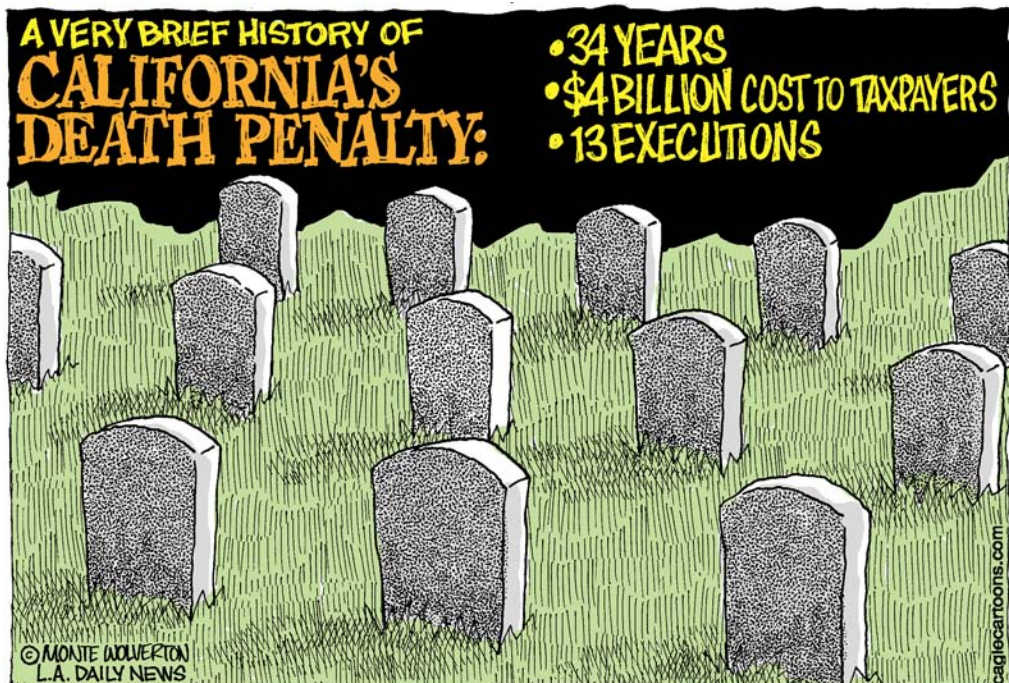
The military salute evolved from medieval times when the knights in armor would raise their visors to reveal their identity.

When a person dies, hearing is the last sense to go, Sight is lost first (How do we know this?)

Mickey Mouse is know as "Topolino" in Italy.

Thanks to Ken and Nancy for this cornucopia of useless information.

Come join us August 10th and/or August 13th for good food and....well good food anyway!



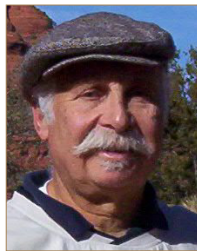
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STUART Tolchin.....On LIFE A POSSIBLE SOLUTION



Over the past few weeks I have consciously tried to create optimistic articles.

These articles reflect my view that although I recognize that great problems presently exist it is my feeling that somehow humankind will come up with an acceptable solution. The feedbacks from readers that I have received indicate that many feel that the endings of my articles seem unrealistic and insincere. People seem to agree with my criticisms but disagree with my solutions. These solutions generally say that if people just start thinking for themselves and eat right and get enough sleep and treat each other civilly then everything will be all right. People say they just don't buy it.

Last weekend I talked to some friends and couldn't help noticing that many people feel doomed. Not only does the ongoing world economic crisis frighten everyone but personally people seem to be having problems. Maybe it is a reflection of the economy or the endless wars. Famines threaten Africa and dust storms and intolerable heat waves are in the news. Perhaps there is a connection between these conditions and the personal problems some people are experiencing. Husbands are lying to their wives and having secret affairs and teenagers who are having trouble finding jobs are having all kinds of problems with drugs. Many seem bored with their lives and are searching for new adventures while dissatisfaction with their present lives just makes everything worse.

Everyone seems to be looking for some sort of escape and expensive fantasy films like the Harry Potter movies offer some relief, but it is only fleeting and the movie ends and it's back to regular lives. This weekend, along with the crowd my wife and I paid eleven dollars to see the Harry Potter film. The next day we went to the art house and saw the movie *Project Nim*. There were only six people in the theatre but nevertheless I found the movie very worthwhile. The film, a kind of semi-documentary, describes the attempt by a research scientist to place a chimpanzee in the home of a family who would treat the chimp just like another human child, while attempts were made to teach the animal American Sign Language. The results were disastrous as the family completely overlooked the actual nature of the chimp. The chimp was first treated like a cute little doll, but as he grew his needs were completely ignored and he became isolated and depressed. The chimp physically injured

members of the family who were completely unprepared to deal with what grew to be a primate with the strength of five adults. Eventually the chimp was moved from place to place and finally was used as a subject of medical experiments. The chimp became a very sad, damaged animal living an isolated half-life while the humans who had worked with him grieved but could do little about his situation.

After seeing the film I went home and searched around for my book about Bonobos. I found the book entitled *Bonobo The Forgotten Ape* by Frans De Waal and Frans Lanting. It is a large beautiful book which describes the nature of the Bonobo, which is a primate closely related to the chimpanzee and to humans. Perhaps you are already familiar with Bonobos, which biologically speaking are the closest you can get to being human without being human. Bonobos look more like humans than other apes and display many behavioral similarities as well. They differ from their cousins the chimpanzees in that their primary behavior can be described as making love not war. While chimpanzee society is male-dominated and war-like, Bonobo society is very different. Bonobos use sex to bond with each other; relieve tensions, and exchange energy and pleasure. They maintain their peaceful society by regular sexual contact homosexually, heterosexually, between older individuals and younger individuals and in groups. Interesting, isn't it?

What I am suggesting is that it is quite possible that human nature at its core is similar to the Bonobo. Perhaps we are all suffering from sexual deprivation, which results in an inevitable dissatisfaction with our lives. Perhaps somewhere along the line humankind lost its way and became frightened of itself. We are all aware of the very limited way sexual expression is accepted in our society. Yet with all the pressures telling us what the rules are supposed to be, it is clear that many people break these rules and, as a result, suffer great personal losses. Increasingly societies have been forced to recognize that the one size fits all mode is no longer applicable. As homosexual and non-married contacts are increasingly accepted worldwide, perhaps this is recognition that humankind is becoming more accepting of itself. Possibly we are moving toward more satisfying lifestyles, eliminating the need for diversions like wars and other destructive behaviors. It is a little bit threatening to think about but such a change might allow men and women to actually live on this Earth in a peaceful and constructive manner, which would really be a change for the better. It's certainly something to ponder.



Curbing Bad Behavior: THE BEAUTIFUL GAME

by Ron Carter

I was elated to observe the pride, joy and pain the

USA Women's Soccer Team provided their American fans throughout the 2011 Women Soccer World Cup. They played "The Beautiful Game" with grit, determination, skill and grace. As a young man who grew up playing soccer in my native country, Guyana, South America, I was disappointed when I arrived in America and found my two favorite sports, Soccer and Rugby, were not popular in the USA. I was a talented Rugby player and was looking forward to continuing my growth in the sport in America.

Fast forward to the present, more than 30 years later, and Soccer, Women's Soccer, is front and center on America's sport consciousness. The USA Women's Soccer Team has won the Women World Cup twice and was on the verge of making history by becoming the only women's team to win the coveted cup three times. It was not to be, because the Japanese Women's Team won the 2011 World Cup against the USA women on penalty kicks. The Japanese were destined to be crowned champions.

Chatting before the game with my childhood friend, Carl Andrews, an architect at John Hopkins Hospital and a Women's Soccer Coach, we shared some insightful thoughts. It was not until the USA Soccer Federation decided to focus its resources on training and supporting women's soccer that the game

blossomed in America. Their plan to encourage young women to play soccer in the youth and amateur leagues was a brilliant idea. Also, the tactic to recruit international soccer coaches to work in America was a smart strategy. The USA Soccer Federation's changed behavior allowing women the same opportunities as men propelled Women's Soccer to its powerhouse place internationally in the sport. It also helped that the 1972 Title IX legislation which mandated gender equity in education in America was enacted.

I am also happy to report my friend Carl works in tandem with Clyde Watson, a fellow Guyanese and respected soccer coach, who has mentored and coached the USA Women's Soccer Team star player, Abby Wambach. These gentlemen are contributing to the marketing and growth of Women's Soccer in America. I am proud of them. Today, as we celebrate the USA Women's Soccer Team accomplishments, let us remember it was when a change in behavior was forged with a commitment to support soccer in America, the game (Soccer), which the Brazilians called "The Beautiful Game," emerged to become a fan favorite of an enthusiastic American audience.

Even though the USA Women Soccer Team lost the championship game to their Japanese competitors, we should applaud these young women for displaying professionalism, pride and grace in defeat. They are one of the best teams in Women's Soccer....their journey continues.

Looking Up with Bob Eklund

Dawn Spacecraft Returns Close-Up Image of Asteroid Vesta



NASA's Dawn spacecraft has returned the first close-up image after beginning its orbit around the giant asteroid Vesta. On Friday, July 15, Dawn became the first probe to enter orbit around an object in the main asteroid belt, which lies between the orbits of Mars and Jupiter.

The image shows Vesta in greater detail than ever before. When Vesta captured Dawn into its orbit, there were approximately 9,900 miles between the spacecraft and asteroid.

Vesta is 330 miles in diameter and the second most massive object in the asteroid belt. Ground- and space-based telescopes have obtained images of Vesta for about two centuries, but they have not been able to see much detail on its surface.

"We are beginning the study of arguably the oldest primordial surface in the solar system," said Dawn principal investigator Christopher Russell of UCLA. "This region of space has been ignored for far too long. The images received to date reveal a complex surface that seems to have preserved some of the earliest events in Vesta's history, as well as logging the onslaught that Vesta has suffered in the intervening eons."

Vesta is thought to be the source of a large number of meteorites that fall to Earth. Vesta and its new NASA neighbor are currently approximately 117 million miles away from Earth. The Dawn team will begin gathering science data in August.

After traveling nearly four years and 1.7 billion miles, Dawn also accomplished the largest propulsive acceleration of any spacecraft, with a change in velocity of more than 4.2 miles per second, due to its ion engines. The engines expel ions to create thrust and provide higher spacecraft speeds than any other technology currently available.

Engineers have been subtly shaping Dawn's trajectory for years to match Vesta's orbital speed around the Sun. Unlike other missions, where dramatic propulsive burns put spacecraft into orbit around a planet, Dawn simply eased up next to Vesta. Then the asteroid's gravity captured the spacecraft into orbit.

"Dawn slipped gently into orbit with the same grace it has displayed during its years of ion thrusting through interplanetary space," said Marc Rayman, Dawn chief engineer and mission



manager at JPL. "It is fantastically exciting that we will begin providing humankind its first detailed views of one of the last unexplored worlds in the inner solar system."

Although orbit capture is complete, the approach phase will continue for about three weeks. During approach the Dawn team will continue a search for possible moons around the asteroid; obtain more images for navigation; observe Vesta's physical properties; and obtain calibration data. In addition, navigators will measure the strength of Vesta's gravitational tug on the spacecraft to more accurately compute the asteroid's mass.

Dawn will spend one year orbiting Vesta, then leave in July 2012 to travel on to a second destination, the dwarf planet Ceres, arriving there in February 2015.

UCLA is responsible for Dawn mission science. Orbital Sciences Corp. of Dulles, Va., designed and built the spacecraft. The German Aerospace Center, the Max Planck Institute for Solar System Research, the Italian Space Agency and the Italian National Astrophysical Institute are part of the mission's team.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding where the jobs are located and how to get past the "gate-keepers". As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering your questions, but I will be totally honest. My objective is to help you achieve your employment goal.

About a month ago I had my resumé critiqued and revised by a professional Resumé Writer. The resumé writer charged me an arm and a leg to write it. I felt the final resumé was a waste of my money. The resume was awful! She removed all my work history and reduced my resumé to 1 page! The end result was a useless piece of paper. I originally had a great 3-page resumé that included all my work history and described everything I had ever done for an employer. I have over 20 years' experience as an Administrative Assistant in the Healthcare industry. I was with my last employer for 10 years and worked in several different departments. Previous to that I was employed by 5 different employers. The Resumé Writer explained to me that she felt that the resumé she had written would better represent me to employers and that the employers did not want to receive nor read a 3-page resumé, especially for an Administrative Assistant position. She re-formatted my resume as a Functional Resumé. I really feel like my previous work history was meaningless and as she put it..."totally irrelevant to my future employment". Don't employers want to know that I am committed to long-term employment, that I am loyal, and not a job hopper? I don't want to post this resumé on any job board or send to any employer. Should I go back to using my old resumé? Really Upset

Dear Really Upset:

A Resumé Writer's objective is to write you an effective resumé that will get you results. Employers and recruiters really do not want to read a three-page resumé. Any information on your resumé that is older than ten years is considered obsolete. A resumé is basically an introduction regarding your work history, skills, and accomplishments. The key objective of a Resumé Writer and the resumé is to get you an interview. The goal is to make the resumé interesting and content oriented enough for the employer to invite you to interview for their position. I expect the Resumé Writer composed you a functional resumé instead of a chronological resumé. This sometimes is a shock to their clients. A functional resumé summarizes your past ten years of experience and accomplishments in a summary format and then list the job title, company and years of employment separately. This really is the best format for someone like yourself who has worked for one company over ten years and in similar positions. It is a shock sometimes when you have your resumé revised, updated and re-written, especially by a professional resumé writer. However, they have your best interest at heart and their goal is for your resumé to "grab" the attention of the employer and to contact you for an interview. Submit the revised resumé and see you if start getting results. I bet you will.

Everything you ever wanted to know about how to get a job ...but did not know who to ask. Send your questions to jai@resumeandcareerservices.com or visit website www.resumeandcareerservices.com.



Happy Tails

by Chris Leclerc.
Canyon Canine Dog
Walking & Pet Sitting Services

Correction: In last week's article, entitled "Answered Prayers for Birds of Prey", I mentioned that the Ojai Raptor Center's 5th annual fund raiser, "For the Birds, V" would be held in a public Ojai park. Please note that the event will actually take place at a private ranch in Ojai (much better!). For more information, please visit the Ojai Raptor Center website at: <http://www.ojairaptorcenter.org/>.

As a youngster growing up in a rural setting in the deep south, I was lucky enough to have had lots of farm animals and domestic pets throughout my childhood. I remember enjoying the luxury of allowing my dogs to roam freely at will, knowing that they would most likely wander through the woods in our back yard, head off to the neighbor's house to play with their dogs and beg for left over scraps, then return home just in time for supper. That was indeed a luxury of freedom for both myself and my pets, and I imagine there are many Sierra Madre locals who have similar childhood memories of their own.

Those were the days, weren't they? With acres of undeveloped land surrounding us, ample space between our homes, and a heck of a lot less traffic passing through our neighborhoods, the risks were minimal for a pet with a nose for wanderlust who wanted to explore the great outdoors. It just seems natural, right? Well, unfortunately the open acreage and broad land gaps that used to exist between homes have shrunk dramatically in most parts of America over the years, and few & far between are the moments of silence without a vehicle passing swiftly by on the boulevards and streets that divide our properties. Let's face it folks, as residents in America, or at least most certainly in Los Angeles County, the days of "free-range" pet ownership are far-and-away long-gone.

Not only is it extremely risky to allow a dog to run free these days, it is also against the law. Pet owners who live in Sierra Madre and other parts of LA County should now know better than to think it is OK to let their dogs roam off-leash. I learned my lesson several years ago, while living in Hermosa Beach with my dog, "Lady". She was a friendly pup, so I was never concerned that she might hurt anyone, and at the time it never dawned on me that she herself could be hurt by roaming free. I lived 2 blocks from the beach, and I loved to let "Lady" go play on the sand during the off-season months when there was minimal traffic and

LOVE 'EM & LEASH 'EM

there were few tourists in town. One day, I let Lady go and a cop stopped and cited me for having my dog off-leash. The leash laws were new to me, so I was taken very much by surprise when I was told I had to take a day off work to appear in court and pay a fine. That was the last time I ever allowed my dog to roam free. Although I admit that it seemed ridiculous at the time, I have since learned to respect the leash laws, particularly in LA County (one of the most densely populated places in the entire US) and I guess I have become a self-appointed advocate for full compliance, mostly for the sake of the animals.

While we would all love to think that our own dog is smarter than most ... smart enough to stay out of the street and behave properly no matter what, it is simply an unsafe assumption that amounts to nothing less than negligence. A domestic dog is a creature driven more by instinct than taught intelligence or allegiance to its master, regardless of how much training he has received. In fact, the human's delusion of owning the perfectly obedient dog is an excellent example of how, in some ways the dog is indeed smarter than the human being. No offense to those responsible owners who have taken the time to properly train and discipline their pets, it's just that humans need to come to grips with the fact that a canine will do what comes naturally to itself, and much of the time the instinctual behavior of the canine is not in tune with the natural behavior of the human being.

Even a well-trained, very obedient domestic dog harbors a tendency to chase a squirrel scrambling up a tree, a bird taking flight or a cat meandering by on the opposite side of the road, and, when he does see such playful prey within his proximity, his instincts are likely to override any obedience training he may have had, prompting him to cross the street and take chase after whatever it was that caught his attention. It only takes one time for a fast-moving vehicle to pass by the wrong place at the wrong time, to end the life of a beloved pet, so I say set your "pet pride" aside, and take proper precautions. The risks are simply not worth it, and it would be you, not your dog, being blamed if such a tragic accident should happen.

A truly loving, caring pet owner will always protect their pet from harm, and that kind of unconditional love includes educating ones-self and forfeiting some of the freedoms that we would all love to enjoy, such as roaming off-leash like we did in the good old days. If you love them, you will leash them!



On Line By PJ Carpenter

Now That We're All Here...

It's pretty hard to argue against the tremendous impact that social media has had on modern life. Online dating, in one form or another, almost seems to have overtaken the old-fashioned method of just meeting people through random encounters. Facebook, Twitter and other similar sites now boast total memberships that may be approaching a billion unique users and any pundit who says they predicted this state of affairs way-back-when (and didn't invest every dollar they could get their hands on when they had the chance) can hardly be taken seriously. We knew that things in the future would be different, but almost certainly not this different. But I guess that's the whole point of social media – for us to get together. And now that we're together – all in one place – the original backers of the Internet would like to use this state of affairs to more closely monitor what's going on online and possibly predict what society as a whole might do probably even before they even know they're going to do it. To this end, DARPA, or the Defense Advanced Research Projects Agency, are making available \$42 million in grants to develop what it calls a new science of social networks. The new program, Social Media in Strategic Communication, is designed to "develop automated and semi-automated operator support tools and techniques for the systematic and methodical use of social media at data scale and in a timely fashion", DARPA stated. MISC will require the confluence of several technologies including, but not limited to, information theory, massive-scale graph analytics and natural language processing. While SMISC will not directly support natural language processing development efforts, DARPA says, it will certainly use the results of previous programs as well as contribute new challenges to further stimulate ongoing efforts. DARPA went on to say the program has four specific goals. Primary among these is the detection, measurement, classification and measurement of the development and spread of ideas, memes, purposeful information or deceptive messaging and misinformation. Next on the list is the recognition of campaign structures and influence operations across social media sites and communities. The designers of the project are hoping that these steps will lead to better identification of dominant personalities and emergent communities.

It almost seems like the next logical step in the use of social media for data mining: using what were doing online to predict what we'll do in the real world.

KATIE Tse.....This and That TIGHT ENFORCEMENT



Did you run into Will and Kate during their recent trip to L.A.? I only saw them on TV and in print, but I had hoped they would grace the Sierra Madre British Home with an appearance like the queen did back in 1983. Oh well, maybe they'll come again and visit the largest flowering vine in the northern hemisphere.

You'd have to be living under a rock to not have seen all the articles about how Kate commands a sweeping influence over fashion and lifestyle both in Britain and, some suggest, the U.S.. Kate's great. And I hate to critique someone who shares my name (Although she spells her full name with a "C," so, shouldn't she be Cate?) While I can't say I don't envy her poise, confidence (you'd have to be pretty unshakable to face the queen), patience ("Waity Katie" dated Will for nearly a decade), and figure (say no more), there are some things I'll never allow myself to be induced into using: the first --panty hose!

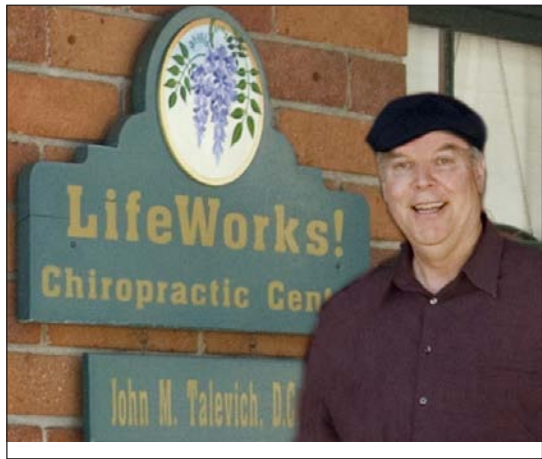
You've probably read about the royal mandate that ladies at royal events shall wear mid-length skirts, closed-toe shoes, stockings, etc. You also might recall the article by Rita Wilson, Tom Hank's wife, stating that prior to a state banquet at Buckingham Palace, she didn't even own a pair of sheer hose! Kate may be driving up hosiery sales in Britain, but I think it might take a lot more for the trend to catch on this side of the pond.

When I think of panty hose, the first thing that pops into mind is "Robin Hood: Men in Tights." Right after that come childhood memories of itchy nylons constricting the circulation in my legs as I attended fancy church or school functions. Besides being generally uncomfortable and impractical (this is why the women's line to the loo is always ten times longer, especially at formal events), nylons create a significant amount of static electricity. I've heard there are sprays for this. I've also heard there are creams to make one thinner and younger. Add this to panty hose's faults: flammability. Apparently they melt to the skin when ignited. Hmm... Friction and combustible clothing... Why would I wear this, again? (This is the only clothing advice I've ever given in this column. I readily admit my total fashion ignorance!)

The second Kate-popularized thing I couldn't be paid to do is her wedding-prep Dukan diet. This French spin on Atkin's involves four phases, starting with an exclusively protein period lasting no more than 10 days (that should tell you something about the safety of cutting out everything except meat and water). After you've lost "enough" weight, you slowly start including some non-starchy vegetables and fruits over the next three phases. You're also expected to exercise to expedite weight loss, although sluggishness from lack of carbohydrates might hinder this. The final phase is supposed to last the rest of your life; you eat normally and practice one protein-only day per week. But if your previous, "normal" diet was Krispy Kreme doughnuts and chocolate shakes, somehow the idea of a weekly redeeming protein day sounds ineffectual. Admittedly, I haven't exhaustively studied this diet, but I know that protein-exclusive diets are totally counter to our physiology. Besides rotting your kidneys, protein-heavy diets include side effects such as low energy, bad breath, foul-smelling urine, and constipation... real attractive. If the choice is between that and a few extra pounds, I'll choose the latter! Oh, and I'll be doing it sans tights.



YOUR HEALTH MATTERS

Today's Subject:
Compassion Fatigue

Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

A recent article in the L.A. Times described the passage of a new bill restricting the number of hours medical interns and residents can work. In past cases, a shift of 36 hours could be normal. Now, the new ruling restricts those hours to no more than 18. This ruling comes partly as a result of long-term studies indicating that as many as 180,000 people die each year from medical errors and adverse medical events. Although this statistic has been explored both in the medical world and the media, the sheer magnitude of the numbers seems so unreal that we are unable to accept the gravity implied. Additionally, there are those in the medical profession who believe these long hours are an essential part of the training. This is in sharp contrast to a survey done on the general population, 80% of whom said they would feel compromised in being treated by sleep-deprived physicians.

A New Model

Rachel Remen, M.D. is a Bay area physician and co-founder of the Commonwealth Cancer Help Program. Dr. Remen holds workshops that allow physicians to explore their relationship to their work, patients, and themselves. Over the many years she has been doing this work, she has developed a simple set of questions that are used to help doctors heal themselves. On a daily basis, there are three questions asked. First, what touched you today. Second, what inspired you today? Finally, what surprised you today?

Initially, most of the participants had difficulty answering the questions. It became clear that doctors did not think in terms of themselves, always focusing outwardly on others. As they began to seek answers to these questions, a deeply personal interest was revealed. In many cases, this was a missing link to professional fulfillment.

In Closing

With these new laws being passed, and with advocates such as Dr. Lucian Leape, M.D. of the Harvard School of Public Health, and Helen Haskell, founder of MAME (Mothers Against Medical Error), we can begin to reform a deeply important aspect of health care: the physical, mental/emotional and spiritual health of our physicians. One more thing: We have made it a happy habit to ask ourselves the three questions before bed in our household. Looking over the day's inspirations and surprises adds greatly to the quality of gratitude in our lives. Try it on!

Have a wonderful week,
Dr. John

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Assistive Listening Devices
Can Help Seniors Hear Better

Dear Savvy Senior

What can you tell me about assistive listening devices? My husband is hearing impaired but doesn't like wearing his hearing aids, so I'm wondering if some of these devices can help. Loud Talking Spouse Dear Loud, Assistive listening devices (or ALDs) are very useful products that can help hearing-impaired people – with and without hearing aids – hear better! Here's what you should know.

Listening Helpers ALDs are electronic amplifying devices that will let your husband adjust the volume and tone so that he can hear and understand the television, telephone or other people speaking. It's also important to know that these devices work best for people with mild to moderate hearing loss, you don't need a prescription to buy them, and they usually aren't covered by insurance or Medicare. Here's a breakdown of the different types of ALDs that can help.

Telephone Amplifiers: To improve hearing over the telephone there are a number of handset and in-line amplifiers you can add to your regular phone, or you can purchase an amplified telephone. Most amplified phones allow you to adjust the volume and tone for better clarity and they usually come with extra loud ringers and flashing ring indicators to alert you when a call is coming in. Clarity (clarityproducts.com, 800-426-3738) and ClearSounds (clearsounds.com, 888-965-9043) make a nice variety of these products with prices ranging from \$30 up to around \$300. Harriscomm.com, teltext.com and soundbytes.com are also good sites to shop. Or, see if your state has a specialized telecommunications equipment program (see tedpa.org) which provides free amplified phones.

If the amplified products don't do the trick, another option is caption phones. These are telephones that have a built-in screen that will let your husband listen to the caller, as well as read written, word-for-word captions of everything the caller is saying. Go to captel.com (or 800-233-9130), and click on your state to learn more.

TV Listening Systems: If hearing the television is a problem, a TV listening device will let your husband increase the volume and adjust the tone to meet his needs, without blasting out you or the rest of the family. The best devices available today are wireless infrared systems that come with a headset. Many of these devices work with ra-

dios and stereos too. Or, if your husband would rather not wear a headset, some systems offer a small speaker that can be placed by his chair, and



many work with T-coil enabled hearing aids. TV Ears (tvears.com, 888-883-3277) is one of the best products sold today with prices starting at \$100.

Personal Listening Devices: Depending on your husband's needs, there are many different types of listening devices on the market, in all price ranges, that can help. For one-on-one and small group conversations, a pocket-sized amplifier that comes with a small microphone and ear buds may do. Or, for a wider range of hearing capabilities consider FM listening devices. These are wireless products that can boost hearing in many difficult listening situations including auditoriums and lecture halls. FM devices come with a small microphone and transmitter placed on or by the person speaking, and the listener wears a receiver that may be used with ear buds, earphones, or with T-coil enabled hearing aids when worn with a neck loop. Harriscomm.com and independentliving.com are two good sites for locating these types of products.

Alerting Devices: There are also a variety of alerting devices that can help people who have trouble hearing the doorbell, alarm clock, telephone or smoke detector. These products use flashing lights, special multi-tone ringers or vibrating devices as a means to alert you. You can find these items at many of the websites previously listed, along with sonicalert.com and silentcall.com for around \$50 to \$150.

Savvy Tip: For more information and assistance with ALDs, contact an audiologist or hearing instrument specialists (see howyourhearing.org or ihsinfo.org to find one near you). They're familiar with all these technologies and can help your husband choose the best products to meet his needs.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS

JUNE/JULY 2011 -
MONTHLY ACTIVITIES*

*June 15 - July 15 activities held at the Senior Center. Starting Monday, July 18 all activities will take place at the Sierra Madre Recreation Center during renovation.

Monday: Closed July 4th 12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Please call 355-0256 to make your daily reservation. 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.

Tuesday: 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 1:30 pm to 3:30 pm: BINGO; cards are only 25 cents each so stop by & play 5:30 pm to 7 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Wednesday: 11 - 11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394 Wii Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday: 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 1:00 to 3:30 pm: Game Day. Join us for Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday: City Hall Closed on June 17, July 1, 15 & 29

12 noon: Intervale Lunch Café; daily reservations needed 355-0256

Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm. Starting July 16 the Senior Club will meet at the Senior Apartments - 70 Esperanza Ave., Sierra Madre

EXCURSIONS

UPCOMING EXCURSION
FRIDAY, JULY 8th
PAGEANT OF THE MASTERS

Join us for this annual trip to Laguna Beach for a wonderful evening performed in a beautiful outdoor theatre.

Cost per person is \$48

The bus will leave the Sierra Madre Recreation Center, 611 E. Sierra Madre Blvd., at 4:30 pm, dinner is on your own and you will return to Sierra Madre approximately at 11:30 pm.

To register for the excursion, please visit the Senior Center or go online to www.cityofsierramadre.com/online/registration.

For more information please call the Senior Desk at (626) 355-7394

SAVE THE DATE
THURSDAY, AUGUST 18TH

Exploring Long Beach - Beat the summer heat by spending the day in Long Beach and enjoying lunch on the historic Queen Mary - 8:30 am to 4 pm.

Cost per person is \$44 - this includes deluxe coach transportation, driver's tip, exploring Long Beach and lunch on the Queen Mary.

Reservation for this excursion will open on June 30th either by visiting the Recreation Center in person or going online at

www.cityofsierramadre.com/online/registration

AARP SAFE DRIVING CLASS

Next class: June 28th & 29th - 9 am to 1 pm both days

\$12 for AARP Members & \$14 for Non-members

Please call the Senior Desk at (626) 355-7394 to register in advance (10 person minimum for class to run) or for more information.

DIAL
- A -
RIDE
TICKETS

Tickets can now
be purchased at:
Sierra Madre City Hall
Hart Park House / Senior
Center
Sierra Madre Library



SPONSORED PRIZES

Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Accredited In-Home nursing care will provide a special prize on the 4th Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm in the Hart Park House / Senior Center in Memorial Park. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the 1st & 4th Tuesday of each month for your chance to win these special prizes.

RECIPE OF THE WEEK

Orange Bar B Que Chicken

INGREDIENTS:

Marinade:

1/2 cup freshly squeezed orange juice
1/4 cup olive oil
1/4 cup hot sauce
1/4 cup Dijon mustard
1 tablespoon grated orange zest
1 (4 pound chicken) cut into 10 pieces, patted dry with paper towels

Glaze:

4 tablespoons (1/2 stick) butter
1/4 cup honey
1/4 cup freshly squeezed orange Juice
1/4 cup Neely's BBQ sauce
1 tablespoon grated orange zest
2 tablespoons Dijon mustard
1/4 teaspoon allspice

DIRECTIONS:

Mix the orange juice, olive oil, hot sauce, mustard, and orange zest together in a large bowl. Add the chicken and toss to combine. Cover with plastic wrap and let marinate for at least 1 hour and up to overnight in the refrigerator.

Prepare the grill to medium direct heat. Let chicken come to room temperature before grilling.

Drain the chicken from the marinade and pat dry. Grill on each side for 5 minutes, then turn the heat to medium-low and cover the lid of the grill. Continue cooking the chicken until it's cooked through, about 25 minutes more.

While the chicken is grilling, melt the butter in a small saucepan on the grill. Whisk in the honey, orange juice, BBQ sauce, zest, mustard and allspice. Reserve some of the glaze in a small ramekin for serving.

Brush the chicken pieces with glaze, then flip the chicken, glaze side down, and cook for 2 minutes. Brush second side of the chicken with glaze and flip again. Continue cooking for 3 more minutes. Remove the chicken from grill to a platter and serve with reserved glaze.

July Birthdays



Shahrazad Azrani, Eunice Banis, Betty Barlow, Cindy Barnard, Jeanne Borge Dahl, Janet Cox, Christine Dufort, Betty Hansen, Dorothy Montgomery, Beth Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Anthony Gheezo, Joanne Gheezo, Martha Griffin, Beverly Turko,



Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.)

Meals are delivered to the home-bound seniors by drivers through the YWCA Interval Lunch Program M-F (with frozen meals for the weekend.)

Call the YWCA at (626) 214-9460 for more information.

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LUNCH & LEARN

Join the Senior Community
Commission
at the
Sierra Madre Hart Park House /
Senior Center for a FREE presenta-
tion. Lunch is available for a
\$2 donation
Call (626) 355-0256 by
12 noon the day before.

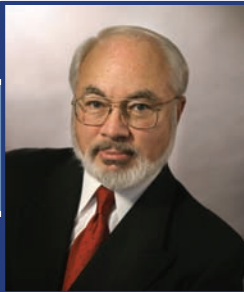
BLOOD
PRESSURE
SCREENINGS

Methodist Hospital will host Senior Blood Pressure Screenings on the second Tuesday of each month from 9:30 a.m. to 10:30 a.m. at the Community Center. Take advantage of this free program, which is open to all seniors 50 years of age and older. High blood pressure does not have any symptoms or outward signs and can lead to life-threatening conditions which can become fatal if left undetected. For additional information regarding this program, please contact the Community Services Department at (626) 256-8246.

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One Of A Kind: *Featuring unique homes and gardens and the people who create them.* Story and Photos By Chris Bertrand

Just Listed: 1908 Craftsman Artfully Restored, Seamlessly Remodeled... Picture perfect!



Mark Dulaney, Sierra Madre general contractor, has worked miracles on his home's original 1000 square foot bungalow on North Auburn, expanding it to 2866 square feet (taped by REST) over the past few years. This home was featured in the 2010 "Coolest Kitchens" tour at Taste of

Sierra Madre.

"We used to live next door," Dulaney recalls, "and always loved the neighborhood and the charm of this home. We bought it a decade ago from a couple who moved to the Inland Empire, seeking a much bigger home for a lot less money. I'm sure glad we stayed here in Sierra Madre. The values have held much better than other areas, and the real estate market is still strong here."

Dulaney, a local contractor for over twenty years, created an expanded Craftsman that reveres the original, while incorporating the needs of today's buyers. "It was important to make the old and the new blend seamlessly together, so you can't really tell where one ends and the other begins," commented Dulaney.

The end result reveals exquisite formal living and dining rooms restored to vintage glory, two refreshed original bedrooms with a connecting bath updated with dual sinks, which then lead to a great room featuring a magnificent kitchen, casual dining nook and family room. A third main floor bedroom is located off the kitchen, as is the side entrance and laundry room.

"I love doing the carpentry. I built the cabinetry doors myself to my own exacting specs. I wanted them to have modern features, but look beautiful and true to the period. I was especially careful with the small details like the hammered or pebbled finished cabinet and door handles to match the front door, which I carried throughout the house."

Somewhere in the middle of the kitchen's huge center island, clearly destined to be the hub of the home, is the back dimension of the old home, though it's not at all evident today. "I hate when a home that's remodeled 'shouts out' to say, 'Here's the new part!'" he chuckled.

Speaking of the island, Dulaney purposely designed the kitchen with multiple chefs and entertaining in mind. The counters are slab soapstone, a material often used in the period, and very practical and "green" for use today. There's no chemical polishing needed. Apply vegetable oil into the stone, and it becomes water and stain resistant. Just keep an eye on it, adding more oil when it begins to dry out. This "old" but elegantly "new" and green solution leaves a honed sheen and brings out the veining in the stone.

Dulaney had the slate flooring of the kitchen laundry and half bath custom cut into a mosaic pattern, giving the room texture and some deep green color, complementary to the soapstone.

The appliances are gourmet chef grade, with a Thermador Professional gas stove with six burners and a griddle, plus two ovens to please any aspiring foodie. The backsplashes feature a mini subway tile, with a faint pebble finish, to continue the feature identified in the hardware.

Perfect for staging party beverages and appetizers, a second sink, wine chiller and extra cabinetry are located adjacent, but not too close. The laundry, appointed in the same quality cabinetry and floor-



ing, can be easily utilized as an extension of the kitchen for large functions.

Adjacent to the driveway, an office or bedroom with its own private entrance was added in the remodel. It offers flexibility to the floorplan, perfect for use as a home office, an au pair or extended family.

The second floor is dedicated entirely to the master suite. Dulaney has achieved the ambience of an aerie, a tree house overlooking the lush, recently landscaped back yard from its own shaded balcony. Imagine your first cup of coffee in your private retreat here! You can enjoy both the view and the central fireplace from your pillow. The master bath and closet are generous, and includes a separate tub and shower and a closet room/ dressing area that is large enough to accommodate a crib or desk, if an additional use is needed.

Dulaney was delighted to uncover original Douglas fir flooring on the front porch. He refinished the wood to its earlier luster, truly expanding the living space with generous shaded seating on the front porch, ready for your wicker furniture or rocker and favorite cold beverage.

Out back, the family room opens directly on grade through French doors to the spacious covered patio with built in barbecue station. Here and many other places in the hardscape, Arroyo stone, the real not the fake stuff, was built into low retaining walls, pillars and beautifully defines the front walk and entrance.

The huge outdoor rock fireplace, with a seating hearth, is the piece d' resistance of this artisan's stone work. Angled so it can be enjoyed from inside in the family room, and even the kitchen, it speaks to the foresight and planning Dulaney put into the home.

The two car garage, set at the back of this .23

acre property, was finished with the intention that it be a recreation area, studio or other living space use, and is plumbed for a sink and bath.

221 Auburn Avenue was just listed by Pauli Morin of Coldwell Banker in Arcadia at \$1,180,000. It offers four bedrooms, two and one half baths. For more information, contact Morin at 626-233-2047

or PMorin@ColdwellBanker.com. An open house will be held next Sunday, July 31, from 2-4 p.m.



Cool News About Fans

(NAPS)—You no longer have to let your ears suffer so the rest of you can feel cool and comfortable. Using modern sound control technology, some of today's fans enable you to feel cooler without the loud noise of older fans. For example, consider one of the new Honeywell QuietSet fans, which offer multiple levels of "quiet" that correspond to your personal preferences. At the lowest settings, the sound from these fans is virtually undetectable, making them great choices for areas where you don't want additional noise, such as TV rooms, bedrooms, offices and children's nurseries.



Beyond the quiet factor, today's new fans come in sleek, modern designs such as a slim tower or stand fan. You can pick the one that works best with your decorating style and personal space needs. In addition to their attractive designs and ability to keep you feeling cooler with minimal noise, today's modern fans can also help save money on cooling costs. According to the U.S. Department of Energy, cooling and heating accounts for almost 56 percent of the energy used in a typical U.S. home, making this a family's single largest energy expense. You can save up to 20 percent on cooling energy bills in the summer simply by running a whole-room air circulator along with air conditioners or central cooling systems. Using a fan in conjunction with an air conditioner or central cooling system improves the circulation of cooled air throughout a room. Therefore, less cool air is required to produce a cooling effect. This allows you to raise the temperature on your thermostat, using less energy to cool the same space. To find out how much money fans can save you annually, visit www.honeywellfansavings.com, where a free interactive "savings calculator" enables you to quickly and easily determine how much you can potentially save on your cooling bills by using a fan in your home. With advances in sound technology and design, along with their money-saving potential, it's no wonder that fans still rank high on the list for spring and summer "must-have" products. So say good-bye to your old, loud fan and trade it in for a newer model that helps provide quiet, cooling comfort. With today's quiet, efficient fans, you can save some cold cash and increase your comfort in warm weather.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

BENEFITS ON BOTH SIDES

There are new rules regarding short sales meant to improve the experience for both sellers and buyers, but the legalities and legwork can overwhelm even the most savvy. Of course, that's where the real estate agent shines, handling the paperwork and the phone calls, leaving you to focus on your move.

Keep in mind that if you're expecting to buy a home on short sale, you can get a great deal, but don't expect miracles from a bank that has agreed to accept a price lower than what the sellers owe on their mortgage. These short sales often generate multiple offers, and if a home has been approved to sell for \$200,000, don't expect to waltz in and offer \$125,000.

The real advantage of a short sale deal is that the home will likely be in much better physical condition than its foreclosure counterpart. Often, a foreclosed home will have been abandoned for months, and perhaps trashed before being vacated. A short sale property in better condition is in and of itself a benefit with real value that offsets any lower price you could offer on a foreclosure.

And for sellers, a short sale preserves your dignity, reduces some of the stress, and won't damage your credit history as much as a foreclosure. Whether selling or buying, consult an agent for the best results.

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What's On YOUR Mind? What Do YOU Think?

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