

# Mountain Views News

Sierra Madre

-Arcadia

Pasadena

-Altadena

—Monrovia

**SATURDAY, AUGUST 20, 2011**

VOLUME 5 NO. 34

# COMMUNITY MEETING ON PROPOSED ASSISTED LIVING FACILITY SCHEDULED

As promised to the citizens of Sierra Madre earlier this year, the potential developers of the former Skilled Nursing Center property, will hold a community meeting in order to hear from the community.

The proposed project site is a 1.84 acre property located 245 W. Sierra Madre Blvd., at northwest corner of Sierra Madre Boulevard and Hermosa Avenue (across the street from City Hall). The new facility will include a 58,000 square foot, two-story building that can accommodate up to 96 residents.

Mountain Views News reported earlier this year on the ambitions of Fountain Square West, the developers currently contracted with the city for the project.

At that time, Shields had appeared before the City Council, not with a formal plan or formal application, but to open an exploratory dialogue with the community. The organization's idea is to develop a fully licensed, assisted living community housing about ninety, with a staff of approximately 25, including 24/7 nursing. A part of the facility would accommodate Alzheimer's or dementia residents.

Shields explained further, "We've made preliminary application to the city, which allows them to respond to some of the basic parameters we are proposing. We're anxious to get their comments and key questions answered, and to have the different departments look at the plans. Within a month of that meeting, we plan to meet

requirements for the formal application.” Shields, a resident of Poway, played for the San Diego Chargers, the New York Jets and 1984 Super Bowl champion San Francisco 49ers, before moving to senior living community development at Virginia-based, Sunrise Senior Living, where he spent 17 years.

"I've enjoyed the senior living business, particularly when we open new communities... when we see the families and the residents move in a frail elderly resident. It's so much more rewarding than building apartments and commercial real estate," reflected Shields.

The Fountain Square team all came with experience from Sunrise, before creating their own senior development organization. Sierra Madre will be their third project, after their first in suburban D.C., and a second in White Plains, New York.

Shields invites Sierra Madreans to view the website for their New York assisted living residence at [www.TheKensingtonAL.com](http://www.TheKensingtonAL.com), with the sidebar note that each development is customized to the style of the community.

**Shields and his partners welcome input on Fountain Square's development ideas from neighbors and the community at 858-748-0201. The group also plans forums, perhaps on the site grounds, as the process evolves.**

The community meeting will be held on Wednesday, September 7, 2011 at 6:30 p.m.



Rendering of the proposed project courtesy Fountain Square West - MVNews Archives

at the Sierra Madre Recreation Center (Sierra Madre Room) located at 611 E. Sierra Madre Blvd., the developers and city staff will present the proposed project.

Doors will open at 6:30 p.m. at which time members of the public are invited to view the proposed plans and talk with representatives of the developer and city staff. A presentation on the project will begin at 7:15 p.m. City

staff will also outline the public hearing and environmental review processes for future additional public input.

For additional information, please contact the Development Services Department at 626-355-7138.

## FOR SALE: A PIECE OF SIERRA MADRE HISTORY



Sierra Madre's historic Pinney House, formerly "Hotel Sierra Madre", is for sale. Built by Dr. Elbert Pinney, a retired civil war surgeon, who brought his family to newly established Sierra Madre in a covered wagon. His 35 acres offered views of the San Gabriel Mountains as well as Los Angeles, some fifteen miles in the distance. Designed by prominent architects, Samuel and Joseph Cathers Newsom, Pinney's new "Sierra Vista Hotel" sported Queen Anne style accoutrements and 20-30 rooms for those journeying to enjoy a mountain vacation.

*In charmingly antiquated vernacular, the local Valley Vista newspaper of July 31, 1889 said the hotel was "a quiet and comfortable home for sojourners and tourists. The Building and Furnishing Entirely New. Reached by carriages from station on the Santa Fe railroad one mile distant. There is from this House a fine view of the beautiful San Gabriel Valley, extending from on end of the valley to the other and from the mountains to the sea, presenting a picture grand, inspiring and never tiring, revealing to the observer new beauties each day."*

*Read more about the Pinney House and the details of the real estate listing in "One Of A Kind" on page 17.*

# PARKING RESTRICTIONS CONTINUE NEAR SIERRA VISTA PARK

The City of Sierra Madre Water Department began construction of a replacement water main in East Sierra Madre Boulevard on Monday, August 15th. The project will replace a major portion of a 90-year old water main with a new 12-inch diameter main, new fire hydrants and new water services to each residence or business within the project area.

The project will be undertaken by Stephen Doreck Equipment Rentals, Inc. under contract with the City, and is expected to be completed by October 20th. The project extends along the north side of Sierra Madre Boulevard from the Maintenance Yard at Sierra Vista Park to Baldwin Avenue. During construction the contractor will keep two-way traffic lanes open on the south side of the street. This will require parking restrictions in the work areas; it is estimated that approximately 300 feet of roadway will be "detoured" each day, beginning approximately August 29th.

All driveways will be accessible for vehicles by the end of each construction work day, and the Contractor has indicated that all trench excavations will be covered with temporary asphalt or steel plates by the end of each work day. Athens Services has been notified of the project and has agreed to work with the City and residents to continue trash pickup service in the

project area, although minor, temporary scheduling modifications may be required in order to avoid interference with the water main project. MTA has been notified of the pending work, and has confirmed that Line 268 service will continue, although some bus stops may be temporarily impacted.

City staff thank the public for its patience with this project and for bearing with the unavoidable inconveniences that it will bring. Please be assured that everything possible will be done to minimize project impacts on the City's residents and water customers, including traffic congestion, noise, and dust.

If you have any questions about the project, please contact Public Works Director Bruce Inman at 626.355.7135 x 801 or Water Superintendent Jose Reynoso at 626.355.7135 x 813.

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The image shows a promotional banner for Corfu restaurant. On the left, a teal vertical bar contains the text 'BREAKFAST', 'LUNCH', 'DINNER', and 'CATERING' in white, stacked vertically. To the right of this bar is the Corfu logo, which features the word 'CORFU' in a dark red serif font with a stylized orange spoon as the letter 'O'. Below the logo, the tagline 'Fresh and Healthy Mediterranean Dining' is written in a smaller, white, sans-serif font. Further right is a large, teal, rounded rectangular box with a white dashed border. Inside this box, the words 'LUNCH' and 'BUFFET' are written in large, white, bold, sans-serif capital letters, stacked vertically. To the right of these words is the price '\$10.99' in a very large, bold, black font with a white outline. At the bottom of the entire banner, the address '48 W. Sierra Madre Blvd. | Sierra Madre, CA 91024', the phone number '(626) 355-5993', and the website 'www.eatatcorfu.net' are listed in a black, sans-serif font, separated by vertical bars.

**Read The Paper Online At: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)**



## Weather Wise

### 5-Day Forecast

#### Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 80s	Lows 60s
<b>Tues:</b>	Sunny	Hi 80s	Lows 60s
<b>Wed:</b>	Sunny	Hi 80s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at  
City Hall 232 W. Sierra Madre Blvd.

Sierra Madre, Ca. 91024  
626-355-7135

#### City Hall Hours:

Monday - Thursday	7:30 am to 5:30 pm
Fridays	8:00 am to 5:00 pm

#### CITY HALL CLOSED ON August 12th and 26th

Tue Aug 16 @ 9:30AM - 10:30AM Summer Fun in the Park

Tue Aug 16 @ 7:00PM Sierra Madre Friends of the Arts  
@ the YAC 611 E. Sierra Madre Blvd.

Wed Aug 17 @ 3:00PM - 08:00PM Farmer's Market

Thu Aug 18 @ 9:30AM - 10:30AM Summer Fun in the Park

Thu Aug 18 @ 7:00PM - Planning Commission Meeting

Fri Aug 19 @10:00AM - 07:00PM YAC Summer Field Trips

Fri Aug 19 @ 7:45PM - Summer Pool Movie Nights, 8-19-11

Sat Aug 20 @ 9:00AM - 02:00PM

Household Hazardous Waste and E-Waste Roundup

Sun Aug 21 @ 6:00PM - 08:00PM Concerts in the Park Series

Mon Aug 22 Bargain Book Table Sale

## Sierra Madre's Farmer's Market Is Back! New Location

The Sierra Madre Farmer's Market new location is in Downtown Sierra Madre on Hermosa Avenue, south of Sierra Madre Boulevard to Mariposa Avenue. The hours will be from 3:00-8:00 p.m. during the summer with the exception of major holidays. During the winter/Pacific Standard time the market could possibly end at 7:00 p.m.

### 1630 AM

#### Free on-air publicity for local events

Sierra Madre's new community radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. This new radio station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

In a nutshell, your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

#### Summer Fun in the Park Schedule:

August 23 L.A. Arboretum Arts and Craft

August 25 CATZ Fitness Activity

## SIERRA MADRE CONCERT IN THE PARK SERIES

Join the City of Sierra Madre this summer for the FREE Concerts in the Park Series which begin Sunday, July 10, 2011 and occurs every Sunday through August 28, 2011.

August 21 – Danny Dean and the Rockabilly Lovers (50's Rock) sponsored by the Senior Community Commission selling desserts

August 28 – The Silver Beatles (Beatles Tribute Band) hosted by the Community and Personnel Services Department.

The eight concerts are held from 6:00 pm and run through 8:00pm. All concerts will be held at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so remember to bring blankets and lawn chairs. Alcohol is prohibited.

Spectators are encouraged to support local organizations that may provide refreshments.

For additional information please contact the Community & Personnel Services Department (626) 355-5278.

#### ARE YOU SIGNED UP FOR ICONTACT?

The City of Sierra Madre email notifications, or eBlasts, are sent out weekly. eBlasts are filled with information regarding the City's upcoming public meetings, events, programs and much more. To sign up for the City's eBlasts, visit [www.cityofsierramadre.com](http://www.cityofsierramadre.com), from the drop down tab menu choose "Online Services", click on "City Eblasts Signup", enter your information, select from the list of communication, and submit. For additional information, please contact the Community & Personnel Services Department at 626-355-5278.

## Canyon Canine

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Chris Leclerc

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[chris@canyoncanine.com](mailto:chris@canyoncanine.com)

626-355-8333 / 626-533-9536

## FALL AQUATICS PROGRAMS

Season passes for the Fall Lap Swim Program are now on sale! This is a great opportunity for low impact exercise in a heated outdoor pool. A **minimum of 50 fall season passes must be sold by Friday, September 16 for the program to continue.** Registration may be done online at [www.cityof-sierramadre.com/online/registration](http://www.cityof-sierramadre.com/online/registration) or at the Community Services Office at 611 E. Sierra Madre Blvd. During the fall season, there will be no daily admissions; however, this year the fall pass will also grant swimmers access to water aerobics for no additional charge! For more information call 626-355-5278.

**Dates:** September 6 through November 23, 2011

**Hours:** 12:00 - 2:00 pm (Sun, Mon, Wed, Fri & Sat) and 7:00 - 9:00 pm (Tues & Thurs)

**Fee:** \$101 per participant (includes entry to water aerobics)

**Location:** Sierra Madre Pool, 611 E. Sierra Madre Blvd.

#### Water Aerobics

*Sierra Madre Aquatic Center is continuing water aerobics into the fall season!* The benefits of water exercise include low impact, resistance, and cardiovascular training in a fun environment. Water Aerobics can be taken by people of all ages, and is especially beneficial for those seeking a low to no impact workout. Exercising in water also reduces overheating from continuous training and since we conduct the class in the shallow end you do not need to be a strong swimmer. For more information, please call 626-355-5278.

**Dates:** September 13 through October 27

**Days:** Tuesday & Thursday

**Time:** 10:00 am - 11am

**Fee:** \$20 / 4 class punch pass or free with a Fall Pool Pass

**Location:** Sierra Madre Pool,  
611 E. Sierra Madre Blvd.

*\*Sponsored by the Senior Community Commission\**

## Free Parent/Child Workshops at the Sierra Madre Library

The Sierra Madre Public Library is again offering its popular five-week parenting workshop series in September. The workshops, for families with children ages three and younger, will cover general parenting; speech, language and reading; child development; nutrition; physical fitness and play for young children. The informal sessions will be interactive and will include toys, crafts, books and play, in addition to discussions of parenting issues and concerns.

Presenting at the workshops on consecutive Tuesday mornings, beginning Sept. 6th through Oct. 4th, from 10:00 a.m. to 11:30 a.m., will be community partners with expertise in working with young children. Registration begins August 1st, and as seating is limited, reservations are required.

#### BARGAIN BOOK SALE AT SIERRA MADRE LIBRARY

There are cool bargains to be had during the dog days of August at the Friends of the Library Bargain Book Table Sale, scheduled for Monday, August 22 through Saturday, August 27, during the Library's open hours. This month's featured topics are: Cookbooks, Sports, Biographies, Young Adult, Children's books, and some Fiction. All books are in good condition and are only \$1.00 each. New titles are put out each day, so stop by early and often for the best selection.

The Sierra Madre Public Library, located at 440 West Sierra Madre Boulevard in Sierra Madre, is open Monday through Wednesday from Noon to 9 p.m., Thursday and Friday from Noon to 6 p.m., and Saturday from 10 a.m. to 6 p.m. (626) 355-7186. [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## VOLUNTEERS WANTED FOR THE SIERRA MADRE GENERAL PLAN UPDATE

Now is a great time to volunteer for Sierra Madre's General Plan Update! This is an important document that the community should be involved with. The General Plan Steering Committee seeks volunteers to assist with various tasks to help complete the technical reports needed for the General Plan Update. Topics needing volunteer help include noise, land use and urban form, natural environment, transportation and mobility, community services and facilities, and historic and cultural resources.

You can sign up by doing any of the following:

Call De Alcorn at (626) 355-4793

Call Development Services Department at (626) 355-7135

Email [GeneralPlan@CityofSierraMadre.com](mailto:GeneralPlan@CityofSierraMadre.com)

\*Please provide your name, phone number, email address, and the topic that you'd like to help with.

# 20%

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\$10 minimum purchase  
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☛ Coffee ☛ Sandwich ☛ Smoothie ☛ HotDog ☛  
Breakfast ☛

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626-510-6151  
[www.nikoandfriendscafe.com](http://www.nikoandfriendscafe.com)

Bring your  and your 

#### What's On YOUR Mind? What Do YOU Think?

We'd like to hear from you!  
Contact us at: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com)  
or  
[www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews)



## WELLNESS IN THE PARK

A Senior Information & Health Screen Fair will be hosted by the Sierra Madre Community & Personnel Services Department and Sierra Madre Senior Community Commission, St. Rita Senior Ministry, and be.royal oaks retirement community. The event takes place on Saturday, September 24th in Memorial Park. The Kiwanis Pancake Breakfast will run concurrently from 7am to 11am, \$5.00 per participant. At 9am to 12pm, the FREE Health Screenings for Seniors, which include osteoporosis, hearing, body fat, dental, FREE flu shots (for those whose primary insurance is Medicare, all others \$25), healthy eating & downsizing tips, and so much more...

Please join our community leaders, participating vendors, and your neighbors for a morning filled with valuable information. For additional information, please contact Susan Clifton at 626-355-5278.

## ART ALLEY FEATURING SIERRA MADRE ARTISTS TO BE PART OF FRIDAY NIGHT LIVE FINALE

The Sierra Madre Chamber of Commerce has partnered with the Sierra Madre Friends of the Arts to showcase local artists at this week's final night of Friday Night Live. From 6:30 to 9 pm, Kersting Court will be closed down and Sierra Madre artists will showcase their work. Some of the artists expected to be on hand are:

Elizabeth Converse – jewelry, photography, mixed media  
Christine Prentiss – note cards, small art, scarves  
Grace Cook – oil paintings  
Susan Cook – stamping, scrapbooks  
Jean Tannhauser – oil painting, prints and cards  
Star Higgins – hand painted textiles  
Lee Ann Graves – handmade wrist rests.

In addition to the "Art Alley," their will be a performance of the band Travel by Sea, sponsored by Century 21 Village Realty. Creative Arts Group, preparing for its Sept. 9<sup>th</sup> Faculty Show, will feature a "Children's Wall" as they stay open late to participate in the Friday Night Live finale.

Shoppers who spend more than \$35 in a retail store or \$50 in a restaurant during Friday Night Live can bring their receipt to the Chamber booth in Kersting Court to be entered in a drawing, which will be held as part of this week's closing night festivities. Two lucky winners will receive shopping and dining sprees valued at nearly \$600, donated by local businesses. For a complete list of the participating businesses and their donation to the Grand Prize packages, visit [www.SMFridayNightLive.info](http://www.SMFridayNightLive.info).

Also, just to add a little extra fun for the evening, the first 125 people to visit the Chamber booth will receive a free pair of Groucho-style fun glasses to wear while shopping.

This is the third year that the Chamber has staged Friday Night Live during the summer, featuring live music, shopper's incentives and, new this year, theme nights, such as Groucho glasses night. This year, the Chamber was pleased to welcome Silver Level sponsor Athens Services as part of the festivities.

## HOLY CHAOS RETURNS

Pasadena CA. This year will be the 10<sup>th</sup> Annual Holy Chaos concert. The plans are set; the location is perfect and the bands are ready to rock.

The Concert will be held August 20<sup>th</sup> 2011 at The First Church of the Nazarene of Pasadena 3700 East Sierra Madre Blvd. 91107. Tickets are on sale and will be sold at the door. Tickets are \$5 with the flyer and \$7 without.

For the last 10 years, all kinds of bands and artists have been a part of Holy Chaos. In an effort to bring the best and most complete bands the local scene has to offer, Holy Chaos continues to stand out as one of the best independent concert events every year!

Come join the ACOP and all the Christian Rock you can imagine. Every year the event has been a success. We have heard music from some of the best bands in this genre, bands like Confide, The Parousia, Freewaypeople, Coolhand Luke. This year's lineup will include The Parousia w/ Broadawake, Spades and Blades, Crossing Out, Sketch Orchestra and so many more!

This is a Great concert, at an even better price; the first 20 attendees will get in free. Come rock away, on August 20<sup>th</sup>.

For any question or comments contact Sevag at [holychaosconcert@gmail.com](mailto:holychaosconcert@gmail.com) or you can call 626 786 3554 for more information. Also look out for [Holy Chaos](#) updates on Facebook.

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## CELEBRATING WOMEN'S EQUALITY DAY AUGUST 28

What better way than a scoop of ice cream with a little fudge sauce on top to savor women's right to vote? To celebrate the momentous day 91 years ago when women gained full participation in democracy with the passage of the 19<sup>th</sup> amendment, the League of Women Voters Pasadena Area is throwing an ice cream social for the whole family on Sunday, Aug. 28, 4:00-5:30 p.m., at the historic Hillmont House, 939 N. Hill Ave., Pasadena.

Ragtime music by Dad's Band Plus One, games and activities for children and plenty of Carmela's ice cream on the lawn of a Victorian landmark promise and old-fashioned good time. Children under 13 are free. Everyone else pays only \$5.

Reservations and further information about the League are available by calling 626-798-0965. Reservations and tickets also are available online: <http://www.lwvpsadenaarea.org/donate.html>.



Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## REMEMBRANCE

### MARGARET "MIDGE" MORASH

Margaret Shepherd Morash passed away July 23, 2011 at her home surrounded by her family. Midge was born and raised in the Berkeley area, where she received her degree in Public Health from UC Berkeley. After marrying Tal Morash in 1945 they lived in Utah and Nevada, before moving to Sierra Madre with their four children in 1961. After her children were grown Midge worked as a laboratory technologist at the Sierra Madre Medical Center.

Midge was one of the founding members of the Sierra Madre Environmental Action Council and her other community involvement included Girl Scouts, Parks and Recreation Commission, Sierra Madre United Methodist Church, P.E.O., and the Friends of Sierra Madre library. She also volunteered with many other organizations including Casa Colina Outdoor Adventures, Grace Center, Lummis Home, Sierra Madre School, and League of Women Voters. In addition to her community activities, Midge had a deep commitment to national and world issues. In 2000 Midge was selected as Sierra Madre's Older American of the year, and was the Grand Marshall of the Sierra Madre July 4<sup>th</sup> parade in 2009.

Midge and Tal directed numerous youth summer camps in Colorado, Wyoming and California. Throughout her life Midge loved adventure and travel, music and the arts, and willingly shared this love with others. Her love of nature and the out-of-doors was contagious and she was fondly known to many as "Mother Nature".

Midge was preceded in death by her husband Tal and her son John. She is survived by her daughter Kim Lazaro (Lonny); daughter Anne Johnson (Chip); son Paul Morash (Carrie); grandsons Andrew and Michael Johnson and Wyatt Morash; and daughter-in-law Sabra Wohlenberg. Midge was a loving mother and friend. She will be deeply missed.

A memorial service will be held at the Sierra Madre United Methodist Church on Saturday August 27, 2011 at 4:00 PM.

In lieu of flowers, donations can be made to the Sierra Madre Environmental Action Council, the Friends of the Sierra Madre Library Building Fund or the Sierra Madre United Methodist Church.



## SIERRA MADRE GEARING UP FOR SECOND GOURMET FOOD TRUCK FESTIVAL

The Sierra Madre Chamber of Commerce will host a second Gourmet Food Truck Festival in Memorial Park this Saturday, August 27th, scheduled from 11am to 6pm. The first festival, held August 13th, drew hundreds, both locals and non-locals, to Memorial Park to dine at eight of the popular traveling kitchens. All of the trucks ran out of several menu items, with Nom Nom, which features Vietnamese Banh Mi and is best known for its second place finish in the Food Network's "The Great Food Truck Race" selling out entirely and hitting the road by 4pm.

"One of our goals with this festival was to get more people shopping in Sierra Madre, and that happened," said Bill Coburn, executive director of the Chamber. "Both Belle's Nest and Savor the Flavor have told me that they had out of town customers in their stores on Saturday that were in town on that day specifically because of the Food Truck Festival. We had a lot of people in the park, and while I had lots of favorable comments from locals that were in attendance, there were also a lot of people I've never seen before. Obviously it's hard to say who is from where, but I've spoken with people who told me they overheard conversations in line that indicated the people around

them were not from Sierra Madre, so hopefully we'll see them back again shopping and dining at our local businesses another day."

In addition to the food trucks, some local businesses set up booths to promote their businesses, offering merchandise and massage, and the Sierra Madre Rose Float Association, which will receive 20% of the commission paid to the Chamber by the Food Trucks, also had a booth, as they will again this weekend. Wondering what next year's float will look like? Stop by the SMRFA booth and see the colorful rendering of Sierra Madre's 2012 entry in the Tournament of Roses Parade.

This week's Festival will feature ten trucks: the Go Country 105 Chuckwagon, Crepe'n Around, Peanut Butter Bar (gourmet peanut butter sandwiches), Sloppy Gourmet (gourmet sloppy joes), Get Your Lard On (think bacon), Grilled Cheese Patrol, Dumpling Station, Krazy BBQ (Korean BBQ), Lake Street Creamery (ice cream, gelato and sorbet), and Los Angeles Shave Ice. All trucks are subject to change without notice.

The Chamber of Commerce wishes to thank its Silver Level Annual Sponsor Athens Services, which assisted with the marketing of the event, as well as S and S Rent a Fence and the City of Sierra Madre for their assistance in staging the Festivals. In addition, Athens Services, Rotary Club of Sierra Madre, and Kiwanis Club of Sierra Madre sponsored dining tables at the event.

# SENIORS ROCK! CONCERT IN THE PARK

**August 21 • 6:00-8:00 PM**

**DANNY DEAN AND THE ROCKABILLY LOVERS**  
Come listen to Danny Dean and the Rockabilly Lovers perform some great 50's rock-n-roll in the Memorial Park Bandshell.

**SPONSORED BY THE SIERRA MADRE SENIOR COMMUNITY COMMISSION**  
Come early and stop by the Senior Community Commission booth for great resource information, pick-up a File of Life packet, and come learn more about what is going on in Sierra Madre for seniors as well as share your thoughts on activities you would like to see the commission explore.

**FREE POPSICLES WHILE SUPPLIES LAST**

**KEALEY'S POPPIN KETTLE CORN**  
The commission will be selling bottled water & kettle corn to help raise funds to support new and ongoing senior programs.

Questions, please call 355-5278

## Sierra Madre Police Blotter

During the week of Sunday, August 7<sup>th</sup>, to Saturday August 13<sup>th</sup>, the Sierra Madre Police Department responded to approximately 270 calls for service. See crimereports.com for updated information.

**Sunday, August 7<sup>th</sup>:**  
**2:09 AM- DUI Alcohol/Drugs, Rosemead Blvd and Hastings Ranch Dr.** An officer stopped a 43-year old Azusa motorist for a Vehicle Code violation and determined that the driver was under the influence of alcohol. The driver was arrested and transported to Pasadena Police Department for booking.

**Monday, August 8<sup>th</sup>:**  
**4:15 AM- Take Vehicle w/o Owner's Consent, 100 blk. Esperanza Ave.** This case involves a man taking his mother's car without permission. Officers stopped the suspect and his accomplice shortly afterwards and took them into custody. One of the suspects had a \$40,000 LAPD warrant, and a \$35,000 Pasadena PD warrant.

**12:42 PM- Grand Theft Exceeding \$950, 300 blk. W. Sierra Madre Blvd.** This case involves thefts of jewelry that have occurred since February, 2011 through May 2011. The loss includes a 24k diamond ring with a white gold band, a jade ring with a gold band with a larger green stone, two pearl rings, a 14k turquoise ring with a gold band, an opal ring with small diamonds,

a diamond and gold heart necklace, a gold jade bracelet with small jade stones, a turquoise and pearl circle pin with gold, small stones and pearls, a pair of turquoise earrings, a pair of small diamond earrings, a pair of pearl earrings, a pair of opal earrings with green and red stones, an amethyst earrings, an Olympus digital camera, and a small portable DVD player. The total loss is \$4,870.00.

**7:57 PM- Possession of Marijuana 1/oz or less, 200 blk. E. Sierra Madre Blvd.** An Officer stopped a 29-year old Monrovia motorist for a Vehicle Code violation, and determined that the driver was in possession of 2.0 grams of marijuana and a glass smoking pipe. The officer cited and released the Monrovia motorist.

**Tuesday, August 9<sup>th</sup>:**  
**12:55 AM- Vandalism/Under \$400, 100 blk. N. Sunnyside Ave.** An unknown suspect(s) threw a water balloon at a bedroom window, causing the window to shatter. The subject(s) fled southbound on Sunnyside Ave and out of sight.

**2:25 PM- Injured Person, 100 blk. W. Bonita Ave.** Officers responded to a man trapped underneath a car. The officer and citizens lifted the front of the car and freed the man. The Alhambra resident was transported to Arcadia Methodist Hospital by SMFD.

**3:13 PM- Vandalism/Under \$400, 100 blk. Rancho Rd.** Unknown suspect(s) broke a left rearview mirror glass of a parked car while between the evening of August 8<sup>th</sup> and the afternoon of August 9<sup>th</sup>.

**6:11 PM- Trespassing w/o Consent of Owner, 500 blk. Sturtevant Dr.** Officers responded to an apartment complex where patio furniture was moved around without permission. The suspect may have tried to burglarize one of the apartments. .

**11:49 PM- Attempted Vandalism/Damages, 100 blk. S. Hermosa Ave.** An unknown suspect(s) threw a water balloon at a bedroom window. The subject(s) fled northbound on Hermosa Ave in an

SUV type vehicle.

**Wednesday, August 10<sup>th</sup>:**

**9:04 AM- Vandalism/Under \$400, 300 blk. W. Highland Ave.** An unknown suspect(s) threw a water balloon at a residence and broke the front living room window.

**Thursday, August 11<sup>th</sup>:**

**1:53 AM- DUI Alcohol/Drugs, Orange Grove Ave and Park Ave.** An officer stopped a 25-year old Azusa motorist for a Vehicle Code violation and determined that the driver was under the influence of alcohol. The driver was arrested and transported to Pasadena Police Department for booking.

**11:41 PM- Possession of Marijuana in Vehicle, Sierra Madre Blvd and Hastings Ranch Dr.** An Officer stopped a 36-year old Altadena motorist for a Vehicle Code violation. Further investigation revealed that the driver was under possession of 4.6 grams of marijuana. The Altadena motorist was cited and released on scene.

**Friday, August 12<sup>th</sup>:**

**10:00 PM- Possession of Marijuana 1/oz or Less, Orange Grove Ave and Baldwin Ave.** An Officer stopped a 29-year old El Monte motorist for a Vehicle Code violation. Further investigation revealed that the driver was under possession of 3.6 grams of marijuana. The El Monte motorist was cited and released on scene.

**Saturday, August 13<sup>th</sup>:**

**1:13 AM- Disorderly Conduct/Drunk in Public, 200 blk. W. Sierra Madre Blvd.** Officers arrested a 24-year old man in front of City Hall for public intoxication, and took him to the Pasadena Police Department Jail for booking.

**3:20 PM- Petty Theft, 500 blk. Fairview Ave.** A suspect stole a mannequin from the front porch of a home on July 27, 2011.

# ED CLARE

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### Summer Worship: 10@10!



Join the San Marino Community Church family for summer worship at 10:00 am through September 4.

This week Rev. Jeffrey O'Grady will preach

Pardon our improvements!

San Marino Community Church is in the process of significant facility renovations. However, worship continues in the sanctuary during construction.

10:00 am Summer Worship  
Sunday school (K-5) and childcare provided  
9:00 am Adult Bible Study  
11:00 am Adult Spiritual Formation

San Marino Community Church  
1750 Virginia Road, San Marino, CA 91108  
For more information call: (626) 282-4181  
Connect with us online: [www.smccpby.com](http://www.smccpby.com)



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## Tri-Cities Bandit Arrested



A man suspected of being the "Tri-Cities Bandit" was arrested Friday, in connection with bank heists in Pasadena and La Verne, after robbing a First California Bank branch in Westlake Village earlier that morning. Two men were taken into custody after a description of the getaway car led police to stop a white Volkswagen Jetta on the 101 freeway.

Ernest Viana, 39, and Oleg Gorokhovskiy, 42, were both taken into custody by L.A. County sheriff's deputies after an undisclosed amount of money was recovered possibly taken from First California Bank. Gorokhovskiy is thought to be the driver police said.

Viana and Gorokhovskiy may be connected to at least nine other bank robberies in the last three months.

The "Tri-Cities Bandit" was named after first being linked to robberies in Pasadena, Burbank and Glendale.

Police say the pair struck Bank of the West at 2500 East Colorado Blvd Wednesday at about 3:30 p.m. getting away with around \$900. Viana and Gorokhovskiy later robbed a second U.S. Bank in La Verne around 5 p.m. the same day making off with another \$2,500. In both cases, police say, surveillance video shows Viana handing a teller a note demanding money. No weapons are seen in either video.

Witnesses in La Verne said the robber may have gotten into a late model four-door vehicle with dealer plates, a description later used in Friday's arrests.

Viana did not wear disguises during the robberies and dresses casually, at times with buttoned-down shirts. In early robberies he was not wearing sunglasses although later he did.

According to FBI officials Viana may have tried to rob a Wells Fargo Branch on South Lake July 19 but failed to get any money. He has also struck banks in, Tarzana, Brentwood, Chino Hills, and Los Angeles.

Anyone with additional information is urged to contact the FBI 24 hours a day, seven days a week at 888 CANT HIDE (888 226-8443).

## Pet of the Week



Jewel, a year old, black and white cat is so adorable! She is a bit on the shy side but is starting to come out of her shell. She would love a quiet, cozy home where she can continue to gain confidence and blossom into the outgoing kitty we know she can be. Do you have a room in your home and your heart for Jewel? Come visit her today!

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. Please call 626-792-7151 and ask about A285932 or come to the Pasadena Humane Society & SPCA, 361 S. Raymond Ave., Pasadena CA, 91105. Our adoption hours are 11-4 Sunday, 9-5 Tuesday, Wednesday, Thursday, and Friday, and 9-4 Saturday. Directions and photos of all pets updated hourly may be found at [www.pasadenahumane.org](http://www.pasadenahumane.org)

## City Hall Entrance Restricted as Part of Streetscape Project

As part of the Civic Center Mid-Town Improvements project, Garfield Avenue between Union Street and Thurgood Marshall Street will be closed for the next four weeks. The closure, which started Tuesday, will end Sept. 9 city officials said.

The project will reconstruct the street pavement and to install brick-paved crosswalks in front of city hall.

In a statement, city staff said the design improvements are in keeping with the elaborate brick sidewalk patterns of the original, first designed by City Hall's architects, Bakewell and Brown. Among other elements being improved are the street pavement, curb, gutter, sidewalk, curb ramps, storm drain facilities, landscaping, street lighting, signs, graphics and street furniture.

During these phases of construction, motorists will have access to Holly Street between Marengo Avenue and Garfield Avenue where



on-street parking will be available on both sides of the street. Sidewalk access will also be maintained for pedestrians on Holly Street and access to City Hall via Garfield Avenue will be maintained at all times.

Construction is also expected to affect the Pasadena Courthouse 300 East Walnut Street.

## Liu Announces New Local District Representative

State Senator Carol Liu announced that Adam Carter will be her new District Representative for the Pasadena and Altadena areas.

Carter will be the contact person for area elected officials, community leaders, constituents and others represented by Liu. He will be the Senator's representative at community events, attend government meetings, meet with constituents and provide other services.

I am pleased to add Adam to my staff because of his local knowledge and experience

in Pasadena and Altadena, said Liu, D-La Cañada-Flintridge. I encourage constituents who need assistance to contact with our office.

Carter previously worked as a Staff Assistant for Rep. Adam Schiff, D-Pasadena and as a Field Representative for Assemblymember Anthony Portantino, D-La Cañada-Flintridge. Carter earned a B.A. in Political Science from the University of California, Los Angeles.

For more information call (818) 409-0400 or e-mail at [www.senate.ca.gov/liu](mailto:www.senate.ca.gov/liu).

## Filming to Close Holly Bridge

ABC Studios will be filming an episode of "Criminal Minds" on the Holly Street Bridge in Pasadena on Monday, Aug. 22, announces the city of Pasadena Film Office.

Located south of the Rose Bowl Aquatics Center, Holly Street Bridge will be closed to through traffic from Grand Avenue to Linda Vista Avenue from 5 a.m. to 10 p.m. The bridge could re-open sooner than 10 p.m. if filming schedule goes as planned.

Detours and directional signs will be in place on the day of the shoot to help minimize inconvenience to

the public. Barricades will be equipped with flashing beacons and Pasadena police officers will be positioned at both ends of the closure to assist with any traffic control.

Emergency access will be maintained throughout the film shoot.

"Being able to film on location is what keeps the film industry in Southern California adding vitality to our local economy," said Ariel Penn, film office supervisor. "The entire production team at ABC is grateful for the partnership they have with the Pasadena community."

For more information call 626-744-3964.

## Portantino Continues Push for Assembly Open Records

*Calls for Amendment to Assembly House Rules*

Making good on a promise to bring transparency and accountability to the State Legislature, Assemblymember Anthony Portantino announced Monday his introduction of an amendment to the Standing Rules of the Assembly (HR20) calling for all Assembly financial records to be made public.

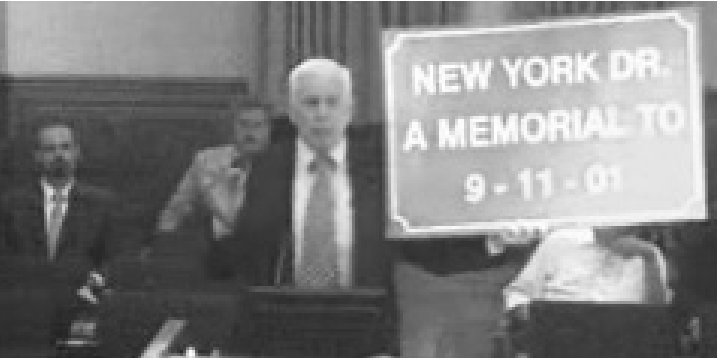
"Californians deserve the respect of the legislature by having access to how their money is being spent," Portantino said. "We have used the better part of this legislative year legislating good practices in cities such as Bell and Vernon. We need to lead by example and not shroud our budgets in secrecy."

If passed, HR 20 requires all current financial records

to be made available to the public, immediately. The resolution also provides for fairness in budgeting for all members' office expenses and precludes leadership from either rewarding or punishing a member for voting their conscience. In addition, it requests that the State Controller conduct annual financial audits.

"Assembly leadership has refused to release current budget details and has not conducted a Performance Audit as required by law," explained Portantino. "Further adding insult to the process, the incomplete information released by the Assembly Rules Committee for last year has been discredited by the press. Unfortunately, Leadership needs to be brought into the sunshine kicking and screaming."

## NEW YORK DRIVE MEMORIAL PLANNED FOR 9/11



By Dean Lee

The city took the first steps Monday night towards designation of New York Drive as a memorial to 9/11 approving temporary street signage to commemorate the 10th anniversary of the attacks that took down the world trade center complex killing 2,753 people in 2001.

The issue is set go before the Arts and Culture Commission, for full review, at their next regular meeting. John McDannel, a former U.S. air force and United Airlines pilot, said he started his memorial efforts soon after the initial attacks. McDannel presented the idea before the council Monday night.

"This has taken me a decade of dedication to this principle of trying to memorialize 9/11," he said.

McDannel said he first worked to plant 140 trees along New York Drive.

"I convinced the city and the county to work together to improve the walkways, to put in bikeways, put in 'no parking' signs, two signals," he further

explained.

McDannel also said he has an event planned this Sept. 11.

"I secured the old Earthlink buildings for a celebration or a memorialization on 9/11/11 at 11 a.m.," he said. "To host a celebration and unveiling of these temporary signs."

McDannel said he also wanted the city to request from the New York Port Authority the importation of two I-beams from the wreckage at ground zero to construct a permanent monument.

"This would require a lot of vetting and consideration by different committees within Pasadena," he said. "This could be put out as an artistic contest... very much like they did for the Vietnam Memorial."

The issue was brought before the council by Councilmember Gene Masuda who represents East Pasadena including New York Drive.

McDannel said his long term goal would be to develop a new Pasadena Memorial Park along New York Drive using the I-beams as a centerpiece for the area.

## Tenth Annual 'Welcome Day' to Aid PCC Students

Pasadena City College will help introduce new students and their families to college life as part of the ninth annual "Welcome Day" on Aug. 26, from 8:30 to 11:30 a.m. Festivities will take place at the Campus Center and Quad. New students will also have the opportunity to get a jump on the fall semester by meeting professors, and obtain

information on where to find classrooms, purchase textbooks, I.D. cards, and parking permits.

Campus tours will be given to students and their families in English, Chinese, Spanish, and sign language.

For more information on Welcome Day, visit [www.pasadena.edu/welcomeeday](http://www.pasadena.edu/welcomeeday) or call (626) 585-7507.

## Citizen Journalism Meet-up

*Learn not just how to blog but how to report the news*

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools needed to capture the story and the means to tell the story using



the power of video, audio and print along with online social media. The next meeting is Aug. 23 from 6 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585 or visit [pasadenan.com](http://pasadenan.com).

## Police, Fire Chiefs to Lead Ride for Mentoring Program



Police Chief Phillip Sanchez and Fire Chief Dennis Downs will lead a group of middle school students and their mentors on a bicycle ride around the Rose Bowl on Monday, from 10:30 a.m. to 11:30 a.m.

The 20 students are from Flintridge Center's "Youth of Promise Mentoring Program," which helps youth who are struggling to overcome multiple challenges.

Their mentors, who are all Pasadena Police and Fire Department employees, meet weekly with the students, either one-on-one or in small groups to provide educational and social support so that each young person can successfully reach his or her full potential. This innovative program was started by Flintridge Center at Washington Middle

School in the spring of 2010.

After the ride around the Rose Bowl, the students will be able to keep the bicycles and helmets. The bikes are a gift from a local supporter of Flintridge Center's youth programs. Book bags and school supplies will be donated by Jaylene Moseley.

"Police and Fire personnel are commended for volunteering as mentors in an effort to make a difference in a young person's life" said Chief Phillip L. Sanchez.

"The police and fire fighters are inspirational role models and the students' grade and the students' grades and attitudes have improved," said Flintridge Center Program Director Ricky Pickens, Jr.

The event will start out with a bicycle safety lesson from 9 - 10 a.m. (at the SW corner of Lot H) after which the cyclists will make several loops around the Rose Bowl accompanied by a police motorcycle escort. Invited guests include Mayor Bill Bogaard Vice Mayor Margaret McAustin, and Councilmember Jacque Robinson.



## Letter To The Editor RE: THE LABEL GMOs 2012 BALLOT INITIATIVE PASADENA CAMPAIGN

Dear Editor:

We are the Label GMOs 2012 Ballot Initiative—Pasadena Campaign. We are submitting this letter in order to bring awareness to the pending California State Ballot Initiative to label all food products that contain Genetically Modified Ingredients. We are deeply concerned about our food supply and the direction it is taking and are extremely committed to changing it.

We will not go into detail about the disastrous consequences that introduction of GMOs into our food system has produced in both our nation and around the world. Resources for educating ones self on the subject are available at the close of this letter. To put it simply, the biotech industry has quietly and furtively replaced our trusted sources of nutrition with new “ Frankenfoods ” that threaten our health, our natural ecosystems, global food security, and social and economic justice worldwide. We are headed down a rabbit hole and we need to STOP NOW!!!

Frustrated with the lack of action on the part of the state and federal legislatures, Pamm Larry, from Chico, CA decided to do something about it. In January of this year she single-handedly took on the challenge of creating a ballot initiative for 2012 that would require that all food products containing GMOs are labeled so that we as consumers can make informed decisions on what we eat. It is our belief that we have a fundamental RIGHT to know what is in our food and a RIGHT to choose what we eat. These rights have been grossly violated by those who control our food systems.

Soon the initiative will be submitted and under review by the state. The review process will take a couple months, at which time the state will return the approved version of the proposition and the signature collection part of the process will begin. From the date of its return, probably in mid October, we will have 150 days to collect the 500,000 valid signatures needed to get the proposition on the November, 2012 ballot. To assure that we have enough signatures to meet the required number, we need to actually gather about 800,000....Pamm has set a goal of one million.

If the public is interested in helping out, here is what we need them to do:

1. Start talking! Talk to everyone who will listen and tell them about the initiative and about the issues with GMOs, emphasizing the foremost issue that “WE HAVE THE RIGHT TO KNOW WHAT WE ARE EATING”...get them mad that their rights have been violated...that they have the right to keep themselves healthy and to know what is in their food. There is no argument against that!

2. Want to get MORE involved? Right now, while we wait to get the proposition back from the state, we are tabling events to educate the public and bring awareness to the initiative and to GMOs and their issues (it is absolutely ASTOUNDING how many people have no idea what GMOs are or that they eat them everyday). We are looking to hold demonstrations, show films, get our story in the media as much as possible, and to speak to groups on the subject. You can rally your organization to help us out, or to take your own actions. We can help you out by providing you with some literature and training you as a speaker.

3. Still hungry to do more? Come signature gathering time we need an ARMY to hit the pavement...at local food markets, community events, roaming the streets etc. to get every single registered voter to sign one of our petitions.

4. Here is the not so fun part (yes the other parts are exciting and fun)...we need funding. The literature that we distribute and other promotional materials are costly and are absolutely necessary...every little contribution helps. If anyone knows of someone who is a huge champion of this cause that has more than they need, see if you can persuade them to invest in our cause. We are NOT a non profit...we are a political action group and as such are not tax deductible. If anyone has any fund raising skills, we hope you will step forward and help us out. That about sums everything up. If you are interested in joining us, you can contact us at: labelgmospasadena@gmail.com. For more information about the initiative, visit our website [www.labelgmospasadena.org](http://www.labelgmospasadena.org) and for vast amounts of information on the issues with GMOs check out [www.organicconsumers.org](http://www.organicconsumers.org) or [www.responsibletechnology.org](http://www.responsibletechnology.org). Looking forward to hearing from some of you soon. With Much Gratefulness and Kindest Regards, Label GMOs 2012 Ballot Initiative--Pasadena Campaign

## Pet of the Week

### Sonny: Animal ID # A4317725

Meet Sonny, a happy-go-lucky fellow (A4317725). Sonny is a graceful, one-year-old, tan male Labrador Retriever/Cocker Spaniel mix puppy who was found as a stray in West Covina on July 28<sup>th</sup> and brought to the Baldwin Park shelter. Weighing thirty-two pounds, Sonny walks okay on the leash and already knows how to sit on command. He is great with most other dogs, and good with kids. Sonny is a medium-energy boy that adores everyone he comes across. He loves to be petted and passes out with joy when receiving belly rubs. Sonny is going to make a sensational pet for a family living in a private home. To watch a video of volunteers interacting with Sonny, please visit: <http://www.youtube.com/watch?v=Vaum9hXzhWs>

To meet Sonny, please visit him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378). His adoption fee is \$100 and he is currently available now. For any inquiries about Sonny, please reference his animal ID number: A4317725. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions.



For more information about Sonny or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [samanthasayon@gmail.com](mailto:samanthasayon@gmail.com) or 661-309-2674. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

## Azusa Eagles to Host Fourth Annual Charity Poker Run August 27

Proceeds benefit Loma Linda Children's Hospital

Azusa, Calif. – The Fraternal Order of Eagles #2810 of Azusa, Calif., will hold their Fourth Annual Charity Poker Run Saturday, Aug. 27, to benefit the Loma Linda Children's Hospital. The event begins at 8 a.m. at the Azusa Aerie, located at 1603 N. San Gabriel Canyon Rd. The poker run is open to the public with a registration cost

of \$20 per person. Ride length is 100 miles and events include a 50/50, door prizes, arts & crafts, raffles, a bike show and more. Crossroads Band will perform live for guests. The Azusa Eagles has maintained a presence in the community since 1948 and currently host more than 290 Aerie and 180 Auxiliary members. For information contact Beth at [eaglepokerrun@aol.com](mailto:eaglepokerrun@aol.com) or by phone at 626-252-7138.

## CELEBRATING WOMEN'S EQUALITY DAY AUGUST 28

What better way than a scoop of ice cream with a little fudge sauce on top to savor women's right to vote?

To celebrate the momentous day 91 years ago when women gained full participation in democracy with the passage of the 19<sup>th</sup> amendment, the League of Women Voters Pasadena Area is throwing an ice cream social

for the whole family on Sunday, Aug. 28, 4:00-5:30 p.m., at the historic Hillmont House, 939 N. Hill Ave., Pasadena.

Ragtime music by Dad's Band Plus One, games and activities for children and plenty of Carmela's ice cream on the lawn of a Victorian landmark promise and old-fashioned good

time. Children under 13 are free. Everyone else pays only \$5.

Reservations and further information about the League are available by calling 626-798-0965.

Reservations and tickets also are available online: <http://www.lwvpasadenaarea.org/donate.html>.

# GOOD FOOD & DRINK

## DO I HAVE TO ASK?

Just when I believe I have been promoted to a five star General of the restaurant army and certain I will win every battle. I am hit by a surprise attack and defeated. It was Saturday Night and it commenced in a promising fashion. The heat of the day was receding beneath the pledge of a California evening. I was meet a group of people at one of my all time favorite restaurants Café Beaujolais in Eagle Rock. There were eight of us, they were coming from a play and thankfully they were timely, so we were seated immediately. Our charming server JC started our night by naming the specials, and he did something that was distinctly welcoming, he gave us the rundown of the specials and he added the prices as well.

### TABLE FOR TWO by Peter Dills

How many times have you gone to an upscale restaurant and the server tells you the specials of the night without affixing the prices? Apparently, miracles do exist in the confines of the restaurant world. There is an old adage, If you have to ask you probably can't afford it? That may be true, but there is little worse for me than having an overpriced special when the New York Steak would easily compete at several pegs in price below the special. The mystery of a dinner items price on a menu does not enchant me with same intrigue my girlfriend does when she says, "I have a surprise for you honey." More times than not the prices of the special do not meet the execution of the meal, or were worth the Bentley expense if they could perform the deed. One shouldn't be forced to ask for the price of the special. I hate to be forced to wallow in shame that inquiry. You may recall a previous article where I was critical of a reader named Tony for getting burned by a (\$14) glass of house Chardonnay

He said, "I will take the House Chardonnay." Believing it would run in the (\$6-\$8) range, but he never inquired into the price. Tony, This is one of those do as I say not as I do. You can relax CJ, the food and the night was orchestrated to perfection. After Café Beaujolais my friend Ken and I stopped by a neighborhood bar. You may know it, a quaint place by the bridge. Anyway, for some crazy reason we ordered something called Sambuca. A couple rounds into this gold liquor with a hint of coffee beans we were staring at a \$100 bill plus a tip. I thought about you Tony! Damn me!!!

Traveling down the coast How many restaurants do you know that have been open for over forty years? I found one in Laguna Beach. The

Cottage Restaurant on the Coast Hwy with sand sprinkling its doorstep. The Cottage has been serving great breakfasts since its doors opened. All the favorites line the menu including Blueberry Pancakes that are worth waking up for a drive down the coast. The short distance to the beach adds a perfect place to stroll after a wonderful meal. The Cottage Restaurant 308 N. Coast Hwy, Laguna Beach. Opens at 7 AM (949) 494-3023



## EPAZOTE: THE MAYAN SPICE: An aromatic Central American spice, said to be “Nature’s Bean-O.”

by Christopher Nyerges

*[Nyerges, the author of “Guide to Wild Foods,” has led Wild Food Outings since 1974. He writes a regular blog at [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com), and broadcasts a weekly podcast at Preparedness Radio Network. He can be reached via his website.]*

Anyone who uses beans as a significant part of their diet – such as vegetarians -- should know about epazote. I first learned of the remarkable gas-relieving effects of epazote in 1975 while studying Mexican and Central American herbalism. Once my instructor had introduced me to this herb, I immediately recognized it as the common plant of so many of the streams I'd hiked along in the hills above my Pasadena home.

My Costa Rican instructor shared with me his family secrets: Add a few leaves of epazote to a pot of beans for a delicious flavor and to render the beans gas-free.

As the years progressed, I was astounded that virtually no Americans I'd talked with were familiar with this herb, let alone its anti-gas effects. Yet, this common, inconspicuous herb had been known and used in Southern Mexico and Central America for centuries!

### MEDICINAL PROPERTIES

In the recorded literature of Europe and North American, epazote (Chenopodium ambrosioides) is known for its efficacy in expelling intestinal worms. For dogs and cats, add one teaspoon of the seed (or herb) to their meals 'til the worms clear up. The herb is said to be less effective against tapeworms. The Natchez Indians used epazote to expel worms in children. The Chinese used the herb as a diaphoretic (promotes sweating). The anthelmintic and vermifuge qualities of epazote are well recognized, and the herb is cultivated in parts of the Soviet Union for this use. Herbalists believe that epazote was also used by the ancient Mayans both as a spice and



Epazote can be found fresh at the Sierra Madre Farmer's Market, and occasionally the dried form can be found in health food stores.

The seeds (for growing) and packets of the dried herb can be purchased from Survival Services, P.O. Box 41834, Los Angeles, CA 90041. Seeds are \$2; herb is \$3.50 a packet. There is also a unique

booklet entitled What Causes Gas? (\$5.10), which describes the many dietary and non-dietary causes of gas, as well as practical solutions.

### COOKING WITH EPAZOTE

Cooking with epazote is easy! Add approx. one tablespoon of the herb -- both the chopped stems and the leaves -- to a pot of beans. You can use it fresh or dried. The epazote herb can also be added to soups, stews, and made into tea. The powdered leaves can be added to salads, such as potato and bean salads.

Here are some simple recipes I've developed for using epazote.

### LENTIL SOUP

1 cup lentils  
1 bay leaf  
5-6 cups water  
2 tsp. dried epazote  
1 diced red onion  
3 cloves of garlic  
2 diced carrots  
Wash the lentils, and then simmer for an hour and a half. Add the other ingredients when the beans are nearly soft. Simmer 'til the vegetables are soft. (Add salt or kelp to taste, if desired.)

### MIXED BEAN SALAD

1 cup cooked/sliced green beans  
1 cup cooked kidney beans  
1 cup cooked garbanzos  
Dressing equal parts olive oil and apple cider vinegar  
1 tsp. dried/powdered epazote  
2 diced cloves of garlic  
1/2 tsp. dill  
Salt and pepper, to taste, if desired  
Marinate the beans in the dressing, preferably at least eight hours, but no less than 30 minutes.

### MAYA BLACK BEAN SOUP

1 cup black beans  
sage, pinch  
water oregano, pinch  
3 onions  
epazote, two tsp.  
3 small potatoes  
salt and pepper, to taste  
Cook the beans with the onions and potatoes. When the beans are tender, add the seasonings. Let simmer on low temperature for 15 minutes before serving.

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"Where there is no struggle, there is no merit."



## “What’s Going On?”

News and Views from Joan Schmidt Clayton



A few days ago, I read a headline, “Santa Anita redux.” I glanced down the page; a smaller headline revealed, “Park to host race for the sixth time”. Happily for horse racing fans in Southern California, Santa Anita Park is again hosting the Breeders’ Cup next year, 2012! The news was announced in Los Angeles at a Press Conference by the Mayor of LA! I was put out by this and messaged a member of the Arcadia City Council. I asked, “Why was this announcement done in LA and NOT at Santa Anita Park? The Council Member replied, “We on the Council were also wondering why?”

A quick call to Santa Anita Park provided a response, “This is a Breeders’ Cup event. It is their choice how and where to announce it.”

Well I’m embarrassed to admit I live in the area and have NEVER attended a horse race at Santa Anita Park. I did watch the movie, Seabiscuit, which I loved so I ran to Borders and devoured the book in one day! After a visit to the Arcadia Historical Museum, my interest kept growing and I am determined to attend a race. And quite frankly, I have heard of Breeders’ Cup. I knew it involved racing, but had no knowledge of how it began, how many races were involved and how the location changes every year!

When and how did the “Breeders Cup World Championships” begin? A quick search to the Internet said “The Breeders Cup was founded in 1982 by pet food heir John R Gaines. (1928-2005). At the time, he was a leading thoroughbred owner and breeder who felt something must be done to clean up the sport’s image.” I also learned that the Breeders’ Cup occurs once a year and is a series of thoroughbred horse races, most, but not all, Grade 1. The races themselves actually began in 1984 and up to 2006, were a single-day event. In 2007, it expanded to two days. Every year the

## BREEDERS’ CUP RETURNS

location changes somewhere in the US; only in 1996, the races were held at Woodbine Racetrack in Canada.

This event was created as a year-end championship for North American thoroughbred racing and also attracts top horses from other parts of the world especially Europe. Before the Breeders’ Cup was expanded to two days, it was considered to be the richest day in sports! Its attendance ranks fourth or fifth in North America and usually surpasses the attendance of all other stakes races.

How does a thoroughbred make it to the Breeder’s Cup. A maximum of 14 starter are allowed in each of the 14 Breeders Cup Championship races with the exception of the Dirt Mile, Juvenile Fillies Turf and Juvenile Turf which will be limited to 12 starters. Breeders Cup Limited has adopted a field system to select runners in the event fields are oversubscribed. This system ranks horses in order or preference based upon (1) performance in Breeders’ Cup Races, (2) a point system, and (3) a panel of racing experts. Among the all-time leaders in Breeders’ Cup wins are Jockey: Jerry D. Bailey-15, Trainer: D. Wayne Lucas-18, Claude R. McGaughey III-9, Leading money winner : Allen E. Paulson-\$8,730,000. Several horses have won the same Breeders Cup twice. They include Tiznow, Ouija Board, Bayakoa, Miesque, Lure, Da Hoss, Goldikova, Midnight Lute and High Chaparral. Only Zenyatta has won two different Breeders’ Cup races, the Ladies Classic and the Classic. 2012 will be the sixth time the Breeders Cup returns to Santa Anita. There were two other candidates, Churchill Downs in Kentucky, where it’s being held this year, and Belmont Race Park in New York.

It’s a world-class event, the greatest horses in the world, the greatest horsemen, trainers and owners-everybody coming, seeing how we strive for improvement, seeing how we strive for improvement in California,” said Keith Brackpool, the chairman of the California Horse Racing Board. Hooray for Santa Anita Park and the City of Arcadia!

Hope to see you there!

From Arcadia’s Best:

## ARCADIANS AMONG WINNERS OF THE INTERNATIONAL CHORUS CHAMPIONSHIP



It was the eighth consecutive championship for the 121-member Barbershop singing group that includes Ron Larson, Dan Place, and charter member Rich Stanford. Place and Larson are two of only 12 members of the group who have been part of every one of those championship teams, each collecting all eight gold medals.

Larson, chairman of the Arcadia Public Library Board of Trustees in 2010-11, recently chronicled the group’s latest success on July 8 for Westunes, the publication for Barbershop Society members from the western United States.

He writes that Masters of Harmony was formed as a small group of men in 1985 singing close harmony in the a cappella style and featuring a dynamic repertoire that encompasses music

from the classics to jazz, patriotic to sacred, and rounded out with standards and Broadway pops. The group quickly won four International Chorus Championships during the 1990s.

Earlier this summer Masters of Harmony performed a Championships tune-up performance at the San Gabriel Mission Playhouse.

Then it was on to Kansas City where this year’s championship competition was stronger than ever. After presenting fresh performances of songs such as “Alabama Jubilee” and “Stranger In Paradise” with new choreography and other changes, MoH won by five points (out of 3000) over Minnesota’s Great Northern Union.

– By Scott Hetttrick

## Arcadia Police Blotter

For the period of Sunday, August 7, through Saturday, August 13, the Police Department responded to 893 calls for service of which 128 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

### Sunday, August 7:

Between August 6<sup>th</sup> at 9:30 p.m. and August 7<sup>th</sup> at 6:30 a.m., suspect(s) entered two unlocked vehicles in the 600 block of San Luis Rey Road and stole a GPS unit from one. Nothing appeared to be missing from the second vehicle. Both vehicles were parked at the same location.

At about 5:40 p.m., loss prevention personnel from JC Penney at the Westfield Santa Anita Mall, 400 South Baldwin Avenue, detained a male for theft. The suspect took merchandise, concealed it, and walked out of the store without paying. The 19-year-old Asian male was arrested for theft.

### Monday, August 8:

3. Between August 6<sup>th</sup> at 12:00 p.m. and August 7<sup>th</sup> at 3:00 p.m., a residential burglary occurred in the 300 block of Althern Street. Suspect(s) entered the residence by cutting the fumigation tent. Once inside, the suspect(s) stole cash and jewelry.

4. Between 8:00 a.m. and 5:01 p.m., an auto burglary occurred on Morlan Place, north of Huntington Drive. Suspect(s) smashed the rear driver’s side window and stole a purse and clothing.

### Tuesday, August 9:

5. At about 2:46 p.m., units responded to the area of Huntington Drive and Holly Avenue regarding a traffic collision involving an overturned vehicle. An investigation revealed that the driver of the vehicle was a theft suspect who had fled from the Westfield Santa Anita Mall Security. The 22-year-old Hispanic male was located and placed under arrest for commercial burglary and other misdemeanor charges. No one was injured in the collision.

6. At 10:44 p.m., a traffic stop at Fifth Avenue and Colorado Boulevard for expired registration, led to the arrest of a 41-year-old, Hispanic male driver for receiving stolen property and an outstanding warrant. The suspect was found to be in possession of checks and identification from victims in several cities.

Wednesday, August 10:

7. At about 6:43 p.m., officers responded to Nordstrom’s at the Westfield Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft. The victim said as she was entering the store, the suspect, described as a Black male, 13 to 18-years-

old, wearing a dark t-shirt, basketball shorts, a black and white backpack, and riding a scooter, asked to see her phone to “call his mom for a ride”. The victim obliged and the suspect fled with the phone.

8. At about 7:00 p.m., loss prevention personnel from JC Penney at the Westfield Santa Anita Mall, 400 South Baldwin Avenue, detained a juvenile female for theft. The suspect took merchandise, concealed it, and walked out of the store without paying. The 16-year-old Hispanic female was arrested for theft.

### Thursday, August 11:

9. At about 10:43 a.m., a traffic stop on a bicyclist at Camino Real Avenue and First Avenue for failure to stop at a stop sign, led to the arrest of a 51-year-old, Hispanic male for possession of a controlled substance.

10. Between August 10<sup>th</sup> at 9:00 p.m. and August 11<sup>th</sup> at 6:00 p.m., a burglary occurred in the 2100 block of Highland Oaks Drive. Suspect(s) pried open the door of a utility box and stole four deep cycle batteries.

### Friday, August 12:

11. Between August 11<sup>th</sup> at 6:00 p.m. and August 12<sup>th</sup> at 12:28 a.m., an auto burglary occurred in the 1100 block of West Duarte Road. Suspect(s) smashed the front driver’s side window and stole an iPod.

12. At about 4:42 p.m., units responded to the 500 block of Leda Lane regarding a traffic collision. Officers found a vehicle had collided into a tree. The driver, a 30-year-old White male, was intoxicated and was placed under arrest for driving under the influence. The suspect sustained minor injuries and was treated at a local hospital prior to booking.

### Saturday, August 13:

13. Shortly before 3:00 p.m., loss prevention personnel from Hollister at the Westfield Santa Anita Mall, 400 South Baldwin Avenue, detained two juvenile females for theft. The suspects took merchandise, concealed it, and walked out of the store without paying. Both the 17-year-old Hispanic female and the 16-year-old Asian female were arrested for commercial burglary after admitting they had gone to the location with the intent to steal.

14. At about 2:24 p.m., officers contacted the occupants of a suspicious parked vehicle at the County Park, 405 South Santa Anita Avenue. A 51-year-old White male was found to be under the influence and in possession of a controlled substance. Officers also found possible stolen property in the vehicle. The male suspect was arrested for felony and misdemeanor charges.



Bingo players enjoying tasty hamburgers from the In ‘N Out truck.

## “FUN IN THE SUN” BINGO NIGHT RAISES \$5,000 FOR CHARITY!

The Arcadia Association of REALTORS® Events 4 Charity Auxiliary held its Annual Charity Bingo Night at the Arcadia Community Center. This year’s event was fantastic with great food, entertainment and tons of excitement. An In ‘N Out truck was present at the event to fill everyone up with tasty hamburgers, chips and a drink. In addition to all of the excitement, the event accomplished its goal of raising money for local charities. All in all, a total of \$5,000 was raised to distribute to various charities that our Events 4 Charity Auxiliary supports. We wish to thank the Events 4 Charity Auxiliary and all of their hard work. With the combined efforts of Chairman, Micah Adams, Century 21 Adams & Barnes; Margaret Gandy, Dilbeck Real Estate; Jill Nelson, Dilbeck Real Estate; Event Chairman, Nikki Felix, Bank of America and Stephanie

LaPorte, Old Republic Home Protection, this event was a hit! Each put in many hours of hard work to ensure its success.

We also wish to thank Mary Kay, Advanced Group Property Inspection Co. for donating beer for the event and Micah Adams who donated cases of water bottles. Thank you to the all those who donated raffle prizes, especially the Rangel-Schaffer Group of Pacific Advisors who donated an iPad2; Intervalley Escrow who donated a week’s stay in Big Bear and Dan Bryant who donated a weekend stay at a golf resort in Palm Springs. Thank you also to those who donated bingo prizes and their time to help make this event a huge success. It is truly the volunteers who make it possible for events like this to occur. Sincere thanks from the Arcadia Association of REALTORS!

## VICIOUS DOG ATTACK INSPIRES

### OWNER TO WARN OTHERS: Be Alert, Be Careful!

*It started out at a pleasant summer day, the perfect time to take her dog for a walk. They stopped at their favorite spot, the dog park on Second Avenue between Foothill and Colorado. The location seems remote enough, it is in the middle of Eisenhower Park, across a wooden bridge. The tranquility of the morning was soon disrupted. An Arcadia resident and her young dog had an experience they will never forget. She writes to warn others:*

I’ve been taking my little 10 pound, one year old puppy (mix of Bichon and Lasa Apso) to the park since last November. They have a “small dog” section for the under thirty pound group, and a large dog section for the big ones. It is clearly marked, and very obvious which side is which.

About a month or so ago, we noticed that a man and his large Pit Bull/Mastiff/Rottweiler mix dog were basically living in the Small Dog Park. I called the Arcadia Police and reported his presence. I was told that they would investigate and if they found him, they would be sure and tell him to stay out. When I went to the park last Wednesday I did not see the fellow or his dog. About five minutes after I arrived, I saw him approaching with his dog on a chain. He was talking with a fellow and his small son. His back was to the small dog park, but I was keeping my eye on him in case he started to come in with his dog.

All of a sudden, without even looking into the park, he unleashed his dog and opened the gate. It happened so fast I could not grab my dog. Within seconds his huge vicious dog had my little puppy in his mouth, off the ground, and chomping on the poor thing like a rag doll. I was screaming, the man and his kid were standing there frozen, and the owner of the attacking dog was yelling at me. He said “I didn’t see you”....but the point is, he didn’t look, and more importantly he should not let his dog in the small dog park at all. WE finally got my puppy out of mouth of his animal, who was frothing at the mouth. I ran to take my dog to the vet’s and despite the other dog owner yelling at me to come back so he could see the dog, My dog has suffered extensive wounds, and just yesterday had to have anesthesia so that the doctor could



remove dead skin from his side. Thankfully, no major organs were affected. IT was truly a miracle that the little guy survived.

The afternoon of the incident, when my husband got home from work, we all went to the Arcadia Police station, armed with photos, and the exorbitant bill for vet services. After speaking with an officer for the good part of an hour, we were told that there was nothing they could do unless I personally caught the guy doing something and called the police at that moment. If the police were available, someone might come over.

Of course I do not feel comfortable putting myself in that position. I called City Hall, and ended up speaking with someone from the Recreation and Community Service dept, who assured me it is indeed the Police’s Jurisdiction to keep the park safe, and free from vicious dogs and their owners. In the meantime, I am frustrated that I cannot effectively warn the other pet parents who may fall prey to the same circumstance. In fact, I have no idea if that has happened in the past, because there doesn’t seem to be anyone ‘in charge’ of the dog park, and its safety. My dog survived....but he will be under medical care for months to come. I want to prevent this from ever happening again. I know there are certain risks we take by entering a dog park. But there is definitely the assumption that at the very least it will be free of large, viciously trained animals, and human residents.

## Friends Book Store Anniversary/Half Price Sale

September 19 through September 24, 2011  
Location: Arcadia Public Library, 626 446 8980

It’s time to re-stock your shelves with fantastic bargains from the anniversary half-price sale in the Friends Book Store. From 10 am to 5 pm, Monday, September 19, through Saturday, September 24, there will be an opportunity to

## Bonita Skate Park in Arcadia Hours of Operation a For School Year 2011-2012

Bonita Skate Park located on Second Avenue and Huntington in Arcadia is 10,700 square feet of fun for skateboarders and in-line skaters who want an advanced park in which to practice and perfect their skills. The hours of operation will change starting Tuesday, August 30, 2011 to: Monday through Friday, 3pm-10pm; and Saturday and Sunday, 8am-10pm. For school holidays and winter and spring breaks, the hours will be 8am-10pm.

For the safety of everyone at the park, the following rules are in place for Bonita Skate Park and they will be enforced:

- All users are required to wear a helmet, kneepads and elbow pads. Those not wearing protective equipment can be cited for an infraction and required to pay a fine.
- The park is for skateboarding and skating only. Bicycles and scooters are not allowed.
- Additional obstacles, ramps and jumps may not be used at the park.
- No food or drink is allowed on the skating surface. No glass is allowed in or around the skating area.
- The City of Arcadia does not assume any responsibility for injuries that occur at the park. Skateboarding and rollerblading are hazardous recreational activities. Participation may result in serious injury.
- Protect your Skate Park from graffiti and abuse. Report any vandalism, damage or hazardous conditions to the Recreation and Community Services Department at 626.574.5113.

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## Wilderness Preserve EIR Comment Period Under Way

Last week, the Department of Community Services posted for public review and comment the much-anticipated draft Environmental Impact Report (EIR) for the future use of the Wilderness Preserve.

Monrovia had previously put forth the “Minimalist Plan” that essentially revolved around folks accessing and using the Preserve as they have for many, many years for passive recreational uses (hiking, biking, nature studies, etc.). As this plan was extremely limited in its scope and, because the City wanted to demonstrate its good faith in not over-utilizing the Preserve, a Mitigated Negative Declaration was employed as the environmental documentation for the accompanying Wilderness Preserve and Hillside Recreation Resource Management Plan (RMP).

Unfortunately, the City was sued by a property owner who lives within the boundaries of the Wilderness Preserve who demanded that the City complete a full-blown EIR. Thus, the City went back to the drawing board and built upon the Mitigated Negative Declaration to complete a full EIR.

The EIR is a lengthy and comprehensive document that studies the impacts of the range of allowable uses, beginning with the “Minimalist Plan” that was previously put forth, all the way through to the maximum usage that would be allowed under the zoning definitions contained

in the voter-approved Measures A and B. If you recall the push to save the hillsides from development a decade ago, Measure A was the land-use zoning question which established the range of use for the property and Measure B was the funding mechanism (a city-wide parcel tax) to acquire much of the land. The balance of the funding came from State of California matching grants that require some reasonable public use.

The public review and input process on the EIR will be considerable, lasting nearly six months. The 60-day review and comment period is currently under way. During this period of time, we will have a community open house in late August (please scroll down to the Community Services section of this report for more details) where folks can come and ask questions of the staff and consultants. Following the close of the comment period on September 29, the City’s consultants will provide written responses to all submitted comments. In November, the Planning Commission will consider the EIR and the public will again have the opportunity to comment. In December, the Community Services Commission will consider the Resource Management Plan and the public will again have the opportunity to comment. Finally, in January, the City Council will consider both the EIR and RMP and, again, the public will have the opportunity to comment.

## CHIEF JIM HUNT WILL LEAD THE MONROVIA POLICE DEPARTMENT

On Tuesday, we released the news that Jim Hunt would be the new Chief of Police for the City of Monrovia. Chief Hunt is a 20-year veteran of the Department, and served as interim chief over the last three months. In addition to holding nearly every position and assignment at one time or another in the Police Department, Jim also is a graduate of the California Law Enforcement Command College and the FBI’s National Academy. Under the mentorship of retired chief Roger Johnson, Jim has also become expert in the budgetary, managerial and executive functions of the Department.

We attracted a great deal of talented law enforcement professionals through this recruitment process. Among the finalists, it was an ironic circumstance that the decision was both difficult (considering the impressive skills and resumes of the respective applicants) and easy (I really don’t think we could have made a mistake with any of the finalists). At the end of the day, however, Chief Hunt’s knowledge of the Department, personnel and community, his vision of the future of public safety in Monrovia, his proven leadership over the years, and his engaging management style earned him the job. Truly, as I have been asked about this hiring



process over the last few days, I am proud to say that Chief Jim Hunt did not get this job because he didn’t make a mistake in the various interviews and screenings; he got the job because he seized the opportunity. Jim epitomized the skills we seek in all our organization’s leaders - he is a Five Tool Player: he Thinks, he Leads, he Communicates, he knows our Operations, and he is a dedicated Public Servant.

*Congratulations, Chief Hunt on your newest challenge. And congratulations to Monrovia - our tradition of excellent Police Chiefs continues.*

## Duarte’s End of the Summer Movie Night Set for Sept. 2

**DUARTE, CA, August 18, 2011** – Summer may be coming to a close, but not the end of fun for Duarte families who are invited to enjoy an under-the-stars “End of Summer Movie Night” on Friday, Sept. 2 at Otis Gordon Park, featuring everybody’s favorite Toys. Hosted by Duarte Public Safety, the evening will offer a complimentary BBQ dinner from 6 p.m. to 7:30 p.m., followed by the movie and free popcorn at 7:30 p.m. Otis Gordon Park is located at 2351 Central Ave., adjacent to Andres Duarte Elementary School.

Community non-profit organization, Marvell West will be grilling up ribs, hot links, and hot dogs for dinner. Before the movie starts, mingle

with Mayor Tzeitel Paras-Caracci, Duarte City Council members and staff, Los Angeles County Sheriff’s Deputies, and members of non-profit organizations and business owners that serve the community.

Duarte Summer Movie Nights are made possible through the sponsorship of THINK Together, SCE Federal Credit Union, Riviera Finance, Rojas Communications, and LA County Parks & Recreation, and the Santa Anita Family YMCA.

*For more information, contact Aida Torres at [a2torres@lasd.org](mailto:a2torres@lasd.org), or call (626) 359-5671, ext. 316.*

## DUARTE FILES APPEAL OF AZUSA/VULCAN MATERIALS LAWSUIT DENIAL

**DUARTE, CA,** The City of Duarte filed an appeal (Aug. 5) with the State Court of Appeals in the ongoing battle to save Van Tassel Ridge from being destroyed by a massive Vulcan Materials Company mining expansion project approved by the City of Azusa. Duarte’s lawsuit, originally filed in August 2010 and first heard in late March of this year, was denied by the Superior Court on May 9.

“The City of Duarte continues to feel that the Environmental Impact Report prepared for the Vulcan Expansion Project was flawed in many areas. Namely, the lack of analysis of air quality impacts from blasting and trucking activities, con-

sideration of potential seismic slippage, ignoring the AQMD direction on location and number of air monitoring stations, and lack of mitigation measures for potential liquefaction impacts. Through the appeal process, we hope a panel of judges recognizes this and rules in the City of Duarte’s favor,” said City Manager, Darrell George.

The appeal process starts a new review by a three-judge panel located in Los Angeles at the State Court of Appeal. The process, comparable to the initial lawsuit, will involve preparation of an administrative record, the filing of approximately three briefs, a hearing and eventual ruling. It could take anywhere from nine to fifteen

months to complete.

Duarte’s lawsuit focuses on the Azusa City Council’s violations of the California Environmental Quality Act and seeks to overturn its certification of the Final Environmental Impact Report and related entitlements for the mine expansion project. It also raises numerous points including insufficient analysis of air quality impacts from blasting and trucking activities; ignoring South Coast Air Quality recommendations on the location and number of air monitoring stations; and Azusa’s failure to impose any mitigation measures for potential liquefaction impacts.

As approved by the Azusa City Council, the Vulcan mining expansion project is poised to destroy Van Tassel Ridge as Vulcan plans to extract 105.6 million tons of aggregate from the mountain between now and 2038. Over that same period, the City of Azusa stands to make more than \$65 million in mining fees and incentives from Vulcan at the expense of its neighbors in Duarte.

## DUARTE’S CHOICE: Injunction or No Injunction

**By Joan Schmidt Clayton**

Several months ago, the City of Duarte was given the choice of having a gang injunction or not. All five city council members voted against it and quite frankly, I was surprised and thought they were wrong.

Shortly after the Monrovia-Arcadia-Duarte formed, back in 1993, I received a call from Sergeant Dan Rosenberg from the Sheriff’s Department. He wanted to run a program by me, Civil Gang Abatement, which he felt which help end the gang violence. I agreed it would be beneficial; then Sgt. Rosenberg met with the other Town Council members, who realized the positive ramifications the program would bring.

Back then, Pamela Park was a VERY dangerous area. A former Monrovia Policeman said he wouldn’t go down that street without a bazooka! Things are quite different now in the Pamela Park area and on Goodall. The cooperation of many officers, those from Operation Safe Street, Captain Sams and members of the SEB (Special Enforcement Bureau), personnel from Temple’s Gang and Drug units and our patrol officers worked together in the goal of “cleaning up the area”. The county even put the barricade on Goodall. Previously, there were several different outlets-no wonder the deputies had trouble catching the bad guys! There also were joint efforts between Monrovia and the Sheriff’s Department. Their current Chief, Jim Hunt headed their SET Program and worked with Sergeant Steve Biagini and deputies. This Civil Gang Abatement is an injunction in which certain gang members may not hang out together. Things have been relatively

quiet lately. There have been arrests in the past and the injunction has aided in that procedure.

When I spoke with Chief Hunt a few weeks back, he told me that the City of Monrovia had the injunction and he was glad of it. Chief Hunt feels the injunction is a good tool to clean up the area, and he believes that it’s beneficial to utilize as many avenues as possible to keep that peace. Back in 2009, Monrovia got its gang injunction because there was a murderous feud between two rival gangs, the African American Duroc Crips and their rival, the Hispanic Nuevo Varrio. It has been relatively quiet, the last 18 months.

Lately, there has been a string of violence in Baldwin Park. Their Council Member, Monica Garcia wants to do something about it. She has been looking at various cities who utilize the injunction. First on her list was Monrovia and she has met with Chief Hunt. Council Member Garcia wanted to know how the city implemented an injunction, what was successful and what was not successful. Also the price. Monrovia paid close to \$250,000 in legal fees and other costs associated with the action. Monrovia’s City Manager, Scott Ochoa mentioned the community’s effort in this endeavor. This is very true. The Sheriff’s Department accomplished much, but there are the Civilian Advisory Committee and other groups that help.

The question remains: Should Duarte adopt the injunction? I now understand their reluctance. The bottom line is how bad things are in the city and can they afford it? El Monte chose not to. So perhaps Duarte’s decision was the right one for the City of Duarte.

## Monrovia Police Blotter

During the last seven-day period, the Police Department handled 534 service events, resulting in 79 investigations. Following are the last week’s highlighted issues and events:

### Robbery

On August 4 at 0:22 a.m., officers responded to the 800 block of West Huntington regarding a male transient reporting three male suspects took him inside the restroom in the 700 block of East Lemon and beat him up. The suspects then took his shoes and wallet and fled in an unknown direction. The victim walked to the 800 block of West Huntington and called police to report the incident. There were no suspects found. Investigation continuing.

### Mail Tampering

On August 5 at 4:02 a.m., an officer responded to a call in the 500 block of Valmont regarding two male subjects seen tampering with two mailboxes in the area. An area check was conducted but the suspects were not located. Investigation continuing.

### Robbery

On August 6 at 9:03 p.m., officers responded to the 200 block of West Huntington regarding a robbery that had just occurred. Officers were advised that a male suspect wearing dark clothing entered the business through the front door and proceeded to the take-out counter. The suspect pointed a silver revolver at the female employee and demanded the money. The victim handed money to the suspect who fled out the front door and out of sight. Investigation continuing.

### Burglary

On August 7 at 3:52 p.m., officers responded to a business in the 1600 block of South Mountain regarding a burglary. On August 5, a male suspect committed an unreported theft where he stuffed a backpack full of merchandise, then fled prior to being caught. On August 7, the same suspect re-entered the store and immediately began cutting off security sensors from tools using a cutting tool. The property was valued at more than \$2,000. The suspect began stuffing his backpack and was detained to prevent him from fleeing the store again. The suspect was arrested and taken into custody.

### Domestic Violence

On August 8 at 11:52, an officer responded to the 800 Block of West Olive regarding a domestic disturbance. A male suspect became intoxicated and began to argue with his live-in girlfriend. The argument escalated and he assaulted her several times, causing visible injury. He was arrested for domestic violence and placed in the sobering cell until he could be booked. An emergency

protective order was obtained on behalf of the victim.

### Vehicle Burglaries

On August 8, dispatch received reports of two window-smash auto burglaries. The first occurred in the 400 block of South Alta Vista between the hours of 10 p.m. and 2 a.m.; the loss was an empty purse. The second occurred in the 100 block of North Mayflower between the hours of 4 p.m. and 5:30 a.m.; the loss was a black briefcase with cash, a telescope and a camera. There is no suspect information at this time. Investigation continuing.

### Grand Theft Auto

On August 9 at 6:55 a.m., an officer responded to the 500 block of Fano regarding a stolen vehicle report. The victim told the officer he parked his vehicle on the street in front of the location and left the keys on the seat. He did not lock the vehicle and did not have an alarm. The victim went inside the residence and returned an hour later to discover the vehicle missing. The vehicle is a white 1991 Honda Accord. Investigation continuing.

### Stolen Vehicle

On August 9 at 11:45 a.m., an officer responded to the 400 block of West Walnut regarding a stolen vehicle. The victim told him she parked and locked her vehicle on the street in front of the location at 1 a.m. She returned to her vehicle at 4 a.m., and it was missing. All keys were accounted for and there was no glass on the ground where it was parked. The vehicle is a green, 1991 Honda Accord. Investigation continuing.

### Burglary

On August 10 at 7:45 a.m. an officer responded to a business in the 700 block of West Huntington. The reporting party was a contracted electrician who is working at the location. The suspect(s) apparently forced open (by pushing in) a sheet of plywood covering a dock door on the north side of the building. Once inside, the suspect(s) removed approximately 100 feet of one-inch copper wire and pushed a metal tool box out of the dock door opening. It appears, due to scrapes on the concrete floor, that the suspect(s) backed up a truck and loaded the metal tool box into it, and left undetected. Investigation continuing.

### Attempt Vehicle Burglary

On August 10 at 11:40 a.m., an officer responded to 100 block of West Pomona regarding an attempt vehicle burglary. The reporting party reported that someone tried breaking into one of their vehicles, a Ford F-350 Van. The suspect(s) damaged the rear door lock of the van; however, no entry was made. Investigation continuing.

## FIGHTING THE FLU

**Free Brown Bag Workshop Sponsored by Friends of the Monrovia Public Library**

The Monrovia Public Library will host this timely workshop on Tuesday, September 13 from 11:30 a.m. – 1:00 p.m. in the Community Room. The Library is located at 321 S. Myrtle Avenue, in Old Town Monrovia’s Library Park.

Bring your lunch and join Stuart Lee, Walgreens pharmacy manager, for a talk about flu, pneumonia, and whooping cough vaccines.

He will give expert information on who should receive the vaccines, why they should receive the vaccines, what vaccines do, how they work, where to get them, and answer other questions.

Registration is encouraged. Stop by the Adult Reference Desk, call 626-256-8274, or visit [www.monroviapubliclibrary.org](http://www.monroviapubliclibrary.org) and click on the calendar icon on the top right of the page. Find DATE, click on the event and sign up. Walk-ins welcome.

Tuesday September 13  
Library Community Room  
11:30 a.m. – 1:00 p.m.

## What's On YOUR Mind? What Do YOU Think?

We’d like to hear from you!  
Contact us at: [editor@mntnviewsnews.com](mailto:editor@mntnviewsnews.com) or  
[www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews)





## 183 FRESHMEN JOIN LA SALLE AS CLASSES BEGIN

Pasadena, CA – La Salle High School began its school year on August 18 as 183 new freshmen joined the Lancer student body. The Welcome Orientation on August 19 featured small groups of freshmen with their “Senior Class Buddies” on a tour of the campus, video presentations and a run-through of classes. A pizza lunch was followed by a rally.

At La Salle High School, there are 740 students from ninth through twelfth grades; with a majority that live in the San Gabriel Valley. “We believe the education we deliver to our students is of the highest quality,” reflected Principal Patrick Bonacci, AFSC “offering a very broad and deep academic program, as well as a four year fine arts-focused program that requires additional summer attendance.

With over 60% of the teaching staff holding Master’s and PhD credentials that allows them to teach at the college level, La Salle draws educators who choose to teach in La Salle High School’s nurturing environment, developed from a 350-year Christian Brothers’ educational tradition.

La Salle is dedicated to excellent student performance in academics, arts and athletics. To maintain our Catholic identity, two-thirds of our entering freshmen acceptances are of the Catholic faith. In addition, 15% of our students are from low income families and receive full or partial tuition assistance through the San Miguel and Brother Celestine Scholarship Funds.

The La Salle Lancers field 22 teams on the varsity level. Student Life, visual and performing arts, honor and service societies, student clubs and organizations, and student television broadcasts and publications, provide a healthy and warm community atmosphere for all La Salle students. During the last 5 years 99.5% of our graduates have gone on to college with 88% going to 4-year institutions. La Salle High School is accredited by the Western Catholic Education Association (WECA) and Western Association of Schools and Colleges (WASC).

“The education we deliver to our 740 students is of the highest caliber,” reflected Tremblay, “offering a very broad and deep academic program, as well as a four year fine arts-focused program that requires



additional summer attendance.

With over 60% of the teaching staff holding Master’s and PhD credentials that allows them to teach at the college level, La Salle draws educators who choose to teach in La Salle High School’s nurturing environment, developed from a 350-year Christian Brothers’ educational tradition.

Though most of the local media coverage focuses on Football, Water Polo and Volleyball, La Salle makes a point of offering twenty two sports including softball (2010 CIF Champions), swimming (2010 CIF 500-yard free style champion), track and field (2010 first place, CIF Girls Track and Field Discus) to more recently, our 2010 Girls Volleyball team, unbeaten in league play, then went to CIF semi-final round just this month. La Salle also has a student who just qualified for State Finals in cross country.

“We have something going on here almost every night,” says Tremblay. “We just finished the wonderful drama production, Once in a Lifetime. Jazz band and chorus are busy preparing for their upcoming December performances on December 3 at 7 p.m. and December 5 at 6 p.m. respectively, on the heels of a fabulous dance show last weekend. The next week will also bring our Advanced

Placement (AP) Art Show on December 5 at 4 p.m. Not to be missed!”

“In between all the other activities, according to Tremblay, “our service component, so integral to our La Salle education tradition of “Learn, Serve, Lead,” will include our annual “Adopt-a-Family” event. La Salle students and their families will once again donate Christmas gifts and prepare a celebration for 30 families who would otherwise do without at Christmas.

In addition to delivering a high caliber education, La Salle’s tuition is very competitive, in the middle of the pack as far as tuition price compared to other Catholic and private high schools in the area. “La Salle has allocated \$1.2 million in financial assistance to our families in need,” says Tremblay. “Approximately 23% of our school population receives partial or full tuition assistance due to the generosity of our extended La Salle family and supporters.”

*For a full event schedule or more information about La Salle High School in Pasadena, please check the school’s website, [www.LaSallehs.org](http://www.LaSallehs.org), which is updated regularly for our student body, parents, alumni and the greater La Salle community.*



## SPORCLE?

Everyone has an obsession or addiction, something that they do way too often or know too much about. For some, it’s a sports team like in the movie Fever Pitch, or smoking or collecting stamps. One of my addictions, I admit it, is coffee. I can’t get enough of the stuff. I thought that that addiction was bad. Then along came *Sporcle*.

*Sporcle* is one of those things that you don’t really do a whole lot but hours pass by like someone hit the fast forward button and before you know it you have spent a good three or four hours Sporcling and wondering how you did it. But the question is: What the heck is Sporcle? Sporcle is an online trivia website that has quizzes on everything from movie posters to 80s hair music to geography to fast food slogans and Disney princesses. I mean *everything*. And it is highly addicting. I not only got myself hooked on the website but my family and friends as well, doing group Sporcles before, after, and during dinner, as well as into the late hours of the night, where we try to get as many hit songs from the 1980’s from ten second sound bites. Yes, it sounds like a lot of fun, and is actually pretty educational, but like a drug it is highly addicting. So be warned because once you have done one Sporcle, I can’t guarantee that you won’t do another.

## NEW SIERRA MADRE SCHOOL PRINCIPAL NAMED

Pasadena Unified School District (PUSD) Superintendent Jon R. Gundry today announced the appointment of Esther C. Salinas as principal of Sierra Madre School. Her appointment is scheduled to take effect before the new school year begins on August 31. She replaces Principal Gayle Bluemel, who retired in June.

“Ms. Salinas’ vibrant and inspirational leadership, her accomplishments as an educator and her experience in the strategic alignment of resources to serve students will be an asset to Sierra Madre School,” said Superintendent Gundry. “I am pleased to welcome her to PUSD.”

Ms. Salinas was selected after a rigorous process that began in April and involved interviews with teachers, parents, community members, and representatives from the district’s bargaining units.

“I am honored to be selected to lead Sierra Madre School to further academic achievement by building upon a rich tradition of excellence,” said Ms. Salinas. “I look forward to working with Sierra Madre’s distinguished faculty and staff, supportive families and community partners to inspire and prepare students for successful futures.”

She brings a decade of experience as an elementary school principal and administrator, most recently in the Burbank Unified School District at Roosevelt Elementary and Washington Elementary. Previously, Ms. Salinas served as director of the district’s human resources and educational services.

During her tenure as principal of Jefferson Elementary from 2005-2009, the school was named a California Distinguished School in 2006 and a Los Angeles County BRAVO finalist for excellence in the arts in 2007. She was principal of Conejo Elementary School in the Conejo Valley Unified School District from 2003-2005, and led the school to win the Title I Academic Achievement Award in 2005. Previously, Ms. Salinas was interim principal of La Cañada Elementary and Palm Crest Elementary in the La Cañada Unified School District, where she led the expansion of a reading intervention program for students in grades

K-6 from 2000-2001. She was a curriculum specialist at Palm Crest, and joined the school as a teacher in 1996. She began her career as a teacher in 1995 in the Glendora Unified School District.

Ms. Salinas was a research and processing coordinator for a civil engineering firm in Diamond Bar from 1987-1996.

She earned a Bachelor of Science from Bob Jones University in South Carolina, a Master of Education from Azusa Pacific University, a Master of Arts in Educational Leadership from California State University, Los Angeles, and is a candidate for a Doctor of Education in K-12 Leadership in Urban School Settings at the University of Southern California.



## Drifting Secondhand Smoke Affects Everyone!



This material was made possible by funding from the Department of Health and Human Services through the Los Angeles County Department of Public Health.

## SCHOOL DIRECTORY

**Alverno High School**

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

**Arcadia High School**

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdal

**Arroyo Pacific Academy**

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

**Barnhart School**

240 W. Colorado Blvd. Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

**Bethany Christian School**

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsliions.org](mailto:jml@bcsliions.org)

**Carden of the Foothills School**

429 Wildrose Avenue, Monrovia, CA 91016 626/358-9414  
626/358-5164 fax office@cardenofthefoothills.com

**The Gooden School**

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

**High Point Academy**

1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

**LaSalle High School**

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951  
website: [www.lasallehs.org](http://www.lasallehs.org)

**Monrovia High School**

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000,  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

**Norma Coombs Alternative School**

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

**Odyssey Charter School**

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O’Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

**Pasadena High School**

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

**Pasadena Unified School District**

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

**St. Rita Catholic School**

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

**Sierra Madre Elementary School**

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

**Sierra Madre Middle School**

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

**Walden School**

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

**Weizmann Day School**

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204

Lisa Feldman: Head of School

**Wilson Middle School**

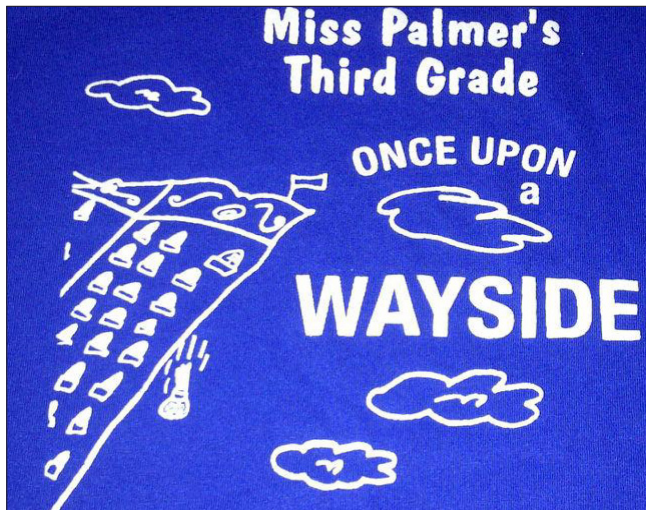
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

**Pasadena Unified School District**

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)







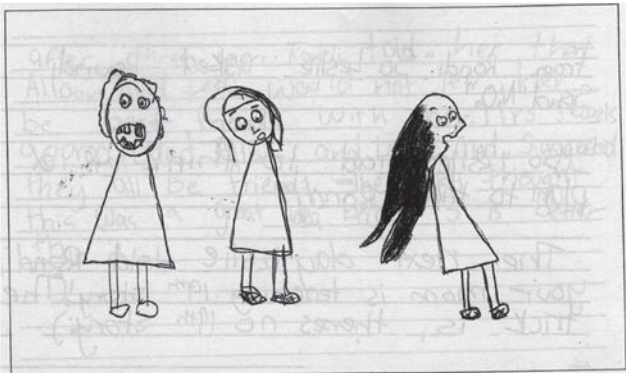
Miss Palmer's 3rd Grade Class, 31 talented and creative students, have published a book! It is called, "Miss Palmer's Third Grade: Once Upon A Wayside" and it includes the work of each of the students in her class. We will publish the book in its entirety this summer, with 3-4 stories each week. The stories will not be edited, well maybe a few spelling corrections. They are all entertaining and original!

Inspired by the book series they read in class, The Wayside School Series by Louis Sachar, the children created their own episodes of life at Wayside. (Hint: Louis Sachar's Wayside School was supposed to be 30 classrooms, one story high; but by mistake it was built straight up 30 stories. That should give you some insight into the kind of stories you will read from Ms. Palmer's 3rd Grade Class!)

A teacher for six years, Ms. Palmer has been at Sierra Madre Elementary for two years. She was born and reared in Sierra Madre, played on the SM Girls Softball Team and was a Sierra Madre Rose Princess in 2000.

This is a series of stories that will enlighten, inspire and keep you laughing all summer long!

If you want to read the previous week's stories, go to: [www.mtn-viewsnews.com](http://www.mtn-viewsnews.com). S. Henderson/MVNews



## BFF by Malia Teran

Paul and Leslie were two students in Mrs. Jewel's class, and they were best friends. One day Paul found a new best friend and said, "Leslie, we can't be best friends anymore." So Leslie was on a search for a new best friend.

The next day, Leslie, Allison and Rondi were on the playground before school. Leslie asked Allison to be her best friend. Allison said, "You need to get permission from Rondi." So, Leslie asked, Rondi said, "No."

So, Leslie had to think of a plan to trick Rondi.

The next day Leslie told Rondi, "Your mom is teaching on the 19th story!" (The trick is, there is no 19th story.)

So Rondi said, "Bye, bye."

Then Leslie asked, "Now, can we be best friends?" Allison sighed, "I guess."

Leslie said, "Great! Now let's go get smoothies."

Allison said, "Let's go now. We have a lot to discuss."

It took Rondi three years to figure out that her mom wasn't teaching on the 19th story since there was no 19th story. When she came back to Mrs. Jewels, who was surprised to see Rondi after three years, Rondi told her that Allison and Leslie would not let her be best friends with her.

Mrs. Jewels approached Allison and Leslie and suggested they all be friends.

The girls then thought this was a great idea because 3 is better than 2.

## BASKETBALL COURT CHALLENGE by Trey

One day Eric Fry was playing with the other Erics. Eric Bacon and Eric Ovens. Eric Fry was the best basketball player at Wayside School because he practiced the most.

On this day, Eric Fry was making all his shots when some bullies from the 1st story came and stole the ball. Eric Fry felt sad on the inside and on the outside. So, he went and told Louis. "Some bullies stole the ball", said Eric. Louis replied, "I will bench them for 2 weeks."

So, the bullies were benched for two weeks and Eric went back to the basketball court

to play. This time 2 kids from Mrs. Jewel's class, Maurecia and Eric Ovens challenged him to a game.

Eric Fry won the game. The score was 30-50.

## THE PLAN by Sara Fraser

One day at recess, the students were gathered around Louis. He was telling a story.

"There once was a....."

"Ahhhhhh," yelled D.J.

Louis and the group came over. "What's wrong?" asked the group together?

DJ said, "I just noticed something."

"What did you notice?", asked Louis.

I noticed that on the 30th story, there are 30 children. On the 29th story there are 29 children and so on. So, on the 1st story there is only 1 kid."

While the kids were listening to D.J., Sharie, BeBe and Joe were making a plan to get rid of their substitute Ms. Nogard. She was there because Mrs. Jewels was on vacation. Sharie thought Mrs. Nogard always did the opposite of what they wanted, so she had to go.

On the black top Joey said, "I could count like this: 1, 2,5,3,6,70,100,9,10 to distract Ms. Nogard."

Before Joe could finish, Louis snuck out of the crowd and ran to Sharie, BeBe and Joe. he said, "What are you guys planning over here?". Right before they could answer, Sharie dropped to the floor and fell asleep.

BeBe said, "Again! She always falls asleep." Then the bell rang. BeBe said, "Well, what are we going to do with her?"

"I can marry, I mean carry her up the stairs," said Louis.

So they went up the 30 flights of stairs. Louis was sweating so much, but not from carrying Sharie. I mean she is just 12 pounds, but because there were so many stairs. When they got to the classroom, Louis dropped Sharie right in the door, just before he fell down the stairs. Sharie still didn't wake up.

When Ms. Nogard bent down to check on Sharie, right then BeBe saw Ms. Nogard's 3rd ear! BeBe screamed, "Ms. Nogard has a third ear in the middle of her head!"

Everyone gasped.

"She does?" said Sharie in her sleep.

"OMG," said Paul.

"That's weird," said Dana.

"Unthinkable," said D.J.

Meanwhile, Ms. Nogard just stood in the classroom embarrassed by her third ear. All she wanted to do was leave Wayside School. So she ran down the 30 flights of stairs and out the door, never to be seen again.

The students cheered as they watched her leave. Then they heard a banging from the closet, and Sharie opened it to find Mrs. Jewels.



## The Sorcerer's Apprentice

I am the superbly singular sorcerer of the universal solar system!



Hi! I've been the Sorcerer of the Universe for hundreds of thousands of years and I'm pooped! I want to retire. So, I'm having auditions at the Sierra Madre Playhouse for a Sorcerer's Apprentice. Only the very best magician will win the role. Come along and be the magician's assistants, learn magic tricks and follow him on his exciting journey to the Pinnacle of Power.



Be by my Apprentice's side while he passes his 5 TESTS:

He must master all of the mysteries of MAGIC. He must have the HEART to rescue the beautiful Damsel in Distress who is trapped in the crystal ball.

He must have the COURAGE to go on the dangerous journey to find her, face the Twin Witches and battle the Giant Screaming Eagles.



He must have the WISDOM to use his brain not his muscle to outsmart the giant fire-breathing dragon who guards the castle gate.

Ultimately he must SOAR to the Pinnacle of Power.

Come help us make the magic and crown the new SORCERER OF THE UNIVERSE! We can't do it without you!



Saturdays August 27, Sept. 3, 10, 17, 24 at 11:00am  
Tickets \$18/Children 12 and under \$12  
Birthday and group rates available.  
For reservations call (626)355-4318.

For credit card sales: [sierramadreplayhouse.org](http://sierramadreplayhouse.org)

**Sierra Madre Playhouse**  
87 W. Sierra Madre Blvd.  
Sierra Madre, CA 91024

We like to read books and watch...

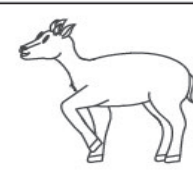


# Newspaper Fun!

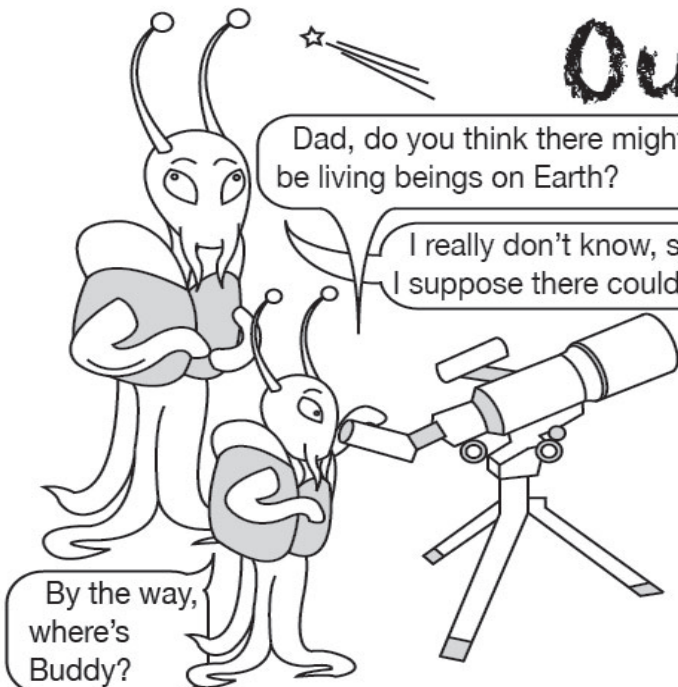
[www.newspaperfun.com](http://www.newspaperfun.com)

Animills LLC © 2011 V5-N34

...movies about space aliens.



## Out of this World!



Dad, do you think there might be living beings on Earth?

I really don't know, son... I suppose there could be!

By the way, where's Buddy?

Have you ever wondered if there could be living beings on other planets? Well, you're not alone. There is a group of scientists and engineers (SETI) who use computers to scan the skies for signs of life or communications. Other people like to read about UFO sightings. The largest

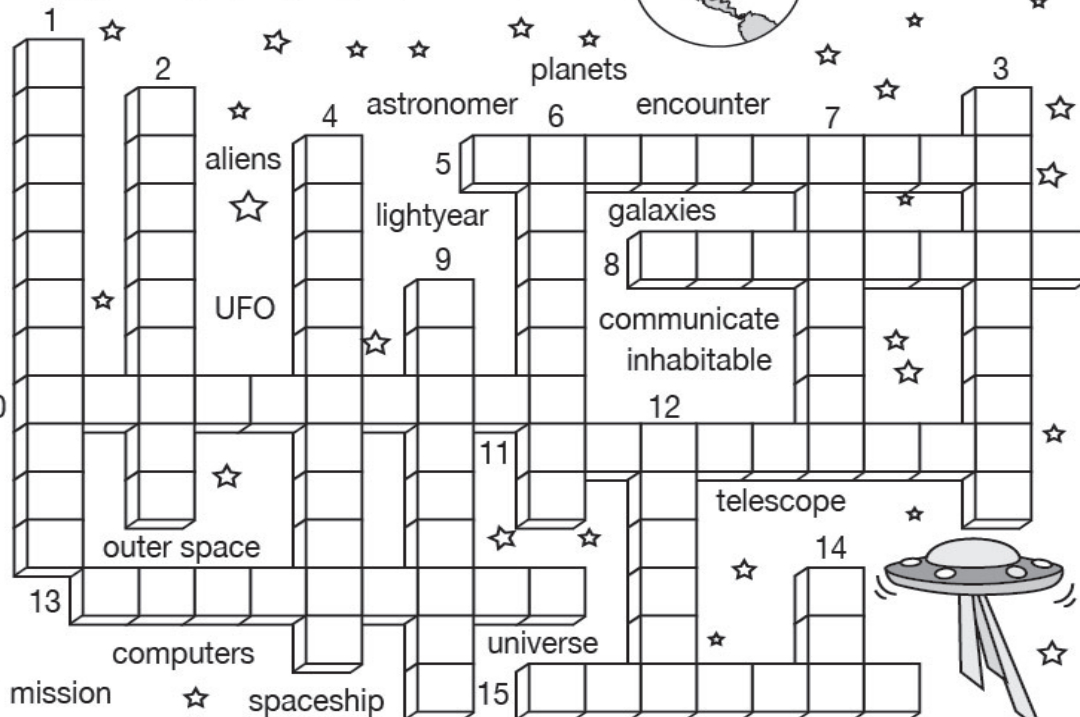
number reported have been around a military base in Nevada called Area 51.

One of NASA's space programs includes sending a robot to Mars to roam the planet and send back photos. If you are interested in outer space then ask Mom or Dad if you can check out NASA's club for kids. Have fun!

### Read the clues to fill in the crossword puzzle:

1. a planet able to support life
2. face-to-face meeting with an alien
3. makes things far away seem closer, larger
4. code words/sending of radio waves help us to
5. no air and no gravity...the last frontier
6. every galaxy, every solar system, each star and planet that we know of
7. there are 8 of these in our solar system, and billions in the universe

There are couple of giant words in this puzzle...go slow and you'll figure them out.



8. large clusters of stars and planets, held together by gravitational forces
9. found in almost every home, they help us with homework and connecting with friends, but also are used to search for extra-terrestrials
10. scientist who studies the sun, planets and other bodies in space
11. flying saucer, space shuttle or rocket
12. extra-terrestrials
13. distance light can travel in 12 months
14. unidentified flying object
15. group's set goal when entering outer space





Mountain Views News Saturday, August 20, 2011

## Say Aloha to Swing at Sierra Madre's Friday Night Live



Downtown Sierra Madre will be swinging this week, to the sounds of the Gem City Jazz Cats. The Jazz Cats, formed in 2009 as a 13-piece combo, now have 18 players, plus three vocalists. They will perform in Kersting Court as part of Friday Night Live, put on each summer by the Sierra Madre Chamber of Commerce. Veterans of street fairs, private parties and benefit concerts, the Jazz Cats have performed several times before in Sierra Madre, including the Wine and Jazz Walk, Friday Night Live, and this year's 4th of July Community Picnic. The Band plays oldies, swing, and jazz but also includes some modern tunes, and is being sponsored by Prudential California Realty. There will be a Hawaiian theme for the evening, with shoppers encouraged to wear their favorite Hawaiian clothing and leis. In addition, anyone who spends \$35 in a retail store or \$50 in a restaurant during Friday Night Live hours (6:30 to 9pm) is invited to bring their

receipt to the Chamber booth in Kersting Court. They will be entered in a drawing to take place the final week of Friday Night Live. Shoppers are eligible every time that they spend \$35/retail or \$50/restaurant – the more times they spend \$35/\$50 the greater their chances of winning. On the final Friday, August 26th, two lucky shoppers will have their names drawn to win a shopping/dining spree at Sierra Madre businesses valued at more than \$500! With only five weeks of eligibility, the odds of winning will be quite good for those who are entered in the drawing. Friday Night Live will take place in downtown Sierra Madre from 6:30 to 9pm through Aug. 26th.

For more information, including an entertainment lineup, list of themes, and a list of businesses participating in the shopping spree giveaway, visit [www.SMFridayNightLive.info](http://www.SMFridayNightLive.info) or call the Chamber at (626) 355-5111.

Sierra Madre Playhouse Presents  
**Gilbert & Sullivan's**  
**The Yeomen of the Guard**  
 August 19 - September 24



Director: **Eugene J. Hutchins**  
 Music Director: **Brian Asher Alhadeff**

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 or call: (626) 355-4318 • Group Sales: (626) 836-2125  
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## SEAN'S SHAMELESS REVIEWS: THE WAR ON DRUGS



The War On Drugs have already had a tumultuous early career. Adam Granduciel and Kurt Vile displayed a communal bond for classic rock and reflective storytelling. In the forefront, they were setting out to make great American rock music. Raw, guitar-driven, and with a knack for gritty songwriting, The War On Drugs were onto something magnetic. After dropping their much-lauded debut LP, "Wagonwheel Blues" in 2008, three of the five members left the band. This included co-founder, Kurt Vile, who released a critically acclaimed album this year entitled, "Smoke Ring for My Halo". Instead of disbanding, co-founder and vocalist, Adam Granduciel recruited drummer Mike Zanghi making The War On Drugs a three-piece rock band. With a new perspective on things, Granduciel went from co-pilot, to full on navigator. The War On Drugs proudly present "Slave Ambient", the sophomore record from a band that was poised to change 21st century rock forever.

"Slave Ambient" roots lie within the confines of Bob Dylan, Tom Petty and Bruce Springsteen. It's pure Americana rock and oddly enough, fresh and innovative for this day and age. Whatever fragments of guitar-driven music still exist, The War on Drugs may have the only remaining pieces left to pave a new path for not only themselves, but followers as well. The record kicks off with "Best Night", the best track off the album (and one of the better songs of the 2011). The initial sound resembles something off a "Broken Social Scene" album, but the comparisons end once Granduciel starts to sing. He has sort of a nasally tone and is lyrically succinct. The image you get when he sings is as if he's driving on an open, desolate road traveling through the heartland of America and taking it all in. He may not be able to discern where he's heading or what possibilities may lie ahead, but he's perfectly content with not knowing so. "Baby Missiles"

sounds like something off of Arcade Fire's "The Suburbs", but you easily realize this substance is more of a remedy than whatever Arcade Fire had subscribed. The twelfth and final track is "Blackwater" and it's truly spectacular. It may feel like a vintage Bob Dylan song, but Granduciel has enough creative intuitiveness to call this one his very own masterpiece. Holding me back from calling the entire record a masterpiece are the four instrumental tracks that sadly don't do any favors for the record as a whole. They come and go without feeling like a necessity for the album, but just purely filler. However, the other tunes demonstrate Granduciel as an expressive lyricist and an impassioned singer who means every single word he sings.

"Slave Ambient" is for the believers, the non-conformists, the wonderers, the dreamers, the lovers, the fighters, the optimists, the broken-

Artist: The War On Drugs  
 Album: Slave Ambient  
 Label: Secretly Canadian  
 Release Date: August 16, 2011  
 Grade: 8 out of 10  
 Key Tracks: Best Night, Come To The City, Baby Missiles, Blackwater

hearted, and the life-changing seekers. If you're deep in the hole or just barely crawling out, "Slave Ambient" has your name written all over it. The album is sophisticated and classic rock inspired. It's a reminder that rock music can mean something once again. It's unfortunate that this may very well be a sleeper hit of an album and only become discovered by the ones searching for something with more merit than what is on the Billboard Top 40. The War On Drugs is another prime example of how mainstream music doesn't hold a candle to what independent rock has to offer. If you have a penchant for superior American rock music that is laced with superb songwriting and dazzling guitar-driven melodies, "Slave Ambient" undeniably fits the bill.

## JOIN US FOR SOME REAL FUN!

We have a great line-up this weekend at Adams' Pack Station, Chantry Flat. Join us for a hike, music, and dutch oven cooking.

12:00-2:00 Tim Tedrow

2:00-2:30 Dennis FitzGerald

2:30-4:30 Moreton Bay String Band

4:30-5:30 Barbara Paul & Joe Bull



## Reception to Honor the Retirement of Toni Buckner

Director Of Library Services

To thank her for her 34 years of service with the City of Sierra Madre

Date: Friday, September 16, 2011  
 Time: 6-9pm

6-7 pm Light refreshments will be provided by the Friends of the Sierra Madre Library  
 7-8 pm Welcome, Presentations and Recognition of Service  
 8-9 pm Dessert

All are welcome to attend this community-wide event

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## HOWARD Hays As I See It



The next time I tell you someone from Texas should not be president, pay attention!" - Molly Ivins

The major story from the straw poll in Ames, Iowa (where candidates paid \$30 apiece for votes, and voters got deep-fried-butter-on-a-stick), was not so much who won, but who wasn't running and showed up

anyway.

The winner, Rep. Michelle Bachmann (R-MN), never disappoints: on August 16, Bachmann opened a rally in Spartanburg, S.C., by inviting her audience to "all say happy birthday to Elvis Presley today!" An audience member helpfully shouted out, "He died today!" (August 16, 1977), but she continued on, explaining to reporters afterwards, "As far as we're concerned, he's still alive in our hearts."

Later, Bachmann ridiculed Warren Buffett before an audience of ordinary, working-class Americans for having suggested billionaires pay taxes at rates closer to what's paid by ordinary, working-class Americans.

The most memorable sound bite came from a non-runner, former Gov. Mitt Romney (R-MA), as he answered a heckler by declaring, "Corporations are people, my friend."

Romney later explained that corporate money inevitably ends up with people. What he left out was that many of them are the upper 1% who control 40% of our nation's wealth, more than the lower 90%. An estimated \$6.3 trillion of it has been extracted from our economy and sits tax-free in offshore accounts.

Those people Romney refers to have bought the politicians responsible for tax laws, so not only production and employment is outsourced, but profits and tax liability are as well. In the first quarter of 2011, America's top corporations were able to combine a 30% profit increase with a 30% tax decrease by outsourcing profits to low-tax countries, an option not available to many of those in attendance at the Ames, Iowa fairgrounds.

Romney's people are the Wall Street execs bailed out by American taxpayers in 2008 who rewarded themselves with a record-breaking \$145 billion in compensation in 2009, upping it to \$149 billion in 2010. Romney's people are not the one in five American children now living in poverty.

Romney's people are private health insurance execs like former Cigna CEO Edward Hanway who got a retirement package worth over \$110 million in 2009, and former Aetna CEO Ron Williams who collected \$72 million in 2010 - while arguing their customers needed to accept rate increases of up to 39%.

Romney acquired much of his own reported \$190 million to \$250 million in wealth as founder and CEO of Bain Capital, which used investors' money to buy companies, gut them, lay off workers and cash out the remains.

Bloomberg News reported how Bain cut 1,600 jobs from a medical firm in Deerfield, IL before cashing out after two years. An electronics manufacturer in Anaheim filed for bankruptcy after Bain hit it with a bill for \$10 million in "management fees". A Kansas City steel plant shut down after Bain took over, costing 700 workers their jobs and countless retirees their life insurance and health benefits. (A former United Steelworkers rep at the plant says, "It makes me

about half sick" to hear Romney campaign on "job creation".)

The other notable non-runner at the Iowa event was Texas Gov. Rick Perry, who spoke of a "Texas Miracle" and boasts of his own record of "job creation".

Texas does have an unemployment rate lower than the national average, but higher than its four neighbors (Louisiana, Arkansas, Oklahoma and New Mexico).

In ten years under Gov. Perry, Texas created more minimum-wage jobs than all other states combined, and now is number one with the highest percentage of workers at or below the minimum wage.

Texas is number one in other areas:

Number one in children and families without health insurance (one in four Texans lack coverage).

Number one in the wage gap between rich and poor.

Number one in release of toxic pollutants.

Number one in number of workplace fatalities (and last in workers' compensation coverage).

Number one in number of things its governor says are unconstitutional. (I guessed on this one, but Gov. Perry has questioned the constitutional legitimacy of Social Security, bank regulation, consumer protection, federal education policy and national labor laws.)

At the other end of the spectrum, State Sen. Judith Zaffirini (D) of Laredo points out Texas ranks 48th in teen birth rates, 50th in prenatal care and 50th in the number of persons who receive a high school diploma by age 25.

Molly Ivins commented on Perry's commitment to education in a 2006 column; "... he was trying to draw attention away from his spectacular failure on public schools by convincing Texans that gay marriage was a horrible threat to us all. Now he's trying to disguise the fact that the schools are in free-fall by proposing that we teach creationism in biology classes."

Jim Hightower, whom Perry defeated for Agriculture Commissioner (Hightower maintains he was beaten not by Perry, but by Karl Rove), points out Texas ranks last in voter turnout - with 33% showing up for the last gubernatorial election, meaning Perry got the support of 18% of eligible Texans.

Hightower notes that 204 corporate interests have given \$100 million to Perry over the decade.

One of the more disturbing areas of Texas supremacy is state-sanctioned killing. Molly Ivins addressed Rick Perry's support for executing the mentally handicapped in a 2001 column: "

"We are Texas Proud. Such a brilliant decision - not only is Texas now globally recognized for barbaric cruelty, but a strong majority of Texans themselves (73 percent) would prefer not to off the retarded. Gov. Goodhair's decision - in the face of popular opinion, the Supreme Court and George W. Bush's recent conversion on this subject - is a testament to his strength of character. Or something."

It's too bad Molly's not around to comment on this current campaign, but even with over 400 days to go it's not too early to be following her advice and "pay attention!"

## ARE WE WITNESSING OUR FUTURE?

As London cleans up and deals with the results of almost a week of rioting, the question must be asked of whether we are getting a glimpse into our own future. The elites in the media, universities and various think tanks will undoubtedly say, yes, and they are correct, but for the wrong reasons. The lens through which the chattering class views this is the left-liberal prism of income disparities and economic disenfranchisement which only naturally leads to civil unrest. This is, of course, circular logic since the left has fed this line so long that it has become self fulfilling. If you tell someone often enough that they are a victim, at some point they will start to believe it and may act accordingly.

Sure enough, there were more than a few rioters who were willing to be interviewed and proffer a rationalization for their acts. One "gentleman" - a term which has to be used very generously in this context - stated that "we're fed up with being broke. There are people here with nothing". Another young "lady" - same semantic caveat - stated that "we're just showing the rich people that we can do what we want". Both observations neglect to take into consideration facts.

It is very difficult for anyone with a scintilla of rational capabilities to use the word "nothing" to describe what the "poor" receive from the current English welfare state. A brief list would include a free college education worth approximately \$80,000, subsidized housing and food, and a fair amount of luxuries like cell phones, flat-screen TVs, refrigerators, and let's not forget free medical care. The same will be true for their children, should they have any. Were these people in possession of an ounce of moral rectitude, the attitude they would assume would be one of humility and gratitude, not entitlement and envy.

The problem in England is not that the poor have been mistreated by the rich, but that they have been coddled and stripped of their self worth by the very government programs that were supposed to help them. They have lived on welfare benefits for so long that they have lost any understanding of the connection between effort and reward. Because they have been told for so long that they are victims and they have been given so much without any demand that they contribute to their own well-being, they've come to believe that the state - rather than their own effort - is the natural provider of all the essentials of life, and they then wonder why the rich are being given more than they are being given. They don't think to question whether those who are richer than they are may have worked harder or been smarter than they are. They just assume that everyone's livelihood is provided by the government out of thin air. Given such an attitude, it really is natural that someone would wonder why the rich were "given" more than they were. They would also think you quite strange for suggesting that the way to succeed is to work harder or smarter. Ask any number of the rioters in London whether they would lay down their sticks, stones and Molotov cocktails if offered a traditional job and a shot to advance, and you're

## GREG Welborn



likely to hear a score of reasons why having to work regular hours is a form of abuse and having to comport to some employer's rules is arbitrary and akin to oppression.

This is what the advanced welfare state does to people. It robs them of the desire to improve their own condition and of a sense of self worth from being able to do so. But it doesn't stop here. The advanced welfare state, as seen in Britain, also punishes those who try to break out of the dependency and hopelessness that the dole creates. Those who try to start a business are met with regulatory and tax hurdles that would choke any start up. Those who complain at the burden being put on the most productive, in the form of confiscatory taxes on their successful efforts, are accused and rebuked publicly for being selfish.

Add to this culture, which rewards those who simply accept the handouts and punishes those who are productive, the fact that the police and courts are stacked toward leniency, rather than enforcement of the laws and protection of the law-abiding, and you have the perfect storm. While acknowledging that a thousand purportedly have been arrested in connection with the London riots, the history of jurisprudence in this left-liberal country suggests they will be met with lectures and slaps on the hand. None of this is new, by the way. All of this is part of a long practiced pattern which rewards lawlessness and punishes the law-abiding.

Whole neighborhoods are off-limits to those who live in them because young punks are allowed to roam with little police interference. Those who might be arrested, less than 5%, are, if convicted, given lenient sentences reflecting their victimhood status, an insult to those who were the actual victims of their crimes. Examples abound, but when a noted British columnist says with a straight face that the average sentence for murder is 30 months, and one third of crimes are committed by those already on probation, you know that this society is not serious about preventing crime.

British policies are only a step ahead of where we are heading. British excuses for outright lawlessness are only a step ahead of where we're heading. We must learn to accept human nature as it is, not as we want it to be, and to reward good behavior while imposing meaningful punishment for bad behavior. London may yet serve as a valuable lesson of what our future holds if we don't become serious about crime and honest about what leads to success.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn@earthlink.net.

## LETTER TO THE EDITOR:

## RE: HOW TO PAY A BILL

To Whom It May Concern,

I installed a solar system two years ago. The first year I my net bill was a negative \$37.51 - I generated more power than I used. The law at that time provided an unbalanced situation - If I used more than I generated, I had to pay, if I generated more than I used, nobody paid me. Last year the law changed. My second year net bill was a negative \$115.47 - I generated more power than I used. See the attached. Now the law provides a balanced situation, SCE owes me. However SCE reports that the PUC has not provided a mechanism for SCE to pay me. So I remain unpaid.

I realize that this is a very complex problem requiring many staff hours of research, committee meetings, surveys, presentations, more committee meetings, position papers, consultation with experts, hearings, etc. After all, you are a government agency. There is nothing to encourage effectiveness and efficiency other than

the voters removing you from office.

Being a voting, taxpaying, citizen of this state, I thought I'd provide some hopefully useful and simple guidance. If you would reach in your wallet, take out a piece of paper money, you'll note in the upper left area of the bill it reads "This note is legal tender for all debts, public and private." That's a very efficient, convenient, and legal mechanism to pay the debt owed me - \$115.47. As the law requires, I accept cash.

I sincerely hope I've provided the clarity, guidance, leadership, and inspiration necessary to solve this most complex of social problems - how to pay a bill. I know how excited government agencies get when us taxpayers don't pay our bills. Please expect nothing less regarding my excitement regarding a government agency standing in the way of a company paying its debts.

Sincerely,

Richard M. Bertrand  
Sierra Madre

## BUSINESS TODAY

The latest on Business News, Trends and Techniques

## "Positioning" is the Key to Effective Marketing

by La Quetta M. Shamblee, M.B.A.

Do you know anyone who would pay a higher price for the same item that they could buy for less? Of course you do, and the reason has everything to do with how products and services are "positioned" in the minds of customers. Let's conduct a quick mental quiz to determine how you rank certain restaurants. With the options of discount/budget, mid-range or high-end, how would you rank California Pizza Kitchen, Denny's, Spago's (Chef Wolfgang Puck) or McDonald's.

We can do the same thing with any category of product or service. Consider the brilliance of auto manufacturers like Toyota. They knew that no one in their right minds was going to pay the same amount for anything with the Toyota brand name when they decided to enter the high-end luxury market in the United States. Their strategy was simple - it's called Lexus. It's the same approach that Honda used when they introduced their luxury line called Infinity.

Positioning a brand has nothing to do with where the products are placed on a shelf in the store, rather, it has everything to do with "where" and "how" the brand is positioned in the minds of your (potential) customers. Businesses that understand and apply this strategy excel in

attracting new customers who can be groomed into loyal customers over time.

Arm & Hammer Baking Soda is another example. There was a time when the name of the product represented why most customers bought it - for baking in the kitchen. As people discovered that it was great for removing corrosion from car batteries and other applications that have nothing to do with the kitchen, the company finally seized upon the opportunity with a campaign to promote and capitalize on other uses. The campaign included television commercials and print ads in magazines that showed how the product could be used to help remove odors from the refrigerator, as well as tennis shoes. Through it all, the familiar packaging remained the same. They simply focused on "positioning" their product in the minds of the public (their customers) for more and more uses.

One of the most useful resources to help you learn the basics of this strategy is a book by authors, Al Ries and Jack Trout, Positioning: The Battle for Your Mind. Originally published in 1981, this award-winning book is considered one of the classics on the subject and has been revised to incorporate contemporary examples and applications for today's marketing needs.

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### Mountain Views News Mission Statement

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL Hamilton



Last weekend's victory in the Iowa Straw Vote is another feather Michele Bachmann's political cap. Despite her relatively short political career, she has clearly established herself as a unique brand in American politics, mostly due to her scary, in-your-face ability to immediately occupy an utterly extremist position on any given issue.

Bachmann has become ubiquitous in the national media as the Tea Party poster woman, attracting attention for her lightning-rod comments, frequent slips of the tongue and ability to drive Chris Matthews crazy. Below are some of her outrageous statements and public blunders.

- "What I love about New Hampshire and what we have in common is our extreme love of liberty...You're the state where the shot heard round the world in Lexington and Concord." March 12, 2011 speech to the Republican Liberty Caucus of New Hampshire.  
(Note: *The 1776 Battles of Lexington and Concord took place in Massachusetts.*)  
Source: [RealClearPolitics](#)
- "This [health care reform] cannot pass...What we have to do today is make a covenant, to slit our wrists, be blood brothers on this thing. This will not pass." [Think Progress](#), Sep. 1, 2009
- "The big thing we are working on now is the global warming hoax. It's all voodoo, nonsense, hokum, a hoax." [Crooks and Liars](#), Mar. 18, 2008
- "Carbon dioxide is natural, it is not harmful, it is a part of Earth's lifecycle. And yet we're being told that we have to reduce this natural substance, reduce the American standard of living, to create an arbitrary reduction in something that is naturally occurring in Earth." [C-Span](#), April 22, 2009
- "What I would say -- what I would say is that the news media should do a penetrating expose and take a look. I wish they would. I wish the American media would take a great look at the views of the

## My Turn IS MICHELE BACHMANN PRESIDENTIAL MATERIAL?

people in Congress and find out, are they pro-America or anti-America? I think people would love to see an expose like that." [Chicago Sun-Times](#), Oct. 18, 2008

- "This [taxation] is slavery, it's nothing more than slavery. The Constitution provides freedom." [StarTribune](#), Sep. 1, 2009
- "We're \$14 trillion in debt, but that doesn't include the unfunded massive liabilities. That's \$107 trillion, and that's for Social Security and Medicare and all the rest.... But basically what we have to do is wean everybody else off. And wean everybody off because we have to take those unfunded net liabilities off our bank sheet, we can't do it. So we just have to be straight with people. So basically, whoever our nominee is, is going to have to have a Glenn Beck chalkboard and explain to everybody this is the way it is." [Think Progress](#), Feb. 8, 2010
- "But parents are going to be excluded from Planned Parenthood as they write these clinics because the bill orders that these clinics protect patient privacy and student records. What does that mean... Does that mean that someone's 13 year-old daughter could walk into a sex clinic, have a pregnancy test done, be taken away to the local Planned Parenthood abortion clinic, have their abortion, be back and go home on the school bus that night? Mom and dad are never the wiser." [The Hill](#), Oct. 1, 2009

Is Michele Bachmann presidential material? Absolutely not? Will I vote for her. No way.

**Chis Matthews** said it best in his critique of Bachmann to Jay Leno on the Tonight Show: "I don't want to be elitist... but she ought to at least know high school history. ... You gotta know something to run for President, don't you?"

... She'll say things like, 'I'm a woman. I'm a multitasker.' Okay, That's a start. That's not bad. I agree that women can multitask. But the idea that that's somehow a credential to be President of the United States? Wouldn't you like your plumber to know what a pipe is?" [Tonight Show](#), Mar. 15, 2011

## OUT TO PASTOR A Weekly Religion Column

### On joining the Over-the-Hill Gang



A friend of mine said to me recently, "Old boy, how's it feel to be a member of the Over-the-Hill gang?" I mumbled something as politely as I could, but on the inside, I was a little furious. I may be getting older, but I definitely am not old! In fact, I plan to get older every day.

Once I got my blood pressure under control, I looked into this a little more closely. I am not quite sure I want a membership in such an organization. I checked out the dues and I am not quite sure I am up for it.

In order to be a part of this elite group, if elite is the word I want, there are certain dues required of each member. I understand that every organization has its dues, but some dues may not be worth the membership.

Here are some dues associated with the Over-the-Hill gang.

First, I must complain about something every day. I know there are most days where it is easy to find a half a dozen things to complain about. But what about those days when everything seems to be going right? What about those days, rare though they may be, when there is nothing to complain about?

According to the rules manual, I must find something to complain about every day I get out of bed and the more vehemently I complain the better. This may explain why many members of this infamous Over-the-Hill gang stare into space with a faraway look in their eye. They are trying to find something to complain about.

There is a little secret here about the complaining aspect. If I do not remember complaining about something yesterday, I am fully entitled to complain about it today. This, also, may explain why so many people in this membership complain about the same thing every day.

The second rule has to do with matters of health. In order to be a part of the Over-the-Hill gang, a member must become proficient in medical sounding terms and words. I use the word "sounding," because they do not have to be real medical terms or words; all they have to do is sound like medical terms and words. This is also a reason why many of the members mumble a lot.

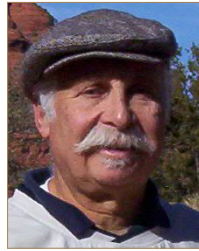
Everyday I must find something wrong about my health. If I do not have anything wrong with my health, I need to make something up.

"How are you feeling today, Jake?"

"I'm not quite sure," Jake responds, "the day's early and there's plenty of time for things to go wrong."

Personally, I really do not like talking about

## STUART Tolchin.....On LIFE SHARED SACRIFICE



In an article that appeared on the internet this morning entitled "This Can't Be Happening" John Grant an award-winning writer asked:

How do you assure the security of a nation of human beings who consume a disproportionate amount of the world's resources, habitually live beyond their means, and is addicted to all forms of fantasy from Bible based delusion, to patriotism based-arrogance, to movie special effects that make ordinary human drama seem boring?

What is the most powerful nation in the world to do when the good times turn bad, the money goes funny, and class warfare breaks out on the home front?

It is not my intention to alienate people with strong religious beliefs or to offend people who believe in the unique worth of Americans as opposed to all other people; but I am of the belief that such notions at this time are detrimental to the welfare of this Country. We are now living in a time of great crisis—a time when it is necessary that everyone be prepared to make some great alterations in the way we live. Both President Obama and the mega-rich investor Warren Buffet are proclaiming that this is a time requiring a shared sacrifice involving everyone. Something must be done to change this situation but what is that something?

Please look around you –there really is something to worry about. It's not just that the economy is bad or that the government is more of an impediment to change than an instrument of progress. No it's not just that the wars in Afghanistan and Iraq are continuing and wars seem to be spreading everywhere. It's not just the famines and disease spreading all over Africa or the possible breakdown of the European Union. It's not the riots in England or the unbelievable silliness expressed by the conservative (and seemingly only) wing of the Republican Party. The basic problem for many Americans, I maintain is the boring emptiness of their own lives.

This experience of emptiness has little to do with outer circumstances of people's lives. People are dissatisfied and looking for constant distractions. Some take drugs just to tolerate being alive while many others take unnecessary risks to make their live tolerable. I could keep enumerating the various and desperate methods but there is little need to. The question is what is so bad about our lives that they must be avoided? I think the answer to this question relates to what is meant by the need for a shared sacrifice.

Have you ever noticed the joy young children take in just moving? They love to run and jump and take great pleasure just in being themselves. One sees the same joy in dogs running in fields or greeting their human companions. Why aren't the humans just as happy? Why is keeping a marriage together so difficult? Why is raising children so hard? Why is belief in the good intentions of our leaders almost impossible? Why is trust of anybody so foolhardy?

Okay, it's time for an answer. I submit that the problem is that it has become very difficult for contemporary humans to respect themselves. In a way even in these difficult economic times, a great many Americans are smothered in abundance and comfort. I know this statement is contrary to common understanding but look around you. Everywhere there are people who seemingly should be enjoying life and yet are miserably engaged in the process of creating problems for themselves. Do you remember Robert Redford's line in the Way We Were---"Like his Country,Everything came to him too easy."

Can that be the simple answer? That Life in America is too easy. That after mastering the difficult task of walking and taking pride in that ability we never do much else. Americans never develop an individual joy in their simple existence because they never have to work too hard at it .

When it comes time to do something hard like maintaining our commitments or raising our children or paying our bills we simply have not developed the resources and we fail. We know we fail and we cannot stand this knowledge and we try to avoid ourselves.

This is the best solution I can come up with. The shared sacrifice we are called upon to make is to develop respect for ourselves. To do this we must do hard things like keeping our commitments and meeting our responsibilities. Instead of blaming others for our failures or praying for outside help or diverting ourselves we must live awarely and be responsible.

Consistent with this dedication to responsibility I admit that I erroneously misinformed you of my e-mail address. For those of you interested in attending a physics class taught by an accredited professor who will help us to uncover the secrets of the universe please contact me at [noeltrauts@earthlink.net](mailto:noeltrauts@earthlink.net). The class may be hard but it will be well worth our time.

## Curbing Bad Behavior/ The Burr of Singularity



Ron Carter

Legendary businessman David Ogilvy was one of the most famous names in advertising and one of the handful of thinkers (Raymond Rubicam, Leo Burnett, William Bernbach, Ted Bates) who shaped the business after the 1920s. If you are a fan of the Emmy Award TV Show, "Mad Men," you might have heard his company, Ogilvy and Mather, mentioned in one of the episodes. Mr. Ogilvy coined the phrase "The Burr of Singularity," which means "the one magic element of a product that differentiates it from everything else on the market." I recently have become a huge fan of Mr. Ogilvy's work. So, as I was preparing to write this week, the idea of singularity flowed through my mind. Presently, since there is so much clamoring in our society regarding who's up, who's down, who's out, who's in, when will things be normal again, we are fighting too many wars, this prompted me to asked the readers of "Curbing Bad Behavior:" what is your "Burr of Singularity?" And, how does it affect your relationships at home, work, friendships and your community? I know it's none of my business, but thought I would ask anyway. Hmmm.

You can share your thoughts with Ron on his blog: <http://thecarteragency.com/2011/08/curbing-bad-behavior>



Looking Up  
with Bob Eklund  
ALIEN WORLD BLACKER THAN COAL



Astronomers have discovered the darkest known exoplanet—a distant, Jupiter-sized gas giant known as TrES-2b. Their measurements show that TrES-2b reflects less than one percent of the starlight falling on it, making it blacker than coal or any planet or moon in our solar system.

“TrES-2b is considerably less reflective than black acrylic paint, so it’s truly an alien world,” said astronomer David Kipping of the Harvard-Smithsonian Center for Astrophysics, lead author on the paper reporting the research.

In our solar system, Jupiter is swathed in bright clouds of ammonia that reflect more than a third of the sunlight reaching it. In contrast, TrES-2b (which was discovered in 2006 by the Trans-Atlantic Exoplanet Survey, or TrES) lacks reflective clouds due to its high temperature.

TrES-2b orbits its star at a distance of only three million miles. The star’s intense light heats TrES-2b to a temperature of more than 1,800 degrees Fahrenheit—much too hot for ammonia clouds. Instead, its exotic atmosphere contains light-absorbing chemicals like vaporized sodium

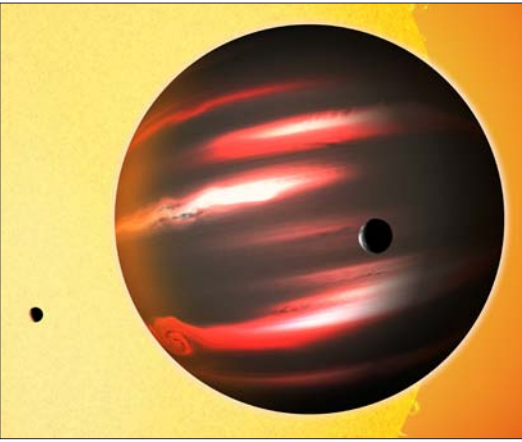
and potassium, or gaseous titanium oxide. Yet none of these chemicals fully explain the extreme blackness of TrES-2b.

“It’s not clear what is responsible for making this planet so extraordinarily dark,” stated co-author David Spiegel of Princeton University. “However, it’s not completely pitch black. It’s so hot that it emits a faint red glow, much like a burning ember or the coils on an electric stove.”

Kipping and Spiegel determined the reflectivity of TrES-2b using data from NASA’s Kepler spacecraft. Kepler is designed to measure the brightnesses of distant stars with extreme precision.

The team monitored the brightness of the TrES-2 system as the planet orbited its star. They detected a subtle dimming and brightening due to the planet’s changing phase.

TrES-2b is believed to be tidally locked, like our moon, so one side of the planet always faces the star. And like our moon, the planet shows changing phases as it orbits its star. This causes the total brightness of the star plus planet to vary



slightly.

“By combining the impressive precision from Kepler with observations of over 50 orbits, we detected the smallest-ever change in brightness from an exoplanet: just 6 parts per million,” said Kipping. “In other words, Kepler was able to directly detect visible light coming from the planet itself.”

The extremely small fluctuations proved that TrES-2b is incredibly dark. A more reflective world would have shown larger brightness variations as its phase changed.

TrES-2b orbits the star GSC 03549-02811, which is located about 750 light-years away in the direction of the constellation Draco. (One light-year is about 6 trillion miles.)

Although TrES-2b currently is the darkest known planet, similar worlds orbiting other stars undoubtedly await discovery. For now, it reinforces the awareness that our solar system may not be as typical as we once thought. An astounding variety of worlds may populate our galaxy, making it more mysterious and wondrous than we ever imagined.

The Kepler space telescope has located more than 1,200 planetary candidates in its field of view. Additional analysis will reveal whether any other unusually dark planets lurk in that data.

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



Ask jai.....

Ask jai is a weekly column that will strive to honestly answer your job search questions relating to job searching techniques, networking skills, resume writing and interviewing. The employment situation is getting better, however, it is still a challenge finding where the jobs are located and how to get past the “gate-keepers”. As an Executive Recruiter I was privy to working directly with Corporate Recruiters and understanding their process in selecting which candidates to interview and hire. I will candidly answer your questions, possibly bluntly answering your questions, but I will be totally honest. My objective is to help you achieve your employment goal.

I read an article recently that said that some employers are only considering employed candidates for their positions. Is this against the law? Jonathan

Dear Jonathan:

If this is not a law it should be. This would seem to be a form of discrimination. I suspect these employers are not actually advertising or publicly stating that they will only consider employed candidates for their open positions. However, what employers do behind closed doors in regards to how they make their hiring decisions is, and will always remain, confidential. Do not let some article like this keep you from seeking employment. Continue to apply for positions that match your skills, experience and education. Submit an effective resume that addresses the employer’s requirements and qualifications. Write a dynamic cover letter that focuses on your accomplishments and states your interest in their company and the position. Do not let statements, newspaper articles or anyone keep you from pursuing a position you are interested in being considered as a candidate.

Is it OK to go around recruiters and directly contact the hiring manager. Would it be considered inappropriate or healthy assertiveness? Audrey

Dear Audrey:

It would depend on if the recruiter is working for you or the employer. There are two type of recruiters, agency and in-house. The agency recruiter is retained or commissioned by an employer to fill a position. The agency recruiter recruits, screens and selects a candidate to present to the employer. This type of recruiter is working on your behalf and the employer. Their goal is to recruit the ideal person who will eventually be hired by the employer. The employer expects the recruiter to partner with them in their search for candidates. A hiring manager might consider it inappropriate behavior for a candidate to go around the recruiter and directly contact them. This action might also reflect badly on the recruiter and hurt a candidate’s chances at being hired.

If this is an in-house recruiter, who is employed by the company, I would advise you to also be cautious. You do not want to offend anyone and possibly lose an employment opportunity. The right thing to do in either situation is to ask the recruiter for permission to directly contact the hiring manager and state your reasons. If the in-house recruiter or agency recruiter approves, then go for it. If they do not approve, you will have to trust and leave it in the hands of the recruiter.

Everything you ever wanted to know about how to find a job...but did not know who to ask. ASK jai. Send your questions to [jai@resumeandcareerservices.com](mailto:jai@resumeandcareerservices.com) or visit website [www.resumeandcareerservices.com](http://www.resumeandcareerservices.com).



Earlier this month in the Bay Area, officials for the public transportation system known as BART (Bay Area Rapid Transit) made the decision to shut down cell phone service at four of its downtown stations with the expressed purpose of disrupting a planned protest. In July of this year, protesters disrupted service at several stations during a demonstration.

When BART officials caught wind of another planned event the took the proactive step of shutting down cell tower service in order to disrupt the efforts of the protestors. Early reports indicated that BART cut off cell phone service by approaching carriers directly and asking them to turn service off. The major cell service carriers have not publicly stated whether or not they were involved in the action.

The most surprising aspect of this action is the unilateral decision on the part of a non-governmental entity to shut down a portion of a public utility for purely private reasons. During the the first days of what’s now widely known as the “Arab Spring” , authoritarian regimes in the Middle East routinely cut communications in and out of the country to keep foreign governments from interfering with internal affairs, or more importantly, coming to the aid of the protestors.

Eventually international pressure from the world community persuaded government officials to re-open service in their respective countries, and to their detriment, protestors were able to co-ordinate more efficiently and eventually bring about real change in their respective countries. BART’s decision to shut down cell service is even more striking due to the fact that for a large number of people, their cell phones are their primary mode of telecommunication and without service they are functionally cut-off from the rest of the world. In January 2011, the UN’s International Telecommunication Union reported that the number of cell phone subscriptions topped 5 billion users. That’s a number almost equal to the number of people in the world. Now, all five billion of those users weren’t affected by this particular action by a certain number were.

Some of those affected were just non-involved actors just trying to get from point A to point B, just like they had probably done for countless days and nights before the day in question.

Maybe BART officials did do the right thing as far as public safety was concerned and acted fully within their rights on their property. But what about the rights of the people who weren’t a part of this planned action and were unjustly denied the enjoyment of cell services they paid for and who were also denied the Freedom of Speech protections because a private, well-monied business concern decided that their issues and concerns overrode the rights of those affected? These things matter because it doesn’t take 2 or 3 billion interrupted calls for someone’s Freedom of Speech right to be violated; it only takes one.

KATIE Tse.....This and That  
ASSEMBLY REQUIRED



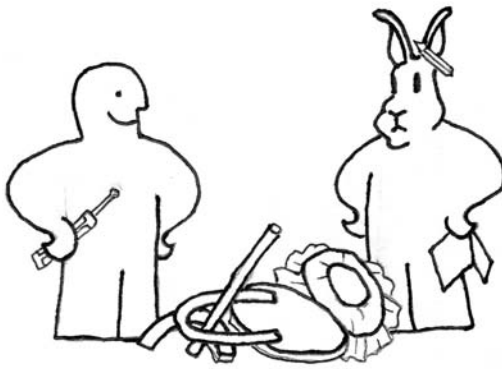
Besides ex-pat Swedes, who go there for the meatballs and kipper snacks, IKEA is for people going through some life transition. The last time I visited the store was when I moved into my apartment. It was a few years ago, so my memories are sketchy. I remember the store being a multileveled warehouse with rooms instead of aisles, and no clear signage indicating where you’re going. No doubt this layout helps customers better visualize the furniture in context, but I just think IKEA wants you to get lost and buy more stuff. I recall

scribbling item numbers, prices, and dimensions on a pad of paper as I went from room to room, trying to remember if the “Malm” was a darker brown than the “Odda.” Next, we (a willing victim such as my dad or then-boyfriend-now-husband) descended into the bowels of the store to fetch the items from aisles of identical flat cardboard boxes (see, aisles had to come in eventually). It was like the end of “Raiders of the Lost Ark,” but crowded. And you better hope you copied down the item numbers correctly, otherwise you might end up with an Odda instead of a Malm. Finally, we hauled the boxes on a metal gurney to the car. At the apartment, the victim and I unpacked the things and put them together at a later date, because you can only concentrate so much in one day.

One of the beauties of IKEA, I never appreciated until now, is the simplicity of its designs and directions. A picture is preferable to a thousand words, and I became keenly aware of this while helping my friend assemble a Fisher-Price bassinnet. Our husbands were at work, and in an attitude of “girl power,” I assured her we’d finish the thing before they got home. She warned me it was a two-person job. We started by holding metal poles in place while stretching very taut fabric over them, and then inserting more poles into more tight fabric tubing. I mused that this must be what building a tent is like (you can tell how often I go camping), and considered it might even be a three-person job. Subsequent steps had us tightly maneuver the ruffled skirt over its frame and fasten it all together with a series of tightly stretched pockets and snaps. The key word in all of this is “tight,” if you haven’t noticed.

Feeling successful at having won the battle of pockets and snaps, we stood up to admire our progress. “Alright, now we need to snap the first canopy arm onto the frame aligning with the holes on the frame through the slot on the side of the skirt with two slots,” she read. That sounded fine, except our slots didn’t match the slots in the picture. We compared them every way we could, but each time, ours turned out looking backwards. “Did we put the skirt on backwards?” “No, because it says the ‘Warning’ sign needs to be at the back like ours is.” “But then the slots don’t line up with the holes.” “Okay, let’s take it off and put it on the other way.” So we undid all our beautiful snap and pocket work and refastened everything “backwards.” “Well, now the slots line up, but it doesn’t match the picture.” Again, we analyzed all the angles and concluded this was the way it had to be, despite Fisher-Price’s guidance. “Now,” she read, “we stretch the canopy across the skirt frame and secure the ends with snaps.” “Ah ha!” I shouted, clutching the edges of the canopy. “There are no snaps, it’s all Velcro! Now we know we can’t trust the instructions!” I felt vindicated. Although technically backwards, we finished it before the guys got home.

My husband and I later helped them assemble some more furniture. But, being IKEA, it was all comparable smooth sailing. I think my IKEA days are over for a while. That is, unless I go back to try their meatballs. Hey, 10 pieces are only \$2.99!



Happy Tails  
by Chris Leclerc.  
Canyon Canine Dog  
Walking & Pet Sitting Services

The Sensational, Silk-Spinning  
Spider - Friend or Foe?

Throughout history, certain species of animals, at various levels on the food chain have fallen prey to a predator that is very different from what one might expect. This private predator is not located in the forests or in the deep depths of the ocean, where most wildlife survival attacks take place. This predator is rarely ever pointed out in public, and rarely claims the blame or admits taking part in the prey and attack process.

The predator I am referring to is the incredible human being, and the attack is not only physical, but mental and spiritual as well. The human’s tendency to spread negative rumors and create long-term urban legends that cause irreparable damage to the reputation of other species is typically based on ignorance and fear, and the preferred prey can vary tremendously from one species to another. Unusual behavioral patterns or physical appearances of creatures that are extremely different from ourselves are often misunderstood, so rather than taking the time to learn more about other creatures, and understand why they look or act the way they do, we humans often put them into a category that defines them as creepy and extinguishable. I find it rather ironic that so many living things on this earth that play a major role in the survival of we humans, are those that we tend to fear the most.

Of the many creatures who have fallen prey to the human’s presumptuous paranoia throughout history, the spider is most likely among the top on the list. I think that this is really quite unfortunate, because spiders play such an important role in the balance of our ecosystem. In fact, without spiders this world would be in big trouble, both on a local community level as well as on a mega-scale level, in the overall scheme of survival. Spiders are among the approximately 100,000 species that fall into the classification of Arachnids, mainly characterized by the fact that they have four pairs of legs and a body that is separated into two segments. There are about 2,000 different species of spiders in the United States, and although, with the exception of one family, all spiders do carry venom to subdue their prey, very few are likely to cause concern to the human being. More often than not, any cause of concern related to a spider bite is due to an allergic reaction. Only two species of spiders found in North America are known to be a serious threat to the human. They are the black widow and the brown recluse.

When you line up the true facts, break it down and do the math it becomes clear that the risks that spiders present are minimal, and arachnophobia becomes nothing more

than another form of paranoia on the part of the human. Now that we know the truth about the minimal risks spiders present, let’s focus on the good things they do and the hard work they perform on a daily basis to ensure the health and welfare of our existence.

All spiders produce silk, with which they weave their wonderful webs and this fascinates me beyond words. Some webs can be so large they cross the street from one tree or telephone pole to another. I saw a huge one recently during a walk with my dog, and I wish I had had my camera with me at the time, because it was absolutely gorgeous - a really remarkable work of art! But, aesthetic beauty is not necessarily the purpose of the silken spider’s web.

As we all know, the main reason why the spectacular spider weaves its sticky, silky web is to catch insects and other small creatures to eat. This is the most important role that the spider plays in nature, and it has a direct positive impact on each and every one of us. If you annihilate every spider in your house and in your yard, you will most definitely find out (the hard way) just how valuable those eight legged creatures are to you. Indeed, you will probably find yourself calling the exterminator numerous times thereafter, because your home would most likely become infested with every type of tiny creature that you can possibly imagine.

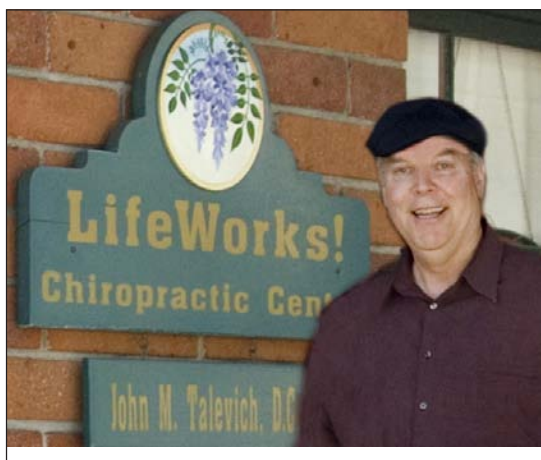
The truth is that the spider keeps our local bug population in check in a way that no one else could, including a human in a uniform with a can of killing chemicals! So what would you rather have? A delicate, illusive, shy eight-legged being who is more afraid of you than you are of him, or an entourage of stinging, biting or just plain annoying insects invading your living space, both inside and out?

The answer comes easy for me. I prefer to keep my interesting, artistic spider friends around where I can benefit from their gorgeous works of silken art, and their voracious appetite for certain blood-thirsty creatures who would otherwise over-populate and potentially make my life miserable. Isn’t it amazing how just a little information can do so much good for the reputation of an historically misunderstood, feared creature?

In tune with my typical “Happy Tails” theme, I encourage all my human friends to educate themselves better about all living things, particularly those that differ from us, and learn to appreciate the value of their presence.



## YOUR HEALTH MATTERS

Today's Subject:  
MUSIC AS MEDICINE

Dr. John Talevich, D.C. has practiced in Sierra Madre for thirty years. His clinic, LifeWorks! Chiropractic, offers patient-specific approaches to the alleviation of pain and individually tailored wellness programs.

My late father-in-law, Ralph Pyle, had a long career playing French horn in the Los Angeles Philharmonic. Over the years, many of the orchestra musicians came in to see me for repetitive stress injuries. You can imagine that playing a horn, violin, cello or oboe day in and day out, often for more than thirty years, might cause severe demands on the musician. These are compounded by the unwieldy positions that many instruments require.

One of the things that amazes me in working with people in the performing arts, is how they can perform at such a high level so often and consistently. Think of it: Most performances are at night, there is usually a rehearsal earlier in the day, perhaps some teaching in the afternoon, dinner, and then while digesting, off to play a concert. About midnight, come home, instrument in hand.

So, how is it that many musicians play successfully for more than forty years? The answer may be in the music. If you ask a member of a large orchestra what it is like, the upbeat answer is often that it feels like being bathed in a sea of beautiful sound. While it is definitely grueling, there can be an incredible high!

Science would agree. The numerous studies that have been done on subjects as various as stroke recovery, learning enhancement, and heart disease all point to the fact that music promotes healing at all levels. Going in for a little surgery? Got a cold? Try some Mozart.

I am grateful to the artists and musicians who have come in over the years. Not only do they offer a unique perspective on life, they also demonstrate that creative expression is perhaps the most important medicine of all.

To your creative week! Dr. John

**John M. Talevich, D.C.**  
**CHIROPRACTIC: Simple, Elegant, Effective**  
**31 S. Baldwin Avenue Sierra Madre, Ca. 91024**  
**626-355-4710**

## A HIDDEN WARNING SIGN FOR HEART ATTACK AND STROKE

Dear Savvy Senior,

*I started a walking program a few months ago to help me lose some weight but I've been having some problems with my legs hurting during my walk, although they feel better once I stop. I thought it was just the fact that I am 63, but my friend was telling me about a leg vein disease called PAD and thinks I may have it. What can you tell me?* Hypertensive Helen

Dear Helen,

The health condition your friend is telling you about is known as peripheral arterial disease (PAD), and you probably need to be screened for it. Here's what you should know.

## PAD Alert

An under the radar condition that affects up to 10 million Americans, PAD happens when the arteries that carry blood to the legs and feet become narrowed or clogged over the years with fatty deposits or plaque, causing poor circulation. But you also need to be aware that because PAD is a systemic disease, people that have it are also much more likely to have clogged arteries in other areas of the body like the heart, neck and brain, which greatly increase the risks of heart attack or stroke.

## Few Symptoms

Unfortunately, PAD goes undiagnosed and untreated way too often because most people that have it experience few, if any symptoms. The most common symptom however is what you're experiencing now: leg pain, especially when walking or exercising but usually disappears after resting for a few minutes. Another reason PAD is underdiagnosed is because many people assume that aches and pains go along with aging and simply live with it instead of reporting it to their doctor. Other possible symptoms to be aware of include numbness, tingling, coldness or skin color changes in the lower legs and feet, or ulcers or sores on the legs or feet that don't heal.

## Are You at Risk?

Like most other health conditions, the risk of developing PAD increases with age. Those most vulnerable are people over the age of 50 who smoke or used to smoke, have elevated cholesterol, high blood pressure, diabetes, are over weight, or have a family history of PAD, heart attack or stroke.

## Get Tested

If you're experiencing any of the previously listed symptoms or if you're at increased risk of PAD, you need to be tested by your doctor or a vascular specialist. He or she will perform a quick and painless ankle-brachial index test which is done by measuring your blood pressure in your ankle as well as your arm and compare the two numbers.

With early detection, most cases of PAD can be treated with lifestyle changes, medication or both. For those with severe PAD, treatment options could be angioplasty (inflating a tiny balloon in the artery), clot-busting drugs or bypass surgery.

**Savvy Tips:** For more information, visit the PAD Coalition website at padcoalition.org. Also, check out Legs For Life (legsforlife.org, 800-488-7284), a national program that offers free PAD screenings in September in around 70 locations nationwide, and the Society for Vascular Surgery (vascularweb.org) which provides a listing on their website of nearly 50 health care facilities that provide free or low-cost screenings.

Life Line Screening is another convenient screening resource to check into. This is a private company that travels all over the country offering PAD screenings for around \$60 per test. To find an upcoming screening in your area visit lifelinescreening.com or call 800-449-2350.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [www.savvysenior.org](http://www.savvysenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

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AUGUST 2011 -  
MONTHLY ACTIVITIES

Monday: Closed July 4th 12 noon: Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Please call 355-0256 to make your daily reservation. 1:00 pm to 1:45 pm: Strength training with Lisa Brandley. FREE class of stretching with light hand weights while you sit.  
Tuesday: 2nd Tuesday of each month FREE blood pressure checks by Methodist Hospital; 11 am to 12 noon 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394 WII Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Wednesday: 11 -11:45 am: Balance Class with Teryl. FREE class designed to improve balance & refresh the joints 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 2nd Wednesday of the month: FREE Legal Consultations: 10-11:30 am. Appointments call 355-7394 WII Wednesday - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

Thursday: 12 noon: Intervale Lunch Café; daily reservations needed 355-0256 1:00 to 3:30 pm: Game Day. Join us for Poker with Bridge on the 2nd & 4th Thursdays; so please call for more information. 5:00 pm to 6:30 pm: Yoga; \$7.00 - 50 & over. Please call 355-5278 for more information

Friday: City Hall Closed on June 17, July 1, 15 & 29  
12 noon: Intervale Lunch Café; daily reservations needed 355-0256  
Saturday: 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm. Starting July 16 the Senior Club will meet at the Senior Apartments - 70 Esperanza Ave., Sierra Madre

## EXCURSIONS

## THURSDAY, AUGUST 18TH

Exploring Long Beach - Beat the summer heat by spending the day in Long Beach and enjoying lunch on the historic Queen Mary - 8:30 am to 4 pm.

Cost per person is \$44 - this includes deluxe coach transportation, driver's tip, exploring Long Beach and lunch on the Queen Mary.

Reservation for this excursion will open on June 30th either by visiting the Recreation Center in person or going online at

[www.cityofsierramadre.com/online/registration](http://www.cityofsierramadre.com/online/registration)

BLOOD PRESSURE  
SCREENINGS

Methodist Hospital will host Senior Blood Pressure Screenings on the second Tuesday of each month from 9:30 a.m. to 10:30 a.m. at the Community Center. Take advantage of this free program, which is open to all seniors 50 years of age and older. High blood pressure does not have any symptoms or outward signs and can lead to life-threatening conditions which can become fatal if left undetected. For additional information regarding this program, please contact the Community Services Department at (626) 256-8246.

DIAL - A - RIDE  
TICKETS

*Tickets can now be purchased at:*  
Sierra Madre City Hall  
Sierra Madre Recreation Center  
Sierra Madre Library



Pasadena Highlands, an independent and assisted living community, is proud to provide a special gift basket on the first Tuesday of each month. Accredited In-Home nursing care will provide a special prize on the 4th Tuesday of each month. Bingo takes place every Tuesday at 1:30 pm at the Sierra Madre Recreation Center while the Hart Park House is under remodeling. The game begins at 1:30 pm but those wishing to play must arrive 10 minutes before to secure your Bingo cards. Join us on the 1st & 4th Tuesday of each month

RECIPE OF THE WEEK  
BAKED ZITI

## INGREDIENTS:

1 (16 ounce) package ziti pasta  
24 ounces ricotta cheese  
1 pound shredded mozzarella cheese  
1 egg beaten  
1 (32 ounce) jar spaghetti sauce  
1/4 cup grated Parmesan cheese

## DIRECTIONS:

Bring a large pot of lightly salted water to a boil. Add ziti and cook for 8 to 10 minutes or until al dente; drain and rinse.

In a medium bowl, mix ziti, ricotta cheese, mozzarella cheese, egg and 1 1/2 cups spaghetti sauce.

Preheat oven to 375 degrees F

Lightly grease a 9x13 inch baking dish and spoon in ziti mixture. Top with remaining spaghetti sauce, followed by Parmesan cheese.

Bake in preheated oven for 30 minutes.

Let stand for 15 minutes before serving.

## August Birthdays



Karlene Englert, Juanita Fernandez, Joseph Kiss, Patricia Miranda, Margaret Aroyan, Phyllis Bugh, Phyllis Chapman, Beverly Clifton, Mary Kay Gifford, Rosemary Morabito, Marjorie Peterson, Susan Poulsen, Dorothy Quentmeyer, Genevieve Stubbs, Wilhelmina "Miep" Tulleners



## Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.)

Meals are delivered to the home-bound seniors by drivers through the YWCA Interval Lunch Program M-F (with frozen meals for the weekend.)

Call the YWCA at (626) 214-9460 for more information.



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## LUNCH &amp; LEARN

Join the Senior  
Community Commission  
at the  
Sierra Madre Recreation  
Center  
for a FREE presentation.  
Lunch is available for a  
\$2 donation  
Call (626) 355-0256 by  
12 noon the day before.



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**One Of A Kind:** *Featuring unique homes and gardens and the people whoe create them.* Story by Chris Bertrand and Photos by Erik Grammer



## A NEW CHAPTER UNFOLDS FOR THE GRAND DAME OF SIERRA MADRE: PINNEY HOUSE JUST LISTED

After nearly a decade of dedicated restoration, rehab and construction by the Asbury family, The Pinney House has been preened and polished for a new chapter in its storied, 120+ year existence. The Podley Properties brochure waxes sentimental about the home's future use, "Bed and Breakfast? Multi-family residences? Private trophy home? Her future can be your dream to fulfill."

At the age of 70, Dr. Elbert Pinney, a retired civil war surgeon, brought his family to newly established Sierra Madre in a covered wagon. His 35 acres offered views of the San Gabriel Mountains as well as Los Angeles, some fifteen miles in the distance.

Designed by prominent architects, Samuel and Joseph Cathar Newsom, Pinney's new "Sierra Vista Hotel" sported Queen Anne style accoutrements and 20-30 rooms for those journeying to enjoy a mountain vacation.

In charmingly antiquated vernacular, the local Valley Vista newspaper of July 31, 1889 said the hotel was "a quiet and comfortable home for sojourners and tourists. The Building and Furnishing Entirely New. Reached by carriages from station on the Santa Fe railroad one mile distant. There is from this House a fine view of the beautiful San Gabriel Valley, extending from on end of the valley to the other and from the mountains to the sea, presenting a picture grand, inspiring and never tiring, revealing to the observer new beauties each day."

Dr. Pinney offered the inspiration and plantings of Luther Burbank, noted botanist horticulturist and developer of dozens of hybridized plants, around the property. It's said that one of Burbank's thorn-less cacti, intended as a source of new feed for cattle, still thrives on Highland and another perhaps on Carter.

After its use as a hotel, the Pinney House became sanatorium where it's said Jimmy Durante "dried out", a boarding house that hosted ballroom dancing lessons in the atrium, and as an apartment building. The story is told that a previous owner bought the Pinney apartment building for his wife as a birthday present.

Today, the 10,002 square foot Pinney House has been beautifully finished with Queen Anne architecture and vintage (though not original) lighting, six bedroom suites including four 1 BR and two 2 BR suites, formal rooms with three fireplaces, a library, sun room, English garden, a main level studio plus 2500 square foot complete living quarters on the third floor boasting a great room, two bedrooms, two baths, kitchen and a turret dining area with some of the best views in Sierra Madre.

Some of the suites have now been named for famous guests like Luther Burbank, and stars of movies shot at the Pinney House over the decades, including Barbara Stanwyck and Bob Hope.

In addition to being a magnificent private home perfect for multi-generation living, the current floorplan and configuration would easily accommodate bed and breakfast, with gift shop area, private owners' quarters on the top floor, and even an office with an outside entrance.

Judy Webb Martin, co-listing agent, commented that the city welcomes the idea of future use as a bed and breakfast, and it is listed in the city's general plan, though a Conditional Use Permit (CUP) would be required.

Realtors and locals gathered to view the newly listed, historic home on Thursday evening, August 18, many reminiscing about how their own paths crossed with The Pinney House. Suzanne Wheeler told of the many times she and Toni Moran rented out the apartments to mostly young Sierra Madreans returning from college, when the structure was configured as one of the larger apartment buildings in the city. Everyone fawned over the three surprisingly beautiful chickens slowly searching for tasty morsels amid the front lawn.

Neighbors wandered through the three floors searching (in vain) for the former apartment occupied by a brother or friend. Another wandered through the beautiful arbors and private yard where the building's parking lot once sported asphalt instead of the verdant and private space designed and lovingly installed as a venue for an Asbury family wedding a few years back.

I personally vividly remember my first visit to the Pinney House for a May, 2007 article. The building was under heavy demolition in several areas. While a debris chute shot detritus from a second floor window, owner Greg Asbury, unaffected by the hubbub, calmly guided me through the construction zone on a tour of their restoration project. At the time, only a couple of rooms, including the magnificent foyer, were restored to their 1888 glory, and the home's exterior was



a plain white instead of the beautiful, multi-colored palette of today.

A Podley agent bubbled over about the beautiful, functional yet period sensitive kitchen designed by local architect, Mark Barrett and his interior designer/Podley agent wife, Andrea Barrett. The main kitchen was one of the final projects to be completed and becomes the third kitchen in the building.

A marvelous vintage gas stove and newly finished but history-laden wood floors provide the historic

components around which a very functional and modern kitchen with double drawer dishwashers, built-in refrigerator-freezer and stone counters provide plenty of room for either a bed and breakfast operation or private home.

To complete the historic charm and allure of the Pinney restoration, the Asburys have uncovered and framed various historical photos of the Pinney family, and old letter found inside the wall, Hotel and movie poster advertisements, an early photo of the house surrounded


by vineyards, and another as a backdrop for tennis players from a century ago (also displayed at The Only Place in Town restaurant).

Family ties now call the Asburys to Oregon, and their own new chapter in life. We will all miss them, wish them well, and thank them for their decade of exceptional stewardship, vision and hard work to preserve the Pinney House.

225 North Lima in Sierra Madre is now offered for sale at \$2,900,000. For more information on the purchase of the Pinney House, call Judy Webb Martin or Katie Orth at Podley Properties in Sierra Madre at 626-507-3028, or visit [www.225NorthLima.com](http://www.225NorthLima.com). For more on the home's history and vintage photos, visit [www.PinneyHouse.com](http://www.PinneyHouse.com). Some information for this article was obtained from both websites.

*Know of an interesting home, garden, or person who helps create them? Send the contact information to [C.Bertrand@MtnViewsNews.com](mailto:C.Bertrand@MtnViewsNews.com) today!*





**Tips of the Trade:  
Real Estate Revealed**  
*by Luther Tsinoglou*

**A PRICING PUZZLE**

If you need to sell your home, but it has lost value since you first bought it, you're facing a pricing puzzle. But before deciding on a fair price that may be below what you really want, consider the costs of not selling by asking more.

If your home sits on the market, waiting for a higher offer, you've got to figure in the costs of continuing your monthly mortgage payments, utilities, maintenance and insurance.

Compare the asking prices of similar homes to the actual sales prices, often determined more by the lenders than the buyers. If you're asking more than your home's current value, the required appraisal will show that, and the lender won't approve the buyer's loan, leaving you back at Square One.

Walk in the buyer's shoes and do your homework. Go ahead and tour similar homes listed in your area. Compare their price per square foot and see how yours stacks up against the competition in terms of value. This should help you arrive at an aggressive asking price that will hopefully be your sale price.

Local inventory determines your price, too. Divide 1 by the number of months of inventory (ask your agent for this number to determine the local "absorption rate"). 8 months of inventory yields a 12.5% likelihood of selling, so speak with your agent and price accordingly.

### AAR OFFERS CIPS COURSE

The Arcadia Association of REALTORS® is offering the prestigious CIPS (Certified International Property Specialist) National Association of REALTORS® designation course at an incredible cost of just \$699 (for those who sign up before Friday, September 16<sup>th</sup>) for the entire five day course. Beginning on October 17<sup>th</sup> through October 21<sup>st</sup>, the course events also feature a complementary networking reception for all CIPS Designees on Thursday evening from 5:30 p.m. to 7:00 p.m. with special guest, Steve Goddard, Past President of the California Association of REALTORS.

The course will be held at the Embassy Suites Hotel, 211 E. Huntington Drive in Arcadia from 8:30 a.m. to 5:00 p.m. Subjects are: Global Real Estate: Local Market; Global Real Estate:

Transaction Tools; Europe & International Real Estate; Asia/Pacific & International Real Estate and The Americas & International Real Estate. The course features two very qualified Instructors: May Wan, CIPS and Fanny Y. Chu, CIPS, SRES, TRC, SFR. The course also offers elective credits for the ABR, CRS and RSPS Designations.

To qualify for the Early Bird Special Rate of \$699, you must register before Friday, September 16<sup>th</sup>. Any registrations after the deadline will be \$750 for the full five days of courses. Register today! Bringing the world to your local markets!

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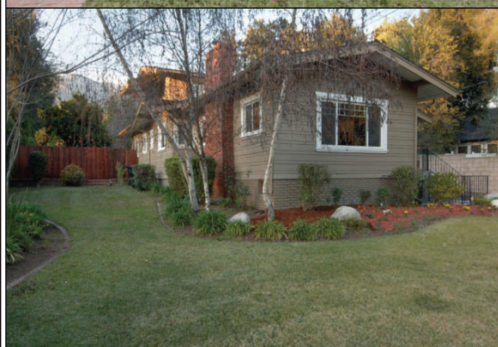
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## Just Listed!



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A step onto the porch of the "Misses Climie Home" is a step back in time. Wicker chairs seem to invite a cool beverage to sit, take in the mountain views and chat with the neighbors who regularly amble by, reminding us that taking a moment can restore the soul. This is not just a home, it's a state of mind... blending a century of history with comfortable contemporary living!

One of only forty-eight designated historic homes within the city, this home was designated a Mills Act property in Sierra Madre in 2005, according to the city. The Mills Act, renewable every ten years, provides property tax relief in exchange for the owner's efforts and investment in preserving the exterior historic presentation and the neighborhood's architectural context for future generations. It is also listed on the California Inventory of Historical Resources.

An old two wheeler, found in the basement years ago, is permanently affixed to a corner of the front yard, perched and waiting, kick stand down... seemingly ready to be ridden into town for an ice cream or soda. It's said to have been left behind from the days of the Hardy boys, though not the Hardy boys of mystery book fame.

Step inside and feel the magic... Then begin to make your own history here!

- 2471 s.f. main home built about 1907
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- Seismic retrofit and chimneys rebuilt
- Sierra Madre School attendance area
- Mills Act home qualifies for property tax relief

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