

## THREE NEW RESTAURANTS FOR SIERRA MADRE BLVD. *T. Boyle's Now Open For Business*



Driving down Sierra Madre Blvd these days you can't help but notice how quickly previously vacant buildings are filling up. Most notably are the new restaurants that are certain to attract residents and visitors alike to our town.

**T. Boyle's - 322 W. Sierra Madre Blvd.**

If you like Sports Bars, you are certain to enjoy the new T. Boyle's that has opened up where Cafe 322 was formerly housed. On Tuesday, the new restaurant and bar began its 'soft' opening, with a Grand Opening and Ribbon cutting scheduled for September 27th. In the meantime, especially if you are a sports lover, you might want to stop by.

There are a dozen flat screen monitors which have a variety of sports showing. On Friday afternoon for instance, there were 4 screens with the Golf play-offs; 2 or 3 screens with horse racing, and several other sports on the remaining screens.

The menu Residents driving down West Sierra Madre Blvd will notice a lot of activity these days. There appears to be construction crews working everywhere.

They are open for lunch and dinner and serve food until 1:30 am.

**Coming Soon: Sierra Briganti**



On the site of the former Sierra Bistro, 142 W. Sierra Madre Blvd., a new upscale Italian Restaurant is opening. Sierra Briganti, operated by Ignazio 'Manni' Mastromatteo, will have a similar menu to Briganti's in South Pasadena.

**Subway Anyone? - 142 W. Sierra Madre Blvd.**

It has been rumored for several weeks that a Subway franchise is moving into the old Steamer's location. Currently, according to the onsite construction manager, the fast food sandwich shop

will be open in approximately three months. When all of the construction work is complete, there will be room for two other retail outlets at the site and office space on the upper level.

**Sierra Madre Music - Music Boutique & Lessons - 280 W. Sierra Madre Blvd.**

In addition to the restaurants, a Almer Imamovic and Dr. Jessica Pierce have opened a music store that offers quality equipment and group and individual lessons.

Stop by and support our new neighbors.

## SIERRA MADRE TO HOLD SEVERAL 9-11 MEMORIALS

Tuesday, September 11, 2012 will be a day of remembrance, honor and appreciation in the city of Sierra Madre. The city's Police and Fire Departments will hold their annual memorial service in honor of the victims of the 9-11 attack in 2001. They will then be honored by the Sierra Madre Kiwanis Club, and later in the day, by the Sierra Madre City Council.

According to Chief Steve Heydorf, at 6:30 am, the SMFD and SMPD will hold their annual ceremony in front of the fire station which will include a moment of silence at the exact time the second World Trade Center Tower went down and the ringing of the bells in honor of those who lost their lives.

Following the ceremonies at the Fire Station, the Sierra Madre Kiwanis Club will honor the city's first responders with breakfast at The Lodge, 33 E. Sierra Madre Blvd at 7:45 am. The public is invited. For reservations for the Kiwanis breakfast, please call 626-355-0728.

Later in the day, at the regular City Council meeting, Mayor Josh Moran and the entire council will also honor our police and fire departments.

This year marks the 11th anniversary of the attack that brought down the towers of the World Trade Center and killed thousands of Americans.

## Donnelly Identifies California's "2012 Top Ten Worst Bills"

Assemblyman Tim Donnelly, who currently represents Sierra Madre but will move to another district after the election (due to redistricting), issue a new list this week, one that has the dubious distinction of being labeled the "Top Ten Worst Bills", in his opinion.

Donnelly authored a letter to his constituents that encouraged them to call the Governor and voice their opinion if they were in agreement:

*In the last 5 days of session the Legislature passed over 550 new laws, none of which we need. It is amazing how much damage can be done in under one week.*

*While the Legislature is intended to be a deliberative body, openly vetting potential laws, the last week showed that some in the Legislature think it is more important to pass bills than to evaluate them in a public forum. Whenever I or my colleagues - your representatives - began to debate a new law during the week, we were quickly shut down and told we had too many new laws to "dispense with" to spend time considering them. The message sent was that we did not have time to discuss, much less certainly receive input from you in the race to impose a mound of new laws.*

*In the end, the Legislature turned the State into a true nanny-state that does not trust us with our own children. And, although a secure voting system is critical to the preservation of a free republic, our election process was severely compromised. It is baffling how far the Legislature can go in one week. Now, it is up to us to undo the damage.*

*The Governor has until September 30th to veto these liberty-killing measures. I encourage each of you to join with the thousands of other Californians who are demanding the Governor to veto these awful bills.*

*Below, I have compiled a list below of the 10 worst bills of the year. You can reach the Governor and voice your opinion by calling (916) 445-2841.*

*"The price of liberty is eternal vigilance" - Attributed to Thomas Jefferson. Thank you for your vigilance.*

*Donnelly's List of the "2012 Top Ten Worst Bills"*

*Call the Governor ASAP and urge him to veto the worst bills of 2012!*

*Phone: (916) 445-2841*

*Fax: (916) 558-3160*

*1. AB 1081-Turns California into a sanctuary state for illegal immigrants by prohibiting law enforcement from cooperating with federal immigration authorities*

*2.AB 2189- Grants California driver's licenses - gateway identification - to illegal immigrants*

*3.SB 901- Allows illegal immigrants to pay income taxes in California in exchange for not being deported, thus legalizing employment of illegal immigrants while we still have a nearly 11% unemployment rate*

*4.AB 1532- Establishes the framework for Cap and Trade funding, taking another step toward imposing this tax on California businesses*

*5. AB 1527- Violates the second amendment by banning the open carry of unloaded long arm guns*

*6.AB 1436- Allows individuals to register to vote on Election Day, ensuring that no one can check eligibility before the person votes*

*7.AB 216 - Disallows deceased persons' names from being purged from the voter rolls to ensure no one ineligible to vote uses their name*

*8.AB 2109- Requires Parents to receive a state licensed doctor's signature before they can opt their children out of vaccinations, thus putting a parent's decision in the hands of the state*

*9.SB 1221- Bans the use of hounds when hunting bears and bobcats, although the State will continue to use this practice for bear population control. This is the height of government hypocrisy*

*10. AB 1492- Increases taxes on lumber products, furthering the decline of construction and manufacturing in our State*

Donnelly, a vocal Tea Party Republican is probably best known of late for attempting to board a passenger with a loaded gun and multiple rounds of ammunition has been an outspoken critic of the Governor's policies.



State Senator Carol Liu

## SIERRA MADRE CHAMBER TO HOST BREAKFAST WITH STATE SENATOR CAROL LIU

The Sierra Madre Chamber of Commerce invites the public to attend a breakfast meeting featuring State Senator Carol Liu.

The event will be held on Monday, September 10th from 8am to 9am at the Hart House Senior Center in Memorial Park.

Senator Liu is currently represents the 21st Senate District, and is a candidate for the newly created 25th Senate District which includes Sierra Madre.

For reservations please contact Chamber President Ed Chen at [edsierra-madre@gmail.com](mailto:edsierra-madre@gmail.com) or call the Chamber Office at 626-355-5111.

The cost is \$10 for Chamber members d \$20 for non-members You can also make your reservations online at <http://sierramadrechambersenliu.eventbrite.com>.

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**I'm Maddie! I love hearing about Niko's from my Dad!**

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## Weather Wise

### 5-Day Forecast

#### Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 90s	Lows 60s
<b>Tues:</b>	Sunny	Hi 90s	Lows 60s
<b>Wed:</b>	Sunny	Hi 90s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service



### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
September 14, 2012

#### SIERRA MADRE SEPTEMBER EVENTS

9/8 - Creative Arts Group Flea Market

9/11 - Kiwanis Club Honors First Responders

9/13 - Sierra Madre Civic Club - General Meeting

#### Friday, Sept 14, 2012 - Business Forum

9/15 - Creative Arts Group Scarecrow Workshop

9/19 - Kiwanis Club Learn to make a scarecrow

9/20 - Historical Preservation Society Board Meeting

9/20 - Rotary Club Fundraiser for Water Projects

9/22 - Wellness in the Park and Health Fair  
9/22 - Kiwanis Pancake Breakfast

9/23 - St. Rita Parrish Ministry Fair

9/24 - Creative Arts Group Fall Classes Begin

9/25 - Kiwanis Club Hypnosis Presentation

9/26 - Woman's Club Fall Blue and Gold Tea

9/29 - Woman's Club Silk Scarf Painting

10/4 - October Coordinating Council

10/5 - Creative Arts Group Scarecrow Awards

10/5 and 10/6 - Friends of the Library Best Used Book Sale

9/29, 10/6, 10/13, 10/20, 10/27, 11/3 - Sierra Madre Playhouse Halloween Show

10/13 - Sierra Madre Playhouse ASL Halloween Show Interpretation

### 1630 AM

#### Free on-air publicity for local events

Sierra Madre's new community radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. This new radio station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

In a nutshell, your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CERT TRAINING DEMONSTRATION

Saturday, September 15, 2012

What started out as a simple training exercise and get-together for the Sierra Madre CERT (Community Emergency Response Team), is now a full-fledged Community event. On Saturday, September 15th, the Sierra Madre CERT in conjunction with the Altadena CERT and the Sierra Madre Fire and Police Departments will hold a training session in the morning in Memorial Park in Fire Suppression, Cribbing, Search and Rescue and basic

first aid. There will also be free material available to assist you on how to prepare for an emergency and to help you and your neighbors during an emergency before the First Responders get to you. Following the training, there will be a get to know you picnic.

All members of CERT, Neighborhood Watch, and the general public are invited to come and watch our CERT members in action and stay for the potluck picnic. Activities start at 10:00 o'clock and will end at 1:00 p.m., followed by the picnic. Please bring a salad or dessert for your potluck item and join us in a get-to-know-your-neighbors activity. Hot Dogs, will be available for \$1.00 each. Soft Drinks and water will be 25 cents each. For further information, please go to [www.SierraMadreCert.org](http://www.SierraMadreCert.org), or call De Alcorn, 626-355-4793.

## SIERRA MADRE SCARECROW FESTIVAL

Plans are in the works for a contest in October where residents will receive "Crow Awards" for the most creative scarecrows in the "humorous" and "scariest" categories for residents and for businesses, for having the most creative scarecrow(s) representing their business.

Currently plans are for life sized scarecrows and according to Executive Director Jackie Raymond, "We envision residents and guests driving through the town" in a manner similar to when people view Christmas or Halloween decorations. "It will bring families of Sierra Madre together and promote our business."

Don't know how to make a scarecrow? Creative Arts will be hosting a FREE Scarecrow Making Workshop at Creative Arts Group Saturday, September 15, 2012 from noon to 7 pm, to the first 60 families.

Workshop participants need to bring clothes and accessories for their scarecrow. Everything else will be provided. These scarecrows are life-size, so bring appropriate items. You might want to bring pants or stockings to create legs and gloves to create hands for your scarecrow.

The workshop is free, but you must register (626-355-8350) LIMITED ENROLLMENT. To participate in the contest applications are due on September 25th. Scarecrows will be displayed October 1st through October 31st at residents and businesses.

On Friday, October 5th and awards ceremony will be held at Creative Arts for the winners of the residents and businesses.

For more information, contact the Creative Arts Group via email at [foothillcreativeartsgroup@creativeartsgroup.org](mailto:foothillcreativeartsgroup@creativeartsgroup.org) or call 626-355-8350.



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Sierra Madre Rotary Club

Meets Tuesdays 7-8:30 a.m.  
222 W. Sierra Madre Blvd.  
The Hart Park House



As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at [peggybeau@gmail.com](mailto:peggybeau@gmail.com) and visit our Facebook page Rotary of Sierra Madre.

**[www.SierraMadreRotary.com](http://www.SierraMadreRotary.com)**



## REGISTER NOW FOR FALL RECREATION CLASSES

The Community Services Department is excited to announce fall recreation classes are now open for registration online at [www.cityofsierramadre.com/online/registration](http://www.cityofsierramadre.com/online/registration) or by visiting the Hart Park House Senior Center (222 W. Sierra Madre Blvd) or the Community Services office (611 E. Sierra Madre Blvd).

The fall session introduces a variety classes and programs for the whole family. Change up your fitness regime with Zumba or Zumba Gold (ages 55+), a dance-fitness class that incorporates Latin & international music with dances movements creating a high energy party like atmosphere that provides a dynamic, exciting and effective workouts. Strengthen your core with either Gentle Yoga or Yoga for All Ages. Learn and develop physical self-protection and escaping techniques that are easy to remember and utilize by registering for the Women's Self Defensive class.

Younger family members will enjoy Mommy/Daddy and Me Soccer (ages 2-3.5) and ages 3.5-11 years old can enroll in age appropriate soccer skill development classes with the Kidz Love Soccer. Gain advantage through footwork and body positioning to employ leverage, avoiding the use of strength against strength in Hapkido Karate adult and youth classes. As always, you'll find class favorites including Ballet, Tap and Creative Dance!

For more information, please contact Community Services Department at 626.355.5278.



### THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.  
THAT'S 85 YEARS OF COMMUNITY SERVICE!  
WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.  
MEETINGS ARE EACH TUESDAY AT NOON,  
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,  
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!  
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,  
AND HAVE SOME FUN!

#### Upcoming Kiwanis Calendar:

Tuesday, September 4th Noon Pete Siberell,  
SMLL & Santa Anita Park

Tuesday, September 11th 8:00am

#### Special 9/11 Memorial Program

Wednesday, September 19th Scarecrow Workshop

Saturday, September 22nd PANCAKE BREAKFAST

Tuesday, September 25th Presentation: Hypnosis  
Call 626-355-0728 for additional information



The Inaugural Artisan Faire will take place on November 17th and 18th at Santa Anita Park in Arcadia. This holiday shopping opportunity will feature quality, juried handcrafted Artisans, fashion show, DIY demonstrations, Bonjour Boutique Spa and much more. Free admission to the public. For vendor information, contact Wendy Fujiyara-Anderson at <https://www.facebook.com/TheArtisanFaire> [wowproductions2@earthlink.net](mailto:wowproductions2@earthlink.net)

## HELP WANTED

### GENERAL OFFICE ASSISTANT

Experienced mature person for general office position in Sierra Madre. Financial book keeping and elderly resident liaison at a RCFE facility. Good computer skills required. Quickbooks knowledge preferred, ability to learn essential. Full time employment or part time leading to full time may be considered. Immediate availability.

Send resume to : [margaretajenkins@att.net](mailto:margaretajenkins@att.net)

### SIERRA MADRE COORDINATING COUNCIL SEPTEMBER MEETING AND CALENDAR

The September Coordinating Council is coming up next Thursday, September 6. The meeting is moving back to the Youth Activity Center, located at 611 E. Sierra Madre Blvd. The meeting begins at 12:00pm and September features a special presentation by the Sierra Madre Playhouse. Please respond to this email if you are planning on attending the September meeting.

September 1-2, 7-8  
Sierra Madre Playhouse - Incident at Vichy  
September 1, 8, 29  
Sierra Madre Playhouse - Fairytale Theater  
September 06  
Sierra Madre Coordinating Council  
Woman's Club Wistaria Thrift Shop Re-Opening  
September 07  
Creative Arts Group Art Reception  
September 08  
Creative Arts Group - Flea Market  
September 13  
Sierra Madre - Honor's Dinner  
September 15  
Creative Arts Group - Scarecrow Workshop  
September 21-22, 28-30  
Sierra Madre Playhouse - Ruddigore  
September 22  
Health Fair & Pancake Breakfast - Memorial Park



Call 626.836.8353  
Fax 626.836.8373

## Looking For The Mountain Views News?

Stop by any of the following locations (partial listing) for your copy every Saturday or call 626-355-2737 to sign up for home delivery!

Sierra Public Library  
Sierra Madre Post Office  
Sierra Madre City Hall  
Bean Town Sierra Madre  
Starbucks Sierra Madre  
Bottle Shop Sierra Madre  
Happy's Liquors Sierra Madre  
Sierra Madre Senior Center

Arcadia Public Library  
Arcadia Post Office  
Arcadia City Hall  
Starbucks Arcadia  
Denny's Arcadia

Monrovia Public Library  
Monrovia Post Office  
Monrovia City Hall  
Coffee Bean Monrovia (Foothill/Myrtle)  
The Monrovia Rudy's Monrovia  
Monrovia Senior Center

Duarte Public Library  
Duarte City Hall  
Denny's Duarte  
Starbucks Duarte  
Coffee Bean Duarte  
I HOP Duarte  
Duarte Senior Center

Pasadena City Hall  
Pasadena Senior Center  
Faschings Car Wash  
Robin's Bar B Que  
Pasadena Walkway at Vromans  
Pasadena Gold Line Station -  
Sierra Madre Villa  
Niko's Pasadena  
Fresco's Pasadena

Websters Pharmacy  
Altadena  
Websters Fine Stationers  
Altadena

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Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## REMEMBRANCE

### PAMELA McBEATH

McBEATH - Pamela Joy McBeath, 54, passed away August 14, 2012 at Methodist Hospital. She is survived by her father, Gerber McBeath and stepmother, Renate; sisters Robin and brother-in-law, Jack Robertson; sister, Carla Cook and Scott; nephew, Anthony Ingrassi III and Bonnie; great nephew, Lil Anthony; nieces, Jessica, Samantha, Rebecca and Alexandra. She was preceded in death by her mother, Darlene Joanne Warren; sister, Kelly Marie Ingrassi; and grandmother, Orda.

Pamela moved into Climb Sierra Madre on November 17, 1980. Pamela was always a very outgoing individual, she would always properly initiate contact with others in familiar environments. She was a very sociable and prides herself on having an active social life and many friends here at Climb and out in the community as well.

Pamela enjoyed attending Congregational Church on Sundays, and City's Street Faire quite frequently. She also enjoyed hanging out at BeanTown, a local coffee shop in Sierra Madre, where she would enjoy the company of friends and good music. Pamela loved to attend various concerts. She loved listening to Ann Murray, Beach Boys, and her favorite Chris Montez.

Pamela worked for Climb Work Activity Center, by answering phones for the agency and was always very pleasant with others and will be deeply missed.

Pamela received quite a few awards in the past:

2008- Most Comfortable Companion Award presented by Climb Mobility and Orientation  
2009- Honor of an Extraordinary Achievement Award  
2010- Climb Mobility – for Most independent / Community Awareness Award  
2011- High Energy Engine of Efficiency Award by Climb Work Activity Center.

“WHAT WE ONCE ENJOYED AND DEEPLY LOVED WE CAN NEVER LOSE FOR ALL THAT WE LOVE DEEPLY BECOME A PART OF US.” - Helen Keller

For service information, please contact Douglass & Zook Chapel of Remembrance Funeral Home, Monrovia, CA (626) 358-3244.

## Sierra Madre Police Blotter

For the period of August 27 – September 2, 2012

### Monday August 27, 2012

Parents brought their uncooperative and combatant juvenile daughter to the police station seeking assistance. During the investigation, officers determined that the juvenile had battered both her mother and a sibling earlier in the day and she was taken into custody. During a search of the juvenile a dagger was found concealed in her sleeve. The juvenile was arrested for Possession of a Dagger and detained at Eastlake Juvenile Facility.

### Tuesday August 28, 2012

A traffic collision took place at Sierra Madre Boulevard and Park Avenue when the driver lost control while making a right turn. The vehicle sideswiped two other parked vehicles and pushed one of the parked vehicles into another vehicle. Alcohol was not a factor.

### Wednesday August 29, 2012

At 5:45pm, the Pasadena PD Helicopter was over the area of Chantry Flats and observed a vehicle driving erratically. SMPD officers responded and located the vehicle near Santa Anita Avenue and Elkins. Upon spotting the officers, the four occupants ran from the vehicle but stopped in response to the officer's commands. It was determined that the driver (a 16 year old male) was under the influence of marijuana. He was arrested for Driving Under the Influence and released to his parents.

### Thursday August 30, 2012

During the evening, unknown suspects vandalized a business in the 100 block West Sierra Madre Boulevard by making a window and electrical box with blue spray paint. Witnesses reported seeing a male walking in between the businesses and entering a black Volkswagen Bug Convertible that had been parked at the curb for a period of time. The case is still under investigation.

### Friday August 31, 2012

At 10:30pm, a vehicle was observed speeding in the area of Sierra Madre Boulevard and Sunnyside Avenue. After stopping the vehicle, the officer determined that the driver was under the influence of alcohol. The driver (44 year old female) was booked for DUI.

### Friday August 24, 2012

At 2pm, a customer entered the post office at 61 S. Baldwin Avenue to make a transaction. She set her wallet on the counter then walked away for a few moments. Upon return, she discovered the wallet was missing. No one in the post office at the time saw anyone take the wallet.



## WISTARIA THRIFT SHOP RE-OPENS



Cheerful Woman's Club volunteers cheerfully welcomed shoppers

Bargains galore were the order of the day when the Wistaria Thrift Shop, operated by Sierra Madre Woman's Club, has its Grand Re-opening Sale, Thursday, Friday and Saturday, September 6, 7 and 8, 10 am to 3 pm. The shop is located at the rear of Essick House, their historic clubhouse, 550 W. Sierra Madre Blvd., and has been closed since June to refurbish and restock. All new merchandise will be offered says Elma Flores, shop chair.

Shoppers will find clothing for all family members, a special selection of infants and childrens clothing, jewelry, shoes, handbags, scarfs, ties, a huge variety of household needs, craft supplies, books, electronics, toys, collectibles and much more with always great finds for the treasure seeker. Also, with Halloween coming, it's a great place to create your costume.

Run by the club since 1956, the shop has been a main source of income for its very generous giving to a long list of needy causes, plus upkeep of their Craftsman clubhouse, a city cultural landmark. The shop has received recognition several times as one of the best in the San Gabriel Valley. All volunteer staffed, they are happy to assist customers.

Regular shop hours are Monday, Thursday, Friday and 1st, 3rd and 4th Saturdays. For more information call the shop phone at 626-355-7739.

## Sierra Madre Rotary Club Donates Books to Library

Building on their long-standing partnership with the library, the Rotary Club of Sierra Madre donated more than 50 children's fiction books to the Sierra Madre Public Library in August 2012.

The books will be located in the recently remodeled and newly named Rotary Children's Library. All the brand new books will contain nameplates that say, "This book was donated in honor of a

speaker who presented to the Rotary Club of Sierra Madre at its weekly meetings in 2012."

Rotary member Janice Kramer met with Children's Librarian Meegan Tosh to select the books. Library Director Carolyn Thomas said, "We are thrilled that our Rotarians value reading and have provided for more children's books in our library."

The Sierra Madre Public Library is located at 440 West Sierra Madre Boulevard in Sierra Madre. For more information please call (626) 355-7186, or visit the website: [www.sierramadre.lib.ca.us](http://www.sierramadre.lib.ca.us).

## 2012 HARVEST ON THE HILL

Sunday, October 7, 2012

*Mater Dolorosa Passionist Retreat Center will host its annual Harvest on the Hill Auction & Dinner ~ Live... Laugh... Pray*

Fr. Patrick Brennan, C.P. and the Passionist Community invite you to join us for an evening under the stars on the beautiful grounds of Mater Dolorosa in the Sierra Madre foothills. You will be engaged in lively conversation, friendly bidding wars, and a delicious meal. Your attendance and support will help us with yet another much needed renovation in the retreat center. With close to 10,000 retreatants, friends, youth and hosted groups that visit Mater Dolorosa each year, there is always a special project waiting to be completed.

Bring your friends to share in the fun and to shop for a worthy cause. Reservations are \$80 per person and include a social, hosted bar and delicious dinner. You could also win 2 nights at The Ritz Carlton in Laguna Niguel or The Hotel Del Coronado in San Diego by purchasing raffle tickets at \$20 each or \$100 for six. Auction items, underwriting donations and business and family sponsorships are gratefully accepted.

Mater Dolorosa Passionist Retreat Center is located at 700 N. Sunnyside Avenue, Sierra Madre, CA 91024. Weekend retreats are offered to those who seek an environment of peace and solitude for personal and spiritual growth.

Questions about Harvest on the Hill? Would you like to receive an invitation? Would you like to attend a retreat? Would you like to hold a group retreat at Mater Dolorosa?

Contact the Retreat Center at 626.355.7188 or visit our website at [www.passionist.org/materdolorosa/harvest2012](http://www.passionist.org/materdolorosa/harvest2012).

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## Health Fair and Wellness in the Park



**SAVE THE DATE!**  
Saturday, September 22, 2012  
9:00am-12:00pm  
Memorial Park  
222 W. Sierra Madre Blvd.  
More Info: 626.355.7394

The Sierra Madre Health Fair and Wellness in the Park is your one stop resource for health screenings, assisted living facilities, healthy living education massage therapists and more! Participating vendors include: Kensington, Senior Commission, Methodist Hospital to name a few.





## Voyager Spacecraft Celebrates 35 Years

September 5, marked the 35th anniversary of the launch of Voyager 1, which lifted off in 1977 on a Titan III-Centaur launch system just 16 days after its twin, Voyager 2. Now 11 billion and 9 billion miles from the sun, respectively, the spacecraft are the farthest-flung man-made objects, traveling every 100 days a distance equal to that between sun and Earth.

"We thought we could do this, but it is, in a certain sense, amazing," says Ed Stone, the mission's project scientist and the David Morrisroe Professor of Physics at Caltech. "After all, when the Voyagers were launched, the space age itself was only 20 years old."

Originally commissioned to last just four years, the Voyager mission created two identical spacecraft—with the hope that at least one would reach Jupiter and Saturn. As we now know, both Voyager spacecraft survived launch and the harsh radiation environment around Jupiter to relay close-up images and scientific measurements of the outer solar system's planets and their moons.

"There was much more out there to be discovered than we could have possibly imagined," says Andrew Ingersoll, an atmospheric scientist on the Voyager team and professor of planetary science at Caltech. "There were many heroes on the Voyager mission, but I like to say that the planets themselves were among those. The planets came through with amazing stuff."

The Voyager spacecraft made a long list of discoveries on their tour of the outer planets. Some of Voyager 1's greatest hits include the finding that one of Jupiter's moons, Io, is home to eight active volcanoes spewing sulfur and oxygen, and that Saturn's largest moon, Titan, has a nitrogen atmosphere that lacks oxygen. For its part, Voyager 2 was the first spacecraft to visit and study Uranus and Neptune. At Uranus, it found that the planet's magnetic pole lies closer to the equator than the poles. And at Neptune, Voyager 2 found the fastest winds in the solar system.

"These are things we hadn't really thought about or imagined," Stone says. "With what I call our limited terracentric view, it was hard to realize how diverse nature really is. That's what Voyager revealed."

## Pet of the Week



Connie's adoption fee is \$30, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A311796, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Dem Headquarters; Obama Wows Crowd

Over a Hundred local area Democrats came out Thursday night, packing the United Democratic Headquarters on Lake Ave, to hear President Obama's acceptance speech — focused on students, jobs and the environment.

"I'm a Democrat," said RBOC board member Khatchik "Chris" Chahinian. "This is a very important day for us, this is the day our President accepts a nominee for a second term."

Chahinian said he feels Obama, in the last four years, has saved the country from collapse. As

for the next four, "To support small businesses, to give credits for college students so they can have loans and jobs, jobs, jobs." Another Obama supporter, Anthony Pialan said he did not believe in what challenger Mitt Romney stands for.

"I don't think that Mitt Romney is the right person to run the country the next four years."

Pialan added that he came out to the headquarters to support the cause and donate money.

Volunteer coordinator Jamila Jabulani said they have started doing field activities, "mostly

phone banking and voter registration. We are about to start out 'get out the vote,' effort doing a lot of door to Door Canvassing," she said.

Jabulani said about 125 people came out to hear the President.

## Seminars for Small Businesses Returns

Local small business owners and entrepreneurs are encouraged to sign up today for free, two-hour seminars on "The Art of Small Business Survival" hosted by the City, the Pasadena Chamber of Commerce and the Foothill Workforce Investment Board that are designed to help local businesses be more successful.

All seminars for the 2012-13 series are held from 8:00 a.m. to 10:00 a.m. on the second Tuesday of each month at the offices of Ability First, Lawrence L. Frank Center, 201 S. Kinneloa Ave., at Del Mar, in Pasadena.

The first seminar—"Small Business Resource Mixer"—is Tuesday, Sept. 11. Although the seminars are free, space is limited and advanced registration is required. Go online for topic details and registration to [www.cityofpasadena.net/asbs](http://www.cityofpasadena.net/asbs). You can sign up for one or all of the seminars. For more information, call Ruth Martinez, (626) 744-7351.

The popular Art of Small Business Survival series is a special training program offering practical, hands-on advice to those who want to start or grow their small business. Seminars are designed to support the preparation needs of entrepreneurs, business owners and managers of small businesses with 10 employees or less. The monthly seminars run through June 2013.

Other topics range from understanding the resources needed to start a business, marketing, and Social Media techniques to managing debt and cash flow and a "Boot Camp" for small businesses. A complete listing of all seminar topics and guest speakers is available online.

For more information about the City of Pasadena, go online to [www.cityofpasadena.net](http://www.cityofpasadena.net).

## PCC Sponsors Young African American Males Conference

Pasadena City College is proud to sponsor the annual Young African American Male's Conference on Sept. 15 in Creveling Lounge. The conference, titled "Success by Choice: Focus on the Future," is co-sponsored by the Metropolitan Community Action Services Corporation (MCASC).

The keynote speaker will be Dr. George McKenna. His presentation is titled "The Message of Empowerment."

The conference is aimed at young men between the ages of 12 and 25.

Registration is free and includes continental breakfast and lunch. The conference starts at 8:30 a.m. and runs until 2:30 p.m.

For more information, call (626) 389-0420 or register online at [www.mcasc.us](http://www.mcasc.us)

## Media Gets Tours of New Rose Bowl Press Box

By Dean Lee

In a twist of fate, members of the media on Friday were given tours of the newest press amenities the Rose Bowl has to offer including air-conditioning and internet access for working sports writers—the new pavilion completes Phase II of the \$179 million stadium renovation plan.

"In the old days, the best you could do was crack open one of the windows and hope for a breeze," Pasadena Public Information Officer William Boyer said about the new press area.

Boyer also said the new emergency command post was a must see stressing that safety, which included widening the stadium exit tunnels, was the most important part of the renovation plan.

"You got to at least see the command post you are normally never going to get in there," he said. "The command post operates under federal and state emergency management guidelines, it's a secured facility when it's in operation and even people like me

would have problems getting into it."

Boyer said the working press facilities were some of the best he had ever seen.

"I've been a reporter for many years, I've been on my side as a PIO [public Information Officer] for many years, these are some of the best facilities I've seen for working press," he said. "It's really good."

Joking, Boyer added that there was also a place for lazy press as well.

He said there are two identical press areas although only the west side would be operational for Saturday's UCLA Bruins – Nebraska game.

At one point Boyer showed off one of the premium suites which offered private seating on the 50-yard line.

"It doesn't get any better than this," he said.

When asked, by a CBS TV reporter, if he thought a NFL team would use the stadium as a temporary home he answered, "Not anytime this year. When asked what team that might be, he said he had heard rumor of the Minnesota Vikings.



Boyer (PIO) shows off new emergency command post

## 'X' Marks the Spot

Mark your calendars: The next TEDxCaltech will take place on Friday, January 18, 2013. The daylong event, titled TEDxCaltech: The Brain, will be held

at Beckman Auditorium. Speakers, performers, and special guests will share their research, discoveries, and ideas—all having to do with the brain.

## Citizen Journalism Meet-up

*Learn not just how to blog but how to report the news*

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find the story, the tools



needed to capture the story and the means to tell the story using the power of video, audio and print along with online social media. The next meeting is Sep. 11 from 6: 30 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585.

## Letter Urges Funding for Planetary Exploration

Dear Friend,

The White House's Office of Management and Budget (OMB) will release their draft of the 2014 budget when Congress returns to session next week. Will it contain devastating cuts to planetary exploration like those proposed last year? Or, thanks to your work right now, will it restore this crucial funding?

We need you to take immediate action.

Write to the OMB and the White House. Ask them to restore funding to planetary exploration. Tell them to let NASA build off of the stunning success of Curiosity and continue the search for life in our solar system.

The White House and the OMB need to know the magnitude of public support. They need to hear that you want exciting missions that drive our understanding of our place in space. They need to know that a modest investment in exploration generates huge returns in technology and science for this country.

We have one week to make an impact before the new budget is released. According to our sources, there is still time to influence the outcome. But

we need you and your friends to get the word out. The more letters they get, the more likely they'll listen.

Getting the OMB to restore funding to planetary exploration would be a major accomplishment. Congress only approves budgets on an annual basis, but the OMB provides five-year budget forecasts. These give federal agencies like NASA a way to plan long-term projects. If we want the big missions to Europa, Titan, or Mars, we need the support of the OMB.

Just think of what NASA could do with restored funding. This could be the decade in which we retrieve a sample of Martian soil and return it to Earth, or send a probe to explore the oceans of Europa, or the lakes of Titan. Restored funding also allows more Discovery class missions – smaller projects that test technology and pursue truly exciting science. The scientific returns are inestimable.

We have the technology. We have the desire. Will the OMB give us the means?

Act now and get your voice heard!

Sincerely,  
The Planetary Society



**“What’s Going On?”***News and Views from Joan Schmidt*

The beautiful Los Angeles County Arboretum in Arcadia was the site of the Sheriff’s Department’s Contract Cities Annual Barbecue. The theme was Hawaiian, and the food and entertainment were great. I had the pleasure of sitting with part of Duarte’s officials, Public Safety’s Brian Villalobos, Lois Gaston, City Manager Daryl George, Council Member Liz Reilly and Captain Nee, our Commander of Temple Station.

Sheriff Lee Baca was the key speaker. He began, “What makes Los Angeles County so great? Ten million residents make it the most populated county in the country. 88% of its residents live in incorporated cities; that is 8.8 million people ...Currently there is an all-time low crime rate. The governing process of these cities with its keen interest in public safety attributes to this... For example-the Contract City model -we’re embedded in your city hall...Public safety is one of the greatest reasons for government.” (At Duarte City Council Meetings, you’ll find the Sheriff’s Department, while at Monrovia and Arcadia City Meetings, you’ll find their Chiefs of Police, Jim Hunt and Bob Guthrie.)

The Sheriff spoke highly of all his fine captains. At each station, a Captain is in charge and really serves as “Chief of Police” for his area. Captain Bobby Denham has been up at Palmdale Sheriff’s Station for over twenty years. (Current Monrovia City Manager Laurie Lile couldn’t say enough about how competent he is.) Captain Dave Silversparre oversees the Crescenta Valley Station. (No stranger to area residents, he served several years as Lieutenant at Temple Station.) Our current Temple Commander, Chris Nee actually oversees FIVE cities: Bradbury, Duarte, Rosemead, South El Monte and Temple City.

**SHERIFF BACA SPEAKS AT ANNUAL BARBCUE**

(These are only a few of the many fine men AND women overseeing various stations.)

Sheriff Baca then spoke about the custody situation and an education program. From the time I met then-Chief Lee Baca, back in 1993, I became aware of his insight and the great scope of his vision. This man went to East LA College - had a “C” average, but went on and eventually received his Doctorate - he is always encouraging youths to value education and shares his background with them. He encourages young people by his story with the words, “You can achieve anything if you try.”

In his address, Sheriff Baca said he made a “game-changing decision, and now there is a comprehensive form of education. We are changing the way we incarcerate. Education-Based Incarceration is a component of the criminal justice system that is focused on deterring crime by investing in its offenders through education and rehabilitation. By providing substantial and intellectual education in jails, and being supportive rather than punitive in efforts to reduce crime related behavior, the likelihood to recidivate is lowered while success and stability in the community occurs.”

Holding lawbreakers accountable for their actions is the main priority of Education-Based Incarceration. Incarceration is the chief means of imposing accountability for acts that threaten public safety. The influx of 30,000 inmates from state prisons to county jails across the state has caused a massive amount of change. County inmates are released earlier and the public needs to be protected.

Sheriff Baca’s vision, “The uneducated mind will probably live in a threatened and limited way,” provides opportunity for six principles to be the foundation for which the Education-Based Incarnation operates from. (In a later column, I will explain the six principles of Education-Based Incarceration, as space permits.)

**WATERMELON DREAMS**

By Christopher Nyerges

*[Nyerges has led survival skills and wild food classes since 1974, was the editor of Wilderness Way magazine, and has written 10 books. He can be heard weekly on Preparedness Radio Network. For more information, go to [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com)]*

I have always dreamed. Sometimes there were periods of many dreams of great significance, or at least, of some significance. There were also periods of no dreams – at least no memorable

locker room always became this top-of-the-world scene, as if I was literally in heaven, at some edge where I could look down to earth and I would see the water from my shower raining down through the clouds back onto earth. The tall white columns surrounded me in this open air temple and I knew I was safe and immortal there in that shower-temple. And I was the only one in the world that knew that temple existed in the sewer!

dreams.

When I was about 6 or 7, I would have memorable dreams if I had eaten watermelon after dinner.

Years later, when I desired to have dreams and coded answers to my inner questions, I would eat watermelon. But there was no longer the magic of watermelons, and later in life, watermelons no longer gave me dreams with discernable or reliable results. Maybe my body chemistry was different then, and the watermelon gave my brain and body something it needed to give me dream messages. Maybe modern seedless hybridized watermelon lacks some chemical that the old open-pollinated seeded watermelons used to have. I don’t know.

Back to age 6 or 7. During the winter and into the summer, I would go to a specific place over and over in my dreams. I drew a map of the area that I would go to, and was always frustrated that my artistic ability was not good enough to accurately depict where I’d been. I would revise the maps with new dreams. This dreamland corresponded to Los Robles Avenue and Woodbury Road, and included all the stores that were in that old business district before the widening of Woodbury Road. And things in the dreamtime were a bit different than that actual area, in some cases a lot different, and in a few spots, you could go through one door or opening and end up somewhere completely else.

I went to watermelon land and did things there. I had some friends there too, and they seemed to correspond to my normal waking friends. But there were others too, others who I did not know in my waking life. I looked forward to going back to this land, though I did not know when I might go there.

Sometimes, I would walk east from the watermelon patch, corresponding to travelling east on Woodbury Road, about to where the old laudromat used to be. The dreamtime path was dirt, not paved. Somewhere in the street there would be this large shower-room, like the showers at the Boys Club over on Fair Oaks. I am not sure why, but I would take a shower there. The shower room would transform into an ancient Greek temple, complete with the decorative columns that seemed as tall as a three-story building. I would stand there, letting the comfortable water flow over my body. It was heavenly. And it was heavenly, literally, for the

There was a drain hole in the shower, and sometimes I would slide down into the drain hole with the water, and I would end up in an area that seemed very much like Washington Park, a large grassy expanse with bridges and walkways. However, in the dream, it was very much like Washington Park, but not there at El Molino and Washington, but rather somewhere way down south on Rosemead Avenue, set somewhere amidst warehouses and rough people.

I would have adventures there, and it was where my more dangerous and risky adventures would take place. Once I had to go with guns and several helpers to one of the warehouses down there and rescue a few friends that were held captive. I learned that I could escape back home by finding the drainage ditch, which flowed right through that area. I could jump in there, and run back up to Highland Avenue, jump out, and go home. It was harder to find the drain hole that got me to that area, but that was another method of escape. In one adventure, I was up on the street trying to find my escape, and I had to slide into the little hole in the gutter to somehow, miraculously, get back up to Woodbury Road and safety.

In fact, for many years, I was convinced that there was a unique other-dimensional quality to that particular intersection of Altadena, as if a wormhole or wrinkle in time corresponded to that physical location. It was, at least for me, a true Sacred Spot.

As the years proceeded and my mind seemed a bit sharper, I would often go to the places that I knew, such as Woodbury and Los Robles, Santa Rosa and Highland, Saint Elizabeth church and school, and more. These were the places I went to in my dreams which appeared as they actually are in waking life, more or less. The dreams of my childhood were pleasant, mysterious, and were the stuff of childhood magic.

It was not until around age 30 that I began to record my dreams, and by then my dreams were very different: darker, frightening, significant, prophetic. Some were warnings for me or someone I knew, and some highly symbolic. Though I sometimes long for my childhood dreams, I have finally learned to use the tool of dreaming as practical messages from another part of myself

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**Tip of the Week - distracted Driving**

Distracted driving is any non-driving activity a person engages in that has the potential to distract him or her from the primary task of driving and increase the risk of crashing. The National Safety Council reports that drivers who use a cell phone are four times more likely to be in a crash and are responsible for 636,000 crashes and 2,600 deaths each year. To protect yourself and those around you:

Put your cell phone on silent or vibrate before starting the car.

Modify your voicemail greeting to indicate you are unavailable to answer calls or return messages while driving.

Inform clients, associates and business partners why calls may not be returned immediately.

If you need to talk or text, pull over to a safe location and park your vehicle.

Hands-free cell phones are not safer; cell phone driving is a visual, mechanical and cognitive distraction.

Educate your employees, drivers and parents on the dangers of driving while on a cell phone. Support cell phone legislation and enforcement.

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**THE WORLD AROUND US****Looking Up**

with Bob Eklund

**DAWN SPACECRAFT LEAVES ASTEROID VESTA FOR TREK TO DWARF PLANET CERES**

NASA’s Dawn spacecraft is on track to become the first probe to orbit and study two distant solar system destinations, to help scientists answer questions about the formation of our solar system. The spacecraft left the giant asteroid Vesta on Sept. 4 to start its two-and-a-half-year journey to the dwarf planet Ceres.

Dawn began its 3-billion-mile odyssey to explore the two most massive objects in the main asteroid belt in 2007. It arrived at Vesta in July 2011 and will reach Ceres in early 2015. Dawn’s targets represent two icons of the asteroid belt that have been witness to much of our solar system’s history.

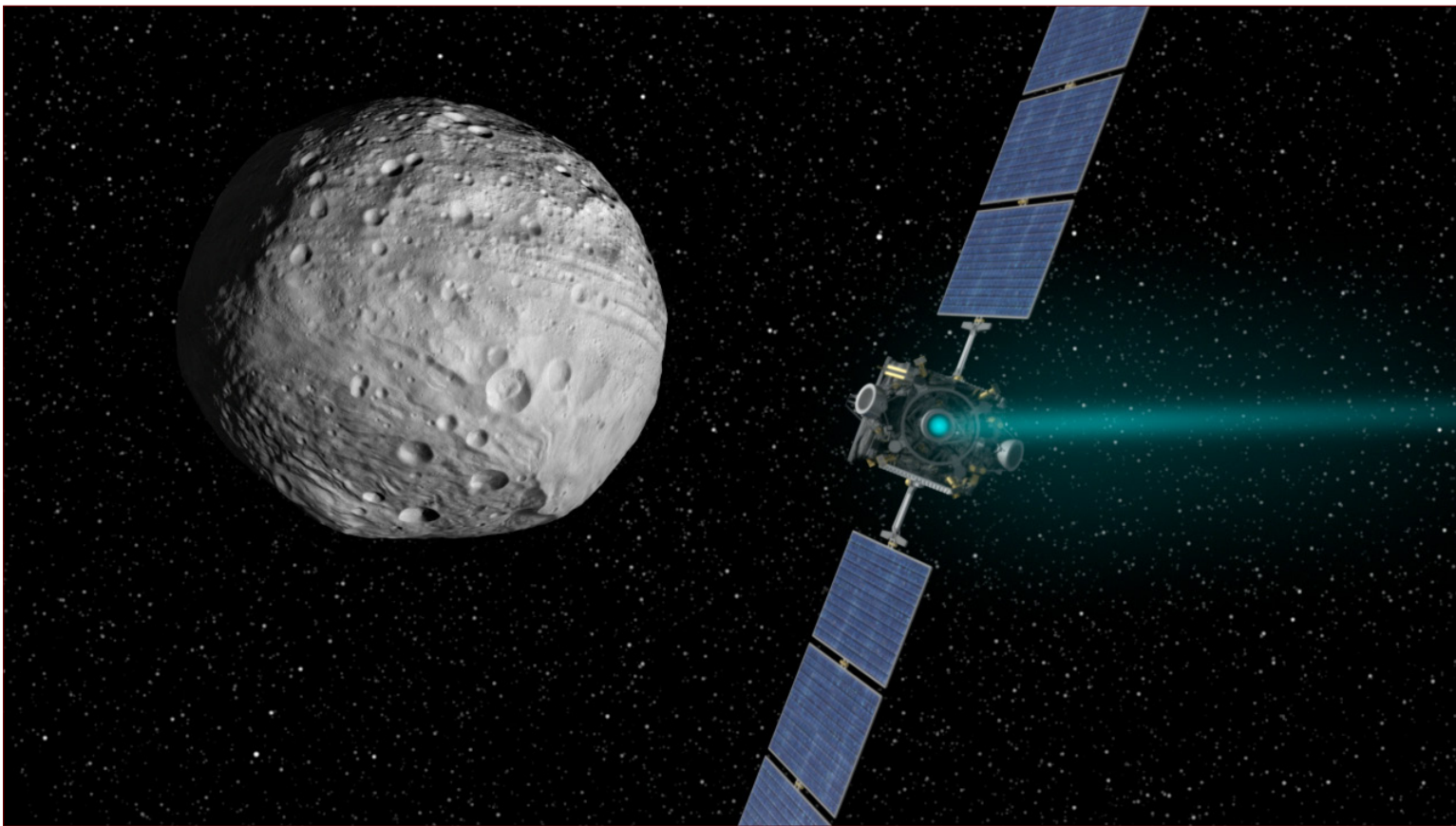
To make its escape from Vesta, the spacecraft will spiral away as gently as it arrived, using a special, hyper-efficient system called ion propulsion. Dawn’s ion propulsion system uses electricity to ionize xenon to generate thrust. The 12-inch-wide ion thrusters provide less power than conventional engines, but can maintain thrust for months at a time.

“Thrust is engaged, and we are now climbing away from Vesta atop a blue-green pillar of xenon ions,” said Marc Rayman, Dawn’s chief engineer and mission director, at NASA’s Jet Propulsion Laboratory, Pasadena, Calif. “We are feeling somewhat wistful about concluding a fantastically productive and exciting exploration of Vesta, but now have our sights set on dwarf planet Ceres.”

Dawn’s orbit provided close-up views of Vesta, revealing unprecedented detail about the giant asteroid. The mission revealed that Vesta completely melted in the past, forming a layered body with an iron core. The spacecraft also revealed the scarring from titanic collisions Vesta suffered in its southern hemisphere, surviving not one but two colossal impacts in the last two billion years. Without Dawn, scientists would not have known about the dramatic troughs sculpted around Vesta, which are ripples from the two south polar impacts.

“We went to Vesta to fill in the blanks of our knowledge about the early history of our solar system,” said Christopher Russell, Dawn’s principal investigator, based at the University of California Los Angeles (UCLA). “Dawn has filled in those pages, and more, revealing to us how special Vesta is as a survivor from the earliest days of the solar system. We can now say with certainty that Vesta resembles a small planet more closely than a typical asteroid.”

Vesta, with a mean diameter of 326 miles, does not have enough gravity to make it entirely spherical—hence its somewhat irregular appearance. Ceres is three times as large, with a diameter of 950 miles. Designated a “dwarf planet” (as is Pluto), Ceres is composed of both rock and ice and has enough gravity to make it very nearly a perfect sphere.



*This image of NASA’s Dawn spacecraft and the giant asteroid Vesta is an artist’s concept. Dawn arrived at Vesta on July 15, 2011 PDT (July 16, 2011 EDT) and is set to depart on Sept. 4, 2012 PDT (Sept. 5, 2012 EDT). Image credit: NASA/JPL-Caltech*

The mission to Vesta and Ceres is managed by NASA’s Jet Propulsion Laboratory in Pasadena, Calif., for the agency’s Science Mission Directorate in Washington. Dawn is a project of the directorate’s Discovery Program, which is managed by NASA’s Marshall Space Flight Center in Huntsville, Ala.

UCLA is responsible for the overall Dawn mission science. Orbital Sciences Corp. of Dulles, Va., designed and built the spacecraft. The German Aerospace Center, the Max Planck Institute for Solar System Research, the Italian Space Agency and the Italian National Astrophysical Institute are part of the mission’s team.

You can contact Bob Eklund at: [b eklund@MtnViewsNews.com](mailto:b eklund@MtnViewsNews.com).



# ARCADIA

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Pasadena

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## ARCADIA CITY COUNCIL MEETING - September 4th

### Street Closure Planned for November - Public Safety Requests Granted and Explanation of Proposed RV Planning

By Joan Schmidt

Perhaps your evenings are busy that you cannot attend a City Council Meeting in person. Perhaps you don't have Cable TV to watch a meeting. But if you have Internet Access, all you must do is type in "Arcadia City Council Meeting Agenda", and you can go to a web site that not only lists all the agenda items, but also gives history or background information.

The past meeting saw the City Council approve closure of streets in November for Arcadia High School's Festival of Bands.

Two requests by public safety departments were also granted. The Arcadia Fire Department asked for approval of a supplemental appropriation not to exceed \$32,000 for the upfront cost of purchasing fire department radio firmware that will be reimbursed through the 2009 State Homeland Security Grant Program.

Why was this requested? Since the terrorist attacks of 9-11, Los Angeles County fire and law enforcement agencies have been proactive in striving for excellent county-wide emergency scene communications among public safety agencies. Part of the plan is to have all radios be "P25-compliant" and have the capacity to meet the recommendations of Los Angeles County Fire and law agencies' Radio Tactical Interoperability Communication Plan (TICP) for common communication. The City Council approved this purchase for the Fire Department.

The second request pertained to Police vehicles. The Council was asked to award a purchase order to Wondries Fleet Group for the purchase of eight Ford Crown Victoria Police Pursuit vehicles in the amount of \$222,529 and authorize an additional appropriation of \$158,229 from the equipment replacement fund.

The Fiscal Year 2012-13 Equipment Acquisition Plan includes a vehicle replacement budget for the replacement of three Dodge Charger police pursuit vehicles (PPV) that have high mileage. Because of re-occurring engine problems, high repair costs and an unreliable track record, the Arcadia Police Department and Public Works Department recommended the City discontinue purchasing Dodge Chargers and instead Ford Crown Victoria PPV while the dependability of the new Chevy Caprice PPV is evaluated. Included in this plan were five additional Ford Crown Victoria PPV scheduled to replace cars that have high mileage in 2013-14. Purchasing a total of eight vehicles at this time would save the city \$60,000 over the next two years, so the City Council voted to approve this.

An explanation of the RV parking and storage proposals is quite lengthy. A brief summary: In March, 2012, the City Council directed staff to develop a proposal to amend parking regulations for recreational vehicles (RVs) in single family residential zones and address the visual impacts these vehicles could impose when parked and/or stored for indefinite periods in view from public rights of way. The Planning Commission considered the proposed regulations at four meetings. Two open discussions were held on March 27 and April 24. A noticed public hearing followed at the Planning Commission's May 22 and June 26 meetings. The Planning Commission voted to recommend approval to the City Council of the proposed regulations. The regulations did include an Exception for properties that do not have vehicular access to a side or rear yard and that there be a 60 day grace period. At the August 7 City Council Meeting, approximately 30 residents who felt RVs should be allowed to be parked in driveways if there no access to the back. The City Council then directed the staff to revise the regulations. (It is to lengthy to be written here, but can be viewed on line under September 4 City Council Agenda.) At the meeting, this subject was tabled to give staff more time to review issues presented by speakers and City Council Members. There will probably be a study session and then a new public hearing with the next 2-3 months.

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## ARCADIA POLICE BLOTTER

For the period of Sunday, August 26<sup>th</sup>, through Saturday, September 1<sup>st</sup>, the Police Department responded to 984 calls for service of which 114 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 26:

1. Around 1:05 a.m., an officer conducted a traffic stop on a silver Mercedes for failing to stop at a stop sign in the area of Golden West Avenue and Ardenale Avenue. An investigation revealed the driver was under the influence of alcohol. The 50-year-old Asian female was arrested and transported to the Arcadia City Jail for booking.

2. At approximately 6:50 p.m., an officer responded to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a theft report. Two suspects concealed merchandise inside a bag and exited the store without making payment. The 65-year-old male of unknown race and 59-year-old White female were arrested and transported to the Arcadia City Jail for booking.

Monday, August 27:

3. At about 9:40 a.m., an officer responded to the 000 block of East Palm Drive regarding a residential burglary report. Unknown suspect(s) entered the home through an unlocked bathroom window while the resident was at work, and fled undetected with a flat screen television. Officers were able to locate a set of fingerprints, and further investigation is being conducted by the Detective Bureau.

4. Around 11:07 a.m., an officer responded to the Arcadia Police Department front counter in regards to a fraud report. The victim explained unknown suspect(s) made unauthorized charges on two of her credit card accounts. She had no idea how her personal information was compromised.

Tuesday, August 28:

5. At about 5:30 a.m., an officer was dispatched to the 1000 block of Arcadia Avenue regarding a vandalism report. The resident discovered unknown suspect(s) scratched his BMW creating a 360° circle. No one saw or heard anything suspicious.

6. Shortly after 12:40 p.m., an officer responded to the intersection of Baldwin Avenue and Fairview Avenue regarding a two-party traffic accident. Party-two made an illegal left turn onto westbound Fairview Avenue and was struck by oncoming traffic. An investigation revealed the intersection was under construction, left turn lanes were coved off, and temporary "No Left Turn" signs were posted. No injuries were reported.

Wednesday, August 29:

7. At approximately 8:35 a.m., an officer responded to the 900 block of Fairview Avenue in reference to a vandalism report. The victim parked his vehicle in a private lot and later discovered two of his tires were slashed. He was unaware of any possible suspects.

8. At about 9:30 p.m., an officer conducted a traffic stop on a vehicle for expired registration in the area of Colorado Boulevard and Second Avenue. An investigation revealed the driver was never issued a license. The 38-year-old Hispanic male was cited, released in the field, and his vehicle was impounded.

Thursday, August 30:

9. Around 3:15 p.m., officers responded to the area of Magna Vista Avenue and Santa Anita Avenue in reference to a non-injury two-party traffic collision. An investigation revealed one driver fell asleep behind the wheel and swerved into another vehicle. The 29-year-old Hispanic male was determined to be under the influence of alcohol. He was arrested and transported to the Arcadia City Jail for booking.

10. At about 10:30 p.m., an officer was patrolling the area of Santa Anita Avenue and Santa Clara Street when he observed a vehicle with a broken tail light. A traffic stop revealed the driver had open containers of alcohol in the center console and was in possession of drug paraphernalia. The 56-year-old Black male was arrested and transported to the Arcadia City Jail for booking.

Friday, August 31:

11. At approximately 7:00 a.m., officers were dispatched to the 800 block of Fairview Avenue regarding a suspicious vehicle with no license plates. Officers made contact with the occupants who provided false identifying information; however, a records check revealed each had outstanding warrants. Two Black female adults and one Black male were arrested and transported to the Arcadia City Jail for booking.

12. Around 3:00 p.m., officers were dispatched to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a burglary suspect running through the parking lot. Within minutes, assisting officers detained the subject in the 700 block of South Ranch Road. An investigation revealed the suspect removed his handcuffs while inside the security office, pushed a loss prevention officer, and fled the store. The 18-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Saturday, September 1:

13. At about 1:30 p.m., officers responded to the 000 block of Warren Way regarding a disturbance inside a vehicle. An investigation revealed an argument between a boyfriend and girlfriend resulted in the male striking the female several times in the head, resulting in a bloody nose. The 19-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

## JOB & RESOURCE FAIR

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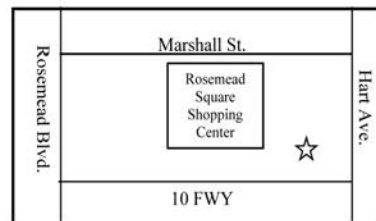
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## Vision and Fall Prevention Lecture and Health Screenings

Arcadia Senior Services in partnership with Methodist Hospital is having a special event on Friday, September 14, 2012 at the Arcadia Community Center, 365 Campus Drive. September is National Senior Center month and the City of Arcadia is showcasing Health and Wellness programs offered at the Arcadia Community Center. Starting at 10:00am guest speaker, Dr. Valerie Wren, an Associate Professor from Western

University's Eye Care Center will present a power point presentation that promotes vision and safety, plus strategies for fall prevention.

Regular vision checks and proper vision correction is one of the major recommendations from the Centers for Disease Control and Prevention. (CDC). Proper vision care helps prevent falls and traumatic brain injuries in older adults. This event is for people age 50 and over. Western University for Health Science will also provide a vision screening and fall assessment after the presentation. For additional information please call Arcadia Senior Services 626.574.5130.



Adorable cottage with lots of personality, built in 1909. The home has original hard wood floors, 2 nice size bedrooms with adequate closet space, 1 full bathroom, and a spacious living room. The kitchen has plenty cabinet space, breakfast counter/bar, and a dining area with windows looking out into deck and backyard. The backyard is large and private with endless possibilities. The home is located near restaurants, shops, and Memorial Park. Must see to appreciate!



This 2-story home is a hidden retreat with ample living space situated in desirable Marlborough Terrace in Sierra Madre. It is truly the ideal space for privacy, tranquility and breathtaking views. It features a private master bedroom downstairs, with secluded shaded outdoor area, walk-in closet, separate laundry room with utility sink, and master bathroom with luxurious spa. The den, has beautiful, espresso hardwood flooring, controlled recessed lighting for mood, and wired for surround-sound. The living room has a brick fireplace, beamed ceiling, adorned Birchwood walls, a large window, and French doors leading to a nice size wrap-around deck with stunning city views. It is perfect for entertaining and relaxing. The kitchen has ample cabinet space, and sufficient space for breakfast nook. The formal dining room, next to kitchen, is large and bright. Next to the view, the second best selling point is the carport which can accommodate 3 large cars. Must see to appreciate.

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# MONROVIA - DUARTE

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## “HONOR AMONG THE ASHES” CITY OF DUARTE HONORS THE 11<sup>TH</sup> ANNIIVERSARY OF 9-11

DUARTE, CA, September 4, 2012 –A memorial tribute to the victims of 9/11,” will be held Tuesday, Sept. 11 at 8:30 a.m. in the City of Duarte on the grounds of Beardslee Elementary School located at 1212 Kellwil Way in Duarte. The public is invited to share a time of inspiration and reflection in a ceremony that will include representatives from the City, School, County and State, and members of the Los Angeles Sheriff’s and

Fire Departments.

Students from Beardslee will sing patriotic songs, recite an inspirational reading, and participate in a memorial flower ceremony. Beardslee Elementary school children will also present to the Duarte Community Services Council canned food collected as part of a campus wide food drive. For more information, contact Airika Narcisse at 626 357-7931, ext. 267.

## MONROVIA POLICE BLOTTER

*During the last seven-day period, the Police Department handled 422 service events, resulting in 64 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website at <http://www.monroviapd.org> and follow us on Twitter for police notifications.*

### Vehicle Burglary

On August 30 at 7:58 a.m., a vehicle burglary was reported in the 400 block of Linwood. The victim parked his vehicle in front of a residence at 8 p.m. in the evening and returned to it the next morning at 7:50 a.m. When he returned to the vehicle, he found the door lock was punched. A CD player and subwoofers speakers were taken. Investigation continuing.

### Bank Robbery

On August 30 at 12:54 p.m., officers responded to a robbery at a bank in the 600 block of West Huntington. The suspect handed the bank teller a note, money was given to the suspect, and the suspect walked out. No weapon was seen. The suspect got into a silver, 2010 Chevy Impala and drove away. Surrounding agencies were notified. The suspect is described as a male, Black, 5' 8" tall, thin build, thin moustache, thin goatee, wearing a red, white and black plaid shirt and dark sunglasses. The investigation is continuing.

### Grand Theft from a Vehicle

On August 30 at 17:32 p.m., an officer was dispatched to the 300 block of West Palm regarding a theft from a vehicle. The victim parked her vehicle at 7:30 in the evening and did not lock it. When she returned to her vehicle in the morning, she found her laptop computer, purse with cash in it and her wedding ring had been stolen. Investigation continuing.

### Theft - Suspect Arrested

On August 31 at 9:30 a.m., a customer at a fast food restaurant in the 800 block of East Huntington left his briefcase full of valuables on the floor of the business and walked away briefly. While the man's attention was away from his briefcase, a male suspect took the case, walked out of the business and drove away with it. Through witness interviews, it was learned that the suspect possibly worked for a local business. The manager of the business was contacted and was able to identify the suspect on video surveillance as one of his employees. The suspect was contacted by phone and immediately returned with the briefcase. He was arrested for the crime and the stolen property was returned to its owner.

### Theft from a Vehicle

On September 1 at 9:29 a.m., an officer on patrol in the 200 block of West Olive observed an unoccupied, parked vehicle with the front passenger door open. He stopped and ran the license plate number, which returned to an address in the 200 block of West Olive. The officer made contact with the owners of the vehicle. They told the officer they had parked the vehicle the night before and had left it unlocked. The loss from the vehicle was a cell phone charger, a Bluetooth headset, and medication. Investigation continuing.

### Commercial Burglary - Suspect Arrested

On September 1 at 2:14 p.m., loss prevention at a business in the 500 block of West Huntington reported a shoplifter in custody. The suspect used a pair of scissors to cut tags and security sensors off merchandise and concealed the items on his person. He then exited the store without paying and was detained by loss prevention. The suspect was arrested and taken into custody.

### Grand Theft Auto

On September 1 at 3:44 p.m., a vehicle was reported stolen from the 500 block of Diamond. The victim parked his vehicle on the street in front of his residence in the evening. He locked and secured the vehicle and went inside. He returned to the vehicle at 5 a.m. the next morning and his vehicle was missing. The victim went to work and did not report the crime until he returned home from work. The vehicle is a gold, four-door, 1997 Honda Accord. Investigation continuing.

### Attempt Assault with a Deadly Weapon - Suspect Arrested

On September 1 at 4:33 p.m., Monrovia Library personnel reported a subject with a knife chasing the library security guard. Officers arrived and detained the suspect. Apparently, the suspect became upset while trying to use the copier in the library and began yelling at library employees and patrons. When the security guard tried to talk with the suspect, he pulled out a folding knife and began swinging it at the security guard. The security guard held his baton in front of the suspect to keep him at bay. Officers arrived and the suspect was arrested without further incident.

### Vehicle Burglary

On September 1 at 9:49 p.m., a vehicle burglary was reported at a business parking lot in the 800 block of West Huntington. An employee of a business parked her vehicle in the parking lot and went in to work. When she returned to her vehicle at 9:45 p.m., she found that someone had tampered with the driver's door. Upon further inspection of the vehicle, the victim noticed the hood had been opened and it appeared someone may have tried to remove parts from the engine, but had abandoned their efforts. No items were missing from the vehicle. Investigation continuing.

### Theft from a Vehicle

On September 6 at 1:41 a.m., a theft from an unlocked vehicle was reported in the 300 block of East Hillcrest. The vehicle was parked in the victim's driveway. The victim heard noises, looked out his window and saw an unknown suspect exit his vehicle and run eastbound. A purse was stolen from the vehicle. The suspect is described as a male Hispanic, 25-30 years old, medium build, wearing a white shirt, white shorts and white shoes. The investigation is continuing.

## NEIGHBORHOOD LEADERSHIP ACADEMY: REGISTER TODAY!

Join the ever-growing MAP Network by attending the Neighborhood Leadership Academy. This free Academy is a 6 week course that will guide you through local government, community resources and your potential as a pillar of positive change in the community - a MAP Neighborhood Leader.

The Academy gives participants the unique opportunity to meet city staff and officials, get a tour of Monrovia and dialogue with other community leaders.

After the Academy, Neighborhood Leaders are invited to quarterly trainings, networking opportunities and receive invitations to participate in other leadership roles in the community. Click here to learn more or to fill out an application!

Day/Hour: Thursdays, 7pm - 9pm  
Dates: September 20 - November 1  
Location: Monrovia Community Center  
Fee: FREE  
Ages: 18+



## DUARTE FLEXES ITS MUSCLES FOR 17TH ANNUAL ROUTE 66 PARADE AND CITY'S 55TH BIRTHDAY

*Body Builder Grand Marshals Brian and Jennifer Whelan*



With “Get Fit on Route 66” the theme of Duarte’s 17th annual Route 66 Parade on Saturday, Sept. 22, parade-goers are encouraged to flex their muscles when Grand Marshals and champion body builders, Brian and Jennifer Whelan pass by.

The Whelans are the owners of the popular Foothill Gym in Monrovia where they train and coach their clients toward a healthy way of life and fitness. They were recently titled Mr. and Mrs. Muscle Beach at Venice Beach. Jennifer is a national level figure competitor and Brian a top body builder.

Duarte’s own fitness guru, Stacey Park, owner and circuit coach of Curves is this year’s Community Grand Marshal. Park also serves the community as an energetic volunteer, active in the Duarte Chamber of Commerce and other local organizations.

Two longtime and beloved Duarte residents, Bill and Nita Norgard will be celebrated in the parade as Duarte Honored Citizens for their many contributions and years of volunteerism in the community.

The parade, which will lead off a day of festivities celebrating the City’s 55th Anniversary, will step off at 10 a.m., followed by the Duarte City Picnic and Classic Car Show at Royal Oaks Park from 11 a.m. to 4 p.m.

More than 100 parade entries will travel along a one-mile segment of Duarte’s historic Route 66, Huntington Dr., from Cotter St. east to Mt. Olive Ave. The colorful cavalcade, co-sponsored by the City of Duarte, the Route 66 Parade Committee and the Duarte Community Coordinating Council, will feature antique and classic cars, marching bands, equestrian units, and floats. Some 1,400 participants in all will take part in the event, including local school, church and community groups. The parade also attracts participants from throughout Southern California eager to share a role in the nation’s only annual parade to celebrate Route 66, the Mother Road, among them, 10 high school marching bands. Entertaining the parade crowd will be bands from Diamond Bar High School, Diamond Ranch High School, Ganesha High

School, Mayfair High School, San Dimas High School, Workman High School, Don Lugo High School, Beckman High School, Basset High School, and Duarte High School.

Business sponsors for this year’s parade are: City of Hope, Burrtec Waste, California-American Water, Performance Nissan, Rancheros Restaurant, Sonic, The Leven Oaks Assisted Living, Stor America, 7-11, Simon Rentals, Jan’s Towing, and DCTV.

Following the parade, the fun continues at the City Picnic at Royal Oaks Park. The public is invited to enjoy food, craft and game booths sponsored by community nonprofit groups. Two performance stages will offer a variety of live entertainment. The main Celebration stage will feature performances by As One, Colton B & the L.A. Hip Kidz, and Rage Crew, world champion dance group. Youngsters can enjoy a variety of special entertainment performed on the Children’s Stage, including children’s Pop band, Perfect Opposite. A free arts and crafts area will be located adjacent to the Children’s Stage, along with a mini-carnival area with free games and a giant inflatable slide.

Car enthusiasts and the whole family can get their kicks at the Route 66 Classic Car Show across from Royal Oaks Park. The car show offers an opportunity to take a close-up look at some of the many beautiful antique and classic cars featured in the parade.

Opened in 1926, Route 66 was the first highway to connect Chicago to Los Angeles. It was nicknamed the Main Street of America because it passed through the heart of communities, including Duarte, more than 2,000 miles from the Great Lakes to the Pacific Ocean. Route 66 was decommissioned in 1973 when the interstate highway was completed, but the love and lore of Route 66 lives on.

For more information about Duarte’s Route 66 Parade and Classic Car Show, visit the event website, [www.duarteroute66parade.com](http://www.duarteroute66parade.com). For additional information about the City Picnic contact Duarte Parks and Recreation at (626) 357-7931.

#

## THE MONROVIA PUBLIC LIBRARY WILL HOST SOCIAL MEDIA: A TWO PART EVENT

*Thursday October 4, 2012*

This program will be held at the library located at 321 South Myrtle Avenue and is supported in whole or in part by the U.S. Institute of Museum and Library Services.

Part one: “Social Media Marketing Made Simple” is presented by Kelly Flint, who will provide insight on social media and its value to small businesses. Kelly will provide strategies and best practices on how to evaluate what’s best for your business and how to create content for marketing campaigns. This free workshop will be held from 12:00 p.m. to 1:30 p.m. in the Library Community Room. Pre-registration is encouraged. Stop by the Adult Reference Desk, call 626-256-8274, or visit [www.monroviapubliclibrary.org](http://www.monroviapubliclibrary.org) and click on the Library Calendar and follow the registration link.

Part two: “Facebook for Business” is an optional fee-based Boot Camp program sponsored by SCORE Los Angeles. The hands-on program is presented by David and MJ Finstrom, owners of HUTdogs. This session focuses on using Facebook pages for business and non-profits. Coaches will help attendees move forward with their Facebook page. Bring your own laptop. The fee-based Boot Camp will be held from 2:00 p.m. to 4:30 p.m. in the Library Community Room. The \$139 fee is payable in advance or at the door. Pre-registration is encouraged online only. Visit [www.monroviapubliclibrary.org](http://www.monroviapubliclibrary.org), click on the Library Calendar and follow the registration link.

Thursday October 4  
Library Community Room  
12:00 pm to 4:30 p.m.  
Part 1: Free - Part 2: \$139.00

## MONROVIA HIGH SCHOOL SCIENCE STUDENTS WIN SPECIAL NASA INFLIGHT EDUCATION DOWNLOAD

By Joan Schmidt

Arcadia High School has its awesome Government students thanks to teacher Kevin Fox. Move over Arcadia. Now it’s time for Monrovia High School to shine, thanks to Science Teacher, Pamela Thompson, who refers to herself as a “space geek.”

NASA has a special Inflight Education Program which allows select schools throughout the country to link up directly to astronauts for a video conference as they orbit the Earth on the International Space Station. Forty-two schools applied for this great opportunity, but only six were chosen, and Monrovia High was one of the six!

Ms. Thompson related that “They loved our proposal” and “We’re really, really super excited about it, because it’s really a special thing.”

Although the download will be hosted at the high school, elementary and middle school students will also have the opportunity to participate in this great experience. The event will be broadcast to other Monrovia schools, so the entire district will be included.

Ms. Thompson plans to compile twenty student questions for the 20 minute download session which will be on March 8.

To participate in this video conference, the class will learn about how the download technology works by going through a whole series of NASA activities.

Congratulation Ms. Thompson for providing such an extraordinary learning experience not only for high school students, but all students in the Monrovia Unified School District.

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## 171 FRESHMEN JOIN LA SALLE AS CLASSES BEGIN

## SCHOOL DIRECTORY



Enjoying the first day of school are from left, sophomores Patrick Quadra, Julia Villamater, Stella Ponttelli, Tyler Artis and Kennedy Gordon. Photo by John Blackstock

La Salle High School began its school year on August 23 as 171 new freshmen joined the Lancer student body. The Welcome Orientation on August 22 featured small groups of freshmen with their "Senior Class Buddies" on a tour of the campus, video presentations and a run-through of classes. A pizza lunch was followed by a rally. At La Salle High School, there are 710 students from ninth through twelfth grades; with a majority that live in the San Gabriel Valley. They join new Principal, Brother Christopher Brady, FSC who began his tenure as principal on July 1, 2012. "I am very please to, once again, be a member of the La Salle family," said Brother Christopher. Former principal, Patrick Bonacci, AFSC is now the Vice President for Mission.

With over 65% of the teaching staff holding Master's and PhD credentials that allows them to teach at the college level, La Salle draws educators who choose to teach in La Salle High School's nurturing environment, developed from a 350-year Christian Brothers' Lasallian educational tradition. To maintain our Catholic identity, two-thirds of our entering freshmen class are of the Catholic faith. In addition, Nearly 25% of our school population receives partial or full tuition need-based assistance due to the generosity of our extended La Salle family, donors and supporters.

The La Salle Lancers field 22 teams on the varsity level. Student Life, visual and performing arts, honor and service societies, student clubs and organizations, and student television broadcasts and publications, provide a healthy and warm community atmosphere for all La Salle students. During the last five years 99.7% of our graduates have gone on to college with 87.4% going to four-year institutions. La Salle High School is accredited by the Western Catholic Education Association (WECA) and Western Association of Schools and Colleges (WASC).

## PUSD TO BEGIN TEXT MESSAGING FOR PARENT AND PUBLIC COMMUNICATION

Text 'PUSD' to 888777 to Receive Alerts from the District

Pasadena, CA --- The Pasadena Unified School District (PUSD) today announced that parents, students, staff and community members now have another way to receive information from the district. PUSD has partnered with Nixle to provide emergency alerts, district updates and school news via text message and email in both English and Spanish. Nixle is a leading mass notification provider used by thousands of schools, police departments, fire departments and other government agencies around the country.

The aim of the program is to reach PUSD students, parents, faculty and staff quickly by text message and email in the event of an emergency and to improve the quality of communications between the district and the surrounding community and stakeholders. Examples include inclement weather advisories, campus emergencies, closures and early dismissals, event reminders and school newsletters.

Residents can immediately begin opting-in to receive notifications by simply texting the word 'PUSD' to 888777; or, for Spanish-language

messages, text 'PUDESPANOL' to 888777. Standard text messaging rates associated with mobile phone service plans may apply. It is also possible to sign up for the notification service at the PUSD website, [www.pusd.us](http://www.pusd.us).

"We want to make sure our students and their parents receive the information that matters most to them, whether it is an urgent safety alert or an update on an afterschool activity," said PUSD Superintendent Jon R. Gundry. "With Nixle, we have the ability to send timely, relevant notifications quickly and efficiently to the Pasadena, Altadena and Sierra Madre communities. The windstorms of 2011 taught us that we need every communication tool available in English and Spanish the next time we need to alert the public due to an emergency."

One can also receive news and information from the district by texting 'PUSDNEWS' to 888777; or, for news and information in Spanish, text 'PUDENOTICIAS' to 888777. Individual schools will soon have the ability to establish opt-in keywords and begin texting to their parents, students, alumni and surrounding community.

In addition to notifying the school community, Nixle's award-winning approach to mass notification further integrates PUSD into the surrounding neighborhoods and cities. Nixle's partnerships with area law enforcement agencies, including the Los Angeles County Sheriff's Department and the Pasadena and Sierra Madre Police Departments allow the district to also share critical, high-priority alerts with area residents in situations where such notifications would also be of interest to the community at-large.

Text messaging will complement the phone and email communication and Twitter and Facebook presence that is already being used by the district. The use of mobile communication by PUSD follows the nationwide trend of how people prefer to receive news and information. According to a 2012 Pew Research Center Study, 47 percent of adults receive local news or information on their mobile device.

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### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: David L. Vannasdal

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Joanne Testa Cross  
Kindergarten - 8th grade  
website: [www.barnhartschool.com](http://www.barnhartschool.com)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, CA 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsliions.org](mailto:jml@bcsliions.org)

### Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road  
Pasadena, Ca. 91107 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951  
website: [www.lasallehs.org](http://www.lasallehs.org)

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2000,  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Norma Coombs Alternative School

2600 Paloma St. Pasadena, Ca. 91107  
(626) 798-0759 Principal: Dr. Vanessa Watkins  
E-mail address: [watkins12@pusd.us](mailto:watkins12@pusd.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Dr. Derick Evans  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### Pasadena Unified School District

351 S. Hudson Ave. Pasadena, Ca. 91109  
(626) 795-6981 website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Gayle Bluemel  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Gayle Bluemel  
Contact person: Garrett Newsom, Asst. Principal  
E-mail address: [gbluemel220@pusd.us](mailto:gbluemel220@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204

### Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### Pasadena Unified School District

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

## THE REEL DEAL: by Ben Show

Movie Reviews Especially for Teens & 'Tweens

## PREMIUM RUSH

The last big movie of the summer is definitely an adrenaline packed surprise. Once the movie starts, it keeps you going until the very end. I honestly had very low expectations for this film, but it proved me completely wrong. This was a great end to the summer.

The calamity starts with Wilee (Joseph Gordon-Levitt), a New York bicycle deliveryman, picking up an unusual package. From there he's pursued by police, one particularly persistent cop (Michael Shannon), and even his fellow workers. Using a clever timeline plot point which keeps you tied to the movie, and even a little heart, Premium Rush did not disappoint.

With a story like this, and how it was told, this movie could have easily been a flop. That, however, is not the case. Both director (David Koepp) and writers (David Koepp, John Kamps) used all of their film making skills to make this movie the best it could be. I will say that it was good that they had one well known actor, Joseph Gordon-Levitt, to catch people's attention.

While this probably won't go down as one of the greatest movie's of all time, it was a well told and well acted action film that brought the summer movie season to a close. Ben Show is local Monrovia going into the eighth grade. He loves to read, write, and watch movies. He can be reached at [benshow@earthlink.net](mailto:benshow@earthlink.net)



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FOOD EVENTS FOR THE WEEK OF SEPTEMBER 10TH, 2012

Here are a couple of food events that are coming up that you won't want to miss.

First is the culinary event at Vons in Pasadena this Friday, September 14. I will be on hand to pour singer Dave Mathews' Dreaming Tree red and white wines, and Chef Claud Beltran from Noir Restaurant will be offering up his famous gumbo. Admission is free. As a reminder, this is a tasting, and if you like what you taste, the wine will be on sale at a special price.

TABLE FOR TWO by Peter Dills  
thechefknows@yahoo.com

Next, speaking of gumbo, you won't want to miss Mumbo Gumbo with Noir Restaurant on Sunday, September 16 from 3:00-7:00 p.m. For more information please call (626) 234-6081. Mumbo Gumbo tickets are on sale now at [www.gumbofestpasadena.com](http://www.gumbofestpasadena.com), and the event will be at the Boston Court Performing Arts Center Backlot in Pasadena. If you purchase two tickets and check in with YELP upon arrival, you'll receive a YELP bag and \$30 certificate to the Zagat Award winning Noir Food & Wine.

Mark your calendars! Coming on September 18: the 21st Annual "A Taste of Old Pasadena" The Pasadena-Foothills Association of REALTORS® (PFAR) proudly presents its 21st annual "A Taste of Old Pasadena" on Tuesday, September 18, from 5:30 – 9:00 pm. Sample your way through Old Pasadena's finest restaurants on a self-guided walking taste tour. Tickets are \$30 and are available at the Pasadena-Foothills Association of REALTORS® at 1060 E. Green Street #100, Pasadena, CA 626-795-2455 or sold the day of the event in front of select restaurants.



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THIS FOOTBALL SEASON, TAILGATE WITHOUT WORRIES  
Tips on How to Avoid Food Poisoning

The official starts of professional, college and high school football seasons are just beginning and many Americans are looking forward to the time-honored tradition of tailgating. During these pre-game festivities, usually in the stadium parking lot, there is always an abundance of food from burgers and potato salad to sandwiches and desserts.

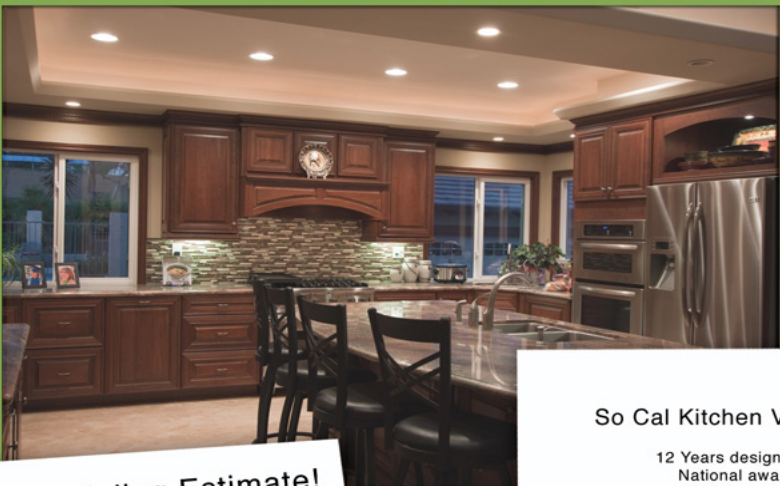
"Tailgating is as American a tradition as football itself, but foodborne illness can be a game changer if proper food handling practices aren't followed," said Cheryl Luptowski, Public Information Officer for NSF International. "Taking simple precautions can keep you, your friends and family safe and let you concentrate on enjoying the game."

Here are some tips to keep in mind when tailgating:

1. **Avoid false starts.**  
Bringing a meat thermometer to the game will help you avoid taking food off the grill too soon and serving it undercooked to your fellow fans. You can't rely on your eyes alone, so use an NSF-certified food thermometer to make sure foods are cooked to the proper minimum internal temperature:  
Whole or ground poultry — 165° F  
Ground meats (other than poultry) — 160° F  
Fresh fin fish — 145° F  
Fresh whole (not ground) pork, beef, veal — 145° F with a three-minute rest time
2. **Put your marinade on the sidelines.**  
When preparing for the big day, keep your marinade in bounds. If you need some for basting, do not use marinade that has come into contact with raw meat. Instead, set aside a small amount of prepared marinade in a separate dish and bring it to the game.
3. **Play defense.**  
Take defensive measures to protect you and your family against germs by:  
Bringing wet wipes and hand sanitizer to the game. Make sure you sanitize your hands frequently, especially after putting raw meat on the grill and before eating.  
Bringing two sets of utensils and dishes if grilling raw meat — one for use with raw foods, the other for cooked foods.  
Having a plastic bag handy to store dirty utensils or dishes that have touched raw meats to prevent spreading germs in a cooler or in your car after the pre-game meal.
4. **Prepare for kickoff.**  
Cooking outside makes it challenging to avoid cross-contamination. Prepare for the big day by packing three coolers: one for your raw meats, another with your pre-made foods (e.g. potato salad, vegetables) and a third for your beverages. Pack the food at the bottom of the cooler and the ice on top to better insulate the food and keep it at a safe temperature of 40° F. As partygoers often open coolers to get drinks, pack beverages in a separate cooler to avoid frequent opening of the coolers containing perishable foods.
5. **Don't let your food go into overtime.**  
While it's tempting to display your game day food spread, it should not be left out for more than two hours (or one hour on days over 90° F) to avoid bacterial growth. Keep perishable foods in coolers to help keep them at safe temperatures as long as you can, and don't take them out until right before it's time to eat.
6. **Create a neutral zone.**  
Come prepared with trash bags and create a neutral area to dispose of garbage, empty cans or bottles, and unwanted leftovers. Keep your tailgating area neat and avoid placing glass bottles on the ground where they could be tripped on or broken. When game time is over, throw out your garbage on your way out of the stadium if possible rather than leaving it in your car where bacteria can grow and spread to other surfaces in your car.  
"Tailgating is a fun way to celebrate before watching your favorite team play, but can be ruined if you don't follow the rules of food safety," said Luptowski. "These tips will keep food poisoning at bay, and help make the pre-game experience a safe and happy one."  
Additional food safety information can be found by visiting [http://www.nsf.org/consumer/newsroom/kit\\_food\\_safety.asp](http://www.nsf.org/consumer/newsroom/kit_food_safety.asp) or contacting the NSF Consumer Affairs Office at [info@nsf.org](mailto:info@nsf.org).



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INGREDIENTS:

- 3 cups all-purpose flour
- 1 1/2 tablespoons garlic salt
- 1 tablespoon ground black pepper
- 1 tablespoon paprika
- 1/2 teaspoon poultry seasoning
- 1 1/3 cups all-purpose flour
- 1 teaspoon salt
- 1/4 teaspoon ground black pepper
- 2 egg yolks, beaten
- 1 1/2 cups beer or water
- 1 quart vegetable oil for frying
- 1 (3 pound) whole chicken, cut into pieces

DIRECTIONS:

In one medium bowl, mix together 3 cups of flour, garlic salt, 1 tablespoon black pepper, paprika and poultry seasoning. In a separate bowl, stir together 1 1/3 cups flour, salt, 1/4 teaspoon pepper, egg yolks and beer. You may need to thin with additional beer if the batter is too thick.

Heat the oil in a deep-fryer to 350 degrees F (175 degrees C). Moisten each piece of chicken with a little water, then dip in the dry mix. Shake off excess and dip in the wet mix, then dip in the dry mix once more.

Carefully place the chicken pieces in the hot oil. Fry for 15 to 18 minutes, or until well browned. Smaller pieces will not take as long. Large pieces may take longer. Remove and drain on paper towels before serving.

SIERRA MADRE FARMERS MARKET  
New Hours

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday in fall and winter. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

Sierra Madre Kiwanis Club's  
Pancake Breakfast



Saturday, September 22  
7:00 to 11:00 a.m.  
in Memorial Park  
\$5.00 donation



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## Happy Tails

by Chris Leclerc

### THE CULTURALLY CORRECT CORDIAL CANINE

I have always been amazed at the many ways that a dog can change a human being's life for the better. There are various and sundry reasons why the family dog has earned the age-old title of "man's best friend", and rightfully so. Among the many character virtues that the canine shares with his two-legged human companions, most amazing to me is that fact that the dog is capable and more than willing to bridge the gap between humans of differing ages, cultures, lifestyles and languages. The idea that a dog is actually capable of bringing people together, who would otherwise most likely not even bother to share the time of day with one another, really hit close to home for me one day while I was out walking the local hills with a couple of my canine companions.

I am a person who appreciates diversity in my life. I have an eclectic collection of friends, including people of various colors, shapes, sizes, ages and walks of life, but I must admit that I am only human, therefore I do still notice the differences between myself and others. No matter how hard I try to ignore or even erase thoughts and preconceptions that may come to mind when I cross paths with people who look or act different from myself, there are times when I make certain presumptions based on appearance or behavior and I try very hard to suppress it, but the thoughts still come none-the-less. I realize that my mind works this way because, in spite of having parents who taught me to be color blind when it comes to being kind to others, I was raised in a deep southern-steeped culture that inherently encourages identification of others according to the color of their skin, racial origin, behavioral patterns, or even financial status, and I think that is very unfortunate. If I could change that about my past, I most definitely would. But, it is what it is and all one can do is live one's own life the way they know they should. I said all that to say this... Thank God for dogs!

During a nice long walk with "Bo" and "Loucie", two of my favorite four-legged furry friends, we were trekking up Grand View towards the Arcadia highlands, when we happened to cross paths with an older couple walking two darling little silky terriers. Because Bo and Loucie are always very cordial in dealing with other dogs that we meet along the way, I was not concerned about a potential canine confrontation, so we stayed steady on our trail rather than crossing to the other side of the street.

As we drew closer to the couple who were walking towards us on the same side of the road, I looked up at them, gave them a great big, "hey there, so happy to meet ya" kind of smile, and said "good morning!". Initially, they both looked away in what almost appeared to be embarrassment. My thought is that they were not completely comfortable with my greeting, simply because they are not completely comfortable with their skills in speaking the English language. Apparently, however the two dogs I was walking spoke the same language as the two that they were walking, so all four of the 4-leggers greeted each other with nothing but confidence and appreciation and within a moment's time, we humans followed suit and stood and watched the dogs interact and socialize with intent vigor.

By the time we parted ways, having observed such kind and reciprocal social behavior between our pets, I felt I had made a couple of new friends that I hope to bump into again in the near future, and I would like to think that they felt the same way. See what I mean? How cool is it that our pets can play such a major part in bridging a gap between ourselves and others we may otherwise not relate to? That is what prompted me to share this short and simple (yet, hopefully effective) story about the value of a dog's social virtues. Perhaps we humans should be more willing to learn and benefit from the canine's example of behaving in a 'culturally correct' manner.

Meanwhile, our beloved pets are always there for us, whether it be within our own four walls, or when we are out and about in town. Let's be thankful that God made creatures such as the canine to help us humans work through the quirky imbalances of our social skills, and take a lesson from their willingness to get along regardless of color, size or shape. Who knew the dog could be such a valuable teacher? Probably them! Ha!



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### PET OF THE WEEK: NATHAN #A4478962

Meet a debonair fellow that will charm his way into your heart, Nathan (A4478962). Nathan is a well-balanced seven year old brown male Shetland Sheepdog mix who was found in El Monte on August 22nd and brought to the Baldwin Park Animal Care Center. Weighing twenty-three pounds, Nathan walks well on the leash and stands patiently for grooming. He is great with other dogs and shelter volunteers can picture him being good with children. Nathan is calm, medium-sized and has a medium energy. He will be the perfect indoor pet for absolutely anyone in any living situation. To watch a video of Nathan please visit: [www.youtube.com/watch?v=znIGZt68XTU](http://www.youtube.com/watch?v=znIGZt68XTU)



To meet Nathan in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Nathan, please reference his animal ID number: A4478962. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Nathan or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [samanthasayon@gmail.com](mailto:samanthasayon@gmail.com) or 661-309-2674. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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## SPORTS

### LA SALLE TOPPLES GLENDALE 45-16

Photos by John Blackstock



School's back in session and the Football season has begun. The La Salle Lancer's started their season out with a super sized victory over the Glendale High School Nitro's - 45 to 16.

According to the LA Times reporter Charles Rich, much of the victory is to be attributed to the team's "all-purpose standout Israel Lacy, who enjoyed arguably the biggest game of his career", scoring two kickoff returns and rushing for a touch down last Friday.

"I have to give the guys in front of me all the credit because they opened up quite a few huge holes," said Lacy, who helped the Lancers improve to 2-0. "I saw those holes and busted right through.

"I liked the way we were able to come out strong and we were fighting from the beginning. We went out there and made things work."



Top left: #3, Amir Evans, Senior running back; Bottom left, #6 Marcus Tappan, Senior fullback; Above, #11 Israel Lacy, Junior running back returns kickoff for a touchdown

#### Coming Up:

9/14/2012	7:00PM	4:30PM	Away	Maranatha High School
9/21/2012	7:00PM	3:30PM	Away	Westchester High School
10/5/2012	7:00PM	NA	Home	Verbum Dei High School Kohorst Field
10/12/2012	7:00PM	3:00PM	Away	Mary Star of the Sea High School
10/19/2012	7:00PM	2:30PM	Away	Bishop Montgomery High School
10/26/2012	7:00PM	NA	Home	Cantwell Sacred Heart of Mary High School
11/2/2012	7:00PM	NA	Home	Bosco Tech High School Kohorst Field



JASMINE’S CORNER

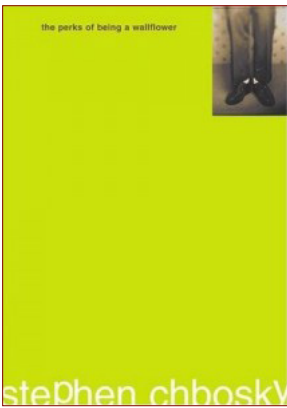
Book Reviews by Jasmine Kelsey Williams

THE PERKS OF BEING A WALLFLOWER

By Stephen Chbosky

When it comes to this next selection, ‘The Perks of Being a Wallflower’ is a definite must-read. Although copyrighted in 1999 and reprinted in paperback in August 2012 by MTV Books/Gallery Books, ‘Perks’ really brings in a new perspective in the delicate world of adolescence and growing up. Written by Stephen Chbosky and a New York Times bestseller, ‘Perks’ really provides its unique perk from the perspective of our main protagonist named Charlie who provides his personal narrative by having three separate parts outlining the most defining and pivotal moments of his life. Each part lacks chapters and instead is written not just from Charlie’s point of view, but done so as letters to someone simply called ‘Friend’. This little fine quality is what gives ‘Perks of Being a Wallflower’ its quirky charm and leaves something to the imagination of the reader; it is never revealed if the ‘friend’ is an actual character or if Charlie is addressing the reader themselves. All that matters for the reader is that the focus is on Charlie, the socialization with his friends Sam (Charlie’s love interest) and Patrick (who can be just as reserved as Charlie is), and how he interacts with family. But there are also Charlie’s own personal experiences, how he is more of an observer than a participant of life, how he interacts at school, and the relationships maintained with those around him. His casual tone and mellow personality provide a very fitting combination for teenagers of the past, present, and even future which provides a very calming and introspective atmosphere of navigating the world of growing up. To also add to its flair, ‘The Perks of Being a Wallflower’ has also been made into a movie adaptation and will be released later this month.

Editor’s Note: Ms. Williams is the latest addition to the Mountain Views News family. A young writer alumni of Pasadena City College, she brings a new voice to our Arts and Entertainment section. Welcome Jasmine.



SEAN’S SHAMELESS REVIEWS:

Review By Sean Kayden

NOW IS THE TIME TO BREAKTHROUGH WITH BREAKING BAD

If you’re not watching ‘Breaking Bad,’ we have a big problem. There’s nothing quite like the astonishing odyssey of this beloved series.

Last Sunday night was the mid season finale to the greatest show on television. Many loose ends were tied up, but as anticipated, we were left with a cliffhanger that will surely put the final eight episodes in overdrive next summer. This fifth season had to follow-up probably the best season of ‘Breaking Bad,’ which is not an easy task. Somehow B.B. managed to still be stellar as usual, but drastically different too. After a continuous being on the edge-of-your-seat during the duration of season four, this current season was a lot more methodical in the terms of its brilliant storytelling, while additionally being tighter paced, and focusing heavily more so on the rise and (soon to be?) fall of Walter White. This first half of season five feels more like a direct response to the outcome of season four. It was all about covering their tracks and essentially boiling down to every man for himself, no matter the relationships, either personal or professional.

At the same token, never does the show feel falsely depicted, contrived, or convenient in character motivations and actions as well as plots and subplots. Everything was seemingly perfect, but exhaustively contemplated with each beat by beat. It’s absolutely remarkable how the writers make references from previous episodes from even prior seasons. Seriously, with some of the best writing, directing, and acting on both television and

the big screen, ‘Breaking Bad’ continues to unravel with all its complexities, intricacies, and well-thought out plots into perhaps the finest television series of all time.

I’m not here to give away any spoilers, but to commend the show for being so damn good all these years and never once feeling as if it was running out of steam. With the final eight episodes premiering next year, I’d like to take a moment to advise anyone reading this to queue up your Netflix (or any other service you fancy) and start watching this unbelievable, one of a kind television series. I’ve recommended the show to a number of friends, many of whom have never invested any reasonable time to a given television series in their lives. However, these several individuals became hooked within the first few episodes and now watch it religiously.

Regardless, ‘Breaking Bad’ is worth every bit of praise and then some. It’s not one of the shows where so many people like it and you think you’ll be the one person who hates it. The show rattles your bones, hits you over the head repeatedly and tears you limb from limb at times. Like I’ve said, when watching this undeniably mesmerizing work of art, you’ll be utterly enthralled with the main characters, secondary characters, nuances, metaphors, foreshadowing, twists and turns, and the universe as a whole as you continue to go along. It’s a wild ride unlike anything you’ve seen and it’s coming down to the finish line, but it’s not too late to jump on board. You have ten months from now till the start of the final eight episodes.

Do yourself a big favor and start watching it today. You’ll be delighted you did, as you’ll be experiencing one of the greatest television series of all time. And when Summer 2013 is bestowed upon us, you’ll be prepared for what may very well be the best eight hours of television ever.

HEALTH & FITNESS

THE JOY OF YOGA

COMFORTABLE AND STEADY



Sukha and stira are the words for comfortable and steady in Sanskrit. If there was a goal in yoga, it would be just this. The yoga postures gradually get more and more challenging and yet we strive to have the same comfort and steadiness in each of them, whether or not they are beginning or advanced. In a step by step process (krama) we work toward calm and steady breath, calm and steady postures and ultimately a clam and steady mind. These are the teachings of the Hatha tradition, or classical yoga.

Sure we want flexibility. Sure we want toned muscles. And we want to have fun. But comfortable and steady leads to happiness. Sensationalism is just that. Over-stimulation or over-indulgence do not foster calm and steady. These things just add to our addiction to adrenalin. Over-stimulation eventually burns us out. Some styles of yoga and fitness can contribute to the addiction, leaving us temporarily ‘high’. But what we want is a lasting steadiness. A peaceful calm that allows us to access our wisdom, a clear mind and comfort in our own skin.

One of the ways that we can do this is by practicing longer holds in the postures. Concentrating on the steadiness of the muscles and breath. You see, we need to train the mind to be comfortable and steady. In our fast-paced world, it is no longer a natural state. It is a choice. A choice that we must work on everyday. From that calm, we make good choices for ourselves, wise choices. We can create a life of harmony. See you in class ready for some calm and steady.

Namaste, Rene

FITNESS MADE EASY

by Kurt Vasquez

TAKE IT OFF SLOW, KEEP IT OFF LONGER

The most common question that I get as a personal trainer is “what should my diet look like”. If your goal is weight loss then you know that increasing cardiovascular exercise will help you lose weight and strength training allow you to keep it off. The real hard work comes with changing the way you eat. The truth is that every diet works!

No matter which discipline...Atkins, Mediterranean, Paleo and/or weight watchers, any and all of them will help you lose weight. Our problem as a society is failing to stick to a diet, when that happens the pounds creep back on and then some.

My philosophy to recommending dietary changes is constructed around the long-term outlook. “Take it off slower and keep it off longer” is my mantra. No matter which discipline you choose, make sure that it is something that you can follow for the rest of your life.

My clients who have had the most success with weight loss have slowly reengineered how they eat over a matter of a few years. They set a longterm overall goal but also short term and easily attainable milestones that keep their eyes on that prize.

Say your overall goal is to lose 30 pounds, the first 5-10 pounds will quickly come off just as a product of the change in your dietary and exercise habits. It is the next 20-25 pounds but are challenging so then your next milestone needs to be smaller as well as given a greater length of time. Your next milestone should look something like 5 pounds every two to three months. I know that calculates to a year but for some of us the weight loss battle has lasted a lifetime. Advertisers would have us believe that what we put on over several years should only take months to take off. They say nothing about keeping it off, wonder why?

Once you have met your goal, the harder challenge begins...trying to keep it off. There will be holidays, celebrations and situations where we will want to treat ourselves and indulge. I for one I’m all about the indulgence, hard work deserves reward. If your reward revolves around food, make sure you have earned it and remains a reward that you only get once in a while. If you have gotten carried away, gained weight back and think all is lost, remember YOU ARE ONLY ONE MEAL AWAY FROM GETTING BACK ON TRACK. Once you pick a diet, ask yourself if you can eat using its principles for the longterm, thats what it will take for you keep weight off over your lifetime.



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Saturday, September 15, 2012  
Covina Park

CHECK IN: 8:30 a.m. just north of the Bandshell • START TIME: 9 a.m.  
BIKE DISTANCE: 30 miles max. (3 mile route around scenic Covina)  
WALK DISTANCE: 1/4 mile dirt track or .6 mile sidewalk route around Covina Park  
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We want to make it easy for you to join us for a fun morning of biking or walking! Instead of raising money on a “per lap” or “per mile” basis, we are asking that riders or walkers simply request sponsorship to ride/walk or make a donation themselves.

Call Citrus Valley Health Foundation at (626) 814-2421 for registration and pledge forms.

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**One Of A Kind:** *Featuring unique homes and gardens and the people who create them* Story by Chris Bertrand. Photos courtesy Thornton and Orme



## JUST LISTED: HISTORIC 1880 HOME IN GLENDDORA

In 1877 the families of Philip Shorey, John P. Englehart, Cal Johnson, J. Charles West and James J. West settled in the Glendora area.

According to the Glendora city website, [www.ci.Glendora.ca.us](http://www.ci.Glendora.ca.us), "Before the turn of the century, vast groves of orange and lemon Glendora Heights Extra Fancy citrus crate label trees began to establish Glendora as a center of the new Southern California citrus industry. In 1896, Glendora built its first packing house, and for a while the largest citrus packing house in the world was located here. Glendora had the great honor of loading a weekly supply of oranges and lemons aboard the Santa Fe train bound for the White House dining table of President William Howard Taft during his term of office from 1909 to 1913."

The West's land purchases included the property where today's featured home is located. Local lore suggests the property was purchased for a shotgun and a mule, according to the current owner. They are told the site of the home was originally a sod house in the middle of a citrus grove, used as a storage facility for the fruit grown there.

The delightful three bedroom, 1392 square foot main home was constructed in 1880 in the Queen Anne Victorian style. The floorplan is flexible and offers twelve foot ceilings, transom windows over substantial wood doors, even a claw foot tub!

"When I saw the house, I knew I just had to have it," chuckled the owner. "I didn't even know why at first. I walked through it one time and was charmed, and fell in love with it. It's so peaceful and quiet!" Though the home offers central air conditioning, a part of the charm of this home is its expansive front porch and second screened porch.

A second outbuilding was originally part of a carriage house, now divided into three areas, including a garage, workshop and a study or guest room, which features an antique sink and wood burning stove.

Outside, the homesite is very private, almost removed from the neighborhood and town, surrounded with mature trees and water features including a koi pond and wine barrel waterfall.

The current .34 acre homesite feels extremely secluded by its perimeter landscape, yet is



an easy walk to the wonderful boutiques and restaurants in "The Village" shopping area, primarily on N. Glendora Avenue. Shop owners pride themselves in their personalized service, as well as high quality cuisine and merchandise, whether casual or elegant.

Glendora, a city of 2.5 square miles, was incorporated in 1911. Today its city limits encompass 19.5 square miles, with a population of approximately 52,000. Several commercial developments in the city's Diamond Ride and Glendora Market Place include large retailers and a multiplex movie theater, providing a significant tax base for the community.

In addition to proudly celebrating its historic centennial last year, the city maintains its small town personality, with its Christmas and Homecoming Parades.

Excellent public education has always been a priority in Glendora. In fact, according to the city website, "California approved legislation to build union high schools in 1891, and Citrus Union High School was the first to be established in the State. In 1915, Citrus College became the first Junior College in Los Angeles County."

Today's student test scores are still top notch, and can be viewed at the district website, [www.glendora.k12.ca.us](http://www.glendora.k12.ca.us) along with other information about this highly rated school system.

250 N. Live Oak Avenue in Glendora is offered at \$450,000 by Sue Orme of Coldwell Banker. For more information about this unique home, call 626-826-8511 or 626-893-3303.



### Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou Realtor®

## WHEN LESS COSTS MORE

"Timing the market" in real estate doesn't work the way it does with stocks. Homes are bought and sold more out of necessity than to make an easy buck. However, some indicators give a clue when it's a good time to buy. Like now!

Despite the fact that rates are low and prices may still drop, now is the time to move if you have good credit and funds for down payment. It would be a mistake to "wait and see" if rates or prices fall any more. Why?

Rates are low now because of federal bailouts, but continued low rates can fuel inflation. Fear of inflation causes "the Fed" to raise those rates. Waiting for a lower price on a home while interest rates rise could make the home more expensive.

Example: purchasing a home now for \$177,000 at 5% could make the total cost around \$370,000 by the end of the loan term. But what if you wait for prices to fall more, and next year you get that home for \$160,000. You saved \$17,000 - right? Wrong!

If rates rise 2% during that time, you could pay over \$400,000 over the life of the loan - \$30,000 more than if you bought now! If the math is still fuzzy to you, call me and I'll be glad to crunch the numbers with you. You'll be glad you did.

*Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in the Greater San Gabriel Valley. Luther Tsinoglou has again been named a top producing sales agent with Podley Properties for 2011, making the top 10% at the company overall. Luther can be reached at his direct line (626) 695-8650 or at [luther@tsinoglou.com](mailto:luther@tsinoglou.com)*



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## HOW TO RECOGNIZE AND GET HELP FOR DEPRESSION

Dear Savvy Senior:

Where can I find help for depression? My husband, who's 68, has become lethargic and very irritable over the past year, and I'm concerned that he's depressed. Worried Wife

Dear Worried:

Depression is unfortunately a widespread problem among U.S. seniors, affecting approximately 15 percent of the 65-and-older population. Here's what you should know, along with some tips and resources for screening and treatments.

### Recognizing Depression

Everyone feels sad or gets the blues now and then, but when these feelings linger more than a few weeks, it may be depression. Depression is a real illness that affects mood, feelings, behavior and physical health, and contrary to what many people believe, it's not a normal part of aging or a personal weakness, but it is very treatable.

It's also important to know that depression is not just sadness. In many seniors it can manifest as apathy, irritability, or problems with memory or concentration without the depressed mood.

To help you get some insight on the seriousness of your husband's problem, here's a rundown of the warning signs to be vigilant of.

- A persistent feeling of sadness.
- A lost interest in hobbies or activities that were previously enjoyed.
- Feelings of guilt, worthlessness or hopelessness.
- Trouble concentrating, remembering or making decisions.
- Feeling anxious, restless, or irritable.
- Loss of energy or motivation.
- Inability to sleep or sleeping too much.
- Not eating or eating too much.
- Thoughts about dying or suicide.

A good resource for identifying depression is Mental Health America, a national nonprofit organization that offers a free online depression screening test at [depression-screening.org](http://depression-screening.org). This test takes just a few minutes to take and can help determine the severity of your husband's problem.

There's also National Depression Screening Day which is coming up on Oct. 11. Sponsored by Screening for Mental Health, this is a completely free service that provides depression screenings by mental health professionals at hundreds of locations across the country. The test takes less than 15 minutes to complete, and is available to people of all ages. To find a site near you visit [helpyourselfhelpothers.org](http://helpyourselfhelpothers.org).

Also be aware that Medicare now covers annual depression screenings as part of their free Welcome to Medicare visit for new beneficiaries, and free annual wellness visits thereafter.

### Get Help

If your husband is suffering from depressive symptoms, he needs to see his doctor for a medical evaluation to rule out possible medical causes. Some medications, for example, can produce side effects that mimic depressive symptoms – pain and sleeping meds are common culprits. It's also important to distinguish between depression and dementia which can share some of the same symptoms.

If he's diagnosed with depression, there are a variety of treatment options including talk therapy, antidepressant medications or a combination of both.

Cognitive behavioral therapy (CBT) is a particularly effective type of talk therapy which helps patients recognize and change destructive thinking patterns that leads to negative feelings. For help finding a therapist who's trained in CBT, ask your doctor for a referral, check your local yellow pages under "counseling" or "psychologists," or check with the Association for Behavioral and Cognitive Therapies ([abct.org](http://abct.org)), or the Academy of Cognitive Therapy ([academyofct.org](http://academyofct.org)).

Another treatment worth mentioning is a relatively new procedure called transcranial magnetic stimulation (TMS). This FDA-approved treatment uses a small electromagnet placed on the scalp right behind the left forehead, and delivers a tiny electric current to the part of the brain linked to depression. TMS is currently available in about 420 psychiatrist offices around the country (see [neurostartms.com](http://neurostartms.com)) and is very effective for older patients.

Savvy tip: The National Institute of Mental Health offers a variety of free publications on depression that you can order at [infocenter.nimh.nih.gov](http://infocenter.nimh.nih.gov), or call 866-615-6464.

## KATIE Tse .....This and That



## DUMB, DUMBER & DUMBER-EST

No, I'm not writing about the 1994 flick, "Dumb and Dumber." I'm talking about something nearer and dearer to all our hearts --traffic lights. Whether you're the passenger or driver, you've encountered your fair share of dumb/standard lights, and periodically experienced the welcomed joy of "smart lights."

Traffic lights operate on timers or other sensors that detect changes in weight or other car properties (I'm just guessing at this; it's all over my head, like long division). Smart lights, however, have some magical way of knowing when a lot of cars are waiting for a light. They can also tell when there are barely any cars passing through on a green light.

Case in point: The intersection of Baldwin, Foothill, and the 210 freeway. (I hope an Arcadia traffic engineer is reading this!) For years, Arcadia had a "dumb" light there. Then, for a while, its intelligence shot up and the light became capable of knowing when to change signals to keep traffic flow smooth. All of us motorists were thrilled!

Then, without warning, it dumbed down again. At first we thought it was merely dumb for certain, less-busy times of day. But waiting for the light at various hours confirmed its declined intelligence.

The problem, you see, isn't that there's a dumb light there. The problem is that it was at one time smart, and now people hold it to a higher standard. (Sort of like "No Child Left Behind," this is "No Lights Left

Behind.") People are disappointed, they grew accustomed to the light's smartness and expect it to continue. Lights that just stay dumb their whole lives aren't criticized the same way once-smart lights are. People excuse them saying, "Well, it's always been that way."

But, as with most less-than-ideal circumstances, there's a bright side to it. Would we really appreciate our smart lights if we didn't have dumb ones to compare them to? Admittedly, waiting at the light means you're either burning gas or expending electricity, (depending on your shade of greenness). However, waiting in traffic gives you the opportunity to have a meaningful conversation with your passengers, or to quietly reflect on the experiences of your day. Americans hate to wait. Technology has become increasingly intuitive. It anticipates and carries out our every want and need. Women can't even wait to have their kids these days! Scheduling labor inducement or a C-section is SO much more convenient.

Waiting can be good for us. It forces us to live in the moment (for a moment), and encourages creative thinking. Hey, sometimes I even come up with a decent topic for articles while waiting at traffic signals. I hope I've given you some mental reprieve from whatever

traffic signal anxiety you may be suffering from. So, take the time to appreciate your smart lights for being smart, and your dumb ones for inadvertently giving you a little break --you probably need one anyway.



## SENIOR HAPPENINGS

### SEPTEMBER ACTIVITIES

Senior Programs have returned to the Hart Park House Senior Center, 222 W. Sierra Madre Blvd. in Memorial Park - Come by and see the changes!!

**Mondays: City Hall & Lunch Café**

**12 noon:** Intervale Lunch Café: Come enjoy a hot meal with others. Donation for seniors (60+) of \$2.00; visitors \$3.75. Call 355-0256 to make your daily reservation.

**Tuesdays:**

**FREE** blood pressure checks by Methodist Hospital Nurse; 11 am to 12 noon.

**1:30 pm to 3:30 pm**

**BINGO; NEW TIME 1-3PM** cards are only 25 cents each so stop by & play **5:15 pm to 6:45 pm:** Yoga; \$6.00 - 50 & over. Please call 355-5278 for more information

**Wednesdays:**

**11 -11:45 am:** Balance Class with Teryl. **FREE** class designed to improve balance & refresh the joints

**12 noon:** Intervale Lunch Café; daily reservations needed 355-0256

**2nd Wednesday of the month:** **FREE** Legal Consultations: 10-11:30 am. Appointments call 355-7394

**Wii Wednesday** - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise.

**Thursdays:**

**1:00 to 3:30 pm:** Game Day. Join us for Poker and more. **Wii** - 1:00 pm or call the senior desk at 355-7394 to arrange another time & day to learn how to play. No previous experience or skills required and it is great exercise. Please call for more information.

**Fridays:** Intervale Lunch Café; daily reservations needed 355-0256

**1:00 pm to 1:45 pm:** **Strength Training** with Lisa Brandley. **FREE** class of stretching with light hand weights while you sit.

**Saturdays:** 11:30 am: Senior Club brown bag lunch and BINGO at 12:30 pm.

### 2012 EXCURSIONS

**RILEY'S FARM AND HAWKS HEAD PUBLIC HOUSE COLONIAL LUNCH (OAK GLEN, CA)**

**Thursday, September 13, 2012**

**Departure:** Charter bus leaves at 9:30am from the Hart Park House  
**Lunch & Activities:** 11:00am-2:00pm  
**Return:** Bus will arrive back in Sierra Madre at approximately 3:30pm  
**Cost:** \$34 includes transportation, lunch and tip  
For more information on Riley's Farm please visit their website at <http://www.rileysfarm.com/>. **The deadline for registration is Wednesday, September 5, 2012.**

**GRABER OLIVE HOUSE TOUR (ONTARIO, CA)**

**Friday, October 26, 2012**

**Departure:** 9:30am from the Hart Park House  
**Lunch & Activities:** 10:30am-2:00pm  
**Return:** Sierra Madre approximately 3:30pm  
**Cost:** \$10 (does not include lunch)  
**More Info:** Call the Hart Park House at 626-355-7394

Graber Olive House tour highlights the tradition of grading, curing and canning of Graber Olives! For more information on the Graber Olive House please visit [www.graberolives.com](http://www.graberolives.com). After the tour lunch will be eaten as a group at Molly's Souper, a fantastic brunch restaurant in Upland. All participants are required to eat at the same restaurant.

**The registration deadline is Monday, October 22, 2012.**

### September Birthdays



Judie Cimino, Donna Anderson, Linda Knowles, Gwen Robertson, Nancy Shollenberger, Meegan Tosh, Geri Wright, Theresa Chaure, Esther Macias, Sheila Pierce, Denise Reistetter, Edwina Garcia, Yvonne Osti



### Meals-On-Wheels

Meals are delivered to home-bound seniors by volunteer drivers through the YWCA Intervale Lunch Program M-F (with frozen meals for the weekend.)

Call the YWCA at (626) 214-9460 for more information.



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### YWCA SAN GABRIEL VALLEY EXPANDED MEALS!

### INTERVALE SENIOR CAFE

All seniors 60 years of age and up can take part in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00pm (participants are encouraged to arrive no later than 11:45am). Meals are a suggested donation of \$2.00 for seniors 60 and over or \$3.75 for non-senior guests. Daily reservations are necessary, as space is limited. Please reserve your lunch by calling 626-355-0256 at least 24 hours in advance.

### MUSEUM DAY

#### Free Tickets for Two!

On Saturday, September 29, 2012 you and a friend can visit participating museums for free!

To register for your free ticket for two go to [www.smithsonianmag.org/museumday](http://www.smithsonianmag.org/museumday).

Participating L.A. area museums include: Autry National Center, California Science Center, Skirball Cultural Center, L.A. Museum of the Holocaust and more!

You can stop by the Hart Park House for assistance signing up for free tickets. Call 626-355-7394 for more info.

## LUNCH & LEARN

Join the Senior Community Commission at the HART PARK HOUSE for a FREE presentation. Lunch is available for a \$2 donation. Call (626) 355-0256 by noon the day before.

**Fall Prevention Seminar • Sept. 5 @ 12:30pm**  
September is Fall Prevention Month, and we are helping seniors "watch their steps" with a great fall prevention seminar by ComForcare Senior Services. We will look at personal risk factors for falling and home safety issues that cause falls. We will also discuss easy ways to correct these problems so that our seniors can continue to live actively and independently. This seminar will be fun and interactive!

**Kensington Q&A Session • Sept. 19 @ 12:15pm**  
Developer Billy Shields, a representative of the Kensington Assisted Living Project, will be at the Hart Park House to host a Q&A session. This is the perfect opportunity to find out more about the Kensington project that will be on the November ballot which may impact Measure V. Kensington proposes an assisted living facility at 33 N. Hermosa Ave. and 245 W. Sierra Madre Blvd. in Sierra Madre.

## SENIOR MOVIE PROGRAM - SEPTEMBER

The Hart Park House Senior Center is expanding the monthly movie program to two movies in September.

One classic and one contemporary movie will be shown on the 2nd and 4th Wednesdays of the month. As an added bonus, at the end of the movie the audience will get to choose the movies for the following month! All movies begin at 1:00pm in the Council Chambers and are absolutely free.



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## EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS



## On Line By PJ Carpenter 2-IN-1

After my Dell laptop died 2 years ago I decided against replacing it as I already had two work-assigned computers at my disposal and, since much of my at-home computing activities revolved around work issues, it seemed totally reasonable that I should just use one of those computers. The work machine that I used most often was a Dell Latitude E5530 running Windows 7 Professional. This machine was fairly built-out (Win 7 64-bit Professional, 2<sup>nd</sup> Gen i5 Intel Core processors, 8GB RAM, 650GB HDD) and had all the administration tools installed that I needed to tweak my network remotely. The other machine was a Macbook (Mac OS X 10.6, 2.0 Core Duo Intel processor, 8GB RAM, 500GB HDD) and was also outfitted with all the remote administration tools and office productivity software I needed to accomplish my daily tasks.

Over the course of time the MacBook became my primary tool-of-choice for a variety of reasons for routine tasks but when it came time to whip out the big guns to work on a problem or project, the main platform was the Dell. I think I liked the MacBook because it seemed less work-like to me and, when I brought it home with me, it didn't sit there reminding by association of whatever business project needed doing at the time. Fast-forward to 2 months ago and the great new business opportunity that fell into my lap that involved a change of workplace and job title. That's when it dawned on me that I now needed a computer. I took a chance and asked my former employer if I could keep the MacBook and to my great relief, they agreed. That only partially solved my problem as I had a ton of software that only runs on Windows and I was now going to need to get all of this stuff on a single platform, one way or another. My first inkling was just to buy another Dell \ Windows laptop but before I even had a chance to begin looking up the latest prices I remembered that there was a way I could fix this dilemma without incurring the cost of a new computer in the process: VMware Fusion 5.

VMware Fusion is a normal application that you install on your Mac and you can use it after you've booted into Mac OS X. It resides in your Applications folder and it sits on your Dock, just like Safari and iTunes. After VMware Fusion has been installed and started for the first time you can create what's called a *virtual machine*. This is actually a file that lives on your Mac, but to the user it appears to be an actual computer running within Mac OS X. You can see the Windows boot up process on the virtual machine when it starts. VMware Fusion will help you install whichever operating system you'd like to use on your virtual machine. Microsoft Windows XP and Windows 7 are just two of many operating systems you can install. You could also install a Linux-based operating system if that is your preference.

Once you've installed your operating system, you can boot into your virtual machine after you've started your Mac. In fact, you can even switch out of your virtual machine and back into Mac OS X at any time. The two operating systems are running in *parallel*, so you'll never have to restart your Mac to get from Mac OS X to Windows, or vice versa. VMware is available for download at <http://www.vmware.com>. A 30-day trial is available for free and a single-user retail license costs \$50. So far most, as in 95% or better, of my Windows software is compatible with VMware and the virtual session runs smoothly.

## BUSINESS TODAY

*The latest on Business News, Trends and Techniques*

By La Quetta M. Shamblee, MBA



## PORTABLE PAYMENT OPTIONS

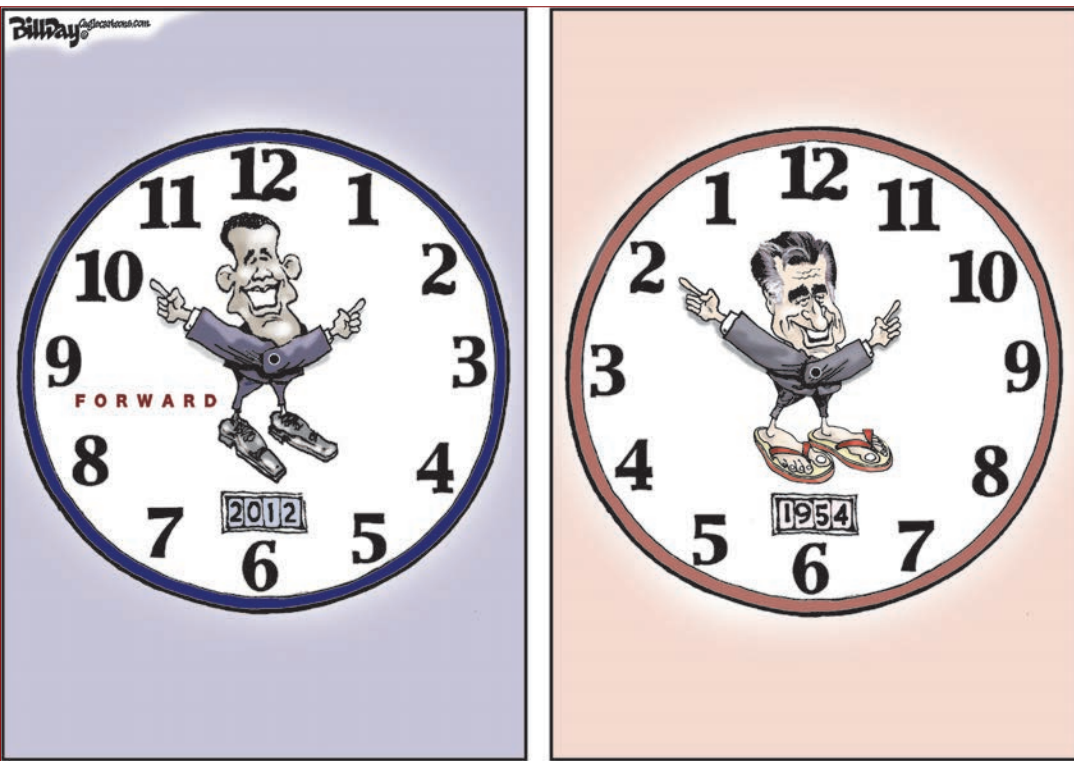
Mobile credit card readers are making it easier than ever for you to accept and process credit card payments while on-the-go. Remote credit card processing machines are not new, but a new category of products is creating a revolution with an application of the technology to Smart Phones that can allow you to accept payments most anywhere. Mobile payments are transactions processed via wireless technology. It is considered safer than processing payment via the phone or internet since a physical credit card is presented in person to be scanned on the mobile credit card reader.

Until recently, PayPal has reigned as the most popular online payment service outside of vendor-specific websites like Amazon.com and other retailers. But this new mobile payment processing technology can turn any Smart Phone into a portable payment register. It is no longer necessary to return to the office to prepare an invoice to send to a potential buyer who is ready to pay with a credit card. Entrepreneurs and businesses that accept credit cards generate more sales than those that only accept cash and checks. In addition to providing your customers with a full range of options to make purchases, it also allows you to take your business beyond the confines of four walls of an office or retail location. This opens up opportunities for entrepreneurs to turn participation in trade shows and other offsite presentations and meetings into activities that can generate revenue.

By signing up for a mobile credit card processing service, you will be able to provide real-time transactions at low and competitive rates. You also have the ability to transmit receipts to customers via e-mail or text for each transaction. One of the most impressive upfront benefits is that the most popular of these new services is free to get started. The companies that offer mobile credit card processing services charge a percent for each transaction. Most offer the small credit card scanning device at no cost.

Larger, hand held devices that print are also available, but the newer, smaller devices are less than one inch thick and most are less than half the size of a standard business card. The compact size has created a whole new realm of possibilities for sales offsite. Some of the most popular include Intuit's *Go Payment*, PayPal's *Here and the Square*, co-created by Jack Dorsey, the creator of Twitter.

For a review of the top ten mobile credit card processing systems, visit: <http://credit-card-processing-review.topitenreviews.com>.



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## Social Media

Tips & Tricks  
By Merri Jill Finstrom

### CHECK YOUR FACEBOOK INSIGHTS

If you have a Facebook page, take a look at your "insights." This will give you important information about the demographics of your audience and feedback about your posts. You can find out all kinds of information, "likers" by location (country, city) and even by language spoken. You can even find out if there were any "unlikes" and when those events occurred.

Once you have 30 "Likes" for your Facebook page, you will have access to your insights. They are located in your admin panel at the top of your page. Select "see all" and you will open up detailed reports about the demographics of your audience on Facebook

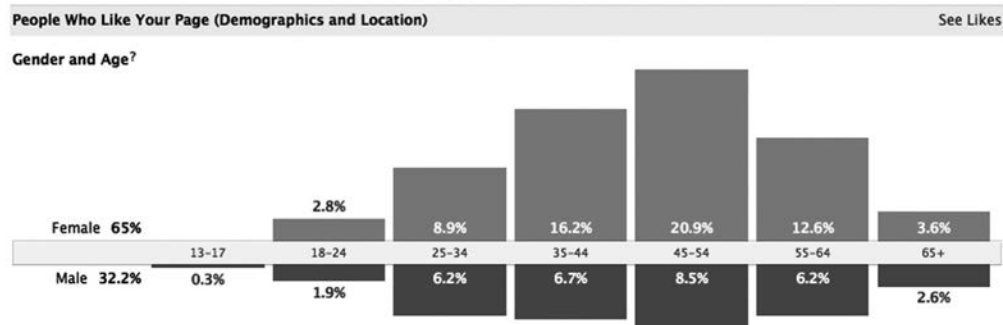
Don't be afraid to click on the little blue numbers as more detailed information and charts will come up. For example, under the area of "Page Posts," you can click on a number under "engaged users" and a pie chart flies with more details. The pie chart will show you what the "engaged users" did, how many clicked on a photo, shared etc. It will also let you know if any negative activity happened (people who hid your post or gave it negative feedback in the news feed.)

Use the insight information to help you with your messaging strategies. For example, you can see if you have more men than women who like your page and what age group favors your page. Depending on what you find out, tailor your content to fit your demographics.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Social Media Education for business owners. Join their conversation on Facebook and get good tips and tricks about social media, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs)

Sign up for their upcoming classes and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

## Facebook insights give you lots of detailed information about who "likes" your page.



## You can even find out if certain posts on Facebook have received negative feedback.

Date ?	Post ?	Reach ?	Engaged Users ?	Talking About This ?	Virality ?
8/31/12	Make a quick QR code with bit.ly	134	6	3	2.24%
8/29/12	Tony, the owner of Palermos, b...	280			71%
8/27/12	We're helping the LA Law Librar...	182			0.55%
8/25/12	Thanks to The Executive Factor...	230			17%
8/24/12	Join us in Los Feliz on August ...	206			1.46%
8/24/12	Here is a quick photo from last...	256	19	6	2.34%

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### Mountain Views News Mission Statement

The traditions of the community newspaper and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## HAIL Hamilton My Turn



### ANOTHER LOOK AT 9-11: *The Myth of the Outside Enemy*

This Tuesday will be the eleventh anniversary of 9/11. I wrote a column last year questioning the official government explanation that an outside enemy -- namely, Al Qaeda -- was responsible for the attacks. Apparently, I am not the only person who remains skeptical of the official account. Results from recent polls in Germany and the UK about 9/11 seem to support my contention that we have not been told the truth about the worst tragedy in U.S. history.

• In its January 2011 issue, the popular German magazine "Welt der Wunder" published the results of a poll conducted by the Emnid institute on 1,005 respondents. The poll indicated that nearly 90% of Germans are convinced that the government of the United States is not telling the whole truth about the September 11 attacks.

• A new poll conducted in England by ICM shows that more UK residents agree than disagree that the official account of what happened on 9/11 might turn out to be wrong in important respects. Only 8% strongly agree that they have been told the full of the 9/11 attacks.

I thought reprinting my 2010 article, "9/11 and the Myth of the Outside Enemy," might help garner support for a new, truly independent investigation.

*"At eleven o'clock, on the morning of September 11, the Bush administration had already announced that AL Qaeda was responsible for the attacks on the World Trade Center and the Pentagon. This assertion was made prior to conducting any in-depth police investigation.*

*"That same evening at 9:30 pm, a "War Cabinet" was formed integrated by a select number of top intelligence and military advisors. And at 11:00 pm, at the end of that historic meeting at the White House, the "War on Terrorism" was officially launched.*

*"The decision was announced to wage war against the Taliban and Al Qaeda on retribution for the 9/11 attacks. The following morning on September 12th, the news headlines indelibly pointed to 'state sponsorship' of the 9/11 attacks. In chorus, the US media was calling for a military intervention against Afghanistan.*

*"Barely four weeks later, on the 7th of October, Afghanistan was bombed and invaded by US troops. Americans were led to believe that the decision to go to war had been taken on the spur of the moment, on the evening of September 11, in response to the attacks and their tragic consequences.*

*"Little did the public realize that the*

*decision to launch a war and send troops to Afghanistan had been made well in advance of 9/11. The 'terrorist, massive, casually-producing event' as it was later described by CentCom Commander 'Tommy' Franks, served to galvanize public opinion in support of a war agenda which was already in its final planning stage.*

*"The tragic events of 9/11 provided the required justification to wage a war on 'humanitarian grounds,' with the full support of world public opinion and the endorsement of the 'international community'.*

*"Several prominent 'progressive' intellectuals made a case for 'retaliation against terrorism,' on moral and ethical grounds. The 'just cause' military doctrine was accepted and upheld at face value as a legitimate response to 9/11, without examining the fact that Washington had not only supported the 'Islamic terror network,' it was also instrumental in the installation of the Taliban government in 1996.*

*"In the wake of 9/11, any opposition to the war was completely isolated. The trade unions and civil society organizations had swallowed the media lies and government propaganda. They had accepted a war of retribution against Afghanistan, an impoverished country of 30 million people.*

*"The official story described nineteen Al Qaeda sponsored hijackers involved in a highly sophisticated and organized operation. This myth of the 'outside enemy' and the threat of 'Islamic terrorists' was the cornerstone of the Bush administrations' military doctrine, used as a pretext to invade Afghanistan and Iraq, not to mention the repeal of civil liberties and constitutional government in America.*

*"Without an 'outside enemy,' there could be no 'war on terrorism;' The entire national security agenda would collapse 'like a deck of cards; and 'the war criminals in high office would have no leg to stand on.*

*"Amply documented but rarely mentioned by the mainstream media, Al Qaeda was a creation of the CIA going back to the Soviet-Afghan war. This was a known fact, corroborated by numerous sources including official documents of the US Congress. The intelligence community had time and again acknowledged that they had indeed supported Osama bin Laden, but that in the wake of the Cold War: 'he turned against us.'*

*"After 9/11, the campaign of media disinformation served not only to drown the truth but also to kill much of the historical evidence on how this illusive 'outside enemy' had been fabricated and transformed into 'Enemy Number One.'"*

## RICH Johnson TONGUE TWISTERS



Well, they're off and running. The 2012 Republican and Democratic Conventions are history and the candidates are at the starting gate. As I consider the potential animosity that will exist between the two major parties I am reminded of a portion of the lyrics to a song from the 1970's. The song, by the group 10cc is a song about relationships called, "The Things We do For Love." The portion of the lyric we all need to aspire to with our friends on the other side of the political track is this: "...agree to disagree but disagree to part." In other words, agree on disagreeing but don't let the divide and end the friendship. I'm going to let my friends be wrong if they want to. You should too.)

Tongues will be wagging incessantly. The severe verbal thrashings shall be fast and furious. To avoid permanent voice damage I recommend vocal exercises to keep the muscles of the mouth in peak condition. These exercises involve the use of tongue twisters.

For those of you who don't remember, a tongue-twister is a sequence of words difficult to pronounce quickly and correctly. The trick is to try to say a tongue twister as fast as possible, and correctly! We'll start with what might be the most famous tongue twister.

Peter Piper picked a peck of pickled peppers.  
Did Peter Piper pick a peck of pickled peppers?  
If Peter Piper picked a peck of pickled peppers,  
Where's the peck of pickled peppers Peter Piper picked?

But wait...there's more:

A proper cup of coffee from a proper copper coffee pot.

Around the rugged rocks the ragged rascals ran.

Brad's big black bath brush broke.

She sells sea-shells on the sea-shore.

The sixth sick Sheik's sixth sheep is sick.

Fred fed Ted bread, and Ted fed Fred bread.

Give Mr. Snipe's wife's knife a swipe.

If Stu chews shoes, should Stu choose the shoes he chews?

Old Oily Ollie oils old oily autos.

Sam's shop stocks short spotted socks

She sells seashells on the seashore. The shells she sells are seashells, I'm sure.

Toyboat, toyboat, toyboat

Three grey geese in green fields grazing.

We surely shall see the sun shine soon.

And one sometimes described as the hardest tongue-twister in the English language. (You decide).

Swan swam over the pond,

Swim swan swim!

Swan swam back again -

Well swum, swan!

Is this the first column you've ever read on tongue twisters? Practice these at home so you'll be ready to jump into the debate.

See you around!!

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## STUART Tolchin.....On LIFE



### DOES YOUR CAR HAVE A NAME?

On Sunday morning I was driving over to Pasadena to play badminton while listening to the radio. The program I was half-listening to is an NPR staple, Click and Clack, the Tappet Brothers. There is something unusual about the telephone interchanges that take place on this program. Often, while chit-chatting about motor noises or the problems of overheating radiators, the seemingly aimless talk will touch upon something very vital and personal. On this particular Sunday morning the caller's question involved his desire to change the name of his recently purchased previously-owned car. The former owner had called the car by a masculine name and the caller preferred his cars to have a feminine name. Did the Radio Hosts think that changing the car's name would have any drastic consequences?

Both hosts pondered the question for a moment and finally rhetorically asked why would anyone want to name their car? These hosts are life-long car mechanics and both said they had never and would never have a pet-name for their car. A car is not a person; it is a machine composed of parts which need to be properly maintained. The caller butted in at this point and suggested that maybe by giving the car a name the car-owner indicated his affection for the car which would lead to proper maintenance and care.

"Not true", said the Radio Hosts. In their years as repair shop owners they had seen multitudes of vehicles brought in that had been obscenely neglected by their owners, many of whom had called their car by pet-names. A light went on in my head. I always call my car by a pet name and think of it as a friend and companion. Many years ago I had a name for my bike and even then was derelict in bicycle understanding and maintenance. Today I remain neglectful of the need for proper automobile maintenance. Forgetting the radio program, I thought about other inanimate objects to which I feel a kind of affection and attachment. There is my Magic Briefcase that I more or less carry every day. It is magic because, when I purchased it from a street stall at the edge of the Bufadora in Baja, I had asked in my clumsy, inadequate Spanish what was the briefcase made of. The response came in English, "What do you want it to be made of, Señor?"

"Alpaca", I said.

"Si, es alpaca."

We both laughed and I bought a new friend who has outlasted most of my other friends although it has never been properly



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### MY HUMBLE EFFORT AT STIMULATING THE ECONOMY

All we hear these days are complaining about the economy and nobody seems to be doing anything about it. Politicians talk about it all the time and yet do nothing creative in the area of improving our economy.

If you could put all the political speeches end to end, there would positively be no end to it. What we need to stimulate our economy is some kind of stimulation that does not come from the government. They stimulate me, all right, but not in the right way.

This is where I step in.

I assure you I am not running for any office. If the truth were known, I am running away from every office I can think of, especially my church office. I have no political agenda or aspirations; I am just a plain ordinary American citizen. I understand such creatures are an endangered species in today's economy. I am proud to be just a plain ordinary American. I am not middle-class, lower-class and certainly not high class. In fact, I have no class at all, and I am glad to leave it like that. I couldn't pass the test anyway.

But I am doing my part in stimulating the economy. The secret plan I have can be boiled down to one word: vacation.

This past week I have bravely gone where I have not been for a long time and that is on vacation. There is nothing like a vacation to stimulate many things, including the economy. It takes me a whole year to scrimp and save so the Gracious Mistress of the Parsonage and I can go on a vacation. But in the end, it is well worth it.

After a weeklong vacation, I am highly stimulated to return home where I can recuperate from all that stimulation. My wallet is still vibrating.

I must confess that the primary stimulation in a vacation has to do with my credit card. It was stimulated in more ways than I care to remember, and at the end of the month the credit card company will remind me of all that stimulation.

If the government does not have enough money in its coffers to balance the budget, it is not because I have not done my part. Every time I turned around there was a tax on something. Do not let this get out, but if the government knows I turned around so many times, they will find a way to tax that.

I am not a conspiracy enthusiast, but I believe I stumbled onto a most blatant conspiracy with the United States government. I am here merely to give my humble testimony. The conspiracy, as I found it, focuses in on the airlines. I know this may sound like a

cared for. I begin to vaguely understand something about myself. I treat many things with affection and great attachment as they become a part of my ongoing fantasy world. Take my thousands of books for example. I scribble all over them, underlining and writing in the margins. People, sometimes even strangers, tell me that one shouldn't be writing all over the books. These people don't understand. The books, my brief case, my car, and even the old clothes I wear to the displeasure of my wife, are not separate from me. They are a part of me and I treat them as I treat myself. I do not cut open my body and replace my vital organs and I do not go poking around my car and open its hood and obscenely stare at its inner workings. A car is not something to fix, it is something to ride in and enjoy.

Now things begin to come clear. I may not cut into my own body or take much interest in its inner workings but when necessity requires, as it does more and more these days, I go experts who have made adjustments to my eyes, teeth, colon--we need not go on. The same thing is true of my cars. When even I become aware of a problem, I take it to an expert to fix and pay whatever it costs. When the cost is too high, I go out and buy another car and say good-bye to my old friend. Will I say good-bye to myself in the same way?

Well, we've reached the part of the article in which I try and make sense of the whole thing and locate any possible lessons. The article isn't about cars, or briefcases, or radios, or even badminton. It's about me and my attitudes. There are plusses and minuses to my way of approaching the world. Viewing non-humans as friends allows me to be continually surrounded by a kind of affection. These are loyal friends, whose imperfections I see, but generally ignore. Imperfections or not, these friends will not reject me and I will not reject them (until absolutely necessary). Predictably, I guess, I am much more successful with my anthropomorphosized pals than I am with the real flesh and blood types. That's the plus.

The minus is that I don't take very good care of my things. So, what? When the time comes most things can be replaced. Only some can't. Things like our health and our overall social welfare. Maybe it would be a good idea to pay closer attention to the maintenance of these few precious gifts. Also it's a good idea when driving to pay more attention to road conditions and less attention to the radio and aimless ponderings.

Oops, I forgot my friend and dog, Milo, wasn't really human. Really!

far-fetched idea but I can only give my observation. The airlines are in a conspiracy with the United States government to take as much money from me as they possibly can. Not that I have a lot of money, I just would like to keep as much of it as possible for those occasions when I would like to take my wife out to a restaurant and just have a relaxing evening. That takes money.

It began with checking in our luggage. Two bags for me and two bags for my wife equals too much luggage. We put our luggage on the conveyor belt and then were informed by the check-in clerk that each bag cost an extra \$50. She swiped my credit card and even though I am not a mathematical wizard, I believe it was in the neighborhood of \$200. I do not like that neighborhood.

Later on, I sat down to figure it out and discovered it would be far cheaper not to take any luggage and then when arriving at my destination buy a new set of clothes. My entire wardrobe does not equal \$100. Of course, on my wife's side of the closet it is a different story.

We got our boarding pass and then the young woman behind the counter looked at her and asked a strange question. "Sir, how tall are you?"

It has been a long time since anybody asked me that kind of a question. Why she wanted to know how tall I was could not be found in the corridors of my empty mind. I then informed her that I was 6'3".

"I see," she said as she stared at her computer screen. Then she explained. "The average height of a male passenger on our plane is 5'11". You exceed that limit by 4 inches."

I looked at my wife and we both shared a wonderful laugh. Then I look back at her behind the counter, but she was not laughing.

"There will be an extra charge for your exceeding our height limit."

"Let's see," she said as she studied the computer screen, "that's 4 inches times \$15 per inch which equals \$60." She then swiped my credit card, again, and charged it with the \$60 extra fee.

That was just the beginning of the "swiping" by the airlines. By the time our vacation was over, I was totally swiped out.

When I got home I meditated a little bit on what Jesus said, "Render therefore unto Caesar the things which be Caesar's, and unto God the things which be God's" (Luke 20:25 KJV).

I really do not mind rendering to "Caesar" but I just wish he wasn't so greedy.



## HOWARD Hays As I See It



*"There ain't nothin' more powerful than the odor of mendacity." - "Big Daddy" in Tennessee Williams' "CAT ON A HOT TIN ROOF"*

Webster's defines "mendacious" as "given to or characterized by deception or falsehood or divergence from absolute truth", but it's more than that. "Mendacity" is not tossing out an occasional fib and feeling somewhat queasy about it; but rather deceit as calculated and routine, with no guilt attached.

This Romney-Ryan campaign seems different not because of twisted truth and outright falsehood; it's because after definitive debunking by PolitiFact, the Washington Post's Fact Checker and most every mainstream outlet, there are no excuses of mis-speaking or misinterpretation, but instead unapologetic repetition.

"Paul Ryan Bets on the Ignorance of America", wrote Dan Amira for New York Magazine following the Wisconsin congressman's speech in Tampa; "Most of the millions of people who watched the speech on television tonight do not read fact-checks . . . and will never know how much Ryan's case against Obama relied on lies and deception."

Ryan blamed President Obama for "a downgraded America", though Standard and Poor's cited Republicans' determination to let the country default rather than consider a tax increase as the reason for the credit downgrade.

Ryan accused Obama of having amassed "more debt than any other president before him". The debt was \$10.6 trillion when Obama took office. It's now up to \$16 trillion, largely due to Republicans' refusal to touch the Bush tax cuts and inclusion of expenses, such as wars in Iraq and Afghanistan, deliberately kept off-budget under President Bush.

Ryan characterizes Obama's stimulus money as "wasted". As Michael Grunwald writes in Time, the last quarter of 2008 saw a 9% crash in the U.S. economy. 800,000 jobs were lost in January as Obama took office. Passage of the stimulus brought the biggest jobs turnaround in thirty years for the following quarter, and the biggest middle-class tax cut since Reagan. 2.5 million jobs were created or saved, with 2-4% added to the GDP.

(Ryan sought stimulus funds for his own district, denied he did, then conceded he had – maintaining he wasn't paying attention.)

Ryan (again) blamed President Obama for the closure of the GM plant in Janesville, WI, though the factory closed in 2008 – under President Bush.

Ryan charged Obama with "raiding" Medicare, though the cost savings were the same under Ryan's own plan. With the Affordable Care Act, savings go towards insuring more Americans. Under Ryan, they'd go towards funding tax cuts for millionaires. Benefits enjoyed by seniors under the Affordable Care Act, such as free preventive care and better prescription drug coverage, would be eliminated under Ryan's "Path to Prosperity".

Ryan attacked Obama for doing "exactly nothing" in response to the Simpson-Bowles debt commission. That effort was killed by Republicans who refused to accept the recommendation that revenue increases be combined with spending cuts. Opposition was led by commission member Rep. Paul Ryan.

Citing falsehoods on the GM plant closure and Simpson-Bowles, Matthew Dowd said on ABC This Week, "At some point, the truth should matter." Dowd was chief strategist on the 2004 presidential campaign – for President Bush.

In Mitt Romney's acceptance speech, it's harder to cite specific falsehoods, since there were few specifics. Romney claimed to "have a plan to create 12 million new jobs." Moody's Analytics also predicts 12 million new jobs by 2016 – regardless of who's elected.

There's the matter of perception, as when Romney promises, "Unlike President Obama, I will not raise taxes on the middle class." Obama has proposed raising taxes on annual incomes above \$250,000, an income Romney might perceive as barely squeaking by.

The Washington Post noted Romney's claim that in traveling overseas after taking office, "President Obama began with an apology tour". The Post explained, ". . . in a lengthy column last year, we tracked down every statement Obama uttered that partisans claim was an apology, and concluded that each one had been misquoted or taken out of context . . . Despite earning Four Pinocchios for this claim for months, Romney keeps saying it."

In the midst of mendacity, there is truth to be gleaned, as from their question, "Are you better off than you were four years ago?"

(According to Labor Dept. figures, in the year leading up to July 2008 the country suffered a net loss of 609,000 jobs; the year leading up to July 2012 saw a net gain of 1.8 million jobs. According to the Federal Reserve, the year leading up to March 2008 saw household wealth fall by \$5.8 trillion; leading up to March 2012 it grew by \$610 million. The year prior to March 2008 saw nonfinancial corporate profits fall by \$177 billion; prior to March 2012 they grew by \$186 billion.) A truth is revealed by their framing the question in terms of "you", rather than asking us whether our country is better off. They insist seniors shouldn't object to their plan to voucher-ize Medicare, since it won't affect anyone 55 or over. Again, it's revealing how it doesn't occur to them seniors might be concerned for the future of their children and grandchildren.

In his keynote address to the Democratic Convention, San Antonio Mayor Julian Castro offered a metaphor to illustrate this revealing, distinguishing interpretation of the American experience by describing not a marathon to see who comes in first, but a relay race – where we give it our all, then hand the baton over to the next generation.

Speaking of marathons – Rep. Paul Ryan claimed in a recent interview he'd run one in less than three hours. When called on it by Runner's World, he later admitted the actual time was a little over four hours.

As I see it, this mis-recollection in itself may not rise to the level of "mendacity". But in the context of a campaign marked by utter disrespect for the truth, it still carries an odor.

## TINA Dupuy

## A REVIEW OF DUELING CONVENTIONS



The Republican National Convention (RNC) in Tampa was a post-Apocalyptic dystopia of what the world could be if Republicans were completely in charge: Scared (mostly) white people in a militarized labyrinth of

blockades in strategic dead ends . . . all for your protection. Attendees endured security checks inside secured perimeters within partitioned areas. "Small government" police brigades were in roving gangs toting small arms. There was no way to just walk around downtown Tampa that week, it could've been re-named "Tamped Down." All in the name of freedom. It was a chilling reality in 98-degree heat.

The RNC should have been the funnest place on Earth to be a Republican this past August 27-30. Well, maybe it was the funnest place on Earth if you're a Republican. Maybe they're no longer fun. They didn't appear to be having a good time. By most accounts they were cranky. The fracturing of their party started the moment John McCain picked Sarah Palin. In case that doesn't seem fair, let me explain: When Palin "went rogue," suddenly the disciplined Grand Old Party became awash in tea; a pack of rogue elephants indulging in any nuts available. The party of Lincoln quickly became the party of Akin, a politician whose sin was saying what he and his party believes (which is basically thinking you can sell any myth, no matter how ridiculous, by saying a doctor told you it was true). For the second straight time, the RNC's week started off with a hurricane cancelling the first day of the convention. Republicans have not only become climate deniers—they're weather deniers now too. August? Florida? Sure!

The end of the week was marked by a primetime speech by an octogenarian offended by a potty-mouthed imaginary President Obama sitting on stage. "I'm not going to shut up. It's my turn," said

the Hollywood legend turned metaphor for the GOP during the Obama administration, Clint Eastwood. Eastwood is fed up with a President Obama who only exists when two or more Republicans are gathered together. On the other hand, the Democratic National Convention (DNC) was packed full of the folks Republicans are trying to take their country back from: gay couples, inter-racial couples, non-Cuban Latinos, workers, non-billionaires, "sluts," immigrants, African-Americans, liberals, civil servants, Reagan Democrats and women who aren't just a Republican's mom. Basically what America (love it or leave it) now looks like. The DNC looked like America in 2012. The RNC looked like America in 1912. The DNC was also impacted by weather. Bank of America stadium was sold out, according to the campaign, with a waiting list of reportedly 19,000 wanting to see the President of the United States speak. The final night event was cancelled because the open-air stadium wasn't able to accommodate electronic equipment in the rain. Typical Obama: yes, he disappoints people, but often for something far "above his pay grade." The chairman of the RNC, Reince Priebus, after voting in his party's vindictive platform calling for more Americans to have fewer rights—was on auto-tweet the whole week of the DNC, "Is this going to be the last of the vitriol from the Dem party during their convention? Why aren't they talking about the issues?" he wrote. The idea both parties are just opposite equals, that they're really the lesser of two evils—six of one, half a dozen of the other—is a narrative the Republicans like to sell. They'll tell you Democrats do the same thing Republicans are accused of doing. Republicans will tell you that Democrats want to kill Medicare, increase the debt and increase government spending. As President Clinton said in his speech at this year's DNC put it, "It takes a lot of brass to go after a guy for doing what you did." The Republicans are angry victims of diversity and want their country back. And the Democrats? This year it seems they're optimistic . . . which, for them, is real change.

*Tina Dupuy is an award-winning writer and the editor-in-chief of TheContributor.com. Tina can be reached at tinadupuy@yahoo.com.*

## DECEIT AT THE DEMOCRATIC NATIONAL CONVENTION GREG Welborn



Bill Clinton summarized the entire convention and campaign strategy in his short exhortation to the Democratic faithful: If you want to have a "shared opportunity society, a shared responsibility society", then vote for Barak Obama, but if you want to have a "winner take all, you're on your own, society", then vote for Mitt Romney. There's no denying that this is an appealing proposition. It certainly plays to the faithful who accept it as scripture, and it may persuade some of those critical independents to vote for Obama again, but win or lose it will go down as one of the most craven and deceitful political speeches in our history.

We've heard this argument before, although rarely is it stated with the stirring rhetorical flare that Clinton uses. In the course of this campaign, conservatives have been called, bigoted, racist, homophobic, xenophobic, sexist and intolerant, and Mitt Romney specifically has been called a felon, tax evader and murderer. Who wants to vote for a party or a man like that? The answer is, nobody, but those portrayals are lies. Barak Obama put it best in his 2008 acceptance speech. He said, "If you don't have a record to run on, then you paint your opponent as someone people should run from".

I would ask each reader to consider from the depths of their heart whether they really know a single serious conservative thinker or politician who is as hate-filled and ugly as the lies above claim. Putting aside the insignificant crackpots – both parties have them – can you name a single conservative leader or speaker who fits this caricature?

Are conservatives racist or bigoted because they believe that racial preferences shouldn't be used in hiring, that we should truly be a color-blind society? Are they homophobic because they believe, as have all major religions for the last 2,000 years, that marriage is ordained by God between one man and one woman? Are they xenophobic because they believe we should control our borders, enforce our immigration laws and require proof of citizenship before someone votes? Are they sexist because they believe that we shouldn't be forced to pay for someone else's birth control pills? Are they intolerant because they believe that a fetus might actually be a human being entitled to at least the same rights to life as the woman carrying the child? You may disagree with how we should address the problems which beset this nation, but can you really in good conscience simply call us evil and hateful? If you can, then perhaps you should revisit your definition of intolerance.

One of the great ironies of Clinton's speech was his statement that, while disagreeing with Republicans on policy issues, he had never hated them. Recall if you will that this was the man who told his staff, "you have to understand, Bob Dole is evil, what he wants is evil". Bob Dole was a decorated war hero with a reputation for consensus building as the Senate majority leader. Or recall that Democratic Congressman, John Lewis, called Republicans "Nazis", as did the current head of the South Carolina Democratic Party.

But let's not just marvel at the stupidity of the Democratic slurs, let's consider which party's philosophy is more charitable, provides more opportunity and is more inclusive. Study after study has confirmed that conservatives are more charitable than liberals. From hard cash donated to time willingly invested in needy causes, conservatives always out rank liberals. Michelle Bachman is a case in point. Does anyone know how many foster kids she and her husband have taken in? The answer is 23. How many

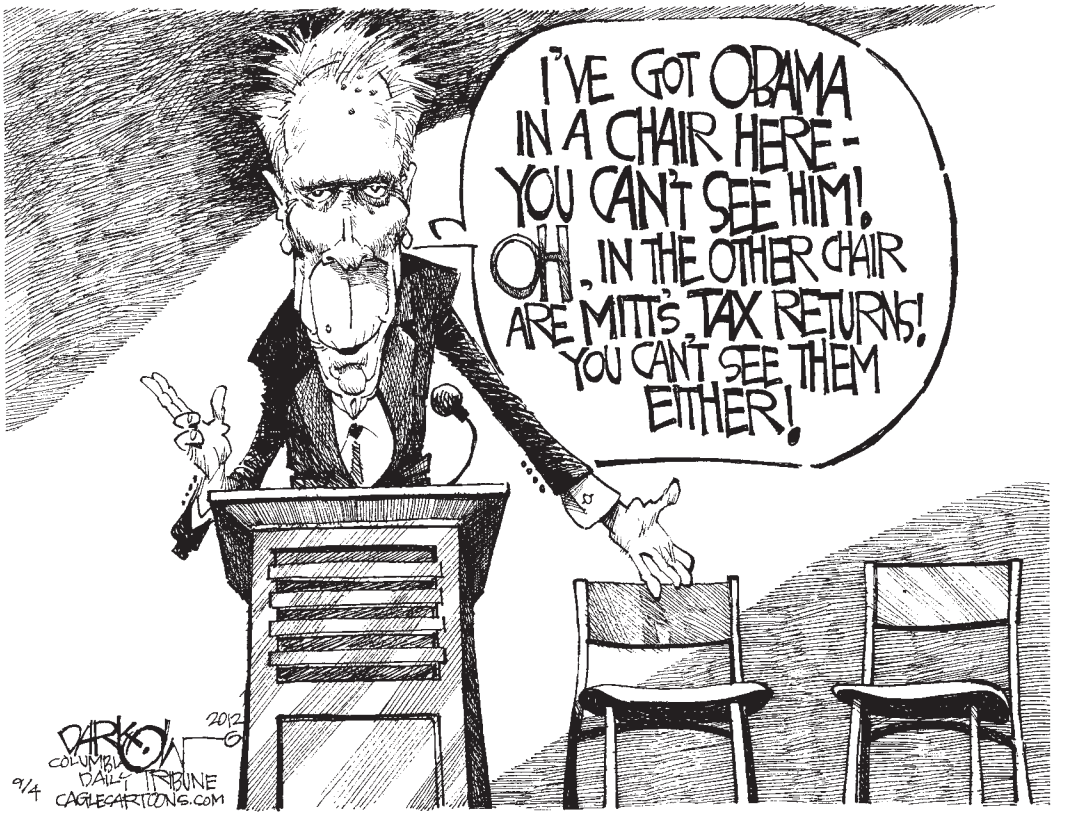
did Clinton take in, or Obama for that matter? The answer is 0.

The same contrast exists when considering which philosophy provides greater opportunity. Opportunity is a great ideal, but it is not so easily achieved. Just saying you believe in opportunity may make you feel good, but it doesn't necessarily provide real opportunity to those who are struggling. Democrats seem to believe that taxing rich people more will create more jobs for those who want to get ahead. That stands in contrast to the studies which clearly show that tax decreases motivate business owners (typically those who would be considered rich) to hire more people, and tax increases reduce employment. Another one of the great ironies at the Democratic convention is the fact that Clinton didn't see employment grow during his two terms until he reduced taxes in the second term. If Obama wins a second term and imposes the tax hikes he has proposed, employment will decrease, opportunity will be lost, and higher prices will be paid by every buyer of every product made or distributed by a business incurring those higher taxes. That's not an opportunity, it's a penalty!

Conservatives, and Romney specifically, want to reduce taxes so that employers can grow their companies and offer more jobs to a broader base of Americans. That's inclusive – recognizing, as both President Kennedy and President Clinton did, that a rising tide lifts all boats. The Obama approach has seen the economy stagnate and the deficit balloon. Clinton commented on the growth in debt under previous presidents, but neglected to remind us how much worse it has been under Obama. Simply put, there are not enough millionaires in America who could be taxed at 100% to eliminate the deficit, let alone to reduce our \$16 trillion in debt. Make no mistake, as Clinton pointed out, this debt will bury us if we do not take steps now to stop the hemorrhaging and to reverse the damage. But what Clinton got wrong was that continuing on the same path Obama has charted will not work. We cannot spend our way to prosperity with money we don't have.

Clinton took one for the team last night defending the indefensible – Obama's track record. Clinton tried to give an undeserved credibility to Obama by claiming that they were on the same team without acknowledging that they were following radically different playbooks. There were many lies last night, and there will undoubtedly be many more tonight. We will hear again how awful things will be under Romney, but it's hard to imagine how it could be worse than what we've experienced under Obama. We will hear how hateful conservatives are even as The President throws insults and invectives at Republicans. We will hear promises about opportunity and prosperity despite the fact that this president's policies have choked off both. As my son, Courtland, observed, "He has poisoned the water, and now he wants us to drink it". We wait to see on which side of Lincoln's insightful observation we stand: some of the people can be fooled all of the time, and, sadly, all of the people can be fooled some of the time. Let's hope Americans are tired of being fooled.

*About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com*









## Mountain Views News Saturday, September 8, 2012

Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-175596  
 The following person(s) is (are) doing business as: TUTORIA, FACILIT, 10700 SAN MIGUEL AVE., LYNWOOD, CA 90262. Full name of registrant(s) is (are) ALVARO BRITO, 10700 SAN MIGUEL AVE., LYNWOOD, CA 90262. This Business is conducted by: AN INDIVIDUAL. Signed: ALVARO BRITO. This statement was filed in the office of the County Clerk of Los Angeles County on 08/30/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/30/2012. NOTICE: This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-175653  
 The following person(s) is (are) doing business as: VCB INTERNATIONAL BUSINESS, 7125 LENNOX AVE. #147, VAN NUYS, CA 91405. Full name of registrant(s) is (are) AURELIAN VALENTIN BELICIU, 7125 LENNOX AVE. #147, VAN NUYS, CA 91405. This Business is conducted by: AN INDIVIDUAL. Signed: AURELIAN VALENTIN BELICIU. This statement was filed with the County Clerk of Los Angeles County on 08/30/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-173799  
 The following person(s) is (are) doing business as: WE RUN CALL, 733 W. 173<sup>RD</sup> ST., GARDENA, CA 90247. Full name of registrant(s) is (are) JABARI THOMPSON, 733 W. 173<sup>RD</sup> ST., GARDENA, CA 90247. This Business is conducted by: AN INDIVIDUAL. Signed: JABARI THOMPSON. This statement was filed with the County Clerk of Los Angeles County on 08/29/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-174540  
 The following person(s) is (are) doing business as: ILLIYS DOLLAR COMP, 689 W. FOOTHILL BLVD., STE A, L.A., CA 91005. Full name of registrant(s) is (are) BERNARDO PARRA, 2718½ MANITOU AVE., L.A., CA 90031. This Business is conducted by: AN INDIVIDUAL. Signed: BERNARDO PARRA. This statement was filed with the County Clerk of Los Angeles County on 08/29/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-171246  
 The following person(s) is (are) doing business as: YOUNG ACTORS COMP, 689 W. FOOTHILL BLVD., STE A, L.A., CA 91011. Full name of registrant(s) is (are) BE INSPIRED CORPORATION, 689 W. FOOTHILL BLVD., STE A, L.A., CA 91011. This Business is conducted by: A CORPORATION. Signed: NICHIELLE RODRIGUEZ. This statement was filed with the County Clerk of Los Angeles County on 08/24/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-173784  
 The following person(s) is (are) doing business as: YOUNG EAGLE REALTY AND LOAN; YOUNG EAGLE SERVICES, 433 N. CAMDEN DR. STE 400, BEVERLY HILLS, CA 90210. Full name of registrant(s) is (are) YOUNG EAGLE REALTY AND LOAN, INC., 433 N. CAMDEN DR. STE 400, BEVERLY HILLS, CA 90210. This Business is conducted by: A CORPORATION. Signed: BRUNWINDER RAYMOND. This statement was filed with the County Clerk of Los Angeles County on 08/28/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/16/2008. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-173788  
 The following person(s) is (are) doing business as: YUMMY DONUTS, 1838 PUENTE AVE., BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) DU HA, 2528 DUBONNET AVE., ROSEMEAD, CA 91770. This Business is conducted by: AN INDIVIDUAL. Signed: DU HA. This statement was filed with the County Clerk of Los Angeles County on 08/28/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-171960  
 The following person(s) is (are) doing business as: ABBODD AND ASSOCIATES, DESIGN & ENGINEERING, 7335 NADA ST., DOWNEY, CA 90242. Full name of registrant(s) is (are) NASSER ABBODD, RIMA ABBODD, 7335 NADA ST., DOWNEY, CA 90242. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: NASSER ABBODD. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/08/1996. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178740  
 The following person(s) is (are) doing business as: ALPHA WIGEN INTERIORS, 607 W. 109<sup>TH</sup> ST., INGLEWOOD, CA 90303. Full name of registrant(s) is (are) GUSSIE W. POWE, 2607 W. 109<sup>TH</sup> ST., INGLEWOOD, CA 90303. VERTIA WRIGHT, 3415 W. 75<sup>TH</sup> ST., CA 90043. FLOREA WELLS, 5438 BRADY DR., L.A., CA 90008. MARGUERITE WEST, 1562S. ORANGE GROVE, L.A., CA 90019. GWENDOLYN RANDOLPH, 6013 BEDFORD AVE., L.A., CA 90065. EDNA WILSON, 3803 MONTBELL DR., L.A., CA 90048. LEOLE BARNER, 9351 11<sup>TH</sup> AVE., INGLEWOOD, CA 90305. BRENDIA MCCANE HARRELL, 5233 REYNIER AVE., L.A., CA 90056. CHERYL FRANKLIN, 4121 FRANKLIN AVE., VAN NUYS, RD., L.A., CA 91011. BERNICE HADNOT, 251 W. 82<sup>ND</sup> ST., INGLEWOOD, CA 90305. CAROLAN WILLIAMS-MARSHALL, 1425 W. 59<sup>TH</sup> PL., L.A., CA 90043. ALTA BABIUS, 4026 N. 5<sup>TH</sup> PL., L.A., CA 90047. YVONNE JONES, 211 VIRGINIA RD., L.A., CA 90016. IRMA PRIMIUS, 10318 OAK TERRACE AVE., LAS VEGAS, NV 89149. DOROTHY COLEMAN, 12509 BRYCE CIR., GERRITSON, CA 90703. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: GUSSIE W. POWE. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/08/1996. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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File No. 2012-176302  
 The following person(s) is (are) doing business as: AIRWAVE AUDIO/VIDEO, 733 S. HINDRY AVE. #301C, INGLEWOOD, CA 90301. Full name of registrant(s) is (are) CLAY CRUDDUP, 733 S. HINDRY AVE. #301C, INGLEWOOD, CA 90301. This Business is conducted by: AN INDIVIDUAL. Signed: CLAY CRUDDUP. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-176617  
 The following person(s) is (are) doing business as: AMY'S NAILS PLACE, 2908 FOOTHILL BLVD., LA CRESCENTA, CA 91214. Full name of registrant(s) is (are) AMY HOANG, 9728 CORTADA ST., EL MONTE, CA 91733. This Business is conducted by: AN INDIVIDUAL. Signed: AMY HOANG. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178353  
 The following person(s) is (are) doing business as: EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MARGARITA FLORES. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178353  
 The following person(s) is (are) doing business as: EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MARGARITA FLORES. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178417  
 The following person(s) is (are) doing business as: EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. Full name of registrant(s) is (are) EL BUEN PASTOR CATHOLIC GIFTS & BOOKSTORE, 217 W. ROSECRANS AVE., COMPTON, CA 90222. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: MARGARITA FLORES. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178473  
 The following person(s) is (are) doing business as: ENDURA CONSTRUCTION CORP., ENDURA PAINTING, ENDURA DRYWALL, ENDURA STUCCO, 1819S E. VALLEY BLVD., LA PUENTE, CA 91744. Full name of registrant(s) is (are) ENDURA CONSTRUCTION CORP., 1819S E. VALLEY BLVD., LA PUENTE, CA 91744. This Business is conducted by: A CORPORATION. Signed: ANGEL FUERTE. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/01/2005. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-179770  
 The following person(s) is (are) doing business as: ENTER GLOBAL, 3142 PACIFIC COAST HWY. STE 209, TORRANCE, CA 90505. Full name of registrant(s) is (are) UPX CORP, 3142 PACIFIC COAST HWY. STE 209, TORRANCE, CA 90505. This Business is conducted by: A CORPORATION. Signed: HUI SOO SHIM. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-176145  
 The following person(s) is (are) doing business as: GIOVANNI'S RISTORANTE, 114 E. ITALIA ST., COVINA, CA 91723. Full name of registrant(s) is (are) ELITE DINIG SERVICES, INC., 143 N. CITRUS AVE., COVINA, CA 91723. This Business is conducted by: AN INDIVIDUAL. Signed: PETERSON. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/09/2001. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-179306  
 The following person(s) is (are) doing business as: GR PAINTING AND DECORATING, 10234 LANETT AVE., WHITTIER, CA 90605. Full name of registrant(s) is (are) GR PAINTING AND DECORATING, 10234 LANETT AVE., WHITTIER, CA 90605. This Business is conducted by: AN INDIVIDUAL. Signed: CARLOS RAMIREZ. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-179082  
 The following person(s) is (are) doing business as: KINKAS PRODUCE, DISTRIBUTION, 315 N. IDAHO ST., LA HABRA, CA 90631. Full name of registrant(s) is (are) MIGUEL A. PEREZ, 315 N. IDAHO ST., LA HABRA HTS., CA 90631. This Business is conducted by: AN INDIVIDUAL. Signed: MIGUEL PEREZ. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/07/2012. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-176523  
 The following person(s) is (are) doing business as: LEXURY GOLF, SPA, 227 N. CURTIS AVE. #F, ALHAMBRA, CA 91801. Full name of registrant(s) is (are) H & H TOUR EXPRESS, INC., 227 N.

CURTIS AVE. #F, ALHAMBRA, CA 91801. This Business is conducted by: A CORPORATION. Signed: GEORGE D. HE. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-176356  
 The following person(s) is (are) doing business as: PACIFIC INTERNATIONAL TRADING CO., 223 N. LINCOLN AVE. #3, MONTEREY PARK, CA 91755. Full name of registrant(s) is (are) DA WEI DENG, 223 N. LINCOLN AVE. #3, MONTEREY PARK, CA 91755. This Business is conducted by: AN INDIVIDUAL. Signed: DA WEI DENG. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-179153  
 The following person(s) is (are) doing business as: QUICK DOLLAR PAWN, 9600 LONG BEACH BLVD., STE 100, LONG BEACH, CA 90803. Full name of registrant(s) is (are) TRUMP INVESTMENTS, INC., 9416 DEARBORN AVE., SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: MICHAEL STONEYPIER. This statement was filed with the County Clerk of Los Angeles County on 09/06/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-177653  
 The following person(s) is (are) doing business as: ROOTER BOY, PLUMBER BOY, 3620 S. PACIFIC AVE. #562, SAN PEDRO, CA 90731. Full name of registrant(s) is (are) DAVID WISNER, 3620 S. PACIFIC AVE. #562, SAN PEDRO, CA 90731. This Business is conducted by: AN INDIVIDUAL. Signed: DAVID WISNER. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178104  
 The following person(s) is (are) doing business as: SLP ENTERTAINMENT, 5903 ERNEST AVE., L.A., CA 90034. Full name of registrant(s) is (are) JUAN CARLOS CARMONA, 5903 ERNEST AVE., L.A., CA 90034. This Business is conducted by: AN INDIVIDUAL. Signed: JUAN CARLOS CARMONA. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-178122  
 The following person(s) is (are) doing business as: LUIS LEONARDO ANEL LOPEZ, 2383 W. 20<sup>TH</sup> ST. #303, L.A., CA 90018. Full name of registrant(s) is (are) AN INDIVIDUAL. Signed: LUIS LEONARDO ANEL LOPEZ. This statement was filed with the County Clerk of Los Angeles County on 09/05/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
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### FICTITIOUS BUSINESS NAME STATEMENT

File No. 2012-175758  
 The following person(s) is (are) doing business as: THE FLAME BROTHER #115, 8748 WASHINGTON BLVD., PICO ROLLER, CA 90660. Full name of registrant(s) is (are) PETER ISKANDER, 24256 WASHINGTON BLVD., PICO ROLLER, CA 90660. This Business is conducted by: AN INDIVIDUAL. Signed: PETER ISKANDER. This statement was filed with the County Clerk of Los Angeles County on 08/31/12. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FILE NO. 2012-172823

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
 The following person(s) has/have abandoned the use of a Fictitious Business Name. The original file number of registrant(s) is (are) TEK ANGKHAM, 91105. The fictitious business name referred to above was filed on 12/27/11, in the county of Los Angeles. The original file number of 201155478. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 08/28/2012. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: MOTOKI OKADA/OWNER.  
 Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FILE NO. 2012-172656

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
 The following person(s) has/have abandoned the use of a Fictitious Business Name. The original file number of registrant(s) is (are) TEET REFLEXOLOGY SPA, 22808 SOLEDAD CANYON RD., SANTA CLARITA, CA 91350. The fictitious business name referred to above was filed on 12/17/2009, in the county of Los Angeles. The original file number of 2012172657. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 08/27/2012. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: MOTOKI OKADA/OWNER.  
 Publish: Mountain Views News  
 Dates Pub: Sept. 08, 15, 22, 29, 2012

### FILE NO. 2012-165853

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME  
 The following person(s) has/have abandoned the use of a Fictitious Business Name. The original file number of registrant(s) is (are) CARDE USP, 46 E. COLORADO BLVD., PASADENA, CA 91055. The fictitious business name referred to above was filed on 12/27/11, in the county of Los Angeles. The original file number of 2012019767. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 08/28/2012. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: MOTOKI OKADA/OWNER.  
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## Health Fair and Wellness in the Park

Hosted by City of Sierra Madre & Sierra Madre Chamber of Commerce



## SAVE THE DATE!

Saturday, September 22, 2012  
9:00am-12:00pm  
Memorial Park  
222 W. Sierra Madre Blvd.  
More Info: 626.355.7394

The Sierra Madre Health Fair and Wellness in the Park is your one stop resource for health screenings, assisted living facilities, healthy living education massage therapists and more! Participating vendors include: Kensington, Senior Commission, Methodist Hospital to name a few.

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Saturday, October 20, 2012

OKTOBERFEST  
GOLF AND TENNIS TOURNAMENT

**benefiting Sierra Madre Community Programs**

**Tennis Tournament:** All ages and skill levels are welcome to play! Tennis will be played as a round robin doubles tournament with rotating partners in co-ed divisions at the Arcadia-Orange Grove courts. Participants start out the tournament by trying their luck in a serving contest (prizes for winners). The tournament first, second, and third place winners each receive a trophy and the first place winner will have their name engraved on the Oktoberfest Tennis Tournament perpetual trophy.

**Golf Tournament:** Played on a nine-hole course as a foursome, best-ball format at Eaton Canyon (tee times assigned). All skill levels welcome and the best-ball format is perfect for beginners! Golfers can sign up as a team or individual and the top team receives individual trophies and immortality on the Oktoberfest Golf Tournament perpetual trophy. Want some more fun? Take a chance in our Closest to the Pin, Longest Drive, and Putting contests. For those concerned with their swing, Mulligans are available to ensure a better score.

**Lunch Reception:** Following the tournaments join us at the Hart Park House located at 222 W. Sierra Madre Blvd. for an Oktoberfest-style lunch, including beer, brats, and German chocolate cake. During this time participate in the opportunity raffle, and watch the awards ceremony.

Register online at [www.cityofsierramadre.com/online](http://www.cityofsierramadre.com/online) registration or in person at the Community Recreation Center no later than Friday, October 12, 2012.

Tennis start time 8:00 am  
Location: Arcadia-Orange Grove Tennis Courts  
Cost: \$61 (including lunch)

Golf start time 8:00 am  
Location: Eaton Canyon Golf Course  
Cost: \$83 individual (includes lunch)  
Team Reg: \$300 (for 4 includes lunch)

Lunch Reception 12:00 pm Location: Hart Park House Cost: \$30

Tax-deductible opportunities may exist with this event! Please contact Kyle Schnurr at [kschnurr@cityofsierramadre.com](mailto:kschnurr@cityofsierramadre.com) if you would like to contribute.

**FOR MORE INFO  
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