



WELCOME TO THE WHO VILLE FESTIVAL

Sierra Madre, California 2012

SATURDAY NOVEMBER 24, 2012
1:00 pm to 8:00 pm

SCHEDULE OF EVENTS

SHOPPING & DINING DOWNTOWN SIERRA MADRE ALL DAY!

*** Caution - watch your goodies....the GRINCH is lurking!**

1:00 pm - 8:00 pm	EXHIBITORS & BOOTHS <i>Kersting Court</i>
1:00 pm - 8:00 pm	SNOW IN SIERRA MADRE <i>Sled Rides - Train Rides & More....</i> <i>Sierra Madre Blvd. - (Bank of the West)</i>
5:00 pm - 8:00 pm	CARRIAGE RIDES - Baldwin Ave. <i>In Front of 4 Seasons Tea Room</i> <i>Special Rates for Families</i>
6:00 pm - 8:00 pm	SANTA CLAUS & THE GRINCH! <i>Christmas Tree Lighting</i>
7:00 pm	MOVIE & MARINE TOY DROP <i>HOW THE GRINCH STOLE CHRISTMAS</i> <i>Kersting Court</i>

MEET THE 2013 SIERRA MADRE ROSE FLOAT AMBASSADORS



Recently, the Sierra Madre Rose Float Association’S 2013 Sierra Madre Rose Float selected Aliya Crochetiere, Katlin Liston and Megan Perley Ambassadors (pictured above) to not only ride on the float to represent the City of Sierra Madre on January 1st, but to also speak throughout Sierra Madre at local clubs and help at civic events like the upcoming Whoville festivities.

If you would like to know more about the Sierra Madre Rose Float Association, please visit our website: www.SMRoseFloat.org. Would you like to be involved in decorating this year’s float ³The Sky’s The Limit²? Come join us at the Float Barn on Saturdays and Sundays through December. For more information, please call 626-355-7005.

WATER MAIN BREAKS CONTINUE

Recently, Sierra Madre’s Public Works Director, Bruce Inman reminded the city council of the aging and rapidly deteriorating condition of many parts of the city’s water pipelines, so it was no surprise to many residents when a major water main started burst last Sunday shooting water into the air with enough pressure to destroy segments of Mountain Trail Avenue.

At approximately 10:30 a.m., the 90 year old pipe collapsed and required quick action by Public Works to stop the water flow and cordone off the area. Residents living near the intersestion of E. Grandview and Mountain Trail, and as far south as Sierra Madre Blvd., were without water from 10:30 am to 7:00 pm according to Inman. As a precaution, however, bottled water was distributed to the affected homes due to the uncertainty of exactly when a temporary fix could be made to the pipe.

This is the same water main that ruptured along Sierra Madre Blvd. last year - just a different segment.

The cost of the repairs will put an additional drain on the city’s water fund. The exact amount was not known at press time. However, according to Inman, part of the replacement costs will be covered by a Federal Grant in the amount of \$275,000. Inman estimates that those funds should be sufficient to repair the portion of broken pipe and the road on Mountain Trail from Sierra Madre Blvd, to Highland Avenue. Repairs for the remainder of the water main, from Highland to Miramonte are unfunded and may have to come from the water fund’s reserves.

Final cost estimates and a report on the full extent of damage from this incident will be forthcoming.
S. Henderson/ MVNews



Above, residents view the initial damage on Mountain Trail moments after the water flow was stopped. Photo by S. Henderson, MV News. Below, workers assess the extent of the damage via a sinkhole further down Mountain Trail. Photo courtesy B. Coburn



WAL-MART WORKERS DO STAGE BLACK FRIDAY PROTESTS



Despite some media reports and Wal Mart statements to the contrary, protests against the giant chain were widespread and included some local stores.

Shoppers were not the only ones lined up on Black Friday as about 50 protesters walked in a circle early in the morning outside the Duarte Wal-Mart, beating drums, chanting and holding signs demanding more respect through higher wages.

Eager customers, looking for deals, paused as they walked by the OUR Wal-Mart organizers, handing out flyers, who said Duarte was part of 1,000 protests nationwide.

The workers also said the protests were about better healthcare and benefits saying many of them live paycheck to paycheck. Reports said about 12 employees at the Duarte store walked off the job in support of the strikers. Many of the protesters claimed retaliation saying since joining OUR Wal-Mart, they have been given less hours.

Wal-Mart Chief Executive Bill Simon sent out a statement touting that nationwide, they had their best Black Friday sales ever. He also said, “We estimate that less than 50 associates participated in the protest nationwide. In fact, this year, roughly the same number of associates missed their scheduled shift as last year,”

The strikes were led by the United Food and Commercial Workers Union as well as OUR Wal-Mart. Nine people were arrested for unlawful assembly near a Wal-Mart in Paramount according to sheriff’s deputies. As of press time, no arrests were made at the Duarte location. D. Lee/MVNews

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This Week’s Highlights:

3	SIERRA MADRE NEWS REMEMBRANCE: <i>Loyal Camacho</i>
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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 70s	Lows 50s
Tues:	Sunny	Hi 70s	Lows 50s
Wed:	Sunny	Hi 70s	Lows 50s
Thur:	Showers	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at
City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca.
626-355-7135

NEXT CITY COUNCIL MEETING:
November 27 2012 6:30 pm

Wednesday, November 28, 2012
07:00pm Library Board of Trustees Meeting

Thursday, December 6, 2012
03:00 Senior Community Commission Meeting

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



THE SIERRA MADRE KIWANIS CLUB

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WE MEET WEEKLY AT THE LODGE (FORMERLY
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MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!



Sierra Madre Rotary Club
Meets Tuesdays 7-8:30 a.m.
222 W. Sierra Madre Blvd.
The Hart Park House

As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at peggybeau@gmail.com and visit our Facebook page Rotary of Sierra Madre.

www.SierraMadreRotary.com

RADIO FISHBOWL THIS WEEK



Carol Canterbury's,
'CANTERBURY TALES'
Tuesdays at noon - This Week:
Brian Sheridan

OUR TRAVEL AFFAIR
Listen in every Thursday
at noon with your hostess, Catherine Adde, Sierra Madre resident and Travel Consultant.....Our show will feature all the fascinating aspects of Travel and our love affair with Travel. You can hear the Premiere Broadcast which aired on Oct 25th show on podcast. Go to: <http://www.radiofishbowl.com/#shows/vstc1=our-travel-affair>

VILLAGE INTERSECTIONS - Join Gene Goss on VFRidays at 12:00 Noon.

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SIERRA MADRE WOMAN'S CLUB INVITES YOU TO THEIR ANNUAL HOLIDAY SALE

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9AM TO 2 PM
(SUNDAY ONLY 12 PM TO 4 PM)

550 W. SIERRA MADRE BLVD.
SIERRA MADRE, CA. 91024
626 355-7739

Parking located on Sunnyside Street.
All proceeds are donated to the many charities the club supports.

SM LIBRARY'S BEST HOLIDAY BOOK SALES

With the holidays fast approaching, the Friends of the Sierra Madre Library are offering several opportunities for you to purchase the best holiday gift of all- books. On Thursday, December 6, from 4:00-6:00PM a Friends' members only book sale will be held in the basement of the Sierra Madre Library. This event features newer fiction and non-fiction, lots of coffee table books, cookbooks, collectibles, DVDs, and audio books as well as books for children and teens so you're sure to be able to find something for everyone on your list. Not a member of the Friends? There will be an opportunity for you to join that night.

The following weekend, the Friends of the Sierra Madre Library's Best Used Book Sale is being held on Friday, December 7, from 3:00-7:00PM and Saturday, December 8, from 10:00AM-2:00PM in the library basement and on the back parking lot. Open to the public, this sale features holiday books, newer fiction (including 2012 titles), books on crafts and hobbies, sports titles, coffee table art and contemporary culture books. These items and many other adult fiction and non-fiction books, children's books, audio books, CDs, and DVDs will be available to purchase for your reading and listening pleasure. Tables outside the library will feature hardback and trade fiction and non-fiction for \$1.00 each and paperbacks for twenty-five cents each (or five for \$1.00). All children's books outside are now only 25 cents.

These sales offer high quality, slightly used books that are culled from our library shelves or donated, books that you'll be proud to place in your own library or to give to friends and family. So come early and come often to

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Dec. 25 – Jan. 1

Winter Session Begins
January 21, 2013

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Low Cost Vaccine Clinic - Rescheduled

The Pasadena Humane Society & SPCA has rescheduled the low cost vaccination clinic for December 6, 2012. The clinic will be held at Memorial Park, 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 91024 from 6:30pm to 8pm. All dogs must be on a leash and cats must be in a carrier. For more information please contact the Pasadena Humane Society at 626.792.7151 x 115

Mark Your Calendars

ST. RITA CATHOLIC CHURCH CHRISTMAS PROGRAMS

No Room at the Inn, a display of 200+ nativity sets. Exhibit hours Saturday, Dec. 1, 4-7:30 pm; Sunday, Dec. 2, 8:30 am – 3 pm. Free will donation; all proceeds are used to shelter the homeless. St. Rita Catholic Church, O'Malley Hall, corner of Grandview and Baldwin, Sierra Madre. Enter parking lot from Grandview. 626-355-1292, parishadmin@st-rita.org

Community Chorus of Redlands presents "Lessons and Carols," a unique concert featuring an 80 member chorus and orchestra. Concert is in the Church, known for its acoustics. Free will offering.

St. Rita Catholic Church, O'Malley Hall, corner of Grandview and Baldwin, Sierra Madre. Park on Baldwin or enter the church parking lot from Grandview. Not suitable for children under the age of 6.

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ARSON AND INSURANCE FRAUD FILED ON TWO SIERRA MADRE RESIDENTS

October of 2011 two suspicious fires occurred at a residence in the 200 block of West Mariposa Avenue. Through the diligent work of Sierra Madre Police Officers and members of the Sierra Madre Fire Department Michael and Suanne Ellis were identified as being responsible for those fires.

Police Chief Giannone said, "The teamwork of both Police and Fire Department Investigators led to the identification of property owners Michael and Suanne Ellis, who started the fires on their own property and then collected money from their insurance company for the damages."

This was a very tedious year-long investigation. Sergeant Joe Ortiz, Detective Lorena Gonzales, and Fire Captain Rich Snyder are to be commended for their persistence in this case. Giannone said, "They presented a very strong case to the District Attorney's Office who ultimately filed two felony counts each on the Ellis'."

Michael and Suanne Ellis were taken into custody at their home, without incident, and were booked at the Pasadena Jail. They both remain in custody and are being held on fifty thousand dollar bail each.

Sierra Madre Police Blotter

November 10-18, 2012

Saturday November 10, 2012

At 7pm, a resident of the 600 block of west Orange Grove Avenue was inside her home when she observed a person looking into her kitchen window. The individual quickly moved away from the window and was gone before police units arrived. The resident could not provide a description as she saw only portions of the suspect's torso. An examination of the area failed to locate any evidence.

Monday November 12, 2012

In the early afternoon, an unknown suspect broke the side window of a vehicle parked in the Bailey Canyon Parking Lot. The suspect removed a purse that had been placed under the front seat and fled without being seen. While investigating this crime, the officers discovered that a second vehicle in the lot had been broken into in the same fashion. A purse was taken from the second vehicle. This is the third vehicle burglary in the Baily Canyon Parking Lot this month. In each of the crimes the suspect smashed a side window and took property that was easily reachable.

Wednesday November 14, 2012

At 5:30pm, officers were dispatched to Santa Anita Canyon Road at the Lannan Debris Basin to investigate a report of a fire. On arrival they detained a male transient who had ignited a large trash fire to keep himself warm. The fire was quickly extinguished and the transient was arrested for starting an unlawful outside fire.



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130 E. Montecito Ave.
Sierra Madre, CA 91024
(626) 355-1837

REMEMBRANCE

LOYAL AMERICA CAMACHO

Loyal America Camacho went to be with our Lord, on Wednesday, November 14, 2012, in Pasadena, California at the age of 94 years. She enjoyed living a very active and healthy life until becoming ill earlier this year and being diagnosed with Lung Cancer. Loyal was a fighter up until the end, an independent, "free-spirited" strong woman, and according to the nurses her heart just stopped peacefully.

Born Loyal America Brown in Butte Montana, on January 31st, 1918, approx. 2 hours after the birth of her twin sister, Gloria LaFrance Brown, to Clarence Roy Brown (Father) and Grace Muenz (Mother). Loyal resided in Sierra Madre, California, from 1984 until the time of her passing.

During the 1930's Loyal took a trip to Hawaii on vacation and enjoyed it so much she lived there for over 50 years, until 1984 when she moved to Sierra Madre to stay with her sister, Gloria L. Hinshaw, who was the children's librarian in Sierra Madre.

While in Hawaii Loyal worked for Stewart's Pharmacy for several years until the store closed, at which time she went into the sales business at a local Center of Commerce. Loyal was also employed by the United States Air Force as a Civilian Aircraft Hydraulic Specialist pre-World War II and during the war. She was a Pearl Harbor survivor - she survived the bombing and had to act as a nurse in treating the wounded. She received a Medal from the War Department for "Meritorious Civilian Service Overseas" for her invention of a piston-pulling tool now used on all air-craft. She has told the story of how she was given a \$100 award by then U.S. President Franklin D. Roosevelt, and how he asked if she was going to use it to buy "U.S. Savings Bonds," as the government was trying to convince the American public to purchase bonds at the time, and she answered, "No, I'm going to pay some bills!" She recalled the look of shock on the President's face and laughs, with a huge smirk on her face. Loyal also authored the gossip column "Prop Wash" in military newspapers and flew a piper cub aircraft as a captain of the "Flying Squadronettes."

In Hawaii she had married and had a son, Vann Christi Camacho, and enjoyed living a very active life raising her son, working for the Air Force, venturing into the sales business, and she even made time to raise and train 31 Siamese show cats which she took to Cat shows and earned top marks every year.

Towards the end of her Hawaii years, Loyal retired and spent several years helping raise and take care of her grandson, before moving to stay with her sister in California.

Since moving to Sierra Madre, California, Loyal still led a very active and interesting life, serving the City and Residents of Sierra Madre in many capacities. When she first moved to Sierra Madre, Loyal began volunteering at the Sierra Madre Public Library where her sister, Gloria worked as the children's librarian. Her friends in Sierra Madre knew her as the "Ground Hog of Sierra Madre" through her many years spent in service to others and the community as a volunteer. Loyal has volunteered at the Sierra Madre Senior Center for many, many years, and for the last several years she has called the "Bingo" games Tuesdays and Saturdays at the Senior Center. She also volunteered 5 days a week helping with the Intervale Senior Lunch Program at the Senior Center, helping prepare food for 35 senior citizens and feeding 10 to 20 participants attending the CAPS Program at the Trinity Presbyterian Church in Pasadena. She also helped run operations in the kitchen for "Meals on Wheels."

Loyal received the Blue Triangle Award from the YWCA and Intervale Program of the San Gabriel Valley in October, 2004, for her numerous hours of volunteerism. In 2005, she was named Sierra Madre's Older American of the year, where her countless hours of volunteerism and service to others and the community was recognized by the Senior Community Commission. In addition, she has served as a volunteer, servicing the Library at the British Home every other week, and is a



Photo courtesy Terry Miller

member of the "Green Team" at the Sierra Madre Women's Club, tending to the care of their beautiful garden.

Throughout the course of her entire life, Loyal has been a very hard worker, being of service to others and the communities in which she has resided, and for a period spanning over 20 years, she tirelessly volunteered her time, energy, and services here in Sierra Madre, up until this past May (at the age of 94) when she first became ill. In fact, the year prior to her becoming admittedly and terminally ill; there were several occasions where she would pass out while calling "Bingo" or during her volunteer work, and she was so strong-willed and independent that she would insist that she hadn't and that she was fine and she would keep on going. On November 14th, 2012, Loyal finally quit fighting with our Lord as He called her home to eternal peace and rest, and allowed Him to give her long needed rest and peace.

Loyals geneology can be traced back to Wales, in the United Kingdom, to 1831 where her great grandfather John Yarwith Edwards was born, and England, in the United Kingdom, to 1820 where her great grandmother Charlotte Adelia Stevens was born. Loyal was preceded in death by her parents, Clarence Roy Brown and Grace Muenz. She is survived by her twin sister, Gloria LaFrance Hinshaw (born Gloria LaFrance Brown), and brother in law Roger A. Munn of Sierra Madre, her loving son, Vann Christi Camacho, daughter-in-law, Dolores Pumelani "Angel" Camacho of Pearl City, Hawaii; granddaughter Sherilee Camacho-Fuentes and grandson-in-law Mario Fuentes of Mililani, Hawaii; grandson Curtis Christi Kelii Camacho also of Pearl City and great granddaughter Chrisjynn Not Afraid and great grandson, Kamuela Jordan "Kaliwaiwaiole" Camacho-Fuentes.

A Celebration of Loyal's life is in the planning stage and will be announced early next week. All those who knew Loyal are invited to attend a Celebration of her life with family and friends, which will be held in either the Sierra Madre Senior Center or the Sierra Madre Women's Club. The details are still being worked out concerning the exact day, time and location. Please contact Frank Licher at (626) 226-3448 or via email at: lifelonghealthmonrovia@yahoo.com early next week to obtain the date, time, and location of the service.

Condolences and Cards can be sent to:
The Camacho Family
38 S. Sunnyside Ave
Sierra Madre, California 91024.

Any donations can be made out to the "Pasadena Humane Society." Loyal greatly loved animals and especially cats and she would love to continue supporting the care of these precious animals. Submitted by the family

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FLORAL ARRANGING WORKSHOP

The Sierra Madre Rose Float Association (SMRFA) will be holding a Floral Arranging Workshop at the Rose Float Barn on Wednesday, December 5th at 1 pm.

Attendees will learn how to copy an arrangement, from soaking floral foam to installing the arrangement on the float. There are approximately 70 arrangements on the float and SMRFA will need additional help to get these all done on time. The class will cost \$15.00, to help defray costs, and you get to take your flowers home. If you are interested, please contact Kay Sappington at 626-379-0272 or email her at KDSappington@sbcglobal.net. Deadline to sign up is December 3rd.



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Police Give Names of Injured in Air Collision

National Transportation Safety Board (NTSB) to head investigation

Police on Monday gave the names six people, five officers and a local contractor, involved in an accident Saturday between two Pasadena Police Helicopters when their rotor blades touched during a landing maneuver at the Altadena heliport.

According to police, the following individuals were involved in the collision; Lieutenant Michael Ingram (Commanding Officer), Officer Carol Eldridge (Pilot), Lieutenant Randell Taylor (Traffic Observer), Officer Markus Mendenhall (Pilot), Officer Ryan Smith (Observer), Civilian (Contractor).

The aircrews were transported by the Pasadena Fire Department to local area hospitals for medical evaluation. Officials said the aircraft involved were both Bell OH-58's, they sustained extensive damage.

On Sunday, the NTSB and FAA met with Police Chief Phillip Sanchez and Deputy Chief Darryl Qualls to conduct a preliminary investigation. The NTSB will be the lead agency into the investigation of the accident. Sanchez said, "The NTSB and FAA have the full cooperation of the Pasadena Police Department in their investigation."

The NTSB will post their preliminary findings in approximately 10 days Sanchez said. The factual findings will post in one year and the final report will post in three years, per the National Transportation Safety Board guidelines he added.

Police said one of the helicopters had just returned from monitoring the football game at the Rose Bowl between UCLA and USC. The other helicopter was on patrol.

Police said they still have four working helicopters and that service would not be affected by the crash.

Pet of the Week



Letty is a very sweet, social young bunny. She's very soft and has amazing blue and black eyes. She loves being held, and if you're lucky, she will fall asleep in you arms. Letty also enjoys sunbathing. She'd love to find a loving home in time for the holidays.

Letty's adoption fee is \$30, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A318198, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

City Paves Way for NFL Use of the Rose Bowl

By Dean Lee

After a flood of opposition from the public against the idea of allowing the Rose Bowl to be used as a temporary home to a professional football team, the city council voted Monday night 7-1 in favor preliminary steps that would allow the city to negotiate with an NFL team to host home games at the stadium for no more than five years.

The City Council approved amending the Arroyo Seco Public Lands Ordinance and certifying the final Environmental Impact Report (EIR).

Councilmember Terry Tornek cast the lone opposing vote saying that nearby residents should not be burdened with the city's \$43 million shortfall for the stadium's ballooned \$195 million renovation project.

Towards the end of the night Councilmember Steve Madison called for the Rose Bowl Operating Company to launch an independent review of the stadium's renovation deficit.

"We need to scrub [investigate] this budget shortfall... Madison said. "It is beyond unusual to have that kind of shortfall in a project of this magnitude. We entered into contracts that were quite clear. We owe the community collectively an answer."

City Manager Michael Beck said a review was already being worked on.

"You will see the first phase of that, even, before we bring forward the concept of the additional funding," Beck said.

Other councilmembers said they had a responsibility to, at least, open the possibility for negotiations with an NFL team should they arise. Barrett Sports Group, consulting firm, hired by the city to oversee any deal, said an NFL lease could bring in between \$5 to \$10 million each year.

According to a press statement

Portantino Gets Awards from Community Groups, Metro



As Assemblymember Anthony Portantino's tenure in the state Assembly draws to a close, several community organizations have recognized him for his work on behalf of the 44th Assembly District.

The Pasadena Chapter of Delta Sigma Theta Sorority held a "community thank you" and celebration for Assemblymember Portantino, citing his "outstanding service to the constituents of the 44th Assembly District". The

Rover Providing New Weather Data about Mars

Observations of wind patterns and natural radiation patterns on Mars by NASA's Curiosity rover are helping scientists better understand the environment on the Red Planet's surface.

Researchers using the car-sized mobile laboratory have identified transient whirlwinds, mapped winds in relation to slopes, tracked daily and seasonal changes in air pressure, and linked rhythmic changes in radiation to daily atmospheric changes. Evidence about environmental changes on Mars that might have led to conditions favorable for life.

During the first 12 weeks after Curiosity landed in an area named Gale Crater, an international team of researchers analyzed data from more than 20 atmospheric events with at least one characteristic of a whirlwind recorded by the Rover Environmental Monitoring Station (REMS) instrument. Those characteristics can include a brief dip in air



from the city, 48 people spoke at Monday's meeting. City Officials estimated 125 people attend the six hour hearing that ended just after 1 a.m. Tuesday morning. The crowd overwhelmingly opposed the plans.

Residents complained that bringing pro football to the city would increase traffic, noise and unruly fans.

Jonas Peters, a Caltech chemistry professor, circulated photos of trash around the Rose Bowl the day after last week's UCLA-USC game. Other photos showed fighting between fans something Councilmember Steve Madison said he found disturbing. Peters argued the city needed to better manage events now before thinking of adding more.

According to city staff, The Arroyo Seco Public Lands Ordinance previously restricted large events at the stadium with 20,000 or more attending to 12 large events per year, absent special findings. Of those 12 events, seven are contractually reserved for University of California Los Angeles (UCLA) football games, plus two post-season collegiate games, including the Rose Bowl game. The proposed amendment to the ordinance would allow up to 13 additional NFL events per

Sunday afternoon event was co-sponsored by Pasadena City College and was a way for community members to express their appreciation for Portantino's six years of service in the Assembly.

The Metro Gold Line Foothill Construction Authority has also recognized Assemblymember Portantino for his "extraordinary" efforts on behalf of the Gold Line.

"I have loved representing the 44th Assembly District and feel I was 'just doing my job'. Together so many people are committed to serving the San Gabriel Valley and I feel lucky to be one of them, Portantino said."

NATHA – Neighbors Acting Together Helping All – also paid tribute to Assemblymember Portantino with their IMPACT award.

And, Mentoring and Partnership for Youth Development – MPYD – organized an evening reception at John Muir High School in Pasadena last Thursday as a thank you.

pressure, a change in wind direction, a change in wind speed, a rise in air temperature or a dip in ultraviolet light reaching the rover.

In many regions of Mars, dust-devil tracks and shadows have been seen from orbit, but those visual clues have not been seen in Gale Crater. One possibility is that vortex whirlwinds arise at Gale without lifting as much dust as they do elsewhere.

"Dust in the atmosphere has a major role in shaping the climate on Mars," said Manuel de la Torre Juarez of JPL. He is the investigation scientist for REMS, which Spain provided for the mission. "The dust lifted by dust devils and dust storms warms the atmosphere."

The overall goal of NASA's Mars Science Laboratory mission is to use 10 instruments on Curiosity to assess whether areas inside Gale Crater ever offered a habitable environment for microbes.

For more information about Curiosity and its mission, visit: <http://www.nasa.gov/msl> and <http://mars.jpl.nasa.gov/msl>.

year.

The additional events would only be allowed if the City enters into an agreement with an NFL team to lease the Rose Bowl Stadium. No NFL team has been identified as moving to Los Angeles and the City and the Rose Bowl Operating Company have not begun negotiations to lease the stadium to an NFL team staff said.

A number of neighborhood groups also threatened to sue the city to stop or reverse any plan to bring professional football to

Police Arrest Murder Suspect

Pasadena Police detectives arrested a Palmdale resident Tuesday in connection with a September murder that occurred during an attempted robbery of a local resident.

Police said at approximately 5:00 p.m., they arrested 23-year-old, Rashad McCoy for the alleged murder of Joseph Jones, also 23.

According to police, Jones was visiting with friends near the corner of Howard Street and Mentone Avenue when they were approached by McCoy who attempted to rob them.

Following the attempted robbery, McCoy hid in the rear yard of a residence near Stanton Street and Newport Avenue, where he laid-in-wait for Jones and his friends to approach. Jones was shot once in the upper torso. McCoy then fired additional rounds toward the remaining victims as they fled. McCoy ran to a nearby car and left the area.

Anyone with information regarding the incident is asked to contact the Pasadena Police Department Detective Section at (626) 744-4511.

Please Help a Family in Need during the Holiday Season



Please donate non-perishable, canned food items and/or an unwrapped toy for children ages 2 - 12.

Items can be delivered to the Altadena sheriff's station, 780 e. Altadena drive, beginning November 13 through December 8, 2012. distribution to families will be on Saturday, December 22, 2012, 8am – 12pm, at the Altadena community center, 730 e. Altadena drive.

For more information contact deputy Ronnie Manier or Sergeant Matthew bossier at (626)798-1131 or (626)296-2105

One City, One Story, "The Age Of Miracles"

Mayor Bill Bogaard along with Library Director Jan Sanders announced last week Pasadena's eleventh One City, One Story community reading selection, "The Age of Miracles," by author Karen Thompson Walker during a ceremony at the central library.

Luminous, haunting, unforgettable, The Age of Miracles is a story about coming of age during extraordinary times, about people going on with their lives in an era of profound uncertainty.

Thompson Walker was born and raised in San Diego, California, where The Age of Miracles is set. She studied English and creative writing at UCLA, where she wrote for the UCLA Daily Bruin. After college, she worked as a newspaper reporter in the San Diego area before moving to New York City to attend the Columbia University MFA program.

Thompson Walker is the recipient of the 2011 Sirenland Fellowship as well as a Bomb Magazine fiction prize. She lives in Brooklyn with her husband.

One City, One Story activities and events will be scheduled for March 2013. A community dialogue with the author is scheduled for Thursday, March 14. Details of book discussion groups, film series, lectures and other events will be announced in the near future.

One City, One Story is designed to broaden and deepen an appreciation of reading and literature in the community. To engage participants in dialogue and bring Pasadenans together by promoting greater understanding of differing points of view.

For more information visit www.onecityonestory.com or call (626) 744-7270.



Library Director Jan Sanders, Mayor Bill Bogaard

Local Museum Announces Two New Exhibitions

Pacific Asia Museum announces two upcoming exhibitions: The Garden in Asia (on view now through November 17, 2013) and The Art of Continuity: Revering our Elders (on view December 14, 2012 through January 5, 2014). These exhibitions will be held in the Changing Exhibition Galleries, and will feature significant rotations in 2013.

"Because these exhibitions draw deeply from our permanent collection, we're excited to share many important objects that are not often on view," said Curator Bridget Bray. "In addition, the thematic nature of these shows allows us to incorporate a cross-cultural perspective, enriching the visitor experience."

The Garden in Asia features objects from across Asia that demonstrate the role of the garden as a source of inspiration throughout the centuries. The exhibition includes paintings, prints, lacquerware, sculpture and textiles from throughout East and South Asia. The exhibition focuses on the garden as a creative space, both intellectually and artistically, but also the respite

that nature, encapsulated in gardens, offers in daily life. The included artworks allow visitors to experience the impact gardens have made on artists' literal study of nature as well as its more abstract and emotional qualities. After their visit to this exhibition, visitors are encouraged to spend time in Pacific Asia Museum's renowned courtyard garden for a complete experience.

The Art of Continuity: Revering our Elders examines the impact of the veneration of ancestors and lineages on the arts of Asia. In cultures informed by Confucian values, worship of family ancestors has generated countless objects for use in prescribed rituals. In other areas of Asia and the Pacific Islands, elders of prior generations are revered for their accumulated wisdom and ability to guide us through life's transitions. The exhibition includes paintings and sculpture from East Asia and the Pacific Islands, including China, Korea and Papua New Guinea.

A full calendar of events is available at pacificasiamuseum.org.

Citizen Journalism Meet-up

Learn not just how to blog but how to report the news

The Pasadena Community Network and this newspaper are holding a workshop on Citizen Journalism.

This group is the place where aspiring journalists can learn from trained professionals and support their local community by covering what's really happening in their neighborhoods.

We will put the news in your hands. Learn how to find

Museum to Hold 3rd Annual Lunar New Year Festival

Pacific Asia Museum will hold the third annual Lunar New Year Festival on Saturday, February 2nd from 11 a.m. to 5 p.m. celebrating Year of the Snake. Admission to the events, performances, crafts, demonstrations, and museum galleries is free and open to the public.

performances will include a lion dance and the renowned Xiao Hong Hua children's dance group from Nanjing, China, as well as performances representing other Asian cultures. The event will also feature activities, crafts and food trucks throughout the museum and in the tented parking lot. Visiting artists

the story, the tools needed to capture the story and the means to tell the story using the power of video, audio and print along with online social media. The next meeting is Nov. 27 from 6:30 p.m. to 8 p.m. at the Pasadena Community Network - Studio G, 2057 N. Los Robles Ave.

For more info call 626.794.8585.



“What’s Going On?”
News and Views from Joan Schmidt



November: *National Children’s Book Week*:
For twenty-five years, I taught at Annunciation School, Arcadia, and during November, one bulletin board was designated to *National Children’s Book Week*-the week before Thanksgiving. Throughout the year, reading was emphasized, and monthly book reports were required. But *that week* was special and we talked about different great books and authors-like Ray Bradbury who always came to annual *Duarte’s Festival of Authors*.
This year, headlining the *10th Annual Festival of Authors* were best-selling crime writer T. Jefferson Parker, award-winning novelist Susan Straight, and celebrated poet, novelist, performer and activist, Juan Felipe Herrera as featured speakers. For our youngsters, there was a *Kids Corner*, where authors read from their books, told Halloween tales and talked about the magic of writing. They included Alva Sachs, *I’m Five and On Your Mark, Get Set, Go!*, Jason Silva, *The Tale of Edgar Trunk*, Chani Warnasuriya, *Spooky Tales of the Orient*, Evelyn De Wolfe, *Conversations with Madame ZoZo*, and Rob Robledo, *How do you Hide a Dinosaur*. Then Gerald Shiller, master magician and author did his amazing sleight of hand magic, and face-painting was available. Local favorites included Duarte’s Alan and Claudia Heller, *Life on Route 66: Personal Accounts Along the Mother Road to California*, *Whisker Wisdoms* by Alexander The Main Coon Cat as shared with Dr. Robert Jacoby, and *U Touch I Tell*, by Chi Hosseinion, which is a MUST for all parents. (The author herself was abused.) Joseph Borda had quite a display of pictures and his medals from serving our country. His book is *Across the Seas*. I cannot say enough about this event. It lasted several hours and there was so much to do with the guest speakers and entertainment during the day. There were so many varied authors to talk to and find out what inspired them. There was food available so it provided an all-day event for young and old alike.

Another OUTSTANDING EVENT occurred around the *Annual Festival of Authors*. It was the **100th Birthday of Los Angeles County Library System!** We are talking **88 available libraries**

to county residents. I live in the county area, and use Live Oak Library. It may be small in size, but “*Good Things* do come in small packages!” So many times, I found not only great books, but videos there. In Sixth grade Literature, we read from *Watership Down* and *Phantom Tollbooth*. As a treat, I brought the videos for the class to view. In March, we learned about Caesar Chavez. From the Duarte Library, I checked out *No Grapes*, and then assigned writing project, a *Persuasive Article* to boycott grapes. No matter which county library you belonged to, you could make a request and it would be obtained from one of the 88 facilities! So many times in class, we read a selection from our Literature books, and then the students went to the library to read the rest of the book. In Ancient History, I went down to Baldwin Park’s library-it had videos about all the civilizations. When students lamented there was no working computer at home, I pointed out the library had several, and a couple were designated as “reserve” ones to be utilized as needed. Throughout the year, there are so many special programs and events at the libraries-special story hours, contests, and much more!

When Live Oak Library celebrated County’s 100th year, they had a party complete with cake, refreshments, balloons, games, prizes, book giveaways , little tote bags, and stuffed animals! My grandkids had a blast! **Happy 100th Birthday, Los Angeles County Libraries!**

What happened to *National Book Week*? Way back in 1913, Franklin Matthews, Librarian of the Boy Scouts toured America, promoting higher standards in children’s books. In 1916, with the aid of Frederic Melchior, editor of *Publishers Weekly*, and Anne Carroll, Superintendent of Children’s Works at the New York Public Library, sponsored *Good Book Week*. In 1944, the newly established Children’s Book Council began administering *Children’s Book Week*, but in 2008, it was changed from November to May. Well I am *still* celebrating books in November and will do so in May too! Reading is the key to learning!



Claudia and Alan Heller



Best Jacobi’s



TERUMASA’S QUESTIONS
By Christopher Nyerges

[Nyerges is the author of “Self-Sufficient Home,” “How to Survive Anywhere,” and other books. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com.]

In the evenings of late December of 2008, I would often sit with Terumasa and Nami and have dinner together, often watching television, and always trying to converse with Terumasa. Terumasa was the friend of our house guest, Nami, and he was here from Japan for a short visit. He was a noble man who exuded greatness. I loved to be around him, and wished that our language barrier was reduced.
One late afternoon, after we had the backyard memorial for Dolores, a few people lingered in the backyard and living room to talk. Terumasa sat there next to me, with Mel sitting there listening. Terumasa looked at me while we talked about Dolores. He said, “Christopher,” to gain my attention.
“Christopher,” he repeated with great concern in his voice.
“Why are we born? Why are here? Why do we live this life? Why must we experience all this pain?” He paused. He was about to cry. He added, “Why do we die?”
We were all silent for a few moments. Joe Hall looked at me, wondering what I would say. Joe had previously made it clear to me that he didn’t believe in reincarnation, so I suppose he wanted to see how I would respond. Mel commented, “Those are the questions, alright.”
I nodded to Terumasa. What could I say? Should I offer my opinion as to the meaning of life and death in a few simple words with the attempt to cross the chasm of our English-Japanese divide?
“Yes, what is this all about?” I asked rhetorically. I felt that I was certainly able to intellectually approach those questions, but I did not feel emotionally up to it in that moment.
“Let’s talk about that some more soon,” was all I offered.
Eventually, only Joe Hall and Mel remained talking, and when I finally walked Mel to his car, he turned and said. “We should get together and talk about Terumasa’s questions. I’d really like that.”
“OK,” I told him. “We will, but you have to promise to come.” Mel said OK.
About a month later, we planned Boy Voyage party for Terumasa, who would be departing the following day.
We set up an outside table, with lights and a table full of dinner. Nami came up with Terumasa and we invited them to sit down. It took a little while for Terumasa to realize that this was a party for him. He laughed loudly when he realized this was his surprise!
We filled our tea cups and touched them together for our toast, reciting words of love and friendship.

Then, after asking Terumasa about the details of his departure, and what he’d be doing back in Japan, we made the effort to answer his questions. Myself and my associate Prudence prepared with different parts of the book “Thinking and Destiny” by Harold Percival, along with our own insights.
We didn’t want our bon voyage to Terumasa to become a strict metaphysical study, but rather we wanted to provide some preliminary answers to his serious query. It was as much for us as it was for Terumasa.

We decided that we were born upon this world in order to continue our spiritual evolution. Each of us added some comments to this, but everyone seemed to concur that this is why we are here, and which is why we are here to live this life.

The subject of pain was much more complex. Yet, we denounced the notion that our pain is something given to us, or done to us, by “god,” as is so often averred by religious zealots. We men and women are the sources of pain on the earth, which usually come about by some violation of natural law, some breaking of the Ten Commandments, not abiding by the Golden Rule, and by partaking of the Seven Capital Sins. Our pain is the result of our own choices, and when we learn from our pain and our choices, we – if we are intelligent – learn to make other choices.

This was a big topic, but again everyone was in agreement that we bring our own pain upon ourselves, and that pain is largely unavoidable.

Then we talked about death. Prudence read from “Thinking and Destiny” and pointed out that death can be a friend to our Spiritual Self, that our bodies are simply not destined to live forever, and that – like it or not – we will all die as part of our long progress towards spiritual perfection.

This was not wholly agreeable to all, but the topic of death is so full of emotion and opinion and religious dogma that we did not attempt to have agreement all around, and that was OK.

By now we were feasting on some delicious Japanese fish and soup, and we gave Terumasa some gifts to take back to Japan. We all exchanged phone numbers and emails and we all hugged. It was clear to all that change was coming soon, and that this wonderful warrior would soon be gone. On the following Saturday morning, Terumasa flew away to Japan.

[The preceding was an excerpt from Nyerges’ “Til Death Do Us Part?” book, available from Kindle or from www.ChristopherNyerges.com.]

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THE WORLD AROUND US

Looking Up
with Bob Eklund



FINAL NORTH AMERICAN ALMA ANTENNA DELIVERED

After an odyssey of design and construction stretching across more than a decade, North America has delivered the last of the twenty-five 12-meter dish antennas that comprise its share of antennas for the international ALMA radio-telescope array. This is an important milestone in the construction of a vast observatory that astronomers have already begun using to open up a “final frontier” of the spectrum of invisible light.

ALMA, the Atacama Large Millimeter/submillimeter Array, stretches across more than 75 square miles of a high-altitude desert plain in northern Chile. The scientific communities of North America, Europe, and East Asia have banded together to build the observatory, and are sharing its \$1.3 billion cost. When completed, ALMA will have a total of 66 antennas—25 from North America, 25 from Europe, and 16 from East Asia.

“We are delighted to deliver this final ALMA antenna from North America,” says Mark McKinnon, the North American ALMA Project Director at the National Radio Astronomy Observatory (NRAO) in Charlottesville, Virginia. “It is a real testimony to the production team that we were able to overcome many technical challenges to complete the antenna delivery.”

Faint radio waves, emitted naturally by gas and dust in space, will be detected and measured by the antennas, with the measurements then processed by a supercomputer to generate images as detailed as would come from a single dish that was miles across. These images will give astronomers insights into previously invisible or unresolved processes of planet, star, and galaxy evolution, both nearby and across cosmic time.

The technique of combining radio telescopes to form a virtual, high-resolution instrument has been in use for decades. For example, the National Science Foundation’s (NSF’s) recently revitalized Very Large Array (VLA) in New Mexico uses this technique to explore the Universe as seen in centimeter-wavelength light. ALMA is the first VLA-scale array to attempt this feat at millimeter and submillimeter wavelengths. For these shorter wavelengths, an antenna dish surface must be more precise, able to maintain its parabolic curvature to within the thickness of a human hair amidst harsh conditions at the 16,500-foot- high ALMA site.

Radio waves, including millimeter and submillimeter waves, are identical to light waves, except that their wavelength—the distance from one “peak” of magnetic flux to the next, or the peak of one “wave” to the next—is much longer. For comparison, the wavelength of a typical FM radio signal (at a frequency of around 100 megahertz) it is about 10 feet—compared to a wavelength of a very small fraction of an inch for light waves. Millimeter- and submillimeter-length waves lie between what we usually call radio waves and light waves, and in astronomy this portion of the electromagnetic spectrum is almost entirely unexplored.

Funding to build the 25 110-ton North American antennas was provided by the NSF, in the largest single procurement in the history of the foundation’s astronomy division.

Once ALMA is completed next year, it is expected to serve as a state-of-the-art radio telescope for thirty years or more.

“This is a very exciting time in astronomy,” says Tony Beasley, NRAO Director. “With ALMA we are taking perhaps the greatest leap in observing power in the history of the science.”
You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



Final North American ALMA Antenna Heads Up to High Site. Photo Courtesy: NRAO/AUI/NSF, Carlos Padilla

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA’S OWN ANITA BALDWIN COMES HOME TO GILB MUSEUM

By Joan Schmidt

On Saturday there was a special champagne reception for the unveiling of Anita Baldwin’s “figure” (too beautiful and lifelike to be called a “statue”) and a lot more at Arcadia’s Gilb Museum. The day may have been dreary outside, but hot coffee and so many friendly faces set the mood upon arrival. What was so great, was I learned *SO MUCH* about a most remarkable woman- Anita Baldwin, the second daughter of Lucky Baldwin, and I am sure many Arcadians aren’t aware of all she accomplished. Festivities began with a warm welcome by Curator, Dana Dunn. Floretta Lauber, Arcadia’s first female Mayor related growing up in Sierra Madre only a few blocks from Anita’s. As a child, it was a thrill for Floretta to see Anita with her entourage in her sidecar.

Mary Beth Hayes, Director of Library and Museum Services felt this was a “great day for the City to honor one of its own...after seventy years, she still captivates our imagination...Anita was magnificent, generous, gutsy, patron of the arts, had a breeding farm, compassionate-reached out to those less fortunate. Anita’s poetry shows her most intimate self.”

The special exhibit was founded by donors after the passing of Charles Gilb. The Friends of the Society paid for the figure of Anita, a “Vision” that came to fruition – Dana herself spent years on research.

After the opening , introductions, and recognition of all those who made the display possible, guests then partook of refreshments, followed by a most informative slide presentation.

Sandy Snider, former Curator of the Los Angeles County Arboretum and local history author presented a detailed side show highlighting Anita’s life. Her mother was only sixteen and her father forty-eight when she was born. Anita had an older half

sister, Clara. When Anita was only five, her mother passed away. She spent time with grandparents and boarding schools. At sixteen, Anita eloped with her cousin George, which infuriated her father. (They married on a tugboat outside the Golden Gate.)They had twin sons who died in infancy. The marriage didn’t last and Anita then married Hull McClaughey which infuriated her father as McClaughey was a Democrat! (Again Lucky was out of town at the time of their marriage- in Nome Alaska, and the couple eloped in Carson City, Nevada.) Hull was an attorney and later handled the estate. There were two children, a daughter Dextra and son Baldwin. However this marriage didn’t last either and Anita and her children dropped the surname McCaughy so her son was “Baldwin Baldwin”.

Like her father, Anita was a hard worker with many interests. She loved to travel, and did so alone or with her children. She was a compassionate person who helped less fortunate. Because of her love of children, she contributed money to two hospitals for children’s wings. She gave money to women’s causes and sought ways to help women enrich their lives. She loved animals and was President of the California State Humane Association and was elected president of the Los Angeles Society for the Prevention of Cruelty to Animals.

This special slide presentation with background information featured family photos and a few glimpses of her mansion, Anoakia. Unfortunately it was razed some years back.

After Ms. Snyder’s presentation, a great visitor came into our midst. It was Anita Baldwin herself portrayed by Marilyn Long from the Tallac Historical Site, Lake



Tahoe. Anita spoke of her father with great affection, and relayed her mother’s early passing, first marriage- which was doomed from the beginning-her father didn’t approve her elopement with her cousin, and sadly the death of their infant twin sons shortly after birth. Her second marriage also failed, but produced her beloved daughter, Dextra and son Baldwin. Anita told about her love of horses and dogs and even read us a poem.

After Marilyn’s wonderful portrayal of Anita, guests were given either champagne or sparkling cider and followed Floretta to the curtained area. Floretta raised her glass & we all toasted as the curtains were drawn back. Everyone gasped at the figure-it was as though Anita *REALLY* was standing there!

What a remarkable day! Everyone *must* go to the Gilb Museum not only to see Anita’s beautiful display, but there is so much there! The hours are 10:00 a.m.-4:00 p.m. Tuesday-Saturday. Gilb Museum of Arcadia Heritage is located at 380 West Huntington Drive, Arcadia. (626) 574-5400 I can’t wait to go back and tour the *entire* museum!

ARCADIA POLICE BLOTTER

For the period of Sunday, November 11th, through Saturday, November 17th, the Police Department responded to 900 calls for service of which 115 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, November 11:

1. At approximately 7:20 p.m., officers were dispatched to the Nordstrom’s parking lot at the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a vandalism involving a vehicle. Both the driver and passenger side mirrors were broken off, and left on the ground next to the vehicle. The vehicle’s owner indicated that he believed the vandalism was the result of a parking dispute he had with another driver earlier that day. Though the owner did not actually see the vandalism occur, he can identify the person whom he had the dispute with if seen again.
2. Shortly after 8:00 p.m., an officer conducted a traffic stop on a vehicle for expired registration on Live Oak Avenue near Santa Anita Avenue. A subsequent investigation and consensual search of the vehicle revealed the driver had a suspended license, two outstanding warrants for his arrest, and was in possession of a stolen license plate. The 48-year-old, Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Monday, November 12:

3. At approximately 11:59 a.m., an officer was dispatched to the 1000 block of S. Fourth Avenue regarding to a residential burglary. Investigation revealed the suspect(s) entered an open garage while the resident was home, and stole a set of golf clubs. There were no surveillance cameras, and no suspects were seen or heard during the incident.
4. At about 9:48 p.m., an officer conducted a traffic stop on Baldwin Avenue near Huntington Drive. Upon contact with the driver, the officer discovered the driver had a suspended license. A consensual search of the vehicle revealed the driver was in possession of brass knuckles. The 26-year-old, White female was arrested for possession of a dangerous weapon, and transported to the Arcadia City Jail for booking.

Tuesday, November 13:

5. At about 7:18 a.m., officers responded to the 11000 block of Clark Street regarding a suspicious male vandalizing a vehicle. Upon arrival, officers contacted the suspect standing next to a white Ford, carrying a metal bar. Investigation revealed the vehicle belonged to the suspect. Though initially calm and compliant, the suspect increasingly became frantic and delirious showing significant signs of drug use. The suspect attempted to run away, and resisted the officers’ attempts to detain him. As a result, the 50-year-old, Hispanic male was taken to the Arcadia City Jail where he was booked for being under the influence of a controlled substance and resisting officers.
6. Around 4:41 p.m., officers were dispatched to the 2000 block of S. Baldwin Avenue in regard to a residential burglary. Officers discovered the suspect(s) removed a back window screen, and entered through the unlocked window. Further investigation revealed the bedroom was ransacked, and several pieces of jewelry were stolen. There were no witnesses or surveillance cameras.

Wednesday, November 14:

7. At approximately 8:44 p.m., an officer was dispatched to the 000 block of Vaquero Road in reference to a theft that occurred earlier in the evening at 24 Hour Fitness, 125 N. First Avenue. The male victim reported his car keys had been stolen from an unsecured locker while he was using the gym facilities. The victim discovered his cell phone, cash, driver’s license and several credit cards stolen out of his vehicle. Further investigation revealed the unknown suspect(s) used one of the stolen credit cards at a Chevron gas station in Woodland Hills.
8. Around 9:56 p.m., officers were dispatched to the 800 block of San Simeon Road with regard to a residential burglary. The female victim entered her home, heard a loud sound coming from inside, and discovered her home had been ransacked. An investigation revealed the suspect(s) removed a bathroom window screen, and pried open the window. The victim did not see anyone in her home, and there were no surveillance cameras.

Thursday, November 15:

9. At about 1:37 a.m., an officer conducted a traffic stop on a vehicle for swerving between the lanes on Santa Anita Avenue near Camino Real Avenue. Upon contact with the driver, the officer detected an odor of alcohol emitting from inside the vehicle. An investigation revealed the driver was under the influence of alcohol. The 21-year-old, Chinese male was subsequently arrested for drunk driving, and transported to the Arcadia City Jail for processing.
10. At about 3:23 a.m., an officer conducted a traffic stop on a vehicle in the area of Santa Anita Avenue and Campus Drive for a missing front license plate. A subsequent investigation revealed a passenger in the vehicle had an outstanding felony warrant for their arrest. The 22-year-old, White male was arrested and transported to the Arcadia City Jail for booking.

Friday, November 16:

11. At approximately 6:05 p.m., an officer responded to the Santa Anita Mall, 400 S. Baldwin Avenue, regarding two male suspects in custody for theft. The suspects concealed clothing from Pac Sun inside their bags, exited the store without paying for the items, and ran off when the security alarm sounded. Security officers stopped the suspects and detained them until Arcadia Police arrived. Further investigation revealed the suspects had stolen clothing from several other stores in the mall. The 16 and 17-year old Asian males were arrested, and transported to the Arcadia City Jail for booking. Both were subsequently released to their parents.
12. Around 4:48 p.m., officers responded to the 600 block of W. Duarte Road regarding a stolen vehicle. Investigation revealed a 2006 silver, Ford Taurus was stolen from the location between 2:45 p.m. and 4:45 p.m. The female victim remembers locking her vehicle, but believes she may have left her keys inside. There were no witnesses and the stolen vehicle was not discovered in the surrounding area.

Saturday, November 17:

13. At about 4:20 a.m., officers responded to the area of Foothill Boulevard and Baldwin Avenue regarding a solo vehicle crash in which the male driver fled the scene. During their investigation, officers contacted the driver at his home in Monrovia, and discovered he was under the influence of alcohol. The 23-year-old male was subsequently arrested for drunk driving, and transported to the Arcadia City Jail for processing.
14. Around 5:05 p.m., officers were dispatched to Boutique No. 5, 733 W. Naomi Avenue, regarding a robbery. Investigation revealed a male suspect entered the store pretending to be a customer, concealed a purse, and exited the store without paying. A female employee followed the suspect outside, and while attempting to retrieve the stolen merchandise, was elbowed in the head by the suspect who fled the scene in a blue pickup truck. The suspect was described as a White male, 6 ft. tall, mid 20s, and can be identified by the victim if seen again.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MAP LEADRSHIP GRADUATION HELD AT MONROVIA CITY HALL

By Joan Schmidt



and residents. The MAP Leadership Academy offers a hands on approach to building relationships and developing projects with other community leaders and city staff.

There were six days of classes. They included: September 20th, the Role of a Neighborhood Leader: An introduction of methods to bring together local residents, and ways you can make a difference; September 27th, Government 101: Navigating Local Government Instruction regarding the roles of municipal, county, state, and federal government and how they operate, learning effective ways to obtain assistance and promote change; October 4th , Public Health & Safety: Monrovia’s Code Enforcement and Police Departments address their duties and obligations to maintaining blight and crime free community; October 11: Communicating & Connecting in the Community; October 18th:The Neighborhood Fix: Tools and Resources: Tools and resources to help leaders solve issues in their neighborhoods; October 25th: Hypothetically Speaking: Interactive Exercises. November 1 was a makeup class and city tour.

Nineteen area residents completed the Academy: Lisa Acosta, Derek Blow, Krystina Contreras, Matthew Crabtree, Sean Gonzales, Rosie M. Herrin, Sergio Paul Jimenez, Rachelle Killackey, Devon Lendsey, Sophia Mo, Jeremy Mo, Irene Paredes, Rubi Perez, Charmaine Richards, Malika T. Robinson-Butler, Susan Wang, Pauline White, Jason Young, and Chris Ziegler.

There was much enthusiasm as each graduate walked up to the podium to receive their Certificate from Heather Greer, who had praise for each person. City Council Members also had positive comments. Council Member Larry Spicer actually was a graduate of the program and then became involved in his community. Council Member Becky Shevlin called the graduates, “a great group”, mentioned taking a leadership class is so rewarding, and to connect to your community and serve it.

Council Member Tom Adams also offered congratulations and felt, “This will open to door for more opportunities in Monrovia for volunteerism.”

Mayor Pro Tem Joe Garcia thanked all for attending and revealed he too had attended a Leadership Academy and recently taught at one. He commended the graduates, as an “inspiration”, and feels “This is what makes our community great-cause of people like you.” Mayor Mary Ann Lutz was eloquent as always: “Congratulations for taking the first step. We are more than 119 strong. Every time more graduate, it makes our community stronger.”

Following the distribution of Certificates, a cake and beverage were served at the Community Center.

For more information on this exceptional program, call (626) 932-5563, visit website: www.cityofmonroiva.org/city-government/map-monrovia-area-partnership or email at map@ci.monrovia.ca.us

NEIGHBORHOOD ALERT!

The City of Duarte and the Los Angeles County Sheriff’s Department want residents to be aware that a home burglary has occurred in the Fish Canyon Area of Duarte, specifically in the 200 Block of Greenbank Avenue. Please note, increased County Sheriff’s patrols and other security measures have already been implemented in the area in light of the recent burglary activity.

On Wednesday, November 7, 2012, between 11:00 a.m. and 12:30 p.m. while the occupants were away from the home, unknown person(s) attempted to pry open the rear back door but failed, they gained access into the home after prying open a rear bathroom window and stole jewelry.

A neighbor reported seeing a suspicious person around the time of the burglary. The person was described as thin, the race and sex was not determined. This person was wearing a utility helmet, driving a gray vehicle, and parked in front of the home that was burglarized and was last seen walking up to the front door. The witness was not able to provide the Deputy with any more details.

If you have any information that can assist in the investigation of this burglary please contact Special Assignment Deputy Wayne Goodrich at the Duarte Sub Station by calling (626) 359-5671, ext. 320. Should you witness a crime in progress, please call 911. If you would like to leave an anonymous tip, you may do so by calling the Sheriff’s Satellite Station Crime Tip Hotline at (626) 359-5671, ext.

462. Tips can also be e-mailed duartecrimetips@lasd.org. If you see suspicious persons or vehicles in your neighborhood, please report them by contacting the Temple Sheriff’s Station at (626) 485-7171. Important tips to remember to help keep your neighborhood and family safe:

- Make your home look occupied, leave the TV, radio, or lights on, or your dog in the backyard.
- Lock all doors, windows, and garage doors before you leave the house or go to bed.
- Use motion detector lights outside.
- Don’t allow daily deliveries of mail, newspaper or flyers to build up while you are away. Arrange for the post office to hold your mail, or a friend or neighbor to collect them regularly.
- Push-button locks on doorknobs are easy for burglars to open. Install deadbolt locks on all your outside doors.
- Keep your yard clean and bushes and trees trimmed. Do not give burglars a place to hide.
- If you have an alarm system, use it, even if you leave for a short period of time.
- If you do not have an alarm system buy signs that say you have an alarm and place them around your home.

For more information on how you can help protect your property and family from a home burglary, or to start a Neighborhood Watch in your area, contact Aida Torres at the Duarte Public Safety Office at (626) 359-5671, ext. 316 or via e-mail at A2Torres@lasd.org.

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Call Patricia at 626-818-2698 Today!

ST. RITA KIDS FEATURED IN RISE OF THE GUARDIANS TRAILERS

If you look carefully, you may notice some familiar little faces in TV spots promoting Dreamwork's holiday blockbuster movie, *Rise of the Guardians*!

Junior kindergarteners through second graders from St. Rita School were interviewed in early October by Hurwitz Creative Production for inclusion in TV spots and online featurettes promoting the movie. Shannon Morzov, General Manager and St. Rita alum, arranged for the interviews to be held at the school.

Rise of the Guardians, which opened in theaters this week, is an animated tale of good vs. evil in which the epic characters of Santa Claus, the Easter Bunny, Sandman, Tooth Fairy and Jack Frost must join forces to save children's imaginations by battling the evil spirit, Pitch. Featured voices include Alec Baldwin, Hugh Jackman, Isla Fisher, Chris Pine and Jude Law.

The children, interviewed in Mrs. Cash's second grade classroom, were asked questions such as "How do you think Santa Claus makes it to all of those houses on Christmas Eve?" and "What does the Tooth Fairy do with all the teeth she collects?" The children had an abundance of things to say!

"Spending the day at St. Rita's with the kids was one of the most fun I've had on the job," said Dave Hren, Production Supervisor for Hurwitz Creative. "They were really cute and funny and we're thrilled with the results."

The children's adorable commentary on these legendary figures can be seen in a couple versions of the TV spot, shown nationally, as well as at www.redtri.com/kids/enter-the-rise-of-the-guardians-contest in online featurettes.

St. Rita School is located at 322 N. Baldwin Ave. in Sierra Madre. The Catholic parish school is celebrating their 90th year, with a focus on faith, stewardship and academic excellence.



Above - Chase Higdon, Sean Peters and Antonio Sanchez explain their perceptions of Santa Claus for the camera.
Below - Hailey Mata and twins, Audrey and Katie Fisher, prepare for their interviews.



BOSCO TECH OFFERS FREE DIGITAL ARTS WORKSHOP FOR MIDDLE SCHOOLERS

Los Angeles area middle school students will learn to create computerized art at Don Bosco Technical Institute's (Bosco Tech's) Digital Art Workshop (DrAW) on Saturday, December 15, 2012. The free DrAW workshop will feature instruction in Photoshop on computer tablets. A Wacom tablet will be raffled off to a workshop participant and a Bosco Tech scholarship will be given to a future incoming student who shows creative ability.

"It's a fun opportunity for kids to learn more about, and try out, digital art software using professional-level computers," says Luis Garza, chairman of the school's Integrated Design, Engineering and Art department (IDEA). "Bosco Tech's high school students have the chance to use these tools every day and the workshop exposes middle schoolers to the same equipment and programs that companies like Disney, Apple and Pixar are currently using in computer animation, product design and video games." The three-hour DrAW workshop begins at 10 a.m. Lunch will be provided. Interested students can register by contacting Garza at (626) 940-2079 or lgarza@boscotech.edu. Space is limited.

Bosco Tech is the only all-male Catholic high school in the state that uniquely integrates college-preparatory curriculum with a comprehensive, four-year, project-based science and technology program. The academic curriculum allows students to meet university admission requirements while completing extensive integrated coursework in one of five technology and engineering-related fields: Architecture and Construction Engineering; Computer Science and Electrical Engineering; Integrated Design, Engineering and Art; Materials Science, Engineering and Technology; and Media Arts and Technology. For further information about Bosco Tech, please call (626) 940-2000 or visit www.boscotech.edu.

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November 15, 2012	December 4, 2012	January 29, 2013
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The meetings are from 9:00 - 11:00am. R.S.V.P. to 626.286.3108 is appreciated.



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29, 2012
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SCHOOL DIRECTORY

Alverno High School
 200 N. Michillinda Sierra Madre, Ca. 91024
 (626) 355-3463 Head of School: Ann M. Gillick
 E-mail address: agillick@alverno-hs.org

Arcadia High School
 180 Campus Drive Arcadia, CA 91007
 Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
 41 W. Santa Clara St. Arcadia, Ca,
 (626) 294-0661 Principal: Phil Clarke
 E-mail address: pclarke@arroyopacific.org

Barnhart School
 240 W. Colorado Blvd. Arcadia, Ca. 91007
 (626) 446-5588 Head of School: Ethan Williamson
 Kindergarten - 8th grade
 website: www.barnhartschool.org

Bethany Christian School
 93 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-3527 Principal: James Lugenbuehl
 E-mail address: jml@bcschools.org

Foothill Oaks Academy
 822 Bradbourne Ave., Duarte, Ca 91010
 (626) 301-9809
 Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School
 192 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-2410 Head of School: Patty Patano
 website: www.goodenschool.org

High Point Academy
 1720 Kinneloa Canyon Road Pasadena, Ca. 91107
 Headmaster John Higgins
 626-798-8989
 website: www.highpointacademy.org

LaSalle High School
 3880 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 351-8951 website: www.lasallehs.org
 Principal Bro. Christopher Brady, FSC

Monrovia High School
 325 East Huntington Drive, Monrovia, CA 91016
 (626) 471-2800 Principal Darwin Jackson
 Email: schools@monrovia.k12.ca.us

Norma Coombs Alternative School
 2600 Paloma St. Pasadena, Ca. 91107
 (626) 798-0759
 Principal: Marcatta Williams

Odyssey Charter School
 725 W. Altadena Dr. Altadena, Ca. 91001
 (626) 229-0993 Head of School: Lauren O'Neill
 website: www.odysseycharterschool.org

Pasadena High School
 2925 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 798-8901 Principal: Gilbert Barraza
 website: www.pasadenahigh.org

St. Rita Catholic School
 322 N. Baldwin Ave. Sierra Madre, Ca. 91024
 Principal Joan Harabedian
 (626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School
 141 W. Highland Ave. Sierra Madre, Ca. 91024
 (626) 355-1428 Principal: Esther Salinas
 E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
 160 N. Canon Sierra Madre, Ca. 91024
 (626) 836-2947 Principal: Garrett Newsom
 E-mail address: newsom.garrett@pusd.us

Walden School
 74 S San Gabriel Blvd
 Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
 1434 N. Altadena Dr. Pasadena, Ca. 91107
 (626) 797-0204
 Lisa Feldman: Head of School

Wilson Middle School
 300 S. Madre St. Pasadena, Ca. 91107
 (626) 449-7390 Principal: Ruth Esseln
 E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT
 351 S. Hudson Ave., Pasadena, Ca. 91109
 (626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT
 234 Campus Dr., Arcadia, Ca. 91007
 (626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT
 325 E. Huntington Dr., Monrovia, Ca. 91016
 (626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT
 1620 Huntington Dr., Duarte, Ca. 91010
 (626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show

Movie Reviews Especially for Teens & 'Tweens

BREAKING DAWN PART 2



I will say that before now, I have happily avoided the "Twilight" series (during the previews I got a very thorough summary of the story so far). However, two good things came out of this movie: Kristen Stewart's acting improved and the world of film has gained an epic fight scene.

Bella (Kristen Stewart) and Edward (Robert Pattinson) have overcome so much, including life itself. Now, with forever in front of them, they have one final obstacle: the Volturi. Bella and Edward, with the help of Jacob (Taylor Lautner), Carlisle (Pater Facinelli), and

the rest of the Cullen family, must gather forces to confront the Volturi in a final showdown.

This movie did almost nothing for me; the acting was very flat, except for a surprise performance from Kristen Stewart, and the story was very predictable. Even with all of these negatives, this movie had one redeeming quality: one of the best battles I have ever seen. For that one scene, you forget all the bad and can only focus on the clashing vampires and werewolves. Overall, not a good movie, but the few good moments make it worth seeing.

BIG SHRIMP GETS EVEN BIGGER

I got a note from my friend Adam Chu, he is the Big Shrimp at the Big Shrimps Fish Grill in Monrovia, he listens to my talk show on Saturday Nights on KABC, and knows that I like a good clam chowder so he invited me back in. Why come back, Adam? *I am already a follower*, you are preaching to the choir. Well, my friend Adam is never one to rest on his laurels. He even closed the restaurant for a few days to do his own road trip around Los Angeles to see what the competition was up to. What he came back with was a few new items to what I thought was a fantastic menu.



So what's new? Fish N' Chips for \$7.50: some of the best I have had in the San Gabriel Valley. There are few places around that do Fish and Chips, (Camerons and Lucky Baldwins), but these are not only the best value. But also the best tasting. When Adam says fresh, he means it, Adam also owns a seafood import business. On this visit I started off with a cup of Lobster Bisque for (\$3.50)!! Yes it is a cup but, what a cup, it battles many of the soups that I have had a five star steakhouse. Sure there is no Maître De here, but we are paying like paupers, right? All entrees are in the (\$8 to \$17) range, so I was able to sample many of the dishes. I recommend ordering from the Big Shrimps Combo plate: Pan Seared Combo that includes 2 pan seared day boat scallops and 4 pan seared shrimp the most expensive item on the menu at \$16.99. Get in here before owner Adam comes to his senses. From the grill, seven to eight varieties of fish are there for entrees. Most of the items are fresh from the boat. New to the menu are hot and cold sandwiches with the Shrimp and Bacon Po Boy at \$6.99 the star of this show.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

Note.....Do you know the difference between Day Scallops and regular Scallops? I didn't until I asked, Regular Scallops can be on the boat up to 15 days, yes 15 days sitting in the freezer 100 miles from shore, however a day Scallop is brought in fresh everyday from the ocean. Yep, that is what Big Shrimp specializes in Day Fresh Scallops. If you are a Fish Fan every week they have a rotating Fish Special.

How do they keep prices so reasonable? Good question! The restaurant is extremely clean but no frills and seating at the counter is available. Owner Adam Chu has been importing shrimp from the Far East for over 10 years and has taken his expertise in buying seafood and has shared his knowledge with us. He continues in that business but as the owner of the restaurant, he transfers those incredible savings to us.

I take my reputation on this seafood experience. Overall Grade Strong B
 Big Shrimp Fish Grill 123 E. Colorado Monrovia (626) 359-8982

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INGREDIENTS

- 1 leftover turkey carcass (from a 10- to 12-pound turkey)
- 2 quarts water
- 1 medium onion, halved
- 1/2 teaspoon salt
- 2 bay leaves
- 1 cup chopped carrots
- 1 cup uncooked long grain rice
- 1/3 cup chopped celery
- 1/4 cup chopped onion
- 1 can (10-3/4 ounces) condensed cream of chicken or cream of mushroom soup, undiluted

DIRECTIONS

- Place the turkey carcass in a stockpot; add the water, onion, salt and bay leaves. Slowly bring to a boil over low heat; cover and simmer for 2 hours.
- Remove carcass; cool. Strain broth and skim off fat. Discard onion and bay leaves. Return broth to the pan. Add the carrots, rice, celery and chopped onion; cover and simmer until rice and vegetables are tender.
- Remove turkey from bones; discard bones and cut turkey into bite-size pieces. Add turkey and cream soup to broth; heat through. Yield: 8-10 servings (about 2 quarts).

ANTONOVICH ANNOUNCES COUNTY'S FINDINGS ON MISLABELED SEAFOOD



Supervisor Antonovich and Dr. Jonathan Fielding, Director of the Dept. of Public Health

LOS ANGELES COUNTY— Supervisor Michael D. Antonovich announced that the Los Angeles County Department of Public Health's Seafood Task force found that of the 103 retail food facilities inspected, including 66 restaurants and 37 food markets, 74% of the facilities investigated had label misbranding or false advertising on menus and over 180 violations.

In addition to substituting crawfish for lobster, other examples of mislabeling found in the study included: selling farm-raised salmon as wild salmon, fluke or turbot for halibut, seabream, pollack and tilapia substituted for snapper, fluke substituted for halibut, and imitation crab, abalone and octopus sold as the real product.

"One of the more dangerous examples of mislabeling included escolar is being sold as "white tuna;" however, there is no such fish as "white tuna" and some individuals may be allergic to escolar," said Antonovich.

The Task Force, initiated by Supervisor Antonovich, was a collaborative effort by the County Department of Public Health, the California Department of Food and Drug branch and the U.S. Food and Drug Administration adopted by the Board of Supervisors to address the growing nationwide problem of seafood mislabeling.

"Residents need to know what they were paying for -- and we are committed to ensuring that suppliers and retailers practice truth-in-advertising," said Antonovich.

LOCAL RESTAURANTS BEING INVESTIGATED

99 Ranch Market
 1300 S Golden West Ave
 Arcadia 91007
Red Rock Vermillion sold as Red Snapper

Shrimp Ahoy
 4488 E Live Oak Ave
 Arcadia 91006
Improper identification of "Country of Origin"

Mako Sushi
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 Arcadia 91006
*1. Imitation Crab substituted for crab
 2. Escolar substituted for White Tuna*

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by Chris Leclerc

CLASSICAL LOVING CANINES

It is a well-known fact that music can play a major part in altering the mood of the human being. When I am feeling a little low on the energy level and I need a boost, all I have to do is tune in to one of my favorite rock and roll or bluegrass channels on Pandora, let it play away, and before I know it I am up and about, dancing in my living room and cleaning my house like a white tornado! On the other hand, if I am feeling a little stressed or edgy, I turn to my best known baroque buddies, Chopin and Mozart to calm my nerves and settle my soul by serenading me with beautiful sonnets and minuets on the piano, clarinet or violin.

Music inspires me in so many ways, but what does music do, if anything, for a dog? Numerous research studies have been conducted over the years, to determine how sounds might affect the feelings and behavior of the canine. Among the more scientifically important research studies is one that was performed by Belfast-based psychologist and animal behaviorist Dr. Deborah Wells in 2002. Dr. Wells undertook a research program to determine the influence of five types of auditory stimulation on the dog: human conversation, classical music, heavy metal music, pop music, and a silent control (no music at all). The results of Dr. Wells' study clearly indicated that classical music had a marked soothing effect on dogs in animal shelters when compared to the other types of auditory stimulation. In the discussion section of her published research, Dr. Wells stated, "Classical music resulted in dogs spending more of their time resting than any of the other experimental conditions of auditory stimulation. This type of music also resulted in a significantly lower level of barking.

Research suggests that calming music may have a beneficial effect on humans, resulting in diminished agitation, improved mood and lower levels of stress. Although the specific effect of classical music on dogs remains unknown, the findings from this study suggests that it may, as in humans, have a calming influence." She also observed that heavy metal music tended to agitate the dogs, which was mainly manifested by increased frequencies of standing, fretting and barking. Upon completion of the project, Dr. Wells stated, "Further work is still required to unravel the specific acoustic elements that dogs respond to." Dr. Wells' research results inspired a small group of American scientists & musicians to embark on a subsequent study of their own. Their mission was to take bioacoustics research to a higher level, where no man had gone before.

In 2005, neurologist Susan Wagner initiated and directed the Bioacoustics Research & Development (BARD) project, and working closely with her associates Joshua Leeds (sound researcher) and Lisa Spector (concert pianist), she came up with some very interesting and enlightening results which she and Lisa Spector later documented in a book entitled *Through a Dog's Ear*. Sound is a complex phenomenon, consisting of energy waves, the speed of which are measured in units called hertz (one wave cycle per second). The normal range of sound heard by the human is about 20-20,000 Hz. Although audible frequencies varies from one species to another, we know that most animals have a much higher range of perception than that of the human, and dogs can receive up to at least 50,000 Hz. Volume or loudness of sound is measured in decibels (dB). A whisper is measured at a range of about 30 dB's and a normal conversation occurs at about 50 dB's, while the average rock concert is measured in at around 130. Perception of sound is what we call hearing. Dr. Wagner refers to the hearing side of sound as the science of psychoacoustics, which involves an individual's psychological and physical orienting response to incoming Hz frequencies. In lay terms, it is the way one perceives what one hears, both biologically and mentally (and perhaps even spiritually).

Although I prefer to refrain from using technical terminology in this "light-reading" weekly column, I describe these terms to help explain the overall point I wish to emphasize, which is the positive impact that calming, classical music can have on not only humans, but animals as well, particularly dogs. Interestingly enough, the final outcome and end results of Dr. Wagner's 2005 study on how sounds affect the behavior of the dog, re-confirmed the findings of Dr. Wells' research project back in 2002.

In short, because of physical sound receptors and ability to interpret what is heard, a dog's response to sound is much like that of a human, but perhaps more intense. Therefore, because of the way a dog hears and responds to sound, it is safe to assume that classical music is an excellent choice to bring relaxation and rest to our canine companions. Not that it took a scientific study to prove that point to me. I see the results in my own home on a regular basis when Tater goes from baying at the leaf blowing landscaper across the wash, to laying still on her pillow on the porch in a moment's time, when I tune in to Bach or Beethoven on Pandora. Still, it is nice to know that even scientists will agree that canines do love their classical music, and I think it says a lot for those early European music making maniacs as well! After all, who doesn't want to be loved by a dog?



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SPORTS

ALVERNO VARSITY VOLLEYBALL CELEBRATES FIRST CIF CHAMPIONSHIP TITLE IN SCHOOL HISTORY

Alverno became CIF Division 5AA Champions After Defeating Pomona Catholic

Sierra Madre, CA (November 19, 2012) – For the first time in school history, the Alverno High School Varsity Volleyball can claim the title "CIF-SS Champions." The Jaguars volleyball team brought home the title after defeating Pomona Catholic 25-15, 27-25, 25-22 in the Saturday, November 17 Division 5AA final at Cypress College.

The Varsity Jaguars, league champions of the Horizon League, ended their season with a league record of 8-0 and an overall record of 20-3-0 after their win on Saturday against Pomona Catholic. The Jaguars, who did not lose a set during the entire playoffs, are set to play Calvin Christian of Escondido on Tuesday, November 20 in the first round of the state playoffs.

Varsity Jaguar members include seniors Raylene Acevedo, Jessica Hamilton, Sydney Hernandez-Barber, Alexandra Overstreet, and Lauren Tunzi; juniors Hayley Barretta, Rachel Cavender, Asia Chapa, and Taylor Valenzuela; sophomores Izaura Avitia, Madison Hernandez-Barber, Raine Orozco, Alexia Palomina, Alexandria Peterson; and freshman Natalie Hernandez-Barber.

The Jaguars have enjoyed a highly successful season that included 55 sets played, 1,642 attacks, 631 kills, 1,215 serves, and 964 digs. Seniors Jessica Hamilton, Alexandra Overstreet, and Sydney Hernandez-Barber lead the team in attacks, kills, serves, and digs throughout the season. Senior Lauren Tunzi, a strong defensive player, attacked and blocked more than 218 balls for the Jaguars. Finally, Asia Chapa rounds out the top team players with 104 attacks, 248 serves including 38 aces, 136 digs, and an astounding 501 assists as the team setter. Although Hamilton, Overstreet, Hernandez-Barber, and Tunzi will be graduating, Chapa will be back on the Jaguar court next season.

"For the first time in school history, Alverno can claim a CIF Championship in volleyball," said Ann Gillick, Head of School. "We are so proud of everything these women have accomplished both on and off the court. Not only are each of them talented athletes but scholars, leaders, actors, and so much more. They are true examples of Alverno's mission of empowering each young woman to be exactly the person she wants to be."



Back: Coach Chris Guzman, Alexia Palomino, Natalie Hernandez-Barber, Hayley Barretta, Lauren Tunzi, Coach Brent Fabbri, Raine Orozco, Rachel Cavender, Taylor Valenzuela, Izaura Avitia, and Coach Ricardo Dávila - Front: Madison Hernandez-Barber, Alexandria Peterson, Asia Chapa, Jessica Hamilton, Sydney Hernandez-Barber, Alexandra Overstreet, and Raylene Acevedo

About Alverno High School

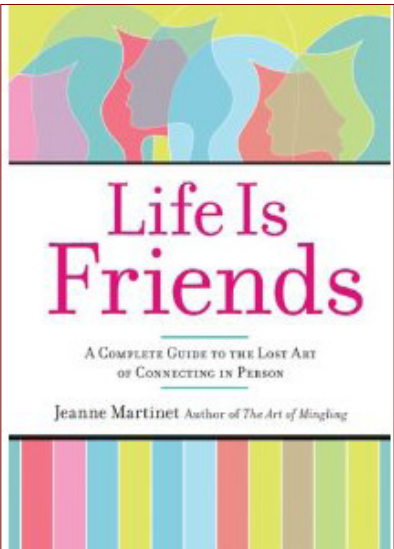
Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,100 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

JASMINE’S CORNER

Book Reviews by Jasmine Kelsey Williams

LIFE IS FRIENDS: A COMPLETE GUIDE TO THE LOST ART OF CONNECTING IN PERSON

By Jeanne Martinet



The Thanksgiving holiday has passed and now we transition to the upcoming Christmas holiday, which means that this next selection will help you to become much more comfortable when visiting family and friends. ‘Life is Friends: A Complete Guide to the Lost Art of Connecting in Person’ is the perfect choice for those with the desire to socialize, as well as gaining insight to the art of mingling and interacting with others. In today’s day and age, technological devices such as the iPhone and laptops have become our common modes of interaction and socializing. Jeanne Martinet makes wonderful points on this topic, as the art of mingling and social interaction in today’s society is less frequent. Rather than a phone call, a text or e-mail is now the norm of quick communication, Skype or e-mail is more common for long-distance friendships, and then there are the claims with so much to do in a day, one does not have time for friendships or social outings. Here is where Martinet works her magic, where she not just explains the

art and skill of being social with others, but also instructs the reader on proper etiquette that comes with socializing in different situations, such as how to be a proper host for dinner parties, mingling in large groups, and the unexpected overnight guest. ‘Life is Friends’ is an excellent choice for if you want to improve upon your etiquette, but also if you desire companionship or if you simply wish to see more people. Published and copyrighted in 2009, ‘Life is Friends’ is not only a newer read, but one that also will help greatly if the principles of this book are applied and if the reader has a desire for a much more fulfilling life with others beyond family. If you are a reader who enjoys the company of good friends and wish to expand with that idea, then ‘Life is Friends’ will not disappoint.



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THANKSGIVING AND BOUNTY

During this season of Thanksgiving and bounty, it seems natural to reflect upon the idea

of abundance. Just how can we get everything we want, anyway? Well, it’s about gratitude.

Abundance is not necessarily about material things or money but about the relationships in our lives -- especially that unique relationship with ourself. Do you wait until 2 p.m., to ask yourself how you feel that day? How about asking that question first thing in the morning and honoring the answer throughout your day.

Think of a tired, thirsty, lifeless plant. It’s existing in a state of scarcity. But give it some

water and sunshine, and it totally regenerates. Stands taller, blossoms. It’s then able to share its gifts -- the beauty of its flower and fragrance, and the life-giving oxygen it produces.

Care for and nourish yourself in supportive ways that energize and allow you to thrive: get adequate rest, drink plenty of water, eat well, breathe completely and do your yoga.

Receive each breath as a gift, and practice receiving gracefully . . . and gratefully. The more attentively you receive the gift of breath, the more you will start to notice all the other gifts you’ve been receiving all day long. You’ll likely rediscover the powerful truth that your life is abundant and full already.

Namasté, René

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SEAN’S SHAMELESS REVIEWS:

Review By Sean Kayden

LOOKING BACK AT ONE OF THE BEST ALBUMS OF THE LAST DECADE

I don’t know what’s more shocking, how Interpol’s stellar debut album came out 10 years ago or the fact it still can stand toe-to-toe with any rock album released today. While the band may be on an extended hiatus (anyone’s guess if they’ll regroup), I wanted to go back to the period when this album came to light. I was a freshman in high school when “Turn On The Bright Lights,” a post-911 record by a foursome band hailing from NYC at the time, was released. I distinctly recall that precise moment in my life when I was in a car with the radio playing good music and the DJ hailed “PDA” by Interpol the best song on the airwaves after it ended. In a rare occurrence, the man on the radio was absolutely right. Incidentally, what he failed to mention was that the entirety of the album was something quite grand and deeply majestic. “Turn On The Bright Lights” was a game changer. As rock music was slowly decaying, the 90s alternative/grunge era was fading out, and indie rock on the rise, Interpol’s introduction couldn’t have been at a more ideal time. With their sophisticated panache, dark lyrics, and post-punk revival sound, the quartet was doing something very few bands at the time ever succeeded on accomplishing.

Eleven tracks clocking in just shy of 49 minutes, the opus was effectively powerful and demonstrated complete catharsis. The cacophonous guitars, unexpected tonal shifts, and skillfully cadenced flow shone throughout. The record was extremely layered and rarely do any songs feel redundant in their resonance. There are the more slow-burn tunes like “Untitled,” “NYC,” and “Hands Away.” Then there’s “Obstacle 1,” a shimmering, commanding song that showcases Paul Banks’ stark and drone-like vocals in the absolute best way possible. His vocals are reminiscent of the 80s band Joy Division—a downbeat sort of delivery that touches on both dramatic and harrowing elements. When “PDA” begins, the record is taken to new heights. It’s a fierce tune that is utterly in your face and you have no problem with that. There is this intangible cool factor to it that is incomparable. Even Interpol themselves were never able to replicate that. Despite the fact that “Turn On The Bright Lights” has had ten years now to collect rust and decompose, the sound of the record feels more sprightly and refreshing than ever before. I must forewarn you when listening to this record again, you may experience extreme nostalgia and yearn for another place and time - possibly to the first time this sound wonderfully graced your eardrums.

There is such a strangely intoxicating fog that hovers over the record. Lyrically distance and cold, but also uplifting and boisterous, the band’s songwriting really shines. It’s as if you can sense the blood, sweat, and tears that went into this masterful work of art. Undoubtedly, it’s one of the most fervent albums of the past decade and one that seemingly can stand the test of time. At the end of the day, for me at least, it’s not a perfect album. A near perfect album? Sure. The problem is the song “Roland,” a punk rock type of song with unpleasant discordant vocals and unappealing music arrangements. The song saves itself in the final stages when it becomes instrumental, as Interpol once again turns heads and delivers their typical wow factor. There are some other minor complications, but as far as debut records go, it’s in a league of its own. However, even in spite of being only a debut, the album just works on all levels, something you noticed more in seasoned veterans. “Turn On The Bright Lights” is dark, menacing, tender, and drenched in unconventional beauty. It will be talked about in another ten years. And probably another ten years after that. Trust me as I tell you that this, my friends, is a classic album never to abandon and one never too late to discover for the first time, no matter how well it gracefully ages.

Grade: 9.5 out of 10

Key Tracks: “Obstacle 1,” “PDA” “Say Hello To The Angels,” “NYC,” “Stella Was a Diver and She Was Always Down”

*NOTE: Turn On the Bright Lights (10th Anniversary Edition) will be released on December 11th, 2012 through Matador Records. The set includes a disc with bonus material like unreleased demos and b-sides.

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ASK Dr. Wei-Ching Lee:

CARPAL TUNNEL SYNDROME: NON-SURGICAL TREATMENTS

Question: I have been diagnosed with carpal tunnel syndrome with pain and numbness in both my hands from my office work where I type a lot. I was told to have surgery for carpal tunnel release but I don't want surgery. I haven't tried any other treatments yet. What are some non-surgical options for carpal tunnel syndrome?

Answer: Carpal tunnel syndrome is a progressively painful hand and arm condition caused by a pinched nerve in your wrist. There are a number of contributing factors to carpal tunnel syndrome, including the anatomy of your wrist, certain underlying health problems and possibly patterns of hand use.

It is the most common entrapment neuropathy in America with an incidence rate of over 6 million Americans each yearnce rate of over 6 million Americans each year. The carpal tunnel is a narrow passageway bound by bones and a ligament called the transverse carpal ligament. It is about as large as your thumb located on the palm side of your wrist. This tunnel protects a main nerve, known as median nerve, in your hand and nine tendons that bend your fingers. Carpal tunnel syndrome is cause by the pinching of this median nerve in this tunnel. This produces the numbness, pain and, eventually, hand weakness that characterize carpal tunnel syndrome.

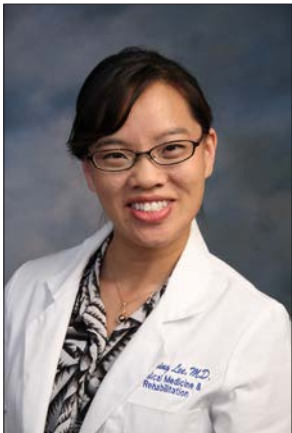
Fortunately, for most people who develop carpal tunnel syndrome, proper treatment by a physician specialist can usually relieve the pain and numbness and restore normal use of their wrists and hands.

There are few nonsurgical options for carpal tunnel syndrome. This may include using a wrist splints, nonsteroidal anti-inflammatory drugs, corticosteroid injections, therapeutic exercises, activity modification (ergonomic modification of your work space), vitamin B-6, or dynamic stretching of the transverse carpal ligament by manipulation or specialized splinting.

A promising new treatment consists of using a dynamic splint prescribed by a physician specialist. This dynamic splint provides a stretch of the transverse carpal ligament and thereby opens the carpal tunnel and releases pressure on the median nerve. This comfortable dynamic splint can be worn 15 to 30 minutes twice a day at home. Research has shown significant relief of pain and numbness after two months of treatment with this prescription dynamic splint.

It is important to have your carpal tunnel syndrome diagnosed by a Physical Medicine & Rehabilitation physician specialist that can perform the appropriate testing to determine the severity of your carpal tunnel syndrome and develop the appropriate treatment plan for you.

Wei-Ching Lee, M.D. is a UCLA-trained board certified physician specializing in Physical Medicine & Rehabilitation at Arc Motion Rehab Medical Clinic at 55 E. Huntington Dr, Suite 219, Arcadia, CA 91006, where she provides non-surgical care for muscle, bone, and nerve injuries. If you have any pain, injury, or exercise questions for future articles, please email Dr. Lee at info@PainRehabMD.com. Phone (626) 817-3422. www.ArcMotionRehab.com



One Of A Kind: *Featuring unique homes and gardens and the people who create them*

Story by Chris Bertrand Photography courtesy of the Ruth Bancroft Garden



RUTH BANCROFT'S GARDEN... AN OASIS OF INSPIRATION AND LEARNING FOR 40 YEARS

A true "dirt gardener" is one who plants and weeds their own garden. I met Ruth Bancroft, now 104, back over a decade ago, in, of course, her garden. In her nineties, she was still one of those true dirt

gardeners, a name I also assign to myself.

Somewhat to my husband's and neighbors' puzzlements, I live to garden, divide, propagate, prune, weed and fuss in the garden, occasionally way after dark by the light of the outdoor spotlights, if that's all that time allows. Ruth and I are a rarified breed, I guess. But I digress.

Ruth and I were introduced while she was busy on some horticultural project, in the now historic garden bearing her name, in the middle of Walnut Creek subdivisions in the suburbia of East Bay San Francisco. Known to start gardening around eight nearly daily, she was dressed, as usual, in a tailored shirt, white, I think, working beside a large wheeled yard cart.

"Mother wasn't one for t-shirts," chuckled her daughter, Nina Dickerson. I was almost completely unschooled and unexposed on the topic of succulents. It was this visit, and this garden that sparked my own interest in the amazing diversity of succulents, as well as the drive to incorporate more and more succulents into my Sierra Madre landscape when we moved to LA shortly thereafter.

Imagine my surprise when a clipping about an "interesting garden" arrived in the mail last year from my mother in Chicago. The masthead said Wall Street Journal, which immediately caught my attention, as the paper isn't known for its hefty horticultural coverage. As my eyes scrolled down the article, I realized I was reading about Ruth and her garden.

The Bancrofts are a pedigreed academic family, with ties to UC Berkeley, where Ruth's father in law was a classics professor. Today, the university's Bancroft library, named after Hubert Bancroft, holds many of the volumes from the elder Bancroft's collection, donated in 1905. Most of Hubert's 39 volume, California History series still lines the shelves of the 4,000 square foot main home at the six acre family compound in Walnut Creek.

Ruth's garden journey is eloquently summed up on the garden's website. "In 1972, at age 64, Ruth Bancroft planted the first plants in her soon to be dry garden oasis. This year it will be 40 years ago that Ruth embarked upon her masterpiece of garden design. Throughout its history, The Ruth Bancroft Garden has continued to inspire and educate its visitors. Ruth's vision is as alive and relevant as ever."

Ruth's gardening migrated from collecting trillium in the Berkeley Hills toward succulents, when she bought a few of the plants from a gardener in Berkeley, decades before they became a fascination and gained wide acceptance, especially in minimal water environments.

In 1972, as suburbia encroached on the Bancroft's walnut farm, subdivisions advanced. "Mom had already begun her succulent collection when the family farm had to be sold," according to Dickerson, "but it was all in pots in a protected area. My father offered to let Mom develop a garden there after the trees were removed. Previously her entire garden had to be watered by moving hoses and sprinklers around. This new garden would have an automatic sprinkler system, which would save Mom lots of work."

Already in her sixties, Ruth proceeded through trial and error over the next decades, collecting specimens from around the world, and learning what would survive in the Walnut Creek microclimate.

A big undertaking, "The folly," an English term for outdoor pavilion, "in the garden was designed by a family friend, and then built over a summer "with the help of a teenage boy. He worked all summer and at the end, Dad gave him a flatbed truck that had been used on the farm, according to Dickerson."

It is said that this unusual garden, ahead of its time in many ways, helped spark the Garden Conservancy, which is "dedicated to creating an organization that would identify the best American gardens and find ways to save them for the education and enjoyment of the public. Since 1989, the Garden Conservancy has helped over 90 exceptional gardens across America survive and prosper," according to the group's website, www.GardenConservancy.org.



According to Dickerson, "Mom continued to work in and direct the gardeners well into her 90's. At age 96, she complained to her doctor that she tired so easily. 'I was out in the garden spading for three hours and I had to go into the house and rest.' Remembers Dickerson. Remember what I said about being a true dirt gardener? Even after she was no longer able to go out much, the head gardener, Charlotte consulted with her on a weekly basis, getting her ideas."

Ruth's garden was eventually deeded to The Ruth Bancroft Garden, Inc. in 1992, and many preparations went into getting ready for the event, a highlight of which was a dedication by author, Angela Lansbury. Best laid gardening efforts missed but one spot, remembers, Dickerson with a smile. "Mom worked hard to get the garden into tip top shape. When Angela Lansbury came to the house, Mom looked up and out of the rain gutter above the front door was growing a large dandelion."

Today, The Ruth Bancroft Garden, grown from the tiny seed of one woman's dream, has been recognized as one of the best in the world by various organizations including National Geographic Traveler, according to Dickerson. They have deemed their mission to "preserve this exceptional example of garden design and to continue to develop its collection of water-conserving plants for the education and enjoyment of the public," according to their website.

What will you find on a visit to the garden? In addition to enjoying a stroll through the cascades of sometimes mountainous succulents, cacti and other plants requiring minimal water, the garden offers workshops, Sunset Socials, family events, the Sculpture in the Garden, a plant nursery and personalized dry-garden advice. All started with "One Woman - One Vision - One Extraordinary Garden."

The Ruth Bancroft Garden is located at 1552 Bancroft Road in Walnut Creek, CA. Visit their website at www.RuthBancroftGarden.org or call them at 925-944-9352.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou Realtor®

CRUNCHING THE NUMBERS

You recently read here about formulating your offer based on the information included in a CMA (Comparative Market Analysis). You can fine-tune that offer by applying current market trends. Trends may vary by region, state, city, and even the neighborhood, so do your homework.

You and your agent can study a lot of available statistics - the CMA, local listings' DOM (Days on Market), and list to sale price ratios. The CMA compares similar properties, while the DOM figure gives you an idea of whether you're looking at a buyer's market or a seller's market (in which you'll have more competition and less negotiating power). If possible, look at DOM for listings within a mile of the home you want to purchase - it's that area-specific.

Let's move on to the average "List Price to Sales Price Ratio" (LP:SP). Like it sounds, it's simply a percentage based on how closely the final sales price corresponds to the price at which the home was listed. A house that sells for the asking price has an LP:SP ratio of 100%. So a house that lists for \$175,000 but sells for \$160,000 has an LP:SP of 91%.

Look at the these ratios for the homes on the CMA that most closely match yours, and you'll have a sound basis for what percentage of the list price to offer.

Luther has been licensed and practicing real estate since 1992. He specializes in residential and income property in the Greater San Gabriel Valley. Luther Tsinoglou has again been named a top producing sales agent with Podley Properties for 2011, making the top 10% at the company overall. Luther can be reached at his direct line (626) 695-8650 or at luther@tsinoglou.com

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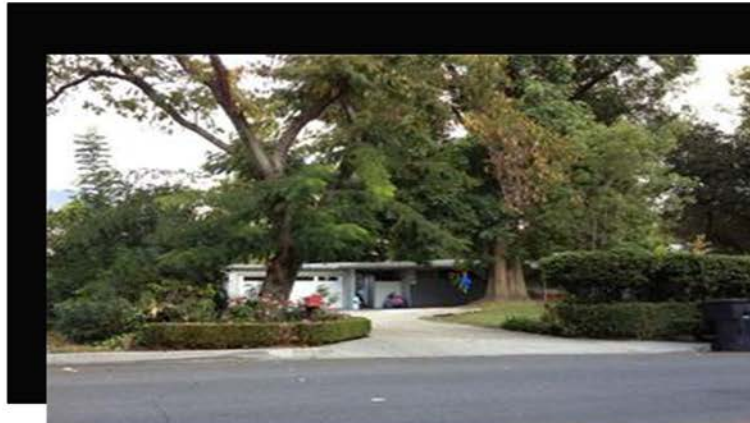
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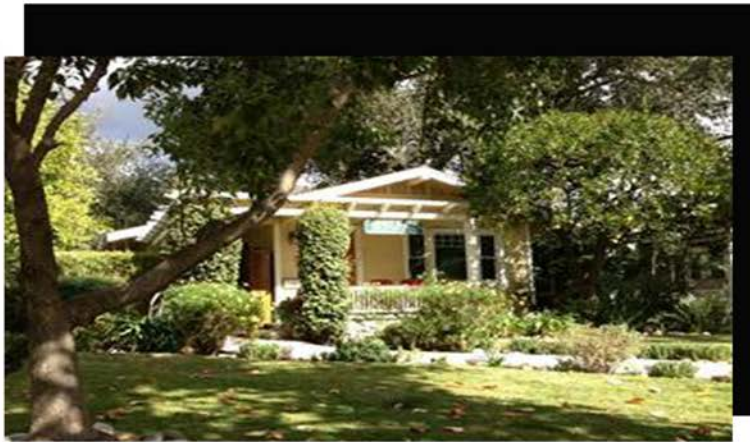
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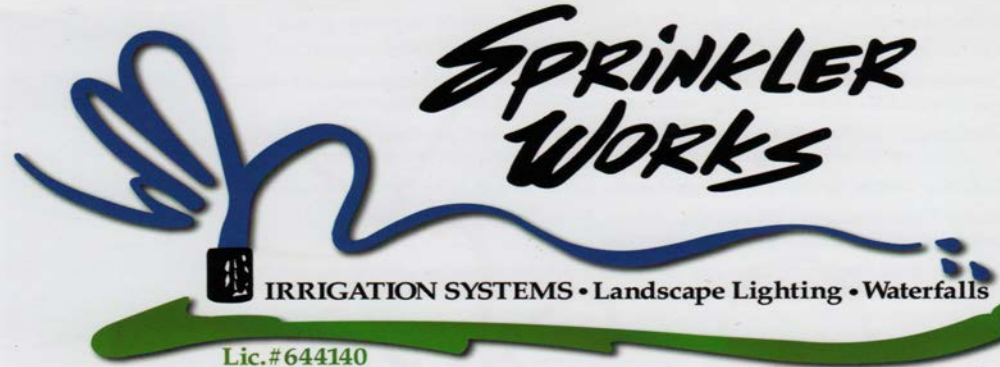
This home is in need of some 2013 pizzazz! The lot is tree lined with mature landscaping. There is a pool in center of yard with a fully permitted over 600 square foot guest house/maybe office! You also have a large garage and a driveway that can hold many cars. The main house is 3 bedroom 2 bath, there are hardwood floors and some vinyl flooring. This would be a great project for the right Buyers!!!

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Perfect for live work BUYERS!! Zoned Residential Professional! Adorable craftsman type cottage with newly built addition that has 2 master suites and a den (all built in 2007), there is also a 3rd bedroom with a another bath. Porch surrounds the front yard with pretty garden; back yard has private garden setting.



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RESOURCES FOR MAKING A HOME SENIOR-FRIENDLY

Dear Savvy Senior:
My husband and I are both in our 60's and are interested in making some modest changes to our home to make it more practical and senior-friendly, but aren't sure what to do. What resources can you recommend to help us figure this out? Homebodies

Dear Homebodies:
 Most seniors, like you and your husband, want to stay living in their own home. But being able to do so often depends on how easy it will be to get around the house if you develop physical limitations. Here are some helpful resources you can turn to, to get an idea of what types of improvements you should make that will make your home safer and more convenient as you grow older.

Get Informed
 A good first step in making your house senior-friendly is to do a home assessment. Go through your house, room by room as if you've never set foot in it before, looking for problem areas like potential tripping or slipping hazards, and areas that are hard to access. To help you with this, there are various organizations that offer published lists of questions to ask, and things to look for to identify problems.

The Fall Prevention Center of Excellence (see homemods.org), for example, offers a number of on-line checklists including one called "How Well Does Your Home Meet Your Needs?" that you can access directly at homeneedschecklist.org. Or, download and print off the National Caregivers Library "Home Modification Checklist" at caregiverslibrary.org – click on "Checklists & Forms," then on "Housing" to get there.

AARP also has an excellent resource called "The AARP Home Fit Guide" that provides a checklist and tips to keep your home safe and livable as you age. You can access it at homefitguide.org, or if you're an AARP member, call 888-687-2277 and ask them to mail you a free copy.

Personalized Advice
 If you want more personalized help, consider getting a professional in-home assessment with an occupational therapist.

An occupational therapist, or OT can evaluate the challenges and shortcomings of your home, make modification recommendations and refer you to products and services to help you make improvements. Ask your doctor for a referral to an OT in your area. Your local Area Agency on Aging (call the Eldercare Locator at 800-677-1116 for contact information) can also help you find nearby therapists.

Many health insurance providers, including Medicare, will pay for a home assessment by an OT if prescribed by your doctor. However, they will not cover the physical upgrades to the home.

Another good option is to contact a builder who's a Certified Aging in Place Specialist. He or she can suggest ways to modify your home that will fit your needs and budget. To find one, go to the National Association of Home Builders website at nahb.org/hireacaps where you can search by state and zip code.

Home Modifications Ideas
 There are dozens of small, simple things you can do to make your home more user-friendly as you age, such as securing throw rugs with double-sided tape to avoid tripping, installing brighter full-spectrum bulbs in existing light fixtures to improve visibility, and adding grab bars to the bathroom for support. There are also a number of bigger more extensive projects like installing a stair-lift or elevator for multi-floor access, and replacing the tub with a walk-in shower for easier entry and exit.

To get a list of more senior-friendly home improvement ideas and illustrations, see the National Aging in Place Council website at ageinplace.org – click on "Practical Advice" then on "Making Your Home Senior Friendly."

Another good resource that's loaded with tips and universal design ideas is the "AARP Guide to Revitalizing Your Home." It's available in book stores nationwide as well as online at sites like amazon.com for around \$16.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.



KATIE TseThis and That WHITE SLIME

Did you have a nice Thanksgiving? I did. (Actually I'm writing this Tuesday night, but I anticipate a good Thanksgiving.) One of the things I've enjoyed about recent

Thanksgivings is the casual attitude my family and in-laws have developed. This means we can come wearing tee shirts and tennis shoes if we want. We can drink beer with the hor dourves and eat \$2 Ralph's pumpkin pie for dessert. And we're freed from the bondage of turkey.

Yes, turkey is bondage. Any dish that requires weeklong prepping or gallons of frying oil is a form of culinary slavery. An animal that comes with an implanted pop-up timer is a sure sign of freak farming. Unless you're a die-hard foodie, turkey is a daunting trial you should only have to experience once, if at all, in a lifetime.

I've never grasped why some people expend so much effort on something that typically tastes bland at best, and bland and dry at worst. I take that back. At worst, you'll harbor a colony of bacteria in the stuffing crammed up your bird's body cavity, and sicken your whole family. If you manage to avoid food poisoning, you'll still most likely have a LOT of turkey left over. Sure, you can try to pawn it off on visiting relatives. "Kyle can take sandwiches on the plane back to Pittsburg." But Kyle will counter with a sly comeback, "I'd love to," (liar!) "But they're really strict about what you can take on board these days."

So, you're stuck with more than half of the carcass. What to do, what to do? Of course there's a plethora of recipes online for those experiencing turkey overload. But at the end of the day, you're going to have to doctor up the bird somehow because, let's face it --turkey just doesn't taste good by itself.

Some good sports use up all their turkey bits in sandwiches, burritos, soups, and salads. But a lot of people take the easy, wasteful way out and chuck the remaining bird with the rest of the week's trash. I recently read a Los Angeles Times article stating that about a third of the turkey meat purchased in the U.S. will end up in the dump.

This rampant waste is unconscionable, particularly because we're supposed to be in a huge economic recession! I understand throwing



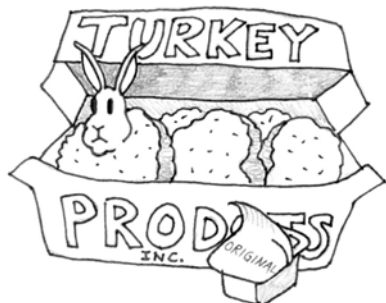
it away if this is your first turkey venture and you've made everyone in your family sick. Perhaps just mustering the strength, in your weakened state, to lug the bird to the trash is a feat in itself. In that case, you've done the right thing; contain the contamination. But if this is the third bird you've tossed, or if you just can't stand the thought of eating turkey for one more meal, you should consider broadening your Thanksgiving main entrees. Try including something you either know everyone will finish or something that translates well into multiple meals.

It was while I was considering the great American turkey waste that I experienced an epiphany! There is so much meat thrown away, while there are so many hungry mouths to feed. Why not send turkey trucks into neighborhoods the Saturday after Thanksgiving to collect everyone's discarded turkey meat? (Friday wouldn't work, because they're all killing each other at the mall on Black Friday.) Collecting homemade turkey presents the hazard of spreading infection and disease. But don't worry, I've accounted for that, too!

A few months ago, "Beef Inc." shut down many of its "pink slime" factories in response to pubic outrage about the quality of "beef" being fed to school children and the public at large. Many of these factories remain dormant, silently waiting for a new protein to fill their tubes and vats.

Behold --"White Slime!" Mechanically separated and disinfected for your dining needs! What better way to recycle everyone's leftover turkey than to turn it into turkey nuggets, turkey sticks, and whatever other sick products Beef Inc. produced? The danger of cross contamination and other food borne pathogens will be dealt with during the "meat's" ammonia baths. Only it won't be beef-pink this time, it will be turkey-white. In the spirit of Thanksgiving, charity, and fairness, "white slime" products should be donated to those in need or sold at discount prices.

If this humble brain child should come into being, I'm sure it would soon go the way of most American products. It would suffer graft and corruption, and ultimately there'd be some cover up about the dangers of ammonia and whatever other noxious chemicals would be used in its production. But until then, this viable use for the nation's trashed turkey remains. Remember, when you see an ad for "turkey nuggets," you read it here first!



THE GOOD LIFE SENIOR HAPPENINGS

By Pat Birdsall

FYI:

This past Wednesday, our city lost a very special lady...**Loyal America Camacho**. I honestly have never met anyone more interesting or more entertaining. She could regale you with tales of her early beginnings and then segue into being in Hawaii during the bombing of Pearl Harbor. She came to Sierra Madre after her twin sister Gloria's husband died just over 25 years ago. She hit the ground running immediately. She volunteered for myriad clubs and organizations. She was on the Green Team at the Women's Club, faithfully watering the grounds. She also volunteered at the local library where her sister worked as the children's librarian. However, where Loyal really excelled was volunteering at the Sierra Madre Senior Center helping the YWCA Intervale lunch program. I have never seen a person work as hard as Loyal did, never. I don't think the words rest and relaxation ever entered her mind. She really enjoyed calling the City's Bingo game on Tuesday afternoons and the Senior Club's Bingo games every Saturday. She was president of that club so often, one loses track. She was Sierra Madre's Older American of the Year in 2005.

Loyal and Gloria weren't identical twins either by birth or by personality...Loyal could tell the bawdiest jokes ever and tell them well. She was a favorite of the maintenance workers, hmm...??? Whether all her stories really happened or were embellished didn't matter. She enjoyed the telling and everyone enjoyed the listening. She loved children and animals, not necessarily in that order. I remember her getting on her knees and rolling a ball back and forth with my then, two year old grandson, Tully, at the Senior Center. I think she enjoyed it as much as he did.

One of the things she said will always remain with me and bring a smile to my face. The pods from the Liquid Amber trees were all over the place just outside the Center. She picked one up and said, "Porcupine eggs."

There are many spaces left for new plaques at the Veteran's Memorial Wall. If you or a friend, family member or neighbor served in any of the United States military branches the criteria for inclusion is simple: You must have lived in Sierra Madre for at least one year sometime in your life and have a picture of yourself in uniform. **Please call Dave Loera, Commander of VFW Post 3208, to be included and for more information: (626) 355-3382. We'd be proud to have you!**

You can help: This week the Veteran's group is one that former Senior Commissioner, Joan Spears, is personally involved with, it is: **Soldiers' Angels**. They provide aid and comfort to the men and women in the military and their families. Please visit their website because the opportunities to help are vast, there is something doable for *you*. www.solddiersangels.org/ their credo is: "May No Soldier Go Unloved"



~MEDICARE OPEN ENROLLMENT ENDS DECEMBER 7~

HELPFUL HINT Murphy's Oil Soap is not just for floors. It's a *great* stain remover for fabrics too. From "ring-around-the-collar" to melted butter and various food stains...especially around the holidays. Just pour directly on the stain, let stand for a few minutes and then wash as usual.

FOR YOUR FUNNY BONE

One busy Saturday, a friend of mine was standing in a long line at a local feed store, watching in astonishment as a woman pushed past other customers to get up to the counter. "A one hundred pound bag of pig chow," she demanded. "Sure," the clerk snapped back. "For here or to go?"

The husband and wife go to a marriage counselor after 20 years of marriage. The counselor asks them what the problem is and the wife goes into a tirade listing every problem they have ever had in the 20 years they've been married. She goes on and on. Finally, the counselor gets up, walks around the desk and embraces the wife and kisses her passionately. The woman shuts up and sits quietly in a daze. The counselor turns to the husband and says, "This is what your wife needs at least three times a week. Can you do this?" The husband thinks for a moment and replies, "Well, I can drop her off here on Mondays and Wednesdays, but on Fridays, I golf"



HAPPY BIRTHDAY!

Alberta Curran, Carmela Frontino, Lena Zate, Joe Pergola, Janice Kacer, Flo Mankin, Valerie Howard, "Mike" Ruggles, Lois Stueck, Joan Ruggles, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg, Christine Durfort, and Sue Quinn. To add your name to this list, please call the paper at 626.355.2737 YEAR of birth not required.

Quote of the Week: Thanksgiving dinners take 18 hours to prepare. They are consumed in 12 minutes. Half-time takes 12 minutes. This is not a coincidence. ~ Erma Bombeck~

ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon

(Participants are urged to arrive no later than 11:45 A.M.) All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Blood Pressure Testing: On the **2nd Tuesday** of the month from 11:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

Bingo: **Every Tuesday** afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: Every **Wednesday** morning from 11:00 am-11:45 am. Volunteer Teryl Willis offers this class that focuses on senior yoga techniques. It is geared toward gentle movements, breathing techniques and balance improvement. No reservations are necessary.

Free Legal Consultation: Pasadena attorney Geoffrey Chin volunteers on the **2nd Wednesday** of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must.** Please call 626.355.7394 to make yours. *** Conflicting court schedules can occasionally cause cancellations.**

Birthday Celebrations: The **2nd Thursday** of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "**celebration**." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Game Day: **Every Thursday** at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Free Strength Training Class: **Every Friday** from 1:00 pm -1:45 pm Conducted by long-time volunteer Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers. (Gossip included)

Senior Citizens Club: Every **Saturday**-at the Hart Park House (Senior Center) Brown bag lunch at 11:30am; Club meeting at Noon; Bingo at 12:30- 3:30 pm. For more information call Pat at 626.355.7290

EXCURSION: CALIFORNIA SCIENCE CENTER- CLEOPATRA EXHIBIT AND IMAX MOVIE (LOS ANGELES, CA.)

Date: Friday, December 14, 2012
Departure: 9:00am from the Hart Park House
Lunch and Activities: 10:00am- 2:00pm
Return -Hart Park House: 3:30 pm (time approximate)
Cost: \$32.00 (does not include lunch)
 Come discover more than 150 priceless Egyptian artifacts from nearly 2,000 years ago. For more information visit www.californiasciencecenter.org Reservations or more info call the Park House at (626) 355-7394



SENIOR MOVIE PROGRAM: Free Movies are shown on the 2nd and 4th Wednesday of the month. The films, one contemporary and one vintage, are chosen by the seniors themselves. This month's selections are:

November 27- The Odd Couple (1968) Written by Neil Simon, this is the hysterical tale of two men separated from their wives who try sharing an apartment; one is a neurotic neat freak and the other is a fun loving slob. Jack Lemmon and Walter

Matthau star.

Movies are shown in the Sierra Madre Council Chambers (222 W. Sierra Madre Blvd.) at 1:00 PM.

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The Holiday Shopping Season of 2012 is here and that means we can expect an uptick in both the number and types of online scams, fraud and malware threats we'll see as we traverse the online world in search of deals and gifts for our loved ones. The most rabid shoppers are in line as we speak for Black Friday deals at brick-and-mortar stores and the online equivalent is what has come to be known as Cyber Monday. Both venues have their upsides, but Cyber Monday comes with its own particular set of hazards that we'll be addressing in this short primer.

Whether we're trying to take advantage of online deals on Black Friday, or fighting the online crowd on Cyber Monday, our Web browser is a primary target for holiday cyber attacks. The first element for effective online defense is a good, up-to-date and operational firewall, anti-virus protection and fully-patched operating system. Having just these three components in good working order will offer any user a good measure of protection and thwart most attacks that depend upon the target not being fully protected.

The next element for online defense is the awareness of the end user. This means being cautious about what we "click" on and keeping track of our online spending habits. One common technique of online bad guys is to send out fake emails about cancelled orders or failed deliveries. This bait will then entice many to click on a malicious link provided within the email, directing the person to a malicious exploit, commonly referred to as a "Blackhole" exploit. This exploit occurs throughout the year as well, but during the holiday shopping season there is a much higher chance that the target has actually ordered something or is waiting for a package to arrive, so it's much easier for an attackers to catch a user off guard.

Despite the fact that these fake emails frequently contain red flags like obvious spelling and grammar errors, cyber criminals are getting better at creating phishing emails and spoofed websites that are virtually identical to the real ones. If you find yourself the recipient of one of these suspect emails, NEVER click on the link within the email itself. Instead go to the retailer or shipper website directly, and log in to verify or track your order, if in fact the order is valid at all.

Fake emails with malicious links are not the only thing we have to worry about. The Web browser is the one of the most commonly used tools across all computer and mobile device platforms, and the bad guys know it and use it as one of their favorite attack vectors. A recent report found that nearly one in four web browsers in use are out of date and therefore potentially vulnerable to known exploits. Attackers can often craft an exploit for a disclosed vulnerability in a matter of hours. It's always important to keep your browser and plug-ins up to date.

As we venture online for holiday shopping, it is particularly crucial that we first make sure our software is fully patched, our anti-malware software is up to date and our firewall is up-and-running.



PINTEREST FOR BUSINESS

The new social media darling, Pinterest, is becoming mainstream. People use Pinterest for bucket lists, planning weddings, recipe collections, home decoration and lots more. It's like taking your favorite magazines, cutting out all the pictures that you love and pinning them on different interest or bucket list boards. According to *Soci@I Jumpstart*, Pinterest attracts 1,090 visitors per minute!

So, why is this site getting so much attention and what is it doing for business?

Marketing professionals are keeping their eyes on Pinterest because those pins create backlinks and help with referral traffic to a web site. Pinterest content is being indexed by Google; it helps impact a web site's SEO. It is another place to have a web presence for your products with a built-in. If you have a product worth pinning, chances are people will "re-pin" it and it will have a viral reach. Basically, you feed a great image into the Pinterest world and let the users spread the word for you. It's a great place to influence your word of mouth.

According to "HubSpot," 47% of U.S. online consumers have made a purchase based on recommendations from Pinterest. A few weeks ago, Pinterest made a big announcement. They are now allowing business accounts. Pinterest is saying that they want to make it easy for businesses to inspire their community. Small businesses, non-profits and bloggers can now join Pinterest as a business. Business accounts and personal accounts have access to the same features.

If you include a price (\$) on a pin, it will automatically categorize it into Pinterest's gift category. If you have great ideas for holiday shoppers, you might consider putting together "Gift Idea Boards" by categories and list your products (with price).

If you are new to Pinterest, start by watching and getting a feel for the culture. One of my favorite pinners is D-Lux 57 Aprons (<http://pinterest.com/dlux57>). They fit their product into smart creative boards, like "all things dots," "vintage cars" "vintage Hawaiian" etc. Take a close look at your brand and ask yourself what lifestyle your brand fits into. This will help you come up with creative boards. Create at least six boards and start adding pins to them. They don't all need to come from you. Look at other pins and repin. Happy Pinning!

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Social Media Education for business owners. Join their conversation on Facebook and get good tips and tricks about social media, www.facebook.com/hutdogs. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule

BLACK FRIDAY IS BIG, BUT SMALL BUSINESS SATURDAY CAN MAKE A BIG DIFFERENCE

By John Kabateck
Executive Director, NFIB/CA

You know about Black Friday, the day after Thanksgiving when people line up outside the big department stores and discount stores in the middle of the night to buy cheap Christmas presents. Black Friday is a big day for retailers, but I don't think it's nearly as important as Small Business Saturday.

That's because small business is the heart and soul of our economy.

Small Business Saturday is about Main Street, not Wall Street. It's about the entrepreneurs and families who have put everything into stores that offer what the chains and e-commerce companies don't - something different, something special, from handcrafted gifts to genuinely friendly service.

It's also about supporting the local economy. The chain stores are owned by big corporations based someplace else, but small businesses are usually owned by people who live in the community. When you shop at a small business, you're supporting your hometown, your neighborhood, and your neighbors.

The media tends to focus on the Fortune 500 brands everyone knows, but small businesses represent 99 percent of U.S. employers, and they employ about half of the nation's private-sector workforce, according to the latest figures from the federal government.

We can't have a strong economy unless are small businesses are doing well - and right now they're not doing well. They're hurting.

According to the National Federation of Independent Business' latest Small-Business Optimism Index, the outlook among small-business owners is still wary. The survey, conducted before the presidential election, found that weak sales are still the No. 1 issue facing small-business owners.

The truth is that small businesses aren't going to hire new employees if they're worried about keeping the lights on. They aren't going to expand or add locations if they're worried about the torrent of new regulations coming out of Washington or a health-care package that's going to jack up costs without doing much to increase competition and improve access to affordable coverage.

Small Business Saturday, then, is a good opportunity for people to support the establishments that mean so much to America's economic wellbeing.

According to the inaugural Small Business Saturday Insights Survey, released Nov. 8 by NFIB and American Express, nearly half of all independent merchants plan to incorporate Small Business Saturday into their holiday marketing plans, while 67 percent plan to offer special discounts on Saturday, Nov. 24.

Small businesses generally offer better service than you'll find at the chain stores. Small-business owners and their employees know their merchandise and understand their customers. When you shop at a small business, there's a good chance you'll be dealing directly with the owner, not some random teenager who's there for the employee discount and couldn't care less whether you shop there again.

Small-business owners and their employees will do everything they can to keep you satisfied because their livelihoods depend on you coming back.


Then there's the traffic. Shopping-mall parking lots can be ugly this time of year, but small businesses are usually in neighborhoods with smaller crowds and better parking, and that can go a long way toward making your day merry and bright.

But beyond all this, there's the value that small businesses bring to the community.

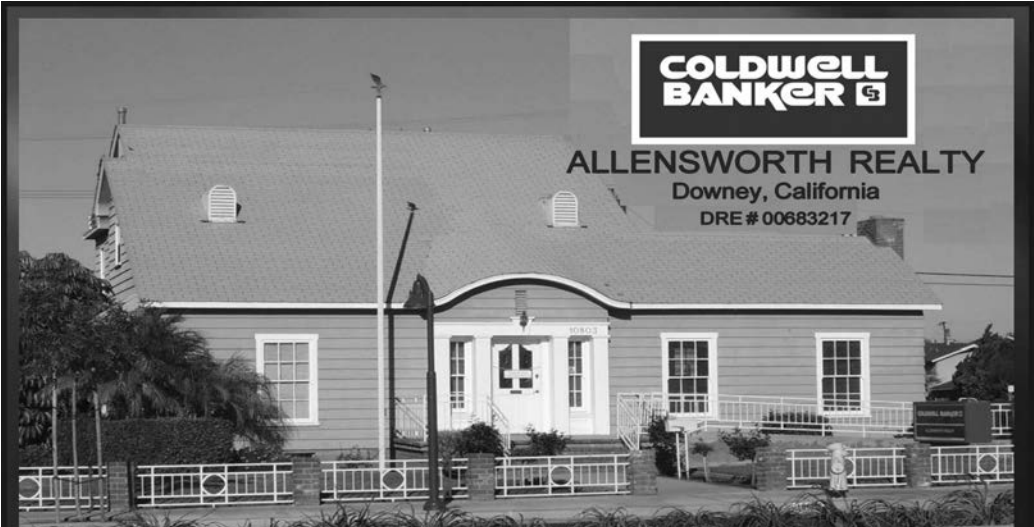
Small businesses are usually owned by people who have a vested interest in the community, in its schools, in the quality of life. It's no accident that small-business owners are among the most generous supporters of civic groups, local charities, youth sports, schools and virtually every other form of community activity.

That's why I urge you to support Small Business Saturday - and to shop at small, independent businesses other day of the year, too.

NFIB is the nation's leading *small business association*, with offices in Washington, D.C. and all 50 states. Founded in 1943 as a nonprofit, nonpartisan organization, NFIB gives small and independent business owners a voice in shaping the public policy issues that affect their business. NFIB's powerful network of grassroots activists sends their views directly to state and federal lawmakers through our unique member-only ballot, thus playing a critical role in supporting America's free enterprise system. NFIB's mission is to promote and protect the right of our members to own, operate and grow their businesses. More information about NFIB is available online at www.NFIB.com/newsroom.



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HOWARD Hays As I See It



The election's over, but I find myself with two new concerns to fret about (three, if you count my chagrin over seeing speculation already as to front-runners for 2016); and both involve HBO. One is the realization there are only two more episodes left this season for BOARWALK EMPIRE, a series offering an historical perspective on the effects of unfettered capitalism. The other is that with last week's airing of the final episode of the season for REAL TIME WITH BILL MAHER, I'll be going without on Friday nights until mid-January.

Fans are familiar with Maher's regular feature called "New Rules", where he takes a cue from Tony Bennett's "If I Ruled the World" and lays down pronouncements of his own. Since he won't be around for a while, I'll fill a bit of the void by offering some "New Rules" of my own:

New Rule: Republican senators speaking up for job creation have to explain why they blocked passage of last summer's Bring Jobs Home Act, which would've ended the tax credit for moving jobs overseas and created a tax credit for moving overseas jobs back home. (The only returning Republican senators who supported the bill are Susan Collins of Maine and Dean Heller of Nevada.)

New Rule: Louisiana's Republican Gov. Bobby Jindal is not allowed to call his party "dumbed-down" and "stupid" while his state's voucher program sends taxpayer money to schools teaching kids that humans and dinosaurs hung out together, the KKK "tried to be a means of reform, fighting a decline in morality" ("United States History for Christian Schools", 3rd ed.), gays "have no more claims to special rights than child molesters and rapists" ("Teachers Resource Guide to Current Events for Christian Schools, 1998-1999"), and that the goal of "global environmentalists" is to "destroy the prosperous economies of the world's richest nations" ("Economics: Work and Prosperity in Christian Perspective", 2nd ed.).

New Rule: Corporate execs can't offer as an alleviating factor, as Walmart V.P. David Tovar did on CNN last week, that while typical employees (\$22,000 a year) may make 1/800th of what the CEO makes (\$18.1 million), you've got to keep in mind "they also get a 10% discount card".

New Rule: Those with a net worth of \$450 million, like Goldman Sachs' Lloyd Blankfein, can't go around telling the rest of we'll have to work longer before collecting Social Security in order to address the federal budget deficit (notwithstanding the fact Social Security is separated by law from the federal budget).

New Rule: Members of the House Science Committee like Reps. Todd Akin (R-MO), who suggests the female body blocks pregnancy from "legitimate" rape, Dana Rohrabacher (R-CA), who offers "dinosaur flatulence" as an explanation for past global warming, and Paul Broun (R-GA), who calls evolution and the Big Bang theory "lies straight from the pit of hell", are not allowed to come anywhere near anything with the word "science" in its title.

New Rule: A company, like Hostess Brands, that triples its CEO's pay from \$750,000 to \$2.5 million and asks a bankruptcy judge for permission to award \$1.75 million in bonuses to top execs, cannot blame its financial problems on "unions".

New Rule: You can't hold a press conference to demand more information on the Benghazi affair, as did Sens. John McCain (R-AZ), Lindsey Graham (R-SC) and Kelly Ayotte (R-NH), on a date and time that causes you to miss a classified Senate briefing on the Benghazi affair.

New Rule: Business owners who say dumb things shouldn't be running businesses - like Denny's franchisee John Metz, who declared he'd be imposing a surcharge on customers' checks to cover the costs of "Obamacare". (He not only got a dressing-down from Denny's CEO, but from another Florida franchise-holder who said he might have to cut shifts and lay off workers at his own Denny's restaurants - not because of "Obamacare", but because of the "overnight" loss of business and threats of boycotts from customers complaining about Metz' dumb remarks.)

New Rule: The mostly-Republican governors who opted-out of the Medicaid expansion called for under the Affordable Care Act (despite the federal government's picking up at least 90% of the tab over the next ten years) will henceforth relinquish their own government-provided healthcare until they change their minds - or unless they can explain to someone at 133% of the federal poverty level (the Act's Medicaid threshold) how they can find affordable coverage in the open market on an income of \$15,000 a year.

New Rule: Top military commanders who, as reported in the Washington Post in the wake of the Gen. Petraeus scandal, enjoy "executive jets, palatial homes, drivers, security guards and aides to carry their bags, press their uniforms", whose "food is prepared by gourmet chefs" and "if they want music with their dinner parties, their staff can summon a string quartet or a choir", are not allowed to argue against cuts to the military budget.

New Rule: Organizations like Fox News, where a host (Brian Kilmeade) explains its female employees are hired out of a "Victoria's Secret catalog", and a pundit (Andrea Tantaros) suggests living off food stamps would help with weight loss ("... do you know how fabulous I'd look? ... I mean, the camera adds ten pounds!") are not allowed to label U.N. Ambassador Susan Rice an "embarrassment".

New Rule: Future commentaries on the past election must acknowledge that, regardless of whether Mitt Romney was the right candidate, whether he stuck with the right talking points, whether the billion-plus raised on his behalf could've been better spent; the fact is that the majority of votes cast had little to do with Mitt Romney, but most everything to do with support for our president, Barack Obama.



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GREG Welborn

SOME THANKSGIVING THOUGHTS



Thanksgiving starts our holiday season, and as we reflect on those holidays, one is struck by how undeniably religious they are in their focus. Whether it is Thanksgiving itself, or Hanukkah or Christmas, it is a time when Americans voluntarily put a pause on the more secular pursuits and worries of their life and reflect on what it all means. But as much as most of us take all this for granted, there are elements in our country that seek to strip any sense or form of religiosity from the public square.

This year again, we witness a hard-left secular absolutist group suing to prevent the display of religious symbols in a public park. In building their argument they rely on an unrealistic reading of the First Amendment's separation of church and state. It's critical that we understand what that amendment meant to accomplish. The amendment's phrasing that, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof" clearly prohibits the state from establishing a religion, but it also prohibits the state from restricting citizens from voluntarily expressing their religious beliefs, even in the public square.

On this Thanksgiving Day, I thought it would be meaningful to reflect back on just how important our founding fathers believed it was to have a religious population. Far from being absolute secularists, every one of our founding fathers acknowledged the importance of religious belief. As just one example in a rather long line of examples, here are the words from George Washington's 1789 Thanksgiving Proclamation.

"Whereas it is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor; and Whereas both Houses of Congress have, by their joint committee, requested me to recommend to the people of the United States a day of public thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many and signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness:

Now, therefore, I do recommend and assign Thursday, the 26th day of November next, to be devoted by the people of these States to the service of that great and glorious Being who is the beneficent author of all the good that was, that is, or that will be; that we may then all unite in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country previous to their becoming a nation; for the signal and manifold mercies and the favorable interpositions of His providence in the course and conclusion of the late war; for the great degree of tranquility, union, and plenty which we have since enjoyed; for the peaceable and rational manner in which we have been able to establish constitutions of government for our safety and happiness, and particularly the national one now lately instituted for the civil and religious liberty with which we are blessed, and the means we have of acquiring and diffusing useful knowledge; and, in general, for all the great and various favors which He has been pleased to confer upon us.

And also that we may then unite in most humbly offering our prayers and supplications to the great Lord and Ruler of Nations and beseech Him to pardon our national and other transgressions; to enable us all, whether in public or private stations, to perform our several and relative duties properly and punctually; to render our National Government a blessing to all the people by constantly being a Government of wise, just, and constitutional laws, discreetly and faithfully executed and obeyed; to protect and guide all sovereigns and nations (especially such as have shown kindness to us), and to bless them with good governments, peace, and concord; to promote the knowledge and practice of true religion and virtue, and the increase of science among them and us; and, generally to grant unto all mankind such a degree of temporal prosperity as He alone knows to be best."

The tone and language in this amazing dedication is unequivocal in its assertion by the sitting President, at the request of the entire Congress of the United States, that expressions of deep religious faith are not taboo in the public square or in the actual halls of power. In point of fact, they are to be encouraged. It is yet another reason to be thankful this year - thankful that our founders bequeathed to us a freedom to worship with an actual expectation that it would be taken seriously and exercised vigorously.

Happy Thanksgiving everyone.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Pasadena area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com

JOE Gandleman An Independent's Eye



RUPERT MURDOCH, THE "JEWISH PRESS" AND A REVELATION

News Corp.'s Rupert Murdoch has given proof that big turkeys aren't only found on Thanksgiving tables. But he raised an issue that compels me to make a major revelation.

Murdoch swiped at those supposed media "Jews" not providing the kind of coverage he would have his holdings give on events in Israel. He Tweet-ed: "Why is the Jewish press so consistently anti-Israel in every crisis?"

Murdoch's Tweet can't be compared with the anti-Semitic ravings of actor Mel Gibson, who despite his walk-backs probably won't be invited to many bar mitzvahs. Or the impulsive comment about Jews in the media by former CNN anchor Rick Sanchez, who left the network and made it clear he regretted his phraseology.

After the inevitable firestorm Murdoch's comments provoked, Murdoch walked his comment back, too: "Jewish owned press' have been sternly criticised, suggesting link to Jewish reporters. Don't see this, but apologise unreservedly."

But now it's time for me to admit it. Rupert:

I CONTROL and own it all.

When MSNBC competes with you, I'm the one doing it. When CNN competes with you, I'm the one doing it.

Morning Joe? Who do you think writes their scripts? Twitter? Forget about who you've read who created it. They're front men for ME. I also own and run Hollywood, Dollywood and Bollywood. Facebook? I'm the one who really controls it, and I'm about to start a special version for politicians: Twofacebook.

I control media personalities. I told MSNBC's Rachael Maddow that the network's viewers are dense, so she must repeat every concept two or three times, two or three times repeat it, say it two or three times. Ed Schultz? He was a 120-pound weakling furtively sneaking Denny's Saltines into his boxer shorts before I decided to put him on one of the many talk show stations I own and gave him a salary so he could eat well. That device in Rush Limbaugh's ear? He's listening to orders and scripting from ME.

I snap my fingers and bigwigs respond. I like Lincoln, so I ordered Bill O'Reilly to write a book on him. I called Steven Spielberg and told him, "Stevie, baby, do a different kind of movie on Lincoln. What? No. Don't end it with him getting eaten by a shark. Just leave out his death."

That guy from the BBC running the New York Times? I text him to give the Times daily instructions. I write orders to George Stephanopoulos that are even longer than the spelling of his name. I'm a very humble individual, so I pose as a moderate blogger, write this syndicated column, and pose as a national entertainer who does family shows. I LOOK like I'm five foot one, but I'm really six foot three.

Media coverage of Israel and the Middle East? It's all a shell game controlled by ME. I own the country of Israel and the new President of Egypt gets emails from me each day from a special email address with my weekly instructions. (I'll soon visit Egypt to see a cairoptractor.)

I lend Sheldon Adelson money (that's the last time I'll loan him money to give to Karl Rove).

My new goal is to make sure every non-Jewish child in America watches Adam Sandler movies.

The one thing I don't own is my 18-year-old female cat. No one owns her.

So, Rupe, from now on why not aim your complaints at ME because when it comes to the media, entertainment, and the survival of Chinese restaurants everywhere, I control it all.

With a name like "Gandelman" how could it be otherwise?

Joe Gandleman is a veteran journalist who wrote for newspapers overseas and in the United States. He has appeared on cable news show political panels and is Editor-in-Chief of The Moderate Voice, an Internet hub for independents, centrists and moderates. CNN's John Avlon named him as one of the top 25 Centrists Columnists and Commentators.

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Mountain Views News
Mission Statement
The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

HAIL Hamilton My Turn



JFK ASSASSINATION & 911 - SPEEDY ID OF THE CULPRITS

For those of us who are old enough to remember November 22, 1963, this year marks the 49th anniversary of the assassination of President John F. Kennedy. Back then, unlike this year, the 23rd was the Friday before Thanksgiving which was the following Thursday, the 28th. One thing has always troubled me about the JFK assassination and, come to think of it also about the 911 attacks, is the speedy, almost instant, identification of the alleged culprits.

In the case of Oswald, within fifteen minutes of the assassination and long before Oswald was picked up in the Texas Theater, the Dallas police put out on the police network, and possibly other networks, a description of the killer – five foot ten – 165 pounds, which exactly matched what was in his FBI file, and in CIA documents about him.

One problem was that this didn't match the actual height and weight of the man picked up and charged, which was five foot nine and 140 pounds. But that fact has been forgotten. The 5'10" measurement of the suspect was attributed to Howard Brennan, a witness, who saw someone in the sixth floor window, but only from the waist up and from a distance. Brennan subsequently failed to pick out Oswald in a police line-up. That fact has also been forgotten.

So how were the police able to get that exact measurement and weight of the suspect, even if later shown to be incorrect? It appears someone had already determined that Oswald would be the designated culprit, before the police found him in the Texas Theater.

In both JFK and 9/11, the designated suspects – Oswald and the hijackers – made their detection easy by implausibly laying paper trails leading to themselves. Oswald is supposed in March 1963 to have purchased by mail order, using the name A. Hidell, the notorious Mannlicher-Carcano rifle, when in Dallas he could have bought a rifle anonymously by walking a few blocks to any gun shop.

This irrational self-incrimination via paper trail was again repeated in 2001 by Mohamed Atta, the principal alleged hijacker. Atta's trove of information allegedly "provided the Rosetta stone enabling FBI agents to swiftly unravel the mystery of who carried out the suicide attacks and what motivated them."

The FBI already had a list of alleged hijackers by 9:59 am on September 11, which was when the second tower collapsed. 9:59 AM was at least four minutes before Flight United 93 had hit the ground. But even within the bureaucracy there were suspicions that the FBI was drawing on pre-9/11 files for its identifications.

"I don't buy the idea that we didn't know what was coming," a former FBI official with extensive counter-terrorism experience has since said. "Within 24 hours [of the attack] the Bureau had about 20 people identified, and photos were sent out to the news media. Obviously this information was available in the files and somebody was sitting on it."

Lt. Col. Anthony Shaffer of the Pentagon Able Danger had a similar reaction: "We were amazed at how quickly the FBI produced the name and pictures of all 19 hijackers. But then again, we were surprised at how quickly they'd made the arrests after the first World Trade Center bombing. Only later did we find out that the FBI had been watching some of these people for months before both incidents."

It was in this context of suspicion that Warren Flagge came forward in 2006 with the explanation of Atta's paper trail:

"How do you think the government was able to identify all 19 hijackers almost immediately after the attacks?" Flagge asked. "They were identified through those papers in the luggage. And that's how it was known so soon that al-Qaida was behind the hijackings."

It is of course possible that an instantaneous investigation of Atta's effects would explain how the FBI could tell Richard Clarke that they had a list of suspected hijackers by 9:59 AM on September 11. But this would imply that the FBI had the names of all nineteen hijackers by then, including the four on Flight 93 which had not yet crashed.

Thus the incriminating paper trails laid by Oswald and Atta were crucial to the speedy identification of the alleged culprits of both crimes. A curious coincidence... perhaps... but curious just the same.

RICH Johnson



WASN'T IT JUST THANKSGIVING?

I know it's late for a Thanksgiving column. But, it's what's on my mind, so we are. And with the current state of my mind some of us are lucky there is anything going on up there. I'll let you determine if you fall into the lucky column after you read the column.

Thanksgiving is a wonderful holiday. Here are some interesting bits of information about this Autumn event.

There was no turkey at the first Thanksgiving (the first Thanksgiving that was a three-day meal shared between the pilgrims and the Wamponoag tribe in 1621). So what was there? We're told a lot of venison (deer meat) and seafood.

There were no forks at the first Thanksgiving. The fork was introduced ten years later by the governor of Massachusetts. So what did the pilgrims use? Easy. A knife, a spoon and their fingers.

Frozen T.V. dinners can thank Thanksgiving for their existence. In 1953 the Swanson folks created T.V. dinners because it needed to find something to do with all the leftover frozen Thanksgiving turkeys.

Does eating turkey really make us sleepy? Well, tryptophan, and amino acid makes us tired and is found in turkey. But wait a sec: It's also found in soybeans, parmesan and pork. We think the sleepiness experienced on Thanksgiving is not related to what we eat but how much we eat.

Did the Pilgrims consume green bean casseroles? Sorry but no. The popular Thanksgiving side-dish was invented in 1955 by the Campbell Soup Company, led by a guy named Dorcas Reilly. It was successfully created to help sell cream of mushroom soup. Which it did in spades. (See, where else do you get this quality and necessary information.)

How many turkeys are consumed on Thanksgiving? 46 million eaten on Thanksgiving, 2010. Christmas serves up 22 million and Easter 19 million.

When did Thanksgiving become a public holiday? If I tell you the year, can you tell me the president who declared it so? Ready? The year was 1863. Who was the president? (hint: a penny for your thoughts.)

When did the traditional Thanksgiving football game come about? 1934, the year the Detroit Lions were bought by a G. A. Richards. The crafty marketing CEO scheduled the Thanksgiving Day game to play the reigning world champions: the Chicago Bears. The game was sold out, and broadcast live on radio. Hugely successful it soon became a yearly tradition. And by the way, the Detroit Lions have played 67 Thanksgiving games.

When did the Macy's Thanksgiving Day Parade start? That would be 1924 when 400 Macy's employees marched down the streets of Manhattan. What about the big inflated balloons? They didn't show up for 6 years. The first parade borrowed live animals from the Central Park Zoo. This included animals from camels to elephants.

Two holiday events are taking place in Sierra Madre that I would like to continue to promote. The Sierra Madre Playhouse will be showing the Fairy Tale Theater production of "A Cinderella Christmas" the next four Saturdays. The productions are an hour long and showing at 11:00 am on Saturdays. They are a joy to watch particularly the interaction between the cast and the young children in the audience. I have seen the previous versions of Cinderella about 8 times. (626) 355-4318 is the number to call to make reservations. Most of the young gals who attend dress up in costume and are individually invited to dance with Prince Charming during the Royal Ball.

And as I reported last week, my friend Jane Fuller is performing a one woman Christmas show at the Sierra Madre Playhouse, Sunday, December 9th at 7:00. Tickets can be purchased at the number above or at www.janefuller.com. Hope to see you there.

STUART Tolchin.....On LIFE A SUDDEN KNOCK AT THE DOOR



It doesn't surprise me; I was already expecting it. It petrifies me. I knew it would come. What I am talking about is the unexpected knock at the door or even the random telephone ring. That kind of stuff always frightens me because I know they are coming for me. I'm innocent I want to tell them—you have the wrong man. It's a case of mistaken identity – I haven't done anything bad.

Really, I haven't done anything bad that I can think of right now—but maybe I forgot. Who am I kidding? Inside I know I'm guilty. Do these feelings seem familiar to you? Someone out there must share them. I know my wife doesn't. When the telephone rings she goes over to the phone and tries to determine who's calling. If she doesn't recognize the number or thinks it's somebody selling something she just lets it ring. Sometimes she just doesn't even go over to the phone because-- now get this-- she doesn't feel like talking right at the moment. If it's important they'll call back or leave a message.

This is different from my experience. When the phone rings I am already sure it is to alert me to some impending disaster. Emergency action is required and I can feel my heart beating and cold sweat dripping down the sides of my face. The knock at the door is the cops coming to take me away. At this moment I hear a voice in my head saying "They're coming to Take Me Away". The lyric just changed now I hear "They're Coming to take YOU away". So you better worry too!

I don't think this is all craziness. Some of us live with anxiety that leaves us continually on edge. As soon as my ex-wife would hear on the news about an earthquake or a rainstorm she would prepare to evacuate. She would stock up on canned goods and prepare survival packages. This was forty years ago and it seemed crazy to me then. Actually it wasn't crazy as we all know that the next disaster is just around the corner and we better be ready.

You would think I would be ready and that my flashlight and water would be all stocked ready to be used in an emergency. You would be wrong. My anxiety does not direct itself to natural disasters I experience them as kinds of adventures. Just a couple of weeks ago I received some e-mails from people in the north east which described trees falling on their houses and electricity being cut off and the flood waters approaching. You would think this would scare me and cause me to worry about my family's safety. I should know how to turn off the electricity and the gas and the water and how to change fuses and what one does with water heaters.

I admit it. I don't know how to do any of these essential things. I like to think that my wife knows all this but I've never asked her. Right now I'm trying to understand myself and all I can speculate is that inside I'm so busy trying to suppress my fears that I am afraid to acknowledge them and to take the proper precautions to be ready for emergencies. Maybe this is similar to the reluctance of many older people who refuse to wear those electric emergency buttons. .

Right now, natural (or maybe they're unnatural) disasters seem to be regularly occurring. We should all be prepared. Furthermore, all of our telephones ring at strange times sometime and even up here in the canyon sometimes there are strange not easily explainable sounds.

A couple of days ago my wife remembered at 10 p.m. or so that she hadn't checked for the mail. She opened the door, with me right behind her, and we heard the sounds of something being knocked over right across the narrow canyon street. We raced back into the house and in the morning discovered evidence that the bear was around again and knocking trash cans over. I have talked about the bear in previous articles and this time we were really not surprised. This time we took action and are making sure to keep our trash cans are no longer kept in front of the house.

That's all I want to be able to do. I want to be alert enough to make some changes when changes need to be made. I want not to be paralyzed by my own fear and to be able to cope with this ever-changing and ever more frighteningly unpredictable world. For me, the first step always seems to talk about and think about a problem. Maybe this article will help me to act more appropriately in the future. At least it's nice to recognize that I have moved the trash cans. Actually my wife moved them.

Happy Holidays!!



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

THE GREAT THANKSGIVING CON

Let me make it clear right up front that Thanksgiving is one of my favorite holidays. I admit I am not too fond of many holidays. Can a week go by without some holiday that shuts down everybody?

I celebrated Veteran's Day, for example, on Sunday and the next day I went to the bank and discovered the bank was celebrating Veteran's Day on Monday. Don't they know what day it is? I trust these people with my money?

Of all the holidays we have, Thanksgiving is high on my list. I used to have a high regard for my birthday but so many of them have come that I do not like them anymore. I am ready to cancel that holiday. My birthday only means I am one year older and not one whit wiser.

I am not thinking just about the scrumptious Thanksgiving dinner. Okay, maybe I am, a little. Down through the years, I have been great fraternity buddies with eating. We have bonded so great throughout the years that even now that bonding is beginning to show.

I like Thanksgiving, and so I am a little confused about these Sanity Challenged Buffoons who are allergic to the word "Thanksgiving." They want to use names like, "Turkey Day," and the latest one "T-Day." What the "T" stands for is anybody's guess. I know what "D-Day" stands for but all the gray matter has leaked out of my skull trying to figure out what "T-Day" stands for.

Given the rationality of these purveyors of insanity, I can only guess.

Looking at what is happening to this great holiday, I have uncovered a con so convert that most people do not know it is going on. I call it the great Thanksgiving con. This is especially true for those who call it Turkey Day.

First off, everybody says nice things about the turkey. The more the turkey struts, the more the compliments flow his way. What the turkey does not know is that when these "Turkey Day" people are looking at the turkey they are also licking their lips. It is not the beautiful feathers that interest them. It is not the way the turkey proudly struts back and forth. The frame these people want to see the turkey in is a roasting pan.

They want to get rid of all those feathers that the turkey is so proud of and strip him bare so that he fits nicely in the roasting pan.

The last few weeks of the turkey's life are rather remarkable. These people will give the turkey everything it wants. More food than the turkey can gobble up. What the turkey does not know is that there is a destiny in store for him. With all the attention paid him, he has the idea that everybody appreciates him for his looks.

If this turkey would ever spend an evening watching television with his human host, he would gather the idea that the most important thing in all the world is how you look. Looking into the mirror the turkey is quite proud of what he sees. He assumes that what he sees looking in the mirror is what his human host sees when they look at him.

How wrong can a turkey be?

The con begins to unfold. Rumors are flying about that there is a great banquet being prepared in his honor. Any turkey would be proud of this kind of development and look forward to being the guest of honor.

In fact, as the turkey struts back-and-forth in front of his human hosts, he hears them saying, "Won't that turkey look good at our dinner table?" Whose head wouldn't turn hearing this kind of a compliment?

What the turkey does not know is that being a guest at a dinner table is a one-time event for a creature like himself. Any turkey worth his feathers does not think beyond this great feast being held in his honor.

I can imagine the gobble back in the turkey pen with the other turkeys. This great big, good-looking turkey, is telling all the others how important he is on the other side of the fence. Being the kind of turkey that he is, his gobble wins over the admiration of the other turkeys.

"I'm so special," the turkey gobbles to his inferiors, "that those humans are having a special banquet and I am the special guest of honor." The rest of the turkeys are oohing in his direction for they never seen anyone quite as special as this turkey.

The fatal day arrives. People come for the turkey and the rest of the turkeys have gathered around giving him a special turkey sendoff. They cannot wait to hear his report when he gets back from the special banquet.

I say this is a con to beat all cons. Wrong messages are being sent to the turkey population. Thinking they are the guest of honor, they turn out to be the main dish on the banquet table.

This is why I am against the term "Turkey Day." It sends the wrong message. The focus around our table on this special occasion will not be the turkey but rather giving thanks to God who has been so good to us.

"Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name" (Psalms 100:4 KJV)

CITY OF SIERRA MADRE

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: **ORDINANCE TO AMEND MUNICIPAL CODE RE: SPECIAL EVENTS, TEMPORARY USE PERMITS, ENCROACHMENT PERMITS, AND EXCAVATION PERMITS – MUNICIPAL CODE TEXT AMENDMENT 11-03 (MCTA 11-03)**

Applicant: City of Sierra Madre

Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

On November 27, 2012, at 6:30 p.m. or thereafter, at Sierra Madre City Hall, located at 232 W. Sierra Madre Blvd., Sierra Madre CA, 91024, the Sierra Madre City Council will conduct a public hearing to consider whether to adopt an ordinance adding Chapter 12.34 to the Municipal Code to regulate special events occurring on public property; and revising Chapter 17.88 relating to temporary use permits, Chapter 12.12 relating to encroachment permits, and Chapter 12.16 relating to excavation permits. The proposed amendments will directly or indirectly affect all property within the city.

The complete text of the proposed ordinance is available via the city's website: <http://www.cityofsierramadre.com> by clicking on the [Search Current City Documents](#) link, then searching by meeting date (November 27, 2012). It is also available via the City Clerk's office located at 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024; (626) 355-7135.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council meeting
Thursday, November 27, 2012
(Hearing begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION:

The project qualifies for a California Environmental Quality Act (CEQA) Exemption pursuant to Section 15061(b)(3) (Review for Exemption) of CEQA, as there is no possibility that the proposed Ordinance would have a significant impact on the environment.

Danny Castro
Director of Development Services

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: **CONDITIONAL USE PERMIT 12-04 (CUP 12-04); THE BRITISH HOME SPECIFIC PLAN- SPECIFIC PLAN NO. 12-01 (SP 12-01); MUNICIPAL CODE TEXT AMENDMENT NO. 12-02 (MCTA 12-02)**

Applicant: The British Home

Project Location: 647 Manzanita Avenue and 676 Ramona Avenue

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider a request for a Conditional Use Permit to allow 1) the addition of 754 square feet of floor area to an existing building (Armstrong Hall) located at **647 Manzanita Avenue**, and 2) demolition of an existing single-family home and construction of a new one-story, 3,591-square-foot, 8-bedroom residential building at **676 Ramona Avenue** as part of the British Home site. The new building will allow an increase in the total number of residents on the site from 41 to 49. Pursuant to Sierra Madre Municipal Code (SMMC), convalescent homes and similar institutions are permitted subject to the approval of a Conditional Use Permit (CUP). A Specific Plan is required pursuant to General Plan Land Use Policy L3.1 which requires the adoption of a comprehensive plan or similar planning document for all developments on properties exceeding one acre in size. In order for such plan to have regulatory authority over the underlying zone, a Municipal Code Text Amendment will also be considered.

DATE AND TIME OF HEARING

City of Sierra Madre
Planning Commission meeting
Thursday, December 6, 2012
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for Class 1 Categorical Exemption, pursuant to Section 15301(e)(1) as the addition of floor area to the existing building (Armstrong Hall) constitutes a negligible expansion of an existing use. The project also qualifies for Class 3 Categorical Exemption, pursuant to Section 15303(a) in that it involves construction of one new residential building in a single-family residential zone.

APPEAL: The decision of the Planning Commission is subject to a 10-business-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

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Happy Thanksgiving

T is for the trust the pilgrims had so many years ago
H is for the harvest the settlers learnt to grow
A is for America, the land in which we live
N is for nature and beauty which she gives
K is for kindness, gentle words, thoughtful deeds
S is for smiles, the sunshine everyone needs
G is for gratitude... our blessings big and small
I is for ideas, letting wisdom grow tall
V is for voices, singing, laughing, always caring
I is for Indians, who taught them about sharing
N is for neighbors, across the street, over the sea
G is for giving of myself to make a better me
by Judith A. Lindberg

From our family Luther, Georgina and Lidia Tsinoglou

Wishing you a happy and blessed Thanksgiving!






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