



## NEW MURALS OF PASSIONIST SAINTS ADORN MATER DOLOROSA



Sierra Madre Muralist George Rhode painted and mounted the two murals earlier this month. Photos and caption by S. Henderson/MVNews

Those who have visited the sanctuary at Mater Dolorosa in the last few weeks have had the opportunity to be among the first to see the amazing murals painted by Sierra Madre muralist, George Rhode.

As described in an earlier article about the artist, he is “quiet, understated and assured” and “lets his experience with the paintbrush do most of the talking about his grand scale mural work.

His accomplishments are many, but few could possibly compare to the murals of the Patron Saints of the Passionists Fathers that he created to Mater Dolorosa. His latest work depicts the six saints, three on each mural.

After a serendipitous encounter at The Bottle Shop where George was working on a mural for the new Wine Tasting Room, Father “Pat” (Fr. Patrick Brennan) was so impressed with his work that he asked him to create the murals for

the Retreat. In the photo above left are, left to right, St. Charles of Mt. Argus, St. Gabriel Possenti, and St. Maria Goretti. On the right are - left to right, St. Gemma Galgani, St. Paul of the Cross, and St. Vincent Strambi.

The photo bottom left shows Fr. “Pat”, George and two helpers inspecting the installation.

To learn more about the significance of the Passionist Saints and the retreat go to:

<https://www.facebook.com/MaterDolorosaRetreatCenter>

To read a previous article with the history of this project go to: <http://mtnviewsnews.com/v06/htm/n24/p01.htm>

To learn more about the artist go to: Visit his website at [www.georhode.com](http://www.georhode.com)



## CONGRATULATIONS SGT. DOYLE



Sierra Madre resident Dave Felt caught this historic moment at City Council meeting Tuesday. Above, City Clerk Nancy Shollenberger administers the Oath of Office to newly promoted Sgt. Esther Doyle of the Sierra Madre Police Department. Our newest Sgt. is also the Vice President of the SM Police Officers Association, a good indication that she has the full support and respect of her co-workers.

## DISTRACTED DRIVER?



This accident occurred on San Gabriel Court in Sierra Madre on Thursday. Fortunately, there were no severe injuries. According to Sgt. Ortiz in the Sierra Madre Police Department, it appeared that the young driver lost control of his vehicle, hit the curb, and the car flipped over. The driver was able to crawl out of the car and was later taken to the hospital with minor injuries. There was no other vehicle involved in the mishap and minimal property damage. The driver was not cited. Photo by Merrill Joan Gerber

## This Week's Highlights:

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## Weather Wise

## 5-Day Forecast

## Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 70s	Lows 50s
<b>Tues:</b>	Sunny	Hi 70s	Lows 50s
<b>Wed:</b>	Sunny	Hi 70s	Lows 50s
<b>Thur:</b>	Sunny	Hi 70s	Lows 50s
<b>Fri:</b>	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
Tuesday, March 26, 2013  
6:00 pm

3/23 - Alverno High School Gala

3/25-3/29 - Sierra Madre School Spring Break

3/25 - Rotary Music Competition

3/26 - City Council Meeting 6:30

3/26 - Alverno High School Living Stations

3/27 - Library Parenting Workshop

3/27 - Library Trustees Meeting 7:00

3/28 - CERT Training

3/30 - Volunteer Firefighters Easter Egg Hunt

3/30 - Library eReader Class



130 E. Montecito Avenue  
Sierra Madre, CA 91024

SELF STORAGE  
MAIL BOX RENTALS  
FAX SERVICE

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

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VILLAGE VINE ONLINE  
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MONDAY - 10 - 11 am Barry, Rich & Lisa Show  
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WEDNESDAY - Noon Carol Canterbury &  
Tina Salvatore  
'CANTERBURY TALES'

THURSDAYS - Noon Catherine Adde's  
OUR TRAVEL AFFAIR

FRIDAY - Noon  
Gene Goss'  
VILLAGE  
INTERSECTIONS

SATURDAY  
MORNINGS D. J.  
Boddington

DJ Boddington AKA  
James Faulkner returns  
Saturday morning at  
7:00 until 10:00 with his  
Saturday Morning Mix  
show. Lovers of music -  
tune in!

Village Vine Online  
Sports presents Little  
League Baseball this  
Wednesday night, March  
27th, at 5:00 PM:

The Sierra Madre Brew-  
ers host the Pasadena  
Central Red Sox. The  
broadcast team of Gene  
Goss and Erik Zimmer-  
man will provide play by  
play coverage and com-  
mentary live from Heas-  
ley Field.

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## 2013 HUCK FINN FISHING DERBY AND CAMPOUT

The Fishing Frenzy is about to begin in Sierra Madre!

The annual Huck Finn Fishing Derby and Campout will be here before you know it: Friday, April 5 – Sunday, April 7. The weekend long event is held at the Sierra Madre Settling Ponds next to Dapper Field and behind the Public Works Yard. The event is sponsored by the City of Sierra Madre Community Services Department, Sierra Madre Civic Club and the Sierra Madre Kiwanis Club.

## Campout (Friday, April 5)

Participants must sign up in advance for campsites which are available on a first come, first serve basis. Camping registration is available starting Monday, February 25 through Friday, March 29 and must be done at the Community Service office located at 611 E. Sierra Madre Blvd. The cost is \$55 per campsite which includes derby contest for four kids and family fishing on Saturday.

## Fishing Derby (Saturday, April 6)

Youths ages 3-15 years are encouraged to participate in the Fishing Derby which is held from 7:00 – 11:30 am on Saturday, April 6. Participation in the derby is \$10 per youth and registration will be accepted the morning of the event only. Participants will pay at the entrance located next to Dapper Field in Sierra Vista Park. All skill levels are welcome and experienced Fishing Guides will be on hand to assist all participants. The Kiwanis Club will provide food available for purchase.

## Family Fishing (Saturday, April 6 and Sunday, April 7)

Family Fishing is open to all ages and will be held Saturday from 12:30-4:00 pm and Sunday from 7:00am-4:00pm. Admission is \$20 for a family of four.

For more information, please contact the Community Services 26.35

**THE SIERRA MADRE KIWANIS CLUB**

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MEETINGS ARE EACH TUESDAY AT NOON,  
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,  
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!  
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,  
AND HAVE SOME FUN!

**Sierra Madre Rotary Club**  
Meets Tuesdays 7-8:30 a.m.  
222 W. Sierra Madre Blvd.  
The Hart Park House

As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at [peggybeau@gmail.com](mailto:peggybeau@gmail.com) and visit our Facebook page Rotary of Sierra Madre.

**[www.SierraMadreRotary.com](http://www.SierraMadreRotary.com)**

FRIENDS OF THE SIERRA MADRE  
LIBRARY BEST USED BOOK SALE

Just in time for spring, gardening books will be featured at the next Friends of the Sierra Madre Library's Best Used Book Sale being held in the basement and back parking lot of the library on Friday, April 5, from 3:00-7:00 p.m. and Saturday, April 6, from 10:00 a.m. to 2:00 p.m. We'll offer a variety of books on designing and planting gardens for year-round beauty as well as books on planning specific garden types and the plants to use in each. For the history buff there are several Time-Life sets such as *The Civil War* and *The Old West*. If your taste runs more to fiction, we have a number of sets of Anthony Trollope novels and a beautiful set of the Franklin Library reprints of classic literature titles. Also on sale are many other volumes of newer fiction and non-fiction. Our basement table features sets of art prints by famous artists and wonderful coffee table books on cooking, wine, history, and contemporary culture in addition to volumes for children and teens. There will also be DVDs and Audio Books for sale.

In the parking lot, our popular \$1.00 bargain book tables feature newly reduced volumes from our fiction and non-fiction collection as well as a variety of teen and young adult books. And, as always, the paperbacks and children's books outside are only 25 cents each or 5 for \$1.00.

These sales offer high quality, slightly used books that are culled from our library shelves or donated, books that you'll be proud to place in your own library or to give to friends and family. So come early and come often to see what treasures you can find. Proceeds from the Best Used Book Sales will be donated to the Sierra Made Public Library to support program and equipment needs. The library is located at 440 W. Sierra Madre Blvd. in the city of Sierra Madre and there is parking on the street and behind the library. For more information visit our website at [www.sierramadrelibraryfriends.org](http://www.sierramadrelibraryfriends.org) or call the library at 626-355-7186.

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626•355•8350 [www.creativeartsgroup.org](http://www.creativeartsgroup.org)

## CLASSIFIED

Employment Opportunity:

Foothill Creative Arts Group is seeking a full-time Executive Director responsible for overall planning, operation, and management of a nonprofit art center serving the community of the San Gabriel Valley. Visit the website at [creativeartsgroup.org](http://creativeartsgroup.org) for details. No phone calls.



HAVE BREAKFAST WITH KIWANIS

Tuesday, April 2, 2013 7:30 am

Guest Speaker: CHRISTOPHER NYERGES  
World Renowned Author and Survivalist  
Topic: DISASTER READINESS

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33 E. Sierra Madre Blvd.

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# SIERRA MADRE

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## A SONG IN HER

**HEART** *Sierra Madre Deborah Smith has been given a second chance at life. Eternally grateful, she has but one thing she wishes others would do.*

On March 10, 62-year-old Sierra Madre resident Deborah Smith will celebrate the 10-year anniversary of her heart transplant. To honor the occasion, Debbie, a sixth-grade teacher in the LAUSD and an ordained minister, will be speaking at her church (Hermon Community Church in Highland Park) about her story and the importance of becoming an organ donor. Later that day, she will be hosting a special tea at the Rose Tea Cottage for three special friends who have been invaluable to her during her transplant and recovery journey. Special heart-shaped scones will be served.

Debbie, whose mother died of breast cancer, was diagnosed in 1994. She underwent chemotherapy, but had to stop the course early when her kidneys began to fail. The next step was radiation. That summer in 1995, her body suddenly became weak and swollen – her heart had been damaged as the result of a rare allergy to the chemo drugs. Debbie did return to the classroom that fall, where she managed, with difficulty, to walk up and down the two flights of stairs to her classroom. She continued teaching for the next seven years through sheer determination and the aid of special heart drugs.

But, during spring vacation 2002, Debbie contracted pneumonia and was told that

From Deborah:

*“Here are the words to a song I wrote to honor my donor, on my fifth anniversary. I have sent it to my donor family with a thank you note this past week. . I have yet to meet them. My donor is still unknown to me.”*

Heart of My Heart By Deborah Smith (C) 2008

*Heart of my heart, living inside of me  
Beating so silently, giving new life.  
Where are the words, how can I thank you  
for such a sacrifice?  
Long ago, a plan was made of two journeys  
leading to one. No one knew then,  
while one life would end, Another would  
soon start again. My hopes were gone,  
and my future unsure, Bright promises  
filled all your days. Your life was vibrant  
and full of dreams, While mine was fading  
away. Then came the news I was praying  
for, Tears of joy flooded my eyes, When  
my friends and family embraced me with  
hope, Your loved ones were saying, “Good-  
bye”. I’ll never forget, as long as I live, The  
gift of a perfect heart. I’ll live my days,  
filled with praise, For the chance of a brand  
new start. Heart of my heart, living inside  
of me Beating so silently, giving new life  
Where are the words, how can I thank you  
For such a sacrifice.*

"I wish that everyone would sign up to be an organ donor. You can't use these organs when you're dead, it doesn't cost you anything and your family will be so proud of you."

Story by Lisa Berfeld and Susan Henderson



Deborah Smith giving her testimonial yesterday at the Hermon Free Methodist Church of her 10th Anniversary Heart Transplant.

she could not live without a heart transplant.

Usually, one of the numerous qualifications of being put on the transplant waiting list is to be 10-15 years cancer-free (if applicable), but additional circumstances led her doctors to believe that she would be ok. She was put on the list in July 2002. Finally, on March 10, 2003, Debbie received “The Call.” She had had her packed suitcase sitting next to her front door for nine months – now it was time to get to the hospital, pronto.

Debbie spent the next 1-1/2 years recuperating before returning to teaching fifth and sixth grades.

Since her transplant, Debbie has become a very active advocate of organ donation and a trained Donate Life Ambassador, speaking at church groups, school groups – even while she was waiting in line a couple years to renew her driver's license at the DMV – she recruited four people to sign the organ donor list while they were there. “I do all I can to get people registered,” says Debbie.

When she retires from teaching in a couple years, Debbie plans on focusing more on her organ donor advocacy, as well as become a full-time minister.

Debbie has very much wanted to meet the family of her organ donor and has written several letters to them over the years. She is hoping that one day they will be ready to meet her.

“Not a day goes by that I don't thank God, my donor and her family. I wouldn't be here if it weren't for their generosity,” says Bea. “The gift of life is something you feel deep down – you can't really thank the donors, so I try to give back some of the blessings that have been given to me by being a Donate Life Ambassador.

## 2013 Mount Wilson Trail Race - Youth Opportunities

### Kids' Fun Run

Join the Sierra Madre Community Foundation and CATZ Sports for the 2013 Mount Wilson Trail Race Kids' Fun Run. The Kid's Fun Run is an absolutely **free** event for youth ages 3-12 years of age. The Kid's Fun Run will begin at 7:45 a.m. on Saturday, May 25, 2013. Youth will have the opportunity to run up and down Baldwin Ave. and finish under the same banner as MWTR runners! Youth 3-6 years of age will run a ½ mile course, while youth 7-12 will run the full mile. All participants must sign up with a parent or guardian beginning at 7:00 a.m. in Kersting Court. The first 250 youth to sign up will receive a **free** T-shirt, compliments of Sierra Madre Community Foundation and will receive a ribbon for their participation.

### Kids' Fun Run Training Days

Join past MWTR Women's Race Winners Sharon Pevsner and Jill Liston as they prepare you for the MWTR Kids' Fun Run. Training days will be held on Saturday April 27, 2013 and Saturday May 11, 2013 beginning at 9:00 am at Sierra Vista Park – Westside, 611 E. Sierra Madre Blvd. Participation in the training days is **free** for all and participants should bring running shoes and water. Participants will learn basic running technique, complete running drills, and take part in a question and answer session with Sharon Pevsner and Jill Liston.

### Kids' Fun Run T-Shirt Design Contest

Your artwork can be featured on the 2013 Mount Wilson Trail Race Kids' Fun Run T-Shirt! Youths in Kindergarten – 8th grade are encouraged to submit their artwork for this contest. The winning entry will have their artwork displayed on the back of the Kids' Fun Run t-shirt, be recognized at the Mount Wilson Trail Race and receive a t-shirt with their design. Participation in the contest is absolutely **free**. Contest application and guidelines are available on the City's website, [www.cityofiserramadre.com](http://www.cityofiserramadre.com), on the Community Services Department page or at the Community Services office located at 611 E. Sierra Madre Blvd. Applications are due by Friday, April 26, 2013 at 5:00 pm.

For more information on any of the 2013 Mount Wilson Trail Race Youth Opportunities please contact the Community Services Department at 626.355.5278.



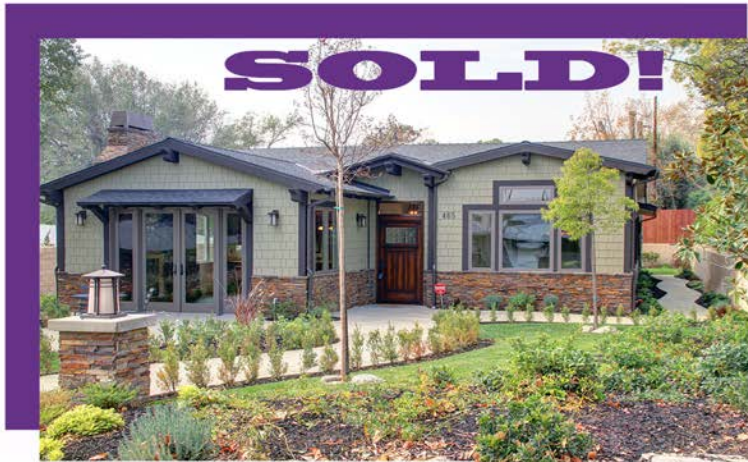
## FRIENDS OF THE SIERRA MADRE LIBRARY ANNUAL ART FAIR

The 51st annual Friends of the Sierra Madre Library's Art Fair will be held in Memorial Park, 222 West Sierra Madre Blvd, Sierra Madre, on Saturday, May 4, from 9:30AM to 6:00PM and Sunday, May 5, from 9:30AM to 5:00PM. More than 90 artists will be displaying and selling their fine arts throughout the weekend. Mediums include oil painting, jewelry, water colors, glass, wood, metal, photography, pottery, ceramics, mixed media, and weaving. The Art Fair will be the place to be to find that perfect Mother's Day, graduation, or wedding gift and to find pieces that you will be proud to wear or to display in your home.

Live music will be featured throughout the weekend in the band shell and on the south lawn. Guests will enjoy an eclectic selection of music ranging from country jazz to Latin to classical flute and guitar. A food court will offer a variety of food and drinks provided by local non-profit groups as well as food vendors. And, of course, the Friends of the Library will have a booth selling their famous sweet breads and quick breads. For the children, the Creative Arts Group has planned a Chinese kite making activity on Saturday and Sunday from 10am-4pm.

This year we will again have a silent auction. So far, forty of the artists who are displaying and selling their creations at this year's fair have donated lovely, one-of-a-kind pieces for the auction which means that you'll have a chance to bid on some really beautiful artwork.

So come early and stay all day. Browse through the wonderful displays of artwork, sit on the lawn and listen to music, have a little lunch, check on your silent auction bids, and then go back and purchase those lovely pieces of art that have been calling your name ever since you spotted them. Proceeds from the Art Fair benefit the Sierra Madre Library. For more information, visit our website at [sierramadrelibraryfriends.org](http://sierramadrelibraryfriends.org) or call 626 355-7186.



## Jacquie Pergola



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# SIERRA MADRE

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Monrovia

## REMEMBRANCE

ABBE J. KEITH

Abbe J. Keith, 66, died at his home, Monday, March 4, with his wife, Sharon Keith, at his side.

A lifetime resident of Sierra Madre, Abbe was a past-president of Sierra Madre Search and Rescue, which his family helped to found, and he was a longtime member of the Sierra Madre Rose Float Association. In his 50 years with the American Red Cross, he served as a first aid instructor and assisted at more than 100 disaster operations across the country.

In addition to his wife Sharon, Abbe leaves behind stepdaughter Andrea King (Robert), twin grandsons Sean and Patrick King, twin brother Roger (Deborah), and brothers Bill (Jan) and Riley, as well as his beloved nieces and nephews.

A memorial for Abbe will be held at Church of the Ascension in Sierra Madre, on Sunday, April 7 at 2 p.m.

In lieu of flowers, donations may be made to Sierra Madre Search and Rescue, or The San Gabriel Valley Red Cross.

## Sierra Madre Police Blotter

For the period March 15-23, 2013

### Friday March 15, 2013

At 1:30pm, a vehicle stopped for the stop sign at Sierra Madre Boulevard and Baldwin Avenue was struck from behind by another vehicle. The parties initially pulled to the side of the road and discussed the collision. However, moments later, the party at fault left the location without providing his personal information. The other party was confused as to how to proceed and did not notify the police department until three days later.

### Sunday March 17, 2013

At 2am, a vehicle travelling east on Orange Grove Avenue made a panic type stop at the intersection of Baldwin Avenue, perhaps in response to a police unit in the intersection. The officer stopped the vehicle to investigate and determined that the driver was under the influence. The driver failed to perform any of the Field Sobriety tests and was booked for DUI. It was determined that the driver is currently on probation for a prior DUI conviction.

### Friday March 22, 2013

During the night, unknown suspects removed wrought iron decorative lawn chairs from the front of a residence in the 300 block of Mariposa. No witnesses to the incident were located.

## LOCAL BUSINESSMEN SHARE THEIR LOVE OF READING

Sierra Madre, CA. - Richard and Jeff Ward of E Waldo Ward & Son can be seen sharing their favorite books on posters around Sierra Madre. The posters, part of the Sierra Madre Public Library's Read campaign, convey the simple but important message: READ.

Richard & Jeff Ward continue to carry on the family tradition started by Edwin Waldo Ward, Sr. who moved to Sierra Madre in 1891 from New Jersey for a better life. His passion was to make the finest marmalade around and he started his company in 1917. Four generations later, the family continues to make the original products along with 100 more unique flavors made with cane sugar and local ingredients when available. Located behind the original 1902 home on Highland Ave, the company operates out of the original buildings using equipment purchased many years ago. The family welcomes visitors 6 days a week and offers tours on Saturdays.

Richard Ward was born in 1934 here in Sierra Madre. He went to U.C. Davis and majored in Agriculture and Economics. He joined his father, Edwin Waldo Ward, Jr. in the business in 1966. He was instrumental in creating a more diverse product line by introducing barbecue sauces and seafood cocktail sauces in the 1960s. Although Richard Ward is semi-retired, he is still active in the business. Jeff Ward was born in 1965 in San Leandro, California. He also attended U.C. Davis and majored in Food Science and Technology. He joined the family company in 1988. Jeff has helped with the introduction of more than 30 new items since he started. He has also helped with the company's website and computer technology.

Jeff Ward selected Fast Food Nation by Eric Schlosser as his reading choice. "I really liked this book because the author talks a little about the history of the American fast food industry, a lot of which took place locally. He also conveys the importance of getting back to the basics with our food. We must watch what we eat. There are so many foods that have hormones, antibiotics and pesticides and have shown to cause developmental and physical deformities. This book is very eye-opening."

Southern California Story: Seeking the Better Life in Sierra Madre by Michele Zack was Richard Ward's choice. "I think this is a great book about Sierra Madre's history. Michele Zack did a wonderful job narrating the colorful history of our unique city along with Jeff Lapides. It shows the character and the rich history of our community along with detailed histories of individual founding families. My grandfather is also part of this book. I enjoyed reading it and have also given this book as a gift to my family."

Bookmarks with the photos of the Wards are available at the Library. Both books featured on the bookmarks are available at the Sierra Madre Public Library.

Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre, CA 91024 (626) 355-7186

## THE FUTURE OF AFFORDABLE HOUSING

Public Forum April 4, 2013

"Affordable Housing After the Redevelopment Era: What Now?" will be the topic of a free public forum April 4, 10:30 a.m. to 1 p.m. Sponsored by the League of Women Voters Pasadena Area, the event will be at the Women's City Club, 160 N. Oakland Ave., Pasadena.

A panel of professionals with expertise in housing will look at the current stagnated state of affordable housing in the region since Gov. Jerry Brown pulled the plug on 400 redevelopment agencies last year. It also will address prospects for the future. Included will be how League members and the public at large can help support efforts to preserve and develop affordable housing through a proposed Homes and Jobs Act and a \$5 million-a-year fund for affordable-housing.

Here is the lineup of panelists:

Anne Lanier Marquit, Public Counsel's community development attorney, will discuss how California got into its redevelopment quagmire, what the 2013 Homes and Jobs Act can do and how the \$5-million fund works.

William Huang, director of the Pasadena Housing Department, will talk about how Pasadena is coping with a 93-percent loss in fund for affordable housing.

Joseph Carreras, housing director of the Southern California Association of Governments, will discuss demographics and housing patterns in the region.

As the luncheon speaker, Michelle White, director of Affordable Housing Services in Pasadena, will discuss opportunities to advocate for preservation and creation of affordable housing.

The program is free and open to the public. Lunch is available by reservation and costs \$20, including tax and tip. The number to call for reservations is 626-798-0965.

## PLANS FOR ARMENIAN GENOCIDE MEMORIAL MOVE FORWARD

Submitted by Chris Chahinian, Chairman Armenian Community Coalition

On Wednesday Morning, March 27, 2013, members of the Armenian Community Coalition in Pasadena met with Pasadena City officials regarding the submission of a design for the Armenian Genocide Memorial in Victory Park. This was the second meeting between said parties.

Among the city officials attending the meeting were Siobhan Foster, Director of Public Works, Daniel A. Rix, City Engineer, and Loren Pluth, Project Manager for Parks and Landscape.

Also present at the meeting was the monument designer Vahram Hovagimyan, who introduced himself and gave a brief description of the features of the design and its contents.

The design and its features were warmly welcomed and then Mr. Pluth, Project Manager for Parks and Landscape, asked that we also submit specific proposals about the landscape around the monument.

The meeting was cordial and the discussion centered on the purpose of the monument, which was to point out "man's inhumanity against man". Also constructive concerns were raised about the maintenance and the upkeep of the monument, so it would be a lasting one.

The Armenian Community Coalition of Pasadena hopes to have this project realized by the year 2015, which coincides with the Centennial of the Twentieth Century's First Genocide.

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## LA SALLE HIGH SCHOOL'S 14 ANNUAL CRYSTAL BALL SET FOR APRIL 12, 2013

La Salle High School will hold its 14th Annual Crystal Ball entitled "CirQue De La Salle on April 12 at the Langham Hotel in Pasadena. The 2013 honorees and recipients of the Lasallian Volunteer of the Year Award are Mr. and Mrs. Steve Seidner P'09,12.

Gigantic silent and live auctions will run throughout the evening, and a Hawaiian vacation will be raffled. A live band will provide musical entertainment.

The Crystal Ball is La Salle's most important fundraising event and provides tremendous support for its academic, art, athletic, and financial aid programs. These funds most significantly, support the San Miguel Scholarship Program as La Salle enrolls 5% of each entering freshman class into a need-based program for very low-income families.

For reservations or more information please call La Salle High School at 626.696.4312.

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# Pasadena Altadena

News From Your Community For Your Community

## Body Found Under Colorado Street Bridge

Police say a local resident found the body of a man Thursday afternoon thought to have jumped to his death from the Colorado Street Bridge.

Police said they suspect suicide.

Officers said they responded to a call around 2 p.m. finding a 50 year old white male deceased.

At press time, police were still investigating. The man's name was not released prior to notification of next of kin by the coroner's office.

Also at press time, reports say there were no witnesses.

## Doo Dah Queen to be Crowned

Doo Dah Parade organizers announced that Royal mayhem is set to take place at the American Legion Bar Sunday, April 7, as they look to crown their next Queen.

Each Queen Hopeful will have a few minutes to wow the Judges. Microphone and boom box, even drumroll, provided according to Parade Organizer Patricia Hurley.

"Be ready to show us and tell us why you should be Queen," she said. "Bring Loyal Followers and humor Tell them to buy the judges a beer to get a chance to vote. Hecklers encouraged."

Tryouts are open to everyone she added.

The first 20 Queen Hopefuls to arrive get in free.

Doors Open at 2:00 pm, 4:30 – 7:00 pm – Doo Dah Queen Tryouts, 7:30 pm – New Doo Dah Queen is Crowned.

Cost to get in, \$5.

American Legion Bar, is at 179 N. Vinedo St., in east Pasadena.

## Pet of the Week



Sevannah is a three-year-old white and tan Siberian Husky. She has a lot of energy and loves to play with toys. She went out on our Mobile Outreach Unit and did extremely well around other dogs and people. She even knows her sit, down, stay and shake commands! An active family would be great for her.

Sevannah's regular adoption fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A322570, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Teen Killed Hiking in Eaton Canyon

By Dean Lee

After the death of a 17-year-old woman last Friday, emergency officials are again cautioning that there is no safe trail to a second waterfall in Eaton Canyon —made popular by numerous YouTube videos and Facebook posts.

According to Sheriff Officials Esther Suen of Alhambra was killed after falling 200 feet while hiking to a second waterfall in Eaton Canyon. Reports say Suen suffered a fatal head injury.

This is the fifth death to occur at the location in two years.

At 11:26 a.m. March 22,

## Quirky Collegiate Field Tournament at Rose Bowl



Come see and cheer—and chuckle—as students from Pasadena's premier institutions of higher education duke it out in kooky contests for bragging rights and the coveted Championship Trophy at the 2013 Collegiate Field Tournament, 6:30 p.m. to 10:00 p.m., Friday, April 5 at the Rose Bowl Stadium. Admission via Gate C and parking in Lot B are free!

The good-natured college field tournament pits student teams from Art Center College of Design, Caltech, Fuller Theological Seminary, Le Cordon Bleu College of Culinary Arts, Pasadena City College and Pacific Oaks College against each other in spirited competitions that are anything but academic!

The techies, theologians, artists, chefs and other star collegians will take the field to compete in such crowd-pleasing events as the 100-yard Croquet Dash, the Lego Car Building Competition; Human-sized Hamster Ball Relay and Pasadena's very own twist of the "Hunger Games." Pasadena Mayor Bill Bogaard will help open the games.

College students with a school-

## Scientists Find Moon and Asteroids Share History

Officials announced this week that NASA and international researchers have discovered that Earth's moon has more in common than previously thought with large asteroids roaming our solar system.

Scientists from NASA's Lunar Science Institute (NLSI) in Moffett Field, Calif., discovered that the same population of high-speed projectiles that impacted our lunar neighbor four billion years ago, also hit the giant asteroid Vesta and perhaps other large asteroids.

The research unveils an unexpected link between Vesta and the moon, and provides new means for studying the early bombardment history of terrestrial planets. The findings are published in the March issue of Nature Geoscience.

"It's always intriguing when interdisciplinary research changes the way we understand the history of our solar system," said Yvonne Pendleton, NLSI

Los Angeles County Fire Department firefighters and Los Angeles County Sheriff's Department - Altadena Search and Rescue Team responded to Eaton Canyon north of Altadena regarding hikers falling down the side of the mountain.

Three people were rescued by firefighters, assisted by deputies. One of the three was injured and a fourth, Suen lost her life according to a stamen from the Sheriff's Department.

Another 18-year-old young man also fell and survived. He was airlifted to Huntington Memorial Hospital with nonlife threatening shoulder

injuries.

Hikers familiar with the area have said that signs should be posted on the trail warning of the danger.

Officials held a press conference last year saying the second waterfall had become popular after videos of it started appearing on YouTube.

## Kidspace Events, Includes Easter Egg Hunt

Egg Hunt

Hundreds of candy-filled eggs will be hidden throughout the Kidspace Gardens just waiting to be found this Easter Sunday! Egg Hunts are \$4.00 per child, plus museum admission and includes a basket to hold the eggs. The Kidspace Egg Hunt is sponsored by Nestle and the National Charity League, Pasadena Chapter. Thank you for your support!

10:00 am hunt - Member's only, all-ages.

11:00 am hunt - 4 years and younger. (SOLD OUT)

12:30 pm hunt - 5 to 10 years old.

2:00 pm hunt - All-ages.

### Free Family Night

Tuesday, April 2, 4:00 to 8:00 pm - Enjoy Free admission to the Museum and celebrate the history of classical Chinese Music. At 6:00 pm in the Stone Hollow Amphitheater, Zhiming Han and Cynthia Xiang will perform and share the history behind the culture and music. Free Family Night is made possible by gifts from the Pasadena Arts & Cultural Commission, and the City of Pasadena Cultural Affairs Division. Learn More.

### 17th Annual Grand Butterfly Release

Saturday, April 27, and Sunday, April 28, 10:00 am to 5:00 pm - Join Kidspace for its 17th Annual Grand Butterfly Release. During this two-day event, over 1000 Painted Lady Butterflies will be released into the Kidspace Gardens. Each day will also be filled with fun and engaging, butterfly-themed activities including: face painting, the "Eat like a Butterfly" activity, story time featuring books by Eric Carle (author of The Hungry Caterpillar), antenna and wing making, and butterfly art. Guests are invited to bring the butterfly they adopted during the Kidspace Caterpillar Adoption Days, March 16 to April 28, to release along with the others.

## The Passing of Ophelia Mcfadden

Supervisor Michael D. Antonovich released the following statement on the passing of Ophelia McFadden:

"One of Los Angeles County's most influential labor leaders, Ophelia McFadden was successful because she attacked problems -- not people -- and worked for employee equity with a keen awareness of the county's fiscal responsibility," said Antonovich.

## Journalism Instructor Placed On Leave

Pasadena City College newspaper adviser and journalism instructor Warren Swil has been put on administrative leave, effective immediately, according to the Courier —the very newspaper he oversaw.

In an article on the Courier's website, Editor-in-Chief Nicholas Saul said Swil was not at liberty to speak about the matter pending an investigation related to a complaint. Numerous reports also suggest Swil was escorted off campus by security Thursday.

In a video posted online Friday, Swil can be seen escorted on the campus to pickup personal belongings.

He has been a fulltime faculty member since 2007 taking over the adviser roll from, longtime journalism professor, Mikki Bollinger.

In recent weeks, the Courier has been critical of the schools administration including reporting on votes of no confidence for current President/Superintendent Mark Rocha at a March 13 Board of Trustees meeting.

"What is going on?" Wrote PCC instructor

Melissa Michelson on the newspaper's blog. "That is on the lips of many of the faculty here at PCC. We are very concerned for our colleague, given what seems an uncanny and timely dismissal, immediately following the Courier's valiant and comprehensive press coverage on the votes of no confidence, Senate meeting from last week and PCC's candid voices across campus that things are just not right here at PCC."

The Courier also published Thursday an unflattering chart of Rocha's career at PCC titled "The Rocha Years."

The Courier is a print newspaper published weekly, by students, Thursdays. The newspaper touts itself as the independent student voice of PCC.

A link on the school's website [pasadena.edu](http://pasadena.edu) homepage to the Courier had been removed as of Friday morning.

Also according to Saul, the Dean of Visual Arts and Media Studies, Joe Futtner, said they hope to have an adviser in place to continue publication of the newspaper.



Center spread in Thursday's issue of the PCC Courier

## Museum Presents Renowned Harari Collection

Pacific Asia Museum presents the new exhibition Focus on the Subject: The Art of the Harari Collection from April 5, 2013 to March 30, 2014 in the Frank and Toshie Mosher Gallery of Japanese Art. The exhibition includes a full object rotation in October 2013 to accommodate a greater number of objects and protect them from extended exposure to light.

The renowned Harari Collection of Japanese Edo (1603-1868) and Meiji (1868-1912) era paintings and drawings is one of the most significant groups of works on paper at Pacific Asia Museum. Amassed in London during the 1950s and 60s by Ralph Harari, the collection includes ukiyo-e ("pictures of the floating world"); important prints, paintings and sketches by Hokusai, Hiroshige and their schools; paintings by Kano, Tosa, Nanga, and Shijo schools; and decorative paintings including fans. In the 1980s, Pacific Asia Museum acquired the majority of this collection with the support of several generous donors.

## Writer-In-Residence Program Receives Large Donation

The Pasadena Festival of Women Authors has donated \$5,000 to Pasadena City College's Writer-in-Residence program, more than double the donation from last year.

"We're very excited that the Writer-in-Residence Program is going to continue," said Amy Ulmer said. "We've committed to doing more, because of the money."

First launched in 2009, the PFWA aims to recognize the literary accomplishments of diverse women authors, to advance community awareness

of locally authored literature, and to raise money for a community non-profit.

"The festival is a really nice event," Ulmer said. "They encourage emerging writers, which is great."

The PCC Writer-in-Residence visits classes, holds writing workshops and does a public reading at PCC. Last October, the college hosted its first Writer-in-Residence, alumna Reyna Grande.

For more information please call the English Division office at (626) 585-7371.

## Learn How to Produce Your Own TV Show

Pasadena Media offers a free television-training program for volunteers. Various Areas of training are available to Pasadena residents. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches citizens how to produce their own show for The Arroyo Channel. Studio Production/Equipment training is also offered for volunteer crewmembers. In addition,



### PASADENA MEDIA

on-going training and memberships are available in our citizen journalism and digital film groups. Call the office (626) 794-8585 or go to [PASADENAMEDIA.ORG](http://PASADENAMEDIA.ORG) explore all that Pasadena Media has to offer.

### Class Offerings 6:00 pm – 8:00 pm Nightly

<b>Orientation:</b>	1st & 3rd Monday
<b>Producers' Training</b>	2nd & 4th Monday
<b>Camera</b>	1st & 3rd Tuesday
<b>Character Generator</b>	2nd & 4th Tuesday
<b>Lighting</b>	1st & 3rd Wednesday
<b>Audio</b>	2nd & 4th Wednesday
<b>Video Tape Operator</b>	1st & 3rd Thursday
<b>Technical Director</b>	2nd & 4th Thursday
<b>Stage Manager</b>	1st & 3rd Friday
<b>Teleprompter</b>	2nd & 4th Friday
<b>Citizen Journalism</b>	Every Tuesday
<b>Digital Film Group</b>	Every Thursday



## "What's Going On?"

News and Views from Joan Schmidt



### KNOWLEDGE AND COMMITMENT: TWO PREREQUISITES AT ALL MONROVIA- ARCADIA-DUARTE TOWN COUNCIL MEETINGS

It's still mindboggling to me that attendance isn't greater at the Monrovia-Arcadia-Duarte Town Council Meetings. Oh, if there has been a shooting in the area, or the threat of a marijuana dispensary, the meeting hall would be overflowing.

But often there are only twenty or so residents. I cannot understand it. At EVERY meeting there is representation from the Sheriff's Department. There's always a patrol deputy/sergeant-this time it was April Nelson, who started many Neighborhood Watch programs. She had several copies of crime stats/trends to share and explain. Deputy Art Valenzuela was absent-a first for him- but he was in Washington DC at a Leadership Summit with area youth. Then Kevin Parris from Probation spoke of his Afterschool Enrichment Program, providing services for at-risk minors and their families, which includes the 45-member Teen Club, Mentors and Tutors from local colleges, Volunteer Skills for girls, a Pottery class for moms and daughters, parenting classes and the Gang Intervention Program. Whew! I get tired just listening to all that Probation Officer Paris does!

The two great library ladies - Dina Malakoff from Live Oak and Joanna Gee from Duarte - brought flyers about library programs for ALL ages from preschool story hour to an adult book club!

Irving Montenegro gave an update on Pamela Park activities such as the Black History Celebration, Cheerleading Contest, Easter Egg Hunt and Youth Appreciation Day, June 7, 2013.

Then it was time for TWO guest speakers. James N. Chon from Public Works explained the procedure for getting a street light in your area. Call Department of Public Works, Traffic and Lighting Division at (800) 618-7575 for details.

There was also a presentation/update on the Peck Road Water Conservation Park - it will be AWESOME when complete. A few of the many highlights presented about this \$650,000 park improvement project include a decorative entry with great new sign, more native tree planting, new restrooms, a 100-acre lake with fishing and a winding shaped path connecting to Whittier Narrows.

To learn more about this great project, please come to the Peck Water Conservation Park on Saturday, April 6, at 9:00 am. There is a great volunteer group, Amigos De Los Rios (Emerald Necklace Group) who welcome more volunteers to help with native plant landscape maintenance. The Peck Road Water Conservation Park is located at 5401 North Peck Road, Arcadia. (The entrance is small; for many years we drove past it and never realized the entry existed. If you travel south on Peck, start looking for it on the right after you pass Live Oak Avenue.)

The next Monrovia-Arcadia-Duarte Town Council Meeting is Wednesday, April 17th, 7 pm at the KARE YOUTH LEAGUE, 5150 Farna, Arcadia. There will be special recognition of area youths who participated in the St. Baldrick fundraiser and Maria Jovel from Pamela Park's Parent Project.

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## CONSIDERING EASTER *and what it means*

By Christopher Nyerges

[Nyerges is the author of "How to Survive Anywhere," "Self-Sufficient Home," and other books. He leads self-sufficiency classes, and does a weekly podcast at Preparedness Radio Network. He can be reached at School of Self-reliance, Box 41834, Eagle Rock, CA 90041 or [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com)]

It is a time that millions of people the world over look forward to – the first Sunday after the first full moon after the spring equinox. What day is that, you ask? Easter, the day (and season) that Christians worldwide commemorate the trial, death, and resurrection from the death of Jesus. I grew up in a Catholic family, going to a Catholic school, and know well the Easter motif, beginning with the "giving something up" for Lent, Palm Sunday when Jesus entered Jerusalem on a donkey (in fulfillment of scriptures), and then turned over the tables of the vendors. He was still invited to speak in the Temple, but the Temple authorities considered him an upstart, someone who seemed to know "the Truth" in a way that they had forgotten, a man who didn't have the Temple training and no formal training to become a Rabbi, and yet, there he was, attracting crowds, purporting to heal, innocent, seeming to know the answers to life's deepest questions.

His trial and death were almost predictable, as most societies do not like the rabble-rousers among them. Especially, the "leaders" do not like such persons, and they act quickly to dispose of them. Witness such other notables as Socrates, Pythagoras, Joan of Arc, Abraham Lincoln, Sitting Bull, Wovoka, \ Musashi, Malcolm X, Pope John Paul the *first*. I am not necessarily putting these individuals (and the hundreds more like them) on the par with Jesus, but it is clear that a down-ward looking society takes offense to anyone who looks to the heavens.

Every Easter I have enjoyed the inspiring messages that movie-makers have given us in their efforts to interpret the practical meaning of the Jesus message. I have particularly liked the over six-hour presentation of "Jesus of Nazareth" produced by Franco Zeffirelli, starring Robert Powell as Jesus. It is a rare presentation that brings the story alive, and takes it out of the pages of dry church reading. You cannot help but cry, and laugh, often when viewing this unique presentation. I have kept a Bible (Lamsa translation) handy when viewing this, to see how well Zeffirelli brought alive these ancient writings. You will likely agree that he did a great job. Actor Robert Powell said once in an interview that this role "changed my life." Indeed.

I have also enjoyed the movie version of the play "Jesus Christ Superstar." Though full of deliberate anachronisms, it still manages to penetrate into the dynamics of what was going on in the people around Jesus. I do not consider this presentation in any way profane, and find it to be a valuable tool for understanding certain aspects of the Christian message.

Though too many of us have gotten lost in the pre-Christian "Easter" symbolisms of eggs, bunnies, chocolate, etc., it is still worth fighting to realize that there is a real story here, about someone who worked hard, was ridiculed, laughed at, even killed, in order to help us to save ourselves.

I have chosen to see the Easter story as a pattern that each of us should find and follow in our own lives. And are there other stories out there which show this pattern in the so-called secular world?

Movie-makers have given us many such stories, but we don't always see them for what they are. If we consider the themes of the Easter story – humble birth, hard work, trying to rise above mundanity, showing The Way to others, some sort of "death," and rising up again – then there are some excellent movies that give us this tale.

For example, you can't go wrong with the classic "Whale Rider". If you've not seen it, get it immediately. The grandfather of the traditional village is hoping for a grandson to carry on the ways. A girl is born, and grandpa figures he'll have to wait some more. But the girl is "the one". She persists in her path of learning the traditional ways. And when a test is given to the boys to see which one will become the new spiritual leader, the girl nearly dies, but passes the test. She is the one. You have to see it, and feel it, and experience that Savioriness can occur at any time, anywhere. Of course, there are certain requirements, but the chief among them is the willingness and desire to do the work required, and then doing that work.

"Powder" is another good movie that somewhat depicts the elements of the Easter theme, though not precisely. It's still worth watching to see how most of us treat our fellow man.

Even "It's a Wonderful Life" with James Stewart – so often shown at Christmas – probably more accurately can be said to depict the Easter theme. Stewart worked hard to make life better for his fellow man, while living a humble life and not always getting the material things he would have liked. All the while Mr. Potter greedily plans to take over the town. And Stewart "dies" in the river, gets to see what his world would be without him, and he is then brought back to carry on. In this case, Stewart is not crucified in the end, but is recognized for his good deeds.

Yes, some of you who will read your Encyclopedia today will learn about the pre-Christian roots of Easter. There is no denying that the Holy Day, as practiced generally today, has so-called pagan roots. So what? You can still observe this day and find the way to use the major themes for your personal upliftment, and for the upliftment of those around you.

## Looking Up with Bob Eklund



## LATEST NEWS FROM MARS: Panorama, Water Bearing Minerals!

Rising above the present location of NASA's Mars rover Curiosity, higher than any mountain in the 48 contiguous states of the United States, Mount Sharp is featured in new imagery from the rover.

A pair of mosaics assembled from dozens of telephoto images shows Mount Sharp in dramatic detail. This layered mound, also called Aeolis Mons, in the center of Gale Crater rises more than 3 miles above the crater-floor location of Curiosity. Lower slopes of Mount Sharp remain a destination for the mission, though the rover will first spend many more weeks around a location called "Yellowknife Bay," where it has found evidence of a past environment favorable for microbial life.

Using infrared-imaging capability of a camera on the rover and an instrument that shoots neutrons into the ground to probe for hydrogen, researchers have found more hydration of minerals near the clay-bearing rock here than at locations Curiosity visited earlier.

The rover's Mast Camera (Mastcam) can also serve as a mineral-detecting and hydration-detecting tool, reported Jim Bell of Arizona State University, Tempe. "Some iron-bearing rocks and minerals can be detected and mapped using the Mastcam's near-infrared filters."

Ratios of brightness in different Mastcam near-infrared wavelengths can indicate the presence of some hydrated minerals. The technique was used to check rocks in the Yellowknife Bay area where Curiosity's drill last month collected the first powder from the interior of a rock on Mars.

"With Mastcam, we see elevated hydration signals in the narrow veins that cut many of the rocks in this area," said Melissa Rice of the California Institute of Technology, Pasadena. "These bright veins contain hydrated minerals that are different from the clay minerals in the surrounding rock matrix."

The Russian-made Dynamic Albedo of Neutrons (DAN) instrument on Curiosity detects hydrogen beneath the rover. At the rover's very dry study area on Mars, the detected hydrogen is mainly in water molecules bound into minerals. "We definitely see signal variation along the traverse from the landing point to Yellowknife Bay," said DAN Deputy Principal Investigator Maxim Litvak of the Space Research Institute, Moscow. "More water is detected at Yellowknife Bay than earlier on the route. Even within Yellowknife Bay, we see significant variation."

Findings from the Canadian-made Alpha Particle X-ray Spectrometer (APXS) on Curiosity's arm indicate that the wet environmental processes that produced clay at Yellowknife Bay did so without much change in the overall mix of chemical elements present. The elemental composition of the outcrop Curiosity drilled into matches the composition of basalt. For example, it has basalt-like proportions of silicon, aluminum, magnesium and iron. Basalt is the most common rock type on Mars. It is igneous, but it is also thought to be the parent material for sedimentary rocks Curiosity has examined.

"The elemental composition of rocks in Yellowknife Bay wasn't changed much by mineral alteration," said Curiosity science team member Mariek Schmidt of Brock University, Saint Catharines, Ontario, Canada.

A dust coating on rocks had made the composition detected by APXS not quite a match for basalt until Curiosity used a brush to sweep the dust away. After that, APXS saw less sulfur.

"By removing the dust, we've got a better reading that pushes the classification toward basaltic composition," Schmidt said. The sedimentary rocks at Yellowknife Bay likely formed when original basaltic rocks were broken into fragments, transported, re-deposited as sedimentary particles, and altered by exposure to water.

You can contact Bob Eklund at: [b eklund@MtnViewsNews.com](mailto:b eklund@MtnViewsNews.com).



This mosaic of images from the Mast Camera (Mastcam) on NASA's Mars rover Curiosity shows Mount Sharp in a white-balanced color adjustment that makes the sky look overly blue but shows the terrain as if under Earth-like lighting. Photo courtesy of JPL/NASA



# ARCADIA

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## HISTORICAL MARKER DEDICATION APRIL 16: ELIAS “LUCKY” BALDWIN

■ Part of dedication of new City statue of Baldwin  
■ One of several more Historical Society programs in coming weeks

ARCADIA, Calif. – The Arcadia Historical Society’s 10<sup>th</sup> “History Lives Here” historical marker, profiling City founder Elias “Lucky” Baldwin, will be unveiled at 4 p.m. April 16. The unveiling of the marker on the rose garden island separating Campus and Huntington Drives and Holly Avenue to the west of the Community Center will be in conjunction with the dedication of the City’s new statue of Baldwin commissioned and donated by great-great-great granddaughters Margaux Viera and Heather Gibson.

The “History Lives Here” markers are just one of the many regular activities and events created year-round by the Society. Earlier this month the Society’s quarterly member program featured the personal remembrances of a World War II prisoner of War survivor. Last week the Society opened a new exhibit that runs through April 30 at the Arcadia Public Library of Baldwin’s adobe home place and his trusted Chinese ranch hand Lem Kay. The Society will stage an auction of historical artifacts on April 26 at Arcadia 210 Self Storage, and a salute to longtime Society member Carol Libby at the next member meeting on either May 30 or June 13 at the Peacock Café in the Arboretum.

The Baldwin Marker features little-seen photos and a history of the self-made man who came to Southern California in 1875 at the age 47 with \$5 million in hand. He quickly bought the massive Rancho Santa Anita, where his third wife delivered his second daughter whom he named Anita. The ranch became a major producer of citrus, livestock, and prize-winning wines and brandies. Baldwin would also use his money and influence to direct the railroad through Arcadia to two new train stations, one of which was strategically positioned across the street from his elaborate Oakwood Hotel. And, of course, he developed his champion race horses and built the first Santa Anita Park horse race track at the western end of land used now for the Santa Anita golf course, just a little southeast of where this marker will be positioned.

The series of Historical Markers are part of the non-profit Society’s mission to create broader public awareness of noteworthy historical events, people, and landmarks in Arcadia. Since the first Marker was dedicated in October 2007, others have been dedicated at Santa Anita Park, the Arboretum, Arcadia Park, The Derby restaurant, in the Angeles National Forest, and several other historical locations in Arcadia. Another marker, depicting Baldwin’s Oakwood Hotel is being prepared as part of the new transit plaza being built near the Gold Line station scheduled to open in 2015.

The Society would like to thank the City of Arcadia for co-funding and installing many of the Markers.

*Gene Glasco is president of the Arcadia Historical Society.*

*Sandy Snider wrote and prepared the Lucky Baldwin marker, among several others. She and Carol Libby are members of the Society’s Historical Marker Committee, chaired by Scott Hettrick.*

*Web site: <http://www.arcadiahistoricalsociety.org>*

## Arcadia Police Blotter

*For the period of Sunday, March 17<sup>th</sup>, through Saturday, March 23<sup>rd</sup>, the Police Department responded to 1,017 calls for service of which 125 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

Sunday, March 17:

- At about 1:00 p.m., an officer was dispatched to the 2000 block of Winthrop Avenue in reference to a battery report. An upset coach pushed a child to the ground at Hugo Reid Park as he ran toward an umpire to confront him about the outcome of a baseball game. Witnesses reported the suspect used violent force and the child’s father is desirous of prosecution. Further investigation is being conducted by the Detective Bureau.
- Around 8:52 p.m., an officer responded to the scene of a public disturbance in the area of East Longden Avenue and South Sixth Avenue. Two subjects were stalled on the side of the road due to tire damage and were determined to be under the influence of alcohol. One subject was unconscious in the passenger seat. The 22 and 28-year-old Hispanic males were arrested and transported to the Arcadia City Jail for booking.

Monday, March 18:

- Shortly after 2:40 p.m., an officer conducted a traffic stop on a vehicle for broken tail lights, in the area of Fifth Avenue and Foothill Boulevard. The officer discovered the driver had a suspended license. The 43-year-old female of unknown race was cited, released in the field, and her vehicle was left legally parked.
- At approximately 8:20 p.m., officers responded to Macy’s at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. The suspect entered a fitting room where she concealed several items of clothing inside her purse and underneath the clothing she was wearing. She exited the store without making payment. The 37-year-old White female was arrested and transported to the Arcadia City Jail for booking.

Tuesday, March 19:

- At roughly 1:13 a.m., officers were dispatched to a residence in the 000 block of Alice Street regarding an attempted vehicle burglary that just occurred. The victim looked out his window and observed an unknown Black male inside his vehicle. The victim stepped outside to confront the suspect and discovered two additional suspects, a Hispanic male and an Asian male, standing on the sidewalk near his vehicle. All three suspects entered a black Honda sedan and fled eastbound out of sight. An area check proved negative; however, one handprint was located on the driver side window. Further investigation is being conducted by the Detective Bureau.
- Around 5:53 p.m., officers were dispatched to Macy’s at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to two suspects in custody for theft. The suspects concealed merchandise inside their purses and a shopping bag, and exited the store without making payment. An investigation revealed the suspects also stole from Hollister and Forever 21. The 17 and 18-year-old Hispanic females were transported to the Arcadia City Jail for booking.

Wednesday, March 20:

- At about 0:38 a.m., an officer conducted a traffic stop on a vehicle in the 000 block of West Foothill Boulevard, after he observed the vehicle traveling on a flat tire for several hundred feet. Upon contact with the driver, the officer smelt an odor of alcohol emitting from his person. An investigation revealed the 25-year-old Black male was driving under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.
- Shortly after 2:30 p.m., officers were dispatched to the 400 block of East Winnie Way in reference to a residential burglary investigation. Unknown suspect(s) forced entry through the front door, ransacked a bedroom, and fled undetected with property including two laptops and passports. No evidence was located.

Thursday, March 21:

- Between 8:00 a.m. and 12:00 p.m., a vehicle was stolen from the parking lot of 612 West Duarte Road while the victim was inside the location. No evidence was left behind and no one reported seeing or hearing anything suspicious.
- At about 10:00 p.m., an officer conducted a traffic stop on a vehicle for a broken head light on Colorado Boulevard at Michillinda Avenue. An investigation revealed the passenger had a no bail warrant for her arrest, and was in possession of drug paraphernalia and a hypodermic needle. The 24-year-old White female was arrested and transported to the Arcadia City Jail for booking.

Friday, March 22:

- Around 3:00 a.m., an officer was patrolling the area of Santa Anita Avenue and Pamela Road, and conducted a traffic stop on a vehicle for having no front license plate. An investigation revealed the driver had two outstanding misdemeanor warrants and was in possession of drug paraphernalia. The 38-year-old White male was arrested and transported to the Arcadia City Jail for booking.
- Roughly after 8:00 a.m., an officer responded to the 000 block of Fairview Avenue in regards to a battery investigation. A juvenile hit his father numerous times and fled the location. He later returned to the residence and brandished a knife toward his father and brother. The 17-year-old White male was arrested and transported to the Arcadia City Jail for booking.

Saturday, March 23:

- Shortly before 2:00 p.m., officers were dispatched to Hollister at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. The suspect was observed removing security sensors from clothing with a pair of wire cutters. As the suspect attempted to exit the store with concealed merchandise, he pushed the loss prevention officer trying to apprehend him, fled through the mall, and was later detained in the Promenade parking structure. A records check revealed the 38-year-old Black male was on probation for burglary and had one outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.
- At approximately midnight, an officer conducted a traffic stop on a vehicle for expired registration in the area of Lovell Avenue and Duarte Road. An investigation revealed the driver had an outstanding misdemeanor warrant and was in possession of a narcotic controlled substance. The 34-year-old White female was arrested and transported to the Arcadia City Jail for booking.

## ARCADIA ROTARY CLUB SALUTE TO SENIORS

The annual Salute to Seniors luncheon sponsored by the Arcadia Rotary Club will be held on Tuesday, May 14 from 12-1:30pm at the Arcadia Community Center, 365 Campus Drive. At this special event, Rotarians, along with the City Council, Senior Commissioners and other guests will honor Bob Bane, the City of Arcadia 2013 senior of the year. Tickets for the luncheon are \$4 per person and go on sale Tuesday, April 2.

### ABOUT THE HONOREE

Bob has been a tremendous asset to not only the Arcadia Community Center, but also the Senior Friendship Club. Bob contributes significant assistance to Arcadia Senior Services by managing the Ambassador Desk, facilitating coffee service to seniors in the morning, and assists staff by photocopying forms and flyers for Community Center operations. Bob has provided extensive volunteer service to the Senior Friendship Club by serving as the Treasurer the past two years and has successfully worked with the IRS and Franchise Tax Board to consolidate the club financial records to meet the requirements of both Federal and State financial agencies. In addition to the financial responsibilities, Bob has assumed the duties of Co-tour chairman for the club. In this capacity, he helps to plan trips for the members, collect money, pay bills and market the excursions through the City newsletter and club correspondence. Bob and his wife Shirley live in the City of Arcadia and are both committed to giving back to the community through volunteerism.



## DERBY DAY 5K WALK/ RUN

Saturday, April 6 is the Derby Day 5K Walk/Run! This year’s event includes, custom medals to the first 5,000 finishers, starting from an authentic starting gate, one of LA’s most scenic 5K courses through the Arboretum and finish on the track, post-race beer garden, and complimentary admission to Santa Anita Derby Day.

## NOTED EDUCATOR TO SPEAK AT ARCADIA AAUW MEETING

What can we learn from China’s education system, and what can they learn from ours? Innovative educator Nancy Pine, Ph.D., will explain that sharing and contrasting of ideas when she speaks at the Monday evening, April 8 meeting of the Arcadia Branch of the American Association of University Women (AAUW). Nancy Pine is a professor emerita of Mount St. Mary’s College, Los Angeles. During her extensive career in education, Pine has taught at all levels, been widely published, presided at many workshops, and has received numerous awards.

At Mount St. Mary’s, Pine was director of the Elementary Education Program for ten years and founder of the Bridging Cultures: U.S./China Program. During her years of teaching, Pine also did cross-cultural research with her counterparts in China, traveling to China often to visit classrooms and to do research. Now Pine’s cross-cultural research has led to the publication of her groundbreaking book “Educating Young Giants: What Kids Learn (And Don’t Learn) in China and America.”

Nancy Pine’s book has received high acclaim from educators and others in both the U. S. and China. It was recently recommended by CHOICE, the American Library Association publication that is used by all U.S. university and college libraries. Pine’s report is unbiased. Her cross-cultural research explains that each country wants what the other has: The U.S. wants students to be more studious, focused, and expert at math, and the Chinese want students to be more innovative and able to create imaginative ideas. Pine does offer some solutions and ways to achieve those desires.

The public is cordially invited to attend the Arcadia Branch AAUW meeting. The group meets in the Church of the Good Shepherd’s Jordan Hall, 400 W. Duarte Rd. (SW corner of Duarte Rd. and Holly Ave.), Arcadia. Socializing and refreshments begin at 6:30 pm with Dr. Nancy Pine’s presentation to follow at 7:00 pm. There is no charge for the meeting, and ample parking is available in the church parking lot. Pine’s book “Educating Young Giants” is available at Vroman’s Pasadena, where she recently gave a book talk. The book will also be available for purchase at the AAUW meeting.

Membership in the American Association of University Women is open to women and men holding a university or college degree, as well as to those with an Associate of Arts degree or its equivalent. For more information, please call Tamara Kato at (626) 375-6756 or Patricia Dietrich at (626) 446-8437.

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# MONROVIA - DUARTE

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## DUARTE WOMAN'S CLUB NAMES JUDY BLAKE WOMAN OF THE YEAR

Celebrating their 64th anniversary, the Duarte Woman's Club (DWC) made the long-awaited announcement: who would be the 2013-14 Woman of the Year (WOTY)? In a skit which revealed many clues, the choice became obvious. Judy Blake, a DWC member since 2002, was honored for her diverse and long-term volunteer work in Duarte and beyond. The banquet held at the Community Center on March 7, was catered by Villa Italia Restaurant. Milestone anniversaries were recognized, the most significant of which was that of Nita Carey who has been a member of DWC since 1958. All past presidents and woman of the year recipients were honored.

This year's WOTY boasts a long list of impressive accomplishments. Because she does not drive a car, she is a familiar face around town as she either walks or rides the local bus. Her volunteer work is particularly impressive because she has learned to use public transportation to such faraway places as Coachella, San Pedro and points in the San Fernando Valley.

Judy moved to Duarte in 2000. After getting settled, she joined the Chamber of Commerce and is a member to the present. She also joined the Route 66 Parade Committee and helped with organizing the parade line up and writing the script for DCTV.

In one of her most impressive volunteer projects, Judy became interested in the Jimmy Carter Habitat for Humanity Work Project in 2007. Using public transportation to San Pedro, she spent a week painting a house which the project was refurbishing. At the conclusion, she was awarded the paint brush! However, she also was able to meet the former President and secure his autograph on the book he authored entitled *Palestine: Peace Not Apartheid*. She also received "The President's Volunteer Service Award" pin.

Judy joined the Red Cross, completing the required CPR and disaster training classes. She is a member of the American Red Cross DSHR (Disaster Services Human Resources) System and is a licensed Ham Radio Technician involved in the Red Cross Communications Team. She is also a member of the San Gabriel VERT (Valley Emergency Radio Team) providing security at festivals, parades and even the Vietnam Wall. She is a member of the San Gabriel Valley Radio Club and ARES (Amateur Radio Emergency Service).



Judy received a BA in journalism at Cal State Los Angeles, and excelled as a photographer of motorcycle races and later the Rockabilly artists in the Los Angeles Music Scene. Motorcycle riding was another of her talents. After suffering a "very severe concussion" when she was riding a small motorcycle that was struck by a car, she never drove another vehicle. After moving to Duarte she took up another passion, that of travel. She has traveled to many countries including much of Europe and China, and visited the Dominican Republic to meet one of the children she has sponsored there for almost thirty years. "She is very deserving of the Woman of the Year award," says Claudia Heller, last year's WOTY recipient. "Despite obstacles, she has shined as a selfless volunteer in many facets, local and beyond, as well as constantly challenging herself mentally and physically. We can all learn from her tenacity."

## DUARTE CITY COUNCIL DECIDES NOT TO PURSUE FURTHER APPEAL TO CALIFORNIA SUPREME COURT IN ITS FIGHT WITH AZUSA AND VULCAN MATERIALS TO SAVE VAN TASSEL RIDGE

**DUARTE, CA**— The City of Duarte will not be filing a petition with the California Supreme Court seeking a further appeal of Duarte's challenge to the City of Azusa/Vulcan Materials' Environmental Impact Report for Vulcan's mining expansion project. A State Court of Appeals recently sided with Azusa/Vulcan and found the EIR to be sufficient. Duarte's challenge to the Azusa/Vulcan EIR was part of its effort to save Van Tassel Ridge from being destroyed by Vulcan's extensive mining expansion project. Even though it did not prevail in the lawsuit, Duarte intends to monitor Azusa and Vulcan's implementation of the mining expansion project to insure the project is pursued in a manner consistent with the now-final EIR so that the health of all San Gabriel Valley residents and the preservation of our mountains can be protected to the greatest extent possible.

As approved by the Azusa City Council and upheld in court, the Vulcan mining expansion project is poised to extract 105.6 million tons of aggregate from the mountain between now and 2038 and in the process destroy Van Tassel Ridge. Over that same period, the City of Azusa stands to make more than \$65 million in mining fees and incentives from Vulcan.

Duarte's lawsuit was originally filed in August 2010 and now, two and a half years later, has come to a conclusion. "Even though the courts sided with Azusa and Vulcan in this matter we feel our challenge to the EIR was well worth the effort," said Duarte city manager Darrell George. "We hope, of course, that Vulcan and Azusa will be open to further dialogue on the implementation of the project so that ongoing issues of concern to Duarte and its residents may be addressed."

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## DUARTE COMMUNITY CLEAN-UP DAY, APRIL 13, 2013

*It's spring cleaning time in the City of Duarte.*

The City will hold its bi-annual Duarte Community Clean-Up Day on Saturday, April 13. From 8 a.m. to 2 p.m., Burrtec Waste Industries, Duarte's licensed trash hauler, will provide two convenient drop-off locations in the City where residents can dispose of large refuse items and E-waste. Drop-off locations are at Duarte Performing Arts Center, 1401 Highland Ave., and at the former Buena Vista Pavilion property at 2144 Buena Vista St.

To assist local residents with various clean-up tasks, Torre de Alabanza (tower of praise) Christian Church Youth Ministry has invited other local churches and local youth groups including the City of Duarte's (D.A.R.T.) Duarte Area Resource Team and (C.H.Y.L.L.) Cardinals Helping Youth Leading in Life to participate in an "Adopt-A-Block" project. Adopt-A-Block will focus on a variety of pre-selected homes and blocks in and around Lena Valenzuela Park. Approximately 80 youth and adult volunteers will work alongside City of Duarte staff and Los Angeles Sheriff's Department deputies. Volunteers will meet at Lena Valenzuela Park at 2120 Mountain Ave. starting at 8 a.m.

To volunteer for the Adopt-A-Block project, or for more information on Duarte Community Clean-Up Day, call Duarte Public Safety at (626) 357-7938, ext. 316.

## DUARTE SENIOR CENTER TO OFFER PRESENTATION ON DISASTER PREPAREDNESS, APRIL 17

**DUARTE, CA** -- Learn how to prepare for Mother Nature's worst, the perils of earthquakes, windstorms and fire at a special community presentation at the Duarte Senior Center on Wednesday, April 17, from 9:30 a.m. to 10:15 a.m.

April Kelcy, chief executive officer of Earthquake Solutions, will offer important information and practical tips on "powering up a smarter preparedness plan".

City of Duarte Public Safety Manager, Larry Breceda will provide an overview of the City's disaster preparedness plan and information on useful City resources, evacuation planning, and how to secure the safety of pets in event of an earthquake, wind or fire emergency.

The event is free. Preparedness items will be available for purchase.

For more information, call the Duarte Senior Center at (626) 357-7931.

## Duarte Families Invited to "Bike with the Mayor"

Family bike rides are a tradition for Duarte Mayor Margaret Finlay and her family. Now, the Mayor would like to have other families join her on a monthly family bike ride on the Duarte Bike Trail.

On the second Saturday of every month, beginning April 13, families are invited to "Bike with the Mayor" along the City's scenic bike path, a 3.2 mile round trip. Participants will meet at 8:45 a.m. at Royal Oaks Park, 2627 Royal Oaks Dr. The bike ride will begin at 9 a.m. No registration is required, just show up with a bike and required bike safety gear.

"I look forward to doing one of my favorite activities, riding a bike, on our beautiful bike path, talking with some of my favorite people, the citizens of Duarte, about their ideas on how we can make Duarte a better place to live and work for everyone," said Mayor Finlay.

For more information, call Duarte City Hall, Parks and Recreation at (626) 357-7931, ext. 201.

## Monrovia Police Blotter

*Highlighted Activity for the Weekdays of March 25-27, 2013*

During the last seven-day period, the Police Department handled 438 service events, resulting in 74 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

### Petty Theft from a Vehicle

March 27 at 3:48 a.m., a resident in the 300 block of South Mountain came to the police department to report her purse had been stolen from her vehicle. She reported that she was walking to her parked vehicle when she saw two male Hispanics, wearing backpacks, walk away from her vehicle. After she got into her vehicle, she realized that she left the passenger window down and her purse was gone. Investigation continuing.

### Possession of Drug Paraphernalia - Suspect Arrested

March 27 at 3:57 p.m., an officer was conducting an area check for the petty theft suspects from the above incident, when he observed a male subject walking in the 900 block of Valley View. As the officer approached in his police vehicle, the subject walked up a driveway. He then walked back down the driveway, where he was contacted by the officer. The officer checked the area where the subject was standing on the property and found a methamphetamine smoking pipe. The subject stated he threw it on the ground when he saw the police. The subject was arrested for possession of drug paraphernalia.

### Bear Incident

March 27 at 6:21 p.m., police responded to a residence in the 800 block of Crescent Drive on the report of a bear entering the home. The resident's mother had cooked lunch and left it on a table with the windows open. A bear caught the scent of the food, ripped out the doggie door and entered the home through it to get at the food. The resident's dog alerted the man, who came downstairs to find the bear inside his home. The resident immediately went upstairs and locked himself and his dog in his bedroom and called police. The man looked out his window and saw a second bear in his yard. Police officers arrived along with an animal control officer and the bears were encouraged back into the hillside with beanbags rounds. The officers advised the resident on the safety issue of the doggie door and methods to reduce bear attractants at the home.

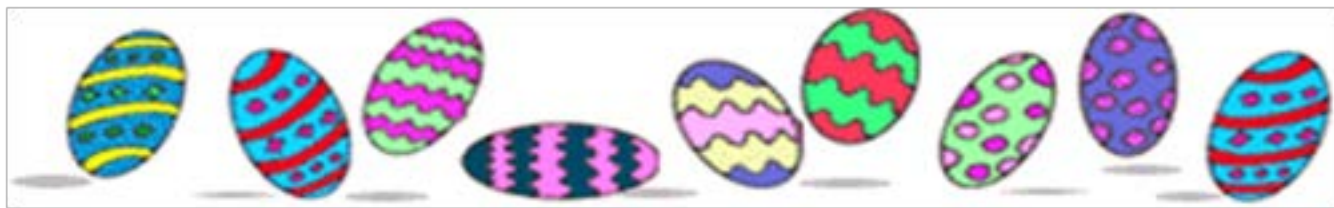
### Detective Bureau Case Follow-up

Attempt Grand Theft Auto / Identity Theft / Forgery - Suspects Charged

On February 26 at 2:35 p.m., police responded to a business in the 800 block of East Central regarding a fraud in process. Two suspects walked into the car dealership to purchase a vehicle. They each provided forged checks, and one provided an altered driver's license. The salesman was suspicious and called police. Both suspects were arrested and bonded out after being booked.

On March 26, 2013, both suspects were arraigned in court. The detective assigned to the follow-up investigation presented the case to the District Attorney. The case was filed and both suspects were charged with identity theft, forgery (three counts), and attempt grand theft auto. The suspects were remanded into custody.





## EASTER BUNNY HISTORY

The Easter bunny has its origin in pre-Christian fertility lore. The Hare and the Rabbit were the most fertile animals known and they served as symbols of the new life during the Spring season.

The bunny as an Easter symbol seems to have its origins in Germany, where it was first mentioned in German writings in the 1500s. The first edible Easter bunnies were made in Germany during the early 1800s. These were made of pastry and sugar. The Easter bunny was introduced to American folklore by the German settlers who arrived in the Pennsylvania Dutch country during the 1700s. The arrival of the "Oschter Haws" was considered "childhood's greatest pleasure" next to a visit from Christ-Kindel on Christmas Eve. The children believed that if they were good the "Oschter Haws" would lay a nest of colored eggs.

The children would build their nest in a secluded place in the home, the barn or the garden. Boys would use their caps and girls their bonnets to make the nests. The use of elaborate Easter baskets would come later as the tradition of the Easter bunny spread throughout the country.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### WILL THE EASTER BUNNY JUST HOP AWAY.....PLEASE?!

I am what many people refer to as a purist. Many do not understand or know what a purist is so let me explain.

No, a purist is not a Puritan, although I have nothing against Puritans and lean heavily in their direction. After all, I think it is better to be radical in the right direction than radical in the wrong direction, as many people are today. I think the Puritans are getting a bad rap today.

A purist, however, is someone who likes things just the way they are. No additives. No upgrades. No unnecessary changes. If my light bulb goes out, I want to change. That is the limit for change, except maybe some of it that jingles in my pocket.

Have you ever noticed that once you are comfortable with a computer program and really like it, someone will upgrade it until it is a completely different program with no relationship to the one you love? I hate that. When you got something that works, do not try to fix it. That is one of the basic rules of life.

It is a rule I have been trying to explain to the Gracious Mistress of the Parsonage for years. I keep telling her I am not broken and therefore I do not need fixing. It has become the mission of her life to upgrade me. Can you imagine that? I love the way I "are."

Some people are more like soup than anything else. Anything and everything goes into the pot. Not me. I like to savor something in its own environment.

So, I am a purist in many regards, which can best be seen from my point of view in holidays. I like holidays but I do not like all of the upgrading and embellishments attached to every holiday you can think of, except perhaps April 1. We know who celebrates that holiday.

I would like to enjoy a holiday sometime without all of the extras. At Christmas time I want to celebrate the purpose of Christmas, I have no idea what a Santa Claus with reindeer, and Frosty the Snowman have to do with Christmas. This is rather confusing to me. What are we celebrating at Christmas? If you follow the commercials, you have no idea what holiday is being celebrated.

For Easter, I would like to strip away all of the trappings, all of the hype and just celebrate it for what it is. What do the Easter bunny and the Easter egg have to do with Easter?

I would be open to having a holiday for the Easter bunny, another holiday for the Easter egg and if you want to get technical, a holiday for Santa Claus, one for Rudolph the red-nose reindeer and a separate one for Frosty the Snowman. When you put it all together, it just is rather confusing to me.

I know who is in charge of these holidays. A

holiday is not to celebrate but rather a holiday is to make money. Some people, and I will not mention any names, have never seen a holiday they did not want to make a buck. Maybe every holiday should be called "Buck Day," where we celebrate and honor the almighty dollar.

One more holiday I would suggest is one with no commercials and no selling whatsoever. A holiday where you would be fined dearly if you bought anything. A holiday from buying would suit me just fine.

I know my critics will say that unless somebody buys something, nobody makes anything. I have no problem with that. Wouldn't it be nice to have a holiday where that kind of thing was not front and center?

The value of the Easter bunny is how much money it can make for the person sponsoring the holiday.

I have seen a very interesting thing and I just cannot quite explain it. Just before the Easter holiday and leading up to it, all the Easter candy is at a premium price. Then, after Easter, this same Easter candy is at a hefty discount in the stores. What has changed?

Could it be that the older something gets the less it is worth?

Of course, I am beginning to feel that way myself, as I get older. (Thanks, Uncle Sam.)

As a purist, I would like to celebrate a holiday for once without all of the rigmarole and shenanigans. A holiday where nobody will pester me. A holiday where I can shut out the world and enjoy the comforts of home and family.

If I have not offended anybody up to now, let me take this a step further.

It would be nice to have a holiday when all media would shut down. No television. No radio. No telephone or cell phone. No Internet.

I know I am a radical, but I think it would be nice some time just to close out the

world and remember the things that have value.

Even Jesus understood this in his time. "And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat" (Mark 6:31 KJV).

Therefore, I would like all of these things to hop along away, and let me enjoy the things that really have value to me before I simply come apart.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. E-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). His web site is [www.jamesnyderministries.com](http://www.jamesnyderministries.com).



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### 1<sup>st</sup> Quarter Construction Update – 2013

## Southern California Edison's Tehachapi Renewable Transmission Project Segments 6-9 & 11

**Project Update** — Southern California Edison (SCE) contractors are continuing construction-related activities along portions of Segments 4-11 of the Tehachapi Renewable Transmission Project (TRTP). Upon completion, the project will provide renewable generated electricity and help meet California's renewable energy goals.

**Construction Activities** — Upgrades to the electrical system will include the following:

(Please note construction schedule is tentative and may change depending on weather and other factors)

#### Segment 6:

(Northern Duarte and the southern portion of Angeles National Forest)

- **Access road improvements**  
(Entire Segment)
- **Install foundations for new electrical transmission structures, including site preparation**  
(Within the Angeles National Forest)
- **Install new electrical transmission structures, including the hauling of materials**  
(Entire segment)

#### Segments 7 & 8:

There will be no major construction activities for the next three months, in this area, related to TRTP.

Project personnel may be in the utility right of way corridor to monitor project site safety, project materials and environmental compliance, including project sites where soil has been disturbed during earlier construction to ensure compliance with the project's Storm Water Pollution Prevention Plan.

#### Segment 11:

(between La Canada-Flintridge and Pasadena)

- **Installation of new electrical transmission wires on existing 220 kilovolt structures**

### Questions?

[www.sce.com/trtp](http://www.sce.com/trtp)

or call our toll-free line (877)795-8787



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The Real Life Of Pi.....local schools get the meaning!

## BETHANY CHRISTIAN SCHOOL'S Pi A THON



Do you like pie? How about pi? These questions greeted all who entered Bethany Christian School's campus for the month leading up to a special Pi Day. Students were invited to explore the world of science on 3-14 (March 14th), and Albert Einstein's birthday. Students at Bethany Christian School learned about the wonderful ubiquitous number that has been woven throughout nature and also bears the same name as a tasty dessert.

Earlier this month, Bethany Christian School preschoolers through 8th graders participated in a morning full of science and math. BCS parents who make their careers in the mathematics and science realms were on-hand to help students discover the wonder of science that is all around us. Among the station leaders participating were biologists, chemists, physicians, and computer programmers. All were excited to instruct and encourage students for their common passion and love of science and math.

Principal James Lugenbuel and Academic Dean Melody Heal birthed the idea of a math and science curriculum enhancement day as a way to connect students and professionals within the BCS community who have careers in STEM (science, technology, engineering, math) related fields. "Encouraging student enthusiasm and interest in these fields is important for us as a school and nation," Mr. Lugenbuel said. "Having fun while learning about STEM related careers is a great way to motivate students."

Teachers and students alike marveled at the chemist igniting balloons filled with varying ratios of hydrogen and oxygen, viewing a replica from JPL of the Mars Space Laboratory brought by a JPL engineer, and calculating Pi using a Monte Carlo Simulation by throwing celery and carrots on a grid during a Cal Tech computer programmer's take on Veggie Wars. Students had the opportunity to learn about Black Holes on Mars, the

amount of sugar in a soda, and what happens chemically when baking soda and vinegar are combined. Many of the stations were hands-on demonstrations, making it especially fun for BCS preschoolers.

Students, parents, and teachers alike all certainly got into the spirit of the Pi Day theme. They were encouraged to dress up as scientists or wear math related clothing. "It was awesome to learn about science and math for an entire morning at BCS," remarked one student. The BCS community also ate pie together and had a school-wide picture in the form of the first few digits of Pi. Combining Pie eating and Pi learning...what's more awesome than that!

To learn more about Bethany Christian School please visit our website: [www.bcsliions.org](http://www.bcsliions.org) and sign up for a campus tour via our website or call 626-355-3527.

## AT LASALLE Pi DAY IS ALL WET!

La Salle High School's fourth annual Cardboard Regatta took place on March 14th, at the Sierra Madre Aquatic Center

It was a beautiful, warm day to set sail. This year, we held the regatta on Pi day (3-14). Thirty-four teams of physics and honors geometry students proudly brought their cardboard creations to the Sierra Madre Aquatic Center. We decided to play up the fact that the event happened to be scheduled on Pi day this year. The students had the opportunity to create a theme around Pi. We had several "Life of Pi", as well as "Pi-rates", and "American Pi" boats. "Monty Pi-thon", "John 3:14", "Pi-o-neers" (Pioneers), and "Pi-neapple" (Pineapple) boats were all great themes as well.



Ashton Holmes '14, Abby Marich '16 and Joe Acapente '14 fight the waves Photo and story by John Blackstock

Equipped with only standard or appliance grade cardboard and clear packaging tape, the teams were charged to design seaworthy boats that would hold three of their team members and then paddle the length of the Sierra Madre pool and back.

This year we are so excited that the robotics team wanted to join in the fun and created two robot-powered cardboard boats of their own. The teachers involved were quite proud of their students who were able to apply the physics and geometry that they learned in class to a real life situation.

### SKILLZ SUMMER SCHOOL VALIDATES THE POWER OF RELATIONSHIPS!

"Love + support + high expectations + credits = a winning formula for teen success" is the recipe the SKILLZ Summer School planning partners believed in when developing a free, innovative summer school program in Pasadena three years ago to assist teens most at-risk of dropping out of school. By completing a mix of life skills workshops and academic classes, the students can earn up to ten school credits toward graduation. In addition to improving school success, SKILLZ helps increase the students' confidence, motivation and social skills. Spearheaded by Flintridge Center, in collaboration with Day One, Lake Avenue Community Foundation and the Pasadena Unified School District (PUSD), the five-week program has served more than 300 students to date.

Last year's SKILLZ program served over sixty 9th and 10th graders. From participating students, 41% reported having a GPA of less than 1.5 in the last semester. At the end of SKILLZ, 40% reported trying much harder than during the regular school year because they felt "cared for." 67%

of students reported that quality of teaching in SKILLZ academic classes (Math and English) were very effective due to smaller classrooms and specialized attention. A student from Room 201 stated, "SKILLZ staff doesn't like us - they love us and believe in us!" As a result, one third of students reported realizing their potential and ability to do well in school if they tried.

"SKILLZ is a great example of how love, high expectations, and genuine relationships with students can make a difference. Each and every student goes through an interview process that allows us to better understand why they didn't pass the first time and how we can support their success. Students shared openly and honestly. The answers ranged from not having insurance to cover eye glasses, to not having time to do homework due to being responsible for younger siblings at home. It's amazing how just taking 5 minutes to understand what the kids were going through empowered us to better support their needs and agree on working as a team towards their success." shared Day One Executive Director, Christy Zamani.

Currently, SKILLZ 2013 is in the works! To find out more information about ways to get involved, starting date and offered classes, please visit Day One's website at [www.dayonepasadena.org](http://www.dayonepasadena.org).

### ELECTION UPDATE: SCHOOL BOARD DISTRICT 3 RUN OFF SET APRIL 16

PASADENA, Calif.—On April 16, eligible voters will participate in a run-off election to select a representative for Pasadena Unified School District, (PUSD) Board of Education, District 3, Pasadena City Clerk Mark Jomsky announced today.

Ruben Hueso and Tyron Hampton are the two candidates that received the highest number of votes in the March 5, 2013 Primary Election without reaching the necessary 50 percent, plus one, majority needed to be declared elected. Eligible voters within Board of Education District 3 will have an opportunity to cast a ballot at the April 16, 2013 General Municipal (run-off) Election and decide their Board of Education representative. Detailed election information is available at <http://www2.cityofpasadena.net/cityclerk/election>, or call (626) 744-4124.

For the recent City Council elections, voters re-elected Councilmembers Victor Gordo and Terry Tornek and elected candidate John J. Kennedy to his first term, filling the seat vacated by former long-time Councilmember Chris Holden, now a member of the California State Assembly.

The Council at its March 18 meeting certified the City Council results as presented by City Clerk Jomsky, including: Council District 3, Kennedy, 674 votes, 55.8 percent; Council District 5, Gordo, 910 votes, 89.1 percent; Council District 7, Tornek, 1,322 votes, 100 percent.

The City Clerk is scheduled to administer the Oath of Office to the Councilmembers on May 6 in the Council Chamber at City Hall as part of the annual City Council Organizational Meeting.

For PUSD, voters selected representatives for Board District 1, Kimberly Keene, 1,110 votes, 71.8 percent; District 5, Elizabeth Pomeroy, 1,154 votes, 68.8 percent; and District 7, Scott Phelps, 2,100 votes, 60.9 percent.

For more information about the City of Pasadena, go online to [www.cityofpasadena.net](http://www.cityofpasadena.net).

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsliions.org](mailto:jml@bcsliions.org)  
website: [www.bcsliions.org](http://www.bcsliions.org)

### Clairbourn School

8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

### Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins  
626-798-8989

website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Gilbert Barraza  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

### MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

### DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010  
(626)599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

## THE REEL DEAL: by Ben Show

Movie Reviews Especially for Teens & 'Tweens

### THE CROODS



After seeing the first preview, I knew this would be a good movie. However, as more of 'The Croods' was revealed, I doubted its quality. I saw cheesy jokes and bad voice acting, like a lot of animated movies, but all of my doubts were blown out of the water when I saw it.

The Croods have survived by following Grug's (Nicolas Cage) one rule: never leave the cave at night and never go alone. But one night, after the sun has gone down, Eep (Emma Stone) sees a mysterious light.

exploring she discovers another human, Guy (Ryan Reynolds) and that, if they wanted to survive, they would have to team up and go on a perilous journey to a far off mountain.

With such a simple story, there were a lot of opportunities to create a new world, which director Chris Sanders did beautifully. The environment and creatures found in 'The Croods' are ones to rival James Cameron's 'Avatar' and I believe that this will become a classic.



CHICKEN WINGS OVER PASADENA

Just had the question presented to me, if it is a boneless wing, can it still be a chicken Wing? Not sure, but the Original Buffalo Chicken Wing was made in Buffalo NY, at a restaurant called the Anchor Bar, the wings have bones there. I digress.... What's the Final Four Basketball Championship without good food? And one of the best game dishes is a chicken wing.

Prove your passion for both the ball and cluck in the Wing Eating contest 1-3 p.m. Sunday, April 7 at Vons, 1390 N. Allen, Pasadena. Sponsored by Rex-Goliath winery and Vons, the contest celebrates March Madness, as well as Safeway Chef Jeff Anderson's recent victory in a statewide chicken wing contest.

TABLE FOR TWO by Peter Dills  
thechefknows@yahoo.com

winning wings that will hold center court during the contest. Each participant will be given five minutes to eat up to three pounds of chicken wings. The winners will receive a \$100 Vons gift card and all participants will receive a t-shirt. Don't waste time dribbling, sign up for your chance to score now, as there are only a few spots left.

Wing eating fans are welcome to root for their favorite contestant and join the fun. Admission is free. For more information, visit [www.peterdills.com](http://www.peterdills.com).

Tune into Talk Radio 790 AM every Sunday afternoon for this and other fun food events.

**New and Napkins Notes.** Robin's BBQ will soon be adding Weekend Breakfast...Plate 38 has reopened.... The Frontrunner at the Santa Anita Race Track has revamped the menu...The Canoe House in South Pasadena is adding a 14oz Mai Tai...

Anderson studied at the Culinary Institute of America in New York and brought his love of emerging American cuisine to several restaurants before becoming Safeway's Chef. Now, he brings his knowledge and talent to your table with award-



From the Book **Favorite Slow Cooker Recipes** (See story below)

INGREDIENTS:

- 1 tablespoon olive oil
- 1 yellow onion, diced
- 1 pound lean ground beef
- Salt and pepper to taste
- 1 (24-ounce) jar chunky spaghetti sauce
- 1 (25-ounce) bag frozen cheese ravioli
- 2 cups shredded mozzarella cheese

DIRECTIONS:

- 1 Heat olive oil in a large skillet over high heat. Add onion, ground beef, and a pinch of salt and pepper. Saut  until meat is browned.
- 2 Stir spaghetti sauce into the ground beef mixture, and remove from heat.
- 3 Spoon 1/4 of the beef and sauce mixture into the bottom of a slow cooker and then cover with a layer of 1/3 of the frozen ravioli.
- 4 Top the frozen ravioli with another layer of sauce, then 1/3 of the mozzarella cheese.
- 5 Repeat for 2 more layers of ravioli, then sauce, then cheese, ending with the cheese on top.
- 6 Set the cooker to LOW, cover, and let cook 7 hours, or until raviolis are hot throughout.

Helpful Hint: Using fresh ravioli from the refrigerated (not frozen) case is not recommended, as the pasta can fall apart after extended cooking.

BEST-SELLING COOKBOOK  
AUTHOR SHARES FAVORITE  
SLOW COOKER RECIPES

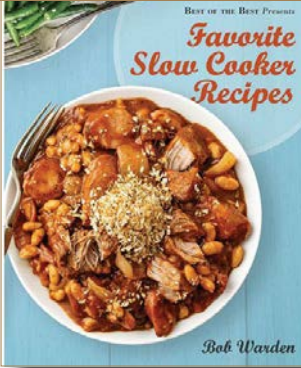
If you think that your slow cooker is a tired and antiquated kitchen tool, well past its prime, then think again! In *Favorite Slow Cooker Recipes*, bestselling culinary expert Bob Warden offers an assortment of recipes, from appetizers to desserts (and everything in between), that are sure to make slow cooking an exciting culinary endeavor like never before.

The beauty of the slow cooker is its ability to help any home cook prepare a mouthwatering meal with minimal effort. Over the years, however, slow cookers have unfairly earned the reputation of being devices of very little function, suitable only for soups, stews, and the occasional pot roast. In *Favorite Slow Cooker Recipes*, Warden takes a new approach to slow cooking, focusing on preparing a vast array of different recipes with the utmost convenience. He explains, "Slow cooking is all about convenience: the convenience of cooking a meal for the entire family in one pot, and the convenience of letting it cook as you go about the rest of your day. That was my goal for the recipes in this book, for the majority of them to be as convenient as they are delicious."

Warden's *Favorite Slow Cooker Recipes* presents a variety of over 120 recipes, ultimately dispelling the myth that slow cookers are only sufficient for concocting a handful of dishes. While this tempting new cookbook does contain the usual favorites, such as All Day Chili, Warden presents a wealth of new and innovative recipes that bring the trusty old slow cooker into the 21<sup>st</sup> century. Many of these dishes are perfect for entertaining, such as the delightful Arugula and Artichoke Dip, while recipes like Brown Sugar Brisket and Honey Sesame Chicken make for a stress-free indoor barbecue. Delicious offerings such as Ravioli Lasagna, Slow Roasted Potatoes, and Banana Pecan Bread Pudding eliminate the need for keeping a watchful eye on the oven. You can even astound family and friends with a homemade pizza party with Warden's recipe for Quick Pizza Dough.

This new cookbook is an ideal resource for any home cook. All of these recipes can be prepared with a four-quart (or larger) slow cooker, which can already be found in most home kitchens. Better yet, Warden has made a considerable effort to develop these recipes without the use of canned or packaged ingredients, making the task of preparing a healthy and delicious meal with fresh ingredients easier than ever before. Warden also includes a plethora of helpful hints and tips for optimal slow cooking as well as a Pantry List, making *Favorite Slow Cooker Recipes* an indispensable guide for slow cooker users everywhere.

Warden has firmly established himself as a pioneer of quick and easy home cooking. His first pressure cooker cookbook sold over 200,000 copies in 2 years, and his second sold over 100,000 copies in a mere 3 months. His previous release, *Great Food Fast*, has sold an astounding 122,000 copies and was one of the top-selling cookbooks of 2012. Warden partnered with Quail Ridge Press not only because it is the premier southeastern cookbook publisher, but also because of the company's close relationship with QVC where Warden has been a regular on-air guest for 25 years. Warden has garnered much acclaim for his culinary innovations, earning him the adoration of home cooks nationwide and amassing a loyal fan following.



TOMATOMANIA! RETURNS TO  
DESCANSO GARDENS APRIL 6-7

Back by popular demand, TOMATOMANIA!, the world's largest tomato seedling sale, returns to Descanso Gardens on Saturday and Sunday, April 6-7.

Dubbed "the tomato freaks' Woodstock," Tomatomania! will include a plant sale featuring hundreds of healthy seedlings, including heirloom varieties, old favorites and many unusual offerings. The plant sale is from 9 a.m. to 5 p.m. both days on the Magnolia Lawn.

Then get gardening tips from Tomatomania's main man, Scott Daigre. He will do a presentation, "Grow Great Tomatoes," at 10 a.m. Saturday and 1 p.m. Sunday in the Under the Oaks Theater. Learn how to grow a bumper crop of fantastic, flavorful tomatoes.

Tomatomania! started as a West Coast phenomenon in the 1990s. Over time, it has become a coast-to-coast springtime stop for home gardeners. This is its third year at Descanso Gardens.

Activities are free with admission: \$8 adults, \$6 seniors/students, \$3 children 5-12; children 4 and younger enter free. Descanso Gardens is located at 1418 Descanso Drive, La Ca ada Flintridge. Open daily (except Christmas) from 9 a.m. to 5 p.m. Details: [www.descansogardens.org](http://www.descansogardens.org) or (818) 949-4200.

About Descanso Gardens: Established as a public garden in 1953, Descanso Gardens is located at 1418 Descanso Drive, La Ca ada Flintridge, near the interchange of the 2 and 210 freeways. The Gardens are open 9 a.m. to 5 p.m. daily except Christmas Day. Parking is free. Admission fees are \$8 for adults; \$6 for seniors and students with I.D.; \$3 for children 5 to 12, and free for members and children 4 and younger. For information, call (818) 949-4200 or visit [www.descansogardens.org](http://www.descansogardens.org). Descanso Gardens is accredited by the American Alliance of Museums.

# CHICKEN WING MADNESS!!!!!!!!!!!!

Brought to you by Rex Goliath Winery

CHICKEN WING EATING CONTEST

at Vons on Sunday April 7th at 1 pm

PRIZES FOR THE WINNERS

REX-GOLIATH

REX GOLIATH WINES ARE A SLAM DUNK!

Bring your A-Game!

A-Game means Appetite!

1390 North Allen Ave. Pasadena, CA 91104

for more info: [www.peterdills.com](http://www.peterdills.com)

SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday in fall and winter. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

## The Four Seasons Tea Room

Open Tues - Sat 11am - 4pm Sundays open for groups of 20 or more

Private Space Available for Bridal & Baby Showers, Birthdays and Special Occasions

Do not forget your mother or grandmother on **Mother's Day**

Make your reservation now for the Four Seasons Tea Room

75 N. Baldwin Ave., Sierra Madre, CA 91024

RSVP (626) 355-0045

Space Limited



## Happy Tails

by Chris Leclerc



## STOP SHOPPING AND START ADOPTING - SOUND ADVICE FOR TODAY'S OVER-POP CULTURE

My parents were born in the early 1920's, which means they spent most of their early childhood growing up under the unfortunate financial influences of the Great Depression. I'm not sure whether they had the privilege of owning pets when they were young, but I do know that by the time I came along in the early 60's, they were both avid animal lovers. However, my mother's way of expressing love for animals differed remarkably from that of my father's. My dad had such a tender-hearted, open-minded attitude towards any animal, regardless of appearance. My mother loved animals too, and we spent a lot of time watching birds when I was a kid, but when it came to domestic pets, she had her preferences. I totally understood as my mother had her hands full raising seven children, so for practical reasons she had to be choosy about which strays she let us keep. Daddy, on the other hand allowed us full liberty to adopt just about any 'ole stray we found along the way, and he could turn the roughest-around-the-edges pet into a prize winning trickster! I benefited greatly from both my parents' love and respect for animals, but my dad's open-hearted acceptance of homeless, needy pets appealed to me most. I now realize that in his gentle, kind way of loving the "unlovable" animal bequeathed to me a desire to carry on his legacy. Whether he knew it or not, my dad taught me that caring for all God's creatures, good bad or ugly, was a fore-gone conclusion in life, regardless of lineage, looks or likeability.

My personal memory of my parents' contrasting approaches to pet ownership somehow reminds me of the differences I observe among prospective pet owners in today's society. Here we are decades later in 2012 and while some things have changed, it seems that many have stayed very much the same. The most important thing that I would like to see change regarding pet ownership is the individual's ideal of what makes an animal a great pet. Too many people in today's society still maintain the mindset that only pure-bred dogs are worth having. When domestic dog breeding first began, there were very specific needs to be met for survival purposes. When man realized that a dog breed could be manipulated to meet their preferences for appearance, it eventually became a trend to have just the right dog, with just the right look; they wanted something they could flaunt in social settings. Basically, the practical reasons for breeding dogs began to fade into the need to be noticed and respected in mainstream society. Kind of like the way diamond earrings are worn by women to make themselves stand out in the crowd. Dogs became just another accessory, and the "perfect" specimen of a given breed would set one apart from the rest.

Now that the earth is grossly over-populated with animals left homeless by irresponsible humans, many of the pet owners in today's society know better than to breed or purchase a pet intentionally bred. The idea that a purebred dog makes a better pet than a mixed breed is absolutely ludicrous and considered passé

among today's ever-growing community of true animal lovers. According to a report issued last week by the American Humane Society, California ranks as #1 in the nation for humane treatment to animals, partly based on the fact that we value the life of every animal equally regardless of breed. People are realizing the true beauty and intelligence of any dog, and many have come to prefer a rescued dog over one bred intentionally. The main reason for the movement toward adopting versus shopping is the fact that there are so many animals in shelters who need loving homes it makes no sense to bring more into the world until we can get a grip on the current population. The human started a "trend" long ago, and we have dropped the ball on our part of the bargain. It's time for the "shallow Hal hound lovers" in today's society to stop being dog snobs and get on board.

The United States spends approximately 2 billion dollars a year rounding up, euthanizing and disposing of homeless animals (USA Today). 56% of the dogs and puppies taken into shelters are euthanized (National Counsel on Pet Population). About 5 million pets are killed in shelters each year. In six years, one unspayed female and her offspring can produce 67,000 dogs (Spay USA). These statistics make me absolutely sick to my stomach. The public acquires only 14% of its pets from shelters, 48% are found as strays or come from friends or shelters, and 38% get their pets from breeders or pet stores. It is that 38% percent that concerns me most, along with the fact that many pet owners are still neglecting to spay or neuter. The way we treat our domestic animals has become a blight in our society. Let's face it, breeding has worn out its welcome, with these statistics in mind.

If you really do love animals, put your efforts into helping turn things around rather than adding to the problem by bringing more animals into the world. I love puppies, I do, but I also love chocolate. Get my drift? Just because you can, doesn't mean you should. There are thousands of puppies in shelters who need loving homes, so stop breeding and spay or neuter your pets before they breed on their own. Dogs are not accessories to be flaunted, so do away with the list of hoity-toity criteria, and open your heart to the beauty of every animal. Visit your local shelter and I guarantee that the desperate look on those dog's faces will be enough to convince you not to purchase a pet from a puppy mill store or a breeder. Haven't we done enough damage? With so many homeless animals begging to be loved, and hoping to have a home before their expiration date arrives, it's time for people to come out of our shallow shells and assume responsibility for the mess we've made. Every animal is loveable, in fact adopted shelter dogs are typically much more grateful than purchased purebreds. I hope I haven't stepped on too many toes, but I refuse to be silent on this issue. For those who "get it", thank you. Let's stop the madness, for the animal's sake.

## SUPERVISOR ANTONOVICH'S PET OF THE WEEK: "Precious"



LOS ANGELES COUNTY — At the Board of Supervisors meeting, Supervisor Michael D. Antonovich presents "Precious," a 3-month old Toy Chihuahua Mix – one of many pets available for adoption now. For more information about adopting a pet, please call the Los Angeles County Department of Animal Care and Control at 562-728-4610.



### Canyon Canine

Dog Walking & Sitting Services  
Sierra Madre, California

**Chris Leclerc**  
www.canyoncanine.com  
chris@canyoncanine.com  
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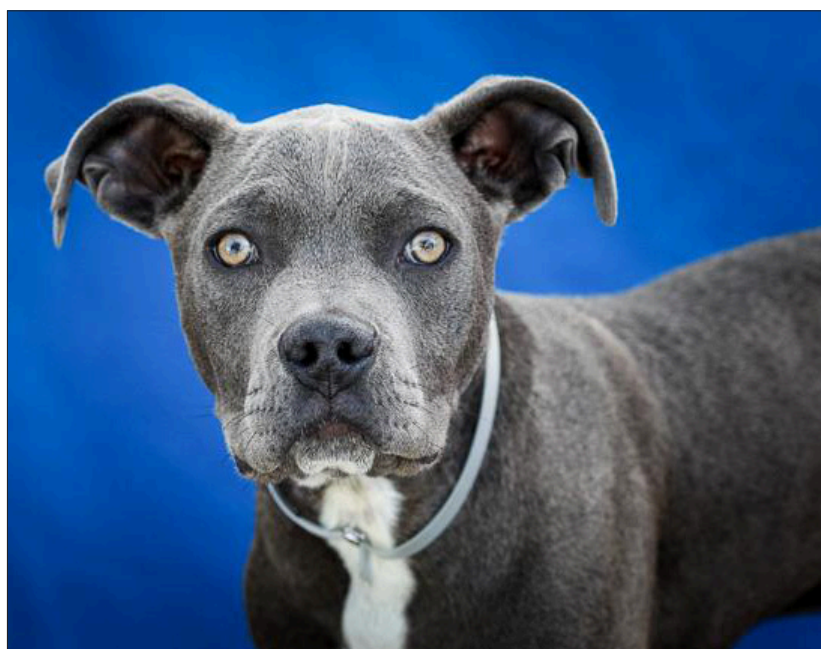
Gary R. White, DVM

## PET OF THE WEEK

**TIBURON: #A4554414**

Meet a dog that could be a rising canine superstar with his handsome face, Tiburon (A4554414)! Tiburon is a delightful two month old blue male Pit Bull puppy who was discarded by his backyard breeder at the Baldwin Park Animal Care Center on March 18th. Weighing twenty-seven pounds and likely to grow to sixty pounds, this effusively friendly wiggly puppy is a total blank slate as for training. He spent the entire afternoon playing with our volunteers and treating them to face-washing sloppy kisses! We think he will be fantastic with kids and he seems to want to play with other dogs. Tiburon will make a tremendous indoor pet and companion for an active family - hopefully one with lots of kids - living in a private home. To watch a video of Tiburon please visit: [www.youtube.com/watch?v=r42elubgga4](http://www.youtube.com/watch?v=r42elubgga4)

To meet Tiburon in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Tiburon, please reference his animal ID number: A4554414. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Tiburon or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [samanthasayon@gmail.com](mailto:samanthasayon@gmail.com) or 661-309-2674. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



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## JASMINE'S CORNER

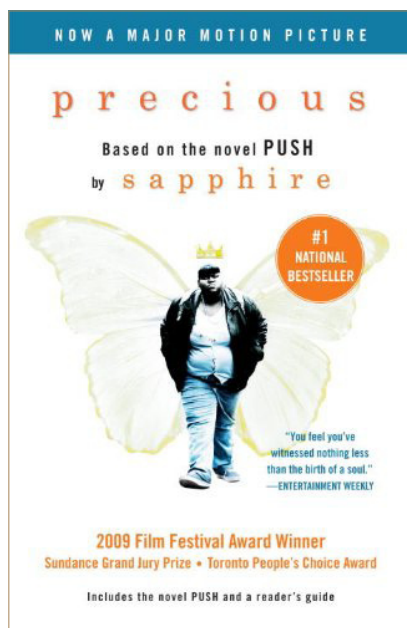
Book Reviews by Jasmine Kelsey Williams

## PRECIOUS: BASED ON THE NOVEL PUSH BY SAPHIRE

This next choice should not just be on your summer list, but it is one that may require bringing tissues when you read it. "Precious: Based on the novel PUSH" by Sapphire is another selection that will leave a lasting impression upon anyone who reads it. Be it recommended reading, required reading, or even one that you come across by chance, "Precious" (or PUSH by others) is a significant read that will have the chance of making readers learn to change their perspectives to see things in a new light, and how courage, strength, and knowing that someone cares for you can be the right combination to help you move forward.

Precious is the name of the 16-year old protagonist in this novel, and she is the voice of the uphill struggle she faces alone. Obstacles in the form of abuse, neglect, school struggles, and the feeling of being unwanted are not only extremely challenging for Precious, but for readers as well; when Precious laments about her life and her relationships, it will be made very clear that she has had to deal with these negative aspects for most of her life. A glimmer of hope comes in the form of unusual circumstances: her teacher and peers take her under their wing when she is enrolled in an alternative school where she is given the opportunity to make her voice heard without being rejected. As Precious learns to shine on her own in this alternative school, she also starts to shine and make her voice heard in other areas of her life.

Readers will be able to sense the uplifting messages of hope and positive attitudes, while also learning how one individual who seems so internally broken and isolated is able to find the will to forge a new future for herself despite her past experiences. Although this choice may be considered another "classical" option since it was copyrighted in 1996, "Precious: Based on the novel PUSH" could still be as relevant as it ever was, and its overall message is one that is still heard to this day. With praise from Entertainment Weekly, Los Angeles Times Book Review, Chicago Times, and Boston Globe, as well as a 2009 film adaptation and being a 2009 Film Festival Award Winner, "Precious" proves that we are able to heal from whatever past hurts have grieved us, and that there is truth in that whatever does not kill you can make you stronger.



## SEAN'S SHAMELESS REVIEWS:

## helping him rip off other spring breakers at SPRING BREAKERS

The latest film from independent cult director Harmony Korine is one 90-minute explicit music video. Depictions of drugs, booze, sex, and violence all rolled up for an ADHD generation. Perhaps, "Spring Breakers" is in indication of how this generation of college students like to let loose and will do so at anyone's expense. The film's social commentary is heightened when in one particular scene when Candy (Vanessa Hudgens) and Brit (Ashley Benson) are in their history class and out of boredom start drawing sexual pictures and yearn for spring break. The generation they were learning about fought for survival and to see the light of a new day, these girls are fighting for the right to party. When the two girls along with their two friends, Faith (Selena Gomez) and Cotty (Rachel Korine) put their money together, they discover they're significantly short of heading to their spring break destination. It's then when the "bad girls" of the group Candy and Brit come up with an idea to knock off a diner at gunpoint to secure the rest of the funds needed.

With the help of Cotty as the getaway driver, the girls successfully pull off the robbery. They head back to their dorms to share the exciting news with their childhood friend, Faith, the ultra religious and "good" girl of the pack. While the news seems a bit disturbing at first, she quickly engages in the celebration. A celebration that has them leaving their humdrum lives for a week's worth of total adventure and uncertainty. An uncertainty they're deeply craving because the only thing certain in their lives is the day to day monotonous of an ordinary, no thrills, and no frills lifestyle.

It is then in the midst of raging parties of excessive booze, narcotics and sex is when the girls get taken away by authorities for drug use at a hotel. The four girls, in only their bikinis are locked up. They're looking at a few days in jail if they don't come up the fine. It is then where we meet for the second time (first time when he's rapping on stage) Alien, a white boy rapper/drug dealer played by James Franco with extraordinary bravura. His performance alone may be the only redeeming quality of the film. A presentation so over the top, so out of this world that you can't help but not to laugh with him and usually at him. He takes a deep liking to the four girls, especially the innocent Faith, who never wanted anything like this to happen.

However, as things become too much for her to cope with, she realizes she doesn't want to be part of this any longer and simply wants to go back to school. Without much of a struggle to keep her around, they let her go. The girls lose their friend Faith, along with some of their own faith as she says goodbye. However, the other three girls love the situation they've found themselves in. They thrive for the opportunity to be Alien's new cronies and possibly lovers. According to Alien, he has it all. And by all, I mean a lot of banal possessions. He raves about his collection of shorts in all colors, his multiple Calvin Kline colognes that make him smell nice and how he has "Scarface" on infinite repeat all day long. The bond between Alien and the girls becomes strong. They start

gunpoint and the fun continues on and on for the four of them. But the fun quickly comes to a halt when Alien's ex-best friend and rival gang leader, Archie (Gucci Mane) informs Alien to step off his territory if he knows what's best.

Things go from bad to worst when Alien doesn't listen and Archie retaliates by shooting

Written & Directed by: Harmony Korine  
Rated R for strong sexual content, language, nudity, drug use and violence throughout

Release Date: March 22, 2013

up their car one night, wounding Cotty in the arm. After this, she decides she needs to go back home. Strangely enough, the two bad seeds of the group, decide to stay. As Cotty leaves, in the same fashion as Faith, the other girls fall back into their mischievous ways with Alien. The three of them together are a solid trio now, tighter and closer than ever. As much as Alien puts up a hardcore exterior, he kind of has a soft side. He shows a bizarrely caring attitude for these girls as if they're not just any other girls to him, but his soulmates. Of course the way he talks to them is humorous, but you can't dismiss the sincerity he displays. Alien does bad things for his pursuit of the "American Dream," yet deep down inside he has a lovable vulnerability in him. He may be idiotic but he's admirable, romantic in a cheesy way and sort of amicable.

Despite Franco's strong, showy acting performance, the movie incredibly falls apart in the last ten to fifteen minutes. The ending is so far fetched that this throws away any credibility the movie may have had leading up to it. Writer/director Harmony Korine took a very provocative approach in making this movie. He has repeated dialogue all throughout the film as well as the saying "Spring break forever" frequently whispered by Alien and other characters. I'm not sure what's scarier, the way violence is displayed in the film or the way people purely act on spring break. Talk about throwing all your inhibitions out the window. In this particular case, the film makes the girls look way more promiscuous, crude, and careless than any of the guys.

I applaud Korine's sense of style and the way he has the audience as simply an observer, but never a participant in his story. We're kept at arms length, but enough distance to be slightly out of reach. We observe from the outside, not in and that's what the movie is sort of about.

"Spring Breakers" has young adults going to great lengths for a sense of adventure, belonging, and acceptance. This generation is as bored as ever and that right there is a terrifying ordeal. "Spring Breakers" may just be the tip of the iceberg and it's haunting portrayal will surely stir up those unaware. As a narrative work of art, the film simply doesn't live up to the message it's trying to hammer home. Sadly, the film is as hollow as its female characters, but if that's what unconventional director Harmony Korine was aiming for all along, then success is what he got.

Grade: 2.5 out of 5

## CRUZ RETURNS TO SIERRA MADRE

Native-born, Cruz Trevino, has come back home. After living in Santa Fe, New Mexico, Mr. Trevino has opened a studio in his 'home' of Sierra Madre for teaching Classical Guitar to students in all levels.

Reflecting on his personal tuteledge with the eminent Spanish Guitarrist and Pedagogue, Maestro Emilio Pujol, and Italian virtuoso, Vincenzo Macaluso, he decided to share his talents with those who are interested in Classical Guitar.

A well regarded and admired teacher and professor himself, Mr. Trevino has continued with his pursuit of Classical Music as a central feature in his life. His students have excelled in music and other artistic avenues.



Trevino attended Pasadena High School and grow up in Sierra Madre in the 1960's. He also attended California State University, Northridge, California Institute of the Arts, and the Royal Conservatory in Madrid, Spain. He holds a Masters in performance.

Mr. Trevino's employment over the years has consisted in administrative positions at the American Youth Symphony, under Mehli Mehta, Los Angeles Philharmonic, Pacific Symphony, LA Chamber, and most recently, as owner, with the internationally acclaimed, Maricam Fine Arts Recording Studio. A studio for professional international touring musicians in Santa Fe, New Mexico. Maricam Studio was featured in well regarded publications from: New Mexico Magazine, EQ Magazine, Mel Bay Publications and the Pasatiempo Fine Arts and Culture Magazine in Santa Fe, New Mexico.

"I am very happy to be back home in Sierra Madre", Trevino has stated to his friends and associates. "It feels as if a complete circle has finally connected itself, being back in Sierra Madre".

If you are interested in studying under Professor Trevino, email him at maricamstudio1@aol.com.

## "GOD'S MAN IN TEXAS"

*Faith and egos collide in the age of mass-market religion at Houston's Rock Baptist Church when the board of directors introduces a young heir-apparent to the charismatic but aging founder/pastor. A co-production with television writer David Rambo (Revolution, CSI)*

Written by:  
DAVID RAMBO

Directed by:  
NANCY YOUNGBLUT

Presented by:

SIERRA MADRE  
PLAYHOUSE

Starring:

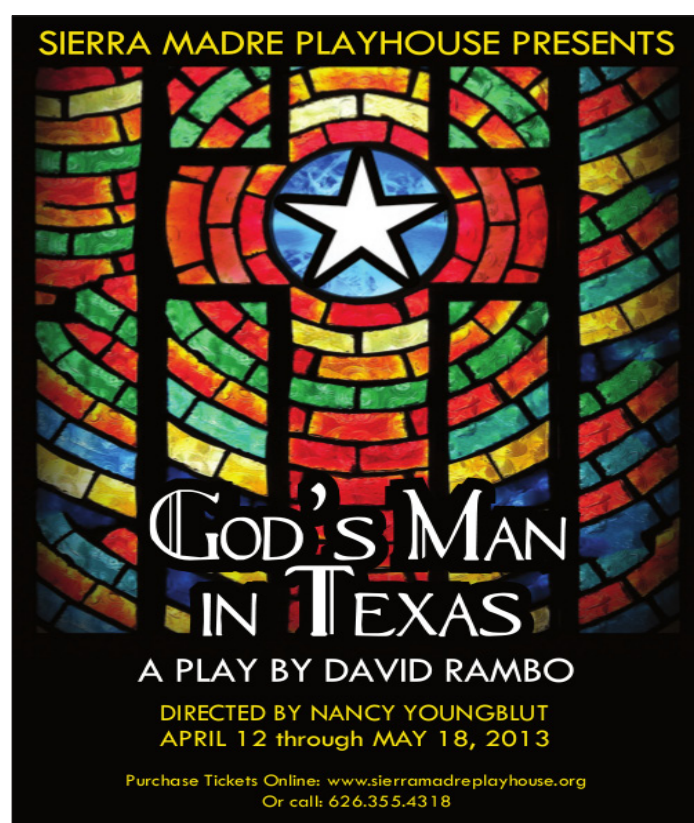
TED HEYCK,  
CHRISTIANLEBANO  
and PAUL PERRI

FRIDAY, APRIL 12, 2013  
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SATURDAY, APRIL 13  
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HOW TO CHOOSE A MEDIGAP SUPPLEMENTAL POLICY

Dear Savvy Senior: I'll be 65 in a few months – Medicare enrollment age – and am thinking about getting a Medicare supplemental policy to help cover things outside of Medicare. Can you give me some advice on choosing a plan? Shopping Sam

Dear Sam:  
If you're planning to choose original Medicare for your health coverage, getting a supplemental policy too (also known as Medigap insurance) is a good idea if you can afford it, because it will help pay for things that aren't covered by Medicare like copayments, coinsurance and deductibles. Here are some tips and tools to help you choose an appropriate plan for you.

Medigap Plans  
Medigap policies, which are sold by private health insurers, come in 10 standardized benefit packages labeled as the letters A, B, C, D, E, F, G, K, L, M and N.

Plan F is the most popular, followed by plan C because they provide the most comprehensive coverage. Plans M and N, the two newest options, are cost sharing plans that have cheaper premiums which make them appealing to healthier retirees who don't use as much health care.

If, however, you live in Massachusetts, Minnesota or Wisconsin you have different standardized Medigap plans that you can buy. For more information on the different types of plans, call Medicare at 800-633-4227 and ask them to mail you a free copy of the "Choosing a Medigap Policy" guide (publication 02110), or see [medicare.gov/pubs/pdf/02110.pdf](http://medicare.gov/pubs/pdf/02110.pdf).

How to Choose  
To choose a policy, consider your health status and family medical history. The differences among plans can be small and rather confusing so you'll need to do some homework to pick a plan that works best for you.

To help you choose, use the Medigap online search tool at [medicare.gov](http://medicare.gov), and click on "Supplements & Other Insurance" at the top of the page, then on "How to Compare Medigap Policies." This tool will breakdown what each plan covers along with premium cost ranges, and lists the companies that offer them in your area.

Since all Medigap policies with the same letter must cover the exact same benefits, you should shop for the cheapest policy.

You'll get the best price if you sign up within six months after enrolling in Medicare Part B. During this open-enrollment period, an insurer cannot refuse to sell you a policy or charge you more because of your health.

You also need to be aware of the three pricing methods which will affect your costs. Medigap policies are usually sold as either "attained-age" policies which are premiums that start low but increase as you get older. "Issue-age" policies that increase prices due to inflation, not age. These policies may start out a little more expensive than attained-age policies but generally have few rate increases over time. And "community-rate" policies, where everyone in an area is charged the same premium regardless of age. Issue-age and community-rated policies will usually save you money in the long-run.

No Drug Coverage  
You also need to know that Medigap policies do not cover prescription drugs, so if you don't have drug coverage, you need to consider buying a separate Medicare Part D drug plan too. You can compare plans and cost at [medicare.gov/find-a-plan](http://medicare.gov/find-a-plan). Also note that Medigap plans do not cover vision or dental care, hearing aids or long-term care, either.

Alternative Option  
Instead of getting original Medicare, plus a Medigap policy and a separate Part D drug plan, you could sign up for a Medicare Advantage plan that provides all-in-one coverage. These plans, which are sold by insurance companies, are generally available through HMOs and PPOs. To find and compare Advantage plans visit [medicare.gov/find-a-plan](http://medicare.gov/find-a-plan).

If you need help, contact your State Health Insurance Assistance Program (SHIP), which provides free Medicare counseling. See [shiptalk.org](http://shiptalk.org), or call 800-677-1116 to locate a counselor in your area.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse .....This and That

I have a wonderful life and absolutely nothing to complain about. However, I didn't realize my 30th birthday would mark the decline of my health, as I knew it. Let me restate, I truly have nothing to complain about. This Sunday I'll celebrate, as always, my unmerited salvation, the thing that matters most in life. Also, I daily thank God for my family, His provision for me, and the overall health He's blessed me with.

Although I recognize my health is comparably great, I miss the level of fitness I enjoyed just over a month ago. My ailments started on Wednesday, February 6th (Ash Wednesday), when I was running down Baldwin Ave. I didn't realize it at the time, but in hindsight I must've smashed my right ankle in my descent. Being a "push through the pain" kind of person, I'd abused my ankle for an additional three days before I was literally unable to run on it anymore. Excuse the melodrama, but it was dramatically tragic for me.

I finally succumbed to an ankle brace. Nothing says "gimp" more than a big, black strappy support encasing one of your joints. The extra time I gained due to my inability to run was of little comfort. Hmm... How shall I spend this extra hour that I would've ordinarily used for running? Maybe I'll clean, (you can imagine how long I entertained that idea.) In the end, I mostly just moped about, trying to avoid any internet/magazine articles on running or fitness in general.

Sure, I could've taken up another physical activity, like swimming, biking, or some organized sport, but I'm limited by the fact that I'm totally unskilled in most areas of athletics. That's what's beautiful about running. You don't have to interpret or respond to a teammate's signals. You don't have to possess any physical finesse. You only have to move in one direction.

Little did I know that a mild ankle injury would set me back in so many areas of my life. First there was the hint of a sore throat. Thank God, I've enjoyed many years of good health, avoiding colds

and other ailments while my friends have been out of commission for weeks at a time. After a few weeks, I realized the effects that an injured ankle had on my overall health.

My sore throat progressed to a chronic cough, which led to a strained, breathy voice. My eyes pulled a surprise assault by swelling into reddened masses, excreting an ominous white, sticky fluid. Those faint of stomach should stop reading now.

The swollen, stickiness attacking my eyes was followed by a bloody stain engulfing my left eye. By then, the inflammation and stickiness had left, thank God, but I was left with a grotesquely bloody eyeball. I reminded myself of "the old man's vulture eye" in Poe's "The Tell-Tale Heart," (although I'm not particularly a fan of his.) I considered that this illness was probably just the tip of the iceberg in a long line of ailments. Part of the "Forks Over Knives" film had focused on the importance of physical fitness in the body's general well being. I grimly remembered the computerized graphic illustrating the way oxygen-rich blood rejuvenates damaged cells. "Well," I thought, "I guess my cells are just going to be oxygen-depleted until who-knows-when."

Don't get me wrong, I'm grateful to be ambulatory and to have fairly good health! It's just kind of a drag to give up something you've enjoyed that was actually good for you (how often does that happen?) Well, with Easter upon us, I wish you good health. And may you fully appreciate all the physical capabilities you've been gifted with. Take care!



THE GOOD LIFE  
SENIOR HAPPENINGS

By Pat Birdsall

**FYI -** According to AARP, if each American cut their salt intake by 1 teaspoon (3g) a day, there would be 120,000 fewer strokes, 99,000 fewer heart attacks and 92,000 fewer deaths this year. And from the Center for Disease Control (CDC)...The vast majority of sodium consumed is from processed and restaurant foods: only a small portion is used in cooking or added at the table. If you are in the following population groups, you should consume no more than 1,500 mg of sodium per day: 1) You are 51 years of age or older. 2) You are African American. 3) You have high blood pressure. 4) You have diabetes. 5) You have chronic kidney disease. The 1,500 mg recommendation applies to about half of the U.S. population overall and the majority of adults

**HELPFUL HINT:** Use hydrogen peroxide and baking soda to clean your old cookie sheets. No scrubbing! Don't throw those single serving gelatin plastic cups away; make your own single servings. Place the cups in a muffin holder, fill the cups and place in the refrigerator. It only takes a few minutes and no mess.

**FOR YOUR FUNNY BONE**  
"I'm a Yankees fan," a first-grade teacher explains to her class. "Who likes the Yankees?" Everyone raises a hand except one little girl. "Janie," the teacher says, surprised. "Why didn't you raise your hand?" "I'm not a Yankees fan." "Well, if you are not a Yankees fan, then what team do you like?" "The Red Sox," Janie answers. "Why in the world are you a Red Sox fan?" "Because my mom and dad are Red Sox fans." "That's no reason to be a Red Sox fan," the teacher replies annoyed. "You don't always have to be just like your parents. What if your mom and dad were morons? What would you be then?" "A Yankees fan."

**True Definitions:**  
Egotist: Someone who is usually me-deep in conversation.  
Tomorrow: One of the greatest labor saving devices of today.



HAPPY BIRTHDAY! ... March Birthdays...

Sally Contreras, Karen Blachly, Carla Duplex, Ella Guttman, Viky Tchatlian, Mary Cooper, Georgina "Snooky" Greger, Sun Liu, Helen Wallis, Joan Crow, Nancy Fox, Nan Carlton, Martha Cassara, Carol Cerrina and Amy Putnam. \*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

**Quote of the Week:** April hath put a spirit of youth in everything. ~WilliamShakespeare



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café:  
Monday-Friday at 12:00 Noon  
(Participants are urged to arrive no later than 11:45 A.M.)  
All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

**Free Blood Pressure Testing:** On the 2<sup>nd</sup> Tuesday of the month 1:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

**Bingo: Every Tuesday** afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

**Free Chair Yoga:** Every Wednesday morning from 11:00 am-11:45 am Volunteer Teryl Willis offers this class that focuses on senior yoga techniques. It is geared toward gentle movements, breathing techniques and balance improvement. No reservations are necessary.

**Free Legal Consultation:** Pasadena attorney Geoffrey Chin volunteers on the 2<sup>nd</sup> Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. \***Appointments are a must!** Please call: 626.355.7394 to make yours\* *Conflicting court schedules can occasionally cause cancellations.*

**Free Income Tax Assistance: Wednesdays through April 10<sup>th</sup> from 1:00 pm-2:00 pm. Don Brunner is available to all seniors for income tax consultation. Appointments are a must- Call (626) 355-7394 to make yours.**

**Birthday Celebrations:** The 2<sup>nd</sup> Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

**Game Day: Every Thursday** at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

**Free Strength Training Class: Every Friday** from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers. (Gossip included)

**Senior Citizens Club:** Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card... For more information call Pat Birdsall at 626.355.7290.

**Lunch & Learn: Wednesday, April 24, 2013- 12:15 – 1:15**  
Topic: Collecting, Cluttering, Hoarding. The items that gather, as we age, often mean more than just the objects alone could to anyone else. These objects represent memories, travels, friends, love and more. Join the Los Angeles County Department of Mental Health (LACDMH) as they provide an informative presentation on hoarding. LACDMH staff will distinguish between collecting, cluttering and hoarding, and emphasize the need for treatment for those who have a significant problem.



**UPCOMING EXCURSIONS:**

**Palm Springs Follies** Palm Springs, California  
**Date: Thursday, April 25, 2013**  
**Time: 8:30 am-6:00 pm**  
**Meeting Location:** Hart Park House Senior Center  
**Cost:** \$63.00 (does not include lunch)

Upon arrival in Palm Springs participants can shop and lunch at nearby stores and restaurants all within walking distance of the theater. The Palm Springs Follies is a Broadway-caliber celebration of the music, dance and comedy of the 40s, 50s, and 60s with a cast old enough to have lived it! The performance begins at 1:30 pm and is approximately 2 1/2 hours in length. Excursion price includes transportation, driver's tip and a ticket to the Follies. Participants are asked to bring additional money for shopping and lunch. Some walking is involved.

**Save the Dates!**  
Friday, May 17, 2013. California Science Center Los Angeles, Ca.

Friday, June 28, 2013- Museum of Contemporary Art (MOCA)  
Friday, July 12, 2013- Pageant of the Masters (evening excursion)

\***Registering for Excursions** can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation.

**Senior Movie Program:** FREE movies are shown on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month. The films, one contemporary and one vintage, are chosen by the seniors themselves.  
**April's selections are:**

**April 3- Splash (1985)** Directed by Ron Howard  
A man is reunited with a mermaid who saves him from drowning as a boy and falls in love not knowing who or what she is. Starring Tom Hanks & Daryl Hannah- Rated PG Start time: 1:00pm, run time: 111 minutes.

**April 17- Mildred Pierce (1945)**  
After her cheating husband leaves her, Mildred Pierce proves she can become independent and successful, but can't win the approval of her spoiled daughter. Starring-Joan Crawford. Not rated. Run time is 111minutes.

**Start time: 1:00 PM in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., SM**

**DIGESTIVE DISORDERS AND NATURAL SOLUTIONS**

Arcadia Senior Services is holding a health education workshop, "Digestive Disorders and Natural Solutions" at the Community Center, 365 Campus Drive, Arcadia, CA 91007 on Monday, April 8 from 1-2pm. Attendees will learn about digestion practices of the body and natural treatment methods to take advantage of. Dr. Brad Miller is the speaker, and has been practicing Chiropractic care and overall wellness for his patients in Arcadia for the past 26 years. For more information or to register, call 626.574.5130.

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HOW CAN YOGA HELP

GROUND

Did you ever have one of those days where you just can't concentrate? Head is up in the clouds and not for any special reason? Or maybe there is a special reason and you are completely distracted by it. The mind can wander off and leave us with work undone, sentences unfinished. In fact, the mind can attach to a thought and lead us on a journey of unbelievable drama! Suddenly we are a mess or aggravated and nothing really happened – our own little thoughts caused the problem. Where our mind goes, so does our energy. This is a problem. I do not want my energy to go to some issue that my mind made a big deal of at 3:00 in the morning! We look back later when we are all balanced again and say “what was I all in a fit about in the middle of the night?”.

Ideally we would meditate and find our inner calm and everything would be right again. But how do you do that when your mind is in the driver seat towing all your energy along with it? Well, you do yoga and pranayama that's what. The fastest way to change how you feel is by changing your energy. If you give your mind a task that requires focus, concentration, attention to breath and movement it will ground you. This can change your perspective in no time. A grounding practice can bring you down from the clouds and allow you to get much more accomplished than you would have. Making the time for yoga can increase your productivity. There are actually breath practices designed for that! No more ADHD excuses for me. I now know how to focus!

A grounding practice consists mainly of forward folds and standing poses held for a bit. A lot of jumping around and movement can make you feel good, yes, but grounded? – not so much. We want to feel good and grounded. Ask any of the creative minds that practice before work. They'll tell you how productive they are and how much they enjoy the process after yoga. So get those feet planted and do a tree pose.

Namasté, René

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## BUSINESS TODAY

*The latest on Business News, Trends and Techniques*

By La Quetta M. Shamblee, MBA



### TEACHER KIRA – PROGRESSIVE, EFFECTIVE AND IMPRESSIVE

Every parent with small children can use a helping hand, some practical advice about how to help their young ones to deal with conflict and tension in a positive manner. Our Parenting Place is one of the great local resources that offers fun, interactive classes and workshops for children, parents and their families. Co-owner, Kira Solomatova, has been at the forefront of the positive parenting movement for more than 20 years. She is known as “Teacher Kira” to her students and is respected for her expertise in early childhood education. She has developed a very effective approach to help young children learn how to resolve conflict in positive and constructive ways.

She shares her belief that, “We adults often act like judges or enforcers when we intervene to assist two or more children with resolving a conflict.” Years of teaching and observing taught her that method almost never resolved the problem with the negative behavior and simply resulted in children being punished. She began to pay closer attention to the negative behavior and how it was being reinforced by adult intervention.

After years of research, she wrote a book for children and parents to capture and share her affirmative approach to teach children conflict resolution. “Toby is MY Bear!” is a story about a boy named Sam who is learning how to share with classmates at his preschool. Written with open-ended questions, it encourages children to brainstorm about how they would resolve the conflict in the story. It makes it easy for children to work through the awkwardness and complexities of conflict through a fun story.

From the time she was seven years old, Kira Solomatova knew she was going to be a teacher as she shared school lessons with her playmates in Moscow, Russia. She earned her bachelor's degree before moving to the U.S. in 1990 when her husband got a job at CalTech. She continued her studies at Pasadena City College and Pacific Oaks to broaden her knowledge in childhood education and instructional theories. She has also completed a series of studies with Resources for Infant Educators (RIE), a well-respected, applied teaching philosophy in the field of child development based on respect for infants.

“Progressive, Not Permissive” is the underlying philosophy for educational workshops at Our Parenting Place operated by Kira and co-owner, Gilda Moshir. The goal is to “enrich the lives of children as well as their support network of families and teachers.” The offer parenting classes to address needs up to age 3, hands-on exploration for ages 4 and up, and workshops for teachers. Their selection of language, cultural and healthy cooking workshops are shaped by the combined cultural experiences of their backgrounds. Kira is Russian and Gilda is Persian.

Obviously this Arcadia resident knows something teaching children. Kira is the proud mother of Natalie, who is currently studying rocks and minerals, pursuing a Ph.D. in Geophysics at CalTech at the age of 22. I'd say that her approach and results are both effective and impressive.

To learn more about Teacher Kira, visit [OurParentingPlace.com](http://OurParentingPlace.com)

**Social Media Tips & Tricks**  
By Merri Jill Finstrom

**6 IDEAS FOR YOUR NEXT EMAIL CAMPAIGN**

Email marketing is one of the most cost effective ways to reach out to your audience (fans, customers, prospects, influencers etc.). Using an email marketing service provider, like Constant Contact, allows you to monitor open rates, find out how many opened your email, see who opened it and what they clicked. Email marketing works hand-in-hand with social media too. Growing your list of permission-based email subscribers should be a continual priority for your business (or non-profit). Staying in touch is important.

Here are 6 ideas that you can use to reach out and stay in touch today:

1. Announce your social media presence – let people know how and where they can connect with you online and off
2. Offer an exclusive deal or coupon to your email list (but encourage them to share with their friends and colleagues)
3. Share your ideas and knowledge - offer tips and tricks on how to make your audience's life easy (Oh by the way...maybe include how your products and services are designed to make life easy too)
4. Simply say “hello” and thank people for being part of your business
5. Announce an event – it could be an upcoming sale, a greet and meet, a class, a community event, or...
6. Update your audience with industry trends, company happenings, product developments and announcements or show them a behind the scenes of what is happening at your business right now

Reminding people on a regular basis that you are alive and kicking is important. Using an Email marketing service can help you reach your audience with a professional looking communication that further promotes your brand. It also provides the reporting tools that can help you measure the success of your campaign.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies. They are known for providing valuable information at their Social Media and Email Marketing classes. “Like” them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs).

Sign up for their upcoming classes and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

**On Line**  
By PJ Carpenter

**ANONYMOUS INTERNET BROWSING 101**

When your browsing the internet no one can tell if you're a boy or a girl, if you're wearing pajamas or you old high school letter jacket but every site you visit knows where you live. While most folk don't really care about this state of affairs there may be occasions when you'd rather keep your personal details to yourself. With a few tweaks there's a lot you can do to browse the web without revealing too many personal details. Every site you visit knows your IP address – the internet address of your computer. The sites need this information to know where to send the pages you've requested. These sites use “cookies” to remember who you are and what you wanted the last time you visited their website. Cookies can be used to store login credentials and other session information to customize your browsing experience.

In addition to the sites you've visited using cookies to remember you, Ad networks simply love cookies and use them to tailor the advertisements that appear in the ad areas of the site you're viewing at the time. Have you ever had the feeling that an ad for a product you've viewed seems to follow you from page to page? Guess what – that's not just a feeling; it's real. Wiping out all stored cookies and preventing sites from storing new cookies would, of course, eliminate any possible privacy loss through cookies. That's a bit extreme, though. Some sites can't even function with cookies disabled. But do consider going into your browser's settings and disabling “third-party cookies.” This prevents ad networks from using cookies to track you.

In order to become truly anonymous on the Internet you'll have to do a little more than just clear the cookies from your computer. Google the words “free secure anonymizing proxy” (no quotes) and experiment with the sites that turn up. A secure anonymizing proxy sits between your browser and the sites you visit. The site sees only the proxy.

For a more thorough solution, download and use [The Onion Router \(TOR\)](http://The Onion Router (TOR)). This Open Source tool originated in a U.S. Navy project, but now it's used by all kinds of people worldwide, including the hactivist group Anonymous. Anonymous-backed Twitter account @YourAnonNews recently posted “Rules #1, #2, #3 and #4 of being #Anonymous - Always, always, always, ALWAYS use Tor.” When you surf through TOR, your browser's data requests take a circuitous route through randomly selected TOR servers. All traffic is encrypted except the final connection from a TOR server to the actual website. Anyone intercepting a packet along the way won't learn anything about you or the destination website.

**Tips of the Trade: Real Estate Revealed**  
by Luther Tsinoglou

**HOW TO BUY A SELLER**

If you're in the market to buy a home, take a counter-intuitive tip and imagine the day you'll be selling it. That's right - whether you're a first time buyer, or relocating, this home probably won't be your last, so look for features that will pay off when the day comes to move again.

North, south, east or west, the biggest amenity the next buyer will look for is central air conditioning. In the Deep South, over 90% of buyers rank central air as critically important, and three-quarters of buyers everywhere else put it high on the list. Another often-overlooked feature is storage. Over half of buyers desire a two-car garage and a walk-in closet for the master bedroom. Ample closets and storage space just can't be stressed enough.

If at all possible, avoid costly upgrades and offer incentive down the road by purchasing an energy efficient home with newer windows, pervasive insulation, and Energy Star appliances. If the home is already wired for cable, satellite, and high-speed Internet, so much the better. Finally, it's still all about location, location, location. It's the one thing you can't change about the home you buy, so look for good schools (even if you don't have children) and proximity to shopping and recreation. Just ask your agent about the most popular features in your area and take heed!



## DOLLARS AND CENTS

By Carl Davis, CIMA

### FIVE ACTIONS TO BOOST YOUR RETIREMENT CONFIDENCE

Recent research\* reveals many contradictions in the way Americans are thinking about and preparing for their retirement. Not surprising is the fact that the vast majority of people nearing retirement want to be happy and healthy during their golden years. Yet many feel uncertain about affording the things they need and want in retirement, though they (some admittedly) aren't necessarily taking the steps to help secure a more confident retirement.

Confidence and preparation go hand-in-hand, and Americans could use a little more of both. The data from the survey showed that those who have taken the following five actions are significantly more likely to say they feel confident about affording the essential expenses in retirement.

1. Create a plan to cover essential expenses with guaranteed income sources. Determining how you will fund your necessary expenses in retirement with guaranteed income sources (such as a CD, Social Security or an annuity) can be challenging, but it can also be very beneficial. You can begin thinking about this, even if you haven't yet reached your savings goals.
2. Have a written financial plan. Creating and maintaining a document with a plan for how you will fund your short- and long-term goals is important at any stage of your life, but especially as you near retirement. Start by putting your debts, assets, savings and lifestyle goals down on paper and decide how you'll fund each goal after you've left the workforce. Then come up with a savings strategy based on when you plan to retire and how much you'd like to save before then.
3. Factor inflation into retirement planning. The cost of maintaining your lifestyle may increase as the rate of inflation rises over time. The loss of purchasing power is a real risk, but understanding how it may impact your retirement income is crucial so that you can hedge against it. Consider working with a financial professional who can help you calculate possible inflation.
4. Have emergency cash on hand equal to six months of living expenses. This is a key part of a financial plan at any age, but an unexpected event such as a divorce, job loss or disability can be especially devastating to your finances as you near retirement. Keeping at least three months-worth of living expenses in liquid accounts creates a financial cushion that you likely won't regret having.
5. Calculate how much annual income assets will produce in retirement. This step can be complex, but it can also be helpful in determining how much income you will have to fund your retirement as time goes by. Having an accurate picture of the income your assets may produce can also help you create an annual budget for your retirement.

While some of these actions may be easier said than done, understanding the steps to a more confident retirement is a crucial first step in itself. Preparing for retirement might feel overwhelming, but breaking it down into smaller goals can make it seem less intimidating. If you are nearing retirement and haven't done several of these things, consider choosing one or two to focus on. The future may always feel a bit uncertain, but proper preparation can lead to increased financial confidence now and during your golden years.

\* The [Retirement Check-In](http://Retirement Check-In) survey was created by Ameriprise Financial utilizing survey responses from 1,000 employed Americans ages 50-70. All respondents have investable assets of at least \$100,000 (including employer retirement plans, but not real estate) and are planning to retire at some point. The survey was commissioned by Ameriprise Financial, Inc. and conducted via telephone interviews by Koski research from October 31- November 14, 2012. The survey was conducted among a targeted sample of households. Cell phones were approximately 25 percent of the sample. The margin of error is +/- 3 percentage points.

Carl H Davis, CIMA®, CRPC® is a Financial Advisor and Vice President with Ameriprise Financial Services, Inc. in Los Angeles, CA. He specializes in fee-based financial planning and asset management strategies and has been in practice for 36 years. To contact him at 310-954-2566 or via email at [carl.h.davis@ampf.com](mailto:carl.h.davis@ampf.com), or at 10880 Wilshire Blvd, Los Angeles CA 90024

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## HOWARD Hays As I See It



"What was the New Deal anyhow? . . . It was, I think, basically an attitude - an attitude that found voice in expressions like 'the people are what matter to government', and 'a government should aim to give all the people under its jurisdiction the best possible life'.

"The New Deal began on March 25, 1911 - the day that the Triangle Factory burned." - Frances Perkins

The Supreme Court this past week heard arguments on two notable matters. One was whether equal rights should be subject to popular referendum.

They've dealt with this question before, notably in 1967 in the matter of Loving v. Virginia. Mildred and Richard Loving, a black woman and white man, had been sentenced to a year in prison for having married each other, in violation of Virginia's anti-miscegenation law.

The Court ruled that no, rights and protections guaranteed by our Constitution are not subject to veto by regional popular vote or state legislatures.

As to relevance to the current matter before the Court, Mildred Loving, a year before she died, put it this way in 2007 - the fortieth anniversary of the decision: "I believe all Americans, no matter their race, no matter their sex, no matter their sexual orientation, should have that same freedom to marry. . . I am still not a political person, but I am proud that Richard's and my name is on a court case that can help reinforce the love, the commitment, the fairness and the family that so many people, black or white, young or old, gay or straight, seek in life. I support the freedom to marry for all. That's what Loving, and loving, are all about."

The second matter pertains to the Defense of Marriage Act. I'll the first to stand in defense of marriage, but wanted to see where it most needs defending. To do that, I looked at divorce statistics from the U.S. Census.

In 2009, the most recent year from which statistics on individual states are available, the U.S. rate of divorce per thousand in population was 3.4. Currently there are nine states and the District of Columbia that allow gay marriage. The average divorce rate in these states was 2.7 - well below the national average. (The average for the four states that already allowed gay marriage in 2009 was 2.8).

There were figures available for 25 of the 29 states that ban gay marriage through statute and/or their state's constitution. The average divorce rate in these states was 3.9 - higher than the 3.4 nationally, and far above those states that allow gay marriage.

The Supreme Court decision, of course, could affect the entire nation, so a country-wide comparison would be appropriate. Canada enacted nation-wide marriage equality in 2005. Three years later, their divorce rate stood at 2.1.

The lesson here is that the strongest, most

long-lasting marriages are to be found in those places that enjoy marriage equality.

Last week I wrote of how news of the new Pope seemed to overshadow the anniversary of the Iraq War. While this week was all about the gay marriage debate, there's another anniversary that warrants commemoration.

On March 25, 1911, 146 workers, mostly daughters of recent Jewish and Italian immigrants age 16 to 23, perished at the Triangle Shirtwaist Factory in Greenwich Village, New York. These ladies had been working nine hours a day Monday through Friday, seven on Saturday, for between \$7 and \$12 a week.

Fire started on the eighth floor of the 10-story Asch building. There were no functioning alarms; exits and escape doors had been routinely locked to prevent theft and unauthorized breaks. Twenty perished when a faulty fire escape collapsed and fell 100 feet.

One witness recounted how he "looked up at the burning building, saw girl after girl appear at the reddened windows, pause for a terrified moment, and then leap to the pavement below. . . The emotions of the crowd were indescribable. Women were hysterical, scores fainted; men wept as, in paroxysms of frenzy, they hurled themselves against the police lines."

Among those in the crowd was social worker Frances Perkins. Charged with heading up a new Committee on Public Safety (derided as "do-gooders"), she got the backing of state legislative leaders like future N.Y. Governor Al Smith, and Smith's successor as governor, Franklin Roosevelt, pushing through legislation on worker safety, fire extinguisher and alarm requirements, workplace eating and toilet facilities, and limiting work hours for women and children.

Roosevelt brought Perkins to Washington as his Secretary of Labor - the first woman to serve in a presidential cabinet. In addition to being a central figure in New Deal programs like the Civilian Conservation Corps, Public Works Administration and National Recovery Act, she's responsible for much of what we now take for granted; workplace safety regulation, child labor laws, the forty-hour workweek, minimum wage and overtime laws - and Social Security.

I thought of that "attitude," that "government should aim to give all the people under its jurisdiction the best possible life," in contrast to efforts underway in the Supreme Court to have government do the very opposite - to place restrictions on fellow Americans in their own, very personal, "pursuit of happiness."

Getting back to the Triangle Shirtwaist Factory story; the Factory's owners, Max Blanck and Isaac Harris, were indicted but found not guilty on criminal charges. They then lost a civil case in which they were assessed \$75 per deceased victim. However, they collected a \$60,000 insurance settlement which amounted to \$400 per victim.

Two years after the tragedy, in 1913, Blanck was arrested for violating the new regulations by again locking his factory doors during working hours. He was fined twenty bucks.

## THE GREAT MARRAIGE DEBATE GREG Welborn

This week the U.S. Supreme Court is hearing arguments about same-sex marriage. It is doing so in the midst of an almost national state by state debate over the role and definition of marriage in our society. That debate is healthy in that the concerns and desires of each side are being vetted in the court of public opinion, and each side can have confidence they have an opportunity to be heard. As readers of this column know, I have my own opinion on the probity of same-sex marriage, but that is not the purpose of this article. My concern here is the necessity that this issue be resolved politically and democratically. If the Supreme Court finds that there is a constitutional right to same-sex marriage, it will simultaneously guarantee that this issue remains divisive and polarizing for decades, and it will compromise all of our freedoms in ways we cannot imagine.

As to perpetuating the divisiveness of the debate, we need look no further than the Roe V. Wade decision. The court ruled that there was a "right" to an abortion and forced it into all the states. As a result, this issue remains contentious today. Since abortion is now a "right," even if the whole of the nation turned against abortion, we would not be able to outlaw it. We can't take away "rights" by a simple vote. The only way to change Roe V. Wade would be through another Supreme Court case. Thus, every presidential election is poisoned by the abortion issue because only a future president could appoint enough justices to overturn the decision. The people have been stripped of their right to debate and settle it., so the issue festers.

Do we want this corrosive situation again for yet another significant societal-defining issue? I think not and hope that Liberals as well as Conservatives can see the wisdom in avoiding such an outcome.

Let us now turn to the freedoms that are at stake. If the court decides this issue by deciding same-sex marriage is a civil right, then the states' freedom to regulate and police all manner of domestic arrangements would be severely restricted, and all of our religious freedoms would be fatally compromised.

Currently, each state, through the democratic process, regulates marriage, divorce, child custody, adoption, etc. If the court decides that same-sex marriage is a civil right, there can be no debate about these domestic issues. We can't take away a civil right by the majority's vote. One of the cornerstones of our federal system, where states are free to experiment and craft policies which meet their respective citizens' needs, will be invalidated. More important, however, are the religious

freedoms that would disappear. To understand this, we must understand the nature of the argument for same-sex marriage. Advocates are arguing before the court that defining marriage in the traditional way lacks any "rational basis" and that such definitions are borne of animus toward homosexuals. They are forced to argue this because it is the only way the justices can justify overturning the laws reflecting the will of the people.

Such claims should be dismissible at face value. After all, are we really to believe that every major religion in the world for thousands of years has no other reason for defining marriage than animus toward gays? Are we to believe that no religion has the right to define marriage as a holy covenant? Is there no rational basis for trying to define a preferred structure for the family, which is the most important building block of society? All these must be believed in order to strike down laws defining marriage as between one man and one woman, and the result will be devastating to religious freedom. We allow religions to define their religious practices unless a true civil right is violated. For example, we do not allow religions to stone their members, imprison them or even beat them for infractions. If same-sex marriage becomes a civil right, then no church will be able to ban it, restrict it, or consider it when hiring or promoting its pastoral staff.

If religions are prevented from weighing in on and defining the most basic structure of human interaction, then religions will have no right to define anything important. Religious groups will face massive lawsuits and criminal actions by local, state and federal agencies for civil rights violations. The mere removal of tax-exempt status would be enough to ruin most churches. Whether you are for or against same-sex marriage, this is an issue which must be defined through the political process. If, instead, 9 justices make this decision, the issue will not simply fade away, but our most basic and cherished freedom will.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at [gregwelborn@earthlink.net](mailto:gregwelborn@earthlink.net).



## STUART Tolchin..... On LIFE IS THERE A SECRET?



The other day as my dog, Milo, and I were making our customary walk around the circle in the canyon, we met a neighbor who was walking down the hill. She is a teacher and was running kind of late and had to walk fast but I assured her my dog and I could keep up with her. Well, even though she is older than I am my dog and I could not keep up the pace, and I can't blame my dog. I've been living in this canyon for 38 years and can easily remember when I used to run every morning up and down these hills and then would head off to work, pick up the kids, get dinner, and finish the day off by playing a little tennis. Well, let's face it—the "kids" are now 40 and as energetic as I seem to remember myself in the past, it is now the present and I cannot even stay apace with 70 year-old School teachers.

Milo and I were forced to admit defeat and said good-bye to the neighbor and prepared to turn back and walk back up the hill. I looked up and really didn't feel like struggling home. I made a bold decision to continue down the hill and go to a restaurant for breakfast. I didn't have to be in Court until 1:30 and until then Milo and I were free males, independent and in control of the world. Together we walked a few pleasant blocks down the hill, arrived at a breakfast place and seated ourselves outside and ordered. As a free, independent male I next noticed that I did not have either my morning medication or my wallet, but I did have my cell phone. Yes, my first act of independence was to phone my wife and ask her to meet us at the restaurant and to please bring my medications and wallet. She was happy to meet us and said she was sure that I would be happy to have her drive us home.

We had a pleasing breakfast and as we drove home we retraced the route I had taken. On Laurel my wife noticed a wooden cabinet with a sign on top that read Little Free-Library. We opened the cabinet and saw that it was filled with books and contained a sign that said take a book and replace it with another. Isn't that a wonderful idea? I plan to replace the book with another as soon as I can (really) but since removing the book I have spent almost every spare moment engrossed in the book I selected. The book is 552 pages long and is entitled THE LAWS OF OUR FATHERS. It is written by Scott Turow and seems personally intended for me.

Why do I think that is a secret message to me? Well the initials of the author (ST) are of course the same as my own. The first letters of the author's first name and the first two letters of his surname combine to form my name (STU). So big deal. Listen to this. There are two characters named Stuart in the book. The main character grows up in Chicago and then goes to School in Berkeley, just like me. He is a lawyer, like me, and writes a weekly column like me. The book retraces his time at Berkeley during the '60's when I was there. He is a non- practicing Jew with good friends who are Afro-American just like yours truly. His first marriage has broken up and he has remained friends with his ex-wife, yes, just like me and the substance of the book is a search for the secret, the missing link that will give his whole life meaning.

Right now I'm only on page 485 and the secret has yet to be uncovered. I am sure that if any secret is found I will be disappointed and realize that the Secret has little to do with me. Nevertheless, I just cheated and read the last sentence of the book which is "I think I'd like to raise her as a Jew," he says. Sure I know that this book is but one of many by Jewish Lawyer authors who grew up in the 60's and have experiences, ambitions and dreams much like my own. Sure the author is a Dylan fan just like me and I love the line "How many miles must a man walk down before you can call him a CAB.

I wish that I had written that line but I didn't. I guess that's the difference between this author and all the other authors and me. They have published their books and I have not. Still, crazy as it is, I like believing that this book is intended as a special message to me. I like believing that it was somehow pre-ordained that I would take the unusual morning walk with my neighbor and end up retracing the route with my wife and discovering the Little Free-Library and picking the book with the secret message intended just for me. Maybe this message will motivate me to actually write the book that I have always dreamed of but have never had the courage to begin.

At this time of the year maybe it makes some sense to take seriously events and intentions that make no sense to other people. I think the important thing is how these messages personally influence each one of us.

HAPPY PASSOVER and HAPPY EASTER

## RICH Johnson



### TWO WEEKS IN A ROW

A column two weeks in a row? Wow! Well, here I am and I am weaving in and out of the complexities of life that have been handed to me these days. Hard times.

The temptation during epic periods of hard time is to keep it to yourself. Who wants to burden others with our difficulties. Please don't do that. On the same token don't wear a sandwich board with all problems listed on back and front. But do bring a couple of friends into your inner sanctum. Share with them. Good friends will line up to offer encouragement in a variety of ways and means. (By the way, note to friends: We have two ears and one mouth for a reason" Listen twice as much as talk. Most of us know the answers to our problems. We just need to vocalize them and vent) Let a few good friends be there for you. It is life sustaining and vital to your wellbeing.

Okay, enough said. Now, to lighten the day let's talk about two medical school buddies.

These guys graduated at the same time but in two different specialties. Still, they were such good friends they decided to open a office together to share office space and personnel. Dr. Smith was a psychiatrist and Dr. Jones was a proctologist (if you don't know what a proctologist is...look it up!)

They decided on a single sign on the outside of the building. It read:

"Dr. Smith and Dr. Jones: Hysterias and Posteriors"

Well, the town council was livid and insisted they change it. The docs changed it to:

"Schizoids and Hemorrhoids"

Still not acceptable to the council so they came back with:

"Catatonics and High Colonics"

No go: "Manic Depressives and Anal Retentives"

Thumbs down again.

"Minds and Behinds?", "Nuts and Butts?", "Freaks and Cheeks?", "Loons and Moons?"

Finally at their wit's end, the two doctors came up with something the Town Council approved. Are you ready for it?

"Dr. Smith and Dr. Jones: Odds and Ends"

Have a terrific week. And remember, no man or woman is an island. Reach out both in your need and in your desire to help those in need.















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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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FINISH THE LYRICS

ACROSS

1. Indian instrument in "Norwegian Wood"

6. Lab eggs

9. \*I want my baby \_\_\_\_

13. \*Mack the \_\_\_\_

14. Type of test for women

15. Bridal veil fabric

16. Of sour taste

17. Pitcher's stat

18. Bone-chilling

19. \*I'm the wonderer, yeah, the wonderer, I roam \_\_\_\_

21. \*Lean on me... I'll help you \_\_\_\_

23. Hit the slopes

24. \*I read the \_\_\_\_ today oh boy"

25. It makes a guitar louder

28. Small ornamental case

30. \*Hey, I just met you... but here's my \_\_\_\_

35. Like beef with little fat

37. Aphrodite's son

39. Artillery burst

40. Doing nothing

41. Puzzle combining pictures and letters

43. Hula feast

44. Opinions from Barbara, Elisabeth and Joy

46. \*"\_\_\_\_ no mountain high enough"

47. Danson and Seth MacFar-

lane's stuffed animal

48. Like a smell or taste of soil "v"

50. \*Now you're just somebody that I \_\_\_\_ to know"

52. \*I \_\_\_\_ the bad moon rising"

53. 500 sheets

55. Surfer's turf

57. \*Killing me softly with \_\_\_\_

61. \*I'm puttin' on my \_\_\_\_

64. Bye to Edith Piaf

65. Frigid

67. Impulses

69. Rubber-\_\_\_\_ boots

70. And not

71. High-pitched laugh sound

72. Walk, as through mud

73. \_\_\_\_ Goo Dolls

74. Brewer's staple

DOWN

1. Reggae precursor

2. Ancient Peruvian

3. Bleacher feature

4. Rounded hairdos

5. Chastise

6. Popular newspaper page

7. Variable, abbr.

8. Quickly or rapidly

9. Dutch settler in South Africa

10. Breezy

11. The Muse of history

12. Razor-sharp

15. Sometimes denoted as a

20. Fertilizer ingredient

22. Barley bristle

24. Nb on Mendeleev's table

25. \*I will survive... I know I'll stay \_\_\_\_

26. The press

27. A whiter shade of pale?

29. Carbamide

31. Scotch ingredient

32. \*Lady sings the \_\_\_\_

33. Some do this with taxes

34. Awaken

36. Former Speaker of the House

38. Phoenix' team

42. Dictation taker

45. Corpse's garb

49. Asian capital

51. \*I didn't shoot no \_\_\_\_

54. \*I'm sitting here, doing nothing but \_\_\_\_

56. \*You and me and the devil makes \_\_\_\_

57. Door fastener

58. "White Wedding" singer

59. Fodder holder

60. Start of something big?

61. Apprentice

62. Turkish honorific

63. Found in a caddie's pocket

66. Dove's sound

68. Part of tennis match

Answers next week

Looking for that perfect present?

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...the park with our families and friends.

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Easter is an important Christian holiday. It is a time for joy and new beginnings. It is a time of fun surprises too!

Whew! Almost done hiding eggs!

Connect the dots to see a shining light:

Can you fill in the crossword puzzle?

1. colored and hidden

2. hops by to deliver surprises

3. filled with treats

4. hat (with ties)

5. beautiful white flowers that grow from bulbs

6. bells ring out to invite people to these at the church

Surprise someone special and give them a little joy by coloring in this basket, cutting it out and delivering it. If you want to be fancy, add some sparkles.

Easter is a time of...

Can you find and circle the words below?

family

prayer

lambs

light

egg hunts

hot cross buns

new clothes

sunrises

joy

bells

song

lilies

LILIES

EGG

RABBIT

BONNET

SERVICES

BASKET

Next, find and circle 8 words that begin with the letter "h"!

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Print our new puzzles: Hop To It!, Alphabet Letter "B," and Shorten It Up! at www.readingclubfun.com





My mommy and daddy did a great job finding my dream doll house! If you need help with your Real Estate needs, I am sure they will do a great job for you too! Call them today!

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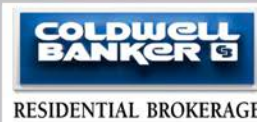
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