



# Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, APRIL 27, 2013

VOLUME 7 NO. 17

## COUNCIL REORGANIZES - NANCY WALSH BECOMES MAYOR

Photo and Story by Susan Henderson

Following the long standing tradition of rotating council members through the positions of Mayor Pro Tem and Mayor, Nancy Walsh was unanimously elected Mayor of the City of Sierra Madre. In the town's history, she is only the fourth female to hold such a position, three of which held the position within the last decade. (Enid Joffe, Mary Ann MacGillivray - who actually was elected Mayor twice, and now Mayor Walsh).

Walsh was first elected to the council in 2010 and has been a very active member holding such positions as Board Member of San Gabriel Valley Council of Governments aka. SGVCOG, Member of the Energy, Environment and Natural Resources Committee (of SGVCOG), Council Liaison to Sierra Madre Chamber of Commerce, Council Liaison to the Senior Community Services Commission, Council Liaison to Sierra Madre Library Board, Council Liaison to the Green Advisory Committee, and Alternate Director to the Board of Directors of the County Sanitation Districts of Los Angeles County.

In an interview held with Walsh in 2012, she noted that "serving the citizens of Sierra Madre requires ones undivided attention. It is no easy task, and also requires great sacrifice". Prior to serving on the council, Walsh served as Chair of the city's Senior Community Commission.

An outspoken critic of the "protracted" General Plan process, she is not known for biting her tongue when it comes to facing the challenges of sitting on the council. The former CEO of LA County Coastal Outpatient Clinics, she has two daughters Jennifer & Melissa, two-son's in law and three granddaughters.

Many Sierra Madreans will remember her also for surviving the hostage situation in Mumbai in 2008 while vacationing. An avid world traveler, she has set her suitcases aside to take on the challenges of serving Sierra Madre as a member of the City Council, and now as Mayor.



Sierra Madre's reorganized council: (l to r) John Capoccia, Mayor Pro Tem John Harabedian, Mayor Nancy Walsh, Chris Koerber and Josh Moran

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## JOHN HARABEDIAN ELECTED MAYOR PRO TEM DESPITE EFFORT TO CIRCUMVENT THE PROCESS

One of the last acts by outgoing Mayor Josh Moran was to set into motion the parameters for the council's reorganization. He reminded the public that traditions established for the betterment of the community were important. He also reminded those who may have forgotten of the great divide that was created when those traditions were not followed in 2008 and 2009. During those years, the council twice overlooked then Councilman Joe Mosca as Mayor Pro Tem and Mayor. What followed were years of division in the community. It ultimately is said to have cost Mary Ann MacGillivray her re-election.

Moran also shared a letter he had received with some of the same admonitions. The resident went on to ask that the position of Mayor Pro Tem be given to the person who received the most votes in the last election, Chris Koerber. To that, Moran objected. He explained the procedure which allows for each council member to serve as Mayor Pro Tem and Mayor, and that it is based on Seniority not votes. He noted that, contrary to the writers statement, Koerber had not been the highest vote getter, noting that Koerber's race was a special election, not the regular election. Much discussion followed with Councilmen John Capoccia and Koerber disputing Moran's statements.

When the matter was finally called for a vote, a motion was made by Moran and seconded by Walsh that John Harabedian be elected Mayor Pro Tem. At that point Capoccia offered a second motion and nominated Chris Koerber for the position. Koerber seconded his own nomination.

Harabedian expressed his disappointment that "what should have been the council's finest hour" had become so contentious.

"The issue is not very complicated. Councilman Koerber is not eligible to become Mayor Pro Tem because he is filling the vacancy of councilman Joe

Mosca who already served as Mayor for this term. We have a tradition in Sierra Madre that a councilmember can only become Mayor and Mayor Pro Tem once in a term. I cannot sit idly by while others attempt to undermine and game that system for personal gain."

After several testy exchanges between Koerber and Harabedian, a vote was taken on the second motion. It was defeated 3 to 2.

When the original motion was called (Harabedian for Mayor Pro Tem) it passed 4 to 1, with the only no vote coming from Koerber.

S. Henderson/MV News

## A LOOK BACK FIVE YEARS AFTER THE SIERRA MADRE FIRE OF 2008 – ARE WE READY IF IT HAPPENS AGAIN?

Photos and Story By Bill Coburn, Sierra Madre News.Net

Saturday, April 26th, 2008, started out like many other spring days in Sierra Madre. Blue skies, a high of 80 degrees expected, and multiple community activities scheduled. The City was going to hold **dedication ceremonies for its first new park in thirty years, Goldberg Park** in honor of long-time residents Milton and Harriet Goldberg that morning. Later in the day, at Memorial Park, the now defunct Community Arts Commission was going to hold a Jazz Festival featuring live music. Little did folks who planned to attend both events realize as they left the first one, that the second one would never take place.

The Jazz Festival was cancelled because a fire, dubbed the Santa Anita Fire by state and federal fire officials, broke out at about 3pm in the mountains above Sierra Madre. The fire burned for several days, ultimately burning 584 acres at the time of its containment on May 1st. Two hundred thirty eight acres were in the Angeles National Forest, and three hundred forty six acres were within the



corporate boundaries of Sierra Madre. Five minor injuries were reported, and at one point more than 1,000 firefighters were assigned to the fire. Just after midnight on Sunday morning the 28th, the City Council, under the leadership of Mayor Kurt Zimmerman, had an emergency meeting to declare the City to be in a state of emergency, freeing up resources from outside agencies to assist in fighting the fire.

Two Red Cross shelters were set up. Approximately 1000 people were evacuated from Oak Crest Drive across Carter Avenue to East Mira Monte Avenue, continuing down Mountain Trail Avenue, across Grandview Avenue to Santa Anita Avenue. A wedding party of 45 people and four pets were helicoptered out from Sturtevant Camp, it took five helicopter trips to move them all.

The people of Sierra Madre banded together as a community to help each other and the emergency personnel fighting the fire, controlling traffic, and keeping out looters (there was a false report that houses in the evacuation area were robbed). In the end, only one small non-residential structure was destroyed, and the people



of Sierra Madre had a new sense of community and appreciation for one another and emergency personnel.

### Sierra Madre Fire Department

In recognition of their efforts, the entire Sierra Madre Fire Department was named Grand Marshal of the 2008 4th of July Parade. I asked Fire Chief Steve Heydorff to assist with this article, and he was kind enough to do so.

**SMNN: How has the Fire Department improved its preparedness for the next fire?**

**Chief Heydorff:** Our Fire Department has changed a lot in the last five years; the most significant change being that we now have 24-hour staffing of both the RA and fire engine. Our 24-hour manning at the station has also improved our response time to the scene of any fire.

The addition of full-time paid Captains is just one aspect in the Fire Department's increase in preparedness. The other aspects are more training hours for both firefighters and officers; and we have received a new fire engine since the Santa Anita Fire. Communication is always the number one complaint on any after action review of a fire; community donations, like the radios from Rotary, help at a time when we were very low on new digital radios.

Thanks to increased training and the change in staffing models we have improved from an ISO rating of class IV to a class III. However, the City still has the same levels of reciprocity as it did five years ago - mutual aid.

One of the most important aspects of any fire is finance. The fires out, the engines go home, the firefighters pat each other on the back and have great stories for the rest of their careers. Now the work of the Fire Chief and the City's Finance Director begins; and after 16 long months of filling out forms, finding and talking to the "right" person, the incident finally closes.

(cont. page 3)



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## Weather Wise

### 5-Day Forecast

#### Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 70s	Lows 50s
<b>Tues:</b>	Sunny	Hi 70s	Lows 50s
<b>Wed:</b>	Sunny	Hi 70s	Lows 50s
<b>Thur:</b>	Sunny	Hi 70s	Lows 50s
<b>Fri:</b>	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service



## 2013 Mount Wilson Trail Race - Youth Opportunities

### Kids' Fun Run

Join the Sierra Madre Community Foundation and CATZ Sports for the 2013 Mount Wilson Trail Race Kids' Fun Run. The Kid's Fun Run is an absolutely free event for youth ages 3-12 years of age. The Kid's Fun Run will begin at 7:45 a.m. on Saturday, May 25, 2013. Youth will have the opportunity to run up and down Baldwin Ave. and finish under the same banner as MWTR runners! Youth 3-6 years of age will run a ½ mile course, while youth 7-12 will run the full mile. All participants must sign up with a parent or guardian beginning at 7:00 a.m. in Kersting Court. The first 250

youth to sign up will receive a **free** T-shirt, compliments of Sierra Madre Community Foundation and will receive a ribbon for their participation.

### Kids' Fun Run Training Days

Join past MWTR Women's Race Winners Sharon Pevsner and Jill Liston as they prepare you for the MWTR Kids' Fun Run. Training days will be held on Saturday April 27, 2013 and Saturday May 11, 2013 beginning at 9:00 am at Sierra Vista Park - Westside, 611 E. Sierra Madre Blvd. Participation in the training days is **free** for all and participants should bring running shoes and water. Participants will learn basic running technique, complete running drills, and take part in a question and answer session with Sharon Pevsner and Jill Liston.

### Kids' Fun Run T-Shirt Design Contest

Your artwork can be featured on the 2013 Mount Wilson Trail Race Kids' Fun Run

T-Shirt! Youths in Kindergarten - 8th grade are encouraged to submit their artwork for this contest. The winning entry will have their artwork displayed on the back of the Kids' Fun Run t-shirt, be recognized at the Mount Wilson Trail Race and receive a t-shirt with their design. Participation in the contest is absolutely **free**. Contest application and guidelines are available on the City's website, [www.cityofsierramadre.com](http://www.cityofsierramadre.com), on the Community Services Department page or at the Community Services office located at 611 E. Sierra Madre Blvd. Applications are due by Friday, April 26, 2013 at 5:00 pm.

For more information on any of the 2013 Mount Wilson Trail Race Youth Opportunities please contact the Community Services Department at 626.355.5278.

## CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

**NEXT CITY COUNCIL MEETING:**  
Tuesday, May 7, 2013  
6:00 pm

April 27	City of Sierra Madre - Mount Wilson Trail Race Youth Training Days
April 27	Athens Services - Compost Giveaway
April 30	Alverno High School - Junior Ring Ceremony

## SELF STORAGE IN SIERRA MADRE

130 E. Montecito Avenue  
Sierra Madre, CA 91024

## SELF STORAGE MAIL BOX RENTALS FAX SERVICE

PHONE: (626) 355-1837 FAX: 355-4329

## 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



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## VILLAGE VINE ONLINE (FORMERLY RADIO FISHBOWL) THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show  
Trivia and Humor at it's finest. Just try to keep up with their wit!  
JOIN THE FUN!!!

THURSDAYS - Noon Catherine Adde's  
OUR TRAVEL AFFAIR

FRIDAY - Noon Gene Goss'  
VILLAGE INTERSECTIONS  
Gene's guest this week is Dr. Jeanette Mann, Trustee at Pasadena City College. Gene and Dr. Mann have a wide ranging discussion about the college. See the VVO Calendar for show times.

Village Vine Online  
Sports Presents:

Two LIVE Little League  
Game webcasts this week

Saturday 5:00  
Sierra Madre Dodgers vs  
Sierra Madre White Sox

Wednesday April 24 at  
5:00  
Sierra Madre Angels vs  
Santa Anita Yankees

SATURDAY  
MORNINGS  
D. J. Boddington  
AKA James Faulkner re-  
turns Saturday morning  
at 7:00 until 10:00 with  
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MEETINGS ARE EACH TUESDAY AT NOON,  
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,  
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!  
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,  
AND HAVE SOME FUN!



## Sierra Madre Rotary Club

Meets Tuesdays 7-8:30 a.m.  
222 W. Sierra Madre Blvd.  
The Hart Park House



As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at [peggybeau@gmail.com](mailto:peggybeau@gmail.com) and visit our Facebook page Rotary of Sierra Madre.

**www.SierraMadreRotary.com**



9 Kersting Court Sierra Madre, Ca. 91024  
626-355-1180

## EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS

## SIERRA MADRE TV SURVEY

Got a minute? The folks who run Sierra Madre's two local TV stations - that's right, Sierra Madre has two local TV stations - need your opinion on what you like to watch and how you watch it so they can make this local resource more fun and relevant to your lifestyle.

We are doing this survey now because we are excited to launch a new channel, Channel 98. As you might know, Channel 3 on Time Warner Cable has been airing City Council and Planning Commission meetings, and other City government events, live for years and this important service will continue. But we are now adding Channel 98 as a commercial free, educational channel that will feature children's programming, classic movies and TV shows, how-to shows, community special events and other interesting and eclectic programming relevant to our lives in Sierra Madre all presented without commercials and without fundraising. It is our channel, it is starting from scratch, and we need you to tell us what you want to see on it.

Please take a few minutes to fill out this questionnaire either online at [www.surveymonkey.com/s/X6VBWYB](http://www.surveymonkey.com/s/X6VBWYB) or drop it off at City Hall, Sierra Madre Library, or the Recreation Center by May 31, 2013 and be part of creating something that will entertain and inform us, be unique to our special town, and make us proud. Thanks for the help!

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Creative Arts Group Presents

## Art of the Garden

A Garden Tour

April 21, 2013, 10:30 - 4:30 pm

Tickets \$25 pre-sale, \$30 day of tour

108 N. Baldwin Ave. Sierra Madre, CA 91024  
626•355•8350 [www.creativeartsgroup.org](http://www.creativeartsgroup.org)

## CLASSIFIEDS

### Employment Opportunity:

Foothill Creative Arts Group is seeking a full-time Executive Director responsible for overall planning, operation, and management of a nonprofit art center serving the community of the San Gabriel Valley. Visit the website at [creativeartsgroup.org](http://creativeartsgroup.org) for details. No phone calls.

### Enrich your life with music !

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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

**FIRE** - continued from page 1

Like every job, the job's not done until the paperwork done.

**SMNN:** *What is your most vivid memory of the fire, during the fire?*  
**Chief Heydorff:** The way the fire would lay down during the day and then race up the hill during the night. The fire would give you hope at the end of the day and then disappointment every morning.

**SMNN:** *What is your most vivid memory of the fire, relating to community reaction to the fire?*  
**Chief Heydorff:** The kindness and openness our residents showed to the engine companies that were here from out of town. I had comments from engine captains commenting on how friendly our city is.

**SMNN:** *What was your proudest moment during and/or after the fire?*  
**Chief Heydorff:** Working with Team 3, a type 2 federal overhead team, I was amazed at the amount of resources that were available to Sierra Madre. We had equipment from Area C, the State (CAL-fire) and the federal government, United States Forest Service.

**SMPD**  
One of the big parts of the fire was need to evacuate people, and control traffic in the fire area, as lookie-loos came from all over. Chief Larry Giannone was a Captain at the time, under then Chief Marilyn Diaz, and was in charge of operations for the PD. We asked the Chief if he'd help with this article...

**SMNN:** *What unanticipated issues did you encounter during the fire and what has been done to overcome them in the event of the next fire?*  
**Chief Giannone:** Unanticipated issues were just the lack of dealing with this type of event, especially since we had not had a fire of its magnitude for many years. People that had worked in the city during the last fire had moved on or retired. So for many of the staff this was something new. For the PD Staff and outside agencies that had arrived to assist us the biggest unanticipated issue was the "sternness" of many who refused to leave their homes when evacuations were taking place. It would seem that one's life would outweigh the loss of property. There are many different opinions out there, many of us just took it for granted that people would leave. We had to quickly adjust our game plan to respect the wishes of others.  
The fire moved quickly and the length of the event was also unanticipated. We

are better prepared now in dealing with this by knowing upfront that this type of event is going to be long and we need to spread our resources out and that is somewhat hard to do when they want to come to work immediately to help, because that is what we are sworn to do.

**SMNN:** *How are we better prepared to face a major fire from a PD standpoint then we were in 2008?*  
**Chief Giannone:** Better prepared just comes with experience. As I mention above a lot of the experience from the past was gone. City Staff in 2008 is still here and if it happened tomorrow we would know that these are long term events and we need to plan for it accordingly. Outside resources would be called in immediately and personnel would be spread out and scheduled so people were not here for days and working past their capacity. We also know that we need a very large area to stage personnel and equipment and that is also something that would take place immediately instead of days later. We have to have a unified command center where everyone can be. We have improved our communication equipment as a result of lessons learned. I have worked our fire, was in charge of some of the outside resources for the Station Fire, and just recently assisted with the fire in Monrovia. You learn from each of these types of events what works and what doesn't and you go home at night just hoping it does not happen to your community again.

**SMNN:** *What is your most vivid memory of the fire, during the fire?*

**Chief Giannone:** My most vivid memory of the fire was the first night, after a very long day, sitting in the city yards and watching the flames roll across the hillsides. Watching Mother Nature take over for something we were having difficulty controlling was a very eerie sight and the anticipation of what the end result was going to be for our community never left my mind.

**SMNN:** *What is your most vivid memory of the fire, relating to community reaction to the fire?*  
**Chief Giannone:** My most vivid memory when it came down to the community reaction was how the community opened it's doors and businesses to the hundreds of fire fighters and police officers that responded to the situation. The overwhelming response from the community to feed the personnel and offer them a warm bed if need be was truly a community pulling together. And let us not forget our volunteers

who came to call of need and were there by our sides supporting us in many different ways.

**SMNN:** *What was your proudest moment during and/or after the fire?*  
**Chief Giannone:** The proudest moment during the fire was seeing not only the police department, but all the other city departments, stand together during that long week to get things done, while tragedy moved across our hillsides. Unknown to many, City Staff was working around the clock behind the scenes to bring the some sense of security and normalization to the community. Many of us did not go home for days. You also have to thank the outside agencies that responded without question to help our community. Police and fire personnel from around the San Gabriel Valley protected our community and it was a proud moment to see the different uniforms in the community committed to the same goal of keeping the community safe. No homes were lost and no people were injured or killed. We all have to take a moment to realize how successful we were in our efforts.

**The Cost of the Fire**  
I contacted City Manager Elaine Aguilar and requested financial information and some personal memories, and received back the following:

**SMNN:** *What was the total cost of the fire to the City? Is it paid off?*  
The total cost of the fire was \$2.8 million, of which the City's share was 59% or \$1.6 million. It took 16 months, but thanks to the diligent work of staff, we were able to receive federal and state grants to cover about 80% of the City's share.

**SMNN:** *How much money was donated to the Community Foundation fund (set up to help with the cost of the fire), and how was it used?*  
Just over \$10,000 was donated to the Community Foundation - this was used to offset the City's remaining costs for the fire.

**SMNN:** *What issues for the City did you see in the last fire, and how have they been addressed?*  
**Elaine:** Everyone responded exactly as we could have hoped and as they were trained to do - we handled this event heroically. One major thing we made sure to address was that our staff worked too many consecutive hours - we couldn't get them to go home and rest. We have since gotten stricter when the EOC opens with time keeping and

rotating staff 12 hours on, 12 hours off to ensure our staff is getting adequate rest.

**SMNN:** *What is your most vivid memory of the fire, during the fire?*  
**Elaine:** The image of the banner over Baldwin - looking up the mountain and seeing the outline of the mountain engulfed in flames.

**SMNN:** *What is your most vivid memory of the fire, relating to community reaction to the fire?*  
**Elaine:** How much the residents cared and were involved - to the point of going out and buying coffee for the first responders.

**SMNN:** *What was your proudest moment during and/or after the fire?*  
**Elaine:** Seeing all of the City staff from all the departments coming together to work as a team.

**City Communication Response to the Fire**

Elisa Cox (then known as Elisa Weaver) was the Public Information Officer during the fire, and she and other members of staff that also served as PIO were instrumental in getting the word out through the various media, including SierraMadreNews. Net. I asked her if she'd help with this article, asking questions about communications and her personal recollections, and here's what I got back:

**SMNN:** *How much better prepared are we to communicate to people during the next fire?*

The City was very prepared and commended multiple times for its communication with the residents during the fire. Our greatest changes or enhancements over the past five years include the launch of AM-1630, the City's Emergency Radio Station, the expansion of the City's eBlasts notifications, and the explosion of social media - Facebook and Twitter have become excellent sources for extending information quickly.

**SMNN:** *Will press releases be posted on the City website, as well?*  
Generally, all our press releases are posted on the City website. However, in an emergency like a major wildfire or earthquake, the priority goes to eBlasts, Facebook and Twitter as they are the quickest way of communicating with the public we have at this time. If we cannot post press releases on the website, there is generally a note on the website to visit the City's Facebook page for the latest information.

**SMNN:** *Are we better prepared to utilize SMTV3 than we were?*  
We have not greatly updated the technology with SMTV3 since the Santa Anita Fire. The City still utilizes this resource to post slides with emergency information and, pending an emergency, does not affect our television infrastructure, we are equipped to air live from the Council Chambers.

**SMNN:** *What is your most vivid memory of the fire, during the fire?*  
**Elisa:** I was in my office (on a Saturday) finishing up some paperwork for the Goldberg Park planting we had that morning and stepped outside to check on the Jazz Festival the former Community Arts Commission was hosting. I looked up and saw flames on the mountain. I had the distinct thought, "We're not going home any time soon."

**SMNN:** *What is your most vivid memory of the fire, relating to community reaction to the fire?*  
**Elisa:** Everyone was pitching in. Commissioners showed up to see how they could help out; friends-of-friends were helping people they, barely (if at all) knew, pack up and evacuate homes. Lifeguard staff came in on their own to help make sandwiches, and residents all over the place were posting signs of thanks and appreciation. It always amazes me how much we come together as a community in times of trouble.

**SMNN:** *What was your proudest moment during and/or after the fire?*  
**Elisa:** After Team 3 took over command of the Fire, Team 3's PIO Team requested that the City's PIO team stay in place because we had such a great grass roots communication system set up. The PIO Leader told us that he had not worked with a locality whose information team had been so prepared and effective in reaching the local residents.

**Mt. Wilson Trail Race Postponed**  
The Mt. Wilson Trail Race of 2008 (the 100 year anniversary of the first running of the race) was postponed was scheduled for May 24th, and thanks to what Trail Race Chair Pete Siberell described as a "herculean effort" by Charlie Bell, Pete Siberell, Gary Hilliard, John Grace, Pete McNulty, Mark Gage, and Mark Hacker and a crew of volunteers, the race was still going to take place until a freak May rain storm on the 22nd caused the trail to be, as Siberell describes it "extremely rutted and uneven due to the water (cont. page 4)

## East Montecito Avenue Design District

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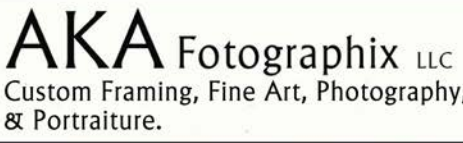
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## ROTARY CLUB OF SIERRA MADRE PRESENTS:

**JEREMIAH R. PAULEY, SSG, U.S. ARMY (RET.)  
SPOKESPERSON, WARRIORS SPEAK™  
WOUNDED WARRIOR PROJECT®**

**Tuesday, April 30, 2013  
7:00 am - 8:30 am**

**Hart Park House in Memorial Park  
222 W, Sierra Madre Blvd. Sierra Madre, Ca.**





**EDWARD BELDEN OF THE NATIONAL FOREST FOUNDATION  
TO SPEAK TO SIERRA MADRE KIWANIS**

**TUESDAY, APRIL 30, 2013 AT NOON**

Kiwanis meets at The Lodge (formerly the Mason Lodge) at 33 E. Sierra Madre Blvd., Sierra Madre. Ample parking available in the rear of the building.

The presentation is free and will begin at 12:30. Lunch begins at noon as is \$10. Call 626-355-0728 to reserve your seat.

**Sierra Madre Volunteer Firefighters Association**

## Annual Pancake Breakfast

**Saturday May 4th 2013  
Station 41 - 242 W. Sierra Madre Blvd  
7:00 - 11:00 a.m.**

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Thank you to all our local businesses for your support and donations!

All proceeds will benefit the Sierra Madre Volunteer Firefighters' Association and its local charities.



HISTORICAL SOCIETY SPENDS AN APRIL AFTERNOON AT THE CALDWELL/ FAIRBANK HOUSE

On Sunday April 14, 2013, the Sierra Madre Historical Preservation Society held its Spring program at the historic home of Donald and Guiliana Songster. Built in 1907, the landmark residence designed by Louis B. Easton is known as the Caldwell/ Fairbank House.

The program began with a welcome from SMHPS President Amy Putnam who introduced Board Members. Amy also introduced honored guests and local residents John Brinkmann and John Luke, publisher and editor-in-chief of American Bungalow magazine respectively. Both were presented with signed copies of the Society's award-winning book, *Southern California Story: Seeking the Better Life in Sierra Madre*.

SMHPS Vice President Leslie Ziff presented the Songsters with a gift basket as a thank you for hosting the program. Board Member Norma Bachwansky shared information about the upcoming planting of California native plants in the new garden in front of the museums set for Sunday May 19th.

Richard Trader spoke about the family history of Louisa Caldwell and how she came to settle in Sierra Madre. Joe Catalano described the meticulous restoration efforts undertaken by the Songsters since they purchased the house in 1995. Homeowner Donald Songster related his and Guiliana's first sighting of the house and his subsequent inquiry with John Brinkmann regarding the historical significance of the residence. Following the presentation, docents Joe Catalano, Donald Songster, and Richard Trader led small groups on tours of the house. The architecture and restoration work of the interior and exterior were discussed in detail.



Orange juice, freshly squeezed from oranges on the property, and other light refreshments were served on the back lawn. Reproductions of the March 1908 issue of *The Craftsman* in which an article about the "one room deep California house" appeared were distributed to the thirty-two people in attendance.

Story and Photo courtesy SMPHS

REMEMBRANCES

CALVIN STEELE BEAUREGARD

Passed away  
4.14.2013. Born  
10.29.1926 in  
Suffern, New York,  
he served in the U.S.  
Army Air Corps  
during WWII with  
exemplary careers  
at Ford, Chrysler  
and Beauregard  
Enterprises. Retiring  
to Montana he  
continued to pursue  
his love of horses,  
antique cars, and  
friends. Calvin is  
survived by his wife,  
Nancy, 3 children, 4  
grandchildren and 3  
great grandchildren.



A celebration of life service was held Sat, 4/20/13 1:30pm at Dahl Funeral Services.  
In lieu of flowers the family requests donations choices be reviewed at [www.dahlcares.com](http://www.dahlcares.com)

SONIA KOSKER

Sonia Kosker, a beloved six-year employee at Taylor's Meat Market in Sierra Madre passed away peacefully at home on Friday April 19, 2013. By her side were her sister, mother and a close friend. Sonia passed away at the age of 52 after a lengthy battle with lung cancer.

Sonia was born in Istanbul, Turkey in 1960 and moved to California in 1981 with her father, mother and younger sister. Sonia is survived by her two daughters, Susan, 25 and Sesil, 23, along with her mother and two sisters.

While at Taylor's Meat Market Sonia made many loyal friends who never forgot her during her illness. Their generosity helped provide Sonia with quality medical care and financial support for her daughters. The donations of her friends have also enabled the family to hold a funeral and burial service at Forest Lawn to honor Sonia's life.

The family would like to express their heartfelt gratitude to all who sent cards and gave so generously to Sonia during this difficult time. This support enabled Sonia to leave County Hospital and be cared for by a well-respected oncologist in Glendale and allowed her to have full time caregivers for the last days of her life. No words can ever express just how thankful the family is for the love and charity you showered on Sonia.

Funeral and burial services were held on Thursday, April 25, 2013 at 12:30pm at Forest Lawn Hollywood Hills, 6300 Forest Lawn Drive, Los Angeles, 90068. Funeral services will be in the Church of the Hills.

FIRE - continued from page 3

running over it and dumping debris everywhere. It was in bad shape and extremely unsafe for both race participants and trail volunteers like Sierra Madre Search & Rescue, the Boy Scouts and Cub Scouts." I asked Pete to share his recollections of the fire as regards the Trail Race for this article, and here's what he had to say... "As I recall it, the MWTR Committee was working hard to get the race ready for Saturday, May 24, as our world was turned upside down with the fire, which pretty much destroyed the one-mile stretch going up the mountain from the trailhead. We recruited a number of crews to work day and night to clear the trail of all the dirt, brush, trees and other detritus that fell on it during the fire. And much of the trail had burning embers still on the trail *weeks* after the blaze was put out. The trail looked like a

Hard to tell from this angle, but that patch of smoke was probably 3' tall. May 6th, 6 days after the flames were pretty much gone from this area. Copyright 2008, Bill Coburn  
deserted, dark moonscape, and all the trail workers would come back off the mountain looking like Pennsylvania miners coming off their shifts. It was really a herculean effort, and I was so proud of our group of selfless and enthusiastic volunteers (along with Forestry Department staff and even prisoners from the California correctional system!). We would be putting on a Mt. Wilson Trail Race unlike any other, over terrain that would be completely foreign to our runners. But we were ready to go. And then the rains hit We were expecting some rain and were actually looking forward to it softening up the trail for the race. But not damaging the trail the way it did, essentially cancelling

all our hard work. Thankfully, the rain and mudslides did not wash out any sections of the trail. But the trail was extremely rutted and uneven due to the water running over it and dumping debris everywhere. It was in bad shape and extremely unsafe for both race participants and trail volunteers like Sierra Madre Search & Rescue, the Boy Scouts and Cub Scouts.

I remember getting a call from Community Services Department Director Michelle Keith after the hard rain hit, saying we could not run the race on day it was scheduled - too dangerous, particularly with the chance of more rain and the trail washing out. Clearly, there was no time for even my super volunteers to get the trail ready, but we could postpone the race a week or two, as long as repairs got done. Naturally, I was eager to reschedule it as soon as possible. City staff would not be available to work the next Saturday, but they would two Saturdays later. We settled rescheduling the race for Saturday, June 7, although I was worried we might still not have the manpower or time to get the job done.

But we did. There had to be 40 to 50 men and women who we recruited, working like hell for two weeks to make the trail ready. I remember the city staff doing whatever it could to make sure it had our back. And it did. The job got done!

Runners coming off the mountain the day of the race on June 7, 2008 came back to giant vertical banners hung in Kersting Court, listing every Sierra Madre Volunteer Fire Fighter and thanking each one. All proceeds from the popular post-race beer garden were given to the Santa Anita Fire Fund. Needless to say, it was a most memorable MWTR for everyone, and not just

because it was the 100th anniversary. It was because we fought like hell with Mother Nature to put this wonderful community tradition on!"

**Public Works Response to Fire and Mud Prevention Follow-up**  
Bruce Inman, Director of Public Works, also contributed to the article:

**SMNN:** Which was the bigger challenge for Public Works, the fire or the preparation for mudslides?  
**Bruce:** The fire didn't present a huge challenge for Public Works; Public Works role in a fire is largely one of assisting with logistics.  
**SMNN:** How much mud was hauled away the following season?  
**Bruce:** Tons and tons, cubic yards and cubic yards, trucks and truck... in other words, a lot. Although we do not have exact numbers, we conservatively have estimated 840 cubic yards or about 100 truckloads.  
**SMNN:** How many homes ended up being evacuated for mud?  
**Bruce:** The City does not have a record of the number of homes evacuated.  
**SMNN:** What was the cost to the City to prepare for mud?  
**Bruce:** The cost to prepare for the mud was over \$500,000. Much of that came to the City in the form of a federal grant from USDA/Natural Resources Conservation Service.

**SMNN:** What issues for Public Works did you see, and how have they been addressed?  
**Bruce:** Public Work's biggest issue was the limitation on physical access to the mudflow-prone areas of the City, which hampered us in the amount of personnel and equipment we could bring to bear on cleaning up.  
**SMNN:** What is your most vivid memory of the events?  
**Bruce:** My most vivid memory was

to be interviewed by a major TV News Network on Christmas Eve 2008 following the issuance of a mandatory evacuation notice for that night. (Editor's Note: If I remember correctly, steady rain was predicted for Christmas day 2008, but Sierra Madre remained relatively dry all day).

I'd like to thank City Manager Elaine Aguilar, Elisa Cox, Director of Public Works Bruce Inman, Finance Director Karin Schnaider, Mt. Wilson Trail Race Chair Pete Siberell and SMFD Chief Steve Heydorff for their contributions to this article.

I'd like to thank all 1055 firefighters from the 30- 35 agencies that responded with assistance during the fire. And I want to say thanks to the residents of Sierra Madre, who responded with love, compassion and spirit to a stressful incident in this City's history that could have been more stressful had they reacted differently.

To answer the question in the headline, are we ready if it happens again? I think my response is that we won't know if we are ready as a firefighting entity until we see the magnitude of the fire, but I believe that our fire department and our city staff have done what they can to be ready, and that we as a community have done what we can to be ready, and that's important. Sure, not everyone in the community has, but I believe we have a higher percentage of involved and prepared people than most cities can boast. And that's one of the reasons I believe that as a community, we are ready to face it, even if the next fire proves more destructive, we will be there for each other and face it together. Because that's the kind of town we are, as we showed in 2008, as we showed after the windstorms of 2011, we are Sierra Madre, and we will help each

other through whatever we have to. In addition to the questions about the Trail Race, I asked Pete Siberell about some of his memories of the fire, and here are his responses...  
**SMNN:** What is your most vivid memory of the fire, during the fire?  
**Pete:** I have three or four vivid memories of the fire. I was running son George to a birthday party in Pasadena on a Saturday, I think, when he pointed out the fire in the hills. I never thought it would be the sole focus of our lives for the next few days. Later in the day, I was at Heasley Field, serving my duty as president of Sierra Madre Little League. My son had a game, I think, and the kids were playing while helicopters were scooping up water out of the settling basins and going back to unload it on the blazes. It was really surreal to see the helicopter veering into the basins while the kids were blithely playing and their parents hoping against hope everything would be OK at home, and the fire looking like it was never going to be put out.  
Later that evening, we watched the fire out the back of our kitchen window, seeing it get closer and waiting for the time we may have to evacuate. Finally, we did end up leaving the house, packing up two cars, two kids and two dogs, and found ourselves in Kersting Court, looking back up Baldwin Avenue and seeing the raging orange fire, realizing...we had not planned on this happening...thinking, what are we going to do now?

For a complete pictorial history of the fire, including video, go to: [www.sierramadrenews.net](http://www.sierramadrenews.net)

More fire related stories can also be found at: <http://mtnviewsnews.com/v02/html/n15/index.htm>



## Serial Arson Suspect Arrested

Police arrested and charged a South Pasadena man Monday with allegedly setting 25 fires including four in Pasadena. Twenty one of the fires were set in South Pasadena and all were brush and car fires with the exception of one, set at the exterior door to a business.

Police said they took Javier Adolfo Viera, 35, into custody April 20 after he was seen near the area of one of the fire. He was arrested after fingerprints, left on an incendiary device that did not burn completely, linked him to the fires. Viera, was also linked, through surveillance to a fire Sunday in the 6100 block of North Oak Hill Avenue in Los Angeles. Police said Viera self-confessed to most of the fires and a search of his home resulted in the recovery of more evidence.

Investigators also said Viera eluded capture, while under surveillance, by driving down a one-way street the wrong way, after filling a bag with dried vegetation. Police said incident happened just blocks from where the last fire was set. A witness also, at the time, saw Viera set a fire under a vehicle.

Pasadena Fire and South Pasadena Fire investigators joined forces to investigate the fires, which were occurring since mid-November.

Reports say Viera is the father of three young children and admitted to setting the fires due to job related anger and financial troubles.

## Pet of the Week



Rosie is a one-year-old Beagle/Dachshund mix. She was brought to the shelter with a severely infected left eye. Our veterinarian surgically removed it and she's making a great recovery. Rosie has gone out on our Shelter School field trip and did extremely well with other dogs and people. She loves to go out on walks too. A loving family would be great for her.

Rosie's adoption fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A323679, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Logo, Trophy to Mark 100th Bowl Game

The Tournament of Roses along with its partners, the Big Ten and Pac-12 Conferences, and the Bowl Championship Series unveiled Tuesday a series of new programs including a new logo and modifications to the champion's trophy to commemorate the 100th Rose Bowl Game.

"As the first postseason bowl to reach 100 games, we are excited to mark this momentous occasion with enhancements to some of our iconic marks," Tournament of Roses Executive Director William B. Flinn said. "We look forward to the events leading up to January 1 to celebrate our illustrious history and for the future of The Granddaddy of Them All."

Also among the changes, officials announced that the Rose Bowl will be named among five college bowl games to rotate as a venue for a new two-tier playoff system, College Football

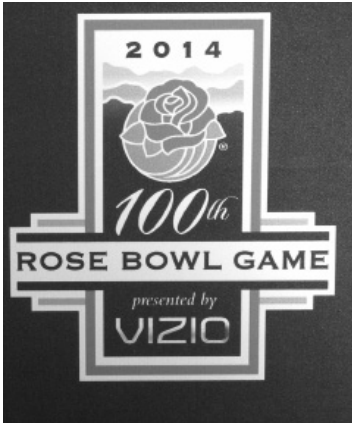
Playoff, replacing the Bowl Championship Series (BCS).

The first College Football Playoff championship game on Jan. 12, 2015 will be played at Cowboys Stadium in Arlington, Texas. Other stadiums include, the Orange Bowl in Miami, the Sugar Bowl in New Orleans, the Fiesta Bowl in Glendale, Arizona and the Chick-fil-A Bowl in Atlanta.

Five days after this postseason, the Tournament

of Roses will also host the 16th and final BCS National Championship on Monday, January 6, at the Rose Bowl Stadium. This will mark the second time the Tournament of Roses has hosted two postseason bowl games in one week. The last time a national champion was crowned at the Rose Bowl Stadium was on January 7, 2010.

For more information please visit [www.tournamentofroses.com](http://www.tournamentofroses.com).



New logo to marking 100th Rose Bowl Game

## Discussion with Author Dr. Adilifu Nama

*Super Black: American Pop Culture And Black Superheroes*

In celebration of Free Comic Book Day, an annual event held the first Saturday in May throughout the United States, Dr. Adilifu Nama, who is Associate Professor of African American Studies at Loyola Marymount University, will discuss and sign copies of his book, *Super Black: American Pop Culture and Black Superheroes*. In the first comprehensive study of black superheroes in mainstream comics, film, and television, the author finds new avenues for exploring racial identity. Dr. Nama contends that black superheroes have, in fact, "provided an escape from conventional representations of black racial identity," and "have offered a galactic vision of blackness, often as Afro-diasporic figures that fuse the shiny tomorrowland of time travel, interdimensional realities, rocket ships, black mysticism, extraterrestrial beings, light speed, experimental technoculture, and cybertronic robots with the self-esteem politics of 'black is beautiful'." In doing so, black superheroes offer some of the most stimulating and ideologically provocative representations of blackness ever imagined.

The program is free of charge and open to the public; light refreshments will be served. For further information, contact the Allendale Branch Library at (626) 744-7260 or visit [pasadenapubliclibrary.net](http://pasadenapubliclibrary.net).

## Fire Department 125-Year Celebration

Celebration and reflection of the Department's 125 years of service to include the Department's Color Guard, presentations by Mayor Bill Bogaard, City Manager Michael Beck, Fire Chief Calvin Wells, Deputy Chief Kevin Costa and members of the Pasadena Fire Dept. The event Wednesday, 10:00 a.m. - 11:00 a.m. will include the Playing of Taps.

## Armenian Genocide Commemorated

A number of local dignitaries, including Los Angeles County Sheriff Lee Baca, spoke Wednesday morning at ceremony in front of city hall commemorating the Armenian genocide that killed 1.5 million people in 1915 through 1918. The starting date of the genocide is conventionally held to be April 24.

Hundreds gathered at city hall assembled by Armenian National Committee of America and at Memorial Park, for another ceremony, held by the Pasadena Armenian Community Coalition. Memorial Park is the site of a proposed genocide memorial to be unveiled in 2015 making the 100th anniversary of the genocide at the hands of the Turkish Empire.

"The scars are not healed," said William Paparian Chairman of The Pasadena Armenian Genocide Memorial Committee, "The wounds are still festering, and the suffering is real.

Today, the trauma, the pain is still visible in the eyes of the survivors. We are still haunted by the emptiness that comes from losing entire families. When a loved one disappears, the disappearance lasts forever."

The Pasadena Armenian Genocide Memorial Committee received 17 submissions for the design of the Memorial and an independent three judge panel unanimously selected the design by Pasadena Art Center Environmental Design student Catherine Menard.

Menard's circular design features a 16-foot-tall tripod at its center. From the apex of the three beams will fall a single drop of water every 21 seconds, totaling 1.5 million drops — tears — a year for each of the victims. It was shown during the city hall ceremony.

Baca applauded Menard's design saying she was a gifted artist and had a bright future ahead of her.



Catherine Menard, designer of the Genocide Memorial

## Controller to Deliver PCC Commencement Address

California's chief fiscal officer, Controller John Chiang, will deliver the keynote address to the 88th graduating class of Pasadena City College on Friday, May 3, 2013, at 7:00 p.m. in Robinson Stadium. The PCC Class of 2013 is expected to number more than 1,500.

As the state's chief fiscal officer, Chiang has brought extensive experience and fiscal leadership to the State Controller's Office. He was first elected to the Board of Equalization in 1998, where he served two terms, including three years as chair. He began his career as a tax law specialist with the Internal Revenue Service and previously served as an attorney in the State Controller's Office.

First elected in November 2006, Chiang was reelected in November 2010. Upon taking office, he took immediate action to weed out waste, fraud and abuse of public funds and make the state's finances more transparent and accountable to the public. He has proposed reforms to the state's public pension systems, helped local



governments navigate complex requirements during difficult economic times, protected California's precious natural resources and ensured that more than \$2.1 billion in unclaimed property was returned to the rightful owners. He also created "California Strong," a program that offers financial and tax assistance seminars for families, seniors, small businesses and non-profit organizations.

For more information about PCC's 88th commencement exercises, please go to [www.pasadena.edu/graduation](http://www.pasadena.edu/graduation).

## A Noise Within Free Read Of Three One Act Plays

A Noise Within (ANW), the acclaimed classical repertory theatre company, offers a free, one-night-only reading of three one-act plays by Pulitzer Prize-winning Playwright Thornton Wilder - *The Long Christmas Dinner*, *The Wreck On The Five-Twenty-Five* and *Infancy* - on Wednesday, May 15, 7 pm, as part of its "Words Within" reading series at its Pasadena theatre. Directed by Abby Craden, the readings feature A Noise Within resident artists as well as artists from the theatre company's current repertory productions.

"Wilder's short plays are important to understanding his work as a whole," says Craden. "These three selections offer a glimpse into the scope of his genius, being superb examples of the beautiful and poignant writing of one of America's most beloved playwrights."

Poignant and moving, *The Long Christmas Dinner* chronicles an improbably nine-decade-long holiday dinner with several generations of the Bayard family. *The New York Times* wrote, "If God were to dabble in anthropology, and the recording angels to write with wry humor and infinite tolerance of human folly, this

is how the holy books would read."

In *The Wreck on the Five-Twenty-Five*, Wilder shows "the infinite in the utterly mundane" (New York Daily News) when train commuter who is a creature of habit sets off a storm of mystery when he calls his family to say he is coming home late from work.

In *Infancy*, a rarely staged comedy about fulfilling basic needs, babies and adults switch roles, shedding light on parents' frustrating behavior. The Huffington Post calls this "arc of life" "intriguing" and "fun."

The evening of readings, for which reservations are recommended, is designed to complement ANW's hilarious and critically acclaimed production of George Farquhar's *The Beaux' Stratagem*, adapted by Wilder and Ken Ludwig, which plays in repertory through May 26, 2013, as well as a special event featuring Tappan Wilder, nephew of and literary executor for Thornton Wilder, who discusses the life and legacy of his celebrated uncle, at a special illustrated talk, "Thornton Wilder's Versatile Pen," on Sunday, May 5, 2013, 5:30 pm.





## COMPOST GIVEAWAY

Athens Services and the City of Sierra Madre host the first annual Compost Giveaway event on Saturday, April 27, 2013. The event is from 9:00am-12:00pm at Sierra Vista Park, located at 611 E. Sierra Madre Blvd. All Sierra Madre residents are eligible to participate and no advanced reservation is necessary. Be sure to bring a sturdy container for the compost on the day of the event. Shovels will be provided at the event to fill your containers. To ensure all participants receive their fair share, there is a 30 gallon per household limit the first hour of the event. After 10:00am, participants will be able to receive an unlimited amount of compost while supplies last. Athens Services plans to donate 20 tons of compost!

The organic compost is comprised of leaves, yard trimmings and paper litter mixed with wood chips, food waste and other organic materials at the Athens Services Recycling and Material Recovery Facility. The compost is a nutrient rich soil amendment and fertilizer.

The Compost Giveaway is a drive through event located in the Sierra Vista Park parking lot near the sand volley ball and basketball court. For more information please contact the Community Services Office at 626-355-52

## FREE PUBLIC FORUM ON CHARTER SCHOOLS

*May 2, 2013*

The League of Women Voters Pasadena Area is presenting a free public forum May 2 on the controversial topic of charter schools. It will be from 9:30 a.m. to 1:30 p.m., at the Women's City Club, 160 N. Oakland Ave., Pasadena.

Titled "What We Can Learn from Charter Schools," the forum will address issues surrounding the charter school movement, which began 20 years ago and is a growing sector of public education. California alone has about 1,000 charter schools serving 360,000 children. Pasadena has six with approximately 1,400 K-12 students.

Critics claim charters siphon funds from regular public schools because they are publicly funded but operate independently of local school districts. On the other hand, advocates contend that, freed from local restrictions, charter schools can experiment and innovate to develop successful education models for all public schools.

The forum will address these issues from different perspectives and answer commonly asked questions. One is whether charter schools have met the goal of improving student performance and led to better educational practices for all children in public school. Another is whether gains for charters are losses for traditional public schools. Do charters provide better educational opportunities with comparable amounts of money? What about the question of equity?

Erick Premack, founder and director of the Charter Schools Development Center in Sacramento, will lead off the program with a short history of the charter school movement. A panel discussion follows.

Panelists include Lauren O'Neill, the head of Odyssey Charter School in Pasadena; David Tokofsky, a former school board member of the Los Angeles Unified School District, which houses more charter schools than any other in California; and Judy Higelin, a Los Angeles County Office of Education supervisor of charter schools. Premack will also be a part of the panel. A lively question and answer period will follow.


Lunch is available for \$20, including tax, tip and free parking. The program is free. For information and lunch reservations, call 626-798-0965.

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*"Where there is no struggle, there is no merit."*



## THINGS THAT EVERY HIKER SHOULD ALWAYS CARRY

*[Nyerges is the author of "How to Survive Anywhere," and "Enter the Forest." Information about his books and classes is available from Box 41834, Eagle Rock, CA 90041, or from [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com).]*

Have you folks been watching the news? Almost daily we read that in Altadena, Sierra Madre, Orange County, etc., too many folks are getting lost or hurt in the local hills. We go into nature to enjoy the natural world, perhaps to seek solitude and quiet, and to get refreshed. Most of us expect to get back home safely.

But getting back home safely doesn't always happen. Lots of things can get in the way of us getting home safely: unexpected weather, various accidents, unexpected terrain.

You should never go hiking and exploring into the local mountains and deserts without some very basic preparedness.

First, whether you're going on a car trip, or hiking trip, do some pre-trip research. Your excitement to get out and go, and your desire for spontaneity, are your enemies. Slow down. Research where you intend to go, and research the weather conditions, and whether or not there will be water. Are there any trails at all? Do other people go there? Are there great temperature extremes between day and night?

Make a plan and an itinerary. Be sure to tell **someone** where you are going and when you intend to return.

If you're traveling by car, be sure to carry extra water, as well as a blanket, some snacks, and a way to make a fire should the need arise. Have a map with you of the area in which you intend to travel. Be sure to carry road flares and jumper cables, as well as a simple tool kit (things you should *always* carry at all times).

If you're hiking – even out for a short day hike – there are certain items you should always have with you – in your pack, or in your pockets. And keep in mind that your knowledge, and your experience, are as valuable as all the "stuff" you carry.

Carry at least a quart of water. But that's bare minimum, because on a hot day, you'll use that up quickly. Will there be water at your intended destination?

Stay alert to sources of water along your journey, and ways to purify that water should the need arise. Water purifiers could be pills, or any of the pump devices sold at every backpacking store.

Did you know that you can fill an old beer can with river water, and boil it over a fire to purify it? Beer cans are everywhere, and could be used in a pinch.

I believe that everyone should carry a way to make a fire at all times. If lost while hiking, that controlled fire could be a life-saver. Not only would it keep you warm, but it could be a signal to someone trying to find you.

I like the Doan's magnesium fire starter which can always be carried on the keychain. But there's nothing wrong with a Bic, or even matches as long as they are kept in a waterproof container.

In fact, I teach my students dozens of ways to make a fire should the need arise. Even the little fresnel magnifying lens sold at stationery stores is a good way to make a fire when the sun is shining.

But if you didn't plan ahead, there may still be hope. The concave bottom of that discarded beer can could create a fire if you're patient. When pointed at the sun, with a bit of tinder held at

the focal point (you'll figure this out if you try it), you can ignite the tinder with the sun. Then there's the fire by friction method that the Native Americans used, the hand drill spun onto a flat piece of wood – but if you've never tried this before, it's unlikely you'll be able to do this when lost. Carry that magnesium fire starter.

A knife should always be carried, at least a multi-blade Swiss Army knife. Get one that has a knife, scissors, and a saw, at least. These come in handy for countless tasks.

I always carry a bundle of cord, such as the inexpensive nylon cord used for surveying. Cord has innumerable uses, and in an emergency, could be pressed into service for emergency first aid, for making a pack, for various repairs, and many other possibilities.

A small first aid kit with at least a lot of band-aids and perhaps a few anti-infection creams should be included. In fact, you should enroll in a Red Cross emergency first aid course because "first aid" is more about knowing what to do, rather than knowing what to carry.

A signaling mirror is also a good idea for a small day pack. They are small, and could also be used for certain first-aid applications. They are not expensive, and come in glass or metal. As mentioned in a past Outdoors column, the used hard drive platters from computers are nearly unbreakable, and make excellent signaling mirrors.

You probably already carry a cell phone, which is great for emergencies. However, there is often no cell coverage in some of the canyons of our local wilderness.

Compass? Yes, carry one along with the map of the area you intend to visit. But remember that the compass is of no value if you haven't taken the time to learn how to use it with your map.

Though tents and sleeping bags are too bulky to carry in a day pack, you should at least consider the possibility of spending the night in the wild. What would you do? Knowledge of making a wilderness lean-to, or other expedient shelter, is a good idea. But for the pack, you should consider carrying a little emergency space blanket which is not fantastic, but certainly better than nothing. If you have a slightly bigger pack, consider adding a tube tent. Tube tents are lightweight, inexpensive, and fold fairly flat.

You should also add some simple snacks to your pack. These wouldn't be your lunch, but just something to eat "just in case."

Back when I first got interested in survival preparedness, I'd have long discussions with the folks at WTI about the necessity of always having a pack ready in case you ever had to make a quick evacuation or in case you got lost in the woods.

Knives, tools, water, clothes, fire, shelter, light – these are the areas of greatest concern. We agreed that the ideal survival pack should be lightweight and not a burden.

We learned that the more you knew, the less you had to carry.

And yes, there are many, many more items that hikers could carry, and many do. But the above represents the bare-bones minimum that anyone traveling into the local hills should carry.

Questions? Feel free to contact me c/o this paper, or c/o the website listed above.

# Looking Up

with Bob Eklund



## NEWLY DISCOVERED COMET IMAGED OR WAY TO INNER SOLAR SYSTEM ARRIVAL

Scientists eagerly await the arrival of a recently discovered, highly active comet that will skim 730,000 miles above the Sun's surface on Nov. 28 and has the potential to be readily visible from Earth.

The comet, C/2012 S1 (ISON), is highly unusual in that it comes to the inner solar system for the first time and will skirt around the Sun within less than two solar radii from its surface.

Comet C/ISON was discovered in September 2012 when it was farther away from the Sun than Jupiter, and was already active at such a great distance. This is distinct from most other sungrazers—comets that pass extremely close to the Sun—which are usually only discovered when they are already very near the Sun. At such a close perihelion distance from the Sun, sungrazers are expected to be intensely heated by the Sun, and sublimate not only ice but also silicates and even metals, releasing a tremendous amount of dust. The expectation is high that Comet C/ISON will be much brighter and more spectacular than most other sungrazers when it puts on a show late this year.

"As a first-time visitor to the inner solar system, Comet C/ISON provides astronomers a rare opportunity to study a fresh comet preserved since the formation of the solar system," said Planetary Science Institute Research Scientist Jian-Yang Li, who led a team that imaged the comet. "The expected high brightness of the comet as it nears the Sun allows for many important measurements that are impossible for most other fresh comets."

Comet C/ISON was imaged with the Hubble Space Telescope on April 10 using the Wide Field Camera 3, when the comet was slightly closer than Jupiter: 386 million miles from the Sun and 394 million miles from the Earth.

The team is using these images to measure the activity level of this comet and determine the size of the nucleus, in order to predict the comet's activity when it passes perihelion, or closest to the Sun, later this year. Preliminary measurements from the Hubble images suggest that the nucleus, the solid, icy body at the center of the comet, is no larger than three or four miles across. This is remarkably small considering the high level of activity observed in the comet so far. This small size also means that the outcome from its close perihelion passage near the Sun is extremely hard to foresee.

The comet is active as sunlight warms the surface and causes frozen volatiles to sublimate. The comet's dusty coma, or head of the comet, is currently approximately 3,100 miles across, or 1.2 times the width of Australia. A dust tail extends more than 57,000 miles, far beyond Hubble's field of view.

A detailed analysis of the dust coma surrounding the nucleus reveals a strong jet blasting dust particles off the Sunward-facing side of the comet's nucleus. This jet, as projected on the sky, extends at least 2,300 miles.

More careful analysis is currently under way to improve these measurements and to predict the possible outcome of the sungrazing perihelion passage of this comet.

Whether Comet C/ISON will become a "Comet of the Century" and outshine all other bright comets in the past still remains to be seen. But the new Hubble images of Comet C/ISON have revealed much valuable information about this highly unusual comet.

You can contact Bob Eklund at: [b eklund@MtnViewsNews.com](mailto:b eklund@MtnViewsNews.com).





# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

From Arcadia's Best

## WALK OF CHAMPIONS COMING TO ARCADIA

There have been so many champions in Arcadia that former Mayor Gail Marsall and former Arcadia Chamber of Commerce Executive Director Beth Costanza have decided it's time to celebrate, commemorate, and memorialize the likes of Seabiscuit and the legions of other famous race horses, jockeys, and trainers with a new Thoroughbred Racing Walk of Champions right here in Arcadia where most of them gained their prominence at Santa Anita Park.



The women who have formed a sub-committee of the Arcadia Historical Society discussed their plans in an HRTV interview Thursday morning (click here to see 3 1/2-min video). Funds are being raised now to install and unveil the first 50 plaques in the sidewalks along Huntington Drive in Arcadia's historic downtown area. Plaques will be installed near the famous Derby restaurant and also at the new Gold Line train station on First Avenue at Santa Clara, all leading to Santa Anita Avenue and eventually to Santa Anita Park race track. To find out more, to donate, and to become a founding sponsor, go to Thoroughbred Racing Walk of Champions at ArcadiaHistoricalSociety.org. – By Scott Hettrick

**2013 MOUNT WILSON TRAIL RACE KIDS FUN RUN**

**DATE: SATURDAY, MAY 25 START TIME: 7:45 A.M.**  
**REGISTRATION TIME: 7:00 A.M.**  
**(REGISTER IN KERSTING COURT PRIOR TO RACE)**  
**AGES: 3-12 YEARS OLD**  
**RUN IS ONE MILE UP AND DOWN BALDWIN: YOUTH 3-6 YEARS OF AGE WILL RUN A 1/2 MILE COURSE, WHILE YOUTH 7-12 WILL RUN THE FULL MILE**  
**FIRST 250 SIGN UPS RECEIVE A FREE T-SHIRT**  
**CALL 626.355.5278 FOR MORE INFORMATION**

Logos: City of Sierra Madre, Mt. Wilson Trail Race 2013, Sierra Madre Community Foundation, Catz Athletes.

**TRAIN FOR THE RACE WITH... KIDS FUN RUN TRAINING DAYS**

**Hosted by Past Women's Race Winners: Sharon Pevsner and Jill Liston**  
**Location: Sierra Vista Park, 611 E. Sierra Madre Blvd.**  
**Dates: Saturdays, April 27 and May 11, 2013**  
**Time: 9:00 a.m. - 10:00 a.m.**  
**Bring: Running shoes and water**  
**Participants will:** Learn proper running techniques  
 Execute running drills  
 Get a Q&A session with the hosts

**Call 626.355.5278 for more information.**

Logos: Mt. Wilson Trail Race 2013, City of Sierra Madre.

## HISTORICAL SOCIETY'S FIRST AUCTION APRIL 26

### Dozens of collectibles from clocks to peacocks

ARCADIA, Calif. – The Arcadia Historical Society will hold its first ever auction from 6 p.m. – 8 p.m. Friday, April 26, at the Arcadia 210 Self Storage, 324 North Second Avenue. Come and bid on rare historical memorabilia and artifacts of all shapes and sizes that mostly have no specific connection to Arcadia history or historical event.

Among the items: Spinning wheel; Mantle clock; Pair of bronze peacocks; T. Haviland (Limogue) serving dishes; Pieced quilts; Bridal gowns; Japanese tea cup & saucer sets; other tea sets; Vintage clothing from 1900-1980; Cameras; Jewelry; Church pews; other collectibles

Come look, bid and enjoy wine and cheese for only \$15. All proceeds go to the Arcadia Historical Society, a non-profit 501 (c)(3) organization dedicated to preserving, protecting, interpreting and promoting community interest in the history of the City of Arcadia and its immediate environs.

Contact:  
 Arcadia Historical Society: 626-446-8512  
 or Scott Hettrick, e-mail: [hreporter@aol.com](mailto:hreporter@aol.com) / cell: 626-485-8783  
 Web site: <http://www.arcadiahistoricalsociety.org>

## SAVE THE DATE! OPEN HOUSE - ARCADIA COMMUNITY CENTER

On Saturday, April 27, from 8am-12noon, the Recreation & Community Services Department present the first annual "Open House" where many Recreation classes and programs will be showcased. Families can come out to the Community Center and visit a variety of booths for more information on summer classes, programs, and Library & Museum events.

They can also experience live demonstrations from many of the instructors, and have their questions answered. Classes offer something for everyone in the family from Art, Zumba, Yoga, Karate, Tennis, Soccer, Golf, Cooking, Photography, Baton Twirling, Piano, Guitar, Acting, Ballet, Line Dancing, Salsa and more! Are you looking for a summer activity for your children or yourself? Check out the Summer Day Camp, Sports Camp, The Zone, The Pit, Swim Program, Museum events, Library Summer Reading Program and Fun n' Play Playgrounds. Representatives will be available to answer your questions or provide more information for all. No registration necessary. For more information please call 626.574.5113 or go on-line to the City of Arcadia's website: [www.ci.arcadia.ca.us](http://www.ci.arcadia.ca.us).

## Arcadia Police Blotter

For the period of Sunday, April 14<sup>th</sup>, through Saturday, April 20<sup>th</sup>, the Police Department responded to 1,127 calls for service of which 104 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 14:

1. At about 8:50 a.m., an officer made consensual contact with a subject in the area of Walnut Avenue and El Monte Avenue. The officer discovered the subject was under the influence of a controlled substance. The 19-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

2. Around 2:00 p.m., an officer responded to Hollister at the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a theft report. A juvenile concealed merchandise inside his pants and a used shopping bag, and exited the store without making payment. The 15-year-old Black male was arrested, transported to the Arcadia City Jail for booking, and later released to his guardian.

Monday, April 15:

3. At roughly 7:40 a.m., an officer responded to Arcadia Montessori School, 1406 South Santa Anita Avenue, in regards to a burglary investigation. Unknown suspect(s) forced entry through a window, ransacked the location, and fled undetected. A backpack containing first aid items was discovered missing. No one reported seeing or hearing anything suspicious.

4. At approximately 9:24 a.m., an officer was dispatched to Arcadia Continuation School, 150 South Third Avenue, in regards to a disturbance. Two 19-year-old male suspects followed a student onto the school grounds and into a classroom as they shouted gang-related comments. A physical altercation ensued during which one suspect removed a knife from his pocket and brandished it toward the victim who sustained a small cut to his hand as he attempted to grab the knife away. The suspects fled the scene; however, one suspect's identity is known and the other can be recognized if seen again. Further investigation is being conducted by the Detective Bureau.

Tuesday, April 16:

5. Shortly after 9:45 p.m., an officer was dispatched to the 1800 block of South First Avenue in regards to an alarm sounding at the location. An investigation revealed unknown suspect(s) forced entry into the detached garage by an unknown means and fled once the alarm activated. No property was reported missing.

Two neighbors reported seeing two unknown subjects casing the residence on bicycle in the morning and afternoon of April 15<sup>th</sup>. Subject one is described as a White male in his late twenties to early thirties, approximately 6' tall, with light brown hair, and riding a black mountain bike. Subject two is described as a Hispanic male, mid to late twenties, approximately 5'8" tall, 150 lbs., with long black hair, wearing a black hooded sweatshirt and dark colored pants, and riding a small BMX type bicycle. Subject one was photographed by a neighbor using his cell phone.

6. Around 9:50 p.m., officers were dispatched to the rear parking lot of Go-Go Liquor, 914 West Duarte Road, in regards to a disturbance. Officers discovered two male subjects loitering in the area, drunk, and unable to care for themselves. The 28 and 64-year-old Hispanic males were arrested and transported to the Arcadia City Jail for booking.

Wednesday, April 17:

7. At about 2:30 p.m., an officer responded to the office building parking garage located at 411 East Huntington Drive regarding a vehicle theft report. Unknown suspect(s) forced entry through the passenger door and fled undetected with the victim's registration copy and spare key to another vehicle – a Porsche Cayenne. The victim recalled seeing a suspicious Hispanic male subject in the parking lot that morning, but parked his car and proceeded to go to work. The subject was sitting in an older model silver Acura. No evidence was located.

The victim learned his Porsche was stolen from his residence in Temple City. He was advised to file a separate report with the Temple City Sheriff's Department.

8. At roughly 7:00 p.m., an officer was dispatched to Victoria's Secret at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft that had just occurred. Three Black female suspects in their early twenties selected multiple perfumes and carried them out of the store without making payment. The suspects fled the parking lot in a black Lexus GS300. The license plate was recorded. Further investigation is being conducted by the Detective Bureau.

Thursday, April 18:

9. At approximately 6:53 a.m., an officer conducted a traffic stop in the area of Foothill Boulevard and Baldwin Avenue after observing the driver talking on his cell phone. The officer discovered the driver was never issued a license. The 31-year-old Hispanic male was cited, released in the field, and his vehicle was impounded.

10. Around 6:43 p.m., an officer responded to the 400 block of Ilene Drive regarding a residential burglary report. Unknown suspect(s) forced entry through a window, ransacked the residence, and fled undetected with a 42" television and iPad. No one reported seeing or hearing anything suspicious.

Friday, April 19:

11. Roughly after 2:00 a.m., an officer conducted a traffic stop on a vehicle for speeding and lane swerving in the area of Baldwin Avenue and Huntington Drive. An investigation revealed the 30-year-old White male driver was under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

12. At about 7:26 p.m., an officer responded to Motel 6, 225 Colorado Place, in reference to a disturbance in the parking lot. An argument between a boyfriend and his girlfriend led to a physical altercation in which the male subject punched the female subject in the face. The 27-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Saturday, April 20:

13. Shortly after 12:50 p.m., an officer was dispatched to a traffic collision on Duarte Road, west of Baldwin Avenue. As party-one stopped for pedestrians crossing the street, party-two was unable to stop in time and collided into the rear of party-one. No injuries were reported.

14. At approximately 10:24 p.m., an officer conducted follow-up at a residence in the 2400 block of Doolittle Avenue. Earlier in the day, the officer advised the resident to clean up his yard sale due to operating without a City permit. When the officer returned, the resident had made no attempt to end the yard sale and was actively trying to sell items. The 26-year-old male of unknown race was arrested and transported to the Arcadia City Jail for booking.

**Your Ad Could Be Here!**  
**Call Patricia at 626-818-2698 Today!**



# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## MONROVIA THANKS ALL OF THE FIRST RESPONDERS, NEIGHBORS, VOLUNTEERS AND COOPERATING AGENCIES FOR THE EFFORTS IN THE MADISON FIRE!

The Madison Fire began on April 20, 2013 at 11:15 as a 1.5 acre brush fire, that quickly grew to cover 125 acres and evacuated over 400 Monrovia hillside homes over the weekend.

At its peak, as many as 220 fire fighters, 65 engines, 6 handcrews, 2 dozers and air support (two tankers and five helicopters) responded to the fire.

Dozens of cooperating agencies, volunteers, and first responders came out to assist the Monrovia Fire Department and Police Department to secure our neighborhoods and ensure



no structures were damaged and no citizens were injured during the Madison fire.

The City of Monrovia would like to thank all of our mutual aid responders!

On Wednesday, 30 volunteer fire cadets from Rio Hondo College (shown above) came to Monrovia to remove all of the fire hose that was spread out over the 2 mile perimeter. These eager young cadets removed 23,600 feet of fire hose from very steep terrain- all as volunteers.

This is what 23,600 feet of fire hose looks like...

Thank you again to the Monrovia Fire Department and all who assisted with the Madison Fire!

You can thank the Fire Department in person at the annual Fire Department Pancake Breakfast

May 11, 2013, 7-11am  
Station 101, 141 E Lemon Avenue, Monrovia, CA  
Kids under 3 eat free!  
\$5 tickets- all proceeds to go benefit local charities

Do you have young ones inspired to become a Fire fighter? Join in the Junior Firefighter Challenge on May 11 at the Pancake Breakfast for kids 2-12 years old. Learn how to drag, roll and bundle a fire hose, hook the hose to the hydrant nozzle, let air out of a burning roof, carry a ladder.

## Monrovia Police Blotter

Highlighted Activity for the Weekdays of April 22-24, 2013

During the last seven-day period, the Police Department handled 434 service events, resulting in 84 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

**Residential Burglary**  
April 22 at 10:21 p.m., a residential burglary was reported in the 200 block of Poinsettia. The victim left for work at about 8:00 a.m. When she returned home at 10:00 p.m., she found a rear window open. She went to the police station and reported it. Officers were dispatched to the location and cleared the home. No suspects were located. Unknown suspect(s) entered the home and took jewelry and other miscellaneous property. Investigation continuing.

**Warrant - Suspect Arrested**  
April 23 at 1:07 p.m., an officer on patrol stopped a subject on a bicycle in the 400 block of West Duarte Road for a vehicle code violation. A computer check on the subject revealed the he had an outstanding warrant for his arrest. The subject was arrested and taken into custody.

**Vehicle Burglary**  
April 23 at 2:05 p.m., a vehicle burglary was reported at a hotel in the 900 block of West Huntington. The vehicle was broken into between 8:00 p.m. the previous night and 8:00 a.m. that morning. The third row seat was stolen from the vehicle. There was no sign of forced entry on the locked vehicle. The investigation is continuing.

**Burglary - Suspect Arrested**  
April 24 at 4:53 p.m., police were dispatched to the 700 block of Anita regarding a burglary that had just occurred. The victim walked outside and saw a 30-year-old, male Hispanic subject inside his vehicle. The vehicle was parked inside his attached garage and was unlocked. The victim yelled at the suspect, who ran from the house. The home owner chased the suspect as the police were called, but he lost sight of him. Police apprehended the suspect at Mayflower and Diamond. The suspect was positively identified by the victim and was arrested for burglary. The suspect had an outstanding no-bail warrant for drugs and burglary.

## CAJSA LARSSON IS THE OLDER AMERICAN OF THE YEAR!

Cajsa Larsson received the 2013 Monrovia Older American of the Year Award at the Senior Spring Recognition Luncheon, held on Thursday, April 18, at the Community Center. Mrs. Larsson's volunteer efforts totaled more than 7,500 hours in Canyon Park including trail and facility maintenance, park programming, and removal of invasive plants. The Monrovia City Council will proclaim May as Older American Month, at the Tuesday, May 7, City Council meeting and will recognize Mrs. Larsson for her volunteer contributions to the City of Monrovia.

## FRIENDS OF THE MONROVIA PUBLIC LIBRARY SPRING SALE- MONROVIA

Friends of the Monrovia Public Library announce the Friends Spring Sale, on Friday, May 17 and Saturday May 18. The sale is open to the public in both Library Park and the Library Community Room at these times: Friday from noon to 5 p.m. and Saturday from noon to 5 p.m., with our famous \$2.00 a Bag Sale Saturday 3-5 p.m. 100% of the proceeds benefit the Monrovia Public Library. Our volunteers operate the only book store in Monrovia. On May 17-18 more than 5,000 books will be available for purchase - 90% of them are donations from the public. Prices for regular books and media range from 25¢ to \$2. While book sellers are welcome, scanners are not permitted.

The Friends of the Monrovia Public Library promote the Library by stimulating a greater use and appreciation of the literary, educational, and cultural advantages the library offers throughout the community.

Monrovia Public Library 321 South Myrtle Avenue, Monrovia, CA 91016. For more information, call (626) 932-5555, Ext. 3124 or visit [www.friendsofmonroviapubliclibrary.org](http://www.friendsofmonroviapubliclibrary.org)

## AN EARTHQUAKE IN MONROVIA?

By Joan Schmidt

What would happen if a major earthquake caused a three story structure to collapse leaving many injured, or if a broken reservoir caused flooding in Monrovia? Monrovia's, your city is prepared!

Recently, the City of Monrovia staged two drills to prepare the city for a real disaster. I attended the annual drill at Monrovia's Fire Station 2 on South Myrtle Avenue. This drill utilized the Urban Search and Rescue Team of Monrovia and Arcadia Fire Departments. There was representation from Los Angeles County Fire Department, Schaeffer's Ambulance Service, and many volunteer members of the CERT (Community Emergency Response Team). Behind the station is a three-story structure that is used for rescue and firefighting training and drills. The scenario was that an earthquake occurred and within the structure, were collapsed floors. When I arrived, there were response vehicles, and firefighters were making a wooden frame. Monrovia Fire Chief Donovan explained to me the first order of business was to secure the building - that is why the small door frame was placed inside the existing door frame. A collage was set up-red, yellow, green and black tarps were set on the ground. The red is for victims in danger needing immediate emergency care, yellow is next and green is for those with less serious injury. The black tarp was to the side of a response vehicle-also out of sight-as it was for fatalities.

Soon after my arrival and the door on the three story building being secured, two victims ran outside in pain, waving their hands-they had trouble seeing. (The make-up on these "victims" was realistic and gruesome!) Volunteers from Monrovia's C.E.R.T. (Community Response Team) were on hand to assist. They learned victims' identities and made sure there were "ID cards" on each one in case they lost consciousness. They also were assisting in treating victims. (These CERT members are *invaluable* in emergencies. They have special training. They can utilize utilities and put out small fires; do emergency first aid- opening airways, controlling bleeding, and treating for shock; provide basic medical aid; search for and rescue victims safely; and organize themselves and spontaneous volunteers to be effective.)

As I watched the firefighters go in the building and bring out more victims, I learned that none of the participants had any idea of what to find in the building. (Chief Donovan said that in a real emergency, no one is warned of what to expect and that this drill was as it would be in a real life situation.) Firefighters also entered the building with stretchers for those badly injured. It was reassuring to see how well the firefighters and CERT volunteers worked together. I learned that nearly 70 people/ volunteers participated in the day's events.

At the same time of the "Earthquake Structure Collapse" on South Myrtle Avenue, there was a drill at the city's Emergency Operations Center on Lime Avenue. The EOC serves as the central communication hub during a major disaster, and the "drill" was responding to a damaged reservoir to the point where it was gushing water and impacting homes!

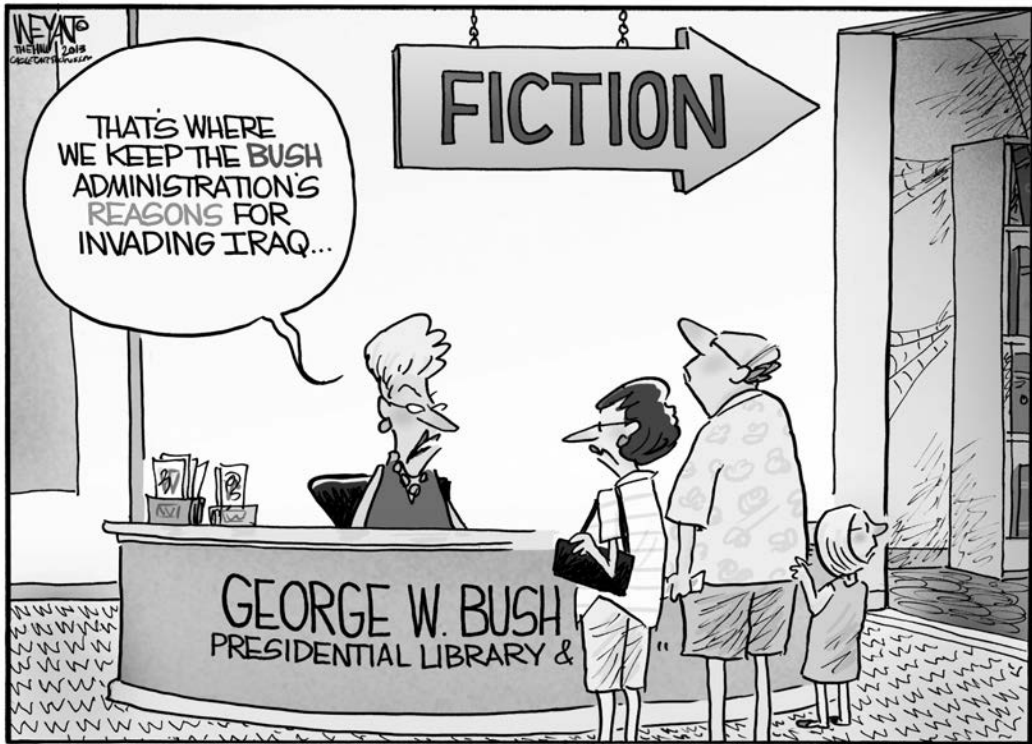
I would like to thank the City of Monrovia for allowing me to see firsthand how well prepared they are for a natural disaster or any major catastrophe. It was very reassuring to see the joint Urban Search and Rescue Team to work so well with Schaeffer and members of CERT. (After the terrible wind storms last year, CERT volunteers also assisted. For info about CERT, please call 626-256-8144.)

Residents of Monrovia, you have a fine Fire Department and City leaders who have prepared for unforeseen emergencies.



## Monrovia Sunday Morning Farmers' Market

That's right- it's back! From 10am - 2pm on Myrtle Avenue, shop for fresh produce at the Sunday morning Farmers' Market in Old Town Monrovia.



if you  
**SEE**  
something  
**SAY**  
something™

**NTAS: National Terrorism Advisory System**  
[www.DHS.gov/alerts](http://www.DHS.gov/alerts)

**Report suspicious activity**  
to local law enforcement or  
call 9-1-1 in case of emergency.



## PUSD SCHOOLS RECEIVE STATE, NATIONAL RECOGNITION

Pasadena, CA – Pasadena Unified School District (PUSD) schools have been honored by The Washington Post, U.S. News & World Report and California Business for Education Excellence (CBEE) for their academic achievement, efforts to close the achievement gap and offering a challenging educational experience.

The Washington Post named Marshall Fundamental Secondary School, John Muir High School and Pasadena High School to its 2013 list of America's Most Challenging High Schools. Marshall Fundamental was also ranked as the most challenging public school in the San Gabriel Valley and the 315th most challenging school in the nation. The methodology The Washington Post uses to determine school rankings is "to take the total number of Advanced Placement, International Baccalaureate and Advanced International Certificate of Education tests given at a school each year and divide by the number of seniors who graduated in May or June." Visit [www.washingtonpost.com/local/highschoolchallenge/](http://www.washingtonpost.com/local/highschoolchallenge/) to see the complete list.

Don Benito Fundamental School, Hamilton Elementary School, Sierra Madre Elementary School and Marshall Fundamental School were named to the 2012 CBEE Honor Roll. CBEE claims that "the CBEE Honor Roll is the only school recognition program in the state using only student achievement outcomes as the criteria and is a growing resource for all schools to learn about best practices that increase student achievement." Don Benito, Hamilton and Marshall were recognized for their work in closing the achievement gap and Hamilton was also recognized for higher performance in math and science. See the entire CBEE Honor Role at [new.cbef.org/programs](http://new.cbef.org/programs).

U.S. News & World Report awarded silver medals to Marshall Fundamental School and Pasadena High School as part of their 2013 Best High School rankings. According to the publication, "a three-step process determined the Best High Schools. The first two steps ensured that the schools serve all of their students well, using performance on state proficiency tests as the benchmarks. For those schools that made it past the

first two steps, a third step assessed the degree to which schools prepare students for college-level work." The complete national rankings are available at [www.usnews.com/education](http://www.usnews.com/education).

"I am proud of the hard work that the students and staff accomplished at these schools to be recognized by such prestigious organizations," said PUSD Superintendent Jon R. Gundry. "What is notable is that many of these schools were awarded before. Rather than rest on their laurels, they have continued to improve and make the district proud. As high rigor classes and programs spread across the district, I expect to see more PUSD schools named to these nationally recognized lists."

In the 2013-2014 school year, all PUSD middle school students will be able to access challenging Honors level courses in English language arts and math. Additionally, every PUSD comprehensive high school offers Advanced Placement classes and a multitude of courses that are recognized by the University of California as requirements for admission.

## PARENTS AS LEADERS SEMINAR IS MONDAY, APRIL 29

**Interactive Workshop on Building Communication and Collaboration Leadership Skills**

PASADENA, CA – Pasadena Unified School District (PUSD) parents who are interested in serving in leadership positions to make a difference in PUSD schools are invited to attend "Parents as Leaders 2," a seminar for current and prospective parent leaders Monday, April 29 from 6 p.m. – 8:30 p.m. in the McKinley School library. The seminar focuses on building communication and collaboration skills to work effectively with diverse groups and parents. Led by expert leadership facilitator Diane Burbie, the seminar will be highly interactive.

This is the second session of the three part Parents as Leaders series offered this spring to build family engagement in PUSD. It is a partnership between PUSD and the Pasadena Education Network, an independent non-profit parent organization that helps families explore, evaluate and engage with public schools by connecting parents with facts, tools, schools, resources, and other parents.

Admission is free. Spanish translation and childcare (for school-age children only) will be provided. For advance registration, please contact the PUSD Welcome Center at 626-396-3600 ext. 88340 or email [berberian.suzanne@pusd.us](mailto:berberian.suzanne@pusd.us).

Parents as Leaders Seminar 2-  
Communication and Collaboration Skills

Monday, April 29, 2013

6 p.m. Dinner and Registration  
6:30 p.m. Program Begins  
8:30 p.m. Program Concludes

McKinley School Library  
225 South Oak Knoll Avenue, Pasadena

## DUARTE UNIFIED SCHOOL DISTRICT RECOGNIZED BY CALIFORNIA BUSINESS COMMUNITY FOR HIGH STUDENT ACADEMIC ACHIEVEMENT AND CLOSING ACHIEVEMENT GAPS

*Schools Selected by California Business for Education Excellence for Prestigious Honor Roll*

(Duarte, CA) –Duarte Unified School District announced today that Beardslee Elementary and Royal Oaks Elementary have been selected by California Business for Education Excellence (CBEE) as two of 2,108 public schools in California to receive the title of 2012 Honor Roll school.

Schools receiving this distinction from the California business community have demonstrated consistent high levels of student academic achievement, improvement in achievement levels over time and reduction in achievement gaps among student populations. For high schools, the Honor Roll recognition also includes measures of college readiness. The CBEE Honor Roll is comprised of "Star Schools" Award (871 schools) and "Scholar Schools" Award (1,237) schools. CBEE Star Schools are those with significant populations of socio-economically disadvantaged students that have shown a significant increase in grade-level proficiency over time. CBEE Scholar Schools are schools that are showing significant levels of academic achievement, but do not have a significant socio-economically disadvantaged student population. "It is an honor to be recognized by California's business community, and we are proud

that Beardslee and Royal Oaks have been selected as Honor Roll schools," said Dr. Terry Nichols, district superintendent. "Through the collaborative effort s of our faculty, staff, administration and parents, all Duarte Unified Schools work to deliver a first class education that is engaging and adapted to the passions of our students. By incorporating high expectations and quality instruction, we are making record gains in student academic achievement." "We have schools throughout the state that are getting it right for all students and this should not be a secret," said Greg Jones, CBEE Chairman and past member of the California State Board of Education. "To ensure more of our schools succeed, we must change the conversation from being about fixing failing schools to one that focuses on replicating the success of schools like those on the Honor Roll."

Over time, CBEE has identified a common set of success factors in higher performing Honor Roll schools and districts. These include high expectations for all students; ongoing collaboration among teachers to improve practice; targeted use of data to pinpoint challenges and monitor progress; continual intervention for struggling students; and mastery of content knowledge and pedagogical practices. "Honor Roll schools are overcoming challenges and obstacles every day for all students and are especially succeeding with kids who have been historically underserved. Our goal is to highlight their results, and provide a voice to these outstanding educators so that their success can be emulated in other places," said Jim Lanich, CBEE president. The Honor Roll list grew from 261 schools in 2005 to the current 2,108 for 2012. A full list of the Honor Roll schools can be found at: [www.cbef.org](http://www.cbef.org) The annual Honor Roll award is made possible with support from numerous businesses and organizations including State Farm, Macy's, Edison International, Wells Fargo, Southern California Auto Club, Enterprise Rent-A-Car, the California Business Roundtable, and several private foundations. Chevron Corporation provided specific support in the creation of the STEM Honor Roll.

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenebuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)  
website: [www.bcsllions.org](http://www.bcsllions.org)

### Clairbourn School

8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

### Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](http://preschool@foothilloaksacademy.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins  
626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Gilbert Barraza  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

### MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviaschools.net](http://www.monroviaschools.net)

### DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

## THE REEL DEAL: by Ben Show

### OBLIVION



This is an amazingly strange movie. It blends the best of Wall-E, Prometheus, and Halo, blending it seamlessly into the gorgeous world and an ingenious plot line that is Oblivion.

After the war on Earth with the Scavengers (referred to as Scavs), which destroyed Earth, Jack Harper (Tom Cruise) and Victoria (Andrea Riseborough) are left behind to help with the filtering of seawater. After the war, they all went under a mandatory memory wipe, leaving humanity with a clean slate. However, when a strange object crashes and the human crew are killed off by a rogue probe, Jack begins to question everything, even Sally, their boss who lives in a giant space station.

Oblivion shocked me. Before going, I had heard mixed reviews, that it started slowly, which it did, and that it wasn't that great. I disagree with all of these review. For all true fans of sci-fi, this is a must see, but for general moviegoers, I would recommend it if you have a tolerance for slow beginnings (like Cloud Atlas). The payoff at the end of the movie, however, is well worth the wait.

## SIERRA MADRE ROSE FLOAT ASSOCIATION SCHOLARSHIP OPPORTUNITY

The Sierra Madre Rose Float Association is proud to announce its annual scholarship competition. To qualify, applicants must actively participated in one or more Sierra Madre Rose Float activity (such as fundraising, design, construction, flower-ing or as a past or present float rider) and must currently be a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.

For more information and to download an application form, please visit our website at: <http://www.smrosefloat.org/scholarship>.

All applications must be received by May 3, 2013.

## OPEN HOUSE

SUNDAY, APRIL 28, 1:00 to 4:00 pm



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[katieo@podley.com](mailto:katieo@podley.com)

**JUDY WEBB-MARTIN**  
C 626.688.2273 P 626.507.3028  
[judywm@podley.com](mailto:judywm@podley.com)



## GREECE IN A NUTSHELL!!

Thomas Wolfe wrote a book titled 'You Can't Go Home Again' but throughout the years there have been different variations of that familiar title. Ah but this man lived in an era that didn't include airbuses now did he? It has been some 40 years that I departed Greek Soil. I recently returned to Greece and am excited to share my experience with you. If it is history that you seek, there is plenty of that to enjoy, if you are looking for relaxation then this your spot, how about superior cuisine? I will attest that the worst meal of the trip wasn't really all that bad. Yes, Greece has something for everyone.

**Getting There:** It's a long flight, with choices of airlines and layovers in Toronto, Washington and New York. We traveled on Air Canada and had a layover in Toronto. As a beer drinker, a few Molson's at the airport restaurant helped make the time go by fast. One warning though, if you are using dollars they will give you back Canadian currency, so my suggestion is to use your credit card. Unless you want to have a couple of dollars as a keepsake.

Once you make it to Athens, you'll have the choice of a taxi, renting a car, or if you are on a tour like we were then someone will greet you at the terminal. My suggestion is that if this is your first trip a taxi or hotel shuttle would be prudent. However, if you are on the islands, renting a car is safe and easy.

**Where to stay:** In Athens there is a list of five star, four star and three star hotels. We stayed at the Metropolitan just outside of Athens, and while the hotel was clean and a great view of the port, I wouldn't say it was five star. But I liked that it had a view and was away from downtown Athens that is congested and a bit dirty with graffiti and scooters everywhere. Once in Santorini and Mykonos, the accommodations are very nice, in fact while our hotel in Santorini *El Greco*, wasn't on the beach it reminded me of staying in a storybook village: very upscale and with four different pools. In Mykonos there are many small/boutique hotels very close to the beach, while our accommodations were close to being cramped, I will call it cozy.



**To tour or not:** If you have traveled to Athens or any other surrounding Islands before, I don't see any need to sign up for a tour. We did and I am glad we did, but it was the consensus of our group that if any of us were to return, that you could easily do it on your own. We agreed that once if you have seen the ruins and the stadium, that none of us would spend much time in Athens.

**Getting Around:** Big difference in getting around in Athens and getting around in Greece. First of all it's much hotter in Athens then it is in the islands, and as I mention in when to go July and August have is severe heat. My mother to this day reminds me of the 100+ day in July when I was born on a US Army base. The buses in Athens are usually filled with locals and would opt for taking a taxi or even the tram. On the Islands I do recommend the buses, many of them are new, air-conditioned and dependable, a bus ride is about \$1.40 euro. On the islands you can rent a scooter by the day, it looks fun, but I was warned that many a kid has seen the hospital by crashing into the wall on a narrow road. Getting from island to island is done by Ferry, a boat that costs about \$45 euro. There are airplanes that do fly from the Athens Airport to Santorini/Mykonos, and when I return I will take advantage of them, but for your first visit it adds to the fun of the trip. Bring a book or a crossword puzzle. If you aren't on a guided tour tickets can easily be purchased at the port.

**When to go:** Athens is hot, I mean temperature hot, in fact many workers and vendors take off August to visit friends and families elsewhere. If you are there to relax and get a tan, then by all means July would be OK, however just visiting the Acropolis in June we were overheated and water was our best friend, I couldn't imagine a July tour of Athens. My suggestion is early June or late September.

**Dollar v. Euro:** Those looking for bargains, we found that even though Greece is in a financial crisis, they haven't put out the distress flag yet, when shopping you can always ask for the best price. I was warned that dinners can easily run \$60 euro, while I did see that price tag, it was very few and in between. I did notice that the restaurants closest to the water were pricier. A tip is to go to supermarkets, not the markets and buy beer, water and fruit and have it in your hotel refrigerator. The fruit there is some of the best I've had. The beer and sodas at the hotel can be twice or three times as much as getting them at the market or a Kiosk.

**Dining in Greece:** Originally I was going to give a few reviews of the restaurants that I visited, and after collecting business cards of places that I dined, I came up with this conclusion, where ever you go, you really can't go wrong. You want affordable dining? They have it. Want to dine on or near the beach? Yes, fish and chicken are the most popular items that we came across both in Athens and in Santorini and Mykonos. The items on the menus at each restaurant are very similar. You won't find too many steaks or burgers, yes, they are available but there are no beef cattle being raised in Greece. We enjoyed the Greek Salad and the Rocket Salad pretty much with every meal. You'll find that the Greek Salad has no lettuce, and is made up of cucumbers, olives, tomatoes and Feta Cheese. Something I found odd, the extra charges on the bill, first when they ask if you want bread, we always say yes, there is an additional charge of 2 to 3 euro. Plus sit down restaurants have a cover charge, no not the night club admission, this is a sitting charge, this charge gives you the privilege of sitting at your table for as long as you want, I think this was initiated more for the locals that like to sit for hours and conversing over cigarettes and espresso. *Note.. everyone smokes, even while they are working. One spot that did stand out in Athens, near our hotel was Restaurant Kalypso. The food was above average and the waiter even assisted us with our Greek language lessons. We returned there while waiting for our flight home.*

**Tipping:** This isn't as big of a deal that it is in the states. Workers are working for what is called a "living wage", don't ask me to explain a living wage, I am restaurant reviewer not workers rights lawyer, however you won't get the typical service that you'd expect from the waiters, it's not bad, it's "are you ready to order" your food is brought and you might not see your server again, at least until you flag them down/ and I did a lot of flagging down. My suggestion is 10 to 12 % tip. Taxi Cab drivers same thing, a couple of euro are sufficient. As with any trip leaving the chambermaid and if you are on a tour, a tip is suggested.

**Sightseeing:** The first day is full of sight seeing, visit the Acropolis, Zeus Statue, Temple of Poseidon, and the Stadium, an afternoon at the beach in Athens is also a pleasant way to end your day in Athens, a day in Athens? Yes, ! I found Athens to be hot, congested and plain dirty. If you want to see the ruins, I took a boat trip to the Island of Delos. There is a small admission charge once you get there, but you will get a sense of the history of Greece. One of the highlights of the trip was our seven-mile hike on The Santorini; we started at Fira and ended our walk in OIA, beautiful walk looking the cliffs and sights of the Volcano's and the Aegean Sea. Two other musts while we are on Mykonos we took a small boat along the shore and you have your choice of five beaches, a beach for everyone, a party beach, a topless beach, we opted for Elia, plenty of sand and chairs to enjoy a relaxing day sun bathing. Santoroni has been voted top ten sunsets in the entire world. We took the Sunset Cruise that was quite relaxing and is a must; another bonus is the boat stop briefly at one of the volcanic hot springs, hot? No, but quite warm.

**Is Greece Safe? :** Yes!! On our first day on our vacation we stayed just a few miles from downtown, it wasn't till we went to downtown did we see any police presence, you are more likely to be hit by a scooter then witness any crime that goes for the Islands of Santorini and Mykonos as well. In fact on the Islands we noticed no police at all, I mean none. I was surprised by the text messages and facebook postings asking me if I was OK? Just like Los Angeles, some areas are better then others, if you are looking for a demonstration I am sure if you wait long enough you can find one.

**Opah!!!** Pack your bags save your money and head to the Islands of Greece. The locals are waiting for you with open arms and a glass of Ouzo. Headed to Oslo in a few weeks, stay tuned. There is more!! Please listen to my radio show at it's new time Sunday afternoons at 5 PM Talk Radio KABC 790 AM, or email me at thechefknows@yahoo.com



## INGREDIENTS

- 1 (26-oz. jar) prepared creamy Alfredo Sauce
- ½ lb. angel hair pasta (dry weight)
- 1 ripe, Fresh California Avocado, peeled, seeded and diced
- 2 Tbsp. fresh lemon juice, or more to taste
- 1 lb. salmon, cooked, skinned, boned and cut into bite-sized pieces
- ½ cup black olives, sliced
- 4 oz. cauliflower florets, steamed
- 3 Tbsp. finely chopped fresh dill
- Freshly ground black pepper, to taste

## DIRECTIONS:

Heat Alfredo sauce in a large saucepan; keep warm over low heat.  
Cook pasta in salted, boiling water until done; drain. Reserve.  
Gently toss diced avocado with lemon juice; reserve.  
Gently toss cooked pasta, cooked salmon, steamed cauliflower florets, olives and reserved avocado and lemon juice mixture.  
Heat until warmed through. Add additional lemon juice if you prefer a tangier sauce.  
Garnish with dill and freshly ground pepper and serve immediately.

Serving Suggestions:  
Serve with a very lightly-dressed fresh salad.

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## SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday in fall and winter. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.



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# The Opening Ceremony of @China 2013 Chinese Food and Culture Festival



Long Beach, California - The Opening Ceremony and Banquet of @China 2013 Chinese Food and Culture Festival at California State University, Long Beach was a great success. Approximately 250 students, faculty, and community members were treated to a Bian-Lian (face-changing) performance, teapot juggling, live Chinese music and dancing, and food demonstrations by Master Chef Martin Yan and Iron Chef Tony Wu, followed by an 8-course Chinese meal.

@China 2013 Chinese Food and Culture Festival hosted by China Central Television (CCTV), California State University Long Beach (CSULB) and International Daily News. The opening ceremony included presentations and remarks by CSULB Provost and Senior Vice President Dr. Donald Para, Former State Assemblyman and newly elected Trustee of the Los Angeles Community College Board Mike Eng, Consulate-General of the People Republic of China in Los Angeles Qiu Shaofang and CCTV Representative Bai Hua.

The event, which is an activity in the @CHINA series, is intended to introduce students to Chinese food culture and local customs. The festival also featured a contest for local college students to create a promotional plan for the popular Chinese Television documentary series produced by CCTV, "A Bite of China", to an American audience.

"The goal of our festival is to improve communication and understanding between China and the United States through cultural and artistic exchange, and to have fun while doing so" said Dr. Jeet Joshee, Dean/Associate Vice President of CSULB, "This festival fits very well with our mission as a globally engaged public university".

"I am so excited to be at the 2013 Chinese Food and Culture Festival Grand Opening" said Mike Eng, former State Assemblyman and newly elected Trustee of the Los Angeles Community College Board. "My wife and I love to eat and we love to travel so this is such a wonderful event that excites all of us".



"China is a country with a rich and diverse cultural heritage, and this festival is the perfect chance for our students, faculty, and staff to learn, exchange, and maybe even collaborate with our peers in China" said Dr. Donald Para, Provost/Senior Vice President of CSULB, "Connecting with and understanding China is vital for Americans to be a part of our globalized world, and I hope that everyone will take full advantage of this festival to learn as much as possible. I encourage everyone to get involved, ask questions, and check out the art and food demonstrations that will be occurring throughout the week. Thank you so much to all who have helped bring this opportunity to our students and faculty, and please enjoy the festivities".

"As the Consul General of China in Los Angeles, my mission is to promote the mutual understanding and good relations between China and U.S." said Qiu Shaofang, Consulate-General of the People Republic of China in Los Angeles, "I always believe culture has a very important role to play in this regard".

"As one of the most influential media outlets in China, China Central Television is in a good position to showcase our fascinating culture to the American public. By showing its popular TV documentaries, @CHINA will provide an excellent platform for our American friends to better understand Chinese food, culture and more importantly, our way of life" said Qiu.

The festival presents an opportunity for three participants to win amazing prizes by developing and submitting a marketing plan for promoting A Bite of China to American audiences. Participating CSULB students and community members will learn about Chinese culture and cuisine while showcasing their creativity and marketing skills.





## Happy Tails

by Chris Leclerc



## THE HEAVENLY, HARMONIOUS HUMMER

A few days ago, while I was out walking around town with "Brown", one of my favorite canine clients and the sweetest chocolate lab you could ever hope to meet, I suddenly heard what I thought was a bumble bee buzzing near the back of my head. Mind you, I am not afraid of bees, but it was quite loud and close, startling me enough to turn around and look at what was making that buzzing sound. When I turned, I found myself eye-to-eye with a tiny hummingbird floating in the air right where a ray of sun was shining between the shade of the trees. Its brilliant iridescent wings were winding and working hard to keep it hanging there in the air at eye-level for what seemed to me like more than a minute, then it dove and flew away as quickly as it had come.

I enjoy seeing hummingbirds in our area all the time, but for some reason that close encounter with such an amazing little creature levitating in the air just a couple of feet from my face, left me feeling blessed by nature, as if it was a meeting meant to be. I couldn't help thinking to myself, "Imagine being able to fly and flit about high in the air and up into the treetops, like that tiny bird?" God's creations never cease to amaze me and hummingbirds have got to be one of the most remarkable creatures on earth.

The hummingbird's brain is larger in comparison to body size than any other bird species. Indeed, they are extremely smart and have a terrific memory, allowing them to keep tabs on the whereabouts of their favorite feeders and flowers, both far and near. They even remember when each type of their preferred flowers will have refilled and be ready for them to revisit. Amazing, yes, and good for them, but hummers are not strictly self-serving birds. They play a very important and harmonious role in nature's big picture, making them excellent team players along with all the other creatures with whom they cohabitate, including us humans. Hummingbirds are prolific pollinators, working fervently for hours moving pollen from one location to another, as long as they have access to a sufficient amount of nectar to replenish their little systems.

The three most common hummingbirds found in California are Anna's (*Calypte anna*), Black-chinned (*Archilochus alexandri*), and Allen's (*Selasphorus sasin*), with the largest population being that of Anna's. As if playing a major role in nature wasn't enough to make the heavenly, harmonious hummer a valuable asset to earth, it also adds bountiful beauty and uniquely subtle music to the backdrop of our daily lives. The adult male Anna's hummingbird boasts the most gorgeous plume of feathers, with a combination of colors that is sure to make other aviary animals in our area envious. Their iridescent glow of metallic green, rose-red and silvery-grey come to life in the sunlight, bringing a sense of awe to the on-looker. During mating season, the male Anna's hummer begins his rowdy routine of fluffing his feathers and flitting his wings in a dance designed to catch the attention of their female counterparts. I have seen this puffed-up plumage dance performed in my yard numerous times, and I always find myself completely captivated by the entire ordeal. Not to mention that it seems to be working well for them, because there are plenty of hummers in my yard all year round!

Interestingly enough, hummingbirds are not at all social, the way most bird are. They do not migrate together nor do they maintain familial relationships. In fact, the only times you might see hummers get together are during mating season and on occasions when they are forced to share a common feeder for a quick snack before buzzing off to yet another isolated destination. Hummers are very independent little beings, and yet they each seem to be very focused on what they plan to do next. Something about that particular characteristic of this amazing species really appeals to me. Maybe it's because I am a bit of a loner myself. Except for the time I love spending with my four-legged friends, I stay pretty busy taking care of what I know needs to be done and I tend to accomplish more when I work on my own. Perhaps the hummer and I have a little something in common with this regard, but I still wish I could fly and flit about quickly in the sky like they can. Meanwhile, I'll appreciate their intelligence and beauty, the subtle song they sing, and the comfort they bring by their presence, reminding me every day, that nature is still taking its course in a healthy way.

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Sierra Madre, California

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**FREE CHILDREN'S ART PROJECT FREE**  
**CREATE a DRAGON KITE**  
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SUNDAY MAY 5TH  
10:00AM TO 4:00PM  
At Sierra Madre Art Fair in Memorial Park



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WWW.CREATIVEARTSGROUP.ORG

## PET OF THE WEEK

CAMEL #A4563232

Dogs this sweet are hard to find. Meet Caramel (A4563232). Caramel is a genuinely affable two year old brown neutered male Short Haired Chihuahua who was found in La Puente and brought to the Baldwin Park Shelter on April 11th. Weighing eight pounds, little Caramel walks well on the leash and loves to be held. He is good with other dogs and we think he would be fine with calm, older children. Initially shy, he takes a little time to warm up but it is well worth it. Caramel is the perfect indoor pet for a calm household in any living situation and is ideal for a senior or retiree. To watch a video of Caramel please visit: <http://www.youtube.com/watch?v=xWa1aVZBfKM>



To meet Caramel in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Caramel, please reference his animal ID number: A4563232. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Caramel or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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SAT. 8-2  
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## HOW HEALTH INSURANCE MARKETPLACES WILL HELP EARLY RETIREES

Dear Savvy Senior:

What can you tell me about the new Obamacare health insurance exchanges that begin next year? I am interested in retiring early at age 61, but need to find some affordable health until my Medicare benefits begin at 65. Ready to Retire



Dear Ready:

The new health insurance exchanges – also known as Health Insurance Marketplaces – that begin in 2014 will be a welcome benefit to millions of Americans who need health insurance, especially uninsured baby boomers and pre-Medicare retirees who often have a difficult time finding affordable coverage.

#### How It Will Work

As part of the Affordable Care Act, starting Oct. 1 you will be able to shop and compare health insurance policies in your area, and enroll in one directly through your state's Health Insurance Marketplace website. The policies will go into effect on Jan. 1, 2014.

You'll also be happy to know that federal law dictates that Marketplace insurers cannot deny you coverage or charge you higher rates based on pre-existing health conditions, and they can't charge women more than men. But, they can charge older customers more than younger ones – up to three times more.

Every state will have a Marketplace, but each state can choose how it will operate. Seventeen states and the District of Columbia will run their own state-based Marketplace, seven states will partner with the federal government, and 26 states will offer federal Marketplaces. The differences between federal and state programs will be subtle. You will be able to access your state's Health Insurance Marketplace at [healthcare.gov](http://healthcare.gov).

The policies available through these Marketplaces will be sold by insurance companies and will provide a package of 10 essential benefits, including emergency services, hospital care, lab services, prescription drugs, doctor visits, preventive care and rehab services.

To make shopping and comparing a little easier, the health plans will be divided into four different levels – bronze, silver, gold and platinum – each offering similar benefits but with a different cost structure. The bronze plan will have the lowest monthly premiums but have highest out-of-pocket costs, while the platinum plans will have the highest premiums but the lowest deductibles and co-payments.

The Marketplaces will also offer a toll-free hotline to help you choose a plan that meets your needs and budget. These helpers aren't associated with any particular plan, and they aren't on any type of commission, so the help they give you will be completely unbiased.

#### Costs and Tax-Credits

Prices will vary depending on where you live, your age and the health plan you choose. Exact cost structures for most Marketplaces will be released within the next few months.

To help make coverage affordable, sliding scale tax-credits will be available if you earn less than 400 percent of the poverty level – that's \$45,960 for a single person and \$62,040 for couples. These tax-credit subsidies will provide immediate savings off your monthly premiums.

To find out if you qualify, or see how much a tax-credit will reduce your monthly costs, you'll need to submit a Marketplace application in October, or when you decide enroll. In the meantime, you can calculate your potential tax-credit premium savings by using the Kaiser Family Foundation calculator at [healthreform.kff.org](http://healthreform.kff.org) – click on "Interactive Features" and then scroll down to "Subsidy Calculator."

For more information on the Health Insurance Marketplaces including a checklist of things you can do now to help you choose a plan, visit [healthcare.gov/marketplace](http://healthcare.gov/marketplace).

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC *Today* show and author of "*The Savvy Senior*" book.

## PASADENA OPENS CALIFORNIA'S FIRST CITY-RUN PUBLIC DENTAL CLINIC FOR HIV-POSITIVE, ELDERLY AND OTHERS

The City of Pasadena Michael D. Antonovich Dental Clinic is a brand new, state-of-the-art facility to help improve access to oral health services for HIV-positive persons. Services will eventually be expanded to the homeless, seniors, young children and other underserved populations in Pasadena and the Greater San Gabriel Valley. The "high tech" clinic is beautiful, ready to serve the public and is "green" or paperless—all forms and X-rays are done electronically.

WHERE: City's Public Health Department 1845 N. Fair Oaks Ave. - Pasadena, CA

For more information about the City of Pasadena Michael D. Antonovich Dental Clinic, call (626) 744-6350 or go to [www.cityofpasadena.net/publichealth](http://www.cityofpasadena.net/publichealth).

## TAKE ACTION FOR CLEAN AIR!

Your health depends on clean air!

California has made tremendous advances in improving the state's air quality over the past 20 years, but more still needs to be done. **LA COUNTY FAILS THE TEST SO WE REALLY NEED TO DO MORE!**

The health of Californians continues to be at risk from dangerous pollutants we breathe everyday. You can help us in the Fight For Air by making personal changes in the way you live - even the smallest things make a big difference.

Here are 10 basic steps you can take to help California reduce pollution and contribute to cleaner, healthier air:

1. Drive one less day per week, and bike or walk as often as possible.

Cut down on driving. Try out the bus or light rail if you have one in your area. Using public transportation, walking and biking are all great ways to clean the air and get healthier through exercise. Harmful motor vehicle and other transportation emissions account for more than half of all pollution on a statewide basis.

2. Conserve energy.

Turn off lights when you leave a room and only run your dishwasher when full. Replace your light bulbs with compact fluorescent bulbs. Only use the air conditioning or heater when necessary or automatically set the thermostat to go off when you don't need it. Visit the Flex Your Power website to learn more at: <http://www.fypower.org/>

3. Ride a bike!

Biking – even just a few times a week – is not only great exercise, it's a great way to decrease air pollution! Research your city's bike routes and commit to replacing your car with your bike 1-2 times a week. Here are a few tips to help you stay safe on your bike: <http://www.dot.ca.gov/hq/tpp/offices/bike/safety.html>

4. Reduce the amount of time you idle your car. Idling for only 30 seconds uses up more fuel than restarting the engine. If you expect to idle for more than 30 seconds, turn off the engine and then restart (except in traffic, of course). Instead of idling in bank or restaurant drive-through lines, park your car and go inside. You will save fuel and prevent pollution! <http://www.consumerenergycenter.org/myths/idling.html>

5. Use a natural or propane gas grill for outdoor grilling.

This summer, cut down on outdoor grill use or use a propane or natural gas grill. The smoke a traditional barbecue grill creates adds to air pollution. If you do use a barbecue, use a metal chimney or electric probe instead of lighter fluid.

6. When washing clothes, wash in cold water.

A whopping 90 percent of the energy used by a washing machine goes to just heating the water. Washing clothes in warm or cold water will save you money and reduce your carbon dioxide emissions by 72 pounds in just one month!

7. Avoid burning wood.

Avoid use of wood burning in indoor and outdoor fireplaces. Just like tobacco smoke, wood smoke pollution is harmful to your health. Wood burning comprises 33 percent of particle pollution during the winter in some areas. Cleaner burning alternatives such as natural gas and electric fireplaces are available for the glow without the smoke!

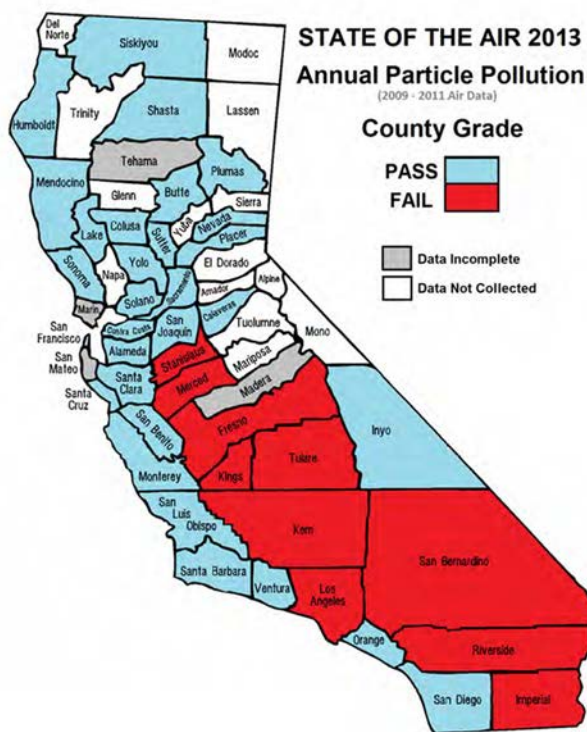
8. If buying a car, consider a cleaner and more efficient electric or hybrid-electric car or a very low emission vehicle.

Every day, Californians drive 825 million miles – emitting 5.4 million tons of pollutants daily. Choosing a cleaner car has never been easier. Every new car in California now has an Environmental Performance Label showing how clean the car is for both smog and greenhouse gases. State and federal tax credits and rebates exist to encourage cleaner car purchases. From electric cars and hybrids to very low emission gas vehicles, cleaner technologies are available now. See [www.driveclean.ca.gov](http://www.driveclean.ca.gov) for more details.

9. Purchase energy efficient appliances.

Did you know you could earn money while helping clean California's air? When you replace your old, energy draining appliances (refrigerators, washers and air conditioners) for new Energy Star products you will receive a government rebate! Visit [www.cash4appliances.org](http://www.cash4appliances.org) for more information.

10. Donate to the American Lung Association in California. The American Lung Association in California fights for your right to breathe clean air by pushing for policies to ensure a legacy of healthy air for California. We can't do it without your support!



## SENIOR HAPPENINGS

By Pat Birdsall

**FYI** – Selfishly, I'd like to use this space to thank the many wonderful people who helped me after my hip-replacement surgery, broken femur, vocal cord closure and a raging allergy! *Eric Wilhelm*, thank you for building the platform I needed to get in and out of my very high bed. *Louise Neiby*, thank you for lending me the much needed medical equipment. (Unfortunately, Louise had it on hand because after years of Fosamax use, her femur shattered in three places and she fell needing surgery). Louise also went to the market for me, picked me up from the hospital and was and was a kind and knowledgeable voice at the other end of the phone. I am blessed also to have wonderful neighbors: *Terry Barbour, Mike and Shirley Williams, Ray & Cindy Baran and Anthe & Carlos Gomez*. Between Terry and Mike, my trash cans make it out for pick-up and back again. *Cindy Baran* took me to the Huntington Hospital where she and her wee dog, *Happy* volunteer. She got me to my pre-op class and then back again the next day for surgery. She & Ray also went grocery shopping for me. Anthe & Carlos fed my cats twice a day generally looked after many things for me including a stop at In & Out. I honestly couldn't have managed at all without them. My friend, *Ken Anhalt* brought me delicious homemade soups, as did Linda Boehm. Linda also shopped for me and took me to several doctor's appointments. *Hilda Pittman* thanks too, for shopping for me and for taking me to the doctor. *Susan Henderson*, thanks for shopping for me and going with me to see my surgeon prior to surgery and for the flowers after surgery. *Ann Luke*, thank you for calling me every week to see how I'm progressing and offering to bring me meals that *John Luke* prepared. To *Jan and Roger Deibold* for making that necessary tapioca run for me. To all the people who sent cards and called, thank you! Last but certainly not least, a special thanks to *my son, Chris*, who turned out to be just what the doctor ordered! He came here from Philadelphia to spend over a week with me and was able to change his departure date after I broke my femur... Thank goodness! As many of you know, he suffers from a bone disease and was my knowledgeable and much needed "coach."

Thanks to everyone!

**HELPFUL HINT:** A frozen, saturated sponge in a plastic bag makes an icepack that won't drip all over when it melts.

## FOR YOUR FUNNY BONE

90 year old Bessie bursts into the rec room at the retirement home. She holds her clenched fist in the air and announces, "Anyone who can guess what's in my hand can have a kiss. An elderly gentleman in the back of the room shouts out, "An elephant." Bessie thinks for a minute and says, "Close enough."

## HAPPY BIRTHDAY! ... April Birthdays



Howard Rubin, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg and to my friend, **Ken Anhalt, a very special 90th birthday wish to you!**

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

## Quote of the Week:

*The greatest wealth is health ~ Virgil*



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance..626.355.0256

**Free Blood Pressure Testing:** On the 2<sup>nd</sup> Tuesday of the month 11:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

**Bingo: Every Tuesday** afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

**Free Chair Yoga:** Every **Wednesday** morning from 11:00 am-11:45 am Volunteer Teryl Willis offers this class that focuses on senior yoga techniques. It is geared toward gentle movements, breathing techniques and balance improvement. No reservations are necessary.

**Free Legal Consultation:** Pasadena attorney Geoffrey Chin volunteers on the 2<sup>nd</sup> **Wednesday** of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. **\*Appointments are a must!** Please call: 626.355.7394 to make yours\* *Conflicting court schedules can occasionally cause cancellations.*

**Free Income Tax Assistance: Wednesdays through April 10<sup>th</sup> from 1:00 pm-2:00 pm. Don Brunner is available to all seniors for income tax consultation. Appointments are a must- Call (626) 355-7394 to make yours.**

**Birthday Celebrations:** The 2<sup>nd</sup> **Thursday** of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "**celebration.**" (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

**Game Day: Every Thursday** at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

**Free Strength Training Class: Every Friday** from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers. (Gossip included)

**Senior Citizens Club:** Every **Saturday** at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card... For more information call Pat Birdsall at 626.355.7290.

**Lunch & Learn: Wednesday, April 24, 2013- 12:15 – 1:15**

Topic: Collecting, Cluttering, Hoarding. The items that gather, as we age, often mean more than just the objects alone could to anyone else. These objects represent memories, travels, friends, love and more. Join the Los Angeles County Department of Mental Health (LACDMH) as they provide an informative presentation on hoarding. LACDMH staff will distinguish between collecting, cluttering and hoarding, and emphasize the need for treatment for those who have a significant problem.



## UPCOMING EXCURSIONS:

**Palm Springs Follies Palm Springs, California**  
**Date: Thursday, April 25, 2013 Time: 8:30 am-6:00 pm**  
**Meeting Location:** Hart Park House Senior Center  
**Cost:** \$63.00 (does not include lunch)

Upon arrival in Palm Springs participants can shop and lunch at nearby stores and restaurants all within walking distance of the theater. The Palm Springs Follies is a Broadway-caliber celebration of the music, dance and comedy of the 40s, 50s, and 60s with a cast old enough to have lived it! The performance begins at 1:30 pm and is approximately 2 1/2 hours in length. Excursion price includes transportation, driver's tip and a ticket to the Follies. Participants are asked to bring additional money for shopping and lunch. Some walking is involved.

**California Science Center Los Angeles, Ca.**  
**Date: Friday, May 17, 2013 Time: 9:30 am- 3:30 pm**  
**Meeting Location: Hart Park House Senior Center**  
**Cost: \$16.00 (Does not include lunch)**

Join us on a visit to the California Science Center, the west coast's largest hands-on science center! The trip will include a tour of the Space Shuttle Endeavor exhibit, which showcases images and artifacts that relate to the shuttle program in California where the orbiters were built. After the tour enjoy the IMAX presentation "The Blue Planet," which features footage taken by crews during five space shuttle missions. In between the tour and IMAX presentation participants will have the chance to lunch as well as an opportunity to visit the rest of the Science Center. Participants may bring their own lunch or purchase lunch at the Science Center Café.

## Save the Dates!

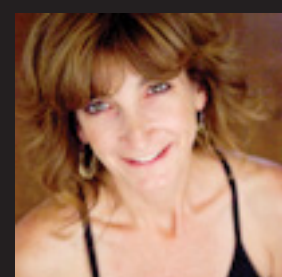
**Friday, June 28, 2013- Museum of Contemporary Art (MOCA)**  
**Friday, July 12, 2013- Pageant of the Masters (evening excursion)**

**\*Registering for Excursions** can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation.

**Senior Movie Program: FREE** movies are shown on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month. The films, one contemporary and one vintage, are chosen by the seniors themselves. **April's selections:**

**Start time: 1:00 PM in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., SM**





## HOW CAN YOGA HELP

### GOT AN INJURY?

Cranky knee or wrist? Weak core or low back? Neck stiffness? Tight hamstrings or frozen shoulder? Headaches, sore back, bum ankle, carpal tunnel, sciatica, hip pain, arthritis, extra weight? Who do you listen to? Doctor? Physical Therapist? Chiropractor? Yoga Instructor?

These days we are in charge of our own care. We are in charge of finding the right help. It can be very confusing. What if the pain does not go away no matter what we do? How do we live with it and still thrive?

I cannot speak for all yoga teachers. But here is the general philosophy: In yoga we are here to learn about our own bodies. We are here to learn what makes us feel better and what makes us feel worse. We are here to pay attention. The practice of yoga is to help you learn to be your own teacher. Your instructor is there to help you learn more about yourself and how to care for yourself in order to do that.

Let's get the back strong, let's get more movement in the hips, let's strengthen the hips and knees to carry us forward in our old age. Let's get to know our backs and how to manage them so we can be happy everyday.

Yes, we want to know what to do everyday so we can be *free*. Some day I will just start putting out testimonials so you really believe me.

Yoga Therapy is designed to get you in the right place to heal, on your own. It is so very empowering. What are you waiting for? Namasté, René

**COME SEE WHAT'S NEW IN TOWN AND GET A FREE YOGA CLASS IN OUR NEW LOCATION**  
**16 W. SIERRA MADRE BLVD**  
**UPSTAIRS, ENTER FROM BACK OF BUILDING**  
**CHECK ONLINE FOR CLASS TIMES & DIRECTIONS**

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**626 355 2010**

**Yoga Studio and Wellness Center**  
 Yoga Classes for all ages and all levels  
 Private Yoga Classes • Structural Yoga  
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 16 W. Sierra Madre Blvd, Sierra Madre, CA 91024

## LIVING TRU by Lori Koop

*Our life's work often involves the solutions we have found for ourselves.*



I didn't know I was creative. I just knew what I loved to do. I used my mind in the ways I was comfortable with: ever inventing, imagining, dreaming. But I did not know why, or for what. I did not have that person who was able to speak clearly into my natural behaviors and help me understand what creativity was. I entered college with this lack of awareness. And I let others decide my career for me.

Well, as you might imagine, my Business Degree in Accounting did not provide the kind of stimulation my brain craved. Even with my love of numbers. What I *did* love was business, the Creative Part (now I know). I would create business names, logos and marketing ideas. I dreamed of starting new businesses and selling them. Businesses I did not know about, so I could live in the land of learning. If I had only seen the clues. But even though one cannot go back, there are no mistakes. It was the way I was meant to travel. And it led me to this work, which is truly my life's work.

I help some clients find their uniqueness and their ideal business. There is no need to search alone. I help other clients start dream businesses. There is no need to act alone. I help still others become more profitable. There is no need to suffer alone. A Right Brain Business Coach is a unique brand of coach. As a matter of fact, I don't know of any other. I combine a Business degree, a Fine Art degree from Art Center, and a Life Coach Certification from Oprah's Dr. Martha Beck to uncover creative solutions to individual needs. There is no one-size-fits-all: why would two businesses be the same when no two owners are the same? That's what separates them from the crowd. It's their advantage. Personal Uniqueness + Personal Expression = Brand. And it is the thing you need to thrive!

I provide support, guidance and know-how. This work is about finding your True Self and the life you were created to do. If you are ready to find clear direction and step out with confidence, let me encourage you. If you would like some help, feel free to call and set up a complimentary coaching session. If I'm not the right coach, I'll help you find the right one. My deepest wish is that you would find and do that thing that makes your heart sing.

Last August, I joined independent business owner Tanya Edmonds at *The Center for Wellbeing*. In Tanya's words: "My vision for The Center for Wellbeing was to create a community sanctuary for wholeness, health, spiritual growth and celebrate beauty in all its forms. When Lori approached me about doing Life/Business Coaching here at the Center, it was a perfect case of serendipity. I was delighted at the prospect of adding this other dimension to services at the Center, and had it in my radar to find someone just like her. In our incredibly over-extended lives, I believe it is becoming more and more essential to seek out people who can coach and support us through our moments of indecision, transition and redirection. An integral component of what it means to be whole, healthy and fulfilled in the 21st century."

At *The Center*, I offer private, one-on-one coaching in a serene environment. Sessions are weekly, by the hour, and my rate is \$65/hr. There is also the option to work by telephone, or even on Skype. We will find a way that works best for you and your busy lifestyle! Call *The Center for Wellbeing* to schedule a complimentary session at 626-355-2443.

For those who prefer group work, I offer classes. Currently they include *The Right Brain Business Plan*, for business owners who want to develop a map. *Free to Create* is a class I offer through the Art Center at Night program. It combines teachings from *The Artist's Way* by Julia Cameron and Life Coaching tools to open creative possibilities and freedom. To be informed of new classes and dates, please join my mailing list at: [www.LORIKOOP.com](http://www.LORIKOOP.com).

Our journeys may differ, but our creative spirits unite us. We carry deep longings to do what we love and share it with the world. To make a difference! Join me weekly right here as we explore The Real you and how to live TRU.

Lori Koop

**Right Brain Business Coach** - helping people create businesses and lives they love.

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## SEAN'S SHAMELESS REVIEWS: PHOENIX

Phoenix is band that should have been popular many years ago. All their albums are great, but it wasn't until 2009 when they released, "Wolfgang Amadeus Phoenix" that they became the premier band at the time. After much success, winning a Grammy, and intensive touring, the band took a well-deserved break. Fans long awaited their follow-up to what is considered their finest record to date. Four years later, the French alternative synth-pop group is back with their fifth studio record entitled, "Bankrupt!" With the inclusion of keyboards and drum machines, their latest endeavor is pure pop bliss as they've completely strayed away from their earlier days of more alternative-rock friendly tracks. Phoenix sounds bigger than ever with "Bankrupt!" but bigger doesn't always mean better. While the songs here may never have the big hooks found on, "Wolfgang Amadeus Phoenix," there's still plenty to appreciate here. From start to finish, the ten synth-heavy tracks are cashmere soft, glossy as a new car, and smooth as frozen yogurt. However, that's what you come to expect from Phoenix. However, if one has expected everything by the time you reach the end, it kind of leaves you wondering if you were really taken by the album at all.

<b>Artist:</b>	<b>Phoenix</b>
<b>Album:</b>	<b>Bankrupt!</b>
<b>Label:</b>	<b>Glassnote</b>
<b>Release Date:</b>	<b>April 23, 2013</b>

The record kicks off in a huge away with the first single, "Entertainment." The catchiest song off the album is loud and in your face. The chorus just hits you like a freight train as it explodes with a frenzy of multi-guitar sounds and synthesizers. Following the grand opener is "The Real Thing," a somewhat slow track that never is great during some moments and boring in others. Oddly enough, the listener will be going from the fastest track off the record to the slowest. "S.O.S In Bel Air" is another all over the place track. Flashes of greatness appear but when it slows down, it completely throws the song off keel. It feels more like a prototype track that unfortunately didn't get all the kinks worked out because underneath, you realize how great this sound could have been. My favorite song is "Drakkar Noir," which kicks off the second half of the album in a very cool way. Phoenix slightly changes course a bit, while the synths are just as frenetic as ever, the paring with the vocals just work so incredibly well together. Another truly dynamite track is "Chloroform." It's a very warm track, the most sensitive song in Phoenix's collection of brand new material. Strangely so, it would have been a great closer because while it may not be the song you're dancing to this summer, it definite fits the bill while the sun sets leading to a perfect nightcap.

Keeping with this trend of all the songs in the second half out doing the first half, "Don't" is yet another true gem from Phoenix. I tend to like the songs that run a bit slower while displaying a nice and steady flow. I feel as if Phoenix really hits their stride in the second half, but is it too late for redemption for a rocky start? "Bourgeois" has indie movie soundtrack written all over it. The song fades in and fades out throughout its near five minutes and has a completely reflective vibe latching on to it. The abovementioned track is easily another winner from Phoenix. The final track belongs in the first half of the album. Sure, it's filled with kinetic energy and one that rivals "Entertainment" as the catchiest song here. As a closer, it doesn't fit the bill, one that belongs to "Don't" or "Chloroform." By the end, I felt like there's one half of a great album here. The other half, while not egregious by any means, just didn't have this wow factor I was hoping for. With the exception of "Entertainment," the first half of the album is surprisingly ordinary. This becomes a bit of a problem since I always felt Phoenix specialized in anything, but the ordinary. Luckily, the second half is quite special, but for some it may not justify the rather uninspiring first few songs.

Grade: 7.7 out of 10

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# BUSINESS NEWS & TRENDS

## BUSINESS TODAY

*The latest on Business News, Trends and Techniques*

By La Quetta M. Shamblee, MBA



### THE IMPORTANCE OF A COMMUNICATIONS PLAN

Looking for over-the-top results with increased visibility to attract more customers to make more sales? A solid communications plan for your business will set the stage for greater long-term sales success. The process entailed in developing a well-rounded communications plan helps the business owner to clarify the message and answer questions for customers in the marketplace. What do you sell? How does it benefit them, and why should they do business with you?

During the current era, it is imperative to understand the primary customer profile(s) of those who patronize your business. The days of simply placing ads in traditional media and awaiting the arrival of customers with money in hand at your door or at your online store are long gone. Putting a system of multi-tiered communications activities in place is critical to reaching and connecting with customers. With the choice of readily available social media, even the smallest of businesses can become a marketing powerhouse with the proper combination and use of these tools.

Your communications plan should be informed by the demographics of your customers. If your primary target is comprised of "baby boomers," it is important to determine if your marketing needs to be developed for those of retirement age, or the youngest set of baby boomers likely to continue working over the next three decades. The old "one size fits all" approach to reaching customer by paying for display ads and radio spots is no longer an option for entrepreneurs intent on building profitable enterprises.

If your customer base fits within a range of

demographics, it is important to identify or group them into categories that can be identified. Some examples include retired seniors 65 and older, families with younger school-aged children who attend public school, or an influx of new potential customers resulting from a newly-completed tract of townhouses. To be useful, this information must be coupled with a basic set of demographic detail about your target audience, including age range, ethnicities, gender, marital status, educational level, income level, homeowner or renter and other descriptives.

Much of this information can be gathered through observation and day-to-day interaction with your (potential) customers. A significant database of demographic information is available via the internet, starting with websites and reports posted by local cities, school districts, county governments, chambers of commerce and others that compile statistics about residents within a geographic region.

Once you have enough detail to formulate a true demographic profile of your target market, you will have the information needed to determine the modes and methods of communications most appropriate. If you're like most businesses, you will have a tiered audience that fits into several profiles. This will require a communications plan with a combination of tools and techniques, including traditional technology to create and maintain success with older seniors accustomed to traditional print advertising, snail mail and phone calls, as well as social media to establish and maintain interaction with audiences adept at using contemporary technology.

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## Tips of the Trade: Real Estate Revealed

*by Luther Tsinoglou*



### FROM "LESS" TO "YES"

The painful truth: Sellers who do not price their property competitively are the most likely targets of lowball offers. In soft markets, buyers are more prone to make low offers on listings seen to be priced too high. Listings that don't sell usually require price reductions, which in turn often mean ultimately accepting an offer lower than you could have received by pricing aggressively from Day One. Since selling your home can be such an emotional and subjective experience, it's easy to understand why you'd be reluctant to counter an offer below your asking price. But rather than feel insulted, try to see it as the beginning of a dialogue that could ultimately produce a sale.

If you feel any of the terms or conditions of the offer are unacceptable, ask your agent to present a counter-offer. Sometimes buyers and sellers don't really know beforehand what price they'll accept until they've begun the negotiations. For example, a buyer might agree to a higher price than planned if interest rates suddenly drop. If you've received a lower than expected offer, but the buyers have proven their qualifications and commitment by securing loan pre-approval, you have grounds for serious consideration. The process of counter-offering can be swiftly settled or carry on ad nauseam. Be prepared to explore all options and act quickly before letting your negotiations fail.

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 55 W. Sierra Madre Blvd., No. 302, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## NO KNOWN CURE FOR THE YAKETY-YAK SYNDROME

A few months back I was so sick I had to go see the doctor. That alone indicates the condition was rather serious. I do not like going to the doctor because you have to sit in the waiting room with sick people. I never know what contagious diseases are lurking in the shadows of that doctor's waiting room.

My condition progressed to the point where the Gracious Mistress of the Parsonage told me to go to the doctor or else. I never want to deal with her "or else." I have lived as long as I have lived and have enjoyed the health that I do have because I have not found out her "or else."

Since I do not have health insurance, every time I go to the doctor it comes out of my own pocket. Recently my pockets have not been very deep. Regardless of how shallow my pockets may be, doctors know how to penetrate to the very depths of my pockets with their special scalpel.

The result of my visit to the doctors was that I had double pneumonia and bronchitis. Simply put, I was sick. He gave me a prescription to fill and then said I should spend at least the next two weeks in bed resting.

I was in such a state of mind that it sounded like a good idea to me. Of course, I made him write it out as a prescription so I could show it to my wife so she would believe me that I'm in bed because I'm sick not because I'm trying to avoid my chores.

The first couple of days I spent in bed hardly conscious of anything around me. I am not sure if I ate during those days are not. I have no

recollection of anything conscious during those days.

By the beginning of the second week, I was strong enough to get out of bed, put on my bathrobe and get back in bed and rest. It was not long before I could actually put on the bathrobe, go out into the living room, sit down in my easy chair and watch TV.

I have never watched as much TV as I did during those several weeks of recuperation. I am not saying there is anything wrong with TV, just that there is not that much right with TV anymore. I did not know how bad TV was until I watched it for about two weeks. During this time I was too sick to read and so settled down to watching TV, that is between naps.

I would set a program and leaned back and within two winks of my left eye I was sound asleep. When I say sound asleep, I mean my sleeping was very sound, I did not know what was going on around me. Occasionally I would pierce the world of consciousness and see what was on TV. Then I would fall back into the delightful world of unconsciousness.

After a few days of this, I was able to stay in the conscious world a little bit longer and consequently I was watching TV a little bit longer. The thing I found about TV is that TV dominated by chatterboxes.

My ears were beginning to have its fill of chatter. I do not believe my ears were created to handle such a steady stream of incoherent verbiage. All day long, my ears were bombarded by noise coming from the mouths of people who had no idea what they were saying. I say that because, if they knew what they were saying and were hearing what I was hearing, I do not think

they would be saying it so people could hear.

The TV world has been taken over by a hostile terrorist group known as talk shows. Does everybody in the world have a talk show? I have never seen or heard so much talking all of my life. After all, there are only 26 letters in the alphabet, how can people come up with so many words?

The airwaves are filled with news talk shows, celebrity talk shows, cooking talk shows, sports talk shows, religious talk shows, talk shows of every variety you could think of and some you would not even think of. When I say variety, I am referring to the title of the talk show. Once you get beyond the title, everything is the same.

The only skill one needs to have for a talk show is, open your mouth and let verbiage flow uncontrollably and the more incoherent the better.

Between sneezing and blowing my nose and coughing uncontrollably, I watched some of these shows. Who in the world is watching these shows? Somebody must be. The only reason I was watching them was that I was so sick I could not do anything else. Maybe that is their audience. When I got to the place that I could read without my eyes watering too much, I read what the Bible has to say on the subject. "And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you" (1 Thessalonians 4:11 KJV).

I have come to a somber conclusion; more people talk than listen, which is why the world is in the state it is in. I call it the Yakety-Yak syndrome of which there is no known cure.

## STUART Tolchin.....On LIFE



## WHERE THE WILD THINGS SHOULD HAVE BEEN

Sometimes I realize I am missing something very important. Before I sat down to make an attempt at writing this article I put on a T-Shirt designed by the husband of my wife's niece. The shirts he designs utilize designs similar to the creations of Maurice Sendak. These designs, which are at least reminiscent of Sendak designs, demonstrate children's continuing fascination with monsters. Children and many adults love scary things. You probably do too; I don't.

Similarly, I don't have much interest in fantasy. Movies like Avatar leave me kind of cold. I lose the plot line and fall asleep. Recently I went to Universal Studios with my son and his girl friend. They love the scary rides with monsters, mayhem and screams. It all sort of bores me. I am not a fan of video games. At least I don't think I am. I've never played them and have no interest in doing so. Also movies with explosions and car crashes generally put me to sleep.

So, big deal. I generally think I have a fine, interesting life without appreciating any of this stuff but, lately, I've been wondering. I notice that I am a collector of historical information and trivia. I can name all the Presidents in chronological order and also most of the Vice-Presidents. Recently, my wife, son and I visited Chicago and toured Wrigley Field, the home of the Chicago Cubs. To the appreciation of almost no one, I recited the starting line-ups of the Chicago Cubs of 1952. I can still name all, or almost all, of the managers of major league baseball in 1952. I love reciting the names of old candies or cereals or old movies. Although this kind of thing provides me with great pleasure, even I think it's odd. How can it be possible that I am fascinated by such junk when I am disinterested in space ships, technology, and the future?

Thinking about it now I realize that I am not even very interested in nature. So many people find joy in gardening and nurturing their tomatoes. Why? I wonder. All of it to me seems like playing in the dirt and I am not a fan of getting dirty. Even playing with pets is not something I do. My wife, and just about everybody else, loves to play fetch with their dogs and teach them tricks and hear them growl. I quite honestly love my dog and friend Milo but we have

a different kind of relationship. It is not solely verbal, but almost.

As I walk around each day I imagine that I am gathering information for some very important purpose. I think my dog is doing the same thing; gathering information as he sniffs and smells to utilize at some future important time. But he does a better job than I do. I compare myself to my neighbors, who on these same morning walks notice the signs of erosion, the weather conditions, and spots particularly vulnerable to floods. I know that both my neighbors and my dog are better prepared for future catastrophes than I am.

Another thing I just thought of is how uninterested I am in other areas of life. Every morning since I could read I have read the morning newspaper; but what do I read? The Sports Page. Every day I can tell you what teams won what games yesterday. In my head I hear the deceased columnist George Will saying, "Even if the front page had a headline that read The Secret Sex Life of George Will Revealed, I would still read the Sports Pages first". The difference between George Will and me is that after he read the Sports Page he read the rest of the paper. I do not. I am not very interested in economics or celebrities or murder trials. I do like reading obituaries and stories about authors. I don't like poets though; too hard.

All right already, what is the point of this continuing dreary accounting of my own limitations? What bothers me is that people like me are generally good at going to school. We sail along basically unchallenged by things that are difficult for other people and become professionals and live pretty nice lives without giving very much back to the world. We, the memorizers of trivia, are successful students but, I believe, are permanently inhibited by our fears. There is no developed imagination to help us face the challenges of life. Instead we fill our lives with small accomplishments while taking few risks and wondering why we do not feel fulfilled. Maybe it's too late for me as another birthday reaches me this week, but I want to take on challenges. Bring on those wild things; I have not given up. I hope I can do more than just memorize names and facts and pass tests. Bring on the Maurice Sendak picture books and the poetry and even the tomatoes. Let the Lakers fail, I want to not care.

## LEFT TURN/RIGHT TURN

### HOWARD Hays



Rep. Jeff Duncan (R-SC): "We've got this guy who was there, we know he was there, he was arrested and detained at the hospital, covered with blood, he was at the scene, and yet we're going to deport him, so we're going to remove him from

the scene..." Homeland Security Secretary Janet Napolitano: "If I might, Representative, I am unaware of anyone who is being deported for national security concerns at all related to Boston; I don't know where that rumor..."

Rep. Duncan: "I'm not saying it's related to Boston, but he is being deported..." Sec. Napolitano: "No, like I said, again, I don't even think technically he was a person of interest or a suspect..." I think this is an example of why this is so important to let law enforcement do its job."

Rep. Duncan: "I want them to do their job and that's why I say, wouldn't you agree with me that it's negligent for us as an American administration to deport someone who was reportedly at the scene of the bombing and we're going to deport him, not to be able to question him anymore - is that not negligence?"

Sec. Napolitano: "I'm not going to answer that question. It's so full of misstatements and misapprehensions that it's just not worthy of an answer..." There's been so much reported on this that's been wrong that I can't even begin to tell you, Congressman. We will provide you with accurate information as it becomes available."

The above exchange took place at a congressional hearing last week on the Boston attack. Sen. Chuck Grassley (R-IA) picked up on Rep. Duncan's line of questioning with Sec. Napolitano at a Senate hearing on immigration, when he asked how the Saudi student "who reportedly was on a terrorist watch list" was able to obtain a student visa. Sec. Napolitano had to correct the Senator; "He was not on a watch list..." he was never even really a person of interest."

That 20-year-old Saudi student, himself a victim of the bombing, was never "arrested," "detained," put on a terrorist watch list or considered for deportation. What's astonishing

### As I See It

here is that our representatives in government, those we rely upon to knowledgeably lead us, are falling for fictions circulating in the conservative blogosphere; accepting as credible what they hear from the likes of Glenn Beck and "experts" appearing with Sean Hannity.

It wasn't just the wing-nuts, though, jumping ahead with speculation labeled "news". The very night of the tragedy, the New York Post announced on their website, "Investigators have a suspect - a Saudi Arabian national - in the horrific Boston Marathon bombings". The posting stated a "law enforcement source confirmed" that twelve people had died - four times the actual figure.

Also that evening, the Wall Street Journal reported, "Authorities believe they have found five additional undetonated explosive devices" - a statement later amended by a clarifying "update": "officials doubt the devices found were indeed bombs".

Two days after the bombing, CNN and others were reporting about the arrest of a "dark-skinned" individual. Wolf Blitzer was pushing reporter John King on whether the "suspect" had a foreign accent.

As ghastly as events were, there was no secret plot to allow an implicated Saudi individual to leave the country and escape justice, no indications of there being undetonated devices yet undiscovered in the streets of Boston, and so far no evidence of ties to al Qaeda or other international Jihadist organizations.

Some have described the need to fill 24/7 news cycles, and to be the first - not necessarily the most accurate. There's another factor involved, though, which explains Republicans' embrace of the most outlandish conspiratorial talking points. In his column for The Daily Beast, Michael Tomasky describes it as conservatives' "constant need to stoke fear".

As Tomasky explains, the talk of having 19-year-old Dzhokhar Tsarnaev declared an "enemy

combatant" is to stoke fear of a connection to the broader, international radical-Islamist movement. The brothers being immigrants, having come here with their families as kids, should make us fearful of proceeding too precipitously with immigration reform.

There was fear of the government coming to take away our guns, or at least creating a "registry" of owners, that led to the defeat a couple weeks ago of measures that would make it harder for potential terrorists like the Tsarnaev brothers to acquire weapons without a background check. That same Sen. Grassley, who stoked fear that someone on a terrorist watch list might be granted a student visa, is the one who four years ago stoked fear that the president's Affordable Care Act could lead to "death panels" that would "pull the plug on Grandma".

Tomasky reminds that "This is how we lived under Bush and Cheney for years. This fear is basically what enabled the Iraq War to take place." There was fear of mushroom clouds and WMD; fear of another 9/11 led to our adopting a Patriot Act though which we willingly sacrificed constitutional protections of privacy and due process.

F.D.R. quoted H.G. Wells when he declared, "The only thing we have to fear is fear itself." This came at a time when serious commentators suggested we had reason to fear a permanent Depression unless we acknowledged that our 150-year-old experiment in constitutional democracy and free-market capitalism had run its course, and that our only hope for survival as a nation would be to adopt more draconian measures as were then being practiced in Germany and Italy.

It's not the "fear itself" that's so frightening, but rather what can happen should we succumb to it - like electing to office those unable and/or unwilling to distinguish between reality and fear-stoking fiction.

## IS ASSIMILATION POSSIBLE?

By Susan Stamper Brown

It is reasonably simple to find your way here in America: Follow the rules. Integrate. Drop labels. Assimilate. Be productive. Repeat. Before long, you begin to experience the freedom that comes with being an American.

It's really that easy. After all, this is America; that "Shining City on a Hill" -- a nation of immigrants, magnificently colored by a diversity of persons and cultures amalgamated into "one nation under God." That's who we are and how we roll. The beauty of it is... those who are uncomfortable with that... are free to leave. No harm, no foul. Something the Tsarnaev brothers should have done long ago. Lives would be saved, limbs would be intact, a little 8 year-old boy would still be smiling, and I'd have no need to write this column. While we search for answers, it is human nature to cast blame. But it is unacceptable to blame the American way of life as some liberals are doing. Killing or maiming innocent people is not how we resolve personal conflict. With that said, I also believe left-wing knuckleheads in the media, schools, and universities need to accept their share of responsibility. Relentless anti-American diatribes will eventually work their way into the hearts and minds of those already struggling to assimilate.

A perfect example is former NBC anchor and author of "The Greatest Generation," Tom Brokaw, who recently suggested America is partly to blame for the Boston bombings because the Tsarnaevs may have felt "alienated" and upset over U.S. drone strikes on "innocent civilians." What an odd statement coming from a man who profited by praising a generation who fought wars to win, political-correctness-be-damned. The difference then was America was willing to do whatever it took to halt evil in its footsteps. And now he seems to find it politically correct to damn America. What's up with that?

It also doesn't help that terrorism sometimes pays off. If you wait long enough, you could end up like former homegrown terrorist, err, activist, Bill Ayers. Without repenting for his deeds, Ayers found a way to weasel into the

American education system and was awarded the title of "Distinguished Professor." Apparently so distinguished,



he was granted the privilege of hosting a fundraiser for the then-presidential candidate Barack Obama in 2008. Hold on little Tsarnaev, there's still hope.

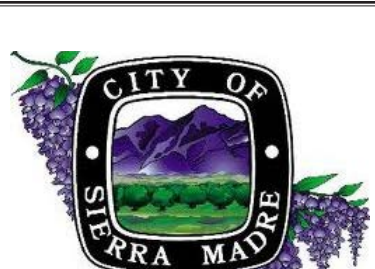
I am a conservative, so I have a heart, and because I am a Christian, I have a bleeding heart. And my bleeding heart breaks for those who don't realize the gift they have and deliberately refuse to be woven into the fabric of this nation of immigrants.

Everyone seems relieved that the Tsarnaev brothers were most likely not connected to a large terror network somewhere else in the world. If this is true, this suggests this evil came from within themselves, despite all they had going for them. This battle they seemed to have going on between two very different worlds was powerful enough to convince them that even an innocent 8 year-old boy is fair game. How many more are there?

This seeming inability to assimilate came into clearer focus for me this week during a White House press conference when Muslim reporter Amina Ismail's question seemed to liken an act of war in Afghanistan to an act of terror. "...President Obama said that what happened in Boston was an act of terrorism," said Ismail, "I would like to ask, do you consider the U.S. bombing on civilians in Afghanistan...a form of terrorism?" Of course, the correct answer is "no," but the obvious disconnect begs a more troubling question: Is assimilation even possible?

Susan Stamper Brown is an opinion page columnist, motivational speaker and military advocate who writes about politics, the military, the economy and culture. Email Susan at [writestamper@gmail.com](mailto:writestamper@gmail.com) or her website at [susanstamperbrown.com](http://susanstamperbrown.com).





City of Sierra Madre

## PUBLIC NOTICE

**From:** The City of Sierra Madre  
**Subject:**

## ADOPTION OF ORDINANCE NO. 1336 AMENDING THE DEVELOPMENT STANDARDS FOR SINGLE-FAMILY RESIDENCES IN THE CITY

At the April 9, 2013 meeting, the City Council adopted Ordinance No. 1336 amending the development standards for single-family residences in the City. The following chapters of the Municipal Code are amended: 1) Chapter 17.20 (“R-1 One Family Residential Zone”) regarding various definitions of attic, habitable attic space, bedroom, driveway, gross and net floor area, flag lot, and front lot line), permitted uses, floor area calculation, setbacks, building floor area calculation, height, and parking, among others; and 2) Chapter 17.68 (“Parking”) regarding parking requirements, tandem parking, and pavement of driveways and parking areas associated with single-family residential uses. The decision to adopt Ordinance No. 1336 was by unanimous vote 5.0 (Mayor Moran, Mayor Pro Tem Walsh, Capoccia, Koerber, and Harabedian).

The complete text of Ordinance No. 1336 is available via the city’s website: <http://www.cityofsierramadre.com>, in the Development Services page, under “R-1 Amendments Ordinance”. Hard copies are also available via the City Clerk’s and Development Services offices, located at 232 W. Sierra Madre Blvd., Sierra Madre, CA 91024; (626) 355-7135.

### Danny Castro Director of Development Services

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084972  
The following person(s) is (are) doing business as: 1st FINANCIAL- HOME LOANS; 1st FINANCIAL, 7336 FLORENCE AVE. STE J, DOWNEY, CA 90240. Full name of registrant(s) is (are) 1st CLASS INVESTMENTS REALTY, INC., 536 FLORENCE AVE, STE J, DOWNEY, CA 90240. This Business is conducted by: A CORPORATION. Signed: JUAN RENE VILLANUEVA. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-083264  
The following person(s) is (are) doing business as: 7 LIVES ENTERTAINMENT GROUP; 16375 LADYSMITH ST., 90006, Full name of registrant(s) is (are) JONATHAN NEVES, 2976 W. 15th ST, #B, L.A., CA 90006, JOHN D. MATTHEWS, 225 W. VERDUGO #310, BURBANK, CA 91502. This Business is conducted by: A LIMITED PARTNERSHIP. Signed: JONATHAN NEVES. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084848  
The following person(s) is (are) doing business as: A & M SPECIAL GIFTS, 53149 E. BEVERLY BLVD., L.A., CA 90022. Full name of registrant(s) is (are) ADRIANA M. ORTIZ PATINO, IGNACIO NAVARRO FIGUEROA, 51149 E. BEVERLY BLVD., L.A., CA 90022. This Business is conducted by: A MARRIED COUPLE. Signed: ADRIANA M. ORTIZ PATINO. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-074122  
The following person(s) is (are) doing business as: A MANIACAL GAME LLP, 2976 W. 15th ST, #B, L.A., CA 90006. Full name of registrant(s) is (are) INGRID AMEZQUITA, 246 5th ST, LONG BEACH, L.A., CA 90805. This Business is conducted by: AN INDIVIDUAL. Signed: INGRID AMEZQUITA. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-082318  
The following person(s) is (are) doing business as: ACCIR TRUST, 9310 E. FIRESTONE BLVD., DOWNEY, CA 90241. Full name of registrant(s) is (are) D. RICCA, TRUSTEE, 9310 E. FIRESTONE BLVD., DOWNEY, CA 90241. This Business is conducted by: AN INDIVIDUAL. Signed: D. RICCA. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-081982  
The following person(s) is (are) doing business as: ALEX MOBILE BODY SHOP MOBILE LONG BEACH, L.A., CA 90805. Full name of registrant(s) is (are) INGRID AMEZQUITA, 246 5th ST, LONG BEACH, L.A., CA 90805. This Business is conducted by: AN INDIVIDUAL. Signed: INGRID AMEZQUITA. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

This statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-080867  
The following person(s) is (are) doing business as: AMERICAN YOUTH GREEN ALLIANCE; AYGA, 2500 E. IMPERIAL HWY, #210 515, BREA, CA 92821-6122. Full name of registrant(s) is (are) RYAN WOODS, 6949 SHERWOOD DR., LA VERNE, CA 91750. This Business is conducted by: AN INDIVIDUAL. Signed: RYAN WOODS. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/26/2013. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084000  
The following person(s) is (are) doing business as: ANDRADE & ASSOCIATES, 4344 E. SLAUSON AVE, STE B, MAYWOOD, CA 90270. Full name of registrant(s) is (are) JOSE ANDRADE, 6332 CALIFORNIA AVE., LOS ANGELES, CA 90021. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE ANDRADE. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2000. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-080827  
The following person(s) is (are) doing business as: AROMATIC DEALS, 555 SHOP AT MISSION VIEJO SPACE #7, MISSION VIEJO, CA 92691. Full name of registrant(s) is (are) SYED NAVEEDUDDIN, 602 HAYES ST, IRVINE, CA 92620. This Business is conducted by: AN INDIVIDUAL. Signed: SYED NAVEEDUDDIN. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-082416  
The following person(s) is (are) doing business as: ART ASSIST, 7063 VINELAND AVE., NO HOLLYWOOD, CA 91605. Full name of registrant(s) is (are) JEDIDIA DYER, 7063 VINELAND AVE., NO HOLLYWOOD, CA 91605. This Business is conducted by: AN INDIVIDUAL. Signed: JEDIDIA DYER. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-081830  
The following person(s) is (are) doing business as: BUBBLES DRY CLEANERS, 2, 2610 W. JEFFERSON BLVD., L.A., CA 90018. Full name of registrant(s) is (are) EMILISE ITALIA GARCIA, 2610 W. JEFFERSON BLVD., L.A., CA 90018. Full name of registrant(s) is (are) AN INDIVIDUAL. Signed: EMILISE ITALIA GARCIA. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084432  
The following person(s) is (are) doing business as: CEPEDA DRIVING, 1061 N. VICTORY PL, BURBANK, CA 91502. Full name of registrant(s) is (are) ALVARO CEPEDA, 576 N. LINCOLN BLVD., BURBANK, CA 91502. This Business is conducted by: AN INDIVIDUAL. Signed: ALVARO CEPEDA. This statement was filed with

the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-071774  
The following person(s) is (are) doing business as: COMPTON COLLECTIVE ASSOCIATION; CPT COLLECTIVE ASSOCIATION, 717 S. LONG BEACH BLVD., COMPTON, CA 91770. Full name of registrant(s) is (are) CALIFORNIA CAREGIVER COLLECTIVE, INC., 717 S. LONG BEACH BLVD., COMPTON, CA 91770. This Business is conducted by: A CORPORATION. Signed: MOSES ACOSTA. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/16/2011. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-085408  
The following person(s) is (are) doing business as: CHARAS, 595 E. 67th, INGLEWOOD, CA 90302. Full name of registrant(s) is (are) BRITTNEY MUNGUA, 2409 E. 110th ST., L.A., CA 90059. RONALD SANCHEZ, 595 E. 67th ST., INGLEWOOD, CA 90302. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: RONALD SANCHEZ. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-073259  
The following person(s) is (are) doing business as: DREAM, 3408 AGNES ST, #B, LYNWOOD, CA 91411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-073259  
The following person(s) is (are) doing business as: DREAM, 3408 AGNES ST, #B, LYNWOOD, CA 91411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-080105  
The following person(s) is (are) doing business as: DAN DAN FASHION, 1635 S. SAN GABRIEL BLVD., SAN GABRIEL, CA 91776. Full name of registrant(s) is (are) EDDIE WEI-SHYUN CHEN, 1115 KING ST., SAN GABRIEL, CA 91776. This Business is conducted by: AN INDIVIDUAL. Signed: EDDIE WEI-SHYUN CHEN. This statement was filed with the County Clerk of Los Angeles County on 04/21/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

## NOTICE OF INTENTION TO FILL A VACANCY FOR A MEMBER OF THE PASADENA UNIFIED SCHOOL DISTRICT SEAT 4 BY APPOINTMENT

Notice is hereby given that in accordance with Pasadena Unified School District (PUSD) Board Policy 9223, the PUSD Board of Education is accepting applications for PUSD Board of Education At Large Seat 4 to fill a vacancy by appointment created by the resignation of Board Member Kimberly Kenne from Seat 4, effective May 6, 2013.

Applicants must be 18 years of age, be registered to vote in and reside within the boundaries of the Pasadena Unified School District. Applications can be obtained from [gopUSD.com/board](http://gopUSD.com/board) vacancy or the PUSD Office of the Superintendent. Applications and a resume must be received either by mail or hand delivered by 5 p.m. on Friday, May 10, 2013 to:

Office of the Superintendent  
Pasadena Unified School District  
351 South Hudson Avenue, Room 222  
Pasadena, CA 91109

To be considered for the position, applicants must submit the and resume by the deadline and attend a special meeting of the tentatively scheduled for Tuesday, June 4, 2013 at time all prospective applicants be interviewed. A provisional appointment could be announced early evening. The term of service for the appointment to the PUSD Seat 4 is from the date of appointment to May 4, 2015.

Questions-Please call 626-396-3606 or email communications@pusd.us

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME SHIH YUAN CHUANG CASE NO. VS024335

TO ALL INTERESTED PERSONS: Petitioner SHIH YUAN CHUANG HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name: Shih Yuan Chuang  
Proposed Name: Bill Chuang  
A HEARING on the petition will be held on 05/29/2013 at 1:30PM in Dept. C located at 12720 Norwalk Blvd., Norwalk, Ca. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.

If no written objection is timely filed, the court may grant the petition without a hearing.

Petitioner Appearing Pro Per

Scott Sheng Jung Chuang and

Tracy Jung Chih Lu

13149 Aclaire Street,

Cerritos, Ca. 90703

562-926-8175

JDC - MVNews April 13, 20, 27 and May 4, 2013

### ORDER TO SHOW CAUSE FOR CHANGE OF NAME SOPHIA YVONNE MACIAS VIVOR NO. VS024422

TO ALL INTERESTED PERSONS: Petitioner YVONNE MACIAS CARTER HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name: Sophia Yvonne Macias Vivor  
Proposed Name: Sophia Yvonne Macias Carter

A HEARING on the petition will be held on 06/12/2013 at 1:30PM in Dept. C Room 312 located at 12720 Norwalk Blvd., Norwalk, Ca. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.

If no written objection is timely filed, the court may grant the petition without a hearing.

Petitioner Appearing Pro Per

Yvonne Macias Carter

10720 Beak Avenue

South Gate Ca. 90280

562-622-8209

JDC - MVNews April 20, 27 and May 4, 11, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-082105  
The following person(s) is (are) doing business as: DESTINY'S SHOPS, 736 N. LOS ROBLES AVE., PASADENA, CA 91104. Full name of registrant(s) is (are) MARIA DE JESUS LUNA MORAN, 1260 SHERMAN AVE., MONROVIA, CA 91016. This Business is conducted by: AN INDIVIDUAL. Signed: MARIA DE JESUS LUNA MORAN. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-085407  
The following person(s) is (are) doing business as: EVER BEAUTY SALON, 149 E. GARVEY AVE., MONTEREY PARK, CA 91755. Full name of registrant(s) is (are) BI XIAN LONG, 329 S. 6th ST., ALHAMBRA, CA 91801. This Business is conducted by: AN INDIVIDUAL. Signed: BI XIAN LONG. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/15/2000. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-082345  
The following person(s) is (are) doing business as: FLYING STAR, FLYING STAR 11, 13377 E. SOUTH ST., CERRITOS, CA 90703. Full name of registrant(s) is (are) FLYING STAR FOUNDATION, LLC, 13377 E. SOUTH ST., CERRITOS, CA 90703. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: DUNCAN. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 08/16/2011. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-083757  
The following person(s) is (are) doing business as: GALAN AUTO SALES, 15633 TEMPLE AVE., LA PUENTE, CA 91764. Full name of registrant(s) is (are) EFRAIN AGUIRRE, SANDRO AGUIRRE, 13754 TEMPLE AVE., LA PUENTE, CA 91764. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: EFRAIN AGUIRRE. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2003. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-083562  
The following person(s) is (are) doing business as: GRAN- STONE, 555 GRANITE WERKS, 500 MOLINO AVE., #B, L.A., CA 90814. Full name of registrant(s) is (are) MOLINO AVE., #B, L.A., CA 90814. This Business is conducted by: AN INDIVIDUAL. Signed: CRISTHIAN ALEJANDRO JALDIN JALDIN. This statement was filed with the County Clerk of Los Angeles County on 04/17/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2003. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-083137  
The following person(s) is (are) doing business as: HOLLYWEED, 2525 CHAMBERS ST, #A, VERNON, CA 90058. Full name of registrant(s) is (are) L.A. T. SHIRT & PRINT, INC., 2525 CHAMBERS ST, #A, VERNON, CA 90058. This

Business is conducted by: A CORPORATION. Signed: ALI M. HOMAYOUNIAN. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2013. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-080859  
The following person(s) is (are) doing business as: JACKIE LEE, 13149 Aclaire Street, Cerritos, Ca. 90703. This Business is conducted by: AN INDIVIDUAL. Signed: JACKIE LEE. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084507  
The following person(s) is (are) doing business as: JIMENEZ A CONSTRUCTION, 670 N. HUNTINGTON BLVD, #8, POMONA, CA 91768. Full name of registrant(s) is (are) ALBERTO JIMENEZ, 670 N. HUNTINGTON BLVD, #8, POMONA, CA 91768. This Business is conducted by: AN INDIVIDUAL. Signed: ALBERTO JIMENEZ. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-084754  
The following person(s) is (are) doing business as: JVNJ-VJUNILEE CLOTHING, 6600 HAYVENHURST AVE, #124, LAKE BALBOA, CA 91406. Full name of registrant(s) is (are) DEJAE MIDDLETON, 6600 HAYVENHURST AVE, #124, LAKE BALBOA, CA 91406. This Business is conducted by: AN INDIVIDUAL. Signed: DEJAE MIDDLETON. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/28/2009. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 2013-083757  
The following person(s) is (are) doing business as: KARIAS SILHOUETTE, 8536 ROSEMEAD BLVD., PICO RIVERA, CA 90660. Full name of registrant(s) is (are) KARIAS, INC., 8536 ROSEMEAD BLVD., PICO RIVERA, CA 90660. This Business is conducted by: A CORPORATION. Signed: ARACELI BARBOSA. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/28/2009. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code/Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

**FICTITIOUS BUSINESS NAME STATEMENT**  
File No. 20





















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