

Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Duarte

Monrovia

SATURDAY, MAY 18, 2013

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CIVIC CLUB AWARDS COMMUNITY SCHOLARSHIPS AND GRANTS

By Christine Bachwansky

Six outstanding students from Sierra Madre were awarded scholarships by the Sierra Madre Civic Club on May 9th at a ceremony held at Hart Park House. The students were selected by the Club's Education Awards Committee on the basis of their academic achievements as well as their community and extra-curricular activities.



Scholarship winners (from left): Britni Meaglia, Jillian Stout-Blackman, Christopher Alle, Sara Rupp, Caitlin Manocchio, and Brennan Torres

The scholarship award winners are (in alphabetical order):

Christopher Alle attends St. Francis High School and will pursue a career in medicine and law at Loyola University, Chicago; Caitlin Manocchio goes to Flintridge Sacred Heart Academy. She is going into screen writing and broadcast journalism at Chapman University; Britni Meaglia also attends Flintridge Sacred Heart Academy. She wishes to go into the medical field specializing in geriatrics at Fordham University; Sara Rupp goes to La Salle and will pursue global studies and creative writing at UCSD; Jillian Stout-Blackman is graduating from Pasadena High School and will attend UC Santa Barbara for a degree in early childhood education; Brennan Torres also attends Pasadena High School and will go to UCLA and pursue a degree with a goal of leading a non-profit organization.

Civic Club Committee Co-Chair Dorothy Jerneycic says, "We wish these outstanding students all the best in their future endeavors."

In addition to the scholarship awards, Civic Club has also awarded philanthropic grants to 15 organizations that serve our community every day. The recipients are:

Sierra Madre Playhouse, \$1000; Senior Lunch Program, \$300; Hope Works, \$895; The Fletcher Fund, \$500; S.M. Community Response Team, \$500; Reading is Fundamental, Pasadena Chapter, \$500; Sierra Madre Pioneer Cemetery, \$354.61; Women's Room, \$1000; S.M. Fire Department, \$400; S.M. Library \$750; Mt. Wilson Trail Race Committee, \$700; S.M. Rose Float Association, \$500; Convalescent Aide Society, \$1200; and The Creative Arts Group, \$1500. Education Committee members are: Joan Crow, Joan Spears, Mary Beth Knox, Kathleen Coyne and Co-Chairmen Dorothy Jerneycic and Judie Cimino. The Philanthropic Committee members are: Joan Spears, Pat Krok, and Co-Chairmen Mary Beth Knox and Irene Nakagawa.

FAMILY MOVIE FRIDAYS SERIES

The Family Friday series is back for 2013 thanks to the generous support of the Sierra Madre Issei Memorial Foundation, Sierra Madre Volunteer Firefighters Associations, and Mother Moo Creamery! Also, a special thank you to Sierra Madre Kiwanis Club for their donation towards a new movie screen. All movies are shown in Kersting Court and are absolutely free for everyone. Movies begin at 8:00pm and families can purchase food and drinks from the local merchants or bring their own! Patrons are encouraged to bring seating and blankets for the event.

Family Movie Fridays Line-Up

- May 24, 2013 - Dolphin Tale
- June 7, 2013 - The Goonies
- June 21, 2013 - Madagascar 3
- July 5, 2013 - Invasion of the Body Snatchers (parts filmed in Sierra Madre!)
- July 19, 2013 - Soul Surfer

For more information on the Family Movie Series please contact the Community Services Department at 626.355.5278.



COUNCIL TACKLES SIERRA MADRE'S BIGGEST PROBLEM: WATER

Water Conservation A Priority

At the first full council meeting under the direction of Mayor Nancy Walsh, the subject of water was of the highest priority. The town is at a critical juncture as the water levels are low and the residents consumption is increasing.

Sierra Madre has always taken pride in the fact that the town has its own supply of water and doesn't have to rely on surrounding purveyors of water to sustain the city. In 1882, The Sierra Madre Water Company was formed, 25 years before the town was incorporated. It continues to exist today as a separate entity in the city.

Our water supply is primarily derived from four wells drawing from the East Raymond Basin aquifer (85%) and two natural spring tunnels located on either side of the county flood control dam in Little Santa Anita Canyon.

The water is collected in a reservoir at the City's maintenance facility and then pumped to other reservoirs around town. The water is then distributed through a network of pipelines in our streets.

That, like everything else in this society, costs money, however the cost of operating our water system was not the topic of discussion. Consumption was.

Water Consumption Up; Water Levels Down

The declining water levels which have resulted from the dry weather we have experienced has resulted in less rain-water for groundwater recharge, city staff informed the council. In a presentation staff noted that the average

Salvage credit from 2000-2012 was 1,063 acre feet. According to the report, the salvage this year is 84 acre feet. Levels have only been lower in 1959-1960 (45 acre feet) and 1960-61 (51 acre feet).

The dry weather not only causes the water levels in our wells to decline, it also causes residents to use more water, especially for landscaping. As a result consumption has skyrocketed. Councilman John Capoccia, who has become extremely knowledgeable on the city's water situation, agrees with staff that we are at a critical juncture. "We've got to reduce consumption" Capoccia said. Public Works Director Bruce Inman has brought this to the council's attention on numerous other occasions.

On Tuesday, the first reading of two water conservation measures was discussed. The discussion and Public Comment focused on how to implement a strong water conservation policy without penalizing those who already conserve water. Another area of concern was the 233 customers who use more than 3 times as much water as the majority of households (2,360).

An enhanced tiered water rate system and possible penalties for failure to comply with whatever conservation ordinance the council adopts were also discussed.

The next meeting of the council will be May 28th and a Second Reading of the Ordinances will be held. (See Public Hearing Notices on Page 19). It was the consensus of the entire council that action was needed as soon as possible.

S. Henderson/MVNews

"BE BEAR AWARE"

The Weather is Warming Up and the Bears are Back in the Foothills

May is "Be Bear Aware" Month and the Monrovia Police Department and the California Department of Fish and Wildlife want to remind the public to act responsibly when in bear country.

Spring is the time of year when California's black bears emerge from their winter dens in search of food. Because bears are attracted to anything edible or smelly, their search often leads them into residential neighborhoods, where trash and food is readily available. Throughout spring and summer, CDFW receives many calls when bears break into homes and rummage through trash bins. These bears are often labeled "nuisance" bears, but in reality they are just doing what comes naturally to them, foraging for food.

Tips for Bear-Proofing Your Home:

Bears have keen noses and can smell an easy meal from miles away. They can easily tear a front door off its hinges if they smell food left out on the kitchen counter. To protect your family and property from bear break-ins follow these simple tips:

- Purchase and properly use a bear-proof garbage container.
- Wait to put trash out until the morning of collection day.
- Don't leave trash, groceries, or animal feed in your car.
- Keep garbage cans clean and deodorize them with bleach or ammonia.
- Keep barbecue grills clean and stored in a garage or shed when not in use.
- Only provide bird feeders during November through March and make them inaccessible to bears.
- Don't leave any scented products outside, even non-food items such as suntan lotion, insect repellent, soap or candles.
- Keep doors and windows closed and locked.
- Consider installing motion-detector alarms, electric fencing or motion-activated sprinklers.
- Harvest fruit off trees as soon as it is ripe, and promptly collect fruit that falls.
- Securely block access to potential hibernation sites such as crawl spaces under decks and buildings.

Following are some informative videos and information from the California Department of Fish and Wildlife to help you "Be Bear Aware!"

The Bear Truth
<http://www.youtube.com/watch?v=tnFrCshN8I&feature=youtu.be&Smart%20than%20the%20Average%20Bear>

Bearly Aware
<http://www.youtube.com/watch?v=b-RVCCvyGDI&list=UUMyd15DT5hztgPubO1KyyGw&index=1>

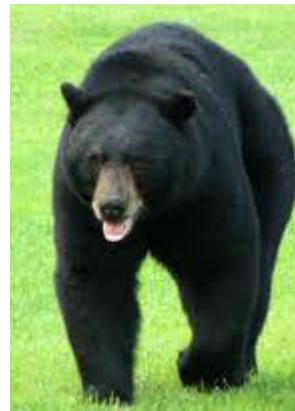
Keep Me Wild - More Great Bear Facts from California Department of Fish & Wildlife:
<http://www.dfg.ca.gov/keepmewild/bear.html/>

Living with California Black Bears (From the California Department of Fish & Wildlife):
<http://sagehen.ucnrs.org/Documents/visitors/wildlife/bear.pdf>

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<https://twitter.com/CaliforniaDFW>

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<http://www.dfg.ca.gov/news/>



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 70s	Lows 60s
Thur:	Sunny	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, May 28, 2013
6:30 pm

May 22nd	7:00	Library Board of Trustees
May 24th	5:30	MWTR Pasta Feed Kersting Ct
May 25th		Mount Wilson Trail Race

SELF
STORAGE IN
SIERRA MADRE

130 E. Montecito Avenue
Sierra Madre, CA 91024

SELF STORAGE
MAIL BOX RENTALS
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PHONE: (626) 355-1837 FAX: 355-4329

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



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VILLAGE VINE ONLINE
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THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show
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JOIN THE FUN!!!

TUESDAYS - Noon	The Cam I Am Show starring Camilla Hopkins
THURSDAYS - Noon	Catherine Adde's OUR TRAVEL AFFAIR
SATURDAY - 1:00	Gene Goss' VILLAGE INTERSECTIONS

Gene's guest this week is
State Senator Carol Liu
Village Vine Online

Sports Presents:

Two LIVE Little League
Game webcasts each week

SATURDAY
MORNINGS
D. J. Boddington
AKA James Faulkner re-
turns Saturday morning
at 7:00 until 10:00 with
his Saturday Morning
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MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

Sierra Madre Rotary Club
Meets Tuesdays 7-8:30 a.m.
222 W. Sierra Madre Blvd.
The Hart Park House

As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at peggybeau@gmail.com and visit our Facebook page Rotary of Sierra Madre.

www.SierraMadreRotary.com

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SIERRA MADRE TV
SURVEY

Got a minute? The folks who run Sierra Madre's two local TV stations - that's right, Sierra Madre has two local TV stations - need your opinion on what you like to watch and how you watch it so they can make this local resource more fun and relevant to your lifestyle.

We are doing this survey now because we are excited to launch a new channel, Channel 98. As you might know, Channel 3 on Time Warner Cable has been airing City Council and Planning Commission meetings, and other City government events, live for years and this important service will continue. But we are now adding Channel 98 as a commercial free, educational channel that will feature children's programming, classic movies and TV shows, how-to shows, community special events and other interesting and eclectic programming relevant to our lives in Sierra Madre all presented without commercials and without fundraising. It is our channel, it is starting from scratch, and we need you to tell us what you want to see on it.

Please take a few minutes to fill out this questionnaire either online at www.surveymonkey.com/s/X6VBWYB or drop it off at City Hall, Sierra Madre Library, or the Recreation Center by May 31, 2013 and be part of creating something that will entertain and inform us, be unique to our special town, and make us proud. Thanks for the help!

Look what just came to town!

YELLOW BUS GIFT SHOP
14 N. Baldwin Ave, Sierra Madre, CA
626-325-3218
Open seven days a week.
10 a.m. - 6 p.m.
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A Midsummer Night's Dream Sale

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June 7
7-9pm
Creative Arts Group Gallery

As you like it
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Everything

Creative Arts Group Presents
Midsummer Night's Dream Sale
June 7, 7-9 pm
Everything in the Gallery 20% off!

This will be in held in conjunction with the
Sierra Madre Art Walk,
which is from 5-8pm. However, the sale will only be held the hours of 7-9pm
108 N. Baldwin Ave. Sierra Madre, CA 91024 626•355•8350 www.creativeartsgroup.org

**JOIN THE CITY TEAM
— APPLY TO BE A CITY
COMMISSIONER**

We want you to be a part of our City Team!

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are five citizen commissions established by the Council to advise and assist them in dealing with specific problems.

Applications may be obtained at City Hall or the City website at <http://cityofsierramadre.com/commissions-boards-committees>. Applications will be accepted until all positions are filled; however, it is recommended that applications for appointment for the beginning of the 2013-2014 fiscal year be submitted by Friday, June 7, 2013 to the City Manager's Office.

The advisory bodies study a variety of topics in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notices on all commissions are prepared in compliance of the Maddy Act.

COMMUNITY SERVICES COMMISSION

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the general use of park facilities and matters relating to the community's arts and recreational service needs. The Commission provides information and recommendations to the City Council in these areas. *Meets the 3rd Monday at 6:30 pm, in the City Hall Council Chamber*

LIBRARY BOARD OF TRUSTEES

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library. *Meets the 4th Wednesday at 7:00 pm, in the City Hall Conference Room*

PLANNING COMMISSION

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan. *Meets the 1st and 3rd Thursday at 7:00 pm, in the City Hall Council Chamber*

SENIOR COMMUNITY COMMISSION

The Senior Community Commission is responsible for defining the needs, locating and publicizing available resources, coordinating and initiating services and opportunities for the senior population of Sierra Madre. *Meets the 1st Thursday at 3:00 pm, in the City Hall Council Chamber*

TREE ADVISORY COMMISSION

The Tree Commission is an advisory body to the Director of Public Works, City Manager, Planning Commission, and City Council. The commission shall make recommendations to the Director of Public Works, City Manager, Planning Commission and the City Council as appropriate on matters involving care and maintenance of City-owned trees and trees on private undeveloped property. *Meets the 3rd Wednesday at 7:00 pm, in the City Hall Council Chamber*

For more information please visit www.cityofsierramadre.com or call 626.355.7135.

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SIERRA MADRE

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HIGH TEA AT SIERRA MADRE’S VILLAGE CHURCH OF THE ASCENSION

The Village Church of the Ascension will be hosting a fundraiser and Silent Auction to raise money for the Church with a portion of the proceeds being donated to the Women’s Room for Friends in Deed - Ecumenical Council Pasadena Area Congregations (ECPAC).

When: Saturday, May 25, 2013
Time: 2:00 pm
Where: The Church of the Ascension - Hawks Hall
 25 East Laurel Avenue, Sierra Madre, CA
Cost: \$35.00 for Adults
 \$17.50 for 11 years and under

Afternoon High Tea is open to the all, please come and enjoy a full High Tea for adults and children. Bring your mom, sister, or friends and catch up over a steaming hot pot and delicious treats. Tickets are available at the Church office during regular business hours, 9:00 am to 2:00 pm, Monday, Tuesday, Thursday and Friday’s (closed on Wednesdays). Tickets are also available at the Bottle Shop located at 58 West Sierra Madre Blvd., Sierra Madre and at Savor the Flavor, located at 11 Kersting Court, Sierra Madre. Tickets sales will be limited, and must be purchased in advanced (no ticket sales at the door).

Come for a wonderful afternoon. For more information, please call the church office at (626) 355-1133 or visit: www.ascension-sierramadre.com.

COMMUNITY YARD SALE IN SIERRA MADRE

The City of Sierra Madre Senior Community Commission is hosting the 3rd Annual Community Yard Sale on Saturday, June 8, 2013 from 8:00 a.m. to 12:00 p.m. located in the Sierra Vista Park Parking Lot (611 E. Sierra Madre Blvd). Community organizations and members are invited to come together with their neighbors to participate in a community yard sale. Participants have the opportunity to clean out their garages, attics, storage sheds and closets without sending those items to landfill.

The fee for a selling space is \$25.00 and a yard sale permit does not need to be purchased; proceeds will benefit senior programs and activities. Alternatively, you may donate items to the Senior Community Commission booth to be sold on the Commission's behalf. If you would like to participate in the Community Yard Sale, please register online at www.cityofsierramadre.com/online-registration or in person at the Community Services Office, 611 E. Sierra Madre Blvd. Deadline to register is Thursday, May 30 or until spaces are filled.

Participants must provide their own tables, chairs, canopies (10'x10' maximum) and cash boxes if needed. No electricity will be provided. Live animals, large canopies, and selling of food or drinks are prohibited. All business must be conducted within your space. Event may be cancelled due to inclement weather.

A limited number of spaces are available. For more information please call the Community Services Office at (626) 355-5278.

Sierra Madre Police Blotter

For the period May 6-12, 2013

Wednesday May 8, 2013

At 2pm, a traffic collision occurred at Sierra Madre Boulevard and Sunnyside Avenue. A vehicle travelling east on Sierra Madre Boulevard stopped for the stop sign at the location but then started through the intersection while a pedestrian was still in the crosswalk. The impact knocked the pedestrian to the ground. She complained of injury to her head and hip and was transported to Arcadia Methodist Hospital for treatment.

Thursday May 9, 2013

At 3:15pm, a female was hiking down Mount Wilson Trail when she was passed by a male hiker. After passing her, the male looked back toward her frequently. He then pulled down his pants, lifted his shirt and exposed his bare buttocks. The male continued down the trail, got into a vehicle and drove off. A possible suspect has been identified and the investigation is actively being pursued.

Saturday May 11, 2013

At 11:30 pm, officers responded to a call of a disturbance in the 400 block of West Sierra Madre Boulevard. They were met by the victim (male 51 years of age) who was bleeding from the mouth. He informed the officers that he was taking photographs of a vehicle that was illegally parked in his carport when he was confronted by a male who challenged him about the photos. A verbal argument ensued and the suspect punched the victim in the face multiple times. The victim then fled the scene. Follow up investigation located a resident of the apartment complex who may be the girlfriend of the suspect. This led to a possible identification of the suspect and detectives are currently attempting to locate him. The victim lost a few teeth in the incident but declined medical treatment.

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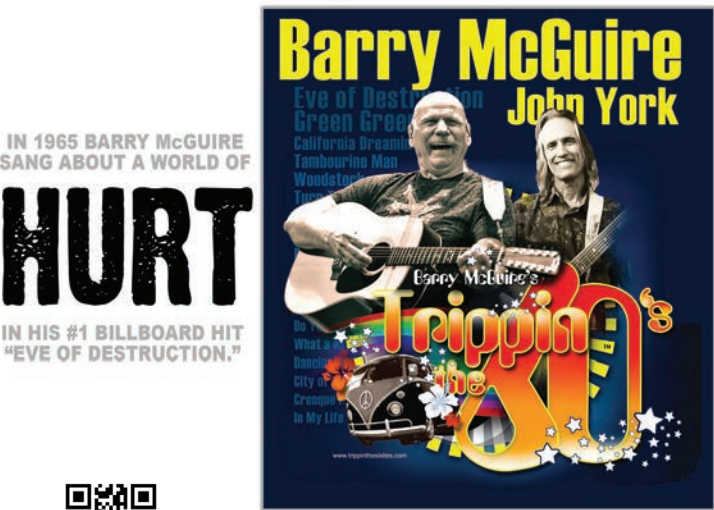
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NEW LISTING West Coast Rustic!



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\$375,000

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KATIE ORTH
 C 626.688.0418 P 626.507.3034
katieo@podley.com

JUDY WEBB-MARTIN
 C 626.688.2273 P 626.507.3028
judywm@podley.com

Community of Friends Service Episcopal Church of the Ascension

Sunday, May 19th, 2013

5:00pm—5:45pm

BRING A FRIEND!



Introducing a new Sunday evening service that will allow busy families and individuals to participate in weekend activities and still have time to worship! The service will be held once a month from 5:00pm - 5:45pm. It will include music, simple songs, highlights from psalms, and moments of reflective silence. Eucharist will also be included. Join us after the service for a complimentary spaghetti & salad dinner. No dishes to wash and home by 6:30!

Complimentary Spaghetti & Salad Dinner to follow!

Playground time for the kids will be available under the watchful eye of Molly, our childcare leader.

PLEASE RSVP
PARISH@ASCENSION-SIERRAMADRE.COM
 OR CALL THE CHURCH OFFICE AT 626-355-1133.

CHURCH OF THE ASCENSION
 25 E. Laurel Ave.
 Sierra Madre, CA 91024
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Battery Suspect Sought



4/25/2013 7:43:59 PM

Police released the image of a woman Thursday wanted in connection with an assault at a local Target store last month in which she allegedly tried to claw the eyes of the victim's face.

According to police, at about 7:40 p.m. April 25, an altercation occurred at a Target store, 777 E. Colorado Blvd, in which, the female adult victim confronted the suspect for cutting the line at the customer service desk.

The suspect called the victim a derogatory name in Spanish and the victim repeated the comment back to the suspect according to police. The suspect then dropped her purse and bag and grabbed the victim's face and clawed at her eyes. The victim held on to the suspect until an employee intervened. The suspect then picked up her belongings and ran out the exit door. The above picture was captured as the suspect was exiting the store.

The suspect was described as a female Hispanic, approx. 30-35 years old, 5-04, 140 lbs., long wavy brown hair, light complexion, wearing khaki pants, and a blue collared shirt with an unknown logo on the left chest area.

Police say she may have driven away in a late model dark blue Jeep Cherokee.

Anyone with information is asked to call Pasadena police detectives at (626) 744-4522.

Pet of the Week



Emma is a four-year-old, blue and white pit bull mix. She's very well-behaved and loves to snuggle. She earned her Blue Ribbon so she knows her sit, down and stay commands!

Emma's adoption fee is \$100, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A323758, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



Cyclists Ditch Their Cars for the Day

By Dean Lee

Over 200 cyclists stopped by city hall early Thursday morning, some to get their bicycles tuned up, some to have their bikes registered with local police or just to grab a snack on the way to work, all part of this year's Bike-To-Work Day.

This was the city's eighth year participating in the national event, Pasadena Transportation Administrator, Mark Yamarone, said.

"We had two local bike shops, that are great partners with us, Incycle and Pasadena Cyclery," Yamarone, said. "They come

out each year and setup a tent and do minor tune-ups, adjust brakes and gears, stuff like that. Yamarone said, new this year, was a bike valet parking.

"We parked about 100 bikes making it more convenient for those commuting in," he said also saying that Fuller Seminary brought in a number of baked goods for cyclists to eat.

Yamarone explained that the efforts to get cyclists out were also part of the city's sustainability projects.

"The city has a guiding principle in our general plan of Pasadena being a city where you can

circulate without a car," he said. "It's events like this that get people that may not bike everyday out riding in a group, riding to try it with support, is really important."

Yamarone also said the city is finishing up on a bicycle transportation plan set to go before a vote of the city council in June.

"That lays out a whole network of bike facilities that range from bike lanes to bike boulevards,"

Altadena Crime Blotter

Sunday, May 5th

Between 6:30 PM and 11:00 AM (Monday) – A vehicle burglary occurred in the 200-blk of W. Acacia St. Loss: car stereo.

9:32 AM – Suspect Jose Soto, (male/32 yrs.) of Pasadena was arrested in the 2300-blk of Glenrose Ave. for being a felon in possession of a gun.

12:45 PM – Suspect Ramon Hernandez (male/31 yrs.) was arrested in the 500 block of Crosby St. for violating a domestic violence restraining order.

2:38 PM – Suspect Stanley Ludd (male/61 yrs.) was arrested in the 900 block of Lake Ave., for possession of narcotics paraphernalia and for an outstanding warrant.

7:21 PM – Suspect Damon Caldwell (male/47) was arrested at "RJ's Liquor" on Woodbury Rd. for being drunk in public after causing a disturbance at the location.

Monday, May 6th

7:13 AM – A vehicle was reported stolen from the 4100-blk of Canyon Crest Rd. ***Vehicle was recovered by LAPD Hollywood on 5/10/13***

Between 9:00 PM and 6:00 AM (Tuesday) – A residential burglary occurred in the 1300-blk of New York Dr. Loss: construction tools.

Tuesday, May 8th
A 15 year old suspect was arrested for vandalism after breaking a window in the 2900 block of El Nido dr. (Group Home).

Thursday, May 9th
Between 1:00 AM and 6:00 AM – A vehicle vandalism occurred in the 300-blk of Laun St. Suspects unknown broke the vehicle's driver's side window.

Between 9:45 AM and 10:50 AM – A residential burglary occurred in the 1700-blk of E. Mendocino St. Loss: checks and jewelry. ***Possible suspect(s) driving a mustard colored cargo truck***

Friday, May 10th

Between 1:00 AM and 7:00 AM – A vandalism occurred in the 1400-blk of Crest Dr. Suspects unknown bent a front gate, possibly by kicking it open.

9:36 PM – Suspect Zachary Ward (male/22 yrs.) of Altadena was arrested for battery on a peace officer.

Saturday, May 11th

1:57 PM – Suspect Gevork Jabakchurian, 30 yrs, of Pasadena was arrested at the Bank of America, 2345 N. Lake Ave. for grand theft, burglary, and check forgery.

Getting Wasted; L.A.'s Food Excess

Monday, 7:00 p.m. at The Crawford Family Forum 474 South Raymond Ave explore how food industry, community, policy, and individual efforts to both share and reduce the "extra" might move Los Angeles toward a more food-secure future.

Suspect Shoots at Police

Taken into custody after brief standoff

Pasadena Police officers responded last week to the 600 block of Summit at 11:00 a.m. Friday regarding a subject who was threatening to kill himself and had fired several shots. The first officers on scene attempted to contact the suspect when he fired several shots at them. The officers, although justified to use lethal force, secured tactical positions and called for assistance while monitoring the suspect. Several additional officers arrived, including SWAT personnel, the area was contained and evacuations were implemented.

Officers attempted to negotiate with the still armed suspect. The suspect failed to comply with SWAT officers, which led to the use of a diversionary device. Following the use of the diversionary device, the suspect immediately discarded his firearm; however, he remained

uncooperative and in close proximity to his pistol. SWAT officers deployed a second diversionary device and the suspect surrendered without further incident. The suspect was later transported to a local area hospital for medical evaluation. No other persons were injured.

Pasadena Police Detectives responded to the scene and notified the Los Angeles County District Attorney's Office – Crimes Against Police Officers (CAPO). Representatives from CAPO responded to the scene and will assist with the investigation given the nature of the incident (attempted murder of a police officer). The victim officers demonstrated tremendous courage and restraint given the circumstances of this incident. SWAT officers underscore the value of superior tactics, weapons and team work, which frankly offered the suspect few options.

Police Take in Hundreds of Guns in Buyback



Pasadena police say they collected over a hundred guns, including handguns, rifles and shotguns during Saturday's first gun buyback program aimed at getting guns off the streets in response to gun related violence in the last few months.

Those that turned over firearms were given \$50 for a non-working gun, \$100 for working handguns and \$200 for rifles or shotguns.

Officers said they also took in a number of toy guns and BB gun but did not say if the owners were rewarded.

The program ran from 11 a.m. to 3 p.m. in front of the Pasadena police station, 207 N. Garfield Ave.

During the buyback police also held a Peace Source Fair, in which, civic, community and religious leaders shared insight into on-going efforts to reduce violence in our community.

Ralph Story Service Award Presented To Krista Goguen

Pasadena City College Associate Professor Krista Goguen has been honored with the prestigious Ralph Story Service Award. This award is presented annually to an outstanding faculty member at PCC who has made significant contributions to the field of education, the college, and the community. "It is a privilege to work at PCC, and certainly an honor to win the Ralph Story Award," Goguen said.

Goguen started at PCC as an adjunct librarian in 1996.

"It is gratifying to receive an award for my activities at PCC and with the local schools," she said. "I don't think my work is exceptional—there are so many hardworking people at PCC."



Krista Goguen

Altadena Deputies to Run in Annual Memorial Torch Run

Altadena deputies, families and friends will pick up the torch from Crescenta Valley Station and run into Altadena at approximately 2:00 pm, on Sunday, May 19. The Memorial Torch will run its final leg through Altadena to the Altadena Sheriff's Station. The public is invited to cheer on the runners as they make their way north at Woodbury Road north onto N. Windsor Ave. and then east on Ventura St., north bound on Casitas Ave. to Altadena Dr. and then east bound to the Altadena Sheriff's Station.

This three-day relay run consists of 59 legs, each approximately 4 to 10 miles in length, totaling 339 miles overall. Over 2,000 runners, most of whom are peace officers who run during their off duty time to honor the lives of the fallen. The relay run began Friday morning, at the Sherman Block Sheriff's Headquarters Building in Monterey Park and travels to each mainland Los Angeles County Sheriff's patrol station, ending at our very own Altadena Sheriff Station. Sheriff Lee Baca commemorates the event by leading the first leg of

the run.

This is a special way to honor law enforcement and it is open to the public. This year's Memorial Torch Relay Run honors the following officers:

Deputy Constable Charles A. De Moranville, Los Angeles County Sheriff's Department, died on January 4, 1909,

Chief Henry P. Tracy, Pomona Police Department, died on May 3, 1915.

Deputy Harry S. Guard, Los Angeles County Sheriff's Department, died on March 20, 1919, Deputy

Deputy Sheriff Emma Benson, Los Angeles County Sheriff's Department, died on March 20, 1919.

The memorial torch that the runners carry along the course will ultimately be used by Los Angeles County Sheriff Lee Baca to light the ceremonial flame at 10AM on Wednesday, May 29, 2013, at the Los Angeles County Peace Officers' Memorial Wall at the STARS Center. The flame will be ignited in tribute to the fallen officers. The Sheriff's Training Academy and Regional Services Center (STARS Center) is located at 11515 S. Colima Rd, Whittier, CA 90604. The public is invited

“What’s Going On?” THE STATE OF OUR COURTS

News and Views from Joan Schmidt



Judge Ann Jones Addresses Budget Cuts and Their Impact On Our Judicial System

The guest speaker for the last Arcadia Chamber of Commerce Meeting was Superior Court Judge, the Honorable Ann Jones, who has served since 2001. Currently Judge Jones is the Supervising Judge for Budget Planning and Implementation. Her message was somber-“This is bad” and “There are huge consequences”. As of June 14, eight courthouses will be closed and 511 staff positions lost in this process of “de-reconstruction” and “re-construction” of the Court System in Los Angeles County.

After her informative and eye opening presentation, Judge Jones shared her detailed outline with me. It’s quite lengthy, but this issue is so important to all of us, that I will share some of it.

The principles and priorities of the Budget Planning and Implementation Committee included meeting constitutional requirements and statutory obligations; maintain access to justice in all litigation types, most effective use of bench officers, and fair and even distributions of resources within all case types.

There will be fewer neighborhood courts as ten courthouses will be closed with narrow exceptions: Huntington Park, Whittier, Pomona North, Malibu, West Los Angeles, Beverly Hills (1 traffic court will remain), San Pedro, Beacon Street, Catalina (2 days/month only) and Kenyon Juvenile.

We will have fewer criminal and traffic courts at fewer locations: 12 courthouses will close, and cases will be distributed among the remaining criminal courtrooms by mid-June; court scheduling reconfigured to accommodate new demands from parole violation hearings.

Family Law/Civil Harassment Cases-Redirection of more than 10,000 hearings annually will result in a 15+% workload increase for bench officers.

Two delinquency courtrooms at Kenyon will be closed and work re-distributed; a layoff of referees replaced with other bench officers; closure of dedicated adoption courts excepting Edelman’s Children’s Court.

As 10,000 civil harassment hearings will be redirected annually, existing bench officer workloads will increase by 15+%.



The Honorable Ann Jones

Probate to be centralized at Mosk Courthouse-filings will be accepted only at Mosk, and bench officers may conduct some hearings in district courts for certain conservatorship and guardianship matters.

Civil Consolidations include bench officers be dedicated to one case type; utilize differential case management for collection, PI and limited civil cases and reduce the number of courtrooms and staff.

Probate matters will be centralized in Mosk Courthouse-filings will only be accepted there.

Small claims will be filed and heard only at five courthouses-Mosk, Alhambra, Downey, Van Nuys, and Inglewood.

Unlawful detentions will be filed and heard at Mosk, Pasadena, Long Beach and Santa Monica. (Lancaster will not change) The travel distance can be up to 32 miles.

Small claims will be filed and heard at Mosk, Alhambra, Downey, Van Nuys and Inglewood. (Lancaster will not change) Travel distance up to 25 miles.

There will be limited civil courts. Two Collection Courts will be at Chatsworth and Norwalk-up to travel distance of 46 miles. And the remaining civil cases will be at Mosk with a travel distance of up to 66 miles.

Judge Jones explained their predicament of \$530 MILLION reduced funding. She revealed that court expenditures had to be reduced by \$85 million in one year. This closure of courts and reduction of staff will result in a longer wait for a case to go to court. She assured us all cases will be heard, but it will take longer for them to go to court.



GETTING OUT

[Nyergeres teaches survival skills through School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyergeres.com. He is the author of “Enter the Forest,” “How to Survive Anywhere,” and other books.]

Where do you go to get out and enjoy nature with the family? What are some of the options?

First, look at the map! We’ve got the mountains to our north, the desert to our east, and the Pacific Ocean not far away. Whether you want to go for a family drive, or a hike, or an excursion, there are lots of options to consider.

HIKING LOCALLY URBAN WALKS

You don’t always need to be in the woods to enjoy a good walk. I have taken many urban hikes in the Pasadena, Altadena, Sierra Madre, San Marino, and surrounding areas. Generally, I have driven to an area, and hiked in a four or five square block area. Just try it and discover the hidden urban wilderness right under your nose. You’ll see homes you never noticed before, and the unique flora (and maybe even fauna) that’s so common here.

FOOTHILL WALKS CHANTRY FLATS

Drive all the way up Santa Anita through Arcadia, through Sierra Madre, and up to Chantry Flats. On the weekends, this is one of the most popular places in the local mountains, so see if you can get there during the week.

BAILEY CANYON

Drive north on Baldwin in Sierra Madre to Carter, go left, and proceed about a half-mile to Bailey Canyon Park. You could actually just stroll around this smallish park and have a good time.

COBB ESTATE

Drive to the top of Lake Avenue and park where you can. Hike behind the wrought iron gates and you can stroll around in this large flatlands, an old estate now full of native plants and some surviving ornamentals.

MILLARD CANYON

From Loma Alta in Altadena, drive up Chaney Trail to the high point, and then drive down into the river bottom. You can park and hike upstream (to the waterfall) or downstream where you view the old cabins and a great selection of native plants. This is a pleasant spot to spend a summer day, though parking is limited.

ARROYO SECO

There are countless spots along the Arroyo Seco where you can go on short or longer walks.

You can park around the Rose Bowl, and hike as long as you wish up the east side, or the west side of the Arroyo Seco. There are horse trails on both sides and, though you’ll see plenty of people along the way, don’t underestimate such “backyard” walks. You’ll be surprised at how rich in details and plant life such walks can be. You’ll see areas that you never knew existed when you slowed down and opened your eyes.

MOUNTAIN HIKES AND DRIVES

ANGELES CREST HIGHWAY

From the 210 Freeway, exit on Angeles Crest Highway and head north. In about 10 miles or so, you’ll get to the Angeles Forest Highway. If you travel up the Angeles Forest Highway, the terrain will start to look more like a desert and there are a few turnoff where you can hike or camp. Get a map from the U.S. Forest Service on Santa Anita just south of the 210 freeway in Arcadia so you see all the options here.

PARKS

Within a short driving distance, we have numerous top-quality parks for picnics and excursions for the family.

Santa Fe Dam and Recreation Area. This is one of our secret locations located just south of the 210 freeway and east of the 605. It’s a huge area where you can bicycle the perimeter, or picnic, or hike around and enjoy the scenery. You could even picnic by the water.

Griffith Park. This is one of the largest urban parks in the country, home to the L.A. Zoo (a great spot to take the family), and the Griffith Observatory. I suggest go to the shop at the Observatory, buy the map for the park, and take some exploratory hikes on some of the short loops throughout the park. In some areas, the views are spectacular.

Joshua Tree. OK, this is a drive of at least an hour and a half to the east, but you’re going into some wonderfully desert country, with lots of spots to stop along the way, including the palm canyons outside of Palm Springs.

MISSIONS

One of best kept secrets, and a great day trip for the family, is any one of the original missions, many of which are a short drive from Pasadena.

You can see how buildings were built, and how life was lived a few hundred years ago when the Spanish came into California, before there were freeways and Jack in the Box.

The closest is the San Gabriel Mission, just in our backyard. A little further afield are the missions at Santa Barbara and Ventura, and to the south, San Juan Capistrano.

ARBORETA

Perhaps you’re looking for a place to walk casually, and learn about native and ornamental floral. Once again, we have some world-class outing locations in our own backyard.

Try Huntington Gardens just south of Cal Tech and Pasadena City College, or Descanso Gardens in La Cañada, or the L.A. County Arboretum down Baldwin on Arcadia or, further east, Rancho Santa Anita Botanical Gardens in Claremont.

LOCAL BEACHES

Our Southern California beaches are but 30 to 45 minutes from Pasadena, and you have many options, depending on where your interests lie. There are good spots to walk on piers, eat lobster, bicycle for miles at Redondo, and kayak at Balboa Island. Beaches are always popular.

SOURCES OF MORE INFORMATION

Many of the destinations require a parking fee or an entry fee. You can look up the names on-line and inquire. Prices can vary from weekday to weekend.

BOOK for HIKES

Get a book or map before you go and study the trails and your options. I strongly recommend John Robinson’s “Trails of the Angeles” for the local trails mentioned here.

AUTO CLUB

If you plan to go to the Missions, or the beaches, the S. California Auto Club is one of your best investments. Not only will you get roadside service, but they provide custom maps for any sort of excursion that you desire.

NOTES

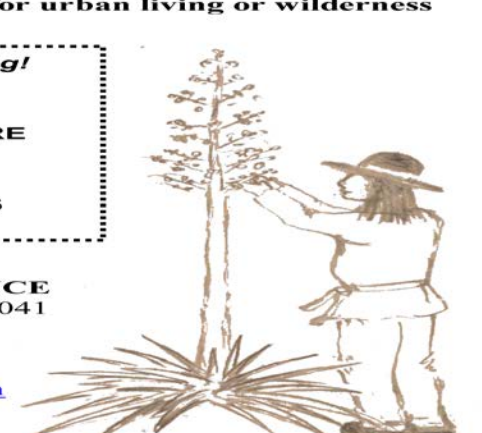
Always go prepared when you take a hike or go out for a family excursion. Dress comfortably for the season, with a hat if necessary. Carry water, since many of the trail sites don’t have any. And I strongly recommend you carry some simple emergency survival gear, such as a knife, fire starter, cell phone, and first aid kit. Always prepare for the specific needs of all your family members, including elderly and children, and pets if you must take them with you.

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“Where there is no struggle, there is no merit.”

Looking Up

with Bob Eklund



DRILLING INTO MARS

The team operating NASA’s Curiosity rover on Mars has selected a second target rock for drilling and sampling. The rover will set course to the drilling location in coming days.

This second drilling target, called “Cumberland,” lies about nine feet west of the rock where Curiosity’s drill first touched Martian stone in February. Curiosity took the first rock sample ever collected on Mars from that rock, called “John Klein.” The rover found evidence of an ancient environment favorable for microbial life. Both rocks are flat, with pale veins and a bumpy surface. They are embedded in a layer of rock on the floor of a shallow depression called “Yellowknife Bay.”

The second drilling is intended to confirm results from the first drilling, which indicated the chemistry of the first powdered sample from John Klein was much less oxidizing than that of a soil sample the rover scooped up before it began drilling.

Although Cumberland and John Klein are very similar, Cumberland appears to have more of the erosion-resistant granules that cause the surface bumps. The bumps are concretions, or clumps of minerals, which formed when water soaked the rock long ago.

Mission engineers at JPL recently finished upgrading Curiosity’s operating software following a four-week break. The rover continued monitoring the Martian atmosphere during the break but the team did not send any new commands because Mars and the Sun were positioned in such a way the Sun could have blocked or corrupted commands sent from Earth.

Curiosity is about nine months into a two-year prime mission. After the second rock drilling in Yellowknife Bay and a few other investigations nearby, the rover will drive toward the base of Mount Sharp, a 3-mile-high layered mountain inside Gale crater.

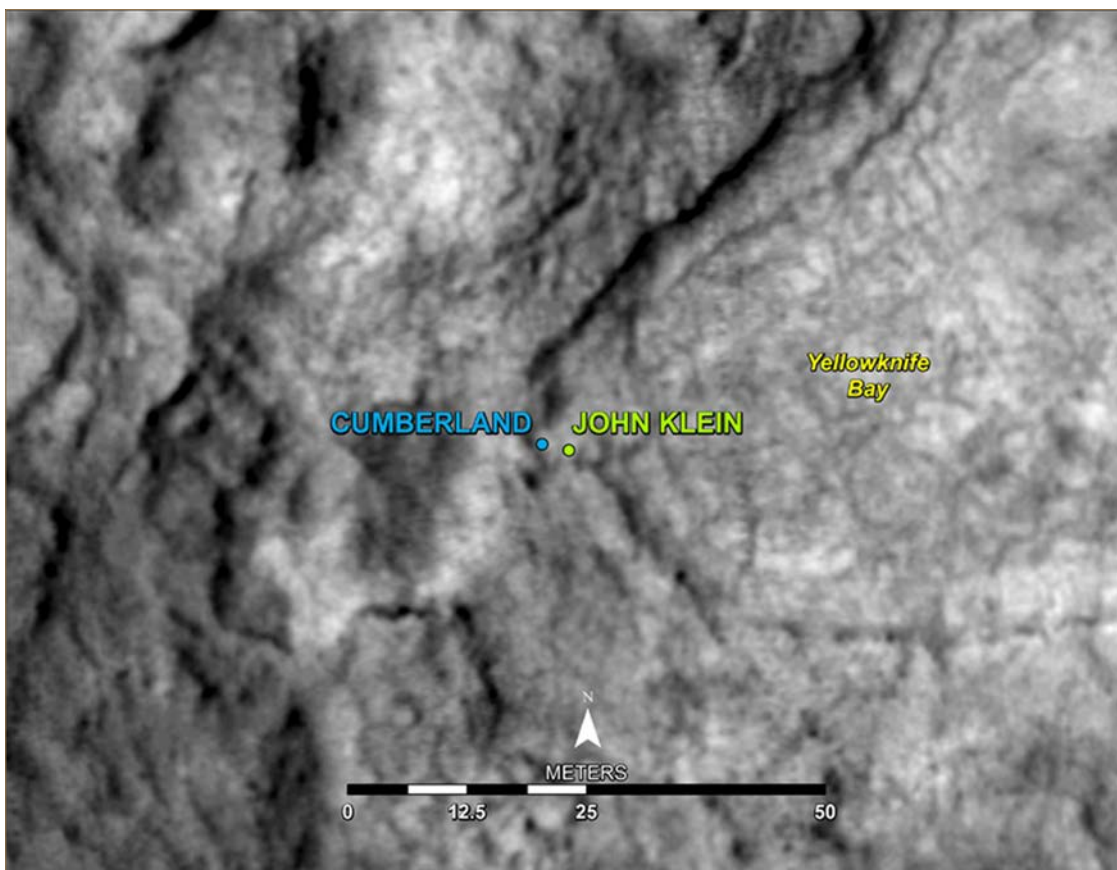
THE RED PLANET has fascinated me ever since I took part in a play called “A Funny Family on Mars,” written, acted, and produced (for parents) by my 4th-grade class. I was chosen to play the part of an Earth-boy who, with his sister, builds a space ship and flies it to Mars. There we meet a Mars-boy named Cumbo Abba, played by a kid with the brightest red hair you ever saw!

Those were days when so little was known of Mars that anything seemed possible. The depiction of Mars in fiction had been stimu-

lated by the planet’s dramatic red color and by nineteenth-century scientific speculations that it might support intelligent life. Thus originated a large number of science-fiction scenarios, among which was H. G. Wells’ The War of the Worlds, published in 1898, in which Martians seek to escape their dying planet by invading Earth. A subsequent radio adaptation of The War of the Worlds on October 30, 1938, by Orson Welles was presented as a live news broadcast, and became notorious for causing a public panic when many listeners mistook it for the truth.

Have Martians ever existed? Not likely, at least according to the evidence so far unearthed (an odd word, when referring to Mars). Perhaps the “Martians” will ultimately be what Ray Bradbury so poignantly suggests at the end of the last episode of his Martian Chronicles—where a family of colonists from Earth look at their reflections in a canal and realize, “We are the Martians!”

Despite all our exploration, all the mysteries involving Mars will probably never be resolved. Here’s one, for instance: Author Jonathan Swift made reference to the moons of Mars, detailing reasonably accurate descriptions of their orbits, in the 19th chapter of his novel Gulliver’s Trav-



This map shows the location of “Cumberland,” the second rock-drilling target for NASA’s Mars rover Curiosity, in relation to the rover’s first drilling target, “John Klein,” within the southwestern lobe of a shallow depression called “Yellowknife Bay.” Cumberland, like John Klein, is a patch of flat-lying bedrock with pale veins and bumpy surface texture. The bumpiness is due to erosion-resistant nodules within the rock, which have been identified as concretions resulting from the action of mineral-laden water.

North is to the top of the map. The scale bar is 50 meters (164 feet). Cumberland lies about nine feet (2.75 meters) west of John Klein. The base map is part of an image from the High Resolution Imaging Science Experiment (HiRISE) camera on NASA’s Mars Reconnaissance Orbiter. The mapped area is within Gale Crater and north of the mountain called Mount Sharp in the middle of the crater. After completion of investigations near the edge of Yellowknife Bay, the rover’s main science destination will be on the lower reaches of Mount Sharp. Courtesy NASA

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.

From Arcadia's Best

SANTA ANITA PARK A PROM HERO

Santa Anita Park and event planner Elizabeth Booth are being hailed as heroes for saving a prom night for 400 anxious students who showed up a week earlier than scheduled.

And the availability of the iconic Chandelier Room was the reason it all worked.

Masses of formally-dressed students of Bloomington High School began rolling up to Santa Anita Park in limos at 7 p.m. on Saturday, April 27, to the surprise of everyone at Santa Anita, which had a signed contract to host the prom at 8 p.m. on May 4. Booth, who was beginning to wind down her evening of activities, could not bear to turn away all those students who had driven 40 miles and were geared up for one of the most memorable evenings of their lives. (Can you imagine the cost of rentals for the limos and tuxes alone, let alone all those wasted corsages?)

Booth sprang into action, mobilizing whatever staff she could hurriedly assemble to set up food, soda bar, entertainment, lighting, and security.

Fortunately, the stately Chandelier Room is adorned 24/7 with elegant decor and a majestic look.

Bloomington High School's name was quickly posted on all the monitors in the room. One of the DJ's working one of the two other proms being held the same evening in different rooms at the enormous Santa Anita Park volunteered to fill in for the Bloomington prom until another DJ could be recruited to work the four-hour event until midnight, as scheduled for a week later.

It was also fortunate that the other two proms were being run by a sister company of the one that Bloomington had booked for theirs, First Class Events, Corona. First Class Events, Newport Beach, working the other two events, not only provided a temporary DJ, but also audio, computer system, speakers and music.

In slightly more than an hour, the students were admitted about 8:15 p.m.

Although there was initial shock and disappointment, most students reported having a great time. (KABC-TV 7 video report.)

In a letter to Santa Anita, Bloomington High School Assistant Principal James Western said, "If it were not for the care, generosity and professionalism of Elizabeth Booth and Santa Anita Park, Bloomington High School would have left that evening with a complete disappointment. Thank you for your sacrifice and care. We truly appreciate all that you did for us."

Cecilia Ridgeway, owner of First Class Events, Inland Empire, which also claims to have a signed contract with Bloomington for the May 4 date, wrote in a letter to the school that she was first called about the situation at 7:04 p.m., less than an hour before students expected the prom to begin. (The school's Activities Director has reportedly taken complete responsibility for the mistaken date.) "...only a miracle could turn the situation around and there was only one hour make it happen," she wrote. "Everyone involved went above and beyond all expectation. Santa Anita Park had no obligation to allow this event to take place. The true heroes in all of this... are Elizabeth Booth, Santa Anita's Special Event Coordinator, Pete Siberell, Director of Special Projects, Santa Anita's outstanding Catering Staff, their Employee's, and Security Officers." She said that all "worked tirelessly to ensure that Bloomington High School's students had a Prom and quality one at that." — By Scott Hettrick



"PIECIN' IT TOGETHER"—MUSIC AND QUILT DISPLAY AT AAUW SPRING LUNCHEON

The Arcadia Branch of the American Association of University Women (AAUW) is "putting all the pieces together" and planning a wonderful luncheon event for an AAUW Funds fundraiser on Monday, June 10, at 12:00 noon. The Pennyroyal Players from the Palos Verdes Peninsula will perform "Piecin' It Together," songs and stories of the American West, for members and guests. Wearing period costumes and playing musical instruments that range from guitars to washboards, the five-member group will bring to life a colorful era in our country's past. A display of ten quilts forms a background for the performers.

The luncheon event will take place at the Church of the Good Shepherd's Jordan Hall, 400 West Duarte Road, Arcadia (SW corner of Duarte Rd. and Holly Ave.). Back by popular request, Arcadia caterer Blennie Danielson of Danielson's Creations will be serving a delightful lunch. Blennie is known for her tasty wraps and their delicious accompaniments. Lunch includes dessert and beverages.

The cost of \$25 covers the buffet lunch and the program.

Guests are welcome to attend this festive event. Quilters and others are sure to enjoy the occasion. To make a luncheon reservation, send reservation requests and checks to Joyce McGregor at 1751 Holly Ave., Arcadia, CA 91007. Luncheon checks should be made payable to **AAUW-Arcadia Branch**. For more information, please call Joyce at (626) 447-6543. The reservation deadline is June 1.

This event will benefit the AAUW Funds project which supports women in graduate studies, public service projects, research, and other programs. Those wishing to make a separate donation to AAUW Funds should make donation checks payable to **AAUW Funds**. All reservations and donations should be sent to Joyce McGregor's address.

If you know of quilters or quilters guilds that I can contact about this event, please let me know at (626) 446-8437 or by e-mail at pattpoppy9401@yahoo.com.

SPECIAL PRESENTATION ON TREATMENT OF MILD COGNITIVE IMPAIRMENT

Arcadia Senior Services is having a special free health presentation on Tuesday, May 28, 2013 at 1:30pm: "Treatment of Mild Cognitive Impairment". The lecture will take place at the Arcadia Community Center, 365 Campus Drive.

Dr. Vincent Fortanasce, a well-known recognized expert in the field of Alzheimer's, will be the guest speaker. Although there is no cure for Alzheimer's, there is hope this disease can be prevented through simple changes in your lifestyle. Dr. Fortanasce, a clinical Professor of Neurology trained at USC and Yale, has pioneered the DEAR program (Diet, Exercise, Accentuating the Brain, and Rest and Recovery). He will be presenting a comprehensive prevention program called the DEAR/TEAM method that consists of simple lifestyle changes to prevent this horrific disease, in particular how sleep affects our memory, personality and prevents premature aging.

Dr. Fortanasce will also present his new method to treat early Alzheimer's disease known as Treatment of Mild Cognitive Impairment, the TEAM method. Through a series of sensory stimulation and memory recall Dr. Fortanasce believes we can reconstitute the neural connections that are impaired by Alzheimer's. Registration is required for this health presentation as there is limited space and can be made by calling Arcadia Senior Services. 626.574.5130. This presentation is for individuals 50 years of age and over.



**We'd like to hear from you!
What's on YOUR Mind?**

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Arcadia Police Blotter

For the period of Sunday, May 5th, through Saturday, May 11th, the Police Department responded to 890 calls for service of which 109 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, May 5:

1. At about 1:09 a.m., an officer was dispatched to the 200 block of North Second Avenue regarding a battery investigation. Three suspects pushed a juvenile off his bike, punched him in the nose, and fled in a tan colored four-door vehicle. The suspects are described as Hispanic males with shaven heads, approximately 5'9" tall, wearing dark-colored hooded sweatshirts, backpacks and shorts, with tattoos on their legs. The suspects can be identified if seen again.
2. Just after 2:30 p.m., an officer responded to Ralphs, 16 East Live Oak Avenue, in reference to a theft report. The suspect entered the store, selected two cases of beer, and attempted to return the merchandise for cash using old receipts. A records check revealed the 21-year-old Black male had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.

Monday, May 6:

3. At approximately 2:00 a.m., officers attempted a traffic stop on a vehicle for speeding in the area of Huntington Drive and Santa Anita Avenue. The vehicle failed to yield and led officers on a short pursuit on the 210 freeway and into Covina where the driver came to a stop in his driveway. The 26-year-old Hispanic male was under the influence of alcohol and officers discovered he was on probation for a previous DUI. He was arrested without incident and transported to the Arcadia City Jail for booking.
4. Shortly after 2:00 p.m., an officer was dispatched to Jump N Jammin at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. The victim accidentally left her wallet on a counter and discovered it missing a few minutes later. Video surveillance revealed two Hispanic suspects, one male and one female, took the wallet and left the location.

Tuesday, May 7:

5. Around 3:59 a.m., an officer was dispatched to Santa Anita Wine and Spirits, 1002 North Santa Anita Avenue, in regards to a sounding alarm. Two unknown male suspects forced entry through a door and fled the location with \$300 cash and 12 bottles of Vodka. Video surveillance revealed the suspects were wearing black hooded sweatshirts, black pants, and black gloves. Multiple shoe prints were located at the entry point.
6. At approximately 7:51 p.m., an officer was dispatched to the area of Foothill Boulevard and Leandra Lane regarding a hit and run traffic collision. A motorcyclist was found severely injured and the driver of the other vehicle fled the scene. The motorcyclist was transported to Huntington Memorial Hospital, but passed away shortly after. Witnesses observed the suspect vehicle and motorcyclist racing at high speeds on the 210 freeway.

Based on the color and parts recovered at the scene, the suspect vehicle is possibly a 2005 or 2006 electric blue Mitsubishi Lancer Evolution or "Evo". The vehicle is missing the passenger side-view mirror and should have additional collision damage along the right side. Further investigation is being conducted by the Detective Bureau and the Department is reaching out to the public for help in locating the suspect and suspect vehicle.

Wednesday, May 8:

7. At about 6:57 a.m., an officer responded to a residence in the 1200 block of Oakhaven Road in regards to a burglary investigation. The victim heard noises coming from his backyard and discovered an unknown suspect inside his garage. The victim recorded the license plate as the suspect fled the location in a silver Toyota. Shortly after, officers located the suspect at his residence during which time the suspect admitted to burglarizing additional homes in Arcadia and Woodland Hills. The 44-year-old White male was arrested and transported to the Arcadia City Jail for booking.
8. Around 7:20 p.m., an officer was dispatched to the 200 block of East Norman Avenue regarding a theft report. An unknown Black male subject took a package from the victim's front porch and entered the passenger side of a black four-door vehicle with dark tinted windows, possibly a Nissan. The victim was unable to record the license plate as the vehicle fled westbound.

Thursday, May 9:

9. Shortly after 4:00 p.m., an officer responded to the 000 block of East Longden Avenue in reference to a report of an unknown subject trespassing in a backyard. Upon contact with the subject, the officer discovered he was under the influence of a controlled substance. The subject explained he abandoned his car in the 2000 block of Santa Anita Avenue in order to get away from unknown subjects who were chasing him. The 24-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
10. At roughly 10:19 p.m., an officer was dispatched to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to theft report. The suspect attempted to purchase merchandise on another person's Nordstrom credit account using the victim's social security number and a fraudulent driver license. A records check revealed the 24-year-old Black female had two outstanding misdemeanor warrants. She was arrested and transported to the Arcadia City Jail for booking.

Friday, May 10:

11. At approximately 5:00 p.m., officers responded to Coffee Bean and Green Leaf at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a sexual battery that just occurred. A 49-year-old Hispanic male suspect rubbed his exposed penis against a female standing in line. The suspect was located, arrested, and transported to the Arcadia City Jail for booking.
12. Just after 6:00 p.m., an officer was dispatched to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. The suspect left her 5-year-old daughter unattended in the children's department and entered a fitting room where she concealed over \$800 worth of clothing inside her stroller. The suspect paid for one item and exited the store without paying for the concealed items. The juvenile was released to her father while the 40-year-old Hispanic female was arrested and transported to the Arcadia City Jail for booking. The case is under review by the Department of Children and Family Services.

Saturday, May 11:

13. Shortly after 12:50 p.m., an officer was dispatched to a residence in the 2500 block of Doolittle Avenue regarding a 9-year-old juvenile lying in a pool face down and not breathing. Upon arrival, Arcadia Paramedics were treating the juvenile who was now conscious and breathing. The juvenile was transported to Arcadia Methodist Hospital for evaluation. An investigation revealed the juvenile was playing at a pool party, but had never received swimming lessons.
14. Around 6:28 p.m., an officer responded to the Santa Anita Race Track, 285 West Huntington Drive, in regards to a disturbance. The officer discovered a male subject was highly intoxicated and unable to care for himself. The 53-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

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PRESIDENT & CEO OF SGV ECONOMIC PARTNERSHIP TO SPEAK AT ARCADIA CHAMBER

Cynthia J. Kurtz, President & CEO of the San Gabriel Valley Economic Partnership, is the guest speaker at 8am Thursday, June 6, at the Arcadia Chamber of Commerce Government Affairs Forum, 388 W. Huntington Dr. Ms. Kurtz will speak about the Economic Forecast of the San Gabriel Valley.

A discussion of pending legislation and other updates will be provided by representatives from City, County, and State government offices, the Metro Gold Line Foothill Extension and the Monrovia-Arcadia-Duarte Town Council.

The public is invited on the first Thursday of each month to hear informative presentations at the monthly Government Affairs Forums led by Chairman Jack Orswell and co-chairs Pete Ulrich, former Arcadia City Councilman, and Mary Dougherty, former President of the Arcadia School District Board of Education. RSVPs to the Chamber of Commerce office are appreciated - (626) 447-2159 or info@ArcadiaCaChamber.org.

MONROVIA - DUARTE

Sierra Madre

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Pasadena

Altadena

Monrovia

DUARTE CITY COUNCIL MEETING: CAPTAIN NEE ADDRESSES COMMUNITY

By Joan Schmidt

Much was accomplished at Tuesday's Duarte City Council Meeting. After a request from Duarte Council Member Fasana, Temple Station Commander, Captain Christopher Nee addressed the community. The Duarte City Council had received a few complaints from residents who felt that when calling Temple Station to report suspicious activities, the desk personnel seemed disinterested in their calls and deputy response times were lengthy. Captain Nee personally met with each individual assigned to the Temple Station desk, discussed these complaints and explained the importance of customer service and the Sheriff's Department's expectations of service. All of the desk personnel were very receptive and appreciated the talk. Captain Nee reassured the Council Members and the public who were in attendance of the Temple Sheriff's Station commitment to the Duarte community and asked them to continue to report any and all suspicious activities. Captain Nee also said, "Obviously we have to prioritize our calls but we DO and WILL respond to all calls for service."



Sergeant Tri Hoang and Captain Christopher Nee

December, 2012, Mr. Katz received a letter of commendation for volunteering at the holiday Christmas celebration. The City of Duarte presented a special Certificate of Recognition for his hard work and dedication to the City of Duarte, Temple Station and the Sheriff's Department.

The City next honored **Los Angeles County Fire Captain Joseph Alvarado** for **39 years of service** including seven as a Montebello Fireman. For the last six years, he served the citizens of Duarte before he retired on April 25, 2013. Well done, Captain Alvarado!

Mayor Finlay read a Proclamation recognizing May 2013 as Older American Month. Afterwards, **Dr. Gerald "Jerry" Delker** was honored as **Senior Volunteer of the Year**. Dr. Delker has lived in the Duarte community since December, 1979 when he and his family arrived. He has been a long-standing active community leader. He first became involved with youth activities including Girl Scouts and Boy Scouts. He has served as a member on the Public Services Commission and Youth and Family Master Plan Advisory Commission. In 2002, he joined the Duarte Elks Club and expanded its services to youth. He encouraged the Lodge to support the National Dictionary Project in 2007; they have provided 3300 dictionaries to third graders throughout the San Gabriel Valley. In 2011, he obtained a National Elks Grant to start the Bikes for Kids program. To date the Duarte Elks have provided 200 helmets and 90 bicycles to Duarte children. Thank you, Dr. Delker!

Captain Nee also revealed to me that he had personally called one resident to go over the concern, and the issue was resolved. I am not sure how many "Chiefs of Police" personally call a resident over a concern. As a Monrovia-Duarte Town Council Member for ten years and my status as a reporter, I had extensive contact with many Sheriff's stations, programs and various units. They were ALL exceptional. Do people realize that **Temple Station** provides service for **five cities-Temple City, Duarte, Bradbury, South El Monte and Rosemead, and several unincorporated areas-Monrovia, Arcadia, Duarte, East Pasadena and South San Gabriel!** So Captain Nee *IS* the "Chief of Police" for these five cities! From where I am at, he's doing an *EXCEPTIONAL* job! Thanks, Captain Nee!

After Captain Nee spoke, there was recognition of **Mr. Jerry Katz**, who received the **Temple Station 2012 Civilian Volunteer of the Year Award**. Since becoming a station volunteer in April, 2007, Mr. Katz has donated over 698 hours of his own time. In

DR. JERRY DELKER NAMED DUARTE SENIOR VOLUNTEER OF THE YEAR

Longtime Duarte resident and dedicated community leader, Dr. Gerald (Jerry) Delker, has been named City of Duarte Senior Volunteer of the Year for his years of volunteer service. He was honored by the Duarte City Council for his years of volunteer service to the community. He will also be honored at the 48th Annual Older Americans Recognition Day Awards at the Dorothy Chandler Pavilion on May 22, and at the Duarte Senior Center Volunteer Recognition Dinner on June 14.

"Jerry's dedication and volunteerism has improved the quality of lives of many Duartean since the day he and his family moved to Duarte in 1979. A majority of his tireless efforts and activities have benefited the youth of our community. He is one of Duarte's jewels," said Duarte Senior Center director, Peggy Diamond.



Dr. Delker has served the City of Duarte as a member of the Community Services Commission for four years and was a member of the important Youth and Family Master Plan advisory committee. In 2002 he joined the Duarte Elks Lodge and expanded its services to youth. He got the lodge involved in the National Dictionary Project in 2007 which has provided 3,300 dictionaries to third grade students throughout the San Gabriel Valley. By applying for and obtaining a National Elks grant to start the Bikes for Kids Program, more than 200 helmets and 90 bicycles have been donated by the Duarte Elks to Duarte children. He also conducts a weekly bike repair class at Mt. Olive High School, and serves as a substitute teacher for Duarte Unified School District. Over the years he has also been involved with the PTA and in the troop, district and council level for the Girl Scouts of America. Last year he worked on the 100th anniversary Girls Scouts Camporee. He has also continued to work with the Boy Scouts of America by serving as a unit advisor, and conducts monthly leadership classes.

MONROVIA DINNER THEATRE

Swazzle Puppets will be presenting a Dinner Theatre puppet show on Thursday, June 6 at 6:30 p.m. The whole family is invited to join us for a comic retelling of the classic Aesop's Fable, The Grasshopper and the Ants located at the Rotary Club Bandshell in Library Park. The show features handcrafted puppets, hand painted scenery, and audience participation. Bring your dinner, a blanket and/or chair to sit in the park and watch a wonderful show for the entire family.

Stop by the Youth Reference Desk, call (626) 256-8274, or visit www.monroviapubliclibrary.org for more information. The Rotary Club Bandshell is located at 321 South Myrtle Avenue, in Old Town *Monrovia's Library Park*.

Thursday, June 6 6:30 p.m.

Rotary Club Bandshell in Library Park Free

OPENING DAY IS SATURDAY, JUNE, 22, 2013 THIS YEAR!

Opening Night at the Hollywood Bowl

Come celebrate one of the most talked about highlights of the upcoming summer! Join the Arcadia Recreation and Community Services Department as we kick off the 2013 summer season with our annual adult excursion to the Hollywood Bowl on Saturday, June 22, 2013 from 6-11:30pm. Enjoy an evening with the brilliant Hollywood Bowl Orchestra, special celebrity guests and a spectacular fireworks finale! Invite a few friends and bring a basket of picnic delights for a captivating evening of entertainment! Tickets are \$40.00 and are on sale now online, by mail, walk-in or fax-in.

Tickets will be available for early pick up beginning Monday, June 17 from 8am to 9pm in the Community Center and continuing through Friday, June 21 until 5pm. Participants can only receive tickets with a receipt or a proper ID. On the night of the event, Saturday, June 22, participants should meet at the Arcadia County Park parking lot near the fountain located at Huntington Drive and Santa Anita Ave at 6pm.

Go to the City of Arcadia's website: www.ci.arcadia.ca.us, to download the registration form or stop by the office, 375 Campus Drive. For more information please call 626.574.5113!

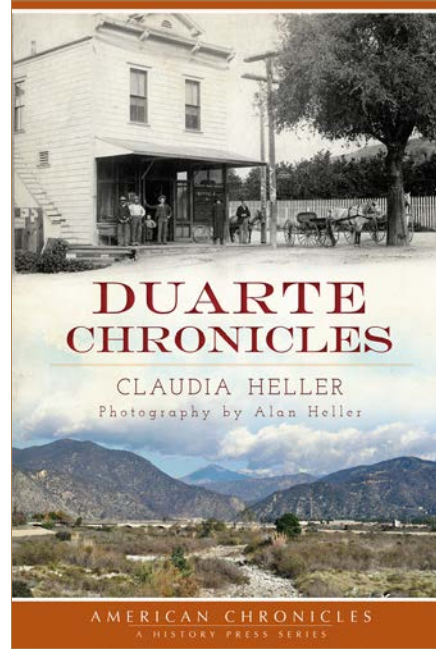
MONROVIA SUNDAY MORNING FARMERS' MARKET

That's right- it's back! From 10am - 2pm on Myrtle Avenue, shop for fresh produce at the Sunday morning Farmers' Market in Old Town Monrovia.

BOOK LAUNCH PARTY TO CELEBRATE RELEASE OF DUARTE CHRONICLES MAY 30 AT OLD SPAGHETTI FACTORY

DUARTE, CA, May 13, 2013 --

Duarte Chronicles, a newly released book about Duarte, authored by Claudia Heller, has the city abuzz with anticipation for secret places revealed, and the stories of colorful characters, events, and history that have helped shape the community over the past 20 years.



To celebrate the new book the Duarte Historical Society will sponsor a book launching party Thursday, May 30 at the Old Spaghetti Factory, 1431 Buena Vista St., in Duarte. The event will begin with a social hour at 5 p.m. Dinner will be served at 6 p.m., followed by entertainment by

vocalist, Jeanette DePatie, and a visual presentation, book signing and sale. Tickets are \$22, with dinner profits to benefit the Duarte Historical Society.

Author Claudia Heller and husband Alan Heller, who provided many of the photographs in the book, know the community well. Residents of more than 30 years, both have been active as leaders and participants in community life. Claudia is the longtime president of the Duarte Historical Society. Alan is president of Duarte Public Access (DCTV) and a former City commissioner. Claudia is also a veteran columnist for the Pasadena Star News, where she has been writing about Duarte life since 1991. *Duarte Chronicles* is a compilation of many of the stories that have appeared in her column.

Mayor Margaret Finlay, who wrote the foreword for *Duarte Chronicles* noted, "I know that once people live in Duarte they always consider it home. Whatever the reasons, you will find in the pages of this book a cast of characters as fascinating and eclectic as any heroes in our country's history."

Reservations for the book launch party are required by May 25. Checks should be made payable to the Duarte Historical Society, C/O Claudia Heller, P. O. Box 1251, Duarte, CA 91009.

Following the official book launch, copies of *Duarte Chronicles* will be available for purchase at Duarte City Hall with profits from those sales to benefit the Duarte Historical Society.

Monrovia Police Blotter

Highlighted Activity for the Weekdays of May 13-15, 2013

During the last seven-day period, the Police Department handled 487 service events, resulting in 77 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

Petty Theft From a Vehicle

May 13 at 6:11 a.m., a petty theft from an unlocked vehicle that occurred in the 100 block of Acacia was reported to police. The victim parked his vehicle in his driveway at approximately 10:30 p.m. and left it unlocked. Unknown suspect(s) entered the vehicle overnight and took makeup, an iPad touch, a Garmin GPS, employee identification, miscellaneous tools and clothing. The investigation is continuing.

Traffic Collision / Driving Under the Influence - Suspect Arrested

May 13 at 9:21 a.m., a traffic collision was reported in the 500 block of West Duarte Road. An officer responded and found a solo vehicle that had crashed into several parked cars. Further investigation determined the driver was under the influence of medications, and he was uncooperative with the officer. The driver was arrested for driving under the influence and taken into custody.

Traffic Violation / Outstanding Warrant - Suspect Arrested

May 15 at 11:44 a.m., an officer was working special traffic enforcement on the Office of Traffic Safety grant and made a traffic stop in the 2000 block of California on vehicle for a vehicle code violation. A warrant check revealed the driver had multiple felony warrants for his arrest. The driver was arrested without incident and taken to the station for booking.

Driving Under the Influence - Suspect Arrested

May 16 at 1:56 a.m., an officer observed a vehicle committing several vehicle code violations. The officer conducted a traffic stop at Palm and Ivy. After further investigation, the driver was determined to be under the influence and was arrested for DUI.

Detective Bureau Case Follow-Up

In September of 2011, an on going neighbor dispute turned into a violent verbal confrontation in the 2100 block of South Myrtle Avenue. An arrest was made of a 40-year-old male, who verbally threatened a female and her father, who owns a business in the area. The case was continued a number of times and finally came to a plea agreement on May 7, 2013. The suspect pled guilty and was sentenced to 9 years in prison.

Department of Community Services
Monrovia Public Library
321 South Myrtle Avenue, Monrovia, CA 91016
(626) 256-8274 www.monroviapubliclibrary.org

2013 Summer Reading Club
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RENATTA COOPER RE-ELECTED PRESIDENT OF THE PUSD BOARD OF EDUCATION

Pasadena, CA – The Pasadena Unified School District (PUSD) Board of Education voted to 4-2 to re-elect Renatta Cooper to a third term as its president at its regular board meeting on May 14, 2013.



“I am honored to be selected for a third year as this board's president and look forward to working with my colleagues for the academic achievement of all children in the district,” said Cooper. “I would also like to discuss the possibility of adding a president-elect to work collaboratively for our students.”

Since her election to the board in 2007, Cooper has focused on early childhood

education, closing the achievement gap between groups of students, increasing the proficiency English language learners and a stronger engagement of parents and the community. An expert on early childhood education, Cooper formerly taught graduate-level child development programs at Pacific Oaks College and has been a member of the First 5 Los Angeles Board of Commissioners. She was first elected President of the PUSD Board of Education in 2011.

At its organizational meeting on May 6, the board elected Tyron Hampton as Vice President and Kim Kenne as Clerk. There is currently one vacancy on the board that will be filled by board appointment in June.

THE PASADENALEARNS “STEP UP TO SUMMER PROGRAM” WILL TAKE PLACE FROM TUESDAY, JUNE 11, 2013 THROUGH FRIDAY, JULY 12, 2013.

The program is FREE Monday - Thursday to all PUSD students at schools with PasadenaLEARNS.

If students want to attend the Friday field trips, the cost is \$85 for the entire summer (all 4 trips).

LEARNS is also hiring PUSD credentialed teachers to teach the language arts and mathematics portion of our program.

Help spread the word about this enriching, fun-filled summer program which includes math, art, science, language arts, performing arts, and more.

Visit www.gopusd.com/learns for more details.

PUSD NEWSFLASH

No Boundaries 8, the annual all-district student art exhibit, continues through May 19 at the Shops on South Lake, 345 S. Lake Ave. (next to the Corner Bakery), Pasadena. The exhibit features a selection of K-12 student artwork from every school in PUSD. For more information, visit www.gopusd.com/arts.

Two John Muir High School filmmakers won top honors in the Bear Aware Youth Film Contest organized by the California Department of Fish and Wildlife. Jose Nuño and Alex Burgos won the first-place prize of \$500. The students' Bear Aware Films are now posted on CDFW's YouTube page and will be used for Bear Aware Outreach in the San Gabriel Valley. To view the films, please go to www.dfg.ca.gov/BearFilmContest.

Alejandro Lopez, a ninth grade student at Pasadena High School, has been chosen to participate in the University of Southern California's "Sea Grant Program". USC's Wrigley Marine Science Center sponsors this summer program that allows high school students to spend one week on Catalina Island studying environmental science and exploring the Earth's ocean. This year, 97 students from all over the United States applied to be admitted into the program; only 20 students were chosen: 6 from out of State; 4 from Northern California; and six from Southern California. Alejandro was the only student chosen from the Pasadena area. Alejandro was recommended for admission to this program by Ms. Hines, his chemistry teacher.

Pasadena High School's swim team ranked in the top five at the CIF Pacific League Swimming Championships May 2. The girls varsity place second, boys varsity placed fourth and both girls and boys junior varsity ranked fifth.

The Pasadena Educational Foundation is once again offering its popular Summer Enrichment Program to local K-8 and high school students, with classes ranging in everything from Creative Writing to Chess. Registration is open and classes are filling up fast, so visit www.pasedfoundation.org/summer to enroll today.

Spots are still available for incoming kindergarten students to enroll in Jackson Elementary School's Spanish Dual Language Immersion Program (SDLIP). This program integrates native Spanish speakers with non-native Spanish speakers to promote bi-cognitive academic achievement. Students in the program learn to listen, speak, think, read and write fluently in English and in Spanish. The program at Jackson is also uniquely complemented by a science, technology, engineering and math academy at the school. Call (626) 396-5700 to schedule a tour or for more information.

ALVERNO HIGH SCHOOL TO HOST A BEAUTIFUL LENGTHS EVENT ON MAY 22

Alverno's Campus Ministry program hopes to donate 1,000 inches of hair to the organization

Sierra Madre, CA (May 17, 2013) – Alverno High School, in association with several local alumnae hairstylists, will host a Pantene's Beautiful Lengths event on campus on Wednesday, May 22 from 2:00 p.m. to 4:00 p.m. Alverno's Campus Ministry class, the event organizers, is hoping to collect more than 1,000 inches of hair from students, faculty and staff, family members, friends, and community members to donate to Pantene's Beautiful Lengths program.

Founded in 2006, *Beautiful Lengths* is a partnership between hair care giant Pantene and the American Cancer Society, the largest non-profit health organization committed to saving lives from every cancer and improving the quality of life for people facing the disease. The role of Pantene is to help women grow long, strong, beautiful hair and provide the funds to turn this hair into free, real-hair wigs for women with cancer. So far, Pantene has donated 24,000 free real-hair wigs to the American Cancer Society's wig banks, which distribute wigs to cancer patients across the country.

Next Wednesday's event will be the fifth time Alverno has held an event of this type. Since 2003, Alverno has donated nearly 7,000 inches of hair to *Locks of Love*, an organization that provides wigs and hairpieces to financially disadvantaged children suffering from long-term medical hair loss. Students chose to donate to *Beautiful Lengths* this year after spending a year focusing on issues that deeply affect women including education and healthcare.

Every person who donates on Wednesday will receive a special gift bag, an angel hair pasta lunch, and an "I Donated" badge to show off their great commitment to the cause. Additionally, there will



be a special raffle for anyone who participates.

In order to donate, individuals must meet the following criteria: at least 8 inches of straight hair or 10 inches of curly hair; hair that is no more than 5 percent gray; and hair that has not been over treated although colored hair is acceptable if not drastically different than your natural color. Hair that has been bleached will not be accepted.

Alverno High School is located at 200 North Michillinda Avenue, Sierra Madre, CA 91024.

About Alverno High School

Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,100 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

BOSCO TECH STUDENTS SELECTED FOR BOEING SUMMER INTERNSHIPS



ROSEMEAD, CA. – May 17, 2013 – Four Don Bosco Technical Institute (Bosco Tech) students have been selected to participate in an eight-week summer internship program sponsored by the Boeing Company. The internships will take place at the aerospace and defense corporation's satellite division in El Segundo where each student will work under the direction of an engineering mentor.

The goal of Boeing's program is to provide high school students with hands-on experience and increase their exposure to science, technology, engineering and math (STEM) professions. In addition to being assigned job responsibilities, the students will attend workshops and training sessions in several topics including 3D printing, STEM careers, and team building, all conducted by Boeing. The interns will also be treated to a one-on-one meeting with an astronaut.

The Bosco Tech students, all juniors, were selected to participate in the program based on high academic standing, strong communication skills, and excellent problem solving abilities. Donovan Gonzales, Adam Jang, Alexander San Miguel, and Patrick Williams will begin their responsibilities on June 24. Each was given their choice of work experiences, from designing aerospace modules to developing employee communication tools.

“We're extremely proud of our students and their commitment to excel in the internships,” said Bosco Tech President Alberto Pimentel. “They will certainly use this experience as a reference point as they plan their university and career paths. We're grateful to Boeing for providing this very valuable educational opportunity.” Bosco Tech is an all-male Catholic high school that combines rigorous college-preparatory and innovative technological education. The science, engineering, technology and math (STEM) curriculum allows students to exceed university admission requirements while completing extensive integrated coursework in one of several applied science and engineering programs. For more information about Bosco Tech, call (626) 940-2000 or visit www.boscotech.edu.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

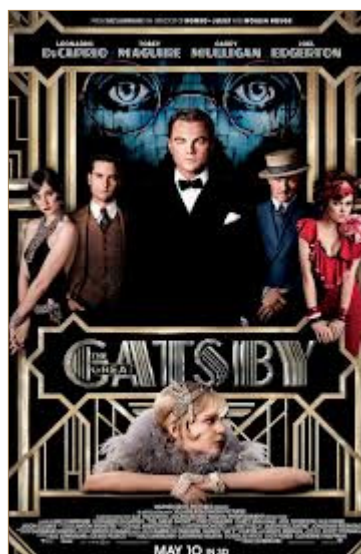
MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show THE GREAT GATSBY



Not having read the book and with only the previews to go on, I expected "The Great Gatsby" to be a joyful romp. However, what I discovered was a beautifully dark love story that completely consumes a group of friends, family members, and parties in the 1920's New York.

Nick Carraway (Tobey Maguire) has just moved to New York and has found a tiny cottage to stay in. The house is a tiny place, squished between two giant mansions, one belonging to the mysterious Mr. Gatsby (Leonardo DiCaprio). Nick soon discovers a twisted past between Gatsby and Nick's

cousin, Daisy Buchanan (Carey Mulligan), and learns that there is a dark reason behind all of Gatsby's immense wealth and fabulous parties.

Starting off light and carefree, "The Great Gatsby" leads you to believe that it is a fun movie. It then twists you into the obsessive world of Mr. Gatsby and how, if life is played correctly, the past can become your future.

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CHRISTINE A. MOORE NAMED OFFICIAL MILLINER OF THE BREEDERS' CUP WORLD CHAMPIONSHIPS

Get Over It Guys - There's More to Horse Racing Than Just Betting!

NEW YORK (May 15, 2013) – The Breeders' Cup announced today that Christine A. Moore, of Christine A. Moore Millinery, New York, one of the world's leading headwear designers, has been named the official milliner of the Breeders' Cup World Championships.



The Breeders' Cup, Thoroughbred racing's most prestigious year-ending international event, consisting of 14 races and purses and awards totaling \$27 million, will be held on Friday, November 1 and Saturday, November 2 at Santa Anita Park in Arcadia, Calif. The \$5 million Breeders' Cup Classic, which will be shown live and in primetime on NBC, culminates two outstanding days of great racing and Hollywood glamour under the picturesque San Gabriel Mountains.

The Christine A. Moore Millinery Silks Collection will be featured in the Breeders' Cup Store (www.breederscupshop.com) and at Santa Anita Park over the Championships weekend as well as at the official Breeders' Cup host hotels in the Los Angeles area.

The collection will include a new "SILKS" line that will give owners and fans of Breeders' Cup horses the opportunity to order in advance a wide variety of stylish headwear to match the colors of their horse's racing silks.

"We're thrilled to be partnering up with Christine as her styles and pieces are truly one of a kind. It's never too early to start thinking about your Breeders' Cup ensemble and it all starts from the top down!" said Peter Rotondo, Breeders' Cup Vice President of Media and Entertainment.

"Christine A. Moore Millinery is honored to partner with the Breeders' Cup," said Christine A. Moore. "Our elegant styles, comfort, and collaboration with our customers personifies our commitment to bring the finest in fashion to horse racing and this world class event. We are excited to develop and offer our "SILKS" Collection to owners and fans, and look forward to our relationship with the Breeders' Cup".

Moore was featured during Derby week on the TODAY show from Churchill Downs <http://www.today.com/style/6-fun-festive-kentucky-derby-hat-styles-6C976...>

About Breeders' Cup

The Breeders' Cup administers the Breeders' Cup World Championships, Thoroughbred racing's year-end Championships. The Breeders' Cup also administers the Breeders' Cup Challenge qualifying series, which provides automatic starting positions into the Championships races. The 2013 World Championships will be held at Santa Anita Park in Arcadia, Calif., on Nov. 1-2, and will be televised live on the NBC Sports Network and NBC. The \$5 million Breeders' Cup Classic will be shown live and in primetime on NBC. Breeders' Cup press releases appear on the Breeders' Cup Web site, www.breederscup.com. You can also follow the Breeders' Cup on social media platforms, Facebook, Twitter and YouTube.

SIERRA MADREAN SCORES IN PAC 12 CHAMPIONSHIPS



Nick Budincich of Sierra Madre competed in the discus final at the PAC-12 Track and Field Championships. On his final attempt he hurled the 2kg discus to a lifetime best of 171'9" to earn a point for Stanford University in team competition on the USC campus on Sunday May 12. Nick is a freshman at Stanford and prepped at Loyola High school and High Point Academy Pasadena. Budincich hopes this mark will qualify for the NCAA regional finals in Austin, Texas later this month, where his sister Andja Budincich attends Southwestern University.

ARCADIA RECREATION AND COMMUNITY SERVICES SPORTS CAMP

Sports Camp is held at Dana Middle School and offers three weeks starting August 5 to August 23. Weeks one and three are for youth ages 11-15 and week two is for youth ages 6-10.

This camp utilizes the Dana Gym and features a variety of fun sports activities for youth including swimming, flag football, basketball, softball, soccer, volleyball and other fun group games.

Each week there is an excursion and three swim days.

Sports camp is \$110 per week. Residents can register on line by going to the city's website at www.ci.arcadia.ca.us. Walk-in registration for everyone begins Monday, May 13. Our office is located at 375 Campus Drive.

For more questions, please contact the Recreation Department at 626.574.5113.

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DATE: SATURDAY, MAY 25 START TIME: 7:45 A.M.
REGISTRATION TIME: 7:00 A.M.
(REGISTER IN KERSTING COURT PRIOR TO RACE)
AGES: 3-12 YEARS OLD
RUN IS ONE MILE UP AND DOWN BALDWIN: YOUTH 3-6 YEARS OF AGE WILL RUN A 1/2 MILE COURSE, WHILE YOUTH 7-12 WILL RUN THE FULL MILE
FIRST 250 SIGN UPS RECEIVE A FREE T-SHIRT
CALL 626.355.5278 FOR MORE INFORMATION

TRAIN FOR THE RACE WITH... KIDS FUN RUN TRAINING DAYS

Hosted by Past Women's Race Winners: Sharon Pevsner and Jill Liston
Location: Sierra Vista Park, 611 E. Sierra Madre Blvd.
Dates: Saturdays, April 27 and May 11, 2013
Time: 9:00 a.m. - 10:00 a.m.
Bring: Running shoes and water
Participants will: Learn proper running techniques
Execute running drills
Get a Q&A session with the hosts
Call 626.355.5278 for more information.

CROSSWORD

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THEME: CATS AND DOGS

ACROSS

- Done with a knife
- Pendulum's path
- Pompous talk or writing
- Salk's conquest
- Gunk
- *Given name of "Dog the Bounty Hunter"
- Tree in Latin
- Hold title to
- Knightly suit
- *Nickelodeon's conjoined brothers (1998-2005)
- Dig further
- Deadeye's forte
- Good earth
- Young woman making her debut
- Le Corbusier's art
- *The Cat in the Hat wore a striped one
- Like decorated cake
- Slime
- Nary a soul
- Musical mark
- Elephant trainer's prod
- Byproduct of muddy roads
- Mirths
- *A dog relies on it to interpret the world
- Speed on water
- "There Will Be Blood" contraption
- Mail agency
- Double helix
- Well-mannered Emily

- "High" drink
- *"Noir" cabaret
- *Most famous collie?
- Best not mentioned
- Poetic "before"
- Bridal path
- Open disrespect
- Poetic "even"
- Imposing house

- One of the Ivies
- Banned insecticide
- Larger key on the right

DOWN

- R&R hot spot
- Rigid necklace
- Actress Jessica
- Plants and animals
- Like a dirty affair
- Bug-eyed
- Column's counterpart
- Type of dwelling unit
- In some cultures, this is a compliment
- Not cool
- In a little while, old-fashioned
- Royal Highness
- *Cerberus, e.g.
- Opposite of alpha
- *"Dog ___ dog"
- Observation post
- *"ate my baby"
- Food safety threat
- Asian pepper
- a.k.a. CT
- Politician's barrelful
- *Baskerville's scare
- Author Chekhov
- Seed coat
- Whitetail, e.g.
- *Boot-wearing cat
- Anatomical dividers
- Used to drain gas tank
- India's smallest state
- PBS street
- Knight's mount
- Of the Orient
- Pretty undergarment fabric
- Very dark black
- Succotash ingredient
- Fast time
- "___ that the truth?!"
- Besides
- Recipe amount
- *Color of some setters
- Poetic "always"

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GIN SUSHI

Boys have lunch together; yes we do, so when gym mates Tony Carlos and John Epp invited me to Gin Sushi and it was John's treat, how could I say no? I haven't been to Gin Sushi in quite sometime - not that it ever disappointed me, just fell off my radar for some reason. Located in East Pasadena, which I have found is a great area for restaurants that have their own parking, and some of the best restaurants in the San Gabriel Valley include Robins for Ribs, Chiquita Banana for Mexican, and of course Panda Inn for Chinese food. Gin Sushi holds up with the best Sushi in the area.

TABLE FOR TWO by Peter DILLS
thechefknows@yahoo.com

Opened (gulp) one week after 9/11 and named after owner Gin Kim, the restaurant attracts a loyal following of diners looking for authentic home cuisine. My father Elmer Dills always said if you go to an Argentinian Restaurant or a Spanish Restaurant and there aren't any patriots eating there, then something is wrong. It was nice to see a restaurant full of patriots. Gin Sushi attracts a wide variety of hipsters and persons any age looking for good sushi at affordable prices. Our lunch for three was still under \$30!!

What to order? The bonus of the afternoon was that wisecracking owner Gin was there and kept the jokes coming at a record-setting pace. We all three went for the three-item combination (\$9.95) - your choice of teriyaki, tempura, sushi, and dumplings, just to name a few. My selection was Yellow Tail Roll (excellent), Tuna Roll which I got as a hand roll and the salmon Teriyaki. Great value !!! My gym friends agreed that for the cost the meal was a real thumbs up. Service was right on, with the Miso Soup delivered immediately, and since I agreed to pick up the beverage portion of the meal it was waters all around.

My friend Tony who frequents here, said that weekend nights do get busy, so plan accordingly. A tip from me to you - check out their Sushi Happy Hour from 3 p.m. to 6 p.m. when it's a little less expensive and not so crowded. I would like to see them clean up the front area of the restaurant, but all-in-all as far as a lunch spot it gets two thumbs up!!

Gin Sushi 3589 E. Colorado Blvd Pasadena (626) 440-9611

News and napkins notes... Robins Woodfire BBQ is now open for breakfast on Saturday and Sundays. Three cheers for TwoHey's in Alhambra for their 70 year anniversary.

SIERRA MADRE WOMEN'S CLUB

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Getting Ready for Memorial Day? Don't be guilty of these mistakes!

Grilling is supposed to be easy. You just heat up the grill and throw your food on there, right? Well, not exactly -- but truth be told, it isn't much more complicated than that. As summer approaches, don't let popular grilling "wisdom" overcomplicate the issue. Read on to find out which so-called tips you can definitely ignore.

1. DON'T Skip the salt. You might have heard that salting meat before grilling will toughen it. Nope, it won't! In fact, season your meat about 30 minutes before you get grilling.
2. DON'T Use lighter fluid to get the grill going. You'd be better off using a chimney starter—unless you like the taste of lighter fluid.
3. DON'T Press hard on your burgers—especially while they're cooking. Do this, and you'll watch the flavor and moisture drip right into the grill. Instead, place them on the grill and then leave them alone until they need to be flipped (which should only happen once!).
4. DON'T Flip out. Grilling isn't fussy, so there's no need to keep flipping your meat. Turn it only once—twice at most.
5. DON'T Abuse the barbecue fork. Remember what happened when you got your ears pierced? The same will happen if you stick a fork into a steak on the grill. We beg you, use tongs or a spatula.
6. DON'T Battle flare-ups with a spray bottle of water. Water + grease = not a good time. Calm grease fires with a flame-resistant kitchen towel.
7. DON'T Check for doneness with a knife—at least not right away. What's one way to ensure a dry, tough piece of meat? Cut your steak as soon as it comes off the coals. Like babies and college kids, steak needs to rest first. Take it off the grill and leave it alone for a 10 minutes (more or less, depending on thickness).
8. DON'T Cook meat all the way through. Remember, meat continues to cook even after you take it off the heat, so remove it before it's exactly to your liking.

*Thanks to Julia Warren from EVERYDAY FOOD

THE PEPPERTREE GRILL, SIERRA MADRE'S NEWEST CANTINA!
By Deanne Davis

Haven't seen someone in a while? Go to The Peppertree Grill – formerly 322, then *T. Boyle's*, does anybody remember when it was *The Sunset* – and I can practically guarantee they'll be walking past or squeezing into the patio!

My best friend, husband and fellow restaurant reviewer, John, and I made our first visit to The Peppertree Grill this past Friday night and were thrilled to see them doing capacity business. The bar was standing room only, the patio was packed, tables inside were filling up quickly and a great time was being had by all. Gratifying to see so much meeting, greeting and eating! We ran into our neighbors, Lisa and Craig Cardella, (she is the genius behind the amazing flowers at iXora Floral Studio, just east of Baldwin on Montecito) and their family, as they were coming in to dine.

Peppertree Grill has happy hour specials every day of the week and Friday night is the \$7.00 glass of wine and appetizer combo. We had some really splendid Argentine Malbec and our appetizers were Matambre, which is slices of flank steak stuffed with hard-boiled egg, spinach and carrots, served on French bread slices with a very spicy Chimichuri sauce, and was delicious. The flank steak was sooo tender! We also tried the Argentine sausage (spicy!) and liked that, too. The appetizers are not stingy in portion size and we realized we were approaching full capacity so split a bowl of the clam chowder (a Friday and Saturday night only special). The chowder was great, not that spoon-can-stand-alone, mostly potatoes, wallpaper paste variety, but a delicately seasoned, generous bowl, loaded with clams. Yes, actual clams!

Peppertree Grill has daily specials, (Friday was Chicken Piccata, a generous portion, beautifully presented) in addition to the daily Happy Hour specials. And, speaking of Happy Hour, Tuesday night is Taco night! The menu features a number of Argentine dishes, in addition to the appetizers we sampled, including a Gaucho Burger – all burgers are half-pounders, btw! There are pasta dishes, a number of steak and chicken entrees and a section of the menu is entitled "House Favorites" and includes the Al Caballo, a breaded steak topped with two eggs and served with French fries.

In addition to that Argentine Malbec, the wine list includes a number of nice wines, reasonably priced, and there is also a good selection of beers.

We were pleased to see that Peppertree creates all their own desserts right there and the selection includes all the things you really like best. Chocolate Mousse Cheesecake, Raspberry Topped Cheesecake, New York Cheesecake and, my personal favorite, Pumpkin Cheesecake. There is also carrot cake, flan, a fruit tart and a double crust apple pie. Working on the concept that life is short, eat dessert first, we did save room for a slice of Pumpkin Cheesecake. Worth it! And, you can order a whole dessert, if you give them a couple days notice. Pumpkin Cheesecake, you're coming home with me soon!

Peppertree Grill features breakfast and lunch on weekends and I'm ready to try their Eggs Benedict, or maybe Papa's Special, which is a half-pound hamburger patty topped with grilled onions, potatoes, two eggs and salsa. Lots of omelettes: Cheese, spinach, green chili and swiss cheese, salsa; several quiches, and even oatmeal.

Service was great, attentive but not overly so, and live music by Kenny Lorin, with guitar and keyboard, was just starting. Kenny is there every other week and that's a nice addition to the ambience.

The Peppertree Grill is at 322 W. Sierra Madre Blvd., right here in town. Their hours are: Monday-Thursday: 4-Midnight; Friday: 11 a.m.-close; Saturday: 8 a.m.-close; Sunday: 8 a.m.-9 p.m.

Driving home through town, it was good to see each one of our local restaurants: Sierra Briganti, The Only Place in Town, Corfu, the Sushi Restaurant, Casa Del Rey and Wistaria doing great business, with happy folks sitting outside enjoying the evening, the view of our mountains, a lot of great food, and best of all, each other.

SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday in fall and winter. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

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Happy Tails

by Chris Leclerc



THE TENACITY OF NATURE IN THE ABSENCE OF HUMANITY

at Hiroshima. More than 400,000 citizens of Prypiat were rendered homeless, and forced out of what they now call the "Exclusion Zone" where radioactive levels still remain exponentially dangerous to this day. Numerous cancer-associated deaths were attributed to the event, subsequent to evacuation, due to radioactivity exposure. After evacuating the 20+ mile span of contaminated land authorities fenced it off and secured it as un-inhabitable to the human being.

Now, 25 years later, it seems the most interesting and educational part of this event is the fact that in the absence of human intervention, hundreds of healthy wild animals are proliferating and thriving in the 'zone' with no apparent mutations or health complications! The question begs, "How many places are there on earth where humans are not interrupting, mediating or intervening between the animals and nature? The fact that human habitation is prohibited in the 'Chernobyl Zone', has rendered it as a very unique scientific study for how nature and wildlife may or may not thrive in such an area, without human intervention. Amazingly, in spite of the high level of radioactivity proven to prevail in the 'zone', wild animals, particularly wolves, deer and beaver who live there, have succeeded in proliferating and thriving in their natural habitats, better than most other locations where they might be found on this planet!

Among the few visitors allowed to venture into the "contaminated, radioactive, abandoned zone", are a handful of scientists on a quest to research how nature thrives (or not) after a nuclear disaster, in the absence of the human. Visits are kept short, and radioactive-resistant protective gear, designed to help prevent exposure is enforced. Remarkably, scientists have reported data that indicates that the wild animals living in the

'zone' are proliferating, and living in a healthier manner than they might in their other indigenous habitats.

Why? Well, the general consensus is because there are no human beings getting in their way. I, myself am inclined to consider the "Chernobyl Zone" a virtual garden of Eden that should remain human-less. Remarkably, regardless of the level of radioactivity scientists have gauged on sedated wolves, the wolves themselves are apparently quite healthy and living more normal lives than where you might find them anywhere else on earth. My thought is that the results of the research studies from today's "Chernobyl Zone" indicate a rather oxy-moronic manifestation of nature meant to teach humans that it is best to leave wildlife a little space and allow it to overcome disastrous conditions on its own. Or, it could have been an epic act of nature's tenacity; a sort of miraculous event that took place to teach us humans a humble lesson for better behavior in the future.

Regardless of the explanation for such unexpected 'life-after-death' conditions in an uninhabitable zone, one would be hard pressed to deny the fact that the human's absence has had a very positive effect on the wildlife's ability to thrive and survive. Take it for face value, and judge for yourself. Either way, 25 years later, in the wake of what we consider to be an epic global disaster, it is remarkable to find that the wild animals still residing in the 'zone' have found a way to revive their livelihood without the help or intervention of the 2-legged being. Such a scientific study should not be taken lightly, and while past history cannot be reconstructed, the future lies before us. Let us use the lessons we learn along the way, and proceed in a more gracious manner to allow all of earth's life forms to thrive and survive. I think we humans got lucky this time, but who knows what is to come?

PET OF THE WEEK

GEMMA #A4574637

Meet a cute and playful pup, Gemma (A4574637). Gemma is a gorgeous three month old gray female Weimaraner/Pit Bull mix puppy who was found in Industry on May 9th and brought to the Baldwin Park Animal Care Center. Weighing twenty-four pounds and likely to grow to fifty pounds, this wonderful girl with the constantly wagging tail is a gem! She is fine with other dogs and we think she would be great with kids. Gemma is the perfect indoor pet for an active individual or family living in a private home. To watch a video of Gemma please visit this link: www.youtube.com/watch?v=ncRO9uBtYlw

To meet Gemma in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Gemma, please reference her animal ID number: A4559566. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Gemma or the adoption process, please contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



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HOW TO USE HERBAL SUPPLEMENTS SAFELY

Dear Savvy Senior: Are herbal supplements safe for seniors who are taking other prescription medications? I have a friend who swears by them, but I want to be sure before I take anything new. Cautious Carol

Dear Carol: Herbal supplements have become increasingly popular in recent years as millions of Americans are looking for natural and more affordable ways to improve their health. But, it's important to know that many herbs can also cause side effects and can interact with prescription medications, especially if you have hypertension, diabetes, kidney disease or liver problems.

While the Food and Drug Administration does regulate herbal supplements, they don't get the same scientific scrutiny that medications do. Herbal supplement manufacturers do not have to get FDA approval, and they don't have to prove a product's safety and effectiveness before it's marketed.

So, before you start taking any new supplement, no matter how natural or harmless it may seem, you need to talk to your doctor or pharmacist to make sure it's safe for you.

In the meantime, here are a few popular herbs you should know about that can cause problems when taken with certain medications.

Aloe Vera: Used on your skin, aloe vera is perfectly safe. But taken orally as a laxative, it may interact with blood sugar-lowering medicines used to treat diabetes.

Ginger: A gram or so of powdered ginger can help ease nausea, but it can also interfere with anticoagulant (blood thinning) medications like warfarin and even aspirin. And, if taken in large quantities could interfere with cardiac, diabetes and blood pressure meds.

Garlic: Marketed as a pill, capsule or powder to lower blood pressure and cholesterol, garlic acts as a blood thinner. So, if you're taking an anticoagulant, use with caution because garlic can make your blood too thin increasing the risk of excessive bleeding.

Ginkgo: Taken to help boost memory and prevent dementia, as well as treat a variety of other ailments, this popular supplement can also raise your risk of bleeding when combined with blood thinning medications. It can also counteract the blood pressure lowering effect of thiazide diuretic

ic drugs and can interfere with anti-seizure medications and insulin used to treat diabetes.



Ginseng: Taken primarily to improve overall health and boost the immune system, this herb can reduce concentrations of the anticoagulant drug warfarin and can interact with some antidepressant medications too. People with diabetes should also use extra caution with ginseng if they are taking medicine to lower blood sugar.

Kava: Promoted as a treatment to curb anxiety and stress, kava has been reported to cause liver damage, including hepatitis and liver failure. It can also interfere with antipsychotic and Parkinson's medications, can thin the blood and should not be taken with anticoagulants, and can cause drowsiness so it should not be taken in combination with any sedatives.

Licorice Root: Taken for ulcers, bronchitis and sore throat, licorice root can cause high blood pressure and salt and water retention, raising the risk of heart problems. It can also thin the blood and should not be used with blood thinning drugs.

St. John's wort: Marketed as an aid to treat depression, Saint John's wort can reduce the effectiveness of a number of prescription medications including anticoagulants, antidepressants, seizure-control drugs and certain cancer drugs.

Zinc: Taken as a defense against colds, excess zinc can cause nausea, vomiting, loss of appetite, stomach cramps, diarrhea and headaches. It can also interact with a variety of prescription drugs, including antibiotics and hypertension meds.

To get more information on the safety, side effects and effectiveness of these and many other herbal remedies, visit the Memorial Sloan-Kettering Cancer Center site on herbs, botanicals and supplements at mskcc-herbs.org, and see the National Center for Complementary and Alternative Medicine "Herbs at a Glance" Web page at nccam.nih.gov/health/herbsataglance.htm.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE TseThis and That
FIBER IN THE WILDERNESS!

What's better than camping, Mother's Day, and doing things with yarn? Combining all three in the biannual "Studio 66 Fiber Retreat" of course! You may recall my article on the "Fiber Convergence" held in Long Beach this past summer. If not, let's just say that Studio 66 was three fun-filled days of cotton, linen, wool, silk, angora, and all the contraptions you can use to transform plant and animal derivatives into something wearable.

When my mom shared her interest in attending this recent woodland event, I jumped at the idea of getting out of town for a few days. She worried that I'd be bored, not being a fiber enthusiast like she is. But I assured her that I'd just appreciate the break from the office, the weekly chores, etc.

My mom does spinning (with a drop spindle, not the popular gym activity), weaving (with a loom, not at the hair salon), and knitting. Looms are typically big and bulky. Spinning can be cumbersome if you're using a spinning wheel (think "Sleeping Beauty"), but drop spindles and knitting needles are fairly portable. So, my mom packed her spindle in a wine carrier (as many spinners do), we both brought knitting projects, and headed off for Forest Home.

The schedule for the weekend offered several different activities and workshops, such as silk dyeing, bow weaving, natural dyeing, and Navajo plying, etc. Silk dyeing was included in everyone's admission. Luckily, the process was easy enough for fiber numbskulls like me. The organizers had a "dye pond" set up with buckets of silk that had been hand-torn into strips and soaked in a vinegar bath. All the participants had to do was take our coils of silk from the bucket, rip off a sheet of plastic wrap, set the soggy silk on it, and dab at it with different colors of dye. The only challenge was to not return the red dye brush into the yellow dye cup and vice versa. It was a fast and easy project, which is what fiber novices appreciate.

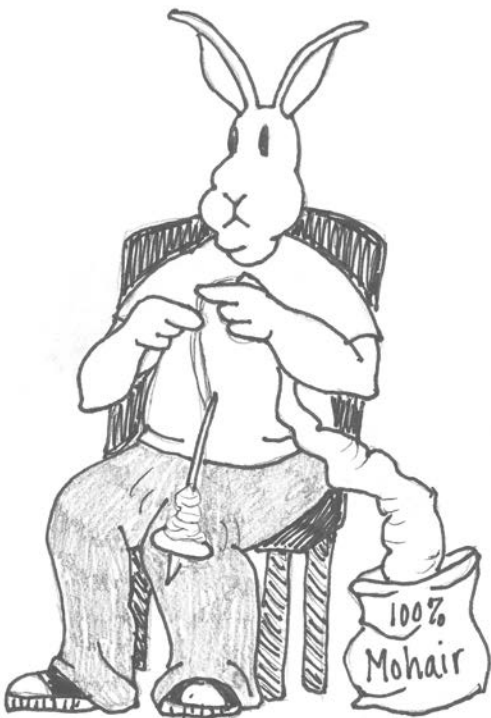
For the rest of the weekend, I was happy to wave my mom off to different demonstrations on making paper beads, plying yarn, natural dyes, and spinning cotton.

So while my mom was learning different fiber skills, I was content listening to Chuck Smith sermons on my iPod, reading, and watching ducks guide their ducklings across the lovely man-made lake.

Studio 66's highlight was the Saturday night "Wear it & Share it!" The basic idea is that all the participants gather in the main lodge and take turns showing their different fiber creations and telling about all the work, mistakes, and adventure involved in the item's creation.

I don't weave, spin, or do any significant things with fiber. Nevertheless, I totally appreciate the time, sweat, and work involved in these people's fabric creations. Many of them stood up and talked about how they never touched a crochet hook before, but saw some inspiring pattern, and went for it. When each finished their narrative, they would hold up the handmade item(s), many of which were exemplary pieces of artistry and craftsmanship. I think my mom's a little shy speaking in front of large groups. When it was her turn to talk about the intricate Peruvian knitted hat I was modeling, her description was something to the effect of "Here's my daughter. I made this for her birthday." Applause.

Unfortunately, the fiber group won't be offering another Studio 66 Forest Home Fiber Retreat until 2015. We're a little sad that we will have to wait two years to re-live the magic of fiber in the wilderness, but by that time I might even learn how to purl (as in knitting, not oysters).



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THE GOOD LIFE

SENIOR HAPPENINGS

By Pat Birdsall

FYI - DATING FOR SENIORS

No matter your age, there are joys to be had on the dating scene. Dating can be intimidating, but it may seem even more so if you haven't been on the dating scene for a long, long time. However, here are some tips that may help you get back out there.

Where to Meet People- 1) Friends and family are great sources for introducing you to new people. They know about your personality and interests and can connect you with people who they know you might have things in common with you. 2) Shared interests or hobbies are another way to meet people. You can meet someone at church, through political events, recreational sports or by joining various clubs. 3) Online dating services are an option for people of all ages...including seniors and there are a lot of sites that have been established to connect interested seniors. If you are not comfortable with computer use, you can take a computer class, get help at the library or ask your family. You do have to exhibit caution but you can have access to a wide variety of people this way. 4) Offline dating services consist of matchmakers who personally select people for you to meet. These services may also plan mixers or other social events that allow you to meet a variety of people at one time. Many people consider the process safe and efficient.

What to do on Dates- 1) Group dates are for those who are not ready to go on a one-on-one date. It's a good way to get to know someone while in the company of other people you feel comfortable around. **Dating destinations** can have a wide range of options. Seniors can do a hobby that both enjoy as a date. For example, if both like to golf, make a date out of the day and include lunch or dinner. A church picnic or going to an event or performance are other options to consider. Going to a movie or a concert can be fun for a senior couple as well. Other dates for seniors include visiting a museum or art gallery, going on a walk in a local park, taking dance lessons or going to a wine tasting event.

Be careful and take a chance...you might meet someone wonderful! seniorslovetoknow.com

HELPFUL HINT: When heating leftovers in the microwave, space out a circle in the middle of the food being heated and it will heat more evenly.

FOR YOUR FUNNY BONE

Harvey and Gladys are getting ready for bed. Gladys is standing in front of her full-length mirror, taking a long, hard look at herself. "You know, Harvey," she comments. "I stare into this mirror and see an ancient creature. My face is all wrinkled, my boobs sag so much they dangle to my waist, my arms and legs are as flabby as popped balloons, and my butt looks like a sad, deflated version of the Hindenburg!" She turns to her husband and says, "Dear, please tell me just one positive about my body so I can feel better about myself." Harvey studies Gladys critically for a moment and says in a soft, thoughtful voice, "Well, there's nothing wrong with your eyesight." He never heard the shot...



HAPPY BIRTHDAY! ... May Birthdays

JoAnn Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathisen, Dorothy Murphy, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck and Jayne Thomas.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week:

Life is too short to drink the house wine.

~HelenThomas



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Blood Pressure Testing: On the 2nd Tuesday of the month 11:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Legal Consultation: Pasadena attorney Geoffrey Chin volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must!** Please call: 626.355.7394 to make yours* *Conflicting court schedules can occasionally cause cancellations.*

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and **"celebration."** (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card... For more information call Pat Birdsall at 626.355.7290.

Lunch & Learn: Wednesday, May 27, 12:15 to 1:00 PM

"Brain Building Activities are Fun!"- This seminar takes a brief look at the causes of memory loss and then explores the array of activities that bolster mental acuity. The discussion will include why crosswords, dancing, learning languages and playing board games (among other fun activities) are so good for individuals. Facilitated by Jackie Stahl, Community liaison for Comforcare Senior Services in Pasadena. For lunch reservations please call the Intervale Senior Café at (626) 355-0256 at least 24hours in advance, or bring your own lunch to enjoy.



UPCOMING EXCURSIONS:

Save the Dates!

Friday, June 28, 2013- Museum of Contemporary Art (MOCA)

Friday, July 12, 2013- Pageant of the Masters (evening excursion)

***Registering for Excursions** can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation.

Senior Movie Program: FREE movies are chosen by the seniors themselves and shown on the 1st and 3rd Wednesdays of the month in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. ~ Start time is 1:00pm ~

May 29- **Secretariat** (2009)

A biological sport's drama produced and distributed by Walt Disney Pictures. It chronicles the life of thoroughbred race horse Secretariat, winner of the Triple Crown in 1973. Starring Diane Lane and John Malkovich Rated PG, (run time is 123 minutes)



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HOW CAN YOGA HELP

HOW HOT IS IT?

When the sun beats down and the outside temp goes up, so does our internal thermometer. There are a few little tricks that we can learn from yoga to keep us cooler. But the internal heat does not just refer to the physical body. It can mean the emotions get heated, we get angry faster, or irritated at more easily. What we eat can make this even worse. When we eat spicy foods it can heat us up inside. The heat then rises and we can become 'hot heads'.

The yoga we practice is an important part of our daily routine. We want to be sure to choose the best practice for us for that day. If it is hot outside we want to do a cooling and calming practice to help keep the fire in the belly where it belongs and keep the heat out of our heads. So we keep the poses centered around forward folds and belly backbends. No big handstands or wheels in the hot summer months. Some of you say, "Oh no! I do those anyway", but *watch. Watch and see how you think, feel and behave in all that you do. Watch your temper, your relationships, your satisfaction levels. Is everything going smoothly, calmly and coolly? Of course we want to stay grounded, but we need to add cool to the equation. Cultivate awareness around all these areas in your life.*

Here is a breath practice designed to cool you off. It is called Sitali. First you collect saliva on your tongue and then curl your tongue into a long tube. Stick it out and inhale through the hole in your tongue and across the moisture. It sounds weird, but it works! It's like a little air conditioner. If you cannot curl your tongue, then collect the moisture in your mouth and inhale across your teeth over the moisture. Do this ten or more times and you will feel a real difference. You may feel a little silly if you practice it in public. But done everyday, it is very effective.

Stay cool and happy,
Namasté, René

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Living TRU by Lori Koop, Right Brain Business Coach



TRU Navigation

The body. Remember that thing? Sometimes we don't. At times our mind is so full of thoughts, we leave our body. Well, really, we don't -- we are just too distracted to notice our body's sensations. Though we are physically there, we have mentally traveled to a place far from the present moment. Away from the here and now. This is fine -- even occasionally necessary -- for a while. But when our thoughts get stuck whirling, as we try to "figure things out," we lose the benefits of our internal navigation system. We miss the insights that come from our body.

The beautiful and perfect thing about the body, EVERY body, is its innate ability to navigate. You see, the spirit holds our life map, and it is designed to show us the way. It sends guidance through sensations regarding people, situations, decisions... really any matter involving our lives, if we pay close attention.

Each body uses a unique set of sensations to communicate. My clients have expressed feeling lightness, an open chest, excited butterflies in their stomachs when their body is communicating "YES!" And things like a constricted throat, tight shoulders and a queasy stomach when their body is saying "NO!" Your body has its own unique language.

To prove it, think of a time when you were in a blissful, joyful state. What were you doing? Go there now, see it in your mind's eye. Your body will react. What body sensations do you feel? Really stop and notice. This is the way *your* body says "YES!" Now imagine the opposite... a situation (a job, perhaps) where you were not happy. Engage with it viscerally. See it in your mind's eye. Now what sensations are present? They feel different, huh? This is your "NO!"

Be patient with yourself. As with all new things, we start out as beginners. With practice, we get better at hearing what our body has to say and using its wisdom. We get better at Living TRU.

Lori Koop, The Right Brain Business Coach
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PASADENA MENTAL HEALTH DAY 2013

Pasadena's 3rd Annual city-wide event to promote mental health awareness



Saturday, June 1st, 2013
9:00 a.m. to 2:00 p.m.

Fuller Theological Seminary
135 N. Oakland Ave., Pasadena, California

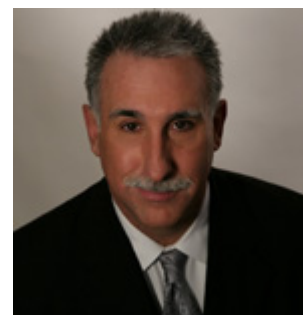
FOCUS ON MENTAL HEALTH

The Pasadena Mental Health Day's focus is to address the mental health needs of the residents of Pasadena. It is intended to raise awareness and educate the public about mental health and illness in seniors, adults, youth, children, and families. Mental health management is fundamental to having a healthy community. Mental Health Day events begin in May during mental health month. Pasadena Mental Health Day culminates this month long activity. This day, June 1, 2013 is set aside to dedicate thought and put into action the many great services of the areas' health providers ... open to the public and all free of charge. This year it is scheduled from 9:00 to 2:00 at the Fuller Theological Seminary in Pasadena.

"Healthy Minds, Healthy Families" is the theme for the event featuring observance of and participation in planned activities, health checkups, kids' activities, information from local agencies and food. It gives citizens a true opportunity to learn how to support family, friends and community members living with mental health disorders and illnesses.

The event was initiated three years ago by the Pasadena Mental Health Advisory Committee. They have an impressive list of volunteer members, fifty-strong. They represent an array of public and private organizations and are all dedicated to this cause ... the fundamental necessity of working collaboratively to reduce the stigma of Mental Health/Illness and to increase access to mental health services. Mental Health Day is an opportunity to educate the community about how to support family, friends and community members living with mental health disorders and illnesses.

For the day's program and complete information, visit www.pasadenamentalhealthday.org



THE BENEFITS OF CHIROPRACTIC

by Dennis R. Buckley, D.C.

I receive many questions about what chiropractic can do for a condition, health, performance or illness and the answer varies with each individuals unique situation. Therefore the best answer that can be given without performing a complete consultation, examination, x-ray's (if necessary) and a report of finding, is that many people have experienced chiropractic care and overall were very satisfied.

In 1994, 1008 chiropractic patients were surveyed about what specifically they liked about chiropractic care. All of the patients (100%) reported being satisfied to very satisfied with care. This was true whether the patient received one treatment or more than 10.

Patients responded to the survey as follows: 100% were satisfied to very satisfied with treatment in general. 99% believed the ability to see the doctor in a reasonable amount of time was good to very good. 98% felt access to a chiropractor in an emergency situation was good to very good. 99% agreed somewhat to definitely that chiropractic care was leading to a healthier, fit lifestyle. 98% believed that their physical condition improved. 99% agreed somewhat to definitely that they have less pain. 71% believed they are taking less medication. (Do not stop taking medication without the consent of the prescribing doctor.) 87% believed their overall health has improved.

There are no "silver bullets" in health care. If one method does work it does not mean that other methods are wrong. Chiropractic can help all people to varying degrees. Co-management of conditions may be necessary. You can be assured, as these people surveyed responded, that your experience with chiropractic care would most likely be a very positive one.

You do not have to be sick to get better. Chiropractic care is scientifically, philosophically, and artistically designed to optimize health. Scientifically it encompasses the anatomy and physiology of the body. Philosophically it recognizes that the power that made the body can heal the body. Artistically it utilizes the skills of the chiropractor to safely and effectively adjust the articulations of the body to promote a healing environment.

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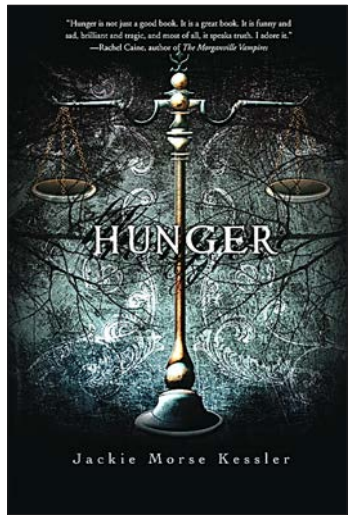


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JASMINE'S CORNER

Book Reviews by Jasmine Kelsey Williams



HUNGER - Riders of the Apocalypse

by Jackie Morse Kessler

The middle of May means finishing up the Riders of the Apocalypse series, and we bring forth the first in the series Hunger (since this columnist started the series from last to first).

Hunger is the starter for the Riders of the Apocalypse series and focuses on the protagonist 17-year-old Lisabeth and the façade she puts on for her friends and family. The reason for this façade is also a strong point in this story that readers may be able to understand or even sympathize from experience: Lisabeth battles with anorexia and as a result has attempted to shut down anyone who questions her or shows concern when it comes to food. Lisabeth's inner demon comes in the form of the Thin Voice which always which takes a form of criticism when Lisabeth is around food and how much she's allowed to eat, then becomes amplified when Death comes to her to inform her of being the Black Rider of the

Apocalypse, Famine. As the chapters progress, Lisabeth feels the freedom of bringing fullness and fulfillment to people who suffer hunger while also conquering the inner battle with her anorexia within her. Only when Lisabeth is able to understand the balance of being Famine, and wielding the Scales that represent it, is she able to comprehend that there is nothing one with hunger as long their remains a balance to replenish one's strength and also finding the courage to ask her friends and family for help with her anorexia.

Published and copyrighted in 2010, and receiving reviews from Booklist, Kirkus Reviews, and Romantic Times Magazine, Jackie Morse Kessler brings together a wonderful series that not only thrills readers, but also finding the courage to overcome one's own personal demons.

SEAN'S SHAMELESS REVIEWS:
NOAH AND THE WHALE

"There will come a time; Where you will need someone tonight," is a line from "There Will Come A Time," a Springsteen-lite song from Noah and The Whale. In actuality, the band seems to have taken a class in "Springsteen 101." For their fourth LP, "Heart of Nowhere," the band embodies the coming-of-age theme. The ten brand new tracks weave through the turbulent times of adolescence. The four-piece rock act even went as far as creating a short film as a companion piece to the record. Singer/songwriter Charlie Fink specializes

in nostalgia here. Fink's reflective lyrics alongside the band's crisp 80s new wave influences deliver a pretty killer combo. However, with the word "time" is found in three of the song titles. Noah and The Whale's affinity for nostalgia may not always mesh with your own. "Heart of Nowhere" works wondrously as a breezy summer album, but on reaching the heights of Springsteen or Lou Reed it falls somewhat short.

"Heart of Nowhere" segues from lush melodies to streamlined guitars. The lightheartedness makes for a non-edgy endeavor despite the Springsteen mimicking. Fink's lyrics are pretty conventional, but sometimes an intelligible message just purely works.

The record is in no short supply of hook-laden tunes accompanied by bittersweet vignettes. These stories Fink delves into are straight from the heart and there is an endearing allure to them in spite of the simplicity. I'm not quite sure if this generation is willing to open up their minds and hearts for some nostalgia, but if they proceed to do so, "Heart of Nowhere" can get you thinking. However, since the music is driven by pure straightforwardness, you won't have to think too hard or for too long. The stories here talk about ex-lovers, friends, your parents, and not having the slightest clue on what to do in life. These are classic topics for anyone growing up. Noah and The Whale make such enjoyable music that can captivate you with ease, but the required "darkness" to these themes is greatly missed.

On the other hand, it's truly hard to disregard the band's efforts in attempting to stand out amongst a crowd of imitators. While Noah and The Whale are guilty of such a thing at times, their songs have a way of grabbing a hold of you. Sometimes that hold is light, other times you can't shake it loose. The final song, "Not Too Late," explores the time you go from being a boy to man. It's that moment in time where taking a leap is not only crucial, but wholly necessary. The closing track is an unhurried tune that perhaps is Fink's most heartfelt and best-written tune off the record. "Not Too Late" is the anthem of realizing the fun has expired and it's finally time to look ahead to see where you need to go.

You may not know where the journey leads or what obstacles will be seen along the way. All is known is the risk seems frightening, but if you're not afraid, then you're not taking a chance. And if you are not taking a chance, then what the hell are you doing?

Grade: 8 out of 10

Key Tracks: "All Through The Night," "Silver and Gold," "One More Night," "Not Too Late"

BUSINESS NEWS & TRENDS

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



THE DANGER OF SAMENESS

As I listened to the CD included in the monthly issue of my Success Magazine subscription, I was inspired by a series of featured speakers who shared some very intriguing, yet practical strategies about how to do a makeover in your business and professional life. All of the speakers have an impressive track record of personal accomplishments in one or more areas of business. One of the speakers, Dr. Nido R. Qubein, spoke about sliding into the "ocean of sameness" that many people (and businesses) find themselves in after reaching a certain level of success.

After building a reputation as a savvy and effective business leader in the corporate world, Dr. Nido R. Qubein became the seventh president of this institution of higher learning in North Carolina. He has served on the boards of numerous Fortune 500 Corporations and is currently the chairman of Great Harvest Bread Company and also serves on the board of La-Z Boy Corporation.

Dr. Qubein defines "sameness" as the danger zone that an organization slides into that includes looking like everyone else, doing things the same way as everyone else and not doing anything to differentiate what you do and how you do it. Fortunately, he also provides valuable insight on how to move into, and thrive in a zone of excellence by sharing the strategy that he adopted as the president of High Point University in North Carolina.

Under his leadership, High Point University has experienced exponential growth during the past seven years, including a 300% growth in the size of both the faculty and the student body. The expansion also included a \$700M capital campaign that resulted in the acquisition of 700 homes in the neighborhood adjacent to the university to increase the size of the campus from 92 to 324 acres.

In his role as President, he committed to a vision of offering value that was differentiated from competing universities. He applied four success-building principles that can be adopted any entrepreneur or organization:

- 1) Devise and define a clear vision – What is the overall goal? What will the ultimate success look like for your project or business?
- 2) Put together a solid strategy – Where are you today? Where do you want to be? Based on what you know and understand currently, what is the best way to get there?
- 3) Develop practical systems – What is the most pragmatic approach to attracting and managing the people, products/services and processes needed to operate your business?
- 4) Be consistent in the implementation and delivery of your strategy, including quality goods and/or services.

The impressive accomplishments at this organization have taken place in a relatively short period of time and stand as a testament to what can happen when a leader with vision, a strategy and a commitment takes the helm. By the same token, entrepreneurs and business leaders can use this four-step process to move their business ventures to a place of greater success and a higher level of profitability.

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Tips of the Trade: Real Estate Revealed
by Luther Tsinoglou

DOLLARS VS. DAYS

After you've taken step one to decide to sell your home, step two is usually setting your asking price, striving for a balance between generating offers and receiving top dollar.

Your chosen representative will perform a Competitive Market Analysis (CMA) to produce an estimate of your home's "fair market value," or that price that educated buyers will pay based on listings and sales of homes similar to yours. The agent will not establish the price, but only provide the information you need to make that decision yourself.

In a hot market, you have the advantage, but would still want to avoid overpricing, which is always unproductive. However, in a neutral or buyers market, you'll have to be particularly cautious in your approach to setting a price.

In soft markets, price reductions become more common, as well as fewer offers and longer listing periods. You have to first establish your priority: is it more important for you to sell quickly or to get the most money possible? Like it or not, one option simply must be more critical than the other. Have a third party, like your agent, help you see your home as a commodity, with positive and negative selling points. Price your home objectively and competitively, be prepared to negotiate to reach an agreement with buyers, and exercise patience as you prepare your move.

Social Media Tips & Tricks
By Merri Jill Finstrom

MOBILE FRIENDLY EMAIL MARKETING

According to Litmus, 43% of email is now opened on a mobile device. If you are using email marketing as part of your social media strategy, it might be time to make sure your emails are mobile-friendly. So, what does that mean?

Less pinching and pulling

A good mobile experience doesn't over exercise the users thumb and index finger. If your emails are full of tiny text and columns, the user will have to work hard to read your email, constantly zooming in and out. The idea is to keep it very simple and easy to read.

Use one column

A smart phone doesn't have a lot of space so you want to keep the layout simple and in one column so it will look good on different types of devices.

Keep the design clean, avoid using too many fonts and images

Use fonts that are the most legible on screen (Verdana or Arial). Avoid using too many images. Avoid using too many fonts and too many colors (stick to your brands colors). Some devices automatically turn off images and there is no way to control this. Include image descriptions so people know what the image is even if they

can't see the image. Turn on the "view as web site" feature. It allows them to click a link and view your email as a web page and see the design and images you intended.

Big buttons

Use big buttons for your call to action. Make it easy for people to do what you want them to do, like "buy now."

Focus on one single idea or call to action

Put your call to action at the top (above the scroll) and don't try to overload your audience with too many options. Stick to a single subject and don't get too wordy. Use big words to get your point across.

If you use Constant Contact as your email service provider, they offer mobile friendly templates that you can customize. For your next email blast, try a mobile friendly version and see if your response is greater.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in internet marketing strategies and Social media education. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule

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What's on YOUR Mind?

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

NOW THAT'S NEWS I REALLY CARE ABOUT

I have a terrible confession to get off my chest. It is a secret I have tried to hide from family and friends for years. Up to this point, I have been fairly successful in hiding this but I believe the time has come to clear the air.

Having a secret is a terrible burden to bear especially around people who know you. You always run the risk that somebody is going to find out and then tell everybody and then the whole world knows your secret. The purpose of a secret is so that nobody knows. If it gets out, it is no longer a secret.

I even tried to keep this from the Gracious Mistress of the Parsonage, which comes as close to walking on water as I have ever come. Several times, she has come close to finding out this deep seated secret of mine.

Even though this is risky business, I need to make a full confession. Someone has said that confession is good for the soul, but I am not quite sure.

My confession is this, and please do not hate me because of it, I love to take afternoon naps.

There, I said it. I am not sure what it did for my soul but I do not feel any happier about making this confession.

I am a firm believer in what some people refer to as the "power nap." The problem is I live amongst a people that believe if you take a nap in the afternoon you are either very young or getting very old. The former is not the issue, and I will take issue with the latter.

I must admit that there was a time in my life when I did not take time out for naps. In fact, I had a hard time going to bed before midnight. I hated going to bed and could not wait until morning came so I could jump out of bed and get back to work. Do not get me wrong, I was not a workaholic. I just liked what I was doing.

I am not sure when it started but I noticed a few years ago I was not resisting going to bed like before. I did not fight it is much as I used to. If the truth were known, hopefully it won't be, as soon as my head hit the pillow the Sandman started doing his thing.

It was not long before I started sneaking 40 winks in the afternoon.

I distinctly remember one afternoon when my wife came in and said, "You're not taking a nap, are you?"

I know lying is not a good thing, especially to your spouse. Sometimes when you are in a fixed such as I was in at that moment, the truth scampers in the opposite direction.

"No," I stuttered as she looked at me. "I was just meditating."

"I guess everybody snores when they're meditating," she said with a smirk on her face.

From then on, it was a game trying to get in a nap without getting into trouble. I did find out that after one of my "power naps" I was able to do a lot more work. However, I kept that bit of information to myself.

Then my whole world changed.

Don't you like it when something happens proving you are right? It does not happen very often to me, when it does, I relish it like a freshly baked Apple Fritter.

I happened to be watching some television news program. I confess I was half dozing and watching at the same time, but suddenly they said something that got my full salute attention.

According to the news story, and they can't put it on TV unless it's true, right? But according to this story, research showed that there was a great deal of benefits associated with afternoon naps.

That was enough for me and I, like the gentleman I am, called for my wife to come and watch this news story with me. Some things in life should be shared and this was one of them.

Afternoon naps drastically reduce the danger of heart attack and improve a person's memory.

"So," I said to my wife after the story, "what do you think of that?"

She smiled and looked at me and said, "Well, it must work because you never forget to take a nap."

I will forgive her for the hilarious laughter following her remark. Just so you know, the laughter did not come from me. I may have been smiling on the outside but I was snorting on the inside.

For years, I thought taking an afternoon nap was rather beneficial. Now I have the proof and I can indulge in a daily "power nap" without feeling any sense of guilt at all. I love it when I have been proven right.

Now I take great delight in one of my favorite Bible passages.

"Come unto me, all ye that labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls" (Matthew 11:28-29).

A friend of mine often says, "Come apart and rest a while or you'll just come apart." An afternoon nap has unashamedly become part of my daily activity.

Rev. James L. Snyder is pastor of the Family of God Fellowship, Ocala, Florida. He lives with his wife, Martha, in Silver Springs Shores. E-mail: jamesnyder2@att.net. His web site is www.jamesnyderministries.com.

STUART Tolchin.....On LIFE



DETAILS

Did the heat this past week seem unbearable to you? I could not remember it ever being so hot—until I thought about it for a while. I have been living up here in Sierra

Madre Canyon since July 3, 1979. The next day I looked out the window and saw that a bunch of people were walking down the hill. I joined the crowd and walked to the center of town and was privileged to see my first Sierra Madre 4th of July parade. The parade in those days ended with fire engines spraying water over everybody. As I recall, that cool water was a great relief because, in those days, nobody had centralized air conditioning.

The next year my son moved in with me and I can remember that on hot days our little 650 square foot cabin with its flat roof was just about unbearable. On hot days we would spend our time at the pool. Now, when I look around, I notice that everything is different. All the little houses in the canyon have been expanded or torn down and rebuilt. Not only are the houses different but so is everything else. Yes, all the houses have centralized air conditioning and people don't gather outside anymore on hot days.

Dogs are present in just about every house, but their lives are very different. In the 80's I think dogs roamed pretty free in the canyon. It was very rare to see anyone walking a dog on a leash. I remember my little Chihuahua, Buddy, all 7 pounds of him, falling in love with a Labrador up the street on Sunnyside. The difference in sizes made it pretty impossible for the dogs to get together in an intimate way, but that in no way decreased Buddy's fixation. He stood in front of that Labrador's house day and night keeping other dogs away—almost to the point of starvation. At 2 or 3 in the morning he would race home and gobble down some food and then race back to the other house and resume his seasonal guard-duty.

I mention these details in conjunction with a graduation speech given a few years ago by the writer David Foster Wallace at Kenyon College. The entire speech and a video appeared on the Internet last week and were forwarded to me by two different friends. The speech starts out with the anecdote about two young fish swimming along and meeting an older fish. "How you doing," say the young ones to the old timer "Fine,

how's the water?" The older fish swims away and one young fish says to the other, "what's water?" The point of the tale is that often; especially when we're young, arrogant, and full of ourselves, we fail to notice what is around us. I was thumbing through a book of Albert Einstein memoirs written sixty years ago and the same point is made in the introduction.

Of what is significant in one's own existence one

is hardly aware, and it certainly should not bother

the other fellow. What does a fish know about the

water in which he swims all his life?

The point that David Foster Wallace and Dr. Einstein are attempting to emphasize is that a lot of the enjoyment and appreciation of life can come from just noticing what is going on around us. The Wallace speech tells graduating seniors that what he thinks education should be about is helping young people to learn what to think about—not what to think—but what to think about.

After I read the speech and the introduction to the Einstein memoirs I took my usual morning walk with my present dog and friend, Milo. I thought about the changes in the canyon and how I missed my dog, Buddy. After the walk I looked around my house and noticed all the pictures of my deceased friends.

I noticed the pictures of my deceased parents and missed them both. I noticed the pictures of my own kids when they were young, now they're hovering on both sides of forty and I miss those little kids and I miss growing up with them in the little cabin that stood right here, flat roof and all.

Time, the passage of time, is all around us and it is going along at break-neck speed. Each day passes and we barely have time to notice as we are occupied by the problems of a new day. With the internet and our iPhones we barely have time to notice the present and then whoosh it's gone. It is these barely noticed and easily forgotten details of every day life, generally unnoticed by the rest of the world, that bring us individual satisfaction. Life is not out there, it is going on inside of us and it is absolutely worth our notice.

I did think about my mother on the recently passed mother's day and I was thankful for the reminder. I hope everyone else took the time to slow the world down for a little while and reflect a bit on a few details of your own precious, individual life.

LEFT TURN/RIGHT TURN

HOWARD Hays

As I See It



"Politics is supposed to be the second oldest profession. I have come to realize that it bears a very close resemblance to the first." - Ronald Reagan

The Tea Party is back in the news. Great.

For a refresher, the tea party came about as a result of folks fed up with the cozy relationship between government and corporate power; tax breaks reserved for the elite only, monopolies consuming main street entrepreneurs, and leaders more concerned with corporate interests than those of the people they're supposed to serve.

The corporation in this case was the British East India Company, operating under charter of the Crown. The Company had a profitable tea trade going with the colonies overseas, but saw customers choosing instead to do business with their friends, neighbors and fellow-colonists who were establishing their own, independent firms.

To protect their market, the East India Company prevailed upon the monarchy to grant tax breaks allowing it to undercut prices offered by their competitors, while the duties imposed by the Crown on colonial entrepreneurs remained. The reaction became clear as the East India Company saw a sizable quantity of its product end up at the bottom of Boston Harbor.

Nearly 250 years later, a name once associated with a movement to replace the power of corporate oligarchies with representative democracy has been appropriated by a front group for corporatists intent on usurping control over our elected leaders from We the People.

Although tea-baggers made the news just a couple years ago, a recent study out of UC San Francisco traces their roots back to the early-1980s, when the tobacco industry invested in third-party groups to combat excise taxes on their products and findings linking second-hand smoke to cancer. In 1984, billionaires Charles and David Koch founded the group Citizens for a Sound Economy (CSE) and, over the next twenty years, received \$5.3 million in support from tobacco companies, primarily Philip Morris.

The head of field operations for R.J. Reynolds Tobacco explained the strategy back in 1990, "... coalition building should proceed along two tracks: a) a grassroots organizational and largely local track, b) and a national, intellectual track within the DC-New York corridor. Ultimately, we are talking about a 'movement,' a national effort to change the way people think about government's (and big business') role in our lives. Any such effort requires an intellectual foundation - a set of theoretical and ideological arguments on its behalf." Those now seeking to debunk scientific warnings of global warming are following the playbook of those who sought to debunk scientific warnings of the dangers of smoking.

Most think of tea-baggers as a grassroots group appearing as anti-taxers in 2009, and the following year equating the Affordable Care Act with the demise of our Republic. Tobacco-backed CSE, however, was using the "U.S. Tea Party" label as far back as September, 2002 - early in the Bush presidency. CSE split into the two groups, FreedomWorks and Americans for Prosperity, that fostered the tea-baggers we're familiar with today.

A major strategic opportunity came with the Supreme Court's "Citizens United" ruling of 2010. Corporate investment in purchasing government could be unlimited (so long as not being tied to a particular candidate's campaign) and, if laundered through a 501(c)(4) organization, could be anonymous - and tax-free. All it takes for such designation is for the organization's primary function to be geared towards general social benefit; not the advancement of any political candidate or cause. Examples provided in 2003 IRS guidelines include organizations to help seniors find employment, raise funds to build a stadium for a local school district, or organize community festivals.

According to the Sunlight Foundation, 501(c)(4) groups pumped more than \$300 million in unaccountable, anonymous, tax-free money into last year's election. We're not talking Habitat for Humanity and Meals on Wheels; one of the biggest players was Crossroads GPS, whose founder, Karl Rove, bragged about pouring millions into an ad blitz for Mitt Romney. There was also PrioritiesUSA, which supported President Obama.

When others saw Karl Rove getting away with passing off his cash-laundering front as a tax-exempt 501(c)(4), it opened the floodgates. Annual applications for 501(c)(4) status jumped from 1,500 to more than 3,400. And, for whatever reason, many of those applicants had the words "tea party", or "patriot" in their names.

There may have been politically-incorrectness involved as the IRS sought to weed out the phonies; like beginning an investigation of Mafia activities by creating a sub-set of last names that end in vowels. This isn't why Congressional Republicans are raising such a fuss; it's more an effort to convey an unequivocal message to the IRS and anyone else that might target the organizations they rely upon for their livelihoods: Don't even think about it.

Also, with a third of all House committees engaged in targeting President Obama, they're running out of "scandals". Solyndra was the only one of forty programs in the Energy Department's loan-guarantee program to go south - representing 1.3% percent of the portfolio of a resoundingly successful program. "Fast and Furious" resulted in the conviction of gun-runners, and hundreds of weapons from straw-buyers were allowed to "walk" across the border to criminal gangs in Mexico not because of ATF agents' incompetence, but because federal prosecutors advised that, under Arizona law, there was insufficient "probable cause" allowing them to stop it.

As for the charge President Obama engaged in a cover-up over Benghazi to enhance his re-election prospects, House Oversight Chairman Darrell Issa (D-CA) has been reduced to complaining the president referred to the incident as an "act of terror", rather than a "terrorist attack". Seriously.

The big scandal for the IRS would be if they allowed the right-wing echo chamber to intimidate them into easing up on their inquiries. And while they're at it, they should go after those 501(c)(4)'s set up by the Center for American Progress and MoveOn.org, as well. As I see it, going after tax cheats should be a non-partisan endeavor.

WHAT DID THE GREG Welborn

PRESIDENT KNOW AND WHEN DID HE KNOW IT?



An appropriate subtitle would be "And If He Didn't Know It, How Competent Is He?" We've learned that the Head of the State Department abandoned embassy employees in Benghazi and then lied about it, the Head of the Internal Revenue Service allowed harassment of conservative groups and individuals, and the Head of the Justice Department allowed spying on AP reporters. All of this makes for great political theatre, but there are serious issues to be resolved - issues which go to the heart of our democracy and freedoms.

The most prominent issue is the President's knowledge and involvement in these affairs and, accordingly, whether he has mortally compromised his ability to lead this country. It seems beyond reason that the heads of three major agencies of the Executive branch would undertake such potentially damaging or illegal actions without the President's approval. If that's the case, I would hope that even my most liberal of friends would agree that this President must be reigned in.

How severe that is remains to be seen. Richard Nixon was ultimately forced to resign because of his part in covering up what was actually a very low level burglary of the Democratic National Headquarters at Watergate. The stolen data wasn't important, and the burglary itself was a minor crime. But the fact that a president attempted to corrupt the democratic process was hugely important. As a conservative, I agreed with the President's removal from office.

To be crystal clear, I am not at this time calling for the impeachment of President Obama. At the same time, I do believe some sort of punishment, censure, and/or loss of public trust will be appropriate as more facts are known. And I say that regardless of the outcome, as I implied in the title and subtitle.

If President Obama authorized, or just failed to curtail these actions, he has assaulted our democracy and freedoms no less significantly than did Richard Nixon. If, on the other hand, he truly exercises so little control over his deputies, we also would be correct in concluding that this man may not have the chops for the job. Whether it rises to the level of dereliction of duty, we'll have to see, but he can't claim he's innocent because he didn't know about it. It's his job to know that. His deputies are supposed to be carrying out his policy goals and obeying the law in the process.

The more important issue goes beyond the name, reputation and ultimate disposition of this president. The more important issue is how much power government is to be given over the lives of the citizens and how that power is to be controlled. Our founders were great students of history and human nature. They realized that power corrupts and absolute power corrupts absolutely and that human nature in this regard had not, and would not, change much over time.

Their solution was to limit the power of the federal government and then to make sure that whatever power was bestowed was divided among three competing branches. We often complain about the fact that Washington is so contentious and that there is so much bickering. We forget that it's supposed to be that way. We are most at risk when there isn't contention. If each branch isn't jealously guarding its power, then it's usually the citizen who is losing something.

What these scandals should remind us is that whether we are conservative, liberal or independent, we should all be worried about the increased power that will be handed to the federal government with the implementation of Obamacare. The Affordable Care Act will give vast new audit powers to the IRS and create ever more opportunities for that power to be abused. The power to tax is indeed the power to destroy, but the threat of audit or a lawsuit is often sufficient to convince an uncooperative critic to tone it down. The IRS Inspector General is on record telling us that Obamacare represents the largest increase in IRS authority in more than 20 years. The IRS is now building what will be the largest personal information database any government has ever attempted. To think that this vastly increased power won't be abused even worse than existing IRS procedures is dangerous naivete.

Whether this president stays or goes, the power that we are about to hand over to the federal government will live on and will inevitably be abused. Perhaps not on as grand a scale as we're seeing now, but little intimidations here and there of critics can do just as much damage to our freedoms and democracy.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwelborn2@gmail.com

City of Sierra Madre

PUBLIC HEARING NOTICE

The City of Sierra Madre gives notice, pursuant to State of California Law, that the City Council will hold a Public Hearing on May 28, 2013, at 6:30 PM, or soon thereafter, to hear testimony on the adoption of Resolution 13-12 enacting Phase II water conservation measures as outlined in Section 13.24.080(B) of the Sierra Madre Municipal Code.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council meeting
Tuesday, **May 28, 2013**
(Hearing begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

The City Council will receive testimony and take action on City Council Resolution 13-12 adopting the Phase II mandatory water conservation measures.

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

The City is proposing to adopt Resolution 13-12 which will enact mandatory water conservations as described herein: 13.24.080 - Customer water curtailment by twenty percent. The following reductions in water consumptions are applicable to all water department customers:

A. Beginning January 1, 2021, no customer shall make, cause, use or permit the use of water delivered from the water department for any purpose in an amount in excess of eighty percent of the amount used during the base period defined in this chapter.

13.24.200 - Base period allocation. Base period allocation: 2007-2008 Consumption Data.

13.24.210 - Implementation of required phases.

The water department shall evaluate and monitor the projected availability, supply, and demand for water, and shall recommend to the city manager, the extent of the conservation phases required by customers, so the department may prudently plan for and deliver water to its customers on a continuous fiscal year basis. The city council shall, after a noticed public hearing and by resolution, order that the appropriate phase of water conservation be implemented, modified, or rescinded. The resolution shall become effective immediately upon adoption by the city council and shall be published once in the newspaper of general circulation. Percentage reduction shall apply to the next billing cycle commencing on or after the effective date of the adoption by the city council.

If you have any questions about this matter please contact Director of Public Works, Bruce Inman, at 626.355.7135.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: **2008-2014 Housing Element, including General Plan Amendment (GPA 13-01 A, B, and C), Municipal Code Text Amendment (MCTA 13-01) and Zone Change No. 13-01**

Applicant: City of Sierra Madre

Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider a General Plan Amendment (GPA 13-01A) to adopt the 2008-2014 Housing Element, which is a State mandated General Plan element. The Housing Element must be updated pursuant to California Government Code Section 65588 for the 2008-2014 planning period. Implementation of the new Housing Element requires two additional GPAs (13-01B) to adopt a new Land Use Category RH1 (Residential High Density, up to 20 dwelling units/acre), and GPA 13-01C to change the Land Use designation of properties located at 271 and 293 Mariposa Avenue from RH (Residential Medium/High Density, up to 13 dwelling units/acre) to RH1 (Residential High Density, up to 20 dwelling units/acre). The final aspect of the project includes a Municipal Code Text Amendment (MCTA 13-01) to add a new zoning category R-3H (Multiple Family Residential High) and a Zone Change (ZC 13-01) to rezone 271 and 293 Mariposa Avenue from R-3 to R-3H. The Planning Commission at its April 18, 2013 meeting voted unanimously to recommend approval of the Housing Element, associated General Plan and Code text amendments, zone change, and Negative Declaration.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council meeting
Tuesday, **May 28, 2013**
(Hearing begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for a Negative Declaration pursuant to the provisions of the California Environmental Quality Act (CEQA). The Initial Study/Negative Declaration document and Draft 2008-2014 Housing Element are available for review at the Development Services front counter, the Sierra Madre Library, and on the City's website (under the Development Services page) at www.cityofsierramadre.com.

For further information on this subject, please contact the Development Services Department at (626) 355-7138.

ORDER TO SHOW CAUSE FOR CHANGE OF NAME LIDIA RAYA RIVERA NO. TS016209

TO ALL INTERESTED PERSONS: Petitioner LIDIA RAYA RIVERA HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name:
Lidia Raya Rivera
Proposed Name:
Lydia Raya Ocejo

A HEARING on the petition will be held on 07/02/2013 at 9:00am in Dept. B at200 West Compton Blvd., Compton, Ca. 90220.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.

If no written objection is timely filed, the court may grant the petition without a hearing.

Petitioner Appearing Pro Per
Lidia Raya Rivera
16511 Garfield Ave., Sp. 42C
Paramount, Ca. 90723
562-531-8347
JDC - MVNews May 4, 11, 18 and 25, 2013

fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FILE NO. 2013-071414
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) has/have abandoned the use of the fictitious business name: BUBBLES DRY CLEANERS, 2610 W. JEFFERSON BLVD., L.A., CA 90018. The original file number of 2013081812. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 04/22/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JENNIFER CONTRERAS VALLEJO. Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FILE NO. 2013-081811
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) has/have abandoned the use of the fictitious business name: BUBBLES DRY CLEANERS, 2610 W. JEFFERSON BLVD., L.A., CA 90018. The original file number of 2013081812. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 04/22/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JENNIFER CONTRERAS VALLEJO. Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FILE NO. 2013-080991
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) has/have abandoned the use of the fictitious business name: CARNICERIA LA LUNA, 4220 Slauson Ave., Maywood, CA 90270. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JORGE ROCHA-OWNER. Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FILE NO. 2013-080991
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of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-082735
The following person(s) is (are) doing business as: MARCOLINO, INC. 704 S. SPRING ST. STE 1402, L.A., CA 90014. Full name of registrant(s) is (are) MARCOLINO, INC., 704 S. SPRING ST. STE 1402, L.A., CA 90014. This Business is conducted by: A CORPORATION. Signed: DANIEL RAMIREZ. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2012. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-083117
The following person(s) is (are) doing business as: MCGARRY CHIROPRACTIC, 300 TEJON PL., STE 4, PALOS VERDES ESTATES, CA 90274. Full name of registrant(s) is (are) MCGARRY CHIROPRACTIC, 300 TEJON PL., STE 4, PALOS VERDES ESTATES, CA 90274. This Business is conducted by: AN INDIVIDUAL. Signed: DESCHEN MCGARRY. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-082094
The following person(s) is (are) doing business as: MELANIA JACOBO-OWNER, 4222-A W. PICO STE 308, L.A., CA 90015. Full name of registrant(s) is (are) JUAN R. TOBON, 229 N. BOYLSTON ST. #207, L.A., CA 90012. This Business is conducted by: AN INDIVIDUAL. Signed: JUAN R. TOBON. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 07/29/2008. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-084739
The following person(s) is (are) doing business as: MONEY GANG WORLDWIDE, 1145 E. DOMINGUEZ ST. STE A, CARSON, CA 90746. Full name of registrant(s) is (are) ANDRE C. DENNIS. This Business is conducted by: AN INDIVIDUAL. Signed: ANDRE C. DENNIS. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/01/2013. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-074053
The following person(s) is (are) doing business as: MUSE HUMAN HAIR EXTENSIONS, 1815 W. HUIAMN HAIR EXTENSIONS, 1906 LEE AVE., ARCADIA, CA 91006. Full name of registrant(s) is (are) CHENHUA HE, 806 LEE AVE., ARCADIA, CA 91006. This Business is conducted by: AN INDIVIDUAL. Signed: CHENHUA HE. This statement was filed with the County Clerk of Los Angeles County on 04/12/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-085349
The following person(s) is (are) doing business as: NAGA MEDICAL RESOURCES, 2403 ROCKEFELLER LANE UNIT B, REDONDO BEACH, CA 90278. Full name of registrant(s) is (are) NAGA MEDICAL RESOURCES, 2403 ROCKEFELLER LANE UNIT B, REDONDO BEACH, CA 90278. This Business is conducted by: A CORPORATION. Signed: VICTORIA BARON. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-081147
The following person(s) is (are) doing business as: NELLY'S CATERING, 6610 WOODWARD AVE. #C, BELL, CA 90201. Full name of registrant(s) is (are) NELLY AQUINO, 6610 WOODWARD AVE. #C, BELL, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed: NELLY AQUINO. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-081817
The following person(s) is (are) doing business as: ORIGINAL BUBBLES DRY CLEANERS, 4222-A W. PICO BLVD., L.A., CA 90019. Full name of registrant(s) is (are) EMILISE ITALIA GARCIA, 4222-A W. PICO BLVD., L.A., CA 9019. This Business is conducted by: AN INDIVIDUAL. Signed: EMILISE ITALIA GARCIA. This statement was filed with the County Clerk of Los Angeles County on 04/22/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-083347
The following person(s) is (are) doing business as: PIZZA MAN #50, 8720 IMPERIAL HWY., DOWNEY, CA 90242. Full name of registrant(s) is (are) JUDITH GARCIA CRUZ, 234 W. 53rd ST., L.A., CA 90037. This Business is conducted by: AN INDIVIDUAL. Signed: JUDITH GARCIA CRUZ. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed

above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-084436
The following person(s) is (are) doing business as: P.M.C. RAG CUTTING SERVICE, 1933 LEAFDALE AVE., SO EL MONTE, CA 91733. Full name of registrant(s) is (are) CHRISTINE M. RUIZ, 426 S. SADLER AVE., L.A., CA 90022. This Business is conducted by: AN INDIVIDUAL. Signed: CHRISTINE M. RUIZ. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-085249
The following person(s) is (are) doing business as: PRAISE CHRISTIAN BIBLE CENTER, 8511 HOLMES AVE., L.A., CA 90001. Full name of registrant(s) is (are) MYKO JOHNSON, 8511 HOLMES AVE., L.A., CA 90001. This Business is conducted by: AN INDIVIDUAL. Signed: MYKO JOHNSON. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/07/2013. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-074054
The following person(s) is (are) doing business as: QUALITY CONSTRUCTION & DEVELOPMENT COMPANY, 16820 CALIFORNIA AVE., BELLFLOWER, CA 90706. Full name of registrant(s) is (are) RICHAR BREAULT, 16820 CALIFORNIA AVE., BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed: RICHAR BREAULT. This statement was filed with the County Clerk of Los Angeles County on 04/12/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-083552
The following person(s) is (are) doing business as: RAYMOND CASTRO REALTY GROUP, 3431 MARANVILLE CT. #A, WEST COVINA, CA 91792. Full name of registrant(s) is (are) RAYMOND CASTRO, 3431 MARANVILLE CT. #A, WEST COVINA, CA 91792. This Business is conducted by: AN INDIVIDUAL. Signed: RAYMOND CASTRO. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-075941
The following person(s) is (are) doing business as: REYNOSA, TRUCKEE, 3622 PLATT AVE., LYNWOOD, CA 90262. Full name of registrant(s) is (are) LUIS REYNOSA, 3622 PLATT AVE., LYNWOOD, CA 90262. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS REYNOSA. This statement was filed with the County Clerk of Los Angeles County on 04/15/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-082995
The following person(s) is (are) doing business as: ROSARIO'S CATERING, 18227 RENWICK RD., AZUSA, CA 91702. Full name of registrant(s) is (are) JUAN ESTRADA GARCIA, ROSARIO ESTRADA, 18227 RENWICK RD., AZUSA, CA 91702. This Business is conducted by: CO-PARTNERS. Signed: ROSARIO ESTRADA. This statement was filed with the County Clerk of Los Angeles County on 04/23/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-084193
The following person(s) is (are) doing business as: SAPPHIRE POOL AND SPA SERVICE, 855 ARCIERO DR., WHITTIER, CA 90601. Full name of registrant(s) is (are) ROBERT GLENN NEVINS, 855 ARCIERO DR., WHITTIER, CA 90601. This Business is conducted by: AN INDIVIDUAL. Signed: ROBERT GLENN NEVINS. This statement was filed with the County Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-080505
The following person(s) is (are) doing business as: SHADES OF LOVE, 9126 CEDAR ST. #3, BELLFLOWER, CA 90706. Full name of registrant(s) is (are) BRITTANI JOHNSON, 9126 CEDAR ST. #3, BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed: BRITTANI JOHNSON. This statement was filed with the County Clerk of Los Angeles County on 04/19/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-081817
The following person(s) is (are) doing business as: SPARTAN BURGERS, 7222 SANTA FE AVE., HUNTINGTON PARK, CA 90255. Full name of registrant(s) is (are) SARTH GARCIA CRUZ, 7222 SANTA FE AVE., HUNTINGTON PARK, CA 90255. This Business is conducted by: AN INDIVIDUAL. Signed: SADIK DOKOVIC. This statement was filed with the County

Clerk of Los Angeles County on 04/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/09/1998. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-084947
The following person(s) is (are) doing business as: THE GIN LAW GROUP, 5318 E. 2nd ST. #108, LONG BEACH, CA 90803. Full name of registrant(s) is (are) MARY GIN, 1612 SUNNVIEW TERR., HACIENDA HTS., CA 91745. This Business is conducted by: AN INDIVIDUAL. Signed: RUJIO WANG. This statement was filed with the County Clerk of Los Angeles County on 04/25/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: April 27, May 04, 11, 18, 2013

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