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SIERRA MADRE MIDDLE SCHOOL CONSTRUCTION BID APPROVED - FINALLY

Photos and Story By Susan Henderson

After years of bureaucratic delays, the Pasadena Unified School District removed what is hoped to be the last hurdle in the construction of the Sierra Madre Middle School on Tuesday evening.

At their regularly scheduled meeting, the Board, greeted by hundreds of parents, children and supporters of the project, voted 5-1 to accept the lowest construction bid.

With a packed board room and hallway, speaker after speaker, including students and faculty from Field Elementary reminded the board of the need to rebuild the school that had been torn down - to approve the project and move on.

From Sierra Madre, parent Gretchen Vance and at least a dozen middle school children admonished the board to "Build Our School". When Mrs. Vance reminded the board that currently the school did not even have a library or computer lab, the surprise was clearly visible on board member Hampton's face. Sierra Madre City Council member Chris Koerber, the city's liaison to PUSD, was unable to attend as a SM city council meeting was going on at the same time. His wife, Halcyon Koerber, spoke in his stead and reminded the Board of the previous resolution that was passed to build the school.

Lisabet Nepf, Jeff Plaut also spoke and Bart Doyle was the final speaker.

When the vote was called for, the only dissenting vote was cast by Board Member Kim Kenne whose comments some parents found "grossly inaccurate", offending and short sighted. Ms. Kenne expressed, among other things, a concern that re-building the school would take away from the enrollment of Wilson Middle School and thus should not be done. She also indicated that the enrollment of Sierra Madre



Above, PUSD Board, left to right, Board Member Kim Kenne, PUSD Superintendent Jon Gundry, Board Vice President Tyron Hampton, Jr., Board Members Tom Selinski, Elizabeth Pomeroy and Mikala Rahn. Right, students surround Halcyon Koerber (in the background) as she addresses the Board.

Middle School was around 200 students and therefore did not warrant the building of the school.

Recently appointed Board Member Mikala Rahn, a Sierra Madre resident quickly corrected the misstatements even referencing basis for the 2002-2003 school year decision to open the school. Rahn passionately asked the board to approve the bid unanimously.

Prior to the meeting, there had been a great deal of anxiety as the sub-committee, consisting of Board Member Tom Selinski and Board Vice President Tyron Hampton, Jr. could not agree on a recommendation to move forward. Selinski was in favor of accepting the bid, Hampton declined to do so. In a telephone interview with the Mountain Views News last week, he cited concerns of the bid being \$3.5 million dollar over budget and the impact that completing the school would have on other Measure TT projects.

However, after more than 1500 emails, dozens of telephone calls and further

investigation into the background and finances of the project, Hampton, who presided over the meeting in the absence of Board President Renatta Cooper, agreed that it was in the best interest of all, and as fiscally sound as possible, to approve the lowest bid and move forward.

The low bid was submitted by Sinianian Development of Tarzana at \$27,888,000, slightly above the \$27 million budgeted for the project. Sinianian has an established history in building educational facilities according to their website.

The PUSD Chief Financial Officer, John Pappalardo indicated that there was a \$3.5 million dollar contingency fund in the Measure TT monies that would cover the additional costs.

The unconfirmed date of the ground breaking for the school is July 8, 2013.



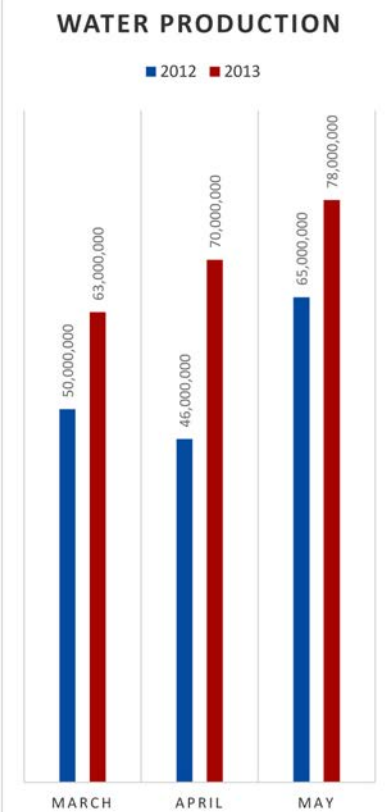
A LETTER TO ALL CUSTOMERS REGARDING MANDATORY WATER CONSERVATION:

How did we end up in this situation? 90 to 95% of Sierra Madre's water supply comes from underground aquifers (East Raymond Basin). Through the summer and fall of 2012 public works staff observed the water level depths receding at each of the City's four wells.

Normally, rainfall throughout the winter months reduces customers' irrigation water use and provides water to recharge the aquifer. Aquifer water levels therefore tend to increase during the winter and spring months. This rainy season only brought 9.72 inches of rainfall, as compared to the City's average rainfall of 19.64 inches. This minimal rainfall, combined with Los Angeles County Public Works diverting water from Santa Anita Dam to locations outside of Sierra Madre, resulted in limited water for groundwater recharge at the City's spreading basins.

While rainfall is down, and recharge of the aquifer is down, overall water consumption is up from last year. Although the City does not read water meters each day, consumption can be gauged by how much water is pumped to be utilized the following day.

During the period April 24 - 30th, the Water Department produced 2,560,000 gallons of water a day resulting in a 2 foot drop in water level within local wells. The same period last year showed a production of 1,500,000 gallons a day,



During the month of April 2013, the department produced a total of 70,000,000 gallons versus production of 46,000,000

gallons in April 2012. Water levels at Sierra Madre's wells dropped over 30 feet during this 12 month period.

Lastly, the City's ability to pump water from the East Raymond basin has been reduced by the East Raymond Management Board, in an effort to help the aquifer recover.

The drastically low level of available groundwater resulted in mandatory water conservation. The City's Municipal Code provides for the implementation of mandatory water conservation regulations in times of water-related emergencies. A City Council resolution was adopted on May 28, 2013.

It is unknown how long the mandatory conservation measures will remain in place. It may take consecutive years of significant rainfall to get our groundwater levels back to a stable level. However, one thing is certain, a lot depends upon the amount of water we all use.

What happens if we cannot pump all the water we need?

Due to the limited and decreasing water levels in the East Raymond Basin, and the limitation of Sierra Madre's adjudicated extraction right, it will likely become necessary to import water from other agencies.

One option would be to access the City's imported San Gabriel Valley Municipal Water District water in the San Gabriel Main Groundwater Basin via the City of Arcadia. (continued on pg. 3)

HOT WATER

Residents Express Dissatisfaction Over Mandatory Water Conservation Measures

While Sierra Madreans filled the chambers of the Board of Education on Tuesday night, there was another group of upset residents at City Council meeting. At the latter, the anger was over the mandatory water conservation that has been imposed by the city.

The concerns were mostly centered around the fact that during the summer months, many residents feel it is necessary to use more water to keep their landscaping from becoming a fire hazard, especially in the hillsides.

One resident sent an email to city officials indicating that her fire insurance carrier had mandated how she maintain the landscaping in her hillside home.

The anger over the conservation peaked as residents received their official 'quota notice' from the city. In it, the city asked that water consumption be reduced 10-20% based upon last years use. The penalties for the first two offenses are monetary, however the third offense could result in a 'regulator' being placed on the property.

However, despite numerous reports that show the declining water resources in the city, and despite the fact that rainfall has been exceptionally low in the past 12 months, the uproar over the conservation efforts dominated a good portion of the council meeting.

In an effort to educate the public further on the council's decision and review in more detail residents' concerns, Councilman John Capoccia agreed to a special council meeting just to discuss the matter further. (See notice and related story below)

SIERRA MADRE SPECIAL COUNCIL MEETING RE: MANDATORY WATER CONSERVATION

The Sierra Madre City Council has scheduled a Special Council meeting to discuss the implementation of Mandatory Water Conservation Measures. The meeting will be held on Tuesday, June 18th at 6:00 pm in the City Hall Council Chambers at 232 W. Sierra Madre Boulevard. The meeting is open to the public and the Council encourages interested individuals to attend the meeting.

On May 28th, mandatory water conservation measures were implemented due to the declining supply of water in the underground aquifer that supplies 90 to 95% of Sierra Madre's water. There are a number of reasons for the decline in the aquifer, including lower than normal rainfall, restrictions to the City's adjudicated right to pump water, lower than normal spreading of water at the City's spreading basins, and increased consumption by the City's water customers.

While water conservation is always important, the low level of available groundwater resulted in the implementation of additional water conservation measures. The Sierra Madre Municipal Code provides for the implementation of mandatory water conservation regulations in times of water-related emergencies. The water conservation measures require each water customer to conserve a percentage of their water use. The City understands that it can be difficult to achieve the designated water conservation targets, so in response to comments received about the City's conservation program, a special Council meeting was scheduled. The Mandatory Water measures will be the main topic of discussion.

For a copy of the agenda for the June 18th meeting, or for additional information about water conservation, please visit the City's website at www.cityofsierramadre.com or at www.cityofsierramadre.com/water-conservation.



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, June 25, 2013
6:30 pm



THE SIERRA MADRE KIWANIS CLUB

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EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!



Sierra Madre Rotary Club

Meets Tuesdays 7-8:30 a.m.
222 W. Sierra Madre Blvd.
The Hart Park House



As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.

Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.

Visitors are heartily welcomed to meetings. For more information, please visit our website or contact Peggy Beauregard at peggybeau@gmail.com and visit our Facebook page Rotary of Sierra Madre.

www.SierraMadreRotary.com

EXCITING INTERNSHIP OPPORTUNITY!

Get in on the ground floor with a growing San Gabriel Valley Internet Community Radio Station based in Sierra Madre.

Village Vine Online seeks interns to help with web site design and updates, radio show production and miscellaneous tasks. Interns will work in studio in Sierra Madre, at remote-webcast locations in the San Gabriel Valley, and from home.

Minimum qualifications: Must be 18 years of age, have basic knowledge of web site design and maintenance, car, computer, and internet access, and must have a flexible schedule. Knowledge of digital audio recording software a plus.

This position has potential to develop into a paid position.

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FAMILY MOVIE FRIDAYS SERIES

The Family Movie Friday series is back for 2013 thanks to the generous support of the Sierra Madre Issei Memorial Foundation, Sierra Madre Volunteer Firefighters Associations, and Mother Moo Creamery! Also, a special thank you to Sierra Madre Kiwanis Club for their donation towards a new movie screen.

All movies are shown in Kersting Court and are absolutely free for everyone. Movies begin at 8:00pm and families can purchase food and drinks from the local merchants or bring their own! Patrons are encouraged to bring seating and blankets for the event.

- Family Movie Fridays Line-Up
- June 7, 2013 - The Goonies
 - June 21, 2013 - Madagascar 3
 - July 5, 2013 - Invasion of the Body Snatchers (parts filmed in Sierra Madre!)
 - July 19, 2013 - Soul Surfer

For more information on the Family Movie Series please contact the Community Services Department at 626.355.5278.

We'd like to hear from you!

What's on YOUR Mind?

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JOIN THE CITY TEAM
- APPLY TO BE A CITY
COMMISSIONER

We want you to be a part of our City Team!

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are five citizen commissions established by the Council to advise and assist them in dealing with specific problems.

Applications may be obtained at City Hall or the City website at <http://cityofsierramadre.com/commissions-boards-committees>. Applications will be accepted until all positions are filled; however, it is recommended that applications for appointment for the beginning of the 2013-2014 fiscal year be submitted by Friday, June 7, 2013 to the City Manager's Office.

The advisory bodies study a variety of topics in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notices on all commissions are prepared in compliance of the Maddy Act.

COMMUNITY SERVICES COMMISSION

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the general use of park facilities and matters relating to the community's arts and recreational service needs. The Commission provides information and recommendations to the City Council in these areas. *Meets the 3rd Monday at 6:30 pm, in the City Hall Council Chamber*

LIBRARY BOARD OF TRUSTEES

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library. *Meets the 4th Wednesday at 7:00 pm, in the City Hall Conference Room*

PLANNING COMMISSION

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan. *Meets the 1st and 3rd Thursday at 7:00 pm, in the City Hall Council Chamber*

SENIOR COMMUNITY COMMISSION

The Senior Community Commission is responsible for defining the needs, locating and publicizing available resources, coordinating and initiating services and opportunities for the senior population of Sierra Madre. *Meets the 1st Thursday at 3:00 pm, in the City Hall Council Chamber*

TREE ADVISORY COMMISSION

The Tree Commission is an advisory body to the Director of Public Works, City Manager, Planning Commission, and City Council. The commission shall make recommendations to the Director of Public Works, City Manager, Planning Commission and the City Council as appropriate on matters involving care and maintenance of City-owned trees and trees on private undeveloped property. *Meets the 3rd Wednesday at 7:00 pm, in the City Hall Council Chamber*

For more information please visit www.cityofsierramadre.com or call 626.355.7135.

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TUESDAYS - Noon

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Camilla Hopkins

THURSDAYS - Noon

Catherine Adde's
OUR TRAVEL AFFAIR

SATURDAY - 1:00
VILLAGE
INTERSECTIONS

Gene Goss'

Gene's guests this week are Jim Annes, Chair of the Sierra Madre 4th of July Parade Committee and Lisa Carlson, former Co-Chair and member of the Committee. The discussion will center on this year's parade. Don't miss it!

SATURDAY
MORNINGS
D. J. Boddington
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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

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REMEMBRANCE

MARILYN ALICE ZAISS

Beloved Mother and Grandmother, died peacefully at home, surrounded by loved ones, on June 4, 2013. She was born in Pasadena on March 21, 1923, and was the only child of Guy and Alice Hodgkins. Her maternal grandfather was prominent Pasadena-area builder Peter Hall. She was the widow of Walter E. Zais, a World War II veteran, who passed away in 2001, and is survived by her son James Zais, daughter Shirley Perez, son-in-law Joe Perez, and granddaughter Alissa Perez.



Mary was a graduate of Marshall High School and attended Pasadena Junior College. During WW II, she worked as a lens grinder for a piezo-electric products company in South Pasadena. She married Walter in 1945, and in the early 1950s they moved into a house he built in Sierra Madre, where she continued to live for the rest of her life.

Mary had been a member of various local organizations, including the Sierra Madre Rose Float Association, the Sierra Madre Hospital Women's Auxiliary, and the Sierra Madre Women's Club. Her hobbies included bowling, doing crossword puzzles, and painting plaster statues. She was loved by many, and will be missed.

Services will be held at Pioneer Cemetery, date and time to be announced.

SIERRA MADRE POLICE BLOTTER

For the period June 3-9, 2013

Tuesday June 4, 2013

Overnight, an unknown vehicle collided with another vehicle parked at the curb in the 200 block of North Sunnyside Avenue. The driver drove from the scene without identifying himself and there were no witnesses to the incident. The parked vehicle sustained minor damage.

Wednesday June 5, 2013

At 9am, a City employee was working in Bailey Canyon. When he returned to his work truck he found the right side door partially open and a handheld water meter reading device was missing. No witnesses were located.

At 6:45 pm a vehicle versus bicycle traffic collision occurred in the intersection of Grandview Avenue and Auburn Avenue. The bicyclist was travelling eastbound, came to a stop at Auburn Avenue and then proceeded into the intersection. The vehicle, travelling northbound had also come to a stop but did not yield to the bicyclist in the intersection. The bicyclist sustained a minor abrasion to his right knee.

Friday June 7, 2013

At approximately 1pm, a traffic collision occurred in the intersection of Baldwin Avenue and Montecito Avenue. A vehicle travelling east on Montecito Avenue made a right turn onto Baldwin Avenue and collided with the rear of another vehicle that had braked abruptly for another vehicle. Vehicle damage was minor but one party complained of pain to the right knee.

Saturday June 8, 2013

Overnight, an unknown suspect forced entry into a vehicle parked at the curb in the 100 block of Esperanza Drive. The suspect smashed the left side window with an unknown object and removed a suitcase from the rear seat.

A resident from the 400 block of East Highland Avenue reported that her house had been burglarized during a four day span that she was away. The investigation revealed unknown suspect(s) entered the residence through an unlocked side door and accessed selective areas of the house. The suspect(s) removed several pieces of heirloom silverware and cash.

DON'T FORGET TO REGISTER FOR THE 4TH OF JULY FUN RUN

Fourth of July is less than a month away, which means the 3rd Annual Firecracker Fun Run hosted by the Spero Foundation and 4th of July Committee is fast approaching. This untimed, 5k fun run is perfect for the entire family to enjoy. The run begins at 8:00am on Thursday, July 4th. Adults are \$20.00 and youth under 10 are \$15.00 prior to June 21st, a t-shirt is guaranteed with registration. After June 21st all participants are \$25.00 and a t-shirt is NOT guaranteed with registration. Register online at www.cityofsierramadre.com/online/registration, keyword: fun run, or in person at the Community Recreation Center, 611 E. Sierra Madre Blvd by July 1st.

The start and finish lines will be in the vicinity of Kersting court at the corner of Sierra Madre Blvd. and Baldwin Ave in Sierra Madre. Participants first run East on Sierra Madre Blvd. down to Sierra Vista Park, where they turn around and run west back up Sierra Madre Blvd. to Sunnyside. Participants will turn around again at Sunnyside and travel the parade route on Sierra Madre Blvd. back to Kersting Court. Participants are allowed to bring strollers and dogs to this family friendly event.

Come get your feet moving and be part of what promises to be another amazing Sierra Madre tradition! For more information please call the Community Services Department at 626.355.5278.

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NEW CITY HALL PUBLIC HOURS

At the May 28, 2013 City Council meeting, the City Council adopted new open hours for City Hall and the Community Recreation offices as a part of the fiscal year 2013-2015 bi-annual budget. Beginning July 1, 2013 the offices at City Hall and the Community Recreation centers will be open Monday - Thursday 11:00am - 5:30pm.

The Council implemented the new open hours at City Hall and Community Recreation offices to offset for the reduced staffing levels implemented over the last five years. The adopted FY 2013-2015 budget also includes additional consolidated job responsibilities as well as technology enhancements to continue to improve work efficiencies and effectiveness, in order to serve Sierra Madre citizens.

YOUTH VOLLEYBALL CLINIC

The Community Services Commission is partnering with the Girls Scout Jennifer Brady to provide a FREE youth volleyball clinic this summer. The first 30 participants also receive a shirt for this program. The clinic is held at the Sierra Vista park sand volleyball court located at 611 E. Sierra Madre Blvd. Experienced Club volleyball coaches are leading providing instruction. For more information email teamsnvolleyball@gmail.com. No pre-registration is necessary.

The clinic is supported through a generous donation by the Sierra Madre Rotary Club and other local organizations and businesses.

Kick-Off Day
June 29, 2013
9:00am-11:00am
Clinics will be held on
Mondays and Wednesdays
July 1 - August 14

9:00am-10:00am Ages 10-12

10:00am-11:00am Ages 13-14

For more information regarding this program please contact the Community Services Department at 626-355-5728.

THE SPERO FOUNDATION SUPPORTS SIERRA MADRE'S SUMMER CONCERT IN THE PARK SERIES

Join The Spero Foundation on Sunday, July 14th at Memorial Park Bandshell in Sierra Madre as they sponsor the "Decades of Rock." This amazing, local band will begin performing at 6 pm and take the audience on a 2 hour tour of over a decade of great rock 'n' roll music. Bring your lawn chair or blanket along with your appetite and enjoy delicious beef, chicken & pork tacos and burritos prepared onsite by Juan's Taco Catering. Both food & drinks will be sold starting at 5:30 pm - so come early!

The Spero Foundation (a 501(c) 3 non-profit organization) represents the volunteer spirit of our community, and is a vehicle for those in need. The Spero Foundation's capabilities include Fund Raising (single source events for specified recipients); Guidance (for the family or organization in need- such as resource material and outsourcing services); and Consulting (assistance to organizations and groups for their fund raising efforts).

The profits from this evening in the park will help fund our Family Food Baskets; a tradition of Spero's which provides both Thanksgiving & Christmas dinners to needy families in the area.

For more information about The Spero Foundation contact us at PO Box 1295, Sierra Madre, CA 91025 or (626) 355-HOPE.

LETTER - cont. from page 1

We have at least a year's water already purchased from the District and sitting in the Main Basin in storage. In order to receive the water, the City would have to pay watermaster fees and Arcadia's operational cost in pumping the water to Sierra Madre, which increase the cost of water production by over 50%. However, while Arcadia is currently willing and able to provide this water to Sierra Madre, Arcadia may not be able to provide the water in the future, as their water system capabilities have also been impacted. Additionally, importing the water from Arcadia is more costly as compared to Sierra Madre's water department pumping the water from the aquifer.

A second option would be to access water via the Metropolitan Water District emergency connection as the current water supply conditions for Sierra Madre would most likely qualify as an emergency. This is the new connection near Grand View Avenue which is scheduled for completion in mid-June. Once the connection is in place, the City can draw water from that source. This source of water is more expensive than the City's groundwater, and could potentially increase the cost of water production by as much as 374%.

What is the City doing to conserve water?

Residents, businesses, churches, schools, and the City must conserve water, now more than ever. The City is also conserving and has made major adjustments in the irrigation schedules at the City's parks and other facilities. The City's number one water use is for irrigation purposes. Community members will see a browning of turf areas, namely in our parks. Just like our customers, the City will also have a conservation target and will pay penalties if consumption is exceeded. The City will continue to make adjustments to reduce irrigation, and wherever possible will shut off irrigation altogether. Information on conservation recommendations and the City's latest efforts in the conservation cause can be found at www.cityofsierramadre.com/water-conservation.

In the well diagram, please refer to your original letter or go to the city's website, the static water surface elevations shown in blue are the elevations of the water when the wells are not in operation. When a well is in operation, it forms a localized inverted cone in the water surface around itself, known as the drawdown. The "bowls" are the submerged pumping mechanism down in the well. As the water surface approaches the top of the bowls (212 feet above sea level), well production stops. The City's water surface is currently very close at 293 feet above sea level.

CONGRATULATIONS BRADLEY WOOD!

Bradley Wood of Sierra Madre, is the winner of the Mountain Views News Trivia Contest. In the June 1st edition, a question was asked, "How many contestants in the Mt. Wilson Trail Race were from Sierra Madre?" The answer was 68. There were 78 people who correctly responded, however the FIRST correct response was from Mr. Wood. A Gift Certificate for \$25 for Bean Town has been sent to Wood. Thanks for participating!

LOOKING FOR FREE, FUN & EDUCATIONAL ACTIVITIES THIS SUMMER?

Then look no further than the City of Sierra Madre's Summer Fun in the Park. The program includes interactive presentations provided by local organizations and fitness activities. It is targeted for children 3-10 years of age but all ages are welcome to enjoy. The program occurs Tuesday and Thursday mornings from 9:30-10:30 am in Memorial Park, 222 W. Sierra Madre Blvd.

For more info call Community Services t at 626-355-5728.

Tuesday Educational Program runs June 18 through August 13
2013 Community Services Department Newsletter | www.cityofsierramadre.com/online/registration

June 18 – Athens Services: Recycling
June 25 – Sierra Madre Gardening Club: How to Plant
July 2 – Pasadena Casting Club: Fly Fishing
July 9 – Fire Department: Fire Safety
July 16 – SkyWatchers: Telescopes and the Solar System
July 23 – Social Edison: Electrical Safety/Hazard Hamlet
July 30 – LA County Arboretum: Planting, Insects, and Reptiles
August 6 – Los Angeles Zoo: Wildlife
August 13 – Police Department: Safety First

Thursday Fitness Program runs June 20 through August 15
(No class July 4)
Get Active with CATZ (Competitive Athletic Training Zone)
Sports fitness program that includes capture the flag, relay races, and various games of tag. Don't forget to bring your sneakers, shorts, t-shirts and water bottle!

COMMUNITY YARD SALE A SUCCESS



The City of Sierra Madre Senior Community Commission hosted the 3rd Annual Community Yard Sale on Saturday, June 8, 2013 from 8:00 a.m. to noon. The Senior Community Commission raised \$220 from sales at their booth with proceeds benefiting senior programs and services. The Senior Community Commission would like to thank the 21 different individuals and organizations who purchased booth spaces and sold their items at the sale, as well as those members of the public who shopped the sale. It was a beautiful day for a yard sale with sunny skies and pleasant temperature, and the Commission looks forward to another great event in 2014.

We'd like to hear from you!
What's on YOUR Mind?

Contact us at: editor@mtnviewsnews.com
or www.facebook.com/mountainviewsnews AND
Twitter: @mtnviewsnews



Full 110 Freeway Closures Planned

The California Department of Transportation (Caltrans) will close the northbound Arroyo Seco Parkway (SR-110) between Avenue 60 and Orange Grove Boulevard from midnight to 8 a.m. on Saturday, June 15 and from 1 a.m. to 9 a.m. on Sunday, June 16.

Southbound SR-110 will be closed between Orange Grove Boulevard and York Boulevard from midnight to 7 a.m. Saturday, June 15 and between Orange Grove Boulevard and Avenue 60 from midnight to 8.m. on Sunday, June 16.

On Monday, June 17, northbound SR-110 will be closed between the U.S. 101 connector and Avenue 20/San Fernando from midnight to 8 a.m.

Detours will be in place.

The closures are in relation to a slab replacement project.

Meet and Greet Your Public Safety Officers

Are you prepared for a calamity, catastrophe, or disaster? Do you know what to do when the big one hits? No? Then join us for a wonderful opportunity to meet your Public Safety Officers on Tuesday, June 18 from 2 to 5 p.m. at Pasadena Public Library's Hastings Branch, 3325 E. Orange Grove Blvd. Learn what you can do in event of a disaster and how to prepare your family for the eventuality of one.

Hastings Branch Library will host representatives from the City of Pasadena Police, Fire, Public Health, Water and Power Departments and Huntington Hospital Disaster Team who will share disaster preparation tips and advice, answer questions and display their vehicles and equipment. There will be food, music, games and stories too! For more information call (626) 744-7262.

Pet of the Week



Sophie is a seven-month-old gray and white pit bull/French bulldog mix. She's a volunteer and staff favorite, has lots of personality and possibly the cutest set of ears! Sophie has also been out on our Mobile Outreach Unit and got along well with other dogs and people. She earned her Blue Ribbon for good manners.

Sophie's adoption fee is \$100, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A327091, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



JPL Takes E3 Gamers Out of this World

By Dean Lee

Thousand of gamers attending this year's Electronic Entertainment Expo had a chance, on their way to see the newest Xbox One and Playstation 4, to stop and get a picture taken with the Mars Curiosity rover as part of JPL's gaming exhibit that included augmented reality and a chance to simulate landing the rover on Mars.

"There are two types of products that we have here," said Kevin Hussey (pictured above), JPL Visualization Technology Applications and Development Manager. "One is 3D interactive real-time visualizations that run on Windows and Apple Macintosh called, Eyes on the Solar System, Eyes on Earth and Eyes on Exoplanets."

Hussey explained that for free through a web browser, users can explore the entire solar system from the years 1950 through 2050. He said they were currently adapting the visualization technology to teach science in schools. "That's our project for the next fiscal year."

He said, "Next year it's about using game technology to help teach science, technology, engineering and mathematics to elementary and secondary school kids."

NASA engineers, along with JPL, also worked with Microsoft on a game for the Xbox 360 called Mars Rover Landing. The game, shown at E3, tests gamers' skills at landing the one-ton Curiosity rover on the surface of

Mars using the Microsoft Kinect motion controller.

Hussey also worked on an augmented reality app modeling the Mars Curiosity rover.

"We wanted to use this very engaging technology, augmented reality, to engage people about our spacecraft, get them to learn about it, the intricacies, to examine them in true 3D."

The technology uses a printed AR Target and the camera on a mobile device to bring the rover to life.

"You can put the marker on the table and walk all the way around it, seeing different sides," he said. "You can look behind things, under it."

Hussey said the person, hired to do the modeling, worked in the video games industry, "They are built as a game model."

He said the future of augmented reality is real word applications, such as, building full-scale spacecraft.

"What you can do is make an augmented reality application, when it sees the side of the spacecraft, it would use a graphical model, CAD [Computer-aided design] drawing of where all the wires are and where they are to be fastened, a manual directly on the spacecraft, to make sure it matched the original drawing"

The E3 video gaming tradeshow presented by the Entertainment Software Association (ESA) was held Tuesday through Thursday at the Los Angeles Convention Center.

For more information about NASA 3-D environment

Tours to Open at Rose Bowl



Behind-the-scenes tours of the Rose Bowl Stadium will give fans an exclusive look at the revitalization of the iconic and historic Pasadena landmark

Beginning June 22, fans will have the opportunity to tour the National Historic Landmark Rose Bowl Stadium and relive history while walking through the same tunnels and along the same hallowed grounds which some of sports' greatest players and teams have graced.

"There's no shortage of legendary moments at the stadium," said General Manager Darryl Dunn. "From the locker rooms to the post-game interview room; the newly renovated premium-seating pavilion, the working press boxes and the playing field itself, the stadium is a treasure trove of memorable games, big plays and defining careers."

For the first time in the facility's 90-year history, the Rose Bowl Stadium will conduct guided tours and provide exclusive access to locations rarely

available to the public.

Modeled after the Yale Bowl and designed by architect Myron Hunt, whose other buildings included the Huntington Art Gallery and the Ambassador Hotel in Los Angeles, the stadium held its first game in 1923. In addition to hosting the "Granddaddy of Them All" – the annual Rose Bowl Game – and UCLA home football games, the Stadium has hosted three BCS national championship games, five Super Bowls, two World Cups (the 1994 men's finals and the 1999 women's finals) and events in two Olympics.

Public walk-up tours will be \$17.50 for adults, \$14.50 for children, available at 10 a.m., noon, 2 p.m. and 4 p.m., Thursday through Sunday. Group tours will also be offered seven days a week for 20 or more people at \$12 per person. Educational tours are \$9 per student.

Additional information on Rose Bowl Stadium tours is available at www.rosebowlstadium.com or by calling (626) 275-2714.

mission data go to <http://eyes.nasa.gov>.

The Spacecraft 3D augmented reality app is available free for iOS and Android.

Bill to Help Small Businesses Moves Forward

Assemblymember Chris Holden's legislation to make the Small Business Loan Guarantee program more accessible and user friendly has been approved in the Senate Government Organization Committee.

"At a time when California is striving to rebound from a long recession, this program can play a pivotal role in making much needed capital more accessible to thousands of small businesses so they can expand, create new jobs, and save the jobs of existing employees," stated Assemblymember Holden.

AB 201 requires the California Small Business Loan Guarantee Program to maintain an Internet website that would include information on the program's loan guarantees, direct lending, surety bond guarantees, and disaster loans. "For the past 40 years, SBLGP has been instrumental in working with banks to guarantee loans to undercapitalized small businesses. This bill would ensure that information about the SBLGP, including a list of participating lenders, is posted on the Governor's Office of Business and Economic Development's (GO-Biz) website for small businesses to explore," added Holden.

Since February 2011, over \$143 million financial loans were issued, of which about \$47 million was covered by Small Business Loan Guarantee Program.

Since 2004, more than 52 loans worth approximately \$8.5 million dollars have been guaranteed in the 41st Assembly District.

AB 201 now goes to Senate Appropriations for fiscal consideration.

710 Public Meetings

Metro and Caltrans invite the public to participate in the July 2013 All Communities Convening Information Sessions regarding the State Route 710 North Study.

Learn about five transit options that will help reduce congestion and improve mobility in the San Gabriel Valley, East/Northeast Los Angeles, and the region.

Meeting Details

Pasadena Meeting will be Saturday, July 20, 2013, 9:30 a.m. – 11:30 a.m. at Blair High School 1201 S. Marengo Ave.

Other meetings include, Thursday, July 18, 2013, 6 p.m. – 8 p.m. Los Angeles Presbyterian Church 2241 N Eastern Ave., El Sereno

And, Tuesday, July 23, 2013, 6 p.m. – 8 p.m. Langley Senior Center 400 W Emerson Ave; Monterey Park

Facts about various options being considered, including:

Local street, bike and pedestrian enhancements

Enhanced public transit opportunities

An improved regional freeway system

Boutique Hotel Looked at for YWCA Building

Mermell said.

Pasadena acquired the historic building in April 2012, culminating in many years of trying to purchase the building which was the original home of the local YWCA. The City's primary goal for owning the building designed by famed architect Julia Morgan is to ensure its preservation and status on the National Register of Historic Places. The property is also designated as a historic monument by the City of Pasadena.

"We have particular expertise in adaptive reuse projects and we are very interested in expanding our footprint of great hotels and restaurants in Southern California, especially in the City of Pasadena where we'd be proud to lay roots," said Michael Depatie, Chief Executive Officer of Kimpton Hotels & Restaurants. In July 2012, the City requested proposals regarding new uses for the historic building and an adjacent city-owned parcel on Garfield Avenue. An internal advisory panel evaluated all proposals and recommended the City begin exclusive negotiations with Kimpton.

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"What's Going On?"*News and Views from Joan Schmidt*

Remembering fallen peace officers occurs at local, state and national ceremonies. This past May 29th, I attended the 44th Los Angeles County Peace Officers' Memorial. Among the eloquent speakers were Supervisors Don Knabe, 4th District, Mike Antonovich, 5th District, and Los Angeles County District Attorney, Jackie Lacey. They reminded us of the great sacrifices made by our peace officers and their families. Each day, we go to work and expect to return home. But when a peace officer puts on his/her uniform and heads out to work, they have no guarantee they will return that evening.

Mrs. Lacey incorporated a little background history in her address. In the United States, **Peace Officers Memorial Day, May 15th and Police Week**, the calendar week in which Peace Officers Memorial Day occurs pays tribute to peace officers who have died in the line of duty throughout our country.

How did this tribute begin? It began October 1, 1961 when Congress asked President John F. Kennedy to designate May 15 to honor peace officers, and he promptly signed the bill into law. In 1994, President Bill Clinton directed that the Flag of the United States be flown at half-staff, and in 2002, President Bush's Proclamation reminded us of paying tribute to local, state and federal law enforcement officers who protect us with courage and dedication.

Besides recognition to peace officers as a nation, special tribute occurs on the state level. California Peace Officers Memorial Ceremonies have been conducted in the State Capitol since 1977, recognizing officers fallen in the line of duty. That year, Senator Robert Presley introduced SCR94 to honor peace officers killed in the line of duty the previous year, and the bill was signed by then-Governor Brown. In 1985 Governor Deukmejian called upon Senator Presley again to establish a monument memorializing peace officers who died in the line of duty. In Sacramento, there is a beautiful Memorial Statue with three standing figures, almost 9 feet tall, looking down at a life-sized figure of a woman comforting a child sitting on a bench. The woman and child represent the grief-torn families left behind. The three figures depict a County Sheriff of the 1880's, a state trooper of the 1930's and a city patrolman of the 1980's. On May 13, 1988 at 2:30pm, then-Governor Deukmejian dedicated this beautiful bronze statue in the presence of hundreds of

**REMEMBERING OUR
FALLEN PEACE OFFICERS**

cities, counties' and states' peace officers and officials. (Please go to the **California Peace Officers' Memorial Foundation** to learn more)

On a local level, the Sheriff's Department began its 2013 tribute with the 36th Annual Memorial Torch Run Friday, May 17 - Sunday, May 20. Nearly 2000 participants covered 339 miles stopping at each mainland station honoring peace officers who made the ultimate sacrifice the previous year in Los Angeles County.

At the May 29th 44th Annual Memorial Ceremony, four honorees were added to the wall, Deputy Constable Charles A. De Moranville, Los Angeles Sheriff's Department, died on January 4, 1909 when he was shot during a gun battle. Deputies Harry S. Guard and Emma Benson were killed in a traffic collision with a street car March 20, 1919, after the transport of a prisoner to the mental ward of a hospital and Pomona Police Chief Henry B. Tracey who died as a result of a traffic collision May 3, 1915 while on Duty.

Highlights of the May 29th Ceremony included the Memorial Torch being brought, Sgt. Bryon Ward's rendition of "My Creed" inspired by our Deputy Dave March, a history of this year's honorees, Wreath Presentations and the release of the Doves.

On May 15 President Obama placed a flower in the wreath at the National Peace Officers Memorial Service, honoring 143 fallen officers. He closed the ceremony reminding us that "We can never repay our debt to these officers and their families but we must do what we can, with all we have, to live our lives in a way that pays tribute to their memory...to carve their names in stone so that all will know them and their legacy will endure."

When the name plaques of four fallen peace officers from the early 1900's were added to the Memorial Wall this May 29th, the Sheriff's Department heeded the words of our great President. May Charles De Moranville, Harry Guard, Emma Benson and Henry Tracey never be forgotten.

**L.A. SUPERIOR COURT ELIMINATES JOBS;
HUNDREDS OF EMPLOYEES AFFECTED**

On Friday, June 14, 2013, reductions were made in state financial support for the California judicial branch force the Court to eliminate 511 budgeted positions. As a result, 539 Los Angeles Superior Court employees will be affected, including 177 employees who will be laid off.

A budget committee of the California legislature agreed Monday evening to provide \$60 million in new funding to the state trial courts; close to \$20 million of that funding may be provided to the Los Angeles Superior Court.

Nevertheless, even if the additional funds are provided, the amount is insufficient to avoid the contraction of court size and services necessitated by repeated, cumulative budget cuts since 2008.

As Presiding Judge David S. Wesley stated, the legislative action is "too little, too late, to stop the layoffs, or the reduction in access to justice that state funding cuts have produced, although they give us hope that we will not have to make further cuts to staff or services in the foreseeable future."

Decreases in state support for the California trial courts now total \$725 million annually. Net of mitigations (such as increased fees for court users imposed by the legislature), and including unfunded cost increases, the Los Angeles Superior Court must manage a structural budget deficit of \$195 million. Previous actions, including layoffs in 2010 and 2012, hiring freezes, cuts in supplies and other cost-saving measures, have reduced the Court's annual spending by \$110 million.

Friday's actions will reduce spending by another \$56 mil-

lion. "Assuming that Governor Brown signs into law the budget increase proposed for the trial courts, our Court's share will barely cover the remainder of our structural deficit. For the first time since the budget crisis began, we will have finally resolved our structural deficit," said Wesley.

As of July 1, 2013, the Court will have eliminated 30% of its budgeted staff positions since 2002 - a 24% reduction since the state budget crisis began in 2008.

To manage the Court after Friday's staffing reductions, the Court has implemented a consolidation plan that has resulted in:

Closure of eight courthouses: Pomona North, Whittier, Huntington Park, Beacon Street, San Pedro, Kenyon Juvenile, West Los Angeles and Malibu;

Significant reductions in court services at the Beverly Hills and Catalina courthouses;

Consolidation of personal injury, collections, small claims, probate, unlawful detainer and traffic cases in fewer courthouse locations;

Elimination of the remaining part-time court reporters in civil courts;

Elimination of all full-time referee positions in the juvenile courts and reduction of juvenile dependency mediation services; and

Elimination of the Court-managed Alternative Dispute Resolution unit.

"We have reached the new normal," said Wesley. "And there is nothing to like about it."

"When the Municipal and Superior Courts unified, our vision was to be the largest neighborhood court and to maintain a presence in many communities throughout LA County," said Wesley. "This is not the neighborhood court we worked so hard to build. It is not our vision for access to justice. But this is the Court that the state is willing and able to support. We will be using our collective energy as a court to provide access to justice in every case type within the limits of the resources we have been provided."

To save \$56 million annually, the Court is eliminating 511 budgeted positions. The elimination will have the following effects on court employees:

177 people will lose their jobs;

139 people will be demoted to previously held positions; those demotions will, in turn, bring about reductions in pay for those employees;

223 employees will keep their jobs with the Court, but will be reassigned to new locations on Monday, June 17.

In all, 539 people are being impacted: one in seven employees. Notices to affected employees were hand-delivered Friday.

"It is a particular irony that many of the people being impacted have been working long and hard to restructure the Court over these past few months," noted Assistant Presiding Judge Carolyn B. Kuhl. "They and all our employees have done the impossible: moving hundreds of thousands of case files, and dismantling and rebuilding large parts of our Court. I admire their commitment to serving the public. It has not wavered."

**REMEMBERING MY FATHER**

[Nyerger is the author of "Til Death Do Us Part?", a series of stories describing how he and his wife attempted to deal with death in an uplifting manner. The book is available on Kindle, or from School of Self-reliance, Box 41834, Eagle Rock, CA 90041 or www.ChristopherNyerger.com.]

card company, but consisted of my own private and secret memories that I shared with him. I managed to thank him for doing all the things that I took for granted - a roof over my head, meals, an education, a relatively stable home.

Of course, all our family members - "insiders" - knew that my father was no saint. But I was at least acknowledging the good, and sincerely thanking him for it.

My mother died two years later, and we all knew my father would be lost without her. They'd been married over 50 years. His health and activities declined and he finally passed away on the Ides of March a few years later.

Though his death did not come as a surprise - I was nevertheless left feeling his absence. That early Saturday morning when I learned of his death, I even felt parent-less. My view of the world changed and I was forced to acknowledge the limits of life and the futility of pursuing solely a material existence.

After I learned of his death via a phone call, I walked out into the morning rain, in shock, crying, thinking, remembering. I was not feeling cold or wet, and somehow I was protected by that unique state of mind that enshrouded me.

During the next three days, I did as I had done with my mother when she died. I spent the next three days reviewing my life with my father.

At first I allowed the random memories and pain to wash over me. I talked to Frank constantly during those three days, inviting and allowing him to be with me as we did the life review together. I felt his pain, his frustration, his emptiness and loneliness in his last few years of life. I did nothing to stop the pain of this - I allowed myself to feel it all.

I spoke to Frank as I'd speak to anyone living. I felt his presence and even his responses. I did this for myself as much as for Frank and his on-going journey.

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POSED MEASURE R
AMENDMENTS**

Foothill Extension to Claremont continues to be Inaccurately Defined

MONROVIA, CA - At their regularly scheduled meeting last night, the Metro Gold Line Foothill Extension Construction Authority (Construction Authority) board of directors voted unanimously to oppose the Measure R Expenditure Plan and Measure R Ordinance Amendments as proposed by Metro.

The Amendments are being proposed to allow Metro to accelerate funding to five Measure R transit projects ahead of the year approved by voters in 2008. The changes would only take effect if Metro is able to secure close to \$6 billion in federal funding and grants for one or more of the Measure R transit capital projects. Metro is circulating the amendments for comment and plans to hold a public hearing on the matter on June 27.

"We are very disappointed and frustrated that Metro continues to blatantly ignore the voter mandate, which clearly defined the Gold Line Foothill Extension project from Pasadena to Claremont," explains board chairman and Glendora councilman Doug Tessitor. "Metro has yet again disregarded the request by the Construction Authority to update information in their Measure R Expenditure Plan to include an accurate cost estimate to complete the project to Claremont. As shown in their plan amendment, the project will end in Azusa."

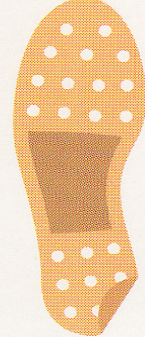
Earlier this year, as required by statute, the Construction Authority board approved an updated expenditure plan for the Foothill Extension project. The updated project-level expenditure plan took into account the latest information known about the project, following significant study and planning completed since Measure R was approved in 2008.

"We have a much better idea what the total project will truly cost," added chairman Tessitor. "We have now awarded all contracts for the Pasadena to Azusa segment and have recently com-

pleted extensive environmental studies of the Azusa to Montclair segment. Together, this information allowed us to provide Metro a more accurate estimate for use as they update their overall expenditure plan. Unfortunately, they have chosen not to include the information in their proposed amendment."

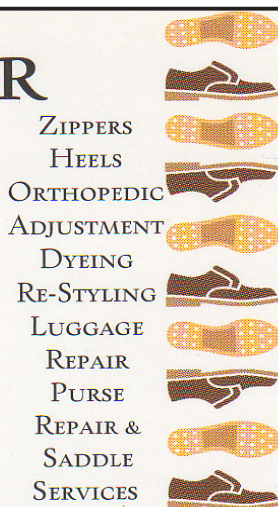
The proposed Measure R Expenditure Plan Amendment includes a total estimated cost for the Foothill Extension project of \$758 million, significantly less than the actual cost estimate (\$1.714 billion) to complete the project to Claremont. The plan also includes an expected project completion of 2015-17, only reflecting completion of the first half of the project to Azusa. The Construction Authority's plan estimates completion to Claremont in 2022.

The Construction Authority board's action will now be sent as official comments on the proposed Amendments. The Metro board is scheduled to hold a public hearing at their upcoming board meeting on June 27.

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ROBBERY - HOME INVASION

On June 13, 2013, at approximately 11:44 PM, the Arcadia Police Department received a call of a robbery that took place at a residence located in the 500 block of east Norman Avenue. When the officers arrived at the residence, it was confirmed that a home invasion robbery had occurred. There were initially two victims at the residence who were tied up and blindfolded as the suspects ransacked the home. Three additional victims arrived home at the residence while the crime was in progress and they too were tied up and blindfolded.

Two of the five victims were males and they were struck by the suspects. They sustained minor injuries. They were treated at the scene by the Arcadia Fire Department paramedics. The female victims were not harmed. All of the victims are adults.

Based on the preliminary investigation, there were five suspects and at least one suspect was armed with a handgun. The suspects fled with the victims' passports, personal electronic devices, laptops, jewelry and cash. The suspects also took the victims' car keys; however, their vehicles were not stolen.

The case is currently under investigation. Anyone with information on this incident is encouraged to contact the Arcadia Police Department at (626) 574-5150, case #13-2781. You can also submit crime tips and information via text, phone, or web to LA Regional Crime Stoppers, 800-222-TIPS (8477).

RIO HONDO SCHOOL TEACHERS RECEIVE GRANTS FROM RETIRED TEACHERS



Rio Hondo School teachers are all smiles after receiving classroom grants from CalRTA #71. (l-r) are Rebecca Faulstich, Patricia Hernandez, and Jennifer Kane with Patti Hahn, School Grant Chairperson.

Three happy Rio Hondo School teachers from the El Monte City Schools District recently received school grants from the California Retired Teachers' Association #71 (CalRTA-SGV). Principal Brian Bettger welcomed CalRTA #71 members to a faculty meeting on the campus. Patti Hahn, School Grant Committee Chairperson, awarded the grants to enable the teachers to purchase much needed classroom supplies.

Fifth-grade teacher Jennifer Kaner received a grant to purchase

headsets for her computer lab. Patricia Hernandez, seventh-grade math teacher, had requested a grant to purchase quill paper and special dry-erase markers for her students. Rebecca Faulstich, fifth-grade teacher, received a grant to buy science lab supplies. Other CalRTA #71 members present for the grant presentations were Barbara Gera, John Gera, and Esther Morris.

CalRTA #71 allocates an amount each year for awarding teachers grants to help them

fulfill their classroom needs. The grant presentations also serve to acquaint future retirees with the organization. Membership in the California Retired Teachers' Association is open to all retired educators as well as to any others interested in joining.

For membership information, please contact Marietta Watkins at (323) 258-9615 or Patricia Dietrich at (626) 446-8437.

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CITY OF ARCADIA 2013 SUMMER SWIM PROGRAM

Get out of the heat and into the pool! The Recreation and Community Services Summer Swimming Program will be open for lessons and open swim at the Arcadia High School Pool, 180 Campus Drive in Arcadia starting Saturday, June 15, 2013. For open swim the pool will open at 1pm and close at 5pm. Walk-in, fax-in and online registration are now underway for Session I (June 17-28) swim lessons only by logging onto www.ci.arcadia.ca.us.

For Session II (July 1-12) online registration for Arcadia residents begins June 21st. Walk-in registration for everyone begins June 24th at the Recreation Department located at 375 Campus Drive. No class on July 4, 2013. For more information regarding swim classes and the online and walk-in registration dates for Sessions 3-5, please call 626.574.5113.

ARCADIA RECREATION DEPARTMENT SUMMER 2013 REGISTRATION!

Pick up the latest copy of "The Peacock Buzz" to find out what is going on in the City of Arcadia! Copies are available at the City of Arcadia Recreation Office, Library and City Hall or by going to the city website at www.ci.arcadia.ca.us under the Recreation and Community Services Department.

Registration for classes and activities has begun by walking in, mailing, faxing or by going on line at www.ci.arcadia.ca.us! Summer activities fill up quickly so get your registration requests in to assure your spot! For new registrants, please remember to include your proof of residency/ child's birth with your forms and on-line submittals. This information is required and will delay the process if not provided.

For questions and on-line Log-in ID information for active accounts, please contact the Recreation Department at 626.574.5113.

Arcadia Police Blotter

For the period of Sunday, June 2nd, through Saturday, June 8th, the Police Department responded to 962 calls for service of which 134 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 2:

1. Around 9:00 a.m., an officer was dispatched to the Arcadia Police Department front counter regarding a theft report. While the victim was walking around the Santa Anita Mall, 400 South Baldwin Avenue, unknown suspect(s) stole her cell phone from inside her purse. When the victim called the phone, a female subject answered and explained she would return the phone in exchange for \$200. The victim declined the suspect's request and reported her phone stolen.
2. Just after 8:00 p.m., an officer responded to 24-Hour Fitness, 125 North First Avenue, in reference to a battery report. While inside the sauna, the victim asked another subject to lower her music because it was too loud. Shortly after, the subject became upset, punched the victim in the chest, and fled the location. The suspect is described as Hispanic, approximately 23-years-old, 135 lbs., with black hair, wearing a grey t-shirt and black pants. She can be identified if seen again.

Monday, June 3:

3. At approximately 1:23 p.m., an officer responded to Citibank, 100 South First Avenue, in regards to a silent robbery alarm. Officers confirmed an attempted robbery had just occurred and conducted an area check for the male suspect, but he was not located. An investigation revealed the suspect entered the location holding a black cassette case with D-cell batteries attached to the bottom, which he claimed was a bomb. The suspect demanded money from a bank teller and stated he was forced to commit the robbery by someone outside who was also in possession of the trigger. Due to the teller's slow pace, the suspect fled the location without obtaining any money. The suspect is described as a White, 23 to 30-years-old, with blond hair, wearing a red sweater and khaki shorts. Further investigation is being conducted by the Detective Bureau and the Federal Bureau of Investigation.
4. Just after 9:10 p.m., an officer was dispatched to a residence in the 600 block of Rosemarie Drive in regards to a disturbance between a landlord and tenants. The tenants became upset after the landlord attempted to rent out a portion of the home to another family. The officer discovered the location is being used as a birthing home. Further investigation is being conducted by the Special Investigations Detective.

Tuesday, June 4:

5. At about 00:29 a.m., an officer was dispatched to Arcadia Fire Station 106, 630 South Baldwin Avenue, in regards to a welfare check on two subjects who were sitting on a nearby curb for several hours. The officer discovered the 28-year-old Hispanic female subject and her 3-year-old son had been reported missing. The mother was under the influence of a controlled substance, had an outstanding misdemeanor warrant, and neglected to feed or bathe her son. She was arrested and transported to the Arcadia City Jail for booking, and the juvenile was taken into protective custody by the Department of Child and Family Services.
6. At roughly 8:50 a.m., an officer responded to CVS, 188 Las Tunas Drive, in regards to a suspicious subject inside the store. The subject had been inside the store for an extended period, but had not purchased anything. The officer made contact with the subject and discovered he was in possession of drug paraphernalia. The 33-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Wednesday, June 5:

7. At approximately 2:30 p.m., officers responded to the suspected birthing home residence in the 600 block of Rosemarie Drive regarding a civil dispute. The tenant explained the location's electricity was turned off for an unknown reason; however, he suspected the landlord terminated the service in attempt to "force" his family out of the house. Further investigation is being conducted by the Detective Bureau.
8. Around 9:50 p.m., officers were dispatched to the 500 block of West Woodruff Avenue in regards to a residential burglary report. Unknown suspect(s) forced entry through a back door, ransacked the location, and fled undetected. The loss was unknown at the time of the report and no evidence was located.

Thursday, June 6:

9. At about 7:56 a.m., officers responded to an apartment complex in the area of Second Avenue and Diamond Street in reference to a suspicious male subject loitering around carpools. Officers located the subject on Bonita Street and discovered he was in possession of methamphetamine, drug paraphernalia, shaved keys, and had an outstanding misdemeanor warrant. The 44-year-old White male was arrested and transported to the Arcadia City Jail for booking.
10. Shortly after 10:45 a.m., officers were dispatched to Arcadia High School, 180 Campus Drive, in regards to a fire inside a male bathroom. Arcadia Fire Station 105 responded to the scene and extinguished the fire. An investigation revealed a 14-year-old Hispanic male student used a lighter to set a toilet paper dispenser on fire. The juvenile was arrested and transported to the Arcadia City Jail for booking.

Friday, June 7:

11. At about 9:00 a.m., an officer was dispatched to a traffic collision on Diamond Street, east of South First Avenue. The driver of a grey Toyota lost control of her vehicle, drove up a driveway, and collided into the front of a residence. The driver was transported to Arcadia Methodist Hospital for treatment. The officer determined alcohol was not a factor.
12. Just after 2:35 p.m., an officer observed a male subject vomiting outside of his vehicle in the 600 block of South Santa Anita Avenue. The officer discovered the subject was intoxicated and unable to care for himself. The 34-year-old Chinese male was arrested and transported to the Arcadia City Jail for booking.

Saturday, June 8:

13. At approximately 7:15 p.m., an officer was dispatched to the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. Four suspects stole several sunglasses from the Sunglass Hut and fled through the Macy's parking lot. One suspect, a 27-year-old White female, was located and found to be in possession of stolen merchandise. She was arrested and transported to the Arcadia City Jail for booking.
14. Around 7:56 p.m., an officer was dispatched to the area of Longden Avenue and Fifth Avenue in reference to an elderly woman in need of medical attention. The officer made contact with the subject who explained she was attacked by her daughter. Arcadia Fire responded to the scene and transported the victim to Arcadia Methodist Hospital for treatment. Shortly after, officers made contact with the victim's daughter who admitted to assaulting her mother. The 63-year-old White female was arrested and transported to the Arcadia City Jail for booking.

OPENING DAY IS SATURDAY, JUNE, 22, 2013 THIS YEAR!

Opening Night at the Hollywood Bowl

Come celebrate one of the most talked about highlights of the upcoming summer! Join the Arcadia Recreation and Community Services Department as we kick off the 2013 summer season with our annual adult excursion to the Hollywood Bowl on Saturday, June 22, 2013 from 6-11:30pm. Enjoy an evening with the brilliant Hollywood Bowl Orchestra, special celebrity guests and a spectacular fireworks finale! Invite a few friends and bring a basket of picnic delights for a captivating evening of entertainment! Tickets are \$40.00 and are on sale now online, by mail, walk-in or fax-in.

Tickets will be available for early pick up beginning Monday, June 17 from 8am to 9pm in the Community Center and continuing through Friday, June 21 until 5pm. Participants can only receive tickets with a receipt or a proper ID. On the night of the event, Saturday, June 22, participants should meet at the Arcadia County Park parking lot near the fountain located at Huntington Drive and Santa Anita Ave at 6pm.

Go to the City of Arcadia's website: www.ci.arcadia.ca.us, to download the registration form or stop by the office, 375 Campus Drive. For more information please call 626.574.5113!

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To Perform at the 21st Annual Family Music Festival

ARCADIA -- Ready to do the twist? Bring the whole family to an outdoor concert featuring Chubby Checker ("The Twist," "Limbo Rock"), Ben E. King ("Stand By Me," "Spanish

Harlem") and Jay And The Americans ("This Magic Moment," "Some Enchanted Evening.")

The 21st Annual Family Music Festival will be afternoon of music, entertainment and memories for all ages.

When: Sunday, June 23, 2013
Gates open at 2 pm; Concert begins at 4 pm
Where: LA County Arboretum and Botanic Garden
301 N. Baldwin Ave.
Arcadia, CA 91006

Admission: \$20 general public, \$14 for members of the Arboretum, Descanso Gardens, South Coast Botanic Garden and Virginia Robinson Gardens; Children under 12 free and must be accompanied by an adult.

Parking: \$10 for the Arboretum lot; \$6 for parking at Santa Anita where free shuttles will be operating to and from the Arboretum.

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MONROVIA POLICE DEPARTMENT DISTINGUISHED SERVICE MEDAL DISPATCHER CHRISTAL STUBBE

By Joan Schmidt

In last week's issue of the *Mountain Views News*, there was a picture of Monrovia Police Chief Jim Hunt, Captain Alan Sanvictores and four outstanding members of their fine department who received prestigious awards. A short bio was included about each honoree. However, the Press Release omitted why Dispatcher Christal Stubbe received the *Distinguished Service Medal*. One call to Alexis Newell at City Hall and the following information submitted by Chief Hunt was sent to this publication.

During the early hours of February 4, 2013, Police Communications Officer Christal Stubbe and her family were returning home from the Big Bear area in the San Bernardino Mountains. While descending Highway 38, Christal and her family were following a large tourist bus that appeared to be having brake problems. Despite the driver's best efforts, the driver lost control during a turn on the highway which caused the bus to overturn.

As a result of the accident, eight of the passengers were killed and 46 remaining passengers sustained injuries, many of which were serious injuries. After the collision occurred, Christal stopped and used her previous experience in emergency medical training. She and her husband began to immediately assess the victims and render medical aid. Christal had her three-year-old daughter with her, and carried her while assessing and rendering aid to assist the injured passengers. She continued to assist these victims for well over an hour, remaining on scene for over three hours.

Members from the Major Accident Investigation Team (MAIT) of the California Highway Patrol described the scene as resembling a war zone with the number of injured parties and the severity of the injuries. One officer on the MAIT team described the accident as "one of the most horrific in his twenty years of service".

During the awards ceremony, Chief Hunt said, "For her selfless dedication to public service, going above the call of duty and keeping with the highest traditions of the Monrovia Police Department, Police Communications Operator Christal Stubbe is hereby awarded the Monrovia Police Department's Distinguished Service Medal." A most deserving award indeed.



Christal Stubbe and Chief of Police Jim Hunt

BROWN BAG WORKSHOP: ADDING YOUR PERSONAL BRAND TO RESUMES THAT LAND INTERVIEWS

The Monrovia Public Library will host this timely workshop on Wednesday, June 26 from 11:30 a.m. – 1:00 p.m. in the Community Room. The Library is located at 321 S. Myrtle Avenue in Monrovia's Library Park.

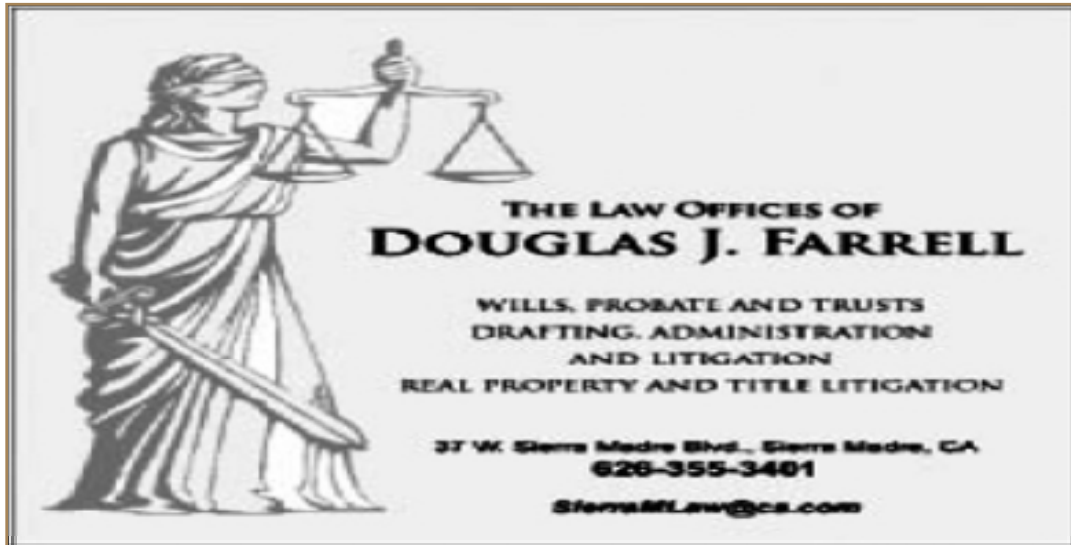
Thorsten Hoins provided a guide to creating a personal branding statement in his June 19 Brown Bag Workshop. For job searchers, this personal brand is your unique selling proposition and your job search mission statement – highlighting what employers want.

Bring a copy of your resume and learn how to incorporate your unique selling proposition in a resume that lands interviews.

All attendees receive an annotated webliography of resources and a list of suggested print resources in the Monrovia Public Library.

Registration is encouraged. Visit www.monroviapubliclibrary.org and click on the calendar icon. Click on the event to sign up. No Internet? Stop by the Adult Reference Desk or call 626-256-8274. Walk-ins welcome.

Wednesday, June 26
Library Community Room
6:00 p.m. to 7:30 p.m. Free



MONROVIA CLASSES FOR SENIORS

AARP 55 – Alive Mature Driving Course

Thursday, July 11 and Friday, July 12, from 9 a.m. to 1 p.m. at the Community Center. The two-day course will focus on current driving laws and provide participants with helpful hints to improve their driving skills. FEE: \$12 for an AARP member and \$14 for a non-member; payable by check only to AARP. Reservations must be made in advance, please contact (626) 256-8246.

Weekly senior stretching and exercise class.

NEW TIME every Monday at 2 p.m. at the Community Center. The fee for the approximately one hour class is \$2, and includes stretching techniques geared toward seniors over 50.

Active Adults Stretching & Walking Class

Every Friday at 9 a.m., at the Community Center, \$2 per class. The class meets for approximately one hour and begins with stretching followed by a walk around Old Town Monrovia. Participants are encouraged to wear comfortable clothing, and bring a towel and bottle of water.

Monthly Blood Pressure Screening, 50 years +

The free program is hosted by Methodist Hospital, and is offered on the second Tuesday of the month, from 9:15 a.m. to 10:15 a.m., at the Community Center.

Weekly Social Crafter's Class, 50 years +

The program is free and is held every Wednesday, from 12 p.m. to 3 p.m., at the Community Center. This program is designed to provide social opportunities while crocheting or knitting.

Monthly Afternoon Movies and Munchies at the Library

Last Friday of each month at 12 p.m. in the Library's Community Room. This month's movie will be screened on Friday, June 28, featuring a British comedy-drama film about a home for retired musicians that is soon to play host to a new resident, an eternal diva and the former wife of one of the residents; starring Maggie Smith, Tom Courtenay and Billy Connolly. Can you guess the movie? This program is free and open to Monrovia seniors 50 years and older.

CARRYING THE TORCH FOR SPECIAL OLYMPICS

By Joan Schmidt



In 1981, Chief Richard LaMunyon of the Wichita Kansas Police Department created the Law Enforcement Torch Run as a way to involve his officers in the community by running a torch relay for their local Special Olympics. That first run involved six officers, and no money was raised, but it began an effort that has skyrocketed to include SEVERAL fundraising events nationwide for this great cause! (They include the recent Ti-a-Cop dinners, Plane/Fire Truck Pulls, 5K/10K Runs, Raffles, Car Shows, Bike Rides, Polar Plunges, Adopt-a-Cop programs, Golf Tournaments and more!)

Special Olympic athletes may look at law enforcement as heroes, but the officers find the Special Olympic athletes to be the real heroes! Perhaps that is why so many officers throughout the county put their heart and soul into the various fundraisers.

Last year Southern California's Law Enforcement Torch Run involved more than 2000 officers who carried the Special Olympic Torch more than 500 miles through more than 150 communities! This year saw officers from local, county, state, federal and military agencies run across San Diego, Orange, Riverside, San Bernardino and Los Angeles counties beginning

in May 28th. Dozens of law enforcement officers carried the Torch through the San Gabriel Valley as part of a nine-day Torch Run.

This past Wednesday, the torch traveled from San Bernardino to the San Gabriel Valley. Officers from La Verne P.D., San Dimas Sheriff's Station, Glendora P.D. and Azusa P.D. participated. Police Chief Rob Castro (graduate of Annunciation School, Arcadia) and City Manager Chris Jeffers were among the Glendora runners. On Thursday, June 7th, runners carrying the torch began in Irwindale at 7:30 a.m. They traveled to West Covina, Baldwin Park, El Monte, Monrovia, Arcadia, Temple City, San Gabriel, Monterey Park, Montebello, Pico Rivera, Downey, Santa Fe Springs, and ended near Buena Park. I drove down to Live Oak/Peck/Myrtle intersection and observed Monrovia P.D. Runners.

They included Lieutenant Zeke Cerecerez (We go back over 22 years!), Sergeant Nick Manfredi, Detective Mike Garcia, Officer Adam Villalobos, and Officer Yolanda Gutierrez. At the Red Lobster Parking Lot in Monrovia, the Torch was passed to Arcadia P.D.

Driving into the parking lot I met Monrovia Chief Jim Hunt,

Captain Alan Sanvictores, Sergeant Glen Coleman and Detective Rob Wilken among the cheering section/support groups. Motor Officer Jim Meade had led the way for the runners; also assisting were two police units and a van with their banner followed. The Monrovia runners were congratulated by the Arcadia P.D. runners and support group (Including Tom Levesque), and then the Torch was passed.

For the Arcadia Police Department, the bike officers were Detectives Turner and Hernandez; runners included Sergeant Crowther, Detectives Trabbie and Lopez, Officers Tea and Castillo, Reserve Officer Hoefflin, and Cadets Vinopal and Walton. Arcadia carried the Torch down to the intersection of Baldwin/ Las Tunas where it was passed to Temple Station Personnel. From there the Torch went to San Gabriel, Monterey Park, Montebello, Pico Rivera, Santa Fe Springs and ending near Buena Park. (There is a Sheriff's Station in Cerritos.)

Glendora PD released a statement that best describes the event, "This is the largest grassroots fundraiser and public awareness vehicle for Special Olympics in the world." Special thanks to all the awesome participants!

MONROVIA COMMUNITY WILDFIRE PROTECTION PLAN MEETINGS SCHEDULED

The Monrovia Fire Department has scheduled neighborhood meetings for each of the fire hazard zones located within the Community Wildfire Protection Plan area

Fire Zone West:
Wednesday, June 19 (tentative), 6:30-8p.m.

Fire Zone West-Central:
Thursday, June 20, 6:30-8p.m.

Fire Zone East:
Sunday, June 23, 3-4:30p.m.

Fire Zone East-Central:
Tuesday, June 25, 6:30-8p.m.

MONROVIA SUNDAY MORNING FARMERS' MARKET

That's right- it's back! From 10am - 2pm on Myrtle Avenue, shop for fresh produce at the Sunday morning Farmers' Market in Old Town Monrovia.



Glendale Adventist Medical Center
Adventist Health

Coalition of Arts & Advocacy About Tobacco and
Duarte Community Advocacy Coalition

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For more information, contact Glendale Adventist Medical Center,
Community Services Tobacco Control Program (323) 255-9030 Ext. 29

This material was made possible by funds through the Proposition 99 Tobacco Tax Initiative
from the California Department of Public Health/ California Tobacco Control Program

BETHANY TEACHER SHOWS OFF TALENTS AT ART WALK

Perhaps you have been in Bean Town lately and had the pleasure of viewing Mrs. Robin M. White-Patterson's abstract oil paintings on large stretched canvas. The Bethany Christian School art teacher is happy to have her work on display for three months as Bean Town's locally featured artist. Mrs. White-Patterson's abstract paintings use a technique called "Impasto," where oil paint is thickly applied and a palette knife is used. The style is considered abstract expressionism. When asked about the inspiration of this installation, Mrs. White-Patterson said her influences are abstract expressionists such as Jackson Pollock, Mark Rothko, and Gerhard Richter. These same masters as well as many others are studied by her students at Bethany Christian School. Over the past ten years, Mrs. White-Patterson has taught art to children from pre-school through 8th grade; she uses famous artists to inspire her talented students with more challenging techniques in their own art.

Not only is Mrs. White-Patterson an experienced artist, she is also a professional photographer who earned a photography degree from the world-renowned Brooks Institute in Santa Barbara. Mrs. White-Patterson knows her material, challenges her students, and is a gifted and loving teacher to all the BCS students and their parents.

Mrs. White-Patterson's artwork was also displayed last Friday at Sierra Madre's Art Walk. Her work is available for purchase, and she can be commissioned for photography projects as well.

For more information about Bethany Christian School please visit their



LA SALLE'S TORREZ SIGNS NATION LETTERS OF INTENT TO BRYANT UNIVERSITY

Photo and Story by John Blackstock



Pasadena, CA –La Salle senior, Samantha Torrez, signed a National Letter of Intent to swim for Bryant University, a private Liberal Arts University in Rhode Island. Bryant is an NCAA Division I university participating in the Northeast Conference. Torrez committed to the university two weeks before graduation on May 24, 2013.

Samantha was a key member of the first ever girls swim Division IV CIF championship in 2012. She was a three event winner at the 2012 CIF Finals (100 Fly, 100 Back, 400 Free Relay) and was the 2013 Del Rey League Champion in the 100 fly, 100 Back and 400 Free Relay. She was recently inducted into the La Salle Athletics Hall of Fame.

"We are very proud of Samantha," commented Athletic Director Anthony Harris at the signing. He cautions that only two of 100 high school athletes will ever play in college and just one out of every 1000 high school athletes will receive a Division I scholarship. "Samantha has accomplished something very special here at La Salle," he said.

SIERRA MADRE YOUTH GYMNASTICS CLASS

The Sierra Madre Community Services Department is offering a new gymnastic class for youths! Charter Oak Gymnastics has been in business for over 30 years and teaches all levels of gymnastic classes. Classes in Sierra Madre are geared for beginners from ages 2 all the way up to 12 years of age. Pre-registration is required with classes beginning on Wednesday, June 19, 2013. Registration is available online at www.cityofsierramadre.com/online/registration or at the Community Services Office located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024.

Parent and Me

In this class the student, with the aid of the parent will learn to develop their balance, coordination and motor skills. Low beam, small spring board, blocks, cones and landing mats are used as part of this class. Open to ages 2-3 years. Session is \$39 per child.

Session: June 19 – July 24 (5 class dates, does not meet on July 3)

Time: 9:45-10:25am

Kiddie

This class challenges students to perform skills that require strength, balance and speed. The class utilizes a variety of gymnastic apparatuses to perform fun and coordinated movements. Open to ages 4-5 years. Session is \$39 per child.

Session: June 19 – July 24 (5 class dates, does not meet on July 3)

Time: 10:30-11:10am

Beginners (6-8 years)

Various beginner levels skills are taught in this class. Bars, vault, tumbling and mini-trampoline apparatuses are used to aid in the training. Students learn roll, handstands, cartwheels, and swings on the equipment. Instructor focus on improving strength and flexibility. Session is \$39 per child.

Session: June 19 – July 24 (5 class dates, does not meet on July 3)

Time: 5:00-5:40pm

Beginners (9-12 years)

Various beginner levels skills are taught in this class. Bars, vault, tumbling and mini-trampoline apparatuses are used to aid in the training. Students learn roll, handstands, cartwheels, and swings on the equipment. Instructor focus on improving strength and flexibility. Session is \$39 per child.

Session: June 19 – July 24 (5 class dates, does not meet on July 3)

Time: 5:45-6:25pm

For information on any of these classes, please contact the Community Services Department at 626.355.5278.

OPTIONS WILL OFFER HEAD START SERVICES IN PASADENA AND ALTADENA

Options – A Child Care and Human Services Agency announces that the federal Office of Head Start has chosen Options to provide Head Start services in Pasadena, Altadena, Sierra Madre, Arcadia, San Marino and South Pasadena. Services are currently concentrated in the northwest quarter of Pasadena and western Altadena.

Options is a charitable, non-profit agency concentrating on child development and Head Start services. It will be providing services to 700 low income three- and four-year-old children through three program models. It expects to serve 420 children in the traditional half-day/school year Head Start classroom program; 220 children in a full-day/full-year program designed to meet the needs of low income working parents or parents in vocational training; and 60 children in a Home Based version of Head Start. In Home Based Head Start a teacher meets with the parent and child weekly in their home, focusing on educating the parent to be

an effective teacher for their child, and planning activities the parent will do with the child during the coming week. There are also twice monthly meetings of the parents and children for parent education workshops and group activities for the children. Options is adding the Home Based program to reach low income families in eastern and southern Pasadena, eastern Altadena and the other four cities.

Head Start services in Pasadena, Altadena and Glendale were formerly provided by the Center for Community and Family Services, which closed its Head Start program in October, 2011 and relinquished its federal Head Start grant. The centers were re-opened by Community Development Institute Head Start, an organization that provides Head Start services on an interim basis, anywhere in the nation, when an agency suddenly is closed. Options will now be the ongoing federal "grantee" for Head Start in the six communities.

Another agency has been selected to provide Head Start services in Glendale and to provide Early Head Start services throughout the area. Early Head Start provides home based or center based services to low-income families with children

from birth to age three, and expecting parents.

The Head Start grant will be \$6,566,806 annually, and Options will provide an additional \$1,641,702 in state funds and local contributions of time, materials and funds. The California Department of Education is providing approximately \$300,000 to fund a portion of the services to full-day/full-year children.

Options expects to operate classrooms in all six of the existing Head Start centers in Pasadena and Altadena, and will be reaching out to parents, landlords and community partners to continue existing services.

Options has provided Head Start and child development services in the San Gabriel Valley, Whittier and Pomona areas since it was founded in 1981. Options currently serves 9,000 children throughout its service area, including hundreds of children in Pasadena and Altadena. It operates an office in Pasadena at 2465 E. Walnut St. Options is an existing Head Start grantee serving San Gabriel, Monrovia, Covina, West Covina, South El Monte and other valley communities. It also offers its Early Head Start program in the Rowland and West Covina communities;

La Salle to Host Decade of the '70s Reunion

Pasadena, CA – The La Salle High School Alumni Association is hosting the Return of the Decade of the '70s Reunion on campus on Saturday, June 22, 2013 starting at 6:00pm. This party is for the Classes of 1970 through 1979.

For more information contact the Alumni Office at 626.696.4362 or go to www.lancernetwork.com/70sReunion.




We'd like to hear from you!

What's on YOUR Mind?

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SCHOOL DIRECTORY

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200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
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www.waldenschool.net

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(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: THE INTERNSHIP

by Ben Show



Having seen several Vince Vaughn movies before, I kind of knew what to expect when going to see this movie. That being said, this one didn't stick out to me as being one of his better films and, in my opinion, I was sadly correct.

When friends Billy (Vince Vaughn) and Nick (Owen Wilson) find out that they are out of jobs, they struggle to find new ones. An opportunity presents itself where both of them get the chance to compete for internships, which would lead to jobs, at Google. However, once there, they find that a group of kids might need even more help

than they do.

My main problem with this movie is that it tried to appeal to both older and younger people and failed miserably. The jokes fell completely flat and, rather than enchanting you, the two main characters get so caught up in overused, decade old metaphors that they lose sight of what they were there to do in the first place which is to make you laugh.

Happy Tails

by Chris Leclerc

Dogs do some pretty funny things sometimes, and I think it's great that they keep me entertained while I walk them to keep them in shape. Much like we humans, dogs are individuals, each with their own personality, unique quirky behavioral patterns, and hilarious hang-ups and habits. Also, much like we humans, not everything a dog does has to have any real meaning or purpose. Maybe they just behave certain ways because they want to and perhaps because they simply enjoy making us laugh.

For example, one of my cute canine clients just loves to jump up on top of the stone walls all around town during our walks, and follow along looking down at me while I stay below on the sidewalk. I sometimes wonder if she does that because she likes the feeling of being taller than the human who happens to be walking her. Or maybe she likes having the vantage point where she can see more squirrels in the trees.

Another one of my dog buds really likes to lean in on my leg with his behind while I am petting him. I can always tell when he's ready for the massage, because he starts by

WHY DOES FIDO WIPE HIS FEET?

standing in front of me, looking in the same direction as I am, and waits till I sit down, then literally backs up and pushes himself into my two bent knees while looking over his shoulder as if to say, "OK, go ahead, I'm ready for a love session!". It cracks me up so much, because I am thinking, "Why not just put your face towards me while I pet you?", right? Anyway, I get a real kick out of observing the oddities and idiosyncrasies displayed by my furry four legged friends, and I consider it comic therapy that I am sure is meant to help get me through the day!

One particular behavioral trait that just about all my canine clients tend to demonstrate during our walks is that of wiping their feet on the ground after relieving themselves. Now and again I even catch clumps of grass being kicked in my face while bending down to clean up the dog's poop. (You can use your imagination to get a good grip on that visual). In my younger years I always assumed when a dog scooted it's paws after taking a dump, it was trying to cover up the stink, but I found out recently that is not necessarily so.

Apparently the general consensus among most modern day animal biologists and behavioral scientists who have studied this particular trait in dogs, is that they scrape the grass after doing their business because they have scent glands in the pads of their

feet and they want to add a secondary signature to the spot they just finished marking. I am sure the researchers are right, but as a layperson who loves the mutts and likes to think she knows the mind of a dog, I still can't help assuming they're just trying to cover up the mess every time that happens.

There are so many curious canine quirks manifested by the average domestic dog during their daily lives, some of which are sure to put a person in stitches when or if one gets to be the lucky by-stander. I think the funniest favorite of all animal antics I have had the opportunity to observe is when a dog acts out in it's sleep with rapid eye movements, air galloping legs and muted bays and barks, all clearly because they are dreaming. No stand up comedy act out there could ever compare to the show an animated dreaming dog can put on!

All in all, whether the comical things canines do that make us laugh are meaningful in the big scheme of things, I think we can all agree that they matter enough without the consensus of research scientists. It has been said many times that laughter is the best medicine, and I agree fully. Therefore, I want to thank all of the darling doggies I have the privilege of spending time with for keeping me happy with their adorable antics. Keep up the good work Fido, and let the show go on! Live, laugh and love!

PET OF THE WEEK

TOBY #A4585431

Meet the most playful puppy in town, Toby (A4585431). Toby is an extroverted nine month old brown brindle male Mastiff mix puppy who was dumped at the Baldwin Park Shelter on June 1st. Weighing fifty pounds and likely to grow to seventy-five, Toby needs training - which should be easy as he will do anything for a treat. He is a big puppy who wants to play with other dogs, and we think he will be an awesome playmate for active children who are large enough to not be accidentally knocked over. Toby is the perfect indoor pet for an active individual or family with large-breed puppy experience living in a private home. To watch a video of Toby please visit: www.youtube.com/watch?v=KyInqibF45Y



To meet Toby in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Toby, please reference his animal ID number: A4585431. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Toby or the adoption process, please contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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...have a blast (and let Dad win once).

Whether you're on the move or just relaxing with Dad, have a great Father's Day!

Read the clues to fill in this puzzle with ideas for fun things to do with Dad (maybe you can do this puzzle together)!

1. zip around the track putting the pedal to the metal

2. read a chapter of a mystery or adventure _____

3. play _____ in your driveway or at the park

4. grab a putter at _____

5. practice hitting a home run at a _____ cage (wear a helmet)

6. make your own secret _____: use tree branches, old bedsheets...

7. get out glue and a magnifying glass for the painting of miniature _____

8. play guitar or sing - you and Dad could make some rocking _____

9. pitch a tent, start a fire, and enjoy the great outdoors by going _____

10. bring a roll of quarters and level up with Dad at the video game _____

11. give your Dad a helping hand with the yard work and mow the _____

12. get comfy on the couch or in hammocks for a relaxing midday _____

13. get a little grease on your hands while you help Dad work on a _____

14. let Dad pick out a _____ to watch at home - don't forget the popcorn!

15. get _____ - there's no one better than Dad to teach you how

16. grab a _____ pole and get ready to reel in some fun

17. learn the important skill of how to knot a _____ or how to _____ a knot

18. find a walking stick, lace up your _____ shoes and hit the trails

19. grab a controller and play some _____ games with Dad

20. football, basketball, soccer - pull up chairs and watch the _____

Happy Father's Day

video fishing grilling camping
basketball book
music tie fort nap
lawn car
movie game
mini golf go karting models arcade

Free Puzzles

Print out new puzzles: **Animal "Dads" and Their Young, Things We Dig and Camping Fun.** Don't forget the latest reading log and certificate set @ www.readingclubfun.com

It has been said, that there is no substitute for time. Only through its passage can many of life's experiences be fully understood. This Fathers Day I reflect back on a lesson of life and a Father that has ceased to teach and comfort me. I would like to invite you along for a single night with a man that has left this Earthly place but dwells eternally within my heart. The article below was written and published before his passing.

MY EVENING WITH A RESTAURANT CRITIC

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

wines, exotic cheeses and my kryptonite, dry aged beef. I guess it all started there because at twenty-three I was pretentious about food. For many years I thought that was where it all started for me, there in those markets, but I have come to realize that I was wrong. For some in life it is the famous baseball player; or possibly a religious figure, for others it is a musical master or the profound artist. How many times in life, if ever do you get a chance to sit with those that inspire and challenge life with a depth of wisdom? For most they will never get the opportunity. I can claim one prize in this life; I have had the opportunity to observe, speak with and lastly follow in the footsteps of one person that holds that place for me. They have been labeled "The greatest generation" for a reason. Each day another from that stratum of America, "slowly goes into the night"

Many of you know that my Father Elmer Dills was on TV and radio for twenty-eight years here in Los Angeles. I had the opportunity to dine and share with my mentor a few weeks ago. I have been out with my Father at least five hundred times but as a fine wine, wisdom increases in its depth and flavor as it ages. On this night our adventure took us to Madeleines(since closed) in Pasadena. Seems that my Dad is a regular there and lately he's been a little under the weather. I have heard him say nothing but praise of this place, so it's off to Madelienes. "Table for three, please," on this evening we have, my daughter Lauren (the budding Critic), Pops and Me. Whenever I see courteous, well behaved children; I know their parents are invariably going to be respectful people. Likewise whenever I get a compliment, I know it goes beyond just me. As we sit to dine, there is no call for attention and gratification, just a smooth easy in being in his court. As we talk, I am struck that there is no air of condemnation but rather one of deep respect for the people that more often than not get it right in this business. My Dad the legendary restaurant critic doesn't even ask what the ingredients of the dishes are as he orders. He doesn't request to see the sommelier. Is he a restaurant critic, I am waiting for a sign? It is just as natural as going to dinner with a group of friends, I think.

Madeleines is/was located on Green St. at the bottom of an office building there are many different rooms, much like a Victorian house, there is a patio, a bar, and a large dining room. We sat overlooking the patio with a fireplace that added a perfect touch of ambience. The restaurant is quietly attractive, cozy and well spaced. You feel a little smarter here, knowing that Albert Einstein often slept upstairs while he was visiting Cal Tech.

We began with a cheese plate (\$9), nice but it could have used less nuts and more of cheese and crackers. My Dad is a creature of habit, just like many of us. He orders the Rack of Lamb, "I just loved it," just like a young kid would say. The waiter was kind enough to have it cut for him. Daughter Lauren ordered the Pork Chops and gave it two training thumbs up. Now that is a compliment. Not sure if high heels work in this business though, as you never know when you may encounter a chef that feels you have leveled capricious discourse with your pen on the one hand and possess a frying pan in the other. She will discover soon enough why I wear running shoes and a sport coat. I order the Spencer Steak, of course I am the difficult one, so once we get the steak the way I wanted it cooked, it vanishes quickly.

Back to Dad, the waiter asks, "How was the meal" and I know 99% of you when asked would give the response, "Fine, Thank You." Nope, the restaurant critic said. "The lamb chops were great!!!" "And the dessert was?" A shrugged of the shoulders told it all. That is the honesty and passion that got me involved in this business. Today, I still work at a restaurant to keep up on the trends and I even get a crazy dream that I may own one someday. You can be sure he will be one of the first to give a thumbs up or a shrug of the shoulders if I do.

Happy Fathers Day – I would never trade sitting across the table from you for anything. This was a re-print and I may just run it every year at this time just to remind you and all to hold these special days near your heart.

My entire life has been an eight course meal. In my late teens I had the distinguished position of bagger at the local supermarket, and later with references, I was able to move to Jurgensen's Gourmet Grocery. There I was to learn about fine



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THE WORLD AROUND US

Looking Up with Bob Eklund



TRACKS ON MARTIAN DUNES FROM SLIDING BLOCKS OF DRY ICE

NASA research indicates that blocks of frozen carbon dioxide—dry ice—may glide down some Martian sand dunes on cushions of gas similar to miniature hovercraft, plowing furrows as they go.

Researchers deduced this process could explain one enigmatic class of gullies seen on Martian sand dunes by examining images from NASA's Mars Reconnaissance Orbiter (MRO) and performing experiments on sand dunes in Utah and California.

"I have always dreamed of going to Mars," said Serina Diniega, a planetary scientist at NASA's Jet Propulsion Laboratory in Pasadena, Calif., and lead author of a report published online by the journal Icarus [http://dx.doi.org/10.1016/j.icarus.2013.04.006]. "Now I dream of snowboarding down a Martian sand dune on a block of dry ice."

The hillside grooves on Mars, called linear gullies, show relatively constant width—up to a few yards across—with raised banks or levees along the sides. Unlike gullies caused by water flows on Earth and possibly on Mars, they do not have aprons of debris at the downhill end of the gully. Instead, many have pits at the downhill end.

"In debris flows, you have water carrying sediment downhill, and the material eroded from the top is carried to the bottom and deposited as a fan-shaped apron," said Diniega. "In the linear gullies, you're not transporting material. You're carving out a groove, pushing material to the sides."

Images from MRO's High Resolution Imaging Science Experiment (HiRISE) camera show sand dunes with linear gullies covered by carbon-dioxide frost during the Martian winter. The location of the linear gullies is on dunes that spend the Martian winter covered by carbon-dioxide frost. By comparing before-and-after images from different seasons, researchers determined that the grooves are formed during early spring. Some images have even caught bright objects in the gullies.

Scientists theorize the bright objects are pieces of dry ice that have broken away from points higher on the slope. According to the new hypothesis, the pits could result from the blocks of dry ice completely sublimating away into carbon-dioxide gas after they have stopped traveling.



Several types of downhill flow features have been observed on Mars. This image from the High Resolution Imaging Science Experiment (HiRISE) camera on NASA's Mars Reconnaissance Orbiter is an example of a type called "linear gullies." Image credit: NASA/JPL-Caltech/Univ. of Arizona

"Linear gullies don't look like gullies on Earth or other gullies on Mars, and this process wouldn't happen on Earth," said Diniega. "You don't get blocks of dry ice on Earth unless you go buy them."

That is exactly what report co-author Candice Hansen, of the Planetary Science Institute in Tucson, Ariz., did. Hansen has studied other effects of seasonal carbon-dioxide ice on Mars, such as spider-shaped features that result from explosive release of carbon-dioxide gas trapped beneath a sheet of dry ice as the underside of the sheet thaws in spring. She suspected a role for dry ice in forming linear gullies, so she bought some slabs of dry ice at a supermarket and slid them down sand dunes.

That day and in several later experiments, gaseous carbon dioxide

from the thawing ice maintained a lubricating layer under the slab and also pushed sand aside into small levees as the slabs glided down even low-angle slopes.

The outdoor tests did not simulate Martian temperature and pressure, but calculations indicate the dry ice would act similarly in early Martian spring where the linear gullies form. Although water ice, too, can sublimate directly to gas under some Martian conditions, it would stay frozen at the temperatures at which these gullies form, the researchers calculate.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

WHAT TO CONSIDER BEFORE JOINING A CLINICAL TRIAL

Dear Savvy Senior:

What can you tell me about clinical trials and how to go about finding one? My wife has a chronic condition and we're interested in trying anything that may be able to help her. Looking For Help

Dear Looking:

Each year, hundreds of thousands of Americans participate in clinical trials in hopes of gaining access to the latest, and possibly greatest, but not yet on the market treatments for all types of illnesses. But, you need to be aware that clinical trials can vary greatly in what they're designed to do, so be careful to choose one that can actually benefit your wife. Here's what you should know along with some tips for locating one.

Clinical Trials

A clinical trial is the scientific term for a test or research study of a drug, device or medical procedure using people. These trials – sponsored by drug companies, doctors, hospitals and the federal government – are conducted to learn whether a new treatment is safe and if it works. But, keep in mind that these new treatments are also unproven, so there may be risks too.

Also be aware that all clinical trials have certain eligibility criteria (age, gender, health status, etc.) that your wife must meet in order to be accepted. And before taking part in a trial, she'll be asked to sign an informed consent agreement. She can also leave a study at any time.

Things to Know

Before deciding to participate in a trial, you and your wife need to first discuss it with her doctor. Then, schedule an appointment with the study's medical team and ask lots of questions. Here are some to get you started.

- What's the purpose of the study and can it improve your wife's condition? You may be surprised to know that many drug or procedural trials are not designed to find a cure or improve a patient's health, but only to provide scientific data.
- What are the risks? Some treatments can have side effects that are unpleasant, serious and even life threatening.
- What kinds of tests and treatments does the study involve, and how often and where they



are performed?

- Is the experimental treatment in the study being compared with a standard treatment or a placebo? Keep in mind that if your wife gets the placebo, she'll be getting no treatment at all.
- Who's paying for the study? Will you have any costs, and if so, will your insurance plan or Medicare cover the rest? Sponsors of trials generally pay most of the costs, but not always.
- What if something goes wrong during or after the trial and your wife needs extra medical care? Who pays?
- If the treatment works, can your wife keep using it after the study?

Find a Trial

Every year, there are more than 100,000 clinical trials conducted in the U.S. You can find them at condition-focused organizations like the American Cancer Society or the Alzheimer's Association, or by asking her doctor who may be monitoring trials in his or her specialty.

Or, use the National Institutes of Health's website at clinicaltrials.gov. This site contains a comprehensive database of federally and privately supported clinical studies in the U.S. and abroad on a wide range of diseases and conditions, including information about each trial's purpose, who may participate, locations, and phone numbers for more details.

If, however, you don't have Internet access or could use some help finding the right trial, use the Center for Information and Study on Clinical Research Participation (ciscrp.org). This is a nonprofit organization that will take your wife's information over the phone and do a thorough clinical trials search for you, and mail or email you the results in a few days. Call 877-633-4376 for assistance.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE TseThis and That I'M A MILLENNIAL!

Reading a recent article in the L.A. Times, I was somewhat pleased to see that "my generation" are Millennials, not Generation Xer's! Not everyone agrees to the same spans of years for the Gen. X and the Millennials. But there seems to be a consensus that people in Generation X were born between the early 1960's and the early 1980's. The Millennials were born between the late 1980's and the early 2000's. At 1983, I like to think that I escaped Generation X.

Growing up, people talked about kids and young adults in Generation X. According to them, Generation X kids were raised on MTV, lazy, and spoiled (their stereotypes, not mine). While I'm not entirely innocent of the latter two attributes, at least I wasn't brought up hooked to music videos or early reality shows. My family didn't even have a TV! Generation X has also sounded kind of cheap to me; like "Brand X" clothing. However, the Millennials are also called Generation Y. Therefore, people of my age group could be called the Yner's, or "whiners." I can't say that moniker is entirely without basis. I'm not the only one to resent generational nicknames. My dad never warmed to "Baby Boomer." "It sounds like diapers," he says.

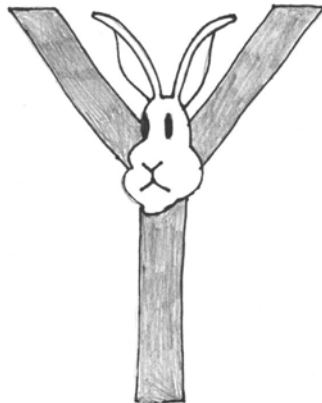
Although the Millennials weren't particularly heralded as an outstanding group by The L.A. Times, there was a hint that "my" generation has a greater sense of realism than Generation Xer's. The majority of people in my generation are still grappling with college debt and often move back in with their parents. They have little hope of home ownership, particularly in the coveted suburbs of Southern California. What can I say? I may never be able to purchase a home, but at least my childhood wasn't spent watching "The Real World."

Some group Millennials together with Generation Xer's in a more broad "Generation Me." It seems that American culture now caters to self absorption and narcissism for all on an grand

scale. I had to read The Narcissism Epidemic: Living in the Age of Entitlement by Jean M. Twenge and W. Keith Campbell for one of my continuing education courses. That was one of the books I've been assigned that I found myself quoting often. It is SO TRUE!

The other day I saw a TV commercial about some private college (Yes, I know what a TV is, despite growing up without one). There was a lot of talk about excellence, prestige, and discipline, etc. It wrapped up by assuring its young, college-bound audience, that, by the time they've achieved enlightenment (by means of this college education) they'll come to the realization that "It's all about YOU!" I almost gagged. Any program that indoctrinates its participants into believing that they are the center of the universe should be shunned!

I attended an 8th grade promotion recently. Among other pearls of wisdom, the principal told her graduating students that "life is all about enjoyment." What? If you believe that, I can guarantee you a life of disappointment! The principal may have meant to say "Enjoy your life," which, when you think about it, is a totally opposite message. At the end of the day, individuals won't be judged based on the generation they were born into. Therefore, I will try to whine less, care about others more, and strive to swim against the tide of American narcissism. With that, congratulations to all the recent grads! Live long, prosper, and prove the stereotypes of your generations wrong!



SENIOR HAPPENINGS

By Pat Birdsall

FYI - A SIMPLE FACT:

In 1950 California's population was 10,586,223; in 2013 the population is 36,961,661! The following are just a few of the hundreds of ways to conserve water...all painless.

1) We are more likely to notice leaks indoors, but don't forget to check outdoor faucets, sprinklers and hoses for leaks 2) Shorten your shower by a minute or two and you'll save up to 150 gallons of water 3) Use a water-efficient showerhead. They're inexpensive, easy to install and can save you up to 750 gallons a month 4) Turn off the water when you shave and save up to 300 gallons a month 5) If you accidentally drop ice cubes while filling your glass from the freezer, don't throw them in the sink. Drop them in a house plant instead 6) Learn how to shut off your automatic watering system in case it malfunctions or you get unsuspected rain 7) Support projects that use reclaimed wastewater for irrigation and industrial uses 8) use the garbage disposal sparingly. Compost vegetable waste instead and save gallons of water each time 9) Monitor your water bill- your meter and your bill are tools that can help you discover leaks 10) Use a broom to clean your driveway, not the water hose.

HELPFUL HINT:

To keep eyewear organized and handy, fold the legs around the bottom bar on a wooden hanger. (Joan Crawford would have approved).

FOR YOUR FUNNY BONE

Our minister announced that admission to a church social event would cost \$6 per person. "However," he said, "If you're over 65, the price will be \$5.50." From the back of the congregation, a woman shouted, "Do you really think I'd give you that information for only 50 cents?"



HAPPY BIRTHDAY! ... June Birthdays

Nellie Haynes, Dorothy McKay, George Enyedi, Theresa Daley, Ann Dugerman, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Mary Carney, Ann Disbrow, Joan Ellison, Ruth Kirby, Irene Kudirka, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Halcyon Koerber, Jacque Persing and Jeanne Peterson and Grace Sanders.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week:

"Old as she was, she still missed her daddy sometimes."
~Gloria Naylor



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon

(Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: On the 2nd Tuesday of the month 11:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: Every Wednesday morning from 11:00 am to 11:15 am. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Geoffrey Chin volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. *Appointments are a must! Please call: 626.355.7394 to make yours* Conflicting court schedules can occasionally cause cancellations.

Lunch and Learn: Wednesday, June 26th, 12:15 to 1:00 pm

Come listen to the great services offered by Humana, a widely known company throughout our community and the country. Their motto entails: "Healthy People, Healthy Planet, Healthy Performance." They promote seniors and their well-being.

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card... For more information call Pat Birdsall at 626.355.7290.



UPCOMING EXCURSIONS:

Museum of Contemporary Art (Los Angeles)

Date: Friday, June 28, 2013

Time: 10:00am -2:30 pm

Meeting Location: Hart Park House Senior Center

Cost: \$25.00 (does not include lunch)

Founded in 1979, MOCA is the only museum in Los Angeles devoted to exclusively to contemporary art and is committed to the collection, presentation and interpretation of work produced since 1940 in all media. The educator-led guided tour highlights the various exhibits in a fun and exciting way as well as provides the most information about MOCAA's collection and current exhibitions. It is recommended to bring \$10-\$15 for lunch.

Save the Dates!

Friday, July 12, 2013- Pageant of the Masters (evening excursion)

Friday, August 16, 2013- USS Iowa (San Pedro)

Registration can be done in person at the Hart Park House Senior Center & Community Recreation Center or online at www.cityofsierramadre.com Cash, checks and credit cards are accepted. Make checks payable to "City of Sierra Madre." Payment must be made at the time of registration.

Senior Movie Program: FREE movies are chosen by the seniors themselves and shown on the 1st and 3rd Wednesdays of the month in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. ~ Start time is 1:00pm ~

June 19th: Age of Champions (2011)

Sponsored by Humana: This is the award-winning documentary follows five competitors who sprint, leap and swim for gold at the National Senior Olympics. You'll meet a 100 year-old tennis champion, 86 year-old pole vaulter and rough-and-tumble basketball grandmothers as they discover the power of the human spirit and triumph over the limitations of age. Not Rated Start time: 1:00 pm (run time is 75 minutes)



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What's on YOUR Mind?



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SIERRA MADRE CUBS - 2013 MAJOR LEAGUE CHAMPS!



It was a great season, a great accomplishment for the Cubs and Sierra Madre Little League. The Cubs took the Championship by beating the Santa Anita Brewers 3-1. This is the first time in more than 10 years that Sierra Madre has won the Majors Division. Pictured above are: Alex Scandore, Pierre Biscaichipy, Josh Vance, Dawson Netz, John Walkiewicz. Luca Farroni, CJ Rettig, Jonluke Goldman, Max Horvath, Sam Poon, Luke Heiberg, Manager-Jim Heiberg, Coaches-Dan Goldman, Steve Scandore and Dan Netz.
Photo and caption information courtesy of P. Scandore

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Together we'll go far

MORE THAN JUST A GAME

Team photo consists of: TOP ROW L-R: Mason Pereira, Jack Duncan, Bobby Rojo, Hayden Crawford, John Ward. BOTTOM ROW L-R: Ciaran Mc Cool, Maximo Newhart, Matthew Gamble, Maddie Napierala NOT PICTURED: Josh Beserra, Ben Staub, Michael Gonzalez

Photos and story by Charley and Linda Newhart

The 2013 East Altadena Little League AAA Red Sox Team and Families wanted to try something new this season. They decided to foster the spirit of giving, in a team environment, along side the spirit of competition that East Altadena Little League prides itself on. The results were tremendous. The team raised \$670 dollars through their hard work, great play, and dedication. The families passed around a “Run Dollar” can and money was donated per run scored. Early in the season, \$60 dollars was sent to help the cause during Boston’s Marathon crisis.

As the season came to a close the AAA Red Sox were knocked out of the playoffs by a single run. This tenacious team rallied one last time, only this time it was off the field during a recent June 8th meeting at The Pasadena Humane Society. That day the team won big! They smiled and laughed as they reminisced about past baseball moments and proudly handed over a check made out to The Pasadena Humane Society in the amount of \$305.00! The EALL AAA Red Sox left that day feeling like winners by helping the displaced animals that need the care provided by our great Humane Society.

The players still have one more check to deliver, another \$305.00 to help feed the homeless through the organization PATH-(People Assisting The Homeless). Looks like the EALL AAA Red Sox will be taking home another win this season!

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Call Patricia at 626-818-2698 Today!

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REMEMBERING A SIERRA MADRE TREASURE



SATURDAY, JUNE 15, 2013

MARJORIE "MAMA PETE" PETERSON

August 3, 1916- June 9, 2013

Born in Bremerton, Washington, to Benjamin Stinman and Orcelia Mable Lanphear. Marjorie Stinman Peterson was the eldest of three children, a sister and brother. Her father was in the military and in the early days of Marjorie's life, they traveled quite a bit. However, by the age of 10, her family settled in the Foothill Village of Sierra Madre, California.

Here Marjorie lived for the rest of her life, attending local schools and contributing to the betterment of this community until her death just shy of her 97th birthday.



Marjorie married her childhood sweetheart, Charlie Peterson in June 1935. Charlie was literally 'the boy next door', and when they married the couple moved into his house where she continued to live until her passing.

The couple raised two children during their lives together, a son, Dan Peterson and a daughter Muriel McCormick.

During WWII, Marjorie embarked on a project rather serendipitously that would shape the rest of her life. According to life long friends, Marjorie was asked by several women who went to work during the war if she would care for their children. That favor evolved into the development of Mama Pete's Nursery School in 1944, a school that has cared for literally thousands of children's, many of whom still live in Sierra Madre today. Mama Pete, as she affectionately became known to the community actively participated in the Nursery School until her health began to fail a few months ago.

Mama Pete's passion for Sierra Madre was evident throughout her life. In the book, "Southern California Story, Seeking The Better Life In Sierra Madre", there is a photo of the young Marjorie Peterson. She has been recognized for her civic leadership in countless ways. A member of the Sierra Madre Woman's Club, the Sierra Madre Historical Preservation Society, A Lifetime Member of the Sierra Madre Civic Club. She was chosen the Citizen of the Year in 1982 and in 2011 was bestowed with the honor of being named one of the "Treasures of Sierra Madre". (Partial listing).

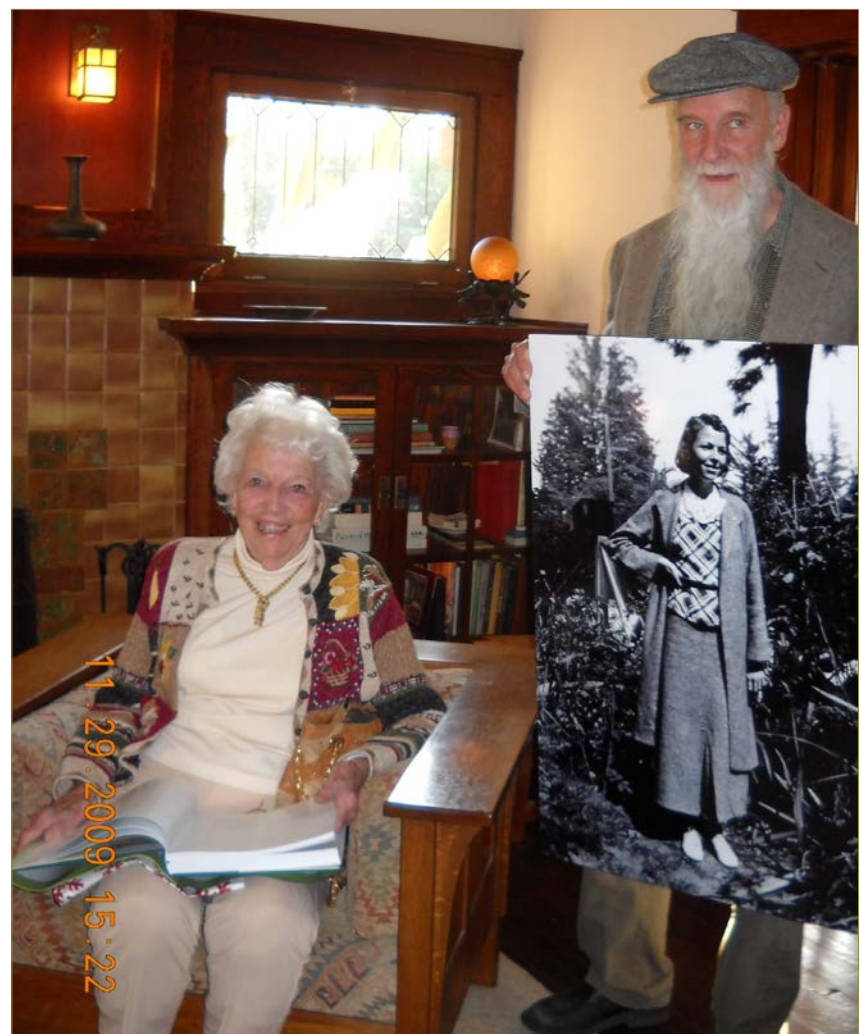


Photo by Amy Putnam at the Book Signing for the Sierra Madre Historical Preservation Society. Then President Dane Lenton holds an enlargement of a photo of Mama Pete when she cared for the Ward children.

According to her daughter Muriel her greatest accomplishment was the organizing of the Sierra Madre Centennial in 1980 which marked the 100th anniversary of the founding of Sierra Madre by Nathaniel Carter.

Marjorie Peterson was preceded in death by her husband Charlie in 1984 and is survived by her children, Dan and Muriel, five grandchildren (Chuck, Cindy, David, Vickie and Kathy) and 12 great grandchildren.

A Memorial Service celebrating her life will be held on Friday, June 21, 2013 at 10:00 am at The Sierra Madre Recreation Center, 611 E. Sierra Madre Blvd., Sierra Madre.

S. Henderson/MVNews

MAMA PETE NAMED HONORARY HOMETOWN HERO



The Sierra Madre 4th of July Committee announced this week it will honor the memory of Marjorie "Mama Pete" Peterson with a "Hometown Hero" recognition in the upcoming 2013 parade and festivities.

The posthumous honor comes as the community collectively mourns Peterson's passing this week and the Committee is proud to celebrate her memory during this time of year that

she loved so much. In addition to successfully operating Mama Pete's Nursery School, she was at the forefront of Sierra Madre volunteerism for 70 years.

"We believe that Mama Pete is the exact definition of a hometown hero," said Committee Member Meredith Keith. "In her lifetime of service, she has guided the children of our city into being kind, courteous, intelligent,

giving and expressive individuals."

For more information on Sierra Madre's 4th July celebration, contact Committee Chair James Annes at sierramadre4thofjuly@gmail.com, or the Community Services Department at 626-355-5278.

Photo courtesy Sierramadrenews.net

A CHRONOLOGY OF A LIFE OF SERVICE by Bill Coburn

Mama Pete was a long time contributor to this town, and the town knew it and appreciated it. In 1982, she was named Citizen of the Year, and in 2011, she was named one of Sierra Madre's Treasures by the Sierra Madre Chamber of Commerce. The Sierra Madre Woman's Club made her an Honorary Lifetime Member, an honor bestowed in recognition of a lifetime of service to the Club.

And a lifetime of service she gave. Among other things she did for the Woman's Club, she sat at the SMWC staffed information booth on the west end of town for many years, including through a torrential downpour in 2011 and 2012, and she cut oranges for the runners in the Mount Wilson Trail Race for many years, also a Woman's Club activity. But that doesn't begin to list her contributions to the Club, or to the community.

In 2011, the local club nominated her for the Jenny June Award, given annually by the General Federation of Woman's Clubs, a national award. She didn't win, however I mention it because as Executive Director of the Chamber at the time, I was asked to write a letter of recommendation for submittal to the GFWC judges. I was given some biographical information, and was quite overwhelmed at her resume. The list was far too long to include everything in my letter, but here's an excerpt: "In preparing to write this letter, I reviewed an article that discussed Mama Pete's contributions to the community that earned her the Citizen of the Year award in 1982. I was aware that, in addition to her membership in the Woman's Club, she had been one of the charter members of the Civic Club when it was formed back in the 1940s (1944). But the article included a list of numerous other contributions she has made to the community. PTA president in 1945 - 46. Girl Scout leader from 1947

- 1974. Member of the Volunteer Firemen's Wives' group from 1961 to 1977. President of the Historical Preservation Society from 1976 - 1978, continuing as a Board member until 1983. Chairwoman of the Sierra Madre Centennial Committee. And as long as the above list is, the amazing thing is that this is just an abbreviated list of her contributions."

I mentioned that she was a charter member of the Sierra Madre Civic Club in 1944. That was a big year for her. It was also the year she started Mama Pete's Nursery School, which is still in operation at her residence on Suffolk Ave. to this day. According to Michelle Zack's history of Sierra Madre "Seeking the Better Life in Sierra Madre," Mama Pete had served as nanny to the Ward (E. Waldo Ward) children, and used that experience to begin her own school. Here's another excerpt from my letter to the GFWC's judges: "...students of Mama Pete's have, for generations, looked up to her as THEIR Mama, and have brought their children to the school, and their children have brought their children. This has been going on for generations, and the crowds cheering for Mama Pete's annual float in the 4th of July parade is evidence of the respect and esteem with which the members of this community hold her."

One of the groups people can join on Facebook is called "You know you're a Sierra Madre kid when..." On this page, people comment with things that are quintessential Sierra Madre, appropriate to the page name. I noticed once looking at the page that someone had posted the comment "You know you're a Sierra Madre kid when: you went to Mama Pete's Nursery School." Several comments were posted in response, but the one that struck me was one by a gentleman who said "I went to Mama Pete's for about a year in 1960." Here's a man recalling his experience as a preschooler, more than fifty years ago!! And she had already been at it for more than fifteen years when he attended. I don't think many people in this world, if anyone else, can claim to have been caring for an extended family as large as hers is, for as long as Mama Pete.



Harry "Elvis" Shahoian helped Mama Pete celebrate her 95th birthday at his Concert in the Park in 2011 News Net file photo

When the announcement of Mama Pete's passing was posted on Facebook, folks started to comment. One person, Anthony Soldano, made the comment that "Sierra Madre should name a street after her." I think it's an excellent idea. Suffolk Ave. should be renamed "Mama Pete Street." I'm told by a staffer at Public Works that it's a fairly simple process. If City Council is behind it, maybe we can get it done. Anybody else think it's a good idea?

Left is a photo of Mama Pete from the Marjorie S. Peterson Collection



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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



CELEBRATING SMALL BUSINESS WEEK

Let's go shopping! This is a welcomed sentiment of entrepreneurs throughout America as this year's National Small Business Week is recognized June 17th through June 21st. This is a flagship event sponsored by the U.S. Small Business Administration. It is celebrated in cities throughout the country and includes a variety of events designed to promote the growth and success of small businesses, including conferences, workshops and other activities that provide information and access to resources.

A Small Business Person of the Year is selected by each of the 50 states, with each business owners will move on to compete for a national title, which will be announced on June 21st in Washington, D.C.

What makes small businesses so important?

- Small businesses have always been an important part of the economy, and currently account for the creation of at least two out of three new jobs on an annual basis
- More than half of all Americans work for or own a small business
- Most new inventions and innovations originate in a small business as a result of entrepreneurial ingenuity (Microsoft®, Apple®, Walmart® and many other multibillion dollar corporations all began as small businesses)

Join us in celebrating small businesses in local communities throughout the U.S. all week long. Eat at independently-owned restaurants, pick up a new fashion or accessory item at the neighborhood boutique, or buy a birthday or thank you gift at a local shop that carries an inventory of special or one-of-a-kind items.

Owners of small businesses have weathered many challenges to start, establish and grow their businesses. Let's join in with a weeklong celebration of patronage as show of support for what they mean to our economy, locally and nationally.

For information about National Small Business Week activities planned nationwide, including a number of online events, visit: <http://www.sba.gov/nsbw/nsbw>.

PHONE TECHNOLOGY UNDERGOING CHANGES

Cynthia Kurtz, President
San Gabriel Valley Economic Partnership

How often do you answer your phone? Not your cell phone, your land-line? Do you even have a landline?

The way the world communicates is rapidly changing. One out of every three American homes is wireless. Another one-third uses voice over internet protocol (VoIP) which transmits the communication via the internet. That leaves just a third of us who still have a traditional landline that uses the public switch telephone network (PSTN) sometimes referred to as plain old telephone service (POTS). Just 10 years ago, 70 percent of household had POTS.

You may be thinking these wireless or VoIP users are mostly young, wealthy, urban dwellers. That may have been true once but today 47 percent of low income adults and 83 percent of Lifeline subscribers live in wireless households. Thirty-one percent of Americans between the ages of 55 and 64 own smart phones.

Wireless phone technologies are having enormous impacts on the way we do business as well. Twenty-five years ago the telephone was used to order products and schedule appointments. Today smart phones allow businesses to manage systems remotely, share data, and access information from anywhere.

Wireless VoIP service offers cost advantages over cellular service. If you are connected to the Wi-Fi network for Web service and emails, the additional cost for phone service is minimal. Future generations of cell phones are expected to include built in Wi-Fi so your phone can switch automatically between cellular and VoIP even during the same call reducing those nasty "dead zones."

Industry experts predict that demand for POTS will all but disappear as hybrid phones with the capability of operating off cellular or VoIP provide better reliability at lower costs.

All this sounds great for the consumer and is clearly the direction most consumers are already headed but as always there are a few issues that have to be resolved.

Communication companies need to make significant investments to their IP technology systems. For example, AT&T has invested \$96 billion in system improvements since 2007. They plan to invest another \$66 billion over the next three years - \$14 billion of that to expand and upgrade wireless VoIP networks. They say even this huge investment isn't enough to keep up with customer demand.

Current regulations require telephone companies to provide and invest in both PSTN and VoIP networks. By having to offer dual systems the dollars available for investing in the newer technologies are reduced and the ability to make high speed internet available to everyone is slowed.

Telephone service is essential especially for 911 and other emergency calls. PSTN needs to be maintained in areas until a reliable, affordable alternative is available. But should we require that PSTN be maintained when most consumers are choosing an alternative? Or do regulations that encourage innovation and investments in new technologies provide a better path for keeping us competitive in a global economy?



What is the real cause of belly fat and excess weight? Your body has a specific hormone called *lipiten* that curbs your appetite and burns fat. When this hormone isn't working properly you gain weight uncontrollably. Fortunately, because of a recent *scientific breakthrough* your fat burning hormone can be reactivated in just three days, prompting rapid weight-loss.

Now you can lose up to 3 pounds a week (7-lbs in the first week) with a cutting edge, all-natural weight-loss method that will have your hormones burning fat like a teenager again. You don't have to throw away those old jeans. Call today for an appointment!

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Social Media
Tips & Tricks
By Merri Jill Finstrom

HAPPY SMALL BUSINESS WEEK
#SBW2013 –
JOIN THE CONVERSATION ON TWITTER

Every year since 1963, the President of the United States has issued a proclamation announcing National Small Business Week to recognize the contributions of America's entrepreneurs and small business owners. There are lots of events happening in June that celebrate Small Business Week.

If you can't get out to attend some of the events, you might consider joining in the conversation on Twitter. Search for the hashtag #SBW2013 which will group all the posts about Small Business Week 2013. You'll be able to read all the updates from people attending Small Business Week events from around the country. You might consider re-tweeting some of the posts, replying to some or adding in your own thoughts. Just make sure you include the hashtag (#SBW2013) somewhere in your post. This is a great way to connect to other business owners and build more Twitter followers (especially if you are a B2B business).

If you attend the events, become a virtual reporter and share interesting, live snippets and updates on what is happening. You'll be creating a way to stay connected with more people you meet at the event and gain visibility for your business.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in internet marketing strategies and Social media education. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. They love to share knowledge and create networking opportunities at their live events. Check out their schedule at: www.hutdogs.com/workshops/schedule.

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Tips of the Trade:
Real Estate Revealed
by Luther Tsinoglou

BENEFITS ON BOTH SIDES

There are new rules regarding short sales meant to improve the experience for both sellers and buyers, but the legalities and legwork can overwhelm even the most savvy. Of course, that's where the real estate agent shines, handling the paperwork and the phone calls, leaving you to focus on your move.

Keep in mind that if you're expecting to buy a home on short sale, you can get a great deal, but don't expect miracles from a bank that has agreed to accept a price lower than what the sellers owe on their mortgage. These short sales often generate multiple offers, and if a home has been approved to sell for \$200,000, don't expect to waltz in and offer \$125,000.

The real advantage of a short sale deal is that the home will likely be in much better physical condition than its foreclosure counterpart. Often, a foreclosed home will have been abandoned for months, and perhaps trashed before being vacated. A short sale property in better condition is in and of itself a benefit with real value that offsets any lower price you could offer on a foreclosure.

And for sellers, a short sale preserves your dignity, reduces some of the stress, and won't damage your credit history as much as a foreclosure. Whether selling or buying, consult an agent for the best results.

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What's on YOUR Mind?



Contact us at: editor@mntnviewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: @mntnviewsnews

HEALTHY LIFESTYLES

HOW CAN YOGA HELP

LIGHT IN THE EYES

Ever noticed a brightness about someone that you can't quite put your finger on? Even a glow? All you know is that it's pleasant. We say to ourselves, how can I get that?!

There are some ways to turn the lights on inside & ignite our radiance.

We know more often when our internal spark is not lit; we are tired, bored, and worn out. Even humorless. It can feel nearly impossible to change how we feel. External sources are of no help whatsoever. No amount of money helps. However, freedom is not out of reach.

The work must begin with the body. We've got to start breathing and moving. Moving in a way that we haven't moved before and breathing in a way we haven't before. Learning to breathe in yoga changes the emotional state right away. Elongating the muscles and ringing out of the organs in yoga will make the body feel better.

We can take the opportunity to care about ourselves in a way that we haven't before. No more putting it off. "I know I should, but..."

Next, we can move on to the mind & ultimately spirit. You can try to avoid the reflection that happens while practicing yoga, but be warned it's happening! The mind always has a way of trying to distract us, there's an itch or clothing adjustment, etc. Not to worry, you'll settle down. Soon, you'll be seeking out your practice time with great focus.

It does not take long for people to notice some immediate changes in you. Emotional well-being improved, body is moving better and more freely. They notice the GLOW. Still other benefits have the ability to alter the landscape of life completely! Whoa.

For those who's light shines brightly already: think of your yoga like a garden that needs to be tended. It needs to be fed, it needs more light!, those pesky weeds need to be pulled, and the old blooms need to be pruned to make room for new blossoms.

Namaste, Keely Totten Teacher at Yoga Madre Class at 7:30am Saturdays

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COMMUNITY INVITED TO 'A MUSICAL SAMPLER' CONCERT

"A Musical Sampler" with songs by American composers is the theme for the Royal Oaks Manor's summer concert. Andrew Henken will direct religious, popular and patriotic tunes. Residents of Royal Oaks and Westminster Gardens retirement communities comprise the choirs. Tabitha Henken, who has organized the combined choirs, will be the accompanist for "A Musical Sampler."

Instrumentalists include Wendy Bradley, piccolo, and Larry Ballenger, trumpet—appropriate musical accents, especially for the patriotic songs. Guests will be invited to join in singing some of the familiar tunes. Representatives from branches of the military and the ROTC from Pasadena High School will participate. The community is invited to attend the free concert at 7 p.m., Tues., June 18, in the Royal Oaks chapel at 1763 Royal Oaks Drive, Duarte. Please call 626-359-9371 for more information.

Living TRU by Lori Koop, Right Brain Business Coach

TRU Clarity



I asked a bunch of business people what they struggled with most in their businesses, and it boiled down to one word: CLARITY. They lacked clarity about their products, their brand, their ideal clients, their marketing, their resources and/or time management. There are infinite responsibilities that come with running a business, and clarity is the key to good management. Clarity provides efficient movement forward.

When clarity is *not* present, we guess. Like a hamster on the hamster wheel, we may find ourselves working really hard but not getting ahead. How frustrating! It's like traveling in a new city without a roadmap. Without clearly knowing where we're headed, we can't know the best roads to take.

To find clarity, start with the struggle. Suppose the area of stress is "time management." That's a broad topic. What specifically about time management is not working? Get really clear about the problem, and write it down... for example, maybe you want more time for Social Media each day. If there are several areas causing stress, make a list of them, but start with one -- the one that's most frustrating. This is Point A. Now, how would you like this thing to look ideally? Again write down your thoughts. Suppose you want 30 minutes each day for Social Media. This is Point B. The solution? The steps that get you from Point A to Point B.

Point B is where you're headed. It is your desired destination. How do you get there?

If you're like most people, you begin by thinking. Engaging the left-brain to analytically figure things out. Using your brain power to imagine lots of possibilities, then evaluating which ones won't work and reducing the ideas down to "the" solution. I know this feels natural. Logic is how we were trained. It's how we have found success in the past. But even though it may *feel* natural, it is not how we were designed.

We were designed to begin with the right-brain, our spirit. Instead of jamming in the left-brain, imagine finding a quiet place and slowing your thoughts down to find the answer. This is counter-intuitive, I know. But if our life map is there, our directions are there too. Learning to access your answers by first consulting that still, small voice will save you time and energy (and probably some headaches.) Learn to let clarity come while you simply listen. I use journaling to collect the ideas. There's no "working," the solution is given... even with time management.

It's a new way of doing business.

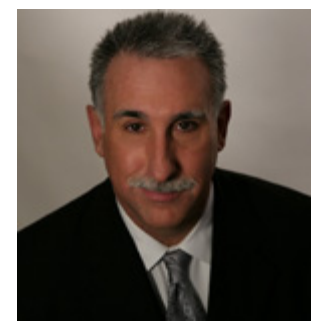
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SPRING INTO HEALTH

by Dennis R. Buckley, D.C.



If this past weekend you decided that it was time to work on the house, clean up the yard, open the windows and start your spring cleaning, more than likely on Monday morning you woke up feeling achy and stiff. This is a common consequence and is expected with a change in activities.

Your body is sending you a strong message. BEWARE! You are overloading me. Even if you have been exercising regularly, a change in activities can activate muscles and joints not accustomed to activity and this can irritate them.

What can be done? First of all be realistic in what you want to accomplish. Trying to do too much can lead to a situation where you will not be able to do anything. If you are going to work on the house, break down your jobs into smaller jobs that

are prioritized in importance. Work safely and correctly. This means the proper equipment, planning, and common sense. More people are injured trying to do projects that are beyond their means or skills.

Drink plenty of fluids, meaning water while working. Wear proper shoes and use sunscreen on exposed areas to avoid sunburn. Lift correctly using the legs and take frequent breaks so as not to overwork your body. Work when it is cooler, early morning or late afternoon/early evening. Wear protective gloves or eye protection when working. Sunglasses can provide protection and lessen stress on your eyes. More injuries occur because of carelessness than anything else does. Stepping on tools, dropping heavy objects on feet, having objects fall on you, tripping, and dehydration all can be avoided with proper preparation.

If you do experience pain

and soreness during or after activity, application of ice to the affected area can provide immediate temporary relief. Contrast therapy of ice and heat, 5 minutes of heat followed by 7 minutes of ice for 4 cycles is very effective for decreasing inflammation and increasing motion.

If these symptoms persist, it is advisable to schedule an appointment with your doctor and/or chiropractor. The lack of previous activity and the increase in new activity has probably caused an imbalance in your musculoskeletal system affecting nerve function resulting in symptoms. The chiropractor can identify the problem and by eliminating this imbalance through appropriate treatment will decrease the pain, correct the underlying problem, and allow your body to heal naturally and safely. This will allow you to take advantage of outside activities in spring and through summer.



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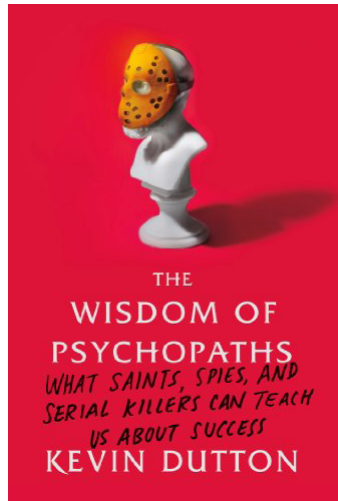
This material was made possible by funding from the Department of Health and Human Services through the Los Angeles County Department of Public Health.

JASMINE'S CORNER

Book Reviews by Jasmine Kelsey Williams

THE WISDOM OF PSYCHOPATHS: WHAT SAINTS, SPIES, AND SERIAL KILLERS CAN TEACH US ABOUT SUCCESS

By Kevin Dutton



With June flowing through and summer break right around the corner, our next choice will not just be an interesting one, but one that should make you stop and think after you've finished reading it. "The Wisdom of Psychopaths: What Saints, Spies, and Serial Killers Can Teach Us about Success" by Kevin Dutton, is definitely a mouthful but has so much more once you go in depth with it. Now before you start thinking 'how are serial killers beneficial?' take time to fully read Dutton's words and tone. Dutton explains in this book how such characters such as spies and serial killers mirror qualities that we all possess on a deeper level, and how each of these qualities can sometimes not just define us or highlight our personality, but also can be the driving factors for why we want to succeed.

"The Wisdom of Psychopaths" delves into different factors and different facets of one's personality so that show how it affects one in their own life. This does not mean that we're bound to be violent or crazy, but how we can use certain traits to pursue what we want, and how certain traits can be put to good use. One example is the second chapter 'Will the Real Psychopath Please Stand Up?' that breaks down different factors such as emotions, personality in general and introverted

versus extroverted that can combine to create unique patterns in individuals that sometimes may aid another in identifying one who is a psychopath (so to speak). Do not fret dear readers; this book tells us to not just judge a book by its cover, but that we can learn to pay attention to those around us and sometimes be able to tell how they may stand out in certain ways when it comes to external factors, such as personality and behavior.

Published and copyrighted in 2012, and receiving praise from The Wall Street Journal, Daily Beast, and Psychology Today, "The Wisdom of Psychopaths" can be one to make you think, as well as opening your eyes to an entirely new perspective.

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WONDERING WHAT TO DO WITH YOUR DAD THIS SUNDAY?

How about taking him for a hike (or a walk) and then enjoy some great music and pulled pork sandwiches (also a veggie dish)???

What a better way to spend family time. This Sunday's line up is:

6/16/2013 NOON-02:00

Bryan Chan

www.youtube.com/watch?v=kcrlBv1ug4c

02:00-03:30

GRIT

04:00-05:00

Tim Tedrow & Terry Vreeland



Note: This Father's day will be dedicated to Rich Conforti who left us way too soon on May 30.

FUNDRAISER: Help us maintain Big Santa Anita Canyon. All proceeds from the sale of merchandise will be donated to the Friends of the San Gabriels. Parking is at a premium and so just tell the gate monitor that you are here for the music and we will find a place for you to park.

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SEAN'S SHAMELESS REVIEWS: THE PURGE

"The Purge" on paper has a very intriguing premise. The year is 2022, unemployment is at 1%, and the crime rate is at an all time low. The film proposes this wild notion that our "New Founding Fathers" initiated a law that states that for one night out of the year anyone can commit any feasible crime without punishment. The reasoning behind the purge is that we as human beings are in fact violent and vicious. Therefore, we need to purify ourselves. To purge is to cleanse the soul for those with pent up anger, hatred, and rage. In the 85 minute running time, writer/director James DeMonaco wastes his interesting concept with a lack of thrills, chills, and any real social commentary to put on display. "The Purge" could have been one scary, thought-provoking human story masked behind an R-rated horror film yet everything that seemed promised in the trailers was not kept.

Ethan Hawke stars as James Sandin, a high level employee who sells home security systems to wealthy people in his suburban paradise. Those who buy it ultimately are able to turn their luxurious homes into fortified castles. The Sandins consists of James, his wife Mary (Lena Headey), and their two kids, Zoey and Charlie. Zoey is a typical 17-year-old girl. She shows bitterness toward her father, who doesn't approve of her older boyfriend. Charlie is an intelligent, misfit pre-teen who doesn't know how to occupy his time effectively. Leading up to the purge, we hear news broadcasts throughout the house expressing what is allowed during the event. They also have a brief yet humorous transmit about which weapons can and can't be used. There's also a small segment about how the purge may be helping the economy and rapidly lowering crime rate. However, analysts insist that perhaps these stellar results come at the cost of attacking those who are at poverty stricken, homeless, and infirm levels. DeMonaco doesn't really expand too much on this in his underdeveloped script. He's more focused on having his film be this small, contained thriller than allowing it to develop into something much greater as it desperately should have been.

When the purge starts at 7pm, Charlie inquires why his parents don't go out and kill someone on this night. They simply tell him they have no urge

to do so. As the they settle in for the night for another annual purge, Charlie witnesses a man in trouble outside his home via their outside camera security. The African-American man outside is begging for someone to help him and to no surprise not a single person is willing to open his or her home for him. Believing the right thing to do is to aid the man who's in trouble, Charlie takes it upon himself to disarm his house's security system to allow for the man to come in side. This is where the "real" story of the movie unfolds. It become less about this wild event that happens each year and more about this family keeping a

Written and Directed by
James DeMonaco
Rated R for strong disturbing violence
and some language
Release Date: June 7th, 2013

man on the run inside their home from people wanting to kill him.

Australian actor Rhys Wakefield is the ringleader of this group of wealthy collegiate individuals looking to kill the man inside the Sandin residence. If the family doesn't comply with their demands, they will have no choice to force entry and kill everyone. Wakefield is easily the most entertaining character in this thinly written film. He's vicious, humorous, and utterly portrays his violent tendencies with such ease. Unfortunately, his joker-like demeanor can't save "The Purge" from being such a slog from halfway in till the end. With a few small surprises in store late in the game and a cool fight sequence with Ethan Hawke and the perpetrators, "The Purge" isn't completely empty. However, the story is sparsely conceived and these surprises are too little too late to really care. As we approach the conclusion, things become pretty silly and unintentionally humorous.

With a lack of big moments and neither being terrifying nor providing anything remotely insightful with its great premise, "The Purge" can't deliver the goods it initially set out to do.

Grade: 2 out of 5



We'd like to hear from you!
What's on YOUR Mind?



Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: @mtnviewsnews

ONE NIGHT ONLY! "4 FLAPPERS AND A FUNERAL" ON JUNE 16 AT SIERRA MADRE PLAYHOUSE

WHAT: "4 Flappers and a Funeral" An interactive musical murder mystery.
WHO: Book by Larry Johnson. Original music by Alan Hong. Directed by Ken Salzman. Musical staging by Kim Eberhardt. Presented by SanZman Productions, Renaissance Murder Mystery Players and Sierra Madre Playhouse.

WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA
Ample free parking behind theatre.

WHEN: Sunday, June 16, 2013 at 7:00 p.m. ADMISSION: \$20.
RESERVATIONS: (626) 355-4318.

ONLINE TICKETING: www.sierramadreplayhouse.org

* * * * *

"4 Flappers and a Funeral" is a 1920's Musical Murder Mystery that takes place at the Kitchy Koo speakeasy in East Chicago in 1923. The Kitchy Koo is located in a church basement where the upstairs has been closed because of a fire. The club has an aging silent film star, Norma Swanson, as their songstress. She happens to be married to Joey Carbonera, a mob boss in East Chicago and owner of the club. To fill out the cast is Susie Cue, who wants to take Norma's place; Nannette, an innocent dancer who is forced to work because she lost her parents in the church fire; Ruby, a Southern belle from Southern Ohio, or she says she is and what's her real name; and Harry "the horse" Hannigan, who flirts anything or anyone in a skirt. Bring these characters together and it spells trouble - m.u.r.d.e.r!

This is an interactive murder mystery with music (some old favorites, some original music), dancing, and gaiety---until someone turns up dead!

Instead of guessing at whodunit, the audience votes on whodunit, and the denouement is tailored to match. The show has a cast of eight, including flappers, gangsters, and that aging prima donna.

SanZman Productions puts on interactive murder mysteries throughout the San Gabriel Valley, and is able to tailor their content to fit any occasion.

CIVIC CLUB TO SPONSOR COW BOP AT JUNE 23RD CONCERT IN THE PARK



Sierra Madre's own home-based and wildly popular band, Cow Bop, will bring its unique mix of swingin' grooves, thrilling riffs, sweet and hot vocals, western sensibilities and tons of fun to a free concert in the park on June 23rd at the Memorial Park Band Shell, 222 W. Sierra Madre Blvd., from 6:00 P.M. to 8:00 P.M.

Cow Bop has played nightclubs and concert venues throughout the world, including Carnegie Hall, but they are comfortable in such diverse surroundings as roadside taverns and at festivals like the Montreal and Monterey Jazz Festivals, the Sisters Folk Festival, as well as the Elko, Heber City, Monterey and Santa Clarita Cowboy Gatherings. In 2004 Cow Bop won the Route 66 Challenge, traveling the length of the historic

route starting with only \$100.00 and no scheduled gigs. They always hit the stage with an electrifying and entertaining assortment of music and frolic.

Their first CD, Swinging Out West, was released in 2004 and charted four different genres. Their subsequent CD; Route 66, Too Hick for the Room, and their newest, Cowlifornia Swing, have delighted critics around the world. Their music has been described as "the most fun you can have with your spurs on."

What goes with an evening of Cow Bop fun? The Surfer Taco Truck's authentic, mouth-watering food! In addition to tacos, The Surfer Taco Truck features tortas, quesadillas, cemitas poblanas, empanadas, sopas, burritos, huaraches, multitas, tostadas, and shrimp cocktails in addition to combination plates, soft drinks, and more. There is something to delight every taste, and a chance to taste something new.

Seating is festival style so all you need to do is bring is your blanket or lawn chair, grab something delicious from The Surfer Taco Truck, and enjoy Cow Bop's great sounds!

The Sierra Madre Civic Club is sponsoring Cow Bop and The Surfer Taco Truck. Civic Club meets at 7:00 P.M. on the second Thursday of the month at Hart Park House which is located next to the band shell at Memorial Park. Women of all ages are welcome.

Mountain Views News

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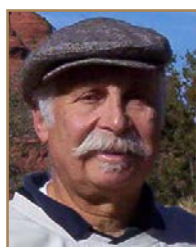
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART Tolchin.....On LIFE



THE TIMES THEY ARE ACHANGING EVEN ME

As I've been writing now for quite a while I'm quite depressed about the state of the world and its seemingly insoluble problems. I haven't had much of an idea of what I can do to be of help and I've felt like I'm sinking along with everyone and everything else. This negative attitude came out on Saturday when I was at a family get-together honoring my cousin's seventy-eighth birthday. It's rare that I see my cousin and this was a chance to see her and her son and his family. Included in that family are two kids, 17 and 11 and I like to talk to the kids as a way of taking the future's temperature.

So I got into this conversation with this seventeen-year old and his father and frankly, I was horrified at what I heard. First a little background. The seventeen year old, who is without question a really bright kid, told me that he was graduating with mainly D's. He explained that most of what went on in School was just a waste of time and he seemed quite proud that he had not bought into that nonsense. He said that he had used his time in other productive ways and had acquired skills in art, music, and technological understanding. As to his future plans, his parents had agreed to allow him to remain at home for only thirty days after graduation unless he agreed to search for a job or enroll in Community College.

Okay; ready now to hear his plans. He was not going to go to College or Trade School. He was not going to look for work nor did he plan to travel and stay with friends. What he plans to do is move on to some land that somebody's father owns and live there with a bunch of his anonymous friends known only over the internet. Once on the land, he and his as yet unknown cohorts plan to establish a self-sufficient culture living off the grid, planting and growing and, I guess, eating their own food. He has no Driver's License and does not plan to own a car or very much else, but tells me that there is this vast network of people that are doing the same thing and that they will change the world.

So how do you think I responded? I got crazy and told him he was

arrogant and stupid. I told him that he was not the first person to have such ideas and that his plans or lack of plans was just crazy. In the middle of my rant he stopped me and asked why I was so angry; why it seemed like I wanted him to fail. I told him that my parents and grandparents were also his relatives. I explained to him that they had lived through pogroms and swam across frozen rivers and walked across Poland and worked in sweatshops (most of this was true) so that their descendants, Him, could live better lives. He was willing, even eager, to throw away all the privileges that their struggles had earned for him and to go somewhere to dig in the dirt. He asked me if I didn't think that these unknown ancestors of his would not be proud that perhaps, as the results of their efforts, he was now free of the restrictions that faced them and could now go out and try and live a better life and create a better world. I just laughed.

On Sunday, still angry, I went to the post Office and picked up a copy of the Mountain Views News. First I looked to see if my column was in the paper as it has been for the past 289 consecutive weeks. There it was, and I felt that satisfaction that I had actually accomplished something. What it is that I think my column accomplishes I really don't know; but I imagine that by managing to write the weekly article, and being as honest as I can be, I am doing something to make the world a better place and that feels good.

After looking at my column I thumbed through the rest of the paper. On page 5 I noticed Christopher Nyerges; column about homesteading in the City. His column led me to google sustainable living communities and Permaculture. I am now much better informed about what my young cousin was talking about. He is not alone and perhaps, with the help of the Internet, people will come together and create something new and wonderful. Check this stuff out. Who knows; the internet has already helped to foment revolutions.

We humans, like my Russian relatives, my young cousin, and Chris, and you and me are really special. Our most precious skill is the ability to adapt to changing conditions. Let's see if it works this time.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

CAN YOU HEAR ME NOW UNCLE SAM?

You can imagine my feelings when I recently found out that good old Uncle Sam was checking up on my phone calls, email messages and the rest of the social networking. Finally, somebody is really watching out for me.

It is more than that. Somebody is so interested in my affairs they are getting involved in my telephone conversations. I must admit that at first I was a little suspicious about all of this.

For example. What does Uncle Sam know about me and my phone calls that I do not know?

I get an awful lot of telephone calls during the course of a week. Some are friends, some are family, some are trying to sell me the Brooklyn Bridge. Even if I lived in New York City, I would not want to own the Brooklyn Bridge. Can you imagine how much it cost to keep that thing up and running?

As I said, at first I was a little suspicious about somebody listening into my phone calls. Then I remembered that back in "the day," everybody did that. We had what was called the "party line" telephone system. That meant that everybody was connected to everybody else.

My grandmother for example, lived in a valley up in the mountains. She was on the party line, of course, and everybody had a special ring. Grandma's ring was two long and one short rings. Whenever the telephone rang, dear old grandmother knew who was being called and, being a nosy person, she usually listened into the conversations. I am not picking on my grandmother, for everybody did it. Everybody knew everybody was doing it.

It was gossipers' heaven.

I think there is something to be said for everybody knowing everybody's business. That way everybody is up and up on the things they are talking about.

Of course, there is a dark side to it. I am semi-ashamed to reveal that I was part of that dark side.

Whenever anybody wanted to send out a rumor there was always the party line telephone system. My cousin and I got together and cooked up some juicy rumor about old Henry up the valley. Henry had never been married and was probably in his 70s at the time.

We started the rumor that Henry had a girlfriend.

It did not take long for everybody in the valley to know that Henry, who had been a bachelor for over seventy years, now had a special love interest. The big question coming through the party line was, who is this lucky woman?

Before long, this got a little out of control.

Everybody believed that Henry had a special love interest and it got to the point that Henry himself believed he had a love interest.

I remember going with my grandmother to the grocery store and we happened to run into good old Henry. My grandmother, who was the queen of the gossipers, took this opportunity to speak to Henry.

"Oh Henry," she said as we approached him. "I heard the news that you have a girlfriend. I'm so happy for you. You'll have to bring her over to my house for coffee and cake some time."

"Thank you, Mary," Henry said with the biggest smile I have ever seen him wear. "I've never been happier."

At this point, I did not know what to do. Everybody was so happy with this rumor, especially old Henry, that the truth would have destroyed the entire valley. I did think of starting a rumor that Henry and his new girlfriend had a fight and broke up. However, on second thought, Henry was so happy these days, I just hated to spoil his life.

I never knew how that turned out. The last time I saw Henry he was smiling and thanking people for congratulating him on having a girlfriend. Some people need to feel happy, I suppose.

I guess it is my time to be fooled by my uncle, and I deserve it.

I really do not mind if good old Uncle Sam is going to listen in on my social networking "party line," but I do have a few rules that I would like to establish.

Rule number one. Uncle Sam do not repeat anything you hear said on my "party line." Let's keep some of that stuff between us. Okay? Some of what you're going to hear may not be altogether, what should I say, truthful. Especially, if you only hear a portion of the conversation.

Rule number two. If while listening in on the conversation of mine and the other party happens to be some salesman trying to sell me something, please feel free to butt into the conversation. After all, the salesman is trying to take a dollar out of my pocket and you know how much you want that dollar!

Rule number three. If the conversation you overhear is concerning you, keep in mind we're talking about the "other" Uncle Sam.

It is hard to keep anything secret these days. In fact, there is not much to keep secret anymore.

The only secret I'm really interested in is what God has. His promise to me is, "Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not" (Jeremiah 33:3 KJV).

God hears me all the time and knows everything about me.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"Anyone who says they remember what happened at Woodstock wasn't really there."
- anonymous

I look forward to Greg Wellborn's column, because he always gives me something to look into. Last week, he quoted Bill Clinton as having said, "Obama doesn't know how to be president. He doesn't know how the world works. He's incompetent. He's an amateur!"

The quote, it turns out, originated in a book on President Obama by Edward Klein that came out a year ago, "The Amateur". Klein alleges Clinton offered this assessment during a heated discussion with his wife, the Secretary of State, urging her to quit the administration and challenge Obama in the 2012 Democratic primaries – strange advice coming from one regarded as a political genius. Klein's source remains unnamed, with no corroboration. Seven years earlier, Klein came out with "The Truth About Hillary", in which he asserted Chelsea Clinton was conceived through marital rape, and wrote at great length about the younger Hillary Rodham's deficient personal hygiene.

The above Woodstock quote came to mind when news broke of the NSA's acquiring the totality of Verizon's phone logs. As I listened to those claiming the program has helped foil terrorist plots, and others claiming with equal certitude it hasn't, it seemed those you'd find publicly expounding on the inner-workings of our most secretive intelligence-gathering operations would be those who were never really there.

Some on the left bemoan that President Obama is continuing the abuses suffered under President Bush. Shortly after 9/11, Bush secretly authorized the NSA to eavesdrop on Americans in the United States – without warrant. Previously, such activities had been conducted by the FBI – with a warrant. According to the NY Times, under this program 500 conversations were being listened-in on at any given time. The FBI's activities expanded to digging into library lending records and internet use, and monitoring the activities of peaceful antiwar groups.

In 1994, the Supreme Court rejected the administration's argument it could imprison indefinitely anyone it labeled "enemy combatant", without access to the courts. The Times quotes an internal memo from John Yoo, the Justice Dept. lawyer who argued for torture, "the government may be justified in taking measures which in less troubled conditions could be seen as infringements of individual liberties."

The ACLU took the administration to court, and Judge Anna Taylor ruled, "It was never the intent of the Framers to give the President such unfettered control, particularly where his actions blatantly disregard the parameters clearly enumerated in the Bill of Rights." The ruling was overturned on appeal, on the grounds that since none of the plaintiffs could show they'd been wiretapped by the NSA themselves, none had standing to sue.

Bush later claimed that although he abided by Congress' mandate that no domestic eavesdropping occur without approval from the FISA court, as a "wartime president" he retained authority to order on his own whatever domestic spying he pleased. Bush insisted ultimate authority rested with the president; President Obama upholds that

ultimate authority rests with Congress, the Courts, and the Constitution.

Eric Snowden, the NSA/Verizon leaker, claimed, "I had full access to the full rosters of everyone working at the NSA, the entire intelligence community, and undercover assets all around the world. . . I, sitting at my desk, certainly have the authorities to wiretap anyone — from you or your accountant, to a federal judge, to even the President."

I envisioned some Master-of-The-Universe figure; someone with a career advancing unseen through the ranks of our intelligence community to achieve such awesome power. He turns out to be a 29-year-old high school drop-out, who'd been on the job three months, enjoying the good life in Hawaii with a live-in girlfriend described as an "acrobatic pole dancer". (To assure the thoroughness of my research, I checked out her video on YouTube.)

Mr. Snowden's position was not with our government, but with a private contractor, Booz Allen Hamilton. The Bush Administration turned an unprecedented amount of our nation's defense over to profit-making corporations; from supplying our troops to guarding our embassies to torturing our prisoners. Our intelligence operations were relegated to those committed not to our national interest, but the interests of their shareholders.

Though it seems extraordinary someone like Eric Snowden held such access, a report from the Director of National Intelligence states that, as of 2012, 483,263 employees of private contractors held the same "Top Secret" clearance as Mr. Snowden's. Once given, such clearance is hard to take away – reviewed only once every five years. The NY Times reports that, according to the company's own securities filing, half of Booz Allen's 25,000 employees hold top secret clearances, with "access to information that would cause 'exceptionally grave damage' to national security if disclosed to the public".

One of more than a thousand private contractors employed by our intelligence community, Booz Allen was paid \$1.3 billion for its work over the past fiscal year. Such work doesn't come cheap. According to a 2007 report by the Senate Intelligence Committee, the work of a \$126,500-a-year government intelligence analyst costs us \$250,000 with a private contractor. The Project on Government Oversight testified before the Senate Homeland Security Committee that intelligence work costs 83% more when contracted out. Early in the Bush Administration, a consortium was formed including Booz Allen, SAIC and Northrup Grumman to enact project Trailblazer, privatizing the analysis of signals intelligence coming over the internet. The project was scrubbed in 2005 after blowing through \$5 billion in taxpayer money and producing no actionable intelligence.

There's also the government/corporate "revolving door". Director of National Intelligence James Clapper is a former Booz Allen executive. The DNI under President Bush, John McConnell, works for the company now.

In response to the leaks, President Obama stated, "I welcome this debate, and I think it's healthy for our democracy." This should be about whether our interests in protecting our security and values as a nation should be relegated to those whose primary interest is in making a buck.

PROVIDING PLAN B IS A BAD PLAN

GREG Wellborn



Messages count in our culture, especially when it comes to children. What we communicate to them in both words and deeds impacts how they see the world and how they participate in it. This week, the Obama administration chose to send a very destructive message to young girls by siding with a district court which ruled that the "Plan B" morning after pill must be made available to all females irrespective of their age.

We'll skip the lengthy criticism about this president's hypocrisy and lack of integrity on the issue, but suffice it to say that candidate Obama was clear in his opposition to allowing "a 10-year-old or an 11-year-old going into a drugstore to buy medication that potentially, if not used properly, could end up having an adverse effect". Instead, let's focus on the broader issue here: the messaging that's being directed at our youth.

Anyone who's been a parent knows that from their earliest ages children are sponges. Whether it's the toddler who follows our every move or the argumentative teenager who is quick to pounce on any perceived hypocrisy in his parents, they're always watching and learning – picking up the cues as to what really is expected of them.

When we tell a teenager who is still under age that he or she can get a condom at school, we're not promoting "safe sex"; we're encouraging them to have sex. When we tell a young girl that she can now walk into any pharmacy and purchase a pill powerful enough to prevent a fertilized egg from attaching to the uterine wall (the morning after pill), we're telling them there need be no consequences to the very adult act in which they've just engaged. When we forbid that same child from buying cough syrup without their parent's permission, we're telling them we don't trust them to make a simple decision. When we give grown men and women the right to remain on their parent's medical insurance until well into their maturity, we're discouraging them from growing up or taking responsibility for their own way in the world.

The messaging in each of these is the same. There is no reason to grow up, take responsibility for your own life or make decisions wisely. We're one step (maybe even several steps) closer to eliminating the need for parenting by the parents at all. We're telling them the all-powerful state will take care of them, remove the consequences of irresponsibility and force their neighbors to take care of them well beyond any reasonable measure of true poverty.

What's so surprising is that we're actually surprised that the generations seem more narcissistic than previous generations, that they seem to be drifting more in life, trying to "find themselves", that they are postponing until much later in life the normal markers of maturity, responsibility and community participation. We're treating them like immature idiots and surprised that they then act that way.

I personally know too many young college graduates who bemoan the fact that they don't know what they want to do with their life. This is a fantasy of wealth and privilege. I'm not referring to the wealthiest among us. I'm referring to a whole generation which, en masse, has grown up with more wealth and privilege than any other nation's youth or any other generation in history. 50 years ago, 100 years ago, 200 years ago young adults didn't have to care about what they wanted to do with their life. They had to care about feeding, clothing and housing themselves. They had to get on with the job of becoming productive members of their community. This was a good thing, and it built many fine communities. In fact, it built a nation.

The most critical function in any society is to raise up future members who will be productive members and enable that society to continue for another generation. There was true self esteem in meeting that responsibility head on and doing a job well – whether it was milking cows or working in a factory. You didn't have to find yourself, because you had never lost yourself in the first place.

Today, we're coddling our youth and morally eviscerating them. We're messaging that they don't have to grow up, and then we're surprised to find they're unhappy, unfulfilled and unproductive. We really shouldn't be. After all, they're doing exactly what we told them to do.

About the author: Gregory J. Wellborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwellborn2@gmail.com



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