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SATURDAY, JUNE 22, 2013

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COUNCIL HAS ANOTHER FULL AGENDA TUESDAY

In April when the Sierra Madre City Council reorganized, the first few meetings thereafter were, while productive, rather uneventful. For a few meetings not even a dozen residents showed up to participate.

However, that has changed and the as Mayor Walsh and the council can look forward to increased public participation as the agenda items of later are of great concern to the community. After the last regularly scheduled meeting, a special meeting on water conservation was held. The special meeting brought seemed to address some of the community concerns, however, issues such as a moratorium on new development that had been requested by several speakers, did not happen. (See related story on page B1)

This week at the regular council meeting, In addition to the issue of Mandatory Water Conservation, which attracted little interest until the notice was sent to residents, the agenda has two other matters that have been of great concern to the public. The first is the issue of public facilities impact fees and the second is the Public Safety Master Plan.

The council meeting will be held on Tuesday, June 25, 2013 at 6:30 pm in the council chambers at City Hall.

CITY OF SIERRA MADRE FREE CONCERT IN THE PARK SERIES PRESENTED BY KENSINGTON ASSISTED LIVING FACILITY

Join the City of Sierra Madre this summer for the Concerts in the Park, beginning Sunday, June 23, 2013 and occurring every Sunday through August 11, 2013. The concerts are FREE thanks to the support of Kensington Assisted Living Facility, along with numerous community hosts. Concerts begin at 6:00pm and run through 8:00pm. All concerts will be held at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. next to City Hall. Seating is on the green so remember to bring blankets and lawn chairs. Alcohol is prohibited. Spectators are encouraged to support local organizations that may provide refreshments. For additional information please contact the Community Services Department 626-355-5278.

Concerts in the Park Schedule:

June 23 – Cowbop (Cowboy Jazz/Western Bebop), sponsored by the Sierra Madre Civic Club
• Surfer Taco Food Truck

June 30 – Hard Days Night (Beatles Tribute Band) sponsored by the Sierra Madre Volunteer Firefighters Association • Slum-

min' Gourmet Food Truck

July 7 – Luke Mulholland Band (Blues), sponsored by the Sierra Madre Issei Memorial Foundation
• Meet N Potatoes Food Truck

July 14 – Decades of Rock (Classic Rock) sponsored by the Spero Foundation • Juan's Tacos: tacos, burritos, chips and salsa

July 21 – Elvis (Elvis Tribute), hosted by the Rotary Club of Sierra Madre
• Rounds Burger Food Truck & The Ice Princess

July 28 – Jane Fuller (Pop) sponsored by Sierra Madre Kiwanis Club and Friends of the Sierra Madre Library • Corfu Restaurant and Kiwanis Birthday Cake

August 4 – Undercover Girls (Rock and Roll) sponsored by L.A. County Supervisor Michael D. Antonovich • Meet N Potatoes Food Truck

August 11 – Gem City Jazz Cats (Big Band) sponsored by the Senior Community Commission • FREE popsicles!!

FAREWELL TO A GRAND LADY



On Friday, as many as 200 people filled the Sierra Madre Room at the Recreation Center to celebrate the life of Marjorie "Mama Pete" Peterson who passed away just shy of her 97th birthday.

Survived by her son Dan and daughter Muriel, five grandchildren and a host of great grandchildren, those in attendance shared their stories of how this remarkable woman touched their lives.

Rev. Jim Walden of Temple City's First Baptist Church led the services and Mayor Nancy Walsh, Phyllis Chapman, Ann Tyler and Jan Reed all spoke of Mama Pete's magnificence and extraordinary commitment to children and the community.

Two of her great grandsons rendered musical selections and the inspirational poem, "Dash" was read by Jerry Marbie.

A video made for her 90th birthday celebration and narrated by her

daughter Muriel at the time was shown sharing photos of her life from the time she was an infant and through her 90th year.

Two of the children that attended the school, a young man about 5 and another young lady who appeared to be about 10, also came to the miko in her honor.

One of the most moving tributes came from local resident Katrelya Angus, who met Mama Pete when she was 6. In her honor, Katrelya wore a red, white and blue ensemble, symbolic of Mama Pete's attire every year at the 4th of July Parade.

Everywhere you looked you could see Teddy Bears, Mama Pete's trademark favorite stuffed animal.

Refreshments were prepared and served by the Sierra Madre Civic Club and Woman's Club. The Sierra Madre Kiwanis Club assisted with reception and ushering of guests.

HAPPY 104th BIRTHDAY SOPHIE!

Photo and story by Bill Coburn



There must be something in the water there at the British Home in Sierra Madre. Or maybe it's the excellent care they take of their residents, but at the moment, there are two centenarians in residence, both of them active and mobile. And one of them, Sophie (Koenig) Hules, celebrated her 104th birthday last Saturday, with family and friends coming from as far away as North Carolina to be with her.

Sophie Koenig was born in Yugoslavia on June 14, 1909. Her parents had traveled from their home in New York for a family gathering, but found themselves unable to return to the United States due to a combination of civil unrest, military conflict, and ultimately, the onset of WWI.

It wasn't until 1920, at the age of elev-

en, that Sophie was able to return to the U.S., which she and her family did aboard a steam ship originally built in 1912, named The President Wilson, after Woodrow Wilson, the American president during WWI. Her father Josef, mother Gertrude, sisters Rose and Louise, and two brothers, Josef and William left the farm they lived on to sail on the Presidente Wilson's first trip to America after the war. They reentered the U.S. like millions of immigrants, through Ellis Island, ultimately settling in Cleveland, Ohio.

Sophie and her younger sister by four years, Louise, also born on June 14th, attended school together to learn English, and after six years of schooling, Sophie got a job, working as a Long Distance telephone operator. Yes, young'uns, phone calls used to be

categorized by the distance between the two parties talking. Sophie met a florist seven years her senior named James Hules, and six days shy of her 20th birthday, the couple were married. Nine years later, they set off for California, where Sophie worked the night shift as an operator for Pacific Telephone and Telegraph Company. James found work during WWII working for the government as a painting contractor, painting black out windows to prevent the enemy from seeing the lights in the houses, should they attack from the air.

Sophie and Jim bought a house in South Pasadena, and raised three children there, Carol, Jim and Susan. All three children were in attendance Saturday to celebrate with her. Her siblings have all passed away, but her nephew Will was able to be there. Sophie also has five grandchildren, six grandchildren and a great, great grandchild, several of who were also there to celebrate with her on Saturday.

Sophie continued to work as a telephone operator, first taking the Red Line to work, eventually learning to drive herself to work. She also enjoyed driving to the beach, and regularly spent her vacation at Balboa Island or on Catalina. Last year, a group from

the British Home took a day trip to Balboa, and Sophie was thrilled at the memories it brought back for her. She retired from the phone company in 1966, (yes, she's been retired nearly 50 years), though she continued to drive until the age of 94!

After retiring, Sophie became active in Senior Citizen's groups, and did a lot of traveling. Jim eventually became ill, and Sophie tended to his needs until his passing in 1983. She continued to travel, including trips to Hawaii, Paris, and the South of France. She lived in the house she and Jim had shared in South Pasadena, tending to their gardens, until after the age of 100, but she moved into the British Home a couple years back. Today, she still gets up and sweeps the sidewalk and patio area around her "unit" and looks back on a life well-lived.

With dozens of friends and relatives on hand Saturday to enjoy a breakfast that featured waffles, eggs benedict, fruit and much more, Sophie had a smile on her face throughout the celebration. It's been a tradition each year on her birthday for Sophie to tell British Home administrator Marlene Rainen "See you next year!" I'll look forward to seeing you next year, Sophie, as we celebrate 105! Happy birthday!



HAVE LUNCH WITH SIERRA MADRE'S FIRE CHIEF

The Sierra Madre Volunteer Fire Department's Chief Steve Heydorff and his Battalion Chiefs will be joining our Kiwanis meeting at noon on Tuesday, June 25.

They will be giving a brief overview of the Department's staffing, training hours, calls made per year, cost saving to the City and additional pertinent information. All are welcome to attend this meeting at The Lodge to hear their remarks, ask questions and enjoy a delicious lunch for only \$10.

For reservations call 626-355-0728



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 60s
Fri:	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, June 25, 2013
6:30 pm



Enrich your life with music!
The Connie Washburn Studio is now accepting piano students. Please call 626.355.9511 to inquire.

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



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Village Vine Online
Internet Radio for Sierra Madre and the San Gabriel Valley

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(FORMERLY RADIO FISHBOWL)
THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show
Trivia and Humor at it's finest. Just try to keep up with their wit!
JOIN THE FUN!!!

Plus: Onomatopoeia: A program of Audio Graffiti with Barry Schwam - "Poetry in its Raw State"

TUESDAYS - Noon

Comedic, Quirky
Conversations
The Cam I Am Show starring
Camilla Hopkins

THURSDAYS - Noon
OUR TRAVEL AFFAIR

Catherine Adde's

SATURDAY - 1:00
Gene Goss'
VILLAGE
INTERSECTIONS

This week Gene's guest is Mikala Rahn, newly appointed Member of the PUSD Board of Education. Gene and Mikala will discuss the new Middle School and a variety of important local educational issues. Don't miss it!

NEW: TINA TIME WITH
COUSIN MATTHEWSATURDAY
MORNINGS

D. J. Boddington
AKA James Faulkner returns Saturday morning at 7:00 until 10:00 with his Saturday Morning Mix show. Lovers of music - tune in!

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WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!



Sierra Madre Rotary Club
Meets Tuesdays 7-8:30 a.m.
222 W. Sierra Madre Blvd.
The Hart Park House
As part of our club's lively weekly meetings, dynamic speakers are scheduled on Rotary's service interests, local community topics and general appeal subjects.
Sierra Madre Rotary operates an active high school service group, the Interact Club, participates in Rotary scholarship, music and essay competitions, raises funds for local and Rotary Foundation causes, recognizes exemplary teachers, offers mini grants for worthy projects, hosts the yearly Elvis in the Park concert and donates hundreds of service hours to community events like the Wistaria Festival, Dickens Village and July 4th Parade.
Visitors are heartily welcomed to meetings. From more information, please visit our website or contact Peggy Beauregard at peggybeau@gmail.com and visit our Facebook page Rotary of Sierra Madre.
www.SierraMadreRotary.com

EXCITING INTERNSHIP OPPORTUNITY!

Get in on the ground floor with a growing San Gabriel Valley Internet Community Radio Station based in Sierra Madre.

Village Vine Online seeks interns to help with web site design and updates, radio show production and miscellaneous tasks. Interns will work in studio in Sierra Madre, at remote-webcast locations in the San Gabriel Valley, and from home.

Minimum qualifications: Must be 18 years of age, have basic knowledge of web site design and maintenance, car, computer, and internet access, and must have a flexible schedule. Knowledge of digital audio recording software a plus.

This position has potential to develop into a paid position.

Come grow with us!

Send resume with phone number to hostvi@yahoo.com



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EXTRAORDINARY
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FAMILY MOVIE FRIDAYS SERIES

The Family Movie Friday series is back for 2013 thanks to the generous support of the Sierra Madre Issei Memorial Foundation, Sierra Madre Volunteer Firefighters Associations, and Mother Moo Creamery! Also, a special thank you to Sierra Madre Kiwanis Club for their donation towards a new movie screen.

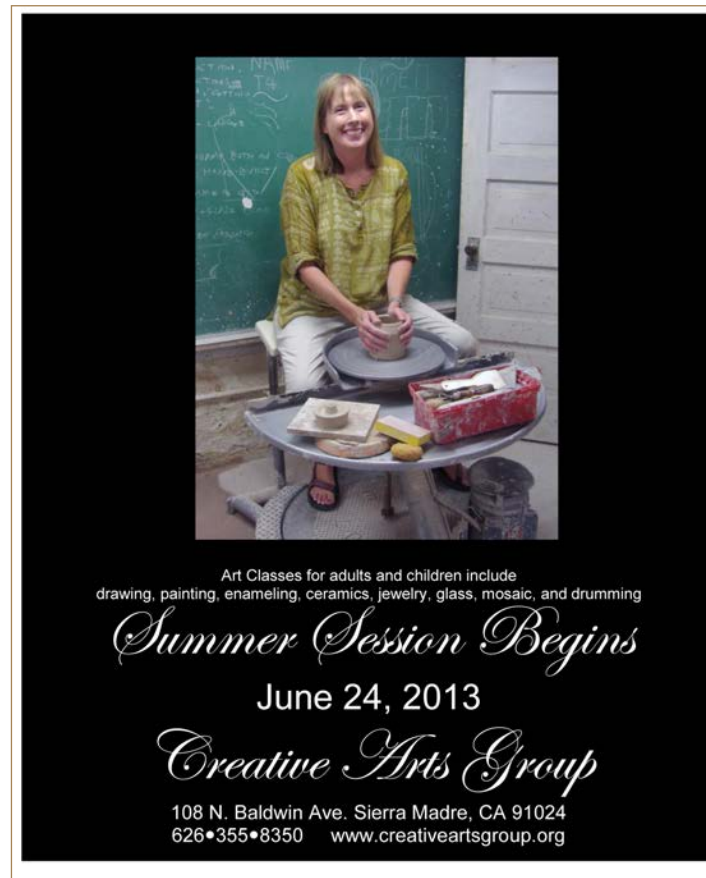
All movies are shown in Kersting Court and are absolutely free for everyone. Movies begin at 8:00pm and families can purchase food and drinks from the local merchants or bring their own! Patrons are encouraged to bring seating and blankets for the event. Family Movie Fridays Line-Up

- July 5, 2013 – Invasion of the Body Snatchers (parts filmed in Sierra Madre!)
- July 19, 2013 – Soul Surfer

For more information on the Family Movie Series please contact the Community Services Department at 626.355.5278.



We'd like to hear from you!
What's on YOUR Mind?
Contact us at: editor@mtnewsviews.com or www.facebook.com/mountainviewsnews AND Twitter: @mtnewsviews



Art Classes for adults and children include drawing, painting, enameling, ceramics, jewelry, glass, mosaic, and drumming
Summer Session Begins
June 24, 2013
Creative Arts Group
108 N. Baldwin Ave. Sierra Madre, CA 91024
626•355•8350 www.creativeartsgroup.org

LOOKING FOR FREE, FUN & EDUCATIONAL ACTIVITIES THIS SUMMER?

Then look no further than the City of Sierra Madre's Summer Fun in the Park. The program includes interactive presentations provided by local organizations and fitness activities. It is targeted for children 3-10 years of age but all ages are welcome to enjoy. The program occurs Tuesday and Thursday mornings from 9:30-10:30 am in Memorial Park, 222 W. Sierra Madre Blvd.

For more info call Community Services t at 626-355-5728.

Tuesday Educational Program runs June 18 through August 13
2013 Community Services Department Newsletter | www.cityof-sierramadre.com/onlineeregistration

June 18 – Athens Services: Recycling
June 25 – Sierra Madre Gardening Club: How to Plant

July 2 – Pasadena Casting Club: Fly Fishing
July 9 – Fire Department: Fire Safety
July 16 – SkyWatchers: Telescopes and the Solar System
July 23 – Social Edison: Electrical Safety/Hazard Hamlet
July 30 – LA County Arboretum: Planting, Insects, and Reptiles

August 6 – Los Angeles Zoo: Wildlife
August 13 – Police Department: Safety First

Thursday Fitness Program runs June 20 through August 15
(No class July 4)
Get Active with CATZ (Competitive Athletic Training Zone)
Sports fitness program that includes capture the flag, relay races, and various games of tag. Don't forget to bring your sneakers, shorts, t-shirts and water bottle!

NEW CITY HALL
PUBLIC HOURS

At the May 28, 2013 City Council meeting, the City Council adopted new open hours for City Hall and the Community Recreation offices as a part of the fiscal year 2013-2015 bi-annual budget. Beginning July 1, 2013 the offices at City Hall and the Community Recreation centers will be open Monday - Thursday 11:00am - 5:30pm.

The Council implemented the new open hours at City Hall and Community Recreation offices to offset for the reduced staffing levels implemented over the last five years. The adopted FY 2013-2015 budget also includes additional consolidated job responsibilities as well as technology enhancements to continue to improve work efficiencies and effectiveness, in order to serve Sierra Madre citizens.



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SIERRA MADRE

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PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: MUNICIPAL CODE TEXT AMENDMENT 13-02 (MCTA 13-02)
Applicant: City of Sierra Madre
Project Location: 440 W. Sierra Madre Boulevard (Sierra Madre Library) and City-owned property located directly behind the Library parking lot. (APNs 5768-021-900 and 5768-021-901)

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider rezoning the City Library property located at 440 W. Sierra Madre Boulevard and the City-owned vacant property located directly behind the Library parking lot (APNs 5768-021-900 and 5768-021-901), from R-P (Residential-Professional) and R-3 (Multiple-Family Residential) zones to a PF (Public Facility) zone, and revising the zoning map accordingly. A Municipal Code Text Amendment (MCTA 13-02) will be required to add Chapter 17.18 to Title 17 of the Municipal Code to incorporate the PF zone.

DATE AND TIME OF HEARING

City of Sierra Madre
 Special Planning Commission meeting
 Monday, **July 8, 2013**
 (Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre
 City Council Chambers
 232 W. Sierra Madre Blvd.
 Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for a California Environmental Quality Act (CEQA) Exemption pursuant to Section 15061(b)(3) (Review for Exemption) of CEQA, as there is no possibility that the proposed Municipal Code Text Amendment would have a significant impact on the environment.

APPEAL: The decision of the Planning Commission is subject to a 10-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

SIERRA MADRE POLICE BLOTTER

For the period of June 10-16, 2013

Monday June 10, 2013

A 7pm, an individual in Bailey Canyon Park observed a female who appeared distraught. On closer examination he noticed that the female was bleeding from her wrists and he immediately notified police. When officers arrived, the female stated that she was depressed, did not want to live anymore and admitted that she had intentionally cut her wrists. Fire Department personnel provided emergency medical treatment and subsequently transported her to Arcadia Methodist Hospital.

Tuesday June 11, 2013

A resident in the 200 block of East Orange Grove Avenue came home at approximately 11pm and immediately went to bed, leaving a rear sliding glass door unsecured. When he awoke the next morning, he noticed the sliding glass door was open and his lap top computer missing from a table adjacent to that door. No other items were disturbed and there was no evidence that the suspect entered any further into the residence.

DON'T FORGET TO REGISTER FOR THE 4TH OF JULY FUN RUN

Fourth of July is less than a month away, which means the 3rd Annual Firecracker Fun Run hosted by the Spero Foundation and 4th of July Committee is fast approaching. This untimed, 5k fun run is perfect for the entire family to enjoy. The run begins at 8:00am on Thursday, July 4th. Adults are \$20.00 and youth under 10 are \$15.00 prior to June 21st, a t-shirt is guaranteed with registration. After June 21st all participants are \$25.00 and a t-shirt is NOT guaranteed with registration. Register online at www.cityofsierramadre.com/onlineeregistration, keyword: fun run, or in person at the Community Recreation Center, 611 E. Sierra Madre Blvd by July 1st.

The start and finish lines will be in the vicinity of Kersting court at the corner of Sierra Madre Blvd. and Baldwin Ave in Sierra Madre. Participants first run East on Sierra Madre Blvd. down to Sierra Vista Park, where they turn around and run west back up Sierra Madre Blvd. to Sunnyside. Participants will turn around again at Sunnyside and travel the parade route on Sierra Madre Blvd. back to Kersting Court. Participants are allowed to bring strollers and dogs to this family friendly event.

Come get your feet moving and be part of what promises to be another amazing Sierra Madre tradition! For more information please call the Community Services Department at 626.355.5278.

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CIVIC CLUB TO SPONSOR COW BOP AT JUNE 23RD CONCERT IN THE PARK



Sierra Madre's own home-based and wildly popular band, Cow Bop, will bring its unique mix of swingin' grooves, thrilling riffs, sweet and hot vocals, western sensibilities and tons of fun to a free concert in the park on June 23rd at the Memorial Park Band Shell, 222 W. Sierra Madre Blvd., from 6:00 P.M. to 8:00 P.M.

Cow Bop has played nightclubs and concert venues throughout the world, including Carnegie Hall, but they are comfortable in such diverse surroundings as roadside taverns and at festivals like the Montreal and Monterey Jazz Festivals, the Sisters Folk Festival, as well as the Elko, Heber City, Monterey and Santa Clarita Cowboy Gatherings. In 2004 Cow Bop won the Route 66 Challenge, traveling the length of the historic route starting with only \$100.00 and no scheduled gigs. They always hit the stage with an electrifying and entertaining assortment of music and frolic.

Their first CD, *Swinging Out West*, was released in 2004 and charted four different genres. Their subsequent CD, *Route 66, Too Hick for the Room*, and their newest, *Cowifornia Swing*, have delighted critics around the world. Their music has been described as "the most fun you can have with your spurs on."

What goes with an evening of Cow Bop fun? The Surfer Taco Truck's authentic, mouth-watering food! In addition to tacos, The Surfer Taco Truck features tortas, quesadillas, cemitas poblanas, empanadas, sopas, burritos, huaraches, mulitas, tostadas, and shrimp cocktails in addition to combination plates, soft drinks, and more. There is something to delight every taste, and a chance to taste something new.

Seating is festival style so all you need to do is bring is your blanket or lawn chair, grab something delicious from The Surfer Taco Truck, and enjoy Cow Bop's great sounds!

The Sierra Madre Civic Club is sponsoring Cow Bop and The Surfer Taco Truck. Civic Club meets at 7:00 P.M. on the second Thursday of the month at Hart Park House which is located next to the band shell at Memorial Park. Women of all ages are welcome.

YOUTH VOLLEYBALL CLINIC

The Community Services Commission is partnering with the Girls Scout Jennifer Brady to provide a FREE youth volleyball clinic this summer. The first 30 participants also receive a shirt for this program. The clinic is held at the Sierra Vista park sand volleyball court located at 611 E. Sierra Madre Blvd. Experienced Club volleyball coaches are leading providing instruction. For more information email teamsmvolleyball@gmail.com. No pre-registration is necessary.

The clinic is supported through a generous donation by the Sierra Madre Rotary Club and other local organizations and businesses.

Kick-Off Day
 June 29, 2013
 9:00am-11:00am
 Clinics will be held on
 Mondays and Wednesdays
 July 1 - August 14

9:00am-10:00am Ages 10-12
 10:00am-11:00am Ages 13-14

For more information regarding this program please contact the Community Services Department at 626-355-5728.

THE SPERO FOUNDATION SUPPORTS SIERRA MADRE'S SUMMER CONCERT IN THE PARK SERIES

Join The Spero Foundation on Sunday, July 14th at Memorial Park Bandshell in Sierra Madre as they sponsor the "Decades of Rock." This amazing, local band will begin performing at 6 pm and take the audience on a 2 hour tour of over a decade of great rock 'n' roll music. Bring your lawn chair or blanket along with your appetite and enjoy delicious beef, chicken & pork tacos and burritos prepared onsite by Juan's Taco Catering. Both food & drinks will be sold starting at 5:30 pm – so come early!

The Spero Foundation (a 501(c) 3 non-profit organization) represents the volunteer spirit of our community, and is a vehicle for those in need. The Spero Foundation's capabilities include Fund Raising (single source events for specified recipients); Guidance (for the family or organization in need- such as resource material and outsourcing services); and Consulting (assistance to organizations and groups for their fund raising efforts).

The profits from this evening in the park will help fund our Family Food Baskets; a tradition of Spero's which provides both Thanksgiving & Christmas dinners to needy families in the area.

For more information about The Spero Foundation contact us at PO Box 1295, Sierra Madre, CA 91025 or (626) 355-HOPE.

TAP CARDS NOW REQUIRED ON METRO

LOS ANGELES COUNTY — Supervisor Michael D. Antonovich, MTA Chairman, announced that gates on METRO will now require a TAP card that can also be used on buses, light rail, trains and other municipal operators including METROLINK, Foothill Transit, Antelope Valley Transit, Torrance Transit and the Los Angeles Department of Transportation. "In addition to enhancing our regional transit system, gate latching gives us an opportunity to collect fares that otherwise may have been evaded," said Chairman Antonovich.

SAVE THE DATE

On Saturday, July 20, from 5pm-8pm, the Sierra Madre Historical Preservation Society will be serving a Chicken & Ravioli Dinner at Mt. Wilson Trail Park, 189 East Mira Monte Avenue.

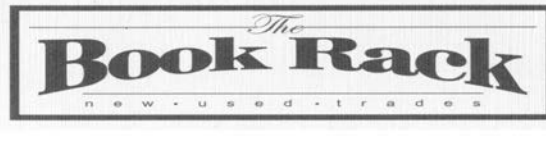
We are inviting the public to celebrate with us at our fundraiser dinner benefitting our museums, Lizzie's Trail Inn and the Richardson House.

Activities centered at Richardson House will be a silent auction of historic artifacts and also a display of information relating to the new digital storyboard being installed in August. Also, come enjoy our new drought tolerant garden, which serves as a teaching garden for the Mt. Wilson Trail. And, there will be a special guest appearance of Lizzie herself!

Tickets are \$25 per person and are available at Arnold's Frontier Hardware, the Sierra Madre Public Library, Savor the Flavor, Mary's Market, and Lizzie's Trail Inn (during operating hours of 10am to Noon on Saturdays).

Due to space constraints at the park, tickets are limited, so be sure to purchase your tickets early. There will be no tickets available for sale the day of the event.

We look forward to visiting with you over Lizzie's famous Chicken & Ravioli!



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Sheriff’s Look to Identify Robbery Suspect




Altadena Sheriff’s Station is seeking the public’s assistance in identifying a suspect wanted in a strong-armed robbery near the entrance of the Bank of America in the 2000 block of Lake Avenue.

Police said the suspect is described as a male Hispanic or Caucasian, 20-30 years old, 5 feet 5 inches and 140 pounds, wearing a beige baseball cap, blue baggy collared shirt, dark pants, and dark shoes.

The suspect confronted an unnamed victim and forcefully removed a paper bag containing money they were carrying. The suspect was last seen entering the passenger side of a Gold Nissan Versa Sedan, with paper plates and leaving southbound on Lake Avenue. Anyone that may have information is encouraged to contact the Altadena Sheriff’s Station at 626-798-1131.

Pet of the Week



Clara is a six-year-old Labrador retriever mix. She’s very active and loves to play. An active home would be great for her.

Clara’s adoption fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Clara also qualifies for our Seniors for Seniors program in which her adoption fee is waived for adopters 60 years old and up. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A327525, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Plans for Empty Macy’s Store Discussed

By Dean Lee

The city council heard earlier this month, for the first time, predevelopment plans for the Paseo Colorado property that include demolishing the existing Macy’s and adjacent buildings to construct a new hotel and commercial building.

Demolishing the current 160,000 square foot Macy’s store would make way for a new 114,000 square foot , six-story, 175-room hotel and a 44,000 square foot , two-story commercial building along Colorado Boulevard according to city Senior Planner Jason Mikaelian.

Mikaelian said the second story would most likely be used for eateries as a food court. The mass of the project, the hotel, would be along Green Street something the city council members said they were pleased with.

He also said that although the



Paseo Colorado is within the Civic Center Historic District, the Macy’s building is not.

Other modifications to the Paseo Colorado would include realigning existing tenant spaces and relocating existing stairways, escalators and bridges, “For easier mobility within the center so people can get from one part of the center to another,” Mikaelian said.

There are also proposed changes for the cinema entrance area and the Garfield promenade.

“The Garfield promenade area calls for the removal of the round staircase where the fountain is located,” Mikaelian said. “To give those tenants more visibility.” He added that

the area would be squared off.

The middle of the promenade would be landscaped, “to give it more of a park like feel.” Mikaelian said.

“This is going to be a very, very important project for the central part of the city...” Councilmember Steve Madison said “The plan has almost mythical interpretations that this point but clearly the ability to see from the central library to the civic and back would be tremendous.”

Oscar Carrillo-Gonzalez Pleads Guilty

The Pasadena City Attorney’s Office announced June 17 that Oscar Carrillo-Gonzalez pled guilty in Los Angeles County Superior Court to two misdemeanor charges in connection with the false report of an armed robbery he made to the Pasadena Police Department on the night of March 24, 2012.

According to police, the false armed robbery call by Carrillo-Gonzalez set off a series of events that ultimately led to the death of then-suspect Kendrec McDade.

Deputy City Prosecutor Joon Kim prosecuted the criminal case for the People.

“We believe we reached an appropriate sentence that reflects the seriousness of the crime committed,” City Attorney/City Prosecutor Michele Beal Bagneris said.

Carrillo-Gonzalez pled to one count of Penal Code Section 148.3(a) Making a False Report of Emergency (to a 911 dispatcher) and one count of Penal Code Section 148.5(a) Making a False Report of Criminal Offense to a Peace Officer.

The defendant was placed on 36 months of probation with the following terms: Serve 90 days in county jail Perform 90 days of Cal Trans in lieu of additional jail time; Pay \$3,078.69 as victim restitution to the Pasadena Police Department; Pay court costs and fees; and Obey all laws.

The Defendant was ordered by the Court to surrender himself to the Pasadena Branch of Los Angeles County Superior Court on June 27, to begin the county jail sentence.

Paso Colorado Gelson’s Closes Doors Forever

Customers had their last chance Saturday to shop at Gelson’s in the Paso Colorado as the store closed a month earlier than planned. The Market was set to close its doors for good July 21. The company made the announcement to close in March saying the reason was a lack of customers.

On Sunday, hundreds of event goers of the annual Chalk Festival, and the Pasadena Police Classic Car Show both held at Paseo Colorado, were greeted with “Farewell,” signs on the store’s doors.

In March, Gelson’s supermarket chain President Rob McDougall said, “After almost 12 years of operation in Pasadena, we have reached the difficult decision to discontinue operation of the Pasadena store.”

During a discussion by the city council June 10, about renovations to the Paso Colorado, no information was given about plans for the Gelson’s building. RTKL Associates, Inc., the developers, behind the project (See story to the left), said there were legal reasons, “The moment we can say something we will,” they said. “Right now are hands are tied.”

In the final days leading up to the closing customers were able to buy everything in the store at 50 percent off.

McDougall also said that all of the 60 employees would be transferred to one of Gelson’s other locations, including a new store planned to open in Long Beach.

Nearby Gelson’s include, Silver Lake/Los Feliz, North Hollywood, Encino and Sherman Oaks.

Gelson’s was founded by Bernard and Eugene Gelson. The first store opened in the city of Burbank in 1951.



Gelson’s supermarket

Spacecraft to Take Photo of Earth from Deep Space

NASA’s Cassini spacecraft, now exploring Saturn, will take a picture of our home planet from a distance of hundreds of millions of miles on July 19. NASA is inviting the public to help acknowledge the historic interplanetary portrait as it is being taken.

Earth will appear as a small, pale blue dot between the rings of Saturn in the image, which will be part of a mosaic, or multi-image portrait, of the Saturn system Cassini is composing.

“While Earth will be only about a pixel in size from Cassini’s vantage point 898 million [1.44 billion kilometers] away, the team is looking forward to giving the world a chance to see what their home looks like from Saturn,” said Linda Spilker, Cassini project scientist at NASA’s Jet Propulsion Laboratory in Pasadena, Calif. “We hope you’ll join us in waving at Saturn from Earth, so we can commemorate this special opportunity.”

Cassini will start obtaining the Earth part of the mosaic at 2:27 p.m. PDT (5:27 p.m. EDT or 21:27 UTC) and end about 15 minutes later, all while Saturn is eclipsing the sun from Cassini’s point of view. The spacecraft’s unique vantage point in Saturn’s shadow will provide a special scientific opportunity to look at the planet’s rings. At the time of the photo, North America and part of the Atlantic Ocean will be in sunlight.

This latest image will continue a NASA legacy of space-based images of our fragile home, including the 1968 “Earthrise” image taken by the Apollo 8 moon mission from about 240,000 miles (380,000 kilometers) away and the 1990 “Pale Blue Dot” image taken by Voyager 1 from about 4 billion miles (6 billion kilometers) away.

To learn more about the public outreach activities associated with the taking of the image, visit: <http://saturn.jpl.nasa.gov/waveatsaturn> .

Dog Licensing Door to Door Checks to Start September

Pasadena’s dog owners can now license their animal companions at the Pasadena Humane Society & SPCA (PHS) effective Monday, July 1, 2013. Canvassing with door-to-door checks for proper licensing is set to begin in September.

A dog license is required by the State of California to be renewed annually along with proof the dog is current with its rabies vaccination. Rabies vaccines and certificates can be valid for one to three years. Vaccination can be obtained from the PHS or most local veterinarians.

Pasadena’s current annual dog licensing fees are \$16.07 for dogs who are either spayed or neutered and nearly double, or \$31.11, for dogs not fixed.

“Our collaboration with the Pasadena Humane Society will help improve our service to dog owners, making it easier to get a license, which will better protect the public health and safety of our residents,” City Manager Michael J. Beck said.

The state-mandated dog licensing program developed as a method of tracking rabies and protecting the public health. Dog licensing is also an invaluable and highly visual means to identify your four-legged friend if he/she gets lost, and in some cases, a portion of the fees can help support animal care programs.

“We’re happy to provide the next level of animal care for Pasadena’s dog owners,” said Steve McNall, PHS President and CEO. “Licensing your dog and keeping him or her current on their vaccines is a sure way to prevent the spread of rabies. Many people overlook the benefits of licensing your dog.”

Dog owners can bring their dog’s license application and rabies certificate directly to the Pasadena Humane Society & SPCA, 361 South Raymond Ave., Pasadena, CA 91105. The agency is open from 9:00 a.m. to 6:00 p.m., Tuesday through Friday; 9:00 a.m. to 4:00 p.m., Saturday, and 11:00 a.m. to 4:00 p.m., Sunday. They are closed on Mondays.

The City of Pasadena is now the sixth city to contract dog licensing with PHS. Other cities include Arcadia, La Cañada Flintridge, San Marino, Sierra Madre and South Pasadena. For more licensing information, contact PHS at (626) 792-7151, ext. 115, or visit www.pasadenahumane.org/licensing

For more information about the City of Pasadena, visit www.cityofpasadena.net.

Museum to Renovate Chinese Gallery



Pacific Asia Museum will begin renovations of the Ralph and Angelyn Riffenburgh Gallery, Starting July 10, as part of its continued renovation and reinterpretation of the permanent collection galleries. Currently housing Chinese ceramics, this gallery will re-open in September and feature upgraded displays for a wider variety of Chinese art.

In 2010, Pacific Asia Museum launched a long-range plan to renovate and reinterpret its permanent collection galleries with a thematic approach to significantly enhance the visitor experience. The museum successfully opened the Introductory Gallery featuring The Art of Pacific Asia in 2011 and a new Gallery of Korean Art in 2012. Through 2015, the museum will continue renovating several other galleries to reflect up-to-date scholarship and better present its permanent collection to visitors while protecting it for future generations through upgrades to climate controls, lighting and display cases.

The Ralph and Angelyn Riffenburgh Gallery has featured the Pacific Asia Museum’s significant collection of Chinese ceramics since 1999. This renovation will bring it in line with the new thematic approach in our permanent galleries, and will display a broader range of the arts of China including paintings, textiles and sculptural works, which will benefit from the state of the art improvements in climate control in the gallery.

“As China grows in importance on the international stage, it’s vital that Pacific Asia Museum works to increase cultural literacy in our community,” said Curator Bridget Bray. “This updated gallery will reflect the rich artistic heritage of China and allow our visitors to gain a deeper understanding of that culture. In Los Angeles, our significant population of Chinese and Chinese Americans makes this even more essential.”

The museum is pleased to have the support of donors including the Institute of Museum and Library Services, the E. Rhodes and Leona B. Carpenter Foundation, Margaret Leong Checca and Michael Checca, the David Kamansky Fund, Ms. Violet Ouyang, Dr. Albert Chang and Mrs. Yvonne H. Chang, Mr. and Mrs. Simon Li, and Mr. and Mrs. Kenneth K. Tang for the project, as well as the Collectors’ Circle which will make the presentation of contemporary Chinese art possible in the gallery. The inclusion of contemporary art will help execute the museum’s mission of advancing intercultural understanding in an increasingly relevant way in this global era.

Altadena Sheriff Weekly Crime Blotter

Sunday, June 9th
1:30 PM – A female (17 years old) was arrested in the 2000 block of Beverly Drive for battery after she assaulted several members of her family.

Monday, June 10th
12:15 AM – A residential burglary was reported in the 2800 block of Winterhaven Lane. Loss: Television set.
Between 6:30 AM and 5:30 PM – A vandalism occurred in the 4300-blk of Rising Hill Rd. Damage: broken living room window.
Between 9:00 AM and 2:30 PM – A residential burglary occurred in the 300-blk of E. Loma Alta Dr. Loss: television and laptop computer.
Between 11:18 AM and 12:15 PM – A residential burglary occurred in the 4200-blk of Aralia Rd. Loss: DVD player, Wii game console, iPad, desktop computer, television, jewelry.
1:12 PM – Deputies arrested suspect Dwight Ferguson (male/36 years old) at Bank of America on Lake Ave. for attempting to cash a forged check.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A327525, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

St. for domestic assault.

Tuesday, June 11th
Between 6:20 AM and 1:00 PM – A residential burglary occurred in the 300-blk of E. Woodbury Rd. Loss: jewelry and currency.
Between 11:00 AM and 11:35 AM – A vandalism occurred in the 700-blk of Figueroa Dr. Damage: vehicle paint scratched (“keyed”).
Between 11:00 AM and 2:00 PM – A residential burglary occurred in the 2300-blk of N. Windsor Av. Loss: (2) laptop computers.
11:25 PM – Deputies responded to a call of gunshots in the area of Stonehurst Drive. No suspects or victims found.

Wednesday, June 12th
Between 9:30 AM and 8:00 PM – A residential burglary occurred in the 2800-blk of Winterhaven Ln. Loss: jewelry.
5:58 PM – Deputies arrested suspect Lando King (male/28 years old) in the 2400 block of Grandeur Ave. for Criminal Threats after he threatened several neighbors.

Thursday, June 13th
Between 3:30 AM and 12:00 PM – A vehicle burglary occurred in the 2800-blk of Tanoble Dr. Loss: tool box, cellphone,

clothing.
Between 11:00 AM and 9:30 AM (Sunday) – A petty theft from an unlocked vehicle occurred in the 1000-blk of E. Mount Curve Av. Loss: wallet, flashlight, hunting knife.
Between 8:00 PM and 4:49 PM (Saturday) – A petty theft from a vehicle occurred in the 3600-blk of Monterosa Dr. Loss: black Canon camera.
11:10 PM – Deputies arrested a suspect (male/31 years old) on Windsor Ave. for possession of methamphetamine after detaining him on a traffic stop.

Friday, June 14th
1:35 PM – A residential burglary occurred in the 100-blk of W. Figueroa Dr. Loss: none.
8:12 PM – Deputies arrested suspect Osvaldo Luna (male/31 years old) for drunk in public on Figueroa Dr./Lincoln Ave.

Saturday, June 15th
4:49 PM – A theft from an unlocked vehicle occurred in the 3000 block of Monterosa Drive. Loss: Camera.
Between June 9th and June 15th there were 16 runaway juveniles reported to the Altadena Sheriff Station.

“What’s Going On?”

News and Views from Joan Schmidt



BECOMING A FRIEND OF THE DUARTE LIBRARY

Everyone in Duarte and Bradbury knows what a fine library they have. All the years I taught at Annunciation I used not only my great Live Oak Library, but also the Duarte Library for materials to supplement the classroom curriculum. It was great to read selections from *Phantom Tollbooth* and *Watership Down*; then see the movie, which was borrowed from the library as a special treat!

For fulfilling the persuasive genre of writing, I showed my Language Arts classes, a short video-Caesar Chavez’ *No Grapes*. They had to be reporters and their assignment was to convince their readers to boycott grapes!



T i m e marches on and great technological improvements happen. Now everyone *MUST* have a computer/I pad/tablet. I know grades 4 and up had to type reports, and last I heard- 7th graders had to do power point presentations! A few families actually do NOT have computers in their homes, so the public library is their life saver!

This is one of the ways the Duarte Library and its wonderful Friends come to the rescue. Their mission for 2013 is to purchase more computers and/or pads for the library. This coming week please support the **Friends of the Duarte Library and Ranchero Mexican Restaurant & Cantina, 1501 Huntington Drive, Duarte, Sunday, June 23- Saturday, June 29th for Lunch and Dinner. Just mention Friends of the Duarte Library or FDL to your waiter and part of the proceeds will be donated to the Friends.**

The Friends of the Duarte Library mission is to promote community support for the library by providing funds to supplement the purchase of books. Each year over \$6000 of new books and publications are purchased! The Friends also provide free books to children at Duarte community events. The Friends donate funding for the Summer Reading Programs for children and teens. And there are also some great adult summer reading programs. First there’s the great Adult Summer Reading Program. Not only do you win a reward and a choice of free book for completing your first review, but a choice of free book for every review submitted! Earn a chance to win other incentives in a drawing that will take place August 20, 2013. And adults, it is going to be a “delicious” summer. On **Saturday June 22, 2013, 2:00-3:00pm Bo Law teaches how to make his delicious Pineapple Bun. Saturday, June 29, 2013, 2-3pm, Mexican cooking with Chef Marco Zapien.**

How does **Duarte Library** provide these great classes/programs and their unmatched **Fall Festival of Authors**? How many other libraries can boast that they brought the late great Ray Bradbury to town in addition to showcasing dozens of authors and book signings?

I am eternally grateful to the Duarte Library for bringing a group of exceptional artists from Ranchos Los Amigos Rehabilitation Center to display their art and demonstrate their techniques. My late mom marveled at Kenneth Younger’s marbling technique, and these past twenty years, I’ve kept contact with a few of the artists.

Lastly, I would be remiss not mentioning the Friends award a scholarship each year to a graduating student from Duarte High School and Mount Olive High School. Please consider being a member of the Friends of the Duarte Library or contributing to some of their many great projects. Visit www.FriendsoftheDuarteLibrart.com.

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GARY KNOWLTON: Man of the Trees

[Nyerger is the author of “Enter the Forest,” “Self-Sufficient Home,” and other books. He teaches regular self-reliance classes and does a weekly podcast on Preparedness Radio Network. He can be reached at School of Self-Reliance, Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerger.com.]



find that it is. We need to completely re-evaluate the way we interact with nature.” He looks at the redwood tree and adds, “If trees are treated in a non-sacred way, it offends and disrespects our very source of the breath of life. We should never vandalize and mutilate trees due to some perceived hazard, or because of our perceptions of order and neatness. The new paradigm that we need is a deeper respect for the tree. If we respect the trees and treat them properly, they will give us their bounty of oxygen, and fruit, and leaf. But if we ignore their health and safety, it is always counterproductive.”

Knowlton is not an evangelist nor a shaman. He’s a La Crescenta man who’s been concerned about the proper care of trees his entire life. By profession, he does restorative work on valuable old native trees, such as oaks and sycamores, and is considered to be one of the best among fellow arborists.

He’s concerned that most of us underrate the tree, regarding it as a commodity, or worse, as a nuisance. But Knowlton sees it differently. Trees are valuable because their root systems hold the soil together, they create windbreaks, they produce massive amounts of oxygen, and they give us fruit, leaf, and wood for countless purposes. Trees provide homes for myriad forms of wildlife, making them an integral part of what Knowlton calls “the circle of nature.” When the circle is broken, he points out, nature sometimes rebels.

As part of his work, he regularly prunes trees, seeking to discover the tree’s natural shape and needs before making any cuts. “We often have to convince our customers to allow us to do what is best for the tree,” he says. “Often a homeowner will want a tree pruned in a way that is not beneficial to the tree. The homeowner may be concerned about neatness, order, lines, and appearances, but not about the needs of the tree. If we did what some customers asked, it would damage the tree and set into motion a series of unwanted responses, such as branches falling, or even the tree falling over. But a healthy tree, properly pruned to its natural shape, is actually very reliable and will be better able to survive high winds, heavy rains, frost, and drought.”

Knowlton explains that the tree fits into the intricate cycle of nature, and that most of the actions of typical “gardeners” are in ignorance of the ecology of the tree.

Knowlton prefers minimum interference, accepting the fact that nature knows what is best. “I prefer the benign neglect management style. No rake, no weedwacker, no blower. It is better to feed the fallen leaves back to the tree than to rake it up and throw the leaves away. After all, the leaves are the tree’s food. If you all allow all the leaves to remain around the base of the tree, they create a thermal barrier, and moisture stabilizer and they gradually decompose and feed the tree. This is what happens in the forest.”

He regards the use of blowers to “clean up” yards as almost entirely unnecessary since it completely ignores the cycle of nature for the questionable goal of order lines and cleanliness. “Those guys with blowers are strip-mining the soil. They are hauling away the productivity of the tree and merely discarding it as if those leaves were trash. The influence of leaf blowers on the quality of life is so great with noise and dust and the unnecessary remove of leaves that it isn’t worth having them. Leaf is not litter. It is the life of the soil. When you simply throw that away, you are taking away nutrients that should be allowed to feed the tree.”

“Too many people assume that gardeners know about trees,” says Knowlton. “Some do, but most do not. Your yard can receive a tremendous amount of damage and even dollar depreciation from such individuals. The trees’ value is based on species, location, health, and size.”

Knowlton explains that the number one cause of death of urban trees is root damage, caused by a number of ways. For example, painters will clean their brushes and pans and dump the water near the base of a tree. Sometimes trenches are dug for water or gas lines and these damage the roots. Another big culprit in the death of trees is the weedwacker. “Many gardeners trim unwanted plants from around the base of trees, and typically cut the tender trucks of the trees. This is one of the easiest ways

of killing trees. I’ve seen it happen frequently,” he says with dismay.

“The leaf blower and weed-wacker are two gas tools that we can do without,” says Knowlton.

“I try to integrate everything I do with the idea that every thought and action has an outcome. We need to take responsibility for what we set into motion. That is the way to know whether or not to take an action,” shares Knowlton. “What is the outcome if I plant this tree? What is the outcome if I cut down this tree? Am I looking forward seven generations to the consequences of my actions? This is all part of being aware of the circle of life, and being able to act with a sacred mood. We cultivate this sacred mood not simply by thinking about it, but by the way we take action,” he says. By now, he’s sounding more and more like an evangelist or a shaman.

Knowlton chooses to be a living part of the solution. He doesn’t regard any tree prunings or chips as “trash.” He uses it all.

On his backyard hillside with its 60 degree angle, he created a pathway entirely from mulch from his tree work. “There was no hardscape, no bricks, no foundation,” explains Knowlton, pointing to the hillside covered in fine wood chips. “And there was no erosion. This is how we put the mulch to work. The mulch not only completely absorbs the water from the heaviest rains, but it becomes food for earthworms as it decomposes.”

Knowlton wants everyone to see themselves as part of the intricate web of life.

“We should not break the circle of life,” he says. “We need to learn to see the circle of nature. We can interact with nature in a productive way, but we should not do so in an interfering way.”

He points out that he has used many truckloads of mulch to create his hillside pathway, and that there is also less of a fire hazard because of the mulch. In general, Knowlton advocates at least 3 to 4 inches of mulch for hillsides.

Besides chipping up wood for mulch, Knowlton tries to utilize as much of the prunings as possible. He saves hollow log sections for drums, and he has a pile of straight branches which he uses for fence staves.

Knowlton, who has some Iroquois ancestry, also has a small sweat lodge in his yard which he and his wife Angie occasionally use. The sweat lodge is a dome-shaped structure made from thin branches. They first cover it with tarp and then bring in hot rocks. When you enter the sweat lodge, it is dark, hot, and said to be very therapeutic.

“The sweat synthesizes the ancient worship and healing practices that have existed globally in the past,” says Knowlton. “Going into the sweat lodge is like a return to the dark womb, or a rebirthing of awareness of higher consciousness. We seek and find our spirituality through myriad paths. The sweat lodge is one such path.”

Knowlton and his wife experiment with solar devices and other technologies as ways to “live lightly on the earth.” They also use a wood stove which is fueled with tree prunings, and then the ashes are returned back into their soil.

Knowlton pauses and looks at his redwood tree where we began. He takes a deep breath. He puts his hand on the tree. “The tree is a great transducer of energy, of prana,” he declares. “Our salvation lies in our recognizing the value of trees, and not ruthlessly killing them,” he tells me.

You can learn more about Knowlton by going to www.treecarepruningandplanting.com.

PATRIOTIC CONCERT
FEATURING SUPERVISOR MIKE ANTONOVICH

The Southern California Mormon Choir is proud to be hosting their 28th annual Patriotic Concert, Saturday, June 29th at 7pm. The evening will include American folk music classics and American spirituals as well as featured remarks by Supervisor Mike Antonovich.

“This concert has always been a unique treat for me to attend each year. I really feel a patriotic spirit from the music and a sense of camaraderie in my community,” said Cynthia Clary, a resident of Arcadia and annual concert attendee.

The Southern California Mormon Choir is a 100-voice choral ensemble organized under the auspices of the Church of Jesus Christ of Latter-day Saints. Since its formation in 1953, the choir has been performing concerts of classical, sacred, folk, patriotic and popular choral music throughout the Southern California area.

Supervisor Antonovich has served the County of Los Angeles for over 30 years. He is well known in the San Gabriel community for his commitment to public safety, effective and responsible representation and support for small business, foster children, seniors and veterans. The Supervisor also serves on the Board of Metropolitan Transportation Authority, Metrolink (Southern California Rail Authority), Southern California Association of Governments, San Fernando Valley Council of Governments.

The concert will be held at the Church at 614 West Foothill Boulevard. (Cross street, Baldwin Avenue.) Admission and parking are free; the concert is open to the public. www.socamormonchoir.org

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ARCADIA FIREFIGHTERS FILL THE BOOT FOR MDA

By Joan Schmidt

At the recent Arcadia City Council Meeting, Megan Berry, Director for MDA presented Arcadia Fire Department with a special plaque for their participation in the recent “Fill the Boot” fundraiser. It was the first time Arcadia Fire Department participated in the event and they netted \$ 6126.65 for the special cause. Several members of the Fire Department were on hand and Firefighter/Paramedic John Ansell accepted the plaque. Ms. Berry told us that Arcadia Firefighters’ effort means “seven children will be able to attend weeklong summer camp and 39 local families will be assisted in their needs”.



To me, it is amazing that firefighters who put themselves in harm’s way any time they answer a call still have so much energy and enthusiasm to participate in community events and fundraisers that will help others. This *Fill the Boot* project began back in 1952 and has spread to include agencies throughout the country! Thank you, Arcadia Firefighters for coming on board! Everyone has heard of “Muscular Dystrophy”, but may not know exactly what “MDA” is. MDA is the nonprofit health agency dedicated to finding treatments and cures for muscular dystrophy, ALS, and related diseases by funding worldwide research. The Association also provides comprehensive health care and support services, advocacy and education. Based in Tucson, MDA has 120 local offices throughout the country, sponsors 200 medical clinics and supports more than 250 research projects around the world. Some mindboggling facts about MDA-funded research:

- disease-causing genetic mutations have been identified for most of the diseases in the program;
- clinical trials of potential therapies are under way in Duchene and Becker muscular dystrophies, spinal muscular atrophy and other diseases;
- the largest drug discovery project for ALS to date is being conducted at the ALS Therapy Development Institute.(ALS TDI);
- optimal care guidelines have been developed for several rare conditions; and
- a lifesaving enzyme replacement therapy has been developed for Pompe disease.

MDA has done *so much* for all these terrible diseases. There are many ways people can help by monetary donations and even volunteer services. Please go on line to www.MDA.org to learn more.

YOU ONLY LIVE ONCE!
FRIDAY, JULY 12TH – 5-9PM
ARCADIA HIGH SCHOOL SWIMMING POOL!

Y.O.L.O! You Only Live Once! It’s back with a summer time swing, so come down and join some of the Arcadia Recreation Department’s staff for an evening of fun at the Arcadia High School Pool, 180 Campus Drive, Arcadia for evening swim from 5-9pm. The fee is \$8 per person and includes open swim and pizza dinner. Y.O.L.O. is for middle school teens ages 11-14. Participants will have the opportunity to swim and enjoy a pizza dinner. Pizza will be served at 7pm, so please make sure you are there before then. **Advance registration is required.** Registration for Y.O.L.O. can be done on-line at www.ci.arcadia.ca.us, by fax, 626.821.4370 or by coming into the Recreation Office, 375 Campus Drive, Arcadia, CA 91007. For more information please call 626.574.5113!

CITY OF ARCADIA 2013 SUMMER SWIM PROGRAM

Get out of the heat and into the pool! The Recreation and Community Services Summer Swimming Program will be open for lessons and open swim at the Arcadia High School Pool, 180 Campus Drive in Arcadia starting Saturday, June 22, 2013. For open swim the pool will open at 1pm and close at 5pm. Walk-in, fax-in and online registration are now underway for Session I (June 17-28) swim lessons only by logging onto www.ci.arcadia.ca.us. For Session II (July 1-12) online registration for Arcadia residents begins June 21st. Walk-in registration for everyone begins June 24th at the Recreation Department located at 375 Campus Drive. No class on July 4, 2013. For more information regarding swim classes and the online and walk-in registration dates for Sessions 3-5, please call 626.574.5113.



“ROCK AND ROLL SHOW” AT
THE ARBORETUM
SUNDAY, JUNE 23, 4-7 PM

Chubby Checker, Ben E. King, and Jay and the Americans
To Perform at the 21st Annual Family Music Festival

ARCADIA -- Ready to do the twist? Bring the whole family to an outdoor concert featuring Chubby Checker (“The Twist,” “Limbo Rock”), Ben E. King (“Stand By Me,” “Spanish Harlem”) and Jay And The Americans (“This Magic Moment,” “Some Enchanted Evening”)

The 21st Annual Family Music Festival will be afternoon of music, entertainment and memories for all ages.

When: Sunday, June 23, 2013
Gates open at 2 pm; Concert begins at 4 pm
Where: LA County Arboretum and Botanic Garden
301 N. Baldwin Ave.
Arcadia, CA 91006

Admission: \$20 general public, \$14 for members of the Arboretum, Descanso Gardens, South Coast Botanic Garden and Virginia Robinson Gardens; Children under 12 free and must be accompanied by an adult.

Parking: \$10 for the Arboretum lot; \$6 for parking at Santa Anita where free shuttles will be operating to and from the Arboretum.

ANTONOVICH
CALLS FOR
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DETENTION
FACILITIES TO
REDUCE PRISON
POPULATION

LOS ANGELES COUNTY

— In response to the Federal court’s order to reduce the state’s prison population, Supervisor Michael D. Antonovich said, “While I support the governor’s decision to seek an immediate stay of the federal court’s order to release another 10,000 felons to our 58 counties, the governor currently has the ability to reduce prison over-crowding by expanding existing contracts with in, and out-of-state, detention facilities.”

“Since the governor’s shift of state felons from state parole to county probation and state prisons to county jails, the state’s crime rate has increased, according to the latest Federal Bureau of Investigation’s report issued on June 3,” he added.

Arcadia Police Blotter

For the period of Sunday, June 9th, through Saturday, June 15th, the Police Department responded to 981 calls for service of which 135 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 9:

1. Around 1:38 a.m., an officer was dispatched to the Entrance Lounge, 80 West Live Oak Avenue, in regards to a battery that just occurred. As two couples were walking through the parking lot, they were approached by ten suspects, possibly Vietnamese, who attacked them and vandalized their vehicle. One of the suspects pointed a gun at the victims and also brandished a knife. The suspects stole one wallet and two purses. Arcadia Paramedics responded to the scene, but the victims declined treatment and were uncooperative with the investigation.
2. Just after 3:50 a.m., an officer conducted a traffic stop on a vehicle for making an illegal right turn onto Foothill Boulevard, from Baldwin Avenue. The officer discovered the driver was under the influence of an alcoholic beverage. The 27-year-old Hispanic female was arrested and transported to the Arcadia City Jail for booking.

Monday, June 10:

3. At approximately 3:46 a.m., an officer was dispatched to a residence in the 200 block of Santa Cruz Road in regards to a 9-1-1 hang-up. The officer made contact with a subject standing outside the residence, and discovered he was highly intoxicated and unable to care for himself. The 39-year-old Chinese male was arrested and transported to the Arcadia City Jail for booking.
4. Just after 11:10 p.m., an officer conducted an enforcement stop on a vehicle for expired registration in the area of Baldwin Avenue and Las Tunas Drive. An investigation revealed the 30-year-old Hispanic male had a suspended license. He was cited, released in the field, and his vehicle was left legally parked.

Tuesday, June 11:

5. At about 7:26 a.m., an officer observed a truck with an obstructed license plate and initiated a traffic stop in the area of Peck Road and Goldring Road. A vehicle search revealed the driver was in possession of marijuana and numerous items of stolen property including gift cards, two iPads, an iPhone, and other people’s credit card information. The 44-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
6. Around 9:12 p.m., an officer responded to the 1000 block of Volante Drive in regards to a residential burglary report. Three unknown suspect(s), two males and one female, forced entry through a bathroom window and ransacked the residence. They stole a safe containing jewelry and numerous coins. Video surveillance showed the suspects fled in a dark colored four-door sedan and they appeared to be in their late teens to early twenties. Further investigation is being conducted by the Detective Bureau.

Wednesday, June 12:

7. Just before 4:00 p.m., an officer made consensual contact with a subject on the northeast corner of Huntington Drive and San Raphael Drive. The officer discovered the subject was under the influence of a controlled substance. The 35-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
8. Around 6:20 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft that had just occurred. The victim accidentally left her cell phone on a table in the food court area. Shortly after, a security officer saw a subject approach the area and take the phone. The 18-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Thursday, June 13:

- At about 11:37 p.m., officers responded to a residence in the 2000 block of South Second Avenue in regards to an unknown juvenile in the back yard. When officers made contact with the subject, they discovered he was bleeding from the head. Arcadia Fire responded to the scene and transported the juvenile to Huntington Memorial Hospital for treatment. An investigation revealed that while the juvenile and his friend were trespassing, his friend struck him in the head with an unknown object and fled the location. The victim would not reveal his friend’s identity.
9. Shortly after 11:40 p.m., officers were dispatched to a residence in the 500 block of East Norman Avenue regarding a home invasion robbery. After the suspects fled the location, one of the victim’s broke free from his restraints and called 9-1-1. An investigation revealed at least three suspects entered the residence through an unlocked back door and used at least two handguns to direct five victims into the kitchen. The victims’ hands were bound with zip ties and they were blindfolded with duct tape. Two male victims were assaulted with repeated punches and kicks. The suspects were inside the home for over one hour, ransacked the entire residence and the victims’ vehicles, and fled with several items of property.
- Suspect one is described as a Black male, approximately 30-years-old, 5’10” tall, 175 lbs., with a thin goatee, wearing a black hooded sweatshirt over his head and dark grey cotton gloves. Suspect two is described as a Black male, in his early twenties, 5’9” tall, 180-200 lbs., wearing a black hooded sweatshirt over his head. Suspect three is described as a White male, approximately 25-years-old, 5’10” tall, 150 lbs., with blond hair, also wearing a black hooded sweatshirt.
- Officers recovered evidence from the scene and further investigation is being conducted by the Detective Bureau.

Friday, June 14:

10. At about 2:49 a.m., an officer responded to a traffic collision on Duarte Road, east of Second Avenue. A driver fell asleep behind wheel and started drifting lanes. The vehicle collided with a curb, struck a palm tree, and finally came to a rest after hitting a light pole. No injuries were reported.
11. Just after 5:30 p.m., an officer responded to the area of Baldwin Avenue and Duarte Road in regards to a report of a man covering his vehicle’s license plate. Officers located the vehicle and made contact with the driver, a 26-year-old male of unknown race, and passenger, a 27-year-old White female. An investigation revealed the suspects had just stolen from Pavillions, 745 East Naomi Avenue. The driver provided false information and had three outstanding warrants of which two were no-bail felony warrants. Both suspects were arrested and transported to the Arcadia City Jail for booking.



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Sierra Madre, Ca.

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MONROVIA AREA PARTNERSHIP GRADUATES 23 NEW YOUTH LEADERS



On Tuesday, June 18, the Monrovia Area Partnership program graduated 23 new Youth Leaders to the program. These leaders will go on to volunteer and play a greater part in the Monrovia community.

Congratulations to: Alexander Antezana, Gwendolyn Macias Michael Poole, Justin Castro, George Manning, Ana-Alicia Reyes, Alfonso Delgado, Derek Ngo, Malik Robinson, Bryson Drayton, Gabriela Orrego, James Smith, Chad Gledhill, Erika Paulan, Joseph Spicer, Rosemarie Hernandez, Shaiyanne Perry, Ryan Su, Sanaya Kateli, Nitjasin Quach Phylak, Dylan Vigil, Priscilla Lopez, and Akasin Quach Phylak.

BROWN BAG WORKSHOP: ADDING YOUR PERSONAL BRAND TO RESUMES THAT LAND INTERVIEWS

The Monrovia Public Library will host this timely workshop on Wednesday, June 26 from 11:30 a.m. – 1:00 p.m. in the Community Room. The Library is located at 321 S. Myrtle Avenue in Monrovia's Library Park.

Thorsten Hoins provided a guide to creating a personal branding statement in his June 19 Brown Bag Workshop. For job searchers, this personal brand is your unique selling proposition and your job search mission statement – highlighting what employers want.

Bring a copy of your resume and learn how to incorporate your unique selling proposition in a resume that lands interviews.

All attendees receive an annotated webliography of resources and a list of suggested print resources in the Monrovia Public Library.

Registration is encouraged. Visit www.monroviapubliclibrary.org and click on the calendar icon. Click on the event to sign up. No Internet? Stop by the Adult Reference Desk or call 626-256-8274. Walk-ins welcome.

Wednesday, June 26
Library Community Room
6:00 p.m. to 7:30 p.m. Free



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MONROVIA COMMUNITY WILDFIRE PROTECTION PLAN MEETINGS SCHEDULED

The Monrovia Fire Department has scheduled neighborhood meetings for each of the fire hazard zones located within the Community Wildfire Protection Plan area

Fire Zone East:
Sunday, June 23, 3-4:30p.m.

Fire Zone East-Central:
Tuesday, June 25, 6:30-8p.m.

FOR YOUR CALENDAR - MONROVIA

Tuesday, July 2, 7:30 p.m. City Council Meeting
Friday, June 14, 6:30 p.m. Battle of the Badges, PD vs FD Basketball Game; MHS
THURSDAY, JULY 4 – 4TH OF JULY; CITY HALL, CORPORATE YARD, COMMUNITY CENTER & LIBRARY CLOSED
Thursday, July 4, 3 – 8:30 p.m. 4th of July Festivities & Concert, Library Park
Thursday, July 4, 9 p.m. 4th of July Fireworks Show, Library Park
Saturday, July 27 9-3 p.m. E-Waste Recycling Event, Monrovia Park N Ride (Corner of S. Myrtle Ave. & W. Pomona Ave.)
Sunday, July 28, 9-3 p.m. E-Waste Recycling Event, Monrovia Park N Ride (Corner of S. Myrtle Ave. & W. Pomona Ave.)

MONROVIA SUNDAY MORNING FARMERS' MARKET

That's right- it's back! From 10am - 2pm on Myrtle Avenue, shop for fresh produce at the Sunday morning Farmers' Market in Old Town Monrovia.

Your Ad Could Be Here!

Call Patricia at 626-818-2698

Monrovia Police Blotter

Monrovia During the last seven-day period, the Police Department handled 537 service events, resulting in 91 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

Vehicle Burglaries

On June 17, several vehicles were burglarized during daytime hours. In all of the burglary incidents, the suspect(s) smashed a window on the vehicle to steal property that was left inside. The burglaries occurred in the 100 block of McKinley, 500 block of West Palm, and three vehicles in 1100 block of Sesmas. It is unknown if these burglaries are related. During the burglary on McKinley, a neighbor observed the crime. The suspect smashed the left rear passenger window, reached in and stole an empty neoprene headphone case. The suspect then fled in his vehicle south on McKinley, out of sight. The suspect in that incident is described as a male White in his twenties, 5'8" tall, 170 pounds, short blond hair, wearing a light colored T-shirt and baggy shorts. The suspect vehicle is described as a newer model, 2-door, import-type vehicle, possibly a Honda or similar make. The investigations are continuing.

Burglary

June 17 at 7:24 a.m., a burglary was reported at a construction site in the 1600 block of South California. Suspect(s) forced open two metal storage boxes. The suspect(s) unhooked the transmission linkage on a truck parked in front of the boxes, moved the truck, and then removed a very large roll of copper wiring with a value of over \$10,000. They cut the wiring into smaller pieces to remove it more easily. A pry tool was used to enter the boxes, as the locks were in place. Chainsaws and other tools were stolen, also. The investigation is continuing.

Grand Theft

June 18 at 2:36 a.m., a grand theft was reported in the 100 block of California Street. The victim is doing construction at a church. At 10:00 p.m., he took his tools and material from his truck and pulled down the sliding door, but did not lock it. When he returned to his truck at approximately 2:30 a.m. and lifted the door, he noticed several large spools of copper wire were missing. The investigation is continuing.

Grand Theft

June 18 at 10:18 a.m., police responded to the report of a grand theft in the 800 block of West Walnut. The suspect(s) took tools from the victim's backyard and the bed of his truck. The investigation is continuing.

Residential Burglary

June 18 at 3:14 p.m., a burglary was reported in the 1300 block of South Fifth. The residents left around noon and returned home three hours later to find their home had been ransacked. The suspect(s) used the rear door to enter the house. The only known loss was cash. The investigation is continuing.

Distracted Driving / Suspended Driver's License / Warrant – Suspect Arrested

June 18 at 3:39 p.m., an officer observed a driver talking on her cell phone while driving and stopped her. Through investigation, he determined she had a suspended driver's license and had prior knowledge that her license was suspended. She had numerous failures to appear for court and an outstanding warrant. Her boyfriend is the registered owner of the vehicle, and he told the officer he knew she had a suspended license. The female driver was arrested, the registered owner of the car was cited, and the vehicle was stored.

Warrant for Hit & Run Traffic Collision – Suspect Arrested

June 19 at 4:29 p.m., a male suspect wanted for felony hit & run by the Monrovia Police Department walked into the police lobby and turned himself in to police; He was arrested. The hit and run incident occurred on June 14 at 3:41 p.m. A red pickup truck was southbound on Mayflower and turned into the path of a vehicle that was pushed onto the front yard of a residence on Diamond. The suspect vehicle fled the scene of the accident, west on Diamond to Los Robles, where the driver and passenger abandoned the vehicle. As the driver and passenger were fleeing from the vehicle, a witness took their picture with a cell phone. Officers recognized the passenger from the photo and went to the passenger's residence. The driver was identified and a warrant was issued for his arrest.

Detective Bureau Case Follow-Up

Felony Vandalism Charges Filed

On May 28, a subject who has been arrested multiple times for vandalism, assault, and other crimes was arrested again for felony vandalism at a business in the 600 block of West Huntington for destroying property. After evaluating the suspect's progressive behavior and the police department's extensive history with him, the District Attorney was compelled to file the charge of felony vandalism against him.

Burglary Suspects Charged

On June 8, a boyfriend/girlfriend team who had made entry into a number of storage units at a storage facility in the 1100 block of South Fifth was arrested for burglary. The subject that reported the break-in provided the license plate number of a truck that was involved. When officers arrived, both the suspects and the truck were gone. The next morning the suspects returned and were detained and arrested by police; a large amount of property was recovered and held for observation. Search warrants were served on the suspects' apartment and on their own storage facility in Arcadia. The male suspect, who is on parole, was found to be in possession of 22 firearms.

MONROVIA CLASSES FOR SENIORS

AARP 55 – Alive Mature Driving Course

Thursday, July 11 and Friday, July 12, from 9 a.m. to 1 p.m. at the Community Center. The two-day course will focus on current driving laws and provide participants with helpful hints to improve their driving skills. FEE: \$12 for an AARP member and \$14 for a non-member; payable by check only to AARP. Reservations must be made in advance, please contact (626) 256-8246.

Weekly senior stretching and exercise class.

NEW TIME every Monday at 2 p.m. at the Community Center.

The fee for the approximately one hour class is \$2, and includes stretching techniques geared toward seniors over 50.

Active Adults Stretching & Walking Class

Every Friday at 9 a.m., at the Community Center, \$2 per class.

The class meets for approximately one hour and begins with stretching followed by a walk around Old Town Monrovia. Participants are encouraged to wear comfortable clothing, and bring a towel and bottle of water.

Monthly Blood Pressure Screening, 50 years +

The free program is hosted by Methodist Hospital, and is offered on the second Tuesday of the month, from 9:15 a.m. to 10:15 a.m., at the Community Center.

Weekly Social Crafter's Class, 50 years +

The program is free and is held every Wednesday, from 12 p.m. to 3 p.m., at the Community Center. This program is designed to provide social opportunities while crocheting or knitting.

Monthly Afternoon Movies and Munchies at the Library

Last Friday of each month at 12 p.m. in the Library's Community Room.

This month's movie will be screened on Friday, June 28, featuring a British comedy-drama film about a home for retired musicians that is soon to play host to a new resident, an eternal diva and the former wife of one of the residents; starring Maggie Smith, Tom Courtenay and Billy Connolly. Can you guess the movie? This program is free and open to Monrovia seniors 50 years and older.



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This material was made possible by funds through the Proposition 99 Tobacco Tax Initiative
from the California Department of Public Health/ California Tobacco Control Program

ALVERNO SENIORS ARE "OFF TO GREAT PLACES"

Forty-seven Alverno seniors celebrate a moment four years in the making



Sierra Madre, CA – On Friday, June 8, Alverno's Class of 2013 took their final walk across the Alverno terrace as part of their graduation ceremony. Their graduation served as Alverno's 50th commencement exercises and they now join the more than 4,200 Alverno alumnae who have graduated from Alverno since the school's founding in 1960.

After their final walk as students, the Alverno seniors were seated for the last time on Alverno's "Senior Steps." These are the stairs on the Alverno terrace where the seniors have bonded, created memories, and enjoyed the final moments of each other's company over the past year—an important part of their final year at Alverno.

Following a welcome and invocation, Co-Salutatorians Lindsay Fisher and Ileana Vior made their address to their fellow graduates. Both Salutatorians will be studying at schools in the Los Angeles area the fall; Lindsay, who will attend Occidental College, will major in history and Ileana, who will be attending Loyola Marymount University, plans to major in business. During their address, Lindsay and Ileana took the time to remind their classmates of many of the memories they created, the friendships they have built, and the challenges that all of them have overcome.

The salutatorian address was followed by a speech from Cleo Wong, the Class of 2013 Valedictorian. In her address, Cleo spoke on many of the memories her class has shared over the past four years and her hope that these would be memories that lasted a lifetime. She thanked her classmates for the impact they had made in her life and encouraged them to continue to be who they are.

In closing, Cleo quoted a few lyrics from "We're All In This Together" from High School Musical, which has been an important theme for this senior class during their years at Alverno. Cleo will be attending UC Berkeley in the fall where she will be majoring in biology.

During the graduation ceremony, Alverno graduates were also recognized for their academic achievements at Alverno and the scholarships they had been offered by various colleges. More than 100 scholarships were awarded to the 47 members of the Class of 2013 from among the 150 colleges to which they were accepted. In total, more than 350 awards were received by the 47 seniors at graduation.

Alverno's commencement speaker was Ada Gates Patton, female farrier and owner of Harry Patton Horseshoeing and Farrier Supplies. In 1978, Ada became the first woman farrier licensed to shoe thoroughbred horses in the United States and Canada. During her speech, Ada discussed her own challenges of being a woman in a "male profession" and many of the hardships she faced along the path to success. She congratulated each of them on their incredible achievements and encouraged them to continue to work towards their goals because they can be accomplished. Today, Ada is the official horseshoe inspector for the Pasadena Tournament of Roses Parade and an inductee into the American Farriers Hall of Fame. She congratulated each of them on their incredible achievements and encouraged them to continue to work towards their goals.

Graduation ended with a time-honored Alverno tradition, the singing of the Alverno

Alma Mater. However, as new alumnae the graduates were no longer able to hold up their four fingers to represent their status as seniors but had to hold up one to represent that brand new beginning awaiting them as college freshmen.

"This senior class was filled with incredible young women with a multitude of talents and ambitions," said Ann Gillick, Head of School. "Tonight, they joined the ranks of the more than 4,200 young women who have graduated from Alverno over the past 50 years. Among them are future doctors, lawyers, teachers, mothers, and so many other things; however, most important is that all Alverno alumnae and each of these new graduates was empowered by their experience at Alverno to become exactly the person she wants to be."

About Alverno High School

Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,100 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

PASADENA SUMMER YOUTH CHAMBER ORCHESTRA

"PSYCO"

Conductor: Dr. Paul J. Sherman
PRESENTS

THE YOUNG ARTIST'S CONCERT

Daniel Hsiao, Violist
Vera Hong, Violinist
Justin Cheung, Cellist
Eva Polgar, Pianist

SATURDAY, JUNE 29, 2013 at 7:30 PM
LAKE AVENUE CHURCH (in the chapel)
393 N. LAKE AVE., PASADENA

Program

"An Italian Girl in Algiers" by Rossini
Concerto in G for viola by Telemann
1st movement of Concerto #9 in A minor for violin by de Beriot
1st movement of Cello Concerto in E Minor by Elgar
Piano Concerto #2 in A Major by Liszt

admission free

Concert made possible in part by the Pasadena Arts & Culture Commission and the City of Pasadena Cultural Affairs Division and funds received from Tournament of Roses ©Foundation



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SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528

E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

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(626) 795-6981 Website: www.pusd@pusd.us

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234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

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325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

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1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show MAN OF STEEL REVIEW



Having not seen any of the previous Superman movies, I went into 'Man of Steel' with high hopes. Christopher Nolan did an excellent job with the Dark Knight and the trailers made it seem like he did the same thing for Superman. And, in fact, he did.

After being sent away from his dying planet Krypton, Kal-El (Henry Cavill) must take on the role of a human being. He blends in with us until he grows up. When an ancient chunk of ice is unearthed, he and famous reporter Lois Lane (Amy Adams) are drawn together. Kal-El finally learns

of his past and the truth about his race, but the evil General Zod (Michael Shannon) appears from the ruin of Krypton with a vengeance that brings Earth to its knees.

This film is just an all around wonder. Not only is the casting perfect but the story flows flawlessly with only few slow spots. Both acting and screenplay are accompanied by great CGI and an absolutely gorgeous score. 'Man of Steel' is the perfect way to kick off the summer movie season.

Happy Tails

by Chris Leclerc



The most gratifying aspect of being a dog walker and pet sitter is benefiting from the nurturing relationships that I get to have with the many four-legged furry friends who appreciate my presence and are more than willing to show it in a variety of ways. There is nothing quite like walking into the front door of a client's home and having their dogs come running to greet me with open elation and affection. As soon as I step over the threshold, they come to welcome me with what I like to call 'canine choruses'.

Like humans, each dog has his own unique vocal tone, and when two or more dogs are "singing" together, in their excitement to see me, I hear nothing but happy harmony coming sincerely from their happy hearts. For some folks, loud dog barking may come across as an annoying noise, but if the context of the tune is a healthy one, such as a warm greeting of a beloved friend, and if you listen closely enough to hear that greeting, you cannot help but

where I am standing, they begin their routine of sniffing every part of me, as if to check the news report and get the scoop on my most recent comings and goings. Finally, they commence covering me with sloppy doggie kisses, and I let them.

I love how my canine clients are able to freely express themselves with their eyes, with their voices and with their body language. They unguardedly reveal their deepest feelings with full faith and no sense of fear. Unlike we human beings, dogs are quite capable of knowing who they can trust, and when they find trustworthy individuals, they open up their hearts in a way that a human would most likely deem too vulnerable and become guarded and take caution.

Within moments, after the excitement of my initial arrival finally fades, we exchange cuddly hugs, and I begin my part of the dialogue. I ask them what they have

CHARLIE BROWN - The 'Canine Clown'

appreciate the sound of a content canine chorus.

Once the songs are sung and my dog clients have made their way across the living room to the entry

been up to since our last visit, and they appear to listen, or at least appreciate the tone of my voice. Sometimes I think they even want to respond, and perhaps they do respond in their own ways. This may sound rather silly to someone who does not spend a lot of time with animals, but believe me when I say it doesn't take a crazy (or eccentric) person to understand the loving language of a dog.

Among the many cuddly canines I am blessed to spend time with, is one very special chocolate lab named "Charlie Brown", or "Charlie" for short. Charlie is quite the character! What makes him so special and remarkably different from all the others is his ability to spring straight up into the air with apparently very little effort, when he gets excited. This characteristic is amazing to me, because Charlie is a pretty big dog. He is about three feet tall while standing on all four legs, and probably weighs at least 80 or so pounds, but he is able to lift his body to the height of my chest in a split second, by pushing away from the floor with his feet. It seems to take very little effort on his part and it can come as a real surprise to someone who is not expecting it.

Now that I know Charlie well

enough to be aware of how he will react when I arrive to walk him, I prepare myself for his reaction, and I am careful to protect my chin from possibly being bumped by the top of his head when he springs upward! While he is 'bouncing', a lot like "Tigger" (the character from Winnie the Pooh), he is also singing his version of the canine chorus, with his very high pitched tone, which says to me; "You have no idea how happy I am to see you - I love you so much!". If I am having a bad day, one thing I know I can count on is that it will get better when I receive that grateful greeting from Charlie. He is like a welcome wagon of wiggling waggling love and for me that is full-on fur therapy!

Like many other dogs I know, Charlie shows his affection by smiling. OK, well he may not even realize that he smiles, but I certainly can see it. Between the elated look in his gorgeous golden eyes, and that wide-open clean-teeth grin, Charlie has found his way into the deepest parts of my human heart.

If all these things were not enough to convince me of how special Charlie is, his funny, frenzied antics and hilarious habits are just so entertaining, that sometimes I find myself bent (cont. on page B3)

PET OF THE WEEK

KEIFER: #A4588228

Meet Keifer (A4588228)! Keifer is a social butterfly of a five year old brown and black neutered male Yorkshire Terrier/Cairn Terrier mix who was found in Altadena on June 6th and brought to the Baldwin Park Shelter. Weighing fifteen pounds, Kiefer will walk well on leash, as long as there isn't a better opportunity somewhere else, and he is very well socialized. Fantastic with other dogs, we think he will be very good with children. Keifer brightens up the room with his presence and will make an outstanding indoor companion for anyone in any living situation. To watch a video of Kiefer please visit: www.youtube.com/watch?v=y2U2DVRZ58E



To meet Keifer in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Keifer, please reference his animal ID number: A4588228. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Keifer or the adoption process, please contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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2nd Quarter Construction Update – 2013

Southern California Edison's Tehachapi Renewable Transmission Project Segments 6-9 & 11

Project Update — Southern California Edison (SCE) contractors are continuing construction-related activities along portions of Segments 4 – 11 of the Tehachapi Renewable Transmission Project (TRTP). Upon completion, the project will provide added capacity to deliver enough power from renewable and other generators to power three million homes, helping enhance electricity reliability in the region and helping to meet California's renewable energy goals.

Construction Activities — Upgrades to the electrical system during the next three months will include the following:
(Please note construction schedule is tentative and may change depending on weather and other factors)

Segment 6:

(Northern Duarte and the southern portion of Angeles National Forest)

- Access road improvements
- Installation of foundations for new electrical transmission structures (towers), including site preparation
- Installation of new electrical transmission structures utilizing both conventional equipment and helicopters
- Installation of new electrical transmission wires (conductor)

Segment 11:

(Between La Canada-Flintridge and Pasadena)

- Installation of new electrical transmission wires (conductor) on existing 220kV structures (helicopter work)
- Installation of new electrical transmission structures (towers)
(Near Goodrich Substation in Pasadena)



Questions?

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TIPPING - THE REFRESHER COURSE

(While Mr. Dills is on vacation!)

Let's review my previous columns on tipping:

If you're not sure of the percentage to tip, just double the tax. That usually makes everyone, including your server, happy. Remember, the server doesn't make the food; so if the food wasn't so hot, but the service was accurate and speedy, don't penalize the server. You must tip for service. One last reminder - - kids! If your kids make a mess (sometimes they do) leave the busboy a few extra bucks. Come on don't be cheap; servers rely on your generosity to earn a living.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

I think you'll agree that we all work hard for our money and sometimes it's hard to part with it on tips. But, believe you me, the best places to tip are the places you go to most often - your favorite car wash/restaurant/hotel. Remember we are rewarding those who take care of us.

Speaking of Hotels here are a few suggestions for tipping at your favorite Hotel. On a recent stay at the Ritz Carlton here are few of my recent tips.

Hotel Concierge: If the concierge arranges for tickets to a local show or a sporting event I suggest a \$10 to \$20 gratuity, depending on the venue. Restaurant reservations outside the hotel, usually \$10 will be appreciated.

Room Service: In many hotels the tip is added to the bill. However depending on speed of service add another \$2. I usually leave \$10 for the cleaning person if I left a bit of a mess.

Bellhop: \$2 per bag and an extra \$5 if they arranged for ice or glasses to be sent to your room.

Pool Attendant: A nice chair and a towel, I tip \$3 to \$5 for this service.

Club/Concierge Level Captain: Many of the better hotels offer Concierge Level; I always tip at least \$5 per attendant.

Hotel Valet: Hotels charge between \$15 and \$25 for in and out privileges for their guests. At the end of your stay, \$10 is suggested. The Valets usually pool the tips.

Yes - I know that's a lot of tipping, but trust me if you plan on returning you will be treated like royalty!!! If you have your own tips on tipping e mail me: thechefknows@yahoo.com.



INGREDIENTS:

- 2 (8 or 9 inch) white cake layers, baked and cooled
- 2 pints fresh strawberries
- 1/4 cup white sugar
- 1 pint fresh blueberries
- 2 bananas
- 1/4 cup orange juice
- 1 (3.5 oz) package instant vanilla pudding mix
- 2 cups milk
- 1 cup heavy whipping cream
- 1/4 cup blanched slivered almonds
- 12 maraschino cherries

DIRECTIONS:

1. Slice strawberries and sprinkle them with sugar. Cut the bananas into slices and toss with orange juice. Combine pudding mix with milk and mix until smooth. Cut the cake into 1 inch cubes.
2. Use half of the cake cubes to line the bottom of a large glass bowl. Layer half of the strawberries followed by half of the blueberries, and then half of the bananas. Spread half of the pudding over the fruit. Repeat layers in the same order.
3. In a medium bowl, whip the cream to stiff peaks and spread over top of trifle. Garnish with maraschino cherries and slivered almonds.



THE WORLD AROUND US

Looking Up with Bob Eklund



ALIVE ON A PALE BLUE DOT

On July 19, NASA's Cassini spacecraft will be turned to image Saturn and its entire ring system during a total eclipse of the Sun, as it has done twice before during its 9 years in orbit. But this time, the images that will be collected have been specifically designed for something very special. They will capture, in natural color, a glimpse of our own planet next to Saturn and its rings, taken from nearly a billion miles away.

"It will be a day," says Cassini imaging team leader Carolyn Porco of the Space Science Institute in Boulder, Colorado, "for all the world to celebrate."

"Ever since we caught sight of the Earth among the rings of Saturn in September 2006 in a mosaic that has become one of Cassini's most beloved images, I have wanted to do it all over again, only better," says Porco. "And this time, I wanted to turn the entire event into an opportunity for everyone around the globe, at the same time, to savor the uniqueness of our beautiful blue-ocean planet and the preciousness of the life on it."

Porco was involved in co-initiating and executing the famous "Pale Blue Dot" image of Earth taken by NASA's Voyager 1 from beyond the orbit of Neptune in 1990.

The intent for the upcoming mosaic is to capture the whole scene, Earth and Saturn's rings from one end to the other, in those particular camera filters—red, green and blue—that can be composited to form a natural color view, or what human eyes might see at Saturn. It also includes imaging the Earth and the Moon with the high-resolution camera, something not yet done by Cassini.

Three years ago, Porco and her staff members at CICLOPS began carefully examining Cassini's planned trajectory for the remainder of its Saturn mission in search of the best time to image the Earth when it was unobstructed by Saturn or its rings, and when there weren't other pressing scientific observations that rendered the idea impossible. Imaging any planetary body close to the Sun necessitates doing so when the Sun is completely blocked, so that no undiluted sunlight can enter the cameras or other Cassini instruments and damage their sensitive detectors. Such opportunities during Cassini's orbital tour are rare.

When all was considered, the best time for this event was found on July 19, 2013. For several hours on that day, the spacecraft was once again going to be in Saturn's shadow. Unlike previous images of Earth by NASA interplanetary spacecraft since the days of Voyager, this will be the first time the world's people will know ahead of time that their picture is being taken.

"My sincere wish is that people the world over stop what they're doing at the time the Earth picture is taken to revel in the sheer wonder of simply being alive on a pale blue dot of a planet, and to appreciate the ever-widening perspective of ourselves and our world that we have gained from our interplanetary explorations," says Porco.

"We are dreamers, thinkers, and explorers, inhabiting one achingly beautiful planet, yearning for the sublime, and capable of the magnificent," she adds. "Let's celebrate that, and make this one day a day the whole Earth smiles in unison."

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



Solar System Simulator v4.0

This graphic shows the view of Earth and the portion of its surface that will be illuminated during the Earth imaging event on July 19, 2013. In both the final composited mosaic of Saturn and its rings, and in the high resolution narrow angle camera images, the illuminated portion of Earth will be no more than one pixel wide. Credit: NASA/JPL-Caltech

HOW TO CHOOSE A HOME STAIR LIFT

Dear Savvy Senior:

My wife is having an increasingly difficult time going up and down the stairs in our house. We are interested in purchasing a stair lift, but aren't sure what to get or where to look. Can you help us? Need a Lift

Dear Need:

A good home stair lift is a wonderful solution for seniors with mobility issues who have trouble with steps. A stair lift will carry your wife up and down the stairs in a safe seated position, giving her easy access to the second story or basement level of your home. But with so many options available how do you choose one that best meets your needs and budget. Here are a few shopping tips along with some good companies that offer them.

Types of Lifts

There are two basic types of stair lifts that are sold today: straight and curved. The type you need will depend upon the design of your staircase.

A straight stair lift is one that travels in a straight line up a flight of stairs uninterrupted by landings, bends or curves, and costs between \$3,000 and \$5,000 installed. Curved lifts, however, are much more elaborate and will go around corners, bends and changes in direction. Curved lifts are also much more expensive typically running between \$10,000 and \$15,000 or more depending on the complexity of the installation.

Also available through certain companies are weatherproof lifts for outdoor steps, and standing stair lifts (also called perch lifts) for those who have trouble bending their knees.

You also need to know that all stair lifts mount to the stair treads, not to the wall, so they are very sturdy and can be installed in almost any home.

If your wife is a large person, you may need to get her a heavy-duty lift with a wider seat and bigger lifting capacity – all companies offer them. Or, if she's tall, find out about raising the seat height during installation.

Most stair lifts available today also have seats, armrests and footplates that fold up out of the way, and swivel seats that make getting into and out of the chair easier. They also come with standard safety features like seatbelts, breaking systems and footrest sensors, push-button or rocker-switch controls located on the armrest for easy operation, and "call send" controls which allow you to call or send the unit to the other end of the stairs. Make sure the lift you choose has all these features.

Depending on the company, you may also have the option of choosing between an electric (AC) and a battery powered (DC) stair lift. Battery powered units charge at the base station (some recharge anywhere on the track) are quieter, smoother and better than electric lifts, and will work even if there's a power failure in the home.

Where to Shop

While there are many companies that make, sell and install stair lifts, the most respected in the industry are Bruno (bruno.com, 866-345-7537) and Stannah (stannahstairlifts.com, 800-877-8247), followed by Harmar (harmar.com, 800-833-0478) and Sterling (handicare.com, 866-276-5438).

Unfortunately, Medicare does not cover stair lifts, but many states offer Medicaid waivers that will pay for lifts to those that qualify, and the VA offers cash grants to veterans with disabilities for home safety improvements.

To save some money, you may want to consider purchasing a used or refurbished model. Or, if you need a stair lift for only a short period of time, consider renting one. Most companies offer these options, and many offer financing programs too.

To get started, contact some stair lift companies who will put you in touch with a dealer in your area. All dealers provide free in-home assessments and estimates, and can help you choose an appropriate lift.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE TseThis and That

"Fish!" and Other Advances in Civility!

I have no complaints about my job. Heck, I'm grateful just to be employed! There are many people on staff, and quite a few I hardly know because we rarely work together. Although no one has a particularly bad attitude, there isn't really much camaraderie between coworkers. Since our boss is retiring and a new guy is coming in, two of my coworkers and I decided now would be a great time to introduce a plan to improve the emotional climate of our workplace!

We didn't have a real "plan," but Bruce (not his real name) offered to bring in a book he'd received at a professional development training. Oh no, I thought! There are few experiences more boring than staff development trainings! Granted, there've been the exceptional few speakers who've inspired me to give a shot at whatever they were suggesting. But those were the exceptions.

I recalled my mom telling me about when her school attempted to adopt Stephen Covey's 7 Habits of Highly Effective People. Don't get me wrong, I totally agree with the habits he recommends, such as taking responsibility for your actions rather than blaming others, being proactive, and communicating respectfully. Covey is essentially marketing basic manners of civility your parents should have taught you. It's kind of like another "breakthrough" literacy program they adopted that included a diagram of two intersecting circles called "The Double Bubble Map." I'm sorry, but that's a Venn diagram. If you're going to use it, at least give Venn credit!

Such thoughts were running through my mind when Bruce let me borrow his copy of Fish! A Remarkable Way to Boost Morale and Improve Results by Stephen C. Lundin, Harry Paul, and John Christensen. And I must say, reading it was a pleasant surprise. The Fish! "philosophy" started with the fishmongers at Pike's Place Market in Seattle. Could you imagine a more laborious, mundane existence than lugging around heavy, frozen fish? Yet, in this unlikely environment, the

workers decided to rise above their circumstances and treat the customers, and each other, with sincere respect and compassion -- and they even have fun doing it! Other businesses asked them what made their fish company so exceptional. The fishmongers distilled their philosophy down to four principles: Be there, Make their day, Choose your attitude, and Play. The first two principles stress the importance of selflessness, thinking of the other person first. You respect others by making time to give them your undivided attention. You also empathize with others by striving to encourage them, even if that means just holding the door open and smiling.

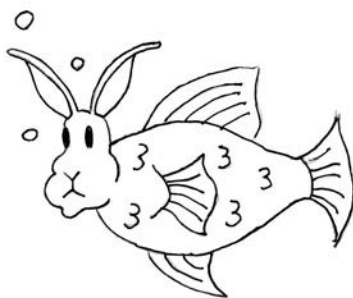
Like Covey, these concepts are nothing new. Also, I really can't critique Covey's work, because I haven't read it. I'm only going off my mom's account of practicing the 7 Habits. One of their exercises involved sitting in a circle and passing around a "talking stick." Each staff member was given one to keep. They looked like small, ornately carved totem

poles (talk about marketing!). I'm sure Covey's 7 Habits are all admirable, but one of the beauties of Fish! is its brevity (the film is only 18 minutes long) and simplicity (4 principles versus 7).

In the end, any "training" of this sort is going to be, at least partially, "preaching to the choir." The people who are already putting others before themselves and showing compassion

will feel validated. For others, if they didn't learn basic manners as children, no amount of educating is going to change them. And then there are the people who will adopt these principles almost by osmosis when they see others doing so. Thank God that there usually aren't very many people in the second group!

Really, an even simpler version of all this can be summed up in "Do to others what you would have them do to you." This may sound similar to older spiritual teachings such as to not cause harm, steal, or do anything you wouldn't want someone to do to you. Living by those principles, you would not steal or do hateful things to others. In contrast, living by the former principles, you would give to others and find ways to show your love for them. Jesus had it right the first time.



SENIOR HAPPENINGS

By Pat Birdsall

FYI - SUMMER-TIME ADVICE STRAIGHT FROM THE PAGES OF AARP

- 1) Tote Your Shade: Parasols are making a comeback, this time with added UV protection. Even an umbrella can block more than 75% of the UV light.
- 2) Blow Bugs Away: Mosquitos are drawn to your breath. To deflect them, create a patio breeze with an electric fan.
- 3) Shun Pesticides: Herbs such as dill, cilantro and mint, and flowers like zinnias and cosmos, keep garden pests at bay.
- 4) Lose the Straw: Pina Coladas are delightful, but pursing your lips too often as you sip can exaggerate fine pucker lines.
- 5) Sweeten up Naturally: Summer's fresh fruits make this the perfect season to cut back on unhealthy levels of sugar.
- 6) Undo Sun Damage: Cell-repairing veggies like tomatoes and broccoli "can help counteract the effects of ultraviolet rays" on your skin, says dermatologist Ava Shamban, M.D., author of *Heal Your Skin*.

HELPFUL HINT: Ladies, short on closet space? Line up shower curtain hooks on a closet pole to hang your handbags. Gentlemen, need a Flathead Screwdriver and you can't find one? Basic power plugs usually fit medium and large-sized screws.

FOR YOUR FUNNY BONE

A man walks into a restaurant with a full-grown ostrich behind him. The waitress asks them for their orders. The man says, "A hamburger, fries and a Coke, and turns to the ostrich, "What's yours?" "The same says the ostrich." A bit later the waitress returns with the order. "That will be \$9.40 please," and the man pulls out the exact change for the payment. The next day, the man and the ostrich come in again and the man says, "A hamburger, fries and a Coke." The ostrich says, "The same." Again the man reaches into his pocket and pays with the exact change. This becomes routine until the two enter again. "The usual?" asks the waitress. "No, this is Friday night, so I'll have a steak, baked potato and a salad," says the man. "Same," says the ostrich.

Shortly the waitress brings the order and says, "That will be \$32.62." Once again the man pulls the exact change out of his pocket and places it on the table. The waitress can't hold back any her curiosity any longer. "Excuse me, sir. How do you manage to always come up with the exact change every time?" "Well, says the man, several years ago I was cleaning up the attic and found an old lamp. When I rubbed it, a Genie appeared and offered me two wishes. My first wish was when I had to pay for anything, I would just put my hand in my pocket and the right amount of money would be there." "Brilliant!" says the waitress. "So what's with the ostrich?" The man sighs, pauses and answers, "My second wish was for a tall chick with a big rear end and long legs who agrees with everything I say."



HAPPY BIRTHDAY! ... June Birthdays

Nellie Haynes, Dorothy McKay, George Enyedi, Theresa Daley, Ann Dugerman, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Mary Carney, Ann Disbrow, Joan Ellison, Ruth Kirby, Irene Kudirka, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Halcyon Koerber, Jacque Persing and Jeanne Peterson and Grace Sanders.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week: "Laughter is an instant vacation." ~ Milton Berle



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: On the 2nd Tuesday of the month 11:00 am-12:00 pm: A nurse from Methodist Hospital, Arcadia volunteers to do the readings. No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: Every Wednesday morning from 11:00:30 am to 11:15 am. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Geoffrey Chin volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must!** Please call: 626.355.7394 to make yours* *Conflicting court schedules can occasionally cause cancellations.*

Lunch and Learn: Wednesday, June 26th, 12:15 to 1:00 pm

Come listen to the great services offered by Humana, a widely known company throughout our community and the country. Their motto entails: "Healthy People, Healthy Planet, Healthy Performance." They promote seniors and their well-being.

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "**celebration.**" (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card... For more information call Pat Birdsall at 626.355.7290.



UPCOMING EXCURSIONS:

Museum of Contemporary Art (Los Angeles)
Date: Friday, June 28, 2013
Time: 10:00am -2:30 pm
Meeting Location: Hart Park House Senior Center
Cost: \$25.00 (does not include lunch)

Founded in 1979, MOCA is the only museum in Los Angeles devoted to exclusively to contemporary art and is committed to the collection, presentation and interpretation of work produced since 1940 in all media. The educator-led guided tour highlights the various exhibits in a fun and exciting way as well as provides the most information about MOCAA's collection and current exhibitions. It is recommended to bring \$10-\$15 for lunch.

Save the Dates!

Friday, July 12, 2013- Pageant of the Masters (evening excursion)

Friday, August 16, 2013- USS Iowa (San Pedro)

Registration can be done in person at the Hart Park House Senior Center & Community Recreation Center or online at www.cityofsierramadre.com Cash, checks and credit cards are accepted. Make checks payable to "City of Sierra Madre." Payment must be made at the time of registration.

Senior Movie Program: FREE movies are chosen by the seniors themselves and shown on the 1st and 3rd Wednesdays of the month in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. ~ Start time is 1:00pm ~

June 19th: Age of Champions (2011)

Sponsored by Humana: This is the award-winning documentary follows five competitors who sprint, leap and swim for gold at the National Senior Olympics. You'll meet a 100 year-old tennis champion, 86 year-old pole vaulter and rough-and-tumble basketball grandmothers as they discover the power of the human spirit and triumph over the limitations of age. Not Rated Start time: 1:00 pm (run time is 75 minutes)

SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 8:00pm every Wednesday in fall and winter. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

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THE TALK OF THE TOWN: WATER CONSERVATION



SATURDAY, JUNE 15, 2013

RESULTS OF THE SPECIAL CITY COUNCIL MEETING ON MANDATORY WATER CONSERVATION



The Sierra Madre City Council held a special City Council meeting on Tuesday, June 19th to address water customers concerns with the mandatory water conservation measures adopted on May 28, 2013. The major outcome of the meeting was the decision to consider an amendment to the Water Conservation Ordinance which, once formally adopted, will institute summer and winter conservation targets rather than an annual target. The amended Water Conservation Ordinance is scheduled for the City Council's July 9, 2013 agenda.

The Summer and Winter Conservation Targets will each encompass 6 months (3 billing cycles). Each water customer's use will be averaged for each of these periods to determine the customer's average usage and seasonal conservation target. This will result in less variation in the "service target" during rainy months or extremely hot months.

As a part of the amended water conservation ordinance, the Council also provided direction to amend the Multi-Unit Residential and Commercial Unit Conservation Goals to take into consideration the number of units in the complex. The Council is also asked that the drafted amendment remove Code Sections 13.24.140(C) and 150 which calls for the mandatory installation of a flow restrictor for any customer who violates the ordinance more than twice; however, the financial penalties will remain. The Council also asked staff to return to a future meeting with a report regarding implementing gray



Resident's reactions to the new restrictions have varied dramatically. Above, Councilman John Capoccia has killed their front lawn and will be replacing it with drought tolerant plants. Below left, another resident, for unknown reasons, placed his sprinkler in the street at 2:45 pm on the day of the special meeting. Numerous neighbors and passersby called city officials because of their concern for what appeared to be the blatant disregard for the city's diminishing water levels.

Photos by S. Henderson/MVNews

water systems as a condition of new development approvals. In the meantime, the Council has tasked the City's soon to be established Energy, Environment and Natural Resources Commission to provide a recommendation regarding the possible future use of flow restrictors. Addressing long term conservation measures will be one of the Commission's primary goals over the next year.

What Comes Next?

The City Council is scheduled to consider the revised Water Conservation Ordinance at the July 9, 2013 City Council meeting. If adopted, City staff will re-calculate the seasonal conservation targets and mail out revised conservation target notices to all water customers. Everyone will need to take a pro-active approach to conserve

water in order to reduce the amount of water used this summer. The City is working in conjunction with the San Gabriel Valley Municipal Water District on extensive water conservation outreach throughout the community. A water supply "thermometer" will be placed in Kersting Court and updated weekly to illustrate the current underground water levels. Light pole banners encouraging residents to "Know Your H2O" and to be "H2O Heroes" will be hung in mid-July. Coming this summer and early fall, do-it-yourself videos will be available and workshops will be held on how to conduct your own water audit, the right amount of irrigation, and create your own xeriscaping.

For more information on how you can conserve or on the mandatory conservations measures, please visit www.cityofsierramadre.com.

Letters To The Editor: WATER WISE HABITS

By J. Gilroy, Sierra Madre

Adapting a water-saving way of living over time is much easier than one might think—because it literally is just a matter of thinking it through. Now that the City of Sierra Madre has imposed new limits on all of its residents, this new way of thinking has become necessary. There are no ifs ands or buts in the new regulations given that the threat of water restrictors is looming over us. For those of us who have been conservative in our water usage already, some of the tips (such as fill a drinking cup when brushing teeth) may seem as though they are for amateurs—but don't mock it—many just haven't thought about it and it's never too late.

This is what I have developed personally: most of the list is that which I have practiced for many years, some of it has come more recently. All of it will help to reduce water consumption and for those who need to look for aggressive ways to cut (those who have been practicing conservative measures already) this is a good start, and for those who have not been conservative, this is also a good start!

Some of the recommendations are straightforward—other recommendations may require a bit more open-mindedness. Americans are obsessed with sanitation, and this may cause a lot of unnecessary water wastage.

KITCHEN:

-Keep a large Pyrex measuring cup (I have an 8-cupper on the stove) handy...more on this below.

-When boiling or steaming vegetables, do not put salt in your water. Not only is it better for you from a health standpoint, but you can now use that water for plants—not only does it give them the water they need, but it bears a lot of nutrients from the vegetables that plants like. Drain the veggies over the Pyrex—it can handle the boiling water and can cool just sitting out on the stove, for example.

-When washing dishes by hand, give all the dishes a quick rinse, then lather up all the dishes with the water turned off, and finally, pile them together for rinsing—this will already partially rinse those dishes that are underneath. During WWII in Europe, hand washing the dishes was as follows: wash the least soiled dishes first (glasses, utensils), then the more soiled dishes next (plates, pots, etc), that way, the water used for rinsing the cleaner dishes can now be used for washing those more soiled.

-Keep a small basin with water near the sink and when you need just a quick rinse of your hands, you can dip them in. Obviously, this is not appropriate when dealing with meats—for that, you do need to wash hands completely. But if all you need is a quick rinse of the hands, then use a small basin instead of running the water each time.

-If you are waiting for the water to warm up, don't let perfectly good water just run down the drain—fill up that Pyrex or basin while warming up the water.

-I even reuse my water glass a couple of days in a row—after all, it's just water!

BATHROOM:

-Ditto on that last one for the kitchen, except that we keep a pretty, decorative pitcher in the bathroom: If you are waiting for the water to warm up, don't let perfectly good water just run down the drain—fill up the decorative pitcher or basin while warming up the water.

-We installed a water restrictor on the showerhead and soap up without running the water. Not only was it so very easy and inexpensive, but also it saves a huge amount! I should also mention that you can actually get through life without having to shower daily. Cut back—use baby wipes, wash your face, whatever needs doing, but you can get by.

-Flushing the toilet can take up to 27% of water usage in a household, so it is important to think up new ways to help with water conservation, especially since we do not have a grey-water system

here in Sierra Madre. If you don't have a low flow toilet—you might want to use the "2Ps to a Pull" (otherwise known as "yellow? let it mellow" mantra) method that has been practiced in areas where water conservation has been important for years. I recommend putting a small amount of bleach and doing a scrub in between a bit more often than once weekly if using this practice.

-Perhaps a controversial practice in the US, is one that is encouraged in parts of the world where one wouldn't think water conservation is necessary (such as Brazil and Denmark, although other countries where water conservation is pivotal also promote this) and that is urination in the shower. There are rules, however! Please follow them if you use this practice. See this link for the rules: <http://www.guardian.co.uk/lifeandstyle/2009/aug/06/peeing-in-shower-rules>) That said, your sweat contains a certain amount of the same substance as urine (urea), so what's the difference? Urine is also considered sterile (unless you have an infection), and is even considered helpful for those with athlete's foot or nail fungus...just the same, you might wish to consider getting a Daily Shower Spray to put around the bottom of the tub.

Governments of several countries have even taken to the airwaves and television to encourage this practice inasmuch as it saves a flush (http://www.designtoimprovelife.dk/index.php?option=com_content_custom&view=article&id=589&... or <http://www.ctvnews.ca/shower-relief-dirty-habit-or-green-and-clean-1.743367> or http://www.cbsnews.com/2100-501370_162-5214517.html).

In the first link, the author writes: Peeing in the shower is no more smelly or disgusting than peeing in the toilet. It all goes to the same place. The only difference is that the shower flushes it down with water that was going to be used anyway, while a toilet flush uses (drinking!) water that could have been saved, and that is where you are going to save some water and money. (Also, you're saving on toilet paper, which is both expensive and disposable.)

Your water savings will depend on how many people live in your home and how much water your toilets use. If you are in Northern Europe, there are generally three different types of toilets: 12 liter (3.17 gallons) flush toilets (oldest), 9 liter (2.37 gallons) flush toilets (older) and modern 2-flush toilets (3 liters and 6 liters/ 0.79 gallons and 1.58 gallons). So if you have a family of 5, using modern toilets, you would save 8,200 liters (2,174 gallons) per year if everyone peed in the shower once a day (4.5x5x365). If you have older toilets, the savings can be over 20,000 liters (over 5,283 gallons) a year, but at that point you would probably save more money by buying newer toilets.

So it should be considered.

GARDEN/YARD/LAWN

This month I completed my Lawn-Be-Gone Project. Perhaps this is something many of us should undertake given how much lawns consume in water. I'm not recommending that you have no lawn at all—especially if you use it for lounging, playing with the kids, the dog...but, if it's just there to be visual and not getting used, why keep it? Why not make it into something that also has pleasing visual satisfaction such as flowering drought tolerant plants which are a beautiful alternative? Or you could grow some fruit trees which will give fruit and shade and keep the cooling benefits that the lawn provided. Maybe you already have a good shade tree—why not build a front deck or patio where the "former" front lawn was? There are many ways to create a living privacy wall and suddenly you will have an outdoor room added on to the front of your home.

I've been disappointed to see how many local residents don't know how to water their yards in Southern California. We are not like the vast majority of the country which needs to water in the morning—we should be watering in the evening, when the sun goes down. This will help with water retention and allow it to soak in overnight. You will use less water since there will be less evaporation occurring. Try this and you will see results. So many of the garden books are written for the majority of the country which has humidity problems—if they watered at night, they would have leaf spot, fungus, moss growth and other humidity related problems. We have evaporation problems due to low humidity—so switch to watering at night and you won't have that. You will be able to eliminate a day of watering and lower the number of watering minutes that way—greatly reducing your water consumption. If you see that you have

the problems listed above such as moss growing, that means you are watering too much—or if you chose to have moss and it is still green and growing, you chose a plant intended for Ireland, and we live in the desert.

-Check your irrigation system before you put it on night watering. You want to make sure that you have no leaks, no overspray, and no poorly aimed sprinkler heads. If you don't know how to fix it, get help—ask someone who does (go to Arnold's Hardware—they have everything to fix those types of problems and they can explain how to do so). Take a picture of what you have/what the problem is and find the solution at the hardware store.

I've installed all drip irrigation and it allows me to aim very precisely at that which needs watering. Talk about reducing water consumption—remove the lawn and plant drought tolerant plants with precisely aimed drip irrigation! If you see water on the sidewalk, the curb or flowing down the street, your water is not properly aimed. Concrete does not grow and needs no watering, aim the water towards your plants and don't overwater.

-Reduce the number of potted plants you own—they dry out much more quickly than those which live in the ground.

-Mulch mulch mulch. Start with a weed blocker mat which will help reduce the number of weeds that can get through (thus eliminating the need for toxic weed killers, too). It still allows water in. After installing the weed mat, cover with bark mulch (or other mulch) and this will further help with water retention for your plantings.

CAR WASHING

Don't do it yourself—it uses valuable drinking water. Use the car wash—they recycle their water AND it supports a local business!

MY WATER! MY WAY!

Deanne Davis, Sierra Madre

What shall I do with my water today?
Sprinkle the street in my usual way?
If I ignore this problem, it might just go away,
And I can go on in my usual way!
And maybe, just maybe it will rain today.

What will I do with my water today?
Take a shower that lasts for an hour... or more?
This talk about shortages is just such a bore!
It's my water! My water! To use in my way!
And maybe, just maybe it will rain today.

They say that the water is going away.
Well, that's not gonna happen this week, or today.
So I'll just continue living my life my way!
I'm going to water my lawn, it's so dry.
And if somebody wants to complain, let 'em try!

I'm brushing my teeth, and the water is running!
Gallons escaping, right down the drain!
It's my water! My water! I like brushing that way!
I'm going to use my water... my way!
And maybe, just maybe, it will rain today.

The rain didn't happen, the mountains are dry.
Our reservoir's about to pump dust!
We don't like to make changes, we're happy our way.
But maybe, just maybe, we must!
Because it's not, it's just not... gonna rain today.

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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



OBAMACARE & COVERED CALIFORNIA

It's almost impossible to get the real scoop on what the Patient Protection and Affordable Care Act (PPACA). Many embers from the political firestorm that preceded the federal statute signed into law by the President on March 23, 2010 continue to burn. Whether we like it or not, a new day has dawned with the most significant government expansion and overhaul of the U.S. healthcare system since the advent of Medicare and Medicaid in 1965. Coupled with The Health Care and Education Reconciliation Act (which was introduced to amend PPACA), the ultimate goal is to increase the affordability and access to health insurance for Americans, while reducing overall healthcare costs for everyone, including individuals and the government.

Commonly referred to as "Obamacare," this nationwide system includes mandates, subsidies and tax credits to encourage everyone to get on board. Obamacare is for us today, what Medicare and Medicaid were to the country in the 60's – something new, untested and filled with lots of uncertainty, however, the country survived and those programs have become a

part of our national health infrastructure. The uncertainty fueled by the unknown of how Obamacare will impact the pockets and choices of individuals and businesses has many people on pins and needles as they await unwelcomed change being forced upon them. Fortunately, there is sufficient information available to provide questions to many of the unknowns, with more to follow in the upcoming months.

California is among the states leading the charge as one of the first in the nation to establish the statewide Exchange of major insurance companies to offer Qualified Health Plans. A lot of work has been done to lay the groundwork for the January 1, 2014 date that triggers the requirement for every American to have health insurance, and there is a lot more work to do. If you're among those interested in facts, as opposed to unfounded rumors and opinions aligned with political agendas on either sides of the aisle, there are tax-funded resources readily available.

Obamacare is being administered and implemented through the state-operated

California Health Benefit Exchange (HBEX) established for this purpose. Visit the website at: <http://www.healthexchange.ca.gov> or www.hbex.ca.gov. Information and links to PPACA legislation, related California legislative actions, minutes and webcasts of HBEX monthly board meetings are available at this site.

"Covered California" is the HBEX brand and health insurance enrollment conduit developed for consumer use. The www.CoveredCA.com website offers a great overview and details regarding how this federal program will be implemented through the end of 2014. The homepage features a link to the latest news regarding the program in California, as well as an online calculator that allows visitors to calculate the projected costs of health care premiums based on their annual income and the size of their households.

More to share on this important topic in the upcoming months, but if you want to know what's really happening, you can start with a perusal of www.CoveredCA.com.



5 WAYS TO USE HASHTAGS ON FACEBOOK

We'll be seeing a lot more of the # symbol on Facebook. When users include a phrase or word with a hashtag (#) in front, it will now be clickable (for example #royalbaby). When you click on a hashtagged phrase it will take you to a feed that includes all of the posts from others using that same hashtag. In other words, it groups a conversation about a specific topic from all users and pages on Facebook.

Here are 5 ways for businesses to leverage the new Facebook hashtag feature:

1. **Follow trending topics.** Search or click on hashtags to do research and get trending news on different topics. You might find interesting posts that you can share with your audience or get insight into what your competitors are doing.
2. **More Visibility.** Include hashtags in your posts so you can extend the reach of your messages and gain more brand visibility. Just make sure that your post "fits" the hashtag topic.
3. **Find your audience.** Discover and network with new people and businesses who share interests or who are part of an industry. Hashtags will allow you to build your audience around specific topics.
4. **Join conversations.** Search for hashtags that make sense to your business and engage with these posts by "liking," "commenting," or "sharing" them.
5. **Come up with your own hashtag.** Create a unique hashtag for your business, service or product and promote it. Make sure you research to see if it is already being used.

Stay tuned! Rumor has it that Facebook will also be introducing trending hashtags soon. This will make it even easier to join in the conversation.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies. They are known for providing valuable information at their Social Media and Email Marketing classes. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

IT ALL ADDS UP

As you search and tour homes that appeal to you, how can you be sure that the asking prices are in line with current values? Begin by asking your real estate agent to collect comparables and prepare a Comparative Market Analysis (CMA). This report indicates market trends by showing whether similar homes in the area are selling for above or below the asking price of the home(s) you've selected.

Using the comparables that your agent researched, you'll be able to figure the average cost per square foot for the area, and determine if the home you want compares favorably with those figures. Total the square footage of several homes and divide by the number of homes to get an average. Total the "sold" prices of each home and divide by the number of homes to get an average selling price.

Now, divide that average selling price by the average square footage to produce the average price per square foot for homes in the area. When you multiply that average price per square foot by the square footage of the home you want, you'll discover how your choice compares, and then you'll know if you're looking at a fair price.

Other factors like the seller's motivation or urgency may also affect your offer, so talk to your agent about that CMA and take the next step!



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HAPPY TAILS (continued from page A9)
over and rolling on the floor in a good gut laugh just from watching him be himself. That is why I call Charlie a 'clown'. For example, during a recent walk he noticed a concrete deer standing on the porch of a nearby neighbor's house. At first glance, he did not react, but once the vision registered in his head, he suddenly stopped in his tracks and began to point his tail and nose in the direction of the statue. Within seconds, he was springing straight up into the air, the way he does when he is excited, and singing his high-pitched tune at the top of his lungs. I could tell he wanted to take pursuit and run after the faux creature, thinking it was indeed a real deer, but instead he looked up at me as if to ask, "should I stay or should I go?". Well, I have

to say I could barely contain myself when I saw that look on his face. He truly thought that the statue was a live animal and he so wanted to run after it, but he knew he would have to ask permission first!
On several occasions during our walks, Charlie has shown interest in protecting his live-in sister, Chata. Chata, a gorgeous golden American bulldog terrier is much older and way more aware than Charlie, and she is very protective of Charlie's welfare while we are out and about, but because she is also very sweet and loves her little brother, she allows Charlie to play the protective part. Chata is nowhere near as big as Charlie, but she is very wise and assumed the position of mentor to Charlie from the day he joined their family as a puppy. The two of them get along famously, much in the way we humans would like to think

we do. Now and then, Charlie rubs his head against Chata's velvety neck, just to remind her that he is watching out for her, and pleased with her presence. These are the gestures that speak louder than words, and can only be portrayed by a loving, caring canine.
How lucky am I, to spend my days hanging out with such loving four-legged furry friends as Charlie, Chata and all the other canine clients I know? Yes, I suppose I could go back to being an employee in the corporate world and work hard to gain my employer's recognition and make more money, but no amount of fortune or fame could ever compete with the love I get to share with the animals, and I hope to remain occupied with this bit of business for the rest of my life!



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5. Your digestion and elimination will improve. We twist in yoga for a reason! Even very gentle twisting and folding helps.
6. It brings a smile to your face. This can be contagious, and it can transmit the love you feel.
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13. People come to yoga to GET flexible, no flexibility needed when we start.
14. Gained Flexibility. Yoga lubricates the joints and stretches the muscles & ligaments allowing us to move more freely.
15. Yoga strengthens the back and spine, hopefully helping to prevent injury.
16. Yoga brings awareness to us. With this awareness, we become more aware of others and aware of the WORLD.
17. It cultivates patience and tolerance. We first learn this with our own bodies, then it begins to grow.
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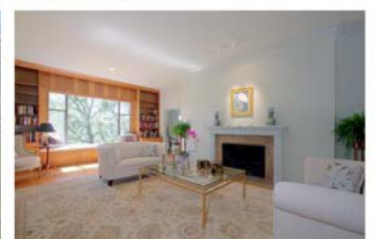
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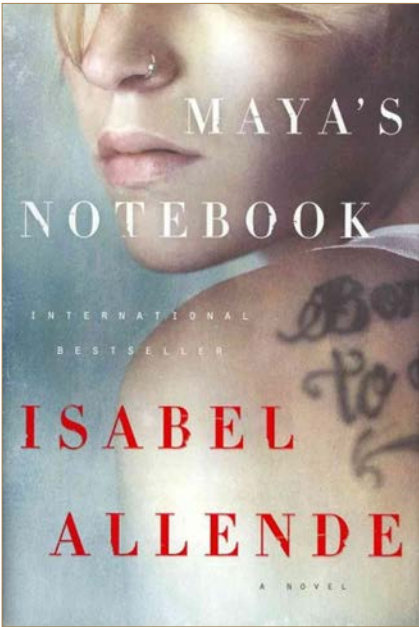
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This material was made possible by funding from the Department of Health and Human Services through the Los Angeles County Department of Public Health.

JASMINE’S CORNER

Book Reviews by Jasmine Kelsey Williams



Maya’s Notebook: A Novel
By Isabel Allende

Our next choice for the summer was one that was provided as a recommendation to me, and it is worth the read as it is a wonderful choice for any summer reading list. “Maya’s Notebook” by Isabel Allende appears to be a passionate but raw and straightforward tale of our protagonist 19-year-old Maya Nidal and her journey to understand herself, her family, and her future. Even as early as the first few chapters, readers will be able to pick up a strong, yet reserved tone from Maya and how she recounts to her tale of how she has ended up in her current predicament. The story and plot focus on how Maya starts her life with her grandparents, but then derails and she loses her way after her grandfather dies. After this occurs, Maya turns to drugs, alcohol, petty crime, and turns instead to an unusual gang of so-called friends dubbed “The Vampires” which all slowly drags her into a downward spiral that slowly ends out in Las Vegas. As it becomes more difficult for Maya to find her path again, she becomes even more ensnared with a dangerous underworld of warring forces that all pursue her.

Becoming desperate, Maya turns to her grandmother Nini, who aids Maya escaping to the coast of Chile, where Maya slowly starts to make sense of her past, her future, and gradually discovering the truths and secrets of her family. Allende’s words work their magic in their own unique way, giving readers a first person perspective on Maya’s trials and tribulations, giving a rather turbulent account of a personal history a strong and somewhat adventurous undertone.

Readers in their teenage to early adulthood years may be able to connect with Maya by relating her accounts to personal experiences as well. Copyrighted in 2013 and receiving praise from Entertainment Weekly, People, and Boston Globe, “Maya’s Notebook” is an excellent choice for those who seek adventure, discovery, and even enlightenment.



SEAN’S SHAMELESS REVIEWS:

EMPIRE OF THE SUN

After a five-year gap, electronic pop aficionados Empire of the Sun are back with a more polished sound than ever. Their new record, “Ice on the Dune” is a luminous, often beautifully crafted pop effort. Duo Luke Steele and Nick Littlemore bring everything to the table with a richly layered, elegiac pop sound. The songs here have quite a bit of depth and Steele’s vocals have the ability of hitting you straight in the heart. “Ice on the Dune” specializes in dance beats, falsetto vocals, and razor sharp choruses. The first of the half of the record really shines with “DNA” and “Alive” both providing sugary sweet synths and summery pop energy. However, toward the later half of the album, the glow fades a bit. The second half is still somewhat enjoyable, especially with standout track, “I’ll Be Around” but this portion of the record is not nearly as stimulating as the first half.

Since the time between the debut, “Walking On A Dream” and “Ice on The Dune” was so long, this endeavor was surely a laborious one. The record starts off with “Lux,” which displays an epic, grandeur movie soundtrack entrance. It’s a sign that Empire of the Sun is back and to listen up. This is after all a music act that’s sports an outlandishly empyrean outfit on stage. So they definitely have the capability of being overblown. All distractions aside, the duo knows how to elevate the energy to a maximum level. “Alive” is clearly the song of summer. With incredible beats, intoxicating choruses that you’ll find impossible not to sing along to, and an overall warm feel to compliment the time of the year, “Alive” is one of the band’s strongest and most significant tracks. “Concert Pitch” keeps the high tempo alive as being another infectious pop tune that’s meant to be played while driving with the windows down. Title track “Ice on The Dune” continues this trend of super catchy songs that incorporate a deeper resonance than other bands driven by this similar synth-pop style. Empire of the Sun make it possible for dance music to mean something more than just having quick beats, but also including a heartbeat to go along with it.

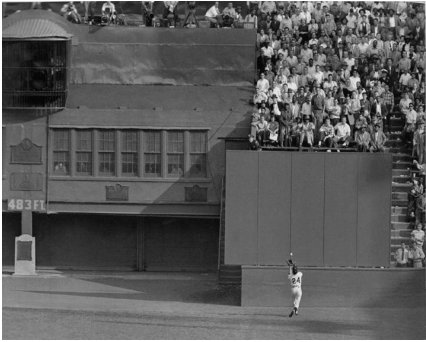
Artist:	Empire of the Sun
Album:	Ice of the Dune
Label:	Astralwerks
Release Date:	June 18th, 2013

If the other tracks on “Ice on the Dune” are influenced by the 80s, then “I’ll Be Around” leans more toward 70s soft rock. In vein of Fleetwood Mac, the song has a certain mystic glow to it as it gently sails from start to finish. There’s something indelible about the arrangements as “I’ll Be Around” clearly is the bands most sensitive and personal track on the record. As some of the later tracks blend together with similar sounds, I feel the listening experience may benefit more from breaks between hearing a few songs and going onto the next couple. I say this because toward the end, the magic, while still apparent, doesn’t offer to many new tricks. It’s fine since the opening act was quite magnificent. Sadly, the closing ceremony finds a bit of rehashing or the same tricks packaged differently. Overall, “Ice of the Dune” is a completely welcoming album from a band, which I thought threw in the towel. However, they clearly were working on something much more ambitious than I could have ever imagined. While not everything here is faultless or memorable, there are enough spectacular songs here that can make you forgive Empire of the Sun for those tracks that clearly don’t live up to the rest.

Grade: 7.8 out of 10
Key Tracks: “DNA”, “Alive”, “Ice on The Dune”, “I’ll Be Around”

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 55 W. Sierra Madre Blvd., No. 302, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Letters to the editor and correspondence should be sent to:

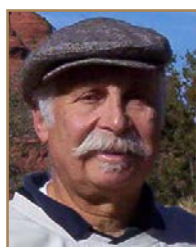
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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

STUART Tolchin.....On LIFE



IMAGINATION AND HOPE GOT ME THIS FAR - WHERE DO I GO FROM HERE?

Before I even write this piece I want to warn you that I do not intend to conclude with one of my standard "EVERYTHING IS GOING TO BE ALL RIGHT" final paragraphs. Let's face it, everything isn't going to be all right---nobody, including you and me, gets out alive.

Right now I am writing in great pain because I twisted my knee playing golf. How do you twist your knee playing golf you are probably wondering? Well it happened like this. Last Thursday I played eighteen holes with my old friend the Coach and his son. The Coach is sort of a symbolic figure for me. When I first moved into Sierra Madre's Canyon, thirty five years ago, he lived with his beautiful or at least semi-beautiful girl friend and her beautiful ten year old daughter. When I first moved up here I knew absolutely no one who didn't live in West LA, Fairfax or the San Fernando Valley. Those were safe Jewish upper middle-class neighborhoods that were kind of suffocating. Those were the kinds of places wherein people worried about what pre-School their kids would get into and the worrying didn't stop until the kids dropped out of College and told their parents that they never felt cared for and felt that they were just kind of trophy kids.

I knew that these areas were not right for me and when I left my marriage I moved to the Boardwalk in Venice right on the Ocean. I lived in a studio apartment on the fifth floor in a Building called the Tombs. This was a tribute to Charley Manson who allegedly once lived there. Now the building is called the Morrison Hotel because Jim Morrison (you know the Doors) lived there when he wasn't living on the beach.

One day the smog cleared (there really was dense smog in those days) and behold there were mountains a few miles North of El Monte where my office was located.. After work I just drove up Santa Anita, passed the famous race track, followed a car up the hill to a street called Mountain Trail (what a wonderful name for a street) Just like this month the trees on Mountain Trail displayed a brilliant purple. Who needs Jim Morrison; I could be happy here.

Okay, now I was living in Sierra Madre among the trees and flowers (also windstorms, fires, and Earthquakes); but I had no one to talk to. My son, after telling people that he

was moving so that he could help his father (I think he was 7 at the time) was productively enrolled at the special Mary Ann Frostig School just a couple of miles away. The hermit guy had become a quasi-permanent resident in my house after I got a television. Actually he lived across the street and one day I say this beautiful girl cutting his hair. Really she was more than quasi-beautiful and I realized that she was the next door neighbor who belonged on top of the wedding cake. At that time Sierra Madreans made a few extra-dollars by doing and selling things to one another.

I imagined that if he could be friends with these people so could I. The next time I saw the Bridegroom on the street I walked up behind him, squeezed his arm and said "You're the type of guy I can beat at anything." This guy, the 6 foot four former Detroit Tiger and future Cal Tech baseball Coach just looked down at me and laughed. Nevertheless, we began a series of Sports contests which included sports like tennis, racket ball and ping pong that has lasted for twenty five years.

I bring you now to this past Thursday. My neighbor has long ago broken up with his companion from atop the wedding cake and has married another beautiful girl who also had a son from a prior relationship. Even though we were using electric carts I could tell that they were annoyed that I walked so slowly. When my ball went into the sand trap and I followed it in I had trouble climbing out and I left huge indentations in the sand and probably did an inadequate job of raking. How can this be?. The Coach and I have watched thirty years of Super Bowls together and now even he doesn't want to play with me anymore. Am I to be isolated again?

The next day I practiced a new powerful swing beginning my downswing with my left knee. By the time I got home my right knee was killing me and I had to go to the emergency room at Kaiser for diagnosis and pain relief. Is this The End? (Remember Jim Morrison, maybe I need him.) This is my present dilemma. Certainly I understand that No one Gets Out Alive but am I ready to give up and become an isolated, immobile old man? As I said at the very beginning there is no easy answer; but if you stop by the Pasadena Senior Center in the middle of the week you may expect to see a dynamite player at the table now coming into his own. At least I imagine he will be soon there.

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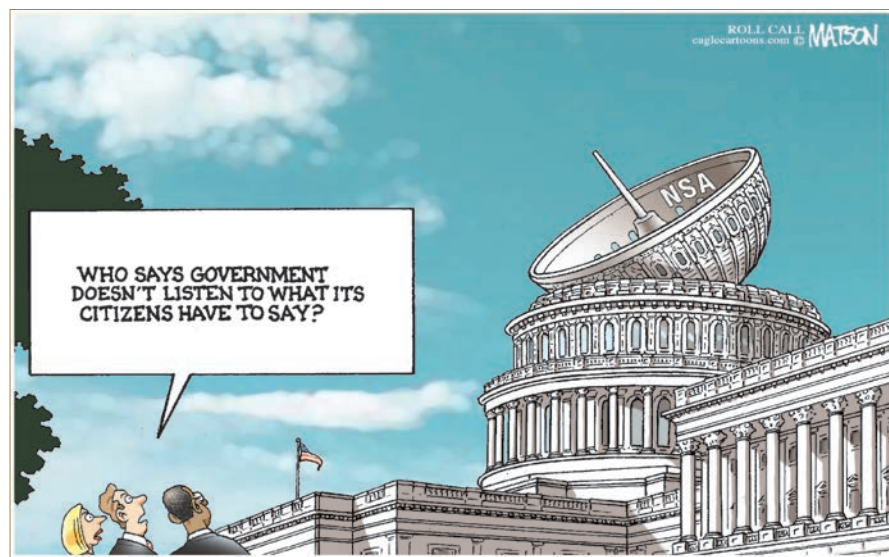
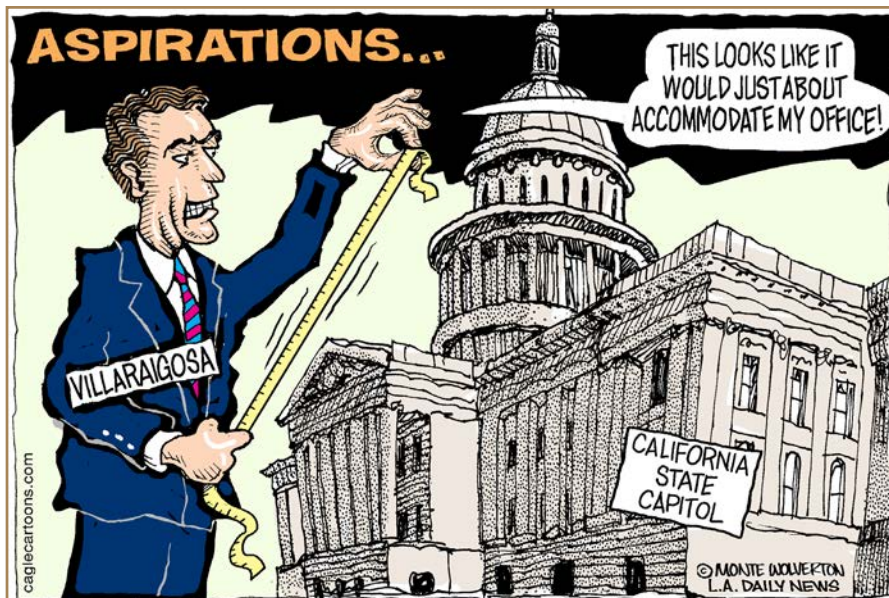
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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

GO AHEAD - MAKE DAD'S DAY

Throughout the year, many days of celebration are tucked capriciously into the calendar. So much so, it is hard to find any day of the year where something or someone is not being observed, which has benefited the greeting card company, you can be sure. I am not positive, but I think they have had a great deal to do with designating these days.

Some days are celebrated a little more enthusiastically than others. The Fourth of July has firecrackers; Halloween has funny and scary costumes, not to mention bags of candy; and Christmas boasts the Christmas tree and jolly old St. Nick with all his presents, and it is hard to compete with Christmas parties when it comes to celebrations.

And we come to Mother's Day. According to experts, more telephone calls are placed on Mother's Day than any other day of the year. Also, try to walk into a restaurant and get a seat on that certain Sunday.

There is a theory, which I subscribe to personally, stating the reason Father's Day is so lame is because so much has been spent on Mother's Day, there is nothing left.

I think there should be a rule that says, whatever Mother's Day costs fathers, mothers should spend on Father's Day. This would do one of two things; decrease Mother's Day or puff Father's Day spending. Personally, I am in favor of puffing.

Perhaps with some effort, Father's Day could be a little more exciting. I am not saying this just because I am a father. Well, maybe I am, but if I don't who will?

Fathers in general are rather humble and hesitant to speak about themselves. Contrary to popular opinion, every father knows talk is not cheap, and because he has spent so much on Mother's Day, he simply is practicing good manners and shuts up.

However, every father needs to know he is truly appreciated by his family. Although you cannot buy a father, it is possible to rent him on occasion.

I am in favor of celebrating Father's Day "any which way you can." It really does not matter to the father involved. Any father would consider his child a "million dollar baby" if he or she would just give a Father's Day card to him, along with a nice hot cup of coffee while sitting in his favorite chair reading the newspaper. Nothing the children did throughout the year would remain "unforgiven" if something this simple were done on Father's Day.

As it stands, Father's Day is celebrated "every which way but loose," and I believe it is time this has stopped. Too many loose ends concerning Father's Day. It is a "true crime" the

RIGHT TURN ONLY

IMMIGRATION THE CONSERVATIVE WAY

GREG Welborn



The current immigration debate is as much political theatre as it is a substantive political debate. The Gang of 8 in the U.S. Senate has tried to put a bipartisan plan together under the promise of fealty to principal and the highest standards of faithful give-and-take. This, they attempted under the heavy suspicion that political gamesmanship was the real motivation and goal. So it was especially disheartening when the White House let it slip that they have been in control of the entire process from the start and have in fact been "playing" Senator Marco Rubio. It's time that a truly conservative approach be articulated.

To do so, we must first put away the distortion of political correctness. Our country, like many countries, has immigrants. Some of them are legal in their status, while others are illegal. Among both groups are many fine, loving people, just as among both groups there are many selfish, despicable people. The term illegal immigrant does not confer any description other than the legal status of the person's presence in this country. It does not demean their personhood, the fact that they are made, like all of us, in God's image, or their moral character. But the distinction is also not trivial.

We have a set of immigration laws in this country, just as we have a set of driving laws and business laws. We can debate the wisdom of any given law – or even the entire body of laws – but they were duly enacted by our elected representatives. Laws need to be enforced or the whole concept of law-making is jeopardized. Moreover, if we do not enforce our laws, we mock and demean those who chose to obey them. If we do not enforce traffic laws, allowing some people to run red lights without consequences, then we signal to those who stopped at the red light that they are "suckers". There is a very long line of people in other countries waiting to emigrate to the U.S. legally who are beginning to think that they are succors for having obeyed our process.

We also live in a dangerous age where improvised explosive devices (IEDs), shoulder mounted anti-aircraft missile launchers, and potentially a dirty bomb, have been and could be walked across an unsecured border. We do not have the luxury of ignoring the borders any more than we have the luxury of ignoring people who board planes at our airports. It is sane, moral and eminently rational to secure the border in such a way as to protect all who live here (native and immigrant) from a terrorist attack.

Our country has also decided that some amount of financial aid is to be paid citizens who are unable to achieve a certain standard of living. Again, we can debate what that level is, but establishing a level and establishing a qualification to receive that aid is rational. It is not immoral or racist. We have limited resources, and to allow anyone – irrespective of their citizenship or legal status in the country - to take aid is to deprive those whom are legitimately eligible. In short, we will run out of money if immigration is not managed to some

appropriate level.

Many criticisms against conservatives in the immigration debate accuse us of being racist and insensitive to the poor. The first is slander, the second is demonstrably false. Conservatives do not care what color or nationality the illegal immigrant is. Conservatives care that illegal immigration demeans our legal system, mocks those who chose to obey the law, jeopardizes our safety and threatens our financial solvency. That's not racist.

As far as the insensitivity argument goes, I would suggest that it is the liberal, Democratic position which is truly insensitive. Every study has shown that the major beneficiaries of illegal immigration are the companies that employ the illegal immigrant's cheaper labor. Likewise, every study has shown that the poor are hurt the most. It is, after all, the wage paid the unskilled worker – whether manned by an inner-city minority or a recently arrived legal immigrant – which is most affected. By and large, the biggest economic victims of illegal immigration are inner-city blacks and Hispanics, most of whom are here legally. It is their hourly wage rate which is driven down by illegal immigration. Conservatives, not Liberals, are the ones looking out for the little guy in this debate.

Lastly, despite the lies to the contrary, there are very few conservatives who want 11 million illegal immigrants rounded up and forcibly deported. We realize the numbers are just too vast to handle, but at the same time, we do not want to have another group of 11 million illegal immigrants in the country, working in the shadows, 20 or 30 years from now. The 1986 Immigration Reform Act was supposed to prevent just such a recurrence when it was enacted. We, the voters, stupidly took politicians at their word when we were told then that border enforcement would follow legalization. The truth, we learned, was that once legalization occurred, there was no political will to enforce anything.

The conservative position is as follows: we need a coherent immigration system which is enforced. The border needs to be secure to reinforce the rule of law and protect us from terrorists. Those who are currently here illegally need to be given some legitimate – but not easy – method to earn the right to stay and matriculate to full status as a loyal citizen of this country. Lastly, because we don't trust politicians to keep their promises, we're asking that the border be secured before we agree to allow those who are currently here illegally to attain the right to remain legally. Simple, logical and fair. The high road here belongs to the Conservatives.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwelborn2@gmail.com

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