





## Weather Wise

## 5-Day Forecast

## Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi 80s	Lows 60s
<b>Tues:</b>	Sunny	Hi 70s	Lows 60s
<b>Wed:</b>	Sunny	Hi 70s	Lows 60s
<b>Thur:</b>	Sunny	Hi 80s	Lows 60s
<b>Fri:</b>	Sunny	Hi 80s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
Tuesday, October 8, 2013  
6:30 pm

## CALENDAR

\*Senior Community Commission 1st Thursday 3:00  
\*Planning Commission 1st and 3rd Thursday 7:00  
\*Community Services Commission 3rd Monday 6:30  
\*Tree Advisory Commission 3rd Wednesday 7:00  
\*Library Trustees 4th Wednesday 7:00  
\* = Meetings are held in City Council Chambers

Sat Oct 05 @10:00AM - 02:00PM Friends' Best Used Book Sale  
Sat Oct 05 @11:00AM -  
eReader and Ancestry.com help available at the Library

**Enrich your life with music!**  
The Connie Washburn Studio is now accepting piano students.  
Please call 626.355.9511 to inquire.

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

We'd like to hear from you!  
What's on YOUR Mind?

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[www.facebook.com/mountainviewsnews](http://www.facebook.com/mountainviewsnews) AND  
Twitter: @mtnewsnews

VILLAGE VINE ONLINE  
(FORMERLY RADIO FISHBOWL)  
THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show  
Trivia and Humor at it's finest. Just try to keep up with their wit!  
JOIN THE FUN!!!  
Plus: Onomatopoeia: A program of Audio Graffiti with Barry Schwam - "Poetry in its Raw State"

TUESDAYS - Noon In Honor of Cam I Am -  
A special look back at the life and laughs of Camilla Hopkins

THURSDAYS - Noon  
Catherine Adde's

OUR TRAVEL  
AFFAIR

NEW: TINA TIME  
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MATTHEW

SATURDAY  
MORNINGS

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## THE SIERRA MADRE KIWANIS CLUB

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WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON, EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY, AND HAVE SOME FUN!



## Rotary of Sierra Madre

Is proud to sponsors mini grants to help local people of any age with projects that will benefit the community.

Go to: [rotaryclubofsierramadre.com](http://rotaryclubofsierramadre.com)  
open mini grants, fill out app, email completed form.

## Mini Grant Application

Date:

Project Title:

Contact person:

Address:

Phone:

Email:

Requesting Organization or person:

Brief Description of the Project:

How will your project encourage and foster your ideal of service?

Who will benefit from this project in our community?

Total Budget: \$

Funds requested from Rotary: \$

Funds supplied by others: \$

Please specify the organizations/individuals sponsoring

How do you propose to raise the rest of the needed funds for the project?

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## JOIN THE SIERRA MADRE GARDEN CLUB

## Monday, Oct. 14

Halloween is coming and it's time for TRICK OR TREAT. Gardeners love to share and the October 14th Garden Club's program is an opportunity for members and guests to share gardening tips. Gardening TRICKS or (tips) will be rewarded with TREATS.

Come to the meeting and share your tips for conserving water, saving energy and money, composting, mulching, pruning or dealing with pests. Tell us about your favorite tools and supplies, successes and problems with specific plants, trees, shrubs, or your favorite gardening website. Garden Club members will facilitate the program.

Everyone is invited. Dinner begins at 6:30 P.M.; followed by the program at 7:15 P.M. Catered dinner is \$10; reservations must be made by October 10th at 626-836-4945. There is no charge for attending only the program.

Location: Hart Park House Memorial Park, 222 W. Sierra Madre Blvd., Sierra Madre. For information call the reservation number or visit [www.smgarden.org](http://www.smgarden.org)

ANNUAL SMFD FIRE  
PREVENTION FESTIVAL

The 26th Annual Fire Prevention Festival and open house presented by the Sierra Madre Fire Department will be held Saturday, October 12, 2013 from 11:00 a.m. to 2:00 p.m. at the Fire Station located at 242 W. Sierra Madre Blvd., in Sierra Madre.

There will be a variety of exhibits and displays at the festival to include; emergency medical and firefighting equipment, Earthquake preparedness and home fire safety information.

There will also be representatives from Sierra Madre Police, Sierra Madre CERT, Southern California Edison, Red Cross and Post Alarm, to answer any safety questions you might have.

There will be hot dogs, popcorn, balloons, coloring books and badges for all of the children who attend. There will also be a coloring contest with prizes and a bounce house.

Your Sierra Madre Fire Firefighters look forward to seeing you there!

## Look what just came to town!

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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## AUTHOR OF "DON BENITO WILSON: From Mountain Man To Mayor, Los Angeles 1841 to 1878" TO SPEAK AT SIERRA MADRE KIWANIS CLUB

Nat Read, noted author, songwriter and stand-up comic, will be the guest speaker t 1630his Tuesday, October 8th at the Sierra Madre Kiwanis Club. The meeting begins at noon with lunch followed by Mr. Read's presentation.

Read is also the author of The Jonathan Club Story and Poet Cop. In addition, he wrote the lyrics to Shadows Among Us, a tribute to veterans. His writing has appeared in dozens of national and regional publications, including The Wall Street Journal, Saturday Evening Post, Good Housekeeping, Boy's Life, Reader's Digest, Leatherneck, Denver Post, Chicago Sun-Times, Los Angeles Times, Los Angeles Magazine and many others.

As a stand-up comic he has appeared on the stages of such clubs as the Comedy Store, Improv and Ice House and has traveled throughout the Western United States and Canada performing for conventions and large corporate gatherings. He is a frequent emcee for non-profit events.

The book on which he will be speaking, *Don Benito Wilson: Mountain Man to Mayor* fills a long-missing gap in the record of Southern California history. Published by Angel City Press, this biography documents the life of one of the most significant pioneers of Los Angeles. The grandfather of Gen. George Patton, Wilson is almost unknown today except for the prominent local peak, Mount Wilson, which was named for him, but as the book reveals, there is so much more to the legacy of this historic figure.

The event will be held at The Lodge (formerly the Masonic Temple), 33 E. Sierra Madre Blvd., Sierra Madre. Lunch is \$10. The program is free. Please call 626-355-0728 to reserve your seat and/or lunch.

## SIERRA MADRE POLICE BLOTTER

*For the period September 22-29, 2013*

Sunday September 22, 2013

At 9pm, officers responded to the 1900 block of Lilliano Drive to investigate a report of a disturbance. An intoxicated female started an argument with her boyfriend and began slapping him repeatedly about the chest and arms. In an attempt to get her to stop, the boyfriend pushed her into the pool. Minutes later, the girlfriend appeared at the rear door with a shovel and began striking the rear door. When the boyfriend tried to stop her from damaging the door, she started swinging the shovel at him. The girlfriend became further enraged and threw objects about the room. When the police arrived, she was arrested for Domestic Violence. The boyfriend sustained visible injuries to his chest, wrists and arms.

Monday September 23, 2013

At 11:15pm, an officer observed a vehicle travelling south on Michillinda Avenue that was drifting over the designated lanes then suddenly veering back into the correct lane. Two other traffic violations were observed before the officer could stop the vehicle. The driver exhibited signs of intoxication and was unable to pass the field sobriety test. The driver (female 45 years of age) was subsequently arrested for DUI.

Tuesday September 24, 2013

At 9:30pm, a resident in the 500 block of Auburn Avenue was inside her home when she heard the side gate leading to her rear yard open. Moments later she observed a male wearing a black hoodie looking in at her from a rear window. The resident immediately called the police and the suspect fled. A search was conducted with the assistance of the helicopter but the suspect was not located. A thorough search and investigation of the property was conducted in an attempt to obtain evidence.

Friday September 25, 2013

At 9:30pm, a resident in the 700 block of Auburn Avenue was returning home and observed a silver compact car parked in the no parking zone at the access point to the catch basin. He found this to be suspicious and notified the police department as he drove into his garage. Immediately upon entering his residence, he noticed that portions of the interior had been ransacked. He again called the police who arrived at the location within two minutes. However, by the time they arrived, the suspicious vehicle was no longer at the location. The investigation determined that unknown suspects gained entry through a rear bedroom window using a pry tool to compromise the lock. Once inside, they ransacked the bedroom and removed a firearm that was in a drawer. It is possible the owner interrupted the crime when he returned home as the suspects apparently fled using the same bedroom window.

*City of Sierra Madre*

### ORDINANCE NO. 1345

#### AN ORDINANCE OF THE CITY OF SIERRA MADRE, CALIFORNIA AMENDING CHAPTER 17.90 OF THE SIERRA MADRE MUNICIPAL CODE PERTAINING TO THE ART IN PUBLIC PLACES PROGRAM

**WHEREAS**, the City Council previously adopted Ordinance 1244, creating the City's Art in Public Places program; WHEREAS, on June 26, 2013, the City Council directed staff to return with revisions to the City's Arts in Public Places ordinance;

**WHEREAS**, on June 26, 2013, the City Council directed staff to update outdated language contained in Municipal Code Chapter 17.90 and to correct an inconsistency between the Intent and Purpose of the ordinance, and the use of funds collected pursuant to the ordinance.

#### THE CITY COUNCIL OF THE CITY OF SIERRA MADRE DOES HEREBY ORDAIN AS FOLLOWS:

**SECTION 1.** Chapter 17.90.030 - Administration of the city of Sierra Madre art in public places program, is hereby amended to read: The art in public places program shall be administered by the city council of the city of Sierra Madre. To assist in administering the program, the city council may designate this responsibility to the Sierra Madre Community Services commission. If this designation is made, the Community Services commission shall review the program annually and report the results to the city council.

**SECTION 2.** Chapter 17.90.070 - Creation of art in public places trust fund, is hereby amended to read: There is hereby created within the treasury of the city a special fund to be known as the city of Sierra Madre art in public places trust fund. This fund shall be maintained by the city and shall be used solely for the intent and purpose stated in Section 17.90.010. All money received by the city pursuant to Sections 17.90.050 and 17.90.060 of this chapter or from endowments or gifts to the city designated for the arts shall be placed in the art in public places trust fund. All such money shall be deposited, invested, accounted for and expended as follows:

1. Money received pursuant to Sections 17.90.050 and 17.90.060 of this chapter shall be deposited in the art in public places trust fund in a manner to avoid any commingling with other revenues and funds of the city, except for temporary investments, and all funds shall be expended solely for the purposes for which they were collected. Any interest income earned by the money in the art in public places trust fund shall be deposited in the art in public places trust fund and shall be expended only for the purpose for which the money was originally collected.
2. Accounts may be reviewed by the public pursuant to the California Public Records Act.

**SECTION 3.** If any sections, subsections, subdivisions, paragraph, sentence, clause or phrase of Ordinance 1345 is for any reason held to be invalid, such invalidity shall not effect the validity of the remaining portions of this Ordinance. The City Council hereby declares that it would have passed each section, subsection, subdivision, paragraph, sentence, clause or phrase hereof, irrespective of the fact that anyone or more sections, subsections, subdivisions, paragraph, sentences, clauses or phrases be declared invalid.

**SECTION 4.** The City Clerk shall cause this Ordinance to be published or posted in accordance with California Government Code Section 36933, shall certify to the adoption of this Ordinance and his/her certification, together with proof of the publication, to be entered in the book of Ordinances of the City Council.

**ORDINANCE 1345, PASSED, APPROVED and ADOPTED** this 24<sup>th</sup> day of September, 2013.

## SIERRA MADRE ROSE FLOAT ASSOCIATION PRINCESSES/ AMBASSADORS APPLICATIONS DUE OCTOBER 11TH

The Sierra Madre Rose Float Association is pleased to announce that it will be accepting applications for Princesses or Ambassadors, young women and men aged 15-18, to represent the Float Association at local functions and activities and to ride on the City of Sierra Madre's float on New Year's Day in the Pasadena Tournament of Roses Parade.

Additional information and applications are available at the SMREA website, [www.smrosefloat.org](http://www.smrosefloat.org). All applications must be received by Friday, October 11th. Judging will be held at The Lodge, Sunday, October 13th from 2:00pm-4:00pm. The formal announcement of those selected will be Sunday, October 27th, at 3:00pm.

## FRIENDS OF THE SIERRA MADRE LIBRARY BEST USED BOOK SALE - LAST DAY OCTOBER 5TH

Don't forget the next Friends of the Sierra Madre Library's Best Used Book Sale is being held in the basement and back parking lot of the library on Friday, October 4, 2013 from 3:00-7:00 p.m. and Saturday, October 5, 2013 from 10:00 a.m. to 2:00 p.m. In addition to books with a Halloween theme, the sale will offer a collection of Southern California trail books and nature trail guides for those planning local hikes this fall. And if you're already starting to plan for the fall and winter holidays, we have featured shelves of some of our craft books and cookbooks on sale for half price. The tables in the basement will be displaying newer fiction, including some 2013

titles, and coffee table books on a wide variety of subjects. On the parking lot we have several tables of paperbacks at twenty-five cents each or 5/\$1.00 and a large collection of teacher materials and units ready to use in the classroom all on sale for \$1.00 each. All children's bargain books are five for a dollar.

These sales offer high quality, slightly used books that are culled from our library shelves or donated, books that you'll be proud to place in your own library or to give to friends and family. Proceeds from the Best Used Book Sales will be donated to the library to support program and equipment needs. Sierra Madre Public Library 440 W. Sierra Madre Blvd.

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## Annual Art Festival

November 8-10

*Creative Arts Group*

108 N. Baldwin Ave. Sierra Madre, CA 91024  
626•355•8350 [www.creativeartsgroup.org](http://www.creativeartsgroup.org)



## Scarecrow Festival

- See the Scarecrows of Sierra Madre (Maps available at participating businesses Oct. 1)
- Vote for your favorite by noon Oct. 10
- Come to the Awards Ceremony Oct. 11, 7pm



# Pasadena Altadena

News From Your Community For Your Community

## POLICE SEEK SEXUAL ASSAULT SUSPECT

The Pasadena Police Department is asking for the public's help in identifying a suspect that tried to sexually assault a Pasadena woman on Sunday night.

According to police, the suspect approached a lone Pasadena woman around 9 p.m. as she was walking home and attempted to sexually assault her. A passerby frightened the suspect off who fled from the area on foot.

Pasadena Police Lt. Vasken Gourdikian said the incident took place in the 300 block of S. Hudson Avenue.

The suspect is described as a male white or Middle Eastern, 35-40 years of age, approx. 6 feet tall, full beard, with hair pulled back in a ponytail.

Anyone with information regarding this incident is asked to contact the On-Duty Watch Commander at (626) 744-4620.

## PCC Security Report Online

This report, available to all students, staff and faculty, contains policy statements and crime statistics which occurred on the Pasadena City College main campus, Community Education Center, satellite campuses and adjacent public property. Three years' worth of crime statistics, are reported, which include homicide; sex offenses; robbery; assault; burglary, motor theft; and arson. The policy statements address the schools policies, procedures, and programs concerning safety and security. The report is online at: <http://www.pasadena.edu/police/documents/CleryCrimeReport.pdf>.

## Pet of the Week



October is Adopt a Shelter Dog Month! Meet Scout (A280036. She is a five-year-old black and white Labrador Retriever mix. She enjoys going out on walks and has lots of energy. Scout earned her Blue Ribbon at our Shelter School program in which she demonstrated her sit, down and stay commands. She qualifies for our Seniors for Seniors program in which her adoption fee is waived for adopters 60 years old and up. All that is required is the \$20 mandatory microchip fee.

Scout's normal adoption fee is \$70, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A280036, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Wiggle Waggle Invades the Rose Bowl

By Dean Lee

Nearly 2,000 people, their canine companions, and even a pig, partook Sunday in this year's Wiggle Waggle Walk—a community fundraiser and dog walk for the Pasadena Humane Society & SPCA—raising more than \$317,000 for the organization.

A handful of the dogs at the event were treated to the occasion and walked by volunteers as part of the PHS volunteer programs.

The dogs, walked by helpers, sported “adopted me” signs on their leashes.

“It showing that even these shelter dogs can walk with the all these other dogs,” PHS Behavior and Training Supervisor Carol Ann Heinis said. “They really can be good owned pets. It's more about the education and adopting a

shelter pet.”

Heinis said some of the volunteers walking dogs have been with the shelter over 20 years.

Even though the dogs, and the pig, did the walking, the money raised from the Wiggle Waggle Walk goes to provide food, shelter and medical care to homeless animals, nearly 12,000 of which are taken in by PHS every year.

Organizers said, top honors went to Wil and Anne Wheaton for raising \$43,012.02 and The Punk Rock Rovers as Top Team, raising more than \$61,618.02.

“We had an incredible turnout,” says Steve McNall, president and CEO of the Pasadena Humane Society & SPCA. “The community rallied together to help the

animals. We thank all the walkers, donors, sponsors and volunteers who made it a great day for the animals.”

More information about becoming a volunteer can be found at [pasadenahumane.org](http://pasadenahumane.org).

## Free Flu Vaccination Offered

Get some free help for you and your family in the fight against the “Flu Season” this year by getting a free flu vaccine from the Pasadena Public Health Department from 2:00 p.m. to 6:00 p.m., Tuesday, Oct. 15, 2013. The clinic will be held on a first-come, first-served basis on the front lawn of Day One, a non-profit public health education organization, 175 N. Euclid Ave., near Walnut Street, in Pasadena.

Free flu vaccine will be available to everybody ages 3 and older at no cost while supplies last. Health officials ask everyone to wear short sleeves. Minors must be accompanied by a parent and/or guardian.

For more information on this event, call (626) 744-6164 or visit [www.cityofpasadena.net/publichealth](http://www.cityofpasadena.net/publichealth).

In addition to the Pasadena Health Dept., event sponsors include the Los Angeles County Department of Public Health; City of Long Beach Department of Health and Human Services; Orange County Health Care Agency and Huntington Hospital.

Each flu season, a variety of flu viruses can spread and they can affect people differently based on individual immunity. Even healthy children and adults can get very sick from the flu.

“We hope the public will take advantage of this free clinic on Oct 15 to get vaccinated as flu is a very serious disease that can lead to hospitalization. Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue,” said Dr. Eric Walsh, Pasadena Public Health Department Director and the City's Health Officer.

High-risk groups vulnerable to flu or flu complications include seniors; people with chronic illnesses such as asthma, or Chronic Obstructive Pulmonary Disease (COPD) and pregnant women, Dr. Walsh said.

## Free Lecture

*Theodore Von Karman and the Creation of JPL*

This year marks the 50th anniversary of Theodore von Karman's death. Born in Budapest, Austria-Hungary in 1881, von Karman emigrated to the United States in 1930, joining the faculty of the Guggenheim Aeronautical Laboratory at Caltech, where he remained until 1944. He then gradually moved to Washington, D.C., to head the Air Force's Scientific Advisory Group. He was ultimately awarded the first Medal of Science by President Kennedy in 1963. Von Karman was also the first director of JPL. This talk will tell the story of von Karman's life in aeronautics, engineering and science, and particularly focus on his role in founding JPL.

Free lectures on Oct. 10 at JPL; Oct. 11 at Pasadena City College; both at 7 p.m.

## ROYAL COURT FINALISTS



**Top row, from left:** Noelle Pablo (San Marino High School), Jamie Fadley (San Marino High School), Olivia Connolly (Maranatha High School), Eloise DiMase-Nordling (La Cañada High School), Catherine Tereszczuk (Temple City High School), #689 Veronica Mejia (San Marino High School)

**Fourth row, from left:** Candace Raymond (Maranatha High School), Adelle Higley (Maranatha High School), Alana Jackson (Polytechnic School), Lauren Widuch (Westridge School), Sierra Wesson (Maranatha High School), Ana Acosta (Polytechnic School)

**Third row, from left:** Michaela Wiebe (Flintridge Preparatory School), Olivia Kavanaugh (La Salle High School), Cheyenne Smith (John Marshall Fundamental High School), Kayla Johnson (Pasadena High School), Sarah Hansen (Pasadena City College), Mary Carol Poxon (Mayfield Senior School)

**Second row, from left:** Gabrielle Piccione (Flintridge Sacred Heart Academy), Elizabeth Woolf (La Cañada High School), Shanelli Jain (Flintridge Preparatory School), Erika Goins (John Muir High School), Kristen Mueller (Arcadia High School), Katie Lipp (La Cañada High School)

**First row, from left:** Jamie Kwong (La Salle High School), Marcy Kuo (South Pasadena High School), Anastasia McGregor (Flintridge Sacred Heart Academy), Isabella de Cardenas (Flintridge Sacred Heart Academy), Elyssia Widjaja (San Marino High School), Colleen Thaxton (John Marshall Fundamental High School)

The 30 finalists for the 2014 Royal Court were revealed Thursday on the front steps of Tournament House. The finalists were selected from

almost 1,000 young women who participated in the tryout process; seven of the 30 finalists will be named to the 2014 Royal Court on Monday.

## Museum to Open Gallery



Pacific Asia Museum will open the newly renovated Ralph and Angelyn Riffenburgh Gallery Oct. 18, featuring Chinese art as part of its continued renovations of the permanent collection galleries.

“As China continues to grow in importance on the international stage, it's vital that Pacific Asia Museum works to increase cultural literacy in our community,” said Curator Bridget Bray. “This updated gallery reflects the rich artistic heritage of China and allows our visitors to gain a deeper understanding of the culture, whether they share in that heritage or have an interest in learning more.”

This renovation brings it in line with the new thematic approach in the museum's permanent galleries, and displays a broader range of the arts of China including paintings, textiles and sculptural works, which will benefit from the state of the art improvements in climate control in the gallery.

The five themes in the gallery are Philosophical and Religious Ideas, Art and Commerce, Tradition and Innovation, Status and Adornment and

*Images Lohan and Attendant, China, 15th c., Ink and color on silk, Museum purchase, Pacific Asia Museum collection. Bowl, China, 18th. c., Nephrite, Gift of Mrs. Emma Dagan in honor of David Kamansky's 50th birthday, Pacific Asia Museum collection. Chair, China, late Ming/early Qing Dynasty, Wood, bronze, cotton, Gift of Mr. Tracy A. Pulvers, Pacific Asia Museum collection.*

## Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training program for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be



**PASADENA MEDIA**

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to [PASADENAMEDIA.ORG](http://PASADENAMEDIA.ORG) and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm – 8:00 pm Nightly

### Studio Orientation Training

Monday, Oct 7 at 6:00 PM - 8:00 PM

### Studio Camera Training

Tuesday, Oct 8 at 6:00 PM - 8:00 PM

### Field Production Training

Wednesday, Oct 9 at 3:00 PM - 5:00 PM

### Audio Training

Wednesday, Oct 9 at 6:00 PM - 8:00 PM

### Field Production Training

Thursday October 10, 2013 6:00 PM - 8:00 PM

### Citizen Journalism

coming soon

### Digital Film Group

coming soon





### "What's Going On?" News and Views from Joan Schmidt

Recently there was a joint celebration in Duarte, the City, 56 years and the City of Hope its centennial!

Festivities began with the annual Route 66 Parade, "Gateway to Hope". More than 1,000 marched or rode along Huntington Drive; the Grand Marshall was Dr. Rahul Jandial, a City of Hope Neurosurgeon and health expert for KTLA Morning News. Local officials included Mayor Margaret Finlay, husband Brad and grandchildren; Mayor-Pro-Tem Liz Reilly; Council Members, John Fasana, Phil Reyes, and Tzietel Paras-Caracci, and Authors Claudia and Alan Heller. School Board participants were Ken Bell, Reyna Diaz and Pam Kawasaki. Children, parents and mascots from all local elementary schools marched; Northview Middle School and Duarte High Bands, Clifton Middle School from Monrovia, Don Lugo HS (Chino) and Rim of the World (Lake Arrowhead). Local businesses and Church groups also participated. The Parade concluded with Fire Engine 44 from Station 44 on Highland Ave. (Thanks to my daughter Karen for the great photos!)

After the great parade were the City picnic with live music, great food, raffles and more. Duarte's Friends of the Library had a spinning wheel and all who played won either a small prize or book. It was a lot of fun!

100 years ago, the City of Hope began as a small Monrovia tuberculosis sanatorium. It has grown into a world-renowned biomedical research, treatment and education center committed to shaping the future. Its success is seen as hospitals around the globe have adopted its compassionate care model. Besides its drive to revolutionize the treatment of cancer, City of Hope also works against diabetes and other life-threatening diseases. Research at the City of Hope has led to synthetic human insulin used worldwide by millions with diabetes, as well as the lifesaving cancer drugs Rituxan, Avastin, and Herceptin.

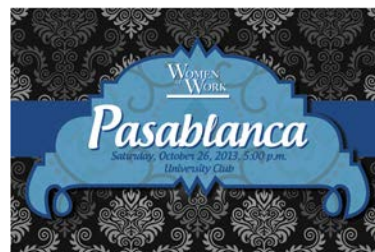
What a great double birthday celebration!

Mayor Margaret Finlay wore 2 Hats in the Parade- Rode in the car at the beginning as Mayor & then walked with her Church, Jesus Christ of Latter Day Saints.

## A GRAND BIRTHDAY CELEBRATION IN DUARTE



## WOMEN AT WORK 2013 ANNUAL GALA "PASABLANCA"



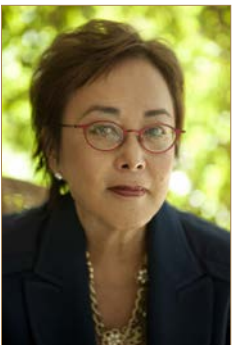
Women At Work celebrates its 34th year of providing employment services to the community of Southern California. This year's annual gala pays homage to the iconic film "Casablanca" and transports you to 1942 as you enter the upscale Rick's Café Americain. Pose for photos with Humphrey Bogart, sing along with Sam, sway to World War II-era music and join in with the Arthur Murray dancers as you enter the intrigue of Morocco.

### HONOREES:



**TRAILBLAZER AWARD:** Cynthia Kurtz, CEO, San Gabriel Valley Economic Partnership  
Imagine someone spending her entire career in non-traditional roles for women. For decades Cynthia Kurtz has worked in leadership positions related to transportation, economic development, public works and city management. Since 2009 she has been president and CEO of the San Gabriel Valley Economic Partnership, which fosters the success of businesses to enhance the economy and enrich the quality of life in the San Gabriel Valley.

**HERITAGE AWARD:** Carol Liu, California State Senator  
Choosing the field of public service, Carol Liu began her career as an educator and school administrator before serving as a legislator. After serving eight years on the La Cañada Flintridge City Council, she was elected in 2000 to the California State Assembly. Since 2008 she has been a member of the California State Senate, where she is the chair of the Education Committee. A member of the California Commission on the Status of Women, she has been a strong advocate for Women At Work.



**ACCOLADE AWARD:** Wendy Welch-Keller, First Vice President, Community Bank  
The inaugural Accolade Award will be presented to Wendy Welch-Keller for providing exceptional leadership on the Women At Work Board in a variety of ways. Professionally she is first vice president of Community Bank in Pasadena. The Accolade Award has been created to recognize someone whose efforts to further the Women At Work mission have gone far beyond expectations.

Top Sponsors include: Kaiser Permanente (Presenting Sponsor), AT&T and Wells Fargo Bank (Reception Sponsor). The event will benefit WOMEN AT WORK.

*Women At Work*, a non-profit organization founded 34 years ago, provides assistance to people in all financial situations. Over the past year our clientele has increased 55 percent. In 2012 we provided career counseling, resume critique, job leads, job skills training and more to over 6,100 clients who visited the center. Now we are asking for your help!

In this challenging economy more clients are struggling to find work and keep their confidence going strong. Services provided by Women At Work, from weekly Job Club meetings and tools for job seeking, to career counseling and resume critique help them while continuing their search for a better future. Women At Work has proved to be a lifeline for thousands of women and men, with a helping hand in a time of need.

## ASSEMBLYMAN CHRIS HOLDEN JOINS STATE SENATOR CAROL LIU TO REQUIRE CAL TRANS TO SELL 710 FWY HOMES - Gov. Brown Signs SB 416

Pasadena – Governor Brown signed a historic measure designed to clear the way for the sale of state-owned real estate along the 710 freeway corridor and end decades of speculation about a freeway surface route. Assemblymember Chris Holden is a principal co-author on SB 416 which was authored by Senator Carol Liu.

"I applaud the Governor for signing this bill, as it is a critical first-step to restoring peace and security to neighborhoods long threatened by Caltrans' poor property management and an ill-advised surface extension of the 710," said Assemblymember Holden. "Thanks to Sen. Liu, Caltrans' decades-long mismanagement of the 'surplus homes' will finally come to an end."

SB 416 enables Cal Trans to get out of the real estate business by selling houses they acquired more than 50 years ago along the 4.5 mile corridor through parts of Pasadena, South Pasadena, Alhambra and East L.A. The properties have been plagued by years of mismanagement and neglect. SB 416 accelerates the sale of the properties by allowing them to be sold in "as is" condition.

"I am pleased to have worked with Sen. Liu on this critical measure to ensure that the surface route for the 710 extension is dead and that we can now work toward other options that reduce local pollution and get traffic in the region moving," concluded Holden.

### WALKING SIERRA MADRE (cont. from page 1)

Now here's the highlight of my evening: I discovered the Gooden School garden! Best one I've seen all year! Cold frame boxes filled with Italian eggplant and tomatoes! Fabulous tomatoes, flourishing, producing lots of good sized fruit! Yellow squash, watermelons still on the vine, and a pomegranate tree, with a good dozen pomegranates hanging from the branches! It was glorious!

Had such a great time admiring the garden that I needed to know more; which led to a nice visit with Marianne Ryan, who is the Assistant Head of School and Director of Admissions and four of the young ladies of the fourth grade, who work in the garden and are very proud of their accomplishments. The Gooden School has been part of Sierra Madre since 1975 and is based on the concepts of: Respect For Self, Respect For Others, Respect For The World. The garden is a perfect example

of these. Started five years ago as Ms. Ryan's dissertation project, "Seed Time to Harvest, Stewardship Discovered In The School Garden," the students have been getting their hands dirty and learning all there is to know about the circle of plant life. Community service is part of the Episcopal tradition and Gooden heartily embraces that concept. 'Service learning' is incorporated right into the curriculum. In third grade, students learn that there is hunger and homelessness in the world. In fourth grade, they learn that they, personally, can do something about it. All the food grown in the garden goes to the Friends Indeed Food Pantry in Pasadena at Los Robles and Washington.

John Johnson of Our Town Printing, right here on Montecito is the go-to guy for advice on which planting media to use and general garden advice. He's also the worm tea expert! In case you didn't know (I certainly didn't!) Worm tea is worm castings which have been soaked in water and

oxygenated. The extra oxygen causes a bloom of the good bacteria, plus the added benefit of nitrogen! The students also have opportunities to visit the Arboretum where they learn how to make compost and the best way to plant various fruits and veggies.

The Gooden kids built the cold frame beds themselves. There are no nails in these things, only slotted boards and corner dowels. When the lumber arrived, Ms. Ryan showed the class their future cold frames and said, "Go for it!" When they said "How??" She said, "Figure it out!" and let me tell you, friends, they did! These beds are amazing! And I kind of think the Gooden School is pretty amazing, too!

A perfect evening! Great music, really nice wine, cheese, mixed nuts and the best garden ever! Take a walk past the Gooden School and just peek in at their garden. It will inspire you! It's not too late to put in a tomato plant and maybe a winter veggie or two!



MISSING ADULT



Subject:            Gale Ann WILLIAMS  
F/African-American, 22 years old  
5-09/130, med length brown curly  
hair  
Brown eyes  
Black/blue top, black leggings

Ms. Williams was reported missing on October 1, 2013. She last spoke to relatives on September 25, 2013, and was believed headed to class at Pasadena City College, Pasadena CA. Ms. Williams resides in La Puente, CA, and has no vehicle or cell phone. Relatives say the subject has gone missing in the past, as recently as June, but not for this duration.

Inquiries with area hospitals and other facilities have been fruitless. Ms. Williams information was entered into law enforcement missing person databases and with the Los Angeles County Medical Alert Center.

Anyone with information on Ms. Williams or her whereabouts is encouraged to notify your local law enforcement. If you prefer to provide information ANONYMOUSLY, you may call "Crime Stoppers" by dialing 800-222-TIPS (8477), texting the letters TIPLA plus your tip to CRIMES (274637), or by using the tip page on the [Los Angeles Regional Crime Stoppers](#) website.

There is no known nexus with the subject to the City of Arcadia and the Missing Person report has been referred to the Pasadena Police Department and the Los Angeles County Sheriff's Department, Industry Station.

APD Case #1304656  
Detective E. Lopez

FORMER ARCADIA POLICE OFFICER CHARGED WITH EMBEZZLEMENT

A former Arcadia Police Department officer pleaded not guilty today to one count of grand theft by embezzlement for allegedly charging more than \$50,000 for personal items, including making a down payment on a motorcycle, on a police association's credit card, the District Attorney's Office announced.

Christian Eric Blesch, 36 (dob 8-16-77), surrendered on a felony complaint for arrest warrant filed on Sept. 24 by Deputy District Attorney Geoffrey Rendon with the Justice System Integrity Division. His bail was set at \$45,000 in case BA416513.

Rendon said Blesch, who was elected in January 2011 to serve as treasurer for the Arcadia Police Officer Association, allegedly used the association's credit card to purchase parts and accessories for his personal motorcycles, as well as personal items such as clothing, exercise equipment, shaving accessories and cigars. Blesch allegedly paid the monthly credit card bills via check from the association's checking account.

If convicted, Blesch, who resigned from the department in September, faces up to three years in custody.

Blesch returns to court on Nov. 8 in Department 30 at the Foltz Criminal Justice Center downtown Los Angeles to set a date for his preliminary hearing.

E-WASTE DRIVE OCTOBER 5TH

The Holly Avenue PTA and the Holly Avenue School Garden Club are sponsoring an E-waste Drive on Saturday, October 5th, to take place from 8:00 AM to 1:30 PM in the Holly Avenue School parking lot at 360 W. Duarte Road in Arcadia.

Many types of electronics will be accepted, including computers, telephones and telephone equipment, television and computer monitors, printers, fax machines, scanners, keyboards, copiers, DVD players, stereo equipment, miscellaneous computer parts and cords, lamps, toasters, and nearly anything that plugs in.

GARDEN DESIGN PRINCIPLES

Laramee Haynes, Instructor  
[www.hayneslandscaping.com](#)

Saturday, October 12  
10am-12noon: Palm Room  
\$25 Arboretum Members  
\$30 Non-Arboretum Members (includes Arboretum Admission)  
Pre-register preferred at the Class Registration line at 626.821.4623 – or  
Pay at the door – but do come!

Garden design is not an exact science, but there are certain artistic principles that are generally considered applicable to garden design. Laramee Haynes, a Pasadena-based landscape designer and contractor, will discuss these ideas so students will be better able to translate their thoughts to their gardens. Illustrating the principles with digital photos, both Laramee and the class will engage in discussions that review and critique the gardens. This enables the participants to better understand the strong and weak points of each design (including homes without grass too)! Laramee has designed attention-getting gardens at both Pasadena Showcase House and the Los Angeles Garden Show, and has taught many classes at the Arboretum in the past.

Arcadia Police Blotter

For the period of Sunday, September 22<sup>nd</sup>, through Saturday, September 28<sup>th</sup>, the Police Department responded to 965 calls for service of which 119 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, September 22:

1. Just after 1:40 a.m., officers responded to Arcadia Methodist Hospital, 300 West Huntington Drive, in regards to a disturbance. After being triaged, a male subject became combative with staff members and other patients. The 50-year-old White male was arrested for Interfering With Business Operations and transported to the Arcadia City Jail for booking. A records check revealed the subject was recently arrested for trespassing at the same location.
2. At approximately 7:22 p.m., an officer was dispatched to Residence Inn by Marriott, 321 East Huntington Drive, in reference to found property. A housekeeper found a bag containing two handguns, ammunition, and pistol magazines inside a vacant hotel room. A records check revealed one handgun was reported stolen out of the City of Industry. The Detective Bureau is conducting further investigation on the room's guest registry list.

Monday, September 23:

3. At about 11:16 a.m., an officer responded to Hugo Reid Elementary, 1000 Hugo Reid Drive, in reference to a child abuse report. A 6-year-old girl came to school with bruises on her face and arm, and explained she was hit with a wooden spoon by her 22-year-old White mother. An investigation revealed the suspect had hit the victim multiple times and on numerous occasions. She was arrested and transported to the Arcadia City Jail for booking. The victim and her 3-year-old sister were taken into protective custody by the Department of Child and Family Services.
4. Around 3:06 p.m., an officer responded to a residence in the 100 block of California Street regarding a burglary report. Unknown suspect(s) made entry through a window and fled undetected with various electronics and jewelry. No evidence was located.

Tuesday, September 24:

5. Around 7:05 a.m., an officer responded to the Metro Gold Line construction site in the area of Cornell Drive and Windsor Road regarding a theft report. Unknown suspect(s) stole approximately 200 metal stakes and 500 pieces of rebar from the location. Over 100 pounds of rebar was also reported missing from the construction site adjacent to Santa Anita Avenue and La Porte Street. The property was left unsecured and no witnesses were located.
6. Shortly before 4:00 p.m., an officer was dispatched to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft investigation. A Nordstrom employee processed several fraudulent returns and merchandise markdwns for his girlfriend. The 25-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking. The girlfriend, a 25-year-old White female, is also being considered for theft prosecution.

Wednesday, September 25:

7. Around 12:44 p.m., an officer conducted a traffic stop on a vehicle for traveling 84 miles per hour (MPH) on Campus Drive near Park Avenue, an area posted as a 25 MPH school zone when children are present. The officer discovered the 17-year-old White male driver was in violation of his provisional license as he had an under-aged passenger inside the vehicle. He was cited for Reckless Driving and released without incident. His vehicle was impounded for 30 days.
8. At approximately 4:34 p.m., an officer was dispatched to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. An adult suspect concealed merchandise inside a used shopping bag and exited the store without making payment. The 59-year-old Chinese female was arrested and transported to the Arcadia City Jail for booking.

Thursday, September 26:

9. Around 1:32 a.m., an officer conducted a traffic stop on a vehicle for speeding in the area of Santa Anita Avenue and Live Oak Avenue. The officer discovered the 24-year-old Chinese male driver was under the influence of alcohol. He was arrested and transported to the Arcadia City Jail for booking.
10. At about 9:21 a.m., an officer was dispatched to AA Wireless, 425 North Santa Anita Avenue, in regards to an armed robbery that just occurred. An unknown suspect brandished a handgun and demanded cell phones from an employee. The suspect filled a bag with ten iPhones and fled the location in an awaiting blue GMC SUV. The suspect is described as a Black male wearing a ski mask and a dark colored hooded sweatshirt. No suspects were located; however, the incident was recorded on video surveillance. Further investigation is being conducted by the Detective Bureau.

Friday, September 27:

11. Just after midnight, an officer conducted an enforcement stop on a bicyclist for riding with no lights on in the area of Santa Clara Street and Second Avenue. A search of the subject's purse revealed she was in possession of tar heroin and drug paraphernalia. The 25-year-old White female was arrested and transported to the Arcadia City Jail for booking.
12. Shortly after 8:30 a.m., an officer responded to a residence in the 1600 block of South Fifth Avenue regarding a burglary report. A male suspect entered the victim's open garage and stole property including an iPod and cello instrument. No suspect was located at the time of the report.

A few hours later, the victim found his stolen cello posted on Craigslist. Officers organized an operation and agreed to purchase the property from the seller at Sears, 3801 East Foothill Boulevard. The 35-year-old White male was arrested in the parking lot where he admitted to the burglary. He was transported to the Arcadia City Jail for booking. A records check revealed he was on felony probation.

Saturday, September 28:

13. At about 2:04 a.m., an officer conducted a traffic stop on a vehicle for failing to stop at a stop sign on Live Oak Avenue at Las Tunas Drive. An investigation revealed the driver was under the influence of an alcoholic beverage and was in possession of cocaine. The 24-year-old male of unknown race was arrested and transported to the Arcadia City Jail for booking.
14. Just after 10:50 a.m., an officer was dispatched to the Arcadia Police Department front counter in reference to a fraud report. The victim explained her credit card, cell phone, and driver's license were stolen at a night club in the City of Los Angeles. An online check of her bank account revealed unknown suspect(s) had made several unauthorized charges.

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# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## CITY OF MONROVIA WINS STATEWIDE HELEN PUTNAM AWARD - *City Wins for YES Program*



MONROVIA — The League of California Cities has selected the city of Monrovia as a 2013 Helen Putnam Award winner. The 2013 award winners were honored during the Opening General Session of the League's Annual Conference & Expo at the Sacramento Convention Center held Sept. 18 – 20.

Monrovia won the Ruth Vreeland Award for Engaging Youth in City Government for the city's Youth Employment Service (YES) program to provide job training, mentoring and internship opportunities to Monrovia-at-risk youth.

Now in its sixth year, YES has successfully graduated over 135 at-risk kids. The program provides mentoring and intervention features geared toward high school students, specifically those who have failing grades, unstable home lives, a police record or simply bad attitudes. Launched in 2007, the program is designed to address the community's need to improve the quality of life and opportunities for local youth in response to gang violence in some areas of the city.

Studies indicated that the relative effectiveness of combating gang activity was to place 70 percent of its efforts on prevention and intervention, and 30 percent on suppression. In Mon-

rovia, the allocation of resources was reverse: 80 percent was being spent on suppression, while only 20 percent was being spent on prevention and intervention. At the time there were fewer job opportunities for the city's youth and funding for internships. YES was started to address these issues by partnering with the Santa Anita Family YMCA, Monrovia Unified School District and the Monrovia Chamber of Commerce.

"We are honored to receive the Helen Putnam award and are very proud of the YES program's success. Of those youth who have graduated, we've seen grade point averages increase by 14%, absenteeism decrease by 200% and tardiness decrease by 145%," said Mayor Mary Ann Lutz. "Many of these youth have focused their energies back into the community, which makes the YES program even more rewarding."

More about the YES program: <http://vimeo.com/27796092>

Established in 1982, the Helen Putnam Award for Excellence program recognizes outstanding cities that deliver the highest quality and level of service in the most effective manner possible. Monrovia was one of 13 cities out of 149 applicants throughout California to receive this coveted award.

Particular attention and credit is given to applications specifically advancing the League's strategic priorities ([www.cacities.org/priorities](http://www.cacities.org/priorities)), which are determined each year by the board of directors.

The award is given annually in 12 categories: CCS Partnership Intergovernmental Collaboration Award; Community Services and Economic Development; Economic Development through the Arts; Enhancing Public Trust, Ethics, and Community Involvement; Health and Wellness Programs; Housing Programs and Innovations; Internal Administration; Planning and Environmental Quality; Public Safety; Public Works, Infrastructure and Transportation; the Ruth Vreeland Award for Engaging Youth in City Government; and the League Partners Award for Excellence in City-Business Relations.

Established in 1898, the League of California Cities is a nonprofit statewide association that advocates for cities with the state and federal governments and provides education and training services to elected and appointed city officials.

## MONDAY MOVIE NIGHT AT THE MONROVIA PUBLIC LIBRARY ON MONDAY, OCTOBER 21, 2013 AT 6:00 P.M. IN LIBRARY COMMUNITY ROOM.

Dress in your pajamas, bring your blanket, pillow and your favorite stuffed friend to join us for Monday Movie Night! Enjoy freshly popped popcorn as we cuddle up to watch a terrific Halloween themed movie with your family! Know your child; some content may not be suitable for some kids. This event is sponsored by Friends of the Monrovia Public Library. The library is located at 321 S. Myrtle Avenue, in Old Town Monrovia's Library Park.

Can you guess the movie by reading the clue below?

Tonight's Movie Clue: Three sister witches are resurrected on Halloween night, and it us up to two teenagers, a young girl, and an immortal cat to put an end to the witches reign of terror once and for all. (Rated PG)

No registration is required. Visit [www.cityofmonrovia.org/library](http://www.cityofmonrovia.org/library) for more details

## Monrovia Police Blotter

*Highlighted Activity for the Weekend of September 30 - October 2, 2013*

*During the last seven-day period, the Police Department handled 436 service events, resulting in 97 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.*

### Robbery

October 1 at 2:00 p.m., a robbery was reported in the area of Monterey and Colorado. The victim was walking southbound on Monterey when a female suspect ran from behind her and stole the iTouch she was carrying in her hand. The suspect continued running southbound on Monterey to a waiting vehicle and fled the area. The investigation is continuing.

### Grand Theft

October 2 at 10:12 p.m., an officer was on patrol in the 900 block of South Fifth when he saw a 2010 black Cadillac Escalade sitting on its axles without rims and tires in a hotel parking lot. The owner was staying at the hotel and wasn't aware of the theft, which occurred some time between 9:30 and 10:00 p.m. A witness saw a male White subject in a white utility van next to the victim's vehicle. The witness noticed two of the rims and tires were missing, but thought the subject in the van was the owner of the Cadillac. The investigation is continuing.

### TIP OF THE WEEK

## Mail Theft Prevention

If you order items over the phone, via the Internet, or by mail, chances are those packages will be delivered straight to your front porch. The majority of deliveries do not require a signature and are generally left at your door, even if no one is home to accept them. Some thieves look for crimes of opportunity, but other thieves actually target your delivery. Thieves will follow or watch for the UPS, FedEx, US Mail, or other delivery trucks, and then target a home after a delivery is made.

Here are some suggestions for helping to prevent a theft of your packages:

If possible, use your workplace as the shipping address.

Track your shipments by phone or online so that you know what day they should arrive.

Ask your neighbor to watch for your delivery and then hold the items until you arrive home.

Keep an eye on your neighborhood and report suspicious persons or vehicles in the area.

Request a signature delivery option if available or request the shipment be held at the shipping facility such as a UPS office.

Check with "mailbox" businesses in your town and see if they will accept shipment of your item for a fee.

If you do not receive your shipment on time, check with the company of origin and confirm the delivery. If the item was delivered and you did not receive it, report the theft or loss to the original company, the shipping company, and your local police.

## Free Duarte Festival of Authors

**Saturday October 5**

10am to 4pm at Westminster Gardens  
1040 Santo Domingo Avenue, Duarte

**More than 50 authors in talks, panels, and book signings**

## Featured Speakers

**Robert K. Tanenbaum**



**Bestselling writer of legal thrillers**

"The Piano Teacher"  
"Badge of the Assassin"  
"Tragic"

[Speaks at 11:45 am](#)

**Luis J. Rodriguez**



**Award-winning Chicano writer and poet**

"Always Running: La Vida Loca"  
"It Calls You Back"  
"America Is Her Name"

[Speaks at 2:00 pm](#)

**Children's Area with Readings & Activities/Food & Refreshments  
Free Parking & Free Admission**

**FDL**

*A benefit event presented by Friends of the Duarte Library*  
626.372.0540 / [friendsoftheduartelibrary.com](http://friendsoftheduartelibrary.com)

**TRICK OR TREAT TALES**

**Saturday, October 26<sup>th</sup> at 2:00 p.m.**

Stories Craft Movie  
Snacks and more!

Don't forget to wear your costume! 4 yrs. – 5<sup>th</sup> grade.

Monrovia Public Library 321 S. Myrtle Avenue, Monrovia 91016  
(626) 256-8274 [www.cityofmonrovia.org/library](http://www.cityofmonrovia.org/library)



## Focus Groups: Mystery Explained

*Sponsored by Friends of the Monrovia Public Library*

### Brown Bag Workshop



**Bob Golub, former IRS agent will explain:**

- What is a focus group
- Why they are popular
- How to identify legitimate groups
- How to become a focus group participant

**Tuesday, October 8**  
11:30 a.m. - 1:00 p.m.  
Library Community Room  
**FREE**

Sign up online at [monroviapubliclibrary.org](http://monroviapubliclibrary.org).  
Click on the calendar to find your event. No internet? Call 626-256-8274.  
Walk-ins welcome.



## PASADENA UNIFIED COLLEGE AND CAREERS SHOWCASE TAKES PLACE OCTOBER 9 AT THE PASADENA CONVENTION CENTER

Pasadena, CA—The Pasadena Unified School District (PUSD) in partnership with the Pasadena Educational Foundation invites students and families to attend the 2013 College Fair & Career Pathways Showcase Wednesday, October 9 from 4 p.m. to 8 p.m. at the Pasadena Convention Center. The event will include a college fair, seminars and student career portfolio showcase. The event is free and open to the public, serving as a forum for students and families to become better acquainted with the educational and extracurricular opportunities that participating institutions can offer.

The event will feature representatives from approximately 100 colleges, universities and technical schools. Financial aid and NCAA college athletics information will also be available. Additionally, high school community business partners such as the Armory Center for the Arts, Lockheed, JPL and the Light Bringer Project will be on hand to highlight projects PUSD students have accomplished in career academies.

PUSD's College and Career Pathways connect academics to real-world applications by integrating challenging instruction with a demanding project-based technical curriculum. Students explore the workplace, build experience and develop mentoring relationships with local businesses, government and nonprofits. High school academies include Arts, Entertainment and Media, Business and Entrepreneurship, Creative Arts and Design, Culinary Arts and Hospitality, Engineering and Environmental Science, Health Careers, Law and Public Service and the App Academy (mobile, web and game development). Students apply to academies during PUSD's open enrollment period which takes place in January.

"This event is an opportunity for families to create a road map for their child's future," said PUSD Superintendent Jon R. Gundry. "The earlier the better when it comes to students and families thinking about college and career."

To see a list of participating colleges and business partners see the attached document or visit [www.pasedfoundation.org/parentsstudents/passport-to-college-and-careers/](http://www.pasedfoundation.org/parentsstudents/passport-to-college-and-careers/)

2013 PUSD College Fair and Career Pathways Showcase  
 SEMINAR TIMES: 4 p.m.-5 p.m. Navigating the College Process  
 5 p.m.-6 p.m. Financing College  
 6 p.m.-7 p.m. PUSD College & Career Pathways Presentation  
 7 p.m.-8 p.m. Total College Planning – Curriculum to Finance  
 LOCATION: Pasadena Convention Center, 300 E. Green Street, Pasadena, CA 91101  
 Wednesday, October 9, 2013, 4 p.m.-8p.m.

### TOP TECH TIPS FOR A SUCCESSFUL SCHOOL YEAR

(StatePoint) The back to school season can be a hectic time for students. With dozens of assignments, tests and projects, it's easy for some things to get lost in the chaos.

It may start with one loose book or crumpled paper thrown into a locker or backpack, but it can quickly balloon into a disaster area without proper maintenance.

Don't let messes and disorganization stand in the way of success in the classroom. New technologies and old organization tricks can help you stay neat and organized during the back to school season:

#### Stay on Task

It is always smart for students to maintain a separate section in a notebook or binder for every class. If there are several parts to one class, keep a section in the binder for each part of that class. Avoid using a different binder for each class as often it is unnecessary and will cause clutter.

#### Get Desks in Shape

At home and at school, desks are a place for learning, concentration and personalization for students. A lot can be learned about a student's personality by looking at items on top of the desk or inside the desk drawers.

Students can keep their desks organized and show off their personal style by using a variety of web-connected printing solutions, gadgets with touch technology and detachable hybrid PCs, such as those from HP.

For example, with the HP ENVY 4500 e-All-in-One printer, students can save time creating lab-quality photos and laser sharp documents by printing from their smartphones, tablets and Internet-connected PCs.

#### Connect in More Places

No matter if a student is in grade school, high school or college, having the right technology can help keep everything straight. An all-in-one desktop PC, such as the HP ENVY Rove20 All-in-One, will help streamline everything from research to art projects to book reports and study aids. With a versatile design and built-in battery, students can easily move it from room to room.

For college students, a device like the HP Split x2 is great for getting things done. It transitions effortlessly from a notebook to a tablet so students can take notes in class and then go back to the dorm to web chat with their families. More information on technology that can help students succeed is available at [www.HP.com](http://www.HP.com).

#### E-Books

Consider saving space in your locker, book bag or dorm room by opting for e-textbooks. Looking up unfamiliar words, taking notes, searching for passages and highlighting sections for later review is quick and easy on an e-reader.

The school year doesn't have to be filled with messes and clutter. There are always new ways to be productive, stay organized, and live connected throughout the school year. With just some focus, determination and the right tech tools, organization can easily be achieved.

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## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
 (626) 355-3463 Head of School: Ann M. Gillick  
 E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
 Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
 (626) 294-0661 Principal: Phil Clarke  
 E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
 (626) 446-5588 Head of School: Ethan Williamson  
 Kindergarten - 8th grade  
 website: [www.barnhartschool.org](http://www.barnhartschool.org)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 (626) 355-3527 Principal: James Lugenbuehl  
 E-mail address: [jml@bcsclions.org](mailto:jml@bcsclions.org)  
 website: [www.bcsclions.org](http://www.bcsclions.org)

### Clairbourn School

8400 Huntington Drive  
 San Gabriel, CA 91775  
 Phone: 626-286-3108 ext. 172  
 FAX: 626-286-1528

E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

### Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010  
 (626) 301-9809  
 Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 (626) 355-2410 Head of School: Patty Patano  
 website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
 Headmaster John Higgins  
 626-798-8989  
 website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
 (626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
 Principal Bro. Christopher Brady, FSC

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
 (626) 471-2800 Principal Darwin Jackson  
 Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
 (626) 229-0993 Head of School: Lauren O'Neill  
 website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
 (626) 798-8901 Principal: Gilbert Barraza  
 website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
 Principal Joan Harabedian  
 (626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
 (626) 355-1428 Principal: Esther Salinas  
 E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
 (626) 836-2947 Principal: Garrett Newsom  
 E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

### Walden School

74 S San Gabriel Blvd  
 Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
 (626) 797-0204  
 Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
 (626) 449-7390 Principal: Ruth Esseln  
 E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109  
 (626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007  
 (626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

### MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016  
 (626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

### DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010  
 (626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

## THE REEL DEAL: by Ben Show CLOUDY WITH A CHANCE OF MEATBALLS 2



I thoroughly enjoyed the first 'Cloudy' movie, with its strangeness and unusual comedy, and was greatly looking forward to see the sequel, which I believe was better than the first. All I can hope for now is a third installment.

After Flint Lockwood (Bill Hader) and Sam Sparks (Anna Faris) stopped the strange device that turned water into food, they were forced to evacuate by renowned inventor, and Flint's idol, the mysterious Chester V (Will Forte). He promises to clean up their island home as soon as possible. When Flint moves away, he ends up working for

Chester at his company, Live Corp. However, Flint soon discovers that his machine never stopped working and that Chester V's intentions aren't as good as they sound.

This is the perfect kid's movie: plenty of quirky characters, a plot that is simple enough for children to understand while having a deeper message for adults, and animation that was made for 3D. I would recommend this for anyone with a good sense of humor and looking for a downright weird and funny movie.



## A BIT OF BAVARIA IN ARCADIA

Oktoberfest October 12th Santa Anita Race Track

Get Your lederhosens out of the Closet!

Crown Prince Ludwig, later to become King Ludwig I, was married to Princess Therese of Saxony-Hildburghausen on 12th October 1810. The citizens of Munich were invited to attend the festivities held on the fields in front of the city gates to celebrate the happy royal event. The fields have been named Theresienwiese ("Theresa's fields") in honor of the Crown Princess ever since, although the locals have since abbreviated the name simply to the "Wies'n".

Horse races in the presence of the Royal Family marked the close of the event that was celebrated as a festival for the whole of Bavaria. The decision to repeat the horse races in the subsequent year gave rise to the tradition of the Oktoberfest.

In 1811 an added feature to the horse races was the first Agricultural Show, designed to boost Bavarian agriculture. The horse races, which were the oldest and - at one time - the most popular event of the festival are no longer held today. But the Agricultural Show is still held every three years during the Oktoberfest on the southern part of the festival grounds.

In the first few decades the choice of amusements was sparse. The first carousel and two swings were set up in 1818. Visitors were able to quench their thirst at small beer stands which grew rapidly in number. In 1896 the beer stands were replaced by the first beer tents and halls set up by enterprising landlords with the backing of the breweries.

The remainder of the festival site was taken up by a fun-fair. The range of carousels etc. on offer was already increasing rapidly in the 1870s as the fairground trade continued to grow and develop in Germany.

Fast Forward to Oktoberfest 2013

Today, the Oktoberfest is the largest festival in the world, with an international flavor characteristic of the 21th century: some 6 million visitors from all around the world converge on the Oktoberfest each year.

And since the Oktoberfest is still held on the Theresienwiese, the locals still refer to the event simply as the "Wies'n". So "welcome to the Wies'n" means nothing other than "welcome to the Oktoberfest"!

Authentic German foods, beers and traditional German music will all be offered on Saturday, Oct. 12, as Santa Anita Park and Dog Haus hosts their first-ever Oktoberfest in the track's spacious Infield Area. In addition to traditional German fare, beer and music, attendees can also rock out with The Spazmatics and special guests Boogie Knights, live in concert.

There are many admission packages available. Fans are encouraged to register as soon as possible for the Santa Anita Oktoberfest on Oct. 12 at [santaanita.com](http://santaanita.com). Enter the promo code GERMAN for 50 percent off ticket purchase. First race post time on Oct. 12 is at 1 p.m. For additional information, visit their website, or call (626) 574-RACE.

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75 N. Baldwin Ave., Sierra Madre, CA 91024 (626) 355-0045



## INGREDIENTS:

- 4 (12 ounce) cans beer
- 1 large onion, diced
- 10 bratwurst
- 2 teaspoons red pepper flakes
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 1/2 teaspoon ground black pepper

## DIRECTIONS:

1. Preheat an outdoor grill for medium-high heat. When hot, lightly oil grate.

2. Combine the beer and onions in a large pot; bring to a boil. Submerge the bratwurst in the beer; add the red pepper flakes, garlic powder, salt, and pepper. Reduce heat to medium and cook another 10 to 12 minutes. Remove the bratwurst from the beer mixture; reduce heat to low, and continue cooking the onions.

3. Cook the bratwurst on the preheated grill, turning once, 5 to 10 minutes. Serve with the beer mixture as a topping or side.

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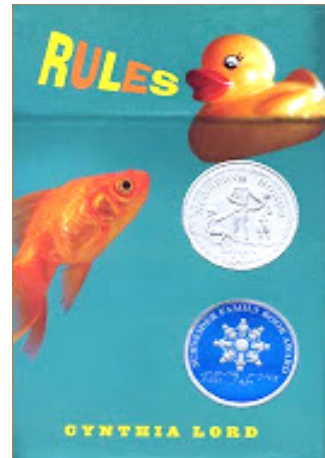
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## ARTS &amp; ENTERTAINMENT

## JASMINE'S CORNER

Book Reviews by Jasmine Kelsey Williams



## RULES By Cynthia Lord

We have now made it to October, dear readers, and we can finally feel that early autumn sensation of cooler days and the anticipation of Halloween. However, this first selection for the month of October follows a more serious tone, like "The Middlesteins" previously, but also highlights on a sensitive subject. I introduce to you "Rules" by Cynthia Lord, and its simple title alone should make you raise an eyebrow or at least the odd image of the rubber duck and goldfish. The summary and overall plot of "Rules" by Cynthia Lord is on the subject of autism, and how our central character, 12 year old Catherine, tries to deal with this matter as her younger brother is autistic. This is where Lord works her magic with the youthful yet bittersweet tone that Catherine holds when explaining the various rules to her brother in everyday life (such as no toys in the fish tank and keeping his pants on). Readers will appreciate the youthful spirit of Catherine, but may also be able to sympathize as well;

how Catherine voices her frustrations, and especially how her frustration eventually manifests when she meets Jason and Kristi, the two types of friends that she's always desired. When this happens for Catherine, her current situation and outlook does a 180 as she discovers it is her own behavior that is the most surprising which brings up the question of what normal is. Although youthful and with a bit of wit, readers will be able to pick up the seriousness of "Rules" as autism is the subject matter, and readers can be able to understand where Catherine is coming from, especially for you readers who are in a similar predicament and have a form of autism or have individuals in your life that have been diagnosed with autism. This columnist herself lives through it daily because I myself was diagnosed with PDD-NOS (a form of autism) around when I started high school (even though I've had it my whole life; my family was unsure in my younger years) and can see the effects of how everyone involved in my life has been affected.

Cynthia Lord highlights the good, sometimes bad, the odd, funny, and quirky aspects with Catherine in "Rules" and that in spite of her brother's autism, the unusual spark that he brings to her life and family overall. Copyrighted in 2006 (so this pick maybe a bit of an older pick), and receiving praise from Booklist, as well as positive acknowledgment from various critics, "Rules" is another interesting read for readers of various ages, and is helpful when you want to learn something better, or to just appreciate the uniqueness of someone or something in your life, in spite of any challenges that come your way.

## OCTOBER 6: FAURE, RAVEL, CHAMINADE IN CONCERT AT SIERRA MADRE PLAYHOUSE

The inaugural concert in the series jointly presented by Sierra Madre Playhouse and the Colburn School of Music features Colburn alumni and students with guest artists from L.A. Opera. The program:

Fauve: La bonne chansons, Op. 61  
Ravel: Sonata for violin and violincello  
Ravel: Chansons Madecasses  
Chaminade: Portrait: Valse chantee

Performers include: Rebecca Nathanson, soprano, LA Opera; Yi Zhou, viola, LA Opera; Yi-Ju Lai, piano, Colburn alum; Eloise Kim, piano, Colburn; Natalie Helm, cello, Colburn; Evin Blomberg, violin, Colburn; Radu Paponiu, Colburn; Ridge Davis, flute, Colburn.

At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre. Sunday, October 6, 2013 at 7:00 p.m. \$20. Seniors (65+) and students (to age 21), \$15. Reservations: (626) 355-4318. Online ticketing: [www.sierramad-replayhouse.org](http://www.sierramad-replayhouse.org)



## SEAN'S SHAMELESS REVIEWS:

Review by: Sean Kayden

## KINGS OF LEON

Call them overrated, underrated, rock Gods or major sellouts, but Kings of Leon, perhaps one of the biggest modern rock acts in the world, are back at it. It's been three years since Kings of Leon released their fifth and ultimately disappointing album, "Come Around Sundown." In 2011, it appeared the band was slowing down and hits like "Sex On Fire" and "Use Somebody" were clearly absent on the aforementioned record. With a tour abruptly cancelled and breakup rumors swirling, Kings of Leon decided to take a seemingly much desirable hiatus.

This past June, however, it was revealed by the band that they would be making their return with album number six in ten years entitled, "Mechanical Bull." Does "Mechanical Bull" put the band back on top? Well, for starters, after a first listen, this is clearly a much better record than "Come Around Sundown." Nevertheless, some inconsistencies with tone and theme forbid the record on being spectacular rather than just very good. If you can skip through those particular tracks that drag down the record, you'll find out that Kings of Leon still have the magic left in them.

"Mechanical Bull" kicks off with the first single, "Supersoaker," a summer type jam with enthusiasm and vigor to boot. It recalls the youthful days of KOL such as the "Aha Shake Heartbreak" record. However, with the heavy studio sound surrounding it, the song appears less organic than those of their earlier days. Nonetheless, "Supersoaker" is undoubtedly the inner workings of a band that knows how to still have fun.

After the frolicsome opener, the band throws a few misfires into the record with "Rock City" and subsequent track, "Don't Matter." Those two tracks stray away from what the album wants to say midway through the end. "Don't Matter" channels the former days of KOL, but since the band has clearly grown into a more, mature rock band, this song feels painfully outdated to be added to their current repertoire.

Rest assured, regardless of a pretty solid single that's followed by two or three average tracks, Kings' come on stronger than possibly ever before. "Temple," a clear standout that is filled with hooks and powerful, but smooth guitars. It's one of their catchiest songs to date and an obvious choice for the next single. "Wait For Me" slows it down, but you couldn't ask for a better cool down track. Beautifully written, wonderfully wistful, and supporting a vintage KOL sound, "Wait For

Me," might just be one of their best songs ever.

"Comeback Story" is another gentle song that it's very difficult not to be utterly enamored by. Sure, it may sport some silly lyrics, "I walked a mile in your shoes/And now I am a mile away

Artist: Kings Of Leon  
Album: Mechanical Bull  
Label: RCA Records  
Release Date: September 24, 2013

and I've got your shoes." Nonetheless, the sensitive, attractive guitar layout pulls you in and easily captures your heart. Compassionate and cordial, Kings adds another strong track to their collection (one that is quite plentiful with hits).

"On The Chin" closes out the album with another simple and carefree tune that has an alternative-country rock vibe. Not the best song here, but a fitting closer to an album that balances between youthful sounds and mature themes. The deluxe album has two bonus tracks that are terrific, especially "Work On Me." This classic rock inspired tune alone should attract new fans who never seemed to give KOL a fighting chance. I wish the bonus material had been on the regular edition instead of some of the subpar tracks that did make the final cut.

If you pick up this album - and you totally should - the deluxe edition is the way to go. All in all, "Mechanical Bull" is a winning effort from band that has had its share of ups and down. Kings of Leon are one of the biggest rock bands around and over the span of their 10 plus year career, no other rock act has come close to imitating their signature sound. Love them or hate them, they should be respected and regarded as utterly talented musicians. Innovators or not, Kings of Leon's latest endeavor pulls the Nashville boys out of the rubble to shed new skin. At the very least, there are plenty of satisfying rock songs to enjoy. Deserves a listen, but possibly worth much more than just that.

Grade: 8.4 out of 10  
Key Tracks: "Temple," "Wait For Me," "Comeback Story," "Coming Back Again"



## Happy Tails

by Chris Leclerc



## HOW IS THE SHUTDOWN AFFECTING THE ANIMALS?

through animal advocates' "blood, sweat and tears" to ensure that the animals are

treated properly, will for now be ignored by our federal government. It makes one wonder how our representatives define the word, "essential". I guess it is a relative term, subject to interpretation and personal prioritization.

The Animal and Plant Health Inspection Service is another branch of the USDA that will be out of commission until further notice, due to the recent government shutdown. I guess in the minds of those making crucial decisions on "we the people's" behalf, deem this as yet another non-essential program! This may not seem like such a big deal on a temporary basis if it didn't mean taking away the government-appointed employees assigned to watching out for criminal activities involving illegal misuse or removal of both plant and animal wildlife located on typically-protected properties. In case your concerns are not about animal or plant welfare, it might interest you to know that this also includes monitoring diseases and other predators that can impact the health of our plants and animals, which eventually trickles down (or up, as it were) to the top of the food chain, and I am sure most of you know that means it could affect the overall health of the human.

The Horse Protection Act is a bit of legislation mandated to ensure that Tennessee Walking Horses are not subjected to the abusive act of soring - which is the intentional infliction of pain through chemicals or other substances in order to force an artificial exaggerated gait. In the absence of federal inspectors, the oversight of activities involving these beautiful beasts will also go unattended. God bless those gorgeous horses if/when the wrong kinds of owners or trainers take charge knowing there is no one there to monitor their activities.

While the Department of Interior's Bureau of Land Management reports that they will be allowed to maintain a minimum number of employees needed to care for the 50,000+ wild horses now being held in short and long-term holding

facilities, unfortunately typically on-going horse or burro adoptions will be put on hold during the shutdown, adding to the already compounding problem of housing and caring for those animals at the tax-

payer's expense. Now, that makes a lot of common Congressional sense, ya think?

I guess if there can be a happy ending to this tale, it would be that certain departments of the U.S. Fish and Wildlife Service have been chosen among the few "essential" animal-related programs, per the powers that be. This means that in designated natural areas, government-assigned law enforcement staff will still be on hand to patrol and prevent the illegal killing of wildlife within those defined perimeters. And, on a more personal note, another happy aspect is the fact that the wild animals residing in our national parks will finally get to enjoy a reprieve from numerous humans trekking through their habitats on a daily basis, and they'll enjoy fresher, cleaner air in the absence of emissions that would typically be caused by the vehicles those human voyeurs would use to gain access to their natural spaces.

Ultimately, the bottom line is that there is no positive bottom line that can come from the government shutdown as it pertains to our society, including the animals and wildlife. Animals would never come up with a silly scheme that might render their own species vulnerable to a downfall. Animals inherently fight for their own rights, but only in an effort to survive. There is no ego contest among the species found in the wild kingdom, other than basic survival skills instilled in them by their maker. The chaos causing an uproar among we humans in the US today, is indeed unique to our species. I wish we could take more seriously the concept of learning from the other species with whom we share our planet. I encourage my fellow humans to let your inner instincts help guide you through the process of life. Stop listening to people who may wish to control your mind. Think critically and independently. Exercise the brain muscles you were given at birth and let your heart guide you in a more positive direction, just as the animals do. Love and let live!

## PET OF THE WEEK

SMOOTHIE: Animal ID #A4632506

Looking for love? Look no further and go meet Smoothie (A4632506)! Smoothie is an outstanding one year old female brown brindle American Bulldog mix puppy who was found in Baldwin Park on September 16th and brought to the Baldwin Park Shelter.



Weighing seventy very affectionate pounds, this brilliant puppy pulls slightly on leash, but is eager to please and is well socialized. Good with other dogs, we think Smoothie will absolutely adore children. Smoothie is a spectacular puppy with a cute personality to match her adorable face! She will make the ideal family pet for a family living in a private home. To watch a video of Smoothie please visit: [www.youtube.com/watch?v=02JaSatinMw](http://www.youtube.com/watch?v=02JaSatinMw)

To meet Smoothie in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Smoothie, please reference her animal ID number: A4632506. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Smoothie or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about

United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



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## LOOKING FOR A BEST FRIEND??

So is Senator! He is approximately 3-4 years old and weighs 10.7 pounds. He is a very cute, sweet, fun boy with an interesting coat. He is mostly black, but has brown legs and a white chest. Once he gets to know you he will usually climb into your lap and bless you with kisses. He loves his outings to the play yard and needs his exercise. He is curious about the world around him, and like 'human' senators he can be a bit talkative! He is neutered, up to date with all routine shots and ready to move in. Please stop in and consider making Senator part of your family!

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roomie, MacDonald. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Senator (aka..... MPK14249), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Senator.

See our website at [www.sgvhumane.org](http://www.sgvhumane.org) for information and photos of all our available pets.



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## ABOUT SMTV 98



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## WHAT'S ON 98

September 30 – October 6

The best musical movies releases the tensions of the day. The positive, up-beat, feelings from the best musical movies make you want to dance, sing and celebrate life.

The musical film genre is unique from all the other film genres in that the characters portray the plot and message of the film with singing and dancing, rather than using speaking and acting to portray the film's message. This genre is fun and different and offers a fresh spin on the usual film genres.

The first musical films ever produced were released in the 1920s--right after having sound in films was made possible. These early musical films often featured live bands, vocalists, and dancers. Lee De Forest was the first producer to put out several short musical films in 1923 and 1924. These films were of the first to include audio tracks including non-diegetic and diegetic music. Some of the first musical films of the '20s were the 1927 Warner Brother's The Jazz Singer, Blue Skies, and My Mammy.

By the 1930s, the musical film genre was still getting started, but the genre still managed to put out some the best musical movies, including The Wizard of Oz, Snow White and the Seven Dwarves, and Babes in Toyland. In the 1940s, the genre was becoming more popular. Some of the popular films of this decade included The Red Shoes, Fantasia, Meet Me in St. Louis, and Yankee Doodle Dandy. By the time the 1950s rolled around, the best musical movies such as Singin' in the Rain, Gentlemen Prefer Blondes, White Christmas, and Cinderella lifted the spirits of all of us.

Only the best musical movies impacted the film making industry as well as they reflect the people, music, and events of the current day. When musicals were first made, they were cutting edge technology, compared to the silent films of the previous years. They opened up a whole new way of making films by introducing the use of sounds, singing, dancing, acting, and speaking. Musical films also reflect the current culture. The music and plots that were used in musical films of past decades usually reflected the popular music of the day, and the plots reflected the big news and important events of the day. A good example of this is Bye Bye Birdie, directed by George Sidney.

If you're looking to watch a some classic musicals but don't know where to start, here is a list of musical films from free movie websites to help get you started: Singin' In the Rain, The Sound of Music, Seven Brides for Seven Brothers, Bye Bye Birdie, Grease, The Phantom of the Opera, and Pitch Perfect.

If you haven't watched many or all of the actors listed above you are in for a real treat. After 11a.m. about every two hours a new movie will start on channel 98.

This is how the schedule works:

7-11	Youth programs and movies
11- Noon	Comedy movies
1-3	Romance movies
3-5	Film Noir movies
5-6	Community Programing
7-9	Crime movies
9-10	Mystery movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

	My Picks of the Week
Monday	Heading For Heaven & Road to Hollywood
Tuesday	Tomorrow at Seven
Wednesday	Murder on the Campus
Thursday	The Admiral Was A Lady
Friday	Meet John Doe
Saturday	McLintock
Sunday	Till the Clouds Roll By

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited to time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.



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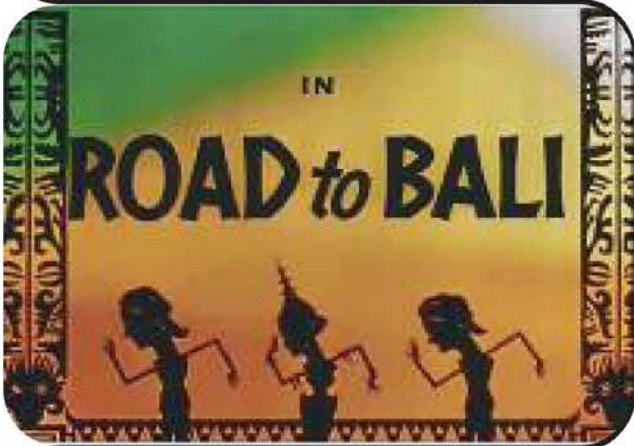
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SMTV 98 PROGRAMMING



THIS WEEK ON 98

Monday 9.30.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Northwest Trail
11 to 12 pm	Comdey Showcase
1 to 2 pm	Palooka
3 to 4 pm	Heading For Heaven & Road to Hollywood
5 to 6 pm	Community Programing
7 to 8 pm	Federal Men & Doomed to Die
9 to 10 pm	Human Bondage
Tuesday 10.1.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Affairs of Cappy Ricks & So This is Washington
11 to 12 pm	Comedy Showcase
1 to 2 pm	Bride for Henry & Lady Gangster
3 to 4 pm	Heading for Heaven & Phantom Thunderbolt
5 to 6 pm	Community Programing
7 to 8 pm	Mystery Showcase
9 to 10 pm	Tommorow at Seven & Terror by Night
Wednesday 10.2.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Comdey Showcase
11 to 12 pm	Hey Hey USA
1 to 2 pm	Car of Dreams
3 to 4 pm	Strange Illusion
5 to 6 pm	Community Programing
7 to 8 pm	Mystery Showcase
9 to 10 pm	Murder on the Campus
Thursday 10.3.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Children's Programing
11 to 12 pm	Comdey Showcase
1 to 2 pm	The Admiral Was A Lady
3 to 4 pm	Murder on the Campus
5 to 6 pm	Community Programing
7 to 8 pm	Mystery Showcase
9 to 10 pm	Panic in the Streets
Friday 10.4.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Children's Programing
11 to 12 pm	The Scarlet Pimpernel
1 to 2 pm	Meet John Doe
3 to 4 pm	The Big Combo
5 to 6 pm	Community Programing
7 to 8 pm	Hi De Ho & Light of Old Santa Fe
9 to 10 pm	Yellowstone
Saturday 10.5.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	The Last Man & Sheriff of Tombstone
11 to 12 pm	Enter the Lone Ranger
1 to 2 pm	McLintock
3 to 4 pm	War of the Wildcats
5 to 6 pm	Community Programing
7 to 8 pm	Triumph of Sherlock Homes
9 to 10 pm	Boy What a Girl & Uncle Joe
Sunday 10.6.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Forbidden Music
10 to 11 am	Escape to Paradise
11 to 12 pm	Murder with Music & Hawaii Calls
1 to 2 pm	Pygmalion
3 to 4 pm	Murder at Glen Athol & Murder at Dawn
5 to 6 pm	Community Programing
7 to 8 pm	Dixiana
9 to 10 pm	Till the Clouds Roll By



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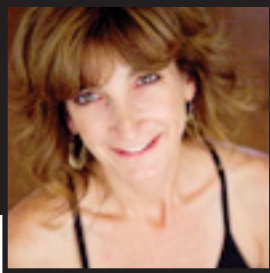
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## THE JOY OF YOGA BLOWING IN THE WIND



They say that this weekend we will be blowing again. In Yoga and Ayurveda (the sister science to yoga) we say that the wind is Vata. Wind is good, it keeps things blowing or moving around. It keeps us dancing, talking, questioning. But when we get too much wind – we get spacey. The wind can make us ungrounded, unfocused and depressed. If we cannot concentrate – we cannot get anything done. Getting things done gives us a sense of self and accomplishment.

In today's world everything is Vata! There are planes, trains, cars, cell phones and Twitter! Everything is moving too fast. Not to mention that as we age, well, we get a little drier in the skin and bones department. So while we want to keep moving, we need nurturing and grounding. We want to learn the secrets of living longer and feeling whole.

Your yoga practice can make a HUGE difference. A focus on the elements can bring greater balance. For example, the elements that balance wind would be Earth and Water. So bringing in the earth element can stabilize and ground you. The water element can hydrate and nourish you. A flow-y water like practice can counter that fast-paced wind but keep you moving and happy. Forward folds are a great way to bring in earth. Balancing with your gaze fixed on a spot on the floor can help too. What we want is calm and steady. So we flow a little and then stabilize. Easy right?

The idea is not to get rid of what we cannot change – the wind, but to balance and support what we can change – ourselves.

See you in class. Namasté, René

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## WAYS TO MAKE A DIFFERENCE THIS BREAST CANCER AWARENESS MONTH

(StatePoint) Unfortunately, too many of us know someone - a family member, friend or colleague - who is affected by breast cancer. In fact, breast cancer accounts for nearly one in three cancers diagnosed in U.S. women, according to the American Cancer Society.

Since there is no cure for breast cancer, much more needs to be done in the fight against this life-threatening disease.

There are several easy ways you can make a difference this October, which is Breast Cancer Awareness Month, and beyond:

**Get the Word Out**  
 Awareness is crucial to early diagnosis and timely treatment. Talk to your sisters, mothers, daughters, aunts and friends about scheduling annual checkups and diagnostic tests.

Since genetics can play a factor, sharing your medical history with your family is especially important. Use free web services, such as the government's Family Health Portrait tool, available at [www.familyhistory.hhs.gov](http://www.familyhistory.hhs.gov), to collect this information and help your health care provider formulate a prevention plan.

**Show Your Support**  
 Beyond spreading the word, there are easy ways you can support the fight against breast cancer - from your grocery store list to fundraisers and more.

First, look for your favorite brands that are giving back to the cause. For example, Nestlé Pure Life Purified Water is supporting The Breast Cancer Research Foundation (BCRF) through its Pink Pack program. Every package of Nestlé Pure

Life Purified Water marked with a pink ribbon represents a donation to BCRF, with a minimum of \$750,000 this year.

BCRF is dedicated to breast cancer research that will ultimately help lead to prevention and a cure. Currently, 91 cents of every dollar spent by BCRF is directed towards breast cancer research and awareness programs, such as one of the grants that Nestlé Pure Life is helping to fund, aimed at findings drugs to prevent breast cancer in those with the BRCA-mutation. To join Nestlé Pure

Life in supporting BCRF and make a direct donation supporting research efforts, visit [www.bcrfure.org](http://www.bcrfure.org).

Another easy -- and fun -- way to show your support and raise funds year round is by participating in walks and runs. Gather a group of friends and family and find a local walk or race that raises funds for an organization tied to research or finding a cure. It's a meaningful way to get directly involved.

**Healthy Lifestyle**

BCRF-funded research has indicated that there is a positive relationship between exercise, a healthy lifestyle, and breast cancer risk.

Among other things, it is important to maintain a healthy body weight through exercise and a well-balanced diet. One weight maintenance trick is to stay hydrated and eat plenty of fiber-rich foods like almonds, beans and apples, which make you feel full and can help you avoid overeating.

This Breast Cancer Awareness month, there are many great ways to support causes that fight this all-too-common, life-threatening disease. Find out more by visiting [www.cancer.org](http://www.cancer.org).

**1 in 8 WOMEN**  
 WILL BE DIAGNOSED WITH  
**Breast Cancer**  
 IN THEIR LIFETIME



**BREAST HEALTH AWARENESS NIGHT**  
 Benefiting City of Hope  
 Research • Treatment • Cures



## BREAST HEALTH AWARENESS NIGHT BENEFITING CITY OF HOPE SATURDAY! NASCAR RACES AT IRWINDALE SPEEDWAY: SATURDAY OCT 5, 2013

**Special Guests: Tommy Lasorda from the LA Dodgers and Dodger broadcaster Jorge Jarrin**

Irwindale, Calif. - - This Saturday night, October 5, Irwindale Speedway will promote national Breast Cancer Awareness Month with a special night of Whelen All-American Series NASCAR competition benefiting the track's nearby neighbor, leading cancer research and treatment center, City of Hope.

"We've pledged to contribute \$2.50 for each adult ticket sold on Saturday night and I'm really hoping to be able to write a very big check payable to City of Hope at the end of the evening," said Irwindale Event Center's President/CEO Jim Cohan.

"This is the 100th anniversary of City of Hope and we are very proud to represent them and have this opportunity to celebrate the service they continue to provide to people from near and far. The idea of close teamwork yielding good results in motor racing is well-known, and the great teamwork at City of Hope is what has made them one of the nation's most respected research and treatment centers."

Irwindale Speedway is honored to welcome to the track cancer survivors and medical staff from City of Hope. Doctor Joanne Mortimer, Director, Women's Cancer Programs and Co-Director, Breast Cancer Programs who will serve as City of Hope's Grand Marshall for the night and "give the command" for the drivers to start their engines for the first race.

Adding to the festivities on Saturday night will be a special guest appearance by Tommy Lasorda of the Los Angeles Dodgers. The Dodgers have been longtime supporters of City of Hope's causes. Lasorda will be at the Speedway to salute the organization and to greet all of the fans who love both NASCAR Home Track Racing and the LA Dodgers.

Popular Dodgers radio broadcast team member and co-host of "Dodger Talk" on AM 570 Fox Sports Los Angeles, Jorge Jarrin will emcee the pre-race ceremonies on Saturday night.

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## CONSUMERS FLOCK TO COVERED CALIFORNIA WEBSITE AND SERVICE CENTERS AS OPEN ENROLLMENT BEGINS

*State's New Health Benefit Exchange Receives Thousands of Calls and Millions of Page Views on Launch Day*

SACRAMENTO, Calif. — Covered California™ officials are thrilled with the strong consumer response today, the historic first day that California consumers have been able to shop for, compare and enroll in affordable health plans or apply for no-cost or low-cost Medi-Cal through the state's new health benefit marketplace.

Calls to Covered California Service Centers and visits to Covered California Web pages from enthusiastic consumers were extremely high throughout the day. Some 5 million page views were made to the Covered California website by 3 p.m. The page views averaged 5,000 per minute and peaked at 16,000 per minute.

Also by 3 p.m. Covered California had logged in some 17,000 phone calls to its Service Centers. To ensure that consumers will have positive experiences going forward, Covered California will take down the enrollment section of its website from 9 p.m. Tuesday until early Wednesday. This will help optimize performance for the millions of people expected to log in to use the enrollment function in future. Other portions of the website will remain accessible.

Today is merely the starting line, not the finish line, for those seeking health coverage through Covered California. Consumers will have the ability to enroll by Dec. 15, 2013, in order to ensure coverage starting Jan. 1, 2014, and after that they can still get insurance until open enrollment concludes on March 31, 2014.

*About Covered California*

Covered California is the state's marketplace for the federal Patient Protection and Affordable Care Act. Covered California was charged with creating a new health insurance marketplace in which individuals and small businesses can get access to affordable health insurance plans. With coverage starting in 2014, Covered California will help individuals determine whether they are eligible for premium assistance that will be available on a sliding-scale basis to reduce insurance costs or whether they are eligible for low-cost or no-cost Medi-Cal. Consumers can then compare health insurance plans and choose the plan that works best for their health needs and budget. Small businesses will be able to purchase competitively priced health insurance plans and offer their employees the ability to choose from an array of plans and may qualify for federal tax credits. Covered California is an independent part of the state government whose job is to make the new market work for California's consumers. It is overseen by a five-member board appointed by the Governor and the Legislature. For more information on Covered California, please visit [www.CoveredCA.com](http://www.CoveredCA.com).

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HELP FOR SENIORS WHO ARE DROWNING IN CLUTTER

*Dear Savvy Senior:*  
*My 67-year-old mother's house has become a cluttered mess. Since my father died a few years ago, her house is so disorganized and messy with stuff that it's becoming a hazard. I think she has a hoarding problem. What can I do?*    *Worried Daughter*

Dear Worried:  
Compulsive cluttering is a problem that effects up to five percent of Americans – many of whom are seniors – with problems ranging anywhere from mild messiness to hoarding so severe it may be related to a mental health disorder like obsessive-compulsive disorder (OCD). Here's what you should know, along with some tips and resources that can help your mom.

Why People Hoard  
The reasons most people hoard are because they have an extreme sentimental attachment to their possessions, or they believe they might need their items at a later date. Hoarding also may be a sign that an older person is depressed, or showing early symptoms of dementia.

Common problems for seniors who live in excessive clutter are tripping, falling and breaking a bone; overlooking bills and missing medications that are hidden in the clutter; and suffering from the environmental effects of mold, mildew and dust, and even living among insects and rodents.

What To Do  
To get a handle on your mom's problem, the Institute for Challenging Disorganization offers a free "Clutter Hoarding Scale" that you can download off their website at [challengingdisorganization.org](http://challengingdisorganization.org).

If you find that your mom has only a mild cluttering problem, there are a number of things you can do to help.

Start by having a talk with her, respectfully expressing your concern for her health and safety, and offering your assistance to help her declutter.

If she takes you up on it, most professional organizers recommend decluttering in small steps. Take one room at a time or even a portion of a room at a time. This will help prevent your mom from getting overwhelmed.

Before you start, designate three piles or boxes for your mom's stuff – one pile is for items she wants to keep-and-put-away, another is the donate pile and the last is the throwaway pile.

You and your mom will need to determine which pile her things belong in as you work. If your mom struggles with sentimental items that she doesn't use, like her husband's old tools or mother's china for example, suggest she keep only one item for memory sake and donate the rest to family members who will use them.

You will also need to help her set up a system for organizing the kept items and new possessions.

Find Help  
If you need some help with the decluttering and organizing, consider hiring a professional organizer who can come to your mom's home to help you prioritize, organize and remove the clutter. The non-profit group National Association of Professional Organizers has a directory on the website at [napo.net](http://napo.net) to help you locate an expert in your area.

If she has a bigger, more serious hording problem (if her daily functioning is impaired, or if she is having financial difficulties, health problems, or other issues because of her hoarding) you'll need to seek professional help. Antidepressants and/or talk therapy can help address control issues, anxiety, depression, and other feelings that may underline hoarding tendencies, and make it easier for her to confront her disorder.

To learn more and find professional help see the OCD Foundation ([ocfoundation.org/hoarding](http://ocfoundation.org/hoarding)) which provides a hoarding center on their website that offers information, resources, treatments, self-help groups, and more. Also see [hoardingcleanup.com](http://hoardingcleanup.com), a site that has a national database of qualified resources including cleaning companies and therapists that can help.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That



"I JUST MET A GIRL NAMED MARIA...."

I laughed a lot during a company meeting last week. The words, "laughed" and "meeting" aren't usually used in the same sentence, but this time Maria was there. Maria works at a different site, so I rarely get to talk with her. To my surprise, she mentioned that she saw one of my articles in the paper!

Not a lot of people know that I write. It's like being mild-mannered Katherine Tse by day, and literary Katie by night. Also, if people knew I that I write, they might act differently around me for fear they'd show up in my next story! (Just kidding. I hardly ever write about co-workers, clients, and other innocent parties; and if I do, it's always in a positive light.) I typically change people's names in my articles, but I figured that, with so many Maria's out there, why bother? It's a joke in our department that you can't throw a rock at work without hitting a Maria!

A lot of other names are like that, too. During breaks in the meeting we talked about a time when everyone knew at least one "Jennifer," "Jenny," or "Jen," and usually a "Jessica," as well. Now it seems like a proliferation of "Aiden's" and "Mia's" are walking around. We figured that most baby name choices are based on current media, particularly TV shows. I was never a fan of "Sex & the City," but I know enough about it to suspect that that's where "Aiden" came from! From there, all you have to do is throw a "J" at the beginning to get the next most popular names "Jaiden" and "Jaydan." One of my co-workers predicted "Adele" will be a popular name in the coming years, whereas "Miley" will not!

We also noted how certain names imply certain physical characteristics. All "Heathers" must be blonde. For me, "Sandy" (but not "Sandra") has always stuck out as a name for nice, somewhat shy women. No one at the meeting agreed with me on this.

My vision of "Sandy" came after watching the movie, "Rebecca." Daphne Du Maurier's novel of the same name is



an all-time favorite of my Mom, so I feel as if I know the story inside and out. The main character is a gauche young woman who marries an older wealthy man. The man's late wife, Rebecca, was beautiful and accomplished. Although the story



takes place after her death, Rebecca seems to live on through the attitudes and actions of those who knew her. She is such a presence that the book is named for her, while the second wife's name is never mentioned. Talking with my Mom about the story, referring to this woman as "the narrator" or "the second wife" became cumbersome. So, I sought a suitable name for her, and finally started referring to her as "Sandy." "That's not her name!" my Mom said. "Well," I replied, "She seems like a 'Sandy.'"

Later in the meeting, Maria told us that recently one of her younger clients, upon seeing her ID badge, asked "You're Maria?" "Yes," she answered, "My first name's Maria." The boy gave her an incredulous look, as if she had told him that the cafeteria was serving frog legs and snails. "Well," he continued, "You don't *look* like a 'Maria!'" Amused, she asked, "Well, what name *do* I look like?" Scoffing, he replied "*Rebecca!*" "And just what does a 'Rebecca' look like?" she responded. He rolled his eyes, "Not like a '*Maria,*' that's for sure!"

We were all cracking up when Maria asked, "*Do* I look like a Rebecca?" "Yes," I said, "You do! It's a strong name!"

SENIOR HAPPENINGS

By Pat Birdsall

FYI: GRANDPARENT SCAM MAKING THE ROUNDS AGAIN...

My grandmother retired to Florida after working for Western Union for many, many years. A few years before she passed away at the age of 97 in 1997, a scammer called her and said the following, "Grandma?" She replied, "Chris?" That's all that was needed for the scammer to proceed. It gave him a "legitimate" identity. The scammer, pretending to be my son told her that he was in jail and needed money ASAP. To this day, I don't know if she was a victim but I do know that until her dying day, she thought my son had been arrested. The reason I'm bringing this up again is because the scam is back...Two seniors, members of the local Senior Club, relayed tales of similar telephone calls they both received very recently. This time, there is a twist; the scammers supplied the correct name of the grandchild! Both ladies think it's information perhaps garnered from school records. The premise is same however; the "grandchild" has been arrested and needs a lot of money right now. Neither lady fell victim to the scam but the fact that is back with a vengeance makes one think it must be an extremely lucrative endeavor.

Here are some things to remember:  
1) Don't fill in any blanks for the scammer.  
2) Do whatever is necessary to confirm the real relatives whereabouts. Call you're your grandchild's home, school or work.  
3) Don't send money unless you have verified that your relative is really in trouble. If a caller asks for your bank account number or urges you wire money for any reason, that's a good indication of a scam. Cons prefer wire transfers because they are fast, there are transfer agents in most communities and funds can be picked up in multiple locations. (bothell-reporter.com)

**HELPFUL HINT:** To make homemade flower arrangements look like they came from the florist, no need to spend money on floral foam or a floral frog. Just secure strips of transparent tape in a crisscross pattern at the mouth of the vase and place flowers in the grid. The tape holds the flowers in place, saving you time and money.

**FOR YOUR FUNNY BONE** - On a business trip, my father approached the security check-point at the airport. The National Guard shift was rotating and a guard, in full uniform, was in line in front of him. As with everybody else, the soldier was ordered to go through the metal detector. Before doing so, he handed his M-16 rifle to security personnel along with other items such as handcuffs and a flashlight. Still the alarm sounded when he walked through. Further inspection revealed a Swiss army knife inside one of his pockets. "Sorry, sir," security said to the soldier, "but this item is prohibited." Taking the knife away, the airport worker then handed him back the M-16.

HAPPY BIRTHDAY! ... October Birthdays



Janda Ferris, Darlene Traxler, Margit Johnson, Sole Krieg, Ann Tyler, Pat Birdsall, George Maurer, Dick Anderson, Barbara Cline, Eva Poet, Mary Jane Baker, Dixie Coutant, Cathleen Cremins, Lillias Eubanks, Alma Mays, Adie Marshall, Linda Boehm and Angela

Stella.  
\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

**Quote of the Week:** "Autumn... the year's last, loveliest smile." William Cullen Bryant



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon  
(Participants are urged to arrive no later than 11:45 A.M.)  
All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited.  
Please call 24 hours in advance...626.355.0256

**Free Balance Class:** Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandevelde. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Get fit, Have Fun with Zumba Gold  
Zumba Gold is a low impact fitness class based on Latin and World Music. The upbeat music creates a fun atmosphere with easy to follow dance moves that will have you toning your body and improving your stamina and balance from your very first class. No dance experience is necessary and all fitness levels are welcome. Class is held Mondays from 11:00 am to 12:00 pm.Next session begins in September. \$30.00 class fee. For more information or to sign up call the Community Services Department at (626) 355-5278.

**Free Blood Pressure Testing:** Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

**Bingo: Every Tuesday** afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

**Free Chair Yoga: New Hours: 11:00 to 11:45** Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

**Free Legal Consultation:** Pasadena attorney Geoffrey Chin volunteers on the 2<sup>nd</sup> Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. **\*Appointments are a must!** Please call: 626.355.7394 to make yours\* *Conflicting court schedules can occasionally cause cancellations.*

LUNCH AND LEARN: SALT THERAPY

Wednesday, October 23<sup>rd</sup>- 12:00 to 1:00 pm Hart Park House Senior Center  
Listen to Reiki Master Kristen, as she explains the benefits of Salt Therapy. Discover the all-natural, drug free treatments that are offered at The Salt Therapy Studio such as salt therapy, massage therapy and Reiki. These forms of treatment are helpful with many conditions that affect the body including: Arthritis, Chronic Obstructive Pulmonary Disease (COPD), Muscle Tension, Stress, Sinusitis, Sore Throat, Colds, cough and congestion.  
If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626.355.0256 or bring your own.

**Birthday Celebrations:** The 2<sup>nd</sup> Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "**celebration.**" (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

**Game Day: Every Thursday** at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

**Free Strength Training Class: Every Friday** from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandlee. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

**Senior Citizens Club:** Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.



UPCOMING EXCURSIONS:  
BIG BEAR OKTOBERFEST TRIP FOR OCTOBER 12TH IS CANCELLED

**NEXT EXCURSION:**  
**JEOPARDY TAPING AT SONY STUDIOS - Sony Studios, Culver City, Ca.**  
*Date: Wednesday, November 13, 2013 Time: 9:30 am to 3:30 pm*  
Meeting Location: Hart Park House Senior Center Cost: \$15.00 (does not include lunch)

Join us as we head to the Sony Studios in Culver City for the taping of Jeopardy!, America's favorite quiz show. The show is a winner of a 2012 Peabody award and 30 Emmy awards, including the 2012 Emmy for Outstanding Game/Audience Participation. Participants will have the opportunity to see the tapping of three shows which takes approximately 2 hours. Following the tapings, at approximately 1:15 pm, participants will lunch together at the Overland Café just down the street from the studio. It is recommended to bring \$10-15 for lunch. Tickets are selling quickly so come in today and purchase yours. Last day to register is November 5<sup>th</sup>.  
Level of walking: Minimal

**Friday, December 13, 2013. "Because it's Christmas"**  
**Show at Candlelight Pavilion (Claremont, Ca.) \$67.00 (Lunch included) 10:00 am- 4:00 pm**

\*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at [www.cityofsierramadre.com](http://www.cityofsierramadre.com) Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation. CALL (626) 355-7394

**Senior Movie Program:**  
FREE movies are chosen by the seniors themselves and shown on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month (EXCEPT OCTOBER - see below) in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. ~ Start time is 1:00pm ~

**October 16<sup>th</sup>: Hotel Transylvania (2012)**  
Dracula, who operates a high-end monster resort away from the human world, goes into overprotective mode when a human boy discovers the resort and falls for the count's teenage daughter. Rated PG, Start time: 1:00 pm (run time 91 minutes)

**October 30<sup>th</sup>: Young Frankenstein (1976)**  
After years of living down the family reputation, Dr. Frankenstein's grandson inherits granddad's castle and repeats experiments. Rated PG, Start time: 1:00 pm (run time 106 minutes)



## Looking Up

with Bob Eklund



## MARTIAN IGNEOUS ROCK IS SURPRISINGLY EARTH-LIKE

During the nearly 14 months that it has spent on the red planet, Curiosity, the Mars Science Laboratory (MSL) rover, has scooped soil, drilled rocks, and analyzed samples by exposing them to laser beams, X-rays, and alpha particles using the most sophisticated suite of scientific instruments ever deployed on another planet. One result of this effort was evidence that ancient Mars could have supported microbial life.

But Curiosity is far more than a one-trick rover, and in a paper published today in the journal Science [http://www.sciencemag.org/content/341/6153/1239463], a team of MSL scientists reports its analysis of a surprisingly Earth-like Martian rock that offers new insight into the history of Mars's interior and suggests parts of the red planet may be more like our own than we knew.

The paper—whose lead author is Edward Stolper, Caltech's William E. Leonhard Professor of Geology, provost, and interim president—examines in detail a 50-centimeter-tall pyramid-shaped rock named “Jake M” (after MSL surface operations systems chief engineer Jacob “Jake” Matijevic, who passed away two weeks after Curiosity's landing).

The rock was encountered by Curiosity a few weeks after it landed, during its slow drive across Gale Crater on the way toward the crater's central peak, Mount Sharp. Visual inspection of the dark gray rock suggested that it was probably a fine-grained basaltic igneous rock formed by the crystallization of magma near the planet's surface. The absence of obvious mineral grains on its essentially dust-free surface further suggested that it would have a relatively uniform (i.e., homogeneous) chemical composition.

For that reason, MSL's scientists decided it would be a good test case for comparing the results obtained by two of the rover's scientific instruments, the Alpha Particle X-ray Spectrometer (APXS) and ChemCam, both of which are used to measure the chemical compositions of rocks, sediments, and minerals.

However, the APXS came up with some unanticipated results. Far from being similar in its chemical composition to the many Martian igneous rocks analyzed by the Spirit and Opportunity rovers on the surface of Mars or to Martian meteorites found on Earth, Jake M is highly enriched in sodium and potassium, making it chemically alkaline.

Although Jake M is very different from known Martian rocks, Stolper and colleagues realized that it is very similar in its chemical composition to a relatively rare type of terrestrial igneous rock, known as a mugearite, which is typically found on ocean islands and in continental rift zones.

“We realized right away that although nothing like it had ever been found on Mars, Jake M is similar in composition to terrestrial mugearites, which although uncommon are very well known to igneous petrologists who study volcanic rocks on Earth,” Stolper says. “In fact, if this rock were found on Earth, we would be hard pressed, based on its elemental composition, to tell it was not an Earth rock.”

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



Image of the martian rock "Jake Matijevic" obtained by Curiosity's Mast Camera Credit: NASA/JPL-Caltech/MSSS - See more at: <http://www.caltech.edu/content/scientists-find-martian-igneous-rock-surprisingly-earthsthsh.hxWBYNxl.dpuf>

## BUSINESS NEWS &amp; TRENDS

**Tips of the Trade:**  
**Real Estate Revealed**  
*by Luther Tsinoglou*  
**THE MARKET WHERE YOU MOVE**

As we see some market recovery, the scales become a little more balanced between buyers and sellers. However, if you're a buyer moving out of the area, local conditions here aren't relevant. You need to investigate whether it's still a strong buyer's market in the area where you are relocating.

If long listing times and price reductions are prevalent, then you have the luxury of exercising some of the following options when you search and eventually make an offer. First of all, you needn't jump at the first suitable home you find, because inventory will be high and price reductions open to discussion.

When you finally decide to make an offer, play the time card to your advantage, asking for a speedy seller response, perhaps within 24 hours. Pressure to accept is one thing, but do allow a reasonable amount of time for inspections, repairs, etc. Speaking of which, don't be shy about stipulating major repairs in your offer, and the inclusion of a "home warranty" policy for the first year.

Offer below asking price, but don't lowball and insult the seller. You can always reject their counteroffer in a strong buyer's market, as long as you can accept the risk and move on to the next property. Have your representative assemble a good selection of suitable properties and take one step at a time!

**Social Media**  
*Tips & Tricks*  
By Merri Jill Finstrom  
**THE FIRST TWO WORDS**

Because we are rapidly scanning emails and news feeds, we only have about 2-3 seconds to grab someone's attention. These words need to convey value in order to get the reader to put on the breaks and look through the rest of your message.

The best performing subject lines often begin with these types of phrases: How to, Top 10, Update on, 3 Steps, You can or other key trigger words that express some type of usefulness.

I tend to open up emails from businesses if they have a good subject line. I always open up emails from Anthropology because they have subject lines like “the blouse you can't live without this summer.” Whoaaaa! Something about that subject line makes me take action because “I gotta see that!”

Go through your emails and social media news feeds and write down the phrases that catch your attention. The next time you send out an email campaign or write a social media post, look at the list and see if there are words you could be using.

*About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies. They are known for providing valuable information at their Social Media and Email Marketing classes. “Like” them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs). Sign up for their upcoming classes and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule).*

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## GOVERNOR SIGNS HOLDEN'S INNOVATIVE BUSINESS BILLS

## AB 201 Small Business Loan Guarantee and AB 250 CA Innovation Initiatives

Sacramento – Governor Brown today signed two innovative business bills authored by Assemblymember Chris Holden (D-Pasadena) and designed to boost California's economy.

AB 201 makes the Small Business Loan Guarantee program more accessible and user friendly and AB 250 expands opportunities for pioneering, start-up technology in California.

“I applaud the Governor for signing these bills which will play a pivotal role in making much needed capital more accessible to thousands of small businesses so they can enlarge, create new jobs, and save the jobs of existing employees,” stated Assemblymember Holden.

AB 201 requires the Office of Small Business Advocate to include on its website information on

the Small Business Loan Guarantee program's (SBLGP) loan guarantees, direct lending, surety bond guarantees, and disaster loans.

AB 250 will expand the development of iHubs across California and develop more economic opportunities for start-up companies, promoting greater collaboration between innovators and venture capital investment within the state.

“We want to put California in a position to cultivate and incubate young companies that are developing new technologies that will promote conservation and other public policy goals,” explained Assemblymember Holden. “Establishing the iHub Accelerator Fund will allow the state to compete for grant funding from the federal government, private sector and foundations to encourage innovation.”



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## THE SUMMER IN MY REARVIEW MIRROR

I awoke last Tuesday with a strange feeling I had missed something. Not only that, but I was shivering like a polar bear without his pajamas. I knew something was wrong, but to put my finger on it was just too early in the morning for me. I like starting my days slowly. At my age just getting up is quite an accomplishment.

I felt my forehead to see if I had a fever. I found my forehead easily enough, just above my eyes, but I can never tell if I am hot, cold or lukewarm.

The condition progressed to such a degree I had to swallow my pride and inquiry of the Gracious Mistress of the Parsonage. She can look at me and tell me if I am sick or not. Usually, I'm sick.

So I approached her and said, “Am I sick or what?”

Quick as a wink she said, “Off the top of my head I would say you are ‘or what.’”

And this was just the beginning of my day.

Then my wife looked at me and said, “Why do you ask?”

So I explained to her about the feeling I had that something was missing and on top of that, I could not stop shivering. She felt my forehead to see if I had a fever, and I did not. When she turned her back on me, I was tempted to stick out my tongue and say “AHH!”

“Well,” she said, “you're not sick and I don't understand how you could be cold.”

I looked aimlessly out the window and began to shiver more. “It looks like it's cold out there,” I complained.

My wife looked at me with one of those looks that every husband knows and fears, and said, “It should be cold outside, it's winter, for Pete's sake.”

“Winter? What happened to summer?”

“Oh you silly boy,” my wife chuckled, “summer's over and winter's brewing.”

I just stared out the window at the bleakness of the morning, wondering where in the world summer went. At the moment, it did not seem possible to me that summer was over. Is not that the way things go? Just as soon as you get used to something, it is over.

I suppose it is because a person becomes so busy doing the mundane daily things he fails to consider the whole picture. If you do not enjoy what you are doing right now, one day you will look back and wonder where in the world it disappeared.

At my age, it seems that looking back has become quite a career. I remember when I was young the old folks used to say, “I remember the good old days.” I've often wondered what they were talking about.

Now I know.

When I was young, my whole life was looking forward, but now that I am old, I spend part of my time looking at the rearview mirror. That is the wonderful advantage of getting older. When you are young, you do not have anything to look back to. The older you get the more you have to look back on.

I have a few things I reflect on. One of these is the memories I have made throughout the years. Often when my wife and I are sitting together one of us will say, “Do you remember when...?” Then one of us will recite a wonderful memory from the past and have a good laugh together.

Maybe this is why older people laugh so much. I know it is why I laugh a lot.

One of the wonderful things about a person's memory is that it is personal. I will not say that I enhance my memories (of course I do) but I will not confess to it. If it is my memory, I should be able to recite it any which way I please. I particularly enjoy those memories that I share with no one else. Because then, I have the freedom to remember it any which way I please.

I once listened to a very old woman share memories of her childhood. At the time, she was in her early 90s. As I drove away from listening to her I thought to myself, I wonder how much of those memories were really true. Then again, they were her memories not mine. Who am I to judge?

Also in looking back, there are those things we refer to as regrets. I suppose everybody tries to live in such a way to keep regrets to a minimum. I have a long list of things I regret doing or saying or not doing or not saying.

The one category of regrets I have is those things that I have done that my wife knows about. Talk about memory?

This brings up the difference between a husband and a wife. A husband cannot remember anything and his wife cannot forget anything. But between the two, they lick the platter clean.

The apostle Paul practiced the fine art of forgetting. He wrote, “Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.” (Philippians 3:13-14 KJV).

My rearview mirror is full and the temptation is to focus solely on them, thus missing the scenery in front of me.



## HOOP IT UP BASKETBALL TOURNAMENT SLAMS INTO THE CITY OF PASADENA OCTOBER 4-6,

*La Salle High School to host the event with the Pasadena Community Health Fair*

Pasadena, September 9, 2013-The La Salle Board of Regents is proud to announce that the Hoop It Up Basketball Tournament is returning to Southern California after a ten year absence. Established in 1989 by the National Basketball Association, Hoop It Up is the nation's largest three-on-three outdoor street basketball competition. Over the years, more than 500,000 players have competed in the games. The tournament is designed to promote both community and fitness, and will be open to youths, teens and adults, with an expected participation of 400 to 500 players with hundreds more in attendance. The weekend's events will be held at the La Salle High School Campus and will also feature a 3 point shooting contest and slam dunk contest on Saturday, October 5th.

As part of the ongoing efforts to promote fitness, health, and well-being in the community at large, La Salle High School will also host the inaugural Pasadena Community Health Fair during the Hoop It Up Tournament on October 5th from 9am to 4pm on the La Salle campus. This supporting Community Health Fair will be free to all participants thanks to the generosity of the event sponsors Methodist Hospital of Arcadia, Merrill Lynch, East West Bank, and Dick's Sporting Goods.

### WHO'S GOT NEXT THE BASKETBALL TOUR

# HOOP IT UP

**PASADENA, CA  
OCTOBER 4-6, 2013**

AND PASADENA COMMUNITY HEALTH FAIR - OCTOBER 5TH

REGISTER @ **HoopItUp.com**

**La Salle High School**  
3880 E Sierra Madre Blvd  
Pasadena, CA 91101

Team Fees Only:

- Youth - \$100
- Teen - \$150
- Adult - \$200

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## SAVE THE DATE!

# CITY OF SIERRA MADRE OKTOBERFEST

### GOLF AND TENNIS TOURNAMENT

**Saturday, October 19, 2013 - 8:00am**  
**Memorial and Sierra Vista Park Tennis Courts**  
**Eaton Canyon Golf Course**  
**Sierra Madre, CA**

**Benefiting youth and teen services**  
For more info or to support, call 626.355.5278 or email [kschnurr@cityofsierramadre.com](mailto:kschnurr@cityofsierramadre.com).





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Sundays: CLOSED



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## Fighting Fires!

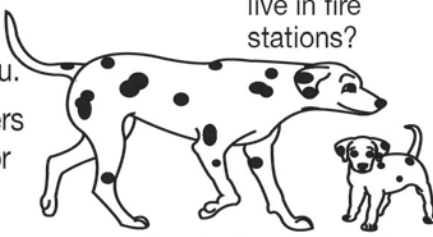
Fire Prevention and Safety Week (Oct. 6 - Oct. 12)



Let's all help to prevent fires. You can start by talking with grownups in your family about fire safety and prevention. Check at your school to see if firefighters can come to talk to your class. **Cut out this checklist and hang it on your refrigerator or bulletin board.**

### Family Fire Safety Checklist


- ☐ Cook in the kitchen only when an adult is helping you.
- ☐ Don't touch matches, lighters or candles. They are only for adults to use.
- ☐ Do you have smoke detectors on every level of your home? Test them monthly. Change the batteries at least once a year.
- ☐ Do you know two or more ways out of the house?
- ☐ Never use elevators if there is a fire (stairs are much safer).
- ☐ Smoke rises. If there is a fire, stay low: crawl under the smoke.
- ☐ Have you picked a place to meet the rest of your family once you are all out of the house?
- ☐ Once you are out of the house, *stay out* of the house.



Do you know that some dogs live in fire stations?

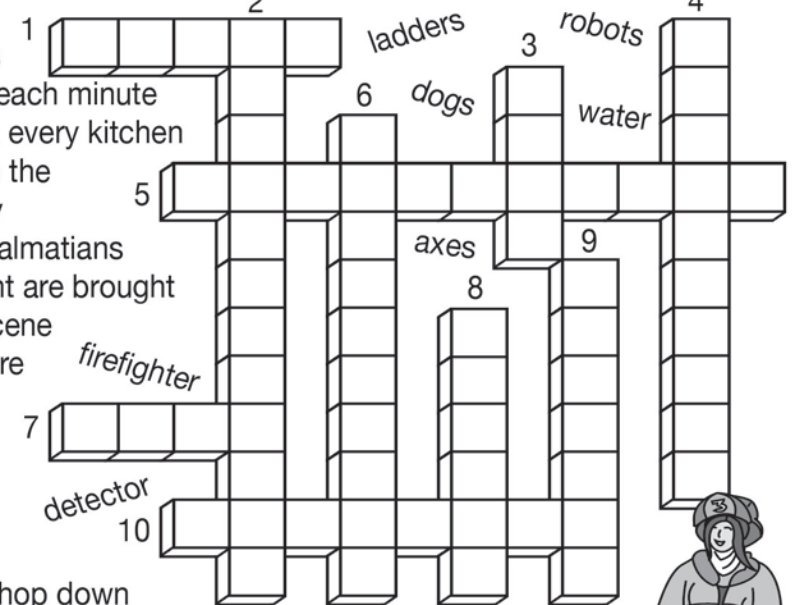
**Read these clues to fill in the puzzle with people and the things they use to fight fires:**

- hydrants pump hundreds of gallons of \_\_\_\_\_ each minute
- a fire \_\_\_\_\_ should be in every kitchen
- horses of fire carriages in the 1800's were protected by \_\_\_\_\_, especially dalmatians
- firefighters and equipment are brought by a \_\_\_\_\_ to the scene
- person who teaches us fire safety and protects us \_\_\_\_\_
- a \_\_\_\_\_ can be used to pick up water from a lake and drop it onto a fire
- \_\_\_\_\_ are used to chop down locked doors or walls
- \_\_\_\_\_ extinguish fires without endangering any firefighters
- a special fire truck carries long \_\_\_\_\_ to reach high spots (skyscraper)
- a smoke \_\_\_\_\_ gives warning of fire



### Free puzzles

Print out new puzzles:  
**Kitchen Safety, Fall Sports Fun, Leaves @**  
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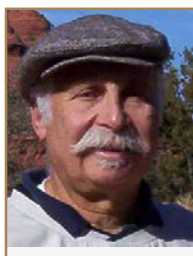
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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## STUART Tolchin.....On LIFE SOME BIG QUESTIONS!

Well, at least I'm still functioning, which is more that I can say for our government. As you might recall from last week's article, I had been diagnosed as having suffered a silent heart attack and was scheduled for an angiogram on Wednesday. Well, it was all a false alarm. The machines were wrong; I suffered no heart attack -although I still have symptoms associated with atrial fibrillation, congestive heart failure, hypertension, diabetes - oh there are more, but who cares? The real question facing me is what I am going to do with the rest of my life for however long I might be around.

This same question faces all of us and I wonder how many of us give it much thought. I suppose there is another important question which concerns what to do after death. I never give this question much thought, as I am a kind of life-long atheist who has always accepted a conclusion that death is most like the turning out of lights-except that the lights can't be turned on again.

I haven't changed my mind about this belief, but I was surprised at the number of friends, relatives, and acquaintances who let me know they were praying for me. I kind of liked the idea and now that things have turned out well, or better than I expected, I feel kind of strange about the whole thing. FIRST OF ALL, Thank you one and all for your prayers. It feels good to know that people have taken the time to think about me and direct positive energy towards me. (Why is it easier for me to accept vague terms like positive energy when I so fight the idea of prayers affecting physical outcomes?)

I know there is an infinite amount of writing about the merits of the Scientific View and the Religious or Spiritual View. Different religions talk about hierarchical levels of spiritual attainment and understanding while science somewhat pretentiously, I think, pretends to know all the answers when it does not even know how to formulate the right questions. The militant atheist (I love that term) Richard Dawkins is speaking at Cal Tech in the near future but his hard-line position does not interest me very much. Really, I don't care what people say they believe—it's how they live their life that interests me.

Over the weekend I had an interesting conversation with the relative of a German Scientist who had worked for

Hitler and then was brought to the United States to work for NASA. For those of you who weren't around at the time, the Arms Race was contemporaneously described as a battle between the American German Scientists and the Russian German Scientist. Tom Lehrer wrote a wonderful little ditty describing Werner Von Braun, formerly the head of Hitler's Rocket Program who later became the Director of NASA. The ditty went:

You too can become a big hero  
By Learning to Count Backwards  
to Zero  
I just shoot the Rockets up  
Who Cares Where They Come Down  
And I'm Learning Chinese  
Says Werner von Braun

I questioned a relative, a Scientist herself, about this attitude and she took some time to explain things to me. She said that when you are a research scientist trying to discover or create some solution that the world has never seen before, it erases almost everything else in your life. Practically, as an important researcher, you are well taken care of with food, a roof over your head, medical care, and whatever else you need. So what's not to like?

So is that the answer to all problems? Find some field that best utilizes your talents; learn all you can about it, approach your work creatively and forget everything else. Is that what Voltaire meant when he advised everyone to just cultivate their own gardens? Well, I hope not.

Over the weekend my wife was driving along Huntington and we saw a car almost run over a little black dog. The driver stopped, got out of his car, put the dog on the sidewalk, returned to his car and took off. Almost immediately the dog went back into the street and almost got hit by another car. My wife stopped our car and my son picked up the dog and put him in our car. We looked at the dog's collar, called the owner, and delivered the dog to its home.

I felt great about participating in this dog's rescue. It felt something like prayer, I think and I am glad to have been given the opportunity by I don't know Whom to enjoy this life that was miraculously given to me. I hope our Congressmen can reach out and do whatever else they are supposed to be doing without dropping bombs on people and walking away.



## HAIL Hamilton My Turn

### ANOTHER BAD JOKE FOR CALIFORNIA'S YOUTH, POOR AND HOMELESS FROM JERRY BROWN!

I remember my first “real” job working at Richfield gas station on the corner of Lincoln Avenue and Orange Grove Boulevard in Pasadena. It was in the summer of 1963, just after my 16th birthday. I remember I earned minimum wage -- a whopping \$1.25 an hour! And I was glad to get it. A \$1.25 an hour job working 4 hours a day 5 days a week after taxes and Social Security was a cool \$20.00 a week, or a \$80.00 a month. Compared to delivering newspapers, mowing lawns or washing cars this was real dough.

This kind of bread that could take you places, real places. You could take your favorite girl to a movie on Saturday night for \$.85 each to one of the ornate 20s-style movie houses still in business back then in Pasadena. Does anybody remember the Crown? It was two blocks west of City Hall and still had an orchestra area up front, left over from the silent era.

And then you could catch a bite at Bob's Big Boy Drive-in on East Colorado Blvd. It was on every teenager's itinerary of places to go after a date, football game, party, you name it. Bob's was definitely da place to hang out with friends, or to make new friends until curfew called it a night.

You could also pay the \$1.00 admission into the old Pasadena Civic Auditorium to hang out with your buddies and dance the night away with some of the hottest chicks in Southern California to the electric tunes of the “King of the Surf Guitar,” Dick Dale and the Del Tones.

A car and a full tank of gas gave my generation the freedom to go anywhere, almost anytime, and for us surfers taking a well-earned surf break from the boredom of high school was like a much needed student mental health day. A day at the beach surfing with your surf buds was reinvigorating and sure beat the heck of English class. Weekends were different because our parents understood our love of the sport.

Ditching school was another thing. Absence notes had to be forged (usually by a girl whose handwriting was more likely to pass as your mom's). Extra care had to be taken to get home at the same time you would have arrived had you gone to school. And then there was always the need for a ready excuse for a sunburn. (“Mom, they couldn't get a sub for English so we had two periods of P.E. today!")

\$1.25 was worth a whole lot more in 1963. For example, a new 1963 Ford Country Squire Station Wagon was \$3,018; the price of a 17C1 ticket (behind the Dodger dugout) to the fourth game of the shut by the Dodgers over the Yankees at the 1963 World Series was \$12.00; And World Series refreshments were even cheaper: Cokes were \$.15, Popcorn was \$.25 buttered to the max, and a Dodger Dog was \$.45! And regular gasoline was \$.30 a gallon!

From 1963, when California's minimum wage was \$1.25 an hour until 2013 when it is \$8.00 an hour is a 50-year raise of \$6.75, or \$.14 a year increase! And raising it to \$10.00 an hour by 2016 is a bad joke! Let's see \$8.75 divided by 53 years comes to about \$.17 a year increase -- a \$.03 a year more by 2016! Is it any wonder why so many “kids” live at home well into their 30s, and why there are some many more working poor and homeless people living on our streets?

Come on Jerry, California can do better than that, much better. Drop this whole bogus debate over minimum wage. It's high time for you to be a leader. Show some political backbone and use the bully pulpit of the Governor's Office to get Californians discussing something that can really help our youth, the poor and the homeless -- a minimum living wage!

## LEFT TURN/RIGHT TURN

### HOWARD Hays As I See It



*“The Republican budget . . . would repeal the guarantee of health care for poor children, people with disabilities, pregnant women, and older Americans . . . deny quality health coverage to nearly eight million people, deny meaningful health care to over a million people with disabilities, even to 150,000 veterans . . .”*

-President Bill Clinton - December, 1995

*“This shutdown is about rolling back our efforts to provide health insurance to folks who don't have it. This, more than anything else, seems to be what the Republican Party stands for these days.”* President Barack Obama – Oct. 2013

Not just “these days”, but also eighteen years ago prior to our last government shutdown. The difference is that then Republicans were insisting on cutting \$163 billion from Medicaid to address the budget deficit (which was on track to being eliminated by the end of Clinton's term, anyway). Today, it has nothing to do with government spending or the (already declining) deficit. It's all about the determination of those bankrolling House tea-baggers to cripple the Affordable Care Act – with millions having already applied on its roll-out last Tuesday (5 million logging into Covered California by 3PM on its first day).

As for the budget, the CBO informed House Speaker John Boehner (R-OH) last July that eliminating the ACA would add \$109 billion to the deficit through 2022. Democrats had already acceded to Republican demands to maintain the recovery-stalling sequester cuts that kicked in last March. (Remember the “fiscal cliff”?) The CBO says these cuts will take 1.2% off the GDP through the end of next year, and cost 1.6 million jobs. Democrats went along anyway, wanting a bill that could pass both houses. But it wasn't enough – because it didn't gut the ACA. There's scoffing on the right that, aside from inconveniencing some tourists, a government shutdown has no real effect – and might even be a good thing. The impact is real, though, on 800,000 furloughed federal workers, with \$1 billion a week in lost pay taken from the economy (and this time they're unlikely to be reimbursed). Courts will start sending home workers if the shutdown lasts another couple weeks. Kids with cancer will be turned away from clinical research projects at the NIH. The ability of the Center for Disease Control to detect and respond to outbreaks will be curtailed.

The Food and Drug Administration will suspend safety inspections. The Supplemental Nutrition Program for Women, Infants and Children (WIC) could close down. Thousands of kids will be turned away from Head Start programs. The IRS will suspend audits and close down help lines. The FHA won't be backing new home loans (it now backs a third of them), and no more government-backed loans to small businesses. OSHA will halt workplace inspections. Veterans appealing denials of disability benefits will have to wait. The EPA can't proceed with the clean-up of two-thirds of the Superfund sites, and would “effectively shut down.”

Testifying Wednesday before the Senate Judiciary Committee, Director of National Intelligence James Clapper warned that with 70% of NSA personnel on furlough, “The damage will be insidious . . . This is a dreamland for foreign intelligence services”.

Republicans respond that it's not their fault. If only the president and Democratic

Senators would “negotiate”, they might work a deal not only on the ACA but on other items from their wish list: privatizing Medicare, expanded oil drilling offshore and on public lands, defunding Planned Parenthood and allowing employers to decide what preventive care coverage women can be offered, gutting Dodd-Frank Wall Street reforms, etc.

Senate Budget Committee chair Sen. Patty Murray (D-WA) reminds that Democrats asked Republicans eighteen times over the past six months to appoint members to a conference committee to work out differences on the budget, and each time Republican leaders refused. These are the folks who likened negotiation and compromise with the president and Democrats to capitulation and treason. Now, as the government was shutting down and they were suddenly calling for negotiations, Sen. Murray responded, “. . . we're not going to do it with a gun to our head that says we're shutting government down and we're going to conference over a short little six-week” continuing resolution.

Most in Congress, both Republicans and Democrats, “get it”. If the “clean” resolution leaving the ACA alone and simply keeping the government open were given a vote in the Republican-controlled House, it would pass. The problem is that the tea-baggers won't let House Speaker Boehner bring it to the floor.

These are the progeny of the Karl Rove – engineered gerrymandering of districts coming out of the 2010 census – safe for Republicans, except for those showing a willingness to “compromise” or a desire to actually “govern”. There are eighty of them – over 75% white males. They comprise a third of House Republicans, and 18% of all house members. Conservative columnist Charles Krauthammer calls them the “suicide caucus”. Their constituency comprises 18% of our nation's population, yet they're positioned to hold our nation hostage.

House Speaker Boehner would love to get this “clean” resolution passed, get the government running again, and tackle the ACA some other day. He's afraid, though, that if he were to send it to the floor in defiance of the tea-baggers, they have enough influence to dump him and anoint a replacement Speaker more to their liking. His own job is more important to him than the jobs of those 800,000 furloughed workers.

As reality sets in, more grown-up Republicans are defecting from the sphere of the “suicide caucus” and putting the nation's interest above the interests of The Heritage Foundation and the Koch Brothers. The real test will come in a couple weeks when the tea-baggers threaten to smear the full faith and credit of the United States unless they get their way – with consequences exponentially more serious than the current shutdown, both here and abroad. Then we'll truly see “what the Republican party stands for these days”.

### GREG Welborn

#### ARE CONSERVATIVES CRAZY?

I can't tell you what the Republicans are up to; I'm not part of the leadership and certainly don't get the “talking points”, if there are such things. But I can tell you what conservatives in Congress are up to, and I can relieve everyone of any concern that the current government slim down isn't going to kill the economy or relegate the U.S. to third world status. In fact, despite the rabid name calling and doom-saying, the current impasse might actually be good for the economy.

Since we're now in the midst of a government slim down, let's address that issue first. I've purposely used the term “slim down” instead of the more popular and alarmist phrase, “shut down” because it's more accurate. Not even the most radical leftie can argue that the government has shut down. By definition, all essential services relating to public health, safety, national defense, social security, Medicare, etc. are operating and being funded at full levels. What's being cut back are those services deemed non-essential, and they're being tailored to levels that will help make expenditures come closer to available revenues. In a sense, it's a forced balancing of the public budget. That's not a bad thing in its won right.

Beyond the theory (and it's a pretty good theory that we ought not spend more than we bring in), let's consider the practical affects of the slim down. The world won't end, the economy won't crater, and gramma won't have to fight the cat for food. If you don't believe me, or your own eyes (we are still functioning as a society right now), let the historical record inform your opinion.

This is the 18th time the federal government has been slimmed down due to an impasse between the Congress and the President. President Carter actually went through 5 (in only 4 years), one lasting two full weeks; President Reagan put up with 8 of them; and President Clinton actually holds the record for the longest one at three weeks.

We went through all 17 of these. In total, they encompassed 110 days, and there was a slight recession during 6 of those days. Considering the fact that we've been in a recession 20% of the time from 1976 to the present, it's clear that government slim downs don't cause recessions or the end of civilization as we know it.

There's an interesting element to the press reaction to these. President Reagan actually “blinked” during one of the threatened shut downs. He actually addressed the nation to explain that he was going accept the several thousand page budget presented by Congress even though he thought it a terrible idea. He even had all the pages stacked up on his desk to give a visual. The reason he blinked and signed this budget is partly in response to the press coverage which portrayed him as the bad guy even though it was the Congress which threatened to let the government shut down. Somehow when it's a Democratic Congress refusing to negotiate, it's the Republican president's fault, while today it's the Republican Congress's fault when the Democratic president won't negotiate. Rule one for those in journalism: it's always the Republican's fault.

So, let's consider what those “wascally ‘publicans’ are up to. Again, I don't know what Republican leadership would like to do because there is some dissention there. It's been conservatives in the party who have driven this process forward and gained enough votes in the Republican caucus to push forward the radical idea that we have to get serious about balancing this budget. Obamacare isn't just a poorly crafted assault on the nation's healthcare system, which, by the way, has garnered overwhelming public opposition. That should be more than enough to justify elected representatives in their efforts to get this thing revised. Obamacare is also a massive new entitlement program. When the subsidies kick in, the amount of extra government spending has been projected to top another \$1 trillion. No matter how good you think this program is going to be, you have to find some other programs to cut in order to move resources to this new program. We can't fund everything.

Making the hard calls – deciding which programs to fund and which programs to cut – is what the Congress is supposed to do. All of us have to balance our budgets by trimming in some areas in order to spend in others. The Liberals who just want to keep spending more don't understand we're at the end of the rope.

At some point, this impasse will be solved. Let's hope that we're witnessing the early stages of massive entitlement reform so that the programs which are important and actually work can be funded but the ones that don't work, or are obsolete, can finally be shuttered.

*About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached [gregwelborn2@gmail.com](mailto:gregwelborn2@gmail.com)*























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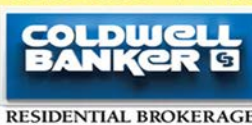


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