

REAL MEN DO WEAR PINK!



Real men do wear pink. And Sierra Madre firefighters are doing just that. For the month of October, Sierra Madre firefighters are wearing pink T-shirts during their 24-hour shifts to mark Breast Cancer Awareness Month. The pink shirts to raise awareness in support of the fight against breast cancer and other cancers.

Photo courtesy Sierra Madre Fire Department

October is
Breast
Cancer
Awareness
Month

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SIERRA MADRE PARTICIPATES IN GREAT CALIFORNIA SHAKEOUT

By Marina Coco La Salle



The city of Sierra Madre's first responders were among those who participated in this week's Great California ShakeOut experience, which took place at Alverno High School Thursday, October 17. Since California is one of the top states with the most earthquakes, the need for preparedness is high.

The Great California ShakeOut is the largest earthquake drill in US History with 9.6 million participants in California and 3,846,509 participants in Los Angeles County alone. The numerous crisscrossing faults located in Southern California makes L.A. County highly susceptible to earthquakes and earthquake related effects. Scientists know that when it comes to earthquakes in California, it's not a matter of if, but when? With people making long trips across the San Andreas Fault daily to get to and from work, you could be anywhere when the next disastrous earthquake strikes. Whether it is on your way to work, at home, at school, or on vacation an earthquake can strike and in order to keep safe many need to be properly informed as to what they do afterwards.

What we do now is what will determine the quality of life we live after a major natural disaster strikes. The Earthquake Country Alliance is the organization that puts together this ShakeOut annually. They believe that this is the perfect opportunity for people to practice how to be safer when disaster hits. Their motto to help people remember what to do is, "Drop, Cover, and Hold On." This program not only prepares participants to know what to do when an event like this occurs, but they help communities, schools, and organizations create emergency plans, collect supplies, and secure safe spaces.

Among the Sierra Madre first responders that participated were the Police Officers, Fire Fighters, Community Emergency Response Teams, Volunteers, and the Emergency Communication Team. The help of all those who participated is what makes this annual event so important. The residents of Sierra Madre should feel safer knowing that so many members of their community are properly trained and prepared to help us all in the event of this type of emergency.

<http://shakeout.org/california/whyparticipate/> <http://www.earthquakecountry.info/> http://earthquake.usgs.gov/earthquakes/states/top_states.php

COAST TO COAST FOR COURAGE

Sierra Madre Veteran Jerry Poole and fellow veteran, Pasadena Resident Mike King begin a personal journey to support the Wounded Warriors Project

by Susan Henderson



On Wednesday, October 16, 2013, Jerry Poole and Mike King set started on a courageous journey to support a cause near and dear to their hearts. The men began a 3,000 mile bicycle journey from Sierra Madre, California to Key West, Florida in order to raise money for, and bring attention to the Wounded Warrior project. They intend to bike 50 miles per day and should arrive in a little less than two months.

Their goal is to raise \$10,000 and just in the few days since they left, they have met some very nice people along the way. One of them bought them lunch, another stopped to give them a donation, and another from a local bicycle store brought them tire tubes. When he learned what they were raising money for, they even discounted the price of the dozen tire tubes they purchased. The duo camped out east of Yucaipa Thursday night, and the moon made a good night light. It was 51 degrees when they awoke.

Jerry's wife, Vicki, has been in telephone communication several times since the duo rolled out of town. After the first full day of traveling, they were challenged with numerous flat tires and other adjustments. They said that the ride from home to Banning and Palm Springs is their "trial run," where they will hopefully find out what will work more efficiently.

Just before press time, Vicki spoke with Jerry and got an update on their travels Friday. There were more flat tires and they traveled all uphill with both of them pulling trailers. On Saturday they will have another

three miles to climb uphill, but the good part is it's downhill after that.

Jerry Poole served four years active duty in the U.S. Army and then the balance of 25 years in the Army National Guard. He retired with the rank of Major.

Mike was in the U.S. Marines and served two tours of duty in Vietnam. Both men have a deeply rooted concern for the plight of veterans today and decided that this effort would help bring attention to the Wounded Warriors Project and their fellow veterans in need.

The Wounded Warrior Project® is committed to serving wounded veterans of this generation that bear both the visible and invisible wounds of wars from burns and amputations, traumatic brain injuries and paralysis, to combat stress, post-traumatic stress disorder and depression. Continuity and consistency of care are important components of their recovery and these components were threatened by the government's inaction. Every day the shutdown continued, it diverted attention from important areas of veterans care that require our immediate focus and attention including access to mental health care, the now increased backlog of claims and other issues of long-term care.

If you would like to support their efforts, please go to the link below and make a donation to WWP in the name of their Ride: Coast To Coast For Courage.

<https://support.woundedwarriorproject.org/individual-fundraising/JerryPooleatFaceBook/>



What's the Name of the Game?
Saturday, October 19th, 2013
Doors open at 6:30 - Bingo starts at 7:30



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Weather Wise



5-Day Forecast

Sierra Madre, Ca.

| | | | |
|-------|-------|--------|----------|
| Mon: | Sunny | Hi 80s | Lows 50s |
| Tues: | Sunny | Hi 80s | Lows 50s |
| Wed: | Sunny | Hi 80s | Lows 50s |
| Thur: | Sunny | Hi 80s | Lows 50s |
| Fri: | Sunny | Hi 80s | Lows 50s |

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, October 22, 2013
6:30 pm

CALENDAR

- *Senior Community Commission 1st Thursday 3:00
- *Planning Commission 1st and 3rd Thursday 7:00
- *Community Services Commission 3rd Monday 6:30
- *Tree Advisory Commission 3rd Wednesday 7:00
- *Library Trustees 4th Wednesday 7:00
- * = Meetings are held in City Council Chambers

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1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

JOIN THE CITY OF SIERRA MADRE'S ANNUAL BLOOD DRIVE!

Save the date! Friday, November 8th the Sierra Madre Community Services Department and American Red Cross are hosting a Community Blood Drive from 10:00am to 4:00 pm. This life saving event takes place at the Sierra Madre Community Recreation Center, 611 E. Sierra Madre Blvd., and is open to the public. Individuals who are 17 years of age or older, 110 pounds or more and are in generally good health are eligible to donate blood. If you have recently donated blood, you must wait 56 days before your next donation.

Donating blood is a simple and short process. Blood donation is a four step process: registration, medical history and mini-physical, donation and refreshments. The actual blood donation only takes 10-12 minutes of your time! One donation can help save the lives of up to three people! This is a great way to help others and contribute to the American Red Cross. To schedule an appointment, please visit www.redcrossblood.org or contact the Community Services Department at (626) 355-7394. Walk-ins are welcome but appointments are encouraged.

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TUESDAYS - Noon In Honor of Cam I Am -
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THURSDAYS - Noon
Catherine Adde's

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ASCENSION CHURCH EVENSONG – TO
HONOR VETERANS

Sierra Madre's Village Church – Ascension - invites the community to a Choral Evensong to honor those men and women who've served in our armed forces. The Episcopal Church of the Ascension will be presenting a Choral Evensong for Veterans Day, on Sunday, November 10, at 5:00 p.m. Sung by Ascension's Choir, led by Dr. Debora Huffman, Director of Music and Organist, this traditional Anglican service of meditation, prayer, and song will feature music written primarily by American composers, to include: Choral Fanfare for a Patriotic Occasion by Mark Schweizer; Preces and Responses, as well as Phos Hilaron by Robert Lehmann; Magnificat and Nunc Dimittis by Robert J. Powell; Blessed Is the Nation by Allen Orton Gibbs; O Lord, Support Us by Carlton T. Russell; I Vow to Thee, My Country by Gustav Holst, arranged by James Kirkby.

The service will begin with the organ voluntary, Meditation, by Leo Sowerby and will conclude on a festive note with Dudley Buck's Concert Variations on The Star Spangled Banner, Op. 23.

Following this beautiful service of reflection a reception will be held in Hawks Hall. All are welcome to attend. Come, share with us the beauty of this traditional service.

Evensong or Evening Prayer is a traditional Anglican service which is celebrated in the late afternoon or evening. It is commonly known as Evensong when most of the service is sung. For generations, many of our finest church composers have written music for this traditional service.

The Church of the Ascension is located at 25 East Laurel Avenue in Sierra Madre. For more information, please call (626) 355-1133 or visit: www.ascension-sierramadre.com.

We'd like to hear from you!
What's on YOUR Mind?

Contact us at: editor@mtnewsnews.com.
www.facebook.com/mountainviewsnews AND
Twitter: @mtnewsnews



WE CAN'T STOP NOW



Rotary of Sierra Madre and the Interact club will be walking on Saturday, October 26 to raise funds for eradication of Polio. Our goal for this weekend is to raise \$10,000. The Bill and Melinda Gates Foundation will contribute \$3.00 for every \$1.00 these clubs raise. Please join us for the walk starting at Kersting Court at 9:00 a.m., drop cash or checks in our Pretty Penelope Polio Pig, mail a check to PO Box 863, Sierra Madre, CA 91025. Make Checks payable to Rotary District 5300: Note for "Polio Walk". Immunization must continue for children under 5 years. Rotary and other entities are diligently bringing clean water in and dirty water out until the world lives in a healthy environment. Every dollar counts. We appreciate your consideration and participation. You make a difference.

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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

WALKING SIERRA MADRE..... THE SOCIAL SIDE

By Deanne Davis

As Charlie Brown's friend, Linus, would say, "This may be the year the Great Pumpkin rises out of the pumpkin patch to bring us all wonderful presents!"

Pumpkins are more than just a squash, dear Sierra Madreans, they are a state of mind. Here we are, two weeks away from Halloween, and everywhere we look as we wander 'round the town we see pumpkins! We're seeing witches, zombies, ghosts, and giant spiders, too, but the pumpkins are our favorites. Real ones tucked among flowers or stacked on front porches; and really cool fake ones with scary faces, leering faces, and some happy ones who look very much like they've been sampling the cooking sherry! And the lights! Oh my! Orange ones, purple ones, lights inside skulls, lights inside skeletons. We are such a creative bunch here.

This past Saturday we, the adorable John and I, joined a number of friends, family and neighbors to say our last goodbyes and share just a few more great stories about Doug Sutcliffe. In case you didn't know, Doug was one of the guys who, along with Bud Switzer, was the originating spirit of Halloween on Alegria Avenue. Doug, a brilliant engineer and machinist, had Dracula rising out of his coffin, flying ghosts, his daughter, Lynn, in a marvelous witch outfit, with green face and hands, shrieking with witchy laughter on the roof of their front porch. Doug, in his quiet way was, just generally, having a great time, year after year as ghoulish ghosties crowded his lawn and little kids kinda didn't want to get too close. Doug and David Blakeslee, another Halloween creator, dear friend and neighbor just a couple of doors down, are together again and will be watching the thousands of big and little kids who will be trick or treating this year on their street.

Like Bud Switzer, the pumpkin carving artist beyond compare, I now look at every pumpkin with an eye toward what it could be to reach its true destiny. This one could have a happy grin and maybe a few crooked teeth. That one could be a sad, droopy-eyed guy with big eyebrows. This enormous one could be Cinderella's coach. That



one with the funny lump could be Quasimodo. It's all in how you look at it. This year, as we walk the street and admire how creative our neighbors are, we will send a smile heavenward and think good thoughts of Doug and David who did so many amazingly creative things to make Halloween one of the major good times in our lives.

Hey! When you're carving your pumpkin this year, see just how out of the box you can make it. After all, pumpkins are much more



than squash, they are personalities just waiting to escape! And take a picture, too. When you've created a masterpiece, you need to document it.

"From ghoulies and ghosties and long-leggety beasties and things that go bump in the night, Good Lord, deliver us!"

A Cornish Prayer

FRIENDS OF THE SIERRA MADRE LIBRARY SILENT AUCTION

Recent donations to the Friends of the Sierra Madre Library Book Sale Committee have contained some very special books including a signed novel by the late Tom Clancy. These exceptional books will be featured in a Silent Auction to be held in the Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre from Friday, November 1, 2013 through Monday, November 25, 2013. The books will be on display in the display case in the library's main room. To inspect the books more closely, visit the library every Saturday in November from 1-2 PM.

Bidding sheets and rules will be available in a notebook located on the library's checkout counter. Each of the books for sale at the auction will be numbered and will have a corresponding numbered bid sheet in the notebook. Bidders are asked to write their bid amounts and a contact telephone number on the appropriate bid sheet.

Bidding will close promptly at 8 PM on November 25. Winning bidders will be notified by telephone the next day and will then be able to pick up their books at the library.

Proceeds from the Silent Auction will benefit the Sierra Madre Library's programs, services, and acquisitions. For more information, visit our website at www.sierramadrelibraryfriends.org.

A complete list of the books to be auctioned follows.

THE LOUVRE
by Luca Bachechi
Barnes and Noble, 2007

EINSTEIN - THE LIFE OF A GENIUS
by Walter Isaacson
Carlton, 2009, 1st printing

AMERICAN PAINTING
by Donald Goddard
Hugh Lauter Levin, 1990

THE HUNT FOR RED OCTOBER
by Tom Clancy
Naval Institute, 1984
Signed

THE FAVORITE STORY BOOK OR PLEASING SKETCHES FOR YOUTH
by Clara Arnold
Phillips, Sampson and Co., 1854

BACK ROADS OF CALIFORNIA
by Earl Hollander
Lane Publishing, June 1971, 1st printing

LITTLE MOOK AND DWARF LONGNOSE
by Wilhelm Hauff, illustrated by Boris Pak
David R. Godine, 2004, 1st edition

THE ROMANCE OF KING ARTHUR AND HIS KNIGHTS OF THE ROUND TABLE
illustrator Arthur Rackham,
Weathervane Bks. 1978

LITTLE BLACK SAMBO
by Helen Bannerman, illustrated by Eulalie Platt & Munk, 1972

Set of BARSETSHIRE novels (6 volumes)
by Anthony Trollope
Oxford University Press 1986

Set of PALLISER novels (6 volumes)
by Anthony Trollope
Oxford University Press 1989

OXFORD ILLUSTRATED DICKENS (21 volumes)
by Charles Dickens
Oxford University Press, 1987

FROHAWK'S BIRDS OF HAWAII
Paintings by F.W. Frohawk,
Text by Scott Wilson and Sheila Buff
Wellfleet 1989

HELP END POLIO NOW

By Marina Coco La Salle

On Saturday, October 26, 2013 the Rotary Club of Sierra Madre and the Interact Club will be walking in hopes of raising funds for the eradication of Polio. In 1979, this group began their work by vaccinating children in the Philippines. Since then, the group has been working hard to eliminate Polio. Their efforts helped reduce polio cases by 99 percent worldwide, but they still need help.

The fundraising goal is \$10,000 for the day. Thanks to the Bill and Melinda Gates Foundation, every \$1 raised by various clubs will be matched by a \$3 contribution by the foundation. There are multiple ways to contribute to the cause. People can donate cash or checks at the event or mail checks to PO Box 863, Sierra Madre, CA 91025. Be sure to make checks out to District 5300 and write Polio Walk in the notes section. Those interested in walking can join the group at 9 A.M. in Kersting Court.

Rotarians have been able to help immunize children around the world. With the donations and efforts of others, many can help make a difference and fight for their cause. Every dollar counts. Just making a small donation can help a child against this crippling disease for their entire life.

<https://www.rotary.org/en/take-action/end-polio?housead=http://sierramadre.patch.com/groups/events/p/end-polio-now-walk-kersting-court-102613-9-am-sierra-madre>

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Scarecrow Festival Thank you

Creative Arts Group gratefully thanks
the following for their generous donations to make
the Scarecrow Festival a reality.

- Sierra Madre Kiwanis Club
- Mt. Views News
- Gem Plumbing
- Canyon Canine
- Sierra Madre Chamber of Commerce



We also thank Festival Chair, Cathy Manzo, co-chairs Mary Wallace and Mary Manzo and the many volunteers who prepared the scarecrow frames, supervised the workshop, created the awards, contacted businesses, drew maps, organized the judging, counted ballots, and all the other activities associated with an event of this magnitude.

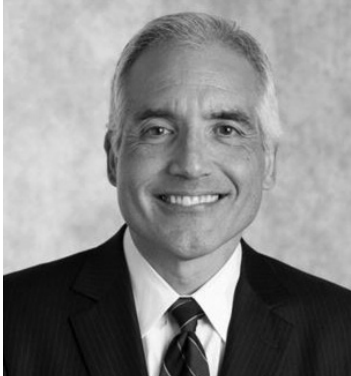
Thank you one and all!



Pasadena Altadena

News From Your Community For Your Community

PCC Extends President Rocha's Contract



At its meeting earlier this month, the Pasadena Area Community College District Board of Trustees voted unanimously to extend the contract of Dr. Mark Rocha, Superintendent-President, to June 30, 2017. Dr. Rocha was first appointed as Superintendent-President of Pasadena City College on July 1, 2010.

"This will insure that we will have Rocha's effective leadership through our reaccreditations effort, the full implementation of our Educational Master Plan and the development of our facilities Centennial Master Plan," said Board President, John Martin. "The entire Board is grateful to Dr. Rocha for guiding PCC safely through the state budget crisis and maintaining PCC's high student success outcomes."

During Dr. Rocha's tenure, the PCC Foundation has raised over \$7 million in private donations for student scholarships and has been awarded over \$26 million in external grants. Last year, Pasadena City College won the State Chancellor's Award for Student Success for its innovative First Year Experience Pathways Program that has significantly increased student retention and persistence and has grown to serve over 1,500 students. "I am very grateful to the Board for its support, and the opportunity to serve Pasadena City College," said Rocha. "I am more optimistic and hopeful about PCC's future than ever."

The Board also granted the superintendent-president the same pay raise of 4.79% over two years recently approved by the Board for all classified staff and administrators. The Board has also offered a pay raise to the faculty. Negotiations on a new contract continue with the PCC Faculty Association, the collective bargaining representative of PCC teachers.

Pet of the Week



Gertrude is an extremely friendly, five-year-old bulldog. She loves to sit in chairs and give kisses. She went out on our Mobile Unit and charmed everyone she met. She also knows some basic commands.

Gertrude's normal adoption fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. She also qualifies for our Seniors for Seniors program in which her adoption fee is waived for adopters 60 years old and older. All that is required for this program is a \$20 mandatory microchip fee. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A340419, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Local Institutions Take Part in Shakeout

By Dean Lee

Caltech students and faculty joined the millions of people who practiced Drop, Cover, and Hold On, Thursday during the Great California ShakeOut earthquake drill.

More than 10 million people worldwide were estimated to have taken part in the 10:17 a.m. exercise designed as a way to help prepared people to survive and recover quickly from big earthquakes.

"We sent out a message to the entire campus community inviting them to drop, cover and hold," Jim Cowell, Incident Commander and Vice President of Facilities for Caltech, said. "Classrooms, offices, wherever they happen to be, you get under a desk, table or some kind of solid object and you stay there until the earthquake is over."

Cowell said the idea is to protect oneself from falling debris and glass.

He said there were a high percentage of people at Caltech that understand the background behind an earthquake, "obviously Caltech was the place where the Richter Magnitude Scale was invented, and obviously we have the seismo lab here."



Members of the Caltech Search and Rescue

Cowell said there needs to be an emphasis on personal preparedness.

"What are people doing to get their families ready, themselves ready?" he said. "If the campus is ready that's one thing, but people aren't at work all the time."

Ron Derderian with the city's fire emergency volunteer support program said, "All kinds of things happen after an earthquake, building collapses, you've got search and rescue issues, but one of the more common after effects of an earthquake is fire whether its caused by electrical situation or broken gas main or something like that, we're telling people how to turn gas mains off, when to turn them off, when not to turn them off."

Nicknamed the Earthquake Lady, Caltech seismologist Kate Hutton was educating the public about the importance

Art Center Gets \$15 Million



Fifteen Million Donation from Peter and Merle Mullin will Enhance Industrial and Transportation Design Programs, Fuel Campus Growth and Support Future Creative Leaders

Art Center College of Design announced, this week, they received a \$15 million gift to the College from Southern California philanthropists and classic car enthusiasts Peter and Merle Mullin. The donation is the largest ever to the college in its 83-year history. The commitment will help fund construction of a new industrial and transportation design facility, fuel campus growth and support future creative leaders. The proposed site of the new facility is on the five-acre Art Center South Campus located on the corner of Glenarm Street and Raymond Avenue, near the entrance to the historic Arroyo Seco Parkway.

The couple's gift, says Peter Mullin, an Art Center trustee, is "a chance to make a difference. I've been luckier than I ever

expected in business and in my life. Los Angeles has been a great place for me. I was born here, stayed here, never left and I don't have any intention of leaving. So our gift is also an expression of gratitude to a great city that provided me with great opportunity."

He notes the robust concentration of talent in Southern California, where every major carmaker in the world has established a design studio. "The fact that all of these studios are populated by graduates of Art Center is impressive and really means that Art Center is a jewel," he says, "a worldwide center of elegance and excellence."

"We are extremely grateful to Peter and Merle for their extraordinary philanthropic investment," says Art Center President Lorne M. Buchman. "Their gift will make a transformational impact at the College for generations to come."

Peter Mullin co- founded the Mullin Automotive Museum in Oxnard, Calif., with his wife Merle and serves as chairman of the Petersen Automotive Museum in Los Angeles.

Altadena Crime Blotter

Sunday, October 6th

Between 12:00 PM and 10:30 PM (Saturday) – A residential burglary occurred in the 2400-blk of N. Lincoln Av. Suspect(s) entered the residence via unknown means. Loss: PS3 and computer equip.

Monday, October 7th

6:19 PM – An attempt grand theft of a vehicle occurred in the 2200-blk of Oakwood St. Suspect described as a female, 506, 130, red hair, wearing a yellow dress. Suspect last seen walking away from the victim's vehicle and entering a dark blue coupe, occupied with a male, Middle Eastern, black/gray hair, and a moustache.

10:42 PM – A discharge of a firearm occurred in the 100-blk of W. Altadena Dr. No injuries, no victims or suspects found.

Tuesday, October 8th

Between 8:00 PM and 7:00 AM (Wednesday) – A commercial burglary occurred at Ponci Burrito Express, 2291 N. Lincoln Av. Loss: currency.

Wednesday, October 9th

Between 10:00 AM and 4:00 PM (Friday) – A residential burglary occurred in the 3100-blk of N. Highview Av. Suspect(s) entered the residence by prying the rear window screen. Loss: none.

Between 5:30 PM and 7:00 AM

(Thursday) – A petty theft from an unlocked vehicle occurred in the 100-blk of W. Woodbury Rd. Loss: GPS, cellphone.

Thursday, October 9th

Between 6:00 PM and 7:30 PM – A vehicle vandalism occurred in the 2200-blk of Glenrose Av.

Friday, October 11th

Between 9:00 PM and 8:00 (Saturday) – A vehicle burglary occurred in the 1700-blk of N. Allen Av. Suspect(s) entered the vehicle by shattering the passenger side window. Loss: cellphone charger.

9:43 PM – An assault with a deadly weapon occurred in the 2900-blk of N. Glenrose Av. Suspect described as a male, Black, 507-511, medium build, wearing dark clothing. Two victims sustained gunshot wounds to the leg. No further info at this time.

Saturday, October 12th

4:55 PM – An assault occurred at Woodbury Rd. & Fair Oaks. The victim exited a convenience store and was confronted by a male, Black, 20 yrs, 508, 150, black hair, brown eyes. During an altercation, the suspect removed a small pocket knife and cut the victim in the elbow. Suspect was observed leaving the area in a black Mercedes C-class.

of amateur radio (ham radio) resources during a disaster.

"Ham radio operators are everywhere," Hutton said. "They can talk to each other on solo power or backup power, batteries, so if the communication systems are not working, we are still able to take to each other and we can relay messages on behalf of someone."

Hutton said some "hams" work with local government, police, fire departments and college campuses as the last defense.

"We are technically the last choice," she said. "Every commercial system has to fail first before you get ham radio involved. We are used when infrastructure gets damaged."

The Caltech Amateur Radio Club took part in a campus personal preparedness fair that followed the Great California ShakeOut earthquake drill.

Michaela Pereira to Emcee Rose Queen Coronation



The Pasadena Tournament of Roses Association today announced that Michaela Pereira, news anchor of the CNN morning show "New Day," will emcee the 2014 Rose Queen Announcement and Coronation on October 24 at First Church of the Nazarene of Pasadena. Tickets are now available for purchase by the public from Sharp Seating Company. The event is sponsored by Citizens Business Bank with support from Macy's and Mikimoto.

Before working at CNN, Pereira co-hosted the KTLA Morning News for nine years and also co-hosted the station's coverage of the Rose Parade. She is an active member of many community organizations within California.

The Queen and Royal Court will attend more than 100 community and media functions, acting as ambassadors of the Tournament and the Pasadena community at large. Their reign over the 2014 Tournament of Roses festivities will culminate in the 125th Rose Parade presented by Honda and the 100th Rose Bowl Game presented by VIZIO.

Levitt Pavilion to Hold Annual Online Auction

The Levitt Pavilion LA and Pasadena will be hosting its annual online auction to help raise funds for the Summer Concert Season. The Auction begins Monday.

You'll have the chance to bid on some incredible items including a Hawaiian vacation, a set walk-on for the hit show PARENTHOOD, a day with GLEE Casting Director Robert Ulrich and much more.

For more information go to levittpavilionpasadena.org, or call; 626-683-3230

Thieves Steal Rose Float Equipment from La Cañada Flintridge

La Cañada Flintridge Tournament of Roses Association is asking for the public's help replacing \$7500 worth of equipment after thieves broke into the float's contrition site last Saturday night stealing a rage of stuff from the float's power cables to food for the volunteers.

According to association members and the LA Country Sheriffs, sometime between 10 p.m. October 12 and 8 a.m. October 13, the suspects cut through a fence from the Flintridge Preparatory School baseball field, next to where the float is being built, the then pried open one of the containers that contained bolt cutters.

"The bolt cutters were then used to remove 16 heavy-duty padlocks protecting the material. They also opened a gate that then allowed a truck into the site to remove the stolen materials," a statement from the association reads.

Along with 1500 feet of power cables, insulated copper extension cords, welding cables, extra-large bolt cutters, and cordless screwdrivers were taken.

The La Cañada Flintridge float, "Dog Gone!" will depict a group of neighborhood dogs who have turned the tables on a dogcatcher and taken control of his truck. They are happily driving away from their New Year's Eve party, while the dogcatcher runs after them.

Anyone with information about the theft is being asked to report it to the Crescenta Valley Sheriff's Station: www.CrescentaValley.lasd.org.

The all-volunteer organization is accepting tax deductible donations at www.lcftra.org. Also, anyone with an interest in decorating the float in December, online signups are being accepted at the same website.



La Cañada Flintridge float, "Dog Gone!" Sept 28th

New Music Director David Lockington welcomed

Flower power abounds when the City of Roses welcomes the Pasadena Symphony's new Music Director, David Lockington, at a complimentary special reception open to the public 5 p.m. to 7:30 p.m. Tuesday, Oct. 29, at the beloved Pasadena icon, Jacob Maarse Florist, 655 E. Green St., Pasadena. A City of Roses Welcome invites the community to mix and mingle with Lockington, while enjoying light refreshments from Claud & Co., cash wine bar, live string quartet, and the beautiful ambience at Jacob Maarse Florist.

"It is especially fitting for the community to come out for a City of Roses Welcome for David at Jacob Maarse Florist. Jacob was an avid music lover, long-time Board member of the Pasadena Symphony Association, had family musical roots, and grew the most beautiful roses in the entire world - the iconic symbol of his business and the City of Pasadena," said Paul Jan Zdunek, CEO of the Pasadena Symphony Association.

Guests at the special event will also enjoy a 10 percent discount off of all in-store purchases during the event, and Jacob Maarse Florist will also donate 10 percent of proceeds back to the Symphony. The reception is free and open to the public. To attend the event, please RSVP at <http://bit.ly/1gkDMAZ>.

A City of Roses Welcome celebrates the commencement of Lockington's tenure as the fifth music director in the



Symphony's 86-year history. Lockington and the orchestra will open the 2013-14 Singpoli Classics Series with Stravinsky's "The Rite of Spring" 2 p.m. and 8 p.m. Saturday, Nov. 2, at Pasadena's famed Ambassador Auditorium. Powerhouse violin virtuoso Anne Akiko Meyers brings Bernstein's rarely performed "Serenade" - a work in praise of love to celebrate the occasion.

Tickets to "The Rite of Spring," the opening concert in the Pasadena Symphony's 2013-14 Singpoli Classics Series at Ambassador Auditorium, begin at \$35, and may be purchased by visiting www.PasadenaSymphony-Pops.org, calling 626.793.7172.

Calendar Listing:

Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training program for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be



PASADENA MEDIA

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm – 8:00 pm Nightly

Studio Orientation Training

Monday, Oct 21 at 6:00 pm - 8:00 pm

Studio Camera Training

Tuesday, Oct 22 at 6:00 pm - 8:00 pm

Audio Training

Wednesday, Oct 23 at 6:00 pm - 8:00 pm

Field Production Training

Thursday Oct 24 at 6:00 pm - 8:00 pm

Producer Training

Monday Oct 28 at 12:00 pm - 1:00 pm

Citizen Journalism coming soon

Digital Film Group coming soon



"What's Going On?" News and Views from Joan Schmidt

AT 83, DOLORES HUERTA, "SI SE PUEDE" "WOWS" CITRUS COLLEGE STUDENTS

By Joan Schmidt

Her address probably lasted over an hour, but the entire audience in the standing room only Campus Center at Citrus College was mesmerized and inspired by one great lady-Dolores Huerta. How could this tiny bundle of energy be 83 years old and mother of eleven children still be going strong?

Dolores' life began in New Mexico, and when she was young, her parents divorced. Her mom, Dolores and her two brothers relocated to Stockton, where she grew up. Her mom was a compassionate hard worker, who held two jobs so there could be scouts and violin lessons for her children. Her mother eventually purchased a hotel and provided affordable housing for workers. Sometimes even for free if they had no money. (Working tirelessly and compassion were two great traits Dolores acquired from her mother.)



Dolores Huerta and Joan Schmidt

Dolores went to college, but a brief marriage and birth of two children interrupted her studies. She returned to college, earned a degree and began her career as an elementary school teacher. It upset Dolores that many of her students came to school hungry and in need of shoes, so she quit teaching and sought ways to help others.

In 1955, she was recruited by Fred Ross to work in the Community Service Organization (CSO). This group labored against segregation, discrimination and police brutality and promoted voter registration. During this period, Dolores met her second husband, Ventura Huerta, another farm laborer activist and they had five children. (This marriage also ended in divorce.) While working at CSO, Dolores met Caesar Chavez, who was the SCO's national director. They shared a concern for the plight of farm workers, and in 1962, Caesar suggested that the CSO expand to include farm workers, but this request was denied. Using Delano as a base, Caesar and Dolores Huerta with the aid of Gilbert Padilla formed the Farm Workers Association, which would become the United Farm Workers Union (UFW). In those days, Caesar and Dolores were a great team, he a great leader/speaker, and she a great organizer/negotiator. In the 1960s and 1970s, Dolores was instrumental in the Unions' many successes including the strikes.

Dolores had never stopped working. After she stepped down from her position at the UFW, she has continued to work to improve the lives of farmers, workers and women. In 1993, she was inducted into the National Women's Hall of Fame for her tireless work. In 2002, she received the Puffin Foundation/Nation Institute Award for Creative Citizenship. With the \$100,000 given with the Award, she founded the Dolores Huerta Foundation, whose purpose is to bring organizing/training skills to low-income communities. The Foundation hires organizers to go out into a community. These organizers form groups who march, contact local officials and do all that is necessary to improve living conditions.

When Dolores addressed Citrus students, she spoke of the importance of Immigration Reform and the stalemate over the budget. She asked who knew who their legislators in Congress were and if they had contacted their legislators. She emphasized the importance of using our voices to be heard and of voting. There are 6million Latinos not voting who are eligible. Usually only 50% of all registered voters actually vote which is really sad.

Dolores had eleven children, and all of them learned to work. One is an attorney and one a physician. Two daughters work with the foundation. Dolores spoke of her work with Caesar Chavez and the boycott of grapes in 1988. (She is still not satisfied with spraying regulations and advised us only to buy organic fruit/vegetables.) She spoke of improvements in the Bakersfield area-18 streets now have sidewalks and gutters and there are 2 community pools.

On May 29, 2012, President Obama awarded Dolores the Presidential Medal of Freedom. This seems appropriate as Dolores continues to work for others' freedoms and rights.



HALLOWEEN: *Dealing With Our Fears*

By Christopher Nyerges

[Nyerges is the author of *Extreme Simplicity*, *How To Survive Anywhere*, and *Guide to Wild Foods*. He has led outdoor field trips since 1974. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com.]

The month of Hallowe'en is upon us, the time when Sierra Madre residents start to think about the roots of this holiday, and its traditional theme of fear.

Is there, as Roosevelt once said, nothing to fear but fear itself?

There are certainly many troubles in the land, from war and rumors of war, terrorists, economic fears, nuclear concerns, genetically-modified, electronic surveillance and a government that's no longer trusted by its people. Lots to fear, right? Well, perhaps Roosevelt was right. Fear is not the best method for handling a troublesome world. But if not fear, how does one respond to a world whose seams are unraveling? Is there hope in the Hallowe'en season?

When I think of my ignorance of childhood, I realize that my fears drove me. Sometimes that was a good thing, and sometimes not. Fear kept me away from certain people, and away from certain neighborhoods. Fear got me into trouble, but it also kept me out of trouble because of fearing the consequences of what I was contemplating doing.

Hallowe'en is one of our ancient commemorations. Its roots go back to the ancient Celts, who had six significant fire ceremonies during the year, one of which was Samhain, the last day in October. (Originally, Samhain was celebrated from October 31 through November 2). The Feast of Samhain (meaning "summer's end"), marked both their Feast of the Dead and the Celtic New Year. This time of the year, half way between the autumnal equinox and the winter solstice, was a time of decay and death on the earth. This was especially apparent in Western Europe, when the temperatures dropped and the rains fell. Take a walk in the woods or fields and you smell the decay of rotting leaves and fungus. Samhain ushered in the darkest and most barren time of the year. It was a time when the spirits of the recently departed – as well as other disincarnate entities -- were believed to be out and about, with easier access to humans. There was much to fear, no?

Back in the day when there were no modern technological wonders, no Federal Reserve and central banking, no modern drugs and Obamacare, no IRS and no ATMs. This was the day when huge fires and even fire sacrifices were made in the belief that they'd protect the crops and flocks from demonic influence.

Historically, Hallowe'en had to do with the dead, with ghosts, with spirits.

The practice of putting food out to appease the ghosts so that they'd go back to their ghostly realms has morphed into children and adults dressing up unwittingly as the proxies of the ghosts and spirits, and threatening tricks if no treats are given.

It may seem like an ignorant way to deal with fears, but it likely seemed very pragmatic way back when.

I feared the darkness as a child, and the things that lived under my bed and in the closet. I feared the creatures that peeked in my window at night and the boogie man who roamed our streets. As I grew older, I feared police and authority, and the inexplicable "establishment" and the abstract evil people.

Perhaps I was lucky in finding a way to deal with my fears. As a long-standing Halloween tradition, the folks at the Los Angeles-based non-profit WTI [www.wtinc.info] showed me that to conquer your fears, you must identify them, face them, and go into them. This was done in various ways, sometimes by watching and discussing an insightful movie, such as *Nosferatu*, both the original and the 1978 Klaus Kinsie version. We gathered with large bowls of popcorn, and other refreshments, and explored the nature of fear. We remained focused on finding the science within that movie as to how to deal with our own inner fears.

Additionally, "Nosferatu" provides a pictorial view of how each of us succumb to our weaknesses, and how we "become someone else." There's no need to couch any of this in religious terms, or guilt. We looked at the movie as a symbolic depiction of one of the ways in which our world actually operates. We looked at the movie as a symbol for our daily life, and we explored the many ways in which we should protect ourselves from the myriad "bloodsuckers" that seem to surround us in modern life.

It occurred to me, in retrospect, that I faced and overcame fears in my own ways too. As I child, there was the day I forced myself to look under the bed. Wow! Nothing was there, and I went back to sleep. There were the days when I forced myself to confront the older boys who I thought were thugs or criminals. Lo and behold, they had their own fears and insecurities, and weren't that different from me. I learned, as Peter Suzuki has taught us, that once we begin thinking we may discover that what we thought was an enemy is actually a friend.


Fears exist in the abstract, and they stay alive if we keep them there. If we identify the fear, we can take some action to deal with it, and by so doing, we discover a greater part of ourself, and we discover a new part of the world, and we might even make a new friend.

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HALLOWEEN HAPPENINGS

THURSDAY, OCTOBER 31, 2013

FREE EVENT

| | | | |
|---|---|--|--|
| 3:30 - 5:00 PM TRICK-O-TREATING DOWNTOWN SIERRA MADRE | 4:00 - 5:00 PM COSTUME CONTEST SIGN-UP KERSTING COURT | 5:00 PM COSTUME PARADE BEGINS KERSTING COURT | 5:30 PM COSTUME CONTEST MEMORIAL PARK |
|---|---|--|--|

PRESENTED BY THE COMMUNITY SERVICES DEPARTMENT, SIERRA MADRE
KIWANIS CLUB, & SIERRA MADRE CHAMBER OF COMMERCE

Winner with the Scariest Costume Will Perform at
Sierra Madre Playhouse

HALLOWEEN HAPPENINGS EVENT MAP

- Trick-Or-Treat Businesses
Look for sign in windows
- Parade Route
- Costume Contest Check-in
- ★ Costume Contest



Costume Contest Information

- All youth must pre-register in Kersting Court to be able to participate in the costume contest, **NO signups** will be taken in Memorial Park.
- Prizes will be given to the top 3 contestants in each of the five age categories.

Age Categories:
Walking to 2 years old
3 to 4 years old
5 to 7 years old
8 to 10 years old
11 years & up

Oktoberfest



SIERRA MADRE WOMAN'S CLUB

550 W. SIERRA MADRE BLVD, SIERRA MADRE, CA

Oct. 26

12pm
5pm

Media Sponsor

Mountain Views News

POLICE SEEKING WITNESSES TO AUTO VS. PEDESTRIAN, HIT AND RUN COLLISION ON EL MONTE AVENUE

Below is the original News Release for a hit and run collision occurring at the intersection of El Monte Avenue and Camino Real Avenue, on Monday, September 30, 2013.

According to family members, the pedestrian is making good progress toward recovery after sustaining severe injuries in this collision. Our investigators have had few leads develop in the case and we are posting the information in hopes of finding a witness to the collision. Both roadways are well traveled in the morning hours and we hope additional persons may have seen this suspect vehicle (highlighted below).

If you have information related to this collision, please contact the Arcadia Police Department at 626.574.5150. You can also submit anonymous tips and information via text, phone, or web to LA Regional Crime Stoppers, at 800.222.TIPS (8477), or texting "TIPLA" to CRIMES (274637), or by clicking the tip button on the Blog sidebar. Reference APD case #1304635.

Incident: Hit and Run Traffic Collision, Automobile vs. Pedestrian
Date and Time of Release: September 30, 2013, 2:00 p.m.

The Arcadia Police Department had officers respond to the intersection of El Monte and Camino Real at approximately 7:30 a.m. on September 30, 2013 on the report of a hit and run traffic collision, involving a pedestrian.

The hit and run vehicle was described as a mid-2000 model Toyota Corolla gray in color, which was last seen eastbound on Camino Real. The Toyota had a California license plate with the first digit of "5" and the last two digits of "40." The driver of the hit and run vehicle was described as a female in her 40's.

The pedestrian is a 75-year-old female Arcadia resident who sustained a severe head injury, and was transported to a local hospital where she is in critical condition.

The investigation is continuing by Arcadia Police Department Detective Bureau. Anyone with information related to this case is asked to call the Arcadia Police Department at (626)574-5150. You can also submit crime tips and information via text, phone, or web to LA Regional Crime Stoppers, 800-222-TIPS (8477).

TEMPLE STATION'S AWESOME VOLUNTEER SQUAD AND HONORING THE BLESSED MOTHER

By Joan Schmidt



Some years back, Annunciation Parish began a special Procession honoring the Blessed Mother, close to "October 7", the feast of Our Lady of the Rosary. The Procession begins at Annunciation Church, proceeds north on Peck Road, east on Camino Real, South on Myrtle and west on Longden, back to the Church.

Four men carry the statue of "Our Lady of Fatima" who appeared to the three children, Lucia, and her cousins Jacinta and Francisco in 1916 in Portugal and urged people to pray the rosary. Jacinta and Francisco died in 1918, but Lucia lived a long life as a cloistered nun and died on February 13, 2005 at the age of 97.

Behind the statue, walked the Pastor Father Eugene Herbert and many parishioners. As they walked, they prayed the rosary and carried two banners. I observed two white Temple Sheriff's Station "Volunteers on Patrol" vehicles-one leading the procession and one at the end. I arrived at the Church the same time as Deputy April Nelson in a patrol unit, just as the Procession was finishing and ending at the Church. I commented that the volunteers were on scene, where as last year, there had been two patrol units. Because of cutbacks, there is less man power. Also a priority situation arise which the deputies had to respond to. If these two "Volunteer on Patrol" units were not available, there would have been no accompaniment on the procession! Perhaps that's possible on Peck Road. However, Myrtle Avenue's speed is 40mph which mean 45+! Father Eugene, Annunciation parishioners and I are MOST GRATEFUL to these fine volunteers. I don't believe people realize what a tremendous help they are. Deputy Nelson just reiterated what I said, and how invaluable they are to Temple Station! Thank you, Volunteers on Patrol!

LOS ANGELES COUNTY ARBORETUM EVENTS



We celebrate autumn with a wonderful Fall Plant Sale and festive Harvest Fair on the Garden & Gift Shop Patio, 9am-4pm. For your garden you'll find fruit trees (figs, pomegranates, papayas, olives) as well as chrysanthemums, succulents, herbs and vegetables. California Native plants from The Theodore Payne Foundation will be available too. The Harvest Fair will feature art by several artists who created beautiful bowls, mosaics, and jewelry for last year's Forces of Nature Art Exhibit. Used garden and plant-related books will be for sale in the Arboretum Library. Free with admission; members free.



Who knows what lurks in the garden in the dark of night? Find out when we take a Halloween jaunt and discover who hangs out in the garden after dark. See what scary things nature has to offer on docent-led hikes through the garden. Come in costume if you'd like and remember to bring a flashlight. There will be Halloween crafts and other activities as well. Children must be accompanied by an adult. \$5 per child for Arboretum members; \$8 per child for non-members.

Arboretum.org | Los Angeles County Arboretum & Botanic Garden
301 North Baldwin Ave, Arcadia, CA 91007

Arcadia Police Blotter

For the period of Sunday, October 6th, through Saturday, October 12th, the Police Department responded to 876 calls for service of which 123 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

- Sunday, October 6:
1. Around 00:26 a.m., an officer conducted a traffic stop on a vehicle in the area of Las Tunas Drive and Longley Way for driving on two flat tires. Upon contact with the driver, the officer detected an odor of alcohol emitting from his breath and person. An investigation revealed the 34-year-old Hispanic male was under the influence of an alcoholic beverage. He was arrested, transported to the Arcadia City Jail for booking, and his vehicle was towed.
 2. Shortly after 4:30 a.m., an officer responded to the Mobil gas station, 679 West Duarte Road, regarding a subject sleeping in the driver's seat of a vehicle. An investigation revealed the 31-year-old White male was under the influence of methamphetamine and had no idea he was asleep for over three hours. He was arrested and transported to the Arcadia City Jail for booking.
- Monday, October 7:
3. At about 8:57 a.m., an officer conducted a traffic stop on a vehicle for a broken tail light on Campus Drive, west of Park Avenue. The driver, a 37-year-old Hispanic male, was in possession of a stolen wallet including multiple identification cards. A records check revealed he had a suspended driver's license and an immigration hold. He was arrested and transported to the Arcadia City Jail for booking. The passenger, a 40-year-old Hispanic female identified as the registered owner, was also arrested for allowing the suspect to drive the vehicle unlicensed.
 4. Around 3:50 p.m., officers responded to a residence in the 100 block of West Palm Drive regarding a possible burglary that just occurred. An assisting officer observed two subjects matching the suspects' descriptions running in the 300 block of Las Flores Avenue. After a short foot pursuit, the suspects were detained in the 300 block of West Longden Avenue. An investigation revealed the 25 and 36-year-old Hispanic males forced entry into the residence, stole numerous items of property, and were in possession of a controlled substance, drug paraphernalia, and burglary tools. Both suspects were arrested and transported to the Arcadia City Jail for booking.

- Tuesday, October 8:
5. Shortly after 2:40 a.m., an officer conducted a traffic stop on a vehicle for a broken tail light in the area of Huntington Drive and Holly Avenue. The officer discovered the front passenger, a 45-year-old Black male, was in possession of PCP, drug paraphernalia, and had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking. The rear passenger, a 58-year-old Black male, was also cited in the field for an outstanding misdemeanor warrant without incident.
 6. At approximately 9:02 p.m., an officer was dispatched to Victoria's Secret at the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a theft report. Two suspects concealed merchandise inside their purses and exited the store without making payment. Further investigation revealed the suspects also stole from Pac Sun and Wet Seal. The 18 and 19-year-old Black females were arrested and transported to the Arcadia City Jail for booking.

- Wednesday, October 9:
7. Around 3:33 p.m., an officer responded to the parking lot of Albertson's, 298 East Live Oak Avenue, in regards to a hit and run traffic collision. The victim and her two children were sitting inside their parked vehicle when male subject reversed his vehicle into their front bumper. While the victim attempted to take a picture of the suspect's license plate with her cell phone, the suspect became upset and took the victim's cell phone from her hands. With the help of bystanders, the victim was able to retrieve her cell phone from the suspect before he fled the location.
 - A short time later, the 49-year-old Black male suspect returned to the location where he was arrested for Robbery and transported to the Arcadia City Jail for booking.
 8. At approximately 5:32 p.m., an officer was dispatched to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft investigation. A loss prevention officer discovered an employee stole approximately \$6,600 in cash while working the sales register over a five month period. The 27-year-old Asian female was arrested and transported to the Arcadia City Jail for booking.

- Thursday, October 10:
9. At about 10:56 a.m., an officer responded to Abercrombie and Fitch at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. Video surveillance revealed two suspects, recognized as members of an organized retail theft crew, concealed merchandise inside their clothing and exited the store without making payment. The suspects are known to wear clothing modified to operate as booster bags. The suspects are described as Hispanic males in their early to mid-forties.


9. Around 11:14 p.m., an officer was dispatched to a residence in the 500 block of East Live Oak Avenue regarding a burglary investigation. Unknown suspect(s) forced entry through a kitchen window, ransacked the location, and fled with a laptop computer and Chinese currency. Fingerprints and a piece of skin that was detected on a sharp piece of glass are being examined for DNA. No witnesses were located.

- Friday, October 11:
10. Just before 8:40 a.m., an officer responded to a residence in the 200 block of East Laurel Avenue regarding a residential burglary that just occurred. The victim heard a loud noise while lying in bed and then observed an unknown male standing in her doorway. The suspect immediately closed the door and the victim climbed through a window to call police using her cell phone. An area check was conducted for the suspect, but he was not located. It appeared the suspect forced entry through a bedroom window; however, no property was reported missing. The suspect is described as Hispanic, approximately 40 to 50-years-old, short stature, wearing a white t-shirt and dark colored pants.

11. At about 4:24 p.m., two vehicles collided in the intersection of Sunset Boulevard and Portola Drive. The officer determined one of the drivers caused the collision because she failed to yield to oncoming traffic. No injuries were reported.


- Saturday, October 12:
12. Just after 2:00 a.m., an officer conducted a traffic stop on a vehicle in the area of Baldwin Avenue and Huntington Drive for lane swerving and failing to obey a stop sign. The officer discovered the 32-year-old Hispanic male driver was under the influence of an alcoholic beverage with a blood alcohol content greater than 0.08 percent. The 43-year-old Hispanic male passenger was also determined to be under the influence and unable to care for himself. Both suspects were arrested and transported to the Arcadia City Jail for booking.

13. Around 6:51 p.m., an officer responded to Sephora at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. A female suspect concealed merchandise inside her purse and exited the store without making payment. A search of her purse revealed she was in possession of a controlled substance. The 18-year-old Asian female was arrested and transported to the Arcadia City Jail for booking.



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MONROVIA - DUARTE

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Happy 50th Anniversary, MAFA!

By Joan Schmidt



"MAFA", the Monrovia Association of Fine Arts is an all-volunteer nonprofit organization whose key goals are to promote local artists and provide mentoring opportunities to encourage our young people to experience art and hopefully develop the future leadership of MAFA. This past weekend, MAFA had a great festival and marked their 50th Anniversary at Monrovia's Library Park. There were so many great display booths, which featured all kinds of paintings, photography, screen painting, different types of handcrafted jewelry, rock displays, pottery and much more. Throughout the day there was great entertainment. When I arrived, Centre Stage young girls performed various hits, danced and used hula hoops for a number. When I left to continue distributing newspapers, a Folklorio ensemble was entering the Park and they were accompanied by some musicians. There also were arts and crafts for all ages, an authors' section in cooperation with the Friends of the Monrovia Library, and a silent auction to raise funding. It was a great event to celebrate and to support a great organization. Please visit www.monroviafinearts.org for more information.

Monrovia Police Blotter

Highlighted Activity for the Week of October 10-16, 2013

During the last seven-day period, the Police Department handled 421 service events, resulting in 64 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

Warrants – Suspect Arrested

October 12 at 11:58 a.m., an officer on patrol recognized a male subject who had outstanding warrants walking south on Buena Vista from Huntington. A computer check confirmed the male subject did have three outstanding warrants for his arrest. The subject was stopped and arrested for the warrants.

Driving Under the Influence – Suspect Arrested

October 13 at 2:01 a.m., and officer stopped a vehicle at Myrtle and the 210 Freeway. The driver was speeding and swerved over the dividing line, straddling the line for approximately 40 feet. Through investigation, the officer determined the driver was driving under the influence and he was arrested.

Vehicle Burglary

October 15 at 5:58 a.m., a vehicle burglary was reported in the 400 block of Monrovia. The victim believes his vehicle was locked when he parked it. There were no signs of forced entry. Unknown suspect(s) entered the vehicle and took new clothing in boxes that was left in the vehicle. The investigation is continuing.

Shoplifting – Suspect Arrested

October 15 at 12:12 p.m., loss prevention personnel at a business in the 1600 block of South Mountain detained a female suspect for shoplifting. The suspect was seen by loss prevention putting items into her purse and then exiting the store without paying for the merchandise. She was arrested and taken into custody.

TIP OF THE WEEK

Red Ribbon Week Reminds Parents to Talk to Your Kids About Drugs

October 23 through 31, the Monrovia Police Department will celebrate Red Ribbon Week 2013. Red Ribbon Week is a national campaign to raise awareness about substance abuse among our youth and our communities. In 1985, DEA Agent Enrique, "Kiki," Camarena was murdered by a drug cartel. To honor his memory and to show support that we will continue the fight against illegal drugs, Monrovia Police Officers will wear red ribbons and red bracelets as part of our uniform to support the fight against illegal drugs, alcohol, and tobacco use.

Parents are the most powerful influence in a child's life in preventing drug use, alcohol use, and other risking behavior. Talk to your children early about drugs before they become involved. Be involved in their lives, keep them occupied with activities, spend time with them, and know who their friends are. Drug abuse can start at a very young age, so you need to know who your children are with at all times. One of the hardest things as a parent is knowing how to keep your child away from drugs and alcohol.

MONDAY MOVIE NIGHT AT THE MONROVIA PUBLIC LIBRARY ON MONDAY, OCTOBER 21, 2013 AT 6:00 P.M. IN LIBRARY COMMUNITY ROOM.

Dress in your pajamas, bring your blanket, pillow and your favorite stuffed friend to join us for Monday Movie Night! Enjoy freshly popped popcorn as we cuddle up to watch a terrific Halloween themed movie with your family! Know your child; some content may not be suitable for some kids. This event is sponsored by Friends of the Monrovia Public Library. The library is located at 321 S. Myrtle Avenue, in Old Town Monrovia's Library Park.

Can you guess the movie by reading the clue below?

Tonight's Movie Clue: Three sister witches are resurrected on Halloween night, and it us up to two teenagers, a young girl, and an immortal cat to put an end to the witches reign of terror once and for all. (Rated PG)

No registration is required. Visit www.cityofmonrovia.org/library for more details

Monrovia Department of Community Services

2013 Halloween Activities in Library Park

Date: Thursday, October 31
Time: 3:00 - 6:00 p.m.
Fee: FREE!
Ages: 0 - Adult

Costume Contest & Parade of Characters
Dog Costume Contest

Library Story Times • Toddler Area • Activity Booths
Arts & Crafts • Parachute Games • Photo Booth

In the event of rain the event will be held inside the
Monrovia Community Center, 119 West Palm Avenue

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For more information, contact Monrovia Community Services at 626.256.8246

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MONROVIA SUNDAY MORNING FARMERS' MARKET

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LA SALLE HIGH SCHOOL OPEN HOUSE NOVEMBER 3

Pasadena, CA – Open House at La Salle High School is Sunday, November 3, from 12:00 to 2:30pm. The entire family of all prospective students are invited to tour the campus, meet teachers and students and enjoy presentations by the La Salle band, drama club, Student Life, the Parent Association and numerous other clubs and organizations. La Salle High School is a college preparatory, co-educational, Catholic institution, located in Northeast Pasadena on a ten-acre campus with surroundings conducive to learning and to becoming a member of the Lasallian family.

As La Salle High School began its 57th year of academic excellence, nearly 700 students returned to school to enjoy an exciting year.

“We believe the education we deliver to our students is of the highest quality, offering a very broad and deep academic program with 15 AP courses and 14 Honors classes. We field 22 varsity sports teams along with an extensive visual and performing arts curriculum, honor and service societies, student clubs and organizations, student television broadcasts and student publications as well as a very inclusive Student Life program. We provide a healthy, safe and warm community atmosphere for all our students steeped in the Lasallian traditions of educational excellence,” said Brother Christopher Brady, FSC, La Salle’s principal.



La Salle is proud to be a Lasallian School - an educational institution that draws its philosophy and inspiration from the Christian Brothers whose reputation for excellence in education extends back to 1680. “Our nurturing environment, developed from a 350-year Christian Brothers’ educational tradition continues today. We strive to carry out the Mission established by our founder, Saint John Baptist De La Salle, ‘to give a human and Christian education to the young, especially the poor,’” said Brother Christopher. La Salle’s curriculum pursues a rigorous balance between college preparatory courses, religious education and enrichment opportunities. It is also committed to a values-based preparation for college that flows from a commitment to religious principles. Service learning is built into the curriculum during each of the four years. During the last five years, 99.5% of La Salle graduates have gone on to college with nearly 90% going to four-year institutions.

La Salle is accredited by the Western Catholic Education Association (WECA) and Western Association of Schools and Colleges (WASC).

La Salle High School 3880 East Sierra Madre Boulevard Pasadena, California 91107 Telephone 626.351.8951 www.lasallehs.org

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Bethany Christian School’s Kindergarten Preview and Campus Tour

(For Parents Looking At The 2014-15 Kindergarten Year)

Thursday, October 24th 4-5 pm

or

Friday, October 25th 8:30-9:30 am

Schedule
Kindergarten Classroom Tour
Room M4 McAndrew Hall

Mr. James Lugenbuehl, Principal
Registration Process

Mrs. Raquel Kloostra, Kindergarten Teacher
Zoo Phonics, Abeka Phonics Programs, and Math Curriculum

Mrs. Melody Heal, Academic Dean
K-8 Program and Campus Tour

Please RSVP to bethanychristian@bcsliions.org

bcsliions.org

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Kindergarten! ... here I come!



SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsliions.org
website: www.bcsliions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd.org

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show CAPTAIN PHILLIPS



After ‘Gravity’ came out, the film world was left waiting for the next great movie. When I discovered that ‘Captain Phillips’ was coming out the weekend after the blockbuster success, I was a little worried. The trailers for the new Tom Hanks movie looked amazing and I thought that the world would be too focused on the Sandra Bullock and George Clooney powerhouse to notice ‘Captain Phillips’. Luckily, I was wrong.

Captain Richard Phillips (Tom Hanks) was just going to another routine job: captaining a freighter full of supplies around the South African coast. About halfway through the perilous trip, a small group of pirates boards the ship and takes control. Captain Phillips desperately tries to call for help but when no one comes, the situation turns into a power struggle that may end in a deadly confrontation.

While ‘Gravity’ was amazing at building suspense, ‘Captain Phillips’ does it even better. The movie not only shows the perspective of the crew and the captain, but it also shows the pirates’ point of view and, in the end, you even feel bad for them. I would recommend this movie to everyone, whether you like this type of movie or not, because this is one of the most amazingly made movies of the year.

DELIGHTFUL STEAK AT THE ROYCE/ LANGHAM

I MUST be living right! How else would I get an invitation to check out The Royce, the steak house at the Langham in Pasadena? I'll call it an offer that no one should refuse! Upon walking in you will pass through their wine cellar, once seated, my server invited me to take a quick tour of the "wine cave". Their complete wine list is so extensive that you would need all night to get through this dissertation! Lucky for me, on the other side of the menu, there were suggested wines that best compliment the current menu, well over twenty wines by the glass. While waiting for my dinner companion, I selected a Nicolas Feuillatte Champagne, (\$20); my server brought the whole bottle over and opened it at the table, another nice touch, no reason for this critic to ask, "Is it fresh or not?". While sipping my pre-meal bubbly I took note of the incredible view of the acres of horseshoe gardens at the Langham, the tables are set up very smartly in half booths with pillows and seats on one side, very Manhattan-chic, I must say.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

vegetables. The prices at the Royce seemed to fall in line with other houses such as Arnie Morton's, The Palm and Mastro's. My objective was to ask as many questions that I possibly could, the most important being; "what's the difference between The Royce, and all the other aforementioned special occasion steakhouse? Getting past the fantastic view, and the so far great service, I wanted to get to the "meat of the matter", yes I went there! Chef Perry Pollaci, pointed out the obvious, the Prime Cuts are from the Moyer farm in Pennsylvania and are all grain fed, (grain fed didn't start until after WWII) I was impressed. The chef insisted that I try the Rib Eye hailing from just north of us in Brawley Ca. All natural, and all cooked on a wood fire over white oak. Hmm... now, we're talking! General manager Matt Nathanson explained that there are many restaurants that use a double broiler to cook steaks, but only a handful who have mastered the art of wood fired grill. The result was fabulous, and cooked to perfection; I kept my knife and my fork moving as if I had discovered gold. In addition, a Porterhouse 32oz steak is big enough to share. For you seafood lovers, GM Matt Nathanson told me that the Grilled Hawaiian Swordfish was a so fresh, it might just kiss you back!



Chef Perry Pollaci

Working backwards to go forward, the appetizers are on the same level as the entrees, I was extremely pleased with Dungeness Crab Cakes (\$18), remember I'm from Maryland, and am able to spot an impersonator at 50 paces! This Dungeness Crab Cake passed the Dills test with flying colors! The Maine Lobster Bisque (\$12) was full of lobster meat; in fact, I shamelessly asked the waiter did he put in extra just for me? "No, that's how it comes" The star of stars was the Wagyu Beef Carpaccio (\$18) simply great, and if I hadn't ordered two other appetizers, I would have asked for seconds. For Vegetables, we shared the truffled spinach, and our potatoes were hand cut French fries (\$7) yes, hand cut just like Islands does them! While these showed promise, I would've liked to have seen a traditional French cut, these were just too short. However, all and all a fantastic dinner with wonderful service. My final question to The Royce was... "How's Business"? Matt replied, "while we have always been proud of our previous restaurants and award-winning chefs, we now have a steak house that we are happy to share with our guests and day visitors alike, In other words great!!!" Fun little tidbits: All bread is delivered each morning fresh from the La Brea Bakery. There is an Ace Spades Champagne for \$600, never had it, would love to. No room for dessert, we were stuffed. Closed Mondays. Dills Grade: B +

The Royce Steak House Langham Hotel, Reservations suggested (626) 568-3900
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INGREDIENTS

Kosher salt
 6 slices bacon, diced
 1 medium onion, chopped
 1 green bell pepper, chopped
 1/4 cup all-purpose flour
 2 tablespoons paprika
 1/2 teaspoon dried marjoram
 1 1/2 pounds skinless, boneless chicken thighs, cut in half
 2 cups low-sodium chicken broth
 8 ounces egg noodles
 1/2 cup sour cream
 2 tablespoons chopped fresh parsley

DIRECTIONS

Bring a pot of salted water to a boil. Meanwhile, cook the bacon in a separate pot over medium heat, 2 minutes. Add the onion and bell pepper and cook 3 more minutes. Combine the flour, paprika, marjoram and 1 teaspoon salt in a large bowl; add the chicken and toss to coat.

Push the bacon and vegetables to one side of the pot and increase the heat to medium high. Add the chicken and any remaining flour mixture to the other side and cook, turning, until browned, about 6 minutes. Stir together the chicken, bacon and vegetables and cook 2 more minutes. Add the chicken broth and bring to a boil. Stir, then reduce the heat to medium low. Cover and simmer until the chicken is almost cooked through, about 10 more minutes. Meanwhile, add the noodles to the boiling water and cook as the label directs; drain.

Uncover the pot with the chicken, increase the heat to high and cook 2 minutes. Reduce the heat to low, stir in the sour cream and parsley and cook 2 more minutes. Season with salt. Serve over the noodles.



We'd like to hear from you!
 What's on YOUR Mind?

Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND
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Happy Tails

by Chris Leclerc



Most of the pets I have owned throughout my life have been mixed breeds or what some like to call “mutts”, which is actually quite appropriate considering the fact that I myself come from a very eclectic genetic line of ancestry. I do not have a problem with so-called “mutts” because, more often than not, mixed breeds are less apt to have the physical conditions and inherent diseases that seem to prevail in the health of a pure bred.

However, it just so happens that my current closest canine companion, Tatertotts, is indeed a pure bred bloodhound, born of parents who come from a long line of blue-blood sire hounds, with a tight English family tree that traces all the way back to the turn of the 20th century. In jest, I call Tater an “in-bred re-tread”, mostly because she was born with some really strong behavioral traits, and she struggles with some intense ear and eye health issues that are all clearly inherent to her line of in-breeding. I call her that as a term of endearment, and by no means do I mean it as an insult, because I love her with all my heart. Let’s put it this way, that bitch thinks she is the only dog on the face of the earth, and because of that she is not the most social creature you will ever meet, yet her body refuses to cooperate with the tiara she thinks she’s wearing!

Although I would never breed dogs intentionally myself, I do appreciate what is considered to be “art form” of breeding the “ideal specimen” of a given species and I enjoy seeing a dog whose traits, marks and characteristics fit the need for a specific purpose. Furthermore, most pure bred dogs seem to enjoy pleasing their masters by performing the “job” for which they were bred.

In spite of the social and health challenges I face with my dog, when I look at her I can’t help thinking how gorgeous she is and how fortunate I am to have her. I adopted Tater from a breeder/handler who bred her for the show ring. One of 4 siblings, Tater’s brothers and sister were apparently quite successful at show, however at the age of 1 ½ years, when Tater proved less-than-promising for winning “best-in-show”, the owner was forced to give her up. Lucky me! Tatertotts is different from any other dog I have ever owned.

Like I said, most pets of mine have been “combo-spawn”; the result of a neighboring dog jumping the fence and having his way with the dog next door, or an adoption through a local SPCA agency. I have never before owned a dog that required so many trips to the vet, but Tatertotts is a major part of my life, so she is definitely worth it. Fortunately, I have an excellent veterinarian whom I trust with regard to Tater’s health needs. Dr. Sylvia Domotor (Animal House in Monrovia) has been a godsend. She is knowledgeable about the unique needs of a bloodhound, and she cuts right to the chase with what must be done to keep Tater healthy.

What surprised me most, was to find out that the majority of Tater’s symptoms are related to allergic

ANIMALS AND ALLERGIES

reactions! At first I had a hard time understanding that the dark goop growing in her ears, and the odd blotchy spots that sometimes appear on the surface of her under belly and between the massive folds of skin beneath her neck are the result of allergies. It seemed so foreign of a concept to me. However, now that I know what the problem is, I can get proper treatment to control it, and avoid more chronic conditions that may occur otherwise.

What I have also come to know is that allergies are apparently very common among dogs, skin reactions are the most common symptoms, and certain breeds are more susceptible than others. Many allergens that affect dogs are the same ones that affect humans. To help identify and control symptoms, dog allergies are often categorized as inhalant, food, or parasite-related.

Like humans, dogs can be allergic to air-borne particles that cause reactions such as sneezing, coughing, runny nose and watery eyes. Allergic reactions to certain foods are also common for the canine, and as most of us know all too well, parasites such as fleas and mites can cause chronic skin problems for our beloved pets. There are some home remedies for dog allergy symptoms, and fortunately veterinarians are well prepared to treat symptoms that cannot be remedied at home.

Antihistamines found in the pharmacy aisle of our local grocery store can be efficient in treating some dog allergies. Common sense also tells us that when an allergen is removed from the dog’s environment, symptoms will decrease, so keeping the dog indoors when airborne pollen is potentially high can make a huge difference. Laundering the dog’s bedding and bathing the dog on a regular basis also helps. Be sure to use a mild, non-caustic soap product and take dry the dog off well afterwards.

As for food allergies, most reactions are due to wheat or gluten ingredients used as fillers in dog food products. Check the label on the package, and try to stick with products that show meat as the main ingredient, versus grains or other fillers. If your dog continues to show symptoms of allergic reaction, consult your veterinarian in a timely manner. The good side of the story is the fact that when a pet is not feeling well, it doesn’t mean he is actually sick. It may just be a reaction to an allergen in his environment, and something that is easily remedied. Keep a close eye on your canine companion, and if you do detect symptoms, hopefully you will be as surprised as I was to find out it’s just an allergy that can be easily treated!

Whatever breed of pet you may own, please remember that it is not their fault if they foster health problems or social issues. Our domestic pets are the salt of the earth, in my opinion, and we humans must come to grips with the fact that if they have problems, it is most likely because we caused them. For that reason we must also take responsibility by getting them the proper treatment and giving them lots of love and attention to help them overcome the challenges they contend with. And of course, above all, remember we humans are the ones who can make a difference in the lives of all living things. Don’t forget to love and let live!

PET OF THE WEEK

HERMAN: ANIMAL ID #A4640270

Meet the most fun pup at the shelter, Herman (A4640270)! Herman is a “plug and play” eleven month old brown and black neutered male German Shepherd/Shar Pei/Baldwin Park Kissing Dog mix puppy who was brought to the Baldwin Park Shelter on October 6th. Weighing approximately forty pounds this happy puppy walks okay on the leash and is very well socialized. Playful with other dogs and good with children, this staff favorite passed his shelter given temperament test with perfect marks! Herman is a sensational indoor pet for an active family living in a private home! To watch a video of Herman please visit: www.youtube.com/watch?v=wtHhKx0lmRU



To meet Herman in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Herman, please reference his animal ID number: A4640270. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Herman or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals’ partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>

LOOKING FOR A FELINE FRIEND??

So is Blix! He is a real “gentle giant”, and is the reigning feather teaser jump champion! He’s looking for a buddy that will appreciate his love and affection. Won’t you please come by Meow Manor for a visit and get to know this very handsome boy? He is neutered, up to date with all routine shots and ready to move in. Please stop in and consider making Blix part of your family!

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel in Meow Manor. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange to meet Blix (aka.... AZ75758), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. His adoption fee is \$99 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Blix.



See our website at www.sgyhumane.org for information and photos of all our available pets.

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RV TRAVEL TIPS FOR BEGINNERS

Dear Savvy Senior:

Can you write a column on RV travel for beginners? My husband and I will be retiring in a few years and have always thought it would be fun to spend some of our time traveling around the country in an RV. What can you tell us? Ready to Retire



Dear Ready:

The affordability, combined with the comfort, convenience and personal freedom it offers has made recreational vehicle (RV) travel immensely popular among retirees over the past decade.

According to the Recreational Vehicle Industry Association, there are approximately 35 million RV enthusiasts in the U.S., including a growing number of baby boomers.

Some of the reasons RVing has become so popular is because of the freedom and flexibility it offers to come and go as you please. If you like where you're at, you can stay put. Or, if your feet get itchy you pack up and move on.

Another popular aspect among retirees is following the seasons. Snowbirds, for example, like to travel south for the winter, while southerners migrate north during the hot summer months.

RVing is also a very affordable way to go. Even considering ownership or rental costs, RV travel is cheaper than traveling by car, plane or train – especially when you factor in lodging and restaurant costs.

RV Options

Most people, when they think of RVs, think of huge motorhomes, but RVs run the gamut from folding camping trailers and truck campers, to travel trailers and large motorized RVs.

Cost, too, will range from as little as \$4,000 for pop-up campers all the way up to \$1.5 million for luxurious motorhomes. To learn more about RV options, check out gorving.com, a resource created by the RV travel industry that breaks down all the different types of RVs available today, along with various videos and other RV information.

The best way to ease into RV travel and find out if you like it is to rent. Renting can also help you determine which type of RV best suits your needs. Rental costs will vary greatly depending on what you choose, but you can expect to pay anywhere from \$30 up to \$300 per day. To locate one of the 500 or so RV rental outlets around the country check your yellow pages under "Recreation Vehicle" or search The National RV Dealers Association website at rvda.org.

Camping Options

With around 14,600 public and privately owned RV parks or campgrounds across the country (see gocampingamerica.com and trailerlifedirectory.com), RVers can roam coast-to-coast with no shortage of places to stop, or options to choose from.

Most RV parks are open to all comers and rent spaces on a nightly or weekly basis, much like a motel or hotel, with rates typically ranging from \$15 to \$50 per night, however some in city and country parks may be \$10 or even free.

RV parks can also range from rustic facilities with limited or no utility hookups, as are more often found in state and national parks, to luxury resorts with amenities that rival fine hotels.

To research RV campgrounds, get a copy of the "Good Sam RV Travel Guide & Campground Directory" for \$10 at goodsamclub.com/publications, or call 866-205-7451. This guide breaks down what each campsite offers, along with their policies and costs, and a rating system. Also see rvbookstore.com for dozens of books and DVDs about RVs and the RV lifestyle.

There are also a number of RV clubs you can join, like the Good Sam Club (goodsamclub.com), that provide member discounts on parks and campgrounds, travel guides, fuel and propane, roadside assistance and more. Passport America (passportamerica.com) is another popular club that gives 50 percent discounts on more than 1,800 campsites across the U.S., Canada and Mexico.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That



CRIME, BEAUTIFUL HOMES & CHEAP SHOES.....

By now you're probably familiar with the theft epidemic spreading throughout our community. Every week the local crime blotter chronicles more cases of break-ins, whether it's from homes or vehicles. At least there haven't been any incidents of mugging, but we don't want to give the criminals

ideas...

There are many precautions one can take to protect your home or car from break-ins. Don't leave your doors or windows unlocked. Don't store valuables in plain sight in your car. And try to avoid shipping anything you've ordered to your home, unless there will be someone there to receive it (other than crooks, that is).

It was this last one that got me worried. I ordered two pairs of shoes from Payless without really thinking about the whole don't-have-stuff-shipped-to-your-home thing. At the time, my thoughts were centered on my strong distaste for clothes shopping. I merrily clicked the "submit your order" button and forgot all about it. But after a couple of weeks, I started worrying that perhaps someone had lifted the package from my porch. Darn! Criminals must be pretty desperate if they're nabbing cheap Payless shoes. I vowed to be more cautious in the future.

While many people's response to crime is reactionary, (e.g., I lost my shoes, so I'll be more careful next time), some are taking proactive measures. My parents, and everyone else on their street, have our neighbors, Steve and Suzanne, to thank for taking up the role of block captains.

Their first meeting was held at a neighbor's house. Both my parents were invited. However, my Dad considered that, if everyone who was invited actually went, and if the criminals came across a copy of the invitation flier, they'd know there'd be a long row of empty, vulnerable houses on that particular night. In light of this potential danger, my Dad stayed home to hold down the fort.

So, my Mom went as the representative for our family. (This makes me wonder if my neighbors on my street held a meeting as well. If so, I'm sorry my husband and/or I didn't attend. Honestly, we hadn't heard about any meeting. Either that or the crooks stole the invitation from our mailbox!) On the big night, my Mom walked the short distance to the meeting, intending to glean as much information as she could.

And glean information, she did. Apparently, there are more female "gangs" committing robberies. (So much for "the weaker sex!") Thieves have started stealing rental cars to blend in, because their own less-than-pristine vehicles might arouse suspicion. What's worse is that the rental companies usually don't even realize their cars have been stolen!

Besides keeping a look out for suspicious-looking people driving inconspicuous cars, you shouldn't announce your acquisition of a new 5 foot flat screen TV by leaving its box on your front yard for the trash service to pick up. Doing so might cause your TV (and any other valuables you might have lying around) to be picked up, but not by the trash service!

Learning about crime prevention is all well and good. But what really made a lasting impression on my Mom were not the new trends in crime or the preventative measures against them. No --all she could talk about for days after the meeting was the beauty of the house in which the meeting was held. I sighed and wondered if my wilting plants and dust bunnies might look photogenic in the right kind of light.

Despite focusing more on the beauty of our neighbor's home than the actual meeting, my Mom was able to relay the information to our long-time neighbors, Dan and his wife, Esther. (It was Dan who suggested that I write this article, and I promised I'd give him all the credit. Thanks, Dan!)

Returning to my apartment, I made peace with my dust bunnies, and accepted the fact that my decor will probably never be described as glamorous, or even tasteful. However, I received an email congratulating me that my shoes had arrived at the Payless store in the Arcadia Westfield mall! Silly me to forget I had ordered them to be delivered there rather than pay shipping. At least now I know no thieves made off with my \$14.99 flats!



SENIOR HAPPENINGS

By Pat Birdsall

FYI: TRICK OR TREAT?

Halloween is a time of total fun for the younger set...Candy, costumes, mischief, staying up late and did I say candy? Halloween can also be fun for seniors, but some find it a stressful period...those living all alone or those suffering from dementia for instance. When elders don't have any kids in their lives there can sometimes be no enthusiasm to enjoy the holiday. Working on Halloween crafts with a group of seniors is a great way to spend your time and keeps them "tuned in" to the holiday. Perhaps the senior or seniors you know would rather not spend the night answering the door and giving ghosts and goblins candy, others might totally enjoy it. Invite seniors to your home or out to dinner, in the event they are on the "do not enjoy" list.

Don't forget that is a night for tricks. After 55+ years since it happened, this is still a vivid memory for me...My friends and I were at that terribly awkward age; too old to go trick-or-treating, but too young to have grown-up fun. Rather late in the evening, we arrived at the door of a "senior citizen" (in reflection, she must have been forty!) She told us, in what we perceived to be a rude tone of voice that she thought we were too old to be going door-to-door and besides, she was out of candy. Well, that's all we needed to hear. Of course we soaped her windows! Not only that, we had the audacity to go by her house before we went to school the next morning to see her scrubbing her windows!

Now, not to excuse what we did, I think soaping windows might be considered very minor...Watch out for your older neighbors; ghosts, goblins and vampires are on the prowl and this is a very different world.

HELPFUL HINT: If you spill a container of tacks, pins and other little metal objects, spare yourself poked fingers by using a magnet to pick them up.

FOR YOUR FUNNY BONE - While transcribing medical audio tapes, a colleague of mine came upon the following garbled diagnosis: "This man has pholenfrometry," Knowing nothing about this particular condition, she double-checked with the doctor. After listening to the tape, he shook his head. "This man, he said, translating for her, "has fallen from a tree."

HAPPY BIRTHDAY! ... October Birthdays



Janda Ferris, Darlene Traxler, Margit Johnson, Sole Krieg, Ann Tyler, Pat Birdsall, George Maurer, Dick Anderson, Barbara Cline, Eva Poet, Mary Jane Baker, Dixie Coutant, Cathleen Cremins, Lillias Eubanks, Alma Mays, Adie Marshall, Darlene Crook, Susan Gallagher, Maggie Ellis, Gloria Giersbach, Elva Johnson, Ellen O'Leary, Jenny Piangenti, Gail Ann Skiles, Anita Thompson, Linda Boehm and Angela Stella.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Quote of the Week: Clothes make a statement. Costumes tell a story.

~ Mason Cooley



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Get fit, Have Fun with Zumba Gold

Zumba Gold is a low impact fitness class based on Latin and World Music. The upbeat music creates a fun atmosphere with easy to follow dance moves that will have you toning your body and improving your stamina and balance from your very first class. No dance experience is necessary and all fitness levels are welcome. Class is held Mondays from 11:00 am to 12:00 pm. Next session begins in September. \$30.00 class fee. For more information or to sign up call the Community Services Department at (626) 355-5278.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: New Hours: 11:00 to 11:45 Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Geoffrey Chin volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must!** Please call: 626.355.7394 to make yours * *Conflicting court schedules can occasionally cause cancellations.*

LUNCH AND LEARN: SALT THERAPY

Wednesday, October 23rd- 12:00 to 1:00 pm Hart Park House Senior Center

Listen to Reiki Master Kristen, as she explains the benefits of Salt Therapy. Discover the all-natural, drug free treatments that are offered at The Salt Therapy Studio such as salt therapy, massage therapy and Reiki. These forms of treatment are helpful with many conditions that affect the body including: Arthritis, Chronic Obstructive Pulmonary Disease (COPD), Muscle Tension, Stress, Sinusitis, Sore Throat, Colds, cough and congestion.

If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626.355.0256 or bring your own.

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

UPCOMING EXCURSIONS:

JEOPARDY TAPING AT SONY STUDIOS - Sony Studios, Culver City, Ca.

Date: Wednesday, November 13, 2013 Time: 9:30 am to 3:30 pm

Meeting Location: Hart Park House Sr. Center Cost: \$15.00 (does not include lunch)

Join us as we head to the Sony Studios in Culver City for the taping of Jeopardy!, America's favorite quiz show. The show is a winner of a 2012 Peabody award and 30 Emmy awards, including the 2012 Emmy for Outstanding Game/Audience Participation. Participants will have the opportunity to see the taping of three shows which takes approximately 2 hours. Following the tapings, at approximately 1:15 pm, participants will lunch together at the Overland Café just down the street from the studio. It is recommended to bring \$10-15 for lunch. Tickets are selling quickly so come in today and purchase yours. Last day to register is November 5th. Level of walking: Minimal

Friday, December 13, 2013. "Because it's Christmas"
Show at Candlelight Pavilion (Claremont, Ca.) \$67.00 (Lunch included) 10:00 am- 4:00 pm

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation. CALL (626) 355-7394

Senior Movie Program:

FREE movies are chosen by the seniors themselves and shown on the 1st and 3rd Wednesdays of the month (EXCEPT OCTOBER - see below) in Sierra Madre's City Council Chambers, 232 W. Sierra Madre Blvd., Sierra Madre. ~ Start time is 1:00pm ~

October 30th: Young Frankenstein (1976)

After years of living down the family reputation, Dr. Frankenstein's grandson inherits granddad's castle and repeats experiments. Rated PG, Start time: 1:00 pm (run time 106 minutes)



We'd like to hear from you!
What's on YOUR Mind?

Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND
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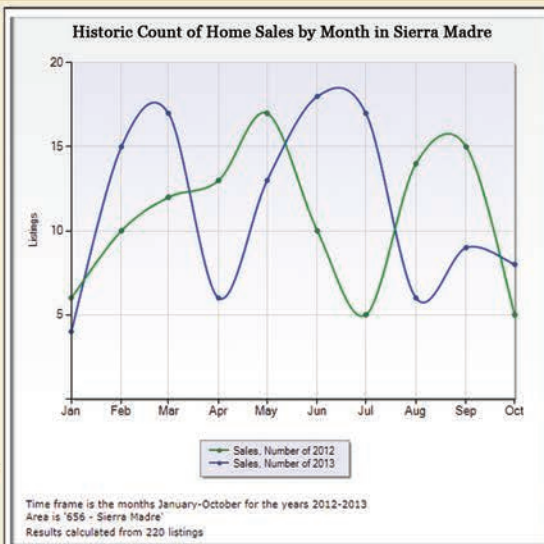
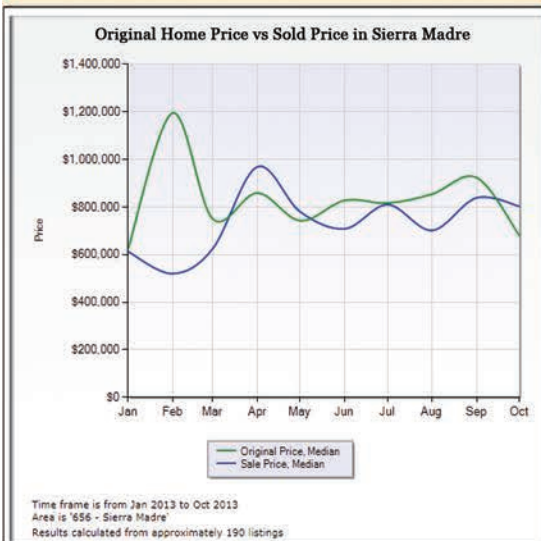
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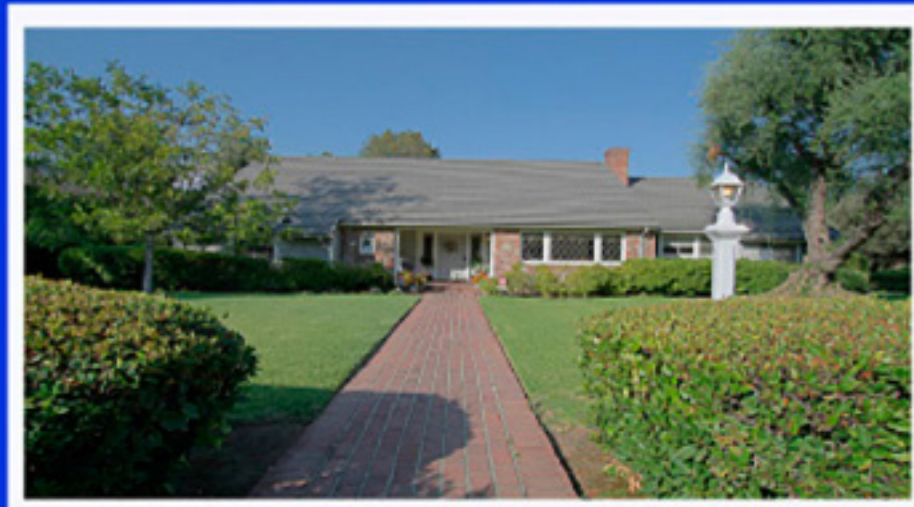
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Beer Garden

Catch playoff baseball and college football in the sports-bar themed beer garden!

Live Entertainment

Featuring Canto and Salt & Pepper Chords!

And More

Face-painting, general store with unique gifts, plant and bake sales!

Beer, Brats & Bingo

Make it a full weekend of entertainment starting with *Beer, Brats & Bingo* on Friday night! Enjoy a fabulous meal and dollar bingo games from 6-10 p.m., Oct. 18th, in O'Malley Hall! \$10 dinner tickets available at the door. Supervised childcare with movie and fun activities provided!



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SECTION B

SATURDAY, OCTOBER 19, 2013

THE BOTTLE SHOP CELEBRATES 50 YEARS OF SERVICE TO SIERRA MADRE

Story and Photos by Bill Coburn

In October of 1963, Bill Sullivan was notified by his brother, Frank, of a business opportunity in the city of Sierra Madre. At the time, Bill lived in Chicago, Illinois where he worked as a steamfitter. After hearing from his brother, he made a phone call to California and made arrangements to buy a liquor store in Sierra Madre. One month later, his wife, Marie, and their three children, ages seven, six & four, flew to California to join Bill who was busy preparing to open their new business. The day they landed, they were greeted with the news John F. Kennedy had been assassinated. One month after that, on December 23, 1963, Bill and Marie, who had never even operated a cash register before, opened what is now known as The Bottle Shop.



Bill's oldest son, also named Bill, his brother Dan, and sister, Kathy (Copeland) spent much of their childhood working at The Bottle Shop, substituting chores at home for chores at the shop. "We stocked the cigarettes, bagged the ice, and sorted and separated the deposit bottles seven days a week for which we were paid a weekly allowance of sixty cents," remembers Bill. After graduating from high school in 1975, the younger Bill started working full time at The Bottle Shop, eventually being in charge of all its operations before purchasing it from his dad in 1984. The elder Bill pursued other interests, including founding Sierra Madre City College, a philanthropic organization, and building and owning a storage facility in Sierra Madre until his death in 2011. Marie continues to own Self Storage in Sierra Madre.

Throughout the years, the store has seen many changes and remodels. When the lease for the business next door expired in 1982, The Buccaneer decided to move a few doors west creating an opportunity for The Bottle Shop to add a seventeen door walk-in box that allowed the store to stock more than one hundred imported beers. In 1998, on the day the City of Sierra Madre celebrated Wistaria Day, the store was gutted by a fire and declared a total loss. Forty days later, with the whole family pitching in, along with help from several community members, the store re-opened. The most recent change occurred in 2011 when the store expanded once again into unoccupied space to the west, adding a climate controlled wine room, and a wine tasting bar allowing customers to sample the various wines sold at The Bottle Shop.

Today, The Bottle Shop is run by Bill, along with his wife, Patty, and twin sons Jay and Jeff, recent graduates with degrees in Finance from Southern Methodist University. Their daughter Tracy is currently a senior at Santa Clara University, and also helps out whenever she is home from school.

On Saturday, October 26th, from 2 to 6 pm, The Bottle Shop invites everyone to stop by and celebrate their fifty years of service in Sierra Madre. There will be door prizes, appetizers, and live entertainment by the "Mello D's", featuring Dave Osti and Deanna Cogan. Participants will have the opportunity to choose among dozens of wines and beers to sample. The cost is \$10.00 per person.

Above, Bill Sullivan, Sr. in 1965. On the right, Bill Sullivan, Jr. (left) at the ribbon cutting ceremony in 2012



SIERRA MADRE HALLOWEEN HAPPENINGS

Thursday, October 31, 2013. Halloween Happenings' activities include the downtown trick-or-treating sponsored by the Sierra Madre Chamber of Commerce, as well as the costume parade and costume contest, supported by the Sierra Madre Kiwanis Club. All activities for the Sierra Madre Halloween Happenings are free!

- 3:30 - 5:00 PM Trick-O-Treating, Downtown Sierra Madre
- 4:00 - 5:00 PM Costume Contest Sign-up, Kersting Court
- 5:00 PM Costume Parade Begins, Kersting Court
- 5:30 PM Costume Contest, Memorial Park (no signups will be taken in Memorial Park, signups must be done in Kersting Court)

Participating Businesses in the Downtown Trick-o-Treating -

Sponsored by the Sierra Madre Chamber of Commerce, from 3:30-5:00pm in Downtown Sierra Madre.

Costume Contest Registration and Participation

Supported by the Sierra Madre Kiwanis Club. The costume contest registration will be available in Kersting Court from 4:00pm-5:00pm. All youth must pre-register in Kersting Court to be able to participate in the costume contest, no signups will be taken in Memorial Park. The costume contest will begin at approximately 5:30pm at the Memorial Park Bandshell. Prizes will be given to the top three contestants in each of the five age categories: walking to 2 years, 3-4 years old, 5-7

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SIERRA MADRE SCARECROW FESTIVAL OCTOBER 1 - 31, 2013

*Have
you
seen
all the
scare-
crows
around
town?*



*Take a walk, drive or cycle around and
see all of the sights!*

*Pick up a map of all the Scarecrows
around town at The Creative Arts
Group, 108 N. Baldwin, Sierra Madre*

LOCAL BUSINESS LEADERS DIS- CUSS INDUSTRY, ECONOMY AT FIRST PASADENA ECONOMIC AND BUSINESS SUMMIT ON OCTOBER 24TH

*Panelists include industry, civic and
economic development leaders*

Pasadena, CA- The Economic and Business Development Committee of the Pasadena Chamber of Commerce hosts the first Pasadena Economic and Business Summit on Thursday, October 24, 2013, at 11:30am at the University Club. Local civic, economic development and business leaders will discuss our local economy, their industries and the future of business in Pasadena. The event is presented by the Chamber and the City of Pasadena.

Pasadena Mayor Bill Bogaard will provide a brief update on City finances and priorities. Keynote Speaker Bill Allen, President and CEO of Los Angeles County Economic Development Corporation, will discuss the current state of the local and regional economy and highlight trends, issues and concerns to watch in the future.

The Pasadena Business and Economic Summit will include panelists include Zareh Astourian of TTG and William Chu of Singpoli Capital, and Park Place Commercial, LP, Andy Ogden, Chair of the Graduate Department of Industrial Design at Art Center College of Design and Dr. Michael Giardello, CEO of Matera, Inc. and Co-chair of Innovate Pasadena.

Cost to attend the inaugural Pasadena Business and Economic Summit is \$45 and includes the program, lunch and valet parking. A corporate table of eight, which includes signage and recognition on the program, costs \$400. The City of Pasadena is sponsoring the discussion of the economic health and the future of business in Pasadena.

To sign up and pay online at the Pasadena Chamber website at www.pasadena-chamber.org (then follow the link to Events and the Business and Economic Summit).

years old, 8-10 years old and 11 years & up. Sierra Madre Elementary teacher Lisa Spigai will keep all entertained as she emcee's the contest. All prizes for the costume contest are provided by the Sierra Madre Kiwanis Club. The judges for this year's contest are: TBD.

*Halloween Parade led by the Si-
erra Madre Fire Department*

The costume parade will depart from Kersting Court at 5:00pm and will be led by the Sierra Madre Fire Department, with the Sierra Madre Police Department bringing up the rear. The parade will travel west on Sierra Madre Blvd. and end in Memorial Park. Youth can visit with firefighters and explore the vehicles in Kersting court before the parade begins.

Alegria Avenue Festivities

(Independent Activity Hosted By Residents on Alegria Avenue)

Alegria Avenue between Baldwin Avenue and Mountain Trail will be closed to through traffic on Thursday, October 31, 2013 from 4:00-11:00pm. The homes on this street are elaborately decorated for Halloween and many families visit this street to trick or treat. *Note: this is not affiliated with any of the City of Sierra Madre Halloween Happenings activities.

For more information about any of the Halloween Happenings activities please call the Community Services Department at 626-355-5278.



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JASMINE'S CORNER

Book Reviews by Jasmine Kelsey Williams

THE POWER OF POPPY PENDLE By Natasha Lowe



The third week of October brings about another lovely selection to get you in the spirit of Halloween, and is a perfect pick for younger readers. I introduce to you here, "The Power of Poppy Pendle" by Natasha Lowe, and if you ever choose to continue to pursue the contents of its pages, then you shall be in for a real treat. Lowe uses charm, wit, and youthfulness to bring us the protagonist of Poppy Pendle, a young girl who is gifted with the powers of being a witch, but also has the passionate heart of being a baker. Readers will immediately be able to sympathize and connect with Poppy, as she has found a passion that she loves with all her heart, but is surrounded by a family who fails to see her special talent and only wishes to continue with being a witch instead of baking.

Another wonderful factor that can connect readers to Poppy is the theme of finding courage; finding your voice to speak about what you love and believe in is key to achieving your dream, and of course Poppy experiences this uphill trek to do just that. Lowe also does a wonderful job of fleshing out supporting or minor characters to be able to include their various perspectives, especially when it comes to the topic of Poppy and her love of baking instead of magic. As a book lover myself, I personally recommend this for younger readers and perhaps some older ones as well, especially for those who have a bit of a sweet tooth. Poppy's story is not an unfamiliar one: readers will be able to fully understand the desire to be heard and accepted for who they are and what they love to do (or believe they were born to do), and even comprehend some of the consequences when they are silent for too long, or when they go about their own path but unfortunately backfires and takes a turn for the worst. Readers both young and old can learn from "The Power of Poppy Pendle" of not just following your dreams (great or small), but also learning to find those who will support and believe in you.

Copyrighted in 2012, and receiving praise from critics and Booklist, "The Power of Poppy Pendle" will the wonderful Halloween selection to provide a gentle reminder of following your heart and passion. And to make this selection even more alluring, "The Power of Poppy Pendle" contains 10 Poppy-themed recipes which are perfect to make at home.



SEAN'S SHAMELESS REVIEWS:

By Sean Kayden

DALE EARNHARDT JR. JR.

Dale Earnhardt Jr. Jr., the Detroit duo, cook up carefree, pop-induced tunes for their sophomore record, "The Speed Of Things." The band's first record, "It's A Corporate World" demonstrated the guys proclivity toward humorous lyrics and saccharine electronics. With their latest LP, they expand their sound, but keep within the same realm. The debut record was a modest

outing from Joshua Epstein and Daniel Zott, who came from other bands to join forces. However, "The Speed Of Things," shows the band to be more comfortable with the sound they're conveying. They made not be treading new ground entirely, but the catchiness and ramped up melodies on the sophomore release exemplifies much improvement.

"It's A Corporate World" offered many simple compositions. I never thought the album fully came together as a whole. The band had a few innovative ideas that sprawled over the course of a few songs, but exhaustively ran out of gas midway. On "The Speed Of Things," Dale Earnhardt Jr. Jr. keeps the energy flowing quite smoothly. They know when to slow it down like on "I Can't Help It." This tune shows a different side of the band, more melodic, more sensitive. I prefer the toned down electronics rather than completely going overboard with them. There's still a carefree vibe attached to most of the songs they perform, but something about this album feels more grown up. They may still be delivering the fun without being taken too seriously. However, the growth they've made from the last record to this is rather striking. There is still a lightness to be found yet this records runs much deeper than previous material. The harmonies are in full force here especially on "Dark Water." Epstein and Zott effortlessly pull off Beach Boys style arrangements.

With a combination of fast and mid-tempo tracks, glowing harmonies, and a penchant for dazzling electronics, Dale Earnhardt Jr. Jr. surprised me with this latest effort. I thought they only had a decent first outing which inevitably led them falling off the grid for me. Now they've come back with such a cool, nearly seamless second LP that impresses me a lot more. When the interlude hits, it tilts the record into a slightly slower speed from then on out. Nonetheless, it's still incredibly joyous. "A Haunting," puts on display a different side to the band. It demonstrates a more heartfelt, serious tune compared to their appetite for lightheartedness. "Run," is probably the best track here. It's high energy, super charged electronics and purely addictive sound makes it one of the most entertaining songs of the year. "War Zone" is absolutely intoxicating. It's another prominent song for the band. In the end, Dale Earnhardt Jr. Jr. might not take over the world with this record, but it's a great addition for anyone looking for a good time with an album that balances buoyancy and sensitivity in a near perfect fashion.

Grade: 8.3 out of 10
Key Tracks: "Run," "I Can't Help It," "Don't Tell Me," "War Zone"

Artist: Dale Earnhardt Jr. Jr.
Album: The Speed Of Things
Label: Warner Bros. Records

Release Date: October 8th, 2013



We'd like to hear from you!
What's on YOUR Mind?

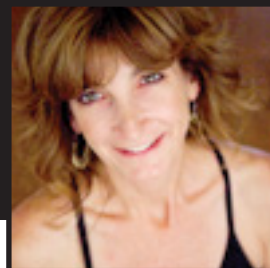


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HEALTHY LIFESTYLES

THE JOY OF YOGA

WHY IS YOGA A SPIRITUAL PRACTICE AND NOT JUST EXERCISE



Yoga was developed thousands of years ago. The ancients wanted to know why we are here and while we are here, how can we be happy? What they came up with back in the time of the oldest teachings, the Rig Veda, was that we are inherently happy. That is why we strive for happiness all the time. But through years (or lifetimes?) we have developed patterns, physical and mental attitudes, that block our way. The sciences of Yoga and Ayurveda come from these teachings and explain how if we are balanced, find out our own unique attributes and live in such a way that we are healthy, then we find the fountain of youth: physical health, mental health, emotional health and spiritual health. The path of self-knowledge IS the removal of suffering, and we can reach liberation (moksha).

The problem begins with the body. If we have any malady, that's all we can focus on. "ouch! I stubbed my big toe." Now all I can think about is that physical pain. Any injury or illness can become all-consuming. We focus everything around it and even learn to identify with our illnesses. The more focus something has, the more energy it has. It can grow this way. The practice of yoga is to optimize physical health so that we can find liberation. We need to remove the obstructive patterns. We need to develop a relationship to our bodies for maximum health. Our patterns will then become apparent and we can do something about them.

Yoga is not a religion. It enhances our religions and our relationship to ourselves.

See you in class.

Namasté, René



Vibrant Living Wellness Center

Heathcare the Way Nature Intended

EATING FOR A HEALTHY HEART



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

If you read the news or watch TV, you know that heart disease is the number one cause of death in America. It is also costly. In the US, heart disease cost the nation billions of dollars each year. It is hard to imagine that in a land where we have so much, so many of us die from a disease that is known to be primarily caused by lifestyle and poor quality food choices. Since heart disease kills more Americans than anything else, it would seem wise to study cultures where heart disease is almost non-existent. Those studies have been done and the results are in... In cultures that do not eat refined foods or denatured fats, heart disease is almost non-existent.

One way to keep your heart healthy is to eat a diet that is low in refined foods. Many nutrients are lost in the refining process. In particular, we lose the B-complex vitamins, important vitamins for a healthy heart.

Next, we need to avoid denatured fats while still consuming healthy fats. Healthy fats such as those found in cold water fish, flax seed, avocados, and nuts such as almonds and walnuts are known to contribute to lower rates of heart disease. Hydrogenated and Trans fats, both denatured fats build up in our bodies because they are unnatural and we do not have a mechanism to metabolize them. Denatured fats lead to inflammation of our vascular system.

This all brings us to the last culprit of our diet that is responsible for heart disease and that is high levels of sugar intake. We consume an average of 158 pounds of sweeteners each year. These refined sugars contribute to obesity, which is a risk factor for heart disease without providing any nutritional value.

There is hope if you wish to avoid or reverse heart disease. Eat a diet high in fresh vegetables and fruits. Eat foods high in Omega-3 fatty acids such as fish like salmon or sardines, flax seeds, and walnuts. Exercise regularly! Even a brisk walk three times a week is enough to benefit your heart. Above all, avoid sugar, refined foods, and unhealthy fats.

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Looking Up with Bob Eklund



A STRANGE LONELY PLANET WITHOUT A START

An international team of astronomers has discovered an exotic young planet that is not orbiting a star. This free-floating planet, dubbed PSO J318.5-22, is just 80 light-years away from Earth and has a mass only six times that of Jupiter. The planet formed a mere 12 million years ago—a newborn in planet lifetimes.

It was identified from its faint and unique heat signature by the Pan-STARRS 1 (PS1) wide-field survey telescope on Haleakala, Maui. Follow-up observations using other telescopes in Hawaii show that it has properties similar to those of gas-giant planets found orbiting around young stars. And yet PSO J318.5-22 is all by itself, without a host star.

“We have never before seen an object free-floating in space that that looks like this. It has all the characteristics of young planets found around other stars, but it is drifting out there all alone,” explained team leader Dr. Michael Liu of the Institute for Astronomy at the University of Hawaii at Manoa. “I had often wondered if such solitary objects exist, and now we know they do.”

During the past decade, extrasolar planets have been discovered at an incredible pace, with about a thousand found by indirect methods such as wobbling or dimming of their host stars induced by the planet. However, only a handful of planets have been directly imaged, all of which are around young stars (less than 200 million years old). PSO J318.5-22 is one of the lowest-mass free-floating objects known, perhaps the very lowest. But this object’s most unique aspect is its similar mass, color, and energy output to directly imaged planets.

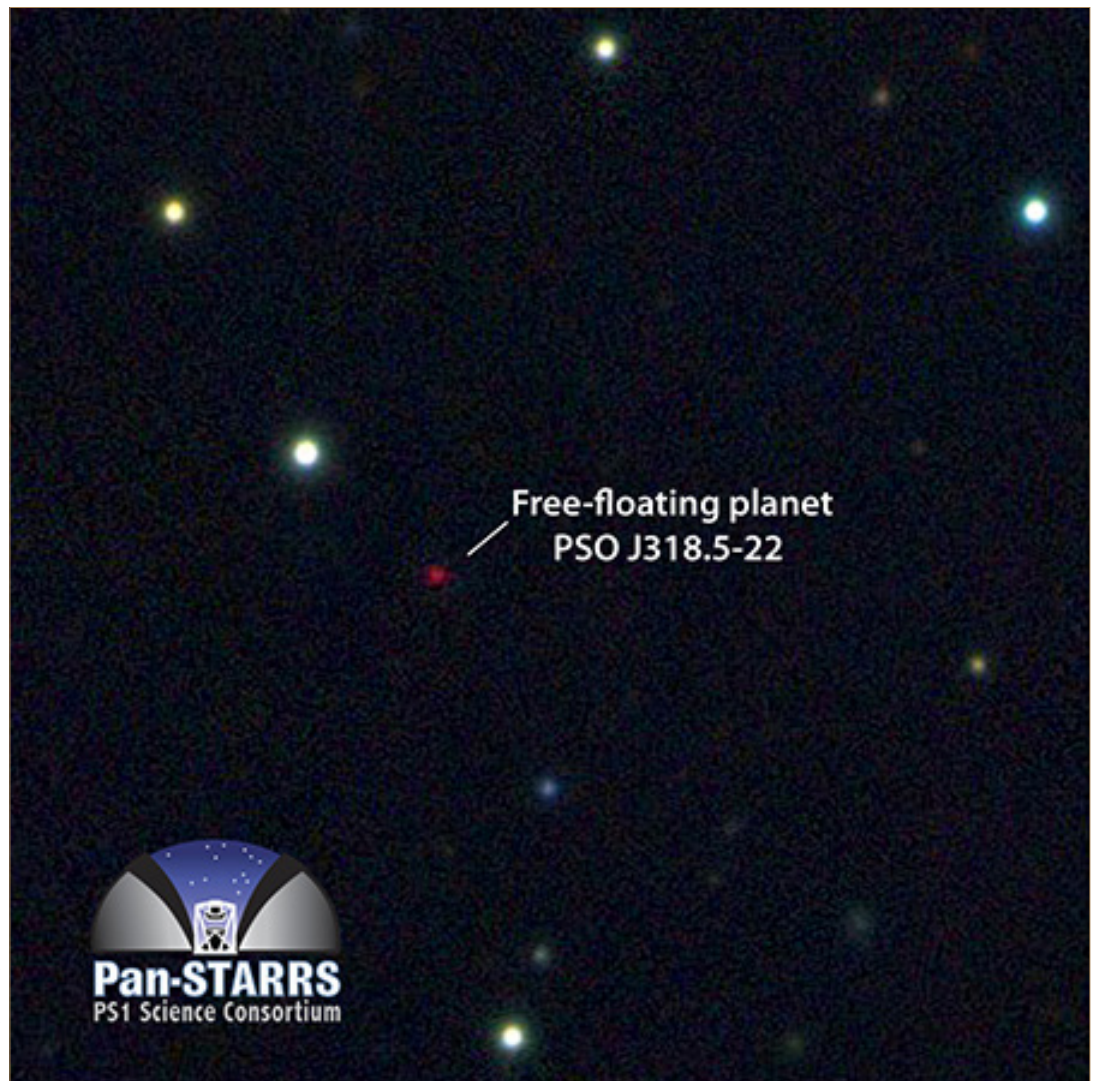
“Planets found by direct imaging are incredibly hard to study, since they are right next to their much brighter host stars. PSO J318.5-22 is not orbiting a star so it will be much easier for us to study. It is going to provide a wonderful view into the inner workings of gas-giant planets like Jupiter shortly after their birth,” said Dr. Niall Deacon of the Max Planck Institute for Astronomy in Germany and a co-author of the study.

PSO J318.5-22 was discovered during a search for failed stars known as brown dwarfs. Due to their relatively cool temperatures, brown dwarfs are very faint and have very red colors. To circumvent these difficulties, Liu and his colleagues have been mining the data from the PS1 telescope. PS1 is scanning the sky every night with a camera sensitive enough to detect the faint heat signatures of brown dwarfs. PSO J318.5-22 stood out as an oddball, redder than even the reddest known brown dwarfs.

“We often describe looking for rare celestial objects as akin to searching for a needle in a haystack. So we decided to search the biggest haystack that exists in astronomy, the dataset from PS1,” said Dr. Eugene Magnier of the Institute for Astronomy at the University of Hawaii at Manoa and a co-author of the study. Dr. Magnier leads the data processing team for PS1, which produces the equivalent of 60,000 iPhone photos every night. The total dataset to date is about 4,000 Terabytes, bigger than the sum of the digital version of all the movies ever made, all books ever published, and all the music albums ever released.

The team followed up the PS1 discovery by observing the same object with multiple telescopes on the summit of Mauna Kea. Infrared spectra taken there, using the NASA Infrared Telescope Facility and the Gemini North Telescope, showed that PSO J318.5-22 was not a brown dwarf.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



Multicolor image from the Pan-STARRS1 telescope of the free-floating planet PSO J318.5-22, in the constellation of Capricornus. The planet is extremely cold and faint, about 100 billion times fainter in optical light than the planet Venus. Most of its energy is emitted at infrared wavelengths. The image is 125 arcseconds on a side. Credit: N. Metcalfe & Pan-STARRS 1 Science Consortium

BUSINESS NEWS & TRENDS



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou


A WARM INVITATION


In spring and summer, it's easy to envision ways to enhance your home's curb appeal with a trimmed lawn, planted and potted flowers, and patios and decks arranged with outdoor furniture and an inviting grill. But when the leaves fall and the temperatures drop, even homes in temperate climes undergo a winter transformation that can challenge a seller to create exterior appeal.

When it comes to landscaping and colorful plants, there are plenty of ornamental grasses and plants that look great in wintertime. Purple cabbages, fountain grasses, and potted evergreens along pathways and by the door all add seasonal color and appeal. And obviously, your sidewalk, entry path, patio and deck should be clear of leaves and/or snow.

Be sure to keep in mind that shorter days mean that buyers are that much more likely to see your home after sunset, so make sure all your floodlights are clean and in working order, highlighting your home's exterior features. Lamps with soft lighting in all your windows will also offer a warm invitation.

Finally, just to cover your bases, have photos available of your home in all its glory during the spring and summer months. This gives buyers a better sense of your home's appeal during all the seasons of the year. Your agent will have more tips for attracting buyers in any kind of weather.





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BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee, MBA



WHO ARE THE GIVERS & TAKERS IN YOUR LIFE?

For entrepreneurs it is very helpful to identify individuals involved in your life as either a help or a hindrance to your progress and success. It important to distinguish those who in your circle who are truly supportive, in contrast to people who are simple involved with you to benefit from what they may be able to get from you. Entrepreneurs have enough burden to bear without taking on the load of providing benefits to people lurking on the sidelines to extract what they can for themselves, without making some type of reciprocal contribution.

The ability to distinguish givers from takers is a great starting point for entrepreneurs to protect themselves from these parasites. Several years ago I was introduced to a simple exercise that has made it easy for me to identify and categorize the “givers” and “takers” in my life. These are the individuals who I have some level of personal interaction with on an ongoing or routine basis. The nature of the relationships or interactions place me in a potential position of vulnerability if I am not crystal clear about the intentions of those who may have the greatest impact on my progress and success.

I'll refer to the exercise as the “List of Givers & Takers”:

Step #1: Take a hard copy or digital pad and draw two vertical lines down the middle to create three columns. Make the first column to the left the widest, and the other two need to be large enough to place a checkmark (✓).

Step #2: In the first column, list the name of everyone in your life with whom you have close contact, ongoing involvement or routine affiliation. These individuals may be spouses, family, other loved ones, friends, business associates or anyone you consider to be important in your life due to how often or how deeply they are connected to you.

Step #3: Place the following headings in columns 2 and 3, respectively: Givers, Takers

Step #4: After completing Step 1 thru 3, starting from the top of the list, go through without hesitation and being honest with yourself, place a checkmark in the “Giver” or “Taker” column next to the name of each person on your list. This checkmark must be based on the actual dynamic that individual has with you, not based on how much you love, respect or enjoy the company of the person.

Do they sometimes pick up the tab on a lunch outing? ... likely a giver. Are they the ones that show up at the family potluck with a car full of people, yet bring three liters of soda from the Dollar Store and empty containers to take leftovers home? .. probably a taker. Perhaps it's a business colleague who has benefited professionally or financially from your business referrals, but has never provided a referral that has resulted in any measurable benefit to you ... probably a taker.

Hopefully this exercise will provide a level of clarity and awakening for you as it did for me the first time I did it. This exercise is now an annual ritual with me, and not surprisingly, it helps me to identify those with whom I choose to truly have in my circle. By identifying the Givers, I am able to collaborate, partner and share ideas and resources with the relief that it will be reciprocated at some point in our dealings with each other.

Also, I continue to interact with, be cordial, and even spend time socially with some of the Takers on my list, but I've also quietly and without fanfare, eliminated them from involvement in anything that has to do with my professional or business endeavors – unless of course, it's clear there is something for me to take, up front.




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Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

BUSINESS EDITOR
LaQuetta Shamblee

SENIOR COMMUNITY EDITOR
Pat Birdsall

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

CONTRIBUTORS

Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Stuart Tolchin
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Hail Hamilton
Rich Johnson
Merri Jill Finstrom
Lori Koop
Rev. James Snyder
Tina Paul
Mary Carney
Katie Hopkins
Deanne Davis
Despina Arouzman
Greg Welborn
Renee Queenell
Ben Shou
Sean Kayden
Jasmine Kelsey Williams

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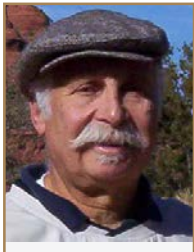
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Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024
Phone: 626-355-2737
Fax: 626-609-3285
email:
mtnviewsnews@aol.com

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



STUART Tolchin.....On LIFE
WHAT IS MAKE BELIEVE

A couple of weeks ago I underwent this medical procedure that frightened my whole family and me. I'm more or less okay but the day after the procedure my son had to be taken to the hospital by ambulance because of a stress reaction to my condition. My son is forty years old and is a disabled person who suffers from mental and emotional deficits. He is also my best friend.

It is hard to say whether his anxiety resulted from concerns connected to my condition or fears as to what would happen to him if I wasn't able to be around to give him support. No matter the reason he had reactions much like seizures and had to be taken to the hospital on two more occasions. At the hospital he was given shots of a drug called atavin which produced amazing results. Within fifteen or twenty minutes after taking the drug his symptoms disappeared and he seemed tranquilized. An hour later he dropped off to sleep and awoke after another hour or so and seemed much like himself. The doctor prescribed the drug in tablet form and we were instructed to have my son take the pill whenever he sensed his anxiety returning; but we were warned that pills should not be taken more frequently than every twelve hours.

Over the past six years that I have been writing these articles I have frequently scoffed at the need for people to utilize these tranquilizing medication or "happy pills" as a part of their daily lives. I have received criticism from friends who have read my articles and who have told me that I didn't know what I was talking about. People have told me that their anxiety was so extreme that they could not function without their medication. I remained unsympathetic and, of course, I now realize that my position was ridiculous. Experiencing my son's anguish it has become clear even to a fool like me that mental pain is as real and as devastating as the pain connected to any physical illness. The temporary relief granted to a suffering person is a miraculous gift similar to the effects of antibiotics administered to combat infection. The difference between the two is that a course of antibiotics will defeat the infection while the psychotropic medication will grant only temporary relief and may be needed the next day.

During the passed two weeks my son has spent almost every moment with my wife and I and we have all become pretty sensitized to the signs of disorientation and irritability which precede the full-blown anxiety attack. I understand that the early signs of an approaching attack involve some bewilderment as to what is really taking place. Perhaps some of these concerns led to our conversation relating to a TV commercial that involved the question of whether a tree falling in the forest with no one around to hear it made a sound. I did my best to explain that this commercial dealt with the question posed by Lord Berkeley that posited that all reality involved interaction and that possibly if there was no one around to hear the sound there was no sound. This question interested my son, much more than the whole question fascinated me 50 years ago in Philosophy 6A.

Somehow the conversation moved to discussions about the soul. I am a life-long atheist and this has always bothered my son who, in the days when he lived with his mother, was exposed to all kinds of religious stuff. He told me he wanted to have a soul and that he wanted that soul to exist whether I believed in souls or not. He also told me that he wanted our deceased dog along with our present dog to have souls even though he had been told by religious people that animals did not have souls. He said that he wanted these souls to exist and to exist forever whether or not anyone else believed in them or experienced their existence. Somehow, for him at least, the existences of these unrecognized souls were connected with the sound in the forest of the fallen tree that made a sound even though no one was around to hear it.

Hmm. What do I know? As a result of my adventures of the last couple of weeks

I am not absolutely sure of anything. Maybe my son's talk of soul, unhampered by his 60 I.Q., is a true reflection of what we both want. Educable or not he believes in his truths and holds on to them notwithstanding the other events in his bewildering world. Yes, to me the old atheist, talking with my disabled son is often the most inspiring and meaningful part of this difficult time of life.



OUT TO PASTOR
A Weekly Religion Column by Rev. James Snyder
IS IT A FRAGRANCE OR A STENCH?

This past week I had to go to the mall. I know, I should know better but I thought I could sneak in, get what I needed and sneak out again. So much for my thoughts.

I nodded and tried to get away as graciously as possible.

She would have none of it. "And how do you smell today, sir?"

Had I been in my right sense of mind I would have told her I smelled with my nose. Being in a confused state of affairs, I had no quick come back for her. It was then that she introduced me to her product.

I must confess I am not up-to-date with all of the body lotions and perfumes that are available today. I shave in the morning, splash some aftershave on my face, rub some deodorant under my armpits and that is as far as I go.

This young woman took me for a potential customer of her body lotions and ointments and perfumes. I suppose many people are concerned with how they smell. I am not one of them.

My basic philosophy along this line is simply, if I cannot stand my own smell, I take a shower. I know when it is time to take a shower when I can smell myself.

She wanted to introduce me to some body lotions and ointments and perfumes that would make me smell alluring to anybody I met during the day.

Personally, I do not have a "Bucket List" but if I did this would not be one of the items on it.

Trying to be polite, I informed the young woman I was late for an appointment and needed to get on right away.

"Oh," she said very cheerfully, "this will not take long at all."

With that said, and before I could process what she said, she began rubbing my face with body ointment or lotion of some sort. I froze and for a few moments, I could not even move. Even the little grey cells upstairs were shocked into a rare state of stillness.

"Now, you smell wonderful."

It was at that time I retired with honor my gentlemanly manners and started running as fast as I could run without drawing too much attention to myself.

I smelled that "fragrance" for three days in spite of the fact that I took 17 showers in the meantime.

Sometimes our focus is always on the outside. I like what Jesus said, "Woe unto you, scribes and Pharisees, hypocrites! for ye make clean the outside of the cup and of the platter, but within they are full of extortion and excess" (Matthew 23:25).

It does not matter how good I smell on the outside if there is stench on the inside. I want to focus on my inside and make it as fresh as possible. That is the fragrance God smells.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



Mika: "Senator Ted Cruz (R-TX) says he's still unsure whether or not he'd block a vote on the bill. . .";

Joe: "Go ahead. Go ahead, big shot. You put the full faith and credit of the United States of America on your shoulders. Have fun with that. Good luck, do it. Do it – I dare you. I'm daring you right now – go ahead and do it, hot shot. Or you can just sit in the back, and when people who are responsible and actually give a damn about this country, and give a damn about the full faith and credit of the United States, and actually care about the people who are working day in and day out hoping to keep their job – you're going to keep posing, and hurt those people?"

"I don't really get it. It's kind of like – it's great for you, I know. I know it's really great for you politically, but it's just like – the Veteran's Memorial that you used as a political backdrop. It's a great backdrop, until the next day the vets who actually organized the rally came out and were really upset that you would use their rally for your own political points.

"So go ahead – you guys go ahead and just keep using America as your political backdrop and hurt all the people you want to hurt. Hurt, by the way, small-government conservatives, Republicans, working-class Americans that actually used to support our party but now are wondering what in the world . . . Keep doing it, and I hope it really helps you out because it's sure not helping the conservative movement, it's not helping the Republican Party and it's not helping this country;"

The exchange between Mika Brzezinski and former Rep. Joe Scarborough (R-FL) took place on "Morning Joe" on MSNBC. It was followed by Mika's reporting on the warning of Rep. Tim Huelkamp (R-KS) that any House Republican voting in support of the deal worked out in the Senate "would virtually guarantee a primary challenger." It had nothing to do with giving "a damn about this country" or the "people who are working day in and day out hoping to keep their job", but only with keeping their own - by not displeasing the billionaires who bought it for them.

House Republicans tried a deal of their own, but couldn't get it to the floor because they were told not to by Heritage Action and FreedomWorks, primary money-launderers for the Koch Brothers. Senate Majority Leader Harry Reid (D-NV) called their bill a "waste of time"; anyway, Tea-baggers claimed threats of "default" were overblown; the Treasury Secretary could juggle things and prioritize to avoid serious consequences. But their own House proposal prohibited the Treasury Secretary from doing so. Republicans complained all they've wanted is to engage in bipartisan negotiations on the budget (though having repeatedly refused to do so over the past year). Their proposal eliminated the bipartisan negotiating framework contained in the Senate version.

It will take some time for the Republican Party to regain legitimacy lost by allowing itself to be hijacked by clueless tea-baggers – some eighty Congressmen from gerrymandered districts representing 18% of our nation's population.

The lunacy of the past couple weeks will take a long time to live down. There was Rep. Randy Neugebauer (R-TX) getting in your-face with a park ranger at the WWII Memorial in Washington, blaming her for the closure he'd voted for. "The Park Service should be ashamed of themselves", he said. "I'm not ashamed"; she replied. According to NBC, "a crowd of onlookers" came to the ranger's defense, and jeered when the congressman tried to blame Harry Reid.

Rep. Lee Terry (R-NE) voted to put hundreds of thousands of workers on unpaid "furlough", but refused to relinquish any part of his own \$174,000 salary for the duration of the shutdown: "I've got a nice house and a kid in college, and I'll tell you we can't handle it." Rep. Ted Yolo (R-FL) nixed the idea of back pay for furloughed workers, "the people that are home watching Netflix and whatever." Rep. Steve Pearce (R-NM) offered helpful advice: "reach out to your financial institution as soon as you worry you may miss a paycheck. Financial institutions often offer short-term loans and other resources." Meanwhile, the congressional gym was kept open as an "essential service".

Last Sunday, Sarah Palin picked up the mic to proclaim she and fellow tea-baggers would "not be timid in calling out any who would use our military, our vets, as pawns in a political game." This came as she was featured during the hijacking of the Million Vets March at the WWII Memorial. Organizers of the March protested this violation of their "core principle" of "Americans honoring Veterans in a peaceful and apolitical manner." Confederate flags flew, "Impeach Obama" signs waved, Palin and Sen. Cruz preened for the cameras as a speaker called on the president to "put down the Quran".

Viewed from abroad, in Paris a Le Monde article reminds, "In a democracy, people abolish laws by winning the election, not with the threat of a government shutdown or even a default. It is impossible to govern seriously undergoing this type of blackmail." An editorial in the London Telegraph addresses the Affordable Care Act: "The reality is that the American Right has already largely lost the argument . . . it stands accused of irresponsible petulance by threatening to press the button marked 'economic Armageddon' if it doesn't get concessions." The Philippine Daily Inquirer is blunt: "Let's just say it: Insurgent Republicans have a problem with their country's first black president."

It turns out that Sen. Cruz won't try to block the Senate proposal. Maybe now we can turn things back over to those who see keeping our government open and running and able to its bills not as "concessions", but as their job. It's time to turn it back over to those who "actually give a damn about this country".

GREG Welborn

WHERE ARE WE NOW?



Conventional wisdom holds that in the recent confrontation between Republicans and President Obama, the President came out the winner. Certainly with the way the press portrayed the confrontation, it would be easy to draw that conclusion, but I suspect it's more nuanced, and that a strong case can be made for a Republican victory.

The standard talking point is that a last-minute deal was struck and a catastrophe avoided. But that's a fairy tale. Even if we accept the "catastrophe" claim, we have to be honest and acknowledge that the deal simply kicked the can down the road. Nothing was avoided; it was just pushed three months out. We started with spending and debt as our issues, and we just ended with spending and debt as our issues.

There's no substantive resolution for either side here, and there's not much reason to believe that middle ground will be found. True, a small group of politicians will be selected to negotiate a broader-scope deal, but we've already had one of those – The Simpson Bowles Commission – but its very reasonable recommendations were pronounced DOA by the Whitehouse. Why will it be different this time?

The Republicans certainly took heavy heat. Even in what was portrayed as a conciliatory address at the signing of the funding bill last night, the President reminded us how "unnecessary" and "destructive" this was to our economy. Everyone read between the lines and knew he was jabbing at the Republicans, but admittedly it paled in comparison to comments made by the Democrats during the negotiations. Republicans were routinely portrayed as "anarchists" (Harry Reid), "arsonists" (Nancy Pelosi), and "hostage takers" (Jay Carney, et al.). The reality that we face massive deficits and a \$17 trillion debt was ignored by the mainstream press, so the people who tried to stop this inter-generational theft were labeled as the bad guys.

Yeah, Republicans took the blame, and the popular perception is therefore that they lost this battle. But I'm not so sure. Republicans actually did pretty well in this, despite the inability of their nominal leader, Speaker Boehner, to communicate affectively. In fact, our results look even better given the lack of messaging.

Republicans have kept one of the main conservative issues in the public's consciousness, and they forced the President to play defense. Remember, the President had hoped to push through a number of other issues, but he's been forced to focus on Obamacare's defects and the deficit and to accept the continuation of the sequester.

The deal he and Harry Reid hammered out last night keeps sequestration in effect, doesn't advance Obamacare one inch beyond the monumental implosion it is currently suffering, and many of today's headlines reminded readers of what this will add to the debt.

Republicans have also been able to strip away much of the fear that Democrats have traditionally been able to attach to the idea of spending cuts and reductions in the size of government. Remember the claims of imminent disaster attached to sequestration and to the government "shut down". The nation entered sequestration (is still in it, as a matter of fact) and experienced a "shut down" without the world ending, unemployment skyrocketing, the economy collapsing or the market tanking. Not much bad happened, and Americans noticed. Republicans also made considerable headway in explaining that a default really wasn't going to occur, nor will it 3 months from now.

Lastly, I believe a strong case can be made that the Republicans will find themselves emboldened and will take a stronger, but smarter, stance at the next round of negotiations. And that won't be a bad thing for the nation. Everyone agrees the current course is unsustainable. Today, we actually have more hope that real change will come to Washington and the future prospects for this country, and that is a good thing – something Republicans can feel justified pride in achieving.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached ggregwelborn2@gmail.com

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-207648
The following person(s) is (are) doing business as:
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B9

Mountain Views News 80 W Sierra

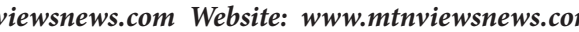
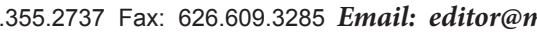
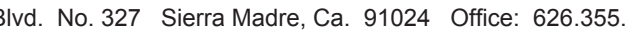
Madre Blvd. No. 327 Sierra Ma

re, Ca. 91024 Office: 626.355.

737 Fax: 626.609.3285 *Email:*

editor@mtviewsnews.com W

bsite: www.mtnviewsnews.com



Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.

355.2737 Fax: 626.609.3285 *Email: editor@m*

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91024 Office: 626.355.

tor@mtnviewsnews.com V

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-202299

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-201586
The following person(s) is (are) doing business as: TEOCAL LANDSCAPING, 12022 207th ST., LAKEWOOD, CA 90715. Full name of registrant(s) is (are) JULIO MACIAS, ROSA ANGELICA TEPEL, 12022 207th ST., LAKEWOOD, CA 90715. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: ROSA ANGELICA TEPEL. This

FICTITIOUS BUSINESS NAME STATEMENT
FILE NO. 2013-198325
 The following person(s) is (are) doing business under the name of: **25900 OAK ST. #102, LOMITA, CA 90717**. Full name of registrant(s) is (are) **CORA MERRITT, 25900 OAK ST. #102, LOMITA, CA 90717**. This Business is conducted by: **AN INDIVIDUAL**. Signed: **CORA MERRITT**. This statement was filed with the County Clerk of Los Angeles County on **09/20/2013**. The business name of the business is **25900 OAK ST. #102, LOMITA, CA 90717**. The business name of the business under the fictitious business name or names listed above on N/A. **NOTICE**- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to the expiration of the statement. This statement is not valid without the use of the seal of a Fictitious Business Name in violation of the law.

FICTITIOUS BUSINESS NAME STATEMENT
 FILE NO. 2013-20252
 The undersigned (s) (are) doing business as: VNH HERBS TRADING, 3608 VANE AVE., ROSEMEAD, CA 91770. Full name of registrant(s) is (are) CHRISTINA HANG NGOC HUANG, CALVIN NGOC HUANG, and QUANG HUANG. 3608 VANE AVE., ROSEMEAD, CA 91770. This business is conducted by: A MARRIED COUPLE. Signed: CHRISTINA HANG NGOC HUANG. This statement was filed with the County Clerk of Los Angeles County on 09/26/2013. The registrant(s) acknowledge that this is not the true name of the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Name Statement must be filed prior to the expiration date. The filing of this statement does not authorize the use in this state of a Fictitious

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-198834
 The following person(s) is (are) doing business as:
YG TRADING CO., 1715 S. 3rd ST., ALHAMBRA,
CA 91803. Full name of registrant(s) is (are)
GUOXING YANG, 1715 S. 3rd ST., ALHAMBRA,
CA 91803. This business is conducted by: **AN**
INDIVIDUAL. Signed: **GUOXING YANG.** This
 statement was filed with the County Clerk of Los
 Angeles County on 09/23/2013. The registrant(s)
 has (have) commenced to transact business under
 the fictitious business name or names listed above
 on **09/23/2013.** This statement is valid and expires
 five years from the date it was filed in the
 office of the County Clerk. A new Fictitious
 Business Name Statement must be filed prior to
 that date. The filing of this statement does not
 of itself authorize the use in this state of a Fictitious
 Business Name in violation of the rights of another
 person. See **California Labor Law (section 2802)**
14411 et seq. **Business and Professions Code**
Publication: Mountain Views News
Dates: Pub. Sept. 28, Oct. 05, 12, 19, 2013

FILE NO. 2013-199311
STATEMENT OF ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
I, THAL ANDREW LIN,
LIN, EDGAR LIM, JAMES VO, ROGER
TANISAKI, has/ have abandoned the use of the
fictitious business name: PRINTS ON FIRE, 3325
BURTON AVE., ROSEMEAD, CA 91770. The
business was referred to above and was filed
on 04/28/2011, in the county of Los Angeles. The
original file number of 2011018290. The business
was conducted by: A GENERAL PARTNERSHIP.
This statement was filed with the County Clerk
of Los Angeles County, California. I declare that
the information in this statement is true and correct. (A
registrant who declares as true information which he
or she knows to be false, is guilty of a crime.)
SIGNED: EDGAR LIM.
Publish: Mounat, Inc. News
Dates: Pub: Sept, 28, Oct, 5, 12, 19, 2013

FILE NO. 2013-200477
STATEMENT OF ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
The following person(s) NIC FINANCIAL
SERVICES, INC., has/have abandoned the use of
the fictitious business name: THE MOON AUTO
STORAGE FIRESTONE BLVD., SOUTH
GATE, CA 90280. The fictitious business name
referred to above was filed on 07/25/2012, in the
county of Los Angeles. The original file number
of 2012149718. The business was conducted by:
A CORPORATION. This statement was filed with
the County Clerk of Los Angeles on 09/24/2013.
The business information in this statement is
true and correct. I, the registrant, who declares as
true and correct, which he or she knows to be
false, is guilty of a crime.) SIGNED: CATHY
DELATORRE/PRES.
Publish: Mountain Views News
Dates: Pub: Sept. 28, Oct. 05, 12, 19, 2013

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