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Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, NOVEMBER 30, 2013

VOLUME 7 NO. 48



TODAY, SATURDAY NOVEMBER 30, 2013

1:00 pm to 8:00 pm

SCHEDULE OF EVENTS

SHOPPING & DINING DOWNTOWN SIERRA MADRE ALL DAY!

***Caution – watch your goodies....the GRINCH is lurking!**

1:00 pm – 8:00 pm EXHIBITORS & BOOTHS

Kersting Court

1:00 pm – 8:00 pm SNOW IN SIERRA MADRE

Sled Rides Down The Hill

100 W. Sierra Madre Blvd. – (Bank of the West)

5:00 pm – 8:00 pm CARRIAGE RIDES – Baldwin Ave.

In Front of 4 Seasons Tea Room

Special Rates for Families

5:00 pm – 8:00 pm TRAIN RIDES – Bank of The West Parking Lot

6:00 pm – 8:00 pm SANTA CLAUS & THE GRINCH!

Christmas Tree Lighting

7:00 pm “ELF” – The Movie – Kersting Court & MARINE TOYS FOR TOTS DROP

COUNCIL AUTHORIZES PLACING USER UTILITY TAX ON APRIL BALLOT

A special Sierra Madre City Council meeting was held on November 19th for the specific purpose of discussing whether or not to place a User Utility Tax Measure on the April Ballot. The matter was carried over from the November 12th meeting.

City Manager, Elaine Aguilar started the discussion of the UUT Ballot Measure with an overview of our current UUT and the proposals to either extend or allow the law to sunset, noting the impact of each action.

The history was the first topic brought up, which let those present understand that tax increases took place in 2008. When that measure was approved, it included a UUT Oversight Committee which has met as prescribed in the ordinance. After each meeting of the committee, reports were made to the council indicating that the funds were being spent as the voters had directed.

City Manager Aguilar also explained how much the recession hit the projected UUT revenues stating, “When the recession hit, everybody had previously seen the utility users tax revenues in terms of being recession proof, but this last recession proved everybody wrong. We saw a drop as people conserved.” We are just now getting back to the level the city was before and there are high hopes of keeping it that way.

City Manager Aguilar ended her presentation with a list of questions for the council members to take into consideration before they made a decision on the UUT.

When the presentation ended, the council members each addressed the City Manager Aguilar as well as Karen Schneider, Sierra Madre’s Finance Director, regarding their concerns.

The majority of the council agreed to put a measure on the ballot that would extend the UUT and cap any increase to 10%. With that vote, Mayor Walsh made a comment saying, “This should be an interesting election.” Hopefully the people of Sierra Madre will weigh the pros and cons before making a decision during the elections and the financial future of the town will stay at ease.

Coco La Salle/MVNews

WATER RATE INCREASE CALCULATOR NOW AVAILABLE ONLINE

The City of Sierra Madre has given residents another tool that will help them decide whether or not to support an increase in the city’s water rates. Citizens can now go online and calculate exactly how much of an impact the proposed water rate increase will have on their finances. The calculator allows a rate payer to input the amount of water consumption they currently have, and the program will project the dollar amount and percentage increase each year through 2018.

Based upon the tiered billing system, some water users will find that the increase may not take effect until 2015. Others it will go into effect in 2014.

This tool has become available in time for residents to see what the real impact of an increase will be rather than speculate. It should prove to be helpful in assisting residents in deciding whether or not they want to protest the proposed rate increase when they receive their ballots in the coming days.

An example of how the new calculator works is illustrated below. In the calculation shown, the resident chose the classification, residential and meter size. Users then insert their usage levels. Once that is done, click ‘calculate’ and the table will show what your water bill will be each billing cycle for the next five years. To calculate your own projected water bills, go to: <http://www.cityofsierramadre.com/water-rate-calculator>

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Water Rate Calculator

Sierra Madre - Water Utility

Water Rate - Bi-Monthly Bill Calculator

Parameters

Customer Classification

Meter Size

Usage Level (CCF)

35

Summary of Charges

	Current	2014	2015	2016	2017	2018
Fixed Charge	\$49.75	\$57.83	\$66.01	\$74.61	\$76.61	\$79.68
Commodity Charges	\$77.35	\$83.65	\$95.65	\$107.54	\$110.15	\$114.14
Total Charges	\$127.10	\$141.48	\$161.66	\$182.15	\$186.77	\$193.82
\$Change	N/A	\$14.38	\$20.18	\$20.50	\$4.61	\$7.06
%Change	N/A	11.3%	14.3%	12.7%	2.5%	3.8%

WOUNDED WARRIOR CROSS COUNTRY CYCLING UPDATE: Jerry Poole Spends Thanksgiving On The Road.



Jerry continues on his courageous journey, spending Thanksgiving traveling in Texas, the widest state he will cross in his route to Florida.

On Facebook he posted a picture of his dinner, unfortunately it was at McDonalds.

He also posted pictures of a couple of friends he met along the way.

Contributions have continued to come into the Wounded Warriors project supporting Jerry's endeavor, but there still is a long way to go before he gets to the \$10,000 mark.

Read about Jerry's experiences on Facebook. Like his Facebook page and follow the link to the Wounded Warriors Project. The fundraising goal for this project is \$10,000 and 100% of the funds go to the Wounded Warriors benefit. Go to the link below and make a donation to WWP in the name of Jerry Poole's Ride: Coast To Coast For Courage.

<https://support.woundedwarriorproject.org/individual-fundraising/JerryPooleatFaceBook/>



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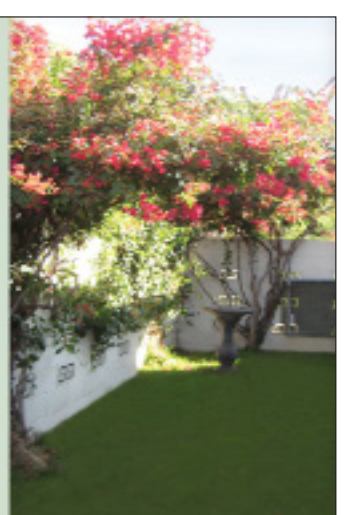
Dr. Gueniat with Teddy



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Read The Paper Online At: www.mtnviewsnews.com

Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 80s	Lows 50s
Tues:	Sunny	Hi 60s	Lows 40s
Wed:	Sunny	Hi 60s	Lows 40s
Thur:	Showers	Hi 60s	Lows 40s
Fri:	Sunny	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, December 10, 2013
6:30 pm

CALENDAR

*Senior Community Commission	1st Thursday	3:00
*Planning Commission	1st and 3rd Thursday	7:00
*Community Services Commission	3rd Monday	6:30
*Tree Advisory Commission	3rd Wednesday	7:00
*Library Trustees	4th Wednesday	7:00

* = Meetings are held in City Council Chambers



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THE SIERRA MADRE KIWANIS CLUB

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THAT'S 85 YEARS OF COMMUNITY SERVICE!
WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

Follow us on
twitter



Rotary of Sierra Madre

Join us for Breakfast on Tuesdays mornings at 7 to hear some or all of our wonderful speakers listed below. Please be a guest to the Hart Park House, 222 W. Sierra Madre Bl. Sierra Madre, CA 91024.

Nov 26 th	Tony and Jim LeVeque craft talks
Dec 3 rd	Meet at Alverno HS, 200 N Michillinda Ave, Sierra Madre, CA Author & Sierra Madre Resident, Jonathan Hennessy presents "The Gettysburg Address-A graphic Adaption"
Dec 10 th	Donna Sutcliff, Bob Young and the Sierra Madre Princesses
Dec 17 th	Alverno Choir will be perform. Speaker to follow. TBA
Dec 24 th	Dark
Dec 31 st	Dark

For more info please call Peggy 626-355-7635 or email
Peggybeau@gmail.com



Internet Radio for Sierra Madre and the San Gabriel Valley

COME DOWN TO THE VILLAGE VINE BOOTH AT THE WHOVILLE FESTIVAL SATURDAY, NOVEMBER 30 1-8 pm KERSTING COURT SIERRA MADRE

VILLAGE VINE THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show
Trivia and Humor at it's finest. Just try to keep up with their wit!
JOIN THE FUN!!!
Plus: Onomatopoeia: A program of Audio Graffiti with Barry Schwam - "Poetry in its Raw State"

THURSDAYS - Noon
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MORNINGS

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ONE NIGHT ONLY!
"THE CHRISTMAS CAROL MURDER MYSTERY" AT SIERRA MADRE PLAYHOUSE ON DECEMBER 22

For those of you who enjoy "A Christmas Carol", you can enjoy the Sierra Madre Playhouse's mainstage production of the traditional tale of Scrooge and Tiny Tim. But here's a twist on the Christmas Carol you're familiar with. You still get the story you love, slightly condensed, except by the end of Act 1 a murder has happened. Jacob Marley becomes the detective, thanks to night school, and the characters you love, Bob and Ethel Cratchit, Fred and Elizabeth, Belle and of course, Tiny Tim, are all suspects. Oh, did we say there are your usual Ghosts and even a surprise ending? Enjoy one of your favorite Christmas stories with this interactive Murder Mystery worked into a joyous holiday tale.

This Dickens of a murder mystery is directed by Ken Salzman and presented by Sanzman Productions Renaissance Murder Mystery Players and Sierra Madre Playhouse.

"The Christmas Carol Murder Mystery." At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre. Sunday, December 22, 2013 at 7:00 p.m. Admission: \$20. Reservations: (626) 355-4318. Online ticketing: www.sierramadre-playhouse.org



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Nov. 30, 10-2pm

Small Business Saturday

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Items, Jewelry, Stationary, Pictures,
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~

DECEMBER 6 - 9, 2013

9 a.m. - 2 p.m.

(SUNDAY 12pm - 4pm)

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626 355-7739

All Proceeds benefit local Charities

~STOP BY AND BROWSE~

STOP THE HOUSING PROJECT AND PRESERVE MATER DOLOROSA MONASTERY

As you read this, a proposal is moving forward to sell a significant portion of the Mater Dolorosa Monastery to a developer to build a housing project. This project must be stopped before it's too late. The project itself will require a zoning change from institutional to residential.

For most of us, we first heard the news of this project in the *Mountain Views News* article of November 16th entitled: "Mater Dolorosa Retreat Center Contemplating Housing Project." Only after this news was leaked out did the Monastery send out a letter on November 19th to nearby residents to inform them of this development.

Since then, there has been a groundswell of concern and shock, that this 88 acre oasis of beauty is about to be carved up, sold to a developer and lost forever. Amidst the increasingly frenetic pace of modern life, do we really want to lose this beautiful property with its majestic vistas and open space to another unnecessary housing project?

What makes this property special is the buffer of land separating the Monastery structures from the hustle and bustle of modern life. Without that buffer, the essence of this property will be ruined.

WE NEED YOUR HELP!!!!

- *If you have ever taken a walk on the Monastery grounds and enjoyed its natural beauty, we need your help!*
- *If you are from a nearby Parish and have ever taken a retreat there and enjoyed the solitude and spirituality of this unique place, we need your help!*
- *If you are a long-time Sierra Madre resident who fondly remembers the annual Fiesta and other events held at the Monastery, we need your help!*
- *If you are a Catholic or non-Catholic who has ever made the annual pilgrimage on Good Friday and followed the Stations of the Cross, we need your help!*
- *If you simply live in Sierra Madre and want to preserve 88 acres that has been a city landmark since 1926 and a refuge for a wide array of wildlife, we need your help!*
- *If you are a homeowner living near the Monastery and don't want to endure a lengthy construction project lasting for years with caravans of noisy, smelly, grinding trucks parading up to the once tranquil grounds only to end up with increased traffic and congestion, widened streets, a significant decline in your property values, and maybe Sierra Madre's first traffic light, we need your help!*

HOW CAN YOU HELP?

1. Send us your email address so that we can contact you and give you the latest information and news alerts.
2. Email us and ask for a "Stop the Monastery Housing Project!" yard sign.
3. Call the Mater Delorosa Monastery at 626-355-7188, Archbishop Gomez at 213-637-7534 and Father Donald Webber at 773-631-6336.
Share with them what the Monastery has meant to you.
4. Contact your Sierra Madre City Council members and let them know how you feel.
5. Contact everyone you know who may share your concerns about this project.
6. If you have any special expertise that you can lend to the cause, let us know. We are interested in retaining formal legal representation to assist us in our efforts.

Visit us on the web: www.StopMonasteryHousingProject.com

Email: SaveMonastery@gmail.com

Paid for by the Coalition to Preserve Mater Dolorosa Monastery and Stop the Housing Project

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



WE NEED YOUR HELP!

It is that time of year - the Sierra Madre Rose Float Association (SMRFA) needs your help! Have you always wanted to help create a Rose Float? Have you helped in the past and look forward to coming again? Come get involved in the wonderful community event of creating our Sierra Madre Rose Parade float.

Get involved right now! SMRFA needs construction and decoration crew members now and ongoing until the float is finished. Presently we are working on Saturdays and Sundays.

Bring your skills and we'll teach you new ones!

Ready to plan for the week between Christmas and New Years? SMRFA needs lots of volunteers and needs you to get involved! New this year you can schedule your shifts online! After Thanksgiving, visit the SMRFA website www.smrosefloat.org to sign up and plan that wonderful week between Christmas and New Years. Shifts run December 26-December 31 between 9am - 10pm (and sometimes go even later), so there should be something for everyone. Have family in from out of town? Sign them up, too! SMRFA is also looking for people to help with a number of things that don't include flowers or seeds! Volunteers are needed to help with food for volunteers (grilling burgers at lunch, serving and clean-up for lunch and dinner), help with the sales booth selling t-shirts, pins and postcards to community supporters, picking up supplies, cleaning up after the float moves out on the 31st, float-sitting overnight on January 2nd when the float comes home to Kersting Court and selling excess flowers on January 3rd. It takes a village to produce a beautiful Rose Parade float which is why the City of Sierra Madre has been so successful for so many years.

If those volunteer opportunities are not enough, SMRFA is also looking for donations of some key supplies including working blenders and non-steam irons, which help us prepare the floral materials. Or do you have an RV that could sleep 6 on New Year's Eve? The SMRFA float crew needs a place to sleep while parked on the parade route and would be grateful for a one-night loan.

If you can help with any of these items or if you have further questions, please contact Bonnie, the SMRFA Volunteer Coordinator, at volunteers@smrosefloat.org or leave a message at the float barn (626-355-7005) and include your name, phone number and how you would like to get involved.



FRIENDS OF THE SIERRA MADRE LIBRARY BEST USED BOOK SALES

With the weather finally getting chillier and the daylight hours growing shorter, winter is a good time to curl up on your couch with a good book. And wonderful places to find many good books are the Friends of the Sierra Madre Library's Member's

Preview Book Sale and the Best Used Book Sale. Both sales are being held the first week in December at the Sierra Madre Library located at 440 W. Sierra Madre Blvd. in the city of Sierra Madre.

The Member's Preview Book Sale will be held Wednesday, December 4, 2013 from 5-7 p.m. in the basement off the library parking lot. Not a member? You can join the Friends of the Sierra Madre Library that evening and shop for great holiday gifts from the collection of newer fiction and non-fiction books. Featured will be holiday titles, books and games for children and teens, craft books, cookbooks and unusual and attractive coffee table books on many subjects. There will also be a Bargain Cart with titles for only \$1.00! Come and join us for a cup of Christmas cheer and talk books with other members.

The December Best Used Book Sale will take place on Friday, December 6, 2013 from 3-7 p.m. and Saturday, December 7, 2013 from 10 a.m. - 2 p.m. There will be lots of books suitable for gifts including many lovely holiday books for children and adults, newer fiction and non-fiction titles, and art books. It's not too late to begin thinking about crafting and cooking for the holidays-we have lots of books for inspiration. Come and check out our DVDs and audio books too! There will be \$1.00 Bargain books in the parking lot and, as always, paperbacks and children's books in the parking lot are only 5/\$1.00.

Proceeds from the Book Sales are donated to the Sierra Made Public Library to support program and equipment needs. For more information, visit our website at sierramadrelibraryfriends.org or call the library at 626 355-7186.

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SIERRA MADRE CHRISTMAS TREES HAS A NEW HOME



Well, at least for this year. Our town's favorite (and only) Christmas Tree lot has been moved to a temporary location for Christmas 2013.

Due to the construction of The Kensington Skilled Nursing facility on Sierra Madre Blvd., there was a mutual concern by both the owners of the Christmas Tree lot and developers of The Kensington that the construction activity might inconvenience Christmas Tree shoppes. So, the lot has been temporarily moved to 89 E. Montecito for your convenience.

HOLIDAY CRIME PREVENTION TIPS

The Holiday Season is upon us and unfortunately so are some thieves. The city was fortunate to go almost 60 days without a residential burglary. Unfortunately burglars were back in the area on Wednesday on the 200 Blk of West Carter. Witnesses in the area did see a vehicle parked adjacent to the victim's residence that was not known to the residents in the area, however they did not call the police.

This is just a reminder "If you see something say something". We urge you to call the Police Department if something just does not seem right to you. The Holiday times are a prime time for crooks. Let's work together to take a strong stance on reducing crime in Sierra Madre.

Below are some Holiday Tips for keeping your residence and property safe.

- Be extra cautious about locking doors and windows when you leave the house, even for a few minutes.
- When leaving home for an extended time, have a neighbor or family member watch your house and pick up your newspapers and mail.
- Indoor and outdoor lights should be on an automatic timer.
- Leave a radio or television on so the house looks and sounds occupied.
- Large displays of holiday gifts should not be visible through the windows and doors of your home.
- When setting up a Christmas tree or other holiday display, make sure doors and passageways are clear inside your home.
- Avoid having packages delivered to your home if they have to be left on the porch or other open area. This is a target for thieves.

Strangers at Your Door

- Be aware that criminals sometimes pose as couriers delivering gifts.
- It is not uncommon for criminals to take advantage of the generosity of people during the holiday season by soliciting donations door-to-door for charitable causes although no charity is involved.
- Ask for their identification, and find out how the donated funds will be used. If you are not satisfied, do not donate.
- Donate to a recognized charitable organization.

WALKING SIERRA MADRE.....THE SOCIAL SIDE

By Deanne Davis

I don't know about you, but my mind has been filled with thoughts of turkey, stuffing, cranberry sauce and pumpkin pie. Yes, pumpkin pie.... Which reminds me of an old Sierra Madre legend. Names have been changed to protect anybody who needs protecting and just remember, magical things happen in our magical town...

The legend...

Emma Gainsworth lived on the edge of town, somewhere between Michillinda and Santa Anita. Emma, being rather poorer than richer, had discovered that occasionally there was a treasure to be found if she walked along Grandview or Orange Grove early in the morning. On a bleak Tuesday in May, Emma found a bundle of seeds which looked somewhat like squash seeds and she decided to plant them in a sunny spot behind her small cottage, hoping they would produce something edible and, possibly, saleable, within the next months. Zucchini, dark green and heavy filled her thoughts. And so she did.

May turned to June and then to hot, humid July and the vines behind Emma=s cottage, which had begun to grow almost as soon as she put the seeds into the ground, were now thick and lush, with bright orange pumpkins here and there along their length. APumpkin pie!@ Emma thought, "Oh my yes! Just in time for Thanksgiving. I can take my pies to the Farmer's Market!" Saleable indeed! August, September, October came and went and the pumpkins were huge; boulder-size, unmovable, uncookable, unsaleable....too big for anything except possibly Cinderella=s coach.

Emma, discouraged, but determined, decided to take her carving knife out to the pumpkin patch one November morning, and carve enough off one of them to make herself a pie. The pumpkins had taken on a dazzling shine in the subdued Fall daylight, enough to make Emma shade her eyes as she advanced upon the smallest one. She lowered the knife, the pumpkin dazzled and gleamed; and as the knife disappeared into its meaty orange flesh, it began to pull Emma right in after it! Hand, arm, head, shoulders, right down to Emma=s well-worn shoes. Emma now found herself inside a brightly glowing orange sphere containing an entire world of brightly shining creatures who thanked Emma for helping them get home to their own bright orange world and promised her she would live a glorious life of happiness and ease where she would never have to find treasures by the side of the road again. With that, the pumpkins all detached themselves from the vines, rose, in a stately fashion, straight up into the sky and neither they, nor Emma, was ever seen again.

The recipe for the pumpkin pie Emma was planning to bake was found on her kitchen table, next to a canister of flour, jars of cinnamon, cloves and nutmeg and a 9" pie pan. Emma, by the way, was rumored to be a very good cook.

Next time you're walking along Grandview, or any one of our Sierra Madre streets, keep your eyes peeled for a small bundle of something or other. Who knows, you might find yourself listed among the Sierra Madre legends!

Quality & Service is our business	
	GARY owner 626.355.2553 canbeq12@hotmail.com 15 Auburn Ave. Sierra Madre, CA 91024

PAMELA CIMINO



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Pasadena

News From Your Community



Altadena

For Your Community

MANDATORY PIT-BULL SPAY/NEUTER ORDINANCE APPROVED

By Dean Lee

Even with objection from the Pasadena Humane Society, the city council approved an ordinance Monday night that will mandate the spaying/neutering of Pit bull and Pit bull cross breed dogs in the city.

"Even though Pit-bull breeds are four to six percent of total dogs, they account for over half of the fatalities," said Councilmember Steve Madison. "That's really what stimulated this whole discussion was how every month or two you read about a Pit-bull killing a toddler or senior, we don't want that to happen in Pasadena."

Representatives from the Pasadena Humane Society said they were concerned over the identification of a Pit-bull, "who is going to come up with the definition of what a pit-bull is, and who at the end of the day is going to tell people that their dog is a Pit-bull."

Pasadena Humane Society officials said identification and notification is outside their contract with the city. "What backing would we get if we make a recommendation a resident disagrees with?"

Director of Public Works Siobhan Foster said they followed a similar County of Riverside ordinance where a Pit-bill is any Staffordshire Bull Terrier, American Pit Bull Terrier, or American Stafford Terrier or any mix. She said they would work with the Humane Society to come up with a definition for Pasadena.

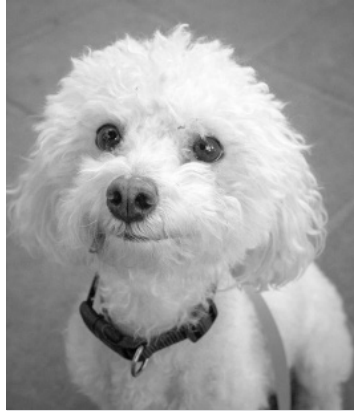
"There are a lot of dogs that appear to some people as a Pit-bull but are not those three breeds," a Humane Society official said adding that it could also end up costing them a lot of money.

They said they do recommend the spaying/neutering of all dogs and cats in the city and not just one breed, something the council is set to take up next year.

Only councilmember Jacque Robinson voted against the ordinance which goes into effect in 60 days.

"I don't think we should be putting the Humane Society in the position of determining, for dog owners, what is a Pit-bull," she said.

Pet of the Week



Lulu is a five-year-old Poodle mix. She's friendly and enjoys going out for walks. In celebration of Adopt a Senior Pet Month, Lulu's adoption fee is \$55. She also qualifies for our Seniors for Seniors program in which her adoption fee is waived for adopters 60 years old and older.

Lulu's adoption fee includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A341198, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



Firefighters Demonstrate Holiday Safety

By Dean Lee

As a way to show the dangers associated with the holidays, firefighters lit a Christmas tree on fire that engulfed the fir within minutes—burning at 2000 degrees—Monday morning at a press conference.

Pasadena Fire Chief Calvin Wells said, "imagine this is your living room," as flames shot into the air.

Calvin gave tips on selecting a holiday tree saying that it is imperative that the tree be fresh.

"Make sure that tree is green in appearance, the needles are not falling off, it should pass the grip test, that is if you grip the branch of the tree and pull it gently the needles should not come off in your hand," he said.

He also advised making a fresh cut at the base of the tree and submerging it in water as soon as possible. He said to make sure the stand can support the height and weight of the tree. The stand should have a water capacity of two gallons.

"Christmas trees should be removed promptly after the holiday season is over," he said.

He said electrical wiring is also a concern during the holidays.

"It is important to make sure

that all electrical products are listed and approved for the purpose for which you use them," he said. "You should look for a UL (Underwriters Laboratory) or factory mutual label on the product." He said to also inspect the wiring to make sure it's not frayed or damaged. He also cautioned on the use of candles and said to put fresh batteries in smoke detectors. Pasadena Police Chief Phillip Sanchez said the department has again this year launched the "See Something, Say Something" initiative, "which is an active promotional tool to report suspicious activity here in Pasadena every day or on the Rose Parade or at the Rose Bowl games."

Sanchez said large RVs and campers parked along the parade route would be checked and a flyer placed in the window of the vehicle saying so.

"The simple reality is this, we live in an asymmetrical environment, we need the public's help, or the public's participation and the public support in reporting suspicious activity," he said. "It is the foundation of community policing."

Anyone with information should call (626) 744-4241 he said.

Speeders Targeted to Reduce Traffic Accidents

The Pasadena Police Department, on Monday, will conduct a Speed Enforcement Program. This operation will commence at 6:00 a.m. and will continue throughout the City of Pasadena during the morning hours police said.

Speeding is the third highest cause of traffic deaths and the number one cause of serious injuries on California's roadways. The Pasadena Police Department is committed to reducing the number of traffic collisions and injuries resulting from excessive speed. The program has shown to be an effective tool in educating the public in regards to safer driving habits.

Funding for this program is provided by a grant from the



California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

JPL Dec. Events Calendar

Please note that JPL will be closed Dec. 25, 26 and Jan. 1 for the holidays.

DEC. 1: CASSINI FLIES BY TITAN

NASA's Cassini spacecraft will be flying close to Saturn's largest moon Titan on Nov. 30 PST (Dec. 1 EST). The spacecraft will focus primarily on the moon's high northern latitudes, where most of Titan's hydrocarbon lakes and seas reside. Titan is the only world other than Earth known to have stable liquid on its surface. The spacecraft will come to within about 870 miles (1,400 kilometers) of the moon.

DEC. 5-6: FREE LECTURE -THE PLANCK SPACE TELESCOPE: REVEALING THE ANCIENT UNIVERSE

Launched on May 14, 2009, the Planck mission studies the ancient radiation from the Big Bang, called the cosmic microwave background, to help answer questions about the early history and evolution of the universe. The European Space Agency mission, with significant NASA/JPL participation, produced its first all-sky image, and scientists continue to analyze and parse the various and complex

elements. The first cosmology results from Planck revealed the most precise measurements yet of the age, origins and fate of our universe.

Free lectures on Dec. 5 at JPL; Dec. 6 at Pasadena City College; both at 7 p.m.

DEC. 6: ANNUAL INVENTION CHALLENGE AT JPL: 'HOLE IN ONE CONTEST'

School teams and JPL teams will compete in this fun and fast-paced event. The objective is to create a device that can propel and/or move a golf ball into a target whose center is located 5 feet away from the device.

DEC. 9-13: AMERICAN GEOPHYSICAL UNION FALL MEETING IN SAN FRANCISCO

JPL researchers are among those who will present latest findings on a multitude of space and Earth science topics at the annual Fall Meeting of the American Geophysical Union. Topics for news conferences will include findings by missions and projects studying Earth, Mars and Saturn, and one on its way to Jupiter. The news conferences will be streamed online.



Police Chief Phillip Sanchez talks about the "See Something, Say Something" initiative.

Rose Bowl Game All-Century Class Of 2000

Brian Cushing, Matt Leinart and Vince Young have been nominated as finalists for the Rose Bowl Game All-Century Class as representatives from the 2000's. The candidates, as voted by an esteemed panel from the Football Writers Association of America (FWAA), are the tenth of a series of names that will be unveiled each Sunday throughout the remainder of the college football regular season.

In commemoration of the 100th Rose Bowl Game, the All-Century Class will highlight and honor great players and coaches throughout the history of The Granddaddy of Them All.

The FWAA voting committee will select one Rose Bowl Game representative from each decade to comprise the All-Century Class. In addition, one overall player and one overall coach will be highlighted at a press conference on Selection Sunday, which will take place on December 8, 2013, in Pasadena.

For more information on the 100th Rose Bowl Game, please visit www.tournamentofroses.com.

Gingerbread House Decorating Party

The whole family is invited to stop by the Altadena library Tuesday starting at 4 p.m., to create gingerbread houses out of graham crackers, frosting and candy. Sponsored by the Friends of the Altadena Library, the library is located 600 E. Mariposa St., Altadena.

Teen Cookie Creations

Teens and tweens ages 11-17 are also invited Friday at 4 p.m. to get in the holiday spirit by decorating cute, funny, and delectable cookies. Cookie Creations" takes place in the meeting room at the Main Library. Both programs are free, and all supplies are provided.

One City, One Story Announced

Mr. Penumbra's 24-Hour Bookstore by author Robin Sloan

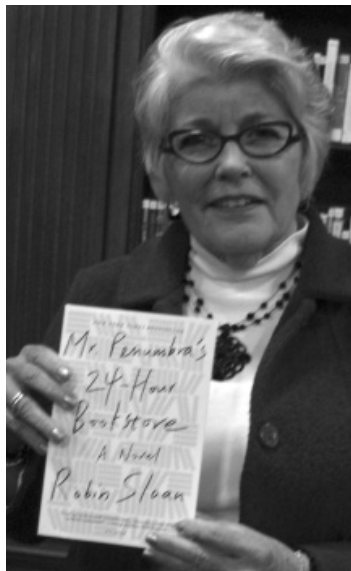
Pasadena's 12th One City, One Story community reading celebration book selection is the novel *Mr. Penumbra's 24-Hour Bookstore* by author Robin Sloan.

"Author Robin Sloan has written short stories and worked for Twitter. His new book brings those two worlds together to argue that embracing digital culture doesn't mean you have to give up the treasured books — and values — of the past." — NPR

Sloan grew up near Detroit and went to school at Michigan State, where he studied economics and co-founded a literary magazine called Oats. Between 2002 and 2012, Sloan worked at Poynter, Current TV and Twitter, and at all those places, his job had something to do with figuring out the future of media.

One City, One Story activities and events will be held in March 2014. A community dialogue with the author is scheduled for Thursday, March 27. Details of book discussion groups, film series, and other events will be announced in the near future.

One City, One Story is designed to broaden and deepen an appreciation of reading and literature in the community. To engage participants in dialogue and bring Pasadenans



Library Director Jan together by promoting greater understanding of differing points of view.

The Great Recession has shuffled Clay Jannon away from life as a San Francisco web-design drone and into the aisles of *Mr. Penumbra's 24-Hour Bookstore*. But after a few days on the job, Clay discovers that the store is more curious than either its name or its gnomish owner might suggest. The customers are few, and they never seem to buy anything — instead, they "check out" large, obscure volumes from strange corners of the store. Suspicious, Clay engineers an analysis of the clientele's behavior, seeking help from his various talented friends. But when they bring their findings to Mr. Penumbra, they discover the bookstore's secrets extend far beyond its walls. For more information visit www.onecityonestory.com or call (626) 744-7076

Allendale Holiday Literary Festival and Tree Lighting

The Allendale Branch Library invites the public to get into the spirit of the holidays by attending the Second Annual Allendale Holiday Literary Festival and Tree Lighting on Saturday, December 7, from 4:00 to 6:00 p.m. Presented in partnership with the Madison Heights Neighborhood Association and Pasadena Public Works Department, the festivities will be held at the Allendale Branch Library, 1130 S. Marengo Ave.

A stellar roster of poets and authors will explore the "true meanings" of the holidays in works ranging from the irreverent and satirical to the spiritual and devotional, including Carlye Archibeque, Fernando Castro,

Dorian Cohen, Michael C Ford, Armine Iknadossian, David Kipen, Darlene Lacey, Shahe Mankerian, and Ellen Snortland.

A special feature of this year's Literary Festival will be an art display and set designed by Steve Escandon. The evening's festivities will conclude with the lighting of the Allendale Park Christmas Tree, with the switch thrown at 5:30 p.m. Additional entertainment will include carols performed by the Blair IB Singers from Blair High School.

The Second Annual Allendale Holiday Literary Festival and Tree Lighting is free of charge and open to the public. For further information, contact the Allendale Branch Library at (626) 744-7260 or visit pasadenapubliclibrary.net.

Antonovich Calls for Audit of GPS Tracking Devices

To prevent failures in the County's ability to monitor probationers, an amendment by Supervisor Michael D. Antonovich directs the County Probation Department to conduct a thorough audit of its contracts for electronic monitoring and GPS services.

"Despite inherent weaknesses with electronic monitoring, it is imperative that the county ensure that the contractor's equipment and monitoring services meet our standards and expectations," said Antonovich. The Probation Department has recently identified problems

associated with the services performed under one of the three contracts the County currently has for electronic monitoring and GPS services.

The Supervisor's motion will include monthly contract compliance reports; board authorization prior to exercising the option to extend this contract at the end of the one year base term; a review of the terms and conditions of each contract; and recommendations that streamline and improve the delivery of these contracted services. The Probation Department will report back to the Board in 90 days.

Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be



PASADENA MEDIA

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm – 8:00 pm Nightly

Orientation Training	Monday, Dec. 2 at 6:00 pm - 8:00 pm
Studio Camera Training	Tuesday, Dec. 3 at 6:00 pm - 9:00 pm
Audio Training	Wednesday Dec. 4 at 6:00 pm - 9:00 pm
Field Production Kit Training	Thursday Dec. 5 at 6:00 pm - 9:00 pm
Producers' Training	Monday, Dec. 9 at 6:00 pm - 8:00 pm
Citizen Journalism	coming soon
Digital Film Group	coming soon



“What’s Going On?”
News and Views from Joan Schmidt
We HAVE Arrived



At the recent Monrovia-Arcadia-Duarte Town Council, there were two special guests from Los Angeles County Department of Public Works: Hans Tremmel and John J. Walker from the Programs Development Division, and on two easels, pictures of the projected new signs, acknowledging OUR UNINCORPORATED MONROVIA-ARCADIA-DUARTE COMMUNITY!

What a long saga it has been. It began in late 1992 when deputies were being shot at, and then Temple Station Commander, Captain Bob Mirabella, called a community meeting at Maxwell School, Duarte. He introduced ALL his deputies from Temple Station and asked the jam-packed room to voice their concerns. In attendance was also Sarah Flores, Mike Antonovich’s Chief Field Deputy. At the second meeting, Pamela Park Director Maurice Wyre who lived in Acton, spoke of his Town Council as a liaison between County agencies and the residents.

A Town Council Formation Committee formed and met EVERY Tuesday from March-June, 1993. Because Sgt. Sammy Jones attended all meetings, residents brought issues that were solved by the LASD. An election workshop was held. In early June, newspapers were contacted and prospective candidates sought. For two straight weeks, my students, the Mc Nally twins and their grandma helped me pass 500 flyers in South Arcadia. The result was Arcadian Carolyn Ziegler came to the final meeting and asked to be a candidate.

Carolyn Ziegler, Dave Hall, Yvonne Bullock, Richard Brown, Paul Diffley, Stan Trinaystich and I were elected to the first Council. There was much surprise that Reyna Diaz, who had been there from Day 1, had translated at every meeting and was an integral part of the community, wasn’t elected. However, Reyna became one of the first members of the LASD Community Advisory Committee and, when Paul Diffley relocated to another state, she came aboard the Town Council.

We all contributed. Carolyn Ziegler is WHY the unincorporated area has Transit Service. Reyna walked the Duarte area and registered voters. She was part of the annual Posadas and became a Duarte School Board Member. Yvonne and I were on the Duarte Ed Foundation and served on Habitat for Humanity. Stan kept track of finances and Dave represented us at so many important functions. He is well-respected. (He and Captain Mirabella calmed residents after a local shooting). Lack of space prevents me from telling all that was accomplished, but the stop sign at Daines/Tyler, and the red painted curbs across from Arcadia Baseball Field are highlights. What actually stands out is that the Town Council Meetings have provided a venue for issues to be discussed and its’ members call in the appropriate agency. A few months ago, there was an issue with street lighting; current Town Council Member Terrence Williams brought in an official to explain the procedure for better lighting. At EACH meeting, residents hear updates from the Sheriff’s Department on crime, Pamela Park happenings, and Library programs. Current Council Members Linda Sells and John Nicoloro from the Arcadia area report on the Arcadia Chamber’s Monthly Government Forum Meeting. Gloria Huss, a Monrovia business owner and Terrence Williams, newly elected Monrovia School Board Member bring news from the Monrovia area.

The Town Council meets on the THIRD WEDNESDAY of each month. Sites alternate: Annunciation Hall, Arcadia; Pamela Park, Duarte; and All Nations Church, Monrovia. Please visit their www.facebook.com/MADTownCouncil for more into.

CONCERT TO BRING “THE SOUNDING JOY”

“The Sounding Joy” is the musical theme for a holiday concert by the Westminster Gardens Choir in Duarte. Tabitha Henken will direct the cantata, a celebration of the incarnation of Jesus Christ. Tom and Lydia O’Neil are the narrators. As they arrive, guests will be greeted by a caroling brass quartet of trumpets and trombones. The concert is at 3:30 p.m., Wed., Dec.4 in Packard Hall at Westminster Gardens, “a retirement oasis.” This is a marvelous opportunity to usher in the holiday season, and to fill your heart and spirit with joyful music celebrating Jesus’ birth!

Westminster Gardens is located at 1420 Santo Domingo Ave., Duarte. For more information, call 626-447-9506.

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1186 New York Drive, Altadena | Offered at \$999,000

ENGLISH TUDOR REVIVAL - A True Diamond in the Rough! Located in a beautiful, stately section of Northeast Altadena, and situated on an expansive park-like setting, this property has loads of potential. Light and bright throughout, the home features a grand formal living room that leads to a finished courtyard perfect for entertaining, hardwood floors, generous sized bedrooms and baths, formal dining room, a huge private backyard, and a huge attic. Some updating and TLC will make this home a perfect gem.

1612 N. Altadena Drive, Altadena | Offered at \$698,000

LOVELY MID CENTURY! Large living room with fireplace and glass sliding door to the back yard patio with a built-in BBQ and area for entertaining. Formal dining room is perfectly situated between the kitchen and living room. Kitchen, with skylight and eating area, looks into the spacious family room with a fireplace, built-in desk and large windows with mountain view. 3 bedrooms, 1.75 bath, great floor plan. Ample closets for storage, circular driveway, and an attached two car garage. Near Eaton Canyon Park, hiking trails, shopping and transportation.

3130 S. 8th Avenue, Altadena | Offered at: \$538,000

GREAT INVESTMENT PROPERTY! 2 units on the lot. Assessor shows as a triplex. Front detached unit with 2 bedrooms, 1.75 baths, and an open kitchen to living space. Rear studio unit with kitchen area and full bath. Third structure currently being used as a carport and storage area. Property is gated with mature trees in the front, fruit trees and located on a nice size lot. Property is in need of some TLC, but has lots of potential. Easy access to schools, shopping, transportation and 3 par Golf Course.

Taking you to the Finish Line!

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Irene.Daly@Dilbeck.com
Lic.# 00512353

Cheryl Daly-Allen
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ARCADIA

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BREAKFAST WITH SANTA AND HOLIDAY SNOW FESTIVAL!

Saturday, December 7, 2013



Get ready for the holidays and come join us for breakfast with Santa on Saturday, December 7th at the Arcadia Community Center, 365 Campus Drive, Arcadia, CA 91007. Breakfast with Santa is \$10 per person and includes breakfast, photos with Santa (one photo ticket per child only) and holiday entertainment. There will be two options for breakfast: 8:30-9:30am (#10276) or 10:30-11:30am (#10277).

Registration is underway and space is limited. You can register by walk-in, mail-in or on-line, just go to the City's website at www.ci.arcadia.ca.us under the Recreation and Community Services Department. The breakfast fills up quickly so get your registration requests in to assure your spot! For new registrants, please remember to include your proof of residency/child's birth with your forms and on-line submittals, if you have not already done so. This information is required and will delay the process if not provided. For more information, please contact the Recreation Department at 626.574.5113.

The Holiday Snow Festival is free to the public and will also take place at the Arcadia Community Center on the same day from 9am-2pm. This event will feature holiday entertainment, crafts, trolley train rides, dual sled runs and two snow play areas. Delicious food from the popular Grilled Cheese Truck will be available for purchase from 11:30am-1:30pm. Santa will only be present at the Breakfast with Santa Event. Free parking is available at the Centennial Way Entrance to Santa Anita Race Track. There will be shuttle service to transport participants to and from the Community Center from 8:00am-2:15pm. In the event of rain, the Snow Festival will



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Arcadia Police Blotter

For the period of Sunday, November 17th, through Saturday, November 23rd, the Police Department responded to 919 calls for service of which 128 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, November 17th:

1. Around 2:52 a.m., an officer responded to Arcadia Methodist Hospital, 300 West Huntington Drive, in regards to a patient in possession of illegal drugs and drug paraphernalia. As hospital staff treated the 32-year-old Hispanic female for attempted suicide, they discovered a drug pipe and methamphetamine inside her bra. Due to the subject's condition, she was not arrested; however, the officer requested the case be considered for filing.
2. At about 1:15 p.m., an officer responded to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft investigation. A 31-year-old Asian female subject exited the store without making payment for a jacket she tried on and never took off. The subject claimed she exited the store to make a phone call and planned to re-enter the store; however, another jacket was found concealed inside her baby's stroller. She was arrested and transported to the Arcadia City Jail for booking. The suspect's 10-month-old baby was released to the father and the case was reported to the Department of Child and Family Services since the infant was with the suspect during the crime and previous theft incidents.

Monday, November 18th:

3. At approximately 6:40 a.m., an officer conducted a traffic stop on a vehicle for a warrant attached to the license plate. The officer discovered the warrant was not issued for the driver; however, the driver had an expired license. The 57-year-old Black male was cited and released in the field without incident.
4. Shortly after 7:30 p.m., an officer was dispatched to a residence in the 200 block of East Colorado Boulevard regarding a suspicious subject trespassing on private property and possible carrying a bat. The officer located the subject walking in the area of Second Avenue and La Porte Street and directed the subject to stop; however, the subject would not comply. The officer detained the subject on the ground and removed a 32.5 inch fence post from her hands. The 47-year-old White female was arrested for Delaying a Peace Officer and transported to the Arcadia City Jail for booking.

Tuesday, November 19th:

5. At approximately 2:01 p.m., an officer conducted a traffic stop on a vehicle for a broken tail light in the area of Fifth Avenue and Colorado Boulevard. An investigation revealed the 58-year-old Hispanic male driver was under the influence and had open containers of beer inside the backseat of the vehicle. The officer discovered the driver had a suspended license, was on probation for a previous DUI, and violated his court order by driving without an interlock device and having a blood alcohol content greater than 0.01 percent. He was arrested and transported to the Arcadia City Jail for booking.
6. Around 5:38 p.m., dispatch received phone calls regarding a solo traffic collision at the intersection of Huntington Drive and Baldwin Avenue. Witnesses observed three subjects flee the scene in a silver BMW after hitting a light pole and recorded the license plate. Shortly after, an officer responded to the address of the registered owner where he located the driver under the influence of alcohol. The 25-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Wednesday, November 20th:

7. Just before 3:30 a.m., officers were dispatched to a residence in the 700 block of Arcadia Avenue in reference to a battery that just occurred. After a heated argument, a male subject pushed his girlfriend, which caused her to fall to the ground and strike her head on the sidewalk. Arcadia Fire responded to the scene and transported the victim to Arcadia Methodist Hospital for treatment. The 21-year-old Asian male was arrested and transported to the Arcadia City Jail for booking.
8. Around 4:40 p.m., an officer responded to Victoria's Secret at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. Video surveillance revealed three Hispanic female suspects concealed merchandise inside their purses and exited the store without making payment. The total loss was approximately 300 pairs of underwear valued at \$3,000. No witness were located.

Thursday, November 21st:

- At about 10:10 a.m., an officer conducted a traffic stop on a vehicle at the intersection of Longden Avenue and Second Avenue for failing to make a complete stop. A records check revealed the driver had a suspended license and an outstanding misdemeanor warrant. The 32-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.
- At approximately 7:44 p.m., an officer responded to a residence in the 1000 block of Arcadia Avenue regarding a burglary report. Unknown suspect(s) entered the residence and fled undetected with a large amount of jewelry. The officer did not locate any signs of forced entry and no witnesses were located.

Friday, November 22nd:

10. Just after midnight, an officer was dispatched to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a female subject sleeping on a bench in front of the Cheesecake Factory. Upon contact with the subject, the officer detected an odor of alcohol emitting from her breath and person. An investigation revealed the 21-year-old Hispanic female was intoxicated and unable to care for herself. As the officer attempted to place her inside the patrol vehicle, she kicked him in the legs. She was arrested and transported to the Arcadia City Jail for booking.
- At about 7:23 p.m., an officer conducted a traffic stop on a bicyclist in the area of Daines Avenue and Tyler Avenue for a known felony arrest warrant. The 38-year-old White male was arrested and transported to the Arcadia City Jail for booking. He was also cited for Resisting a Peace Officer as he refused to stop his bicycle until the officer stopped his vehicle in front of him.

Saturday, November 23rd:

12. Just after 3:45 a.m., an officer made consensual contact with a subject walking on westbound Foothill Boulevard near Baldwin Avenue. The officer discovered the 25-year-old Black male was in possession of drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking.
13. Around 4:35 p.m., an officer was dispatched to Sephora at the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a theft report. A 33-year-old Hispanic female subject concealed perfumes inside her purse and exited the store without making payment. A search of her purse revealed she also stole merchandise from Victoria's Secret. She was arrested and transported to the Arcadia City Jail for booking.



READY PAWN



Mon. - Fri. 9 AM - 7 PM
Sat. 9 AM - 6 PM

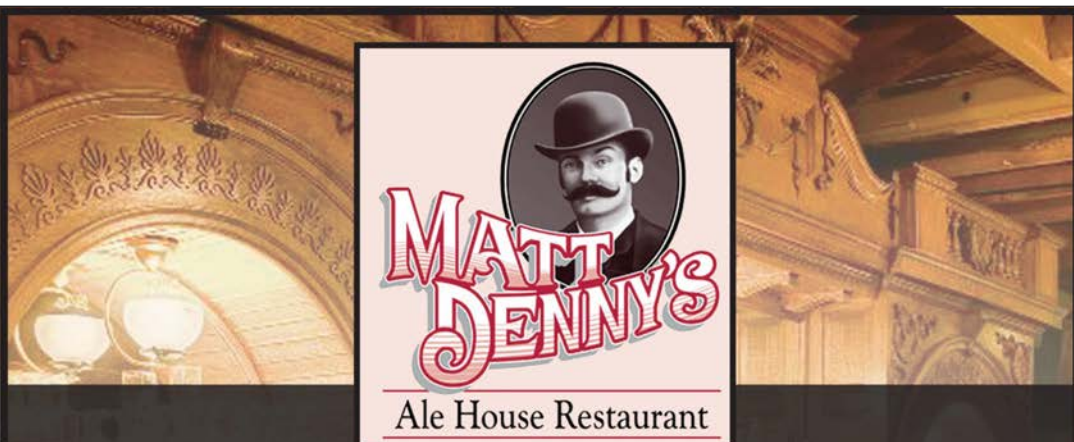


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LIZ REILLY APPOINTED MAYOR, TZEITEL PARAS-CARACCI, MAYOR PRO TEM IN DUARTE CITY COUNCIL REORGANIZATION FOR 2013-2014



State controller, John Chiang congratulates newly appointed Duarte Mayor, Liz Reilly, left, and Mayor Pro Tem, Tzeitel Paras-Caracci during the annual reorganization of the Duarte City Council.

DUARTE, CA. November 27, 2013 — Duarte City Council members voted unanimously to appoint Liz Reilly, Mayor and Tzeitel Paras-Caracci, Mayor Pro Tem for 2013-2014 during the annual reorganization meeting of the Duarte City Council on Nov. 26.

Reilly, a 17-year resident of Duarte, is serving in her first term on the Duarte City Council. She was elected in November 2011, served as Mayor Pro-Tem for 2011-2012 and was reappointed by the City Council to serve as Mayor Pro Tem for 2012-2013.

Reilly is employed as an instructional aide at Valley View Elementary School in Duarte. A graduate of the State University of New York with a degree in management and the University of Oklahoma with a degree in nutrition, Reilly began her career as chief dietitian for the Eisenhower Medical Center in Rancho Mirage, CA, and food service director for Alhambra Community Hospital.

Paras-Caracci was first elected to the Duarte City Council in November 2001. She served as Mayor in 2006 and Chair of the former Redevelopment Agency in 2004. As an elected Duarte official, she has also formerly served as President of APAMO (Asian Pacific American Municipal Officials), and on the board of directors of the Los Angeles County Sanitation District, the National League of Cities, and the League of California Cities.

Monrovia Police Blotter

Highlighted Activity for the Weekend of November 21-24, 2013

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on twitter for police notifications

No-Bail Felony Warrant – Suspect Arrested
November 21 at 12:38 p.m., a resident in the 500 block of South Magnolia called police and reported a male subject in their alley who they knew had a warrant for his arrest. Officers arrived, detained the subject, and a computer check revealed the subject did have an outstanding, no-bail felony warrant for his arrest for a past drug offense that he failed to answer to in court. He was arrested and taken into custody.

Driving Under the Influence – Suspect Arrested
November 22 at 12:55 a.m., officers stopped a vehicle for committing several traffic violations. When officers contacted the female driver, they noticed that she exhibited signs of intoxication. Through investigation, she was determined to be driving under the influence and was arrested.

Violation of Domestic Violence Protective Order / Felony Vandalism – Suspect Arrested
November 22 at 9:41 p.m., officers responded to Almond and Shamrock regarding an altercation between a male and a female subject. When officers arrived, it was determined the subjects involved were boyfriend and girlfriend. The female subject was trying to get the male subject out of her vehicle. He was refusing to get out and began kicking the doors and windows from inside the vehicle, vandalizing the car. The female has a Domestic Violence Protective Order against the male. The male subject was arrested for felony vandalism and for violating the Domestic Violence Protective Order.

Driving Under the Influence – Suspect Arrested
November 23 at 9:40 a.m., an officer was on patrol in the area of Duarte Road and California when he saw a vehicle traveling at a high rate of speed heading east on Duarte through the posted 25 miles per hour Metrolink construction zone. He saw the vehicle swerve off the road, passing vehicles on the right, and then it turned south on Shamrock. The vehicle was stopped and the officer could smell a strong odor of alcohol. He conducted field sobriety tests and determined the driver was driving under the influence. A computer check revealed the driver's license was currently suspended for DUI. The driver was arrested.

Strong Arm Robbery – One Suspect Arrested
November 23 at 6:02 p.m., a male victim called police and reported he had just been robbed in the 400 block of East Duarte Road. The victim was walking to work on Duarte Road with his headphones on when two male subjects passed by him. After they passed, the two subjects ran back up behind the victim and grabbed him. They pushed him into a parking lot, where one suspect held him, while the other suspect took his cell phone and wallet from his pockets. The suspect took cash from the wallet, threw it on the ground, and then both suspects ran west on Duarte Road. A description of the suspects was broadcast, and an officer in the area detained two subjects at California and Duarte that matched the description. The victim was able to positively identify one of the suspects and he was arrested.

Driving Under the Influence / Possession of a Controlled Substance / Possession of Drug Paraphernalia – Suspect Arrested
November 23 at 11:18 p.m., an officer stopped a vehicle on Live Oak, just west of Myrtle. Through investigation, the male driver was determined to be under the influence of drugs and was arrested. A vehicle search revealed several syringes and a baggie containing a powdery white substance, later determined to be methamphetamine. He was arrested for the above listed charges.

Felony Driving Under the Influence Traffic Collision / Public Intoxication – Suspects Arrested
November 24 at 2:17 a.m., officers responded to the area of Hillcrest and Madison on the report of a traffic collision. They arrived and saw a front fender on the street and a vehicle with two female occupants that had collided into a parked vehicle. The driver was taken to a hospital, but refused medical treatment. The passenger was slightly hurt, scraped knees and forehead, but also refused medical treatment from paramedics. The driver was arrested for felony driving under the influence traffic collision. The passenger was arrested for public intoxication.



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PINTO	7 & 8	\$ 180.00*	\$ 190.00*
MUSTANG	9 & 10	\$ 180.00*	\$ 190.00*
BRONCO	11 & 12	\$ 190.00*	\$ 200.00*
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A VISIT FROM AN AUTHOR AND LOCAL ILLUSTRATOR TO OUR CLASS



By Ms. Carolyn Halpern and her second grade class students at Sierra Madre Elementary School

Summer Saltz visited Sierra Madre Elementary School last Friday. Actually, she is adorable, funny, and spunky character created by author Connie Sewell and illustrator and Sierra Madre Elementary mom of two, Elyse Whittaker-Paek. They came to school to teach the fourth grade classes of Ms. Palmer and Ms. Ogtanyan, and second grade, Ms. Halpern's class, on how to develop a story and what goes in the making of a book. Through a PowerPoint presentation, they also talked about how they collaborated on writing and illustrating the book.

After the presentation, the students in Ms. Halpern's class took on a buddy or two to both write and illustrate a book. The kiddos had a lot of fun doing it and will be publishing their books soon. Parents have reported that they kids are now working on chapter books at home because of this experience. This fits perfectly with the new Common Core second grade unit "Be a Writer".

After Ms. Sewell and Ms. Paek left the school, they attended a sell-out book signing at Belles Nest in Sierra Madre. You can also find out about the book and Summer's adventures in Summer Saltz "I'm so Hollywood" online at www.summersaltz.com

Left: Dr. Esther Salinas, SME Principal, author Connie Sewell, and illustrator Elyse Whittaker-Paek.

WHAT TO DO WITH THE KIDS SPECIAL REPORT:

2013 Top 10 Family Christmas/Holiday Movie or Television Shows

In 2011 What To Do With The Kids* polled our followers and we asked them to give us their list of the top Christmas or Holiday Movies or Television Shows that the whole family can watch. The list was well received and judging by the feedback was very popular. Two years later however we decided to ask our followers again and there has been quite a shift in popularity of some of those classic movies.

It seems that black and white movies are now out. Many parents suggested that once the movie started, the kids would complain about the color, or lack of it. Many families have said that although they enjoyed watching the old black and white movies in past years, they tend to agree with their kids that it has very little appeal today. The Frank Capra classic "It's a Wonderful Life" dropped from second to third place while "Miracle on 34th Street" went from a tie in fifth to a tie for eighth place. "Miracle on 34th Street" fell off the list.

Animated features are as popular as ever but many adults commented that they were not able to watch them on regular television as they normally would because of their busy schedules so they opted to purchase a copy on DVD. Many parents commented that they had purchased DVD or Blue Ray versions of their favorites but made an effort to only bring them out during the holiday season.

Ron Howard's "The Grinch" went from honorable mention to a tie for number six faster than a runaway sled pulled by a little dog while "A Christmas Story" was shot off the list (by a BB gun) all together.

Most respondents however had said that they still do get the family together to watch at least one holiday movie.

With over 1,400 entries, What To Do With The Kids* presents the updated Top 10 Family Christmas/Holiday Movie or Television Shows:

1. "How The Grinch Stole Christmas" (1966 – Animated) – (#1 in 2011)
2. "The Polar Express" (2004 – Animated) – (#8 in 2011)
3. "It's A Wonderful Life" (1946) – (#2 in 2011)
4. "Rudolph The Red Nosed Reindeer" (1964 – Animated) – (#6 in 2011)
5. "Elf" (2004) – (Not ranked in 2011)
6. "A Charlie Brown Christmas" (1965 – Animated) – (#4 in 2011)
7. "The Santa Clause" (1994) – (Not ranked in 2011)
8. "Frosty the Snowman" (1969 – Animated) – (#7 in 2011)
9. "The Grinch" (2000) – (Not ranked in 2011)
10. "Miracle on 34th Street" (1947) – (#5 in 2011)
11. "National Lampoon's Christmas Vacation" (1989) – (#8 in 2011)
12. "The Grinch" (2000) – (Not ranked in 2011)
13. "A Muppet Christmas Carol" (1992) – (#10 in 2011)

Movies that are no longer on the list: "A Christmas Story" (1983) – (#3 in 2011); "A Christmas Carol" (1951) – (#5 in 2011); "White Christmas" (1954) – (#7 in 2011); "Home Alone" (1990) – (#9 in 2011)

What To Do With The Kids* is the website that adults go to when they want to know what to do with their kids. Find a lot of great ideas at www.whattodowiththekids.com.

For more information contact Brian Presley at brian@whattodowiththekids.com or visit www.whattodowiththekids.com if you want to know.....

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 (626) 294-0661 Principal: Phil Clarke
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Barnhart School
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 Co-Principals Nancy Lopez and Diane Kieffaber
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THE REEL DEAL: by Ben Show

CATCHING FIRE



Having read the books I already knew everything that would happen in this movie. Since this is my favorite of the books, my expectations were very high. I hoped that this would be better than the first movie (which was pretty good) and I was not disappointed.

After winning the Hunger Games and disobeying the Capitol at the same time, Katniss Everdeen (Jennifer Lawrence) and Peeta Mellark (Josh Hutcherson) prepare themselves for the Victor's Tour. They must travel through all of the Districts, ending with the final party in the Capitol. When President Snow (Donald Sutherland) warns Katniss of uprisings throughout the country, she and Peeta must make everyone believe that they are truly in love. If they fail, their and the rest of the Victors' lives will be at risk.

I was very excited for the change of directors (Gary Ross to Francis Lawrence), and I knew that there would be many improvements in the second installment. The Hunger Games was not a bad movie but it could have been as good as Catching Fire. Hopefully the trend of getting better as it goes along will continue with Mockingjay, parts one and two.

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Made possible with funding from the Centers for Disease Control and Prevention through the Los Angeles County Department of Public Health.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

HOW TO STAY HEALTHY DURING THE HOLIDAYS PLUS WINE TASTING THIS SUNDAY

Along with all the wonderful things that holiday brings, it unfortunately can come with stress, unwanted pounds and feeling run down and sluggish. Add travel on top of that for some. However, if you're smart, you can stay on track and have happy and healthy holidays.

In no particular order, here are my best tips to still indulge, still have a wonderful time and still feel great throughout it all.

1/Drink More Water

No surprise here. You've heard it before and you'll hear it again, but it's one of the best and easiest things you can do. Start your day by polishing off two huge glasses of water, especially during a holiday like Thanksgiving. Your goal is to drink half your body weight in ounces. Example: If you weigh 150 pounds, drink 75 ounces. It may sound a bit much, but it's necessary. Remember, you can flavor your water, if that helps.

2/Eat a Healthy Breakfast and Don't Skip Your Meals

During the holidays, people often think saving all their calories for the "big" meal is a fantastic idea. Sorry to break it to you, but this is not a good idea at all. It will just make you moody; you'll overeat and, as a result, feel awful. It's never a good idea to not eat. This will only backfire and make you feel worse physically and mentally. Instead, start your day with a superstar breakfast. Great examples include oatmeal, eggs, high-fiber cereal, smoothies and green drinks. Again, most people try to save calories during the holidays – but I recommend packing a snack and having something to eat before the big feast. Also, bring your own dish if you really want to have this nailed. There's nothing wrong with bringing in a veggie tray with hummus or fruit. This will help curb temptation to indulge, and it will also keep your energy levels high.

3/Eat Carefully

This is a great time to eat mindfully – which will help you keep the pounds off. We're all on the go, especially during the holidays, but we need to slow down. This helps you savor your meals. A food journal is a terrific tool to help you monitor meals. Try to not hurry, watch your portions and skip seconds – and you may just realize you don't need them after all. (And that's particularly thanks to that healthy breakfast and snack you've already had.) See how this works? You can still indulge without packing on the pounds. Just be smart. Remember to eat until you're satiated, not stuffed.

How's That?

Wine Tasting

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IN THE KITCHEN
Our Favorite Recipe of the week



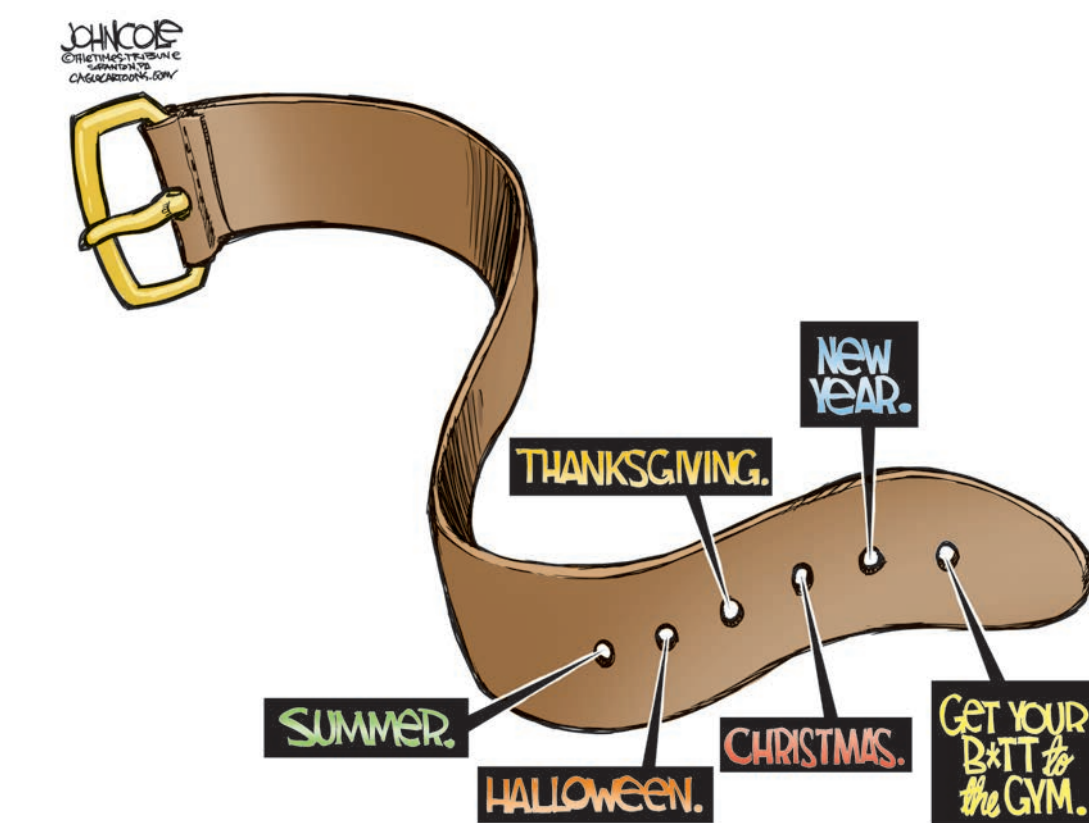
EASY TURKEY
TETRAZZINI

Ingredients:

- 1 (8 ounce) package cooked egg noodles
- 2 tablespoons butter
- 1 (6 ounce) can sliced mushrooms
- 1 teaspoon salt
- 1/8 teaspoon pepper
- 2 cups chopped cooked turkey
- 1 (10.75 ounce) can condensed cream of celery soup
- 1 cup sour cream
- 1/2 cup grated Parmesan cheese

Directions:

- Bring a large pot of lightly salted water to a boil. Add pasta and cook for 8 to 10 minutes or until al dente; drain. Preheat oven to 375 degrees F (190 degrees C).
- Melt butter in a large heavy skillet. Saute mushrooms for 1 minute. Season with salt and pepper, and stir in turkey, condensed soup, and sour cream. Place cooked noodles in a 9x13 inch baking dish. Pour sauce mixture evenly over the top. Sprinkle with Parmesan cheese.
- Bake in preheated oven for 20 to 25 minutes, or until sauce is bubbling



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THE JOY OF YOGA
'TIS THE SEASON



During this season of Thanksgiving and bounty, it seems natural to reflect upon the idea of abundance. Just how can we get everything we want, anyway? Well, it's about gratitude.

Abundance is not necessarily about material things or money but about the relationships in our lives -- especially that unique relationship with ourself. Do you wait until 2 p.m., to ask yourself how you feel that day? How about asking that question first thing in the morning and honoring the answer throughout your day.

Think of a tired, thirsty, lifeless plant. It's existing in a state of scarcity. But give it some water and sunshine, and it totally regenerates. Stands taller, blossoms. It's then able to share its gifts -- the beauty of its flower and fragrance, and the life-giving oxygen it produces.

Care for and nourish yourself in supportive ways that energize and allow you to thrive: get adequate rest, drink plenty of water, eat well, breathe completely and do your yoga.

Receive each breath as a gift, and practice receiving gracefully . . . and gratefully. The more attentively you receive the gift of breath, the more you will start to notice all the other gifts you've been receiving all day long. You'll likely rediscover the powerful truth that your life is abundant and full already. See you in class.

Namasté, René

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The Sierra Madre Farmer's Market hours have changed to 3:00pm through 8:00pm every Wednesday. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

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Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

COULD YOU NOT BE GETTING ENOUGH POTASSIUM?

Less than 2% of Americans get an adequate intake of potassium, and why is this you may ask? It is because we don't eat enough plant foods. When you think of a food source for potassium, how many of you immediately thought of bananas? Bananas are a good source of potassium but there are almost 50 better ones. Every cell in the human body requires potassium to function. Potassium is an electrolyte or a mineral which means it helps your body to conduct electricity. People who eat a potassium rich diet have a lower risk of stroke. They also have lower levels of inflammation. Not enough potassium in our diets can cause fatigue, irritability, and even hypertension (high blood pressure). If you occasionally get nighttime leg cramps, they could be caused by insufficient potassium. Here is a list of some great foods that are very high in potassium and most if not all are higher than bananas:

Avocados	Pumpkin	Dried apricots
Papaya	Parsnips	Spinach (raw)
Edamame	Raisins	Dark Leafy Greens (raw)
Sweet Potatoes	Winter Squash	Seaweed
White beans	Prunes	White potatoes w/ skins
French beans	Acorn Squash	Beet Greens (cooked)
Lima beans	Mushrooms	

Give your body the potassium that it needs. Be sure and include plenty of these foods in your diet.

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JUST FOR BEST FRIENDS

Happy Tails

by Chris Leclerc



With Thanksgiving now behind us (already?), and Christmas quickly approaching, many folks are now scrambling to come up with creative holiday gift ideas for family and friends. I am personally of the mind that the holiday season should be treated more like an opportunity to be thankful for our blessings, joyful in our attitude, and thoughtful to re-new our minds on what is most important in life. However, I still enjoy the traditional festivities of our culture. Gathering together with family and friends, decorating the tree, and wrapping gifts to surprise others with is certainly a fun part of the process.

Of all the activities that come with the traditional holiday season, I find selecting the right gift for the right person most challenging. I must admit, every year I tend to buy basically the same things for my husband, (who'd actually be quite content to receive nothing for Christmas), and this year I started early, buying gifts I know he will appreciate and make good use of. Now, with that done, I am on a quest to find some unique gifts for those on my list who happen to love their furry, four-legged friends the way I do.

Notwithstanding the fact that technology has changed the way many of us go about reading these days, I still think books (you know, the ones with printed paper pages) make great Christmas gifts, and this year I thought it would be fun to find a few books with themes about our beloved canine companions. During my search for "recommended rover reads", as I like to call them, I came up with a few that I think would make great gifts. Here's a short list of dog-related reads for those of you who are still looking the perfect

RECOMMENDED ROVER READS
For The Canine Lover's Christmas List

present for your canine-loving companions.

INSIDE OF A DOG ~ Alexandra Horowitz, Scribner Press, 2009: This non-fiction New York Times Bestseller has been out for a few years, but you will still find it displayed prominently on the shelves of most mainstream bookstores. Written by a dog-loving psychology professor at Columbia University, it is an excellent and enlightening scientific-based book that also turned out to be a timeless reference for those who are interested in better understanding their dog's behavior. I read it 2 years ago, and I have referred back to it several times since, when a question has come up about why dogs behave the way they do.

THE ART OF RACING IN THE RAIN ~ Garth Stein, HarperCollins Publishers, 2008: This novel made the New York Times Bestseller list upon it's first publication, and has sustained itself as a hot seller for several years now. The short synopsis on the back cover sums it up best: "A heart-wrenching but deeply funny and ultimately uplifting story of family, love, loyalty and hope - a captivating look at the wonders and absurdities of human life...as only a dog could tell it."

MANADOOB MYSTERY OF THE MOOBIA STONES ~ June Salin, Sadiki Press, 2008: This children's book (Age 8+) is focused on enhancing the child's self-esteem, kind interaction with other beings, and social awareness. I was given a copy by the publisher's sister, Janis Salin who also happens to be one of my Canyon Canine clients here in town! This may sound kind of silly to some, but I read it to my dogs a little at a time, and I was surprised to see how much they seemed to enjoy listening to it's text. I fell in love with the book, myself as it reflects many of my own thoughts on how the human's connection with other animals can enrich and broaden their perspective on life. I

highly recommend it to anyone who wants to encourage their children to appreciate and respect the world around them.

THE FIRESIDE BOOK OF DOG STORIES ~ Edited by Jack Goodman, Simon & Schuster, 1943: Although this antique book might be hard to find, I decided to add it to this list because it is a classic collection of short stories written by various famous authors such as Walter Edmonds, Rudyard Kipling, Jack London and E.B. White. A friend of mine found it at an estate sale and thought of me. I had such fun reading each story one-by-one, and thought it would make a great holiday read for the family who enjoys gathering around the hearth and hearing classic tales about dogs. If you are interested in the book but can't find a copy, feel free to contact me through the Mountain Views News and I will be happy to share the list of titles and author names for your use in seeking them out individually, in case you can't get your hands on a copy of the book itself.

Well, that's all I have time for, on my list of recommended rover reads but I would like to close with a sincere wish to you all, to have a very happy holiday season! May it be filled with fun times shared with your beloved family members and friends. And, don't forget to spend quality holiday time with your four-legged furry family members too!

By the way, if you are looking for a festive holiday activity to take part in along with your pet, you might want to check out Pasadena's Pet Day in the Courtyard where your dog can enjoy the unique opportunity of sitting on Santa's lap for a photo session. This annual event is cordially hosted at One Colorado in Pasadena, and will be held on December 8 from 3:00pm-7:00pm. I am sure it will warm your heart to know that a portion of the event's proceeds will benefit the Pasadena Humane Society and SPCA.

LOOKING FOR A BEST FRIEND??
STILTS IS TOO!

Our tiny friend, Stilts, is a brown, black and white Chihuahua, Yorkshire terrier and Kuvasz mix according to recent DNA testing. He is a very mature gentle soul in a young boy's body and is approximately 1 to 1 ½ years old. He got his name because of his very long skinny legs that appear to be stiff at times. He is very delicate, thin and weighs only 5 ½ pounds. He has the cutest little face full of expression and the cutest white trimmed paws that make him look like he is wearing socks.

He is a little shy at first, but warms up quickly. He does like other dogs, but it is a challenge for him to keep up with them. Because he is tiny, fragile and easily knocked over, he is a little sensitive to fast movements and a little hand shy. He will need a special someone who is patient, nurturing and will handle him gently. He would make a great best friend for a senior or senior couple who would love having him on their lap, taking him for short walks and letting him soak up the sun's rays in the yard. He is neutered, up to date with all routine shots and ready to be a valued part of your family!!

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Stilts (aka....SG11899), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. His adoption fee is \$120 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Stilts. See our website at www.sgyhumane.org for information and photos of all our available pets.



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HOW TO GUARD AGAINST WINTERTIME HEART ATTACKS

Dear Savvy Senior:
When I had a mild heart attack about six months ago my doctor told me I needed to be extra careful during the winter when recurring heart attacks are more common. Is this true? How can the seasons affect your heart? Leery Senior

Dear Leery:
Everyone knows winter is cold and flu season, but most people don't know that it's also the prime season for heart attacks too, especially if you already have heart disease or have suffered a previous heart attack. Here's what you should know, along with some tips to help you protect yourself.

Heart Attack Season
In the U.S., the risk of having a heart attack during the winter months is twice as high as it is during the summertime. Why? There are a number of factors, and they're not all linked to cold weather. Even people who live in warm climates have an increased risk. Here are the areas you need to pay extra attention to this winter.

Cold temperatures: When a person gets cold, the body responds by constricting the blood vessels to help the body maintain heat. This causes blood pressure to go up and makes the heart work harder. Cold temperatures can also increase levels of certain proteins that can thicken the blood and increase the risk for blood clots. So stay warm this winter, and when you do have to go outside, make sure you bundle up in layers with gloves and a hat, and place a scarf over your mouth and nose to warm up the air before you breathe it in.

Snow shoveling: Studies have shown that heart attack rates jump dramatically in the first few days after a major snowstorm, usually a result of snow shoveling. Shoveling snow is a very strenuous activity that raises blood pressure and stresses the heart. Combine those factors with the cold temperatures and the risks for heart attack surges. If your sidewalk or driveway needs shoveling this winter, hire a kid from the neighborhood to do it for you, or use a snow blower. Or, if you must shovel, push rather than lift the snow as much as possible, stay warm, and take frequent breaks.

New Year's resolutions: Every Jan. 1, millions of people join gyms or start exercise programs as part of their New Year's resolution to get in shape, and many overexert themselves too soon. If you're starting a new exercise program this winter, take the time to talk to your doctor about what types and how much exercise may be appropriate for you.

Winter weight gain: People tend to eat and drink more, and gain more weight during the holiday season and winter months, all of which are hard on the heart and risky for someone with heart disease. So keep a watchful eye on your diet this winter and avoid binging on fatty foods and alcohol.

Shorter days: Less daylight in the winter months can cause many people to develop "seasonal affective disorder" or SAD, a wintertime depression that can stress the heart. Studies have also looked at heart attack patients and found they usually have lower levels of vitamin D (which comes from sunlight) than people with healthy hearts. To boost your vitamin D this winter, consider taking a supplement that contains between 1,000 and 2,000 international units (IU) per day. And to find treatments for SAD, visit the Center for Environmental Therapeutics website at cet.org.

Flu season: Studies show that people who get flu shots have a lower heart attack risk. It's known that the inflammatory reaction set off by a flu infection can increase blood clotting which can lead to heart attacks in vulnerable people. So, if you haven't already done so, get a flu shot for protection. See flushot.healthmap.org to find a nearby vaccination site.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



THE GOOD LIFE
SENIOR HAPPENINGS

By Pat Birdsall

FYI: BEING A SENIOR IN A CYBER WORLD

The thought of using a computer can be overwhelming to some people, especially to individuals who didn't grow up with all the technology that we have access to today. For instance, when I was growing up there were no cell phones, internet, iPod's, iPads, etc. I came to the conclusion that I would have to get with it if I was to survive in this day and age. Okay, a bit melodramatic. The information at our fingertips is endless. Personally, I have barely scratched the surface. Below are some benefits of computers to you as a senior citizen.

* Access to more information. You can learn about any topic that interests you from hobbies to medical information.* Enables you to keep in touch with others. It's a cost effective way to keep in touch with your friends and family either through email or facebook. * Serves as a form of entertainment. Games, magazines, newspapers, Internet radio, movies, message boards and forums are all easily accessible online.*Shop in the comfort of your own home. Shopping on the internet is convenient, cost-effective and safe, as long as you shop reputable sites. You can have the items delivered directly to your home. Very convenient.

Once you start using a search engine like www.google.com for example, you will wonder why you waited so long. Topics that interest you, topics that don't, you can find out about anything...It's so easy, informative and just plain fun!

Now, if I could just get the hang of my cell phone.

www.wcnc.com

HELPFUL HINT: Make that chunk of cheese slide across your grater with ease by coating the grater with a little bit of non-stick spray.

FOR YOUR FUNNY BONE - Three men were hiking through a forest when they came upon a large raging, violent river. Needing to get to the other side, the first man prayed, "God please give me the strength to cross the river." Poof! God gave him big arms and strong legs and he was able to swim across in about two hours, having almost drowned twice. After witnessing that, the second man prayed, "God, please give me the strength and the tools to cross the river." Poof! God gave him a rowboat and strong arms and legs and he was able to row across in about an hour after almost capsizing once. Seeing what happened to the first two men, the third man prayed; "God please give me the strength, the tools and the intelligence to cross the river." Poof! He was turned into a woman. She checked the map, hiked one hundred yards up stream and walked across the bridge.

HAPPY BIRTHDAY! ... November Birthdays



Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, "Mike" Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

Quote of the Week: "Life is what we make it, always has been, always will be."
~ Grandma Moses



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: New Hours: 11:00 to 11:45 Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Lem Makupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must!** Please call: 626.355.7394 to make yours* *Conflicting court schedules can occasionally cause cancellations.*

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It's a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.



UPCOMING EXCURSIONS:

Friday, December 13, 2013. "Because it's Christmas"
Show at Candlelight Pavilion (Claremont, Ca.) \$67.00 (Lunch included)
10:00 am- 4:00 pm

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation. CALL (626) 355-7394



RICH Johnson
NOVEMBER 22, 1963 AND THE BEATLES

Most of us have spent part of this week re-living the tragic events of November 22, 1963. In the twinkling of an eye, Americans were plunged into a season of despair, mourning and disbelief. Our youthful, charismatic President had been taken away from us in a brutal fashion. A President we knew rather intimately due to the advances in media technology, President Kennedy was the most visible President in the history of our young country. And that media visibility made him particularly accessible to American youth. And us young people (I was 12 at the time) suffered right along with older Americans.

At the same time America was beginning to take notice of a phenomenon out of England: The emergence of the Beatles. Actually on November 22, 1963, CBS ran a five-minute feature on their CBS Morning News on this phenomenon known as "Beatlemania." The feature was to be rerun on the evening news but was cancelled for obvious reasons. On December 10th Walter Cronkite ran the "Beatlemania" feature again on the CBS evening news. This motivated Capitol Records to rush to release the single "I Want to Hold Your Hand" single. And the rest is history.

What do these two events have to do with each other? British critic Ian MacDonald wrote: "I Want to Hold Your Hand", "the record's joyous energy and invention lifted America out of its gloom, following which, high on gratitude, the country cast itself at the Beatles' feet."

Would the Beatles have achieved their meteoric level of success here if there had been no assassination? Of course we will never know. But a good case can be made that by February, when they premiered on the Ed Sullivan Show, America, particularly its youth, was ready to start living again. I know I was. And I am a musician today as a result of the impact of the Beatles on me.

Some interesting evidence supporting the impact of the Beatles on America. The week of April 4, 1964, the top five songs on the Billboard Top Ten were Beatle songs: 1. Can't Buy Me Love, 2. Twist and Shout, 3. She Loves You, 4. I Want to Hold Your Hand, and 5. Please Please Me. No other artist or group has ever come close to that record.

On April 11, 1964 the Beatles had a record 14 separate songs on Billboard's Hot 100 songs. Before that, Elvis held the record with 9 in 1956. The Beatle song "Can't Buy Me Love" jumped from number 27 in the charts to number 1 in the space of one week. The single, "Can't Buy Me Love" had an advance worldwide order of over 2 million copies.

Can I give you more? The Beatles had 3 consecutive songs reach number one in the American charts. "I Want to Hold Your Hand" was number one for 7 weeks, followed by "She Loves You" which was number one for 2 weeks. That was followed by "Can't Buy Me Love" which was number one for 5 weeks. Elvis had 2 songs back to back: "Don't Be Cruel" followed by "Love Me Tender".

One final note: Do you happen to know the song Frank Sinatra said was the single greatest love song ever written? Nope. It wasn't written by Lennon and McCartney. But it was written by George Harrison. That song? Simply titled "Something". I hope you had a wonderful Thanksgiving celebration.

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Looking Up
with Bob Eklund

IceCube PUSHES NEUTRINOS TO THE FOREFRONT OF ASTRONOMY

The IceCube Neutrino Observatory, a particle detector buried in a cubic kilometer of Antarctic ice, is a demonstration of the power of the human passion for discovery, where scientific ingenuity meets technological innovation. This week, nearly 25 years after the pioneering idea of using ice to detect neutrinos was first suggested, the IceCube Collaboration has announced the observation of 28 very high-energy particle events that constitute the first solid evidence for astrophysical neutrinos coming from extragalactic space.

The research appeared in the Nov. 22 issue of the journal Science.

"This is the first indication of very high-energy neutrinos coming from outside our solar system, with energies more than one million times those observed in 1987 in connection with a supernova seen in the Large Magellanic Cloud," says Francis Halzen, principal investigator of IceCube and professor of Physics at the University of Wisconsin-Madison. "It is gratifying to finally see what we have been looking for. This is the dawn of a new age of astronomy."

Because they rarely interact with matter, the nearly massless subatomic particles called neutrinos can carry information about the workings of the highest-energy and most distant phenomena in the universe. Billions of neutrinos pass through every square centimeter of the Earth (including our bodies) every second, but the vast majority originate either in the Sun or in the Earth's atmosphere.

Far rarer are neutrinos from the outer reaches of our galaxy or beyond, which have long been theorized to provide insights into the powerful cosmic objects where high-energy cosmic rays may originate—including supernovas, black holes, pulsars, and quasars.

IceCube, run by the international IceCube Collaboration and headquartered at the Wisconsin IceCube Particle Astrophysics Center (WIPAC) at UW-Madison, was designed to accomplish two major scientific goals: measure the flux, or rate, of high-energy neutrinos; and try to identify some of their sources. UW-Madison is the lead institution, and the international collaboration includes 250 physicists and engineers from the U.S., Germany, Sweden, Belgium, Switzerland, Japan, Canada, New Zealand, Australia, U.K. and Korea.

The 28 high-energy neutrinos were found in data collected by the IceCube detector from May 2010 to May 2012 and analyzed for neutrino events exceeding 50 teraelectronvolts (TeV) coming from anywhere in the sky. The events cannot be explained by other neutrino fluxes, such as those from atmospheric neutrinos, nor by other high-energy events, such as muons produced by the interaction of cosmic rays in the atmosphere.

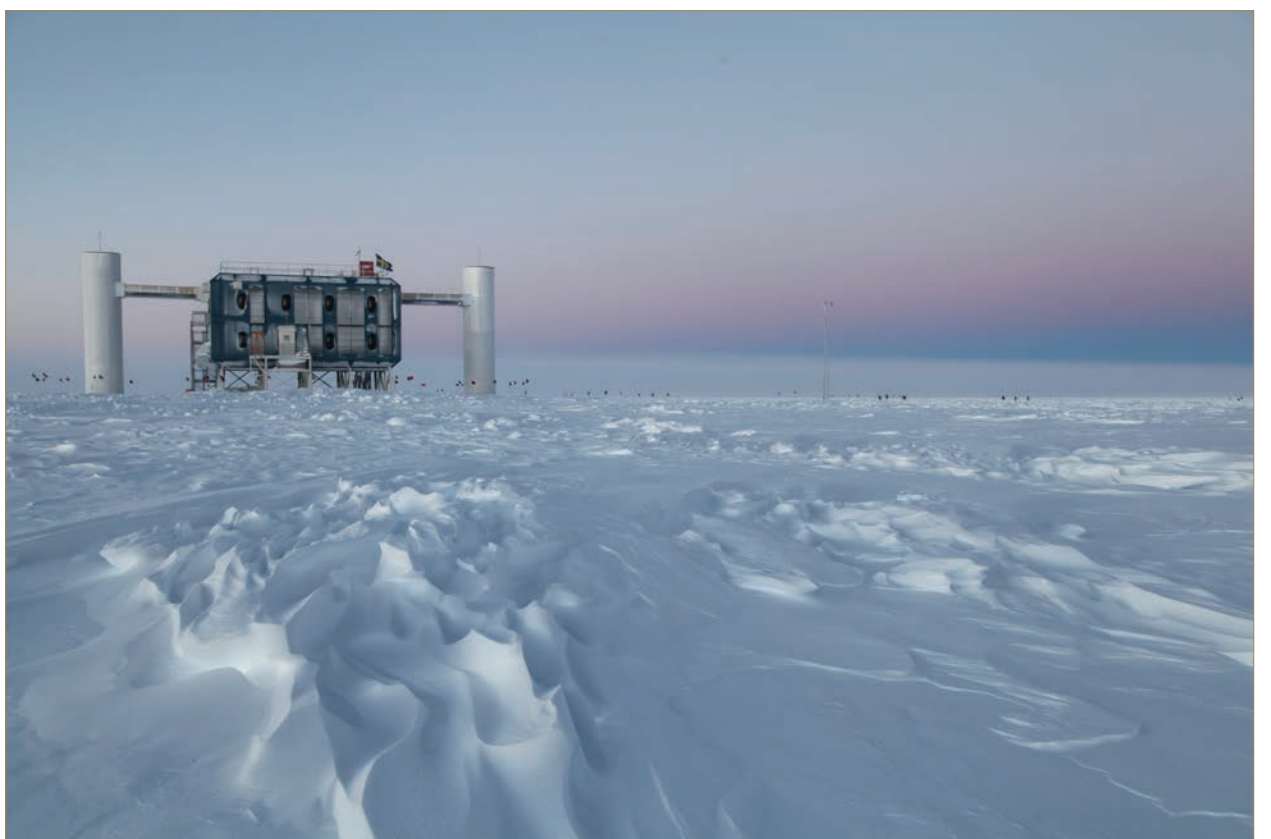
IceCube is comprised of 5,160 digital optical modules suspended along 86 strings embedded in a cubic kilometer of ice beneath the South Pole. The National Science Foundation-supported observatory detects neutrinos through the tiny flashes of blue light, called Cherenkov light, produced when neutrinos interact in the ice.

"IceCube is a wonderful and unique astrophysical telescope—it is deployed deep in the Antarctic ice but looks over the entire universe, detecting neutrinos coming through the Earth from the northern skies, as well as from around the southern skies," says Vladimir Papitashvili of the National Science Foundation (NSF) Division of Polar Programs.

Multimedia Gallery:

<http://icecube.wisc.edu/gallery/press>

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

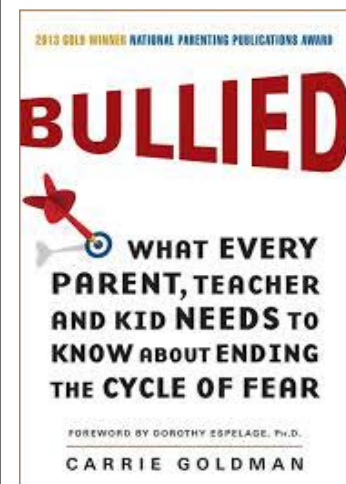


The IceCube Lab in March, 2012 - The IceCube Laboratory at the Amundsen-Scott South Pole Station, in Antarctica, hosts the computers collecting raw data. Only events selected as interesting for physics studies are sent to University of Wisconsin, Madison, where they are prepared for use by any member of the IceCube Collaboration. Credit: Sven Lidstrom. IceCube/NSF

ARTS & ENTERTAINMENT

JASMINE'S CORNER

Book Reviews by Jasmine Kelsey Williams



BULLIED: WHAT EVERY PARENT, TEACHER AND KID NEEDS TO KNOW ABOUT ENDING THE CYCLE OF FEAR

By Carrie Goldman

We slowly approach the end of November, and this columnist continues with another serious topic: the issue of bullying, which brings us to the next pick: "Bullied: What Every Parent, Teacher and Kid Needs to Know about Ending the Cycle of Fear". Again, this selection is long on title, but it is a bold one, which is sure to speak volumes about the issue at hand that is presented to readers. Carrie Goldman presents us with blunt and straightforward observations and thorough research on the broad subject of bullying, as well as presenting the story of Katie, who received support from her community when she was bullied for liking Star Wars.

Goldman does not just touch on bullying, but its various forms: from teasing and taunting in elementary years to much more aggressive bullying, cyberbullying, being gay or having disabilities (mental or physical). With each subject Goldman addresses she brings to light the lasting consequences of the victims, as well as the bullies themselves, and the lasting effects it can leave on parents, friends, and through extensions of any community. Readers will be able to see the buildup as well as the relevance of the topic of bullying through divided into three parts: first on Katie's story, then kids who are at a high risk for victimization, and then the last part which addresses prevention, intervention and reconciliation. Also adding to its depth in "Bullied" are the personal letters of support, (as well as a few harsh and critical ones) that are provided from various individuals who provide their insight and perspectives which show that bullying can be overcome and that one can learn to fight for themselves as well as having the support of those who can fight with them in any way they can.

Copyrighted in 2012, and receiving praise from various critics, Kirkus, and the New York Journal of Books, "Bullied" is a recommended read for all ages that will not only be thought-provoking, but one that provides valuable life lessons.



SEAN'S SHAMELESS REVIEWS:

By Sean Kayden

ANTHONY GREEN

The third studio solo album from Anthony Green entitled, "Young Legs," is brimming with grace and luminousness. The thematic "Young Legs" explores love and disenchantment. It also covers existentialism, as Green has become a father again. Green conveys a much tranquil vibe here as opposed to his previous solo endeavors and the material from his full-time band, Dazzling guitars come into play during the choruses. Green's saccharine vocals are light and tender as usual. "100 Steps" is another gorgeous tune that is sweet and tranquil. Green's vocals can get a bit overly sentimental, but it's always sincere. The delivery is nearly exceptional. The songs here range from barebones acoustics to fully expanded sounds. "Anytime" is honest and utterly touching. Green's passionate lyrics are easily applicable for any listener dealing with love or lost. "I'll Miss You" is another sensitive, thoughtful tune. Green's perspective on this record is about those around him or ones he lost. The songs aren't selfish or self-absorbed but rather compassionate and empathetic. "Shine" has striking harmonies and astounding guitar arrangements. With ethereal vibes and comforting vocals, "Young Legs" definitely shines in most areas. In other areas, he loses his way trying to set out to be too intricate.

"Breaker" kicks off the album in stellar fashion. It's one of the more complex tracks found on "Young Legs." Dazzling guitars come into play during the choruses. Green's saccharine vocals are light and tender as usual. "100 Steps" is another gorgeous tune that is sweet and tranquil. Green's vocals can get a bit overly sentimental, but it's always sincere. The delivery is nearly exceptional. The songs here range from barebones acoustics to fully expanded sounds. "Anytime" is honest and utterly touching. Green's passionate lyrics are easily applicable for any listener dealing with love or lost. "I'll Miss You" is another sensitive, thoughtful tune. Green's perspective on this record is about those around him or ones he lost. The songs aren't selfish or self-absorbed but rather compassionate and empathetic. "Shine" has striking harmonies and astounding guitar arrangements. With ethereal vibes and comforting vocals, "Young Legs" definitely shines in most areas. In other areas, he loses his way trying to set out to be too intricate.

Sad and cordial, "Young Legs" cuts deep. However, it stumbles along the way. The less than two minutes tracks, "Too Little, Too Late" and "Stolen" are nothing more than filler. They feel like uncompleted tracks that either should have been reworked or never should have made the final cut. There's a lot to enjoy with "Young Legs." It's a considerably meaningful record overflowing with beautiful melodies and earnest lyrics. Most of the songs will ruminate within the mind and soul and permeate through the heart. I wouldn't consider it one of the best albums of the year, but another big step forward for a singer/songwriter that has so much drive and passion. That alone is admirable, but I still wish there was something more here to put "Young Legs" into a league of its own. For now, it fits decently well with other good folk/acoustic rock albums of the last few years. Grade 7.7 out of 10 Key Tracks: "Breaker," "100 Steps," "Anytime," "I'll Miss You," "Shine"

Artist: Anthony Green
Album: Young Legs
Label: Self-Release
Release Date: November 11th, 2013



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What's on YOUR Mind?



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Have you done your "spring cleaning" yet? If you're selling your home, it's essential to take care of the details, both inside and out. Since buyers first see your property from the street, there are some steps you can take to pique their interest in seeing more.

Obviously, color makes an impact. Emphasize two or three colors in your flowerbeds and shrubs, and coordinate your blooms with the seasons, be it spring or summer. Also make sure your trees and shrubs are properly sized to the house and grounds, and not blocking any of your home's positive features.

Perfectly maintaining your lawn is critical while you're listing, since a well-manicured lawn powerfully symbolizes your pride of ownership and attention to maintenance. You can reduce the time invested in mowing and watering if you can do some simple landscaping with rocks, ornamental grasses and drought-tolerant plants.

The sound of water also turns buyers on. Even if you don't have a pond, you can achieve the same effect by installing a small fountain in the front yard, or even running an electric fountain on your porch or deck.

Finally, there are a couple of architectural flourishes that add interest, such as colorful window boxes, a trellis with flowering vines, or even a pretty new mailbox. Contact your agent for a wealth of other ideas to attract buyers.

BUSINESS TODAY

The latest on Business News, Trends and Techniques



By La Quetta M. Shamblee, MBA

A YEAR-END REVIEW CAN HELP YOU RENEW

Taking time to conduct an assessment of your business as the year comes to a close is very important. The information that you gather is a valuable resource to further support and propel the growth and success of your business throughout the upcoming year.

The first priority is to determine the overall financial health of your business by applying a set of standard business measurement tools. The tool kit includes at least three financial statements that should be prepared on a monthly basis, along with the calculation of some basic ratios. Combined, the following financial statements and ratios provide business owners with the means to measure and monitor the financial aspects of operations.

Balance Sheet – this statement provides a snapshot of what the business is worth and serves as the starting point to calculate how much someone else would be willing to pay to purchase the business if it were for sale. It includes a list of the business's Assets (everything owned by the business), minus Liabilities (all outstanding debt) to calculate what the business is worth (Owner's Equity).

Income Statement – sometimes referred to as a Profit & Loss Statement (P&L) or Operating Statement, this statement includes a list and tally of the total revenue (sales) generated by the business, minus the total expenses incurred to generate revenue during the respective time period. This statement is used to determine the net profit or net loss of a business.

Cash Flow Statement – this statement is prepared to reconcile the beginning and ending amount of cash available to a business within a specific time period. It will also indicate the range and timing of increases and decreases in the flow of cash, which is critical to ensuring that a business will have what it needs to meet all of its obligations and operational needs in a timely manner. A business can experience tremendous success in generating increased sales, yet may be unable to support the growth if there is a shortage of cash to finance everything needed to ensure the fulfillment of the sales.

Ratios – there are numerous ratios that can be used to measure liquidity, profitability, debt and other financial indicators. The following two ratios that measure liquidity* are recommended as a starting point for small businesses:

- Current Ratio - provides a way to look at the working capital available, which is a measurement of the solvency that a business has to pay its obligations on an ongoing and long-term basis.
- Quick Ratio - measures a company's ability to pay short-term obligations. (Current Assets divided by Total Current Liabilities)

These are some of the tools that entrepreneurs and managers should use to monitor and manage the financial aspects of their businesses.



IT'S IN THE LIST

Peter Drucker said, "any business enterprise has two — and only these two— basic functions: marketing and innovation."

You could have the latest, greatest innovation but if nobody knows about it, then all you have is a great idea; you don't have a business.

Loyal fans and customers (people) make a business successful. A good marketing strategy focuses on building a quality list of contacts of current and potential customers. Getting the word out about your products and services to people who care about what you offer and turning them into raving fans is the other part of marketing. Keep in mind that it is a waste of your time telling people who don't care, or those don't need or can't afford your product or service.

Email is a popular marketing channel because it is affordable and most everyone uses it. But, it will only work for you if you have a quality list of emails. You can spend hours coming up with the most brilliant subject line and design, offer 75% off your best product but if you don't send it to a quality list, it won't produce any ROI.

We have all kinds of tools at our fingertips to help us create messaging but it takes real creativity and strategy to build a quality list. Here are a few things to think about as you work on building a quality list:

- Are the important people on your list – current customers, vendors, raving fans?
- Are you collecting emails at every touch point – in store, phone, web, social media?
- Are you using tools that make it easy to join? Text to join, QR codes, simple guest book at the counter, form on your web site, forms on your social media channels?
- Have you trained your employees to ask for contact information from new customers?
- Can you create a VIP club for only those who are on the list and give them something exclusive that no one else has access to?
- When you attend events or networking meetings do you ask people if they would like to stay in touch through social media or receive your emails?
- Do you provide an instant reward (i.e. a special coupon) when people join your list?
- Are you following through – if someone takes the time to sign up for your emails and you never send them an email, it can be frustrating. This is especially true if they have signed up and expect to receive schedules or exclusive discounts.

Marketing to the right people is an investment in future sales. It takes time to build a good list but if you make it a priority and part of an on-going routine your marketing efforts will start to pay off.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

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For those of you who know the Baldwins and would be sad to see them leave the canyon, don't worry. They just need to find a cabin closer in to main canyon. The inside of the cabin can be seen by appointment on a Friday or Saturday. If you are not familiar with the area, we recommend that you hike up to see it to be sure that the distance (approximately 4 miles) will work for you.

Three pictures are posted on Facebook (Adams' Pack Station). Please call the Pack Station at 626.447.7356 or email if you have questions: dburgess@adamspackstation.com

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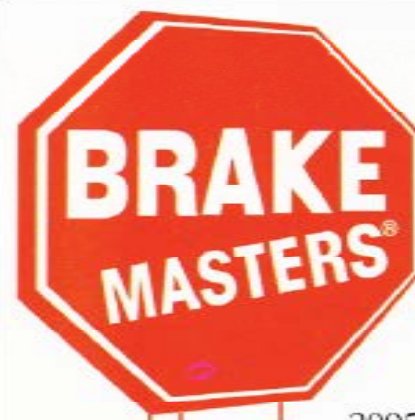
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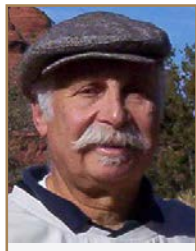
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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



STUART Tolchin.....On LIFE THINGS DON'T GET ANY EASIER

This afternoon just before sunset my wife, her two young nephews, and I drove up the hill to view the sunset. At the top of the hill a huge housing project has been planned and the plans have gone so far as to include landscaping and painting lines for designated parking spaces. Parking lots have been constructed for as yet non-existent cars. The construction of the homes has not yet begun as our local city council has prohibited construction. The dispute is ongoing and just about everyone in town is opposed to the construction. The reasons for opposition are many but the most commonly verbalized is that the construction of the project will create all sorts of traffic problems in our little village city of 10,000. This is undoubtedly true, but a deeper reason is that the housing project threatens the nature of our very independent little, tucked-in-the-hills and hard-to-find village.

I know this is a fight against "progress" and probably in the end, just as Joanie Mitchell predicted about forty years ago, future generations will notice that "they paved paradise to put up a parking lot." We older Southern Californians still remember the orange groves that used to be all around us and now have disappeared. Their disappearance, of course, was connected with the construction of homes and commercial facilities that created jobs and were part of a new thriving economy. Well, now along with the orange groves, the jobs have disappeared and the house owners have faced foreclosure and there is a strange ghost-like quality to much of the city and much of the country.

It's all very confusing. The stock market is daily setting record highs and the very rich are getting richer all the time. Still, for recent college graduates, jobs are not very plentiful. Many young grads seem resentful and regretful about the time and money spent going to college. The huge loan debt that follow most college graduates puts them in an immediate economic bind and I hear the pundits saying that present college curricula are more like trainings than an education. If people can't get the jobs they trained for they are not able to do much else, because they have not acquired any new skills or interests that would prepare them to do other kinds of work. On the Bill Moyers Journal this weekend I heard college described as a time for the destruction of imagination.

Where will this all lead? The very rich still need the rest of us to buy their stuff. I can still remember when the area around Santa Anita Race Track was just a huge parking lot. Of course a large portion of this parking lot was soon filled with the huge Westfield Mall. Stores keep closing in the mall; but new ones open and on week-ends it's impossible to find a place to park. Can this go on forever? Can Americans consume their way to economic equity? Where will all this progress lead?

This whole article was inspired by a question that my wife's 12-year old nephew asked me while we stood in the empty parking lot watching the ever-changing sky. Remember, he's a pretty smart kid who plays all kinds of video games and does pretty well in School. He has known my children for all of his life, so I was quite surprised by the question he asked me. Ready for the question? "Uncle Stuart, are you a virgin?" Shocking don't you think? I asked him how I could be a virgin if I had children. He said

he knows that people can have children without having sex and he knows kids who have gay parents and, besides, that he had heard something about turkey basters being used to make people pregnant.

As I tried to maintain my cool and hold in my laughter, I got a real sense of how confusing this modern world is. Kids are exposed to all kinds of information, with the end result that they are frequently more confused than previous, more sheltered, generations. I wondered about how the future will treat these over-informed but clueless kids. I don't mean to be insulting towards my wife's nephew. He's the same wonderful kid about whom I wrote a few years ago when he noticed some tomatoes lying on the ground. Maybe you remember the article when I described him saying, "We should bury those tomatoes, but first we should name them."

He had this basic humanity and imagination when he was 7. Over these past five years he has acquired much more information, but perhaps not much knowledge. I fear that forty or fifty or sixty years from now he will be left standing in an empty parking lot wondering what happened---and you and I won't be around to tell him even if we knew.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

'TIS THE SEASON TO STUFF MYSELF LIKE A TURKEY AND GET AWAY WITH IT!

Now that summer is out of the way and the holiday season has begun, I can throw out the kitchen window all of those diet restrictions introduced by the Gracious Mistress of the Parsonage. After all, the whole purpose of the holiday season is to eat.

It begins in late October with the mass distribution of candy, which I have no objection. A little candy in somebody's life can go a long way to produce happiness. Why, a handful of jelly beans really makes the world go around, which may be why I am just a little bit dizzy.

From October all the way through to New Year's Day, it is nothing but one delicious delicacy after another. And, I love it.

Around the middle of October my wife announces, "This year you need to be a little careful about what you eat during this holiday season." Of which I smile back at her and nod my head in the affirmative, whatever that means. Far as I am concerned, a nod is not quite as committed as a word spoken.

In October when I am doling out candy to the kids knocking on my door, I always use this formula: one for them and one for me. After all, what's fair is fair. I have to make sure I have enough candy to go all the way around. As one who is very conscious about not wasting anything, I make sure all of the candy is properly consumed by midnight.

I get away with this because my wife usually has the grandchildren on the other side of the neighborhood going door to door getting candy. My duty is to distribute the candy however I see fit.

Thanksgiving really tickles my fancy. It is an opportunity to stuff myself like a turkey and get away with it. After all, with all the family around the Thanksgiving Day table there is little opportunity for my wife to supervise what I eat or do not eat. As long as the dishes keep passing, I keep participating.

One thing that makes the Thanksgiving Day dinner so wonderful is that you can stuff your stuff without feeling guilty about it. "Don't you think you've had enough?" my wife will ask.

I have one response to this query I have used for years.

"Do not worry, my dear," I say as I pile more mashed potatoes on my plate, "I plan to go on a diet for my New Year's resolution." What a wonderful New Year's resolution scenario. Whoever invented that should receive the Nobel Peace Prize because it has come in quite handy in my situation.

Thanksgiving is so close to New Year's that it makes a very convenient excuse.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"There's been so much noise and so much misinformation, and this incredible organized effort to block the notion that everybody should have affordable health care in this country, that I think it's important for us to step back and take a look at what's already been accomplished, because a lot of times it doesn't make news. Controversies make news."

- President Obama

Best I can interpret Greg Welborn's column from last week, he's suggesting "liberals" are revamping the Senate's filibuster rules to distract attention from the Affordable Care Act. I don't think that's entirely true.

A number of "liberals" have themselves capitalized on the ACA's problems as an "I told you so" opportunity: had the administration not settled on a plan reliant on for-profit insurance, developed by the Heritage Foundation, promoted by Republicans as an alternative to "Hillary Care" and implemented by Gov. Mitt Romney (R) in Massachusetts – we might have gone instead for universal coverage through a single-payer system requiring nothing more complicated than expanding "Medicare for all".

In filibuster reform, it's not like Democrats are bucking some kind of tradition. The filibuster has been around since 1789, but a third of all filibusters over the past 225 years has occurred only over the past six years - since Sen. Mitch McConnell (R-KY) became Minority Leader, and especially since Barack Obama became president. 86 presidential nominations have been blocked by filibuster under Presidents Washington through George W. Bush combined. 82 have been blocked under President Obama alone.

Sen. McConnell declared early on the goal of Senate Republicans was to make Obama a "one-term president". The filibuster isn't used anymore to stall legislation or nominees for whom there are strong objections, but rather to make sure none of the president's initiatives, executive branch picks or judicial nominees makes it to the floor for an up-or-down vote. It's not to promote the well-being of our country, but the hoped-for failure of our president.

The final straw came with Republican refusal to even consider the president's nominees to fill three vacancies on the D.C. Court of Appeals. It has nothing to do with qualifications or quality of the nominees. Some, like Sen. Jeff Sessions (R-AL), complain the Court has too many judges already. (The president is required by law to fill the vacancies, regardless.) Sen. Lindsey Graham (R-SC) vowed not to let any nomination come to the floor until he gets more dirt on Benghazi.

In retaliation for the Democrats' action on restricting filibusters, Republicans have vowed to block all pending legislation (as if they haven't been doing that over the past five years, anyway). One of their first targets is a bill addressing the problem of sexual assault in the military. As Robert Bowen writes on examiner.com, "They want sexual assault victims in the military to pay a price because Republicans did not get their own way (on the filibuster)."

The tactic of distracting attention remains in play in other ways, however. Last week, the Council of Economic Advisors announced that, largely due to the ACA, health care spending since 2010 has increased by just 1.3% - the smallest three-year increase in history (while health care price increases were at 50-year lows). The CBO cut its projection on Medicare and Medicaid spending in 2020 by 10% - a \$147 billion reduction. A Think Progress study shows that while this was covered in 23 news stories in print and online media, there were 224 stories on website problems.

Similarly, as Jonathan Chait observes in New York Magazine, "Florida Woman Facing Higher Costs" is a more "attractive" media story than "Millions Set to Gain Low-Cost Insurance".

Stoking fears of what might come with full implementation of the ACA distracts attention from the situation right now. A report from the Commonwealth Fund released earlier this month reminds that while the U.S. spends more per capita on healthcare than any other industrial nation, 37% of us failed to get recommended care (seeing a doctor, filling a prescription) because of costs. (It's 6% in Sweden, 4% in the U.K.) 23% of American adults had serious problems paying medical bills, or were simply unable to pay them. (The next highest was France at 13%; the U.K. Sweden and Norway were all at 6% or lower.)

Replays of the president's "you can keep your plan" promise distracts attention from the fact that for nearly a dozen years now, according to former Cigna exec Wendell Potter, insurance companies have been cancelling policies to move customers away from the HMO/PPO "managed care" model and into policies with higher deductibles, fewer benefits – and more profits for the insurance companies. Now, they can conveniently blame the ACA.

Complaints about cancellation notices distract attention from the 25 Republican-controlled states which have refused to go along with the ACA's provision that Medicaid eligibility be expanded to cover those with incomes up to 133% of the federal poverty level (with costs picked up by the federal government). It's estimated that while 2 million cancellation notices have gone out in these states, 5 million working poor will be denied coverage altogether – as a direct result of Republican governors and legislators hoping to see the program fail.

Families USA estimates that only 0.6% of non-elderly Americans risk losing their current plans while failing to qualify for either subsidies or expanded Medicaid eligibility. As pointed out by the group's executive director, Ron Pollack, "That number is a tiny fraction of the 65 million non-elderly people with pre-existing health conditions who will gain new protections. . . . It is also a small fraction of the tens of millions of uninsured Americans who can also get help."

In other news, after months of behind-the-scenes diplomacy, the U.S. and major powers have reached agreement on an interim deal with Iran. Most will wait to see what happens over the six-month term of the agreement. Sen. John Cornyn (R-TX), however, was quick with his reaction on Twitter: "Amazing what White House will do to distract attention from Obamacare".

IRAN: A DEFEAT SNATCHED FROM THE JAWS OF VICTORY

I seriously didn't think the Obama Presidency could get much worse. Well, maybe I thought it was possible, but I hoped it wouldn't be so. We're well past the point where defeats only hurt the President and his fellow travelers. We're at the point where his defeats are American defeats, and the Iranian interim nuclear deal is one hell of a loss – made worse because it truly is being snatched from the jaws of victory.

Like President Clinton's bombing of some aspirin factory when his presidency was floundering, President Obama is desperate to change the subject from his domestic policy failures, vanishing Syrian red lines, the fatal incompetency at Benghazi, Russia's mockery of American exceptionalism, and the presidential snubbing at the U.N. So desperate is he to get "an agreement", any agreement, that he took a deal which even the French call a "sucker's deal". As we open the covers of this wonderful impressive agreement, we find that the French were actually cutting us some slack.

This defeat is especially hard to swallow because the U.S. was on the verge of winning the strategic battle with Iran. I can say that with confidence because the only reason Iran has come to the table after years of venomous deceit and stonewalling is because the economic sanctions were hurting so deeply. Iran's economy is in shambles, its currency is all but worthless, and the regime for perhaps the first time truly feels a threat to its survival. There are only two things that really matter to the mad mullahs: retaining power and building a nuclear bomb, which, of course, earns them more power. Both were in jeopardy.

The economic sanctions took years to negotiate with our allies and the U.N., resulting in dozens of specific resolutions calling for Iran to suspend all uranium enrichment and full access to all facilities. It took time for the impact to be felt, but almost precisely at the moment of our maximum negotiating clout, President Obama offers relief from the very pressures that were forcing the mullahs to get serious. The West weakens sanctions in return for pledges, assurances and meaningless reductions. There is no weakening, let alone termination, of Iran's nuclear weaponization infrastructure.

The President took to the airwaves to assure us this is only an interim six-month agreement to "build confidence" until we reach a final agreement, but how can that make any sense at all. We've all gone up against the school yard bully; we've all dealt with a really tough negotiator at one point or another. When you reduce the pressure on your opponent, you don't get a better deal. If assurances, pledges and unverifiable reductions are the best we can get from Iran now, what version of sanity makes us think we'll get a better one when the Iranians are 6 months further in nuclear development and their economy has had time to recover? It's a rescue package thrown to the mullahs in return for a fig leaf, political rescue package given to this overwhelmed and under-prepared President who fears headlines more than he fears Hezbollah.

Iran promises to reduce enrichment and to not push forward. But Iran specifically stipulates that certain sites will not be subject to full-access, unescorted inspections. In other words, we get to look at their right hand, but aren't allowed to see what's in their left. In return, we allow more trade, release frozen Iranian assets, and increase the regime's access to foreign-exchange reserves. It's a massive infusion of capital for an economy on the brink of collapse. Those of who said that President Obama "blinked" in his negotiations with Syria had no idea how quickly, and significantly, he would be asked to blink again.

As tragic as the Syrian situation is, it was the canary in the gold mine. Iran's ambitions are seriously dangerous, and they have now been advanced significantly. That's the essence of the danger that comes from appeasement. It's not the bad deal you just did, it's what it says to your enemies who you'll have to confront in future negotiations. It communicates weakness. It says the American president is not serious about standing by America's allies and therefore is not serious about American values or goals.

We want a stable Mideast; we want a limited nuclear club; and God forbid there's a nuclear war – even a small one. America's retreat creates a power vacuum which others will rush to fill; there goes any hope of stability. Saudi Arabia will pursue (and most likely obtain) a nuclear bomb – from Pakistan. Egypt will seek one, and from there the list grows quickly; welcome to proliferation. Iran will get its bomb, and/or Israel will start a war to prevent it; the threat of war and a nuclear exchange just grew substantively.

History tells us how bad the Munich deal with Hitler was for Europe and the rest of the world. This deal is worse than that one because our enemies are equally as deranged and committed as were the Nazis, but today the stakes are bigger. Ego and fear are terrible things in a presidency.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwelborn2@gmail.com





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WHAT'S ON 98

December 2 – December 8

The best horror movies uses people's fears and nightmares against them to provoke a strong sense of anguish.

The Best Horror movies are made especially to produce negative emotions in their viewers. This is achieved by playing on the viewers' fears and nightmares. Horror movie scenes include startling the viewer with violent, evil, or supernatural elements. The Best Horror Movies lull you into a false sense of complacency and then scare the wits out of you. You like that don't you!

Horror films made their debut in the 1890s. Maori du adiable produced by Georges Melies is thought to be the first horror film. A few years later in 1910, Edison Studios produced the first Frankenstein film. These early horror films were quite mild on scariness scale compared to the horror films we watch today. These early horror films didn't have eerie music to make the mood tense, special effects, and didn't have scenes involving the supernatural. These films were often silent films, featuring monsters such as Frankenstein, Quasimodo, and Dracula, Dr. Jekyll and Mr. Hyde, and the Phantom of the Opera.

Each decade has it's the best horror movie. Horror movies became very popular with the public over the years. In the 1930s, Tod Browning's Dracula became popular, and more versions of Frankenstein were produced. The Old Dark House, The Invisible Man, and The Mummy were also some popular horror films of the '30s. These films featured gothic horror, mad scientists, and incorporating horror into real- life scenes.

In the 1940s, the horror movie genre progressed and become increasingly popular. Some notable horror films from the decade are The Body Snatcher, Cat People, and I Walked with a Zombie. During the 1950s, with the popularity of horror movies still on the rise, technology was also advancing, and the horror films started shifting from Gothic horror to more contemporary horror. Also, this is when the supernatural started to become a regular part of horror films. Some popular examples of horror films of the '50s are Godzilla and its sequels, The Thing from another World, and Shrinking Man.

The best horror movies has greatly changed the film making industry as well as the culture. People find horror films to be thrilling and exciting. They want to feel that rush of adrenaline they get when they watch a horror film. As a result of this, people are more aware of violence, evil, and the supernatural. Some argue that watching violent films makes a person more inclined to violence. Also people have more interest in and experiment with evil forces and the supernatural.

The best horror movies have been around for so long, there are obviously going to be a lot of them out there! If you want to see a few horror movies, but don't know which ones are the best, the following list of horror films should be on your must- see list: Alien, Psycho, The Texas Chainsaw Massacre, The Shining, and The Exorcist.

After 11a.m. about every two hours a new movie will start on channel 98.

This is how the schedule works:

- | | |
|----------|---------------------------|
| 7-11 | Youth programs and movies |
| 11- Noon | Comedy movies |
| 1-3 | Romance movies |
| 3-5 | Film Noir movies |
| 5-6 | Community Programing |
| 7-9 | Crime movies |
| 9-10 | Mystery movies |

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

My Picks of the Week	
Monday	Last Time I Saw Paris
Tuesday	The Son of Monte Cristo
Wednesday	The Red House
Thursday	Americans, they all are great you choose
Friday	Cause for Alarm
Saturday	War of the Wildcats
Sunday	Girl of my Dreams

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.

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U.S. Ranger Tex is inviting all you young cowboys and cowgirls to watch Western Saturdays every Saturday on Channel 98

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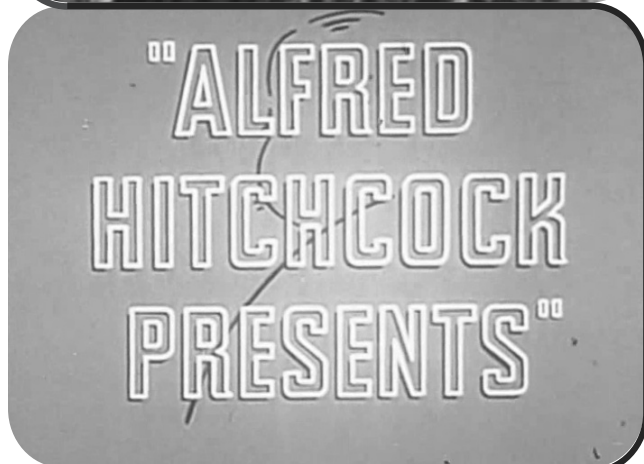
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WHAT'S ON 98

December 2 – December 8

As we are approaching the holiday season Sierra Madre TV is happy to reveal this years Sierra Madre Rose Float. Remember to stop by the Rose Float Barn from now until December 30 to volunteer your time or make that holiday donation to our world-famous Rose Float Association. For more information on how to volunteer or make a donation visit <http://www.smrosefloat.org>.

We have created a Christmas Music Video page for the holidays. There are several hours of holiday cheer at sierramadretv.com.

The Best Romance Movies moves the viewer through a variety of strong emotions seeking the to heighten your emotions to what your are viewing.

The best Romance movies are mainly about passionate, emotional, and affectionate love stories. Often, the romance genre overlaps with the drama genre because of the genre's intense and dramatic search for love, journey of love, etc.

The romance genre, similar to the drama genre, is extremely popular and has several subgenres, such as romantic dramas, chick flicks, romantic comedies, romantic action comedies, and romantic thrillers.

The May Irwin Kiss was the first romance film ever made. It was produced in 1896 by William Heise and was only 47 seconds long! The short, silent film, according to Thomas Edison, was the reenactment of May Irwin and John Rice "getting ready to kiss, beginning to kiss, and kissing and kissing in a way that brings down the house every time!" This film, although short, lacking a plot, and seemingly insignificant, set the stage for hundreds and hundreds of romance films to come.

Over the years, the best romance movies have become very popular with the public. Some of the best romance movies of the 1930s are Selznick International Picture's ever-loved Gone with the Wind, George Cukor's Little Women, and Robert Wiene's German-Hungarian operetta film A Night in Venice.

In the 1940s, the romance genre continued to gain popularity, but the films produced in that decade are less recognized today. However, some of the popular films from the '40s were The Blue Lagoon, Wagon Train, and The Men in Her Life. By the 1950s, films such as Singin' in the Rain, Seven Brides for Seven Brothers, Some Like it Hot, and South Pacific hit the big screens and will not soon be forgotten.

The best romance movies greatly affect the culture of films and people. Romance films was one of the first film genres and set the stage for other genres to emerge. The best romance movies, especially the ones of recent decades, have changed the way the general public views romance and love.

This is because the romance movies of late contain unrealistic plots and characters. People feel that their lives and love lives should be like that of these romance film characters, despite the fact that these characters are fictional and the romances that they have are also fictional, greatly exaggerated, and unrealistic.

If you want to watch to some good, classic best romance movies, but don't know where to start, here is a list of must-see romance films from free movie websites: Titanic, Safe Haven, Fifty Shades of Grey, Crazy Stupid Love, and The Notebook, and Dear John.

After 11a.m. about every two hours a new movie will start on channel 98.

This is how the schedule works:

7-11	Youth programs and movies
11- Noon	Comedy movies
1-3	Romance movies
3-5	Film Noir movies
5-6	Community Programing
7-9	Crime movies
9-10	Mystery movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

My Picks of the Week

Monday	My Man Godfrey
Tuesday	Mr. Motos Last Warning
Wednesday	The Man on the Eiffel Tower
Thursday	Sherlock Holmes & the Secret Weapon
Friday	Whistle Stop
Saturday	Eternally Yours
Sunday	The Fabulous Dorseys

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.

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U.S. Ranger Tex is inviting all you young cowboys and cowgirls to watch Western Saturdays every Saturday on Channel 98

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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-231432
The following person(s) is (are) doing business as: SUPPORTIVE CARE CONSULTANTS; WELLPORTECARE MEDICAL GROUP, 80 W. SIERRA MADRE BLVD. STE 352, SIERRA MADRE, CA 91024. Full name of registrant(s) is (are) PALLIATIVE CARE CONSULTANTS; A MEDICAL, 80 W. SIERRA MADRE BLVD. #352, SIERRA MADRE, CA 91024. This Business is conducted by: A CORPORATION. Signed: NICHOLAS JAUREGUI. This statement was filed with the County Clerk of Los Angeles County on 11/07/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-227645
The following person(s) is (are) doing business as: TACOS LULU, 11817 LAUREL AVE., WHITTIER, CA 90605. Full name of registrant(s) is (are) JOSE GONZALES, 11817 LAUREL AVE., WHITTIER, CA 90605. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE GONZALES. This statement was filed with the County Clerk of Los Angeles County on 11/04/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-228064
The following person(s) is (are) doing business as: THE EAST COAST CARAVAN, 3351 MARINE AVE. #30, GARDENA, CA 90249. Full name of registrant(s) is (are) EDY LUIS ORTIZ JR., 3351 MARINE AVE. #30, GARDENA, CA 90249. This Business is conducted by: AN INDIVIDUAL. Signed: EDY LUIS ORTIZ JR. This statement was filed with the County Clerk of Los Angeles County on 11/04/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-230649
The following person(s) is (are) doing business as: THE NENE & MOMO SHOW, 1050 E. HARDING ST. #8, LONG BEACH, CA 90805. Full name of registrant(s) is (are) DONNEISHA WILLIAMS, MONA LISHEY, 1050 E. HARDING ST. #8, LONG BEACH, CA 90805. This Business is conducted by: CO-PARTNERS. Signed: DONNEISHA WILLIAMS. This statement was filed with the County Clerk of Los Angeles County on 11/06/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-227879
The following person(s) is (are) doing business as: THEIETTEAM.COM, 1000 S. FREMONT ST. BLDG. A1 UNIT 1122 #85, ALHAMBRA, CA 91803. Full name of registrant(s) is (are) ANTHONY SALCIDO, 1000 S. FREMONT ST. BLDG. A1 STE 1122 #85, ALHAMBRA, CA 91803. This Business is conducted by: AN INDIVIDUAL. Signed: ANTHONY SALCIDO. This statement was filed with the County Clerk of Los Angeles County on 11/04/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-228307
The following person(s) is (are) doing business as: UNITED KINGDOM OF DR. GOD AMERICA UNIVERSES, PH.D. GOD; UNITED KINGDOM OF DR. RATIANA NOOTSUWAN, PH.D. GOD; DR. GOD AMERICA UNIVERSES, PH.D. GOD KING SRISAYAM RAMAYANA KING SOLOMON GOD KINGDOM; DR. GOD AMERICA UNIVERSES, PH.D. SRI ALLAH SUPREME GOD KINGDOM; DR. GOD AMERICA UNIVERSES, PH.D. SRISAYAM RAMAYANA GOD KINGDOM; DR. GOD AMERICA UNIVERSES, PH.D. GOD KING SRISAYAM RAMAYANA GOD KINGDOM; DR. GOD AMERICA UNIVERSES, PH.D. M.D., D.D., GOD KINGDOM; DR. RALPH LEONARD HUTCHINGS, M.D., PH.D., D.D. OPEN HEARTH SURGERY INSTITUTE OF USA; DR. SRIRATANA SRINOOSHSUVANA SRIBRAHMANA SRISHIVABUTRA, PH.D., D.D., M.D., GOD KINGDOM; GOD KING SRISAYAMA RAMAYANA KING SOLOMON GOD KINGDOM; SOLOMON THE PEACE ON EARTH; SRIRATANA SASSADA RAMAYANA PATIMAGARA SRIMERALD BUDDHA TEMPLE GOD KINGDOM; UNITED KINGDOM OF GOD AMERICA UNIVERSES HOLY PLANET

OF EARTH HOLY USA & HOLY UNIVERSES GOD KINGDOM; UNITED KINGDOM OF HINDUISM BUDDHAISM ALLAHISM CHRISTAISM JEWISH IDEALIST GOD OF ISRAEL KING SOLOMON, 604 BEVERLY DR., BEVERLY HILLS, CA 90210. Full name of registrant(s) is (are) DR. GOD AMERICA UNIVERSES, PH.D., 604 BEVERLY DR., BEVERLY HILLS, CA 90210. This Business is conducted by: AN INDIVIDUAL. Signed: DR. GOD AMERICA UNIVERSES PH.D. This statement was filed with the County Clerk of Los Angeles County on 11/04/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-230715
The following person(s) is (are) doing business as: VILLA LUNA MOTEL, 10250 ATLANTIC AVE., SOUTH GATE, CA 90280. Full name of registrant(s) is (are) HSUEH JUNG FU, 10280 ATLANTIC AVE., SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: HSUEH JUNG FU. This statement was filed with the County Clerk of Los Angeles County on 11/07/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-231277
The following person(s) is (are) doing business as: WARDROBEHARDER.COM, 160 S. VIRGIL AVE. #348, L.A., CA 90004. Full name of registrant(s) is (are) RACHEL BECK, ELIZABETH WATSON, 160 S. VIRGIL AVE. #348, L.A., CA 90004. This Business is conducted by: CO-PARTNERS. Signed: ELIZABETH WATSON. This statement was filed with the County Clerk of Los Angeles County on 11/07/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-229102
The following person(s) is (are) doing business as: WINDING ROAD PROPERTY MANAGEMENT; WINDING ROAD MOBILE NOTARY, 3500 LINDEN AVE. STE 203, LONG BEACH, CA 90807. Full name of registrant(s) is (are) DEBORAH HILL, 3500 LINDEN AVE. STE 203, LONG BEACH, CA 90807. This Business is conducted by: AN INDIVIDUAL. Signed: DEBORAH HILL. This

statement was filed with the County Clerk of Los Angeles County on 11/05/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2013-230562
The following person(s) is (are) doing business as: XOCHIMILCAS TACOS, 11125 S. FIRST AVE., WHITTIER, CA 90603. Full name of registrant(s) is (are) MARIA ALEJANDRA GOMEZ, JOSE LUIS GOMEZ, 11125 S. FIRST AVE., WHITTIER, CA 90603. This Business is conducted by: A MARRIED COUPLE. Signed: JOSE LUIS GOMEZ. This statement was filed with the County Clerk of Los Angeles County on 11/06/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News
Dates Pub: November 09, 16, 23, 30, 2013

FILE NO. 2013-229708
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) LAM IVAN, LUU JESSICA, has/ have abandoned the use of the fictitious business name: CITY LAW SERVICES, 8653 GARVEY AVE. #201, ROSEMEAD, CA 91770. The fictitious business name referred to above was filed on 03/13/2009, in the county of Los Angeles. The original file number of 201329707. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 11/05/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: LUU JESSICA/GEN PARTNER.
Publish: Mountain Views News
Dates Pub: November 09, 16, 23, 30, 2013

FILE NO. 2013-230581
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JOSEPH A. PERAZA, has/ have abandoned the use of the fictitious business name: DJRC, 8100 HOWE ST. #C, PARAMOUNT, CA 90723. The fictitious business name referred to above was filed on 04/05/2013, in the county of Los Angeles. The original file number of 20130694117. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 11/06/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JOSEPH A. PERAZA.
Publish: Mountain Views News
Dates Pub: November 09, 16, 23, 30, 2013

NOTICE OF PETITION TO ADMINISTER ESTATE OF: RICHARD S. WELSH AKA RICHARD STEPHEN WELSH CASE NO. BP146656

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of RICHARD S. WELSH AKA RICHARD STEPHEN WELSH.

A PETITION FOR PROBATE has been filed by SUSAN K. WELSH in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that SUSAN K. WELSH be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 12/10/13 at 8:30AM in Dept. 29 located at 111 N. HILL ST., LOS ANGELES, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner

MICHAEL SCHWARTZ
SCHWARTZ & SCHWARTZ
5023 PARKWAY CALABASAS
CALABASAS CA 91302

11/16, 11/23, 11/30/13
CNS-2555480#

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: HISTORIC CULTURAL LANDMARK DESIGNATION
Applicant: Brian and Delna Abernathy
Project Location: 390 Olive Tree Lane, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider a request to designate the Blumer Farm House, located at 390 Olive Tree Lane, as a Historic Cultural Landmark. Pursuant to Sierra Madre Municipal Code Section 17.82.050, a property may be designated a historic landmark if it meets prescribed historic or architectural criteria.

DATE AND TIME OF HEARING

City of Sierra Madre
Planning Commission meeting
Thursday, December 19, 2013
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The request for designation qualifies for a Categorical Exemption, pursuant to Sections 15301 and 15331 of the California Environmental Quality Act (CEQA) as it involves no expansion of an existing structure and pertains to preservation of a historic resource.

APPEAL: The decision of the Planning Commission is subject to a 10-business-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.



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(Hint: There are 2 parts to this picture. Find '1★' to start the first puzzle...then follow the numbers. Next, find 'A★' to start the second puzzle...then follow the alphabet.)

Read the clues to fill in the crossword: and your

The Art of 'Gifting'

1. yarn, I can make a doll or mittens or a _____

2. evergreen branches, I can make a _____ to hang or a table centerpiece

3. balloons, newspaper, and paste, I can make a bright _____ for a party

4. loom and loops, I can make a _____ or a set of placemats

5. playdough or clay, I can make small ceramic animals or a _____

6. camera and a computer, I can make a _____ of family pets

7. photos, paper and glue, I can make a _____ to keep track of memories

8. dye and rubber bands, I can make a colorful _____ to wear

9. popsicle sticks and glue, I can make a _____ to hold knick-knacks

10. paper, glue and glitter, I can make a _____ to mail

11. wood, nails, hammer and paint, I can make a _____

12. beads and string, I can make a _____ or a necklace

Happy Thanksgiving

T is for the trust the pilgrims had so many years ago
H is for the harvest the settlers learnt to grow
A is for America, the land in which we live
N is for nature and beauty which she gives
K is for kindness, gentle words, thoughtful deeds
S is for smiles, the sunshine everyone needs
G is for gratitude... our blessings big and small
I is for ideas, letting wisdom grow tall
V is for voices, singing, laughing, always caring
I is for Indians, who taught them about sharing
N is for neighbors, across the street, over the sea
G is for giving of myself to make a better me
 by Judith A. Lindberg

Wishing you a happy and blessed Thanksgiving!

From our family Luther, Georgina and Lidia Tsinoglou



Tsinoglou Luther & Georgina

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206 S. Greenwood, Pasadena
\$693,000
The Quintessential Craftsman

Stunning Curb appeal, makes you want to knock on the door and see what's inside. Designed for Functionality and Flexibility there is no wasted space in this updated American Classic Home. Walk to Caltech or the Rose Parade. The signature inviting front porch welcomes you and provides an immediate sense of being home. The stone pillars, partially paneled front door, Classic Craftsman windows, stone detail on the chimney, the living room box beamed ceiling and original hard wood floors, provide understated yet expected quality design elements to this 1908 home. The original fireplace is the central point of the formal living and dining room.

Offers easy everyday living. An updated kitchen with granite countertops, Craftsman inspired wood cabinetry, manufactured hardwood flooring and an adjacent charming breakfast nook that extends the kitchen, opens to the laundry area and to the step down family room. Pella sliding doors open to the patio and large back yard with fruit trees, vegetable garden, expansive lawn, children's play area and newer spa. The level landscaped back yard is perfect for year round entertaining and playdates. The home features a master suite with a large walk in closet and an updated bath. Second bedroom with an adjacent renovated full bath

1282 sq ft house (per assessor) 8064 sq ft lot(per assessor) 2 Bedrooms 2 Baths Built 1908
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