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Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, DECEMBER 7, 2013

VOLUME 7 NO. 49

FINAL WATER & SEWER RATES COMMUNITY MEETING

On Thursday, December 12, 2013 at 6:30pm the City will host the final water & sewer rates community meeting. This meeting will provide a brief summary of the first four meetings, an overview of the rates the City Council initiated under the Proposition 218 Notification and Protest Ballot process, and an explanation on how the 218 process works. Please contact City Hall at 626.355.7135 for further information

PROP 218 INFORMATION AND PROTEST BALLOT MAILED

Residents of Sierra Madre should soon expect a large envelope with the words “Protest Ballot Enclosed” in the mail within the next few days, according to information on the City’s Facebook page.

The envelope will contain information on the proposed water rate increase, instructions on how to fill out the ballot if you do not agree with the proposed rate hike and the ballot itself.

If you agree or accept the rate increase, there is nothing else for you to do.

If you wish to protest the rate increase, follow the instructions for filling out the ballot and mail it back in the self addressed stamped envelope that was included in the packet. Protest ballots must be turned in by January 28, 2014.

For more information call 626-355-7135.

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DECEMBER 7 SATURDAY 12-5PM

SIERRA MADRE Art Walk 2013

Purchase Original Artwork, Ceramics, Handmade Items, Photography, Jewelry, Sculptures, and much more
Meet Local Artists, Enjoy Live Music, & Eat at Sierra Madre’s Favorite Restaurants

Participating Local Businesses Featuring Art & Artists

AKA Photographix Gallery 39 Bean Town Creative Arts Group The Center for Wellbeing Sierra Fitness The Shabby Dog Bila Ruiz’s Shoe Repair Ixora Floral Studio Creative Framing The Village of Eastwide Bella’s Nest Savor the Flavor	Leonora Moss Renaissance Fine Art Classes Sierra Madre Independent Florida Service John Wallis and Associates Sierra Juice Company Woodhill Designs Yellow Bus Gift Shop The Sierra Madre Playhouse Podley Properties The Four Seasons Tea Room Footchillies Arnold’s Hardware Lunch Salon	Capelli Court Tallanko Design Group Monica Campbell Bookkeeping Law Offices of Marc. G. Garlett Lori Koop Equipping Entrepreneurs Prudential California Realty Rodney B. Spares Engineering Julia Rocks Colbert Studios Yvonne Fata Skin Care Casa Del Rey Lucky Baldwin’s Wistaria Pepper Tree Grill
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For Maps & Featured Artists Visit SierraMadreArtWalk.com

A special thank you goes out to the following:
Carol Canterbury/Prudential California Realty
Sierra Madre Chamber of Commerce

Put together by the
Sierra Madre Art Walk Committee

8 INDICTED IN HOME BURGLARY RING

Eight defendants who allegedly operated a residential burglary ring that targeted Los Angeles Times subscribers named on stolen “vacation hold” lists pleaded not guilty today to more than three dozen charges contained in a Grand Jury indictment, the District Attorney’s Office announced.

Prosecutors said the eight stole an estimated \$1 million in dozens of residential burglaries in both Los Angeles and San Bernardino counties.

The 39-count indictment unsealed today by Judge Charlaime Olmedo names Randal Joseph Whitmore (dob 3-19-69), Duane Vantuinen (dob 10-26-61), Joshua Ray Box (dob 11-17-69), Lorraine Marlene Vasquez (dob 11-20-72), Cory Mulligan (dob 8-22-91), Brian Thomas Duran (dob 5-12-71), Margaret Mary Susan High (dob 3-7-84) and Edwin Lynn Valentine (dob 8-13-60). The eight are charged with multiple counts each of first degree residential burglary, receiving stolen property and conspiracy.

Deputy District Attorney Mark Inaba with the Organized Crime Division said an extensive investigation led by the Los Angeles Sheriff’s Department included joint investigations by Glendora, Monrovia, Burbank and Arcadia police departments and the San Bernardino Sheriff’s Department. The investigation was launched following a June 24, 2012, traffic stop involving Whitmore. Police allegedly discovered stolen property in the car along with an L.A. Times “vacation hold” lists that contained the names and addresses of subscribers and the dates that they were scheduled to be out of town.

All eight return to court on Dec. 10 in Los Angeles Superior Court, Pomona Branch, Department P for pretrial. All are being held on more than \$1.6 million bail each. If convicted as charged, each faces at least 20 years in state prison.

Los Angeles County District Attorney’s Office Press Release

JOIN THE VILLAGE CHURCH FOR A COMMUNITY POTLUCK BEFORE THE CANDLELIGHT WALK

Planning to participate in Sierra Madre’s traditional Candlelight Walk on December 22? Walk up the hill a little early (5:30), stop at the Church of the Ascension, and share in food and fellowship at the Village Church’s Community Potluck Dinner (bring enough of your favorite salad, main dish, or dessert to serve 8). Filled with food and community spirit, you’ll be ready to join the singing and celebrating as we share in the Candlelight Celebration at 7:00 pm. Community Potluck starts at 5:30 pm in the newly renovated Hawk’s Hall all are welcome.

Church of the Ascension is located at the corner of Baldwin and Laurel. For more information about the potluck, call the parish office at 626-355-1133 or visit: www.ascension-sierramadre.com.

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THE PRESENT THAT MAY NEVER BE GIVEN

Sierra Madre Senior Community Commission’s Attempt To Improve Conditions at Memorial Park and The Hart Park House Delayed Again

By Susan Henderson

At the November 26th City Council meeting, the SM Senior Community Commission once again ran into questionable opposition to their attempt to give \$60,000 of funds they have earned over the years to the city for the improvement of the restroom situation in Memorial Park and the storage problem in the Hart Park House.

The Senior Services Commission (SCC) recognized several years ago that the renovation of the Hart Park House had failed to address the issue of storage. As a result, tables, chairs, podiums, etc., are stored by leaning them against the walls or stacking them in one of the two rooms available for senior activities. In the agenda report, staff provided a picture of the items as they are currently stacked and not only do they take up valuable recreation space, they are a potential hazard. In the illustration shown, a large, round table is leaning against the wall with nothing to anchor it. Because the redesign of the center included plans to expand public rentals, there are more chairs and tables than in the previous configurations of the facility.

In addition, when the decision was made to build the two new restrooms, male and female in the park near the tennis courts in 2012, a decision was made by the council not to renovate the existing restrooms which, according to City Manager Elaine Aguilar, have not had any work done on them since 1992 or ‘93”. The state of the restrooms being discussed now was part of the discussion to build new ones at that time.

Further, the 2012 Parks and Facilities Master Plan noted that the old restrooms were “often disreputable”, but failed to offer any solutions regarding how to remedy the situation. In fact,

the PFMP doesn’t list the restrooms in the group of first, second or third priorities.

Another reason for including the restroom reconfiguration was to provide a Family Restroom, clearly visible to parents in the park and accessible to families with a need for changing tables, sufficient space to deal with very small children or children of the opposite sex, and persons with special needs.

While that may seem reasonable and generous, it has created a firestorm of controversy. In a 3-1 vote, the council decided to delay action on the matter until February and directed staff to explore other options. They also asked the Senior Commission to take a ‘survey’ of users of the park to see if they wanted a family restroom in place of the existing Male and Female restrooms that currently exist. (Councilmembers John Capoccia, John Harabedian and Josh Moran voted to postpone the decision; Mayor Nancy Walsh voted against postponing it and Councilman Chris Koerber was absent). This action infuriated members of the SCC as they had worked on this project for more than a year and could see no real reason to further delay it. The cost estimates and design were created by professionals and had been thoroughly researched.

Opposition From The Community Services Commission

Because the proposed renovations were to be in the park, the plan went to the Community Services Commission for approval. It was denied twice. In a letter sent to the council and read aloud at (continued on page 19) the



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Ptly Cldy	Hi 50s	Lows 30s
Tues:	Sunny	Hi 60s	Lows 40s
Wed:	Sunny	Hi 60s	Lows 40s
Thur:	Sunny	Hi 60s	Lows 40s
Fri:	Sunny	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, December 10, 2013
6:30 pm

CALENDAR

- *Senior Community Commission 1st Thursday 3:00
- *Planning Commission 1st and 3rd Thursday 7:00
- *Community Services Commission 3rd Monday 6:30
- *Tree Advisory Commission 3rd Wednesday 7:00
- *Library Trustees 4th Wednesday 7:00
- * = Meetings are held in City Council Chambers

Enrich your life with music!
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THE SIERRA MADRE KIWANIS CLUB

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MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

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Rotary of Sierra Madre

Join us for Breakfast on Tuesdays mornings at 7 to hear some or all of our wonderful speakers listed below. Please be a guest to the Hart Park House, 222 W. Sierra Madre Bl. Sierra Madre, CA 91024.

- Nov 26th - Tony and Jim LeVeque craft talks
- Dec 3rd - Meet at Alverno HS, 200 N Michillinda Ave, Sierra Madre, CA
Author & Sierra Madre Resident, Jonathan Hennessy presents
"The Gettysburg Address-A graphic Adaption"
- Dec 10th - Donna Sutcliff, Bob Young and the Sierra Madre Princesses
- Dec 17th - Alverno Choir will be perform. Speaker to follow. TBA
- Dec 24th - Dark
- Dec 31st - Dark

For more info please call Peggy 626-355-7635 or email
Peggybeau@gmail.com



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SATURDAY, NOVEMBER 30
1-8 pm
KERSTING COURT
SIERRA MADRE**

VILLAGE VINE THIS WEEK

MONDAY - 10 - 11 am Barry, Rich & Lisa Show
Trivia and Humor at it's finest. Just try to keep up with their wit!
JOIN THE FUN!!!

Village Intersections with Gene Goss is back on the air! This week Gene's guest is Sierra Madre Police Chief Larry Giannone. Join Gene and the Chief as they discuss public safety in Sierra Madre. See our Calendar for airing times or listen to the podcast at our Village Intersections page.

THURSDAYS -
Noon
Catherine Adde's

OUR TRAVEL
AFFAIR

NEW: TINA TIME
WITH COUSIN
MATTHEW

SATURDAY
MORNINGS

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ONE NIGHT ONLY! "THE
CHRISTMAS CAROL MURDER
MYSTERY" AT SIERRA MADRE
PLAYHOUSE ON
DECEMBER 22

For those of you who enjoy "A Christmas Carol", you can enjoy the Sierra Madre Playhouse's mainstage production of the traditional tale of Scrooge and Tiny Tim. But here's a twist on the Christmas Carol you're familiar with. You still get the story you love, slightly condensed, except by the end of Act 1 a murder has happened. Jacob Marley becomes the detective, thanks to night school, and the characters you love, Bob and Ethel Cratchit, Fred and Elizabeth, Belle and of course, Tiny Tim, are all suspects. Oh, did we say there are your usual Ghosts and even a surprise ending? Enjoy one of your favorite Christmas stories with this interactive Murder Mystery worked into a joyous holiday tale.

This Dickens of a murder mystery is directed by Ken Salzman and presented by Sanzman Productions Renaissance Murder Mystery Players and Sierra Madre Playhouse.

"The Christmas Carol Murder Mystery." At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre. Sunday, December 22, 2013 at 7:00 p.m. Admission: \$20. Reservations: (626) 355-4318. Online ticketing: www.sierramadre-playhouse.org

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DECEMBER 6 - 9, 2013

9 a.m. - 2 p.m.

(SUNDAY 12pm - 4pm)

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626 355-7739

All Proceeds benefit local Charities

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SIERRA MADRE

Sierra Madre

Arcadio

Pasadena

Altadena

Monrovia



WE NEED YOUR HELP!

It is that time of year - the Sierra Madre Rose Float Association (SMRFA) needs your help! Have you always wanted to help create a Rose Float? Have you helped in the past and look forward to coming again? Come get involved in the wonderful community event of creating our Sierra Madre Rose Parade float.

Get involved right now! SMRFA needs construction and decoration crew members now and

ongoing until the float is finished. Presently we are working on Saturdays and Sundays. Bring your skills and we'll teach you new ones!

Ready to plan for the week between Christmas and New Years? SMRFA needs lots of volunteers and needs you to get involved! New this year you can schedule your shifts online!

After Thanksgiving, visit the SMRFA website www.smrosefloat.org to sign up and plan that wonderful week between Christmas and New Years. Shifts run December 26-December 31 between 9am - 10pm (and sometimes go even later), so there should be something for everyone. Have family in from out of town? Sign them up, too!

SMRFA is also looking for people to help with a number of things that don't include flowers or seeds! Volunteers are needed to help with food for volunteers (grilling burgers at lunch, serving and clean-up for lunch and dinner), help with the sales booth selling t-shirts, pins and postcards to community supporters, picking up supplies, cleaning up after the float moves out on the 31st, float-sitting overnight on January 2nd when the float comes home to Kersting Court and selling excess flowers on January 3rd. It takes a village to produce a beautiful Rose Parade float which is why the City of Sierra Madre has been so successful for so many years.

If those volunteer opportunities are not enough, SMRFA is also looking for donations of some key supplies including working blenders and non-steam irons, which help us prepare the floral materials. Or do you have an RV that could sleep 6 on New Year's Eve? The SMRFA float crew needs a place to sleep while parked on the parade route and would be grateful for a one-night loan.

If you can help with any of these items or if you have further questions, please contact Bonnie, the SMRFA Volunteer Coordinator, at volunteers@smrosefloat.org or leave a message at the float barn (626-355-7005) and include your name, phone number and how you would like to get involved.

THE COMMUNITY CHORUS OF REDLANDS RETURNS

The Community Chorus of Redlands returns to Sierra Madre for a wonderful holiday gift of "A Concert of Anthems, Readings, and Carols of the Season." Be prepared for a moving and unique presentation.

The event is on Saturday, December 21 at 8 pm at St. Rita Catholic Church, 318 N. Baldwin (corner of Grandview), Sierra Madre. Parking lot behind the church; enter from E. Grandview.

Dr. Jeffrey Rickard, Professor Emeritus of Sacred Music, directs a 70-voice choral ensemble with orchestral accompaniment. The festive evening features a wide variety of music. Also on hand is a special appearance by Ensemble XXI, a Redlands Camerata of over twenty voices.

This is the fifth visit to St. Rita by this very gifted and special group. Dr. Rickard originally asked St. Rita to host this event because of the widely acclaimed acoustics of the church building. He is a native of Sierra Madre and thus presents this very special gift to his former hometown.

This event has previously been held on a Sunday afternoon. We hope the Saturday evening time will allow more people to attend and enjoy this wonderful gift and prelude to Christmas. Free will offering. For further information, please call St. Rita Parish Office, 626/355-1292.



WALKING SIERRA MADRE.....THE SOCIAL SIDE

By Deanne Davis

This week we found ourselves admiring the festive garland and red bows on the lamp posts, the outstanding Christmas display in Kersting Court, the Christmas goodies in everyone's store windows and then slowing to a complete halt in front of the chain link fence surrounding the giant flat place next to Arnold's Hardware which will soon be the Kensington Assisted Living Facility.

Whenever we find ourselves looking at giant earthmoving equipment, we seem to turn back into little kids who get a new Tonka bulldozer for Christmas and can't wait to get outside to play with it. Our son, John, was particularly fond of his Tonka trucks and earthmovers and dug many fine holes down in our lower yard with them. Standing there, hanging on the fence, looking at that perfectly even lot, we were struck with a huge wave of nostalgia about what was there when we moved to Sierra Madre in 1967, newlyweds with no money, lots of hope for the future, three children, no furniture, and a downstairs apartment at the corner of Highland and Mountain Trail.

I don't know if this is true for you, but with three kids from four to twelve, we needed to go to the doctor a lot. Somebody was always running a fever, bleeding profusely, or throwing up fourteen times in an hour. Luckily, the Sierra Madre Medical Center & Hospital was right down there next to Arnold's Hardware and Peggy, the receptionist, could get you in to see someone the same day you called. Many of you will think this is a fantasy but it was really true! Drs. Davis, Johnson, and White were great GP's and knew our children, and us, by name and chronic ailment. You'll never believe this, but office visits were \$9.00.

I remember vividly the day our son, the Tonka Truck guy, fell off the roof of our blockhouse, a small concrete block building where we stored firewood, and came quietly in the back door saying, "Mom? Uh....." I knew there was a problem. His Dad, the long-suffering and patient John, Sr., and I leapt to our feet, grabbed the kid and the car keys and headed down Baldwin to the Medical Center. Dr. Johnson was still there, and, even though it was after five, he pulled on his gloves and said, "Here, just hold his hair back so I can stitch this up." I held the hair, Dr. Johnson started to sew, and my husband turned a lovely shade of light green and said, "I think I'll wait outside!"



Dr. Pickren, the surgeon there at the hospital, took out my appendix, and rode his horse in the Sierra Madre July 4th Parade for years and years, wearing a very stylish, but extremely hot blanket poncho. Dr. Johnson and his son drove mini electric cars in the parade and we could never figure out where they put their legs! Those things were tiny!

Well, enough nostalgia. It's beginning to look a lot like Christmas! Got your lights up yet??

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Christmas Trees
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My favorite, favorite time of year,
Think mistletoe and holly,
Children's faces, jolly.
Carols on the radio,
Happy smiles each place you go,
Presents piled beneath the tree,
Some for you, some for me!"

("Think Joy!" From "Star of Wonder –
A Christmas Musical"
Book & Lyrics by Deanne Davis,
Music by David Wheatley)

SIERRA MADRE CHRISTMAS TREES HAS A NEW HOME

Well, at least for this year. Our town's favorite (and only) Christmas Tree lot has been moved to a temporary location for Christmas 2013.

Due to the construction of The Kensington Skilled Nursing facility on Sierra Madre Blvd., there was a mutual concern by both the owners of the Christmas Tree lot and developers of The Kensington that the construction activity might inconvenience Christmas Tree shoppers. So, the lot has been temporarily moved to 89 E. Montecito for your convenience.

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FIREFIGHTER'S BALL

**PLEASE JOIN US AT A FUNDRAISER TO BENEFIT THE
SIERRA MADRE VOLUNTEER FIREFIGHTER'S ASSOCIATION**

SATURDAY
December 14, 2013
St. Rita's Church Hall
corner of
Grandview Ave. & Baldwin Ave.
8:00 p.m. to midnight



The Sierra Madre Fire Department (the only all-volunteer fire department in the county of Los Angeles) has proudly protected the people living and working in Sierra Madre and surrounding cities for more than 85 years.

LIVE MUSIC - DANCING - FULL BAR




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PLEASE BRING A NEW, UN-WRAPPED TOY FOR THE US MARINE CORPS TOYS FOR TOTS DRIVE

***** Thank you for your support! *****

Pasadena

News From Your Community



Altadena

For Your Community

Altadena Deputies Save Man From Suicide



An Altadena man's plan to hang himself from a light pole in Farnsworth Park was thwarted Tuesday after deputies talked him out of it.

Witnesses said that a man, in the late afternoon, was attempting to hang himself in the tennis courts area of the park. Altadena deputies arrived and were directed to a man clinging to the top of 30-40 foot light pole with a rope around his neck.

According to police, the man told deputies he was tired of being in pain and wanted to end his life. It was clear to the deputies that he was determined to take his life as he started to lean away from the pole and tighten the noose on his neck.

Deputies Eric Salvato, Arin Davidian, and Andres Bilbao began to speak to the man and were able to convince him to remove the rope from around his neck. After a prolonged conversation with the man, he eventually climbed down from the light pole. After descending the light pole, he was met by deputies and fire personnel and rendered first aid.

Firefighters transported the man to a local area hospital.

They said it is unknown what prompted the man to want to take his life. The man was later taken to a local hospital for a psychiatric evaluation.

Pet of the Week



Lady is a three-year-old brown and white pit bull. She's very friendly, mellow and easygoing. She loves belly rubs too! She has been out on our Mobile Unit and did well with other people and dogs.

Lady's adoption fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A342575, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



Group Calls for SeaWorld Float Boycott

The animal-rights group, People for the Ethical Treatment of Animals, took to the streets of old Pasadena Wednesday dressed as orcas protesting what they called misrepresentation of whales in the design of SeaWorld's float in this year's Rose Parade.

Activists dressed in whale costumes stood on the corners of Fair Oaks Avenue and De Lacey Avenue along Colorado Boulevard during the noontime lunch hour. They held signs calling for a boycott of SeaWorld and for the Tournament of

Roses to remove the float from the parade.

"Think that the head of the Tournament of Roses parade needs to realize, the support is on our side, on the side of the animals," said PETA spokeswoman Lisa Lange. "A family parade like the Rose Parade is no place for an animal abusing corporation like SeaWorld."

Lange said they plan to protest during the Rose Parade, Jan. 1, as they did this year with the Macy's day Parade in New York City on Thanksgiving.

Although Lange said neither SeaWorld nor Tournament of Roses had responded, SeaWorld officials called PETA an extremist organization and their actions a publicity stunt.

SeaWorld's float depicts the whales freely swimming together in the open ocean something Lange said should be more like a fish bowl surrounded by chains.

Auto Theft Suspect Arrested & Charged

Altadena sheriff's detectives recovered numerous stolen items while serving a search warrant at a location in Sun Valley after investigating several vehicle burglary incidents that occurred in the Altadena area they said Wednesday.

They arrested Raul Penalzoza, during the search, a resident of Sun Valley.

Police said the burglary incidents occurred between Nov. 1 and Nov. 2, after several Altadena residents reported that their vehicles had been broken into where their purses and wallets were stolen.

Penalzoza allegedly used several of the victim's stolen credit cards at locations in Sun Valley. Detectives were able to match surveillance video of the suspect, and trace the fraudulent credit card transactions to a residence in Sun Valley.

Among the stolen items recovered were wallets, purses, credit cards, checks, laptop computers, iPads, iPods, iPhones, and other electronic items. Also at the location was a stolen Dodge Durango, which had been taken last month from a residence in Altadena.

Penalzoza has prior convictions for burglary, receiving stolen property, vehicle theft, and is currently on probation for possession of a controlled substance.

The case was presented to the Los Angeles County District Attorney's Office, Monday, who filed seven felony burglary counts against the suspect. He is being held in lieu of \$185,000 bail.

Antonovich Calls for Report on Welfare Fraud

Supervisor Michael Antonovich directed the Los Angeles County Chief Executive Office and the Department of Public Social Services, Tuesday, to report on strategies being implemented to address ongoing fraudulent and improper use of county social welfare dollars.

The county continues to learn of millions of dollars in public welfare dollars being spent in places outside Los Angeles County -- such as Las Vegas, Hawaii, Puerto Rico and New York City -- on questionable expenses including casinos, clubs and tattoo parlors.

"It is vital that public tax dollars for welfare programs are used for their intended purpose," Antonovich said. The Chief Executive Office and Department of Public Social Services will report back to the Board in 30 days.



Although city officials were not sure why, those that showed up at 6 p.m. Thursday to see the Mayor officially light the Christmas tree in city hall, were surprised to find out that the event happened more than 15 minutes early, missing the festivities.

"I don't know why it happened early," Pasadena Public Information Officer William Boyer said. "But it happened."

Although the tree may have been lit early, Boyer said this year was bigger than ever with more entertainment and festivities.

Boyer said they moved the event out of the rotunda in city hall, opting instead, to hold everything in the street.

"Last year we saw how crowded everyone was so we moved it out here."

New this year was a Santa's village complete with two artificial snow machines and plenty of elves to help out.

Entertainment included performances by Pasadena Idol winner Tori Harvey; the Blair IB Singers from Blair High School; the After School Adventures Program Singers; the Robinson Park Tiny Tot

Singers and the Old Fashion Carolers; the Wilson Middle School Drum Corps; the Pasadena City College Brass Ensemble; Pasadena Christian Church Choir. The emcee for the evening was Stephen Steward.

Pasadena Fire also collected new, unwrapped toys to donate for needy children as part of the annual "Spark of Love" Toy Drive sponsored by the fire department with the local ABC television station.



Mayor Bill Bogaard

Police Initiate 'See Something Say Something' Campaign

The Pasadena Police Department and Pasadena community are working together to enhanced safety measures in preparation for the upcoming 2014 Rose Parade, and the Rose Bowl and BCS Championship Games. Police employees and trained police volunteers are going door-to-door to businesses on Colorado Boulevard educating residents and visitors on the role they play in community safety. This proactive approach is an extension of the nationwide campaign to raise public awareness of indicators of terrorism and crime prevention through the early reporting of suspicious activity, known as "See Something, Say Something".

The Pasadena Police Department is improving the City's preparedness to a critical event through a two prong approach, 1) Intelligence gathering from the people

who live, visit and work in Pasadena, and 2) Information sharing through enrollment in "nixe", a trusted, nationwide alert system managed by police and fire departments. Individuals are being asked to register, free of cost, to receive real-time public safety messages by text messages, e-mail or the web. It only takes a few minutes and enrollees choose the jurisdictions and message types they want to receive (community, advisory or alert). People who reside outside the city but plan to visit for New Year's events are also encouraged to enroll. Sign up at "nixe.com".

The Tournament of Roses is also taking an active role in the "See Something, Say Something" campaign and they are spreading the message through parade and game literature. Also, look for the Police Department's 2014 Parade Watch decal.

Anniversary of U.N. Human Rights Declaration

The public is invited to join Pasadena Mayor Bill Bogaard and the Pasadena/Foothills Chapter of the United Nations Association (UNA) Tuesday to celebrate the 65th anniversary of the U.N. Declaration of Human Rights during International Human Rights Day.

The event takes place from 6:30 p.m. to 8:00 p.m. at the Pasadena Central Library, Donald R. Wright Auditorium 285 E. Walnut St. The event is free and open to the public.

Mayor Bogaard will provide the opening remarks, followed by a video featuring several Pasadena residents of diverse backgrounds, each reciting one of the 30 rights in the declaration.

"Pasadena's commemoration of the Declaration of Human Rights presents an ideal connection with the United Nations' 2014 theme of family farming," Bogaard said. "As communities around the world grapple with issues of rising food prices and the impact of hunger on quality of life, there

is increased attention on the importance of community gardens. Pasadena is part of that global movement."

Every year, communities throughout the world, including Pasadena, celebrate the anniversary of the Declaration of Human Rights adopted by the U.N. General Assembly on Dec. 10, 1948. In Pasadena, this year's celebration features videos, speakers and special exhibitors, all in keeping with the 2014 U.N. theme "International Year of Family Farming."

Featured Speakers include Marco Barrantes, author of "Feed Your City: Field Guide to Planning for Food Systems" (2004, CED, Berkeley) and Dr. Eric Walsh, Director, Pasadena Public Health Department and the City's Public Health Officer. Refreshments will be provided in part by Muir Ranch, the John Muir High School's urban farm.

Exhibitors will be provided by Muir Ranch, Pasadena Learning Gardens, Pasadena Water and Power, Sustainable Projects and Transition Pasadena.

David Dreier elected to the Caltech Board of Trustees



David Dreier, chairman of the Annenberg-Dreier Commission at Sunnyslands, has been elected to the Board of Trustees of the California Institute of Technology.

Dreier is an entrepreneur, a filmmaker, an advocate for innovative research and STEM (science, technology, engineering, and mathematics) education, and a distinguished fellow of the Brookings Institution, a public-policy think tank.

Special Cops In My Corner Boxing Show The Villa-Parke

The Villa-Parke Boxing Program will host its first "Cops in My Corner" Boxing Show featuring competitors from throughout Southern California from Noon to 6:00 p.m., Saturday, Dec. 14, 2013, at the Villa-Parke Community Center Gymnasium, 363 E. Villa St. The boxing series will feature about 20 Olympic-style amateur bouts with male and female competitors ages 8 and older.

The event is open to the public. A voluntary \$5 donation is requested in lieu of an admission fee. Children under 12 years old may attend for free.

The event highlights the relationship between the Pasadena Police Department, the Police Athletic League (PAL) and the South Pasadena Police Department, and their long-standing support for the Villa-Parke Boxing Program and our community.

Chief Sanchez, an athlete, bicyclist and avid fitness proponent, said the City's boxing program and gymnasium has provided PAL a unique opportunity to enrich the lives of young people at a vulnerable stage in their upbringing.

"PAL gives beginning boxers training classes, which is a fun way for youth to learn the fundamentals of boxing and fitness while being supported by dedicated professionals who emphasize sportsmanship and respect for others. I believe that every kid needs a PAL and a 'Cop in their Corner,'" Pasadena Police Chief Phillip Sanchez said.

Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you.

Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be

Class Offerings 6:00 pm – 8:00 pm Nightly

Producers' Training

Monday, Dec. 9 at 6:00 pm - 8:00 pm

Stage Manager Training

Tuesday, Dec. 10 at 7:00 pm - 9:00 pm

Character Generator Training

Wednesday Dec. 11 at 6:00 pm - 9:00 pm

Video Tape Op. Training

Thursday Dec. 12 at 6:00 pm - 8:00 pm

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“What’s Going On?”

News and Views from Joan Schmidt

DEPUTY MARCH’S MEMORIAL DESTROYED

But He Will Never Be Forgotten

This past Friday morning I went on Facebook and noticed a post that Deputy Dave March’s Memorial had been destroyed early Thursday morning. Apparently a female driver traveling east on Live Oak Avenue fell asleep at the wheel, and her car drifted to the side of the road into Dave’s Memorial, destroying it. (Fortunately, she and her passenger are okay.)

It was extremely upsetting to me and tears came. It doesn’t seem that eleven years have passed since that fateful day. I was in my classroom teaching, but there seemed to be more sirens that usual. We were put on lockdown, so I called Temple Station and learned the awful news. Deputy Dave March, our Area 57 Deputy, was gunned down by coward, Armando Garcia, whom Dave had stopped for a traffic violation. Soon after, Garcia fled to Mexico and it was a terrible situation for Dave’s wife Teri, his parents and his sister Erin. Eventually Garcia was extradited from Mexico, tried, convicted and now is in prison. But that doesn’t bring Dave back.

Dave’s shooting had occurred in the City of Irwindale, just one-half block from our county area. That is why the Irwindale Police, with help from a few local businesses, put up the Memorial. (At Temple Sheriff’s Station, there is another beautiful Memorial to Dave from his fellow workers there.) It’s been eleven years, but no one has forgotten him. After I heard about the Memorial being destroyed I drove to the site. The Memorial is gone, but there is a floral arrangement shaped like a flag, two potted plants, several candles and a rosary.

After Dave died, within two days, the site had rows of flowers, plants and a few posters in between. Arcadia, Monrovia, Azusa and Glendora Police Departments all left poignant messages on poster boards. It was a beautiful tribute. I hope somehow that the Memorial will be able to be restored. A few days after I originally wrote this, Sgt. Burt Brink from the Sheriff’s Department said the monument will be replaced. I also spoke to Sgt. Tom Levesque from Arcadia PD last night at the Arcadia Council Meeting and he said ALL the local agencies would help with funding if necessary. There is a special camaraderie among local law enforcement.



THINKING ABOUT MY PARENTS

By Christopher Nyerger

[Nyerger is the author of many books, including “Self-Sufficient Home,” “Enter the Forest,” and “How to Survive Anywhere.” A listing of his classes and books is available at www.ChristopherNyerger.com, and from the School of Self-reliance, Box 41834, Eagle Rock, CA 90041]

I think about my parents when the year-end holiday season rolls around, often thinking of the life lessons they attempted to impart to me. Yes, at the time, I resisted most of those efforts because, as a typically ignorant, arrogant, know-it-all teen, it was my “duty” to resist those efforts to “control me.” Only decades later did I begin to realize the value of what they wanted me to comprehend.

Of course, my parents had no desire to “control” me; they wanted me to gain the ability to control myself. And controlling myself meant not so much what I should do, but rather what I should not do.

My father would often tell me to always keep my word. “A man is only as good as his word,” he’d tell me, and my brothers and I would scoff at him. Little did we realize at the time how profound of a practical lesson that was.

My mother took great pains to attempt to instill in us that there are consequences to our actions. Nothing really complicated, no Eastern words like “karma.” Just simple. Be home at this time or get the stick!

We learned the value of money and work. Our family was large with a modest income. If I or any of my brothers asked our parents if we could have something, the response was predictable: “Sure, now go out and earn the money so you can buy it.” We learned that this was the natural order of things. So we all learned creative ways to earn money for what we needed or wanted, or we learned to make the things we wanted, or we simply learned that we could do without. Yes, and we learned to fix things that broke rather than immediately throw the item away, as today’s throw-away society encourages us to do.

We were a family of mostly boys – my one sister left home at the earliest age to attend a live-in nursing school. We learned to cook, wash dishes, vacuum, sew, polish our shoes, mow the lawn, paint the rooms, fixed the screens. We were naturally expected to do these things, as

both our parents worked. If we neglected to do a chore, my mother would say, “Do you think I’m your maid?”

It continues to amaze me when I learn about friends whose children not only do no work, but actually refuse to do any housework. One such “child” demands everything of his parents and one parent confided in me that she is afraid of her son. The child – an older teen actually – does no work, uses drugs, and has the audacity to use the “F” word at his parents. Boy, have things changed!

There is absolutely no way I would have ever gotten away with calling either of my parents a name. It would be incomprehensible, because I knew there would be certain punishment and it would never be forgotten.

Once when I stole something from a neighbor, I was marched over to the neighbor to apologize, return the money, and forced to do some tasks for the month. Of course, there was never a second incident of stealing.

My mother’s use of a stick – and other tactics – helped to modify our behavior so that at an early age we no longer even thought about any criminal activities. I was no saint, and am not a saint today. But I realized that – despite tactics that are today frowned upon - my parents’ efforts did eventually have the desired effect. What was that desired effect? The desired effect was that I would not have to suffer all the wasted time and dollars that the criminal life costs, and that I could learn to experience personal fulfillment through self-control.

My mother was also a nurse, so each of us gained a sense of doing what it took to let the body heal itself with certain foods and water and bedrest, and only taking pills and going to the doctor when absolutely necessary.

This is only the tip of the iceberg. Now that both my parents have been gone about 10 years, I find that holidays are not the same without them. And when I recall the practical life’s lessons that they worked frustratingly hard to impart into me, I realized today that my parents are very much still with me.

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IF YOU SEE SOMETHING, SAY SOMETHING!

The City of Duarte and the Los Angeles County Sheriff's Department would like residents to be aware that a burglary occurred in the Chimes or Area 6 of Duarte.

On Friday, November 15, in the 1900 Block of Atlin Street between 8:30 p.m. and 3:30 p.m. while the resident was away, unknown suspect(s) entered the secure home after shattering a window to open a back door. The home was ransacked and numerous electronic devices were stolen, the home did not have an alarm system. There were no witnesses.

If you spotted suspicious persons, vehicles, and/or any unusual activity in the area, or if you have any information that can assist in the investigation of this burglary, please contact Special Assignment Deputy Goodrich at the Duarte Sub Station by calling (626) 357-7938, ext. 320.

The apprehension of those responsible for these crimes is a major priority of the City of Duarte and the Sheriff's Department. Four significant arrests were made, in November, December, February, and most recently late July, all in connection with some of the Duarte burglaries. There are other criminals at work targeting Duarte neighborhoods. A majority of the home burglaries have occurred in the daytime hours when residents were away from home. Law enforcement continues to work to solve these crimes through increased patrol and presence to prevent other burglaries from occurring. A majority of arrests pertaining to burglaries are made with the help of the public. If you see something, Say Something!

DUARTE VOLUNTEERS HONORED FOR SERVICE TO COMMUNITY

The City of Duarte thanked outstanding community volunteers for their service to the community at the Annual Mayor's Prayer Breakfast and Community Recognition Awards, Nov. 27 held at City of Hope Cooper Auditorium. Top row, from left: Doug Edwards, Service to Senior Citizens; Henry Custodia of Delafield Corp., Business Person Service Award; Jerry Delker, Humanitarian Award; Isaiah Mendoza, Youth Award. Bottom row, from left: Judy Blake, Civic Service;



Ashley Starr, Youth Award. The honorees were joined in the photo by Mayor Liz Reilly, and Duarte Chamber of Commerce Chairman, Rona Lunde. Not pictured, Dr. Terry Nichols, Service to Youth. The breakfast was co-sponsored by Burrtec Waste Industries, Duarte IHOP, City of Duarte, Duarte Church and Clergy Association, Duarte Chamber, City of Hope, Duarte Kiwanis Club, and Duarte Woman's Club.

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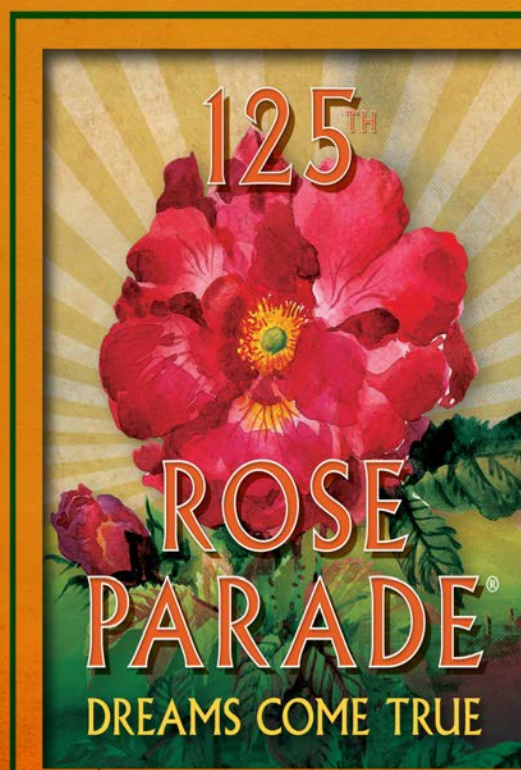
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DADS PLAY FOR BRAGGING RIGHTS IN THE ST. RITA ANNUAL TURKEY BOWL

Sierra Madre, CA – It was a fast-paced, physical Thanksgiving morning at Sierra Madre Elementary as St. Rita dads hit the field to raise money for their school and show off their football prowess! The St. Rita Annual Turkey Bowl is great family fun as crowds come to support the dads divided into Teams White and Dark Meat.

In this 7th annual event, flags were flying as the intrepid dads fought for 2013 bragging rights. While Team Dark Meat put up a valiant struggle, White Meat claimed a narrow victory with a final score of 34-27.

Most notable among the warriors were Gary Bacio's 3 touchdowns, Sean Mispagel's 2 interceptions, Matt Birkett's dive for a first down and Vic Smith's tip catch for a touchdown. The morning was filled with spectacular runs, flag pulling and feats of athletic expertise by everyone that took the field.

Pat McKiernan, gracious organizer of this event, awarded MVP to Dan Bourgault for his White Meat quarterbacking skills and the Most Valiant award to Vic Smith for the several clutch catches for TDs for his Dark Meat compatriots.



CIF TRACK FINALS



It was a day to compete for four local runners at the 2013 CIF State Cross Country Championships in Fresno, CA. In the showcase Division 1 race, the Loyola High School team finished in 5th place out of 23 teams in the state on the 5,000-meter course. (There were 194 runners in this race).

The Loyola varsity team includes Pasadena area resident Robert Brandt (15:29, 11th place), Aaron Zambrano from Sierra Madre (15:51, 33rd place), John McAndrews from San Marino (15:53, 37th place), and Nicolaus Jakowec from Arcadia (16:25, 105th place).

===
RACE RESULTS:

2013 CIF State Cross Country Championships
November 30, 2013 Woodward Park 5K Course, Fresno CA
Division 1 Boys Race 9:40 a.m.
5. 172 Loyola (15:55 1:19:32 0:55)
=====

1	8	Robert Brandt JR SS	15:29
2	25	Aaron Zambrano SR SS	15:51
3	28	John McAndrews SR SS	15:53
4	33	Gabriel Morin SR SS	15:55
5	78	Steven Boyer SR SS	16:24
6	(85)	Nicolaus Jakowec JR SS	16:25
7	(97)	Will Burschinger SR SS	16:34

For full results website: http://rtspt.com/events/cif/xc2013/d1b_res.htm



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180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

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(626) 821-8300 Website: www.ausd.net

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(626) 471-2000 Website: www.monroviashools.net

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1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show

FROZEN



I grew up as a Disney child, raised with the classic musicals like Cinderella, Pocahontas, The Little Mermaid, and the rest of the Princess movies. Recently, after seeing movies like Cars 2 and not hearing anything about Planes (which had been given a sequel), I have felt as if Disney has lost touch with their roots. They have moved away from quality story, characters, and animating and moved towards sequels, franchises, and merchandizing. However, Frozen has given me hope that even Disney can bring the magic back.

In the kingdom of Arendelle, two sisters were separated at a young age. Elsa (Idina Menzel) was raised to be Queen and Anna (Kristen Bell) was never allowed to see her. Anna and Elsa's lives of loneliness end on Coronation Day when Elsa will become ruler. When they open the gates and let people in, they all learn why the mysterious castle of Arendelle had its door closed for so long.

Everything about this movie is perfect. The characters are enjoyable, charming, and funny. The story is new, interesting, and turns the whole idea of Princess movies on its head. And the animation is better than I have seen in a very long time. One of my big problems with old Disney films was their overuse of musical numbers. Frozen cuts back on the singing and makes the few songs that are performed masterpieces. Frozen is definitely the movie to see this holiday season.

HOLIDAY CHEERS! FROM PETER DILLS

thechefknows@yahoo.com

I hope that I get it right more often than not; faithful reader Wendy Anderson from our local area says I got The Royce review right, and here are her comments.

"We had the lobster bisque, tomato salad, New York strip, spinach, potatoes au gratin, grilled artichoke and another kind of potatoes plus the dessert platter - we took more food home than we ate!

Bob and Colleen also had the New York steak, but Vince had the lamb chops - he also had the crab cakes, and Bob also had the Cesar salad. We ate so much and everything was fabulous! And lots of drinks and wine! Oh my!

They also did a fabulous brownie dessert with marshmallows for Bob's birthday! However, we should have also ordered the French fries - going back for that!! Thanks for letting us know it was a good place!"

Wendy Fujihara Anderson

My house is too small for all of you so how about we have a Holiday Party at Vons?! Be sure to mark your calendar for next Friday the 13th @ 4pm. I'll be at Vons, 2355 E. Colorado Blvd. There'll be tastes of Wine and local celebrity Chef Robert Ramirez will be on hand dishing out recipes and food samples. Plus, music by Sierra Madre resident Gary Ybarra, who will be wearing his Santa hat and playing his favorite Christmas tunes. It's all free.

Email me thechefknows@yahoo.com so I can get a head count. I'll be giving away a \$25 gift card to Vons and no purchase required!

Lastly, have you driven by the old Spring Garden Restaurant on Foothill and Sierra Madre, it is almost completely gutted. My friend Bobby from Avanti Café in Pasadena has leased the property and has plans for a swinging Italian Restaurant to be popping up there spring 2014. Good luck my friend!

Listen to Dining w/Dills every Sunday afternoon at 5 PM Talk Radio 790 AM KABC



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IN THE KITCHEN

Our Favorite Recipe of the week

FRESH TOMATO SOUP

INGREDIENTS


- 6 extra large tomatoes, peeled and chopped
- 1 tablespoon of olive oil
- 1 cup of chopped Vidalia, sweet or yellow onion
- 1 stalk of celery, chopped
- 2 cloves of garlic, minced
- 1 tablespoon of tomato paste
- 1 can of Rotel diced tomatoes, drained
- 2 cups of chicken stock
- 2-3 tablespoons of brown sugar
- 2 teaspoons of kosher salt
- 10 turns of the pepper grinder
- 2 tablespoons of butter
- Heavy cream, to garnish
- Shredded cheese, to garnish
- Chopped fresh basil, to garnish

DIRECTIONS

Remove the skins of the tomato and chop, reserving any juices. Heat olive oil in a stock pot and add the onion and celery. Saute until tender, about 5 minutes. Add the garlic and cook another minute. Add the tomato paste; cook and stir 5 minutes. Add the chopped tomatoes with their juices, Rotel, chicken stock, brown sugar, salt and pepper. Bring to a boil, reduce heat, and simmer for at least 30 minutes, or longer. Use an immersion blender, food processor, or blender to puree, if desired. Add butter, stir until incorporated, taste and adjust seasonings as needed. Garnish as desired.


Cream of Tomato Soup Variation: Add in 1/2 cup of heavy cream to soup pot, heat through, garnish and serve.

Grilled Cheese Croutons: For a change, add your grilled cheese sandwich in your soup as croutons. Use a thick sliced bread, at least 1/2 inch thick. Prepare two sandwiches as usual, except use a sandwich press or panini maker to cook and press the sandwiches. Cook until browned, let rest for 5 minutes and cut into 1 inch cubes. Garnish each serving with the cubes.



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Bill Sullivan, center, and his twin sons, in The Bottle Shop's new Tasting Room!

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THE JOY OF YOGA

HOW TO CALM DOWN



Do you have trouble meditating? It can really be a challenge to stop all the chatter in the head and be quiet. Try this simple breath practice first. It is called Bhramari. It is like the sound of the buzzing bee and they say it is good for insomnia (at a low pitch), the thyroid (medium pitch) and sinus infections (med to high pitch). It activates the parasympathetic nervous system and is great for stress. It also helps stop the mental looping that we do. So it's great for people that have trouble meditating. Bhramari helps us turn the senses inward to the inner sounds. This stills, calms, and sensitizes our 3rd eye. Because we are lengthening the exhale, it is great for calming anxiety and alleviating depression.

You can sit in a chair or on the floor on a cushion. Sit up tall with a straight spine. Take a couple relaxing breaths to get in the mood. Then inhale and as you exhale make a soft buzzing sound, like a honey bee.

Try it for several rounds.

You can enhance the effects by using a hand gesture (mudra). Place the thumbs on the cartilage by the ear to close the ears and lightly place the finger tips on the forehead and nose. The pinky fingers just outside the nostrils, the ring fingers on the upper sides of the nose by the eyes, the middle fingers at the inside edges of the brow and the pointer finger on the forehead. Do six rounds and then do six silent rounds. See if you can still hear the buzzing. Now try your meditation and just watch the regular breath in and out.

Have a great stress free holiday season. If you hear someone buzzing – you'll know why.

Namasté, René

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SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 8:00pm every Wednesday. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

Vibrant Living Wellness Center

Heathcare the Way Nature Intended

STAYING FLU PROOF THIS HOLIDAY SEASON

As a naturopath, I am not looking to fight off the flu but to stay immune to it. For the human body to get sick, conditions in it must be just right. I am looking to keep my body strong and healthy this holiday season. Last year's flu season was one of the worst on record. There are things you can do now to help avoid the flu.

I find many of my clients become sick between Thanksgiving to about mid-January, is this you? I think this is because there are a lot of demands on our time and/or social events that we don't want to miss during the holiday season. If we are not careful, our immune system becomes weak. The first thing I would ask is if I am getting enough sleep? After all, that is when our body repairs. A strong healthy body must have proper rest. Next, am I staying properly hydrated? The holiday season means a lot of social gatherings where alcohol may be consumed. We must make sure we are drinking at least 8 ounces of EXTRA water for each alcoholic beverage we consume. Alcohol is very dehydrating.

Most importantly, I am looking to eat well so that I stay immune to the flu. That means eating lots and lots of veggies, especially greens. This time of year kale, yams, carrots, and spinach are particularly important. They are rich in vitamin A, which among other things keeps mucus membranes moist. Moisture keeps our membranes healthy and prevents germs from getting past them. If you use your heat this time of year you might want to consider getting a humidifier. A humidifier will help prevent your mucous membranes from getting dried and cracked. These cracks can provide entry points for invading viruses.

Lastly, I try to avoid eating highly processed foods because they put a toll on your body and can compromise your immune function. Give your body what it needs to stay strong during these weeks of holiday food, drink and stress by eating well, staying hydrated and getting plenty of rest.

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JUST FOR BEST FRIENDS

Happy Tails

by Chris Leclerc



April 26, 1986 is a date in history that holds rather grave memories for those who bore witness to the news cast that aired that day, announcing a tragedy of global significance, the likes of which could not have been anticipated by most average on-lookers, including myself. Like many other tragedies that have hit mainstream headlines throughout the world over the past century, what happened on April 26, 1986 is an historic event that will continue to be memorialized and analyzed for decades to come.

I wish I could say I remember where I was when I heard the news that the Chernobyl Nuclear Power Plant in the Ukraine city of Prypiat had experienced a total melt-down at Block 4, but I can't. I was 23 years old at the time, and rather wrapped up in my own little world. Knowing there was nothing I could do to change what had happened, I suppose I took the path of least resistance and wrote it off as just another over-inflated, exaggerated news flash that I would rather ignore than stress over. Now, looking back with a better understanding of what occurred that fateful day, it breaks my heart to think about what those local people went through, and the affect it will have on all of us, in the long run. Anyone of the age to remember would have to agree that it was, and still is an environmental tragedy of epic proportion.

The radioactive impact of Chernobyl's melt-down is said to have been equal to 400 times that of the 1945 atomic bombing at Hiroshima. More than 400,000 citizens of Prypiat were rendered homeless, and forced out of what they now call the "Exclusion Zone" where radioactive levels still remain exponentially dangerous to this

NATURE'S TENACITY IN THE ABSENCE OF HUMANITY

day. Numerous cancer-associated deaths were attributed to the event over subsequent years, due to radioactivity exposure. After evacuating the 20+ mile span of contaminated land, authorities fenced it off and secured it as un-inhabitable to the human being.

It has been 27 years now, since the Chernobyl disaster, after which the area was declared "off limits" for human habitation. Meanwhile, a growing population of indigenous wild animals have managed to live in the 'zone' with no apparent mutations or health complications. That's right, in spite of the high level of radioactivity proven to prevail there, the animals continue to thrive and survive. Local wildlife in "the zone", particularly wolves, deer and beaver still inhabiting the area have fared very well, and even better than they have in some other indigenous areas throughout the world.

Among the few visitors allowed to venture into the "contaminated, radioactive, abandoned zone", are a handful of scientists sent in on a quest to research the conditions of the area following the nuclear disaster, with a particular focus on animal and plant life activity. The prohibition of human habitation in the 'Chernobyl Zone' has indeed rendered that area a very unique scientific study for how nature may or may not thrive in the absence of human intervention.

Visits are kept short in 'the zone', and radioactive-resistant protective gear, designed to help prevent exposure is strongly enforced. Remarkably, scientists have reported data that indicates that the indigenous animals still dwelling in the 'zone' are proliferating, and living in a healthier manner than they might in other non-chemically-tainted habitats where humans share their space. Why is this? Well, the general consensus is that wild animals are more capable of adapting to environmental changes when left to their own without

human intervention or hindrances.

I like to think of today's "Chernobyl Zone" as a virtual garden of Eden that should remain human-less, mainly because regardless of the level of radioactivity scientists have gauged on their bodies, the wild animals who live there are thriving better than in other areas where they are forced to share their space with human beings. The results of the research studies speak for themselves, and might indicate that nature is trying to tell the human to leave wild animals alone and allow them a little more space.

Another thought is, perhaps nature's tenacious response to this enormous human error is meant to teach us a lesson in humility. We have become so proud of our accomplishments that we sometimes forget to respect the fragile nature of our planet. Maybe if we are willing to view the Chernobyl tragedy as a tough lesson to be learned, we humans will become more cautious in applying our scientific "intelligence" in the future. After all, just because we can, doesn't always mean we should.

Regardless of the explanation for such unexpected 'life-after-death' conditions that have developed in an uninhabitable zone, one would be hard pressed to deny the fact that the human's absence has had a very positive effect on the wildlife's ability to thrive and survive. Take it for face value, and judge for yourself. Either way, you must admit that after 27 years in the wake of such an epic global disaster, it is remarkable that the wild animals residing in the 'zone' have found a way to revive their livelihood without our help.

Such a scientific study should not be taken lightly, and while history cannot be re-constructed, the future lies before us. Let us use the lessons we learn along the way, and proceed in a more gracious manner to allow all of earth's life forms to thrive and survive. I think we humans got lucky in this case (so far), but only time can truly tell. Take only what you need, give back what you can and above all...love and let live!

LOOKING FOR A BEST FRIEND??

Nidia is too!

She is estimated to be between 2 1/2 and 3 years old and weighs 49 pounds. She is a very lovely girl, both in looks and personality. That face says it all!! She recently came to a PetSmart adoption event with us and was very calm and relaxed around the other dogs. She was well mannered and greeted every person she met (both big and small) very politely. Nidia just loves to be petted and cuddled. She is looking for a family to call her own. We hope you'll stop in to meet this sweet, affectionate girl and consider making her part of your family before the holidays.

She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Nidia (aka..... TC11668), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. Her adoption fee is \$120 which includes her spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Nidia.

See our website at www.sgyhumane.org for information and photos of all our available pets.



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NATIONAL CAREGIVER MONTH RECOGNIZES NEARLY HALF OF AMERICANS CARING FOR AGING PARENTS

November's National Family Caregivers Month spotlights and recognizes the family caregivers who sacrifice daily to juggle jobs and family while helping to care for their aging parents.

Adult children worry about Mom or Dad living alone. This is a big added stressor for this “sandwich generation” – those taking care of their parents and children at the same time. The financial reality is that outside senior care is very expensive and most seniors want to continue living in their own home for as long as possible.

Enter SafeinHome® a real time, non-invasive monitoring system which allows family members to check on Mom or Dad anytime via smartphone or tablet. This cost effective solution helps adult children with aging parents living alone get their life back by making it easier to check on a parent from anywhere and maintain peace of mind knowing they are OK.



“Our seniors’ wellness is a critical issue facing most Americans today,” explained Denise Yarmlak, director of marketing for the SafeinHome® company based in Walnut Creek, California. With nearly 40% of adults in our country facing these immediate concerns daily, the prospect of staying in touch with family members through SafeinHome® can be life changing.

SafeinHome® can be used by multiple family members and keep them in the loop with real time alerts for the most common daily routines such as was the door left open? Did mom return home and settle in for the night? Or worse, might she have fallen and need emergency care? SafeinHome® provides information quickly and cost effectively.

Southern Californian Jim LeVeque posed the question, “How many of us worry about the stove being left on, or has mom returned home safe and sound?”

Family members and professional caregivers are capitalizing on this non-invasive technology which can be installed in less than 1 hour and lets them check in on a senior using their smart phone or tablet for \$99 a month which is a much more affordable proposition compared to the financial burden of paid care running in the thousands of dollars per month.

When the SafeinHome® Standard System became available, senior care affiliates and agency owners such as Barбора Soltys’ Comfort Assisting, Inc in the San Francisco Bay Area and Colleen McKernan’s Foothill Home Care in Southern California took notice immediately recognizing the added value these non-invasive real-time monitoring and alert technologies could provide additional peace of mind to family members who wanted to stay connected to their senior every day.

A relieved caregiver calls their family’s SafeinHome® system “life changing and a life saver; a cost-effective alternative that keeps home care costs low. It’s an extra measure of security; a proven technology designed to keep seniors safe and families worry free.”

Another family caregiver shared his experience using the SafeinHome® solution for an aging parent. “If I ever worry about my father not answering the phone, I can just check through SafeinHome® and see where he is! What a relief!” Another satisfied client writes, We can still enjoy our lives and preserve our family nest-egg for years to come.”

“We are rolling out SafeinHome® in Santa Barbara, San Luis Obispo, and Santa Maria, and other parts of California. During the holiday season, adult children often visit their aging parents and recognize the need for more help.

SafeinHome® is an easy and affordable way for adult children with aging parents to know they are OK when they can’t be with them,” explained Denise Yarmlak and since most care givers face daily challenges, SafeinHome® provides that viable solution.

This year’s Presidential Proclamation notes that “Across our country, more than 60 million Americans take up these selfless and unheralded work of delivering care to seniors...we thank these tireless heroes for the long, challenging work they perform behind closed doors and without fanfare every day, and we recommit to ensuring the well-being of their loved ones of the caregivers themselves.”

For more information:

Denise Yarmlak, DYarmlak@SafeinHome.com	925-380-2151
Brittany Lloyd BLloyd@SafeinHome.com	925-380-2157
Chris Bertrand Chris@bertrandonline.com	925-963-3991 www.SafeinHome.com



KATIE Tse.....This and That FROM EGYPT WITH LOVE

My parents and I have an Egyptian missionary friend, (let’s call her Maggie), who immigrated to the U.S.A. in the 1980’s with her two young sons. Maggie came to America expecting the U.S.A. to be the wholesome land of boy scouts, Billy Graham, and “My Three Sons.” Needless to say, it didn’t take long for her to realize our society had become more about druggies, Madonna, and “MTV.”

30-some years later, Maggie’s done very well learning the language and understanding our culture. Mom and I are often embarrassed discussing America’s current state of decline with Maggie. The U.S. may be slightly ahead of Egypt as far as personal freedoms and economic mobility are concerned, but our humanistic, existentialistic views have watered down any moral fiber we might’ve had as a nation.

The other day, Maggie used a story in order to illustrate the personality differences between her younger son (let’s call him Roy) and her older son (we’ll call Steve). According to Maggie, she and Steve are more introverted, while her late husband and Roy are more social. This particular story involved a pizza party at Lake Avenue Church.

The American pastor, who Maggie described as being at least 6’1”, knelt down to Roy’s height and asked him, “So, do you have pizza in Egypt?” Putting myself in Roy’s shoes, I’d probably be tired of adults constantly asking about the customs of my home country; sort of like how kids get tired of the same two questions, “What’s your name?” and “How old are you?”

In response to the pastor, Roy asked him, “Have you ever been to Egypt?” “No,” he replied. Roy smiled, “Then don’t talk!”

Leaving the church, Steve waited until the three of them were outside of earshot before exclaiming, “This impolite son of yours spoke back to the pastor!” Maggie told Steve, “I raised you in the right way. Let Roy be. He may be a good lawyer for us some day.”

Roy isn’t a lawyer, but he’s still an honorable son who continues to bring welcomed levity to everyone he knows. My parents and I are all the richer for knowing Maggie and her family!



SENIOR HAPPENINGS

By Pat Birdsall

FYI: SODIUM AND SALT

Like we don’t have enough to think about in these festive times...Americans Consume Too Much Sodium- screams out at me from the pages of the article I’m reading. Simple facts: If each American cut their salt intake by 1 teaspoon (3g) a day, there would be 120,000 fewer strokes, 99,000 fewer heart attacks and 92,000 fewer deaths in the next year. Nearly everyone benefits from reduced salt consumption...Consider that fact at the various holiday you attend. Bon Appetite! www.cdc.gov/features

HELPFUL HINT: For a totally different effect, tie yarn around a paint roller to create a unique and stunning pattern on whatever surface you’re painting.

FOR YOUR FUNNY BONE - A lady goes to a priest one day and tells him, “Father, I have a problem. I have two female parrots, but they only know how to say one thing.” “What do they say?” the priest inquired. They say, “We are hookers! Do you want to have some fun?” “That’s obscene!” the priest exclaimed, then he thought or a moment. “You know, he said, “I may have a solution to your problem. I have two male talking parrots, which I have taught to pray and read the Bible. Bring your two parrots over to my house and we’ll put them in a cage with Francis and Job. My parrots can teach your parrots to praise and worship, and your parrots will stop saying...that phrase...in no time” “Thank you,” the woman responded, “This may very well be the solution.” The next day, she brought her female parrots to the priest’s house. As he ushered her in, she saw that his two male parrots were inside their cage, holding rosary beads and praying. Impressed, she walked over and placed her parrots in with them. After a few minutes, the female parrots cried out in unison, “Hi, we’re hookers! Do you want to have some fun?” There was stunned silence. Shocked, one male parrot looked over at the other male parrot and exclaimed, “Put the beads away, Frank. Our prayers have been answered!”



HAPPY BIRTHDAY! ... December Birthdays

Pat Karamitros, Joan Hufnagel, Marie Pedersen, Mary Alice Cervera, Carol Horejsi, Shirley Anhalt, Mignon Grijalva, Helen Reese, Levon Yapoujian, Toni Buckner, Bonnie Garner, Lottie Bugl, Pat McGuire, Sheila Wohler, Nan Murphy, Eleanor Hensel, Sylvia Curl, Elizabeth Levie, Gayle Licher and Cindy Barran.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week: Winter is the season in which people try to keep the house as warm as it was in the summer, when they complained about the heat.

~Author Unknown



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited.

Please call 24 hours in advance...626.355.0256

Lunch and Learn with the Mayor

Wednesday, December 18th- 12:00- 1:00 pm Hart Park House Senior Center

Mayor Nancy Walsh will recap notable happenings in Sierra Madre over the past year and share projects and expectations for the upcoming year. Stay informed about the City of Sierra Madre through this information filled presentation. Any questions you have are welcomed. If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626.355.0256 or bring your own.

Free Balance Class: Every 3rd Monday for 11:00 am to 11:45 am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: New Hours: 11:00 to 11:45 Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Lem Makeupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law.

***Appointments are a must!** Please call: 626.355.7394 to make yours* *Conflicting court schedules can occasionally cause cancellations.*

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and “celebration.” (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available. Outside, on the patio, a beautiful, one-of-a-kind chess table is anxious for players.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center. It’s a great way to stay in shape and to socialize with your peers.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.



UPCOMING EXCURSIONS:

Friday, December 13, 2013. “Because it’s Christmas”
Show at Candlelight Pavilion (Claremont, Ca.) \$67.00 (Lunch included)
10:00 am- 4:00 pm

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable “City of Sierra Madre”. Payment must be made at the time of reservation. CALL (626) 355-7394

Los Angeles Times & Printing Plant (Los Angeles, CA.)

Date: Friday, January 10, 2014

Time: 9:00 am to 3:00 pm

Meeting Location: Hart Park House/Senior Center

Cost: \$15.00 (does not include lunch)

With a daily circulation of more than one million readers, the Los Angeles Times is by far the most popular newspaper in the Southland. The publication’s headquarters, built in 1935, is situated on the outskirts of Downtown. The one-hour tour is an educational trip through the entire publication process as well as a history of this storied American newspaper. Following the Headquarters tour, the bus will take a short drive to the printing plant. During this 45-minute tour watch robots assist in the preparation of final copies of the paper for distribution. After the tours lunch will be enjoyed at a downtown restaurant. It is recommended that you bring \$10 to \$15 for lunch. Last day to register is Friday, January 3rd. Level of walking: Moderate

Save the Dates: Thursday, February 27, 2014

Feline Conservation Center (Rosamond, Ca.) Time: 9:00am to 4:00 pm

Cost: \$15.00 (does not include lunch)

Saturday, March 22, 2014

Whale Watching (Long Beach, Ca.) Time: 10:00am to 3:30 pm

Cost: \$31.00 (does not include lunch)

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable “City of Sierra Madre”. Payment must be made at the time of reservation.

Senior Cinema

Wednesday, December 18th at 1:00pm

Join us for a special holiday feature complete with coffee, hot chocolate and holiday treats. This will be the only movie shown in the month of December. It will be held at the Hart Park House/Senior Center to accommodate for the food and beverages. Enjoy the warmth of the Senior Center as the fire flickers while watching the classic “A Christmas Story.” (1983) Ralphie has to convince his parents, teachers and Santa that a Red Ryder B.B. gun really is the perfect gift for the 1940s. Rated PG-Run time 94 minutes. Movie and snack provided by Humana.



We’d like to hear from you!
What’s on YOUR Mind?



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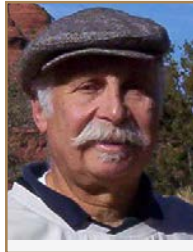
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



STUART Tolchin.....On LIFE HOW DO YOU GET A'S IN RETIREMENT?

Well, today may well be the beginning of a whole new life for me. For the first time in decades there was no place I had to be this morning. I had set aside this time in December to do three trials, one right after the other. Because of my heart problems the Judge hearing the matter suggested that I allow myself to be relieved and another attorney be appointed in my place. An additional factor influencing the Judge is that the City Attorney is already many months pregnant and the Judge was concerned that if I became ill and asked for a delay that delay combined with the prosecutor's pregnancy would cause the cases to be delayed indefinitely. These combined factors were enough to influence the Judge who said immediately after relieving me, "Now, aren't you relieved?"

"No doubt that I am now relieved but I can't say that I am relieved."

I wasn't just trying to be clever. It was difficult for me to accept being relieved. Not only was I losing out on a substantial amount of money but also the whole thing made me too aware of my own mortality. I think I could have done the trials without delay but to tell the truth it is now a week later and truthfully I am relieved to kiss off the whole thing and to be able to focus on something else.

Is this the beginning of retirement? Today is a trial run so to speak; so what will I do? I began the day with the best of intentions and took the time to look at the New York Times on line. I read a few columns in the Opinion section all of which seemed to talk of the dysfunction of government and to predict catastrophes in the near future. "Nothing new there. I chanced upon a series designed to give the reader a new appreciation of drawing. I used to love trying to do line drawings without lifting my pen from the paper. I made a practice of drawing with colored markers on paper towels. When the drawings were completed I spritzed them with water and the colors spread into various rainbow hues. I thumb tacked these pictures (if you call them that) all over the house and everyone who saw them praised them. Actually, that's not quite true. The only living creatures who saw the pictures were my dog and my kids who were still pre-teens. I think they actually liked the idea of me trying to draw and were not very concerned with my results.

I like to think that my attempts had something to do with my daughter's creating mosaics. Some of these mosaics are now up on the walls of my house and I think they're pretty terrific. As to my attempts at decoration, those paper-towel creations were torn down by my new wife soon after she moved in. She's an art major and thought the pictures looked like garbage and she probably was right. By the time she tore the drawings down my kids were out of the house and my dog was too old to complain and even I thought the drawings weren't very "good." Actually she put the drawings into a book and later framed one of the pictures which now hangs on our bedroom wall. What I'm relating to is my feeling that the attempts weren't really very worthy rather than relating to anything she said. I never felt I deserved an A in drawing.

Obviously, at this late age, it's too late for me to begin to learn something new and really get "good" at it. So what's so important about being "good" at it? The important thing is that I enjoy what I'm doing. Right? I enjoy reading and watching sports. Except for the fact that I consider watching sports mainly a waste of time and really how many hours a day can anyone read? I already read more than anyone I know and these days I forget stuff almost as soon as I read it. Besides that I've always viewed my reading as preparation for something; for what I really don't know. Now it's becoming clear to me that whatever it was that I was preparing for is not going to happen.

Maybe I would enjoy being a grandpa but alas I have no grandchildren and my kids don't seem to be cooperating. I tried very hard to be a good son but now both my parents have died and I miss that role of "good son" along with missing them every day.

Okay, I've learned something by writing this article. I'm at another stage of life for which I am completely unprepared. I can share this bit of wisdom with you. Whatever it is that you are doing pretty soon you (and I) won't be able to do it anymore. You're going to have to do something else and you probably won't be able to get an A in the something else. Really a B would be fine; so plan ahead if you can. Good luck.

A MAN SO GREAT - NELSON ROLIHLEHLA MANDELA

"He used his life not for himself, but for the good of his country and the good of the world, and his spirit will live on."
Congresswoman Barbara Lee –(D) Oakland

By Susan Henderson

When Mandela came to the United States in 1990, I was fortunate enough to be in attendance when he stopped in Oakland.. I was a guest of the host committee of Congressman Ron Dellums and it was a day that I will never forget. Mr. Mandela's presence when he arrived at the airport or even in the crowd of tens of thousands of people was absolutely mesmerizing. The expression, "in the presence of greatness" was an understatement. He was such gentle man and yet his very presence meant so much, even before he spoke a word. The man that stood before us, just months after serving 27 years in prison was a deity in many minds. He was the deity of goodness, strength and determination and lacked any remorse or anger. He was truly what one would describe as 'godlike'.

The visit, which was at the end of his eight city fundraising tour in the U.S. for the African National Congress was also, especially in the Bay Area, a big thank you for the areas unwavering support over the years. The cities of Berkeley, Oakland and San Francisco led the way in the anti-apartheid movement, primarily through the leadership of Bay Area Congressman Ron Dellums. Dellums pushed for years and finally prevailed in getting the cities to divest themselves of any business dealings in South Africa which started the ball rolling in delivering an irreparable blow to the apartheid regime. The movement also pushed for the release of Mandela from prison and for the passage of the Anti-Apartheid Act. The Act finally passed the US Congress in 1986 only to be vetoed by President Reagan. However, Congress was able to override that veto with a bi-partisan effort. At the time, it was the only foreign policy override of a President in the 20th century. Four years later, Mandela was released from prison and four years after that elected as the first Black President of South Africa and the only man to transition a violent, divisive government to one that respects and honors the vote of each and every person in a non-violent manner. So you can imagine my excitement to be in the presence of this great man. To me he was as large as Mahatma Ghandi, who also sacrificed for equality in India, or

Dr. Martin Luther King, Jr. in the US, all proponents of non-violent change.

For as long as I have been aware of Nelson Mandela, I have been fearful that time would run out before he accomplished his goals. The life that he chose in order to save his country put him at risk every single day. He was in danger at every turn, through all of the various methodologies he chose to try to effectuate change. His transformation from a young lawyer who believed the law would deliver him, to the militant man who co-founded the ANC's Military wing, to the activist who refused to allow a jail cell to deter him, to the freed man who continued on his journey without animosity or regret, to the leader of a Free, United South Africa, put his life in danger every step of the way.

The day he was released from prison I remember having such mixed emotions. Overwhelming joy and overwhelming fear that hatred of some deranged assassin would stop the clock before he was able to reach his goals. Such tragedies were all too vivid, President Kennedy, Bobby Kennedy, Anwar Sadat, Martin Luther King, all cut off before their work was done. That nagging feeling that Mandela would be taken away too soon never left. However, he was able to change his country and the world through love, compassion and diligence. He was a truly good man, a real asset to our world. He inspired so many.

But as they say, time continued to move on, many oblivious to the fact that one day he would no longer be with us. In fact, until this year, many never thought of his mortality. We all knew he was 95 years old, and we knew that his time was certain to come to an end on this earth, yet the state of disbelief still clings to our hearts with the knowledge of his passing.

We should all be grateful that Nelson Mandela was given enough time to show us in many so ways, how to live. I remember when he came to Oakland one of the statements he made noted his rejuvenation. He said, "I feel like an old battery that has been recharged," and we felt like he had been too. He went on to accomplish things no other man had done before on that recharged battery.

Nelson Mandela was truly a Man So Great, one who used his time on this earth to help others, one from whom we should learn much and one who will never be forgotten.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"I don't know where he is. You know, I just don't spend that much time on him." President Bush on Osama bin Laden - March, 2002

A few weeks after Bill Clinton became president, a truck bomb blew up in the North Tower garage at the World Trade Center, killing six Americans and wounding more than a thousand. Clinton directed the National Security Council and FBI to see that those responsible were held accountable. (The five behind that bombing now live out their lives at the federal "supermax" prison in Florence, Colorado.)

The CIA determined they worked under Osama bin Laden.

In 1995, Clinton sent Congress legislation streamlining the deportation of terrorists and targeting their funding. A Presidential Directive called on the U.S. to "deter, defeat and respond vigorously to all terrorist attacks on our territory and against our citizens." The FBI and CIA got additional tools and funding.

The CIA set up a special unit to focus on bin Laden, and found he'd set up in Afghanistan – protected by the Taliban.

The multi-agency Counter-terrorism Security Group (CSG) under Richard Clarke learned of bin Laden cells in Saudi Arabia targeting American forces. After talks with CIA Director George Tenet, the Saudis agreed to use their influence with the Taliban to get bin Laden turned over for trial. The Saudis later said the Taliban promised to do so, but ultimately reneged on the deal.

On August 7, 1998, our embassies in Kenya and Tanzania were bombed, killing 224 and injuring 5,000. The CIA confirmed bin Laden was behind the bombings, and learned he'd be meeting with other terrorist leaders in Afghanistan to plan more attacks. On August 20, Clinton ordered a cruise missile attack on Al Qaeda camps in Afghanistan. (It was later reported we'd missed bin Laden by "a few hours".) Also targeted was a pharmaceutical plant in Sudan, run by the National Islamic Front and nerve gas experts from Iraq. Intelligence implicated the plant as a source of chemical weapons for Osama bin Laden.

In his column last week, Greg Welborn likened our recent agreement with Iran to "President Clinton's bombing of some aspirin factory when his presidency was faltering". As I often do, I decided to look into it. The above narrative is what I came up with, culminating in that "bombing of some aspirin factory".

At the time, pundits and politicians on the right described the August 20 attacks as a "wag the dog" exercise; a manufactured threat of Islamic terrorism drummed-up by the administration to divert attention from the matter that truly threatened our republic: the president's relationship with Monica Lewinsky.

With help from the government of Jordan and the work of Richard Clarke's CSG, we thwarted the "millennial bombers" – terrorists who'd planned to destroy iconic targets in the U.S. (including LAX) as the year 1999 became 2000. The CIA traced these would-be bombers back to Osama bin Laden.

In October 2000 terrorists blew a hole in the USS Cole, docked in Yemen, with 17 Navy sailors killed. President Clinton declined to take action until responsibility was determined. Confirmation of the involvement of Osama bin Laden came in late January 2001 – a week after President George W. Bush was sworn in. The new administration was busy with other things.

Clinton's National Security Advisor Sandy Berger met with incoming counterparts to warn that Osama bin Laden and the threat of Islamic terrorism needed to be the "24/7" concern for our nation's security. He was rebuffed.

Former Sens. Gary Hart (D-CO) and Warren Rudman (R-NH) came with findings of the commission they co-chaired, that a major terrorist attack on our soil was not a matter of "if" but "when" - but no one would listen. Incoming NSA Condoleezza Rice was preoccupied with reviving the "star wars" missile defense system. There was talk of Vice-President Cheney chairing a committee on terrorism sometime in the future – but it never met. (Cheney did, however, meet with his energy committee – at which industry execs reportedly pored over maps of Iraqi oilfields.)

Richard Clarke and others in intelligence "ran around with hair on fire" in the summer of 2001 warning that an attack was imminent, and it would be big. They were ignored. The CIA personally delivered to President Bush his daily briefing at his ranch in Crawford, Texas in early August – warning that "Bin Laden Determined to Strike in US". The president dismissed the courier and resumed his vacation.

Following the attacks of 9/11, one of the more moving expressions of condolence came as Iranians gathered for a candlelight vigil in Tehran's Mohseni Square. President Khatami released a statement "On behalf of the Iranian people and the Islamic Republic" to "express my deep sorrow and sympathy with the American people."

A few months later, President Bush included Iran in his "Axis of Evil". Iranians turned to the mullahs, and the mullahs turned to Mahmoud Ahmadinejad.

Soon after the election of Hassan Rouhani as president last June, American officials began back-channel explorations of the possibility of a re-set in relations with Iran. The result was the recent interim agreement; Iran agreeing to six months of restrictions on its nuclear program in return for the un-freezing of some \$6 billion in frozen assets – to assess the potential for a more meaningful, permanent treaty. (A recent Reuters/Ipsos poll shows the American people support the agreement by a 2-to-1 margin.)

One of the more compelling arguments for the agreement is that its critics were not long ago cheerleaders for those responsible for the most disastrous foreign policy and intelligence failures in our nation's history.

President Obama has recently succeeded in seeing to the destruction of Syria's chemical weapons stockpiles and manufacturing capabilities – without having to go to war over it. (Greg calls this outcome "tragic".) As for the president's determination to hold accountable those who would do us harm, Osama bin Laden would offer compelling testimony – if he could.

DETROIT IS OUR WAKE UP CALL GREG Welborn



A federal judge removed the last remaining obstacle to Detroit's recovery from decades of political abuse. His ruling, which was not unexpected, was that all creditors, pensions included, have to be adjusted in a bankruptcy. This came as a surprise only to those who purposely put on blinders to continue in their belief that somehow even the wildest extravagant promises made by politicians to public employees would be spared. While the personal cost to those who worked hard as Detroit public employees is high, the judge's ruling provides a much needed wake up call to the rest of the nation and will help many more public employees.

What happened in Detroit matters to all of us, even here in California. For too long, politicians in this state, and many others, have knowingly made promises which could not be met. It's always easy to negotiate with someone else's money and even more so when you don't have to pay up for years or decades. As cynical and craven as the politicians are in making financial promises they couldn't keep, much of the guilt has to be shouldered by the public employee union heads that accepted these lousy promises, and in many instances asked for them. They were willing to bet their members' futures on the negligently arrogant demand that the tax payer gravy train would continue forever. That ain't so, never was, and never will be.

What happened in Detroit could easily happen in a number of cities and states. Unions negotiate with politicians to get the politicians to promises to use tax payer money to pay large future pensions to public employees. I understand and am entirely sympathetic to the public employees. None of us wants to see someone's retirement jeopardized without warning. At the same time, though, voter registration and exit polling data show that the vast majority of public employees have consistently voted for the Liberal politicians who engaged in this slight-of-hand, and they cast these votes while being warned the system was a house of cards.

How many election cycles have we gone through in which conservatives have been warning that the spending spree and the lavish benefits promised public employees could not continue? I personally have lost count. I do know that at the \$1 trillion deficit and \$17 trillion national debt was front and center in the last election, and yet President Obama, who has contributed to this debt burden more than any other president, was re-elected.

Detroit's situation is instructive. As spending increased and outstripped tax receipts, the deficits were simply rolled into debt. The city just borrowed more, rather than confront the realities of having to allocate scarce resources. They did the same thing when it came to paying public employees. Rather than downsize departments that weren't needed, or keep

public employees' compensation in line with the private sector, politicians simply promised them fatter pensions than could be afforded in order to avoid the political confrontation with the unions.

At the time of Detroit's bankruptcy, pension costs had become so large that basic public services were being compromised. The Detroit police force had been cut by 40%; Emergency response times were 5 times longer than the national average; and two out of every five street lights did not work. When the you-know-what finally hit the fan, the city had no choice. There was simply no way to postpone the inevitable. Bankruptcy was the only solution.

To the bitter end, union leaders have been fighting this reality. They don't want the gravy train for them to end either. It is infinitely easier to go to their membership and tell them about the great increase in pension benefit they've negotiated than it is to tell the members that economic realities necessitate some downsizing or changes in work rules. Their last conceit was believing that somehow a pension liability would be deemed to be superior to any other type of liability. That was never true, and the judge simply ruled as the law demanded.

But at least the judge offered as a silver lining an explanation why none of us should want to have pension promises considered more sacrosanct than other promises. Remember, every time a city promises to pay something (whether it is for an employee's pension or for a supplier's product), someone is on the other end. Employees give their time and hard work, but so too do contractors or service providers. Whoever supplies phones to the city is just as entitled to payment as the janitor who cleans city hall.

Judge Steven Rhodes commented wisely that if pension benefits were immune from bankruptcy then politicians and unions would have even more incentive than they do now to make wild promises using tax payer money. All creditors must be treated fairly, or government will cease to represent the voters at all. As sad as the present situation is, the situation was only going to get worse. California's unfunded pension liability is 68%. Perhaps now, with the Detroit bankruptcy, politicians will own up to the invalid promises they've made, start to negotiate in good faith, and ultimately prevent even larger disasters from occurring in the future.

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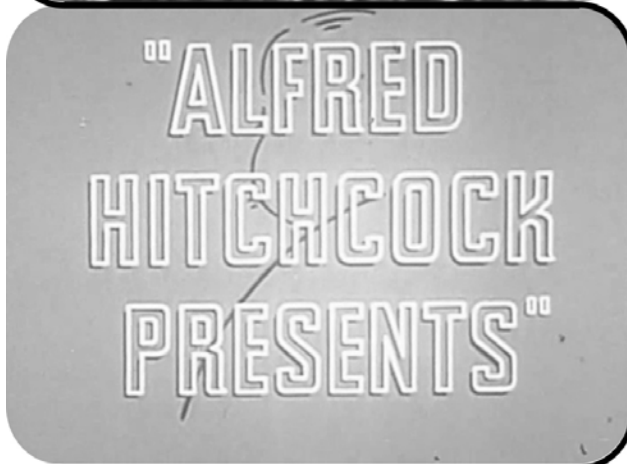
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WHAT'S ON 98

December 9 - December 15

As we are approaching the holiday season Sierra Madre TV is happy to reveal this years Sierra Madre Rose Float. Remember to stop by the Rose Float Barn from now until December 30 to volunteer you time or make that holiday donation to our world-famous Rose Float Association. For more information on how to volunteer or make a donation visit <http://www.smrosefloat.org>.

We have created a Christmas Music Video page at sierramadretv.com for the holidays. Enjoy the hours of holiday cheer on the site.

The best Sherlock Holmes movies use impossible logical reasoning skills, ability to disguise himself as anyone, and use of forensic skills to solve seemingly unsolvable cases.

The best Sherlock Holmes movies are based on the stories about Sir Arthur Conan Doyle's famous, fictional detective, Sherlock Homes. These films are set in London and showcase Sherlock's amazing and seemingly impossible logical reasoning skills, ability to disguise himself as anyone, and use of forensic skills to solve seemingly unsolvable cases.

The very first Sherlock Holmes movies made was produced in 1900. By 1939, all of Sir Arthur Conan Doyle's novels were all turned into films which starred Basil Rathbone, who donned Sherlock Holmes' trademark pipe and spyglasses. This series of films was narrated by Sherlock himself and was mainly about the adventures of Sherlock and his trusty friend Dr. John Watson.

Some of the most popular films in the series of Sherlock Holmes films of the 1930s included The Adventures of Sherlock Holmes, The Hound of the Baskervilles, Sherlock Holmes' Fatal Hour, and The Sign of Four: Sherlock Holmes' Greatest Case. By the '40s, Sherlock Holmes films were still being produced and were still popular.

Some of the best Sherlock Holmes movies of this decade were Sherlock Holmes Faces Death, Terror by Night, and Sherlock Holmes in Washington. By the '50s, not as many Sherlock Holmes movies were being produced. However, Terence Fisher's remake of The Hound of the Baskervilles was the most popular Sherlock film of the decade.

The best Sherlock Holmes movies have greatly impacted not only the film making industry, but also culture. The popularization of Sherlock Holmes films opened up a whole new window of opportunity for the film making industry.

Before Sherlock Holmes films, there were no films about mysteries and detectives, but the enjoyment and acceptance of such films set the stage for other films and TV shows involving mysteries, detectives, crimes, etc. Such films and sitcoms include Chinatown, Dick Tracy, Dexter, and Monk.

The best Sherlock Holmes movies have also impacted culture. Since the beginning of these movies, people have been more interested in crime, mysteries, detectives, etc. This means that the media is going to produce more films and TV shows about crime, mystery, detectives, etc.

Some of these TV shows and films are harmless, but some are not so tame, and it could be argued that watching so many shows and films about crimes could cause a person to become more likely to commit a crime.

If you're looking for the best Sherlock Holmes movie to watch, but don't know where to start, here is a list of must-see Sherlock films from free movie websites: the 1989 Without a Clue, the 2009 Sherlock Holmes, the 1939 The Adventures of Sherlock Holmes, the 1939 The Hound of Baskervilles, and the 1985 Young Sherlock Holmes.

This is how the schedule works:

7-11	Youth programs and movies
11- Noon	Comedy movies
1-3	Romance movies
3-5	Film Noir movies
5-6	Community Programming
7-9	Crime movies
9-10	Mystery movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

My Picks of the Week	
Monday	They Made Me A Killer
Tuesday	Quicksand
Wednesday	Terror by Night
Thursday	A Shriek in the Night
Friday	The Stranger
Saturday	DOA
Sunday	The Bashful Bachelor

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.



Find out what is going on in town every day, every week, every month, every year!

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U.S. Ranger Tex is inviting all you young cowboys and cowgirls to watch Western Saturdays every Saturday on Channel 98

SIERRA MADRE

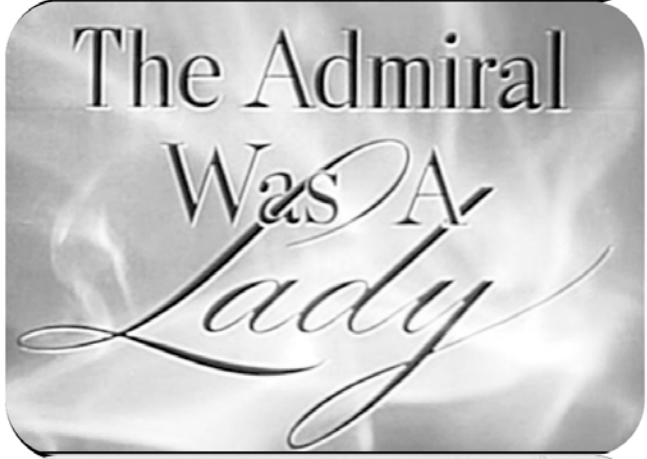
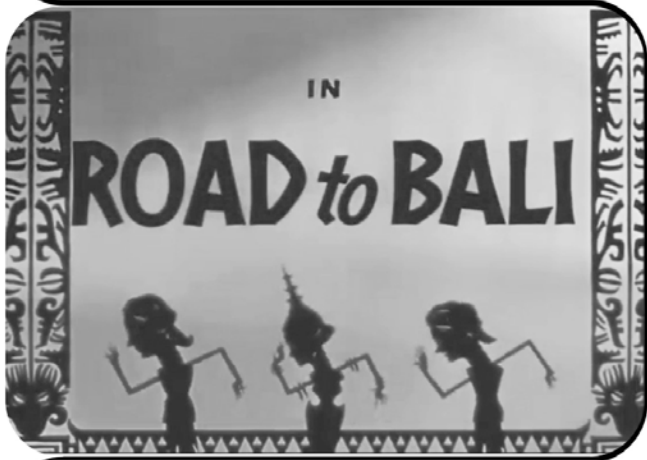
Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



THIS WEEK ON 98

Monday 12.09.13	Movies
7 to 8 am	Jack and the Bean Stalk
9 to 10 am	Little Lord Pauntieroy
11 to 12 pm	Love Laughs at Andy Harding
1 to 2 pm	Pot of Gold
3 to 4 pm	Abe Lincoln of 9th Ave.
5 to 6 pm	Community Programing
7 to 8 pm	Detour
9 to 10 pm	They Made Me A Killer
Tuesday 12.10.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Africa Screams
11 to 12 pm	Road to Bali
1 to 2 pm	At War with the Army
3 to 4 pm	Quicksand
5 to 6 pm	Community Programing
7 to 8 pm	The Kennel Murder Case
9 to 10 pm	Borderline
Wednesday 12.11.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Phantom of Phoenixville
11 to 12 pm	Penny Serenade
1 to 2 pm	Breakfast in Hollywood
3 to 4 pm	My Favorite Brunette
5 to 6 pm	Community Programing
7 to 8 pm	Shadows of the Orient
9 to 10 pm	Terror by Night
Thursday 12.12.13	Movies
7 to 8 am	Children's Programing
9 to 10 am	Children's Programing
11 to 12 pm	Delightfully Dangerous
1 to 2 pm	Colonel Effinghams Raid
3 to 4 pm	Phantom of Chinatown
5 to 6 pm	Community Programing
7 to 8 pm	A Shriek in the Night
9 to 10 pm	Judge Priest
Friday 12.13.13	Movies
7 to 8 am	Little Princess
9 to 10 am	Gulliver's Travels
11 to 12 pm	The Flying Deuces
1 to 2 pm	Fit for a King
3 to 4 pm	The Ghost Walks
5 to 6 pm	Community Programing
7 to 8 pm	Fear in the Night
9 to 10 pm	The Stranger
Saturday 12.14.13	Movies
7 to 8 am	Children's Programing - Shuttle Docking
9 to 10 am	American West & The Wild Man
11 to 12 pm	American Empire
1 to 2 pm	Utah
3 to 4 pm	Adventure
5 to 6 pm	Community Programing
7 to 8 pm	Mystery
9 to 10 pm	DOA
Sunday 12.15.13	Movies
7 to 8 am	Thanks for Listening
9 to 11 am	The Royal Wedding
11 to 12 pm	Fathers Little Dividend
1 to 2 pm	Terror by Night
3 to 4 pm	Crime Runs Rapid
5 to 6 pm	Community Programing
7 to 8 pm	The Bashful Bachelor
9 to 10 pm	Her Favorite Patient



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is (are) VAPOR MONKEEZ, LLC., 1251 N. GRAND AVE., WALNUT, CA 91788. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: ELIAS SALLIUM. This statement was filed with the County Clerk of Los Angeles County on 11/08/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT File No. 2013-234355 The following person(s) is (are) doing business as: VISION CONSTRUCTION DEVELOPMENT, 9853 RUSH ST., SO EL MONTE, CA 91733. Full name of registrant(s) is (are) KYL CONSTRUCTION, INC., 9853 RUSH ST., SO EL MONTE, CA 91733. This Business is conducted by: A CORPORATION. Signed: XIANG LING. This statement was filed with the County Clerk of Los Angeles County on 11/13/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/13/2013. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT File No. 2013-235784 The following person(s) is (are) doing business as: VP METALS, 6358 GALLANT ST., BELL GARDENS, CA 90201. Full name of registrant(s) is (are) ALBA D. PINEDA, 7852 NANCY CIR., LA PALMA, CA 90623. This Business is conducted by: AN INDIVIDUAL. Signed: ALBA D. PINEDA. This statement was filed with the County Clerk of Los Angeles County on 11/14/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT File No. 2013-235867 The following person(s) is (are) doing business as: WA WA C, 14151 RAMONA BLVD., BALDWIN PARK, CA 91706. Full name of registrant(s) is (are) KAUSHIK CHANDULAL PATEL, 14151 RAMONA BLVD., BALDWIN PARK, CA 91706. This Business is conducted by: AN INDIVIDUAL.

Signed: KAUSHIK CHANDULAL PATEL. This statement was filed with the County Clerk of Los Angeles County on 11/14/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FICTITIOUS BUSINESS NAME STATEMENT File No. 2013-221428 The following person(s) is (are) doing business as: WILD HEART, 14772 CRENSHAW BLVD., L.A., CA 90249. Full name of registrant(s) is (are) LEO CUTTING, INC., 2023 BAY ST., L.A., CA 90021. This Business is conducted by: A CORPORATION. Signed: LEON GAMEZ. This statement was filed with the County Clerk of Los Angeles County on 10/24/2013. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FILE NO. 2013-233442 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) GOLDEN TREELINE INVESTMENT, INC. has/have abandoned the use of the fictitious business name: GOLDEN TRIM CO., 515 FLORENCE AVE., MONTEREY PARK, CA 91755. The fictitious business name referred to above was filed on 11/16/2009, in the county of Los Angeles. The original file number of 2013233441. The business was conducted by: A CORPORATION. This statement was filed with the County Clerk of Los Angeles on 11/12/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: CEO. Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FILE NO. 2013-233011 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) NANSIDA ZHENG, DANIEL RUTBERG, has/have abandoned the use of the fictitious business name: KLOUT FIRE, 475 WASHINGTON BLVD., STE 210, MARINA DEL REY, CA 90292. The fictitious business name referred to above was filed on 02/04/2013, in the county of Los Angeles. The original file number of 2013023302. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 11/12/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED:

NANSIDA ZHENG/GEN PARTNER. Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FILE NO. 2013-233012 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) NANSIDA ZHENG, has/have abandoned the use of the fictitious business name: SPINCULTURE, ESPOILITE, 475 WASHINGTON BLVD., STE 210, MARINA DEL REY, CA 90292. The fictitious business name referred to above was filed on 10/01/2012, in the county of Los Angeles. The original file number of 2012196132. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 11/12/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: NANSIDA ZHENG/GEN PARTNER. Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FILE NO. 2013-219539 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) WALVOORD JAMES CLARK, has/have abandoned the use of the fictitious business name: THE LUBE JOB, 2750 ROSEMEAD BLVD., SO EL MONTE, CA 91733. The fictitious business name referred to above was filed on 02/01/2011, in the county of Los Angeles. The original file number of 2013219538. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 10/22/2013. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: WALVOORD JAMES CLARK/OWNER. Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

FILE NO. 2013-218499 STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME The following person(s) has/have withdrawn as a general partner(s) from the partnership operating under the fictitious business name of SK-RIMKINGS, 1049 N. OXFORD AVE., L.A., CA 90029. The fictitious business name statement for the partnership was filed on February 6, 2013, in the county of Los Angeles. The original file number of 2013218499. The full name and residence of the person(s) withdrawing as a partner(s): KENNETH IHIAISO, 2211 E. WASHINGTON BLVD. #49, PASADENA, CA 91104. This statement was filed with the County Clerk of Los Angeles on 10/21/2013. I declare that all information in this statement is true and correct. (A registrant who declares as true, information which he or she knows to be false, is guilty of a crime.) SIGNED: KENNETH IHIAISO. Publish: Mountain Views News Dates Pub: November 16, 23, 30, December 07, 2013

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: MUNICIPAL CODE TEXT AMENDMENT 13-05 (MCTA 13-05)
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The Planning Commission will conduct a public hearing to consider recommending approval of municipal code text amendments to implement a housing program objective identified in the 2008-2014 Housing Element. The proposed text amendments would: 1) allow transitional and supportive housing in all zones where residential uses including R-1, R-2, R-3, R-C, HMZ and C Zones; 2) identify emergency shelters as a by right, permitted use in the M Zone (Manufacturing), and include specific standards for emergency shelters pursuant to Senate Bill 2; 3) amend Chapter 17.08 (Zoning Definitions) to revise the definition of transitional housing and add a definition of supportive housing; and 4) amend Chapter 17.60 (Variances and Conditional Use Permits) to replace existing category titles regarding facilities and institutions for drug addicts and alcoholics with one combined category titled "Substance abuse treatment facilities (7 or more occupants)" and add "Sober living facilities (7 or more occupants)" as a new use category. The amendments must be adopted prior to certification of the 2014-2021 Housing Element by the State Department of Housing and Community Development.

DATE AND TIME OF HEARING

City of Sierra Madre
Planning Commission meeting
Thursday, December 19, 2013
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: An Initial Study was prepared for the 2008-2014 Housing Element in accordance with the City's guidelines implementing the California Environmental Quality Act (CEQA). This Initial Study was undertaken for the purpose of deciding whether the measures identified in the Housing Element to fulfill the City's RHNA allocation may have a significant effect on the environment. On the basis of the Initial Study, City staff concluded that they will not have a significant effect on the environment, and a Negative Declaration was adopted by City Council on June 11, 2013.

APPEAL: A decision to deny the amendment by the Planning Commission is subject to a 10-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

PET OF THE WEEK

HAZEL: Animal ID #A4655681

Puppies do not get any more adorable than Hazel (A4655681)! Beautiful Hazel is an exquisite four month old spayed brown and white chocolate labrador-pitbull mix puppy who was brought to the Baldwin Park shelter. Weighing twenty pounds and likely to grow to about sixty pounds, Hazel is a blank slate for training - and she is super smart and will learn quickly. This gorgeous and super playful puppy will absolutely adore children! With the proper guidance, this baby dog will grow into the most amazing companion. Hazel is the ultimate indoor family pet for an active family living in a private home. To watch a video of Hazel please visit: www.youtube.com/watch?v=F_-RqGz3PVI



To meet Hazel in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Hazel, please reference her animal ID number: A4655681. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Hazel or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

SIERRA MADRE POLICE BLOTTER

For The Period November 18-24, 2013

Tuesday November 19, 2013

Overnight, unknown suspects vandalized a vehicle that was parked in a carport in the 200 block of east Sierra Madre Boulevard. The suspects removed the molding from a side window. The owner also reported that the same vehicle was vandalized 3 weeks earlier when an unknown suspect "keyed" the side of the vehicle.

At 9:30pm an officer made a traffic stop of a vehicle travelling south on Michillinda Avenue. During the investigation it was determined that the vehicle would be impounded. While conducting an inventory search, the officer found several unique tools that are commonly used to break into homes and vehicles. This included a set of gloves, bolt cutters and shaved screwdrivers. The driver was uncooperative and was subsequently arrested for Possession of Burglary Tools. Investigators will be looking into the matter to determine if the suspect may be actively committing crimes in the area.

Wednesday November 20, 2013

During the early morning hours, a vehicle was stolen from the 500 block of east Montecito Avenue. Later that afternoon, the vehicle was observed in the City of Azusa and officers from that jurisdiction detained an individual who was standing near the vehicle. Witness statements indicated that this individual had driven to this location in that vehicle only minutes before the police arrived. He was subsequently arrested for GTA. Sierra Madre detectives are looking into the possibility this person may be involved in a recent residential burglary as well.

Thursday November 21, 2013

Overnight, unknown suspects entered an unlocked vehicle parked in a carport in the 100 block of east Highland Avenue. The suspect removed a wallet from the center console and other items on the floorboard. At 8:45am, the victim's credit card was used at a fast food restaurant in Irwindale. The store video cameras captured the transaction at the drive up window and investigators are researching the partial license plate number that was visible on the recording.

For The Period November 25-30, 2013

Monday November 25, 2013

At 7:45am, a traffic collision occurred on Sunnyside Avenue near Sierra Madre Boulevard. A vehicle, exiting a private driveway onto Sunnyside Avenue ran off the roadway and collided with a tree when the driver hurriedly attempted to react to another vehicle travelling northbound. The driver was uninjured and the vehicle sustained minor damage.

At 5:30pm, another traffic collision took place at Sierra Madre Boulevard and Lima Avenue. Two vehicles were stopped for the 4-way stop, and both proceeded into the intersection at the same time and collided with each other. There were no injuries and damage was minimal.

Thursday November 25, 2013

An officer on patrol was hailed by a citizen and alerted to a vehicle driving erratically. The officer followed and observed the vehicle weaving in the roadway. A traffic stop was initiated and as the vehicle pulled over, it collided with the curb. During his investigation, the officer determined the driver was under the influence of alcohol. The driver refused to submit to a chemical test and was subsequently arrested for DUI.

LETTER TO THE EDITOR

Holiday Shopping

A great place to shop in town is E. Waldo Ward & Son: Gourmet Jams, Jellies, Marmalades, Olives, etc. Established in 1891 it is a little hidden gem for wonderful food gifts. Who wouldn't appreciate locally made Jams and Jellies. They could use our support as their water bill has doubled due to the recent changes. Happy shopping at there wonderful historical location - hope to see you there!! They are at 273 E Highland Ave, Sierra Madre (626)355-1218

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GIFT (continued from page 1)

last meeting, Community Services Commissioner David Crochetiere asks the council to reject the request and suggests that the Senior Commissions motives are selfish and not in the best interest of the community. He also labels the new proposed restroom as 'unisex' and lists several reasons why he feels a 'unisex' bathroom is not a good idea.

Family Restrooms Defined

While it is a fact that both sexes may use a Family Restroom, Community Services Manager Adam Matsumoto gave the SCC an accurate definition of what the definition of a Family Restroom is. Matsumoto stated that a family restroom is "basically a private bathroom with adequate room for parents with children or the elderly with wheelchairs and/or caretakers" to use the facility with ease.



In fact, the State of California is very specific in its definition of Family Restrooms and the signage required. "Restrooms intended for families, or for disabled persons accompanied by attendants are often called "Family Restrooms." Perhaps the signage required explains it best:

Other language used in public places include:
"This restroom is intended only for those with special needs,"

On the other hand, unisex bathrooms are not necessarily private and may have multiple stalls but are clearly marked as such. Many offices have unisex bathrooms and the required notice for such a facility is:

Other comments, public and private, from those who oppose the project suggest without foundation that there will be abuse of the facility by day laborers. And, as with all controversies in Sierra Madre, the conspiracy theories are abundant as to what is the motivation for denying this project.

The handling of the entire matter has infuriated the SCC. One commissioner commented that she felt that several members of the council treated the SCC with disrespect and were dismissive of the SCC concerns.

Possible Alternatives

On Thursday, at the regular monthly meeting of the SCC, the city presented five new options that did not include the family restroom and one that did. Matsumoto's Power Point presentation used graphics that illustrated the physical impact of each alternative and how much open space might be consumed. There was also at least one option that would not alter the Hart Park House historical footprint, but others did. It was brought to the committee's attention that the Hart Park House is not a Historical Landmark, but rather an Historical Site given that over the years repairs and renovations have altered the original building, thus lessening the impact of changes to the buildings' footprint. When asked why these alternatives had not been offered before, City Manager Aguilar said, "Staff was directed to explore all other options." She noted that previous councils had made it clear that the park's open space and alterations to the Hart Park House footprint were off limits.

The SCC decided that in the event the council does not accept its original plan, they would prefer the option which called for the building of storage area only with an entrance through the space used for an Office. Said one Commissioner, "Let the city worry about those disreputable bathrooms." The Commissioners also voted not to survey park users about their choices. As one attendee noted, "Whatever is done should be the will of the residents of Sierra Madre only, not the choice of visitors." The matter will come back before the council in February and, according to the City Manager, the original proposal has not yet been voted down. Perhaps then the Senior Community Commission will be able to give the city and its residents and visitors the 'present' they originally intended.

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**71 Suffolk Ave.
Sierra Madre**



This 3 unit home with duplex, offers a front house which was built in the 1920's. Home offers hardwood floors, 2 bedroom / 1 bath. There is a separate detached Craftsman duplex at rear containing 1 bedroom and 1 bath ea.

**1512-1516 Whitefield
Pasadena**



3 bdrms & 2 bths, large livingrm w/ fireplace, a banquet sized dining room. Situated in the North Pasadena Heights Landmark District, the main residence is a 1913/CRAFTSMAN HOME. Call Luther for more info 626-507-3029.

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**625 Oak Crest
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Represented Seller



**278 E. Alegria
Sierra Madre**
Represented Buyer

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JUDY WEBB-MARTIN
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Stunning Curb appeal, makes you want to knock on the door and see what's inside. Designed for Functionality and Flexibility there is no wasted space in this updated American Classic Home. Walk to Caltech or the Rose Parade. The signature inviting front porch welcomes you and provides an immediate sense of being home. The stone pillars, partially paneled front door, Classic Craftsman windows, stone detail on the chimney, the living room box beamed ceiling and original hard wood floors, provide understated yet expected quality design elements to this 1908 home. The original fireplace is the central point of the formal living and dining room.

Offers easy everyday living. An updated kitchen with granite countertops, Craftsman inspired wood cabinetry, manufactured hardwood flooring and an adjacent charming breakfast nook that extends the kitchen, opens to the laundry area and to the step down family room. Pella sliding doors open to the patio and large back yard with fruit trees, vegetable garden, expansive lawn, children's play area and newer spa. The level landscaped back yard is perfect for year round entertaining and playdates. The home features a master suite with a large walk in closet and an updated bath. Second bedroom with an adjacent renovated full bath

1282 sq ft house (per assessor) 8064 sq ft lot (per assessor) 2 Bedrooms 2 Baths Built 1908
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