

CITY ATTORNEY’S IMPARTIAL ANALYSIS OF MEASURE UUT

Editor’s Note: On the April 8, 2014, voters in Sierra Madre will decide whether or not to extend the existing User Utility Tax until the year 2022. In an effort to provide information to the public so that an informed decision can be made, this week’s edition of the paper will carry an Impartial Analysis of the measure. Next week, February 22, 2014, this paper will carry the Pro’s and Con’s of the measure as provided by supporters and opponents of the measure.

Measure (UUT) is submitted to the voters by the Sierra Madre City Council to extend the current rate of the City’s Utility Users Tax in order to generate additional municipal revenues.

Background.
A utility users’ tax (UUT) is a tax levied on each user of a utility (e.g. telephone, electricity, gas, water, wastewater, solid waste disposal, cable or video services) within the City’s boundaries. UUT revenues are paid into the City’s general fund, which is used to fund city services and programs, including public safety services. The City’s Utility Users’ Tax has been in force since at least 1993. In 2008, the voters approved an increase in the Utility Users’ Tax to 12%, which will decrease to 10% on July 1, 2014, decrease again in 2015 (to 8%) and 2016 (to 6%), without further voter action.

Since July 1, 2010, the City Council has used its discretion to decrease the Utility Users’ Tax to 10%; additionally, in January 2011, the City Council further reduced the Utility Users’ Tax on water and sewer use to 9%. Accordingly, the current rate of Utility Users’ Tax collected by the City is 9% for water and sewer use and 10% for all other utilities. Unless otherwise determined by the voters, both the 9% tax for water and sewer and the 10% tax for all other utilities will decrease to 8% on June 30, 2015 and then to 6% on June 30, 2016.

A Citizen’s Oversight Committee was formed in 2007 and has provided review and recommendation to the City Council regarding the need for the continuation of tax

in order to generate additional revenue that can be used to fund general City services, including essential services, such as paramedic services.

- The Measure.**
Measure UUT WILL:
- Extend the existing 9% UUT tax for water and sewer, subject to the City Council’s discretion to collect a lesser tax; then, decrease the tax to 7% on July 1, 2014, and to 6% on July 1, 2015.
 - Extend the existing 10% UUT tax for all other utilities, subject to the City Council’s discretion to collect a lesser tax; then, decrease the tax to 8% on July 1, 2022 and to 6% on July 1, 2024.
 - Continue the existing exemption for low-income households.
 - Continue the citizen oversight

committee.

Measure UUT WILL NOT:

- Tax access to the internet;
- Tax internet purchases and downloads, such as books, music, ringtones, games or similar digital products.

UUT requires approval of a majority of voters. A “yes” vote for Measure UUT will approve the rate increase described above; a “no” vote will leave in place the City’s existing Utility Users’ Tax Ordinance.

by Teresa L. Highsmith
Sierra Madre City Attorney

The above statement is an impartial analysis of Ordinance or Measure UUT. If you desire a copy of the ordinance or measure, please call the elections official’s office at (626) 355-7135 and a copy will be mailed at no cost to you.
Graphic courtesy City of Sierra Madre

Utility Users Tax

- UUT is the City’s second largest General Fund Revenue source
- Current UUT begins to “sunset”
10% Current - 8% July 1, 2015 – 6% July 1, 2016
- If the UUT sunsets to 6%, approximately \$1 million dollars will need to be cut from the City’s budget by July 2016.
- A measure is on the April 2014 ballot to continue the 10% UUT rate.

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ELECTION COVERAGE

On April 8, 2014, voters in Sierra Madre will go to the polls and select three people from a field of four to sit on the City Council. They will also vote on a local ballot measure to extend the city’s current User Utility Tax Ordinance.

The Mountain Views News will provide our readers with comprehensive coverage of this election. Each week, as we have done in the past, we will profile the candidates and give each of the candidates the opportunity to introduce themselves to our readers by answering the following questions:

1. Why are you running for City Council?
2. What are you going to do for Sierra Madre?
3. How do you plan on accomplishing your goals?

(All candidates are being asked to answer the same questions and their answers will be published unedited.)

The paper will also review the pros and cons of the proposed User Utility Tax Ordinance.

The schedule will be as follows:

February 15th	An Impartial Analysis of Measure UUT
February 22nd	The Pros and Cons of Measure UUT
March 1st	Candidate Denise Delmar
March 8th	Candidate Rachelle Arizmendi
March 15th	Candidate Noah Green
March 22nd	Candidate Eugene Goss
March 29th	Candidate Forum Review

It is our sincere hope that each candidate will submit their answers so that we can share them with our readers. A separate letter has been sent to each candidate asking them to participate.

In addition to the candidate spotlights, we will attempt to cover the various forums sponsored by local organizations. Where possible, the unedited video of these forums will be broadcast on the papers website.

Our reporting on this election will be as fair and objective as possible. However, please keep in mind that our columnists are always free to share their opinions. Their opinions are their opinions and may or may not reflect the position of the paper. This is true in all things, not just this election.

We will also provide for you the calendar of important dates regarding the election. It is our goal to do whatever we can to help you make an informed decision on April 8, 2014.

Susan Henderson, Publisher and Editor

VOTE

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FORMER SIERRA MADRE POLICE CHIEF, BILL BETTS PASSES AWAY

Sierra Madre lost one of its’ history making Police Chiefs on January 25, 2014 after a lengthy illness. Irvin (Bill) E. Betts passed quietly in his Sierra Madre home.



Bill proudly served the City of Sierra Madre police force for 29 years, retiring as Chief of Police, in 1993. According to a 1993 article on his retirement in the *LA Times*, he was the longest serving Police Chief among the 47 in LA county who headed a city department at that time. He is credited with expanding the SMPD from 12 officers to 20.

Born on October 19, 1929 in Bassett, Nebraska, the second of nine children to Omar and Ezada Betts. Bill spent his early years in Fruitland, Idaho. He served with the Idaho National Guard. He married Joan Ann Carter, in Phoenix, Az., July 18, 1950, and then moved their family to Southern California.

He was a 50 year member of the Free and Accepted Masons of California, a member of the Order of Eastern Star for 49 years, a member of the Pasadena Scottish Rite, a member of the Al Malaikah Shriners of Los Angeles and a former member of the Sierra Madre Kiwanis Club. He was also honored to be the 1995 Worthy Grand Patron of the Order of the Eastern Star in California.

Bill is survived by his wife of 63 years, Joan Betts, two daughters, Dee Mahr and Vicki Smither, five grandchildren and four great grandchildren. Services were held on Wednesday, February 12, 2014 followed by a private interment.

In lieu of flowers, the family is requesting that donations be made to Roze Room Hospice of San Gabriel Valley, 55 Huntington Dr., Suite 238, Arcadia, CA. 91006. (roze.foundation.org <<http://roze.foundation.org>>).
MVNNews

FUTURE OF SIERRA MADRE’S COMMUNITY FOREST - FINAL WORKSHOP SCHEDULED

The Energy, Environment and Natural Resources Commission is seeking the public’s input on the future of Sierra Madre’s Community Forest at the final workshop scheduled for Thursday, February 27th, 6:30pm to 8:30pm at the City Hall Council Chambers.

Funded by a grant from the State’s CalFire Agency, the creation of a Management Plan is underway to guide Sierra Madre’s management of the Community Forest to benefit future generations. Cy Carlberg & Associates Arborists firm has been contracted to assist with the creation of the plan, and will be presenting many interesting facts about the current state of trees in the City as well as some very important considerations for maintaining this important natural resource for the future.

There will be a presentation and ample time to ask questions and provide your very important input.

For additional information, please contact the City of Sierra Madre Public Works Department at 626-355-7135 ext. 803.

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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi 70s	Lows 50s
Tues:	Sunny	Hi 70s	Lows 50s
Wed:	Sunny	Hi 70s	Lows 40s
Thur:	Sunny	Hi 70s	Lows 40s
Fri:	Sunny	Hi 70s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, February 25, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



THIS WEEK

MONDAY - 10 - 11 am

Barry, Rich & Lisa Show

Trivia and Humor at it's finest. Just try to keep up with their wit! JOIN THE FUN!!!

See our Calendar for airing times or listen to the podcast at our Village Intersections page.

THURSDAYS - Noon

Catherine Adde's OUR TRAVEL AFFAIR

TINA TIME WITH COUSIN MATTHEW

SATURDAY MORNINGS

D. J. Boddington

AKA James Faulkner returns Saturday morning at 7:00 until 10:00 with his Saturday Morning Mix show. Lovers of music - tune in!

Set your smart phone and or computer browsers to
www.villagevine.org



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WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

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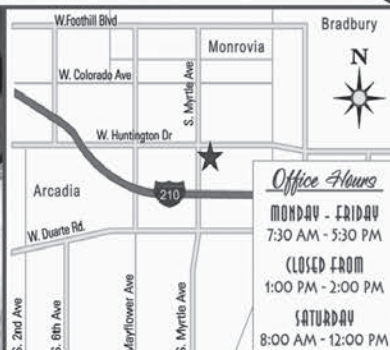
Open House Sunday, Feb 23, 11am to 4pm

* We're celebrating our new pet projects *

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10 years in the making...

At Monrovia Medical Center, we are celebrating our 10 year anniversary.

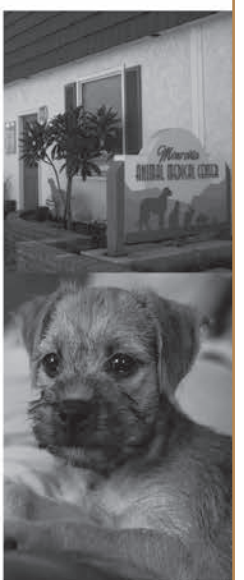
Reflecting on the past highlights:

- 2003** Continuing the mission of Monrovia Animal Hospital serving Monrovia for over 50 years.
- 2008** Gorgeous facelift to upgrade the hospital to new medical standards. Adding a beautiful indoor boarding facility and bathing area. 16 large indoor runs.
- 2010** Platinum Sponsor Community Sustainability Fair in Monrovia. We believe in the future of Monrovia. We recycle 90% of our waste.
- 2013** Introducing the Vaccine for Life Program for dogs and cats. Microchip and vaccines for the life of your pet. To help your pet find home if lost and to prevent infectious diseases in our pets and wildlife.
- 2014** Going Green! Solar installation by **SOLARUNIVERSE** in Monrovia. You're invited to see it.

Come and take a tour.

- Interested in going solar?
Meet **SOLARUNIVERSE** who will be celebrating with us.
- Continuing the mission with you for many years to come!
Together for the Long and Healthy Life of your Pet!
- Tell your friends to bring their pets!

We look forward to seeing you.

The Standard of
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Be sure to join us
Sunday, February 23
from 11am to 4pm.



SIERRA MADRE

Sierra Madre

Arcadio

Pasadena

Altadena

Monrovia

GOOD SPORTS- SM Employees Help Kids To Play On



Children from Sierra Madre School pose with staff members who generously donated sports equipment for the children.
Photo courtesy City of Sierra Madre

On Thursday, the City of Sierra Madre held its annual Employee Recognition Breakfast, showing the city's appreciation for our dedicated employees and honoring their years of service. Receiving awards were:

One Year of Service

Vicki Oo	PT - Library
Sherry Sue	PT - Library
Victoria Jones	PT - PD
Michael Ortiz	PT - PD
Brittany Wood	PD
Brent Bartlett	PT - FD
Kevin Garcia	PT - FD
Ted Walters	PT - FD
Mireya Bermudez	PT - Paramedic
Karen Bustillos	PT - Paramedic
Amanda Kruse	PT - Paramedic
Adrian Nevarez	PT - Paramedic
Michael Noone	PT Paramedic
Jason Paul Pickard	PT Paramedic
Rebecca Lamas	PT - Community Service
Sean Moon	PT - Community Service
Sonia Cruz -	Finance

5 Years

Meegan Tosh
James McGowan
Steve McGee
Cy Womack
Esteban Estrada
John Grisbach
Nancy Medina
Jen Peterson
Leticia Cardoso
Danny Castro
Laura Aguilar
Larry Giannone

Library
Public Works
Public Works
Public Works
PT Paramedic
PT Paramedic
PT Paramedic
Development Services
Development Services
Admin. Services
PD

15 Years

Veenita Munoz
Donna Howard

PT Finance
PT Library

This year, however, city staff chose to also show their appreciation for Sierra Madre and decided to give something back. Individual City employees, the Classified Employees Association, and the Police Association donated much needed sports equipment to the kids at Sierra Madre School! Play on!

Sierra Madre Police Blotter

For the period February 3-9, 2014

Monday February 3, 2014

Between the hours of 9:00 am and 4:00 pm in the 500 Block of W. Sierra Madre Blvd. resident reported a grand theft. Resident's bracelet was stolen allegedly by caretaker and valued at 10,000.00.

Wednesday February 5, 2014

At 11:00 am, Sierra Madre Police responded to an investigation regarding a domestic dispute in the 400 block of Adams. Victim sustained injuries and was treated at a medical facility. Suspect was arrested, and case was forwarded to District Attorney's Office for filing considerations.

Thursday February 6, 2014

Between the hours of 4:30 pm and 2:15 pm Friday February 7, 2014 in the 500 block of W. Sierra Madre Blvd. Resident reported that she parked her vehicle in the carport area of her residence. Victim returned later to find that the catalytic converter had been stolen.

WALKING SIERRA MADRE.....THE SOCIAL SIDE

By Deanne Davis

GLADYS MOSER - Sierra Madre's Next Centegenarian!

"I never pray for a long life, but I just express my gratitude for another day. It reminds me that every day is important."
- Ishiki Takana 99-year-old

I met another 99-year-old lady today, who will celebrate her 100th birthday later this month.. Gladys Moser, a Sierra Madre resident for the past 31 years, still living independently in her own home, is just delightful. She arrived on the planet February 28, 1914 in Central City, Nebraska. Her parents owned an 80 acre farm where they grew wheat, corn and all their own vegetables. Gladys is still an active gardener with a certified 'green thumb' who grows her own tomatoes and veggies in her backyard garden. Her daughter-in-law, Debbie Moser, says the family helps Gladys plant but after that she does all the rest herself. When I asked Gladys the question one always asks centenarians: To what do you attribute your good health and long life? She replied, "living on the farm and all that good food. We didn't have junk food then." Gladys, by the way is slender with excellent posture and was sporting a very cute lime green blouse and jacket. She shops at Chico's, she says.



Gladys' mom passed away when she was three and she lived with her aunt and uncle until she was sixteen when she moved back to the farm with her Dad and her brother, neither of whom she knew very well, but she moved right into the role of 'first lady of the farm' and took over all the cooking and other chores and was happy there. Her Dad died in 1933 after a fall from a windmill and she and her brother, who was three years older, carried on the farm alone. She was a horse and buggy girl through eighth grade, riding or walking the mile and a quarter to school - rain, shine or snow! And the weather in Nebraska isn't a thing like Southern California!

For high school, Gladys moved to Osceola, Nebraska where she met her future husband, Howard Moser. "We had a big class," she told me, "forty! And we all were just friends. I didn't have any idea when I met him that we would be married." Well, in 1937 that's exactly what happened and nine months later, daughter, Carole was born. Gladys said she and Howard went to the County Seat and were married there, as that's what people did then. She never saw a wedding till much later. Howard worked as a delivery driver for a produce company and was paid \$5.00 a week. Their rent when they moved back into town in 1938 was \$5.00 a month. The Depression and Dust Bowl situation were driving farmers off their land at that time but Gladys said no one did without as everyone looked out for each other, shared eggs and food and the rule truly was use it up, make it last, and nothing wasted.

There was one restaurant in town and neighbors all got leftovers from the restaurant, including quantities of gravy. Gladys is still not real excited about gravy to this day.

Howard's brother and much of his family had moved to California in 1939 to escape the Dust Bowl and Gladys, Howard, and baby Carole followed them and lived in Highland Park for forty years, welcoming Sharon in 1941 and Bob in 1951. Howard was a street car and bus driver working for the RTD for 36 years, retiring in 1979. Gladys said his hours were terrible but you got used to it.

So what did you do then, I asked. "Oh!" she said, with a huge smile, "we traveled! All over the United States and to Germany and Switzerland." Her grandparents were from Sigerswil, Switzerland. Gladys and Howard traveled to Japan and for many years entertained a Japanese college girl each year for a three week visit to the United States.

Gladys was a very successful Avon lady for forty years and had a hard time retiring as her clientele couldn't do without her! She loved to sew and quilt, still loves car trips with daughter, Sharon, enjoys dining out, has five grandchildren and seven great-grands and attends Sierra Madre Congregational Church most Sundays. I said, "you've had a happy life, haven't you, Gladys," and she replied, "Oh my yes. There have been hard times, but most of my life has been good."

Well, I don't know about you, but that's a pretty great way to feel when you're about to pass the 100 year mark!

"Eat your vegetables, have a positive outlook, be kind to people, and smile."
- Kamada Nakasato 102-year-old Okinawan lady

Check out my book, Walking Sierra Madre friends! "A Tablespoon of Love, A Tablespoon of Laughter." It's available on CreateSpace at the following link: <https://wwwcreatespace.com/4561071> and also on Amazon.com and at the bookstore at PazNaz!

MOUNT WILSON TRAIL RACE REGISTRATION

Registration Begins
March 1st for
Sierra Madre residents



Registration for the Mount Wilson Trail Race is fast approaching and the sign up process has changed slightly this year. For 2014 the first 100 spaces for the race will be made available to Sierra Madre residents only, leaving 200 spaces available for open registration. For more information about the change please visit www.mountwilsontrailrace.com/registration.

The Mount Wilson Trail Race is Saturday, May 24, 2014 at 7:30am and begins in Kersting Court. The cost is \$66.00 for adults and \$35.00 for youth. All participants receive a tech shirt and goodie bag with entry. For more information about the event please visit www.mountwilsontrailrace.com.

Sierra Madre resident only registration will be held on Saturday, March 1, 2014 from 9:00am-3:00pm at the Community Recreation Center in Sierra Vista Park, 611 E. Sierra Madre Blvd. Registration will occur on a first come, first served basis and only 100 spaces are available. Proof of residency is required in the form of a current CA Driver's License indicating Sierra Madre address, no PO Box numbers accepted. A physical copy of the CA Driver's license must be present, no copies accepted. Participants may only sign up for themselves; signing up for a family member or friend is not allowed.

General registration will begin Monday, March 3, 2014 at 11:00am. Registration can be done online at <https://apm.activecommunities.com/sierramadre>, or in person at the Community Recreation Center, 611 East Sierra Madre Blvd.

For both registrations an account with the City of Sierra Madre must be set up prior to registration. If you do not already have one, please visit <https://apm.activecommunities.com/sierramadre> to create one. If you already have an account please double check that the information is current. Acceptable forms of payment are cash, if in person, check—made payable to the City of Sierra Madre, and credit card (Visa, Mastercard, American Express, and Discover).

It is strongly encouraged to sign up as soon as registration is available on Monday, March 3rd as the race is expected to sell out within two hours. Any questions regarding registration can be directed to the Community Services Department at 626-355-5278.

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CITY EXTENDS BAN ON RECYCLING CENTERS

The city council unanimously voted to extend Monday night an interim urgency ordinance that bans the building of new recycling centers or modifying existing centers until the possibility of a long-term ban is taken up by the council in March.

No one spoke for or against the issue during public comment; it was moved by Councilmember Victor Gordo.

“The emergency ordinance would go into effect tonight,” Gordo said. “To move this along, I would be prepared to offer that we introduce tonight that the longtime ordinance be referred to ed/tech committee [Economic Development & Technology].”

City Attorney Michele Beal Bagneris said the second reading of the long-term ordinance would be March 3. If passed, new recycling centers would be banned from the city.

According to the city staff report, “recycling facilities have the potential to create adverse effects on surrounding neighborhoods. There continues to be a current and immediate threat to the public health, safety and welfare because existing regulations would permit new recycling facilities to be established and existing facilities to be expanded or replaced without consideration of their potential adverse effects.”

“The second extension of the moratorium provides an opportunity to determine what regulations are necessary to eliminate or mitigate potential secondary impacts associated with recycling facilities and also to understand how further regulation or a prohibition on recycling centers may impact businesses governed by the California Beverage Container Recycling and Litter Reduction Act,” the report reads.

The Planning and Community Development Department is also looking into the topic of inside store recycling. In 2010 Target was the first national chain to install recycling stations by checkout lanes in all of their stores.

The Planning and Development Department will implement the moratorium, with support from the Public Works.

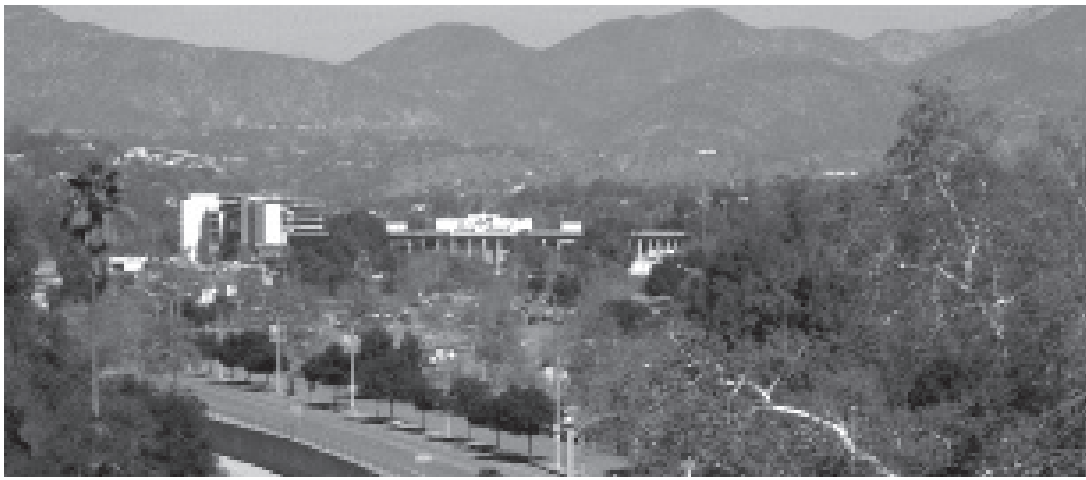
Pet of the Week



Forest is one-year-old Soft-coated Wheaten terrier mix. He's very sweet and affectionate. He's looking for his Valentine today.

Forest's adoption fee is \$125, which includes his neuter surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A349621, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



NFL NOT TO USE THE ROSE BOWL COUNCIL SAYS

The city council took any notion of a National Football League team temperedly using the Rose Bowl, this year, off the table instead opting to increase other large scale events at the stadium throughout the year. Councilmember and chair of the Rose Bowl Operating Company Victor Gordo said the ROBC wanted, for calendar year 2014, the city of Pasadena not to host NFL games and hold no more than 18 “displacement events” at the Rose Bowl Stadium something the city council voted unanimously in favor of Monday night.

“No NFL in 2014, it isn't the ultimate answer but it's certainly a big step forward, A max of

18 [events] and upward isn't ideal but it's a step forward...,” said Linda Vista/Annandale Neighborhood Association President Nina Chomsky. “Then in January 2015 we get to start all over again, I guess, but we will cross that bridge when we come to it.”

Added events included, International Soccer, Autism Speaks (the nation's largest grassroots autism walk program), and AmericaFest. Gordo said it was clear that adding new events would increase revenue for the stadium. He said premium seating revenue was up this fiscal year, from \$2.1 million to \$5 million. It is projected to

hit \$7 million next year he said. Revenue from non-premium seating was projected to be \$1 million this year and \$2 million the next year.

Councilmember Steve Madison said the money was needed for the stadium's, almost complete, \$180 million renovation. Last month, neighbors of the Linda Vista/Annandale area lost a lawsuit, against the city, in an attempt to stop an NFL team from playing at the stadium alleging that an environmental impact study did not correctly take into account the effects of the added events. The council also limited the number minor walks and run events to 13.

Digital Bookmobile to Visit Pasadena Library



The public library will host the Digital Bookmobile on Thursday, February 20 from 11 a.m. to 5 p.m. at Pasadena's Central Library, 285 E. Walnut Street.

“As more and more titles become available to you in eBook format, we want to be sure you are comfortable with how to use them,” said Jan Sanders, Director of Libraries and Information Services. “Some of you have commented that you are curious about eBooks and how to borrow them from this library. Now is your chance to find out. Come and let the OverDrive folks give you hands-on training so you, too, can begin to enjoy our collection of eBooks and other digital media. Demonstrations on downloading will take place all day and staff will be on hand to answer all your questions. See you then.”

The OverDrive Digital Bookmobile is an 18-wheel tractor-trailer. This 74-foot community outreach vehicle is a high-tech update of the traditional bookmobile and is visiting libraries across the nation. The vehicle is equipped with broadband Internet-connected PCs, high definition monitors, premium

sound systems, and a variety of portable media players, all of which help visitors explore Pasadena Public Library's download service. Interactive learning stations give visitors an opportunity to search the digital media collection, use supported mobile devices, and download and enjoy eBooks, audiobooks, music, and video from the library. There is lot's to do at the Digital Bookmobile.

All readers can take advantage of the Pasadena Public Library digital collection 24/7 by visiting the library's website. Readers will find a growing collection of best-selling, new release, and classic titles, and can check out a digital title with a valid library card. Once downloaded, digital titles can be enjoyed on a computer or transferred to one of the many supported mobile devices. At the end of the 21 day lending period, titles automatically expire and are returned to the digital collection. There are never late fees for eBooks!

The Digital Bookmobile is owned and operated by OverDrive, Inc. To check out and download digital books and media, visit the Pasadena/Glendale Digital Library: <http://pas-gdl.lib.overdrive.com>.

Altadena Sheriff Crime Blotter

Sunday, February 2nd

12:30 AM – A petty theft occurred in the 2500-blk of N. Fair Oaks Av. Loss: black w/ gold studs purse, iPod touch 16gb, black Acer Iconian tablet 16gb, white iPhone 4s, iPhone charger.

9:20 AM – A vehicle was reported stolen from the 100-blk of E. Sacramento St. ***Vehicle recovered by Pasadena PD***

Monday, February 3rd

Between 7:00 AM and 7:00 PM – A residential burglary occurred in the 1300-blk of Lexington Av. Suspect(s) entered the residence by shattering the kitchen door window. Loss: black Lenovo tablet, black iPad mini, black Samsung Galaxy cellphone. Between 2:00 PM and 12:00 PM (Tuesday) – A petty theft from an unlocked vehicle occurred in the 500-blk of W. Mariposa St. Loss: vehicle registration. Between 5:30 PM and 7:30 AM (Tuesday) – A grand theft from an unlocked vehicle occurred in the 1100-blk of Meadowbrook Rd. Loss: clothing. Between 5:30 PM and 7:30 AM (Tuesday) – A petty theft from an unlocked vehicle occurred in the 1100-blk of Meadowbrook

Rd. Loss: currency. Between 8:00 PM and 7:00 AM (Tuesday) – A petty theft from an unlocked vehicle occurred in the 1400-blk of Carroll Dr. Loss: coins.

Tuesday, February 4th

Between 8:25 AM and 5:00 PM – A residential burglary occurred in the 1800-blk of N. Sierra Bonita Av. Suspect(s) entered the residence by removing the rear window screen. Loss: black PS3 console, remote control. Between 8:30 AM and 4:10 PM – A residential burglary occurred in the 800-blk of Mountain View St. Suspect(s) entered the residence by cutting the rear kitchen window screen and prying the door kitchen door. Loss: gray HP desktop, black HP laptop, black Sharp 32" flat screen. 9:30 AM – A vehicle burglary occurred in the 2200-blk of Mendocino St. Suspect(s) entered the vehicle by prying the rear doors. Loss: Honda lawnmower, Echo blower, trimmer, and hedge trimmer.

Wednesday, February 5th Between 5:30 AM and 3:50 PM – A vandalism occurred in the 2400-blk of Glenrose Av. Between 8:25 AM and 9:06 AM – A residential burglary occurred in the 1400-blk of Grand Oaks Av. The suspect entered the residence by removing the bathroom window screen.

DUI/License Checkpoint Planned

Pasadena Police Department Traffic Unit will be conducting a DUI/ Drivers License Checkpoint on Friday, February 21, 2014, at an undisclosed location within the city limits between the hours of 8:00 p.m. to 3:00 a.m.

The deterrent effect of DUI checkpoints is a proven resource in reducing the number of persons killed and injured in alcohol or drug involved crashes. Research shows that crashes involving an impaired driver can be reduced by up to 20 percent when well-publicized DUI checkpoints and proactive DUI patrols are conducted routinely.

“Over the course of the past three years, DUI collisions have claimed 4 lives and resulted in 63 injury crashes harming 83 of our friends and neighbors,” said Pasadena Police Chief Phillip Sanchez.

Officers will be looking for signs of alcohol and/or drug impairment with officers checking drivers for proper licensing delaying motorists only momentarily.

Drivers caught driving impaired can expect the impact of a DUI arrest to include jail time, fines, fees, DUI classes, other expenses that can exceed \$10,000 not to mention the embarrassment when friends and family find out.

Suspect described as a male, Black, wearing a black beanie, black clothing, carrying a black backpack. Suspect last seen southbound on Grand Oaks Av. Loss: silver Apple laptop, black iPad, black iPad w/pink cover.

Thursday, February 6th

Between 12:00 AM and 9:00 AM – A vandalism occurred in the 1300-blk of Morada Pl.

12:51 PM – A residential burglary occurred in the 2000-blk of Cray St. The suspects attempted to enter the residence by prying the rear door. Suspects described as (2) female, Hispanics, 19 – 20 yrs, 504-505. Loss: none.

Between 10:30 AM and 4:30 PM – A residential burglary occurred in the 1500-blk of Coolidge Av. Suspect(s) entered the residence via the unsecured window. Loss: platinum wedding ring.

Between 7:00 PM and 7:15 PM – A petty theft occurred at 24Hr. Fitness, 2180 Lincoln Av. Loss: black Samsung Galaxy.

Saturday, February 8th

Between 9:00 PM and 2:00 PM – A commercial burglary occurred in the 2200-blk of N. Lake Av. Suspect(s) entered the location via unknown means. Loss: gray Expedition camera bag, blk CyberPack 8 camera bag, camera flash kit bags, black Nikon D3X camera, black Nikon D3 camera, black Nikon

CITY APPROVES NEW FUNDING FOR HERITAGE SQUARE PROJECT

The city council voted Monday night to increase the city loan assistance to Bridge Housing Corporation for the Heritage Square senior housing project by \$400,000—a move welcomed by many in Northwest Pasadena.

The longtime proposed project at 750-790 N. Fair Oaks Avenue would include a 70-unit affordable rental housing project for very low income seniors.

Councilmember John Kennedy said the purpose of the loan was to allow a better tax credit.

Under the Development, Loan, and Lease Agreement with Bridge Housing Corporation, the project financing structure includes a predevelopment loan in

the amount of \$600,000 from City housing funds; a reservation of project-based rental subsidies for 69 units under the Housing Choice Voucher program administered by the City's housing authority; and a nine percent Low Income Housing Tax Credits from the California Tax Credit Allocation Committee.

This brings the total City loan amount to \$1,000,000 which represents a loan subsidy of \$14,706 per affordable unit. An allocation of tax credits for Heritage Square will enable the project to proceed into plan check, obtain a building permit, and commence construction according to city staff.

Construction is scheduled to begin in spring.



Proposed the Heritage Square project

Pasadena Hastings Branch Public Library Turns 55

Pasadena Public Library's Hastings Branch will celebrate its 55th birthday on Saturday, February 22 from 1 to 3 p.m.

Join in the fun on this festive day. There will be entertainment for all ages provided by local artists, artisans and community groups. Damian Salcedo- Tong will craft imaginative balloon sculptures while Aldonia Bailey creates amazing designs with her face painting talents. Armory Center for the Arts will

provide art projects for children and Ballet Folklorico Quetzal will perform several folklorico dances. There will also be informational tables hosted by community organizations.

This special birthday celebration is sponsored by the Hastings Branch Library Associates.

Hastings Branch Library is located at 3325 E. Orange Grove Blvd. For more information call (626) 744-7262

City Forum on State Water Supply Challenges

The public is invited to attend a free panel discussion on water supply challenges sponsored by the Pasadena Water and Power Department (PWP). Water and environmental experts will discuss California's long-term water supply challenges plus potential state and local solutions.

“Your Water: The Big Picture” begins at 6:30 p.m. Wednesday, Feb. 26, 2014, in Room 107 at the Pasadena Convention Center, 300 E. Green St. The public is encouraged to register for the free event at www.PWPweb.com or by calling (626) 744-3715.

The forum is PWP's kickoff event for its newest public awareness campaign highlighting the City's proactive water conservation and drought response efforts. In addition to hearing from the panelists, the public will

have the opportunity to build a free conservation kit and enter a raffle to win a rain barrel.

Specific discussion topics include where our water comes from; information on plans to stabilize the Sacramento-San Joaquin Delta ecosystem; PWP's innovative local water conservation efforts and incentive programs PWP customers can use to reduce water use and save money.

Panel speakers currently schedules are Roger K. Patterson, Metropolitan Water District of Southern California; Doug Obegi, Natural Resources Defense Council and Dan Rodrigo, CDM Smith.

For more water and energy conservation tips visit www.PWPweb.com/SaveEnergy.

Statewide drought information is online at www.saveourH2o.org.

Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you.

Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be

Class Offerings 6:00 pm – 8:00 pm Nightly

Closed for Presidents' Day

Monday, Feb. 17 All day

Introduction to Field Production Training

Wednesday Feb. 19 at 6:00 pm - 8:00 pm

Orientation & Producers Training

Monday Feb. 24 at 6:00 pm - 8:00 pm

New Studio Grand Opening

Tuesday March 4 at 7:00 pm - 9:00 pm

Citizen Journalism Digital Film Group

coming soon
coming soon



PASADENA MEDIA

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

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“What’s Going On?” *News and Views from Joan Schmidt*

Five Great Candidates in Arcadia- What’s a Voter to Do?

At the February monthly Arcadia Chamber of Commerce Government Forum Meeting, we were introduced to the five candidates running for three open positions on the Arcadia City Council.

Each candidate was given four minutes to speak and four were in attendance: Thomas Beck, Roger Chandler, Sho Tay and Paul Van Fleet. Burton Brink, the fifth candidate, had a prior commitment that could not be changed. However, Chairman Jack Orswell read Brink’s statement.

I am only going to give readers a “short glimpse” of each candidate. There are websites to learn more, and on March 6, there will be a “Meet the Candidates Forum” at the Arcadia Public Library from 7:00-8:30 pm.

Mr. Orswell began with Mr. Brink’s statement. Mr. Brink is running for City Council because he loves the city; it is the community he grew up in-his family has lived in Arcadia for 47 years. His mother Carolyn Brink was on the Arcadia Planning Commission and his parents taught him to serve the community-he has been a member of the L.A. County Sheriff’s Department for 25 years.

Mr. Brink wants to make sure the City “continues to move forward and keep our focus on making the city a safe place... businesses thrive and grow...schools continue to get the support they need to keep our kids learning and become our future.”

The first speaker was Tom Beck. Current Mayor Segal, Mayor Pro Tem Wuo and Council Members Kovacic and Harbicht had all asked Mr. Beck to run for office. The Beck family moved to Arcadia in the 80’s. They immediately became involved in the schools-founded the Parent Support Group at Highland Oaks Elementary and then at Foothills Middle School. Mr. Beck has been involved at Methodist Hospital. Mr. Beck suggested that “Economic Development Manager Jerry Swartz should go directly to City Manager Dominic Lazzaretto ...Arcadia needs to enter every Friendly City Contest...poll our

businesses with questionnaires and act on the results.”

Roger Chandler is the only candidate with experience (16 years) on the City Council and served as Mayor three times, “Arcadia is a great city, all council members and great staff have kept the City solid...No scandals...Public has elected good people...Arcadia is a strong city, most City Managers are envious of us...top rated schools, top city in Southern California to raise kids...I don’t have a Jump in and Do Changes campaign...I’ve only been gone two years.”

Paul Van Fleet began saying, “Roger is a hard act to follow...I am running for office because I want to contribute my skills and talents to keep Arcadia the paradise it is. Sixteen years ago I decided to make Arcadia my home.”

Mr. Van Fleet has lived “all over the world, worked in various fields, speaks a smidgen of Chinese and feels he has a lot of experience and expertise to bring to the Council.”

Sho Tay is no stranger to Arcadia. He has been a candidate before and his record is quite impressive. He was born in Taiwan, but family relocated to Okinawa which he why he speaks Japanese. At age 18, his family moved to Alhambra. His father died young, and at age 19, Mr. Tay began a business to support his family. In 1994, he and his wife Sherry moved to Arcadia and their two children were born at Methodist Hospital. Mr. Tay has served on the Arcadia Chamber of Commerce, Board of Trustees for the Los Angeles County Arboretum, Arcadia Masonic Lodge, Arcadia Red Cross and many more. On his web site, it shows numerous awards/recognition from Congressman Dreier, Supervisor Antonovich, Arcadia Chinese Association, Arcadia Firefighters Association, and more. Mr. Tay feels his 30+ years of business experience and involvement in law enforcement (Reservist, Alhambra Police Department) give him the ability to make a difference in the City.

I see five men who are well-qualified and with experience to serve on the Arcadia City Council. Please visit their websites to learn more and attend the March 6 Candidate Forum at the Arcadia Library from 7:00-8:30 pm.

Arcadia Police Blotter

For the period of Sunday, February 2nd, through Saturday, February 8th, the Police Department responded to 1,080 calls for service of which 142 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, February 2:

1. Just before 1:41 a.m., an officer made consensual contact with a subject and discovered he had a suspended license. Shortly after, the officer noticed the same subject driving a vehicle and conducted a traffic stop in the area of Clark Street and Kardashian Avenue. The 44-year-old White male was arrested and transported to the Arcadia City Jail for booking.

2. At about 9:47 p.m., officers working Super Bowl DUI Saturation Patrol observed a stalled vehicle on eastbound Live Oak Avenue at Second Avenue with no headlights on. An investigation revealed the driver was under the influence of alcohol and collided with a tree. The 46-year-old Black male was arrested and transported to the Arcadia City Jail for booking.

Monday, February 3:

3. Around 3:00 p.m., an officer was dispatched to a residence in the 1800 block of South Third Avenue regarding a theft report. The victim observed a female subject walking away from his front porch carrying a package, which contained a car seat that he recently ordered on Amazon. The suspect fled in a white newer model SUV. She is described as White or Hispanic, 20 to 30-years-old, 5’8” tall, 155 lbs., wearing casual type clothing.

4. At approximately 5:17 p.m., an officer observed a vehicle speeding in the area of Old Ranch Road and Huntington Drive. The vehicle failed to stop at the stop sign and then ran a red light at the intersection of Huntington Drive and Sunset Boulevard. The officer attempted a traffic stop; however, the vehicle fled and a pursuit continued until the vehicle crashed into a house in the 300 block of California Boulevard in Pasadena. The suspect was detained on the front lawn and provided with immediate medical aid for lacerations to his face. Pasadena Fire arrived on scene and transported the suspect to Huntington Memorial Hospital. The case is being reviewed for criminal charges.

Tuesday, February 4:

5. At approximately 3:31 p.m., officers were dispatched to a residence in the 400 block of Sharon Road regarding an attempted residential burglary. The victims were watching TV in their den when they observed two suspects tampering with their window in attempt to get inside. Officers arrived on scene and established a perimeter of the area as both suspects fled on foot.

One suspect, a 24-year-old Black male, was located and arrested in a backyard in the 400 block of West Lemon Avenue. The second suspect, a 21-year-old Black male, was located inside a residence in the 500 block of Sharon Road where he was hiding underneath a bed.

Both suspects were transported to the Arcadia City Jail for booking.

Wednesday, February 5:

6. Around 7:50 a.m., an officer was dispatched to Bank of America, 1234 South Baldwin Avenue, regarding a robbery that just occurred. As the victim walked up to the ATM, a male subject approached her from the side, pointed a gun, and demanded she give him money or else he would shoot her. The victim handed over all of the money she had in her wallet and the suspect fled in a white truck.

Shortly after, a traffic officer located a vehicle matching the suspect vehicle and conducted an enforcement stop in the area of Las Flores Avenue and First Avenue. An investigation revealed the suspect was in possession of \$400 cash and an empty airsoft pistol gun case. The victim confirmed his identification and assisting officers located the matching airsoft gun along First Avenue, south of Duarte Road. The 47-year-old Hispanic male had a suspended license and an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.

Thursday, February 6:

8. Just after 00:28 a.m., an officer conducted a traffic stop on a vehicle for a broken tail light in the area of Live Oak Avenue and Second Avenue. The officer discovered the subject had a suspended license and was on probation. A search of his vehicle revealed he was in possession of stolen mail, including someone’s new license plates and registration tabs. The 32-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

9. At approximately 8:20 p.m., an officer conducted a traffic stop on a vehicle for lane swerving in the 900 block of West Huntington Drive. An investigation revealed the 53-year-old Hispanic male driver and 41-year-old Hispanic male passenger were in possession of methamphetamine. Both suspects were arrested and transported to the Arcadia City Jail for booking.

Friday, February 7:

11. At approximately 7:00 a.m., an officer responded to a multi-family residence in the 500 block of East Longden Avenue regarding a battery report. An investigation revealed the property owner was punched in the face by her tenant when she attempted to serve her with a 30-day eviction notice. The 32-year-old Hispanic female suspect fled the location prior to the officer’s arrival. The victim was desirous of prosecution.

12. Just before 9:20 p.m., officers conducted a traffic stop on a vehicle for failing to stop at a stop sign at the intersection of Second Avenue and Joyce Avenue. The officer discovered the driver had expired registration, an outstanding misdemeanor warrant, and was in possession of a narcotic drug. The 35-year-old Hispanic female was arrested and transported to the Arcadia City Jail for booking.



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FOOTHILL EXTENSION UPDATE: *Pasadena to Azusa Surpasses 50%*

The Construction Authority announced today that the Foothill Extension light rail project from Pasadena to Azusa is now more than halfway to project completion. The project is on-schedule for a September 2015 turn over to Metro for testing and pre-revenue service. Metro will decide when the line opens for passenger service.

Since work began in 2010, more than 600,000 work hours have been expended on the project. We are proud to say that none have been lost due to injury. To date, crews have completed the \$18.6 million Gold Line Bridge; as well as eight of the 14 at-grade street crossings, 15 of the 24 bridge structures, and 70% of the utility work along the 11.5-mile Alignment. Additionally, more than half of the foundations are now in place for the future Overhead Catenary System that will power the light rail system through this area.

“Monrovia residents are patiently accepting the challenges brought by construction, because we all eagerly anticipate the Gold Line arriving in our city. The excitement is certainly building, especially now that we see the Monrovia station and parking facility starting to take shape. Our city continues to move forward on the plans for our Station Square development, including the largest public works project in our history that will be built up literally around the Monrovia Gold Line station.”
- Mayor Mary Ann Lutz, City of Monrovia

“Construction of the Gold Line has gone very well in Arcadia, since the project broke ground at Newcastle Park in June 2010. The Gold Line Bridge over the eastbound I-210 Freeway has won awards for its’ unique design and engineering, and the three other rail bridges in the city are also quite impressive. The Construction Au-



Aerial view of the recently completed Santa Anita Ave Bridge in Arcadia

Here is what the project’s corridor mayors are saying about the 50% project milestone:

“I am extremely impressed as I watch the Gold Line being built in Azusa. Crews are nearly complete with the enormous undertaking of moving miles of freight track into its new position; while also building or rebuilding nine rail bridges and completing new street crossings across the city. Work has recently begun on our two future stations, and soundwalls are now under construction along the length of the rail corridor. I am confident that the project is more than halfway complete in our city, and I applaud the Construction Authority and their contractor for a remarkably smooth job so far. Keep up the good work.”
- Mayor Joseph Rocha, City of Azusa

thority and their contractor have done an excellent job making sure that the light rail project fits aesthetically into our city so well that I believe it is going to feel like the train never left Arcadia.”
- Mayor Mickey Segal, City of Arcadia

“The 50% completion of the Gold Line to Duarte marks a triumphant shift in transit options for Duarte residents. We look forward to 100% completion when we can ride the Gold Line into Pasadena and L.A. The canopy structures are already installed at our beautiful station, and light rail track is being laid just a few hundred feet to the east. I look forward to celebrating the completion of the Duarte/City of Hope station just a few short months from now.”
- Mayor Liz Reilly, City of Duarte

Monrovia Police Blotter

Highlighted Activity for the Weekdays of February 10-12, 2014

During the last seven-day period, the Police Department handled 358 service events, resulting in 66 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter for police notifications.

Grand Theft Auto / Vehicle Recovered

February 10 at 9:23 a.m., a parking control officer noticed a vehicle parked in a no parking zone in the 100 block of West Central Avenue. The officer determined the registered owner lived at an address nearby and the owner was contacted. The owner said they last saw their vehicle in their driveway. It was determined that the vehicle had been stolen and left a few blocks away. A police officer responded to take a report. The investigation is continuing.

Wanted Person / Assault with a Deadly Weapon – Suspect Arrested

February 10 at 10:47 p.m., an officer was on patrol in the 200 block of North Grand Avenue when he saw a male subject who he recognized from a wanted persons flyer. He detained the suspect and confirmed it was the person from the flyer. The suspect was wanted for assault with a deadly weapon, a crime that occurred on February 7 in the 300 block of South Myrtle Avenue. The suspect was arrested and taken into custody.

Vehicle Burglary

February 11 at 6:03 a.m., police responded to the report of a vehicle burglary. A resident in the 500 block of West Duarte parked her vehicle in the carport area of her apartment complex in the evening. At approximately 4:40 a.m., she heard her car alarm activate. She looked out her window and saw a tan Honda Accord parked next to her vehicle that drove away with its lights blacked out. The victim saw three male Hispanics in the vehicle. The loss consisted of two jackets, the vehicle manual and service records. The investigation is continuing.

Grand Theft Auto / Vehicle Recovered

February 11 at 7:06 a.m., a vehicle was reported stolen from the 700 block of South Myrtle. The resident parked his vehicle in front of his residence in the evening and at 7:00 a.m. noticed it was missing. The vehicle was entered into the stolen vehicle system and the LoJack system was activated. Officers received a hit and located the vehicle in the 200 block of Stedman. There appeared to be no loss from the vehicle and there was no sign of forced entry. It was discovered during the investigation that the victim had left the valet key in the vehicle. The investigation is continuing.

TIP OF THE WEEK

Walk This Way! Taking Steps for Pedestrian Safety

This Information is Provided by the Centers for Disease Control and Prevention

Take steps to be safe when walking on roadways. This includes exercising caution at intersections and crosswalks and increasing your visibility at night by wearing retro-reflective clothing and carrying flashlights.

Walking is good for your health, and it’s good for the environment too. But before you head out on foot for a stroll, power walk, or errand, there are important safety tips to remember.

What’s the problem?

Pedestrians—people who travel by foot, wheelchair, stroller, or similar means—are among the most vulnerable users of the road.

In the next 24 hours, on average, more than 460 people will be treated in an emergency department for traffic-related pedestrian injuries. In the next 2 hours, on average, one pedestrian will die from injuries in a traffic crash.

Take Steps for Safety = It’s especially important to watch out for children’s safety when they’re walking near traffic. For more information on Pedestrian Safety visit the website for Centers for Disease Control and Prevention. Whenever you’re walking, keep these tips in mind:

Cross the street at a designated crosswalk.

Be careful at intersections where drivers may fail to yield the right-of-way to pedestrians while turning onto another street.

Increase your visibility at night by carrying a flashlight and wearing retro-reflective clothing. It’s safest to walk on a sidewalk, but if you must walk in the street, walk facing traffic.

As pedestrians, children are at even greater risk of injury or death from traffic crashes due to their small size, inability to judge distances and speeds, and lack of experience with traffic rules. Nearly one in four traffic deaths among children ages 14 and under are pedestrian deaths.

(StatePoint) Sometimes it can be hard to convince kids that learning is fun. While parents can't necessarily control how exciting the school day is, they can make off-hours learning more fun and exciting -- especially when it comes to a potentially hands-on subject like science.

It is particularly important to foster an interest in science at an early age. Not only does an understanding of its principles mean a greater understanding of how the world works, the need for experts in scientific fields is on the rise, according to Labor Department statistics.

If you're not too up on the subject yourself, don't worry. You don't need to be Sir Isaac Newton to put a spotlight on science, say experts.

"Children are natural explorers. They want to roll over rocks to see what critters are hiding below, and take apart gadgets to see how they work. It's important to encourage that. We don't want our kids to just consume technology - we want them to design it, build it, and be innovators," says "Science Bob" Pflugfelder, an elementary school teacher and co-author of the "Nick and Tesla" book series for kids.

Here are a few ways to get started:

Experiment

Make your home a laboratory. In order for your experiments to be safe and successful, be sure to follow instructions. There are plenty of free online resources that parents can turn to for science fair and experiment ideas -- and complete instructions. For example, to build your own fog tornado or make your own rock candy, you can visit www.ScienceBob.com for step-by-step guides.

Think Fiction

An exciting work of fiction can be inspiring. Expose your kids to entertaining movies and books that feature the application of science in action-packed scenarios.

For example, the "Nick and Tesla" series, by Pflugfelder and writer and journalist Steven Hockensmith, follows the adventures of two 11 year-old siblings who use science and electronics to solve mysteries.

Narratives are peppered with blueprints and instructions, so young budding inventors at home can follow along. Information about their latest book, "Nick and Tesla's High-Voltage Danger Lab," as well as the other books in the series can be found at www.NickandTesla.com.

Take a Trip

One thing that most museums have in common is signs that say "do not touch." But at a science museum, it's all about interactive fun. Take the kids to learn more about their favorite subjects, from animals to outer space to volcanoes.

Remember, science is all around us, so you don't necessarily need to go somewhere special to get kids thinking about it. Turn a regular day of errands into one of scientific discovery. Encourage your kids to note their observations on paper and discuss what they've seen and what it means at the end of the day.

Just because the school bell rings, doesn't mean the learning has to stop. Take steps to make science a bigger and better part of your kids' day.



Photo by MichaelJung - Fotolia.com

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41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School

971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Chris Schnieders, PhD
Email: jackykn@frostig.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave. Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

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234 Campus Dr., Arcadia, Ca. 91007
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(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: THE MONUMENTS MEN

by Ben Show



After hearing about this movie for months and seeing multiple trailers, my expectations for "The Monuments Men" were pretty high. With an amazing cast and George Clooney at the helm (starring in, directing, producing, and writing the screenplay), combined with one of the most tumultuous times in history, this movie was sure to be great, right? Right?

Frank Stokes (George Clooney) gets together a ragtag band of artists and architects to go into Nazi Germany in order to rescue priceless pieces of stolen art. Along the way, they meet Claire Simone (Cate Blanchett), a feisty French woman who works at one of the museums where art is being stolen from. Together, they work to reclaim as much art as possible before the Nazis wipe out much of Europe's cultural history.

Everything about this movie was done wrong. The cinematography was amateur, the directing felt almost nonexistent, the acting was boring, the screenplay even more so, and even the score was dreary. All in all, it feels like a long, boring history film that you would watch when you have a substitute in your High School history class. No one should waste their time or money on this worthless piece of junk.

Janice Tuttle

626.248.6403
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We're watching competitions every...

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The halfpipe and snowboard cross are my favorite events!

Yahoo!

I'm crazy about the Winter Olympic Games! Ice skating, skiing and snowboarding are some of my favorite cold season sports. Watching people from all over the world compete in the Games is such a thrill. What do you know about the Winter Olympics? Read the clues and fill in this crossword to find out!

1. Over 2,500 _____ are competing.
2. They come from about 90 _____.
3. 2014 is the first year that athletes from seven largely _____ countries (including Paraguay and Zimbabwe) are competing in Winter Olympics.
4. Athletes from _____ have qualified for the luge.
5. A team from Jamaica is going to compete in the _____ again this winter.
6. The United States team of 230 athletes is the _____ group ever sent.
7. For the first time, _____ will be able to compete in ski jumping.
8. One of Russia's favorite sports is _____, so Russians are sure to tune in!
9. The USA has won more medals in _____ than any other country.
10. _____ is beloved all over the world; a widely viewed sport.
11. About 1,300 _____ have been made for the Winter Olympics! Some of the gold ones will have a bit of the largest meteorite to hit the earth recently (landed in Russia on Feb. 15, 2013).
12. Over the years, the athletes from _____ have won the largest number of medals at the Winter Games.
13. Cross-country skier Bjorn Daehlie (Norway) held the _____ record for most medals won going into Sochi.
14. Speed skaters Apolo Ohno (8 medals) and Bonnie Blair (6 medals) had won the most medals for Team _____.
15. The 2018 _____ Olympics will be held in PyeongChang, South Korea.

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Winter

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athletes

Norway

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warm

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Mountain Views News 80 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.2737 Fax: 626.609.3285 Email: editor@mtnviewsnews.com Website: www.mtnviewsnews.com

B.R. CHARDONNAY GOOD VALUE FOR LESS THAN \$15 & HOT DOGS

Chardonnay is the most popular grape grown in California, with over 100,000 acres, it is the wine type variety with the most acreage planted in California. Cabernet Sauvignon was the second most planted wine grape in California with 76,800 total acres. Thus, Chardonnay is the most used grape for bottles wines and sparkling wines. There's your history lesson!

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

We visit the North Coast in the heart of the Sonoma Valley for an above average Chardonnay Silver Label by the B.R. Winery. This is a 100% chardonnay grapes blend. Many of you prefer the oaky taste of Chardonnay while others tend to like the buttery taste of Chardonnay. This Silver Label offers a toasty oak flavor with a sure hint of green apple and lemon. The grapes are sourced from a variety of local Sonoma Vineyards. My suggestion is not to chill this bottle too much but instead pour it at just below room temperature. Through personal experience, pouring just below room temperature really brought out a great taste, especially with the jumbo shrimp that I paired it with. Though I will say that a pairing of food is not a must, it's fine to just open and drink right away. Remember: buy it to drink, not to save. Note: This Chardonnay is a little darker then most in color.

Dills Score -

Each week I will give you my Dills Score. I have added points for value. I'm starting with a base of 50 points; I added 7 points for color, 7 points for aroma or "nose", 8 points for taste, 8 points for finish, and 8 points for my overall impression, which includes my value rating.



The Chardonnay is available at Vons/Pavilions and other retailers for about \$13

Rumor: A New restaurant featuring hot dogs is taking the place of the Sushi spot on Sierra Madre Blvd. Stay Tuned

Tune into Dining w/ Dills Sunday 5 PM on 790KABC Radio
Email Peter at thechefknows@yahoo.com and follow me on Twitter [@KINGOFCUISINE](https://twitter.com/KINGOFCUISINE)



FRIENDS OF THE SIERRA MADRE LIBRARY WINE AND CUISINE TASTING

For an evening of fine wine and cuisine and lively entertainment join us at the 44th annual Friends of the Sierra Madre Library Wine and Cuisine Tasting. This elegant affair is being held on Friday evening, February 21, 2014, at Alverno Villa, 675 West Highland Avenue, Sierra Madre, CA. (parking entrance on Michillinda Avenue).

Such vintners as Manzanita Creek, Berringer/Treasury, Coppola, Wild Horse, and Maddalena Vineyards will be providing superb wines for your tasting pleasure. The fine local restaurants offering delectable hors d'oeuvres and desserts include Trattoria Neapolis, El Cholo, Green Street, Sierra Brigante, The Only Place in Town, and Pie 'N Burger.

Tickets to the premier event are \$80 and allow you early admission at 6:00PM. You will be treated to a wine tasting with a local sommelier, specially selected hors d'oeuvres, and a unique raffle. Tickets to the premier event are limited to 100 guests and are going fast so act quickly to enjoy these exceptional activities. Tickets to the main event are \$60 and provide admission at 7:00PM. You will enjoy quality wines from a number of award winning wineries and tastings from many fine local restaurants. We are limiting the number of tickets sold to 400 to add to your enjoyment. Tickets to both the premier event and main event are on sale at the Sierra Madre Library, the Bottle Shop, Savor the Flavor, and Arnold's Frontier Hardware.

Throughout the evening you will enjoy live music as you stroll about the lovely grounds of Alverno sampling the wonderful wines and appetizers. Magic Castle magicians will add to your entertainment and pleasure. A silent auction will again be offering lovely artwork, services, tickets to special events, restaurant vouchers, and many other tempting items.

For a delightful evening of enjoying fine wines, tasty food, and lively entertainment amidst the company of friends, joins us at Alverno Villa on February 21, 2014. The Friends of the Sierra Madre Library is a non-profit organization and all proceeds benefit the Sierra Madre Library. For more information visit our website at www.sierramadrelibraryfriends.org, or call the library at 626 355-7186.



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INGREDIENTS

Sauce:

2 tablespoons unsalted butter
4 teaspoons all-purpose flour
1 1/4 cups whole milk
1/4 teaspoon salt
1/8 teaspoon ground black pepper
Pinch ground nutmeg

Lasagna:

1 (15-ounce) container whole milk ricotta cheese
1 (10-ounce) package frozen chopped spinach, thawed, squeezed dry
1 cup plus 2 tablespoons grated Parmesan
3 ounces thinly sliced prosciutto, chopped
1 large egg, beaten to blend
3/4 teaspoon salt, plus more for salting water
1/2 teaspoon freshly ground black pepper
1 to 2 tablespoons olive oil
12 uncooked lasagna noodles
2 cups marinara sauce
1 cup shredded mozzarella (about 4 ounces)

DIRECTIONS

To make the sauce: Melt the butter in a heavy medium saucepan over medium-low heat. Add the flour and whisk for 3 minutes. Whisk in the milk. Increase the heat to medium-high. Whisk the sauce until it comes to a simmer and is thick and smooth, about 3 minutes. Whisk the salt, pepper, and nutmeg into the bechamel sauce.

Preheat the oven to 450 degrees F.

Whisk the ricotta, spinach, 1 cup Parmesan, prosciutto, egg, salt, and pepper in a medium bowl to blend.

Add a tablespoon or 2 of oil to a large pot of boiling salted water. Boil the noodles until just tender but still firm to bite. Drain. Arrange the noodles in a single layer on a baking sheet to prevent them from sticking.

Butter a 13-by-9-by-2-inch glass baking dish. Pour the bechamel sauce over the bottom of the prepared dish. Lay out 4 lasagna noodles on a work surface, then spread a large spoonful (about 3 tablespoons worth) of ricotta mixture evenly over each noodle. Starting at 1 end, roll each noodle like a jelly roll. Lay the lasagna rolls seam side down, without touching, atop the bechamel sauce in the dish. Repeat with the remaining noodles and ricotta mixture. Spoon 1 cup of marinara sauce over the lasagna rolls. Sprinkle the mozzarella and remaining 2 tablespoons of Parmesan over the lasagna rolls. Cover tightly with foil. Bake until heated through and the sauce bubbles, about 20 minutes. Uncover and bake until the cheese on top becomes golden, about 15 minutes longer. Let stand for 10 minutes. Meanwhile, heat the remaining marinara sauce in a heavy small saucepan over medium heat until hot, and serve alongside.

Read more at: <http://www.foodnetwork.com/recipes/giada-de-laurentiis/lasagna-rolls-recipe.print.html?oc=linkback>

SAVOR BRINGS THE GOODIES - PART II

Foodie Tips and Tidbits for SavorThe Flavor -Sierra Madre*

The Fancy Food Show - Picking The Products for Our Customers

After 16 years, we have developed a small cadre of most favorite purveyors--Stonewall Kitchens for their sublime sweet and savoring combination condiments and Fran's for their decadent chocolate and caramel dessert sauces. We visit this small "can't miss" group early in the show to place orders, taste their new offerings and renew friendships.

After placing orders with our "All-Stars," we visit vendors who we have researched and identified as "potentially" a Savor partner. THIS WHERE THE REAL ADVENTURE BEGINS!

Out of the miles of aisles of items we could pick, how do we select what we want to bring home?

It's a combination of four elements:

The Look--visually, the product must jump off the shelf at you; graphics and label contribute in a major way to initial visual appeal.

The Taste--flavor is key; it must alert one's taste buds and trigger the brain's pleasure center. Chocolate is the best example. Flavor must evoke a "must have" response.

Where is it available to our customers? From the beginning, we have not carried products that are available in the big box chain stores. How special can it be if you can find it everywhere?

Pricing--typically made in smaller batches, often by family businesses, specialty foods are almost always pricier than mass market items. And because Savor buys in small quantities, volume discounts are not available to us to, pass on to our customers. This presents a big challenge to us; frequently, we pass up a really wonderful product because we think it costs too much.

A Word about Taste

We don't claim to be the final arbiters of taste, but as in art, we know what we like. Regular Savor customers know that there are always a variety of goodies to taste every day. Since many of our items are new to the market, unless customers can sample, they don't know what to expect. So, when we evaluate a new food, they typically wind up in one of four categories:

1. Creative/Wow! I wish I had thought of this!! This is original and creative and we want it! Think of our new Fruit Vinegars or Anette's Tequila Lime Brittle.
2. This is the best I ever tasted! These win SOFI Awards and our hearts and often wind up on our shelves. Think of Basil Olive Oil or Sundried Tomato Ketchup.
3. Unremarkable. These fulfill the expected taste and texture profile, but bring nothing extra or interesting to the experience. You will not find these at Savor the Flavor.
4. What were they thinking?! This category is reserved of those products which, in our estimation, should have remained an idea on paper. New products are arriving daily, so stop in and check them out!

Some of our favorites are:

From Stonewall Kitchen:

- * Sriracha Aioli
- * Harissa sauce
- * Truffle Spread

Goodness Gracie's Heavenly Toffee Cookies

Effie's Malted Cocoa Cakes & Malted Rye Cakes

Cocomel's Coconut Milk Caramels

Tipsy Tapas Cheese Stuffed Baby Squash

Savor the Flavor, 11 Kersting Court, Sierra Madre. [Www.savorthe Flavor.net](http://www.savorthe Flavor.net)



Happy Tails ECO-AWARE KITTY-CAT CARE

by Chris Leclerc



Any cat lover worth their own salt knows that the end results of caring for their furry feline friend can have an impact on the environment. It may seem quite slight from a single owner's perspective if they only consider their own personal contribution, but if one considers the contribution of all owner cat care in today's society, the global impact becomes rather significant.

We all make daily choices in our lives that may or may not be eco-friendly, and many of us have decided to make choices that will lessen our environmental footprint, whenever possible. For example, you might choose to drive a small economy-sized vehicle versus an enormous gas-guzzling SUV to conserve fuel and decrease pollutant output. We work harder at turning off the lights and appliances in our homes when we walk out of a room, to conserve energy, and we do our best to help keep the oceans clean by safely tucking our trash into a bin where the wind won't blow it away. This same ecological ethic can also apply to choices we make when we go about caring for our furry feline friends.

Here are a few tips to help minimize the global impact of the cat owner's household. Many cat owners are already very aware of these simple nature-saving practices, but others may not be so aware. I hope you find this list of suggestions helpful for your feline care routine.



Manage Waste ~ A visit to the landfill reminds us that waste production is an environmental problem of epic scale. While people are the primary contributors, anyone who has ever had a pet knows that animals also produce a lot of waste. An estimated 10 million tons of waste from pets fill landfills yearly. What can you do? Although we know waste production cannot be eliminated completely, there are a number of things we can do to decrease the quantity of waste we generate. For starters, use biodegradable poop bags or recycled plastic bags when scooping and disposing of your cat's waste.

Consider switching to a litter made from biodegradable materials such as corn, wheat, green tea, soy, walnut, recycled newspaper or pine sawdust from lumber waste. Remember to transition slowly so your cat has a chance to get used to the new product. Add the new litter to the old in part, and gradually add more until it is fully replaced.

Buy Green ~ Whenever possible, buy pet products made from recycled or sustainable materials. Environmentally friendly beds have filling made from recycled plastic, and eco-friendly cat trees and scratchers are constructed from repurposed cardboard. You can also purchase pet products made from sustainable materials such as hemp or bamboo. Environmentally friendly hemp can be used to make almost everything - collars, food bowls and toys. Sustainable bamboo can be used to make food bowls and cat furniture. If you really want to be creative, you can even make your own eco-friendly cat toys!

Buying green also means choosing products that are less harmful to the environment. This applies to grooming and cleaning products that can have an immediate impact. Select grooming products made from all-natural ingredients rather than harsh detergents. It is not only better for the environment, but way better for your cat. Likewise consider buying natural cleaning products for your home. Cleaners such as Pine-Sol and Lysol contain phenols that are poisonous to cats and can cause liver failure if they come into contact. Bleach contains sodium hypochlorite that can cause burns on sensitive cat paws.

Recycle ~ When people consider recycling they typically think about materials such as newspapers, plastic bottles, glass and aluminum. They usually overlook another way to recycle: reusing instead of throwing away old pet supplies, think about donating them. Many shelters and rescue groups accept donations of gently used pet products, such as carriers, beds, toys, collars and bowls. They also use old newspapers to line cages and old towels to clean animals or cushion beds. Call your local shelter and rescue groups to find out if your old pet supplies can be put to good use rather than ending up in a landfill.

Buy in Bulk ~ One of the easiest things you can do to help the environment is to buy in bulk. When you purchase pet food and pet supplies in bulk, you are not only saving money, you are conserving fuel and lowering emissions by avoiding extra trips to the store. Buying in bulk also cuts back on excess packaging that ends up in a landfill. These suggestions may seem trite, but it all adds up in the long run.

Keep Cats Indoors ~ It's easy to forget that our cuddly feline companions are also one of nature's fiercest predators until we remember that what they are related to. Like their larger cousins, they big cats, they are prolific hunters. Pet parents who let their cats go outside are quickly reminded of their cats' prowess powers, as they are often greeted with their cats' daily haul. Cats prey on frogs, lizards, snakes, birds and rodents. The best way to protect native wildlife is to keep our feline friends indoors. Not only is this choice good for the environment, it is safer for your cat.

Spay or Neuter ~ Although technically not an eco-issue, I consider pet overpopulation an extension of our society's consumerism. Sadly, some people treat their pets as thought they were expendable, and those pets end up at the animal shelter when they become inconvenient. Likewise, many people contribute to the overpopulation problem when they don't spay or neuter allowing accidental litters to occur. Make sure you are not part of the problem by spaying or neutering your pet.

Stop Shopping, Start Adopting ~ Finally, if you are thinking about getting a cat, consider finding a feline friend at a local shelter or rescue group. This is a win/win way to help reduce the overpopulation problem while giving a "recycled" pet a new lease on life! An estimated 3 to 4 million cats and dogs are euthanized annually in the US. Although you are not lowering emissions or saving rainforests when you adopt a pet, you are chipping away at this dreadful statistic, one precious life at a time.

Source: Eco-Friendly Felines by Dr. Ruth Macpete, Cat Fancy Magazine, Oct. 2013

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LOOKING FOR A BEST FRIEND...

.....To be your Valentine?

So is Beverly!



Beverly is a very sweet white and cream colored, long legged Chihuahua girl between 1 ½ - 2 years old. When she first arrived at the shelter back in November, 2013, she was very skittish, timid, quiet and hid under the cot in her kennel. But after a few weeks of socializing with volunteers and other dogs, came out of her shell and blossomed into a very happy, friendly and playful doggy with a lot of personality! Beverly is an active and independent girl who loves other dogs and gets along with her kennel mate. Once she becomes more familiar with you, she will sit on your lap for pets, cuddles and sit for treats. She thoroughly enjoys going on walks, playing and socializing with other dogs. She is very entertaining to watch when she meets and invites other dogs to playfully interact with her. She transforms into a cute, silly, expressive and animated little show-off that puts smiles on the faces of people watching her.

Beverly is looking for a person, couple or small family who would give her a loving home with a yard, another dog and many opportunities to meet up and play with other dogs on her walks and outings.

She is spayed, up to date with all routine shots and ready to move in. Please consider making this gal part of your family! She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Beverly (aka..... 5737), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. Her adoption fee is \$120 which includes her spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Beverly. See our website at www.sgvhumane.org for information and photos of all our available pets.

PET OF THE WEEK

COCOA: ANIMAL ID #A4674103

This girl is as sweet as they come! Meet Cocoa (A4674103), a super cute and cuddly five-year-old tan and white female Chihuahua who was found in West Covina on February 5th and brought to the Baldwin Park Shelter. Weighing eight pounds, this girl seems to have had some leash training, though she prefers to be carried around to be as close as possible to her human. She recently had



a litter of puppies who did not accompany her to the shelter. She is good with other dogs, but seems happiest to be in the arms of people. Volunteers think she will be happy to join a family with well-behaved children. Cocoa is a sweet, loving and affectionate companion for anyone in any living situation and would be a superb match for a senior citizen.

To watch a video of Cocoa please visit: www.youtube.com/watch?v=nRlnJmfj2c

To meet Cocoa in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-

2378 or 626-962-3577). She is currently available now. For any inquiries about Cocoa, please reference her animal ID number: A4674103.

The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Cocoa or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org.

To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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SEAN'S SHAMELESS REVIEWS:

By Sean Kayden

FEBRUARY'S PLAYLIST

Work Drugs – “Heaven Or Farewell” – Another year, another Work Drugs album. Perhaps the hardest working musicians around, Thomas Crystal and Benjamin Louisiana, the duo from Philadelphia is prepping their new record, “Insurgents” for a March release. “Heaven or Farewell” is a boisterous new jam. In vein of the Work Drugs’ signature sound of synth-pop and smooth-fi, the new track is extremely catchy. If you’re not dancing to this 80s style tune, something is terribly wrong. Once you get a taste of this one, you’ll be coming back for some Work Drugs in no time flat.

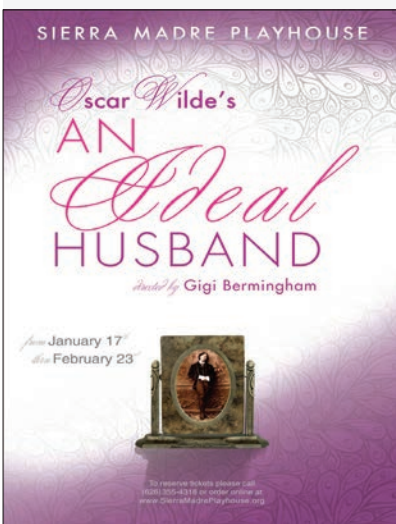
Fanfarlo – “Cell Song” – Fanfarlo just released their third LP, “Let’s Go Extinct.” The London indie-pop rockers change up their style a bit for this latest endeavor. “Let’s Go Extinct” is a little slower than previous efforts, but still effective. “Cell Song” is a smooth, really interesting tune that throws in a lot of instruments, including the piano and saxophone. Their unique blend of multiple instruments is quite laudable. It even features female vocals in the background for a nice touch. In fact, this record continues on the path of their previous 2013 EP, “The Sea,” where the band stated their music will be part of a science fiction/Utopian concept project. The lyrical content is consistent of where humanity has evolved from and where it’s heading. This is one of the more innovative tunes of 2014 thus far.

Woods – “Leaves Like Glass” – Folk rockers are back with their seventh studio album, “With Light And With Love.” For this go around, there is more of a psychedelic element. They’ve definitely expanded their already unique tone. From jam type songs, they’re now displaying a more melodic sound. With this new record hitting shelves this April, I hope to see more tracks like “Leaves Like Glass.” The band’s first several records weren’t always the most accessible listening experience, but the path they’ve found themselves on now hits all the right chords for me, literally and figuratively.

Snowmine – “Plans” – Mellow, deep, and pulling you in as if there’s no tomorrow, Snowmine’s new song “Plans” is absolutely breathtaking. The band’s sophomore release, “Dialects” was self-released earlier this month. It follows the band’s superb debut record, “Laminate Pet Animal.” The band navigates new waters since “Dialects” is more structured than their debut. “Plans” is incredibly dramatic and cinematic. High pitched vocals come around and really lifts the song to new heights. The guitars dazzle and swirl as the euphoric vocals provide a spiritual guide for your mind to wander off to. Get lost in these four minutes and you’ll never want to come back.

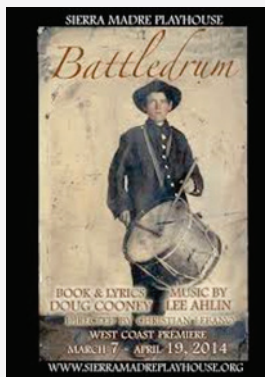
NEWS FROM THE SIERRA MADRE PLAYHOUSE

News Flash: On February 16 @ 7:00 pm *Les Sauvages Americains* returns to the Playhouse for a duet of late 18th Century violin and viola music!



The Sierra Madre Playhouse is currently presenting the play, *An Ideal Husband*, by Irish playwright, Oscar Wilde. The play runs through February 23rd on Friday and Saturday nights at 8pm as well as 2:30 on Sunday afternoon. This play was Wilde’s second favorite play, next to *The Importance of Being Earnest*. It displays Wilde’s biting wit which made him enormously popular as a prominent social critic of the upper classes in late Victorian England. It’s easy to see parallels with the political and sexual intrigues being played out today in our nation’s capitol. We have had excellent reviews for this one!

March 7, 2014 will see the opening of our next play, *Battledrum*. This musical follows the frontline experience of three young drummer boys who become unlikely comrades as they find themselves part of our nation’s most tragic conflict. *Battledrum* will not only be presented in the evenings to our regular patrons,



but will play to public and private school audiences now studying the Civil War as part of their regular curriculum. School kids will experience theater in our intimate 99 seat playhouse, talk with members of the cast and staff after the play and listen to Civil War historians provide supplemental information.

MUSIC AT THE PLAYHOUSE



Our Sunday Music Series continues this month with a program of violin and viola duets from the late 18th Century. Members of the performance group *Les Sauvages Americains* (The Savage Americans). JP Tobin, Viola/Artistic Director and Lindsey Strand-Polyak, Violino, will appear this February 16, 2014 at 7:00pm. The music comes to us from Revolutionary France with works by Lorenziti, Pleyel, Boulougne, and

Mozart. Please contact the Playhouse for tickets.

Next up will be the return of performers from the Colburn School with an offering of a “Tribute to Astor Piazzolla.” Look for them on Sunday, Nov. 3 at 7pm.

FUNraising EVENT

Join us at California Pizza Kitchen in Pasadena for a flavorful FUNraising event on February 19, 2014 in support of the Sierra Madre Playhouse. All day long 20% of your check will be donated to our organization. Purchases include dine-in, take-out, catering and all beverages! Print out the event flyer available on our website at <http://sierramadrepplayhouse.org/playhouse/california-pizza-kitchen-fundraiser/> and present it to your server to make sure we get the funds. Click where it says For Details Click Here.

The Pasadena Pizza Kitchen is located at 99 N. Los Robles on the corner of Los Robles and Union. They will be open from 11am to 10pm.

FOR TICKETS AND INFORMATION

The Sierra Madre Playhouse, 87 West Sierra Madre Blvd., Sierra Madre, Reservations can be made online <http://sierramadrepplayhouse.org> or by calling (626) 355-4318.

Jeff's Book Picks

By Jeff Brown

THE ROOT OF ALL EVIL: A MURDER MYSTERY

by B. K. De Paolis

Sierra Madre resident B. K. DePaolis's *The Root of All Evil* is an amazing debut mystery novel. The plot and characters are very enjoyable. I particularly liked that it's set in the Pasadena area, and all of the details surrounding the locale and police work. Vacations can be fun, meant to refresh, or recharge one's batteries. Not for LAPD's Detective Stas Nowak, who finds himself caught up in the suspicious death of Sybil Hansen, one of Hollywood's most infamous madams. What he learns soon sets him squarely in the cross-hairs of politicians, religious leaders, ex-cops, and those who would do anything to silence the detective. The author's style is clear and engrossing. An all around good read. B. K. De Paolis is an assistant professor of English at Pasadena City College.



GREEN-EYED LADY: A MYSTERY by Chuck Greaves

Set in Sierra Madre and Pasadena, Jack MacTaggart is back, in this rollicking sequel to Chuck Greaves' award winning novel *Hush Money*. U.S. Senate candidate Warren Burkett has a history of marital infidelity. Three weeks before Election Day, Burkett comes to the aid of a beautiful green eyed lady, only to find himself alone and naked in a stranger's home from which a priceless painting is missing. As the resulting scandal threatens to tilt the election, the painting turns up in a most unexpected place . . . and so does a dead body. Hired to defend Burkett and unravel the deepening mystery, Jack must traverse a mine field of ruthless politicians, felonious art dealers, swarming paparazzi, the amorous wife of Burkett's billionaire opponent, her mobbed-up brother, and a District Attorney with an old score to settle. With the electoral clock ticking and the press following his every move, Jack's investigation leads him on a roller coaster ride through the lofty heights and gritty depths of Southern California, lending new meaning to all's fair in love and politics. An except:

"Mayday looked up from his cold salad.... We were sitting in our usual booth at the Only Place in Town, a homey neighborhood eatery in the sleepy suburban village of Sierra Madre, Ca."

Many more local descriptions continue in this exciting enjoyable read. Greaves is a former resident of both Sierra Madre and Pasadena who spent 25 years as an L.A. trial lawyer before turning his attention to fiction.

Susan Egan

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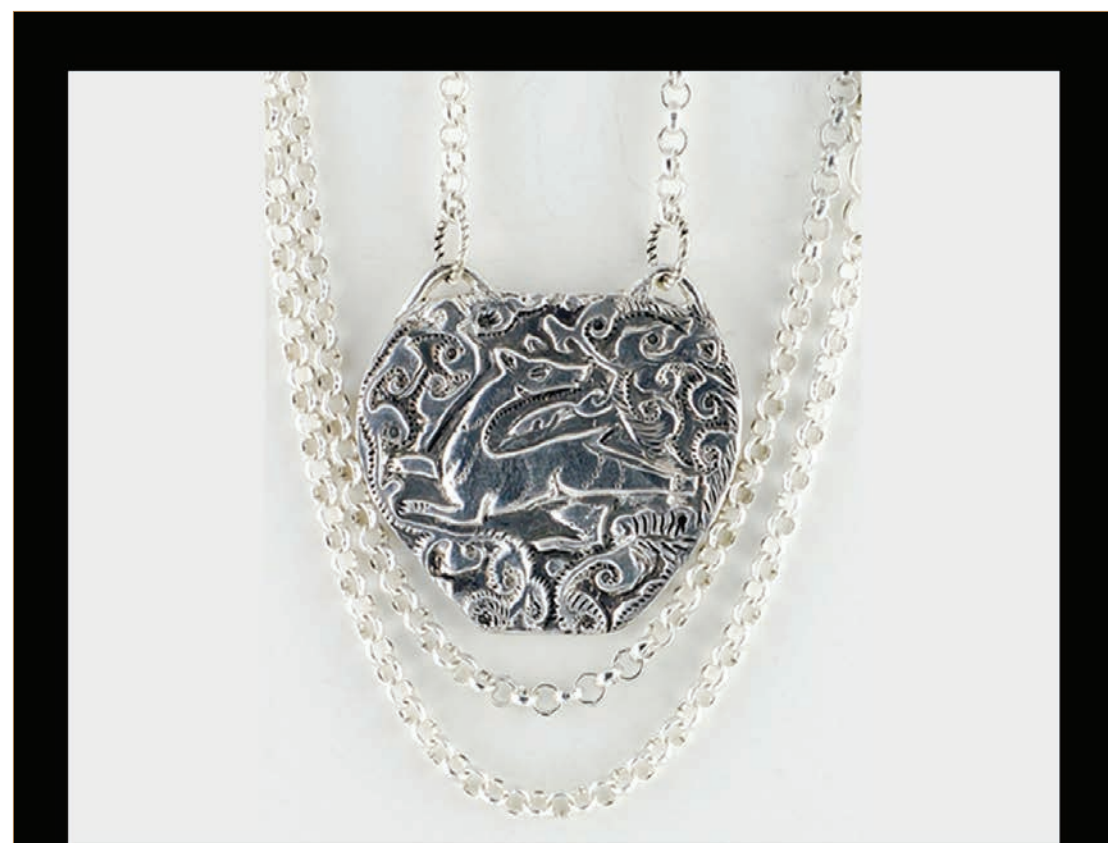
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mountainviewsnews AND Twitter: [#mtnewsnews](https://twitter.com/mtnewsnews)

SIERRA MADRE FARMERS MARKET

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

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THE JOY OF YOGA

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For Valentine's this year - I thought I would just say it again:
For most of us, loving ourselves seems to be the hardest. We love our children, spouses and our dogs and...
But what if we did a better job of loving ourselves? What would that even look like?

Here are a few points to help you get started:

Love where you have been in your life.
Love how you think.
Love how very powerful you are.
Love all your dreams.
Love all of your feelings.
Love your yoga practice (I had to throw that in).
Love all of your emotions.
And then go out and love others.
And love the planet.

The practice of yoga helps us see our own beauty. It helps us see the beauty in others. Just by doing the practice we get stronger and more aware of our bodies movement. We love our accomplishments and forgive our imperfections. Really, the practice of love starts at home, with us, inside. Then we have lots of love to give freely to everyone else.

See you in class.

Namasté,
René

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THE WAR ON SUGAR!



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

Who out there does not get excited about the smell of fresh baked cookies? Candies, pies, and cakes are often the reward for something great. We use sugar filled baked goods to celebrate everything from milestones like birthdays to graduations and retirements. Special events do not happen every day, but what about that everyday sugar we consume? If you eat any processed foods, you are probably taking in some sort of processed sugar. Breakfast cereals, yogurts, sodas, salad dressings and pasta sauces often contain added sugar. Sugar is highly addictive and totally legal. The more we consume the more we want. Yet this sugar addiction kills. Most recently, sugar has now been shown to play a role in cardiovascular disease.

When you think of diseases caused or affected by sugar most people think of diabetes, very few think of heart disease. A new study published in JAMA Internal Medicine is the first national study examining how added sugars affect rates of death from cardiovascular disease. The study found that people who consumed the highest amounts of sugar were more than twice as likely to die from cardiovascular disease. Unlike the natural sugars existing in fruits and some vegetables, added sugars are added to foods during their processing and preparation. What products are the biggest sources of added sugar? Sweetened beverages like soda are the leading source of added sugar followed by flour-based desserts, like cookies and cakes. Even small amounts of sugar can add up to be far too much for many individuals.

When we eat highly processed foods, including sugar, it stimulates dopamine secretion in the brain. Dopamine is a chemical in our body most closely associated with pleasure. The more concentrated the sugar the more dopamine secreted so the better the food tastes. Can you see how these foods become addictive? At the same time, these so-called foods contain little to no nutritional value for the body.

The most effective way to eliminate the risk of disease from processed sugar is to eliminate it from your diet. This includes processed foods. So start reducing the processed foods and start adding fresh fruits and vegetables, raw nuts and seeds, potatoes, yams, whole grains (but NOT flour products), and beans to your diet. These foods will give you naturally occurring sugar accompanied by fiber and lots of nutrition.



TUESDAY FEBRUARY 18TH 6:30PM AT VIBRANT LIVING WELLNESS CENTER

WIN THE SUGAR WAR!

Free educational class

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Sign up is required as seating is limited. Please call (626) 470-7711 to register.



Health ADVANTAGE

YOU CANNOT AFFORD TO GET SICK IN THIS ECONOMY

by Dennis R. Buckley, D.C.

The number one cause of bankruptcy in the US is injury or illness that drains the financial resources of an individual or family. This is true for people with insurance.

Illness and injury rob you of your health, vitality, time and money. The good news is that it is estimated that 70% of the problems people go to doctors for are preventable. It is estimated that genetics plays a role in 10 to 30% of problems but lifestyle plays the biggest part.

In this economy with uncertainty of the economy, employment, insurance and the government, you must take matters into your own hands. The fact is that you might live a lot longer than you ever planned and this is creating a host of problems that people never imagined.

It is estimated by 2045 that there will be a 746% increase in people living to be centenarians (100 years old) and children born after 2000, it is estimated that 50% of them will live to be 100!

Are you prepared physically, financially, emotionally and mentally to live that long? Now would be a good time to start as a serious illness or injury or a long developing illness such as Alzheimers could ruin you financially not to mention physically and emotionally.

With the new government health plan I would recommend that putting your faith in that plan may prove to be very disappointing. The only "health plan" that you can count on is your own.

Adjust your lifestyle to include regular physical exercise including endurance exercises, strengthening exercises, stretching and proper structure. Fuel that system with good nutrition and get rest and have a reason to get up in the morning. This "Plan" will pay far higher dividends than an "illness or injury plan" (The majority of insurance),

You or your family cannot bear the cost of an illness or injury plan so start today and put in place a "health plan" that you control and enjoy.

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2014 TAX SEASON FILING REQUIREMENTS FOR SENIORS

Dear Savvy Senior:
What are the IRS income tax filing requirements for seniors this tax season? My income dropped way down when I retired last year, so I'm wondering if I need to even file a tax return this year.
Recently Retired



Dear Recently:
Whether or not you are required to file a federal income tax return this year depends on your gross income, as well as your filing status and age. Your gross income includes all the income you receive that is not exempt from tax, not including Social Security benefits, unless you are married and filing separately.

To get a detailed breakdown on federal filing requirements, along with information on taxable and nontaxable income, call the IRS at 800-829-3676 and ask them to mail you a free copy of the "Tax Guide for Seniors" (publication 554), or see irs.gov/pub/irs-pdf/p554.pdf.

In the meantime, here's a rundown of the IRS filing requirements for this tax season. If your gross income from 2013 was lower than the amount listed in your filing status, you probably won't have to file. But if it's over, you will.

- Single: \$10,000 (\$11,500 if you're 65 or older by Jan. 1, 2014).
- Married filing jointly: \$20,000 (\$21,200 if you or your spouse is 65 or older; or \$22,400 if you're both over 65).
- Married filing separately: \$3,900 at any age.
- Head of household: \$12,850 (\$14,350 if age 65 or older).
- Qualifying widow(er) with dependent child: \$16,100 (\$17,300 if age 65 or older).

Special Requirements
Be aware that there are some special financial situations that require you to file a tax return, even if your gross income falls below the IRS filing requirement. For example, if you had net earnings from self-employment in 2013 of \$400 or more, or if you owe any special taxes to the IRS such as alternative minimum tax or IRA tax penalties, you'll probably need to file.

To figure this out, the IRS offers a resource on their website called "Do I Need to File a Tax Return?" that asks a series of questions that will help you determine if you're required to file, or if you should file because you're due a refund. You can access this page at www.irs.gov/uac/Do-I-Need-to-File-a-Tax-Return%3F, or you can get assistance over the phone by calling the IRS helpline at 800-829-1040. You can also get face-to-face help at a Taxpayer Assistance Center. See irs.gov/localcontacts or call 800-829-1040 to locate a center near you.

Check Your State
Even if you're not required to file a federal tax return this year, it doesn't necessarily mean you're also excused from filing state income taxes. Check with your state tax agency before concluding that you're entirely in the clear. For links to state and local tax agencies see taxadmin.org – click on "State Agencies/Links" on the menu bar.

Tax Prep Assistance
If you find that you do need to file a tax return this year, you can get help through the Tax Counseling for the Elderly (or TCE) program. Sponsored by the IRS, TEC provides free tax preparation and counseling to middle and low-income taxpayers, age 60 and older. Call 800-906-9887 to locate a service near you.

Also check with AARP, a participant in the TCE program that provides free tax preparation at more than 5,000 sites nationwide. To locate an AARP Tax-Aide site call 888-227-7669 or visit aarp.org/findtaxhelp. You don't have to be an AARP member to use this service.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse.....This and That

DEAR DIARY...

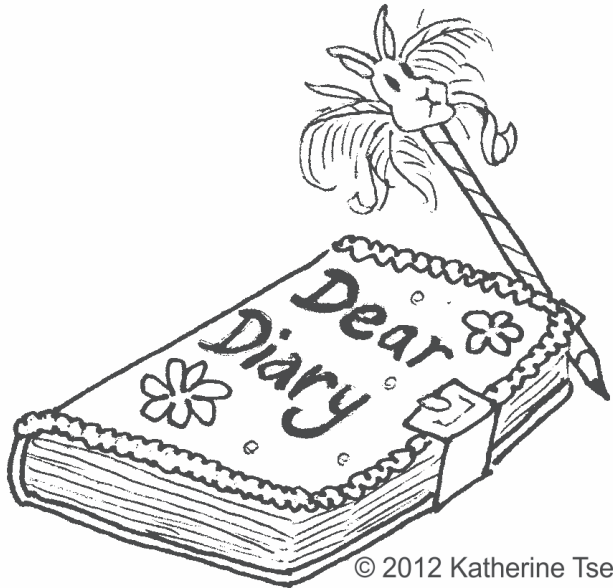
KPCC aired an interesting story last week. Here it is in a nutshell: a woman met a man who she wasn't sure about, although he pursued her with gusto from the start. One day she noticed his journal left conspicuously on a table. Her curiosity got the better of her, and she opened the book. After reading lurid details of his current exploits with other women, she broke up with him immediately. Her sister relayed a similar account of finding her boyfriend's journal lying out in the open. Discovering that he intended to break up with her, she used the opportunity to beat him to the punch.

The lesson in these stories is that satisfying the urge to know what someone really thinks of you will likely leave you wounded in the end. But with all this talk of journals, all I could think of was --how many men really keep journals? We all know "journal" is just a masculine name for "diary." And "diaries" conjure up images of hard bound, floral print books fastened with dainty clasps. I also wondered, how did these women know the books were diaries? (Assuming they didn't have ruffles or rhinestones) Perhaps men's journals have some sort of clasping devise, a rugged leather cord fastened through a buckle. Sorry, I don't care if it's raw hide with metal studs, diaries are still girly.

Stereotypically speaking, men are also less verbal than women, so the thought of them chronicling their daily lives seems unusual. And why were these men leaving their diaries, containing their most intimate thoughts, exposed to possible prying eyes? It's as if they were screaming "Read me! Read me!" They seemed to be using the journals as a passive form of exhibitionism. Which brings us to question the actual purpose of journaling. Often people talk about journaling as a cathartic means of getting through rough times in life. Such as: "My counselor told me to journal my feelings as my divorce was being finalized." Few people are disciplined enough to make daily entries if life is hunky dory. So, keeping a diary implies some specific needs on the part of the writer. Either you're afraid you'll forget all the interesting things that happen to you, or you need some sort of record if you're ever called to testify as to what you were doing on February 18, 2009. Or, as with passive exhibitionism, you might be mildly egocentric and believe that your daily experiences are more interesting and relevant than those of everyone else. (These are the people who Tweet about the cute way their cat crawls in a circle before going to sleep.)

I recently started a very informal diary of my own. Informal, in that it's a Word document; putting pen to paper is just too much effort. And since I plan to read it at some later date, I've decided to record only majorly happy or extremely funny events. And because these don't happen regularly, I'm not obligated to make daily entries. One of my latest entries was about a blond Labrador crossing Baldwin as I was driving north. Its owner got to the middle of the road, and then his dog hunkered down right in the middle of the street. No amount of cajoling, yelling, or jerking of its leash made a bit of difference. At last, the owner had no choice but to drag him across, in an upright seated position. That dog must have a calloused bottom or have been just really stubborn. See, this is the sort of thing I'll laugh about in my twilight years, even if I don't recall the actual incident.

(Originally published in February, 2012)



SENIOR HAPPENINGS

By Pat Birdsall

FYI: PARKINSON'S DISEASE AND ME.....

I've enjoyed doing this weekly column for, it seems like eons. Unfortunately, I have to put an end to the time it consumes and put equal or more time into something I have been woefully neglecting... myself. I was recently diagnosed with Parkinson's disease. Wow! For me, that is really a tough pill to swallow. I guess I should be doing a "happy dance" because at first it was thought I had ALS or Lou Gehrig's disease. However, I'm not in the mood for dancing. I have done some reading about Parkinson's and must do a lot more. My first instinct was to be an ostrich and ignore it, but I can't, I have constant reminders. I have to change my entire lifestyle in order to live with this and that requires time. So to my faithful reader or readers, wish me well...Thanks for putting up with my atrocious punctuation and grammar.

I want to take this time to thank a few people who have helped me tremendously: Linda Boehm, accompanied me to several doctor's appointments therefore, I didn't have to hear the bad news by myself; in addition, Linda calls me every week to see how I'm doing. Ann Luke has been emailing me for weekly updates on my condition for a long time despite her busy schedule, thanks, Ann. To Amy Putnam for emailing me important facts about Parkinson's and excellent and needed advice. To my wonderful neighbors who not only give me moral support but help with things I can't physically do for myself any more. To Dr. Ray Baran, for taking my trash cans out every week and for giving me vitamins and advice. His wife Cindy, is just an email or a phone call away with help and/or encouragement. I also can't express how grateful I am that my next door neighbors are Anthie Wosczyzna and her husband, Carlos Gomez. I feel so blessed and safe having them next door. The reasons are too numerous to list. Thanks too, to Shirley Williams for offering me some of her home cooking! The list is thankfully long, and I'm sure I'm omitting or forgetting to list people that I should. Forgive me...Lastly, I want to thank Susan Henderson for giving me the opportunity to even write this column and more importantly, for her friendship.

HELPFUL HINT: In an emergency, and we seem to have many, a crayon will burn for 30 minutes.

FOR YOUR FUNNY BONE - A Michigan man was stopped by a game warden in East Michigan recently with two ice chests full of live fish in water, leaving a river well known for its fishing. The game warden asked the man, "Do you have a license to catch those fish?" "No, my friend, I don't have a license. These are my pet fish." "Pet fish?" "Yep, every night I take these down to the river and let 'em swim around for a while. Then I whistle and they jump right back into ice chest and I take 'em home. "That's a bunch of BS! Fish can't do that!"

The man looked at the game warden for a moment and then said, "It's the truth. I'll show you, it really works" "Okay, I've GOT to see this!" The man poured the fish in the river and stood and waited. After several minutes, the game warden turned to him and said, "Well?"... "Well, what?" said the man. "When are you going to call them back?" "Call who back? "The FISH!" "What fish?"

HAPPY BIRTHDAY! ... February Birthdays



Hilda Pittman, Anne-Marie Stockdale, Ann Luke, Susan Henderson, Jan Reed, Peter Lippincott, Georgia Lippincott, Allie Attay, Ursula El-Tawansy, Gladys Moser, Sylvia Lorhan, Jan O'Day, Ana Ptanski, Winifred Swanson, Marian DeMars, Vickie Vernon, Mary Beth Knox, Sharon Lefler, and, a very special 90th Birthday to a very special guy... GORDON CALDWELL! Happy Birthday my friend. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required, however you must be 60 years old or more.

Quote of the Week: "The greatest wealth is health." Virgil



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Monday, January 27th 11:00 to 11:45 with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: 11:00 to 11:45 Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Lem Makupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. *Appointments are a must! Please call: 626.355.7394 to make yours

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

Lunch and Learn- "The Story of Old Pasadena" Wednesday, February 26th. 12:00- 1:00 pm Hart Park House Senior Center Presentation by The Pasadena Heritage will give an overview of the original downtown, which is now listed on the National Register of Historic Places. Pasadena was incorporated in 1886. During the next 14 years the population of Pasadena exploded to more than 30,000 inhabitants. Learn why many of old Pasadena buildings have split personalities, hear the story of the Castle Green and the snake oil salesman who built it. And experience the real Old Pasadena with its fascinating array of historic buildings. Mark your calendars and don't miss this great presentation. If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626.355.0256 or bring your own.



UPCOMING EXCURSIONS:

Feline Conservation Center (Rosamond, Ca.) Date: Thursday, February 27, 2014 Time: 9:00 am- 4:00 pm Meeting Location: Hart Park House Senior Center Cost: \$15.00 (does not include lunch)

Home to over 70 of the world's most endangered felines; the Feline Conservation Center is a breeding zoo and research facility. Cat lovers of all ages are fascinated by the cats (and the peacocks) and unlike a zoo, the Conservation Center has no moats so visitors can get as close as 5 feet away from these beautiful (but dangerous) cats. Following the one-hour tour is a visit to the gift shop and lunch at a nearby restaurant. It is recommended to bring \$10-15 for lunch. Last day to register is Wednesday, February 19th. Level of Walking: Light to Moderate

Whale Watching (Long Beach, Ca.) Date: Saturday, March 22, 2014 Time: 10:00 am-3:30 pm Meeting Location: Community Recreation Center Cost: \$31.00 (does not include lunch) Don't miss the Community Services Department's annual whale watching excursion. The 2014 excursion will visit the same whale watching Charter Company as 2013, which features a narrated cruise by Aquarium of the Pacific staff and with indoor and outdoor seating. Participants can bring their own lunch to enjoy on the boat, or purchase snack items on board. Children 2 and under are free. Last day to register is Tuesday, March 11th. Level of Walking: Minimal

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation.

Senior Cinema: FREE movies are shown this month, on the 3rd and 5th Wednesdays. ~Shown in Sierra Madre's City Hall Council Chambers

February 19th: The Great Gatsby (1974) It follows the life and times of millionaire Jay Gatsby and his neighbor Nick, who recounts his encounter with Gatsby at the height of the Roaring Twenties. Rated PG Start time: 1:00 pm (run time 144 minutes) Featuring: Robert Redford and Mia Farrow.

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FAMILY MATTERS TAKING THE COMPLEXITY OUT OF ESTATE PLANNING

By Marc Garlett



Remember that old joke: How do you eat an elephant? Answer: One bite at a time. At the heart of that gag is the truth about how you tackle any seemingly complex task, taking it one step at a time so as not to overwhelm yourself.

Many people neglect to create an estate plan because they see it as the proverbial elephant...too big, too complex. But if you approach estate planning in a systematic fashion, it takes the complexity right out of it – especially with the help of a knowledgeable estate attorney.

Here are some tips on how you can reduce the complexity in creating an estate plan:

Add up your assets. Take into account your retirement accounts, life insurance policies, potential inheritance, savings, property ownership, etc.

Consider setting up a trust. Trusts are simply vehicles for protecting your assets from creditors – yours or your heirs – and from potential future ex-spouses. They are also a great mechanism for maintaining your privacy and allowing your assets to pass to your heirs without the expense and hassle of probate, which can tie up assets for a year or more. And they also help you and your heirs avoid estate taxes. Think about whom you trust to act as your agent(s). You will need to appoint a person or persons to act as your agent through a power of attorney in case you become incapacitated and are unable to make decisions yourself. This applies

for health care decisions as well as financial oversight.

Realize what a will can and cannot do for you. A will gives you the legal power to pass along assets and property to heirs as well as name a guardian for minor children and appoint the people you want to carry out your wishes after you are gone – i.e., who will administer your estate and safeguard assets for your minor children.

A will does NOT shield your assets from creditors, predators, or opportunists – yours or your heirs – nor does a will enable your family to avoid the very costly, lengthy, and public court process known as probate. A trust, on the other hand, accomplishes all of that and more.

If you would like to learn more about your own estate planning options, call our office today to schedule a time for us to sit down and talk. We normally charge \$750 for a Family Estate Planning Session, but because this planning is so important, I've made space for the next two people who mention this article to have a complete planning session at no charge. Call 626.355.4000 today and mention this article.

Marc Garlett, a local attorney, husband, and father of two little ones, founded his law practice with one very specific goal in mind: to help other parents, like himself, provide for and protect their children, no matter what. Marc designs estate plans that not only accomplish that goal, but that also help to preserve and pass on family legacies, empowering clients and their families to build and transfer real wealth from generation to generation. When he's not taking care of his clients, Marc spends time with his family and volunteers as a Court Appointed Special Advocate (CASA) for children in the Los Angeles court system. Marc's office is located at 49 S. Baldwin Ave. in Sierra Madre. He can be reached at 626.355.4000 or online at www.GarlettLaw.com.

BUSINESS TODAY

The latest on Business News, Trends and Techniques

By La Quetta M. Shamblee,MBA



FLOWERS ARE A BLOOMING BUSINESS

Sales are blooming in the floral industry. The floral industry racked up more than \$34 billion in sales last year. This includes indoor green and flowering plants, as well as cut flowers which are estimated to account for \$7 billion to \$8 billion of the total. Flowers are sold year-round for personal and business uses. Sales peak at certain times during the year throughout the year, in conjunction with certain holidays and occasions that have become associated with gifting or displaying flowers.

Valentine's Day and Mother's Day are the biggest sales days for flowers each year. The top selling flowers are roses, carnations, chrysanthemums, tulips and lilies. However, years of tradition have placed roses at the top of the pinnacle for flowers associated with romance, so it is not surprise that more roses are sold for Valentine's Day than any other occasion of the year. Prices begin to climb for roses shortly after Christmas, peeking just prior to February 14th. It is the law of supply and demand at work. Preparing for increased consumer interest and demand, growers adjust their prices upward and it has a domino effect as wholesalers and retail florists follow suit.

A profile of the U.S. Floral Industry reflects the following statistics:

- 16,182 floral business establishments
- 530 wholesale florists
- 5,419 floriculture growers (USDA estimate based on floral crops in the top 15 states based on growers having \$100,000 or more in annual sales)

The floral industry is entrepreneurial-friendly to individuals with varying levels of capital to invest in starting a business. It is not necessary to open a retail store to operate a floral business. Some florists start by contracting to prepare flowers for weddings, banquets and other special occasions. Others may deliver plants or flowers to homes or businesses on a regular schedule. Both of these approaches can be financed with minimal financial capital that can be offset by the investment of sweat equity.

Owing a floral business is one of the businesses that can be operated on a full-time or part-time basis, with or without the need to invest in a retail location.



PAYPAL AND CONSTANT CONTACT

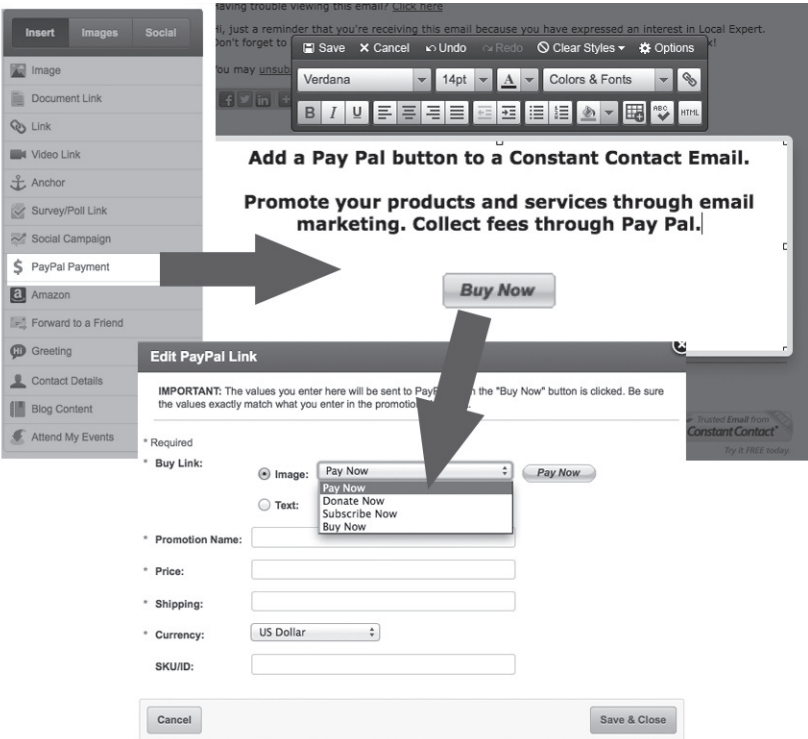
Did you know you can install a PayPal button directly into a Constant Contact email? This makes it easy to market a product or service through email marketing and collect payment quickly.

This is handy for people who don't have a web site with an ecommerce component that collects payments or donations. If you use Constant Contact and PayPal, it's not necessary to send people to a web site to pay or donate. They can do it right through the email. It is very easy to set up.

As you create your email in Constant Contact, you simply insert a PayPal Payment button. You will fill out a quick form. You'll choose from donate, pay, subscribe or buy. You then add the cost of your item and shipping fees, even SKU/ID's if they apply. It creates a button that links to PayPal where the user can select quantity and provide their payment information.

It's one of the fastest ways to set up a payment process for a product or service. You can even archive the email and save it as a web flyer.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule



A CONTRARIAN'S VIEW OF FINANCIAL MARKETS

By Gregory J. Welborn

I am pleased to have the opportunity to write a financial column for this newspaper. Since this is the first in the series, let me briefly describe my perspective. I write as a Fee-only financial advisor, which allows me the perspective of total objectivity. I do not sell insurance, mutual funds, or any other financial product, nor do I accept commissions, favors or other remuneration from any vendor of those products. Accordingly, I hope to offer you readers a fresh and honest perspective, informed by 25 years of experience in the trenches and preceded by an M.B.A. in finance from that illustrious institution just south of downtown L.A. - with apologies to those who only view the Westwood rival as a legitimate seat of higher learning.

With the wild swings in the stock market this year, I thought I'd focus this first column on debunking recession fears. With the Dow's fall from its 2013 record 16,500 level, we hear the inevitable claims this is the beginning of something bad. Commentators point to Bernanke's retirement, skittishness overseas, weakness at home, Fed tapering, Congressional budget battles, and for some, just a general sense that the high was too good to be true.

All of these are nonsense. The economy will continue to grow, and markets should finish 2014 solidly up from today's close. Consider some salient facts.

Real GDP grew at an annual rate of 3.2% in the fourth quarter, 3.7% for the entire second half of 2013, and 2.7% for all of 2013. These are not the signs of a recession, or even a substantial slow down. If for no other reason than this, we see the market returning to its 16,500 range. But, of course, there are other reasons to be optimistic.



The market and the economy are intrinsically linked. If the economy is growing, markets will trend higher, and right now technology continues to expand our economic horizons and opportunities. Whether it's fracking, 3D-printing, the cloud, tablets, smartphones, apps, or genetics, technology is generating amazing products, new drugs and improving efficiencies. These benefits are widespread and help all industries and strata of life. The American economy remains robust, and the markets will eventually reflect those realities.

Markets get spooked, and markets get excited. Irrational exuberance and unreasonable fear both make appearances with an irregular regularity. Successful investing occurs quietly between the two extremes. For now, there is nothing to fear here, but plenty to celebrate, so we stay the course and accept a little unevenness along the journey.

About the author: Gregory J. Welborn is the Managing Partner of First Financial Consulting, a fee-only advisory firm. He has worked with The Today Show, Kiplinger's Magazine, and USA Today to provide objective financial advice to their readers and listeners. He has 3 grown children and is honored to be married to his wife of 25 years. He can be reached at gwelborn@ffconsult.net



After you buy a red car, isn't it funny how many red cars you suddenly see on the road? Since starting this PLAY column, the subject of "play" keeps coming up. People admit they want to play more... but they believe "there's no time to play."

But wait! We're the bosses. We're in charge. As entrepreneurs, we make the decisions. So how can this be?

"Work" happens when our job becomes more about the money and less about the passion and the people we help. When we have to muster the energy to repeatedly do tasks we no longer feel inspired to do; when fear prevents us from trying something new. Over time, this kind of activity leaves us empty and exhausted. We feel trapped. We no longer have the desire to play. We've lost our joy.

Yes, this IS work, and it's painful... especially when you're the boss.

Play, on the other hand, comes from a place of peace. It happens when we are connected to our truest self, and know that what we're doing is what we're here to do. When our actions are aligned with our spirit, they feel effortless. They feel like play. And we feel a deep sense of fulfillment and purpose. Instead of feeling exhausted, you'll feel energized!

To play more, you need only decide. Let your spirit lead. Decide to trust that still, small voice: it is The Real You, and it was made to play.

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Tips of the Trade: Real Estate Revealed by Luther Tsinoglou

DOLLARS VS. DAYS

After you've taken step one to decide to sell your home, step two is usually setting your asking price, striving for a balance between generating offers and receiving top dollar.

Your chosen representative will perform a Competitive Market Analysis (CMA) to produce an estimate of your home's "fair market value," or that price that educated buyers will pay based on listings and sales of homes similar to yours. The agent will not establish the price, but only provide the information you need to make that decision yourself.

In a hot market, you have the advantage, but would still want to avoid overpricing, which is always unproductive. However, in a neutral or buyers market, you'll have to be particularly cautious in your approach to setting a price.

In soft markets, price reductions become more common, as well as fewer offers and longer listing periods. You have to first establish your priority: is it more important for you to sell quickly or to get the most money possible? Like it or not, one option simply must be more critical than the other.

Have a third party, like your agent, help you see your home as a commodity, with positive and negative selling points. Price your home objectively and competitively, be prepared to negotiate to reach an agreement with buyers, and exercise patience as you prepare your move.

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PASADENA SHOWCASE HOUSE FOR THE ARTS ANNOUNCES 2013-14 BENEFIT CHAIR: MARY ANN CLAYTON

PASADENA, Calif. Pasadena Showcase House for the Arts is proud to announce Mary Ann Clayton as its 50th Benefit Chair for 2013-14. As Benefit Chair, Clayton is responsible for overseeing the entire Annual Benefit, the Pasadena Showcase House of Design, known to the public as Showcase House, which is celebrating its 50th anniversary this year with a spectacular 1915 English Country Estate designed by Stiles O. Clements. This year's Showcase House will be featured, along with the 49 past Showcase Houses in a commemorative book, 50 Years of Pasadena Showcase Design Houses.

Clayton shares her thoughts about this milestone event, "this year, I have the amazing honor of guiding our organization through the process of putting together a Showcase House for the fiftieth time. This is the Golden Anniversary of the Pasadena Showcase House of Design. I have been very fortunate in getting to know most of the strong, creative women who have gone before me in heading up this project. They are, indeed, a dynamic group."

In 2001, Clayton became a member of PSHA when she was invited to join the organization by a good friend. During the intervening years, she has held many prominent positions on the Benefit Committee, including: Interior Co-chair, Exterior Co-chair, Tickets Co-chair, Restaurant Co-chair, Shops at Showcase Co-chair, Special Evenings Co-chair, Shops at Showcase Treasurer and Tickets Marketing Chair. She has served on the Board as Provisional Chair, Secretary, Benefit Treasurer, Season Tickets Chair and Instrumental Competition Chair. She has also served on the Policies and Procedures, Gifts and Grants, and Membership and Finance committees. All of this has helped prepare her for facilitating the most widely recognized and successful Showcase House in the country.

Speaking about the gratification of being Benefit Chair and part of PSHA, Clayton says "no one is looking forward to opening day 2014 more than I. The designers have presented wonderfully creative ideas for the interior and exterior spaces. We are all excited to see these designs come to life, and then to share the finished estate with the public. For me, the best part is getting to know the other wonderful members of this group of very focused, hard-working people. Each year we undertake a seemingly impossible project to earn money in order to fund our music programs and support arts throughout our community."

Clayton's own musical background endears her to PSHA's award winning Pasadena Showcase House Music Mobile™ Program, the Pasadena Showcase House Annual Youth Concert, and Pasadena Showcase House Annual Instrumental Competition. "I identify with PSHA's mission statement, having studied music since the age of 5, starting with piano, then trumpet, French horn and flute. I have fond memories of participating in the annual instrumental competitions in Northern Ohio in grades 9 through 12, and working to earn a coveted 'excellent' rating as a solo contestant, or as part of a duet or trio."

Clayton lives in Altadena with her husband, Rob, and their amazing tri-color Cocker Spaniel, Roxie, while their two grown children reside in New York City. Clayton holds a PhD in Geophysics and has worked for the United States Geological Survey, Jet Propulsion Laboratory and a small oil exploration company. In her free time, Clayton enjoys sewing, quilting, hand weaving and skiing. She is also a member of the San Marino League and Altadena Guild of Huntington Memorial Hospital where she has served as Benefit Chair and President.

ABOUT PASADENA SHOWCASE HOUSE FOR THE ARTS: This is a milestone year for PSHA as it celebrates 65 years of volunteerism, the 50th Anniversary of the Pasadena Showcase House of Design and, since 1948, the generous awarding of over \$19 million in gifts and grants in support of the Los Angeles Philharmonic, Walt Disney Concert Hall, numerous non-profit organizations and local symphonic, cultural and educational musically-oriented programs for youth and young adults.

An all-volunteer organization, Pasadena Showcase House for the Arts (PSHA) is a non-profit California Corporation whose members donate their time and talents to produce the annual Pasadena Showcase House of Design. Founded in 1948, and formerly known as The Pasadena Junior Philharmonic Committee, PSHA adopted the Pasadena Showcase House of Design as its annual benefit in 1965. It is one of the oldest, largest and most successful house and garden tours in the nation. PSHA volunteers are united by their belief in the power and beauty of music. Their collective desire is to fund programs that nurture the study and appreciation of music, utilize music as a vehicle towards health and healing, and ensure that music is available to a broad range of audiences.

The 2014 Pasadena Showcase House of Design will be open to the public Sunday, April 13 through Sunday, May 11. For more information about PSHA, the Pasadena Showcase House of Design, or to pre-order 50 Years of Pasadena Showcase Design Houses, please visit www.PasadenaShowcase.org



THE WORLD AROUND US

Looking Up with Bob Eklund



LOOKING INSIDE A PEANUT SHAPED ASTEROID

Peanuts, anyone? It turns out there's a big one in the sky—a strange peanut-shaped asteroid named 25143 Itokawa, about one-third of a mile long and roughly half that wide.

By making exquisitely precise measurements using the European Southern Observatory's New Technology Telescope (NTT) in Chile, astronomers have found that different parts of this asteroid have different densities. This is the first evidence that asteroids can have a highly varied internal structure.

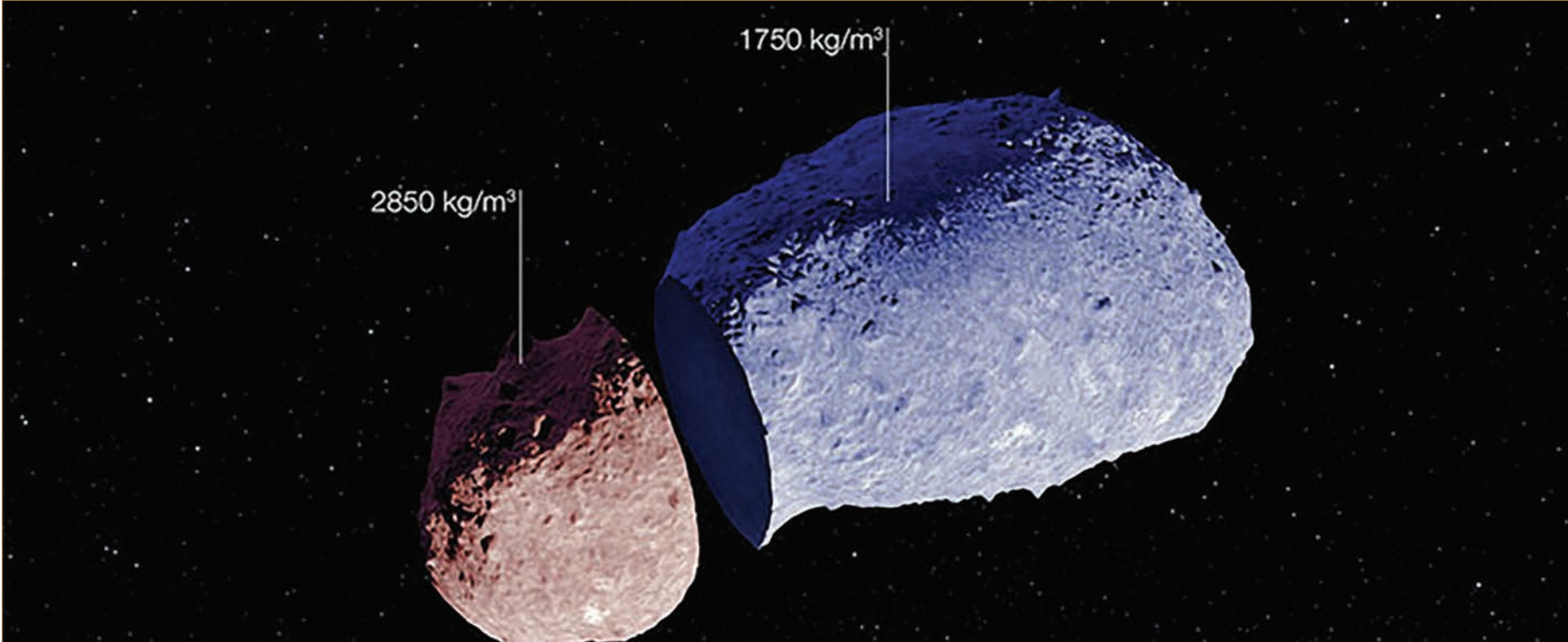
As well as revealing secrets about the asteroid's formation, finding out what lies below the surface of asteroids may also shed light on what happens when bodies collide in the solar system, and provide clues about how planets form.

Using very precise ground-based observations, Stephen Lowry (University of Kent, UK) and colleagues have measured the speed at which the near-Earth asteroid 25143 Itokawa (http://en.wikipedia.org/wiki/25143_Itokawa) spins and how that spin rate is changing over time. They have combined these delicate observations with new theoretical work on how asteroids radiate heat.

This small asteroid is an intriguing subject as it has a strange peanut shape, as revealed by the Japanese spacecraft Hayabusa (<http://www.isas.jaxa.jp/e/enterp/missions/hayabusa>) in 2005. To probe its internal structure, Lowry's team used images gathered from 2001 to 2013, by ESO's New Technology Telescope at the La Silla Observatory in Chile among others, to measure its brightness variation as it rotates. This timing data was then used to deduce the asteroid's spin period very accurately and determine how it is changing over time. When combined with knowledge of the asteroid's shape this allowed them to explore its interior—revealing the complexity within its core for the first time. The density of the interior was found to vary from 1.75 to 2.85 grams per cubic centimeter (the two densities refer to Itokawa's two distinct parts).

"This is the first time we have ever been able to determine what it is like inside an asteroid," explains Lowry. "We can see that Itokawa has a highly varied structure—this finding is a significant step forward in our understanding of rocky bodies in the solar system."

The spin of an asteroid and other small bodies in space can be affected by sunlight. This phenomenon, known as the Yarkovsky-O'Keefe-Radzievskii-Paddack (YORP) effect, occurs when absorbed light from the Sun is re-emitted from the surface of the object in the form of heat. When the shape of the asteroid is very irregular the heat is not radiated evenly and this creates a tiny, but continuous, torque on the body and changes its spin rate.



Schematic view of asteroid (25143) Itokawa

Photo courtesy European Southern Observatory

As a simple and rough analogy for the YORP effect, if one were to shine an intense enough light beam on a propeller it would slowly start spinning due to a similar effect.

Lowry's team measured that the YORP effect was slowly accelerating the rate at which Itokawa spins. The change in rotation period is tiny—a mere 0.045 second per year. But this was very different from what was expected, and can only be explained if the two parts of the asteroid's peanut shape have different densities.

This is the first time that astronomers have found evidence for the highly varied internal structure of asteroids. Up until now, the properties of asteroid interiors could only be inferred using rough overall density measurements. This rare glimpse into the diverse innards of Itokawa has led to much speculation regarding its formation. One possibility is that it formed from the two components of a double asteroid after they bumped together and merged.

Other images at:
http://en.wikipedia.org/wiki/25143_Itokawa

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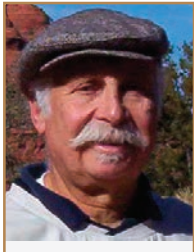
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



STUART Tolchin.....On LIFE MY DOG, THE OLYMPICS, THE SURVIVAL OF THE SPECIES AND MAYBE A LITTLE DANCING

As I began the day by walking my friend and dog, Milo, around our canyon circle I once again marveled at the acuity of his senses. He smells what I cannot smell, sees what I cannot see, and hears what I cannot hear. Really, it is quite astounding that our poor species, endowed only with minimal sensory perceptions, has managed to stay around for so long. After our walk I got home and turned on the television and marveled at the astounding feats of the Winter-Olympians.

The thought came to me that Milo's sensory exploits were really not so fantastic. He and all the other animals, with the exception of Man, have no choice but to develop their sensory ability to their maximum capability. Animals (but not us) must do this in order to survive. Look what the Olympians can do when they completely dedicated themselves to developing abilities like spinning in the air and sliding down hills or turning somersaults on hard ice.

As I watched the ice-dancing and noticed the extraordinary sensitivity towards one another displayed by the dancing couples, I thought about something my cousin mentioned to me last year. He was having a difficult time holding his marriage together when he and his wife chanced upon tangoing as a potential hobby. As they developed their skills they became so sensitive to one another that they seemed to merge almost becoming one person. No longer were they trapped in their own individual boxes concerned only with their own behavior and how others viewed them. He claimed that as a result of the tango, each of them became able to extend their thoughts as well as their bodily processes to the other person.

Frankly, at the time I heard this, it all seemed completely preposterous. I mention this because, when I finally turned away from the Olympics, I happened upon a documentary detailing the incredible exploits of a sightless man who practiced doing sleight of hand card tricks for 10-15 hours a day seven days a week. He had developed his sensitivity to such a degree that he had mastered feats that had never been done by anyone else. The United States Card Company had hired him to evaluate their decks of cards because he had incredibly developed the ability to identify each card simply by its unique feeling. I thought of his ability, comparing his developed senses to the senses of my dog and all the other animals of the world.

Maybe the rest of the human population can develop their senses to be more like the animals and the blind magician or to resemble the ice-dancers or the tangoing partners.

Why is this important? Well today I also watched the CBS weather report being given by Professor Michio Kaku, the noted theoretical physicist. Are times that bad that the networks are finding it necessary to utilize noted researchers to present weather forecasts? Yes, times are that bad. The professor explained that the last decade was the hottest on record and the North Pole is presently melting, which causes blizzard conditions like the ones being experienced on the East Coast today. Even the causes of the drought in Southern California are related to warming of the arctic regions. The Professor explained that this coming century is going to be like nothing man has ever seen before and really, if our specie plans on surviving, it is necessary that much of mankind must learn to communicate and cooperate with one another towards a common end. To me this means that although magic tricks and quadruple spins on the ice are undoubtedly entertaining, our survival depends on developing our abilities to work together, communicate with one another and find solutions.

Really, what's stopping us? Perhaps the culprit is modern science. As I understand Darwin's theory of evolution, it asserts that life is a random, predatory, purposeless and solitary experience wherein each individual struggles to fit best into his or her ecological niche for the purpose of populating the world with copies of themselves. Well, this is what I was taught in School but I, nevertheless, do not believe that this correlates with the actual experience of any actual culture or the members of that culture. I am a life-long atheist, but I continually experience the desire to make the world a better place for everyone and to be a member of a community that faces its problems rather than ignores the problems while it wastes precious time and energy celebrating trivial exploits.

Few of us understand theoretical physics, and perhaps even fewer can execute acrobatic seemingly impossible maneuvers on skates; but all of us can focus on the abilities we do have and do a better job of living our life cooperating and communicating with others. Maybe there is some mystical energy connecting all of us that is yet to be revealed? Perhaps it is even worth the trouble to learn to tango?



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHAT COMES AFTER THAT KISS?

Quite a few, if not most put a whole lot of credence into a kiss. Much can be argued in favor of this philosophy, but

not from me.

I grew up in a generation that never kissed on the first date. Sad to say, that idea went out with Noah and his ark and you can kiss that idea goodbye.

Nothing wrong with a kiss, if it is with the right person. It seems we are living in a culture where all anybody thinks about is kiss, kiss, kiss. So much so, that the average kiss is just that, average. Whatever happened to the romance factor behind the kiss?

I am one that is not given to hugging people, let alone kissing them. I have friends in a certain church that believes in what they call, "A Holy Kiss." They take it from the Bible where it says that we are to greet one another with a holy kiss. As soon as I find out and understand what a holy kiss is, I might start doing it. But not until then and don't count on it.

I am one of those people that likes a warm friendly handshake. Such a handshake conveys all I really want to say at the moment. It is not that I am unfriendly and it is not that I do not have warm feelings about people. I just like to preserve "my space."

A kiss could mean a lot of things to different people. I see an advertisement on television all the time that says, "Every kiss begins with Kay." What does that really mean? Does everybody have to go to the Kay's jewelry store in order to kiss someone? Is that where kissing really begins? If so, please count me out.

A kiss should be something special and not thrown around like some dirty old rag. It should mean something to the people involved.

Some believe romance begins with a kiss. If that is so, I am out of the game.

So many people "kiss and tell" that I think there should be some kind of law enacted to prohibit this sort of activity. A kiss should be a private activity not to be shared with the whole world. When sharing such an activity with the whole world, it ceases to be romance and enters into the area of performance. And boy, do I hate performance. Not just because I am a bad actor... Well, maybe it is just because I'm a bad actor.

Today kissing is so cavalier that it hardly means anything to anybody.

I still remember my first kiss.

I was in Bible school studying for the ministry where I met this girl. We had been dating two months before I realized we were dating. On many things,

especially in the romantic arena, I am rather slow. At the end of our first "date," she surprised me by hugging me. I had never been hugged before. I did not know what to do with my arms. I did not know if I should stand there or if I should say something. At the time nothing really came to mind so I just stood there saying nothing.

The frightening thing about this first hug was I could not sleep all night long. I had no idea what it meant and I did not know what I was supposed to do. What would I say to this young lady when I met her the next day? How could I look her in the eyes?

I am not sure if I have ever gotten over that first hug after all these years. The thing I did not realize at the time was, every kiss begins with a hug. Forget Kay, whoever she is.

Then, the inevitable happened.

We had concluded our "date," and I took her over to the doorway of the dormitory where she lived. All of a sudden, at least from my perspective, she rose up on her tippy toes and kissed me right on the lips. Then she turned around and went away into the dorm, leaving me standing on the porch not knowing what happened or what to do next.

It was February and just a week away from Valentine's Day. I had my Valentine's Day present and my dilemma was, what do I now give her in return? What in the world could ever top a kiss?

Being a naïve young gentleman, I did not possess the resources to process this sort of problem. I had never bought anybody a Valentine's Day present in my life. What did they really look like?

After some soul-searching and wallet rumbling, I bought her a heart-shaped box of candy. When I presented it to her, she was thrilled and kissed me again. What do I have to do now? Do I buy her another box of candy?

The next few hours were rather foggy to me and even the next couple of days. By the end of Valentine's Day, I discovered I was engaged to be married and it all started with a hug.

The apostle Paul put it best when he wrote, "And now abideth faith, hope, charity, these three; but the greatest of these is charity" (1 Corinthians 13:13).

A kiss is an expression of love. It is not so much the kiss as what comes after that kiss; a relationship that gets better and better every year.

LEFT TURN /RIGHT TURN

LIBERALISM'S VISION GREG Welborn EXPOSED

Liberalism means a lot of different things, depending on who you're talking to. It has a pleasant enough sounding name, and certainly most Democrats and media commentators would have us believe it is as American an ideal as motherhood and apple pie. Conservatives have been fighting a herculean battle to show just how un-American liberalism, as it is actually contemplated and practiced today, truly is. Well, the debate is over; the other side has conceded our points; and the announcement came, shockingly enough, directly from the Whitehouse.

The stage for all this was set by the Congressional Budget Office's (CBO) final scoring of Obamacare's effect on employment. Their projection of the drop in the workforce attributable to Obamacare tripled from a meager 800 thousand to more than 2.1 million workers by 2017, 2.3 million by 2021 and 2.5 million by 2025. God knows what the real numbers will be when the policy is actually implemented. When was the last time one of these government estimates of "costs" understated the actual result? The surrender took the form of Democrats giving up on their previous strategy of simply denying the law's employment affects and this time embracing the results. You read that correctly, and it should cause all Americans concern. In the past, Democrats have simply denied that there would be net job losses. At times, they even tried to argue the law would increase employment. Those aren't the talking points anymore. The emperor is so naked now that they've decided to argue that nudity is good.

Whitehouse spokesman, Jay Carney reacted to the CBO report by telling Americans Obamacare would create an "opportunity" which "allows families in America to make a decision about how they will work, and if they will work". Nancy Pelosi apparently didn't think President Obama's spokesman was being specific enough. She shared her vision of this: "think of an economy where people could be an artist or a photographer or a writer without worrying about keeping their day job in order to have health insurance."

The unvarnished truth of liberalism's vision is that people should be free to work or not work as they see fit without paying any consequence for that decision. The further truth behind this is that there must be some number of people who continue to work AND who will now support, not just their own families, but the families of the freeloaders who want to photograph butterflies mating and float crucifixes in urine. This is not healthy for the individual who gives up working, it is not healthy for society, it is not moral, and it certainly is not the American way.

When humans have purpose, they have a strong sense of value. Their self-esteem is wrapped in their ability to provide for themselves and for their families. When we take that away,

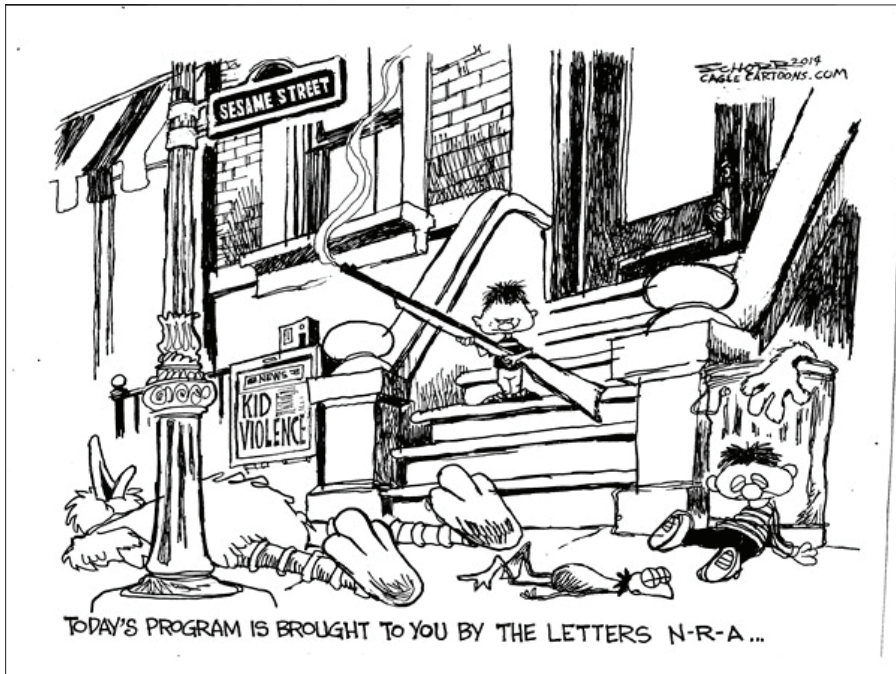
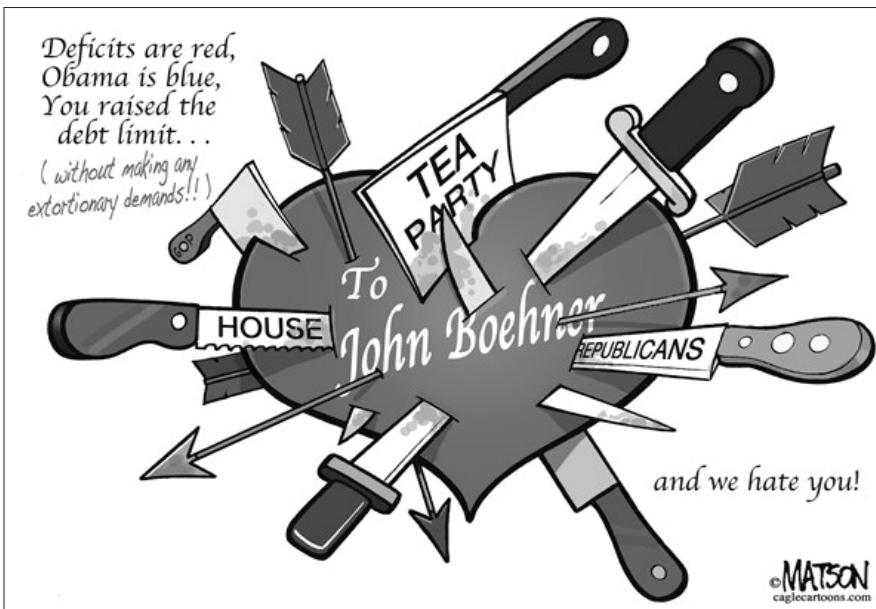
when we say the state will provide for them and for their families, we infantilize them and rob them of a large part of their purpose and self-esteem.

When we reward unemployment – and that's what we're doing by telling people they don't need to work, they can collect benefits without working – we shouldn't be surprised when we get more unemployment. The CBO was very clear in acknowledging that because Obamacare benefits are phased out as income rises, workers will choose to work less. Unemployment will rise, and it inevitably will hit the poor most harshly.

When people work, they are creating wealth. That is the definition of work-for-pay. The worker makes or provides something that a buyer or employer finds valuable (wealth) and is willing to pay for. This process of voluntary exchange keeps everyone at every level focused on providing something of value, or nobody will buy it. The factory worker, the supervisor, the manager, the executive and the president all must satisfy a buyer of their product or service and justify the price or wage they want. This process has created the greatest economy the world has ever seen and lifted more people out of poverty than any other system known to mankind.

So now, Obamacare will reduce the incentive to work, less wealth will be created, more people will experience unemployment, and the poor – those whom liberals love to claim they're helping – will see their ladder for upward mobility ripped from under them. Meanwhile, the working stiff – also a supposed key constituency of liberals – is expected to shut up, show up, work at what jobs remain and pay for everyone else who decides to paint, frolic or contemplate.

This isn't the America any of us imagined or know. This isn't the America of opportunity, upward mobility, and freedom. This will become the America where wealth is given to those who best learn to game the system and/or who are politically connected. It won't be enough to have a good idea, a strong work ethic and a willingness to take a risk. Increased regulations and increased taxes – all beautifully symbolized and incorporated into Obamacare – will kill that. America is disappearing, and finally liberals are admitting it's what they wanted all along.



SIERRA MADRE

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WHAT'S ON 98

February 17 – February 23, 2014

A Farewell to Arms is playing Tuesday at 3 p.m. This is the first movie telling of Ernest Hemingway's epic tale of love and war. Hemingway very accurately captures all of the emotions of hope, despair, love and desolation that marked 'The Great War.' His novel was first published in 1929, and this telling of the story premiered in 1932, during the depths of the Great Depression. I'm a bit surprised that the book and movie found fame in this time period, because it is a very bleak and unhappy picture of two lovers, and that is the last thing that we needed to see during those terrible times.

I won't bore you with the plot, you probably already know it from reading the book or seeing the later movies, and if you haven't, just jump in and watch. But here are some trivia that might interest you. Although the setting for the film is Italy, it was filmed at the Paramount Pictures ranch in Agoura, California. Classic movie fans will enjoy seeing Jack La Rue playing an Italian Priest instead of his usual cowboy roles, and a very young Helen Hayes, Gary Cooper and Adolphe Menjou, all great actors of the mid 1900's. Hemingway's book was and is still censored in every printing with the words replaced with dashes and no copies have ever been printed with his actual text, although he did fill in the blanks by hand on two copies with a pen and gave one to author James Joyce and one to French author Maurice Coindreau. Hemingway borrowed much of the tale from his own experiences during the Italian campaigns of World War I. He was wounded and taken to Milan to recover, where he fell in love with a nurse who dumped him when he returned to the States instead of coming to the States with him.

by Jimbo Berkey

This is how the schedule works:

7-9	Youth programs and movies
9-11	Painting to cooking and much much more
11- Noon	Comedy movies and The Lucy Show
1-3	Romance movies
3-5	Film Noir movies and Dragnet
5-6	Comedy movies
7-9	Bonanza, Mr. & Mrs. North and Sherlock Holmes
9-10	Mystery movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

	My Picks of the Week
Monday	His Royal Highness
Tuesday	A Farewell to Arms
Wednesday	Young and Beautiful
Thursday	Corsair
Friday	Emperor Jones
Saturday	Road Show
Sunday	Wake Up and Dream

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.



Find out what is going on in town every day, every week, every month, every year!

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U.S. Ranger Tex is inviting all you young cowboys and cowgirls to watch Western Saturdays every Saturday on Channel 98

SIERRA MADRE

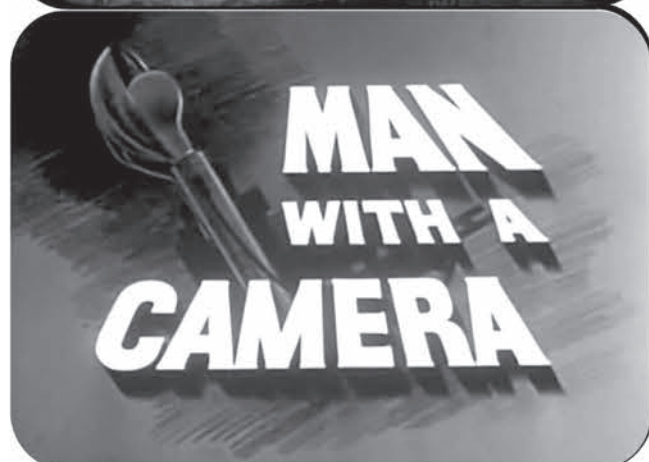
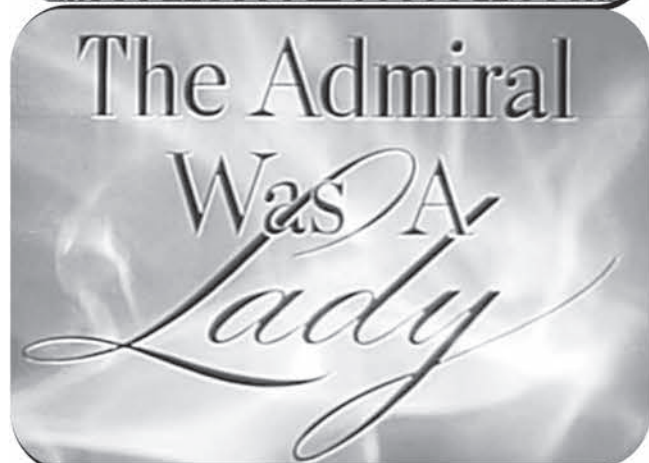
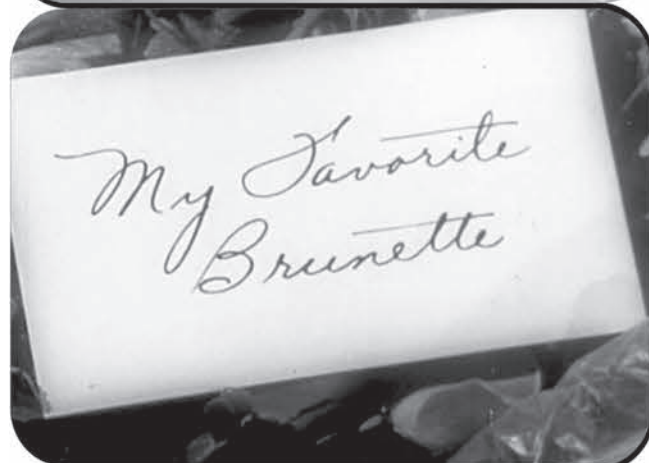
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THIS WEEK ON 98

Monday 2.17.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	His Royal Highness
1 to 2 pm	The Miracle Kid & Escort Girl
3 to 4 pm	The Skin Game
5 to 6 pm	His Royal Highness
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Scared to Death
Tuesday 2.18.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Earthworm Tractors
1 to 2 pm	Reaching for the Moon
3 to 4 pm	A Farewell to Arms
5 to 6 pm	Earthworm Tractors
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	The Evil Mind
Wednesday 2.19.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Young and Beautiful
1 to 2 pm	Forced Landing
3 to 4 pm	No Hands on the Clock
5 to 6 pm	Young and Beautiful
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	The Devil Bat
Thursday 2.20.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	The Villain Still Prusued Her
1 to 2 pm	Manhattan Tower
3 to 4 pm	Corsair
5 to 6 pm	The Villain Still Prusued Her
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	The Terror
Friday 2.21.14	Movies
7 to 8 am	Sand Sculpting
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	The Gangs All Here
1 to 2 pm	Unholy Love
3 to 4 pm	Emperor Jones
5 to 6 pm	The Gangs All Here
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Horror Hotel
Saturday 2.22.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Honor on the Range & the Lucky Texan
11 to 12 pm	Take Me Back to Oklahoma
1 to 2 pm	Buck Jones Border Law
3 to 4 pm	Shadow Ranch
5 to 6 pm	Take Me Back to Oklahoma
7 to 8 pm	Calendar Girl
9 to 10 pm	Road Show
Sunday 2.23.14	Movies
7 to 8 am	Children's Programing
9 to 11 am	Michelle Rae Music
11 to 12 pm	Jane Eyre and Abraham Lincoln
1 to 2 pm	The Laugh Maker and June Moon
3 to 4 pm	NASA Shuttle
5 to 6 pm	Jane Eyre and Abraham Lincoln
7 to 8 pm	Band Wagon and Gang War
9 to 10 pm	Wake Up and Dream



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FILE NO. 2014-018720
STATEMENT OF ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
The following person(s) FREIRE ALMA, 6207
WOODLAWN AVE., BELL, CA 90201, has/have
used the fictitious business name of SANDY'S
CAR WASH, 5700 ATLANTIC AVE., MAYWOOD, CA 90201. The fictitious business
name referred to above was filed on 01/19/2011, it
is the county of Los Angeles. The original file
number of 2014018719. The business was conducted by: AN
individual. The business was established with the
County Clerk of Los Angeles on 01/23/2014. The
business information in this statement is true and
correct. (A registrant who declares as true information
which he or she knows to be false, is guilty of a
crime under California Penal Code 146.01, PC.)
Publisher: Mountain Views News
Dates Pub: January 25, February 01, 08, 15, 2014

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City of Sierra Madre

ORDINANCE NO. 1350

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF SIERRA MADRE TO REZONE THE PROPERTY AT 611 E. SIERRA MADRE BOULEVARD FROM R-1-15 TO CIV, AND REVISE THE ZONING MAP ACCORDINGLY, AND AMEND CHAPTER 17.18 OF TITLE 17 OF THE MUNICIPAL CODE.

THE CITY COUNCIL OF THE CITY OF SIERRA MADRE DOES HEREBY RESOLVE:

WHEREAS, the current zoning for the City-owned property at 611 E. Sierra Madre Boulevard (Assessor Parcel Number 5766-005-903) thus R-1-15, is inconsistent with the current civic uses on the property;

WHEREAS, the current R-1-15 zoning allows development of single-family dwellings, and the CIV zone allows civic uses which are consistent with the current uses on the property;

WHEREAS, the General Plan designates the land for the property as “Municipal Government”, which allows for public institutional, civic and governmental agency and service uses; the rezoning of the property to CIV would make the zoning and land use designation consistent with each other and implement the General Plan; WHEREAS, the rezoning of this property includes a code text amendment (MCTA 13-04) to amend Chapter 17.18 of Title 17 of the Municipal Code, to add park, public sports and wireless communication facilities as permitted uses in the CIV zone, so as to make the existing park space, ball fields and wireless communication facilities as permissible uses, pursuant to the Ordinance attached as Exhibit A.

WHEREAS, the Planning Commission recommended approval of the rezoning and the Municipal Code Text Amendment at the meeting of November 21, 2013;

WHEREAS, it was determined that the rezoning and the code text amendment qualify for a California Environmental Quality Act (CEQA) Exemption pursuant to Section 15061(b)(3) (Review for Exemption) of CEQA, as the there is no possibility that the rezoning and the code text amendment will have a significant impact on the environment;

WHEREAS, notice was duly given of the public hearing on the matter, which public hearing was held before the City Council on January 14, 2014, with all testimony being received being made part of the public record;

NOW, THEREFORE, BE IT ORDAINED by the City Council of the City of Sierra Madre as follows:

SECTION 1: The City zoning map is hereby revised to change the zoning for the property located at 611 E. Sierra Madre Boulevard (Assessor Parcel Number 5766-005-903), from R-1-15 (One-Family Residential) to CIV (Civic) zone, as shown in Exhibit A, attached hereto.

SECTION 2: Chapter 17.18 of Title 17 of the Municipal Code is hereby amended by adding the following to Section 17.18.010 Permitted Uses: “G. Parks; H. Public sports facilities; I. Wireless communication facilities for which a permit has been issued consistent with Chapter 17.93.”

SECTION 3: Severability: If any section, subsection, subdivision, sentence, clause or phrase of this Ordinance is for any reason held to be unconstitutional or otherwise invalid, such decision shall not affect the validity of the remaining portions of this Ordinance. The City Council hereby declares that it would have passed this Ordinance and each section, subsection, subdivision, sentence, clause and phrase hereof, irrespective of the fact that any one or more sections, subsections, sentences, clauses or phrases be declared unconstitutional.

SECTION 4: CEQA: it was determined that the Municipal Code Text Amendment and revision to the zoning map qualify for a California Environmental Quality Act (CEQA) Exemption pursuant to Section 15061(b)(3) (Review for Exemption) of CEQA, as the there is no possibility that the proposed Municipal Code Text Amendment and revision to the zoning map would have a significant impact on the environment.

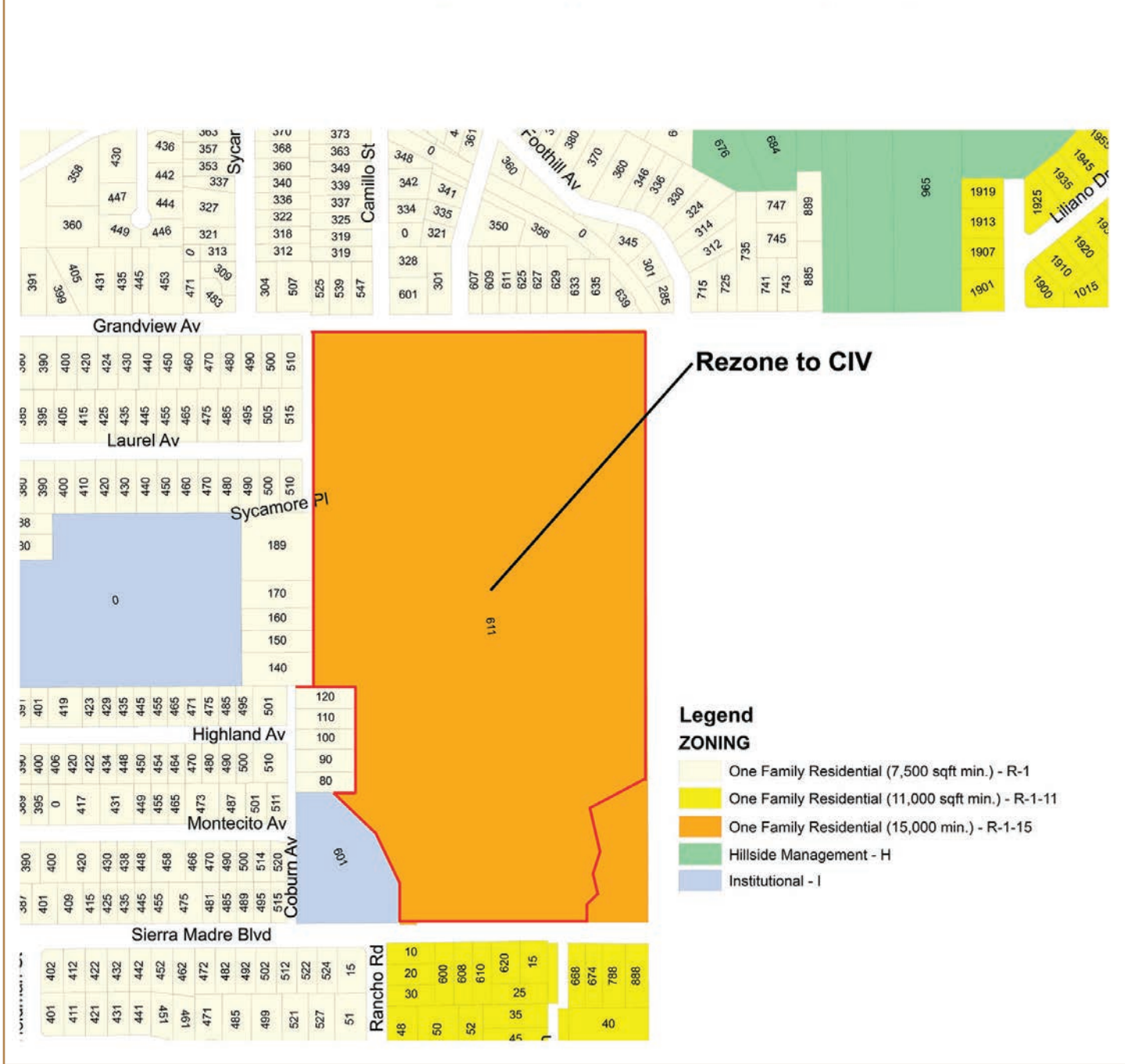
SECTION 5: The City Clerk shall certify to the adoption of this ordinance and shall cause the same to be published or posted in the manner prescribed by law.

PASSED AND ADOPTED this 28th day of January, 2014.

AYES: COUNCILPERSON:
NOES: COUNCILPERSON:

Exhibit A

Proposed Re-zoning of “City Yards” to CIV (Civic) Zone



NOTICE OF PETITION TO ADMINISTER ESTATE OF CONNEITTA FRANCES

Case No. BP148650

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of CONNEITTA FRANCES

A PETITION FOR PROBATE has been filed by Culley Vance Eaby in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Culley Vance Eaby be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Feb. 25, 2014 at 8:30 AM in Dept. No. 11 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
DARRELL G BROOKE ESQ, SBN 118071
TAYLOR SUMMERS RHODES RASMUSSEN BROOKE & TOROSSIAN
301 E COLORADO BLVD STE 407
PASADENA CA 91101-1911
Published Mountain Views News
January 25, 2014 and February 1, 8, and 15, 2014

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: MUNICIPAL CODE TEXT AMENDMENT 13-05 (MCTA 13-05)
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider recommending adoption of a text amendment to revise the definition of “bedroom” in the R-1 Zone (One-Family Residential), R-2 Zone (Two-Family Residential), R-3 Zone (Multiple-Family Residential), Hillside Management Zone (HMZ) and Residential Canyon (R-C).

DATE AND TIME OF HEARING

City of Sierra Madre
Planning Commission meeting
Thursday, February 20, 2014
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for an Exemption, pursuant to Section 15061(b)(3) of the California Environmental Quality Act (CEQA) as it can be seen with certainty that there is no possibility that the activity in question may have a significant effect on the environment.

APPEAL: A decision by the Planning Commission is subject to a 10-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

When They Depend on You...You Can Depend on Me!

The Sandwich Generation. Many Boomers who thought they were finished parenting are now caring for their own elderly parents. It's what Jane Wolf Waterman calls the POP Generation – parenting our parents.



I specialize in helping seniors and their family members with my unique Silver Service Program that is a 'one stop shopping' type approach to help you find a suitable community, determining the probable selling price and preparing the family home for selling, staging, packing, estate sales and many other services that are involved in getting your parents moved with less stress and top dollar.

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- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation – a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*

MIKKI PORRETTA
Dilbeck Realtors,
Senior Services Director
626.353.9879



NOTICE OF PETITION TO ADMINISTER ESTATE OF: ROBERT B. BRODNAX CASE NO. BP148942

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ROBERT B. BRODNAX:

A PETITION FOR PROBATE has been filed by BARBARA B. WALTERS in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that BARBARA B. WALTERS be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 03/10/14 at 8:30AM in Dept. 11 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
CHRISTOPHER J. ZUCCONI
2496 E ST #2C
SAN DIEGO CA 92102
2/15, 2/22, 3/1/14
CNS-2586094#

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

MIRIAM LOPEZ
CASE NO. VS025416

TO ALL INTERESTED PERSONS: Petitioner MIRIAM LOPEZ HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name: Miriam Lopez
Proposed Name: Elsie Michelle Lopez

A HEARING on the petition will be held on 03/12/2014 at 1:30 PM in Dept. C Rm. 312 located at 12720 Norwalk Blvd., Norwalk, Ca. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.

If no written objection is timely filed, the court may grant the petition without a hearing.

Petitioner Appearing Pro Per
Adrian J. Lopez
10911 Rosecrans Avenue
Norwalk, Ca. 90650
JDC - MVNews
January 25, 2014 and
February 1, 8, and 15, 2014



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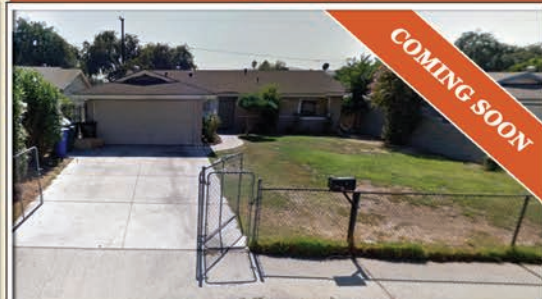
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