

CREDIT RATING AGENCY DELIVERS GOOD AND BAD NEWS TO CITY

Moody's Removes Sierra Madre From Review - No Further Downgrade

As indicated in their devastating report that dropped the city's credit rating last year, Moody's made another assessment of Sierra Madre's creditworthiness on Friday. The news was good from the standpoint that our credit rating was not dropped any lower and that the city is no longer under review. The bad news is that the rating did not improve.

The following is the official report on the state of the city's water company's, and ultimately the city's credit status:

Global Credit Research - 27 Feb 2014
\$2.6M debt affected

New York, February 27, 2014 -- Moody's Investors Service has confirmed the Baa1 rating on the City of Sierra Madre (CA) Water Enterprise's 1998 Revenue Bonds, of which there is currently about \$2.6 million outstanding. The enterprise has an additional \$7.9 million in outstanding debt not rated by Moody's but considered in our analysis, including \$6.8 million Series 2003 parity bonds. The 1998 bonds are secured by a senior lien on the net revenues of the water enterprise. Concurrently, we have removed the rating from review. The rating was placed under review for further possible downgrade on December 12, 2013 in anticipation of the outcome of Proposition 218 rate increase protest. The protest failed and a rate increase ordinance has been adopted by the city.

SUMMARY RATING RATIONALE
The affirmation reflects the successful adoption of rate increases for fiscal 2014 through 2018, effective on March 1 2014. The Baa1 rating also incorporates several years of failure to implement

rate increases to provide sufficient debt service coverage, the enterprise's moderately sized customer base with an above average socioeconomic profile, as well as aging infrastructure that requires

STRENGTHS
-Customer base with above average socioeconomic profile

-Debt service reserve fully funded with cash

-Newly adopted rate increases will result in additional revenues

CHALLENGES
-History of rate covenant violations

-Weakened financial position with diminished reserves

-Aging infrastructure requiring significant reinvestment

-Historically lackluster political will to implement rate increases sufficient to maintain healthy operations

-Expected rise in operating expenses tied to increased water purchases

-Late implementation of adopted rate increases

WHAT COULD MOVE THE RATING UP
-Sustained and material improvement of debt service coverage leading to compliance with rate covenants

-Significant improvement in reserves

-Long-term stable customer growth

WHAT COULD MOVE THE RATING DOWN
-Rescinding of Proposition 218 rate increases

-Further declines in debt service coverage

-Loss of customers and revenue sources

-Further violations of bond covenants significant improvements.

The principal methodology used in this rating was Analytical Framework For Water And Sewer System Ratings published in August 1999. Please see the Credit Policy page on www.moodys.com for a copy of this methodology.

The company made it very clear in their assessment that the passage of the Prop 218 water rate increase was a factor in preventing further lowering of the city's credit rating.

The credit rating impacts more than just the city's bonds. In the event of a disaster or other unforeseen circumstance, the water company, although it is a separate entity of the city, and its challenged credit rating will impair the city's ability to borrow, refinance or engage in many other fiscal activities at a reasonable interest rate. It may even cripple the city's ability to restructure its finances totally.

For more information on the history of the downgrade go to: <http://mtnviewsnews.com/v07/htm/n50/index.htm>

S. Henderson/Mountain Views News

CELEBRATING 44 YEARS OF GOOD WORKS, WINE & FOOD



Smiling for the camera at the Friends of the Sierra Madre Library's 44th Annual Wine and Cuisine Tasting event and totally unaware of being photo-bombed, are Library Trustees Pete Siberell and Glenn Putnam. Well over 100 guests tasted the wares of 18 wine vendors and 20 restaurants at Villa del Sol d'Oro, Alverno on Friday evening. Funds raised from the event help support Sierra Madre library operations.
Photo and caption by S. Henderson

NEW JERSEY IN KERSTING COURT? Story on page B1



SANDBAGS AVAILABLE

The Public Works Department is making available sand and sandbags for all residents. The sand and sandbags are located at City Yards, in Sierra Vista Park which is located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024. Take the access road on west side of the park, closest to the Pioneer Cemetery. Continue northbound on the road past the tennis courts and the Sierra Madre Rose Float Barn to reach City Yards. Please be aware you will need to bring a shovel to fill the sandbags. Residents have access to the sandbags from 6:00am-10:00pm.

For more information contact the Public Works Department at 626-355-7135.

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ELECTION COVERAGE

On April 8, 2014, voters in Sierra Madre will go to the polls and select three people from a field of four to sit on the City Council. They will also vote on a local ballot measure to extend the city's current User Utility Tax Ordinance.

The Mountain Views News will provide our readers with comprehensive coverage of this election. Each week, as we have done in the past, we will profile the candidates and give each of the candidates the opportunity to introduce themselves to our readers by answering the following questions:

1. Why are you running for City Council?
2. What are you going to do for Sierra Madre?
3. How do you plan on accomplishing your goals?

(All candidates are being asked to answer the same questions and their answers will be published unedited.)

The paper will also review the pros and cons of the proposed User Utility Tax Ordinance.

The schedule will be as follows:

February 22nd	The Pros and Cons of Measure UUT
March 1st	Candidate Denise Delmar
March 8th	Candidate Rachelle Arizmendi
March 15th	Candidate Noah Green
March 22nd	Candidate Eugene Goss
March 29th	Candidate Forum Review

It is our sincere hope that each candidate will submit their answers so that we can share them with our readers. A separate letter has been sent to each candidate asking them to participate.

In addition to the candidate spotlights, we will attempt to cover the various forums sponsored by local organizations. Where possible, the unedited video of these forums will be broadcast on the papers website.

Our reporting on this election will be as fair and objective as possible. However, please keep in mind that our columnists are always free to share their opinions. Their opinions are their opinions and may or may not reflect the position of the paper. This is true in all things, not just this election.

We will also provide for you the calendar of important dates regarding the election. It is our goal to do whatever we can to help you make an informed decision on April 8, 2014.
Susan Henderson, Publisher and Editor



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Sierra Madre City Council 2014 Candidate Information
DENISE DELMAR

1. Why are you running for City Council?

I have over 30 years of community leadership experience serving communities in the San Francisco Bay Area. I have served as PTA President, PTA Council President, and volunteered at the state level organizing campaigns for school funding. I was selected to serve on a City Wide Task Force Against Violence, and was on the founding Board of Directors for a joint City and School District pre-school and after school program.

Shortly after my move to Sierra Madre, I put my leadership skills to the test, serving as the Chair of the Sierra Madre General Plan Update Steering Committee (GPUUC) for 4 years. This opportunity to hear the various concerns of many residents and business owners during the GPU process, the success of the committee, as well as my past leadership experience brought me to the decision to run for City Council in 2014.

2. What are you going to do for Sierra Madre?

As a City Council member, I will work in collaboration with the other City Council members to ensure our City is efficient, effective and utilizing all its resources to the fullest potential. I will ensure all development projects brought before the City Council adheres to the General Plan, especially as they apply to housing mass, neighborhood compatibility, and protection of our hillsides and wildlife. I will continue my advocacy to limit development until our dire water situation has stabilized and reached a capacity to take on more customers. I will reach out to our residents and community organizations soliciting suggestions to

enhance community engagement.

3. How do you plan on accomplishing your goals?

My past experience serving on a variety of boards and committees has taught me the only way to get anything accomplished is to be willing to roll up your sleeves and do some hard work, do your homework, listen to others and respect the opinions of those you serve with and those you serve.

As a Human Resources Professional, with an emphasis in Benefits and Compensation, I will use my knowledge and skills to help City officials make informed decisions, so we can offer a fair compensation to our employees, as well as continue to provide services to our residents.

I will continue to attend Planning Commission meetings, to gain information and educate myself on upcoming development projects. As an elected official, I would have to step down from the Preserve Mater Dolorosa Steering Committee, but would continue to stay informed as they work together with Mater Dolorosa representatives to find a win-win situation for all.



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Ptly Cldy	Hi 60s	Lows 50s
Tues:	Ptly Cldy	Hi 70s	Lows 50s
Wed:	Ptly Cldy	Hi 70s	Lows 50s
Thur:	Ptly Cldy	Hi 70s	Lows 50s
Fri:	Ptly Cldy	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, March 11, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



THIS WEEK

MONDAY - 10 - 11 am

Barry, Rich & Lisa Show

Trivia and Humor at it's finest. Just try to keep up with their wit! JOIN THE FUN!!!

See our Calendar for airing times or listen to the podcast at our Village Intersections page.

THURSDAYS - Noon

Catherine Adde's OUR TRAVEL AFFAIR

TINA TIME WITH COUSIN MATTHEW

SATURDAY MORNINGS

D. J. Boddington

AKA James Faulkner returns Saturday morning at 7:00 until 10:00 with his Saturday Morning Mix show. Lovers of music - tune in!

Set your smart phone and or computer browsers to www.villagevine.org



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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

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Open House Sunday, Feb 23, 11am to 4pm

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10 years in the making...

At Monrovia Medical Center, we are celebrating our 10 year anniversary.

Reflecting on the past highlights:

- 2003** Continuing the mission of Monrovia Animal Hospital serving Monrovia for over 50 years.
- 2008** Gorgeous facelift to upgrade the hospital to new medical standards. Adding a beautiful indoor boarding facility and bathing area. 16 large indoor runs.
- 2010** Platinum Sponsor Community Sustainability Fair in Monrovia. We believe in the future of Monrovia. We recycle 90% of our waste.
- 2013** Introducing the Vaccine for Life Program for dogs and cats. Microchip and vaccines for the life of your pet. To help your pet find home if lost and to prevent infectious diseases in our pets and wildlife.
- 2014** Going Green! Solar installation by **SOLARUNIVERSE** in Monrovia. You're invited to see it.

Come and take a tour.

- Interested in going solar?
Meet **SOLARUNIVERSE** who will be celebrating with us.
- Continuing the mission with you for many years to come!
Together for the Long and Healthy Life of your Pet!
- Tell your friends to bring their pets!

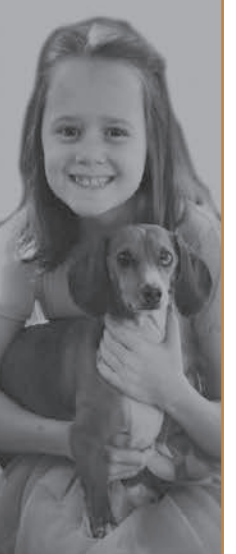
We look forward to seeing you.



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Be sure to join us
Sunday, February 23
from 11am to 4pm.



Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia



Rotary of Sierra Madre

Join us for Breakfast on Tuesdays mornings at 7 to hear some or all of our wonderful speakers listed below. Please be a guest to the Hart Park House, 222 W. Sierra Madre Bl. Sierra Madre, CA 91024.

Feb 18th- Cynthia Kurtz

Feb 25th-Pierre Mainguy from Cambodia-Director of CFI

March 4th- Alan and Claudia Heller-History of Route 66

March 11th-Joan Horvath-How does 3D Printing work? Really?

March 18th-Carola and Dr. Bud-International Project

For more info please call Peggy 626-355-7635 or email Peggybeau@gmail.com

SIERRA MADRE KIWANIS CLUB PRESENTS:

USER UTILITY TAXES - The Pros and Cons
Tuesday, March 11, 2014
12:00 noon

SIERRA MADRE CANDIDATES FORUM
Tuesday, March 18, 2014
12:00 noon

The Lodge in Sierra Madre (Formerly The Masonic Temple)
33 E. Sierra Madre Blvd. Sierra Madre, Ca. 91024



*The program is free and begins at 12:30
Lunch will be served at both events at noon.
Reservations are required for lunch. Cost: \$10
For more information call 355-0757*

Sierra Madre Police Blotter

Wednesday February 19, 2014

At 9:14 am, Sierra Madre Police responded to the 300 block of N Baldwin Ave. regarding a burglary report. Resident advised she left her residence in the early morning hours and when she returned home, she found her rear door was wide open. Resident stated her home was ransacked but nothing appeared to be missing.

At 3:10 pm, Sierra Madre Police responded to a traffic collision that occurred at Michillinda Ave. and Mariposa Av. Vehicle one was traveling south bound on Michillinda Ave. and collided with another vehicle that was making a left turn into La Salle parking lot. No injuries reported.

Thursday February 20, 2014

At 8:08 am, reporting party came into the Sierra Madre Police Department regarding, identity theft. Reporting party was notified by her credit card company of suspicious activity on her account, and she immediately reported the incident to Sierra Madre Police Department. Case has been forwarded to the Detective Bureau for further investigation.

SIERRA MADRE LIBRARY PROGRAMS

SATURDAY DIGITAL STORYBOARD TOURS BY TEEN DOCENTS

Take a journey back in time to an earlier Sierra Madre with Digital Storyboard Tours given by Teen History Docents.

- 3/1 at 1:30 p.m. spotlighting three chapters of Sierra Madre history Saturday, at the Library
- 3/15 at 11:10 a.m. Wistaria-themed, at the Richardson House
- 3/15 at 1:30 p.m. and 2:15 p.m. Wistaria-themed, at the Library
- 3/22 at 1:30 spotlighting three chapters of Sierra Madre history Saturday, at the Library
- 3/29 at 11:10 a.m. spotlighting three chapters of Sierra Madre history, at the Richardson House

Teens interested in local history can join the growing group of volunteer history docents at the Library. Teens train and give tours using the Digital Storyboards at the Library's Local History Room and at the Richardson House museum. See the Library's website or stop by the Library to pick up an application.

ADULT VOLUNTEERS NEEDED

If you are interested in assisting with local history archives, please contact Jill Schofield at 355-7186.

EREADER AND ANCESTRY.COM HELP AVAILABLE AT THE LIBRARY

Stop by on Saturday, March 1, at 10:00 a.m. and Tuesday, March 4, at 7:00 p.m. for help with downloading free eBooks to your eReader. Learn how to download free eBooks from the Sierra Madre Public Library to your Kindle, iPad, Nook or other device. Library staff will show you how to download free books from the Library's Overdrive service and will include a demonstration and individual hands-on practice. If possible, bring your own e-reader.

Explore your family history with Ancestry.com at the Library. Staff will be happy to show you how to use the database. You can access Ancestry.com in the library only and need a current Sierra Madre Library Card.

TITLES TO GO

Sierra Madre Public Library's homebound program brings the Library to you. A volunteer from the homebound program will help you select books and will deliver them. Choose regular or large print, fiction or non-fiction, audio books on CD and Playaways. Enrollment is free, but you must be a resident of Sierra Madre. Contact the Library or see the City website for more information. (626) 355-7186, www.sierramadre.com/departments/library.

JOIN YOUR NEIGHBORS AT SIERRA MADRE'S VILLAGE CHURCH OF THE ASCENSION FOR LENT

The season of Lent lasts approximately 46 days, including Sundays, between Ash Wednesday and Easter Sunday. Since its founding in 1885, Ascension and other churches in the Sierra Madre community have gathered to observe the weeks prior to Easter as a special time for prayer and meditation about their Christian discipleship.

Lent officially starts with Ash Wednesday, a day of penitence and reflection. At Ascension, Ash Wednesday Mass and Imposition of Ashes will be held on March 5, 2014 at 7:00 am, Noon, and 6:00 pm. All are welcome.

For more information, please call (626) 355-1133 or visit: www.ascension-sierramadre.com.



SPECIAL SIERRA MADRE POSTMARKS AVAILABLE AT WISTARIA FESTIVAL

The United States Postal Service and the Sierra Madre Chamber of Commerce announce a special postal cancellation to celebrate The Sierra Madre Wistaria Festival.

This special postmark will be available at the Sierra Madre Wistaria Festival, Sunday March 16, 2014 at the Wistaria Festival Postal Station located at Kersting Court in Sierra Madre at Sierra Madre Boulevard and Baldwin Avenue.

This special temporary postal station will be open 11 A.M. to 3 P.M.

Bring post cards or letters. You can send mail and post from this special event post office and surprise your friends when they receive mail with this extraordinary postmark.

The announcement of this postal cancellation has been printed in the U. S. Postal Bulletin which is distributed world wide. To accommodate collectors from out of the area the Sierra Madre Post Office will cancel postcards and letters upon request with the Wistaria cancellation for 30 days after the event.

To postmark a letter after the event go to Sierra Madre Post office and request The Wistaria Postmark on your mail.

For more information contact: The Sierra Madre Chamber of Commerce (626) 355-5111

The U. S Post Office, Sierra Madre, California 91024

(Note: The Sierra Madre Wistaria Festival spells Wistaria with an "a" not with an "e").

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Police Capture Brazen Burglar

Police arrested a Pasadena man early Thursday morning in connection with surveillance video footage of a burglary, caught on tape as an elderly couple slept.

The residential burglary occurred in the early morning of February 19, in the 1300 block of North Catalina Ave. Police arrested Angel Luis Tapia, 23, a parolee, in connection with the burglary.

Police said Tapia was able to enter the house as the elderly residents slept. Once inside, the suspect removed items including a wallet, a cellular telephone and jewelry. A surveillance camera within in the residence captured the suspect's image and actions.

According to police, just after midnight, early Thursday Pasadena Police tracked suspect Tapia to a motel room in the 2800 block of East Colorado Blvd. Tapia was arrested for residential burglary and is being held at the Los Angeles County Jail without bail. Tapia was on parole for burglary.

On Sunday, video footage of the burglary was broadcast on a local news channel. As a result, the Pasadena Police Department received anonymous tips through "Crime Stoppers" that confirmed the suspect as Tapia, from Pasadena. Pasadena Police Detectives continue their investigation seeking the recovery of stolen items.

Anyone with information is asked to contact the Pasadena Police at (626) 744-4241. Or anonymously through Crime Stoppers at (800) 222-TIPS (8477).

Drunken Driver Slams into Pharmacy

By Dean Lee

An alleged drunk driver slammed her car into two businesses, early Monday morning, after losing control of the vehicle at the corner of Washington Boulevard and Altadena Drive.

"She went through this thing at 70 mph, through the planter boxes, we had counters here and two displays, she went through a wrought iron gate into a gym," Phoenix Wellness Center owner Jim Avedikian said. "She ended up inside the gym [Phoenix Fitness]."

He said witnesses reported Taleen Zakarian, 25, may have been evading police, before crashing through the front window of the pharmacy around 3:40 a.m.

"They had to get a chain and literally pull it [a white Infiniti G series] out," he said. "I couldn't believe how little damage the car had, the window was smashed and that was about it."

Zakarian failed a field sobriety test and was arrested at the scene, "she was laughing as they took her away in handcuffs," Avedikian said.

Lecture Series: Storybook Style Whimsy in L.A.



Top (Right): A Long Beach cottage; (Left): Beverly Hill's Spadena home (aka the Witches House), Photos by Douglas Keister.

Fairytale houses dot the Southern California landscape, including neighborhoods of Burbank, Hancock Park, Los Feliz to name just a few. But where did this delightful architecture inspired by medieval Europe come from?

For "Storybook Style: Whimsy in L.A." author Dougals Keister will outline the history, share stories and present marvelous images of these half-timbered and turreted, pinnacled and portcullised houses that combine theatrical flair with fine craftsmanship – and large doses of humor.

These old world charmers began in Los Angeles in the early 1920s and were almost forgotten by the late 1930s. Keister will discuss how WWI and Hollywood set makers were responsible for these quaint European-styled dwellings that, according to Keister, "made everyone smile."

Storybook Style: Whimsy in L.A., 7 p.m., March 25, 2014 The Neighborhood Church, 301 N. Orange Grove Blvd., Pasadena. Author Douglas Keister shares



LA County fire crews look through damage left after a drunk driver lost control of her car.

Avedikian also said several passengers may have fled the scene. "She had passengers in her car," Avedikian said. "And they took off."

Police said they were still investigating if Zakarian was the only person in the vehicle at the time of the crash.

Avedikian said the total cost in damages to the building had not been estimated. He also said Phoenix Fitness and Phoenix Pharmacy were two separate businesses.

"The building inspectors had to come and verify that it was stable to reopen," he said. They reopened Tuesday morning. Phoenix Fitness was also open, as of, Thursday morning.

Avedikian founded the Phoenix Pharmacy and Wellness Center in 1995, specializing in HIV treatments.

Affordable Care Act Enrollment Fair at PCC

The Pasadena Chamber of Commerce and the Los Angeles Association of Health Underwriters (LAAHU) are hosting an Affordable Care Act Enrollment Fair on Tuesday, March 11, 2014, from 1pm to 6pm in the Jack Scott Multipurpose Room at the Pasadena City College Community Education Center at 3035 East Foothill Boulevard in Pasadena. Insurance professionals from the Pasadena Chamber and LAAHU will be on hand to assist the public in enrolling for health insurance through Covered California. The Community Health Alliance of Pasadena (CHAP) will be on hand to assist those wanting to sign up for MediCal.

The event is free as a program of LAAHU, the Pasadena Chamber and CHAP.

Deadline for enrollment in an approved health insurance plan under the Affordable Care Act is March 31. Those who do not have insurance by that deadline may be subject to financial penalties.

Those wishing to discuss health insurance needs and sign up under the Affordable Care Act or MediCal are welcome to drop in between 2pm and 5:30pm. There is no cost to attend and no cost for consultations, advice or assistance in signing up for health insurance under Covered California or MediCal. Parking is available in the student lots at the Community Education Center for \$2.

Those who would like to enroll at the event will need to have

Proof of California Residency – California ID or Driver's License, utility bill, etc.

Proof of Citizenship/Legal Status – Social Security Card, Certificate of Naturalization, Work Permit, Student Visa, etc.

Free Mulch Available To Pasadena Residents

The City's Mulch Give-Away Program provides free, fresh garden mulch to Pasadena residents throughout the year. The mulch is delivered by the Department of Public Works, www.cityofpasadena.net/PublicWorks, to Victory Park, 2575 Paloma St., southeast corner of the parking lot. Mulch is available at the park while supplies last, 6 a.m. to 10 p.m., beginning Feb. 14.

New loads of mulch will be delivered once per month in 2014 on March 14, April 11, May 9, June 6, July 18, August 1, September 12 and October 10. Residents should bring shovels, containers, gloves and eye protection to collect the mulch.

The Mulch Give-Away program is a free, environmentally friendly service for residents that uses the recycled trimmings from City street trees. Mulch is good for your garden and the environment, especially in the current drought conditions.

For more information on mulch and other City recycling services visit: www.cityofpasadena.net/PublicWorks/Mulch_Recycling

Post Office Closes after Employees Become Ill

Catalina Station Post Office Temporarily Closed Until Further Notice for Emergency Maintenance, PO Box service relocated to Plaza Station

Out of an abundance of caution for the wellbeing of employees and customers, post office officials shut down operations at the Catalina Station; 967 E. Colorado Blvd, Wednesday after an odor sent a number of employees to the hospital a day earlier.

Post office spokesperson Richard Maher said officials were investigating the source of fumes that caused symptoms of nauseous and a sore throat.

The postal service leases the space in the building and an environmental specialist was

investigating the source of the odor, he said.

They suspect the cause may have been recent work done on the roof of the building. New air filtration system filters were being installed before the post office would reopen according to the building owners.

Maher said all mail has been removed from the post office box operations and had been relocated to Plaza Station, 281 E. Colorado Blvd., less than one mile away. Catalina Station post office box customers can pick up their mail at Plaza Station Monday through Friday from 9:00 a.m. to 5:00 p.m., and Saturday from 9:00 a.m. to 2 p.m. Customers must have photo identification with them to collect their mail.

Operations will return to Catalina Station as soon as the matter is resolved, hopefully early next week he said.



Catalina Station Post Office

Superscooper Contract Extended Through March 15

To ensure that the Los Angeles County Fire Department is prepared to tackle any type of major fire incident, Supervisor Michael D. Antonovich announced that the lease contract for two CL-415 Super Scooper fire-fighting aircraft from the Government of Quebec has been extended through March 15, 2014.

"Although Los Angeles County is expected to receive some significant rainfall later this week, our region is still in a drought and fire danger remains high," said Supervisor

Michael D. Antonovich. "In addition to County Fire's own aerial fleet, the Super Scoopers are powerful tools to protect life and property."

Capable of carrying up to 1,620 gallons of water, Super Scoopers can also scoop water from a lake in only 12 seconds, be airborne in as little as five minutes and fly three hours before refueling.

At the direction of Supervisor Antonovich, the Los Angeles County Fire Department began leasing the Super Scoopers from the Government of Quebec in 1994.

City to Hold Community Benefit Soccer Tournament

The public is invited to a community benefit soccer tournament today until 7 p.m. and tomorrow from 8 a.m. to 7 p.m., at the Villa-Parke Community Center, 363 E. Villa St.

Admission is free both days. For-sale food will be available on-site.

The tournament features the City of Pasadena's first adult co-ed soccer competition. The adult tournament begins at 8 a.m., March 1, with the final round at 7 p.m. The competition will be played in a round-robin format with 20-minute halves. Registration is \$350 per team, or \$30 for individual players. Online registration is available at www.VMGCupPasadena.com.

The youth tournament, also in round-robin format, begins at 8 a.m. March 2, with the finals culminating at 7 p.m. Youth registration is \$50 per team, plus referee fees. To register, contact Marco Bermudez at (626) 744-6511.

Proceeds from the tournament will go toward the Villa-Parke Community Center's soccer programs and the 2014 AIDS/LifeCycle Ride, www.aidslifecycle.org, from San Francisco to Los Angeles June 1-7.

The tournament is being sponsored by Stadium Fitness and Pasadena Adult Soccer League, in cooperation with the City of Pasadena's Human Services and Recreation Department and Pasadena small business owner Molly Taylor, who dreamed up the idea for the competition.

"The Victor M. Gordo Cup is a fun way for residents to come together and support vital programs and services benefiting our community," said Taylor, who has been a member of Pasadena's adult soccer league since 2008. "I thought it would be fitting to name the tournament in Councilmember Gordo's honor because of the positive work he's done for District 5."

Learn How to Produce Your Own TV Show

In anticipation of Pasadena Media opening new studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you.

Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be

Class Offerings 6:00 pm – 8:00 pm Nightly

Orientation Training

Monday March 3 at 6:00 pm - 8:00 pm

PCAC Board Of Directors - Regular Meeting

Tuesday March 4 at 6:00 pm - 8:00 pm

New Studio Grand Opening

Tuesday March 4 at 7:00 pm - 9:00 pm

Introduction to Field Production Training

Monday March 5 at 6:00 pm - 8:00 pm

Citizen Journalism
Digital Film Group

coming soon
coming soon

Pet of the Week



Sarah is a two-year-old Labrador Retriever/pit bull mix. She loves to play fetch and enjoys belly rubs. She's very strong, so an experienced dog owner would be a great match for her. She even knows her basic obedience commands, which earned her a Blue Ribbon!

Since Sarah earned a Blue Ribbon, her adoption fee is reduced to \$100, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A348607, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

"What's Going On?"*News and Views from Joan Schmidt***RECOGNITION TO A GREAT LADY:
ARCADIA'S BELOVED FLORETTA
LAUBER**

Many Arcadians know Floretta Lauber as the FIRST female Mayor of the City; others recognize her as the great "Social Editor" for the Beacon Media News Corporation. However, Floretta wears another hat – that of a local historian who wishes to preserve and share Arcadia's great history! At the recent Arcadia City Council Meeting, Floretta was honored with the "Daughters of the American Revolution Historic Preservation Award."

Presenter was Santa Anita Chapter Regent, Mary Ann Williams. Mrs. Williams explained that the award was designed "to recognize worthy local individuals in all areas of historic preservation-buildings, landmarks, statues, cemeteries and memorials ... The recipient is expected to contribute in an outstanding volunteer manner ... Floretta Lauber has certainly fulfilled this obligation... her forward thinking, fundraising skills, and tireless energy have made the Gilb Historical Museum Education Center a reality ... a hall for visiting speakers, classrooms for children's field trips and arts and crafts ... a multitude of education opportunities"

City Clerk Gene Glasco, also President of the Arcadia Historical Society presented Floretta with a beautiful plant in recognition of her "Daughters of the American Revolution Historic Preservation Award."

Not long ago, ground was broken for this Museum Education Center. This project was Floretta's dream, and she has worked tirelessly to bring it to fruition. Residents of Arcadia should be proud of their first female Mayor and grateful for her vision of an Education Center at the Gilb Historical Museum.

At the Arcadia City Council Meeting, there also was a Presentation of gift certificates to City Staff from the Arcadia Chinese Association in appreciation of service. I would also like to "put in a plug" for this wonderful group. They made a much-needed donation to the friends of the Live Oak Library - the small library in the county area. During my twenty-five years of teaching, I always used the Live Oak Library! Thank you to the Arcadia Chinese Association! And of course, Congratulations to Floretta!

Other business at the Meeting included discussion on a Conditional Use permit, # CUP 13-12 for an existing religious facility and the use of a 2400 square tent for outdoor activities at 2607 Santa Anita Avenue.

This building is the Arcadia Congregational Church, and the "tent" is actually a "pavilion" with chandeliers. A resident, whose home backs to the pavilion, spoke of the unbearable noise when there are functions. The Pastor then spoke; a decibel meter has been placed to monitor the noise and she promised to "pull the plug" if the DJ/Live Band does not abide by the limits.

I followed the concerned resident and Pastor out of the meeting. They were friendly and cordial to each other. It was gratifying to see two adults work out a problem in such a matter. Arcadia certainly joins Monrovia and Duarte as "My Kind of City".

**SAN GABRIEL VALLEY ALUMNAE PANAHELLENIC
10TH ANNUAL AWARDS**

The San Gabriel Valley Alumnae Panhellenic 10th Annual Awards for Scholars Luncheon will be held March 24, 2014 at the Santa Anita Golf Course-Sunset Room, in Arcadia.

Fritz Coleman, popular NBC weathercaster will be the featured speaker. Mr. Coleman is a Southern California broadcasting icon well known for his sense of humor. He's performed his stand up comedy act at the The Improv, The Ice House, and other popular comedy clubs. He's also produced and starred in three one man plays.

Proceeds from the Awards for Scholars Luncheon will fund scholarships for outstanding local high school senior girls who plan to attend

a four year college or university with national sororities. For additional information and tickets, please contact Debbie Anderson, 626-446-7020.

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RAINDANCE

By Christopher Nyerges



[The following is an excerpt from Christopher Nyerges' latest book, "Squatting in Los Angeles: Life on the Edge," which is available on Kindle or from the store at www.SchoolofSelf-Reliance.com.]

It was Tuesday, August the 14th, 1984, the last day I'd be working with some of the children at the day camp sponsored by the City of Pasadena. After their lunch, I began by showing my group of children some wild edible plants. These were mostly plants that I brought to camp, because, remember, the day camp was held at Victory Park, which is a large park west of Pasadena High School, and it was mostly lawn with some introduced trees and bushes along the edges.

Next we practiced some Indian sign language of the Plains.

After that I showed the children some of the buffalo gourd leaves which I'd brought. I demonstrated how to make soap by wetting a few leaves and then vigorously rubbing a few between my hands. It's not the best plant for making soap, but it was all that I could collect for that day. Each child then made soap from this plant and in their very excited way they cleansed their hands, splashing and yelling as they did so.

The day before, I'd hinted that we might do a rain-dance, and now, as the children were returning to their circle, a few were now asking with their eager voice, "Are we going to do the rain-dance now?" Once they were all seated, I explained that a rain dance is actually not just one thing, and that it could take many forms and is usually a part of a larger ceremony.

I didn't have a specific "formula" or procedure, but rather I was attempting to share several key elements with the children.

I removed my hand-made clay pipe from its container and filled it with tobacco. I carefully lit it and puffed on it. The children were silent and the teen-age counselors were not sure what to say or do.

Once the pipe was smoking well, I stood in the center and blew smoke to the four directions and to the sky and to the earth. I explained to the children that I was offering my smoke as a way of giving respect and thanks, in an attitude of humility. I didn't use the word "God," but indicated that this was giving respect and thanks to a higher intelligence, a great spirit of the universe. The children watched in awe with wide eyes. I could tell that they'd never seen anything like this before.

Then I passed the pipe around the circle for each child to take a little puff. Each child nervously smoked the pipe as it went around, and I told them not to inhale. I explained as we did this that the smoking of the pipe was a traditional sign of our friendship and unity.

Once this was done, I conducted half the children in dancing around the outer circle, as the other half clapped their hands. We all chanted a simple rain chant that I led, and the we all let up a cheer for rain.

My time with the children was over and they all departed for their next session.

"Is it really going to rain?" a few children curiously asked me as they departed.

"Of course," I replied with assurance. "It will rain by Saturday." Of course, I was just expressing confidence. I really had no idea whether or not this would be "effective," and I'd not checked any weather patterns. For that matter, I'd not even planned to do the rain dance until that morning.

A heavy rain fell early the following morning.

By the time I arrived at the day camp on noon

Wednesday, only a drizzle continued to fall, and most of the day camp activities had been moved indoors.

Some of the children yelled out to me: "We made rain! We made rain!" I quickly pointed out that we didn't make anything. Rather, I told them, our request was answered.

A few children asked with open eyes, "It rained from our rain dance, didn't it?" I answered what I believed to be true. "Yes," I told them.

Pursuing the premise that there was a relationship between the dance and the rain, I attempted to delineate my learning:

- 1) We washed ourselves before our little ceremony.
- 2) We requested rain in an attitude of humility.
- 3) We shared the pipe in a posture of unity and friendship.
- 4) We sang, chanted, and danced our ceremony not "by the book" but with feeling.
- 5) And perhaps most important, the ceremony was conducted by children. These children were young enough to still be uncorrupted by the limitations of adult minds. They had never been told that they couldn't invoke rain. So I believe that the innocence and lack of prejudice on the children's part was a key factor in the apparent "success" of our rain dance.

I found that this episode forced me to look at myself and the world very differently. What had happened here? It was the middle of August when there is usually no precipitation, and rain came within 15 or so hours of doing a rain dance.

This led me to research the many recorded episodes of rain-making and rain ceremonies among Native American traditions, and try to find some common elements. Eventually, I compiled a file full of newspaper accounts and interviews and book excerpts all about rain ceremonies. The more I looked into it, and inquired, the key idea to keep in mind was that personal attitude was the essential ingredient, and that "asking for" or "praying for" rain was an inaccuracy.

It also became clear to me that it is actually a blessing that most people are unaware that they have such a power over the elementals of nature. You could say that our ignorance protects us from the irresistible urge to abuse such ability.

I spoke to Dr. George Fishbeck, L.A. area weatherman and meteorologist, and he told me that he noted a storm off California's coast at 7 p.m. Tuesday. That evening by 11 p.m., Dr. Fishbeck said that he knew rain would fall, but not where. He was calling it a freak storm. Someone had called Dr. Fishbeck and told him about the rain dance, so he already knew about it. He believed that there was no connection between the rain dance and the rain, discounting the ability of what he called "prayer" to affect the weather. Still, Fishbeck told me that he recognized and respected the sacred nature of the Southwestern Indians' rain dances and ceremonies, having lived among the New Mexico Indians for two years as an anthropologist.

In the Los Angeles Times of August 16, 1984 on the front page, it read "First Rain of Season Snarls Traffic, Causes Blackout." The report read, "The first rainstorm of the season struck the Los Angeles area with surprisingly heavy showers Wednesday morning, spawning a rash of minor accidents on slick freeways and power failures affecting thousands of customers. Rainfall at the Los Angeles Civic Center measured .40 of an inch, nearly double the .21 of an inch recorded by this date last season, before tapering off in mid-morning." The report talked about auto accidents, blackouts, and flash floods up in San Bernardino and Riverside Counties, and clear up in Las Vegas.

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**SIERRA MADRE FARMERS
MARKET**

The Sierra Madre Farmer's Market hours have changed to 3:00pm through 7:00pm every Wednesday. Vendors include Dry Dock which has fresh and wild caught fish, Rustic Loaf with artisan breads, Cutie Pie with fresh pies and much more!

For those interested in being a vendor contact Melissa Farwell with Raw Inspirations at 818-591-8161 ext. 806.

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MARDI GRAS 2014 WILL SHOWCASE NEARLY THREE DOZEN TOP LOCAL VENDORS

ARCADIA – Now that the Olympics are over, how will we fill our evenings? Well, several hundred locals plan to avoid “Olympic withdrawal” by attending Methodist Hospital’s 19th annual Mardi Gras next Tuesday, March 4, at Sirona’s in the beautiful Santa Anita Park. Attracting hundreds of revelers and dozens of restaurants every year, Mardi Gras will begin at 6 p.m. and last until 10 p.m. One of Methodist Hospital’s highest profile and most successful fundraising events, the annual “beads and boas” celebration is expected to be one of the most successful ever, with mouth-watering food prepared by more than 30 of the area’s most successful eateries and vendors. Among these are Benihana, Celestino’s Ristorante & Bar, Hai Di Lao Hotpot, Green Street Restaurant, La Luna Negra, Matt Denny’s, Sena on Myrtle and Toro Sushi and Bar, just to name a few.

The 80z All Stars, a California 1980s tribute band, will once again provide lively music for dancing and entertainment. The annual Mardi Gras parade will get the celebration going, with activities such as a silent auction and dancing also on the agenda. For more information on supporting this worthy cause or to buy tickets, please contact the Methodist Hospital Foundation, 626-898-8888 or mardigras@methodisthospital.org. For the second time in a row, event co-chairs are Sherry Wang, a Methodist Hospital Foundation board member and two-time chair; longtime hospital supporter Patty Soldo, who also chaired for the second time; and four-time chair/co-chair Lindburgh McPherson. Former Methodist Hospital Chief of Staff James Y. Lin, MD, will reign as King of Mardi Gras, recognized for his longtime support of Methodist Hospital and the outstanding clinical care he has provided to thousands of patients. Proceeds will go to support the hospital’s highly successful cancer program.

“I feel extremely honored, considering all the fine people who have served as king before me,” Dr. Lin said of the honor. “I want to continue helping the foundation raise funds for the cancer program, which is one of the clinical areas the hospital strives diligently to expand and strengthen. It’s a great thrill to be honored by an event I have supported for many, many years.”

Over the years the celebration has seen many changes. Once a formal event, it has changed course to become more casual. The Mardi Gras parade began in 2010 featuring the Arcadia High School Pep Band. A live band now performs each year.

“Mardi Gras grew from a friend-making event to a fund-raising event,” Wang said. “It has become a tradition in our community, one that is well known to many households.”



This year’s Mardi Gras king, Dr. James Y. Lin, 2013 Methodist Hospital chief of staff

Dr. Lin hopes this year’s event will provide a huge boost to the hospital’s growing cancer program. “We’ve always had a strong cancer program, and the community definitely wants it to remain an integral part of the hospital’s litany of services,” Dr. Lin said. “It’s important that we remain competitive and on the cutting edge, and Mardi Gras helps us do just that.”

Tickets are \$100 each. To reserve yours, contact the foundation at 626-898-8888 or mardigras@methodisthospital.org.

About Methodist Hospital

Founded in 1903, Methodist Hospital is a not-for-profit hospital licensed for 596 beds serving Arcadia and surrounding communities. Services include comprehensive acute care such as medical, surgical, perinatal, oncology, intensive care and complete cardiovascular services, including open-heart surgery. Methodist Hospital is an approved STEMI cardiac center, a certified stroke center and a center of excellence in bariatric services.

The hospital’s cancer center is accredited by the American College of Surgeons Commission on Cancer. Methodist Hospital is accredited by The Joint Commission, which accredits and certifies more than 19,000 health care organizations and programs in the United States. For more information, visit methodisthospital.org.

FRIENDS BID FAREWELL AND GODSPEED TO LONG-TIME ARCADIA RESIDENT BETTY HARRIS

A farewell celebration is being planned for long-time Arcadia resident Betty Harris.

Betty, husband Dick, and son Rich are relocating to Billings, Montana, to live closer to son Jim and his family. A farewell celebration for Betty will take place on Monday evening, March 10, 2014, at 6:30 p.m., in Jordan Hall of the Church of the Good Shepherd, 400 W. Duarte Rd., (SW corner of Duarte Rd. and Holly Ave.), Arcadia. Light refreshments will be served.

Betty Harris has a long history of community involvement. She was coordinator of Senior Activities for the City of Arcadia for twenty years (1969-1989). Thanks to Betty’s planning, the Arcadia Community Center’s Senior Citizen Services became the reality that it still is. Betty Harris has also touched other organizations with her wisdom and leadership. As a member of the Arcadia Branch of the American Association of University Women (AAUW), she has served as president and was honored with Arcadia AAUW’s Woman of Achievement award in 1990. A more recent contribution to the community was her service as co-coordinator of the English Conversation Class that was co-sponsored by Arcadia AAUW and the Arcadia Public Library. The students truly loved and admired Betty.

There is much more to be said about this fine woman and the selfless contributions she has made to her community. That is why the Arcadia Branch of AAUW and the English Conversation Class from the Arcadia Library are hosting an evening of tributes to Betty Harris on March 10. Those wishing to attend may respond to Winnie Ng by email at: lauyunchu@yahoo.com before March 6. Those who would like to give an oral tribute to Betty at the party should mention that in their reply. A check for Party Donation (\$5) and for Gift Donation (optional) should be made payable in one check to: Winnie Ng, 150 Laurel Avenue, Arcadia, CA 91007.

We shall all miss Betty Harris--the lovely silver-haired lady with the ready smile, the calm presence, and the precise word. Betty promises that she will have a contact list and will keep in touch with her California friends.

Understanding the Affordable Care Act

The deadline to apply for the Covered California is rapidly approaching, March 31, 2014. To help understand this program there will be a free enrollment clinic Friday, March 7 from 9:30am to 2:00pm at the Arcadia Community Center, 365 Campus Drive, Arcadia. Covered California health insurance information will be available including health insurance providers to help with enrollment assistance. Certified enrollment counselors will help you through the application

process. If interested in attending please call the Arcadia Community Center, 626.574.5130. It is important to bring the following items for enrollment; birth certificate, US passports or resident alien card, proof of income (recent paychecks and 2012 tax forms), proof of Los Angeles residency (driver’s license, utility bill, phone bill or rental agreement), social security cards for everyone applying. This informative free enrollment clinic is open to all ages. Lunch will be available, first come first serve for \$2.00.

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Arcadia Police Blotter

For the period of Sunday, February 16th, through Saturday, February 22nd, the Police Department responded to 1,097 calls for service of which 158 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, February 16:

1. At approximately 1:45 p.m., an officer responded to Claire’s at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. The 16-year-old Black female suspect concealed jewelry inside her purse and exited the store without making payment. She was arrested, transported to the Arcadia City Jail for booking, and later released to her father.

2. Around 9:33 p.m., an officer was patrolling Bonita Park, 100 South Second Avenue, and discovered signs of vandalism. Unknown suspect(s) painted graffiti along the skate boarding area, which appeared to be a drawing of a methamphetamine smoking pipe and various tagging names. No witnesses were located.

Monday, February 17:

3. Just after 8:45 p.m., officers responded to a residence in the 2000 block of Louise Avenue regarding a house fire. Officers observed the roof was on fire and entered the location to conduct a protective sweep. No occupants were located; however, officers discovered a large marijuana grow. Arcadia Fire responded to the scene and extinguished the fire.

Preliminary investigation revealed the location had stolen in excess of \$16,000 worth of electricity. A total of 2,489 marijuana plants and various cultivation equipment and supplies were confiscated.

4. At approximately 8:00 p.m., an officer conducted a traffic stop on a bicyclist for riding in the dark with no lighting equipment in the area of Foothill Boulevard and First Avenue. The bicyclist refused to stop and fled until he was apprehended in the 600 block of North Second Avenue. An investigation revealed the subject was under the influence of an alcohol beverage. The 64-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Tuesday, February 18:

5. Just after 5:10 p.m., officers responded to the area of Goldenwest Avenue and Balboa Drive regarding a suspicious subject walking in the neighborhood. The officer located the subject who explained he had no means of transportation and was looking for someone with a phone he could use. A search of his person revealed he was in possession of drug paraphernalia. The 22-year-old White male was arrested and transported to the Arcadia City Jail for booking.

6. Around 10:00 p.m., an officer conducted a vehicle stop on Foothill Boulevard at Second Avenue for an obstructed front license plate. The officer discovered the driver had a suspended license and was in possession of three illegal double edged ninja throwing knives. The 27-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Wednesday, February 19:

7. At approximately 5:10 p.m., an officer conducted a traffic stop on a vehicle for displaying unlawful lamps – two bright blue LED lights. The officer discovered the driver was in possession of concentrated cannabis. The 19-year-old White female was arrested, transported to the Arcadia City Jail for booking, and her vehicle was impounded.

8. Around 5:39 p.m., officers were dispatched to the 2000 block of Ivyland Avenue regarding a burglary report. Unknown suspect(s) forced entry through a window and stole several items from the bedrooms, including laptops, tablets, and jewelry. No one reported seeing or hearing anything suspicious. Further investigation is being conducted on the handful of latent fingerprints that were recovered from the point of entry.

Thursday, February 20:

9. At about 10:20 a.m., an officer conducted a traffic stop on a blue Toyota stake bed truck in the area of West Duarte Road and El Monte Avenue for not having mud flaps and for a broken tail light. An investigation revealed the 56-year-old Hispanic male driver was under the influence of an alcoholic beverage. He was arrested, transported to the Arcadia City Jail for booking, and his vehicle was impounded.

10. Shortly after 5:50 p.m., an officer was dispatched to Starbucks, 300 East Huntington Drive, regarding an attempted armed robbery that just occurred. Officers and Pasadena Air Support conducted an area check for the suspect, but he was not located. The suspect entered the location with a small black semi-automatic handgun and pointed it at the barista while he demanded cash. When the barista explained she was unable to open the register, the suspect grew frustrated and fled the location empty handed.

The suspect is described as a White male, 30 to 40-years-old, 5’6” tall, stocky build, unshaven, wearing a straw hat with a Hawaiian style band around the brim, and a blue colored mesh style hooded jacket.

Friday, February 21:

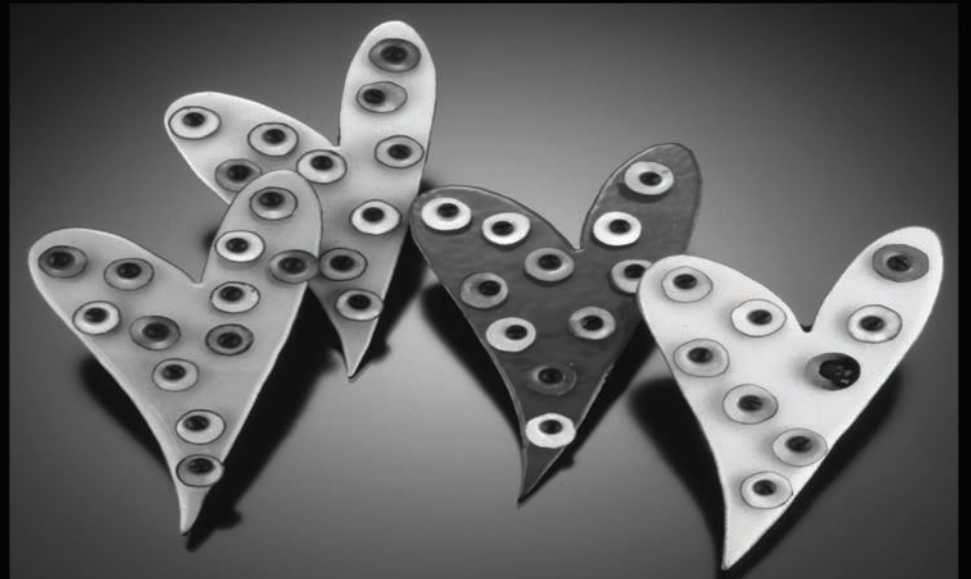
11. At approximately 5:15 p.m., an officer was dispatched to a non-injury traffic accident on Baldwin Avenue at Huntington Drive. Party-1 was stopped at a red light in the number one lane of northbound Baldwin Avenue when she was struck from behind by a large black truck. The victim did not see the driver as he or she quickly fled the location.

12. Just after 11:05 p.m., an officer responded to the parking lot of Olive Garden, 430 East Huntington Drive, regarding a subject check. The officer discovered the 30-year-old Hispanic male was under the influence of alcohol and unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

Saturday, February 22:

13. At about 1:23 a.m., officers responded to the 000 block of West Naomi Avenue regarding a group of juveniles loitering in the area causing a disturbance. An investigation revealed two 17-year-old male subjects were in possession of drug paraphernalia. They were both cited and released to a parent in the field without incident.

14. Around 3:00 p.m., an officer was dispatched to Macy’s at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. A 46-year-old Asian female concealed items inside a used shopping bag and exited the store in the company of her son without making payment. As the loss prevention officer attempted to detain the suspect, the son hit the officer in the face with an open hand. The woman and her 24-year-old son were arrested and transported to the Arcadia City Jail for booking.



Creative Arts Group

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FIVE QUEENS AND A ROBOT WIN TOP HONORS AND HEAD TO SACRAMENTO

Monrovia High School Robotics Team Wins Highest Honor at Los Angeles Regional Tournament



The Kings And Queens team members and coach.

Five young women from Monrovia High School and their rhinestone-encrusted robot won the top Inspire Award at the Los Angeles FTC (FIRST Tech Challenge) Regional Championship Tournament held at Monrovia this past Saturday, the Monrovia High School Robotics Program announced today.

Along with six other teams from cities ranging from Santa Barbara to San Diego, they advance to compete with top teams from eleven western states, Alaska and Hawaii in McClellan, Calif., near Sacramento on March 20-22, 2014 at the West Super-Regional FTC Championship.

These five junior class women - the "Kings and Queens" team - designed and built their own 18 by 18 inch robot from Tetrix parts, plexiglass, and machined aluminum to compete with alliances of robots on a 12 by 12 foot field. They stand out not just for their driving, design prowess, and their robot's ability to raise a flag and pull itself up on a bar. Heads turn as they drive their purple robot "Your Highness" while wearing their signature costumes of purple-velvet-and gold-embroidered renaissance dresses. They also spread the word of robotics design as they share their robot adventures with elementary and middle-school students around Monrovia.

Engineer and computer programming judges from major regional companies chose the team from among a field of the top 48 FTC robotics teams from throughout Southern California as the "role-model" team for their on-field success, teamwork, inspiration to others, representation of the First Robotics program to their school and community, and embodiment of "Gracious Professionalism," the core value of the FIRST program.

This win is the first Regional champion from Monrovia High School in its four-year-old FTC robotics program, supported by company sponsors and members of the community and led by physics teacher Tom Dobson. Monrovia High School advanced four teams to the Los Angeles Regional Championship, which drew winners from eight qualifier competitions from Los Angeles out to the High Desert. This high school FTC after-school program is one of many opportunities supporting STEM education (science, technology, engineering, and math) in conjunction with Monrovia's Math and Science Academy. A second of Monrovia High's four FTC Robotics teams, "Team R.E.D.," won an alternate spot for the Super-Regional tournament.

Winning teams in the West Super-Regional Competition will advance to the international championships in St. Louis, Mo. on April 23-26, 2014. The Monrovia High School FTC robotics program welcomes tax-deductible donations and company sponsorships to help cover the cost of traveling to Sacramento and hopefully on to St. Louis.

About FIRST:

Accomplished inventor Dean Kamen founded FIRST(R) (For Inspiration and Recognition of Science and Technology) in 1989 to inspire an appreciation of science and technology in young people. Based in Manchester, N.H., FIRST designs accessible, innovative programs to build self-confidence, knowledge, and life skills while motivating young people to pursue opportunities in science, technology, and engineering. With support from over 200 of the Fortune 500 companies and more than \$16 million in college scholarships, the not-for-profit organization hosts the FIRST(R) Robotics Competition (FRC(R)) for students in Grades 9-12; FIRST(R) Tech Challenge (FTC(R)) for Grades 7-12; FIRST(R) LEGO(R) League (FLL(R)) for Grades 4-8; and Junior FIRST(R) LEGO(R) League (Jr. FLL(R)) for Grades K-3. Gracious Professionalism(R) is a way of doing things that encourages high-quality work, emphasizes the value of others, and respects individuals and the community.

About the FIRST Tech Challenge Competition (FTC):

In the FTC program, teams of middle and high school age teens design and build robots to address game challenges announced each September. Each robot must be built using only specified parts and materials, and the entire robot must occupy a space no larger than 18x18x18-inches at the start of each match. In this year's game, "Block Party," robots pick two-inch yellow plastic cubes from the floor and deposit them into elevated goals on a balance beam, raise a flag, and grab a bar suspended three-feet high and lift itself completely off the surface. Robots compete in five 2-1/2 minute matches over the course of four hours that combine a 30-second pre-programmed period using sensors and software written by the teams to drop blocks into goals marked with infrared beacons and navigate onto a wooden ramp, and a two minute teen-driven period using game controllers. Teams compete in pairs for the highest score, with the pairings randomly assigned, and a team's partner in one match can be their opponent in another.

More than 140 teams compete in the Los Angeles FTC Region from schools, community groups, and other organizations. Teams sign up each September and compete November through February in the region.

To learn more about the FIRST Robotics organization: <http://www.usfirst.org/>.

For more information about The Kings And Queens, Team R.E.D., the Monrovia High School Robotics Program, or the "Block Party" game: Thomas Dobson Monrovia High School Physics Teacher MHS Robotics coordinator (FIRST Tech Challenge) [tdobson\[at\]monroviaschools.net](mailto:tdobson[at]monroviaschools.net) (626) 471-2800 Ext: 7243.

NEWS SOURCE: Monrovia High School Robotics Program

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On rainy days we normally close early, so please call first.

Monrovia Police Blotter

Highlighted Activity for the Weekdays of February 24-26, 2014

During the last seven-day period, the Police Department handled 411 service events, resulting in 81 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Petty Theft From an Unlocked Vehicle

February 25 at 1:22 a.m., officers responded to the 600 block of Norumbega regarding a theft from an unlocked vehicle. The victim parked her car earlier in the evening and the property was returned to the owner. The investigation is continuing.

Residential Burglary

February 25 at 5:00 a.m., police responded to a burglary that just occurred in the 900 block of Norumbega. The resident heard a banging noise around his attached garage. He attempted to turn on the lights in the house, but his power had been shut off. He went outside and saw his garage door was open and three subjects wearing all dark clothing ran out of his garage and fled. The resident immediately called 911. Officers arrived and searched for the suspects, but did not locate them. The lock on the garage door had been cut, but appears nothing was taken. The power had been shut off at the outside electrical panel. The investigation is continuing.

Driving Under the Influence – Suspect Arrested

February 25 at 8:13 p.m., a driver called police to report a silver Honda had collided into two vehicles on the 210 Freeway and had exited at Mountain, the driver was possibly DUI. An officer arrived and detained the driver of the silver Honda, who was determined to be intoxicated. The driver was arrested for driving under the influence. The California Highway Patrol was notified regarding the collision on the freeway.

Possession of Methamphetamine for Sales – Suspects Arrested

February 26 at 9:49 a.m., an employee from a business in the 300 block of West Huntington felt easy when two male subjects that were acting suspiciously entered the store and began to shop around. One of the subjects left the store and stood outside and the other approached the counter. The employee alerted a customer to call police. As officers arrived, both subjects were outside the business and began walking toward a vehicle and were detained.

During the investigation, officers learned that the vehicle had been due back to a rental company two days prior. They called the rental company, and the rental company stated that they wanted the vehicle returned and would send an employee. During a search of the vehicle, officers found methamphetamine inside a cigarette box in the vehicle. The suspects were arrested.

Give False Identification to a Peace Officer / Warrant Arrest / Possession of Stolen Property – Suspect Arrested

February 26 at 6:19 p.m., an officer stopped a vehicle for a vehicle code violation at Palm and Mayflower. The passenger of the vehicle gave a false name to avoid being arrested for a no-bail warrant, but eventually gave her correct name and was arrested. She was also found to be in possession of a stolen credit card, which was added to her charges. The suspect had her 15-month-old son with her at the time. No family could be located, so the child was taken into protective custody.




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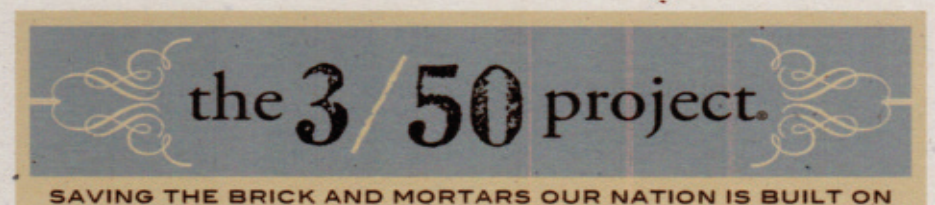
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three stores at a time.



- 3

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- 50

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- 68

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- 1

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Pick 3. Spend 50. Save your local economy.

Visit the350project.net

GO BULLDOGS!



Pasadena High School defeats Eisenhower on Wednesday at the CIF Playoff Game. PHS eliminated their opponent with a Final Score of 70 - 60.
Photo by Teri Buchanan

PASADENA UNIFIED PRESENTS READY. SET. KINDERGARTEN! TO PREPARE THE PARENTS OF ITS NEWEST STUDENTS

Pasadena, CA --- Continuing its spring series of parent education seminars, the Pasadena Unified School District (PUSD) presents Ready. Set. Kindergarten!, an informative and interactive session to help parents of entering kindergartners prepare for the 2014-2015 school year. Presented by PUSD early childhood education teachers, the seminars include information on how to prepare young students for the first day of kindergarten, an introduction to the kindergarten curriculum, and fun, interactive learning activities for families.

To be eligible for kindergarten in PUSD, a child must turn five years old by Sept. 1, 2014. Transitional kindergarten is also offered for children who turn five between September 2, 2014 and December 2, 2014, providing age appropriate instruction to students born later in the year before they progress to a traditional kindergarten class.

Parents and guardians can begin registering incoming kindergarten students by visiting their local PUSD campus starting in March. To locate a neighborhood school, visit gopUSD.com/locator. A parent/guardian must provide a copy of the child's birth certificate, immunization records, proof of rent or home ownership within PUSD's boundaries and a recent utility bill in the parent/guardian's name to register a child for kindergarten.

The Ready. Set. Kindergarten! Parent education seminars are sponsored by PUSD's Family Resource Center, which supports parents, teachers and staff in building partnerships for student achievement in partnership with the district's Coordinated Early Intervention Services program. For more information and for other parent education opportunities, visit www.parent-center.pasadenausd.org

Tuesday, March 4, 2014
6 p.m. – 8 p.m. Jefferson Elementary School Auditorium
1500 E. Villa St., Pasadena
Translation & childcare for school-age children provided.

Wednesday, March 5, 2014
9 p.m. – 11 a.m. (presented in Spanish)
Mothers Club Family Learning Center
980 N. Fair Oaks Ave., Pasadena
Translation & childcare for school-age children provided.

REP. SCHIFF ANNOUNCES FIRST ANNUAL CONGRESSIONAL STUDENT STEM CHALLENGE – STUDENTS TO BUILD APP

Burbank, CA –Today, Rep. Adam Schiff (D-Burbank) announced the launch the first annual congressional science, technology, engineering and math (STEM) academic competition, the House Student App Challenge, for the 28th Congressional District. The theme for the first year of the competition is Computer Science, challenging students to develop an application ("app").

Established by the U.S. House of Representatives in 2013, this competition is part of a nationwide event that invites high school students from all congressional districts to compete by creating and exhibiting their software application, or "app," for mobile, tablet, or computer devices on a platform of their choice. It is designed to promote innovation and engagement in the STEM education fields. Throughout the competition period, participating students will be provided opportunities to engage with various STEM educational partners, tech entrepreneurs, and tech experts located in the District to mentor and assist them with their app development.

"This challenge is an extraordinary opportunity for students to put their technical skills to the test and try something different," said Schiff. "In the next decade, the U.S. economy is expected to add over 8 million new STEM jobs, but face a shortage of graduates trained in those fields. This contest will help address that challenge by encouraging students to create their own app and pursue an education and career in STEM fields. Hopefully, we find some wonderful entrepreneurs and inventors in our community!"

The House Student STEM Challenge is open to all high school students who live in or attend high school in the 28th Congressional District. Students entering the competition must provide a YouTube or VIMEO video demo explaining their app and what they learned through the competition process during the competition submission period between February 1, 2014 and April 30, 2014.

More details on submitting a contest entry, the rules of the competition, and helpful programming resources can be found here on Rep. Schiff's website or at <http://studentappchallenge.house.gov/>.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsclions.org
website: www.bcsclions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show THE LEGO MOVIE

Remembering back to when the first teaser trailer came out, everyone I talked to thought this movie was a joke. It was believed to be an emotionless, boring, hour and a half commercial for a toy company. I, however, thought the exact opposite. I have been a huge fan of LEGO and what they stand for ever since I was very young. And when I saw this movie, my extremely high expectations were met and greatly surpassed.

Emmet (Chris Pratt) is just your average, everyday construction worker, working to expand the city he lives in. He wakes up, gets his coffee, and ALWAYS follows the instructions. However, after he meets a mysterious stranger (Wyldstyle, played by Elizabeth Banks), he makes a discovery that will change the universe: he discovers the long lost Piece of Resistance, the only thing capable of stopping the malicious Lord Business (Will Ferrell) and his army of robots.

This is one of my favor-

ite movies of all time and I wish I could write more. If I did, though, it would spoil the twist that Warner Brothers worked so hard to keep a secret. Usually for these kinds of movies, the trailers give everything about the plot and characters away and when you actually see the film, it is completely boring. That is not the case with "The LEGO Movie". The other thing that sets this movie apart is its ability to actually make funny jokes. With kid humor, the jokes are usually stupid and make you roll your eyes, and with adult comedy movies, they are full of innuendos. This movie is one, actually funny, and two, very smart and appropriate for all ages.

There is so much more that I could say about this movie, its story, and its meaning but I will stop here. "The LEGO Movie" is something that everyone should experience, and definitely in 3D. And just remember that everything is awesome!



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Women Leading the Way in the U.S.A.

Climbing up the hill...

In colonial times, women in America did not have the right to own property, vote or hold government office. Women worked hard raising families, and tending homes and gardens. They made clothes, candles and many other items their families needed.

Over the years, new laws, better education, and changes in people's attitudes have helped more women choose the lives they wish to lead. Many women pursue careers while sharing the work of raising families.

Read the clues to fill in the last names of women leading the way:

- Beverly _____ : author of more than 30 books, 91 million sold worldwide; book *Dear Mr. Henshaw* won the 1984 Newbery Medal
- Jennifer _____ : popular actress, *X-Men* and many other films
- Sonia _____ : first Hispanic woman on the U.S. Supreme Court
- Vera _____ : fashion designer; wedding dresses; china, crystal
- Taylor _____ : country music star who sings about life as a young girl
- Gracie _____ : figure skater, won Bronze medal in team event (2014 Winter Olympics)
- Annie _____ : famous photographer of actors, rock stars - as well as Queen of England
- Mary _____ : the head of GM, a car company, the seventh largest company in the world; graduated college with electrical engineering degree
- Michelle _____ : The First Lady, a lawyer, known for her "Let's Move" program and encouraging people to eat fresh foods for better health
- Dr. Ruzena _____ : computer scientist who specializes in robotics; her work allows robots to react to their environments
- Dr. Mae C. _____ : first African-American female astronaut to go into space; scientist; doctor
- Melinda _____ : started charity that helps to fight world health problems and poverty
- Diane _____ : one of America's most trusted T.V. news anchors
- Condoleezza _____ : first African-American woman to serve as U.S. Secretary of State
- Joan _____ : founded company that makes shows for children including hit "Sesame Street"
- Rachael _____ : teaches cooking techniques on her T.V. show, in books and magazines

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Jemison

Liebovitz

Lawrence

Bajcsy

Rice

Ray

Swift

Wang

Gold

11

10

9

8

15

16

GOOD GRAPES ARE EASY TO FIND --GHOST BLOCK

From a 16-acre cabernet vineyard on a knoll in northern Yountville, this wine might be the first Single Vineyard I've written about. (Meaning no outside grapes were used in the production of wine from this vineyard) Ghost Block Cabernet wine is dark in its prime fruit quality but not pushed toward frenzied extraction. Instead, it comes across as intense, with smoky scents of black tea in its oak tannins and a bright, plummy fruit. I recommend you decant this one to enjoy with a great steak. That is exactly how I discovered this superior wine, at Houston's in Pasadena for a respectable \$85. After the decant it was enjoyable, although I'd rather have something that we can open and drink a little faster.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

I found the 2010 Cabernet at Vons and other wines stores for around \$60. The \$85 price at Houston's does offer white linen table clothes though!! This reviewer has fallen in love with this 24-month-aged-in-French-Oak-barrel wine.

Alcohol Content 14.5 and 100% Cabernet Sauvignon Grapes

Dills Score:

Each week I will give you my Dills Score. I have added points for value. I'm starting with a base of 50 points; I added 9 points for color, 9 points for aroma or "nose", 9 points for taste, 8 points for finish, and 8 points for my overall impression, which includes my value rating. I can't wait until the new release comes out. All indications tell me it's getting better and better.



My highest score to date! I did subtract 1 point for the finish.

Total Score 93

Retail \$75. On Sale, around \$60 at most area high-end supermarkets

Tune into Dining w/Dills Sunday 5 PM on 790KABC Radio

Email Peter at thechefknows@yahoo.com and you can follow me on Twitter.

PRIVATE PARTIES AT SAVOR THE FLAVOR!

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What started out at Savor the Flavor nine years ago as a fundraiser for a third grade class has blossomed into the most enjoyable and memorable fundraising evenings.

Our free private parties are now annual fundraisers for Red Cross, Ronald McDonald House, Ability First, Rotary Club, City of Hope, Civic Club, Soroptimist and many more. Whether you want to have a couple hours of fun to raise money for a friend going through cancer or you want to support your local library – we make it happen.

Savor the Flavor LLC Private Party FAQ's - Want to plan your own private party?

Q: What is a private party?

A: After store hours Savor the Flavor opens its doors to you and your guests for a free, fun filled evening that includes champagne & wine, lots of award winning appetizers and desserts as well as a presentation on who and what won "The Best Of" from the International Fancy Food Shows and Gift Shows.

Q: Who can have a private party?

A: Anyone who wants to enjoy good food and be privy to what is hot in the food and gift industry.

Q: How much do they cost?

A: There is no cost to you.

Q: Are there any benefits to hosting a private party?

A: We will donate 10% back to the organization of your choice.

Q: When can you have a private party?

A: We host parties all year long. November and December sell out so please call early to reserve your date.

Q: How do I book a private party?

A: Call and tell us the date you would like to have the party. We will email you an invitation for you to send to your guests.

Q: What does Savor the Flavor provide?

A: - An email invitation for you to send to your guests.
 - All the food and beverages.
 - A 10 minute presentation on what made the "A" list for foods, gifts and gadgets. Be the first to find out what was the International Award winning cookie, soup, snack, gadget of the year!
 - 10% giveback from sales to the organization of your choice.

Q: What do we need from you?

A: - A date to reserve
 - How many guests will be attending (Contact us 2 days before the day of your event. Minimum 15 – Maximum 30 guests. Must be at least 21 years of age to attend)
 - Name of organization you would like to give back to.

What does Savor get out of this? Yes, it is expensive for us to provide employees, the wine and food. But we have developed so many new customers, most of whom have become great friends. They love the store and return throughout the year. That is just as important as the wonderful memories each party leaves behind and the great feeling we get by being part of an activity that supports the community.

Savor the Flavor LLC 11 Kersting Court (626)355-5153 www.savortheflavor.net



INGREDIENTS

Garlicky Potato Topping:

4 large russet potatoes, peeled and quartered

10 whole garlic cloves, peeled

1/2 cup sour cream

1/4 to 1/2 cup beef broth

4 tablespoons butter, softened

1/2 teaspoon salt

1/2 teaspoon freshly ground black pepper

Nonstick cooking spray

FILLING:

4 slices bacon, cut into thin strips

1 tablespoon vegetable oil

2 medium onions, chopped

1/2 teaspoon salt, plus 1/2 teaspoon

1 teaspoon sugar

1 pound ground beef

2 to 3 medium carrots, roughly chopped, (about 1 cup)

3/4 cups frozen peas, thawed

2 garlic cloves, minced

2 tablespoons tomato paste

1 tablespoon all-purpose flour

1 (12-ounce) bottle light or dark beer

1/2 cup beef broth

1 teaspoon finely minced fresh rosemary leaves

1/2 teaspoon freshly ground black pepper

1/2 cup grated Swiss or Cheddar

2 tablespoons chopped fresh parsley leaves

DIRECTIONS

Prepare potato topping: In a large saucepan add the potatoes and garlic and cover with cold water. Bring to a boil over medium heat and cook, uncovered, until the potatoes are fork-tender, about 15 to 20 minutes. Drain. Transfer the potatoes and garlic to a large bowl. Add the sour cream, 1/4 cup of the broth, butter, salt and pepper, and beat on low speed with a hand mixer until the potatoes are light and fluffy, about 1 to 2 minutes. If the mixture is too dry, add the remaining 1/4 cup broth. Do not overmix. Cover and set aside.

Preheat the oven to 350 degrees F. Spray a 10-inch round baking dish with nonstick spray.

Prepare filling: Heat a large skillet over medium heat. Add the bacon and cook, stirring occasionally until browned and almost crisp, about 7 to 8 minutes. With a slotted spoon, transfer the bacon to a plate; set aside.

Add the oil to the drippings in the skillet and put over medium heat. Add the onions and 1/2 teaspoon of salt, and cook, stirring occasionally, until the onions are very soft and just beginning to brown, about 10 minutes. Sprinkle in the sugar, and cook, stirring occasionally, until the onions begin to caramelize, about 3 minutes. Stir in the beef and cook, stirring occasionally, over medium-high heat, until the beef begins to brown, about 7 minutes. Add the carrots, peas, and garlic and cook, stirring, until the vegetables begin to soften, about 5 minutes. Stir in the tomato paste and flour and cook, stirring, until well blended, about 2 minutes. Add the beer, bring to a boil and boil for 3 minutes. Cook, stirring with a wooden spoon, and scraping up the browned bits from the bottom of the pan, about 2 minutes. Add the cooked bacon, the broth, rosemary, 1/2 teaspoon of salt, and the pepper, and bring to a boil. Reduce the heat and simmer, uncovered, until the sauce thickens, about 15 minutes.

Spoon the meat mixture into the prepared baking dish. Spread the potato topping evenly over the beef mixture. Bake until the filling is hot, the topping is lightly browned and the edges are bubbly, about 35 minutes. Remove from the oven and sprinkle with the cheese. Return to the oven and bake for 10 more minutes. Let rest out of the oven for 10 minutes before serving. Sprinkle with parsley and serve.

Read more at: <http://www.foodnetwork.com/recipes/melissa-darabian/shepherds-pie-recipe.print.html?oc=linkback>

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Happy Tails BIRD BRAIN BRILLIANCE

by Chris Leclerc



I remember as a kid, hearing the term “birdbrain” often used in a derogatory manner, directed at someone who’d just done something really stupid or absent-minded. To me, it seemed like a rude thing to call someone, but un-like many other words that we kids could have used to convey the same sentiment, birdbrain was one we knew we could get away with in front of the adults. The teasingly taunting term, “birdbrain” is assumed to have been derived from a similarly insulting moniker, “bird-witted”, which dates back to the early 1600’s. The earlier, original term was used to describe a person with what we might call today, ‘attention deficit disorder’, presumably applicable because a bird appears to lack focus when flying to and fro in rapid motion, with no apparent direction. Ironically, in reality, this notion could not be further from the truth.

The presumptuous premise behind the use of the ill-mannered idiom, “birdbrain” is based on the human’s erroneous perspective that birds have proportionately small brains, and appear to lack intelligence. In applying that thoughtless theory to calling someone a birdbrain indicates that a person who acts foolishly must have a small brain like a bird, and therefore he must be stupid. The remarkable irony behind the use of the term “birdbrain”, lies in the fact that birds are far-and-away more focused than the average human believes or perceives. As a matter of fact, some species of birds are even considered to be among the most intelligent wild creatures in the animal kingdom, and certain species of birds possess some amazing brain capabilities that God apparently did not see fit to instill in the human being. I’m not talking only about instinctual behaviors, I am referring to scientifically proven facts about the biological properties of a bird’s brain that equate to higher intelligence as we humans define it.

The most blatantly obvious example of ‘bird brain brilliance’ was proven through an experiment conducted by animal psychologist, Irene Pepperberg at Harvard University. Doctor Pepperberg purchased an ordinary pet-store parrot that she named “Alex” (a cute, catchy acronym for Aviary Language EXperiment), and went right to work, teaching and observing him. By the end of the experiment, Pepperberg wrote in her book, Alex & Me that Alex could identify 50 different objects and recognize quantities up to 6; that he could distinguish 7 colors and 5 shapes, and understand the concepts of “bigger”, “smaller”, “same”, and “different”, and that he was learning the concepts of “over” and “under” when he passed away on September 6, 2007. Yes, it is true that a parrot will sometimes simply mimic sounds and words with no knowledge of what they mean, but they are also capable of learning a wide vocabulary of terms and concepts with a complete understanding of what they mean and how to appropriately respond to them.

In case the brain power of a parrot does not convince the average human that a bird’s brain is indeed small yet brilliant, a particular very remarkable trait possessed by the pigeon is enough to turn any human green with intelligence envy. What might that be, you say? Well, I’ll tell you. The pigeon has an internal GPS (global positioning system) inside his ‘tiny little’ bird brain. The results of a recent study conducted by Drs. Le-Qing Wu and J. David Dickman was published in Science, the world’s leading journal of original scientific research (April 26, 2012), describing the fact that “neural responses in a pigeon’s brain stem show how single cells encode magnetic field direction, intensity and polarity - qualities that are necessary to derive an internal model representing directional heading and geosurface location.” To put it in a nut shell, the pigeon possesses a unique neural substrate for a vertebrate magnetic sense. In other words, a bird-brained pigeon is capable of finding any location he wishes to find on the earth’s surface without having to strap on a Tom-Tom! Now run and tell that, Getting, Parkinson and Easton! Oh, and by the way, that thoughtless theory about birds lacking focus and direction goes right out the window when it comes to the common park pigeon.

So, the next time you are tempted to call someone a birdbrain when they’ve done something stupid, think again. In fact, our seemingly flighty feathered friends have got it going on when it comes to brain brilliance. So, with all of this said and until next week my dear friends, I encourage you all to love and let live!

LOOKING FOR A BEST FRIEND...

March Madness is around the corner and who better to spend it with than Donnie!

Donnie arrived at the shelter in December 2013. He was unsure of the shelter environment in the beginning and a little timid when he met new people. As he got adjusted, he showed us what a loving, friendly boy he is. He loves to sit in a lap or next to “his person” and get lots of pets and cuddles. When he is goes to the park, he will roll on his back for a belly rub, smiling the whole time.

He has had a few different kennel mates, and seems to get along with all of them, although he prefers the company of people to other dogs. Donnie often sits by the gate of his enclosure, hoping to catch the eye of someone who will take him out, or come in and give him some attention.

Donnie enjoys his walks and has a nice steady pace. He likes to keep going, rather than stopping to sniff, and when he gets moving, he has a very unique gait, almost like a pacer horse with his front legs straight out, moving very quickly. Sometimes he gallops, too, and he is always very joyful to be out in the fresh air, getting some exercise.

Donnie would probably do best in a home where he is the only dog, because he enjoys having the attention and affection centered on him. He wants very much to be an important part of the family.

Donnie is about 4 years old and weighs 11 pounds. He is being called a Chihuahua and miniature pinscher mix. He has a beautiful short coat of chocolate brown with tan highlights, which would not need a lot of grooming. Please come in to meet sweet Donnie if you are looking for a new best friend. He will love you forever. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a ‘Meet and Greet’ with Donnie (aka....7990), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Donnie.

See our website at www.sgvhumane.org for information and photos of all our available pets.



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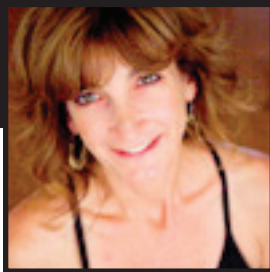
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THE JOY OF YOGA

AN INTERVIEW WITH THE
TEACHER OF THE MONTH

This is a partial excerpt from an interview for the Para Yoga Featured Teacher of the month for February - René Quenell.

1. What inspires you to teach yoga? (sva dharma)

What inspires me to teach is the amazing power of the tradition. It's so cool the way we can start with a physical practice and transform into shining lights! The process fills me with joy. Even when I think I don't have any words left to say, I will invoke my teachers and all this great knowledge comes pouring out. And when I run into students years later they say "I remember what you said and how it changed the way I....". If I can help them on the path in even the littlest way - I am inspired.

2. How has the practice of Para Yoga transformed your life? (tantra)

In a nutshell, I went from a very small self to an expression of Her. Well, at least that is the whole focus of my work. Discipline, self-study, practice and meditation continue to show me the way. I feel like I have grown up. I am so very thankful for the transformation that I can barely stand it! From my first class with Yogarupa Rod Stryker 12 years ago, I knew this was the path for me. Through the teachings I have become a more authentic person. I am a better wife, mom, daughter, friend, teacher and most importantly a better version of myself. I wrapped my whole life in them and my life became wonderful.

3. In what way have you seen the principles of ParaYoga help to transform the life of your students? (parampara)

They are getting shiny. I can see the truth of them emerging. They are learning to face and overcome challenges. I love when I see less drama in their lives. It is so beautiful to see them quiet. Many of them have seen the difference in me and they want that too. They believe in it and it shows in their sense of power and compassion, like flowers blooming around me. I know - that sounds corny - but it's true!

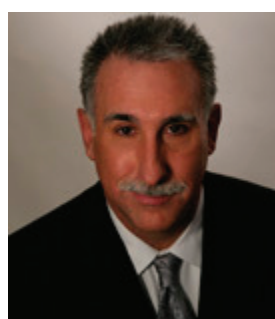
I'll send ya'll the rest of the article next week. :) See you in class...

Namasté,
René

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Health **HA** ADVANTAGE

YOU CANNOT AFFORD TO GET SICK IN
THIS ECONOMY by Dennis R. Buckley, D.C.THE EXTRA
MILE, A
ROAD LESS TRAVELED

They say it is lonely at the top. Why? Most people do not put in the work, focus and dedication to reach their goals. They quit before they arrive. This is mostly because it is at times difficult.

When it comes to health, we find that many people are not as healthy as they could or should be. Really you say. Let's look at the facts.

- Over 60% of the US population is overweight
 - Over 30% are obese
 - Less than 15% of the people get the recommended amount of exercise
 - The average person watches 4 to 6 hours of TV everyday
 - Diabetes, Heart Disease, Cancer and autoimmune diseases rise every year
- These problems are 90% lifestyle related. Most people are not putting in the work or discipline needed to be healthy. Think about the healthiest and happiest people you know. I bet that most of them are disciplined enough to eat right, exercise regularly, get proper rest, have a great attitude, get

check-ups regularly and avoid risky behavior. They are taking the road less traveled compared to the majority. They are going the extra mile for their health. They are not just doing enough to "get by."

This is true in school, athletics, business, and in families. People are looking for the minimum to get by and they will "get by". However they want the abundance that is mysteriously avoiding them. The truly abundant do more than get by, they go the extra mile and do more than the rest. They focus on the outcomes they want. They discipline themselves in the areas that are related to abundant health.

Are you on the road less traveled? Are you going the extra mile for your health or have you barely taken the next step. Trusting that the government is going to provide you health is not a good bet. The only thing you can and should count on is your own efforts.

There is an abundance of resources available to us to make the changes necessary. We need more and more people to walk the road less traveled. If you want to get healthier, happier and whole, go where few dare to travel, the extra mile. Good health is a road we all need to be on.

HOW DO I GET MY FAMILY
EATING HEALTHIER?

Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

My clients ask me this question often. You have decided to get healthier, maybe lose some weight and in doing so you want to eat better. How do you get your family or spouse onboard? The first step is to take the time to plan out your meals for the week. This should be a family affair. Ask your family to search for recipes they would like to try. Then vote on the ones your family will eat for the week. These meals can be easy to make. They may even be some of your family's favorites but just prepared in a different fashion. Say you family likes roasted chicken and sweet potato fries. You could cut your own sweet potatoes into fries and bake them in the oven and grill skinless chicken and mixed veggies on the grill. The key in grilling is to use herbs and seasoning your family likes. In many dishes especially chicken, herbs are where the dish gets its flavor.

Another option is to go out to a healthy restaurant and have everyone taste each other's food. Then go home and try to recreate the dish in a healthier fashion. Most all dishes prepared from scratch at home are healthier than prepared purchased foods or foods eaten in restaurants because you can omit or reduce sugar, oil, excessive salt and preservatives. You can also chose to use all organic foods as a way to make meals healthier.

Another tip is to visit the produce aisle or a farmers market with your kids. Ask them to pick out interesting or unusual vegetables. Then base the coming weeks menu on your finds. Kids will be more apt to try something new if they scouted it out and saw it before it was clean and prepared.

Whenever possible involve your kids and even husband in the meal planning, purchasing and preparation. The more involved your family is in meal choices the more invested they will become. Also be realistic, not every choice will be a hit but if you put some effort into this, your family can adopt some new healthier food options.



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HOW SENIORS CAN GUARD AGAINST ROBOCALL SCAMS

Dear Savvy Senior:
Is there anything that can be done to stop the annoying robocalls my husband and I keep getting? It seems like we get two or three a day offering lower credit card interest rates, medical alert devices, home alarm systems and more. What can you recommend? Frustrated Seniors

Dear Frustrated:
There's been a huge spike in robocall scams in the U.S. over the past few years. In fact, the Federal Trade Commission (FTC) gets more than 200,000 complaints every month about this widespread problem. Here's what you should know, along with some tips that can help you protect yourself.

Robocall Scams
Whenever you answer the phone and hear a recorded message instead of a live person, it's a robocall.

You've probably gotten robocalls about candidates running for office, or charities asking for donations. These robocalls are legal and allowed. But if the recording is a sales message and you haven't given your written permission to get calls from the company on the other end, the call is illegal. In addition to the phone calls being illegal, their pitch most likely is a scam.

Some common robocall scams that are making the rounds these days are offering lower credit card interest rates, mortgage relief, free vacations, medical alert devices or home security systems, or they falsely notify you about changes in your health benefits or bank account. But be aware that new scams are constantly evolving, and they all have only one goal in mind – to get your personal and financial information.

The reason for the spike in robocalls is technology. Fraudulent robocallers are using autodialers that can send out thousands of phone calls every minute for an incredibly low cost, and are very difficult to trace. When these kinds of calls come in, your caller ID usually displays "spoofed" (fake) numbers, or just says "unknown."

Protect Yourself
Your first step to limiting at least some unwanted calls is to make sure your phone number is registered with the National Do Not Call Registry (see donotcall.gov or call 888-382-1222). This, however, will not stop telemarketing scams or illegal robocalls.

Another tip, if you have a caller ID, is to simply not answer the phone unless you recognize the number. But if you do answer and it's a robocall, you should just hang up the phone. Don't press 1 to speak to a live operator and don't press any other number to complain about the call or get your number off the list. If you respond by pressing any number, you're signaling that the autodialer has reached a live number and will probably lead to more robocalls.

You should also consider contacting your phone provider to ask them to block the number, and whether they charge for that service. But keep in mind that telemarketers change caller ID information easily and often, so it might not be worth paying a fee to block a number that will change.

Another call blocking option you should check into is Nomorobo. This is a free new service and works only for people who have an Internet-based VoIP phone service. Anyone with phone service from Comcast and Time Warner Cable can use it too. Nomorobo uses a "simultaneous ring" service that detects and blocks robocalls on a black list of known offender numbers. It isn't 100 percent fool-proof, but it is an extra layer of protection. To sign up, or see if Nomorobo works with your phone service provider, visit Nomorobo.com.

It's also important that you report illegal robocalls you receive to the FTC at ftccomplaintassistant.gov or call 888-382-1222.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse.....This and That PHANTOM RELAPSES

One of my best friends, we'll call her Carrie, dreamed she fell off the proverbial wagon last night. No, she wasn't using illicit drugs, drinking, or even smoking, although as a former smoker, she's had dreams in which she's found herself taking a long draw from a cigarette. It feels so real that she kicks herself (in the dream) for falling back into the habit. But in this most recent dream it wasn't a pack of Chesterfields she was inhaling --it was the left-over Valentine's chocolates at Rite

Aid.

We've all had similarly scary dreams. (Okay, maybe not exactly like going on an expired candy binge.) In some nightmares you're back in high school, with the teacher passing out a midterm exam you have no clue about. Or perhaps you're in a meeting at work, but you're the only staff member who forgot to get dressed that morning.

It's not so much the fear or embarrassment that characterizes these dreams, it's the realization that we've done something we thought we'd never do in real life. So, you can imagine Carrie's shock and horror when she found herself shoveling fun-sized Snickers and Twix bars into a shopping cart. Not only that; she had started eating the contents before making it to the checkout!

While in line, Carrie dropped some M&Ms on the floor. A Rite Aid employee hurried over to clean it up, but Carrie insisted on scooping up all the pieces. Brushing off the lint and dust, Carrie popped them into her mouth and mumbled "It's okay. Five second rule."

As if it couldn't get any worse, when Carrie got to the cashier, she had forgotten her purse in one of the aisles. Instead of apologizing for the mess, she asked the cashier to please hold the cartload for her. Even in her dream state, Carrie told herself "I can't believe you're doing this! PUT DOWN THE PEANUT BUTTER CUP!"

This is truly the most lamentable part of her dream. Carrie's conscious was so strong it wouldn't let her enjoy a chocolate binge in her sleep! Instead of savoring the chocolate-y goodness (or badness, in this case), Carrie felt the heavy hand of guilt upon her. So many of us struggle with guilt during our waking hours, it's a shame we should have to endure it in our sleep --especially if there are Reeses peanut butter cups to enjoy!



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SENIOR HAPPENINGS

FYI: SIMPLE HABITS THAT WILL IMPROVE YOUR SAFETY

The person most responsible for your safety is yourself. Preventing crime within the community is everybody's responsibility. If you do see something wrong or unusual, never get physically involved. Please call the police immediately on 911.

By following a few simple procedures you can improve your safety. Make things difficult for criminals by following the tips below:

What you can do

- If you do live alone, don't indicate the fact. For example, in the telephone directory, don't state 'Miss' or a forename.
- Apart from family, friends and trusted neighbors, beware of telling people that you are alone at home. For example, when dealing with delivery and trades people, either directly or on the phone, try to indicate that there is someone else living with you. Simply say that you have to consult your partner, friend or relative before finalizing any arrangements.
- Make sure your house number is clearly visible from the street to enable Emergency Services to locate your house more easily.
- At night, close all your curtains.
- Make sure you have a clear view from your windows. If you have plants growing in front of windows, consider pruning them so that a potential intruder can't hide behind them.

From the Perth Office Of Crime Prevention

HELPFUL HINT: To store silverware after cleaning and to prevent tarnishing put some packs of silica gel beads (moisture packs) or chalk in storage box with silverware.

FOR YOUR FUNNY BONE - An old woman was arrested for shoplifting at a grocery store. When she appeared before the judge, the judge asked what she had taken. The lady replied, "A can of peaches." The judge then asked why she had done it. She replied, "I was hungry and forgot to bring any cash to the store." The judge asked how many peaches were in the can. She replied, "Nine." The judge said, "Well then, I'm going to give you nine days in jail--one day for each peach." As the judge was about to drop his gavel, the lady's husband raised his hand and asked if he might speak. The judge said, "Yes, what do you have to add?" The husband said, "Your honor, she also stole a can of peas."

HAPPY BIRTHDAY! ... March Birthdays



Karen Blachly, Carla Duplex, Ella Guttman, Viky Tchatlian, Mary Cooper, Georgina "Snooky" Greger, Sun Liu, Helen Wallis, Joan Crow, Nancy Fox, Nan Carlton, Martha Cassara, Rita Johnson, Mercedes Campos, Dorothy Webster, Terri Elder, Carol Cerrina, Amy Putnam, Sally Contreras and Lori Cooper. (Thanks Pat Birdsall for putting this list together.) To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required, however you must be 60 years old or more.

Quote of the Week: Wine makes daily living easier, less hurried, with fewer tensions and more tolerance Benjamin Franklin



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Monday, January 27th 11:00 to 11:45 with Shannon Vandevelde. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Free Chair Yoga: 11:00 to 11:45 Every Wednesday morning. Join Paul Hagen for this free class that focuses on senior yoga techniques. No reservation is necessary!

Free Legal Consultation: Pasadena attorney Lem Makupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. *Appointments are a must! Please call: 626.355.7394 to make yours

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

Lunch and Learn- "The Story of Old Pasadena" Wednesday, February 26th- 12:00- 1:00 pm Hart Park House Senior Center Presentation by The Pasadena Heritage will give an overview of the original downtown, which is now listed on the National Register of Historic Places. Pasadena was incorporated in 1886. During the next 14 years the population of Pasadena exploded to more than 30,000 inhabitants. Learn why many of old Pasadena buildings have split personalities, hear the story of the Castle Green and the snake oil salesman who built it. And experience the real Old Pasadena with its fascinating array of historic buildings. Mark your calendars and don't miss this great presentation. If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626.355.0256 or bring your own.



UPCOMING EXCURSIONS:

Whale Watching (Long Beach, Ca.) Date: Saturday, March 22, 2014
Time: 10:00 am-3:30 pm Meeting Location: Community Recreation Center

Cost: \$31.00 (does not include lunch)
Don't miss the Community Services Department's annual whale watching excursion. The 2014 excursion will visit the same whale watching Charter Company as 2013, which features a narrated cruise by Aquarium of the Pacific staff and with indoor and outdoor seating. Participants can bring their own lunch to enjoy on the boat, or purchase snack items on board. Children 2 and under are free. Last day to register is Tuesday, March 11th.
Level of Walking: Minimal

*Registering for Excursions can be done in person at the Hart Park House Senior Center and the Community Recreation Center or online at www.cityofsierramadre.com Cash, checks, and credit cards are accepted. Make checks payable "City of Sierra Madre". Payment must be made at the time of reservation.

Senior Cinema: FREE movies are shown every month, on the 3rd and 5th Wednesdays. ~Shown in Sierra Madre's City Hall Council Chambers

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FAMILY MATTERS

By Marc Garlett



RECEIVING AN INHERITANCE ONE DAY? HERE'S WHAT TO DO NOW.

Baby boomers are set to inherit up to \$8.4 trillion over the next 15 years, according to The Center for Retirement Research at Boston College. And while receiving an inheritance can be exciting, there are complicated issues to be worked through, including transferring the emotional attachment you had with your parents to the assets they left behind for you.

A recent New York Times article, which explored this issue, found that some boomers tend to get “stuck” when deciding what to do with their inheritance, letting large sums languish in low interest accounts for years. Others use the windfall to open their lives up to new possibilities, like starting a business or even retiring.

Here are some tips on how boomers should plan now for a future inheritance:

Create your own estate plan first. You may be expecting an inheritance, but no one knows what the future will bring so create your own estate plan first (this is especially critical if you have children of your own). Remember, part of your estate planning should also include a prospective plan for your future inheritance.

Do some tax planning. Inheritances can include cash, personal property, a valuable collection, investments or real estate, so the assets contained within your inheritance need to all be examined for potential tax liability.

Look to the future. Many boomers feel an obligation to protect and preserve the inheritance for their own children, while others may want to benefit charities or have other plans for what remains after they are gone. Your own estate plan should address ways to protect and pass on your assets in the most tax-advantaged way possible.

Use your inheritance. Financial experts advise that boomers should not just sit on an inheritance, but should explore ways they and their loved ones can best benefit from it. Inherited money should not be treated as a memorial; instead, use it as your parents no doubt intended it – as a way to make a better life for yourself and your family.

To learn more about putting the proper legal and financial protections in place for your family, contact our office to schedule a time for us to sit down and talk. We normally charge \$750 for a Family Estate Planning Session, but because this planning is so important, I've made space for the next two people who mention this article to have a complete planning session at no charge. Call 626.355.4000 today and mention this article.

RICH Johnson



ME? RICH JOHNSON? THE NEXT KABC TALK STAR?

Yes, I am thrilled to report I am one of 10 semi-finalists in “The Next KABC Talk Star” contest. Winning could be a grand opportunity to help promote the radio show I am involved in with Barry and Lisa.

But I need your help. The contest is at the phase where you can go up to KABC.com and vote for me as many times as you want. Did I say as many times as you want? Yes, I said you could vote for me as many times as you want. Unlimited.

There is a slight complication. You need to become a KABC Insider Member to vote. I would be most thankful if you could support me. I will walk you through on how to Register below.

To get to the voting area type in KABC.com on your computer web browser and click on “The Next KABC Talk Star” link.

Scroll down and you will see probably see a picture of either me or a speaker icon, with the text above me that says, “Rich Johnson’s Bieber Report.” Click on the link of me and the next window will open.

There is a Sign In / Register link at the top right corner of the grey box. Click on link to become a KABC Insider listener. It will invite you to create an account and ask you the following questions: Email, password, name, date of birth, address, and phone. That’s all. And then submit.

It will then probably take you to the window where you can click on my link and listen or just scroll down and vote for me (as often as you want).

The only way I can make it to the next level is if you vote for me OFTEN and encourage your friends to vote for me OFTEN. I’m sure many of my competitors have started organizing for massive unlimited voting.

Vote for me by pushing to box in the lower center that has the word “vote” written on it. It will flash green with a check mark.

AGAIN, YOU CAN VOTE AN UNLIMITED NUMBER OF TIMES. Thanks!



LORI KOOP

the creative entrepreneur

by Lori Koop, Business Coach

Many people say they want to do more with social media to help their business. Maybe you’ve even heard yourself say it, but nothing happened. Why is it so hard to turn a wish into an action?

If you really want to get started, I’d like to propose a starting point: instead of beginning with to-do’s, start with the heart. Answer the question “why do you want to use social media”? If it’s because everyone else says you should, forget it! You’ll never keep it up. You may initiate, but without a deep reason to continue... well, you won’t. The effort will be temporary. You’ll quit after a few months.

You see, for anything to be ongoing it must have meaning for you. It’s got to make sense; it must align with your values. There has got to be a belief supporting the action – something that is beyond the money. It is different for everybody. Is it because you want to meet more people? Is it to help others live happier lives? Find your answer. The why is the thing you cling to on a cold, dark night when the urge to quit is looming; the why-thought is the reason you carry on. It reconnects you to your mission and the energy required to continue. In the beginning, it requires attention. In time, it becomes a habit. The right thoughts grow the right muscles... thoughts that empower the right actions and deliver the right results.

This holds true for any goal. What else do you want to accomplish? Keeping up with taxes. Making cold calls. Writing new curriculum. It starts with a powerful why. Why do you want to do it? Get clear about that, and you’re half way there.

LORI KOOP, helping creative entrepreneurs find tru* success. Schedule a complimentary session: www.LORIKOOP.com or call 626-836-1667. (Location: 49 S. Baldwin Avenue, Suite L, Sierra Madre 91024) Look for me here every other week.

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PASADENA CHAMBER PRESENTS PROCUREMENT FORUM AT PCC COMMUNITY EDUCATION CENTER ON MARCH 13TH

Representatives of large businesses will present information on contracting and procurement opportunities for small business

Pasadena, CA – The Pasadena Chamber of Commerce is hosting a procurement event and discussion for our large and small business members who may want to do business together. During ACCESS: OPPORTUNITY on Thursday, March 13, 2014, at 3:30 pm at the Pasadena City College Community Education Center at 3035 East Foothill Boulevard in Pasadena representatives of large Chamber member companies will discuss how local small businesses can provide products and services to those large customers. The event is hosted by the Pasadena City College Small Business Development Center.

ACCESS: OPPORTUNITY is free to Pasadena Chamber of Commerce members. All others pay \$10 for admission. Parking is \$2 in the lots at the PCC Community Education Center. Seating at ACCESS:OPPORTUNITY is limited so reserve early to ensure you can attend. Please RSVP to info@pasadena-chamber.org or by calling 626-795-3355.

The Procurement Forum will include a panel discussion featuring procurement officers from Pasadena City College, Art Center College of Design and Huntington Hospital. Each will explain what services and products they procure in the local market and how local businesses can work with them as vendors. Each will also be available for one-one-one discussions with potential vendors after the presentation. The City of Pasadena, Jet Propulsion Laboratory, Caltech, Parsons and others will also be on hand to meet potential vendors one-on-one.

The new Pasadena City College Small Business Development Center will have a table where business owners can learn about the services and support available through the PCC-SBDC. The Procurement Forum is presented by the Pasadena Chamber of Commerce and our large business members.

The event is being hosted by Pasadena City College, the Community Education Center and the Pasadena City College Small Business Development Center. The Pasadena Chamber of Commerce and Civic Association is a professional business organization. Since the earliest days of Pasadena, the Chamber has played a major role in the development of this internationally renowned city. Since 1888, when the organization was founded as the Board of Trade, the Chamber’s primary purpose has been the enhancement of both the business climate and the quality of life in Pasadena. The Pasadena Chamber of Commerce serves 1500 members.

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Save your local economy...
three stores at a time.



3 Think about which three independently owned businesses you'd miss most if they were gone. Stop in and say hello. Pick up a little something that will make someone smile. Your contribution is what keeps those businesses around.

50 If just half the employed, U.S. population spent \$50 each month in independently owned businesses, their purchases would generate more than \$42.6 billion in revenue.* Imagine the positive impact if 3/4 of the employed population did that.

68 For every \$100 spent in independently owned stores, \$68 returns to the community through taxes, payroll, and other expenditures. If you spend that in a national chain, only \$43 stays here. Spend it online and nothing comes home.

1 The number of people it takes to start the trend...you.

Pick 3. Spend 50. Save your local economy.

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Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

BUY, SELL, WIN, WIN

Buyers, sellers, the time for hesitation is over for both of you. Home sales are rising, inventories are shrinking, and even though home values fell dramatically in the last few years, the good news is that houses are now more affordable than they have been at any time during the last twenty years. If you're a buyer, now is the time to make your move, literally. As the market recovers, the scales are still tipped in your favor. There are still many "distressed properties" (foreclosures and short sales) on the market, and other homeowners are entering the selling field as improving conditions increase their confidence.

You can still expect competition for lower end, entry-level homes, but demand is softer in the middle to upper end property market, so you could be in a stronger bargaining position in those two tiers. If you're a seller, don't be alarmed by the good news for buyers. Buyer confidence and strength makes it more likely that you'll enjoy a sale. Don't try to compete against short sales and foreclosures when you're pricing, though, because that's a tough game to win. Just complete any needed repairs, get your home into great showing condition, and emphasize your home's strengths and features. We're in an interesting transitional phase where both buyers and sellers can be winners with the right attitude and representation.

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THE WORLD AROUND US

Looking Up

with Bob Eklund



GAIA SPACE TELESCOPE PRE[ARES TO SURVEY A BILLION STARS

Europe's billion-star surveyor Gaia is slowly being brought into focus. Once this space telescope starts making routine measurements, it will generate truly enormous amounts of data. To maximize the key science of the mission, only small 'cut-outs' centered on each of the stars it detects will be sent back to Earth for analysis.

Professor Gerry Gilmore, from the University of Cambridge and UK Principal Investigator for Gaia, said: "Seeing the first magnificent images from Gaia's UK-built billion pixel camera first of all generates a huge vote of thanks to all those scientists and engineers who have worked so hard to make this happen. Second, it provides just a tiny taste of the excellence and challenges ahead, to turn Gaia data into human understanding of the Milky Way's origins. One substantial step for astronomy, one huge leap still to come."

Gaia was launched on 19 December 2013, and is orbiting around a virtual point in space called L2, 1.5 million kilometers from Earth.

Gaia's goal is to create the most accurate map yet of the Milky Way. It will make precise measurements of the positions and motions of about 1% of the total population of roughly 100 billion stars in our home galaxy to help answer questions about its origin and evolution.

UK participation in the mission is funded by the UK Space Agency and scientists and engineers from around the UK have played key roles in the design and build of Gaia.

Dr. Chris Castelli, Acting Director of Technology, Science and Exploration at the UK Space Agency, said: "Gaia is an important space mission for the UK; we've won around €80 million of contracts from the European Space Agency to build the spacecraft and are providing a state of the art data center that will turn the mission's raw data into the largest stellar catalogue ever made."

Repeatedly scanning the sky, Gaia will observe each of its billion stars an average of 70 times each over five years. In addition to positions and motions, Gaia will also measure key physical properties of each star, including its brightness, temperature and chemical composition.

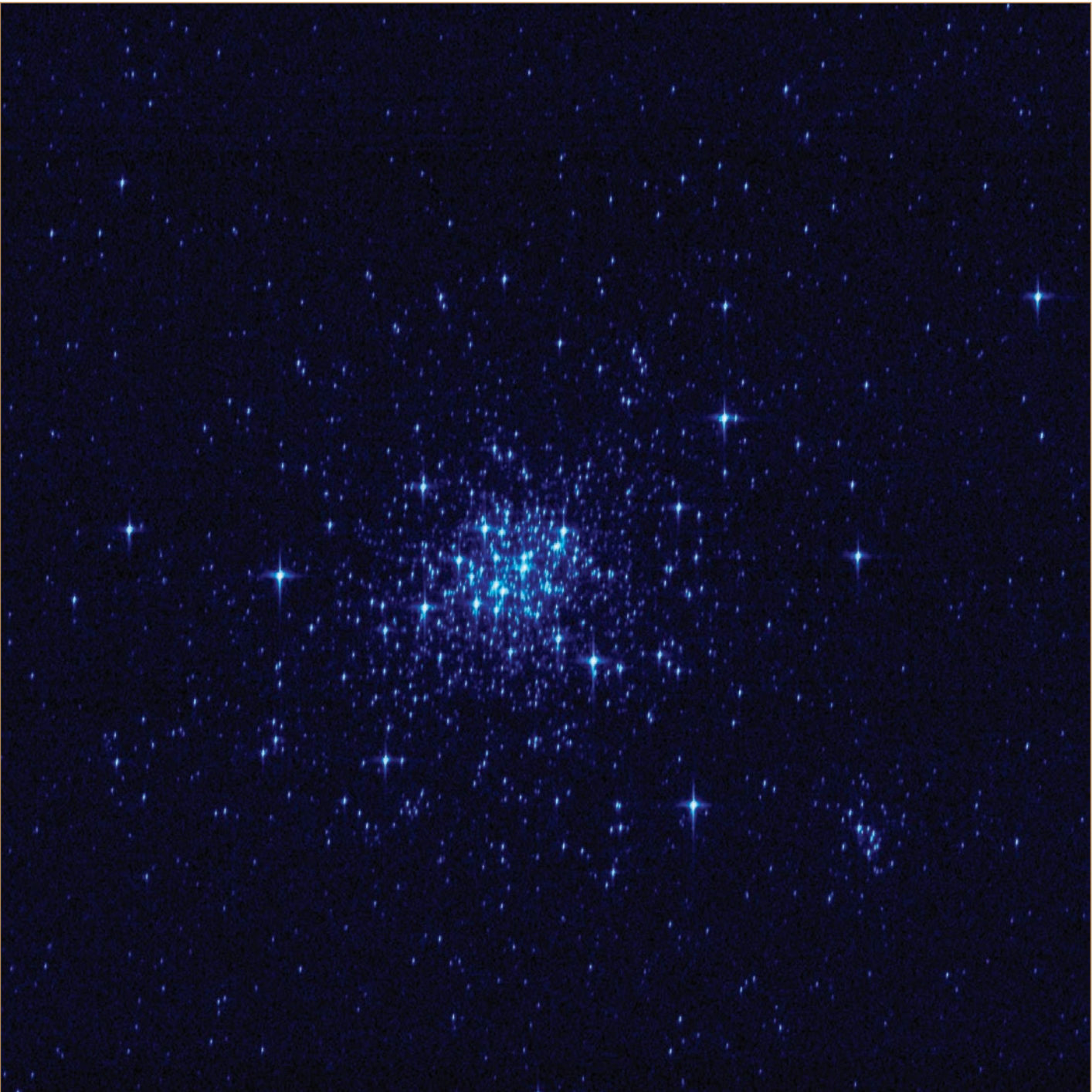
To achieve its goal, Gaia will spin slowly, sweeping its two telescopes across the entire sky and focusing the light from their separate fields simultaneously onto a single digital camera—the largest ever flown in space, with nearly a billion pixels.

While all one billion of Gaia's target stars will have been observed during the first six months of operations, repeated observations over five years will be needed to measure their tiny movements to allow astronomers to determine their distances and motions through space.

As a result, Gaia's final catalogue will not be released until three years after the end of the nominal five-year mission. Intermediate data releases will be made, however, and if rapidly changing objects such as supernovae are detected, alerts will be released within hours of data processing.

Eventually, the Gaia data archive will exceed a million Gigabytes, equivalent to about 200,000 DVDs of data. The task of producing this colossal treasure trove of data for the scientific community lies with the Gaia Data Processing and Analysis Consortium, comprising more than 400 individuals at institutes across Europe.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com



Gaia test image of the star cluster NGC 1818 in the Large Magellanic Cloud.

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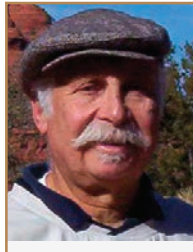
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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



STUART Tolchin.....On LIFE MAKING THE BEST OF LIFE

Recently we lost one of my favorite people. Pete Seeger's music and teachings have continued to influence me since High School. He seemed to me to be a benign genius shining a light through an ever-darkening world. His songs spoke of Civil Rights and we listened to and sang these songs in Berkeley in the early sixties. I marched along, demanding an end to racial discrimination in the area of voting, employment, housing, and public accommodation. I was present at a great number of demonstrations and Pete's music was right there with me.

From Berkeley I went on to UCLA Law School and the concern now was the Viet Nam War. It's strange to remember but, at that time, many people and many of my fellow Law Students were in favor of that war. Pete kept singing and his music influenced me as I worked as an unpaid draft counselor affiliated with the Lawyer's Guild. You need not shout hooray for me but, nevertheless, I assisted in hundreds of cases and felt great pride in doing what I believed to be this very important work.

During Law School I had the opportunity to work in the formation of a program that selected students from inner city Schools in the ghetto of Watts and the barrio of East Los Angeles. I was given some training as a counselor and assisted in attempting to motivate high school students on the edge of dropping out to stay in school and go on to college. I wrote recommendations for these students and many went on to college and have done pretty well for themselves. I know that one of these students became mayor of Los Angeles and another became a state Senator. Amazing.

This UCLA program somehow put me into a position to be selected by the Southern Leadership Conference to work with high school students in Mississippi. I was able to experience first hand the dedication and commitment of young African-American students who, for the first time, were allowed to attend integrated Schools. These were difficult times as the students were often ignored in class and not given books and understandably often felt like they would be happier staying in their segregated school. What we non-Southern mainly white college kids did was to talk to these students and to their parents and to emphasize the importance of what these brave young people were doing. A lot of our meetings were conducted in

the church and there was always a lot of community singing. Of course, among the most memorable of songs was the anthem, "We Shall Overcome," an old spiritual which Seeger learned, adapted and most importantly, taught to his audiences. It contains the stirring words "Deep In My Heart, I DO BELIEVE, that we shall overcome". Really deep in my heart I did come to believe that right would prevail and that eventually the whole world would come to reflect the spirit and the truth that Pete Seeger's songs echoed.

Back in Los Angeles I became an attorney working for the Legal Aid Foundation of Los Angeles and then directing a Legal Aid Program in Bakersfield. Always I have believed that I have been working on the side of right trying to make this Country a fairer and more just place. I have been flown to Washington to testify before Congress about the importance of the continued importance of Legal Aid Programs which assist the indigent. Even today, over forty-five years later, I continue to practice law as an advocate for the indigent. My values have remained pretty much the same, even though I haven't been listening to much Pete Seeger music lately. Perhaps I should, because times right now seem so difficult. The rich get richer and the poor get poorer. Hooray for the increases in minimum wage but my worries do not disappear. The threats associated with climate change cause me to worry about the survival of our species.

Composing this article has resulted in allowing me to review my own working life. Sure the article is more about me than it is about Pete Seeger. What has become clear to me is that what are most important are the principles one lives by. My principles have guided me through some pretty difficult times and have assisted me in choosing the kind of work that I have done and have formed the kind of model I presented to my children. I am proud of the kind of adults that my children have become and proud of my daughter's legal work. I think my principles have helped me to select a wife who makes me proud at every moment and cares about the world in much the same way I do.

If the music and the life of Pete Seeger has had an impact on the life I have led and the choices I have made, I am eternally grateful. I do believe that Pete Seeger lived his ninety plus years continually striving to make the world a better place. Let each of us make every effort to do the very same thing.



OUT TO PASTOR KEEP IT REAL OR KEEP IT TO YOURSELF

A Weekly Religion Column by Rev. James Snyder

Normally, I'm not overly fussy with what people say as long as they are not trying to put something over on me. All it takes is one time of trying to put something over on me and I cross you off my Christmas card list.

When someone tries to sell me something, I am assuming that somewhere in the conversation they are trying to pull the wool over my eyes. I am allergic to wool in my eyes. When they are talking to me, I am listening for a keyword in their conversation, which is simply, "free." Whenever they mention that magical word, I know they are trying to put something over on me.

My father used to say, "Keep it real or keep it to yourself." He did not have many jewels of wisdom, but this certainly was one that has been helpful to me down through the years. I have tried to keep this in focus when talking to other people. Nothing I hate more than somebody lying to me, so turnabout is fair game. I do not want to lie to anybody myself. At least intentionally.

I am a weekend fisherman from Pennsylvania so the tendency is there and I have to watch myself all the time. I am the kind of person who loves to exaggerate. Sometimes my exaggeration gets the best of me but then that is why God gave us wives to help curb this tendency. She has not failed me so far.

The Gracious Mistress of the Parsonage and I were relaxing at home watching a little bit of television. It is hard to find anything "real" on the old television set. The reality shows are everything but.

We were casually listening to a talk show who was interviewing some TV personality celebrating his 80th birthday. We were not really paying attention, you know how it is. You are watching TV, but you are talking back and forth to one another trying to catch up on the day's activities. Then this TV personality made a statement that captured both of our attentions.

"I don't believe," this personality, which shall remain nameless, said, "in the afterlife. Only foolish people believe in the afterlife."

This sparked some conversation between my wife and me. The question I had was simply this; how long does it take to get to this point of Superior Idiocy? What university awards an SI degree? If they did, I am sure they could never keep up with the production of such awards.

Just when you think you have heard the most stupid thing in the world somebody with an SI degree opens his or her mouth.

LEFT TURN /RIGHT TURN

HOWARD Hays As I See It



*"[President Obama would] much rather spend the money on food stamps than he would on a strong military".
- Dick Cheney on the Hannity show*

The former vice-president went on, "I think it's a reflection of the basic and fundamental belief of this president, that he's always wanted to cut the military."

If that's what the president wanted to do, then good for him. The constraints Defense Secretary Chuck Hagel had to deal with in last week's budget proposal, however, came not from President Obama - but from our Republican-led Congress.

This goes back to sequestration and the "fiscal cliff". Republicans had threatened to tank the economy by reneging on our nation's debts, agreeing to raise the debt ceiling only with passage of the Budget Control Act of 2011 and its "sequestering" of both defense and non-defense spending alike. Then came the "fiscal cliff" at the end of 2012, with Republicans refusing to rescind the Bush tax cuts for those making a quarter-million a year.

As a result, defense budgeting over the next two years was some \$75 billion less than what the Obama Administration had wanted. The Administration now hopes it can get Congress to agree to waive the upcoming \$26 billion in additional cuts called for under sequestration, so further trimming won't be necessary.

Republicans are outraged as they blame the president for cuts brought by their own actions. This sideshow shouldn't distract, though, from a serious look at the true needs and real costs of keeping our country safe.

Fortunately for the world, there aren't as many of those nation-against-nation wars as there used to be. A study out of Harvard, defining such wars as being a conflict with at least 25 deaths, shows only 1 to 6 ongoing at any given time since WWII, with none at all from 2003 to 2008 (when the conflict between Djibouti and Eritrea broke out). For all wars, including those within nations, there were 300 deaths yearly per 100,000 of the world's population during the WWII era. This went down to 30 per 100,000 at the time of the Korean War, the low teens during the Vietnam conflict, single digits through the 1970s and 80s and has been less than one death per 100,000 here in the 21st century.

Despite what we see in the news, the world's become a safer place. Three-quarters of the world's military spending is spent by the U.S. and our allies, and we currently have bases in three-quarters of the world's countries.

The threats we face are unlikely to call for deployment of massive land armies. Sec. Hagel proposes we reduce the number of troops from 520,000 to less than 450,000 (down from 570,000 at the height of the Iraq / Afghanistan wars). There'd be a 1% pay raise for service members, who'd

contribute more to their healthcare, and a freeze on salaries for generals and admirals.

The budget calls for an increase in personnel and resources for cyber warfare and special operations, focusing on training missions and counter-terrorism.

Much of congressional opposition, as always, relates to home district interests and defense industry largesse - not a matter of making us safe, but of making money for benefactors. It's difficult, as always, to get rid of entrenched programs regardless of whether they're still useful or even still wanted by our military leaders.

Accordingly, Sec. Hagel proposes dumping the A-10 Warthog program; a plane from the 1970s designed to take care of Soviet tanks advancing on the battlefield. Going further back in the Cold War is the U-2 spy plane, in use for over fifty years (remember Francis Gary Powers?), which Sec. Hagel intends to replace with unmanned drone surveillance aircraft.

Ten years ago, the army conducted a study of superfluous domestic bases and other facilities and determined it was 20% "over-structured". For the Air Force, it was 24%. Sec. Hagel has been trying for the past two years to get Congress to approve another study and round of base closures. Congress won't even approve the study.

In his comments, former VP (and Defense Secretary) Cheney mentioned food stamps. In 2013, over a \$100 million in food stamps were redeemed at military grocers, an amount rising every year since the recession began in 2007. This is largely due to a 30% unemployment rate among military spouses.

According to the Center for Budget and Policy Priorities, 900,000 veterans are currently on food stamps (\$3,000 in California), with a nearly 10% unemployment rate among those who served while Cheney was in office. The cuts President Obama hopes to reverse have brought the average value of food stamps down to less than \$1.40 per meal per person - and yes, this includes our veterans and their families.

Chuck Hagel is our first NCO enlistee combat infantry veteran (service in Vietnam) to become Secretary of Defense. Dick Cheney wrangled five draft deferments during the Vietnam era, and later helped lead our country into arguably the costliest (in both "blood and treasure") foreign policy debacle in our history (while his company, Halliburton Inc., pulled in some \$39.5 billion in war contracts).

As Vice President, Cheney assured us the Iraq insurgency was in its "last throes", then-Sen. Chuck Hagel (R-NE) responded, "These young men and women that we put in Anbar province, in Iraq, in Baghdad, are not beans. They're real lives. And we better be damn sure we know what we're doing".

Secretary Hagel doesn't need lecturing from Dick Cheney on the needs of our nation's security, or of those men and women who've kept us safe.

Neither do we.

CIVIL RIGHTS PROPERLY UNDERSTOOD GREG Welborn

Can your civil rights deny me my civil rights? That is the true question which was being addressed in Arizona legislation that would have allowed a business owner to refuse service to someone based on the owner's religious beliefs. The Left portrayed the issue as a civil rights violation animated by hatred for gays. As usual, the got it wrong on both counts.

Governor Jan Brewer vetoed the legislation which was made controversial by a small minority of activists because, as she said, she was not aware of any Arizona business owner who had been forced to violate their religious beliefs. That was a cop-out, plain and simple. Perhaps no Arizona business owner had suffered that fate, but there are at least two well know examples of businesses which were confronted with the choice between honoring their owner's religious beliefs and survival.

Here in California, you will remember, eHarmony was sued for not providing a dating match service for gays. Never mind the fact that the organization was founded by a Christian along traditional Judeo-Christian beliefs about the proper composition of marriage or the fact that its groundbreaking research never found a way to reliably predict the strength of same-sex matches. All their research supported the value of the traditional structure of marriage and determined there were predictive measures for traditional heterosexual marriage which could be calibrated in a way to successfully match men with women, not men with men or women with women.

In Colorado, Jack Phillips was a baker who refused to bake a wedding cake for a same-sex couple. Once again, never mind the fact that Colorado law defined marriage as being between one man and one woman. A Colorado judge ordered him to bake the cake or go to jail.

The kindest thing I can say about Jan Brewer - along with Mitt Romney and John McCain, who both supported the Governor's veto - is that she/they are political cowards. All of them are smart enough to know this was not a law advocating hatred, it was not a civil rights issue, nor was it particularly a new unnecessary idea. Currently, there are 30 states (60%), which have similar provisions protecting business owners' right to incorporate their religious values in their businesses without state interference. This includes Massachusetts, Maine, Connecticut, Rhode Island, Minnesota, and Washington where gay marriage is allowed. Are these states promulgating

hatred?

But the key to this issue is not whether there are a particular set of facts to support the religious values or whether there really is hatred toward gays. The key is a proper understanding of what constitutes a civil right in a free country.

Civil rights are a class of rights that insure everyone stands equal before the law and that protect individuals' rights from government infringement. Civil rights do not address interactions between two private citizens. They address the interaction between the government and the people. Justice should be blind and nobody should be denied their right to participate in the democratic process.

There are, though, limits to what can be properly called a civil right. Nobody can have a civil right which strips another person of their civil right. The only proper restriction on a person's freedom is the point at which someone else's freedom is restricted.

Our Bill of Rights wisely guarantees each of us (in the first amendment) the freedom of association and the freedom to practice religion. These are fundamental to the definition of human freedom. If the government can force us to associate with someone or prevent us from practicing our religion, we are not truly a free people. Without guarantees of freedom, the majority can, and will, tyrannize the minority.

In a nutshell, gays should be free to be gay, but those who object to homosexuality shouldn't be forced to accept it in their homes, churches or businesses. If either side has the power to force or restrict the other, then resentment and hatred will only grow stronger. True tolerance is built on the foundation of freedom, not compulsion. Our current culture war, as highlighted by the Arizona debate, is a result of "civil rights" being distorted by the Left beyond any legitimate resemblance of their true meaning.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwelborn2@gmail.com



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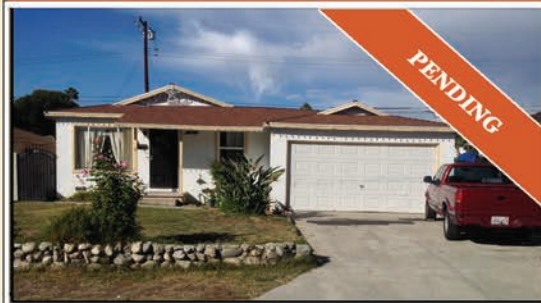
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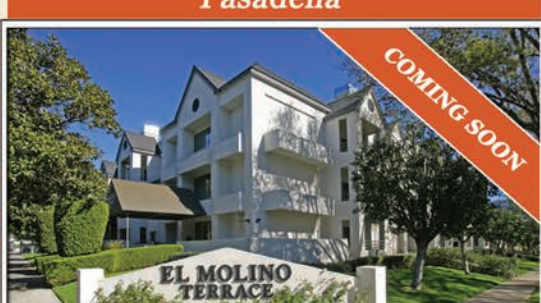
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SATURDAY, MARCH 1, 2014

SECTION B

WALKING SIERRA MADRE.....THE SOCIAL SIDE

Photo and Story By Deanne Davis

"The technology for film-making now is incredible, but I am a big believer that it's all in the story." Robert Redford

"Film-making was not at all what I expected!" Brigitte Bardot

Monday: Huge vans on Baldwin. Street blocked off in front of Beantown. People milling around, cameras, cranes, reflectors, more huge vans, more people. The movies have come to town! Woo hoo! Love it when the movies come to town as we always hope they bring lots of money with them and spend it here! And we want to know if we'll see anybody famous. Saw Steve Martin, a few years ago when they were filming Sgt. Bilko down by Happy's Liquor. Olympia Dukakis was in a film in the house across the street from us and the film company gave a basket of muffins to everybody in the vicinity to make us all happy, which they did. Probably Sierra Madre's most famous film was Invasion of the Body Snatchers; you remember, Pod People! The Seven Little Foys with Bob Hope at the Pinney House; Family Plot with Bruce Dern, n Alfred Hitchcock film down at Pioneer Cemetery. You just never know who you'll see!

Tuesday: Walked downtown to see what was happening. More huge vans rolling in with Buena Vista on the sides. Not just the movies, but Disney has come to town! A sleepy security guard in front of Beantown, which is now called "Two Slice Pizzeria" by the way, told us that a TV pilot entitled, "Mason Twins" was underway. Peeking into the windows of Beantown/Two Slice Pizzeria, we were astonished to see our beloved coffee pub has been transformed into a really cute Italian restaurant with red and white checked tablecloths, café curtains on the windows, square tables seating four, booths along the north side wall, Tiffany lamps hanging from the ceiling, (and lots of stage lights up there, too) and a full bar along the back! With stools! And beer taps! We were astonished! Had no idea Beantown was so big inside.

Meanwhile, cables all over the sidewalk carefully covered with metal covers so nobody trips, people thronging the street bringing in equipment; controlled mayhem up and down Baldwin. Walking down to Kersting Court, we see a beautiful sign on the edge of Kersting Park welcoming us to "Breezy Shore, New Jersey, Est. 1858!" Well OK!

Peeked in the window at Vicious Dogs (formerly Mountain View Sushi) on Sierra Madre Blvd. and saw that they're really close to being ready AND that we can have beer and wine with our hot dog! Subway is coming along, too, with guys on ladders putting up lights and a sign in the window advertising for future Subway employees!



The park at City Hall is swarming with film folks! Putting up canopies, bringing in cameras, covering the sidewalk and street. More Buena Vista trucks and the excitement is tremendous. At least for us. These people look like all this confusion and stuff everywhere makes sense and we are impressed. Resisting the urge to just stand there and stare at them, we slowly proceeded toward Lima, stopping to smell the baking croissants at Poppy Seed Baking Co. filling the air. "I want one of those cinnamon rolls!" I said to the ever-patient and extremely sensible John. "Seriously?" he said, "seriously?" OK, I know, oatmeal.

Just another exciting day here in Breezy Shore, New Jersey!

"I grew up on movie sets, I'm comfortable on sets. A movie set is

like a circus. I don't understand why moviemaking has to be such an insane environment." Jason Reitman

"There's a level of sophistication in film-making that's mind-boggling. Anything you need for your movie, there's an establishment that can make it happen really fast." Ang Lee

Check out my book, Walking Sierra Madre friends!
"A Tablespoon of Love, A Tablespoon of Laughter."
It's available on Amazon.com and at the following link: <https://wwwcreatespace.com/4561071>
And at the bookstore at Pasadena First Church of the Nazarene 3700 E. Sierra Madre Blvd. Pasadena!

SUPPORTING OUR YOUTH



On Tuesday Night, 2.25.14, in Sierra Madre City Council Chambers, Officer Ed Delcours presented Pasadena High School Baseball Team with a \$500 Sponsorship from the Sierra Madre Police Officers Association.

Pictured above are SMPOA President, Ed Delcours; Varsity Coach, Jaime Guzman; Varsity Players: Captain, Alex Baer; Trent Buchanan; Frank Garriola; Niko Lopez.

All monies go directly to support PHS Baseball Program.

Photo by Teri Buchanan

From The City of Sierra Madre -

RAINWATER HARVESTING IN SIERRA MADRE

With considerable rainfall in the forecast for the upcoming week, the City of Sierra Madre would like to encourage residents to think about opportunities to collect rain water and use it to supplement their potable supply.

One inch rain on a 1000 square foot roof will yield 600 gallons of water. Capturing this water can replace potable water for landscaping use. Many residents have contacted the City with ideas and questions regarding installing rain gutters that discharge to rain barrels and collect water for landscaping use. There are now many systems available for you to consider if you have not yet done so.

Perhaps you were considering this improvement for your home, but with so little rainfall in recent history, this type of system is forgotten. The rain that is forecasted for this week can provide an opportunity to see if there are rain capture opportunities on your property. This can be as simple as putting a few buckets in various locations and testing the collection feasibility around the property. Of course,

this collected rain water can then be used to irrigate your landscape once the rain has subsided. It is important to know, however, that formal rainwater harvesting equipment uses sealed collection containers to mitigate the opportunities for mosquitos in standing water. If you do collect rainwater in open containers, be sure to use it once the rain ends.

As of Tuesday, the National Weather Service is forecasting 2-4 inches of rain in the foothills and mountains with even higher amounts possible in the south facing slopes. Please keep the following in mind as the storms approach this week:

- Turn off or adjust your automatic irrigation.
 - Be prepared to monitor any rainwater harvesting equipment that you may already have installed.
 - Consider "trying out" rainwater harvesting on your property by using containers to see how much rain can be captured.
 - Be sure to use any open rainwater collected in a timely manner. Empty your bucket and eliminate any areas of standing water if you notice mosquitos. Put this water into the ground if at all possible instead of into the gutter and storm drains.
- For more information about Rainwater Harvesting and other ideas for saving water around your house please visit <http://www.sgvmd.org>, or call the Sierra Madre Department of Public Works at 626-355-7135.

SIERRA MADRE'S GOT TALENT Student Talent Show Raises over \$5,000

Students at Sierra Madre Elementary School and Sierra Madre Middle School recently held their 4th Annual Talent Show to help raise money for the schools' Annual Fund.

Hosted by parents Fred Thomas and Mary McDougal, the show, which lasted three hours and featured 59 actos by 109 students, was a testament to the many and varied talents of our children. Performances included instrumental, vocal and dance and the performers ranged in age from 6 to 15!

Awards were granted for the following performances:

- | | |
|------------|-------------------------------|
| Category 1 | |
| 1st place: | Kaiya Wilson & Connor Hopkins |
| 2nd place: | Sylvia Wang |
| 3rd place: | Petra Shair |
| Category 2 | |
| 1st place: | Annika Bullock & Ava Kennedy |
| 2nd place: | Maila Thomas & Kamesha Moore |
| 3rd place: | Isabel & Zoe Williams |
| Category 3 | |
| 1st place: | William Wallius |
| 2nd place: | David Osuna |
| 3rd place: | Katerina Carr & Sierra Alva |

Judging for this year's show was done by Opera Professional and resident Suzanna Guzman. Guzman currently is the Director of Community Engagement for the Los Angeles County High School For The Arts;

Marcus Herron, Instrumental Director, Pasadena High School;

Joe Normal, Songwriter, Rock Band Coach and Instructor at Sierra Madre Music and Amber Plummer, PE Teacher, Dance Teacher and Muralist at Eliot Middle School.

The money raised will go toward *Funding the Difference* a program of SMS Annual Fund, that provides financial support to maintain staff positions that contribute to the core values

of the school. With state and local budget cuts additional money is needed to support Playground Supervisors, Guidance Staff, Health Clerks, Instructors of Recreation, After School Sports Programs, Spotlight Performances, Visual Arts, Performing Arts and Dance Specialists, the 3rd grade Violin Program, Curriculum and Language Development teachers and more.



Yes, The King Of Pop was in the house! Young Master David Osuna won 2nd Place in Category 3 for his performance of 'Smooth Criminal.' Photo by Karen Walker

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March 8th, 2014



Learn from the experts how you can take care of your family and neighbors during an earthquake or other emergency. Instructors will teach residents how to prepare and respond in the event of a major disaster.

Following a major disaster, police, fire and medical professionals may not be able to meet the demand for emergency medical attention. Residents and neighbors may need to rely upon one-another to help with immediate life saving needs.

The County of Los Angeles Fire Department Community Emergency Response Team (CERT) training protocols have been adopted nationally by FEMA to provide civilians with basic fire safety and life saving skills they will need in disaster situations.

The Course Curriculum Covers the Following

• Disaster Preparedness	• CERT Organization
• Fire Safety	• Disaster Psychology
• Emergency Medical Operations-One victim	• Terrorism
• Emergency Medical Operations-Triage	• Fire Extinguisher Training
• Light Search and Rescue Operations	• Course Review and Disaster Exercise

Class Location

**Sierra Madre
Youth Activity Center
(upstairs)
611 E. Sierra Madre Blvd.
Sierra Madre, CA 91024**

Class Schedule

**Sat, Mar 8, 8:00a to 5:30p
Tus, Mar 11, 6:00p to 9:30p
Wed, Mar 12, 6:00p to 9:30p
Thr, Mar 13, 6:00p to 9:30p
Sat, Mar 15, 8:00a to 5:30p**

There is NO CHARGE for CERT classes.

Please note: Plan to bring a lunch or to eat out for Saturday sessions. You must attend all five (5) sessions to receive a certificate of completion.

TO REGISTER FOR CERT CLASS

info@SierraMadreCERT.org – www.SierraMadreCERT.org

You must be registered to attend – Class space is limited

2014 HUCK FINN FISHING DERBY AND CAMPOUT

The annual Huck Finn Fishing Derby and Campout will be here before you know it: Friday, March 28, 2014 – Sunday, March 30, 2014. The weekend long event is held at the Sierra Madre Holding Basins next to Dapper Field and behind the Public Works Yard. The event is sponsored by the Community Services Department, Sierra Madre Volunteer Firefighters Association, Sierra Madre Civic Club, Sierra Madre Kiwanis Club, and Sierra Madre Rotary Club, Veterans of Foreign Wars Post 3208.

Camp Out

The Campout is held Friday, March 28 to Saturday, March 29 and includes a campfire, s'mores, and star gazing. Participants must sign up in advance for campsites which are available on a first come, first serve basis. Campsites can accommodate six persons; the registration fee is \$56.00 and includes fishing derby entry for up to 4 youths and re-entry to Saturday Family Fishing. Camping registration begins February 24 and must be done in person at the Community Services Office, located at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024, open Monday through Thursday 11:00am – 5:30pm.



Fishing Derby – Saturday, March 29
The fishing derby is open to youth ages 3-15 years. The event runs from 7:00am – 11:30am and costs \$10 per youth. Registration is accepted the morning of the event only, and the entrance is located next to Dapper Field in Sierra Vista Park. All skill levels are welcome and experienced Fishing Guides will be on hand to assist all participants. The Sierra Madre Kiwanis Club will provide food available for purchase.

Family Fishing – March 29 and March 30
Family Fishing is from 12:30-4:00pm on Saturday, March 29 and from 7:00am-4:00pm on Sunday, March 30. Admission is \$20 for a family of four or \$10 per individual; no fishing license is required. Entrance is located next to Dapper Field in Sierra Vista Park.

For more information please contact the Community Services Department at 626-355-5278.



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SIERRA MADRE COMMUNITY BOOK DRIVE MARCH 2014



Rotary of Sierra Madre and Alverno High School are combining their efforts to educate through reading. They are having a community wide book drive. They are looking for all different kinds of books for all fields of education and pleasure. Reading begins with Moms and Dads reading to their babies, friends referring books they love, and making reading a life long pleasure. Everyday there is something to learn. It is amazing how much we don't even realize we don't know. Books are a way to find interest, educate, take an adventure and learn how to do something you have never thought you could do or even thought was possible. They are also supplying books for some retirement communities.

Schoolbooks (textbooks, dictionaries, etc.), Children's

books, Young Adult, Novels to be donated to communities in need!
It is spring-cleaning time for the bookshelves. All categories of books accepted.

DROP OFF BOOKS at ALVERNO HIGH SCHOOL LIBRARY

Monday – Thursday 8am – 3pm
Need your books picked up?
Contact Alverno High School at (626)355-3463, ext. 233 Or for more info email Peggybeau@gmail.com



WASHING MACHINE REBATES

In January 2014, the San Gabriel Valley Municipal Water District introduced a new, water-efficient washing machine rebate program. Residents who pay their water bill to the following water agencies are eligible to participate and receive a \$150 rebate.



To learn more about an extensive rebate program that is offered in other parts of Southern California (not necessarily within the San Gabriel Valley Municipal Water District's service area), please visit the water conservation web site of the Metropolitan Water District of Southern California (www.bewaterwise.com).

In January 2014, the San Gabriel Valley Municipal Water District introduced a new, water-efficient washing machine rebate program. Residents who pay their water bill to the following water agencies are eligible to participate and receive a \$150 rebate:

- o City of Alhambra
- o City of Sierra Madre
- o City of Monterey Park
- o Azusa Light and Water

Why install a high-efficiency washing machine?

- o Uses less water and electricity
- o Uses less detergent
- o Saves money
- o Less wear and tear on clothes
- o More water is extracted during the spin cycle, so less time is needed in the dryer

To claim your rebate:

Step 1: Review the eligible water-efficient washing machines approved list of washers

Step 2: Purchase your washing machine at one of these preferred locations. (Buy locally to support our local economy.)

- o Azusa Sales
406 N. Azusa Ave., Azusa, CA 91702
(626) 334 - 0213
- o Superco Appliances
221 N. Atlantic Blvd., Monterey Park, CA 91754
(626) 289-1235
- o Sears Home Appliance Showroom
2115 W. Commonwealth Ave., Suite A, Alhambra, CA 91803
(626) 300-8856
- o Howard's Appliance & Big Screen Superstore
2121 W. Main St., Alhambra, CA 91801
(626) 943-9413
- o Home Depot in the City of Alhambra
500 S. Marengo Ave., Alhambra, CA 91803
(626) 458-9800

Step 3: Once you have purchased your washing machine, download the rebate application form, fill it out, attach a copy of your sales receipt (prior to December 31, 2014) and mail it to:

Attn: Tyler Marzett
Thinking Green Consultants
Washing Machine Rebates
P. O. Box 3268
La Habra, CA 90632-3268

Step 3: Receive a check in the amount of \$150.00 in approximately 4 to 6 weeks.

Visit the SGVMWD website for more information.

For more information, please call (855) 512-1221.



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SEAN’S SHAMELESS
REVIEWS:

By Sean Kayden

REAL ESTATE

For New Jersey musicians, Real Estate, their third LP is an example of simplicity. They’ve always crafted songs that seem so effortless but also boost much meaning behind it all. Their music caters to the nostalgic kind. “Atlas” is no exception as the band weaves and bobs through the terrain of contemplative material. Their arrangements are a bit tighter and more cohesive than their previous endeavors.

Album number three is so laidback that when the album finishes, you don’t even realize 38 minutes just went by. While the music is quite wistful and the purely guitar-driven songcraft is incredibly refreshing in today’s music, I was not at all captivated by this anticipated release. In fact, with the exclusion of the single, “Talking Backwards,” the liveliest track here, I found the rest of the songs to be kind of monotonous. The record from start to finish is unvarying.

“Atlas” is not necessary a bad album. That’s just it. I don’t feel like Real Estate crafted any egregious tracks. The record is fueled by a yearning, reflective resonance. Real Estate’s songs invariably have that appeal. Martin Courtney’s mellifluous vocals are always pleasant, but there’s not a whole lot of range. It is fairly one note from track to track. Ten tracks are to be found, but “April’s Song” is purely instrumental. It has a very cool dreamy sound to it, but what comes to mind is how there aren’t any vocals on it. Makes you wonder if this was simply a leftover track in order to achieve that magic number of ten tracks. There’s some delight with closing piece, “Navigator.” It’s a relatively slow, easy-going song that sports clear and shining guitars. “Talking Backwards” is a solid track and

gave me high hopes for the record. However, it bares an interesting resemblance to the single off their last record, “It’s Real.” While the band wants

Artist:	Real Estate
Album:	Atlas
Label:	Domino
Release Date:	March 4th, 2014

to move forward with their artistic abilities, it appears they’re really just standing still.

I was very much hoping to be in awe of this record. Perhaps, expectations unfortunately got the best of me because I was savagely disappointed. In the thirty-eight minutes of this record, I never felt enamored by the experience. In actuality, I was rather bored by most of what I heard. The sleepy nature of the record will probably put the listener to a pleasant sleep if that’s what they want.

As for me, Real Estate’s third album is their worst. Its meditative approach doesn’t offer much for me that I can’t find elsewhere. By the end of two listens from beginning to end, I felt weary and more distanced toward a band I generally liked. The questions going through my mind were left unanswered by the end. Perhaps the solution all along was just to switch albums, which I did immediately so.

Grade: 5 out of 10

Key Tracks: “Talking Backwards,” “Navigator”

“THE PLAYER KING” AT SIERRA MADRE
PLAYHOUSE ON MARCH 28

WHAT: “The Player King.” The acclaimed show moves to Sierra Madre Playhouse for one performance.

WHO: Written and performed by Darin Dahms. Presented by Spurred Productions in association with Sierra Madre Playhouse.

WHERE: Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre.

WHEN: Friday, March 28, 2014 at 8:00 p.m.
ADMISSION: \$25. Seniors (65+) \$22. Youth (13-21) \$15. Children 12 and under, \$12.

RESERVATIONS: (626) 355-4318.
ONLINE TICKETING: www.sierramadreplayhouse.org

Darin Dahms, in his solo performance, portrays the three famous men of 19th Century America’s most important acting family: patriarch Junius Brutus Booth; Edwin Booth, perhaps the greatest Shakespearean actor in American history; and his brother, John Wilkes Booth, best known as “the most handsome man in America” until one fateful evening when he pulled out a derringer and changed the history of the country forever.

After John Wilkes Booth assassinates President Lincoln, Edwin is forced off the stage for a year. Will he ever be able to return to the stage? During this enforced hiatus, Edwin has time to explore the question “What does it mean to be an actor?”

“The Player King” depicts Edwin Booth not as a wax historical figure, but as a fully dimensional human being: Not just an actor, but an attentive son, loving husband and devoted father. He will be called upon to rise from the depths of tragedy to pursue a great destiny.

Darin Dahms is highly regarded for his many stage roles in shows including “A House With No Walls,” “A Tale Told by an Idiot,” and “Someone Who’ll Watch Over Me.” He is also a director, producer and writer, winning awards for “Butterflies of Uganda,” which he co-wrote with friend Sonke Weiss. Dahms received an MFA from the University of South Carolina and is a lifetime member of the Actors Studio.

“The Player King” will be enjoyed by anyone fascinated by the history of the theatre, the history of America, or the art of performance. See what the early audiences of “The Player King” already know: It’s an extraordinary entertainment.

FOR TICKETS AND INFORMATION
The Sierra Madre Playhouse, 87 West Sierra Madre Blvd., Sierra Madre, Reservations can be made online <http://sierramadreplayhouse.org> or by calling (626) 355-4318.

Jeff’s Book Picks

By Jeff Brown

OPHELIA AND THE MARVELOUS BOY by Karen Foxlee

Age Range: 8 - 12 years.

This is the story of unlikely heroine Ophelia Jane Worthington-Whittard who doesn’t believe in anything that can’t be proven by science. She and her sister Alice are still grieving for their dead mother when their father takes a job in a strange museum in a city where it always snows. On her very first day in the museum Ophelia discovers a boy locked away in a long forgotten room. He is a prisoner of Her Majesty the Snow Queen. And he has been waiting for Ophelia’s help. As Ophelia embarks on an incredible journey to rescue the boy everything that she believes will be tested. Along the way she learns more and more about the boy’s own remarkable journey to reach her and save the world. A story within a story, this a modern day fairytale about the power of friendship, courage and love, and never ever giving up.



THE GHOSTS OF TUPELO LANDING by Sheila Turnage

Age Range: 10 and up.

When Miss Lana makes an Accidental Bid at the Tupelo auction and winds up the mortified owner of an old inn, she doesn’t realize there’s a ghost in the fine print. Naturally, Desperado Detective Agency (aka Mo and Dale) opens a paranormal division to solve the mystery of the ghost’s identity. They’ve got to figure out who the ghost is so they can interview it for their history assignment (extra credit). But Mo and Dale start to realize that the Inn isn’t the only haunted place in Tupelo Landing. People can also be haunted by their own past. As Mo and Dale handily track down the truth about the ghost (with some help from the new kid in town), they discover the truth about a great many other people, too. A laugh out loud, ghostly, Southern mystery that can be enjoyed by readers visiting Tupelo Landing for the first time, as well as those who are old friends of Mo and Dale. Sheila Turnage is a Newbery honor winner and New York Times bestseller.

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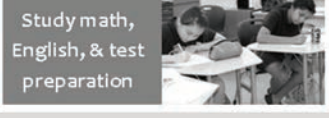
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WHAT'S ON 98

March 3 – March 9, 2014

Nevada City is playing Saturday at 7:45 p.m.

Released on June 20, 1941: It is stagecoach service vs the railroads in the 1860's, and someone is sabotaging them both, so that they fight each other, and only singing cowboy Roy Rogers can save the day.

Roy Rogers is at his best in this thriller about the rivalry between new railroad lines and the old stagecoach lines. Someone is paying a fellow named "Black Bart" to rob and steal from both the railroad and from the stagecoach line, and they each blame the other for their troubles. Roy works for the stagecoach line, and is like a surrogate father to young Chick Morrison, who's father was owner of the stage line before he died. His older sister Jo has a crush on Roy, but Roy doesn't seem to have 'eyes' for Jo.

As the movie opens, Roy and young Chick and Roy's side-kick Gabby are riding a stage into town, when a train steams by. Roy decides to race the train to the crossing, and barely makes it ahead of the train. After getting across the tracks, the stagecoach stops to rest, and to repair a loose shoe on one of the horses. The train also stops, and the owner of the railroad happens to be on the train. He gets off the train and tells Roy that he isn't behind the antics of Black Bart's attacks on the stage line, and that Black Bart is also hitting the rail line. Roy isn't sure he believes him, but slowly warms to him and says that he will take his message of 'peace' to the fellow running the stage line. When Roy tells the fellow running the stage line that the railroad owner comes in peace, and that he is not behind Black Bart, the fellow fires Roy on the spot.

Roy and Gabby manage to get a job with the railroad, above Gabby's protestations that he won't work on any 'swayback coffee pot on wheels!' But they do work for the railroad, and become even more convinced that some third party is behind Black Bart. Next, when Roy and Gabby figure that the train is about to be robbed, they head to the spot where they figure the robbery will take place. Unfortunately, there is some confusion, and the railroad owner is convinced that Roy is tied in with Black Bart, and has him put in jail. The railroad owner then plants a phony drunk / railroad spy in jail with Roy, to help him escape, and hopefully lead the phony drunk to Black Bart's hideout. Of course, Roy isn't tied in with Black Bart, and sees through the phony drunk anyway, so he escapes but keeps the phony drunk in the clink.

Meanwhile, because Black Bart leaves notes written as poetry whenever he holds up the stage or the railroad, Roy figures that it is the new piano player at the bar, who is always talking poetry to Jo, who is sweet on him to make Roy jealous. This all comes to a head when Roy learns that Black Bart plans to blow up the train the next morning while it is sitting in a tunnel, bringing ultimate disaster to the rail line. Black Bart and his men take over the train, but Roy gets on the train and holds his gun on the henchmen in the locomotive and orders them to stop the train before the tunnel. Unfortunately another henchman comes up behind Roy and hits him on the head with the butt of his gun and knocks him cold. So now the train will surely be blown up in the tunnel, with Roy out cold in the locomotive, sure to die in the explosion.

Will Roy survive? Will Black Bart and the master mind behind him be caught? Will Roy sing in this shoot-out special of a movie? Will Roy ever notice how pretty Jo is? Hmmmm . . .

by Jimbo Berkey

This is how the schedule works:

7-9	Youth programs and movies
9-11	Painting to cooking and much much more
11- Noon	Comedy movies and The Lucy Show
1-3	Romance movies
3-5	Film Noir movies and Dragnet
5-6	Mystery movies
7-9	Bonanza, Mr. & Mrs. North and Sherlock Holmes
9-10	Comedy movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

We are looking for help in provide this service to the Sierra Madre community. I know there is some kind of video entertainment you enjoy. Help develop a time segment for the shows you want to watch.

My Picks of the Week

Monday	Isle of Destiny
Tuesday	The Road to Ruin
Wednesday	Sherlock Holmes Fatal Hour
Thursday	Charley Aunt
Friday	Where's That Fire
Saturday	Nevada City
Sunday	The Guinea Pigs

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.

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THIS WEEK ON 98

Monday 3.3.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Topper Returns
1 to 2 pm	That Uncertain Feeling
3 to 4 pm	Isle of Destiny
5 to 6 pm	The Ape Man
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	That Uncertain Feeling
Tuesday 3.4.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Street Scene
1 to 2 pm	Bird of Paradise
3 to 4 pm	Sherlock Holmes Fatal Hour
5 to 6 pm	Spooks Run Wild
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Street Scene
Wednesday 3.5.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Charley Aunt
1 to 2 pm	The Silver Horde
3 to 4 pm	The Ghost Train
5 to 6 pm	The Man With Two Lives
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Charley Aunt
Thursday 3.6.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Broadway Limited
1 to 2 pm	Indiscreet
3 to 4 pm	Cast of the Frighten Lady
5 to 6 pm	Ghost on the Lose
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Broadway Limited
Friday 3.7.14	Movies
7 to 8 am	Sand Sculpting
9 to 10 am	Painting, Cooking and much much more
11 to 12 pm	Where's That Fire
1 to 2 pm	Laddie
3 to 4 pm	Tom Browns School Days
5 to 6 pm	White Zombie
7 to 8 pm	Bonanza, Mr. & Mrs. North, Sherlock Holmes
9 to 10 pm	Where's That Fire
Saturday 3.8.14	Movies
7 to 8 am	Children's Programing
9 to 10 am	The Light of Western Star
11 to 12 pm	Hard Hombre & Underground Rustlers
1 to 2 pm	Law of the Timber & The Trail Beyond
3 to 4 pm	The Fargo Kid & The Star Packer
5 to 6 pm	King Arthur Was a Gentleman
7 to 8 pm	Dark Star & Nevada City
9 to 10 pm	Hard Hombre & Underground Rustlers
Sunday 3.9.14	Movies
7 to 8 am	Children's Programing
9 to 11 am	Michelle Rae Music
11 to 12 pm	The Guinea Pigs
1 to 2 pm	Bonanza Specials
3 to 4 pm	Waltzes from Vienna
5 to 6 pm	Half Shot At Sunrise
7 to 8 pm	I thank You
9 to 10 pm	The Guinea Pigs



Want your ad in the What's On 98?
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ICHTITIOUS BUSINESS NAME
 STATEMENT
 File No. 2014-034232
 The following person(s) is (are) doing
 business as: HB GROUP RE, 16820
 VENTURA BLVD., L.A., CA 91436. Full
 name of registrant(s) is (are) DREAM
 TEAM REAL ESTATE CONSULTANTS
 INC., 16820 VENTURA BLVD., ENCINO
 CA 91436. This Business is conducted by
 A CORPORATION. Signed: HARM
 HARTOUNI. This statement was filed with
 the County Clerk of Los Angeles County
 on 02/07/2014. The registrant(s) has (have)
 commenced to transact business under the

FICTITIOUS BUSINESS NAME
 STATEMENT
 File No. 2014-032677
 The following person(s) is (are) doing
 business as: ALLIEN SANDWICHES,
510 E. BROADWAY, LONG BEACH, CA
90802. Full name of registrant(s) is (are)
KHANH N. LUU, 510 E. BROADWAY,
LONG BEACH, CA 90802. This Business
 is conducted by: AN INDIVIDUAL. Signed:
KHANH N. LUU. This statement was filed

in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-026722
The following person(s) is (are) doing business as: TEASEOUT HAIR STUDIO, 4165 VERDUGO RD., L.A., CA 90065. Full name of registrant(s) is (are) RODRIGUEZ WENDY, 4165 VERDUGO RD., L.A., CA 90065. This Business is conducted by: AN INDIVIDUAL. Signed: RODRIGUEZ WENDY. This statement was filed with the County Clerk of Los Angeles County on 01/31/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-027271
The following person(s) is (are) doing business as: THERMOPLASTIC COMFORT SYSTEMS, INC., 2619 LIME AVE., SIGNAL HILL, CA 90755. Full name of registrant(s) is (are) THERMOPLASTIC COMFORT SYSTEMS, INC., 2619 LIME AVE., SIGNAL HILL, CA 90755. This Business is conducted by: A CORPORATION. Signed: MARILYN POSCA. This statement was filed with the County Clerk of Los Angeles County on 01/31/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/22/2002. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-031484
The following person(s) is (are) doing business as: TONY'S MEDICAL BED SVC., 1443 E. 54th ST., L.A., CA 90011. Full name of registrant(s) is (are) VIRIDIANA DELGADO, 1443 E. 54th ST., L.A., CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: VIRIDIANA DELGADO. This statement was filed with the County Clerk of Los Angeles County on 02/05/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-033254
The following person(s) is (are) doing business as: TOP LOGISTICS; FURNITURE AND MATTRESS; LIVING SPACES STORES, 15902-A HALLIBURTON RD. #282, HACIENDA HTS., CA 91745. Full name of registrant(s) is (are) DARUI LIU, 15902-A HALLIBURTON RD. #282, HACIENDA HTS., CA 91745. This Business is conducted by: AN INDIVIDUAL. Signed: DARUI LIU. This statement was filed with the County Clerk of Los Angeles County on 02/06/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/20/2010. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-032787
The following person(s) is (are) doing business as: TWISTEDMINDS; TWISTEDMINDS DOT COM; TWISTEDMINDS ENTERTAINMENT, 1111 E. YOUNG ST., WILMINGTON, CA 90744. Full name of registrant(s) is (are) FERNANDO MACIAS, 1111 E. YOUNG ST., WILMINGTON, CA 90744. This Business is conducted by: AN INDIVIDUAL. Signed: FERNANDO MACIAS. This statement was filed with the County Clerk of Los Angeles County on 02/06/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/06/2014. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-028522
The following person(s) is (are) doing business as: VINELLOI, 105 E. HELLMAN AVE., ALHAMBRA, CA 91801. Full name of registrant(s) is (are) LEN TRIEU, 105 E. HELLMAN AVE., ALHAMBRA, CA 91801. This Business is conducted by: AN INDIVIDUAL. Signed: LEN TRIEU. This statement was filed with the County Clerk of Los Angeles County on 02/03/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-033305

The following person(s) is (are) doing business as: VISUAL GOLF, 1522 W. ROSECRANS, GARDENA, CA 90249. Full name of registrant(s) is (are) CHEONG HO KIM, 4770 LIBERTY ST., CHINO, CA 91709. This Business is conducted by: AN INDIVIDUAL. Signed: CHEONG HO KIM. This statement was filed with the County Clerk of Los Angeles County on 02/06/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 201032631
The following person(s) is (are) doing business as: YO-WAY, 17901 VERMONT AVE. #D, L.A., CA 90044. Full name of registrant(s) is (are) DAVID CHRISTOPHER CATHCART, 17901 VERMONT AVE. UNIT D, L.A., CA 90044. This Business is conducted by: AN INDIVIDUAL. Signed: DAVID CHRISTOPHER CATHCART. This statement was filed with the County Clerk of Los Angeles County on 02/06/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2014-031613
The following person(s) is (are) doing business as: ZUMBACITY, 226 W. FLORENCE AVE., L.A., CA 90003. Full name of registrant(s) is (are) MICHAEL PUENTE, 708 W. 45th ST., L.A., CA 90037. Full name of registrant(s) is (are) MICHAEL PUENTE, 708 W. 45th ST., L.A., CA 90037. VERONICA ZAMORA JIMENEZ, 245 E. 31st ST., L.A., CA 90011. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: MICHAEL PUENTE. This statement was filed with the County Clerk of Los Angeles County on 02/05/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FILE NO. 2014-031601
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) MICHAEL PUENTE, 708 W. 45th ST., L.A., CA 90037, VERONICA ZAMORA JIMENEZ, 708 W. 45th ST., L.A., CA 90037, has/have abandoned the use of the fictitious business name: CLARA'S AEROBICS WOMEN'S GYM #2, 226 W. FLORENCE AVE., L.A.,

CA 90003. The fictitious business name referred to above was filed on 11/27/2013, in the county of Los Angeles. The original file number of 2013245815. The business was conducted by: A GENERAL PARTNERSHIP. This statement was filed with the County Clerk of Los Angeles on 02/05/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: MICHAEL PUENTE/GEN PARTNER. Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FILE NO. 2014-033366
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JESSE A. CHAVEZ, 9539 SUNGLOW ST., PICO RIVERA, CA 90660, has/have abandoned the use of the fictitious business name: E.M.A. REALTY, 8344 E. FLORENCE AVE. STE D, DOWNEY, CA 90240. The fictitious business name referred to above was filed on 05/08/2013, in the county of Los Angeles. The original file number of 201095034. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 02/06/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JESSE A. CHAVEZ/OWNER. Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FILE NO. 2014-031506
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANTOLINO CARRANZA CABALLERO, 1319 PARK WESTERN DR. #9, SAN PEDRO, CA 90732, has/have abandoned the use of the fictitious business name: NEW WORLD TRAVEL AND TOURS, 811 N. AVALON BLVD. WILMINGTON, CA 90744. The fictitious business name referred to above was filed on 02/13/2009, in the county of Los Angeles. The original file number of 2014031505. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 02/05/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ANTOLINO CARRANZA CABALLERO/OWNER. Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

FILE NO. 2014-028837
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) JOSE ROLANDO MEJIA, 4828 WHITTIER BLVD., L.A., CA 90022. MARIA JUANA MEJIA, 4828 WHITTIER BLVD., L.A., CA 90022, has/have abandoned the use of the fictitious business name: XIOMARA'S RESTAURANT, 4828 WHITTIER BLVD., L.A., CA 90022. The fictitious business name referred to above was filed on 02/03/2012, in the county of Los Angeles. The original file number of 2012019796. The business was conducted by: A MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 02/03/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JOSE ROLANDO MEJIA/OWNER. Publish: Mountain Views News Dates Pub: February 08, 15, 22, March 01, 2014

Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

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NOTICE OF PETITION TO ADMINISTER ESTATE OF: ROBERT B. BRODNAX CASE NO. BP148942

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ROBERT B. BRODNAX:

A PETITION FOR PROBATE has been filed by BARBARA B. WALTERS in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that BARBARA B. WALTERS be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 03/10/14 at 8:30AM in Dept. 11 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
CHRISTOPHER J. ZUCCONI
2496 E ST #2C
SAN DIEGO CA 92102
2/15, 2/22, 3/1/14
CNS-2586094#

OPENING LETTER FROM PAUL TANAKA

(Gardena, CA) - Today, former Undersheriff Paul Tanaka issued the following letter to the public:

After dedicating three decades of my life to public safety, I have suffered overwhelming



the last two years by nameless "sources" who have continuously falsified accounts of my behavior and my leadership for their own self-purpose and notoriety. I have always believed that the focus of law enforcement officials should remain on public safety and the community rather than combating the latest news story, however, I can no longer remain quiet as others continue to paint fiction and call it truth. I would like to Set the Record Straight regarding my character and my record once and for all.

First and foremost, during my 33 years in law enforcement I have never condoned nor encouraged excessive force or deputy misconduct. In fact, in the past I have been highlighted as a strict no-nonsense disciplinarian. It wasn't until there were talks throughout the Department that I may run for Sheriff that these accusations began. Many of my accusers feared the standard of accountability they would be held to should I become Sheriff. Throughout my career, I have always demanded our Department employees, particularly high-ranking executives, perform the duties and tasks the people of Los Angeles County pay them for, and expect from us, with no exception.

Some of my strongest attacks come from the Citizen's Commission on Jail Violence regarding excessive force in the jails. In the report, the Commission claims that I encouraged a culture of violence in the jails, which led to deputies breaking the law and using excessive force on inmates. Although the Commission made some worthy recommendations for jail reform, including the installation of cameras throughout jail dorms/hallways and the implementation of a third-party Inspector General, I fundamentally disagree with the Commission's findings as they pertain to me and my character for a variety of reasons.

First, during the period of time the investigation into the Men's Central Jail took place (2008-2010), I was not in charge of the jails but was Assistant Sheriff in charge of Patrol, Detective Division, Homeland Security and the Department's multi-billion dollar budget. I had zero command over the jails. Second, those who spoke against my character before the Commission weren't under oath and were not cross-examined; meaning there was no attempt by the Commission to determine if those individuals were telling the truth. Lastly, those who had direct command over the jails during that time, Chief Dennis Burns and Assistant Sheriff Mark Cavanaugh, never appeared before the Commission to explain their lack of leadership or involvement in the mismanagement of jail deputies.

Furthermore, an online publication has written countless stories about a secret patio that was supposedly reserved for a secret circle of department employees that had to possess "challenge coins" in order to gain entrance. In addition, this same publication has also alleged that those who donated to my Mayoral campaign would then be promoted in the Department. First, the process for promotion in the Sheriff's Department is an uncompromising and strictly defined process. Promotions are based on a set of qualifications determined by the Department and the County. In addition, promotions to Lieutenant and higher were appointed solely by the Sheriff. No one who has ever donated to my City Council campaign has ever been given special treatment. Period. Second, the employee patio that was mentioned is an open air, outdoor patio with poles that support its roof. It is open to all civilian and sworn employees and was commonly used for cigarette breaks, barbecues, meetings, etc. The coins they referred to were created, passed out and sold by Chief Buddy Goldman and retired Captain Joe Gonzales. To my knowledge, they were nothing more than a souvenir item anyone in the department could obtain.

Lastly, and perhaps most important, is my involvement in the Anthony Brown case. When the indictments were first released, I refrained from going into details about my involvement because the investigation is ongoing, and out of respect for the process, I believed these matters should be handled in the courts and not in the press. In addition, because of the ongoing nature of these matters, I have been told that I will be subpoenaed as a witness in the upcoming obstruction trial and therefore think it is inappropriate for me to make further public statements on this matter. However, after multiple attacks by opponents and media outlets who have used my silence out of respect for the process as an admission of guilt, I will once again reiterate what I can.

I have been interviewed by the FBI and I have testified before the grand jury regarding my knowledge and involvement in this matter. That being said, with regard to inmate Anthony Brown, the Sheriff made two broad directives to ensure the safety of Brown and to investigate the smuggling of a cellphone into the jails. Both of which were direct orders and, to my knowledge, were made in good faith and were not illegal. While I was involved in some aspects of the implementation of these orders, I was not involved in, nor had knowledge of other aspects and my name was sometimes used without my knowledge or consent because of my position.

I hope these facts clarified some of the noise that has been generated about my character and history.

I have served the people of Los Angeles County for 33 years as a public safety official. During that time, I led the department's War on Gangs, successfully managed the department's multi-billion dollar budget for more than a decade and decreased crime throughout the county. In addition as the Mayor of Gardena, with the help of my colleagues on the dais, I took a city with a five million dollar deficit and turned it into a 10 million dollar surplus. Gardena has also experienced its lowest crime rates in over 50 years, particularly violent crime. In addition, our city's economic vitality has soared throughout the course of my leadership. I have dedicated my life to serving others and I look forward to doing so as this Sheriff of Los Angeles County.

Sincerely,

/s/ Paul Tanaka

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