

52nd Annual Sierra Madre Art Fair

Saturday, May 3 - 9:30 a.m. to 6 p.m.
Sunday, May 4 - 9:30 a.m. to 5 p.m.



Leather Cuff Bracelet



Wild & Tame Necklace



Enamel Earrings

Jewelry Designs by Beverly Jones

100 Artists, Children's Activities
Live Entertainment, Food Trucks
Wine and Beer Garden

Free Admission • Sierra Madre Memorial Park

222 West Sierra Madre Blvd., Sierra Madre, California
For event information: 626.355.7186 or www.sierramadrelibraryfriends.org
Benefits Sierra Madre Public Library

SIERRA MADRE RESIDENT - HOLOCAUST SURVIVOR HONORED AT CAPITOL CEREMONY



Mrs. Rotenberg Lewin, center, with her son Judge Fred Rotenberg, left and Assemblyman Holden, right. Photo courtesy of the Office of Assemblyman Holden

Sacramento – Earlier this week, Assemblymember Chris Holden (D-Pasadena) today honored Holocaust survivor Helen Rotenberg Lewin of Sierra Madre at a ceremony at the State Capitol. For the past ten years, the California State Assembly has honored survivors and their families during California Holocaust Remembrance Week.

“I am honored to be able to share Helen Rotenberg Lewin’s story – a story of triumph over unspeakable evil,” said Assemblymember Holden. “Helen lived through extreme privation and horrific experiences that are often neglected in history. We are here today to raise awareness of these events and honor Helen Lewin by saying, ‘We will never forget.’

Sierra Madre resident Helen Rotenberg Lewin was forced into hiding in a forest outside of Krasnik, Poland with a band of Jewish partisans to escape certain death at the hands of the Nazis who had ordered all Jews into camps. She and her family had little food

or water, and lived in makeshift underground shelters always fearful of betrayal, capture and death. Her parents and six other brothers and sisters were killed during the war; she and three other brothers survived extermination by the Nazis.

At wars end, she and her surviving brothers made their way to the American zone in Berlin. Three years later she and her husband Harry Rotenberg, moved to Northern California where they purchased a chicken ranch and then, later a confectionary store. Several years following Harry’s passing in 1988, Helen met Martin Lewin, remarried and eventually relocated to Sierra Madre to be near her son, Fred Rotenberg, daughter-in-law Lori and their three children.

Her son, Judge Fred Rotenberg of La Cañada accompanied his mother to the ceremony and was honored by Assemblymember Gatto. Her other son, Dr. Keith Rotenberg lives in New Jersey

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UNTHINKABLE TRAGEDY IN BAILEY CANYON PARK

By Susan Henderson

On Sunday, April 27th, visitors to Bailey Canyon Park, the hiking trails and neighbors in close proximity were startled by the sound of a gunshot shortly before 1 p.m. The normally tranquil park was suddenly marred with the apparent suicide of a local resident in plain sight of several witnesses. The cause of this man’s anguish is not known at press time, and under normal circumstances, this newspaper does not report on suicides out of respect for the remaining family members. However, due to the fact that this tragedy took place in a very public place, as many details as can be respectfully reported on are contained herein.

The identity of the victim is known, but also will not be disclosed out of respect for the family.

On the same day as the event, SMPD Chief Larry Giannone issued the following statement:

“The Sierra Police Department is currently assisting with an investigation into the death of a 53 yr. old male at Bailey Canyon Park. Officers were dispatched to the area after several people reported a gunshot victim at the location.

Upon the officers arrival at the scene they found the victim in the picnic area being treated by a doctor who was in the area. Paramedics arrived on scene and pronounced the victim dead.

A weapon was recovered at the scene and at this time it is being investigated as a suicide.”

Police Chief Giannone also said “this was an unfortunate tragedy for our community. The park was filled with visitors and hikers, several who witnessed this tragic incident”.

The Los Angeles County Coroner’s Office responded to the scene and took over the investigation. The victim’s identity is being withheld pending notification to next of kin.”



THANK YOU SIERRA MADRE COMMUNITY FOR A MOST SUCCESSFUL BOOK DRIVE

Rotary of Sierra Madre and Alverno High School combined efforts to collect books from Sierra Madre Residence was a huge success.

Ann Gillick of Rotary who is Chair of Literacy created this combined effort with Alverno High School for continuance in Literacy.

Ann made quite a difference by the way she structured the program. She chose to have all the Sierra Madre community involved. One of her students took on a preschool project.

Thousands of books were donated, then separated by categories.

Here is Rotarian Janice Kramer, (above) sorting. The distributions have begun and Rotary thanks everyone who contributed and went the step beyond by asking friends to get involved. Thank You Sierra Madre.. We love you.



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Weather Wise

5-Day Forecast

Sierra Madre, Ca.

Mon:	Sunny	Hi	70s	Lows	50s
Tues:	Sunny	Hi	70s	Lows	50s
Wed:	Sunny	Hi	70s	Lows	50s
Thur:	Sunny	Hi	70s	Lows	50s
Fri:	Sunny	Hi	70s	Lows	50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, May 13, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



THIS WEEK

MONDAY - 10 - 11 am

Barry, Rich & Lisa Show

Trivia and Humor at it's finest. Just try to keep up with their wit! JOIN THE FUN!!!

See our Calendar for airing times or listen to the podcast at our Village Intersections page.

THURSDAYS - Noon
Catherine Adde's OUR TRAVEL AFFAIR

TINA TIME WITH COUSIN MATTHEW

SATURDAY MORNINGS

D. J. Boddington

AKA James Faulkner returns Saturday morning at 7:00 until 10:00 with his Saturday Morning Mix show. Lovers of music - tune in!

Set your smart phone and or computer browsers to
www.villagevine.org

COMMUNITY
YARD SALE IN
SIERRA MADRE

The City of Sierra Madre Senior Community Commission is hosting the 4th Annual Community Yard Sale on Saturday, June 7, 2014 from 8:00 a.m. to 12:00 p.m. located in the Sierra Vista Park (611 E. Sierra Madre Blvd). Community organizations and members are invited to come together with their neighbors to participate in a community yard sale. Participants have the opportunity to clean out their garages, attics, storage sheds and closets without sending those items to landfill.

The fee for a selling space is \$30.00 and a yard sale permit does not need to be purchased; proceeds will benefit senior programs and activities. Alternatively, you may donate items to the Senior Community Commission booth to be sold on the Commission's behalf. If you would like to participate in the Community Yard Sale, you must register in person at the Community Services Office, 611 E. Sierra Madre Blvd. The Community Yard Sale is expanding for 2014 and will encompass the west parking lot and basketball court in Sierra Vista Park. The deadline to register is Thursday, May 29 or until spaces are filled. Spots are filled on a first come, first serve basis.

Participants must provide their own tables, chairs, canopies (10'x10' maximum) and cash boxes if needed. No electricity will be provided. Live animals, large canopies, and selling of food or drinks are prohibited. All business must be conducted within your space. Event may be cancelled due to inclement weather.

A limited number of spaces are available. Registration will open Wednesday, April 16th. For more information please call the Community Services Office at (626) 355-5278.



THE SIERRA MADRE KIWANIS CLUB

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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY, AND HAVE SOME FUN!

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JOIN THE SIERRA MADRE GARDEN CLUB -
MONDAY, MAY 12, 2014

TRUMPET TREES AND PEACOCKS

Come to the May Garden Club Meeting and hear guest speaker Richard Schulhof, CEO, of the Los Angeles County Arboretum.

His program, The L.A. Arboretum Through Time, will include an exploration of the evolving Arboretum and Southern California gardens.

At the Arboretum, Richard focuses on programs that promote sustainability and water conservation, preserve the Arboretum's rich history, and make known the essential role of plants in sustaining life of Earth. Do not miss this very special program!

Everyone is invited. Dinner begins at 6:30 P.M. followed by the program at 7:15 P.M. Catered dinner is \$10; reservations for dinner must be made by May 9th at 626-836-4945. There is no charge for attending only the program.

Location: Hart Park House, Memorial Park, 222 W. Sierra Madre Blvd., Sierra Madre. For information call the reservation number or visit www.smgarden.org



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Sierra Madre Police Blotter

For The Period April 20 - 27, 2014

During the week of Sunday April 20th, to Sunday April 27th, the Sierra Madre Police Department responded to approximately 273 calls for service.

Tuesday April 15, 2014

At 2:06 pm, Sierra Madre Police responded to the 200 block of Sturtevant regarding a vehicle into a building. After further investigation driver was arrested for driving under the influence and transported to a local hospital for injuries. There was no damage to the building.

Friday April 25, 2014

At 3:41 pm, Sierra Madre Police responded to the 00 block of N. Baldwin Av. regarding a male subject in area with a red roller bag, attempting to sale a business owner narcotics. Subject was contacted and cited for possession of marijuana.

At 8:09 pm, Sierra Madre Police responded to the 200 block of Mariposa Av. regarding three subjects involved in a possible narcotic transaction. Upon arrival, officers spotted two of the subjects sitting in the rear of a vehicle. During the investigation officers found a credit card in one of the subject's wallets, not belonging to him. The third subject was seen in a rear yard next to another vehicle. Subject was contacted and questioned about the rear license plate on the vehicle. Subject admitted to officers that the rear plate on the car, did not belong to the vehicle. All subjects were detained and a further investigation was made on both vehicles. Drug paraphernalia was found in one of the vehicles and two arrests were made.

Saturday April 26, 2014

At 4:58 pm Sierra Madre Police responded to the 00 block of Suffolk regarding a theft of a package. Resident told officers that she ordered a package and it was left on her front porch. When resident returned home she noticed that the package was there but the contents had been removed.

Sunday April 27, 2014

At 12:23 pm Sierra Madre Police Officers, responded to several 911 calls at Bailey Canyon regarding a possible victim of a shooting. Upon arrival officers located a male subject who sustained injuries to his upper extremities. Resuscitative efforts were made on the unresponsive subject but were unsuccessful. Further investigation is pending at this time.

Women's Republican Club
of
Arcadia

Ann-Marie Murrell has her own Radio Show. She is anchor and director of Politic hocks She has been a quest on the Penn us Preger show, Fox news, Dr Phil, Blaze TV. She is a fantastic speaker. She will be speaking May 15th at the Arcadia Women's Republican Club in the Sunset Room at the Arcadia Golf Course on Santa Anita. Coffee at 10:30, meeting at 11:00 and Lunch for \$17 at 12. Call Carolyn Papp at 353-7443 for more information.

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

GRAYWATER REUSE – A SOURCE OF WATER

Sierra Madre's primary water source is in decline and residents are required to conserve water. California is facing one of the most severe droughts on record. Reusing graywater is a way to conserve our water supply, save money, reduce your reliance on potable water for outdoor irrigation, and reduces flows to our wastewater system.

What is Graywater?

Graywater is untreated household wastewater generated from hand washing, laundry and bathing. This wastewater can be diverted from the sewer to irrigate outdoor plants and landscape. Graywater does not include any water from toilets, kitchen sinks, dishwashers or washing machines laundering soiled diapers.

How Graywater Systems Work:

A graywater system is a type of plumbing system which directly reuses wastewater to irrigate your plants. Do not use any detergents or bleaches in your sink, bath and laundry that may ultimately be harmful to your plants. To further ensure safety, graywater cannot be used on the edible portions of vegetables and must be used for sub-surface irrigation in order

to reduce human contact or ponding. You cannot store graywater, only divert the amount needed to water your garden. All systems must be installed and maintained according to Chapter 16A of the California Plumbing Code.

Types of Graywater Systems:

There are three types of graywater systems that can be installed in your home that vary in complexity, volume of water produced and permitting requirements. In order to determine which system is right for you, you need to know your irrigation needs, including yard size, soil type, groundwater level and budget. The easiest, most low-tech system uses a washing machine and gravity to move laundry water directly out to the garden – these "laundry-to-landscape" systems do not require a permit as long as no pump or surge tank is used and as long as all code requirements are met. For simple and complex systems which involve altering plumbing, including use of surge tanks and pumps, a permit is required.

For graywater systems which require a permit, the City of Sierra Madre has authorized a 30% reduction of the permit fee to help offset costs and to promote water conservation practices. If you or your qualified professional have any questions on the installation of a graywater system in your home, contact the Development Services Department at (626) 355-7138.

FOURTH OF JULY GRAND MARSHAL NOMINATIONS SOUGHT

The Volunteer Sierra Madre Fourth of July Committee is seeking nominations for the 2014 Fourth of July Parade Grand Marshal. The Parade will be held as always the morning of July 4th. Parade Grand Marshal nominees should embody the spirit of Sierra Madre, be an active volunteer in any of the local nonprofit organizations or in some way contributed to the betterment of Sierra Madre. Nominees may be an individual or volunteers or an organization.

Nominations must be submitted in writing by Thursday, May 1, 2014 and should be sent to the Fourth of July Committee, PO Box 1073 Sierra Madre CA 91025 or emailed to: 4thofjulysiamadrede@gmail.com.

Nominations should be no more than 1 page but at least a paragraph explaining why the honor should be given including contributions to the Sierra Madre community.

Previous Grand Marshalls have included 2013 VFW Post 3208 & Hometown Hero Mama Pete; 2012 Nel and Bob Soltz (Wistaria Vine owners); 2011 Gayle Bluemel & Hometown Hero John Shear; 2010 Lew Wantanabe; 2009 Midge Morash; 2008 Sierra Madre Fire Department; 2007 Ward Family (E. Waldo Ward & Sons); 2006 Judy Webb Martin & Toni Buckner & Hometown Hero Barbara Wamboldt; 2005 Police Chief Wayne Bailey; 2004 Doug Berkshire; 2003 John Grijalva; 2002 Bob Quamstrom; 2001 Ty Gaffney; 2000 Dr. Bill White; and 1999 Jim & Barbara Heasley.

This All-American friends and family event is made possible through the wonderful contribution of donors and sponsors. If you'd like to help please visit www.sierramadre4thofjuly.com or follow us on Facebook: www.facebook.com/4thofjulyInfo

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JOIN THE CITY TEAM – APPLY TO BE A CITY COMMISSIONER TODAY - *We want you to be a part of our City Team!*

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are five citizen commissions established by the Council to advise and assist them in dealing with specific problems.

Applications to serve on a commission may be obtained at City Hall or the City website at <http://cityofsierramadre.com/commissions-boards-committees>. Applications will be accepted until all positions are filled; however, it is recommended that applications for appointment for the beginning of the 2014-2015 fiscal year be submitted by Friday, May 23, 2014 to the City Manager's Office. There are currently vacancies on the following commissions:

COMMUNITY SERVICES COMMISSION

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the general use of park facilities and matters relating to the community's arts and recreational service needs. The Commission provides information and recommendations to the City Council in these areas. Meets the 3rd Monday at 6:30 pm, in the City Hall Council Chambers

LIBRARY BOARD OF TRUSTEES

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library. Meets the 4th Wednesday at 7:00 pm, in the City Hall Council Chambers

PLANNING COMMISSION

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan. Meets the 1st and 3rd Thursday at 7:00 pm, in the City Hall Council Chambers

The advisory bodies study a variety of topics in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notices on all commissions are prepared in compliance of the Maddy Act.

For more information please visit www.cityofsierramadre.com or call 626.355.7135.

2014 SIERRA MADRE ADULT CO-ED

SOFTBALL

Registration Now Open

Grab your friends and neighbors and sign a team up for the City of Sierra Madre's 2014 Summer Adult Softball League! The season begins mid-June and runs through the end of August with an anticipated start date of Wednesday, June 18. Games are held Wednesday evenings from 6:00-10:00pm, and Sundays from 12:00pm-10:00pm (due to a regional little league tournament games may fall on days other than the regularly scheduled). Games are played at Heasley Field, 611 E. Sierra Madre Blvd. The Sierra Madre Adult Co-Ed Softball League is divided into an "A" league geared towards the competitive participants, and a "B" league for recreational competition. All players must be over 18 to play. The champions of each league receive t-shirts.

Registration can be done as a team or as a free agent. The cost to participate is \$458 for a team and \$46 for a free agent. Teams must register in person at the Community Services Office, 611 E. Sierra Madre Blvd. Deadline to register is Thursday, May 15. Free agents can register online, www.cityofsierramadre.com/online-registration, or in person. Deadline to register is Monday, June 2.

PLEASE NOTE - the process for signing up as a free agent has changed this year.

1. Signing up does not guarantee a spot in the league; free agents will be added to teams as needed and space permitting.
2. Free agents will not pay a fee at the time of registration. If a free agent is placed on a team, the fee will be collected by the City of Sierra Madre at that time.
3. Team managers will be notified of available free agents once they sign up. Team managers will have access to selecting a free agent from the roster on a first come first serve basis.
4. Team managers can select from the roster based on their team level and gender needed; however, they must add the first available free agent that meets these requirements.
5. The last day to add a player is by the first game. No players will be added after this point.
6. Free agents not added to a team for the season will be kept on the free agent roster for the following year or until the free agent asks to be removed from the roster.

Due to limited field space, registration is limited. Be sure to sign up early and don't miss out on the 2014 season! For more information please contact the Community Services Department at 626-355-5278.



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Wife Charged In Death of Husband



Gina Sas

Police filed involuntary manslaughter charges last week against a 24-year-old woman for the alleged death of her 74-year-old husband who died in the hospital two weeks after being stuck in head.

According to police, officers responded to a domestic violence call in the 200 block of S. Arroyo Parkway, on April 1, at approximately 3:00 p.m., and found the Chi-Lung Chang standing outside the west entrance of his residence. He had sustained a small laceration to his head. Chang was transported to a local hospital for medical treatment.

During an investigation police said it was determined that Chang's wife, Gina Sas, 25, had caused the injury. At the time, Sas was arrested for domestic violence and booked in the Los Angeles County Jail. Chang remained hospitalized with severe head trauma. He succumbed to his injury on April 18.

On April 24, the Los Angeles County District Attorney's Office filed, involuntary manslaughter and Infliction of injury on a spouse, charges against Sas.

Sas remains in custody on \$125,000.00 bail. Detectives are continuing their investigation. No information was given on the weapon used. Sas is scheduled to appear in Pasadena Superior Court Tuesday.

Anyone with information contact Detective Van Kim at 626-744-7128, or the Pasadena Police Department at (626) 744-4241. You may report anonymously through Crime Stoppers at (800) 222-TIPS (8477) or <http://lacrimestoppers.org> (insert key word PASADENA).

Pet of the Week



Princess is a four-year-old white Chihuahua. She's friendly, energetic and smart. She knows her "sit," "down" and "rollover" commands. She's been out on our mobile unit to community events and got along well with other dogs and people she met.

Princess' adoption normal fee is \$125, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Ask an adoptions counselor for more information during your visit.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A353301, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption. Directions and photos of all pets can be found at www.pasadenahumane.org.



Snoopy License Plate to Help Museums

Snoopy made an appearance at Kidspace Children's Museum at Brookside Park Wednesday morning to mark the half-way point for a new grant program to help fund the state's museums through the sale of license plates featuring the Charles Schulz's character.

Celeste DeWald, executive director, California Association of Museums said Californians have ordered 3,750 of the newest special interest license plate. The Department of Motor Vehicles would begin issuing the Snoopy license plates upon receipt of 7,500 paid applications she said.

Officials said the plates will raise money for a competitive grant program to make funding available to the state's 1,400 museums and science centers. California Cultural and Historical Endowment, CCHE, a state entity recently reorganized into the California Natural Resources Agency, will administer the California Museum Grant Program with funds raised from the license plates. A smaller portion of the revenues will support professional development programs and services provided to the museum community by

the California Association of Museums.

CCHE was established at the California State Library in 2003.

Among the speakers was Pasadena Mayor Bill Bogaard who also posed with Snoopy after the event.

Visit www.snoopyplate.com to pre-order a Snoopy license plate.

Pet Safety in Hot Weather

The Pasadena Humane Society & SPCA urges all pet owners to take these important precautions during the next few days due to unseasonably hot weather:

Keep your pets hydrated with plenty of cool water.

Provide shade, if your pet is outside.

Avoid exercising pets during peak hours. Exercise them early morning or later in the evening.

A dog's paw pads can burn easily when walking on asphalt, artificial grass, cement or other similar surfaces. Walk them later in the evening or early in the morning when it is cool.

Apply sunscreen on your dog's nose, ears and belly to prevent sunburn. Ask your veterinarian what brand you should use.

For rabbit owners: Place a two-liter frozen bottle of water in your rabbit's hutch. This acts as a natural air conditioner.

For cat owners: Place your cat in a sink or bathtub with a few ice cubes to play with. This way your cat can have fun and stay cool at the same time!

For dog owners: Fill a wading pool with shallow water and let your dog's play around in it. Make sure to supervise your dogs while they play.

Do not leave your pet in the car. If you see an animal left in a car in hot weather, you can report it to the Pasadena Humane Society & SPCA. Call 626.792.7151 and ask to speak with Field Services.

Pets exhibiting signs of heat exhaustion (e.g., excessive panting, heavily salivating and/or immobile) should be taken immediately to a veterinarian for assessment.

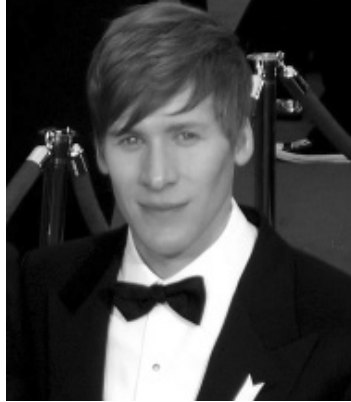
Additional information including safety videos may be found at: www.pasadenahumane.org or by calling 626.792.7151.

Castle Green Welcomes the Public

Pasadena's historic Castle Green will host its' annual Spring Tour Friday, June 6th, from 5pm to 9pm. Moonlight at the Castle will feature a public tour of many unique Castle residences and a musical performance by popular period artist Janet Klein & Her Parlor Boys. Wine and refreshments will also be served. Tickets are \$40.00 per person. Tickets can be purchased ahead of time by going to brownpapertickets.com. All proceeds from the event will be directed toward the restoration projects of the Friends of the Castle Green. Visitors will be able to tour the Grand Salon, Turkish and Moorish Rooms and see many of the splendid features of the building that remain in tact over the past century. Visitors will also be able to tour resident apartments throughout the 6-floor building, including the Castle penthouse. For more information kindly contact: Susan Futterman susanfutterman@mac.com (626) 824-8482.

PCC Re-invites Alumnus to be Graduation Speaker

Public Health Director Dr. Eric Walsh placed on leave after Anti-gay comments made by him surface online.



Dustin Lance Black

By Dean Lee

Pasadena City College officials flip-flopped Wednesday night voting unanimously to re-invite Oscar-winning actor Dustin Lance Black to deliver the address at the college commencement on Friday after Pasadena Public Health Director Dr. Eric Walsh pulled out due to an unforeseen scheduling conflict.

"The Board earnestly hopes that Mr. Black will accept its invitation to speak and to begin to heal the breach in our relationship with an alumnus whom the Board greatly admires," said Dr. Mark Rocha, PCC Superintendent-President. "Commencement is about celebrating the graduation of our students and the importance of higher education. Mr. Black's participation would be an opportunity for further education and a healing act of community."

No other information about Walsh's decision not to speak was given although reports suggest it may have been due to unflattering comments that surfaced earlier this week online.

According to allgov.com, Walsh has publicly denounced Walt Disney Studios saying Disney is full of witchcraft and superstition. He made the comment during a speech, "Evolution and the Sorcerer's Stone" July 22, 2012 in South Gate. Walsh also made comments about comic books, including Batman and Wonder Woman considered by some to be anti-Catholic and homophobic. Walsh had made a number of other similar comments in other speeches.

City officials said Thursday they had launched an investigation into the comments.

"Dr. Eric Walsh has been placed on temporary paid administrative leave to provide the City of Pasadena the opportunity to complete an



Dr. Eric Walsh

Holden's Accountability in Business Bills Approved

The Assembly Accountability Committee has approved legislation authored by Assemblymember Chris Holden, to move long-term unemployed workers to the front of the job line when it comes to state contracts.

AB 1586 will require state contractors to give priority hiring to those who have exhausted their unemployment benefits or who live in high unemployment areas. The bill applies to public service contracts of more than \$200,000.

It passed on a vote of 10 - 3.

In other legislation, Holden's AB 1921 will provide more oversight and transparency between private businesses and government agencies by requiring service contractors to give government agencies access to records explaining how the state's money was spent.

"AB 1921 is a step in the right direction to provide transparency between private businesses and government agencies," explained Holden.

AB 1921 was approved 8 to 3.

Learn How to Produce Your Own TV Show

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be



PASADENA MEDIA

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm - 8:00 pm Nightly

Producers Training

Monday May 5 at 6:00 pm - 7:00 pm

PCAC Board Of Directors - Regular Meeting

Tuesday May 6 at 7:00 pm - 9:00 pm

Orientation Training

Monday May 12 at 6:00 pm - 8:00 pm

Introduction to Field Production Training

Wednesday May 14 at 6:00 pm - 8:00 pm

**Citizen Journalism
Digital Film Group**

coming soon
coming soon

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

Arcadia Police Blotter

For the period of Sunday, April 20th, through Saturday, April 26th, the Police Department responded to 1,019 calls for service of which 107 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 20:

1. Just after 3:00 a.m., an officer conducted a traffic stop on a vehicle for expired registration in the area of Baldwin Avenue and Naomi Avenue. The officer discovered the driver, a 34-year-old White female, was in possession of methamphetamine and drug paraphernalia. She was arrested and transported to the Arcadia City Jail for booking.
2. At approximately 7:54 p.m., an officer was dispatched to Go Go Liquor, 914 West Duarte Road, regarding a disturbance. The officer discovered two subjects were drinking alcohol to the rear of the location. One of the subjects, a 24-year-old Hispanic male, was in possession of drug paraphernalia and provided false identification. A records check revealed he had two outstanding misdemeanor warrants. He was arrested and transported to the Arcadia City Jail for booking.

Monday, April 21:

3. Just before 1:00 a.m., an officer observed a vehicle making a right turn at a high rate of speed in the area of Second Avenue and Bonita Street. The vehicle lost traction and nearly collided with a curb. The 18-year-old Chinese male driver was arrested for Reckless Driving, transported to the Arcadia City Jail for booking, and his vehicle was impounded.
4. Around 10:20 a.m., an officer conducted a traffic stop on a vehicle that ran the stop sign at Golden West Avenue and Fairview Avenue. Upon contact with the driver, the officer detected an odor of marijuana emitting from inside the vehicle. A search of the vehicle revealed the driver was in possession of 21 marijuana cigarettes. The 17-year-old Asian male was cited in the field without incident and later released to his father.

Tuesday, April 22:

5. At about 2:30 p.m., an officer responded to a residence in the 1000 block of Hampton Road regarding a burglary report. The victim discovered unknown suspect(s) forced entry through a garage door. The alarm system had been ripped out of a wall and system panel found inside a toilet. The total loss was unknown at the time of the report and no evidence was located. No one reported seeing or hearing anything suspicious.
6. At approximately 9:16 p.m., an officer was dispatched to the 1000 block of Oak View Lane regarding a battery report. A male subject pushed his wife to the ground during a verbal argument, causing her to hit her head on the floor. The 62-year-old White male suspect was arrested for Domestic Violence and transported to the Arcadia City Jail for booking. The victim did not require medical attention and declined prosecution.

Wednesday, April 23:

7. Around 1:20 a.m., an officer responded to a hit and run traffic accident on Santa Anita Avenue, south of Fano Street. A bicyclist traveling in the number two lane was hit from behind by a vehicle. He was thrown off his bicycle and onto the ground, causing lacerations to his face, arms, and knees. The victim was unable to see the suspect vehicle, which fled the scene of the accident. The victim's mother responded to the location and transported him to San Gabriel Valley Medical Center for treatment. No witnesses were located.
8. At about 7:51 p.m., an officer conducted an enforcement stop on a vehicle in the area of Baldwin Avenue and Foothill Boulevard regarding a broken tail light. The officer discovered the driver had an expired license. The 43-year-old Hispanic male was cited in the field without incident and his vehicle was left legally parked.

Thursday, April 24:

9. Shortly after 3:00 p.m., an officer was dispatched to Denny's, 7 East Huntington Drive, regarding an incident of defrauding an innkeeper. Three suspects left the location without paying for their meals. Shortly after, they were located in front of 24 Hour Fitness, 125 North First Avenue. The officer discovered one of the suspects, a 20-year-old Hispanic male, was on probation and in possession of drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking. Denny's was not desirous of prosecution after the suspects' friend agreed to pay for a portion of the bill.

Don't miss it!

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Sat. May 10 – 2:00 pm
Sun May 11 – 2:00 pm
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MONROVIA - DUARTE

Sierra Madre

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"What's Going On?"

News and Views from Joan Schmidt



expect and boy was I pleasantly surprised!

When Mayor Liz Reilly came in, I asked her about attendance and she said about twelve have come each month, and it's always a different group.

There was Starbucks coffee and special treats (Donated by "Sweet Nothings"- Owner Isabel Torres is a local-raised in Duarte)

Mayor Reilly began by telling us that an

air quality monitoring station, installed adjacent to Valley View School to keep tabs on any unhealthy PM10 particulate matter emanating from Vulcan Materials mining activity above Duarte, is up and running. There is a dedicated web page on the City's website where Duarte residents can monitor the quality of air they are breathing via real time data of hourly and 24-hour averages of PM10. Data from the monitoring station streams live to the SCAQMD (South Coast Air Quality Management District) where it is analyzed for quality control, then sent to the City of Duarte and made available for the public on the City's www.accessduarte.com website.

The mayor and a four-year resident of Duarte, Cierina discussed the dust and the effects on people with asthma. Another attendee, Angelica, grew up in Duarte and also expressed concerns over the mining.

Mayor Reilly gave an update on Gold Line Construction and all present felt the work done so far (train tracks and repaving on Myrtle and California Avenues and left turn signals on California Avenue and Duarte Road) was

DUARTE: MY KIND OF TOWN AND MY KIND OF MAYOR

excellent. Mrs. Reilly also shared pictures of art work and tiles to be used at the various train stations.

There also was discussion about "Massage Parlors" and how to keep them at a minimum. Could the Duarte City Council issue a moratorium on the number of operating massage parlors? Mrs. Reilly explained that massage Parlors are considered "health facilities". If an area has a medical clinic, than it must have a massage parlor too!

Jacqueline from the Duarte County area mentioned "confusion." If she called for help, she was told she lived in "Monrovia County." The Mayor explained that if you live in an incorporated area, you pay city taxes and have city services. Unfortunately many years ago, to distinguish between Duarte "City" and "County" areas, Temple Station personnel dubbed Arcadia, Monrovia and Duarte County areas, "Monrovia County". It is VERY UNFAIR and CONFUSING to Duarte county residents whose children attend Duarte schools. To this day, I cannot comprehend that a person can't say, "It's Duarte City- send one of the patrol cars contracted to the City", or "It's Duarte County area-send



County Patrol Car #57."

Brian, a resident who works at City of Hope asked about the "C" rating. Mrs. Reilly explained that the City's rating had gone up from "F" to "C". There must be "NO SMOKING WITHIN 30 FEET of a GREEN AREA" to get an "A" of "B" rating. The City Council needs more discussion and research in this area.

The last issue was a house on Mountain Avenue that has been vacant for three years due to a fire and still is in disrepair. Unfortunately, the owners have filed bankruptcy and it's in the hands of the bank.

The next "Coffee and Conversation with the Mayor" will be MAY 24th See you there!



MONROVIA ECONOMIC DEVELOPMENT UPDATE

MONROVIA, CA – The City of Monrovia is seeing economic development efforts pay off with new businesses coming in and development opportunities on the way.

- The longtime vacant blockbuster site near the corner of Foothill Blvd and Myrtle Avenue is undergoing tenant improvements for a new business: **Massage Envy**. Massage Envy seeks to bring affordable, professional spa services to communities. Currently the site is under construction and is slated to open for business this summer.

- Williams Homes has put in 18 new townhomes at the corner of Olive and Ivy Avenues in Old Town. At this time, almost all units have been sold.

- Izakaya Uppo, a Japanese restaurant that will allow you to sit on the floor and taste traditional Japanese cuisine, opened last week in the 600 block of Myrtle Avenue. This block now features an international dining experience with Chang's Thai Bistro, Rudy's Mexican Restaurant, Jakes BBQ, Izakaya Uppo, and coming soon, Copper Still Grill (serving an updated take on traditional bar and grill classics, will be located at the site of the former Sam's Kabob Room).

- Along Huntington Drive, a Del Taco opened in mid-April on a site that has been vacant for many years- signs that private development and industry are picking up. And the Fast5Xpress Car Wash is expected to open in early May on the same site.

- Panera Bread, Chipotle, Smashburger and Menchie's Yogurt have opened up on the west side of Huntington Drive, bringing more customers to the Huntington Oaks Shopping Center.

- Blaze Pizza is scheduled to open in May 2014 at the Foothill Park Plaza in Old Town Monrovia. Flamzz Pizza on East Colorado Boulevard is already open.

- La Marca Cigars, a specialty cigar shop and lounge, has opened in the 500 block of Myrtle Avenue.

- And American West Bank has opened a new branch at 404 E Huntington Drive.

Since January 1, 49 new businesses have opened up in Monrovia. Building permits are going up, having increased 55% from 2012 to 2013, and Monrovia is seeing a steady stream of applicants at the Building and Planning Counter.

Moving forward, the City's Economic Development team has their eyes set on Station Square Transit Village and the City's former redevelopment properties as opportunity to round out the City's already diverse sales tax base.

Developer Samuelson and Fetter have already submitted renderings of their new 261 unit, multifamily development. And currently the Chevron Station at the corner of Myrtle and Pomona Avenues is for sale in the area, prompting major developers to inquire about other large potential developments.

The City of Monrovia will be hosting a Brokers' Reception on April 30, 2014, 5:30pm at Café Mundial in Old Town Monrovia to discuss further economic development efforts. To find out more about the event, please call (626) 303-6601.

CENTENNIAL CONCERT INCLUDES SINGERS FROM A DOZEN LOCAL CHURCHES

Singers from a dozen local churches will blend their voices at the Festival of Great Hymns and Anthems at Arcadia Presbyterian Church at 3 o'clock Saturday, May 10. Churches include First Baptist Temple City, Lutheran Church of the Cross, Lutheran Church of Our Savior, Church of the Good Shepherd United Methodist, Trinity Presbyterian, Seventh Day Adventist, First Methodist of Glendora, Calvary Presbyterian of South Pasadena, Shadow Hills Presbyterian of Sunland, New Hope Presbyterian, and St. Luke Episcopal.

The free choral and organ concert celebrates the Centennial of the host church. John Henken will conduct the chorus, with Tabitha Henken as accompanist. Soloists include Steve Baker, Zachary Bondoc, Rebecca Hartie, and Christine Henken. Arcadia Presbyterian Church is at 121 Alice St., Arcadia.

YOUR AD COULD BE HERE!
Call Patricia at 626-818-2698 Today!



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landis@st-ritaschool.org

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ANIMAZONIA YARD SALE



Friday, May 9
Saturday, May 10

8:00 AM to 4:00 PM
33 Sierra Place
Sierra Madre, CA



Sixth annual yard sale!

Stop by, browse through our quality items and take home some great finds!

Just some of the items available for sale:

- Household and decorative items
- Jewelry
- Electronics
- Men's and boy's clothing
- Sports Equipment
- Women's clothing, shoes, handbags
- Current and collector's books

All proceeds go to
Animazonia Wildlife Foundation
-sanctuary for rescued big cats-

Donate your items today!
To arrange a pick up before May 2nd.

- **San Gabriel Valley**
Sanda - 626-590-3360
Serena - 818-802-9484
serena.burnett@verizon.net
- **San Fernando Valley**
Maria - 818-838-6818
mariaroyce@aol.com
- **Riverside/Redlands**
Claudia - 951-733-0428
cnaber2@roadrunner.com
- **Norco/Corona**
Su - 626-622-2707 su@subacon.com
- **Other locations**
Serena - 818-802-9484
serena.burnett@verizon.net
Anne Absey - 818-370-5809 or
aabsey2@verizon.net

To volunteer for set up or to work on sale days - Serena - 818-802-9484
serena.burnett@verizon.net

SAVE THESE DATES

- Friday & Saturday May 9 and 10
Garage Sale
- Saturday, September 14
Wine and Chocolate Event

Welcome to Olive and Leno - 2 year old cougar twins arriving end of April, 2014.

Donate today to help celebrate the new cats! Online today: www.Animazonia.org



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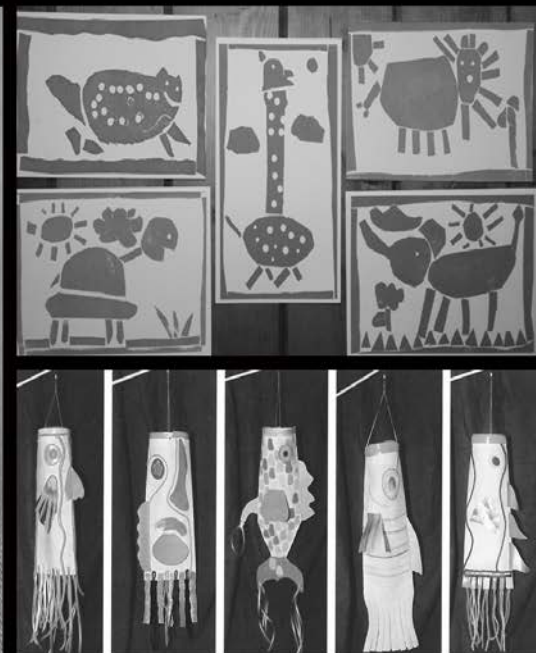
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WWW.CLAIRBOURN.ORG/SUMMER/

Young at Art

a children's art show exhibition

Monday, May 5th 4-5 pm



Creative Arts Group

108 N. Baldwin Ave. 626.355.8350 www.creativeartsgroup.org

Find us on Facebook by searching "Creative Arts Group Sierra Madre"

MOUNT WILSON TRAIL RACE KIDS' TRAINING DAYS

Saturdays,
April 26 and May 10
Time: 9:00am – 10:00am

Location: Sierra Vista Park, 611 E. Sierra Madre Blvd. (west side)

Kids' T-shirt Design Contest
Your child's artwork could be featured on the 2014 Mount Wilson Trail Race Kids' Fun Run t-shirt. The contest is open to youth in K to 8th grade.

Artwork:

- Entries must be original works by the artist
- Artwork must be completed on white paper, 8 1/2 x 11 inches
- Acceptable mediums are crayon, colored pencil, marker, or computer design.
- Please keep all drawings in good taste.

Theme:

- Entries should include somewhere in the design youth running and a depiction of the Mountain
- Design must include the words "2014 Mount Wilson Trail Race 9th Annual Kids' Fun Run"

Submission Details:

- Only one entry per person can be submitted.
- Do not sign your name on the front of the design.

- Return colored drawing and fill out entry form at the Community Services Office
- Entries will be accepted Monday through Thursday from 11:00 a.m. to 5:30 p.m.

DEADLINE: Thursday, April 24th, 2014 at 5:00 p.m.
For more information contact the Community Services Department at 626-355-5278.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528

E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show TRANSCENDANCE

The trailers for this movie had me very intrigued. Johnny Depp's role seemed, and was, very out of his comfort zone. Instead of a quirky, over-the-top fantasy character, Depp's role was very realistic, and that was one of this movie's secret weapons.

Dr. Will Caster (Johnny Depp) and his wife Evelyn (Rebecca Hall) are two scientists on top of their game. Both are making big strides in their perspective fields, however, all of this is stopped when the terrorist group Rift shoots Will. With his body poisoned by radiation, Evelyn and their friend Max (Paul Bettany) find a way to move his consciousness into a mini supercomputer. What their experiments creates is something the world is not ready for: the fusion of humans and technology.

"Transcendence" has a slow beginning but, when it starts up and gets going, it is an unstoppable, brilliant roller coaster ride. The most frightening part of this movie, which comes from a combination of the ingenious plot and Depp's amazing performance, is how realistic it is. "Transcendence" is not big on action, but that does not mean it is not a good movie. It is a thinking man's sci-fi film.



CINCO DE MAYO CELEBRATION REVIEW

Just this past week I had the opportunity to sit down with one of the most determined and dedicated restaurant owners that we have in Pasadena area, Blair Salisbury owner of the El Cholo Café. Though, his restaurant is well known, Blair still looks after his baby with the greatest of care.

Self described as "nuts and crazy," Blair's lineage is that of a restaurateur. The Borquez family launched the Sonora Cafe in 1923 in a small storefront on Broadway and Santa Barbara Ave. After a patron doodled a picture of a man and called him El Cholo (the name commonly known for a field hand at the time), Alejandro Borquez loved the picture of the man so much that he changed the name of Senora Café to El Cholo in 1925. The following year, Blair and his wife decided to open their own El Cholo. Racing ahead to the year 2000, Blair, the grandson of George opens El Cholo Cafe in Pasadena, on Fair Oaks. For those of you old enough to remember, it was once the John Bull English Pub. I found out that Blair was determined to open in Pasadena, he was a moment away from Old Town Pasadena, but the Cheesecake Factory beat him to Colorado and Fair Oaks location.

Blair still desired to move into the heart of Old Town and his hopes were realized with the opening of the restaurant at the Paseo. Blair said, "It feels as though it has been here all along. It just felt like the staff and surroundings didn't miss a beat." Truly Pasadena feels like home to El Cholo Café, and Blair wouldn't have it any other way!!!

The restaurant is expansive, with a patio that overlooks Colorado Blvd. and the snow capped San Gabriel Mountains. They offer two different bars, one as you walk in, akin to a service bar, and a great place to wait for a table and enjoy a "Killer" Margarita, and a back bar just next to the Patio. Offering large screen TV's and perfect for slumbering and enjoying the show as they make your Guacamole tableside.

The menu is full of different combinations, Blair believes that the more selections there are... the better, and he tries to give a little bit of selection for everyone. I descended upon the PLATO DE CARNITAS, roasted pork, served with fresh avocado relish, Pico de Gallo, Nopales, rice and beans (\$13.95). When I go to a Mexican Restaurant I always try the pork. It was stunningly tender and fresh, and may be the best that I have ever tasted. My dinner companion gave two thumbs up to the Shrimp Sizzling Fajitas (\$16.95). I was just about stuffed when Blair brought out the Blue Corn Chicken Enchilada for us to try. It is item that made El Cholo famous. A must try for anyone eating at the restaurant. Of course I had a Margarita. A Single Margarita that seemed to have the power to bust a piñata. If you love Mexican Food like I do, or just want to spend a sleepy Sunday at the bar with guacamole and chips. Save a seat for me. El Cholo Paseo Pasadena

Join me this Saturday for our first craft beer tasting at the Vons on Colorado in Pasadena, 2355 E. Colorado Blvd. email me at thechefknows@yahoo.com tune in to Charter Channel 188 for Dining w/ Dills on Sunday 7 PM



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2 PERFORMANCES ONLY!

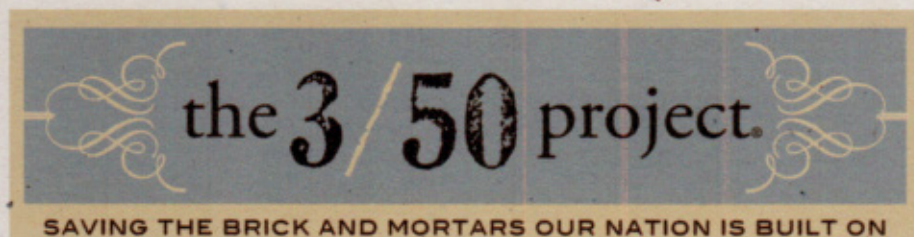
Arcadia Performing Arts Center
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— AUDIENCE COMMENTS LAST WEEKEND

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three stores at a time.



3 Think about which three independently owned businesses you'd miss most if they were gone. Stop in and say hello. Pick up a little something that will make someone smile. Your contribution is what keeps those businesses around.

50 If just half the employed U.S. population spent \$50 each month in independently owned businesses, their purchases would generate more than \$42.6 billion in revenue.* Imagine the positive impact if 3/4 of the employed population did that.

68 For every \$100 spent in independently owned stores, \$68 returns to the community through taxes, payroll, and other expenditures. If you spend that in a national chain, only \$43 stays here. Spend it online and *nothing comes home.*

1 The number of people it takes to start the trend...you.

Pick 3. Spend 50. Save your local economy.

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MID-WEEK SPECIAL
\$20⁹⁵
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KIWANIS CLUB OF SIERRA MADRE
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SATURDAY
MAY 17, 2014
6 p.m. to 10 p.m.
Tickets \$25.00

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*Proceeds to fund Creative Arts Imagine Art Program

THE JOY OF YOGA
THE MIND IS A MONKEY



They call it "Monkey Mind". It is when you are trying to meditate and your mind keeps jumping from one thought to the next. You may even be listening to someone telling a story and your mind is flitting all over and you realize that you didn't even catch part of it. Your mind could be jumping ahead to the next thing you want to say or the next thing you need to do or the next meal you want to eat. The mind can be sharp sometimes or dull sometimes. It can be fast or sluggish. But staying focused and present is very hard.

The great sage Patanjali defined yoga in the second sutra. He said that yoga is "...complete mastery over the roaming tendencies of the mind." (Yoga chitta vritti nirodhah, translated by Pandit Rajmani Tigunait). Because until we can stop all the things that we are thinking, we cannot hear our true inner voice. We cannot hear all our subconscious thoughts. We will still be governed by our senses. We use the senses to protect us, but they are not needed much when meditating. In meditation we want to bring subconscious thought forward to consciousness. Only then can we take a look at that thought, resolve and move on from it. Otherwise, it will jump back in every once in awhile.

You already know that I am going to tell you that the physical practice of yoga can help ease the "Monkey Mind". How? Physical stability helps to stabilize this monkey. The physical movement done in such a way that it changes your prana, allows your mind to be a little quieter. This is why we are hooked. I just love the peace that my practice can bring me. I hope you find that inner peace too.

See you in class.

Namasté,
René

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Dr. Tina is a traditional
naturopath and nutri-
tionist at Vibrant Living
Wellness Center

Frequent consumption of vegetables appears to cut one's odds of depression significantly. A recent review in a nutritional journal suggests that eating lots of fruits and vegetables "may present a noninvasive natural and inexpensive therapeutic means to support a healthy brain."

To understand this research, we need to understand the underlying biology of depression. It is thought that depression may arise out of a chemical imbalance in the brain. In order for the billions of nerves in our brain to communicate with each other they need chemical signals called neurotransmitters. Nerve cells do not touch, there is a gap between them. When one nerve wants to communicate with another nerve they release a neurotransmitter into the gap. As soon as the first nerve has got its message across the gap it sucks the neurotransmitter back up to use again some other time. The nerves also produce substances that digest the neurotransmitters so just the correct amount is kept. If the levels of our neurotransmitter digesting substances is elevated, then our levels of neurotransmitters drops, and we become depressed.

So why then would fruits and vegetables improve our mood? They contain substances that can be inhibitors of depression. Spices, such as clove, oregano, cinnamon, and nutmeg, can also inhibit the substance that digest neurotransmitters, but people don't eat enough to have an effect by themselves. There are special nutrients found in apples, berries, grapes, kale, onions, and green tea that may indeed affect our brain biology enough to improve our mood. It has been shown that those with superior mental health eat a lot of fruits and vegetables. And who doesn't want superior mental health... eat up!



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TRAVEL DISCOUNTS AVAILABLE TO OLDER TRAVELERS

Dear Savvy Senior:
What types of senior discounts are available to older travelers? My husband and I are approaching retirement and love to travel, but love to save money too. Almost Retired

Dear Almost:

There is actually wide variety of travel discounts available to older travelers – usually starting at either age 50, 55, 60, 62 or 65.

But, you first need to be aware that when it comes to senior travel bargains, the “senior discount” may not always be the best deal. Hotels, airlines and cruise lines, for example, offer advanced bookings along with special deals and promotions from time to time that may be a lower rate than what the senior discount is. Always ask about the lowest possible rate and the best deal available.

With that said, here’s a breakdown of some different senior travel discounts that are available today. Club memberships: If you’re a member of AARP, there are dozens of travel discounts available on hotels, rental cars, cruises and vacation packages. To find them, see discounts.aarp.org/travel or call 800-675-4318. Annual AARP membership fees are \$16 or less if you join for multiple years.

If you don’t like AARP, there are alternative organizations you can join like the Seniors Coalition or the American Seniors Association that offer discounts on hotels and rental cars.

Airlines: Southwest Airlines has the best senior fare program in the U.S., offering discounts to passengers 65 and older. American, United and Delta offer some senior fares too but they are extremely limited.

Trains: Amtrak provides a 15 percent discount to travelers 62 and older, and a 10 percent discount to passengers over age 60 on cross-border services operated jointly by Amtrak and VIA Rail Canada.

Bus travel: Greyhound offers a 5 percent discount on unrestricted fares to seniors over 62. Peter Pan, which serves the Northeast region of the U.S., offers the same deal. Trailways, a privately owned bus company also provides senior discounts but they vary by location. And, most local bus lines and public transportation offer discounted senior passes.

Car rentals: Most car rental companies offer 5 to 25 percent discounts to customers who belong to 50-and-older organizations like AARP. Discounts are also available to AAA members. To shop around for the best rental car deals use travel aggregator sites like orbitz.com or kayak.com.

Hotels: Most hotels in the U.S. offer senior discounts ranging between 10 and 30 percent off. Age eligibility will vary by hotel. Hyatt offers one of the biggest discounts, up to 50 percent off, to guest 62 and older.


Cruises: Most cruise lines offer special deals to AARP members. But, if you’re not a member, discounts on some cruise lines (like Carnival, Norwegian and Royal Caribbean) are also available to passengers 55 and older. The best way to find these is to contact a travel agent, or check with the cruise line your interested in.

Restaurants: Senior discounts are fairly common at mom-and-pop and family-style restaurants, as well as fast food establishments. The discounts will range from free coffee, to drinks, to discounts off your total order. Chains known for their senior discounts or specials include Burger King, Chick-fil-A, Church’s Chicken, Dairy Queen, Dunkin Donuts, IHOP, Subway and Wendy’s.

Entertainment: Most movie theaters, plays, ballets, symphonies, museums, zoos, aquariums, golf courses and even ski slopes provide reduced admission to seniors over 60 or 65. If you’re over 62, you’re also eligible for the popular “America The Beautiful Senior Pass,” which provides a lifetime entry to 2,000 national parks and recreation sites. You can obtain this pass in person at one of the federal recreation sites for \$10, or through the mail (see store.usgs.gov/pass/senior.html) for \$20.

To look for other travel discounts see seniordiscounts.com, a great website that lets you search by location and category for free.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.



KATIE TseThis and That COUNT DOWN!

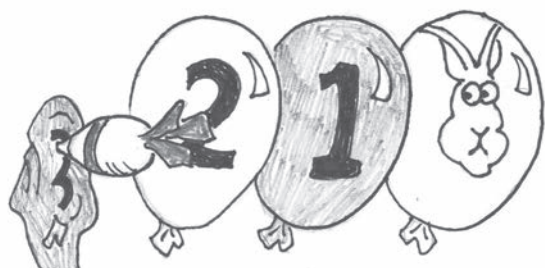
“It’s the most wonderful time of the year!” That song is typically played at Christmas, but if you have school-age children or know people who work at elementary schools, you’ve probably heard them humming it lately. I have several friends and relatives in education, but I draw most of my information from my mom’s 30 plus years of teaching third grade in a public school.

Some years, the count down to the last day began the first week of school! My mom’s district printed the calendar of the entire school year on a single sheet of paper, with each week represented by a small box containing five dots. Holidays or “student free days” (a.k.a. professional development) were represented by a minus or pound sign. My mom highlighted all the non-dot days, and every Friday she’d shear another week off the page. My grandma used to tell her that she was clipping her life away. But, as my mom put it, “The time’s going to pass either way. Why not celebrate it?”

That’s how a lot of people in education see the countdown to summer. I’ve heard of many creative ways teachers make the arrival of the last day more exciting. Nearly every school has a white board in the lounge, and the office staff start numbering the remaining days starting from 20 if it’s been a decent year, and maybe 30 if the year’s been rough. Some people write the numbers on squares of toilet paper and rip one off each day.

Other imaginative methods include attaching small balloons, each with the number of remaining days, to a corkboard and popping them with darts. I like that idea, but with the heightened security at schools, I somehow doubt that darts are allowed on campus.

With all the excitement surrounding summer, we can forget those people who start counting the days until school starts again --parents! One of my favorite television ads was for Staples and first aired in the 90’s. The ad came out around September, and featured an exuberant father sailing down the aisle at Staples on a shopping cart with two sullen school-aged children in tow. They scowled at him as he flung notebooks, pencils, and other school supplies into the cart. People in education can identify with the children, facing the year ahead of them. But for the parents, it is “The Most Wonderful Time of the Year!”



READY PAWN



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Sat. 9 AM - 6 PM



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SENIOR HAPPENINGS


FYI - STC (SENIOR TEXTING CODES) from Jonathon McKee

Since more and more seniors citizens are texting and tweeting, there appears to be a need for a STC (Senior Texting Code). If you qualify for senior discounts, these are the codes for you:

ATD:	At The Doctor’s
BFF:	Best Friend Farted
BTW:	Bring The Wheelchair
BYOT:	Bring Your Own Teeth
CBM:	Covered By Medicare
CUATSC:	See You At The Senior Center
DWI:	Driving While Incontinent
FWB:	Friend With Beta Blockers
FWIW:	Forgot Where I Was
FYI:	Found Your Insulin
GGPBL:	Gotta Go, Pacemaker Battery Low!
GHA:	Got Heartburn Again
IMHO:	Is My Hearing-Aid On?
LMDO:	Laughing My Dentures Out
LOL:	Living On Lipitor
LWO:	Lawrence Welk’s On
OMMR:	On My Massage Recliner
OMSG:	Oh My! Sorry, Gas.
ROFL... CGU:	Rolling On The Floor Laughing... Can’t Get Up
TTYL:	Talk To You Louder
WAITT:	Who Am I Talking To?
WTP:	Where’s The Prunes?
WWNO:	Walker Wheels Need Oil

 **HELPFUL HINT:** Got Ants? To banish ants from the kitchen, find out where they are coming in and cover the hole with petroleum jelly. Ants won’t trek through the jelly. If they are coming under a door, draw a line on the floor with chalk. The little bugs also won’t cross a line of chalk.


FOR YOUR FUNNY BONE
An elderly woman died last month. Having never married, she requested no male pallbearers. In her handwritten instructions for her memorial service, she wrote, “They wouldn’t take me out while I was alive, I don’t want them to take me out when I’m dead!”



HAPPY BIRTHDAY! ... May Birthdays*

Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathieson, Dorothy Murphy, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck, Jane Thomas, Ray Burley. . *To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week: “Live your beliefs and you can turn the world around.”
Henry David Thoreau



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Monday, January 27th 11:00 to 11:45 with Shannon Vandevelde. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Chair Yoga Update: This class has become so popular that Instructor Paul Hagen has agreed to offer another class. Starting Monday, April 7th chair yoga will meet twice a week on Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. Due to the demand for this class and Paul Hagen’s time a suggested donation of \$5 at one of the classes is requested, but is not required. If you have any questions please feel free to stop by or give us a call 626.355.7394

Free Legal Consultation: Pasadena attorney Lem Makupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. ***Appointments are a must!** Please call: 626.355.7394 to make yours

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and “celebration.” (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

LUNCH & LEARN: EXTREME HEAT Wednesday, May 28th • 12:00 to 1:00 pm
As you prepare for the summer season it is important to take preventative measures to avoid heat related illnesses such as heat exhaustion and heat stroke. Debra Watson, LVN from Home Care Providers, will provide educational materials and tips to avoid these dangerous conditions. Mark your calendars and don’t miss this great presentation with valuable information. If you would like to have lunch during the talk please call the Senior Lunch Café at 626.355.0256 or bring your own.

SEASONAL FUN AT THE SENIOR CENTER
On Thursday, May 15th join us and the Garden Club in making FREE Succulent Gardens. You will be able to create your own mini garden to take home. The activity will take place from 10:30 to 11:45, reservations are required. If you have any questions please feel free to stop by or give us a call at 626.355.7394.

UPCOMING EXCURSIONS:

Ronald Reagan Presidential Library & Museum (Simi Valley, CA) Date: Friday, May 16, 2014
Time: 9:00am to 3:30pm
Meeting Location: Hart Park House Senior Center Cost: \$20.00 (does not include lunch)
Spend the day exploring the Ronald Reagan Presidential Library and Museum. The guided tour is approximately 2 hours and includes an opportunity to see Air Force One, a replica of the Oval Office, and the exhibit “Honoring Legends of Baseball,” a limited time engagement. The special exhibit will display extraordinary artifacts from Babe Ruth, Joe DiMaggio, Lou Gehrig, Jackie Robinson, the Los Angeles Dodgers, and scores of other historically important players and organizations. Participants are asked to bring additional money for souvenirs and lunch; two restaurants are available on site. Last day to register is Thursday, May 1. **Level of Walking: Moderate**

SENIOR CINEMA: 1ST & 3RD WEDNESDAY

Change in Venue Shown at the Hart Park House Senior Center

May 7th: Saving Mr. Banks (2013)

Author P.L. Travers reflects on her childhood after reluctantly meeting with Walt Disney, who seeks to adapt her Mary Poppins books for the big screen. Rated PG-13, Start time: 1:00 pm (run time 125 minutes) Featuring: Emma Thompson, Tom Hanks, and Annie Rose Buckley

May 21st: Captain Phillips (2013)

The true story of Captain Richard Phillips and the 2009 hijacking by Somali pirates of the US-flagged MV Maersk Alabama, the first American cargo ship to be hijacked in two hundred years. Rated PG-13, Start time: 1:00 pm (run time 143 minutes) Featuring: Tom Hanks and Barkhad Abdirahman.

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Call Patricia at 626-818-2698 Today!



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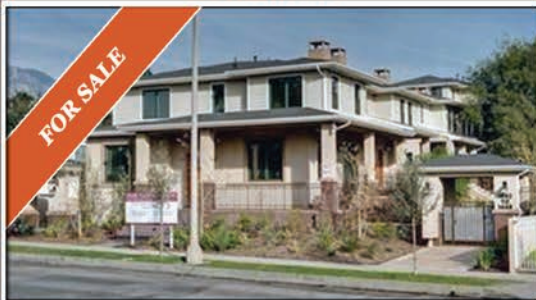
1094 Sinaloa Ave.,
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SOLD

Beautiful yet cozy home in the pleasant neighborhood of Pasadena. Home offers 2 bed/1 bath, with a bonus room behind the garage which includes a 3/4 bathroom as well. Listed price \$459,000. Call Luther for more info 626-507-3029.

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PROPERTIES

INFORMATION CENTER OPEN Now Welcoming Visitors



The Kensington is pleased to join the San Gabriel Valley

The Kensington is an assisted living and memory care residence currently under construction in the heart of Sierra Madre.

It will be a beautiful community for seniors where we promise to love and care for your family as we do our own. The Kensington will offer an enhanced program of care for seniors, beyond what the traditional assisted living community can deliver. A full spectrum of clinical support will be available, and no resident will need to move out if assisted living health care needs change or increase. Two levels of memory care—Connections and Haven—will meet the needs of residents with any stage of memory loss.

**To learn more, please reach
Brandy Valencia, our Executive Director,
by calling 626-355-5700.
Or, visit our on-site Information Center.**



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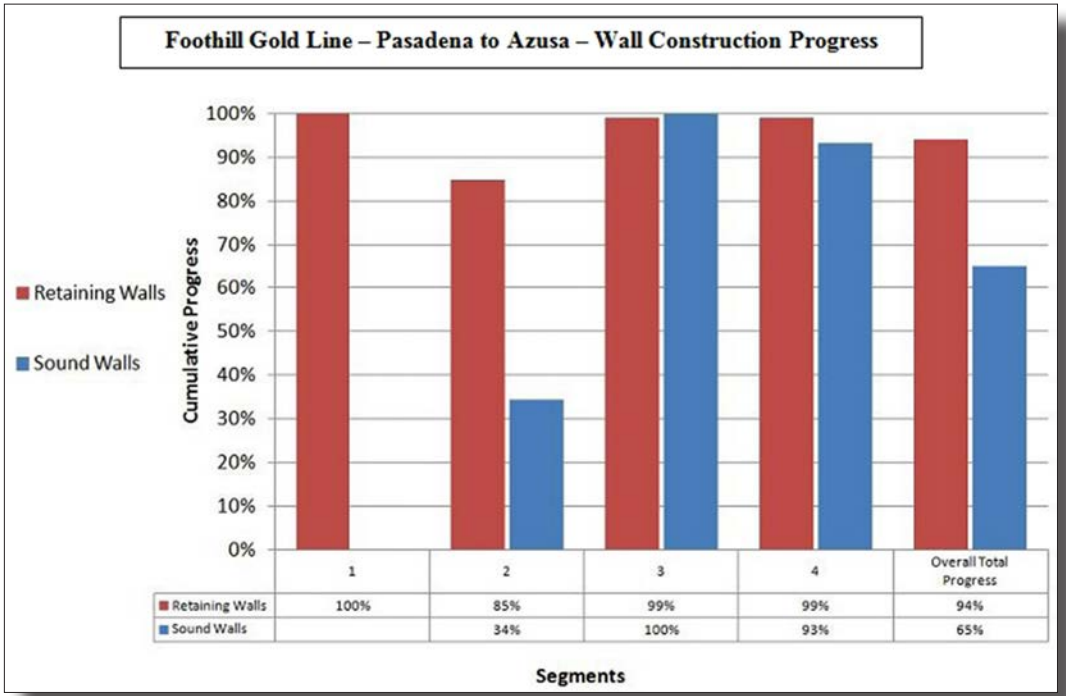
AROUND SAN GABRIEL VALLEY & THE STATE

FOOTHILL EXTENSION: Pasadena to Azusa Update

Work on the 11.5-mile Foothill Gold Line light rail project from Pasadena to Azusa continues on time and on budget. This month, crews are completing two more at-grade crossings (Myrtle Ave in Monrovia and San Gabriel Ave in Azusa); leaving only three of the 14 at-grade crossings to be completed. Work is now underway on all three - Magnolia Ave and Mountain Ave in Monrovia and Virginia Ave in Azusa. Mountain Ave will be closing for approximately eight months total (in phases), to allow crews to not only complete the grade crossing work, but also reconstruct the intersection of Mountain Ave and Duarte Rd to improve safety and visibility.

Construction has started on all six stations, and canopy structures are now installed at the three westernmost stations - Arcadia, Monrovia and Duarte. Nearly all of the project's two dozen bridge structures are now complete and light rail track is being installed west of Irwindale. The Overhead Catenary System poles are starting to be put in place, and miles of soundwalls and retaining walls are now installed. See the chart below for details about wall construction progress.

Recently, the California Public Utilities Commission (CPUC) approved the Construction Authority's



request for noise mitigation for intersections near sensitive receptors (like homes, schools, hospitals, etc.) in the portion of the project that only has light rail. The CPUC approved installation of shrouds around the crossing bells to direct the noise down to the intersection, as well as the silencing of the bells once the gates are in the horizontal position, for the following at-grade crossings: Mayflower Ave, Magnolia Ave, California Ave, Mountain Ave and Buena Vista St. These measures have worked well in cities along the current operational Gold Line. The Construction Authority has submitted a request to implement similar measures at crossings in the city of Azusa, where the light rail is within a shared corridor with BNSF Railway. A decision is forthcoming.

JANE FULLER: Musical Artist & Educational Crusader

By Christopher Nyerges

Sierra Madre resident Jane Fuller is a musical artist who's also on a crusade to increase America's educational level.

Fuller was interested in music from an early age, and began piano lesson at age 10. Eventually, she was given a guitar and she's played it ever since. She began by playing guitar at Mass, and eventually, began playing guitar for the masses.

When she went to college, she was majoring in music, but one day her father asked her how she expected to make a living as a musician. Her father suggested that with a music degree, she might end up with a job washing dishes.

"Actually," says Jane with a smile, "if I did get that music degree, there would have been jobs out there, teaching, etc. But I knew my dad was very concerned about my welfare and security, and I changed my major to creative writing. My dad approved, telling me that you could get more jobs with a writing degree. And as much as I hate to admit my dad was right, I did get more job offers from my writing background."

Twenty-some years ago, Fuller began teaching grammar school, and she still teaches. She loves teaching with the grammar school students, and it has inspired her songs and her upcoming book.

Fuller's most recent CD is called "Someone to Listen." She explains

that her favorite song on the CD is "It's Because of You." "This one was inspired by a boy who I taught Kindergarten through second grade, and he struggled terribly with reading, and wasn't getting support at home. Then, one day in second grade he started decoding letters and I could see that he had a breakthrough. He got excited and said 'I'm reading, huh, teacher?' And I said, yeah you are, and he got very quiet and his eyes glowed and he said 'its because of you.' That incident inspired that song."

Fuller explains that when she writes, the music usually comes first and then the words come to her. She often has a theme, and she thinks of each song in a CD as the chapters to a book.

Fuller thinks of her latest, "Someone to Listen," as a book with each song being a chapter.

Fuller's ongoing project, to be finished soon, is a book tentatively titled "Someone to Listen." She thinks that the subtitle will be "Things you can do to improve education that don't cost a cent."

The book will cater to teachers, parents, and anyone learning something new.

"When people say to spend more money on education, I think that the real solution to our educational problems is not spending more money, but to re-discover what teaching is all about. Of course the individual has to want to



learn, but the teacher can be very inspirational in the goal," says Fuller, who wants to pass along in her book many of the solutions for meaningful learning. Part of the solution involves teamwork (with parents, and the community), and re-discovering the library. She points out that we have so many resources available to us today that we all should be learning new useful things all the time.

"The teachers and parents need to get the student to see that it really feels good to master a skill and to learn," says the educational crusader Jane Fuller.

You can learn about Jane Fuller's musical appearances at www.janefuller.com. If you're interested in her CDs, she suggests you go to CDBaby.com to get a download or hardcopy of her CDs.

TEMPLE CITY SHERIFF'S STATION CRIME TRENDS

The Los Angeles County Sheriff's Department's Temple Station is proud to provide premier law enforcement services to the following cities and communities: Bradbury, Duarte, Rosemead, South El Monte and Temple City; and the unincorporated areas of South San Gabriel, El Monte, Monrovia, Arcadia, Duarte, East Pasadena, and North San Gabriel. Statistics for the month of March have been plotted by our crime analyst, which provides an overview of reported crimes. Based on the statistics, please take the time to evaluate your personal, home and business security plans.

Residential, commercial and vehicle burglary rates continue to rise within our jurisdiction. Tips and information provided each month are provided to help keep you and your property safe. It can only be truly effective when you use the information at home and within your businesses. Currently, crime trends show an influx of thefts involving automotive batteries, wood pallets and auto burglaries. Temple Station actively researches and employs available technology to help the patrol deputies in the field, but we need you to join in and do your part to minimize your vulnerability of becoming a victim. Besides being alert and observant of activities in your neighborhoods and business districts, communicate. Talk to your neighbors. Attend neighborhood watch meetings and other community forums. Accurate and timely information is vital to identifying and apprehending criminals. Write down serial numbers and/or take pictures of valuable property. Keep documents, which are included with computers and other big ticket items which have model and serial numbers. It is important when criminals are found in possession of property that might be stolen for us to quickly and accurately identify the rightful owners. The trend of stealing automotive type batteries is on the rise. Etch your initials or other symbol unique to you on the battery case. It is not recommended to place numbers on your property such as social security numbers because they could be used in identity theft schemes.

With the cost of energy rising, many of us are inclined to open windows rather than use air conditioners and coolers during warmer temperatures. Please do not forget to lock them when you leave. If you intend to leave them open while sleeping, consider attaching a bell or something that will alert you if someone tampers or tries to make entry. Again, retail tool outlets and home improvement centers offer battery powered devices, which attach quite easily to doors and windows and emit a loud shrill when activated. Contact and impact activated devices are available at a reasonable cost. As with any alarm system it offers no guaranty, but the loud noise could be enough to ward off an intruder. While the Sheriff's Department does not endorse or recommend any particular brand, shop alarm or home monitoring companies like "simpli safe" for a security system that fits into most budgets.

If you are reading this article you have taken the first step in the fight against crime. Please call us if you are interested in information about our Station Volunteer or Reserve Deputy Sheriff programs. Information and communication is paramount to keep all of us informed about what is going on in your community, consider subscribing to "Nixle." To register or obtain more information go to <http://www.nixle.com/>.

If you need to report an incident, would like additional information or have suggestions concerning crime prevention or neighborhood/business watch programs, please call Temple Station at (626) 285-7171 or dial 9-1-1 for an emergency.

TEMPLE STATION MARCH 2014

	Bradbury	Duarte	Rosemead	So. El Monte	Temple City	Unincorp. Areas SSG/EMC, MAD, EPAS/NSG
Rape	0	0	2	0	1	0
Robbery	0	1	7	5	1	0
Assault	0	1	10	6	4	4
Residential Burglary	0	7	12	5	14	13
Commercial Burglary	0	0	10	17	2	3
Grand Theft	0	1	9	11	8	2
GTA	0	3	10	16	4	6
Vehicle Burglary	0	2	17	21	3	27

ALTADENA TOWN COUNCIL REP APPLICATIONS AVAILABLE *Deadline to file is May 16*

The Altadena Town Council Election Committee has made available Candidate Applications for this years' Census Tract Representative Election slated for Saturday, June 7th.

The unincorporated town of Altadena has eight census tracts, each with two Town Council representatives taking an alternating two-year term. The Council meets on the third Tuesday of each month at the Altadena Community Center, and is the voice of the community to the county supervisor, law enforcement and various utilities

Applications can be downloaded from AltadenaElection.org, AltadenaPoint.com, Altadenapatch.com and the Altadena Town Council website at AltadenaTownCouncil.org. Hard copies are available at the Altadena Community Center- 730 E. Altadena Dr. Altadena, CA 91001

The deadline for filing candidate applications is May 16th, 4:30 pm

Continuous candidate and election information throughout the election cycle can be found at AltadenaElection.org

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Looking Up

with Bob Eklund



ASTRONOMERS OBSERVE CORKSCREW NATURE OF LIGHT FROM DISTANT BLACK HOLE

For the first time an international team of astronomers has measured circular polarization in the bright flash of light from a dying star collapsing to a black hole, giving insight into an event that happened almost 11 billion years ago.

Dr. Peter Curran from the Curtin University node of the International Centre for Radio Astronomy Research (ICRAR) was part of the team that observed gamma-ray burst 121024A—a bright flash of light emitted by a dying star collapsing to a black hole—and found a surprising detail in the light they collected. The research was published May 1 in the journal Nature.

“Gamma-ray bursts are so powerful that we can see them clearly at extraordinary distances,” Dr. Curran said. “But this one was an unusual case, its light had a strange feature—it was circularly polarized.”

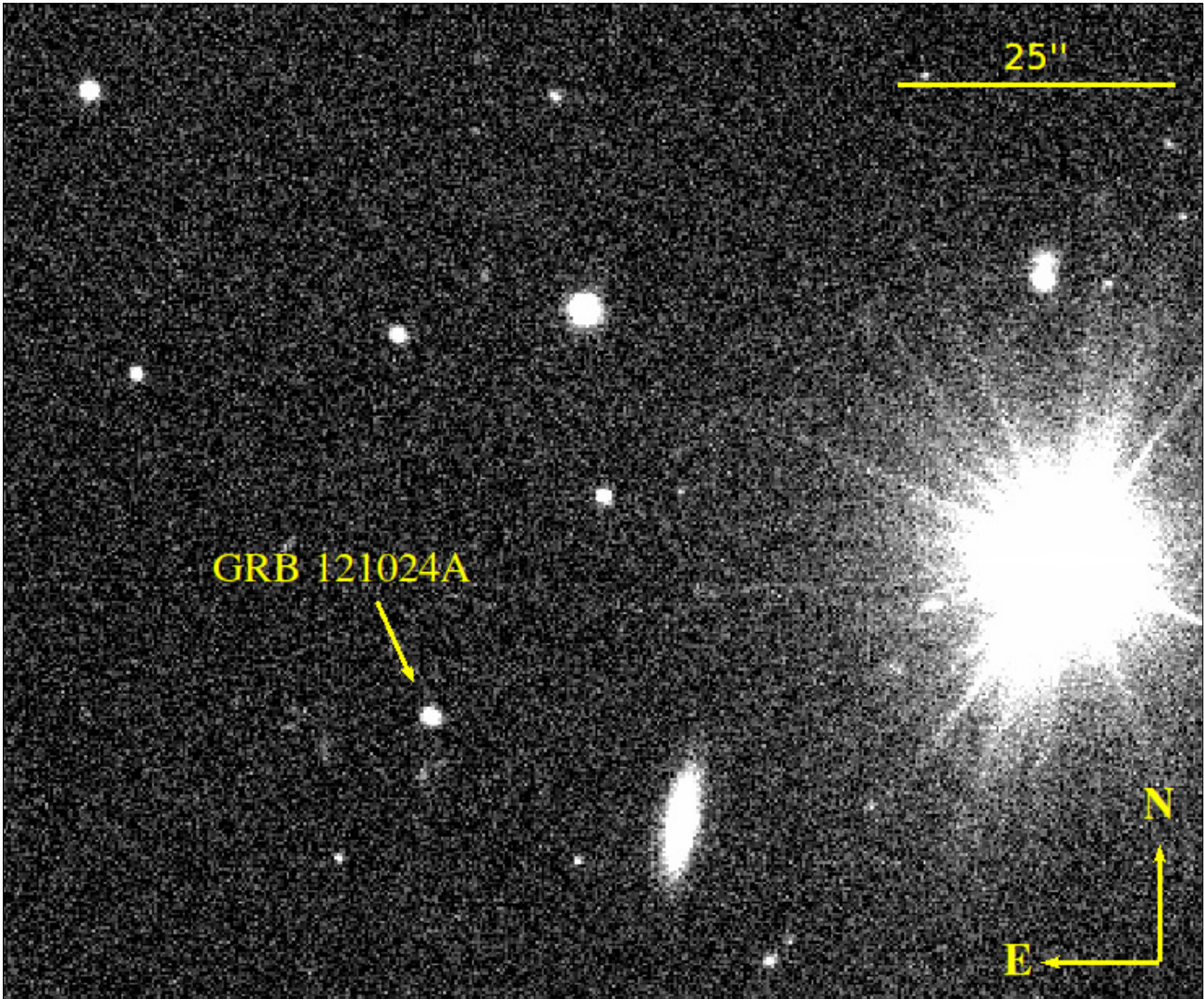
If light is polarized it means the waves are moving in a uniform way as they travel—either bouncing up and down or left and right for linear polarization, or in the case of circular polarization, corkscrewing around in a spiral motion. Dr. Curran said 3D movies make use of circular polarization by feeding a different image to each eye through special glasses, giving the illusion of depth while watching a film.

“Most light in the natural world is unpolarized, the waves are bouncing around at random,” he said. “But the light from this gamma-ray burst looked like it was part of a 3D movie—it was about 1,000 times more polarized than we expected. “This means that the assumptions we’ve been making about gamma-ray bursts need to be completely reconsidered—assumptions of how electrons are accelerated to the incredible speeds we observe. Our results show that gamma-ray bursts are far more complex than we thought,” he added.

Gamma-ray bursts are the brightest objects in the entire universe, only lasting a fraction of a second, but sending out as much energy in that time as the Sun will in its entire life. These bursts are emitted by dying stars collapsing to black holes that form jets of material traveling at over 99.995 percent of the speed of light. “These extreme objects are like super-powered versions of the world’s largest and most powerful particle accelerator, the Large Hadron Collider, except very far away in space,” Dr. Curran said.

“We can use them to study microscopic electrons and how they behave in extreme environments, at a great distance—in this case, 18,500 million light-years away, at a time when the universe was just a fraction of its current age. “This is the first time we’ve found circular polarization in the light from a gamma-ray burst, but we think we’ll find it in more bursts in the future, so we can start to pin down what’s actually happening when these bright flashes of energy are released.”

ICRAR is a joint venture between Curtin University and The University of Western Australia.



You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

JUST FOR BEST FRIENDS



LIFE’S TRUE TREASURES:
BREAKING THE ICE TO GIVE
ANIMALS A BREAK IN LIFE

Nothing makes me happier than to hear stories about people who go out of their way to assist animals in need, and with the mind-boggling number of shelter pets being euthanized in our country every day, I can’t think of a better way to help than to do what one can to save the lives of those animals waiting for their deadline on death row.

To me it is especially heart-warming when celebrities use their fame and fortune to help benefit programs that can prevent shelter animals from meeting their ultimate doom behind bars. Indeed, actors, artists and athletes who take the time out of their busy lives to share their celebrity power and resources in order to benefit rescued animals are among my favorite humans. It would be so easy to ignore the need, and no one would judge them if they didn’t pitch in, yet they do it because they are truly compassionate about the cause.

One man who chose to make a difference for the better on behalf of the animals is National Hockey League’s St. Louis Blues captain, Dave Backes. Although I have to admit I am not a huge sports fan, hockey is one sport that I do enjoy watching. That might be because my dad played hockey when he was growing up in Massachusetts, and later when I was young, he took me to several UAH hockey games in Huntsville, AL. They were the standing college league champs at the time, so it was a very exciting experience for me to witness their repeated victories, season after season.

Dave Backes has used his sports celebrity status to help break the ice between would-be pet shoppers and shelter pets, by exposing the fact that, just because a dog or cat ends up in a shelter does not make it an undesirable pet. In fact, on the contrary most of the animals that are ultimately adopted from shelters turn out to be among the most grateful and loyal pets you could possibly hope to own!

A veteran of almost 500 NHL games, Backes has succeeded in taking rescue to the next level, by being a tireless supporter of animal rescue and by setting an example and sharing his own personal experience with adopting shelter pets himself. Backes got his first taste of animal rescue as a young boy when his family took in a small Poodle a neighbor no longer wanted. With that seed planted early in his life, Backes’ interest in animal rescue truly took hold when he and his wife Kelly were students at Minnesota State University, Mankato. That’s when he began volunteering at a local shelter.

When Backes and his wife moved to St. Louis, Mo., to be part of the Blues organization in 2007, they sought out ways to become involved in the community and found Five Acres Animal Shelter in St. Charles. During their time of involvement with the shelter, they worked on numerous projects, including a \$1 million capital campaign to finance the construction of two new buildings. Recently, Kelly and David stepped away from their duties on the Five Acres’ board to concentrate on the next step; the formation of their very own rescue organization!

Backes now hopes to share his and Kelly’s good work in organizing an animal rescue, as a template for players in all four major sports to use in starting more rescue facilities in cities throughout the United States. What an awesome way to play it forward! A major part of that good work is educating the public on animal adoption, and networking with others who are equally compassionate about the cause.

At the heart of Backes’ goal to proliferate the idea of adoption, is his effort to convince people who are considering pet ownership that rescued animals actually make excellent pets. His desire is to prove through his own experience and that of millions of other Americans who have adopted rather than shopped, that shelter pets waiting for forever homes are equally worthy and valuable to any pet you might find by shopping from backyard breeders or puppy farms. Indeed, many adopted shelter animals have proven to have less health problems and even less behavioral issues than those bred and sold intentionally.

I hope David and Kelly Backes will continue their good work, and succeed in clearing the air and breaking the ice, to help more and more shelter animals find homes before it’s too late. The idea that a pet is better because it was bred from a well-known sire, or because it has all the proper marks for it’s breed is simply passe. It’s time for all of us to re-think the concept of pet ownership. We humans have allowed far too much “accidental” breeding to occur by not spaying and euthanizing, and we have also exacerbated the problem through encouraging intentional breeding by shopping and not adopting.

Let’s all get on board with David and Kelly Backes and use whatever resources we have to help educate others on the value of adopting rescued shelter pets. I myself am a witness to the fact that adopting versus shopping can be one of the most uplifting experiences in life. Knowing that I was able to save the lives of such grateful souls as my two girls, Tater and Molly brings me an immense amount of joy. I only wish I could save more. We all need to do our part to turn the table on mass euthanasia in our country. Simply put, it is a cruel and unusual practice.

Kudos to you, David and Kelly Backes, for using your celebrity powers for such an awesome cause. Keep up the good work, and thank you for having so much compassion for the animals!

Source: Bark Magazine, Spring 2014.



LOOKING FOR A BEST FRIEND?

Dollar and Peso were surrendered to the shelter together from the same home because their owner could no longer care for them. They look like they are siblings, although Dollar is a little older than Peso. Dollar is about 9 years old, weighs a little over 9 pounds. Peso is 8 years old and weighs just under 8 pounds. They are Chihuahua boys, and are very similar in color and appearance. Even though they are considered “senior” dogs, they are very active and seem to be in good health.



We understand that these boys spent most of their time in the backyard, and were not used to being picked up and handled. When they first came to the shelter, they were not comfortable being handled much, but they enjoy going for walks, and both do very well on the leash.

As volunteers and staff have spent more time with Dollar and Peso, they are becoming more relaxed with touching and petting, and even occasional time on the lap. We have found that Dollar enjoys having his back massaged, and Peso is becoming receptive to cuddling. We see progress each time they are taken for walks or social time, which is usually 2-3 times a week.

Both Dollar and Peso seem to get along well with the other dogs they have encountered at the shelter.

These good-looking boys have short hair and are easy to groom. They are bonded with each other and would love to go to their new forever homes together, but they can also be adopted separately. They would qualify for our “Senior for Senior” program with a reduced adoption rate for any senior that would be interested in taking them home. If they are adopted together, they would qualify for our Buddy Adoption rate.

They currently reside at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a ‘Meet and Greet’ with these special boys (aka....10019 and 10020), please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

The adoption fee for a small dog is \$120 which includes neuter surgery, microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Dollar and Peso.

See our website at www.sgvhumane.org for information and photos of all our available pets.

PET OF THE WEEK: RILEY

ANIMAL ID #A4700680

Meet Riley, an adorable little pup whose good looks and sweet personality are sure to steal anyone’s heart! Riley (A4700680) is a cheerful 7-month-old tan-and-white male Terrier mix puppy who was found in Covina and brought to the Baldwin Park Animal Care Center on April 24th. Weighing almost 12 pounds, Riley is a sweet, scruffy-bearded boy who loves to cuddle and get belly rubs! He walks OK on the leash but prefers to be held and carried. In fact, if you are holding him and set him down, he immediately runs right back to you and crawls back into your lap! This gorgeous boy with stunning hazel eyes has roommates at the shelter and gets along happily with them, so we predict that he will get along well in a multi-dog household. Riley will make a great indoor pet for any individual or family living in any situation. To see a video of Riley, please visit: <http://youtu.be/UcQSie28uC0>



To meet Riley in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is available now. For any inquiries about Riley, please reference his animal ID number: A4700680. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Riley or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals’ partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



SEAN'S SHAMELESS REVIEWS:

By Sean Kayden

FEAR OF MEN

"Loom" marks the debut LP from Bridgton based band, Fear Of Men. The band was created in 2010 when Jessica Weiss and Daniel Falvey got together when meeting at an art exhibition. The duo expanded into a quartet shortly afterward to pursue this new endeavor. Fear Of Men is a pristine pop outfit that specializes in jangly guitar pop, but with lyrics that are dour. The cool thing about this band is they create everything—

from artwork, to produce their own music and direct their own music videos. Weiss' vocals are heavenly, delicate as a bouquet of flowers. The juxtaposition on "Loom" is the gorgeous vocals paired with despairing lyrics. Fear Of Men's first full length is full of lush, dreamlike melodies that are extraordinarily difficult to overlook. The stark beauty along with the ocean serene echo found here will have you leaving from a daze back into reality.

Artist:	Fear Of Men
Album:	Loom
Label:	Kanine Records
Release Date:	April 22, 2014

There is something truly refreshing about "Loom." Perhaps the thought-provoking lyrics that generate a complexity rarely heard in jangly pop music. Track-by-track everything seems incredibly unified. The band took their creative talents found on their 2013 EP record, "Early Fragments," from there they launched their construction of "Loom." Weiss' enchanting vocals along with Falvey's surreal bouncy guitar layout work fantastically well in unison. The sullen lyrics correspond to a more mature outlook on life while the arrangements embody a more youthful sound. The duality here works wonders allowing for Fear Of Men to truly stand out amongst the sea of indie rockers. It's difficult to find a false beat here as each of the eleven tracks offer something to hold on to, something to believe in. The mixture of upbeat tempos alongside melancholy vibes allows for diversity. "Loom" conveys a yearning to simply live again with expressively angst words paired with a buoyant sound that is not easily matched.

The record begins and ends with identically named tracks. The intro and outro are easily the most minimalistic songs on "Loom." The stripped down acoustic tune is a proper end to a record that's full of life. Sadly, that life is filled with distress and personal pain. "Loom" is a fascinating record that walks down two roads—one paved with obscurity and sorrow, the other with brightness and hopefulness. The roads finally meet at the end, and with ambiguity present, the world keeps spinning. "Loom" is just here to remind us that with darkness, light can still creep in even if it's little by little, inch by inch.

Grade: 8 out of 10

Key Tracks: "Tephra," "Seer," "Descent," "Inside"

Jeff's Book Picks

By Jeff Brown

SERVANTS: A DOWNSTAIRS HISTORY OF BRITAIN FROM THE NINETEENTH CENTURY TO MODERN TIMES

by Lucy Lethbridge

This is a book about the lives of British servants and the upper crust they served. From the immense staff running a lavish Edwardian estate to the poor child doing chores in a slightly less poor household, servants were essential to the British way of life. They were hired not only for their skills but also to demonstrate the social standing of their employers. More than simply the laboring class serving the upper crust, they were a diverse group that shaped and witnessed major changes in the modern home, family, and social order. Spanning over a hundred years, Lethbridge brings to life through letters and diaries the voices of countless men and women who have been largely ignored by the historical record. She also interviews former and current servants for their recollections of this waning profession. A compassionate and discerning exploration of the complex relationship between the server, the served, and the world they lived in. Servants opens a window onto British society from the Edwardian period to the present. With 17 illustrations.



THE RED DEVIL : TO HELL WITH CANCER AND BACK

by Katherine Russell Rich

The Red Devil is a bold, wickedly funny tale of illness, joy, and the improbable triumph of love in the midst of despair. When Katherine Russell Rich was thirty two, a newly divorced, high-powered magazine editor living a glamorous life in New York City, her multi year ordeal with cancer began. Soon she was bald, scrambled, and living in two worlds simultaneously: the world of the ill, filled with treatments, exhaustion, and doctors as focused on avoiding malpractice suits as on healing; and the "normal" world, where dating, career, vacations, and 401(k) plans still matter. Alternately wise and wise-cracking, Rich serves up vignettes from the surreal world only the ill know: the MS patient who crashes her support group, the doctor who fires her patient, dating while bald, working without a brain, and smoking with cancer. Here is a woman who has been brought to her knees by disease several times, only to get up and learn to dance, with grace, even.

AWAKENING TO THE NATURAL STATE

by John Wheeler

John Wheeler met Bob Adamson (a student of Nisargadatta Maharaj) on a trip to Australia in 2003. In short order, Bob cleared up John's doubts and questions and pointed out to him the fact of our real nature: self-shining, ever-present awareness. Bob has encouraged John to share this understanding of 'who we really are.' The articles contained in this book cover some of John's experiences with meeting Bob and various aspects of the understanding which subsequently unfolded. Interspersed with these are chapters of email correspondence with enquirers who have been drawn to this radical and direct approach to self-realisation. His simple and direct explanations are wonderful.

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FAMILY MATTERS

By Marc Garlett



THE WEALTH CREATION TRUST:

A Gift that keeps on giving

The perfect gift for your child or grandchild on the occasion of their birth, Bar or Bat Mitzvah, Sweet 16 or Quinceañera cannot be found in any store. Instead, the hopes and wishes you have for your child's (or grandchild's) future can best be expressed with a gift of security, resources and a foundation of love - the establishment of a wealth creation trust.

When a new child is welcomed into the family or a child turns 13 , 16, graduates from college or has another milestone event, it is not uncommon for grandparents or other family members to want to give that child a monetary gift.

In most cases, a check written to the parents, or perhaps to the child, and put into a custodial account at the bank. The problems with this type of gifting are several:

1. Often, the parents cash the check, commingle the funds into the family accounts, and even though intentions are good, the child never gets to see the benefit (you'd be surprised how often this happens);
2. The money is put into a custodial account, the child accesses the account at 18 (or perhaps 21) and uses it to buy a car, fund a backpacking trip, or even buy a house; but the decision about how to utilize the money is made without thought or foresight for the future and oftentimes the money is squandered;
3. The money is used to pay for college, counting against the child for purposes of financial aid, effectively squandering the money;
4. The money is used by the child after he or she is married, commingled with the assets of a spouse and lost in a divorce, squandered.

But, there is a far better way, which is good for your family members who want to make gifts, good for you as the parents of your child, good for your child, and great for the world.

Establish a Wealth Creation Trust for your child (or grandchild) as a birthday (or birth) gift and let everyone in your family know that all gifts for the child should be made out to the Trustee of the [Name of Child] Wealth Creation Trust.

Then, when your child gets to be an age specified in the Trust, he or she can step into the role of Co-Trustee, learning how to operate the Trust and best utilize the funds in the Trust. He or she will be trained on the best types of investments for the Trust (my recommendation is first and foremost self-care, well-being programs and entrepreneurial training for the child, and then one or more entrepreneurial ventures the child is involved in) which have the possibility of doing a lot of good in the world and earning a healthy return on investment in the form of appreciation and purposeful, aligned work by the child.


Your child will learn the purpose of the Trust (to encourage the creation of wealth from one generation to the next, rather than the squandering or wasting of assets); how to protect it (keep the investments in the name of the Trust, regardless of how funds are used, so always title investments properly and sign on behalf of the Trust); and how to create more wealth in the future using the Trust assets.

Now, the gift you created when your child was just born, or achieved a specific life milestone becomes not just a vehicle of financial security, but education and impact for a lifetime and beyond.

Gifts up to \$14,000 per year (in 2014) per person can be made into such a Trust for your child without the need to file a gift tax return.

If you would like to learn more about how to establish a wealth creation trust to secure the financial future of your children, grandchildren and beyond while encouraging and educating them to create more wealth in the world (rather than squandering what you've worked so hard to create), contact my office for a Family Wealth Planning Session.

Marc, a local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children) is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024.



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Tips of the Trade:
Real Estate Revealed

by Luther Tsinoglou

WHAT TO KNOW
ABOUT ESCROW

When you buy a home, or just make an offer, you will encounter the term “escrow account.” Like making a friendly bet and asking a third party to hold the wager money, the “escrow agent” is the neutral party that holds funds in the interest of the mortgage lender and the borrower.

When the terms of the purchase and loan agreements have been met, the money is released. When your application is approved and the loan takes effect, the lender will likely require money for property taxes and homeowner’s insurance also to be held in escrow. These funds are added to your monthly mortgage payment and disbursed when the tax and insurance bills are due.

This protects the lender by ensuring a lien isn’t placed against your property for non-payment of taxes, and your home (their collateral) is protected against catastrophe. But escrow also benefits borrowers by spreading the large annual payments for taxes and insurance over twelve months.

For example, if your taxes are \$1,600 per year and your insurance is \$800, you’re budgeting a reasonable \$200 per month instead of making two big payments. Escrow accounts do not earn interest, so if you make a large enough downpayment, you may be able to avoid the monthly escrow and pay the bills directly. Ask your agent and your lender about the pros and cons.



Social Media

Tips & Tricks

By Merri Jill Finstrom



7 THINGS TO DO TO SHAKE UP YOUR SOCIAL
MEDIA AND EMAIL MARKETING CONTENT

If you are posting the same social media content over and over and sending out the same content in your email campaigns, your content can start to become background noise and may not stand out from the crowds.

If you want to get some more action on your content, here are 7 ideas that might help shake things up and engage your audience.

1. Ask interesting questions. Open-ended questions tend to get the best action on social media. With email marketing, you might try a survey or poll and give people something interesting to participate in.
2. Share information about trends in your industry that could be potential game changers.
3. Take advantage of trending news events and put your voice in the conversation.
4. Add photos to your posts or better yet a photo album with lots of interesting images.
5. Think outside of the box, as a matter of fact, forget the stinking box altogether.
6. Offer an incentive for you social media audience to join your Email marketing list. In Constant Contact you can set up your welcome message to reward the new sign-ups with some type of discount on a new order or you could try the Constant Contact Social Campaign tool to grow both your “Likes” and Email list.
7. Tell the “behind the scenes” story and give your audience the “insider’s scoop.” Make them feel like they are getting exclusive information from you.

Ask yourself.... is your Social Media presence a desert or is it a landscaped garden? Doing the same thing over and over may not be the best way to grow your presence. To stand out, you need to shake it up

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. “Like” them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule.

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What's on YOUR Mind?



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Mountain Views News Mission Statement
The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RICH Johnson



FIRST GRADE FRACTURED PROVERBS

A particularly fulfilling part of my life were the years 1994 through 2002. Those years my kids were going through elementary and middle school at Bethany Christian School here in Sierra Madre. I admit I got a little involved. 7 years as President of the Parent Teacher Organization (called PTF not PTA). And several of those years on the school board. A couple highlights of those years: First, every Tuesday at noontime for years I barbecued hamburgers in the outside “Quad” of the school. I made such an impact that to this day I’ll have 25+ year olds walking up to me on the street greeting me as Mr. Hamburger Man. It could be worse.

Another wonderful memory was the day I talked to God on the phone in front of 350 children in an assembly. I actually didn’t talk to God. I asked the kids at this assembly whether God wanted us to be happy. I said let’s call God and ask him. I had pre-recorded the voice of God (a radio news friend named Phil Reed who sounded like God). I then timed my lines to carry on what sounded like a conversation. The next day several Kindergarten parents came to school wondering why their children came home the previous day insisting I had talked to God on the phone and they had heard him. They did!

I also spent a fair amount of time in the various classrooms causing mischief and occasionally teaching something. My own personal crowning achievement was the creation of a rather funny document. I can call it funny as I really didn’t create it. The kids did. (There may be a couple added from the internet but most were the product of Bethany first graders fertile imagination).

What I did was give the students the first half of a proverb leaving the second half blank. I then invited them to “finish” the proverb. This is what we came up with. Better to be safe than...punch a 5th grader! Strike while the...bug is close! It’s always darkest before...daylight savings time! Never underestimate the power of...termites! Don’t bite the hand that...looks dirty! A miss is as good as a...Mister! You can’t teach an old dog...math If you lie down with dogs, you...will stink in the morning! Where there is smoke, there’s...pollution! Happy is the bride who...gets all the presents! A penny saved is...not much! Two is company, three is...the Musketeers! Children should be seen and not...spanked or grounded! If at first you don’t succeed...get new batteries! You get out of something what you...see pictured on the box! When the blind lead the blind...get out of the way! Laugh and the whole world laughs with you. Cry and...you have to blow your nose.

Those first graders are now the 25 year olds who stop me on the street. If you are reading this and have kids or grandkids in elementary school, do whatever you can do to get the time to spend with them and their fellow students in the classroom or on field trips. There is not much you will find more rewarding then that time spent. If you wonder why I often come across as a goofy child you now know why. You can do it too. And if you have not kids or grandkids of your own, volunteer. The payoff is priceless.

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LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



*“Yeah, I believe he said those things.”
- L.A. Clippers’ coach Doc Rivers
“My house has been burned to the ground, animals tortured and burned as well. Along with everything we ever loved, and held treasured, because of the color of my Dad’s skin.”*

*- Doc Rivers’ son Jeremiah, on the burning of their San Antonio home in 1997
“Over fifty years later, things have changed dramatically.”
- Chief Justice John Roberts*

Our Buddhist reverend told the story of the guy who gave \$2,000 to his temple, then complained when the newsletter mistakenly listed the gift as \$20 – and insisted on a correction. The reverend expressed his appreciation and assured there’d be a correction the next month, but noted the guy’s insistence on proper credit substantially changed the karma there would’ve been otherwise.

(In Buddhism, it’s not a matter of “good karma” and “bad karma”, but understanding that all words, thoughts and actions, once they occur become permanent – and have a lasting effect not only on those from whom they originate, but on all of us.)

I’d think of that story whenever I saw those ads in the L.A. Times that Donald Sterling took out to congratulate himself on his philanthropy. When I heard this week’s news about Sterling, I thought of Justice Roberts’ rationalization quoted above for last year’s gutting of the Voting Rights Act by the Supreme Court.

Kareem Abdul-Jabbar put it best; that he wasn’t bothered by Sterling’s racism as much as he was that “everyone acts as if it’s a huge surprise”. Sacramento Mayor (and former point guard for the Cavs and Suns) Kevin Johnson wants to know why the NBA had taken no action in the past, though Sterling’s behavior had been part of the public record.

Donald Sterling started out in law and went into real estate, buying properties and seeking to increase their value by bringing in what he considered a higher class of tenants. Those who were with him then recall never having seen an owner so personally, zealously involved in pursuing the most minor infractions to justify breaking leases and evicting tenants.

He knew what kind of tenants he wanted, and what kinds he didn’t: “Hispanics smoke, drink and just hang around the building”, he’s quoted as saying, and “black tenants smell and attract vermin.”

Sterling settled a tenant harassment suit brought by the City of Santa Monica in 2001 and a housing discrimination suit in 2005. He settled in 2009 with the U.S. Justice Department for violations of the Fair Housing Act, involving charges he’d kept blacks and families with kids out of his buildings in Koreatown. There never seemed to be any vacancies whenever prospective black tenants came to apply.

Former Clipper General Manager (and Laker forward) Elgin Baylor testified Sterling had a “plantation mentality” towards his team, and told him how he’d like to see a “white Southern coach” in charge over “poor

black players”.

As Abdul-Jabbar put it, “if we’re all going to be outraged, let’s be outraged that we weren’t more outraged when his racism was first evident.”

It was only a week before that folk-hero of tea-baggers and Fox News, rancher Cliven Bundy, “shocked” his fans by publicly opining that “the Negro” will “abort their young children, put their young men in jail, because they never learned how to pick cotton.” He “wondered” whether they’d be better off as slaves.

Bundy is a government leech who’s grazed his cattle on public lands over the past twenty years, racking up some \$1 million in fees he refuses to pay (while scores of fellow Nevada ranchers have paid what they owe).

Thugs and yahoos from all over gathered in support – and they brought their guns, railing against a tyrannical central government, vowing to resist due enforcement of the law - but enough about the situation in Eastern Ukraine.

Promoters from the Republican Caucus and Fox News bailed when Bundy’s comments were aired, but it shouldn’t have been a “huge surprise”. The whole “militia”, “sovereign citizen”, resist-big-government movement has its roots 150 years ago during Reconstruction, when the former Confederacy resisted imposition of equal protection under the 14th Amendment. Fifty years ago, “states’ rights” was the rallying cry to oppose civil rights.

Now, the pretense is to claim that racism is simply not a problem anymore - except for maybe a couple of crotchety old guys – as Justice Roberts did last year in ruling to gut the Voting Rights Act. The same argument appeared with the recent decision regarding use of affirmative action in admissions for Michigan schools; but as Justice Sonia Sotomayor pointed out, “to know the history of our Nation is to understand its long and lamentable record of stymieing the right of racial minorities to participate. . .”

Under the Voting Rights Act, states could get out of the Section 4 requirement for pre-clearance of election rule changes if only they could go ten years without having a major discriminatory elections complaint. Some states (mostly you-know-where) were unable to pull even that off, so they went to court to have it overturned.

In Michigan, it’s okay to give an edge in admissions to those with an established family “legacy” tradition of alumni, but not okay for schools to try and even things out for those unlikely to have such an advantage.

When news first broke with doubts of the Sterling tape’s authenticity, it was settled for me when his spokesman apologized to “those who might have been offended”. The corollary to that is an assumption there are people who “might” not have been offended, or indeed did not find it offensive at all.

Sterling’s and Bundy’s karma stays with them. As a country, the words, thoughts and actions from our history remain part of our own, shared, permanent national karma. It may not be traditional Buddhism, but it’s something we need to accept and admit to if we’re going to move forward.

Go Clips.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

AND THEN IT WAS MAY.....

For a very brief time last week I was under the impression I was all caught up. Don’t you like the feeling you are up to date and everything is accomplished? I do, I just do not experience it enough.

It was entirely my own fault. I was gloating over the fact I had accomplished everything on my to-do-list and had some time to spare. Spare time is a rare commodity these days, at least for me. I do not even have spare change and it has been months since I have seen my spare tire.

Time is a different matter altogether. Just when I think I have a little spare time on my hands, I find it slipping through my fingers.

As I said, I was gloating over the fact I was all caught up. Being in a rather cheerful mood, I thought I would look at my calendar. I do not look at my calendar that often. It is so depressing, always telling me what to do. I hate it when somebody tells me what to do. My calendar looks at me and I look back and it simply says, do this. And there it is in black and white. What else can I do?

Without actually thinking the issue through carefully, I opened up my calendar and discovered something quite startling. It takes a whole lot to startle me. In fact, it takes a whole lot just to get me started on anything. However, I looked at my calendar and was woefully startled.

I noticed on my calendar it was the month of May. What happened to March and April? In fact, what happened to January and February?

I should have gotten a hint with all the rain we had in April. Remember that little line that goes, “April showers bring May flowers”? While I was focused on the showers in April, I did not notice that April was exhausting itself and May was sneaking around the corner to surprise me.

Boy, did it surprise me.

I guess I was just too occupied during the month of April to realize that April has a time limit. April has 30 days and when those 30 days are kaput, April is over and it is May.

I do not think May is any different from any other month. It is just that I wish the months would slow down a little bit. It seems at the beginning of the month everything is going rather slowly and then when you hit the middle of the month the days must go into some kind of panic and race towards the end. Why these days of the month have to hasten towards the remainder of the month is something I will never wrap my head around.

SHARE THE WEALTH OR GET OUT OF TOWN

With the first GNP growth clocking in at a whopping 0.1%, the jury’s still out on the national economic recovery. As an economist by early training, I personally believe the U.S. will continue to plod along in a forward direction. There won’t be a double-dip recession at the national level. But that same economic training tells me California may not be so lucky; the California State Senate seems to be doing everything it can to push the Golden State backwards.

For those who haven’t heard, a California Senate committee just voted overwhelmingly to increase taxes on companies which don’t share the wealth. Rather than trying to stem the tide of employers leaving the state for Texas by offering tax reform, our politicians are determined to tell them to take a hike. Senate Bill 1372 would raise taxes on companies whose pay gap between the highest earning employees and the lowest earning employees exceeds some magically determined threshold known perfectly to Democratic public policy experts. Words cannot describe the stupidity of the concept, let alone of the fact that grown, educated? adults voted for it.

Let’s dispense with the theoretical issues before tackling the economics of insanity. Some may be tempted to believe that fairness demands there be some limit to what those on the top can earn vs those on the bottom. Nobody can come up with a real reason why there should be a limit. They just assume that inequality is bad without trying to understand why the inequality exists.

As a conservative, I’d be the first to argue against a system of government enforced rules which reward a chosen group of people at the expense of others. That type of economic inequality would be unfair. But inequality stemming from differences in life choices, education, intelligence and work ethic is not inherently immoral. In fact a strong moral argument in favor of such inequality can be made.

In a free society, as long as everyone is free to pursue their goals using the talents God has given and the skills they develop through education and experience, we should expect unequal outcomes and actually celebrate the attainment of success – even spectacular success. We shouldn’t punish it.

As a conservative, I cheer the stories of poor immigrants who sought, found

If I were a swearing man, I would swear it was still February. I believe there ought to be a month, at least one month in the year, where there are like 75 to 80 days. Why be so legalistic about all of this? Why be so judgmental?

Every day of the month insists it will only be around for 24 hours. Not 25 hours. Not even 20 hours. But every day insists on being around for 24 hours and then it disappears. Now, where does it go?

When I go on a vacation, I know where I am going and the sad part of my vacation is at the end of the vacation I come back. Now where does time go? And, why doesn’t it ever return.

For instance, I am thinking of celebrating my 37th birthday this year. I am not 37 years old, but I cannot remember what I did on my 37th birthday. I think that if I cannot remember what happened on my 37th birthday, I should be able to repeat it. Why can’t I go back and be 37 for just one day? I do not need to be 37 forever, just one day!

But no, Father Time has made a rule that you can only be 37 one day out of the year and you can never repeat that, ever again. Of course, there was Jack Benny who was 39 all his life.

I noticed in my calendar there were many items that needed doing. As I looked at them, I realized I had done them the month before. Some things are so insistent that you do them every month. My electric bill, for instance. Why do I have to pay that every month? Why can’t the electric company give me a vacation once a year?

Another thing that bothers me. When I am having a good time at whatever I am doing, why does time pass so quickly? I remember in school the time leading up to recess went ever so slow and I never thought it would arrive. Once I got out to recess, it went so quickly I had to return to class almost before I left the classroom. What is that all about?

I took a little bit of time to think about what good old King Solomon said about the subject. “To everything there is a season, and a time to every purpose under the heaven” (Ecclesiastes 3:1).

Time is a commodity either you spend it or lose it. The bad part is once you lose it you can never get it back. Enjoy today, it’s the only today you have.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net. His web site is www.jamessnyderministries.com.

GREG Welborn



and prospered in America, the land of opportunity. I don’t think their success makes me or anyone else poorer. In fact, we usually benefit from the innovations they’ve developed or the more customer-centric businesses they’ve built. The technology we enjoy today is largely the result of people pursuing economic inequality. Neither Bill Gates nor Sam Walton pursued poverty. I do not in the least begrudge them their wealth. I thank them profusely for their products and stores. To take away their gains simply because we don’t like the level they attained is petty envy – one of the seven deadly sins - not a noble virtue.

Now to the economics of insanity. Did anyone notice Toyota’s announcement they were closing up shop in California to move their headquarters (along with 5,000 jobs) to Texas. Tax rates and an insane regulatory environment were the cause. For those who missed the recent announcement, it read a lot like Nissan’s 2006 announcement when it left California for Tennessee. Even the Liberals of Hollywood are not inured to high taxes. California is losing market share in movie and television production.

In an interconnected national economy, and now the growing connectivity of the world economy, local tax rates matter. The U.S. is losing companies, or at least economic activity, to other countries with lower tax rates. The U.S’s combined average state-federal tax rate is nearly 40% compared to the global average of 24%, not to mention specific countries where rates are in the teens. As a result, companies like Pfizer announce they will increase production or invest in new ventures in other countries, rather than in the U.S. Pfizer is investing in Britain to reduce taxes. Within the U.S. economic activity and investment gravitates to the states where taxes are lower. I’m sure there’s little love-loss between Governors Brown and Perry, but the fault lies with California, not Texas.

The unavoidable message in Senate Bill is 1372 is that if you stay in California, Sacramento will reduce your profits – either taking them in taxes or forcing you to give them away. We shouldn’t be surprised when companies decide not to stay in California and instead take the hint to get out of town.



John Johnson

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WHAT'S ON 98

May 5 – May 11, 2014

The Time of Your Life is playing Monday at 9:00 a.m.
Released on September 3, 1948: Joe is a man that tries to live his life by making everyone around him better.

Before I watched this movie, I read that it bombed in the theaters when it was released. It was proclaimed James Cagney's absolute worst movie. Now maybe I'm just stupid, or maybe I just don't know what a good movie is, or maybe I just like what most people do not like . . . but this is my new favorite movie, and I know that I will watch it many times. Casablanca? The Maltese Falcon? The Thin Man series? It's A Wonderful Life? My Man Godfrey? All pushed aside in my favorite list for this movie.

James Cagney plays 'Joe' a barfly who's hobby is people. Think about the 'Cheers' television show about a neighborhood bar, with a room full of 'characters,' then think about the wisdom of the ages, and where you might find it. In a low-class bar in the rough part of town? You betcha! James Cagney is the bar-fly that mystifies everyone, William Bendix (The Life of Riley television show) is the owner of this strange bar, and Broderik Crawford is the local beat cop. Remember the wealthy Mrs. Howell from the television show 'Gilligan's Island?' She appears in this one as a society lady - she is much younger than when on Gilligan's Island, but you will know her voice in an instant. If you are wondering about the young blonde actress named Jeanne Cagney, she is James Cagney's younger sister.

If you enjoy sunny afternoons with a good book, if you enjoy characters with character, please take an hour and forty minutes and relax and enjoy this one . . . you will have the time of your life!

by Jimbo Berkey

This is how the schedule works:

- | | |
|----------|---|
| 7-9 | Youth programs and movies |
| 9-11 | Painting to cooking and much much more |
| 11- Noon | Comedy movies and The Lucy Show |
| 1-3 | Romance movies |
| 3-5 | Film Noir movies and Dragnet |
| 5-6 | Mystery movies |
| 7-9 | Bonanza, Mr. & Mrs. North and Sherlock Holmes |
| 9-10 | Comedy movies |

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programing available on Channel 98.

My Picks of the Week

- | | |
|-----------|--|
| Monday | The Time of Your Life |
| Tuesday | That Brennan Girl |
| Wednesday | Port of Missing Girls |
| Thursday | They Made Me A Criminal |
| Friday | Good Time Girl |
| Saturday | Boys Will Be Boys & Songs of the Saddles
Double Feature |
| Sunday | The Fast and the Furious |

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programing.

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U.S. Ranger Tex is inviting all you young cowboys and cowgirls to watch Western Saturdays every Saturday on Channel 98

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THIS WEEK ON 98

Monday 5.5.14	Movies - 9
7 to 8 am	Clancy Street Boys & Black Gold
9 to 10 am	The Time of your Life & Dumbs The Word
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Algiers
3 to 4 pm	Jamaica Inn
5 to 6 pm	With Words and Music
7 to 8 pm	The Sphinx
9 to 10 pm	The Hooded Terror & Speed Reporter
Tuesday 5.6.14	Movies
7 to 8 am	Treasure of Fear
9 to 10 am	The Lady Vanishes
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	A Matter of Life and Death
3 to 4 pm	They Won't Forget
5 to 6 pm	Trocadero and Little-Women
7 to 8 pm	Port of Missing Girls
9 to 10 pm	The Lost Jungle
Wednesday 5.7.14	Movies
7 to 8 am	Just My Luck & Sky Bandits
9 to 10 am	Concrete Cowboys
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	That Brennan Girl
3 to 4 pm	T Men
5 to 6 pm	The Terror of TinyTown & Get That Man
7 to 8 pm	Midnight Manhunt
9 to 10 pm	The Dark Hour & Sunset Range
Thursday 5.8.14	Movies
7 to 8 am	Double Exposure & Yukon Flight
9 to 10 am	The Perils of Pauline
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Tulsa
3 to 4 pm	They Made Me A Criminal
5 to 6 pm	Swing Hostess & Ambush Valley
7 to 8 pm	The Most Dangerous Game
9 to 10 pm	Ill Name the Murderer & The Devils Daughter
Friday 5.9.14	Movies
7 to 8 am	Swing It Sailor
9 to 10 am	The Divorce of Lady X
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Sidewalks of London
3 to 4 pm	Good Time Girl
5 to 6 pm	Sitting on the Moon & Ticket to Paradise
7 to 8 pm	She Gods of Shark Reef
9 to 10 pm	Twin Husbands and His Brothers Ghost
Saturday 5.10.14	Movies
7 to 8 am	Salome Where She Danced
9 to 10 am	My Pal Trigger and Arizona Days
11 to 12 pm	The Bells of San Angelo
1 to 2 pm	Adventures of Gallant Bess & The Red Blood of Courage
3 to 4 pm	The Girl Who Came Back & Ghost Town Gold
5 to 6 pm	Red Lights Ahead & Trail Riders
7 to 8 pm	Boys Will Be Boys & Songs of the Saddles
9 to 10 pm	Big Bluff & The Lawless Frontier
Sunday 5.11.14	Movies
7 to 8 am	Our Gang Follies & Behind Stone Walls
9 to 11 am	Kids A Cookin - 2 hours of kids cooking shows
11 to 12 pm	Telephone Operator & Little Pal
1 to 2 pm	With Love and Kisses & Paradise Express
3 to 4 pm	One Year Later & Young Buffalo Bill
5 to 6 pm	Keep Your Seats Please
7 to 8 pm	The Fast and the Furious
9 to 10 pm	Parole Inc

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business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Published Mountain Views News
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of Los Angeles County on 05/01/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use of the fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Published in Mountain Views News
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FILE NO. 2014-095272
STATEMENT OF USE
OF FICTITIOUS BUSINESS NAME
The following person(S) JUAN CORTEZ, 420
LOMBARD ST., POMONA, CA 91768, has/have
abandoned the use of the fictitious business name:
CARNITAS DON JUAN, 1382 W. HOLT AVE.,
POMONA, CA 91768. The fictitious business
name referred to above was filed on 01/12/2012,
and was abandoned in Los Angeles. The original
file number of 2012069030. The business was
conducted by: AN INDIVIDUAL. This statement
was filed with the County Clerk of Los Angeles
on 04/09/2014. The business information in this
statement is true and correct. (A registrant who
declares a true information which he or she
is not aware of is guilty of a crime.) SIGNED:
JUAN CORTEZ,OWNER.
Publish: Mountain Views News
Dates Pub: April 12, 19, 26, May 03, 2014


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