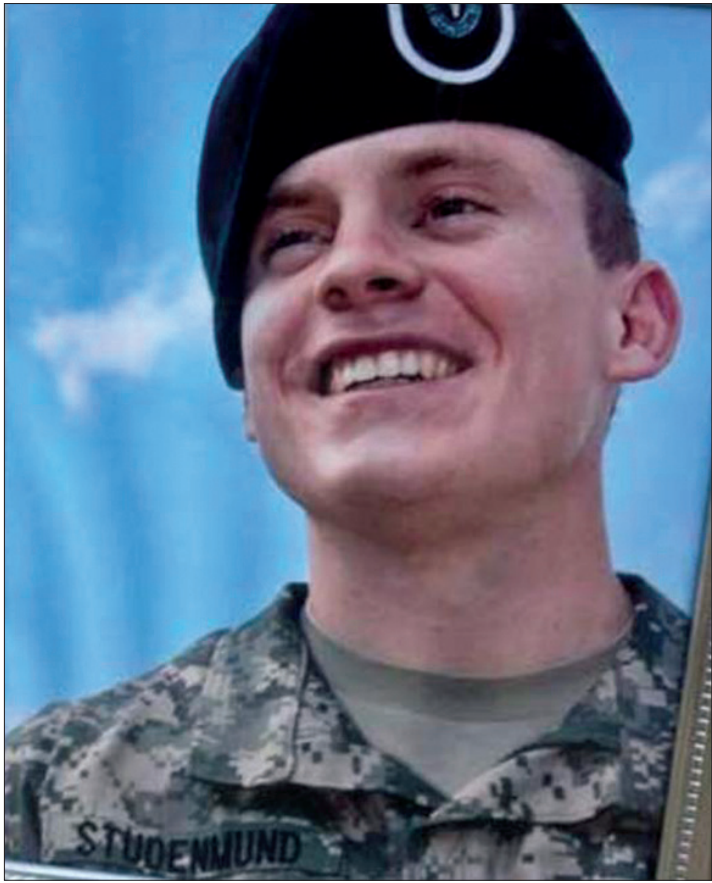


PASADENA SOLDIER  
KILLED IN AFGHANISTAN



Scott Studenmund, 24, was a graduated from Flintridge Preparatory School in La Cañada Flintridge. Story on page 4

SIERRA MADRE  
CROWNED THE  
8TH SAFEST CITY IN  
CALIFORNIA

Report issued by real estate industry leader Movoto, the work of the SMPD was recently validated. According to their ranking, Sierra Madre is one of the safest places to live in the entire state.

Earlier this week they released the following report:

When it comes to laid back living, California is literally the Golden State. Eve-rybody knows that the vibe here is all about taking it easy—but did you ever wonder why?

Sure, it might have something to do with the nearly perfect weather and con-stant sunshine. More than that, though, California is generally a pretty safe place to live, allowing us to relax. But which of the state’s fine places are the safest of them all? According to our latest analysis at the Movoto Real Es-tateBlog, here are the 10 safest places in California:

- 1. Town of Hillsborough
- 2. City of Saratoga
- 3. City of Laguna Woods
- 4. City of Imperial
- 5. Town of Moraga
- 6. City of Rancho Santa Margarita
- 7. City of Los Altos
- 8. City of Sierra Madre
- 9. City of Palos Verdes Estates
- 10. Town of Danville

What exactly makes these 10 communities so safe?

In order to find these 10 safest places in California, we started by gathering a list of all of the places in the state with populations of 10,000 or more that pro-vided crime data to the FBI in 2012. That left us a grand total of 365 places. Then, we used the FBI’s latest Uniform Crime Report (2012) to research each of these places according to the following seven criteria, measuring each for crimes per 100,000 people:

- Murder
- Rape
- Robbery
- Assault
- Burglary
- Theft
- Vehicle theft

We divided these crimes into four distinct categories:

- Murders
- Violent crimes
- Property crimes
- Total crimes

We then ranked each of our places with a score of one to 365 according to each category, with one being the safest. Next, we weighted these scores so that murder, violent crime, and property crime each comprised 30 percent of the final score, while total crime made up 10 percent. We averaged these weighted rankings together for each place to get a Big Deal Score. The place with the lowest Big Deal Score was our safest place; in this case, Hillsborough.

TWO SUSPECTS ARRESTED IN VALERO GAS  
STATION BREAK IN



Edvard Martirosyan

to June 6th at the Valero Gas Station to monitor their bank statements for any unusual activity just to be on the safe side. “At this point in the investigation we cannot be 100% certain that some personal information was not captured”.

Martirosyan and Manasaryan were booked at the Pasadena Police Dept. Jail on multiple felony charges and then were transferred into Federal Custody and taken to the Metropolitan Detention Center. Martirosyan also has a pending case with Secret Service and was out on bond at the time of his early morning arrest. Each man was held with a \$500,000 bond. The U.S. Secret Service has agreed to take the lead in the investigation.

As admonished by the Police earlier this month, residents who made purchases with credit and/or debit cards at Valero should monitor their accounts carefully.

Fast action by the Sierra Madre Police Department and enhanced security at the Valero Gas Station at Baldwin and Sierra Madre Blvd. led to the capture and arrest of two men suspected of a variety of criminal acts.

At 2:40 AM Sierra Madre Police Officers responded to an alarm call at the Valero Gas Station 4 N. Baldwin Ave. and quickly detained to suspects who were installing a skimming device to capture credit card numbers in the gas pumps. Edvard Martirosyan 27 and Aram Manasaryan 22, both residents of Glendale, were taken into custody without incident. There were other skimming devices, laptop computers, counterfeit credit cards, and other tools used to compromise the gas pumps inside the suspects’ vehicle. This is the second incident at the Valero Station within two weeks.

Police Chief Larry Giannone said” the Officers quick response to the alarm call allowed us to catch the suspects in the act. Officers were on scene within 1 minute of being dispatched to the call and caught the suspects as they were attempting to leave”. Chief Giannone also urges anyone that has used a credit or debit card from May 22nd



Aram Manasaryan

WALKING SIERRA MADRE.....*The Social Side* By Deanne Davis

“Angel On Duty!” That’s what it says on a sign outside Ann Tyler’s lovely apartment, where she’s lived since 1972, where our own George Maurer is her apartment manager. And, after spending the morning with her, I’m inclined to think SHE is the Angel who is on duty! This charming lady turned 90 last October and celebrated by doing her second zipline run. Where was she? In Icy Strait Point, Alaska, located on Chichagof Island, 1.5 miles away from the Alaska town of Hoonah! To pin it down a little more for you, it’s a cruise ship stop between Juneau and Ketchikan.

The Icy Strait Point folks advertise their zipline as being “the world’s largest,” 5,330 feet long, a 1,300 foot vertical drop, 60 mph maximum speed, 300 feet from the ground at the highest point (taller than the Empire State Building) and it’s a real fast 1.5 minute ride with six cables shooting fearless zipliners down simultaneously! You’ve gotta be kidding, you’re saying! Nope, Ann Tyler did it and enjoyed every minute. But this was old news to her, she’s done it before in Alaska! Her son told her she had to go so he wouldn’t be scared. We won’t say who did the screaming, but it wasn’t Ann!

Ann’s an inveterate world traveler, having taken twelve cruises with her son and his wife. She’s been four times to Alaska, all over Europe – Amsterdam, Russia, the Caribbean, Hawaii and plans are underway for a 2016 cruise to Antarctica!

That’s not all Ann’s got going...she is currently President of the Priscilla Club, the oldest social club in Sierra Madre, which started in 1906. The Priscillas are ladies who meet monthly to visit and are involved with local charities. She’s the only Honorary Charter member of the Civic Club left, past President of the Women’s Club and she is a serious knitter, making chemo caps for our Veterans and working currently on a throw for them. She is also an usher at the Pasadena Playhouse.

Ann was born in Long Beach and she and her family moved to Sierra Madre the day after the Long Beach earthquake in 1933, to join her aunt. Ann graduated from St. Rita’s, spent some time in Jr. College in Pasadena and married her husband, James Bryce Tyler, in 1941 when she was 17. They had been married 61 years when James passed away in 2002. Some of you may remember James was Fire Chief here for a while. Ann is related to the Collins family, long time residents of Sierra Madre. Ann’s mother was married on their front lawn. Ann and James had six children; their oldest died at just 3-1/2 and their daughter passed away at an early age, leaving three sons who came to live with Ann and James. She had 9 boys at the table! Having fed and put shoes on 9 growing boys was probably far more of an adventure than ziplining in Alaska at 90! Ann’s cruising buddy son, lives in Georgia and tells her he expects her to live to 100! Another son is a resident of West Covina, a third is in La Verne and one of her three nephews is in Azusa.

Ann says that the changes she’s seen in her beloved Sierra Madre have been mostly for good, and it’s a delight to see many of contemporaries in town who are also over 90! Of course, kids all walked to school in her day and played outside till dark. Seems she was always the daring one, mentioning that she once walked across the dam to impress a boy!

After reading Lauren Hillenbrand’s book, “Unbroken,” detailing Louis Zamperini’s World War II story of survival, resilience, and forgiveness, she would really like to meet him. Ann was reminded of another of our



local authors, Fay Angus, who has also written of surviving a Japanese prison camp in Yangchow, China during World War II (see Fay’s book, “The White Pagoda”).

A cockatiel added his thoughts to our conversation from time to time as he watched from his cage close by and a tropical fish Ann won at the Women’s Club over a year ago is alive and well on the coffee table. Ann feels that she inspires people, which is why she is still among us. Her favorite job, which she started after she was 50, was working as a medical assistant, where she had opportunities to be a listening ear and a comforting hand to patients who needed someone to care. She practices yoga at the Senior Center and was gearing up to go to Bingo as I was saying goodbye. \$2.60 is her biggest pot so far but the sky’s the limit for Ann Tyler, one of the busiest and nicest ladies you’ll meet!

“What could be more beautiful than a dear lady growing wise with age? Every age can be enchanting, provided you live within it.” Brigitte Bardot



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## Weather Wise

5-Day Forecast - HOT

Sierra Madre, Ca.

<b>Mon:</b>	Sunny	Hi	80s	Lows	60s
<b>Tues:</b>	Sunny	Hi	80s	Lows	60s
<b>Wed:</b>	Sunny	Hi	80s	Lows	60s
<b>Thur:</b>	Sunny	Hi	80s	Lows	60s
<b>Fri:</b>	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
Tuesday, June 24, 2014  
6:30 pm

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



## SIERRA MADRE CITY MEETINGS

### City Council

June 10, 2014 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "06/10/2014" for the complete agenda packet.

We will be live tweeting the City Council's decisions at Tuesday's Council Meeting. Follow the action @CitySierraMadre #SierraMadreCC.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

### Upcoming Public Meetings

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

\*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

Tuesday, June 16:

Special Community Services Commission, 6:30pm

Wednesday, June 18:

Energy, Environment & Natural Resources, 7:00pm

Thursday, June 19:

Planning Commission, 7:00pm\*

Tuesday, June 24:

City Council, 6:30pm\*

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

\*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

## JOIN THE CITY TEAM – APPLY TO BE A CITY COMMISSIONER TODAY

The Sierra Madre City Council encourages citizen participation in its decision-making process through the use of citizen commissions. Currently, there are five citizen commissions established by the Council to advise and assist them in dealing with specific problems.

Applications to serve on a commission may be obtained at City Hall or the City website at <http://cityofsierramadre.com/commissions-boards-committees>. Applications will be accepted until all positions are filled; however, it is recommended that applications for appointment for the beginning of the 2014-2015 fiscal year be submitted by Friday, May 23, 2014 to the City Manager's Office. There are currently vacancies on the following commissions:

#### COMMUNITY SERVICES COMMISSION

The Community Services Commission is responsible for overseeing the City's recreation and community services programs. The Commission oversees the general use of park facilities and matters relating to the community's arts and recreational service needs. The Commission provides information and recommendations to the City Council in these areas. Meets the 3rd Monday at 6:30 pm, in the City Hall Council Chambers

#### LIBRARY BOARD OF TRUSTEES

The responsibilities of the Library Board include the following: establishing Library policies and programs to ensure that quality programs are provided to the community, recommending an annual budget to the City Council for approval, and ensuring that efficient and effective services are provided at the Library. Meets the 4th Wednesday at 7:00 pm, in the City Hall Council Chambers

#### PLANNING COMMISSION

The responsibilities of the Planning Commission fall into two broad categories: consideration of current land-use (i.e. applications for General Plan amendments, zone changes, specific plans, conditional use permits, tract maps, variances, and appeals of staff land-use decisions); and advising the City Council on City initiated amendments to the City's General Plan. Meets the 1st and 3rd Thursday at 7:00 pm, in the City Hall Council Chambers

The advisory bodies study a variety of topics in detail. After gathering all pertinent information, hearing arguments, and weighing values, they recommend to the Council what they consider the best action to take. In certain situations, commissions are empowered to make specific decisions, subject to appeal to the Council. Public notices on all commissions are prepared in compliance of the Maddy Act.

For more information please visit [www.cityofsierramadre.com](http://www.cityofsierramadre.com) or call 626.355.7135.



### THE SIERRA MADRE KIWANIS CLUB

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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY, AND HAVE SOME FUN!



## SIERRA MADRE POLICE DEPARTMENT TO SPEAK AT KIWANIS CLUB

On Tuesday, June 18th, SMPD

Chief Larry Giannone and other members of the department, will give a presentation on such topics as crime prevention, preventing internet, telephone and credit card fraud, and current SMPD concerns as they relate to the providing the best possible service to residents.

There will be time set aside for Q & A throughout the presentation.

The meeting will be held at 12:00 noon at The Lodge, 33 E. Sierra Madre Blvd. (Formerly the Masonic Temple). Lunch is available for \$10. The program is free. For more information call 626-355-0728.



### Rotary Club of Sierra Madre

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222 W. Sierra Madre Bl.,

Sierra Madre, CA 91024,

Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup

## Sierra Madre Police Blotter

For the period June 1st, 2014 To June 8th, 2014

During the week of Sunday, June 1st to Sunday, June 8th, the Sierra Madre Police Department responded to approximately 360 calls for service.

Monday, June 2nd

At approximately 6:40 am, Sierra Madre Police responded to the 270 Block of Sturtevant Dr. regarding an auto theft report. Responding Officers were informed by the victim that between Sunday night and the morning hours of Monday, her vehicle was stolen from her home. Further investigation revealed there was no glass in the area of where the vehicle was last seen, indicating that the suspect did not break windows to gain access. This case has been forwarded to the Detectives Bureau.

Wednesday, June 4th

At 12:22 am, Sierra Madre Police responded to the 80 Block of Auburn Ave. regarding an auto theft report. When Officers arrived to the location, they were informed by the victim that between the hours of 10pm Sunday night and 7am Monday morning, his Yamaha ATV was stolen of the trailer parked in front of his home. This case has been forwarded to the Detectives Bureau.

Saturday, June 7th

At 2:41 am, Sierra Madre Police responded to 4 N. Baldwin Ave of Valero Gas Station regarding an alarm activation. When Officers arrived on scene, they discovered a vehicle next to the gas pump that triggered a tampering alarm with its lights off and engine running with two men inside. Further investigation revealed evidence of tools and appliances used to install a credit card skimmer in a gas pump. The owner of the gas station was able to confirm that one of the suspects was the same individual seen on security camera tampering with the same gas pump weeks prior. Both suspects were arrested for Conspiring to commit a crime and Identity Theft.

Saturday, June 7th

At 1:15 pm, Sierra Madre Police responded to the front lobby of the station regarding an identity theft report. The victim informed Officers of several instances regarding unknown charges on his account and new accounts being opened in his name. He first informed Officers of his retail credit card being charged with over \$600 in one day at two separate sales. Beginning in June he was contacted by a separate retail store informing him of an outstanding balance of over \$200 on a credit card opened in his name. Lastly on the morning of his report, he was contacted by the Los Angeles Sheriff department informing him a moving truck was rented in his name and has been reported stolen as it was never returned. This case has been forwarded to the Detectives Bureau.

Sunday, June 8th

At 1:52 am, Sierra Madre Police performed a traffic stop at the intersection of Michillinda Ave. and Foothill Blvd for failure to comply with the posted signage indicating No U-turns. Upon approaching the vehicle, Officers were overcome by the strong odor of alcohol and marijuana. A Field Sobriety test was performed and the suspect was unable to successfully pass. Through further investigation Officers discovered a glass pipe used to smoke marijuana and prescription narcotics that were not prescribed to the suspect. The suspect was arrested for Possession of a controlled substance, DUI, and Blood Alcohol level greater than the legal limit.



9 Kersting Court Sierra Madre, Ca. 91024  
626-355-1180

## EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS



### BIG CHANGES AT SIERRA MADRE'S INTERNET RADIO STATION:

The Board of Directors of Village Vine Online has decided to move the organization in a new direction. In keeping with our mission of community service, we are discontinuing 24/7 live audio streaming. In order to better serve the community, our focus will be on providing live audio and video webcasts and podcasts of community events, podcasts of hosted shows home-grown here in Sierra Madre, video and audio webcasts and podcasts of community sports events, and, by the end of the summer, we will present a community blog, with guest host bloggers rotating every few months.

CITIZEN WEBCASTERS: Part of our new approach is to utilize "citizen webcasters" living here in town. We are now actively recruiting people who can attend public events, and, utilizing equipment as simple as their smart phones, webcast those events through the Village Vine web site. Contact us at [hostvi@yahoo.com](mailto:hostvi@yahoo.com) if you would like to volunteer. Training will be provided.

CITIZEN PODCASTERS: We are looking for podcasters who might like to share their home-grown podcasts on the Village Vine web site. Subjects for podcasts could include original music, gardening, cars, dogs, water conservation, sports, etc. The subject matter for potential podcasts is only limited to the degree the community might have interest in it. Contact us at [hostvi@yahoo.com](mailto:hostvi@yahoo.com) if you would be interested in podcasting with us.



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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## SIERRA MADRE CONCERTS IN THE PARK 2014

Nothing says summer quite like outdoor concerts. Thanks to the generous support of community sponsors and series title sponsor The Kensington, Sierra Madre residents won't have to travel far to enjoy this summer staple. The 2014 Summer Concerts in the Park Series kicks off on Saturday, June 14 at 6:30 pm and runs every following Sunday from 6pm – 8pm until August 17. Concerts take place in the Memorial Park Bandshell and are completely free to the public. Patrons are encouraged to bring lawn chairs, blankets, and their dancing shoes as well as support local organizations that may provide refreshments. There will be something for everyone as this year's featured bands represent a wide array of musical genres.

Concerts in the Park Line-Up:

- June 14, 2014 Pasadena Community Orchestra (Classical)
- June 22, 2014 Rex Merriweather (Big Band)\*
- June 29, 2014 Cash Up Front (Johnny Cash Tribute)
- July 6, 2014 Elvis (Elvis Tribute)
- July 13, 2014 Woody and the Longboards (Beach Boys)
- July 20, 2014 Decades of Rock (Rock and Roll Covers)
- July 27, 2014 Hard Day's Night (Beatles Tribute)
- August 3, 2014 Gem City Jazz Cats (Big Band)
- August 10, 2014 Opa Opa (Latin Jazz)
- August 17, 2014 Sierra Madre Music Bands (Top 40 Covers)

The Sierra Madre Community Service Department would like to thank the following sponsors for making the 2014 Concerts in the Park Series possible: The Kensington (title sponsor), Friends of the Sierra Madre Library, LA County Supervisor Michael D. Antonovich, Pasadena Community Orchestra, Senior Community Commission, Sierra Madre Civic Club, Sierra Madre Community Foundation, Sierra Madre Kiwanis Club, Sierra Madre Music, Sierra Madre Rotary Club, Sierra Madre Volunteer Firefighter's Association, and Spero Foundation.

For more information on the Concerts in the Park Series please contact the Community Services Department at 626-355-5278.

\*Denotes change in band from previously released publicity.

*The Sierra Madre Historical Preservation Society presents*

## LIZZIE'S FAMOUS CHICKEN & RAVIOLI DINNER JUNE 28, 2014 5-8PM

On the west side of the Mount Wilson Trail, Lizzie's Trail Inn had its start about 1890 as a lunch stand and coffee shop. Walt Douglas ran this stand in 1905. By the time Mr. W.P. Caley purchased the entire property in June 1907, it included the stand, a store, house and stables. The stand was moved across the trail to its present location in 1913. Even though Lizzie only ran the restaurant for 13 years, there are many great stories related to her ownership.

The Sierra Madre Historical Preservation Society will be celebrating that ownership with a Chicken and Ravioli Dinner at the Mt. Wilson Trail Park, located next to the Richardson House and Lizzie's Trail Inn, in Sierra Madre. You will be able to not only enjoy a great dinner, but also visit our native plant demonstration garden, view the new Interactive Digital Storyboard in Richardson House with presentations by the Sierra Madre Library's Teen Docents, participate in our raffle of items donated by local merchants, and visit with Lizzie in person!

We can't wait to see you there for an evening of good food, good fun, good entertainment, and good friends!

Lizzie's Famous Chicken & Ravioli Dinner. Saturday, June 28, 2014, 5-8 pm - Mt. Wilson Trail Park 167 Mira Monte Avenue \$30 per person \*No tickets will be sold the day of the dinner\* Tickets may be purchased at the following Sierra Madre locations: Arnold's Hardware, Mary's Market, Savor The Flavor, the Sierra Madre Public Library, and of course, Lizzie's Trail Inn (Saturdays 10:00-noon)

*City of Sierra Madre*

### PUBLIC HEARING NOTICE

To: Citywide  
From: The City of Sierra Madre  
Subject: LOCAL DEVELOPMENT REPORT COMPLIANCE WITH CONGESTION MANAGEMENT PROGRAM  
Applicant: City of Sierra Madre  
Project Location: City-wide

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to review the City's compliance with the Los Angeles County Metropolitan Transportation Authority's Congestion Management Program pursuant to California Government Code Section 65089.

DATE AND TIME OF HEARING	PLACE OF HEARING
City of Sierra Madre City Council meeting Tuesday, June 24, 2014 (Hearing begins at 6:30 p.m.)	City of Sierra Madre City Council Chambers 232 W. Sierra Madre Blvd. Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

PROJECT LOCATION: City-wide

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7135.

By Order of the City Council  
Danny Castro, Director of Development Services

*City of Sierra Madre*

### PUBLIC HEARING NOTICE

To: Citywide  
From: The City of Sierra Madre  
Subject: NOTICE OF PUBLIC HEARING

The City of Sierra Madre gives notice, pursuant to State of California Law, that the City Council will hold a Public Hearing on June 24, 2014, at 6:30 PM, or soon thereafter, to hear testimony on the Citywide Fees.

The City is proposing updated fee changes to be effective after approval by the City Council.

The draft of the Fee Schedule is available at City Hall and the Sierra Madre Library for the public to review. If you have any questions about this matter please contact Finance Director, Karin Schnaider, at 626.355.7135.

DATE AND TIME OF HEARING	PLACE OF HEARING
City of Sierra Madre City Council meeting Tuesday, June 24, 2014 (Hearing begins at 6:30 p.m.)	City of Sierra Madre City Council Chambers 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

For further information on this subject, please contact the Administrative Services Department at (626) 355-7135.

By Order of the City Council

Karin Schnaider, Finance Director

## THE MONEY TALK

By Greg Welborn

It's time to talk about "the talk" – the money talk, the talk we all need to have with our adult kids, the one that surveys show almost everyone agrees they should have, but that the vast majority avoid. So here are a few suggestions on how to make it easier.

First, acknowledge that you're avoiding it. Acknowledging a problem is the first step to fixing it. There are several reasons why parents avoid this conversation. A) Nobody wants to talk about death. B) Many parents are concerned that talking about an inheritance will demotivate their kids. C) Guilt gets in the way if there's a chance you might need the kids' help.

Second, break it down into multiple conversations. Some of the fear, concern and potential guilt can be relieved by having several talks, rather than one BIG one. Start early, broach the subject, judge reactions or concerns, and then continue as you feel right for your family.

Third, start with concepts and end with specifics. Don't announce out of the blue, "we need to talk". Use a family B-day, or friend's situation as a reason to bring up the topic. Then start with concepts, talk about your goals, what you've done, what needs to be done, etc., and gradually start filling in the details as you go along.

Fourth, share your reasoning. Whatever your plan is, the kids will learn about it. The only question is whether that is after your death when they can't ask you what your reasoning was, or now when you can have a healthy dialogue about what you want to accomplish and why.

Fifth, pick your executor/trustee logically. Too many people simply default to the oldest



child. You need to think about capabilities, experience, education and geography. Some really great people just aren't organized, or like handling money, or live close enough to do the job affectively. Pick the person who can do the job well.

Lastly, use a facilitator if necessary. There are those family dynamics which just make this conversation too difficult to have without professional help. Use an objective financial advisor to orchestrate the meeting. We have served in this role for a number of clients, and each has been thankful for the support.

Talking with the adult kids about money doesn't have to be difficult, but it does have to be done. If the topic is left unaddressed, there is greater risk of misunderstandings, hurt feelings, or awkward surprises and burdens. Stretch it over several conversations and/or use an advisor to help, but by all means get going before it is too late.

About the author: Gregory J. Welborn is the Managing Partner of First Financial Consulting, a fee-only advisory firm. He has worked with The Today Show, Kiplinger's Magazine, and USA Today to provide objective financial advice to their readers and listeners. He has 3 grown children and is honored to be married to his wife of 25 years. He can be reached at [gwelborn@ffconsult.net](mailto:gwelborn@ffconsult.net)

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ARCADIA REGIONAL OFFICE



## LOCAL GREEN BERET KILLED IN AFGHANISTAN

Flags flew at half-staff in the city Wednesday in honor of a Green Beret from Pasadena killed Monday, along with five other US soldiers, after a NATO aircraft may have accidentally bombed his unit instead of enemy attackers.

Scott Studenmund, 24, was a graduated from Flintridge Preparatory School in La Cañada Flintridge.

School officials confirmed his death on Tuesday.

“Scott went on to play football for Pitzer College for a year before deciding to take a leave from college to pursue his life’s dream of becoming a Special Forces Green Beret soldier, Headmaster Peter Bachmann said in a statement. “He spent two years in training, including six months of foreign language, during which he learned to speak Arabic. In his class of 38, Scott was one of three to complete the program and earn the Green Beret title. In 2013, Scott completed one of the most difficult military trainings, a seven-week combat dive school at Key West.”

Studenmund graduated in 2008 from Flintridge Preparatory School. He was deployed to Afghanistan in January of 2014.

According to a statement by The International Security Assistance Force (ISAF), “We can confirm five International Security Assistance Force service members died in southern Afghanistan. The casualties occurred during a security operation when their unit came into contact with enemy forces. Tragically, there is the possibility that fratricide may have been involved. The incident is under investigation.”

Reports suggest that a B-1 Bomber, called in by ground troops, could be responsible for the friendly fire.



## Hundreds to Amass for 22nd Annual Chalk Fest

The largest of its kind, over 600 chalk mural artists —using over 25,000 sticks of chalk— will spend this Father’s Day weekend kneeled over squared off cement canvases to create spectacular art on pavement encompassing two city blocks of the Paseo Colorado shopping center.

The event was named the world’s largest street painting festival by Guinness World Record in 2010.

Over 100,000 visitors are expected to view the chalk art in every style imaginable from classical to contemporary to socially relevant works organizers said.

The festival will also include a Kid’s “Chalkland” area where kids can make Father’s Day cards for dad.

Patricia Hurley Managing Director of Light Bringer Project said there will also be awards and prizes given for categories ranging from best of show to most humorous to people’s choice. The awards ceremony starts at 7 p.m. Sunday.

There will also be a Pasadena Police Classic Car Show on Sunday from 10 a.m. to 3 p.m.

The Pasadena Chalk Festival benefits the community arts programs of the Light Bringer Project, a Pasadena-based, non-profit arts organization.

Mural artist painting, Pasadena Chalk Festival 2013, Photo D.Lee/MVNews

## Cyclists to Gather for Tribute Ride/Walk

Cyclists will gather for a Commemorative Ride / Walk this Sunday to honor the memory of Phillip O’Neill, who was killed by a motorist while riding his bicycle on Del Mar Boulevard, on June 15 last year. While riding from the Huntington Library and Botanical Gardens, where he volunteered, Phillip was struck from behind and died —he was 25 years old.

Walkers will carry candles past a white “ghost bike” that was installed at Del Mar and Wilson to memorialize the accident that killed Phillip. Riders will ride past the ghost bike and meet the walkers at Grant Park.

At the gathering, those will remember O’Neill and renew a pledge to work together to make our streets safer for all the pedestrians and bicyclists in Pasadena organizers said. In 2013 alone there were 3 pedestrian fatalities and one other cycling fatality. The Pasadena Complete Streets Coalition formed in reaction to Phillip’s death and has been advocating for improved pedestrian and bicycling infrastructure and an ordinance to protect vulnerable road users. “We want Pasadena to be a place where this never happens again,” they said.

The Pasadena Complete Streets Coalition is advocating for the City Council to adopt a civil ordinance to protect vulnerable road users. For more information about the Pasadena Complete Streets Coalition, visit <http://www.pas-csc.org/>.

The ride will take place Sunday, 7:30 p.m. Bicyclists gather at City Hall, 100 N. Garfield Avenue, Pasadena. 7:30 p.m. Walkers gather at Grant Park, Cordova Street at Michigan, Pasadena. At 8:00 p.m. Riders and walkers

## Fire Chief Set to Retire

*City to hold two community meetings in preparation for the nationwide recruitment of a new fire chief.*

By Dean Lee

City officials sent out an announcement Thursday saying that Pasadena Fire Chief Calvin Wells plans to retire by the end of the year—Wells has been with the department for over 32 years. He became chief in 2011.

Wells has served in the capacity of Firefighter, Fire Inspector, Fire Engineer, Fire Investigator, Fire Captain I, Fire Captain II, Battalion Chief, Assistant Fire Chief, Fire Bureau Chief and Deputy Fire Chief.

Wells also holds the title of Fire Marshal overseeing the Prevention, Operations and Administration Bureaus.

City Manager Michael Beck has put up a questionnaire on the city’s website to get feedback on recruitment and selection strategies for a new chief.

Questions include, “What would you like potential candidates to know about our community? And, what top three priorities would you like the new Fire Chief to address during his/her first year on the



Chief Calvin Wells

job?”

The entire survey can be found at [www.ci.pasadena.ca.us/Fire-Chief-Recruitment](http://www.ci.pasadena.ca.us/Fire-Chief-Recruitment).

Beck, along with the city’s Human Resources Department will hold two community meetings to get input through “feedback sessions.”

The first meeting will be Tuesday at 6:30 p.m. at the Jackie Robinson Community Center Auditorium 1020 North Fair Oaks Ave. The second meeting will be Wednesday at 1 p.m. in the City Hall Council Chambers, 100 North Garfield Ave., Second Floor.

Wells became chief following the retirement of former Chief Dennis Downs.

## NASA Space Observatory to Study Carbon Conundrums

NASA’s first spacecraft dedicated to measuring carbon dioxide levels in Earth’s atmosphere is in final preparations for a July 1 launch from Vandenberg Air Force Base, California.

The Orbiting Carbon Observatory-2 (OCO-2) mission will provide a more complete, global picture of the human and natural sources of carbon dioxide, as well as carbon dioxide’s “sinks,” the natural ocean and land processes by which carbon dioxide is pulled out of Earth’s atmosphere and stored. Carbon dioxide, a critical component of Earth’s carbon cycle, is the leading human-produced

greenhouse gas driving changes in Earth’s climate.

“Knowing what parts of Earth are helping remove carbon from our atmosphere will help us understand whether they will keep doing so in the future,” said Michael Gunson, OCO-2 project scientist at NASA’s Jet Propulsion Laboratory, Pasadena, California.

“Understanding the processes controlling carbon dioxide in our atmosphere will help us predict how fast it will build up in the future.”

For more information about the Orbiting Carbon Observatory-2, visit: <http://oco.jpl.nasa.gov>.

## Pasadena City College Awarded \$15 Million Grant

College President Dr. Mark Rocha announced recently that Pasadena City College is the recipient of a \$15 million dollar grant award from the California Department of Education. In July 2013, the California Legislature passed Assembly Bill (AB) 86, creating the California Career Pathways Trust. The Trust established a competitive grant program designed to connect businesses, K-12 schools, and community colleges to develop programs that encouraged students to stay in school and seek careers in high-demand fields. Funds in the amount of \$250 million dollars were made available to school districts to establish defined career pathway programs that would connect schools, businesses, and community groups.

Pasadena City College acted as the lead school for the Pasadena Area Community College District and established partnerships with other area community college districts to design pathways aligned with high-growth and

emerging technical industries. “Our focus was to integrate academics into Career and Technical Education courses. Specifically, we identified the Information, Communication and Technology (ITC) field as an area of tremendous growth and opportunity. This field involves all levels of technology – from taking a simple photograph, website development, film production and the creation of apps for various media platforms,” said Salomon Davila, Dean of Career and Technical Education at Pasadena City College. “This grant will allow PCC to provide opportunities for students to create and develop technical skills that can be readily translated into meaningful and productive careers. I am grateful to Dr. Rocha and PCC administrators Dr. Robert Bell and Dr. Robert Miller for their encouragement and support throughout this process” Davila said.

PCC will receive \$15 million dollars over a 5-year period beginning July 1.

## Learn How to Produce Your Own TV Show

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers’ Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be



PASADENA MEDIA

available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to [PASADENAMEDIA.ORG](http://PASADENAMEDIA.ORG) and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm – 8:00 pm Nightly	
<b>Producers Training</b>	Monday June 16 at 6:00 pm - 7:00 pm
<b>Orientation Training</b>	Monday June 23 at 6:00 pm - 8:00 pm
<b>Introduction to Field Production Training</b>	Wednesday June 25 6:00 p.m. - 8:00 p.m.
<b>Producers Training</b>	Monday June 30 at 6:00 pm - 7:00 pm
<b>Citizen Journalism Digital Film Group</b>	coming soon coming soon

## Pet of the Week



Milo (A356719) is a six-year-old Parson Russell Terrier. He has lots of energy and enjoys playing with toys. He even earned his Blue Ribbon at Shelter School, which means he knows his “sit,” “down” and “stay” commands.

Milo’s adoption fee is \$125, which includes his neuter surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A356719, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).

## All fireworks are illegal in Pasadena with a zero tolerance policy

The Pasadena Fire and Police Departments warned the public that it is illegal to sell, use or possess fireworks in Pasadena. The city maintains a zero tolerance policy for fireworks. Violators are subject to arrest; impound of vehicles; up to one year in jail and fines up to \$50,000 they said.

Officials advised Instead to celebrate the 4th of July holiday with by attending the 88th annual “Americafest,” a professionally done fireworks shows in Southern California at the Rose Bowl Stadium.

Festivities begin outside the Rose Bowl Stadium at 2 p.m. Gates open at 7 p.m.

Americafest will feature live motorcycle stunts; a tribute to our military personnel; Liverpool Legends, the Ultimate Beatles Experience, and Southern California’s largest fireworks show, Pyro Spectaculars by Souza.

Officials said Pasadena police and fire personnel will staff checkpoints around the Rose Bowl Stadium to seize all fireworks and arrest offenders.

In addition to stadium checkpoints, multiple units of a Fireworks Task Force will patrol Pasadena’s streets to confiscate fireworks and take appropriate enforcement action. Parking enforcement officers will ensure that vehicles illegally parked in Pasadena’s hillside areas on July 4 are impounded.

Nearly 10,000 fireworks-related injuries are treated in U.S. emergency rooms every year and two of five people injured are under 15 years old. Statistics from the National Fire Protection Association show more than 90 percent of all fireworks-related injuries are caused by so-called “safe and sane” fireworks approved by federal and state law for consumer use.

The fire department will also begin applying Phos-Chek Tuesday, July 1 to brush areas surrounding the Rose Bowl Stadium. The main ingredients of this annual, preventative application of fire retardant are phosphates and fertilizers that help prevent trees and grasslands from burning and re-vegetate any burned wild land areas.

Call 911 for all life-threatening emergencies. Call (626) 744-4241 for all other public safety needs.

Go to [www.rosebowlstadium.com](http://www.rosebowlstadium.com) for event and ticket information.

## Senior Curriculum Series to Explore World of Music

The summer term of the popular Senior Curriculum Series is scheduled from 2 to 4 p.m. Tuesdays, July 1, 8 and 15, and Aug. 5, 12 and 19, at the Pasadena Senior Center, 85 E. Holly St.

Dr. Alan Chapman, composer, weekday morning host of KUSC Classical Radio and faculty member at Colburn Conservatory of Music, will take participants on the next leg of an ongoing, stimulating musical journey, this season titled “Let’s Talk Music Again.”

Participants do not have to be members of the Pasadena Senior Center to attend the series.

Tuition is \$50 for the full six-week term or \$10 for individual sessions.

A registration form is available at [www.pasadenaseniorcenter.org](http://www.pasadenaseniorcenter.org) (click on Classes and Lectures and then on Senior Curriculum). Bring it to the welcome desk with payment when you arrive for your first class.

The Senior Curriculum Series is designed to increase understanding of the arts, national and international issues, other cultures and more. Winter, spring, summer and autumn terms provide opportunities for learning and discussion and are taught by university faculty members.

For more information email [cynthiar@pasadenaseniorcenter.org](mailto:cynthiar@pasadenaseniorcenter.org) or call 626-685-6724.



# ARCADIA

Sierra Madre

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## "What's Going On?" News and Views from Joan Schmidt

### Remembering A Great Man: Retired Arcadia Police Chief Neal Johnson

This past Monday, there was a special Memorial and Celebration of a truly great man, Retired Arcadia Police Chief Neal Johnson (November 13, 1934-June 3, 2014) at the Church of the Nazarene in Pasadena.

When I arrived, I was totally surprised by the great number of peace officers. From Arcadia PD, there was Retired Chief Bob Anderson, current Chief Bob Guthrie, Captain Paul Foley, Lieutenant Mike Castro, recently retired Sgt. Tom Levesque and many officers and explorers! From Glendale PD, there was Chief Rob Castro and officers; Monrovia PD Chief Jim Hunt, Captain Alan Sanvictores, Lt. Mike Lee and officers; Sierra Madre PD Chief Larry Giannone and officers; San Gabriel PD Chief David Lawton and Alhambra PD Lieutenant Jennifer Weiss. There also were representatives from so many other agencies: El Monte, Chino, Pomona, San Marino, Monterey Park, Torrance, and even Indio Police Department! The CHP Assistant Chief Marc Shaw, Commander Mark Odel from the Newhall Station and many CHP officers also attended. From the Sheriff's Department, retired Lt. J.P. Harris, Lt. Corinne Jacob, Sgt. Burton Brink and several officers and deputies came to pay their respects. There also were several police explorers from various agencies.

The service included three speakers: Arcadia Police Chief Bob Guthrie, Larry Lear, Director San Gabriel Valley Law Enforcement Explorer Academy and retired Arcadia Police Chief Bob Sanderson.

Chief Guthrie traced Chief Johnson's great career at Arcadia Police Department. It was he who founded the Police Explorer Academy so many years ago in Arcadia. Chief Guthrie relayed how he (Guthrie) was an explorer, and later was hired as an officer by Chief Johnson. As Chief Guthrie's career advanced, the retired Chief Johnson still kept in touch and was always his mentor. Chief Johnson was Guthrie's personal friend whom he could call for assistance or advice. Chief Johnson was "Chief of Chiefs for all of us."

Chief Guthrie not only led us through Chief Johnson's outstanding career in Law Enforcement, but spoke of the kind man who was in charge of the Christmas Toy Drive and dressed as the "Easter Bunny" to the delight of many children.

Larry Lear, Director of the San Gabriel Valley Law Enforcement Explorer Academy spoke of the outstanding impact Chief Johnson had on youth. In addition to the Academy, he was very involved in boy scouts. I also would like to mention that explorers from the entire program in El Monte and San Gabriel attended. I asked the Indio Policeman why he attended and he had gone through the Explorer Program! So many officers came for that reason; many attended to pay their respects to a fine man who had given so much of himself to his community and surrounding communities.

Retired Chief Robert Sanderson read tributes from Chief Johnson's children and son-in-law. Neal and wife Norma Jean had three children, Neal, Terri and Roger. When Jerry Ligget was fourteen, his parents died and Norma and Neal adopted Jerry. In Jerry's tribute, he speaks of an awesome Dad who took him in at fourteen years-not many people would do that, and what a wonderful father he was. Neal, Terri and Roger also spoke lovingly of their dad- they were disciplined, but there was a lot of love and many fun times traveling, camping and fishing!

Prior to the service, I spoke with Glendora Mayor Joe Santoro and wife Jeannie. Joe was Monrovia Police Chief for several years, and was succeeded by Neal's son Roger as Monrovia Police Chief. Joe knew Neal as a neighboring Police Chief, but also came out of respect for Roger. Jeanie Santoto told me their son Ron went through the Academy, worked at Arcadia PD and is now a DA in Orange County. Ron was very disappointed he couldn't attend because of work commitments.

Neal's son Roger is also well-liked and respected as a former Monrovia Police Chief and great human being like his dad. Many from Monrovia PD came for Roger, including retirees Rick Miglia, Don Lacher, Bill Couch and Steve Cofield.

What a wonderful man Neal Johnson was. I cannot believe how much he accomplished during his life and how many people were truly inspired by him.



## Arcadia Police Blotter

For the period of Sunday, June 1<sup>st</sup>, through Saturday, June 7<sup>th</sup>, the Police Department responded to 916 calls for service of which 126 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 1:

1. Around 2:33 a.m., an officer conducted a traffic stop on a vehicle in the area of Duarte Road and El Monte Avenue for a warrant attached to the license plate. The officer discovered the driver, a 30-year-old Hispanic male, was under the influence of a controlled substance. A records check revealed the warrant belonged to the passenger, a 43-year-old Hispanic female. Both subjects were arrested and transported to the Arcadia City Jail for booking.

2. Just after 2:30 p.m., an officer was dispatched to a residence in the 400 block of West Duarte Road regarding a burglary report. Unknown suspect(s) forced entry into the garage and stole \$10,000 worth of Chinese medicinal herbs. No evidence or witnesses were located.

Monday, June 2:

3. At approximately 11:30 a.m., an officer located a stolen vehicle traveling north on Baldwin Avenue at Live Oak Avenue. A pursuit ensued after the vehicle failed to yield and fled at a high rate of speed. Due to heavy traffic conditions and the suspect vehicle's reckless speed, officers terminated the pursuit in the area of Lower Azusa Avenue and Arden Way. Shortly after, the suspect vehicle ran the red light at Lower Azusa at Arden Way, causing a four car collision.

LA County Fire Department responded to the scene to provide treatment to the injured parties. One of the drivers involved in the collision was transported to Baldwin Park Kaiser Hospital for treatment; the other two drivers were not injured in the collision. The passenger in the suspect vehicle, a 38-year-old Hispanic male, ultimately succumbed to his injuries and was pronounced dead at the scene by LA County Fire. The suspect driver, a 28-year-old Hispanic male, was arrested and transported to USC County Hospital for medical clearance prior to being booked into the LA County Jail. The collision investigation is being handled by LASD Temple Station.

4. At about 11:19 p.m., an officer conducted a traffic stop on a vehicle in the area of Baldwin Avenue and Gate 8 for two warrants attached to the license plate. The officer discovered the driver, a 23-year-old Hispanic male, had a suspended license and was in possession of an illegal weapon in the form of an altered wooden bat. He was arrested for the listed violations and transported to the Arcadia City Jail for booking.

Tuesday, June 3:

5. At approximately 7:30 a.m., an officer responded to a residence in the 500 block of West Foothill Boulevard regarding a report of two deceased dogs. The owner woke up in the morning and discovered both of her Chihuahuas unconscious in the backyard. She had no idea what caused their deaths and observed them in good health the day before. She believed someone may have poisoned them and was going to take them to a veterinarian for necropsies.

6. Around 9:15 p.m., an officer was dispatched to the 000 block of Alta Street regarding a theft report. The victim returned to his vehicle, which he had parked on the street, and discovered unknown suspect(s) stole his catalytic converter. No evidence was located and no one reported seeing or hearing anything suspicious.

Wednesday, June 4:

7. At about 6:40 a.m., an officer was dispatched to a residence in the 300 block of El Dorado Street regarding a burglary report. Unknown suspect(s) forced entry through a sliding glass door, ransacked the location, and fled undetected with jewelry and personal documents. No evidence was located.

8. Around 8:21 p.m., dispatch received a call from a woman in the 000 block of East Newman Avenue and heard cries before she hung up the phone without saying anything. Officers responded to the residence where the victim explained her husband had pushed her. The husband left the scene prior to the officer's arrival. The woman declined prosecution and refused an emergency protective order.

Thursday, June 5:

9. At about 2:01p.m., an officer responded to U.S. Bank, 1101 West Huntington Drive, regarding a fraud report. A bank investigator explained two suspects, a 47-year-old Hispanic male accompanied by a female subject, deposited six non-sufficient funds checks into the suspect's personal bank account and withdrew money resulting in a loss of approximately \$3,600. The suspected deposited the checks at multiple branch locations over the course of five days and all the checks returned as "Stop Payment". The suspects are wanted for Passing Non-Sufficient Funds Checks with the Intent to Defraud.

10. Shortly before 8:00 p.m., an officer responded to Abercrombie & Fitch at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft investigation. Video surveillance revealed a male subject entered the store on two different occasions and stole approximately 36 fragrances, worth over \$2,500. The suspect is described as mid-twenties with short hair parted to one side. During both incidents, he was wearing a light colored long-sleeved button up shirt with dark colored pants.

Friday, June 6:

11. Around 2:00 a.m., an officer conducted a traffic stop on a vehicle in the area of Live Oak Avenue and McCulloch Avenue for tinted windows. The officer discovered the 56-year-old Asian male driver had an expired license. He was cited for the listed charges and released in the field without incident. His vehicle was left legally parked at the scene.

12. Shortly after 12:40 p.m., an officer was dispatched to a residence in the 500 block of West Wistaria Avenue regarding a burglary report. Unknown suspect(s) forced entry through a bedroom window, ransacked the bedrooms, and fled undetected with jewelry. No witnesses were located and no evidence was left behind.

Saturday, June 7:

13. At about 4:23 p.m., an officer responded to an apartment complex in the 800 block of West Huntington Drive regarding a suicidal subject. The reporting party observed the subject sitting inside his car crying and holding a knife to his throat. The officer talked to the subject and detained him before he could injure himself. The 38-year-old White male was transported to Baldwin Park Kaiser Hospital where he was placed on a psychiatric hold.

14. Shortly after 9:00 p.m., an officer conducted a traffic stop on a vehicle for expired registration in the area of Santa Clara Street and Second Avenue. The officer discovered the 21-year-old Hispanic male driver had an outstanding felony warrant and was in possession of a loaded firearm. The 26-year-old Hispanic male passenger also had an outstanding misdemeanor warrant and was in possession of narcotics. Both subjects were arrested and transported to the Arcadia City Jail for booking.

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ARCADIA REGIONAL OFFICE

## Monrovia Police Blotter

Highlighted Activity for the Weekend of June 9-11, 2014:

During the last seven-day period, the Police Department handled 388 service events, resulting in 64 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Under the Influence of a Controlled Substance / Resisting Arrest Causing Injury - Suspect Arrested

On June 9 at 9:34 a.m., officers responded to Myrtle and Huntington regarding a male subject walking in and out of traffic. Officers arrived and located the subject, who was exhibiting signs of being under the influence of a controlled substance. When officers attempted to arrest him, he pulled away and a struggle ensued. The suspect was taken into custody. One of the officers was injured in the incident.

Residential Burglary

On June 9 at 10:32 a.m., a residential burglary was reported in the 600 block of Ranchito Road. The residents left for work at different times. When they returned from work, they found their dogs had been separated and locked separate rooms. The master bedroom was ransacked, and a wallet and jewelry was taken. The investigation is continuing.

Commercial Burglary

On June 9 at 2:17 p.m., a business in the 1600 block of South Mountain called police to report a burglary that had just occurred. A male suspect walked in and selected electrical switches. He walked past open registers and exited without paying. He fled in a waiting vehicle. An employee of the business took a photo of the vehicle, which turned out to be a rental. The officer obtained the name of the renter. A DMV photo was obtained and compared to photos provided by the business. The suspect was positively identified and a wanted person entry was made into the law enforcement system computer for the suspect. The investigation is continuing.

Commercial Burglary - Suspect Arrested

On June 9 at 7:24 p.m., an officer was on patrol in a shopping center in the 500 block of West Huntington. An employee of a business ran outside and reported a theft that just occurred. The employee provided a description of the suspect and the suspect vehicle.

Another officer in the area located the suspect vehicle, parked, with the suspect seated in the right, front passenger seat. The suspect was detained and arrested for commercial burglary. The store merchandise was recovered from the suspect vehicle and returned.

Warrant / Under the Influence of a Controlled Substance - Suspect Arrested

June 10 at 2:58 a.m., an officer on patrol near Myrtle and Pomona observed suspicious subjects walking around in the area. Officers detained one of the subjects and determined she had an outstanding warrant for her arrest. The suspect was also determined to be under the influence of a controlled substance. She was arrested and taken into custody.

Grand Theft

On June 10 at 1:20 p.m., the victim of a grand theft came to the police department lobby to report the crime. The victim parked his vehicle, a 2002 Honda Accord, across the street from his residence in the 100 block of South Madison. When he returned to the vehicle, he started it up and heard a loud noise. He looked under the car and saw the exhaust pipe had been cut and the catalytic converter was missing. The investigation is continuing.

Trespassing - Suspect Arrested

On June 10 at 7:34 p.m., an officer was dispatched to a business in the 900 block of West Huntington regarding a disturbing subject. The subject entered the store the day before and caused a disturbance by yelling and throwing trash on the floor. The subject had now returned to the location and continued his bizarre behavior. The subject refused to leave, as requested by store management and was placed on a private person's arrest for trespassing. The subject was arrested and taken into custody. He was later released on a citation to appear in court.

Traffic Collision with Injuries

On June 11 at 5:48 a.m., an officer responded to Evergreen and Myrtle regarding a traffic collision. It appears the drivers of a big rig truck and a motorcycle were both attempting to make a right turn from Evergreen to southbound Myrtle. The motorcycle was attempting to make the turn by passing the big rig on the right. The motorcycle was hit by the trailer of the big rig and dragged a short distance. The motorcycle rider sustained a broken right leg and some minor abrasions. He was taken to a hospital for treatment of his injuries.



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## HAPPY FATHER'S DAY

Just being with Dad is a lot of fun.



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Grilled hot dogs are a delicious extra!

Kids:  
color  
stuff  
in!

## Things to do...

## ...to celebrate.

## With Dad:

- swim
- relax
- movie
- picnic
- long talk
- hike; stroll
- go-kart rides
- miniature golf
- do something new
- wash, wax, buff car

## For Dad:

- welcome him when he comes home from work
- chip in for cool sunglasses
- coffee, quiet, newspaper
- make a card or cake
- clean and wash car
- breakfast in bed
- hang hammock
- clean playroom
- take out trash
- shine shoes

Father's Day is a special day. It is a time to show Dads everywhere how much we care about them.

Here is a list of things to help you think about something special that you can do to celebrate Father's Day. Read the list. Could these surprises also be done on another day to treat your father?

## For Dad on Father's Day

C'mon...stop playing video games long enough to at least make Dad a nice Father's Day card!

Happy Father's Day and we're not kidding!



Fill in the spaces with vowels to spell out how we feel about our Dads.

My Dad likes to cook outside. He is the K\_\_ng of the Gr\_\_ll!

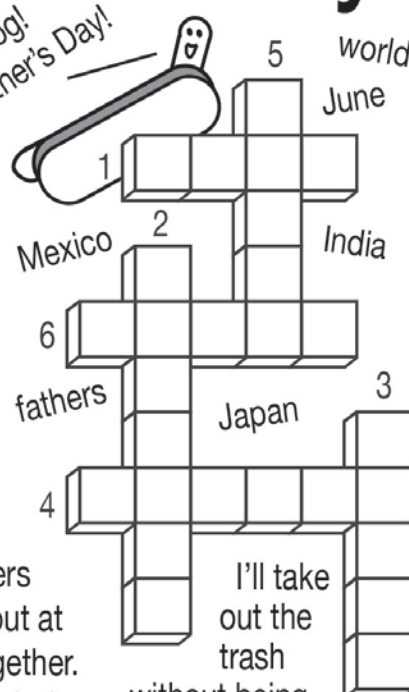
## Father's Day:

1. is held on the third Sunday in \_\_\_\_\_.
2. is a day to honor our \_\_\_\_\_ and grandfathers.
3. is celebrated in many countries around the \_\_\_\_\_.
4. in \_\_\_\_\_ is full of fun runs, pot-luck lunches and presents or hand-made artwork for dads.
5. is a newer idea in \_\_\_\_\_.

Children may give cards or flowers to their dads. Families may eat out at a restaurant or go to a movie together.

6. in \_\_\_\_\_ (Chichi no hi) may include gifts of fancy beef (like Kobe beef) or eel for dads. Children may make an origami paper item with a message or put a little gift inside it.

Hot dog!  
It's Father's Day!



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## DR. SERENA BEEKS ENCOURAGES EIGHTH-GRADE GRADUATES AT THE GOODEN SCHOOL TO SPREAD JOY, MAKE A DIFFERENCE



*Eighth Grade Graduating Class of 2014, The Gooden School: (girls, from left) Daria Young, Natalie Fung, Ariana Fotoohi, Ariana Saigh, Taylor Morris, Natalie Boberg, Reese Bauer, Tiana Lopez. (boys, from left) Michael Brennan, Adam Evenson, Jack Crawford, Jackson Morgan, Alvin Wang, Samuel Christopher, Caleb McCoy, Sary Nachabe, John Nahas, Timothy Treinen. Photo credit: Photo by Meghan Snyder for The Gooden School. To request additional photos, please contact Meghan Snyder: simpsonsnyder@gmail.com*

Sierra Madre, CA – In her graduation address to The Gooden School's 2014 eighth grade class, Dr. Serena Beeks, encouraged the students to spread joy and “be the kind of person who in every situation brings possibility or creativity, light or hope, respect, compassion and love.”

The graduation took place on Thursday, June 5, on the school's campus in Sierra Madre. As the executive director of the Diocesan Commission on Schools, Beeks oversees nearly 40 Episcopal schools in the Los Angeles Episcopal diocese.

Beeks advised the students to make a difference, regardless of their ages or circumstances. “Right now, today, as an eighth grader who can't yet drive or vote (soon, though!), you are smart enough, rich enough, talented enough, and good enough to make a difference in the lives of others, right now.

“When you have interacted with a lonely person and realized your common humanity, you will want to treat others as you would wish to be treated, and your patience and tolerance for the differences and problems and worries of others increases. In everyday small ways you will want to think about easing the burdens of others rather than adding to them; spreading joy rather than sadness. You will find your greatest joy in bringing joy to others,” she said.

As Beeks congratulated the young graduates, she offered a prayerful perspective: “May you always, beginning right now, speak and act with confidence in your abilities to be a blessing to others. May you always take the time and make the effort to look deeper – for the good in the people you meet, for the good in yourselves. God bless, preserve, and inspire you all.”

Since 1998, Beeks has served as Executive Director, Diocesan Commission on Schools, Episcopal Diocese of Los Angeles. She did however take a break to serve as division head of a new independent school in Las Vegas for five years, which gave her a perspective on challenges and opportunities in education outside of the world of Episcopal schools. Prior to her position at the diocese, Beeks served as founding head of school of St. Mark's, in Upland, for 16 years. Beeks received her Doctor of Ministry degree from Virginia Theological Seminary, and is a graduate of UC Berkeley

and Claremont Graduate School. She serves as a Governing Board member of the National Association of Episcopal Schools, and is an Honorary Canon of the Cathedral Center. Additionally, Beeks serves as a liaison between Episcopal schools such as Gooden and their sister schools in Haiti.

Reflecting The Gooden School's reputation for academic excellence and its emphasis on the arts and service learning, Gooden students are accepted by the finest area high schools. This fall, graduates will attend Flintridge Prep, Flintridge Sacred Heart Academy, La Salle, Loyola, Maranatha, Mayfield Senior School, St. Francis and Westridge.

The Gooden School's 2014 eighth grade graduating class (in alphabetical order):

Reese Evelyn Bauer  
Natalie Joy Boberg  
Michael Richard Brennan  
Samuel Jacob Christopher  
Jack Crawford  
Adam Jeremio Evenson  
Ariana Fotoohi  
Natalie Fung  
Tiana Yoo Mi Lopez  
Caleb Sullivan McCoy  
Jackson R. Morgan  
Taylor Anne Morris  
Sary Hieu Nachabe  
John Nahas  
Ariana Rayne Heslen Saigh  
Timothy James Treinen  
Alvin Wang  
Daria Elizabeth Young

*Established in 1975, The Gooden School offers a classical education for the 21st Century. The independent Episcopal school, K – 8th grade, is located in Sierra Madre, CA. For more information, visit [www.goodenschool.org](http://www.goodenschool.org).*

## PASADENA UNIFIED REGULAR BOARD MEETINGS TO START AT 5 P.M.; SUMMER MEETING DATES SET FOR PUSD MASTER PLAN/BOUNDARY COMMITTEE

Pasadena, CA – Two scheduling items recently announced by the Pasadena Unified School District (PUSD) Board of Education.

Regular meetings of the PUSD Board of Education will now begin at 5 p.m. The 5 p.m. start of regular board meetings will apply to the following dates:

June 26, 2014	January 22, 2015
July 24, 2014	February 26, 2015
August 28, 2014	March 26, 2015
September 25, 2014	April 23, 2015
October 23, 2014	May 4, 2015
	(Annual Organizational Meeting)
November 20, 2014	May 21, 2015
December 18, 2014	June 25, 2015

Agendas for all board meetings can be found on the Board of Education page at [www.pusd.us](http://www.pusd.us). Board meetings can also be viewed on KLRN-TV (Charter Communications Channel 95 and AT&T U-Verse Channel 99) and streamed live at [www.boardmeetings.info](http://www.boardmeetings.info).

The PUSD Board Master Plan/Boundary Committee will meet four times over the summer to discuss the realignment of school attendance boundaries. The upcoming meetings will take place June 10, June 24, July 29 and August 12. All meetings are on Tuesday at 6 p.m. in the Elbie J. Hickambottom Board Room (Room 236), 351 South Hudson Avenue, Pasadena.

Members of the PUSD community and residents of Pasadena, Altadena and Sierra Madre are invited to attend and provide input on potential school attendance boundaries at the committee meetings. Agendas will be posted on the board committees webpage under the board of education tab at [www.pusd.us](http://www.pusd.us).

With an eye toward shifting residential demographics within PUSD and the lopsided distribution of students at district campuses, the PUSD Board of Education created a Master Plan/Boundary Committee to study possible school attendance boundary scenarios and other master planning issues for the district. The board subcommittee is chaired by Dr. Mikala Rahn with Ms. Kimberly Kenne and Dr. Elizabeth Pomeroy also serving on the committee.

This limited term subcommittee has been tasked with the following:

- Examine feeder patterns and enrollment data, population data and school configurations
- Maximize school size/facilities, specialty programs and neighborhood capacity
- Examine where specialty programs are needed based on district value statements
- Examine strategies for increased enrollment at secondary level
- Focus on strategies for under-capacity, small schools
- Community outreach and public input on various boundary scenarios

The committee will develop recommendations for the full board by September 2014 for school attendance boundaries starting in the 2015-16 school year.

Event: PUSD Master Plan/Boundary Committee Meetings  
Date/Time: 6 p.m. on  
June 10, 2014,  
June 24, 2014,  
July 29, 2014 and  
August 12, 2014

Location: Elbie J. Hickambottom Board Room (Room 236), 351 South Hudson Avenue, Pasadena.

THE PASADENA SUMMER YOUTH CHAMBER ORCHESTRA (PSYCO) is presenting its Young Artist's Concert on Saturday, June 28, at 7:30 PM at the Pasadena Presbyterian Church, 585 E. Colorado. On the program are four young artists, Angela Liu, 15, Flute, Erika Wang, 15, violin, Angela Shin, 17, Cello, and Clarice Kwan, 14, pianist.

Dr. Paul Sherman is conducting. The concert is free.

Works to be performed are "Leonore Overture #2" by Beethoven, and first movements of the following concertos: Flute Concerto in G, by Quantz,

Violin Concerto

# 3, by Mozart, Cello Concerto #1 by Kabelevsky, and Piano Concerto #20 by Mozart.

## SCHOOL DIRECTORY

### Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

### Arcadia High School

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

### Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

### Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

### Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)  
website: [www.bcsllions.org](http://www.bcsllions.org)

### Clairbourn School

8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528

E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

### Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

### The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

### High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins  
626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

### LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

### Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

### Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

### Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Gilbert Barraza  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

### St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian  
(626) 355-9028 website: [www.st-rita.org](http://www.st-rita.org)

### Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

### Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

### Walden School

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

### Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

### Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

### PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

### ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

### MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviaschools.net](http://www.monroviaschools.net)

### DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010  
(626)599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

## THE REEL DEAL: MALEFICENT

by Ben Show



Growing up, I saw every Disney movie. From ‘Snow White’ to ‘The Lion King’ to ‘The Princess and the Frog’, I saw them all. Except for ‘Sleeping Beauty’. For whatever reason, I never saw it and never wanted to. However, now that it has been ‘remade’ as a live action movie, I am interested in the original animated film.

Maleficent (Angelina Jolie) grew up as a fairy, stuck between the conflict of the world of magic and humans. At a young age, she was betrayed by Stefan (Sharlto Copley), who would use her to become King. Filled with rage, Maleficent

would take her revenge by cursing his daughter, Aurora (Elle Fanning).

‘Maleficent’ takes the idea of the original animated film (Princess gets cursed, falls asleep, true love’s kiss must be used to wake her up) and expands upon it greatly. It gives the character Maleficent an interesting origin and provides the reason for her vengeance. ‘Maleficent’ is the best live action fairy tale since the ‘Lord of the Rings’ trilogy, and deserves to be seen by anyone, whether a fan of Disney movies or not.



## Happy Tails

by Chris Leclerc



A few weeks ago I was having coffee with a couple of my BFF's, and during the course of our conversation my friend Kim shared with us a story she'd heard about a guy who helped rescue a very sick, critically injured American bald eagle, and through much effort and tender-loving-care managed to bring her back to good health and has been giving her refuge ever since.

The poor eagle was found nutritionally deprived to the point of near death with two broken wings, and covered in lice. She was barely able to move, yet with remarkably tenacious resilience and strength, she was still holding on to dear life. The ravaged raptor's rescuer, Jeff Guidry was strongly compelled to do everything he could to help that innocent, ill eagle recover, in spite of the dire condition she was in. Jeff's compulsion to remain hopefully devoted to the cause was mainly driven by the look in that eagle's eye when she stared up at him as he assessed the situation and formulated a plan to give her a second chance.

You see, even though the injured eagle's frail body seemed ready to succumb, her desperate call for help clearly came through to Jeff in her intense gaze. It was as if she was saying, "Please, give me a second chance, and I will be forever grateful to you, and perhaps I can pay you back some day." These are my own words for what that beautiful bird might have been thinking at the time, but Jeff has his own set of words to describe the experience, and was kind enough to share them in his book entitled, *An Eagle Named Freedom: My True Story About a Remarkable Friendship*, HarperCollins Publishers, New York, 2010.

It was 1998 when Jeff first met the desperate, dying juvenile eagle, whom he later named "Freedom". Freedom had been brought in to the Sarvey Wildlife Care Center in Arlington, WA where Jeff volunteered and teamed up with the others to assist in saving her life, if at all possible. As it is so nicely put in the preface of his book, "From the moment Jeff Guidry saw the emaciated baby eagle with broken wings, his life was changed." As a miracle might have it, the eaglet did indeed recover and Jeff became her forever devoted caretaker.

By the time Jeff wrote his book, he was no stranger to miraculous recoveries. Not only had he born witness to and played a major part in the second chance his new found friend, Freedom experienced, but he also had a brush with death himself in the year 2000 when he was diagnosed with stage 3 non-Hodgkins lymphoma. That is when it became clear to Jeff that Freedom had a very important purpose to play out in life; not the least of which was that of giving back to him what he had given her - hope for a second chance.

Between chemotherapy treatments and countless doctor appointments, Jeff maintained a regular regimen of visiting Freedom at the Center, taking her out for walks and talking to her about what he was going through. He knew she could relate to his experience.



## A SECOND CHANCE FOR FREEDOM

Soon the two were inseparable companions, connecting with one another in a way that most friends cannot fully understand. They had each been granted a front-row-center seat that provided an all-too-close-up view of life's potential final moments, yet remarkably, they were both still alive! Both had been through a dark tunnel that would eventually lead back to the light of living, but not without much pain and suffering. And both knew what it meant to appreciate every breath they would take thereafter.

As I read about Jeff and Freedom's story, I began to wonder how I, myself might deal with such a challenge. Not only a challenge IN life, but a challenge OF life. Would I be so strong, as to not give up or give in? I believe that one can only be sure of their own reaction to such a situation if they are met with it, and so far I have been spared from such a traumatic life-threatening ordeal. However, I also believe that when a person (whether it be an human or an eagle) is willing to give their all to survive, they are transformed into a stronger creature with much deeper potential for thought, reflection, appreciation and compassion.

And so it seems that is indeed what happened to Jeff and his wonderful winged friend, Freedom. As it turned out, Freedom would never fly again, or at least not in the way she understood flying before her demise. Even though her broken bones and fragile body healed amazingly well, the damage that had been done was such that she would never be able to join the others of her species in soaring above the clouds, as she had when she was a child. However, part of the lesson learned by both Freedom and Jeff through their brush with death is that flying or soaring are terms that can be applied to more than just the physical act as we know it.

Without spoiling the entire story written in Jeff's book, I will say that in many ways both Freedom and Jeff fly or soar every single day of their lives! They soar above those of us who have never had to come to the crossroad of whether we will be strong enough to overcome, rather than succumb to death, and I can't help wondering if they could have done it without each other's loving strength and relentless support.

I don't have a great summary with which to end this Happy Tail, and in fact I don't think it is my right to offer such wisdom, since the experience was not my own. I can only offer what I have drawn from the story those two amazing individuals were kind enough to share with me and the rest of humanity. I find it to be one of the most inspiring accounts of what can happen when a dying person is encouraged by another, to live and not give in. Miracles do happen, I believe. And when miracles happen, positive changes are played forward. I'd like to say thank you, Freedom and Jeff for playing it forward to this humble human being who can only imagine the wisdom of truly loving and appreciating life to which you are now privy.

## LOOKING FOR A BEST FRIEND?

*Think of Tommy!*

Tommy may impress you as being on the shy or quiet side at first, but once he gets comfortable, a cute and playful personality comes out that makes him irresistible. He gets cuter and cuter the longer you get to know him and he has a way of bringing laughter and fun into your day!



Tommy's fur coat is very soft and makes you want to cuddle him in a ball in your arms, but he is all "boy" and sometimes will try to turn that into playtime with you. He also loves to play with toys including tug-of-war with his human and dog friends.

Tommy has a pleasant disposition and is a friendly, social boy with both people and other dogs of all sizes. He loves being part of a family group on a pack walk or in a play yard. He has average energy and walks very nicely on a leash. But when he is trailing behind in a group walk, a really sweet and humorous part of his character comes out. He doesn't want to miss out on anything and will huff and puff and work those short little legs as fast as he can to keep up with everyone! You can almost hear him tell the human on the other end of the leash to "hurry up"!

Tommy is a 11 ½ lb. dachshund mix boy approximately 1 ½ years old and he is looking for his forever family who he can have fun and enjoy life with.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Tommy, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes a microchip, neuter surgery, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Tommy.

See our website at [www.sgvhumane.org](http://www.sgvhumane.org) for information and photos of all our available pets.

## PET OF THE WEEK: BARNABY

Animal ID #A4716755



Meet Barnaby, a sweet pup that is ready to give you a lifetime full of love and affection if you'll let him! Barnaby (A4716755) is an endearing 8-year-old, black with tan accents, small male canine. We believe him to be a Miniature Pinscher and Apple Head Chihuahua mix. Barnaby came to the Baldwin Park Animal Care Center as a stray on June 2nd. Weighing only 5½ pounds, Barnaby is a mostly low-energy boy who is not too shy to show the pep he's still got in his step every now and again. His favorite activities are being carried around or lounging in a lap—just as long as he's close to his humans! Who wouldn't want him as their lap or purse dog, with his adorable face that often has a tongue or tooth hanging out of it? Barnaby will make an awesome indoor pet for any household around; but because of his easygoing nature, we imagine that he will be an especially good fit for either a first-time dog owner or a senior. Barnaby is a great little guy! To watch a video of Barnaby please visit the following link: <http://youtu.be/WskWpNlxjpA>

To meet Barnaby in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is available now. For any inquiries about Barnaby, please reference his animal ID number: A4716755. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Barnaby or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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JUNE 30, 2014

Submission deadline





HAPPY FATHER’S DAY TO ALL

Since I grew up in a Sparkling Wine/Champagne household, it seemed like there was always something for us to celebrate! Thanks to my father Elmer Dills, he made me the sparkling wine drinker that I am today! As we continue our month-long look at these Holiday Sparklers, this week’s highlight, the Chandon Brut is indeed the “Father” of California Sparklers!

TABLE FOR TWO by Peter Dills  
thechefknows@yahoo.com

I have visited and taken the tour of this 30-year-old winery numerous times in Yountville, CA, and can say I still enjoy the trip. The air temperature of Yountville is slightly warmer than its neighbors, thus producing a crispier Chardonnay grape. The same winemakers who have their French roots embedded with the likes of Moet and Dom Perignon own the Chandon Winery. With that, this sparkler is made using the same Champagne Method as its French cousins, using a combination of Chardonnay and Pinot Grapes to produce the perfect bubbly.

This is my favorite sparkler that’s under \$15. A perfect pairing with sharp cheddar or even a fine sheep cheese.

Dills Score

Each week I will give you my Dills Score. I have added points for value. I’m starting with a base of 50 points; I added 8 points for color, 8 points for aroma or “nose”, 10 points for taste, 9 points for finish, and 9 points for my overall impression, which includes my value rating.

Total Score 92

Retails for \$19.00    On Sale around \$14 at most Vons.

Email Peter at thechefknows@yahoo.com



IN THE KITCHEN  
Our Favorite Recipe of the week

**BACON WRAPPED  
MINI MEATLOAF CUP**

*This one if for the kids. Want to make a special dinner for Dad on Father’s Day? Well, a recipe that will make him happy.*

- INGREDIENTS
- 1 lb bacon
  - ½ cup Panko (Japanese bread crumbs)
  - 2 eggs
  - ½ cup shredded Mexican cheese blend
  - 1 lb lean ground beef
  - ¼ cup salsa
  - ¼ cup red onion, diced
  - ¼ cup red pepper, diced
  - 1 jalapeño, diced (These peppers are HOT, so if Dad doesn't like spicy foods, substitute a bell pepper. Should you want the Jalepenos get help from an adult. Don't try to handle them yourself. )
  - 1 Tbsp garlic, minced
  - 1 tsp chili powder
  - 1 tsp ground cumin
  - salt and pepper to taste
  - 3-4 cups mashed potatoes (You can actually buy mashed potatoes already mashed in the deli section)



DIRECTIONS:

Preheat oven to 350 degrees.

Flip muffin tin upside down and spray with cooking spray. Cut 1 bacon slice in half and crisscross over bottom of tin cup. Wrap 1 full bacon slice around tin cup to create bacon cup. Repeat to create 5 more bacon cups. Place muffin tin on baking sheet and refrigerate.

Spray another muffin tin (right side up) with cooking spray and set aside.

Mix remaining ingredients in medium bowl (except potatoes). For a softer flavor, try sautéing the jalapeño for a couple of minutes before adding to the mix. Form 6 balls and place in prepared muffin tin.

Bake bacon and meatballs for 25 minutes. For a crispier shell, gently remove bacon cups from muffin tin. Turn tin over and place formed shells into right-side-up tin and broil bacon on high for an additional 3-5 minutes.

Warm pre-prepared mashed potatoes. Place meatballs into bacon cups and serve on top of mashed potatoes.

*Photo and recipe from cherylstyle.com*

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Spinach Melon Prosciutto	Roasted Turkey w/ cranberry sauce
	Egg Salad with olive spread
	Roasted Vegetarian

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## THE JOY OF YOGA WITHDRAW FROM THE TEMPTATION?



We speak a lot about the senses in yoga. The 5 senses of sound, sight, touch, taste and smell direct our lives in so many ways. We need these senses to provide us with vital information. If one of them is not available the others are heightened to compensate. They are also our enjoyment centers. But most of us have learned to become slaves to them. Temptation stems from repeated use of a certain sense that provides a benefit or stimulant. It can actually be good or bad, it's the repetition that fuels our addictions. When we have no idea what we are slaves to, our senses take over and create havoc. Then we bounce from one sensory fulfillment to another. We bounce from hunger, to sex, to drink, to visual and audio stimulation with out a thought. These de-sires drive our lives. We can just be sitting there and yet thinking about our next meal or addicted to Facebook.

The wise yogis decided to retreat from the senses and the more you practice re-treat – the easier

it gets. I mean, who is in charge here You or your sens-es? You should be in charge, not your cravings. This is not like dieting. Diet-ing is just redirecting. The sensory stimulation addiction just shifts somewhere else. You need to develop awareness of the inner you and the driven by sens-es you. After some practice at this, you can let your senses help you decided what is best for you. But that is with refinement, not "I want this and that and this."

Temptation creates more temptation and pretty soon – ya gotta have it.

The practice of discipline and withdrawing from the senses gives us heightened appreciation of the senses. It gives us the power of our own choice. The phys-ical discipline of yoga is the first step. If we crave pizza and coke and give in 3 days a week, our practice will suffer. Focusing on the physical body in pos-tures can help us see the temptation when it rises. Continued study can help us break patterns and get control. Next time you hear the teacher say "Pratyahara", you will know – withdrawal of the senses. It is another of the eight limbs of yoga.

See you in class. Namasté, René

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### HOW TO AVOID GAS AND BLOATING WITH FOOD COMBINING

Yesterday a good friend asked me about food combining and if I could recommend any books that explained it well. So I thought I would give you a brief idea of what food combining is and how it can work for or against you. The first thing you need to know is that all foods require different amounts of time to digest and move through our system. Natalia Rose author of the "Raw food Detox Diet" calls easily digest foods quick exit foods. The next thing you need to know is that eating certain food combinations can hinder digestion. If you suffer from gas or bloating after meals you may want to give food combining a try.

One of the secrets of establishing good health as well as maintaining weigh loss is to have a properly functioning digestive system. This means that you are able to absorb the maximum amount of nutrients, proteins and enzymes from your food. When this is accomplished it can prevent bloating, burping, gas and even indigestion. When done properly, food combining will make this all possible.

Fruits digest faster than any other food. Next in line would be non-starching vegetables including herbs, nuts, seed, and olive and seed oils. The third group is your grains (products made from grains), sugars and starchy vegetables like corn on the cob. The foods that digest slowest are meats, dairy and fish.

1. Fruits (fresh fruits that is... cooked fruits take a little longer and dried fruits even longer still) take approximately 30 minutes to exit the stomach. Try to eat fruits first thing in the morning or 3 hours after a meal.

2. All non-starch vegetables may be eaten with flesh dishes.

3. All vegetables may be eaten with starches.

This is very basic description of food combining. You can get much more detail and fine tune what you eat but this is a quick primer for those just starting with food combining. What I take away from this is that the traditional meal I grew up on of meat, potatoes, vegetables and a raw lettuce salad is hard on the digestive system. A better meal would leave out the potatoes...or keep the potatoes and eliminate the meat.

*Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center*


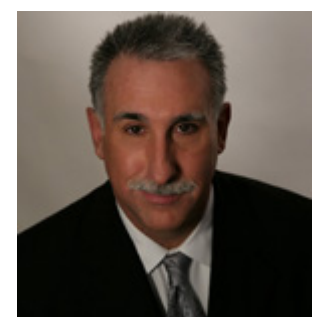
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**28 DAY HEALTH TRANSFORMATION**  
by Dennis R. Buckley, D.C.



Whether you are just looking to improve and protect your health, or you have a serious condition that threatens your ability to live and function, there is a foundation that must be in place to support living well or recovering.

The foundation of health is based on four main areas being maintained.

1. Regular exercise and movement including stretching.
2. Proper nutrition to fuel your body.
3. Proper and sufficient rest to help your body heal and regenerate.
4. A fully functional spine and nervous system to control and coordinate all of your body's functions.

Many people are looking for the 'next best thing' without addressing or fortifying the foundation. Promises are made all the time that this lotion, notion, product or pill will take you to the promise land of health.

Many people are suffering in many ways due to the fact that they have ignored taking care of their foundation. It is estimated that 70% of the problems people go to the doctor for are related to lifestyle therefore preventable because they have cracks in the foundation.

So what has happened is that their train has come off the tracks as they are trying to leave the station on their journey. They are stuck.

The 28 day health transformation is simplistic in its design to get your train back on the tracks so it can leave the station. It shores up your foundation on which all health and healing is based.

For 28 days, 4 weeks you are going to give your body a break and nourish it with activities to address strengthening your foundation.

For exercise, it includes movement and mobility on a daily basis. Nutrition wise you stop putting toxic stuff in your body and give your digestive track a break. When you exercise regularly and eat healthy great sleep is a by-product as your body detoxifies and repairs itself. Posture awareness and evaluation using chiropractic, massage, yoga, core training all help maintain the frame and allows the nervous system to flow and function without interference.

The 28 day health transformation has been tested and since it is simple and you don't have to buy any pills or equipment the question is asked, "What makes this program so special?" The answer is YOU!

You are the main factor of whether it works or not. You must change. You must get leverage on yourself to get back on track and set a new direction for your life. You must walk, you must do the stretching, you must make the choices and discipline yourself.

28 days is not a long time but can put you on course to build a foundation that you can then build on to sustain and protect your health for a 100 years.

For more information on the 28 day health transformation contact Dr. Dennis Buckley at [dennis@health-advantage.net](mailto:dennis@health-advantage.net)

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## TOP RATED NEW VEHICLES FOR SENIORS

Dear Savvy Senior:

Can you recommend any credible resources that rate the best vehicles for older drivers? My wife and I are both in our seventies and are looking to purchase a new automobile but could use some help choosing one that’s age friendly. What can you tell us?

### Car Shoppers

Dear Shoppers:

While there are a number of websites that rate new vehicles for older drivers, one of the most credible is Edmunds.com, a top-rated online resource for automotive research information.

For 2014, they developed a list of “top 10 vehicles for seniors” based on user-friendly features that help compensate for many of the physical changes – like diminished vision, arthritis, and range of motion loss – that can come with aging.

But before we get to the list, here is a rundown of different features that are available on many new vehicles today and how they can help with various age-related physical problems. So depending on what ails you or your wife, here’s what to look for.

Knee, hip or leg problems: For comfort, a better fit, and easier entry and exit, look for vehicles that have six-way adjustable power seats that move the seat forward and backward, up and down, and the seat-back forward and backward. Also look for low door thresholds and seat heights that don’t require too much bending or climbing to get into. Leather or faux leather seats are also easier to slide in and out of than cloth seats.

Limited upper body range of motion: If you have difficulty looking over your shoulder to back up or merge into traffic, look for vehicles with a large rear window for better visibility, wide-angle mirrors which can minimize blind spots, back-up cameras, active parallel park assistance, and blind-spot warning systems that alert you to objects in the way. Also, for comfort and fit, consider vehicles that have a tilt and telescoping steering wheel, adjustable seatbelts, and heated seats with lumbar support.

Arthritic hands: To help with difficult and painful gripping and turning problems, features that can help include a keyless entry and a push-button ignition, a thicker steering wheel, power mirrors and seats, and larger dashboard controls. And in SUVs and crossovers, an automatic tailgate closer can be a real bonus.

Diminished vision: Look for vehicles with larger instrument panels and dashboard controls with contrasting text that’s easier to see. And those with sensitivity to glare will benefit from extendable sun visors, auto-dimming rearview mirror and glare reducing side mirrors.

Short and/or overweight: Look for six-way adjustable seats, adjustable foot pedals and a tilt-and-telescoping steering wheel.

### 2014 Best Vehicles

Here is Edmunds list of top 10 vehicles for 2014 listed in alphabetical order. Each offers features designed to support drivers coping with the conditions discussed above. Their picks include both sedans and SUVs, and range from top-of-the-line luxury models to those with more affordable price tags.

Acura RDX SUV, Audi A8 Sedan, Ford Taurus Sedan, Honda Accord Sedan, Hyundai Sonata Sedan, Lexus ES 350 Sedan, Mazda CX-9 SUV, Mercedes-Benz E-Class Sedan, Toyota Avalon Sedan and Volkswagen Passat.

To read more about the details of these choices visit edmunds.com and type in “Top 10 vehicles for seniors for 2014” into their search bar.

### AAA Resource

Another excellent resource that can help you chose a vehicle that meets your needs is the American Automobile Association’s online tool called “Smart Features for Older Drivers.”

At seniordriving.aaa.com/smartfeatures you can input the areas you have problems with – like knee problems, arthritic hands or a stiff upper body – and the tool will identify the makes and models that have the features that will best accommodate your needs. Although this tool looks at model-year 2013 vehicles, in many cases the features shown are carried over for 2014 models.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.



## KATIE Tse .....This and That

### PROMOTION! (TO 1ST GRADE)

Happy Father’s Day! And speaking of fathers, if you read my column last week, I would like to reassure you that the bird making a nest in my dad’s SUV has been safely relocated. So, onto the promotion! This article was printed a few years ago, but I figure that a new crop of students is being promoted, and the topic is still relevant.

School’s been out a couple of weeks for me. The last week is always a little hectic and unpredictable. There’s the 8th grade trip to Disneyland, the 8th grade dinner dance (thank goodness I don’t have to chaperone that!), and the 8th grade promotion. And that’s just three of the last four days! The very last day includes individual class parties, report cards going home, and the Kindergarten promotion!

I wasn’t able to watch the whole ceremony, but I’ve seen many of them, and this one seemed nearly identical to the rest. It had all the typical graduation elements; “Pomp and Circumstance,” robes, mortarboards (of construction paper), diplomas, and speeches. However, in contrast to graduation from high school, kindergarten promotion doesn’t have a valedictorian speech. No one waxed eloquent about “closing a chapter in their lives” and “embarking on a brave, new future.” But since these young scholars range from five to six years of age, we can’t expect too much of them. When you’re only five, any chapters you’re closing are pretty short.

Since I missed the first half of the program, I can only assume that there was the customary slideshow of the students throughout the year. My room is close to the kindergarten area, so, besides the playing and laughter, I often hear crying, and that whiny intonation kids make when they are tattling on each other. By the first month of school, I can tell which students get in trouble the most. “Kyle hit me!” “Kyle, get back in line!” “Kyle, let go of his neck!” Poor Kyle, I haven’t even met him, but I know his whole kindergarten rap sheet.

Given that kindergarten is rife with crying, tattling, and children attempting to strangle each other, I’m always impressed by the teachers’ ability to snap nice pictures of all of their students (not necessary all of them at once, but at least all of them individually). But most five and six year olds are inherently cute, so even if they’re pulling another kid’s hair, you can crop it into a nice picture. Love covers a multitude of sins, and cuteness covers a multitude of heinous acts committed by children.

This ever-present slideshow is usually set to some saccharine sweet song like “You’ve Got a Friend in Me” from “Toy Story” or Jack Johnson’s “Upside Down” for “Curious George.” They probably used Celine Dion’s “Wind Beneath My Wings” back when that song was popular.

Despite the endearing pictures and stirring music, I wonder if turning the completion of kindergarten into a ceremony sort of cheapens the whole concept of graduation. It used to be that graduating was something everyone was expected to accomplish at the end of high school. Depending on what schools kids go to now, they can have as many as four graduation ceremonies before finishing high school. There’s promotion from eighth grade to high school. Some schools have sixth grade promotions, and if a student is retained a year in kindergarten, that makes four! But on the other hand, no good thing is too small to celebrate. If parents get a kick out of having their youngsters wear square hats and pose holding a roll of paper, good for them!

So I congratulate all the graduates out there, and encourage those still in school. Don’t worry; there is a light at the end of the tunnel –and it is called retirement. But that’s a whole other article!

## TECH TALK: TECHNOLOGY ASSISTANCE

Mondays, June 9 and June 23 from 2:00 to 3:00 PM Tech-savvy youth from Sierra Madre Middle School will provide assistance with the operation of cell phones, tablets, and computers. Participants should bring the device with which they need assistance; computers are available at the Senior Center for general instruction. The class is free of charge, but registration is required. To register, or for questions regarding the program call 355-7394

## SENIOR HAPPENINGS

### FYI - WHEN DOES OLD AGE BEGIN?

By Sharon O’Brien, Senior Living

At what age does a person stop getting older and actually become old? When does old age begin? When researchers at the Pew Research Center put this old age question and many others to nearly 3,000 adults, ranging in age from 18 to well over 65, the answers were revealing. Like many other questions in life, the definition of old age depends on who you ask. As explained in Growing Old in America: Expectations vs. Reality, the report based on the Pew study, if you average all of the responses together the average answer is clear: Old age begins at 68. On the other hand, the average response of adults under 30 is that old age begins at 60. More than half of the adults in under 30 said that old age actually begins before people hit their 60th birthday.

#### As People Age, Old Age Moves Back

It’s no surprise that the older people get, the longer they think it takes for a person to reach old age:

- On average, adults between the ages of 30 and 49 think old age begins at 69.
- People who are currently 50-64 believe old age starts at 72.
- Responders who are 65 and older say old age begins at 74.


Responses to the question, “When does old age begin?” vary by sex as well as age, with women taking the more generous view. On average, women say old age begins at age 70, according to the Pew study. Men, on average, say that old age begins at 66.

#### Old Age is for Other People

The study also shows that only one thing is certain when it comes to old age: The majority of people agree that none of this applies to them.

Among the old age survey respondents who were 65-74, only 21 percent said they feel old. Even among those who are 75 and older—an age that many of those surveyed would call “old”—just 35 percent said they feel old.

Maybe it’s true, as the old saying goes, that you’re as young as you feel.




### HELPFUL HINT:

*What to Do For A Smelly Garbage Disposal*

Sprinkle 1 Tbsp. or so of baking soda in it along with a few drops of dishwashing liquid. Scrub with a brush (a new toilet brush works well), getting all around the interior. Turn on the water and the disposal; run for a minute. For a citrus scent, throw in a few cut-up lemons and run through the disposal with water.

### FOR YOUR FUNNY BONE

An elderly gentleman who had had serious hearing problems for a number of years went to the doctor to be fitted for a hearing aid that would return his hearing to 100%. The elderly gentleman went back for further tests a month later and the doctor said, “Your hearing is perfect. Your family must be really pleased that you can hear again.” To which the gentleman replied, “Oh, I haven’t told my family yet. I just sit around and listen to the conversations. I’ve changed my will three times!”



### HAPPY BIRTHDAY! ... June Birthdays\*

Nellie Haynes, Dorothy McKay, George Enyedi, Theresa Daley, Ann Dugierian, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Mary Carney, Ann Disbrow, Joan Ellison, Ruth Kirby, Irene Kudirka, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Halcyon Koerber, Jacque Persing, Jeanne Peterson and Grace Sanders.


\*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

.....

### Quote of the Week:

*Impossible is a word only to be found in the dictionary of fools.*  
-Napoleon Bonaparte

.....



### ACTIVITIES:

*Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre*

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

**Free Balance Class:** Third Monday of every month 11:00 to 11:45 with Shannon Vandevelde. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

**Free Blood Pressure Testing:** Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

**Bingo: Every Tuesday** afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

**Chair Yoga Update:** This class has become so popular that Instructor Paul Hagen has agreed to offer another class. Starting Monday, April 7th chair yoga will meet twice a week on Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. Due to the demand for this class and Paul Hagen’s time a suggested donation of \$5 at one of the classes is requested, but is not required. If you have any questions please feel free to stop by or give us a call 626.355.7394

**Free Legal Consultation:** Pasadena attorney Lem Makupson volunteers on the 2<sup>nd</sup> Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. **\*Appointments are a must!** Please call: 626.355.7394 to make yours

**Birthday Celebrations:** The 2<sup>nd</sup> Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and **“celebration.”** (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

**Game Day: Every Thursday** at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available.

**Free Strength Training Class: Every Friday** from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center.


**Senior Citizens Club:** Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

**LUNCH & LEARN: THE KENSINGTON - SIERRA MADRE**  
**Wednesday, June 25th • 12:00 to 1:00 pm**

The Kensington, the Senior Center’s soon to be across the street neighbor, is scheduled to open in November 2014 and is designed to be a home for seniors who need assisted living and memory care services. Hear from Brandy Valencia, Executive Director of The Kensington, about the type of services they will offer, the design and layout of the building, and their involvement in the community.

**SENIOR MOVIE: JUNE 18TH: THE BUCKET LIST (2008)**

Corporate billionaire Edward Cole and working class mechanic Carter Chambers have nothing in common, except they both have been diagnosed with terminal illnesses. While sharing a hospital room together, they decide to make a Bucket List of all the things they have ever wanted to do before they die. In the process of completing the list, both of them heal each other, become unlikely friends, and ultimately find the joy in life. Rated PG-13, Start time: 1:00 pm (run time 97 minutes) Featuring: Morgan Freeman and Jack Nicholson



### UPCOMING EXCURSIONS:

**Aquarium of the Pacific (Long Beach, CA)**  
Date: Friday, June 20, 2014 Time: 9:00am to 3:00pm

Meeting Location: Hart Park House Senior Center Cost: \$25.00 (does not include lunch) The Aquarium features a collection of over 11,000 animals representing over 500 different species in exhibits ranging in size and capacity from about 5,000 to 350,000 gallons. Exhibits introduce the inhabitants and seascapes of the Pacific, while also focusing on specific conservation messages associated with each region. The Pacific Ocean is the focus of three major permanent galleries, sunny Southern California and Baja, the frigid waters of the Northern Pacific and the colorful reefs of the Tropical Pacific. You will be given a daily schedule of the shows included in the price of admission some of which are the care and feeding of sea otters, seals and sea lions, and sharks, the tropical reef dive in which divers speak from inside the 350,000 gallon tropical reef tank, and a penguins multimedia show. Participants are asked to bring additional money for souvenirs and lunch; there are a variety of restaurants nearby. Last day to register is Thursday, June 12, 2014. Level of Walking: Moderate

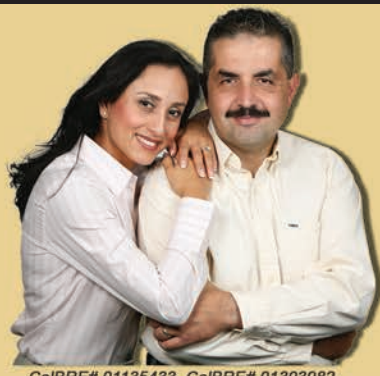
### SENIORS ROCK! Concert in the Park

**Sunday, June 22, 2014 6:00-8:00pm Memorial Park**

Listen to the big bang sounds of Rex Merriweather & This Ain’t Your Daddy’s Big Band on Sunday, June 22nd from 6:00-8:00pm at the Memorial Park Bandshell, 222 W. Sierra Madre Blvd. Music includes tunes from the 40s, swing, and theme songs from classic TV shows and radio.

The concert is sponsored by the Senior Community Commission who will be giving away FREE popsicles while supplies last. Also for sale are “Sierra Madre Seniors Rock!” T-shirts, proceeds from the t-shirts support senior programs and services. Seating is on the green so remember to bring blankets and lawn chairs. For additional information please call the Community Services Department at 626-355-5278.





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### 647 Ashcomb Dr., La Puente



Don't miss the opportunity to own this "turn-key" home. Fully updated spacious 3 bedroom, 2 bath home with attention to detail. Home also offers a brand new open concept kitchen, newer windows, updated bath, & custom wood/laminate flooring.

### 300 N El Molino Ave., #123, Pasadena



Beautiful 2 bed/2 bath condo located in the city of Pasadena. Both bedrooms are suites, with plenty of closet space. Offers an open-concept floor plan with a modern kitchen that opens into the eating area and living room. Centrally located, and just minutes from Old Town Pasadena.

### 1815 Oakwood St., Pasadena



Beautifully updated/remodeled home, located in the East Washington Village section of North Pasadena. Home offers 3 bedrooms/2 baths with an open floor plan which makes this home ideal for entertaining friends and family.

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*Eileen Benson*

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### 625 Oak Crest Sierra Madre

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### 252 E. Grandview Sierra Madre

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### 278 E. Alegria Sierra Madre

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SATURDAY, JUNE 14, 2014

SECTION B

## AROUND SAN GABRIEL VALLEY

### TEAM AMERICAN ROCKETRY CHALLENGE FINALISTS



Troop Leader Jossalyn Emslie, Madeline Emslie, Supervisor Antonovich, Hannah Kim, Vienna Murillo

LOS ANGELES COUNTY — Supervisor Michael D. Antonovich recognized mem-bers of the San Gabriel Valley Girls Scouts Troop 353 for advancing to the national finals of the Team American Rocketry Challenge finals.

Co-sponsored by NASA and the U.S. Department of Defense, the Team American Rocketry Challenge is an annual model rocket competition for students in grades 7 to 12. Started in

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## SAN GABRIEL VALLEY ADDS 12,240 JOBS

By: Cynthia Kurtz, President SGVEP

Hallelujah! The San Gabriel Valley added 12,240 jobs in 2013 - the largest yearly job increase since the recession devastated the local economy causing the loss of 55,000 jobs in less than two years.

Healthcare is leading the San Gabriel Valley's recovery adding close to 8,000 jobs in 2013 and between 26,000 and 29,000 jobs over the last decade. Healthcare now accounts for 115,200 of the region's 645,400 jobs. Over the last 10 years, the largest job growth has been in physician offices (+5,000 jobs), hospitals (+3,900 jobs), home healthcare services (+1,900 jobs), and outpatient care centers (+1,800 jobs).

We aren't talking about administrative jobs in doctor offices and hospitals which are included in the ad-ministrative and support services sector. These jobs are health practitioners - people with M.D. degrees and professionals who are registered or licensed to provide health services like dental hygienists or dieti-tians. These are good paying jobs with average annual salaries between \$55,000 and \$64,000.

The growth in healthcare has also generated job growth in other related industries. Scientific research and development services,

management and

technical

consulting, and pharmaceutical and medical manufac-turing are also adding jobs.

Healthcare is not the only sector adding jobs. 2013 saw an increase of 3,200 jobs in leisure and hospitali-ty - the businesses that support tourism. This is on the heels of adding 2,900 jobs in 2012. Tourism is a growing industry throughout Los Angeles County and 2013 was a banner year with a record 42.1 visitors coming to the LA region. These visitors spent a record \$16.5 billion.

The SGV is benefiting from these visitors - especially from Chinese tourists. They come to the SGV to visit friends and family, to see the Lio Fang Yuan Garden - Garden of Flowing Fragrance - at Huntington

Library, to visit the Hsi Lai Temple and of course to enjoy authentic Asian foods - just as good as back home.

The average SGV hotel occupancy rate increased to an impressive 77.4 percent in 2013 - up from 61 percent in 2009. The average SGV room rate was \$129.89 - up from a low of \$118.52 in 2010. Don't be surprised to see some new hotels in the SGV. When it comes to tourism...we're hot.

Another bright spot in the SGV economy is international trade. Our valley has a high concentration of international trade businesses. Some 6.7 percent of the region's total jobs are in international trade com-pared with a total of 5.3 percent in Los Angeles County.

The Ports of Long Beach and Los Angeles handled 14.3 million containers in 2013 - a 3.4 percent in-crease over 2012. The outlook for increased trade in 2014 and 2015 is good. California's top trading partners are expected to continue to experience strong growth. We certainly haven't "recovered" yet. We still need 29,000 jobs to get back to the employment total in 2008 - a number we are unlikely to reach before the end of 2015. However, adding 12,240 jobs in a year is a good reason to celebrate.



Photo courtesy SGVCC



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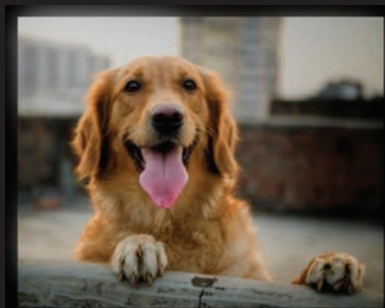
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The World Around Us  
Business News & Trends  
Opinion  
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## SEAN’S SHAMELESS REVIEWS:

By Sean Kayden

### BROKEN RECORDS

“Weights and Pulleys” is the third LP from Scottish folk infused indie rock group, Broken Records. The six-piece band has often been compared to Arcade Fire, The Editors, and the raw intensity of Bruce Springsteen. The similarities drawn from those bands are rooted within the anthemic songwriting Broken Records overtly display. The band’s known for swapping instruments during live performances that consist of a violin, a cello, and an accordion as well as standard equipment. While Arcade Fire has consistently changed their music styles (for better or worse) and catapulted into a mainstream rock act, Broken Records keep plugging away with their solid yet reliable sound. On the contrary, the band is honing in on their trademark sound with “Weights and Pulleys,” which marks the band’s first LP in four years.

A record such like this is all about what’s in the live performance. There is so much raw, passionate energy with nearly every song. Broken Records are storytellers that tell deep and richly crafted stories. The band has developed a well-rounded signature resonance. This ultimately provides them with the essential ingredients to ignite their unique tales on fire. From powerful drumbeats, to swirling guitars, and lead singer’s Jamie Sutherland’s brooding vocals, “Weights and Pulleys” has a series of highs and lows, but no matter where you’re floating in life, you will be rapt with all you hear. “Winterless Son,” the best track on “Weights and Pulleys” is too good. It’s infused with Springsteen’s uncompromised passion, but it completely intrigues as a Broken Records original tune. The arena type rock song will lift up any tired mind that lives a humdrum existence. “You’ll Be Lonely (In A Little While)” is absolutely enthralling. The final stretch of the song has the group rocking out but with all that is going on, you’re still heavily pulled in. After forty minutes, I was ready for another listen. “Weights and Pulleys” may not be groundbreaking, however, I was deeply fixated on nearly everything I heard.

“So Long, So Late” is another solid gem with dominant arrangements and dynamic song writing. I believe “Weights and Pulleys” consistency works to the group’s advantage. Instead of having a solid single or two with the rest of the songs disappointing after that, Broken Records have crafted a piece of work that carries more weight than most rock albums released this year. It’s richly layered, uplifting, reflective, and charming to the fullest. “Weights and Pulleys” exhibits a lot of depth and good-natured song writing that fans of folk rock, indie rock, and anthem type rock tunes should congregate and experience one of the finest rock records of the year.

<b>Artist:</b>	<b>Broken Records</b>
<b>Album:</b>	<b>Weights and Pulleys</b>
<b>Label:</b>	<b>J Sharp Records</b>
<b>Release Date:</b>	<b>May 19<sup>th</sup>, 2014</b>

Grade: 8.8 out of 10

Key Tracks: “Winterless Son,” “So Long, So Late,” “You’ll Be Lonely (In A Little While),” “I Won’t Leave You In The Dark”



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## Jeff’s Book Picks

By Jeff Brown

### HARD CHOICES by Hillary Rodham Clinton

Hillary Clinton’s inside account of the crises, choices, and challenges she faced during her four years as America’s 67th Secretary of State, and how those experiences drive her view of the future. “All of us face hard choices in our lives,” She writes at the start of this personal chronicle of years at the center of world events. “Life is about making such choices. Our choices and how we handle them shape the people we become.” After her 2008 presidential run, she expected to return to representing New York in the United States Senate. To her surprise, newly elected President Obama, asked her to serve as Secretary of State. This memoir is the story of the four extraordinary and historic years that followed. .By the end of her tenure, Secretary Clinton had visited 112 countries, traveled nearly one million miles, and gained a truly global perspective on many of the major trends reshaping the landscape of the twenty-first century, from economic inequality to climate change to revolutions in energy, communications, and health. Draw-ing on conversations with numerous leaders and experts, Secretary Clinton offers her views on what it will take for the United States to compete and thrive in an interdependent world. An astute eyewitness to decades of social change, she distinguishes the trendlines from the headlines and describes the pro-gress occurring throughout the world, day after day. Secretary Clinton’s descriptions of diplomatic con-versations at the highest levels offer readers a master class in international relations. A great piece of history.



### HOLLYWOOD TOUGH (*Shane Scully Novel*) by Stephen J. Cannell

Detective Shane Scully is back in the good graces of the department, hailed as a hero after bringing down a deadly gang of rogue cops . At a glamorous Hollywood party with his wife, Alexa, Shane over-hears a famous producer make a remark about the strange deaths of his two ex-wives. Is he serious or merely joking around ? This becomes more than just police business, because the party is to celebrate the engagement of the producer to Alexa’s closest friend. Shane begins to look into this heavy-hitter’s past. At the same time, he becomes aware of a high profile wiseguy’s attempt to control Hollywood’s unions. He initiates an elaborate sting operation to draw the starstruck wiseguy into revealing his real purpose for coming to L.A. Tough, streetwise Scully, who thought he’d seen just about everything, is astounded by the distorted egos and total insanity of the movie business, and while he struggles to keep his sting operation from spinning out of control, he and Alexa find themselves and Shane’s teen-aged son, Chooch, involved in something much bigger, something that puts all their lives on the line.

### SUSPICION by Joseph Finder

A new novel from the N.Y. Times bestselling author and "master of the modern thriller." When single fa-ther Danny Goodman suddenly finds himself unable to afford the private school his teenage daughter adores, he has no one to turn to for financial support. In what seems like a stroke of brilliant luck, Danny meets the father of his daughter’s best friend, who also is one of the wealthiest men in Boston. Galvin is aware of Danny’s situation and offers a \$50,000 loan to help Danny cover his daughter’s tuition. Un-comfortable but desperate, Danny takes the money, promising to pay Galvin back. What transpires is something Danny never imagined. The moment the money is wired into his account, the DEA comes knocking on his door. Danny’s impossible choice: an indictment for accepting drug money that he can’t afford to fight in court, or an unthinkable treacherous undercover assignment helping the government get close to his new family friend. The drama ensues!!

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## THE WORLD AROUND US

Looking Up  
with Bob Eklund



### 55 YEAR OLD FAR SIDE OF THE MOON MYSTERY SOLVED

The Man in the Moon appeared when meteoroids struck the Earth-facing side of the Moon creating large flat seas of basalt that we see as dark areas called maria. But no “face” exists on the far side of the Moon and now, Penn State astrophysicists think they know why.

“I remember the first time I saw a globe of the Moon as a boy, being struck by how different the far side looks,” said Jason Wright, assistant professor of astrophysics. “It was all mountains and craters. Where were the maria? It turns out it’s been a mystery since the fifties.”

This mystery is called the Lunar Far-Side Highlands Problem and dates back to 1959, when the Soviet spacecraft Luna 3 transmitted the first images of the far side of the Moon back to Earth. Researchers immediately noticed that fewer “seas” or maria existed on this portion of the Moon that always faces away from Earth.

Wright, Steinn Sigurdsson, professor of astrophysics, and Arpita Roy, graduate student in astronomy and astrophysics and lead author of the study, realized that the absence of maria, which is due to a difference in crustal thickness between the side of the Moon we see and the hidden side, is a consequence of how the Moon originally formed.

The general consensus on the Moon’s origin is that it probably formed shortly after the Earth and was the result of a Mars-sized object hitting Earth with a glancing, but devastating impact. This Giant Impact Hypothesis suggests that the outer layers of the Earth and the object were flung into space and eventually formed the Moon.

“Shortly after the giant impact, the Earth and the Moon were very hot,” said Sigurdsson. The Earth and the impact object did not just melt; parts of them vaporized, creating a disk of rock, magma and vapor around the Earth.

“The Moon and Earth loomed large in each other’s skies when they formed,” said Roy.

The Moon was 10 to 20 times closer to Earth than it is now, and the researchers found that it quickly assumed a tidally locked position with the rotation time of the Moon equal to the orbital period of the Moon around the Earth. The same real estate on the Moon has probably always faced the Earth ever since. Tidal locking is a product of the gravity of both objects.

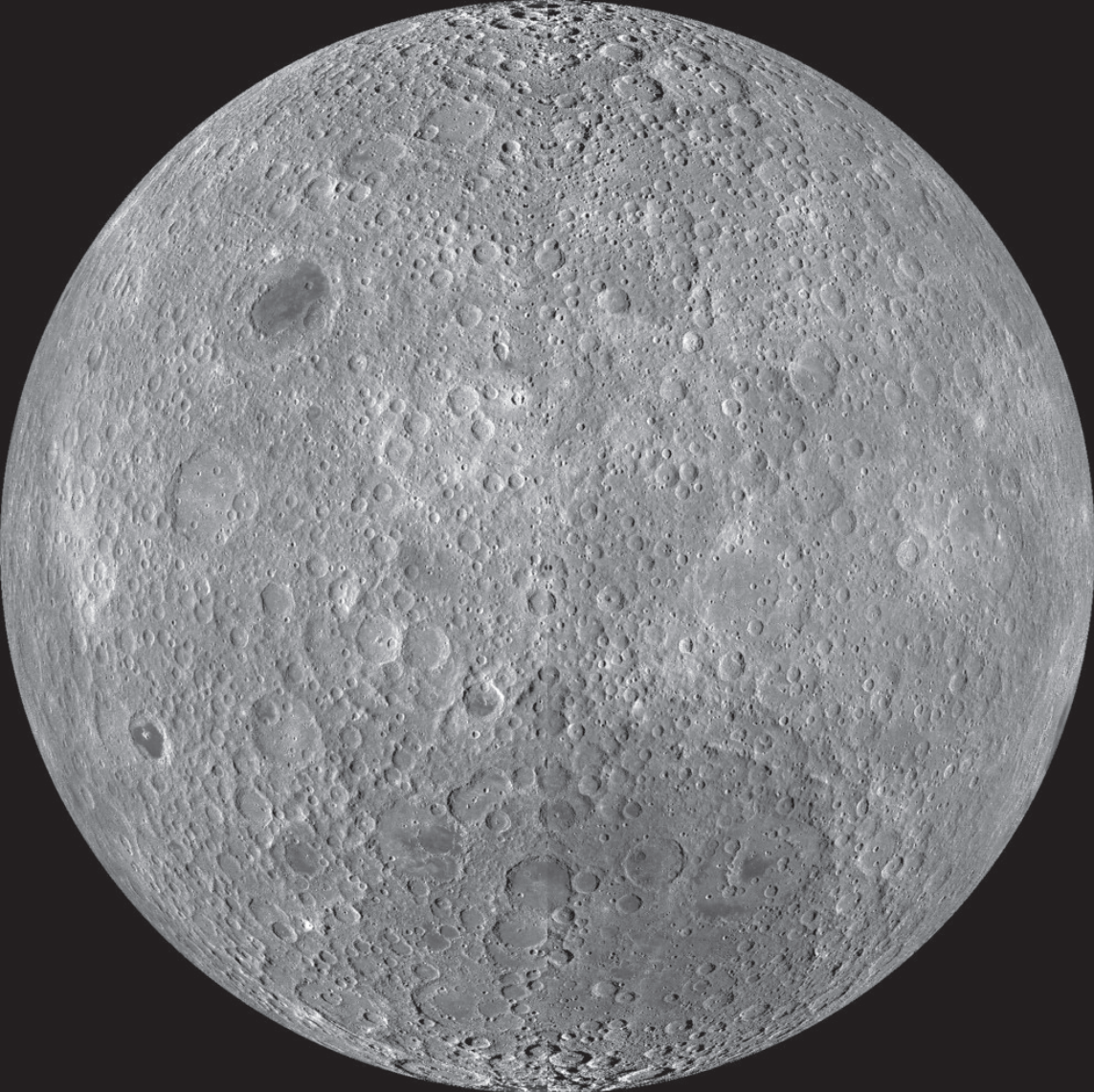
The Moon, being much smaller than Earth, cooled more quickly. Because the Earth and the Moon were tidally locked from the beginning, the still hot Earth—more than 2500 degrees Celsius—radiated towards the near side of the Moon. The far side, away from the boiling Earth, slowly cooled, while the Earth-facing side was kept molten, creating a temperature gradient between the two halves.

This gradient was important for crustal formation on the Moon. The Moon’s crust has high concentrations of aluminum and calcium, elements that are very hard to vaporize.

“When rock vapor starts to cool, the very first elements that snow out are aluminum and calcium,” said Sigurdsson.

Aluminum and calcium would have preferentially condensed in the atmosphere of the cold side of the Moon because the nearside was still too hot. Thousands to millions of years later, these elements combined with silicates in the Moon’s mantle to form plagioclase feldspars, which eventually moved to the surface and formed the Moon’s crust, said Roy. The farside crust had more of these minerals and is thicker.

The Moon has now completely cooled and is not molten below the surface. Earlier in its history, large meteoroids struck the nearside of the Moon and punched through the crust, releasing the vast lakes of basaltic lava that formed the nearside maria that make up the “man in the Moon.” When meteoroids struck the far side of the Moon, in most cases the crust was too thick and no magmatic basalt welled up.



Composite image of the lunar farside taken by the Lunar Reconnaissance Orbiter in June 2009. Note the absence of dark areas. Image: NASA

MERCURY PASSES IN FRONT OF THE SUN, AS SEEN FROM MARS. NASA’s Curiosity Mars rover has imaged the planet Mercury passing in front of the Sun, visible as a faint darkening that moves across the face of the Sun. The observations were made on June 3, 2014, from Curiosity’s position inside Gale Crater on Mars.

This is the first transit of the Sun by a planet ever observed from any planet other than Earth, and also the first imaging of Mercury from Mars. The observation by the telephoto camera of Curiosity’s two-eyed Mast Camera instrument is available at <http://www.jpl.nasa.gov/video/?id=1309>

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).

\*\*\*\*\*



## FAMILY MATTERS

By Marc Garlett



### GREATEST WEALTH TRANSFER IN HISTORY UNDERWAY - What's your plan?

A new study by the Boston College Center on Wealth and Philanthropy found that the greatest wealth transfer in history is currently underway, with more than \$59 trillion passing to heirs, charities and Uncle Sam between now and 2061. The majority of this wealth -- \$36 trillion -- is passing directly to heirs and another sizeable chunk -- \$27 trillion -- is passing to charity, either through final bequest or total lifetime gifts. And even though the study notes that the transfer of \$59 trillion is the largest in history, it goes on to estimate the final figure will likely be even higher -- much higher.

So what is your plan for either transferring or receiving inherited wealth?

If you don't have one -- and far too many people don't -- I encourage you to start planning now, since in my view your estate plan is more of a process than a static document. In fact, my relationship with clients continues long after the estate planning documents have been signed.

As your life changes and your family grows, legacy planning will play an important role in how you choose to transfer wealth to future generations. The law firm you choose to work with on your legacy planning should keep all your estate planning documents accessible to you in an electronic file, and schedule timely reviews so they can furnish you with three very important services:

1. Ensuring all your assets are owned correctly so your family isn't stuck dealing with an expensive, unnecessary, and public Probate

Court process. Establishing a Trust once and then never looking at it again isn't the answer -- regular updating and assurances that all your assets are documented and owned properly, is the right way to do things.

2. Making sure the guardians you have named for your minor children, the trustees you have chosen to carry out the terms of your trust, and the agents you have designated to make health care decisions for you in case you cannot make them yourself are still the people you want in charge.

3. Helping you record your values, experiences, family history and the other important intangibles you want to pass on to future generations so they are never lost. A comprehensive estate plans should cover far more than just your money, focusing on what matters most -- your values, insights, stories and experiences. The things most often lost when someone dies.

Call our office today to schedule a time for us to sit down and have a Family Estate Planning Session, so we can help you look at what would happen now if something were to happen to you and ensure everything passes to your loved ones exactly the way you want. Call 626.355.4000 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

*Marc, a local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children) is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024.*

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**Tips of the Trade:  
Real Estate Revealed**  
*by Luther Tsinoglou*

**THIS TOO SHALL PASS**

Even with recent gains in the market, the concept of homeownership is still under attack. Owners feel let down by falling values, critics say the American Dream has become a nightmare, and others say renting is the best option now. There is no doubt that many have suffered at the hands of bad lending practices and economic turmoil associated with the recession.

However... owning a home has always been a huge part of the American Dream, and will continue to be so long after the current economic crisis and wave of defaults has passed. Our homes are a place of security for our families and for establishing traditions with our friends.

No one can argue against the benefits that homeownership provides to our communities and to society in general. Homeowners have a higher level of self-esteem, education, and involvement in civic activities. Why try to tear down these fundamental truths simply because we are in a downward part of the always dynamic cycle of real estate?

The time has come to reaffirm the dream of homeownership, but in a more sober and accountable fashion. We should emphasize responsible ownership for the long term, which helps us and our communities achieve the common goals of financial and social well-being. Today's naysayers will change their tune when the cycle rises again, and you can count on that.

  
**Social Media**  
*Tips & Tricks*  
By Merri Jill Finstrom

**MAKE YOUR SOCIAL MEDIA VISUAL**

There is more content being created on social media than there is time to consume it. Posts that are visually interesting are capturing more attention.

Statistics show that images posted on Facebook get more engagement (likes, comments and shares). I like to create word box images for Facebook posts: a simple colored rectangle with a few words. It's like a call-out box in a publication. It stands out amongst all the text and pulls a reader in for more.

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**Pinter-etsy**



Create text boxes that stand out in Facebook's newsfeed.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs).

Sign up for their upcoming classes, webinars and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

**LORI KOOP**

**the creative entrepreneur**

by Lori Koop, Business Coach



Remember the last time you lost your cell phone... what did you say to yourself? If you're like me, you said "I'm backing up my data from now on!"

Have you?

Imagine you had to rebuild your whole contacts list. How many contacts would that be? How many hours would you consume? All wasted time. And if you're like most entrepreneurs, you don't have much to spare.

Take this minute to think back... when was the last time you backed up your computer? Your cell phone? Your pictures?

Schedule it right now. Put it on the calendar. Turn it into an intention, and it will most likely get done. It's not only smart, but it provides peace. Once complete, you're safe. You will have covered yourself should anything unexpected happen. Well, you never know... that's the downside of technology. But you can be prepared... that's the upside.

So, backing up... it's simply generating a second copy of your data and storing it at a second location in case the first version gets damaged or destroyed. If you do so regularly, awesome! Pat yourself on the back. Great job! (I bet you've lost data before.) If you've never backed up your data or don't do it regularly, consider making it a monthly practice at the very least. How about the first of every month? Be sure to reward yourself after you're done. Go for coffee. Or take 15 minutes with a favorite book. Yes, we still respond to treats.

If you're not tech savvy, hire someone. I like Peter at Foothill Tech in Sierra Madre (626-355-5152). He can program your equipment to back-up automatically. This way you don't even have to think about it. It's done while you sleep.

Technology... it's pretty flawless. But we are human. Take a moment and avoid the nightmare.

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



From the office of  
**SENATE  
REPUBLICAN  
LEADER**

**Bob Huff**



JUNE 14

## Flag Day 2014

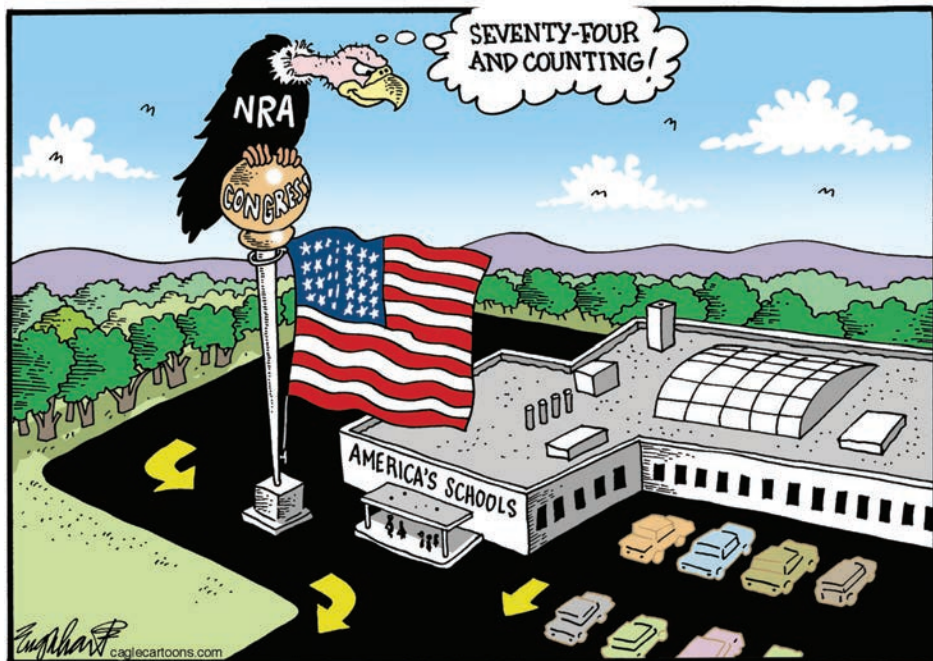
On January 1, 1776, when the Continental Army had the British Army under siege, General George Washington ordered that the Grand Union Flag be hoisted. That flag was made by Betsy Ross and consisted of 13 stars accented with red and white stripes.

The Second Continental Congress adopted the flag designed by Betsy Ross as the official flag of the United States on June 14, 1777.

In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day. In August 1949, National Flag Day was established by an Act of Congress.

Our flag isn't just a cherished emblem of national pride. It also serves as beacon of liberty and self-determination for peoples around the world. Our brave armed forces have carried this beacon into every battle. Schools that help our students learn the skills they need to become productive citizens proudly fly the flag, as do the buildings where we craft, interpret and enforce our laws. The number of stars representing each state may have grown from 13 to 50, but the message of freedom, justice and equality under the law has not changed.

I hope that all 29th District constituents join this special day by displaying our "star spangled banner" at their homes or businesses, and by taking the time to remember all that it represents.



## JASON STANFORD



### HEY GOP: Stop Politicizing Terrorism

Let us pause to observe a moment of silence for a time when politics stopped at the water's edge. That quaint notion of national unity was mortally wounded immediately after the attack in Benghazi, and finally succumbed to complications after a prisoner exchange for an American POW in Afghanistan.

There's nothing wrong with disagreeing on foreign affairs. In fact, it's our duty as citizens to engage in our democracy. You want to protest for peace? Burn the Dixie Chicks' CDs? Criticize how a president is waging a war or how Congress is funding it? Go nuts. The First Amendment isn't a trophy in a glass case on the mantel. You're supposed to use it.

There is a difference, however, between publicly disagreeing with the President's handling of foreign policy and using international incidents to gain a political advantage. The GOP's aberrant handling of Benghazi provides a sad example. In 2012, the Romney campaign was looking for an opportunity to highlight what they saw as the President's weakness on foreign policy. To be clear, Romney had every right to make that case.

But Romney didn't even wait to find out how many Americans had died in Benghazi before claiming the President "sympathize[d] with those who waged the attacks." RNC Chairman Reince Priebus at least waited until a minute after midnight on September 11 before tweeting, "Obama sympathizes with attackers in Egypt. Sad and pathetic." That last part was true, but not in the way Priebus intended.

Out of the murders of four Americans, a political scandal was born. More than a dozen hearings, 25,000 pages of reports, and 50 briefings later, and the biggest thing we've learned is that congressional Republicans have no shame when it comes to politicizing terrorism. Recently, the National Republican Campaign Committee solicited donations via an email that invited Republicans to "become a Benghazi watchdog" by making a contribution, literally using terrorism for political profit.

I would have thought that we could all agree that bringing POW Sgt. Bowe Bergdahl home from captivity in Afghanistan was the right decision. Gen. Stanley McChrystal, the former commander there, said the policy of leaving no one behind in a warzone is "unequivocal." But now politics doesn't stop at the water's edge. It keeps going all the way into the dark room where Bergdahl was being held prisoner.

Until recently many Republican politicians and tea party activists were demanding that the President bring Bergdahl home, but then they Black-flipped when the President brought Bergdahl home. The President had done exactly what they demanded of him, so Bergdahl, once a tragic hero, had become a traitor not worth saving.

The worst example of this was John McCain. In February he supported a prisoner exchange with the Taliban to free Bergdahl. With alacrity rivaling Romney's craven grandstanding on Benghazi, McCain didn't wait for Bergdahl's return stateside before criticizing the trade as "ill-founded" and a "mistake." For what it's worth, in 1973 the US traded North Vietnamese prisoners to a free Capt. McCain and other U.S. POWs. The rank hypocrisy by Bergdahl's former champions is the least of it. In 2012—before anyone had ever heard of Benghazi—Michael Hastings of Rolling Stone exposed the GOP's behind-the-scenes political machinations over Bergdahl. Congressional Republicans threatened the White House and State Department that they were prepared to use any prisoner exchange for Bergdahl to paint the President as an appeaser who sympathized with terrorists.

"They keep telling me it's going to be Obama's Willie Horton moment," Marc Grossman, the special envoy to Afghanistan, warned the White House. Yes, the President broke a law requiring 30 days notice before doing this, but if I had to deal with this Congress I wouldn't tell them what time it was if I had the last clock in the world.

In his recent commencement address at West Point, the President articulated a vision for American leadership in the world, but that will only be possible if Republicans provide a loyal opposition. The reason we don't leave anyone behind is because we're supposed to be in this together. When Republicans are ready to put their country ahead of their partisan political interests, there's a place waiting for them at the grown-ups' table.

Jason Stanford is a Democratic consultant who writes columns for the Austin American-Statesman and The Quorum Report. He can be reached at stanford@oppresearch.com and on Twitter @jasStanford.

# OPINION

## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### THE SWITCH ON MY BEHIND SAVED TIME



My father was a rather reserved person. He did not have much to say except when he

was talking about his hunting or fishing adventures, and to hear from him. It was always an adventure. When he got started on one of his stories, you better just sit back and forget about everything else.

Outside of that, he was rather quiet and reserved and did not have much to say. I always liked that about him for a variety of reasons. I think I take after him in that regard. I just do not have time to hear somebody blaviate on something I am not interested in.

For one, my father had no time at all for politics. I am not sure if he was a Republican or Democrat, but I knew he voted every election.

"Son," he often said, "you don't have to take sides one way or the other. When I'm with a Democrat, I talk Democrat and when I'm with a Republican, I talk Republican. The only thing that matters is what I do when I get in that voting booth."

This attitude of his, since Father's Day is coming up, was something that made a deep impression upon me. Following his counsel has kept me out of quite a few battles throughout the years, especially when I got married.

I can never remember my father arguing with my mother. Now, my mother argued with my father, but he never reciprocated. "If you want a happy home," he once advised, "make sure everybody in the home was happy particularly the one you married."

That has helped me through many sticky situations for which I am eternally grateful.

Another bit of advice he gave me was simply that you do not have to fight every battle. "Only fight those battles," he said with a sly smirk on his face, "that you know you can win."

I mentioned that he was rather reserved in his speaking, but there was one area where he was profusely proactive. That was in the area of discipline, especially directed toward me.

My father was not much different from any of the father's during that time and they all believed in the biblical admonition, "Spare the rod and spoil the child." These fathers were united in making sure none of their children would be spoiled.

One rule we had in the house that I did not fully agree with was, if you got a spanking in school (and in those days we got spankings in school) you got a spanking at home. Talk about double dipping!

The assumption was that the teacher was right and that the one receiving the spanking was wrong. Back then, 99.9% of the time that was true. The spanker was in charge, the spankee took it like a man and you know where.

I spent 12 years in the public education system and during that time, my teacher

was never wrong. I will not divulge how many times I was wrong, that is between me and the area I sit on.

I clearly remember that my teachers back then had what was called "the Hickory stick." And boy did those teachers know how to use that Hickory stick and where it would do the most good.

My father did not have a Hickory stick as such. Hanging on the wall in the kitchen was an old wooden paddle engraved with, "I need thee every hour." I am surprised that that one wooden paddle lasted during my entire childhood.

I made one mistake during those childhood days. I was going through a period where the paddle and my bottom were close friends. I was getting a little weary of such friendship and decided I would do something about it.

My father had gone to work early that day, as I remember it now, and I was going out the door to go to school when a thought danced in my head. I would take that paddle and dispose of it so that it could no longer be attached to my person.

With the advantage of 20/20 hindsight, it was not a perfect plan.

I had forgotten about that and two days later, I got into some trouble. It was the kind of trouble that could be resolved only by that wooden paddle. My father went to get the paddle and to his chagrin, and my posterior harm, it was not there.

Very seldom did my father paddle me when he was really angry. There was one case when that happened, and this was it. I will not repeat the lecture that he gave at that time, but I will say that it had a lasting impression upon my posterior. At that time, I wished he had been a man of fewer words.

I know times have changed, but I am not sure they have changed for the better. There was a time when parents were in charge of children and responsible for the discipline. Sadly, that day is far gone.

The only thing I would say is, are we better off today than we were back then?

The Bible admonishes us, "And, ye fathers, provoke not your children to wrath: but bring them up in the nurture and admonition of the Lord" (Ephesians 6:4).

Discipline, not abuse, is drastically needed among our children today. My father would put it this way, lack of discipline is a form of abuse.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net or website www.jamesnsnyderministries.com.

# LEFT TURN/RIGHT TURN

## THE NEED FOR COPS

## GREG Welborn



The hottest story this week is the upset in Virginia's 7th congressional district primary election in which House Majority Leader, Eric Cantor, was defeated by an underfunded, little-known college professor. All the political wags are wagging and all the talking heads are talking. But the most important story concerns the need for cops and what we're willing to pay for them.

Is a cop's salary worth the cost? It's not a silly question. I mean it in all sincerity. As tax payers, we have to pay a certain amount in taxes to pay the cops who patrol our streets. Do we receive a benefit from the money we forego in order for them to walk their beat? I doubt I could find a serious observer (there is always the fringe) who would say "no."

The more informed might ask how good is the cop before answering the question, but in doing so, they've acknowledged the value of the police; they're just debating the quality of the specific police force. Having a police force to enforce the laws and keep the peace is almost a universally acknowledged public good. That the cops must be honest and affective is assumed, but nonetheless an important criterion. If the police were collectively corrupt or ineffective, we might question why they were being employed, but we'd still validate the principle that we need police to maintain order.

The answers to the questions I've posed, and the principle I've outlined, are easy when viewed in the domestic context. Whether it's Los Angeles, Atlanta, Chicago or New York, the answers would be the same. When we apply the question to the international stage, things get muddled.

Does the world need a policeman? Here's where some people – primarily Liberals – hedge their answer. Even if we take the bluest of blue cities in the bluest of blue states (San Francisco), Liberals who would have affirmed the need for police in San Fran would hesitate, if not outright reject – the need for police in the world at large. But my question to them would be, what's different? Human nature is human nature. If there are likely to be bad guys in the city, necessitating an honest and effective police force, aren't there also likely to be bad guys (usually worse) in the world, necessitating an honest and effective police force? Stated this way, it's hard to believe anyone – Liberal, Conservative or Independent – would answer in the negative.

The key question then becomes, who should serve in this role? Right now, as it has been for many decades, it's either the U.S. or Russia. Some may argue that China should be thrown into the mix, and I won't quibble with including them in the question, but the answer is still the same. The one power on the planet that stands for democratic principles, human rights and equality before the law is the United States of America. The thuggery that is Russia and the kleptocracy that is China are not reasonable alternatives. There is absolutely no sense that Russia or China would uphold moral principles. They will uphold the positions which benefit their

respective countries.

As an example, please consider Russia's position and actions vis a vis Syria and the Ukraine, or consider China's position and actions vis a vis North Korea and Tibet.

The world needs a cop, and the world needs an honest cop. The only candidate is the United States of America. For those who might offer the United Nations – I'm tempted to laugh – I would simply point to Ukraine, Syria, North Korea, Tibet, Angola, etc. The list is long. The next key question is how long should the United States stay involved in any area to insure the maintenance of order, democracy, and respect for human rights? The answer is - a long time.

The U.S. was instrumental in the moral victories of WWII and the Korean conflict. We have maintained a presence in Germany and Japan since 1945, and in Korea since the mid-1950s. Germany, Japan and South Korea are, as a result, steadfast and respected members of the civilized order of nations. They would not be so were it not for the United States' long-term commitment of blood and treasure to the cause.

This brings me to Iraq. The recent fall of Mosul, the second largest city in Iraq, and the second major city (after Fallujah) to fall to Al Qaeda insurgents, suggest that the country is moving backward toward civil war and domination, if not outright control, by Al Qaeda forces.

Saddam Hussein tortured his own people, used chemical weapons against them and others, invaded his neighbors, and refused to abide by the most basic of human rights. He was the crook, and President Bush sent in the only police force that mattered – the U.S. – and we liberated a people and a country.

President Obama, on the other hand, has never liked the concept of policing anything anywhere. Obama's benign neglect and continued insistence on full withdrawal by 2016 has resulted in a catastrophe. Bush left office with Iraq largely at peace and a developing democratic country. Civilian casualties fell from 31,000 to 5,000 in 3 years. Five years of the Obama Doctrine – no police needed, everyone loves one another – and the country is on the verge of falling to terrorists with monthly casualties in the 1,000 range.

The simple fact of life is that peace requires sufficient force and presence to maintain it. Human nature hasn't changed in thousands of years. There will always be bad guys, whether at a city level or an international level, and an honest, effective cop needs to stand in the breach. If nobody does, people die, violence reigns and civilizations wither. You won't find that on the front page, because it's not the "hottest story," but it is the most important story.























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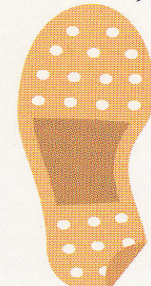
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