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SATURDAY, JUNE 28, 2014

VOLUME 8 NO. 26

AS WATER SITUATION WORSENS COUNCIL CONTEMPLATES WHICH ACTIONS TO TAKE

Tighter Conservation Measures Appear Inevitable - Moratorium Implementation Uncertain By Susan Henderson

Of surprise to no one, the current drought has reached crisis levels throughout the state, and the issue appears to be even more urgent for the city of Sierra Madre. At Tuesday's City Council meeting, the main topic was the city's water dilemma and what to do about it.

The matter was placed on the agenda by newly-elected Councilwoman Denise Delmar who requested staff come back with recommendations on how we should address our water problems. The report included three possible solutions (see inset) that, as explained by City Attorney Terri Highsmith, could be enacted individually or in any combination.

Director Bruce Inman informed the council that our situation was "particularly acute because of our limited water supplies." Since our wells have been shut down because of the dangerously low levels in October 2013, we have been purchasing water from the Metropolitan Water District (MWD). That commitment is only for a two-year period and, since we are not members of MWD, our water issues are secondary to MWD's member cities' needs when that commitment runs out. We do belong to the San Gabriel Valley MWD (commonly called the 4 cities water district - Alhambra, Monterey Park, Sierra Madre and Azusa). Inman noted that the 4 Cities District gets its water from the State Water Project, which is reliant on the Colorado River. It has been determined that the Colorado River, under the current drought conditions, only has enough water for two years.

The MWD connection has been a thorn in the flesh of Sierra Madre residents who have had to go from pristine well water to chemically laced, discolored water. When asked if we could turn off the MWD connection now, Inman said, "we only have enough water to last about 2-3 months and then we would have to go back to MWD."

Without a crystal ball or direct Divine guidance as to when the drought is going to end, it

impossible for anyone to project when conditions may change. Sierra Madre resident and EENR Commissioner Marguerite Shuster noted during public comment that "It really is an emergency" and that the scientific community has determined that we have "for the last 200 years been unusually wet". While advocating for the enactment of both the Building and Water Moratoriums she warned that regarding a change in the drought "what we

COUNCIL CHOICES

1. **Building (Land Use) Moratorium** - This is commonly used, but limited in time. Stops all new building projects for a total period of approximately two years. A one-time only ordinance, it requires the city to come up with a plan to alleviate the conditions that triggered the moratorium. According to the California Government Code, "there must legislative findings that there is a current and immediate threat to the public health, safety, or welfare, and that the approval of additional subdivisions, use permits, variances, building permits, or any other applicable entitlement for use which is required in order to comply with a zoning ordinance would result in that threat to public health, safety, or welfare."
2. **Water (Water Hook Up) Moratorium** - This measure is rarely used. However, because Sierra Madre is a public water supply distributor, it could be enacted. The Water Moratorium would prevent any new water hook ups until the water situation improves.
3. **Implementation of Phase III of current Sierra Madre Mandatory Water Conservation Ordinance.** Phase III calls for a mandatory reduction in the amount of water residents and businesses use. It also prohibits any new water hook ups.

should look forward to is not improvement but something much worse".

Councilman Goss asked about the current weather predictions of an El Nino this winter. Inman stated that with a level amount of rain for a sustained period of time, it will take 3-5 years for our wells to recover. If the El Nino yields torrential rains as it did in 2005-2006, we will not be able to capture all of that groundwater and it will therefore not resolve our problems.

Mayor Harabedian favored implementation of Phase III of our current Mandatory Water Conservation Ordinance because it deals with several issues at once. If enacted, residents and businesses will have to increase their water conservation efforts; it would immediately stop any new water hook ups and it does not have a mandated expiration period. When and if our water situation improves the city could scale back the amount of conservation.

Councilman Gene Goss also agreed that he felt Phase III was the best course for immediate action.

Councilman Capoccia basically agreed. However, he noted that he would like to include requirements for coming up with a plan similar to the requirements on the Building Moratorium.

Councilwoman Delmar expressed a desire to pass both the Phase III and at least the Water Moratorium as an added protection against new development.

Both Mayor Harabedian and Councilman Capoccia made it clear that the council's actions, whatever they end of being, are not attempts to dictate land use policy.

The council decided to hold Public Hearings on all three alternatives at the next council meeting as required by law.

(See notices on Page 8. Related Story Page 5)



REMEMBER!
No Fireworks In
Sierra Madre

Breaking News:

BODY OF MISSING ARCADIA FIREFIGHTER FOUND

Story from Contra Costa Times

The body of missing Arcadia firefighter Mike Herdman was found Friday by rescuers in the Sespe Wilderness, Ventura County Sheriff's Capt. Dan Aguilar said.

Authorities identified Herdman through dental records, VCSO officials said in a televised press conference. The cause of death has yet to be determined pending an autopsy.

Herdman's body was found 1,200 feet above the Sespe River Bottom where he and fellow Arcadia firefighter Taylor Byars were camping during a four-day hiking trip.

Herdman went missing June 13 when he ran off chasing his dog, Duke, barefoot only wearing a T-shirt and board shorts, according to a statement by Byars given to sheriffs.

"Our hearts are broken individually and collectively by the news of Mike's death," Arcadia Fire Department spokeswoman Beth Stogner said in an email. "We are forever indebted to the Ventura County Sheriff's and Fire Departments for their gallant and exhaustive efforts to find our brother and friend and bring him home."

"We extend our deepest and most heartfelt sympathy to Mike's family and stand ready to assist them in the difficult days, weeks, and months to come," she said.

The sheriff's Search and Rescue team began looking for Herdman on June 16, the day after Byars reported him missing.

At one point, about 100 people, including dogs, were searching for Herdman and Duke. Duke was found Sunday about 12 miles away from where Herdman's body was eventually found.

The full-scale search had been downsized Sunday. Arcadia Fire personnel continued searching for him until Wednesday and had planned to return this weekend.

When Herdman disappeared on June 13, Byars spent 24 hours looking for him with no luck before he was able to make it out of the forest on June 15 and report his friend missing to authorities.

Rescuers searched for Herdman for 11 days before his body was spotted.

"The pilot and crew had just dropped off a search crew when the pilot glanced down and spotted the body," Sheriff Geoff Dean said. "He was laying over some of the terrain and partially covered by brush."

Herdman was found barefoot wearing board shorts and a black T-shirt, he said.

Dean said foul play is not suspected.

Herdman grew up in Southern California and had visited the Sespe Wilderness four times prior to this trip.

Herdman's friends described him as an athlete and an avid adventurer who meticulously planned trips. He and Duke were inseparable, according to family friend Mike MacGregor. Besides surfing and cycling, Herdman was also an experienced sailor.

He graduated from Cal Poly San Luis Obispo.

Herdman is survived by his wife, Bridget Herdman and 6-year-old daughter, MacGregor said.

He would have turned 37 Sunday.

PASADENA UNIFIED SCHOOL DISTRICT SUPERINTENDENT JON R. GUNDRY ANNOUNCES PENDING DEPARTURE



SIERRA MADRE MIDDLE SCHOOL

Gundry speaks at Sierra Madre Middle School Groundbreaking in 2013

Photo courtesy Pasadena Now

Board Appoints Brian McDonald, Ed. D., Interim Superintendent

Pasadena, CA - Pasadena Unified School District (PUSD) Superintendent Jon R. Gundry announced today that he has been selected as the sole finalist to be the next Superintendent of the Santa Clara County Office of Education. Gundry was appointed superintendent of PUSD in July 2011.

"It has been an honor to work with the students, educators, community members and families of Pasadena Unified," said Superintendent Jon R. Gundry. "The district is well-positioned to continue raising student achievement and preparing students for success in the 21st century."

With an emphasis on 21st century learning, Gundry led the implementation of the district's Strategic Plan and Common Core State Standards. Under his leadership, the district entered into a partnership with the

City of Pasadena as part of the School, City and Community Work Plan and won a multi-million dollar federal grant to create magnet schools in the district's historically underserved neighborhoods.

"Jon is a fine educator whose expertise as an educational leader has had a positive impact on our students, teachers and schools," said Board of Education President Scott Phelps. "The Board wishes Jon well in his future endeavors. Parents and community partners can be assured that, regardless of the change in leadership, our students will continue to learn and thrive in PUSD schools."

The exact date of Gundry's resignation has not been set. The Board will discuss the appointment of an interim superintendent during a closed session special board meeting to be held on Thursday, June 26.

The Santa Clara County Office of Education (SCCOE), located in San Jose, California, is a regional service agency that provides instructional and business services to the 31 school districts of Santa Clara County.

YOU ARE INVITED:

St. Rita Church is sponsoring a Luncheon & Guest Speaker "Caring for the Caregiver." on Sunday, July 6 at 1:15 pm in St. Rita Church O'Malley Hall. Cost \$10. Info/reservations: Marilyn 355-1292 x233 or Marilyn@st-rita.org. St. Rita Church, 322 N. Baldwin, Sierra Madre. Enter parking lot from Grandview; O'Malley Hall is level with the parking lot



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Weather Wise

5-Day Forecast - HOT

Sierra Madre, Ca.

Mon:	Sunny	Hi	90s	Lows	60s
Tues:	Sunny	Hi	90s	Lows	60s
Wed:	Sunny	Hi	90s	Lows	60s
Thur:	Sunny	Hi	90s	Lows	60s
Fri:	Sunny	Hi	90s	Lows	60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, July 8th, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

City Council

July 8th, 2014 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "06/10/2014" for the complete agenda packet.

We will be live tweeting the City Council's decisions at Tuesday's Council Meeting. Follow the action @CitySierraMadre #SierraMadreCC.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

Upcoming Public Meetings

Tuesday, July 2:
Special Planning Commission, 7:00pm

Please note the July 3rd Senior Community and Planning Meetings have been cancelled. The Senior Commission will reconvene July 10th.

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

SUMMER LOCAL HISTORY STORYBOARD TOURS

Enjoy a Storyboard Tour with our Teen Docents at the Sierra Madre Public Library! Tours on Tuesday at 1:00 pm for 6 weeks. Each week will highlight a different aspect of Sierra Madre History.

Locals - June 24
Disasters - July 1

SUMMER READING PROGRAM

Readers of all ages: join the Summer Reading fun, going on now! Stop by or call the Library for more in-formation: 626-355-7186.



THE SIERRA MADRE KIWANIS CLUB

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WE MEET WEEKLY AT THE LODGE (FORMERLY

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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

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AND HAVE SOME FUN!



Rotary Club of Sierra Madre

Is known for its camaraderie (ComRotary).

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Breakfast created by Chef Mario at

The Park Hart House,
222 W. Sierra Madre Bl.,
Sierra Madre, CA 91024,
Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup

Sierra Madre Police Blotter

FOR THE PERIOD JUNE 15TH - 24TH, 2014

During the week of Sunday, June 15th to Sunday, June 22nd, the Sierra Madre Police Department responded to approximately 350 calls for service.

Wednesday, June 18th

At 1:23 am, Sierra Madre Police performed a traffic stop on a vehicle in violation of several vehicle modification codes. When Officers approached the vehicle that contained two young males, they were overcome by a strong odor of marijuana. The driver of the vehicle was unable to supply Officers with appropriate identification as he stated he had never been issued a driver's license. Further investigation revealed a small collection of marijuana in the vehicle's glove compartment. The vehicle's passenger was cited for possession of marijuana, and the driver was booked and cited for driver in possession of marijuana, unlicensed driver, color of lamps and reflectors, and lighting equipment.

Wednesday, June 18th

At 8:46 am, Sierra Madre Police performed a traffic stop on a vehicle. Upon making contact with both the driver and passenger, Officers performed a routine check on their names. The passenger's name came back to reveal that he had an outstanding no bail warrant from Azusa Police Department. The suspect was arrested and later released into the custody of Azusa Police.

Thursday, June 19th

At approximately 1 pm, Sierra Madre Police responded to Bethany Christian School regarding a vandalism report. Upon their arrival, Officers were informed by a supervisor that the directory and wall had been vandalized. Officers documented a vulgar word written several times in black marker. The estimated property damage is valued at \$40.00. This case has been forwarded to the Detectives Bureau.

Thursday, June 19th

At approximately 7 pm, Sierra Madre Police responded to the front lobby of the station regarding a grand theft report. The victim informed Officers that she had responded to an online job ad for a personal assistant. She was hired and was sent a check made out to her for a total amount of \$4378.50 and was instructed to keep \$500 for herself and use the remaining to do the suspects shopping. In all, the victim spent the money on: a money gram, an Iphone, a birthday card, shipping for the phone, and a wire transfer of 3,500 to a bank account. The victim paid \$161 of her own money as the suspect's total was more than what he had left her to spend. The victim was later notified that the check she had deposited was a bad check, and that she would need to pay the bank for their loss of about \$4540. The victim's numerous attempts to contact the suspect proved unsuccessful. Further investigation revealed the money gram was sent to an individual in South Africa. This case has been forwarded to the Detectives Bureau.

Sunday, June 22nd

At around 8:30 pm, Sierra Madre Police responded the area of Baldwin Ave and Sierra Madre Blvd. regarding a possibly intoxicated male. Upon making contact with the suspect, Officers performed a routine check on his name and were informed he had a no bail warrant for his arrest from the Los Angeles Sheriff's Department. Further investigation revealed the suspect was in possession of property belonging to a female, which he indicated he had found. The suspect was arrested and later released into the custody of the Los Angeles Sheriff's Department.

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INTERNET RADIO
STATION:

The Board of Directors of Village Vine Online has decided to move the organization in a new direction. In keeping with our mission of community service, we are discontinuing 24/7 live audio streaming. In order to better serve the community, our focus will be on providing live audio and video webcasts and podcasts of community events, podcasts of hosted shows home-grown here in Sierra Madre, video and audio webcasts and podcasts of community sports events, and, by the end of the summer, we will present a community blog, with guest host bloggers rotating every few months.

CITIZEN WEBCASTERS: Part of our new approach is to utilize "citizen webcasters" living here in town. We are now actively recruiting people who can attend public events, and, utilizing equipment as simple as their smart phones, webcast those events through the Village Vine web site. Contact us at hostvi@yahoo.com if you would like to volunteer. Training will be provided.

CITIZEN PODCASTERS: We are looking for podcasters who might like to share their home-grown podcasts on the Village Vine web site. Subjects for podcasts could include original music, gardening, cars, dogs, water conservation, sports, etc. The subject matter for potential podcasts is only limited to the degree the community might have interest in it. Contact us at hostvi@yahoo.com if you would be interested in podcasting with us.

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SIERRA MADRE EARTHQUAKE
PREPAREDNESS EVENT
TODAY!

Join the City of Sierra Madre on Saturday, June 28, to celebrate the 23rd anniversary of the Sierra Madre Earthquake by preparing yourself for the next one!

The event is held from 10:00am-12:00pm at the Sierra Madre Fire Department located at 242 W. Sierra Madre Blvd., Sierra Madre, CA 91024.

In collaboration with the Sierra Madre Police and Fire Departments, you will learn safety procedures to protect your loved ones and possessions in an emergency. The L.A. County Fire Department is bringing the Yogi Bear School-house earthquake simulator and the Sierra Madre Volunteer Firefighters Association is providing hot dogs and drinks for free! In addition the following groups will have information booths during the event: American Red Cross, Safe and Ready, Sierra Madre CERT, Gas Company, Southern California Edison, Post Alarm, SMFD fire extinguisher demonstration and SMPD. For more information contact the Sierra Madre Fire Department at 626-355-3611.

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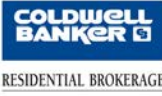
SKYLAND DRIVE

Just listed! Sierra Madre Canyon R1 Vacant Lot. It's one of the last buildable lots available in the Sierra Madre Canyon. City Views from atop this lot. Located at the corner of Skyland Dr./Fern Ln. Check with city for building/permit questions.

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July 13
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August 24
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PASADENA COMMUNITY ORCHESTRA (Classical)

Sponsored by Pasadena Community Orchestra - 6:30pm-8:00pm

REX MERRIWEATHER (Big Band)

Sponsored by Senior Community Commission

CASH UP FRONT (Johnny Cash Tribute)

Sponsored by Sierra Madre Community Foundation

ELVIS (Elvis Tribute)

Sponsored by Sierra Madre Rotary Club

WOODY AND THE LONGBOARDS (Beach Boys)

Sponsored by Sierra Madre Civic Club

DECADES OF ROCK (Rock and Roll Covers)

Sponsored by Spero Foundation

HARD DAY'S NIGHT (Beatles Tribute)

Sponsored by Sierra Madre Volunteer Firefighters Association

GEM CITY JAZZ CATS (Big Band)

Sponsored by Sierra Madre Kiwanis Club & Friends of the Sierra Madre Library

OPA OPA (Latin Jazz)

Sponsored by L.A. County Supervisor Michael D. Antonovich

SIERRA MADRE MUSIC BANDS (Top 40 Covers)

Sponsored by Sierra Madre Music

All concerts are free and held from 6:00pm-8:00pm at the Memorial Park Bandshell, located at 222 W. Sierra Madre Blvd. Seating is on the green. Be sure to bring blankets and lawn chairs for seating. Alcohol is prohibited. Spectators are encouraged to support local organizations that may provide refreshments.

FOR MORE INFORMATION CONTACT THE COMMUNITY SERVICES OFFICE AT 626.355.5278



LAURA MITCHELL



- * Realtor
- * NAR, CAR, AAR
- * Architectural Properties Director
- * Sierra Madre Resident Since 1984
- * Sierra Madre 4th of July Committee Member
- * Sierra Madre Community Foundation Board Member



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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

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Development Issues Dovetail Water Woes

By Susan Henderson

Residents packed the council chambers Tuesday to express their concerns about two things, the water that we don't have and the impact of pending development projects on it.

Three projects in particular were singled out because of the additional demands they would place on Sierra Madre's water resources: The Mater Dolorosa Project with its potential of 50 new homes, Stonegate (formerly 1 Carter) with 29 new homes, and Stonehouse with 19 new homes. The Kensington Assisted Living Facility was also mentioned, however that project is well underway and was approved by voters in 2013.

It is not possible to speak of water conservation without discussing the impact these projects will have on the city's water, said speaker after speaker. Planning Commissioner Kevin Paschal summed up the audience's sentiment best when he said, "Keep water for our current residents."

The council, which was focused on finding solutions to ease our current water crisis, did not undertake the issue of the development projects. Mayor Harabedian reminded the audience that the development projects were not on the agenda. He was gracious enough to allow all who wanted to speak the opportunity to do so without time limits.

The most controversial comments of the evening came from Richard McDonald, attorney for the Stonegate Development, who spoke during public comment. His statement drew a loud disapproving response from the audience when he said, "..... when your District Manager

is telling you you've got two years of water and a contract with MWD to provide you with any more that you need, and there's no evidence of anything from MWD not providing you with what you need, then you don't have a current and immediate threat." (McDonald's reference to the "District Manager" was actually a reference to Public Works Director Bruce Inman. Inman had indicated that there were no assurances that the MWD would go beyond the original 2-year commitment.)

McDonald went on to say that the city wasn't implementing the existing conservation laws and pursuing "best practices" as a first step rather than taking the "draconian" step of imposing a building moratorium. His words were so startling that resident Elaine McPherson, who followed just started with an astonishing, "Wow".

The absolutely most charming speaker of the evening was 44-year resident Victoria Randall, who spoke against the Mater Dolorosa project. She said that over the years she had watched city government but never before come to speak. After articulating all the reasons that the Monastery property should remain as it is, she thanked the council and said, "I never raised my voice for what wrong they do, but now I will. I want [you] all [to] think before you give them permission to build any houses back there." She ended her remarks with, "Thank you very much for listening and I hope I don't have to see you again for the same problem."

WALKING SIERRA MADRE.....*The Social Side*

By Deanne Davis

Walking Sierra Madre this week, just a few days before July 4th, my favorite walking buddy, John, and I were struck with how great the town looks already! So many houses, including ours, with red white and blue bunting and flags... oh my! Big ones, little ones, stuck in plants, on porches, on fences and we know Sierra Madre is just getting started! Plans are underway for our annual parade and we know it will be the best one ever!

*It's our day to celebrate,
Our Nation's story.
Is your hand on your heart?
Here she comes! It's Old Glory!*

Speaking of the American spirit of "Can Do!"... I met a couple of splendid women this week who truly embody that spirit: Renee Cossutta and Debbie Ross, who happen to live in one of our favorite houses to walk admiringly past; reason being they have an orchard in their front yard, every citrus you can think of. Renee and Debbie have put in dwarf lemon, tangerine, grapefruit, lime, Meyer lemon and blood orange. I don't think their trees know they are supposed to be dwarf size, though, as they are happily growing and spreading all over. Debbie Ross has been a Sierra Madre resident since 1987 and Renee has been here since 2003. They live in a "little stucco house" that was built in the late 1940's and with a huge fencepost cactus anchoring their property, they have built a peaceful place they share with Stella, a sweet and very affectionate pit bull-boxer blend, and Felix the cat. And, yes, I couldn't resist a few bars of the Felix theme, which got me an ears-up look from Stella.

Renee is half of the firm: Lausten & Cossutta, graphic designers who specialize in books, museum catalogs, bonding identities, and print graphics. Renee has been a graphic artist for thirty years or so and she also teaches graphic design at Cal Arts, Cal State Long Beach, and The Art Center. Her website: <http://www.laustencossutta.com> shows dozens of prestigious clients, awards, publications and pictures! Oh my word, the pictures! Gloriously beautiful books, and catalog pages. Partner, Debbie Ross, is a building contractor, specializing in residential remodels and refurbishments in the San Gabriel Valley/Los Feliz-Los Angeles area.

Ok, so where's the Can Do Spirit part? Four years ago, Renee was on the roof of her studio, a one-story, flat roofed building up in the Canyon, cleaning her gutters. She stepped into a roof cutout that she just didn't realize was behind her and fell onto the street. Business partner, Jude Lausten, called 911, the EMT's took one look at Renee, and made the decision to transport her to Huntington Hospital as she had suffered severe head trauma. She was operated on immediately, brain surgery, then two weeks later, another surgery to repair all the broken bones in her face. They did an excellent job, putting plates in her cheekbones and forehead, as Renee is beautiful!

She was at Huntington for three weeks, a period she only vaguely remembers. Then another three weeks at Casa Colina Rehab Hospital in Pomona, which was a whole lot of really hard work with speech therapists, physical therapists, occupational therapists. Everybody knows these therapists are all task masters! As she had a great deal of trouble seeing, Debbie brought her an iPad so she could do a little Sudoku and read a few headlines. Renee was able to come home about this same time of year, very weak, dizzy, and then slowly, mildly start to reengage the world. A month or so later, her right eye totally shut down and was gone forever. But none of this stopped Renee! Here is a woman who has totally conquered the public transportation system. She has learned how to get herself anywhere she wants to go...Long Beach...the Valley...via bus, the Gold Line, or whatever it takes



Debbie Ross (right) and Renee Cossutta

to reach her destination as she decided early on that driving wasn't going to be happening anymore and she just wasn't going to be dependent on friends and family for rides here and there. The beautiful thing about taking the bus and the subway is that one can read... and nap. Renee thinks the L.A Metro works pretty well. She rides her bike, which is equipped with an electric assist, as getting up our Sierra Madre hills is just a little too challenging to whatever transportation system she needs. Renee's carbon footprint is extremely light!

Adapting to monocular vision has been difficult but not impossible, the worst part being depth perception, i.e., is the glass right here or really right there; and curbs are difficult. Renee feels she has been incredibly fortunate in the support of friends and family. Debbie adds that it was a remarkably blessed time and, as opposed to being devastating, it was actually inspirational. "Friends and family were inspirational and we created a remarkable support network. A poem was written by her stepmom. This led to us calling Renée "Humpty." My daily emails were then sent to Team Humpty and I was Captain Humpty. Team Humpty gets annual emails of gratitude and love."

*Lovely Precious(Humpty)
Had a great fall
All the best doctors
All the best friends
Put Lovely Precious (Humpty)
Together again!*

As we were saying goodbye, I asked Renee if she was still cleaning her own gutters! She laughed and said there are no ladders and no roofs in her life currently or at anytime in the future! Renee, by the way, is diabetic and has been for 52 years, which is another real challenge she continues to surmount. See what I mean? "Can Do" spirit!

"Americans are a can-do people, an enthusiastic people, a problem-solving people. And when given a direction and given a plan, they'll sign on."

Henry Cisneros

"A clear passion, a resolute determination, a can-do spirit; these are the rods for creating a great mark!"
Israelmore Ayivor

If you enjoy reading Walking Sierra Madre...The Social Side, you'd like my book:

"A Tablespoon of Love, A Tablespoon of Laughter" which is available on Amazon.com and at the following link: <https://www.createspace.com/4561071>

SIERRA MADRE PLAYHOUSE ANNOUNCES NEW MISSION AND NEW ARTISTIC DIRECTOR

The Sierra Madre Playhouse continues to make strides in its quest to join the first rank of small theaters in the greater Los Angeles area with its announcement this week of a new Mission, celebrating the American creative experience. A new Management Team has been installed to realize this mission, including Estelle Campbell as Managing Director, Ward Calaway as Operations Director and Ben Womick as Technical Director. Significantly, the Playhouse has named its first Artistic Director in nine years, Christian Lebano.



Christian Lebano

Lebano is well known on and off the Playhouse stage as the leading actor in *To Kill a Mockingbird*, *Our Town*, and *God's Man in Texas* and as the director of *Driving Miss Daisy*, *Woman in Mind*, and *Battledrum*. As Artistic Director, he will oversee the artistic vision and integrity of the theater, selecting its season and hiring directors, designers, and other artists for each production. Recently, Lebano has been the driving force behind the Field Trip Series, the Playhouse's new educational outreach program which brought over 1700 students to school-day performances of *Battledrum* last Spring, and the Sunday Music Series: Emerging Artists at the Playhouse, the Playhouse's collaboration with the prestigious Colburn Conservatory of Music bringing young classical musicians to Sierra Madre.

The new Mission Statement is an effort to recognize the Playhouse's changing role in our foothill community since the theatre was first constructed in 1923. It reads:

The Sierra Madre Playhouse is dedicated to the American creative experience. It produces American plays and puts them into a historical context. It celebrates and produces music by emerging artists. It encourages and fosters an appreciation of live performance in people of all ages.

"What better place to celebrate the American experience than in the All-American small town of Sierra Madre," said Lebano. "I want to make the Playhouse a destination theater – to encourage people to come for the day to hike the beautiful trails, shop in our stores, have a great meal, and see a wonderful show." Lebano says that the Playhouse will be announcing their new Season next week and he promises that it will be a wonderful mix.

6 Rms Riv Vu, a delightful romantic comedy, opens at the Playhouse on August 1 and plays through September 6. Tickets are available at www.sierramadreplyhouse.org or by calling 626.355.4318.

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SIERRA MADRE COMMUNITY FOUNDATION CONCERT TO ROCK MEMORIAL PARK



Memorial Park will be a boot stomping party this Sunday night June 29th from 6:00 – 8:00 pm as the Sierra Madre Community Foundation is the proud sponsor of this concert featuring a Johnny Cash tribute band named CASH UP FRONT.

"From atop a flatbed truck inside California's Norco State Prison to the fabulous Wiltern theatre in Los Angeles, Cash Up Front is a riveting, driving ensemble that plays the music of Johnny Cash like no other act! This Los Angeles-based quartet leaves crowds at theatres and

festivals shouting for encores of its up-tempo renditions of classic hits and lesser-known gems that Johnny Cash made popular during his award-winning career."

Seating is on the green so bring those blankets and lawn chairs. Sierra Madre's very own Ice Princess will also be on hand selling her frozen treats. Sierra Madre Community Foundation is a non-profit organization which encourages support of the community through philanthropic gifts. In the past year, Sierra Madre Community Foundation awarded over \$15,000 in grants to the Sierra Madre community including the Sierra Madre Playhouse's student guide for the Battledrum production; an Eagle Scout project to rehabilitate all the wood benches in Sierra Vista and Memorial Parks; supplies and tools for the volunteers who maintain the hiking trails in Little Santa Anita and Bailey Canyons; sponsoring the Mt. Wilson Trail Race Kids Run, the Library's One Book One City and children's essay contest programs, a literacy protect with the Sierra Madre Middle School, and programs with the Creative Arts Group to bring art to local schools.

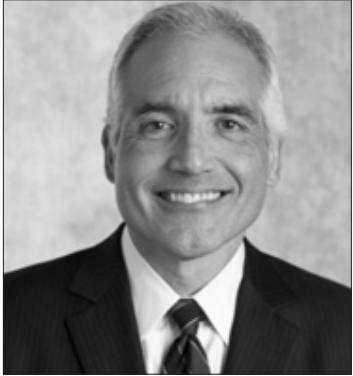
Additionally, working with Sierra Madre youth sports organizations, SMCF provided funding from special projects "Fix the Field" to install a drinking fountain, new fences, shade over the dug-outs and a pair of bleachers in enjoying viewing the games at the Sierra Madre Elementary School field. SMCF also continues our partnership with the volunteers who organize the Sierra Madre 4th of July celebration. The SMCF Board will continue to look for opportunities to make Sierra Madre a great community. You can learn more about the Sierra Madre Community Foundation and ways to support the mission at www.sierramadrefoundation.org.

For more information of the City of Sierra Madre's Concert Series please contact (626) 355-5278.

Pasadena Altadena

News From Your Community For Your Community

PCC PRESIDENT SEEKS POSITION IN NEW YORK



Pasadena City College President Mark Rocha could be leaving as head of the school after it was learned earlier this month that he is one of three finalists for a position as president at Kingsborough Community College in Brooklyn, New York.

Rocha, one of three finalists, has taken part in meet and greet forums at Kingsborough Community College. He grew up in the area according to the school's Facebook page.

"I'm for the little guy," Rocha said. "I grew up in the South Bronx and both of my parents dropped out of high school. But they saw to it I went college. The American Dream is real to me. It's still alive and well in our community colleges."

Kingsborough Community College Board of Trustees could hire Rocha as soon as Monday during their regular meeting. Rocha has been under fire by PCC students and staff including a call for his resignation. He also received a "no confidence" vote last year from members of the college after a divisive decision to cancel the winter intersession.

Rocha was appointed Superintendent/President of Pasadena City College on July 1, 2010.

The PCC Board of Trustees voted unanimously, in October, to extend his contract through 2017. They also voted to raise his salary to 254,135 a year starting Tuesday although the board is scheduled to review his contract again Monday. A provision in his contract would allow Rocha to leave the college.

Pet of the Week



Nemo is a small adult male rabbit. He's very friendly and loves to be petted. He's very curious and enjoys playing with toys in his hutch.

Nemo's adoption fee is \$30, which includes his neuter surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A357857, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday - Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



Authorities to Close Popular Waterfall Trail

By Dean Lee

After numerous deaths and dozens of rescues, Angeles National Forest officials announced Thursday that they plan to close part of an unofficial trail in Eaton Canyon, to a second waterfall, citing safety concerns.

The decision came after a meeting early this month with local rescue agencies including the Pasadena Fire Department, L.A. County Sheriff's Department and the U.S. Forest Service. This will be the first time any part of the Angeles National Forest has been closed to the public.

"The people that are trying to access that area are sliding off, they're falling to their deaths or serious injury," Angeles National Forest spokesman Nathan Judy told reporters.

Judy said signs could go up in the next few weeks although one group of canyoneers has vowed to fight the closing.

At a press conference in Eaton Canyon in 2012, officials warned of the area's dangers including releasing a public service announcement. Officials caution that the unmaintained trail — known to hikers as "Razorback Trail" — is characterized by steep cliffs and weathered crumbly rock.

"You may have heard of trails leading up to mountaintop waterfalls, the truth is there is no safe trail to the second waterfall," says L.A. County Sheriff Dep. Jeff Moran. "You put yourself in danger and the rescuers in danger that are responsible for rescuing you."

According to the website modernhiker.com, 15 "area closure" are set to be posted around the area, as soon as Tuesday. Six other "fall hazard" signs will be posed in the most dangerous areas.

Trespassing in the area would be punishable by fines up to \$5000 and up to six months in jail.

The Coalition of American

Rose Bowl to host Grand Opening of the Rose Plaza

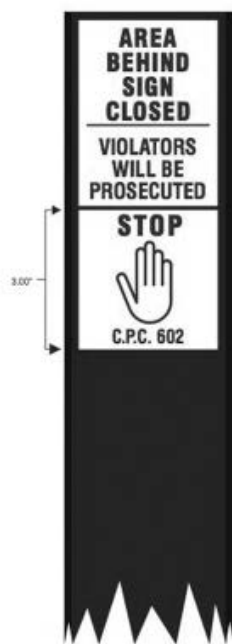
Mayor Bill Bogaard, members of the Pasadena City Council and Rose Bowl Operating Company Board of Directors President Victor Gordo and other members of the Rose Bowl Operating Company Board of Directors will host a Grand Opening Tuesday to thank Legacy Connections and the Tournament of Roses for making phase 4 of the renovation project possible.

The Rose Bowl Brick Campaign at the Rose Bowl Stadium allows fans of the Rose Bowl Game and Rose Bowl Stadium, as well as community members to purchase personalized pavers and bricks that will be a part of the Rose Plaza at the stadium.

The bricks will be part of a mosaic design in front of Gate A, depicting the Tournament rose and will vary in size and finishing. Bricks range in price from \$100 to \$425 with optional incentives, including replicas and display cases. Fans can choose from text-only designs or text and logo options. Brick purchases are tax deductible. For additional information on the Brick Campaign and how you can support the Rose Bowl legacy by purchasing a brick, please visit www.rosebowlbricks.com.

Canyoneers, a nonprofit group from Arizona, has said the Forest Service could be in violation of the National Environmental Policy Act. The group is also troubled that the closing comes without any public comment and are urging hikers to contact Congresswoman Judy Chu. One compromise

Decal (100 ea) to be added to Carsonite signs



Proposed signs, warning hikers to keep out, to be placed throughout the Eaton Canyon Natural Area.

they said could be a permit system for canyoneers where people entering the canyon meet with rangers to check things such as maps and equipment.

The group has also not ruled out legal action saying they would hire an attorney if the area is closed.

According to Judy, in 2012 alone 60 people were rescued from the area and since 2011, five people have died, including one person this year.

Unrelated, Chu introduced June 12, the San Gabriel National Recreation Area Act — a bill that would designate the San Gabriel Mountains, river corridors and Puente Hills as a National Recreation

Area (NRA). The area would include Eaton Canyon.

In addition to the Rose Plaza, Phase 4 of the renovation project includes a bioswale, a new Gate A, a refurbished Court of Champions and the reinstallation of the field hedge. The \$182 million renovation has already improved access in and out of the Stadium, installed a state-of-the-art video board, reconstructed the Rose Bowl's 1940s vintage scoreboard and included much-needed improvements to the 90-year-old building's infrastructure.

The grand opening will start at 6:00 p.m. for this new and exciting kick off to the summer events at the Rose Bowl Stadium. Free music and hot dogs as officials show you why this phase of the Rose Bowl Stadium is such an exciting time for all those that have supported and continue to support the renovations and the next 100 years.

2014 will be a historic year for the stadium; as for the first time it will host an international soccer match and seven music concerts, inclusive of an unprecedented three-day performance of the band, One Direction.

Area (NRA). The area would include Eaton Canyon.

"After a decade of consideration and collaboration, I am proud to introduce legislation protecting these mountains that's consistent with our community needs and priorities," Chu said.

ALTADENA CAPTAIN BENEDICT LEAVING

Altadena Sheriff's Station changed captains Sunday. Captain John Benedict, who has been the station commander since April 1, 2012 transferred to the Twin Towers Correctional Facility as the new commander. Captain Christopher Reed now oversees the Altadena Sheriff's Station.

Twin Towers Correctional Facility, built on 10 acres of land with buildings that contain just under 1.5 million square feet, consists of two jail towers, a medical services building, and the offsite Los Angeles County Medical Center Jail Ward. It is considered the world's largest jail. Captain Benedict will oversee a staff of over 850 Sheriff's personnel.

Captain Reed, a 27 year veteran of the Sheriff's Department will be leaving the Civil Management Unit, Court Services Division which is responsible for all civil law enforcement operations throughout the County, including serving legal process and performing court ordered evictions and seizures.

Captain Reed began his career with the Sheriff's Department in 1987 as a professional staff member assigned to Temple Station. After graduating from the Sheriff's Training Academy as a Deputy Sheriff in 1989, he was assigned to the Pitchess Detention Center, Ranch Facility and Temple Station. Captain Reed was promoted to Sergeant in 2000, and was assigned to the Crescenta Valley Station. After being promoted to Lieutenant in 2004, Captain Reed was assigned to Pico Rivera Station, Court Services Central Bureau, Court Services West Bureau, and the Civil Management Unit.

Fourth of July Closures, Reminders

Pasadena residents and businesses are reminded that City Hall and many City services will be closed on Friday, July 4, Independence Day, in observance of our Great Nation's Birthday.

The City Council will not meet in regular session on Monday, and Monday, July 7. The Council's next regular meeting is scheduled for Monday, July 14, 2014.

Pasadena Fire and Police Departments will continue to be staffed for all patrol, jail, fire, paramedic and other emergency services, including special enforcement patrols against all fireworks in city neighborhoods. For any life-threatening emergencies, always remember to call 9-1-1. To report illegal fireworks, call (626) 744-4241.

Cross Campus to bring Tech Entrepreneurs to Pasadena

Los Angeles' largest co-working space, Cross Campus, announced last week plans to expand into Pasadena occupying nearly 16,000 square feet, three floors, at 87 N. Raymond at Memorial Park Station in Old Pasadena. The collaborative, on-demand work space is expected to open in fall.

As a business event venue, Cross Campus Old Pasadena will be set up to host speaking engagements, launch events, hackathons, and workshops with a capacity of around 250 attendees.

"Pasadena has a pedigree and the people to be a leading entrepreneurial ecosystem. It is already home to world-class institutions such as Caltech, NASA's Jet Propulsion Lab, and Art Center College of Design. With great public transit and a density of food, retail and entertainment options, Pasadena has the raw materials to grow, and we're excited to help catalyze this growth," said Ronen Olshansky, Cross Campus Co-Founder and CEO, adding, "Many of our current Westside members will be excited that we're adding an Eastside component to our network."

Founded in 2012, Cross Campus's first location in Santa Monica is home to a 13,500 square foot work space and event venue. It houses several hundred member companies and has hosted Silicon Beach

Fest for the past three years. Other events have included luminaries such as Elon Musk, Brad Feld of the Foundry Group, and David Cohen of TechStars.

In November 2013, Rising Realty Partners (RRP) and internet entrepreneur David Sacks acquired the complex, formerly known as "The Old Pasadena Plaza." The three-building complex constructed between 1895 and 1914, has multiple historical features and includes a 9-story office tower and two adjacent two-story buildings. Since that time, RRP and Sacks teamed with communications technologies solutions provider, 5x5 Telecom to rebrand the building and completely revamp its technological backbone.

"When we purchased the complex, we envisioned a fully-connected lifestyle office space that could serve as a hub for technology entrepreneurs. With Cross Campus, we have the opportunity to bring hundreds of these companies into Pasadena," said Christopher Rising, RRP President and COO. "The City of Pasadena has been a great help in securing this tenant. While Pasadena is already a technological hub, the addition of Cross Campus along with increased fiber connectivity will help to further cement Pasadena as a center for technological innovation."



The Old Pasadena Plaza

Phos-Chek Spraying to be Applied Tuesday

The Pasadena Fire Department will begin applying Phos-Chek, a wild land fire retardant, at 8:30 a.m., Tuesday, in the brush areas surrounding the Rose Bowl in advance of the Fourth of July holiday.

This clear retardant helps keep trees and grassland from burning. Its main ingredients are phosphates and fertilizers, which can help revegetate areas after a fire is out. Fire retardant is one of the main tools firefighters use as a preventive measure and to contain growing fires in untreated areas.

The Pasadena Fire Department is taking this proactive approach in an effort to mitigate potential hazards during the Fourth of July weekend, as well as into the summer season. Fire apparatus will spend the day coating the area.

For further information please call the Pasadena Fire Department at (626) 744-7276.

The Pasadena Fire and Police departments also wish to remind the public it is illegal to sell, use or possess fireworks in Pasadena. The City maintains

a year-round Zero Tolerance Policy for fireworks. Violators are subject to arrest; impound of vehicles; up to one year in jail and fines up to \$50,000.

In addition to stadium checkpoints, multiple units of a Fireworks Task Force will patrol Pasadena's streets to confiscate fireworks and take appropriate enforcement action. Parking enforcement officers will ensure that vehicles illegally parked in Pasadena's hillside areas on July 4 are impounded.

Consider celebrating the Fourth of July holiday with family and friends by attending the 88th annual "Americafest," one of the best family friendly, professional fireworks shows in Southern California at the beautiful Rose Bowl Stadium. Go to www.rosebowlstadium.com for event and ticket information.

Due to the high potential for fire hazards and injuries, Pasadena police and fire personnel will staff checkpoints around the Rose Bowl Stadium to seize all fireworks and arrest offenders.

Learn How to Produce Your Own TV Show

New Citizen Journalism training to start this Wednesday night, learn how to report news using social media skills.

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio

Class Offerings 6:00 pm – 8:00 pm Nightly

Producers Training

Monday June 30 at 6:00 pm - 7:00 pm

PCAC Board Of Directors - Regular Meeting

Tuesday July 1 at 7:00 pm - 9:00 pm

Citizen Journalism Training

Wednesday July 2 at 6:00 pm - 7:30 pm

Orientation Training

Monday July 7 at 6:00 pm - 8:00 pm

Introduction to Field Production Training

Wednesday July 9 at 6:00 p.m. - 8:00 p.m.



PASADENA MEDIA

Production/Equipment training is also offered to volunteer crewmembers. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media

From Arcadia's Best

BALDWIN AVE SHUT DOWN THIS WEEK

Two of Arcadia's busiest roadways will be closed for significant periods over the next two months. Baldwin Avenue will be completely closed to southbound traffic non-stop for more than three days this week, followed by 3 weeks of full closure at night.

And the intersection of Huntington Drive at Second Avenue will be completely closed for four days around-the-clock to install a new steel bridge in the second week of August (likely the 8th – 11th).

Details of the Huntington Drive closure will be forthcoming.

Meanwhile, southbound lanes of Baldwin Avenue will be closed in two locations this week:

- beneath the I-210 Foothill Freeway overpass
- just south of Colorado Blvd – no through traffic on Southbound Baldwin at Colorado Blvd.roadConstructionThe access road from eastbound Colorado Blvd onto southbound Baldwin Ave will remain open and accessible. The off-ramp from eastbound I-210 freeway at Baldwin Ave will remain open for northbound Baldwin Ave only.

The work to install underground duct banks and electrical vaults is related to the 11.5-mile Metro Gold Line Foothill Extension light rail project scheduled to be completed in fall 2015 and open to riders in 2016.

Once all underground work is complete, paving on southbound Baldwin Ave will begin.

The around-the-clock closure begins at midnight tomorrow (this Sunday, June 29) and will remain closed until 6 a.m. Thursday morning, July 3.

Nighttime closures will begin midnight Sunday, July 6, and continue for approximately three weeks except for Fridays and Saturdays, with closures from:

- Sundays nights/Monday mornings: midnight – 6:00 am
- Monday – Thursday nights: 9:00 p.m. – 6 a.m.

Daytime closures of the access road from eastbound Colorado Blvd onto southbound Baldwin Ave. are anticipated to start on Monday, July 21, for approximately two weeks (upon completion of the nighttime closures of southbound Baldwin Ave). The access road from eastbound Colorado Blvd onto southbound Baldwin Ave will be closed to thru-traffic. Detours and signage will be posted to direct motorists around the closure.

NOTE: Construction schedules are subject to change.

TRAFFIC ADVISORIES AND NOTES TO LOCAL RESIDENTS / BUSINESSES

- During the closures, traffic will be detoured and signage will be posted to direct motorists.
- Sidewalk access will remain open on the east side of the Baldwin Ave during this work.

- Noise from construction equipment will be produced near the active work zones.

- Lighting equipment used to illuminate the nighttime work will be directed towards the work zones.

- Access to all local businesses and residences will remain open at all times by use of detour routes

FOR MORE INFORMATION

- Go to www.foothillextension.org
- Call the Construction Hotline at (626) 324-7098
- Visit the Public Information Office at 400 N. Santa Anita Ave, Ste 1B, Arcadia; open Mondays & Wednesdays
- Text GOLDLINENEWS to 888777 to receive alerts to your cell phone

Arcadia Police Blotter

For the period of Sunday, June 15th, through Saturday, June 21st, the Police Department responded to 968 calls for service of which 128 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 15:

1. Just after 6:25 a.m., an officer responded to Rite Aid, 39 West Las Tunas Drive, regarding a commercial burglary report. Video surveillance revealed an adult subject entered the store, walked to the rear stock room, and hid himself inside the ice cream generator room until the store closed. After the store closed, he stole approximately \$1,000 worth of several boxes of cigarettes and fled through the emergency exit, activating the alarm. The suspect is described as an Asian male in his early twenties, wearing a black colored hooded sweatshirt, tan pants, and black shoes.

2. Around 11:47 p.m., an officer responded to the stable area of the Santa Anita Race Track, 285 West Huntington Drive, regarding an assault with a deadly weapon report. A male subject threw a piece of fish at his roommate and assaulted him with a knife. The 34-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

Monday, June 16:

3. At approximately 1:37 p.m., an officer was dispatched to Motel 6, 225 Colorado Place, regarding a disturbance. The officer made contact with a subject who was standing on a balcony yelling and talking to himself. The 29-year-old Hispanic male was determined to be under the influence of methamphetamine, and in possession of a controlled substance and drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking.

4. At about 3:06 p.m., an officer was dispatched to an apartment complex in the 500 block of West Huntington Drive regarding a possible marijuana cultivation inside one of the residences. The property manager noticed the tenant had installed two air conditioning units without her permission. Officers made contact with the tenant and an investigation revealed he was harvesting numerous marijuana plants. The 40-year-old Asian male was arrested and transported to the Arcadia City Jail for booking.

Tuesday, June 17:

5. Just before 2:00 p.m., an officer was dispatched to a residence in the 300 block of West Colorado Boulevard regarding a burglary report. Unknown suspects forced entry through a side door, ransacked the location, and stole a laptop and spare vehicle key. The victim recalled seeing an unknown silver Mercedes Benz with tinted windows parked in front of the location when she arrived home, but the vehicle drove away southbound on Colorado Street as soon as she entered the residence. The driver was not seen; however, the officer was able to recover one latent fingerprint on the sliding glass door. Further investigation is being conducted by the Detective Bureau.

6. Around 1:58 p.m., an officer was dispatched to US Bank, 1400 South Baldwin Avenue, regarding a fraud in progress. A male subject attempted to cash a check that was not issued to him, which he altered to display his name. The 46-year-old White male was arrested at the location and transported to the Arcadia City Jail for booking.

Wednesday, June 18:

7. Around 2:32 a.m., an officer conducted a traffic stop on

a vehicle for speeding in the area of Duarte Road and El Monte Avenue. The officer made contact with the driver, a 23-year-old Asian male, and detected an odor of alcohol emitting from his breath and person. An investigation revealed he was under the influence of an alcoholic beverage. He was arrested and transported to the Arcadia City Jail for booking.

8. At about 5:19 p.m., an officer was dispatched to a traffic accident at the intersection of Live Oak Avenue and Farna Avenue. Party-1 failed to stop for traffic ahead and rear-ended Party-2, which forced Party-2 into the rear of Party-3. The officer determined Party-1 was at fault due to speeding. No injuries were reported.

Thursday, June 19:

9. At about 12:10 p.m., an officer responded to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. The suspect switched the price tags of various articles of clothing with price tags belonging to less expensive clothing, and paid for the merchandise at the lower price. The 41-year-old Filipino female was arrested and transported to the Arcadia City Jail for booking.

10. Shortly after 11:00 p.m., an officer was patrolling Arco Gas Station, 5 West Foothill Boulevard, when he located a vehicle with two outstanding warrants attached to the license plate. The officer confirmed the warrants belonged to the driver, a 52-year-old White male, who was also in possession of a controlled substance. He was arrested for the listed charge and the warrants, and transported to the Arcadia City Jail for booking.

Friday, June 20:

11. Around 6:08 a.m., an officer was dispatched to Santa Anita Race Track, 285 West Huntington Drive, regarding a suspicious subject digging into a dumpster. The officer discovered the 32-year-old Hispanic male was under the influence of a controlled substance. He was arrested and transported to the Arcadia City Jail for booking.

12. Shortly after 12:15 p.m., an officer responded to the Arcadia Police Department front counter regarding a fraud report. The victim explained he and his family lent approximately \$156,000 to a longtime friend who was supposed to repay the funds plus interest. The friend provided several check payments to the victim; however, all the checks were returned due to insufficient funds. The whereabouts of the friend were unknown at the time of the report. Further investigation is being conducted by the Detective Bureau.

Saturday, June 21:

13. At about 9:31 p.m., an officer responded to the 1800 block of Highland Oaks Drive regarding a report of an unknown person running from a residence whose alarm was sounding. Video surveillance revealed two unidentified subjects forced entry through a rear window, ransacked the master bedroom, and fled through a rear door. The suspects fled in an awaiting vehicle, which fled west on Grandview Avenue. An area check was conducted, but the vehicle was not located. The amount of property loss was unknown at the time of the report.

14. Shortly after 11:00 p.m., an officer conducted a traffic stop on a vehicle for expired registration in the area of Second Avenue and Huntington Drive. A records check revealed the driver had an outstanding misdemeanor warrant. The 40-year-old Hispanic male was also in possession of a controlled substance. He was arrested for the listed charges and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra MadreArcadiaPasadenaAltadenaMonrovia



“What’s Going On?” A BUSY SATURDAY IN DUARTE

News and Views from Joan Schmidt

A recent Saturday featured THREE great events in Duarte! First in the morning I drove over to Sweet Nothings, for a book signing (Breaking Faith) with M. Adams. The book is NOT religious; Adams' books are passionate stories based on a portion of truth, an idea she picked up from an article she read somewhere. The setting is Louisiana near the Bayou, and the husband has committed the crime. He's ready for a new younger wife and tries to make it appear to be a robbery. Another great book is Taste of Morgan which takes place in Mexico. This book also is based on true events. Fields are burned, crops destroyed, and children are starving because a developer wants the land.

Ms. Adams is a retired teacher, counselor and administrator. She always wanted to help others and is protesting something that is wrong. That is why she writes. She and her husband, who takes pictures, travel to find a setting for her story. Ms. Adams writes in different genres, even children's books. Visit her website: www.romancecalling.com.

After chatting with Ms. Adams, I drove to the Duarte Library for “Coffee and Conversation” with Assemblyman Roger Hernandez. Topics included the AB 109 and overcrowding of County jails, and the status of the now defunct Redevelopment Agencies and funding for cities. Among the many attendees was Glendora Mayor Judy Nelson who had questions for Hernandez such as cities getting more power, but will they receive more funding?

The last great event, the Kick-off of the special “Paws for Reading” Summer Programs at Duarte Library featured Kane and Ace Mask. Who is Kane? Kane is a beautiful collie, a therapy dog. Ace and his wife Dorothy live in Brea with Kane and have grown children. “Kane’s” name was chosen because of his Scottish heritage- collies were brought here from Scotland 150 years ago to help shepherds round up their sheep. They also are used on farms to round up cattle and bring them into the barns as evening approached.

Ace spoke of the book, “Lassie”, based on a true story, which was followed by a movie and eventually a TV series. Ace also told us how dogs are not only used for therapy, but to assist blind people, and also work with police and the army. They are used in many search and rescue operations and also to locate missing people or find criminals.

Ace spoke of Kane's participation in many “Agility” contests including Jumps, Tunnels, and Speed and has many wins. Ace also read us a delightful story, Katy to the Rescue. Attending children were given certificates to pick up the book when available. They also received pencils, a chocolate, dog-shaped lollipop, a “Kane” card (Like a baseball card) and a picture of a collie to color in. It was a lot of fun! Thank you, Friends of the Duarte Library for providing the funding for this great event! Visit <http://coffeecanine.blogspot.com/2012/12/ace-ask-kane.html> for photos, a Facebook link, and learn more about Kane and Ace's great books.

The Paws for Reading Summer programs has so many great activities for all ages! On Saturdays at 2pm, there are DIY projects! They include an animal gift box, dog treats, etched glass treat jar and more. Fridays at 10:15 am have Toddler Story Time and 11:15 features Family Story Time. Teen Activities are Wednesdays at 2:00 pm. They include Comics and Ice Cream Social, YA Lit Fest (Lively book discussion of Shadow and Bone), Digital Downloads and Teen Gaming. Please visit www.colapublib.org/libs/duarte for more details.



Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

When They Depend on You...You Can Depend on Me!

The Sandwich Generation. Many Boomers who thought they were finished parenting are now caring for their own elderly parents. It's what Jane Wolf Waterman calls the POP Generation – parenting our parents.

I specialize in helping seniors and their family members with my unique **Silver Service Program** that is a 'one stop shopping' type approach to help you find a suitable community, determining the probable selling price and preparing the family home for selling, staging, packing, estate sales and many other services that are involved in getting your parents moved with less stress and top dollar.



I have 27 years experience specializing in working with:

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- Estate Planners
- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation – a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents. How to Transform the Remarkable Challenge into a Journey of Love.*



MIKKI PORRETTA
Dilbeck Realtors,
Senior Services Director
626.353.9879



City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: CITY COUNCIL CONSIDERATION OF URGENCY ORDINANCE 1357-U ESTABLISHING AN INTERIM MORATORIUM ORDINANCE PURSUANT TO GOVERNMENT CODE SECTION 65858 ON THE ISSUANCE OF ALL BUILDING PERMITS AND/OR GRANTING OF DISCRETIONARY APPROVALS FOR CONSTRUCTION OF NEW DEVELOPMENT REQUIRING NEW WATER SERVICE CONNECTIONS AND DECLARING THE URGENCY THEREOF

On July 8, 2014, the City Council will be considering the adoption of Ordinance No. 1357-U, an Urgency Ordinance of the City Council of the City of Sierra Madre, establishing an Interim Moratorium Ordinance, pursuant to Government Code 65858 on the issuance of all building permits and/or granting of discretionary approvals for construction of new development requiring new water service connections. Government Code 65858, a provision of State Planning and Zoning law, authorizes an interim, urgency zoning ordinance to prevent development which may be inconsistent with a plan under development, such as the City's intended update of its development and zoning codes to enact more stringent water conservation requirements, pending adoption of that plan. The Ordinance would remain in effect until August 22, 2014, unless extended or terminated by further action of the City Council.

All interested persons may attend this meeting and the City Council will hear them with respect thereto. If you have any questions, please contact Bruce Inman, Director of Public Works, or Danny Castro, Director of Development Services at 626.355.7135, during regular business hours of Monday to Thursday from 11 am to 5:30 pm.

CITY COUNCIL MEETING

City of Sierra Madre
City Council Meeting
Tuesday, July 8, 2014
(meeting begins at 6:30 p.m.)

PLACE OF MEETING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd
Sierra Madre, CA 91024

City of Sierra Madre

PUBLIC HEARING NOTICE

To: Property Owners within a 300-foot radius

From: The City of Sierra Madre

Subject: TENTATIVE PARCEL MAP (TPM) 13-04

Applicant: Seven Central LLC

Project Location: 520 North Michillinda Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider a request for a lot split for the property at 520 North Michillinda Avenue. The applicant is proposing to split the existing 28,819- square-foot parcel into two (2) parcels measuring 14,410 square feet and 14,409 square feet. At the April 17, 2014 meeting, the Planning Commission recommended approval of TPM 13-04 to the City Council.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council meeting
Tuesday, July 8, 2014
(Hearing begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto. ENVIRONMENTAL DETERMINATION: The project qualifies for Class 15 Categorical Exemption (Minor Land Division), pursuant to Section 15315 of the California Environmental Quality Act (CEQA) in that it consists of the division of property in an urbanized area zoned for residential uses.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: CITY COUNCIL CONSIDERATION OF URGENCY ORDINANCE 1356-U DECLARING THE EXISTENCE OF A WATER SHORTAGE EMERGENCY AND IMPOSING A MORATORIUM ON THE ISSUANCE NEW OR ADDITIONAL WATER SERVICE CONNECTIONS IN ANY ZONING DISTRICT IN THE CITY, TO TAKE EFFECT IMMEDIATELY AND CONTINUE IN EFFECT UNTIL SHORTAGE ENDS

On July 8, 2014, the City Council will be considering the adoption of Ordinance No. 1356-U, an Urgency Ordinance of the City Council of the City of Sierra Madre, declaring the existence of a water shortage emergency and imposing a moratorium on the issuance of new or additional water service connections in any zoning district in the city, to take effect immediately and continue in effect until shortage ends. Water Code 350 et seq. authorizes the City Council as governing body of a public water supply distributor to declare that water shortage emergency conditions prevail within the area served by such distributor whenever it cannot be satisfied without depleting the water supply of the distributor to the extent that there would be insufficient water for human consumption, sanitation and fire protection. The Ordinance would go into effect immediately upon adoption and remain in effect during the period of the emergency.

All interested persons may attend this meeting and the City Council will hear them with respect thereto. If you have any questions, please contact Bruce Inman, Director of Public Works, or Danny Castro, Director of Development Services at 626.355.7135, during regular business hours of Monday to Thursday from 11 am to 5:30 pm.

CITY COUNCIL MEETING

City of Sierra Madre
City Council Meeting
Tuesday, July 8, 2014
(meeting begins at 6:30 p.m.)

PLACE OF MEETING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd
Sierra Madre, CA 91024

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre

Subject: CITY COUNCIL CONSIDERATION OF A RESOLUTION DECLARING A PHASE III (30%) MANDATORY WATER CONSERVATION PURSUANT TO SIERRA MADRE MUNICIPAL CODE SECTION 13.24.210 AND DECLARING A MORATORIUM ON NEW WATER SERVICE CONNECTIONS PURSUANT TO SIERRA MADRE MUNICIPAL CODE SECTION 13.24.220

On July 8, 2014, the City Council will be considering the adoption of Resolution 14-58, declaring the implementation of Phase III (30%) Mandatory Water Conservation pursuant to Sierra Madre Municipal Code Section 12.24.210 and declaring a moratorium on new water service connections pursuant to Sierra Madre Municipal Code Section 13.24.220. Pursuant to its authority under Water Code Sections 350 and 375, and the Sierra Madre Municipal Code Section 13.24.020, the City Council may declare that water shortage emergency conditions exist requiring the urgent necessity of establishing further mandatory conservation measures. The resolution would be effective immediately upon adoption by the City Council and would remain in effect until terminated by further action of the City Council.

All interested persons may attend this meeting and the City Council will hear them with respect thereto. If you have any questions, please contact Bruce Inman, Director of Public Works, or Danny Castro, Director of Development Services at 626.355.7135, during regular business hours of Monday to Thursday from 11 am to 5:30 pm.

CITY COUNCIL MEETING

City of Sierra Madre
City Council Meeting
Tuesday, July 8, 2014
(meeting begins at 6:30 p.m.)

PLACE OF MEETING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd
Sierra Madre, CA 91024



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- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation – a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*



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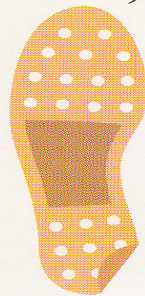
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SIERRA MADRE'S ZOË ZAWOL WINS MULTIPLE SCIENCE AWARDS

The recent graduate of Sierra Madre Middle School's Project will take her to the Rising Stars National Science Competition in September

Zoë's 2014 science project, entitled "Is the Cosmic Ray Flux Greater at Higher Altitudes Than at Lower Altitudes?" recently earned the following accolades:

Sierra Madre Middle School: 1st Place

2014 Pasadena Unified School District Innovation Exposition 1st Place - Scientific Inquiry

2014 Los Angeles County Science & Engineering Fair:

1st Place – General Physics (Jr Div.)

Sweepstakes Winner – 2014 Best Junior Project (>600 top projects)

Selected to attend 2014 INTEL International Science and Engineering Fair (ISEF) as LA County's first ever Junior Observer

2014 California State Science Fair: 1st Place – Physics and Astronomy (Jr. Div.)

Raytheon Junior Achievement Award for Demonstrated Potential to Make a Breakthrough in Physics.

Some Background:

For her science project, Zoë hypothesized that the cosmic ray flux would decrease with decreasing altitude. Here are some quotes from her project:

Cosmic rays are high energy particles, including hydrogen nuclei (protons) (90%), helium nuclei (alpha particles) (9%), and electrons (<1%) that originate outside the solar system and even outside our galaxy. It is believed that they are accelerated to high speeds by supernova explosions and possibly by black holes. When they strike other matter, such as molecules in Earth's atmosphere, they create secondary cosmic ray particles, such as neutrons, mesons and, positrons.

.... Says Zoë, "Before I began my experiment, I predicted that the flux of the cosmic rays would be greater at higher altitudes than at sea level. Since the density of the atmosphere varies with altitude, I think that the cosmic ray flux, or the rate of cosmic rays per given volume for a given amount of time, may vary at different altitudes. I predict that since cosmic rays must travel through fewer molecules at higher altitudes than at denser, lower altitudes, the cosmic ray flux should be greater at high altitudes than at lower altitudes."

Zoë then set about building a cloud chamber to detect cosmic rays, conducting her experiments at different altitudes, analyzing the results, conducting further research, and reaching the conclusion that her hypothesis was correct. She also uncovered evidence that the strength of the solar wind on different days affects the cosmic ray flux and that the magnetic fields induced by broadcast antennas on Mt. Wilson may affect the cosmic ray flux there.

SMMS & PUSD

After presenting her experiment and results to Caltech scientist-judges at school, Zoë had the highest point total for all projects in her middle school. At the Pasadena Unified School District's Innovation Exposition, another set of judges awarded her 1st Place for Scientific Inquiry.

LA County Science & Engineering Fair

Throughout the day at the 2014 LA County Science & Engineering Fair in Pasadena, quite a few scientist-judges considered Zoë's abstract, project notebook, and display, and questioned her about her project – no parents or outsiders allowed.

The judges not only awarded her 1st Place for General Physics (Jr Div.), they also named her the Sweepstakes Winner for the Best Junior Project in show, beating over 600 other top projects that made it to county!

The LA County scientist-judges and officials were so impressed by her project and her interviews that they selected Zoë to attend the week-long INTEL International Science and Engineering Fair (ISEF), where only high school students are permitted to compete.

LA County officials told me her name kept coming up when they were trying to select high school students for INTEL ISEF. The officials really didn't want to give up a competitive position but they said Zoë's project was clearly in the top for the entire show (Jr & Sr) and would have been competitive at the international level. They felt she earned it, so they changed a high school competitive position to a middle school observer position, something they said they've never done before.

CA State Science Fair

Winning at county allowed Zoë to participate in the CA State Science Fair at the CA Science Center in LA. At least 14 scientist-judges interviewed her, and awarded Zoë 1st Place for Physics & Astronomy (Jr) for the State of California! To top it off, Raytheon gave her one of six special Junior Achievement awards. Zoë's was for demonstrated potential to make a breakthrough in physics.

INTEL ISEF

As a Junior Observer, Zoë attended the week-long INTEL ISEF in downtown LA, where she attended various symposia (including with several Nobel Laureates), and met like-minded current and future scientists from all over the world. (Pictured above)

BROADCOM MASTERS

Zoë's LA County and CA State awards qualified her for entry in the BROADCOM MASTERS (Math, Applied Science, Technology, and Engineering for Rising Stars) national science fair. Semi-finalists and Finalists will be named in September.

Story and photos submitted by Matt Zawol



Zoë Zawol



SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsliions.org
website: www.bcsliions.org

Claibourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins
626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
barraza.gilbert@pusd.us
website: www.phs.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian
(626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

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THE REEL DEAL: by Ben Show HOW TO TRAIN YOUR DRAGON 2



The first 'Dragon' movie was a stand out in the animated movie genre, for both critics and moviegoers. It did exceptionally well and was one of Dreamworks' best movies. I was worried for the sequel because it had a lot to live up to, for the audience and its creators.

Taking place 5 years after the first movies, dragons and humans have found a safe haven on the island of Berk. Hiccup (Jay Baruchel) and Toothless have revolutionized the tribe, turning them from dragon hating warriors, to dragon loving riders. However, while exploring, he makes a discovery that may separate dragons and humans. Permanently.

When I first saw this movie, I had mixed feelings. Yes, it was better than the original in every way. Yet, it did not feel like a family movie. The subject matter discussed in the film is extremely dark, even for a modern day animated movie. Very young children should avoid the movie, but everyone else, fans or not, should see this film. Dreamworks has yet again reinvented the modern animated movie.



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What's on YOUR Mind?



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by Chris Leclerc

4TH OF JULY PRECAUTIONS FOR PROTECTING YOUR PETS

Well folks, it's that time of year again! Fourth of July is just around the corner and the fine citizens of Sierra Madre are getting geared up for our city's annual Independence Day parade. You can almost feel the excitement building in the air, with float entry preparations underway and families planning out their parade and park activities for the big day.

There will be plenty of back yard barbecues, out-of-town visitors and loads of fun and fan-fair for all to enjoy! But don't forget that the use of fireworks in our small town is illegal and absolutely will not be tolerated. This is true every year, but this year it is particularly important that everyone comply with the city's ordinance prohibiting fireworks, because of the drastic drought conditions we now have in our foothills and forest.

Although fireworks are not legal in Sierra Madre, there are various venues where organized, permitted firework performances will be displayed in neighboring cities. Even with the distance between us and those places where fireworks will be set-off, we will still hear the "bombs bursting in air", as do our precious pets. Fortunately, we humans understand what the noise is all about, but our furry-four-legged friends don't understand and are often rendered terrified by the loud noises they may interpret as life-threatening.

There are a few things you can do to help prevent your pets from panicking during the audacious fourth of July festivities. Some of these tips are pretty basic and probably plain common sense for most pet owners, but some may come as new to you. Either way, it can't hurt to be reminded of things that can be done to help your pets work through what is typically the loudest day of the year in the USA!

Make sure your pet is wearing a collar with a current ID tag.

Take your dog for a nice long walk and bring them inside BEFORE dark, when the noise usually begins.

Secure them in a covered kennel to muffle sound, or in a room away from windows, and cover windows with a blanket to help further muffle the loud sounds of the fireworks.

Keep the inside of your house well-lit so that any flashes outside will be less noticeable.

Play soothing music or keep the TV on loud enough to cover up the noises outside.

Give your dog a favorite chew, bone or Kong to occupy them and help relieve stress.

Arm yourself with the many anti-anxiety tools now available. For example, Thundershirts, as well as calming pheromones such as Rescue Remedy, herbs, and essential oils have all proven to help calm anxiety.

There are different schools of thought regarding whether or not to verbally calm your pet when or if they should become nervous during the noise. Some say it is



best to ignore their reaction and resist talking them through it, because you are only reinforcing the undesirable behavior, while others believe it is best to do just the opposite; speak calmly to the animal, saying "it's OK, 'Good girl/boy', 'Don't be afraid, I'm here with you'", etc. I personally believe that each dog is different in the way they deal with loud noises and the way they may respond to your voice at the time. I say pay close attention to how your pet reacts to the noisy activity with or without your verbal reinforcement and act accordingly.

Gradually desensitize your pet during NON-firework times by playing a CD of firework or thunderstorm sounds at a low level - a level that does not solicit a fearful reaction from your dog. Then reward them for remaining calm. Slowly increase the volume over time, and continue the positive reinforcement as long as they stay calm. Research has proven that animals can gradually adapt to loud noise, and being more familiar with it is definitely to their best advantage on the Fourth of July.

Talk to your neighbors if you have a pet that may become anxious and feel the need to bark or bay more than usual. Most people already know that dogs can be frightened by fireworks, and will be more understanding if you have given them a heads up. A little communication goes a long way in deterring tension between you and your neighbors as well as unnecessary calls to the authorities.

Do not leave your pets home alone while fireworks are being set off. If you have plan to be away, make arrangements for a pet sitter or a friend to be there with them to avoid unnecessary stress or fear on their part.

Regardless of how your pet reacts to the loud noises that are inherently part of our up-coming traditional holiday, please remember that they cannot help the way they react. Be understanding and patient. If you remain calm, it is much more likely that they will do the same. Enjoy the holiday and all the festivities that come with it, but don't forget to take precautions to protect your pet.

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Chris Leclerc

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LOOKING FOR A BEST FRIEND?

Mr. Dibbs is a very cute and sweet golden brown 11 lb. Chihuahua boy with an adorable face that is easy to fall in love with. Although he can be shy when meeting a new person at first, he loves people, their cuddles, pets, massages, and will melt in your arms to receive that love and attention.

When Mr. Dibbs first arrived at the shelter, he was quiet, a little timid, sensitive to hand and feet movements, and scared of all the street activity that most likely came from his experience as a stray, lost in the streets. But it didn't take long for him to trust and enjoy the company of his new human friends (staff and volunteers) at the shelter, and once he did, he relaxed more in his environment and became more confident. So it won't take long for him to warm up to his new family as well.

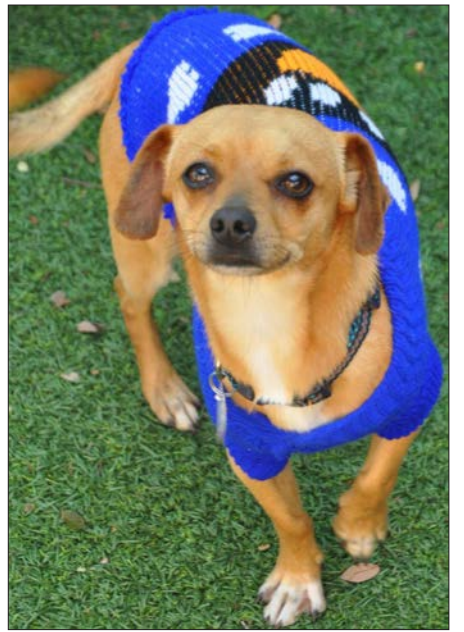
Mr. Dibbs enjoys interacting and playing with other dogs in a yard and going on walks, whether it is just with his person or a group of his human and dog friends. He has average energy, loves his adventures outdoors, and is easy to handle on a leash. Mr. Dibbs is approximately 1 ½ years old and has many years of love he wants to share and enjoy with people who will return his love and affection. It doesn't matter if it is a single person, a couple, or a family, as long as it is a forever home filled with love. Mr. Dibbs would also love it if there were other dogs in the family for him to play and pal around with.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Mr. Dibbs, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes a microchip, neuter surgery, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Mr. Dibbs.

See our website at www.sgvhumane.org for information and photos of all our available pets.



PET OF THE WEEK: MARISOL

Animal ID #A4720263

There is so much to love in this dainty little package! Meet Marisol (A4720263), a lovely 5-year-old white female Mexican Hairless/Short Haired Chihuahua Whippet mix who was found in Baldwin Park and brought to the Baldwin Park Animal Care Center on June 11th. Weighing 7½ pounds and needing to gain 3 lbs more, Marisol is a ready-made lap dog who savors human companionship. She also gets along with other dogs. With elegant long legs, pretty Marisol is unusually graceful and is sure to turn heads wherever she goes. Marisol will be a wonderful indoor companion for the members of a calmer household. If you are looking for a sweet, calm, loving, uniquely beautiful dog, please go down to the Baldwin Park Shelter and meet Marisol! To watch a video of Marisol, please visit: <http://youtu.be/plfbPw5Gwhg>



To meet Marisol in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Marisol, please reference her animal ID number: A4720263. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Marisol or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

SGVHS CALENDAR PHOTO CONTEST

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JUNE 30, 2014
Submission deadline



HOT DOG!

Over seven billion hot dogs will be eaten by Americans between Memorial Day and Labor Day. During the July 4th weekend alone (the biggest hot-dog holiday of

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

the year), 155 million will be downed.

Every year, Americans eat an average of 60 hot dogs each. They are clearly one of the country's most loved, but most misunderstood, comfort foods.

Like most great events in History, there are varying accounts of how it all began and who started it. The history of the Hot Dog is no different. You will find many references throughout history to the origins of a Hot Dog-like thing called a sausage. Here are some stories of how the Hot Dog was born.

One of the earliest references to the Sausage, appeared in Homer's Odyssey (an ancient Greek tale of adventure and heroism) in 850 BC. Another legend is that the popular sausage (known as "dachshund" or "little-dog" sausage) was created in the late 1600s by Johann Georghehner, a butcher living in Coburg,

The invention of the Hot Dog, is often attributed to the 1904 Louisiana Purchase Exposition. However, similar sausages were made and consumed in Europe, particularly in Germany, as early as 1864, and the earliest example of a hot dog bun dates to New York City in the 1860s. German immigrants appear to have sold hot dogs, along with milk rolls and sauerkraut, from pushcarts in New York City's Bowery during the 1860s. The Hot Dog's association with baseball also predates the 1904 World's Fair. Chris von der Ahe, owner of the St Louis Browns, sold Hot Dogs at his ballpark in the 1880s.

In 1987, the city of Frankfurt celebrated the 500th birthday of the hot dog in that city. It's said that the Frankfurter was developed there in 1484, five years before Christopher Columbus set sail for the new world. However, Vienna, came up with protests against this German celebration. Because the people of Vienna (Wien), Austria, point to the term "wiener" to prove their claim as the birthplace of the hot dog.

Who's Served the First Hot Dog? Also in doubt is who first served the first Hot Dog. Wieners and frankfurters don't become Hot Dogs until someone puts them in a roll or a bun. There are several stories or legends as to how this first happened. Specific people were have been credited for supposedly inventing the Hot Dog. Charles Feltman and Antoine Feuchtwanger were among the few.

In 1867, Charles Feltman, a German butcher, opened up the first Coney Island hot dog stand in Brooklyn, New York and sold 3,684 dachshund sausages in a roll during his first year in business. He is also credited with the idea of the warm bun.

In 1880 a German peddler, Antoine Feuchtwanger, sold hot sausages in the streets of St. Louis, Missouri. He would supply white gloves with each purchase so that his customers would not burn their hands while eating the sausage. He saw his profits going down because the customers kept taking the gloves and walking off with them. His wife suggested that he put the sausages in a split bun instead. He reportedly asked his brother-in-law, a baker, for help. The baker improvised long soft rolls that fit the meat, thus inventing the hot dog bun. When he did that, the Hot Dog was born. He called them red hots.

Although the exact origins of the Chicago Dog are not documented, Vienna Beef of Chicago claims the "Chicago-style" Hot Dog was invented by two European immigrants at the Chicago World's Fair and Columbian Exhibition in 1893.

What's in a name? Another story that riles serious hot dog historians is how term "Hot Dog" came about. Some say the word was coined in 1901 at the New York Polo Grounds on a cold April day. Vendors were hawking hot dogs from portable hot water tanks shouting "They're red hot! Get your dachshund sausages while they're red hot!" A New York Journal sports cartoonist, Tad Dorgan, observed the scene and hastily drew a cartoon of barking dachshund sausages nestled warmly in rolls. Not sure how to spell "dachshund" he simply wrote "hot dog!" The cartoon is said to have been a sensation, thus coining the term "hot dog." However, historians have been unable to find this cartoon, despite Dorgan's enormous body of work and his popularity.



1893 - The 1893 Chicago World's Fair, also called the Columbian Exposition, brought thousands of visitors who consumed large quantities of sausage sold by vendors. People liked this food that was easy to eat, convenient, and inexpensive.

Also in the same year, it is claimed that sausages became the standard fare at baseball parks. Some historians claim that Chris Von der Ahe (1851-1913), owner of a St. Louis Bar and the St. Louis Browns major league baseball team, introduced sausages to go with his already popular beer. He was a colorful character himself. A large man who wore loud, checkered clothing, Chris sat in a special box behind third base with a whistle and binoculars. He used the whistle to get the attention of players, for someone to get him a beer, or for special cops he employed for personal use and to keep tabs on his players. He bought the Browns in order to put himself in the limelight and to advertise his saloon business.

Historians, to this day, have not found any research to back up the claim that hot dogs were sold at



Sportsman's Park.

Truly, "Necessity is the Mother of invention." = hot dog bun

The popularity of the hot dog and baseball – I know this may be very difficult for some Dodger fans but the love of the hotdog and baseball did not start with the Dodgers.

Follow me on Twitter @kingofcuisine

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- 1 tablespoon vanilla extract
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- 1 gallon whole milk
- chipped ice
- rock salt

In a large mixing bowl, beat eggs. Add sugar gradually, stirring constantly. Add salt, vanilla and canned milk. Add about a pint of the fresh milk and mix.

Pour mixture into ice cream freezer can. Add enough of the remainder of the milk to fill can to the middle of the top board of dasher. (If the freezer can has a "fill" line on it, fill no higher than that line.)

Assemble the ice cream freezer. Add alternating layers of chipped ice and rock salt to barrel around freezer can. Crank freezer until ice cream begins to freeze (cranking will become harder as ice cream freezes), adding more ice and salt, as needed. When handle becomes difficult-to-impossible to turn, remove turning mechanism, and carefully remove top from freezer can; remove dasher. Replace top. Cover can with more ice and salt. Cover ice with an old towel, allowing ice cream to "cure" for at least 1 hour. If yours is an electric freezer, follow manufacturer's directions, but the curing step is essential.

Makes about 5 quarts of ice cream

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THE JOY OF YOGA ENERGY LEALS



One of the things that yoga teaches you how to do is monitor your energy. The teachings of Tantra are very clear: prana follows thought. If you are low on energy it may be a good idea to look at what you have been thinking about.

Giving energy to the things that we want more of in our lives and less energy to the things that drain us is key to maintaining prana or energy. We do not want to be leaky buckets. We do not want others draining our vital stores. We need to find more activities that increase our energy supply on a daily basis and eliminate some things that leave us feeling depleted. What would your life be like if you did at least one

thing everyday, actually put it on your calendar, that gives you energy back? What if you were able to eliminate something that drains you?

Well, first you have to know which is which, a drain or a booster.

Getting on your mat each day can balance your prana. It's a great start. It can also help you become more aware of the practices that fill you up or tire you out. Sometimes the body can be a bit tired yet the mind is left energized and creative. This is great for focus. Gather up the prana you need for a project and direct it all there. Sometimes your practice can leave the body energized and bouncy, yet the mind scattered. If we do too much of the practices that are only sensational – we can get even spacier. Make sure you balance with centered and grounded.

So get to know who is stealing your prana. Who supports you? Hang around with like-minded, uplifting people. Practice grounded yoga and only give away from the overflow.

See you in class. Namasté, René

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AGING DOESN'T MEAN PAIN



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

Are you dealing with nagging pains and discomfort? Perhaps a little indigestion, gas and bloating? Are you nearing 40 or 50 and not feeling as energized, put on a little weight, get ill more often or have become a little absent-minded? How about being on prescription medicines? Think it's normal for so many to be medicated for hypertension or high cholesterol? It's all part of life and aging, right? NO - it's all part of a poor diet! Aging is an accumulation of bad diet choices, low physical activity, and toxins in our food and environment. We could most likely handle most of these toxins if we would just quit eating sugar and processed foods. Diabetes, obesity, heart disease and joint inflammation are all part of metabolic dysregulation and it all begins with diet.

That cereal or multi-grain bagel you consume for breakfast, the sandwich and Doritos you have for lunch and the pizza and pasta for supper, plus any snacking of yogurt, chocolate, soft drinks, high sugar "healthy protein" bars and so on, creates an insulin spike in your body. The hormone insulin flowing through your body after eating the above does a couple of things. What surprises most people is during the insulin spike, you don't burn stored fat. In fact, it actually stores the food and helps make fat. The various other things it does is it creates a

physical craving for sweets and carbs so you end up eating more of the bad foods.

Now, back to all the pain and dis-ease. There's a vicious circle when you take in a low fat, high in sugar and grains or other starchy carbohydrates (potatoes) diet:

1. High refined carb meals bring about insulin spikes (all carbohydrates convert to sugar in your body).
2. Muscle cells end up being insulin resistant because of bad diet choices and lack of physical activity.
3. Sugar deposits as fat in fat cells.
4. The moment fat cells become insulin resistant (tired of sugar and insulin), you're on the road to Diabetic issues.
5. High insulin induces sodium retention, which could cause high blood pressure.
6. Fat cells can secrete inflammatory substances which create capillary damage, oral plaque buildup, all those aches and pains, sadness, illness and increased oxidative stress bringing about a cognitive decline.

So when you have these little (or not so little) aches and pains that we credit to "aging", you truly have signs of metabolic dysregulation or too many carbs on your plate. And it's not age. If all these problems were merely age, why do I have so many clients between 10 and 30 years old with pains, depression, reoccurring illnesses, hypertension, high cholesterol, over weight and pre-diabetes? Every one of these issues are symptoms of insulin resistance.

You wouldn't imagine how fantastic you will feel consuming a diet without processed foods and sugar but rather healthy and balanced fats with lots of fresh veggies! Aches and pains vanish, and you have good side effects like weight loss, and cholesterol and blood pressure levels go back to normal. But most of all you know you aren't eating yourself to an early grave but rather living longer with a high quality of life.

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WHY I WRITE MY BOOKS

Guide To Wild Foods and Useful Plants

By Christopher Nyerges



[Nyerges' "Guide to Wild Foods" book, originally published in 1978, has been released in the spring of 2014 in full color. The book is available at bookstores, Amazon, and at www.ChristopherNyerges.com. It has even been adopted for use as a college textbook in one college.]

My earliest interest in wild food began around 1967 or so as I began my awareness that

Native Americans who lived in Los Angeles County in the pre-Spanish era gathered and hunted all their food. I wanted to do that too, because I thought I would be a good survival skill, and mostly because I thought it was one of the most essential things a person could do.

I studied all I could from the local library, and by enrolling in botany classes in high school and then college. I made the effort to study with whomever I could, when the opportunities arose: Native Americans, Amish, gardeners, botanists, bums -- whoever knew about plants and was willing to share their knowledge with me.

By 1974, I was asked to lead Wild Food Outings with the Los Angeles-based non-profit, WTL, whose focus was to educate in all aspects of survival. I fit in well, and not only led the walks (and continued to this day) but started work on a book about local wild foods. It took the next four years of typing and researching and asking questions and compiling notes, but finally my stacks of seemingly-random notes were taking shape into a book.

My notes consisted of various piles of paperwork that I stacked around my bedroom, and which I finally began to order when I started a typesetting job at the Altadena Chronicle. The editor, Sue Redman, allowed me to write a column each week which I called "The Emergency Plant Survival Guide," which was eventually assembled into a photocopied 8 1/2 x 11 format. In many ways, since I have always used my own book for looking things up, I wrote the book to assemble my own diverse notes and experiences about using plants for food, and other uses.

And by then, I'd met and began studying with botanist Dr. Leonid Enari, who really opened my eyes to the vast botanical world "out there." Dr.Enari, as well as my mentor at WTL, were instrumental in shaping that very crude first edition of what we called "A Southern California's Guide to Wild Foods."

The second edition, completely revised, came out within another two years or so, and then soon another revised edition with more plants being added each time.

At the time, there was no other book like this one which appealed to the common useful plants in the Southern California area. There were a few academic books, though

they didn't appeal to the person who wanted to actually try these plants. And there was no internet then, so all my research was done in libraries or with first-person interviews, or spending all day to get somewhere just so I could learn one new plant.

The fourth edition was released in 1995, and in many ways this was my favorite version since all the plants drawings were painstakingly done in my own hand. After two printings of this version, the book came out with photos, though they were all black-and-white. Though this book always sold well, the photos were the weak area since they were not clear or large enough.

And finally, in the spring of 2014, the book has been released in full color, which is perhaps the ultimate format we'd dreamed about in the mid-1970s when the idea for this book was formulated. But back then, the technology didn't exist for relatively inexpensive color books, and we couldn't afford it anyway.

It's great to be able to make a meal from plants growing in the mountains or in your backyard. And it's incredible to make sweet desserts and juices from cacti and wild fruits, following in the footsteps of our ancestors. I wrote the book to share with others that these things -- and more -- are possible.

I hope that you enjoy the book, and that it benefits you in many ways. If you have questions about the uses and identity of wild plants, please feel free to contact me.

GUIDE TO WILD FOODS and USEFUL PLANTS

CHRISTOPHER NYERGES

Second Edition, Revised and Updated



We'd like to hear from you!
What's on YOUR Mind?



Contact us at: editor@mtnewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: [#mtnewsnews](https://twitter.com/mtnewsnews)

ERGONOMIC TOOLS THAT CAN EASE GARDENING PAINS

Dear Savvy Senior:

Can you recommend some good ergonomic gardening gear for seniors? My 72-year-old mother loves to work in the garden, but has been plagued by various gardening injuries this year.

Looking for Solutions

Dear Looking:

There's no doubt that gardening can be tough on an aging body. Garden work often requires a lot of repetitive stooping, squatting, kneeling, gripping and lifting, which can lead to back and knee pain, carpal tunnel syndrome and various other injuries.

To help make your mom's gardening chores a little easier is a slew of new and improved garden-ing gear that's lightweight, comfortable to use, and ergonomically designed to help protect her body from the physical strains of gardening. Here are several that can help.

Gloves: There are a number of specially designed gloves that can improve your mom's grip and protect her hands while she works. Two of the best are the "Atlas Nitrile Touch Garden Gloves" (available at amazon.com for under \$6), which are coated with a flexible synthetic rubber. And the "ReliefGrip Gardening" gloves (bionicgloves.com, \$35), that have extra padding in the palm and finger joints that can improve grip, and cause fewer calluses and blisters.

Digging Tools: There are ergonomic tools that can help protect your mom's wrists by reducing the bending and twisting wrist movement that often comes with digging and weeding.

Some good options include Radius Garden tools (radiusgarden.com), which make a variety of curved-handle hand tools (scoop, weeder, transplanter, cultivator and trowel) and shovels that run between \$10 and \$50. And Corona tools (coronatoolsusa.com), which makes the ComfortGEL and eGrip hand garden tools.

Another excellent product is the "Cobrahead Weeder and Cultivator" (cobrahead.com), an all-purpose digging and weeding tool that's available in a short handle version for close up work for \$25; and a long handle for standing work for \$60.

Knee and Back Aids: Kneepads and garden seats can also protect your mom's knees and save her back when working close to the ground. Some popular products sold today through the Gardener's Supply Company (gardeners.com) – a leading developer and manufacturer of innovative garden equipment – are the "GardenEase Kneeler" (\$70), which is a kneeling pad with support handles; the "Garden Kneeler" (\$35) that's a kneepad/garden bench combo; and the "Deluxe Tractor Scoot with Bucket Basket," which is a height-adjustable, swivel garden seat on wheels (\$90).

Pruning Tools: Fiskars (fiskars.com) makes some of the finest ergonomic pruning tools that have also earned the Arthritis Foundation's Ease of Use Commendation, because of their patented PowerGear mechanisms that increases leverage to make cutting three times easier than traditional pruners. The Fiskars PowerGear Hand Pruners, Loppers and Hedge Shears all run between \$25 and \$48.

Bahco and Corona also make a nice line of ergonomic pruning tools and handsaws that you can see at bahcostore.com or coronatoolsusa.com.

Watering: To help make your mom's watering chores a little easier, there are lightweight garden hoses; soaker or drip hoses that can be snaked throughout the garden; and hose chests that can automatically rewind themselves.

Some good companies that make these products include Water Right Inc. (waterrightinc.com), which makes a variety of super lightweight garden and coil hoses. The DIG Corp. (digcorp.com), which makes convenient drip irrigation kits and micro sprinkler kits. And Suncast (suncast.com), the leading maker of self-winding hose reels, and hose carts.

Container Gardening: Raised garden beds, trellises, and container gardening is also an easier way to grow plants and flowers because it brings the garden to you, eliminating most stooping, squatting and kneeling. The Gardener's Supply Company (gardeners.com) offers a wide range of raised beds and garden containers at prices ranging anywhere between \$10 up to \$350.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE TseThis and That



JOB'S WIFE

My mom and I started reading "The Bible through a Year." It is not a book, but rather a pacing guide for scripture reading that is included in many daily devotionals, such as "Our Daily Bread," "My Utmost for His Highest," etc. Each day there is scripture from the Old and New Testaments. Therefore, everyone following along in "The Bible Through a Year" is currently in the book of Job and the Acts of the Apostles.

The story of Job is an answer to the age-old question, "Why do bad things happen to good people?" The account begins in Heaven, when the angels appeared before God, and Satan was there also. Like a proud father, God asked Satan if he had noticed His faithful servant, Job. Satan challenged Job by claiming that he was only faithful because God had blessed him so much. Essentially, Satan called Job a mercenary who would reject God if the good things in his life were taken away.

Therefore, God allowed Satan to strip Job of all he had held dear. In that same hour four of Job's servants ran to him with different messages of doom. A band of Sabeans had killed his oxen, donkeys, and the servants attending them. Another band of Chaldeans had killed his camels and the servants attending them. Fire from heaven consumed Job's sheep and their attending servants. And the house in which his ten children were eating and drinking suddenly collapsed upon them by a strong wind. Job tore his robe and fell down in dismay at this news. But he did not sin by charging God with wrong doing.

The next time the angels and Satan appeared before God, God asked Satan again if he had noticed His faithful servant, Job, (since Satan's ploy to turn Job away from God had not worked). Satan said that as long as Job had his health, he would remain faithful, but if not for that, he would curse God. So God allowed Satan to strike Job with painful boils from the top of his head to the soles of his feet.

Job sat mourning in a heap of ashes. His wife suggested that he give it up, "curse God and die!" Job did not do this, but cursed the day of his birth instead. (One is reminded of Jimmy Stewart in "It's a Wonderful Life" when he wished he'd never been born.) Job's three friends visited him and silently supported him for a week, but then spouted off bad advice. They accused Job of secretly sinning, and that was why God was judging him. They didn't understand why bad things happen to good people any better than we do. Since Job was suffering, he must have done something to deserve it. Job responded to them and the four men discussed different philosophical views of life. (I said that in a few sentences, but they took 37 chapters!) "Miserable comforters!" Job called them.

Interestingly, when describing the mysteries of God, Job said that "He hangs the earth on nothing." (26:7). At a time when others theorized that the earth was held between Atlas' shoulders or carried on the back of a turtle, the God of the Bible was accurately credited with the concept of the planets existing in space.

Finally God responded to Job in a series of questions that illustrated the infinite distance between human knowledge and the wisdom of God. In the end, Job admitted his lack of understanding in view of God's omniscience ("I know that You can do everything." "Therefore I have uttered what I did not understand.") God rebuked Job's friends for having "not spoken of Me what is right" and restored Job to good health. He also blessed Job with ten children and double the number of live stock.

Although I knew the story, I just recently realized that, when Job was being stripped of all the things that brought him pleasure and comfort, Satan let Job's wife remain. So it seems Job did not have a happy marriage! Since his wife's only recorded words were negative at best, and hateful at worst, it suggests that she wasn't a great supporter of his. There are many lessons to be learned from the book of Job, but I think Job's wife offers an additional insight --don't be like her!

SENIOR HAPPENINGS

By Pat Birdsall
(Originally published in 2013)

FYI - PREVENTING FALLS INSIDE AND OUTSIDE THE HOME

Falls are one of the leading causes of accidental injury and death among Americans, particularly with children, seniors and the elderly. According to the Centers for Disease Control and Prevention (CDC), each year 1 in every 3 adults ages 65 and older falls and 2 million are treated in emergency departments for fall-related injuries. Four basic fall prevention tips are recommended by the CDC and the American Association of Retired Persons (AARP) is as follows: **1) Get regular exercise:** lack of exercise can lead to weak legs and increase the chances of falling. Walking and exercise programs (e.g. Tai Chi) can increase your strength and improve your balance. **2) Ask your physician and pharmacist to review all your medications:** Some medications or combinations of medicines can have risky side effects like dizziness or drowsiness that make falling more likely. **3) Have your vision checked:** Make sure you are seeing clearly by having your eyes examined annually; verify that your glasses and/or contact lenses have the correct prescription strength. **4) Make your home safer by eliminating potential fall hazards:** About 50 percent of all falls happen at home. Conduct a home safety check with a trusted friend or relative to identify potential hazards that need to be addressed, like poor lighting, clutter and electrical cords in walking paths and stairways, worn or loose carpet, etc. Some home improvements or repairs may be necessary to reduce fall risks depending on one's particular situation, like installation of grab bars inside and next to tub or shower and next to toilet, etc. Check the website of the CDC www.cdc.gov as well as AARP at www.aarp.org

HELPFUL HINT: Use a magnet to find nails and studs in your walls.



FOR YOUR FUNNY BONE

On a business trip to New Orleans, my son-in-law bought a set of expensive kitchen knives for his wife. His coworker was surprised. "You shouldn't buy such an expensive gift for your wife on a business trip," he said. "She'll think you've been up to something." "If I'd been up to something," Mike replied, "I wouldn't be bringing knives."



HAPPY BIRTHDAY! ... June Birthdays*

Nellie Haynes, Dorothy McKay, George Enyedi, Theresa Daley, Ann Dugerman, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Mary Carney, Ann Disbrow, Joan Ellison, Ruth Kirby, Irene Kudirka, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Halcyon Koerber, Jacque Persing Jeanne Peterson and Grace Sanders.

*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week: "Let freedom never perish in your hands." ~ Joseph Addison



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Third Monday of every month 11:00 to 11:45 with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Free Blood Pressure Testing: Held Second Tuesday of the month from 11:00 am-12:00 pm: No appointment necessary.

Bingo: Every Tuesday afternoon from 1:00 pm- 3:00 pm Cards are only .25c each!

Chair Yoga Update: This class has become so popular that Instructor Paul Hagen has agreed to offer another class. Starting Monday, April 7th chair yoga will meet twice a week on Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. Due to the demand for this class and Paul Hagen's time a suggested donation of \$5 at one of the classes is requested, but is not required. If you have any questions please feel free to stop by or give us a call 626.355.7394

Free Legal Consultation: Pasadena attorney Lem Makupson volunteers on the 2nd Wednesday of the month. He focuses on estate planning, trusts, wills, probate, conservatorships and business law. *Appointments are a must! Please call: 626.355.7394 to make yours

Birthday Celebrations: The 2nd Thursday of the month the Senior Center celebrates the birthdays of our patrons at 12:30 pm. Please join us for free cake and ice cream and "celebration." (The cakes are provided due to a generous donation from the Sierra Madre Civic Club.)

Game Day: Every Thursday at 1:00pm. Poker is usually the game of choice, or should I say chance? Board games and other card games are also available.

Free Strength Training Class: Every Friday from 1:00 pm -1:45 pm Conducted by long-time volunteer, Lisa Brandley. The class utilizes light weights for low-impact resistance training. Weights are provided by the Sierra Madre Senior Center.

Senior Citizens Club: Every Saturday at the Hart Park House (Senior Center). Brown bag lunch at 11:30am; Club meeting at Noon; Bingo 12:30- 3:30 pm. Only .25c per card.

LUNCH & LEARN: THE KENSINGTON - SIERRA MADRE

Wednesday, June 25th • 12:00 to 1:00 pm

The Kensington, the Senior Center's soon to be across the street neighbor, is scheduled to open in November 2014 and is designed to be a home for seniors who need assisted living and memory care services. Hear from Brandy Valencia, Executive Director of The Kensington, about the type of services they will offer, the design and layout of the building, and their involvement in the community.

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Luther & Georgina Tsinoglou

"Working on Common Ground"



1815 Oakwood St.,
Pasadena



\$535,000

Beautifully updated/remodeled home, located in the East Washington Village section of North Pasadena. Home offers 3 bedrooms/2 baths with an open floor plan which makes this home ideal for entertaining friends and family.

647 Ashcomb Dr.,
La Puente



JUST LISTED

Don't miss the opportunity to own this "turn-key" home. Fully updated spacious 3 bedroom, 2 bath home with attention to detail. Home also offers a brand new open concept kitchen, newer windows, updated bath, & custom wood/laminate flooring. \$399,500

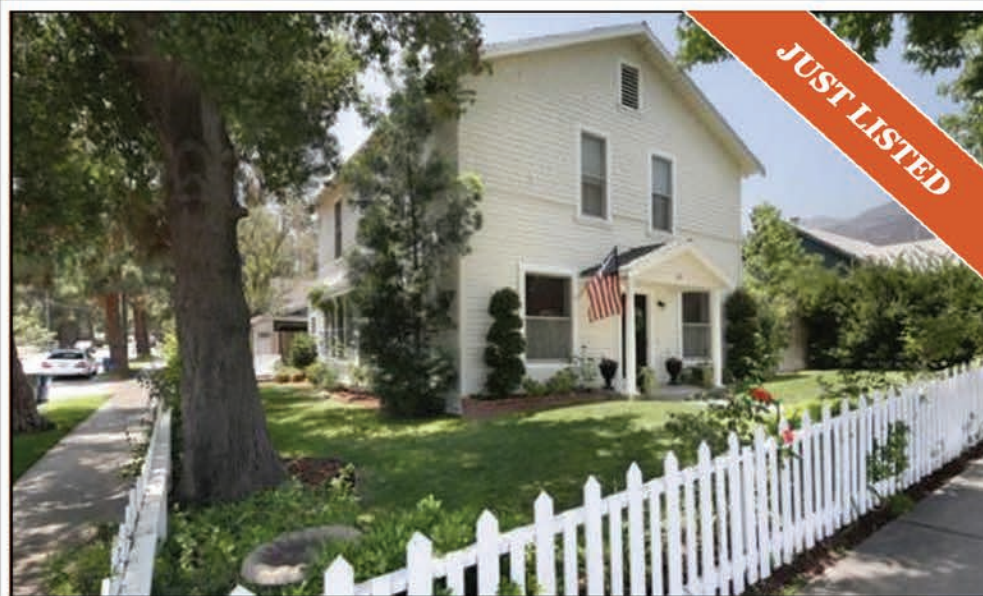
1737 Hill Dr.,
Pasadena



JUST LISTED

Tastefully updated home located in the hills of South Pasadena. Home is surrounded in a wooded country setting, along with plenty of mature trees, and beautiful views. Features an open floor plan with 3 bedrooms/2 bathrooms, and updated tile floors and fixtures. \$745,000

145 Grove St., Siera Madre



JUST LISTED

4BR/3BA. Original 1897 farmhouse offers lots of charm & character. Living area accented by the stone fireplace, hardwood floors, high ceilings, and built-in shelving. Carefully restored and updated for today's living, offering approx 2,100 sq. ft. Updated kitchen with a walk-in pantry, master suite w/ walk-in closet, and an updated master bath w/ claw bath tub. \$898,000

66 Birchcroft St., Arcadia



JUST LISTED

1987 custom built, in a 15,880(apprx.) sq.ft lot. Home offers 5 bedroom/4 bath, formal living and open kitchen area, walk-in pantry, and a 3 car garage. Also a miniature tennis/basketball court, pool/spa, and volleyball court. Call Luther for more details! \$2,388,000

17 Highwood Ct.,
Azusa



JUST LISTED

Spacious/move in condition, 4bed/3 bath home. Home is approximately 3,178 sq.ft, offering a formal living room, formal dining, with an extraordinary open concept kitchen with island. Home even offers a community pool and rec. center. Call Luther for more details! \$749,000

1507 Wesley Ave.,
Pasadena



JUST LISTED

This 4-Unit property offers an opportunity to an owner-user or investor. This property offers 3 units in the front section with an additional legal storage in the rear that can be used as a home office, guest quarters or hobby shop. The property offers: 2-2bed/1bth unit, 1-1bed/1bth units. \$749,000

1448 N Fair Oaks Ave. #108,
Pasadena



FOR SALE

Beautiful townhouse located in the pleasant city of Pasadena, offering the most stunning views of Pasadena & the mountains. Offers several new amenities and minutes away from restaurant / shopping locations, Old Town Pasadena, & Rose Bowl. \$569,000

1926 Sierra Madre Villa Ave., Pasadena

JUST LISTED

OPEN HOUSE

This Sunday

2-5PM

3BR/3BA + den. Contemporary home built in 1949 with open floor plan. Apprx. 3,347 sq.ft. on a large approx. 41,087 sq.ft. lot. High vaulted ceilings, skylights, inviting fireplace & floor-to-ceiling wall of windows. Spacious kitchen with ample cabinets, and a master suite with his & hers walk-in closets, are a few of the benefits to this beautiful property! Call Luther for further details! \$1,498,000

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The unanimous Declaration of the thirteen united States of America.

[illegible][illegible]

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The Declaration of Independence: A TRANSCRIPTION

IN CONGRESS, July 4, 1776.

The unanimous Declaration of the thirteen united States of America,

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.--That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed, --That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness. Prudence, indeed, will dictate that Governments long established should not be changed for light and transient causes; and accordingly all experience hath shewn, that mankind are more disposed to suffer, while evils are sufferable, than to right themselves by abolishing the forms to which they are accustomed. But when a long train of abuses and usurpations, pursuing invariably the same Object evinces a design to reduce them under absolute Despotism, it is their right, it is their duty, to throw off such Government, and to provide new Guards for their future security.--Such has been the patient sufferance of these Colonies; and such is now the necessity which constrains them to alter their former Systems of Government. The history of the present King of Great Britain is a history of repeated injuries and usurpations, all having in direct object the establishment of an absolute Tyranny over these States. To prove this, let Facts be submitted to a candid world.

He has refused his Assent to Laws, the most wholesome and necessary for the public good.
He has forbidden his Governors to pass Laws of immediate and pressing importance, unless suspended in their operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.
He has refused to pass other Laws for the accommodation of large districts of people, unless those people would relinquish the right of Representation in the Legislature, a right inestimable to them and formidable to tyrants only.
He has called together legislative bodies at places unusual, uncomfortable, and distant from the depository of their public Records, for the sole purpose of fatiguing them into compliance with his measures.
He has dissolved Representative Houses repeatedly, for opposing with manly firmness his invasions on the rights of the people.
He has refused for a long time, after such dissolutions, to cause others to be elected; whereby the Legislative powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the dangers of invasion from without, and convulsions within.
He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.
He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary powers.
He has made Judges dependent on his Will alone, for the tenure of their offices, and the amount and payment of their salaries.
He has erected a multitude of New Offices, and sent hither swarms of Officers to harrass our people, and eat out their substance.
He has kept among us, in times of peace, Standing Armies without the Consent of our legislatures.
He has affected to render the Military independent of and superior to the Civil power.
He has combined with others to subject us to a jurisdiction foreign to our constitution, and unacknowledged by our laws; giving his Assent to their Acts of pretended Legislation:
For Quartering large bodies of armed troops among us:
For protecting them, by a mock Trial, from punishment for any Murders which they should commit on the Inhabitants of these States:
For cutting off our Trade with all parts of the world:
For imposing Taxes on us without our Consent:
For depriving us in many cases, of the benefits of Trial by Jury:
For transporting us beyond Seas to be tried for pretended offences
For abolishing the free System of English Laws in a neighbouring Province, establishing therein an Arbitrary government, and enlarging its Boundaries so as to render it at once an example and fit instrument for introducing the same absolute rule into these Colonies:
For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments:
For suspending our own Legislatures, and declaring themselves invested with power to legislate for us in all cases whatsoever.
He has abdicated Government here, by declaring us out of his Protection and waging War against us.
He has plundered our seas, ravaged our Coasts, burnt our towns, and destroyed the lives of our people.
He is at this time transporting large Armies of foreign Mercenaries to compleat the works of death, desolation and tyranny, already begun with circumstances of Cruelty & perfidy scarcely paralleled in the most barbarous ages, and totally unworthy the Head of a civilized nation.
He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the executioners of their friends and Brethren, or to fall themselves by their Hands.
He has excited domestic insurrections amongst us, and has endeavoured to bring on the inhabitants of our frontiers, the merciless Indian Savages, whose known rule of warfare, is an undistinguished destruction of all ages, sexes and conditions.

In every stage of these Oppressions We have Petitioned for Redress in the most humble terms: Our repeated Petitions have been answered only by repeated injury. A Prince whose character is thus marked by every act which may define a Tyrant, is unfit to be the ruler of a free people.

Nor have We been wanting in attentions to our Brittish brethren. We have warned them from time to time of attempts by their legislature to extend an unwarrantable jurisdiction over us. We have reminded them of the circumstances of our emigration and settlement here. We have appealed to their native justice and magnanimity, and we have conjured them by the ties of our common kindred to disavow these usurpations, which, would inevitably interrupt our connections and correspondence. They too have been deaf to the voice of justice and of consanguinity. We must, therefore, acquiesce in the necessity, which denounces our Separation, and hold them, as we hold the rest of mankind, Enemies in War, in Peace Friends.

We, therefore, the Representatives of the united States of America, in General Congress, Assembled, appealing to the Supreme Judge of the world for the rectitude of our intentions, do, in the Name, and by Authority of the good People of these Colonies, solemnly publish and declare, That these United Colonies are, and of Right ought to be Free and Independent States; that they are Absolved from all Allegiance to the British Crown, and that all political connection between them and the State of Great Britain, is and ought to be totally dissolved; and that as Free and Independent States, they have full Power to levy War, conclude Peace, contract Alliances, establish Commerce, and to do all other Acts and Things which Independent States may of right do. And for the support of this Declaration, with a firm reliance on the protection of divine Providence, we mutually pledge to each other our Lives, our Fortunes and our sacred Honor.

Note: The 56 signatures on the Declaration appear in the positions indicated.

Column 1 Georgia: Button Gwinnett Lyman Hall George Walton	Column 2 North Carolina: William Hooper Joseph Hewes John Penn South Carolina: Edward Rutledge Thomas Heyward, Jr. Thomas Lynch, Jr. Arthur Middleton	Column 3 Massachusetts: John Hancock Maryland: Samuel Chase William Paca Thomas Stone Charles Carroll of Carrollton Virginia: George Wythe Richard Henry Lee Thomas Jefferson Benjamin Harrison Thomas Nelson, Jr. Francis Lightfoot Lee Carter Braxton	Column 4 Pennsylvania: Robert Morris Benjamin Rush Benjamin Franklin John Morton George Clymer James Smith George Taylor James Wilson George Ross Delaware: Caesar Rodney George Read Thomas McKean	Column 5 New York: William Floyd Philip Livingston Francis Lewis Lewis Morris New Jersey: Richard Stockton John Witherspoon Francis Hopkinson John Hart Abraham Clark	Column 6 New Hampshire: Josiah Bartlett William Whipple Massachusetts: Samuel Adams John Adams Robert Treat Paine Elbridge Gerry Rhode Island: Stephen Hopkins William Ellery Connecticut: Roger Sherman Samuel Huntington William Williams Oliver Wolcott New Hampshire: Matthew Thornton
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We're decorating our bikes and...

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Kids: color stuff in!

★ Happy Fourth of July, ★ Everyone! ★

How are Americans celebrating the Fourth of July? What are you doing? **Can you fill in the puzzle with the first word of each clue below to find out some ways in which we are celebrating?**

1. _____ to speeches of freedom

2. _____ to cool off

3. _____ red, white and blue bunting from buildings

4. _____ the Declaration of Independence

5. _____ a pie-eating contest

6. _____ decorated bicycles

7. _____ places, battlefields and buildings where people fought for liberty

8. _____ in the parade

9. _____ fireworks light up the sky

10. _____ patriotic songs

11. _____ our country's flag

12. _____ with family and friends

Help me find and circle all the words that begin with the letter 'F' on this page!

Betsy Ross is said to have sewn the first American flag.

Free Stuff

Come to print out free puzzles: **Happy Fourth of July!**, and **Fresh at the Farmer's Market @** www.readingclubfun.com

Hot dog! Fire up the grill.

I love decorating my bicycle and riding it in the parade. And the fireworks are so cool! But, what is the celebration really about?

1 picnicking

2 _____

3 _____

4 _____

5 singing

6 reading

7 _____

8 _____

9 hanging

10 _____

11 entering

12 _____

raising

riding

marching

visiting

swimming

watching

A cool slice of watermelon on a hot July day makes life just ducky.

This is our celebration of our country's independence. It means that we are not controlled by other countries. We are free. That's why we also call the Fourth of July **Independence Day.**

For over 45 years the Sierra Madre Community has joined together in celebration of the great American tradition with music, picnics, games and the everpopular 4th of July Parade. Residents and guests crowd Sierra Madre Boulevard to watch youngsters on their patriotic bikes stroll down the route along side hometown heroes like the Sierra Madre Search and Rescue Team and Sierra Madre Fire Department. The Official Sponsor of the 2014 Parade is The Kensington. The Kensington-Sierra Madre is an assisted living and memory care resi-dence currently under construction in the heart of Sierra Madre, along the parade route. The parade as in year's past will feature local dignitaries such a Congresswoman Judy Chu, As-semblymember Chris Holden, Supervisor Michael Antonovich and members of the Sierra Ma-dre City Council.

This year the Sierra Madre 4th of July Committee is pleased to honor Pat and De Alcorn as the 2014 Fourth of July Parade Grand Marshal. "The Grand Marshal is a person or persons whose efforts over a long period of time has been beneficial to the community of Sierra Ma-dre. The title of Grand Marshal is intended to honor a person or persons' volume of work, dedication and overall enhancements to our community." Pat & De are the perfect examples of this. These two Sierra Madreans embody exactly what the Grand Marshal criteria is for the 4th of July. Between the two they dedicate hundreds of hours each year to make Sierra Ma-dre a better place. There is not an event in town these two don't attend or help out with. Both Pat & De go above and beyond continuing the betterment of Sierra Madre. Pat serves on the Community Services Commission, the 4th of July Committee, Sierra Madre Civic Club, Friends of the Library, they both Pat and De are CERT volunteers and together work the poles during all the elections, and we are all sure there is more that we are sure we don't even know about. Pat & De living the Sierra Madre spirit everyday, Sierra Madreans that make a difference.

Additionally, the Committee is proud to be honoring the Sierra Madre Search and Rescue Team as "Hometown Heros". The volunteers of the SMSR are available 24 hours a day, 7 days a week, 365 days a year - anywhere, anytime, any weather. Since 1951 the SMSR has been educating Sierra Madre with Wilderness Safety, Community Education Events, saving our community and our community visitors. The Sierra Madre Search & Rescue Team was the first search & rescue team formed in California. They originated the Mount Wilson Trail Race and continue each year to assist with this event. They dedicate thousands of hours each year to be trained and skilled to enter the tough San Gabriel Mountains, anytime some-one is in need. These men and women are truly one of Sierra Madre's best treasures.

Grand Marshals Pat & De Alcorn But before the parade on the 4th, the town will be rockin' in Memorial Park for the Pre-Parade Party & Picnic on Thursday, July 3rd from 5:30 - 10:30 pm featuring the outstanding local rock music of Groovy Lemon Pie and at 8:00 pm for the not to be missed Bubblewrap fireworks. Kids and grow-up alike stopping on hundreds of square feet of bubble wrap making the sounds of shooting fireworks. Other park activities include the Friends of SMLL Beer Garden, Civic Clubs famous confetti eggs, Girl's Softballs Dunk Tank (where you might be able to dunk a local politician) and tons of food for purchase.

And in the morning (July 4th) folks are asked to hit the streets for the 4th Annual Spero Foun-dation's FireCracker Fun Run. Shotgun start at 8:00 - 9:30 am (check in 7:00 - 7:45 am) in Kersting



Above, the bubble wrap stop! No firecrackers needed!
Below, let the parade begin. 2013
Photos courtesy of the 4th of July Committee



Court. This untimed 5K Fun Run is geared for the entire family to enjoy. Many partici-pants join the fun by dressing up this their All-American best. Strollers and dogs are allowed and you can register that day or ahead of time on-line at www.sierramadre4thofjuly.com.

Immediately, following the 5K is the Annual 4th of July parade which kicks off at the corner of Sierra Madre Blvd. and Sunnyside Avenue at 10 am sharp! Parade travels down Sierra Madre Blvd to Sierra Vista Park where the party keeps going.

The after-parade Community picnic & Celebration starts at 11:00 am with featured Mu-sic from the Wabash Wailers. Sierra Madre Pool will be open for FREE and the highlight of the afternoon starting at 12:30 pm are the games with the park with the ladies of Civic Club. Wanna throw water balloons at your friends, or challenge your folks to a three-legged race or sack race. This is the place to be. There will also be a Kids Zone, food and beer gar-den.

To assist visitors in getting around there is a FREE SHUTTLE on the 4th from 12:00 - 3:15 pm to and from the Community Picnic at Sierra Vista Park. Stops on Sierra Madre Blvd @ Sunnyside, Memorial Park, Baldwin & Sierra Vista Park.

CIVIC CLUB TO COORDINATE 4th OF JULY GAMES

With the Fourth of July fast approaching Sierra Madre's Fourth of July Committee is finalizing plans for two days of festivities. The Sierra Madre Civic Club has again volunteered to coordinate the Fourth of July games. At 11:00 AM, following the parade, there will be a community picnic and celebration in Sierra Vista Park, 611 E Sierra Madre Blvd, Sierra Madre.

The games will begin at 12:30PM. Participants will take part in everything from three-legged races, sack races, wheelbarrow races, and the bunny hop (for ages 6 and under) to the shoe toss, the egg (not hard-boiled!) toss and the water balloon toss. Chair Pat Alcorn emphasizes that the games are for the entire family since with the exception of the bunny hop, all the races and the shoe toss have different contests for participants in different age groups. Indeed, some of our fiercest competitors last year were the adults while the kids were the ones who laughed the most. The egg toss and the water balloon toss are for competitors of all ages and, as the messiest of the



contests, generally attract the most participants and elicit the most shouts and laughter. Ribbons will be awarded to the winners in all age groups, but really, everyone who participates comes away with a smile looking for all the world like a winner.

In addition to coordinating the games in the Park, the Sierra Madre Civic Club will again be selling their famous (at least in Sierra Madre) confetti eggs-hollowed out egg shells, filled with confetti, and covered with tissue paper. Look for Club members in Memorial Park on July 3, pulling a little red wagon along the parade route on July 4, and in Sierra Vista Park at the community picnic and celebration. The confetti eggs will cost \$1 for a half dozen, \$2 for a dozen, and \$3 for a carton of 18 eggs. Buy early before we run out so you don't miss the fun of hitting someone with an egg and generating a smile rather than a frown.

The Sierra Madre Civic Club is a civic and philanthropic organization that meets the second Tuesday of every month at 7:30PM in the Hart Park House.

LACEY/LALONE/SANCHEZ/ LALONDE FAMILY REUNION

One of Sierra Madre's oldest families will be holding a large, and long overdue, family reunion over the July 4th weekend in Sierra Madre.

The LaLone family is well known in town, and you can't have lived in Sierra Madre without hearing the name in many places, some of which include the LaLone Cleaners, LaLone Realty or the Sierra Madre Search and Rescue Team.

From 1926 to 1928, five LaLone kids came to Sierra Madre, where they settled and raised their families.

Sister Carrie LaLone and her husband Julian Leal were among the first of the family to move to Sierra Madre. After that, most of the rest of the family then followed.

The oldest sister, Fannie LaLone Lacey and her family arrived in 1928. Her husband Peter "Doc" Lacey got a job as the caretaker of the estate called "Mia Italia" on North Lima. They lived in a small house on the property. Fannie and Doc Lacey had 8 children, a few of which remained in the area to raise their own families. Joe Sanchez, the husband of another sister Adelaida (who passed at the young age of 29), and brothers Fred LaLone and Louis LaLonde

(Louis kept the original spelling of the family name) and their families came to Sierra Madre as well.

The oldest brother Fred LaLone Sr. raised his 11 children in town. His sons Fred Jr., Robert and Earl, along with several other locals, founded the Sierra Madre Search and Rescue Team in 1951.

The Lacey/LaLone/Sanchez/LaLonde families are a true "family of the west" having migrated across the country via Texas and New Mexico to settle in California. The descendants of the original siblings will gather to honor them, and to celebrate the city of Sierra Madre, over the July 4th weekend. After spending July 4th watching the annual parade, and meeting afterwards for a picnic in Memorial Park, the actual reunion will take place on Saturday, July 5th at The Lodge at Sierra Madre, 33 E. Sierra Madre Blvd. It seems appropriate to hold the reunion there, as the Lodge was built at the same time the family came to Sierra Madre!

If you are a family member, or someone who knew the family very well, and would like more information on the reunion, please contact Cheryl Lacey Willey at (805) 904-5341, or visit the reunion website at: www.llsl.myevent.com.

SIERRA MADRE
FOURTH OF JULY ACTIVITIES

PRE-PARADE PARTY & PICNIC
MEMORIAL PARK

THURSDAY, JULY 3RD 5:30 - 10:30 pm
NON-PROFIT BOOTHS ★ FOOD TRUCKS
FRIENDS OF SMLL BEER GARDEN
CIVIC CLUB CONFETTI EGGS ★ DUNK TANK
KIDS FUN ZONE
6:30 - 9:30 pm ★ GROOVY LEMON PIE
8:00 - 8:30 pm ★ BUBBLE WRAP FIREWORKS

THE SPERO FOUNDATION'S
4TH ANNUAL FIRECRACKER FUN RUN

FRIDAY, JULY 4TH 8:00 - 9:30 am
KERSTING COURT

SIERRA MADRE WOMAN'S CLUB
ANNUAL FOURTH OF JULY
PRE-PARADE OPEN HOUSE

FRIDAY, JULY 4TH 8:00 - 10:00 am
COMPLIMENTARY CONTINENTAL BREAKFAST

SIERRA MADRE
ANNUAL FOURTH OF JULY PARADE

FRIDAY, JULY 4TH 10:00 am - 12:00 pm
OFFICIAL PARADE SPONSOR
THE KENSINGTON SIERRA MADRE

PARADE ROUTE BEGINS AT THE CORNER OF SIERRA
MADRE BLVD & SUNNYSIDE AVE & ENDS AT
SIERRA MADRE BLVD TO SIERRA VISTA PARK

COMMUNITY PICNIC & CELEBRATION
SIERRA VISTA PARK

FRIDAY, JULY 4TH 11:00 am - 3:00 pm
MUSIC FROM THE WABASH WAILERS
FRIENDS OF SMLL BEER GARDEN
NON-PROFIT BOOTHS ★ DUNK TANK
FREE ADMISSION TO WATERWORKS AT
THE SIERRA MADRE POOL ★ KIDS FUN ZONE
CIVIC CLUB CONFETTI EGGS ★ FOOD TRUCKS
12:30pm ★ CIVIC CLUB COMMUNITY GAMES
FREE SHUTTLE 12:00 - 3:15 pm
TO AND FROM THE COMMUNITY PICNIC
STOPS ON SIERRA MADRE BLVD @ SUNNYSIDE,
MEMORIAL PARK, BALDWIN & SIERRA VISTA PARK

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Theophilus LaLone and Estanislada Padilla, with their six children



SEAN’S SHAMELESS REVIEWS: By Sean Kayden VACATIONER

Kenny Vasoli, the former frontman of the pop-punk outfit The Starting Line, is back with his sophomore album “Relief,” under the moniker, Vacationer. The band consists of members from Philadelphia, Pennsylvania and Brooklyn, New York. Vacationer has been classified under “Nu-Hula/ World Wave.” Basically, the band jams out with some light electronics, which adds a tropical flair to it. “Relief” picks up where, debut album “Gone,” left off. Vasoli and company appears to be at ease second time around. They know precisely what they want to set out to do, which allows for them to come off as seasoned pros rather than amateurs. While many tracks sound very alike, “Relief” is quite a refreshing summer record. Vasoli’s sweet, crooning vocals are the real draw here. The laidback electronics booted with the dreamy guitars bestows a pleasant summer feeling we wouldn’t mind experiencing all season long.

“Relief” is light and lively, but also packs emotional enlightenment. “In The Grass” is the perfect example of this. It marks the halfway point of the record and it kicks it up a few notches. It’s a beautiful track that has you dancing along every step of the way. The combination of tight drums and sharp guitar work keeps the beat going strong. It’s the quintessential summer jam that has everlasting power unlike other summer pop songs from inferior mainstream acts. The shortest tune off the record “Parallels,” is both glorious and heartfelt. Vasoli’s vocals are the smoothest, softest around these parts. My only complaint for the abovementioned track is how abruptly it concludes. Like many of the songs found on “Relief,” there is a delicate characteristic to it. The second half of the album definitely edges out of the first half, but the first half is no slouch. Another fine tune is “Glimpse.” It’s summer-soaked, with easy, breezy beats to carry you off to a utopia not found in every day life. After experiencing 12 tracks at a length of 40 ½ minutes long, I was completely galvanized. In fact, I was anxious to listen through the record again.

“Go Anywhere,” another song that’s too short for its own good, is absolutely wondrous. As far as what I enjoy listening these days, it’s difficult for me to knock Vacationer’s sophomore record in any negative way. The simple and essentially chilled-out tunes provide more than meets the eye (or ear I should say). “Relief” vastly improves upon Vacationer’s debut endeavor. It’s appealing, earnest, and utterly joyous. It sheds light where there is darkness and washes away the negativity that is percolating within. In the end, “Relief” is for those searching, for those seeking something greater than them. Perhaps what they are looking for isn’t clearly defined and yet finding it isn’t necessarily the end.

Grade: 8.8 out of 10
Key Tracks: “Glimpse,” “In The Grass,” “Parallels,” “Go Anywhere”

Artist:	Vacationer
Album:	Relief
Label:	Dogtown Records
Release Date:	June 24 th , 2014

Jeff’s Book Picks

By Jeff Brown

AMERICAN SPRING: LEXINGTON, CONCORD, AND THE ROAD TO REVOLUTION

by Walter R. Borneman

A vibrant new look at the American Revolution’s first months, from the author of the bestseller The Admirals When we reflect on our nation’s history, the American Revolution can feel almost like a foregone conclusion. In reality, the first weeks and months of 1775 were very tenuous, and a fractured and ragtag group of colonial militias had to coalesce rapidly to have even the slimmest chance of toppling the mighty British Army. AMERICAN SPRING follows a fledgling nation from Paul Revere’s little-known ride of December 1774 and the first shots fired on Lexington Green through the catastrophic Battle of Bunker Hill, culminating with a Virginian named George Washington taking command of colonial forces on July 3, 1775. Focusing on the colorful heroes John Hancock, Samuel Adams, Mercy Otis Warren, Benjamin Franklin, and Patrick Henry, and the ordinary Americans caught up in the revolution,...When we reflect on our nation’s history, the American Revolution can feel almost like a foregone conclusion. In reality, the first weeks and months of 1775 were very tenuous, and a fractured and ragtag group of colonial militias had to coalesce rapidly to have even the slimmest chance of toppling the mighty British Army.



SPIES, PATRIOTS, AND TRAITORS: AMERICAN INTELLIGENCE IN THE REVOLUTIONARY WAR

by Kenneth A. Daigler

Students and enthusiasts of American history are familiar with the Revolutionary War spies Nathan Hale and Benedict Arnold, but few studies have closely examined the wider intelligence efforts that enabled the colonies to gain their independence. Spies, Patriots, and Traitors provides readers with a well-documented, and highly readable account of American intelligence activities during the era of the Revolutionary War, from 1765 to 1783, while describing the intelligence sources and methods used and how our Founding Fathers learned and practiced their intelligence role. The author, a retired CIA officer, provides insights into these events from an intelligence professional’s perspective, highlighting the tradecraft of intelligence collection, counterintelligence, and covert actions and relating how many of the principles of the era’s intelligence practice are still relevant today. Daigler reveals the intelligence activities of famous personalities such as Samuel Adams, George Washington, Benjamin Franklin, Nathan Hale, John Jay, and Benedict Arnold, as well as many less well-known figures. He examines the important role of intelligence in key theaters of military operations, such as Massachusetts, New York, New Jersey, Pennsylvania, and in General Nathanael Greene’s campaign in South Carolina; the role of African Americans in the era’s intelligence activities; undertakings of networks such as the Culper Ring; and intelligence efforts and paramilitary actions conducted abroad. Spies, Patriots, and Traitors adds a new dimension to our understanding of the American Revolution. The book’s scrutiny of the tradecraft and management of Revolutionary War intelligence activities will be of interest to students, scholars, intelligence professionals, and anyone who wants to learn more about this fascinating era of American history.

THE GREAT DIVIDE: THE CONFLICT BETWEEN WASHINGTON AND JEFFERSON THAT DE-FINED A NATION

by Thomas Fleming

A conflict between George Washington and Thomas Jefferson? Most Americans are unaware of this historical reality. History tends to cast the early years of America in a glow of camaraderie, but there were many conflicts between the Founding Fathers—and none more important than the clash between Washington and Jefferson. Their disagreement centered on the highest, most original public office created by the Constitutional Convention: the presidency. It also involved the nation’s foreign policy, and the role of the merchant, the soldier, and the farmer in a republic. At its root were two profoundly different visions of America’s future. Thomas Fleming examines how the differing character and leadership styles of Washington and Jefferson shaped two opposing views of the presidency and the nation. The clash between these two gifted men, both of whom cared deeply about the United States of America, profoundly influenced the next two centuries of the nation’s history and persists to the present day.



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THE WORLD AROUND US

Looking Up

with Bob Eklund



CURIOSITY ROVER COMPLETES FIRST MARTIAN YEAR

NASA’s Mars Curiosity rover completed a full Martian year—687 Earth days—as of June 24, having accomplished the mission’s main goal of determining whether Mars once offered environmental conditions favorable for microbial life.

One of Curiosity’s first major findings after landing on the Red Planet in August 2012 was an ancient river-bed at its landing site. Nearby, at an area known as Yellowknife Bay, the mission met its main goal of determining whether the Martian Gale Crater ever was habitable for simple life forms. The answer, a historic “yes,” came from two mudstone slabs that the rover sampled with its drill. Analysis of these samples revealed the site was once a lakebed with mild water, the essential elemental ingredients for life, and a type of chemical energy source used by some microbes on Earth. If Mars had living organisms, this would have been a good home for them.

Other major tasks performed during the first Martian year include:

- Assessing natural radiation levels both during the flight to Mars and on the Martian surface, providing guidance for designing the protection needed for human missions to Mars.
- Measuring heavy-versus-light variants of elements in the Martian atmosphere. Findings indicate that much of Mars’ early atmosphere disappeared by processes favoring loss of lighter atoms.
- The first determinations of the age of a rock on Mars and how long a rock has been exposed to harmful radiation.

Curiosity paused in driving this spring to drill and collect a sample from a sandstone site called Windjana. The rover currently is carrying some of the rock-powder sample collected at the site for follow-up analysis.

“Windjana has more magnetite than previous samples we’ve analyzed,” said David Blake, principal investigator for Curiosity’s Chemistry and Mineralogy (CheMin) instrument at NASA’s Ames Research Center, Moffett Field, California. “A key question is whether this magnetite is a component of the original basalt or resulted from later processes, such as would happen in water-soaked basaltic sediments. The answer is important to our understanding of habitability and the nature of the early-Mars environment.”

Curiosity departed Windjana in mid-May and is advancing westward. It has covered about nine-tenths of a mile in 23 driving days and brought the mission’s odometer tally up to 4.9 miles.

After wheel damage prompted a slow-down in driving late in 2013, the mission team has adjusted routes and driving methods to reduce the rate of damage.

For example, the mission team revised the planned route to future destinations on the lower slope of an area called Mount Sharp, where scientists expect geological layering will yield answers about ancient environments. Before Curiosity landed, scientists anticipated that the rover would need to reach Mount Sharp to meet the goal of determining whether the ancient environment was favorable for life. They found an answer much closer to the landing site. The findings so far have raised the bar for the work ahead. At Mount Sharp, the mission team will seek evidence not only of habitability, but also of how environments evolved and what conditions favored preservation of clues to whether life existed there.

The entry gate to the mountain is a gap in a band of dunes edging the mountain’s northern flank that is approximately 2.4 miles ahead of the rover’s current location. The new path will take Curiosity across sandy patches as well as rockier ground. Terrain mapping with use of imaging from NASA’s Mars Reconnaissance Orbiter enables the charting of safer, though longer, routes.

You can contact Bob Eklund at: b eklund@MinViewsNews.com.



FAMILY MATTERS

By Marc Garlett



THE LEGAL PLANNING YOU NEED TO DO FOR YOUR HIGH SCHOOL GRADUATE

If you're the parent of a high school graduate this year, congratulations! I know you've put a lot of time and effort toward that diploma, and whatever their next step in life will be, you surely want to protect them just as much now as you always have.

So before you pack your kid off to college or just an apartment across town, you need to know that when they leave, they will be taking along many of the legal rights you held before they turned 18.

Once a child turns 18, they are no longer considered a child in the eyes of the law. As such, you no longer have the legal right to access their medical, school, or banking records without their permission. Here are three simple steps you should take before your child leaves the nest to help ensure their safety and your peace of mind:

1. Create an advance healthcare directive. Once your child becomes a legal adult, they need to have an advance healthcare directive that will allow you to access their medical records and make medical decisions for them in case they become incapacitated. This is essential in case of an emergency. They will also need to sign a Health Insurance Portability and Accountability Act (HIPAA) form that allows medical professionals to share information with you.

2. Use technology. The American Bar Association recently released a free app for iPhone and Android that allows you to store an advance directive and other important documents on a smartphone. The app comes in two versions: the Lite version stores a PDF version of an advance healthcare directive and HIPAA form; the Pro version (\$3.99) provides more functionality, including the ability to email documents. The app is called My HealthCare Wishes and is available from the iPhone App Store or Google Play for Android devices. There are also online solutions such as DocuBank.com which stores medical records and allows those to be accessed by medical professionals anywhere in the world.

3. Add an ICE app to your child's phone. Add an ICE (In Case of Emergency) app to the home page of your child's phone that lists your contact information and also create an ICE listing in his or her phone contacts with this information. Your child is much more likely to always have their phone with them than to carry a printed card or document.

For more information on protecting your family, call our office to schedule a time for us to sit down and talk about a Family Estate Planning Session, where we can identify the best ways for you to ensure the security of your loved ones. Be one of the first two people to call 626.355.4000 and mention this article and we'll waive our \$750 planning fee PLUS create a free healthcare directive for your young adult child.

Marc, a local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children) is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Visit www.GarlettLaw.com for more information.

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**Tips of the Trade:
Real Estate Revealed**
by Luther Tsinoglou

TIME TO SHOW OFF

If you've followed advice given here about sprucing up your home's exterior, well done! Now let's focus attention on the next thing potential buyers will see - the front door and the interior. Now is the time for spring-cleaning and to show off your home's best features.

Repaint that front door and touch up around the entry. Make it warm and welcoming with updated light fixtures at the entrance and foyer. Speaking of entries, check your windows and doors for energy efficiency. If they're not airtight, an investment in new windows and insulation will pay off handsomely and impress buyers.

Freshly repainted walls won't hurt either, and you can achieve a bright, clean look with light yellow or cream on the walls and contrasting white woodwork. Buff up your wood floors, clean your area rugs or carpets, and replace any worn carpeting before your first showing.

Buyers look carefully at bathrooms, so be sure to remove any spots of mildew, replace caulking, and consider a small investment in a new sink and vanity to really make things sparkle.

The icing on the cake is to offer buyers a "home warranty" on the appliances in your house, allowing them a full year of service on anything that happens to go wrong. Your pride of ownership and their peace of mind should combine to produce a sale!

**Social Media
Tips & Tricks**
By Merri Jill Finstrom

**MARKETMESUITE HELPS YOU
MANAGE YOUR SOCIAL MEDIA**

I love anything that makes my life easier and saves time. I've recently discovered a new tool called MarketMeSuite. It manages your social media all in one place and makes it easy to find leads, build audiences and allows you to schedule content in Twitter, Facebook and LinkedIn.

MarketMeSuite provides you with smart inboxes which can help you organize what's most important to you. You can search social channels and even geo-target to see who's talking about topics related to your business so you can reach out and engage with them.

It works great with Constant Contact. When you compose a message, there is a Constant Contact tab that allows you to add photos from your Constant Contact library or select an email campaign or event to share.

You can even search and share timely and relevant content right from Google News.

MarketMeSuite is a time saver. You can post to all of your social profiles in one click, schedule messages in advance and set up RSS feeds (have your blog feed to your social profiles).

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes, webinars and presentations at: www.hutdogs.com/workshops/schedule

A YOUNG 5 YEAR OLD BULL

By Greg Welborn

You rarely hear comments about someone getting long in the tooth at their 5th birthday party, but that's exactly what we're hearing about the current bull market. This spring, we celebrate 5 years of stock market gains. Some are arguing the bull's a heartbeat away from assuming room temperature; we believe he's still young and full of life.

In March of 2009, the S&P 500 Index had fallen almost 60% from its 2007 high, and there were lots of commentators screaming there was no end in sight. Despite that pessimism, stocks turned around and began a one of the longest climbs in recent history. From the bottom through the end of 2013, the S&P has returned 200%. From that crash and the Phoenix-like rise, we can learn several good lessons.

There is no signal that a rally has begun. In the depths of the carnage of March 2009, there were plenty who warned of worse to come. Investors were still selling madly within a couple of days of the bottom. Nobody noticed the turn until it was obvious. Within 9 months, the S&P was up 27%.

If you can be disciplined enough to rebalance, you can make a killing (and a legal one at that!). When stocks dropped, the average balanced portfolio ended up with more bonds than stocks. Most unguided individual investors either kept selling or simply didn't do anything. The ones who sold some of those over-valued bonds and invested in stocks to restore balance to their "balanced portfolios" earned huge profits on the stocks they bought at the bottom. Those who didn't, didn't.

Diversification, once again, worked. While the vast majority of portfolios suffered some loss, the magnitude wasn't the same everywhere.



Financials dropped 55%, but consumer products lost 15%. The bond market actually gained about 5%, as did several other specific sectors. The point is that trying to pick which category will tank, tread water, or rise is a fool's errand, and the concentration of this strategy can kill you.

Stocks are the engine of long-term growth. Like most engines, they sometimes have fits and starts. Over the long term (say even 2007 through 2013), you would have made money in stocks. If you got out at the wrong time and didn't get back in at the right time, however, you would have lost a huge amount. Sadly, too many people did just that. Stocks are no place for short-term money, but they should be the preferred address for the long-term.

Accurately calling the top, or the next "turn", is impossible. I suppose if you just keep saying "the market will drop", you'll eventually be right. But you'll be wrong more time than you're right, and you'll never really make progress.

About the author: Gregory J. Welborn is the Managing Partner of First Financial Consulting, a fee-only advisory firm. He has worked with The Today Show, Kiplinger's Magazine, and USA Today to provide objective financial advice to their readers and listeners. He has 3 grown children and is honored to be married to his wife of 25 years. He can be reached at gwelborn@ficonsult.net

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder



IN HONOR OF THE TRUE PATRIOTS

Once again, we come to the time of year when we celebrate the Fourth of July in remembrance of all the wonderful things this country means to us. The celebration will include fireworks, parades and

picnics when the hot dog will be king for a day. It is a wonderful time of the year.

Yet, in the midst of all of the celebrations, there are a few black clouds blocking the sunlight.

Just the other day the Gracious Mistress of the Parsonage and I were watching a news program where they featured somebody offended by the American flag displayed in a meeting they were attending. We both looked at each other and sadly shook our heads. What kind of nonsense is going on in this coun-try? People's lives are so shallow that they have to try to think of something to be offended?

I am not sure why the American flag offended them so, but I have the perfect solution. I am not sure why people do not think of solutions like this, but if the American flag offends you then go to a country that has a flag it does not offend you. Simple. Problem solved. No more offense.

It would not offend me in the least if people would do this.

The American flag reminds us of all the wonderful things we enjoy in this country. The Fourth of July is an opportunity to express our thanks for living in a country such as this. If this was such a terrible country, why are so many people trying to get in at all cost? We still have some freedoms here that the rest of the world is envious of. The flag represents the foundation of our country and the ongoing sacrifice that has kept it free for so long. How can that be offensive to anybody?

At the same time another story on the news caught our attention concerning the 9/11 museum in New York City. From some of the things I am seeing on TV most of the people in America have forgotten what happened on 9/11. Somebody walked in, saw the symbol of the cross and became physically ill by it. They claim the cross made them sick in the stomach.

This was a little confusing to me. These are people who say they do not believe in God, personally, I do not believe a word they say. Here is this person, who does not believe in God, who does not believe in religion, sees a religious symbol and becomes offended and physically ill by it. They surely need help and I recommend a group of industrial-strength psychiatrists and therapists along with a team of military medical doctors to pump out their stomach.

Now, what I want to know is, if they do not believe in religion, what does this religious symbol mean to them? If they really did not

believe in religion, as they claim, the symbol would not mean anything to them, and furthermore, it would not affect them in any way or fashion. The fact that it offended them re-veals to those who have at least two brain cells wandering around upstairs that here is a religious person. Only a religious person would react to a religious symbol. If I am not a religious person, none of this religious symbolism means anything to me and I look at it, then walk on.

While I am on the topic, another matter really annoys me.

Why is prayer so offensive to these people who say they do not believe in religion? The fact that it makes them angry and offends them tells me something about what they say they believe.

Why is it that prayer offends them and why are they so afraid of prayer and of God?

Their fear of God suggests that deep down somewhere, pass their stomach, they believed God just might exist.

This brings to me Pascal's wager. "If God exists (and Christianity is true) and you choose not to believe, then you lose everything. But, if God exists (and Christianity is true) and you choose to believe, then you gain everything." I do not believe it could be stated any clearer than that.

To date nobody has ever proven the Bible to be anything but true. For 2000 years, people have desper-ately attempted to destroy the Bible or at least discredit it and yet it is the number one seller in the world today. What if this Bible, that nobody can prove to be untrue, is absolutely and positively true?

Are these people who say they do not believe willing to wager everything?

Why is it I must accept what they do and say, but they do not have to accept what I do and say? Why do I have to respect them, but they do not have to respect me? Is that being a true red, white and blue American patriot?

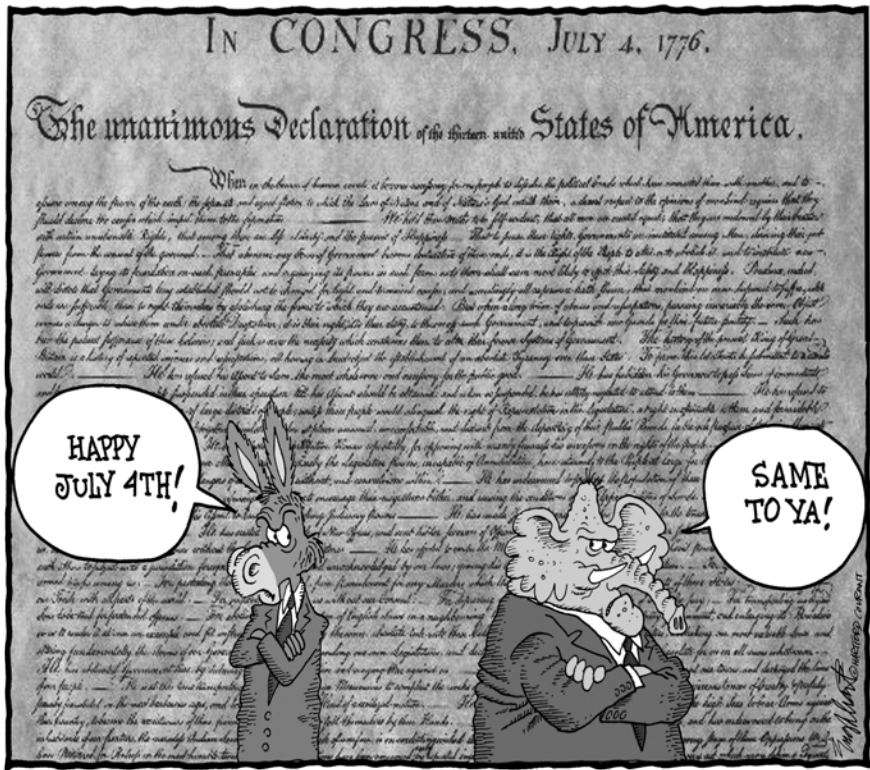
Jesus put it in the right perspective when he said, "Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's" (Matthew 22:21).

Our problem today is that we have confused Caesar with God and no longer understand the difference. The problem is, Caesar does not have all the answers, but God does. The reign of Caesar has collapsed, but God is still on the throne, Almighty God is He.

If you do not respect the flag, at least respect those who do.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. E-mail jamesnsnyder2@att.net or website www.jamesnsnyderministries.com.

OPINION



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LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"If something goes right, I had nothing to do with it. If something goes wrong, I must have stayed awake all night planning it."
- President Bill Clinton, reflecting on media coverage during his second term

With all the news sources available via our TV providers and the internet, studies show we generally gravitate to those sources and stories which bolster our pre-conceived notions. The prevailing opinion across the political spectrum seems to be that things are pretty screwed-up all over. News of things going right doesn't seem to register as much.

Last week there was a lot of reflection on our disastrous invasion and occupation of Iraq, which could likely turn out to be a principle cause of the demise of that country - at a cost of nearly 4,500 American troops sent under the pretext of non-existent Weapons of Mass Destruction.

Last August, President Obama was faced with a dilemma involving very real WMD. He announced a "red line" involving their use by the Assad regime in Syria, and that line was crossed.

Assets were positioned, prepared for attack. Republicans who, a decade earlier, eagerly gave President Bush their official blessings for going after Iraq's imaginary WMD were now balking at approving Obama's going after the real thing in Syria. The president, however, made his resolve clear - at least to Syria's President Assad.

This past Monday, the last of Syria's declared chemical weapons stockpile was shipped off for destruction. Months earlier, facilities for their manufacture, assembly and delivery systems were destroyed.

In this case, things went right. Despite early doubts, the coalition of some thirty nations - including Russia - formed in response to President Obama's call, will be completing its job by the June 30 deadline. Ahmet Uzumcu, head of the Organization for the Prohibition of Chemical Weapons (winner of last year's Nobel Peace Prize), which oversaw the project, commented, "Never before has an entire arsenal of weapons of mass destruction been removed from a country experiencing a state of internal armed conflict."

On last Sunday's talk shows, they again rehearsed what went wrong at Benghazi two years ago, as the House embarks on its eighth investigation into the matter in hopes of turning up something juicier than what they managed to come up with in the previous seven.

Sen. Rand Paul (R-KY) found time on "Meet the Press" to speculate on the negative impact it could have on a Hillary Clinton campaign a couple years from now, but nobody found time to acknowledge the positive development of the capture of one of the attack's ringleaders just days earlier.

One reason it didn't make much news is that things went right, without a hitch; flawlessly planned and executed by the FBI and US Army Delta Force without a shot fired and nobody hurt.

Also, some details could prove embarrassing for certain news outlets and media talking heads. If you were following the story, you recall the charge that the White House, in order to deflect its own culpability, refused to refer to the Benghazi attack as terrorism (which the president in fact did, the next day), and instead shifted blame to a YouTube posting of an anti-Muslim video from the U.S. There were charges of outright lying when then-U.N. Ambassador Susan Rice, in media appearances following the attack, described best available intelligence as drawing a connection to the video, with Benghazi coming on the heels of video-inspired demonstrations in Cairo.

This was all that leading Republicans and Fox News needed to accuse and convict Ambassador Rice as accomplice to some scandalous cover-up emanating from the White House. The uproar led Rice to withdraw her name from consideration for replacing Hillary Clinton as Secretary of State.

The NY Times' piece on last Monday's capture of Benghazi ringleader Abu Khattala states that "according to people who heard him", on the night of the attack he "told fellow Islamist fighters . . . that the assault was retaliation for the same insulting video" that inspired the Cairo demonstrations. This detail didn't get much coverage, as it might suggest there's an apology due Susan Rice, the president's current National Security Advisor. (Yeah, fat chance.)

There's been other news of things going right this past year that you may have missed. Last month, the Congressional Budget Office reported a \$114 billion budget surplus for April, the largest since 2008. We're on track to have annual deficits reduced by \$900 billion since Obama became president, the fastest decrease since the end of WW II. (Last year, Republicans predicted the effect of Obama's raising the marginal rate on those making over \$400k would be the exact opposite.)

The Consumer Confidence index released last week was at its highest level since January 2008, months before the Great Recession hit.

Things are going right with the Affordable Care Act, so it's not in the news much anymore. Last August, Bill Kristol wrote of the "coming Obamacare train wreck." Last November, an article in Forbes predicted the entire act would be repealed "well in advance" of the 2014 mid-term elections, largely at the behest of Democrats hoping to protect their seats. That same month, House Speaker John Boehner (R-OH) offered his frank assessment; "I don't think it's ever going to work." Last March, the A.P. reported that "the White House needs something close to a miracle to meet its goal of enrolling 6 million people by the end of this month."

As we now know, enrollments went over 7 million. A Gallup Poll released last month shows the percentage of uninsured adults falling to 13.4%, the lowest since it started keeping track over six years ago. States that originally opted out of the Medicaid-expansion program are now getting on board.

There are things going right, even though we may not hear much about it in the news. Maybe some feel it best serves their interests if we don't.

GREG Welborn

SOCK IT TO THE RICH FOLKS!



Hilary Clinton is on her campaign tour, which is disguised as a book tour. One of the themes she's committed to drilling deep into the American conscience is that she, like other Liberals, is looking out for the average American, protecting them against the greedy rich folks. Sometimes, she blames Conservatives, but to her they're all the same: rich folks, Conservatives, they're one and the same. Trouble is, that's a lie. The Democratic Party is the party of the rich, the party of the 1%ers, and their policies accomplish very little that actually helps the average American.

By almost every measure imaginable, Democrats are the party of the rich. In the Congress itself, there are roughly 270 millionaires among 535 representatives. Most of them are Democrats. The wealthiest Americans are most likely to be represented by a Democrat. Of the top 10 richest congressional districts, 6 of them are represented by a Democrat, and it was the rich folks who overwhelmingly contributed the money to those Democrats' campaigns.

According to Opensecrets.org, as reported in Investor's Business Daily, rich donors gave Liberals 56% more than they gave Conservatives: \$1.15 billion vs \$736 million. Among the top 10 donors for each party, rich Liberals outspent rich Conservatives 7-to-1. The biggest groups of Democratic contributors include the founders, executives and elites of Wall Street, Silicon Valley and Hollywood. When was the last time you heard about a Democrat holding a fund raiser in a union hall?

But, say the Liberals, what makes them the party of the little guy are their policies. It doesn't matter who's giving how much (interestingly, they say that who gives what is important for Republicans). What matters are the policies. Liberals are big on income inequality. According to the President, it is the "defining issue of our time". Accordingly, Liberals want to raise taxes on "the rich" - the 1%ers. They want to sock it to the rich in the interest of helping the little guy - the average American struggling to make ends meet.

But what exactly would raising taxes accomplish? Would it really tax the rich? The answer is, no. Income taxes tax income, not wealth. Most rich people have the ability to invest their money in assets that appreciate, but don't generate lots of income. Some, like Warren Buffett, who is a big champion of Obama and of raising income taxes, spend lots of money studying how not to pay income taxes. According to a March 19, 2014 Bloomberg article, Mr. Buffett has derived a way to limit taxes on \$1 billion of gains in one of his holdings. In fact, he reserves the right to terminate the deal if it doesn't qualify as non-taxable.

If advocating an increase in taxes on others while striving to minimize

it yourself isn't hypocrisy, I don't know the definition of the word. Raising income taxes is not the same as raising taxes on the rich. If they really wanted to sock it to the rich, then Liberals might suggest a "wealth tax". This has been proposed by the current President of France, and was proposed by our own Huey Long back in 1936. It went nowhere then, and it's not even on the drawing board in the U.S. now because Liberal 1%ers would actually have to pay that tax.

Who really bears the burden of increased income taxes? If it's not the rich, who is it? The answer: it's the middle class family that wants to get ahead. Striving to accumulate wealth means earning more income, saving a substantial portion of it, and investing those savings. But if income taxes are raised, there is that much less to save and invest. Raising income taxes will prevent average Americans from getting ahead. So much for Liberals being the party of the little guy. Conservatives want the poor to have the ability to become middle class, and the middle class to have the ability to become rich. In fact, we don't even mind if the poor skip a step and go straight to "wealthy". It usually means they've come up with some great invention, tech innovation or wondrous software that will make our lives better. More power to them.

Last interesting question: why do rich Liberals support bigger government and higher taxes? I believe the answer is three-fold. First, they believe their own hype about wealth being "unearned". They feel guilty. Second, they can feel good about assuaging that guilt with campaign contributions, but they know in their hearts they'll avoid the higher taxes. Third, many of them are connected enough to push government policies in their favor, benefiting from government contracts or getting regulations imposed that stifle competition to the companies they own.

Rich Liberals, take a good hard look in the mirror. You might just see a hypocrite looking back at you. If not - if you really believe the stuff you're supporting - then let's impose a solid, no exemptions, wealth tax. Let's sock it to yourselves.


About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached gregwelborn2@gmail.com

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WHAT'S ON 98

June 30 – July 6, 2014

Mr. Moto's Last Warning is playing Saturday Night at 9:00 p.m. Mr. Moto, Chinese sleuth, must prevent foreign conspirators from setting mines in the Panama Canal in an effort to start WWII.

Mr. Moto is a Chinese International Policeman who solves crimes and is involved in international intrigue. This motion picture is the sixth in the series, and famous star Peter Lorre plays the intrepid sleuth Kenarto Moto. In this episode, an unnamed foreign government is trying to lure England and France into fighting each other and starting a second world war. England is guarding the Suez Canal passing through Egypt from the Mediterranean Sea at Port Said Egypt to the Red Sea and easy access to India and the East. A large fleet of French naval ships are scheduled to pass through the canal in a few days, and a group of terrorists is planting underwater mines in the canal to blow up the French fleet.

Mr. Moto is already in Said, and knows that something is going to happen, but he doesn't know what, or by whom. He has a friend who pretends to be him, and shortly after the fake Mr. Moto reaches port Said, he is murdered by the conspirators, who believe that they have killed the great Mr. Moto. There is a British Intelligence Officer planted in the group of conspirators who is also on the search for the details of the plot so that it can be stopped, and Mr. Moto recognizes him and confides in him so they can work together.

Stories of spies and their mis-deeds in exotic foreign locations was a popular theme in this period, bringing memories of Casablanca and other films of the genre. And you can't get a better villain than Peter Lorre, but in these pictures, he has switched hats and is the good guy, putting an end to the villains that are trying to start wars.

Settle into a big arm chair with a bowl of hot buttered popcorn and be taken to far off exotic lands and eccentric characters as the forces of good and evil battle each other to the death.

by Jimbo Berkey

This is how the schedule works:

7-9	Comedy movies
9-11	Comedy movies and A Taste of Theater
11- Noon	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1-3	Romance movies
3-5	Film Noir movies and Dragnet
5-6	Comedy movies
7-9	Mystery movies
9-10	Crime movies

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programming available on Channel 98.

My Picks of the Week

Monday	Dark Journey
Tuesday	Meet The Boyfriend
Wednesday	Hit Parade of 1937
Thursday	Midnight Limited
Friday	Harvest Melody
Saturday	Mr. Moto's Last Warning
Sunday	Romance on the Run

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

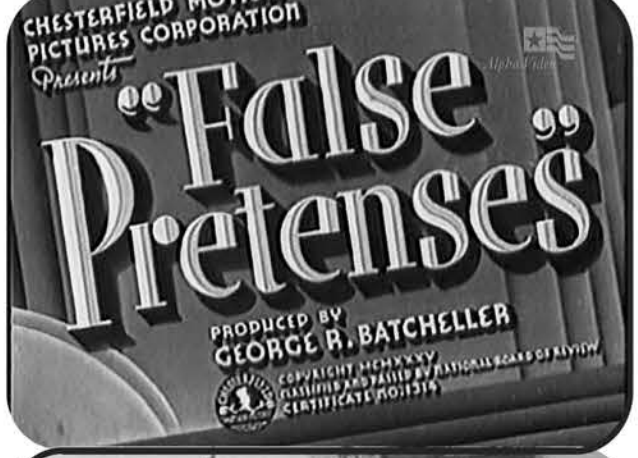
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7 to 8 am	The Big Show Off & Barefoot Boy
9 to 10 am	Oh Mr. Porter
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Dark Journey
3 to 4 pm	Mutiny in the Big House
5 to 6 pm	Minstrel Man
7 to 8 pm	Mystery Liner
9 to 10 pm	The Golden Eye & Casino Royal
Tuesday 7.1.14	Movies
7 to 8 am	Freckles Comes Home & Police Patrol
9 to 10 am	Back Room Boy
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Back Room Boy
3 to 4 pm	They Drive By Night
5 to 6 pm	Meet The Boyfriend & I Conquer the Sea
7 to 8 pm	The Contender
9 to 10 pm	Young Fugitives & Randy Rides Alone
Wednesday 7.2.14	Movies
7 to 8 am	Small Town Boy & Night Alarm
9 to 10 am	Tawny Pipit
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	The Town Went Wild
3 to 4 pm	The Great Flammarion
5 to 6 pm	Hit Parade of 1937
7 to 8 pm	Devils Cargo
9 to 10 pm	Religious Racketeers & Hearts in Bondage
Thursday 7.3.14	Movies
7 to 8 am	Hollywood and Vine & The Hoosier Schoolmaster
9 to 10 am	Rage of Paris
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Two Minutes to Play and The Vanishing Riders
3 to 4 pm	Headline Woman
5 to 6 pm	Hawaii Calls & Racing Strain
7 to 8 pm	Midnight Limited
9 to 10 pm	The Demon Barber of Fleet Street & Outlaws Paradise
Friday 7.4.14	Movies
7 to 8 am	Country Gentlemen & Ghost Camera
9 to 10 am	Where Theres A Will
11 to 12 pm	Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie
1 to 2 pm	Mr. Reckless
3 to 4 pm	The Man Who Knew Too Much
5 to 6 pm	Harvest Melody & Fugitive of the Plains
7 to 8 pm	Grief Street
9 to 10 pm	The Crusader & Youth on Parole
Saturday 7.5.14	Movies
7 to 8 am	Rock Mountain Mystery & Western Mail
9 to 10 am	I'm From Arkansas & Fighting Mad
11 to 12 pm	Desert Phantom & The Desert Trail
1 to 2 pm	Under Western Start & The Feud Maker
3 to 4 pm	Great Guy & the San Antonio Kid
5 to 6 pm	Kid Dynamite & Texas to Bataan
7 to 8 pm	My Learned Friend & the Lawless Frontier
9 to 10 pm	Mr. Moto's Last Warning & Fighting Deputy
Sunday 7.6.14	Movies
7 to 8 am	Bill and Coo & Officer Thirteen
9 to 11 am	Kids A Cookin - 2 hours of kids cooking shows
11 to 12 pm	Romance on the Run & Fury Below
1 to 2 pm	Make a Million & Law of 45s
3 to 4 pm	Red Ensign & Fighting Renegade
5 to 6 pm	Convention Girl & X Marks the Spot
7 to 8 pm	Mr Wise Guy & The Purple Vigilantes
9 to 10 pm	The Hitchhiker & Killers of the Sea

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