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Sierra Madre

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SATURDAY, JULY 5, 2014

VOLUME 8 NO. 27

COUNCILWOMAN ARIZMENDI ASKS CITIZENS TO ENGAGE IN DISCUSSION ON WATER CRISIS

The following message was recently dispatched by Councilwoman Rachelle Arizmendi encouraging residents to participate in Tuesday's council meeting where urgent water matters will be discussed:

"Dear Neighbor:

I am emailing you to notify you that at 6:30 p.m. on Tuesday, July 8, 2014, a Public Hearing will be conducted by the Sierra Madre City Council to consider:

- 1) Declaring a water shortage emergency and imposing a moratorium on the issuance of new or additional water service connections.
- 2) Declaring the implementation of Phase III (30%) Mandatory Water Conservation measures.
- 3) Establishing an Interim Moratorium Ordinance on the issuance of all building permits and/or granting of discretionary approvals for construction of new development requiring new water service connections.

The meeting will be held at Sierra Madre City Council Chambers located at 232 W. Sierra Madre Boulevard.

I encourage you to attend this meeting to make your voice heard. Feel free to email me your opinion if you are unable to attend.

Thank you and I hope to see you there!

Rachelle Arizmendi

Sierra Madre City Council Member"

Public hearings are scheduled and the council is expected to decide on the best way to handle conservation efforts and development.

SIERRA MADRE DOES THE FOURTH OF JULY!



Despite the heat, residents and visitors to Sierra Madre lined to streets to watch the city's annual July 4th parade. Despite 90 degree heat, the young and old celebrated the nation's birthday in a way only Sierra Madre can. Pictured from top clockwise, The Opening Banner; The Parade's Grand Marshal's De and Pat Alcorn' Mayor John Harabedian and Citizens of the Year, Joe and Jacquie Pergola. Photos by Dean Lee. More on page 12.



REMEMBER!

**No Fireworks
In
Sierra Madre**

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WALKING SIERRA MADRE.....

The Social Side By Deanne Davis

"You have to love a nation that celebrates its independence every July 4, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you have overeaten, but it is patriotism." Erma Bombeck

I'll bring the hot dogs,
You bring the beer,
The Fourth of July,
Is finally here!

It's our day to celebrate,
Our Nation's story.
Is your hand on your heart?
Here she comes! It's Old Glory!

Let's walk downtown,
And watch the parade.
I hope we can find,
A place in the shade.

Here come our V.A. guys,
Standing so tall and straight!
Thank you, guys, for your service,
We think you're just great!

Oh Look! Here she comes!
There's a tear in my eye.
Let's stand up and cheer!
Old Glory's passing by.

We love those old cars,
Filled with folks that we know.
Hey! Throw us some candy!
How far can one little Tootsie Roll go!

Katrelya will belly dance,
The whole parade long, and
The Sierra Madre City College Band
Will give us a song.

The Fire Department won't
Be spraying us this year.
Water in our town,
Right now, is too dear.



We'll barbeque later,
A burger...or three,
And have potato salad,
Sure! It's calorie free! (Not!)

We'll go watch the fireworks,
Down at the park.
And count all our blessings,
There in the dark.

Be glad that we live,
In a land that is free.
To celebrate Independence Day!
To Celebrate.... Liberty!

July 4th this year was pretty much just like that. We love our parade, my best parade kibitzer buddy, John, and I. We love seeing the kids from all the teams, the parents pulling wagons with little people looking bewildered. We admire the Search & Rescue Guys, wave at the dignitaries who are smiling, trying not to sweat and wondering if they've got enough sunblock on.

For more years than I care to count, I hosted the entire family at our house and did the BBQ-ing and now, a wonderful thing has happened, our middle daughter, Patti and her husband, Dave, host the July 4th festivities and our job is to show up with the aforementioned calorie-free potato salad (Repeat: Not!) and a cake. Did that! Now on to celebrate the rest of the weekend.



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grooming services while your pet
is visiting.



Weather Wise

5-Day Forecast - HOT

Sierra Madre, Ca.

| | | | | | |
|--------------|-------|----|-----|------|-----|
| Mon: | Sunny | Hi | 90s | Lows | 60s |
| Tues: | Sunny | Hi | 90s | Lows | 60s |
| Wed: | Sunny | Hi | 80s | Lows | 60s |
| Thur: | Sunny | Hi | 80s | Lows | 60s |
| Fri: | Sunny | Hi | 80s | Lows | 60s |

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, July 8th, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

City Council

Next City Council Meeting
July 8, 2014 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "07/08/2014" for the complete agenda packet.

At the July 8th meeting, the City Council will continue the discussion on water moratoriums in light of the drought and water shortage.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Tuesday, July 8
City Council, 6:30pm*

Thursday, July 10:
Community Services Commission, 3:30pm

Wednesday, July 16:
Energy, Environment, Natural Resources, 7:00pm

Thursday, July 17:
Planning Commission, 7:00pm*

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

PAWS TO READ: Library Fair

Join us on Thursday, July 10, for a fun-filled day of tail-wagging good times.

1-5 pm - Pasadena Humane Society Pet Adoptions
1-5 pm - Friends of the Library Best Used Book Sale
(Highlighting Animal Books)

2 pm - The Ukulady - Family Music Show
3:30 pm - Barks and Books with Mae Rose

Third Thursday Book Club

Thursday, July 17, 11 am. Read, discuss and enjoy this month's book selection: Lady at the OK Corral by Ann Kirschner.



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.

THAT'S 85 YEARS OF COMMUNITY SERVICE!

WE MEET WEEKLY AT THE LODGE (FORMERLY
THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!



Rotary Club of Sierra Madre

Is known for its camaraderie (ComRotary).

If you have been thinking about making a difference

In your community, please join us for

Breakfast created by Chef Mario at

The Park Hart House,
222 W. Sierra Madre Bl.,
Sierra Madre, CA 91024,
Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup

Sierra Madre Police Blotter

For the Period June 22nd to June 29th, 2014

During the week of Sunday, June 22nd to Sunday, June 29th, the Sierra Madre Police Department responded to approximately 380 calls for service.

Monday, June 23rd

At approximately 10:50 am, Sierra Madre Police responded to the 400 block of Fairview Ave regarding threats being made to an individual. Upon arrival, Officers were informed by the victim that her son had threatened to harm her and then brag about it to the Police. Prior to the day's events, the victim stated her son had been acting unusual the past couple days by rearranging furniture for no apparent reason, and stating the water in the home had been poisoned. When the suspect was interviewed by Officers, he continued his claim that the water had poisoned him, and that blood would be shed but it would not be his own. Through their investigation, Officers felt the suspect was a danger to himself and others, and was transported to a local hospital and placed on a 72-hour mental health evaluation.

Monday, June 23rd

At around 6:43 pm, Sierra Madre Police responded to the 120 East Block of Sierra Madre Blvd. regarding a petty theft. Upon arrival, Officers were informed by the victim that while at work, he received an email notification from a delivery service that a package he had ordered was delivered to his residence and left at the front door. Upon his arrival home, the victim was unable to locate the package anywhere on his property. The victim called the delivery service who confirmed the package was in fact delivered. The total loss amounts to \$200. This case has been forwarded to the Detectives Bureau.

Thursday, June 26th

At 12:31 am, Sierra Madre Police conducted a traffic stop on a vehicle with a broken brake light on Michillinda Ave. Upon making contact with the suspect, Officers were able to identify a strong odor of marijuana coming from the vehicle. When questioned by Officer's the suspect stated he had smoked an hour prior and had a small amount within his vehicle. During the investigation Officers also noted a strong odor of alcohol from the suspect. Officers decided to administer a Field Sobriety Test, which the suspect subsequently failed. The suspect was arrested and charged with driving under the influence of drugs and alcohol.

Friday, June 27th

At approximately 2:00 am, Sierra Madre Police performed a traffic stop on a bicyclist that was riding against traffic. Upon making contact with the suspect, Officers immediately noticed his blood shot and watery eyes indicating intoxication. When questioned by Officers, the suspect denied drinking, but admitted to smoking marijuana several minutes prior and taking a pain killer for a tooth ache. During a search, Officers discovered costume jewelry with price tags on it within the suspect's back pack which he claimed was found in a dumpster. The suspect was administered a Field Sobriety Test and subsequently failed. The suspect was arrested and charged with cycling under the influence of drugs and alcohol. This case has been forwarded to the District Attorney's Office.

Saturday, June 28th

At around 11:43 pm, Sierra Madre Police responded to the 100 North block of Lima St. regarding a noise complaint. Upon arrival, Officers could hear a male and female arguing. When Officers made contact with the female suspect who resided at the location, she informed Officers her boyfriend and her were arguing because she did not want him at the house. Upon entering the residence, Officers were overcome by the smell of methamphetamine. A search revealed methamphetamine and drug paraphernalia within the suspect's bedroom. The suspect was arrested and charged with possession of a controlled substance.

EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTSBIG CHANGES AT
SIERRA MADRE'S
INTERNET RADIO
STATION:

The Board of Directors of Village Vine Online has decided to move the organization in a new direction. In keeping with our mission of community service, we

are discontinuing 24/7 live audio streaming. In order to better serve the community, our focus will be on providing live audio and video webcasts and podcasts of community events, podcasts of hosted shows home-grown here in Sierra Madre, video and audio webcasts and podcasts of community sports events, and, by the end of the summer, we will present a community blog, with guest host bloggers rotating every few months.

CITIZEN WEBCASTERS: Part of our new approach is to utilize "citizen webcasters" living here in town. We are now actively recruiting people who can attend public events, and, utilizing equipment as simple as their smart phones, webcast those events through the Village Vine web site. Contact us at hostvi@yahoo.com if you would like to volunteer. Training will be provided.

CITIZEN PODCASTERS: We are looking for podcasters who might like to share their home-grown podcasts on the Village Vine web site. Subjects for podcasts could include original music, gardening, cars, dogs, water conservation, sports, etc. The subject matter for potential podcasts is only limited to the degree the community might have interest in it. Contact us at hostvi@yahoo.com if you would be interested in podcasting with us.

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**IN
SIERRA MADRE
PLEASE!**



Learn Successful Nonverbal Techniques
to Improve Communication
with Your Memory-Impaired Loved One

Beyond Words

Thursday, July 24, 2014
at the Sierra Madre Woman's Club
550 West Sierra Madre Blvd, Sierra Madre, CA

Session I: 12:30pm-2:00pm
Refreshments, lunch & coffee served

Session II: 6:00pm-7:30pm
Cocktails, hors d'oeuvres, dinner & coffee served

Free admission

When someone you love has Alzheimer's disease or dementia, communicating is less about WHAT you say and more about HOW you say it. As skill in processing verbal information declines, the importance of nonverbal interaction increases. Alternatives to the spoken word—such as body language, music and aromas—become essential.

Join us for an interactive workshop that explores nonverbal ways to connect and communicate when your loved one has memory loss. Learn techniques from our panel of specialists, who will discuss and demonstrate multi-sensory options you can use to spark memories, relieve stress and shift mood.

RSVP for Session I or Session II by July 21

Call 626-355-5700; or email SSciurba@KensingtonSL.com;
or visit us online at www.TheKensingtonSierraMadre.com
and click on "Upcoming Events."

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11am-2pm



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SIERRA MADRE PLAYHOUSE ANNOUNCES 2014-2015 SEASON

Sierra Madre Playhouse's 2014-15 season is a wonderful mix of new plays and old favorites, selected by incoming Artistic Director Christian Lebono to serve the Playhouse's new mission of celebrating the American Experience. "Every play in the season was written by American

playwrights," says Lebono, "we're presenting three Los Angeles premieres, including two plays written by women, and two musicals, alongside popular favorites. We want to offer something for everyone in the community – so that everyone in Sierra Madre and the surrounding cities can claim the Playhouse as their own." In an effort to ensure top-notch talent and high quality theater throughout the season, the directors have already been selected, in addition to many of the designers. "I've gotten really talented artists to sign on with us. Audiences are in for a wonderful ride," adds Lebono.

August 1 through September 6, 2014
6 Rms Riv Vu by Bob Randall

Directed by Sherrie Lofton

What happens when two married strangers get locked into an empty apartment? A delightful romantic comedy and ode to New York in the early 70's.

October 3 through November 8, 2014

LA Premiere – Pulitzer Finalist 2013

4000 Miles by Amy Herzog

Directed by Christian Lebono

The distance between a grandmother and her grandson is bridged by their love and need for each other. A beautiful and very funny play.

November 28 through December 28, 2014

LA Premiere

A Little House Christmas adapted by James DeVita from the books by Laura Ingalls Wilder

Directed by Emily Chase

The classic stories adapted into a holiday treat about the true meaning of Christmas.

January 16 through February 28, 2015

2nd Field Trip Series Play performing at Student and Saturday Matinees

LA Premiere

Einstein is a Dummy by Karen Zacarias, Music by Debbie Wicks La Puma

Directed by Mary Jo Duprey

A 12 year old Albert faces all of the problems a kid his age faces, but finds within them the secrets to the universe.

January 30 through February 28, 2015

First repertory performance at SMP

A Walk in the Woods by Lee Blessing

Directed by Geoffrey Wade

Two arms negotiators, an American and a Russian, find that they have more in common than they think.

March 20 through April 25, 2015

A Classic American Comedy

Directed by Alan Brooks

To be announced shortly.

May 8 through June 28, 2015

Always...Patsy Cline by Ted Swindley

Directed by Robert Marra

Patsy Cline sings 13 of her greatest hits and meets her number one fan - A rollicking good-time musical.

Tickets are available at www.sierramadrepayhouse.org or by calling 626.355.4318. New Five-show passes are available at a 20% discount on the single ticket price and are good for any five shows within a year of purchase (a \$5 premium will be added for tickets to Always...Patsy Cline.) A Five Show pass for Adults is now \$100 and \$88 for Seniors.



\$399

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Sierra Madre CERT

COMMUNITY EMERGENCY RESPONSE TEAM

WHEN:

AUGUST 2014
 Saturday 9th 8:00-5:30
 Tuesday 12th 6:30-9:30
 Wednesday 13th 6:30-9:30
 Thursday 14th 6:30-9:30
 Saturday 16th 8:00-3:30

WHERE:

Youth Activity Center
 611 E Sierra Madre Blvd
 Sierra Madre, CA 91024

WHAT:

- Classes are **FREE!**
- You must be 18 or older
- You must attend all five sessions to receive a certificate of completion (missed sessions can be made up at any other CERT training course)
- Bring a lunch or eat out on Saturday sessions

WHO:

The Sierra Madre Community Emergency Response Team gives critical support to first responders, provides immediate assistance to victims, and organizes spontaneous volunteers at a disaster site. CERT members also help with non-emergency projects that help improve the safety of the community.

Sierra Madre CERT
 PO Box 816
 Sierra Madre, CA 91025
www.sierramadrecert.org
 501(c)(3) tax-deductible donations welcome

ARE YOU PREPARED FOR A DISASTER?

Did you know that when "The Big One" hits it is likely that your city's emergency services will be overwhelmed?

You may be on your own for weeks!

Learn what you need to do to protect yourself, your family & your neighbors

FREE EMERGENCY PREPAREDNESS TRAINING

Sierra Madre needs you to attend this comprehensive certified training course where you will learn how to be part of the solution and not another victim!

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 Terrorism Prevention
 Search & Rescue Techniques
 Disaster Preparedness & Psychology

**** FREE CERT Backpack with Supplies ****

Remember, you may be the only person available to help your family and friends

TO REGISTER FOR CERT TRAINING

www.SierraMadreCERT.org/register
E-mail: info@SierraMadreCERT.org **Call:** (626)355-4793
Register now! Class space is limited!



Dear Members:

The Sierra Madre Chamber of Commerce is proud to present its inaugural Small Business Seminar. The Seminar is designed to provide valuable tips and information for small business owners regarding strategies for success in today's economy.

The Seminar will feature the following speakers:



Martin Levy
 of Human Resources 4U, on "The Big Seven Employment Trouble Spots."



Jim Short, CPA,
 of Montgomery Niemeyer & Co. LLP,
 on building wealth for small business owners.



Noah Green, Esq.,
 of the Ryan Law Firm, on "How to Avoid Piercing of the Corporate Veil."



Peter O'Campo
 of Alpha Actual on "Cloud Computing for Small Businesses."



Tara Brown
 of Millennium Pension Services
 on Employee Retirement Plans.

The Seminar will be held on **August 6, 2014** from 5:00 p.m. to 7:00 p.m.
 at the Hart Park House located at 222 W. Sierra Madre Blvd. Sierra Madre, CA 91024.

The Seminar is free for Chamber members, \$20 for non-members payable at the door.

Please RSVP the Chamber at smadrecc@gmail.com to reserve a seat by July 23, 2014.

We look forward to seeing you all there!

(626) 355-5111
 (626) 306-1150 Fax

Sierra Madre Chamber of Commerce
 19 Suffolk Ave., Unit A: Sierra Madre, CA 91024

www.sierramadrechamber.com



JUNE 14

JUNE 22

PASADENA COMMUNITY ORCHESTRA (Classical)
 Sponsored by Pasadena Community Orchestra - 6:30pm-8:00pm

JUNE 29

REX MERRIWEATHER (Big Band)
 Sponsored by Senior Community Commission

JULY 6

CASH UP FRONT (Johnny Cash Tribute)
 Sponsored by Sierra Madre Community Foundation

JULY 13

WOODY AND THE LONGBOARDS (Beach Boys)
 Sponsored by Sierra Madre Civic Club

JULY 20

DECADES OF ROCK (Rock and Roll Covers)
 Sponsored by Spero Foundation

JULY 27

HARD DAY'S NIGHT (Beatles Tribute)
 Sponsored by Sierra Madre Volunteer Firefighters Association

AUG 3

OPA OPA (Latin Jazz)
 Sponsored by L.A. County Supervisor Michael D. Antonovich

AUG 10

SIERRA MADRE MUSIC BANDS (Top 40 Covers)
 Sponsored by Sierra Madre Music

AUG 17

All concerts are free and held from 6:00pm-8:00pm at the Memorial Park Bandshell, located at 222 W. Sierra Madre Blvd. Seating is on the green. Be sure to bring blankets and lawn chairs for seating. Alcohol is prohibited. Spectators are encouraged to support local organizations that may provide refreshments.

FOR MORE INFORMATION CONTACT THE COMMUNITY SERVICES OFFICE AT 626.355.5278

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Negative Habits Pain Management Fears/Phobias Anxiety
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REMEMBRANCE

OLDHAM,
Gloria Mary

Long time resident of Sierra Madre, Gloria "Dolly" Oldham, age 88, died at her home at the Palm Desert Country Club, in Palm Desert on Monday, June 30, 2014.

Born Gloria Mary Fyfe on September 29, 1925 in Detroit, Michigan to Florence and John Fyfe; she was the youngest of 4 children.

As a young lady she met and married Jimmie Oldham and together they raised their three children in Sierra Madre, California: Susan Merritt (Rick), Kathleen Driscoll (John), and John Oldham (Jackie). She also leaves behind eight grandchildren: Jessica Maggio (Val), Kristen Giordani (Justin), Joseph Cowell, Colleen Bischoff (Rob), Matthew Cowell (Tara), Patrick Driscoll, Jack Driscoll and Samantha Oldham; and six great grandchildren: Savannah, Isla, Aven, Curtis, Nolan, and Brayden; and her beloved Cocker Spaniel "Sporty".

Gloria was preceded in death by her three brothers: Claude, Charlie, and Gordon, and her loving husband Jimmie.

She was a model for aging with grace and dignity, and an inspiration for all who knew her. She will forever be remembered for her determination, independence, love of animals, and dedication to family and friends.

A private family service will be held Saturday, July 26, 2014. In lieu of flowers, donations can be made to La Salle High School Athletic Fund, in memory of Gloria Oldham.

La Salle High School Athletic Fund
3880 East Sierra Madre Blvd
Pasadena, CA 91107-1996
(626) 351-8951



Sierra Madre Search and Rescue Blotter



As we move into the summer the Sierra Madre Search and Rescue (SMSR) Team is experiencing a high volume of calls with 21 in May and June to date. Three incidents are described in more detail below.

Missing Hiker, Mt. Whitney, Inyo County: On June 16th, SMSR was requested to provide mutual aid support in the search for John Likely, a 60-year old hiker from Dumont, NJ. Mr. Likely was part of a three-person group that summited Mt. Whitney on June 14th. The group had hiked together regularly throughout the years and during the descent Mr. Likely was hiking at a slower pace than the other members of the group. This was not unusual based on prior hikes and the group used binoculars to verify that Mr. Likely was just below the "cable" area on the 99-switchback portion of the main trail. Mr. Likely never made it to Outpost Camp. The two friends searched for their colleague before contacting Inyo County Search and Rescue. SMSR Team members were inserted via helicopter at various locations on Mt. Whitney including on the summit to search off-trail areas where a hiker could slip and fall or become lost.

Early in the evening of June 19th, search crews located a body in an extremely steep chute above Mirror Lake. Our thoughts go out to Mr. Likely's family and friends during this very difficult time.

Missing Hiker, Sespe Wilderness, Ventura County: As part of a mutual aid request received on June 18th, members of SMSR joined the search for missing Arcadia firefighter Mike Herdman. Mr. Herdman, an experienced outdoorsman, was camping with a friend in the Tar Flats area of the Sespe Wilderness near Fillmore. The friends were two days into a four-day backpacking trip when Herdman left camp late in the night to chase after his dog, Duke. When Herdman didn't return, his friend looked for him before eventually deciding to go for help. Given the distance and difficult terrain, it took two days to reach the trailhead and summon help. Ventura County search and rescue units immediately responded and, given the remote location and size of the search area, requested help from surrounding counties. SMSR Team members were inserted by helicopter on various search assignments near the location where Herdman was last seen. Similar to the Likely search on Mt. Whitney, this search brought together SAR teams from across the region. Additional resources included, dog teams, divers to check the deep pools along Sespe Creek, and two unmanned aerial vehicles (UAVs)

providing photo and infrared (IR) imaging. Due to the remote location, AT&T and Verizon provided mobile cell towers, and the Civil Air Patrol (CAP) provided aircraft as flying radio relays. Sierra Madre members put in over 475 hours over 4 days working on the search. Mr. Herdman's body was found late in the afternoon on Friday, June 27th.

SMSR extends our thoughts and prayers to the Herdman family and his friends and colleagues at the Arcadia Fire Department during this difficult time. The Team would also like to extend best wishes for a full recovery to the SAR personnel injured during this difficult operation.

Dog Rescue, Big Santa Anita Canyon/Chantry Flat: SMSR was preparing for a scheduled training on Saturday, June 14th, when a page was received at 7:15 a.m. to respond for the rescue of a dog who had fallen 110 feet over the side of the Upper Winter Creek Trail. Rescuers arrived on scene and found a 60 lb. dog along with two good Samaritans over the side near the bottom of the canyon. It was quickly determined that the 2 hikers were unhurt, but the dog, Buster, was suffering from a leg injury. After rappelling into the canyon, rescuers set-up a low angle rope rescue. Buster was safely secured in a Stokes litter and brought up to the trail where he was wheeled out to the parking lot and transported by his owner to the veterinarian. The hikers who had gone to Buster's aid were assisted back to the trail using a stranded hiker rescue technique and continued on their hike. Good Samaritans are often the very first people to render assistance in an emergency and can be instrumental in keeping a situation from getting worse. This would not be the only dog rescue during this period with the Team responding to another successful dog rescue off the Chantry Road on the 18th.

For over 60 years the all-volunteer Sierra Madre Search and Rescue team has been responding to calls for help in the local mountains and beyond. Funded entirely by private donations, SMSR provides a range of public programs on wilderness safety in addition to its search and rescue activities. The Team never charges for any of its services.

For more information, including how to arrange a wilderness safety demonstration for your school or group, visit www.smsr.org.



REMEMBER!

**No Fireworks
In
Sierra Madre**



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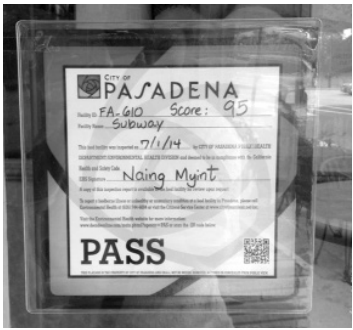
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Pasadena Altadena

News From Your Community For Your Community

City Issues Mandatory Inspection Placards For Restaurants



Restaurants and other type food facilities throughout Pasadena started Tuesday being issued inspection placards required for public display by the City's Public Health Department—the new placards indicate a facility's status of Pass, Conditional Pass or Closed at the time of an inspection.

According to city officials, along with Pass or Conditional Pass the placards have numeric scores displayed. Placards showing a Closed status means an inspection revealed there was an imminent health hazard that required closure or that the permit was suspended due to non-compliance. Closed placards will indicate the reason for closure instead of a numerical score.

All placards also include a special "QR" code that can be scanned with a smart phone app for additional information linked to a new inspection database on the City's website.

Permanent food facilities to receive the new placards include restaurants, markets, bakeries, bars, school cafeterias, commissaries and retail food processing facilities.

Initial inspections, resulting in scores of 85 to 100, receive a Pass placard. Conditional Pass placards with scores of 75 to 84 means minimal code compliance was achieved and a follow-up inspection must be done. Conditional Pass scores of 74 and below mean minimal compliance also was achieved, but violations that were found require a mandatory Permit Suspension Hearing plus a follow-up inspection.

The Health Department's mandatory inspections are required per the California Health and Safety Code officials said.

Pet of the Week



Freya is a two-year-old Lynx Point Siamese cat with stunning blue eyes. She's very friendly, enjoys head rubs and is affectionate.

Freya's adoption fee is \$70, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A359026, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



2015 Grand Marshal Zamperini Dies

"At this time, we pray that Louis' family and friends may find strength knowing that that the story of Louis' journey will inspire the world."

— Richard Chinen, Tournament of Roses President.

Tournament of Roses officials said Thursday that they are committed to honoring Louis Zamperini as Grand Marshal of the 2015 parade after it was announced, by the family, that Zamperini had passed away Wednesday at the age of 97.

The 1936 Olympic runner, World War II prisoner of war, and subject of the best-selling biography by Laura Hillenbrand, "Unbroken," Zamperini died after a 40-day long battle with pneumonia. He was chosen in May as the 126th Rose Parade Grand Marshal.

"Louis Zamperini was and will continue to be the embodiment of the 2015 Tournament of Roses theme 'Inspiring Stories,' said Tournament of Roses President, Richard Chinen. "As we mourn the passing of a member of the Tournament of Roses family, one who was moved to be asked to serve as Grand Marshal, we are honored to shine the light on one who truly lived a life of unconditional love, courageous perseverance and patient endurance. He shared

with us that his faith in God was his inspiration to be content in plenty and in want. At this time, we pray that Louis' family and friends may find strength knowing that that the story of Louis' journey will inspire the world."

Qualifying to run in the 1936 Olympics in Berlin, Zamperini was America's top finisher in the 5000 meter run, running the final lap in 56 seconds and causing Adolf Hitler to request a personal meeting with the track star.

During World War II, Zamperini retired from running and joined the U.S. Armed Forces as a bombardier in the South Pacific. While on a reconnaissance mission, Zamperini's aircraft crashed into the Pacific Ocean. He and a crewmate survived for 47 days in shark-infested waters eventually drifting into a Japanese-controlled region where he was held and tortured for another two years. He survived the brutality of the war and came back to Southern California where he was treated like a hero and celebrated for his longevity. Zamperini married, had a family and started on a quest of forgiveness as an inspirational speaker – meeting with and forgiving the Japanese military guards who tortured him.

"It is such an honor to be the Grand Marshal of the 126th

Rose Parade," Zamperini said in May. "Growing up in Torrance, the parade route on Colorado Boulevard is one I have been familiar with my whole life."

In December, Universal Pictures will release the movie, "Unbroken," a feature adaptation of the book.

Humane Society to Hold Free Pet Adoption

The Pasadena Humane Society is teaming up with Assemblymembers Chris Holden (D-Pasadena), Ed Chau (D-Monterey Park), and Mike Gatto (D-Los Angeles) to host the biggest free pet adoption event of the year in the San Gabriel Valley.

On Tuesday, the Pasadena Humane Society will open its doors for a community adoption event to find loving homes for cats, dogs, rabbits, and birds.

Pet Adoption Day is the collaborative effort of the three Assembly Districts, which cover much of the San Gabriel Valley, and the Pasadena Humane Society, which contracts animal care services to Arcadia, Bradbury, Glendale, La Cañada Flintridge, Monrovia, Pasadena, San Marino, Sierra Madre, and South Pasadena.

The event is open to any person looking for the perfect furry or feathered friend and is not limited to those living within the Pasadena Humane Society's service area or Assemblymembers' district boundaries.

Observing Vietnam War 50th Anniversary

Saigon native, poet and author Teresa Mei Chuc will speak about the 50th anniversary of the Vietnam War, her family's experience immigrating to the U.S. and read from her book, Red Thread on Thursday, July 17, 7 p.m. at Pasadena Public Library's Central Library, 285 E. Walnut St.

Chuc was born in Saigon, Vietnam, shortly after the war that bombed her people and her homeland. She and her family survived, although her parents were separated for a long time. Chuc, her brother, and their mother escaped Vietnam in a ship crowded with hungry, sick, and frightened immigrants. Under political asylum, they settled in California, where eventually they were reunited with her father, who had spent nine years in a Vietcong "re-education" camp.

Nominated for a Pushcart Prize for "Truth is Black Rubber," a section of poems from Red Thread, Chuc is a graduate of the Masters in Fine Arts in Creative Writing program at Goddard College in Plainfield, Vermont, and teaches literature and writing at a public school. Her poems appear in journals including EarthSpeak Magazine, National Poetry Review, Rattle, and Verse Daily.

Large Oak in City Hall Courtyard to be Cut Down

58 other trees citywide also set for possible removal.

City officials confirmed this week that they have compiled a list of trees throughout the city, either dead, dying or hazardous to be removed including a large Oak tree in the southwest corner of the courtyard at city hall.

"Although it saddens us to remove this tree, the interior Oak tree's death is a result of excessive moisture in the root zone and has been determined to be 85 percent dead by a certified arborists," City Manager Michael Beck said. "This tree will be replaced with a 72-inch box interior Oak tree, which is significantly larger than the city's typical

replacement tree."

According to Siobhan Foster, Director of Public Works, the city hall tree removal is expected in the next few weeks. The removal is also included on the City Master Tree Removal List.

Other trees to be removed on an emergency basis, include trees on East Colorado Blvd, North Arroyo Blvd, South Mentor Ave, South Los Robles, Lincoln Ave and North San Gabriel Blvd. Reason vary from dead or rotting to termites, cracking and splitting.

Residents can call the Parks and Natural Resources Division at (626) 744-7311 to learn more about the city tree maintenance and planting efforts or to report a problem with the urban forest.



City Hall Courtyard

An Afternoon Event with F. Scott Fitzgerald

Step back into the Roaring Twenties once again and join us for an afternoon with F. Scott Fitzgerald on Saturday, July 12 from 2 to 5 p.m. at Pasadena Public Library's Central Library, 285 E. Walnut St. Refreshments served at 2 p.m. followed by the performance and Q & A from 3 to 5 p.m.

Dress in period costume; enjoy lemonade and cookies followed by an extraordinary performance by actor/writer Larry Vanderveen as legendary novelist F. Scott Fitzgerald. Vanderveen will explore the

life and times of the man who penned such classic American novels as The Great Gatsby and This Side of Paradise. From his troubled relationship with devoted wife Zelda to his later romance with Hollywood gossip writer Sheila Graham and his complex friendship with acclaimed author Ernest Hemingway, this rich and textured exploration of Fitzgerald's eventful life allows literature fans the unique opportunity to look into the mind of the man responsible for some of the greatest literature of the 20th Century.

Chu's Statement on Decision to Limit Contraception Coverage

The Supreme Court ruled 5-4 on Burwell v. Hobby Lobby Stores, Inc. and Conestoga Wood Specialties v. Burwell, determining Monday that some corporations with religious objections may deny its employees contraception coverage guaranteed to them under the Affordable Care Act (ACA). Both Hobby Lobby and Conestoga Wood Specialties claim that the contraception benefit provision violates the religious beliefs of their owners.

Pasadena Congresswoman Judy Chu released the following statement: "The Court's ruling is both disappointing and out of touch with reality," said Chu. "With 99 percent of women using contraception at some point in

their lives, contraception has become essential health care. However, a panel of five men decided that a corporation's interests come before a woman's health care needs."

According to the Department of Health and Human Services, 47 million women would have guaranteed access to preventative health care coverage with no cost-sharing once the ACA is fully implemented. It is estimated that women saved \$483 million last year alone due to this benefit.

"Having control over one's personal health decisions allow women to participate equally in society and in the workplace," Rep. Chu continued. "While today's decision may make it more difficult for some women to access birth control, we must continue fighting to ensure that all women have access to affordable contraception."

On January 28, 2014, Rep. Chu and 90 other House Democrats filed an amicus brief in support of the government's case against Hobby Lobby.

Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media



PASADENA MEDIA

is also offered to volunteer crewmembers. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class Offerings 6:00 pm – 8:00 pm Nightly

Orientation and Tour

Monday July 7 at 6:00 pm - 8:00 pm

Lighting Basics

Tuesday July 8 at 6:00 pm - 8:00 pm

Producers' Training

Wednesday July 9 at 1:00 pm - 3:00 pm

Citizen Journalism Training

Wednesday July 9 at 6:00 pm - 7:30 pm

Introduction to Field Production Training

Wednesday July 9 at 6:00 p.m. - 8:00 p.m.

ARCADIA

Sierra Madre

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Monrovia

City of Arcadia - Summer Concert & Movies in the Park Series!

The Arcadia Recreation and Community Services Department proudly announces the Summer Concert Series for 2014!

Mark your calendar! The City of Arcadia's FREE summer concert series begins Thursday, July 10, 2014, so make sure you don't miss out on the fun in the sun! The summer concerts are held on Thursday evenings starting at 6:30-8pm on the lawn between City Hall and the Police Department (240 West Huntington Drive).

Bring the kids out to participate in the FREE fun zone, featuring games, crafts, and activities each week. In addition, the City is pleased to announce The Surfer Taco Food Truck at all of the 2014 Summer Concert Series! A portion of the proceeds will be given to the Recreation and Community Services Department! For more information, please call 626.574.5113. Listed below is the line-up for this Thursday, July 10, 2014.



The Answer (Classic Rock) – July 10, 2014

Since 1964, The Answer has been supplying its renditions of top 40 hits, back then popular rock and today now classified as classic rock. The Answer's uncanny reproduction of all that's good in classic rock today sets them far above their competition. With stage energy, witty antics, and FREE giveaways, The Answer delivers a knock out show which is enjoyed by all ages! This is simply a show you cannot miss!

Movies in the Park

The Movies in the Park are held on Friday evenings with activities starting at 7:30pm on the lawn between City Hall and the Police Department (240 West Huntington Drive) and begins this Friday, July 11, 2014. Movies in the Park provided in partnership with CHOICESS Arcadia.

Gravity (PG-13) – July 11th, 2014

Gravity is a 2013 British-American epic science fiction thriller film. It was directed, co-written, coproduced and co-edited by Alfonso Cuarón, and stars Sandra Bullock and George Clooney as astronauts involved

City of Arcadia Kid's Night Out Friday, July 11th

Fun in the Sun!

Kid's Night Out provides kids a night of fun and play so mom and dad can enjoy an evening out or a quiet evening at home. This event is held at the Arcadia Community Center, 365 Campus Drive, Arcadia, California 91007, from 6-11pm. Recreation Staff and Volunteers offer dinner, themed games, movies, and supervision for children ages 4 and above. All activities will be geared toward elementary school children; anyone younger must be potty trained. Accommodations cannot be made for special dietary needs. The cost is \$15.00 per child and also includes snacks and beverages. Pre-registration is mandatory and a \$2 registration fee is applicable for those participants not registered in any other summer classes.



Registration for Kid's Night Out can be done on-line at www.ci.arcadia.ca.us, by fax, 626.821.4370 or by coming into the Recreation Office, 375 Campus Drive, Arcadia, CA 91007. For more information please call 626.574.5113!

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

ARCADIA REPUBLICAN WOMEN'S CLUB FEDERATED

THE EDUCATIONAL ARM OF THE REPUBLICAN PARTY

SPEAKER FOR JULY 17TH IS JUDY NELSON, MAYOR OF GLENDORA

Judy has been a strong fighter against the conservancy. We are in danger of losing our water rights to the Federal Government and even your home may be impacted if you live on the hillside because the final boundaries have not been drawn. It is important you be here and invite your friends. Gentlemen always welcome. Coffee at 10, meeting at 11, speaker at 11:30, lunch at 12 at the cost of \$17. For information call Carolyn Papp 626-353-7443.

MONROVIA - DUARTE

Sierra Madre

Arcadia

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Monrovia

The Southern California Mormon Choir and Guest Speaker Hilda Solis: A Perfect Evening for any Proud American

By Joan Schmidt

Once again, my husband and I were treated to a very special evening, thanks to the Southern California Mormon Choir, Guest Speaker Hilda Solis, Member-Elect, Los Angeles County Board of Supervisors, District 1 and Hosts, the Arcadia Stake.

The Southern California Mormon Choir, a 100 member choral group established in 1953, performs classical, sacred, folk, patriotic and popular choral music throughout Southern California with LA Philharmonic, Glendale Symphony, California Philharmonic and many others! They also have been on stage with Utah Symphony Orchestras and Mormon Tabernacle Choir. Quite Impressive!

President Scott Magnusson's warm welcome and Invocation by Duarte Council Member Margaret Finlay were followed by Presentation of Colors by Junior ROTC Color Guard, Gladstone High School, and Pledge of Allegiance. After the National Anthem and America the Beautiful, Guest Speaker Hilda Solis began.

Hilda, a "product of the San Gabriel Valley and proud of it" felt it was a "joy and blessing" to attend this Patriotic Concert. She grew up in La Puente and graduated from its high school. She is married to Sam Sayyad, a business owner and resides here in the San Gabriel Valley.

What an amazing woman Hilda is, and knowing her background explains why. The daughter of immigrants, Hilda was the first of seven children to graduate from college. (Bachelor of Arts in Political Science from CAL Poly, Pomona and a Masters in Public Administration from USC)

Hilda's mother, Juana (Sequeirra) from Nicaragua and her dad, Raul Solis from Mexico met at a Citizenship class. Her father worked at Quemetro Battery Recycling Plant and organized Teamsters for better health benefits for workers. After the children were of school age, Hilda's mom worked on the Assembly line of Mattel, belonged to the United Rubber Workers and was outspoken about working conditions. She stressed the importance of education. With parents like Juana and Raul, how could Hilda not grow up wanting to serve others?

Hilda spoke of her remarkable mother and how hard she studied-many hours preparing to become a citizen. When Hilda served in Congress, she swore in many citizens and it was so gratifying to her-she remembered her mom and her journey to achieve citizenship.

Hilda felt we have so much to celebrate: our families, the values of our country, the many freedoms and opportunities. She related

how she went with a delegation to Iraq and met military from Azusa and Duarte. They spoke of California and some were on their 2nd and 3rd tours.

Music Director Jan Bills was assisted by Guest Conductor Roger Lamb for a few selections. Jan's smile is so contagious; it is obvious how much this patriotic concert means to her. Her husband Bill was narrator and explained the backgrounds of the different music selections. It was so entertaining.



Duarte Council Members John Fasana, Margaret Finlay, Hilda Solis, Hilda's Husband, Sam Sayyad, Brad Finlay (Margaret's husband.)

Part I included When the Saints Go Marching In, Pilgrim Song and I'm Runnin On. The first two selections are traditional American songs and the latter, an African-American Spiritual.

Part II featured America, Hymn for America and God of Our Fathers, Whose Almighty Hand.

Part III is always my favorite! It includes Who Are the Brave, the Salute to Armed Forces, God Bless America and Lee Greenwood's God Bless the USA.

Thank you so much to the Arcadia Stake, the great Southern California Mormon Choir and awesome Hilda Solis. (State Assembly, State Senate, US House of Representatives, Secretary of Labor and come December, LA County Supervisor District 1) Once again, we returned home with a deep love of our great country and appreciation of all our freedoms.

into the air.

The penalties for possession or use of fireworks can range from a fine of up to \$1000, to confinement in a County jail for up to one year. Certain products like M-80's and M-100's are considered explosives and are a felony to possess. The penalties can be as high as 16 months in state prison and parents are liable for any damage or injuries caused by their children using fireworks.

Arcadia Police Blotter

For the period of Sunday, June 22nd, through Saturday, June 28th, the Police Department responded to 1,026 calls for service of which 108 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 22:

1. Just after 00:20 a.m., an officer conducted a traffic stop on a vehicle for tinted windows in the area of Peck Road and Goldring Road. Upon contact with the driver, the officer detected an odor of alcohol emitting from inside the vehicle. An investigation revealed the 26-year-old Hispanic male driver was under the influence with a blood alcohol content greater than 0.08 percent. He was arrested and transported to the Arcadia City Jail for booking.

2. Around 7:06 p.m., an officer conducted a traffic stop on a vehicle in the area of Santa Anita Avenue and Live Oak Avenue for a warrant attached to the license plate. The officer discovered the warrant belonged to the driver, a 31-year-old Hispanic female, who also had a suspended license. She was arrested and transported to the Arcadia City Jail for booking.

Monday, June 23:

3. At about 3:06 p.m., an officer was dispatched to a residence in the 1800 block of Wilson Avenue regarding a burglary report. Unknown suspect(s) forced entry through a rear door and ransacked cabinets in a hallway. No physical evidence was located and no one reported seeing or hearing anything suspicious. The total loss was unknown at the time of the report.

4. At approximately 7:34 p.m., an officer was dispatched to the area of Live Oak Avenue and Las Tunas Drive regarding a three-car traffic collision. Party-1 failed to stop for traffic ahead and rear-ended Party-2, which forced Party-2 into the rear of Party-3. Two victims were transported to Arcadia Methodist Hospital for neck and back pain. An investigation revealed the driver in Party-1, a 55-year-old White male, was under the influence of an alcoholic beverage. He was arrested for DUI Resulting in Bodily Injury and transported to the Arcadia City Jail for booking.

Tuesday, June 24:

5. Just after 1:45 p.m., an officer was dispatched to the Santa Anita Mall, 400 South Baldwin Avenue, regarding three juvenile theft suspects fleeing the location on foot. The responding officer conducted an area check and located the suspects climbing over a patio wall to an apartment complex in the 600 block of Fairview Avenue. The suspects, one 13-year-old Black male and two 14-year-old Black males, were detained without incident. An investigation revealed they were in possession of stolen property from Sport Chalet, Zumiez, and Foot Motion. They were arrested and transported to the Arcadia City Jail for booking.

6. Around 11:06 p.m., an officer made consensual contact with two subjects walking in the area of East Live Oak Avenue and Peck Road. The officer discovered one of the subjects, a 36-year-old Asian male, was in possession of drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking.

Wednesday, June 25:

7. Around 10:37 a.m., an officer was dispatched to a residence in the 000 block of Pepperglen Drive regarding a domestic dispute. During a child exchange at the location, a husband became aggressive with his wife while arguing, grabbed her wrist, and stole her cell phone as she attempted to call the police. The 40-year-old Hispanic male suspect responded to the Arcadia Police Department lobby to return the phone. Shortly after, he was arrested for Battery and Robbery. He was escorted to the Arcadia City Jail for booking.

8. At about 4:45 p.m., an officer conducted a traffic stop on a vehicle in the area of Duarte Road and First Avenue for a broken tail light and expired registration. An investigation revealed the 28-year-old Hispanic female driver was in possession of a hydrocodone pill without a prescription. She was arrested and transported to the Arcadia City Jail for booking.

Thursday, June 26:

9. Shortly after 7:50 a.m., an officer was dispatched to the area of Huntington Drive and Centennial Way regarding a possible intoxicated subject stumbling into lanes of traffic. The officer determined the 54-year-old Black male carrying a 24-ounces can of beer was intoxicated and unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

10. At about 3:25 p.m., an officer responded to a residence in the 2000 block of South Fourth Avenue regarding a theft report. The elderly victim received a phone call from a man impersonating his nephew. The suspect explained he was in a car accident and needed money immediately. The victim sent the suspect approximately \$1,200 via Moneygram and later realized it was a scam when he spoke to his real nephew who explained he never called him or got into an accident.

Friday, June 27:

11. Around 3:45 p.m., an officer responded to Motel 6, 225 Colorado Place, regarding a female subject passed out in the parking lot. The officer discovered the subject was unresponsive and incoherent. Her boyfriend was also passed out inside their hotel room with their two young children, ages seven and ten. Monrovia Fire responded to the scene and provided treatment to both subjects. An investigation revealed the 29-year-old female and 31-year-old male of unknown race were under the influence of multiple prescription medications, including muscle relaxers. Both subjects were arrested for Child Cruelty and transported to the Arcadia City Jail for booking.

Monrovia Police Blotter

Highlighted Activity for the Weekend of June 26-29, 2014

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Found Elderly Couple

On June 28 at 10:53 p.m., officers were dispatched to the 200 block of North Mountain regarding an elderly couple inside a truck continuously hitting and running over the curb with their vehicle for approximately 2 hours. Officers arrived and found an 87 and 85 year old married couple. The female believed she was in Oakland and the male did not know where he was. Their son was eventually located in Apple Valley however, could not drive to Monrovia to pick-up his parents. An officer drove the couple home and Adult Protective Services were notified.

Warrant – Suspect Arrest

On June 29 at 1:56 a.m., officers were dispatched to an apartment complex in the 1100 block of Royal Oaks, where a male was reportedly hitting a female in the complex's parking lot. When officers arrived they determined the two were cousins and had only been yelling at each other. A computer check revealed the male subject had an outstanding warrant. He was arrested and taken into custody.

Drunk in Public – Suspect Arrested

On June 29 at 2:28 a.m., officers responded to the rear parking lot located in the 300 block of South Myrtle regarding a male and female possibly fighting. When officers arrived, they found a male, who was so intoxicated he could hardly stand up. After investigating whether they had been fighting or not, it was determined they had not been. The male was arrested for being drunk in public.

Driving Under the Influence of Alcohol – Suspect Arrested

On June 29 at 4:45 a.m., a silver car was stopped at Maple and Primrose for a traffic violation. The officer approached the driver and could smell alcohol on the driver's breath. Field sobriety tests were conducted and it was determined the driver was driving under the influence of alcohol and was arrested.

Outside Assist /Missing Person - Located

On June 29 at 7:20 a.m., dispatch received a call regarding a missing 32 year old female who resides in Pasadena. The missing person told her family she was going hiking Saturday, June 28 at 8:00 a.m., in Monrovia with a co-worker. The family made a missing persons report with Pasadena Police Department when she didn't return home and she wasn't answering her cell phone. The missing person left home in her dark grey, Honda Accord. Monrovia Park Rangers were notified and a thorough search was conducted for the Honda, but it was not found. At 1:50 p.m. we received a call from the family stating the missing hiker was located, she was spending time with a friend and had left her cell phone in her vehicle.

Detective Bureau Case Follow-Up Robbery – Suspect Sentenced

A twenty year old male who has been arrested numerous times for theft and other narcotics offenses was sentenced to five years in state prison this past week for a robbery he committed in May at the Pavilions market. This was a culmination of the collaborative effort of the patrol officers, loss prevention officers and the work of Detectives to finally get a habitual offender off the streets.

ALL FIREWORKS ARE ILLEGAL IN UNINCORPORATED AREAS OF LA COUNTY

Supervisor Michael D. Antonovich urges county citizens to refrain from using dangerous fireworks when celebrating the Fourth of July holiday.

"July 4th is a celebration of America's freedom – but with our freedom

comes responsibility," said Supervisor Antonovich. "Fireworks of any type are illegal in the unincorporated areas of Los Angeles County and good judgment and caution should be used in municipalities where they are legal."

Every year people are injured, property is destroyed, and scarce fire suppression dollars are spent during the weeks before and after the 4th of July due to the use of illegal fireworks, the misuse of legal fireworks, and the discharge of weapons

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SPEAKER FOR JULY 17TH IS JUDY NELSON, MAYOR OF GLENDORA

Judy has been a strong fighter against the conservancy. We are in danger of losing our water rights to the Federal Government and even your home may be impacted if you live on the hillside because the final boundaries have not been drawn. It is important you be here and invite your friends. Gentlemen always welcome. Coffee at 10, meeting at 11, speaker at 11:30, lunch at 12 at the cost of \$17. For information call Carolyn Papp 626-353-7443.

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Made possible with funding from the Centers for Disease Control and Prevention through the Los Angeles County Department of Public Health.

Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

When They Depend on You...You Can Depend on Me!

The Sandwich Generation. Many Boomers who thought they were finished parenting are now caring for their own elderly parents. It's what Jane Wolf Waterman calls the POP Generation - parenting our parents.

I specialize in helping seniors and their family members with my unique **Silver Service Program** that is a 'one stop shopping' type approach to help you find a suitable community, determining the probable selling price and preparing the family home for selling, staging, packing, estate sales and many other services that are involved in getting your parents moved with less stress and top dollar.



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The consultation is free and there is no obligation or pressure!

Free with consultation - a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*



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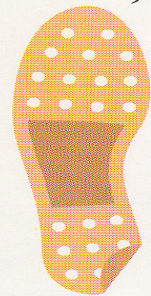


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ELISE NAVARRO *has something she wants you to do!*

By Susan Henderson and Elise Navarro

More often than not, we hear of stories about our youth and their trials and tribulations. We don't hear enough about the many good things that are done by young people to help others. Such is the story of Sierra Madre resident Elise Navarro. She is committed to making a difference in the lives of others and after reading what she has to say, perhaps you will do the same or be inspired to help someone in another manner.

Her story was brought to my attention not only because of the goodness of her heart through her actions in this instance, but also because her generosity began when she was just seven years old. It is best for you to hear of her journey in her own words:



"Many boys and girls alike have been donating their hair to victims of hair loss, whether it is due to cancer, accidents, or other hair loss diseases. Donors come from all over the world giving their hair to those that have lost their hair. Some Donors are survivors giving their hair to people they have a special connection with through their own hair loss. My aunt Esther Schroeder is now a two-time cancer of cancer the first time. Locks of Love. Then in Locks of Love.

After 17 years my Aunt Esther's breast cancer had returned and now spread to her bones. Along with this she has developed a mild case of Alopecia. Now my aunt is on a strong road to recovery, and I am ready to donate my hair for a second time to a new organization called Children with Hair Loss. This organization donates to all children who have medically related hair loss not just cancer patients. CWHL also only requires 8 inches of hair which is less than other organizations.

There is another nonprofit organization for hair loss called Beautiful Lengths partnered with Pantene. They also accept gray and colored hair in good condition to be donated to a company that makes "Hair-Mats" to soak up oil spills. The purpose of this article is not to bring myself glory, but to raise awareness of alternative donation organizations and the option of donating your hair in the first place. The reason an alternative donation option is needed is that some organizations have a sliding scale based on financial needs, while others have free of charge and others also help the environment.

Being a Donor, I would like my hair to go to any child in need free of charge so they can regain their self esteem because of my donation, no matter what their financial standings are. Please donate!



survivor and she donated her hair once she was free She donated to a non-profit organization called 2007 when I, Elise Navarro age 7 also donated to



Clockwise from top: Elise and her parents at Salon Nia in Pasadena waiting for her turn in the 'chair'. After Elise and her stylist decide on exactly how much hair is to be cut, the process begins. Photos by S. Hendsen/MVNews

After the haircut is complete, Elise poses by a tree, holding her 'locks' which are ready to be donated. On the far right you see a young Elise, age7, displaying the pigtail that she is going to donate for help others. Photos courtesy of Navarro family.

PASADENA UNIFIED BOARD OF EDUCATION APPOINTS BRIAN MCDONALD, ED.D., INTERIM SUPERINTENDENT

Pasadena, CA – At a special closed session meeting June 26, the Pasadena Unified School District (PUSD) Board of Education voted unanimously to appoint Deputy Superintendent Brian McDonald, Ed.D., as Interim Superintendent until further notice. The appointment will take effect when Superintendent Jon Gundry's impending resignation is effective.

"Dr. McDonald's experience and leadership will be crucial in maintaining consistency and continuity during this time of transition," said Board of Education President Scott Phelps. "His proven track record in closing the achievement gap, along with his collaborative leadership skills, will help usher PUSD into its next phase of growth."

Since joining PUSD as Chief Academic Officer in October 2011, McDonald spearheaded the district's magnet school program, expanded the district's popular dual language immersion programs, led the early implementation of the new Common Core State Standards and placed a strong emphasis on research-based professional development for all employees.

"It is an honor to serve the Pasadena Unified community in the position of interim Superintendent," said McDonald. "I look forward to the opportunity to work together with the School Board for the achievement of all students in our schools."

McDonald joined PUSD from the Houston (Texas) Independent School District, where he last served as School Improvement Officer. Prior to that, he was an elementary and middle school principal in the same district. As principal of William S. Holland Middle School from 2005-2011, McDonald successfully increased reading, math, social studies, science and writing scores, and raised the number of students taking Algebra I by 100 percent.

Dr. McDonald has a Bachelor of Science degree in Accounting from the University of Houston-Downtown, Texas, and a Master's in Education Administration from Texas Southern University. He earned a certification in principalship from Harvard Graduate School in 2002, and a Doctorate in Educational Leadership from Sam Houston State University in 2010. A Phi Delta Kappa, he is a fluent Spanish speaker.

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SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
 (626) 355-3463 Head of School: Ann M. Gillick
 E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
 Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
 (626) 294-0661 Principal: Phil Clarke
 E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
 (626) 446-5588 Head of School: Ethan Williamson
 Kindergarten - 8th grade
 website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-3527 Principal: James Lugenbuehl
 E-mail address: jml@bcsllions.org
 website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
 San Gabriel, CA 91775
 Phone: 626-286-3108 ext. 172
 FAX: 626-286-1528

E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
 (626) 301-9809
 Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
 (626) 355-2410 Head of School: Patty Patano
 website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
 Headmaster John Higgins
 626-798-8989
 website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 351-8951 website: www.lasallehs.org
 Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
 (626) 471-2800 Principal Darvin Jackson
 Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
 (626) 229-0993 Head of School: Lauren O'Neill
 website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
 (626) 396-5880 Principal: Gilbert Barraza
barraza.gilbert@pusd.us
 website: www.phs.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
 Principal Joan Harabedian
 (626) 355-9028 website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
 (626) 355-1428 Principal: Esther Salinas
 E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
 (626) 836-2947 Principal: Garrett Newsom
 E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
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www.waldenschool.net

Weizmann Day School

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 (626) 797-0204

Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
 (626) 449-7390 Principal: Ruth Esseln
 E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
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ARCADIA UNIFIED SCHOOL DISTRICT

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325 E. Huntington Dr., Monrovia, Ca. 91016
 (626) 471-2000 Website: www.monroviaschools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
 (626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show

THE FAULT IN OUR STARS



With every teen and tween girl freaking out about the book and, therefore, the movie, it was hard not to get annoyed towards the film. I was going to read the book before I saw it but never got around to it. And I have to say, the film does not make me want to read the book any more now.

Hazel (Shailene Woodley) has cancer. She gets treatment, special things called 'cancer perks', and is forced to go to a support group. One day, a mysterious boy named Augustus Waters (Ansel Elgort) appears in the group and the two instantly fall in love.

This movie brags to not be the cliché romantic chick flick, with a more realistic view on love. While that may be somewhat true, it is a love story. It is going to be cliché no matter what. If you are into teen angst, romantic movies with a cancer twist, then go ahead and see 'Fault in Our Stars'. If not, it really is not anything special, and can be avoided. Unless you have a teenage daughter or girlfriend who drags you to it.



I love my dogs so much and it makes me very happy when I know they are happy. I make sure they get lots of loving attention, I take them for daily walks, I play with them and I drive them to the vet for annual check-ups and other visits when I think they need it. It gives me much pleasure to spend time with them.

I realize my dogs are not children, and I do try to keep it all in perspective, but I have to admit I am very attached to those two cuddly canine critters. They give me so much in terms of entertainment, fur therapy and relentless love. I just want to give back to them at least as much as they give to me. I also believe it is my responsibility to be a good steward of God's creatures, particularly those that I chose to adopt into my home and family. In doing that, I made a promise to God that I would take care of them for the rest of their lives.

There is nothing wrong with wanting to please our pets, however I do find myself wondering if it is possible to kill them with kindness by allowing them to have more than they actually need. For example, we have a cookie jar that sits atop our kitchen counter. The outside of the jar is decorated with a fancy dog bone design. The handle on the lid is even in the shape of a dog bone. That's where we keep all the canine cookies and other tasty treats for Tater and Molly to enjoy, now and then. The only problem is, the times we tend to hand out the goodies is more often NOW than THEN! In other words, I think they are probably getting way too many treats!

Pet obesity in America is on the rise and has been for several years. Did you know that there is actually an organization focused specifically on researching the blight of pet obesity in America? The Association for Pet Obesity Prevention conducts an annual survey to analyze the percentage of pets that are considered technically obese in America, and the most recent study showed that 54% of dogs and cats in our society are indeed overweight. How embarrassing is that, with so many people literally starving in other parts of the world?

I'm sure most pet owners are not intentionally trying to fatten up their furry friends, and I totally understand how tempting it is to hand out the goodies to our darling dogs and kitties when the notion arises, but let's face it folks, food is not the only way to show our love to them. It's time we start to reign it in when it comes to feeding our pets as a way to show how much we love them. In fact, it seems we are on the verge of loving them nearly to death!

Animals are a lot like humans when it comes to how obesity affects their health. The difference is, we humans are the ones in charge of what goes on the plate, or in the bowl. Our pets have to rely on us to do the right thing by making healthy choices for their daily diet and regulating their rations. Remember the old adage, "You are what you eat", well that is one flip-phrase that rings true, as much as might wish it didn't.

I first realized how important it is to be careful in selecting the quality and quantity of food I feed my pets, while reading an article in the waiting room at my vet's office. The article compared the affect of certain foods on animals versus human beings. It listed

ARE WE LOVING OUR PETS TO DEATH?

"people food" items such as cookies, cheese, hot dogs, etc. that we might have a tendency to share with our pets while sitting at the table, or as leftover scraps after a meal. It showed the caloric equivalent for a dog eating those particular items compared to the human. The biological results were mind-boggling and potentially devastating to the health of a dog.

For example, a chocolate chip cookie falls to the floor only to be gobbled up within seconds by your beloved beastly buddy, right? Well, if you had eaten that cookie it would have rendered a reasonable amount of calories that could be easily burned by a basically healthy person. However, the caloric value and physical affect of a single cookie consumed by a canine becomes the relative equivalent of eating an entire hamburger.

The article also showed the compared caloric value of a one ounce chunk of cheddar cheese, which to the human is not a big deal, but to a dog it becomes equivalent to the caloric value of 1 ½ hamburgers! For a cat, a single potato chip is equal to half a hamburger, and one cup of whole milk equals three entire burgers for your favorite furry feline. When we think about it this way, we begin to realize how important it is to limit the types and amounts of foods we feed your pets. Their little bodies are simply not designed to process the amount of food we are accustomed to consuming. And it wouldn't hurt us to back off a bit on the binging as well!

The "Treat Translator" article I read was meant to encourage we modern day animal lovers to resist feeding our pets "people food", which is most definitely a valuable message, but we also need to be careful about how much pet food we give them on a daily basis. Some animals are pretty good about not eating more than they need while others will eat every bit you put out for them. It is up to us to control their daily caloric intake.

In addition to diet, exercise also plays a very important role in keeping your pet happy and healthy. It goes without saying that physical activity is essential, and dogs are not much different from us when it comes to maintaining our cardio-vascular systems and burning excess calories. Another reason why it is important for a dog to get regular walks, is so they can sniff around outdoors. The olfactory system (aka: nose) of a dog is a key stimulator for keeping their bowel movements regular, so by allowing them to sniff about the neighborhood you are helping them "take care of business". There are other factors involved with keeping your dog's digestive system in good health, but a daily walk is definitely a major factor in the process.

We all like to think we are good pet owners, and for the most part I am pretty sure that we are, but let's not forget that food should not be the most important way we show our love and affection to our furry four-legged friends. We need to focus more on giving them lots of verbal encouragement, grooming therapy, loving and snuggling, exercise and play time and a lot less treats, if we want them to live long, happy and healthy lives.

LOOKING FOR A BEST FRIEND?

Gazoo is too!! He is a friendly, happy-go-lucky Corgi-Chihuahua mix boy.....at least that is our best guess for his breed. He has a sturdy body, but his legs are on the shorter side, like a Corgi. He has a short smooth coat - more like a Chihuahua. It would take a DNA test to really pin down his exact ancestry. He weighs about 15 pounds and is estimated to be 4 years old.

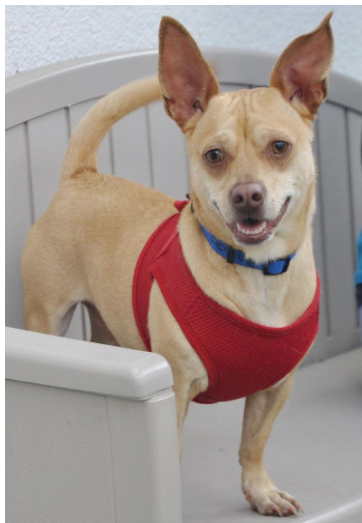
Gazoo is an active, energetic boy who loves to go on walks and play with people and other dogs. He is very smart and can catch a treat that is thrown to him, so he'd probably take well to Frisbee play. He is very charming with people and joyful when he is out of his kennel. Just watching him will put a smile on your face. He loves to roll on the grass and once he knows you, he might just jump into your lap and give you a kiss. He has a lot of energy and would do best with daily walks and a yard to run in.

Gazoo would prefer to be the only dog in the home as he would like to have all your attention. If you want a happy, playful hiking companion, Gazoo could be the one for you. Please come and meet him.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Gazoo, please

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10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes a microchip, neuter surgery, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Gazoo.

See our website at www.sgvhumane.org for information and photos of all our available pets.

HEALTHY LIFESTYLES



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SPICE UP YOUR LIFE FOR GOOD HEALTH

Throughout time, humans have used plants or herbs for everything imaginable. We have used herbs as food, weapons, baskets, clothes, shelter and very importantly medicine. Hippocrates, the father of medicine said, "Let food be thy medicine and medicine be thy food." He was encouraging us to eat a wide variety of plants and especially herbs. One step towards great health is to use a wide variety of herbs and seasoning in your everyday life.

Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

without garlic! If you ever suffer from indigestion, two exceptional digestive herbs are caraway and ginger. Both ginger and caraway are stimulant herbs that can improve digestion as well as soothe indigestion.

Cinnamon is a spice that has ancient origins and is popular in cooking but it can also be used as a general digestive aid. Cinnamon is known to provide various medicinal benefits that include supporting sugar and fat metabolism. It can also help to fight bad breath and may play a role in staving off common colds.

It is no secret that healthy digestion or a "healthy gut" is a key proponent of longevity and vitality. Finding creative ways to use more herbs in your diet can increase your intake of vitamins and minerals, improve your immunity and aid in digestion.



THE JOY OF YOGA

FREEDOM ONCE AGAIN



I have been thinking so much about freedom lately - what with our wonderful holiday and all. We are such a fortunate people to be free. But I continue to come back to what freedom really is. Are you free?

We all think that freedom is being able to do what we want, say what we want, eat what we want, drink, think, feel, behave. And then what do we have really? Excess. Excess weight, extreme behaviors, drinking problems, emotional turmoil and the ability to be a slug and not take care of ourselves. Hmm, then comes illness or the inability to run or even touch our toes.

True freedom is the ability to adapt. Adapt to our surroundings and the needs of our bodies; the ability to adapt to a situation and thrive. To make the right choices and breathe into adversity - THAT is freedom.

Freedom is not the constraint of our beliefs, or slavery to our ever-chattering minds, or the pressures of the lives we have created. That is suffocation.

How do we then explore our freedoms? Get on the mat, of course. Learning about how we can transform ourselves, learning about the possibilities, getting to know our egos, our fears, our edges, getting stronger and feeling the empowerment, learning to fly (ardha chandrasana), these are freedoms. It's not about a diet - it's about making the food choices that will allow our bodies to do paschimotanasana (forward fold) or hike up the Mount Wilson Trail. It's about staying in balance so that we have a better chance of surviving by not getting sick. The best freedom of all is for our minds to be calm, for us to learn to love ourselves and for us to be happy.

So once again, I advocate getting on your mat every day. Create a discipline for yourself that will allow you to be free!

Namasté, René

PET OF THE WEEK: ZEKE

Animal ID #A4726957

Looking for a silly, outgoing, and all-around awesome puppy? Zeke is your boy! Zeke (A4726957) is a friendly 6-month-old brown-and-white male German Shepherd and Australian Shepherd mix puppy who was found in Baldwin Park and brought to the Baldwin Park Animal Care Center on June 27th. Weighing 33 lbs, Zeke is a happy and playful boy with a unique, true-blue mutt look to him. Social with other dogs, he has small-sized kennel mates and seems eager to play with the larger dogs he encounters while out for walks at the shelter. He also shows signs of being housebroken and seems to know basic commands, so we predict that any additional training (such as leash-walking skills) will be a real "treat." Zeke is a real well-rounded winner of a dog, and he will make an excellent indoor pet for any active individual or family who will bring him along on all of life's adventures. Adopt Zeke today, he is such a love! To watch a video of Zeke, please visit the following link: <http://youtu.be/Ro3Df1WNAng>



To meet Zeke in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is currently available now. For any inquiries about Zeke, please reference his animal ID number: A4726957. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Zeke or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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TIPPING ABROAD

Last year I wrote an article about tipping abroad and the interest poured in about the article. So, with the summer travel season upon us, I thought I would run that article again.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

research tells me that they want to be tipped as we. After all, we are tipping for those who provide a service, however if they own the establishment I never feel that bad about lowering the tip or rounding it down. I know that won't get me front row seats, but I have found that tipping a \$1 at Starbucks at the end of the week is sufficient.

Now the question is do you tip in Europe? In my first trip to Athens as an adult I lavished 20% tips on waiters and service people and was rewarded on the end of my trip for that indulgence. I will explain later. In ten days of vacation we never really got outstanding service. We never got bad service but the server's job was to get the food to the table and that amounted to it. I found it curious coming from California where we expect plenty of up sell and a full glasses of water that Europe did not shower me in attention as I am accustom to in the states. Another restaurant, but the same medium of the road service greeted me. So I stared tipping 10%. I asked our tour guide as to the policy of tipping. She said that everyone in Greece works at what is called a living wage and that any gratuity is welcome. So, what about other parts of Europe, or was this just in Greece? The rule of thumb is to check your bill, and look for a service charge. Believe it or not many restaurants don't allow the workers to keep their tips.

I have three suggestions:
1/ Round up the amount; say it's 35 Euro, round it up to 40.
Leave the tip portion as cash. 2/ Give tip directly to your server 3/ Check the bill and if there is a Tax or Service charge and you feel that you got great service, by all means leave a few more Euros.



Now back to my story on the 20% tip, we went back to the original restaurant in Athens that we started out trip at, the one I gave a full 20% tip to. After such a journey, now I know why he was so happy to see me. The beer, and the desserts were all on the house, so maybe the 20% did pay off!

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INGREDIENTS:

- 1 1/2 to 2 pounds sirloin or flank steak
- 1/3 cup vegetable oil
- 1/2 cup water
- 3 tablespoons fresh lime juice
- 1 1/2 teaspoons Cajun seasoning
- 3 cloves garlic, crushed
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/8 teaspoon cayenne pepper

DIRECTIONS:

Put the steak in a food storage bag or plastic container. Combine the oil, water, lime juice, Cajun seasoning, garlic, salt, and peppers. Pour the mixture over the steak and refrigerate for 2 hours.

Grill over direct heat until done as desired, about 5 minutes on each side for medium-rare.

Serves 4.



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SIERRA MADRE FOURTH OF JULY – THANK YOU

On behalf of the Sierra Madre 4th of July Committee, I would like to thank all of our residents who have supported the parade and this wonderful community. We would not be able to put on this cherished event year after year without you.

We would also like to thank *The Kensington for sponsoring the Parade* this year. Their generous support has enabled this great event to continue this year.

It takes a lot of hard work to make sure this event

happens and is enjoyed by all. A heartfelt thank you to all our financial sponsors;

Patriot sponsors: VFW Post 3208, Securitas

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Red, White and Blue Sponsors: The Buccanner Lounge, Mur-Sol Development, LLC, The Priscillas, Santa Anita Park, Berkshire Hathaway Home Services California Properties, Stephen Perlof, Barbara Hopp, Ted & Kathy Calleton, Javier Ho & Kim Lee Family.

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It also takes a lot of behind the scenes hard work. Thanks to;

The City of Sierra Madre, the Sierra Madre Community Foundation, The Gooden School, the Sierra Madre Police and Public Works Department,

Sierra Madre CERT Team, LASD Volunteers, the Spero Foundation, Friends of Sierra Madre Little League, Todd Conrad, Trader Joe's, Steve and Becky Bickel, Pat and Sue Wickhem, Ron and Jean Coleman, Bill Sullivan, Dave Banis, Myron Yanish, Carol Canterbury, Sue LeVoe, Bimmer PhD, Waterworks, he local Boy and Girl Scout Troops, Sierra Madre Civic Club, Sierra Madre Woman's Club, Groovy Lemon Pie, and Greg Tortell.

And of course the Amazing Sierra Madre 4th of July Committee;

Meredith Keith, Michelle Keith-Tierney, Laurie Tortell, Lisa Carlson, Laura Mitchell, Pat Alcorn, Kelli Artinian, Kristen Sullivan, Chuck Dorsett, Jonas & Liz Olguin, Amy Garcia, Greg Harman, Matt Gallagher and especially to our super talented, hardworking and always gets it done super liaison, Kyle Schnurr.

It has always been a pleasure to work with this professional crew all year long. These talented people are Sierra Madre's Finest!

It's never to late to help out the Sierra Madre 4th of July please visit the website at www.sierramadre4thofjuly.com to continue to support the Sierra Madre 4th of July.

I hope you enjoy all the festivities and look forward to seeing all your smiling faces! Sincerely, Jim Annes

Left: Committee members hard at work on July 3rd. Photo by Adam Matsumoto



Two days of celebration in honor of our country's 238th Birthday.

Photos by Dean Lee/
Mountain Views News

MISS THE PARADE? Watch the entire parade on villagevine.org



LOW-COST AND FREE CELL PHONE OPTIONS FOR SENIORS

Dear Savvy Senior:

What are the cheapest cell phone options available today to seniors living on a shoestring budget? I only need it for occasional calls.

Seldom Calling Senior

Dear Seldom:

For financially challenged seniors who only want a cell phone for emergency purposes or occasional calls, there are a number of inexpensive no contract plans you can get. Or, depending on your income level, there are also free cell phones and monthly airtime minutes you may qualify for. Here's where to find some of the cheapest deals.

No-Contract Phones

One way infrequent cell phone users can save money is with a prepaid cell phone – also known as pay-as-you-go phones. With a prepaid phone there's no contract, no fixed monthly bills, no credit checks and no hidden costs that come with traditional cell phone plans. With this type of service, you buy a special prepaid phone then pre-purchase a certain amount of minutes (for talk or text) that must be used within a specified period of time.

While most major carriers like AT&T and Verizon offer inexpensive prepaid plans, as do independents like Net10, Cricket and Virgin Mobile, some of the best deals are offered by TracFone (tracfone.com, 800-867-7183) and T-Mobile (t-mobile.com, 800-866-2453).

TracFone has phones that start as low as \$10 and call plans that cost under \$7 per month. And T-Mobile has a super-cheap 30-minute plan for \$10, and minutes don't expire for 90 days. That averages out to \$3.33 per month. If you need more talk time, they also offer an annual plan where \$100 gets you 1,000 minutes that are good for a full year. T-Mobile does, however, charge a one-time activation of \$35.

Or, it you would rather have a no-contract senior-friendly phone with big buttons and simplified features, the Doro PhoneEasy 618 sold through Consumer Cellular (consumercellular.com, 888-345-5509) is probably your cheapest option. It costs \$60 for the phone, with calling plans that start at \$10 per month.

Free Cell Phones

If your income is low enough, you also need to check into the Lifeline Assistance Program.



This is a government-sponsored program that subsidizes wireless (and landline) companies who in turn provide free cellphones and around 250 minutes of free monthly airtime and texts to low-income Americans. (Some programs in some states provide more minutes, some less, and some charge a small monthly fee.)

There are currently around 15 million Americans who have a free cell phone through the Lifeline program, but millions more are eligible.

The free phones and minutes are provided by a number of national prepaid wireless companies like Safelink and Assurance Wireless, along with a host of other regional carriers throughout the country.

Many states have more than one wireless company that provides the free phones and minutes. If you are eligible, the free cell phone you'll receive is a basic phone that also offers text messaging, voice mail, call waiting and caller ID.

To qualify, you'll need to show that you're receiving certain types of government benefits, such as Medicaid, Food Stamps, SSI, home energy assistance or public housing assistance. Or, that your household income is at or below 135 or 150 percent of the Federal Poverty Guidelines – it varies by state. The 135 percent poverty level is currently \$15,754 for singles and \$21,235 for couples. The 150 percent level is \$17,505/singles, \$23,595/couples.

To find out if you're eligible, or to locate the wireless companies that provide Lifeline government cell phones in your state, visit lifelinesupport.org. You can also learn more at freegovernmentcellphones.net.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS

HAPPY BIRTHDAY! ... July Birthdays*



Nina Bartolai, Mary Lou Caldwell, Louise Neiby, Eunice Banis, Betty Hansen, Christine Durfort, Shahrzad Azrani, Jeanne Borgedahl, Janet Cox, Dorothy Montgomery, Bess Pancoska, Janet Swanson, Linda Thunes, Barbara Watson, Pat Alcorn, Karma Bell, Alice Clark, Dorothy Jerneycic, and Betty DosRemedios.

*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week: "Let freedom never perish in your hands." ~ Joseph Addison



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed. Canceled for the month of July.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

Free Legal Consultation: Wednesday, July 23rd from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

Birthday Celebrations: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 1:00pm. A regular group of seniors play poker. Other games available for use. Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandy. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30 am. Club meeting at noon. Bingo 12:30-3:30 pm. Annual membership is only \$10.00.



UPCOMING EXCURSIONS

California Science Center (Los Angeles, CA) Date: Friday, July 18, 2014 • Time: 9:15am to 3:30 pm Meeting Location: Hart Park House Senior Center

Cost: \$25.00 (does not include lunch)

Experience the California Science Center's feature exhibition, "Pompeii," which offers a glimpse into the opulent lifestyle and tragic end of this ancient Roman society. Relive the volcano's catastrophic eruption through an immersive multimedia experience. The trip also includes the National Geographic film "Forces of Nature" and which showcases the power of volcanoes, earthquakes, and severe storms on the 7-story IMAX screen. Participants are asked to bring additional money for souvenirs and lunch; two restaurants are available onsite. Last day to register is Thursday, July 10. Level of Walking: Moderate



1st & 3rd Wednesday Shown at the Hart Park House Senior Center

July 2nd: Nine (2009) Famous film director Guido Contini struggles to find harmony in his professional and personal lives as he engages in dramatic relationships with his wife, his mistress, his muse, his agent, and his mother. Rated PG-13, Start time: 1:00 pm (run time 118 minutes) Featuring: Daniel Day-Lewis, Judi Dench, Nicole Kidman, Marion Cotillard, Sophia Loren, Kate Hudson, and Penelope Cruz

July 16th: Blue Jasmine (2013) After everything in her life falls to pieces, including her marriage to wealthy businessman Hal, elegant New York socialite Jasmine moves into her sister Ginger's modest apartment in San Francisco to try to pull herself back together again. Rated PG-13, Start time: 1:00 pm (run time 98 minutes) Featuring: Cate Blanchett, Alec Baldwin, and Peter Sarsgaard

SEASONAL FUN AT THE SENIOR CENTER

Word Puzzle Competition • July 14-18, 2014

Come to the Senior Center during the week of July 14 to exercise your brain and enjoy the company of other puzzle enthusiasts! Try a different word puzzle everyday and enter for a chance to win a \$20 gift card. Featured puzzles include word searches, crosswords, kriss kross, sudoku, and rebus puzzles. For each puzzle you complete, you will receive one raffle ticket. Puzzles may

be completed at home, but they must be returned to the Senior Center by Monday, July 21 at 11:00 am to be considered for the drawing. Tickets will be drawn and winners announced on Monday, July 21 at 12:15 pm. Prizes include a \$20 Domino's gift card and two \$20 Trader Joe's gift cards.

LUNCH & LEARN PRESENTATION - SALT THERAPY

Wednesday, July 30, 2014 • 12:00 to 1:00 pm

This presentation was rescheduled from October 2013. Listen to Reiki Master Kristen as she explains the benefits of Salt Therapy. Discover the all-natural, drug-free treatments that are offered at The Salt Studio such as salt therapy, massage therapy, and Reiki. These forms of treatment are helpful with many conditions that affect the body including: Arthritis, Chronic Obstructive

Pulmonary Disease (COPD), muscle tension, stress, Sinusitis, sore throat, colds, cough and congestion. If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626-355-0256 or bring your own.

LET THE BRAIN GAMES BEGIN

Tuesday, July 22, 2014 • 11:00 am to Noon

Improve your memory and strengthen your brain with fun, hands-on activities. Each month brings new games and contests to facilitate brain stimulation. Be sure to bring your friends as you engage in friendly competition for prizes. Activities facilitated by Swati Puri, Community Liaison for ComForcare Senior Services in Pasadena. Questions? Contact the Senior Center at 626-355-7394.

Tech Talk: Technology Assistance Mondays, July 14 and 28 from 2:00 to 3:00 PM Tech-savvy youth from Sierra Madre Middle School will provide assistance with the operation of cell phones, tablets, and computers. Participants should bring the device with which they need assistance; computers are available at the Senior Center for general instruction. The class is free of charge, but registration is required. To register, or for questions regarding the program call 626.355.7394.

We'd like to hear from you! What's on YOUR Mind? Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: #mtnviewsnews

YOUR AD COULD BE HERE! Call Patricia at 626-818-2698 Today!



KATIE Tse.....This and That Punch Needle, And Other Obscure Crafts

God has blessed me with the most wonderful mom in the world, and I take every opportunity to shamelessly brag about her! Not only is she compassionate, patient, and humorous, but she and my dad are model retired people. For my parents, retirement released all the creative energy they didn't have enough time or money for when they were working. Retirement freed my mom to pursue her passion in fiber.

What exactly does "fiber" mean? Some people are seamstresses, others are knitters, and some are weavers. But when you become immersed in all these and more, the only common denominator is fiber. Now that my mom has two sizable looms, she tries to get me interested in weaving.

It's not that I don't like weaving, it's just way too complicated. First you measure the warp. Then you count an exact number of "ends" and tie them evenly onto the back rod. Then you painstakingly thread the heddles, which can end up in disaster if you are not totally focused (sometimes it ends up in disaster anyway). After that you sley the reed and tie the ends onto the apron rod. And that's just the set up before you actually start weaving!

Weaving involves so much math, interpretation of charts and graphs, and fluency in a foreign language ("shuttle, reed, castle, temple," etc. have entirely different meanings) that it should be offered as an educational prep skill. If learning to play an instrument improves children's math skills, learning to weave will turn them into engineers!

My mom and her fiber friends love a challenge, but I gravitate toward simplicity --which is why punch needle appealed to me so much! My mom emailed me a YouTube video of a woman doing punch needle embroidery. Instead of stitching, this lady was stabbing fabric with what looked like a sharpened marker in rapid fire movements. "It's like coloring with a crayon!" someone posted. Higher math is beyond me, but coloring with crayons is something I can do!

The rub, however, was that neither of us knew anything about how to use a punch needle. Even my mom's fiber friends were unfamiliar with it. For a long time we couldn't tell the difference between punch needle and rug hooking. One of my mom's friends very nicely hooked (Ha ha!) me up with a friend of hers in town who does rug hooking, and she graciously invited me over. We'll call her Carolyn.

So, I went to her house with my ragged "project." The kit was for a heart-shaped pillow with "Love" written on it. (Cheesy, I know, but

it was supposed to just be for practice). The kit came with canvas that had "evol" on it, and yarn, but no needle. So we ordered a needle that is often bought when customers purchase the kit, or so Amazon told us. Imagine our frustration when we tried to thread the fat yarn though the teeny tiny needle that arrived.

Carolyn took a look at my mess and said that what I was doing was punch needle, whereas she does rug hooking. She showed me some of the beautiful wall hangings she's done (when you spend that much time on something, you don't want people stepping on it!). At last she showed me the project she was working on. Carolyn had a hook with a wood handle, which she used to pull strands of cut wool up through the fabric to form a series of little loops. "With punch needle," she said, "I believe you work from the wrong side of the pattern." So that's why it said "evol"!

Additional differences between the two crafts are that with rug hooking, you cut strips of wool using a very expensive fabric slicing machine. Other fabrics can be used, but wool is traditional. With rug hooking, you must make sure that you're pulling out the loops to the correct length. Rug hooking has been around since Colonial times, and has certain classical designs. Punch needle, on the other hand is a faster, simpler, and cheaper method to produce a similar product. Essentially, rug hooking is like making a cake from scratch, and punch needle is like using a boxed cake mix.

Well, I've learned a little more since embarking on this punch needle journey. Simple as it is, I still haven't gotten the hang of it completely. But that's okay --it's a heck of a lot easier than weaving!

* If you're interested, Weaving/Spinning classes (with over 100 floor looms!) are taught by the world's BEST weaving teacher, Janice Martens, and are available through the Tri-Community School District at 20350 Cienega Ave. Covina, CA 91724. Check out their website at www.cvusd.K12.ca.us/tri-community.



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JUST LISTED

3BR/3BA + den. Contemporary home built in 1949 with open floor plan. Apprx. 3,347 sq.ft. on a large approx. 41,087 sq.ft. lot. High vaulted ceilings, skylights, inviting fireplace & floor-to-ceiling wall of windows. Spacious kitchen with ample cabinets. Call Luther for further details! \$1,498,000

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Azusa



IN ESCROW

Spacious/move in condition, 4bed/3 bath home. Home is approximately 3,178 sq.ft, offering a formal living room, formal dining, with an extraordinary open concept kitchen with island. Home even offers a community pool and rec. center. Call Luther for more details! \$749,000

647 Ashcomb Dr.,
La Puente



JUST LISTED

Don't miss the opportunity to own this "turn-key" home. Fully updated spacious 3 bedroom, 2 bath home with attention to detail. Home also offers a brand new open concept kitchen, newer windows, updated bath, & custom wood/laminate flooring. \$399,500

66 Birchcroft St., Arcadia



JUST LISTED

1987 customed built, in a 15,880(apprx.) sq.ft lot. Home offers 5 bedroom/4 bath, formal living and open kitchen area, walk-in pantry, and a 3 car garage. Also a miniature tennis/basketball court, pool/spa, and volleyball court. Call Luther for more details! \$2,388,000

1507 Wesley Ave.,
Pasadena



JUST LISTED

This 4-Unit property offers an opportunity to an owner-user or investor. This property offers 3 units in the front section with an additional legal storage in the rear that can be used as a home office, guest quarters or hobby shop. The property offers: 2-2bed/1bth unit, 1-1bed/1bth units. \$749,000

1737 Hill Dr.,
Pasadena



JUST LISTED

Tastefully updated home located in the hills of South Pasadena. Home is surrounded in a wooded country setting, along with plenty of mature trees, and beautiful views. Features an open floor plan with 3 bedrooms/2 bathrooms, and updated tile floors and fixtures. \$745,000

410/412 S Mayflower Ave.
Monrovia



SOLD

Represented Buyers, in this beautiful Monrovia Duplex

145 Grove St., Sierra Madre

JUST LISTED

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AROUND SAN GABRIEL VALLEY

FOOTHILL GOLD LINE UPDATE: METRO’S SHORT RANGE TRANSPORTATION PLAN



With the Draft Short Range Transportation Plan (S RTP) set to go before the Metro board of directors for approval in a few weeks, Metro is being urged to: include the Foothill Gold Line from Azusa to Claremont in the “Future Projects – Transit and Highways” project list and map; and to recognize the full cost and possible completion schedule of the project to Claremont as required by statute. As reported in the news late last week, Metro staff responded by adding a dotted line on the S RTP map between Azusa and Claremont. However, no progress was made to add transparency on the cost or schedule elements of the project. The portion of the plan that assumes new funding becoming available still doesn’t include the full cost of the project to Claremont, which has been provided to Metro on several occasions.

As written in a letter sent by U.S. Representatives Grace Napolitano, Judy Chu and Adam Schiff to Los Angeles Mayor Eric Garcetti (who takes over as Metro board chair in July), the two segments of the Foothill Gold Line are on schedule to be completed well within the time frame of the S RTP. Although Metro staff has added

a dotted line to Claremont, it does nothing without acknowledging the full cost of the Foothill Gold Line to Claremont. The unfunded Azusa to Claremont segment of the Foothill Gold Line is currently in the advanced conceptual engineering phase and will eventually be ready for design-build in 2017. The project could be completed by 2022 should funding become available, assuming Metro staff properly amends the S RTP to reflect the latest cost estimate and completion schedule provided by the Construction Authority following the project’s environmental clearance last year.

Meanwhile, on the Pasadena to Azusa segment, construction continues to progress more visibly as track installation takes place throughout the alignment. Below left, you can see the finished track switches on the alignment along the I-210 Freeway median. What’s not visible to most is the work that’s taking place on top of the Gold Line Bridge, seen below to the right, with crews having recently begun track installation on the north side of the iconic freeway structure.

Habin F. Balian



REP. SCHIFF ON HOUSE REPUBLICAN DECISION TO BLOCK IMMIGRATION REFORM THIS YEAR – POLITICAL NEEDS OVER INTERESTS OF NATION

Washington, DC – Today, Rep. Adam Schiff (D-CA) released the following statement after learning that Speaker John Boehner has now definitively ruled out bringing up immigration reform this year:

“Speaker Boehner’s decision to block a vote on immigration reform in the House more than a year after bipartisan legislation passed in the Senate, is a terrible disservice to millions of families and elevates the political needs of his GOP conference over the interests of the nation.

“Our broken immigration system is a drag on our economy, unnecessarily divides families and is in

desperate need of repair. If the Speaker scheduled the Senate bipartisan bill for a vote in the House tomorrow, it would pass. That he is unwilling to do so, will be a permanent stain on his record as Speaker and require the President to address the problem as well as he can through executive order. While the President can and should mitigate the most damaging consequences of inaction on immigration reform through executive action, it is not a substitute for a comprehensive solution to the problem and Members of Congress must continue to do all we can to overcome the Speaker’s intransigence.”

Inside This Section:

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Business News & Trends * Opinion * Legal Notices

HOBBY LOBBY WHAT IT MEANS TO THE LEFT AND TO THE RIGHT Pg. B4

★

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SEAN’S SHAMELESS
REVIEWS:

By Sean Kayden

HOW TO DRESS WELL

How To Dress Well new album dives into a deep uncertainty. Velvet voice singer Tom Krell, who performs under this moniker, returns with third LP, “What Is This Heart?” This R&B-induced album is more polished boasting higher production values than previous raw recordings. I wasn’t too familiar with his previous material, mainly because his music at the time didn’t appeal to me. However, Krell has some tender, heartbreaking R&B tracks. His minimalistic approach piqued my interest. He doesn’t go overboard and that in itself is a refreshing experience. Sometimes his emotions and feelings seem lost and blurred, but when he connects, he hits it out of the park. “Repeat Pleasure” is his best track. It’s lovely and as gentle as Krell’s spirit. The Chicago based singer-songwriter clearly has his heart on his sleeve. His discord is on display and the music he crafts is both entrancing and exasperating.

Opener “2 Years On (Shame Dream)” has Krell singing over only an acoustic guitar. It’s a painful, grief-stricken tune that doesn’t open up the album on any sort of exultant note. Most of the record deals with trauma, opening up old wounds and finding a way to cope. The struggle is real, but is there a particular way to deal with it? These essential themes guide “WITH?” with plenty of ease as you navigate from start to finish. “Precious Love” is something special. By far, it’s the catchiest song off the record. Krell, a storyteller first, musician second, leaves it all on the table. He doesn’t shy away from the inner pain nor does he find a need to mask it. “Childhood Faith In Love (Everything Must Change, Everything Must Stay The Same)” is utterly gorgeous. It’s a song that sparks something profoundly within. As time goes on in life, you find yourself at a point many times where everything must change, but everything must stay the same. Krell explores the darkside of life, but hopes there is still light to be discovered.

Some tracks are heavy R&B such as “Very Best Friend” and “Face Again.” Both are a bit louder and push the electronic soundscape a bit further than the other songs. While that pair of tracks didn’t do all that much for me, the rest of the album is fairly powerful. “See You Fall,” describes a love that has fallen. It’s a slow jam with Krell’s falsetto vocals on display, as the beats and piano remain weightless in the background. With the blend of R&B, pop and electronics, washed out reverb, and Krell’s silky vocals, “WITH?” is something that’s oddly potent. It may not know exactly what it wants to express. The dichotomy is a bit off with not enough dancefloor jams and a little light on heartbreak tunes. How To Dress Well improves upon his craft and the darkly scattered emotions are apparent despite being unclear what it all means, all of the time.

Grade: 7.3 out of 10

“What You Wanted,” “Repeat Pleasure,” “Precious Love,” “Childhood Faith In Love (Everything Must Change, Everything Must Stay The Same)”

| | |
|---------------|-----------------------|
| Artist: | How To Dress Well |
| Album: | “What Is This Heart?” |
| Label: | Domino Recording |
| Release Date: | June 23rd, 2014 |

ARTS & ENTERTAINMENT

Jeff’s Book Picks

By Jeff Brown

THE ORANGE AND THE DREAM OF CALIFORNIA

By DAVID BOULÉ

Juicy with anecdotes and deliciously illustrated. David Boul shows and tells readers the history of the Orange -- the "Golden Fruit" -- and how it came to be the symbol of a dream that is California and a draw for farmers. It even became a topic that has even been a continuing story line on Mad Men: advertisers who followed the pattern set by Sunkist -- to turn a product into a lifestyle. Did you know that before Sunkist put its spin on the orange, drinking orange juice was barely ever heard of? yep, it all happened here in California. The whole country started eating and drinking from the big Orange and they just couldn't get enough. Boul tells us how and why, and shows us from his extensive personal collection of Orangeabilia(color photos, postcards, and classic advertisements.)



THE FOUR AGREEMENTS: A PRACTICAL GUIDE TO PERSONAL FREEDOM

by don Miguel Ruiz

When you get tangled in endless dilemmas -- at home, at work, or with friends -- you need to simplify. Don Miguel Ruiz offers the means. In this small book of wisdom, Ruiz, a shaman and healer, instructs us in the four agreements that ensure right conduct. Be impeccable with your word, Ruiz urges. Don’t take anything personally. Don’t make assumptions. Always do your best. Through this small but potent tract, Ruiz explains how Toltec laws can help us simplify and how they can lead us out of everyday snares and into personal freedom.

TIBETAN PEACH PIE: A TRUE ACCOUNT OF AN IMAGINATIVE

by Tom Robbins

Internationally bestselling novelist and American icon Tom Robbins delivers the long awaited tale of his wild life and times, both at home and around the globe.. In Tibetan Peach Pie, Robbins turns that unparalleled literary sensibility inward, stitching together stories of his unconventional life, from his Appalachian childhood to his globetrotting adventures told in his unique voice that combines the sweet and sly, the spiritual and earthy. The grandchild of Baptist preachers, Robbins would become over the course of half a century a poet-interruptus, an air force weatherman, a radio dj, an art-critic-turned-psychedelic-journeyman, a world-famous novelist, and a counter-culture hero, leading a life as unlikely, magical, and bizarre as those of his quixotic characters. Robbins offers intimate snapshots of Appalachia during the Great Depression, the West Coast during the Sixties psychedelic revolution, international roving before homeland security monitored our travels, and New York publishing when it still relied on trees. Written with the big-hearted comedy and mesmerizing linguistic invention for which he is known, Tibetan Peach Pie is an invitation into the private world of a literary legend

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THE WORLD AROUND US

Looking Up

with Bob Eklund

LIKE A DIAMOND IN THE SKY

“Up above the world so high, like a diamond in the sky...” A team of astronomers, using multiple telescopes, has identified the coolest, faintest white dwarf star known. White dwarfs are the extremely dense end states of stars like our Sun: after their nuclear fuel is exhausted, they collapse from the size of a star (about 1,000,000 miles across) to the size of the Earth (7,000 miles across). This white dwarf, located in the constellation Aquarius, is so cool that its carbon has crystallized, and crystallized carbon is...diamond! In other words, this star is one very big, Earth-sized diamond, with a mass similar to that of our Sun.

The path to this discovery began when Dr. Jason Boyles, then a graduate student at West Virginia University, identified what astronomers refer to as a millisecond pulsar in this location, using a radio telescope.

This pulsar, or spinning neutron star, is the 20-mile-diameter collapsed remnant of a star that was originally many times more massive than our Sun. Known as PSR J2222-0137, which simply identifies its position in the sky, it is spinning more than 30 times a second. Its orientation is such that as it spins, a beam from its magnetic pole sweeps repeatedly past the Earth, giving rise to regular blips of radio waves. (The pulsar is detected only in radio waves, not in visible light.) The observations also revealed that this pulsar is gravitationally bound to a companion star: the two orbit around each other every 2.45 days. This companion object appears to be either another neutron star or, more likely, a remarkably cool white dwarf.

The distance to the pulsar was already known from parallax measurements made by Dr. Adam Deller at the Netherlands Institute for Radio Astronomy. Parallax, which utilizes the motion of the Earth around the Sun, is the “gold standard” for determining distances to astronomical objects. At only about 900 light-

years away, this is one of the closest neutron stars known.

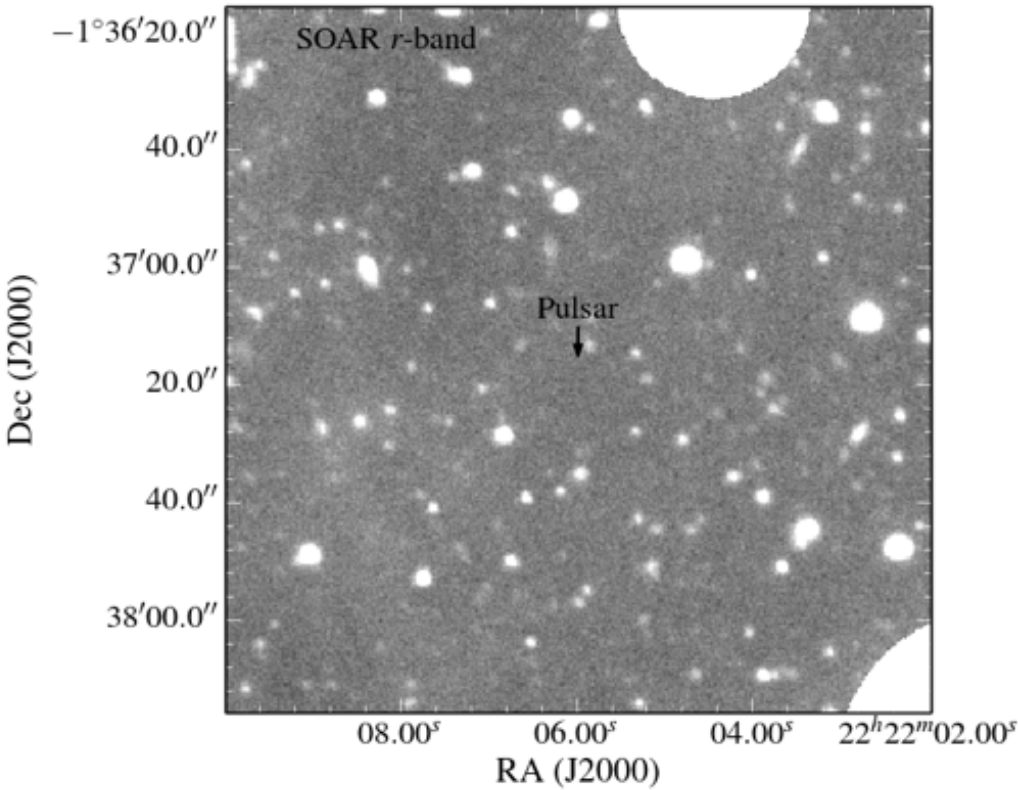
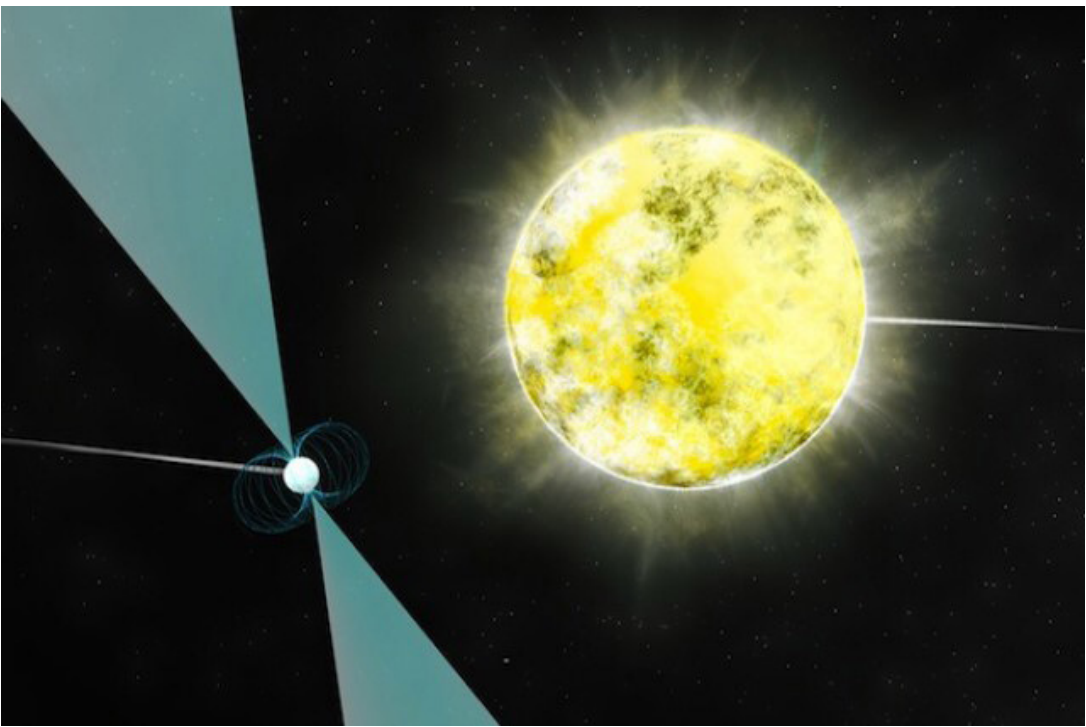
Knowing the distance is crucial for calculating the intrinsic brightness, and therefore the temperature, of the stellar remnants. And as the lead author of this paper, Prof. David Kaplan, remarked, “These same observations also pinpointed the position of the pulsar extremely precisely.”

It is also critical to know the mass of each component of the binary system. They found the pulsar has a mass of 1.2 times that of the Sun and the companion has a mass of 1.05 times that of the Sun.

Next, they searched for visible and infrared evidence of the companion, using the Southern Astrophysical Research (SOAR) telescope in Chile and the Keck telescope in Hawaii. With their knowledge of the distance of the pulsar, the team was able to calculate how intrinsically faint the companion object is. But nothing could be seen at the position of the pulsar and its white dwarf companion! As Bart Dunlap, a graduate student at the University of North Carolina at Chapel Hill and one of the team members, said, “Because of the radio observations, we know exactly where to look, so we pointed SOAR there and collected light for two and a half hours. Our final image should show us a companion 100 times fainter than any other white dwarf, orbiting a neutron star and about 10 times fainter than any known white dwarf—but we don’t see a thing. If there’s a white dwarf there, and there almost certainly is, it must be extremely cold.”

Cold as stars go, that is. The researchers calculated that the white dwarf’s temperature would be no more than a comparatively cool 3,000 degrees Kelvin (2,700 degrees Celsius).

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



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FAMILY MATTERS

By Marc Garlett



WILL THE INHERITANCE YOU LEAVE BE A BLESSING OR AN ALBATROSS?

Rock musician Sting recently announced that his children will not inherit his estimated \$300 million fortune, saying these riches are "albatrosses around their necks."

The product of a British working class background, Sting is currently one of the world's wealthiest musicians, but says he will not be passing that fortune on to his six children. In an interview with the Daily Mail, Sting said,

"I told them there won't be much money left because we are spending it! We have a lot of commitments. What comes in we spend, and there isn't much left. I certainly don't want to leave them trust funds that are albatrosses round their necks. They have to work. All my kids know that and they rarely ask me for anything, which I really respect and appreciate."

While this may sound a bit harsh, Sting's concerns about inherited wealth are not uncommon among parents (wealthy or not) who wrestle with whether bestowing wealth upon their children or grandchildren will be a blessing or a curse.

Fortunately, for parents and grandparents with these concerns, estate planning does offer a valuable tool: a Wealth Creation trust, prepared using incentive provisions.

A Wealth Creation Trust with incentive provisions allows you to pass along your values along with your wealth by attaching incentives to the distribution of your assets. For example, if grandparents want to pass on wealth

to grandchildren but want to be sure those grandchildren get a good education so they know how to handle their inheritance wisely, they can set up a Wealth Creation Trust that names scholastic circumstances under which the assets will be distributed.

If your desire is to nurture your children's entrepreneurial spirit, you can establish a Wealth Creation Trust to provide funding for a business startup, which allows you to foster that spirit while passing on your values regarding the benefits of hard work.

While most parents want to leave something behind for their children, passing along a solid set of values as well as inherited wealth is generally the desired outcome. A Wealth Creation Trust allows parents and grandparents to accomplish this worthy goal.

If the idea behind a Wealth Creation Trust resonates with you, call our office to schedule a time for us to sit down and talk about a Family Wealth Planning Session, where we can identify the best ways to ensure you leave a legacy of love, values, and financial security for your family. Call 626.355.4000 today or visit www.GarlettLaw.com for more information.

Marc, a local attorney, father, and Court Appointed Special Advocate for Children is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

IT'S ALL ABOUT APPROVAL

These days, a buyer's biggest concern shouldn't be so much about finding the lowest interest rate, but finding a lender who will approve their application. There are three basic types of mortgage providers, each regulated by a different agency, and following different disclosure laws.

Banks: generally employ their own underwriters and provide loans with their own money. They often have mortgage products matched to particular situations, such as manufactured homes or new construction. Minimum credit score requirements will vary from bank to bank.

Brokers: work on a commission and make a little more than bankers, but their business is highly regulated and transparent. They prepare your application file and present it to banks or investors. Involving a third party can take more time, of course, and since they have higher credit score requirements and fees, don't shop at a broker if your score is below 620.

Correspondents: draw from their own credit lines and sell your mortgage shortly before closing. Since their ability to lend depends on their own credit, it's possible for closing to be delayed if they are processing more loans than they have funds to cover. That doesn't mean you can't still get good terms, however.

You need to assess your financial position and your needs, and speak with your real estate agent about which type of lender best suits your situation.



Social Media Tips & Tricks

By Merri Jill Finstrom

PLANNING, POSTING, PARTICIPATION AND PERSISTENCE

Planning, Posting, Participation and Persistence are the 4P's for social media marketing.

Plan

Think about your message, its purpose, its call to action, its value. Create a simple calendar and jot down when and how often you will post and check in. Just like you need to regularly check your phone messages and email, you also need to check your Social Media activity. There are free tools like Hootsuite and Nutshell Mail that allow you to look at all your social media tools in one place.

Post

If your last post was six months ago, the perception is your business no longer exists. Ouch! Social Media loves fresh content. Frequent posts create content that can help a prospective customer who may be searching for you online, to find your products and services. We suggest posting 3-5 times a week. You can schedule posts in Facebook and you can also use Hootsuite to schedule on Twitter, LinkedIn and Facebook.

Build a system. We think one of the best practices is to feed your Facebook or Twitter posts right into your website. It is an easy way to freshen up your web site and let your visitors see what is happening with your company. Our mantra is *Post once, populate many*. Create a system that will become your online marketing machine and it will save you time.

Participation

It's important to engage with your audience. That not only means posting regularly, but also listening to them and responding and commenting on their posts. Let your audience know you care about them with active listening.

Persistence

There are no silver bullets. Simply having an account on Facebook, Twitter or any of the other Social Media tools will not make you millions over night. You'll find you will get more out of social media if you roll up your sleeves and keep at it. Try new things, repurposing content that has value, build relationships and get to know others better by listening to them.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies. They are known for providing valuable information at their Social Media and Email Marketing classes. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

OPINION

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



“The ability of women to participate equally in the economic and social life of the Nation has been facilitated by their ability to control their reproductive lives.”
- Former Justice Sandra Day O'Connor

That's from Justice O'Connor's opinion in a 1992 case upholding Roe v. Wade, cited by Justice Ruth Bader Ginsburg in her dissent in (HHS Secretary Sylvia) Burwell v. Hobby Lobby. It was also included in Emily Badger's blog for the Washington Post, in which she notes that while in Justice Ginsburg's 35-page dissent "women" (singular or plural) is mentioned 43 times, it's only 13 times in Justice Samuel Alito's 49-page opinion.

Women's well-being isn't mentioned at all. Although the case has been in the news a lot, it can be hard to figure out. Nobody has been compelled to accept any medical treatment, or help pay for it, that their conscience, religious or otherwise, might object to - neither the Green family, owners of Hobby Lobby, nor anyone else.

As part of the Affordable Care Act, there are certain requirements insurance policies must meet to be offered on the exchanges. Businesses with more than 50 employees (Hobby Lobby has over 13,000) can choose to either make such policies available to their employees (perhaps with offsetting wage decrease) or pay a tax, instead.

One of those ACA requirements is that preventive care be made available to both men and women with no co-pay - including certain types of contraception.

Hobby Lobby didn't seek to have contraception coverage per se removed from policies it offers employees. (And it never objected to coverage for Viagra or vasectomies.) Hobby Lobby's objection was to four specific methods of contraception it considered tantamount to abortion - which is banned under the ACA.

According to the medical and science communities, however, the methods Hobby Lobby objected to (Plan B, IUDs) as being "abortifacients" in fact, are not. Hobby Lobby contended these plans interrupt pregnancies, though what they do is prevent ovulation implantation. According to Judge Alito's opinion, however, it doesn't matter whether these methods are "abortion-inducing" or not; all that matters is Hobby Lobby's "belief" that they are.

There's a lot of reference in this case made to the Religious Freedom Restoration Act of 1993 (RFRA). It arose from a couple of cases heard by the Supreme Court a few years earlier in which Native Americans complained their religious rights were violated; one involved a planned road through what they considered sacred grounds, and the other the use of peyote. In both cases, the Court ruled public interest trumped religion. The RFRA was passed to protect individuals from "unduly burdensome" restrictions on their free exercise of religion - but it was later declared unconstitutional by the Supreme Court.

The two earlier rulings favoring the public interest over the religion of Native Americans were signed onto by Justice Antonin Scalia. The ruling finding the RFRA unconstitutional was signed onto by Justices Scalia and Clarence Thomas. That's right - two justices who later cited that same RFRA in favoring the "religion" of Hobby Lobby over the rights of its female employees.

So, to sum up: the health and well-being of women is not considered in a case primarily affecting the health and well-being of women; plaintiffs complain of being compelled to provide coverage they aren't compelled to provide; contraceptive methods are objected to for doing something they don't in fact do; and Justices who previously ruled the public interest trumps religion now find the opposite, citing in their argument a law they'd previously found unconstitutional. Got it?

It started to make sense when I realized the plaintiff was not the Green family, owners of the corporation, but Hobby Lobby itself.

Justice Alito wrote, "Any suggestion that for-profit corporations are incapable of exercising religion because their purpose is simply to make money flies in the face of modern corporate law". He was referring to corporations, not people, when adding, "the HHS mandate demands that they engage in conduct that seriously violates their religious beliefs."

House Speaker John Boehner (R-OH) commented, "The mandate overturned today would have required for-profit companies to choose between violating their constitutionally-protected faith or paying crippling fines." He wasn't referring to the "constitutionally-protected faith" of an individual or a family, but of a for-profit company.

One of the most jaw-dropping examples of "judicial activism" in recent years was the Court's finding, in "Citizens United" (2010), that corporations enjoy First Amendment protections of freedom of speech which our founders intended for We the People. Now, the Court maintains that corporations have constitutionally-protected rights regarding "religion", as well.

In its amicus brief, the Constitutional Accountability Center reminded, "From the Founding until today, the Constitution's protection of religious liberty has been seen as a personal right . . . Business corporations, quite properly, have never shared in this fundamental aspect of our constitutional tradition for the obvious reason that a business corporation lacks the basic human capacities -- reason, dignity, and conscience -- at the core of religious belief and thus the free exercise right."

The Court conveyed upon corporations "rights" to unlimited campaign participation like the rest of us, though corporations have never felt patriotic at a Fourth of July parade, worried about what we're leaving the next generation or mourned the loss of a loved one at Arlington.

Now, they can have "religion" - though corporations have never had to temper conviction with concern over the health and well-being of a wife, mother, sister or daughter.

Decades ago, Justice Ginsburg was a pioneer in protecting the rights of women and fighting sex discrimination. Now she serves on a Court which rules that not allowing a corporation to come between a woman and her doctor would be "unduly burdensome" - on the corporation.

"I still cannot understand how the Court's majority could put the ideology of closely-held corporations above the health and religious freedom of thousands and thousands of their female employees", says our Sen. Barbara Boxer (D-CA).

Neither can I - but I'm beginning to.

GREG Welborn

HOBBY LOBBY TO THE RESCUE



This week, with the kind permission of the editors, I have turned over my column to my daughter, Abigail Welborn. Abbey is a 4th year student at the University of Virginia, playing volleyball for the UVA Cavaliers, majoring in political theory and now making her debut as a political commentator. No dad could be more proud. Here is her spin on one of the week's events.

Feminists and Liberals of all sexual orientation are foaming at the mouth over this week's Supreme Court decision in the so-called Hobby Lobby case. Average Americans think the decision was pretty reasonable - expected even - which just infuriates the left more. The mainstream media, which has largely abandoned any pretense of even pretending to be objective, just parrots back the talking points. This leaves serious analysis of the decision as road kill.

Lefties can't figure out why the Supremes and every other American can't see how hateful, mean-spirited, discriminatory, bigoted and apartheid-like refusing to pay for someone else's birth control is. It flummoxes them and agitates them to the point where they've given us some pretty outrageous sound bites.

Courtesy of N.O.W.'s president, Terry O'Neill, "apartheid in South Africa was justified on religious grounds. The Southern Baptist convention justified slavery and later Jim Crow and segregation on religious grounds... The Supreme Court is simply wrong to honor gender bigotry... It's bigotry to keep women away from basic healthcare."

Wow! In the delusional world which these Liberals inhabit, a court decision stipulating that someone is not obligated to pay for the consequences of someone else's sexual hijinks is discriminatory. Making someone pay for their own abortification procedures is equivalent to sweeping women's rights back to the dark, dark ages of the late 19th century. It's all outrageous rhetoric, of course, but it's also deeply flawed logic.

Hobby Lobby (the employer) will still provide its employees a health insurance plan with several forms of birth control. In fact, of the 20 HHS-mandated birth control methods, which were stipulated in Obamacare, Hobby Lobby will still offer 16. To claim anyone is being denied basic birth control is just factually wrong

The key issue in this case was whether a closely-held company, owned by deeply religious people who object to abortion on well documented religious beliefs, should be forced to pay for medications which cause a woman's body to self-abort a fetus (the medication known as an abortifacient). To force someone to act against their most deeply rooted religious beliefs is immoral, impractical and most certainly unconstitutional, and the Supremes got it right.

The most hyperbolic of the Left's criticisms and fears is that this decision allows a slippery slope down which all forms of healthcare could be denied. Such a fear represents a terrible misreading of several hundred years of court decisions which shape our understanding and implementation of the first amendment to the constitution. It also belies a dangerous misunderstanding of what representative democracy should look like.

Our constitution provides us with a form of government in which the majority's will can be implemented while at the same time protecting the rights of the minority. If there were no restrictions on what the majority could decide, then any majority of people at any given time could take advantage of a small minority. The framers' genius was to provide a series of amendments (the first 10 known as the Bill of Rights) which stipulated which rights were inviolate.

The first amendment states in elegant simplicity, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof..." Straightforward, simple and tremendously valuable to each and every American. We are each free to practice our religion, but none of us can impose our religion on others. Catholics can be Catholic, Protestants Protestant, Mormons Mormon, and atheists can play golf on Sunday mornings.

The Hobby Lobby decision simply recognized this. If a woman wants to use birth control or to use an abortion pill, she can do it. Hobby Lobby, on the other hand, is not obligated to pay for it. This doesn't mean that Hobby Lobby is preventing the woman from obtaining the pills. No right has been stripped from anyone. In fact, one of the most important rights for every American has been affirmed.

The last and most troubling aspect of this decision is the fact that it was a 5-4 decision. Four Liberal justices believe that an American can be forced to violate their religious beliefs to pay for another person's abortion. As outrageous as the belief is, it's scarier to think what one more Liberal justice would mean. Tip the Supreme Court's scales just one more person to the left, and basic American freedoms could be eliminated. Now that's worthy of some hyperbole!

The great irony in all this is that the Hobby Lobby decision did more to protect and affirm civil rights than most Liberal activists can lay claim to in a lifetime. When Liberals finally emerge from their fever swamps, they'll realize just how lucky they are.

Contact the author: Abigail C. Welborn can be reached at abbeywelborn@gmail.com and her work can be seen at www.abigailwelborn.wordpress.com She's only 5'4" tall, but she's feisty and dedicated to helping people better understand the benefits of conservatism.

OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

The Haves, the Have Nots and the Whatnots



When it comes to politics, I am as confused as the politicians themselves. I do not like to discuss politics because I do not understand it and just as soon as you understand one opinion, everything changes and you do not know where you are at. Just as soon as a politician voices a position on an issue, he spins it around and it sounds like he has taken an opposite view. All that spinning has me in a whirl.

Politicians change positions more than the Gracious Mistress of the Parsonage changes her mind.

It seems to me that when God ran out of brains and intellectual capacitors, He turned to an angel and said, "I know what I will do. I'll make me a politician." He gathered up all the leftover dirt He could find and threw together what we now know as a politician.

I do not know if this was a joke on God's part or if He is just trying to test us to see how much pain we can endure. The only consolation I have, and I have read my Bible over 100 times, there is no mention of politicians in heaven. Maybe that is one of the things that makes heaven, heaven.

I know I do not understand much that goes on in the political arena, but one of the things I have been hearing has to do with what they call, "The Haves and the Have Nots." It must be important because now there is a TV series with this name. Do not dare ask me if I have watched it because I will have to tell you the truth. I "Have Not."

What do people mean when they use this phrase? Who are these Haves? And who are these Have Nots?

Probably more importantly, what is it that these Haves have that the Have Nots want?

I am reminded of my old uncle Amos, who often brags, "I can afford anything I want, I just don't want anything." If you ever saw old uncle Amos, he really does not have anything. At least, he did not have anything that I wanted or any sane person, for that matter.

The problem as I see it is simply this. If I want what somebody else has, am I really going to be happy when I have what he has?

There are many things that I do not have and I am quite happy that I do not have them.

I do not have an incurable disease. I do not have a debt so far above my head that I am going into bankruptcy. I do not have a table full of bills that I cannot pay.

I am happy that I do not have any of these things.

It could be the benefit of getting old. I guess I am getting old, at least I am getting older and my plan is to get as old as I possibly can. Next month I will celebrate another birthday, but I am getting to the age that I cannot remember how old I really am. I "Have Not" a clue. I guess I will have to count how many candles are on my cake if I can see through the smoke.

But as a part of the "older generation," I do not really need anything that I do not have. I suppose it would be nice to have a new truck, but there is nothing wrong with my old truck. It still gets me where I want to go, the air conditioner still works and the radio still plays my kind of music. Why would I need a new truck?

It probably would be nice to have a new house. At our age, my wife and I do not have the energy to pack up everything and unpack everything in a new place. As it stands, everything in our house is exactly where we want it. I think I will be happy with what I Have and not waste time on what I Have Not.

I choose to focus not on what I "Have Not" but on what I really do "Have."

I have a wonderful wife, but do not tell her I said so, it might get me into some kind of a situation. This year we will have been married some 43 years and why she has put up with the likes of me all this time I will never know. Actually, the fact that she has put up with me all these years brings into question her sanity.

I know I could not put up with myself all that time. Last week I was beside myself and had to get up and move.

I have some wonderful children and grandchildren. It would be nice to live long enough to see my great-grandchildren, but I am not pushing that issue. I am rejoicing in what I Have.

The best thing that I have, the thing I treasure the most, is my relationship with God. I can identify with what David said, "The LORD is my shepherd; I shall not want" (Psalm 23:1).

What David is really saying here is that when "the Lord is my Shepherd," then the reality is simply, "I shall not want." The other side of the picture is true as well. If I find myself constantly in want, maybe the Lord is not my Shepherd.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net or website www.jamesnsnyderministries.com.

[illegible]

County Clerk of Los Angeles County on 06/09/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-159055
The following person(s) is (are) doing business as: STRATEGIC PRINTING SOLUTIONS INC.; STRATEGIC PRINTING, 4040 OVERCREST DR., WHITTIER, CA 90601. Full name of registrant(s) is (are) GURPREET GARY SINGH GOGIA, 4040 OVERCREST DR., WHITTIER, CA 90601. This Business is conducted by: AN INDIVIDUAL. Signed: GURPREET GARY SINGH GOGIA. This statement was filed with the County Clerk of Los Angeles County on 06/09/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-159357
The following person(s) is (are) doing business as: SUNRISE LIFT SERVICE, 13906 RAMONA DR., WHITTIER, CA 90605. Full name of registrant(s) is (are) ROBERT URIAS, 13906 RAMONA DR., WHITTIER, CA 90605. This Business is conducted by: AN INDIVIDUAL. Signed: ROBERT URIAS. This statement was filed with the County Clerk of Los Angeles County on 06/12/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A.

NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-159028
The following person(s) is (are) doing business as: TAZ FASHION JEWELRY, 1299 GALLERIA AT TYLER, RIVERSIDE, CA 92503. Full name of registrant(s) is (are) RINI HASAN CHOUDURY, 1299 GALLERIA AT TYLER, RIVERSIDE, CA 92503. This Business is conducted by: AN INDIVIDUAL. Signed: RINI HASAN CHOUDURY. This statement was filed with the County Clerk of Los Angeles County on 06/11/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-157743
The following person(s) is (are) doing business as: THE DOG HOUSE HDS, 5125 CANDLEWOOD AVE., LAKEWOOD, CA 90713. Full name of registrant(s) is (are) JULIE HARRIS, 4161 OCAÑA AVE., LAKEWOOD, CA 90712. This Business is conducted by: AN INDIVIDUAL. Signed: JULIE HARRIS. This statement was filed with the County Clerk of Los Angeles County on 06/10/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 03/01/2014. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-160341
The following person(s) is (are) doing business as: TRANSFORMER WINDOWS, 2811 E. FLORECE AVE., HUNTINGTON PARK, CA 90255. Full name of registrant(s) is (are) JOSE ALBERTO GONZALEZ, 2811 E. FLORECE AVE., HUNTINGTON PARK, CA 90255. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE ALBERTO GONZALEZ. This statement was filed with the County Clerk of Los Angeles County on 06/12/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/12/2014. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-159096
The following person(s) is (are) doing business as: TULIOS TRUCKING, 1026 S. NORTON AVE. #2, L.A., CA 90019. Full name of registrant(s) is (are) MARCO TULIO GARCIA, 1026 S. NORTON AVE. #2, L.A., CA 90019. This Business is conducted by: AN INDIVIDUAL. Signed: MARCO TULIO GARCIA. This statement was filed with the County Clerk of Los Angeles County on 06/11/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 04/21/2009. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-160879
The following person(s) is (are) doing business as: WALT'S TRUCK AND AUTO REPAIR, 1019 E. 56th ST., L.A., CA 90011. Full name of registrant(s) is (are) WALTER FLORES, 1019 E. 56th ST., L.A., CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: WALTER FLORES. This statement was filed with the County Clerk of Los Angeles County on 06/13/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FICTITIOUS BUSINESS NAME STATEMENT File No. 2014-160002
The following person(s) is (are) doing business as: YH WHOLESAL, 2648 CHICO AVE., S. EL MONTE, CA 91733. Full name of registrant(s) is (are) SYMELI, INC., 2648 CHICO AVE., S. EL MONTE, CA 91733. This Business is conducted by: A CORPORATION. Signed: HAI YU. This statement was filed with the County Clerk of Los Angeles County on 06/12/2014. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News Dates Pub: June 14, 21, 28, July 05, 2014

FILE NO. 2014-161704
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANDY WC LEE, 3011

BALDWIN ST., L.A., CA 90031, has/have abandoned the use of the fictitious business name: ANDY LEE STUDIO ART AND DESIGN, 3009 BALDWIN ST., L.A., CA 90031. The fictitious business name referred to above was filed on 12/10/2012, in the county of Los Angeles. The original file number of 2012244765. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/13/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ANDY WC LEE/OWNER. Publish: Monrovia Weekly/JDC Dates Pub: June 14, 21, 28, July 05, 2014

FILE NO. 2014-157661
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) BIN WENG, 133 N. PARK AVE., MONTEBELLO, CA 90640, has/have abandoned the use of the fictitious business name: MECCA NAILS SPA, 4948 WHITTIER BLVD., L.A., CA 90022. The fictitious business name referred to above was filed on 09/19/2011, in the county of Los Angeles. The original file number of 2011017895. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/10/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: BIN WENG/OWNER. Publish: Monrovia Weekly/JDC Dates Pub: June 14, 21, 28, July 05, 2014

FILE NO. 2014-159434
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) EROCK UNLIMITED SERVICES, INC., 11338 ATLANTIC AVE., LYNWOOD, CA 90262, has/have abandoned the use of the fictitious business name: ONE STOP MULTI-SERVICES #1, 2456 SANTA FE AVE., LONG BEACH, CA 90810. The fictitious business name referred to above was filed on 05/19/2011, in the county of Los Angeles. The original file number of 2011033855. The business was conducted by: A CORPORATION. This statement was filed with the County Clerk of Los Angeles on 06/12/2014. The

business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: LETICIA PEREZ/PRES. Publish: Monrovia Weekly/JDC Dates Pub: June 14, 21, 28, July 05, 2014

FILE NO. 2014-159433
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) EROCK UNLIMITED SERVICES, INC., 11338 ATLANTIC AVE., LYNWOOD, CA 90262, has/have abandoned the use of the fictitious business name: ONE STOP MULTI-SERVICES #2, 11338 ATLANTIC AVE., LYNWOOD, CA 90262. The fictitious business name referred to above was filed on 11/14/2011, in the county of Los Angeles. The original file number of 2011099291. This statement was filed with the County Clerk of Los Angeles on 06/12/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: LETICIA PEREZ/PRES. Publish: Monrovia Weekly/JDC Dates Pub: June 14, 21, 28, July 05, 2014

FILE NO. 2014-158091
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANA ELVA HERRERA, 11933 PARAMOUNT BLVD., DOWNEY, CA 90242, has/have abandoned the use of the fictitious business name: THE ELEGANT STYLE FASHION, 11933 PARAMOUNT BLVD., DOWNEY, CA 90242. The fictitious business name referred to above was filed on 10/03/2011, in the county of Los Angeles. The original file number of 2011109733. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 06/11/2014. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ANA ELVA HERRERA/OWNER. Publish: Monrovia Weekly/JDC Dates Pub: June 14, 21, 28, July 05, 2014

City of Sierra Madre

PUBLIC HEARING NOTICE

To: Property Owners within a 300-foot radius
From: The City of Sierra Madre
Subject: TENTATIVE PARCEL MAP 13-05
Applicant: Bowden Development, Inc.
Project Location: 75 N. Canon Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider a request for a lot split for the property at 75 N. Canon Avenue. The applicant is proposing to split the existing 24,424- square-foot parcel into two (2) parcels measuring 16,055 square feet and 8,369 square feet.

DATE AND TIME OF HEARING
City of Sierra Madre
Planning Commission meeting
Thursday, July 17th, 2014
(Hearing begins at 7:00 p.m.)

PLACE OF HEARING
City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for Class 15 Categorical Exemption (Minor Land Division), pursuant to Section 15315 of the California Environmental Quality Act (CEQA).

APPEAL: The decision of the Planning Commission is subject to a 10-business-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Development Services Department at (626) 355-7138.

By Order of the Planning Commission

Danny Castro, Director of Development Services



We'd like to hear from you!
What's on YOUR Mind?

Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: [#mtnviewsnews](https://twitter.com/mtnviewsnews)



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Kids: color stuff in!



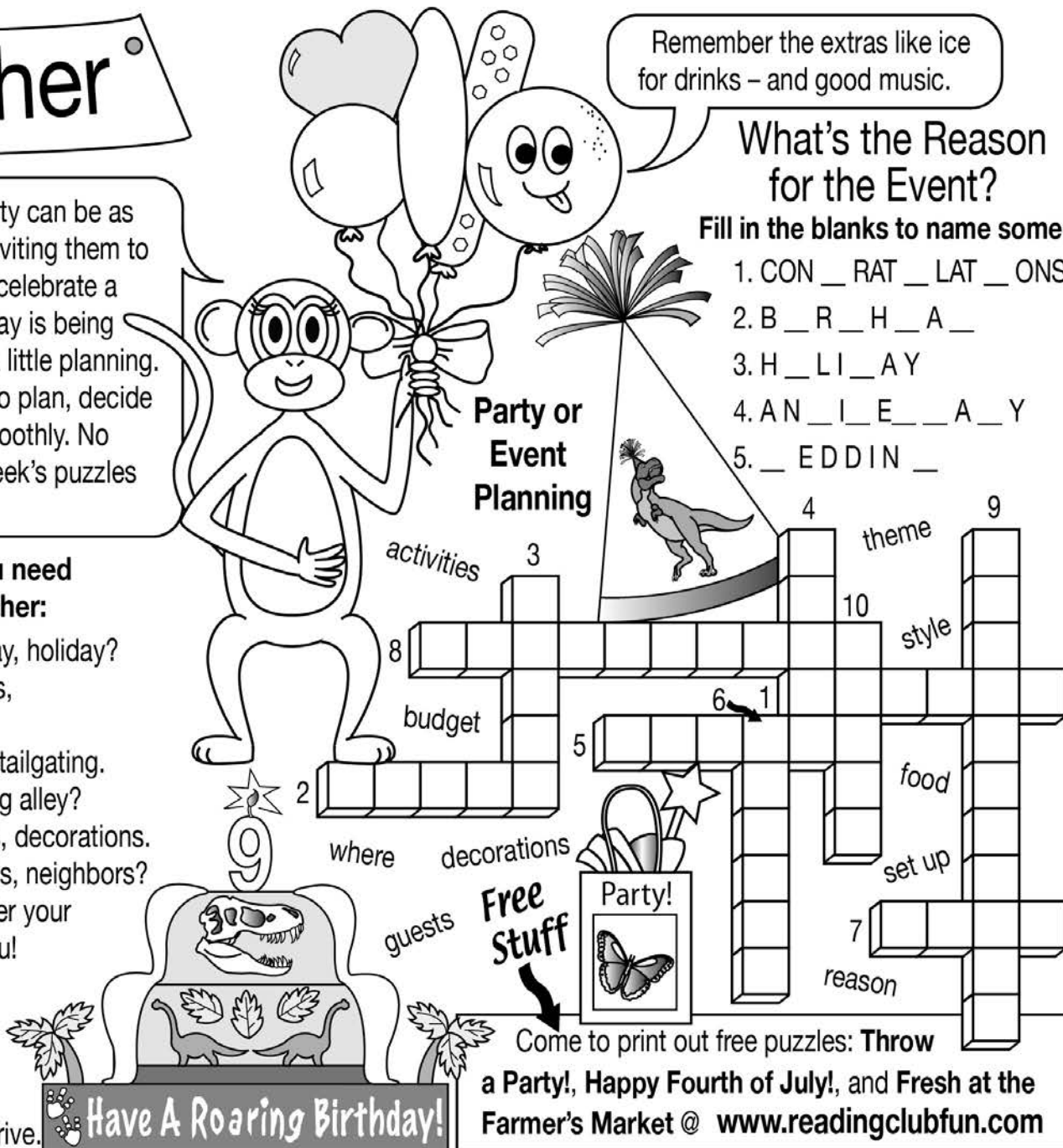
Let's Get Together

Have you ever planned a party? Setting up a birthday party can be as easy as calling, texting or emailing a couple of friends and inviting them to come to your house at the same time. All you really need to celebrate a birthday is a cake – and, of course, the person whose birthday is being celebrated! This is a low-cost, but fun time that needs only a little planning.

On the other hand, if you want a larger party you'll need to plan, decide on a budget and do more work to get everything running smoothly. No matter what kind of party you might choose to throw, this week's puzzles will help you learn **"How to Plan a Party or Event!"**

Read the clues to fill in the puzzle with the things you need to think about when planning a party, event or get-together:

1. What is the _____ for the party or get-together: birthday, holiday?
2. Figure out a fun subject or _____ for your party: pirates, dinosaurs, cartoons, princesses, robots or animals.
3. Decide on the kind of party or its _____: luncheon, picnic, tailgating.
4. _____ will your party be held: beach, backyard, bowling alley?
5. Think of the cost and set a _____ to cover food, drinks, decorations.
6. Who and how many _____ will you invite: family, friends, neighbors?
7. What sort of refreshments or _____ do you want to offer your guests: taco buffet, hot dogs, ice cream, cake? It's up to you!
8. What kinds of _____ will you do: horseshoes, badminton, swimming, pin the tail on the donkey, races?
9. What kinds of _____ do you want to spice up your party: streamers, balloons, lanterns, centerpieces?
10. Make sure you finish the _____ before your guests arrive.



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WHAT ON 98

July 7 - July 13, 2014

The Girl from Rio' is playing Friday at 1:00 p.m.

Released on August 7, 1939: Marquita's brother is falsely accused of murder, and she must go to New York City to clear his name and find the real killer.

Movita Castaneda was born on December 4, 1917 on a train from Mexico to Arizona, just as the train was approaching Nogales, Arizona. Thus Movita earned American citizenship and this Mexican American beauty starred in several movies in the thirties and forties, usually as a Latin singing beauty. But her acting career isn't all that makes her famous. Although six years older than him, Marlon Brando made her his second wife in 1960, and she was mother to two Brando children, Miko and Rebecca Brando.

In this movie Movita is a young beautiful girl in Rio who is about to go on stage for the first time as a singer, and her maid is working to squeeze Movita into her dress for the performance. During this scene, Movita makes an offhanded remark that was probably very scandalous for 1939 motion pictures. Her maid complains that if she doesn't get the dress buttoned carefully it may fall off in the middle of her performance, and how would that look? Movita doesn't pause a second before replying that she thinks she would look pretty good if that happened.

Before she can leave for the theater, she gets a telegram from New York City, where her brother is dancing. The telegram says that her brother has been arrested and charged with murder. Marquita (Movita) drops everything and heads for New York City to help her brother. It seems that her brother and his new wife were dancing for a nightclub that burned down and a man was killed in the fire. Her brother is framed quite well for the fire and death, and it looks like prison for him if Marquita cannot prove her brother innocent. She manages to get a job singing for the nightclub owner that probably framed her brother, and we watch as the tension builds and The Girl From Rio risks her life between songs to save her brother from the electric chair.

by Jimbo Berkey

This is how the schedule works:

- | | |
|----------|---|
| 7-9 | Comedy movies |
| 9-11 | Comedy movies and A Taste of Theater |
| 11- Noon | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1-3 | Romance movies |
| 3-5 | Film Noir movies and Dragnet |
| 5-6 | Comedy movies |
| 7-9 | Mystery movies |
| 9-10 | Crime movies |

This programming is only available for Sierra Madre Time Warner customers. Those who do not subscribe to Time Warner will not be able to view the programming available on Channel 98.

My Picks of the Week

- | | |
|-----------|----------------------|
| Monday | Charlie Chans Secret |
| Tuesday | Borrowed Hero |
| Wednesday | Frolics on Ice |
| Thursday | Follow Your Heart |
| Friday | The Girl from Rio |
| Saturday | Brilliant Marriage |
| Sunday | Ticket of Leave Man |

Make sure you have your popcorn ready, gone to the potty, cushions fluffed and your are comfortable. There are no interruptions during the movie. The films are not edited for time or content.

The City of Sierra Madre is not funding any aspect of the printing, videos, movies, tv shows etc. Not one taxpayer dime has been spend on this programming.

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"DIXIE JAMBOREE"

Hyams TV Films present
MURDER IN THE RED BARN
Starring
TOD SLAUGHTER

THIS WEEK ON 98

| Monday 7.07.14 | Movies |
|-------------------|--|
| 7 to 8 am | Were In The Legion Now & Timber Queen |
| 9 to 10 am | Texas Brooklyn and Heaven |
| 11 to 12 pm | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1 to 2 pm | False Pretenses |
| 3 to 4 pm | Charlie Chans Secret |
| 5 to 6 pm | Harmony Lane |
| 7 to 8 pm | The Sin of Nora Moran |
| 9 to 10 pm | Murder With Pictures |
| Tuesday 7.08.14 | Movies |
| 7 to 8 am | Unforgotten Crime & Ticket to Paradise |
| 9 to 10 am | Make A Wish |
| 11 to 12 pm | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1 to 2 pm | Sorority House & The Presidents Mystery |
| 3 to 4 pm | The Phantom Light |
| 5 to 6 pm | Haunted Ranch |
| 7 to 8 pm | Borrowed Hero |
| 9 to 10 pm | It Couldn't Have Happened |
| Wednesday 7.09.14 | Movies |
| 7 to 8 am | Meet Dr Christian & Who Killed Doc Robbin |
| 9 to 10 am | The Big Wheel |
| 11 to 12 pm | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1 to 2 pm | Along Came Love & Down to the Sea |
| 3 to 4 pm | Mercy Plane |
| 5 to 6 pm | Frolics on Ice |
| 7 to 8 pm | The Hoodlum |
| 9 to 10 pm | The Rogues Tavern |
| Thursday 7.10.14 | Movies |
| 7 to 8 am | Mooch Goes to Hollywood & Desirable Lady |
| 9 to 10 am | Good Morning Boys |
| 11 to 12 pm | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1 to 2 pm | Law of the Jungle & The Girl from Monterey |
| 3 to 4 pm | Charlie Chan In Paris |
| 5 to 6 pm | Follow Your Heart |
| 7 to 8 pm | Framed |
| 9 to 10 pm | Skyway & Irish Luck |
| Friday 7.11.14 | Movies |
| 7 to 8 am | Club Paradise & Night Life in Reno |
| 9 to 10 am | Three of a Kind |
| 11 to 12 pm | Beverly Hillbillies, Love that Bob, The Lucy Show, Little Margie |
| 1 to 2 pm | The Girl from Rio & the World Accuses |
| 3 to 4 pm | Murder In The Red Barn & Dangerous Holiday |
| 5 to 6 pm | Dixie Jamboree & Toll of the Desert |
| 7 to 8 pm | Midnight Phantom |
| 9 to 10 pm | The Thirteenth Guest & Texas Terror |
| Saturday 7.12.14 | Movies |
| 7 to 8 am | Lumberjack & Wild Brian Kent |
| 9 to 10 am | Cavalry & Cattle Stampede |
| 11 to 12 pm | Song of the Gringo & Phantom of the Range |
| 1 to 2 pm | Aces and Eights & Prairie Pals |
| 3 to 4 pm | Brilliant Marriage & Winds of the Wasteland |
| 5 to 6 pm | The Gorilla & Billy The Kid Returns |
| 7 to 8 pm | Happiness COD & Alias John Law |
| 9 to 10 pm | The Panthers Claw & Law of the Rio Grande |
| Sunday 7.13.14 | Movies |
| 7 to 8 am | Reg Lar Fellers & Born to Battle |
| 9 to 11 am | Kids A Cookin' - 2 hours of kids cooking shows |
| 11 to 12 pm | Here's Flash Casey & Freaks |
| 1 to 2 pm | Smart Alecks & Code of the Mounted Police |
| 3 to 4 pm | Dr. Christian Meets the Women & Alexander the Great |
| 5 to 6 pm | With Love and Kisses & Jim Hanvey Detective |
| 7 to 8 pm | Great Expectations |
| 9 to 10 pm | Ticket of Leave Man & Undercover Agent |

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