

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

Where Your
Community News Comes First

SATURDAY, AUGUST 30, 2014

VOLUME 8 NO. 36

PROMINENT SIERRA MADRE BUSINESSMAN ED CLARE PASSES AWAY



On Wednesday, Sierra Madre lost another of its' leading citizens, Ed Clare. He died from an apparent heart attack at his home. He was two weeks shy of his 69th birthday.

Ed was the owner of Ed Clare Electric, a company founded by his father. He was a member of the Sierra Madre Kiwanis Club and VFW 3208.

Funeral arrangements were pending at press time.

EVERY DROP COUNTS!

Residents need to be aware of the new restrictions on watering.

Even-numbered addresses are limited to landscape irrigation on Mondays and Thursdays. Odd-numbered addresses and addresses ending in fractions are limited to landscape irrigation on Tuesdays and Fridays.

For more information on the City's water conservation efforts, please click here or call City Hall at 626.355.7135. If you would like to report water waste you can now do so on the City's website or by emailing water@cityofsierramadre.com. Please describe how water is being wasted, include the location, and a photo if available. We will then send a courtesy notice to the property so the issue can be fixed. Every drop counts!

Send an Email to water@cityofsierramadre.com OR use the form on the city's website: www.cityofsierramadre.com

Describe how water is being wasted, include location, and photo if available.

TOWN HALL MEETING: Child Safety and AWest

On Tuesday evening, the Sierra Madre Police Department, led by Chief Larry Gianonne and Captain Carlos Islas held a Town Hall meeting that was dedicated to educating the public on how to keep our children safe. The topics discussed were School Safety, Traffic Safety, and Internet Safety. SMPD Detective Henry Amos and SMPD Officer Elena Lozano also shared valuable information for those in attendance.

FBI agents Bryan Willet and Scott Love spoke on the pitfalls and potential perils of the internet and on cyber safety/crime and how to protect yourself and your family.

While the presentations were outstanding and provided the audience with valuable information, the majority of those in attendance wanted to hear from the Police Chief more about the convicted sex offender AWest who has come back to Sierra Madre to live.

The story of his return was an exclusive in the August 23rd edition of the Mountain Views News. (<http://mtnviewsnews.com/v08/htm/n34/index.htm>). Since that time, the community has been outraged that state and federal officials have not enforced the existing statutes that would prevent AWest from living within 2000 feet of a school or park, and that it took several months from the time of his registration to the time his profile was posted on the Megan's Law website.

The matter has now drawn the attention of the main stream media. The Town Hall meeting was covered by all of the local television stations who were contacted by concerned parents. KFI Radio has aired a segment with a Sierra Madre resident



named "Ellen" on the matter. The main question that everyone wants answered is the same, what happened to Jessica's Law (Prop 83)? Why is it not being enforced?

Captain Gianonne shared with the audience the information he has received regarding enforcing Jessica's law from the Department of Justice and the District Attorney's office. He also attended the St. Rita PTA meeting on Thursday and again explained the situation. He lives approximately 345 feet from St. Rita school.

According to the information SMPD has been given, only the federal sentence has been governing his post conviction behavior and federal law does not have a residency requirement. Gianonne is awaiting for more in depth answers to the same questions that concerned citizens have been asking: Why isn't AWest required to comply with Jessica's Law? Why wasn't he listed on the Megan's Law website until after inquiries from the newspaper in August?



Convicted sex offender AWest cannot be within 100 feet of a child according for Federal guidelines.

AWest was convicted of one count of possession of child pornography in federal court and two counts of lewd and lascivious acts with a minor under the age of 14 (the victim was 6 years old), in state court. He was sentenced to 8 years under federal statutes and 6 years each for the state offenses. He was allowed to serve the sentences concurrently in Federal Prison and was released in January of this year after serving 8 years.

In telephone interviews with Brian Segal of the California Department of Justice regarding the state's jurisdiction over AWest under Prop 83. His answers were contradictory. He suggested that because the time had been served in a Federal Prison, state laws would not apply. When asked to cite the legal authority for that, he referred the author to the LA County District Attorney's Office.

One referral after another, (The Bureau of Investigation, the Investigator on Duty, the Sex Crimes Investigator, finally the buck stopped with the Office of Deputy District Attorney Barbara Murphy in Pasadena.

DDA Murphy, despite two days of non stop coverage on local TV and inquiries from other law enforcement agencies said, "I can't answer you because I haven't looked at the file". When asked if it was true that serving federal prison time would exonerate a convict from their post conviction remedies for their state convictions she said she didn't know.

When asked if a plea bargain could have been made that would have in effect freed AWest from complying with state law, she also could not or would not answer.

Interestingly, on the California Department of Corrections and Rehabilitation's website (http://www.cdcr.ca.gov/Parole/Sex_Offender_Facts/jessicas_law.html). It says:

"The law's [Jessica's] most significant provisions prohibit sex offenders from living within 2,000 feet of any school and park, and mandate Global Positioning System (GPS) supervision for life;

With the exception of Los Angeles County, CDCR parole agents are actively enforcing Jessica's Law's 2,000 foot residency restrictions."

Jessica's Law was passed in 2006 by California Voters - Proposition 83. It was born out of the outrage over the lack of monitoring of a sex offender that ultimately lead to the death of a child while the predator was out of jail. It has been tested in the courts twice, upheld by the Appellate Courts and one case is currently pending before the California Supreme Court.

Gianonne did inform residents that under the federal terms of his release and his status as a registered sex offender, AWest is not allowed to be within 100 feet of a child. The example given was if he entered Starbucks and there is a child in the store under 18, he must leave. Therefore, Gianonne asks residents to be watchful and should they notice a violation of the 100 foot rule to call SMPD immediately.

S. Henderson/MVNews

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Seeking Nominations for the 2014 Honor Awards

Sierra Madre Honors Awards is the City of Sierra Madre's opportunity to recognize and honor the true treasures of Sierra Madre, its volunteers, City Commissioners, and employees.

Send in your nomination by 5:00 pm, Thursday September 18, 2014.

George Mauer Lifetime Achievement Award
PAST WINNERS: Marilyn McKernan | Gordon Coldwell | George Enyedi | Richard Mays
Awarded to a person / entity whose lifetime of service embodies the spirit of volunteerism

Wistaria Award
PAST WINNERS: MWTR Committee | Friends of the Library | Sierra Madre Little League | Historical Preservation Society
Recognizes a City / Community partnership that assists with providing community-wide programs and services

Police Chief's Special Award
PAST WINNERS: Patricia Gonzalez | Jeannette Dabney | Carroll Eugene Gray | Jesse Cazares
Presented for outstanding service and duty to the community

Public Safety Award
PAST WINNERS: Todd Conrad | Casey Morrissey | Hank Landsberg | Emergency Communications Team
Awarded to an employee/individual for protecting and maintaining safety in the community

Public Service Award
PAST WINNERS: Miguel Hernandez, James Carlson | Toni Buckner | Debbie Henderson | Susan Clifton, Jose Reynoso
The Employee of the Year award for the remarkable public and customer service

Community Youth Service Award
PAST WINNERS: Aliyah Crochetiere | Lydia Kerns | Brittany Dashek
Presented to a youth (under 18) for outstanding service and dedication to the community

To Nominate: Simply e-mail or drop off a short letter at City Hall listing qualifications of your nominee by 5:00 pm, Thursday September 18, 2014.

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Weather Wise

6-Day Forecast - HOT

Sierra Madre, Ca.

Sun:	Sunny	Hi	90s	Lows	60s
Mon:	Sunny	Hi	90s	Lows	60s
Tues:	Sunny	Hi	90s	Lows	60s
Wed:	Sunny	Hi	90s	Lows	60s
Thur:	Sunny	Hi	80s	Lows	60s
Fri:	Sunny	Hi	80s	Lows	60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, September 9, 2014
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY
MEETINGS

City Council

Next City Council Meeting

September 9, 2014 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "08/12/2014" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

Monday, September 15:
Community Services Commission, 6:30pm

Wednesday, September 17:
Energy, Environment & Natural Resources, 7:00pm

Thursday, September 18:
Planning Commission, 7:00pm

Wednesday, September 24:
Library Board of Trustees, 7:00pm

*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.
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WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

KIWANIS this week:

Want Really Pure Water?
SIERRA FILTRATION SERVICES
Tuesday, Sept. 9th
33 E. Sierra Madre Blvd.
(The Lodge)
Lunch 12:00 - \$10.00
Program 12:30 and is FREE!
Reservations Call 626-355-0728



New!

THE KINDNESS
OF STRANGERS

Have a story to share about an unexpected kindness?

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or email: editor@mtnewsnews.com

Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

When They Depend on You...You Can Depend on Me!

The Sandwich Generation. Many Boomers who thought they were finished parenting are now caring for their own elderly parents. It's what Jane Wolf Waterman calls the POP Generation – parenting our parents.

I specialize in helping seniors and their family members with my unique **Silver Service Program** that is a 'one stop shopping' type approach to help you find a suitable community, determining the probable selling price and preparing the family home for selling, staging, packing, estate sales and many other services that are involved in getting your parents moved with less stress and top dollar.



I have 27 years experience specializing in working with:

- Executors and Successor Trustees
- Estate Planners
- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation – a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*



MIKKI PORRETTA
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Senior Services Director
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Rotary Club of Sierra Madre

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We have dynamic speakers each week.
For more info go to Facebook or Meetup



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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

WALKING SIERRA MADRE...The Social Side

By Deanne Davis

"Everybody should believe in something. I believe I'll have another coffee."
Author Unknown

Obviously this unknown author has visited Beantown, where the coffee is fantastic, the wi-fi is free, and they open at 5:30 in the morning! We love Beantown, like just about everybody else in Sierra Madre. It's the place to meet friends, hang out and read the paper, sit on the couches with little kids and play games and just generally enjoy life. Matt has enlarged the seating by adding another table and bench-type seating on the north wall and extending to the front window. Don't you love the café curtains! They came in when a TV pilot, which didn't quite make it into the schedule, filmed here in town. Remember? We became "Breezy Shore, New Jersey, Est. 1858."

Beantown isn't just about coffee, friends and neighbors. It's so much more! Every day the Beantown chefs create fresh cookies, pastries, cinnamon rolls, muffins, scones and other goodies. They make their own soups, quiches and now... Drum roll please: Gourmet Burgers! My burger loving buddy, John, and I went in to check out the burgers a week or so ago and we'll be going back! We had The Classic Burger, lettuce, tomato, red onion, mayo, cheddar cheese (I got pepper jack instead) on a toasted white brioche bun. For another .75 you could add bacon or guacamole. We felt that was gilding the lily, though, and just had The Classic as it comes. Oh man, was that good! You can have your burger with their Angus 80/20 burger blend or turkey or their Black Bean Veggie Burger. Check these out: The Beantown Burger, which includes their special black bean and corn topping, pepper jack cheese, lettuce and tomato with chipotle mayo. There's the Fire Roasted Pepper Burger with fire roasted red bell pepper, the Mushroom & Swiss, the Hawaiian, the Western Burger with fried onions, bacon, bbq sauce, cheddar cheese, lettuce, tomato, and mayo. If you haven't been in for a Gourmet Burger, you gotta go!

I asked Matt, that would be owner Matt Krantz, what made him decide to try Gourmet Burgers and he said the town needed a great burger and they already had this amazing grill that they used for chicken and stuff and so he thought he'd give it a try! Great decision! Each of the patties is hand formed with special seasonings added, which is probably why it's so good.

In addition to burgers, Beantown offers Panini and other specialty sandwiches, wraps, seasonal salads like Spring Almond, Cashew Chicken, Greek and the ever popular Tuna or Chef's Salad. And then there's breakfast. Folks stand in line for the Breakfast Burrito: scrambled eggs, potatoes, onion, bell pepper, cheese and fresh salsa with bacon or sausage or the Bean Town Bowl – which is pretty much the same as the Breakfast Burrito except in a bowl instead of a tortilla. The oatmeal is outstanding with almonds and raisins, there's breakfast quiche and fresh fruit. You could enjoy something absolutely wonderful every meal of your day!

And there's world famous Fosselman's ice cream, which has been around since 1919, and a variety of blended frozen drinks.

But Matt's not finished yet. He feels that variety in the menu is a good thing and new items are coming soon. With the baristas in front and the chefs in the back, he feels there are many exciting new things to bring to our community. Speaking of which, Matt and the Beantown staff know a lot of us by our first name and they appreciate their regular customers and those who can't start their day without a cup of Beantown coffee and a little something to nibble on.



Bean Town's Matt Krantz

The coffee, unique to Beantown, is from Klatch, whose founder and roastmaster, Mike Perry, combined a chemical engineering degree and mentoring with other coffee greats such as Alfred Peet and Carl Deidrich to achieve a blend of science and flavor that he calls "Peak of Flavor." Matt has a great working relationship with Klatch, another family business, close by in San Dimas. Mike and Matt are on a first name basis and if Beantown finds they have a special need, Klatch folks can make a run to Sierra Madre. Klatch is essentially another small vendor, which are the kinds Matt really likes to partner with, feeling that smaller vendors need to support each other.

Originally from Orange County, Matt spent some time at PCC and a couple of other college type places. His degree is in Commercial Photography, working with builders and architects and doing packaging for coffee companies. Matt has owned Beantown for eight years now. It took a while to get into the black, but Beantown is a success, thanks to his great staff and the community. Matt and his wife, Kathleen, have two little people, a 2-1/2 year old daughter and a new baby, a 4 month old little guy. Kathleen is a busy person herself, being a Bakery Manager for Bristol Farms Corporation. Thinking he had a few hours left in his week, Matt has a new business going, Sierra Filtration, which is home water filtration systems. After Matt got through telling me what's going on with our water heater, which, apparently, is rapidly filling up with all sorts of stuff from our water, I think we're going to have to check that out, too!

There's a phone order line: 626-355-1596! Open M-W: 5:30 a.m.-9:00 p.m.; Th-Sat: 5:30 a.m.-10:00 p.m.; Sun: 6:00 a.m.-10:00 a.m. They're at 45 No. Baldwin, but you already know that!

My book: "A Tablespoon of Love, A Tablespoon of Laughter" is available on Amazon.com; or at <https://www.createspace.com/4561071>

Sierra Madre Police Blotter

During the week of Sunday, August 24th to Sunday, August 31st, the Sierra Madre Police Department responded to approximately 368 calls for service.

Sunday, August 24th

At 7:15 pm, Sierra Madre Police responded to the 700 block of Skyland Dr. regarding an animal bite. Upon arrival, Officers were informed by the victim that while he was out walking his dog near Skyland and Idlehour, he came across a couple walking their two dogs. As the victim approached the other dogs, one of the dogs broke free from the owner and charged his dog. As the victim tried to protect his dog, he was bitten on the leg by the dog. The owners regained control of the attacking dog and stated to the victim the dog was up to date on all its shots, then fled. The couple was described as a Male Hispanic aged about 60 years with a height of 5'7" and a Female Hispanic aged about early 50s with a height of 5'5" to 5'7". The attacking dog was described to as a Rottweiler/Pit bull mix that was tan in color. This case has been forwarded to the Detectives Bureau.

Tuesday, August 26th

At 6:55 am, Sierra Madre Police responded to the 100 block of North Lima St regarding an auto burglary. Officers were informed by the victim that he parked and locked his vehicle at around 5 pm the previous day in the carport area. When he had returned to his vehicle Tuesday morning, he noticed the right front passenger window had been smashed. The victim inspected his vehicle and reported some of his property missing. This case has been forwarded to the Detectives Bureau.

Wednesday, August 27th

At 6:18 pm, Sierra Madre Police responded to the station lobby regarding a petty theft report. Officers were informed by the victim that on August 25th, they received a citation for a missing 2015 registration tab. Knowing that they had placed their registration tab on their vehicle back in March, the victims then realized their vehicle registration tab was stolen off of the vehicle. This case has been forwarded to the Detectives Bureau.

Friday, August 29th

At 8:00 am, Sierra Madre Police responded to the station lobby regarding a petty theft report. Officers were informed by the victim that on August 28th, when she arrived home to her residence in the area of the 400 block of North Sunnyside Avenue, she noticed that the glass lantern located on her front patio was missing. As the victim looked around her residence, she came across several pieces of mail belonging to the 300 block of N. Lima St. on her lawn which she turned into the Police. The estimated value of the stolen property was placed around \$30.00.

Saturday, August 30th

At 1:00 pm, Sierra Madre Police responded to the 200 block of East Grandview Avenue regarding a vandalism report. Officers were informed by the victim that on August 28th, he parked his vehicle in front of his residence. The next day he returned to his vehicle and noticed several raw eggs had been thrown at his driver's side rear passenger door, along with several eggs shells located beneath his truck. The victim then washed his truck, noticing several scratches in the areas the eggs had hit his vehicle. This case has been forwarded to the Detectives Bureau.

Sunday, August 31st

At 6:45 am, Sierra Madre Police responded to the 70 block of North Lima St. regarding a woman screaming for help. As Officers arrived they came across a male subject standing in the drive way. The male informed Officers that he and his girlfriend had an argument over her drinking habits. When questioned by Officers how he sustained blood and scratches on his forearms and hands, the male chose to answer that it was only an argument. Officers noticed the male was highly intoxicated. As Officers progressed up the driveway, they were met with a female subject holding a young infant. Officers immediately noticed swelling and redness to the left side of her face and neck, along with a bruise under her left eye. She informed Officers she and her boyfriend got into an argument over his drinking and financial issues, which escalated to him hitting her. Several hours later, when she noticed the bruise under her eye, she confronted the male, and they began to argue again. The male struck her twice more, and she fled to the bathroom locking the door and began screaming for help. Through investigation, Officers determined the male to be the main aggressor and placed the man under arrest. The male was booked and charged with Domestic Violence by inflicting corporal injury.

HAPPY BIRTHDAY SIERRA MADRE MOUNTAIN CONSERVANCY

Look to our hills! You will see over 1400 acres of undeveloped land that has been acquired or set aside with the assurance that no parcel will ever be sold or developed.

The Sierra Madre Mountain Conservancy is celebrating its 25th birthday! Founded in 1989, the result of a casual conversation between then mayor Bruce Crow and Caroline Brown followed by a formal proposal by then Councilman George Maurer, it was the first local mountain conservancy to be established in the San Gabriel Valley. Its purpose is to contribute to the preservation of Sierra Madre's hillsides which provide protection from flooding and erosion, wildlife habitat, a portion of our watershed, and life-enhancing views. The Conservancy acquires land as permanent open space in three different ways: 1) voluntary

donation by the owner, 2) purchase of the land at an appraised fair market value price mutually agreeable to the seller and the Conservancy, and 3) a binding conservation easement by which the landowner, while retaining ownership, agrees to permanently maintain the land exclusively for conservation. Governance is provided by a Board of Directors which currently numbers eight, all residents of Sierra Madre.

On August 12th, the City Council presented a proclamation to the Conservancy recognizing and endorsing September 27th as National Public Lands Day. The Conservancy takes this date as its appropriate birth day.

Please celebrate with us as we celebrate 25 years of donations and acquisitions to protect and preserve our hillsides!

SIERRA MADRE CITY HAPPENINGS

Street Closure - N. Mountain Trail

Construction continues on the replacement of the existing water main in North Mountain Trail Avenue. The existing main was installed in 1928 and has been subject to multiple serious leakage incidents in recent years.

Motorists are advised to take alternate routes. Construction activity will take place weekdays between 7 AM and 4 PM and the project is expected to be complete October 8. The Contractor will make provisions for trash pickup and vehicular access for residents of the project area.

While every effort will be made to minimize inconveniences to neighboring residents, some impacts are unavoidable. The Water Department apologizes in advance for those inconveniences and asks for community patience with the project. The result will be a more reliable water distribution system.

Legal Guardian Workshop

Friday, September 26 from 6:30pm to 8:30pm, Sierra Madre Recreation Center

During this workshop you will discover the 6 most common mistakes in naming a guardian, how to choose the right guardian for your children, how to make sure your assets are available to the people you've named to care for your children, and why a Will alone is not simply enough. You will also leave with fully executed legal documents naming guardians for your children. Please reserve your spot by September 22 by calling 626-355-4000 or go

to www.guardianworkshop.com/rsvp.

Legal advice provided and any legal relationship resulting from the Legal Guardian Workshop is the sole responsibility of Attorney Marc Garlett. The City of Sierra Madre has no responsibility or liability for any legal advice or client relationship which may or may not result from participation in the Legal Guardian Workshop.

Senior Health Screenings

Saturday, September 20 from 9am-12pm
Hart Park House located at 222 W. Sierra Madre Blvd., Sierra Madre, CA 91024

Hosted by the Senior Community Commission and City of Sierra Madre Community Services Department, this event provides a variety of free to low cost health screenings and services for seniors age 55 and older. Don't miss the opportunity to receive these free or low cost services. Screenings are drop in and appointments do not need to be made. Screenings include: blood pressure, body mass index, hearing, memory, balance, acupuncture, flu shots and low vision. For more information contact the Hart Park House at 626-355-7394.

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woodhilldesigns@yahoo.com

ARTS Buses now Accept Tap Cards



The Pasadena Department of Transportation unveiled new TAP validators Tuesday that allows commuters to now use the Metro cards to be on all ARTS —Area Rapid Transit System— and Dial-A-Ride buses. The new program started Sept. 2. Riders who use TAP cards loaded with a Stored Value or EZ transit pass and riders who use Access Rider ID TAP cards can simply tap their cards at the validators upon boarding Pasadena's ARTS buses. For Dial-a-Ride buses, members can use TAP cards loaded with a Stored Value. The fareboxes will still be available, but many passengers feel TAP is a faster, more efficient way to pay. Using the validators will reduce passenger boarding time because riders don't have to pull out dollars or coins to feed the fareboxes. ARTS riders transferring to other transit operators will still need to use cash to purchase an interagency transfer from ARTS bus drivers. ARTS riders transferring between ARTS buses should continue requesting free paper transfers from ARTS bus drivers, according to City transportation officials. Pasadena ARTS and Dial-A-Ride will join 12 other transit providers in Los Angeles County that use TAP, including all of the other transit providers operating in Pasadena. The other transit providers servicing Pasadena that also use TAP are Metro (buses and Gold Line), Foothill Transit and LADOT. Commuters can purchase TAP cards online at taptogo.net, by phone at (866) TAPTOGO, (866) 827-8646, or in person at TAP sales locations, including any of the six Metro Rail stations in Pasadena.

Pet of the Week



Emma is a one-year-old black tabby. She loves to talk and enjoys being the center of attention. She's very active and enjoys playing with bottle caps. Emma's adoption fee is \$70, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet. Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A361421, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Pasadena Archers, Open Space Group at Odds

By Dean Lee
Two groups, the Pasadena Roving Archers and Stewards of Public Land, have taken to the internet to express opposite views on the future of the Lower Arroyo Archery Range, the city council is set to take up the issue at a meeting September 15. The Stewards of Public Land circulated a petition last week to stop an agreement between the city and archers to permanently prohibit "walking, jogging, dog-walking, birding and other forms of enjoyment of nature on the West side of the Lower Arroyo." The Pasadena Roving Archers say this is simply not true. "The archery range is not 'devoted to an exclusive private use,' The group stated. "It is available for public use for archery. The archery range is a designated-use area for a specific purpose, just like other City facilities such as Brookside Golf Course, the casting pond,



Photo courtesy of stewardsofpublicland.org

tennis courts, basketball courts." The Stewards of Public Land petition has been signed by community leaders Claire Bogaard, Tom Seifert, Dianne Philibosian, Ann Scheid, and Tim Brick. According to documents from the city's Recreation and Parks commission, the new license and operating agreement would include mandatory safety archery training classes, restrict vehicular access to the west side

of the flood control, provide \$1 million liability insurance and actively market the programs to the Pasadena community, providing information about archery to the public. The archers have also started a petition in support of the plan at change.org under Pasadena Roving Archers. The city council meets at 6:30 p.m. in the Council Chamber, Pasadena City Hall 100 North Garfield Avenue, Room S249.

Free Drought Tolerant Landscaping Event



Pasadena Water & Power Department (PWP) customers can receive expert advice on cutting their irrigation bills with California-friendly plants, plus get bargain-priced rain barrels during a free Drought Tolerant Landscape & Rain Barrel Event from 10 a.m. to 2 p.m., Sunday, Sept. 14, at Descanso Gardens, 1418 Descanso Dr. in La Cañada Flintridge. Space is limited but PWP customers can reserve their seats now by calling the Pasadena Citizen Service Center at (626) 744-7311 or visiting www.CityofPasadena.net/CSC. To receive a free rain barrel at the workshop, participants must purchase one in advance at www.RainBarrelsIntl.com by Wednesday, Sept. 10. Click the "Events" tab and choose "Descanso Gardens. The \$85 barrels come in a choice of black or terra cotta, with a brass spigot that attaches to any garden hose. Pasadena residents can then apply for a \$100 rain barrel rebate through Metropolitan Water District's website, www.SoCalWaterSmart.com. Attendees are not required to purchase a rain barrel.

During the four-hour event, a landscape expert will show participants how to maximize their water-bill savings by choosing drought-tolerant plants and groundcover. Participants will also learn tips for putting their rain barrels to work, capturing rooftop runoff and providing backyard plants with chemical-free and nutrient-rich water. This is event is co-hosted by PWP, City of Burbank, City of Glendale, City of South Pasadena, Crescenta Valley Water District and Foothill Municipal Water District. Landscape irrigation accounts for up to 50 percent of Pasadena's water use. To help residents conserve, PWP offers a long list of rebates on water-saving landscape fixtures, as well as a \$2-per-square foot turf removal rebate to entice property owners to replace thirsty lawns with drought-tolerant, native landscaping. Find a full list of available rebates, as well as conservation tips, a water-saving landscape guide, before-and-after photos and how-to videos at www.PWPweb.com/SaveWater.

Jet Propulsion Laboratory September Event Calendar

September 11-12: Free Lecture – Studying Soil Moisture From Space– NASA's Soil Moisture Active Passive Mission
NASA's Soil Moisture Active Passive, or SMAP, is a remote sensing mission designed to measure and map Earth's soil moisture distribution and freeze/thaw state with unprecedented accuracy, resolution and coverage. Using a single satellite launched into a near-polar, low-altitude orbit, SMAP's state-of-the-art radar and radiometer sensors are able to peer beneath clouds, vegetation and other surface features to create global maps of these measurements every 2-3 days over a period of three years. Data from SMAP will be used in an extraordinary variety of important scientific applications and research, addressing weather forecasting and climate modeling, drought, flood and landslide predictions, agricultural productivity, and seasonal climate-related human health issues. Free lectures on September 11 at JPL, The von Kármán

Auditorium at JPL 4800 Oak Grove Drive; September 12 at Pasadena City College, The Vosloh Forum at Pasadena City College 1570 East Colorado Blvd.; both at 7 p.m.
September 21: NASA's Maven Spacecraft Arrives At Mars
NASA's Mars Atmosphere and Volatile Evolution (MAVEN) spacecraft, on approach to Mars, will fire six orbital insertion thrusters on Sunday, Sept. 21, slowing down so that Mars will gravitationally catch the spacecraft into orbit. The orbital mission will investigate how Mars lost its atmosphere and abundant liquid water. By analyzing the planet's upper atmosphere and measuring current rates of atmospheric loss, MAVEN scientists hope to understand how Mars transitioned from a warm, wet planet to the dry desert world we see today. MAVEN is managed by NASA's Goddard Space Flight Center, Greenbelt, Maryland, and is part of the broader NASA Mars Exploration Program managed by JPL.

Mayor Bogaard Will Not Seek Re-Election

After serving almost 16 years, Pasadena Mayor Bill Bogaard announced Tuesday his decision not to seek re-election as the City's first directly elected mayor— he first took office as mayor in 1999. According to a press statement, Bogaard sent a two-page letter to many of his long-time friends and supporters saying it was "a reluctant decision" not to seek re-election for a fifth term. "There is never a good time for a decision like this and so, after lots of thinking and often conferring with many of you, I have reached a reluctant decision not to run for re-election," Bogaard wrote. "I don't want to look back and find I stayed too long and I want to go on to other activities which will include much more time spent with Claire [his wife] and the other members of our family."

Mayor Bogaard shared that the ongoing economic challenges means this is not the perfect time for him to step away, but he encouraged City officials to continue maintaining a strong fiscal condition and "pursue a strong local economy" plus youth development programs; strong public education; affordable housing and homeless services; renewable energy sources, water conservation; and planning and zoning guidelines "that protect and strengthen the character of our city."

City Manager Michael Beck highly praised Bogaard for his leadership as the City's top elected official, providing a positive and inclusive influence for the City during challenging economic times and tough budget choices; high-profile projects including the Rose Bowl Pavilion renovation, the Convention Center and Gold Line expansion projects and the



Pasadena Mayor Bill Bogaard long-term revitalization of Old Pasadena and the Playhouse District.

"You cannot overstate the profound impact that Mayor Bogaard has had in virtually every major accomplishment in Pasadena over the past 15 years. Pasadena would not be recognized as a national role model city without Mayor Bogaard's leadership," Beck said. "Mayor Bogaard embodies the best qualities that people want in an elected official."

Bogaard began his first four-year term as Pasadena's first directly elected mayor in 1999. He is currently completing his fourth four-year term. He serves as chair of Pasadena Bioscience Collaborative, a technology enterprise incubator and workforce development program, and the City's Emergency Services Council. He is a member of the Gold Line Foothill Construction Authority and serves on the boards for the Pasadena Educational Foundation and the Pasadena YMCA. In 1997, the City of Pasadena granted him its highest civic recognition, the Arthur Noble Award.

Antonovich Recognizes 104-Year-Old Pasadena Resident



Grandson Robert Ell, Raisa Ell, and Supervisor Antonovich

At the LA County Board of Supervisors meeting Tuesday, Supervisor Michael D. Antonovich recognized Pasadena resident Raisa Ell, on her 104th birthday. Born on July 25, 1910 in the Ukraine during the Russian Revolution, her family fled to China when she was 12 years old. In 1937, Raisa left

China for the United States and made her home in Los Angeles County. Recently, Raisa and her grandson Robert Ell helped to establish the Centenarians Project at the Pasadena Museum of History to document the lives of centenarians living in Pasadena.

Police Department to Host 'PPD En Espanol'

The Pasadena Police Department will kick off an all Spanish Speaking series of workshops known as "PPD en Espanol." PPD En Espanol was created to foster positive relationships with our Spanish speaking community. Participants will learn about Police operations and will obtain insight as to what services/resources the Police Department has to offer. The workshops are held at the police department every Wednesday night. The first workshop in the series starts tonight at 6PM and will continue for six consecutive Wednesdays. Graduation will be held on October 8, 2014. The Pasadena Police Department is very proud to announce that this is the third workshop held since its inception in 2013 and we have 50 participants in the current class!

For further information please feel free to contact the Community Services Section at (626) 744-4551.

Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training



PASADENA MEDIA

is also offered to volunteer crewmembers. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class offerings days and nights weekly
Station Schedule
Studio Camera & Floor Manager
Monday Sept. 8 at 6:00 p.m. - 8:00 p.m.
Orientation & Producers Training
Tuesday Sept. 8 at 6:00 p.m. - 8:00 p.m.
Producers Training
Wednesday Sept. 10 at 1:00 p.m. - 3:00 p.m.
Orientation & Tour
Wednesday Sept. 10 at 1:00 p.m. - 3:00 p.m.
Citizen Journalism Training
Wednesday Sept. 10 at 6:30 p.m. - 8:00 p.m.

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From Arcadia's Best

PARKING LOTS TRADED FOR SHOPS/APARTMENTS?

With the opening of the Gold Line light rail line, station, and transit plaza across the street from 24 Hour Fitness at First Avenue and Santa Clara Street less than two years away, two major mixed-use development proposals for Downtown Arcadia will be proposed in public at City meetings this month.

The first has made its way through several iterations recommended by the City of Arcadia and was presented to the Planning Commission on Tuesday, Aug. 26 in the City Council Chambers, was open to the public:

Dorn Platz 57 Wheeler (at First Avenue, adjacent to 24 Hour Fitness): A 38-unit apartment building above 16,000 square feet of commercial retail space on the first level. The multi-story building would replace the parking lot and restaurant building just east of the Post Office (the short-lived Alejandro Alcondez restaurant; formerly the Arroyo restaurant and, before that, the Sawmill restaurant in the 1970s). A subterranean parking garage would offer 60 parking spaces, with easy access from the parking garage of the new building to the multi-level parking structure attached to 24 Hour Fitness, a property also owned by Dorn Platz. An open "plaza" with a walkway and seating between the new building and 24 Hour Fitness is part of the proposed design.

City officials say that in order to comply with dedicated parking spaces for the proposed development, the new project would be allowed to "borrow" 37 parking spaces from the City's nearby parking lot behind the buildings on Huntington Drive during peak hours of 5-8 p.m.

The second project is at a much earlier concept stage and will be heard at a City Council Study Session at 6 p.m. Tuesday, Aug. 19, prior to the main City Council meeting at 7 p.m. City officials would first need to decide if they are open to the concept of developing the public parking lot at all. If so, they may choose to go with this developer or open it up for bidding to other developers. This is the first proposal for this land to make it to a presentation before the City Council:

Promenade on Wheeler: City parking lot conversion to apartment/retail complex: Matt Waken at MW Investment Group is proposing replacing most or all of the City's huge parking lot (229 spaces) behind the buildings on Huntington Drive west of First Avenue and north to Wheeler with a minimum of 115 "luxury" apartments encompassing 92,000 square feet, starting at a size of 600 square feet in a four-story building with 7,000-plus square feet of commercial space on the first-level. The City would lease the land to MW for 50-plus years. Developers, who have already built office buildings at nearby 488 E. Santa Clara St. and 233 N. First Ave., are hoping to also lease or purchase the adjacent parking lot owned by Denny's along Santa Anita Avenue (60 parking spaces), which would allow them to add 51 additional apartment units in Phase 2 and more commercial space. The front side of the development would face Wheeler Avenue across the street from the Post Office. City officials say Wheeler would need to be widened and become more of a true street. Although the backside along the alleyway between Santa Anita and First Avenues is yet to be designed, Waken said it would be attractive and feature open public access to the courtyard and swimming pool and even a walk-through from the alleyway to Wheeler Ave. Waken says the existing parking spaces would be replaced with ground-level parking at a cost of \$20,000 per space, while additional parking for the new development would be subterranean.

- By Scott Hettrick

Arcadia Police Blotter

For the period of Sunday, August 24th, through Saturday, August 30th, the Police Department responded to 1,069 calls for service of which 142 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 24:

Just before 12:22 a.m., an officer was dispatched to the 00 block of East Huntington Drive in reference to an intoxicated driver who just left the location. Upon making contact with the 35-year-old White female driver, the officer detected a strong odor of alcohol emitting from her breath. During a search of the vehicle, the officer discovered the driver was in possession of a controlled substance and the passenger, a 48-year-old White male, was in possession of marijuana. Both subjects were arrested and transported to the Arcadia City Jail for booking. The vehicle was later released to the registered owner.

At approximately 1:56 p.m., an officer responded to the 1200 block of Temple City Boulevard regarding a battery report. While arguing, the suspect, a 21-year-old Hispanic male, violently ripped the victim's glasses from her face, causing a 3-inch abrasion to her cheek. The victim's mother discovered the injury and reported the incident. The suspect fled the location and was not located.

Monday, August 25:

At about 6:36 a.m., an officer responded to a solo traffic collision in the 200 block of West Foothill Boulevard. For unknown reasons, Party-1 swerved and collided with the north curb, two mailboxes, and a fire hydrant. No other vehicles were struck and no injuries were reported.

At approximately 8:32 a.m., officers were dispatched to Santa Anita Inn, 130 West Huntington Drive, in reference to burglary report. An unidentified White male was seen exiting a hotel room carrying two bags. When a witness confronted him about the items, he returned them and immediately left location in a Honda Civic. The loss was unknown at the time of the report.

Tuesday, August 26:

Around 11:58 a.m., officers responded to the 1000 block of North First Avenue regarding a female screaming for help. An investigation revealed three Asian males in their early 20's knocked on the front door, presented a handgun, and forced entry when the victim opened the door. A short time later, the suspects fled the location in a black Isuzu SUV and headed southbound on First Avenue. Officers conducted an area check, but were unable to locate the suspects. No property was taken and no victims were injured.

Just after 9:36 p.m., officers were dispatched to a residence in the 1000 block of Loma Verde Drive in regards to a burglary in progress. An investigation revealed unknown suspect(s) entered the location through an unlocked rear window and ransacked the home before being scared off by the residents. The suspect(s) were not seen by the residents and officers were unable to locate them.

Wednesday, August 27:

Around 00:25 a.m., an officer attempted to make contact with a subject in the parking lot of 7-Eleven, 1003 South Baldwin Avenue, for riding his bicycle on the sidewalk. When the officer ordered the 27-year-old Hispanic male to stop, he fled and returned a few minutes later. Ultimately, the subject was counseled

and released with a warning.

Shortly after, the officer followed the subject as he walked in the 1000 block of South Baldwin Avenue and watched him remove a black trash bag from a bush. An investigation revealed he was in possession of drug paraphernalia. He was arrested and transported to the Arcadia City Jail for booking. At about 8:40 a.m., an officer responded to the 500 block of West Orange Grove Avenue regarding two suspicious subjects in the driveway of a residence. Upon arrival, the officer observed the subjects, a 33-year-old White female and a 38-year-old male of unknown race, rummaging through trash. An investigation revealed both subjects did not live there and had no permission to be on the property. The officer discovered the female subject was in possession of drug paraphernalia. She was cited in the field and released without incident.

Thursday, August 28:

At approximately 3:54 a.m., an officer was patrolling the area of Golden West Avenue and Fairview Avenue, and discovered a man asleep inside a parked vehicle. An investigation revealed the 31-year-old Chinese male was under the influence of an alcoholic beverage and unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

Around 5:21 p.m., an officer was dispatched to Nordstrom and the Santa Anita Mall, 400 South Baldwin Avenue, in regards to a fraud report. A 24-year-old Black male picked up a purchase, which was determined to be made on a fraudulent Nordstrom account. An investigation revealed he was in possession of fraudulent credit cards. He was arrested and transported to the Arcadia City Jail for booking.

Friday, August 29:

Just after 7:55 p.m., an officer located a parked vehicle in the 100 block of West Duarte Road and noticed its windows were fogged. Upon contact with the vehicle, the officer discovered an adult male subject and male juvenile engaging in sexual acts. An investigation revealed the subjects met through an online dating website. The 30-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking. The juvenile was later released to his parents.

At about 9:52 p.m., officers were dispatched to an injury traffic collision in the area of Las Tunas Drive and Holly Avenue. The driver of a 2014 Honda Accord made an unsafe left turn and collided with the center median, subsequently hitting a tree. An investigation revealed the 32-year-old White male was under the influence with a blood alcohol content greater than 0.08 percent. He suffered a bloody nose and shortness of breath, but refused treatment. He was arrested and transported to the Arcadia City Jail for booking.

Saturday, August 30:

Just after 7:40 p.m., an officer conducted an enforcement stop on a vehicle for street racing in the area of Santa Anita Avenue and Duarte Road. The driver, a 20-year-old Asian male, was arrested for Illegal Speed Contest and transported to the Arcadia City Jail for booking. His vehicle was impounded for 30 days.

At approximately 10:53 p.m., an officer working a sobriety checkpoint in the area of Santa Anita Avenue and St. Joseph Street made contact with the driver of a black Nissan Sentra. The driver explained his license was suspended and provided false information. An investigation revealed the 33-year-old Hispanic male was under the influence of drugs and had an outstanding no bail felony bench warrant. He was arrested and transported to the Arcadia City Jail for booking.

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Monrovia Police Blotter

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

72-Hour Mental Evaluation

August 28 at 3:30 p.m., officers responded to a business in the 700 block of East Huntington regarding two male subjects fighting. Upon their arrival, they found one of the subjects involved was trying to restrain the other. One of the subjects appeared to have blood on him. Further investigation revealed the violent subject was a mentally ill son that was with his mother at the business. The son ran across the street to a Halloween store where he got fake blood and started putting it on his face and head. The other subject was trying to stop the son and he became violent and started to fight. The subject was taken to a hospital, where was held for a 72 Hour mental evaluation.

Traffic Collision / Driving Under the Influence - Suspect Arrested

On August 28 at 4:37 p.m., dispatch received a call from the victim of a traffic collision, stating he was just rear ended by another driver at Huntington and Magnolia. When the other party exited his vehicle, the victim could smell alcohol on the driver's breath. The driver went back inside his vehicle and fled the scene. The victim followed the vehicle until an officer arrived and stopped the vehicle at Baldwin in Arcadia. After further investigation, the driver was arrested for hit and run and driving under the influence of alcohol.

Shoplifting / No-Bail Warrants

On August 28 at 10:18 p.m., officers responded to a business in the 1600 block of South Mountain regarding a female who had been denied a merchandise return and had concealed merchandise on her person. She was detained and was found to have two no-bail warrants for possession of stolen property. She was arrested and taken into custody.

Vandalism / Graffiti Bounty Awarded to Witness - Suspect Arrested

On August 28 at 11:59 p.m., a witness called police to report two male subjects, about 16 to 18 years old, vandalizing the stop sign on

the northwest corner of Lime and Jasmine. Officers arrived and detained the two subjects. They were positively identified by the witness and arrested; they were later released to their parents. The witness who reported the crime that led to the arrest of the suspects received \$100.00 from the Police Department's Stop Graffiti Bounty Program for reporting the crime.

Utility Problem

On August 29 at 12:25 p.m., officers responded to the 400 block of Los Angeles regarding possible downed wires. A short time later, numerous signals on Huntington and Foothill from Shamrock to Fifth started going out. The power also went out in several residential areas. The power continued to go out throughout the afternoon. Edison sent out crews and eventually fixed the problem.

Criminal Threats - Suspect Arrested

On August 29 at 5:41 p.m., a female victim and her friend ran into the police lobby stating her ex-boyfriend was following her and threatened to kill her and others. When officers ran out to the lobby, the suspect fled in his vehicle at a high rate of speed. He drove northbound on Ivy and failed to stop for two stop signs. The Foothill Air Support helicopter was called for assistance. An officer located the suspect vehicle in the area of Foothill and Mountain, and conducted a high-risk stop. Further investigation revealed the victim had a restraining order against the boyfriend because he threatened to kill her prior to this incident. The suspect was taken into custody for criminal threats.

Theft From a Vehicle

On September 2 at 2:27 a.m., police received a call from a witness reporting two male subjects running from a vehicle in the 600 block of West Colorado. The vehicle had its doors and trunk open and the subjects were wearing masks. The witness gave a suspect vehicle description, a white Chevrolet Cavalier, but the vehicle was not located. Officers conducted an area search and contacted the witness and then the victim. A few items were missing from the interior of the vehicle. There was no sign of forced entry. The investigation is continuing.

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RAISE KIDS' GRADES WITH STUDY TIPS FOR THE DIGITAL AGE

(StatePoint) It happened again this year: The kids are back in the classroom before you've had the chance to blink. Thankfully, new developments in education are making it easier than ever for students to hit the ground running.

These days, technology has the power to dramatically improve how kids digest, retain and apply information – if you know how to use it. Check out these great study tips that can help your student achieve the grades they strive for.

Quit Cramming

“All-nighters” are a relic of the “Saved by the Bell” era. Research now shows that students who cram the evening before a test or quiz are less likely to perform well the following day. Rest is critical for academic success.

Instead of packing learning into marathon sessions, students should maintain

a regular study schedule leading up to their tests and should make sure to get plenty of shuteye.

Create a Digital Tool-Kit

“Be prepared” is the simple motto of the Boy Scouts, and it applies to almost every facet of life. You wouldn't try to build a tree-house without a hammer, saw and nails -- you shouldn't study with an empty tool kit either. These days, there are unique tech tools available that make the studying process more efficient, engaging and effective.

For example, McGraw-Hill Education's LearnSmart provides an adaptive “digital tutor” that continuously assesses students' knowledge and skills and provides personalized recommendations that help them master content over time. By helping students focus their study time more on learning what they don't know and less on what they

already know, LearnSmart can help turn C students into B students and B students into A students.

The company also offers SmartBook, a personalized digital textbook that adjusts on the fly and highlights important information based on each student's current strengths and weaknesses. You can find more information on McGraw-Hill Education's entire family of adaptive learning tools at www.mheducation.com/back-to-school.

Jump Around

Not physically, but figuratively. When prepping for a test, most students review course materials in chronological order. While this approach may seem logical, research suggests that studying out-of-order helps students retain standalone knowledge more effectively. This allows them to recall information in a randomized fashion (the way it appears on

tests).

If your children apply themselves and use these tips to guide their studies, they'll have a leg up in the beginning of the school year. Whether it's McGraw-Hill Education's digital learning products, an outside-the-box approach to test-prep, or just a good night's sleep, a dynamic, modern approach to education can help your child thrive.

“This is the era of digital education,” said Jeff Livingston, senior vice president of McGraw-Hill Education. “We must continue to develop adaptive technologies that streamline the learning process and increase the potential of students everywhere.”

If your student has struggled in the past, or if you think he or she isn't reaching his or her true potential, try some new techniques to help make this school year the best one yet.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School

971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Chris Schnieders, PhD
Email: Jackykn@frostig.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us



(StatePoint) When thinking of heart disease, older adults typically come to mind, but children also can have heart disease, often with more devastating outcomes. Pediatric cardiomyopathy is a potentially life-threatening disease and the leading cause of sudden cardiac arrest (SCA) in children.

Cardiomyopathy is a chronic disease of the heart muscle that affects the heart's ability to pump blood. Some children who have the disease can be symptom-free and are unknowingly at risk for SCA. Approximately 2,000 people under 25 die of SCA every year according to the Centers for Disease Control and Prevention, but there are preventative measures for families.

“In many cases, if cardiomyopathy is detected early and managed properly, sudden cardiac death can be prevented,” says Lisa Yue, a parent who lost two children to cardiomyopathy and founder of the Children's Cardiomyopathy Foundation (CCF). The Foundation is launching the first Children's Cardiomyopathy Awareness Month in September to call attention to the disease. “Knowing the symptoms and risk factors for cardiomyopathy can help save lives.”

Know the Symptoms

Currently there is no formal cardiac screening process for children. While pediatricians can respond to more obvious symptoms, identifying pediatric cardiomyopathy can be challenging because some affected children are symptom-free. It is not uncommon for cardiomyopathy to be missed or misdiagnosed as a cold, flu or asthma.

Symptoms include shortness of breath, rapid breathing, fainting, chest pain, dizziness, heart palpitations and fatigue. Infants may experience poor weight gain, difficulty breathing, excessive sweating or lethargy. It is important for parents to communicate concerns to the pediatrician.

Know the Risk Factors

“Cardiomyopathy can occur in any child and be inherited or acquired through a viral infection or from cancer chemotherapy,” explains Steven Lipshultz, M.D., pediatrician-in-chief of Children's Hospital of Michigan and chair of CCF's medical advisory board.

Since the majority of cardiomyopathies are inherited, understanding a family's cardiac history is the best way to prevent premature death. Hereditary risk factors include having a family member who is disabled by heart disease, has died of heart disease before age 50, or was diagnosed with Long QT syndrome, cardiomyopathy, Marfan syndrome or a heart rhythm issue. Family members who exhibit symptoms such as chest pain, discomfort upon exertion, fatigue, fainting or high blood pressure should be evaluated by a cardiologist.

Protecting At-Risk Young Athletes

Adolescents with an underlying heart condition like cardiomyopathy are at a higher risk for SCA due to increased physical activity and certain body changes. SCA is the top cause of death on school property, and according to the American Heart Association these deaths occur most commonly in high-intensity sports.

To help keep young athletes safe, Senator Robert Menendez, Representatives Lois Capps and Bill Pascrell, Children's Cardiomyopathy Foundation and the National Athletic Trainers' Association introduced the Supporting Athletes, Families, and Educators to Protect the Lives of Athletic Youth (SAFE PLAY) Act, with provisions to protect student athletes from SCA.

For more information about cardiomyopathy, visit www.childrenscardiomyopathy.org.

Whether children are at home, in school or on the sports field, it is important for parents to understand the symptoms and risk factors of the disease.



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THE REEL DEAL: by Ben Show

AS ABOVE SO BELOW REVIEW

Nowadays, horror movies are a dime a dozen. They all involve demons of some sort, stupid characters, and derivative plots that get recycled every movie. So, what makes “As Above So Below” special in the horror genre?

Absolutely nothing. Scarlett (Perdita Weeks) is looking for the fabled philosopher's stone. It is rumored to be somewhere in Paris, but she has no idea where. After tracking down several key clues, she discovers the stone lies in the catacombs, and she and a team of guides go down into the ancient tunnels to find it.

This is like “Indiana Jones” gone wrong. Weak, whiny, and downright stupid characters make the movie funny. What makes this film hilarious is the fact that there are almost no demons/ghosts/evil spirits. Ninety-nine percent of the deaths come from the characters' own negligence. The only thing that makes this film any good is a very impressive technical trick used at the end of the movie. See “As Above So Below” if you are looking for a good laugh.



THE BEST CRAB CAKES AROUND!

Friend, part time resident and Sierra Madre's Harley Rider supreme, John Ebbs, called me out to find the best crab cakes around. I started in Long Beach at Gladstone's 4 Fish, the crab cakes were good, but seemed to have been patted down too long, so off I headed to Zuma Beach to Paradise Cove and same result, good but very pedestrian. The Front Runner has very good cakes during the racing season, though the price has approached almost \$30.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

My search continues on, and I might have found the best of the best just by pure circumstance. A friend had a "living social" deal that expired last Friday; we had to get to the Oceanview Restaurant post haste!! Lunch was our choice and man oh man did this restaurant come through. I spotted a crab cake entree for \$15 and I couldn't pass up the opportunity to give Mr. Ebbs one last effort. The cake was about as big as 1/4 pound burger, not patted down, not cooked too long, it was light, airy, fluffy and low and behold, just like I remember in Maryland, real crab lumps. A reviewer's dream, an unexpected surprise in Montrose, Ocean View restaurant gets an "A" for their cakes, also their fried pickle chips were sinfully good. Don't wait, run up to Montrose today.



AM 830

Oceanview Restaurant 3826 Ocean View Blvd. Montrose CA (818) 248-2722. Open Breakfast Lunch and Dinner

Save the Date: Monday, September 22nd the Taste of Arcadia is at the L.A. County Arboretum and yours truly is the guest emcee. Over 40 restaurant and wineries. Call (626) 447-2159 for advance tickets

Join me this Sunday at 4 PM on Radio Station KLAA AM 830, for a live.

Sierra Madre Kiwanis Club's Pancake Breakfast



Saturday, September 20
7:00 to 11:00 a.m.
in Memorial Park
\$5.00 donation



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Look for our Kiwanis
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 difference.

Proceeds to benefit Kiwanis 2014-2015 children's programs. Proceeds from the event will help fund the Creative Arts Group "Imagine Art Program" benefitting the students of the Sierra Madre Elementary School.



INGREDIENTS

2 tablespoons olive oil
 2 small shallots, chopped
 3/4 pound fresh Mexican chorizo or hot Italian sausage, casings removed
 2 tablespoons tomato paste
 1/2 teaspoon crushed red pepper flakes
 2 cups low-sodium chicken broth
 1 15-ounce can chickpeas, rinsed
 12 ounces small dried pasta (such as malloreddus or orecchiette)
 Kosher salt
 2 tablespoons chopped fresh flat-leaf parsley (optional)
 Finely grated Parmesan and lemon zest (for serving)

DIRECTIONS

Heat oil in a large skillet over medium-high heat. Add shallots and cook, stirring often, until beginning to brown, about 3 minutes. Add chorizo and cook, breaking up with a spoon, until browned and cooked through, 5-7 minutes.

Add tomato paste and red pepper flakes to skillet and cook, stirring, until paste darkens, about 1 minute. Add broth; bring to a boil, reduce heat, and simmer, stirring occasionally, until sauce is thickened, 15-20 minutes. Add chickpeas and cook until heated through, about 2 minutes.

Meanwhile, cook pasta in a large pot of boiling salted water, stirring occasionally, until al dente. Drain pasta, reserving 1 cup pasta cooking liquid.

Add pasta and 1/2 cup pasta cooking liquid to sauce. Cook, stirring and adding more cooking liquid as needed, until sauce thickens and coats pasta, about 3 minutes.

Serve pasta topped with parsley, if using, Parmesan, and lemon zest.

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GALE KOHL & FRIENDS DO TOMATOES!

At the Arboretum, 301 North Baldwin Ave., Arcadia, CA 91007
 Wednesday, September 17, 3-5pm
 \$50 Arboretum members; \$60 non-members (includes garden admission)
 Reservations Required: please call the Class Reservation Line at 626.821.4623

Summer means heat...vacation...heat...watermelons...camp...AND TOMATOES!!! Just outside of the Oak Room where the Fresh Cooking classes are held is a garden filled with all varieties of tomato plants to celebrate the season. These tomato plants were all generously donated by Gary Jones of Armstrong Garden Centers so do watch their growth progress as you walk by!

However, NO picking please as those wonderful fruits (yes...tomatoes are a fruit!) plus a few others will be the main ingredient in a delectable and fun class by Gale Kohl (of Gale's Restaurant) and Her Friends in September that focuses on "all things tomato." How about tomato sorbet?

Gale's Restaurant is consistently voted one of the very best and most popular establishments in the greater San Gabriel Valley!

Gale's Restaurant: 452 S. Fair Oaks Blvd., Pasadena, CA 91105; 626-432-6705; www.galesrestaurant.com

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Happy Tails

by Chris Leclerc



NED & PRINCE

My dear Auntie Evelyn will be turning 101 years old this coming November, and believe me when I say that you would never know it if I hadn't told you. She is remarkably healthy for her age, and she has a "steel-trap" memory that is as sharp as a tack! My mother's older sister, Evelyn Swallow-Leake was born in 1913 in Worcester, Massachusetts. She spent her teenage years

growing up during the Great Depression, which was a rather difficult time in America's history. On the other hand, it was a time that seems purely ethereal to me, at least from the way my Aunt Evelyn describes it. She always enjoys sharing her childhood memories with me, and I truly enjoy hearing them. I try to write most of what she shares with me in my journal, and I treasure them as if they were my own.

In one conversations I had with Aunt Evelyn, she recounted a very vivid memory of the times she accompanied her Uncle Carl Woods (my great uncle) on a horse-drawn carriage, during his lumber deliveries from one area of town to another. Evelyn, who was about 12 years old at the time, would wait by the road side after school had let out, knowing that was when Uncle Carl was expected to pass by with a horse-drawn rig, towing a load of lumber. She rode along with her Uncle Carl on his afternoon deliveries until it was time to take the horses back to the barn.

Even as a young child, Aunt Evelyn was an avid animal lover and she was fortunate to have had pets of her own. Her face lights up every time she reflects on her memory of showing affection to the two work horses that pulled the lumber truck Uncle Carl drove. She delights in remembering the fact that she made sure each horse got a carrot and a friendly pat on the nose before she was hoisted up and assumed her position up in the seat next to Carl, then off they would go. Among the many specific details that my aunt remembers about this experience, most amazing to me is the fact that she recalled the name of the company that Uncle Carl worked for at the time. It was "Stone & Berg Lumber Company" of Worcester, MA. Even more amazing is the fact that Auntie remembered the names of the two horses that pulled the loaded lumber cart. Their names were "Ned" & "Prince".

The day after Aunt Evelyn shared this fascinating story with me, I decided to do a little research on Stone & Berg Lumber Co., just to see if there was any history available on the internet that I could connect to Auntie's childhood memory. Well, I am happy to say that my Google search rendered way more than I had expected to find. First of all, I was so surprised to discover that Stone & Berg Company is still in business! I called the phone number I found on the website, and was directed to the current owner of the company, Jennie Berg. Jennie was very cordial and kind, taking the time to listen to my story my Aunt Evelyn so vividly remembered, of having been on several Stone & Berg lumber delivery excursions back in the mid 1920's.

Needless to say, Jennie was as please as I was with the fact that my Auntie had such clear memories about the early days of the Berg family's business, including such specific details as the names of the horses that pulled the cart and delivered the lumber. Jennie confirmed that my aunt's memories were consistent with the history of their company, and amazingly accurate down to the last detail. She was pleased to know that Auntie Evelyn was able to remember and share her story of having been there when the Berg family business was in the hands of her grandfather, so many years ago!

Soon after we talked on the phone, Jennie was thoughtful enough to send me a package of Stone & Berg Lumber Company memorabilia items, most important of which was a photograph of the two horses Auntie remembered, Ned and Prince, hitched and harnessed to a fully loaded lumber cart parked in front of the Stone & Berg building with a gentleman standing beside.

I forwarded the photograph to my Aunt Evelyn as part of her Christmas package that year, and after comparing the face of the man in the Stone & Berg picture to a family photo taken around the same time, she agreed that the man standing next to the hitched horses is indeed my great Uncle Carl! I can't begin to describe how happy it made me, to bring my Auntie's story to life and "full circle"! All it took was a listening ear, a little research and a bit of random kindness from someone I have never even met face to face. As you can well imagine, my Aunt Evelyn and Jennie Berg were also very pleased to have found a bit of their own family history in a place and time where they may have least expected it!

PET OF THE WEEK: GALADRIEL

Animal ID # A4747072

Love comes in cute packages! Check out Galadriel (A4747072)! Galadriel is an exquisite four-year-old brown female Shorthaired Chihuahua mix who was found in El Monte and brought to the Baldwin Park Animal Care Center on August 19th. Weighing eleven pounds, Galadriel is a lot of



To meet Galadriel in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Galadriel, please reference her animal ID number: A4747072. The

shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Galadriel or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

LOOKING FOR A BEST FRIEND?



Looking For A Best Friend??

So is Faith!

Faith is an adorable, lovable little four year old black and gray terrier girl weighing about 9 lbs. She has a sweet, calm temperament and easy going energy.

Faith is very warm and friendly to people, happily greets them and enjoys their company. This sweet girl is very loving, enjoys pets, cuddles and sitting on laps. She gets along well with other dogs, but is not demanding or competitive for attention.

Faith loves to go on walks, is very good on a leash and pleasant to walk with. She has a curious nature, loves to explore her surroundings and greet other dogs and people along the way. By far, her favorite past time is interacting with the person walking her.

Faith would make a wonderful companion for a single person, a couple or a family. She doesn't require a big home or big yard and could easily live in an apartment. She just wants to be loved, cared for, a forever home she can call her own, and to go on little walks or outings with her family. Faith looks out from her kennel everyday

hoping and waiting for someone to fall in love with her and take her home. If she sounds like the right companion for you, please come and meet her.

She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with her roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Faith, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

Her adoption fee is \$120 which includes a microchip, spay surgery, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Faith.

See our website at www.sgvhumane.org for information and photos of all our available pets.

Join us as we celebrate our 90th anniversary on September 27th with an Open House Block Party. Since 1924, the shelter has been serving the San Gabriel Valley and all past adopters are invited to bring their dogs and walk in our alumni parade. From noon to 5pm, there will be carnival games, blessing of the animals, art walk, and vendors as well as doggie tattoos and games.

San Gabriel Valley Humane Society

90th Anniversary Community Celebration

September 27th 2014
Noon - 5 pm
851 E. Grand Ave, San Gabriel
(626) 286-1159

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THE JOY OF YOGA

Behind all the classes you take at Yoga Madre, is a lineage, a tradition. Pandit Rajmani Tigunait, PhD, is a living embodiment

of this tradition and the Spiritual Head of the Himalayan Institute.

This month, Yoga Madre is so very honored to sponsor my teacher's teacher, my "Grand Teacher", our beloved "Panditji". From the first moment I heard him speak, I knew what he said was true, good and applicable to real life. He is not only brilliant, but also adorable. The light of his soul shines right out from his eyes and his teachings help us bring happiness to our lives. We hope that you will join us for an amazing evening with him. Come and be inspired by this great sage of our time.

I'll see you there!
Namasté, René

Pandit Rajmani Tigunait, PhD

— Q: *So what exactly is the Yoga Sutra?*

— PRT: The Yoga Sutra is a book of yoga philosophy. It is a book of practice. And it is a book of self-realization. It was written 2,200

years ago, when a great master named Patanjali gathered

the best aspects of yoga and delineated, in a step-by-step fashion, exactly what yoga is and how to practice it.

— Q: *What can modern students learn from the Yoga Sutra?*

— PRT: When you practice the kind of yoga described in Patanjali's Yoga Sutra, you will experience what it's like to be healthy, happy, peaceful, confident, and energetic. The literal meaning of "yoga" is "union," "integration," "reconnection." But in the context of practice, yoga is a way of gaining access to your own inner luminosity and becoming established in your essential self.

— By studying the Yoga Sutra, you will learn how to cultivate a clear, calm, and tranquil mind; how to expand the immense power of your mind; and how to begin unveiling, layer after layer, the mysteries of the universe within you and outside you.

— Q: *Why are its teachings so crucial today?*

— PRT: Because the human mind is scattered. We have become negligent about our distractions, inertia, confusion, doubt, fear, and anger. But humans have been riding a roller coaster of ups and downs for thousands of years. The yoga tradition, which started at least 5,000 years ago and has continued without interruption, has recorded all of the problems that humans face, and the methods and techniques to overcome those problems. The Yoga Sutra contains the solutions.



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FOODS TO SLEEP ON



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

There is nothing worse than finally getting into bed after a long day and realizing you can't sleep. If this is you, you might want to look at your diet. Having these foods for dinner or as snacks after dinner may help you to sleep better and here is why...

My first choice is chickpeas, better known as garbanzo beans. These are a good source of vitamin B-6 which helps your body produce

serotonin, a mood booster, and stabilizes your levels of melatonin, a sleep hormone.

Next, I think of foods rich in magnesium, calcium or potassium since these minerals are necessary for relaxation and sleep. The first of these is bananas, commonly sought after by athletes for

energy or to feed muscles, bananas can also help you fall asleep. They contain a good amount of vitamin B-6, magnesium, and potassium. Also in this category would be kale. This leafy green vegetable provides you with a healthy dose of calcium and potassium, both of which can be sleep-inducing.

Oatmeal is another good choice to help calm you down and help you get ready for sleep. I know what you are thinking, oatmeal is for breakfast but think again. Oatmeal contains magnesium and potassium, and it soothes the nervous system, all of which promote sleep.

Getting nutty before bed may be just what you need. Almonds can be a great light snack before bed and they are full of magnesium, which helps your body prepare for sleep and reduce stress. They also have a good dose of healthy fats and proteins. To top things off, almonds also contain tryptophan, which combined with the magnesium aids your body to be ready for sleep.

So whether it's oatmeal with bananas, a dish full of chick peas for dinner, or a handful of almonds as a night time snack, there are some food options that will help you sleep better.



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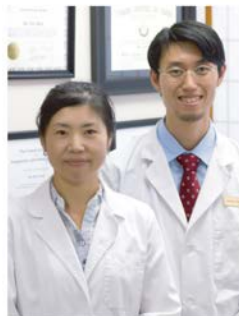
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Respiratory: Common cold, sinus, asthma, bronchitis.

Urological: Urinary Tract Infection(UTI), urinary frequency.

Dental: Toothache, TMJ dysfunction.

Harmony: Increase energy, strengthen immune system.

Neurological: Headache, migraine, vertigo, stroke residuals.

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80 Montecito Ct. Sierra Madre, CA 91024 / www.YoonMinAcu.com

Creative Arts Group presents



The 3rd Annual Scarecrow Festival

September 13th – October 31st in Sierra Madre

Crows are Invading Sierra Madre!

Creative Arts Group is calling all creative minds to the 3rd Annual Scarecrow Festival of Sierra Madre to shoo away those pesky crows! Join in the fun by creating your own scarecrow, entering the contest, and voting for your favorite as you tour Sierra Madre.

Find out more: www.creativeartsgroup.org/scarecrow-festival/

Make a Scarecrow and Enter the Contest

Make your own scarecrow to put on display in front of your home or business. As long as you are a Sierra Madre resident or business – you can participate in the contest.

Register for the contest on our website or by filling out the application on the back of this page and turning it into Creative Arts Group by September 19th.

Take a FREE Scarecrow Building Workshop

Saturday, September 13th, 2014 from 10:00 am to 4:00 pm.

The workshop is FREE, but space is limited – so register early!

Register for the workshop in person or on our website.

Vote for your Favorite Scarecrow!

Scarecrows will be on display throughout Sierra Madre from September 28th through the end of October. Maps will be available on our website, in participating stores, and at Creative Arts Group. Wander through town and find your favorites. Vote online via our website or Facebook for the People's Choice Award! An award ceremony will be held at Creative Arts Group on October 17th beginning at 7:00 pm.

Sept 13

**Free Scarecrow
Building Workshop
10 am – 4 pm**

Sept 19

Enter the Contest

**Sept 28 – Oct 31
Tour Scarecrows
of Sierra Madre**

**Vote for your
Favorite
Scarecrows!**



Creative Arts Group
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creativeartsgroup.org



creativeartsgroup.sierramadre



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Generic Drugs Offer Seniors Big Savings

Dear Savvy Senior,
Are brand-name medications better than generic, and if not, why is there such a price difference? Also, how can I find out which medicines are available in generic form.
Leery Senior

Dear Leery,
No. Brand-name medications are not better, safer or more effective than their generic alternative because they're virtually the same.

To gain approval from the U.S. Food and Drug Administration (FDA), generic drugs are required to the same active ingredient, strength, dosage form and route of administration as their brand-name counterpart. The generic manufacturer must also demonstrate that people absorb the drug at the same rate.

The only difference between a brand-name drug and its generic is the name (generics are usually called by their chemical name), shape and color of the drug (U.S. trademark laws don't allow generics to look exactly like the their brand-name counterparts) and price. Generic drugs are often 10 to 30 percent cheaper when they first become available, but by the end of the first year the price can drop in half. And by the second and third year it can drop 70 to 90 percent.

Cost Difference

The reason generic drugs are so much cheaper is because their manufacturers don't have the hefty start-up costs that the original creators of the drug do. When a pharmaceutical company creates a new drug, it spends millions of dollars on the research, development and clinical testing phase. Then, if it gets FDA approval, it has to turn around and spend even more money to market the drug to the health care industry and the public.

The total cost can rise into the hundreds of millions by the time the drug is in the hands of consumers.

In an effort to recoup their investment, the brand-name drug makers charge a premium price, and are given a 20-year patent protection, which means that no other company can make or sell the drug during that period of time.

After those 20 years are up, however, other



companies can apply to the FDA to sell generic versions. But because generic manufacturers don't have the same research, development and marketing costs, they can sell their product much cheaper.

Also, once generic drugs are approved, there's greater competition, which drives the price down. Today, nearly 8 in 10 prescriptions filled in the United States are for generic, which saves U.S. consumers around \$3 billion every week.

New Generics

You should also know that in 2014 and 2015, patents on a wide variety of popular brand-name drugs will expire and become available in generic, including Celebrex, Copaxone, Actonel, Nexium, Exforge, Cymbalta, Lunesta, Avodart, Abilify, Evista, Maxalt, Maxalt MPT, Micardis, Micardis HCT, Reneagel, Twynata and Xeloda.

For a more information, Community Catalyst, a national, nonprofit consumer advocacy organization provides a list on their website of the top 50 brand-name drugs and the dates they should become available as generics. Go to communitycatalyst.org, and type "Drugs Going Generic 2014 - 2015" in their search bar to find it.

You can also find out if a brand-name drug has a generic alternative by simply asking your doctor or pharmacist. Or, visit GoodRX.com, a Web tool that provides prices on brand-name drugs and their generic alternatives (if available) at virtually every pharmacy in the U.S. so you can find the best deals in your area.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ... September Birthdays*

Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaure, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Yvonne Osti, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner.

*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

Quote of the Week:

"Grandchildren are God's way of compensating for growing old."

~ Mary H. Waldrip



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people. Canceled on August 5th and 12th.

Free Blood Pressure Testing: Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

Free Legal Consultation: Wednesday, August 27th from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

Birthday Celebrations: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

UPCOMING EXCURSIONS



Gondola Getaway (Long Beach, CA) - Friday, September 19, 2014

Time: 9:15am to 3:15pm Meeting Location: Hart Park House Senior Center Cost: \$30.00 (does not include lunch) The Gondola Getaway brings old world charm and a thousand year old tradition to Long Beach. Authentic Venetian gondolas gently cruise the enchanting canals and waterways of Naples Island near the resort area of Belmont Shores in Long Beach. Join us for an hourlong cruise followed by lunch at one of the charming restaurants in Belmont Shores. Participants are asked to bring \$20 for lunch. Level of Walking: Low

Oasis Camel Dairy & Julian (Julian, CA) Date: Friday, October 17, 2014

Time: 8:00am to 6:00pm Meeting Location: Hart Park House Senior Center Cost: \$20.00 (does not include lunch) Join us as we visit the Oasis Camel Dairy and Julian, California. The adventure begins with an "All About the Oasis Camel Dairy" tour led by Camel Dairy Owner's Gil and Nancy Riegler. This intimate, candid tour includes a seated "show" presentation where camels come to you followed by a leisurely, short stroll to the camel enclosures for some camel cuddling. There is also an opportunity for a camel ride, please see below for information about camel rides.

Following the dairy we visit the historic town of Julian to eat lunch, shop, experience the fall foliage, and enjoy the tastes of homemade apple pie, cider & much more. Lunch will be on your own and there are a few restaurants to choose from in Julian; participants should bring money for lunch and souvenirs. Last day to register is Thursday, October 9th. Level of Walking: Medium to Low.

Camel Rides
Camel rides are available after the group tour. The camel rides are the county fair, around in a big circle, handled kind of ride. The price is \$10.00 per person and we need a minimum of 15 people to sign up for the camel rides to occur. If you are interested in the ride please let staff know when you register for the excursion. If the minimum number is met, staff will follow up with you regarding payment. Please note that there is a 200lb weight limit to ride the camels.

Excursion Refund Policy: Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued 1) for a medical excuse or 2) if the Department is able to fill the patrons spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$10 cancellation fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Community Services Department.



1ST & 3RD WEDNESDAY

Shown at the Hart Park House Senior Center

SEPTEMBER 3RD: THE BOOK THIEF (2013)

To escape the horrors of World War II Germany, a young girl steals books to read and visits with the Jewish refugee hiding in her house. Rated PG-13, Start time: 1:00 pm (run time 131 minutes) Featuring: Sophie Nélisse, Geoffrey Rush, Emily Watson

SEPTEMBER 17TH: MANDELA-LONG WALK TO FREEDOM (2013)

A chronicle of Nelson Mandela's life journey from his childhood in a rural village through to his inauguration as the first democratically elected president of South Africa. Rated PG-13, Start time: 1:00 pm (run time 141 minutes) Featuring: Idris Elba, Naomie Harris, Terry Pheto

TECH TALK: TECHNOLOGY ASSISTANCE

Mondays, September 8th and 22nd

2:00 to 3:00 PM

Tech-savvy youth from Sierra Madre Middle School will provide assistance with the operation of cell phones, tablets, and computers. Participants should bring the device with which they need assistance; two computers are available at the Senior Center for general instruction. The class is free of charge, but registration is required. To register, or for questions regarding the program call 626.355.7394.

SENIOR HEALTH SCREENINGS

(Previously Wellness in the Park)

SATURDAY, SEPTEMBER 20TH • 9:00AM-12:00PM •

HART PARK HOUSE

Hosted by the Senior Community Commission and City of Sierra Madre Community Services Department, this event provides a variety of free to low cost health screenings and services for seniors age 55 and older.

The event takes place on Saturday, September 20th from 9am to 12pm at the Hart Park House Senior Center located in Memorial Park, 222 W. Sierra Madre Blvd.

The following health screenings or services will be provided:

- Blood Pressure - Methodist Hospital
- Body Mass Index - Methodist Hospital
- Hearing - Hear Center
- Memory - Family Peace Inc.
- Balance - On the Move Physical Therapy
- Acupuncture - Yoon Min Acupuncture & Herbs
- Chair Massage - The Salt Studio
- Flu shots - Walgreens Pharmacy
- *Primary insurance needs to be Medicare, otherwise \$25.00

Don't miss the opportunity to receive these free or low cost services. Screenings are drop in and appointments do not need to be made.

Held in conjunction with the Kiwanis Pancake Breakfast in Memorial park. For more information about this event please contact the Senior Center at 626.355.7394.



KATIE Tse.....This and That Back at the Farm...

Labor Day has passed, and with it, the last vestiges of summer --except for the heat. This holiday used to

mark the start of the school year, but for some of us, we've already been back for three weeks! (Hey, that means we get out at the end of May, so you won't hear me complaining!) Working at a public school, it's so easy to get caught up in the daily rush that I overlook things I would usually notice. For instance, it only recently occurred to me that, although we boast about advances in technology and other cutting edge innovations, certain aspects of education haven't changed in a hundred years.

There are many charming examples of antiquated, yet popular, nursery themes decorating classrooms around the country. "Jack and Jill," "Hey Diddle Diddle," and "Little Miss Muffet" will always be with us, despite the fact that no one calls a bucket a "pail" or a violin a "fiddle." And I don't even know what a tuffet is! But let's get more basic than that. Not every kid knows these classic rhymes, but they all know about farms.


Ah, the farm! What would kindergarten be without it? When was the last time you were on a farm? And, no, the farmer's market doesn't count. How many of us know farmers? When you were little, did you want to be a singer, movie star, or farmer? Perhaps a policeman, fireman, or farmer? Or maybe a lawyer, doctor, or farmer? I'm not down on farmers, I'm just trying to illustrate how far removed the farm is from our daily lives.

And yet even the most hard core, no-nonsense kindergarten classes are sure to have a farm lurking around somewhere, either as a toy or in books or rhymes. (The current educational terms for toys, books, and rhymes are "manipulatives," "texts," and "phonological awareness activities.") I have a bingo set less than 15 years old that includes a farmer among other occupations such as disc jockey, day care worker, and office

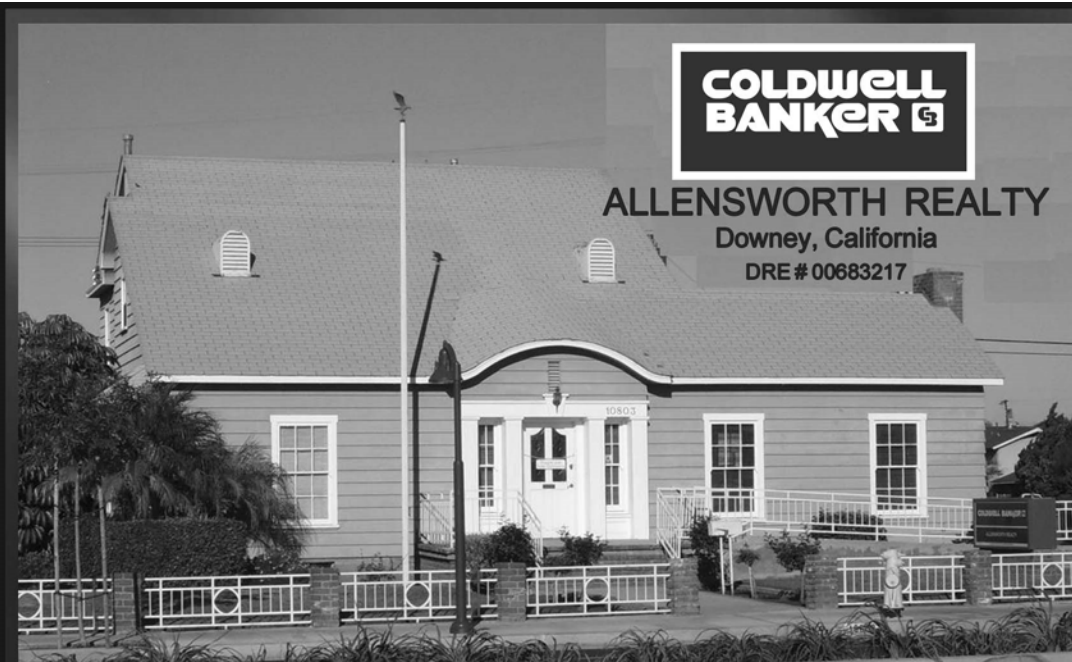


manager.

On the same note, I find it interesting that often kids know certain facts, such as wool coming from sheep, but they rarely have any idea of what happens to it after that. However, the extent of farm knowledge varies from child to child. I was playing "animal" bingo with a kindergartener and a seasoned first grader the other day. We'll call the kindergartener Ollie and the first grader Sven. Ollie is somewhat shy, and Sven was trying to help him break out of his shell. Part of the game involves taking a card with an animal on it and giving the other players hints until they guess the animal correctly. But feeding Ollie endless clues was starting to become tedious for Sven. Exasperated at Ollie's shrugs in response to his clever hints about a cow, Sven finally said, "Come on, you know it! It pees milk!" You gotta' love first graders!



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SEAN'S SHAMELESS REVIEWS: MERCHANDISE

By Sean Kayden

Merchandise is a post-punk outfit from Tampa Bay. They've been recording music for several years now, but "After The End" marks their debut for a major "indie" record label, 4AD. The days of sprawling rock songs are a past diversion. "After The End" marks a complete tonal shift. The band is focus on more of a sparkling, crisp pop sound. Carson Cox's baritone vocals mix very well with The Smiths-esque arrangements. Merchandise is not a big name band, however, these new songs are primed and ready for filled arenas. The new album is of a pop-oriented guise, but this shouldn't scare long time fans. In fact, I'd recommend embracing the change. Their ability to progress entirely into something brand new is definitely commendable. It's rather a very refreshing sound even if the band has some minor struggles along the way.

"After The End" evokes the popularity of 80s band like The Cure and Echo & The Bunnymen. Previous efforts from the band demonstrated a harsh, unhinged sound. Some of those tracks spanned the course of ten minutes, while the songs on "After The End" rarely hit five minutes (only the title track does that) in duration. Cox's crooning vocals are reminiscent of Morrissey, but the band is not a carbon copy. Closing track, "Exile and Ego" is beautiful and soothing. The haunting tune is the band's best song here. The record seems to be carefully executed, precisely crafted. After one or two faster paced songs, you'll hear a few lowbeat tunes. "Life Outside The Mirror," slows things down while following track "Telephone," speeds it

back up. It might be a cheesy in lyrics, but it's fun and has a lounge-y sort of vibe to it. The title track is rather unimpressive. It's a bit of a slog at nearly seven minutes in length. "Little Killer" is exemplary 80s pop music. You can definitely dance to this one even with Cox's heavy crooning. The placement of songs is impressive because the rhythm of the

Artist: Merchandise
Album: After The End
Label: 4AD
Release Date: August 25, 2014

record feels like it's constantly changing. Merchandise finds themselves at crossroads. The self-proclaimed pop record proves the band is reborn. Their new direction might have been necessary to rise above anonymity. I'm not entirely sure Merchandise is equipped to fully take over the masses. Strangely enough, they've tried to take a sound from another era and make it sound uniquely their own. Honestly, the band pulls it off rather successfully. "After The End" is a different, darker take on pop. The risks are bold, but Merchandise somehow, almost out of nowhere, accomplished many of their lofty goals. It's a striking effort, one that shouldn't have to hide in the shadows of their influences or of today's lack of risk takers. "After The End" is not actually the end, but simply only the beginning for these daring, brazen rockers.

Grade: 7.6 out of 10

Key Tracks: "True Monument," "Life Outside The Mirror," "Telephone," "Exile and Ego"

Jeff's Book Picks

By Jeff Brown

SOUS CHEF: 24 HOURS ON THE LINE by Michael Gibney

The back must slave to feed the belly. . . . In this unique book, chef Michael Gibney uses twenty-four hours to animate the intricate camaraderie and culinary choreography in an upscale New York restaurant kitchen. Here readers will find all the details, in rapid-fire succession, of what it takes to deliver an exceptional plate of food, the journey to excellence by way of exhaustion. Sous Chef is an immersive, adrenaline-fueled run that offers a fly-on-the-wall perspective on the food service industry, allowing readers to briefly inhabit the hidden world behind the kitchen doors, in real time. This exhilarating account provides regular diners and food enthusiasts alike a detailed insider's perspective, while offering fledgling professional cooks an honest picture of what the future holds, ultimately giving voice to the hard work and dedication around which chefs have built their careers. In a kitchen where the highest standards are upheld and one misstep can result in disaster, Sous Chef conjures a greater appreciation for the thought, care, and focus that go into creating memorable and delicious fare. With grit, wit, and remarkable prose, Michael Gibney renders a beautiful and raw account of this demanding and sometimes overlooked profession, offering a nuanced perspective on the craft and art of food and service.

HEALING BACK PAIN: THE MIND-BODY CONNECTION MASS MARKET by John E. Sarno

Dr. John E. Sarno is a medical pioneer whose program has helped thousands of people overcome their back conditions, without drugs or dangerous surgery. Now, using his groundbreaking research into TMS (Tension Myotonic Syndrome), Dr. Sarno goes one step further: after identifying stress and other psychological

factors in back pain, he demonstrates how many of his patients have gone on to heal themselves without exercise or other physical therapy. Find out: Why self-motivated and successful people are prone to

of their TMS and sever the connections between mental and physical pain... and how, just by reading this book, you may start recovering from back pain today. An absolute breakthrough in back pain understanding.



TMS. How anxiety and repressed anger trigger muscle spasms. How people "train themselves" to experience back pain. How you may get relief from back pain within two to six weeks or quicker by recognizing TMS and its causes. With case histories and the results of in-depth mind-body research, Dr. Sarno describes how patients recognize the emotional roots

THE SEVEN SECRETS OF SLIM PEOPLE by Vikki Hansen and Shawn Goodman

A classic in the field of weight loss books. How do naturally thin people stay so slim? Face it. Diets don't work. All they do is create a chronic cycle of weight loss and gain that's nearly impossible to escape. But you don't have to be fat and unhappy forever. Now, at last, here's a long term, lifetime solution you can count on, an inspirational, step-by-step plan that will help you achieve total health and your ideal body weight. Sound too good to be true? It's not! By following these seven secrets, you will take control of your eating habits and change your life forever. With this groundbreaking, time-tested program you'll get a new taste of freedom--the freedom to look and feel great without giving up the foods you love. You've got nothing to lose, except the weight.

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On the Marquee: Notes from the Sierra Madre Playhouse

MUSIC IS MEANING

By Christian Lebano, Artistic Director

Theater is the most collaborative of arts. As a director, one of my greatest pleasures is the discussions I have with the other artists working on a project with me. Usually I've been thinking about the project for a while by the time I begin talking with the lighting, sound, costume and set designers. Each of these conversations can expand my ideas about the project profoundly.

On 4000 Miles by Amy Herzog which is in rehearsal now for a September 26 opening, I made the decision to bring on a composer to help me with the scene transitions written into the play. Jonathan Beard and I first worked together on Driving Miss Daisy for which he wrote not only beautiful music but music that kept the action moving forward between all of those short scenes. There are eight transitions in 4000 Miles and it is important that we continue the forward momentum while the characters are off stage preparing for the next scene.

When I asked him about the play, he said: "4000 Miles is such a poignant, intimate story, that first and foremost the score needs to not get in the way! Moving beyond that, my goal with this music is to quietly support the emotional depth of the relationships we are seeing unfold on stage. If I do my job correctly, the score can serve as a gentle warm blanket surrounding the drama."

Talking with Jonathan about the play is a bit like speaking with a therapist - we talked of mood, of feelings; we used words like spikey, jagged, smooth; he wanted to know about colors and emotions and what response we wanted to provoke. These talks have been so valuable to me and have clarified my understanding of the play and have influenced my work with the actors

I asked Jonathan to sum up his work composing for the theater and this is what he told me: "Composing for the theater is a unique experience with its own set of challenges, and draws on both sides of my compositional background. The score is recorded to accompany a dramatic arc as it would in a film, but is then being experienced by the audience in a live setting, similar to a concert. While there may not be a live musical ensemble in the theater each night, there are of course indeed still live performances happening on stage! So I need to remain sensitive to the live-artistic experience of the audience during the creative process."

With work hailed as "excellent" (Miami Examiner) and "geared especially well for the orchestrally curious" (LA Times Daily Pilot), Jonathan has received commissions by an esteemed group of ensembles and artists, including the St. Lawrence String Quartet, the Pacific Symphony of Orange County, the Colorado Symphony, and the Los Angeles Master Chorale chamber singers, among others.

I'm thrilled to announce here that Jonathan has agreed to be our Resident Composer and that along with his commitment to write the music for two shows this season he will also be performing in a concert of his own music called "New Music for Old Instruments" on May 24, 2015 as part of our Sunday Music Series.

Please let me hear from you about programming at the Playhouse. I can be reached at christian.lebano@sierramadrepalyhouse.org

Come home to the Playhouse - where great entertainment journeys begin. For tickets call 626.355.4318 or go to www.sierramadrepalyhouse.org



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Thanks for the Memories



"THANKS FOR THE MEMORIES," BACK BY POPULAR DEMAND ON SEPTEMBER 7
This nostalgic show features music, dance and comedy from the World War II era and later armed conflicts (Korea, Vietnam, Iraq) in a tribute to Bob Hope and the USO shows. A Theatres of Vision production.

"Thanks for the Memories." A program of music, dance and comedy. At Sierra Madre Playhouse, 87 W. Sierra Madre Blvd., Sierra Madre, CA 91024. Ample free parking behind theatre. Sunday, September 7, 2014 at 2:30 and 7:30 p.m. Tickets: \$30. Seniors (65+) \$25. Veterans \$15. Children 12 and under, \$10. Reservations: (626) 355-4318. Online ticketing: www.sierramadrepalyhouse.org

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Directed by Sherrie Lofton

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Jeremy Guskin*, Jill Maglione*,
Craig McEldowney*, Bob Rodriguez,
Lynndi Scott*, Kristin Towers-Rowles*

*Members of AEA, the Union of Professional Actors & Stage Managers

It is 1972 in New York City and rent-controlled apartments are in hot demand. Anne Miller, a stay-at-home mom, wants a spectacular find, a 6 room pre-war with a Hudson River view - but Paul Friedman, an advertising exec has also come to see it. A faulty doorknob forces these strangers into sudden intimacy. Romantic sparks ignite and each considers more than a move to a new apartment.

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2743 Santa Rosa Ave., Altadena



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It is an updated 1 bed/2bth, 900sf (apprx) on a 7,568sf lot. Home has living room w/ fireplace, large kitchen with eating area, private yard. Listed at \$498,000 2763SantaRosa.com

17 Highwood Ct., Azusa



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Spacious/move in condition, 4bed/3 bath home. Home is approximately 3,178 sq.ft, offering a formal living room, formal dining, with an extraordinary open concept kitchen with island. Home even offers a community pool and rec. center. Call Luther for more details! \$749,000

**1815 Oakwood St.,
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Beautifully updated/remodeled home, located in the East Washington Village section of North Pasadena. Home offers 3 bedrooms/2 baths. For Lease \$2,895 mo.

**66 Birchcroft St.,
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SATURDAY, SEPTEMBER 6, 2014

SECTION B

AROUND SAN GABRIEL VALLEY

From the San Gabriel Valley Economic Partnership

HEAT, FIRES, DROUGHT STRESS SOCIAL POWER GRID

By: Cynthia Kurtz, President

Above average heat, wildfires, and no rain have put extreme pressure on the reliability of the California power grid that moves electricity around the state. That was the message from Dr. Robert Weisenmiller, Chair of the California State Energy Commission, when he addressed a room of San Gabriel Valley business and education leaders a few weeks ago.

The California Energy Commission was created in 1974 to oversee state energy policy and planning. Dr. Robert Weisenmiller was appointed in 2010. Four of the five-member Energy Commission appointees are required by law to have specific professional training and Dr. Weisenmiller fills the Engineer & Scientist position.

His 30-years of energy experience in electricity, gas markets and California regulatory markets is well suited to the issues the Commission is addressing this year.

It has been a hot summer. Temperatures are higher - 5.7 degrees above average in Southern California. That means more air conditioning and electric power usage. Overall the state has sufficient electric power and a 20 percent reserve. However, power isn't generated where the demand is located and moving it around isn't as easy as you may think.

In a typical year California has around 3,150 wildfires. According to the California Office of Emergency Services, as of August the state had already experienced 4,132 wildfires burning over 80,000 acres. And "wildfire season" is just beginning. In the past California could expect to have a "big" fire once a decade. There have been eight in the last 4 1/2 years.

Wildfires have major impacts on the power grid. First, they affect the Commission's decisions about siting power facilities. Avoiding all the potential wildfire areas isn't possible with 37 million acres of California at risk and 17 million acres at high risk.

Wildfires also affect the movement of power around the state. When a fire interrupts a portion of the transmission system, the Commission has to re-route power around the fire area. Building this type of redundancy into the system is difficult.

Less water means less hydropower. Natural gas and out-of-state hydropower power are making up the difference but at a higher cost. Businesses and residents can expect to see those increased costs materialize in higher electric bills next year. Not all the challenges are from nature. Some are also man-made. The closure of the San Onofre Nuclear Generating Station (SONGS) reduced power generation by 2,100 megawatts (MW) - almost three times the output of a standard 750 MW fossil fuel fired facility. Equally important was the location of SONGS. The transmission system was built based on the assumption that an operating plant would be there.

A three to four day heat wave, higher demand in the western U.S., an outage at a strategically located plant, or fire damaging the grid could result in unplanned outages before the end of the year. But the biggest threat is one more year of drought. Then, Dr. Weisenmiller says, "All bets are off."

Businesses and residents alike need to plan accordingly. Conserve energy whenever possible and if the state calls for a flex alert - be ready to reduce power dramatically.

SPEAKERS ANNOUNCED FOR "YES ON A" RALLY

The speakers for the "YES on A" rally to Save Our Altadena Libraries at the main library, 600 East Mariposa St. at Santa Rosa Ave., include advocates from all walks of life. Altadena resident Bill Burnett is a Television creator/writer/composer (Nickelodeon's ChalkZone, Cartoon Network's Cow & Chicken) whose songs have been performed by Bette Midler, Broadway's Patti Lupone and many others. He will be joined by the libraries' Katie Lampier, Suzanne Martin, a tutor for the library's adult literacy program, and Library Trustee and Past President of Altadena's Delta Kappa Gamma Society, Gwendolyn McMullins.

The Eliot Middle School Marching Band will set the pace, and the Altadena Music Project Choir will fill the air with song. Students from nearby schools, many of which have no functioning libraries, will also raise their voices to tell everyone the good our libraries do. Libraries are universally recognized as cultural centers, safe havens, and centers of learning and resources, and the Altadena Libraries are focused on the needs of the residents of Altadena.

"These students and our entire community will be hurt if Measure A fails," said Dave Herman, chair of the Alliance to Save Our Altadena Libraries. "At the very least library services would be severely slashed, and the Bob Lucas Branch might have to be closed."

This rally is an opportunity for the Altadena community to show how much they care and to step up and make sure these drastic cuts don't happen. For those who want to be more active, "YES on A" lawn signs will be made available for supporters.

Thursday Sept. 11, 4:30PM, Main Altadena Library Mariposa and Christmas Tree Lane

For more information about the September 11 rally and the "YES on A" campaign, including how to volunteer and to donate, visit <http://www.altadenaalliance.org> and our [Facebook page](#) or call (626) 470-7333.



Sign up now! Registration closes September 1st

Sierra Madre Pony League Fall Ball

SMPL is designed to be fun for kids of all skill levels

We start practice after September 3rd & play to November 15th

All LEAGUE AGE 12, 13 & 14 YEAR OLDS ARE ELIGIBLE TO PLAY!

PLAYERS ARE WELCOME FROM ALL SURROUNDING CITIES (NO Boundaries) - We play at Historic Dapper Field

6 TEAMS MAXIMUM WITH 10 WEEKS OF BASEBALL & INSTRUCTION STARTING SEPTEMBER 6TH

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Facebook: Sierra Madre Pony Colt League



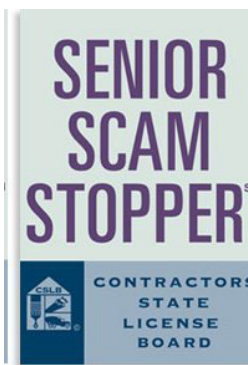
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10 a.m. to 12 p.m.
South Pasadena Senior Center
1102 Oxley Street, South Pasadena, CA 91030

Protect Yourself

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For more information or to RSVP, please visit my website.



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Looking Up

with Bob Eklund



BIRTH OF FRENCH IMPRESSIONISM DATED BY TEXAS STATE'S 'CELESTIAL SLEUTH'

The Impressionist movement of the late 19th century takes its name from French artist Claude Monet's moody, dreamlike painting "Impression, Soleil Levant" ("Impression, Sunrise"). Now, Texas State University astronomer and physics professor Donald Olson has applied his distinctive brand of celestial sleuthing to Monet's masterpiece, uncovering new details about the painting's origins and resolving some long-standing controversies over what the canvas depicts and when it was painted.

Olson's findings are published by the Musée Marmottan Monet of Paris, France, in "Monet's 'Impression Sunrise': The Biography of a Painting," the catalog of the museum's major Monet exhibition running Sept. 18, 2014, to Jan. 18, 2015.

A ROOM WITH A VIEW

"For several other Monet paintings from Le Havre, we can be certain that the artist depicted the topography of the port accurately," Olson said. "Impression, Soleil Levant" likewise appears to be an accurate representation of a sparkling glitter path extending across the waters of the harbor, beneath a solar disk seen through the mist accompanying a late fall or winter sunrise."

Monet dated his signature with a "72" on the painting, but some subsequent catalogs dismiss that number and date the painting to 1873, assuming that Monet had worked in Le Havre during the spring of that year. The hazy nature of the image further confused the issue, with various sources disagreeing regarding the season of the year depicted and the direction of Monet's view. Several influential art historians even insisted that the canvas depicted a sunset, not a sunrise. Monet himself helped to resolve some of the uncertainty in an interview from 1898:

"I had submitted something done in Le Havre, from my window, the Sun in the mist and a few masts of ships in the foreground.... They asked me the title for the catalog; it could not really pass for a view of Le Havre, so I replied: 'Put Impression.' From that came 'Impressionism,' and the jokes proliferated."

Olson began his work by consulting 19th-century maps and collecting more than 400 vintage photographs of Le Havre. One especially clear and detailed photograph made it possible to identify the precise hotel room from which Monet worked. Olson confirmed the view from the room to the southeast matched that of the painting and subsequently calculated the Sun's position over the harbor—roughly 20 to 30 minutes after sunrise. To further narrow the possible dates, Olson then looked at the tides. Since the large sailing ships could only enter and exit the shallow outer harbor during a few hours near of high tide, he used computer algorithms to calculate the tides of that era. The result was 19



possible dates in late January and mid-November of 1872 and 1873 when the Sun and tides corresponded with the painting.

WHAT'S THE WEATHER LIKE?

Weather reports were the next clue in Olson's detective work.

"Meteorological observations allow us to reject some of the proposed dates, because of the bad weather common on the Normandy coast during the late fall and winter months," Olson explained.

"Weather archives also can identify some dates when the sky conditions match the appearance in 'Impression, Soleil Levant.'"

Six dates remained after eliminating those with stormy, rainy or windy weather and heavy seas. To narrow the field even further, Olson examined the smoke columns rising over the harbor on the left side of the painting. The smoke appears to be blowing to the right, which would indicate a wind from the east. Two remaining dates record an east wind: Nov. 13, 1872, and Jan. 25, 1873.

An essay by art historian Géraldine Lefebvre in the exhibition catalog gives reasons for preferring the year 1872—matching the original date "72" painted by Monet next to his signature on the canvas—and the combined analysis points to Nov. 13, 1872, at 7:35 a.m. local mean time, as the definitive date and time when Monet created "Impression, Soleil Levant."

You can contact Bob Eklund at: beklund@MtnViewsNews.com.



COLLECTING RAIN WATER

By Christopher Nyerges

I was driving along a beautiful street near Sierra Madre, with lined with tall deodar trees and almost a rural feel to it. I was admiring the beautiful houses and the well-kept gardens and trees, when I noticed it. "It" was totally out of place, though it should be common, something to find at every single home. Rain barrels!

The down-spout of the southwest corner of the house went into a rain barrel. I pulled over to get a better look. This was a large plastic barrel—the type that I'd seen used to import pickles into the United States. The entire lid could be screwed off to gain access to the water. The top had been modified with a screen to remove debris that came down from the roof, and a spigot was added to the bottom so one could easily use the collected rain water.

I had to see the rain barrel up close. I got out of my car and went up to the house, and met the owner Carol Kampe who was working in her yard. She happily gave me a tour of her rain collection system. It turned out that she had not one, but 10 rain-collecting barrels strategically located to collect the most rain from the house and garage roofs. Two of the barrels were 65 gallons each, and the other eight were 60 gallons each.

The rain thus collected is used for outdoor purposes only – watering her fruit trees and other plants in the yard.

"Generally, I have enough rain water in my barrels to last me until August," says Kampe. This means that she is able to rely on the rain for watering her yard for approximately 2/3 of the year. She estimates that she saves perhaps \$300 a month in payments to the water company.

"But I don't do this for economic reasons," Kampe adds. "I do it because we live in a desert here in Southern California. Water will become more critical as time goes on. So it is just a shame to waste all this good rain."

Kampe has a common-sense approach to her rain harvesting, something that is easy to do and is both ecological and economical.

She was living in her home just a few years and then purchased seven of the rain-collecting barrels. She has since added three more. The barrels were purchased for about \$100 each by a company that modifies the pickle barrels into rain-collecting barrels. The company also provides hoses so that the barrels can be connected "daisy-chain," so that the overflow of one barrel fills other barrels.



Kevin Sutherland of Pasadena examines the rain barrel

[Nyerges is the author of "Self-Sufficient Home," "Extreme Simplicity," and other books. He is a proponent of wilderness and urban self-reliant living who has been teaching classes since 1974. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com.]

FAMILY MATTERS

By Marc Garlett



THE LAST IMPORTANT GIFT TO GIVE YOUR FAMILY

As hard as it is for all of us to “plan” for our deaths, doing so is actually one of the best things you can do for your family. Adding to their grief and pain by giving them no clue as to where to find your personal and business paperwork should not be a memory you leave behind.

Gather the following information in a folder and let your family know where they can find it in case you die unexpectedly or have a health crisis:

Advisors - Provide the name and contact information of any financial advisors, including attorneys, estate planners, CPAs, accountants, etc.

Bank Accounts and Safety Deposit Boxes - Bank name and account numbers for each bank where you have an account. Include PIN numbers for online banking. If you have a personal banker, include his or her name as well, with contact information. If you have a safety deposit box, record the name of the bank, the box number as well as contents of the box and location of the key.

Investment And Retirement Accounts - For investment accounts, provide the name of the brokerage, your personal broker, the location of your statement file, account and PIN numbers. For retirement accounts, provide contact information for plan administrators as well as account and PIN numbers.

Insurance - For all your policies – health, home, car, life, long-term care – provide the name and contact information for the agents as well as account numbers.

Health care - For your health care providers, give contact information for physicians, Medicare information and any other gap coverage you may have.

House - If you still have a mortgage on your home, provide information on your lender and payment

due dates. Also provide the location of deeds and property titles. Include contact information for any home service providers – cleaning help, lawn care, etc.

Credit Cards - Make a photocopy of both sides of each credit card and provide balance and payment information.

Vehicles - Provide information on where titles and registration information are kept. Make a photocopy of your driver's license as well.

Personal - Include a list of your friends and neighbors with email and phone contact information as well as all your email account log-ins and passwords.

This last “gift” on your part will go a long way toward helping your family cope in the immediate aftermath of your death or incapacitation, and ensuring you leave a lasting legacy of love and financial security.

All the best to you and your family,

MARC

Marc, a local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children) is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Call 626.355.4000 to schedule an appointment to sit down and talk about ensuring a legacy of love and financial support for your family, or visit www.GarlettLaw.com for more information.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

GET THEIR ATTENTION

There are many reasons to feel pressured to sell, be it a job transfer, family medical issues, or financial hardship. This is when you face cold hard facts about your home's value and what you can expect to net from your sale. Understand that what you paid for your home years ago has no relevance today, and a buyer won't pay a premium price simply because that's what you owe.

If your home is now worth less than what you still owe, it may be time to call your lender and arrange listing as a “short sale.” Your lender will indicate the lowest price they'll accept, and you can begin your aggressive marketing. A short sale will blemish your credit rating, but not as badly as a foreclosure would.

If you're not experiencing such financial hardship, but still facing a deadline to sell, then you need to discuss the Comparative Market Analysis (CMA) that your agent prepares, and price your home below the average sales prices listed. That's “sales” prices, not “listing” prices. “Expired” listings educate you about the prices for which homes did not sell under any circumstances, so pay attention.

Realize that an underpriced home will seem like a bargain, and attract more interest and qualified buyers. It's always better to sell lower sooner than have to reduce your price and sell lower later.



Social Media Tips, Tricks & Ideas



by: MJ Finstrom

IT'S TIME TO PRIORITIZE AND USE WHAT WORKS

“I just don't have time to post on all of the social media channels.” Sound familiar?

There are lots of choices for on-line marketing tools and social media. There is always something new that causes a buzz. All the possibilities and the hype can make a business owner burn out and overwhelmed with their marketing.

It's time to focus on what works.

I know a business owner that uses 3 tools and gets great results. He uses LinkedIn and Facebook to bring awareness to his business and find leads. His monthly Constant Contact email campaigns are simple and mobile friendly with a single clear call to action; they bring in the results that really matter – sales.

Instead of focusing on “I should be posting more on _____.” Spend your efforts on the 3 tools that contribute to your bottom line, the tools your business can't do without. If email marketing is

important, spend your time growing a quality list instead of worrying about how many tweets an hour you should be composing.

Focus on the priorities for a while and ignore the hype. Figure out works best for your business and spend your time there.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. “Like” them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

Sign up for their upcoming classes, webinars and presentations at: www.hutdogs.com/workshops/schedule

NOTICE OF PETITION TO ADMINISTER ESTATE OF: ROBERT MARTIN YOUNG CASE NO. BP155195

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ROBERT MARTIN YOUNG.

A PETITION FOR PROBATE has been filed by ROBERT REID YOUNG in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that ROBERT REID YOUNG be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 09/24/14 at 8:30AM in Dept. 5 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
LEWIS R. WALTON
WALTON & WALTON LLP
4640 ADMIRALTY WAY, FIFTH FLOOR
MARINA DEL REY CA 90292
8/30, 9/6, 9/13/14
CNS-2660563#

Published Mountain Views News
08/30/2014, 09/06/2014 and 09/13/2014

ORDER TO SHOW CAUSE FOR CHANGE OF NAME ISRAEL UFODIAMA NO. NS029236

TO ALL INTERESTED PERSONS: Petitioner ISRAEL UFODIAMA HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name:
ISRAEL UFODIAMA

Proposed Name:
ISRAEL LOVE

A HEARING on the petition will be held on 09/26/14 at 8:30PM in Dept. 27 at 275 MAGNOLIA AVE., LONG BEACH, CA. 9802

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.

If no written objection is timely filed, the court may grant the petition without a hearing.

ISRAEL UFODIAMA
Petitioner Appearing Pro Per
4540 Orange Avenue Apt. 405
Long Beach, Ca. 98807

JDC - Mountain Views News August 23, 30, September 6, and 13, 2014.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RICH Johnson BEFORE THEY WERE PRESIDENT TOO



Mitt to point our fingers at. In 2008 we could point out Hillary, Barak, Joe, John, Bill and Dennis as the Democrats. The Republicans gave us: Mitt, Rudy, John, Mike, Fred and Ron.

I'm not sure who all is in the picture for 2016 other than Hillary. I think Joe Biden will make a play. Senators Bernie Sanders, Jim Webb and Joe Manchin have announced they will be giving Hillary a run for her money.

The Republican contenders so far include: Marsha Blackburn, John Bolton, Jan Brewer, Scott Brown, Jeb Bush, Ben Carson, Chris Christie, Bob Corker, Ted Cruz, Carly Fiorina, Mike Huckabee, Bobby Jindal, John Kasich, Pete King, Steve King, Rand Paul, Mike Pence, Rick Perry, Rob Portman, Mitt Romney, Marco Rubio, Paul Ryan, Rick Santorum, and, take a breath, Scott Walker.

Really though, I don't think its too early to start thinking about 2016. It wouldn't hurt to do what I did in 2008 in considering our next commander in chief. So let me grab my lawn chair and sit under that tree of enlightenment and wait. By the way my tree has a name. It's the Danny Osti tree of enlightenment.

Back in 2008 I thought we might make more informed choices if we knew what our former presidents did before they became president. A peek in the past might give us added insight toward the future. It may reveal clues, important clues. Let's take a gander.

Okay, surprise, surprise: 25 of the 43 presidents were lawyers. The next highest profession is no surprise either: 8 were soldiers. 3 were teachers, 2 were farmers and 2 were businessmen.

Only 10 presidents came from unique early careers. Care to guess who did what? (This can be tricky because some of these presidents were better known for secondary careers)

Lets see how you do: We have a surveyor, writer, postmaster, tailor, sheriff, rancher, editor, engineer, journalist and one you'll never guess, an actor.

15 presidents also served as governors, 23 served in Congress, 14 were Vice Presidents and 7 were cabinet secretaries (Did they have to run and get coffee?)

Okay, okay, Ronald Reagan is the actor. The surveyor was George Washington. Thomas Jefferson is our writer. Our postmaster was an obscure fellow named Abraham Lincoln. Andrew Johnson was our tailor and Grover Cleveland was town sheriff. John Kennedy was a journalist. Teddy Roosevelt, was, of course, our rancher and Warren G. Harding was a newspaper editor. Rounding out our unique careers was Herbert Hoover the engineer.

It might be interesting to note our 3 teachers were John Adams, Lyndon Baines Johnson, and Chester A. Arthur. Three of our presidents are listed with only one previous career. And it was the same job...General. Can you name them? Zachary Taylor, Ulysses S. Grant and Dwight David Eisenhower.

Finally, our businessmen were late additions to the list and they both had the same last name...Bush. What do you think of that?

My choice. Way to early to speculate. There are so many contenders. As Will Rogers once said, "An onion can make people cry but there's never been a vegetable that can make people laugh."

What does that have to do with anything? Dunno.



A SEVERE CASE OF YUCKITIS

Dr. James L. Snyder

My schedule recently called for me to do some travel involving airplanes. I am not a fan of airplanes, but airports are something else altogether. They seem to be like a mall. Whatever you want, you can find it in an airport. The bigger the airport, the more you can find.

I was sitting in an airport restaurant waiting for my plane and simply enjoying myself. I watched the people go by and inside I was laughing and making fun of them. I play a little game when I am all by myself. If only they knew what I was thinking about as they walked by, they would come over and give me a stern look. I have never seen a person that I cannot make fun of, including that raspy looking person in my bathroom mirror. It is the sort of game you can play when you are all by yourself with nothing else to do.

I was sipping my umpteenth cup of coffee when I happened to notice several people walking by who were sneezing. At first I did not think too much of it, but then I began to notice more and more people sneezing. Is there a sneezing epidemic going on that I have not heard of yet?

I tried not to pay attention to it and went back to my game of "Who Can I Make Fun of Now?" Maybe it was programmed into my head at the time, but I could not help noticing every other person walking by heading for an airplane was either sneezing or sniffing or coughing. I thought to myself, "Self, I sure hope they are not on our plane?"

I finally got to my gate and waited to board the airplane and then take off. I was checking some things on my cell phone when I heard a person behind me sneeze. Not only did they sneeze, but they sneezed half a dozen times and it just about drove me crazy. I know the road to crazy for me is rather a short drive, but I hate taking that road.

It dawned on me at the time that the person behind me doing all the sneezing was also waiting to get on the same plane I was going to board in a few minutes. Why can't they check your sneezing at the gates before you come in so that you do not have to take it on board the plane? I mean, after all, they check for everything else!

Finally, my number was called and I began boarding the airplane. I noticed in front of me was the man who was going all of the sneezing. I whispered to myself, "Self, I hope he has certainly

got all of the sneeze out of him."

We finally were seated and it takes me quite a while to get buckled in. Whoever designed planes designed them with the seven Disney dwarfs in mind. To get that belt around me and buckled is a great accomplishment. I would not say I am oversized, just that I am post thin, and by the time I squeezed myself into the seat and strapped myself in with the buckle it is about all I can do to breathe.

On this flight, I happen to be seated in the middle. There would be a person on my right and a person on my left. It was at that time I prayed that they would be skinny and healthy. Two gentlemen came in, one on my left, the other on my right. By the time we all got in and buckled, none of us could move one way or the other.

We smiled at each other and then the plane took off and we were airborne. I happened to notice at the time that nobody on the plane was sneezing, coughing, or even sniffing. I sighed a deep sigh and then it happened to me.

I am not quite sure how all of this happens, but I felt the in the bottom of my lungs a pre-sneeze condition. At that point, I knew exactly what was coming and I did not know how to deal with it.

When you sneeze on an airplane, you cannot turn to your left or to your right because people are sitting there. What is a person to do? If I look up and sneeze, it will all come down on me.

Then I remembered the people I knew when they had to sneeze, sneezed into their arm. I raised my right arm just as I was about to sneeze, and boy did I sneeze.

Whenever I sneeze, it always has to be in triplets. I sneezed three times in my arm and when I came out from that arm, it was drooping and dripping with all sorts of gunk that came from somewhere deep inside of me. What do you do with gunk like that on an airplane?

As I was trying to think about what to do, a verse of Scripture came to my mind. "How is it then, brethren? when ye come together, every one of you hath a psalm, hath a doctrine, hath a tongue, hath a revelation, hath an interpretation. Let all things be done unto edifying" (1 Corinthians 14:26).

It is hard to discipline yourself to do only those things that edify other people. That is the challenge of the Christian life.

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LEFT TURN/RIGHT TURN HOWARD Hays As I See It



to conferees last June against raising the minimum wage

"It's in Russia, in Lenin and Stalin Russia, and then Mao . . . This is the recruitment ground for fascism and it's not just historical. It's what goes on in the suicide bomber recruitment."

- Richard Fink, Executive V.P. of Koch Industries, speaking

Writing about Charles and David Koch three years ago, I described their combined net worth as \$50 billion. According to Bloomberg, earlier this year it topped \$100 billion - \$50 billion per brother. Ranked in order, there's Bill Gates, Mexico's Carlos Slim, Warren Buffet, Amancio Ortega (world's largest clothing retailer) and then Charles and David Koch as the world's fifth and sixth richest individuals.

Updating my calculations, if they worked five days a week with two weeks' vacation a year, they could each spend every workday over the next twenty years (well into their nineties) deciding how to give away \$10 million each and every day - and never touch the interest.

New schools, scholarships, endowments and research grants for the eradication of poverty and disease, inner-city parklands, broadband access for remote rural classrooms, commissions for symphonies from promising 21st-century Gershwins - could all be easily affordable to the Koch brothers - in the first few days of those remaining twenty years.

Instead, they spend what to them is chump change to buy politicians. With fronts like Americans for Prosperity to launder the cash, their goals are to keep those at the other economic extreme in their place; busting unions, fighting minimum wages, gutting Social Security and Medicare, while waxing nostalgic for the days when healthcare was the leading cause of family bankruptcies. Taxes should remain avoidable for the elite; a responsibility only for those without the means to avoid them. Government regulations are to be abolished - whether regarding pollution of our air and water or manipulation of our financial markets - while government subsidies for Big Oil are vigorously defended.

As Bloomberg came out with their rankings last April, Freedom Partners, another Koch front (annual dues of \$100,000), kicked off their battle for control of the U.S. Senate with a \$1.1 million TV buy targeting Sen. Mark Udall (D-CO) and senate candidate Rep. Bruce Braley (D-IA). The charge was that both had supported the Affordable Care Act.

The big Koch event was their conference of billionaires (an estimated 300 - out of around 500 in the U.S.) in Dana Point last June. The tab was \$870,000 to take over the St. Regis Monarch Bay Resort for a couple days to play golf, dine and hold seminars on debunking climate change (no scientists on the panel), fighting campaign finance reform, repealing the Affordable Care Act and converting education into another profit source.

It didn't matter if anyone paid attention at the seminars; the main purpose was money - raising \$500 million to buy the U.S. Senate for Republicans, and another

\$500 million "to make sure Hillary Clinton is never president". This was an increase over the \$400 million raised and spent in the 2012 elections. Exact figures are unknown, since the purpose of the Koch network is to hide where the money comes from and where it goes.

The conference made news last week with the release of leaked audio from the private event - kept secret and secure with all remembering well what that leaked "47%" comment did to Mitt Romney's campaign two years ago.

U.S. Senate hopefuls came to kiss the rings of their benefactors. State Sen. Joni Ernst (R-IA), who favors eliminating the IRS, EPA and Dept. of Education along with privatizing Social Security, credited her nomination to "exposure to this group and to this network and the opportunity to meet so many of you". State Rep. Tom Cotton (R-AR) assured he wouldn't repeat the mistake of former Majority Leader Eric Cantor (R-VA), who, he explained, lost his seat because he "endorsed immigration principles".

A featured speaker was Senate Minority Leader Mitch McConnell (R-KY), who came to defend his benefactors against the man he would replace, Majority Leader Harry Reid (D-NV). The month before, Sen. Reid had introduced a Constitutional amendment to reverse the Citizens United ruling and again allow Congress to keep anonymous billionaires from buying elections. Sen. Reid referred to "The Koch brothers' hostile takeover of the American electoral system" and explained, "The Constitution does not give corporations a vote, and the Constitution does not give dollar bills a vote."

Sen. McConnell outlined to the group his upcoming strategy of grinding things to a halt through constant attachment of unacceptable riders to appropriations bills: "We're going to go after them on healthcare, on financial services (the Consumer Finance Protection Bureau and Wall Street reform), on the Environmental Protection Agency, across the board." He explained that "all Citizens United did was to level the playing field for corporate speech", and described President Bush's signing of the McCain-Feingold Campaign Reform Act as "the worst day of my political life". (I suppose the 9/11 attacks and 2008 economic meltdown don't count.)

Appropriately, Sen. McConnell began by thanking his hosts, "Charles and David, for the important work you are doing. I don't know where we'd be without you." Outside groups have already pitched in \$8.5 million for McConnell's re-election bid.

Another reason for secrecy is the issue of legality. These outside groups aren't allowed to coordinate with parties and candidates, and here you have the head of Americans for Prosperity up on the dais with the chair of the Republican Governors Association talking strategy for taking over the U.S. Senate with a purchased Republican majority.

Such concerns of propriety and legality probably don't matter much when you're personally worth some \$50 billion. When it comes down to it, though, the ballots punched by Charles and David Koch don't carry any more weight than those marked by you and I. The question is, how many of us will show up in November to remind them of that.

LEFT TURN/RIGHT TURN

DEADLY INCOMPETENCE



Summer is over; welcome back to the real world - kids start school again, the traffic gets heavier, the weather cools, and the pattern of life returns to a familiar rhythm. The only difference is that this year Americans are returning to a world which grew much more dangerous over these short 3 months. We're returning, awakening really, to a world in which President Obama's incompetence is getting people killed - lots of people, thousands of people - and a justifiable fear is growing that all this death will soon revisit American soil.

It has been a busy summer. Islamic State terrorists, who were just on the JV team, now control a transnational territory which contains 5 million people, major cities, oil wells (and their cash flow), dams, airports and other infrastructure, and a large cache of sophisticated American weaponry - including surface-to-air missiles. The Islamic State massacred Shiite soldiers, dumping their bodies in open pits, while Hamas executed innocent "collaborators" in broad daylight in a central marketplace. Syria's Assad continues to use chemical weapons and came close to starving the entire city of Aleppo. Russian troops openly invaded Ukraine, and Emperor Putin brags that he can take Kiev in two weeks. Russian-controlled separatists used Russian SAMs to down a civilian airliner and still prohibit any semblance of an honest investigation. Chinese warplanes threatened an American plane in international airspace. And ISIS closed out the dog days of summer with the grisly public beheading of not one, but two, American journalists, directing their filmed messages to America at large with the first murder and taunting Obama personally with the second.

So the world has not gone well. Perhaps the President was just taken by surprise; he has used that excuse before, claiming that world events just happen so fast he only learns about them from the newspapers. But that excuse is not available to him. Romney warned him about Russia in the presidential debates; Israel has been warning him about the dangers of Hamas for a couple years; his own intelligence briefings have warned him about the growing threat from ISIS for at least a year; and Obama addressed Syria on several occasions, even announcing the absolute necessity of the immediate removal of the still-in-control Assad from the world stage.

The President knows that surprise is not the plausible excuse it once was. Even the sycophant mainstream media won't let him get away with that one this time. Instead, Obama again throws someone under the bus. This time, ironically, it's the very same press which has covered for him for so long. In comments this week, President Obama told us "if you watch the nightly news, it feels like the world is falling apart", that "the world has always been messy" and that "we're just noticing now because of social media".

I wonder how the folks at CBS, NBC,

GREG Welborn

ABC and the major Obama campaign contributors in Silicon Valley feel right now. It's their fault we "feel" like the world is falling apart. In fact they've been so good in messaging that recent polls shows an amazing unity of opinion: Republicans, Democrats and independents all "feel" the world is going to the dumpster. Well, here's a word of advice for the President. It's not just a "feeling". The world is falling apart; it's falling apart on your watch; and it's falling apart because of your policies, born of an incompetence that has few rivals.

This incompetence has a cause - potentially an incurable one. It's not stupidity. If only it were; stupidity can be corrected by hiring smarter people to advise you. The President's incompetence has its genesis in a commitment to an ideology that trumps any recognition or, as we're now seeing, any violent intrusion of cold, hard reality. Mr. Obama was, and President Obama remains, a man of the hard left in his world view. As student, law professor, Senator, candidate and President, Obama has believed with every fiber of his being that America has no right to interfere anywhere in the world, that America has caused more hardship by its presence than any other nation on earth, and that America must withdraw from the world stage as penance for, and solution to, the troubles its past exploits have caused. Obama believes he will be the man who ends war. That is the real reason he didn't refuse his Nobel peace prize. Even if he didn't think he had earned it at that point, he was convinced that he would earn it eventually. This is where he is today - still committed to his ideology and to earning that peace prize no matter how many people die.

The left has never understood that war is not inherently immoral any more than peace is inherently moral. Only the purpose of the war and the conditions of the peace can determine the morality of either. The President's actions may have brought our troops home, but the "peace" which has been left in so many corners of the world is filled with terror, cruelty and death for many thousands. If he continues, and all evidence suggests he will, massive indiscriminate death will once again visit our shores. ISIS needs only to walk across our southern border with a handful of the U.S. weaponry it now possess. War will come, and we need to do so much more to win it so that a just and moral peace can flourish - here and abroad.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com

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