

## 'GIVE ME 3' GOES INTO EFFECT

**New law sets specific distance for vehicles and cyclists**

Almost a year ago today, Governor Jerry Brown signed into law a bill that clearly defines what is expected of motorists as it relates to 'sharing the road'. That bill went into effect on Sunday, September 14, 2014.

Assembly Bill 1371 was backed by the California Bicycling Coalition and was authored by Assemblyman Steven Bradford of Gardena. Its official name is the *Three Feet for Safety Act*. It requires drivers who pass cyclists to keep their vehicles 3 feet away.

The bill also makes allowances for vehicles in heavy traffic or if

extraordinary road conditions make keeping that distance impossible. Then, drivers must "slow to a speed that is reasonable and prudent". The new law states that under such circumstances, vehicles should only pass when the bicyclist is out of 'dangers way'.

Motorists who do not follow the law are subject to fines that range from \$35 to \$154 per incident. A collision with a cyclist that causes injury to violating the law, the fine is \$220.

In the City of Sierra Madre, this law is of particular importance for residents to adhere to as the town is a popular spot for cyclists, especially on the weekend.

S. Henderson/MVNews

## SIERRA MADRE ROSE FLOAT ASSOCIATION APPLICATIONS FOR PRINCESSES/AMBASSADORS AVAILABLE

SMRFA is once again seeking website: applications for the position of [www.smrosetfloat.org](http://www.smrosetfloat.org) Princess/Ambassador.

This year we are searching for four (4) Princesses and/or Ambassadors will not only have the honor of riding on the Sierra Madre float, but will have the pleasure of speaking to the Sierra Madre City Council and local service organizations and clubs. In addition, they will assist with the float decorating and contribute to publicity opportunities. **Princesses/Ambassadors** will have a very exciting and educational year.

Application Guidelines and Process:

1) Applicants must be 15 to 18 years old, have a 3.0 grade average and be a resident of Sierra Madre.

2) Applications may be picked up at City Hall, your High School or downloaded from the Sierra Madre Rose Float Association

3) Applications must be received at the SMRFA post office box by Friday, October 10th, 2014. Applications submitted later than October 10th will not be accepted.

4) Applicants must be able to attend judging interviews on Sunday, October 12th, between 1:30 PM and 3:45 PM. at the Sierra Madre Lodge, 33 E. Sierra Madre Blvd., Sierra Madre. No parents please.

5) Princess Coronation Dinner and Ceremony will be held Sunday, October 19th, 2:00 PM at the Lodge. Tickets are \$5.00 for friends and family (candidates are free). Tickets will be available at the door. Refreshments will be served.

For more further information or questions, please contact Donna Sutcliffe at 626-355-8579.

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## EVERY DROP COUNTS!

Residents need to be aware of the new restrictions on watering.

Even-numbered addresses are limited to landscape irrigation on Mondays and Thursdays. Odd-numbered addresses and addresses ending in fractions are limited to landscape irrigation on Tuesdays and Fridays.

If you would like to report water waste you can now do so on the City's website or by emailing [water@cityofsierramadre.com](mailto:water@cityofsierramadre.com).

Please describe how water is being wasted, include the location, and a photo if available. We will then send a courtesy notice to the property so the issue can be fixed.

You can also send an Email to [water@cityofsierramadre.com](mailto:water@cityofsierramadre.com) OR use the form on the city's website: [www.cityofsierramadre.com](http://www.cityofsierramadre.com)

SATURDAY, SEPTEMBER 20, 2014

VOLUME 8 NO. 38

## RAPID RESPONSE BY SMFD AVERTS DISASTER



On Monday afternoon, with temperatures exceeding 100 degrees, the Sierra Madre Fire Department responded to a call in the 600 block of Sierra Meadows. Upon arrival they found arcing electrical wires that quickly spread to a brush fire that burned 1/4 of an acre. Residents in very close proximity were allowed to return to their homes and the streets were reopened to the public by early evening. There were no injuries or property damage.

The county was under a Red Flag Warning because of the extreme heat and dry conditions and the quick response by the Fire Department kept the vegetation fire from spreading. The fire was burning uphill on Auburn next to the Auburn debris basin.

### Interaction between a mylar balloon and power line likely started fire.

Mutual aid was received from Arcadia and Pasadena Fire Departments and the California Department of Forestry also assisted with containment. Southern California Edison had power restored from the downed transformer within hours.

### Local Firefighters Also Dispatched to the King Fire

Sierra Madre OES Engine 281 with Captain Mike Goth, Engineer Ted Walters and Firefighters Greg Kondurlyan and Joshua

Martinez were dispatched Wednesday morning as part of Strike Team 1800A to assist with the King Fire in Tulare County. The team also included engines from Arcadia, Monrovia, Montebello and San Bernardino County.

At press time, the fire had burned more than 76,000 acres and was 10% contained. According to Cal Fire (<http://cdfdata.fire.ca.gov/>), there were more than 5,000 firefighters battling the blaze.

Also on Wednesday, Wayne Allen Huntsman, 37, was arrested and charged with deliberately setting the fire that has driven nearly 2,800 people from their homes. News reports state that he is being held on \$10 million bail.

Photo and Story S. Henderson/MVNews

## DEVELOPERS OF MATER DOLOROSA RESIDENTIAL SUBDIVISION DISTRIBUTE SUMMARY OF IDEAS

City Manager Elaine Aguilar disclosed in this week's report to the council and community that New Urban West, Inc. (NUWI), developers for the proposed Mater Dolorosa housing project had provided the city with a document titled, "Early Thoughts". It is, according to Aguilar, "a summary of the developer's preliminary ideas, concepts and principles" for the proposed development. The project will be built on an 88 acre expanse of land which houses one of the city's most beautiful landmarks, the Mater Dolorosa Passionist Retreat Center (aka, The Monastery), if approved..

The existence of the proposed project on North Sunnyside was disclosed in 2013 by the Mountain Views News (<http://mtnviewsnews.com/v07/htm/n46/index.htm>) and has been met with stiff opposition by the community. Earlier this year, in an official statement from the Passionist Fathers Retreat Center's Board of Directors it was announced that the scope of the project would not exceed 50 homes, (<http://mtnviewsnews.com/v08/htm/n22/index.htm>). That pronouncement did not soften the public's reaction to building houses on the site.

In late 2013, residents opposed to the development organized a group called,

"Stop The Monastery Housing Project" (<http://www.stopmonasteryhousingproject.com>). Supporters of the group have signs posted on lawns all over Sierra Madre. Many of the issues that concern opponents are mentioned in the new document which is available for public view at City Hall.

In a letter dated September 18th to Mayor John Harabedian, Tom Zanic, Partner and Senior Vice President of NUWI states that the Passionist Father's goal is, "...raising funds to care for their aging clergy by selling their surplus property" and that his group has the "challenging task of balancing the needs of Sierra Madre and the needs of the Passionists". It should be noted that earlier this year in an attempt to save the property and address the Order's financial needs, Matthew Bryant disclosed that his group, Stop The Monastery Housing Project, had offered the Monastery 10 million dollars for the land in order to create a "win, win situation with open space", but that offer was deemed inadequate.

In the prospectus the developers list "Benefits to Sierra Madre" as an increased property tax base, and more than a million dollars in development impact fees. It also promises "no new water use" and goes on to give a brief explanation as to how that can happen.

Referred to as 'preliminary' in nature, the document superficially touches on most of the concerns that have been expressed by the community over the last ten months. Members of the city council have each received a copy of the plan for review.

When the Mater Dolorosa Passionist Retreat Center was incorporated in 2004, one of their immediate goals was to "evaluate and enhance the property to support the retreat ministry, Passionist Community life, and Holy Cross Province". In order to develop the property and maintain their goals, whatever is constructed must support that serene and reflective environment. From 1932 to 1991 the land included the home of the Passionist Father's Monastery. (The Monastery was destroyed by the 1991 Sierra Madre Earthquake and ultimately demolished.) The retreat center was built in 1949 and is still very much in use. The housing proposal will not interfere with those activities says the developer.

NUWI makes a commitment of "Putting Sierra Madre First", "Open Dialogue" and "Keeping Promises". As the process continues, the public will certainly test which of those commitments are adhered to.

S. Henderson/MVNews

## PASADENA HEALTH DEPT. CONFIRMS FIVE WEST NILE VIRUS CASES

PASADENA, Calif.—The Pasadena Public Health Department today announced that tests have confirmed five human cases of West Nile Virus (WNV) this month in its jurisdiction. The last case of WNV previously confirmed by the Pasadena Public Health Department was in December 2012.

WNV is transmitted through the bite of an infected mosquito. Signs and symptoms may include fever, body aches, rash, nausea, vomiting, and headache. Up to about 80 percent of people infected have no apparent symptoms and can go undiagnosed, according to the Centers for Disease Control. Severe cases, while rare, can include brain inflammation, paralysis or death.

For more information on WNV, visit: Centers for Disease Control [www.cdc.gov/westnile](http://www.cdc.gov/westnile) California's West Nile Virus website <http://westnile.ca.gov> and The Pasadena Public Health Department, [www.cityofpasadena.net/PublicHealth](http://www.cityofpasadena.net/PublicHealth), recommends that anyone exhibiting symptoms or who suspects they might have WNV

should seek immediate medical care.

To protect against WNV, it is important that the public take the following precautions to prevent the breeding of mosquitoes and to prevent being bitten:

Empty all standing water in containers left outside Keep swimming pools clean with all circulation and filtration equipment operational and drain water from pool covers Check for mosquito larvae in still water sources such as bird baths and ponds

Wear insect repellants containing DEET Avoid areas likely to be inhabited by mosquitoes at dawn and dusk

Wear long sleeved shirts and long pants when outdoors Check window and door screens for holes

Report dead birds and squirrels to the West Nile Virus and Dead Bird Hotline at (877) 968-2473 or online at <http://westnile.ca.gov>

The proportion of mosquitoes infected with WNV is at the highest level ever detected in California, health officials

said. The risk of infection is also highest at this time of year, especially during summer weather and drought conditions.

Health Department staff travel throughout the City at least once a week to treat gutters, puddles, pools, and other free-standing water sources water that serve as prime breeding grounds for mosquitoes. The Department also collaborates with the Pasadena Police Department to use police helicopters to look for stagnant pools and green standing water.

For vector control information; to receive free mosquito fish to prevent breeding, or to report a green pool or still water source, call the Department's Environmental Health Division at (626) 744-6004.

Stay connected to the City of Pasadena! Visit us online at visit [www.cityofpasadena.net](http://www.cityofpasadena.net); follow us on Twitter @PasadenaGov, and like us on Facebook at [www.facebook.com/cityofpasadena](http://www.facebook.com/cityofpasadena). Or call the Citizen Service Center, 8 a.m. to 5 p.m., Monday through Friday at (626) 744-7311.



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## Weather Wise

## 6-Day Forecast

## Sierra Madre, Ca.

<b>Sun:</b>	Sunny	Hi 80s	Lows 70s
<b>Mon:</b>	Sunny	Hi 90s	Lows 70s
<b>Tues:</b>	Sunny	Hi 90s	Lows 70s
<b>Wed:</b>	Sunny	Hi 90s	Lows 60s
<b>Thur:</b>	Sunny	Hi 90s	Lows 60s
<b>Fri:</b>	Sunny	Hi 90s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
Tuesday, September 30, 2014  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

SIERRA MADRE CITY  
MEETINGS

## City Council

Next City Council Meeting\*

September 30, 2014 - 6:30 pm

\*This is a special meeting to discuss the FY 2014/2015 Budget

The final agenda and staff reports will be available online no later than Friday night. Enter the date "09/30/2014" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

## Upcoming Public Meetings

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

Wednesday, September 24:  
Library Board of Trustees, 7:00pm

Tuesday, September 30:\*\*  
Special City Council Meeting re: Budget, 7:00pm

Thursday, October 2:  
Senior Community Commission, 3:00pm

Thursday, October 2:\*\*  
Planning Commission, 7:00pm

Tuesday, October 7:\*\*  
Special City Council Mtg re: General Plan, 6:30

\*\*These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.

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move into a smaller home  
or assisted living?

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- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

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Free with consultation – a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*



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## Rotary Club of Sierra Madre

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222 W. Sierra Madre Bl.,

Sierra Madre, CA 91024,

Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup

HAVE YOU SEEN THE  
CROWS?

The observant stroller of Sierra Madre's streets may have noticed a marked increase of crows taking up residence in our foothill village over the last few weeks. These black-winged harbingers of autumn have invaded our town, and as citizens we are called upon to defend and protect our homes, businesses and institutions with ..... scarecrows!

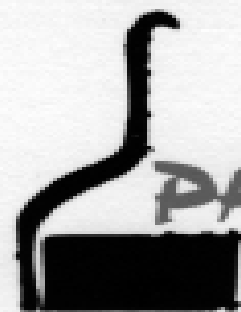
See them for yourself. The Scarecrows will be on display throughout Sierra Madre from September 28th through the end of October. They will then be judged by a team of scarecrow experts from the city of Sierra Madre as well as by anyone who wants to vote online via Facebook for the People's Choice Award!

Go to <http://www.creativeartsgroup.org/scarecrow-festival/> to get the full story.

By the way, the birds above have stopped for a rest at Belle's Nest 55 N. Baldwin in Sierra Madre. Get a close up look at them before they take off and go to work.



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# SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## WALKING SIERRA MADRE...The Social Side

By Deanne Davis

"It is my passion. When I dance I don't notice the weather, the crowds, nothing! I am totally in the dance." Alexander Gallagher

Are you planning to go down to Santa Anita Park this coming weekend for the Greek Fest? It's going to be fantastic! I met some delightful young Sierra Madreans this week who will be part of it - Friday, 5 p.m.-1 a.m.; Saturday, noon-1 a.m.; Sunday, noon-10 p.m. There will be food, wine tasting, exhibitions, kids games, a sports bar, even more incredible food and admission is just \$5! And, speaking of wonderful things to eat, the ladies of St. Anthony's Greek Orthodox Church are making all of it, just the way it has been made for generations! Yes, every bit of it! I understand that there will be 7,000 Souvlaki, which is chicken, lamb or beef on a skewer. And that's just one dish! There will be many many more and Greek food is soooo good!

Let me get to the dancing! This is the major passion of the young folks I met. Greek dance is a competitive event among the young people. They start learning when they are really little, i.e., three! Kids cycle through various groups based on age until they are 19, then many of them go on to coach Greek dance. The two young men I met yesterday, George and Alexander Gallagher are students at PHS, 9th and 11th grade respectively, and they are dedicated to Greek dance. They also are involved in water polo, Boy Scouts and other youth groups. I said to George, "You don't have time to get into any trouble at all, do you!" He laughed.

Young people involved in Greek dance practice once a week for a 2-1/2 hour session, all of which leads up to a huge annual competition in February: Folk Dance Festival, which includes dance groups from not only the West Coast, but as far flung as Hawaii, Alaska, Las Vegas and more. The groups are judged not only on dancing, but on singing - and that's in Greek, and on costumes. As the Festival draws nearer, the practice sessions bump up to three times a week. These kids are serious about this and take much pride and joy in their dance. Greek musicians, from Greece, play the traditional music. I asked George and Alexander if they spoke Greek, and they do, "almost fluently!"

St. Anthony's Greek Orthodox Church in Pasadena is the hub for Greek Dance in our area. It's an all volunteer group, taught through the church, which includes about 75 children, with very young dancers learning from the high school/college age, passing down the traditions of song, dance and authentic costumes made by the grandmothers of the community, many of whom are from Greece. The costume the group wears determines the dance they will perform. The St. Anthony's dance groups are consistent prize winners, by the way. The dance is beautiful, unison work, and how the faces of the dancers shine! It's exciting, dear friends!

It was an absolute delight to see our amazing young local artist, Alexia Saigh, (see art by Alexia and Ariana at Leonora Moss in Kersting Court) who attends Gooden School and wins prizes all over the place for her artwork, the most recent being the Sweepstakes Award at the L. A. County Fair for her history report and art project on Pompeii. She and her sister, Ariana, both entered projects and all of their entries won first prizes. Ariana and Alexia are both very involved and dedicated to Greek Dance. Alexia is part of the Spitha (name translates as Little Sparks) group and Alexander, George, and Ariana are part of high school group, Pyrkagia (which translates to On Fire). Dance



performances at the Fest for Spitha are 5:30 on Sat/Sun and Pyrkagia is at 7:30 on both days.

And the costumes! Oh my! The costumes are gorgeous! All handmade, all traditional and as authentic as possible. They are extremely intricate with lots of embroidery and beading. And they are heavy! The costume Alexia is wearing represents the Serres region of Greece. I had an opportunity to email chat with Julia Kiotas who was a dancer as a teen; her children were both dancers and have moved into coaching, as they love their culture and the teens they train. Julia's mother has been the dance school's volunteer seamstress for many years.

It was thrilling to meet kids filled with excitement and dedication, pride in their heritage, loving their connection.... "the connection...it makes us what we are!"

Go on down to Santa Anita this weekend, see these amazing young people dancing the dances their parents, grandparents and great-grandparents danced. You'll have the best time ever and the best food you'll find anywhere, made by the ladies who know how to make Greek food the way it ought to be! Children under 12 are free! AND, there's a coupon involving free admissions at <http://www.pasadenagreekfest.org> "Celebrate...Eat...Live...Greek!" Opa!!

My book: "A Tablespoon of Love, A Tablespoon of Laughter" is available on Amazon.com; or at <https://www.createspace.com/4561071>

awards will be given by age groups at 12:15 that Saturday.

Our local merchants are critical to the success of this event. They support us by allowing us to use their windows for the painting contest, through monetary donations to cover the cost of materials, and through the donation of other items that enhance the experience of the participants. We thank them for their help.

This year's Halloween Window Painting Contest is sponsored and underwritten by the Sierra Madre Civic Club and is free to participants. Specific questions may be directed to Marcia Bent, event chair, Sierra Madre Civic Club at 626 355-5372. We look forward to your participation in this annual event.

## Sierra Madre Police Blotter

During the week of Sunday, August 31st to Sunday, September 7th, the Sierra Madre Police Department responded to approximately 490 calls for service.

### Monday, September 1st

At 6:30 pm, Sierra Madre Police responded to the 300 Block of North Sunnyside Avenue regarding a welfare check. The call was placed by the subject's daughter who claimed her father had been drinking all day and was not answering his phone. A previous incident of the man stating he'd drink himself to death caused the daughter's concern. When Officers arrived on scene, they were met by a very intoxicated male subject. When Officers informed him they were there because of his daughter's concern for his welfare, the man was staggering and having trouble maintaining his balance. The man informed Officers he was depressed and that was the reason for his drinking. As the man kept asking Officers why they were there, the Officers on scene felt the man was a danger to himself based on his extreme intoxication and history of wanting to drink himself to death. The man was taken into custody and transported to a local hospital to be placed on a 72 hour medical hold.

### Tuesday, September 2nd

At 5:23 pm, Sierra Madre Police responded to the 100 Block of North Baldwin Avenue regarding a suspicious vehicle in the area. Upon arrival, Officers located the vehicle and were approached by the owner. The subject informed Officers that he was visiting his child, but did not live there due to a restraining order. He stated his wife called him earlier that morning stating she needed money and wanted him to come over and that she wanted to drop the restraining order. He arrived at around 11 am and remained there all day, knowing he was in violation of his restraining order. Shortly after the wife arrived at the residence and confirmed to Officers that she had asked her husband to come over and that she would be going to the court to have the restraining order dropped. Upon review of the restraining order, it was determined it was issued as a domestic violence restraining order. Due to the man being in violation, he was taken into custody and booked for Intentional and knowing violation of a domestic violence court order.

### Friday, September 5th

At 5:52 pm, Sierra Madre Police responded to the area of Baldwin and Alegria Avenue regarding a hit-and-run incident. Upon arriving on scene, Officers were met by a subject who witnessed the incident. She informed Officers that a red truck had made a right turn into a residential drive way and then backed out. While backing out, the rear portion of the truck collided with the driver's side door of another vehicle that was unoccupied, parked along the curb. The witness stated the suspect did not attempt to stop or provide any information regarding the collision. While inspecting the substantial amount of damage of the driver's side door, Officers were approached by the vehicle's owner. The owner was shocked by the damage and informed Officers she parked her vehicle there only thirty minutes prior. She stated she desired prosecution if the suspect was found. At around 7:19 pm, the victim contacted Sierra Madre Police after she spotted what she believed to be the vehicle that hit her, parked down the street of the original collision site. Officers arrived and inspected the vehicle, noting the positive ID made by the witness and the damage to the rear end of the vehicle. When Officers made contact with the owner, he confirmed the same series of events the witness described, and explained he fled because he panicked. The man was arrested and charged with Hit and Run Property Damage Only.

### Sunday, September 7th

At 5:19 pm, Sierra Madre Police responded to the 100 Block of Rancho Road regarding a residential burglary. On scene Officers were met by a female subject who informed them that the residence belonged to her deceased parents and was currently vacant. When she arrived earlier to check the property, she noticed the master bedroom had been ransacked and items appeared to be missing. She then notified her brother who stated the real estate agent had been there at around 11 am. When Officers made contact with the agent, he informed them he went to the residence after a neighbor reported seeing the front door open. He arrived and secured the home then left. Investigation concluded the unknown suspect(s) entered the rear yard through an unlocked gate and then removed the louver window panes from a rear window to gain entry into the residence. This case has been forwarded to the Detectives Bureau.

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## SIERRA MADRE POLICE TAKING BACK UNWANTED PRESCRIPTION DRUGS ON NEXT SATURDAY - SEPTEMBER 27<sup>th</sup>

[SIERRA MADRE, CA] - On September 27 from 10 a.m. to 2 p.m. the Sierra Madre Police Department and the Drug Enforcement Administration (DEA) will give the public its ninth opportunity in four years to prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused, and unwanted prescription drugs. Bring your pills for disposal to the Police Department Lobby at 242 W. Sierra Madre Blvd. (The DEA cannot accept liquids or needles or sharps, only pills or patches.) The service is free and anonymous, no questions asked.

Last April, Americans turned in 390 tons (over 780,000 pounds) of prescription drugs at nearly 6,100 sites operated by the DEA and more than 4,400 of its state and local law enforcement partners. When those results are combined with what was collected in its eight previous Take Back events, DEA and its partners have taken in over 4.1 million pounds—more than 2,100 tons—of pills.

This initiative addresses a vital public safety and public health issue. Medicines that languish in home cabinets are highly susceptible to diversion,

misuse, and abuse. Rates of prescription drug abuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet. In addition, Americans are now advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—both pose potential safety and health hazards.

DEA is in the process of approving new regulations that implement the Safe and Responsible Drug Disposal Act of 2010, which amends the Controlled Substances Act to allow an "ultimate user" (that is, a patient or their family member or pet owner) of controlled substance medications to dispose of them by delivering them to entities authorized by the Attorney General to accept them. The Act also allows the Attorney General to authorize long term care facilities to dispose of their residents' controlled substances in certain instances.

### SIERRA MADRE WOMANS CLUB TO HOST ANNUAL MEMBERSHIP TEA

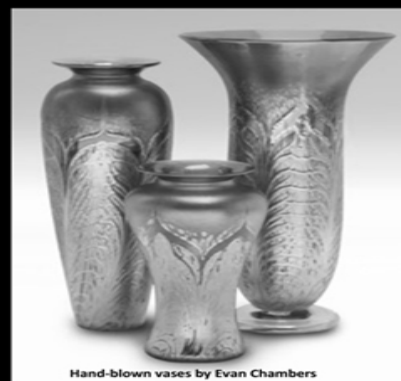
Sierra Madre Woman's Club invites women throughout the area to attend their Membership Tea on Wednesday, September 24, 1:00pm, at Essick House, their historic clubhouse, at 550 W. Sierra Madre Blvd. An afternoon of enjoyment is planned with the opportunity to learn about membership in this busy, caring group.

Founded in 1907, the club has a long tradition of community service and generous philanthropy giving. Yearly, they donate to a list of worthy causes voted by members, plus scholarships to graduating high school seniors. This past year the scholarships totaled \$6,000. They are longtime members of the Federation of Womens Clubs, learning and sharing with other groups.

The club offers its members a warm fellowship and an opportunity to make lasting friendships. For more information about the Club or about attending the Tea, please call 626-355-3928 or 626-355-8979.

## Art on Palm

Saturday, September 27, 2014  
9:30-4:00



40+ artists and musicians will exhibit and perform at this anticipated, tree-shaded event which benefits Creative Arts Group, a non-profit art center in Sierra Madre. Do NOT miss it!

1421 E. Palm Street, Altadena  
[www.artonpalm.com](http://www.artonpalm.com)



## Health Dept. Confirms West Nile Virus Cases

The Pasadena Public Health Department announced this week that tests have confirmed five human cases of West Nile Virus (WNV) this month in its jurisdiction. The last case of WNV previously confirmed by the Pasadena Public Health Department was in December 2012.

WNV is transmitted through the bite of an infected mosquito. Signs and symptoms may include fever, body aches, rash, nausea, vomiting, and headache. Up to about 80 percent of people infected have no apparent symptoms and can go undiagnosed, according to the Centers for Disease Control. Severe cases, while rare, can include brain inflammation, paralysis or death.

The Pasadena Public Health Department, [www.cityofpasadena.net/PublicHealth](http://www.cityofpasadena.net/PublicHealth), recommends that anyone exhibiting symptoms or who suspects they might have WNV should seek immediate medical care.

To protect against WNV, it is important that the public take the following precautions to prevent the breeding of mosquitoes and to prevent being bitten:

Empty all standing water in containers left outside

Keep swimming pools clean with all circulation and filtration equipment operational and drain water from pool covers

Check for mosquito larvae in still water sources such as bird baths and ponds

Wear insect repellants containing DEET

Avoid areas likely to be inhabited by mosquitoes at dawn and dusk

Wear long sleeved shirts and long pants when outdoors

Check window and door screens for holes

Report dead birds and squirrels to the West Nile Virus and Dead Bird Hotline at (877) 968-2473 or online at <http://westnile.ca.gov>

The proportion of mosquitoes infected with WNV is at the highest level ever detected in California, health officials said.

Health Department staff travel throughout the City at least once a week to treat gutters, puddles, pools, and other free-standing water sources water that serve as prime breeding grounds for mosquitoes. to report a green pool or still water source, call the Department's Environmental Health Division at (626) 744-6004.

## Pet of the Week



MiMi is a striking two-year-old brown tabby. She's very sweet and affectionate. She enjoys sitting in laps and snuggling.

MiMi's adoption fee is \$70, which includes her spay surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 to ask about A364177, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## City to be Special Olympics Host Town

*Pasadena Police “Tip A Cop” Special Olympics Fundraiser a success.*

By Dean Lee

City officials, athletes and the organizing committee for the Special Olympic World Games announced Tuesday morning that Pasadena will serve as a host city, three days prior to the games, for more than 7,000 athletes, competing, from 177 countries.

This is a great opportunity for Pasadena, it's a great opportunity for Southern California to demonstrate to the world a commitment and a companion for persons with disabilities,” Pasadena Police officers

Pasadena Mayor Bill Bogaard said. “Pasadena is committed in so many ways to the wellbeing of persons with disabilities.”

During their stay next year, the city will introduce the athletes to community members and officials, familiarize the athletes with Pasadena's cultural activities, including the Norton Simon Museum, Rose Bowl Stadium and Caltech. The athletes will also practice and rest at city facilities ahead of the July 25, Opening Ceremony. Pasadena will also celebrate the 25th anniversary of the Americans with Disabilities Act (ADA) next year. The ADA was established July 26, 1990.

Pasadena Police officers

also worked Tuesday night as “Celebrity Servers” at the Urth Caffe last in an effort to raise money for the Special Olympics. In a 4 hour period, Pasadena Police officers earned \$3,319 in tips. All of the money was donated to the Special Olympics a very worthy cause.

Other local cities declared official host towns include Arcadia, Burbank, Glendale, and West Covina among many others.

## Report Withheld in McDade Shooting

A judge reinstated an injunction Tuesday barring the release of the Office of Independent Review's findings in the officer-involved shooting death of Kendrec McDade.

Many news organizations have filed public records requests to obtain a copy of the report.

The matter was heard before Superior Court Judge James Chalfant. After renewing the Temporary Restraining Order, at the request of Pasadena Police Officers Association, Chalfant ruled to prevent the release of even a redacted OIR Report that the city intended to release.

“The City understands and appreciates the interest of the public and the news media in accessing the Office of Independent Review's report on the shooting of Kendrec McDade,” said Pasadena City Manager Michael J. Beck. “The City continues to support both the principles of open government and our officers' privacy rights as guaranteed by state law. We believe we had the right balance between the two and we were prepared to issue a redacted report. However, as a result of the Court's action this morning, the City has been ordered not to disclose the report or any elements thereof at this time. It is important for the City to be able to release as much information as permissible and we look forward to a fair resolution of this issue.”

The matter returns to his court on October 14.

McDade was shot in March of 2012 after two Pasadena police officers were responding to a 9-1-1 armed robbery call.

## National Voter REG Day

Pasadena residents are reminded that Tuesday, Sept. 23, is National Voter Registration Day, the perfect time to register to vote or to update voter registration information at one of four locations in the City where volunteers will be ready to assist with completion of the forms.

“National Voter Registration Day highlights the importance of registering to vote or updating registration information in time for Election Day (Nov. 4), as well as the upcoming City elections in March and April 2015,” Pasadena City Clerk Mark Jomsky said. “We encourage all eligible residents to register to vote.”

Stop by any of the following locations from 8:30 a.m. to 4:30 p.m., Tuesday, Sept. 23, including:

Pasadena City Hall, 100 N. Garfield Ave.

Victory Park Community Center, 2575 Paloma St.

Jackie Robinson Community Center, 1020 N. Fair Oaks Ave.

Villa-Parke Community Center, 363 E. Villa St.

## Park(ing) Day Used to Show Parklet, Parking, Concepts

Although a plan to create permanent but removable parklets along Colorado Blvd. in the Playhouse District is not official by city standards, the Playhouse District Association used national Park(ing) Day Friday to demonstrate the concept.

According to the Playhouse District Association, “plans [would] narrow portions of Colorado by as much as two lanes and use that space to widen sidewalks and create tiny parks with seating and

greenery.”

On Friday that's just what shoppers saw, a 16'x16' area on Colorado Blvd. to picnic as part of Shakespeare in the PARK(ing).

The plan would also use reverse angle parking something Playhouse District officials said could create 20 or more parking spaces from Madison Ave to Hudson Ave.

The six to eight parklets would be privately funded. For more information visit: [playhousedistrict.org](http://playhousedistrict.org).



Colorado Blvd.

## ASA Mars Spacecraft Ready for Orbit Insertion

NASA's Mars Atmosphere and Volatile Evolution (MAVEN) spacecraft is nearing a scheduled insertion into Martian orbit Sunday after completing a 10-month interplanetary journey of 442 million miles (711 million kilometers).

The Jet Propulsion Laboratory in Pasadena, provided navigation and Deep Space Network support for the mission.

Flight Controllers at Lockheed Martin Space Systems in Littleton, Colorado, will be responsible for the health and safety of the spacecraft throughout the process. The spacecraft's mission timeline will place the spacecraft in orbit at approximately 6:50 p.m. PDT (9:50 p.m. EDT).

“So far, so good with the performance of the spacecraft and payloads on the cruise to Mars,” said David Mitchell, MAVEN project manager at NASA's Goddard Space Flight Center in Greenbelt, Maryland. “The team, the flight system, and all ground assets are ready for Mars orbit insertion.”

The orbit-insertion maneuver will begin with the brief firing of six small thruster engines to steady the spacecraft. The engines will ignite and burn for 33 minutes to slow the craft, allowing it to be pulled into an elliptical orbit with a period of

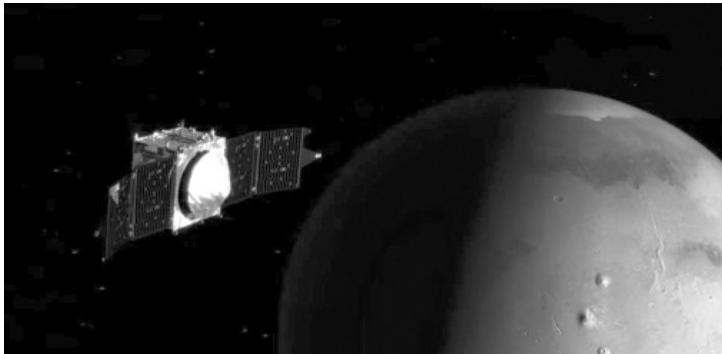
35 hours.

Following orbit insertion, MAVEN will begin a six-week commissioning phase that includes maneuvering the spacecraft into its final orbit and testing its instruments and science-mapping commands. Thereafter, MAVEN will begin its one-Earth-year primary mission to take measurements of the composition, structure and escape of gases in Mars' upper atmosphere and its interaction with the sun and solar wind.

“The MAVEN science mission focuses on answering questions about where did the water that was present on early Mars go, about where did the carbon dioxide go,” said Bruce Jakosky, MAVEN principal investigator from the University of Colorado, Boulder's Laboratory for Atmospheric and Space Physics. “These are important questions for understanding the history of Mars, its climate, and its potential to support at least microbial life.”

MAVEN launched Nov. 18, 2013, from Cape Canaveral, Florida, carrying three instrument packages. It is the first spacecraft dedicated to exploring the upper atmosphere of Mars.

To learn more about the MAVEN mission, visit: <http://www.nasa.gov/maven>



MAVEN image courtesy of NASA

## Learn How to Produce Your Own TV Show

*New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.*

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/Equipment training

Class offerings days and nights weekly

Station Schedule

**Citizen Journalism Training**

Wednesday Sept. 24 at 6:30 p.m. - 8:00 p.m.

**Orientation & Tour**

Wednesday Oct. 1 at 1:00 p.m. - 3:00 p.m.

**Studio Camera & Floor Manager**

Wednesday Oct. 1 at 6:00 p.m. - 8:00 p.m.

**Basic Editing - Session 1**

Wednesday Oct. 1 at 6:00 p.m. - 8:00 p.m.

**Intro to Field Production**

Thursday Oct. 2 at 6:00 p.m. - 8:00 p.m.



**PASADENA MEDIA**

is also offered to volunteer crewmembers. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to [PASADENAMEDIA.ORG](http://PASADENAMEDIA.ORG) and explore what Pasadena Media has to offer.



# ARCADIA

Sierra Madre

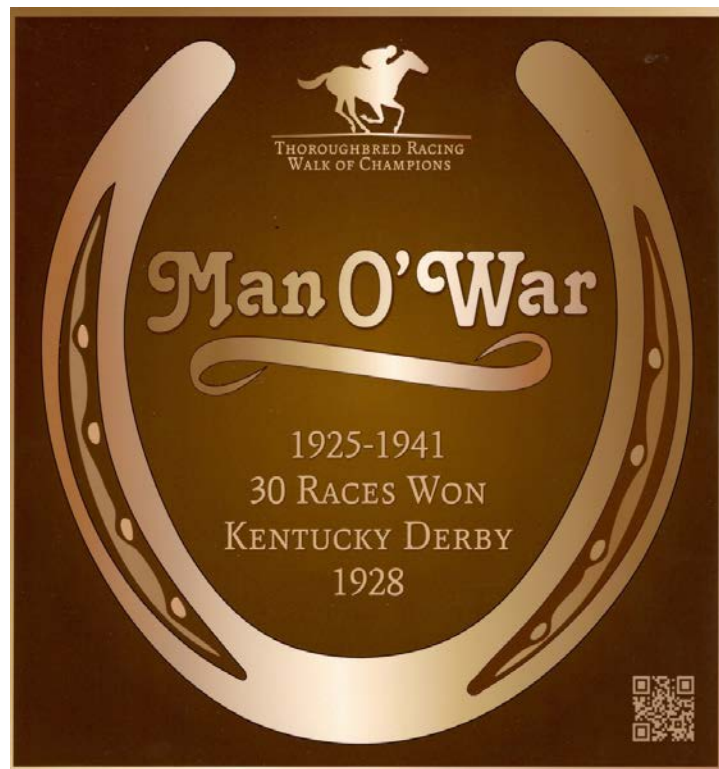
Arcadia

Pasadena

Altadena

Monrovia

## Making history: Walk of Champions



From Arcadia's Best

By Scott Hettrick

Fifty-four years ago a groundbreaking ceremony was held for the Hollywood Walk of Fame in February 1960. It quickly became world famous and remains one of the most popular tourist attractions to this day, with new stars regularly added. A groundbreaking ceremony and activities for the Arcadia Historical Society's new Thoroughbred Racing Walk of Champions will begin at 5 p.m. on Saturday, Sept. 27, in the heart of Downtown Arcadia on First Avenue, north of Huntington Drive close to Wheeler Avenue.

The project, initially featuring 67 square bronze plaques that memorialize noteworthy horses, jockeys, trainers, owners, and other race industry notables, has already generated national news in the Chicago Tribune, the Miami Herald, the HRTV network, and a litany of stories in horse racing industry trade magazines and web sites including Blood-Horse, Horse Racing Nation, Cal Racing, ThoroughbredInfo.com, and Thoroughbred Report / The Handicapper's Edge.

The City of Arcadia has had several articles about it in City newsletters, water bill notices and special mailings. The City, which has supported the Society's ongoing History Lives Here series of historical markers since the dedication of the first one in 2007, also agreed to the installation of the Society's Walk of Champions plaques in the sidewalks along both sides of Huntington Drive from Santa Anita Avenue to The Derby restaurant just east of Second Avenue. The plaques also line a short section of First Avenue north of Huntington and will eventually go all the way to the new Gold Line train station and transit plaza where the next History Lives Here marker from the Society will be placed to detail Lucky Baldwin's original train station at the same location directly across from his Oakwood Hotel. Among the most prominent subjects of the plaques are jockeys such as Willie Shoemaker (corner of First and Huntington), owners and influencers such as Lucky Baldwin (at entrance of Denny's restaurant) and horses such as Seabiscuit (near First and Huntington).

Just as it was the Hollywood Chamber of Commerce that initiated the Walk of Fame in that town, which took seven years to become a reality, it was then-Arcadia Chamber of Commerce Executive Director Beth Costanza who has been working for years with former Arcadia Mayor Gail Marshall to get their horse race version of the Hollywood Walk of Fame off the ground (er, in the ground, in this case). After a couple of unsuccessful attempts over the past couple of decades, in 2012 Marshall and now-retired Costanza resurrected the pursuit of their long-dreamed project. This time they were invited to join the Arcadia Historical Society, which formed a committee to focus on the project, with Society board member and horse racing aficionado Sandy Snider becoming an integral additional component of the committee. With the Society's reputation and track record for generating most of its own funding and resources for projects like the historical markers, the City Council this time quickly approved the concept of the project if it could be funded. With Snider's help and with the Society's 501 (c)(3) non-profit status for tax-deductible donations, Marshall and Costanza were able to raise the substantial necessary funding, though it was still a formidable challenge. Santa Anita Park became the lynchpin for the project with the first and biggest donation.

The result is another terrific grassroots community initiative by a small group of people that brings still further prestige and another unique attribute to Arcadia in general and Downtown Arcadia in particular. For the latter, it will serve as a spark for the fledgling business district's efforts to capitalize on the 2016 opening of the Metro Gold Line Foothill Extension light rail line and station at First Avenue and Santa Clara Street to attract riders in to a planned revitalization of the Downtown area as a thriving retail and entertainment walking area.

It also brings much-needed attention, a celebratory spotlight, and historical perspective to horse racing in general and, by extension, Santa Anita Park, which will provide additional reasons for out-of-town visitors to Santa Anita and Breeders' Cup events to stay and Shop Arcadia.

The dedication ceremony on Sept. 27 (the actual ceremony will begin no earlier than 6:15 p.m.) will include live appearances by legendary retired Hall of Fame jockeys Eddie Delahoussaye and Laffit Pincay Jr., with the entire event from 5 p.m. until approximately 7:30 or 8 p.m. featuring live music, free popcorn, bottled water, a vintage car display, and souvenirs. Guided and self-guided walking tours of the plaques will be offered, and merchants in the area will offer special discounts and stickers with the words, I (heart) Downtown Arcadia.

Three cheers for the passion and persistence of Gail Marshall and Beth Costanza, the skills and tenacious diligence of Sandy Snider, and the support and resources of the Arcadia Historical Society, which now adds the Thoroughbred Racing Walk of Champions to decades of achievements that include saving and relocating the Santa Anita Depot and Hugo Reid Statue, creating the city's first historical museum that led to spearheading what has become the current Gilb Museum of Arcadia Heritage, and the series of History Lives Here historical markers that dot the community.

## Arcadia Police Blotter

For the period of Sunday, September 7 th, through Saturday, September 13th, the Police Department responded to 1,052 calls for service of which 117 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

### Sunday, September 7:

At approximately 1:13 p.m., an officer was dispatched to an accident in the area of Colorado Boulevard and Santa Anita Avenue. An investigation revealed Party-1 sped around and side swiped Party-2 in an effort to make a left turn onto Santa Anita Avenue. Party-1 fled the scene. No injuries were reported.

Just before 10:47 p.m., an officer responded to the Arcadia Police Department front counter in reference so a theft report. The male victim discovered his gym bag containing his wallet, keys, and phone had gone missing from the soccer field adjacent to Arcadia City Hall. No suspects were seen.

### Monday, September 8:

At about 11:23 a.m., an officer conducted a traffic stop on a vehicle in the area of El Monte Avenue and Camino Real Avenue for failing to stop at a stop sign. Upon contacting the subject, the officer detected a strong odor of alcohol on the subject's breath. The officer determined the 63-year-old White male had a blood alcohol content greater than .08%. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 3:13 p.m., officers responded to a residence in the 1700 block of Highland Oaks Drive in reference to a burglary. Officers discovered unknown suspect(s) smashed the master bedroom sliding glass door, ransacked multiple bedrooms, and fled the location undetected. The total loss was undetermined at the time of the report and no witnesses were located.

### Tuesday, September 9:

Around 1:20 p.m., officers responded to Rite Aid, 39 West Las Tunas Drive, regarding a theft report. An investigation revealed two subjects concealed alcohol and medication in their backpack and attempted to flee. An officer approached the two subjects after locating them at a nearby bus stop. The 16-year-old Black male and 17-year-old Black male were arrested and transported to Central Juvenile Hall for booking.

Just after 5:16 p.m., officers reported to Sports Chalet in the Santa Anita Mall, 400 South Baldwin Avenue, in reference to an employee in custody for embezzlement. Video surveillance revealed the 24-year-old White male was taking merchandise from the store room floor into the stock room and concealing it on his person. He admitted to stealing a total of \$3,400 worth of merchandise from the Arcadia location and his former location in Brea. The suspect was arrested for Commercial Burglary and transported to the Arcadia City jail for booking.

### Wednesday, September 10:

Shortly after 11:21 a.m., an officer was dispatched to a residence in the 1100 block fo Rancho Road regarding a burglary report. Surveillance footage revealed two Black males smashed the rear window, ransacked the location, and fled the scene in a white, two door sedan with the victim's jewelry. The suspects are still outstanding and the investigation is ongoing.

The suspects are described as 20 to 25-year-old Black males, one wearing a light blue T-shirt, jeans cuffed at the bottom with black and white shoes. The

other was seen wearing a grey hooded sweatshirt, jeans, and tan gardening-style gloves.

At about 2:45 p.m., officers responded to Pavilions, 745 West Naomi Avenue, in reference to a theft report. Officers determined two subjects concealed numerous bottles of alcohol in hand baskets and fled the location to an awaiting vehicle. One of the subjects was identified as the same suspect from a similar theft of alcohol in July.

The suspect from this theft and the theft in July is described as a Armenian male in his thirties, approximately 5'9" tall, 170 pounds wearing a white shirt with a large "LA" logo on the front. The second suspect is described as an Armenian male with short brown hair, mustache, approximately 6' tall and 230 pounds. The vehicle involved was grey in color, had tinted windows and fled in a southbound direction.

### Thursday, September 11:

At approximately 10:11 a.m., an officer conducted an enforcement stop on a vehicle in the area of Baldwin Avenue and Fairview Avenue for a broken brake light. A records check of the three occupants revealed one of the subjects had an outstanding misdemeanor warrant. The subject was arrested and transported to the Arcadia City Jail for booking. During the booking process, illegal substances were recovered from the arrestee's wallet. Possession of a Controlled Substance was added to his charges.

Around 8:38 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, in reference to a theft of a third row seat. An investigation revealed unknown suspect(s) entered the vehicle by unknown means and removed the third row seat. No witnesses were located.

### Friday, September 12:

Just after 12:16 p.m., an officer initiated a traffic stop on a vehicle for expired tags in the area of Santa Anita Avenue and the I-210 Freeway. The officer discovered the subject, a 38-year-old Hispanic male, was driving with a suspended license and his vehicle had expired registration. The subject was cited and released in the field. The vehicle was left legally parked.

At about 12:59 p.m., officers responded to a residence in the 200 block of Laurel Avenue regarding an attempted burglary in progress. Officers discovered two Black males were heard ringing the doorbell numerous times before entering the backyard. The suspects saw the victim and jumped the rear fence into an alley. A person matching the suspect description was located during an area search; however, the victim was not able to identify him. The located subject had an outstanding misdemeanor warrant. The 19-year-old Black male was arrested and transported to the Arcadia City Jail for booking.

The suspects are described as two Black males, both in their late teens, tall and thin. Both suspects were wearing T-shirts, dark colored basketball shorts, and white socks covering their hands.

### Saturday, September 13:

Just after 7:30 p.m., an officer was dispatched to a residence in the 400 block of Fairview Avenue regarding a theft report. An investigation revealed that while the real estate agent was showing the house, one of the prospective buyers stole the resident's jewelry and cash totaling \$1,100.00.

At approximately 7:59 p.m., an officer responded to Nordstrom at the Santa Anita Mall, 400 South Baldwin, in reference to a suspect in custody for theft. The officer discovered a 47-year-old Asian female was using a fraudulent credit card and ID to purchase over \$4,500 worth of gift cards. She was arrested and transported to the Arcadia City Jail for booking.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## Monrovia Police Blotter

During the last seven-day period, the Police Department handled 405 service events, resulting in 60 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

### Traffic Collision / Driving Under the Influence – Suspect Arrested

On September 15 at 6:26 a.m., a traffic accident was reported at Huntington Drive and Fifth Avenue. Just before officers arrived, there was a second traffic collision at the location. Party one was driving under the influence and was told by party two to move his car. Party one attempted to move his vehicle and was broadsided by another car. Officers determined party one was driving under the influence; he was arrested.

### Vandalism – Suspect Arrested

On September 15 at 10:24 p.m., police received a call reporting a male and female subject arguing at a skate park in the 800 block of East Olive Avenue. During the argument, the male slashed the tire on the female subject's vehicle. The caller said the male was acting strange and had a knife. Officers responded and detained all parties at the location for questioning. After investigation, it was determined the subjects are in a dating relationship and the male subject did puncture a tire on the female's vehicle with a folding knife he still had on him. The victim wanted to prosecute and made a private person's arrest. The suspect was arrested and taken into custody.

### Injury Traffic Collision

September 16 at 6:43 p.m., police responded to a traffic collision involving a pedestrian at Primrose and Huntington. A female adult had been struck by a vehicle while in a crosswalk and sustained a head injury. She was treated on scene by Monrovia Fire Department and taken to a hospital

for a large facial laceration. Police obtained the necessary statements to conduct an investigation.

### Possession of Marijuana – Suspect Cited

September 16 at 6:48 p.m., a caller reported several juveniles inside a construction area in the 1300 block of South Magnolia. It appeared they were going into the residences that are being built. The caller thought they could see the suspects pulling items off walls and throwing them around inside the buildings. The Foothill Air Support Team helicopter was on scene and saw the suspects hop over the north fence of the property. Officers located five suspects and detained them while they investigated. A responsible party for the property was contacted and responded to inspect the property. No damage was found, but one of the suspects was cited for possession of marijuana.

### Stolen Bicycle

September 16 at 7:50 p.m., a bicycle was reported stolen from an apartment complex in the 900 block of Monterey Avenue. The bicycle was taken from the bike rack sometime overnight. The bike is a Mongoose mountain bike, 21 speed, charcoal grey, with gold lettering. The investigation is continuing.

### Shoplifting – Suspects Arrested

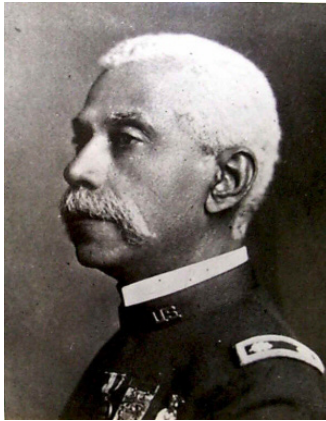
September 17 at 6:40 p.m., a loss prevention officer from a business in the 500 block of West Huntington Drive called police to advise he was watching three female suspects in the process of concealing store merchandise on their person and in their stroller. The loss prevention officer had received information about the three suspects from another store. The suspects noticed they were being watched and returned the property. Officers arrived and contacted the suspects. They were identified and computer checks revealed the suspects had outstanding warrants; they were arrested without incident.

## MONROVIANS HONOR LT. COL. ALLEN ALLENSWORTH

### By Joan Schmidt

This past Sunday, the heat was unbearable, but I kept thinking about Lt. Col. Allen Allensworth who died exactly 100 years ago in Monrovia from injuries sustained on Myrtle Avenue. While he served in the United States Army, he was the highest ranking African American at the time, and that was quite a milestone, so I decided to attend the special festivities at the Monrovia Historic Museum. Upon arrival, I had to park some blocks from the Museum but was thrilled to see so many of all ages in attendance in spite of the 100+ temperature! Former Monrovia Historian Steve Baker and Mark Still, Monrovia Historical Museum, Jimmy Oballes, Latino Historian, Assemblyman Anthony Portantino, Assemblyman Chris Holden, the entire Monrovia City Council, Monrovia School Board Members Terrence Williams and Alex Zucco, Betty McWilliams from Foothill Unity Center, and many more!

How could one define Allen Allensworth? In his lifetime, he was Military Leader, Nurse, Minister, Journalist, and Founding Father of the town of Allensworth. James Walker, Master of Ceremony began festivities in front of the Museum reminding us that we came to honor Lt. Col. Allen Allensworth. Then a Buffalo Soldier rode up, and Monrovia Historian Steve Baker spoke of the great man. We walked through the Museum seeing collages with photos of Allensworth at different periods during



his remarkable life. Then we walked outside, sat beneath canopies and were offered water and a hand fan if needed.

After the National Anthem by Monrovia High's Camera Singers, Council Member Tom Adams mentioned a call a year ago from Thomas Stratton, President of Friends of Allensworth. Allensworth died in Monrovia on September 14, 2014. Would the City/ Museum wish to honor this great man on the Centennial of his untimely death? Mr. Adams, a history buff decided to read up on Allensworth. The more research Adams did, the more intrigued he was: "This gentleman we're honoring today is one of the most incredible men I've read about in my life, and I love history."

Another great speaker was former Duarte Mayor Lois Gaston, member of the Second Baptist Church, Monrovia. ( Allensworth was their FIRST Pastor!) Ms. Gaston spoke of his impact on the Church and community and his untimely death (There is still question of whether he was intentionally hit by the motorcycle.) Lois felt "this great man should be far better known... he changed the course of history." (And Lois is SO RIGHT!)

There was SO MUCH more to this great man. (Thank you to Mr. Baker, Ms. Gaston, Mr. Spicer, Thomas Stratton and the Friends of Allensworth for much of the following information.) Allen was born into slavery in Louisville,

ALLENSWORTH (continued on page 6)

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## LANCERS WIN CROSS COUNTRY INVITATIONAL



The team displays their individual finishing certificates. First row (from left): Mia Baca, Jacqueline Tooley. Second row (from left): Lance Alviso, Michael Brennan, Alexander Nino, Ryan Alvarez, Samantha Knapp, Eleni Daughters, Hannah Howard, Makenna Maucher, Ashley Mayo, Abigail Marich, Bettina Lee. Top row (from left): Daniel Costello, Noah Sisson, Dominic Leis, Jack Freiburger, Robert Sweeney, Matthew Brennan, Michael Gibbs, Tom Usle, Sebastian Martinez, Jordan Rupp, Harvey Situ, Curtis Antonides. Photo courtesy John Blackstock

**Pasadena, CA** – The La Salle Lancer girls cross country team finished first at the Grant Nunnally Invitational at Moreno Valley Community College on Saturday, September 13. La Salle freshman, Makenna Maucher finished second overall, after covering the very

hilly course, in 19:24. La Salle senior Tom Usle finished 14<sup>th</sup> overall for the boys.

The next meet for La Salle is Saturday, September 30 at the Movin' Shoes Invite in San Diego.

## SPEAK UP DURING NATIONAL BULLYING PREVENTION MONTH

(StatePoint) With classes, sports, homework and other activities, weekdays are action packed for kids. Unfortunately, some students deal with an unwelcome addition to their daily routine -- bullying. An estimated 13 million students are bullied annually, according to government statistics.

With online social media so widely available to kids today, bullying doesn't necessarily stop after school, and often takes place round-the-clock. The repercussions can be missed days of school, depression and even suicide.

Fortunately, kids are getting more help these days as bullying prevention efforts are growing nationwide.

Cartoon Network has been a pioneer in this space and its "Stop Bullying: Speak Up" campaign has been empowering bystanders to put a stop to bullying since it launched in 2010. On average, more than 100,000 people visit the initiative's website monthly to learn prevention strategies.

"Speaking up to a trusted adult is the safest, most effective way for victims and bystanders to bring an end to a bullying situation," says Alice Cahn, Cartoon Network vice president of social responsibility. "Bystanders in particular can be powerful agents for change when they report incidents."

Support for Cartoon Network's award-winning pro-social effort has come from such diverse organizations as Facebook, Boys & Girls Clubs of America, LG Mobile, and CNN. President Obama even invited Cartoon Network to the first Bullying Prevention Summit at the White House, and later introduced the initiative's first documentary, "Speak Up."

This year, Cartoon Network's Speak Up Week (Sept. 29 - Oct. 3) kicks off National Bullying Prevention Month in October and is a great time to review ways that adults and kids can stand up to bullying:

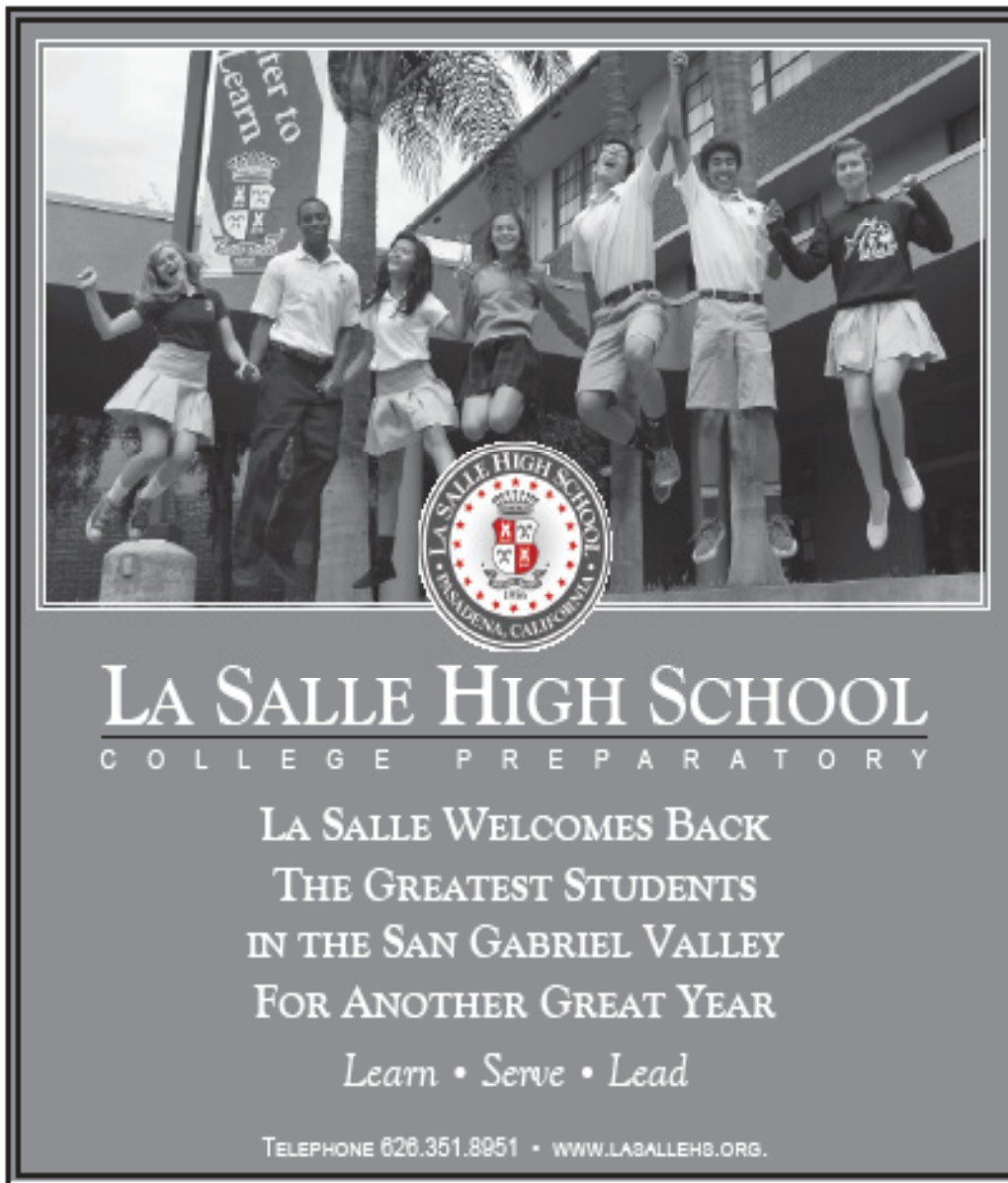
- Cyberbullying: Don't contribute to the problem by sharing, saving, forwarding or reposting information. If you're on the receiving end, resist the urge to get back at the person or fix the issue online -- both can make the problem worse. Get offline and deal with it in real life. Parents can help prevent cyberbullying by monitoring kids' use of computers, mobile phones and tablets.

- Don't stand by: Research has found that when bullying occurs and a bystander intervenes by speaking up, more than half of bullying situations stop within just 10 seconds.

- Share your voice: Cartoon Network is recruiting IMM students, parents, teachers, legislators and anyone concerned about bullying prevention to submit user-generated videos that feature individuals declaring the phrase, "I Speak Up!" You can use a smartphone or go online to upload your own video to the [www.StopBullyingSpeakUp.com](http://www.StopBullyingSpeakUp.com) website. Participants are also encouraged to use the hashtag, #ISpeakUp to share videos via their own social media platforms to help spread the word and enlist friends to take part in the IMM challenge. Select videos will appear on-air as part of new campaign spots for Cartoon Network, its digital platforms and Boomerang.

- Listen: Parents should check in with kids periodically to make sure they're safe and happy at school, on the playground and online. If you're an adult and a child tells you about a bullying situation, listen. Either let the school know about the issue or talk to the other children's parents about putting a stop to the behavior.

Whether you're a victim, a bystander or a concerned adult, don't sweep bullying under the rug. By speaking out against cruelty, you can help end bullying.



## ALLENSWORTH (continued from page 5)



Monrovia's Historian Steve Baker (above) reads the summary of events; Right, a Buffalo Soldier and Resident celebrate history.

Kentucky on April 7, 1842. At his mother Phyllis' wish, he learned to read and write from his master's son, but was sent to a Quaker household and sold in the mid 1850's. In 1855, at the age of thirteen, he ran away, but was discovered and sold again. Eventually he was purchased by Fred Scruggs, a horse and slave trader and trained as a horseback rider, for the upcoming horse races. The races were canceled; Allensworth fled behind the Union lines and worked as a "nurse" attached to the Hospital Corps of the 44th Illinois and later served two years in the Navy. On April 4, 1865, he was honorably discharged.

After the war, he and his brother established and operated two restaurants in St. Louis, Missouri, and Allensworth completed his formal education. (In 1877 he married Josephine Leavell they met while studying at Roger Williams University in Nashville. She was an accomplished pianist, organist and music teacher. They had two daughters, Eva and Nella.) After being ordained as a minister, he worked as a teacher, studied theology and led several Churches. In 1880 and 1884, he served as the only African American delegate from Kentucky in the Republican National Conventions. In 1886, he gained an appointment as a military chaplain to the 24th Infantry Regiment (Buffalo Soldiers) by the Senate's confirmation and President's approval. His family accompanied him on assignments and his wife played organ in the fort chapels. Besides his work developing Churches,



he founded the township of Allensworth, California, Tulare County, California in 1908. It was a town that flourished for a while, but setbacks came. In 1914, the town's economic base was lost when the Santa Fe Railroad moved its rail stop from Allensworth to Alpaugh. However, Allensworth is the only California Community to be founded, financed and governed by African Americans. The founders were dedicated to improving the economic and social status of African Americans. Today the state has preserved the site and is gradually restoring its buildings. Allensworth residence is persevered and furnished in the 1912-period style, and contains items from his life in the military service and the ministry. Ms. Gaston feels we need to learn more about this great man and to spread the word. I challenge my readers to go on line and learn more. I am putting a biography about him on my Christmas wish list and I hope classroom teachers will incorporate Allensworth's story in their Black History Month curriculum.

## SCHOOL DIRECTORY

**Alverno High School**

200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

**Arcadia High School**

180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

**Arroyo Pacific Academy**

41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

**Barnhart School**

240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

**Bethany Christian School**

93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)  
website: [www.bcsllions.org](http://www.bcsllions.org)

**Clairbourn School**

8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

**Foothill Oaks Academy**

822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

**Frostig School**

971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Chris Schnieders, PhD  
Email: [Jackykn@frostig.org](mailto:Jackykn@frostig.org)

**The Gooden School**

192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

**High Point Academy**

1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

**LaSalle High School**

3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

**Monrovia High School**

325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

**Odyssey Charter School**

725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

**Pasadena High School**

2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 798-8901 Principal: Gilbert Barraza  
website: [www.pasadenahigh.org](http://www.pasadenahigh.org)

**St. Rita Catholic School**

322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

**Sierra Madre Elementary School**

141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

**Sierra Madre Middle School**

160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

**Walden School**

74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

**Weizmann Day School**

1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

**Wilson Middle School**

300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

**PASADENA UNIFIED SCHOOL DISTRICT**

351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 795-6981 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)

**ARCADIA UNIFIED SCHOOL DISTRICT**

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(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

**MONROVIA UNIFIED SCHOOL DISTRICT**

325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviaschools.net](http://www.monroviaschools.net)

**DUARTE UNIFIED SCHOOL DISTRICT**

1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

THE REEL DEAL: by Ben Show  
DOLPHIN TALE 2

When it comes to family movies, they are meant to do one thing: keep the kids interested while also trying to hold the adults attention as well. 'Dolphin Tale 2' tries to do this, but gets very lost along the way.

Sawyer (Nathan Gamble) and Hazel (Cozi Zuehlsoff) are having a great summer working at their local aquarium, where their dolphin friend Winter lives. But, when Winter's surrogate mother suddenly dies, and leaves a hole in the hearts of both kids and Winter, everyone must race to find her a new partner before she is forced to leave the aquarium.

With a film that only advertises the two dolphins, they sure do not get as much screen time as many of the human characters. And, to make matters worse, the humans' plot lines are what sadly drat this movie down. If you do choose to go see this somewhat dull, overly-sappy movie, then expect to see more humans that you would think.





## SURFS UP AND HOW !!

I was inspired by our recent local big waves that hit both North and South facing beaches. Inspiration brought me to Longboard 2011 Blend. Yes, if you have been following these articles you know I have been riding a wave of blends recently, why? If done right a blend can be some of the best wines at your local wine retailer today, if done wrong well it could end up at the three buck chuck aisle. I think this Longboard Blend will make the wine snob in all of us very happy.

TABLE FOR TWO by Peter Dills  
[thechefknows@yahoo.com](mailto:thechefknows@yahoo.com)

I learned one thing this week, while watching the waves first hand, I realized that both surfers and winemakers spend a lifetime searching for near perfect conditions so they can capture and express a special moment in time; a great vintage, a perfect wave. Longboard Vineyards was established in 1998 by Oded Shakked as a way to bring these two passions together. A life-long surfer, Oded travelled and surfed the Atlantic Coast of Europe, the waters of Australia, Hawaii, Central America, Mexico, and both the Atlantic and Pacific Coasts of the US. As a winemaker with close to 30 years of experience in Sonoma County, Oded has worked with the region's best grapes and grape-growers in addition to farming his own grapes on Westside Road just outside the town of Healdsburg.

The taste is superb; the finish is fine the tannins are out of this world. The cost is right in line with my usual budget of \$15 to \$20 a bottle. The Blend consists of a mixture of Cabernet Sauvignon, Syrah, Merlot and a bit of Zinfandel. Carignane and Malbec join in. My food pairing is a shrimp and red onion pizza. Case allotment is low so you might check with your local supermarket.

Dills Score 90  
Retail Around \$19 on sale \$15

Each week I will give you my Dills Score. Starting with a base of 50 points, I added 8 points for color, 7 points for aroma or "nose", 9 points for taste, 9 points for finish, and 9 points for my overall impression, which includes my value rating.

Email Peter at [thechefknows@yahoo.com](mailto:thechefknows@yahoo.com) and follow me on Twitter @KINGOFCUISINE. Listen to Dining w/Dills on KLAA 830 AM on Sundays at 6PM

Special Wine Tasting Note.... Join me on Monday Labor Day at the Vons on 2355 E. Colorado Blvd. Pasadena from 12 noon to 3 PM for a special wine tasting featuring some of my favorite Pinots.



## INGREDIENTS:

- 2 tablespoons reduced-fat butter, divided
- 4 boneless pork loin chops (4 ounces each)
- 3 tablespoons brown sugar
- 1 teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- ¼ teaspoon salt
- 4 medium tart apples, thinly sliced
- 2 tablespoons chopped pecans

## DIRECTIONS:

In a large skillet, heat 1 tablespoon butter over medium heat. Add pork chops; cook 4 to 5 minutes on each side or until a thermometer reads 145 degrees Fahrenheit. Meanwhile, in a small bowl, mix brown sugar, cinnamon, nutmeg, and salt.

Remove chops; keep warm. Add apples, pecans, brown sugar mixture, and remaining butter to pan; cook and stir until apples are tender. Serve with chops.

## Bean Town Is Now Serving Gourmet Burgers!



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Indulge and rediscover the pleasures of Afternoon Tea in one of our tea parlors or in our Secret Garden Patio.

Enjoy a perfectly brewed cup of tea and a delectable array of savories, decorated with edible flowers, sweets, and our very famous baked-to-order SCONE.

We have a large selection of fine, loose leaf teas served in our English Bone China Tea Sets.

The elegant ambiance is the perfect setting for Bridal Shower, Baby Shower, Birthday Party, Book Club, Church Meeting, or any Special Occasion.

Tea Service: Tuesday - Friday 11 a.m. to 4 p.m. 75 N. Baldwin Ave, Sierra Madre, CA 91024  
Saturday: 11:00 a.m. and 2:30 p.m. Reservation Required (626) 355-0045  
Sunday: Open for a minimum of 20 guests [www.TheFourSeasonsTeaRoom.com](http://www.TheFourSeasonsTeaRoom.com)

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5 p.m.—7:30 p.m.

On

Wednesday, September 24th

At

The Finest Tea Room

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Hosted by Sierra Madre Rotary

If you cannot attend and would like to support this event online, please connect via

[www.chloeandisabel.com/boutique/glamlife/F35C06](http://www.chloeandisabel.com/boutique/glamlife/F35C06)

net proceeds from this event will go towards the club's 2014/2015

international projects that include sustainable water projects and housing



Beer, Brats, Sauerkraut, Kartoffel Salat, Strudel

Bounce House, Games & Hot Dogs for Kids

## Come One and All to our family fest

Vendor Applications from Trini - [trinio@att.net](mailto:trinio@att.net)





by Chris Leclerc

Few and far between are the felines I care for that did not respond with some semblance of fear the first time I enter their home. It's a classic story told by many cat owners, wherein a person with whom the cat is unfamiliar, walks through the front door, only to see the kitty's bouncing behind disappear down the hallway, as he high-tails it into another room to seek refuge beneath a bed or a couch.

Although there is usually no apparent reason for a typically-friendly feline's fearful response to a stranger, it happens quite often. And even though most of the time, the individual who just arrived and entered the home is indeed a cat lover, they are still a person whom the cat has yet to get to know, so the cat assumes there may be danger and runs to take cover. Why do cats behave in this manner, and how can we humans help them relax and enjoy the company of a new-found friend when they come calling?

One reason why a cat might run and hide upon the arrival of a stranger, is because he had limited exposure to humans other than his owner as a youngster. If a kitten is not introduced to a variety of people during his socialization stage (3-9 weeks old), he will likely be more apprehensive of interacting with strangers as an adult. Another reason is that a visit from a human friend is often accompanied by increased noises and movement during the initial greeting, and from a cat's perspective that might be interpreted as chaos to be avoided at all costs.

There are a few simple techniques that have proven to be helpful in preventing a cat from becoming afraid of people whom they've never met, and as it is with most exercises, the more consistently you are willing to practice these techniques with your kitty, the better are your chances for success.

First, provide your cat with a "safety-zone" in an out-of-the-way location, such as a back room where the sound of knocking or a door bell will be muffled. Be sure to include a comfortable resting spot, a fresh bowl of water and a litter box. Give the cat a special treat along with a favorite interactive toy when you take him to the safe area, just moments before your guest arrives. Allow

## PET OF THE WEEK Marzipan: Animal ID #A4752575

Meet the cuddliest little canine, Marzipan(A4752575)! Marzipan is a lively 10-year-old white female Maltese who was found in Hacienda Heights and brought to the Baldwin Park Animal Care Center on September 4th. Weighing 8 lbs, she looks more like a girl than a middle-aged lady! She has a yeast infection in her ears and has cataracts, but she remains spirited and happy, ready to share her sweet energy with her handler. This little one delights in cuddles and adores being held close. She walks excellently on the leash, appears to be housebroken, and seems to get along well with other dogs. Marzipan will make a loving and lovable indoor pet for a single person, adult couple, or family living in a condo, apartment, or private home. To watch a video of Marzipan, please visit the following link: <http://youtu.be/Q5hwo2l7cws>

To meet Marzipan in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). She is currently available now. For any inquiries about Marzipan, please reference her animal ID number: A4752575. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-

## WHERE ARE YOU AT, SCAREDY CAT?

the cat to remain in the safe place for the duration of the visit, the first few times you have a guest in your home.

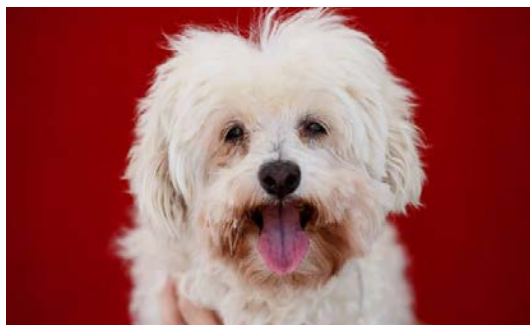
Next, try to follow this series of behavioral modification steps consistently, to help your cat become more comfortable around visitors: Ask a friend or relative who does not live with you to act as a stranger coming to visit. As usual, put your cat in the safe place just moments before their arrival, then when your friend arrives, open the door to the safe area and allow the cat to can come out at it's own will and in it's own time.

Once your cat has decided it is safe enough to emerge from the back room, have the invited "stranger" stand at a distance from where the cat decides is comfortable, and reward the cat with a treat and/or a soothing praise each time he is willing to get closer to the visitor. The goal is to gradually decrease the space between the two, by rewarding the cat each time he remains calm and allows the newcomer to come closer.

Take note that the "approaching process" should begin from a distance at which your cat shows no signs of anxiety or arousal. He should be completely calm to start with, and remain calm and confident as your friend moves into the cat's space, eventually coming close enough to reach out and pet the cat. Keep your voice calm and offer comments of praise along the way. Try to avoid excessive movement until the cat becomes more comfortable over time. Repeat these simple steps as frequently as you possibly can. It may take some time for your cat to show progress, but be patient and be aware that your efforts are helping to improve your cat's quality of life.

This process of coaching a cat into becoming more familiar with other humans may seem silly to folks who are not friends of the feline, but I know there are many devoted cat lovers out there who will benefit from this bit of information to help make a difference in the relationship they have with their cat.

I hope you do find these tips helpful and I wish you all the best success as you work toward socializing your kitty cat. Try to understand what is going on in the mind of our feline. We humans like to think we relate to our pets, so it behooves us to do our best to understand their perspective, and work on the relationships we have with them. Most importantly, as humans we must be kind to the animals, always. Don't forget to love and let live!



Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Marzipan or the adoption process, please contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

## LOOKING FOR A BEST FRIEND?

Looking For A Best Friend?? To watch football games with? So is Goodfella! He is a very cute 6 pound, short haired reddish brown and black Chihuahua boy who is approximately 4 years old. He was recently surrendered by his owner due to unfortunate life circumstances that prevented the family from keeping him. Despite these changes in his life, Goodfella has a very cheerful, happy personality and a magical way of putting smiles on everyone's day. His name reflects his character. He is truly a good fellow!

Goodfella is looking for an active family who loves to engage in outdoor fun! He is a very friendly, confident, independent energetic, fast moving, tail wagging, and playful little boy who loves life and its adventures! Goodfella enjoys going on walks, hikes, running, playing, chasing and fetching toys, and has the stamina to keep going for long periods of time! Recently, Goodfella participated in the Los Angeles Best Friend's "Strut your Mutt" 2 ¼ mile fund raising hike and was the pack leader of our team of dogs! He had so much fun and inspired many other dogs to keep going!

Goodfella loves people, but would also make a wonderful buddy to another dog in the household. He is waiting for another opportunity to live in a home with a family who will love him, care for him, and, enjoy spending time with him. He is a tiny guy and doesn't take up much space in a home. And with his short hair, he is easy to take care of. He just needs his daily exercise outdoors.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Goodfella, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. His adoption fee is \$120 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Goodfella.

See our website at [www.sgvhumane.org](http://www.sgvhumane.org) for information and photos of all our available pets.



### 90<sup>th</sup> Anniversary Community Celebration

**September 27<sup>th</sup> 2014**  
**Noon – 5 pm**  
**851 E. Grand Ave, San Gabriel**  
**(626) 286-1159**

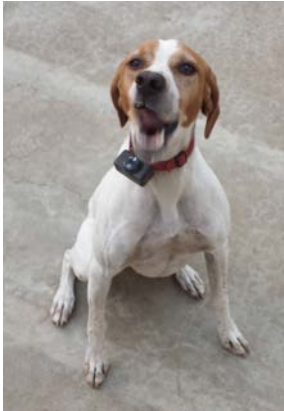
**BLOCK PARTY**

**Don't miss out! Games, prizes & temp tattoos for pooches**

**Pet Products, Entertainment, Food Trucks! Freebies & Fun for all ages – including an Alumni Parade!**

**I'm an alumni, in fact, I'm a celebrikitty!**

## THESE GUYS COULD USE YOUR HELP



A dear friend of mine passed away recently, leaving behind his three beloved bird-hunting English Pointers. They are in good hands, with my friend's bereaved widow for now, but since she is not into hunting, she has asked if I can be of assistance in finding a new forever home for her pups. Here are photos of "Luna", the mom, and her two babes, "Chuck" and "Pearl".

All three dogs are cordial and in excellent health, with current vaccines and all vet care up-to-date. They are beautiful babes, I know personally because I had the opportunity to spend a little time with them when my friend was traveling, about a year ago. Please take a look, and share this post with anyone whom you think might be interested. They are excellent at the craft of birding, but would also make fabulous pets. Anyone interested, please contact me and I will put you in touch with the owner. [Chris@canyoncanine.com](mailto:Chris@canyoncanine.com)

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## THE JOY OF YOGA RESISTING

It never ceases to amaze me how resistance can effect our lives and accepting change can bring about peace. The simplest examples can help us learn big lessons. How many times in our lives have we resisted change only to finally, reluctantly, change and then wish we had done it years before? This is not to say that there are not things worth holding on to, but the ability to flow can make it all so much more peaceful. Resistance or "holding" does not flow with the law of nature. In fact energy or *prana* is always moving. We are always changing on a cellular level, we are always breathing, moving and thinking. So when we get stuck or hold on to ideas and things and that that are no longer serving us it creates a block in the flow.

So how do we learn to be more accepting of change? How do we discern what we want to keep around? Well, first accepting that nothing is truly ours. Then we can learn to study our own behaviors. Observing our tendencies and our habits is the key. We start this process with the lessons our own movement can teach us. How long have we been stuck with those tight hamstrings? The older we get the more stuck we become. It is imperative that we keep moving and stay flexible. Every day on the yoga mat we breathe into the change and move the body to stay open and flexible.

This then translates to our minds. What thoughts are we hanging on to? Are these thoughts serving us? What about our feelings? Are they really productive for us or are they habitual? Once we notice, we can see the possibilities of change or seeing things in a new way. Once that happens the laws of nature can help us to become unstuck. And then it all comes back to the breath. We breathe in the fresh new thoughts and abilities and exhale the old. A sense of peace sets in that we are in the flow.

So, if you have been stuck, in a rut, or resistant to change, take some time to breathe. Move the body in new ways everyday. Be gentle and learn to go with the flow. And of course, get into a yoga class. I will see you there!

Namasté,  
René

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- Aloe is anti-inflammatory and has a cooling effect so it works wonders on bug bites. You may want to break off a leaf and place it in your fridge for several minutes. The extra cold will enhance its cooling effect and help to reduce the itch.

- My favorite use of aloe is for burns. If you have never burned your hand cooking or suffered a sun burn you are lucky. Aloe not only soothes a burn but it also heals and moisturizes the skin. The only thing you need to do is open up a leaf and rub the inside over your skin to get instant relief.

- Aloe is great as a skin moisturizer as it hydrates and provides nutrients for the skin. It is full of vitamins C, E, and beta carotene which are all known to help prevent premature aging.

- Aloe is not only anti-inflammatory but it is also anti-microbial. These two properties make aloe a great choice to treat a wide range of skin problems such as eczema, rashes, psoriasis, and acne. It reduces inflammation, cools and moisturizes the skin all while promoting cell renewal

- Lastly is you have stretch marks either from weight gain or from pregnancy, applying aloe gel on a daily basis helps to reduce their visibility. Stretch marks are the result of minor tears that appear in the top layer of our skin. Aloe can help to heal those tears when applied early to stretch marks.

Aloe is so easy to grow... everyone should have a plant somewhere in their yard. It can even grow in a planter on a balcony.

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**Respiratory:** Common cold, sinus, asthma, bronchitis.  
**Urological:** Urinary Tract Infection(UTI), urinary frequency.  
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## Food Assistance Programs Can Help Seniors in Need

Dear Savvy Senior,  
I run a community counseling program for needy families and am frustrated that so few eligible seniors take advantage of the food stamp program. Can you write a column on this to help educate seniors to this underutilized benefit?  
Reaching Out

Dear Reaching,

It's hard to imagine that a government program serving more than 46 million Americans each month is considered severely underutilized. But that's the reality of the federal Food Stamp Program when it comes to serving seniors.

Nationwide, food stamps (now called the Supplemental Nutrition Assistance Program, or SNAP) reaches around 80 percent of those eligible, but the numbers are much slimmer among the seniors, age 60 and older. Recent statistics indicate only 39 percent of eligible seniors receive SNAP benefits.

There are a number of reasons for the lack of participation. Some seniors are too embarrassed or too proud to apply. Others think that if they receive SNAP they will be taking food benefits away from others (which they won't). Some think it is too difficult to apply for SNAP, and others don't even know the program exists.

With all that said, here's a run down of which seniors are eligible for SNAP, what they get and how they can apply.

### Who's Eligible?

For seniors to get SNAP, their "net income" must be under the 100 percent federal poverty guidelines. So, households that have at least one person age 60 and older, or disabled, their net income must currently be less than \$958 per month for an individual or \$1,293 for a family of two. Households receiving TANF or SSI (except in California) are also eligible.

Net income is figured by taking gross income minus allowable deductions like medical expenses that exceed \$35 per month out-of-pocket, and shelter costs (rent or mortgage payments, taxes and utility costs) that exceeds half of the household's income.

In addition to the net income requirement, a few states also require that a senior's "assets" be below \$3,250, not counting the home, retirement or pension plans, income from SSI or TANF, and vehicle (this varies by state). Most states, however, have much higher asset limits or they don't count assets at all when determining eligibility.

The SNAP pre-screening tool at [www.snap-](http://www.snap-)



[step1.usda.gov/fns](http://step1.usda.gov/fns) can help seniors, and their family members, figure out if they qualify.

To apply, seniors or an authorized representative will need to fill out a state application form, which can be done at the local SNAP office or it can be mailed or faxed in, or in many states it can be completed online.

If eligible, benefits will be provided on a plastic card that's used like a debit card and accepted at most grocery stores.

Depending on the person's financial situation, the amount of SNAP a beneficiary may be eligible for will range between \$15 and \$189 per month as an individual, or \$15 to \$347 for a family of two.

To learn more or apply, contact your local SNAP office – call 800-221-5689 for contact information or visit [www.fns.usda.gov/snap](http://www.fns.usda.gov/snap).

### Produce Coupons

In addition to SNAP, the Senior Farmers' Market Nutrition Program is another underused program that provides coupons that can be exchanged for fresh fruits and vegetables at farmers' markets, roadside stands and community supported agriculture programs.

This program is currently available in select counties in 43 states, seven Indian reservations, the District of Columbia and Puerto Rico, to seniors, age 60 and older, with gross monthly household incomes below 185 percent of the federal poverty line, which is currently below \$1,800 for individuals, or \$2,426 for a family of two. For more information visit [www.fns.usda.gov/sfmnp](http://www.fns.usda.gov/sfmnp) or call 703-305-2746.

### Other Programs

Seniors that are eligible for food assistance may also be eligible for a host of other programs that can help pay for medications, health care, utilities and more. To locate these programs, visit [benefitscheckup.org](http://benefitscheckup.org), or call the Eldercare Locator at 800-677-1116.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



## KATIE Tse.....This and That THE NEVER-ENDING MOVIES

What do the titles, "The Big Leaguer," "His Kind of Woman," and "The Wrong Man" have in common? If you answered that they were all produced between 1945 and 1955, you're right, but there's an even bigger similarity. That's right --you've never heard of them!

These are just three of an infinite number of obscure films made in that small window of time. And I wouldn't know about them either, were it not for a seemingly unlimited supply of these oldies to download. Growing up without network television, my family and I watched a lot of old movies. In elementary school, my lack of TV knowledge posed somewhat of a social barrier. When all my classmates were talking about the Smurfs and Pee Wee Herman, I could tell them about Laurel & Hardy or the Road Movies, but I was clueless about what was shown on Nickelodeon the previous night, or anything made after 1959 for that matter.

Even as an adult, my TV-less past occasionally comes back to haunt me. Every so often my colleagues make references to some popular show or movie, and everyone will get the joke except me. I've given up trying to fake it by laughing along with them. Now I just smile and wait until they eventually say, "Oh, right. You don't know about that..." Needless to say, I thought I was pretty well versed regarding all the old films. But the age of downloading has shown me that what I thought was a "well of film knowledge" is barely a drop in the cinematic bucket!

Granted, you've probably never heard of these films, and there's a reason for that --they stink! "The Big Leaguer" is a perfect example. It has Vera Ellen wasting her singing and dancing talent in a straight role, and Edward G. Robinson is not very believable as a fun-loving baseball club scout.

Hmm... Someone in the casting department must have been out sick when they put this together. Robinson doesn't look natural unless he's clenching a sausage-size cigar between his teeth and toting a tommy gun. The ball cap and wad of chewing gum just doesn't fit.

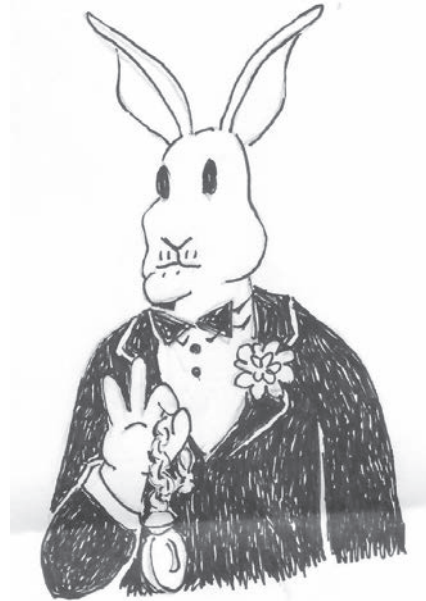
Then there are the flicks with dialogue that's so bad, it's hilarious! You can tell that all the writers were on strike that week. My favorite example of this is Barbara Stanwyck in "Blowing Wild." The title itself is ripe with possibilities for ridicule!

During a particularly dramatic scene, she pleads with Gary Cooper, "I'd give you my teeth for a watch fob!" You'd do what? Even Barbara knew it was a dumb line, and tried to not draw attention to herself by saying it really fast. But think about it, would the dashing Coop be seen with a toothless girlfriend gumming her food, not to mention sacrificing his favorite watch fob?

Beyond the bad casting and bad writing, these movies are amazing if only for the fact that there appears to be a never-ending supply of them! Just when I thought I'd heard of all the good, bad, and ugly films from the 40's and 50's, my dad gives me the titles for 20 I've never heard of. How can a finite period of

time have produced a seemingly infinite number of films? It reminds me of the Energizer Bunny --it keeps going, and going, and going.

Although these films haven't added much to our appreciation of cinematography, there is one silver lining to Dad's gleanings. While other people need to worry about the cops coming to take them away for pirating Lady Gaga's latest album, one can rest assured that no studio cares about someone downloading a "B" movie that has played on The Late Show for the last 60 years. I'm sure Bella Lugosi's estate isn't living off the royalties!



## SENIOR HAPPENINGS

### HAPPY BIRTHDAY! ... September Birthdays\*

Clem Bartolai, Pat Hall, Donna Anderson, Teresa Chaure, Cathy Gunther, Esther Macias, Sheila Pierce, Nancy Sue Shollenberger, Yvonne Osti, Patti O'Meara, Judie Cimino, Mary Steinberg, Geri Wright, Parvin Dabiri, Denise Reistetter and Nehama Warner.

\*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.

**Quote of the Week:** "Grandchildren are God's way of compensating for growing old."  
~ Mary H. Waldrip



### ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

**Free Balance Class:** Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people. Canceled on August 5th and 12th.

**Free Blood Pressure Testing:** Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

**Free Legal Consultation:** Wednesday, August 27th from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Birthday Celebrations:** Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

## UPCOMING EXCURSIONS



### Gondola Getaway (Long Beach, CA) - Friday, September 19, 2014

Time: 9:15am to 3:15pm Meeting Location: Hart Park House Senior Center Cost: \$30.00 (does not include lunch) The Gondola Getaway brings old world charm and a thousand year old tradition to Long Beach. Authentic Venetian gondolas gently cruise the enchanting canals and waterways of Naples Island near the resort area of Belmont Shores in Long Beach. Join us for an hourlong cruise followed by lunch at one of the charming restaurants in Belmont Shores. Participants are asked to bring \$20 for lunch. Level of Walking: Low

### Oasis Camel Dairy & Julian (Julian, CA) Date: Friday, October 17, 2014

Time: 8:00am to 6:00pm Meeting Location: Hart Park House Senior Center Cost: \$20.00 (does not include lunch)

Join us as we visit the Oasis Camel Dairy and Julian, California. The adventure begins with an "All About the Oasis Camel Dairy" tour led by Camel Dairy Owner's Gil and Nancy Riegler. This intimate, candid tour includes a seated "show" presentation where camels come to you followed by a leisurely, short stroll to the camel enclosures for some camel cuddling. There is also an opportunity for a camel ride, please see below for information about camel rides.

Following the dairy we visit the historic town of Julian to eat lunch, shop, experience the fall foliage, and enjoy the tastes of homemade apple pie, cider & much more. Lunch will be on your own and there are a few restaurants to choose from in Julian; participants should bring money for lunch and souvenirs. Last day to register is Thursday, October 9th. Level of Walking: Medium to Low.

### Camel Rides

Camel rides are available after the group tour. The camel rides are the county fair, around in a big circle, handled kind of ride. The price is \$10.00 per person and we need a minimum of 15 people to sign up for the camel rides to occur. If you are interested in the ride please let staff know when you register for the excursion. If the minimum number is met, staff will follow up with you regarding payment. Please note that there is a 200lb weight limit to ride the camels.

**Excursion Refund Policy:** Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued 1) for a medical excuse or 2) if the Department is able to fill the patrons spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$10 cancellation fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Community Services Department.



### 1ST & 3RD WEDNESDAY

Shown at the Hart Park House Senior Center

### SEPTEMBER 3RD: THE BOOK THIEF (2013)

To escape the horrors of World War II Germany, a young girl steals books to read and visits with the Jewish refugee hiding in her house. Rated PG-13, Start time: 1:00 pm (run time 131 minutes) Featuring: Sophie Nélisse, Geoffrey Rush, Emily Watson

### SEPTEMBER 17TH: MANDELA-LONG WALK TO FREEDOM (2013)

A chronicle of Nelson Mandela's life journey from his childhood in a rural village through to his inauguration as the first democratically elected president of South Africa. Rated PG-13, Start time: 1:00 pm (run time 141 minutes) Featuring: Idris Elba, Naomie Harris, Terry Pheto

### TECH TALK: TECHNOLOGY ASSISTANCE

Mondays, September 8th and 22nd  
2:00 to 3:00 PM

Tech-savvy youth from Sierra Madre Middle School will provide assistance with the operation of cell phones, tablets, and computers. Participants should bring the device with which they need assistance; two computers are available at the Senior Center for general instruction. The class is free of charge, but registration is required. To register, or for questions regarding the program call 626.355.7394.

## SENIOR HEALTH SCREENINGS

(Previously Wellness in the Park)

SATURDAY, SEPTEMBER 20TH • 9:00AM-12:00PM •  
HART PARK HOUSE

Hosted by the Senior Community Commission and City of Sierra Madre Community Services Department, this event provides a variety of free to low cost health screenings and services for seniors age 55 and older.

The event takes place on Saturday, September 20th from 9am to 12pm at the Hart Park House Senior Center located in Memorial Park, 222 W. Sierra Madre Blvd.

The following health screenings or services will be provided:

- Blood Pressure - Methodist Hospital
- Body Mass Index - Methodist Hospital
- Hearing - Hear Center
- Memory - Family Peace Inc.
- Balance - On the Move Physical Therapy
- Acupuncture - Yoon Min Acupuncture & Herbs
- Chair Massage - The Salt Studio
- Flu shots - Walgreens Pharmacy
- \*Primary insurance needs to be Medicare, otherwise \$25.00

Don't miss the opportunity to receive these free or low cost services. Screenings are drop in and appointments do not need to be made.

Held in conjunction with the Kiwanis Pancake Breakfast in Memorial park. For more information about this event please contact the Senior Center at 626.355.7394.

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## SEAN'S SHAMELESS REVIEWS:

## THE DROP

By Sean Kayden

Moody and ominous, "The Drop" boasts superb acting by the always-dependable Tom Hardy and most of its main players. However, the old school storyline hinders a somewhat clever and often unusual atypical crime drama. Tom Hardy stars as Bob, a peculiar, soft-spoken bartender who tends bar at his cousin Marv's joint.

The late James Gandolfini plays Marv, a former kind of wiseguy dealing with the fact he doesn't really own the bar any longer since the mob has moved in on his territory. The Brooklyn set crime drama focuses on Marv's bar where money drops are made for a Chechnya mob. Things go awry after closing hours when two lowlife criminals rob the bar and make way with the money that belongs to the Chechens. When heat is increasingly put upon Marv and Bob by the mob, things begin to unravel for the two men. "The Drop" offers many of the same film tropes found in crime dramas, but side stories from supporting characters give it a fresh approach even if these stories sometimes become a bit muddle along the way.

The film is somewhat of a character study on Hardy's character. Bob is mild mannered, soft-spoken and even has a caring heart for the lonely, elderly and abused animals. However, there's just something more about him. This realization you can't really put your finger on for half the film until you recognize there's a mystery percolating within. I found Hardy's performance enthralling and tantalizing. His presentation easily outshines the restrained film. Supporting character Noomi Rapace plays the female role, in which the writer never knows how to fully develop her. Ultimately, she becomes a bargaining chip in the end for Hardy, but her presence wasn't utilized very well. She's the closest thing to a love interest, but if she ever becomes one remains unknown. Rapace has a great acting prowess. Sadly, she seems to be misused in US films time after time.

Relatively unknown stateside, Matthias Schoenaerts, who plays Deeds, a lowlife just recently out of the psych ward, is haunting and absolutely terrific. His character and when he's

squared up with Hardy are easily the most entertaining and engaging aspects of the film. "The Drop" was Gandolfini's last feature role. He wasn't the main character, but his acting chops were on full display. He played a lesser version of Tony Soprano. Nonetheless, he was solid with his larger-than-life persona.

Directed By:	Michaël R. Roskam
Written By:	Dennis Lehane (short story "Animal Rescue")
Release Date:	September 12 <sup>th</sup> , 2014
Rated R:	For some strong violence and pervasive language.

"The Drop" has the common twist ending, but while it's being called unexpected by many critics, you just knew something was about to be revealed in the last act. When things unravel, it's almost if Hardy's character doesn't even blink an eye. From him only being a single piece to the puzzle, he becomes the entire puzzle. I thought "The Drop" also had an interesting, if somewhat ambiguous final shot. It definitely made it seem like a different kind of crime drama and because of that I do give it much respect. "The Drop" delivers on mood and atmosphere, superior class-A acting, and interesting subplots. However, the old school storyline has a few problems and feels unmistakably outdated, like a 90s film. First time screenwriter Dennis Lehane ("Shutter Island," "Gone Baby Gone," "Mystic River") adapted "The Drop" from his own short story "Animal Rescue." There's definitely much intrigue here, but there's a lot of telling rather than showing. Maybe "The Drop" comes off too much like a novel and not enough like a motion picture. It's still worth checking out for Hardy and company, but it doesn't come close to the works of Lehane's other adapted novels.

Grade: 3.5 out of 5

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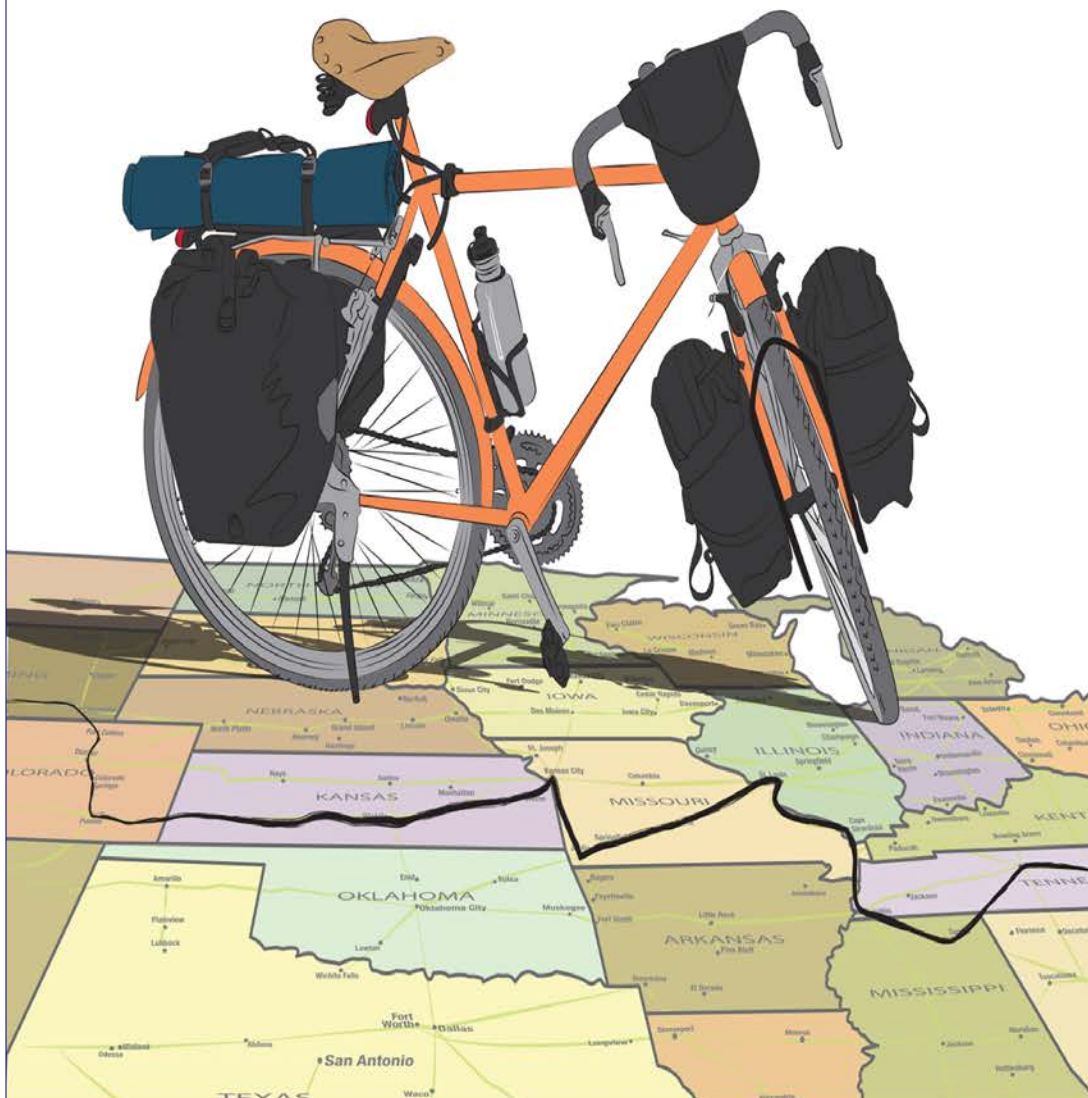
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## Emerging Artists in Concert at the Playhouse



By Artistic Director, Christian Lebano

On October 5, 2014 we start our second season of collaborations with the Colburn Conservatory when the Alma Quartet plays a program of Haydn and Beethoven. All our Sunday evening performances begin at 7:00 p.m. Ticket prices vary, but the Colburn Concerts are \$20 for adults and \$15 for Seniors and Students. Reservations can be made at 626.355.4318. For a long time, I have been struck by the number of music conservatories producing world-class professional musicians in Los Angeles. We have The Colburn School, The Thornton School at USC, the Herb Alpert School at UCLA, and CalArts – each producing amazingly talented musicians. In 2013, I started working on establishing a Series at the Playhouse which I am calling Emerging Artists in Concert at the Playhouse and my first call was to the Colburn Conservatory.

Founded in 2003, the Colburn Conservatory has quickly established itself as one of the nation's leading conservatories. I got a wonderful reception from Nate Zeisler, Director of Community Engagement and Continuing Education at the School who saw potential in working with SMP to create a venue for young artists to gain experience creating programs meaningful to themselves while working in collaboration with a producing organization. I have enjoyed working with Nate and his colleague Susannah Ramshaw to work out the execution of the collaboration – they have been

terrific partners.

The Series has been a resounding success. We've had some of the most remarkable early-career musicians play on our stage. All of them have been taken with the quality of the sound in our theater – they've told me how easy the room is. Anyone who has heard music performances in our jewel box of a theater knows how remarkable a space it is for music.

The Sunday Series is an important part of our programming and has been for a long time and I have made it a key part of my new mission at SMP. I have some remarkable performers joining us this year. Please see our website [www.sierramadreplayhouse.org](http://www.sierramadreplayhouse.org) for a full schedule of performances.

This Emerging Artists Series intends to present and celebrate the emerging talent coming out of these conservatories as well as programming new approaches to accepted notions of classical music. Eventually, we hope to program a wide range of music from jazz to opera – and I am negotiating with a dance troupe to join the series – more on that as it develops. We hope that patrons will begin to think of the Sierra Madre Playhouse not only as a place to see great theater and but also as a place to hear wonderful music.

I hope this is the start of something big. I've been saying for a while to anyone who will listen: "Hear them at the Playhouse before you hear them at the Phil."





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# Mountain Views News

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SATURDAY, SEPTEMBER 20, 2014

SECTION B

## AROUND SAN GABRIEL VALLEY

### FOOTHILL TRANSIT, AN ENVIRONMENTAL

**From The San Gabriel Valley  
Economic Partnership  
By Cynthia Kurtz**

Keeping the San Gabriel Valley healthy and protecting the environment are important to residents and businesses alike. The region has seen much improvement in recent years. The air is cleaner and the mountains are no longer hidden in gray "haze".

One company in particular stands out as a leader in environmental stewardship - Foothill Transit.

Since 1988 Foothill Transit has been transporting people around the San Gabriel Valley. It all began when the Los Angeles County transit system announced that it would cut service and raise fares. Knowing these changes would hurt the San Gabriel Valley, a group of cities formed a joint powers authority and assumed 14 lines of service that had previously been provided by the county-wide transportation authority.

Twenty-six years later, Foothill operates 331 buses on 33 fixed-routes, covers 327 square miles, and serves 14 million customers per year.

In addition to providing on-time, quality transit service, Foothill Transit is committed to environmental protection and sustainability. In 2002, the agency began its conversion to a compressed natural gas or CNG fleet. Since then, Foothill has put 316 CNG buses into service and retired its diesel fleet in December 2013.

In 2011 the agency became the first transit

agency in the United States to embrace zero-emission bus technology by purchasing the first of its kind all-electric Ecoliner. The Ecoliner is the first electric bus to utilize in-route fast charging capability. Everything on the bus including the air conditioning is powered by electricity.

The Ecoliner incorporates elements borrowed from Formula-1 race cars and naval and tank technologies designed to reduce vehicle weight without compromising safety.

Using the rapid charger located on its roof, the Ecoliner can dock at charger stations along its route and recharge from 20% to 90% in less than 10 minutes.

The rapid charge technology allows the Ecoliner to remain in service throughout the day.

And Foothill Transit was the first California transit agency to order the next generation of electric buses called the Proterra Solution.

It's not just their green fleet and the automobiles that are being supplanted from our roads that make Foothill Transit "green".

In 2012 Foothill even began producing its own green power with solar panels on the roofs of the Arcadia and Pomona Operation and Maintenance Yards. The combined facilities generate over 420,000 kilowatt hours of energy, thereby reducing carbon dioxide emissions by 218 tons per year.

Day after day Foothill Transit continues to make the San Gabriel Valley a better place to live and grow a business.

## San Gabriel Valley Economic Partnership Announces Mid-Year Change of Board Chairman

**From The San Gabriel Valley  
Economic Partnership**

The San Gabriel Valley Economic Partnership announced Monday a mid-year change of Executive Board Chairman for the 2014-2015 year. Richard Roche, AT&T Director of External Affairs stepped down as Chairman as of September 15, a role that is assumed by David Reyno, Foothill Transit Director of Government Affairs, and former Vice-Chair of the SGVEP Executive Board.

Richard Roche, who was elected as Chairman on July 1, 2014, announced at the San Gabriel Valley Awards Gala on September 6 that he accepted an AT&T position in Portland, Oregon, "Believe it or not, I've been Chairman for almost two, three weeks now," Roche quipped from the podium, "I've set a record for longevity here!"

The Chairman role is assumed by David Reyno, who has served on the Partnership for past three years, and served one year as Membership Committee Co-Chair.

David is an active member of the community and serves or has served on a number of organization boards including the San Gabriel Valley Economic Partnership, San Gabriel Valley Public Affairs Network, Mt. San Antonio College Foundation, West Covina Chamber of Commerce, Young Professionals Against Cancer and Insuring the Children. He also represents Foothill Transit on a number of transportation related organization

legislative committees including the American Public Transportation Association (APTA) and the California Transit Association (CTA).

With the change of Chairman, the updated San Gabriel Valley Economic Partnership 2014-2015 Executive Board is as follows: Treasurer Rene Martinez, Vice President Senior Relationship Manager of City National Bank; Secretary Carlos Illingworth, Director of Public Affairs & Government Relations for Vons Company, Inc.; City Manager Representative Paul Talbot, City Manager of Monterey Park; and Immediate Past Chair Bart Doyle, Attorney at Law.

**About the San Gabriel Valley Economic Partnership**

The San Gabriel Valley Economic Partnership is a regional, not-for-profit corporation supported and directed by its members and committed to the continued successful economic development of the San Gabriel Valley. A collaboration of businesses, local government, higher education institutions, and non-profits, the Partnership pursues this commitment by fostering the success of business, engaging in public policy, marketing the San Gabriel Valley and connecting people, companies, and organizations in the San Gabriel Valley. For more information, contact the San Gabriel Valley Economic Partnership at (626) 856-3400 or visit its web site at [www.valleyconnect.com](http://www.valleyconnect.com).

### SOROPTIMIST RUBY AWARD: FOR WOMEN HELPING WOMEN

*Soroptimist club seeks women who have made extraordinary differences on behalf of women and girls*

Soroptimist International of Pasadena/Altadena is searching for applicants for its Soroptimist Ruby Award: For Women Helping Women, which honors women who—through their personal or professional activities—make extraordinary efforts on behalf of women and girls. Women can nominate themselves or another woman in their community. Nominees should be women who have made extraordinary differences on behalf of women and girls, such as 2014 awardee Dr. Mikala Rahn of LearningWorks, Inc. Each awardee is also given a cash grant for their charity, and will move to District and International competition.

Applications are now available at local libraries,

The Altadena Community Center, Women at Work, the Chamber of Commerce and online at [www.soroptimist.org](http://www.soroptimist.org)

**Applications must be returned to Soroptimist International of Pasadena/Altadena by Nov. 15, 2014, PO Box 66, Altadena, CA 91003.**

Soroptimist International of Pasadena/Altadena is part of Soroptimist International of the Americas. Headquartered in Philadelphia, A, Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment. Locally, the organization's support includes The Door of Hope, The Women's Room, YWCA and Women At Work.

**Inside This Section:**  
**The World Around Us**  
**Business News & Trends**  
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## THE LIQUID AMBER TREE STRIKES AGAIN: Do You Love It or Hate It?

By Joan Schmidt

Tuesday morning I drove down my street towards California Ave. and really was shocked at what I saw. Over the last few years, huge branches have fallen off different neighbors' liquid amber trees and have done excessive damage to various vehicles. Each time, everyone has commented how fortunate there was no one walking down the street or in front of the house.

This time, the huge set of branches landed on someone's home, dented in the roof, and destroyed the façade over the front of the house. Thank God it occurred at 1 a.m. If it were during the day and children were walking to and from school, or residents walking to the bus stop, the results could have been tragic.

The trees make a beautiful shade. When I moved here 27 years ago, I loved the tree-lined street. But their fruit (dubbed "sticker-balls" by a neighbor) have caused many falls. My contractor friend said his mom tripped over one, fell, and broke her arm. When I walked my daily 2 ½ mile track years ago, I ruined a few pairs of pants-getting holes in the knees-after tripping over them!

Ten years ago, our front lawn area that belongs to the County, had a constant small pool of water because of a leaking water meter. After several calls to the Water Company, they came out and said the tree roots had done this. I was glad to see my tree removed, but over the years, I have seen my neighbors' problems from the trees.

About six months ago, my husband said, "Oh, we have a hole in the front lawn-county area (between

the street and sidewalk) about one foot deep. He got a shovel and tried to reach the bottom of the hole, but the shovel went way down! We called L.A. County Public Works. Their crew came and was going to fill up our "hole". It ended up being close to 4 feet deep and 7ft by 15ft! The Tree Crew came and said they never saw a hole that big. What had happened was, when the tree was removed ten years ago, a few roots were left and they kept decomposing!

Tuesday morning I spoke to Larry Vega, the Area Supervisor for LA County Public Works. Public Works already had several vehicles at the site and were waiting for the Tree Crew. Mr. Vega told me, "When even the smallest branch falls, the Tree Crew comes and assesses the situation to see if there could be a further problem. If necessary, the Tree Crew will recommend that Public Works remove branches or the entire tree. We are ready to do removal of a tree immediately if necessary."

Mr. Vega looked at the downed branches and they appeared healthy. He spoke of the tree's *Self-Preservation*. In this drought the tree needs more water and will get it from the ground; then becomes top-heavy. That often causes the branches to snap or break off.

Mr. Vega explained that the Tree Crew has "Choppers" which are good for small jobs. But Public Works has loaders to haul away all of the heavy branches." Ten years ago after our tree was removed, I was given a choice to have a new one replanted. After seeing so much damage to cars and even a house, I'm glad I chose against it.

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Looking Up

with Bob Eklund



MARS CURIOSITY ROVER ARRIVES AT MARTIAN MOUNTAIN

NASA's Mars Curiosity rover has reached the Red Planet's Mount Sharp, a Mount-Rainier-size mountain at the center of the vast Gale Crater and the rover mission's long-term prime destination. "Curiosity now will begin a new chapter from an already outstanding introduction to the world," said Jim Green, director of NASA's Planetary Science Division at NASA Headquarters in Washington. "After a historic and innovative landing along with its successful science discoveries, the scientific sequel is upon us."

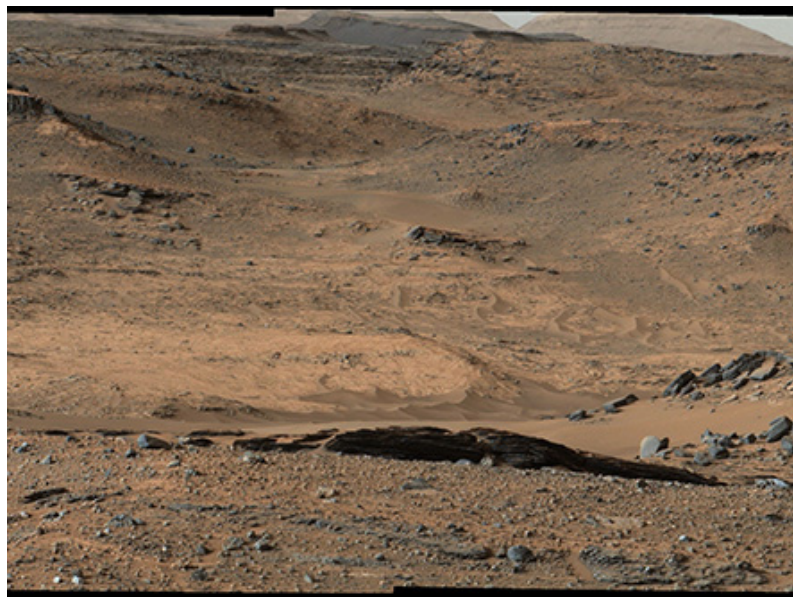
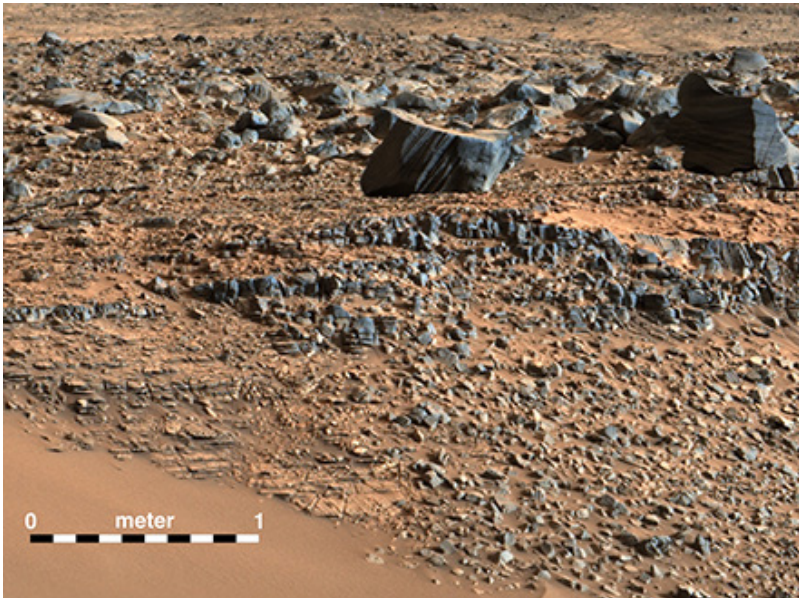
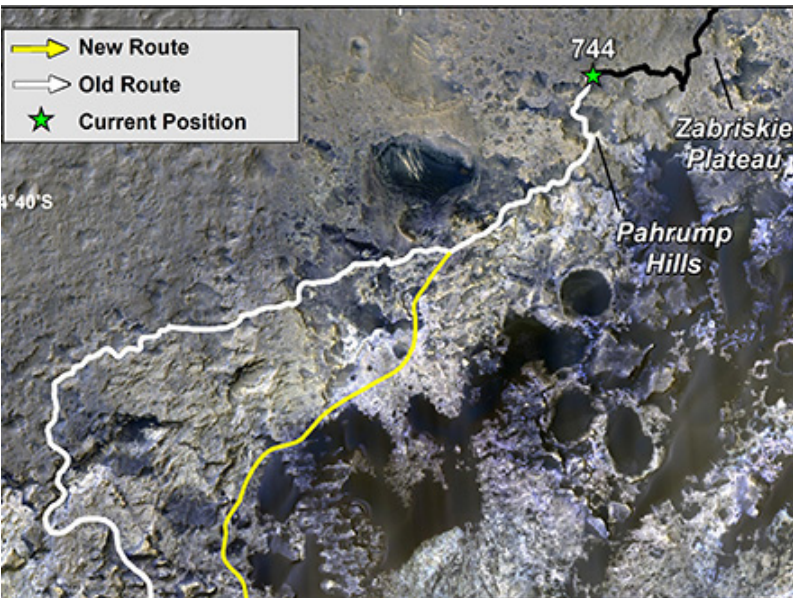
Curiosity's trek up the mountain will begin with an examination of the mountain's lower slopes. The rover is starting this process at an entry point near an outcrop called Pahrump Hills, rather than continuing on to the previously-planned, further entry point known as Murray Buttes. Both entry points lay along a boundary where the southern base layer of the mountain meets crater-floor deposits washed down from the crater's northern rim.

"It has been a long but historic journey to this Martian mountain," said Curiosity Project Scientist John Grotzinger of the California Institute of Technology in Pasadena. "The nature of the terrain at Pahrump Hills and just beyond it is a better place than Murray Buttes to learn about the significance of this contact. The exposures at the contact are better due to greater topographic relief."

The decision to head uphill sooner, instead of continuing to Murray Buttes, also draws from improved understanding of the region's geography provided by the rover's examinations of several outcrops during the past year. Curiosity currently is positioned at the base of the mountain along a pale, distinctive geological feature called the Murray formation. Compared to neighboring crater-floor terrain, the rock of the Murray formation is softer and does not preserve impact scars, as well. As viewed from orbit, it is not as well-layered as other units at the base of Mount Sharp.

Curiosity made its first close-up study last month of two Murray formation outcrops, both revealing notable differences from the terrain explored by Curiosity during the past year. The first outcrop, called Bonanza King, proved too unstable for drilling, but was examined by the rover's instruments and determined to have high silicon content. A second outcrop, examined with the rover's telephoto Mast Camera, revealed a fine-grained, platy surface laced with sulfate-filled veins.

Curiosity reached its current location after its



route was modified earlier this year in response to excessive wheel wear. In late 2013, the team realized a region of Martian terrain littered with sharp, embedded rocks was poking holes in four of the rover's six wheels. This damage accelerated the rate of wear and tear beyond that for which the rover team had planned. In response, the team altered the rover's route to a milder terrain, bringing the rover farther south, toward the base of Mount Sharp.

After landing inside Gale Crater in August 2012, Curiosity fulfilled in its first year of operations its major science goal of determining whether Mars ever offered environmental conditions favorable for microbial life. Clay-bearing sedimentary rocks on the crater floor, in an area called Yellowknife Bay, yielded evidence of a lakebed environment billions of years ago that offered fresh water, all of the key elemental ingredients for life, and a chemical source of energy for microbes.

NASA's Mars Science Laboratory Project continues to use Curiosity to assess ancient habitable environments and major changes in Martian environmental conditions. The destinations on Mount Sharp offer a series of geological layers that recorded different chapters in the environmental evolution of Mars.

You can contact Bob Eklund at: [beklund@MtnViewsNews.com](mailto:beklund@MtnViewsNews.com).



WHY AMERICANS LOVE RUSSIANS

A Lesson in Persistence

By Christopher Nyerges

Our small group had just finished a wild food class at a picnic area in the Angeles National Forest. We'd collected wild morels, miner's lettuce, chickweed, and other greens, and we cooked up a superb four course meal. We made our fire the

old-fashioned way, using a hand drill.

We discussed various survival skills, including how we might survive after a major tsunami. Finally, we hiked out to the parking area, only to discover that one of our group had forgotten her keys inside her locked car.

Thus began another "survival exercise."

We found a weak clothes hanger in the parking lot, and tried to open the door. But we couldn't get a grip on the flat door lock knob. The knob didn't have the little bump on the top that makes it easy to grab with a clothes hanger.

A passerby decided to try, and he worked the driver's side window. Another passerby found a heavier coat hanger in his car trunk and began to try again on the passenger side. It was easy enough to get the wire into the car, but it was hard to manipulate it onto the little protruding flat button.

Three Russian men, who had been picnicking down by the river with their families, saw the action and came over to the locked car. They brought a flat aluminum tent stake with them, and then proceeded to use it like a slim jim. I spoke with the one Russian who had some mastery of English. He was the shortest of the group, with a large grin, and nearly bald. He smiled as he told me that they could do it.

The three of them spoke loudly and animatedly about what they were about to do, and then one slipped the aluminum bar into the door siding, hoping to engage the linkage from the latch to the knob, and open the door. They tried this on the outside, and then into the inside of the door, and they were unable to capture the linkage. The short Russian explained that the linkage was probably in some sort of internal cover. They then moved over the drivers side, trying once again to grab the linkage. This went on for about 20 minutes without success.

A Japanese passerby watched for awhile, and then politely explained that it might be possible to open a Toyota door if someone had another Toyota key. He explained how he has many times opened Toyota doors, by taking any Toyota key and jiggling it a certain way in the keyhole. Someone else produced a Toyota key, and 10 minutes of jiggling did not open the door.

All this time the two coat hangers had been passed to at least five different individuals who each tried to open the door. The doors remained locked.

The three Russians persisted with one method after another to enter the car. It was obviously a challenge to them, and they showed no signs of frustration or desire to quit. It was a puzzle to be solved, an obstacle to be overcome. Failure was not an option.

They attempted to grab the linkage, but it didn't work. They managed to push a button inside the car which should have opened the door. It didn't. They actually grabbed the inside latch, and managed to pull it outward, but could not leverage enough to open the door. They attempted to go into the outside door handle, and through the trunk key hole. No success.

These three casually-dressed men constantly spoke in Russian amongst themselves as they moved around the car trying each method. We could not tell if they were arguing or problem-solving. But clearly, at this moment, all that mattered was getting into the car.

A teenager walked up with backwards hat and pants falling down. He walked with an arrogance towards the car. One observer yelled out, "I've got my money on the kid!" The teenager took the clothes hanger and worked on the driver's side for all of five minutes before quitting in defeat. The Russians persisted.

I had someone drive the car's owner up out of the canyon so she could get coverage on her cell phone and call emergency road service for a locksmith. I waited, as the Russians continued, and one after another man would step up to the car and try his hand and opening the door. They each looked like the types of guys you'd see in a police line-up, so you'd think they could open the door. But none of them succeeded.

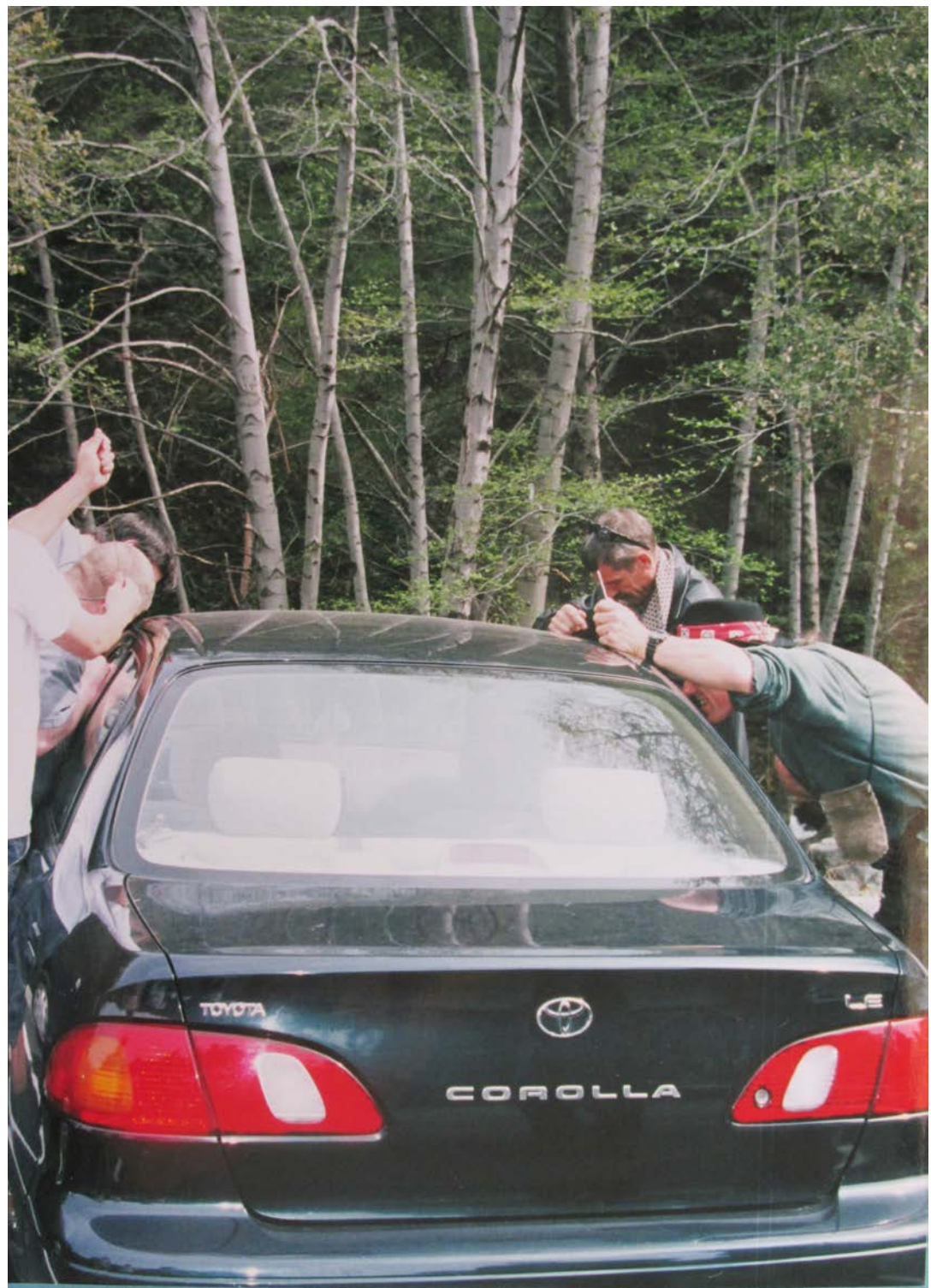
All along, the Russians continued, discussing each aspect of their task amongst themselves, as they tried tactic after tactic.

By now, about 55 minutes had elapsed and perhaps 20 individuals had tried to open to locked door. A tall fourth Russian, who'd been down by the river with his family, came over and joined the other three. The tall Russian didn't say very much, but he carefully examined the situation. He took the stiff wire clothes hanger, and began making a series of very careful bends and angles as the other three Russians animatedly spoke among themselves about what the forth man was doing.

The tall Russian quietly and carefully slipped the wire into the car, and managed to slip the end of it between the knob and the glass, and then exerting just the right amount of tension in the right direction, he freed the knob and the door was open. The small crowd cheered in that parking lot in the Angeles National Forest, and everyone was shaking hands with the Russians.

With the broadest possible grin, the short Russians said to me, "This is why Americans love Russians." Then they disappeared back down to their families and I drove the car out of the canyon to where the owner was waiting, with no emergency road service in sight.

Before we departed, three of us discussed what had just happened, and the value of "urban" survival skills -such as locksmithing. We also discussed those Russians, and their unique



character of not quitting easily, when all the "average Americans" gave up easily. And though they all wore obviously American clothes with obvious makers' mark such as Nike and Tomy Hilfinger, they had a certain nitty-gritty quality about themselves that told me they'd be far more likely to survive in an emergency - be it urban or in the wilderness -than any of the polite, proper, and nice people.

It's hard to say with precision what the short Russian meant by his statement "that's why Americans love Russians," but we certainly

admired their persistence and willingness to help someone else with no promise of any "reward" but a handshake. Those are good character traits that we could use more of.

[Nyerges is the author of "How to Survive Anywhere," "Extreme Simplicity: Homesteading in the City," and 10 other books. He has led wilderness classes since 1974. For information on his books and classes, contact him at [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com) or Box 41834, Eagle Rock, CA 90041]



FAMILY MATTERS By Marc Garlett



FINANCIAL SELF-PROTECTION TIPS FOR THE NEWLY SINGLE

Whether you have a lost a spouse or partner through divorce or death, being thrust into singlehood can be an emotionally and financially jarring experience. To get yourself back on firm footing, at least financially, follow these five steps:

**Finalize financial plans.** In the case of a divorce, you must ensure that the terms of any settlement are actually executed, including the retitling of financial accounts, the transfer of divided assets to your new accounts, transferring titles on vehicles, etc. Be sure to notify your financial planner or CPA about your new status, including any changes to deductions (only one parent can claim children as dependents each year).

**Update your estate planning documents.** If you no longer have a spouse, you will need to update your estate plan, including your will, trusts, living will, advance medical directive and powers of attorney. You'll also need to update your beneficiary forms for retirement and investment accounts as well as insurance policies -- and remember that beneficiary forms trump a will.

**Scour your credit report.** You want to be sure that any of your former spouse's financial liabilities do not appear on your credit report. You also want to check for any surprises, including credit accounts you might not have been aware of but are still responsible for in the eyes of the law.

**Don't act too quickly.** Emotion can cloud anyone's judgment, so you want to give yourself time to grieve the loss of your spouse -- to either death or divorce -- before making any big financial decisions.

**Gather a support team.** As you sail forward into your new life, gather a good support team to help you navigate. This should include a financial adviser and a personal family attorney who share your values and can help you accomplish all your goals.

As always, I wish all the best to you and your family,

MARC

Marc, a local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children) is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Call 626.355.4000 to schedule an appointment to sit down and talk about ensuring a legacy of love and financial support for your family, or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.



## Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

### HARDER THAN IT LOOKS

With markets so rapidly changing, it's easy to imagine how property appraisers might sit in a darkened room, waving their hands over a crystal ball, and producing the mysterious and all-powerful document of a home's value. Let's dispel the notion of magical figures and look more carefully at the process.

When comparing against similar properties, it's not just the final price that counts. Appraisers also factor in any "incentives" offered, such as sellers who pay closing costs or remodeling allowances.

Perhaps the most important factor that lenders review in an appraisal is the closing dates of the "comparables" (other homes by which yours is measured). Unfortunately, with today's stricter lending requirements, most "comps" must have sold within the last 60 or even 45 days to carry weight. Markets change so quickly that any sale price over two months old may be completely irrelevant.

Now a few words about how foreclosures in a neighborhood affect determination of value. Technically, appraisers shouldn't consider them, because they don't fit the Appraisal Institute's definition of "a property reasonably exposed in a competitive market." However, if several area homes have been abandoned, we know the negative effect that can have on a home's "perceived" value.

If you're planning to sell, express your concerns about the appraisal process to your representative, who will offer explanations and suggestions for improving your report's results.



## Social Media Tips, Tricks & Ideas

by: MJ Finstrom



AWARENESS TO CONVERSION

Social media channels do a great job of creating awareness of a brand and can give your business great visibility. But...is awareness enough to achieve the results your business is looking for? Most likely it's not.

Converting your social media fans to your email list is an important strategy because the real action on-line happens in email campaigns. Email campaigns out perform social media posts when it comes to conversions. Having a quality email list is key.

There are several tools that can help you with the conversion. One of my favorite tools is the Facebook Fan promotion in the Constant Contact toolkit. It helps you set up a sweepstake, coupon or downloadable content promotion on Facebook that grows your email list and creates social word of mouth.

Action Sprout is another cool tool that works great with Constant Contact. It helps you create social media posts that capture opted-in emails. Exposure is great and all businesses need it. Keep your social media channels active and build up awareness but eventually you need a way to identify the fans who are really interested in your product or service.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs). Sign up for their upcoming classes, webinars and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

SBA INTRODUCES NEW ONLINE COURSE FOR YOUNG ENTREPRENEURS IN SPANISH

Hosts Live Hangout for Spanish-Speaking Young Entrepreneurs with GobiernoUSA.gov on September 25, 2014

WASHINGTON – Young entrepreneurs have a new tool to help determine if they're ready for business ownership and to help them get started. Young Entrepreneurs: An Essential Guide to Starting Your Own Business (Jóvenes Emprendedores) is a free, self-paced online course in Spanish that gives an overview of basic business principles and introduces resources available from the U.S. Small Business Administration.

"This month, the SBA recognizes the vital contributions Hispanic American small business owners have made to our economy as we observe National Hispanic Heritage Month," said Maria Contreras-Sweet, SBA Administrator. "As a proud Hispanic American, I believe that providing financial, educational and technical assistance to Hispanic entrepreneurs is a major means to create jobs and stimulate the economy. The new course is an essential business development tool for young entrepreneurs that can be central to the future success for many generations to come."

The Young Entrepreneurs course is designed to help with the essentials of starting a small business, including evaluating business ideas, choosing the best financing options and registering a business. The course also includes useful resources that will help with each step along the path to entrepreneurial success.

The course is accessible from the SBA's Learning Center under the banner "Starting a Business" at <http://go.usa.gov/mnFT>, and is also available in English. The Spanish version of the course includes a special video introduction. Young

Spanish-speaking entrepreneurs will receive a personal greeting from SBA Administrator Contreras-Sweet when taking the course.

Together, SBA and GobiernoUSA.gov will host a live Hangout on Thursday, September 25 to chat about the new online course and entrepreneurship with Sarah Farzam, owner of Bilingual Birdies, a foreign language and live music company that encourages cross-cultural awareness through combining language and music. Farzam will answer questions about getting started as a young entrepreneur.

Hangout participants can submit questions for Farzam by email to [learning@sba.gov](mailto:learning@sba.gov) or tweet questions using the hashtag #jovenesempresarios. No registration is needed to watch.

To join the conversation and watch live, go to <https://plus.google.com/u/1/b/109740293027006618740/events/cb3oitffipifl4t42t9bd7uq0f4> for a live stream of the Hangout. The live Hangout will start at 1:00 p.m. ET.

The Obama Administration has a good record of SBA assistance to the Latino community, and the SBA's 7(a) loan guarantee program has increased its level of assistance to Hispanic-owned businesses over the last five year period.

The agency has placed more than \$3.3 billion in loans to Hispanic business owners over the four-year span from 2009 through 2013. And this year, SBA's 7(a) lending pace has already exceeded last year's volume, attaining a level of more than \$857 million."

SOME CALIFORNIANS MAY BE OWED REFUNDS ON AUTO PURCHASES

Sacramento – Board of Equalization, (BOE) Chairman Jerome E. Horton announces that the Department of Motor Vehicle (DMV) may have charged you too much use tax on your purchase of a car from a private citizen.

When purchasing a car from a private party you are required to register the vehicle with the DMV, and pay the use tax. The use tax a buyer should generally pay is the applicable sales tax rate for the area where the vehicle will be registered (usually the new owner's home or business address).

The Department of Motor Vehicles, working with the BOE, has discovered that some taxpayers may have been charged the wrong rate in computing their tax liability on the purchase of a vehicle from a private party.

For example, if you bought a used car for \$10,000 and the car will be registered to your home address in the City of Inglewood, you would owe \$950 in tax (based upon Inglewood's sales and use tax rate of 9.5 percent). If your home was nearby in the unincorporated area of Los Angeles County, which is also in the 90045 zip code, you would owe \$900 based on that area's rate of 9 percent.

The Board of Equalization, working with the DMV, is in the process of implementing safeguards to protect California taxpayers from being over-charged in the future. However, Chairman Horton encourages taxpayers to report any concerns to the Board of Equalization.


"Taxpayers have the right to pay the correct amount of taxes under the law, and correcting this mechanical or human error preserves that right," said Chairman Horton.

To verify that you were charged the correct amount of tax, and to file a claim for refund if the wrong amount was collected by the DMV, please visit [www.boe.ca.gov](http://www.boe.ca.gov). Your request for a refund must be made in writing, and must state the grounds or specific reason for the over-payment. You may use the form BOE-101. More information and instructions are available on the BOE's website in Publication 117.

If you were overcharged tax by a registered vehicle dealer, you should request a refund from that dealer. For further assistance, consumers may contact the BOE's Customer Service Center at 1-800-400-7115.

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RICH Johnson HEAT IS HOT



I don't want to bore you with tedious scientific research and fact finding but I have personally experienced over the last several days the hotness of heat. I can say relatively confidently that heat is hot. In fact, as of this writing (1:49 Tuesday afternoon), it is 106 F degrees outside.

In my research I discovered the hottest day on record in California took place on July 10, 1913 in, of course, Death Valley. It hit 134 F. That beat every other state in the country. Second was Arizona in 1994. 128 degrees F in Lake Havasu City. By the way, there is no place on the planet that was ever hotter than Death Valley. Tunisia in Africa hit 131 degrees and Kuwait in the middle east hit 128.5 degrees.

What melts at high heat aside from ice cream and popsicles? Candles can melt around 120 degrees. If you see them drooping over you know why. Crayons will start to soften at 105 degrees. Especially the ones your kids leave in between the seats of your car. Keep an eye on those plastic toys. I'm told steering wheels can start to melt. Watch out for your CDs and cases in your car. So, use a sunshade protector whenever you park. I've had a brain meltdown. When that happens the brain never quite comes back. So be careful.

"If you saw a heat wave, would you wave back?" Steven Wright  
"If you can't stand the heat, don't go to Cancun in the Summer." Ben Stein  
"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken." James Dent

Now, for perspective, the coldest place in California was in a small town near Truckee called Boca. In January 20, 1937 it reached -45 degrees F. That's below zero. The coldest day in the United States was January 23, 1971 in Prospect Creek, Alaska. The temperature hit -80 degrees below zero. Honorable mention goes to Montana and Utah who had -70 degrees and -69 degrees coldest day. Antarctica had -128 degrees below zero and Russia had -90 below zero.

You know, I'm not the only one pondering the hotness of heat. The esteemed website, ScienceDirect.com is also taking up these important questions. Look what I found on their website:

"Is heat hot?" Inducing conceptual change by integrating everyday and scientific perspectives on thermal phenomena.

Abstract (which means brief summary)

An account of conceptual change within the domain of thermal physics is described. In particular, the difficulties of inducing an ontological change in students' concept of heat is examined. While the overall goal of this research is to document microgenetically the process of conceptual change that takes place as students learn thermal physics, this paper describes the specific role of metaconceptual teaching. It is argued that metaconceptual teaching that addresses the fact that students and scientists may use the same terms for different conceptual referents and that scientific conceptions can account for everyday ones, helps to effect the targeted ontological changes. The pedagogical success of integrating the scientific and the everyday view is consistent with young adolescents' difficulties with a relativistic epistemology in which scientific and everyday views are presented as valid alternatives.

I couldn't have said it better. In fact I couldn't have said it at all. But we can safely state with even more confidence that heat is hot. -Rich



Closer Than My Cell Phone

Dr. James L. Snyder

Traveling, especially by air, is not my favorite pastime. I know some people who just delight in flying from one point to another point. If you would count all of those people who do, I would be nowhere on that list. Recently I had to travel involving changing planes, which involved spending a night at the Orlando airport. I could have come home, which is about two hours away, or I could spend the night and catch the plane the next day. It would cost me about the same to stay overnight at the airport as it would to travel back home and then return to the airport the next day. So, after all of my meticulous calculations, I decided to spend the night at the airport.

I determined while there to get the most of my night's stay at the airport. The hotel at the airport was one of those big international hotels. It had more stories than a politician on the campaign trail. As is usually the case, my room was on one of the top stories of the hotel.

Checking in at the front desk, I then went to my room and settled down for the evening. I was not going to waste my time huddled in my hotel room, rather, I was going to look around and experience the "nightlife" at this international Airport.

Have you ever made a decision, then looking back on it you thought to yourself, "Self, we are never going to do that again." Such was my case.

I decided to get some supper around 8 o'clock in the evening. This, I found out, was the time high society folk eat. Why they eat so late, I will never know. But, since I was with high society, I decided to act and eat like high society.

The restaurant in this international hotel was one of those highfalutin restaurants where you really do not know what is on the menu. The menu was in every language except English. Fortunately, they had some pictures and fortunately, my index finger was still in good working order. I ordered my supper, set back and observed the high society all around me.

One thought that stumbled through my brain at the time was, "I wonder if these people in this restaurant know that I am not part of high society?"

About this time the wine steward, I guess that is what he is called, came by to take my wine order. The only wine I know is spelled with an H. When I declined the wine, people began to suspicion I was not part of high society. I guess you cannot be part of high society unless you wine a little.

I finished my supper and decided to wander around in the huge lounge area on this floor. Everybody there was talking and so I got an order of coffee, went to a couch, sat down and just observed what was going on around me. One thing I noticed was that most people seemed to be on their cell phone. What would happen in our society if cell phones suddenly stopped working for three minutes? There would be such a panic across our country that nobody would actually survive.

I decided I should call someone on my cell phone. After all, I am trying to fit in with this high society. My dilemma came when I tried to figure out who in the world I should call at 10 o'clock in the evening.

Then it dawned on me. I will call the Gracious Mistress of the Parsonage. I do not know why I did not think of this before. So, I pressed the speed dial and the phone started ringing.

As soon as the phone started ringing, a thought danced in my mind. What in the world am I calling her for? What in the world would I talk about?

Before finishing all of the questions floating around my cranium my wife answered the phone. The first words out of her mouth were, "What did you forget now?"

It seems that whenever I go on a trip, before I get too far down the road I remember something I forgot. When I assured her that I had not forgotten anything, I sensed a slight pause on the other end and then she said, "Did you miss your plane?"

Within the next few minutes I was bombarded with question after question, all I did was call, and at this point, I could not remember why I had called her. It just seemed like the thing to do at the time.

After she settled down a little bit and her panic seizure ceased, I told her I just called to call. "Oh," she said, not knowing how to answer that.

I was shocked. It had never happened before. I am going to cherish this memory for as long as I live. I actually caught her when she had nothing to say. Needless to say, I relished that moment because it will probably never happen again.

After I hung up, I sat sipping some more coffee when one of my favorite verses came to mind. "And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear" (Isaiah 65:24).

My comfort rests in the fact that God is closer to me than my cell phone.  
Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamessnyder2@att.net or website www.jamessnyderministries.com.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"Anytime it's (sic) starts to tinkering with their bottom line, then they act. Now they're concerned."

- Arian Foster, running back for the Houston Texans, on NFL sponsor Anheuser-Busch's statement that "We are not yet satisfied with the league's handling of behaviors that so clearly go against our own company culture and moral code."

In a tweet a couple minutes later, Foster elaborated, "Domestic violence and alcohol damn near synonymous". (No, they're not. Don't blame the Bud.)

It's not just Anheuser-Busch. McDonald's. Visa and Campbell Soup have expressed their concerns. Radisson Hotels pulled its sponsorship of the Minnesota Vikings. GM and FedEx are "monitoring the situation".

The IEG consulting firm estimates sponsorship fees, not including advertising and promotion, paid to the NFL at \$1.07 billion. According to Nielsen ratings, of the 17.4 million tuning into a regular season NFL game, more than a third (35%) are women. Procter & Gamble issued a quick response to a fake Covergirl ad that went viral depicting a model with a black eye, that it "encouraged the NFL to take swift action . . . to address the issue of domestic violence."

The corporations are getting it. But for much of the media, the story is on the NFL's attempts at damage control under Commissioner Roger Goodell. (Goodell's salary of nearly \$20 million doesn't factor in bonuses; total compensation for 2012 was \$44 million.)

There was the initial two-game suspension given Ravens running back Ray Rice after video surfaced of him dragging his unconscious girlfriend from an Atlantic City casino elevator last February. The State of New Jersey let Rice avoid jail time and clear his record by paying a \$125 fine and receiving counseling for anger management.

Goodell rationalized the two-game suspension by explaining that when it was handed down last July, there was still ambiguity as to what had happened in that elevator. ESPN reports sources say Rice came to Goodell in June and told him exactly what had happened.

The "indefinite suspension" came with the video on TMZ a couple weeks ago of Rice knocking out his girlfriend with a punch inside the elevator. Goodell says he hadn't seen the video until it surfaced on TMZ. The A.P. reports a "law enforcement official" told them the NFL has had the tape since April.

A highlight of the new season was the opening of Levi's Stadium, new home for the 49ers. Commissioner Goodell was a no-show. (S.F. defensive lineman Ray McDonald is currently under investigation for felony domestic violence.)

Shifting the focus from Goodell, "Fox and Friends" turned to Rice's victim, with Brian Kilmeade joking, "The message here is, take the stairs". Steve Doocy added a lesson about not getting caught; "The message is when you're in an elevator, there's a camera."

When Democrats on the House Judiciary Committee sent a letter to Goodell calling for "greater transparency" from the NFL, Fox host Eric Bolling called it "convenient"; "They love to perpetuate this war on women . . ." Rush Limbaugh accused NFL officials and sports media of being "in a race to see who can be the most politically correct, feminized guy", and warned that "if we keep chickifying this game, we're going to ruin it." (Rush also offered dating advice; "No" means 'yes' if you know how to spot it.") Fox News' Elizabeth Hasselbeck tweeted a connection between this NFL controversy and Benghazi.

When the Texans' Arian Foster observed that "now they're concerned", he was referring to NFL sponsors and their bottom lines. From Bolling's comments on Fox, though, it's clear there's also concern about the upcoming elections, and recognition that when Republicans lost seats in Congress two years ago it was because voters saw "this war on women" not as something Democrats were trying to "perpetuate", but as something real. (Remember senate candidate Todd Akins' observation of the unlikelihood of pregnancy resulting from "legitimate rape"?)

While many have been following the NFL controversy, there were other stories in the news about men determining what's best for women. There was state Rep. Paul Wieland (R-MO) suing the federal government for the Affordable Care Act's making contraception available to his teenage daughters. Former state Sen. Russell Pearce (R-AZ) resigned as his state's Republican chairman after suggesting mandatory sterilization for women on Medicaid.

This past week, Meredith Vieira used her show to relate her own harrowing experience as a victim of domestic violence, and to address the question, "Why didn't you just leave?"; "I would feel like maybe I contributed somehow to this and they are saying this about Ray Rice's wife, that it takes two to tango."

Our new Miss America, Miss New York Kira Kazantsev, has taken the national stage to relate her personal experience suffering in an abusive relationship while in college and of her work in groups advocating for victims of domestic violence, like Safe Harbor. For those on the right, though, Miss America is not to be congratulated but condemned – for having interned for three months in support of educational programs at Planned Parenthood.

Domestic violence and the victimization of women have now become prominent stories in the media. The NFL's corporate sponsors have shown their concern – making clear their insistence the league deal with the problem openly and decisively. It remains unclear whether Republicans in Congress share that concern. While these stories were making news, Senate Republicans successfully blocked, for the fourth time, the Paycheck Fairness Act. Women comprise half our nation's workforce, being the primary or co-breadwinner of two-thirds of our households. Apart from any concern over women who are victims of domestic violence, Republicans in this Congress can't even be concerned they get equal pay for their work.

GREG Welborn

Two Viruses And Two Reactions



President Obama's decision to send 3,000 American soldiers to contain and eradicate the Ebola virus before it breaks out is the right decision, and Conservatives should support it without reservation. Given President Obama's penchant for moving very slowly when committing U.S. troops, he has shown wisdom and courage in reacting to the prospects for the world and the U.S. should Ebola start to spread rapidly. But the same could be, and should be, said for the virus which is Islamic terror, now at least "contained" to one predominant region of the world but seeking to spread far and fast. We need the same swiftness of action and the same, or greater, commitment of U.S. ground troops to defeat ISIS in Iraq and Syria before the two viruses combine and attack the U.S.

Lethal viruses kill, and the amount of people they kill is determined by the combination of how quickly the virus kills and how quickly it spreads. Viruses which kill quickly but take longer to spread tend to burn out on their own; too many of their victims die before they can contaminate others at a compounding rate. This is measured by the "basic reproductive number" – usually shortened to R0. An R0 of less than 1 means an outbreak will subside. R0s greater than 1 mean the virus will spread. Recent analysis of the current West African epidemic pegs the R0 at greater than 1 and further stressed that the virus is mutating. Viruses do that. They try to live and reproduce like all organisms. If Ebola continues to grow and mutate to the point where it could be transmitted through the air (it cannot now), we would see a worldwide epidemic – perhaps even spurred by bio-terrorism.

President Obama is right to send U.S. troops – and lots of them. Only the U.S. has the personnel, stature and efficiency to put up the necessary facilities, isolate and treat those infected and stop this virus. Political dithering would cost lives – thousands of live. The President has been told that and reacted appropriately. Whether he did it for the right reasons or political reasons is irrelevant. This has to be stopped.

This brings us to the other virus – Islamic terror, now resident in the form of ISIS. It's not a virus in the medical sense of the world, but it kills with equal dispatch and abandon, seeks to replicate itself worldwide and infects too many who ostensibly claim to belong to a religion of peace. If Islam in the broader sense is a peaceful religion, then it is an appropriate analogy to see the ISIS strain of Islam as a virus infecting that body of believers.

Like other viruses, ISIS's strategy is not particularly new. Viruses tend to follow predictable paths. While the name is something we hadn't heard before, ISIS's goals, methods and strategies for dealing with the United States are similar to what we've faced before. Whether it's been North Korea, Vietnam, the first Gulf War, Al Quada, the Iraq War, Afghanistan or now ISIS, the terrorists practice a similar path of asymmetric warfare. They kill to terrorize a population, they refuse to wear uniforms, they hide among civilian populations and they strike sporadically as guerrilla's. They also play on the world's sympathetic media to amplify their claims of a justified cause to excuse their wanton cruelty. Like other viruses, they seek the weakest elements in the cultures they target to convince the innocent and disaffected to die for their advancement. And like all viruses, they seek domination of ever increasing swaths of territory.

Fortunately, the comparisons also apply to how we must deal with them. Ebola must be stamped out. It must be met now with an overpowering counter force which will contain and then eliminate the threat. You can't creep up on Ebola; you can't use an incremental strategy. And yes, only the U.S. can supply that overwhelming force. It bears repeating; President Obama got it right in his response to Ebola.

The President must also do the same with ISIS. Before the Obama administration, the last time we practiced an incremental approach to warfare was Vietnam. From that came a quagmire, but also out of that came the Powell Doctrine. General Collin Powell persuasively articulated the need for an overwhelming force when America goes to war. From Vietnam until the current administration, that philosophy guided our successful engagements in the Gulf War, Iraq and Afghanistan. Because of it, we beat back those who would have enslaved nations and whole regions. Obama's premature removal of troops from Iraq, his communication of a withdrawal timetable for Afghanistan, his dithering on Syria and Libya, and now his open argument with our generals about ground troops have allowed the terrorists to regroup, mutate and emerge in many ways more powerful than they were when we first engaged them. Historians of the future will accurately record this as the seminal weakness of the Obama presidency. Should Ebola mutate to air-borne capabilities and should an Islamic terrorist release that strain in an American city, Obama's weakness will become America's disaster.

But, there is a chance that future historians will also record a turning point in this presidency if Obama, like several Chief Executives before him, learns from his fatal mistakes and finishes well. For President Obama and the nation to finish this chapter successfully, Obama must immediately and resolutely commit the overwhelming force that only boots on the ground can supply to the battle against the virus that is Islamic terrorism.

The author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com























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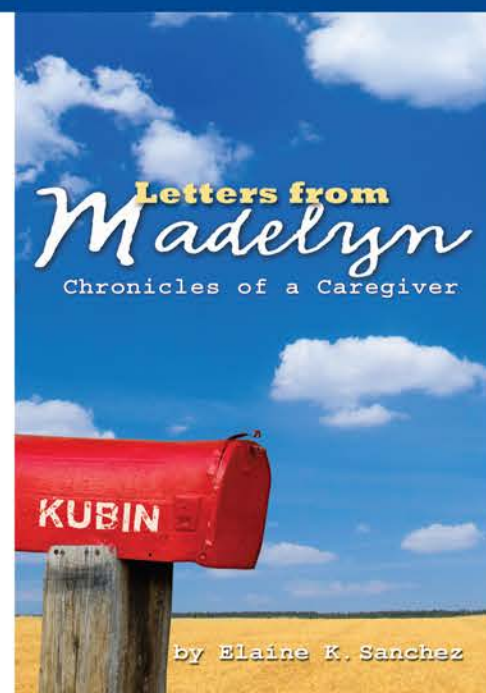
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**Session I: 12:30-2:30pm** | Refreshments, lunch and coffee  
**Session II: 6-8pm** | Cocktails, hors d'oeuvres, dinner and coffee

RSVP – Limited Seating



Elaine K. Sanchez is an author, speaker and co-founder of CaregiverHelp.com. She has been described as part Erma Bombeck and part Garrison Keillor, but don't let the entertainment value of her presentation fool you. Her three-step process of developing an "Attitude of Creative Indifference" toward the emotional

stress of caregiving has helped thousands of family and professional caregivers learn:

- In order to care for another person, we must make self-care a priority.
- Even in the very worst end-of-life situations, there is still an opportunity for mental and spiritual growth.
- As long as we have the ability to think and to reason, we have the power to choose our attitude toward any person, situation or event.

Elaine's real-life caregiving stories bring hope, humor and heart to caregiver anger, guilt, depression and grief. You will learn that you are not alone, that having negative feelings doesn't make you a bad person, and that it is possible to survive the emotional stress of caring for those who can no longer care for themselves.

To RSVP, call 626-355-5700; or email SSciurba@KensingtonSL.com; or visit us online at [www.TheKensingtonSierraMadre.com](http://www.TheKensingtonSierraMadre.com) and click on "Upcoming Events."



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