

SIERRA MADRE HONORS

SATURDAY, OCTOBER 11, 2014

VOLUME 8 NO. 41



City Manager Elaine Aguilar with Community Youth Service Award Winner Alexi Zate and Mayor John Harabedian. Photo courtesy City of Sierra Madre

Sierra Madre Honors... is the City's opportunity to recognize and honor the true treasures of Sierra Madre, its volunteers, City Commissioners and employees.

Sierra Madre Honors... recognizes all out-going City Commissioners, and awardees selected from nominations submitted to the Mayor's Ad-Hoc Committee comprised of past recipients. The following are the awardees for 2014:

George Maurer Lifetime Service Award	Robert Young
Community Youth Service Award	Alexi Zate
Public Service Award	Selena Yang and Kyle Schnurr
Police Chief's Special Award	Brian Ho Kenneth Berry
Public Safety Award	Community Emergency Response Team
Wistaria Award	4th Of July Committee

In addition the following persons were honored as outgoing commissioners:

Paul Alva	Energy, Environment & Natural Resources
Rachelle Arizmendi	Community Services Commission
David Crochetiere	Community Services Commission
Gene Goss	Library Board of Trustees
Lisa Fay Matthiessen	Energy, Environment & Natural Resources
Bill Nelson	Senior Community Commission
Pete Siberell	Library Board of Trustees
PJ Siberell	Community Services Commission

The event was held on October 9th at the Villa del Sol d'Oro (Alverno) in Sierra Madre. Opera Star Suzanna Guzman was the MC for the evening. The SM Middle School Service Club (Kiwanis Builders Club) served as hostesses and dinner was catered by Corfu Restaurant in Sierra Madre.

PRESIDENT OBAMA DESIGNATES SAN GABRIEL MOUNTAINS NATIONAL MONUMENT



"We are blessed to have the most beautiful landscapes in the world. We have a responsibility to be good stewards of them for future generations."
-- President Obama, October 10, 2014
Photo By Pete Sousa

On Friday in Frank Bonelli Park in San Dimas, Congresswoman Judy Chu (CA-27) was praised by President Barack Obama as he declared more than 346,000 acres of national forest land there the nation's newest national monument. The President said in his remarks, "It's not just the natural beauty of the San Gabriels that makes it invaluable. Within these hills lies millennia of history, including the ancient rock art of Native peoples -- the first Americans. And just as this region teaches us about our past, it has always offered us a window into the future. It was here at the Mount Wilson Observatory that Edwin P. Hubble showed the universe to be ever-expanding, and it's where astronomers still explore the mysteries of space. I can think of no better way to honor our past and protect our future than by preserving the San Gabriel Mountains."

The effort to protect the San Gabriel Mountains started eleven and a half years ago with the introduction of a bill by then-Representative Hilda Solis. The result was a 10-year study by the National Park Service, which included 66 stakeholder meetings, and 16,800 public comments, most overwhelmingly in support of more resources for the San Gabriel Mountains and Rivers.

After the release of the study, Chu drafted a bill on the San Gabriel Mountains and Rivers, conducted over 40 stakeholder meetings, earned the support of the San Gabriel Council of Governments and the San Gabriel Valley Water Association.

Opponents Not Happy

Not all elected officials are in favor of the designation. Two days prior to the President's visit, LA County Supervisor Michael Antonovich released the results of a report he requested from the LA County Department of Public Works and Fire that detailed the negative impact of the designation.

"This list of issues is alarming. We have been told repeatedly that this designation will have no impacts on County operations, yet our County departments immediately identified multiple areas of concern," said Supervisor Antonovich. "We now have more questions than answers, and unfortunately, we will be unable to definitely determine the potential impacts of a designation prior to the President's ill-advised Executive Order."

The report identified areas of concern, including:

- Fire suppression
- Water resources
- Flood control facilities
- Roads

"Congresswoman Chu and the President are bypassing stakeholders by rushing this Monument Designation," said Antonovich. However, The Antiquities Act of 1906 gives the President the authority to declare a national monument on federal lands, if they are historic landmarks, historic and prehistoric structures, and other objects of historic or scientific interest.

The designation will allow federal resources to come to the area for management and maintenance. The area provides 70% of the open space and 30% of the drinking water for the 15 million people who live within 90 minutes of the site.

S. Henderson/MVNews



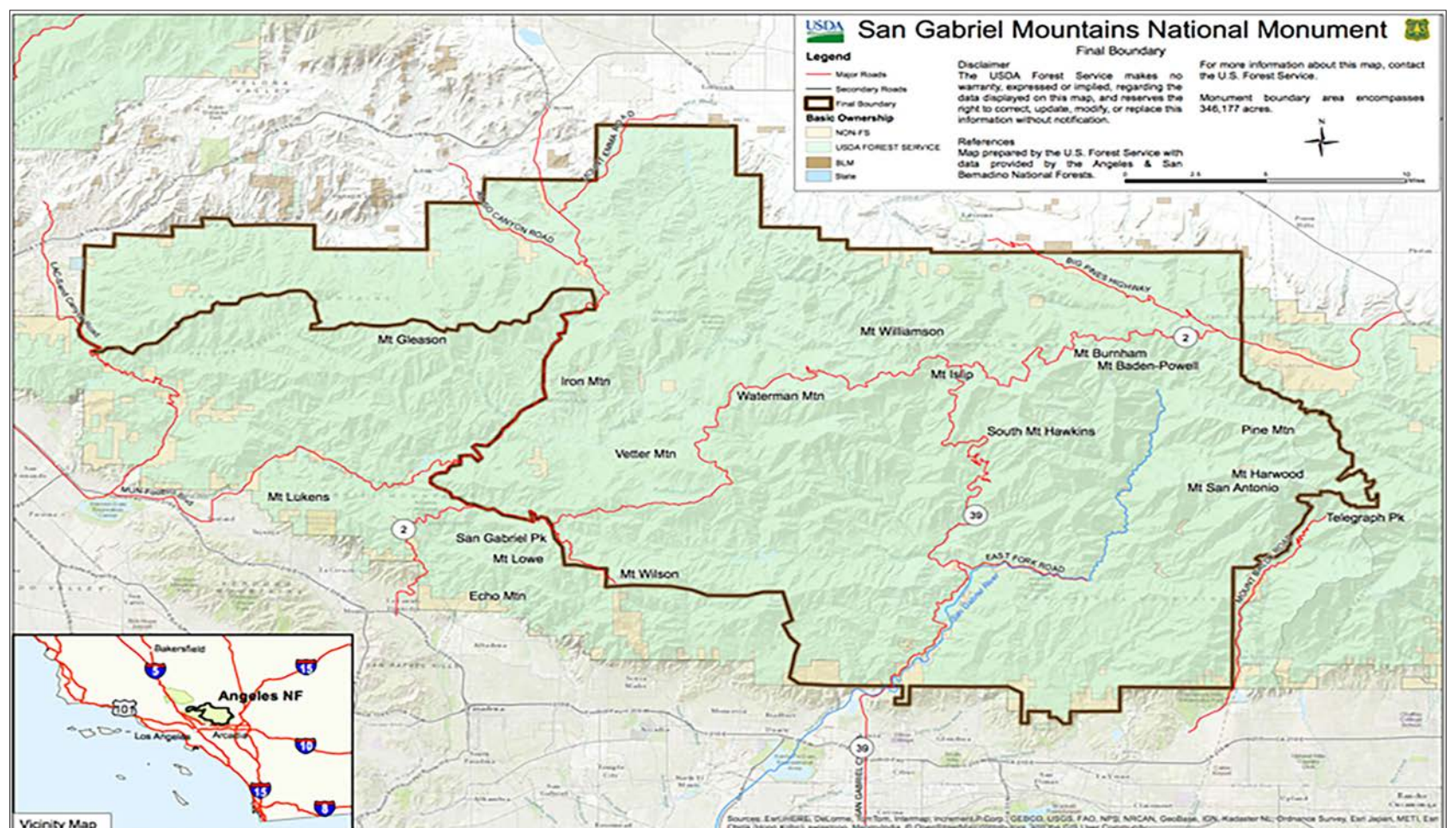
Not everyone is happy about the designation as a few protestors were seen in San Dimas not far from the site of the dedication.

Inside this week:

FREE COMPOST GIVEAWAY

Join the City of Sierra Madre and Athens Services for the annual fall compost giveaway on Saturday, October 11th from 9:00am-12:00pm in Sierra Vista Park. This event is free to all Sierra Madre residents (I.D. required). Please be sure to bring your own containers as this is a self-serve event. Shovels will be on-site for your use.

CALENDAR	Pg. 2
SIERRA MADRE NEWS	Pg. 3
PASADENA/ALTADENA	Pg. 4
ARCADIA NEWS	Pg. 5
MONROVIA/DUARTE	Pg. 6
EDUCATION & YOUTH	Pg. 7
FOOD & DRINK	Pg. 8
BEST FRIENDS	Pg. 9
HEALTHY LIFESTYLES	Pg. 10
THE GOOD LIFE	Pg. 11
ARTS & ENTERTAINMENT	Pg. B1
SECTION B	
AROUND SGV	Pg. B2
THE WORLD AROUND US	Pg. B3
BUSINESS NEWS	Pg. B4
OPINION	Pg. B5
LEGAL NOTICES	



Family owned, AAHA certified Animal Hospital & Boarding Facility for Dogs, Cats, Rabbits, Guinea Pigs, Rats, Mice, Turtles and Tortoises.

Come see our facility any time without an appointment!

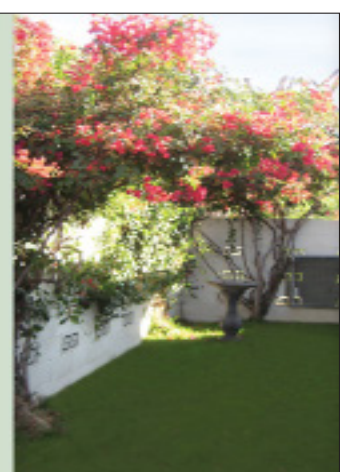
Dr. Gueniat with Teddie



www.MonroviaPet.com
626.358.1146



Boarding is Veterinary Supervised at all times. We offer large indoor runs with natural daylight, 3-4 daily outdoor play times on real grass, and quality Royal Canin prescription food. Your Pet will receive the same personal attention and care we would expect if boarding our own pets. Feline guests have their own feline-friendly boarding area. We offer soothing spa treatments, nail trims and other grooming services while your pet is visiting.



Weather Wise



6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 90s	Lows 60s
Mon:	Sunny	Hi 90s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 50s
Thur:	Sunny	Hi 80s	Lows 50s
Fri:	Sunny	Hi 80s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, OCTOBER 14, 2014
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on Sierra Madre Community Information Radio. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

City Council

Next City Council Meeting*
OCTOBER 14, 2014 - 6:30 pm

*This is a special meeting to discuss the GENERAL PLAN

The final agenda and staff reports will be available online no later than Friday night. Enter the date "09/30/2014" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Agendas and staff reports will be posted online 72 hours before the meeting. Unless otherwise noted, all meetings will take place in the City Council Chambers, 232 W. Sierra Madre Blvd.

Wednesday, October 15:
Energy, Environment, and Natural Resources Commission, 7:00pm

Thursday, October 16*
Planning Commission, 7:00pm

Monday, October 20:
Community Services Commission, 6:30pm

Wednesday, October 22:
Library Board of Trustees, 7:00pm

**These meetings will be recorded and aired live on Time Warner, Channel 3 and streamed online.



IT'S TIME TO VOTE!

The scarecrows have taken up residence in Sierra Madre with the task of warding off those pesky crows. Now it's time for us to find our favorite scarecrows and congratulate them for a job well done by voting for them for the People's Choice Award.

Maps and ballots can be found at Creative Arts Group and other participating stores in Sierra Madre. You can also vote online by visiting the gallery of scarecrows on our website or our Facebook page. Click on the picture of your favorite scarecrow to read its story and then click 'Like' to cast your vote.

www.creativeartsgroup.org/scarecrow-festival/gallery/
<https://www.facebook.com/creativeartsgroup.sierramadre>

Paper ballots must be returned to the ballot box at Creative Arts Group no later than 4pm on Thursday October 16th. Online votes will be counted at 12 pm on October 17th.

Winners will be announced during our awards ceremony on October 17th at 7:00pm at Creative Arts Group.

Creative Arts Group
108 N. Baldwin Avenue, Sierra Madre, CA 91024

Message from the Editor:
Vote for the Mountain Views News Girls - No. 26!

THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927. THAT'S 85 YEARS OF COMMUNITY SERVICE!

WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD. MEETINGS ARE EACH TUESDAY AT NOON, EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH, WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY, AND HAVE SOME FUN!

HALLOWEEN HAPPENINGS EVENT INFORMATION

Sierra Madre, CA. - On Friday, October 31, 2014 beginning at 3:30 pm the City of Sierra Madre hosts its annual Halloween Happenings event for youth. The event includes trick-or-treating at the Downtown businesses, a costume parade, and a costume contest: all activities are free to participate.

Trick-or-treating occurs for 3:30pm-5:00pm and participating businesses will have a Halloween sign in their window. The costume parade, led by the Sierra Madre Fire Department, begins promptly at 5:00pm in Kersting Court and ends approximately 15 minutes later at Memorial Park. The Costume Contest begins at 5:30pm sharp at the Memorial Park Bandshell.

All Costume Contest contestants must complete a waiver prior to participating, and can do so in Kersting Court from 4:00-5:00pm. The following categories are judged: 2 years old and under, 3-4 years old, 5-7 years old, 8-12 years old, group costume, and scariest costume. Each group entry must include one youth under 17 and scariest costume participants must be 17 years old and under. Prizes are awarded in each category.

The event is hosted and supported by the City's Community Services Department, Sierra Madre Chamber of Commerce, and Sierra Madre Kiwanis Club. An information table will be located in Kersting Court the day of the event, but for more information leading up to the event please visit www.cityofsierramadre.com or call the Community Services Department at 626.355.5278.



Do you know a senior that will soon be faced with making a move into a smaller home or assisted living?

When They Depend on You...You Can Depend on Me!

The Sandwich Generation. Many Boomers who thought they were finished parenting are now caring for their own elderly parents. It's what Jane Wolf Waterman calls the POP Generation - parenting our parents.

I specialize in helping seniors and their family members with my unique **Silver Service Program** that is a 'one stop shopping' type approach to help you find a suitable community, determining the probable selling price and preparing the family home for selling, staging, packing, estate sales and many other services that are involved in getting your parents moved with less stress and top dollar.

I have 27 years experience specializing in working with:

- Executors and Successor Trustees
- Estate Planners
- Elder Law Attorneys
- Financial Planners
- Tax Attorneys
- Certified Professional Accountants
- Medical Professionals
- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation - a copy of Jane Wolf Waterman's *Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.*

MIKKI PORRETTA
Dilbeck Realtors,
Senior Services Director
626.353.9879

Rotary Club of Sierra Madre

Is known for its camaraderie (ComRotary).
If you have been thinking about making a difference in your community, please join us for Breakfast created by Chef Mario at

The Park Hart House,
222 W. Sierra Madre Bl.,
Sierra Madre, CA 91024,
Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.
For more info go to Facebook or Meetup

HAVE YOU SEEN THE CROWS?

Well, don't be alarmed! There are more than 60 Scarecrows around town to protect you!
Look around, they're everywhere!

RUIZ SHOE REPAIR

Est 1954

COMPLETE LEATHER, SHOE, PURSE, LUGGAGE, SADDLE REPAIR & RESTORATION

53 NORTH BALDWIN AVENUE
SIERRA MADRE, CA 91024
(626) 355-8111

- ZIPPER
- HOLE
- ORTHOPEDIC
- ADJUSTMENT
- HEELS
- RE-STYLING
- LUGGAGE REPAIR
- PURSE REPAIR & SERVICE

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS

A+ PAINTING

Steve Vlcek
Call for free estimates
(626) 222-2259

- ✓ Residential
- ✓ Commercial
- ✓ Interior
- ✓ Exterior
- ✓ Prep Specialist
- ✓ Quality Service

State License #746076
* Bonded + Insured *

Visit us at: www.Apluspainting.net

JOIN THE SIERRA MADRE GARDEN CLUB - MONDAY OCTOBER 13, 2014

GARDENING WITH CALIFORNIA NATIVE PLANTS

SPEAKER:
Orchid Black, Garden Designer and owner of Native Sanctuary

Now is a good time of year to select and begin planting native plants, and the October 13th meeting will definitely get you enthused and motivated to do so.

The speaker, Orchid Black, writes and lectures extensively about native plants, water saving strategies and sustainable gardening. She also consults on native plants, habitat creation and design.

Orchid has generously donated expertise, time and energy to redesigning, revitalizing and replanting the gardens at the Historic Richardson House at the foot of the Mount Wilson Trail in Sierra Madre.

Everyone is invited. Dinner begins at 6:30 P.M. followed by the program at 7:15. Catered dinner is \$10; reservations for dinner must be made by October 10th at 626-836-4945. There is no charge for attending only the program. Location: Hart Park House, Memorial Park, 222 W. Sierra Madre Blvd., Sierra Madre. For information call the reservation number or visit www.smgarden.org

Since 1987
MAINTENANCE

RESIDENTIAL SPECIALISTS

- Window Cleaning
- House Wash Downs (Deionized Water)
- Gutter Cleaning
- Power Washing (Driveways / Decks, Algae / Moss Removal)
- Hardwood Floor / Carpet Care
- Post Construction Clean-up

See our work on the web
www.winstonswindows.com

(626) 355-5148

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

REMEMBRANCE

ULYSSES "GRANT" BETHEL

October 8, 1923 – October 4, 2014

Longtime Sierra Madre resident Ulysses "Grant" Bethel passed away on Saturday, October 4th, just four days shy of his 91st birthday. He was born in Boston, MA and raised in Upstate New York, mostly in Lake Luzerne, NY.

Grant had an illustrious career as a biochemist in the field of hematology. From 1951 – 1969 he was hired by Dr. William Hinton in 1951, who was the first African American Director of the Wasserman Laboratory at Harvard. The lab was the official lab for the Massachusetts State Department of Public Health.

During that time, Grant also worked with Dr. E.J. Cohen, the father of blood fractionation. Dr. Cohen set up a protein foundation at Harvard Medical School and taught the process to medical students. It was the only place in the United States where one could learn the process at that time.

In 1969 Grant went to work with the American Red Cross in Boston where he helped set up the largest red blood cell frozen bank in the world. He retired as a biochemist from Hyland Laboratories in Glendale, CA in 1989.

After that, he worked as an independent consultant basically acting as a troubleshooter in the area of blood fractionation, teaching for instance, how much pH and alcohol concentration goes into any respective formula.

Shortly before retiring, Grant moved to Sierra Madre in 1987. He eventually took a part time job at Happy's and when not working, Grant could be seen around town sitting on the bench in front of Happy's Liquor Store or, when the 76 Gas Station was there, he could be seen sitting on a chair in the bay. He loved it here, loved looking at the beautiful mountains every day and he also loved talking with everyone in town. Local Businessman Ed Clare jokingly called him the Mayor of Sierra Madre.

Grant is survived by his wife, Marcia; daughter Denise (Denise) Stacke; granddaughter Sudip Peterson; Sisters Jeanne Mayo and Sylvia Henry and brother Robert Bethel.

A memorial service is planned for Friday, October 17, 2014 at Sierra Madre Congregational Church with a reception following at the church. Family requests no flowers. Instead, in lieu of flowers, please make a donation in Grant's name to Methodist Hospital, Arcadia, CA; An organization working for a cure for Alzheimers disease, or the American Red Cross Blood Program.



Walking Sierra Madre...The Social Side by Deanne Davis

"All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The Lord God made them all."

Anglican hymn, first published in 1848 in Mrs. Cecil Alexander's Hymns for Little Children

It's time again for the annual Blessing of the Pets. This celebration of life is conducted in remembrance of St. Francis of Assisi's love for all creatures. Francis, whose feast day is October 4th, loved the larks flying about his hilltop town. He and his early brothers, staying in a small hovel, allowed themselves to be displaced by a donkey!

Walking around Ascension Episcopal Church on north Baldwin this week was peaceful and pleasant. The Gooden School Orchestra was practicing under the trees in the shady south garden. The windows of the classrooms at Ascension are papered with pumpkins of every size and artistic design imaginable. Don't you just love walking through schools, imagining all the small people behind the doors working away inside to master the intricacies of reading, writing and arithmetic.

The Rector of Ascension, Rev. Michael Bamberger, was all smiles as we chatted about the upcoming Blessing of the Animals, which is this Sunday, October 12th at 11:45 a.m. Rev. Bamberger has been the Rector at Ascension for 29 years. Many of you will remember him as a retired Battalion Chief of our fabulous Fire Department. Asking how long the pet blessing has been going on, he said it's been 40 years plus! This is one of the events Sierra Madre enjoys tremendously, as do the Rector and congregation of Ascension. The Episcopal Church embraces a theology of creation and that means ALL creatures. The church is the place where the bond of creation is celebrated.

Rev. Bamberger has blessed horses, goats, snakes, hamsters, dogs, cats and even a few racehorses have been chauffeured up from Santa Anita for a blessing. There is a disclaimer that goes with that blessing, though: horses won't run any faster after being blessed. There are therapy dogs and service dogs. Small children's stuffed animals have been blessed, precious pets who have passed on, people have brought pictures of a beloved pet; in general, this is a moment when relationships are blessed, not just animals. Blessing prayers are also directed to wise stewardship of endangered species and I'm sure our local deer and bears are mentioned.

There's excellent attendance for the church service on Blessing Day when pets are welcome to be part of the morning worship. For those creatures great and small who are a little too rambunctious for worship, there is pet care available in the upper field. There are folks who make a special trip to Ascension just once a year for Pet Blessing Day and all are welcome. The actual pet blessing takes place in the South Worship area, just below Laurel, where there are trees, shade and plenty of room for the whosoever will. This area is such a lovely spot, close to where the Gooden School children have their vegetable garden. In case you didn't know, the food grown in the garden goes to the Friends In Deed Food Pantry in Pasadena. Ascension is setting aside additional space for food production and they grew tomatoes this year for their neighbors on Laurel, available for the picking. Obviously, they had more success with their tomatoes than I did with mine. Maybe it's that blessing thing!



Each pet is sprinkled with holy water and blessed in the name of the Holy Trinity. When I asked if there have ever been any disagreements between any of the creatures, Rev. Bamberger said absolutely not! The only instance when there was a little difficulty was when a snake, who was being rather absent-mindedly minded, decided to see if he could visit a hamster, who was equally absent-mindedly minded. No permanent damage was done, but that hamster is probably not going to be making friends with snakes any time soon!

One more walk this week: Up Grove above Grandview...super good creepy Halloween décor!

Dear Walking Sierra Madre Friends, I have a really neat book out! "A Tablespoon of Love, A Tablespoon of Laughter" is available on Amazon.com; or <https://www.createspace.com/4561071>

East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,
On one avenue - "East Montecito Avenue" at Baldwin, Sierra Madre CA

ixora Southern California's premiere floral studio
Specializing in weddings, events & everyday florals.
35 East Montecito Avenue, Sierra Madre, CA 91024
(626) 355-0040 www.ixoraflorist.com

ESTATE SALE GENTLEMEN
Estate Sale Service for Residential & Commercial
Professional, Friendly, Effective! Phone: (626) 325-8441

Dog & Cat Grooming
Pickup & Delivery Shuttle Service
Doggie Daycare & Boarding
THE SHABBY DOG
31 East Montecito Avenue Sierra Madre CA (626) 836-5452

AKA Fotografix LLC
Custom Framing, Fine Art, Photography,
& Portraiture.
Gallery & Studio : 39-41 East Montecito
Sierra Madre CA 91024
Andrew Kaslske, Photographer
626.862.8946

Julia Rocks Skincare Studio Facials, Waxing
Permanent Makeup
61 E. Montecito Ave. Sierra Madre CA 91024 (626) 836-6522 www.juliarocks.net

Designers, makers, restorers & teachers of fine stained glass windows.
Susan Wallis Custom stained and leaded glass
38 E. Montecito Ave. #7
Sierra Madre CA 91024
626-796-2475

WoodHill Designs
Michael Hill
Fine furniture: Original designs and reproductions of the Arts & Crafts and Greene & Greene era
38 E Montecito #6
Sierra Madre, CA 91024
(626) 423-2639
woodhilldesigns@yahoo.com

Sierra Madre Police Blotter

During the week of Sunday, September 28th to Sunday, October 5th, the Sierra Madre Police Department responded to approximately 355 calls for service.

Tuesday, September 30th

At 1:15 pm, Sierra Madre Police performed a traffic stop for a seat belt violation. After approaching the vehicle, Officers immediately became aware to the strong odor of marijuana coming from the vehicle. When questioned by Officers how much marijuana was in the vehicle, the suspect informed Officers he had 80 grams. The suspect explained that he was a medical marijuana delivery driver for a dispensary. During a search of the vehicle, Officers located various strains of marijuana, hash oil, and marijuana-infused candies. Officers also located a bag containing over \$1,100 which was money collected from sales. An additional \$700 was found on the suspect. The suspect was arrested and booked for unlawful sales and transportation of marijuana and possession of marijuana for sale.

At 3:16 pm, Sierra Madre Police responded to the station lobby to take a report regarding criminal threats made online. The victim informed Officers that beginning in April, she began receiving messages to her online profile from the male subject, who she had not spoken to prior in over 6 years. Most of the messages were described as being about government concerns and world events to which she never replied. The victim then received a message from the male

stating he would harm her child with gasoline and fire. Through her own research from mutual friends shared between the victim and male subject, she discovered the male subject had a recent history of drug use and numerous arrests. Upon review of the messages, Officers noticed a general theme of violence. This case has been forwarded to the Detectives Bureau.

Thursday, October 2nd

At 2:46 pm, Sierra Madre Police responded to the station lobby regarding a fraudulent scam. Officers were informed by the victim that earlier that day, she received a call from whom she believed to be the IRS. The caller informed the victim that she had an outstanding balance of \$8,983 that was owed from the year of 2008, and if she failed to pay they would withdraw the money from her account and issue a warrant for her arrest. Believing it was in fact the IRS, the victim followed the instructions of the caller to go and buy 18 prepaid cards and load them each with money. The victim then contacted the man to provide him with the security code for each card, where the money was transferred electronically. The caller then informed the victim to pay more money to allow a settlement in the case rather than being civilly sued. After refusing to pay more, the victim contacted the IRS and they confirmed to her that she had been a victim of a scam. The estimated loss was valued at over \$9,000. This case has been forwarded to the Detectives Bureau.

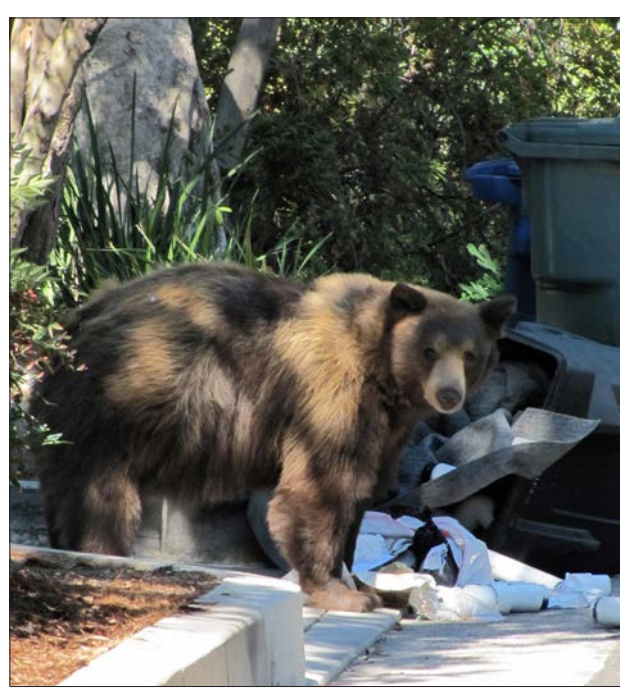
BRIEF SPOT ON BEARS

Photo by Craig Bunch, Sierra Madre

The residents of Sierra Madre live near natural areas and routinely receive unexpected visits from all types of wildlife seeking food, water and/or shelter. With the cities proximity to the San Gabriel Mountains, wild animals occasionally enter the urban areas of the city and place residents and domesticated animals in danger. The wildlife includes coyotes, mountain lions, bobcats and bears. The presence of unwanted wildlife (or predators), in the back-yards of our residents often times evolves into an emergency and public safety is summonsed for help. With the rapid ecological changes in the weather, the police department has seen a huge increase in the number of calls for service in regards to wildlife.

From January through September 2014, the Sierra Madre Police Department has responded to 254 calls for service regarding assistance with the wildlife that co-exists with humans in our city. Bears sightings are at the forefront of these types of calls, with officers responding to 222 calls of the 254 calls for service this year so far. With the bear population almost doubling over the last 25 years, water and food shortages in the hills above our city, bears are visiting our community out of necessity.

Although the behavior of a wild bear may appear to be predictable, we cannot underestimate the potential for danger. When dealing with incidents involving wildlife, officers do so in the safest manner possible,



placing the safety of human beings as its highest priority, while ensuring that all services and tools at its disposal are utilized to provide for the safety of the wild animal. In the event you, a family member, or neighbor believe you are in immediate danger from any type of wildlife, please do not hesitate to call the Sierra Madre Police Department at 626-355-1414 or 911 in an emergency. The Pasadena Humane Society and the California Department of Fish and Game are mutual partners in the effort to control animal related incidents within the city.

DINING AT THE TRACK

Many of you have asked me why such an interest in horse racing? Was your dad a gambler? Quite the opposite he was happy with 3% interest at the bank, remember those days? It all started over 30 years ago when I was a driver for Jurgensen's Grocery stores, my territory was East Pasadena and Arcadia and on racing days I'd stop by the infield to make my \$5 bets. My bets haven't increased that much but my love for the track continues on.

Oh my friends, times are a changing at "The Great Race Place", I'm not talking about a fresh coat of paint,

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

I am talking gourmet food. Don't worry, the track still has the out of this world carving stations with those delicious trimmed sandwiches and yes you can have a hot dog, but new Food and Beverage Manager Todd DeSilva has told me that even if you aren't a horse racing fan you will enjoy the food faire at the track, Santa Anita aims to be a "foodie" destination. I stopped him and I said, "what no Clocker's Corner for breakfast?" Todd assured me there will be Clocker's Corner, The Front Runner, Turf Terrace everything you love at the track just better!!! I have always said that Executive Chef Eric Maranowski makes some of the best Crab Cakes in Southern California, they are only available in the Front Runner, I might have to change my seat locale, recently as last week I had the Cubano sandwich and it was as good as the famous Porto's Restaurant sandwich, now those are real winners!! One more thing I like about the Front Runner-Fossleman's Ice Cream the real deal imported all the way from Alhambra.

Todd DeSilva mentioned that racing is usually in the afternoons and that this means visitors are at the track right after lunch and right before dinner, he sees a need for finger foods, passing trays and Spanish Tapas, which makes sense to me. Now let's get real here, a lot of hard core gamblers are there to play the ponies and to have a stiff drink. The track is looking at drink recipes that visitors will consider "drinks for the table" -these drinks will offer track signature drinks like the "Macho Mary" in a larger format (pitchers) to add value to the tables experience, and everyone knows a horseplayer loves a value play! And with the Breeders Cup coming up quickly I can think of 100,000 taste testers.

If luxury is in your program, consider these two options.

The Chandelier Room is open on weekends, is full of elegance, yes they even let me in with my shiny shoes and tie on. This room offers signature trays passed and live entertainment. Now if you want to impress your guests or stay away from the crowds I suggest the Luxury suites, stay for a day or the whole season. They serve Seasonal food selections plus cocktail and bar service.



I make my home at the Turf Terrace for me it's the best vantage point and has plenty of energy with full service. The menu is a California Bistro theme including a Jidori Organic Chicken dish, which is out of this world, for you burger lovers a half pound angus cheeseburger, my buddy Carl D. always orders the Caesar Salad with Chicken, he must know he is at the track everyday!! Oh and for starters check out the Shrimp Cocktail, it's Mexican Gulf Shrimp served with a Bloody Mary cocktail sauce. I have been to many swanky restaurants and hotels and the prices for wine and cocktails is very reasonable. - seating has been expanded to accommodate large crowds.

Dining Program Turf Terrace California Bistro Theme. Salads, sandwiches, fish, chicken. Appetizers range from \$7 to \$17. Front Runner Fresh Seasonal Dishes Sandwiches \$14 dollar range Entrees \$24 to \$29 range Club House Mezz Sushi and carved sandwiches \$8 and up

Live Racing is Thursday through Sunday Visit their website for exact prices and menu items. www.santaanita.com

Join me this Sunday at 2 PM for my radio show on KLAA AM 830



INGREDIENTS

- 4 medium russet potatoes
- 8 ounces ground beef,
- 1 cup broccoli florets, finely chopped
- 1 cup water
- 1 cup shredded Cheddar cheese, divided
- 1/2 cup sour cream
- 1/2 teaspoon salt
- 1/4 teaspoon freshly ground pepper
- 3 green onions sliced

DIRECTIONS

1. Pierce potatoes all over with a fork. Place in the microwave and cook on Medium, turning once or twice, until the potatoes are soft, about 20 minutes. (Or use the "potato setting" on your microwave and cook according to the manufacturer's directions.)
2. Meanwhile, brown meat in a large skillet over medium-high heat, stirring often, about 3 minutes. Transfer to a large bowl. Increase heat to high, add broccoli and water to the pan, cover, and cook until tender, 4 to 5 minutes. Drain the broccoli; add to the meat.
3. Carefully cut off the top third of the cooked potatoes; reserve the tops for another use. Scoop out the insides into a medium bowl. Place the potato shells in a small baking dish. Add 1/2 cup Cheddar, sour cream, salt and pepper to the potato insides and mash with a fork or potato masher. Add scallions and the potato mixture to the broccoli and meat; stir to combine.
4. Evenly divide the potato mixture among the potato shells and top with the remaining 1/2 cup cheese. Microwave on High until the filling is hot and the cheese is melted, 2 to 4 minutes.

PASADENA KITCHENS



Major Appliance Sales & Parts | Quality Kitchen & Bath Renovations
Sales-626.793.0641 • Fax-626.793.9606 • Parts-626.449.9047
241 South Rosemead Blvd Pasadena Ca 91107
"YOUR ONE STOP SHOP"
sales@pasadenakitchens.com

Indulge and rediscover the pleasures of Afternoon Tea in one of our tea parlors or in our Secret Garden Patio.

Enjoy a perfectly brewed cup of tea and a delectable array of savories, decorated with edible flowers, sweets, and our very famous baked-to-order SCONE.

We have a large selection of fine, loose leaf teas served in our English Bone China Tea Sets.

The elegant ambiance is the perfect setting for Bridal Shower, Baby Shower, Birthday Party, Book Club, Church Meeting, or any Special Occasion.

Tea Service: Tuesday - Friday 11 a.m. to 4 p.m. Saturday: 11:00 a.m. and 2:30 p.m. Reservation Required Sunday: Open for a minimum of 20 guests

75 N. Baldwin Ave, Sierra Madre, CA 91024
(626) 355-0045
www.TheFourSeasonsTeaRoom.com

Gooden

Where Academics & the Arts Come Together

Orientations

November 5
Information Session
9:15 - 10:15 am

November 15
Open House -
Orientation 10:00 am
Classrooms Open
10:30 - 12:00 pm

December 9
Information Session
9:15 - 10:15 am

January 10
Open House -
Orientation 10:00 am
Classrooms Open
10:30 - 12:00 pm

An Independent Episcopal School K-8

182 North Baldwin Avenue | Sierra Madre CA 91024 | 626.355.2410
Sign up for an orientation today! www.goodenschool.org

WEEKEND OPEN HOUSE

Visit PODLEY.COM for additional open houses, news and events!

540 W. FOOTHILL BLVD. #D, MONROVIA
OPEN SUNDAY > 2-4PM
540WFOothillBlvd.com | \$399,000

PODLEY PROPERTIES
30 N. Baldwin Avenue, Sierra Madre | 626.355.2384
PODLEY.COM



by Chris Leclerc

"SAVE EXCALIBUR" CAMPAIGN FAILS

Of late, I've been wondering if I am the only one who has a difficult time differentiating between what is really going on in the world, versus what the people who speak through the media would like us to think is happening in the world today.

Notwithstanding my lack of trust in what the talking heads have to say, recent over-the-top news coverage on the Ebola virus has caught my attention. They say it started in Africa and has begun to spread to the US and other parts of the world, leaving me somewhat concerned as to when it might arrive in my local community. I do hope they are wrong, and I'd rather err on the safe side, if at all possible.

The population of humans living on earth has grown exponentially over the past several decades, which makes me also wonder if disease might be a means by which God uses less-than-best circumstances to help keep our human numbers 'in check'. Since the 1995 release of "Outbreak", a feature film that I can't help thinking of every time I see news updates regarding the current Ebola epidemic, the human race has proliferated to unprecedented numbers. Please forgive me for admitting that in my opinion, if this disease is as threatening as we're told, perhaps it is meant to be.

One of the many recently released news casts related to Ebola was about a nurse from Spain who contracted the disease while working in Africa, and was presumed to have come into close contact with her dog, Excalibur soon after having been infected. Apparently, part of the protocol for treating an Ebola-infected patient is to identify all persons with whom they may have come into contact, and with whom they may have thereby inadvertently shared the disease. I guess "personal contact" in this case includes animals and humans, alike.

As it turns out, the Spanish nurse who contracted the Ebola virus admitted that she was in contact with her dog, Excalibur soon after she was infected. Considering the circumstances and without much thought or further research, the 'powers that be' in Spain decided Excalibur should be considered a potential carrier of the disease and for that reason he was euthanized, in spite of the efforts of numerous animal advocates who tried so hard to spare his life. The authorities could not confirm whether the dog was a threat, they just decided in short

order that it simply wasn't worth the risk.

Please understand, I realize there are numerous unanswered questions regarding the Ebola virus and I am relatively confident that disease-control professionals around the globe are doing their best to prevent it from spreading. I just wish the Spanish authorities would have been willing to keep Excalibur alive if for nothing more than to observe his condition in a controlled setting. Instead, they put him to death before they even knew he was a threat to other beings. If they'd just taken the time to think it through thoroughly, we all may have learned something from his demise and the way I know dogs, Excalibur would have been happy to help. As it is, we'll learn nothing from his death, and he basically died in vain.

We humans are more than willing to utilize other animals strictly for the purpose of research and observation, at our will. Sadly enough, we even breed animals for that very purpose. Indeed, humans have no problem using other animals as a means to their end when it comes to research. But when it came to the life of a living dog, it apparently never crossed their minds that they could benefit from letting him live so we could learn. I am dumbfounded. I don't claim to be an intelligent person, nor do I go about judging others for their actions, except when it comes to choosing death over life for another being.

In this case, I am not only dumbfounded, I am also saddened and disappointed by the sudden choice to take Excalibur's life, without even knowing whether or not he was a threat. I've nothing much else to say, other than this admonition: Take the opportunity to be still and quiet when you can; give yourself a moment alone without the influence of someone else's opinion or advice; take a deep breath and use the brain that God gave you to think with, then try...dear God, please try to love and LET LIVE.



Canyon Canine
Dog Walking & Sitting Services
Sierra Madre, California

Chris Leclerc
www.canyoncanine.com
chris@canyoncanine.com
626-355-8333 626-533-9536

LOOKING FOR A BEST FRIEND?

Looking for a best friend? Tyson is a 6 year old beagle mix that was found as a stray. Although he had a microchip, the owner could not be traced, and Tyson is now available for adoption.

Tyson is a big boy at 25 pounds, but he loves going for walks and is easy to handle on leash. He loves people and enjoys getting attention, although he is not demanding. He has a happy, friendly personality, with a medium energy level.

Tyson is alert and seems to be a smart dog. He knows a few commands, and would be happy to learn more. He would no doubt do well with some training.

Tyson has been kenneled with two different smaller dogs, and he seems to take a nurturing role with them. He's a very sweet boy, easy going and loving.

Tyson would flourish in a home where he gets regular exercise and is treated as a member of the family. He's a very handsome boy with a short coat that would be easy to care for - all he needs is a loving home to call his own.

Hope would love to meet you and is hoping you will come to the shelter soon. She is hoping you are the one she is waiting for!

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Tyson, please stop by any time from 10:00am to 4:30pm



Tuesday thru Sunday.

His adoption fee is \$120 which includes a microchip, spay surgery, first vaccinations and a free wellness check-up at a participating veterinarian. He is eligible for our reduced-fee Senior For Senior program. Feel free to call us at (626) 286-1159 for more information on Tyson.

See our website at www.sgvhumane.org for information and photos of all our available pets.



OCTOBER IS

NATIONAL ADOPT A SHELTER DOG MONTH

Westfield Santa Anita Sponsors 4 Adoption Events On The Promenade.

Come and meet your next best friend!

October 11, 18 and 25 & November 1

Noon to 3 p.m.

Cats have demanded equal time!

In honor of our shelter's founding in 1924 and our 90 years of service to the residents of the San Gabriel Valley, we roll our prices back to 1924. For the month of October.....

\$24 adoption fee for all cats and kittens!

Vaccinated Socialized
Micro Chipped Spayed/Neutered
Free Wellness Exam

Stop by the shelter and visit Meow Manor!



REMEMBERING THE GOOD OLE' DAYS

Our cats and kittens are purring with excitement! You're sure to find the feline of your dreams!

San Gabriel Valley Humane Society 851 E. Grand Avenue San Gabriel, CA 91776
www.sgvhumane.org



**Clothes cleaned,
folded, & wrapped
in plastic**

**Open Monday- Friday
7 am to 8 pm**
**Saturdays
8 am to 8 pm**

- \$1.15 per pound
- 10 pound minimum
- Comforters vary by size
- Down Comforters any size \$21.00
- Business Discounts



Why Not Let Us Do Your Laundry...

- Clothes are professionally cleaned
- Dress shirts & pants hung on hangers
- customized cleaning to your specifications

Or, Do Your Laundry...

- when it's convenient for you
- in a clean, safe, brightly-lit facility
- in air conditioned comfort



370 W. Sierra Madre Blvd. (626) 355-6213 • (next to Bank of America)

Turtle Dove Pet Care

Pet Sitting
Daily Visits

Providing
Protective and
Peaceful Care for
your Pets



Jennifer Boley
626-644-6663

turtledovepetcare@yahoo.com

YOUR AD COULD BE HERE!
Call Patricia at 626-818-2698 Today!

Clip & Save for
2 FREE
Mesquite
Seedlings with
free estimate
and
inspections.

**JOHNNY MESQUITE'S
DROUGHT TOLERANT LANDSCAPES**

1-800-449-2658

Grubbing & Installations - Decorative Stone
Woodscapes - Hardscapes - Low Flow Droplines
Call Jay or Charlie - Se Habla Espanol
CA Contractors License No. 656938

Walter Cailleateau, DVM

927 N. Michillinda Ave.
Pasadena, CA 91107

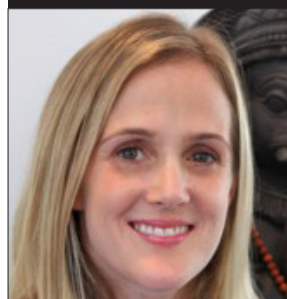
(626) 351-8863



Free Exam!
For New Clients

Bring this coupon to save

(Expires 12/31/14)



THE JOY OF YOGA THE INFAMOUS DOWN DOG

Adho Mukha Svana . . . Downward facing Dog. A stable pose of many yoga classes. It's a resting pose, a transition pose,

an inversion, and it's grounding. Finding the proper alignment is critical for comfort in this pose. We don't want the hands slipping, wrists hurting, or rounding in the upper back.

To best access the pose, we'll begin on all fours (hands and knees). The hands should be nice and wide on the mat, pinky finger almost reaching the outer edge. The fingers are spread like starfish gripping the mat. Each finger pressing down, in particular, the thumb and index finger. Each knuckle and "finger pad" pressing down. As you begin to lift the knees off the mat, lift the hips up and back, and tilt your tailbone to the sky. Feet can stay at hip distance and knees can be bent slightly. Arms will become straight, eye of the elbow on the outside of the arms. Shoulders externally rotate (inner upper arm wraps toward ceiling) and forearms wrap in as you push the earth away with the hands (relieving

pressure in the wrists). Inner thighs wrap inward and begin to press down through the heels. Think about elongating the spine, tugging navel towards back body and relaxing the neck completely. Stay 4-6 breaths to start, and progress to 8-12 breaths as you advance.

Because Downward Facing Dog is so common, it's important to truly find this pose for your body. You'll want to be active, strong, and comfortable. The benefits are immense, we build strength, improve circulation, relieve lower back pain, and enliven the entire body. A longer hold in the down dog can serve as an anchor to bring concentration and focus.

Modifications could include coming down onto the elbows/forearms when your wrists won't permit weight bearing. A deep bend to the knees can assist tight muscles in the backs of the legs. Students with high blood pressure need to check with their doctor first before practicing this pose. Only stay in the pose if it's pain-free. It may be very challenging, even uncomfortable at first. Check in while you're there and see how the entire body is doing. Enjoy!

Namaste,
Keely Totten
Teacher at Yoga Madre

Vibrant Living Wellness Center
Heathcare the Way Nature Intended

FEED YOUR BRAIN



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

The food we eat interacts with the gut, and the gut itself cooperates with the brain by nerve and hormone signaling.

This is why the food we eat is so important! When we are in a hurry or famished, we often grab what is convenient, and this is not what is the best for us. Highly nutritious food is the fuel the brain thrives on and in turn keeps out gut healthy. The entire fast and processed food industry creates

diminish good bacteria, slow digestion and are cognition-killing. These so called foods cultivate preventable diseases. All of this dampens thinking, energy and motivation.

So what are the best foods for that brain gut connection? First and foremost we need to eat a diet rich in whole organic foods, foods that are not processed, or are minimally processed including as many greens as possible. Leafy green vegetables contain high concentrations of nitrates that turn to nitrites when we chew them thanks to the good bacteria in our mouths. These help blood vessels increase oxygen flow, specifically to places that are lacking oxygen! Other foods that are good for our brain are things like fresh ginger. Ginger has been shown to increase memory, while reducing oxidative stress in the brain. Eating beets and drinking organic beet juice is great for cleansing the liver but also great for the brain. The nitrates in beets and beet juice increased blood flow to the brain.

Remember to fuel your own brain with the best foods on the planet daily.

products that are full of processed sugar, animal byproducts and GMO's. These businesses are producing products that I wouldn't call food. They

COME SEE WHAT'S
NEW IN TOWN
AND GET A
FREE YOGA CLASS
IN OUR NEW LOCATION
16 W. SIERRA MADRE BLVD
UPSTAIRS, ENTER FROM BACK OF BUILDING
CHECK ONLINE FOR CLASS TIMES & DIRECTIONS

Yoga Madre
yogamadre.com
626 355 2010
Yoga Studio and Wellness Center
Yoga Classes for all ages and all levels
Private Yoga Classes • Structural Yoga
Therapy • Structural Integration • Reiki
16 W. Sierra Madre Blvd, Sierra Madre, CA 91024

**DISCOVER NUTRITIONAL ISSUES
AND HOW TO FIX THEM SO YOU
FEEL YOUR BEST!**

Initial Nutritional Response
Testing Consultation
Regularly \$175
Now only \$49 with this coupon

Please call (626) 470-7711 to make an appointment
www.vibrantlivingwc.com

Supervisor
Michael D. Antonovich
Los Angeles County, Fifth District

ANTONOVICH CALLS FOR REPORT ON COUNTY PREPAREDNESS FOR EBOLA

LOS ANGELES COUNTY-- Supervisor Michael D. Antonovich WILL ask the Departments of Health and Public Health to report to the Board of Supervisors at Tuesday's meeting on the actions being taken to prevent an outbreak of the Ebola virus in the county. "It is vital that we have the information available to the public on preventive measures being taken by county departments to protect our residents

from a potential outbreak," Antonovich said. In addition to the efforts being made by county departments, the supervisor will ask what role the county will play in coordination with agencies from the federal and state governments. County departments engaged in preparedness and prevention efforts include the Department of Health, the Department of Public Health, the Office of Emergency Management and others.

IN A CLASS BY ITSELF
SERVING THE SAN GABRIEL VALLEY SINCE 1926

CLAIRBOURN SCHOOL
PRESCHOOL TO 8TH GRADE
8400 Huntington Dr., San Gabriel, CA 91775
626.286.3108 | www.clairbourn.org

Accredited by
CAIS and WASC

ADMISSIONS TOURS
For an admissions appointment and campus tour call 626.286.3108.

ACADEMIC EXCELLENCE WITH LEADERSHIP, SERVICE, ETHICS, AND VALUES

LORI KOOP create
Coaching for Creatives
by Lori Koop

"The artist is not a special kind of person; rather each person is a special kind of artist." Ananda Coomaraswamy

What art is in you? What have you always wanted to make, do, start or invent? When you listen in, you hear the artist whisper. Your body responds with a thrill. Yes, this is what you were made for. You know. Inside, we all know.

It's one thing to know and quite another to do. There's so many reasons not to. Your mind reminds you. To keep you quiet. Scared. Paralyzed. No, nothing good comes from that talk. Definitely no artwork.

And that's why I write. To free you to make. To inspire the artist within. To release the art that is meant for all of us. A product. A service. Or a painting. Let's unite. We have work to deliver to the world.

LORI KOOP : Coaching for Creatives. Career ~ Business ~ Life. Schedule a complimentary session: www.LORIKOOP.com or call 626-836-1667. (Location: 47 E. Montecito Avenue, Sierra Madre 91024) Find me here every other week.

Locals love you more

Locally owned, independent merchants return 68% of their income to your local economy.

National chains?
43% (or less)

Online sellers?
Zip. Zero. Nada.

So...who **really** loves ya, baby?

Support your local businesses.
Pick 3 local stores or eateries and spend \$50 a month at each.
After all, they are family!

Learn more:
the350project.net
This ad sponsored by the Sierra Madre Chamber of Commerce.

YoonMin Acupuncture & Herbs

We accept most insurance, Auto Injuries, Workers Compensation.

Start feeling better today !

Let us try to help YOU with the following health issues !

- Muscle/Joint:** Low back pain, neck, shoulder, knee pain
- Emotional:** Stress, anxiety, insomnia, depression.
- Gynecological:** PMS, menopausal symptoms, infertility.
- Digestive:** Abdominal pain, indigestion, IBS.
- Respiratory:** Common cold , sinus, asthma, bronchitis.
- Urological:** Urinary Tract Infection(UTI), urinary frequency.
- Dental:** Toothache, TMJ dysfunction.
- Harmony:** Increase energy, strengthen immune system.
- Neurological:** Headache, migraine, vertigo, stroke residuals.

(626) 800-9086
80 Montecito Ct. Sierra Madre, CA 91024 / www.YoonMinAcu.com

SEE OUR ISSUES ONLINE!
at <http://issuu.com/mtnviewsnews>



Podley
PROPERTIES

Top Producers
2010-2011-2012-2013

Luther & Georgina
Tsinoglou
"Working on Common Ground"

(626) 507-3029
Luther@Tsinoglou.com
30 North Baldwin Avenue
Sierra Madre, CA 91024
www.Tsinoglou.com
CalBRE# 01135433 CalBRE# 01393982



**17 Highwood Ct.,
Azusa**



IN ESCROW
Spacious/move in condition, 4bed/3 bath home. Home is approximately 3,178 sq.ft, offering a formal living room, formal dining, with an extraordinary open concept kitchen with island. Home even offers a community pool and rec. center.

**1737 Hill Dr.,
Pasadena**



FOR SALE
OPEN HOUSE THIS SUNDAY 2-4PM
Tastefully updated home located in the hills of South Pasadena. Home is surrounded in a wooded country setting, along with plenty of mature trees, and beautiful views. Features an open floor plan with 3 bedrooms/2 bathrooms, and updated tile floors and fixtures. **NEW PRICE \$699,000**

**1926 Sierra Madre Villa Ave,
Pasadena**



SOLD
3BR/3BA + den. Contemporary home built in 1949 with open floor plan. Apprx. 3,347 sq.ft. on a large approx. 41,087 sq.ft. lot. Beautiful property! Call Luther for further details! **\$1,498,000. SOLD in 10 Days**

2743 Santa Rosa Ave., Altadena



JUST LISTED

OPEN HOUSE THIS SUNDAY 2-4PM

It is an updated 1 bed/2bth, 900sf (apprx) on a 7,568sf lot. Home has living room w/ fireplace, large kitchen with eating area, private yard. Listed at \$498,000 2743SantaRosa.com

540 West Foothill Blvd., #D Monrovia



JUST LISTED

OPEN HOUSE THIS SUNDAY 2-4PM

Spacious 2bed/2bth townhome situated in the desirable Camelot Park Villas complex near the foothills and close to Old Town Monrovia. The complex offers a conference room, pool & spa. **\$419,000** 540WFoothillBlvd.com

**1815 Oakwood St.,
Pasadena**



LEASED
Beautifully updated/remodeled home, located in the East Washington Village section of North Pasadena. Home offers 3 bedrooms/2 baths. For Lease \$2,895 mo.

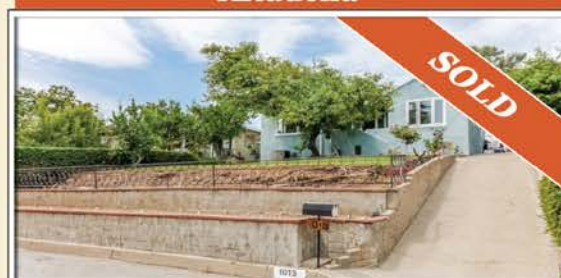
**66 Birchcroft St.,
Arcadia**



IN ESCROW

1987 custom built, in a 15,880(apprx.) sq.ft lot. Home offers 5 bedroom/4 bath, formal living and open kitchen area, walk-in pantry, and a 3 car garage. Also a miniature tennis/basketball court, pool/spa, and volleyball court. **\$2,388,000**

**1013 Wapello St.,
Altadena**



SOLD

1352 square foot single family home has 3 bedrooms and 1 bathroom **SOLD ALL - CASH**



SUNDAY BRUNCH

Join us Sundays beginning at 10:00am for our delicious brunch, bottomless mimosas, Bloody Mary specials and... **EVERY FOOTBALL GAME!**

(Brunch until 2:00pm. Dinner until 9:00pm)

**LIVE ENTERTAINMENT
FRI AND SAT NIGHT!!**



THE PEPPER TREE GRILL
322 W. SIERRA MADRE BLVD
SIERRA MADRE, CA 91024
(626) 355-8444
www.thepeppertreegrill.com

Eileen Benson

**REPRESENTING ADDRESSES
OF DISTINCTION**

If you are thinking about Buying or Selling, call Eileen. I will be happy to provide you with a free confidential market analysis of your current home.



626-278-0187
DRE# 01880650



**225 Monroe Pl.
Monrovia**
Represented Seller



**625 Oak Crest
Sierra Madre**
Represented Seller



**252 E. Grandview
Sierra Madre**
Represented Seller



COLDWELL BANKER
RESIDENTIAL BROKERAGE



**278 E. Alegria
Sierra Madre**
Represented Buyer



Free Exam!

For New Clients

Bring this coupon to save

(Expires 12/31/14)

Walter Cailleateau, DVM

927 N. Michillinda Ave.
Pasadena, CA 91107

(626) 351-8863



Looking Up
with Bob Eklund

THE SEARCH FOR THE FINGERPRINTS OF LIFE ON MARS BEGINS

NASA's Astrobiology Institute (NAI) announced that the SETI Institute has been selected as a new member of the NAI for a 5-year research program, "Changing Planetary Environments and the Fingerprints of Life." Led by SETI's planetary geologist and Senior Research Scientist Nathalie Cabrol, the team's work will address key questions: How can we identify the signature of life not just here on Earth, but on Mars as well? How does a planet's changing environment impact the evidence for life?

"I am absolutely thrilled that the SETI Institute is joining the NAI. In the next five years, along with our partner institutions, we will focus on decoding the fingerprints of life—the biosignatures—in extreme environments here on Earth to help us look for life on Mars," said Cabrol.

"Our goal is to understand the survival of biosignatures from an early, wetter Mars to the harsh environment of the red planet today," she added. "Understanding the role that the changing Martian environment has had on biosignatures will inform us on how to recognize these signatures, and how to explore them. We bring to this ambitious quest new exploration tools and, with NASA's Mars 2020 on the horizon, the timing could not be more perfect."

To model and test strategies for biosignature detection, Cabrol's team will conduct fieldwork in extreme environments on Earth that are analogous to sites on Mars where water once flowed.

Fieldwork will be done at Yellowstone National Park, sites in California and Chile, Axel Heiberg Island in the high Arctic, and Western Australia. Each site is an analog to Mars: volcanic and hydrothermal terrain, lake sediments, evaporates, and perennial cold springs. Sites will be explored from satellites, air, ground, and at the microscopic level in the field and laboratory.

Understanding how to integrate this multi-scale information will help scientists learn how to select the best sites for discovering biosignatures on Mars.

Cabrol assembled a diverse team of experts in planetary science, robotics, laboratory experimentation, and exploration to conduct fieldwork, analyze samples, and develop a biosignature roadmap to guide the search for life on Mars. In addition to more than a dozen



scientists at the SETI Institute, her team brings together scientists from universities, government agencies and industry partners in the United States, Canada, Europe, Australia and South America. In the U.S., partners include Arizona State University, University of Montana, University of Tennessee, Carnegie Mellon, Georgia Institute of Technology, Honeybee Robotics, Pacific Northwest National Laboratory, and NASA Ames Research Center. Non-U.S. partners include McGill University (Canada), Centro de Astrobiología (CAB, Madrid, Spain),

Deutscher Wetterdienst (Germany), Friedrich-Alexander University (Germany), and Campaolto for logistics in Chile.

Over the next 5 years, more than twenty scientists will work together to help answer the question of where and how to search for the right rocks on Mars in order to discover the fingerprints of life—if it now exists or has ever existed—on the red planet.

"The intellectual scope of astrobiology is vast, from understanding how our planet went from lifeless to living, to understanding how life has

adapted to Earth's harshest environments, to exploring other worlds with the most advanced technologies to search for signs of life," noted Mary Voytek, director, astrobiology program, NASA Headquarters.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com



WATER IN MEXICO

By Christopher Nyerges

I've heard it so long that it sounds like some religious mantra: "Don't drink the water in Mexico."

The meaning is that a visitor to Mexico should not drink the water untreated.

And why is that?

One explanation that I used to hear back in the 1970s when I first visited Mexico was that, while every place has its own bacteria and organisms in their water, one will get used to the organisms in their water after a while. And supposedly, this also meant that native Mexicans could drink their municipal tap from the water without concern. When I went to language school in Mexico, I always boiled my water or added water purification tablet to the tap water, or purchased bottled water. Back then, I never thought about asking native Mexicans if they drank their water out of the tap.

More recently, having visited the Yucatan region several times, I asked some of the natives about this. These days bottled water is everywhere, and most of the people whose homes I stayed in purchased all their water and did not drink from the tap. When I asked whether or not they'd get sick by drinking water out of their tap without purifying it, they shrugged and said they didn't know. They buy their water.

Finally, I met someone who seemed to know a thing about the Mexican water situation. I asked Julia, who was an American who married a Mexican man and now calls the Yucatan region her home where she and her husband run a farm.

"Do you drink from the tap directly?" I asked Julia.

"No, though I'm not afraid to," she responded. "If I'm out in the fields and I'm thirsty, I will drink from the hose and I don't get sick. But usually, we buy purified and filtered water and they deliver it to our home."

Julia went on to explain that the tap water is used directly for washing, brushing teeth, irrigation, etc.

"When people say not to drink the water in Merida (Yucatan), I don't believe the reason is that the water has bad bacteria. I believe it's because the water here is very high in minerals and calcium, etc. And it's those minerals that might cause sickness if you're not used to it," explained Julia.

I asked Julia about the people living in all the small villages where they could not afford to buy water. "I don't know what they do," responded Julia.

"However," added Julia, "I've been told that in 20 years or so, you won't be able to drink the water in the Yucatan region because it will be so polluted." Julia pointed out that all the water in Yucatan comes from underground, and that the soil is very porous. She adds that everyone uses septic systems in Yucatan, and there is no sewer system (like in most parts of the U.S.) where the waste water is treated before it is discharged into the soil or water. Although the local politicians



A light-colored tinaco on a roof in Merida, Mexico. all talk about installing a sewer system after each flood, Julia doesn't think that will ever happen because of the immensity of such a project.

"Because the soil is so porous, when chemicals are used, they go directly into the ground water," she says.

"So, because there is no sewer system, there is flooding after every major storm, and everyone blames the mayor and they elect a new mayor who makes new promises, and then it rains again and floods again because nothing was done."

I concluded that it was a good thing for me to buy my water, or purify it, whenever I travel. And it's

not wise to judge the water of such as large country as Mexico with one yardstick because the "water situation" of any country is vastly more complex than what I've presented here. Unfortunately, we should be suspect of most tap water and most open sources of water, wherever we are.

I asked Julia about the black tanks on nearly everyone's roof in most parts of Mexico. "Those are called tinacos," Julia told me, which my dictionary told me simply means "water tank."

In the United States, people often let their water run a bit so it starts to cool off. However, due to the lack of pressurized water in Mexico, most homes

and buildings have large water tanks – tinacos – on their roofs. These then deliver the water by gravity as needed. But since these are traditionally black, the coolest water comes out first and then the water gets hotter as you let the tap run because the water was heated by the sun. Now you can find tinacos white or light-colored so that the water is not heated so much by the sun.

[Nyerges is the author of "How to Survive Anywhere," and other books. He has led survival skills classes since 1974. He can be reached at www.SchoolofSelf-Reliance.com or Box 41834, Eagle Rock, CA 90041.]

FAMILY MATTERS By Marc Garlett



7 THINGS TO THINK ABOUT BEFORE MAKING GIFTS TO GRANDCHILDREN

I love being a parent... well, most of the time. But my parents - and my wife's parents - tell me there is nothing better than being a grandparent, and the joy they feel about their grandchildren comes with no interruption.

In fact, many grandparents who enjoy financial freedom are often more than generous to their grandchildren. And some even want to see their grandchildren enjoy an inheritance now instead of waiting to pass along assets after they are gone.

Clarify the gift. Most grandparents make outright gifts with no strings attached. But if you intend to provide a loan or an advance on an inheritance, you should always clarify that in writing.

Equal treatment. It is not unusual for a grandparent to be closer to some grandchildren than others, but when gifting assets, unequal treatment among grandchildren will almost certainly lead to family resentments.

Taxes. With the federal gift tax threshold at \$5.25 million (double that for married couples), most people won't have to worry about paying federal gift taxes.

Education. You can help with a grandchild's college tuition by making payments directly to their educational institution. That doesn't have to be reported. And there is no limit on these contributions.

Your own needs. It's tempting to be overly generous in making gifts to grandchildren, but you should not give

to the detriment of your own needs. Finding the right balance will help ensure your children and grandchildren don't have to support you because you gave too much to them.

Long-term care. Chances are that you will need some kind of long-term care at the end of your life, research shows that most of us will. If you can't afford long-term care and need help, any gift of assets you have given could make you ineligible for Medicaid benefits for five years.

I see how much my kids love their grandparents. And there's no doubt, the relationship between grandchildren and grandparents is something special. If you are a grandparent, with just a little planning you can deepen that relationship and have an even greater impact on the lives of your grandchildren.

To your family's health, wealth, and happiness,

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents - and grandparents - protect what they love most.

Tips of the Trade: Real Estate Revealed by Luther Tsinoglou IT PAYS TO STAY

If you want to take advantage of the affordability of homes today, but anticipate major life changes in the next couple of years, you have to consider the implications of selling so soon.

As long as you sell for more than you owe on the mortgage, you'll be fine. Otherwise, you'll lose those costs associated with your initial investment, including the money you spent on loan and closing fees.

Also consider the cost of selling your home soon after purchasing. You paid closing costs when you bought it, but you face more closing costs when you sell it.

WHAT HAPPENS WHEN THE WORLD GOES CRAZY? By Greg Welborn

Headlines seem to be filled with one calamity after another: Ebola, ISIS, Hong Kong protests, China's saber rattling, troubles in Afghanistan - the list goes on. And yet, the stock market is still in upbeat territory (anything in the 16,000s to 17,000s is at the top of the historical charts).

The best advice is drawn from a history lesson. A Ned Davis Associates study of worldwide crises from 1940 onward produced some amazing insights. The researchers found that after almost every global crisis, markets react to the fear. Stocks get hammered. But with equal consistency, once the dust settled, stocks bounced back to where they were before the crisis.

After Pearl Harbor, stocks fell 4% immediately and another 14% in the quarter following the surprise attack. But then as the fear dissipated and America responded, the market rose at an average annual rate of 25% for the next 3 years.

The same pattern was present after the fall of France to the Nazis, North Korea's invasion of the south in 1950, Iraq's 1990 invasion of Kuwait, the world trade center 1993 bombing, 9/11, and the 2009 financial crisis.

Diversify: own lots of stocks, not just a few, and make sure you own them throughout the spectrum. You need some large cap growth, some value, some small cap, some international,

most people won't build up enough equity in the home to justify selling so soon and paying transaction fees again.

Finally, if you sell your home in less than two years - for a profit - you may have to pay capital gains taxes on that profit.

Hardships like health issues or job relocation may allow you a partial exclusion on those taxes, though. Speak with your tax advisor and real estate agent for some solid advice.



and emerging market stocks. Keep Some Bonds: balance between stocks and bonds prevents the wheels from coming off your portfolio trolley.

Invest Consistently: you cannot time the market. Invest regularly from your earnings and remain consistent in your strategy regardless of world events or headlines.

Take Advantage of Panic: when the market tanks, your portfolio will have more bonds as a percentage and fewer stocks as a percentage than before the panic.

About the author: Gregory J. Welborn is the Managing Partner of First Financial Consulting, a fee-only advisory firm.

He can be reached at gwelborn@ffconsult.net

Locals love you more. Locally owned, independent merchants return 68% of their income to your local economy. National chains? 43% (or less). Online sellers? Zip. Zero. Nada. So...who really loves ya, baby? Support your local businesses. Pick 3 local stores or eateries and spend \$50 a month at each. After all, they are family! Learn more: the350project.net







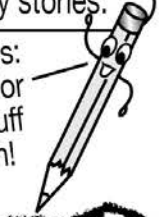
CLIFFORD SWAN INVESTMENT COUNSEL www.cliffordswan.com | (626) 792-2228

Still don't know what you want to be when you grow up? I can help. www.LORIKOOP.com A Right Brain Approach

Azul Hair Salon Family cuts, highlights, wax, color, fades, treatments, blow-dry. 'The right price, for the whole family' 1138 Huntington dr. Duarte CA 91010 626-2754783

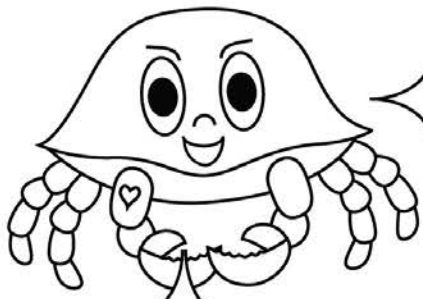
Service & CENTURY ROOTER Plumbing The Thinking Person's Plumber Fully Licensed & Certified California License #707409 24-Hour Service Available (800) 782.4744 www.centuryroooter.com customerservice@centuryroooter.com

We'd like to hear from you! What's on YOUR Mind? Contact us at: editor@mtviewsnews.com or www.facebook.com/mountain-views-news Or follow us on Twitter: @mtviewsnews

We like movies with monsters in them.      Check the library for spooky stories.  Kids: color stuff in! 

Newspaper Fun!

www.readingclubfun.com Annimills LLC © 2014 V11-42

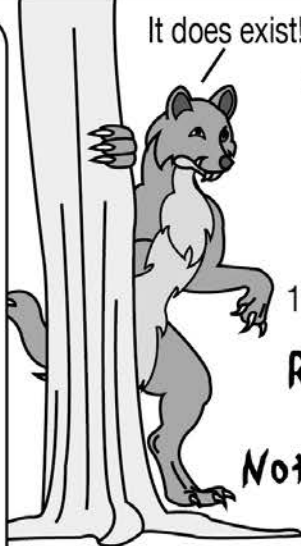


One of *my* favorite monster movies is called **The Mysterious Island**. Some people escape a battle by jumping into a hot air balloon and sailing off into the sky. They land on a hidden island. It is full of danger and mystery. The best part is that there are **giant crabs**.

Monsters! We find them in books, movies and stories. We even make up monsters to scare one another – and ourselves. Why do we like monsters?

Most people like to be scared a little bit, so we enjoy the idea of monsters. Since we use our imaginations to create monsters, we know they're not real. When we want to scare each other, we make up monsters that are waiting under beds, living in closets or smashing buildings.

Some people believe that we have real "monsters" on our planet. Huge whales, giant snakes or piranha fish that attack humans are sometimes called monsters. They are actual animals that frighten us. When we run into one of these animals, we should be truly frightened!



It does exist!

Real or Not Real?

Read the clues to fill in the puzzle with monsters that are "real" and ones that are made up for a bit of spooky fun.

Monsters that are not real (Fictional) - Across

- spooky creature that hides in your closet or under your bed
- a man that transforms into a beast when the moon is full
- a dancing _____ clattering its bones on the dance floor
- blood-sucking monster that cannot stand the light of the sun
- a fire-breathing _____; winged, scaled monster that lays eggs
- evil creature that is shorter than a person; has ugly green face
- enormous reptile-like creature that terrorizes streets of Japan

Monster Mix-Up!

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

- Real "Monsters" (Non-Fictional) - Down**
- the giant _____ is a flying rodent with wingspan of 5 feet
 - dead person wrapped in cloth
 - the killer _____ is a water-based mammal
 - giant _____ is a tentacled sea creature that can grow over 40 feet long
 - toothy, meat eating fish, known for their feeding frenzy
 - one of longest reptiles in world, these serpents can grow to 20 feet long
 - a _____ monster is a venomous lizard that is very slow moving

Print out free puzzles: **Monster and Creepy Creatures, Fancy Fall Language and Fire Safety @ www.readingclubfun.com**

ALLENSTWORTH REALTY
Downey, California
DRE # 00683217

Contact:
Myra D. Lopez
213.309.6057 / 323.869.8867
Referrals Welcomed

Where Your Community News Comes First

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Monrovia

DELIVERING YOUR NEWS EVERY WEEK SINCE AUGUST 1, 2007

REASONS TO SUBSCRIBE TODAY:

- We distribute to news racks throughout Sierra Madre, Pasadena, Altadena, Arcadia, Duarte and Monrovia.
- We deliver to your doorstep if you live in Sierra Madre! *
- Thousands of your neighbors read the Mountain Views News each week in print and online.
- We have published more than 375 editions!
- Our online readership surpassed the 14,000,000 dedicated requests on January 1st of this year!
- Your community news is not only important to your family, but your friends and neighbors, near and far!
- More than just news, but great features from local and national contributors, with Opinions from The Left, The Right and In The Middle!

*Home Delivery (Sierra Madre Only).....\$60.00 annually
Community News Rack Supporter.....\$25.00 annually

Red Ribbon Week

Let's Celebrate

Saturday, October 25th
9am - 1pm @ Teen Center

Everyone is invited to participate in **The 2014 Red Ribbon Week Celebration**
Duarte Teen Center
1400 Buena Vista Ave. Duarte
Saturday, October 25, 2014
9:00 a.m. ∞ 1:00 p.m.

FEATURING:
RED RIBBON WEEK MARCH
ARTS & CRAFTS
DANCE CONTESTS
FREE GIVEAWAYS

#iloveme

SPONSORED BY DUARTE CAL GRIP GRANT IN COLLABORATION WITH THINK Together
FOR QUESTIONS PLEASE CALL AIDA TORRES @ (626) 359-5671X316 SE HABLA ESPAÑOL

WWW.MTNVIEWSNEWS.COM

EMAIL: MTNVIEWSNEWS@AOL.COM

FOLLOW US @MOUNTAINVIEWSNEWS

LIKE US FACEBOOK.COM/MOUNTAIN-VIEWS-NEWS

MAILING INFORMATION:

Name.....

Address..... Zip Code.....

Telephone..... Check Enclosed Credit Card

CREDIT CARD INFORMATION:

Name.....

Billing Address..... Billing Zip Code.....

CARD NO:..... Security Code..... Telephone Number.....

Please mail to: Mountain Views News 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, CA 91024.

FOR SALE



71 Ross Place, Sierra Madre \$899,000

Well maintained, single level, contemporary Ranch style home offers 3 bedrooms, 2.5 baths, formal living and dining room, den, family/sun room and remodeled kitchen. Excellent location close to schools and public transportation.



KATIE ORTH
C 626.688.0408 P 626.507.3034
katieo@podley.com
BRE #02043500

JUDY WEBB-MARTIN
C 626.688.2273 P 626.507.3028
judymw@podley.com
BRE #00541631

SHOP BALDWIN AVENUE - SIERRA MADRE!



CAPELLI COURT SALON
51 N Baldwin Ave.
Sierra Madre CA 91024

Ester Gorena
Stylist- Owner
capellicourt@yahoo.com
626-836-1242

facebook.com/capelli.court



Sandy Lewis-Duwall
Club Owner

20 North Baldwin, Sierra Madre, CA 91024
(626) 836-1236 Fax (626) 836-1230
www.sierrafit.com / email: sandy@sierrafit.com

LES CHAMPS ELYSEES
Clothing & Accessories for Women & Men
In the Historical Hotel Shirley 26 N. BALDWIN www.thechamps-elysees.com



Skin Care & Body Work Day Spa
FACIALS • MASSAGE • WAXING
Winner "Best Day Spa" LA

20%
OFF 1st
VISIT

www.skincareandbodywork.com / 49 S. Baldwin Ave. Suite C, Sierra Madre 626 . 355 . 5158



Now Offering Gourmet Burgers

• Coffee • Conversation • Community

45 N. Baldwin Ave. Sierra Madre, CA 91024 / T: (626) 355-1596

Colbert Hair Studios
BE GOOD TO YOURSELF - INDULGE!

- Hair Color
- Style Cutting
- Hair Weaving
- Hair Extension
- Dread Locks
- Hair Braiding
- Press & Curl
- Hair Relaxer
- European Facials
- Swedish Massage
- Eyebrow Threading
- Wedding & Prom



94 N. Baldwin Ave Sierra Madre Ca 91024
626-836-8811 626355-5000
www.Colberthairstudios.com



**At The Kensington,
we'll remember
what your loved ones are
beginning to forget**
*Introducing two unique
levels of memory care*

If your Mom was an amazing baker who loved yellow lilies or if your Dad was a decorated colonel who started every day with strong, black coffee, we'll be sure to know. We will acquaint ourselves with the meaningful details of your loved ones' lives. Then, when memory fades, we will help them revisit the pleasure of past times, even if only moments. We will care for them—and you—as progressive memory loss occurs.

The Kensington's memory care programs are highly personalized. Two distinctive "neighborhoods"—**Connections and Haven**—feature support that accommodates residents with different degrees of memory loss.

Connections residents are in the early to middle stages of dementia. They can independently engage in activities that give purpose to each day. Haven residents are in the middle to late stages of dementia. They need a higher level of clinical assistance and soothing care that increases comfort and reduces agitation.

Connections and Haven neighborhoods are cozy, intimate environments. Here, loving professionals honor the past but "meet residents where they are" now. By making the most of their strengths, they make today as joyful as possible.

**Call us at 626-355-5700 to schedule a visit
or to learn more about expert memory care
coming to Sierra Madre this fall**



THE KENSINGTON
An Assisted Living Residence

SIERRA MADRE

626-355-5700

245 W Sierra Madre Blvd, Sierra Madre, CA 91024
www.TheKensingtonSierraMadre.com

RCFE
License
Pending



SERVING YOU SINCE 1949

GEM PLUMBING

Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE &
INSTALLATION

We Do It All!

COPPER RE-PIPES
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER
HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR
BRANDS

Emergency
Service
Available

355-3496

140 E. Montecito | Sierra Madre



State Contractor Lic. #111308