

SATURDAY, NOVEMBER 1, 2014

VOLUME 8 NO. 44

COUNCIL TO REVIEW PLANNING COMMISSIONS
DECISION TO APPROVE CUP FOR BALDWIN CT. PROPERTY

CITY HALL INCREASES
OPEN HOURS

Sierra Madre, CA. - At Tuesday night’s City Council meeting, the Council approved increased hours for City Hall beginning Monday, November 3, 2014.

- City Hall will be open 7:30am – 5:30pm, Monday - Thursday
- Planning & Public Works counters will be open 7:30am – 2:00pm, Monday - Thursday
- Library hours were changed at the beginning of October and are:
Monday-Wednesday, 11:00 am – 8:00 pm
Thursday-Friday, 12:00 pm – 6:00 pm
Saturday, 10:00 am – 6:00 pm
Sunday - Closed

Also, Community Services has moved to City Hall and the City’s service window at the Community Recreation Center is now closed. Please come into City Hall or the Hart Park House Senior Center to register for classes, programs and events, or check out the latest happenings at www.cityofsierramadre.com. Community Services staff can still be reached at 626.355.5278 as well as at 626.355.7135.

EVERY DROP COUNTS!

Be aware of the new restrictions on watering. Even-numbered addresses are limited to landscape irrigation on Mondays and Thursdays. Odd-numbered addresses and addresses ending in fractions are limited to landscape irrigation on Tuesdays and Fridays.
If you would like to report water waste you can now do so on the City’s website or by emailing water@cityofsierramadre.com. Please describe how water is being wasted, include the location, and a photo if available. We will then send a courtesy notice to the property so the issue can be fixed.
You can also send an Email to water@cityofsierramadre.com OR use the form on the city’s website: www.cityofsierramadre.com



This artist’s rendering provided to the city by the property owners, CETT Investments is a depiction of what the developers allege the Baldwin Ct. property will look.

In mid October, the Sierra Madre Planning Commission voted to approve the Conditional Use Permit for the first home to be built at Stonegate. (The property formerly known as 1 Carter). The decision was made after months of meetings, negotiations, and reconfigurations of the original plans. However the approval did not come without much angst among the public, or even among the Planning Commissioners. For years, residents have tried to prevent any development on the property at the very end of Baldwin. One of the earliest proposals which was successfully defeated was to make the site the home of Maranatha High School.

After that attempt failed, the land was purchased by a developer who proposed single family homes. Eventually the property was lost to foreclosure and the bank sold it to the current developers, CETT Investments. There was also a lawsuit by the developers that resulted in a Settlement Agreement between the owners of the property and the City of Sierra Madre. However, all along the way, there has been heated opposition to any project, especially the 29 new homes

that are on the drawing board currently.

In addition to the fact that the new homes will add to our already burdened water supply, concerns have been raised over the size and design of the homes. At the October 16th Planning Commission meeting, however, the commission accepted the changes that had been offered by the developer and approved the CUP.

The fury of residents over the planning commission’s approval could be heard and felt at Tuesday’s city council meeting. Speaker after speaker brought their objections to the council during public comment, and although the council’s ratification (or rejection) of the Planning Commission’s actions was not on the Agenda, the voices of those opposed to the CUP was heard loud and clearly.

One of the issues that was brought to the attention of the council was the cost of a citizen’s appeal of the Planning Commission’s action. City Manager Elaine Aguilar confirmed that it would cost \$7,500 for those in opposition to the project to file an appeal. It appeared based

on the public comments that members of the grassroots organization Preserve Sierra Madre (established to protect the town from overdevelopment), were ready to raise the necessary funds but would prefer that the council take action and review the decision.

Councilmembers John Capoccia and Denise Delmar were moved by the speakers (and phone calls and emails they had received) and requested the review.

Capoccia noted that there were two reasons for his call for a review. “I am convinced that for a project this large it needs to be approved by the elected officials. The hurdle is just too high. It’s just the right thing to do, take one more look.”

He also felt that citizens should not have to raise money to get the review when the request of two councilpersons is sufficient.

The review will be discussed at the November 25th council meeting.

S.Henderson/MVNews

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TUESDAY IS ELECTION DAY!

The Mountain Views News is making the following endorsements, however, whether you agree with us or not, get out and vote!

Governor	Jerry Brown
Lt. Governor	Gavin Newsom
Secretary of State	Alex Padilla
Controller	Betty Yee
Treasurer	John Chiang
Attorney General	Kamala Harris
Insurance Commissioner	Dave Jones
State Board of Equalization	Jerome E. Horton
United States Representative	Judy Chu
State Assembly	Chris Holden

NO RECOMMENDATION ON THE JUDICIAL OFFICES

Superintendent of Public Inst.	Marshall Tuck
LA County Assessor	Jeffrey Prang
Sheriff	Jim McDonnell

STATE PROPOSITIONS:

YES	PROPOSITIONS 1 AND 2	WATER BOND/BUDGET STABILIZATION
YES	PROPOSITION 45	HEALTHCARE INSURANCE RATE CHANGES
YES	PROPOSITION 46	DRUG/ALCOHOL TESTING FOR DOCTORS
YES	PROPOSITION 47	MISDEMEANOR PENALTIES
NO	PROPOSITION 48	INDIAN GAMING EXPANSION
YES	LA COUNTY PROP P	PARKS PARCEL TAX



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Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

LIBRARY OPEN HOUSE-A HIT!



Sierra Madre, CA. – October 23, 2014 – Sierra Madre's public library was filled to the brim as more than 700 friends and neighbors joined the festivities at the Library Open House on October 11. Residents enjoyed speaking with 12 local authors, a family bubble program, and breakfast furnished by Bean Town. There was also classical guitar from Sierra Madre Music and a teen docent local history presentation. DVD rentals were free for the day and visitors explored downloading free ebooks, using Ancestry.com, and New Book Alerts. The Friends of the Library offered a special mini-book sale in honor of the occasion and author Michele Zack joined the Sierra Madre Historical Preservation Society with copies of her award-winning book about Sierra Madre. The Library trustees staffed the event, along with the Friends of the Library and the Sierra Madre Historical Preservation Society.

Read, Discover, Connect @ Sierra Madre Public Library
440 W. Sierra Madre Blvd., Sierra Madre, CA 91024, (626) 355-7186,
www.cityofsierramadre.com/departments/library



Walking Sierra Madre...The Social Side

by Deanne Davis



"Graveyards to the left of us,
Skeletons to the right,
A witch whizzes by on her broomstick,
It must be Halloween night!"

We've gotten through it once again,
The ghouldest, ghostiest time of year.
When creatures large, and creatures small,
Prowl the highways, infest the byways,
And give us plenty of reason, in this fear-filled season
To quiver and shiver and shake in our shoes!!"

Walking Sierra Madre today, admiring the window painting efforts of all our budding artists, we simply have to say we've got a bunch of really clever kids in our town. Of course, all the parents totally agree with that statement. John, my fellow art connoisseur walking buddy, and I spent a splendid hour pointing out exquisite details to each other.

The cat saying, "Happy Meowloween!" and her doggy friend agreeing, "Happy Howlween!" An excellent portrayal of the "Wicked" musical logo, pumpkins, pumpkins everywhere and the prize winners are great. Loved the headless horseman in the red cape with his pumpkin head on a stick. Lots of wolves howling at haunted moons, a set of haunted candy apples (I think!). My favorite was the perfect pumpkin perched on the bank of a stream with its jack-o-lantern reflection in the water.

If you haven't taken a few minutes to walk through town to look at the window art, get on it before too much time goes by. All this genius is only temporary. Look for the grumpy cat wearing the witches hat next to a rather nervous pumpkin. You'll like the witch's green

hand with bright red fingernails dropping candy corn into her pot.

Students from 9 to 17 work in teams all afternoon Friday and all morning Saturday the week before Halloween to create the creepiest, ghostliest, most mysterious windows possible. We don't see how the judges can restrain themselves from giving every window a prize. Many thanks to the Sierra Madre Civic Club for sponsoring and underwriting this delightful event which is offered free to participants.

Kids painting windows for Halloween is one of those neat things that's been going on for years and years here in our town, just one more reason why Sierra Madre is the best place ever to live. This was an exceptionally great window painting year. Don't miss it!

Here's an idea, plan to wander downtown November 1st or 2nd to check out the art and stop at one of our splendid restaurants...a burger at Beantown, maybe a couple of enchiladas and a margarita at Casa Del Rey, or a glass of wine and an hors d'oeuvre or two at Wisteria. Or a salad at Only Place in Town. Sit outside at Sierra Brigante, for some bruschetta, or a dog at Vicious Dogs. There's Corfu, Peppertree, and Zugo's, then wind up the evening with an ice cream cone at Mother Moo's. Sounds like just another lovely evening in Sierra Madre! Enjoy the art and Bon Appetit!

If you like Walking Sierra Madre, you oughta take a look at my book!

"A Tablespoon of Love, A Tablespoon of Laughter" is available on Amazon.com or at <https://www.createspace.com/4561071>

ASCENSION CHURCH EVENSONG – TO HONOR VETERANS

Sierra Madre's Village Church – Ascension – invites the community to a Choral Evensong to honor those men and women who've served in our armed forces. The Episcopal Church of the Ascension will be presenting a Choral Evensong for Veterans Day, on Sunday, November 9, at 5:00 p.m. Sung by Ascension's Choir, led by Dr. Debora Huffman, Director of Music and Organist, this traditional Anglican service of meditation, prayer, and song will feature music written primarily by American composers, to include:

Opening Voluntary: Adagio – Samuel Barber
I Vow To Thee, My Country - Gustav Holst, arr. James Kirkby
The Preces and Responses - Richard Shephard
The Phos Hilaron - Roland E. Martin
Magnificat and Nunc Dimittis – Ralph Vaughan Williams
Let the People Praise Thee - Walter L. Pelz

Prayer of the Venerable Bede – Richard Proulx
O Lord, Support Us – Carlton T. Russell
Nunc Dimittis – David L. Vickers
Closing Voluntary: Variations on America – David Johnson

Following this beautiful service of reflection a reception will be held in Hawks Hall. All are welcome to attend. Come, share with us the beauty of this traditional service.

Evensong or Evening Prayer is a traditional Anglican service which is celebrated in the late afternoon or evening. It is commonly known as Evensong when most of the service is sung. For generations, many of our finest church composers have written music for this traditional service.

The Church of the Ascension is located at 25 East Laurel Avenue in Sierra Madre. For more information, please call (626) 355-1133 or visit: www.ascension-sierramadre.com.

ANNUAL VETERAN'S DAY CEREMONY WITH KEYNOTE SPEAKER ROBERT SPENCER

National Security & International Terrorism Expert National Security & International Terrorism Expert

Veterans of Foreign Wars of Sierra Madre, Post 3208 will celebrate its annual Veteran's Day Ceremony at Memorial Park, Sunday November 9, 2014 at 1:00 PM, with special keynote speaker Robert Spencer (Bio below). We will celebrate Veterans Day by remembering the living brave men and women who have risked their lives for the United States of America from WWII thru our current conflicts, followed by Mr. Spencer's talk.

Seating capacity is limited so come early or bring your own folding chair. Those interested in attending, please RSVP with the names

of attendees at the following email address: VFWPost3208@gmail.com for planning purposes. The ceremony will begin promptly at 1:00 PM followed by our keynote speaker and will last about one hour.

Following the ceremony, there will be a book signing with Robert Spencer in the Hart Park House/Senior Center at Memorial Park. A signed copy of Mr. Spencer's new book Arab Winter Comes to America will be available for purchase.

For additional information, please send us a message at VFWPost3208@gmail.com.

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Pasadena/Altadena News Briefs

Man shot to death at Burger Stand

Police on Thursday were still looking for two suspects after one of them shot a man during an argument outside Fair Oaks Burger around 4:30 p.m. According to police the victim was sitting in front of the eatery at Fair Oaks Avenue and Calaveras Street when an argument started and then three or four shots were fired. The victim died after being rushed to Huntington Hospital. Police set up a three block containment area around the area. Police are searching for a dark gray, four-door sedan. No description was giving of the two men.

Man Dies after Assault in Old Pasadena

An Alhambra man has died after a fight with his roommate outside a birthday party early Saturday morning. Police said they found Joseph Rafael, 31, around 1 a.m. unresponsive on the sidewalk in the 100 block of South Raymond Avenue. Severe head trauma left Rafael on life support. He succumbed to his injuries at Huntington Hospital shortly before 2 p.m. Monday. Police arrested Giorgio Bustamante, 30, of Alhambra, at the scene. The two men were involved in an argument that led to a physical altercation. No charges against Bustamante have been filed. The investigation is ongoing.

Woman Hospitalized after Apartment Fire

An apartment fire Monday night sent one person to the hospital and others evacuated after debris on the roof caught fire. Pasadena Fire Department spokeswoman Lisa Derderian said the blaze was reported around 8:00 p.m. in the 400 block of North Garfield Avenue. The accidental fire may have been caused by a torch during a roofing operation according to reports. Derderian estimated the damages to be \$15,500.

Pet of the Week



Rufus is a 5-year-old gray tabby cat. He is easy to handle and enjoys being pet. Very friendly.

For the month of October, Rufus' adoption fee is reduced to \$10, which includes his neuter surgery, a microchip, the first set of vaccinations, as well as a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday - Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Parking Meter Rates Change in Old Town

By Dean Lee
As a way to get late night visitors to use the public parking garages instead of street parking, the city council approved Monday night raising the parking meter rate in outlying areas of Old Pasadena and extending the metered time by two hours on weekend in the entire old town district.

The changes raise the parking meter rate to \$1.25 an hour on 217 meters south of Dayton Street. It also extends the required meter time, throughout Old Pasadena, late Friday and Saturday nights by two hours starting at midnight.

Pasadena Director of Transportation Fred Dock said that the changes could bring in over \$200,000 annually, half of which would be in citations. "There could be an additional \$100,000 in citation revenue from the additional two hours per weekend nights..." he said. "This is based on a fairly conservative estimate of issuing 10 citations per hour district wide over the whole meter district."

The new rates south of Dayton Street alone would bring in \$105,000 he said. City staff said the changes were proposed due to noise complaints from residents that live in the affected areas such as the Archstone apartments at the Del Mar Gold Line station. "The way it was described to us is, and the reason we initiated the studies that were put in place, is that there is a movement of vehicles to the on street parking in the area..." Dock said.

He further explained that after 10 p.m. on weekends the parking garages charge a flat rate and it becomes cheaper to



park on the street. He also said raising the rate south of Dayton Street makes the entire area uniform at the current \$1.25.

Although Councilwoman Jacque Robinson did not vote against the plan she did have some concerns on the negative impacts.

"I feel like this is going to discourage people from coming to Old Pasadena," she said. "I don't know about any other councilmembers but when I go to Old Pasadena on a late Friday or Saturday night it is not the same as it used to be, there are not any many people out there... to me, I feel that changing the parking meter structure at this time will further this discouraged attendance and participation in old town."

Councilmen Victor Gordo said he favored the plan.

"If our pricing is such and the number of hours where people can put their car on one of these streets is such that it encourages that driving around looking for that illusive spot late into the night then I think it causes disruption to

the neighborhood," he said. "I'm prepared to move the staff recommendations."

According to a staff report the estimated cost of signage changes will be \$14,000, the modified meter rates on weekends are estimated alone to increase revenue \$5,000 annually.

No one from the public spoke either for or against the proposed changes.

Free Flu Shot Untill Nov 25

Fight the flu by getting a free vaccine offered by the Public Health Department through Tuesday, Nov. 25.

The free vaccine will be available to everyone ages 6 months and older at no cost, while supplies last. Minors must be accompanied by a parent or guardian. Be sure to wear short sleeves.

The vaccine will be provided at various Pasadena locations, listed below, on a first-come, first-served basis.

Wednesday, Nov. 5, 10 a.m. - 2 p.m. at the Pasadena Senior Center, 85 E. Holly St.

Pre-registration required. Call (626) 795-4331.

Tuesday, Nov. 11, 10 a.m. - 12 p.m. at Allendale Branch Library, 1130 S. Marengo Ave.

Tuesday, Nov. 18, 10 a.m. - 12 p.m. at Santa Catalina Branch Library, 999 E. Washington Blvd.

Tuesday, November 25, 10 a.m. - 12 p.m. at La Pintoresca Branch Library, 1355 N. Raymond Ave.

High-risk groups susceptible to severe flu complications include seniors ages 65 and older, pregnant women and people with chronic medical conditions such as asthma, chronic lung disease and diabetes.

For more details on the clinics, call (626) 744-6000 or visit www.cityofpasadena.net/publichealth.

Symphony Names Lora Unger New CEO

The Pasadena Symphony Association (PSA), which operates the Pasadena Symphony and POPS, has named Lora Unger its new Chief Executive Officer.

Unger, who has been the organization's General Manager and most recently Chief Operating Officer since 2009, succeeds Paul Jan Zdunek, who has accepted the position of Chief Capital Development Officer with Singpoli Capital Corporation in Pasadena.

"We're now poised to move to the next phase of this great orchestra's future," Unger said, "which is fully realizing our potential in this community, both as an important arts pillar and a force in the community. I cannot imagine a more ideal time to assume this new role with the Pasadena Symphony and POPS. I'm grateful to the PSA Board of Directors for their trust and encouragement, and am ready to even more fully engage with the culturally vibrant community of Pasadena."

Unger officially took office today.

Eight New Floats to Grace this Year's Rose Parade

The Tournament of Roses Association announced Tuesday that 39 float entries that will participate in the 126th Rose Parade, themed "Inspiring Stories"—of which, eight are new to the parade.

First time entries include:
- ABC's "The Bachelor"
- American Armenian Rose Float Association
- Kiehl's Since 1851
- Northwestern Mutual (Rose Bowl)
- Northwestern Mutual NCAA "Inspiring Potential"
- Princess Cruises
- United Sikh Mission
- Zappos.com

Also included among the 39 units will be floats representing the two teams that will play in the College Football Playoff Semifinal at the Rose Bowl Game.

The Tournament of Roses Association's Float Entries Committee oversees the selection process for Rose Parade floats, with the organization's Executive Committee having final approval over all entries. Float participants pay an entry fee to the Tournament and are then responsible for all costs related to design, construction and decoration.



Glenarm Job Recruitment



Pasadena residents invited to construction job recruitment event Nov. 4.

Pasadena residents interested in working on the Glenarm Repowering Project as union carpenters, cement masons and pipe fitters are invited to attend a job recruitment event Tuesday, Nov. 4, 2014, at 8:30 a.m. at the Jackie Robinson Community Center, 1020 N. Fair Oaks Ave.

As part of its long-term power supply plan, the City is replacing an aging power generating unit at the historic Glenarm Power Plant with more efficient and environmentally friendly technology. The upgrade will reduce the plant's emissions, improve reliability and provide a backup for intermittent renewable resources such as wind and solar.

Through its "Pasadena First: Buy Local" initiative, the City launched an outreach campaign last fall to encourage Pasadena residents to join the Los Angeles and Orange County Construction and Building Trades unions to help complete the multimillion-dollar project.

An agreement between the project's prime contractor and the unions calls for at least 25 percent of the project's payroll

to be allocated for Pasadena residents. At least 15 percent of the subcontracting and procurement is designated for Pasadena businesses. As of Oct. 10, 2014, Pasadena residents account for 32.5% of the reported certified payroll, and Pasadena businesses account for 27.3% or \$451,208 of the total contracting and procurement.

During the recruitment event, Pasadena residents can learn about employment opportunities and receive application assistance from three local apprentice programs.

The five-year Steamfitter and Industrial Pipefitter Apprenticeship Training Program provides paid, on-the-job training and technical instruction for participants ages 18 and older who hold a high school diploma or GED. For details, call (310) 660-0035.

The Southern California Cement Masons Joint Apprenticeship Program provides world-class curriculum and on-the-job training for more than 300 apprentices each year. For details, call (626) 523-2828 or visit www.cmsapprenticeship.org.

The four-year Carpenters Apprenticeship Program provides on-the-job training, individualized coaching and supplemental instruction at local training centers. For details, call (213) 739-9339 or visit www.swctf.org.

Hundreds of Pasadena job seekers have already registered for job referrals and are encouraged to join the unions, with help from Flintridge Center, Foothill Workforce Investment Board, Los Angeles Urban League and Women at Work. Visit www.PWPweb.com/GT5 for details.

Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.



PASADENA MEDIA

training is also offered to volunteer crew members. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Class offerings days and nights weekly
Station Schedule

Citizen Journalism Training
Wednesday November 5 at 6:30 p.m. - 8:00 p.m.

Orientation
Monday November 3 at 6:00 p.m. - 8:00 p.m.

PCAC Board of Directors - Regular Meeting
Tuesday November 4 at 7:00 p.m. - 9:00 p.m.

Producer Training
Wednesday November 5 at 1:00 p.m. - 3:00 p.m.

Basic Editing - Session 1
Wednesday November 5 at 6:00 p.m. - 8:00 p.m.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



MATTHIES: ARCADIA'S FIRST POLICE MURDER

Revisit the tragic day in 1927 when Arcadia police officer Albert E. Matthies was shot and killed while on routine patrol. Daniel Hennessy has researched that event and he brings that long-ago July day into focus as he offers a glimpse through the window of time at the Arcadia of the 1920s. This special free lecture, hosted by the Gilb Museum of Arcadia Heritage, will be held on Saturday, November 22, 2014 from 2:00 p.m. until 3:30 p.m. at the Museum Education Center.

The Museum Education Center is located at 382 W. Huntington Drive, Arcadia. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, Arcadia, immediately behind the Community Center. The Museum hours are Tuesday through Saturday 10:00 a.m. until 4:00 p.m. (Closed on Sundays and Mondays and 12-1 daily).

For more information, please call 626.574.5440 or visit the Museum's website at <http://museum.ci.arcadia.ca.us>.



THE ROSE PARADE STARTS NOW— WITH TOURNAMENT OF ROSES SPEAKER AT ARCADIA AAUW MEETING

What goes on behind the scenes at the annual Pasadena Rose Parade? Have you ever wondered who chooses the theme, the bands, the float designs, the Royal Court? The perfect person to answer these questions and any others is Temple City resident Robert Giambalvo, member of the Community Relations Committee and an 8-year volunteer with the Tournament of Roses Association. Robert Giambalvo assures the Arcadia Branch of the American Association of University Women (AAUW) that he will present a program to them that gives “a parade and game overview from the beginning to the present along with fun facts and interactive questions.” His presentation will be light, but informative. Giambalvo's audience is sure to appreciate this early look at the 126th Rose Parade with its theme of “Inspiring Stories.”

Giambalvo will speak to members of the Arcadia Branch of AAUW and their guests at the Branch's meeting on Monday, November 10, at the Church of the Good Shepherd's Jordan Hall, 400 W. Duarte Rd. (SW corner of Duarte Rd. and Holly Ave.), Arcadia. Socializing and refreshments begin at 6:30 p.m. with the Tournament of Roses program to follow at 7:00 p.m. The program will include a power point presentation that offers the audience a behind-the-scenes look at the work, drama, and fun that all contribute to making America's New Year Celebration a success. The public is invited to this free meeting.

Membership in the American Association of University Women is open to women and men university graduates, as well as to those holding an Associate of Arts degree or its equivalent. For more information, please call Tamara Kato at (626) 375-6756 or Patricia Dietrich at (626) 446-8437.

HEAR ALL ABOUT THE FAMOUS ADAM'S PACK STATION

Hear the stories of the last remaining pack station in Southern California on November 20, 2014 at noon. Deb Burgess, Adams Pack Station will be the guest speaker at this month's Lunchtime Talk at the Museum Education Center.

The Gilb Museum of Arcadia Heritage Lunchtime Talks takes place the third Thursday of the month at the Museum Education Center. Come and listen to guest speakers who will present snippets of Arcadia history, people, places, and events. Bring your own lunch or just sit and enjoy the talks with friends.

All programs are free to the public. The Museum Education Center is located at 382 W. Huntington Drive, Arcadia. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, Arcadia, immediately behind the Community Center. The Museum hours are Tuesday through Saturday 10:00 a.m. until 4:00 p.m. (Closed on Sundays and Mondays and 12-1 daily). For more information, please call 626.574.5440 or visit the Museum's website at <http://museum.ci.arcadia.ca.us>.

STILL HAVE QUESTIONS ABOUT OBAMACARE?

A free one-on-one Covered California health information clinic will be held at the Arcadia Public Library every Wednesday evening from 5:00 p.m. until 8:00 p.m. beginning November 5, 2014 through February 2015. This free clinic will assist with your Obamacare questions, provide assistance with filling out the Covered California forms, and more. Advance registration is required and can be done by calling 626.821.5569. This program is provided free by the Asian Americans Advancing Justice Los Angeles.

The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Twitter and Facebook.

Arcadia Police Blotter

For the period of Sunday, October 19th, through Saturday, October 25th, the Police Department responded to 1,025 calls for service of which 130 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, October 19:

Just after 4:53 p.m., an officer responded to Claire's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a burglary report. An investigation revealed a 15-year-old White female and a 14-year-old Black female concealed numerous items of merchandise inside their pockets and failed to make payment. The juveniles were cited and released to their parents.

At approximately 7:06 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a vehicle burglary report. The officer determined an unknown suspect broke the rear window and stole the victim's purse from the rear floor board. No suspects were seen and no witnesses were located.

Monday, October 20:

At about 9:19 a.m., an officer approached a 54-year-old Hispanic male sitting in his vehicle after witnessing him drink an unknown beverage concealed in a paper bag. The subject admitted to drinking an alcoholic beverage in public. He was cited and released in the field without incident.

At approximately 10:53 a.m., an officer responded to Hartfield Construction Corporation, 11908 Clark Street, regarding a theft report. An investigation revealed unknown suspect(s) stole a planted plumeria tree from the business. The total loss was valued at \$5,000.00.

Tuesday, October 21:

Around 1:36 a.m., an officer conducted an enforcement stop on a vehicle in the area of Wheeler Avenue and First Avenue for being illegally stopped. Upon contacting the subject, the officer detected the odor of an alcoholic beverage emitting from his breath. The 27-year-old Hispanic male had a blood alcohol content greater than .08%. He was arrested and transported to the Arcadia City Jail for booking.

Just after 3:06 p.m., an officer responded to a residence in the 1000 block of Rafael Drive regarding a burglary report. The officer determined an unknown subject posed as a plumber to lure the victims to the backyard while he ransacked the bedrooms. The suspect stole jewelry and cash. The suspect is described as a Hispanic male, 5'10", 260 pounds, clean shaven, wearing a gray work shirt with “Moro” on the right side and a “Plumber” patch on the left side. The investigation is ongoing.

Wednesday, October 22:

Shortly after 12:14 a.m., an officer conducted a traffic stop on a vehicle in the area of Sixth Avenue and Camino Real Avenue for failing to stop at a stop sign. The officer discovered the driver, a 26-year-old Asian female, was driving with an expired license. She was issued a citation and released in the field. The vehicle was not stored or impounded.

At about 3:14 p.m., an officer responded to a residence in the 400

block of Harvard Drive regarding a burglary report. Surveillance footage revealed two unidentified suspects shattered the rear sliding glass door, ransacked the home, and fled undetected. The loss consisted of several designer purses. The investigation is ongoing.

Thursday, October 23:

At approximately 11:53 a.m., an officer responded to the front desk of the Arcadia Police Department, 250 West Huntington Drive, regarding a fraud report. An investigation revealed an unknown suspect used the victim's debit card to charge \$4,771 over the past two months. The victim stated she never lost or misplaced her debit card.

Around 5:47 p.m., an officer responded to the intersection of Fifth Avenue and Colorado Boulevard in reference to a robbery that had just occurred. The officer discovered the victim, a 15-year-old Hispanic male, was asked to lend his phone to Suspect #1 because his phone had died. As the victim complied, Suspect #2 punched the victim in the face and both suspects fled in a newer model Nissan Altima. The victim refused medical attention therefore Arcadia Fire was not called.

Suspect #1 is described as a Hispanic male in his early 20's, 5'8", 160 pounds, with short brown hair, dark beard, wearing a gray t-shirt. Suspect #2 is described as a Hispanic male in his late teens or early 20's, 5'6", 150 pounds, wearing a light colored shirt.

Friday, October 24:

Just after 7:33 a.m., an officer conducted an enforcement stop on a vehicle in the area of Huntington Drive and Golden West Avenue for a broken tail light. An investigation revealed the driver placed false registration tags on the vehicle. The 38-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

At about 6:02 p.m., an officer responded to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a theft report. The officer determined the two suspects, a 23-year-old female of unknown race and a 22-year-old White female, concealed merchandise in their purses and removed the security sensors with a specialized tool before exiting the store and failing to make payment. Both subjects were arrested and transported to the Arcadia City Jail for booking.

Saturday, October 25:

Just after 11:34 a.m., an officer initiated an enforcement stop on a bicyclist for riding the wrong direction in the area of Peck Road and Clark Street. Upon contacting the subject, the officer noticed signs of drug use. The officer administered a series of tests and concluded the 31-year-old Hispanic male was under the influence of a controlled substance. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 5:55 p.m., an officer responded to Arcadia Methodist Hospital, 300 West Huntington Drive, regarding a battery report. An investigation revealed a boyfriend and girlfriend were arguing when the 17-year-old Hispanic male punched the 18-year-old Hispanic female in the face. The victim's mother transported her to the hospital for treatment. The suspect was cited and released to his parents.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

UPDATE ON ACCESS TO MONROVIA'S HILLSIDE WILDERNESS PRESERVE

By Brad Haugaard

I noticed the other day that the almost-new gate at the Ridgeside trailhead to the city's Hillside Wilderness Preserve, which you can see above, has been removed. This struck me as odd because it was only installed around early January of this year. The old gate, which you can see below, is now back in use, but can be swung open far enough to admit bikers and hikers, but not enough to admit cars or trucks.



The new gate, shown here, has been temporarily removed.

In a meeting with City Manager Oliver Chi and Director of Community Services Tina Cherry, Cherry said the new gate was removed because it was crowding the space trucks need to turn around. She said a new gate will be installed after working out the best location for it with adjacent landowners and after redesigning it to force cyclists to slow down before they enter the narrow residential road. Also, she said, the “Road Closed” sign you see posted on the old gate has either been removed already or will be removed shortly. The road isn't closed, it's open.

Another factor, she said, is that while the city has an easement for the trail, the easement - apparently due to faulty surveying ages ago - is for a brief distance actually located alongside the road, just to the right of the road as you see it in the above pictures, over essentially impassable ground. That also needs to be resolved.

Chi said the issues with the Ridgeside trailhead should be resolved within a few months.

Cherry said homeowners at other end of the trail - which exits onto Coverleaf Drive but passes over private property which is currently blocked by a locked gate - have been working with city appraisers. She said the appraisers have completed their appraisals and the city is now ready to meet with the homeowners in an effort to come to an agreement that will open the Cloverleaf gate.

Chi said that while there may have been disagreements with those property owners in the past, “at least we're talking to one another.” He added, “We need to resolve this today so people can enjoy it.” Cherry added that, “We have the resources to have it done.”

And if that is all a bit confusing, here's a map: <http://goo.gl/PNzQYT>.

SCE CONDUCTS MAINTENANCE POWER OUTAGE ON NOVEMBER 1ST AFFECTING 358 CUSTOMERS

DUARTE, CA, October 30, 2014 - Some 356 homes and two businesses in Duarte will be without electrical power between 8:00 am and 6:00 p.m. on Saturday, November 1st due to a planned maintenance outage by Southern California Edison.

SCE notified city officials and mailed notices to every affected household of the intended shutdown. Edison describes boundaries for the planned outage to include the streets of Conata, Vineyard, Chimes and Huntington Drive. This outage will allow Edison to replace a pole, reconductor wires and perform other ancillary work.

To prepare for the planned outage, SCE advises customers to shut off or disconnect all sensitive electronic equipment, such as computers and fax machines, before the outage begins. Notify security and/or phone

Monrovia Police Blotter

During the last seven-day period, the Police Department handled 387 service events, resulting in 61 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping.

For Police Department news and information, visit our website and follow us on Twitter.

Traffic Collision – Vehicle vs. Pedestrian

On October 28 at 7:29 a.m., a traffic collision was reported in the area of Myrtle and Foothill. A teenage driver hit a pedestrian. The pedestrian was taken to a hospital for treatment.

Suspicious Noises / Bear Incident

On October 28 at 8:47 p.m., police received a call from a resident in the 400 block of North Primrose reporting suspicious noises on their roof. An officer responded, along with the Foothill Air Support Team helicopter, and they discovered a bear on the roof of the residence. The bear was left alone and eventually left the area.

Warrant – Suspect Arrested

On October 28 at 10:38 p.m., officers responded to a 9-1-1 hangup call involving a family disturbance in the 900 block of West Olive. An officer arrived and spoke to a male adult, who stated his 17-year-old stepson was arguing with him and took off, jumping over walls to get away from him. A computer check of the juvenile revealed he had a no-bail juvenile warrant for his arrest. Officers eventually located the subject hiding in the bed of a pickup truck in a hotel parking lot. The juvenile was arrested and taken into custody. He was taken to Eastlake Juvenile Hall.

Under the Influence of a Controlled Substance / Possession of a Controlled Substance / Possession of Drug Paraphernalia – Suspects Arrested

On October 29 at 11:40 a.m., acting on evidence gathered from a grand theft auto incident earlier in the week, officers went to a location in the 600 block of West Palm to further the investigation. At the location, officers discovered drugs, drug paraphernalia, and a suspect under the influence of a controlled substance. Three suspects were arrested.

Mental Evaluation

On October 29 at 11:01 p.m., an officer was dispatched to a residence in the 200 block of North Grand Avenue to keep the peace. An 18-year-old, male subject was out of control in the residence. The subject was distraught over a breakup with his girlfriend. He was taken to a hospital, where he was held for mental Evaluation.

For more information and current status on a planned outage, visit [HYPERLINK “http://www.sce.com/outage”](http://www.sce.com/outage) www.sce.com/outage or call 1-(800) 611-1911 and reference Planned Outage #664220.

ALVERNO STUDENTS WIN TOP HONORS

Alverno High School Senior LeAnn Zuniga Wins Youth Science Center Essay Contest for Second Year

Alverno High School senior LeAnn Zuniga is the repeat winner of the Youth Science Center's 4th Annual Essay Contest for students ages 8 to 17. Zuniga's essay was chosen both years from more than 40 essays submitted by high school students from across the San Gabriel Valley.

The contest meant to promote enthusiasm towards future careers in Science, Technology, Engineering, and Mathematics (STEM) provides students with the opportunity to share their interest in a STEM career as well as a new idea or invention that would solve a problem and benefit the 21st century. Winners receive a \$300 certificate to attend the Gala with two guests and a cash prize of \$500.

For her essay, Zuniga expressed her desire to go into bioengineering, with an emphasis in immunology and pathology. To solve one of the largest problems of the 21st century, she shared her concept for a solar power distillation system, which would bring in sea water to be distilled by the sun. The salt drawn from the water could be used for a number of different needs including food preservation and chemical uses. Additionally, the salt could be broken down to withdraw the borates, which could help to preserve existing wood structures.

"I was very fortunate to have a teacher in elementary school that peaked my interest

in math," Zuniga said. "When I learned to love math, the interest in science followed. I've been able to have wonderful experiences including SEAL, acting as a Summer Research Intern at Caltech, this essay contest, and other opportunities. I'm looking forward to creating a path to becoming an immunologist and pathologist."

At Alverno, Zuniga is an AP and Honors student enrolled in AP Calculus, AP English Literature, AP Studio Art, and AP Environmental Science. She is heavily involved with Alverno's Science and Math Club and the Alverno Solar Energy Activity Laboratory (SEAL) research team, in partnership with Caltech. The SEAL team is working to develop inexpensive, renewable, and carbon-free energy sources. Zuniga is trying to narrow down her college list but knows that she wants to attend Caltech for graduate school.

"Over the past few years at Alverno, LeAnn has worked incredibly hard and really



strived to be as strong as she could be in the STEM fields," said Julia V. Fanara, Alverno High School Head of School. "She has taken every opportunity Alverno has provided her and has created her own as well. We are extremely proud of her accomplishments and know that she will be successful as she moves forward. At Alverno, we believe in empowering each young woman to be exactly the person she wants to be and we are pleased to see LeAnn as a confident and gifted future Alverno alumna."

FRESHMAN VICTORIA CHEN RECOGNIZED BY JOHNS HOPKINS CENTER FOR TALENTED YOUTH

Chen scored in the 99th percentile on verbal and quantitative sections

Alverno High School freshman Victoria Chen was recently recognized by the Johns Hopkins Center for Talented Youth for achieving extraordinary scores on the Center's annual School and College Ability Test (SCAT). Chen scored in the 99th percentile in both the verbal and quantitative sections of the exam missing only seven questions overall.

The SCAT has been used by the Center since 1985 to identify talented students in elementary grades using above grade-level testing geared towards high school students. The SCAT contains two sections, one verbal and one quantitative, with a total of 100 questions that test mainly in verbal reasoning and number operations.

"When I first started the exam, I thought it was going to be really difficult," Chen said, "However, I like to look at everything I work on as a puzzle that just needs the pieces to fit so that's the approach I took. I was relieved when it was over and I felt honored to be invited to Baltimore to attend the Grand Ceremony with the other recipients and my family."

Chen is a member of Alverno High School's Early Admission Honors Program (EAHP), which allows girls entering the sixth, seventh, and eighth grades to advance early to high school and attend Alverno High School as a full-time high school student. At 12 years old, Chen made the decision to bypass her seventh and eighth grade years at Southlands Christian to enroll as a full-time freshman at Alverno. As a member of the EAHP, Chen is enrolled in advanced classes including Algebra II/Trigonometry Honors, a course normally reserved for sophomores; Biology Honors; English 9 Honors, and Computer Science. Additionally, Chen is involved with Alverno's VEX Robotics team and the Alverno Solar Energy Activity Laboratory (SEAL) research team that is working to develop inexpensive, renewable, and carbon-free energy sources in partnership with Caltech.

"We are incredibly proud of Victoria and this amazing accomplishment," said Julia V. Fanara, Alverno High School Head of School. "To be recognized as a one of the top gifted students in the country by Johns Hopkins Center for Talented Youth is certainly a formidable achievement and testament to Victoria's drive and commitment to her academic success. At Alverno, we believe in empowering each young woman to be exactly the person she wants to be and we are pleased support Victoria, and all of our students, in these incredible endeavors."

About Alverno High School

Alverno High School is an independent, Catholic, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,200 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School

971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Chris Schnieders, PhD
Email: Jackykn@frostig.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

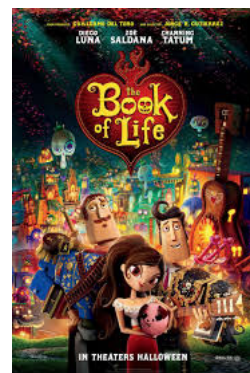
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviaschools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: BOOK OF LIFE by Ben Show

At first, this film looked like just another one of those small, under-the-radar animated movies that is not from a major studio and never really gets noticed. However, there things set this movie apart. One, the stellar voice cast. Two, the fact that Guillermo del Toro was producing. Finally, the strange and unique animation style.

Growing up together, Manolo (Diego Luna), Joaquin (Channing Tatum), and Maria (Zoe Saldana) are the best of friends. However, when Maria is sent away to Spain, they get torn apart. Before she left, though, the gods of the dead, La Muerte (Kate del Castillo) and Xibalba (Ron Perlman), made a bet on who will marry her. And, when Maria returns, she will determine the fate of the underworld.

For a children's movie, 'The Book of Life' is extremely complex. There are multiple plots, with several character arcs, and takes place in three different worlds (the present, the past, and the land of the dead). This movie redefined the genre of kids films, making the plot even more complex than any other animated movie in recent history, while also keeping the humor fresh and making sure young children are entertained. Take the whole family to see this movie; you will have a lot to talk about afterwards.

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BREEDERS CUP 2014..... DINING THROUGH THE VALLEY

Welcome to the Foothills of the San Gabriel Mountains and the palace where Champions are crowned. Santa Anita hosts the Breeders Cup this weekend.

Panda Inn is the place where you may find John Sheriffs or Laffit Pincay digesting the enterprise of the day. Panda Inn is fixed with a loaded bar and enough space to stretch your Racing Form. The broad menu offers a classis Orange Flavored Chicken, the spirit warming Won Ton Soup and the vogue Chicken Wraps. Beware of Gus's

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

daily double, the two handed Mai Tai pour.
3488 E. Foothill Blvd. Pasadena (626) 793-7300

Place Bet.... Fu Shing on Colorado Pasadena Robin's Wood Fire BBQ is tucked away on a vista of upper Rosemead Blvd and like a live long shot it produces yelps of sheer rapture. Known for ribs that tussle in a Southern Pride the Beef Ribs perfume in the animated scents of hickory and rubs. The tri-tip sandwich melts as ice cream in your mouth. A Full Bar as colorful as a jockey's silks. Open for lunch service or dinner
395 N. Rosemead Pasadena (626) 351-8885.

Place Bet.....Two Hey's on Huntington dr. Alhambra If you have to have a knife in your hand the steaks at the The Derby Restaurant are a front running winner. A delicious cut of Choice or Prime is offered at this Racing and Restaurant Institution. After the excitement of the meal take a few minutes of exploration and marvel at



the historic old pictures, trophies, jockey boots and historic ribbons. The owners tell me that George Woolf himself made the Derby his home away from home in the early 1930's and became a partner in the restaurant in 1938.
233 E. Huntington Dr. Arcadia (626) 447-2430

Place Bet....Sahara Restaurant on Colorado , great Middle Eastern food

If you have something different in mind, Din Tai Fung is the place for you. The San Gabriel Valley has a large Asian population and this restaurant has many of those transplants huddling in line for their famed Dumplings. I recommend a sampling of the Dumplings and I especially like the Xiao Long Bao (a dumpling packed with minced pork). Fresh Crab Meat is a perfect topping for this irresistible blanket wrapped treasure.
1088 S. Baldwin Ave. Arcadia (626) 446-8588

The place where winning photos dress the walls and first place entrees fill the tables is Nikki C's. Only a few



minutes from the Race Track it has been a retreat for all those that love the company of friends for years. The Ciaopino is riddled with seafood, including: always-fresh mussels, scallops and crab legs. Nikki C's is a single on all of my tickets. 470 S. Rosemead Blvd. Pasadena (626) 792-7437

Peter Dills Hosts a one hour radio Show on Ducks Radio KLAA AM 830 on Sundays at 12 Noon and TV Show on Charter cable Channel 188 on Sunday Evenings at 7 PM, he can be reached through his website www.peterdills.com

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ROAST CHICKEN ENCHILADA SUIZAS STACKED CASSEROLE

INGREDIENTS

4 medium poblano peppers
2 tablespoons extra-virgin olive oil
1 jalapeno, chopped
2 medium onions, chopped
4 cloves garlic, finely chopped
12 medium-large tomatillos, peeled, rinsed and quartered
2 small handfuls cilantro leaves
1 teaspoon ground cumin, 1/3 palmful
2 teaspoons honey
1 quart chicken stock-in-a-box
Salt and freshly ground black pepper
1 lime, juiced
2 pounds cooked chicken, meat pulled or shredded
12 (6-inch) flour tortillas or 16 (5-inch) corn tortillas, softened over flame or dry skillet
1 cup Mexican crema, creme fraiche or sour cream
1 1/2 cups shredded Swiss cheese (from about 1/2 pound piece)
1 1/2 cups shredded Monterey Jack cheese (from about 1/2 pound piece)
Raw red onion rings, for garnish

DIRECTIONS

Heat the broiler to high. Arrange the poblanos on a sheet pan, put them under the hot broiler and char until blackened on all sides, 10 to 12 minutes. Leave the door of the oven cracked to allow the steam to escape. Peppers can also be easily charred over and open stovetop flame if you have gas burners. Put the peppers in a bowl and cover tightly with plastic wrap. Allow the peppers to sit until cool enough to handle. Peel and seed the peppers.

Heat the extra-virgin olive oil, 2 turns of the pan, in a skillet over medium-high heat. Add the jalapeno, onions, and garlic and cook until the onions soften, about 5 minutes. Put the tomatillos and a small handful of cilantro in a food processor. Coarsely chop the poblanos and add them to the processor. Process until almost a smooth sauce forms, about 1 minute. Pour the sauce into the skillet and stir to combine. Stir in the cumin, honey and stock, and season with salt and pepper, to taste. Reduce the heat and simmer about 20 minutes, then add the lime juice and turn off the heat.

Pour a thin layer of sauce into the bottom of a medium casserole. Layer in 3 flour tortillas or 4 corn tortillas then top with some shredded chicken, dot with some sauce and small spoonfuls of Mexican crema, creme fraiche or sour cream and sprinkle with a little Swiss and Jack cheeses. Repeat twice more. Cool and chill for a make-ahead meal.

Preheat the oven to 375 degrees F. Put the casserole on a baking sheet and bake until heated through and bubbly on top, about 40 to 50 minutes. The baking sheet will catch any drips of sauce or cheese. Garnish the stacked enchilada casserole with raw red onion rings and serve.

Recipe courtesy Rachael Ray

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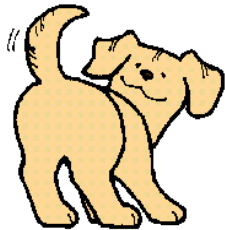
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CALMING CURE OF THE CANINE

“Dogs are amazing creatures; they give unconditional love. They are the role model for being alive.” ~ Gilda Radner
“There is no psychiatrist in the world, like a puppy licking your face.” ~ Ben Williams
“Dogs are not our whole lives, but they make our lives whole.” ~ Roger Caras

I have heard many accounts of patients experiencing much more successful and expedient recoveries because they were allowed to have the kind, curing interaction of a canine while in hospital. It truly pleases me to know that health care professionals recognize the physical, psychological and even spiritual benefits of spending time with a cuddly pup. Loving and being loved by a dog is not only a heart-warming, comforting experience, but dogs can also play a big part in prolonging and enhancing the quality of life for a healthy human being. I don't profess to know just exactly how it works, but I know in my heart that dogs are God's gift to mankind, and I take their healing powers for face value, based on my own experiences and the testimonies of so many others.

One example of how a canine can positively impact the health and well-being of the human, is clearly shown by the work of a certified health-care therapy dog. The first documented therapy dog was a Yorkshire Terrier named “Smoky”. Smoky had been abandoned on the battlefield in New Guinea during WWII, when Corporal William Wynne took him in, cared for him and gave him his name. That little terrier proved to be a major asset to Wynne's military outfit, lending comfort to the troops and playing a part in saving their lives by running a telegraph cable through an underground pipe, completing in minutes what would have been a 3-day, very dangerous operation for the soldiers responsible for the project.

Dr. Charles Mayo (of the famed Mayo Clinic) was Corporal Wynne's commanding officer who allowed Smoky to go with him on hospital rounds, to visit injured troops. The little pup's popularity grew so strong, that he became the troop's mascot and eventually continued his work for 12 years, even after WWII had ended. Who knew that Smoky, a would-be abandoned mutt, would become a famous fore-runner for a prolific program that makes a major positive impact on the lives of so many people today?

I once had the opportunity to participate in a Bark for Life of Arcadia event where I met Marianne Cortland, who greeted me with a warm smile at the “Lend a Paw Therapy Dogs” information booth. Marianne, who passed away a few months ago after a long battle with cancer, also participated in the event along with a gorgeous group of therapy dogs accompanied by their owner/handlers. The fact that dogs are used as health-care therapists has been common knowledge to me for years, but that was the first time I had the chance to meet therapy dogs in person, and I have to say it was the highlight of my day! Marianne was a delightful lady, and she was kind enough to share the details about how their program works.

Lend A Paw Therapy Dog's objective is to form a network of caring individuals who are willing to share their animals in order to bring happiness and health to all whom they serve. They are responsible for training and certifying the dogs that make their mission possible. A therapy dog must be at least 1 year old, and must meet the criteria of the required obedience training, and be capable of consistent harmonious interaction with humans and other dogs. Their volunteer animal assistance activities include, but are not limited to hospital visits, special needs centers for seniors and children as well as nursing home visits and school visits.

Requests for dog therapy services can come from patients, family members or facility staff members. Often times, a dog therapy team will even go from room to room, to see who is up for a visit. Interestingly enough, there are times when the therapy dog will let the handler know who needs their brand of therapy by pulling toward the door of their room! Group sessions are the typical scenario at retirement homes, where patients or residents gather together in one room to enjoy the presence of the therapy dogs.

Whatever the circumstances may be, therapy dogs always bring big smiles and renewed hope to those whom they visit. One stroke victim patient, named Dorothy, had not spoken for a year, but after a therapy visit from Maggie and Marianne, she somehow found the energy and desire enough to speak. When she did finally speak, amazingly enough, it was to say the name of the therapy dog, “Maggie”! That is what a caring canine can do for a stroke patient who may have never otherwise spoken again.

New Leash on Life's “Lend a Paw Therapy Dog” program also participates in community activities with the local fire departments and libraries. For more information about this fabulous organization, visit the New Leash on Life website at nlo.org. I personally benefit in many ways from my dog's company each day, but I also think there may be a time when I will be the one in need of a therapy dog, and I am so thankful that organizations such as Lend a Paw will be there for me.

LOOKING FOR A BEST FRIEND??

Meet the distinguished Taco! He is a very small, cute, sweet senior Chihuahua gentleman looking for a special loving person or couple and a quiet home where he can spend the rest of his life. He has adjusted to shelter life but it is not the most comfortable and ideal home for a senior man. He is small in size, does not take up much space and his needs are few. Just a soft comfortable bed, a loving lap, and a companion to take him out for casual strolls in the neighborhood would make him happy.

Taco is friendly and loves the company of people and will greet you with a smile and a cute little wagging tail. He has very calm, easy going energy and a quiet, reserved disposition. He is not demanding, but enjoys receiving loving pets and sitting on laps. He also enjoys his walks, taking his time and exploring the world around him.

Taco is independent and doesn't play with other dogs, but he gets along well with his younger kennel mate and the other dogs he has met and walked with to the park. Another dog in the family would be fine, as long as the dog isn't overly active.

Taco has short hair that is white with black patches and easy to care for. He is approximately 12 years old and qualifies for the Senior For Senior adoption discount. If Taco sounds like the right companion for you or someone you know, please come and meet him. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with his roommate. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Taco, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

His adoption fee is \$120 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. He is eligible for the reduced-fee 'Senior For Senior' adoption program. Feel free to call us at (626) 286-1159 for more information on Taco. See our website at www.sgvhumane.org for information and photos of all our available pets.



PET OF THE WEEK
HOUDINI: Animal ID #A4767011

Meet Houdini, a charismatic and composed black and tan male Shorthaired Chihuahua mix that loves to please! Houdini (A4767011) is a charming 8-year-old Chihuahua who was found as a stray in West Covina and brought into the Baldwin Park Animal Care Center on October 16th. Weighing a tiny 3 and a half pounds, Houdini is a sweet older dog with a lot of love for life still bubbling inside of him. Houdini is an adventurer who is always up for a bit of old-fashioned fun! He is outgoing and confident and friendly with other dogs. He also absolutely loves people and is an excellent walker. Houdini is ready and eager to make his escape from the shelter please be his lovely assistant and come adopt him! Houdini is the perfect mixture of calm and fun we know he will make a super indoor pet for an individual or family living in a private home, he will do wonderfully with elders or children old enough to respect his itty bitty size. To watch a video of Houdini please visit the following link: <http://youtu.be/JD25rdhgeS4>



To meet Houdini in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is available now. For any inquiries about Buster, please reference his animal ID number: A4767011. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Winston or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



PUBLIC MEETING NOTICE

**WEDNESDAY
NOVEMBER 5th
6:00 - 8:00 pm**

SANTA ANITA STORMWATER FLOOD MANAGEMENT AND SEISMIC STRENGTHENING PROJECT

Please plan on attending the Public Meeting to learn more about how the Project will help to reduce flood risk, enhance sustainability of local water supply, and more.



MEETING LOCATION

ARCADIA CITY
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CONTACT US

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This project is partially funded by a State Proposition 1E grant as well as local partner agencies (City of Arcadia, City of Sierra Madre, and the Raymond Basin Management Board).



2014 WINTER VILLAGE FESTIVAL

Saturday—November 29, 2014 3-8 p.m.

The Holidays Begin In Sierra Madre!

**Join us in this years Winter Village Festival throughout
downtown November 29th between 12 p.m. to 8 p.m.**

Schedule of Events		5:00 p.m. - 8 p.m.	Carriage Rides
12:00 p.m. - 4 p.m.	Art Walk & Music throughout town	Baldwin Ave. in Front of 4 Seasons Tea Room	Special Family Rates
3:00 p.m. - 8 p.m.	Snow in Sierra Madre	6:00 p.m. - 8 p.m.	Santa Claus
	Sled Rides - Train Rides - balloons and more...		Christmas Tree Lighting
	Sierra Madre Blvd. - (Bank of the West)	8ish p.m.	Movie & Marine Toy drop The Movie ELF in Kersting Court

Come Join us for the festivities.

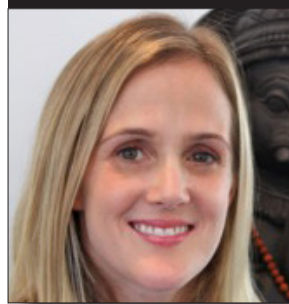
Meet Santa

There will be plenty of events for children and adults alike.
Art walk, music will be scattered through out town.
Get in the holiday mood by singing along with holiday carolers.
Watch your kids slide down the hill in the snow.
See your children's delight when the tree is lit.
Take a photo of Santa
Start your holiday off with a romantic horse and carriage ride.
Shop for those special gifts at our local businesses.
Don't miss the non-profit clubs and organizations booths.
The Movie "ELF" at 8ish
Winter Village Festival is sponsored by the Sierra Madre Chamber of Commerce



**SMALL BUSINESS
SATURDAY
NOV 29**





THE JOY OF YOGA TRUE FREEDOM

If there were a list of qualities to aspire to in our yoga practice, freedom would be on that list.

Our bodies call out for freedom, we all desire that stretch and range of motion in our joints. We especially want personal freedom, or spiritual freedom, the ability to be who we are without reservation or resistance.

There are some with the opinion that freedom gives a license to do whatever want. This school of thought can often lead to excess (food, drink) and depletion. We end up cutting out healthy practices that nourish us in lieu of instant gratification. The end result leaves us unsettled and restricted.

Having a framework, or structure in place in our physical and spiritual practice can actually provide more of the freedom we desire. Take our asana practice, for example. We can practice without presence, moving in and out of poses at half measure. Alternately, we can find alignment in each pose, stick with our breath and complete

challenging parts of the practice. What do you think the benefit is in each practice? Which practice will give us the freedom to be who we want to be?

How about our spiritual practice and life habits? What benefit would a structured discipline provide there? Yes, I said it. Discipline. Freedom requires discipline. I've heard discipline defined as "intellect winning over disposition". We act with the greater good in mind, and move past our own resistance. In this case, intellect can be our friend and help to keep us on the Path.

To me, true freedom is defined as our ability to live our true purpose with joy and happiness. We remain stable in the midst of change, yet easily adjust to life's unexpected twists and turns. We actually become more flexible, possibilities open to us. With this freedom, our own resistance diminishes and our own joy and inspiration leads the way. We've just got to provide the structure and alignment.

Namaste,
Keely Totten
Yoga Madre



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LET'S FIGHT FATIGUE!



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

More and more Americans complain that they suffer some sort of fatigue. It may range from needing a nap mid-day to symptoms more severe like chronic fatigue. Fatigue is frustrating and can be debilitating. For some people they have to push through every day. For these same people, at the end of each long and exhausting day, sleep is yet another challenge. Oddly, for many people the more exhausted they are during the day,

the worse sleep at night. After a restless night of tossing and turning, the cycle begins again as the sun arises.

Feeling great and energetic requires reversing the things that contributed to the problem in the first place. Fatigue is something that gradually goes away so you have to be committed. Supporting your body with lots of fresh fruits and vegetables which will improve your body's immune system will greatly aid in restoring normal energy levels. Here are 5 more things that you can do to get started on a path of eliminating fatigue.

1. Cut back on caffeine.

Adrenaline is what gives athletes that winning burst of energy and also gives a person the strength to lift a car that has rolled onto a child. Adrenaline is the source of our "fight-or-flight" response, which enables us to run for our lives if the need arises. Caffeine stimulates your adrenal glands to produce this fight or flight response. When the over stimulation of your adrenals wears off you feel fatigue, and possibly irritability and headaches. If you are constantly using caffeine you are keeping your body in "flight-or-flight" mode.

2. Try to relax.

Make your world as small and uncomplicated as possible by reducing your everyday needs. Start by filtering news and information. If you cannot do anything about it and it stresses you, you do not need to be concerned with it. Learn to practice relaxation techniques whenever you can. Meditation, even for a couple of minutes can relieve stress as can a few slow deep breaths.

3. Generate feel good hormones through movement.

Endorphins are the "feel good" chemicals induced by exercise. Of course, you can be so fatigued that doing anything seems impossible which is a real "Catch 22" because moving is needed to eliminate fatigue. We need to be physically tired as well as mentally or emotionally. A simple walk can be the first step. Once you have established a routine, begin to walk farther or slightly faster. Yoga is another great option to get your body moving again and to relieve fatigue.

4. Try to develop good sleep habits.

Our bodies need a mini tune-up daily. Sleep, especially deep sleep, is when our bodies do this repair and maintenance. There are many things you can do to promote a good night's sleep. Once you have done 1, 2 and 3 above to improve your odds of sleeping well then try to; establish a schedule, don't eat too close to bedtime, and keep your bedroom as dark as possible.

5. Embrace whole food or herbal therapy instead of drug therapy.

If you are taking any type of drug therapy, be aware that it may actually be contributing to fatigue. Nutritional deficiencies can make it difficult to get your energy levels back even when you are doing all of the above. There are whole food and herbal supplements that feed the body what it needs to overcome fatigue without side effects. Herbs can help relieve the symptom of fatigue directly by enhancing immune function, balancing hormones, and stimulating the healing systems of the body.

Feeling good every day does require a healthy lifestyle and some effort but it well worth it!

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HOW TO IMPROVE YOUR BALANCE AS YOU AGE

Dear Savvy Senior,
I've always been a walker, but when I fell last month my doctor suggested I start doing some balance exercises. Is this really something I need to practice? What can you tell me?
Avid Walker

Dear Walker,
Most people don't think much about practicing their balance, but you should, the same way that you walk to strengthen your heart, lungs and overall health, or you stretch to keep your body limber.

As we age, our balance declines – if it isn't practiced – and can cause falls. Every year more than one in three people age 65 years or older fall, and the risk increases with age. A simple fall can cause a serious fracture of the hip, pelvis, spine, arm, hand or ankle, which can lead to hospital stays, disability, loss of independence and even death.

How Balance Works

Balance is the ability to distribute your weight in a way that enables you to hold a steady position or move at will without falling. It's determined by a complex combination of muscle strength, visual inputs, the inner ear and the work of specialized receptors in the nerves of your joints, muscles, ligaments and tendons that orient you in relation to other objects.

It's all sorted out in the sensory cortex of your brain, which takes in the information from those sources to give you balance. But aging dulls our balance senses, and causes most seniors to gradually become less stable on their feet over time.

Poor balance can also lead to a vicious cycle of inactivity. You feel a little unsteady, so you curtail certain activities. If you're inactive, you're not challenging your balance systems or using your muscles. As a result, both balance and strength suffer. Simple acts like strolling through a grocery store or getting up from a chair become trickier. That shakes your confidence, so you become even less active.

Balance Exercises

If you have a balance problem that is not tied to illness, medication or some other specific cause,



simple exercises can help preserve and improve your balance. Some basic exercises you can do anytime include:

- One-legged stands: Stand on one foot for 30 seconds, or longer, then switch to the other foot. You can do this while brushing your teeth or waiting around somewhere. In the beginning, you might want to have a wall or chair to hold on to.
- Heel rises: While standing, rise up on your toes as far as you can. Then drop back to the starting position and repeat the process 10 to 20 times. You can make this more difficult by holding light hand weights.
- Heel-toe walk: Take 20 steps while looking straight ahead. Think of a field sobriety test.
- Sit-to-stand: Without using your hands, get up from a straight-backed chair and sit back down 10 to 20 times. This improves balance and leg strength.

For additional balance exercises visit go4life.nia.nih.gov, a resource created by the National Institute on Aging that offers free booklets and a DVD that provides illustrated examples of many appropriate exercises. You can order your free copies online or by calling 800-222-2225.

Some other exercises that can help improve your balance and flexibility is through tai chi and yoga. To locate a beginner's class in your area that teaches either of these disciplines, call your local senior center, health club or wellness center, check your yellow pages or try online directory sites like americantaichi.net and yogafinder.com.

If nothing is available near you, there are DVDs and videos that offer tai chi and yoga instructions and routines for seniors that you can do at home. Some good resources for finding them are amazon.com, collagevideo.com and ieft.com, or check with your local public library.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse.....This and That SOUNDIES

Are you feeling down, or just in need of a good laugh? Well, I can guarantee you'll go from zero to hysterical in three short minutes! "How?" you ask. Watch a "Soundie"!

"Soundies" were three-minute films from the early 1940's that included short comedy skits or musicals. I haven't seen any of the comedic ones, but I can tell you the musical numbers are HILARIOUS!

We can all name great films from the 1940's. "Casablanca," "Citizen Kane," and "Rebecca" are familiar classics. There were also a lot of mediocre (if not plain bad) films produced during that time. "The Brasher Doubloon," "Isle of Forgotten Sins," and "Plan 9 from Outer Space" (1958, but close enough) are just a few examples. And then there were the "soundies"...

When trying to capture the essence of the soundies, one word comes to mind --"off." The singers, dancers, and "actors" in these shorts were never big names, and in most cases, it's easy to see why. In one rendition of "Stardust," the male singer is so stiff, he gives the impression that he's suffering from severe arthritis. He periodically changes his facial expression to break the monotony by arching his eyebrows, or rapidly blinking his eyelids. Sometimes the camera pulls back and we see him full frame. He keeps one hand in his pocket, occasionally withdrawing it to adjust his shirt cuffs, as if he were modeling clothes for Sears. He's not particularly bad looking, but his meaty face would be more believable as that of a construction worker or plumber, rather than a tuxedo-clad crooner!

Half way through the number, our eye-blinker is joined by two lines of chorus girls in flowing gowns. (The random introduction of chorus lines is a "soundies" staple.) They dance around him, spinning and waving their arms, not quite in unison. Near the end, one girl leans so far back her head is out of the frame as she kicks her foot high in the air; a fittingly weird end.

Latin themes must have been all the rage during the brief age of soundies. In "Chicky Chicky Boom Boom" (no, I'm not joking), a very White-looking woman appears in a Carmen Miranda get-up.



Between close ups of her singing, "Cuban" style male and female dancers shake and shimmy in ruffled sleeves so big that they look like piñatas. As if the lead singer and the dancers weren't enough, the camera periodically cuts back to an expressionless maraca player. Why? Who knows!

But probably the most bizarre soundie I've seen featured a man and woman singing an unfamiliar (and somewhat disturbing) song about him being a Casanova and taking her to "a park in the dark." Hmm, not exactly safe dating advice. But then again, I doubt that anyone viewed soundies as public service announcements. Between Casanova and his girlfriend singing, a chorus line files onto the stage. Something's amiss with this chorus line, but you don't realize it until they turn the opposite direction. Then, you see that these dancers are wearing half a dress and half a black tie and tails outfit! Creepy!

But that's not all... The dancers then "hug" themselves, making it look as if a man and woman are embracing each other --sort of, (that takes a lot of imagination). As if you weren't thoroughly grossed out by now, the last scene of the singing couple ends with a shot of the tux/evening gown chorus lined up side by side as a woman dances in front of them. Just when you thought it was mercifully over, she turns around to reveal that the back of her outfit resembles a tuxedo, but the arms, torso, and legs look skinnier since she's wearing a dress on the front. Her squiggly "dance" movements remind the viewer of a puppet or Halloween ghost. And just to make sure the younger viewers in the audience don't make it out emotionally unscathed, this gown/tux ghost dancer has a male mask on the back of her head! And this isn't just any mask; this thing is GROTESQUE!

But other than the disturbing numbers, "soundies" are quite entertaining. But don't take my word for it; see for yourself at archive.org!

HELPFUL HINT: Get a picture of all of your prescription bottles and keep it in your phone's photo album.

FOR YOUR FUNNY BONE - A 45 year old woman had a heart attack and was taken to the hospital. While on the operating table she had a near death experience. Seeing God, she asked, "Is my time up?" God said, "No, you have another 43 years 2 months and 8 days to live." Upon recovery, the woman decided to stay in the hospital and have a face-lift, liposuction, breast implants and a tummy tuck. She even had someone come in and change her hair color and brighten her teeth! Since she had so much time to live, she figured she might as well make the most of it. After her last operation, she was released from the hospital. While crossing the street on her way home, she was killed by an ambulance. Arriving in front of God, she demanded, "I thought you said I had another 43 years? Why didn't you pull me out of the path of the ambulance?" God replied, "I didn't recognize you."



HAPPY BIRTHDAY! ... November Birthdays

Flo Mankin, Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, "Mike" Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people. Canceled on August 5th and 12th.

Free Blood Pressure Testing: Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

Free Legal Consultation: Wednesday, August 27th from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.



Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

Birthday Celebrations: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

UPCOMING EXCURSIONS

Autry Museum & Route 66 Exhibit (Los Angeles)

Date: Friday, November 14, 2014 Time: 9:30am-3:00pm

Meeting Location: Hart Park House Senior Center Cost: \$10.00 (does not include lunch)
Don't miss a visit to this historic museum and the once in a lifetime exhibit Route 66: The Road and the Romance. The exhibit features more than 250 historical artifacts such as the oldest existing Route 66 shield alongside vintage gas pumps and neon art, John Steinbeck's original handwritten manuscript for The Grapes of Wrath and Jack Kerouac's typewriter scroll of On the Road, and a 1960's Chevrolet Corvette.

A one hour guided tour of the exhibit will be given followed by lunch on your own at the Autry Cafe and/or independent exploring of the vast collections of art and artifacts. The charter bus departs from the Hart Park House Senior Center at 9:30am and will return to Sierra Madre at 3:00pm. Participants should bring money for lunch and souvenirs. Last day to register is Thursday, November 6th. Level of Walking: Medium

SENIOR CINEMA - 1st, 3rd & 5th Wednesdays - At the Hart Park House Senior Center

October 29th – To Kill a Mocking Bird (1962)

Atticus Finch, a lawyer in the Depression-era South, defends a black man against an undeserved rape charge, and his kids against prejudice. Not Rated. Start time: 1:00 pm (run time 129 minutes)
Featuring: Frank Overton, Robert Duvall, Gregory Peck

Annual Art Festival

Nov. 7th 7-9 pm--Opening Reception

Nov. 8th 10-5 pm Nov. 9th 11-4 pm



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SEAN’S SHAMELESS REVIEWS: WARPAINT: Canvas is Alluring

By Sean Kayden

Los Angeles all female psychedelic rock band, Warpaint, will return to headline the Echoplex on November 7th. The band is participating in the Red Bull Sound Select Presents: 30 Days in LA music event. For the month of November, 60 artists will be performing in 30 different venues. These shows are exclusive to Red Bull Sound Select members, where you can sign up for free in the abovementioned link.

In January of this year, the band released their highly anticipated sophomore self-titled album with much applause. The group’s debut record, The Fool was a harrowing, often-reserved, darkly covered indie pop venture. Emily Kokal’s ethereal vocals exceedingly shined over fuzzy baselines and languorous tempos. For a debut effort, Warpaint clearly demonstrated a lot of promise with a genre-scattering record. It was enough to capture a collective following while making it all seem so effortless. Nearly four years later, we’re here with a new record that shares some haunting similarities to the first record, but with a higher production level. They signed up seasoned producer Flood (U2) after their deep excursion into Joshua Tree to write their follow-up album. There’s more emphasis on synths and ambiance as opposed to the tightly constructed and much restrained previous effort. The band has unmistakably acquired valuable experience between the two records.

It’s abundantly apparent that Warpaint has emerged, grown, and found new perspectives on the world. Atmospheric, dreamy, and

ominously lyrical, no track sounds alike on the eponymous 12-track endeavor. Normally an opening act, Warpaint moved up the ranks fairly quickly over the years to now become the main attraction.

The band will be playing close to home in Echo Park, CA at the renowned hipster venue the Echoplex. Commonly known as, “below The Echo,” the Echoplex is owned and functioned by the same people involved with sister venue, The Echo. Over the years, the Echoplex has hosted a slew of big and small acts. The venue is known for showcasing emerging indie and alternative bands, many of which go onto opening up for more mainstream bands or even become larger acts themselves. With a capacity of 700, the venue can get a little crammed, but that’s all a part of the cultural experience over in the Silverlake area.

Kokal’s alluring vocals, Theresa Wayman’s layered guitar riffs, Jenny Lee Lindberg’s enthralling, mellifluous bass work, and Stella Mozgawa’s subtle but potent drumbeats will hypnotize the sold out crowd. Warpaint doesn’t send smoke signals of a loud boisterous tribe but rather wave the flag of a delicate, mesmerizing unconventional band. No matter which songs from either album Warpaint dominantly plays, the anticipated and intimate show should be utterly worthwhile and stimulating on so many levels.

Warpaint performs at the Echoplex on November 7th with support from Avid Dancer and Son of Stan.

Jeff’s Book Picks

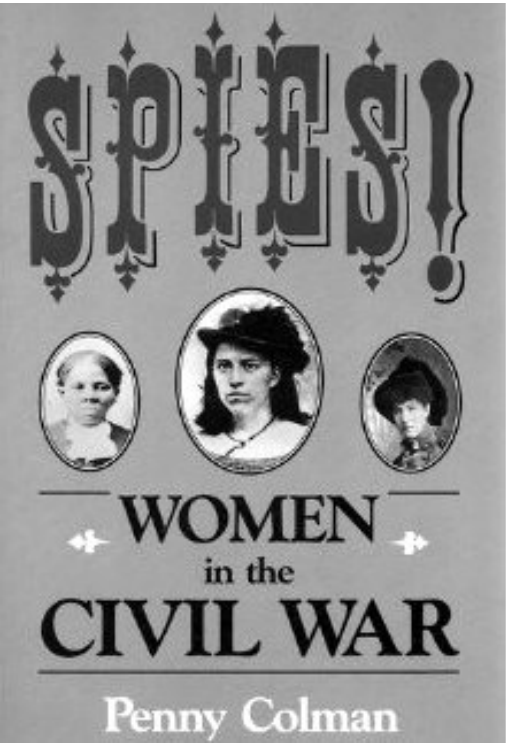
By Jeff Brown

The Arsenal of Democracy: FDR, Detroit, and an Epic Quest to Arm an America at War by A. J. Baime

A dramatic, intimate narrative of how Ford Motor Company went from making automobiles to producing the airplanes that would mean the difference between winning and losing World War II. In 1941, as Hitler’s threat loomed ever larger, President Roosevelt realized he needed weaponry to fight the Nazis—most important, airplanes—and he needed them fast. So he turned to Detroit and the auto industry for help. The Arsenal tells the incredible story of how Detroit answered the call, centering on Henry Ford and his tortured son Edsel, who, when asked if they could deliver 50,000 airplanes, made an outrageous claim: Ford Motor Company would erect a plant that could yield a “bomber an hour.” Critics scoffed: Ford didn’t make planes; they made simple, affordable cars. But bucking his father’s resistance, Edsel charged ahead. Ford would apply assembly-line production to the American military’s largest, fastest, most destructive bomber; they would build a plant vast in size and ambition on a plot of farmland and call it Willow Run; they would bring in tens of thousands of workers from across the country, transforming Detroit, almost overnight, from Motor City to the “great arsenal of democracy.” And eventually they would help the Allies win the war. Drawing on exhaustive research from the Ford Archives, the National Archives, and the FDR Library, A. J. Baime has crafted an enthralling, character-driven narrative of American innovation that has never been fully told, leaving readers with a vivid new portrait of America—and Detroit—during the war.

Liar, Temptress, Soldier, Spy: Four Women Undercover in the Civil War by Karen Abbott

Karen Abbott illuminates one of the most fascinating yet little known aspects of the Civil War: the stories of four courageous women, a socialite, a farmgirl, an abolitionist, and a widow who were spies. After shooting a Union soldier in her front hall, Belle Boyd became a courier and spy for the Confederate army, using her charms to seduce men on both sides. Emma Edmonds cut off her hair and assumed the identity of a man to enlist as a Union private. The beautiful widow, Rose Greenhow, engaged in affairs with powerful Northern politicians to gather intelligence for the Confederacy, and used her young daughter to send information to Southern generals. Elizabeth Van Lew, a wealthy Richmond abolitionist, hid behind her proper Southern manners as she orchestrated a far-reaching espionage ring, right under the noses of suspicious rebel detectives. Using a wealth of primary source material and interviews with the spies’ descendants, Abbott weaves the adventures of these four heroines. With a cast including Walt Whitman, Nathaniel Hawthorne, General Stonewall Jackson, detective



Allan Pinkerton, Abraham and Mary Todd Lincoln, and Emperor Napoleon III, the book draws you into the war as these daring women lived it. Contains 39 black & photos and 3 maps.

Five Days at Memorial: Life and Death in a Storm-Ravaged Hospital by Sheri Fink Pulitzer Prize winner Sheri Fink’s landmark investigation of patient deaths at a New Orleans hospital ravaged by Hurricane Katrina – and her suspenseful portrayal of the quest for truth and justice. In the tradition of the best investigative journalism, physician and reporter Sheri Fink reconstructs 5 days at Memorial Medical Center and draws the reader into the lives of those who struggled mightily to survive and to maintain life amid chaos. After Katrina struck and the floodwaters rose, the power failed, and the heat climbed, exhausted caregivers chose to designate certain patients last for rescue. Months later, several health professionals faced criminal allegations that they deliberately injected numerous patients with drugs to hasten their deaths. Five Days , the culmination of six years of reporting, unspools the mystery of what happened in those days, bringing the reader into a hospital fighting for its life and into a conversation about the most terrifying form of health care rationing. Fink exposes the hidden dilemmas of end-of-life care and reveals just how ill-prepared we are in America for the impact of large-scale disasters—and how we can do better. A remarkable book, engrossing from start to finish, Five Days radically transforms your understanding of human nature in crisis

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On the Marquee: Notes from the Sierra Madre Playhouse

A journey’s end is only the beginning.

4,000 MILES

by Amy Herzog

directed by Christian Lebano

SIERRA MADRE PLAYHOUSE

September 26 to November 8, 2014

For tickets: 626.355.4318 or www.sierramadreplayhouse.org

THE REAL INSPECTOR HOUND

Presented by La Canada Presbyterian Church –“The Real Inspector Hound,” a Tom Stoppard play that spoofs the whodunits of Agatha Christie, will be presented for five performances beginning this Friday evening by the La Canada Presbyterian Church Drama Ministry. Directed by Justin S. Fisher, the family-friendly comedy presents the clichéd plot of a secluded English country manor house, ominous radio reports of a criminal on the loose, visitors behaving suspiciously, a relative with a shady past and an unidentified dead body. It will be staged in the church’s Worship Arts Center at 8 p.m. this Friday, Nov. 7, and Saturday, Nov. 8, with a 2 p.m. matinee on Sunday, Nov. 9. There will be two performances the following

weekend, at 8 p.m. on Nov. 14 and 15. Written in the early 1960s and constructed as a play within a play, the story involves two theater critics, Moon and Birdfoot, who are preparing to review the latest mystery. Can they stay on the sidelines as the plot unfolds? Fisher invites the community to enjoy some hilarious live theater – with the challenge of trying to figure out whodunit! Admission is \$15, and two-for-one tickets are available for students, seniors, veterans and YMCA members. La Canada Presbyterian Church is located at 626 Foothill Blvd. For more information about this latest offering in the church’s Ovation Arts Series, visit ovations@lacadapc.org or call (818) 790-6708, ext. 251.

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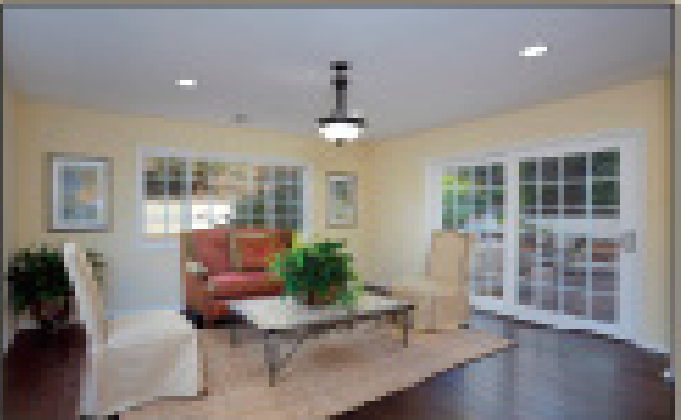
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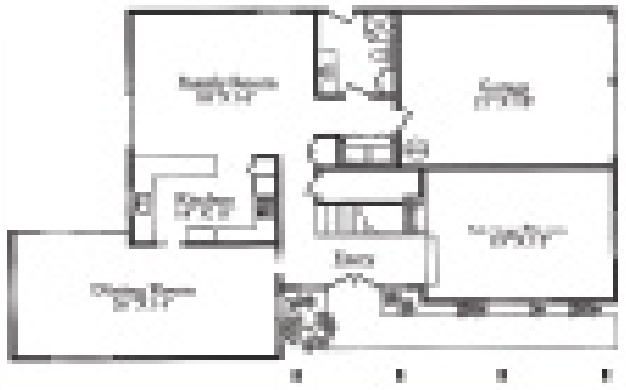
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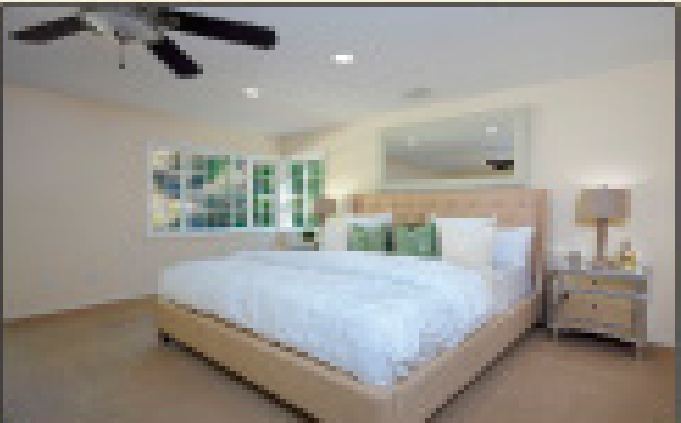


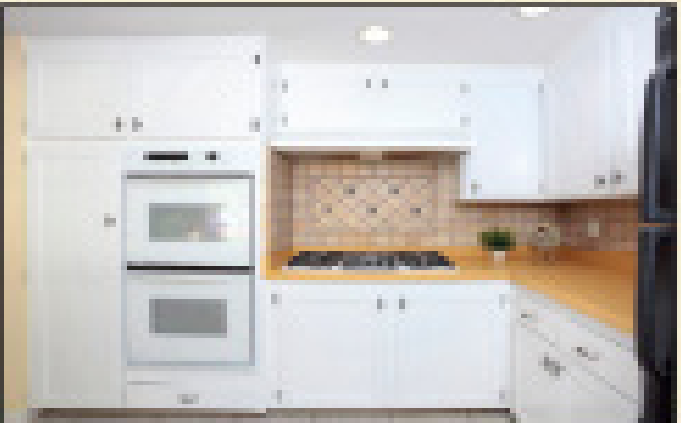
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OPEN HOUSE THIS SUNDAY 2-5PM

Built in 1984, this home offers 3 bedrooms and 2 full baths and measures approximately 2,222 sq. ft. The covered entry which shares beautiful skyline views of the city lights leading to the double door entrance of the home.

The first level offers a spacious formal living room with vaulted ceilings and fireplace, and is located just steps away from the formal dining room. Ideal for small gatherings or large family functions, both areas offer custom hardwood engineered floors which add warmth and elegance to this home. The open concept kitchen that looks into the spacious family room offers a sliding glass door leading to the private hill-like backyard. The first level also offers a hallway coat closet, a 1/4 bath, a laundry closet with built-in cabinets and direct access to the attached 3-car garage.

The spa-like master suite is located on the second level which includes a custom designed bath with double sinks, a jetted tub and an oversized walk-in shower. The suite also offers a spacious walk-in closet, a seating area and unobstructed views of the backyard. The additional 2 bedrooms offer amazing city views, and are situated on the second level along with the custom designed hallway bath. Contact Luther for more info. (626) 997-9997



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SATURDAY, NOVEMBER 1, 2014

SECTION B

HALLOWEEN IN SIERRA MADRE!



In Sierra Madre, there are definitely more Treats in town than there are Tricks. In fact, one resident was overheard proclaiming Halloween as Sierra Madre's 'National Holiday'.

This year the amount of activity has attracted thousands of people from all over the state and a few from as far away as the East Coast. The kick-off of the season was the Creative Arts Group's 4th Annual Scarecrow Festival which ran from September 29th through October 31st (although you will probably be able to view the Scarecrows through the weekend. There were over 60 entries this year and they are scattered all over town.

The town was also decorated from 'head to toe' with Cemeteries, Haunted Houses and other ghoulish things. And of course, no place in town matched the decorations displayed on Alegria between Baldwin and Mountain Trail. As has been the case every year, thousands line up on Halloween evening to see the sights. This year, CBS and ABC came out to interview The Parkers who dazzle the crowds with their amazing pumpkin carvings.

And what would Halloween be without the little ones and their costumes! More than any adult, children love the day when they can be whomever they want to be. On

HALLOWEEN WINDOW PAINTING CONTEST RESULTS

As you stroll through downtown Sierra Madre these days, you'll be treated to some very creative Halloween window decorations courtesy of the youthful artists who participated in the Halloween window painting contest sponsored and underwritten by the Sierra Madre Civic Club. One hundred seventy-eight painters aged 9-14 formed groups to decorate sixty-two windows. Their artistry and creativity made our three judges work very hard to determine the contest winners. Using cleanliness, creativity, Halloween theme, and use of color as criteria, they awarded the following groups winning certificates:

9 - 10 Year Olds 1st Place: Natalia Turko, Annika Bullock, Christine Manoukian, Kathleen O'Sullivan for Window # 28, Taylor's Market
2nd Place: Louella Hood, Kiera Dean for Window #15, Podley Properties
Tie: Cayla Thames, Hailey Patino, Helena Locatelli for Window #26, Chase Bank
3rd Place: Charlotte Hardy, Cassandra Pichardo for Window # 11, Accurate

11 - 12 Year Old 1st Place: Tess Robertson, Malia Tevan, Amadee Longhurst, Maggie Newhart for Window # 49, T-Neer

2nd Place: Laura Delatorre, Chloe Reyes, Miale Oates, Ima Nosch La-Or for Window #47, Only Place in Town

Tie: Isabella Uribe-Rzeszut, Hillary Dapsanski, Grace Miller for Window # 37, Monsieur Crepe
3rd Place: Riley Vandervelde, Paige Harman, Danica Shar, Eva Tayarah for Window # 52, The Music Shop

13 - 14 Year Olds 1st Place: Olivia Benegan, Layla Wells for Window # 58, Haynes & Oakley
2nd Place: Emma Allen, Maya Ledesma for Window # 57, Haynes & Oakley

3rd Place: Lillian Todd, Claire Mauvezian, Sophia Hayek for Window # 62, Dog Wash America
Congratulations to all the winners and our thanks to all the painters for helping us decorate Sierra Madre for Halloween.

Although committee chair Marcia Bent and many members from the Sierra Madre Civic Club worked long hours organizing, preparing for, and hosting the contest, we needed community support to make the event successful. We'd like to thank the forty-seven merchants who allowed us to use one or more of their windows and a special thanks to those



who also donated money and merchandise to offset our costs. Their generosity was such that we even had supporters whose windows we were unable to paint (Corfu, Attitude, Arnold's Frontier Hardware, Foothill Tek, Sierra Brigante, and I Fruggie). Students from Alverno, La Salle, and Sierra Madre Middle School donated a whole afternoon helping us tape the sixty-two window spaces to use and covering brick store fronts and window boxes with newspaper to protect them from drippy paint. Their attitude and helpfulness made a tough job a lot easier. And, of course, we appreciate the time and thought our three judges put into determining our contest winners. So do enjoy our beautiful, scary, funny, cute, spooky, clever window decorations knowing that it indeed does take a village.

Friday morning at the various schools around town, one could see goblins, and witches, Marilyn Monroe, Elvis, Monsters, Dragons, Ninja's, Superheroes, you name it. Why even the Statue of Liberty went to class with tablet in hand.

Around the city business got into the act too! At Wound Care Advantage, the whole crew posed for a photo op beneath displays of a few unattached limbs!

Photo credits: Dodger Man and Wound Care Crew - S. Henderson/MVNews;



Scariest Pumpkin with SMPH Comedian, Winning 3-4 year olds and The Judges, Bill Coburn, sierramadrenews.net; The cutest mouse and trap by Dean Lee, MVNews. The Town's Official M.C., Lisa Spagai was spectacular at the Costume Contest as she introduced, and cleverly



managed about 100 anxious children who participated. Whether it was her school marm charm or that enchanting witches cackle, she was, once again, able to keep things flowing smoothly. The contest, sponsored by the City of Sierra Madre with support from the SM Chamber of Commerce and the Sierra Madre Kiwanis Club awarded the following prizes which were primarily purchased from local merchants:

Scariest Costume: Darby

Lee - Pumpkin (picture above); 0-2 Year Olds: Abigail Wheeler aka the Mouse in the Trap (also above), Samuel Chakarian the Old Man from the movie UP and Sidney Cha, Tony the Tiger complete with Frosted Flakes; 3-4 Year Olds: (pictured above) Lyla Villanueva the Alien, Jaxson Enriquez - Autumn Fairy and Soren Jetsen as Frankenstein.

In the 5-7 year old category the winners were Claire Rewers (Slurpee), Brook-lynn Easter (Maleficent) and Asher Dewey (Fireman with Truck). The winners of the 8-12 category were: Andrew Byers (Homework Machine), Jay Walters (Mad Hatter) and Jessie Franks (Chicken Rider).

There were entries in the Group category and they all were winners. 1. Alexa Peterson and Min Gradillas (Vampire Girls); Kahlo Gradillas. 2. Andrew Shaklan and Aaron Peterson (Politicians). 3. The Krantz-McNeely Family - Peter Pan, Captain Hook and Tinkerbell. 4. The Raham Family - All Skeletons and The Silva Family of Sock Monkeys! Judges for the event were (above left to right) Kiwanians Susan Henderson, Chris Leclerc, Key Club Member Ryan Na and Kiwanis Auxillary member Shirley Anhalt. Also judging but not pictured - Mayor Harabedian.



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ASSEMBLYMEMBER HOLDEN TO HOST VETERANS JOB AND RESOURCE FAIR

Claremont – Assemblymember Chris Holden is joining The State of California Employment Development Department (EDD) and America's Job Center of California to sponsor a Veterans' Jobs and Resource Fair. Vets will learn how to transition their skills from military into the civilian world with the help of EDD Veterans Employment Representatives.

Veterans will be able to connect directly with veteran-friendly employers who are actively hiring and with service organizations that are committed to making sure our local veterans receive every benefit that they have earned.

Representatives from the Greater Los Angeles Area VA, CalVet, and Los Angeles County

Department of Veterans Affairs will also be on-site to assist veterans obtain earned services and benefits.

**Saturday, November 15, 2014
10 a.m. – 2 p.m.
Taylor Hall, 1775 N. Indian Hill Blvd
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Bring a resume and dress for success.
A light lunch will be provided. The event is open to Vets and the public.

For further information, please contact Matt Lyons at the Office of Assemblymember Holden: 909.624.7876 or email Matthew.Lyons@asm.ca.gov

CIVITAN INTERNATIONAL

Civitan International, a volunteer service organization with chapters in more than 30 nations around the world, is forming a new club in Monrovia.

Best-known for its support of research to identify, treat and cure developmental disabilities, Civitan is also dedicated to community service. Civitan Club members perform a wide variety of volunteer services in their own communities, from clean-up projects to fundraisers in support of local service-oriented organizations.

Anyone interested in being part of the Monrovia Civitan Club is invited to attend one of their informational meetings on Wednesdays in October and November from 11:30 a.m. until 1:00 p.m. Lunch is provided at no charge. Meetings are held at the Monrovia Community Center, 119 Pine Ave., in the Multipurpose Room.

For further information, contact the El Monte/ Arcadia Civitan Club at 626-791-3967 or, to learn more about Civitan International, visit their website at www.civitan.org.



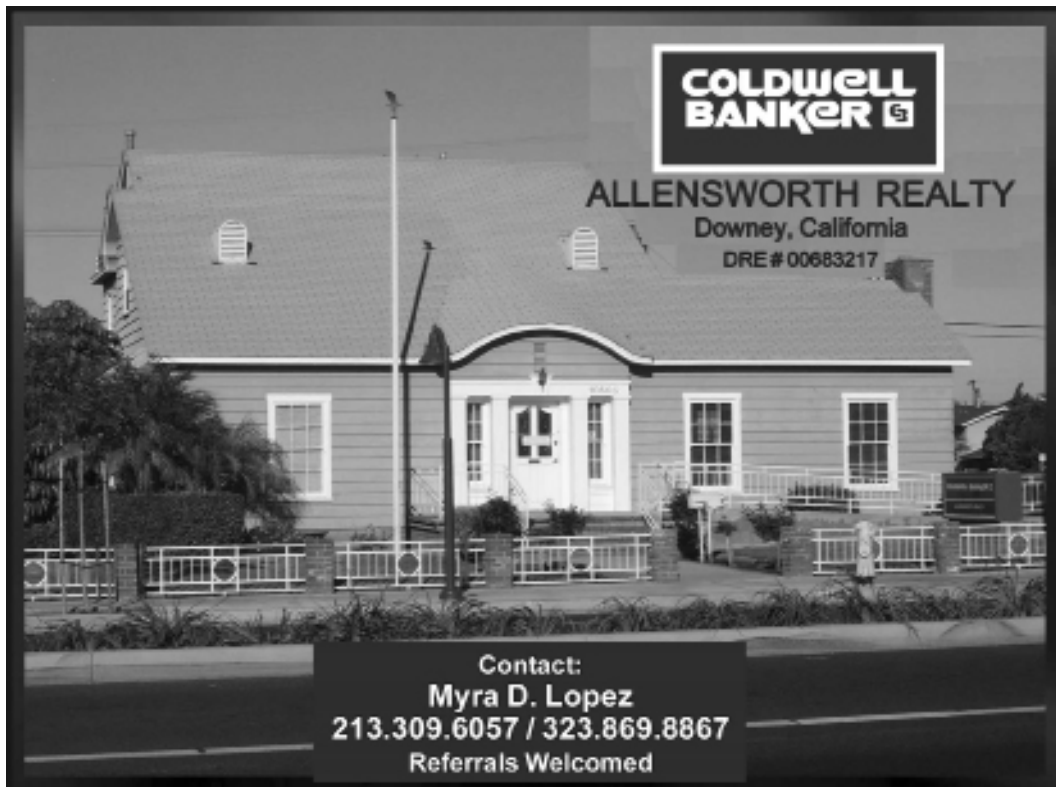
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WANT TO LEARN MORE? Be our guest for lunch . . .

WHEN: Each Wednesday in November, 11:30 a.m. – 1:00 p.m.
WHERE: Monrovia Community Center (Multipurpose Room)
119 W. Palm Ave., Monrovia (No reservation required)

FOR MORE INFORMATION ABOUT CIVITAN, CONTACT:
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Art Festival November 7th-9th

Friday, 7-9 pm
Saturday, 10-5 pm
Sunday, 11-4 pm



Creative Arts Group
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www.creativeartsgroup.org



Saturday—November 29, 2014 3-8 p.m.

The Holidays Begin In Sierra Madre!

Join us in this years Winter Village Festival throughout downtown November 29th between 12 p.m. to 8 p.m.

Schedule of Events		
12:00 p.m. - 4 p.m.	Art Walk & Music throughout town	5:00 p.m. - 8 p.m.
3:00 p.m. - 8 p.m.	Snow in Sierra Madre	6:00 p.m. - 8 p.m.
	Sled Rides - Train Rides - balloons and more...	
	Sierra Madre Blvd. - (Bank of the West)	8ish p.m.
		Carriage Rides
		Baldwin Ave. in Front of 4 Seasons Tea Room
		Special Family Rates
		Santa Claus
		Christmas Tree Lighting
		Movie & Marine Toy drop
		The Movie ELF in Kersting Court



Come Join us for the festivities.

Meet Santa

There will be plenty of events for children and adults alike.

Art walk, music will be scattered through out town.

Get in the holiday mood by singing along with holiday carolers.

Watch your kids slide down the hill in the snow.

See your children's delight when the tree is lit.

Take a photo of Santa

Start your holiday off with a romantic horse and carriage ride.

Shop for those special gifts at our local businesses.

Don't miss the non-profit clubs and organizations booths.

The Movie "ELF" at 8ish

Winter Village Festival is sponsored by the Sierra Madre Chamber of Commerce



SMALL BUSINESS SATURDAY
NOV 29



ASTRONOMERS OBSERVE EXPLODING STELLAR FIREBALL FROM MT. WILSON WITH UNPRECEDENTED CLARITY

Astronomers have observed the expanding thermonuclear fireball from a “nova” that erupted last year in the constellation Delphinus. The observations produced the first images of a nova during the early fireball stage and revealed how the structure of the ejected material evolves as the gas expands and cools. The results of these observations, carried out by a collaboration of 37 researchers from 17 institutions and led by Georgia State astronomer Gail Schaefer, are published in the current issue of Nature.

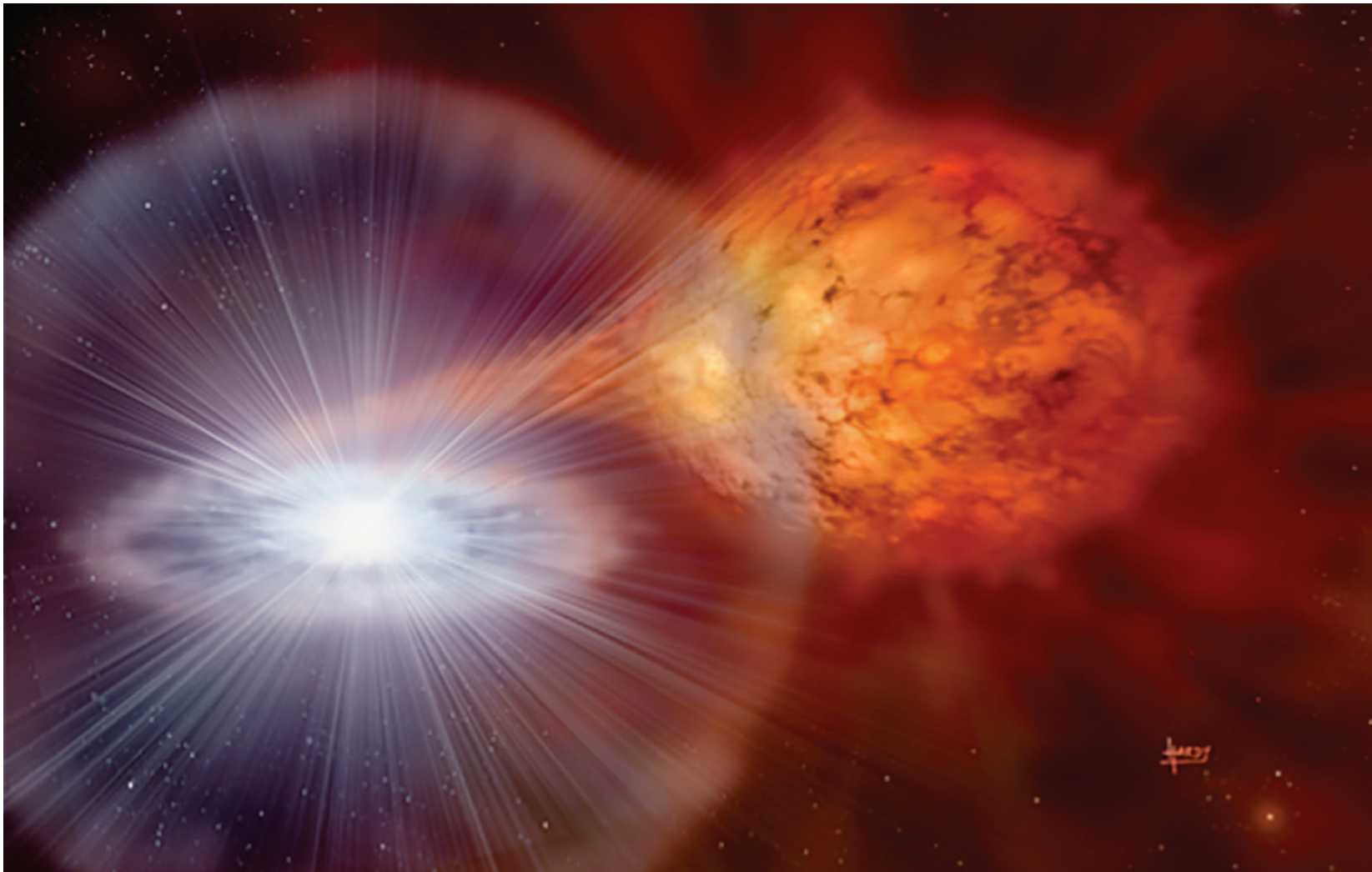
A nova occurs following the buildup of a thin layer of hydrogen on the surface of a white dwarf—a highly evolved star with the diameter of the Earth and the mass of the Sun. The hydrogen is provided by a close companion, which is a normal star, in a binary star system where the two stars orbit about their center of mass.

As shown in the accompanying artist’s concept, the normal star sheds a small amount of its mass through a stream onto the white dwarf’s surface that gradually builds up a hydrogen “ocean.” When that ocean is about 650 feet deep, the enormous surface gravity of the white dwarf produces pressures at the bottom of the hydrogen layer sufficient to trigger thermonuclear fusion—essentially a stellar H-bomb.

In a typical nova, the light from the explosion will significantly exceed the star’s normal brightness and the object may suddenly appear to the naked eye in a location not previously noted to have a bright star. Over ensuing weeks, the star slowly fades as the fireball expands, cools and dissipates. Surprisingly, this seeming cataclysm on the white dwarf’s surface has no real effect on the star or its companion, and the flow of material will resume so that the detonation will likely repeat at a future date.

Because these objects are generally very faint until the explosion occurs, they do not appear on classical star maps. Instead, a “new” star suddenly appears where there was none before. The famous 16th-century Danish astronomer Tycho Brahe described this sudden appearance of a star in his 1572 book De Stella Nova, and the Latin “nova” for “new” became attached to this phenomenon.

On August 14, 2013, the Japanese amateur astronomer Koichi Itagaki discovered a “new”



Artist’s conception of a nova with a stream of matter being drawn from the donor star (right) to the compact white dwarf (left). © David A. Hardy / astroart.org

star that was promptly named Nova Delphinus 2013. Within 15 hours of the discovery and within 24 hours of the actual explosion, astronomers at Georgia State University’s Center for High Angular Resolution Astronomy (CHARA) pointed the telescopes of the CHARA Array, located on the grounds of historic Mount Wilson Observatory in the San Gabriel Mountains of Southern California, toward Nova Del 2013 in

order to image the fireball and measure its size and shape. The size of the nova was measured on a total 27 nights over the course of two months; the first measurement represents the earliest size yet obtained for a nova event.

The CHARA facility uses the principles of optical interferometry to combine the light from six telescopes to create images with very high resolution, equivalent to that of a telescope with

a diameter of 1,000 feet. This makes it capable of seeing details far smaller in angular extent than traditional telescopes on the ground or in space. It has the power to resolve the size of a U.S. nickel on the top of the Eiffel tower in Paris from the distance of Los Angeles, California.

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DAYLIGHT SAVINGS TIME: WHY SHOULD WE CONTINUE THIS USELESS RELIC FROM THE PAST? LET’S RETURN TO STANDARD TIME ALL YEAR! By Christopher Nyerges

Our lawmakers, in their infinite wisdom, continue to tinker with time. Manipulate the clocks and we can trick the people into saving energy. And twice a year, Sierra

Madre residents are all subject to the changes and inconveniences that occur as a result of the springing forward or falling back. We have to quickly adjust. It is part of our annual ritual, our relic from the past, where we go back to standard time from daylight savings time. And now we are expected to extend this “better” time a few more weeks.

But are there real and tangible benefits from doing this? Must we continue to do so?

Daylight savings time is a manipulation of the basic solar time within each time zone’s standard. It was said to be an idea of Benjamin Franklin, and was begun in the United States during world wars one and two, and eventually became “official” in all but two states. That right! At least two states have said “No, thanks, we’ll stick to standard time.”

Indeed, daylight savings time is like a quaint tradition of a bygone era that refuses to die. It is a pointless habit with little recognizable merit. Michael Downing, author of “Spring Forward: The Annual Madness of Daylight Savings Time,” demonstrates that the clock-change saves energy in theory only, but not in practice.

David Letterman once asked the question to his audience during his monologue: “Why do we practice daylight savings time? It’s so the farmers have more light,” he laughed, answering his own question. “But how does that give the plants more light?” That’s a Letterman joke for you, but there is a truth hidden under his humor. Most people queried on the street don’t know why we have daylight savings time, and fewer still experience any tangible benefits from it.

There are two often-cited reasons for the use of daylight savings time. One is so that the children can have more light going to school in the morning. But consider: the children have an hour more of morning light in late October, when the clock is set back (“fall back”) to standard time. That is, it is the very use of daylight savings time which creates a darker morning as the days get shorter and shorter. The “falling back” an hour merely puts us back in sync with the local time zone. It is the use of daylight savings time that created the problem of less light in the morning, and only in that sense can you say that the “falling back” to regular time gives children that extra hour of light. In other words, this is a problem caused by daylight savings time. This is not a bonafide benefit from daylight savings time.

My grandfather, and all my uncles on my mother’s side were farmers. I have some knowledge of the schedule of farmers. There is not one that I know who does not arise at the crack of dawn, if not sooner. There is no other way to function as a farmer. You then proceed to work as long as needed, and as long as you are able, daylight savings time or standard time. The manipulation of clocks in no way affected how much work they got done, or not done.

I have talked to many people about daylight savings time. Some like it, some do not. Some are annoyed



by it, some find the long afternoons of summer very enjoyable. Everyone has arrived late (or early) on the first Sunday (even Monday in some cases) after the changing of the clocks. Daylight savings time thus gives millions of people a quasi-valid excuse for lateness at least once a year.

Let’s end daylight savings time entirely and adopt a year-round standard time.

Those who wish to start school or go to work earlier can do so! Such voluntary time alterations are fine if those individuals and businesses choose to do so. It may even make the freeways less crowded at rush hours. But keep the standard time year-round. Yes, this is a small thing in the context of a world at

war, with hate and suspicion in all political camps, and endless economic hardships all over the world. In that big-picture sense, this is just a little issue. But this is still an issue that should be resolved, and dealt with.

Since daylight savings time is a state-by-state decision, we can begin with California. Write to Governor Brown and ask him to implement year-round standard time. You can write to Brown at Office of the Governor, State Capitol, Sacramento, CA 95814, or phone at (916) 445-2841, or on-line at www.govmail.ca.gov.

Take a poll of your friends and acquaintances before you write to the Governor. See if you can find

anyone who derives tangible benefits from daylight savings time. Secondly, there is always the initiative process where a Proposition can be put on the ballot to be voted on by the people. This is a process that would take an organized effort and cost at least a million dollars, and probably more.

[Christopher Nyerges writes a regular blog at www.ChristopherNyerges.com, posts regular YouTube videos, and has led outdoor trips since 1974. He is the author of *How to Survive Anywhere, Extreme Simplicity, Foraging California* and other books. He can also be reached via *School of Self-Reliance*, Box 41834, Eagle Rock, CA 90041.]

FAMILY MATTERS

By Marc Garlett



SUPREME COURT DECISION MAKES INHERITED IRAS FAIR GAME IN BANKRUPTCY

A recent U.S. Supreme Court decision changes the way inherited IRAs are viewed when it comes to bankruptcy, which means those who inherit these retirement account assets must find new ways to protect that inheritance.

In *Clark v. Rameker*, Heidi Heffron-Clark inherited an IRA from her mother. She received distributions from that inherited IRA for several years before filing Chapter 7 bankruptcy. Ms. Heffron-Clark relied on the Bankruptcy Code, which states that IRAs are exempt up to \$1.245 million from bankruptcy, to claim her inherited IRA qualified for the retirement account exemption.

In a unanimous ruling, the Supreme Court disagreed, distinguishing inherited IRAs from other IRAs established by an individual for his or her own retirement. Because the beneficiary of an inherited IRA cannot make contributions to that IRA, an inherited IRA does not provide any tax incentives, which is an important purpose of other IRAs. Since the beneficiary of an inherited IRA has different rules for taking distributions than other IRA owners, this also establishes inherited IRAs as different from other IRAs. These differences, the Court reasoned, are enough to disqualify an inherited IRA from qualifying for the federal bankruptcy exemption.

Even though some states offer protection for inherited IRAs in bankruptcy, a move to another state that does not offer this protection can endanger inherited IRA assets. IRA owners who wish to provide their heirs with valuable protection should consider naming a trust as beneficiary of IRA assets instead of heirs, who could instead be designated as beneficiaries of that trust.

The Court did not address spousal inherited IRA beneficiaries; however, since a spouse is allowed to roll over an inherited IRA into his or her own account, this may qualify a spousal inherited IRA for the bankruptcy exemption for retirement funds.

Keep this in mind as you plan for the safe, successful transfer of your assets to the next generation.

To you family's health, wealth, and happiness,

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Call 626.355.4000 to schedule an appointment

IN 2015, VARIOUS TAX BENEFITS INCREASE DUE TO INFLATION ADJUSTMENTS

WASHINGTON — For tax year 2015, the Internal Revenue Service announced today annual inflation adjustments for more than 40 tax provisions, including the tax rate schedules, and other tax changes. Revenue Procedure 2014-61 provides details about these annual adjustments.

The tax items for tax year 2015 of greatest interest to most taxpayers include the following dollar amounts -

- The tax rate of 39.6 percent affects singles whose income exceeds \$413,200 (\$464,850 for married taxpayers filing a joint return), up from \$406,750 and \$457,600, respectively. The other marginal rates – 10, 15, 25, 28, 33 and 35 percent – and the related income tax thresholds are described in the revenue procedure.
- The standard deduction rises to \$6,300 for singles and married persons filing separate returns and \$12,600 for married couples filing jointly, up from \$6,200 and \$12,400, respectively, for tax year 2014. The standard deduction for heads of household rises to \$9,250, up from \$9,100.
- The limitation for itemized deductions to be claimed on tax year 2015 returns of individuals begins with incomes of \$258,250 or more (\$309,900 for married couples filing jointly).
- The personal exemption for tax year 2015 rises to \$4,000, up from the 2014 exemption of \$3,950. However, the exemption is subject to a phase-out that begins with adjusted gross incomes of \$258,250 (\$309,900 for married couples filing jointly). It phases out completely at \$380,750 (\$432,400 for married couples filing jointly).
- The Alternative Minimum Tax exemption amount for tax year 2015 is \$53,600 (\$83,400, for married couples filing jointly). The 2014 exemption amount was \$52,800 (\$82,100 for married couples filing jointly).
- The 2015 maximum Earned Income Credit amount is \$6,242 for taxpayers filing jointly who have 3 or more qualifying children, up from a total of \$6,143 for tax year 2014. The revenue procedure has a table providing maximum credit amounts for other categories, income thresholds and phaseouts.
- Estates of decedents who die during 2015 have a basic exclusion amount of \$5,430,000, up from a total of \$5,340,000 for estates of decedents who died in 2014.
- For 2015, the exclusion from tax on a gift to a spouse who is not a U.S. citizen is \$147,000, up from \$145,000 for 2014.
- For 2015, the foreign earned income exclusion breaks the six-figure mark, rising to \$100,800, up from \$99,200 for 2014.
- The annual exclusion for gifts remains at \$14,000 for 2015.
- The annual dollar limit on employee contributions to employer-sponsored healthcare flexible spending arrangements (FSA) rises to \$2,550, up \$50 dollars from the amount for 2014.
- Under the small business health care tax credit, the maximum credit is phased out based on the employer's number of full-time equivalent employees in excess of 10 and the employer's average annual wages in excess of \$25,800 for tax year 2015, up from \$25,400 for 2014.



Tips of the Trade:
Real Estate Revealed

by Luther Tsinoglou

TOO GOOD TO BE TRUE

Many homeowners are still facing mortgage default, and while the best bet is to contact your lender directly, there are tempting advertisements out there for companies that claim they can solve your financial crisis. Fraud is rampant, so look out for the following warning signs.

First, don't believe the hype when you hear, "We'll stop the auction!" or, "Debt eliminated, guaranteed!" If it sounds too good to be true, it is! You should be suspicious of any company that tries to gain your trust by imitating a government agency. They may (illegally) publish government logos and names, or even copy the look of an official website, so pay attention to the details.

Back out of any deal that requires you to pay any fees upfront. There is no need to pay anyone to modify your mortgage terms, because your lender, and only your lender, can do that.

Most importantly, do not make mortgage payments to anyone but your lender. If a person or company presents you with an official looking statement that indicates payments should now be made to them, don't walk – run for the door, and call the Better Business Bureau.

By working directly with your lender, you may be able to modify your loan terms, or agree to a pay-off through a "short sale" listing. Please heed this advice from an experienced professional.



Social Media
Tips, Tricks & Ideas

by: MJ Finstrom



MARKETING: ART MEETS SCIENCE

Marketing can be tricky. It's part art and part science. A good marketing strategy starts with the right questions. Who is the target audience? What tools and strategies will reach the right audience? What's the message and what is the call to action? How do you measure success?

The art of marketing is experimenting, creating, reviewing and refining. The science of marketing monitors behavior, metrics and proven strategies. Where art and science merge is where the action is best. It's where a targeted customer takes action on some type of content that caught their attention. This concept of marketing hasn't changed much but the tools we use have reshaped the delivery method.

Social Media Tools have revolutionized the way we communicate. The problem is that we are all competing for eyeballs on these tools. Content needs to be simple now so that it can be consumed in 2-3 seconds. The creative needs to stop traffic. Graphics, photos, videos and headlines are an important part of the formula.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming classes, webinars and presentations at: www.hutdogs.com/workshops/schedule

CALIFORNIA PROPOSITIONS EXPLAINED

By: Cynthia Kurtz, CEO - SGVEP

It is election season and most voters have heard advertisements for or against the ballot measures and still have no idea what some of the measures actually do. We complain that voter turnout is low yet ads that are intended to influence our votes treat us like simpletons.

The San Gabriel Valley Economic Partnership has studied four important propositions on the November 4 ballot. Here are our recommendations:

Proposition 1 - the Water Bond. Because of the drought, this may be the best known of the propositions. It would provide \$7.5 billion for water projects. While it doesn't increase water supplies to address our current shortage, it provides much needed resources to relieve future droughts. And there will be droughts in the future.

Proposition 1 will help projects that capture and store water when it is available and make better use of sources such as recycling, reuse and storm-water. It includes money for flood control and Delta levees. Every time a levee fails, there is a risk that salt water intrusion will make the water supplies for Central Valley farmers and Southern California unusable. The Partnership urges a Yes vote on Proposition 1.

Proposition 2 - the "Rainy Day Fund." Businesses and families know they need to have reserves to see them through emergencies or dips in revenues. Our state budget is heavily dependent on income taxes and one-half of income tax revenue comes from one percent of the wealthiest Californians. That makes for a volatile budget and the need for the state to have reserves too. The Partnership urges a Yes vote on Prop 2.

Proposition 45 - Insurance Company Rates. Prop 45 would give the state Insurance Commissioner authority over health premium rate increases. California recently gave the authority to negotiate rates to Covered CA - the state's health insurance pool. There is plenty of mudslinging with supporters claiming 35 states require an insurance commissioner to approve rate increases. Opponents counter we haven't tried the system we just implemented.

Everyone agrees that passage of Prop 45 will cost consumers money but supporters say it amounts to only a few million per year. A million here a million there - you know it adds up. If the current system doesn't work, then we can fix it. The Partnership urges a No vote on Prop 45.

Proposition 46 - Medical Malpractice Lawsuit Cap and Drug Testing of Doctors. This proposition is misleading in so many ways. You hear "lawsuit cap" and think that is a good thing. Prop 46 INCREASES the malpractice payment cap from \$250,000 to \$1.1 million. That will increase malpractice insurance rates and guess who pays for that - we do in our health insurance rates.

The random testing of doctors is included to camouflage the goal of increasing law suits. Proposition backers - mostly trial lawyers - admit the provision was included because it polled well. The Partnership urges a No vote on Proposition 46.

Remember to vote on November 4.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



I WASN'T BORN OLD IT JUST HAPPENED THAT WAY

Dr. James L. Snyder

Everywhere I look these days people are obsessed with age. More products are sold today to make you look younger than anything else. Everybody desires to look younger than what they actually are. I think that is rather hypocritical.

Just saying. It seems to me that nobody is happy with the way they are. When you are young, you want to be old and then when you get old you want to be young. Nobody is happy being what they are at the time.

The problem with me is that not all my clocks are ticking at the same time. Things seem to just creep up on me without me being aware of any of it. For one, I did not know I was old.

It dawned on me this past week when I was sitting in my chair in the middle of the afternoon with no inspiration to get out of the chair and go do something. I was just feeling a little tired. You know, sometimes it is important just to chill out for a little bit.

Not everybody thinks this. The Gracious Mistress of the Parsonage has a different view of all of this.

As I said, I was just chilling in my chair when my wife walked by, stopped in front of me, put both hands on her hips and stared at me for a moment giving me that look. Then she said, "I guess you're getting old, aren't you?"

With that, she whirled around and walked away, leaving me to my own thoughts. Nothing is scarier in the whole world than to be left with your own thoughts. However, as I thought about this, certain things seemed to come to the surface.

I did appear to be "old," whatever that may entail. It is funny how people use words and they mean different things to different people at different times.

I never thought of myself as "old," but then, my wife would never lie to me. If she thinks I am getting old, well, I must be getting old.

Then I chuckled to myself. I like to keep my chuckles to myself for a variety of reasons. As I thought about me being old and my wife recognizing that I am old, it dawned on me that she is older than me. Now please, do not let her know I let this slip out of the bag. But, if I'm old, what does that make her?

You did not hear it from me, but I had a nice chuckle as I thought about this whole scenario of being old. Being the gentleman that I am, and a great lover of life, I will never bring this to her attention. If she finds out that she is old, she will never learn this information from me. I may be old, but my goal is to get older.

Right after this little incident, I walked into a McDonald's restaurant to get some coffee. I prefer to keep certain things to myself and my age is one of them. I cannot hide my good looks; it is all out there in the open for everybody to see. But my age is something a little different. I try to keep that to myself.

"Are you a senior citizen?" The waitress behind the counter asked chipperly. At first, this really irritated me. What business is it of her with regards to my age? I was just about ready to ask her what her age was when she changed the whole conversation.

"If you are a senior citizen your coffee is only \$.80." With that she smiled quite gingerly.

That puts age in a very different perspective for me. Normally, coffee is \$1.39, but for senior citizens, it is only \$.80. A lot of things I am not very proficient at, but arithmetic is not one of them. If I would admit to this young lady that I was a senior citizen, I could save \$.59. I do not know about anybody else, but \$.59 is \$.59!

"Why, yes," I muttered, "I am a senior citizen."

"Oh dear," she giggled, "you sure do not look like a senior citizen to me."

Now, I do not know if she really meant that or not but allow me to repeat myself, \$.59 is \$.59!

I have never thought of myself as old, just older. And, as a friend of mine used to say, "I plan to get as old as I possibly can get."

Getting old has many benefits and \$.59 is only the beginning.

My great objective from this time on is to cash in on as much Senior Citizen benefits as I can get. After all, \$.59 is \$.59! And, if I get a cup of coffee every day, I will save \$215.35 in the year, every year. Who would have thought that getting old would pay such rich dividends?

There is a strange anomaly that most people do not want to get old but then they do not want to die either. The only remedy for not getting old is...

It is not getting old that is the problem, it is not discovering the real foundation of life which is none other than Jesus Christ.

"The glory of young men is their strength: and the beauty of old men is the gray head" (Proverbs 20:29).

Getting old is not for sissies. It takes a real man to get old.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net or website www.jamessnyderministries.com.

RICH Johnson



MEDIA MISPRINTS AND MISSTEPS

Ever read something in a newspaper or a magazine that didn't sound

quite right (like one of my columns)? You might also have read something on the internet that seemed a little peculiar or out of whack (again I refer you to my column).

These misprints and missteps might simply be a misspelling. Like this misspelled word in a coffee shop window: Try Our Homemade Pies – They Are a Real Threat! I think they meant treat not threat.

Even more fun is a phrase that has a double meaning: Fine food expertly served by waitresses in appetizing forms.

Sigmund Freud might have something to say about the above statement. Or how about these following restaurant signs that weren't carefully checked:

Customers who consider our waitresses uncivil should see our manager.

Open seven days a week and weekends.

Advertisements about clothing can always be entertaining:

We do not tear your clothing with machinery. No, we do it carefully by hand.

We will oil your sewing machine and adjust tension in your home for only one dollar.

Our bikinis are exciting. They are simply the tops!

Men's wool suits, \$3.00! They won't last an hour!

A laundromat sign: Automatic washing machines. Please remove all your clothes when the light goes out.

A sign in an auto repair garage: Free pickup and delivery. Try us once and you'll never go anywhere again.

A sign outside a radiator repair shop: The best place in town to take a leak.

Sign on a plumbers van: We repair what your husband fixed.

In a Florida hospital maternity ward: No children allowed.

Church sign: For those of you who have children and don't know it, we have a nursery downstairs.

Of course, personal want ads have always been a hot bed of misprints:

Dog for sale: eats anything, fond of children.

Snow blower for sale – only used on snowy days.

Free puppies: Half cocker spaniel and half sneaky neighbor's dog.

Two signs found in an ear piercing shop:

Ear piercing while you wait.

Now is your chance to have your ears pierced and get an extra pair to take home too.

Sign in a loan company office:

Ask about our plans for owning your home.

And more:

Chef Throws Heart Into Helping Feed Needy.

Safety Experts Say School Bus Passengers Should Be Belted.

Police Found Safe Under Blanket.

Here is a scientific find worth noting:

Infertility unlikely to be passed on. Red Tape Holds Up New Bridge.

Life is meant to be enjoyed even while it's being endured. I hope in some small way I help bring a smile to your face.

My fantabulous rock, roll, and comedy band JJ Jukebox is playing this Saturday night, November 8th at the Peppertree Grill from 6:30 – 8:30. Peppertree Grill is at 322 W. Sierra Madre Blvd. (626) 355-8444. We've pretty much sold out the main dining room but there are seats in the bar lounge and patio. Make reservations, come have a wonderful dinner and get an ear bashing of golden oldies from the 1960s and 1970s.

WHY THE 2014 ELECTION MATTERS

Election predictions are always dangerous, and I can only remember a couple of instances when I've made them. But here, I'm going to make two more. This election is about something, and this election will matter significantly. Two sides of the same coin, but both sides are important to understand.

In the last several weeks leading up to this election, the Democratic line has shifted from "we're confident we're going to retain the Senate", to "even if we lose, it's not really a significant event; the voters are just angry again and apt to do something stupid". Sadly for Democrats, this election really is about something: the mishandling of the economy, governmental corruption and intrusiveness, and incompetence on the world stage.

It is about the economy! All elections have some component driven by the economy. In good times – even fair times – that component is minimal. But we're not in good or fair times. We are experiencing the weakest recovery in two generations. The 1 percenters are doing just fine, but it is those in the middle, where median income has fallen, who aren't doing very well at all. Making it all the more unpalatable, this is the president who proclaims that reducing income inequality is the great purpose to which his administration is dedicated. But, income inequality has worsened under his watch because of his policies. The voters noticed.

It is about governmental corruption and intrusiveness! It is difficult to know where to start here, but a fair guess would be with the two institutions which should be above politics: the IRS and the Centers for Disease Control (CDC). This administration has politicized both to the point where their credibility is damaged, perhaps unreparably. Add to this the Veterans Affairs Department and the Secret Service, subpoenaing and wiretapping journalists, and you have a level of corruption which weakens the core of what all Americans thought were sacrosanct institutions or principles of fair governance. The voters noticed.

It is about massive incompetence on the world stage! Most voters don't take in the details of foreign policy, but they do take in the results of foreign policy. So, the details of Libya, Ukraine, Iraq and Afghanistan may just be punctuation marks, but the outcomes are noticed. When ISIS takes the territory we spent blood and treasure to win and secure, when a county is cannibalized and the cannibals mocks us, when our ambassador is targeted and murdered, we notice. And those were just the early innings. They were enough to demonstrate American weakness, and the bad guys noticed. Videotaped beheadings of James Foley and Steven Sotloff weren't just savagery; they were demonstrations of the contempt shown by the savages for America – for our power, resolve and place in the world. The J.V. team defied us, dared us, and all we can do is fly a few meaningless sorties for press releases and photo ops.

GREG Welborn



But it is Ebola which has crystallized the collapse of American strength.

We contradict ourselves at every turn and can't even muster common sense responses. We tell the world and our own people that quarantines don't work – except for our own military personnel who have been in West Africa. Our protocols have more holes in them than swiss cheese, more exceptions than the rules of English spelling. We are a laughing stock of the world. The voters noticed.

So, the election is about something – and something significant – after all. But it is also a deeply important election. My prediction is the Republicans will gain seats in the House and will take control of the Senate. Assuming that's true, this election will set the stage for Republicans to demonstrate what they stand for, not just what they stand against. And that will be deeply important.

When you're the minority party, you really don't have much of an option other than to be the party of "no". I might even add that it is your responsibility to be the party of "no". You represent an electorate which voted for you and wants you to stand up to the majority. This is a time-honored and deeply valuable service to the nation. You're not supposed to just roll over and rubber stamp the policies of the party in the majority. You're supposed to say "no" and then seek the compromises which make sense.

But when/if you become the party in the majority in the legislature – as I believe this election will deliver – your obligation and opportunity shifts. The Republicans will have the opportunity, and the responsibility, to collectively vote through bills in the House and the Senate which reflect their positive view of what policy should be. Republicans will shift to become the party of alternative answers. Whether the President agrees, compromises or flatly refuses and uses his veto power is beside the point. The exercise will be clarifying for the nation, and there is great value in that because we'll have another, more important, election in 2016.

So this election will matter greatly. America will have two years (2014 to 2016) to witness, contemplate and judge the competing visions for America's future – both domestic and foreign. That is not insignificant in the annals of history or politics.

Don't be misled when you hear the Democratic talking points. The electorate may be angry, but they aren't stupid. They're paying attention; this election is about something, and this election will matter significantly.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com



"What's Going On?"

News and Views from Joan Schmidt

AN EXCITING JOURNEY TO THE BREEDERS CUP 2014

By the time this goes to print, Friday's races will be done, and Saturday's will be underway... In the meantime, it's been an incredible journey...I learned a lot and met fantastic people from various US states, Canada, England, and China!

The excitement began October 3 when I met Olivier Doleuze. (From France, now races in Hong Kong). His mount is Rich Tapestry, in Sprint.) I also met jockey Billy Antongear. (Home state-N.Y., but recently raced in northern CA.)

Thursday the Preliminary Entries were read at the Baldwin Terrace Room; I saw Fernando Perez, (Hennythepenny in Juvenile Fillies) and wished him luck.

Many exciting events occurred this past Monday/ Tuesday. At the Baldwin Terrace Room, Monday AM, Alan Sherman, Assistant Trainer of California Chrome, gave an update/answered questions. Alan said, "Chrome's trained like a monster, keeps getting stronger...as good as he was at the Derby... Southern CA is an advantage...if Chrome wins, it's a good case for Horse of the Year... Shared Belief and Chrome are similar...new turf at Santa Anita shouldn't be a problem-it's similar to Los Alamitos where he trains...there's a lot less pressure for the Breeder's Cup than there had been for the Triple Crown."

At 1:00 p.m., we returned to the Baldwin Terrace Room for the drawings. All races were done except Friday's Distaff and Saturday's Classic. I met writers from Oregon and Canada and Jan and Mike Campbell whose son Jesse will ride Private Prospect in the Juvenile. One its owners Josie Carroll wondered about local museums so I spoke of the El Monte Historical Museum and Norton Simon.

The evening's draw for the Distaff and Classic was a reception at the beautifully renovated Chandelier Room. Jockeys attending included Victor Espinoza, Mike Smith and Aaron Gryder. There were hors d'oeuvres/drinks, and Trumpeter Jimmy readied us for the big draws. Later I met NBA Vet Rashard Lewis, one of Cigar Street's TALL owners. Joe Talamo will ride V.E. Victory for the first time as usual jockey Joe Rosario will be on Tonalist. The Classic promises to be great with Victor on California Chrome; Mike Smith, Shared



Belief; Rafael Bejarano, Footbridge; Tyler Base, Majestic Harbor; Corey Nakatani on Candy Boy!

I met the tallest trainer-Charlie Hill who hails from England. His horse, Commemorative (Jockey James Doyle) will race in the Juvenile Turf. I also met an Irish trainer. In the A.M., I had seen Joe (Talamo) and Raffy (Bejarano) and wished them luck. I met Paco Lopez, mostly recently from Keeneland. Paco will be on Rio Antonia in the Distaff, Pants on Fire in the Dirt Mile, Souper Colossal in the Juvenile and Stonetastic in the Filly & Mare Sprint.

Wednesday A.M. I saw a very sad Bob Baffert announce American Pharoah being withdrawn from the Juvenile. It was very disheartening, but the horse's welfare is the most important factor. A few days ago, Bob had noticed something funny in the way he moved. He ordered every test but nothing was detected. It's probably a deep bruise. Of all horses, (Six other entries he's trained), it had to be him. "I've never had a bad day with him. The way he was coming into this race so perfect." Horseracing certainly has its high and low moments.

On a brighter note, I headed over to Ralph's on Foothill for Aaron Gryder's autograph signing. Aaron has to be one of the most personable people I know. Rosie from Clocker's Corner came in and he made such a fuss over her. He came from around the table and posed with little kids and thrilled adults also. Aaron mentioned it was his fourth time in the Breeder's Cup.(Majestic Runner) He looks too young to have been racing 28 years! I asked his favorite track and he replied "Santa Anita!"

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