

SATURDAY, JANUARY 17, 2015

VOLUME 9 NO. 3

LIFE'S MOST URGENT
QUESTION IS:
WHAT ARE YOU
DOING FOR OTHERS?

—Dr. Martin Luther King Jr.



THE MEANING OF THE KING HOLIDAY

Excerpts from the writings of Coretta Scott King

The Martin Luther King, Jr. Holiday celebrates the life and legacy of a man who brought hope and healing to America. We commemorate as well the timeless values he taught us through his example — the values of courage, truth, justice, compassion, dignity, humility and service that so radiantly defined Dr. King's character and empowered his leadership. On this holiday, we commemorate the universal, unconditional love, forgiveness and nonviolence that empowered his revolutionary spirit.

On this day we commemorate Dr. King's great dream of a vibrant, multiracial nation united in justice, peace and reconciliation; a nation that has a place at the table for children of every race and room at the inn for every needy child. We are called on this holiday, not merely to honor, but to celebrate the values of equality, tolerance and interracial sister and brotherhood he so compellingly expressed in his great dream for America.

The Holiday commemorates America's pre-eminent advocate of nonviolence — the man who taught by his example that nonviolent action is the most powerful, revolutionary force for social change available to oppressed people in their struggles for liberation. Every King Holiday has been a national "teach-in" on the values of nonviolence, including unconditional love, tolerance, forgiveness and reconciliation, which are so desperately-needed to unify America. It is a day of intensive education and training in Martin's philosophy and methods of nonviolent social change and conflict-reconciliation. The Holiday provides a unique opportunity to teach young people to fight evil, not people, to get in the habit of asking themselves, "what is the most loving way I can resolve this conflict?"

Dr. King once said that we all have to decide whether we "will walk in the light of creative altruism or the darkness of destructive selfishness. Life's most persistent and nagging question, he said, is 'what are you doing for others?'"

We call you to commemorate this Holiday by making your personal commitment to serve humanity with the vibrant spirit of unconditional love that was his greatest strength, and which empowered all of the great victories of his leadership. And with our hearts open to this spirit of unconditional love, we can indeed achieve the Beloved Community of Martin Luther King, Jr.'s dream.

NO MEANS NO! Council Overturns Planning Commission Approval of Stonegate Application For Failure To Comply With Hillside Management Ordinance

By Susan Henderson

If anyone ever wondered whether or not residents of Sierra Madre could agree on anything unanimously, you only have to look at the video of Tuesday night's city council meeting.

With a packed house, (some attendees had to go home because there was no room and no video feed in the foyer), speaker after speaker expressed their desire to have the development of Stonegate (formerly 1 Carter), comply with Sierra Madre's Hillside Management Ordinance (HMO).

CETT Madre (CETT Investments Corporation), submitted applications for a Hillside Development Permit and a Conditional Use Permit to begin construction of the first home in the Stonegate project. Those requests were approved by the Planning Commission in October and submitted to the Council for final approval. However, after Council members Denise Delmar and John Capoccia called for a review of the decision, the matter was put on hold.

When the review was requested, an ad hoc committee was formed to take on the task. Council members Delmar and Gene Goss volunteered and on December 10, 2014 they met with the developer's attorney, Richard McDonald, in an attempt to address the council and community's concerns - primarily the project's failure to comply with the HMO. Their attempt was unsuccessful as McDonald was unwilling to make any changes.

Delmar and Goss had suggested a setback of the second story that currently is planned over the garage and the redistribution of that area to the basement. If accepted, the view of the hillsides would not be blocked by the new structure. By declining, the developer "failed to take advantage of a means to preserve the character and view



The Stonegate Property where 29 houses are to be built. MVN Archives

of the hillside."

Prior to the public comment, Leticia Cordoso, Acting Director, Planning and Community Preservation gave, a detailed staff report on the project. The report noted the areas where the design was not in compliance with the city's ordinances. It also included clarification of photos that had been submitted by the developers of existing hillside homes in Sierra Madre. Cordoso pointed out that none of those structures were in the Hillside Management Zone and had been built prior to the last revision of the HMO. The Stonegate project, in its entirety (29 homes), is in the Hillside Management Zone.

The proposed 3,125 sq. ft. home will have to comply with the HMO. The denial of the applications will also be a signal for the other 8 pending applications for Stonegate that in order to get an approval, they too will have to be in compliance with the HMZ.

Residents in attendance were unanimous in their desire to protect "the soul of Sierra Madre", a quote from resident Marguerite Shuster. Rene Cosutta called the design, "architectural arrogance" as she echoed what speaker after speaker noted - 'the project does not blend in or embrace our hillsides.' Protecting the hillsides has always been the primary concern and the recent designation of 346,000 acres of forest

above the city as a National Landmark reinforces the town's commitment to protect this village.

After public comment, Councilman John Capoccia referenced a news article in which McDonald is alleged to have said that the town just didn't want the project or only wants one story houses. Capoccia wanted the record to be set straight that neither statements were true, that the Council was not against the project, but rather that the Council just wants our ordinances followed. Mayor John Harabedian stated however, that single story homes wouldn't be a bad idea.

When all was said and done, Councilwoman Delmar made a motion to overturn the Planning Commission's approvals. The motion was seconded by Councilman Goss and passed unanimously.

It is unknown at press time what the developer's next step will be, however it was very clear that neither the council nor the community had any concern about CETT's next actions.

Note: To learn more about this project and other pending development projects in Sierra Madre, visit the website of Preserve Sierra Madre Now, an organization dedicated to fighting to keep the city's village atmosphere intact. Go to: <http://www.preservesierramadre.com/>.

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ORCHID BLACK TO GIVE NATIVE LANDSCAPING AND SUSTAINABLE WATER USE PRESENTATION

The public is invited to the January 21, 2015 regular meeting of Sierra Madre's Natural Resources Commission to attend a presentation by renowned local expert Orchid Black on 'Native Landscaping and Sustainable Water Use'. The meeting begins at 7:00pm and is held in the City Council Chambers at Sierra Madre City Hall, 232 W. Sierra Madre Blvd.

The presentation will begin at the beginning of the regular meeting, after brief Commission business. Orchid is a garden designer whose practice focuses on California native plants. Her gardens have been featured on the Theodore Payne Foundation (TPF) Garden Tour for over 8 years. She teaches design and other classes at TPF, teaches Sustainable Garden Practice for UCLA Extension, and gives lectures and workshops on native horticulture and oak culture throughout Southern California.

The Sierra Madre Natural Resources Commission is honoured and pleased to provide Orchid's expertise to assist the community in their conservation efforts and everyone is encouraged to attend this free event.

Sierra Madre Chamber Of Commerce
January Mixer at

Bottle Shop
Wine & Spirits
sierra madre · california · since 1963

Wednesday, January 21, 2015

5:30 - 7:00 FREE

58 W. Sierra Madre Blvd. Sierra Madre

WHITE SUITERS WANTED



Tournament members nicknamed "white suiters" ride Honda scooters down the parade route alongside floats during the Rose Parade — one of the many roles they play in bringing America's New Year Celebration® to life.

Photo credit: Courtesy of the Pasadena Tournament of Roses®

The Pasadena Tournament of Roses® will host an informational reception, open to the public, for those interested in joining the Association's volunteer membership at 6 p.m. on January 28, 2015 at Tournament House, located at 391 South Orange Grove Boulevard, Pasadena, Calif. 91184.

The Tournament of Roses welcomes applications from all eligible candidates who are willing and able to give their time in order to promote and produce the Rose Parade® and the Rose Bowl Game®, as well as participate in other Tournament activities and events throughout the year. For more information, please visit the Tournament of Roses website.



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Weather Wise

6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 70s	Lows 50s
Mon:	Sunny	Hi 70s	Lows 50s
Tues:	Sunny	Hi 70s	Lows 50s
Wed:	Sunny	Hi 70s	Lows 50s
Thur:	Sunny	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, January 27, 2015
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS



City Council

January 27, 2015 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "01/06/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Tuesday, January 20, 2015

Community Services Commission, 6:30pm

Wednesday, January 21, 2015

Energy, Environment, and Natural Resources Commission, 7:00pm

City Hall Hours

Monday - Thursday 7:30am - 5:30pm

Planning & Community Preservation and

Public Works Service Hours

Monday - Thursday 7:30am - 2:00pm

HOLIDAY HOURS

City Hall Closed

Monday, January 19, 2015

Martin Luther King, Jr.'s Day

City Hall

232 W. Sierra Madre Blvd.

Sierra Madre, CA 91024

(626) 355-7135

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTS

The Sierra Madre Interact Club joined members of the Sierra Madre United Methodist Church to prepare and serve dinner to homeless families in the Family Promise support program.

The Sierra Madre Interact Club is a Rotary-sponsored community service club for young people ages 13-18. The club meets on Monday evenings at 7:15PM, across the hall from the choir room in the United Methodist Church at the corner of Sierra Madre Blvd and Michillinda Ave.



TURF REMOVAL REBATE PROGRAM

There is still funding for the Turf Removal Rebate Program! Property owners may be eligible to receive a rebate of \$1.00 per square foot of turf that is removed. The maximum rebate is \$1,000 per property owner.

Applications are available at City Hall, and applications will be processed on a "first come, first served basis." There is a total of \$48,000 in grant funds available. To be eligible, rebates are only available for turf removed from private property yard areas visible from the street. Rebates do not apply to parkways or back yards. The rebates are not retroactive, meaning that the program does not apply to properties where turf has already been removed. There are additional regulations, which are available in full at City Hall and on the City's website.

Applications are available on the City's website at www.cityofsierramadre.com, but applications must be submitted in person to City Hall. Emailed or faxed applications will not be accepted.

For additional information, please visit City Hall on Monday to Thursday from 7:30 am to 5:30 pm, or call (626) 355-7135.

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Sierra Madre, CA 91024,

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We have dynamic speakers each week.

For more info go to Facebook or Meetup

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THE LONG GOODBYE

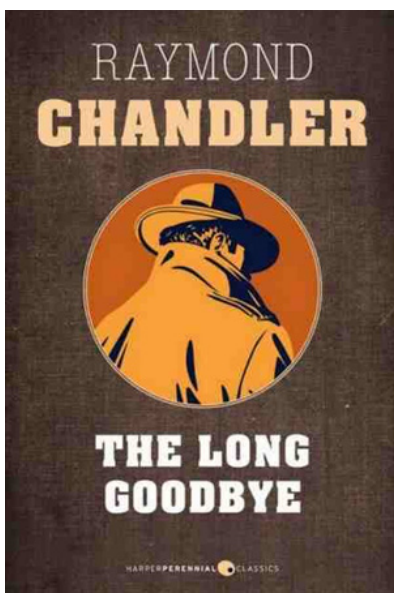
Sierra Madre, CA. – – Get your copy of the classic detective novel, *The Long Goodbye* by Raymond Chandler, Sierra Madre Public Library's 2015 One Book, One City pick. Then join in a month of exciting events celebrating Chandler and the LA Noir genre starting Saturday, January 31, 2015. All events will take place in the Sierra Madre Library.

Week one includes:

- Sybil Anne Davis, a long-time Sierra Madre resident who will kick off the month of events on Saturday, January 31, 2015 at 1:00PM with a talk entitled "Just call me Ray: personal reflections on my life with Raymond Chandler". Ms. Davis's mother was Chandler's personal assistant while they lived in La Jolla in the 1950's and Sybil spent many of her formative years in Chandler's company. She has been the steward and curator of interesting Chandler memorabilia including books, scripts, and personal artifacts. An author, Davis is currently preparing a memoir of her years with Chandler and has many fascinating anecdotes to share.

- Following Davis's talk, the library's teen history docents will take you on a virtual tour of the Red Line on our digital storyboard. Their presentation will include descriptions of transportation in Sierra Madre and the Los Angeles area during the times when Chandler's novels took place.

- If you fancy yourself a sleuth in the Philip Marlow tradition or a writer in the style of Raymond Chandler, then you'll want to visit the library for information on how to enter two contests beginning January 31. A scavenger hunt during the month of February will have you tracking clues throughout Sierra Madre to qualify



for some fun prizes. To celebrate the wonderful first-person narrative style of Raymond Chandler a "Write Like Chandler" contest is being held through February 13, with the winner receiving a dinner for two at a local restaurant and the finalist entries published in "The Mountain Views News."

More fun scheduled throughout the month

- On Thursday, February 5, 2015 at 7:00 PM join a lively panel discussion on Chandler, LA Noir, and Los Angeles in the 1940s. Led by historian Tom Tomlinson, panelists will include mystery writers and editors from southern California.

- Two weeks later, on February 19 at 11:00 am, the Library's Third Thursday Book Group will be discussing *The Long Goodbye* and all are invited to attend.

- And what would a celebration of the hard-living Marlowe be without a Scotch tasting? Sponsored by Bill Sullivan and the Bottle Shop, the event will be on Friday, February 13, 2015 at 7:00 pm. in the Library. Tickets are \$15 and will be available at the Library or the Bottle Shop for those 21 and over.

- Bloody Oranges! a murder mystery readers' theater farce by Phoebe Conn, will include guests at the event. Join the crowd on Saturday, February 28, 2015 at 7:00 pm. The event is free, but reservations must be made by February 24, 2015 to guarantee a spot at the affair.

Read, Discover, Connect @ Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre 91024, 626 355-7186, www.cityofsierramadre/departments/library

THE FRIENDS OF THE SIERRA MADRE LIBRARY

The Friends of the Sierra Madre Library announce that their next Best Used Book Sale will take place Friday, February 6th (3-7 p.m.) and Saturday, February 7th (10 a.m.-2 p.m.). This sale will feature VINTAGE and COLLECTIBLE books. Available will be editions of classic literature titles, early editions of children's books, including Nancy Drew and Bobbsey Twin books from the 1930's and 1940's. Several collectible sets are also featured, including The New Nature Library from the early 1900's with wonderful vintage illustrations. There also will be a shelf of collectible books signed by authors, including David McCullough.

Large-scale "coffee-table" books will be shown on the table in the basement. They include wonderful volumes on history, cooking, culture, and art. Contemporary fiction and non-fiction, many best-

sellers, will also be available on the table.

The parking lot will feature a large, new donation of paperback thrillers which will sell for 25 cents each or 5 for \$1.00. Children's books will sell for 25 cents - \$1.00 and of course, we will have our Bargain Books (fiction and non-fiction) for \$1.00 each.

The sale will be held at the rear of the library located at 440 West Sierra Madre Blvd. Come early to stock up and save. Mark your calendars for The Best Used Book Sale on Friday, August 1st, from 3-7p.m., and Saturday, August 2nd, from 10:00 a.m. to 2 p.m. sponsored by the Friends of the Sierra Madre Library. All proceeds benefit the programs and resources of the Sierra Madre Library. For more information on the Friends' group please contact the Library at 626-355-7186 or on the Friends' website at sierramadrelibraryfriends.org

Walking Sierra Madre...The Social Side

by Deanne Davis

"Success...What's Your Definition?"

"Success," according to Michelle Griep, a fellow author whose blog, *Writer Off The Leash*, is one of my daily habits, "is harder to pin down than simply slapping a dollar sign in front of a number and then running headlong toward that amount. There are other things to take into consideration when defining if you're successful at any given task, things such as:

Contentment
Joy
Contribution to Society
Knowing you're doing what God wants you to do
Putting a smile on someone's face"

The Christmas decorations are finally actually packed away, not just tossed in the basement. The lights are down and we miss them. The Christmas wreaths are off the front gates and the front door is again sporting its usual Spring look. The rain has been such a wonderful thing. Everybody who threw rye grass on their pathetic, sunburnt lawn, hoping it might make it look a little better, is glorying in bright green grass, watered by God, and not our sprinklers. The two rose trees I put in, thanks to my horticultural walking buddy, John, who gave them to me for Christmas, are putting out tiny little hard red buds and daffodils are poking their spears out all over the place. My daughter-in-law, Michon, who lives in Huntington Beach, put a picture up of her former home, Billings, Montana, featuring icicles 5 feet long on one of the main streets there. She also mentioned 40 inches of snow. She did not say she was missing it. No daffodils there, shorts-wearing friends and neighbors!

Have you noticed how many succulent gardens are showing up all over town? I have a bunch of containers filled with them and even part of our front yard. These things are so cool, I just break pieces off of one that's already doing well, stick them in somewhere else and, voila! they grow. I actually started with a couple of tiny pots from Home Depot and now they're everywhere. I'd really like one of those Golden Barrel Cactuses like they've got at the

Huntington Library Desert Garden but I'm a little concerned that somebody might fall into it, most likely me.

I'm sure you've read one of those adorable books that well-meaning people write for children about crickets and other unpleasant varmints? Tailored, of course, for the well-meaning people who buy them for children because they are so adorable...the varmints, that is...well, the children, too. The Very Quiet Cricket, Oscar and the Cricket, and, of course, that all time favorite: Cricket on the Hearth. Obviously, these authors, sterling folk though they may be, have never actually HAD a Cricket on their Hearth, in the bedroom or in their kitchen. Did you know that you can actually buy Cricket Cages on Amazon.com? I suspect these cricket cages were created for a darker purpose, such as keeping crickets alive so one can feed them to a larger, quieter and more sinister pet.

My husband and I have had, on more than one occasion, a cricket in our bedroom and the little creep could drown out a helicopter. Here's some extraneous information you can consider while wishing you didn't have a cricket anywhere near you: Did you know that they make their chirping sounds by rubbing their wings together, and that only male crickets can chirp? Fascinating, huh. Especially at 2:00 a.m. when you wonder what God was thinking on this cricket thing. Trying to find a chirping cricket is an exercise in futility.

Bears occasionally wander through our town, as do deer, coyotes, raccoons, skunks and we even had a fox living under our garage for a while. He (or she) would venture out each evening around cocktail time to see what was going on in the neighborhood. The day a very large bear walked down our driveway, stepped over a four foot gate like it was a stepping stone and proceeded through our yard was memorable and a little terrifying. But I'll take the bear in our pool yard over a cricket in my bedroom any day of the week. Here's to a cricket free week!

Happy New Year, dear Walking Sierra Madre friends. Hope to see you out and about in 2015. Check out my book page on Amazon.com: DeanneDavis@Amazon.com



CONTRIBUTE A DESIGN FOR THE 2016 SIERRA MADRE ROSE FLOAT

Submissions are due by February 6th, 2015.

Mike Matthiessen, President of the 2016 Tournament of Roses, announced the Official Theme for the Rose Parade on January 15th. The parade theme is:

"Find Your Adventure"

"This theme has grown out of a unique relationship between the Pasadena Tournament of Roses and the U.S. National Park Service. The 2016 Rose Parade will help shine light on the centennial celebration of our nation's national parks. As proponents of the American spirit, we encourage people to find beauty in the landscape that builds the backdrop of their lives. From coast-to-coast, we will add stories of adventure to our collection while protecting our unique heritage and looking to the future. The 2016 Rose Parade has grown out of a unique

partnership between the United States National Park Service and the Pasadena Tournament of Roses Association.

Both organizations aim to:

- Celebrate history
- Create awareness
- Encourage individuals to get engaged

Whether visting or learning, everyone's definition of "Adventure" can be different:

- Educational
- Environmental
- Wellness & Recreation
- History
- Community

So put on your thinking caps and put your thoughts to paper!!

Go to SMRoseFloat.org and download the forms.

Sierra Madre Police Blotter

During the week of Sunday, January 4th, to Sunday, January 11th, the Sierra Madre Police Department responded to approximately 358 calls for service.

Monday, January 5th

At 3:43 pm, Sierra Madre Police responded to the 400 Block of Santa Anita Court regarding a residential burglary. Upon arrival Officers were informed by the victim that, she entered the residence through the locked front door with the young boy she baby sat at the residence. Shortly after being within the home, the victim noticed the rear exterior door was open and the window to the door had been smashed with glass scattered all over the kitchen floor. The victim notified authorities, and Officers cleared the residence of any suspects being inside. As Officers investigated the home, they discovered the master bedroom had been ransacked. Upon notifying the home owners, they informed Officers that the home was last locked and secured earlier that day around 11 am. Several items including a guitar, jewelry, and watches were stolen from the property. Officers were able to determine the residence was broken into using a rock to break the glass, and a sharp object to cut the screen open. This case has been forwarded to the Detectives Bureau.

At 4:58 pm, Sierra Madre Police responded to the area of Lima St. and Highland Ave. regarding fraudulent soliciting in the area. Upon locating the suspect, he informed Officers that he was soliciting magazine sales. When asked by Officers where the proceeds went from the sales, he informed Officers that they went directly to him. When questioned if the suspect had a solicitors permit from the City, he informed Officers he did not have one. The suspect provided receipts of each sale, which amounted to over \$350. Due to the suspect not having a business license from the City, the money and receipts were collected by

Officers and were later distributed back to the rightful owners. The suspect was informed of the solicitor law within the City and sent on his way.

Tuesday, January 6th

At 10:46 pm, Sierra Madre Police responded to the 2000 Block of N Santa Anita Ave. regarding a theft report. Upon arrival, Officers were informed by the victim that she recently had been expecting a package to arrive. When she noticed a delay in the delivery, she notified the delivery company that she had still not received her package. The company informed her that on December 11th, her package had been delivered to her front door. The value of the package was placed at \$80. This case has been forwarded to the Detectives Bureau.

At 4:53 pm, Sierra Madre Police responded to the 400 Block of E Grandview Ave regarding a burglary investigation. Upon arrival, the victim informed Officers that earlier that morning she left her residence locked and secured. Upon returning later in the day, she entered her residence and soon realized the rear kitchen door was wide open. She exited her home and notified Police. After clearing the residence of any suspects possibly still inside, Officers noticed the master bedroom, and the family room had been ransacked. Various purses, jewelry items, video games and a game system were reported missing. Officers determined the suspect used a prying tool to attempt to open the door, but eventually used blunt force to open the door. Officers canvased the area for any possible witnesses, and were informed by the nearby resident of description of the suspect and vehicle. They described a male Hispanic aged teen to late 20s, 230 lbs, clean shaven with short dark hair. The second suspect, which was not seen easily, was driving the vehicle which was described as a brown or reddish brown 4 door sedan. This case has been forwarded to the Detectives Bureau.

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Pasadena Altadena

News From Your Community For Your Community

Martin Luther King, Jr. Day Closures, Reminders

Pasadena residents and businesses are reminded that City Hall and many City services will be closed Monday, Jan. 19, 2015, in observance of Martin Luther King, Jr. Day. Specific closures, reminders and exceptions are noted below.

The Pasadena Fire and Police departments will continue to be staffed during the holiday for all patrol, jail, fire, paramedic and other emergency services. For any life-threatening emergencies, please remember to call 9-1-1.

Pasadena residents and businesses with any power emergencies should call the Pasadena Water and Power (PWP) Department at (626) 744-4673 and for water-related emergencies call (626) 744-4138. PWP's regular Customer Service Call Center will be closed for the holiday, but customers can access their accounts and pay their bills online at www.PWPweb.com or by phone at (626) 744-4005. The City's Municipal Services Payment Center at City Hall will be closed.

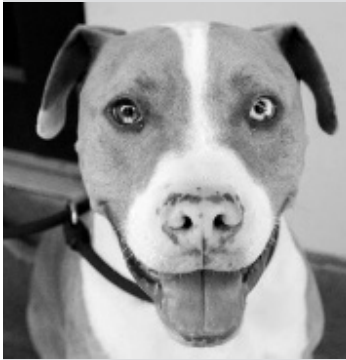
Refuse and recycling collection will be delayed by one day during the week of Jan. 19-24. The bulky item pickup program is currently on hiatus and will resume Feb. 2.

On Monday, Jan. 19, the City's Area Rapid Transit System (ARTS) buses and Dial-A-Ride programs will be in full operation with no changes to regular service. All on-street parking meters will be free Jan. 19, and time limits will not be enforced. Parking meter enforcement will resume Tuesday, Jan. 20. City-owned parking lots and garages will be open Jan. 19, and regular parking rates will be enforced. Violations for red curb parking and blocking fire hydrants will continue to be enforced.

The Pasadena Public Library will be closed Sunday, Jan. 18, and Monday, Jan. 19, with regular schedules resuming Tuesday, Jan. 20.

All community centers operated by the City's Human Services and Recreation Department will be closed. All parks will be open for picnics, fun and play, but no site reservations are accepted for the holidays.

Pet of the Week



Spike is a calm 4-year-old male brown and white Pit Bull Terrier Mix who enjoys attention and going for walks. He is already neutered which means that he can go home with you today. Spike does require a special diet.

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet. New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday - Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



MAYOR GIVES HOPE IN FAREWELL ADDRESS

By Dean Lee

Pasadena Mayor Bill Bogaard reflected back Thursday night on his nearly 16 years of service as the city's first directly elected mayor but not before discussing the discovery of long term embezzlement of city funds by a former employee something he said "was on everyone's mind," during his last State of the City.

"I and all the councilmembers feel extreme regret that this breach of trust has occurred, as does the city manager," Bogaard said. "This is a matter of greatest urgency for all of us, and we intend to pursue our responsibilities in the weeks and months ahead aggressively... to assure that nothing like this ever happens again."

Bogaard made the comments to a full house at the Pasadena Playhouse.

Although he said it is not believed that any other employees were criminally involved, except Danny Ray Wooten and two others that allegedly mastermind the scheme, the city has hired an independent investigator to facilitate a wide-ranging personnel review. That is expected to take 60 days he said.

Bogaard added that he has created an ad hoc committee of the council to review activities related to the embezzled funds which could be as much as \$6.4 million over an 11 year period. He also called for a community task force consisting of 5 to 7 persons to look over the audit procedures.

He said the city attorney has also been directed to use civil litigation to recover the stolen money.

During his speech, Bogaard gave an update on the extension of the Gold Line from Pasadena to Azusa saying that operational



(Top) the city council and Claire Bogaard. (Above) Mayor Bill Bogaard. Photos, D.Lee/ MVNews.

testing would start in September and the line would open in spring of 2016. He also spoke about events at the Rose Bowl.

"In the years ahead, the number of events will be less than in 2014," he said. "Rose Bowl staff will continue to work with our neighbors to mitigate the impact of these events on our lives."

He gave many thanks throughout the night including, to the public safety services, Collaborate Pasadena, Pasadena Media, Innovate Pasadena, his staff, the Playhouse and his wife Claire among others.

Bogaard said the night caps his many years as mayor.

"In 1999, I promised to be a catalyst for positive change, to bring our community together and build a greater city," He said. "I urged all of us to go for it in a key for improvement, and we did just that."

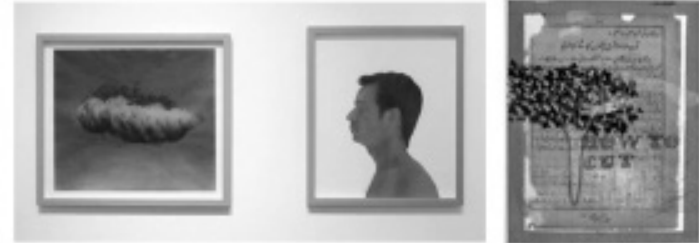
Vice-Mayor Jacque Robinson served as emcee for this year's event themed "Rediscover Pasadena." Theatre 360 gave performances of some over their recent musicals.

The event ended with the entire city council (pictured above), along with Bogaard's wife Claire Bogaard, thanking and bidding him farewell.

Earlier this year, Bogaard announced he would not seek reelection of another term.

"Next year you will have a new mayor standing before you to share thoughts and words of encouragement," he said.

Museum gets Works by Modern Pakistani Artists



USC Pacific Asia Museum announced Thursday the acquisitions of three works by contemporary Pakistani artists Ali Kazim, Imran Qureshi and Muhammad Zeeshan. The new acquisitions add historic continuity and depth to the museum's notable collection of contemporary Asian art and mark the museum's first purchases for its permanent collection under the leadership of the University of Southern California and newly appointed Director Christina Yu Yu.

"We are delighted to add three important Pakistani miniature paintings to our permanent collection of more than 15,000 objects. These works by young and acclaimed Pakistani artists bring a contemporary perspective to earlier Indian miniature paintings already in our holdings," said USC Pacific Asia Museum Director Christina Yu Yu.

All three artists were included in the museum's 2010 exhibition Beyond the Page: The Miniature As Attitude in Contemporary

Art from Pakistan. Traditional miniature painting traces its lineage to Mughal India, Iran and Turkey and continues to be practiced today. Following pioneering artists like Zahir ul Akhlaq in the 1970s, it has evolved into a new genre in Pakistan led by a group of artists who were trained in the miniature painting department at the National College of Arts, Lahore and brought international attention to this new style of painting. Addressing the criticism of the old tradition of copying reproductions of historical works, new works by artists such as Kazim, Qureshi and Zeeshan express individuality and creativity and provide an interesting and valuable point of connection between the tradition of Indian miniature painting and contemporary practices.

All three newly acquired works are now on view in the museum's permanent collection gallery until June 30.

LA Cookie Con and Sweets Show

The LA Cookie Con and Sweets Show, held Jan. 25, will bring a baking, pastry and sweets extravaganza, with hundreds of exhibitors showcasing the best in baking products and tools. Local and national vendors will offer samples of various pastries, sweets and snacks, and there will be charity baking and cookie eating contests, celebrity chef/author appearances, pastry decorating classes and more. Meet Ron Ben-Israel, star of Food Network's "Sweet Genius" and one of the most famous cake designers in the world, along with stars of "Masterchef," "Masterchef Junior," "Next Food Network Star," TLC's "Cake Boss: Next Great Baker" and more. Indulge in hundreds of free samples from the best in sweets, savories and snacks. Visit the Kids Zone with activities such as free face painting by LA Parent and organic edible nail polish by Kidlicks. Take classes in fondant rolling, pastry decorating, gluten-free baking and more.

The event runs from 10 a.m.-5 p.m., General Admission \$21, VIP Admission \$50. The Pasadena Convention Center, 300 E. Green St. for more information: lacoookiecon.com.

Antiquarian Book, Print, Photo and Paper Fair

Many quality exhibitors will participate in the 15th annual Pasadena Antiquarian Book, Print, Photo and Paper Fair. Exhibitors will display and offer for sale a wide variety of Antiquarian rare and modern 1st edition books, prints, posters, vintage photographs, autographs, fine graphics, maps, manuscripts and many unique pieces of ephemera. The seasoned enthusiast, beginning collector or someone just browsing should not miss this extraordinary opportunity to experience so many fine collections all in one location.

The event is set for Saturday Jan 31, 10 a.m.-6 p.m., Sunday, Feb. 1, 11 a.m.-4 p.m. Admission \$8, seniors 62+ \$5, children 12 and younger free. The Pasadena Convention Center, 300 E. Green St.

Tournament of Roses Elects 2016 President

'Find Your Adventure' Revealed as Rose Parade Theme

The Pasadena Tournament of Roses Board of Directors confirmed Mike Matthiessen as president for the 2015-2016 Tournament year in a ceremony Thursday night. Matthiessen will provide leadership for the 127th Rose Parade presented by Honda and the 102nd Rose Bowl Game presented by Northwestern Mutual on Friday, January 1.

Matthiessen announced "Find Your Adventure" as the theme for the 127th Rose Parade. "This theme has grown out of a unique relationship between the Pasadena Tournament of Roses and the U.S. National Park Service. The 2016 Rose Parade will help shine light on the centennial celebration of our nation's national parks," shared Matthiessen. "As proponents of the American spirit, we encourage people to find beauty in the landscape that builds the backdrop of their lives. From coast-to-coast, we will add stories of adventure to our collection while protecting our unique heritage and looking to the future."

Matthiessen has been a

College Ranks Number One in the State for ADTs

More students at Pasadena City College graduated last year with an Associate Degree for Transfer than at any other community college in the state, according to data compiled by the California Community Colleges Chancellor's Office. For the 2013-2014 academic year, the college awarded 435 ADTs – a number that places PCC atop the 113-member California Community Colleges system in conferring ADTs.

"I am extremely grateful and proud of our faculty, staff, and managers for the manner in which they responded to this challenge," said Dr. Robert Miller, PCC interim superintendent-president. "I am particularly proud of our students for their great accomplishment. They are extraordinary in many, many ways."

Dubbed "A Degree With A Guarantee," an ADT is comprised of Associate in Arts and Associate in Science for Transfer degrees. Both were formed in 2011 after the passage of Senate Bill 1440, the Student Transfer Achievement Reform Act that gives students with an ADT priority admission with junior standing to any



Mike Matthiessen

volunteer member of the Tournament of Roses since 1979 and was appointed a Tournament Chairman in 2000 and a Tournament Director in 2003. Throughout his extensive Tournament career, Matthiessen has served on and chaired several Tournament of Roses committees including Communications & Credentials, Coronation/VIP Tailgate, Decorating Places and Parade Operations. He was elected to the Executive Committee in 2008.

Prior to joining the Tournament, he participated as a float observer in the 1967 Rose Parade and a float driver in the 1969 Parade. Matthiessen was born in Pasadena and attended Pasadena City College and San Diego State University.

California State University campus.

The ranking serves as a milestone for PCC's implementation of SB1440, a vast undertaking initiated three years ago. The process involved multiple areas within the campus, namely the Academic Senate, Counseling, faculty, the College Council, Admissions and Records, and the Board of Trustees.

"PCC's success in the area of degree completion and transfer is the result of campus-wide collaboration and hard work," said Dr. Kathleen Scott, PCC associate vice president of Academic Affairs. "Our faculty, staff, and managers are committed to our students' success and are gratified to see the results."

After the passage of SB1440, the Chancellor's Office set a statewide goal for each campus in ADT target-certified offerings by Fall 2014. PCC's group effort resulted in the creation of 17 active ADT disciplines, which meets the Chancellor's target goal by 100 percent.

Roughly 50,000 community college students transfer annually to the CSU system.

Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/ Equipment

Class offerings days and nights weekly
Station Schedule

Closed - Martin Luther King Day

Monday January 19, All Day

Basic Editing - Session 1

Wednesday January 21, at 10:00 a.m. - 11:00 a.m.

Citizen Journalism Training

Wednesday January 21, at 7:00 p.m. - 8:00 p.m.

Basic Editing - Session 2

Thursday January 22, at 10:00 a.m. - 11:00 a.m.

OPEN MIC - THURSDAY NIGHT LIVE!

Thursday January 22, at 8:00 p.m. - 10:00 p.m.



PASADENA MEDIA

training is also offered to volunteer crew members. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to PASADENAMEDIA.ORG and explore what Pasadena Media has to offer.

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, JANUARY 17, 2015

AROUND SAN GABRIEL VALLEY

NEW LAWS FOR 2015

At the start of every year, hundreds of new laws go into effect. To keep you updated, I have compiled a list of some key laws. My 2014 bills that became effective on January 1, 2015 include:

- SB 173 to streamline and update the Adult Education accountability and funding system.

- SB 827 to extend for five years a consumer protection program in Los Angeles County to prevent property sale fraud and warn renters of pending foreclosures.

- SB 1023 to provide student support services for foster youth in the Community College system.

- SB 1093 to improve services that Regional Centers provide to the disabled community.

Other new laws that you may find of interest include:

- AB 60 allows undocumented immigrants who meet DMV guidelines to receive driver's licenses.

- SB 967, "Yes means Yes," to prevent sexual assault on students in California higher education



institutions.

- SB 850 allows 15 Community Colleges to offer four-year Bachelor's Degrees in certain subjects.

- SB 1168, SB 1319, and AB 1739 update and modernize groundwater management to bring California in line with other Western states' management practices.

- SB 505 allows law enforcement to conduct gun ownership welfare checks when people with mental health issues create a danger to others.

- AB 1147 updates and modernizes local government oversight of massage parlors.

- AB 1522 provides up to three days of paid sick leave for workers.

- SB 270, which bans single-use plastic bags at drug and grocery stores, will go into effect on July 1, 2015.

To view the specifics of these bills, please visit: <http://www.leginfo.ca.gov/>

REP. ADAM SCHIFF – HIGH SPEED RAIL SHOULD NOT RUN THROUGH ANGELES NATIONAL FOREST

In Letter with Rep. Chu, Schiff Urges High Speed Rail Authority to Scrap Plans to Study Route Running Through Forest

Washington, DC – Today, Rep. Adam Schiff (D-Burbank) expressed opposition to the California High-Speed Rail (HSR) Authority's plan to study running the high-speed rail through the Angeles National Forest. The original route from Palmdale to Burbank proposed by the Authority bypassed the Angeles National Forest altogether and ran alongside California State Route 14. This is strongly preferable to the new proposal to tunnel through the forest, which wasn't even under consideration prior to this summer.

Schiff has worked for years to preserve and protect the Angeles National Forest and surrounding Rim of the Valley. He authored legislation signed by President George W. Bush to study the formation of a new or expanded recreation area in the region. Within the next few weeks, the National Park Service is expected to release its draft report on which areas should be given the enhanced resources and protection that would result from their inclusion in such a recreation area and Schiff will be introducing legislation in the upcoming session of Congress to make such an expanded park a reality. In addition, President Obama recently designated the San Gabriel Mountains a national monument and has directed the Forest Service to devise a management plan to govern the new monument. Building a high-speed rail through the Angeles Forest would run contrary to both of these important initiatives.

"California needs high-speed rail – but it needs to be done in the right way, with proper thought given to how a particular route will affect communities and the environment. I believe the HSR Authority should focus its attention on the original route instead of studying any proposal to go through the Angeles National Forest. Such a proposal to go through the forest will only further delay construction of the high-speed rail throughout California due to the potentially negative impacts it would have on the Forest and surrounding Foothills."

Schiff also joined with Rep. Judy Chu (D-El Monte) to send a letter this month to Dan Richard, the Chair of the California High-Speed Rail Authority, urging him to scrap the new "East Corridor" route from consideration altogether. In the letter, Schiff and Chu write: "Planning massive construction of a rail corridor through the forest while the Rim of the Valley and San Gabriel Mountains are under active consideration as a recreation area, and before the Forest Service can devise a management plan for the existing monument makes little sense. Either planning for the rail line would have to be put on hold for years, or any plan that would go through the forest would have to be subject to radical revision later. Either way, the costs to the project in dollars, delay, and opposition would be high. We do not believe the East Corridor is a viable alternative to connecting the high-speed rail between Palmdale and Burbank. Any benefits gained by going through the forest do not outweigh the far greater costs to the project and the damage that might be done to our

environment. We therefore ask the Authority to abandon any study to build the high-speed rail through the Angeles National Forest."

The full letter can be found below:

Mr. Dan Richard

Chair

California High-Speed Rail Authority

770 L Street, Suite 800

Sacramento, CA 95814

Dear Mr. Richard:

We are writing to express our strong concern over the recent proposal to route the High-Speed Rail through the Angeles National Forest and San Gabriel Mountains National Monument. As Members of Congress who have worked for more than a decade to preserve the beauty of the mountains, forest, and wildlife, we share the concerns expressed by our constituents that this new proposed route would be damaging to an environment we are working so hard to preserve. We urge the California High-Speed Rail Authority to reject consideration of tunneling through the Angeles National Forest.

Since our election to Congress, we have worked hard to preserve the Angeles National Forest, the Rim of the Valley Corridor, and the San Gabriel Mountains. In the upcoming session of Congress, we will each be introducing legislation that would preserve the Rim of the Valley and San Gabriel Mountains as part of a new or expanded national recreation area. In addition, President Obama recently designated the San Gabriel Mountains as part of a national monument. This means that the U.S. Forest Service will now have three years to devise a management plan to govern this new monument.

Planning massive construction of a rail corridor through the forest while the Rim of the Valley and San Gabriel Mountains are under active consideration as a recreation area, and before the Forest Service can devise a management plan for the existing monument makes little sense. Either planning for the rail line would have to be put on hold for years, or any plan that would go through the forest would have to be subject to radical revision later. Either way, the costs to the project in dollars, delay, and opposition would be high.

We do not believe the East Corridor is a viable alternative to connecting the high-speed rail between Palmdale and Burbank. Any benefits gained by going through the forest do not outweigh the far greater costs to the project and the damage that might be done to our environment. We therefore ask the Authority to abandon any study to build the high-speed rail through the Angeles National Forest.

Thank you for your time and attention to this matter. We appreciate your consideration of our thoughts and look forward to working you on this issue moving forward.

REPS. NAPOLITANO, GARAMENDI, CAPPS, HUFFMAN REINTRODUCE "W21: WATER IN THE 21ST CENTURY" LEGISLATION

(Washington, DC) Today, Reps. Grace F. Napolitano (CA-32), John Garamendi (CA-03), Lois Capps (CA-24), and Jared Huffman (CA-02) joined 22 of their Democratic colleagues to reintroduce H.R. 291, "W21: Water in the 21st Century," to help communities nationwide better prepare for the future by providing new incentives and investments to help local water agencies, residents, and businesses to conserve, recycle and manage limited water supplies. U.S. Senator Barbara Boxer (D-CA) today also reintroduced the Senate companion to this bill.

"2014 was California's driest year on record, illustrating more than ever how preparing for future drought cycles is vital to our nation's well-being," Napolitano said. "Our comprehensive legislation addresses this urgent need through cost-effective solutions—increased water use efficiency, water conservation, desalination, and water recycling—which Southern California has successfully been doing for decades. Of the many critical challenges we face in the 114th Congress, developing a reliable

water supply for the 21st Century must be among our top priorities. I am proud to coauthor this bill in the House and will continue to work with all of my colleagues to help create a sustainable water future for generations to come."

"I am proud to cosponsor the Water in the 21st Century Act, a bill that helps guide our nation toward a more sustainable water future. California's historic drought has demonstrated the need for expanded science-driven water conservation, recycling, and storage initiatives found in this bill and in the overwhelmingly passed Proposition 1. Both provide solutions that work for all 58 counties in California. By investing in smart water policies, the Water in the 21st Century Act would help create millions of acre feet of new water, ensure a reliable water supply, and create good jobs," Garamendi said.

"While the rain this weekend was welcome news in California, this drought remains the worst on record and the most urgent problem our state faces," Capps said. "There are no easy solutions. But the Water in the 21st Century

THEY'RE BACK! LET THE FUN BEGIN!



Dick Van Patton

By Joan Schmidt

The GREAT RACE PLACE a.k.a. Santa Anita Park has opened for its 78th Winter Meet on December 26th, the day after Christmas. From what I hear, it was a spectacular opening day, but we did Christmas with the Grandkids, so we were not there.

However we did attend on Friday, January 2 and were not disappointed. In Race 1, Fernando Perez won on Maria Hooch. Fernando hails from Guadalajara, Mexico where my daughter-in-law is from, and her maiden name is Perez, so of course I'd root for him! One of his other mounts is "Henny, the Love Penny," and "Henny" is on granddaughter's nickname!

Peruvian Rafael Bejarano won two races that day, which is pretty mind-boggling. He's one of the best jockeys these days, but had a terrible fall several months ago with severe injuries, but he has bounced back.

Veteran Mike Smith also had a win that day and it amazes me how he and Gary Stevens continue to ride and win. Gary played "George Wolfe" in the Seabiscuit movie; he certainly is a man of many talents.

Two surprises occurred that day at the race track. First I met Dick Van Patton of Eight is Enough. I was quite excited and asked to take a photo of him. However his son took my camera and suggested I have my picture taken with Dick. Everyone at the race track loves Dick-he goes all the time and is so friendly.

I also ran into a former student-Lizette Cespedes. She was my sixth grade student 27 years ago! I met her husband and two beautiful sons. They come to Santa Anita quite often-as do many families- and sit on the infield. On weekends, there are great family events. For instance, next Saturday, January 24th has the Family Fun Zone on the infield, and features inflatable jumpers, face paintings, carnival games, pony rides and more!

You may ask, what about adults? First of all, Thursdays have free general admission for our Vets, Active Duty Military and Seniors! Dollar Days are when holidays occur on Mondays such as January 19 and February 16. Beers, sodas and hot dogs are \$1 each. Saturday 24th also has lined up two great events for adults. There is the Sunshine Millions Wine Festival on the Apron with a bevy of wine and food offerings and a DJ with music, between races, from noon-5pm. Or you can go up to the beautifully remodeled Chandelier Room for the Great Chef series, also from noon- 5pm. For a DIFFERENT Super Bowl Extravaganza, come to The BIG GAME Event at the Bud Light Lounge on February 1 complete with several 60 inch screens, the Bud Light Girls and racing in between. (Visit www.santaanita.com)

There are so many great horses to watch. A favorite



Leading in Wins, Jockey Rafael Bejarano & friends

is Colonel Joan. When we went to Del Mar a few years ago, Joe Talamo won on her. Recently Kieren Fallon, a six time UK Premiership Winner, rode at Del Mar for the first time and although a long shot, she won. January 24, the great Gary Stevens will mount her!

That day jockey Tyler Base will mount Tough Sunday. Everyone MUST root for him. What a story. Deprived of oxygen at birth, his owner would not give up on him. (Please go to Pasadena Star News, January 11 for full story.)

Lastly, I must speak of the weekend tram tours of the facility and Clocker's Corner, which opens early, and serves breakfast. You sit at outdoor tables and watch the workouts. Your view is the beautiful San Gabriel Mountains. In between workouts, jockeys of all ages and experience come by. Come on over-you won't be disappointed!

and Huffman, original cosponsors include Reps. Judy Chu (CA-27), John Conyers (MI-13), Lloyd Doggett (TX-35), Anna Eshoo (CA-18), Raul Grijalva (AZ-03), Janice Hahn (CA-44), Alcee Hastings (FL-20), Ruben Hinojosa (TX-15), Mike Honda (CA-17), Eddie Bernice Johnson (TX-30), Ann Kirkpatrick (AZ-01), Barbara Lee (CA-13), Alan Lowenthal (CA-47), Ben Ray Lujan (NM-03), Eleanor Holmes Norton (DC), Scott Peters (CA-52), Lucille Roybal-Allard (CA-40), Raul Ruiz (CA-36), Brad Sherman (CA-30), Louise Slaughter (NY-25), Norma Torres (CA-35), and Juan Vargas (CA-51).

H.R. 291 is supported by the Metropolitan Water District of Southern California, the Western Recycled Water Coalition, WaterNow, the Clean Water Construction Coalition, the Northern California Water Association, the North Bay Water Reuse Authority and the WaterReuse Association. For a full summary of the legislation, click <http://1.usa.gov/1IsKbae>

**We wish everyone
a happy
& prosperous
New Year!**

2591 Fair Oaks Avenue Altadena, CA 91001

626-797-1135 FAX 626-797-5889

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CITY OF ARCADIA SENIOR SERVICES NOMINATIONS FOR 2015 SENIOR CITIZEN OF THE YEAR

Nomination forms are available at the Arcadia Community Center and the Recreation Department office for the 2015 Senior Citizen of the Year! Do you know someone who is:

55+ years of age
Arcadia resident
Actively involved in volunteer work
Have made significant contributions to improve the community

If so, please stop by one of these locations or log onto the city website at [HYPERLINK "http://www.ci.arcadia.ca.us"](http://www.ci.arcadia.ca.us) www.ci.arcadia.ca.us and download the nomination criteria and nomination form. Recipient of the award will be honored at the Arcadia Rotary Club Salute to Seniors luncheon on Tuesday, May 12, at the Arcadia Community Center. Nomination forms must be submitted to Dan

Belling, Recreation Supervisor, by Friday, February 27 by 4:30pm. For more information, please call 626.574.5130.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

METHODIST HOSPITAL JANUARY SENIOR LECTURE: "COLORECTAL CANCER IS PREVENTABLE"

ARCADIA – Methodist Hospital Senior Services, in conjunction with the Arcadia Community Center, offers free seminars each month. The next informational lecture for seniors 50 and over will be Tuesday, January 27. The topic will be "Colorectal Cancer is Preventable."

Colorectal cancer is a very preventable disease. Many people do not know that they are at risk of developing this type of cancer. Dr. AnaMaria Garza will provide information about colorectal cancer screening, prevention and treatment that could potentially save your – or your loved one's – life.

The program will be 1:30-2:30 p.m. Tuesday, January 27, at the Arcadia Community Center, 365 Campus Drive.

For more information or to make reservations (which are necessary), call the community center at 626-574-5130.

About Methodist Hospital

Founded in 1903, Methodist Hospital of Southern California is a not-for-profit hospital serving the greater San Gabriel Valley. Licensed for 400 beds, the hospital offers services that include a 24/7 emergency department, outpatient surgery, labor and delivery, neonatal intensive care, neurosurgery, acute physical rehab and complete cardiovascular services. Methodist Hospital is a Los Angeles County-certified stroke center, as well as an approved STEMI receiving center for heart attack patients.

A recognized center of excellence for heart care, knee and hip replacement, cancer care and bariatric surgery, Methodist Hospital is accredited by The Joint Commission with advanced certification in heart failure and stroke and is accredited as a Comprehensive Community Cancer Program by the American College of Surgeons Commission on Cancer. For more information, visit <http://www.methodisthospital.org>.

ARCADIA POLICE BLOTTER

For the period of Sunday, January 4th, through Saturday, January 10th, the Police Department responded to 984 calls for service of which 130 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, January 4:

Just before 12:37 p.m., an officer responded to Sports Chalet at the Westfield Shopping Town, 400 South Baldwin Avenue, regarding a theft in progress. An investigation revealed two suspects were seen stealing items from the store and when they were confronted by loss prevention, one of the suspects pushed the loss prevention agent while the second suspect threatened to spray the loss prevention officer with pepper spray. The loss prevention agent released the suspects, both of whom were arrested after a short pursuit by officers. The 20-year-old Black male and 18-year-old Black male were transported to the Arcadia City Jail for booking.

At approximately 6:29 p.m., officers responded to a residence in the 100 block of El Dorado Street regarding a domestic dispute. Officers determined the 33-year-old Hispanic male punched his 32-year-old girlfriend in the face during a physical altercation. He was arrested and transported to the Arcadia City Jail for booking.

Monday, January 5:

At about 8:03 a.m., an officer conducted a traffic stop on a vehicle in the area of Longden Avenue and Second Avenue for expired registration. Upon contacting the driver, the officer detected a strong odor of marijuana emitting from inside the vehicle. The driver admitted to having a large trash bag full of marijuana in the back seat of his car. The bag contained over 25 pounds of marijuana leaves. The 29-year-old Hispanic male was driving without a license. He was arrested and transported to the Arcadia City Jail for booking. The vehicle was impounded for 30 days. At approximately 10:05 p.m., an officer conducted a

records check on a suspicious vehicle parked in the 99 Ranch Market parking lot, 1300 South Golden West Avenue, and discovered the registration was expired. The officer contacted the driver and during a consensual search of the vehicle, the officer located a credit card issued to someone other than the driver. The officer determined the credit card was stolen and the 29-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking. The vehicle was towed and stored. During the booking process, it became known the subject also had an outstanding misdemeanor warrant. The warrant was added to the list of charges.

Tuesday, January 6:

Around 2:09 a.m., an officer conducted an enforcement stop on a vehicle in the area of Huntington Drive and First Avenue for speeding. The officer detected a strong odor of alcohol emitting from the driver's breath. Through a series of tests, the officer determined the driver was under the influence of an alcoholic beverage and had a blood alcohol content greater than 0.08%. The officer discovered the 32-year-old Hispanic male also had a suspended driver's license. He was arrested and transported to the Arcadia City Jail for booking. His vehicle was impounded for 30 days.

Just after 10:30 a.m., an officer responded to a residence in the 200 block of Altern Street regarding a theft report. The officer determined an unknown suspect(s) entered the victim's backyard and stole two bicycles from an unlocked shed. No witnesses were located and no suspects were seen.

Wednesday, January 7:

Shortly after 6:34 a.m., the West San Gabriel Valley Anti-Crime Task Force and Arcadia officers performed a probation compliance check in the 10500 block of Mildred Street in El Monte. The search revealed one firearm, numerous items of stolen identification and credit cards, along with drug paraphernalia, and marijuana. The 32-year-old White male was arrested

for the listed charges and transported to the Arcadia City Jail for booking. A 57-year-old White female and 60-year-old White male were cited for Possession of Drug Paraphernalia and released in the field.

At about 11:38 a.m., officers responded to a residence in the 300 block of East Rodell Place regarding a burglary report. An investigation revealed unknown suspect(s) entered the home by removing a rear window from the window frame which triggered the alarm to activate. The suspects fled through the front door. No loss was reported and no witnesses were located.

Thursday, January 8:

At approximately 9:06 a.m., an officer responded to the intersection of Third Avenue and El Dorado Street regarding a hit and run non-injury collision. The officer concluded Party-1 collided with Party-2, a parked vehicle, while trying to make a left turn from a driveway onto South Third Avenue. A witness noted the license plate of Party-1 as they fled the scene. Party-1 was located nearby and the 24-year-old Chinese male was arrested and transported to the Arcadia City Jail for booking.

Around 8:20 p.m., an officer responded to a residence in the 000 block of West Forest Avenue regarding several subjects in the backyard of the residence. A witness heard an alarm activate and saw three male subjects run from the backyard to an awaiting vehicle. The witness described all three subjects as having thin builds, wearing dark clothing, and fleeing in a white 4-door vehicle. The investigation is ongoing.

Friday, January 9:

Just after 6:59 a.m., an officer conducted a traffic stop on a vehicle in the area of Santa Clara Street and Second Avenue for blocking a crosswalk. Upon contacting the driver, the officer discovered the passenger was on probation for narcotics. A consensual search revealed a bag of methamphetamine and a pipe. She was arrested and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

DUARTE ACCEPTING APPLICATIONS TO FILL TWO CITY COMMISSION OPENINGS

DUARTE, CA, January 14, 2015 – The City of Duarte will begin accepting applications on January 14th to fill resident positions on both the Public Safety and Economic Development City commissions. The expiration of term for the Public Safety appointment is Dec. 31, 2015, and Dec. 31, 2017, for the Economic Development slot. The Public Safety Commission meets on third Tuesdays at 7:00 pm while the Economic Development Commission meets on the first Wednesday at 7:00 pm. Both Commissions meet monthly in the Duarte Community Center.

Duarte residents interested in serving on one or both of the commissions will have until February 12th to apply to the City Manager's Office at Duarte City Hall, 1600 Huntington Drive by 6 p.m. Application forms will be available both at City Hall or on the City's website: [HYPERLINK "http://www.accessduarte.com"](http://www.accessduarte.com) www.accessduarte.com City Council members will interview applicants beginning at 5 p.m. on February 24th, and appointments will be announced at the City Council meeting later on that evening. The new commissioners will begin their terms of office on March 1, 2015.

For more information about how to apply for a commission post or on the commissions in general, call the Duarte City Manager's office at (626) 357-7931, ext. 221.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit www.accessduarte.com or call (626) 357-7931. Follow the City of Duarte on Twitter @CityofDuarte.

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SERVICES

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 395 service events, resulting in 67 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Traffic Collision / Driving Under the Influence of Drugs – Suspect Arrested
January 12 at 8:24 a.m., an officer on patrol discovered a collision that had just occurred between two vehicles at the intersection of Huntington and California. It was determined that one of the drivers was traveling east on Huntington and failed to stop for a red light. The vehicle struck another vehicle traveling north on California with a green light.

The driver who failed to stop for the red light had a court ordered breathalyzer ignition starting machine in his vehicle from previous DUI convictions. He was determined to be driving under the influence of prescription narcotics that prohibit him from driving. He was arrested for driving under the influence.

Mental Evaluation

January 13 at 12:44 p.m., officers were dispatched to an apartment in the 700 block of South Myrtle regarding a female who was reported to be suicidal. When officers arrived, the female subject refused to open the door. Officers forced entry into the apartment to ensure the female subject was okay.

Upon entering, they found her swallowing multiple methadone pills in an attempt to kill herself. They stopped her from swallowing the pills and cleared her mouth of the pills. Paramedics responded and took the female to a local hospital, where she was treated.

Vehicle Burglary

January 14 at 6:11 p.m., a vehicle burglary was reported in the 100 block of West Huntington Drive. The victim parked and locked her car, and then went into work. When she returned at the end of the day, the car was open. A gym bag and items from the glove compartment were missing. It is unknown how the suspect(s) gained entry into the car, as there was no sign of forced entry. The investigation is continuing.

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- Senior Living Directors & Managers
- Families and Caretakers

The consultation is free and there is no obligation or pressure!

Free with consultation – a copy of Jane Wolf Waltermann's Oh, My God! We're Parenting Our Parents, How to Transform the Remarkable Challenge into a Journey of Love.



MIKKI PORRETTA
Dilbeck Realtors,
Senior Services Director
626.353.9879



ALVERNO SENIORS MAKE A COMMITMENT TO GIVE BACK

Alverno High School Community Service Fair demonstrates importance of giving back



Sierra Madre, CA (January 15, 2015) – Alverno High School recently hosted its Fifth Annual Alverno Community Service Fair, which showcased the senior class' self-created service projects ranging from fighting abuse and cancer to providing funds for schools and art programs.

The fair grew out of Alverno's senior theology course, Contemporary Social Issues, which asks students to explore the social justices that taint our world. To respond to these injustices, Alverno seniors have committed themselves to a service project molded by their own passions, ideas and care for the social issues in today's world.

At the service fair, members of the Alverno and local community came together to learn about and support the projects of these exemplary seniors at the Fifth Annual Alverno Community Service Fair. Individuals were asked to visit the tables for each project to learn more about the organization and the work that each senior did to support them.

In addition to philanthropic support of the organizations at the fair, attendees were also given the opportunity to learn more about volunteering with local organizations that included Adopt-A-Family, Compassionate Rescue, Operation Foot Soldier, St. Vincent De Paul Society, and Young and Healthy. Alverno High School students are expected to contribute 20-50 service hours each to the local community each year, for a school wide total of more than 6,000 hours. However, last year Alverno students exceeded their goal by contributing more than 11,000 service hours to the local community and they are once again expected to exceed their goal.

Many students have created their own small projects, ranging from educating individuals on illiteracy, fighting to end hunger, supporting individuals in recovery, those with incurable diseases, and cleaning up our canyons.

"The Service Fair was a wonderful success and we are so proud of our seniors. All of our students as well as faculty, staff and community members, were able to browse over two dozen service projects. Each project was built to

spread awareness and encourage action in regards to a specific social issue," said Corinne Jimenez, Campus Minister. "The seniors were so passionate about these injustices and that excitement was spread to the younger students. It is often easy to lose sight of how powerful and intelligent a teenager can be in our society today. This service fair showed how wonderful, creative and socially aware high school students are and how much they can inspire those around them. It was a beautiful reminder of the solidarity and justice that is very alive in our world."

Julia V. Fanara, Head of School, said "The Service Fair is a perfect example of how one individual can make a tremendous impact on her community. Each of these young women chose a project that meant something to her and in turn made that project important to our entire community. A commitment to service and community is a basic tenet of our Franciscan and Immaculate Heart roots and just one of the ways Alverno empowers each young woman to be exactly the person she wants to be."

About Alverno High School

Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,200 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

COMMUNITY: 01-16-15 FIRST STEP IN MOVING PUSD FROM GOOD TO GREAT

Dear PUSD Parent/Guardian,

I hope that you all enjoyed the holiday season with your loved ones! Thank you for the hard work, dedication and energy your students have given to their studies throughout the first semester.

I want to start the New Year out right as PUSD's new Superintendent.

We are a community of educators working together to best support the students whose families chose us to educate their children. You entrust us every day to not only provide an education that will prepare your child for college and career, but to nurture them in a safe and caring environment.

We have chosen the Baldrige Education Criteria for Performance Excellence to guide us through the next few years. This model is a proven roadmap to success and these efforts will serve as an overarching guide for PUSD to be one of the best public school districts in the country. Baldrige Criteria empowers organizations to reach their goals, improve student learning and become more competitive by aligning plans, processes, decisions, people, actions, and results.

The first step of this process is Organizational Profile which addresses the essence of the organization, why it exists, and where we want to be in the future. As I have said before, we are a good district, but we can and will be a great district. We want to be a high functioning, highly efficient organization where students perform at high levels and where everyone has a sense of pride to be a part of the Pasadena Unified School District.

My first two goals are to foster a positive culture and climate for staff AND ensure that PUSD is an effective and efficient organization. I realize that it takes all of us to make this a great school district. Every person in our district matters and contributes to assuring that our students receive the best education possible. While we are working to provide a more effective and efficient central office to support the schools, I want your feedback because I value your opinions.

As I previously stated, we are working on the organizational profile of the district which includes a sentence/phrase that best sums up who we are and what we are working to accomplish. In other words, we want a tagline so the community knows quickly what PUSD is all about. This will sum up what we try to do every day for our students.

Below is the link to the survey. Please take the time to respond so we can best represent you. I thank you in advance for taking the time to do this. You are a critical part of this process. We want our communications efforts to reflect what your schools do daily to educate our students and to shape the future of our community.

I look forward to ending this year with you. We have much to accomplish, but I know we have the best team to make it happen. Thank you for all you do for PUSD.

Link to survey: <http://goo.gl/forms/IOofVJg1Ei>

WATERWORKS AQUATICS COMMUNITY ADVISORY BOARD NOW ACCEPTING APPLICATIONS

The Community Advisory Board (CAB) was created to provide residents and the community an opportunity to be a part of the planning process for aquatic services at the Sierra Madre Aquatic Center.

The CAB consists of seven distinct positions representing: swim lessons, swim team, lap swimming/water aerobics, recreation swim/social user, a Waterworks Aquatics staff, Community Services Department staff and Community Services Commission liaison.

Each of the community positions serve one year terms and are appointed by the a selection committee consisting of the Waterworks Aquatics staff, Community Services Department staff and Community Services Commission liaison. The CAB meets on a once a month basis throughout the year. Upon completion of the one year term, members of the CAB can reapply for appointment.

Applications can be turned in to Sierra Madre Aquatic Center, located in Sierra Vista Park at 611 E. Sierra Madre Blvd., Sierra Madre, CA 91024. For more information on the CAB please contact the City at 626-355-7135 ext. 703 or Waterworks Aquatics at 626-836-1200.

MUSIC / ACADEMIC SCHOLARSHIP APPLICATIONS AVAILABLE

Sierra Madre Woman's Club offers MUSIC and ACADEMIC Scholarships to grade 12 area students.

MUSIC Performance Scholarships are available for Instrumental or Vocal, Classical or Pop. Email name, high school, music teacher's name and phone number to Mrs. Thomas. Applications due January 22, 2014.

ACADEMIC Scholarship inquiries requested immediately. Completed Applications are due April 1, 2015. Contact Mrs. Thomas via email with name, high school, counselor's name and phone number. Applications due April 1, 2015

Mrs. Thomas, SMWC Scholarships Chair. Contact: sierramadrewomansclub@gmail.com



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SCHOOL DIRECTORY

Alverno High School

200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School

180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy

41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pcclarke@arroyopacific.org

Barnhart School

240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School

93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School

8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy

822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809

Co-Principals Nancy Lopez and Diane Kieffaber

info@foothilloaksacademy.org

preschool@foothilloaksacademy.org

Frostig School

971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255

Head of School: Chris Schnieders, PhD

Email: Jackykn@frostig.org

The Gooden School

192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy

1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School

3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School

325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School

725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School

2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 798-8901 Principal: Gilbert Barraza
website: www.pasadenahigh.org

St. Rita Catholic School

322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School

141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School

160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School

74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School

1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School

300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

PASADENA UNIFIED SCHOOL DISTRICT

351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 795-6981 Website: www.pusd@pusd.us

ARCADIA UNIFIED SCHOOL DISTRICT

234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

MONROVIA UNIFIED SCHOOL DISTRICT

325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

DUARTE UNIFIED SCHOOL DISTRICT

1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show INTO THE WOODS REVIEW



Musicals are hit or miss for me. The songs can sometimes be extremely distracting, taking the audience out of the moment and pausing story development just for a character or two to sing their hearts out. When seeing trailers for 'Into the Woods', and having not seen the theatrical production, the fact that it was a musical was the aspect of the film I was most worried about.

The stories of Cinderella (Anna Kendrick), Rapunzel (Mackenzie Mauzy), Little Red Riding Hood (Lilla Crawford), and Jack and the Beanstalk (Daniel Huttleston) are brought together through the Baker's (James Corden) and his wife's (Emily Blunt) quest to lift a curse so they can have a child.

This film is surprisingly dark and complex. Put bluntly, this is not the average Disney fairytale. However, the biggest surprise in this film is the music. None of the musical numbers feel unnatural or annoying; they fit naturally into the scenes.

'Into the Woods' is one of the better, modern, live-action Disney films, sticking closely to the source material (so I have been told) while giving it a distinct Disney spin.

PIZZA LIKE NO OTHER

When you need something different I suggest the new Pieology Pizzeria on South Lake, where pizza lovers go to create custom pizzas in endless flavor combinations. With no signs of slowing down, Pieology is set to open a total of 110 restaurants by the end of the year with commitments for 500. Remaining steadfast to the company's approach of fostering strategic and sustained growth, Pieology has proved to be a leader in the booming custom pizza category, reporting the highest average unit volume per store versus its competitors.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

experience to new guests across the country," "While many competitors are focused on rapid expansion, Pieology is carefully selecting experienced franchise partners who embrace the company's vision, are committed to the communities they serve and have a proven track record of franchise success."

The Pieology experience starts with fresh house-made dough that is pressed into 11.5-inch thin pizza crusts. Guests first select from seven base signature sauces, moving down the line to choose from nearly 30 fresh and flavorful meats, cheeses, vegetables, herbs, and spices. The custom pizzas are then stone oven fired to perfection in under three minutes. To finish, guests have the option to add after-bake "Flavor Blast" sauces, including fiery buffalo, pesto and BBQ, to create their own unique masterpiece. Each custom pizza with unlimited toppings is always \$8.00 or less. Pieology also offers gluten-free crust and a selection of seven signature pizzas, which can be customized upon request.



The eight Southern California Pieology locations to open by April are: Culver City, Westlake Village, Korea Town, La Mirada, Whittier, Carlsbad, Cerritos and Monrovia. All locations will feature an industrial-chic and friendly environment where inspirational quotes decorate the walls, menus and employee uniforms. I checked out the new store on South Lake and loved it, I think you will too! We got our pizza in less than 5 minutes. For the complete list of pizzas go to www.pieology.com

Pieology's Bottom Line: The staff is very friendly and you are greeted enthusiastically by all of them (and I mean ALL of them...in unison) upon entering the store. It is fun...and I liked the high energy of the staff! Pieology 345 S. Lake Ave. Pasadena Tune into Dining w/ Dills on Sundays at 12 Noon KLAA AM 830



I spoke to the President Bob Baker about the new store "We are thrilled to bring the unique Pieology



INGREDIENTS

- 2 cups chicken stock
- 2 tablespoons cornstarch with 1 tablespoon water
- 1/2 cup heavy cream
- 1/2 teaspoon red pepper flakes
- 1 pint leftover rice
- 2 pints leftover garlic shrimp
- 3/4 cup toasted panko bread crumbs (Japanese bread crumbs)

DIRECTIONS

Preheat oven to 350 degrees F.

In a small saucepan, combine the chicken stock and the cornstarch slurry and bring to a simmer for 3 minutes. Add the cream and the red pepper flakes. In a foil lined terra cotta pot, pour the rice and add the leftover garlic shrimp. Then pour the cream mixture over it. Top with the toasted panko and place in the oven for 45 minutes. Cool for 15 minutes before serving.

The Four Seasons Tea Room



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Sunday: Open for a minimum of 20 guests www.TheFourSeasonsTeaRoom.com

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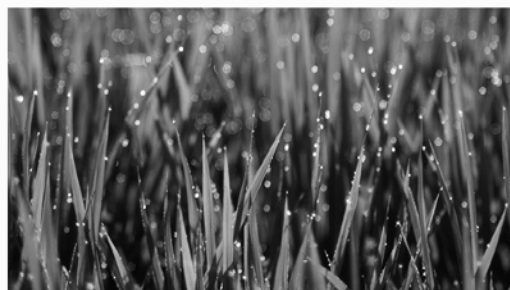


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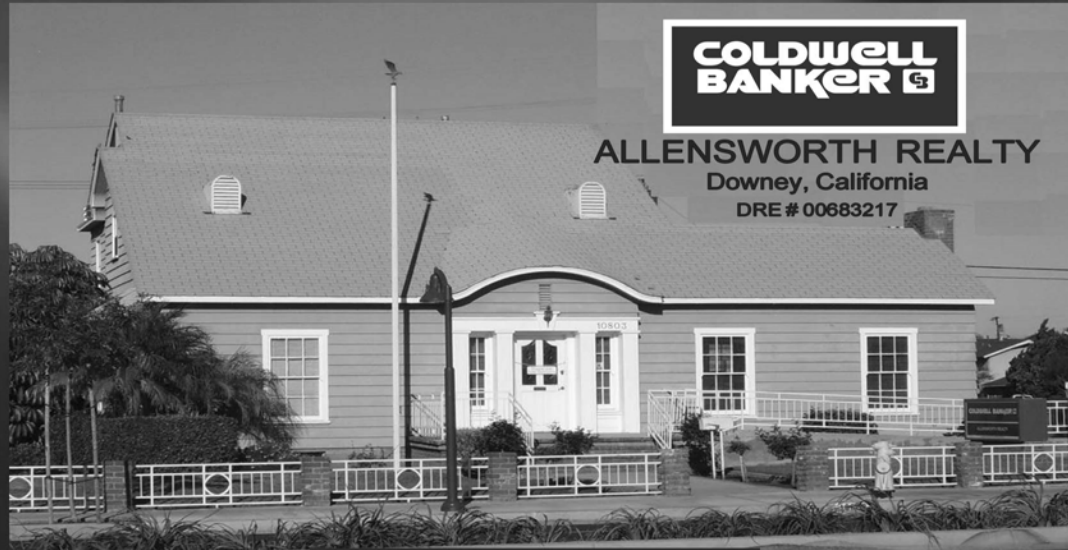


Creative Arts Group

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Find us on Facebook as "Creative Arts Group Sierra Madre"

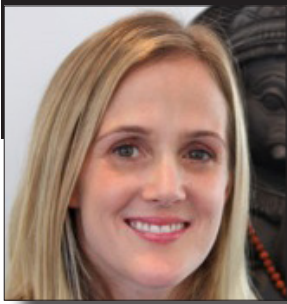
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Referrals Welcomed

THE JOY OF YOGA ATTENTION TO DIET



Ayurveda is known as the sister science of Yoga. It's an ancient healing medicinal science that addresses

body, mind, and consciousness. According to Dr. Vasant Lad, the leading educator in the field, Ayurveda "is often all called the 'Mother of All Healing'. Ayurveda places great emphasis on prevention and encourages the maintenance of health through close attention to balance in one's life, right thinking, and diet."

As noted, there is a strong emphasis on diet in Ayurvedic healing, with much importance placed on digestion for one's individual make up. Food must be easily digestible, and a perfect balance of nutrients in order for the body to have energy and function properly. A common dish in any Ayurvedic diet is Kitchari. It's considered a comfort food and helps to balance the body's internal constitution. There are many ways to make Kitchari, but here's a recipe that's nourishing and easily digestible:

Kitchari means mixture, usually of two grains.
1/2 c Basmati Rice 1 tsp. Mustard Seeds
1/2 c Mung Dal 1 tsp. Cumin Seeds or Powder
7 c Water 1 tsp. Coriander Powder
2 tbs. Ghee 1 tsp. Fennel Powder
2 tsp. Turmeric Powder 1 pinch Asafoetida & a bit

of salt
Fresh Vegetables

Combine rice, mung dal and salt. Add boiling water, bring to boil, then simmer for 30 minutes or until the water is reduced half way, stirring frequently. Prepare any vegetables that suit you. Sweet Potato, asparagus, zucchini and carrots are great choices. Cut into small pieces & add to mixture. In a separate pot, sauté ghee with spices adding mustard seeds last, stop when seeds begin to pop. Add to rice & dal. Stir to mix, adding extra water if needed. Simmer for 10 additional minutes or until vegetables are well cooked. Leave the lid on the pot so that excess water may be absorbed. Enjoy!

We could talk for 10 years on the subject of Ayurveda and Diet. It's such a respected, well-tested and ancient science of healing. In order to apply these principles as an ordinary person, we've got to start small. So, enjoy this standard dish and help the body stay balanced, healthy and functioning smoothly. See you in class soon!

Namaste,
Keely Totten
Yoga Madre

Recipe Credit: James Bailey, Sevanti Center for Ayurveda



Vibrant Living Wellness Center
Heathcare the Way Nature Intended



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

STICKY, GOOEY, SWEET AND HEALTHY TOO, WHO ARE YOU KIDDING?????

Can something that is sweet and gooey be a health food? If we are talking about dates, it can be. Dates are the fruit of the palm tree. They are nutrient dense, which means they contain many beneficial nutrients. Dates are rich in several vitamins, minerals, and fiber. I think my daughter has a love affair with dates. She

consumes dates instead of reaching for a sugary desserts, candy or chocolate. I use dates as a sweetener to make healthy dessert options.

Here are some of the reasons to consider dates as a healthy food choice:

We all know that vitamins are needed for the body to function properly. Dates are rich in B vitamins and B vitamins are necessary for energy

production.

Consider dates a healthy food choice because they are high in fiber. Dates help move food through the intestinal track. Dates can be eaten as an aid for constipation. Our bowels take care of waste so it is important to keep them moving. The best method for this ailment is to soak the dates overnight and then eat the dates in the morning, doing this will give you an energy boost as well. Dates are packed with several essential minerals that play a role in boosting our immune system, transport oxygen through our blood, produce energy, and help maintain bone health. These fruits contain calcium, sulfur, manganese, copper, iron, potassium, phosphorous and magnesium. All of which are necessary for good health.

Lastly, dates are a good source of antioxidants. Antioxidants help to remove free radical toxins from the body. Eating these antioxidant rich fruits may help to reduce the risk of some diseases.

If you have never tried dates before, give them a try. They are a great alternative to many processed sugary treats. Just make sure you wash them well. Due to their sticky surface, dates can attract dirt and impurities.

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Find out what it means to "Write from the heart of a dog's eyes" with Carol McKibben, author of Luke's Tale, Riding Through It, and Snow Blood Season 1.

Learn what it takes to get published from Adrienne Marie Hall, President and CEO of Anthurium Publishing LLC and the author of Thresholds, The Keys To Getting Published and The Adult Bedtime Chronicles (available in spring 2015).

Hear about local history and first hand paranormal experiences from Frances Chavez, author of Old Mission Cemetery Tales.

Come visit with our guest authors, pick up a few new books, collect some autographs, and enjoy coffee, tea and nibbles at the historic 1914 Essick House located at: 550 W. Sierra Madre Blvd. Sierra Madre, CA 91024

\$20 with RSVP call 626-355-8977 no later than Friday January 30, 2015
\$25 without RSVP on February 7th

This is a collaborative event with Sierra Madre Woman's Club, Anthurium Publishing LLC, and Authors Tour USA. Proceeds support Sierra Madre Woman's Club Charities.

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by Chris Leclerc

CLASSICAL FOR THE CANINE

It is a well-known fact that music can play a major part in altering the mood of the human being. When I am feeling a little low on the energy level and I need a boost, all I have to do is tune in to one of my favorite classic rock or bluegrass channels on Pandora, let it play away, and before I know it I am up and about, dancing in my living room and cleaning my house like a white tornado! On the other hand, if I am feeling a little stressed or edgy, I turn on some of my favorite old gospel hymns or listen to a few of my best baroque buddies, Chopin and Mozart, whom I know will calm my nerves and settle my soul by serenading me with beautiful sonnets on the piano, clarinet and violin.

Music inspires me in so many ways, but what does music do, if anything, for a dog? Numerous research studies have been conducted over the years, to determine how sounds might effect the behavior of the canine. Among the more scientifically important research studies is one that was performed by Belfast-based psychologist and animal behaviorist Dr. Deborah Wells in 2002. Dr. Wells undertook a research program to determine the influence of five types of auditory stimulation on the dog: human conversation, classical music, heavy metal music, pop music, and a silent control (no music at all).

The results of Dr. Wells' study clearly indicated that classical music had a marked soothing effect on dogs in animal shelters when compared to the other types of auditory stimulation. In the discussion section of her published research, Dr. Wells stated, "Classical music resulted in dogs spending more of their time resting than any of the other experimental conditions of auditory stimulation. This type of music also resulted in a significantly lower level of barking. Research suggests that calming music may have a beneficial effect on humans, resulting in diminished agitation, improved mood and lower levels of stress. Although the specific effect of classical music on dogs remains unknown, the findings from this study suggests that it may, as in humans, have a calming influence."

Wells also observed that heavy metal music tended to agitate the dogs, which was mainly manifested by increased frequencies of standing, fretting and barking. Upon completion of the project, Dr. Wells stated, "Further work is still required to unravel the specific acoustic elements that dogs respond to." Dr. Wells' research results inspired a small group of American scientists & musicians to embark on a subsequent study of their own.

Their mission was to take bioacoustics research to a higher level, where no man had gone before. In 2005, neurologist Susan Wagner initiated and directed the Bioacoustics Research & Development (BARD) project, and working closely with her associates Joshua Leeds (sound researcher) and Lisa Spector (concert pianist),

she came up with some very interesting and enlightening results which she and Lisa Spector later documented in a book entitled Through a Dog's Ear. Sound is a complex phenomenon, consisting of energy waves, the speed of which are measured in units called hertz (one wave cycle per second).

The normal range of sound heard by the human is about 20-20,000 Hz. Although audible frequencies varies from one species to another, we know that most animals have a much higher range of perception than that of the human, and dogs can receive up to at least 50,000 Hz. Volume or loudness of sound is measured in decibels (dB). A whisper is measured at a range of about 30 dB's and a normal conversation occurs at about 50 dB's, while the average rock concert is measured in at around 130. Perception of sound is what we call hearing. Dr. Wagner refers to the hearing side of sound as the science of psychoacoustics, which involves an individual's psychological and physical orienting response to incoming Hz frequencies. In lay terms, it is the way one perceives what one hears, both biologically and mentally (and perhaps even spiritually).

Although I typically prefer to refrain from using technical terminology, I describe these terms to help explain the overall point I wish to emphasize, which is the positive impact that calming, classical music can have on animals - particularly dogs. Interestingly enough, the final outcome and end results of Dr. Wagner's 2005 study on how sounds effect the behavior of the dog, re-confirmed the findings of Dr. Wells' research project back in 2002. In short, because of physical sound receptors and ability to interpret what is heard, a dog's response to sound is much like that of a human, but perhaps more intense.

Therefore, because of the way a dog hears and responds to sound, it is safe to assume that classical music is an excellent choice to bring relaxation and rest to our canine companions. Not that it took a scientific study to prove that point to me. I've seen the results in my own home on a regular basis when Tater (RIP) used to go from baying at the leaf blowing landscaper across the wash, to laying still on her pillow on the porch in a moments time, because I tuned in to Bach or Beethoven on Pandora. Still, it is nice to know that even scientists agree that canines do love their classical music.



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PET OF THE WEEK

Felix: Animal ID #A4789022

Meet Felix, a great pup that would make an awesome best friend! Felix (A4789022) is a wonderfully well-rounded 7-year-old male apricot Miniature Poodle mix who was found in Baldwin Park and brought to the Baldwin Park Animal Care Center on January 4th. Weighing 11 lbs, Felix is a friendly and outgoing boy who has been described as "perfect" by his handler on glamour shot day at the shelter! Not only does he have a gorgeously colored, hypoallergenic coat (that he sits calmly to have groomed), he also has a wonderful disposition. "Go with the flow" is this guy's mantra. He seems suited to just about any situation, and he gets along happily with just about everyone. He enjoys the company of other dogs (both big and small), and he eagerly places his paws on human laps to kindly ask for more attention, please! He also walks well on leash and is highly treat motivated, so he will make an excellent walking companion for just about any individual or family around. To see a video of Felix, please visit the following link: <http://youtu.be/CViWvHjo9iw>

To meet Felix in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-430-2378 or 626-962-3577). He is available now. For any inquiries about Felix, please reference his animal ID number: A4789022. The shelter is open seven



days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Felix or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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LOOKING FOR A BEST FRIEND??

Melba will be there for you! She is a happy, friendly terrier mix girl, about 4 years old and weighing 10 pounds. She has medium length white fur.

Melba has an average energy level. She enjoys going on walks and is very easy to handle on the leash. She walks at a steady pace and is responsive to her handler.

Melba loves people and enjoys getting attention. She is quite happy in a lap, being petted, and will roll over for a belly rub.

Melba is a very social girl who enjoys the company of her kennel mate as well as other dogs she has met at the shelter. She has a playful nature and often initiates friendly interaction with other dogs.

Come in and meet lovely Miss Melba and see if she would fit into your family. She would be a good companion for an individual, couple or family, and would do well with another dog in the home.

She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel with her roommate. We are located off San Gabriel Blvd., north of Mission and south

ABANDONED CHRISTMAS PUPPIES FIND HOMES

The first of the Christmas puppies go home! Yes, Virginia, there is a Santa Claus and he works year round. On Sunday morning the week before Christmas, 14 puppies were abandoned in two cardboard boxes at the San Gabriel Valley Humane Society. Fortunately, they were found by a volunteer dog walker and quickly taken to the clinic where they were examined and vaccinated. Word has quickly spread of the puppies and dog-lovers have been eagerly waiting for them to be old enough for adoption. That happy day was Tuesday, January 13th and the shelter was flooded with calls from interested adopters. That was good news for Cassey and Cozette who were the first to be adopted and went home with their new families, followed by four more of their siblings before the end of the day. Two of the puppies happily pose with their new best friends!



of Las Tunas.

To arrange a 'Meet and Greet' with Melba, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

Her adoption fee is \$120 which includes her spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Melba.

See our website at www.sgvhumane.org for information and photos of all our wonderful pets.



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SEAN'S SHAMELESS REVIEWS: FENCES – LESSER OCEANS

By Sean Kayden

It's been over four years since the unknown band Fences released their self-titled record. Led by Seattle native,

Christopher Mansfield, Fences scored huge last year when they came out with "Arrows," that featured Grammy Award winning rapper Macklemore. While Fences album isn't like the typical affair you'd expect from Macklemore, it's still catchy as hell. This little indie pop band didn't completely change their musical style for the major record debut known as Lesser Oceans. In addition of Mansfield being outspoken about how his sobriety over the years, he's been hard at work crafting his follow-up record it bandmates, Benjamin Greenspan

Lindsey Starr, and Elliott Garm Chaffee. Lesser Oceans was produced by former Death Cab for Cutie guitarist Chris Walla, Jacquire King (Of Monsters and Men), and Ryan Lewis. With the help and guidance of producers from different genres, you can only imagine only inventiveness that may be found. Luckily, this record came together so perfectly. The record features ten lovely songs that dig much deeper than the normal indie-pop album normally does. Mansfield takes his own personal experiences and implements them into his own lyrics. With accessible lyrics, striking melodies, and a completely easy listening experience, Fences have developed a sophomore record that feels like a rebirth for a band with potential that's finally being recognized.

The album starts off with "Songs About Angels." It's a buoyant pop tune with lyrics imagining impending doom is on the way. Mansfield takes it with much ease confessing, "Well this life can be such a devil, so I wrote this song about angels." Lesser Oceans theme may showcase darker moments, but the outlook is always bright. An album protected by optimism, Fences' have definitely matured from their self-described, "pouty petulant pop." In fact, Mansfield has certainly developed his own signature songs that cut deeper than what they simply appear at face value. "Arrows" is one of the best pop songs of the past year. It's wildly addicting, features a pulsating drum beat and Mansfield power vocals. The guy

sings with a certain confidence, but nothing that comes off pompous. Macklemore is featured here with his own verse and brings another thrilling element to a perfect pop song. Mansfield throws the listener the listener for a loop with solemn ballad, "Running Off The Gods." It marks the

Artist: Fences
Album: Lesser Oceans
Label: Elektra Records
Release Date: March 10th, 2015
Review By: Sean Kayden

halfway point of the album and is the shortest song on the album. It gives off a reflective vibe, but proves to be a welcoming breakaway from the lighthearted pop songs. "My Mountain Is Cold" is my favorite song off the record. It has a slower tempo than the other songs, but showcases gorgeous vocals. The vibe feels like a warm autumn day where everything is seemingly perfect. It's the kind of song that has you staring into the distance, putting the world on pause, and feeling weightless. Truly blissful.

"Dusty Beds" is an evocative pop jam. With sexually driven lyrics, this one hints toward the likes of the first album. However, the catchy pop sound makes this one another clear winner. Lindsey Starr's lends her angelic vocals on tracks such as the self-titled one. It's a refreshing change of pace for Fences. "Temple Dreaming" closes the record in a respectable fashion. It has moments of just an acoustic guitar and then will suddenly burst with wild energy. The final minute feels a bit unnecessary with Mansfield's indiscernibly lyrics over a static resonance. Besides that bizarre choice to end the record, Lesser Oceans is a great way to start 2015. It has a fresh indie pop sound, applicable lyrics for the listener, and possesses a lot of heart. Fences are definitely a band worth seeking out to get your own 2015 headed in the right direction.

Grade: 8 out of 10

Key Tracks: "Songs About Angels," "Arrows," "Sunburns," "My Mountain Is Cold"

Jeff's Book Picks

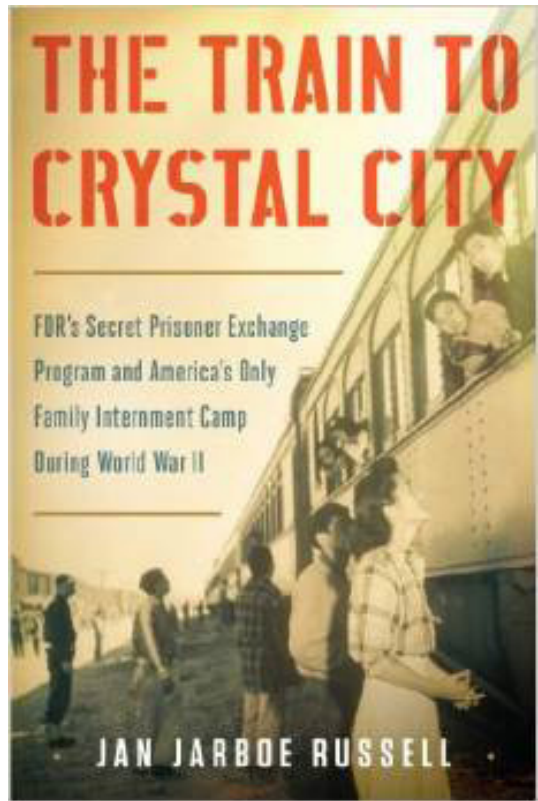
By Jeff Brown

What Hath God Wrought: The Transformation of America, 1815-1848 by Daniel Walker Howe

In this Pulitzer prize-winner, historian Howe illuminates the period from the battle of New Orleans to the end of the Mexican-American War, an era when the United States expanded to the Pacific and won control over the richest part of the North American continent. A panoramic narrative, it portrays revolutionary improvements in transportation and communications that accelerated the extension of the American empire. Railroads, canals, newspapers, and the telegraph dramatically lowered travel times and spurred the spread of information. These innovations prompted the emergence of mass political parties and stimulated America's economic development from an overwhelmingly rural country to a diversified economy in which commerce and industry took their place alongside agriculture. The author weaves together political and military events with social, economic, and cultural history. Howe examines the rise of Andrew Jackson but contends that John Quincy Adams and other Whigs--advocates of public education and economic integration, defenders of Indians, women, and African-Americans--were the true prophets of America's future. Howe reveals the power of religion to shape many aspects of American life including slavery and antislavery, women's rights and other movements. Howe's story culminates in the controversial war waged against Mexico to gain California and Texas for the United States.

The Train to Crystal City: FDR's Secret Prisoner Exchange Program and America's Only Family Internment Camp During World War II by Jan Jarboe Russell

This is the dramatic and never before told story of a secret FDR approved internment camp in Texas during World War II, where thousands of families were incarcerated. From 1942 to 1948, trains delivered thousands of civilians from the United States and Latin America to Crystal City, Texas. The trains carried Japanese, German, Italian immigrants and their American born children. The only family internment camp during World War II, Crystal City was the center of a government prisoner exchange program called "quiet passage." During the war, hundreds of prisoners in Crystal City, including their American-born children, were exchanged for more important Americans, diplomats, businessmen, soldiers, physicians, and missionaries, behind enemy lines in Japan and Germany. Focusing her story on two American born teenage girls who were interned, author Russell uncovers the details of their years spent in the camp; the struggles of their fathers; their families' subsequent journeys to war-devastated Germany and Japan; and their years-long attempt to survive and return to the U.S. Combining big-picture World War II history with a little known event in American history that has long been kept quiet, The book reveals the war-time hysteria against the Japanese and Germans in America, the secrets



of FDR's tactics to rescue high-profile POWs in Germany and Japan, and how the definition of American citizenship changed under the pressure of war.

How to Fly a Horse: The Secret History of Creation, Invention, and Discovery by Kevin Ashton

As a technology pioneer at MIT and as the leader of three successful start ups, Kevin Ashton experienced firsthand the challenge of creating something new. Now, in a narrative 20 years in the making, Ashton leads us on a journey through humanity's greatest creations to uncover the surprising truth behind who creates and how they do it. From the crystallographer's laboratory where the secrets of DNA were first revealed by a forgotten woman, to the electromagnetic chamber where the stealth bomber was born on a 25 cent bet, to the Ohio bicycle shop where the Wright brothers set out to "fly a horse," Ashton showcases the seemingly unremarkable individuals, gradual steps, multiple failures, and countless ordinary and usually uncredited acts that lead to our most astounding breakthroughs. Creators apply in particular ways the everyday, ordinary thinking of which we are all capable, taking thousands of small steps and working in an endless loop of problem and solution. Drawing on examples from art, science, business, and invention, from Mozart to the Muppets, Archimedes to Apple, Kandinsky to a can of Coke, How to Fly a Horse is a rewarding exploration of how "new" comes to be.

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GETTING AROUND WHEN YOU NO LONGER DRIVE

Dear Savvy Senior,
Where can I find out about alternative transportation options for my elderly mother? She needs to give up driving, but before she does, we need to figure out how she'll get around.
Searching Daughter



Dear Searching,
Alternative transportation services vary widely by community, so what's available to your mom will depend on where she lives. Here's what you should know.

Transportation Options

For starters it's important to know that while most urban areas offer seniors a variety of transportation services, the options may be few to none for those living in the suburbs, small towns and rural areas. Alternative transportation is an essential link in helping seniors who no longer drive get to their doctor's appointments, stores, social activities and more.

Depending on where your mom lives, here's a rundown of possible solutions that can help her get around, along with some resources to help you locate them.

Family and friends: This is by far the most often used and favorite option among seniors. So make a list of all possible candidates your mom can call on, along with their availability and contact information.

Local transportation programs: These are usually sponsored by nonprofit organizations that serve seniors. These services may charge a nominal fee or accept donations and often operate with the help of volunteer drivers.

Also check out the Independent Transportation Network (itnamerica.org), which is a national nonprofit that has 27 affiliate transportation programs in 23 states. With this program, seniors pay membership dues and fees based on mileage. And, most programs will let your mom donate her car in return for credits toward future rides.

Demand response services: Often referred to as "dial-a-ride" or "elderly and disabled transportation service," these are typically government-funded programs that provide door-to-door transportation services by appointment and usually charge a small fee or donation on a per ride basis. Many use vans and offer accessible services for riders with special needs.

Taxi or car service: These private services offer flexible scheduling but can be expensive, however, they're cheaper than owning a car. Some taxi/car

services may be willing to set up accounts that allow other family members to pay for services and some may offer senior discounts. Be sure to ask.

Another option to look into is ride-sharing services, which connects people with cars, with people who need rides. Uber (uber.com), Lyft (lyft.com) and Sidecar (side.cr) are three of the largest companies offering services in dozens of cities across the U.S.

Private program services: Some hospitals, health clinics, senior centers, adult day centers, malls or other businesses may offer transportation for program participants or customers. And some nonmedical home-care agencies that bill themselves as providing companionship and running errands or doing chores may also provide transportation.

Mass transit: Public transportation (buses, trains, subways, etc.) where available, can also be an affordable option and may offer senior reduced rates.

Hire someone: If your mom lives in an area where there are limited or no transportation services available, another option to consider is to pay someone in the community to drive her. Consider hiring a neighbor, retiree, high school or college student that has a flexible schedule and wouldn't mind making a few extra bucks.

Where to Look

To find out what transportation services are available in your mom's community, contact the Rides in Sight national toll-free call center at 855-607-4337 (or see ridesinsight.org), and the Eldercare Locator (800-677-1116), which will direct you to her area agency on aging for assistance.

Also contact local senior centers, places of worship and retirement communities for other possible options. And check with her state department of transportation at www.fhwa.dot.gov/webstate.htm, and the American Public Transportation Association at publictransportation.org.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That HERE'S... JOHNNY!



If you're of a certain age, you know how you miss the days when you used to stay up past 11 p.m. to watch Johnny Carson's monologue on "The Tonight Show," even though you had to be out of bed by 6:00 the next morning. My parents are in this age group, and recently told me about a Johnny Carson special they saw. Besides all the funny clips from "The Tonight Show" and Carson trivia, they learned that he willed the rights to all of his episodes to his alma mater, the University of Nebraska. And, to date, they haven't done much with this veritable gold mine entrusted to them.

While it's not impossible to watch episodes of "The Tonight Show" (there are several packages available for purchase), the Carson Entertainment Group has made it very difficult. If you want clips from any of the old shows, you need to make a formal request, which may be denied. If your request is granted, you still need to fork over a fee. It must be nice for the Carson Entertainment Group to enjoy omnipotence over Johnny's reruns, but they should realize that their time to profit off his antics is limited. What do I mean by this? Simply that Johnny's fan base consists mostly of Baby Boomers. So, in 20 to 30 years the demand for these films will be gone or greatly diminished.

Enter my modest proposal for the University of Nebraska and the Carson Entertainment Group. Right now they have a death grip on the taped shows, but most things can be bought if the price is right (no TV show pun intended). Why not create a reality show pitting students from different cinematography programs against each other in a competition to restore beloved, but "forgotten," TV shows from the 1960's and 70's? Think "Peter Gunn," "Bat Masterson," and "Soupy Sales." The ultimate prize would include cash, of course, and the honor of restoring the entire collection of "The

Tonight Show" for modern viewing

The format of the competition could be friendly, such as allowing every contestant a shot at the final prize. For instance, 10 students or teams of students could each get an episode of an old show to restore. The public would see clips of the original, and then watch the restored version. Next they would vote for their favorite, according to the quality of restoration the students achieved.

Or, the show could take on the ever-popular cut throat format in which a pool of contestants get whittled down to a select few by a panel of judges (e.g., "America's Next Top Model," "Chopped," etc.). Personally, I dislike this formulaic model. It doesn't take great powers of observation to see

that there are always "stock" contestants making up these groups. There's always the "airhead," the "nice guy/girl," and "the mean guy/girl." Inevitably, the mean person survives until the last few episodes. This draws in viewership --no one can believe that such a jerk has made it this long, and are eagerly waiting for his or her expulsion from the game. Also,

the judges frequently come up with lame excuses for eliminating contestants. When you get two contestants of equal skill, the judge's critique becomes increasingly subjective. "Your dish was delicious, but I felt like you were playing it safe with your treatment of the ingredients." Granted, I'm no foodie, but it's just food for goodness sake! Both dishes probably taste great, and neither of them caused food poisoning. Heck, they're both winners in my book! But I digress...

Aside from what specific form this hypothetical show would take, it would have the public service benefit of reviving all these old shows which the media has forgotten, but the Baby Boomers haven't! Come on, you know you miss "Sea Hunt," "My Little Margie," and "The Edge of Night." So, when you see "Project Carson" or whatever they choose to name this reality show, remember... you read it here first!



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SENIOR HAPPENINGS

HAPPY BIRTHDAY! ... January Birthdays



Mary Tassop, JudyWebb-Martin, John Johnson, Mary Bickel, Marlene Enmark, Ross Kellock, Ruth Wolter, Sue Watanabe, Sandy Thistlewaite, Bobbi Rahmanian, Fran Syverson, Shirley Wolff, Judy Zaretzka and Becky Evans. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people. Canceled on August 5th and 12th.

Free Blood Pressure Testing: Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

Free Legal Consultation: Wednesday, August 27th from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

Birthday Celebrations: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

UPCOMING EXCURSIONS

Los Angeles Central Library (Los Angeles)

Date: Friday, January 23, 2015 Time: 9:30am to 3:30pm



Meeting Location: Hart Park House Senior Center - Cost: \$5.00 (does not include lunch) A visit to the Los Angeles Public Library's state of the art Central Library located in Downtown.

A docent led tour will introduce you to the art and architecture of the Goodhue Building with its distinctive sphinxes and rooftop pyramid followed by a walk through the high-tech Bradley Wing, designed by famed architect Norman Pfeiffer, where participants will gaze at the 8-story atrium and whimsical chandeliers. Finish the tour learning about the library's comprehensive book, magazine, audio and videotape collections as well as its extensive network of informational databases. Lunch will be on your own at Grand Central Market where you can enjoy tasty treats or a leisurely meal from a variety of local vendors. Participants should bring money for lunch and souvenirs. Last day to register is Monday, January 12th. Level of walking: Medium to High

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FAMILY MATTERS

By Marc Garlett



CELEBRITY ESTATE PLANNING LESSONS OF 2014

A new year always brings the sad reviews of notable personalities who have died in the past year. Two A list movie stars - Philip Seymour Hoffman and Paul Walker - provide a cautionary tale on the importance of keeping your estate plan up to date. In Hoffman's case, his 2004 estate plan had never been updated and he had two children after it was created. Walker's 2001 plan had also never been updated to reflect the changes in his life.

Conducting an estate plan review whenever something major changes in your family - like a birth, death, marriage, divorce, or major asset purchase or sale - is key to ensuring your estate plan remains valid throughout your life and the people you love are taken care of in the way you intend. Here are some additional steps you can take to be sure your estate plan works:

Make it easy to find. It is not uncommon for people to file away a will and estate plan in a safety deposit box, which makes it inaccessible to family without a court order.

Make wise choices in your fiduciaries. Not only should you name more than one person as executor/trustee - you will want backups (and even backups for the backups) if for some reason your primary choice cannot serve - you should also inform each person that you have chosen them to ensure their willingness to take on the job.

Avoid contradictions in your estate plan. Be sure that your planning documents do not contradict your choices for the beneficiaries of your retirement accounts, life insurance policy, etc. This can cause major headaches for your fiduciaries and beneficiaries. Name guardians. If you have minor children, one of the most important functions of your estate plan is to name legal guardians. If your first choice cannot serve, you will need to have named backups (and again, backups for the backups) to ensure the future of your children does not end up in the hands of a judge who doesn't know you or the choices you might have made for them. We have a free report we can send you on 7

Things Every Parent Must Do When Naming Legal Guardians - so you can avoid the most common guardian naming mistakes! Just contact our office for a free copy of this valuable report.

Beware of unintentional disinheritances. If you are remarried and have children from your first marriage you wish to provide for as well as your current spouse, you will want to make special provisions for them in your estate plan. If you wish to intentionally disinherit someone, you should specifically state those intentions in your plan.

Get professional guidance. Wills, trusts, and other estate planning documents downloaded from the Internet will not be tailored to the specific needs of your family. They do not come with guidance and counsel. And they do not help you preserve and pass on your greatest wealth - your stories, wisdom, guidance, and love. You should seek out the experience of a qualified attorney to help you accomplish all of that and avoid mistakes that could jeopardize your family's financial future. I'd be glad to sit down with you, learn about your family, educate you on the legal issues, and help you identify the best strategies to provide for and protect your loved ones.

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Call 626.355.4000 to schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family or visit www.GarlettLaw.com for more information.



Tips of the Trade: Real Estate Revealed

by Luther Tsinoglou

PET PROPOSALS

Did you realize that 6 out of 10 U.S. households have pets? That means that those without critter companions are in the minority, but if you're a pet owner selling your home, you shouldn't ignore the perceptions of those families that don't include cats or dogs.

Odors are the biggest issue. This isn't to say that your housekeeping is remiss, but remember that some buyers who visit your home may experience allergies or be particularly sensitive to pet dander or odors. Just vacuum the floors and furniture frequently and use an air sanitizer.

During the early stages of your listing, you'll likely experience more frequent showings and visits

by buyers. This is a particularly good time to make arrangements to board your pet, or seek out a good "doggie day care" center for quick visits during showings. This may be safer and less stressful for your pet than a constant parade of strangers in your home, and may put buyers more at ease as well.

In any case, be sure to pick up toys, bowls, and bedding in advance of a showing, just as you would tidy up the children's things and other rooms throughout the house before buyers visit. A particularly attractive gesture would be to offer a cleaning allowance, no matter how scrupulously you maintain your home. This should quiet any potential objections.

LIFE LINES

by Amanda Rogers

TOP TEN LISTS



amanda rogers

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1. By not searching for answers ourself, there's no discovery.
2. They make us lazy learners.
3. We've become a nation of DJ's selling information off the billboard charts.
4. We're missing out on crucial tangents.
5. We're not choosing our references or our experts.
6. We turn into a nation of all like minded people.
7. Facts lose color and texture.
8. We don't have to emotionally struggle to find the facts. The emotional struggles tells so much about ourselves as individuals.
9. It provides innformation easily forgotten
10. And the number one reason I hate top ten lists as a writer, I feel like I'm cheating.

By not searching, we're not discovering.

We miss out on the moment of discovery. Isn't figuring it out the reason it stays with us.

I can wonder what the top ten most destructive wars have been. I can read it off a top ten list and I guarantee I won't remember tomorrow. If I study it. If I gather facts and in the process come up with my own facts discovered, I will remember tht information for ever.

Everyone is Casey Kasem. We're all DJ's playing down the top 40. Facts lose their color, their texture, their emotion. We become a nation of facts. Dry, hard facts

We're not participating in the discovery

By not attacking the big picture, we're missing out on tangents.

It's making us lazy learners.

We're trusting who?? Top Ten according to whom? We're not picking our own references

We don't get to see the argument for and against We're squelching our curiosity

The Number 1 Reason I Hate Top Ten Lists...

The top 10 reasons I hate top 10 lists...



Social Media
Tips, Tricks & Ideas



by: MJ Finstrom

BUILDING A SYSTEM

Successful business owners know one thing....a good business is built on systems!

Your social media marketing strategies can be built on systems too. Once you take the time to set up your tools, you'll be able to get them to work together.

When you build a social media system, you can post in one tool and populate many.

Here are a few examples:

Link Facebook to Twitter (www.facebook.com/twitter): Every post you make on Facebook will automatically tweet too

Twitterfeed (www.twitterfeed.com) allows you to feed your blog posts to Facebook, Twitter and LinkedIn

Simple Share in Constant Contact automatically posts your email campaigns on social media.

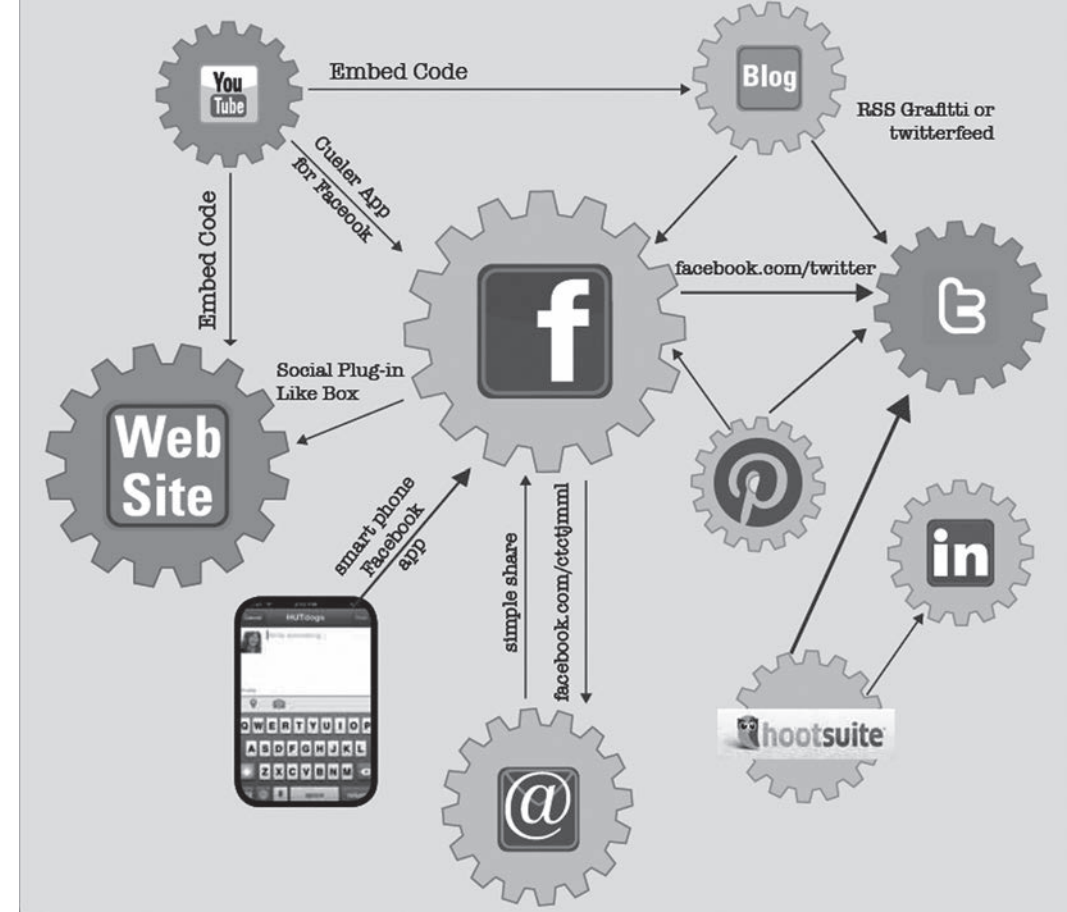
Use your Smart phone to feed the system: I often use my voice recognition feature on my iphone to

make a Facebook post. Because of the system I've built, it also goes to Twitter and to our web site. It takes me less than 10 seconds feed content to these 3 places!

Who says Social Media takes too much time? Build a system.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

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COMET LOVEJOY GLOWS BRIGHTEST IN MID-JANUARY

Comet Lovejoy, already being tracked by backyard astronomers worldwide, is entering its best and brightest two weeks for viewing. From about January 7 through 24, the comet is predicted to be glowing at 4th magnitude—bright enough that skywatchers with clear, dark skies might be able to just glimpse it by eye, without optical aid. And the early-evening sky during this time will be dark and moonless, allowing the best views.

On January 7, Comet Lovejoy passed closest by Earth at a distance of 44 million miles, nearly half the distance from Earth to the Sun. But its distance will change only a little for many nights after that, so you'll have plenty of opportunities to track it down.

“If you can find Orion shining high in the southeast after dinnertime,” says Sky & Telescope magazine’s senior editor Kelly Beatty, “you’ll be looking in the right direction to track down Comet Lovejoy.” From there, use Griffith Observatory’s sky map to find the right spot for each date:

http://www.griffithobservatory.org/events/Comet_Lovejoy_2014.html

http://www.griffithobservatory.org/events/Comet_Lovejoy_2014.html

To the unaided eye, Comet Lovejoy might be dimly visible as a tiny circular smudge under dark-sky conditions. Through binoculars or a small telescope, it will be more obvious as a softly glowing ball. Light pollution will make it less apparent, so observers in urban areas will probably need binoculars or a small telescope to see it.

During the next two weeks, the comet crosses the constellations Taurus, Aries, and Triangulum, climbing higher and higher in early evening. It passes 10° to the right (west) of the Pleiades star cluster on the evenings of January 15 through 17. Although by then Comet Lovejoy will be receding from Earth, it doesn’t come closest to the Sun until January 30, at a rather distant 120 million miles. By that date, moonlight will begin to interfere, and the comet should be starting to fade as seen from Earth’s point of view.

This is the fifth comet discovery by Australian amateur astronomer Terry Lovejoy, and he found it in images taken with his backyard 8-inch telescope.



It’s a very long-period comet, meaning that it has passed through the inner solar system before, roughly 11,500 years ago. Slight gravitational perturbations by the planets will alter the orbit a bit, so that the comet will next return in about 8,000 years. Astronomers have given it the official designation C/2014 Q2.

Based on its steady, uninterrupted brightening, observers estimate that the comet’s solid, ice-rich nucleus is at least 2 or 3 miles across, slightly larger than typical for comets. But the glowing object

we actually see is vastly larger and less substantial than the nucleus. The comet’s visible “head,” or coma, is a cloud of gas and dust roughly 400,000 miles across that has been driven off the nucleus by the warmth of sunlight.

Human eyes can’t perceive color in dim nighttime objects well, but photographs show that Comet Lovejoy has a lovely green hue. The green glow comes from molecules of diatomic carbon (C2) in the coma that fluoresce in response to ultraviolet sunlight. By contrast, Comet Lovejoy’s

long, delicate gas tail is tinted blue, thanks to carbon monoxide ions (CO+) that are likewise fluorescing.

In addition, dust in a comet’s coma and tail simply reflects sunlight, so dust features appear pale yellowish white. The most memorable comets tend to have dramatic dust tails, such as spectacular Comet Hale-Bopp in 1997 and another discovery by Terry Lovejoy, C/2011 W3, in 2011.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



JONATHON Latham, Ph.D. HOW THE GREAT FOOD WAR WILL BE WON

By conventional wisdom it is excellent news. Researchers from Iowa have shown that organic farming methods can yield almost as highly as pesticide-intensive methods. Other researchers, from Berkeley, California, have reached a similar conclusion. Indeed, both findings met with a very enthusiastic reception. The enthusiasm is appropriate, but only if one misses a deep and fundamental point: that even to participate in such a conversation is to fall into a carefully laid trap. The strategic centerpiece of Monsanto’s PR, and also that of just about every major commercial participant in the industrialised food system, is to focus on the promotion of one single overarching idea. The big idea that industrial producers in the food system want you to believe is that only they can produce enough for the future population (Peekhaus 2010). Thus non-industrial systems of farming, such as all those which use agroecological methods, or SRI, or are localised and family-oriented, or which use organic methods, or non-GMO seeds, cannot feed the world.

DUSTBOWL AND SOIL EROSION USA, 1935

To be sure, agribusiness has other PR strategies. Agribusiness is “pro-science”, its opponents are “anti-science”, and so on. But the main plank has for decades been to create a cast-iron moral framing around the need to produce more food (Stone and Glover 2011).

Therefore, if you go to the websites of Monsanto and Cargill and Syngenta and Bayer, and their bedfellows: the US Farm Bureau, the UK National Farmers Union, and the American Soybean Association, and CropLife International, or The Bill and Melinda Gates Foundation, The Rockefeller Foundation, USAID, or the international research system (CGIAR), and now even NASA, they very early (if not instantaneously) raise the “urgent problem” of who will feed the expected global population of 9 or 10 billion in 2050.

Likewise, whenever these same organisations compose speeches or press releases, or videos, or make any pronouncement designed for policymakers or the populace, they devote precious space to the same urgent problem. It is even in their job advertisements. It is their Golden Fact Program and their universal calling card. And as far as neutrals are concerned it wins the food system debate hands down, because it says, if any other farming system cannot feed the world, it is irrelevant. Only agribusiness can do that.

The real food crisis is of overproduction. Yet this strategy has a disastrous foundational weakness. There is no global or regional shortage of food. There never has been and nor is there ever likely to be. India has a superabundance of food. South America is swamped in food. The US, Australia, New Zealand and Europe are swamped in food (eg. Billen et al 2011). In Britain, like in many wealthy countries, nearly half of all row crop food production now goes to biofuels, which at bottom are an attempt to dispose of surplus agricultural products. China isn’t quite swamped but it still exports food (see Fig 1.); and it grows 30% of the world’s cotton. No foodpocalypse there either.

Of all the populous nations, Bangladesh comes closest to not being swamped in food. Its situation is complex. Its government says it is self-sufficient. The UN world Food Program says it is not, but the truth appears to be that Bangladeshi farmers do not produce the rice they could because prices are too low, because of persistent gluts (1).

TRUTH RESTORATION

So, if the agribusiness PR experts are correct that food crisis fears are pivotal to their industry, then it follows that those who oppose the industrialization of food and agriculture should make dismantling that lie their top priority.

Anyone who wants a sustainable, pesticide-free, or non-GMO food future, or who wants to swim in a healthy river or lake again, or wants to avoid climate chaos, needs to know all this. Anyone who would like to rebuild the rural economy or who appreciates cultural, biological, or agricultural diversity of any meaningful kind should take every possible opportunity to point out the evidence that refutes it. Granaries are bulging, crops are being burned as biofuels or dumped, prices are low, farmers are abandoning farming for slums and cities, all because of massive oversupply. Anyone could also point out that

probably the least important criterion for growing food, is how much it yields. Even just to acknowledge crop yield, as an issue for anyone other than the individual farmer, is to reinforce the framing of the industry they oppose.

The project to fully industrialise global food production is far from complete, yet already it is responsible for most deforestation, most marine pollution, most coral reef destruction, much of greenhouse gas emissions, most habitat loss, most of the degradation of streams and rivers, most food insecurity, most immigration, most water depletion, massive human health problems, and so on (Foley et al 2005; Foley et al 2011). Therefore, it is not an exaggeration to say that if the industrialisation of food is not reversed our planet will be made unlivable for multi-cellular organisms. Our planet is becoming literally uninhabitable solely as a result of the social and ecological consequences of industrialising agriculture. All these problems are without even mentioning the trillions of dollars in annual externalised costs and subsidies (Pretty et al. 2000).

So, if one were to devise a strategy for the food movement, it would be this. The public already knows (mostly) that pesticides are dangerous. They also know that organic food is higher quality, and is far more environmentally friendly. It knows that GMOs should be labeled, are largely untested, and may be harmful. That is why the leaders of most major countries, including China, dine on organic food. The immense scale of the problems created by industrial agriculture should, of course, be understood better, but the main facts are hardly in dispute. But what industry understands, and the food movement does not, is that what prevents total rejection of bland, industrialised, pesticide-laden, GMO food is the standard acceptance, especially in Western countries, of the overarching agribusiness argument that such food is necessary. It is necessary to feed the world.

But, if the food movement could show that famine is an empty threat then it would also have shown, by clear implication, that the chemical health risks and the ecological devastation that these technologies represent are what is unnecessary. The movement would have shown that pesticides and GMOs exist solely to extract profit from the food chain. They have no other purpose. Therefore, every project of the food movement should aim to spread the truth of oversupply, until mention of the Golden Fact invites ridicule and embarrassment rather than fear.

DIVIDE AND CONFUSE

Food campaigners might also consider that a strategy to combat the food scarcity myth can unite a potent mix of causes. Just as an understanding of food abundance destroys the argument for pesticide use and GMOs simultaneously, it also creates the potential for common ground within and between constituencies that do not currently associate much: health advocates, food system workers, climate campaigners, wildlife conservationists and international development campaigners. None of these constituencies inherently like chemical poisons, and they are hardly natural allies of agribusiness, but the pressure of the food crisis lie has driven many of them to ignore what could be the best solution to their mutual problems: small scale farming and pesticide-free agriculture. This is exactly what the companies intended.

So divisive has the Golden Fact been that some non-profits have entered into perverse partnerships with agribusiness and others support inadequate or positively fraudulent sustainability labels. Another consequence has been mass confusion over the observation that almost all the threats to the food supply (salinisation, water depletion, soil erosion, climate change and chemical pollution) come from the supposed solution—the industrialisation of food production. These contradictions are not real. When the smoke is blown away and the mirrors are taken down the choices within the food system become crystal clear. They fall broadly into two camps.

One is a vision, the other is a nightmare: in every single case where industrial agriculture is implemented it leaves landscapes progressively emptier of life. Eventually, the soil turns either into mud that washes into the rivers or into dust that blows away on the wind. Industrial agriculture has no long term future; it is ecological suicide. But for obvious reasons those who profit from it cannot allow all this to become broadly understood. That is why the food scarcity lie is so fundamental to them. They absolutely depend on it, since it alone can camouflage the simplicity of the underlying issues.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHATEVER HAPPENED TO AN OLD-FASHIONED HANDSHAKE?

I must confess I do have some old-fashioned biases. I would be the first to admit I’m not up to date on the latest fad or trend.

I come from that era that believed the well-dressed man is one that doesn’t stand out from everybody else. I’ve tried to keep to that all these years. I certainly don’t want to stand out and have people recognize me or point their finger at me and whispered to each other.

For years, I’ve been very careful about that. Now, it seems that because I try to dress like a well-dressed man and not stand out I am in fact standing out. Nobody, except me and two other people, really care about being well-dressed.

This has never been an issue with me and it even now is not an issue. But reflecting on the past year and looking forward to the year before me, I have to take some calculations. According to my calculation, I no longer fit into that “well-dressed man” category, because the term “well-dressed man” does not mean what it used to mean.

I hate it when something outlasts its definition.

To be a well-dressed man today, according to the latest fads and trends I have noticed, I need to throw away my belt and let my trousers drop all the way down to my knees.

Let me go on record as saying, never in a million years will that happen.

Then there is the issue about a necktie. Am I the last person on planet earth wearing a necktie?

Very few people today know how to tie a necktie. Well, I do and I will until they put me in a casket and then I hope I’m still wearing a tie. So if you come to my funeral and look at me in the casket and I’m not wearing a tie, complain to someone for me.

The latest trends and fads have no interest to me whatsoever.

This came to my attention recently when I had to sign some legal papers for something to do with the church. I had to sign here, initial there, sign the next page, initial three pages and it went on and on until I ran out of ink.

I’m one of those old-fashioned guys that use a fountain pen and all that signing and initialing drained all of the ink out of my fountain pen. Before I finished, I was on the verge of carpal tunnel.

I sighed rather deeply, looked at the gentleman (I think he was a gentleman because he was dressed like a gentleman), and said kind of sarcastically, “Do you remember the old-fashioned handshake?”

He looked at me without smiling and then said, “Here are some more papers for you to sign.”

I thought I was signing my life away, but in reality, I was just signing my ink away.

I do remember when a handshake really meant something. Just about everything was sealed with a handshake and both parties were as good as their word. It would take a lot of undoing to undo that handshake. Now, you’re only as good as the word on a piece of paper over your signature. Then, some lawyer can finagle it around to mean something other than what you really meant it in the first place. So what’s the purpose of all this?

I know you’re not supposed to say this, but I will, I sure long for the good old days when a handshake was all you needed. I get tired of the rigmarole passing as business these days. I get tired of paperwork that’s piled higher than the tallest tree in the forest.

Of course, if we go back to that handshake scenario, it will put many lawyers out of business. What would these people do for a living? I have some ideas, but I’m going to keep that to myself.

Trust has gone out of our culture today because everybody is only after what they can get for themselves and they don’t care how they get it.

A handshake met something in “the day.” In fact, I believe it was more binding than all of the paperwork and signed documents and legalese we have today. It’s hard to sue a handshake!

What I want to know is simply this. When we replaced the good old-fashioned handshake with all of this legalese stuff, are we better off? Have we simplified everything and covered all of the bases? The answer is a loud no. A man’s word used to be his bond and something he would never go back on.

The Gracious Mistress of the Parsonage and I have lived on that marital philosophy all of our married life. I know in the marriage ceremony there is no “handshake.” But the philosophy of that handshake is right there. When I said “I do,” and she responded by another “I do,” we were shaking hands and saying to everybody around us but particularly to one another, “We do.”

I think James shook the right hand when he wrote, “But above all things, my brethren, swear not, neither by heaven, neither by the earth, neither by any other oath; but let your yea be yea; and your nay, nay; lest ye fall into condemnation” (James 5:12).

I’m all for getting back to the good old days when a handshake was all you needed.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net or website www.jamesnyderministries.com.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RICH Johnson



REAL HEADLINES

Remember when Jay Leno did his funny headlines on the tonight show? I do. In fact he read one I found in a trip to New England in 2006. A small town newspaper had a headline that read: "Building Collapses During Demolition". What they were trying to report was the building collapsed in the wrong direction, out over into the street. I had to include the original newspaper clipping but sent my headline submission to Jay and he did do it over the air.

I have collected screwy headlines over the years. Let me share a few of my favorites:

"Tokyo Train Crash! Four killed; Three Seriously" (Fortunate for that one who was killed but not seriously.)

"Nine Volunteers Put in New Church Furnace" (I guess there was a wood and coal shortage that year.)

"Man Found Dead in Cemetery" (What else can I say.)

"Cold Wave Linked to Temperatures" (That must have been before global warming.)

"Stolen Painting Found By Tree" (I wonder what reward the tree got.)

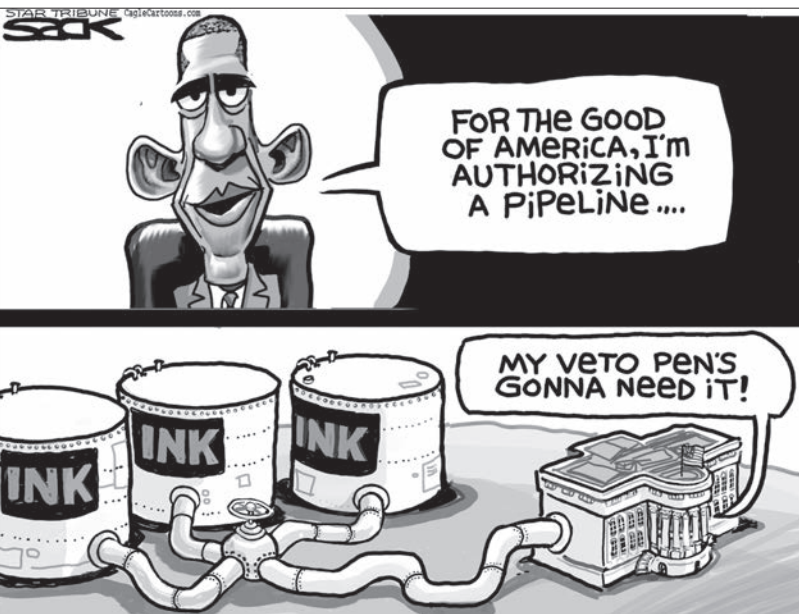
"Panda Mating Fails: Chief Veterinarian Takes Over" (Lets just not go there.)

"Plane Too Close to Ground, Crash Probe Told" (That will do it every time.)

"Mayor Says D.C. is Safe Except for Murders" (Well, if that's all.)

How about a trivia question? Can you name the first three presidents of the U.S.? If you give me those fellows named Washington, Adams and Jefferson you are wrong. They were presidents 9, 10, and 11. The first three presidents were John Hanson, Elias Boudinot and Thomas Mifflin. You think I must be off my rocker? I am but I'm right about my presidents. Those fellows were the first three presidents Under the Articles of Confederation. They served one year terms and those guys were followed by Richard Henry Lee, John Hancock, Nathan Gorman, Arthur St. Clair and Cyrus Griffin. Then came the establishment of the U.S. Constitution and that's when George, John and Thomas came in, et cetera, et cetera.

I hope you are all having a wonderful New Year. The band I have the privilege to perform with, JJ Jukebox, is performing another 1960s-1970s music and improve performance the last day of January. That would be Saturday the 31st of January at the Peppertree Grill Restaurant in Sierra Madre. The time is 6:30 – 8:30. Address is 322 W. Sierra Madre Blvd. Phone number is (626) 355-8444. Please come join us for dinner and entertainment. We did sell out our last two concerts so please make reservations.



TINA Dupuy



AMERICA'S ALSO-RAN INDUSTRIAL COMPLEX

We often hear about the corrupting influence of money in politics. This usually means quid pro quos for moneyed interests. There's lip service paid to the amount of cash a politician must raise in order to even run for office. Famously, former Louisiana Governor Buddy Roemer ran for president in 2012 by only taking \$200 donations ... proving one can't compete in the contest for the Oval Office by only taking \$200 donations.

In the wake of the Citizens United decision and a provision tucked into last year's spending bill tripling the amount individuals can donate to national parties, money in politics should obviously be a concern. But what's even more distressing is that just having the potential to be president has become its own vocation.

Welcome to the Also-Ran Industrial Complex.

There's a pretty sizable, well-fed group of people who make a living pretending they want to be president: starting super-PACs, collecting speaking fees, selling email lists, selling books, scaring granny into buying gold coins, scaring grampy into buying doomsday survival kits. It's less cottage industry, more McMansion enterprise.

Running for president has become like marathon running. No one expects to win; it's just entering the race that's important. Running is its own reward!

This reality is why former fraction-term Alaska Governor Sarah Palin just up and said "thanks, but no thanks" to the voters of America's largest state. Why? Because there's so much more money in teasing media outlets about possibly maybe one day thinking about running for president than in holding down an actual government job. It was time to cash in!

The man who pioneered making a living being a loser was really Newt Gingrich. After he left his House and speakership in disgrace, he "consulted" for Freddie Mac, started a production company and toured as an orator. So it was no shock when the open casting call for the 2008 and 2012 Republican presidential nominees came up, Gingrich was there to grab some of that limelight. First he was considering running in 2008 and then actually throwing his hat into the ring in 2012. Since running, Newt's career has been on an upswing, landing a cushy gig on CNN.

If it worked for someone as unscrupulous, immoral and unlikeable as Newt Gingrich—it can work for anyone! The also-ran mold has been cast in Newt's image. Now, due to forces in publishing, cable news and lobbying, it's worth it for gadflies, hucksters, Huckabees and wannabes to run for higher office and land with a bigger platform.

As perennial-kook former Senator Rick Santorum wondered in an interview earlier this week of the GOP hopefuls like Senators Rand Paul, Ted Cruz and Marco Rubio: "Do we really want someone with this little experience? Do we really want somebody who's a bomb thrower, with no track record of any accomplishments?"

For president? No. But Senate first-termers Cruz and Rubio aren't running to be the next president, they're running to be the next Newt Gingrich. And Rand Paul? He's running to be the next Ron Paul.

Am I just cynical? Do I not believe in the magic of that one special candidate I can fall in love with and know he'll/she'll be my everything in the Executive Branch?

In a word: Yes.

Politics on this level is not about the voters. It's about the fans; it's about the fantasy. It's about the fringy niche politicians hating the same things you hate and believing all the weird stuff you've read on the Internet too. It's about selling the dream of purists being in charge of this rapidly changing and continually more pluralistic society. It's about telling like-minded people exactly what they want to hear—that they alone are the candidate who can take us back to a better time in the near future.

Because no matter who becomes president, they inevitably become a compromiser. All presidents let down those who love them most at some point. But someone with an Internet channel (or what used to be called a website) can suspend that reality and make us believe that we can be right, be on top and things can be simple once again.

Just hit the "donate now" button.

Tina Dupuy is a nationally syndicated op-ed columnist, investigative journalist, award-winning writer, stand-up comic, on-air commentator and wedge issue fan. Tina can be reached at tinadupuy@yahoo.com.

JOE Gandelman An Independent's Eye



IS 'JE SUIS CHARLIE' THE ACCURATE SLOGAN?

In the wake of the terrorist massacre in Paris, the new battle cry throughout the civilized world is "Je suis Charlie," meaning "I am Charlie." The phrase expresses solidarity for the four cartoonists and 13 others butchered by Islamic terrorists who attacked the satirical newspaper and a kosher market. But, actually, it's clear now that the slogan for this century should be another one: "We are screwed."

Because we are.

The 21st century will feature terrorists focusing on "soft targets." Terrorism experts, government officials and military officials now seem resigned to a new era where terrorists opt for lower-cost operations death-cult "soldiers" to select groups of people of all ages who'll be shot or have their heads sliced off.

The world will likely see some more big 9/11 terrorist extravaganzas, but the name of the game will be to butcher innocent people in more every day, vulnerable venues.

We're back to the days immediately following 9/11 when many felt terrorists would shoot people in the street, poison water supplies, or use dirty bombs. More déjà vu: World War II saw Nazi dictator Adolf Hitler join with Italy and Japan to battle the rest of the world. Terrorist groups are competing with but also cooperating with each other. Can western countries create transatlantic cooperation to short-circuit -- and take-out -- terrorists who've declared war on them and their populations?

News headlines suggest some flinching and cowardice on the part of governments or news organizations who don't want to provoke terrorists. But the terrorists don't really need provocation: they are looking for justifications to murder, grab headlines, foment fear, and recruit disaffected young people who can hide behind a religious cover-story to satisfy their dreams of being combatants in a real movie, or having total control over others.

You almost run out of breath following depressing headlines and developments.

Cartoonist Daryl Cagle produced some outspoken cartoons and columns, documenting how some in the media reacted to the attack on cartoonists by stealing Charlie Hebdo cartoons, not showing or censoring more controversial cartoons on TV, firing a cartoonist and giving unconvincing reasons why they won't show the cartoons. Then (coincidentally, "of course") his website, Cagle.com, was hacked.

NEWS: A new ISIS video seems to show a child executing two supposed Russian spies.

HEADLINE: "Charlie Hebdo Writer Holds up Muhammed Cover on Sky News; Network Cuts Away and Apologizes."

The Daily Beast notes that CNN and ABC wouldn't run the new Charlie Hebdo cartoon cover published after the murders to protect their staffs. The BBC did, with an explanation. AP said it consistently doesn't run material meant to provoke. Etc.

If all the world's a stage, then Al Qaeda and ISIS over the past few months got "big B.O." (Box Office) in operations and recruitments.

ISIS is also known as IS, short for Islamic State. But it should be known as KS: Kinky State: it's the ultimate sadistic, snuff-video producing cult. As the allies advanced, Adolf Hitler tried hiding some of his mass murder with Nazis frantically trying to destroy evidence at concentration camps. ISIS and Al Qaeda want to SHOWCASE their butchery to weaken foes' resolve, alter opponents' policies -- and because some disaffected youths really think it's cool. On his popular website, Andrew Sullivan argues that ignoring this terrorism's religious component is mistake, noting that in some parts of the Islamic world Islam blasphemy is still punishable by death.

Sullivan foresees "a series of slaughters to come, and the possible erosion of support for free speech outside these rare moments of cherished unity. I see no other way of getting through this: surveillance, vigilance, an end to invasion, occupation and torture, and patience. And to give not an inch to any infringement on free speech."

On January 1, cartoon depictions of 2015 showed the new year as an innocent, happy infant. Today, 2015 is a menacing, smiling kid out of "Children of the Corn," coming at you with a knife dripping with blood.

Joe Gandelman is a veteran journalist who wrote for newspapers overseas and in the United States. He has appeared on cable news show political panels and is Editor-in-Chief of The Moderate Voice, an Internet hub for independents, centrists and moderates. He also writes for The Week's online edition. CNN's John Avlon named him as one of the top 25 Centrists Columnists and Commentators. He can be reached at jgandelman@themoderatevoice.com and can be booked to speak at www.mavenproductions.com. Follow him on Twitter: www.twitter.com/joegandelman

LEFT TURN ONLY

HOWARD Hays As I See It



"Even Adolph (*sic*) Hitler thought it more important than Obama to get to Paris." - Rep. Randy Weber (R-TX)

Barely a week into the new session of Congress, and already there's the Obama / Hitler comparison.

The congressman calls our president a "Socialistic dictator", and was one of the 25 House wing-nuts who tried to dump Speaker John Boehner (R-OH) for being too squishy-centrist.

We remember just a couple months ago when Rep. Greg Walden (R-OR) reminded, "Our party will ultimately be judged on how we govern". Sen. Jerry Moran (R-KS) interpreted the "message" received from voters as, "We expect to have policies put in place that the American people support, and we expect you to work together to accomplish that."

With that in mind, we'll look at what the 114th Congress has on their record so far:

They've changed House rules to require that "dynamic scoring" be applied when assessing the economic impact of proposed legislation. This is the method that assumes the impact will not be what the economists and bean-counters predict, but whatever those promoting the legislation say it's going to be -- which it hardly ever is.

They approved \$346 million in cuts to the IRS, out of frustration they never got anywhere with their IRS "scandal", and to make it harder to enforce provisions of the Affordable Care Act. IRS Commissioner John Koskinen estimates this will cost us \$2 billion in uncollected revenue, in effect providing a "tax break for tax cheats".

They started right off in dismantling the Dodd-Frank Wall Street reform act, in particular by fudging the Volker Rule and allowing banks to hang onto their Collateralized Loan Obligations, or CLOs. These are similar to the securities that brought the Great Recession, but instead of mortgages it's corporate debt that's sliced, diced, repackaged and dumped on investors.

The Volker Rule says banks can't use the billions in taxpayer bailout funds to gamble on the same kind of stuff that left them having to be > bailed out in the first place. They were given a few years to dump their CLOs, but complained this was too harsh; so their flunkies in Congress let them off the hook for an extra couple years. The winners are holders of CLOs - banks with more than \$50 billion in assets, with half held by Chase and Citigroup alone. The losers are taxpayers who might have to come up with another few hundred billion for another bailout down the road.

Always looking for suckers to stake their bets, for years Wall Street's > had its eyes on the Social Security trust funds, some \$2.7 trillion, which they'd love to play with. The way "privatizing" was proposed during the Bush years, they'd take our money to the tables and if they won big, we'd do okay and they'd profit handsomely off their fees. If their bets went south, we'd lose our retirements and they'd still profit handsomely off their fees.

To promote privatizing as a "fix", first you've got to claim Social Security, one of the

most successful programs in our history, is somehow "broken". Republicans in their first week are doing their best to break it through a rule change preventing needed fund-shifting between the separate Old Age and Disability funds. The shifting's been routine under both Democrats and Republicans -- including four times under President Reagan.

But not anymore. Republicans serve their benefactors on Wall Street despite the cost, described by Sen. Bernie Sanders (I-VT) as affecting "around 11 million Americans, including nearly 2 million children with a disabled parent (who) rely on Social Security to keep them out of poverty". Sen. Sherrod Brown (D-OH) explains, "detractors working to privatize Social Security will do anything to manufacture a crisis out of a routine administrative function."

In chipping away at the Affordable Care Act, Republicans have a bill to change the definition of "full time" for purposes of mandated employer coverage to 40 hours from 30 hours a week. It was set at 30 in the first place was to discourage employers from cutting hours just to avoid having to provide insurance. The CBO estimates this bill would result in a million employees losing their coverage at work, and add \$53 billion to our budget deficit. Republicans call it the "Save American Workers Act".

With the recent terrorism in Paris and expanding threats from around the world, Republicans are playing games with our Department of Homeland Security. Determined to reverse President Obama's executive actions on immigration, where he ordered we focus our resources on expelling felons rather than splitting families, Republicans first introduced a bill to defund the part of DHS that would fund the president's actions. Then they found out the president's actions wouldn't be funded through the DHS, anyway -- so they stuck with their original plan to grant DHS a budget only through February 27.

Rep. Nancy Pelosi (D-CA) accuses Speaker Boehner of using "the broken immigration system, the Department of Homeland Security and our national security as a political ploy . . . even in the wake of a terrorist attack in Paris that's put our national security issues back on the front page". She warned he's "promising a fight on immigration that has the potential to shut down the Department of Homeland Security."

Also in those first few days, President Obama announced his plan to provide full-time students with a 2.5 GPA two years at a community college. Rep. Chris Van Hollen (D-MD) introduced a tax bill providing for middle-class tax breaks of \$1,000 for individuals and \$2,000 for couples, financed by a 0.1% levy on stock trades.

In the meantime, Republicans introduced no less five measures restricting women's rights to make their own healthcare decisions and, on the very day they were sworn in, announced the Select Committee on Benghazi would be plunging ahead into 2015 -- with no budget or time constraints.

That's one week down -- and only about 102 weeks to go.

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—Karen Weller, author of *Encyclopedia of English National Ballet*

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—Broadway World

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—Christine Walevska, “Goddess of the cello”

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—Philadelphia Weekly


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—Olivia Brown-Klain, singer and musician

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2015

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LEGAL NOTICE

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
NO. VS026692
TO ALL INTERESTED PERSONS:

Petitioner MARY NOYALIN GEORGE HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - SOUTHEAST JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name:
MARY NOYALIN GEORGE

Proposed Name:
NOYLIN MARY GEORGE

A HEARING on the petition will be held on 03/04/2015 at 1:30PM in Dept. C - RM. 312 at 12720 NORWALK BLVD., NORWALK, CA. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.
If no written objection is timely filed, the court may grant the petition without a hearing.

JDC - Mountain Views News January 10, 17 and 24, 2015

Mary Noyalin George
Petitioner Appearing Pro Per
21812 Violeta Ave.
Hawaiian Gardens, Ca. 90716

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: MUNICIPAL CODE TEXT AMENDMENT 15-01 (MCTA 15-01)
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider the adoption of a municipal code text amendment to require a plumbing stub-out for graywater re-use systems in residential new construction projects.

DATE AND TIME OF HEARING

City of Sierra Madre
City Council meeting
Tuesday, January 27, 2015
6:30 p.m.

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for an Exemption, pursuant to Section 15061(b)(3) of the California Environmental Quality Act (CEQA) as it can be seen with certainty that there is no possibility that the activity in question may have a significant effect on the environment.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: CITY COUNCIL CONSIDERATION OF URGENCY ORDINANCE 1360-U ESTABLISHING AN INTERIM MORATORIUM ORDINANCE PURSUANT TO GOVERNMENT CODE SECTION 65858 ON THE DEMOLITION, IN PART OR IN WHOLE, OF SINGLE-FAMILY HOMES AND DUPLEXES THAT WERE CONSTRUCTED PRIOR TO A DESIGNATED DATE AND DECLARING THE URGENCY THEREOF

On January 27, 2015, the City Council will consider the adoption of Ordinance No. 1360-U, an Urgency Ordinance of the City Council of the City of Sierra Madre, establishing an Interim Moratorium Ordinance pursuant to Government Code Section 65858, on the demolition, in part or in whole, of single-family homes and duplexes that were constructed prior to a designated date. Government Code 65858 a provision of State Planning and Zoning law authorizes an interim urgency zoning ordinance to prevent development related actions which may be inconsistent with a plan under development, such as the General Plan Update that would require amendments to the R-1 Zoning Ordinance, and the historic resources survey that could identify potential resources and result in more detailed review of structures prior to demolition. The ordinance would remain in effect until March 13, 2015, unless extended or terminated by further action of the City Council.

All interested parties may attend this meeting and the City Council will hear them with respect thereto. If you have any questions, please contact the Planning and Community Preservation Department at 626-355-7138 and ask to speak to either Leticia Cardoso, Acting Planning Director, or Anne McIntosh, Project Planner.

CITY COUNCIL MEETING

City of Sierra Madre
City Council meeting
Tuesday, January 27, 2015
(Meeting begins at 6:30 p.m.)

PLACE OF HEARING

City of Sierra Madre
City Council Chambers
232 W. Sierra Madre Blvd.
Sierra Madre, CA

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-010481
The following person(s) is (are) doing business as: 21ST CENTURY SERVICES, 11245 E. 183RD ST., #247, CERRITOS, CA 90011. Full name of registrant(s) is (are) LIBY P. EDUARTE, 11245 E. 183RD ST., #247, CERRITOS, CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: LIBY P. EDUARTE. This statement was filed with the County Clerk of Los Angeles County on 01/13/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-010734
The following person(s) is (are) doing business as: A & J REAL ESTATE, 9482 DALEWOOD AVE., DOWNEY, CA 90240. Full name of registrant(s) is (are) JULIA DENISE VALENCIA, 9482 DALEWOOD AVE., DOWNEY, CA 90240. This Business is conducted by: AN INDIVIDUAL. Signed: JULIA DENISE VALENCIA. This statement was filed with the County Clerk of Los Angeles County on 01/13/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-009018
The following person(s) is (are) doing business as: ABREGOIT, 209 N. BOYLSTON ST., #20, L.A., CA 90012. Full name of registrant(s) is (are) ROBERTO ABREGO, 209 N. BOYLSTON ST., #20, L.A., CA 90012. This Business is conducted by: AN INDIVIDUAL. Signed: ROBERTO ABREGO. This statement was filed with the County Clerk of Los Angeles County on 01/12/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-011007
The following person(s) is (are) doing business as: ADVANCE FLEET SOLUTIONS, 16921 WESTERN AVE., STE 202, GARDENA, CA 90247. Full name of registrant(s) is (are) MARVIN JERONIMO CASASOLA, 775 SANTA CRUZ ST., SAN PEDRO, CA 90731. This Business is conducted by: AN INDIVIDUAL. Signed: MARVIN JERONIMO CASASOLA. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/14/2014. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-008519
The following person(s) is (are) doing business as: ALBERTS MEXICAN FOOD, 3300 FIRESTONE BLVD., SOUTH GATE, CA 90280. Full name of registrant(s) is (are) AURELIA ARZOLA DE ESTRADA, 3300 FIRESTONE BLVD., SOUTH GATE, CA 90280. This Business is conducted by: AN INDIVIDUAL. Signed: AURELIA ARZOLA DE ESTRADA. This statement was filed with the County Clerk of Los Angeles County on 01/12/2015.

The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-007396
The following person(s) is (are) doing business as: ALICIA'S HAND BAGS LEATHER, 6635 FLORENCE AVE., STE 339, BELL GARDENS, CA 90201. Full name of registrant(s) is (are) ENRIQUE COVARRUBIAS, 6635 FLORENCE AVE., STE 339, BELL GARDENS, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed: ENRIQUE COVARRUBIAS. This statement was filed with the County Clerk of Los Angeles County on 01/09/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-010862
The following person(s) is (are) doing business as: ALMA AMARO BOOKKEEPING SERVICES, 679 E. 53RD ST., L.A., CA 90011. Full name of registrant(s) is (are) ALMA D. MENESSES, 679 E. 53RD ST., L.A., CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: ALMA D. MENESSES. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/01/2014. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-011250
The following person(s) is (are) doing business as: AMERICAN EURO TIRE COMPANY, 241 E. COLORADO BLVD., PASADENA, CA 91107. Full name of registrant(s) is (are) KWAABENA NYARKO APPAHI, 241 E. REEVE ST., COMPTON, CA 90220. This Business is conducted by: AN INDIVIDUAL. Signed: KWAABENA NYARKO APPAHI. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 06/01/2010. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-008458
The following person(s) is (are) doing business as: ARMSTRONG LOCK AND SAFE, 2620 E. COLORADO BLVD., PASADENA, CA 91107. Full name of registrant(s) is (are) MILAD ALIHAJI FARANGI, 3726 ELMA RD., PASADENA, CA 91107. This Business is conducted by: AN INDIVIDUAL. Signed: MILAD ALIHAJI FARANGI. This statement was filed with the County Clerk of Los Angeles County on 01/12/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-009142
The following person(s) is (are) doing business as: ARREMUSIC, 7522 S. HOBART BLVD., L.A., CA 90047. Full name of registrant(s) is (are) ANTONIO ARREOLA, 7522 S. HOBART BLVD., L.A., CA 90047. This Business is conducted by: AN INDIVIDUAL. Signed: ANTONIO ARREOLA. This statement was filed with the County Clerk of Los Angeles County on 01/12/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 01/12/2015. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-007150
The following person(s) is (are) doing business as: BLK PICTURES, 1636 S. PALM AVE., ALHAMBRA, CA 90813. Full name of registrant(s) is (are) CHEOK WAI LEI, 1636 S. PALM AVE., ALHAMBRA, CA 91003. This Business is conducted by: AN INDIVIDUAL. Signed: CHEOK WAI LEI. This statement was filed with the County Clerk of Los Angeles County on 01/09/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-011533
The following person(s) is (are) doing business as: CIP SOLUTIONS, 11135 RUSH ST. UNIT A, SO EL MONTE, CA 91733. Full name of registrant(s) is (are) COMPUTER 1 PRODUCTS OF AMERICA, INC., 11135 RUSH ST. UNIT A, SO EL MONTE, CA 91733. This Business is conducted by: A CORPORATION. Signed: ELSA ARGMEDO. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-011529
The following person(s) is (are) doing business as: CECELIA MARKET, 8201 GARFIELD AVE. UNIT A, BELL GARDENS, CA 90201. Full name of registrant(s) is (are) OTHMAN ABDELSALAM RAFIE, 8201 GARFIELD AVE. UNIT A, BELL GARDENS, CA 90201. This Business is conducted by: AN INDIVIDUAL. Signed: OTHMAN ABDELSALAM RAFIE. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE: This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 17, 24, 31, Feb. 07, 2015

FICTITIOUS BUSINESS NAME STATEMENT
File No. 2015-006848
The following person(s) is (are) doing business as: CHINA BOWL & LOUISIANA FRIED CHICKEN, 10714 S. WESTERN AVE., #107, L.A., CA 90047. Full name of registrant(s) is (are) SOPHATH SIM CHAN, 1919 HANCOCK ST., L.A., CA 90031. KIM CHEANG HONG, 1919 HANCOCK ST., L.A., CA 90031. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: KIM CHEANG HONG. This statement was filed with the County Clerk of Los Angeles County on 01/14/2015.



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