

## CALIFORNIA'S WATER CRISIS DRAWS EXPERTS AND SOLUTIONS

Rotary and City of Sierra Madre host WaterDay 2015 based on mandatory 30% water cuts

The City of Sierra Madre, home to 30% mandatory water reduction welcomes leading water experts, Southern California residents, low water irrigation consultants, and State representatives to WaterDay2015 [www.waterday2015.org](http://www.waterday2015.org) on Saturday March 21st. The WaterDay 2015 event brings together world class speakers, renown landscape architects, star musicians, a celebrated game show host, children's activities, educational booths with interactive activities and invaluable information about water usage. The day's activities include hands on workshops, a water treatment plant tour, live music, over 100 water saving tips, water colors, and some of the best food trucks in LA. This free event, sponsored by the City of Sierra Madre and the Sierra Madre Rotary Club, promises to be one of the most important community events of the year held in City Hall and Memorial Park.

9:00 Welcome at the Band shell 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024

9:15 A PANEL OF EXPERTS ON CALIFORNIA'S WATER CRISIS - City Chambers, City Hall.

Keynote speaker and Panel Moderator:

Dr. Jay Famiglietti, Senior Water Scientist, NASA JPL, Professor of Earth System Science, UC Irvine

Accompanying Famiglietti is a dynamic panel with each speaker giving a short presentation,

followed by an engaging panel discussion and a Q & A.

Panelists:

Bettina Boxall, Pulitzer Prize Winning Water and Environmental Reporter, Los Angeles Times

Tim Brick, Managing Director, Arroyo Seco Foundation, Former Board Chairman for the Metropolitan Water District of Southern California

Fran Spivy-Weber, Vice-Chair, State Water Resources Control Board  
Molly Peterson, Environmental Reporter, Environment Correspondent, So Cal Public Radio

1:30 Afternoon Session: water issues, planning, and conservation facing our local community.

Afternoon Keynote: Thomas Love, PE of the San Gabriel Valley Water District, Topic: Long term sustainability of the San Gabriel Valley water resources and Southern California's water supply.

Bruce Inman, Director of the Sierra Madre Public Works; Sierra Madre-specific water topics, including water rights, water sources, status of conservation efforts, turf rebate program, and current city water conservation regulations. More

Kelley Hanna with Water Wise Now; Irrigation solutions and greater water efficiencies.

The day's final speakers feature landscape architects, designers, and arborists talking on drought resistant landscaping featuring:

2:30 The Theodore Payne Foundation; Lisa Novick, California Native Gardens

3:00 The Arboretum; Frank McDonough, Indoor/Outdoor Vegetable Gardens

3:30 Armstrong and Walker; Anna Armstrong, Commercial Landscape Design

4:00 FormLA., .Cassy Aoyagi, Esthetic and Sustainable Garden Design

11:40 Students from schools throughout the area will have their entries to the Youth Water Conservation Competition displayed in the park and will be presenting their projects.

In the band shell

12:00 and 1:00 PREMIER LIVE MUSIC BY SMITTY AND SON.

12:30 GAME SHOW, 'Water Wizards', with game show host Dave Ruprecht, the game show host for Supermarket Sweeps for 15 years, Audience contestants have a chance to win prizes. Final contestants will close our day.

CHILDREN'S ACTIVITIES will be held throughout the day, with satellite displays and activities from JPL, a fun-filled presentation on water by with the San Gabriel Valley Water District at 10am and 2pm, watercolor painting, Sculpturing, animated videos, the Water Wise Owl and more.

For more information and volunteer opportunities, visit [www.waterday2015.org](http://www.waterday2015.org) and save the date in Sierra Madre.

## WHAT A BIRTHDAY PRESENT!

### Laurie Cooper Chosen As Sierra Madre's Older American Of The Year On Her 97th Birthday

SMEAC nominates Laurie Cooper for the Older "Sierra Madre" American of the Year, 2015. Using the hard earned but much appreciated G I Bill, Laurie and husband Dick came to Sierra Madre in the late 1940's and built one of the first homes in the new tract at Laurel & Canon. From that moment on Laurie assumed active participation in her new community and has never stopped. At the age of 96, Laurie is one of SMEAC's earliest members and a leader and active participant throughout the organization's 45-year history. Notably active in the creation and continual stewardship of Bailey Canyon Wilderness Park and a volunteer docent for SMEAC's Natu re Awareness program in the schools, she also served as president for a 12-year term! Laurie's commitment to environmental issues and action sustained SMEAC's other brainchild - the first volunteer recycling center for the City of Sierra Madre before curbside recycling was enforced. With Laurie at the helm our little homegrown recycling center reached an effectiveness unsu rpassed in all of Southern California, bringing to the City of Sierra Madre the Los Angeles Regional Agency's Chevron Award of Recognition of Excellence in Environmental Stewardship as early as 1985 when recycling was still a new concept. Not only did this award bring acclaim, it also brought the city significant savings in its efforts to meet government required refuse diversion.



Laurie has been committed to community service her entire adult life. Photo by Jacquie Pergola

Laurie has spent countless hours speaking with thoughtf ul precision to the City Council, City Commissions, and other community groups on behalf of issues she felt impacted the health, beauty, and responsible operation of our community. She is a stalwart proponent of collaboration between citizen groups and city government and is a true role model epitomizing what makes a caring, responsible, and ACTIVE citizen. She is also a lifelong member of the League of Women Voters and through this organization has hoped to promote educated citizen participation in the voting process so crucial to democratic governing. She still hosts monthly meetings and encourages all people to learn, listen, speak carefully, and work together for mutual solutions.

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## WHAT LIES AHEAD

MAYOR DISCUSSES SIERRA MADRE'S MOST CRITICAL CHALLENGES (excerpt from *The State Of The City*)

The three main challenges that we face as a City are (1) our continued water quality and source of water; (2) development-related pressures, and (3) our budget going forward.

(1) Water quality and our water source – We have heard from many of you over the past year about the lacking quality of water that we now have since we started importing our water. There is no doubt about that – we were used to drinking the best water in the county from our taps, and now people are finding themselves running to the store, buying expensive filters, and signing up for Arrowhead and Sparkletts accounts for their drinking water. I assure you that we are making progress, with the help of our staff and our hired Water Expert. As many of you have probably witnessed, the discoloration has largely subsided, and we are working expeditiously to eliminate it altogether. However, the only real way to solve the problem is to get back to relying on our own acquifer for our water. We need to stop importing water: it's not only more expensive, but it is just not what we're used to drinking. And the only way we will be able to do that is with continued conservation, which is why your efforts are so important. Sierra Madre is tied to our water source historically – it really is engrained in our DNA, from the very beginning of this town with Lucky Baldwin and Nathaniel Carter. Therefore, we are going to continue to aggressively approach this issue, and won't stop until we're back drinking Sierra Madre water.

(2) Development/Land Use – We have taken important steps with the recent demolition moratorium to show that we are serious about preserving this town. We are not some of our neighboring cities - we will not allow our beautiful homes which represent the visual fabric and history of this community fall victim to overdevelopment. While we will continue to respective property rights, we also want to ensure that we are doing everything we can to protect our historic homes. Our soon-to-be passed revised demolition ordinance is an important first step in that

process, but we will also be considering changes to our R-1 zoning codes, which the planning commission has been wrestling with diligently for months. The enactment of the revised General Plan will help as well.

Essentially, we will be deciding how best to protect this community from overdevelopment through the use of smart, sensible zoning codes that will ultimately protect our historic homes. While this is popular with some, it is unpopular with others. I respect and understand both perspectives. However, what we do as a council is not always popular – being popular is not necessarily our job, and I hope we never make decisions based on whether we will be loved or liked for such decisions. What we are doing, and will continue to do, is make the right and prudent decisions for the community as a whole as your fiduciaries. The goal is simply to keep Sierra Madre, Sierra Madre – that is, to ensure that, long after we're gone, the next generations get to continue to enjoy this little piece of heaven that we call home. That starts with our planning.

(3) Budget - Finally, and most importantly, our budget is the largest and most important challenge we will face in the upcoming year.

We are all aware that, starting in July of this year, our Utility Users Tax will decrease from 10% to 8%, and in July 2016, it will decrease to 6%. That will have a material impact on our budget and our ability to deliver services to this community – there is no doubt about that. As you can see, we are projecting a deficit in 2016 of approximately \$230,000, and a deficit in 2017 of \$730,000. Those are large numbers -- \$230,000 is almost our entire Community Services budget. \$730,000 is essentially the size of our Library budget, or a substantial portion of our Fire Department. In other words, based on our projected loss of revenue, we are faced with very difficult choices. The reality is that, if we are unable to replace these lost UUT revenues, we will be forced to cut services substantially. You have heard this before; this is not new. We have already been forced to outsource the operation of our community pool, and the

programs in our Youth Activity Center. But the time when we will likely lose something more substantial – whether that be our police department, our library, our fire department – is quickly approaching. The reality is that we will not be able to operate as a full-service city after losing over 12% of our General Fund budget.

We have two basic choices – the first option is we, as a community, implement an acceptable revenue alternative – whether that be a UUT at 8 or 9%; a parcel tax to support our Library; or something else. We need residents to start thinking creatively and proposing ideas for this. We as a council will have our own ideas of course, but community buy-in is essential here. Or, the second option is we decide in the 6 months what is expendable, and begin implementing steps to outsource a department or cut programs until we have a balanced budget. The third alternative – to operate in a deficit and burn through our reserves, is frankly not an option that I am willing to consider.

In order to facilitate this, we will begin in the next few months a series of town hall, community, and online meetings to discuss the budget and our path forward. My personal view, as your Mayor and as a resident, is that we find a workable solution on the revenue side so that we do not have to lose any of our precious services. For example, I would be in favor of discussing a UTT at a rate higher than 6% -- whether that be 7, 8, 9, or 10%. I would also be in favor of seeing this community rally around a Library parcel tax. I do not want to cut one of our departments – especially public safety. To me, the most important services we provide is keeping our residents safe, and as long as I'm on the City Council, I will not jeopardize that.

We have had a movement that has arose in our town, spearheaded by the organization "Preserve Sierra Madre." It is a movement that is founded on the idea that we should preserve this town that we love so much, an idea that has been alive and well for a long time. In fact, I believe everyone in this town wants to preserve Sierra Madre,

and lives here because of that very reason. I applaud Preserve Sierra Madre's efforts and anyone who supports what they're doing.

But I remind and challenge every person who supports their efforts to realize that preserving Sierra Madre goes well beyond protecting the physical structures within this City – it requires a commitment to preserve our way of life and the community that we have built over the past 107 years. I challenge each member of the community that comes to City Council meetings to implore us to preserve Sierra Madre by protecting our homes to come to our meetings to implore us to preserve Sierra Madre by protecting our services as well.

The two go hand-in-hand – without Police officers protecting us from burglaries or firefighters protecting us from catastrophic injury what good is it living in a historic home with a view of hillsides? Without being able to provide our children or seniors with social outlets through our community centers and Library, what good is it to have a General Plan that supposedly protects our way of life. The people of Sierra Madre, more so than the homes or the hillsides themselves, are the backbone and fabric of this community. We cannot forget to protect them (us) and preserve the quality of life we have come to know and love.

I am confident that, whatever happens, the team we have behind the dais and in City Hall will solve this problem working together. There is not a problem too big or complex that we as a Council cannot handle – nor a solution to that problem that our staff will not be able to implement. The buck will always stop with your City Council, and I would have it no other way. That is why you elected us – to make the tough decisions for you, which we will continue doing with your input.

We will continue earning your trust with everything that we do. We will continue making you proud to live in Sierra Madre, our Village of the Foothills that is unlike any other. And we will continue to fight to preserve the quality of life that we have in this town.

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## Weather Wise



## 6-Day Forecast

## Sierra Madre, Ca.

Sun:	Sunny	Hi 70s	Lows 50s
Mon:	Sunny	Hi 70s	Lows 50s
Tues:	Sunny	Hi 80s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 50s
Thur:	Sunny	Hi 90s	Lows 50s
Fri:	Sunny	Hi 90s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:  
Tuesday, March 23, 2015  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

## SIERRA MADRE CITY MEETINGS



## City Council

March 23, 2015 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "01/06/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

## Upcoming Public Meetings

## City Hall Hours

Monday - Thursday 7:30am - 5:30pm

Planning & Community Preservation and Public Works Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall

232 W. Sierra Madre Blvd. Sierra Madre, CA 91024

(626) 355-7135

## TURF REMOVAL REBATE PROGRAM

There is still funding for the Turf Removal Rebate Program! Property owners may be eligible to receive a rebate of \$1.00 per square foot of turf that is removed. The maximum rebate is \$1,000 per property owner.

Applications are available at City Hall, and applications will be processed on a "first come, first served basis." There is a total of \$48,000 in grant funds available. To be eligible, rebates are only available for turf removed from private property yard areas visible from the street. Rebates do not apply to parkways or back yards. The rebates are not retroactive, meaning that the program does not apply to properties where turf has already been removed. There are additional regulations, which are available in full at City Hall and on the City's website.

Applications are available on the City's website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com), but applications must be submitted in person to City Hall. Emailed or faxed applications will not be accepted.

For additional information, please visit City Hall on Monday to Thursday from 7:30 am to 5:30 pm, or call (626) 355-7135.



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JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,  
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## Rotary Club of Sierra Madre

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## Wistaria Thrift Shop's

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Memorial & July 4<sup>th</sup> Items

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## REMEMBRANCE

"Jack" (John) DeWitt Tierney passed away quietly at home from a long term illness on Thursday March 12. He was 77 years old. Born and raised in Pasadena, Jack had called Sierra Madre "home" for the last twenty some years. During his many years here, he touched so many lives. To anyone who frequented Bean Town during that time, he was well known as a fixture there. More than just one of the many recognizable faces, he was the very heart of the Bean Town community. He loved people, and his outgoing and warm personality drew in anyone who had a moment to chat...friend or stranger. He had a genuine fascination with everyone's "story", and his child-like enthusiasm about about what anyone brought to the table served to motivate each of us to be all that he saw us to be.

He also was the hub of his church's community. He was very active in Grace Pasadena Church and he derived great joy out of knowing and supporting the children in the church. Church members remember Jack as a firm believer in Jesus Christ and how he regularly shared stories about how God intervened in his life, dramatically changing him and his lifestyle.

Jack was incredibly fit for his age. An avid cyclist, he biked many miles a week. He was a founding member of the local bike club "The Chain Gang" who cycle the San Gabriel Valley and the local mountain roads, frequenting favorite food establishments along the way.

It was Jack's desire that we let people know how much he appreciated us all and how much joy others brought to his life. It was also his desire that we all come together to celebrate his life. He made arrangements for that to happen before he passed on. There will be a memorial party for him at Bean Town on Sunday, March 29th from 3 to 6 pm. All who knew Jack are welcome to attend.

In Jack's memory, we will be collecting used bicycles, bicycle parts, and cash donations to be donated to Bike San Gabriel Valley, a group who is establishing a bike co-op in El Monte that is geared toward getting kids on bikes and encouraging cycling as a more economical and enjoyable alternative for local transportation. The co-op will offer a more affordable place for bike maintenance and repair, community education for cyclists, and a hub for the local cycling community and cycling clubs. Please drop off all bike and part donations to 565 Woodland Drive in Sierra Madre between now and Sunday, March 29th. Monetary donations will be collected at the memorial party on March 29th. A member of the co-op will be on hand to accept the donations.

Jack is survived by his sister, Sandra Cooper of Stockton, his brother, Wayne Tierney of Santa Cruz, his aunt, Betty Ryan, his daughter, Debbie Tierney, and his son, Rick Tierney. He will be deeply missed by his family and by members of each of his communities. We all wish him peace and will carry him in our hearts forever.



## Walking Sierra Madre...The Social Side

by Deanne Davis

"Of Wistaria blooms, I caught sight, today,  
And ever since as violet of the deepest hue,  
My passion, grows ever more profound!" Ise

That pretty much says it all. Walking Sierra Madre this week, gearing up for the Festival this weekend, we've noticed, my horticultural expert walking buddy, John, and I, that the wistaria this year all over town is spectacular and the Vine should be absolutely amazing. Don't know if it's more rain or warmer days, but we saw a wistaria on Laurel today that was beyond beautiful and I hope they took a picture of it. It's all over town, just keep an eye peeled for those lovely purple blossoms.

This weekend's activities look to be a lot of fun. The music should be great, too. How can you miss with bands like The Gem City Jazz Cats and Chico's Bail Bonds! This year we're adding a vintage auto show. I love looking at those pampered beauties which have been restored beyond their wildest dreams.

We don't know about you, but Daylight Shifting Time last Sunday took the starch out of us for a couple of days. This is one of those concepts that has definitely outlived its usefulness. Did you know there are more auto accidents right after Daylight Shifting time than usual. Could it be because drivers are crankier than usual and a little off their game, too. Apparently, it was Benjamin Franklin's original idea to save on candles. Probably needed something to fill up a blank spot in "Poor Richard's Almanac."

How did your daffodils do this year? Ours were a little disappointing...well, a lot disappointing, as they put up the usual stalks but produced few flowers. The Dutch Iris, however, are looking like they're planning to give us a bumper crop.

St. Patrick's Day is next week, March 17th, which reminded me of a really splendid family of folk singers, The Galligans, we knew a few years ago, who made an amazing Irish Soda Bread.

You might give it a try to go along with your corned beef and cabbage...

Put 3 cups of flour in a bowl with 1 TB. of baking powder, 1 tsp. baking soda, 1 tsp. salt. Blend in 4 TB. of soft butter, add 1 TB caraway seeds, 1 cup of currants, 1 cup dark raisins, 1 cup golden raisins. Mix!

Then add ¾ cup of sugar, one beaten egg and 2 cups of buttermilk. (As few of us have 2 cups of buttermilk lounging around in our fridge, try this: 1 TB of white vinegar per cup of milk. Measure the vinegar into the cup then add the milk to get a correct measurement. Let it sit for about 10 minutes and...voila! buttermilk.)

Pour into a greased iron skillet or loaf pan. Bake 10 minutes at 400 degrees then 45 minutes at 350 degrees. Test with toothpick in the center for doneness. Let it cool a bit, spread with butter and enjoy. As Jim Galligan says on his recipe, "Grandma Galligan made it this way in Ireland, County Armagh, many years ago." He never said, "Faith and Begorra!" and probably nobody else Irish does either, but he was a fine singer and this is really good bread. Happy St. Patrick's Day!

We are going to have such great weather for the Wistaria Festival this Sunday. Be sure you plan your day to be there. We're going to check out the music, the Art & Garden Faire and the Vintage Cars. Sorry to see that Sierra Brigante is closed for remodeling so we won't be sitting out on their lovely patio enjoying a snack, a glass of something, and a spectacular view of our own personal mountains.

Did you know we have one of those curbside libraries where you can take a book and leave a book? They're called Little Free Libraries and we admired ours this morning. This is such a fantastic thing to do. It's on Laurel, if you need a book or can give a book. Their selection was excellent, btw.

Why not check out my book page: Amazon.com: Deanne Davis

Blog: [www.authordeanne.com](http://www.authordeanne.com)

My book: "Tablespoon of Love, Tablespoon of Laughter" is available there...

## SIERRA MADRE POLICE BLOTTER

*During the week of Sunday, March 1st, to Sunday, March 8th, the Sierra Madre Police Department responded to approximately 390 calls for service.*

Tuesday, March 3rd

At 9:25 am, Sierra Madre Police responded to the station lobby regarding a suspicious incident that had occurred on her residence on the 300 Block of North Baldwin Avenue. The victim informed Officers that on February 28th, between the hours of 6:00 and 7:00 pm, she left her apartment to go to the laundry facility within the apartment complex. The victim stated she left her front door open with the screen door closed but not locked. She returned a few minutes later and discovered her front door closed with the deadbolt locked and the blinds on the front door drawn. The victim looked between the blinds of the front door and saw her back door was open, which was closed and locked prior to her leaving the apartment. Nothing appeared to be missing from the apartment and she never saw anyone enter or leave the area of her apartment. This case has been forwarded to the Detectives Bureau.

Wednesday, March 4th

At 10:18 am, Sierra Madre Police responded to the station lobby regarding an identity theft report. The victim informed Officers that the night before, she attempted to file her income tax online using an online software. During the process, she received an alert from the software which informed the victim that her social security number had already been used in an income tax return. This case has been forwarded to the Detectives Bureau.

Saturday, March 7th

At 5:50 am, Sierra Madre Police responded to the 400 Block of West Highland Avenue regarding a vehicle burglary. The victim informed Officers that earlier that morning while he was getting ready to leave for work, he noticed the driver side panel of his work utility truck was open. The victim inspected the panel and discovered several of his tools were missing. Upon inspection, Officers discovered the metal hooks to keep the panels in place were bent and appeared to be damaged to gain access to the interior. Fortunately, the victim had a working security camera and recorded the incident. The video displayed a newer model dark colored sedan drive past his residence, then come back a short time later and park in front of the driveway. Two male subjects exit the vehicle, wearing grey sweatshirts and jeans, and approach the driver's side panel. The suspects gain access

to the panels and remove the tools and flee in the dark colors sedan. Estimated loss was totaled at around \$1800. This case has been forwarded to the Detectives Bureau.

At 9:11 am, Sierra Madre Police responded to the 600 Block of Valle Vista Dr. regarding a theft report. The victims informed Officers that they went out to their vehicle earlier that morning and discovered the rear passenger door was open. Upon further inspection, the victims noticed various small items were missing from the vehicle, along with petty cash and coins. The husband stated the last person to use the vehicle was his wife, who often forgets to lock the vehicle. The estimated loss was totaled to be less than \$50. This case has been forwarded to the Detectives Bureau.

At 1:00 pm, Sierra Madre Police responded to the 2100 Block of Santa Anita Ave. regarding a theft report. The victim informed Officers that earlier that day, she came out to her vehicle which was parked in her driveway, and noticed the front left door and trunk door were open. Upon further inspection, the victim discovered her car had been rummaged through with the contents of her glove compartment being strewn all over the vehicle. Other than a \$5 dollar bill, nothing more from the vehicle appeared to be missing. The victim informed Officers that she never locks her vehicle doors, as there were no signs for forced entry. This case has been forwarded to the Detectives Bureau.

Sunday, March 8th

At 2:40 pm, Sierra Madre Police to the 200 Block of North Hermosa Ave. regarding a residential burglary. The victim informed Officers that they were contacted by the fumigation company that was working on their house, after the workers discovered two tears in the tarp covering the home, with the both the front and back door left open. During the Officer's investigation, it appeared the suspect(s) entered the home by tearing the tarp and gaining access through a back door. The suspect(s) ransacked several rooms stealing various items including jewelry. The suspect(s) then tore a second hole and exited the home through the front door. Current estimation of loss is totaled to about \$1,000. A more detailed investigation will occur once the pesticide is cleared from the home. This case has been forwarded to the Detectives Bureau.

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## Teacher Pleads to Falsely Imprisoning Teenagers

A former high school teacher pleaded no contest Thursday to falsely imprisoning students in their car while they drove over a weekend through Altadena, the Los Angeles County District Attorney's Office announced. According to Deputy District Attorney Melanie Buccat, Arroyo Pacific Academy teacher John Edward Maust, entered the plea to two felony counts of false imprisonment by violence.

Los Angeles County Superior Court Judge Elaine Lu of the Pasadena Branch immediately sentenced Maust to five years formal probation, 180 days of community service and more than 50 Alcoholics Anonymous sessions.

Maust also was ordered to one year of counseling and to stay away from the victims. Additionally, he is prohibited from consuming any alcohol while on probation according to the ruling.

According to Los Angeles County Public Information Officer, Ricardo Santiago, on June 7, 2014, three teenagers, two of whom attended Arroyo Pacific Academy where Maust taught, were driving when they saw the defendant in his driveway. After the victims stopped to talk to him, Maust got into the back seat and told one of the victims to drive, the prosecutor said.

During the drive, Maust took out a pocket knife and began waving it around at which point the driver pulled the car over and two of the victims were able to exit. When the driver attempted to also exit, Maust placed him in a choke hold with the pocket knife up to him and demanded that he be taken to a fast food restaurant, the prosecutor added.

After the victim complied, he drove the defendant home and Maust fled from the vehicle, according to the prosecutor.

The case was investigated by the Los Angeles County Sheriff's Department, Altadena Station.



Pasadena police use of force simulator

## Highly Critical Police Audit Released

By Dean Lee

Pasadena Police Chief Phillip Sanchez defended his department Monday afternoon to the city's Public Safety Committee after an audit released in January said the department had weak policies regarding criminal investigations, a serious lack of formal training for detectives and serious flaws in the department's records.

Although Sanchez said there were several areas of concern including potential violations of protocols, practices and policies he said the audit did not suggest Pasadena police officers were rogue.

"What the report doesn't spell out, that we know for a fact, is that nobody was placed in prison wrongfully without probable cause or judicial review," he said. "Search warrants were signed by judges and reviewed by the district attorney office. So those kinds of checks and balances are in place."

Criminal Investigations Division Commander John Perez said officers go through a "detective school."

"They learn all the new investigative principles and technology that we offer," he said.

Perez also said of the 58 audit recommendations, the department has begun to implement or implemented 51 of them. "We did not wait for the audit to make critical

changes to our operations," he said.

Sanchez said of the remaining seven findings, "they will require additional investigation but have not fallen by the wayside and we are committed to following through with those."

Councilmember John Kennedy said the proper systems were not in place to prevent egregious conduct.

"If there is a lack of training, lack of oversight, lack of accountability and so forth in the detective division of the police department, then we must contemplate that these problems may also exist elsewhere in the department," he said.

Vice Mayor Jacque Robinson also called the audit finding alarming.

The independent audit, conducted by the Veritas Assurance Group, of homicide investigations, non-homicide investigations and personnel investigations calls out increasing public scrutiny including the officer-involved shootings of Le Roy Barnes in 2009, Sherwin Williams in 2010 and Kendrec McDade in 2012.

The finding ranged from how police data is managed, to training management and gathering evidence during criminal investigations. The audit also suggested Sanchez conduct regular audits of high risk functions including,

## Mayoral Debate to be Held at the Convention Center



Robinson  
Larry Mantle, host of KPCC's AirTalk Show, will serve as moderator

The public is invited to attend a live, televised debate between Pasadena's mayoral candidates Jacque Robinson and Terry Tornek that will be moderated by Larry Mantle, the host of 89.3 FM KPCC's AirTalk radio show. The event will be held at the Pasadena Convention Center Ballroom, 300 E. Green Street, beginning at 7:00 p.m., Tuesday, April 7, 2015.

Pasadena Councilmembers Tornek and Robinson are in the run-off election for Pasadena's Office of Mayor after receiving the highest percentage of votes in the March 10 primary race, with no single candidate receiving more than 50 percent of the total votes. The run-off election is April 21, 2015. The winner will be the first directly elected mayor for Pasadena in 16 years and only the second directly elected mayor in the City's history.

Questions will be provided in several formats, including questions submitted by the homeowner groups and neighborhood associations throughout Pasadena. Questions will also come from person-on-the-street interviews conducted by producers from the Arroyo Channel and questions submitted by the public via social media platforms Twitter and Facebook.

The event will be televised by Pasadena Media, which



Tornek oversees the Public, Education and Government (PEG) cable television stations serving Pasadena. The debate will be simulcast on the Arroyo Channel, the community access station and KPAS, the government access station. KPAS is available on Channel 3 and the Arroyo Channel is seen on Channel 32 for Charter subscribers. KPAS and the Arroyo Channel are both available on the AT&T U-Verse platform on Channel 99/Pasadena. The event will be streamed live on the websites for Pasadena Media, [www.pasadenamedia.tv](http://www.pasadenamedia.tv) and the City's website at [www.cityofpasadena.net/Media](http://www.cityofpasadena.net/Media). The debate will be re-broadcast prior to the election.

Mantle has been the host of AirTalk on KPCC since April of 1985. AirTalk, online at [www.scp.org/programs/AirTalk](http://www.scp.org/programs/AirTalk), is the longest continuously running daily talk program in the Los Angeles radio market. Mr. Mantle is one of Southern California's most respected and well-known journalists and radio broadcasters.

Seating will be available on a first-come basis beginning at 6:30 p.m. The debate will last at least 60 minutes, followed by a brief meet-and-greet opportunity by the candidates with audience members.

The Pasadena Convention Center, [www.visitpasadena.com](http://www.visitpasadena.com), is providing forum space. The League of Women Voters, Pasadena area, [www.lwv-pa.org](http://www.lwv-pa.org) will lend assistance in preparing the questions for the candidates.

## Working Group Opposes SR-710 Tunnel Option

Multiple transportation options focused on moving people, not vehicles, is the best approach to help complete the State Route 710 project, according to recommendations included in a report recently forwarded by the City's SR-710 Alternatives Working Group to Mayor Bill Bogaard and City Manager Michael J. Beck.

In a letter dated March 9, 2015, the Working Group concluded "a priority of any proposal should be on moving people, rather than vehicles." Other important priorities identified included ensuring "consistency with Pasadena's General Plan, enhancing travel options for underserved communities, improving safety, minimizing environmental impacts, reducing surface street traffic and providing transportation choices to the public," the Working Group noted.

The Working Group began meeting in September 2014. Members include Stephen Acker, Geoffrey Baum, Joel Bryant, Alan Clelland, Sarah Gavit, David Grannis, and Jennifer Higginbotham. The group identified the following specific recommendations that the project should concentrate on: Light Rail Transit (LRT); Expanded Bus Service; Local Street Network (LSN) Improvements and Bicycle Transit

The March 9 letter said the tunnel option "is not a preferred alternative for Pasadena."

The SR710 Working Group Letter reads, "Whether the tunnel proposal would reduce

congestion and north-south corridor travel times rather than simply shift existing traffic onto a newly created route without measurable improvements to the network or positive impact on local traffic in Pasadena could not be determined," the group noted.

Metro has released the SR-710 Draft Environmental Impact Report /Environmental Impact Statement (DEIR) and is now accepting comments on it. Go to <http://www.metro.net/projects/sr-710-conversations> for more information.

Metro will conduct a public hearing on the DEIR in Pasadena on Tuesday, April 14, at the Pasadena Convention Center, 300 E. Green Street. Map viewing will be from 5-6 p.m., followed by the public hearing from 6-9 p.m.

The day before Metro's meeting, the Pasadena City Council will include a discussion about the project and the DEIR during its Monday, April 13, 2015 meeting, also to be held at the Pasadena Convention Center, beginning at 6:30 p.m. Both meetings will be recorded by Pasadena Media, [www.pasadenamedia.org](http://www.pasadenamedia.org) for broadcast on KPAS, the government cable access TV station, available on Ch. 99 for AT&T U-verse subscribers and Ch. 3 for Charter. The meetings will be streamed on Pasadena Media's website and the City's website at [www.cityofpasadena.net/Media](http://www.cityofpasadena.net/Media).

The group urged the Mayor and City Manager to consider including their alternatives in the City's official response back to Metro for the DEIR.



## Free March Events at the Pasadena Senior Center

There is something for everyone in March at the Pasadena Senior Center, 85 E. Holly St. All events listed are free.

You do not have to be a member to attend. Some events require advance reservations as noted.

**Memory Games – Tuesdays, March 24 to April 14, at 1 p.m.** Exercise your brain with memory games and work on an art project to enhance your mind and memory. Reservations are required: 626-685-6733.

**Ageless Benefits of Exercise – Thursday, March 26, at 10 a.m.** Learn how simple exercise can benefit your total

health. A 20-minute chair exercise session will focus on flexibility and balance. Presented by Huntington Hospital.

**Book Club at the Center -- Friday, March 27, at 1 p.m.** Read Boys in the Boat by Daniel James Brown and then join other members of the Senior Center Book Club for a discussion. The nonfiction book tells the story of the American rowing team that stunned the world at Hitler's 1936 Berlin Olympics. For more information call Judy Starlight at 626-685-6706.

For more information visit [www.pasadenaseniiorcenter.org](http://www.pasadenaseniiorcenter.org) or call 626-795-4331.

## Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.



PASADENA MEDIA

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio

Production/ Equipment training is also offered to volunteer crew members. In addition, on-going training will soon be available in citizen journalism and digital film groups. Call the office (626) 794-8585 or go to [PASADENAMEDIA.ORG](http://PASADENAMEDIA.ORG) and explore what Pasadena Media has to offer.

Class offerings days and nights weekly

Station Schedule

**Producer Training**

Monday March 23, at 6:00 p.m. - 8:00 p.m.

**Pasadena Media Social Hour**

Tuesday March 24, at 6:00 p.m. - 8:00 p.m.

**Producer's Training**

Wednesday April 1, at 6:00 p.m. - 8:00 p.m.

**Intro to Field Production**

Thursday April 2, at 6:00 p.m. - 8:00 p.m.

**Orientation & Tour**

Monday April 6, at 6:00 p.m. - 8:00 p.m.

## Pet of the Week



Cowboy is a one-year-old male gray and white pit bull terrier mix. He still has puppy energy, so he loves to play and go for walks. Cowboy is affectionate and sweet and would do well in a household that is very active. Cowboy is already neutered which means he would be free to go home with you today!

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).





Photo credits: Above left and right and Monument Photo- Dave Felt; Below Vine and Community Organizations by Dean Lee. Bottom, SNECT and Auto Show line up by Dave Felt.



Last Sunday, The Sierra Madre Chamber of Commerce hosted the city's Annual Wistaria Festival. Perfect weather brought thousands of visitors to town who not only patronized our local businesses, but also to learn about our local organizations, dine on food in our local restaurants and 20 food vendors, view over 40 Vintage Vehicles in the Car Show and shop with more than 120 crafters.

The good weather brought several thousand visitors to the vine via foot and also via the Shuttle. More than 50 local volunteers staffed the event.

Bottom line, another great festival and opportunity to show off the wonderful City of Sierra Madre.

MVNews





## ARCADIA POLICE OFFICERS ARREST THREE MALE ADULTS FOR SUSPICION OF ATTEMPTED RESIDENTIAL BURGLARY

At approximately 12:37 PM, a resident observed two suspicious men knocking on the front door of a residence in the 2000 Block of South Santa Anita Ave. The two men were seen entering the rear yard of the residence and a short time later, one of them exited the rear yard. That man got into a car which was parked to the front of the residence.

The resident who observed this called APD to report the suspicious activity. Within a few minutes, APD Officers arrived and detained two occupants in the vehicle. A third man was detained in the 00 Block of Las Flores, directly behind the house on Santa Anita Ave.

The initial investigation uncovered information linking the three men to a crime at the South Santa Anita Ave location. All three men were arrested and charged with Attempted Residential Burglary.

The three men arrested were identified as:

Maurice Lovell McKnight, a 30 year old resident of LA  
Bryan Marcell Riley, a 35 year old resident of Los Angeles  
Ramar Kyle Jenkins, a 31 year old resident of Pasadena

All three are being held on \$50,000 bail at the Arcadia City Jail.

The investigation is continuing by Arcadia Police Department Detectives. Anyone with information related to this case is asked to call the Arcadia Police Department at (626)574-5150. You can also submit crime tips and information anonymously via text, phone, or web at LA Regional Crime Stoppers, (800)-222-8477 (TIPS).

This is another great example of our community and officers working together to help prevent crime and catch criminals. Remember, if you "See Something, Say Something."

## ARCADIA POLICE BLOTTER

*For the period of Sunday, March 8th, through Saturday, March 14th, the Police Department responded to 1,048 calls for service of which 128 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, March 8:

1. Just before 12:52 a.m., an officer conducted a traffic stop on a vehicle in the area of Colorado Place and Gate 5 of the Santa Anita Race Track for having expired registration. Upon contacting the driver, the officer discovered the 33-year-old black female had never been issued a driver's license. She was cited and released in the field. Her vehicle was left legally parked.

1. At approximately 4:44 p.m., an officer responded to a residence in the 1300 block of North Baldwin Avenue regarding a burglary report. The victim stated he was lured to his backyard by Suspect #1 who offered to show the victim the quality of his work he performed on a neighbor's wall behind the victim's house. While the victim and Suspect #1 were in the backyard, Suspect #2 entered the victim's home, ransacked the residence, and stole three designer watches. Suspect #1 asked the victim to wait in the backyard while he, Suspect #1, drove to the other side of the wall to retrieve some tools he had left there. The victim saw Suspect #1 flee in a newer model, white Ford Mustang with paper plates. After a brief wait, the victim returned to his home and noticed the items missing. The victim never saw Suspect #2.

Suspect #1 is described as a Hispanic male in his late twenties, approximately 5'10", 200 pounds, with short black hair and a tear drop tattoo under each eye. Both suspects are outstanding as of the date of this report and the investigation is ongoing.

### Monday, March 9:

1. At about 10:12 a.m., an officer initiated consensual contact with a person laying near the entrance of 7-Eleven, 200 East Live Oak Avenue, due to the need for possible medical assistance. After contacting the subject, a records check revealed the subject had an outstanding warrant. The officer arrested the man and transported him to the Arcadia City Jail for booking. During the booking process, the jailer discovered the subject had marijuana hidden in his sock and the subject had given the officer his brother's name and date of birth. Fingerprint identification revealed the subject was a 35-year-old Hispanic male with three outstanding misdemeanor warrants. The offenses of Impersonating Another and to Bring Illegal Drugs Into A Jail were added to the list of charges.

1. At approximately 5:26 p.m., an officer responded to a residence in the 1200 block of South Third Avenue regarding a report of mail theft that occurred on Thursday, March 5th at 3:23 p.m. Surveillance footage revealed a Hispanic female, approximately 30-years- old, with dyed red hair took the victim's mail from her mailbox and continued walking southbound on Third Avenue. The suspect is outstanding at the time of this report. The investigation is ongoing.

### Tuesday, March 10:

1. Around 11:08 a.m., officers responded to the area of 948 West Huntington Drive regarding a vandalism in progress. The officers located a vehicle with a driver fitting the description of the suspect in a nearby area. An investigation revealed the driver of the vehicle, an 18-year- old Hispanic male, was responsible for the vandalism and was also in possession of a large quantity of prescription medication. He was arrested and transported to the Arcadia City Jail for booking. The offense of Possession of Prescription Medication For Sale was added to the list of charges.

1. Just after 11:40 p.m., an officer responded to the area of 941 West Huntington Drive regarding the sound of a possible traffic collision. The officer located two damaged vehicles and a subject walking away from collision. Upon contacting the individual, the officer detected a strong odor of alcohol emitting from the 40-year-old Asian male's breath. Through a field sobriety test, the officer determined the subject was driving under the influence of an alcoholic beverage during the time of the collision. He was arrested and transported to the Arcadia City Jail for booking.

### Wednesday, March 11:

1. Shortly after 9:46 a.m., an officer responded to the 300 block of Warren Way regarding a report of possible mail theft. The reporting party found opened mail belonging to his neighbors in his mailbox. No suspect was seen and no witnesses were located. The investigation is ongoing.

1. At about 11:47 p.m., officers responded to 24-Hour Fitness, 125 North First Avenue, regarding a theft report. The victim stated he secured his backpack in a locker, and when he returned, found his property and lock missing. The crime occurred between 4:00 p.m. and 7:00 p.m. No suspects were seen and no witnesses were located.

### Thursday, March 12:

1. At approximately 7:54 a.m., an officer responded to 825 Arcadia Avenue regarding a commercial burglary report. An investigation revealed sometime during the previous evening, unknown suspect(s) cut the lock to the location, entered the main office, stole several sets of keys, accessed additional containers, and stole miscellaneous property. No suspects were seen and no witnesses were located.

1. Around 6:47 p.m., an officer conducted an enforcement stop on a vehicle in the area of North Santa Anita Avenue and East Huntington Drive for talking on a cell phone while driving. The officer discovered the driver, a 27-year-old Hispanic female, was driving with a suspended license. A consensual search of the vehicle revealed two methamphetamine pipes, one belonging to the driver and the other belonging to the passenger. The passenger, a 31-year-old Hispanic female, admitted to having a bag of methamphetamine in her pant pocket. The officer also located a bag of methamphetamine in the driver's purse. Both females were arrested and transported to the Arcadia City Jail for booking.

### Friday, March 13:

1. Just after 12:14 p.m., an officer responded to the Arcadia Association of Realtors, 601 South First Avenue, regarding a vehicle burglary report. Surveillance footage revealed an unknown Hispanic male broke the front passenger window of the vehicle and was seen searching through the vehicle before fleeing on foot. The male suspect was seen talking to a Hispanic female suspect in a van at the time of the crime. No loss was reported. The investigation is ongoing.

1. At about 4:05 p.m., an officer responded to Arcadia Congregational Church, 2607 South Santa Anita Avenue, regarding a nude man in front of the location. The officer located a 55-year-old white male sitting naked in front of the location with a methamphetamine pipe and nude photographs scattered around him. He was arrested and transported to the Arcadia City Jail for booking.

### Saturday, March 14:

1. Just after 8:38 a.m., an officer responded to the 200 block of West Live Oak Avenue regarding a vehicle burglary report. The officer determined an unknown suspect entered the vehicle by unknown means, ransacked the vehicle, and fled without stealing any property. The crime occurred sometime during the previous evening. The officer did not locate any witnesses or surveillance cameras nearby.

1. At approximately 10:16 p.m., officers responded to the 400 block of West Duarte Road regarding a theft that just occurred. An investigation revealed an unknown suspect cut the cable lock and stole a tennis ball cart. A witness described the suspect as a Hispanic male, 20 to 30-years-old, approximately 5'8" tall, with a shaved head. An area check did not locate the suspect. The investigation is ongoing.

## CONGRESS ORTHOPAEDICS/ELITE MOTION PHYSICAL THERAPY MIXER APR. 14

ARCADIA, CA - Long time respected Congress Orthopaedics will open its doors April 14, 2015 to Arcadia Chamber of Commerce members to showcase its new facility in partnership with Elite Motion Physical Therapy. The business mixer from 5 p.m. to 7 p.m. will include food by Matt Denny's Ale House restaurant, drinks, raffles, and networking. The event will be held at 289 W. Huntington Drive First Floor, Arcadia, CA.

Congress Orthopaedic Associates is a highly respected and progressive Pasadena-based orthopedic group dedicated to quality patient care, cutting-edge research and comprehensive patient education. Congress Associates began its relationship with the families of Pasadena and Greater San Gabriel

Valley over 40 years ago. In 1961 C.W. Lambert, MD and his brother Ross Lambert, MD both Orthopedic surgeons, began their practice on Green Street in Pasadena. Establishing a pattern of hard work and commitment to their patients, they quickly became the physicians of choice for the community. Their practice and reputations grew to the point where they were in a position to attract applications from the best young surgeons.

Attendees are encouraged to email the Chamber in advance at [info@arcadiacachamber.org](mailto:info@arcadiacachamber.org) so we can promote your gift and company. RSVP to the Arcadia Chamber of Commerce at (626) 447-2159 or email [info@arcadiacachamber.org](mailto:info@arcadiacachamber.org).



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## SANTA ANITA HAPPENINGS

### WINNER'S CIRCLE BBQ CHAMPIONSHIP SATURDAY, MARCH 21

For the fourth year in a row, the best in BBQ return to the Santa Anita Infield. Come taste and vote on delicious barbecue samplings from the top grillers in the state. Use promo code SMOKE999 at checkout for 50% off BBQ packages!

### TOKYO CITY CUP & RAMEN FESTIVAL SATURDAY, MARCH 28 & 29\*

Celebrating both East and West and a 20-year partnership between Santa Anita Park and TCK, experience Tokyo City Cup! Japanese cultural exhibitions, a two-day ramen festival in the Infield, and the best Thoroughbred racing anywhere, this is truly a one-of-a-kind race place tradition. \*\$5 walk-up entry for ramen festival. Tokyo City Cup Saturday ONLY

### MARCH MADNESS IN THE BUD LIGHT LOUNGE EVERY SATURDAY & SUNDAY

Get all the racing and sports action you can handle in the Bud Light Lounge! Includes access to our sports lounge complete with pool tables, all you can eat buffet, first drink included and tons of HD TVs! Use promo code BLUE for \$3 off package price.

### DERBY DAY 5K SATURDAY, APRIL 4

Register today for the 21st Annual Derby Day 5K! Start from a real Santa Anita Park starting gate and race like a Thoroughbred through the heart of Arcadia. All participants gain admission to that day's racing including the Santa Anita Derby, and each will take home a Derby Day 5K t-shirt and finisher's medal. Cash prizes for top finishers!

### THOROUGHBREDS DERBY DAY T-SHIRT SATURDAY, APRIL 4

THOROUGHBREDS in attendance will take home a free\* Santa Anita Derby T-Shirt. Complete with the official program page of the 2015 Santa Anita Derby on the back, the Santa Anita Derby T-Shirt has always been a fan favorite! (\*[Details here](#)).

### SA DERBY MILLIONAIRE CONTEST SATURDAY, APRIL 4

The horses won't be the only ones going for a million dollars on Santa Anita Derby Day! Enter the Santa Anita Derby Millionaire Contest on Saturday, April 4 and you could be on the road to winning one millions dollars!

### FAMILY FUN ZONE

#### EVERY SATURDAY IN MARCH & APRIL

Experience The Great Race Place with the whole family! The Family Fun Zone 4-pack is an amazing value for you and the little jockeys in your life. Includes hot dogs, sodas and chips for four, two daily racing programs, pony rides, face paintings, carnival games and more!

### FARRIERS PACKAGE EVERY RACE DAY\*

Box the race day essentials. Box seating is included in this great package that comes complete with Club House admission, meal from our Club House Mezzanine, one craft beer and a commemorative piece of Farriers memorabilia! Use promo code PINT for 40% off package price

### WEEKEND GUARANTEED POOLS

#### EVERY SATURDAY AND SUNDAY

Our weekend wagering gets even better with HUGE guaranteed Pick 6 and Late Pick 4 pools every Saturday and Sunday. Play the Pick 6 guaranteed at \$150K and the Pick 4 guaranteed at \$500K every weekend at Santa Anita Park!



**And they're off!**



# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## HISTORY OF AFRICAN AMERICANS IN MONROVIA

### SECOND BAPTIST AT IT'S BIRTH

THEN LOCATED ON ROYAL OAKS DRIVE — APPROXIMATELY 1904 THROUGH 1924



"History of African Americans in Monrovia: South of the Tracks" is the presentation at the Monrovia Historical Museum on Sunday, 29 March 2015 at 2 pm. Pasadena City College History Professor, Susie Ling, has done a year of research to document this important story. "Monrovia is unique in that it had an African American community since the 1880s," said Ling. "In many ways, this is a quintessential American story. People came West to build better lives for their children. There was chain migration, hard work, purchase of homes, and pursuit of educational advantages."

The African Americans lived side-by-side with their Mexican American and Asian American neighbors in the southeast corner of Monrovia. Some of the homes on Maple and Walnut were constructed in the 1910s. The Red Line came down on Olive Avenue and residents of color were expected to stay south of these Pacific Electric tracks. In fact Huntington Elementary School was 94% African American at one time. The segregated public school was not closed until 1970 – years after the 1954 Brown v. Board of Education Supreme Court order.

"My interviewees told stories of racial discrimination," said Ling. "They talked about how the public pool had 'Colored Days' and how certain establishments would not serve Blacks. There was a 'crow's nest' or balcony area in the former Lyric Theater for African Americans. Live Oak Cemetery was segregated in its beginning years. Blacks even had a hard time getting a library card." But the story is also about how African Americans fought for social justice, built community organizations, and



nurtured families. "There are three historic Black churches in Monrovia that are still very active. There was also a Monrovia chapter of NAACP and a Junior NAACP. The Anna H. Jones Women's Club is nearing 100 years," said Ling.

"The most surprising parts were the racial fights at Monrovia High School each year between 1969 and 1972," continued Ling. The Black Student Union at Monrovia High was established in 1969 and has a very proud and long history. "The diversity and history of Monrovia is something we should all be proud of. This is our shared legacy." Monrovia Historical Museum, staffed by community volunteers, is open to the public each Thursday and Sunday afternoon.

## MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 441 service events, resulting in 82 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

### Commercial Burglary

March 17 at 6:54 a.m., police responded to a business in the 400 block of West Foothill regarding a window that had been smashed at the location. An officer arrived and found the front window had been smashed and the suspect(s) stole the cash register, which contained a small amount of cash, and 6 packages of cigarettes. The investigation is continuing.

### Weapon Offense – Suspect Arrested

March 17 at 6:06 p.m., an officer was dispatched to the 900 block of Norumbega regarding a complaint of subjects smoking inside a vehicle in a fire zone. An officer arrived and contacted the driver. A check of the vehicle revealed the registration was expired and the vehicle was impounded. A search of the vehicle prior to impound revealed a pair of brass knuckles, which the driver said belonged to him. The driver was

arrested for possession of brass knuckles.

### Driving Under the Influence / Child Endangerment – Suspect Arrested

March 18 at 12:21 a.m., an officer was on patrol in the 600 block of West Huntington when he stopped a vehicle for almost crashing into the center divider. The driver was intoxicated and had her four year old child in the vehicle. The driver was arrested for driving under the influence and child endangerment. The child was released to a relative.

### Driving Under the Influence – Suspect Arrested

March 18 at 5:08 a.m., an officer responded to a business parking lot in the 700 block of South Shamrock regarding a female passed out behind the wheel of a vehicle. The subject was determined to be extremely intoxicated. She was arrested and taken into custody for sobering.

### Bicycle Collision With Injuries

March 18 at 1:50 p.m., an officer was dispatched to a bicycle accident at Canyon and Almond. Two juvenile bicyclists were riding on Canyon when one rider hit the other and went down, breaking his arm. The parents were notified and the child was taken to the hospital for treatment.

## DUARTE GENERAL FUND REVENUES INCREASE AT MID-YEAR

DUARTE, CA, March 17, 2015 – The Duarte City Council recently approved a \$13.65 million dollar adjusted mid-year budget projecting both a \$340,000 increase in General Fund revenues and an overall deficit of \$74,200. The originally adopted 2014-15 budget had a surplus of \$25,800. The deficit projected as of midyear relates directly to Council's recent decision to purchase \$700,000 in Proposition funds with \$490,000 in General funds. This decision to buy transit related funds for 70 cents on the dollar leaves the General Fund reserves at approximately \$7.4 million or equal to 54% of the City's overall General Fund expenditures.

General fund reserves increased largely as a result of grant program revenues. Specifically, the City of Duarte was awarded several new grants for public safety and transportation related projects. A \$350,000 California Gang Reduction Intervention and Prevention Program (Cal GRIP) grant was awarded to the City and will fund public safety youth programs and other prevention program costs. The City was also awarded a \$325,000 Metro-planning grant that will be used to create a Downtown Specific Plan over the next two years. Additionally, a \$1.3 million Active Transportation Plan (ATP) grant will fund the 1st Mile/Last Mile project improvements along Duarte Road and Highland in conjunction with the Gold Line Station over the next two years. In terms of negative revenue, the City experienced a \$150,000 reduction in projected reimbursements revenue

from the Successor agency as a result of a negative Department of Finance legal interpretation on Housing Authority funds.

Expenditures at year-end are projected to be \$13.65 million, which represents an increase of \$440,000 as compared to the original budget. The increase to expenditures relates to the new grant funded project costs and capital projects, such as the Civic Center Message Board and the Duarte Community Center audio-visual equipment upgrades. While not impacting the budget until next fiscal year, two new staff positions, Senior Maintenance Technician and Community Development Technician, are open in the Community Development Department in order to replace a vacated Field Services Supervisor position and support the needs and the existing staff structure of the department.

Overall, the City maintains a General Fund, 16 capital, debt service and other special revenue funds. As reported at mid-year, these City funds are projected to remain in a healthy state.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit [www.accessduarte.com](http://www.accessduarte.com) or call (626) 357-7931. Follow the City of Duarte on Twitter @CityofDuarte.

## DIVISION 35 LT. GOVERNOR VISITS DUARTE KIWANIS

Division 35 Lt Governor, Mahmood Bashir, recently visited a Duarte Kiwanis meeting and shared this year's vision for Kiwanis Cal-Nev-Ha District - Grow, Eliminate and Celebrate. Our focus in growth in our Clubs, expanding the focus on Eliminate and Celebrating 100 years in existence! The Eliminate Project is in conjunction with UNICEF. The focus is to Eliminate Maternal and Neo-Natal Tetanus. The numbers tell us that it only costs \$1.80 to save a baby's life. When Kiwanis International began this initiative, a child was dying of this horrific disease once every 9 minutes. Kiwanis fundraising goes to pay for the vaccines - UNICEF provides the vaccines and the health care workers to vaccinate the moms. Kiwanis International has taken on the theme this year of growing clubs through a shared formula "Love It, Share It, Live It" as their theme. Within Division 35, Mahmood's theme is 100% Participation – in all projects, meetings and support to Service Leadership Groups at the High Schools, Middle Schools and Colleges. His vision includes the concept of "breaking down and eliminating barriers". He encourages all the clubs to reach past city or club boundaries and partner where each group can make the best impact.

For further information on speaking or joining the club, contact Dr. Diane Hernandez at [drdiane@drhernandezoptometry.com](mailto:drdiane@drhernandezoptometry.com)



Pictured, from left, Duarte Kiwanis President, Mirna De Lira Lopez and Lt. Governor for Division 35, Mahmood Bashir.

## Community Clean-up Day & Tire Recycling Event

Saturday, April 18, 2015  
8:00 am - 2:00 pm

Roll up your sleeves and help Duarte celebrate its bi-annual Community Clean-up Day. This year's event also features a free LA County sponsored "Tire Recycling Event" at the Buena Vista Parking Lot location only.

### Community Clean-up info:

Duarte City Hall  
1600 Huntington Drive  
Duarte, CA 91010

Former Buena Vista Pavilion  
2144 Buena Vista Street  
Duarte, CA 91010

Info: City of Duarte  
(626) 357-7931, ext. 221

### Tire Recycling Event Info:

Former Buena Vista Pavilion  
2144 Buena Vista St  
No Hazardous Material

Info: (626) 430 - 5340

### Document Shredding info:

Duarte City Hall  
1600 Huntington Drive  
Duarte, CA 91010

Info: City of Duarte  
(626) 357-7931, ext. 221

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## PROJECT SCIENTIST PARTNERS WITH CALTECH

*Project Scientist STEM summer camp for girls is accepting applications now.*

Project Scientist Academy is a five-week summer camp that provides an engaging and fun environment for girls, ages 4-14, with a passion for science, technology, engineering, and math (STEM). Newly established in Pasadena, the camp will be held June 8 – July 24, 2015 at the campuses of California Institute of Technology and Longfellow Elementary. Each week investigates a different STEM theme and offers an expedition to local STEM companies. Daily class incorporates science experiments, art projects, physical activities, and the opportunity to meet a STEM Superstar (a local female employed in a STEM field). Project Scientist mom Angela Willis says, “We were thrilled to find a place where our daughters could continue exploring their interests in STEM with other young female scientists. We are so grateful to Project Scientist!”

On partnering with Project Scientist, Spiros Michalakos, Theoretical Physicist, Caltech, says, “We are extremely proud to be able to bring Project Scientist to girls in Los Angeles. After spending a week at Project Scientist camp last summer in Charlotte, I knew it was the type of program that Caltech would want to support and collaborate on in support of girls and women in STEM. They are inspiring the next generation of STEM Superstars and the research from Harvard and UNCC proves their impact.” The need for Project Scientist was based on a vast amount of research that shows girls with a high aptitude for STEM subjects are not currently served or identified at a young age and lack opportunities commensurate with their talents and interests. “This is a big opportunity for girls...It makes you think more about earth and about how many things you can change through science. I want to be a surgeon because I love helping people. I think everyone can change the world,” says Grace, age 10. Research shows that 78% of school-aged girls have an interest in STEM, yet women only make up 25% of the STEM workforce, and somewhere along the line society is losing these STEM girls. Project Scientist is determined to reach STEM girls and hold their hand through a PhD or as long and as far as their STEM dreams will take them.

About Project Scientist:

Sandy Marshall established Project Scientist in Charlotte, North Carolina in 2011. She says, “Project Scientist is 110-percent research based. Every action we take is strategic in the best methods to teach and inspire girls in STEM fields.” Each year, Project Scientist partners with Harvard University and the University of North Carolina Charlotte to examine Project Scientist’s teaching model and validate their impact upon the girls. The vision of Project Scientist is to transform the face of STEM by nurturing today’s future scientists who will lead the world in solving tomorrow’s greatest challenges. Finally, by highlighting these girls through public relations and marketing efforts, Project Scientist hopes to change society’s overall perception of girls’ interest and aptitude in STEM, which will ultimately help all girls. Mayra, age 13, sums it up by saying, “I love math and financial topics. Bank of America coming to talk with us is like me seeing myself in the future for what I want to do when I grow up.” Visit [www.projectscientist.org](http://www.projectscientist.org) for more information and to apply to the summer academy.

### ACADEMIC HONOR FOR LOCAL RESIDENT

Baltimore, Md. -- Michael Carter of Sierra Madre, Calif. (91024), was named to the Dean's list for academic excellence for the fall 2014 semester at Johns Hopkins University. To be selected for this honor, a student must earn a grade point average of 3.5 or higher on a 4.0 scale in a program of at least 14 credits with at least 12 graded credits.

Michael Carter is the son of Michael and Sarah Carter and attended Maranatha High School in Pasadena, Calif.

Michael Carter, who is majoring in an arts and sciences pre-major, will graduate in May



## 2015 HUCK FINN FISHING DERBY AND CAMPOUT

Sierra Madre, CA. – March 18, 2015 – The annual Huck Finn Fishing Derby and Campout is just around the corner on Friday, March 27, 2015 through Sunday, March 29, 2015. The weekend long event is held at the Sierra Madre settling basins next to Dapper Field and behind the Public Works Yard. The event is sponsored by the City of Sierra Madre Community Services Department with significant support from Sierra Madre Volunteer Firefighters Association, Issei Foundation, Veterans of Foreign Wars Post 3208, Johnny's Sport Shop, Sierra Madre Civic Club, Sierra Madre Kiwanis Club, Sierra Madre Rotary Club, Sierra Madre Woman's Club, The Kensington, Berkshire Hathaway, Osti Tree Service, Izorline International Inc., Buccaneer Lounge, Bass Pro Shop, Pantorium Cleaners, Berkley, Okuma Fishing, Wil's Sport and Tackle, Buccaneer Lounge and Irvine Lake.

Camp Out –SOLD OUT!

The Campout will be held Friday, March 27 and includes a campfire, s'mores roasting, Boy Scout and Cub Scout Troop 110 wilderness demonstrations, Eaton Canyon Nature Center wilderness demonstrations, and star gazing.

Fishing Derby – Saturday, March 28

The fishing derby is open to youth ages 3-15 years. The event runs from 7:00am – 11:30am and costs \$11 per youth. You can only register the morning of the event at the entrance located next to Dapper Field in Sierra Vista Park. All skill levels are welcome and experienced Fishing Guides will be on site to assist participants. The Pasadena Casting Club will also be demonstrating great fly fishing techniques. Awards in four age categories will be announced at 12:00pm along with the participant raffle. The Sierra Madre Kiwanis Club will provide food available for purchase.

The Sierra Madre Volunteer Firefighter Association is again making a large contribution to the 2015 Huck Finn Fishing Derby and Campout and we encourage participants to attend the SMVFA Pancake Breakfast on May 2, 2015 from 7:00am – 11:00am at Memorial Park. Tickets for the pancake breakfast will be sold at the fishing derby - tickets are \$5 and they can also be purchased at The Only Place in Town or at the Fire Station.

Family Fishing – March 28 and March 29

Family Fishing is from 12:30pm - 4:00pm on Saturday, March 28 and from 7:00am - 4:00pm on Sunday, March 29. Admission is \$21 for a family of four or \$11 per individual; no fishing license is required. Entrance is located next to Dapper Field in Sierra Vista Park. We encourage patrons to catch as many rainbow trout as possible during family fishing!

For more information please contact the Community Services Department at 626.355.7135.

## Barnhart School Summer Session 2015

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[jmorgan@barnhartschool.org](mailto:jmorgan@barnhartschool.org) (626)566-2348 Summer Office  
[www.barnhartschool.org](http://www.barnhartschool.org)

MUSIC / ACADEMIC SCHOLARSHIP APPLICATIONS AVAILABLE

Sierra Madre Woman's Club offers MUSIC and ACADEMIC Scholarships to grade 12 area students.

ACADEMIC Scholarship inquiries requested immediately. Completed Applications are due April 1, 2015. Contact Mrs. Thomas via email with name, high school, counselor's name and phone number. Applications due April 1, 2015

Mrs. Thomas, SMWC Scholarships Chair.

Contact:  
[sierramadrewomansclub@gmail.com](mailto:sierramadrewomansclub@gmail.com)

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## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527 Principal: James Lugenbuehl  
E-mail address: [jml@bcsllions.org](mailto:jml@bcsllions.org)  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Chris Schnieders, PhD  
Email: [Jackykn@frostig.org](mailto:Jackykn@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

LaSalle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monroviak12.ca.us](mailto:schools@monroviak12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Gilbert Barraza  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)  
rcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626)599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

## THE REEL DEAL: by Ben Show CINDERELLA REVIEW

The original 1950 animated version of this classic story has always been considered the definitive version. Millions of dollars of merchandise have been created because of the world famous princess and her castle has even inspired Disney's logo. So, how does the modern, live action film stand up to the power of the original? In the tale that everyone knows by heart, Ella (Lily James) experiences the death of both of her parents. Heartbroken and lonely, she is enslaved by her stepmother (Cate Blanchett) and forced to serve her and her stepsisters (Sophie McShera and Holliday Grainger). Then, against their will, she attends the Prince's ball and the two find that the love between them is greater than anything life can throw at them.

Before now, there was a certain level of detail that only animated films could achieve; however, this film proves that that fact is no longer true. The live-action 'Cinderella' is like an intricately wrapped present, with each layer more detailed and beautiful than the last. The set pieces and costumes are some of the most beautiful I have ever seen and the story, more particularly the stepmother and Cinderella and the Prince's romance, are updated just enough to keep the magic of the original while helping to explain it to a new generation.



PASADENA SANDWICH COMPANY...

Recently I visited an old friend, must be friends because one of the servers asked where have I been lately. The Pasadena Sandwich Shop. You can sit down or go right to the deli case. I usually go

**TABLE FOR TWO** by Peter Dills  
thechefknows@yahoo.com

directly to the case. This family run business has not missed a beat since I have last been there. The Pasadena Sandwich Shop has done what Jerry's Deli. The New York Deli and Ben's Deli weren't able to do. Stay in business. The restaurant itself is small; in fact it is located in a small office building, sandwiched between a strawberry lot and a kids hair place and is across from Bed Bath and Beyond. They tell me that they just celebrated 20 years in business, it tells me that with good food and a positive customer attitude the restaurant business does make sense!

The prices range between \$7 and \$9. I have never finished an entire sandwich on my own until last week. Here are a few of my recent lunches: The Big "B" Roast Beef - cheddar, lettuce, tomato with Russian dressing on a French Roll; The "Chicago" Corned Beef - Pastrami, Swiss, cole slaw (it's triple decker on rye); and again, good luck in finishing one!!! The Shepherd - Corned Beef, Pastrami, Turkey, Salami, Swiss - it's another triple decker on Rye.

You can mix and match meats and breads or you

can even order "Trust The Cook" whatever the cook feels that day. My suggestion is bring a friend to share. With National Ham Sandwich Day Fast approaching the Pasadena Sandwich Company is a must.

Platters are available, and the restaurant offers chips and soda. Eat In or take out is available. Peter's Tip: They have spicy beaver mustard, it's a must!!

All and all a pretty good place for lunch

*Pasadena Sandwich Company 259 Sierra Madre Villa, Pasadena (626) 578-1616*  
*Hours: Open daily at 9 AM closes at 3 PM No dinner. Saturday opens at 11AM closes at 3PM. Join*



me this Saturday afternoon at 5:30 PM on AM 830 KLAA Radio or email at thechefknows@yahoo.com.

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PICTURE OF THE WEEK



**Great Family Essentials????** This photo was taken in a Denver, Colorado Ralph's store. What struck me was the heading above this huge display of Easter candy. Being almost addicted to Jelly Beans once a year, even I thought this was pushing the Easter sugar rush a bit far. Essentials? Really?!


S. Henderson/MVNews



**GALLERY RECEPTION**

Announcing the showing of **ROBERT SHERRILL**, a true California plein air artist  
Wednesday, March 25 from 5:00 until 6:00 in the evening  
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(This recipe serves 8 - 10 people)

INGREDIENTS

- Marinade**  
1/2 cup orange juice  
1 cup white wine  
3 cloves garlic, minced  
2 teaspoons of fresh thyme or 1 teaspoon of dried thyme  
2 Tbsp of fresh chopped rosemary or 1 Tbsp of dried rosemary  
1/4 teaspoon of fresh ground pepper

Blend marinade ingredients in a blender, just a few pulses until well mixed.

- Lamb Roast**  
1 (6-pound) leg of lamb, bone-in or boneless. If boneless, the leg should be tied up with kitchen string by butcher.

- Marinade**  
Salt and freshly ground black pepper

1 Place lamb and marinade into a plastic bag. Squeeze out as much of the air as possible from the bag and seal. Wrap again with another plastic bag to ensure that the marinating lamb doesn't leak. Marinate for several hours, or overnight, in the refrigerator. Remove the lamb, still in its marinade bag, from the refrigerator at least an hour (preferably two hours) before putting in the oven to help bring the lamb closer to room temperature before roasting.

2 Preheat oven to 425°F. Arrange two racks in the oven - a middle rack to hold the lamb, and a lower rack to hold a roasting pan with which to catch the drippings. Note that this arrangement of racks and pans, with the roast sitting directly on the oven rack, will create a natural convection of heat in the oven, causing the roast to cook more quickly than if cooked the traditional method in a rack in a roasting pan.

3 Remove the lamb roast from its marinade bag (you may want to temporarily place lamb in another roasting pan, just to make it less messy to work with.) Pat dry the marinade off the lamb with paper towels. Generously salt and pepper all sides of the roast. Arrange the roast fattiest side up, so while the lamb is cooking the fat will melt into the meat. Insert an oven-proof meat thermometer into the thickest part of the roast, not touching the bone if your roast is bone-in. Place the roast directly on middle rack of the oven, with a roasting pan on a separate rack a rung lower, to catch the drippings. You may also want to put some water (a cup or so) in the bottom roasting pan, so that the drippings fall into the water instead of burning in the hot pan and smoking up your kitchen.

4 Roast at 425°F for 20 minutes. Then reduce the heat to 300°F and roast an additional 40 minutes (for a 6 pound boneless roast) to an hour (for a 6 pound bone-in roast). If you are cooking a roast bone-in, the bone will act as an insulator and will require a longer cooking time than a boneless roast. In general estimate 10-13 minutes per pound for total cooking time (for rare), including that first 20 minutes at high heat. (Assuming you let the roast sit out for an hour or two before putting it in the oven. If it's right out of the fridge, it will take longer to cook.)

Note that the method of cooking directly on the oven rack will mimic a convection oven and the cooking time/oven temp needed will be less than you would need if you cooked the roast on a rack in a roasting pan. If you are cooking the roast in a roasting pan, rack or not, start the roast at 450°F and then reduce the heat to 325°F. Also, the shape of the roast will have an impact on the cooking time. Our roast was rather long and thin, so it cooked up fairly quickly. A thicker roast may take longer than expected.

So, use a meat thermometer!

About 20 minutes before you expect the roast to be done, start checking the meat thermometer. Note that every time you open the oven door, you'll need 10 minutes or so to bring the oven back up to temperature, thus slowing down the cooking process. So, don't check too often. Remove from the oven anywhere from 125°F to 135°F for medium rare. Lamb should never be cooked until well done or it will be too dry. Let stand for 25-30 minutes before carving. Cut away the kitchen string and slice with a sharp carving knife, 1/2 inch thick slices, against the grain of the meat.

5 While the roast is resting, use a metal spatula to scrape up the drippings in the roasting pan. Use the drippings to make a gravy, or use just the drippings themselves to serve with the lamb.

Serve with some homemade mint jelly for an added treat.

For more information, go to: <http://www.simplyrecipes.com/recipes>


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*Champagne Brunch*  
*at*  
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*Sunday, April 5, 2015*  
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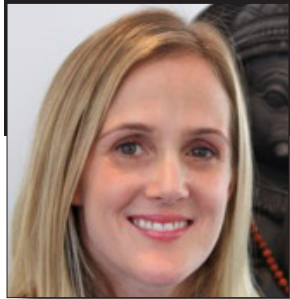
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## THE JOY OF REMAINING OBJECTIVE

I love to having the ability to take a step back in moments of reaction or emotion and have a chance to act or

not act. Not always, but eventually, I reach a point when I'm not overwhelmed or dominated by my emotions or stuck in the actions of others. It is incredibly empowering to experience this, as it is the very beginnings of non attachment. Applying this philosophy is not easy at all, but the payoff is immense. In the effort to have the ability to observe rather than react, attention must first be directed toward my physical well being. How can I be expect to keep a cool head when I missed lunch? What if I didn't sleep the night before? How smoothly can I handle situations or emotions in that case?

Although, we cannot apply asana to our diet, we can use yoga to raise our heartbeat, strengthen and stretch our muscles, improve sleep and balance our energy. Through movement in asana, we unblock energetic snags and tone the

internal systems of the body. Most importantly, we use asana to breathe in a way that's nourishing, rejuvenating, and calming to the nervous system.

All of this work has a direct effect on the mind. As we settle the mind and the emotions, there's a chance to view ourselves from a non judgmental "witness" point of view. We can take a step back, focus and really notice what's going on. You'll often hear this in class from the teacher, "check in", "how are you?". In our everyday comings and goings, we often forget to do this.

This method of "checking in" can be applied in regular everyday living. The more often we do this, the better chance we have at remaining objective in times of stress, indecision or big emotions. We can choose our non-reaction. We can choose to remain happy and joyful under any circumstances and not be diverted from what we want in our life.

As you've heard before, it all begins on the mat! See you in class.

Namaste,  
Keely Totten



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## ARE YOU GETTING ENOUGH POTASSIUM



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

Less than 2% of Americans get an adequate intake of potassium, and why is this you may ask? It is because we don't eat enough plant foods. When you think of a food source for potassium, how many of you immediately thought of bananas? Well, bananas are a good source of potassium but there are almost 50 better ones. Every cell in the human

body requires potassium to function. Potassium is an electrolyte or a mineral which means it helps your body to conduct electricity. People who eat a potassium rich diet have a lower risk of stroke. They also have lower levels of inflammation. Not enough potassium in our diets can cause fatigue, irritability, and even hypertension (high blood

pressure). We need to consume potassium rich foods every day. Here is a list of some great foods that are very high in potassium (most if not all are higher than bananas) that you can add to your daily diet.

- White potatoes w/skins
- Papaya
- Edamame
- Sweet Potatoes
- White beans
- French beans
- Lima beans
- Dried apricots
- Spinach (raw)
- Dark Leafy Greens (raw)
- Pumpkin
- Parsnips
- Raisins
- Winter Squash
- Prunes
- Acorn Squash
- Mushrooms
- Seaweed
- Avocados
- Beet Greens (cooked)

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Health **HA** ADVANTAGE

## THE CERTAINTY OF UNCERTAINTY

You can be sure of this, things do change; A new day, a new challenge, a new opportunity, a new way of seeing things. You wish you could count on things and some things you can (like death and taxes) but surprises pop up.

In regards to health, challenges can manifest seemingly from nowhere. In my office I see patients who hobble in with a problem and in questioning them more than often they say, "I woke up with it. I didn't do anything." Yet they are really suffering. How does this happen?

In one's personal health there are certain things you must do to have the best chance of staying healthy and avoiding injury and illness. In regards to the patient who showed up in crisis, but did not 'do anything' to cause it, the questioning that follows exposes the cause of the problem.

"How much exercise have you been getting lately?" "How has your diet been?" "How have you been sleeping lately?" "When was the last time you were checked for nerve interference and adjusted?"

Usually the answers are as follows: No exercise (too busy), Bad diet (too busy), Not enough sleep (Stressed from being too busy) and have not seen their chiropractor because they haven't had any problem and/are too busy.

I have to tell them, "Yes, you didn't do anything before this crisis hit today. You're not making good choices and not living the 100 Year lifestyle so this is the result. You weren't too busy today to come in but as we know pain is a great motivator."

The things you can be certain about, the disciplines you can put yourself through, can help you navigate the uncertainties of life. Unforeseen problems and challenges will pop up, this we are certain of, but it is the uncertainty of when and how that can strike you down that catch us off guard and when we look back we realize we weren't doing the things we know we should do on a regular basis to be proactive and protect our health.

Regular exercise, great nutrition, proper rest and a spine and nervous system that is free of interference will certainly help you deal with the uncertainties of life. Be prepared. See your chiropractor and get checked and receive lifestyle care or most certainly you will need to go for crisis care.

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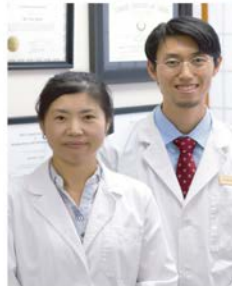
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**Emotional:** Stress, anxiety, insomnia, depression.

**Gynecological:** PMS, menopausal symptoms, infertility.

**Digestive:** Abdominal pain, indigestion, IBS.

**Respiratory:** Common cold , sinus, asthma, bronchitis.

**Urological:** Urinary Tract Infection(UTI), urinary frequency.

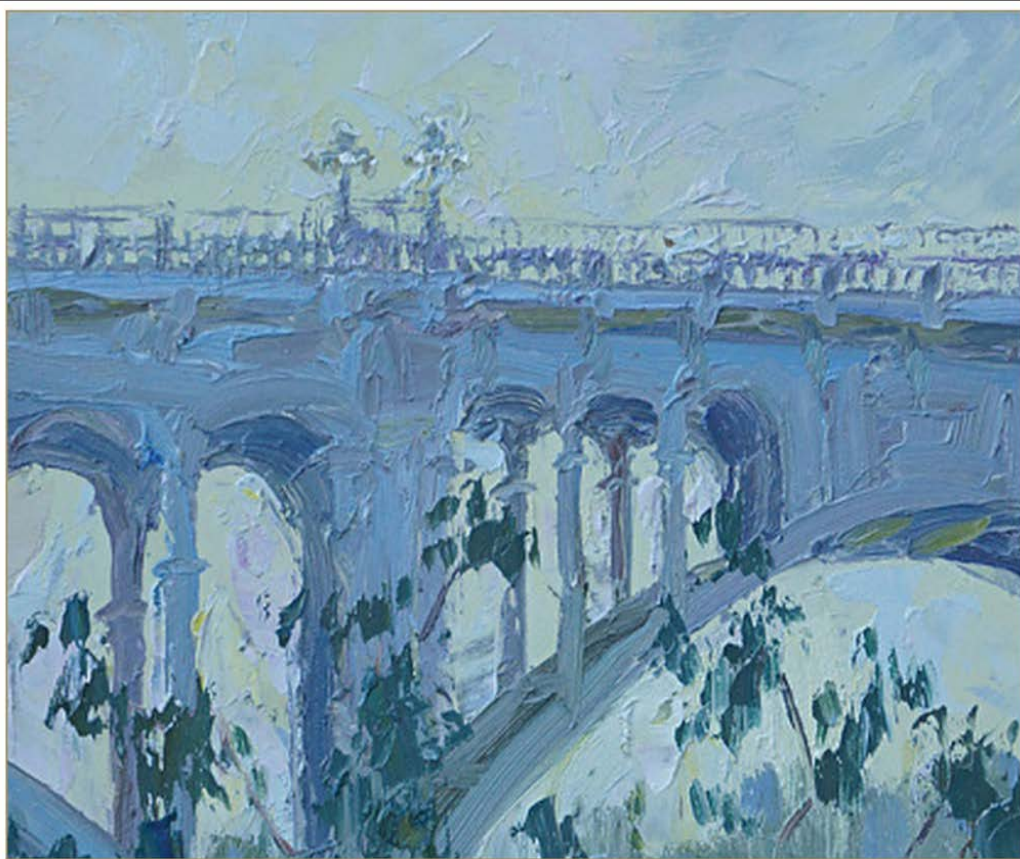
**Dental:** Toothache, TMJ dysfunction.

**Harmony:** Increase energy, strengthen immune system.

**Neurological:** Headache, migraine, vertigo, stroke residuals.

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## GALLERY RECEPTION

Announcing the showing of **ROBERT SHERRILL**, a true California plein air artist

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HOW TO PROTECT YOURSELF FROM  
OSTEOPOROSIS BONE FRACTURES

Dear Savvy Senior,  
Can a person in their early 50's have osteoporosis? When I fell and broke my wrist last winter the doctor that treated me told me I might have osteoporosis. What can you tell me?  
Worried Ronda

Dear Ronda,  
While osteoporosis is much more common in older seniors, it can strike at any age. In fact, the National Osteoporosis Foundation estimates that half of women and up to 25 percent of men in the U.S. over the age of 50 will break a bone due to osteoporosis. Here's what you should know.

Who's at Risk?  
Osteoporosis is a disease that causes the bones to become brittle and weak and more susceptible to fractures. Around 10 million Americans already have osteoporosis (80 percent are women) while another 43 million have "pre-osteoporosis," or osteopenia. But the good news is this disease is both preventable and treatable.

Most people, by the time they reach their late 30's, gradually start losing some of their bone mass, but for women, menopause is the time when this process really accelerates. Bone loss for men occurs much more slowly. However, by age 75, osteoporosis is as common in men as it is in women. Some of the key risk factors of developing osteoporosis include: being over age 50; being female; menopause; having a family history of the disease; being small and thin; having an eating disorder; not getting enough calcium and vitamin D; getting too much protein, sodium and caffeine; having an inactive lifestyle; smoking; drinking too much alcohol; taking certain medications (see [nof.org/articles/6](http://nof.org/articles/6) for a list); and having certain medical conditions (see [nof.org/articles/5](http://nof.org/articles/5)).

To help you determine your risk of osteoporosis, the National Institutes of Health has a quick, online quiz you can take at [bonecheckup.org](http://bonecheckup.org).

## Prevention and Treatment

A good first step in preventing and treating osteoporosis is to get screened. For women, that should start around menopause, especially if you're not taking estrogen, or anyone who has broken a bone after age 50 or who has other risk factors.

All women over 65 and men over 70 should be



tested every two years – Medicare covers it. Screening for osteoporosis is a simple, painless, bone density test, which takes about five minutes.

Here's what else you can do to protect your bones.

Boost your calcium: The best way to get bone-building calcium is through your diet. Dairy products (low-fat milk, cheeses and yogurt), dark green leafy vegetables (broccoli, kale, collards), sardines and salmon, cooked dried beans, soy foods, almonds and fortified cereals and juices are all good sources of calcium. Vitamin D is also important to help you body absorb calcium.

The National Osteoporosis Foundation recommends 1,000 mg of calcium daily for women under age 50 and for men under 70, and 1,200 mg for women 51 and older and for men over 71. Note: Recent studies have found that excess calcium could increase the risk of heart disease.

They also recommend all adults under age 50 get 400 to 800 IU of vitamin D, or 800 to 1,000 IU if you're over 50. If you're not getting enough vitamin D through sunlight or food, consider taking a supplement. Most daily multivitamins contain at least 400 IU.

Exercise: Weight-bearing exercises like walking, and strength training with weights or resistant bands three or four times a week can also significantly improve your bone health.

Control these vices: Avoid smoking, limit alcohol to no more than two or three drinks per day, and limit caffeine (coffee, tea or caffeinated soda) to three cups a day.

Consider medications: The most widely prescribed for osteoporosis are bisphosphonates, a class of drugs designed to slow or stop bone loss. Talk to your doctor about these and other medication options, as well as potential side effects.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## KATIE Tse.....This and That



## THE GOOD, THE BAD, AND THE CRAZY

It's that time of year again! The weather's getting warmer, flowers are blooming, and school children are itching with spring fever! And it's only the end of March! But you must remember that many schools started way back in the middle of August. That leaves only about 30 school days left, and both students and teachers are running on fumes. Most "naughty" kids push the envelope of their teacher's patience at the beginning of the school year. But there are always a few who students snap and revert to their old ways in this last leg of the race. This is what happened near the end of one of my mom's last years of teaching third grade in a public school.

The student in question (let's call him Ned) came to third grade with a reputation for chronic sassy-ness, noncompliance, and general misconduct. Ned's previous teachers had exhausted all the usual disciplinary methods: e.g., behavior contracts, punishment, rewards, screaming --all to no avail. Since my mom had 30 plus years of experience in the trenches dealing with every variety of students, she had a full arsenal of strategies at her disposal.

You see, some kids just get so callused and jaded over the years that traditional approaches at behavior modification fall short. These kids have grown accustomed to having teachers negotiate with them, cajole them, punish them, and yell to the point of developing vocal nodules. What they're not used to is teachers who are just as crazy as they are!

My mom and Ned maintained a working relationship for most of the year, but near the end Ned started to slip back into his whinny, argumentative habits. Specifically, he claimed that my mom had confiscated a ring of his at the beginning of the year, and now he wanted it back.

Of course there was no such ring, but that didn't matter to Ned. He just wanted a fight. Their conversation went something like this: Ned: "Hey, Mrs. Hopkins, you never gave back my ring that you took away."

Mom: "I never took a ring from you. What are you talking about?"

Ned: (whining) "NO! You took it! I remember!"

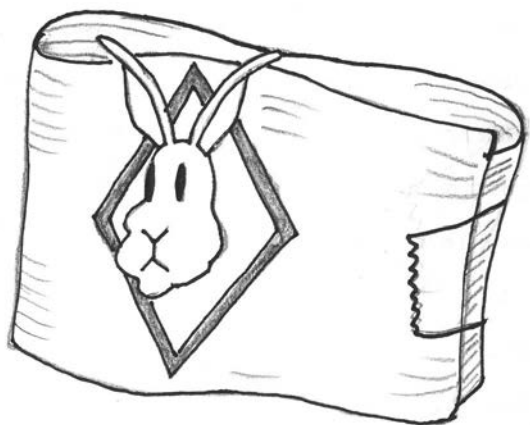
Mom: (walking to her desk, she cut a small rectangle of paper, connected the ends with tape, and handed it to Ned.) "Ok, here's a ring for you."

Ned: (surprised, but still angry) "No! It was a real ring! My dad gave it to me!"

Mom: "That is a real ring. Look, you can put it on your finger."

Ned: "No! It had a diamond on it!"

Mom: (she takes the paper ring back and draws a diamond shape in the middle) "Okay, here's a diamond."

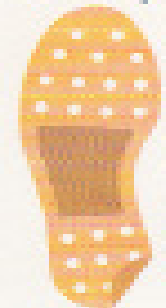


Ned: (walking away with his new ring) "I'm telling my dad!"

Mom: "That's fine. While you're at it, remind him to sign and return your report card."

Ned had a big, strong male teacher for fourth grade. Around the end of the year, Ned's mom came back to thank my mom for working with him. "You're the only one who was able to manage him!"

Teaching, for the most part, is a thankless job of civil servants. But occasionally there's something to brag about!

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## SENIOR HAPPENINGS

## HAPPY BIRTHDAY! ... February Birthdays



Hilda Pittman, Anne-Marie Stockdale, Ann Luke, Susan Henderson, Jan Reed, Peter Lippincott, Georgia Lippincott, Allie Attay, Ursula El-Tawansy, Gladys Moser, Sylvia Lorhan, Jan O'Day, Ana Ptanski, Winifred Swanson, Marian DeMars, Vickie Vernon, Mary Beth Knox, Sharon Lefler, Gordon Caldwell. \* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

**Free Balance Class:** Every 3rd Monday, from 11:00 to 11:45 am with Shannon. All ability levels are encouraged and welcomed.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10:00am to 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people. Canceled on August 5th and 12th.

**Free Blood Pressure Testing:** Held 2nd Tuesday of the month from 11:00am to 12:00pm. No appointment is necessary.

**Free Legal Consultation:** Wednesday, August 27th from 10:00am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. For an appointment call 626-355-7394.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month when the balance class is held. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Birthday Celebrations:** Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

## LUNCH &amp; LEARN PRESENTATION – HEART HEALTH

Wednesday, February 18th, 2015 beginning at 12:00 pm

February is American Heart Month, a time to show yourself the love. Learn about your risks for heart disease and stay "heart healthy" for yourself and your loved ones.

A representative from The Kensington will teach us about nutrition on how to eat a healthy diet and also activities that can help us maintain a healthy weight and lower cholesterol and blood pressure.

If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626-355-0256 or you may bring your own.

## SEASONAL FUN AT THE SENIOR CENTER

Valentine's Day Craft: Give flowers on Valentine's Day that won't need water or trigger pollen allergies. Come and join us on Thursday, February 12th, in making tissue paper carnations. Craft making will begin at 11:00 am. All supplies will be provided.



## UPCOMING EXCURSIONS:

HISTORIC RESIDENCE OF SAM MALOOF AND THE MALOOF  
DISCOVERY GARDENS (ALTA LOMA)

Date: Friday, February 27, 2014 Time: 9:30am - 3:30pm

Meeting Location: Hart Park House Senior Center Cost: \$20 (Does not include lunch)

Guided tour of the home of American woodworker Sam Maloof and furnished with his signature furniture. The house is also a showcase of 20th century studio craft and fine art. Following the tour, take a self-guided tour of the Maloof Discovery Garden and then visit the Museum shop stocked with crafts and Maloof publications. Please note there are 12 steps up to a mezzanine level in the historic home. Not able to accommodate wheelchairs in the historic home, but can accommodate walkers. Patrons are required to leave their handbags and other large belongings in a locked coat check room prior to touring the home. Lunch is scheduled for a restaurant

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YOUR INVITATION TO AN EVENT  
AT THE KENSINGTONManaging the Risk of Caring  
for a Senior Loved One:  
A Psychiatrist's View

with Dr. Edward Castner, *Psychiatrist,*  
*Huntington Memorial Hospital & Methodist Hospital*  
*of Southern California*

Tuesday, March 31, 2015 from 5:30pm-7:00pm  
at The Kensington, 245 West Sierra Madre Blvd, Sierra Madre, CA  
Hors d'oeuvres and refreshments served

RSVP to [SSciurba@KensingtonSL.com](mailto:SSciurba@KensingtonSL.com) or 626-355-5700



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## Managing the Risk of Caring for a Senior Loved One: A Psychiatrist's View

with Dr. Edward Castner, *Psychiatrist, Huntington Memorial Hospital & Methodist Hospital of Southern California*

Tuesday, March 31, 2015 from 5:30pm-7:00pm  
at The Kensington  
245 West Sierra Madre Blvd, Sierra Madre, CA  
Hors d'oeuvres and refreshments served

Please RSVP via email to [SSciurba@KensingtonSL.com](mailto:SSciurba@KensingtonSL.com)  
or by calling 626-355-5700



Dr. Edward Castner

Caring for an older adult is loving, kind and generous. It is also stressful. Research shows that emotional, mental and physical challenges often arise for those coping with the strain of caring for a frail or disabled family member. As a result, it is important to strike a balance between caring for someone else and caring for yourself. Join us for a presentation by Dr. Edward Castner as he explains the risks of caregiving, shares ways to manage demands and addresses when it's time to "let go" and enlist the support of a senior living care community.



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SATURDAY, MARCH 21, 2015

## AROUND SAN GABRIEL VALLEY

### NEWCOMERS CELEBRATE 50 YEARS OF SERVICE



Past Presidents from 5 decades . Top Row: Sandra Kasper, Sharon Townsend, Mary Lou Krulisch, Jennie Supawong, Sue McCamy, Shary Devore, Sharon Romero. Front: Chris Kucma, Elena Paules, Farryl Weitzman, Carol York.

On March 11th the Newcomers and Friends of San Gabriel Valley celebrated their 50th anniversary with a Champagne Brunch at Claim Jumper restaurant in Monrovia. For 50 years the woman's club has been bringing together women from all over SGV for friendship, fun, and philanthropy.

Over 50 members and past members attended, including Lucy Freeman who joined in 1977, and Sharon Townsend who traveled the farthest from Danville, CA, which is in the San Francisco area. Ten past presidents of the club attended and were honored by current President Elena Paules (see picture). We were entertained by five members who spoke on each of the club's five decades-regaling us with the history of the club, top news stories, inventions, music, TV, and movies. Before email the club kept their members in touch with events and activities with a phone tree! Past events brought back happy memories (and some laughter) for many club members. Membership was mainly stay at home Mom's in the beginning and our membership dropped when they had to go to work during the recession. Then in 1984 we started with 31 members and ended the year with 163! Presently we have over 130 members, mostly retired women as most of our activities are during the day. In between decades, raffle tickets were drawn with members winning great prizes donated by Albertson's, the LA Arboretum, Armstrong Nursery, Bea's Knees store, Claim Jumper, Cupcake Cuties, Havin' A Ball Dance Studio in Arcadia, Home Street Bank (Smitty's Restaurant), Landmark Trust Escrow Co.(Nordstrom certificate), Pasadena Playhouse, Santa Anita Mall, The Soup Kitchen in Pasadena,

and the Rose Parade. Our thanks to these businesses for their generous gifts. The beautiful orchid centerpieces were also raffled off.

Club activities have changed over the years. In 1975 some of the activities were bingo, bowling, tennis, crafts, exercise, card games, a mothers of young children group, and golf- which is our longest running activity and members continue to golf weekly. Today we have a monthly coffee meeting for all members, with 30 to 50 members attending. A monthly email newsletter is sent detailing club events and activities including a book club, bridge, crafts, games, garden gals, golf, lunch bunch, maj jong, movie goers, pinocle, scrabble, a wine tasting club, tours, and travel. Most events take place monthly. A Ladies on the Go group (which aptly describes all of us!) plans monthly outings chosen by members. There are 5 or 6 luncheons held by the club yearly with programs for the entertainment or enlightenment of our members. Six tours are scheduled yearly and last year included Mount Wilson Observatory, Graber Olive House in Ontario, San Antonio Winery, Porto's Bakery in Glendale, and the Nixon Library, with a tour of Norton Simon Museum coming in April. Members can attend as little or as much as they choose and there's something for everyone! Membership dues are \$25 yearly- not much of an increase from 1975's \$7 fee considering how much the cost of living has increased in the past 50 years. New members are always welcome!

For more information about SGV Newcomers and Friends visit us online at [www.sgvnewcomers.com](http://www.sgvnewcomers.com) or contact us at [sgvnewcomers@yahoo.com](mailto:sgvnewcomers@yahoo.com).



Sierra Madre City Manager Elaine Aguilar and Councilman Gene Goss at the City's Booth at the Wistaria Festival. Both will be on hand at Saturday's World Water Day in Sierra Madre.

### CREATIVE ARTS GROUP'S 21st ANNUAL ART OF THE GARDEN TOUR

will take place Sunday, April 19th from 10:30-4:30 pm. Four outstanding residential gardens in the Pasadena area will be on display showcasing landscapes as divergent as the homes they adorn. Banks of Roses, parterre gardens, shady alees, and park-like lawns greet visitors at four exquisite estates on this year's Art of the Garden tour. Step into a world of romantic landscapes, formal Italian gardens, and gracious living of a bygone era as you stroll through the grounds of these historic residences. Breath-taking vistas appear unexpectedly and secret gardens surprise and delight. Wisteria-covered arbors provide shelter for intimate dinners and fire pits allow

conversations to continue long after the sun sets. Gardens have undergone amazing transformations as massive mature Olive trees have been removed and relocated and earth contoured, re-imagining landscapes. Pathways are designed to leisurely draw you further into serene settings and charming vignettes adorned with classic statues, whimsical sculptures and soothing fountains. Prepare to be delighted and inspired.

Artists will be in one of the gardens and will have work for sale.

Tickets are \$30 in advance and \$35 the day of the tour. For more information, call Creative Arts Group at (626) 355-8350 or visit us at 108 N. Baldwin Ave. in the foothill village of Sierra Madre or online at [www.creativeartsgroup.org](http://www.creativeartsgroup.org).

### AN ENTIRE HOUSEHOLD OF FURNISHINGS HELD HOSTAGE – MOVING SCAMS

By LaQuetta Shamblee

Amidst the positive customer reviews posted at [www.MovingAPT.com](http://www.MovingAPT.com) is the unstated reality of a horrendous injustice that reeks of very sinister, and perhaps fraudulent business practices. It seems the company's "flat rate residential moving quotes" noted on the website did not apply to the written estimate of \$1,670 to move the itemized list of contents of a one bedroom apartment from Houston, TX to Monrovia, CA for Annekah Hall-Solomon.

After speaking with "Rose" and making an initial deposit of \$629.18 on February 16th , the move date was scheduled. A 12foot Penske truck arrived at the gated Stone Canon luxury apartment complex in the Steeple Crest suburb on February 22nd shortly after 9am. The driver introduced himself as Ron, handed Annekah a clipboard, pointed to the line on a form that she needed to sign, and indicating this was needed before they could enter her apartment to begin the move. She signed and handed him a total of \$595.40 (BofA money order for \$520.49 and \$75 in cash). Annekah was expecting to pay the balance of approximately \$400 upon receipt of her belongings in Monrovia.

The previous evening, she had packed all of her clothes and personal papers into her car. She was eager to get on the road, heading west to stay ahead of the winter weather system that was scheduled to move into the region midday. Almost five hours later, everything else she owned was inside the truck, including a 50" flat screen purchased only two months ago. A storm of deceit rained down when she heard Ron say, "I'll need \$1,100 in cash."

Annekah refused and told him that she was not paying more than the written estimate fro MovingAPT. She showed him the screen shot of the written estimate. He continued, "You can pay me now, or I'll make sure you have to pay more later." He ripped a yellow carbon sheet from the clipboard and handed it to her, saying, "See, you agreed to this estimate of \$1,907.66." She realized she'd been duped earlier and and asked to see the original top sheet of the carbon, but he refused. She told him, "Then take all of my things off of the truck" – he refused and drove off. Fortunately, she followed him and took a photo of the back of the truck and license plate.

She has the carbon of an "Interstate Bill of Lading Contract", with the company info of The Quality Moving Services, LLC on 9000 Westpark Dr. in Houston, TX. (After checking, we learned this is the address for Mini City Self Storage. Their phone number is not the same as the one on the carbon; it appears to be Ron's cell.)

During the confusion, she made repeated attempts to call and text the MovingAPT office, with no response. Ron finally contacted Annekah to inform her she can come (back to Texas) to pick up her things, yet refused to provide an address where her belongings are stored. "When you arrive, call and we'll arrange to meet you at a local Home Depot," was his reply.

There was no one answer or response to any of the calls she made along her 1,582 mile road trip to get home. The response from MovingAPT has ranged from, "We'll handle it," to "You'll have to pay him (Ron) to get your things delivered." Their most recent option, they have offered to refund the deposit, minus a \$299 administrative service fee. They indicated they will speak with Ron to see how much he will give back of the money he received. On Friday, March 13th, I called MovingAPT to get their side of the story and spoke with Wilson Rivera who identified himself as the manager. He stated they can't give out any information, but would be happy to give me contact information for their attorney. After I provided my contact information, he told me, "You don't intimidate me, my father is an attorney." He proceeded to mention that he has some type of affiliation in Huntington Beach, CA. Still, he never provided me any information to contact their attorney.

Annekah's experience is in sharp contrast to what is stated at on their website at [www.MovingAPT.com](http://www.MovingAPT.com). As of the publication of this issue, Annekah is out of more than \$1,200 and an apartment full of furnishings. Stay tuned!

"Moving APT's database only consists of carriers accredited with the AMSA, DOT and we will make sure your carrier is licensed, insured, and bonded."

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## TO INSURE OR NOT TO INSURE?

A friend recently asked me if I thought it made sense to get health insurance for a pet, and just as I was about to answer her question without skipping a beat, I realized I had no opinion whatsoever on the subject. After all, I'd never looked into buying pet insurance myself and I couldn't think of anyone I knew who had. Soon after that conversation, I got curious and decided to do a little research on the subject. This came as a challenge to me, as I am hard pressed to spend time shopping out health insurance even for myself, let alone for my dog. But, I was interested in learning more, so I did what I always do when I get curious - I Googled it!

First, let me just say that I wish insurance companies would be so kind as to present their policy information in a similar fashion on their respective websites. I don't know if it is done intentionally or not, but for whatever reason each has their own unique way of providing (or not providing) details on cost and coverage, making it very difficult for a simple-minded person like myself to shop comparatively.

Fortunately, I got lucky during my search, when I hit on a website called consumeradvocate.org, which just so happens to be featuring pet health insurance during the month of March. I've heard ABC news refer to Consumer Advocate now and then, while discussing certain products or services, so the name rang a bell for me. The website was actually quite helpful, in that they listed the top 10 pet health insurance companies based on the number of stars they've earned through positive feedback received from current or previous customers.

Still, when I visited the websites of each insurance company listed, it was like trying to compare apples to oranges, due to the way they show (or don't show) the details of their plans. Ultimately, I was able to determine that they all seem to share one common denominator: exclusion of coverage for pre-existing conditions. Apparently the pet insurance industry has not followed the lead of our federal government's recent health care reform. This didn't necessarily come as a surprise to me, but there were several other exclusions that did take me by surprise, and definitely made me wonder if paying for pet insurance makes any sense at all.

For example, nearly all of them exclude coverage for veterinary exams (really?), spaying and neutering (what a shame!), and last, but certainly not least, preventative care such as vaccinations, heart-worm medication, de-worming, grooming, flea control, dental care and anal gland expression. I don't know about you, but this list of exclusions just about sums up for what I typically pay out to the vet

## Happy Tails

by Chris Leclerc



for health care provided to my dogs.

I admit, it would be nice to have coverage in the case of an accident or some other type of emergency, but to spend upwards of \$40 a month (I calculated an average of about \$1.50 a day) "just in case", simply doesn't make sense to me when I am already spending thousands a year for the care they exclude. Regardless of my opinion, I decided to share Consumer Advocate's list of top ten pet insurers, so you can do the research and decide for yourself.

10 Best Pet Insurers, as featured on consumeradvocate.org this month:

- #1 - Healthy Paws: healthypawspetinsurance.com; 800-453-4054
- #2 - Pet Plan - gopetplan.com; 866-467-3875
- #3 - Trupanion - trupanion.com; 855-591-3100
- #4 - Embrace - embracepetinsurance.com; 800-511-9172
- #5 - Pet First - petfirst.com; 855-270-7387
- #6 - Pets Best - petsbest.com; 877-738-7237
- #7 - VPI - vetinsurance.com; 888-899-4874
- #8 - Pet Partners - petpartners.com; 866-774-1113
- #9 - ASPCA - aspcapetinsurance.com; 888-716-1203
- #10 - Pet Premium - petpremium.com; 800-935-7280

I hope this list comes as helpful to you pet owners who may be looking to buy health insurance for your four-footed furry friends. I'm sure it makes sense to some, but to others such as myself, maybe not so much. I guess it depends on the specific needs of your pet, and what you might be expecting for the future.

If you do happen to be in the market, I wish you good luck hunting. Oh and by the way, I'd love to hear from any of you who would like to share an experience you have had with pet health insurance - good bad or ugly. I think we can all learn from another pet owner's previous experience and resulting perspective. Now, go and give your pups and kitties a big hug for me and until next week, don't forget to love and let live



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## LOOKING FOR A BEST FRIEND??

Who loves March Madness.....so is Shelby! She is a 2 ½ year old American Staffordshire terrier who came to the shelter as a stray. Her coat is a gorgeous soft black that is easy to care for and feels like velvet after she has had a bath. Shelby is a big girl at about 64 pounds, but she is also quite a beauty.

Shelby enjoys going for walks with our volunteers, sniffing and exploring the world around her. Although she is strong, she is responsive to commands and is very manageable on leash. Shelby likes getting attention and pets from her handler, and is happy to sit or lie down and get a massage or belly rub. She is a very affectionate girl with a lot of love to share.

Shelby recently went to an off-site adoption event, and was friendly greeting new people who approached her. She behaved like the sweet girl we know she can be.

Shelby would benefit from some basic training classes to help her live up to her potential to be a



great companion. As a young dog with a lot of energy, a daily walk or run is a must, and a large yard for her to get more exercise would be ideal. If you are looking for a happy, friendly girl to be your new best friend, please come in to meet lovely Shelby.

She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of

Mission and south of Las Tunas. To arrange a 'Meet and Greet' with Shelby, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.

Her adoption fee is \$135 which includes her spay surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Shelby.

See our website at [www.sgvhumane.org](http://www.sgvhumane.org) for information and photos of all our available pets.

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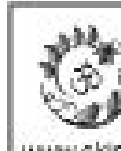
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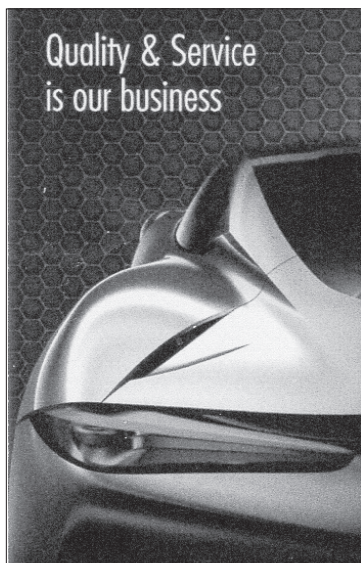
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SEAN’S SHAMELESS REVIEWS: GEOGRAPHER

By Sean Kayden

Myth. Geographer’s mastermind, Michael Deni, blurs the lines between electronic and alternative in creating an ethereal pop resonance. With Ghost Modern, Deni mostly avoids much of the spastic electronic beats with tranquil, tender structures to enthrall listeners. In fact, the direction the band is seemingly heading down is different than preceding journeys. There’s an incredible amount of elements that make Ghost Modern stand out as a deeper than expected type of release. Deni and company profoundly create a sonic palette that resemblances a dreamlike scenario. There are a wide assortment of instruments at work here too, including both live and drum machines, cello, violin, guitar, percussion, and piano. Nonetheless, Michael Deni’s most dominant instrument is his placid vocal abilities that have been extremely distinguishable over the years. While Ghost Modern is an ephemeral endeavor at 37 minutes long, the dreamy arrangements and strong vocals evoking pure catharsis makes the listening experience irrefutably exceptional.

Their first single, “I’m Ready” is a warm tune that features honeyed melodies and airy vocals. The musing tune is a skillful demonstration of delicate arrangements paired with a heartbreaking cello. It opens up the record with much beauty and grace indicating this record sound much sweeter than previous records. “Need” has a slow build up before catching any momentum. Deni’s vocals elevate high with this serene tune. “You Say You Love Me” includes synth-y undertones that add a certain spacey vibe to the track. The tempo is faster than the first two tracks, but it doesn’t take away from the emotional aspect of the song. The strongest new song from Geographer is “Too Much.” Deni’s soft vocals paired with a completely layered musical structure of numerous instruments at work are striking to say the least. The way Geographer crafts music effortlessly bestows the listeners

with the purpose to paint their own picture from each individual song. With the combination of heartfelt, personal lyrics and piquant melodies, Ghost Modern establishes Geographer as a band delivering the highest form of commitment to artistry. The craftsmanship behind “Read Your Palm” is unquestionably beautiful. While just under two minutes, the harrowing quality heard is by far breathtaking. The aptly titled “Patience” soothes and relaxes the mind. It’s an unrushed piece of art that combines the dual forces of piano and violin to form a rhapsody that could melt hearts. It’s one of the few songs off the record that

Artist: Geographer  
Album: Ghost Modern  
Label: Roll Call Records  
Release Date: March 24th, 2015

reaches four minutes in duration, but the celestial tune isn’t something you would want to ever end.

“Keep” starts with some mighty drumbeats before it unravels into the fastest tempo song off Ghost Modern. It’s more in vein with previous records, however, remains suitable for this compilation. The summery attributes attached to “Keep” are perfect for the spring release. It completely serves as a dance-worthy addition to the record. Geographer wraps up the album with the appealing, “Falling Apart.” This lovely closer is very reflective as it follows suit to the other echoes and noises Ghost Modern has demonstrated with prior tracks. The composition of smooth vocals and an airy structure lead to another strong offering for what may be deemed Geographer’s most established work to date. The range of beauty on Ghost Modern is immeasurable. Those readily eyeing something to be stimulated by on an emotional and mental level need not to look any further than Geographer’s latest and greatest contribution yet.

Grade: 9 out of 10  
Key Tracks: “I’m Ready,” “Need,” “Too Much,” “Keep”

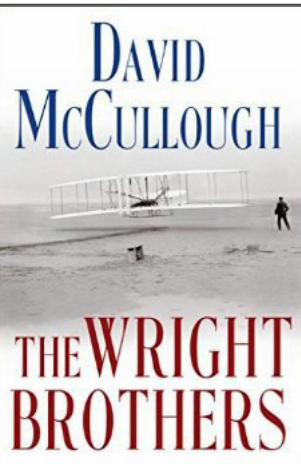
Jeff’s Book Picks

By Jeff Brown

THE WRIGHT BROTHERS

by David McCullough

David McCullough, two-time winner of the Pulitzer Prize, tells the surprising, profoundly American story of Wilbur and Orville Wright. On a winter day in 1903, in the Outer Banks of North Carolina, two unknown brothers from Ohio changed history. But it would take the world some time to believe what had happened: the age of flight had begun, with the first heavier-than-air, powered machine carrying a pilot. Who were these men and how was it that they achieved what they did?Far more than a couple of unschooled Dayton bicycle mechanics who happened to hit on success, they were men of exceptional courage and determination, and of far-ranging intellectual interests and ceaseless curiosity, much of which they attributed to their upbringing. The house they lived in had no electricity or indoor plumbing, but there were books aplenty, supplied mainly by their preacher father, and they never stopped reading. When they worked together, no problem seemed to be insurmountable. Wilbur was unquestionably a genius. Orville had such mechanical ingenuity as few had ever seen. That they had no more than a public high school education, little money and no contacts in high places, never stopped them in their “mission” to take to the air. Nothing did, not even the self-evident reality that every time they took off in one of their contrivances, they risked being killed. In this thrilling



book, master historian David McCullough draws on the immense riches of the Wright Papers, including private diaries, notebooks, scrapbooks, and more than a thousand letters from private family correspondence to tell the human side of the Wright Brothers’ story, including the little-known contributions of their sister, Katharine, without whom things might well have gone differently for them.

THE SENSE OF DARKNESS

by Cinzia De Santis

A world of intimacy, of smell and touch, is all Clara knows. Her blindness doesn’t bother her: she is gifted with an extraordinary sense of smell which guides her through life. Raised by her aunt Trinidad in a small village in Latin America, Clara becomes a renowned healer. She can smell people’s diseases and can heal them with her particular recipes. Their lives fall apart when members of a guerrilla gang bring to their home a wounded prisoner whom Clara has to heal. While she struggles to understand the feelings he produces in her, Trinidad’s past returns, carrying the power of an obsessive love, but, will it be enough to save hers and Clara’s lives? “...it is a story about love and magic - touched by the narrative power that Venezuelan writers can have - and also a fable that make us remember that the most important things are seen by the heart and not by the eyes” Javier Puebla, Cambio16

THE PRINCE OF TIDES: A Novel by Pat Conroy

Pat Conroy’s masterpiece, a huge, brash thunderstorm of a novel, stinging with honesty and resounding with drama. Spanning forty years, this is the story of turbulent Tom Wingo, his gifted and troubled twin sister Savannah, and their struggle to triumph over the dark and tragic legacy of the extraordinary family into which they were born. Wonderfully written and a great memorable story.

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On the Marquee: Notes from the Sierra Madre Playhouse



PUTTING IT TOGETHER

By Artistic Director, Christian Lebano  
By the time you read this we will have opened Stephen Sondheim’s revue Putting it Together which we are offering in repertory (our first ever!) with Einstein is a Dummy. Estelle Campbell and I were invited to see a production of Putting it Together last Fall by Kristin Towers-Rowles who was starring in that production at another theater. We were bowled over by the wonderful performers and, of course, by the beauty of Stephen Sondheim’s music and lyrics. I told Kristin (who has appeared at the Playhouse in 6 RMS RIV VU and in A Lovely Lineage – her sold-out Sunday Series tribute to her acting family) how beautifully I thought the show would fit on the SMP stage and that I thought our audiences would love it. This started a conversation between Kristin, the director-choreographer Cate Caplin and me about bringing this production to Sierra Madre. We decided not to transfer the production but to reconceive it for our theater. And now several months after first seeing the show it has opened and is everything we could have hoped for. It really is a treat for music-lovers – and it looks fantastic on our stage. I hope you’ll come see (hear) it.  
This has been a big undertaking for us and we are so grateful to all the people who made it possible but especially the community sponsors who have donated to our production: Steinway Piano Gallery for providing the gorgeous baby grand used in

the show; Friar Tux of Arcadia for the handsome tuxedos; and Sierra Madre’s T-Neer for once again hosting our opening night party. I am so thrilled how the community is coming together to help the Playhouse in our ambitious goal to becoming the premier intimate theater in the San Gabriel Valley.  
Einstein is a Dummy is a big hit with the kids from local schools who are coming to see it. You only have four more chances for general audiences to see it at Sunday 2:30 matinees: March 22 and 29 and April 5 and 12. Please bring your kids, it really is a wonderful show – and wait until you see the video projections. SMP has never done anything on this scale (and I’m not sure we’ll be able to do it again – it really taxed our resources) and it is truly magical.  
“Putting it together” is certainly what we are trying to do at the Playhouse – as we continue to fulfill our mission to provide quality productions which celebrate the American experience. Oh, and now we are in rehearsal for The Odd Couple – boy have we put together a terrific cast for this show. You’ll hear more about it soon, but I’m very excited about it.  
As always we do this for you – our SMP family – whose support and loyalty mean so much to us and for whom we hope we bring pleasure and joy and moving experiences in the theater. Please let me know how you think we are doing. Reach me at ArtisticDirector@SierraMadrePlayhouse.org

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Looking Up with Bob Eklund



THE DIVERSITY OF ALIEN COLORS: HOW TO RECOGNIZE LIFE ON DISTANT PLANETS

A team composed of astronomers and biologists has measured the multicolored “chemical fingerprints” of 137 different species of microorganisms in order to help future astronomers recognize life on the surface of exoplanets (planets outside our solar system).

Some of the microorganisms hail from the most extreme environments on Earth; taken together, the samples should allow for a (cautious) estimate of the diversity of biological colors on planets other than Earth. The results are available in an online catalogue and have also been published in the Proceedings of the National Academy of Sciences of the United States of America (PNAS).

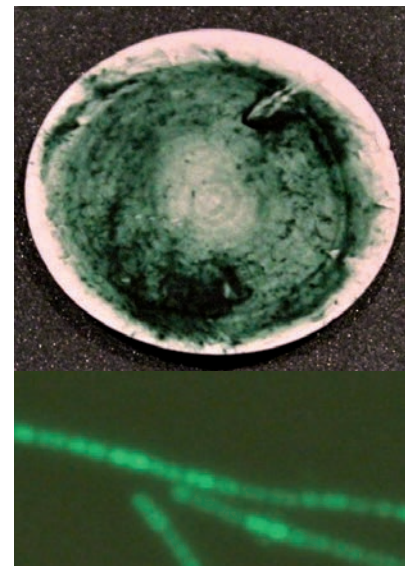
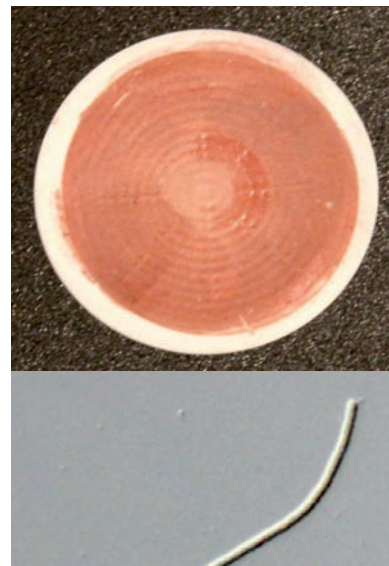
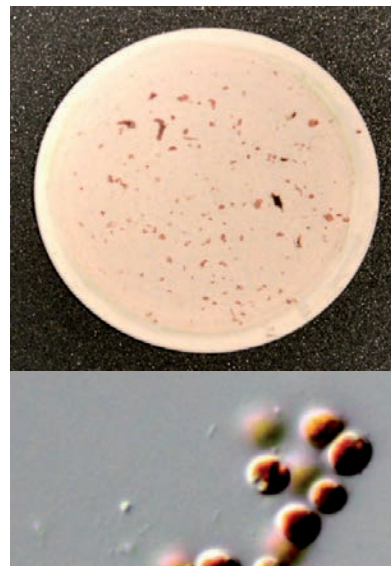
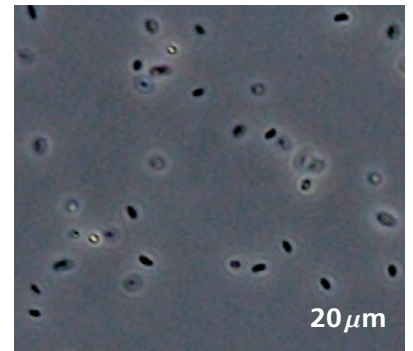
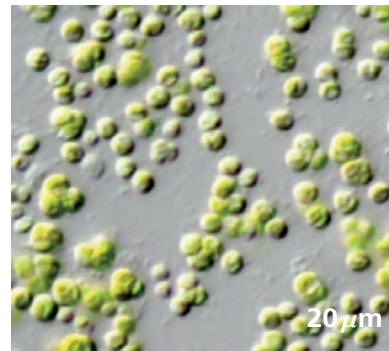
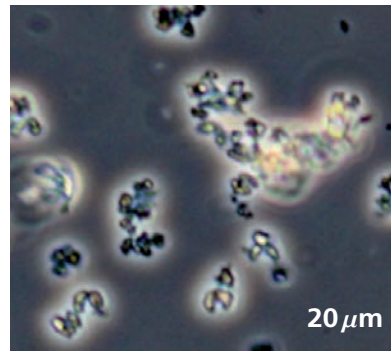
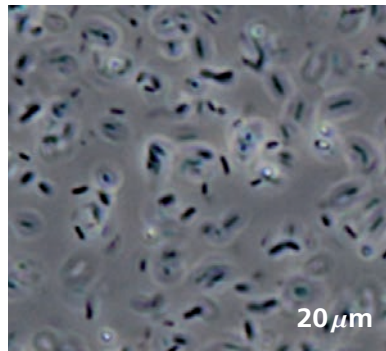
Astronomers are gearing up for a new phase of exoplanet research, teaming up with biologists to formulate search strategies for life on these distant planets. So far, these efforts have focused on what are known as indirect biosignatures, such as byproducts of life that could be detectable in a host planet’s atmosphere.

But if the surface of an exoplanet were dominated by one particular life form, a more direct form of detection might be possible: a detection based on light reflected by that life form, taking on a characteristic tint in the process.

We observe planets by studying starlight reflected off their atmospheres or surfaces. When Jupiter or Venus shines brightly in the night sky, the light you see is sunlight reflected by those planets. Alien astronomers making detailed observations of Earth would notice a greenish tint when sunlight reflected by trees and other vegetation reaches their telescopes.

Similarly, the presence of an alien organism covering large swathes of an exoplanet’s surface could be measured directly through the imprint left by the organism’s pigmentation, the chemical makeup that determines its color. This imprint is the reflected light’s spectrum: the light split up into its component colors, as we see in a rainbow. It is the chemical analogue of a fingerprint, allowing for the identification of different types of microorganisms.

Now, a group of astronomers and biologists led by Siddharth Hegde has teamed up to explore what



these fingerprints might look like and how diverse they could be. Hegde, then a graduate student at the Max Planck Institute for Astronomy, and astronomer Lisa Kaltenegger (Director of the Institute for Pale Blue Dots at Cornell University) teamed up with biologist Lynn Rothschild, postdoctoral fellow Ivan Paulino-Lima, and research associate Ryan Kent, all from NASA’s Ames Research Center, to explore the full range of possibilities for what chemical fingerprints—and therefore exoplanet surface biosignatures—could look like.

To this end, the team assembled cultures of 137 different species of microorganisms: The 137 life forms span a variety of colors and are residents of a wide range of environments, ranging from the Atacama desert in Chile, to seawater in Hawaii, to some old woodwork at Salt Spring in Boone’s Lick State Park, Missouri.

The team reflected light off samples from each microorganism culture, measured their chemical fingerprints, and assembled their findings in an online catalog.

At the moment, it is not possible to directly

measure light coming from an Earth-size planet, because this light is drowned out by the much-brighter neighboring starlight. But this database is a preparation for the not-too-distant time when such direct measurements will be possible. For now, Kaltenegger says, “this gives us for the first time a glimpse into the detectable signatures of the fascinating diversity of worlds that could exist out there.”

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



RAINDANCE

by Christopher Nyerges

[Nyerges is the author of several books, including “Enter the Forest” and “How to Survive Anywhere.” He can be reached at Box 41834, Eagle Rock, CA 90041, or [www.ChristopherNyerges.com](http://www.ChristopherNyerges.com)]

[The following is an excerpt from Christopher Nyerges’ latest book, “Squatting in Los Angeles: Life on the Edge,” which

is available on Kindle or from the store at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com).]

It was Tuesday, August the 14th, 1984, the last day I’d be working with some of the children at the day camp sponsored by the City of Pasadena. After their lunch, I began by showing my group of children some wild edible plants. These were mostly plants that I brought to camp, because, remember, the day camp was held at Victory Park, which is a large park west of Pasadena High School, and it was mostly lawn with some introduced trees and bushes along the edges.

Next we practiced some Indian sign language of the Plains.

After that I showed the children some of the buffalo gourd leaves which I’d brought. I demonstrated how to make soap by wetting a few leaves and then vigorously rubbing a few between my hands. It’s not the best plant for making soap, but it was all that I could collect for that day. Each child then made soap from this plant and in their very excited way they cleansed their hands, splashing and yelling as they did so.

The day before, I’d hinted that we might do a rain-dance, and now, as the children were returning to their circle, a few were now asking with their eager voice, “Are we going to do the rain-dance now?” Once they were all seated, I explained that a rain dance is actually not just one thing, and that it could take many forms and is usually a part of a larger ceremony.

I didn’t have a specific “formula” or procedure, but rather I was attempting to share several key elements with the children.

I removed my hand-made clay pipe from its container and filled it with tobacco. I carefully lit it and puffed on it. The children were silent and the teen-age counselors were not sure what to say or do. Once the pipe was smoking well, I stood in the center and blew smoke to the four directions and to the sky and to the earth. I explained to the children that I was offering my smoke as a way of giving respect and thanks, in an attitude of humility. I didn’t use the word “God,” but indicated that this was giving respect and thanks to a higher intelligence, a great spirit of the universe. The children watched in awe with wide eyes. I could tell that they’d never seen anything like this before.

Then I passed the pipe around the circle for each child to take a little puff. Each child nervously smoked the pipe as it went around, and I told them not to inhale. I explained as we did this that the smoking of the pipe was a traditional sign of our friendship and unity.

Once this was done, I conducted half the children in dancing around the outer circle, as the other half clapped their hands. We all chanted a simple rain chant that I led, and the we all let up a cheer for rain.

My time with the children was over and they all departed for their next session.

“Is it really going to rain?” a few children curiously asked me as they departed.

“Of course,” I replied with assurance. “It will rain by Saturday.” Of course, I was just expressing confidence. I really had no idea whether or not this would be “effective,” and I’d not checked any weather patterns. For that matter, I’d not even planned to do the rain dance until that morning.

A heavy rain fell early the following morning. By the time I arrived at the day camp on noon

Wednesday, only a drizzle continued to fall, and most of the day camp activities had been moved indoors.

Some of the children yelled out to me: “We made rain! We made rain!” I quickly pointed out that we didn’t make anything. Rather, I told them, our request was answered.

A few children asked with open eyes, “It rained from our rain dance, didn’t it?” I answered what I believed to be true. “Yes,” I told them.

Pursuing the premise that there was a relationship between the dance and the rain, I attempted to delineate my learning:

- 1) We washed ourselves before our little ceremony.
- 2) We requested rain in an attitude of humility.
- 3) We shared the pipe in a posture of unity and friendship.
- 4) We sang, chanted, and danced our ceremony not “by the book” but with feeling.
- 5) And perhaps most important, the ceremony was conducted by children. These children were young enough to still be uncorrupted by the limitations of adult minds. They had never been told that they couldn’t invoke rain. So I believe that the innocence and lack of prejudice on the children’s part was a key factor in the apparent “success” of our rain dance.

I found that this episode forced me to look at myself and the world very differently. What had happened here? It was the middle of August when there is usually no precipitation, and rain came within 15 or so hours of doing a rain dance. This led me to research the many recorded episodes of rain-making and rain ceremonies among Native American traditions, and try to find some common elements. Eventually, I compiled a file full of newspaper accounts and interviews and book excerpts all about rain ceremonies.

The more I looked into it, and inquired, the key idea to keep in mind was that personal attitude was the essential ingredient, and that “asking for” or “praying for” rain was an inaccuracy. It also became clear to me that it is actually a blessing that most people are unaware that they have such a power over the elementals of nature. You could say that our ignorance protects us from the irresistible urge to abuse such ability.

I spoke to Dr. George Fishbeck, L.A. area weatherman and meteorologist, and he told me that he noted a storm off California’s coast at 7 p.m. Tuesday. That evening by 11 p.m., Dr. Fishbeck said that he knew rain would fall, but not where. He was calling it a freak storm. Someone had called Dr. Fishbeck and told him about the rain dance, so he already knew about it. He believed that there was no connection between the rain dance and the rain, discounting the ability of what he called “prayer” to affect the weather. Still, Fishbeck told me that he recognized and respected the sacred nature of the Southwestern Indians’ rain dances and ceremonies, having lived among the New Mexico Indians for two years as an anthropologist.

In the Los Angeles Times of August 16, 1984 on the front page, it read “First Rain of Season Snarls Traffic, Causes Blackout.” The report read, “The first rainstorm of the season struck the Los Angeles area with surprisingly heavy showers Wednesday morning, spawning a rash of minor accidents on slick freeways and power failures affecting thousands of customers. Rainfall at the Los Angeles Civic Center measured .40 of an inch, nearly double the .21 of an inch recorded by this date last season, before tapering off in mid-morning.” The report talked about auto accidents, blackouts, and flash floods up in San Bernardino and Riverside Counties, and clear up in Las Vegas.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHY WOMEN LIVE LONGER THAN MEN

There are all kinds of studies out there usually done by people who have that more important in the world to do. It is amazing how they come up with these various topics and studies. There must be somebody somewhere, being paid to come up with the most ridiculous studies they can think up.

Usually, I do not pay much attention to these surveys. I have more important things to do... like living! However, this one caught my attention right away. The title of the study was, “Women Live on Average Four Years Longer than Men.”

I was afraid the Gracious Mistress of the Parsonage would see this study. My fears were allayed when she brought the subject up and drew my attention to it.

Rather smugly, she said, “Look at this article. It says that women live longer than men.”

I was not quite sure what I was in for but I knew I was in for it. Throughout the decades of our relationship the word “it,” has come to mean a variety of things. I never know the definition of “it” until after the incident, which puts me in a great disadvantage.

For example, I know I am in for “it,” when I come back from the store without the main reason she sent me to the store. The “it” is a tongue lashing on the merits of getting everything on the list she puts there. According to her, the items on the list are not suggestions but are put there for a purpose and that purpose being me purchasing said items when I go to the store.

I know I am in for “it,” when I lollygag (a word she uses often when speaking to me) in the backyard instead of getting to the business at hand of mowing the grass. In this occasion, the “it” is a tongue lashing on the merits of mowing the grass in a more timely manner.

I know I am in for “it,” when I fail to do anything on her “honey-do-list” when she is away for several days. The “it” is a tongue lashing on the merits of doing at least one thing on that list before her return.

When I look at it from this light, it seems to me that more often than not, her definition of “it” is a tongue lashing.

Getting back to women living longer than men do, I was tempted to opine that the reason is they work men to death. However, I knew if I said that I would really be in for “it.”

Being experienced in husband-lore, I smiled and simply asked, “Why do you think that is, Honey?”

I never really understood this matter of “the birds and the bees,” until I got married. Wives have their “honey-do-lists” and husbands defer to his better half as “Honey.” It does not take a birdbrain

to figure that one out.

“I’ll tell you why that is,” my wife said with great feeling. “The reason women live longer than men is that men don’t have enough work to do.”

Then she threw an old quote that I have heard all my life, “Man works from sun up to sun down, but a woman’s work is never done.”

I could have said that men do not lollygag around, but just get to the job at hand and gets it done. I knew if I responded like this I would really be in for “it.”

“Another thing,” she said with a smirk, “the reason women live an average of four years longer than men is it takes that long to clean up the mess men have made after they die.”

There are arguments you cannot refute and then there are arguments you should not refute. I am not sure which category this one fell under but I knew I needed to have a “golden” moment.

Of course, it is hard to argue with statistics. The cold hard facts are that women do live on an average four years longer than men.

If the wife works outside the home, she still has to work inside the home. The man, on the other hand, works outside the home and “lollygags” inside the home. I’m not sure why this is but this is a point on her side of the chalkboard.

There was a time in our marriage when I was out of work and my wife was the primary breadwinner in the home. At that time, I took on the duties of the house and the care of the children. After one week of her coming home to my home-cooked dinners, she graciously assumed the responsibility of cooking supper for the family each night when she got home. It was not a matter of convenience but rather of survival. To say I was a bad cook is to denigrate the word cook.

I do not know if this longevity is different between a single woman and a married woman.

If anybody was an expert on wives, it has to be King Solomon in the Old Testament.

“House and riches are the inheritance of fathers: and a prudent wife is from the LORD.” (Proverbs 19:14 KJV)

“Whoso findeth a wife findeth a good thing, and obtaineth favour of the LORD.” (Proverbs 18:22 KJV)

Perhaps the primary reason women live longer than a man is that women lie about their age. But you didn’t hear it from me.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net) or website [www.jamesnsnyderministries.com](http://www.jamesnsnyderministries.com).



## FAMILY MATTERS

By Marc Garlett



### WOMEN, YOU ROCK!

- By and large, mothers and housewives are the only workers who do not have regular time off. They are the great vacation-less class.

- Most women with children will put their children's needs before their own.

- Women earn 78% less than men and are at risk of a compromised lifestyle if they and their husband do not plan well for a future in which his income is no longer there.

- The history of all times and of today especially, teaches that women will be forgotten if they forget to think about themselves. - Louise Otto

Women, you especially, need to know the following about estate planning:

Kids Protection Planning provides parents with important legal tools to name short- and long-term guardians, gives instructions and guidelines for those guardians and executes medical powers of attorney that allow you to dictate medical care for your minor children in case they are injured and you are not with them.

A will and a living trust are both essential estate planning tools, and although both can be used to transfer assets upon death, they serve separate purposes. A living trust takes effect when you become incapacitated or after death. It allows you to hold assets for your benefit during your life and transfer those assets, without the need for probate, after your death. A will only takes effect upon death and is used to cover assets that do not need to go through probate.

Women need to execute financial and healthcare durable powers of attorney so a trusted friend or family member can make financial and/or medical decisions on your behalf in case of incapacity. And, if you are married or partnered, make sure your spouse or partner does the same so you can handle their financial and medical affairs if something happens to them.

Make sure your partner/spouse has life insurance to support you and your children for as long as you will need support in the event of their death. Women often don't have their own life insurance if they don't bring in an income. This is a mistake. Think about the cost of finding someone to handle your responsibilities if you aren't able to take care of them yourself and secure enough life insurance to cover those costs.

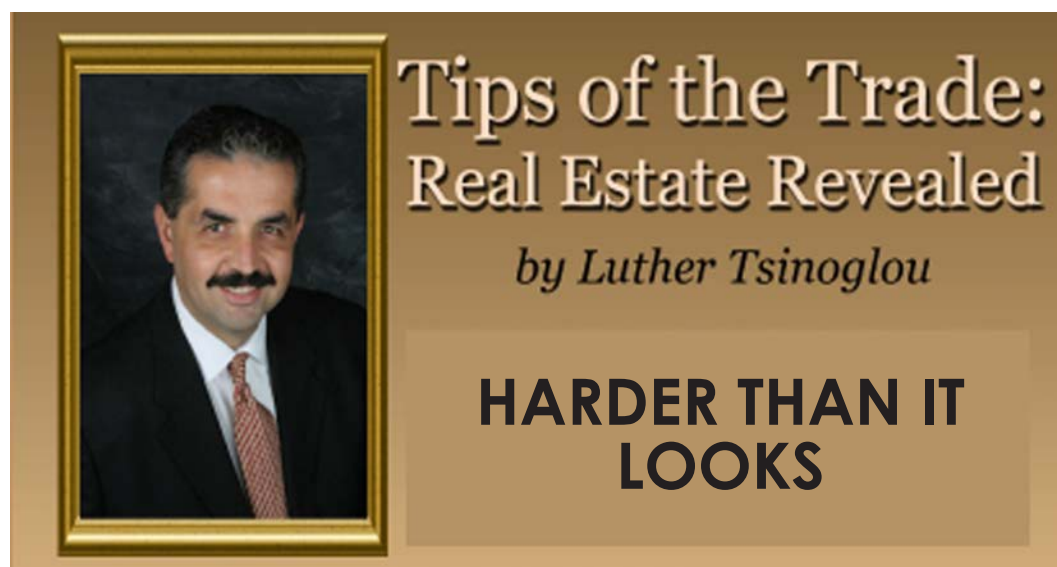
Keep beneficiary forms for retirement accounts (IRAs, 401(k)s, etc.) up to date, as they determine who receives the assets of each one of your accounts.

We men don't like to think about leaving you to pick up the pieces if something happens to us even though statistically you're likely to outlive us. We love and appreciate you and want things to be as easy as possible for you. Your well-being and financial security is our priority. But hey, we're guys. Sometimes we need to be prodded just a bit. Right? Take care of yourself and don't be afraid to prod. We'll come around. I promise.

To you family's health, wealth, and happiness,

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.



With markets so rapidly changing, it's easy to imagine how property appraisers might sit in a darkened room, waving their hands over a crystal ball, and producing the mysterious and all-powerful document of a home's value. Let's dispel the notion of magical figures and look more carefully at the process.

When comparing against similar properties, it's not just the final price that counts. Appraisers also factor in any "incentives" offered, such as sellers who pay closing costs or remodeling allowances.

Perhaps the most important factor that lenders review in an appraisal is the closing dates of the "comparables" (other homes by which yours is measured). Unfortunately, with today's stricter lending requirements, most "comps" must have sold within the last 60 or even 45 days to carry weight. Markets change so quickly that any sale price over two months old may be completely irrelevant.

Now a few words about how foreclosures in a neighborhood affect determination of value. Technically, appraisers shouldn't consider them, because they don't fit the Appraisal Institute's definition of "a property reasonably exposed in a competitive market." However, if several area homes have been abandoned, we know the negative effect that can have on a home's "perceived" value.



## Social Media Tips, Tricks & Ideas



by: MJ Finstrom

### COLOR EXPLORER: FIND YOUR HEX VALUES

Colors play an important role in brand recognition. Sometimes I can't remember the name brand of a product I'm looking for at the market. But, I still find the product because I remember the color of the container!

Big brands like McDonalds, Starbucks, Pepsi and Coca-Cola are very particular about consistent color use. You should be too!

Have you ever been asked for the HEX (hexadecimal) values for the colors in your brand?

Different on-line tools often allow you to plug in a specific color # (HEX value). For example, in Constant Contact, you might want to match a background color, headline or graphic element to a color in your logo to tie it all together. That's good design technique.

I recently discovered a cool tool at a Constant Contact training session that makes finding your HEX colors a snap.

Color Explorer ([www.colorexplorer.com](http://www.colorexplorer.com)) is free to use. It allows you to easily create, manage and evaluate color palettes for your web designs, email campaigns, Canva creations and much more.

With Color Explorer, you can simply upload your logo or an image, and it will extract a complete color palette of all the colors in that image. It will give you the HEX value as well as the RGB values.

I suggest that you print out your brand's color palette and keep it handy as you create email campaigns, graphics in Canva.com and other on-line tools.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Digital Marketing strategies. Connect with them on Facebook at [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs). Sign up for their upcoming workshops at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724; for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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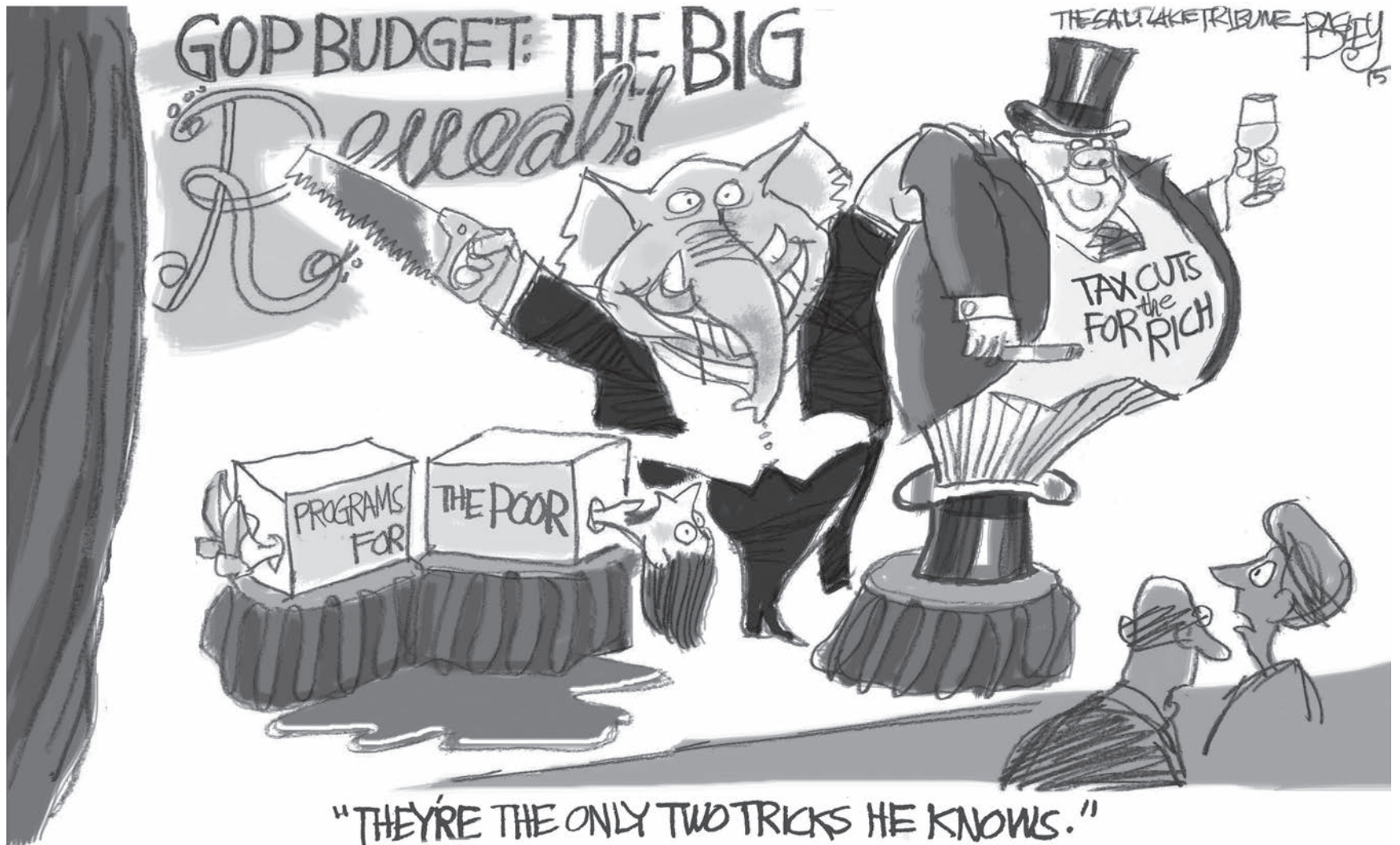
Mountain Views News  
80 W. Sierra Madre Bl.  
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Sierra Madre, Ca.  
91024

Phone: 626-355-2737  
Fax: 626-609-3285  
email:

mtnews@aol.com

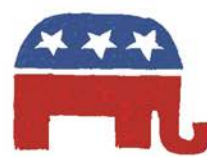
### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



"THEY'RE THE ONLY TWO TRICKS HE KNOWS."

WALKER  
BOWERS  
CHRISTIE  
KING  
JINDAL  
PERRY  
PATACKI  
CRUZ  
CARSON  
BUSH  
TRUMP  
GRAHAM  
PALIN  
FIORINA  
RUBIO  
HUCKABEE  
RYAN  
PAUL  
KASICH  
SANTORUM  
DUMMETT, JR.  
KINLAW  
CHRISTENSEN  
LAROSE  
PETYO  
RUSSELL  
HILL  
ANDREWS  
GILMORE  
EVERSON  
PENCE  
FELLURE



March  
to the Oval Office  
Madness



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LOS ANGELES, CALIF. 91024

## PHIL Kerpen



### DEATH TAX REPEAL IS LONG OVERDUE

On April 13, 2005 the House of Representatives voted overwhelmingly, 272 to 162, to permanently repeal the federal estate tax, also known as the death tax. But in the ten years since, they have all but dropped the issue. A stunning 236 of the current members of the House have never had an opportunity to vote on it. Fortunately, the Ways & Means Committee under Chairman Paul Ryan (R-Wis.) will soon consider a bill, H.R. 1105, written by Reps. Kevin Brady (R-Texas) and Sanford Bishop (D-Ga.) that would repeal the death tax. House leadership should bring it to the floor before April's tenth anniversary of the last such vote, because it's a winning issue both politically and economically.

Polls consistently show the death tax is hated by the American people. A 2006 study by two Yale professors, Mayling Birney and Ian Shapiro, did a comprehensive review of this issue. They said: "Many polls since the late 1990s have shown widespread public support for estate tax repeal, in the range of 60, 70 or 80 percent. Moreover, supporters appear to be spread more or less equally across income groups, contrary to what self-interest would predict."

The study's remarkable findings, which confounded the study's authors, belie the claim that strong public support for repeal depends on misunderstanding or misleading information. They found surprisingly high public support regardless of who asked the questions or how they were phrased.

Most recently, a November 2014 survey by Public Opinion Strategies that asked the neutral question: "Do you personally favor or oppose completely eliminating the estate tax, that is, the tax on property left by people to their family when they die?" found the public supports repeal by a typically robust 61 to 35 percent margin, with even a majority of Democrats supporting repeal.

Americans fundamentally do not believe that death should be a taxable event. The Founders of our country believed this so strongly that they included a clause in the U.S. Constitution that forbids seizing an estate at death as a punishment for treason. Yet, we now have a tax on the books that takes up to 40 percent of everything a person leaves to his or her children as a punishment for success, for achieving the American Dream. The death tax punishes virtue and rewards vice. It tells older Americans: "You can't take it with you, and you can't leave it to your kids." So it discourages and punishes the traditional American virtues of hard work and thrift, savings, and investment, while it encourages lavish, reckless consumption.

That has serious economic consequences. A broad coalition of free-market and business groups organized by the Family Business Coalition recently noted in a letter to Congress that multiple recent studies show repeal would create over 100,000 jobs, and that the tax is responsible for the destruction of \$1.1 trillion in capital. A new study from the Tax Foundation finds that the U.S. now has the fourth highest death tax in the OECD and that 13 countries have completely repealed their death taxes since 2000. They found repeal would boost the U.S. capital stock 2.2 percent, resulting in a net increase in federal revenues.

The bottom line is the death tax is wrong, and advocates of economic freedom shouldn't be afraid to say so and fight for full repeal. While liberal editorial pages and cable news talkers will shriek about it, the American people strongly support repeal. The House has a great opportunity to do the right thing by bringing H.R. 1105 to the floor for a vote, and, with the tenth anniversary of the last vote approaching, they should do so as soon as possible.

Mr. Kerpen is the president of American Commitment and the author of "Democracy Denied." Kerpen can be reached at phil@americancommitment.org.

## Making Sense MICHAEL Reagan

### THINK OF THE CHILDREN!

"What about the children?"

Politicians of both parties often stoop to using our children as props whenever they're fighting for a new law or pet government program. They argue we need to cut the \$18 trillion debt, regulate the Internet or pay teachers more "for our children."

"Think of the children" is almost always an emotional and irrational appeal made in desperation by those who don't have a reasonable or legitimate argument.

Invoking "the children" is pure BS. It's obvious political BS. But it's BS that's been used for a long time by Democrats and Republicans.

It became so common that it was satirized way back in the early 1990s in the "The Simpsons," when the character Helen Lovejoy constantly shrieked "Think of the children" during town debates over everything from lowering taxes to what to do about too many bears roaming the streets.

Despite becoming a cultural joke, using "the children" as emotional weapons in political warfare still goes on all the time.

Every other lousy politician in Washington who wants to tax, subsidize or regulate something still claims he's doing it "for the children" -- whether it's saving the planet from climate change, giving amnesty to illegal immigrants or intervening in Syria.

But when it comes to passing a piece of legislation that will actually do something to help hundreds of thousands of real children, it's another story.

As part of the latest parliamentary maneuvering and cat-fighting between Democrats and Republicans, the passage of the Justice for Victims of Trafficking Act of 2015 has been delayed in the Senate.

Passed by the House, and having broad bipartisan support, the act would strike an important blow in the fight against human sex trafficking.

The act would create a fund to help authorities in the USA deter and combat sex trafficking, prosecute traffickers when they are caught and provide assistance to private groups that work to rescue and restore the lives of trafficking victims -- most of whom are children.

We hear little about it, but human trafficking is a serious problem in the United States and around the globe. The U.S. State Department estimates there are 27 million victims of trafficking worldwide.

Human trafficking is a \$32 billion industry involving more than 125 countries. The majority of victims are women and girls who are forcibly trafficked from one place to another to do work or provide sex, usually under horribly unsafe and unhygienic conditions. The United States is not untouched by this crime against children. Experts say 17,500 people are trafficked into the U.S. each year and about 300,000 American children, particularly children in foster care, are continually at risk of being pulled into the hell of human trafficking.

According to the National Center for Missing and Exploited Children, the typical sex-trafficked child in the United States is 13 or 14 years old. The average pimp makes upwards of \$200,000 a year from one of his four to eight children, who are forced to have sex 20 to 48 times a day.

Private organizations like the Polaris Project and Arrow Child and Family Ministries in Texas, which I'm affiliated with, are working hard to educate the public about the horrors of sex-trafficking and rescue as many young victims as they can.

But it's a huge job and the public and private resources to do it are spread thin and hard to acquire.

With the Justice for Victims of Trafficking Act, Republicans and Democrats are in a great position to actually do something "for the children" instead of just talking about it.

For now the act has become another bargaining chip in Washington's never-ending private poker game.

It will pass eventually. Even Congress gets it right once in a while. But it's time for politicians to quit playing politics with the lives of our children.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelereagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.



















**NOTICE OF PETITION TO ADMINISTER ESTATE OF:  
SAMUEL M. WATSON AKA SAMUEL MEAD WATSON  
CASE NO. BP160802**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of SAMUEL M. WATSON AKA SAMUEL MEAD WATSON.

A PETITION FOR PROBATE has been filed by CONSTANZA WIDWIG WATSON in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CONSTANZA WIDWIG WATSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 04/21/15 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

**NOTICE OF PETITION TO ADMINISTER ESTATE OF MARILYN L. HINDLEY****Case No. BP160084**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of MARILYN L. HINDLEY A PETITION FOR PROBATE has been filed by Douglas Blakey Hindley in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Douglas Blakey Hindley be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on March 18, 2015 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner  
JEANNE BURNS-HAINDEL - SBN 132177  
3360 E. FOOTHILL BLVD #414  
PASADENA CA 91107  
3/14, 3/21, 3/28/15  
CNS-2727929#

Attorney for petitioner:  
LOWELL H ORREN ESQ  
SBN 152894  
ORREN & ORREN  
1100 E GREEN ST  
PASADENA CA 91106-2513

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-048842

The following person(s) is (are) doing business as: SORAL SILK SCREENING PRINTING, 3635 S. SAN PEDRO ST., L.A., CA 90011. Full name of registrant(s) is (are) ERIK OROZCO RAMIREZ, 1813 MIDDLETON PL., L.A., CA 90062. This Business is conducted by: AN INDIVIDUAL. Signed: ERIK OROZCO RAMIREZ. This statement was filed with the County Clerk of Los Angeles County on 02/24/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 09/01/2014. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-051330

The following person(s) is (are) doing business as: SPRING MASSACHUSETTS, 1840 S. GLENDALE, CA 91205. Full name of registrant(s) is (are) MING HAO, 936 E. COLORADO ST., GLENDALE, CA 91205. This Business is conducted by: AN INDIVIDUAL. Signed: MING HAO. This statement was filed with the County Clerk of Los Angeles County on 02/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 11/18/2014. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-047316

The following person(s) is (are) doing business as: TAPOUT TRANSPORTATION, TAPOUT AUTO TRANSPORT, 13643 MOCCASIN ST., LA PUENTE, CA 91746. Full name of registrant(s) is (are) EDGAR GUTIERREZ, 13643 MOCCASIN ST., LA PUENTE, CA 91746. OSCAR MONTES, 13643 MOCCASIN ST., LA PUENTE, CA 91746. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: EDGAR GUTIERREZ. This statement was filed with the County Clerk of Los Angeles County on 02/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-045728

The following person(s) is (are) doing business as: THE CLEANING CREW, JAY'S COLLECTION, AMAZING JANITORIAL SERVICES, 1840 S. GAFFEY ST. STE 428, SAN PEDRO, CA 90731. Full name of registrant(s) is (are) AMERICAN S&G, LLC, 1840 S. GAFFEY ST. #428, SAN PEDRO, CA 90731. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: JULIO C. ACEVEDO. This statement was filed with the County Clerk of Los Angeles County on 02/20/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-051230

The following person(s) is (are) doing business as: THE DUCE LAW FIRM, 1055 W. 7<sup>th</sup> ST. 33<sup>rd</sup> FL., L.A., CA 90017. Full name of registrant(s) is (are) JASON GLASGOW, 1318 W. 49<sup>th</sup> ST., L.A., CA 90037. SEAN BREAU, 2900 SUNSET PL. #106, L.A., CA 90005. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: JASON GLASGOW. This statement was filed with the County Clerk of Los Angeles County on 02/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-051773

The following person(s) is (are) doing business as: TUZO AUTO DETAIL SERVICES, 401 N. EAST END AVE., POMONA, CA 91767. Full name of registrant(s) is (are) EDGAR LOPEZ SORIANO, 401 N. EAST END AVE., POMONA, CA 91767. VERONICA OROZCO, 401 N. EAST END AVE., POMONA, CA 91767. This Business is conducted by: A MARRIED COUPLE. Signed: EDGAR LOPEZ SORIANO. This statement was filed with the County Clerk of Los Angeles County on 02/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-048138

The following person(s) is (are) doing business as: VALERIA PACKING, 1125 E. PICO BLVD., L.A., CA 90021. Full name of registrant(s) is (are) LAISA MARTINEZ, 207 E. 73<sup>rd</sup> ST., L.A., CA 90003. This Business is conducted by: AN INDIVIDUAL. Signed: LAISA MARTINEZ. This statement was filed with the County Clerk of Los Angeles County on 02/24/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-050305  
The following person(s) is (are) doing business as: WE BUILD CREDIT, 1619 COLINA DR., GLENDALE, CA 91208. Full name of registrant(s) is (are) TENURE CAPITAL INVESTMENTS, INC., 1619 COLINA DR., GLENDALE, CA 91208. This Business is conducted by: A CORPORATION. Signed: PATRICK ALADADYAN. This statement was filed with the County Clerk of Los Angeles County on 02/25/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-045263

The following person(s) is (are) doing business as: WEE CARE LEARNING AND ENRICHMENT CENTER, 4400 GARDENIA AVE., LONG BEACH, CA 90807. Full name of registrant(s) is (are) MELANIE LASHAWN YOUNG, 4400 GARDENIA AVE., LONG BEACH, CA 90807. This Business is conducted by: AN INDIVIDUAL. Signed: MELANIE LASHAWN YOUNG. This statement was filed with the County Clerk of Los Angeles County on 02/20/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 02/01/2000. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-049962

The following person(s) is (are) doing business as: ZALEXANI AUTO ART 3D DESIGN, ZALEXANI COLOR CREATION & ART DESIGN, ALEXANI DESIGN & COLOR CREATION, 306 E. STOCKER ST. #C, GLENDALE, CA 91207. Full name of registrant(s) is (are) ALEX ALEXANI, 306 E. STOCKER ST. #C, GLENDALE, CA 91207. This Business is conducted by: AN INDIVIDUAL. Signed: ALEX ALEXANI. This statement was filed with the County Clerk of Los Angeles County on 02/25/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-012493

The following person(s) is (are) doing business as: WIDESCREEN PICTURES 634 W. SIERRA MADRE BLVD., APT. #L, SIERRA MADRE, CA 91024. Full name of registrant(s) is (are) STEFANO MILLA 634 W. SIERRA MADRE BLVD., APT. #L, SIERRA MADRE, CA 91024. This Business is conducted by: AN INDIVIDUAL. Signed: STEFANO MILLA. This statement was filed with the County Clerk of Los Angeles County on 01/15/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, AND 21, 2015

**FICTITIOUS BUSINESS NAME STATEMENT** File No. 2015-049686

The following person(s) is (are) doing business as: WATERWISE LANDSCAPES, 582 WOODLAND DRIVE, SIERRA MADRE, CA 91024. Full name of registrant(s) is (are) RANDALL J. ST. AUBYN, 582 WOODLAND DRIVE, SIERRA MADRE, CA 91024. This Business is conducted by: AN INDIVIDUAL. Signed: RANDALL J. ST. AUBYN. This statement was filed with the County Clerk of Los Angeles County on 02/25/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Feb. 28, March 07, 14, and 21, 2015

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**City of Sierra Madre****PUBLIC HEARING NOTICE**

To: Property Owners within a 300-foot radius  
From: The City of Sierra Madre  
Subject: PARCEL MAP 15-01 (73420), Historic Designation 15-01, Certificate of Appropriateness 15-02, Affordable Housing Incentives

Applicant: HHP Highland, LLC  
Project Location: 186 W. Highland Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider 1) a request for a three-unit subdivision for condominium purposes, 2) a proposal to designate the property as a historic landmark, 3) a certificate of appropriateness to restore, modify, and change the use of the structure, and 4) the use of affordable housing incentives.

**DATE AND TIME OF HEARING**

City of Sierra Madre  
Planning Commission meeting  
Thursday, April 2, 2015  
(Hearing begins at 7:00 p.m.)

**PLACE OF HEARING**

City of Sierra Madre  
City Council Chambers  
232 W. Sierra Madre Blvd.  
Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for Class 15 Categorical Exemption Minor Land Division, and Historic Resource Rehabilitation, pursuant to Sections 15315 and 15331 of the California Environmental Quality Act (CEQA).

APPEAL: The Planning Commission is a recommending body to the City Council on this project. A second, subsequent hearing on all entitlements will be held before the City Council under separate notice.

For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

By Order of the Planning Commission  
Leticia Cardoso  
Interim Director of Development Services

**NOTICE OF PETITION TO ADMINISTER ESTATE OF:  
ROBERT SPENUZZA  
CASE NO. BP160478**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the lost original WILL or estate, or both of ROBERT SPENUZZA.

A PETITION FOR PROBATE has been filed by CAROL CLARK in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CAROL CLARK be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's lost original WILL and codicils, if any, be admitted to probate. The lost original WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 04/01/15 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner  
JAMES R. HELMS, JR.  
HELMS & MYERS  
150 N SANTA ANITA AVE #685  
ARCADIA CA 91006  
3/7, 3/14, 3/21/15  
CNS-2724269#

**NOTICE OF PETITION TO ADMINISTER ESTATE OF  
ETHEL ALMARINE BROCK  
Case No. BP160849**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ETHEL ALMARINE BROCK

A PETITION FOR PROBATE has been filed by Mary Kathryn Dennis in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Mary Kathryn Dennis be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 15, 2015 at 8:30 AM in Dept. No. 29 located at 111 N. Hill St., Los Angeles, CA 90012.

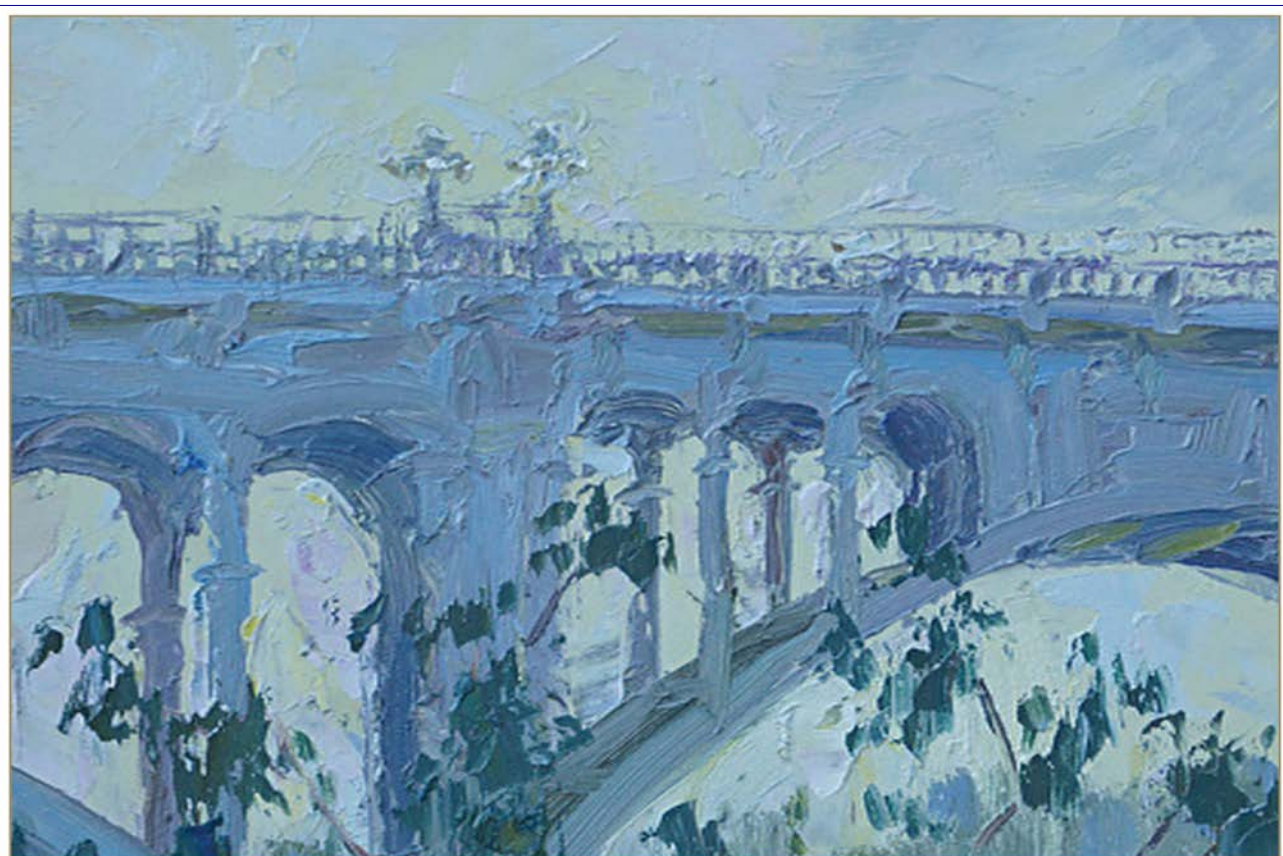
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YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:  
LESLIE ANN BARNETT ESQ  
SBN 161040  
1631 BEVERLY BLVD  
STE 103  
LOS ANGELES CA 90026



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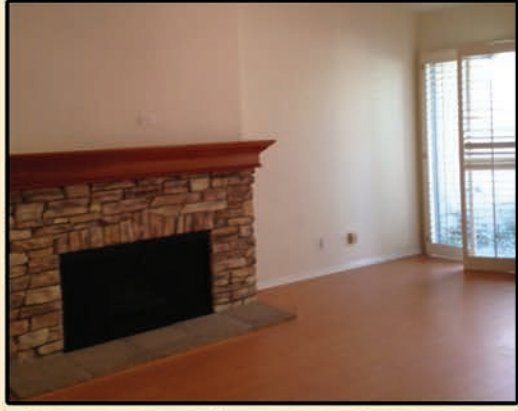
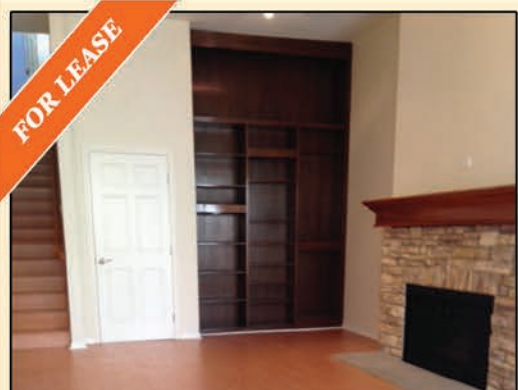
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**118 West Grandview Ave., Sierra Madre**



This beautiful home is located within walking distance from the heart of Sierra Madre. Meticulously cared for, this home offers a comfortable floor plan with a spacious living room, spacious kitchen with dining area, two bedrooms and 2 baths on a 7,000sf lot. The sun-filled kitchen offers built-in appliances, recessed lighting, amazing views of the private rear yard and direct access to the deck. The master suite offers a walk-in closet and dressing area. Home also offers recently re-finished hardwood floors, central air and heat, partial copper plumbing along with the recently installed steel roof. The detached 2-car garage offers a section for the laundry hook-ups. The spacious bonus room attached to the garage offers newer carpeting and a/c, and can function as a home office or guest room. The grounds have been landscaped with water conservation in mind.

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