



HUCK FINN - THE FISH ARE HERE!

600 pounds of rainbow trout have been delivered to the settling basins for the 2015 Huck Finn Fishing Derby!

Fishing Derby
Saturday, March 28
Time: 7:00AM – 11:30AM
On-site registration, \$11 per youth
Open to participants 3-15 years of age
Certificates and trophies awarded to participants who catch the heaviest fish
Fly fishing demonstrations from the Pasadena Casting Club
Food provided by the Sierra Madre Kiwanis Club for purchase
Win raffle prizes such as fishing poles and gift certificates

Family Fishing
Saturday, March 28 12:30PM – 4:00PM
Sunday, March 29 7:00AM – 4:00PM
\$21 for a family of four (separate admission required for each day)
Open to participants of all ages - No catch limit
Experienced fishing guides will be on hand to assist throughout the entire weekend.

Payments (cash or check) are accepted on the day of the event at the entrance located next to Dapper Field in Sierra Vista Park. For more information please contact the Community Services Department at 626-355-7135.

CITY REACHES OUT TO RESIDENTS THROUGH LOCAL ORGANIZATIONS FOR BUDGET INPUT

The Sierra Madre City Council is embarking on the two-year biennial budget process for fiscal years 2015-2017 this April and would like your input on the budget.

As you likely know, the utility user tax (UUT) will be reduced from 10% to 8% beginning July 1, 2015 resulting in a reduction of almost ½ million dollars in General Fund revenues (it will further be reduced from 8% to 6% on July 1, 2016 resulting in an additional ½ million dollar reduction). This translates into a need to either (1) find an alternate revenue source(s) or (2) reduce the City's expenditures (services).

The City Council members would like resident's input on these decisions. They have extended an invitation to local organizations to hold public meetings so they can listen to the input your members can provide on how to move forward in light of the reduction of the UUT.

The initial budget numbers will be presented at the April 14th City Council meeting. Council Members will be available to meet with interested community groups the last two weeks of April and during the month of May. All input received at the individual community meetings will be presented to the City Council as a whole in June prior to the adoption of the 2015-2017 biennial budget.

This process will expand the opportunity for input from the community as tough decisions on Sierra Madre's budget are made. For more information, call 626-355-7135.

FIRST WATER TESTING ANALYSIS DUE APRIL 6

Sierra Madre City Manager Elaine Aguilar, in her weekly report, gave an update on the status of the city's water treatment issues. The contents are below:

“Dr. Helene Baribeau, under contract to the City has two concurrent studies underway on our behalf. The first, a pilot corrosion test is designed to determine the best long-term treatment for the imported MWD water to eliminate corrosion-related water discoloration and odor. The second study is to assess the possibility for the city to blend its own free-chlorinated well water with the chloraminated MWD water without reaching chlorine breakpoint, the resulting disinfection by-products (trihalomethanes, THM4; and haloacetic acid, HAA5) that are likely to be found should breakpoint chlorination* occur, and to provide recommendations.

Procurement of test rack materials and fabrication of the test racks took a good deal longer than expected, particularly due to delays in receiving the mild steel test “coupons”, in designing a stand-alone water supply system for the test racks, and in stabilizing water flows through the test racks. The corrosion testing is now under way, with test coupons having been immersed in the subject waters and treatment types for over a month. Because corrosion is a slow process, the testing is as well. The first analysis of this testing is scheduled for April 6, 2015. The final of eight analysis is scheduled for July 13, 2015, however Dr. Baribeau staff has indicated that she should be able to provide the city a preliminary report in June based on some of the early coupon tests that will occur in May.

The study of blending MWD water with the City's well water has only been recently implemented. The actual sample testing will begin March 30, with completion of that phase of the work by April 6. Analytical results will be obtained almost immediately on April 6th for everything but disinfection by-products. The DBP analysis requires 2 weeks, which will set the likely release of a draft report for the first week in May.

At this point, from discussions with Dr. Baribeau, staff is not confident that a workable blending plan can be developed. However, the study will also touch on the possibility of chloramination of the city's water well, which would allow for blending the two sources.”

* Breakpoint chlorination is the point where the demand for chlorine has been fully satisfied in terms of chlorine addition to water. <http://www.corrosionpedia.com/>

Inside this week:

CALENDAR	Pg. 2
SIERRA MADRE NEWS	Pg. 4
PASADENA/ALTADENA	Pg. 5
ARCADIA NEWS	Pg. 6
MONROVIA/DUARTE	Pg. 7
EDUCATION & YOUTH	Pg. 8
FOOD & DRINK	Pg. 9
BEST FRIENDS	Pg. 10
HEALTHY LIVING	Pg. 11
AROUND SGV	Pg. B1
ARTS & ENTERTAINMENT	Pg. B2
GOOD LIFE	Pg. B3
BUSINESS NEWS	Pg. B4
THE WORLD AROUND US	Pg. B5
OPINION	Pg. B6
LETTERS TO EDITOR	
LEGAL NOTICES	Pg. B7

SIERRA MADRE'S ANNUAL EASTER EGG HUNT



Since 1931, the Sierra Madre Volunteer Firefighters' Association has hosted an Easter Egg Hunt each spring. This year's Easter Egg Hunt will take place on Saturday, April 4th at 10:00 am in Memorial Park. There will be thousands of pieces of candy for the enjoyment of the kids (and their parents). In addition to the candy, there will be a dozen “golden” eggs hidden in the park. If a child finds a gold egg, they get to turn it in and receive a big basket full of candy and other goodies.

The Easter Bunny will arrive on a fire engine shortly before 10am, when the bell will sound to start the hunt. He will stay around to take pictures with the kids following the hunt.

CREATIVE ARTS GROUP'S 21TH ANNUAL ART OF THE GARDEN TOUR

Creative Arts Group's 21th annual Art of the Garden tour will take place Sunday, April 19th from 10:30-4:30 pm. Four outstanding residential gardens in the Pasadena area will be on display showcasing landscapes as divergent as the homes they adorn.

Banks of Roses, parterre gardens, shady allees, and park-like lawns greet visitors at four exquisite estates on this year's Art of the Garden tour. Step into a world of romantic landscapes, formal Italian gardens, and gracious living of a bygone era as you stroll through the grounds of these historic residences. Breath-taking vistas appear unexpectedly and secret gardens surprise and delight. Wisteria-covered arbors provide shelter for intimate dinners and fire pits allow conversations to continue long after the sun sets. Gardens have undergone amazing transformations as massive mature Olive trees have been removed and relocated and earth contoured, re-imagining landscapes. Pathways are designed to leisurely draw you further into serene settings and charming vignettes adorned with classic statues, whimsical sculptures and soothing fountains. Prepare to be delighted and inspired. Artists will be in one of the gardens and will have work for sale.

Tickets are \$30 in advance and \$35 the day of the tour. For more information, call Creative Arts Group at (626) 355-8350 or visit us at 108 N. Baldwin Ave. in the foothill village of Sierra Madre or online at www.creativeartsgroup.org.



THE LIFE & TIMES OF PANCHO BARNES

by Deanne Davis
“You have to die, sweetie!”

Memorial Park House was packed Thursday evening, March 19th, for the March meeting of the Historical Preservation Society, featuring Terry Terrell. Terry's specialty is the life of Florence Leontine Lowe, one of ten children of the wealthy Pasadena Lowe family. Her grandfather, Thaddeus Lowe, was one of the builders of the Mount Lowe Railway, heading up Lake Avenue into the hills of Altadena. Florence became known as Pancho later in life as she headed across Mexico on a donkey, but that's another one of Terry's stories.

Leslie Ziff introduced Terry, a charming gentleman with a rakish ponytail, a Pancho Barnes inscribed ball cap and a knockout of a lady friend, Peggy Hartwell. I realized I have been missing out not being a regular attendee at these meetings when the refreshment table was loaded with wine, brownies, cake, some peanut butter-chocolate chip cookies and bottles of water. More chairs had to be quickly assembled as the crowd grew to a good sixty people!

Terry's delightful sense of humor flavored his slide show of photos of the legendary Pancho Barnes' life. Married at 18 to a mid-30's aged minister, she knew early on, after the birth of her only child, Billy, that life had more to offer. She realized flying was what she had to do when she was taken up for a 15 minute stunt ride from Ross Field. You'll recognize the current name of Ross Field – Santa Anita Race Track. Her course was set and she quickly learned to fly. Orville Wright, yes, that Orville Wright, signed off on her application for a pilot's license.

Terry had pictures galore of Pancho with friends such as Amelia Earhart, Jimmy Doolittle, Chuck Yeager, and movie stars by the score. Pancho did test flying of the Vega for Lockheed, flew booze in from Mexico during Prohibition, founded the Stunt Workers Union when she discovered those fearless men and women were risking their lives for as little as \$10 a gig, and was one of the organizers of The 99's, the women who ferried aircraft during WWII. Her Happy Bottom Ranch in Lancaster is legendary and Terry's stories about it are a riot.

Pancho was quite a woman! When a young lady asked her about the pictures of the pilots on her wall in the bar at the Happy Bottom Ranch, and what a pilot had to do to get on the wall, Pancho simply said, “You have to die, sweetie!”

The next meeting of the Historical Preservation Society will be Saturday, April 25th at 1 p.m. when Jim Costacian (sp?) of Sierra Madre Congregational Church will be hosting a video presentation of Sierra Madre, circa 1927, and leading a tour of SMCC's old North Church, the Caretaker's Craftsman-style cottage and the mortuary.

Terry Terrell left us with a strong desire to know more about Pancho Barnes and the assurance that he only tells true stories, some of which are truer than others. I'd go hear Terry again in a minute!

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Weather Wise



6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 80s	Lows 50s
Mon:	Sunny	Hi 80s	Lows 50s
Tues:	Sunny	Hi 80s	Lows 50s
Wed:	Sunny	Hi 80s	Lows 50s
Thur:	Sunny	Hi 80s	Lows 50s
Fri:	Sunny	Hi 80s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT CITY COUNCIL MEETING:
Tuesday, April 14, 2015
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS



City Council

April 14, 2015 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "01/06/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Thu Apr 02 @ 3:00PM - Senior Community Commission

Thu Apr 02 @ 7:00PM - Planning Commission Meeting

Fri Apr 03 @12:00AM City Hall CLOSED Fridays

Sat Apr 04 @ 9:00AM - 12:00PM Free Compost Giveaway

City Hall Hours

Monday - Thursday 7:30am - 5:30pm

Planning & Community Preservation and Public Works Service
Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall

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FREE ESTIMATES




ART of the Garden

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Sunday, April 19th
10:30 to 4:30 pm

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SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

Walking Sierra Madre...The Social Side by Deanne Davis

*"If you love me, if you love, love, love me,
Plant a rose for me.
And if you think you'll love me for a long, long time,
Plant an apple tree. The sun will shine, the wind will
blow,
The rain will fall and the tree will grow,
And whether you comes, or whether you goes,
I'll have an apple, and I'll have a rose,
Lovely to bite, and nice to my nose.
And every juicy nibble will be
A sweet reminder of the time you loved me
And planted a rose for me,
And an apple tree." Malvina Reynolds*

While heading down Baldwin to go to Target one day this week, I was at the Stop sign at the northwest corner of Baldwin and Orange Grove, where there is a spectacular rose garden. As I waited, admiring the roses, a gentleman walked past them, stopped, walked back to the beginning of the garden and touched many of the roses. Smelled some, stepped back, touched others with the gentlest of hands and was still so engaged when it was my turn to move on. He was completely unaware of the world around him, just the roses before him. That's pretty much the way I feel about them, too. Right now, Sierra Madre is awash in amazing roses. Look around you as you're out for your walk. Our town has never been more beautiful. And we are being very stingy with water. Like all the rest of us, the roses have to learn to get along with less.

We've sprayed ours with dormant oil, guaranteed to wipe out spider mites, have given each one it's annual quarter cup of Epsom salts, fed them with Bayer 3-in-1 Rose & Flower Care, which is loaded with fertilizer to promote strong roots and beautiful blooms, insect control and disease control. Powdery mildew on your biggest rose bush is disconcerting to say the least. Ours are all in the red-leaf-I'm-almost-ready-to-burst-into-bloom stage and we're anxiously awaiting the flood of roses.

We're still thinking about Hector Velazquez Sun Lovers Place which we saw at the Wistaria Festival. Those big bronze and copper suns and moons were so unique. We don't have an outside wall where one of those would work, but I'm still measuring between windows. Take a look at their website: [HYPERLINK "http://www.hectorvelazquezsunloversplace.net"](http://www.hectorvelazquezsunloversplace.net) www.hectorvelazquezsunloversplace.net. Hector's family has been making these since 1915, first in Mexico and, since 2005, here in the U.S. We're



hoping they'll be back for the Annual Sierra Madre Art Fair, May 2-3.

Sierra Brigante, right next to The Only Place In Town Café, is remodeled, refurbished, and open! You have got to get in there! Zach and his crew took down the wall covering the original brick on their most easterly interior side and it looks fantastic. Sierra Brigante has fresh fish every single day, free range chicken and they're running out of the Fettuccine Nere Con Cappesante E Gamberi (black fettuccine with shrimp, scallops, brandy, shallots and curry cream sauce) every day. Speaking of The Only Place In Town, they were serving a shrimp-avocado tostada in there a few days ago that was fantastic. We are so fortunate to have so many good restaurants right here in town. Try one this week, as you're checking out the roses around town. Bon Appetit! And may all your roses be nice to your nose.

Why not check out my book page: Amazon.com: Deanne Davis

Blog: www.authordeanne.com

My book: "Tablespoon of Love, Tablespoon of Laughter" is available there...



BARKS AND BOOKS OFFERS FURRY READING FUN

Sierra Madre, CA. -- Children are invited to read to gentle Apple the Chihuahua every second Thursday of the month at the Sierra Madre Public Library. Join them for Barks & Books on April 9, from 3:30-4:30 pm. This reading enrichment program makes reading fun, boosts children's confidence and encourages respectful, humane treatment of animals. Apple is one of the specially trained dogs from the Companion Animal Program sponsored by the Pasadena Humane Society & SPCA. Reading to dogs about dogs helps children realize that animals experience emotions similar to their own and that they have needs like humans according to the Humane Society.

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FRIENDS OF THE LIBRARY BOOK SALE

The Friends of the Sierra Madre Library announce that the next Best Used Book Sale will be held on Friday, April 3 (3 - 7 p.m.) and Saturday, April 4 (10 a.m. - 2 p.m.) in the basement will be a HALF-PRICE sale on many beautiful and useful books on gardening, native plants, decorating, remodeling and crafts. Just in time for those Spring projects! Just donated for the sale is a wonderful collection of plays and theater books ready for inspection. There are shelves in the basement full of wonderful fiction and non-fiction books in every genre, and DVDs and audio books too. Don't forget to check out the vintage and collectible collection too.

As always, the parking lot will have Children's and Teen books from 25 cents - \$1.00, as well as small paperbacks 25 cents or 5/1.00. Recently we received a large donation of paperbacks in beautiful condition including thrillers, mysteries and romances. Our Bargain Books will also be in the parking lot for only \$1.00 each.

The sale will take place behind the Sierra Madre Library at 440 West Sierra Madre Blvd. and is sponsored by Friends of the Sierra Madre Library. Come early for the best selection! All proceeds will be used in support of the services, programs and acquisitions of the library.

SIERRA MADRE POLICE BLOTTER

During the week of Sunday, March 15th, to Sunday, March 22nd, the Sierra Madre Police Department responded to approximately 354 calls for service.

Monday, March 16th

At 5:09 am, Sierra Madre Police responded to the Post Office located at 61 South Baldwin Ave regarding a report of a mail trap being discovered. Upon arrival, Officers were informed by the subject that he was attempting to use the postal box, but when he opened the drop box door he discovered the mail trap device. Upon inspection of the drop box, Officers discovered a glue board with a black cord attached to it. The device is commonly used to "fish" or remove small packages by dropping the glue board into the box in an effort to stick it to a package, then pulling it out by the attached cord. It appeared the glue board got stuck to the interior of the drop box and the suspect was unable to remove it. The box was sectioned off to prevent further use until the Post Office could properly inspect it. It is unknown if anything was taken. This case has been forwarded to the U.S Postal Inspectors Office.

Thursday, March 19th

At 10:40 am, Sierra Madre Police responded to the station lobby regarding an identity theft report. Upon arrival, the victim informed Officers that his personal bank card had been compromised on several occasions during October of 2014 and recently March of 2015. The victim informed Officers that the compromises occurred after he had used his card at a local business. The victim provided card statements displaying the day after his card was used in the store, a charge was made from New York. The victim notified his bank and was reimbursed for the unauthorized transactions totaling over \$800. This case has been forwarded to the Detectives Bureau.

Friday, March 20th

At 3:18 pm, Sierra Madre Police responded to the area of Sunnyside and Sierra Madre Blvd regarding a possible fight in progress. Upon arrival, Officers made contact with two male subjects. The subjects informed Officers that

while traveling eastbound on Sierra Madre Blvd at a low rate of speed, they approached a line of cars near the stop sign. Subject one stopped, and Subject two failed to stop in time and bumped into the rear of Subject one's vehicle. Both subjects exited their vehicle and ensued in a verbal altercation. When one of the subjects came at the other aggressively, the second subject armed himself with a hockey stick, but never struck the man or vehicle. While interviewing the subjects, several witnesses approached Officers described the verbal altercation between the two men, with some stating the vehicles did not in fact make contact but came close to it. Officers were unable to determine the primary aggressor in the incident, and both men were warned and released. This case has been forwarded to the Detectives Bureau for follow up.

At 5:32 pm, Sierra Madre Police responded to the 600 Block of Sierra Meadows Dr regarding suspicious circumstances. The subject informed Officers that several hours earlier, she received a phone call at her business from a female stating she was responding to an employment ad advertised on an online network for the position of care giver. The female continued to inform the subject that she called the number on the ad and a man directed her to a webpage to download the job application then to fax it, but she realized the fax the man gave her did not match the fax listed on the webpage. So the female called the subject's business to clarify. The subject informed the female that her company did not recently advertise online and the female provided the subject with the man's cellphone number. The subject called the number acting as if she was responding to the job ad and the man gave his name and webpage to download the job application. The subject visited the webpage and realized the job application was identical to her own business's application. The subject searched the man's name online and came across information that a man with the same name had been arrested in the past for a health care fraud scheme and collected \$20 million from Medicare. At this time it is not known if a crime has occurred. This case has been forwarded to the Secret Service for further investigation.

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News From Your Community For Your Community

Pasadena Police News Briefs

Wanted Burglary Suspect Caught

A Pasadena police officer received information on March 20, about a wanted burglary suspect (Williams) who was believed to be in Pasadena. The officer recognized Williams from a prior contact a week earlier. The officer drove to the area of Waverly and Pasadena Avenue and saw Williams. He was detained without incident. Williams was subsequently arrested and booked at the Pasadena jail. Two other officer responded to assist.

Police Respond to Shots Fired, No Suspects Found

Pasadena Police officers responded to a call On March 21, at about 1:27 a.m., of shots fired in the area of Belmont Street and Idaho Avenue. At the same time, the Los Angeles County Sheriff's Department, Altadena Station, received a similar call in the area of Montana Street and Glen Rose Avenue. Officers located four shell casings in the county jurisdiction which appeared to be from a rifle. Officers and deputies also located a parked car with the rear window shot out. LASD handled the investigation since the incident occurred in their jurisdiction.

Suspect Kicks Out Police Car Rear Window

Pasadena Police Officers responded to the 2700 block of East Colorado Blvd on March 21, at about 6:56 p.m. regarding alleged narcotics sales. On arrival Officers observed the two subjects (male and female) involved in the activity. During his investigation the officer determined the subjects were not involved in narcotics sales, however, the male suspect (Donald Rogers) had a no bail warrant for his arrest. After placing him in the rear of the marked police vehicle, Rogers began kicking the rear passenger window. As the officer walked towards the car, Rogers successfully kicked out the rear window and glass shards struck the officer in the eyes / face. Rogers was booked at the Pasadena jail. The officer was transported to a local hospital for medical assessment.

Pet of the Week



Romeo is a one-year-old male brown tabby shorthaired cat. Romeo truly lives up to his name because he is a real lovebug! Very sweet and affectionate, Romeo is content to sit in your lap and snuggle. Romeo is already neutered, so he would be able to go home with you today.

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday – Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



LOCAL FRESH & EASY STORE TO CLOSE

A large red sign outside the South Lake Avenue Fresh & Easy store greets customers with a notice that announces the store's closing, possible Friday —the Pasadena location is one of 30 stores in Southern California to shutter the company announced Monday.

Numerous Fresh & Easy employees have confirmed April 3 as the closing date.

Fresh & Easy CEO Jim Keyes said, in a video, that the stores set to close did not succeed because of limitations, such as the size of the parking lots or not performing to expectations. He said they identified about 50 locations in California, Nevada and Arizona.

“Trim the tree, prune it, and be able to give it a healthier base to continue growing,” Keyes said in a YouTube video posted March 20, that has since been taken down.

The company released a

statement soon after saying, “Fresh & Easy has spent much of the past year and a half since transitioning to new ownership transforming into a new business focused on delivering a new vision of modern convenience... This move allows the company to redeploy capital into development and growth, including a 3,000 to 5,000 square foot store to provide a higher level of convenience and greater density. Fresh & Easy is also working with ADM, the innovative firm behind the design of the Apple Store, to design the Fresh & Easy store of the future - a concept that the company believes represents the future of convenience retail and puts Fresh & Easy into a category of one: the only fresh food convenience store.”

The sign outside the Pasadena store states that selected items are being deeply discounted. The sign also directs customers

to the nearest store, “Your nearest Fresh & Easy will now be: Main and Raymond 2121 W Main St. Alhambra.”

In 2013, Fresh & Easy was bought up by Yucaipa Co after the company, UK grocer Tesco, declared bankruptcy.

Curiosity Finds Mars was Habitable for Life

A team using the Sample Analysis at Mars (SAM) instrument suite aboard NASA's Curiosity rover has made the first detection of nitrogen on the surface of Mars the agency announced Tuesday —the discovery adds to the evidence that ancient Mars was habitable for life.

The nitrogen was detected in the form of nitric oxide, and could be released from the breakdown of nitrates during heating. Nitrates are a class of molecules that contain nitrogen in a form that can be used by living organisms. Nitrogen is essential for all known forms of life.

There is no evidence to suggest that the fixed nitrogen molecules found by the team were created by life. The surface of Mars is inhospitable for known forms of life. Instead, the team thinks the nitrates are ancient, and likely came from non-biological processes like meteorite impacts and lightning in Mars' distant past.

Features resembling dry riverbeds and the discovery of minerals that form only in the presence of liquid water suggest that Mars was more hospitable in the remote past. The Curiosity team has found evidence that other ingredients needed for life, such as liquid water and organic matter, were present on Mars at the Curiosity site in Gale Crater billions of years ago.

“Finding a biochemically accessible form of nitrogen is more support for the ancient Martian environment at Gale Crater being habitable,” said Jennifer Stern of NASA's Goddard Space Flight Center in Greenbelt, Maryland. Stern is lead author of a paper on this research published online in the Proceedings of the National Academy of Science March 23.

For more information about Curiosity, visit: <http://www.nasa.gov/msl>

Free Senior Center Health Class

Know Your Numbers – Thursday, April 2, at 10 a.m. Have you been diagnosed with diabetes, high cholesterol or hypertension? What is BMI? Are your numbers too high or too low? Learn the significance of these numbers and manage them. Presented by Regal Medical Group. You do not have to be a member to attend.

There is something for everyone at the Pasadena Senior Center, 85 E. Holly St., for more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

Amgen Tour of California to Finish in Pasadena

Pasadena will serve as the finish line in May for the tenth anniversary Amgen Tour of California, professional cycling race, completing the eight-day route covering 724.1 miles from Sacramento to Southern California.

Over a hundred cyclists will enter Pasadena on Colorado Blvd May 17 after a 60 miles ride from downtown L.A. as part of stage 8. The riders will drop into Arroyo Seco near the Rose Bowl, and do one complete 3.1-mile circuit around the stadium before reaching the finish line on West Drive.

The start line of stage 8 will span Chick Hearn Court and connect Staples Center (home of the Stanley Cup Champion LA Kings, Los Angeles Lakers and Clippers)

and L.A. Live (home of the annual Grammy, Emmy and Espy Awards). The circuit will highlight the Biltmore Hotel, Pershing Square, City Hall, Cathedral of Our Lady of the Angels and the Los Angeles Music Center before heading to Pasadena.

The Amgen Tour of California is a Tour de France-style cycling road race created and presented by AEG that challenges the world's top professional cycling teams to compete along a demanding course that traverses hundreds of miles of California's iconic highways, byways and coastlines each spring. The teams chosen to participate have included Olympic medalists, Tour de France contenders and World Champions.



Hop Into the city's Largest Spring Egg Bowl, Festival

Celebrate spring by hopping your way through Pasadena's largest Egg Bowl and Festival Saturday, April 4, 2015, at the Rose Bowl Stadium, 1001 Rose Bowl Dr. This is the first year the Egg Bowl and Festival will be held at the historic stadium, and more than 2,000 people are expected to attend.

The excitement will begin with a special VIP “Brunch With the Bunny” at the Terry Donahue Pavilion, Stadium Club Lounge from 9-11 a.m. Take photos with the bunny, and enjoy pancakes, eggs, sausages and more for \$10 per person ages 6 and older. The public can purchase advance tickets from 9 a.m. to 5 p.m. Monday through Friday at the community centers listed below. Tickets will also be sold at the event if available, but the public is encouraged to purchase advance tickets.

Jackie Robinson Community Center, 1020 N. Fair Oaks Ave., (626) 744-7300
Robinson Park Recreation Center, 1081 N. Fair Oaks Ave., (626) 744-7330
Victory Park Recreation Center, 2575 Paloma St., (626) 744-7500
Villa-Parke Community Center, 363 E. Villa St., (626) 744-6530

Following “Brunch With the Bunny,” jump into the spring festival featuring live musical performances, bunny ear contests, arts and crafts, face

painting, trackless train rides, scavenger hunts, for-sale food and more from 11 a.m. to 3 p.m.

Remember to bring your best egg hunting basket or purchase a \$3 bucket for Pasadena's largest egg hunt. Children can hip-hop their way through more than 40,000 eggs on the Rose Bowl's massive field in search of the lucky GOLDEN EGG, redeemable for a coveted gift basket full of goodies. Two separate hunts will begin at 11:30 a.m. for kids ages 4 and younger and for children ages 5-6. The second set of egg hunts will start at 1 p.m. for kids ages 7-9 and for children ages 10-12.

No registration is required, and admission is free. There is a nominal fee for festival rides and food.

Free rides to and from the Egg Bowl and Festival will be offered on Pasadena Area Rapid Transit System (ARTS) Route 51 Saturday buses from 7 a.m. to 4 p.m. The Rose Bowl Stadium is a 5-minute walk from the nearest ARTS bus stop.

While at the Egg Bowl and Festival, the public can take a tour of the stadium at a special rate of \$5 offered only during the Egg Bowl and Festival on April 4.

For more information about the spring Egg Bowl and Festival, visit www.cityofpasadena.net/eggbowl.

Learn How to Produce Your Own TV Show

New Citizen Journalism training starts Wednesday nights, learn how to report news using social media skills.



PASADENA MEDIA

With the opening of the new Pasadena Media studios at 150 S. Los Robles Ave, they are offering free television-training programs for producers. Plan to attend an orientation to discover the right classes for you. Producers' Training teaches how to produce shows for The Arroyo Channel. Studio Production/ Equipment Class offerings days and nights weekly

Station Schedule
Producer Training

Wednesday April 1, at 1:00 p.m. - 3:00 p.m.

Intro to Field Production

Thursday April 2, at 6:00 p.m. - 8:00 p.m.

Orientation & Tour

Monday April 6, at 6:00 p.m. - 8:00 p.m.

Basic Editing - Session 1

Tuesday April 7, at 6:00 p.m. - 8:00 p.m.

Orientation & Tour

Wednesday April 8, at 1:00 p.m. - 3:00 p.m.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia



2015 ST. BALDRICK'S EVENT: ANOTHER GREAT FUNDRAISER IN ARCADIA

By Joan Schmidt

How did the St. Baldrick Event begin? In Manhattan, in 1999, reinsurance broker Tim Kenny issued a challenge to colleagues John Bender and Enda McDonnell: “How would you give back for your own good fortune in business?”

Enda’s thick head of hair gave John the idea of shaving their heads for donations to raise funds for kids with cancer.

On March 17, 2000, at the reinsurance industry’s annual St. Patrick’s Day Party at Jim Brady’s pub in Manhattan the first St. Baldrick event occurred. The goal of shaving 17 heads and raising \$17,000 turned into \$104,000 which was donated to fund the research of the Children’s Oncology Group.

The second event in 2001 raised \$140,000. John and Enda then planned to expand the fundraiser past the reinsurance industry. After 9/11, the founders lost hundreds of friends and colleagues, but their dedication to the project did not stop. By 2002, there were now 37 head-shaving events and now \$1 million had been raised. In 2003, firefighters, policemen and the military-not only US bases, but also in Germany and Iraq-began to take part. In 2005, the St. Baldrick Foundation was created. In 2012, 30 million was raised and recently the 100 million mark was reached in research grant money. It is mind-boggling that one man wanted to give back, and from his gratitude, a program of such great magnitude has evolved!

Locally, Matt Denny’s Ale House and Del Sol Salon of Arcadia have been co-sponsoring an event for fourteen years. Some participants included Arcadia Fire Fighters Association, Arcadia Police Officers Association, Team Holy Angels School and Team Sequoyah School, Pasadena. There was live music, great food, and a dedication group of individuals of all ages who came together to raise funds for childhood cancer research and care.

Although the event is over, the need for donations never ends. St. Baldrick’s Foundation is located at 1333 S. Mayflower Avenue, Suite 400, Monrovia. Their number is 888-899-2253. You can also visit them on line to learn more. www.stbaldrick.org/faq/

ARCADIA POLICE BLOTTER

For the period of Sunday, February 22nd, through Saturday, February 28th, the Police Department responded to 1,109 calls for service of which 122 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, February 22:

Just before 3:11 a.m., officers responded to the 700 block of South Second Avenue regarding a non-injury traffic accident involving three vehicles. One of the vehicles had collided into two parked cars. Upon contacting the driver, officers detected an odor of an alcoholic beverage emitting from his breath. Through a series of tests, officers determined the driver was under the influence of an alcoholic beverage and had a blood alcohol content greater than 0.08%. The 22-year-old Asian male was arrested and transported to the Arcadia City Jail for booking.

At approximately 7:28 p.m., an officer was dispatched to the 100 block of West Floral Avenue regarding a residential burglary report. An investigation revealed an unknown suspect gained entry into the home by prying open a window and fleeing undetected with jewelry. One of the victim’s dogs was also missing, but was located roaming the streets a short time later. The investigation is ongoing.

Monday, February 23:

At about 12:33 p.m., an officer initiated a traffic stop in the area of Santa Anita Avenue and Pamela Road for expired registration. A DMV check revealed the driver was operating a vehicle without a license. The 21-year-old Black male was cited and released in the field. The vehicle was left legally parked at the scene.

At approximately 6:47 p.m., officers were dispatched to the 900 block of Balboa Drive regarding two vehicle burglaries. Officers determined the door lock of one vehicle had been tampered with and the window of the other had been pulled away from its rubber seal. DMV paperwork and insurance cards were stolen from both vehicles. Evidence was recovered at the scene. The investigation is ongoing.

Tuesday, February 24:

Around 9:04 a.m., an officer responded to Baldwin Avenue at Woodruff Avenue regarding a theft from vehicle report. An investigation revealed the female victim was driving northbound on Baldwin Avenue when debris became lodged under her vehicle causing her to pull over. A bicyclist stopped to offer assistance, but left the scene when the victim became distracted while accessing the trunk of her car. Shortly afterward, the victim discovered her wallet missing from the unlocked vehicle.

The suspect is described as a 20-year-old Hispanic male, 5’07”, wearing a black hooded sweatshirt and dark pants. The investigation is ongoing.

Just after 3:15 p.m., an officer was dispatched to Victoria’s Secret at the Westfield Shoppingtown Santa Anita, 400 South Baldwin Avenue, regarding a theft report. Surveillance footage captured two suspects entering the store, grabbing handfuls of panties and concealing them in bags before exiting. The loss was 200 panties valued at \$2,900.

One suspect is described as a Hispanic male with short balding, salt and pepper hair wearing black pants, a white buttoned-up shirt, black vest and black shoes. The other suspect is a Hispanic female with long brown hair wearing a headband, blue jeans and a black long-sleeved shirt with unknown writing on the front. The investigation is ongoing.

Wednesday, February 25:

Just after 2:54 p.m., an officer initiated an enforcement stop on a bicyclist in the area of Baldwin Avenue and Gate 9 for riding on the sidewalk. The subject fled from the officer and ran inside the Westfield Shoppingtown Santa Anita, 400 South Baldwin Avenue. The suspect actively resisted detention and provided a false name to officers. Investigation revealed he was in violation of a restraining order prohibiting him from being on mall property. The 23-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking.

At about 11:20 p.m., an officer was dispatched to the 100 block of East Camino Real Avenue regarding a domestic violence report. An investigation revealed that an argument turned physical when the husband kicked his wife in the stomach. The 69-year old Asian male was arrested and transported to the Arcadia City Jail for booking.

Thursday, February 26:

At approximately 8:30 a.m., an officer responded to the Arcadia Police Department front counter regarding a non-injury hit and run collision. An investigation revealed that the previous evening, at about 9:00 p.m., Party-2 was southbound on Second Avenue and stopped at the intersection at Longden Avenue. Party-1 was traveling westbound on Longden Avenue, made a right turn onto Second Avenue and sideswiped Party-2. Party-1 fled the scene after the collision.

Around 11:58 p.m., officers were dispatched to Savers Thrift Store, 16 East Live Oak Avenue, regarding a suspicious circumstances report. Upon arrival, officers observed an unoccupied vehicle behind the store near the loading dock and a subject inside the secured donation area. The 33-year-old Hispanic male admitted to scaling the wall and being on the property, after closing, without permission. He was arrested for Loitering on Private Property and transported to the Arcadia City Jail for booking.

Friday, February 27:

Just after 7:28 a.m., officers responded to the 500 block of East Sandra Avenue regarding a burglary report. Officers discovered the victim had interrupted two suspects burglarizing her built-in carport storage unit. Both suspects were located a short time later. A 16-year-old Hispanic male was arrested for Burglary. The 42-year-old Black male was arrested for Burglary, Possession of Drug Paraphernalia, Possession of a Controlled Substance and misdemeanor warrants. Both suspects were transported to the Arcadia City Jail for booking.

At about 11:26 p.m., an officer initiated a traffic stop in the area of Santa Anita Avenue and Live Oak Avenue for expired registration. A records check revealed the driver had an outstanding misdemeanor warrant. The 25-year-old Hispanic male was arrested and transported to the Arcadia City Jail for booking. The vehicle was left legally parked at the scene.

Saturday, February 28:

Just after 4:23 p.m., an officer responded to the Arcadia Police Department parking lot regarding a vandalism report. The officer discovered that both passenger side tires of the victim’s vehicle had been slashed on February 23rd while parked at Ralph’s, 211 East Foothill Boulevard. No suspect information was provided.

At approximately 8:31p.m., an officer was dispatched to the 1200 block of Oakglen Avenue regarding a residential burglary report. According to the victims, when they returned home they discovered the front door open, the house ransacked and jewelry missing. Unknown suspects gained entry to the location by shattering a basement window. No witnesses were located. The investigation is ongoing.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MONROVIA FIREFIGHTERS SAVE A LIFE

Last week, our very own Fire Department was involved in a tremendous situation, and the actions of our staff resulted in a life saved. On March 11, 2015, at approximately 11:24 a.m., the Fire Department responded to 715 E. Huntington Dr. (24 Hour Fitness) regarding a call for a minor fall involving a 70 y/o male. When our team arrived, a 24 Hour Fitness staff member informed our team that CPR was in progress on the patient. As our team approached the patient, we noticed that CPR was being performed by off-duty Probationary Firefighter Kyle Eden and Fire Cadet Guiseppe Brandonisio.

As the situation was being assessed, our team noted that the patient was also hooked up to the 24 Hour Fitness AED. Fire Cadet Brandonisio continued to perform CPR and our fire department responders began to assist with ventilations, starting an IV, and placing the patient on a heart monitor. The patient, who was in full cardiac arrest, went into ventricular fibrillation and was given a shock via our heart monitor. Our team continued CPR and the patient was given one dose of Epinephrine IV. A short time later, the patient began spontaneous respirations and began to display a strong radial pulse, and ultimately, by the time the patient was admitted to Arcadia Methodist Hospital, he was having a conversation with hospital staff about his own medical history.

Kudos to our entire Fire Department team for this great save, and special recognition to Firefighter Eden and Fire Cadet Brandonisio who certainly displayed tremendous professionalism and a calm demeanor in the face of a highly volatile situation. It was their ability to perform quickly and professionally in a stressful situation – coupled with the efforts of our responding Fire Department team – that resulted in a positive outcome for the patient that day.

Parade Scheduled for this Thursday, March 26, at 5 p.m. to Celebrate Monrovia Boys Soccer Team and Girls Individual Wrestling CIF Southern Section Championship.

The parade will take place on Myrtle Avenue at Colorado Boulevard, and will run north on Myrtle Avenue to Library Park. At Library Park, City Council Members, School Board Members, coaches, and players will have a chance to say a few words regarding the accomplishment of the soccer team, and the event is scheduled to conclude no later than 5:45 p.m. Also, as an added bonus, the parade will also be honoring a member of Monrovia High School’s Girls Wrestling Team, who won her CIF division wrestling title.

The overall parade / award presentation event should conclude by 5:45 p.m., and all those in attendance will then be invited to stay for the March 4 Balance rally in Library Park, which is scheduled to begin at 6 p.m. The overall rally is being hosted by Monrovia Healing Connections (MHC) and additional event information can be found on the city website at:

<http://www.cityofmonrovia.org/communityservices/page/march-4-balance-rally>.

OFFICE DEPOT CLOSING

Last week, staff reached out to representatives from Office Depot to discuss rumors that the store would be closing. The store manager shared with staff that the Monrovia Office Depot would indeed be closing, effective May 16. It was also shared with staff that the closure had nothing to do with Staples buying out Office Depot, but rather, the decision was made based on other factors. Staff is working to coordinate a meeting with the regional real estate manager for Office Depot to obtain some additional information regarding the site, and we are also making plans to reach out to the property owner to discuss how we might take advantage of this opportunity to locate a new user into the center. Furthermore, staff is in the process of developing marketing materials for the site for use during the upcoming ICSC Convention in May 2015.

MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 447 service events, resulting in 75 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Outstanding Warrant – Suspect Arrested

March 23 at 11:41 a.m., a male subject was trying to board a flight to Mexico. He was stopped by I.C.E. and a computer check was made on the subject. He was found to have an outstanding warrant for his arrest out of Monrovia. An officer responded and brought the subject back to the Monrovia Police Department, where he was booked on the warrant.

Vehicle Tampering

March 24 at 1:20 a.m., a female resident in the 400 block of Stedman called to report a male suspect wearing dark clothing and a hooded sweatshirt inside their vehicle in front of their house. The woman’s husband ran outside to confront the suspect, but the suspect ran to a waiting vehicle, possibly a 4-door Honda Civic or Accord, and fled the area. The investigation is continuing.

Stolen Vehicle

March 24 at 7:24 a.m., a vehicle was reported stolen from the 400 block of South Sunset. The vehicle is a 1991, black, Toyota, pickup truck. The vehicle was stolen sometime during the night. The investigation is continuing.

Hit & Run Traffic Collision

March 24 at 6:57 p.m., an officer responded to a business parking lot in the 300 block of West Huntington regarding a hit and run collision that just occurred. The suspect vehicle was described as a white, 1993, Honda Accord. An area check was conducted for the vehicle, but it was not located. There were no injuries and the investigation is continuing.

TWO FRIENDS AND TWO FUNERALS

“A great soul never dies. It brings us together again and again,” said Maya Angelou. On March 20, 2015, there were two funerals for two great souls that touched Monrovia. KGEM television host, Ralph Walker, went to one of the memorial services and Professor Susie Ling of PCC went to the other. As collaborators on several Monrovia projects, Ralph and Susie would like to share their reflections together:

Ralph Walker on Katie Bartlett:

On Friday, March 20, 2015, I found myself at Woods-Valentine Mortuary and fortunate to find a seat in the crowd just under 200. It was for the celebration of the life of Katie Bartlett. Katie was the wife of “Mr. Monrovia”, Bob Bartlett. Katie’s story was told by family and friends. Lorrie, Katie’s daughter, told of the love of her mother. Gabriel Duran sang “Tears from Heaven,” Katie’s favorite. Barbara Gadbury Bailey talked about how, as a child, she was hypnotized by Katie’s beauty: a radiant smile and dimples. Barbara tried to create dimples on her own cheek with scotch tape. But folklore tells us that dimples are kisses from an angel before leaving heaven. Katie was kissed twice.

When I started “Conversations in Monrovia” on KGEM in 1994, my first interview was with Bob and Katie Bartlett. Everyone knew Bob but when Katie came in, something special filled the studio. Her smile, her self-assurance, and her thoughtful replies to my questions stayed with me all these years. That show went well and I’m still going strong 21 years later. Thanks, Katie.



Susie Ling on Eldora Polk:

I went to the memorial service for Willie Eldora Polk – or “Dodie” – at Second Baptist Church. I’ve never actually met Eldora, but I knew her caring paved roads for me. The current president of the Anna H. Jones Club, Gwen Jones said, “In 1968, Eldora donated a book to our Monrovia Library. Then Eldora joined the board of Friends of the Library.” The book was Mary Church Terrell’s A Colored Woman in a White World. Terrell was a suffragist, founding member of NAACP, and first president of the National Association of Colored Women. Polk registered many to vote, was an activist with the Monrovia NAACP, and president of the Anna H. Jones Club for almost four decades. Terrell and Polk were about education and social justice. We stand in their shadows.

“She came with a purpose and became a treasure of our community,” said Mayor Mary Ann Lutz of Dodie, “We are grateful.” Eldora’s grandson, Jeff Collins, said Dodie was an exceptional grandmother. He once asked her, “How did you get to be so old?” Dodie was 99 years young when she passed. She answered, “Just keep living.” Ms. Eldora Polk, a stalwart in Monrovia, was also known for the gleam in her eyes, her soprano voice, and her coconut cake.

“It was the bomb,” said her friends.

Katie and Eldora made Monrovia a better place. They brought us together with their determination, smiles, and caring.

SQUIRREL SIMPLICITY

This past week in Sierra Madre was indeed a dog-walker's dream! The weather has been absolutely gorgeous, the trees are either baring succulent fruit or budding with a variety of brilliant colors, and there are countless birds flying and squirrels scampering about from one tree top to another nearly everywhere you look. Let's face it, living in Sierra Madre - particularly this time of year - is like a little bit of heaven.

With nature taking it's course in such a gracious way these days, I am pleased to say that I have experienced a renewed awareness and appreciation for my surroundings and for life in general. Let me put it to you this way; right now it would be a tough task for me to find a reason to complain, and after all who wants to hear it any way?

One of the things that inspired me most in a relatively epic way this past week, was observing a couple of squirrels chasing each other over the branches of the huge avocado tree in my front yard. The fact is, I see squirrels nearly every day, running to and fro over the massive tree canopies and gallantly scaling the power lines in our community. I always enjoy watching them, but there are times when I get so used to seeing them, that I must confess I take them for granted and barely notice they are there.

For whatever reason, the two squirrels I saw scurrying about in my front yard last week reminded me of how fortunate I truly am and that how good life is. Those squirrels were having a great time. It was as though there was some kind of party going on in that tree, that only they had been invited to. They were somewhat startled when I emerged from the back yard gate, and approached their "playground", but I stood very still and quiet for a moment and soon they resumed their raucous routine of frolicking, chattering and flicking their big bushy tails.

As I stood there, spying like some kind of voyeur for several minutes, I thought to myself, "these little guys 'get it'!" Slowly but surely, I snuck closer and sat beneath the tree, watching those cute little critters balance and bounce on the boughs above me and before I knew it, I noticed that I had tears running down my cheeks.

At first I couldn't figure out why I was crying, until I realized how long it had been since I had spent that much time just sitting quiet and still, observing the activity of nature around me.

I spend most of my time telling myself to "keep moving", and "get things done", but there is always more to do. As I attempt to stay mobile on the "treadmill" of life, I end up frustrated, ultimately forfeiting the freedom of the celebration. What good is that? It is a human way of thinking and a human way of life, not to mention it is my way of asphyxiating on tasks that may or may not really matter.



That is not the way a squirrel lives it's life. How can I let myself stress out over the simplest things in life when, as a human I am in full control of my own schedule, I shop at a grocery store where my food is delivered to me, I don't even have to take part in the pre-requisite farming, planting, slaughtering, and packaging process of what keeps me alive. As a human, I have more advantages than any other creature on earth, yet I am capable of fretting and worrying in lieu of really living, the way squirrels do!

The squirrel must forage for his own food, and when he is not foraging or hiding is bounty away for a later season, he is protecting the nest that he made of sticks and leaves, from predators and strong winds, yet he still finds time to celebrate life! The squirrel keeps it simple!

My dad was a missionary who held numerous speaking engagements throughout the southeast region of the US. As the youngest of 7 children, I got to travel with him quite a lot while my siblings were in school or working. I remember one of the acronyms dad used in many of his presentations; it was "K.I.S.S.", which stood for "Keep it simple, stupid!" Although that may seem less than user-friendly or conventional in terms of semantics for a speech, the meaning is definitely clear. That silly sounding acronym somehow came to mind during my epiphany beneath tree and it was a very humbling moment for me.

I believe that God speaks to us through His creatures and creations, and boy did He ever deliver a message to me that day! We all have responsibilities and commitments that may seem overwhelming at times, and we all have different ways of dealing with stress, but I feel it is important to take the time to be silent and observant, and enjoy the therapeutic virtues of nature.

While the squirrel may seem like a pest to some, because it steals fruit from the tree, to me the squirrel acts as a messenger, delivering a very important lesson from the Maker, teaching those of us who need to re-learn how to appreciate and enjoy life, simply like a squirrel! Enjoy the wonders of nature that surround you - love and let live.



Canyon Canine

Dog Walking & Sitting Services
Sierra Madre, California

Chris Leclerc

www.canyoncanine.com
chris@canyoncanine.com

626-355-8333 626-533-9536

PET OF THE WEEK

Money: Animal ID #A4808062

Lookin' for an awesome pup? Meet Money (A4808062)! Money is a cute-as-a-button 8-year-old tan female Chihuahua mix who came to the Baldwin Park Animal Care Center as an owner surrender on March 13th with Bear [A4808059] for no known reason. Weighing 7 lbs, Money is an affectionate and classically adorable Chi (with a few precious quirks up her sleeve)! She has bright, lively eyes and sweet, perky ears that give her a definitively puppyish look. She loves being held and cuddled in your arms just like a baby, too! Money arrived at the shelter with what we think is her brother. Though they don't really look much alike, they are the same age and they also have a similar distinguishing feature/talent: Their tongues are quite long and curly. So much so, that they can both touch their noses with them! Money and Bear are a very bonded pair. Unfortunately, they are in separate kennels here (because they divide the dogs by sex at the shelter). When Money is in her kennel, she is terrified. When taken out alone, she walks very slowly and prefers to be carried, but when we bring Bear to her for a visit, she instantly lights up and becomes a sweet and affectionate lap dog! Clearly she is her best doggie self when she is around her brother, so we would love to see the pair leave



the shelter together as a duo. In any case, we know that Money will make an adorable and adoring lap companion for just about anyone around. To see Money in action, please visit the following link for a video: <https://youtu.be/32nsMGYYL5M>

To meet Money in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA

91706 (Phone: 626-430-2378 or 626-962-3577). She is available now. For any inquiries about Money, please reference her animal ID number: A4808062. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions.

For more information about Money or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

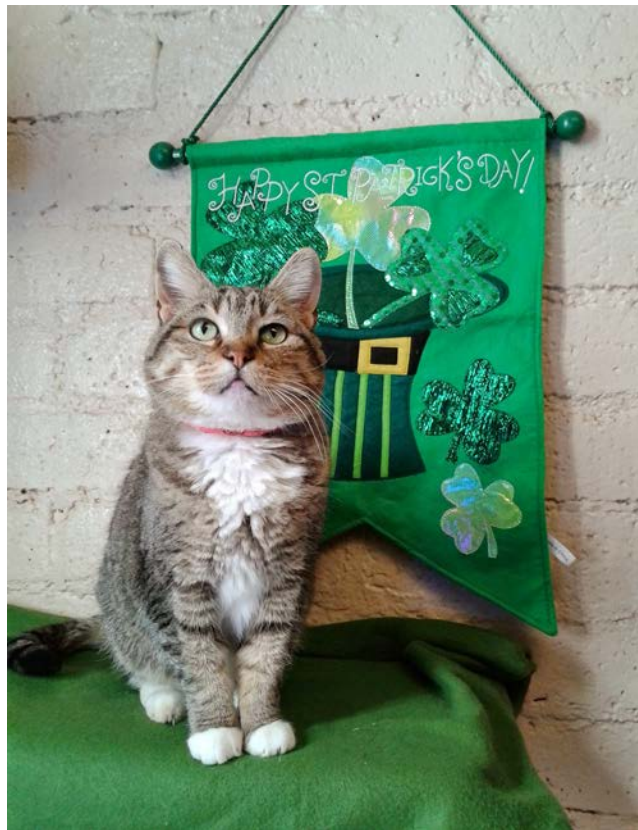
LOOKING FOR A BEST FRIEND??

Meet Beatrice! She is an adorable brown tabby with white paws. She was a bit shy and kept to herself when she first arrived in Meow Manor. She has since settled in nicely and shares her space with her feline friends and welcomes attention from staff and volunteers. Although she may still be a bit coy when she first meets you, give her a few minutes, introduce yourself and you can see she is a calm gal with easy going energy.

She likes a gentle brushing and being scratched between her ears. She enjoys sitting in the window watching the birds in the trees and being entertained by the antics of her friends. She would be happy to have a lap to curl up in at the end of the day. Stop by and meet Beatrice to see if she would be the purrfect addition to your family!

She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To arrange a 'Meet and Greet' with Beatrice, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday.



In honor of St. Patrick, who lived to a ripe old age of 74 in 461A.D. we celebrate our senior pets for their wisdom, experience, adaptability, willingness to learn new tricks and for easily loving and bonding with us. For the month of March, the adoption fee for all 'senior' pets 5 years and older is only \$39 for all adopters. This includes spay/neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Beatrice.

See our website at www.sgvhumane.org for information and photos of all our wonderful pets.

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COMPOST GIVEAWAY

April 4

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SATURDAY, April 4
9am - NOON
SIERRA VISTA PARK
(WEST END PARKING LOT by the Tennis Courts)

If you are unable to make it on this date, you are invited to attend the San Marino Compost Giveaway on Saturday, May 9 at the Lacy Park West End Parking Lot off St. Albans. Please bring your ID card or Athens bill.

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SCHOOL DIRECTORY

PASADENA CITY COLLEGE NAMES FINALISTS FOR NEW SUPERINTENDENT - PRESIDENT

Pasadena City College has narrowed the nationwide search for its next superintendent -- president down to three finalists.

Dr. Patricia Hsieh, president of San Diego Miramar College; Dr. Robert Miller, interim superintendent--president of PCC; and Dr. Rajen Vurdien, president of Fullerton College will vie for the top post at PCC, the Pasadena Area Community College District Board of Trustees announced Friday.

A new superintendent--president -- the 15th in its long and storied history -- is expected to be announced by the end of April, said Berlinda Brown, Board president. Under current bylaw, the trustees will vote on the final appointment in an open meeting.

"I was very pleased with the entire search process," Brown said. "The board unanimously felt that these three by far were the most qualified. We're looking forward to showcasing these candidates to the campus and community and seeking their input."

From April 13 to 15, the trio will visit PCC individually to meet with campus groups representing students, faculty, staff, management, and administration. Each candidate will also be given the opportunity to present themselves to the campus community and public in two open forums during their visits. The schedule and location of the forums are as follows:

April 13, from 12:40 to 1:40 p.m. in Westerbeck Recital Hall -- All College Forum with Vurdien

April 13, from 5:30 to 6:30 p.m. in Creveling Lounge -- Community Forum with Vurdien

April 14, from 12:40 to 1:40 p.m. in Westerbeck Recital Hall -- All College Forum with Hsieh

April 14, from 5:30 to 6:30 p.m. in Creveling Lounge -- Community Forum with Hsieh

April 15, from 12:40 to 1:40 p.m. in Westerbeck Recital Hall -- All College Forum with Miller

April 15, from 5:30 to 6:30 p.m. in Westerbeck Recital Hall -- Community Forum with Miller

The forums are open to the public. Attendees will be able to provide feedback on the candidates through a questionnaire that will be handed out at the end of each forum. The feedback will then be given to the Board of Trustees and will be factored into their decision-making process, Brown said.

Hsieh is in her 10th year as president of San Diego Miramar College. She earned her Doctor of Education degree from Pepperdine University, and attended the Management and Leadership in

Education Program and Institute for Educational Management at Harvard University. She is also the recipient of the 2006 Asian Heritage Award, and in 2010 was selected as a Fulbright Fellow to the Russian Federation.

Miller has served as interim superintendent--president of PCC since September of 2014. Prior to that post, he served as assistant superintendent/senior vice president of Business and College Services and vice president of Educational Services. A PCC alumnus (Class of 1975), Miller earned a Doctorate of Public Administration at the University of La Verne. He has been involved with the Pasadena Tournament of Roses Association for 32 years, and will preside as the organization's president in 2021.

Vurdien was appointed president of Fullerton College in May of 2010. Prior to that post, he served as vice president of Instruction at Saddleback College. In the 1980s, Vurdien worked for the United Nations Development Program, where he was positioned in China and led the U.N. language programs. He earned a Master of Education and Doctor of Philosophy in Psychological Studies in Education at Temple University.

PCC's nationwide presidential search officially began last November, three months after the retirement of Dr. Mark Rocha. Fifty--one applied for the top post, according to Ralph Andersen & Associates, the firm PCC hired to coordinate the search. All candidates were screened through a committee consisting of campus shared governance

groups.

For a full bio of each candidate, please visit www.pasadena.edu/finalists--for--superintendent--president.html.

About PCC

Pasadena City College is a state--supported, fully accredited, two--year community college with more than 28,000 students. It is located in Pasadena, Calif., and serves primarily the West San Gabriel Valley area. PCC offers a high--quality education with an extensive range of general education, transfer, certificate, and associate degree programs. With more than 60 academic and 70 Career and Technical Education programs -- as well as Continuing Education, Extending Learning fee programs, and the Community Education Center -- PCC can meet a variety of educational needs.

Visit www.pasadena.edu for more information.

LIVELY STOMP ENTERTAINERS TO PERFORM AT RETIRED TEACHERS' MEETING

A bang-up performance by a STOMP group from Temple City's Oak Ave. Intermediate School will be featured at the April meeting of the California Retired Teachers' Association #71-SGV (CalRTA #71). Traditional instruments aren't used by the twenty seventh and eighth grade performers. Instead, they happily pound or play on nontraditional "instruments," such as metal trash cans, broomsticks, bouncing balls, and any other sound-producing device that can be used as percussion, says teacher Jack Taylor. The challenge is to stay in step and keep the rhythm.

On the serious side, the STOMP group is actually a tutoring group in which students can keep up with their studies as well as learn more about music, mostly from their peers who are instrumentalists. The School Grant Committee from CalRTA #71 was pleased to give

a school grant to the STOMP project in 2012.

The CalRTA #71 luncheon meeting will take place on Friday, April 10, at 11:30 a.m. at the Senior Center Building in Arcadia Park (county park), 405 W. Santa Anita Avenue, Arcadia, next to the Lawn Bowling Greens. Guests are welcome to come for the luncheon and to enjoy the STOMP entertainment. The cost of the luncheon for members and guests is \$12. For luncheon information, please call John Gera at (626) 286-0714 by April 3.

Membership in the California Retired Teachers' Association is open to all retired educators, as well as to any others interested in joining this active group, which now numbers over 500 members in CalRTA #71, the San Gabriel Valley Division. CalRTA's motto continues to be "Your partner in pension protection."

LOCAL CHILDREN HONORED IN THE READ, DISCOVER, CONNECT ART & ESSAY CONTEST



Sierra Madre, CA. -- 106 local students in grades K-8, entered the library's Read, Discover, Connect @ the Sierra Madre Public Library art and essay contest. Talented winners attended a ceremony at the Library on Thursday, March 26 at 4:00 pm. Mayor John Harabedian, Mayor Pro Tem John Cappocia, Library Trustee Chair Barry Ziff, and Library Trustee Shannon King were on hand to congratulate the students. The winning drawings and essays are posted in the Library/s children's room.

Read, Discover, Connect was the theme of this year's art & essay contest. Children in grades K -- 2 created drawings showing how they Read, Discover, Connect. @ the Library. Students in grades 3-8 wrote an essay on why or how they Read, Discover, Connect. @ the Library.

This event was organized by Trustees Glenn Putnam and Barry Ziff. It was sponsored by Sierra Madre Civic Club, Sierra Madre Community Foundation, Sierra Madre Friends of the Library, Sierra Madre Kiwanis Club, Sierra Madre Rotary Club, and the Spero Foundation.

1st place winners received \$50.00 and 2nd place winners received \$35.00.

Kindergarten

1st	Mary Bingham	Gooden School
2nd	Sophie Ting	Gooden School

First grade

1st	Ana Besoli	Sierra Madre Elementary
2nd	Alyssa Galindo	St. Rita's School

Second grade

1st	Mason Matsuo	Gooden School
2nd	Chloe Tubbs	Sierra Madre Elementary

Third grade

2nd	Mikayla Hsieh	Gooden School
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Fourth grade

1st	Aria Bayrakdarian	Excellence in Education Academy
2nd	Rachel Besoli	Sierra Madre Elementary

Fifth grade

1st	Jason Boutros	Gooden School
2nd	Matthew Shepherd	Gooden School

Sixth grade

1st	Hadley Damir	Gooden School
2nd	Grace Elia	Gooden School
2nd	Claire Senft	Foothills Middle School

Seventh grade

1st	Julia Boberg	Gooden School
2nd	Samuel Johnson-Lacoss	Gooden School

Eighth grade

1st	Lauren Anastasia	Gooden School
2nd	Maxwell Horvath	Gooden School

Quotes from the winning essays:

"I think the library is the best thing that happened to the world, other than bacon". Grace Elia

"Our library has wonderful books!" Rachel Besoli

"...even with all the high tech gadgets we have in our world today, the Sierra Madre Library is still the best place to connect with my imagination, my friends, and my community." Jason Boutros

"One of my favorite things about the library is the digital storyboard. It brought history to life in a[n] entertaining and interactive way." Lauren Anastasia

"Everyone should have a chance to go to the Sierra Madre Library." Mikayla Hsieh

"May we always have libraries." Samuel Johnson-Lacoss

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcsllions.org
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Chris Schnieders, PhD
Email: Jackykn@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monroviak12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show
INSURGENT REVIEW

What are the elements that make a good sequel? Sequels are constantly being created nowadays, but there are fewer and fewer good ones. The main aspect of making a good sequel revolves around expanding on and adding to the original theme developed in the first film in new and interesting ways; however, is 'Insurgent' a good sequel or just another YA cash grab?


Tris Prior (Shailene Woodley) has escaped Jeanine (Kate Winslet) and fled to Amity, the farmers of her society. She, Four (Theo James), and her brother Caleb (Ansel Elgort) must find a way to fight back against the government who are now seeking out divergents to test a mysterious device left behind by the founders of their society.

'Insurgent' is a great example of an effective sequel. The themes of separation, acceptance, and creating a new society are built upon with interesting, new characters and thought-provoking plot developments. This film is a great sequel for 'Divergent' and makes sure that this franchise will become one of the better YA movie adaptations.

SEAN'S SHAMELESS REVIEWS:

NEW ALBUMS WORTH CHECKING OUT THIS WEEK

By Sean Kayden



Death Cab For Cutie – ‘Kintugi’ (3/31) Here’s a band that needs no introduction. Death Cab For Cutie has been together for 17 years, but original guitarist and producer Chris Walla departed late last year. While ‘Kintugi’ is the indie heavyweight’s eight-studio album, they feel new again. After a pair (‘Narrow Stairs’ and ‘Codes & Keys’) of slightly disappointing attempts, the band’s first record in four years is a welcoming return to form. In fact, this may be considered one of their finest endeavors over the span of their lengthy career. ‘Kintugi’ is a breakup record, but suggests much more than just that. While the single, “Black Sun” was admittedly less than stellar; everything else found on ‘Kintugi’ is simply breathtaking. Death Cab For Cutie makes one excited again for the future of rock music. For the future of music period is more like it. They are establishing a much-needed new lease on life for the age-old expression, “indie rock.” Songs like “Everything’s A Ceiling” and “El Dorado” are the purest form of bliss. These two tracks aren’t anything like Death Cab For Cutie has ever crafted, but the results are remarkable in every possible way. However, the impressiveness that surrounds this record doesn’t end just there. If you’re a fan of the group’s older material or coming on board late in the game, trust me when I say this, ‘Kintsugi’ is the most invigorating record this year will most likely have to offer. It may be one of the best too.

Smallpools – ‘LOVETAP!’ (3/23) - Los Angeles synth-pop buffs, Smallpools released their highly anticipated debut LP, ‘LOVETAP!’ this past Monday. In 2013, the band released their first self-titled EP. It was an astonishing feat considering the band had only been together a few months up until that point. They played their first live show together merely a couple

days before the release of the EP. Now the LA quartet are laying it all out on the table with their debut record prepared to conquer 2015 in a huge way. While all four songs off their EP are present, Smallpools have also included 2014 single, “Killer Whales,” as a part of the 14-track collection. Fortunately, these brand new, previously never heard tracks are as sprightly as anything the band has ever presented before. Smallpools have a knack for splashy, lavishly constructed songs. Their robust material is absolutely electrifying to the listener’s ear. ‘LOVETAP!’ brings a heavy stream of garish synths, fearless bass lines, thrashing drums, and penetrating vocals. In vein of Passion Pit and Foster The People, Smallpools have crafted a shimmering resonance that lets you imagine summer is all year long.

James Bay - ‘Chaos and The Calm’ (3/24) – Right from the start, James Bay sings with experienced aplomb on his debut record Chaos and The Calm. The affecting vocalist from Hitchin commands festival-ready tracks that balance the fine lines of soul, soft rock, and blues. On the lyrical forefront, Bay has an allegiance to the themes of love, self-breakthrough, and the relationships we craft with others close to us. At the ripe age of 24, Bay is letting it all unfold over the course of twelve strikingly constructed songs that not only open up minds, but hearts as well. James Bay brings plenty of sentimental tendencies with ‘Chaos and The Calm,’ allowing for his listeners to connect with the plights he’s endured. Chill-inducing vocals, heartfelt lyrics, and a congenially warm feeling attached to it, Bay’s latest endeavor speaks only in the forms of truth and honesty. If a record surrounded by sincerity is what you’re aching for, ‘Chaos and The Calm’ will help fill the palpable void in one’s own existence. Fans of new artists Hozier and George Ezra should seek out James Bay’s debut.

FOOD & DRINK

AWARENESS

Perhaps it’s my age. Or perhaps I’m just developing awareness to the effects of alcohol consumption. A recent study published in the University of Berkeley Wellness Newsletter said that moderate consumption for an average adult is one drink a day for women and two drinks for

TABLE FOR TWO by Peter Dills

thechefknows@yahoo.com

a man (obviously age and weight play a part). You may have heard that a glass of red wine is good for your heart, which makes sense since it contains antioxidant and anti-inflammatory properties that may protect blood vessels, but beer and peanuts have benefits as well as any foods derived from plants. I recently covered a story on my radio program promoting beer as a preventative cure for Alzheimer’s. Wine drinkers tend to be a bit more health conscious than beer drinkers and often consume their wine with meals. Recently I came across an article suggesting tequila can help you lose weight. I think you see where this is all going.

Rodney Strong Vineyards in Sonoma County has been producing wines since the 1950’s. I recently purchased a bottle of the 2011 Cabernet for under \$20 at my local supermarket. Yes there was indeed a Rodney Strong - he made his mark in the wine business, but began his career as a dancer (there must be a segue, here but I’ll stick to the wine). Finding a cabernet under \$20 is easy; finding a good one is something else. I first discovered Rodney Strong while staying at a swanky Newport Beach hotel – the wine was the gift they left in the room as a welcome present. Not one to shy away from a gift of wine and cheese, I have been a big fan since. The wine itself is a bit

lighter in color than some other cabs, but the nose and finish are right on target. Some of my friends think it needs to sit for a couple of years, but I say at this price point there is no reason to sit on it. Open and let it breathe for a half-hour and Rodney is ready. It goes great with a sweet cheddar cheese or a roasted chicken or even a bone in rib eye. It’s priced right, and readily available at restaurants and your local wine retailer.

Dills Score
Each week I will give you my Dills Score. Starting with a base of 50 points, I have added 7 points for color, 8 points for aroma or “nose”, 8 points for taste, 8 points for finish, and 8 points for my overall impression, which includes my



value rating.
Total Score 91
Retails for \$25.00 On Sale around \$17 at area markets including Vons. Follow me on twitter kingofcuisine and make sure you listen to my radio show Saturday at 5:30 PM KLAAM 830 follow me on twitter kingofcuisine

On the Marquee:

Notes from the Sierra MadrePlayhouse

A COMMUNITY LIVING ROOM

By Artistic Director,
Christian Lebrano

I found myself sitting in the theater at the Playhouse this weekend – I’d just finished a meeting with a possible stage manager for Always.... Patsy Cline (opening July 31) and it was after a Putting it Together matinee. It is not unusual for me to grab a few moments in the empty theater – there is something about our space that calms me and at the same time fills me with excitement and anticipation. It’s as if the walls radiate all the joy that have soaked in over the years. Theater is sometimes described as a “sacred space.” I understand that term, I even embrace it sometimes but I’m afraid that it is off-putting to most patrons. Instead, lately, I’ve been describing the theater as the community living room. I want our patrons to feel as comfortable here as they do in their own homes. My hope is that the way we flop onto our couches to “stay in tonight” that our patrons will feel as comfortable dropping themselves into our red velvet seats and seeing a show or a concert – maybe even at the last minute. After all we are within easy walking distance of most of the homes in Sierra Madre. You can’t raid your refrigerator, but our fare is pretty tasty nonetheless. Putting it Together closes on Saturday and it has been a delectable treat – beautiful voices, great performances, and Sondheim’s witty lyrics. Einstein is a Dummy has been a big hit with the kids from local schools who are coming to see it. General audiences only have three more chances to see it at our Sunday 2:30 matinees: March 29, April 5 (Easter) and 12. And the Colburn Series continues nourishing us with beautiful music: a Brass Ensemble concert



on Sunday, March 29; the Amoris Trio (piano and two double-basses!) on Saturday, April 4; and the Cala Quartet on Sunday, April 19. All of these will feed the soul and will undoubtedly soak into the walls and add to the good aura that our little theater has. Please come and enjoy – I won’t mind if you kick off your shoes and stay awhile!

.....
Last Tuesday morning we hosted the Sierra Madre Rotary for their monthly breakfast meeting. We invited them into our living room, shared what’s been going on at the Playhouse, and sought advice on how we are doing. The Rotary has always been very supportive of us – as have many other local groups. I was so happy to open up the Playhouse and see it alive and teeming with people that early in the morning. My dream is to see it in use all day long and every day. As always we do all this for you – our SMP family – whose support and loyalty mean so much to us and for whom we hope we bring pleasure and joy and moving experiences in the theater. Please let me know how you think we are doing.

Reach me at ArtisticDirector@SierraMadrePlayhouse.org

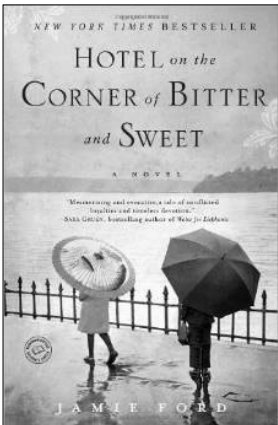
Jeff’s Book Picks

By Jeff Brown

HOTEL ON THE CORNER OF BITTER AND SWEET

by Jamie Ford

In the opening pages of Jamie Ford’s stunning debut novel, Hotel on the Corner of Bitter and Sweet, Henry Lee comes upon a crowd gathered outside the Panama Hotel, once the gateway to Seattle’s Japantown. It has been boarded up for decades, but now the new owner has made an incredible discovery: the belongings of Japanese families, left when they were rounded up and sent to internment camps during World War II. As Henry looks on, the owner opens a Japanese parasol. This simple act takes old Henry Lee back to the 1940s, at the height of the war, when young Henry’s world is a jumble of confusion and excitement, and to his father, who is obsessed with the war in China and having Henry grow up American. While at the exclusive Rainier Elementary, where the white kids ignore him, Henry meets Keiko Okabe, a young Japanese American student. Amid the chaos of blackouts, curfews, and FBI raids, Henry and Keiko forge a bond of friendship—and innocent love—that transcends the long-standing prejudices of their Old World ancestors. And after Keiko and her family are swept up in the evacuations to the internment camps, she and Henry are left only with the hope that the war will end, and that their promise to each other will be kept. Forty years later, Henry Lee is certain that the parasol belonged to Keiko. In the hotel’s dark dusty basement he begins looking for signs of the Okabe family’s belongings and for a long-lost object whose value he cannot begin to measure. Now a widower, Henry is still trying to find his voice—words that might explain the actions of his nationalistic father; words that might bridge



the gap between him and his modern, Chinese American son; words that might help him confront the choices he made many years ago. Set during one of the most conflicted and volatile times in American history, Hotel on the Corner of Bitter and Sweet is an extraordinary story of commitment and enduring hope. In Henry and Keiko, Jamie Ford has created an unforgettable duo whose story teaches us of the power of forgiveness and the human heart.

LOVING FRANK: A NOVEL

by Nancy Horan

I have been standing on the side of life, watching it float by. I want to swim in the river. I want to feel the current. So writes Mamah Borthwick Cheney in her diary as she struggles to justify her clandestine love affair with Frank Lloyd Wright. Four years earlier, in 1903, Mamah and her husband, Edwin, had commissioned the renowned architect to design a new home for them. During the construction of the house, a powerful attraction developed between Mamah and Frank, and in time the lovers, each married with children, embarked on a course that would shock Chicago society and forever change their lives. In this ambitious debut novel, fact and fiction blend together brilliantly. While scholars have largely relegated Mamah to a footnote in the life of America’s greatest architect, author Nancy Horan gives full weight to their dramatic love story and illuminates Cheney’s profound influence on Wright. Drawing on years of research, Horan weaves little-known facts into a compelling narrative, vividly portraying the conflicts and struggles of a woman forced to choose between the roles of mother, wife, lover, and intellectual. Horan’s Mamah is a woman seeking to find her own place, her own creative calling in the world. Mamah’s is an unforgettable journey marked by choices that reshape her notions of love and responsibility, leading inexorably ultimately lead to this novel’s stunning conclusion. Elegantly written and remarkably rich in detail, Loving Frank is a fitting tribute to a courageous woman, a national icon, and their timeless love story.

BUSINESS NEWS & TRENDS

FAMILY MATTERS

By Marc Garlett



IS A WILL ALL YOU NEED? PROBABLY NOT

One of the most prevalent misconceptions when it comes to estate planning is that a Will is all most people need. But before you fall into this trap with your own estate plan, consider these five circumstances where a will simply doesn’t work:

Avoiding Court. To take effect, a will must go through the probate process at your death (or a conservatorship if you become incapacitated while still living), which can be lengthy and deny your heirs (or family while you are living, but incapacitated) a quick resolution to the distribution of your estate (or the ability to pay your bills while you are living). There are also situations which complicate probate even further such as having minor children or owning property in another state.

Protecting privacy. Once a will is open to probate, it is open to everyone -- meaning that anyone can get access to it and learn the details on everything you owned and exactly where it is going. Wills can also contain personal information that is attractive to identity thieves.

Protecting you in case of incapacity. Since a will only goes into effect upon death, it provides zero protection for you if you should become incapacitated and no longer able to handle your own financial affairs or make decisions about your health care. If that were the case, your family would have to go through the stress and expense of petitioning the court to appoint a guardian or conservator to handle your affairs. This is costly and can even drain your entire estate. This can easily be avoided by having advance medical directives and a financial power of attorney drawn as part of your comprehensive estate plan.

Protect your assets. Passing assets to heirs via a will does not provide any protection for those assets. Once they are distributed, they become vulnerable to a divorce actions, civil lawsuits, creditors, and even bad financial decisions by

your beneficiaries. Placing your assets in a trust gives you control over how and when they are distributed, and protects them from creditors and judgments. This is one of the most powerful aspects of a living trust.

Passing Real Estate. When your home passes to your heirs through Probate (which it will do without a trust in place) it loses the step up in tax basis that a trust can provide. That means your heirs (who are most likely your family) will have to pay capital gains tax on the difference between the value of the home when you bought it versus the value of the home now. This can be another huge financial burden to bear on top of the already expensive cost of Probate.

See, trusts aren’t just for the wealthy because wills aren’t always the best way to protect and pass on financial assets. Comprehensive estate planning should use living trusts and other legal tools to preserve your assets and make things as easy as possible on your family. Taking care of your family, after all, is really what it’s all about.

To you family’s health, wealth, and happiness,

MARC

A local attorney, father, and CASA volunteer (Court Appointed Special Advocate for Children), Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.



THE JOY OF YOGA ENCOURAGEMENT

Encouragement is the action of giving someone hope, confidence and inspiration. It's one of the most important tools in personal development. Everyone needs it! In my yoga practice, I literally count on the encouragement from the teacher. Most times it is soft and straight forward, like "hey, great job, keep up the hard work" or "wow, you've come a long way."

Other times, the support, or encouragement comes from different places. Personal and spiritual growth isn't always sparked by doing the easy thing. It takes perseverance, and at times, painstaking effort. I've continuously received hope and confidence, by completing a hard task or some awful tedious job that I never wanted to do in the first place. It's an unlikely source of accomplishment and development. Sometimes encouragement can come from within.

We all need friends and mentors in our life who know us well and can lend support, but I've also found that I don't get to choose from who or where the encouragement comes. Teachers are everywhere! The best kind of support is one that fosters growth. Our yoga practice is a perfect platform for growth in all areas. Some of us may do more asana, others more service or meditation. At each stage, we need to receive and give encouragement. But, don't shy away from embracing the harder lessons, as they may bring the greatest inspiration.

Namaste, and see you in class!
Keely Totten



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A GREAT DIET MAY NOT EQUAL GREAT HEALTH



Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

My practice focuses on nutrition and what we eat is very important to our health. That said, you can eat green smoothies, gluten free, all organic and mostly raw every day of the week and still not be completely healthy. It is equally important to maintain good mental health, our body's control center. Our mind plays a huge role in our

Do you feel unworthy?

Do you have money worries?

Is there someone out there you just can't forgive?

Do you feel guilty?

Are you consumed with shame or hatred?

Or maybe you are just full of angry thoughts.

All the super brain foods in the world won't purify your mind of negative thoughts. Each thought we have, affects us right down to the cellular level. Our emotions can affect how our physical body feels and how it heals. If we think of our bodies as our house then the mind is the foundation. A healthy, clear and positive mind provides a strong foundation for our house. Eating healthy foods are needed for a strong foundation but if the foundation isn't strong in the first place, those great foods will just be maintaining a weak foundation.

Exercise, reading self-help books and meditation can all help to strengthen your mind. Trying to find the good in yourself or others and focus on that rather than the negative will go a long way. If you want to be truly healthy you have to start with your brain. Think of happiness as equaling healthiness!

overall health.

We have to remember that without a healthy brain our other organs cannot operate efficiently. There are foods that are especially good for the brain but that's not going to help if your mind is in a bad place. What am I talking about?

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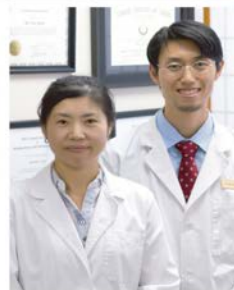
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Dental: Toothache, TMJ dysfunction.

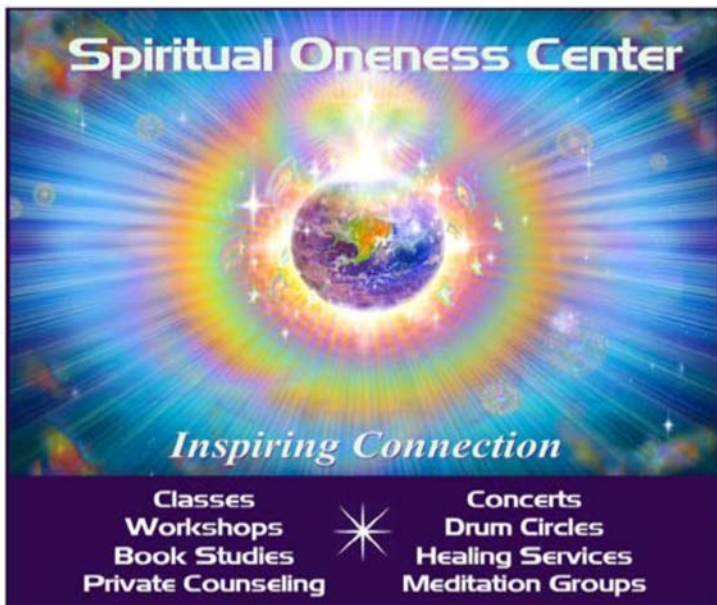
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Social Media Tips, Tricks & Ideas



by: MJ Finstrom

KEEP LEARNING

It's important to keep learning when it comes to on-line marketing. The tools constantly change and it's important to get fresh ideas for your marketing efforts and see what other people are doing.

Instead of writing my usual "how to" column this week, I thought I'd share information about a great event sponsored by Constant Contact that you can take advantage of in Pasadena this week on Tuesday, May 13. It will be a day of learning, networking and resources for your business and will cover the hottest online marketing topics and tools.

It's free to attend and even includes lunch!

You can choose from several break-out sessions taught by local experts including:

- Facebook
- LinkedIn
- Email Marketing
- Twitter

- Video Marketing
- Content Marketing
- Google Adwords
- Pinterest
- WordPress
- SEO

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

Sign up for their upcoming classes and presentations at: www.hutdogs.com/workshops/schedule

EASIER SCREENING TESTS FOR COLON CANCER

Dear Savvy Senior:

Are there any easier alternatives to a colonoscopy to check for colon cancer? I'm in my sixties and would like to be tested, but hate the idea of drinking all that laxative solution, and being sedated for the procedure. Squeamish Jim

Dear Jim:

It's a great question. While a colonoscopy is considered the gold standard screening test for detecting colon cancer and is widely recommended once adults reach age 50, only about half of Americans who've passed that milestone ever get tested.

Why? Because most people, like yourself, dread the all-day laxative prep and sedation, not to mention the procedure itself. Fortunately, there are some easier alternatives, but be aware that if these tests uncover any suspicious results, you'll still need to undergo a colonoscopy.

Take-Home Tests

There are two different types of tests on the market today that you can take in the privacy of your own home that requires no laxative-taking/bowel-cleansing preparation.

The best option is the new FDA approved Cologuard test (see cologuardtest.com), which has a 92 sensitivity rate for detecting colon cancers. With this test you simply take a sample of a bowel movement, and mail it in to the lab for analysis. The lab looks for both blood and cancer-related DNA cells in your stool.

The Cologuard test, which is recommended every three years, requires a prescription from your doctor, and costs \$599 but is covered by Medicare and many private insurers.

If, however, you find that the Cologuard test is not covered by your insurer, and you can't afford or don't want to pay the \$599 fee, the other option is the fecal occult blood test (FOBT) or the fecal immunochemical test (FIT), which detects 74 percent colon cancers.

These tests, which are also provided by your doctor, check for traces of blood in the stool that could indicate cancer or large polyps that can develop into cancer, but they don't look at the DNA. You simply send a stool sample to the lab.

Recommended annually, both of these fecal tests cost only around \$25 and are covered by Medicare and most insurers.

Less Invasive Tests



Two other tests to consider that are less invasive than a colonoscopy but more entailed than the take-home tests are the virtual colonoscopy and the sigmoidoscopy (both tests are recommended every five years).

A virtual colonoscopy uses a CT scan to view your colon instead of a scope in the rectum, so it's a less invasive procedure than a traditional colonoscopy and doesn't require sedation. But, it still requires the same bowel-cleansing prep. It's also more expensive, typically costing between \$400 and \$800 and is not covered by Medicare or most insurers.

A sigmoidoscopy exam, which is covered by Medicare and most insurers, uses a short, flexible scope inserted in the rectum like a colonoscopy to look at the lower colon only. This is a much faster and less involved procedure than a colonoscopy and one that doesn't require sedation. You follow a clear liquid diet the day before the exam and take a laxative or enema the morning of.

Colon Cancer Numbers

Colon cancer, which develops slowly over several years without causing symptoms especially in the early stages of the disease, is the second largest cancer killer in the U.S., killing around 50,000 Americans a year.

The U.S. Preventive Services Task Force – an independent panel of medical experts that advises the government on health policies – recommends colon cancer screening to all adults, ages 50 to 75. Earlier screenings are recommended to people who have an increased risk due to family history or other factors. Experts believe that as many as 20,000 lives could be saved each year, if the screening rate went up to 90 or 95 percent.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

avvy

SENIOR HAPPENINGS

FYI: TIPS FOR STAYING HEALTHY IN YOUR 70S, 80S, 90S...

Aging can be defined as: "progressive changes related to the passing of time." While physiological changes that occur with age may prevent life in your 70s, 80s and beyond from being what it was in your younger years, there's a lot you can do to improve your health and longevity and reduce your risk for physical and mental disability as you get older.

Research shows that you're likely to live an average of about 10 years longer than your parents—and not only that, but you're likely to live healthier longer too. According to the U.S. Department of Health and Human Services, 40.4 million Americans (about 13 percent) were 65 years of age or older in 2010 and by the year 2030, almost 20 percent of the total U.S. population will be 65+.

So how do you give yourself the best possible chance for a long, healthy life? Although you aren't able to control every factor that affects health as you age, many are in your hands. Some keys to living a long, healthy life include:

Make healthful lifestyle choices—don't smoke, eat right, practice good hygiene, and reduce stress in your life

Have a positive outlook

Stay as active as possible—mentally and physically

Take safety precautions

See your health care provider regularly and follow his or her recommendations for screening and preventative measures

One of the most important things you can do to stay healthy in your golden years is to maintain your sense of purpose by staying connected to people and things that matter to you. However, this isn't always easy—especially in a society that all-too-often views older people as a burden.

Visit your local senior center. Spend time with at least one person—a family member, friend or neighbor—every day. Volunteer in your community, attend a local event, join a club or take up a new hobby.

HAPPY BIRTHDAY! ... March Birthdays

Clare Marquardt, Karen Blachly, Carla Duplex, Ella Guttman, Viky Tchatlian, Mary Cooper, Georgina "Snooky" Greger, Sun Liu, Helen Wallis, Joan Crow, Nancy Fox, Nan Carlton, Martha Cassara, Rita Johnson, Mercedes Campos, Dorothy Webster, Terri Elder, Carol Cerrina, Amy Putnam, Sally Contreras and Lori Cooper. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon (Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

Free Balance Class: Monday, March 16th 11:00 to 11:45am with Shannon Vandeveld. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

TECH TALK: Held on Monday, March 9 and 23 from 1:30pm-2:30pm. Learn how to use your technology devices. Reserve your space by calling 355-7394.

HAWAIIAN AND POLYNESIAN DANCE CLASS: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

BINGO: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

FREE BLOOD PRESSURE TESTING: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

BRAIN GAMES: Tuesday, March 17th, 11am -12pm, improve your memory and strengthen your brain. Activities facilitated by Swati Puri, Community Liaison for ComForcare Senior Services in Pasadena.

FREE LEGAL CONSULTATION: Wednesday, March 18 from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

CHAIR YOGA: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month. A suggested donation of \$5 at one of the classes is requested, but is not required.

CASE MANAGEMENT: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

BIRTHDAY CELEBRATIONS: Every second Thursday of the month the Hart Park House Senior Center celebrates birthdays of our patrons. The free birthday cake is provided by the Sierra Madre Civic Club.

GAME DAY: Every Thursday starting at 12:45pm. A regular group of seniors play poker. Other games available for use.

TAX ASSISTANCE: Every Thursday February 5th through April 9th from 1:00pm-2:00pm. Don Brunner is available for income tax consultation. Appointments are required, call 626-355-7394.

FREE STRENGTH TRAINING CLASS: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

SENIOR CLUB: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.



UPCOMING EXCURSIONS:

THE MUSEUM OF TOLERANCE (LOS ANGELES)

Thursday, April 30, 2015 8:45am to 3:30pm
Meeting Location: Hart Park House Senior Center
Cost: \$15 (Does not include lunch)

Opened in 1993, built at a cost of \$50 million by the Simon Wiesenthal Center, named after Simon Wiesenthal, Holocaust Survivor. We'll have a 3 hour docent-led tour of the Museum of Tolerance, a multimedia museum in Los Angeles designed to examine racism and prejudice around the world with a strong focus on the history of the Holocaust. Lunch will be on your own at Factor's Deli, a landmark location for over 65 years. It's a booth-lined Jewish delicatessen known for its matzo ball soup and corned beef on rye. Participants should bring money for lunch and souvenirs. Last day to register is April 22nd. Level of walking: Medium to high. For more information, please call the Hart Park House at 626-355-7394.

SENIOR CINEMA • 1st and 3rd Wednesday

Shown at the Hart Park House Senior Center

MARCH 18TH – HITCHCOCK (2012)

Following his great success with "North by Northwest," director Alfred Hitchcock (Anthony Hopkins) makes a daring choice for his next project: an adaptation of Robert Bloch's novel "Psycho." When the studio refuses to back the picture, Hitchcock decides to pay for it himself in exchange for a percentage of the profits. Is wife, Alma Reville (Helen Mirren), has a serious reservations about the film but supports him nonetheless. Still, the production strains the couple's marriage. With the film's screening being so well received, Hitchcock thanks his wife afterward for helping make it possible and affirm their love. Rated PG-13, Start time: 1:00pm (run time 98 minutes)



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KATIE Tse.....This and That

WELCOME TO SENILITY!



"You know you're old when --" How often have we received gift cards and forwarded emails with this tag line? The cartoon old woman with lavender hair saying something sassy is a familiar sight on T-shirts, mugs,

mouse pads, and return address labels. We've all read stories of elderly people who've sent money to grandchildren, supposedly stranded in faraway lands, only to realize later that they were duped by hackers in Uzbekistan.

But I'm happy and grateful to God that my parents don't fit any of these stereotypes. I often refer to them as "model retired people." They're healthier, happier, and busier than they ever were when I was growing up. Which is why what happened to them recently is so amusing.

My mom just turned 65. We're sure that somewhere there's a list of all the Baby Boomers' birthdays available to every crook who wants to take a crack at fleecing them. The scam started when my mom answered the phone early one morning. "Hi, is this [Jane Doe] at 123 Sierra Madre Blvd?" the woman on the other end asked. "Yes," my mom said. "I'm with [Scammer's] Air Duct cleaning service, and I'm just calling to confirm your appointment today at 10:00." "Uh, no. We didn't order any air duct service here," my mom replied. "Yes, you did! I have it here that you ordered a full inspection and cleaning service to be done today!"

The woman was starting to get angry. Again my mom denied agreeing to the spurious duct work. "Well, you just better ask the people living at your home if they ordered anything!" Mom was ready to answer, "I am the people living at my home!" but by then my dad motioned for the phone.

"Hello, who is this?" he asked. Dad has a great phone voice, very calming. But no amount of charm would work with this woman. Mom could

hear her yelling at Dad for a while before he simply hung up the phone. The whole experience turned into something to laugh about, but it begs the question "How many people get tricked like this?"

This is just another reason why, in these times of desperation and uncertainty, it's best to eat right, exercise, and, most importantly, trust in Jesus for your salvation. What a tragedy it is to work so hard to build a good life on earth, but neglect the welfare of your eternal soul. I think it was C.S. Lewis who said something to

the effect of, "Aim for the world, and you'll get nothing. But aim for heaven, and you'll get the world thrown in." We need to get our priorities and perspective straight. This earth is not our home, but while we're here, let's humbly use the intelligence God has given us. There are many famous sayings that, although they are not Scripture, still have a lot of truth. So I'll leave you with this nugget of wisdom: "In God we trust. All others pay cash."



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Looking Up

with Bob Eklund



SPRING ECLIPSES OF SUN AND MOON

This spring, our Sun and Moon happen to be so aligned that first the Moon's shadow falls on the Earth and then, two weeks later, the Earth's shadow falls on the Moon. The result: sky-watchers are being treated to both a solar and a lunar eclipse.

The total solar eclipse, which occurred on March 20 (by coincidence, that date was also the spring equinox), was visible along a path of totality beginning in the mid-Atlantic Ocean and continuing north to Greenland, past Iceland, and finishing in northern Siberia.

The Norwegian island of Svalbard—at the top of the world at 78° north latitude—was also in the path of totality, and Williams College astronomer Jay Pasachoff chose this desolate spot as his base of operations. His team of eight intrepid scientists from the United States, Greece, and Slovakia traveled to the Norwegian archipelago to study the Sun's outer atmosphere and the effect of the eclipse on Earth's weather. Pasachoff reports, "The weather was improbably-impossibly-wonderful, with a complete clear sky, much better than cloud statistics from weather satellites had led us to expect." Their work was sponsored by a grant from the Committee for Research and Exploration of the National Geographic Society.

Pasachoff, Chair and Field Memorial Professor of Astronomy at Williams College, Williamstown, Mass., reports that "even though we are past the peak of the latest sunspot cycle, the corona still had the symmetrical shape of sunspot maximum. Also, even a preliminary view of our spectral studies showed that the corona was still especially hot, averaging well over 2,000,000°F."

The research team, and an accompanying tourist group of 40 people, observed from an open field about 1 mile east of the city of Longyearbyen, the 2,000-person capital. The temperature of +8°F at the onset of the eclipse dropped to -7°F at mid-totality. Pasachoff is working with atmospheric physicist Marcos Peñaloza-Murillo of Venezuela in interpreting the effects of how the abrupt shut-off of solar radiation cools and shocks Earth's atmosphere. Williams College student Allison L. Carter (class of 2016) not only took images of the partial phases and the corona with a Nikon digital



camera mounted on a Tele Vue telescope but also set up measuring devices to record temperature and pressure every 30 seconds.

Other scientists in the expedition included Ronald Dantowitz of the Clay Center Observatory in Brookline, Massachusetts; Vojtech Rusin of the Tatranska Lomnica Solar Observatory in Slovakia; and Aristeidis Voulgaris and John Seiradakis of the Aristotle University in Thessaloniki, Greece. Amateur astronomer Michael Kentrianakis of New York City and eclipse map-maker Michael Zeiler were also part of the team.

The event was Pasachoff's 61st solar eclipse and 32nd total solar eclipse. "All the eclipse fans, some of whom will join us in Indonesia next March, are looking forward to the August 21, 2017, total solar eclipse whose path of totality will sweep across the United States," he noted.

LUNARECLIPSE APRIL 4. In the early morning hours of Saturday, April 4, Southern Californians will have their own chance to see an event not quite as rare as the Svalbard solar eclipse, but well worth watching—a total eclipse of the Moon, when the

Moon's orbit carries it directly into Earth's shadow.

Unfortunately, most of us will be sleeping, at least in the early part of the eclipse. The full Moon's left edge will begin to darken at 3:15 a.m. as it enters the umbra, or full shadow; and maximum totality occurs at 5:00 a.m. At 6:44 a.m., the setting full Moon will have just emerged from the umbra. Happy viewing!

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.

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GOODBYE DR. GEORGE!

by Christopher Nyerges

[Nyerges is the author of several books, including "Enter the Forest" and "How to Survive Anywhere." He can be reached at Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerges.com]

I was saddened to hear that another great intellect – and friend – has left the planet.

I am sure many millions of viewers enjoyed this bow-tied meteorologist's reporting of the weather in his "old school" style. Today, there's hardly anyone like him, and all the television stations prefer that short skirts report on the weather to help boost ratings.

As a writer and columnist for the Pasadena Star News in the 1980s, I used to call Dr. Fischbeck and get his opinion about some weather-related issue. He always managed to get to the phone, and was always eager to chat. For example, he told me that there is no such thing as reliable long-term weather, that weather can only be "predicted" accurately up to 48 hours.

Back in 1984 when I conducted a "rain dance" with the children at the City of Pasadena's Victory Park day camp, and it rained that August night, I chatted with Dr. George about it.

Apparently, someone had already called him and told him about the rain dance, so he knew about it when I brought it up. Fischbeck told me that he recognized and respected the sacred nature of the Southwestern Indians' rain dances and ceremonies, having lived among the New Mexico Indians for two years as an anthropologist. Still, he believed that there was no connection between our rain dance and the rain, discounting the ability of what he called "prayer" to affect the weather.

He explained that he noted a storm off California's coast at 7 p.m. on Tuesday, the day we did the rain dance. By 11 p.m. that evening, Dr. Fischbeck said that he knew rain would fall, but not where. He was calling it a "freak storm" since this was August with an average precipitation of zero. Due to the winds that arose, the rain moved further west and north than he expected, he told me.

I met him for the first time in the late 1980s when I was the editor of Mensa's local "Lament" magazine. I wanted him to write an editorial about the then-drought that California was experiencing. He agreed, and I visited him at the Channel 7 studios. He greeted me like an old friend, and we discussed his column. When published, it was a well-received editorial, still very relevant today.

In honor of Dr. George, here is a shortened version of what he had to say:

SOLUTIONS from DR. GEORGE FISCHBECK
Folks, do you know that this densely populated Southern California urban sprawl is located on what geologists call a "coastal desert plain"? That's right – we live here in a desert. And yet we use and waste water as if there is no tomorrow. If we don't start realizing where we live, we're bound

to have some severe problems in the near future. Why? Because everyone wants to live in Southern California. And where does the water come from? From Northern California and from the Colorado River. Water experts tell us that we might have a real crisis on our hands real soon if we don't learn to live with less water.

Let's explore some of the ways in which everyone can pitch in and help.

Did you know that nearly 50 percent of our residential water use is literally flushed down the toilet? Today there are toilet tanks that can flush with less water, and some areas are now requiring these in new construction.

An innovative group in Highland Park named WTI Inc. has been practicing a unique form of water conservation for nearly 17 years. The household members save their bath and shower water in one-gallon containers, which they neatly store in the bathroom. Then, using specially-cut plastic pour containers, they use their bath and shower water to flush the toilet. This is a simple method of water conservation that even apartment dwellers can practice.

Did you know that some plants in your yard require much more water than others? Talk to the people at your local nursery, and find out which plants are drought tolerant.

If you have a yard, you should seriously consider grey-water recycling. Grey-water refers to the water that goes down our kitchen and bathroom sinks, and down the tub. With some simple drain-line alterations, and with the possible change of detergent, you can direct this once-used water into your yard to water your trees, bushes, and even garden.

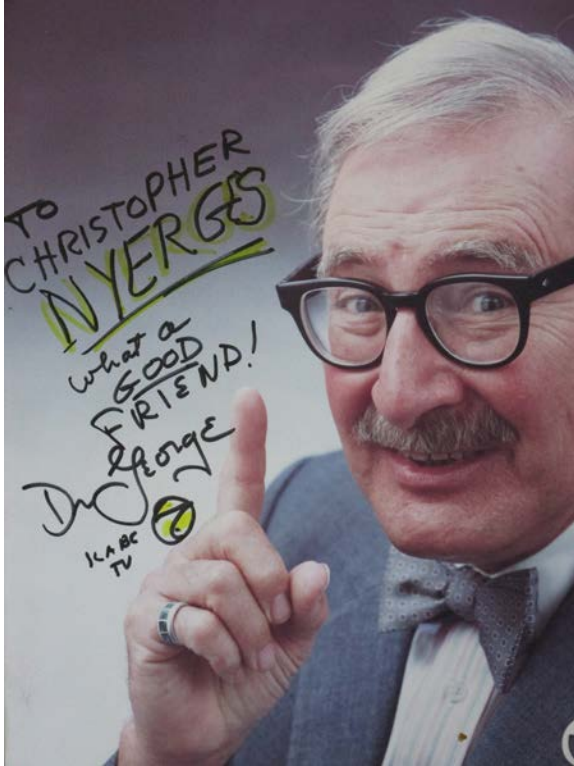
And did you know that the original navel orange tree in Southern

California was planted outside a home and watered with dishwater? You can still see that tree today in Riverside!

The number of ways in which we can save and conserve water are endless. Some ways that most of us don't usually think of are, for example, collecting rainwater from your roofs in plastic trash buckets – just like "grandma back on the farm" used to do, right? Your editor told me that he has collected up to 400 gallons of rainwater in a single storm, although usually he collects about 40 gallons of rain a storm. That's free water that doesn't have to be imported to us.

Folks, remember that we can always lick a problem if we stick together and work together. Don't wait for "the government," since the solution is really within our own grasp. I am hopeful for our future. And thank you for letting me share my ideas with you!

Dr. George Fischbeck
Meteorologist, KABC TV



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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

IT WAS LIGHTS OUT AT THE OLD BALLGAME

Someone yelling, "Let's play ball," officially announces spring. Springtime and baseball seem to go together, as if God created springtime just for the national pastime.

Something about that first baseball game seems to shake away all the gloomy aspects of the past winter. As soon as Old Man Winter strikes out for the last time, good old springtime steps up to the plate and a new game is afoot.

Of course, baseball is for the young. One downside of growing older is the fact that you grow out of certain things. For example, as you grow older you grow out of wearing short pants.

You can tell an old man is trying to act young when he puts away long pants and dons short pants. Somebody needs to tell these men that knobby knees are not in fashion this year and the less seen the better, I assure you.

As you grow older, you also grow out of a lot of free time. There is nothing like trying to make a living to put a crimp in your lifestyle. Once a man puts on his hat, grabs a lunchbox and walks out the door, he is in for a lifetime of work. Free time as he once knew it now has a price tag.

One final thought about growing older — as you grow older, you also grow out of extra cash jingling in your pocket. No matter how much a person makes, there seems to be more outgo than income in the average home today.

I remember getting a raise once and when the first paycheck came, my take-home was less than before the raise. My raise put me in a higher tax bracket and hence a lower income each payday.

Only one thing I know that can put a temporary pause in all this nonsense — simply an afternoon at the ballpark. Nothing like a good old ballgame to take away all the anxiety of trying to make a living. When I was younger, I was out in the field, playing ball. I have outgrown that part of my life and find myself sitting in the stands, cheering on my favorite team.

One of the benefits of becoming a grandfather is attending your grandchildren's ballgames. Now that my knees creak and my pitching elbow don't work like it used to, I am way out of shape to play even one inning of a ballgame. Baseball demands younger knees and elbows that are more pliable. Fortunately, for grandfathers, God has bestowed upon them grandchildren who play baseball.

Several weeks ago, it was my privilege to watch my granddaughter play her first softball game. With a good hot cup of coffee and a seat where I could survey the whole process, I settled down to watch a relaxed softball game.

Then, the game took on a new status. My granddaughter came up to bat and I was on the edge of my seat. At that point, the whole game changed for me. Sitting next to me, a man began yelling at the pitcher. "Go ahead,

pitcher," he screamed, "burn one across the plate, the batter's a bum, she can't hit nothing."

I had been away so long from a good ballgame I completely forgot about this element of the game. I demurely turned to the gentleman next to me and opined, "You shouldn't yell at the kiddies that way. They're just having fun."

Without even looking at me, he shot, "Mind your own business, Buster."

I am not easily roused, but this man, what should I say, irritated me. Yes, that is the word, "irritated."

Then, still not looking at me, he snipped, "The pitcher's my daughter."

With all the dignity, I could muster under the circumstances I retorted with, "But the batter is my granddaughter. And granddaughters out- rank daughters every time."

I noticed the information stunned him a little. Old Bubba was trying to process this and I could see he was having a little bit of trouble. I did not mind because for a moment he could not think of anything to say, which is good no matter which side you are cheering for.

At this point, the situation turned ugly. When I say ugly, I mean Mrs. Bubba inserted herself into the tête-à-tête. Let me say, I was not afraid of good old Bubba; it was Mrs. Bubba who put the fear of God into me at the time.

This only illustrates the vast difference between men and women. Men can have a loud, obnoxious, chest puffing argument, and then when it is all over, go, buy each other a cup of coffee and slap each other on the back celebrating the winning team.

Women are not like that; at least Mrs. Bubba was not like that. As best I recollect the situation, Mrs. Bubba, who was sitting on the other side of Bubba, leaned forward and simply said, "Oh yeah?"

It was not what she said, or even how she said it that bothered me. The last thing I remember was her left hook interfacing with my left eye.

Driving home, I mused on what the Apostle Paul wrote. "I charge thee before God, and the Lord Jesus Christ, and the elect angels, that thou observe these things without preferring one before another, doing nothing by partiality. Lay hands suddenly on no man, neither be partaker of other men's sins: keep thyself pure." (1 Timothy 5:21-22 KJV.)

Sometimes, one strike and you are out.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road in Silver Springs Shores. He and his wife, Martha, live in the Shores. Call him at 687-4240, or e-mail jamesnyder2@att.net. The church Web site is www.whatafellowship.com.

DESERTIONS AND DECEITS



President Obama would have us believe that his decision to swap 5 terrorists for Sergeant Bowe Bergdahl was predicated on the highest of moral principles. As the facts now start to spill out, the reality is anything but honorable, and it would seem that the Commander-in-Chief and the Sergeant share a common disloyalty to the respective oaths they took.

At the time the prisoner swap was announced, President Obama told the nation that he acted on his moral obligation to do everything possible to bring the sergeant home because "we don't leave our people behind". That's a great soundbite, but it's not really our policy, nor is it a particularly good practice. You see, the principle is based on the premise that the missing soldier is loyal to his comrades, unit and country, and that he is involuntarily missing.

To make the point clear, nobody believes we should sacrifice blood and treasure to bring home traitors or spies out of any moral concern for their well-being, or to reassure the troops that we always protect our own. Perhaps we would try to bring them home out of a sense of justice because we intend to imprison them for their actions against the constitution and the country, but that is a different rationale entirely — one certainly not entertained, advanced or pursued by President Obama.

No, President Obama made it very clear that he intended to give up 5 terrorists for 1 soldier out of moral concern for the soldier and the overall morale of those serving honorably in our armed services. That is why he had his various spokesmen inform the nation on at least 6 separate occasions I can count that Sergeant Bergdahl served his country with "honor and distinction". Were that the case, I would be the first to affirm the president's goal, even if I questioned the price (5 able bodied killers who would return to the battlefield) of achieving an otherwise moral goal.

The Army's announcement this week that they will charge Sergeant Bergdahl with desertion is only the tip of the iceberg. The bigger story is that President Obama lied to the nation about the betrayal of his oath to protect Americans in his decision to make this trade. The army's announcement only confirms what was absolutely known at the time of the deal.

As soon as the sergeant went missing in 2009, members of his unit suspected he had deserted. Their reports and concerns were documented. A 2010 internal investigation found "incontrovertible" evidence that the sergeant had deserted. There is also an exchange of letters between Bergdahl and his father, uncovered and made public by the press, in which Bowe Bergdahl admitted to being ashamed of being American and having no desire to waste his future on the country's lies. I wish I could say that his father had a stronger moral compass than his son, but that would not be true. His father encouraged his son to "obey" his warped version of morality.

Every single piece of evidence in this case was known to President Obama at the time he entered into, let alone concluded, negotiations with the Taliban. Bergdahl violated his moral commitment to serve this country and to stand with his unit, and he jeopardized the many who were sent out to search for him. Obama has violated his moral commitment to protect and defend this country by knowingly releasing skilled, trained terrorists and enemy combatants who will return to the battlefield. They will inevitably be responsible for the deaths of American soldiers and more than likely scores more of innocent civilians. This wasn't just miscalculation; too many facts were known at the time of the decision. This was moral abdication of the worst order.

Why would our president do this? Clearly, morality played no part in this decision, but political calculation most certainly did. The President made a campaign pledge (one that he actually wants to keep) to close Guantanamo Bay. That had been tried with an effort to bring the terrorists housed at Gitmo to the U.S. for "trial" as criminals. The effort didn't go over so well with average Americans on both sides of the political aisle. But if Gitmo is emptied of the really bad apples, and all that remain are insignificant underlings, then perhaps the military prison can be closed with no objections from the American public. So, sending the true murderers and terrorists back to the battlefield enables the president to eventually make the case that nobody of any significance remains at the prison. Closing it at that point will be but an after-thought.

These are selfish reasons, not moral reasons. Just as Sergeant Bergdahl made a selfish decision to dishonor his moral duty because it suited his desires at the time, so too has President Obama made a selfish decision to dishonor his moral obligation to protect America because it suited his desires at the time. Sergeant Bergdahl and President Obama share antipathy for our country and for those who truly sacrifice for its well-being, and they share disdain for the moral principles which should guide all of us — most especially the President of The United States. At least Bergdahl was honest enough to confess his true feelings. Obama continues to deny what is all too obvious.

About the author: Gregory J. Welborn is a freelance writer and has spoken to several civic and religious organizations on cultural and moral issues. He lives in the Los Angeles area with his wife and 3 children and is active in the community. He can be reached at gregwelborn2@gmail.com

NOTICE OF PETITION TO ADMINISTER ESTATE OF: SAMUEL M. WATSON AKA SAMUEL MEAD WATSON CASE NO. BP160802

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of SAMUEL M. WATSON AKA SAMUEL MEAD WATSON.

A PETITION FOR PROBATE has been filed by CONSTANZA WIDWIG WATSON in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that CONSTANZA WIDWIG WATSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 04/21/15 at 8:30AM in Dept. 79 located at 111 N. HILL ST., LOS

ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
JEANNE BURNS-HAINDEL - SBN 132177
3360 E. FOOTHILL BLVD. #414
PASADENA CA 91107
3/14, 3/21, 3/28/15
CNS-2727929#

NOTICE OF PETITION TO ADMINISTER ESTATE OF ETHEL ALMARINE BROCK Case No. BP160849

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ETHEL ALMARINE BROCK

A PETITION FOR PROBATE has been filed by Mary Kathryn Dennis in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Mary Kathryn Dennis be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 15, 2015 at 8:30 AM in Dept. No. 29 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
LESLIE ANN BARNETT ESQ
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1631 BEVERLY BLVD
STE 103
LOS ANGELES CA 90026

City of Sierra Madre

PUBLIC HEARING NOTICE

To: Property Owners within a 300-foot radius

From: The City of Sierra Madre

Subject: PARCEL MAP 15-01 (73420), Historic Designation 15-01, Certificate of Appropriateness 15-02, Affordable Housing Incentives

Applicant: HHP Highland, LLC

Project Location: 186 W. Highland Avenue, in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider

- 1) a request for a three-unit subdivision for condominium purposes,
- 2) a proposal to designate the property as a historic landmark,
- 3) a certificate of appropriateness to restore, modify, and change the use of the structure, and
- 4) the use of affordable housing incentives.

DATE/TIME /PLACE OF HEARING

City of Sierra Madre Planning Commission meeting City Council Chambers Thursday, April 2, 2015 232 W. Sierra Madre Blvd. (Hearing begins at 7:00 p.m.) Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for Class 15 Categorical Exemption Minor Land Division, and Historic Resource Rehabilitation, pursuant to Sections 15315 and 15331 of the California Environmental Quality Act (CEQA).

APPEAL: The Planning Commission is a recommending body to the City Council on this project. A second, subsequent hearing on all entitlements will be held before the City Council under separate notice.

For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

By Order of the Planning Commission Leticia Cardoso Interim Director of Development Services



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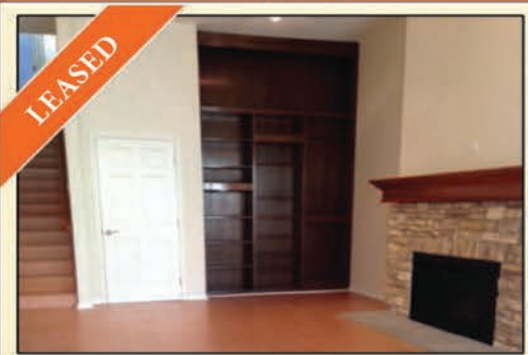


118 West Grandview Ave., Sierra Madre



This beautiful home is located within walking distance from the heart of Sierra Madre. Meticulously cared for, this home offers a comfortable floor plan with a spacious living room, spacious kitchen with dining area, two bedrooms and 2 baths on a 7,000sf lot. The sun-filled kitchen offers built-in appliances, recessed lighting, amazing views of the private rear yard and direct access to the deck. The master suite offers a walk-in closet and dressing area. Home also offers recently re-finished hardwood floors, central air and heat, partial copper plumbing along with the recently installed steel roof. The detached 2-car garage offers a section for the laundry hook-ups. The spacious bonus room attached to the garage offers newer carpeting and a/c, and can function as a home office or guest room. The grounds have been landscaped with water conservation in mind.

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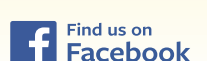
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