

Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Duarte

Monrovia

SATURDAY, AUGUST 22, 2015

VOLUME 9 NO. 34



REMEMBERING CAPT. MORRISON

Please join our community in a celebration of Captain Chris Morrison's life.

A celebration of Chris's life will be held @ the Memorial Park band shell Sat. Aug. 22nd @ 5:30 pm (222 Sierra Madre Boulevard, Sierra Madre).

Bring blankets, chairs, & a picnic supper. Water, lemonade, & sweet treats will be provided.

This is an opportunity for all of us to honor a legacy of volunteerism, friendship, community, and a zest for life. This is a casual event, please come comfortable. Browns, USA Soccer, or any other shirts or clothes that remind you of Chris's passions are encouraged.

In lieu of flowers, Lori has requested for donations to be made which will be used to build a memorial bench in Chris's memory at his favorite camp site.

Feel free to comment here if you have any questions.

Editor's Note:

The Sierra Madre Community, including the Police and Fire Departments, as well as friends of the Morrison Family raised more than \$30,000 online and another estimated \$20,000 in "The Boot" for the family.

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ALERT RESIDENTS HELP POLICE APPREHEND SUSPECT AND STOP ATTEMPTED BURGLARY - "See Something, Say Something" Helps

With fires raging throughout the state, the fear is very real that the next fire might very well be right in our backyard.

In the last 30 days, there have been two attempts to set the hills above Sierra Madre ablaze. The first attempt was a fire set as part of a suicide. The fire was controlled by the SMVFD before it could spread. The second attempt was discovered before any fire could be lit.

On Saturday, the Arcadia Police Department issued the following statement: "Arcadia Police responded to the call of a suspicious person on the property of the U.S. Forestry Headquarters. Officers contacted a subject who had matches in his pocket and had gathered kindling, twigs, and sticks and stacked them underneath a large tree to start a fire. Officers arrested the subject for attempted arson and identified him as 59-year old Ronald Watson of Sierra Madre, who was also on parole for arson. Watson was booked at the Arcadia Police Department jail and is currently being held in custody at L.A. County jail without bail."

The suspect, is currently being held on \$175,000 bail. According to sources, Watson has at least one other conviction for setting a fire in Northern California in the Mammoth National Park area. It has been confirmed that he was released from San Quentin prison last year after serving a 7 year sentence for the arson conviction. Because of his prior history an inquiry has been

made as to why his probation/parole has not been revoked with this arrest.



Ronald Watson

Born and reared in Sierra Madre, Watson recently appeared before the city council recently presenting himself as a 'developer' of residential housing units. His arrest on Saturday is directly attributed to the someone who saw something suspicious and reported it to police immediately.

S. Henderson/MVNews

From The Sierra Madre Police Department:

On Monday 8/17, Sierra Madre Officers were informed of two residential burglaries that both occurred during the hours of 8 am and 3 pm, both being next door neighbors on Monterey Ln. Both homes were ransacked and estimated total loss of value over thousands of dollars. A nearby neighbor was informed by a housekeeper that she noticed a DARK colored SUV parked near one of the victim's homes.

In response to recent events, the residents of Monterey Ln. are on high alert. Yesterday at around 5 pm, Officers were flagged down by a near by resident who informed them they had recently spotted a SILVER colored SEDAN occupied by three African American Males, driving around the street, and that the vehicle was unknown to the area. The resident reported the vehicle's plate being similar to 7FJW550. Officers were unable



A Vehicle similar to this was spotted by alert neighbors to locate the vehicle.

Shortly after, Arcadia Police Department notified Sierra Madre of an incident of an Arcadia resident reporting the same incident of a suspicious vehicle in the area, describing a silver colored sedan and occupied by the same subjects reported earlier.

According to SMPD Sgt. Enrique Gonzales, the spike in burglaries and robberies is happening not only in Sierra Madre, but also in Arcadia and

Sierra Madre PD would like to advise residents to set alarms, lock doors, safely store valuables, and most importantly report any and all suspicious incidents! Please help Sierra Madre Police spread the word to be on the lookout!

Sierra Madre Police Department Non-emergency line: 626.355.1414

ARMED ROBBERY AT SANTA ANITA MALL PARKING LOT

On Wednesday, August 19, 2015, around 9:24 p.m., the Arcadia Police Department responded to the west side of Nordstroms located at 400 S. Baldwin Avenue, Westfield Santa Anita Mall, on an unknown trouble call. Officers contacted the victim of a robbery who advised that she was hit over the head with a black semi-automatic handgun and robbed of her purse and cellular phone. The suspect then ran to an awaiting vehicle where he joined a second

suspect. The vehicle then fled southbound through the parking lot out of sight.

The suspect was described as a tall, skinny, male, wearing a hoody. The victim was unable to describe the second suspect, however, described the getaway vehicle as a silver or grey, small SUV.

A similar robbery occurred in the south parking lot of the Westfield Santa Anita Mall on August 4, 2015, at about 10:11 p.m. A male victim was robbed at gunpoint after approaching his car. The suspect made off with the victim's wallet and cell phone. The primary suspect was described as an

African American male in his 20's, about 5'10", with a thin build, with a bandana covering his face. He ran off with another unknown male, out of sight. No suspect vehicle was seen in this robbery and the victim was not injured.

Anyone with information on either of these incidents is encouraged to contact the Arcadia Police Department at (626) 574-5151. If you prefer to provide information ANONYMOUSLY, you may call "Crime Stoppers" by dialing 800-222-TIPS (8477), texting the letters TIPLA plus your tip to CRIMES (274637), or using the tip page at Los Angeles Regional Crime Stoppers.

SIERRA MADRE RESIDENT, MEGAN McKERNAN, WINS NATIONAL DRAG RACE EVENT IN TOP ALCOHOL DRAGSTER



Seattle, Washington – Megan McKernan of Sierra Madre, CA won the NHRA National event in Seattle, WA on Sunday, August 9, 2015 in the Top Alcohol Class.

McKernan who manages automotive research for the Automobile Club of Southern California is a part-time drag racer campaigning the Jerry Darien Alcohol

Dragster sponsored by Truck-Lite.

McKernan is the 12th female to win a national event in this class, and she and Annie Whitely made history by both winning in their respective classes on the same day – Megan in Alcohol Dragster and Annie in Alcohol Funny Car.

McKernan has been racing for several years and is currently ranked 9th in the country in her class and 4th in the Western Region.

McKernan became a "gear head" at an early age attending races with her father. She holds undergraduate and graduate degrees in physics, and in her position with the Auto Club, performs research on automobile safety systems, new technologies, and the trend towards autonomous vehicles.

THE NEW SIERRA MADRE MIDDLE SCHOOL OPENS



Although construction is not complete, on Tuesday, students and staff began the new school year in buildings E and F of the new facility. According to Principal Garrett Newsome, the temporary arrangements provide access to 20 classrooms, two visual arts labs, and three science labs, with the library soon to follow. The main office will be open as well.

In a letter to parents Newsom said, "Construction is to continue on our multipurpose room, gymnasium, and basketball courts, as well as the

reconstruction of our parking lot. The work is scheduled to be completed this fall, and in the meantime, a temporary kitchen has been set up along with an eating area for students during nutrition and lunch. In addition, while there will be construction traffic on the fire road and field during this time, there will also be personnel on duty to ensure the safety of our students when entering and exiting the field.

Because access to the parking lot is not currently available, the PUSD and the SMPD have made adjustments to our

Drop-Off/Pick-Up procedures. Parents may now utilize the east curb on Canon to drop off or pickup their child. There will be a separate zone for buses south of the crosswalk, and a separate zone for automobiles north of the crosswalk.

Personnel will be posted at both crosswalks to ensure student safety. Drivers traveling south on Canon may drop their child off on the west curb of Canon, but please make certain to utilize the crosswalks to get across the street.

Sierra Briganti GRILLE

July Special:
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PANCAKES - \$8 Traditional pancakes served with fresh fruit	

Sierra Briganti is an authentic Italian restaurant specializing in homemade pasta dishes, fresh seafood, and freshly made desserts by our well trained and respected Chef.



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Weather Wise

6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 90s	Lows 60s
Mon:	Sunny	Hi 90s	Lows 70s
Tues:	Sunny	Hi 90s	Lows 70s
Wed:	Sunny	Hi 90s	Lows 70s
Thur:	Sunny	Hi 90s	Lows 70s
Fri:	Sunny	Hi 90s	Lows 70s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, September 8, 2015
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS



Regular City Council Meeting

September 8, 2015 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "05/05/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings

Thursday, August 6th, 2015, 7:00 pm
Planning Commission Meeting

Monday, August 17th, 2015, 6:00 pm
Police Services Proposal Review Committee Meeting

Thursday, August 20th, 2015, 7:00 pm
Planning Commission Meeting

Tuesday, September 8th, 2015, 6:30 pm
City Council Meeting

City Hall Hours - Monday - Thursday 7:30am - 5:30pm
Planning & Community Preservation and Public Works Service Hours
Monday - Thursday 7:30am - 2:00pm Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

Leonora Moss

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTS

With a heat wave approaching this weekend and into next week, please be sure to always LOOK BEFORE YOU LOCK! Never leave baby or pets alone in a car for any period of time. A great tip to help us remember is placing your purse or workbag in the back with baby or pets so you'll be sure to go to the back seat to retrieve it.



Rotary Club of Sierra Madre

Is known for its camaraderie (ComRotary).

If you have been thinking about making a difference

In your community, please join us for

Breakfast created by Chef Mario at

The Park Hart House,

222 W. Sierra Madre Bl.,

Sierra Madre, CA 91024,

Tuesdays, 7-8:30 a.m.

We have dynamic speakers each week.

For more info go to Facebook or Meetup



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.
THAT'S 85 YEARS OF COMMUNITY SERVICE!

WE MEET WEEKLY AT THE LODGE (FORMERLY

THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.

MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,

AND HAVE SOME FUN!

PREPARE YOURSELF FOR A VERY HOT WEEK!

When triple-digit temperatures register across Southern California and the County of Los Angeles Public issues a Heat Advisory for areas including the San Gabriel Valley it is important to remind residents of tips to stay cool and safe.

- Slow down, avoid strenuous activity. Do not try to do too much on a hot day.
- Wear lightweight, loose-fitting, light-colored clothing. Light colors will reflect heat and sunlight and help maintain normal body temperature.
- Protect your face with a wide-brimmed hat.
- Drink plenty of water regularly and often, even if you do not feel thirsty.
- Stay hydrated.
- Stay indoors as much as possible. If you do not have air conditioning, stay on your lowest floor, out of the sun or go to a place where you can get relief from the heat, such as air conditioned, library, theaters and other community facilities that may offer refuge during the warmest times of the day.
- Electric fans do not cool the air, but they do help evaporate perspiration, which cools your body.
- Cover windows that receive morning or afternoon sun with drapes, shades, awnings or louvers. Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.

- Check on family, friends and neighbors.

If you believe you, or anyone you are with, is experiencing a heat-related medical emergency, promptly call 911, and if possible, move to a cooler place.

AIR CONDITIONED CITY FACILITIES
(Sierra Madre)

If seniors and other residents do not have air conditioning in their homes, the City welcomes them to visit one of the following City facilities to stay cool.

Hart Park House Senior Center – 222 W. Sierra Madre Blvd. – Monday through Thursday, 10:00am-2:30pm

Sierra Madre City Hall – 232 W. Sierra Madre Blvd. – Monday through Thursday, 7:30 am to 5:30 pm

Sierra Madre Public Library – 440 W. Sierra Madre Blvd. – Monday through Wednesday, 11am to 8 pm, Thursday & Friday, Noon to 6 pm and Saturday, 10:00 am to 6:00 pm

TECH TREK "CAMPER" TO TAKE THE SPOTLIGHT
AT ARCADIA AAUW MEETING

They are eighth-graders now, but they have already been to college! Ten local middle-school girls that attended Tech Trek Science/Math Camp on the Whittier College campus this past June will bring highlights of their week's camp experiences to the Monday, September 14 meeting of their sponsors, the Arcadia Branch of the American Association of University Women (AAUW). By attending classes, doing hands-on experiments, taking field trips, and hearing from professionals, the young women learned that women do work in STEM careers—the fields of Science, Technology, Engineering, and Math.

Hearing from the girls is pleasure enough, but as a bonus, the audience will also hear from guest speaker Adriana L. Oliveres Romero, a doctoral candidate from UC-Irvine, whose career path in environmental sciences has led her to do research and experimentation on fungi in remote forests of Alaska. A dynamic, stimulating speaker, Adriana delighted the Arcadia Branch as guest speaker at its May luncheon meeting. Her fellowship at UC-

Irvine is partially funded by AAUW through its AAUW Funds project which supports women in research and advanced studies.

The Arcadia Branch AAUW meeting will take place in the Church of the Good Shepherd's Jordan Hall, 400 West Duarte Rd., Arcadia (SW corner of Duarte Rd. and Holly Ave.). The meeting is open to the public at no charge, and ample parking is available in the church parking lot. Members and guests are cordially invited to come for socializing and refreshments at 6:30 p.m. and to meet the Tech Trek girls and their families. The program will follow at 7:00 p.m.

Membership in the American Association of University Women is open to women and men holding a university or college degree, as well as to those with an Associate of Arts degree or its equivalent. For more information, please call Tamara Kato at (626) 375-6756 or Patricia Dietrich at (626) 446-8437.

SHARE SOME GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtvnews.com. It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/Publisher MVNews

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SIERRA MADRE

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EXPLORE BACKSTAGE AT THE SIERRA MADRE PLAYHOUSE!

On Wednesday evening September 9th, the Sierra Madre Historical Preservation Society will present an evening dedicated to the history of Sierra Madre's major downtown landmark and source of community pride, the Sierra Madre Playhouse. The Playhouse's own Ward Calaway will give a talk about the building's past, and all that happened within its walls, and there will also be a backstage tour which you do not want to miss! The details are below.

You know the Playhouse stages live theater now, and you may know it was a movie house in its past. But that's not all. Built in 1923, it has had other incarnations over its lifetime. And theater in Sierra Madre did not begin when the Playhouse was built... Sierra Madre has always attracted creative citizens who loved the arts, and they did not neglect the thespian arts, staging performances here and there around town. You will hear a bit about those too. What will you see in the backstage tour? There's the

fun and funky Green Room, the dressing room, and all the levers and wires and exciting bits that make it all possible. You will have the opportunity to stand on the stage and look out over the seats, seeing what the players see. You will also be surprised at what the players see in their peripheral vision, things hidden from the audience.

The backstage area, which leads to the stage, is accessible from a side door, so you don't have to clamber up on the stage to see everything. A play will be running (Always...Patsy Cline will be ending its successful run soon), so you will be standing in a real working set.

The details: Wednesday, September 9th at the Playhouse, 87 W. Sierra Madre Blvd. 7:00 p.m. \$5 members; \$10 non-members. Reservations not required. Questions? Contact Maggie Ellis 355-7074 or MaggieEllis04@msn.com. Or visit our website smhps.com

SIERRA MADRE POLICE BLOTTER

During the week of Sunday, August 9th, to Sunday, August 16th, the Sierra Madre Police Department responded to approximately 264 calls for service.

Tuesday, August 11th

At 6:45 pm, Sierra Madre Police responded to Memorial Park after being flagged down by a citizen. The citizen informed Officers that a group of juveniles appeared to be smoking in the park. When Officers approached the group, they discovered a blue container of marijuana on the ground next to a backpack. One of the juveniles informed Officers that the marijuana was his. Officers ultimately confiscated the marijuana, a glass pipe, and unrolled tobacco. The juvenile was cited and released to his parent.

Thursday, August 13th

At 8:48 pm, Sierra Madre Police responded to the station lobby regarding annoying cell phone texts. The victims informed Officers that they had been receiving messages from the victim's ex-girlfriend's mother. The victim's mother stated that her son recently broke up with the subject's daughter, and when he arrived at a residence earlier that day to pick up a piece of property, his property was nowhere to be found. The victim claimed that the ex-girlfriend's grandfather was present and offered him \$40 for the misplaced property. Later that evening, the victim's mother received text messages from the ex-girlfriend's mother. The messages were derogatory towards the son, and stated he had caused her daughter to get arrested recently and that he stole the money that was said to have been given to him. The victim ignored the messages but they continued to come and became more derogatory and threatening. The victim

responded to the mother to stop messaging and attempting to contact her and her son or she would go to the police. When the ex-girlfriend's mother refused to leave them alone, the victims reported the incident to Officers. This case has been forwarded to the Detective Bureau for further investigation.

Saturday, August 15

At 12:16 am, Sierra Madre Police responded to the area of Mt. Wilson Trail and East Mira Monte regarding a report of a reckless driver. It was reported a truck was driving at a high rate of speed with several teenagers in the truck bed screaming and yelling. Officers quickly located the vehicle and observed two males in the truck and two others outside of the truck, which was parked behind a passenger vehicle. Officers also noticed a case of beer in front of the left side of the passenger vehicle, and as the patrol vehicle approached the teenagers, the two males outside of the truck got into the passenger vehicle and attempted to run over the case of beer. Officers stopped the vehicle and questioned all four males. After the Officers determined the two males in the passenger vehicle were not involved in the incident and released them, they questioned the two males in the truck. As Officers continued their investigation they located several unopened beer cans. The driver of the truck admitted that the alcohol belonged to him, including the case that was left in the street. The Officers performed a field sobriety test, and after determining the underage teen was not under the influence of alcohol, Officers cited him for possession of alcohol by a person under 21 and possession of alcohol in public. Officers seized the alcohol to be disposed of, and released the two men.

Walking Sierra Madre...The Social Side

by Deanne Davis

This week, this quote fits perfectly!

"August in sub-Saharan Los Angeles is one of the great and awful tests of one's endurance, sanity and stamina." Henry Rollins

The beginning of last week was really pleasant. Then came the 100+ degree days when we could honestly say, "These are the times that try men's (and women's and children's and dogs and cat's) souls." Of course, when Thomas Paine said that in 1776, he wasn't talking about the weather. Walking Sierra Madre has been a challenge when it's in the mid-70's at six in the morning. It's better now, but the garden damage is extensive...and painful. The azaleas and roses are burnt and will require surgery. The new gardenias we put in a couple of weeks ago did great and the Gerbera daisy is actually blooming. All the succulents look fabulous and we don't look at the lawn anymore. You probably don't either. Have you noticed the crepe myrtle trees all over town? They look gorgeous, especially the deep pink ones. I'm giving up on some of the roses and putting in a crepe myrtle. We've been fighting the spider mites for years and I'm just going to concede victory to them. Little stinkers! I've sprayed everything but Chanel #5 on them and they just lap it up.

Delighted to see the work finally starting on the City Hall Re-Landscaping project to make it more drought-resistant with low-water gardens. Looking forward to seeing the finished product, which will inspire us all to new heights of garden ingenuity. I keep trying to get down to OSH to buy some bags of wood chips which will save us some water. Maybe this week.

We have a new florist in town. Her name is Kiwi Feng and her shop is Ev80 Floral Design. She's across the street from Congregational Church and right next to Left Coast Scooters. She has some lovely arrangements in her case and can do any kind of event for you. Her address is 185 W. Sierra Madre Blvd. Kiwi's shop is named for her life philosophy which is, "Do the things you like, even at the age of 80!" Take a look at her website: www.ev80floral.net. Kiwi is originally from China and like everyone who works or lives in Sierra Madre, she loves it here. Stop

in and say hi.

I'm sure you've noticed there's a movie going on, which is always good news for our town as these fine folk have to buy permits and bring in great bunches of crew people who need to indulge their Starbucks latte addiction, grab a bite to eat at Beantown while they're filming in front of it, shop a little and, hopefully, leave a lot of their dollars here. Rumor has it it's a murder mystery starring Katherine Heigl. "Unforgettable" is the title and we all need to mark our calendars for a year or two from now when it's released. They were shooting at Les Champs Elysees on Tuesday and laying cables across Baldwin late Tuesday afternoon. The movie company has a really cute farmer's market thing set up in Memorial Park and every day they're in town makes me smile. Ka-ching! Ka-ching!

Thinking of movies in Sierra Madre, how many can you remember? Of course, the most famous one, Invasion of the Body Snatchers with the pod people in Kersting Court. Pioneer Cemetery has appeared in a bunch of films. Laura Palmer's funeral in Twin Peaks was shot there. We especially liked Family Plot, directed by Alfred Hitchcock, which had a lot of footage in our cemetery. There was a TV movie starring Olympia Dukakis shot right across the street from us and the film company brought everybody on the street a cute basket of muffins. Nice. Sgt. Bilko, with Steve Martin was partially filmed by Happy's Liquors and there are so many more. It's kind of neat to see those big trucks roll into town. Wonder if they need any extras?

And to end on the happiest note possible, school has started! May all the returning scholars have the best year ever. We have a new second grader, a new kindergartener, a new PCC Freshman, and a Junior at USC in various parts of our family.

"The best teachers teach from the heart, not from the book." Anonymous

May all your children's teachers this coming year be just like that.

My book page: Amazon.com: Deanne Davis

Blog: www.authordeanne.com

"Tablespoon of Love, Tablespoon of Laughter" is available there...

An excellent graduation or wedding gift, by the way!

DEDICATION OF THE DROUGHT RESISTANT LANDSCAPING AND SPEED LEARNING WORKSHOP AT CITY HALL



Sierra Madre, CA. - August 18, 2015 - Please join the City of Sierra Madre and the Sierra Madre Garden Club for the dedication of the new Sierra Madre Civic Center landscaping project! The project has been designed and coordinated through volunteer efforts and is being funded through community donations and a grant from the San Gabriel Valley Municipal Water District. The landscaping is designed to reflect an authentic California aesthetic perfect for the city's climate and distinctive interests; it features the latest in irrigation technology, a wide variety of beautiful native blooms and foliage, and charming permeable walks.

Refreshments will be served from 9am to 9:15, when the dedication will take place. The formal ceremony will be followed by a 2-hour Speed Learning Workshop hosted by FormLA which will cover everything you need to know to create an aesthetic authentic to Sierra Madre for your home. There is a suggested donation of \$20 per family to attend the Speed Learning Workshop, proceeds will go towards the planting of the new drought resistant landscaping. The Workshop will cover:

Authentic California Landscape Design

FormLA Landscaping experts will discuss what is in and what is out when it comes to landscaping Los Angeles in drought. They will share the key features of an authentically-LA landscape and provide tours of the new Sierra Madre City Hall Garden.

- Cassy Aoyagi, president, FormLA Landscaping
- Isara Ongswiseth, co-designer, FormLA Landscaping

California Native Plants

Developing an authentic, drought tolerant, landscape requires use of climate compatible materials. While natives of Australia, Chile, the Mediterranean Basin, and South Africa meet this criteria, California natives provide some unique advantages. Learn how planting



native can save the world... or at least Los Angeles.

- Kitty Connolly, executive director, Theodore Payne Foundation for Wildflowers and Native Plants

The Latest Watering Infrastructure

Effective water infrastructure is the Spanx of landscaping: you can have the prettiest design and materials, but a solid structure is needed to carry off the look. Industry experts will showcase how to deliver just the right amount of water to your landscape.

- Raul W. Gonzalez, vice-president, industry relations, Ewing Irrigation and Landscape Supply
- Bill Millward, district manager, Netafim

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GOLDEN STATE COIN SHOW

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Pasadena News Briefs

Altercation with Homeless Man Leads to Murder

A 39-year-old transient was arrested Sunday for homicide in connection with an altercation in a South Fair Oaks Avenue parking lot that left another man dead.

According to police they received a call of a man lying unconscious on the ground in a parking lot in 500 block of South Fair Oaks Avenue about 9:35 p.m. The man later died as paramedics tried to resuscitate him.

Police later located Manuel Castillo in the 400 block of South Arroyo Parkway in connection to the dead of the unidentified 64-year-old man. Castillo was being held on \$1 million bail.

Anyone with information is asked to contact Detective Bundy at (626) 744-4511.

Two Pasadena Residents Robbed Using ATMs

In separate instances, two people, in as many days, were robbed while withdrawing cash from an ATM machines in Pasadena.

The first instance, a woman was robbed Sunday night after a man hit the withdrawal button as the victim finished using an ATM machine shortly before 10:30 p.m. in the 800 block of East Colorado Boulevard. As the woman tried to reach of the money the man grabbed about \$200 and ran.

In another robbery Tuesday night on Washington Boulevard a masked gunman robbed a Pasadena man as he used the ATM. The man gave the robber \$340 in cash, his wallet and keys according to police.

Anyone with information is asked to call police at (626) 744-4241.

Police Respond to Multiple Shots Fired, No Victim Found

Police responded early Saturday morning to multiple calls of gunfire in Northwest Pasadena, and although, no suspects or victims were found, police recovered more than 20 bullet casings in the street.

According to police, they started receiving 911 calls, about gunfire near Penn Street and Marengo Avenue around 12:45 a.m. Police at the scene found numerous large-caliber bullet casings littering the street. Anyone with information is asked to call police (626) 744-4241.

Pet of the Week



Hector (A383242) is a 2-year-old male, gray and white Pit Bull Terrier. He is a calm, sweet boy who likes a good back scratch! This clever and affectionate fellow already knows his "sit", walks well on a leash, and loves spending time with people.

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday - Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



The Paseo Welcomes New Development

\$70 million investment in Paseo Colorado combines new retailers, condos and a six-story, 179-room Hyatt Place hotel.

Pasadena Mayor Terry Tornek, District 6 Councilman Steve Madison and representatives from DDR Corp took part Wednesday in a groundbreaking ceremony to mark the beginning of redevelopment at Paseo Colorado to include, new retailers, a hotel and a new dinner theater concept called The Rose. The first phase of the project is to be completed in 2017.

According to DDR Corp. Spokesperson, Brandon Glenn, the redevelopment of Paseo Colorado will include two major components. The first involves the demolition of a 150,000-square-foot vacant space, previously occupied by Macy's. The Macy's building will be replaced with two new buildings.

"The \$70 plus million investment, in Paseo Colorado, combined with the addition of several new retailers, condos and the hotel, demonstrates the substantial appeal of the

Pasadena market," he said. "Pasadena, in general, and Paseo Colorado, specifically, are very attractive to a wide variety of successful and growing national retailers due to their strong demographics and unmatched location."

Glenn said one of the structures will be a six-story, 179-room Hyatt Place hotel on the south end of the site along East Green Street. The other will be a seven-story, mixed-use building on the north end of the site, along East Colorado Boulevard, and will include a mix of restaurant and retail space and 71 for-sale residential units.

The second phase of the project will be a broad shopping center upgrade that includes new storefront facades, walkways, lighting, flooring and landscaping throughout the property. The existing pedestrian walkway in the interior of Paseo Colorado will also be extended to the east to connect to Los Robles Avenue.

New retailers to the shopping center include Victoria's Secret, Chico's, Soma, White House/Black Market, West Elm and the dinner theater concept The Rose.

"The new tenants will complement the strong

lineup of existing retailers and restaurants, which includes ArcLight Cinemas, Tokyo Wako, Equinox, DSW, Coach, Yard House and Tommy Bahama," Glenn said.

CITY TO HOLD E-WASTE RECYCLING EVENT

Residents and businesses can safely dispose of electronic waste and have personal and business documents shredded at the City's popular e-waste event from 9 a.m. to 3 p.m., Saturday, Aug. 29, in Parking Lot I outside the Rose Bowl Stadium near Brookside Park, 360 N. Arroyo Blvd. The event is sponsored by the City's Department of Public Works.

Shredding trucks and e-waste collection sites will be arranged at different stations in Parking Lot I. Look for signs directing you to the event. Motorists and bicyclists are advised to use caution while traveling through the area.

E-waste items include computers, keyboards, printers, monitors, laptops, docking stations, scanners, shredders, fax machines, computer mice, telephones, televisions, flat screens, VCRs, DVD players, PDAs, cassette players, tape drives, stereos and household batteries. Many of these products have parts that can be recycled.

Public Works is also helping residents and businesses prevent identity theft by providing free paper shredding during the event. The public can bring a maximum of five legal-size boxes for shredding. Sensitive documents such as receipts, checks, pre-approved credit applications, credit card statements, outdated tax returns, pre-printed envelopes, return address labels and business cards are items that can be shredded.

For more information about the free e-waste collection and document shredding event, visit www.cityofpasadena.net/PublicWorks or call (626) 744-7311.

Altadena Concert, Whiskey Hayride

Sheriff's Support Group of Altadena presents Concerts in the Park. Whiskey Hayride will be performing free tonight at 7:00p.m. at Farnsworth Park, located at 586 Mount Curve Ave., Altadena 91001.

Whiskey Hayride is a country and classic rock band known for instrumental skills and vocal harmonies. The careers of its members intertwine over years and decades, and although Whiskey Hayride was formed only recently in 2013, the band has already played a number of high-profile events and venues, including the world premiere of the Trace Adkins movie, "The Virginian."

As a group, Whiskey Hayride's players offer a long list of collective credits, having performed with or opened for many well-known artists. Various Whiskey players have also been involved in a litany of local and road bands including Daze of Blue, Riders of the Purple Sage, Sedona, Red Simpson, The Showmen, Big Jay McNeely, Blades of Grass, Live Oak, Spectrum, Bonita Shortline, Northern Lights, and Squeeze Play.

Huntington Deals with Superbug Outbreak

Huntington Hospital officials alerted health authorities and patients Wednesday saying that a small number of patients may have come in contact with deadly bacteria found on medical scopes — the same type of scopes tied to superbug infections across the United States.

Hospital officials did not disclose the number of possible people affected but said in a statement that they were closely monitoring potentially affected patients and had quarantine suspected equipment. They also said the bacteria, Pseudomonas, had not been traced to a scope."

Officials said that emergence of drug-resistant microorganisms is a problem facing every hospital especially those using the duodenoscopes. Deadly antibiotic-resistant bacteria can become trapped inside the scopes.

According to reports, the Food and Drug Administration posted online Monday warning letters to Olympus saying the company knew about problems associated with the scopes. The FDA said Olympus waited three years before alerting federal regulators about 16

infections in 2012 related to their devices. The FDA said companies are required to report such injuries and deaths within 30 days.

The FDA gave Olympus, and two other scope manufacturers, Pentax Medical and Fujifilm, 15 days to respond to violations found after inspecting their facilities. The letter was dated Aug. 12.

"This issue is receiving the highest level of attention at Olympus," the company wrote in a letter to healthcare professionals, patients and family members. "We are committed to understanding the potential root causes and are partnering with authorities and other stakeholders to address the causes to continually enhance safeguards."

In February, the Olympus duodenoscopes were linked to the deaths of three patients at UCLA's Ronald Reagan Medical Center. In March, four other patients at Cedars-Sinai Medical Center became ill associated with a superbug and scopes.

Authorities said the antibiotic-resistant superbug found at UCLA and Cedar Sinai is not the same as bacteria found at Huntington Hospital.



Huntington Memorial Hospital

Supervisors Call for El Niño Preparedness Report

A motion by Mayor Michael D. Antonovich and Supervisor Hilda Solis directing county departments to report on the county's plan to prepare, respond and recover from the predicted El Niño weather event was unanimously approved Tuesday. The report will include the status of capacity at the County's flood-control facilities and a plan for maximizing storm water capture and retention.

"With a forecasted El Niño season approaching, we will be directing county departments to take every precaution necessary to protect life and property," Antonovich said.

"According to experts, satellite measures show that this El Niño is expected to be more powerful than previous ones, and we need to be ready," said Supervisor

Solis. "With a 85-90 percent chance of El Niño hitting this winter or next Spring, we need to evaluate the health of our first responders and have a plan in place to deal with damages that El Niño will incur to our region."

The National Oceanic and Atmospheric Administration's (NOAA) Climate Prediction Center, there is greater than a 90% chance that El Niño will hit this winter and around an 85% chance it will last into early spring. The NOAA also predicted that this El Niño could rival the intensity of the record 1997 event that wreaked weather-related havoc across the globe, causing 17 deaths and more than half a billion dollars in damage in California.

Free Upcoming Events at Pasadena Senior Center



There is something for everyone in July at the Pasadena Senior Center, 85 E. Holly St. All events listed are free.

Smart Phones, Tablets and Computers - Any Questions? - Tuesdays and Thursdays at 10 a.m. through Aug. 27. Get the answers you need about technology devices, whether you own your own already or are considering a purchase. Learn how to text, check voicemail, set an alarm, navigate the Internet, download apps and more.

Pinochle - Tuesdays and Thursdays at noon through Aug. 27. Everyone is invited to play one of the most popular card games in North America. Join other players at all levels and make new friends. For more information call 626-584-0413 by

Concerts in Memorial Park - Tuesdays, from 6 to 7 p.m. through Aug. 27. The band shell at Memorial Park, adjacent to the Pasadena Senior Center, will

be hopping with entertainment this month! Aug. 4: Billy and the Hillbillies. Aug. 11: Inca, the Peruvian Ensemble. Aug. 18: Lisa Haley and the Zydekats. Aug. 25: Alan Chapman's Movie Music Magic. Bring a picnic or purchase dinner at the BBQ snack bar. Everyone of all ages is welcome.

Transportation Programs: Dial-A-Ride and Access Services -- Thursday, Aug. 27, at 10 a.m. Getting around town without driving is easier if you know your options. Representatives from the City of Pasadena Dial-A-Ride program, which also includes Pasadena ARTS buses, plus Los Angeles County Access Services will explain how to use these programs and will answer questions.

For more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

AROUND SAN GABRIEL VALLEY



NEW FOOTHILL GOLD LINE DEDICATED IN DUARTE

By Joan Schmidt

Saturday, August 15 was a VERY EXCITING day at 1777 Duarte Road, across from the City of Hope. The new Foothill Gold Line Duarte/City of Hope Station was dedicated. Although it was an unbearable HOT day, nearly 400 attended, including Congresswoman Grace Napolitano, State Senator Carol Liu, Assemblymen Roger Hernandez and Chris Holden, LA County Supervisor

Mike Antonovich, City of Hope President/ CEO Robert Stone, Construction Authority Vice-Chair/ Claremont Mayor Pro Tem Sam Pedroza, Metro CEO Phil Washington, and Metro Board Member/ Glendale Mayor Ara Najarian. Duarte was represented by its Mayor Tzeitel Paras-Caracci, and the entire City Council, including John Fasana a Metro and Foothill Gold Line Construction Authority Board Member. (Many don't realize Mr. Fasana's role in the great sound walls along the Freeway.) Also attending were City Manager Darrell George, Deputy City Manager Karen Herrera and School Board Members Reyna Diaz and Tom Reyes. From neighboring Monrovia- past Mayor Mary Ann Lutz, Mayor Pro Tem Becky Shevlin, Council Member Larry Spicer and City Manager Oliver Chi. (Special thanks to Habib Balian, Karen Herrera and Mary Ann Lutz for awesome photos.)

All who spoke praised this on-time within- budget project and the leadership of the Foothill Gold Line Construction Authority CEO Habib Balian and his team. I can personally vouch for Mr. Balian's outstanding leadership, reports on the progress of various phases and the accessibility to the public. For over a year that I attended Arcadia's Government Forum meetings, Habib was there with handouts, a report and ready to answer all questions. Congresswoman Napolitano said, "I don't have to tell you



what this means to the region."

Duarte Mayor Tzeitel Paras-Caracci said, "It is an important day for Duarte and the San Gabriel Valley...take a moment and stare ahead and know you are looking into the future."

The Metro Gold Line runs between Pasadena and East Los Angeles. The first phase of expansion is the almost-completed 11.5 mile route between Pasadena and Azusa, expected to be completed in late September, with service beginning next year. Later this month and next month, stations will be dedicated in Monrovia, Arcadia, Irwindale and Azusa. The \$950 million was funded

entirely though LA County's Measure R.

The second phase of the Foothill Gold Line will extend service from Azusa to Montclair with stops at Glendora, San Dimas, La Verne, Pomona and Claremont. The \$1 billion in needed funding for the second phase of expansion is still being sought. Once secured, ground could be broken on the second expansion project in 2017, with completion expected in 2023. Both Congresswoman Napolitano and Senator Lui want it extended to Ontario Airport.

Please visit www.foothillgoldline.org for further information.

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REP. NAPOLITANO ATTENDS ROSE HILLS RECYCLED WATER PROJECT GROUNDBREAKING CEREMONY

(Whittier, CA) Today, Rep. Napolitano (D-El Monte) attended the groundbreaking ceremony for the final phase of the Recycled Water Project at Rose Hills Memorial Park and Mortuary, calling for more investment in recycling projects across the region.

"We congratulate Rose Hills on this critical water recycling project which will improve water efficiencies during this drought and for our future," Napolitano said. "Water recycling is the most cost effective way to improve water supply within our region, and we must encourage more San Gabriel Valley businesses to make similar investments."

Upon completion of its project—targeted for Q4 of 2015—Rose Hills Memorial Park and Mortuary will use 100% recycled water for irrigation and landscaping maintenance. Others participating in the groundbreaking were Bruce Lazenby, Executive Director of Business Development, Rose Hills; Pat

Monroe, President, Rose Hills; Fernando Dutra, Mayor, City of Whittier; Ann Heil, Section Head, Monitoring, Sanitation Districts of LA County; Sarah Rascon, Office of Assemblymember Jimmy Gomez; and Mike Touhey, Board President, Upper San Gabriel Valley Municipal Water District.

Napolitano, a strong supporter of water recycling projects throughout her years in Congress, has introduced H.R. 291, the Water in the 21st Century Act, which would provide \$700 million in grants and \$500 million in loans for water recycling, groundwater management, stormwater, and water infrastructure projects. She is the Ranking Member of the House Transportation and Infrastructure Subcommittee on Water Resources and Environment and a current member and former Ranking Member of the House Natural Resources Water and Power Subcommittee.

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Any purchases made from Room 13 artists directly benefit Room 13, and Hoopla! Emporium will give back 20% of store purchases!

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Artists William Attaway and Ngene Muwara will be at



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THE CITY OF ARCADIA RECREATION AND COMMUNITY SERVICES DEPARTMENT FALL 2015 REGISTRATION!

Pick up the latest copy of "The Peacock Buzz" to find out what is going on in the City of Arcadia! Copies are available at the City of Arcadia Recreation Office, Library and City Hall. For specific class information or registration forms go to the City's website at [HYPERLINK "http://www.ci.arcadia.ca.us"](http://www.ci.arcadia.ca.us) www.ci.arcadia.ca.us under Recreation and Community Services Department.

Registration for classes and activities begins on-line August 17, 2015 for residents only! You can register by walking in, mailing, and faxing beginning August 24, 2015! Try something new this fall or sign up for your old favorites. For questions and on-line Log-in ID information for active accounts, please contact the Recreation Department at 626.574.5113. For new registrants, please remember to include your proof of residency/ child's birth with your forms and on-line submittals. This information is required and will delay the process if not provided.

Activities fill up quickly so get your registration requests in to assure your spot! The Recreation and Community Services Department is located at 375 Campus Drive, Arcadia 91007.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

FREE PARKINSON'S DISEASE SUPPORT GROUP

Meets 3rd, Friday of each month, August 21, September 18 and October 16

Place: Arcadia Community Center, 365 Campus Drive, Arcadia, Time: 1:30-3pm

Arcadia Senior Services in collaboration with and Neurosearch, Inc. of Pasadena is providing a FREE Parkinson's Support Group for individuals with movement disorders and their family/friends or individuals interested in learning about Parkinson's disease. Light refreshments will be served. Walk-ins are welcome and reservations are preferred, please call 626.574.5130

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

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ARCADIA POLICE BLOTTER

For the period of Sunday, August 9th, through Saturday, August 15th, the Police Department responded to 1,125 calls for service of which 117 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, August 9:

Just before 11:50 a.m., an officer responded to Hai Di Lao Restaurant at the Westfield Shopping Town, 400 South Baldwin Avenue, regarding a petty theft report. The officer discovered an unidentified suspect picked up the victim's credit card that had been dropped by the waitress. The victim was informed by her bank that the suspect had charged approximately \$3,000. The investigation is ongoing.

The suspect is described as an Asian male wearing an orange shirt, pants, and sandals. He was accompanied by a female toddler.

At approximately 5:15 p.m., an officer responded to 24-Hour Fitness, 125 North First Avenue, regarding a vehicle burglary. An investigation revealed an unknown suspect smashed the driver's window and stole the victim's purse. No suspects were seen and no witnesses were located.

Monday, August 10:

At about 10:47 a.m., an officer conducted an enforcement stop on a vehicle in the area of Baldwin Avenue and the 210 Freeway for failing to stop at a red light. Upon contacting the driver, the officer discovered the driver had a suspended license. The 46-year-old female from Studio City was cited and released in the field. Her vehicle was left legally parked.

At approximately 7:50 p.m., an officer initiated consensual contact with a subject near the intersection of Huntington Drive and Santa Anita Avenue. The officer witnessed the 43-year-old female from Arcadia drink from a can that was concealed in a paper bag. Upon contacting the suspect, the officer detected a strong odor of alcohol emitting from her breath. She was cited and released in the field.

Tuesday, August 11:

Around 1:29 p.m., an officer responded to a residence in the 1200 block of Michillinda Avenue regarding a credit card theft report. The victim believes the suspect accessed her hotel room while visiting Yosemite, wrote down the account number of her credit card that was in plain sight, and attempted to make a purchase online. The bank declined the transaction. No suspects were seen and no witnesses were located.

Just after 8:47 p.m., an officer responded to a traffic accident in the intersection of Santa Anita Avenue and Campus Drive. Party-1 was travelling south on Santa Anita Avenue when they collided with Party-2, who was turning left from Santa Anita Avenue onto Campus Drive. Both parties claimed to have green lights. No injuries were reported although a city light pole was damaged.

Wednesday, August 12:

Shortly after 12:22 a.m., an officer conducted a traffic stop on a vehicle in the area of Las Tunas Drive and Live Oak Avenue for failing to have a front license plate on the vehicle. Upon contacting the occupants, the officer discovered the driver had a suspended license and one of the passengers was on probation for identity theft related charges. During a consensual search of the vehicle, the officer located methamphetamine, burglary tools, and drug paraphernalia. The driver, a 27-year-old male from South Gate, was arrested for the aforementioned charges. One of the passengers, a 40-year-old female from Huntington Park, was arrested for False ID To Peace Officer, Possession of Burglary Tools, and also had two outstanding misdemeanor warrants. The second passenger, a 27-year-old female from Bellflower, was arrested for Possession of Burglary Tools and Possession of Drug Paraphernalia. All three were transported to the Arcadia City Jail for booking.

At about 3:07 a.m., officers and Arcadia Fire responded to a residence on fire in the 700 block of Fairview Avenue. A preliminary investigation revealed the fire may have been caused by exposed wiring as the residence is being renovated. No injuries were reported.

Thursday, August 13:

At approximately 7:06 a.m., an officer responded to the area of Duarte Road and El Monte Avenue regarding a report of indecent exposure. The victim stated the suspect exposed himself while sitting in his gold, four-door sedan. The victim obtained the suspect's license plate and the vehicle is registered to a male out of

the City of West Covina. The investigation is ongoing.

Around 10:30 p.m., an officer responded to Drinkers Hall of Fame, 151 East Huntington Drive, regarding a fight in progress. The officer discovered that three to four suspects had started a fight with a group of three males. The suspects were gone upon the officer's arrival. The victims refused medical attention and declined prosecution.

The suspects are described as two white males and one suspect of Middle Eastern or Hispanic descent. All suspects were between the ages of 25 and 30-years-old.

Friday, August 14:

At about 9:28 a.m., an officer responded to the 600 block of West Duarte Road regarding a vehicle burglary report. An investigation revealed an unknown suspect smashed the rear passenger side window, stole the victim's purse, and fled undetected. No witnesses were located.

Just after 4:16 p.m., an officer responded to Bath and Body Works at the Westfield Shopping Town, 400 South Baldwin Avenue, regarding a grand theft report. The victim stated that when she turned around to pick up an item she had dropped, someone stole her iPhone from her stroller. No suspects were seen and no witnesses were located.

Saturday, August 15:

Just after 7:30 a.m., officers responded to the U.S. Forestry Headquarters, 701 North Santa Anita Avenue, regarding a suspicious subject performing tests on trees. Officers located the 59-year-old male from Sierra Madre with matches in his pocket and a pile of kindling, twigs, and sticks near the base of a large tree. The suspect is on parole for arson. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 8:37 p.m., officers responded to Macy's at the Westfield Shopping Town, 400 South Baldwin Avenue, regarding a kidnapping report. An investigation revealed a biological mother, who had lost custody of her son, followed her aunt and son to the mall and kidnapped the 3-year-old child. Following an Arcadia P.D. news broadcast and special bulletin, Los Angeles Sheriff Department deputies located the suspect and child in Los Angeles. Arcadia officers arrested the 25-year-old female from Rosemead and transported her to the Arcadia City Jail for booking. The child was unharmed and released to DCFS.

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MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Driving Under the Influence/Traffic Collision – Suspect Arrested August 13 at 7:37 a.m., a traffic collision was reported at the intersection of Myrtle and Evergreen. A 20-year-old, male driver had exited the 210 Freeway and rear ended another vehicle waiting at the red light. The driver told police he fell asleep at the wheel. Through investigation, officers determined the driver had been drinking and was driving under the influence of alcohol; he was arrested and taken into custody.

Under the Influence of a Controlled Substance/Warrant – Suspect Arrested August 13 at 9:08 p.m., officers responded to a residence in the 200 block of Norumbega regarding disturbing subjects. While detaining the subjects, officers determined one of them was under the influence of narcotics. She also had an outstanding warrant for her arrest out of Arcadia Police Department. The subject was arrested and cited to appear in court for the drug offence from Monrovia and released to the custody of Arcadia Police Department on their warrant.

Warrant – Suspect Arrested August 14 at 7:23 p.m., Special Enforcement Team officers contacted a subject in front of a residence in the 200 block of Norumbega. A computer check revealed her to have an outstanding arrest warrant. She was taken into custody and held pending her court appearance. **Warrant** – Suspect Arrested August 14 at 8:13 p.m., Special Enforcement Team officers made contact with a subject at Primrose and Linwood. Investigation revealed he had an outstanding arrest warrant. He was taken into custody and held pending his court appearance.

Warrant – Suspect Arrested August 14 at 8:36 p.m., Special Enforcement Team officers stopped a vehicle in the 600 block of West Huntington for a traffic violation and contacted the occupants in the vehicle. One of the subjects was found to be in possession of an illegal substance and also had an outstanding arrest warrant. He was arrested and taken into custody.

Drunk in Public – Suspect Arrested August 15 at 12:24 a.m., officers made contact with a subject in the 100 block of East Lemon Avenue who was lying on the sidewalk. The officers determined he was too intoxicated to care for himself. He was arrested and held for a sobering period.

Driving Under the Influence – Suspect Arrested August 15 at 2:10 a.m., an officer conducted a traffic stop on a vehicle in the 200 block of West Lemon for a vehicle code violation. Through investigation, the driver was determined to be under the influence of alcohol and over the legal limit. He was arrested and held for a sobering period.

Robbery – Suspect Arrested August 15 at 5:55 p.m., officers responded to the report of a robbery in the 400 block of South Myrtle Avenue. The suspect entered a skateboard shop, picked up a skateboard and attempted to leave without paying. A female employee grabbed the skateboard and they struggled over it until the female employee fell to the floor. The suspect fled out the front door and dropped the skateboard outside the store. Special Enforcement Team officers observed a possible suspect matching the description inside a business on Myrtle. A 17-year-old male was detained and was positively identified by witnesses as the suspect. He was arrested, taken into custody, and later released to a parent.

Under the Influence of a Controlled Substance/Warrant – Suspect Arrested August 15 at 5:19 p.m., Special Enforcement Team officers were dispatched to a location in the 200 block of Grand Avenue regarding a disturbing subject. Investigation revealed the subject was under the influence of a controlled substance. He was arrested and taken into custody. He also had an outstanding warrant for his arrest, which was added to his charges.

Grand Theft Auto Recovery – Suspect Arrested August 16 at 8:50 a.m., dispatch alerted officers of a stolen vehicle and broadcast the description. The vehicle was located at Huntington and Mayflower and a short pursuit ensued. The suspect abandoned the vehicle in the 200 block of West Walnut. Officers set up containment of the area, and a coordinated response resulted in the capture of the suspect. No property was damaged and no officers were hurt. The suspect lost his shoes while he was running and lacerated one of his toes. The suspect was arrested and the vehicle was recovered. **Medical Assist** August 16 at 5:20 p.m., officers responded to a business parking lot in the 100 block of West Foothill on the report of a female sitting in her vehicle with the engine off and the windows rolled up in the heat. Officers arrived and found the female unresponsive and the doors of the vehicle were locked. The

officers broke a window to gain access to the driver. Paramedics treated and transported the female to a hospital. Relatives were notified and took custody of the vehicle.

Traffic Collision/Driving Under the Influence – Suspect Arrested August 16 at 5:47 p.m., officers were dispatched to traffic collision that occurred in at California and Olive. Investigation revealed the driver who caused the collision was intoxicated. A passenger in one of the vehicles had minor visible injuries and was treated by paramedics at the scene. The suspect was arrested for felony driving under the influence causing injury and his vehicle was impounded.

Battery – Suspect Arrested August 16 at 11:19 p.m., a battery incident was reported in the 400 block of Cloverleaf. Officers arrived at the residence and found a mother and daughter were involved in a fight. The investigation revealed the daughter had battered her mother to gain control of her cell phone. She was arrested and taken into custody. **Warrant** – Suspect Arrested August 16 at 11:41 p.m., officers conducted a traffic stop on a bicyclist at Mountain and Royal Oaks. A computer check revealed the subject had multiple outstanding warrants for his arrest. He was arrested and held pending his court appearance.

Drunk in Public – Suspect Arrested August 17 at 5:48 a.m., Monrovia Fire Department requested police assistance regarding a subject found lying on the ground in front of a business in the 600 block of West Huntington Drive. The subject was too intoxicated to care for himself and was arrested. He was held for a sobering period.

Injury Traffic Collision August 17 at 1:15 p.m., an injury traffic collision was reported at California and Evergreen. A driver turned in front of an oncoming vehicle and was broadsided. The airbags deployed in the driver's vehicle. The driver sustained minor injuries and was taken to a hospital for treatment. **Grand Theft** August 18 at 11:10 a.m., the theft of a catalytic converter was reported in the 500 block of West Duarte Road. The victim went to the vehicle to go to work and realized the catalytic converter had been removed sometime over the previous 10 hours. The investigation is continuing.

Grand Theft Auto Recovery/Transportation of Narcotics for Sales – Suspects Arrested August 19 at 12:10 p.m., police were notified of a suspicious vehicle traveling north in the 2000 block of South Myrtle. They located a vehicle matching the description at Myrtle and Huntington. A computer check revealed the vehicle had been reported stolen. Officers attempted to stop the vehicle; however, the male driver, along with his two male passengers, evaded officers by traveling at a high rate of speed west on Huntington Drive. They were forced to stop on Huntington due to traffic at a red light. When they stopped, the two passengers exited the vehicle and laid face down in the street. Once the traffic cleared, the driver accelerated forward, running over the leg of one of his passengers. The Foothill Air Support Team helicopter followed the suspect vehicle to where it collided into a wall at a dead end in the 500 block of West Olive Avenue. The driver threw a black backpack out of the vehicle and then gave up. Officers recovered the bag, which contained a large quantity of methamphetamine and liquid GHB. The driver admitted he and the passengers were transporting the narcotics to sell. The driver was arrested and the vehicle was impounded. The driver was charged with possession of narcotics for sale, felony hit and run, felony evading, and driving a stolen vehicle, as well as having a no-bail felony warrant. A warrant was obtained to search the vehicle. Officers located an additional large quantity of methamphetamine in the trunk of the vehicle inside luggage. The injured passenger told police that the luggage belonged to the non-injured passenger. The non-injured passenger was charged with possession of narcotics for sale. The injured passenger was taken to a hospital for treatment and will not be charged at this time.

Residential Burglary August 19 at 11:26 p.m., a residential burglary was reported in the 600 block of Shady Oaks. The victim left the house at 5:30 p.m. to do errands and have dinner, and thought the front door was locked. When the victim returned home at around 11:20 p.m., they found the front door unlocked and two upstairs bedrooms ransacked. The loss is undetermined at this time. There were no signs of forced entry into the home. This investigation is continuing.

Residential Burglary August 19 at 11:47 p.m., officers responded to the report of a residential burglary in the 300 block of North Grand Avenue. The victim left home at 5:00 p.m. and locked the front door. When they returned home at around 11:30 p.m., they discovered the front door open and the window next to the door had been shattered. A video game console was taken, along with several video games. The investigation is continuing.

OVERVIEW OF MONROVIA RENEWAL PROJECT AND THE UPCOMING PROPOSITION 218 PUBLIC HEARING REGARDING WATER AND SEWER RATE ADJUSTMENTS SCHEDULED FOR OCTOBER 6, 2015

One of the major initiatives that staff has been working on of late is the development of a comprehensive citywide Capital Improvement Project (CIP) initiative known as Monrovia Renewal. The overall project is estimated to cost around \$51.7 million and involves the following:

Repair / replace every street with a pavement condition index (PCI) rating of less than 70

Repair / replace all necessary water transmission pipes and water production facilities

Repair / replace all necessary sewer lines

Development of the overall Monrovia Renewal project has occurred systematically during the past several months. Initially, the City commissioned a Pavement Condition Index (PCI) study to determine the overall condition of Monrovia's street infrastructure. Subsequently, the City commissioned three master plan studies for street reconstruction, sewer system improvements, and water system improvements. Once the studies were completed, the plans were merged to develop the overall Monrovia Renewal proposal. The overall plan coordinates the identified infrastructure improvements throughout the City into six separate project areas (North, North East, North West, South East, South West, and South), and based on current timelines, construction is anticipated to begin in the first quarter of 2016, with the balance of the work identified for completion within next 3-5 years.

Pursuant to that plan, the estimated costs associated with the Monrovia Renewal CIP Plan include the following:

Street Repairs: \$14.8 million

Water System Repairs: \$23.3 million

Sewer System Repairs: \$13.7 million

In order to pay for the proposed project, staff has developed a three-tiered funding option that we are currently working to finalize.

For the streets plan, the City will be utilizing our existing Proposition C and Measure R funds to raise the necessary capital to repair the streets that have a PCI rating of below 70.

Regarding the water system repairs that have been identified, staff has recommended a water rate adjustment be implemented to raise the funds needed for the identified improvements. Based on the plan that has been proposed, the typical single-family residence

would see a \$10 / month increase.

Finally, with regard to sewer system repairs that have been identified, staff has recommended that a sewer rate adjustment be implemented to raise the funds needed for the identified improvements. Based on the plan that has been proposed, the typical single-family residence would see a \$4 / month increase.

This overall funding plan has identified that all of the projects outlined in the Monrovia Renewal CIP Initiative (\$51.7 million of projects) could be executed at a total cost of around \$14 / month for the typical single family residence.

More recently, on August 4, 2015, the City Council called for a Proposition 218 Hearing to be held on October 6, 2015. At that Proposition 218 Hearing, the City Council will be considering the implementation of a new water rate schedule and a new sewer rate schedule which if implemented, would combined cost the typical single-family residential ratepayer around \$14 / month.

Pursuant to Proposition 218, in order to implement the proposed water and sewer fee adjustments, the City will be following the majority protest proceedings identified by Proposition 218. By way of background, in November 1996, California voters approved Proposition 218 which requires specific procedures be followed with regard to "property-related" fee adjustments, including water and sewer related costs.

What this means is that all water rate customers and sewer rate customers will be receiving a notice in the mail this week which outlines additional details related to the proposed water rate and sewer rate adjustments. The notices will include details related to the Proposition 218 Public Hearing, the reasons for the rate adjustments, and information regarding how customers can participate in the process. In addition, the notices outline that the overall proposed sewer and water rates include a provision that provides for a senior rate discount and economic hardship rate discount.

The Monrovia Renewal CIP Initiative is an important project for our entire community, and the City has spent significant time and effort to thoughtfully craft a program which balances economic considerations with important infrastructure related priorities. If you should have any questions regarding this matter, please feel free to contact our Public Services Department at (626) 932-5575.



2015 SUMMER CONCERT SERIES

Last week, our Public Services Department coordinated the kickoff for Monrovia's 2015 Summer Concert Series as participants were able to enjoy the smooth sounds of Big Papa & the TCB! Throughout the summer, everyone is invited to come to the Rotary Club Bandshell at Library Park each Sunday from 7:00 p.m. to 8:30 p.m. for an evening of free musical entertainment.

The musical act this Sunday, July 26, 2015, will feature the classic rock sounds of The Bulldogs Classic Rock Band, and the schedule for the rest of the summer includes:

§ August 23 - Pickleback Shine - Today's Country Music
§ August 30 - Yari More Latin Band - Latin/Salsa Music

For additional information, please contact the Public Services Department at (626) 256-8246.

CITY OF DUARTE HONORED THE 50TH ANNIVERSARY OF THE PASSAGE OF VOTING RIGHTS ACTS OF 1965

DUARTE, CA, August 17, 2015 – The Duarte City Council honored the 50th Anniversary of the passage of the Voting Rights Act of 1965 at its recent August 11th meeting. At the meeting, the Council unanimously adopted a Proclamation detailing the original Act and its purpose to enforce voting rights of all persons as guaranteed by the US Constitution. The Proclamation was presented to members of the Pasadena Branch NAACP including President Gary Moody, Executive Board Member Lois Gaston, ACTSO Co-Chair Karen Herrera and 2nd Vice President Marcus Jones.

The Voting Rights Act of 1965 signed by President Lyndon B. Johnson on August 6th was a milestone that specifically prohibited discriminatory voting practices from disenfranchising the nation's African American population. Since its passage, the Act has expanded its reach to also assist language minorities in the voting process by providing language specific election materials to jurisdictions with large minority populations.

For more information about this commemoration, visit [HYPERLINK "http://www.lavote.net"](http://www.lavote.net) www.lavote.net to view the actual amendment, passage timeline and examples of literacy tests that were required to be taken by African Americans at the time.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit [HYPERLINK "http://www.accessduarte.com"](http://www.accessduarte.com) www.accessduarte.com or call (626) 357-7931. Follow the City of Duarte on Twitter @CityofDuarte.

Open Hearts Open Studios Open Hoopla!

Along with the artists of Room 13, Hoopla! Emporium invites you to the Open Studios Alta/Pasa/Dena bi-annual art tour on June 6 and 7. See the art the kids of our local Room 13 schools (John Muir High, Elliot Middle School, San Rafael Elementary) have made!

Any purchases made from Room 13 artists directly benefit Room 13, and Hoopla! Emporium will give back 20% of store purchases!

Maps available at Hoopla! Emporium.

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For further information: www.openstudios.gallery

Artists William Attaway and Ngenge Mwura will be at

BETHANY CHRISTIAN SCHOOL WELCOMES WILLIAM D. WALNER, ED.D. AS

The School Board of Bethany Christian School is pleased to announce the appointment of William D. Walner, Ed.D., as interim principal of Bethany Christian School in Sierra Madre. Dr. Walner will begin his duties August 10, 2015.

Dr. Walner brings substantial leadership experience to Bethany Christian School with almost 40 years in the field of Christian education. Having completed his doctorate in Institutional Management at Pepperdine University, Dr. Walner served for 21 years as Associate Director for the Southern California Region of the Association of Christian Schools International (ACSI). While at ACSI, he managed the Academic and Fine Arts Events program, as well as accreditation services for ACSI member schools. He also represented ACSI as a Commissioner on the WASC Accrediting Commission for

Schools for four years.

His knowledge of and desire for educational excellence, and a deep love and dedication to Jesus Christ, are representative of Bethany Christian School's mission to partner with parents to educate, develop and nurture students for a life of Christ-centered excellence in academics, Christian character and servant leadership. He has stated, "This is my deep desire, to continually come to the Lord, in prayer and through His Word, to continually hear what He says, and then do it."

Born in Monterey Park, Dr. Walner has lived in Southern California most of his life. He has a Bachelor's in Music Education from Seattle Pacific University and a Master's in Christian School Administration from Biola University. Dr. Walner and his wife, Carol, have been married since 1980 and live in uptown Whittier.



BOSCO TECH INSTRUCTOR EARNS NATIONAL TEACHING AWARD

ROSEMEAD, CA—August 21, 2015—The ASM Materials Education Foundation and its Teacher Award Committee have named Don Bosco Technical Institute (Bosco Tech) instructor Jim Curiel as the recipient of the 2015 Kishor M. Kulkarni Distinguished High School Teacher Award.

The award was established in 2007 through a generous donation by Dr. Kishor M. Kulkarni, past trustee of ASM International, and his family to recognize the accomplishments of one U.S. high school teacher who has demonstrated a significant and sustained positive impact on pre-college-age students. This year's recipient, Jim Curiel, is chairman of Bosco Tech's Materials Science, Engineering & Technology (MSET). A devoted teacher and a proponent of STEM teaching, he consistently motivates and inspires his students toward higher education and professional opportunities. "What sets Mr. Curiel apart is his

passion towards the materials science, engineering & technology field and his students succeeding in all their classes," said Dustin Kelso, a senior enrolled in Bosco Tech's MSET program. "Mr. Curiel is true evidence in grooming young adults to become avid learners, all the while maintaining the love and understanding for the MSET field." Curiel, a 1973 Bosco Tech graduate, is a long time and active member of ASM International. His involvement includes serving on the Executive Committee of the ASM Los Angeles Chapter, instructing ASM Education courses, and organizing and hosting one-day materials camps for area middle school students. He also established the only student chapter of ASM International at the high school level.

ASM International, formerly known as the American Society for Metals, is a professional organization for materials scientists and engineers. Established in 1913, the society has 36,000 members worldwide. The Kishor M.

Kulkarni Distinguished High School innovative science, engineering,



Teacher Award will be presented at the ASM Leadership awards luncheon on October 5 during the annual Materials Science & Technology (MS&T '15) conference in Columbus, Ohio. Celebrating its sixtieth year, Bosco Tech is an all-male Catholic high school that combines a rigorous college-preparatory program with a technology-focused education. The

technology and math (STEM) curriculum allows students to exceed university admission requirements while completing extensive integrated coursework in one of several applied science and engineering fields. Visit www.boscotech.edu or call 626-940-2000 for more information.

DETECTING BODY IMAGE ISSUES IN YOUR CHILD

– TeenSafe Sheds Light on the Kind of Issues Teens Face and the Role Social Media Plays in Body Image –

What does your teen see when they look in the mirror? Body image encompasses what a person believes about their outward appearance, how they feel about their body and how they sense and control their movements.

Issues can occur when your teen starts showing signs of a negative body image, perceiving their body as something other than reality, convinced that their size or shape is a personal failure, or they feel ashamed, anxious or awkward about their

appearance.

"Shedding light on these issues, we created this guide to help parents understand and detect red-flags that may indicate their teen is struggling with body image issues," said Rawdon Messenger, TeenSafe CEO. "By monitoring their social media and online activity, parents can detect problems early and start a conversation with their child about self-worth."

When should I start looking for body

image issues in my child?

Body image issues are cropping up earlier and earlier with both genders subjected to unrealistic body images from a young age. The best time to deal with these issues is when you begin noticing signs of a negative body image in your child. Children who are immediately brought into a discussion, reassured of their worth and taught ways of improving their self-esteem are far less likely to fall victim to any of the problems that can arise from seeing too many of the

wrong images.

How does social media play into this issue?

As social media becomes increasingly influential in the lives of teens in this digital age, they often become consumed in the "cycle of selfies," editing, sharing and comparing highly-filtered photos, creating a culture of comparing themselves to unrealistic photos of their peers. Measuring their appearance and self-worth on the amount of "likes" and comments they get is extremely unrealistic and can be detrimental to a teen's psyche.

How might my teen be affected by body image issues?

Teens with negative body image have increased chances of developing eating disorders and more commonly suffer from feelings of depression, isolation, low self-esteem, and obsessions with weight loss. Below are some search terms and hashtags that may be a sign that you need to start a conversation with your child about self-worth.

Eating Disorders

Anorexia: Popular Hashtags: #ana, #proana, #proanamia, #proed, #eatingdisorder, #thinspo, #thinspiration, #skinny, #anorexia, #fat, #diet, #thynspoo, #hipbones, #sue, #secretsociety123

Binge Eating: Popular Hashtags: #bingeeating, #bingefood, #overeating, #starving

Bulimia: Popular Hashtags: #bulimia, #bulimic, #lax, #purge

Self-Mutilation

Cutting: Popular Hashtags: #blades, #bloody, #cutting, #knife, #razor, #selfharm, #selfhate, #suicide

Depression

Popular Hashtags: #sad, #ugly, #depression, #depressed, #mentalhealth, #anxiety, #pain, #mood, #imnotokay, #fakesmile, #worthless, #helpme, #paranoia, #useless, #tears, #broken, #killme

How can parents help their children cope with these pressures?

Communication: talk to them about what they see online and reassure them of their self-worth and importance

Monitor: monitor their smartphone and social media activity to watch for red flags

Lead by example: do active things together and encourage healthy habits and lifestyle

Limit smartphone use: limit their screen-time to balance online with offline life

If you feel you need to keep a closer eye on your child with a monitoring solution, go to TeenSafe.com, and for more resources and parenting tips, go to Teenology.com.

About TeenSafe

Founded in 2011 and based in Santa Monica, Calif., TeenSafe, a National PTA partner, is the leading smartphone monitoring solution for parents operating without modification to the child's phone. Parents can monitor text messages, location, web browsing history, contacts, call logs and social media activity. For more info, visit teensafe.com and check out their blog, Teenology. Like TeenSafe on Facebook and follow them on Twitter. For media, please contact media@teensafe.com or 951-225-4003.

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527 Principal: James Lugenbuehl
E-mail address: jml@bcslions.org
website: www.bcslions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd.pusd.us
Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

THE REEL DEAL: by Ben Show THE GIFT REVIEW

Many horror-thriller films lean too much to one genre; they become too jump-scare reliant, or try to build up lots of tension and never have a good payoff in the end. Joel Edgerton, who directed this film, had the difficult task of trying to find the perfect balance of scary, but not terrifying, and thrilling, but not disappointing. This seemed like a pretty complicated task, especially considering it was his first time directing, but was he able to pull it off?

The seemingly perfect couple of Simon (Jason Bateman) and Robyn (Rebecca Hall) have just moved from Chicago to California, following the promotion Simon got in his work. Durning their first few days there they run into Gordon (Joel Edgerton), or as Simon calls him, Gordo, who used to go to school with Simon. Things quickly begin to unravel as Gordo awkwardly tries to become Simon's friend and Robyn discovers the truth about her husband and Gordo's past.

"The Gift" is perhaps one of the best psychological thrillers I have ever seen; it certainly fit into my top ten movies of all time list. The dialogue is crisp and ultra-realistic, making the film seem as if it could happen in real life. The acting is stellar, the directing is amazing, and each shot is perfectly set up to lead into the next, making it seem to flow very fast for an almost two hour movie. Joel Edgerton should not only look forward to a great acting career, but perhaps an even better directing one.



by Chris Leclerc

Long gone are the days when doctors paid house calls to tend to their patients' health needs. And, few and far between are animal doctors who make house calls to provide veterinary care for domestic pets in the comfort of their own homes. However, did you know that we actually have a veterinarian right here in Sierra Madre who makes it her practice to do just that?

Deborah Smith, DVM is one unique pet vet whose practice, Treehouse Holistic Veterinary House Calls, is (in my own words) a fusion of philosophies including mainstream veterinary medicine, acupuncture and Chinese herbal medicine, all combined and designed to address whatever may ail your animal.

On a personal note, my dog Molly had distemper as a puppy and Fredrick Alfaro, her owner at the time had no idea what was wrong with her. The shelter where he'd rescued Molly had told him she had kennel cough, but it soon became clear that whatever she had was much more serious than that, and Fred was determined to get the help she needed. Fortunately, Dr. Smith was able to diagnose Molly's problem and begin the appropriate treatment that saved her before it was too late. Not long after that, Frederick himself passed away, may he rest in peace, and Molly became a part of my family. Ever since then I have been grateful to Dr. Smith for keeping our little girl alive so we could enjoy her for many years to come.

I caught up with Dr. Smith last week and thanked her again for what she did to help Molly. We then had a conversation about the good work she is doing now in the veterinary field. I was quite intrigued with the unique nature of her approach to pet medicine and she was kind enough to take the time to satisfy my curiosity by answering several questions I had. I was so impressed I decided to share it with my readers because I truly believe her expertise and her style of practice is yet another Sierra Madre treasure that we, as pet owners can benefit from.

HT: Tell me a little about your background.
Dr. Smith: I have been practicing progressive medicine for 26 years. I have a Zoology degree and DVM degree from UC Davis, completed an Internship in Small Animal Medicine and Surgery in Los Angeles and have completed Veterinary Acupuncture training and two programs in Veterinary Chinese Herbal Medicine. I have been practicing Integrative medicine including Chinese Medicine, Homeopathy, nutritional and supplemental therapy, and Class IV Cold Laser for 9 years.

HT: How did you get involved in making house calls?
Dr. Smith: In 1980, before vet school, I read a great book called "All My Patients are Under the Bed" about an 83 year old vet in New York City, Dr. Camuti, who saw only cats. He did 30 house calls a week and the book had great anecdotes. He was still practicing at the time the book was written. I thought "I would love to do that". Now many of my patients are under the bed, too.

Two years ago we decided to sell the practice I co-owned. I desired a less hectic pace where I could practice in a way where I could develop a closer relationship with my clients and patients and take a more thorough approach with my patients and also in educating the clients in preventative care. I started

TREEHOUSE HOLISTIC VETERINARY HOUSE CALLS

A True Sierra Madre Treasure

this practice in early 2014. I have two assistants, Sarah and Erin. We typically spend an hour or more with each visit. In my hospital, I could barely afford 20 minutes. I find it very satisfying and I like that, so far, all my clients seem to really appreciate the service. We do calls 4 days a week and provide extensive written reports. Custom appointments are available in the evening or on a weekend.

HT: Why would folks want a house call vet?
Dr. Smith: Some of my patients are older dogs that have trouble getting in the car or cats that are too stressed in a carrier or the car. Some clients are just busy and don't want to waste time transporting the pet and waiting to see the vet to just have a 15 minute visit with the doctor.

We also have a handful of celebrities or others in the entertainment business and they have crazy schedules so we will go to the studio or locations and see the pet there. That is a lot of fun!

Many clients find me because they are looking for a holistic or integrative veterinarian through the American Holistic Veterinary Medical Association and are referred to me. They weren't looking for house calls but once they found how easy it is, they wouldn't go back.

HT: Are there limits to what you can do without the usual high tech equipment available in most hospitals?

Dr. Smith: Yes, I don't take x-rays, perform ultrasound, do emergency work or hospitalize patients. I work with a network of specialists and if a client needs services I can't provide, I can tell them where to go. I am very accessible by email to my regular clients, like a concierge doctor, something I was unable to do at my clinic.

HT: What services do you do the most?
Dr. Smith: Acupuncture, Cold Laser, geriatric and cancer support. Also a lot of wellness and prevention care. We offer anesthesia-free teeth cleaning, which is popular, but all pets are not good candidates. A vet should always examine your pet before teeth cleaning because some patients need a full dentistry with x-rays and possible extractions, others only need tartar removal and polishing, which is what we do.

HT: Is a house call a lot more expensive than a regular vet visit?

Dr. Smith: Not really. There is a travel fee of \$75.00 within 10 miles. The rest of the fees are the same or less than the average quality vet hospital. It often evens out, especially if we see more than one pet at a visit. I have yet to have anyone feel the fees were high, usually they express that it is a great value for how much time we spend with them. All veterinary care, like medical care, is expensive so clients should get a thorough return. Pet insurance covers our visits.

For more information about Dr. Smith and her practice or to make an appointment, call 626-355-7682 or visit her website at: www.treehousevet.com. Enjoy your beloved pets, keep them healthy and happy, love and let live!

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PET OF THE WEEK CHARMAINE: ANIMAL ID #A4863444

A little lady needs your help! Meet Charmaine (A4863444). Charmaine is a damsel-in-distress 9-year-old reddish brown (with beautiful age icing) spayed female Miniature Greyhound mix who was surrendered to the Baldwin Park Animal Care Center on August 5th because her owners have lost their home, are living in their car, and have no way to continue feeding and caring for their beloved girl. Additionally,



Charmaine's sister, a Maine Coon cat named Simone [A4863447—see below], was surrendered at the same time for the same reason. Weighing 18 lbs, Charmaine is, quite understandably, anxious and frightened at being in the shelter, separated from her entire family. She is a gentle, cooperative girl. She walked well on leash for her handler, and she went nose-to-nose with other dogs her size but then sort of retreated, seemingly reluctant to engage when she had so much more important stuff on her mind. Volunteers that had her out can say she gets along with cats, of course, since her sister Simone can attest to that. Given how bonded Charmaine and Simone are, and their mutual history and newly lost human family, it would be absolutely awesome to see them exit the shelter together. If that can't be, however, love, affection, and the warmth of

people who care about her should encourage Charmaine to trust again and to let her inner-puppy shine through! To watch a video of Charmaine, please visit the following link: https://youtu.be/5mF7BSL_8cw

To meet Charmaine in person, please see her at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). She is currently available now. For any inquiries about Charmaine, please reference her animal ID number: A4863444. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Charmaine or the adoption process, please contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

LOOKING FOR A BEST FRIEND?

Meet Mr. Holmes! Holmes is a handsome domestic short hair mix, 1 ½ years old and weighing 3 pounds. He has a soft silky short black coat and beautiful green eyes.

Holmes came to the shelter when he was about 12 weeks old in May of 2014. The day before another black kitten was brought to the shelter and Staff named them Sherlock and Holmes. Sherlock has been adopted; Holmes patiently waits for his family.

He is a friendly, sweet, and affectionate teen cat. He likes toys, especially if there is a volunteer or staff person playing with him. He is very fit, agile and athletic. He is a very social boy, not only with his kennel mates, but also with his humans. He likes to curl up in a lap and be petted and will rub up next to your legs for attention.

Holmes has a simple and elegant appearance that does not require a lot of grooming. He will be an ideal family pet. The Domestic Shorthair can even be a child's first pet because they are known to be friendly with both adults and children. He would also be a great companion for someone living alone, who would love a pet that will follow them around and will snuggle with them and sit on their lap.

This playful boy has a lifetime of love and affection to share and would be a great addition to a lucky family.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San

Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas.

To celebrate National Black Cat Appreciation Day, all black cats are available for the special reduced adoption fee of \$25, which includes spay/neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Please come in to meet Holmes and his friends in person. They will charm you with their feline antics and playful natures.

If a black cat is in your future, you won't want to miss this limited time celebration.

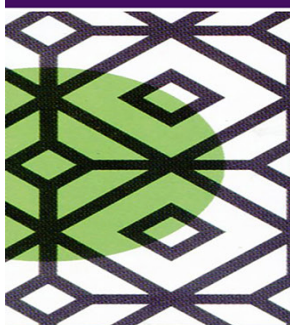
To arrange a 'Meet and Greet' with Holmes, please stop by any time from 10:00am to 4:30pm Tuesday thru Sunday. If you are interested in meeting Holmes or any of the other available animals at the shelter, visit the [San Gabriel Valley Humane Society](http://SanGabrielValleyHumaneSociety.org) at 851 E.

Grand Ave., San Gabriel, Calif. 91776. We are open 10:00am to 4:30pm Tuesday thru Sunday. For more information, call (626) 286-1159. See our website at www.sgvhumane.org for information and photos of all our wonderful pets.

Readers are invited to join the San Gabriel 'Strut Your Mutt' dog walking team to raise funds for shelter animals. The walk is Saturday October 10th at Exposition Park. Go to the shelter's website at sgvhumane.org for more information and how to join the team!



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A REALLY DUCKY OF A DEAL

Reader Steve in Arcadia asks, "How exactly are the wines chosen?" Many ways, really - discoveries through PR pitches, invitations to wine tasting events, and sometimes I just like the way the bottle looks on the store shelf. I will only review wines and share them with you if I feel that they are a good value and easily obtainable for the readers. I recently was turned on to a wonderful sparkling wine from the Limoux region of France. It was a solid wine for under \$25, but as my excitement grew I found one problem, I couldn't find it anywhere except online and at a wine shop in Costa Mesa, so... you won't hear about it here.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

Anyway, I want to start the tailgating season off by getting back to blends, this time Decoy. For those who are even casual wine drinkers I am sure you are familiar with the name "Duckhorn", the pride of the Napa Valley for the past thirty-five or so years. Fine restaurants and gourmet shops have been my to-go places for Duckhorn, and now along comes Decoy (yes, there is a duck on the bottle). The price is about half what you'd pay for Duckhorn. How and why? The grapes are sourced through the Napa region. Owner Dan Duckhorn found a need for wines that were lower priced and still a great quality, so the past few years has seen an upswing in the production of Decoy and it's popularity. The 2012 vintage is smooth, with perfect levels of fruit and tannins, and a finish that you'd expect from a higher priced blend. A mix of cabernet and merlot, it goes well with steak, pizza, and soft cheese.

Closure: Corked

Each week I will give you my Dills Score. Starting with a base of 50 points, I have added 8 points for color, 7 points for aroma or "nose", 9 points for taste, 8 points for finish, and 8 points for my overall impression, which includes my value rating.

Total Score 90, retail \$27 on sale; around \$18 at most area supermarkets including Vons

Find my food blog www.peterdills.tumblr.com



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SEAN'S SHAMELESS REVIEWS: THE GIFT

By Sean Kayden

Making his directorial debut, writer/actor Joel Edgerton's creepy thriller is a purely entertaining ride from beginning to end. It's a small, contained film, but impactful and quite effective. The slow-burn, psychological tale isn't your typical stalker film and that's a refreshing sight to see. There's a big twist of sorts that comes into play in the later half the second act of the film, but we are informed of the circumstances by a minor character. The exposition was an easy way to get the point across, but I much rather have wanted to see a little more for this major plot point to be revealed. Other than that, there are really no qualms to be had with the film. In the end, *The Gift* proves to be a sleeper hit this summer and a launching pad for Joel Edgerton behind the camera too.

The Gift
Written/Directed By: Joel Edgerton
Rated R for Language
Release Date: August 7th, 2015
Review By: Sean Kayden

The Gift, which stars Jason Bateman and Rebecca Hall, is about a couple who decides to move from back east to Los Angeles because of Bateman's new job. It's a big change for Hall's character Robyn since she didn't grow up in a suburban landscape. For Bateman's Simon character, he's basically returning to the place where he grew up around. Fairly early on in the film, an old classmate of Simon's runs into him over at a retail store while he's with his wife. The man mentions his name is Gordo and it somewhat jogs the memory of Simon. Nevertheless, Simon doesn't seem to remember Gordo all that well or at least care to. At first things begin to feel very innocent if not strange. Gordo sends over gifts to Simon and Robyn's home without ever asking for

their address. He's eventually invited over to their house for his lovely gestures. Everything about this guy seems weird yet he hasn't done anything wrong. If anything, he's been respectful, but eccentric. Once Gordo, played by Edgerton, starts paying Robyn unexpected visits when she's home alone is around the time things just don't seem all that right. Then again, there's no proof Gordo is guilty of doing anything other than just being simply peculiar. Simon eventually tells Gordo one night he shouldn't visit or talk to them anymore. This doesn't seem to boost well for Gordo. After a series of strange occurrences, there's no way to point the finger at our suspected villain since there's no evidence. As the movie flows, we find more troubling things about Simon than his former classmate. At the same token, Robyn is emotionally breaking down, feeling anxiety, as well as fearful while home alone. After all, another reason they moved to LA was a fresh start after she had a miscarriage.

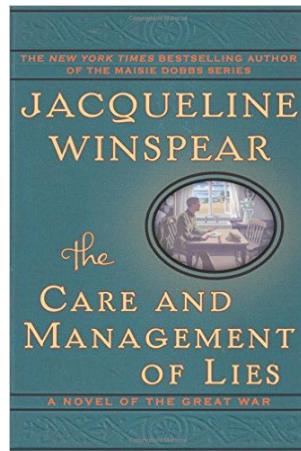
Without going any deeper with the summary of the film, I must say I was impressed. Jason Bateman, mostly known for his comedic work is solid as pretty much this kind of snarly guy. He's not a bad person, just a questionable one based on some of things he's done prior. Rebecca Hall is great to watch too as she provides much of the trepidation of any character in the film. Lastly, Joel Edgerton is simply great as a low-key weirdo of a character. You almost feel sorry for the guy. Almost that is. In the end, *The Gift* is kind of a sick and twisted film in what subject matters are brought up. Nonetheless, as a piece of entertainment that isn't trying to be anything besides a good thriller, *The Gift* definitely delivers worthy chills and thrills along the way. At any cost, it's great to see an original film during a bloated summer movie season.

Grade: 4 out of 5

Jeff's Book Picks

By Jeff Brown

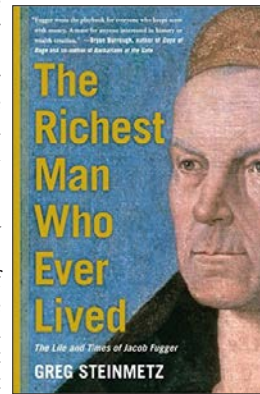
THE CARE AND MANAGEMENT OF LIES: A NOVEL OF THE GREAT WAR BY JACQUELINE WINSPEAR



The New York Times bestselling author of the Maisie Dobbs series turns her prodigious talents to this World War I standalone novel, a lyrical drama of love struggling to survive in a damaged, fractured world. By July 1914, the ties between Kezia Marchant and Thea Brissenden, friends since girlhood, have become strained—by Thea's passionate embrace of women's suffrage, and by the imminent marriage of Kezia to Thea's brother, Tom, who runs the family farm. When Kezia and Tom wed just a month before war is declared between Britain and Germany, Thea's gift to Kezia is a book on household management—a veiled criticism of the bride's prosaic life to come. Yet when Tom enlists to fight for his country and Thea is drawn reluctantly onto the battlefield, the farm becomes Kezia's responsibility. Each must find a way to endure the ensuing cataclysm and turmoil. As Tom marches to the front lines, and Kezia battles to keep her ordered life from unraveling, they hide their despair in letters and cards filled with stories woven to bring comfort. Even Tom's fellow soldiers in the trenches enter and find solace in the dream world of Kezia's mouth-watering, albeit imaginary meals. But will well-intended lies and self-deception be of use when they come face to face with the enemy? Published to coincide with the centennial of the Great War, *The Care and Management of Lies* paints a poignant picture of love and friendship strained by the pain of separation and the brutal chaos of battle. Ultimately, it raises profound questions about conflict, belief, and love that echo in our own time.

THE RICHEST MAN WHO EVER LIVED: THE LIFE AND TIMES OF JACOB FUGGER BY GREG STEINMETZ

The life and times of the wealthiest man who ever lived—Jacob Fugger—the Renaissance banker who revolutionized the art of making money and established the radical idea of pursuing wealth for its own sake. Jacob Fugger lived in Germany at the turn of the sixteenth century, the grandson of a peasant. By the time he died, his fortune amounted to nearly two percent of European GDP. Not even John D. Rockefeller had that kind of wealth. Most people become rich by spotting opportunities, pioneering new technologies, or besting opponents in negotiations. Fugger did all that, but he had an extra quality that allowed him to rise even higher: nerve. In an era when kings had unlimited power, Fugger had the nerve to stare down heads of state and ask them to pay back their loans—with interest. It was this coolness and self-assurance, along with his inexhaustible ambition, that made him not only the richest man ever, but a force of history as well. Before Fugger came along it was illegal under church law to charge interest on loans, but he got the Pope to change that. He also helped trigger the Reformation and likely funded Magellan's circumnavigation of the globe. His creation of a news service, which gave him an information edge over his rivals and customers, earned Fugger a footnote in the history of journalism. And he took Austria's Habsburg family from being second-tier sovereigns to rulers of the first empire where the sun never set. The ultimate untold story, *The Richest Man Who Ever Lived* is more than a tale about the richest and most influential businessman of all time. It is a story about palace intrigue, knights in battle, family tragedy and triumph, and a violent clash between the 1 percent and everybody else. To understand our financial system and how we got it, it pays to understand Jacob Fugger.



BRENDA LEE EAGER: She Turned Cotton in Gold

by La Quetta M. Shamblee

Decades before the advent of instant music downloads, Brenda Lee Eager first joined the ranks of recording artists to earn the "Gold Record" distinction for her recording of "Ain't Understanding Mellow" with Jerry Butler in the early 70's. This Mobile, Alabama native grew up on her family farm and was inspired by all of nature that surrounded her, to become one of the most prolific songwriters of our times. The oldest of 11 siblings, she always had chores, which included helping to pick cotton. She always enjoyed writing and by the time she was in 3rd grade, she had discovered the world of poetry. "I would sit under a tree with pencil and paper and write songs about life and anything in my surroundings, describing whatever I was seeing or experiencing in detail." If she saw a butterfly, she would describe the colorful pattern on its wings or the way it landed on a flower.



Time was all that Brenda had on her hands after she had finished her daily chores. She filled much of it doing one of the things she loved most, which was reading. She enjoyed stories like *Huckleberry Finn*, which allowed her mind to soar beyond the Alabama homestead. Her favorite book was *Great Expectations*. By the time she had reached the 9th grade, she was building a collection of short stories and had already refined her own process of adding melodies and music to her poetry. She had developed into a songwriter who could paint pictures with words. This laid the foundation for her to build an impressive songbook years later, which solidified her musical legacy long ago.

After graduating high school, Brenda Lee packed her belongings and headed to New York City to seek fame and fortune in the big city. Her mother's support meant everything, "God is in New York too, baby," let her know that her mother had the utmost confidence in her eldest child. The famous Apollo Theatre in Harlem was Brenda Lee's first destination and after taking the train to finally arrive at 253 W. 125th Street, she was told she had arrived too late to audition. She was devastated after traveling such a long distance.

She got a job working in the New York garment district in what she describes as a "sweat box." After about six months, she reluctantly returned home to Alabama and on the day that she

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Produced by MADCatfish Entertainment, LLC, this voter registration drives and other activities that could be quite dangerous during those times. The four remain close friends to this day.

Information about Brenda Lee Eager, the accomplished professional soul singer and soul writer, is plentiful. But the opportunity for a conversation with her provides a glimpse into what has inspired her to write songs that have been recorded by iconic artists like Aretha Franklin, a double-platinum song for Prince, and numerous projects working with Ray Charles constantly during the last 12 years of his life. Equally respected as a singer and performing artist, she has toured or recorded with a diverse list of R&B, jazz and blues "Who's Who?" including Jerry Butler, Nancy Wilson, Smokie Robinson, Diana Ross, Linda Hopkins and the late Teena Marie. Her repository of writing creativity includes at least five stage plays, including a musical about the Pippinettes titled, "We Were There."

How did the little girl who loved to sit under the tree and write make it from Alabama to Southern California? Many years ago during the month of February, Brenda Lee Eager and Jerry Butler boarded a plane in Chicago, headed for Los Angeles to appear on the top-rated television dance show, *Soul Train*. They thought they might not be able to make it in time due to the snow and harsh winter weather conditions that almost had their flight grounded. When they landed at LAX and she saw the sun and palm trees, she told Jerry, "I've got to move here." Southern California has been her home ever since.

Years later, Brenda Lee Eager continues to express gratitude for having always had a job here in the entertainment industry, doing what she loves to do. From teaching songwriting and vocal workshops for Quincy Jones Productions, to participating in the Agape International Choir based in Culver City, she is immersed in her craft and loves to share it with others. An accomplished music educator, she currently teaches a master vocal workshop at the Barbara Morrison Performing Arts Center in Los Angeles.

The title of her latest stage play under development highlights the lighthearted, humorous side of her personality. "I'm In Love With A Deadman" is a new play about her lifelong fantasy love affair with soul singer Sam Cooke. She was only 16 when he died, but states, "He's been a teacher for every other R&B singer in the world, the rifts, the inflections that added that soulful element to the music. We all listen to Sam Cooke."

When asked what advice she offers about the pursuit of one's dream, she shares, "Be in love with whatever it is that you do, with love, laughter and expectation – and do the work." The audience at Santa Anita Race Track is certain to be loving every note delivered by this masterful, soulful singer as she takes center stage at the inaugural MADCatfish Blues Festival at 11am on Saturday, September 6, 2015.

For information and a time-limited, special 2 for 1 ticket promotion, visit www.MADCatfish.net or call (800) 838-3006.

On the Marquee: Notes from the Sierra Madre Playhouse

"WE WANT YOU.....to come see Patsy Cline"

Nikki D'Amico stars as Louise in *Always....Patsy Cline*

Photo by Gina Long

Always....Patsy Cline, the Ovation Recommended, Smash-hit at the Playhouse continues to sell out for a fourth straight weekend.

The play has been extended to September 27. Get your tickets early because several dates are either sold-out or close to it. Groups of ten or more prepaid get a 20% discount.

Contact Mary Bavage in our box office to arrange your reservation or go to sierramadrepayhouse.org to purchase your tickets online.



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UNDERSTANDING THE RESPONSIBILITIES OF AN EXECUTOR

Dear Savvy Senior,

An old family friend recently asked me to be the executor of his will when he dies. I feel flattered that he asked, but I'm not sure what exactly the job entails. What can you tell me?

Concerned Friend

Dear Concerned,

Serving as the executor of your friend's estate may seem like an honor, but it can also be a huge chore. Here's what you should know to help you prepare.

Rules and Responsibilities

As the executor of your friend's will, you're essentially responsible for winding up his affairs after he dies. While this may sound simple enough, you need to be aware that the job can be tedious, time consuming and difficult depending on the complexity of his financial and family situation. Some of the duties required include:

- Filing court papers to start the probate process (this is generally required by law to determine the will's validity).

- Taking an inventory of everything in his estate.

- Using his estate's funds to pay bills, including taxes, funeral costs, etc.

- Handling details like terminating his credit cards, and notifying banks and government agencies like Social Security and the post office of his death.

- Preparing and filing his final income tax returns.

- Distributing assets to the beneficiaries named in his will.

Be aware that each state has specific laws and timetables on an executor's responsibilities. Your state or local bar association may have an online law library that details the rules and requirements. The American Bar Association website also offers guidance on how to settle an estate. Go to americanbar.org and type in "guidelines for individual executors and trustees" to find it.

Get Organized

If you agree to take on the responsibility as



executor of your friend's estate, your first step is to make sure he has an updated will, and find out where all his important documents and financial information is located. Being able to quickly put your hands on deeds, brokerage statements and insurance policies after he dies will save you a lot of time and hassle.

If he has a complex estate, you may want to hire an attorney or tax account to guide you through the process, with the estate picking up the cost. If you need help locating a pro, the National Association of Estate Planners and Councils (naepc.org) and the National Academy of Elder Law Attorneys (naela.org) are great resources that provide directories on their websites to help you find someone.

Avoid Conflicts

Find out if there are any conflicts between the beneficiaries of your friend's estate. If there are some potential problems, you can make your job as executor much easier if everyone knows in advance who's getting what, and why. So ask your friend to tell his beneficiaries what they can expect. This includes the personal items too, because wills often leave it up to the executor to dole out heirlooms. If there's no distribution plan for personal property, suggest he make one and put it in writing.

Executor Fees

As the executor, you're entitled to a fee paid by the estate. In most states executors are entitled to take a percentage of the estate's value, which usually ranges anywhere from 1 to 5 percent depending on the size of the estate. But, if you're a beneficiary, it may make sense for you to forgo the fee. That's because fees are taxable, but Uncle Sam in most states don't tax inheritances.

For more information on the duties of an executor, get a copy of the book "The Executor's Guide: Settling A Loved One's Estate or Trust" for \$32 at nolo.com or call 800-728-3555.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ... August Birthdays*

Bill Nelson, Karlene Englert, Juanita Fernandez, Jeanette Francis, Joseph Kiss, John Luke, Jacquie Pergola, Maury Whitaker, Pat Miranda, Phyllis Chapman, Jerry Burnett, Margaret Aroyan, Phyllis Burg, Beverly Clifton, Rosemary Morabito, Susan Poulsen, Dorothy Quentmeyer, Genevieve Stubbs, Miep Tulleners, Ellie Baudino, Marcia Bent, Daryls Brechwald, Joan Spears, Ruth Torres, Jane Zamanzadeh and

Harry Enmark.

*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YMCA San Gabriel Valley Intervale Senior Café: Monday-Friday at 12:00 Noon
(Participants are urged to arrive no later than 11:45 A.M.)

All seniors 60 and up can take part in the lunch program. There is a suggested donation of \$2.00 for those 60 and over and \$3.75 for non-senior guests. Daily reservations are necessary as space is limited. Please call 24 hours in advance...626.355.0256

TECH TALK: TECH TALK WILL RESUME IN SEPTEMBER WHEN OUR STUDENT VOLUNTEERS ARE BACK IN SCHOOL.

HAWAIIAN AND POLYNESIAN DANCE CLASS: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

BINGO: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

FREE BLOOD PRESSURE TESTING: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

FREE LEGAL CONSULTATION: Wednesday, August 19th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

CHAIR YOGA: Mondays and Wednesdays from 11:00 to 11:45 am, except on the third Monday of the month. A suggested donation of \$5 at one of the classes is requested, but is not required.

BRAIN GAMES - NEW DATE AND TIME!

Thursday, August 20th, 10:30am - 11:30am (Third Thursday of Each Month) Improve your memory and strengthen your brain with fun, hands-on activities. Each month brings new games and contests to facilitate brain stimulation. Bring your friends as you engage in friendly competition for prizes. Activities facilitated by Swati Puri, New Wave Home Care of Pasadena. For more information contact the Hart Park House office at 626-355-7394.

CASE MANAGEMENT: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

BIRTHDAY CELEBRATIONS: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

GAME DAY: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

FREE STRENGTH TRAINING CLASS: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

SENIOR CLUB: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

LUNCH & LEARN PRESENTATION

Thursday, August 20th, 2015 beginning at 12:00pm

Learn about French painter, Henri de Toulouse-Lautrec. His immersion in the colorful and theatrical life of Paris in the late 19th century yielded a collection of exciting, elegant and provocative images of the modern and sometimes decadent life of those times. Tanya Mazzolini from The Kensington will give a talk on the painter while demonstrating a project in his style of art. If you would like to have lunch during the talk, please make a lunch reservation with the Senior Lunch Café at 626-355-0256 or you may bring your own.

UPCOMING EXCURSIONS:



THE DEAD SEA SCROLLS CALIFORNIA SCIENCE CENTER (LOS ANGELES)

Date: August 12, 2015 Time: 9:30am to 5:00pm
Meeting Location: Hart Park House Senior Center Cost: \$28.00 (Does not include lunch)

Description: The California Science Center in cooperation with the Israel Antiquities Authority is Proud to present the largest Dead Sea Scrolls exhibition ever mounted outside of Israel, featuring over 600 ancient artifact on display. We will also see Jerusalem in the IMAX Theater. Through breathtaking aerial footage, eye-opening personal stories and remarkable historical perspective, Jerusalem takes views inside the heart of the ancient city in ways never seen before. Lunch will be on your own. There is Trimana-Grill, or Market and Coffee Bar at the Science Center for you to enjoy a meal or light snack during your visit.

Participants should bring money for lunch and souvenirs. Last day to register is Wednesday, August 5th. Level of Walking: High

EXCURSION REFUND POLICY

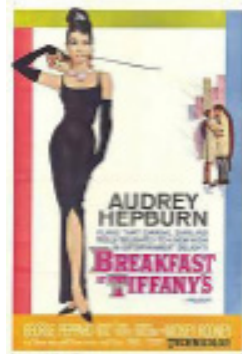
Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued 1) for a medical excuse or 2) if the Department is able to fill the patrons spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$11 cancellation fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Community Services Dept.

SENIOR CINEMA AT THE HART PARK HOUSE SENIOR CENTER



August 5th - Whiplash (2014) - Andrew Neiman (Miles Teller) is an ambitious young jazz drummer, single-minded in pursuit of rising to the top of his elite east coast music conservatory. Terence Fletcher (J.K. Simmons), an instructor known for his terrifying teaching methods, discovers Andrew and transfers the aspiring drummer into the top jazz ensemble, forever changing the young man's life But Andrew's passion to achieve perfection quickly spirals into obsession, as his ruthless teacher pushes him to the brink of his ability and his sanity. Winner of 3 Academy Awards, Start time: 1:00pm (run time 107 minutes)

August 19th - Breakfast at Tiffany's (1961) - An American romantic comedy starring Audrey Hepburn and George Peppard, based on Truman capote's novel, this is the story of a young woman in New York City who meets a young man when he moves into her apartment building. He is with an older woman who is very wealthy, but he wants to be a writer. She is working as an expensive escort and searching for a rich, older man to marry. This movie won two Academy Awards. Start time: 1:00pm (run time 115 minutes)



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KATIE Tse.....This and That



How are your New Year's resolutions going? I set my sights small, and resolved to drink less creamy and sugary coffee at work. Instead, I mix an aspartame-laden "Crystal

Light" knock off with water in a two-liter bottle and sip it throughout the day. Sure, it's artificial and possibly carcinogenic, but at least it's gotta be better than sugar with coffee --I mean coffee with sugar.

So, I was filling my water bottle from the sink in the break room the other day when the boss burst through the door. "What are you doing?" she asked. Aghast, I sheepishly looked up from the faucet. "Uh, getting water?"

"No, no, no!" she said, shaking her head. "Come on," she motioned toward her office, "Use the 'Arrowhead' in there." I could feel water overflowing from my bottle into the sink, and nodded, "Okay, maybe next time." I figured, why waste a perfectly good batch of flavored water? Luckily, some small crisis distracted my boss and I was able to retreat to my office with my substandard "faucet water" drink.

For a while I wondered if I was the only tap water-drinking employee until last week, when the topic of tap vs. bottled water came up during lunch. "I was a hose drinker as a kid!" one of the senior workers joked with the boss. This prompted a number of us closet hose drinkers to "come out" and admit our tacky-"tap" habits.

"Yeah," one of my coworkers chimed in, "Nothing tastes better than cold water from the hose after playing outside all day!" A number of

HOSE DRINKERS

us reminisced about our own tap water childhood memories.

I don't know about you, but I never understood the purpose of bottled water. Talk about the antithesis of "green" living! Think about all the plastic used to store bottled water. Then consider the fuel needed to transport it from place to place. THEN consider the fact the most bottled water is drawn from municipal sources, not the babbling brooks of the Sierras, Andes, or any other pristine locale.

The waste that goes into producing regular bottled water is bad enough, but then they've got to go and make even smaller bottles of water!

What? You or your kid can't commit to a 12 oz. bottle, so you go for the tiny 6 oz.? Yes, midget water bottles are cute, but really, can cute be justified at the cost of jeopardizing the environment?

I understand that there are situations that demand bottled water. Anytime you're traveling in the third world or a developing nation, by all means, stock up on Dasani or whatever brand you like. During a vacation to Michigan, we stayed at a relative's house that was situated in the middle of a corn field. The water had an orange tint, and smelled like burning sulfur. I

don't recall whether or not I actually showered in it, but that was one time I was very grateful for a bottle of Arrowhead!

So, if you're traveling, take advantage of our wonderful advances in bottled water. But if you're torn between filling up at the kitchen sink or paying \$1 for a bottle of Dasani, I hope you choose the sink. It's a heck of a lot cheaper. And remember --what doesn't kill you makes you stronger!



Please
RSVP

Nutrition and Lifestyle Strategies to Keep Alzheimer's at Bay

with Dr. Tina Paul, BCND and Heidi Hoffman, MPH, RD

Wednesday, August 26, 2015

5:30pm-7:00pm

at The Kensington
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Sierra Madre, CA

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FAMILY MATTERS



THREE QUESTIONS TO ASK BEFORE YOU SIGN A RESIDENTIAL LEASE

My wife and I were both apartment renters in our younger years. Now we are landlords with several 3 and 4-unit residential properties in and around Los Angeles. Good landlords aren't looking to take advantage of their tenants. Without even going into the legal and ethical implications, that's just bad business. And good tenants respect their landlord's property and time. That's good business on their end of things as well (again, not to mention the legal and ethical consequences of not doing so).

But even when there are good, moral people on both sides of the landlord-tenant relationship, problems can – and do – still arise. Often, these problems are because of a simple misunderstanding. So to help prevent those kinds of problems, here's what prospective renters should ask before signing a lease:

Number 1: What Will My Total Cost Be and When Is It Due?

You might be surprised at how many people sign leases without understanding all of the associated costs and when they must be paid. Renting an apartment or house is exciting and it can be easy to simply just scan the document and jump straight to the signature line. Most tenants think about obvious costs, such as monthly

rent and typical utilities. However, some leases require tenants to pay less obvious costs, such as application fees, credit check fees, parking fees, and optional service fees, such as cable and Internet. Review your lease carefully and compare leases from different landlords--what may seem like a better deal may not actually be better after everything is taken into consideration.

Be sure you know what the deposit is, what will be necessary to get your deposit returned after you move out, when your rent payment is due and what the late fee is if you are late (and whether or not there is a grace period for being late).

Number 2: What Rules and Regulations Will Apply to Me?

Many landlords impose rules on their tenants, particularly those living in close quarters, such as apartment buildings. More common rules include mandatory quiet times, as well as prohibitions on pets or parties. However, other important rules are also found in leases. For example, many landlords prohibit tenants from redecorating their property, from changing locks, from using propane grills or from storing items on balconies or porches. Read the lease carefully to ensure you understand and can abide by each of the rules.

Number 3: When Will My Lease End, and What Happens When It Does?

Many leases define how long they will last (called the "term" of the lease) and under what circumstances they will renew. If the lease does not provide this information, California state law will set the term of the lease and its renewal. Before you sign a residential lease, make sure you know how long you are locked into it and under what circumstances you can move out and owe no more rent. If you are not sure, consult with an attorney.

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit www.GarlettLaw.com for more information.



Social Media
Tips, Tricks & Ideas
by: MJ Finstrom

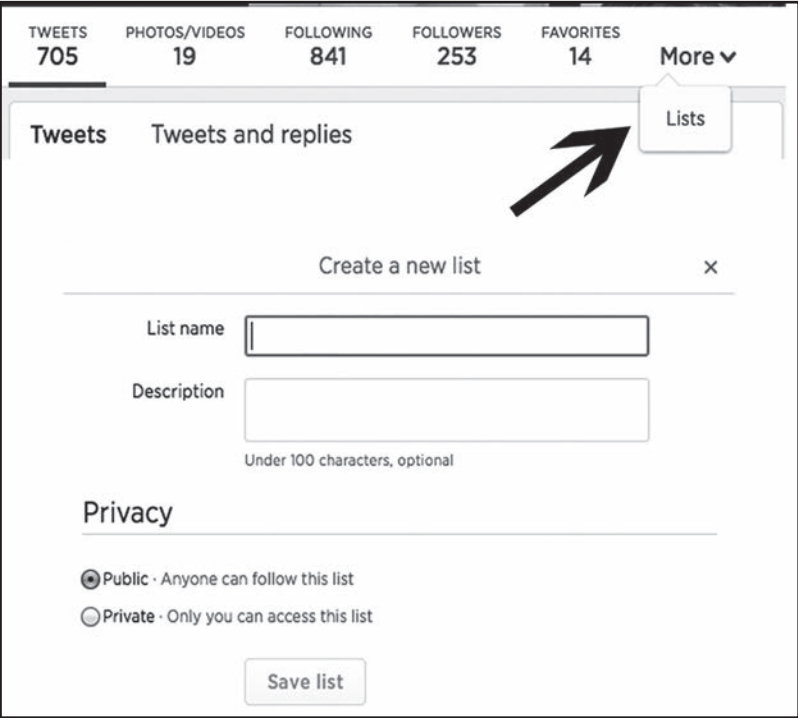
TWITTER LISTS

I can't keep up with Twitter. Sound familiar? In order to appreciate Twitter, you have to know how to slow it down and filter out the noise. Categorizing users into "Lists" helps you organize the people or topics you follow.

You can create your own lists or subscribe to a list created by someone else. When you click on the list, it will show a stream from only the users on that list.

To create a new list, go to your main profile page (you'll find that by clicking on "me"). Select "Lists" under "More" in the top bar navigation. "Create new list" and decide if this is a public or a private list. If you make it public, other people can see it and subscribe to it. Add users (@name) to your list, then test it. Select your list (under "More"). Only the recent tweets from those users will show up.

You can also subscribe to a list created by someone else. For example, if you go to the L.A. Times Twitter page, click on their lists. Often a newspaper will create lists of their writers and editors. When you select a list that someone else has created, you have the opportunity to subscribe to it and the list will be added to your main profile.



About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

Sign up for their upcoming classes, webinars and presentations at: www.hutdogs.com/workshops/schedule

GOVERNMENT AFFAIRS SEPT. 3 TOPIC: MAJOR CHANGES TO CREDIT CARD USE NEXT MONTH

LaRocca Integrated Solutions, Inc., Discusses Impact, How to Prepare and More

ARCADIA, CA (August 18, 2015) – Major changes to credit card use and processing for businesses and consumers that will take effect Oct. 1 will be the topic of the monthly Government Affairs Forum at 8 a.m. Thursday, Sept. 3, in the conference room at 388 W. Huntington Drive sponsored by Foothill Credit Union.

A computer chip on new credit cards is replacing the swipe stripe, meaning businesses will have to get new devices to read cards, and consumers will have to learn a new way to register their payment.

John LaRocca, of LaRocca Integrated Solutions, Inc., based in Westlake Village, and Chairman Emeritus of the Greater Conejo Valley Chamber of Commerce, will be one of the primary speakers along with representatives from Foothill Credit Union.

LaRocca explain the changes, how they impact retail, restaurants, and on-line commerce, how to prepare, and offer a vision for the future of merchant processing.

Also at the Forum, Congresswoman Judy Chu's representative Viola Van will be noting recent DiverCities award honoree Arcadia Chamber CEO Scott Hettrick, and Forum chairman Jack Orswell will be recognizing the successful recent efforts of Special Olympics World Games Host

Town Arcadia committee chairman Bruce McCallum and volunteer chairman Denise Weaver. Arcadia Mayor Gary Kovacic will provide updates on key issues within the city.

The public is invited at 8 a.m. on the first Thursday of each month (except July & August) to hear free informative presentations at the Arcadia Chamber of Commerce's monthly Government Affairs Forum sponsored by Keystone 365 Sponsor Singpoli. Led by Chairman Jack Orswell from Orswell & Kasman, Inc. Environmental Assessments & Consulting, and co-managed by Arcadia Chamber Deputy Director / Office Manager Bill Hackett, the Forums are held in the Chamber's conference room sponsored by Foothill Credit Union.

A discussion of pending legislation and other updates will be provided by representatives from City, County, and State government offices, the Metro Gold Line Foothill Extension and the Monrovia-Arcadia-Duarte Town Council.

RSVPs to the Arcadia Chamber of Commerce office are appreciated – (626) 447-2159 or info@ArcadiaCaChamber.org.

HEALTHY LIFESTYLES



THE JOY OF YOGA
KARMA YOGA

Karma Yoga is referred to as the yoga of (selfless) service. I love how Karma is described as an action and the results of our actions. There's power in action. In fact, it's the only thing we really have control over: our actions. I love to incorporate Karma Yoga, the yoga of service or action, in my everyday existence. It's in this ideal that my work becomes rich, fruitful and fulfilling. Great work divorced from the attachment of ego is service to the world. As my work becomes service, I, then, know I'm in the right place spiritually. It is an offering to the Divine, the Universe, or God (whatever name applies to you personally).

Just as I created bad karmas through poor actions, I can create good karma through positive actions. This brings hope and inspiration in a

big way! It's never too late to take good actions, to practice Karma Yoga as a way of life. We can overcome our own hurdles and change course to a more fulfilling way of being in the world. In the prayer by St. Francis, there's a line, "For it is by self forgetting that one finds..." it never fails to redirect my actions toward a spiritual solution.

We know the great examples of Karma Yoga, such as Mother Teresa or Gandhi. Their entire life was an offering and immersed in service. I love to be around everyday Karma Yogis, they show me what it really means to be helpful, thoughtful and divorced from ego and expectation. Cheers to helping out our community not only through your own gifts and talents, but also through selfless service.

Namaste,
Keely Totten



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WINTER CAN BRING DRY SKIN

Dr. Tina is a traditional naturopath and nutritionist at Vibrant Living Wellness Center

Winter is upon us. Colder temperatures lower the humidity and tend to make us use our heat. Add to this that in southern California, colder weather signals wind. All of these factors can leave our skin feeling very dry and damaged. So, what can we do to keep our skin moist and healthy throughout the winter months?

Protect your skin when going outside. Even here in southern California it is important to wear a scarf and gloves on cold days to prevent drying and chapping. If you are fortunate enough to make it to the mountains, remember that snow is a great reflector of the sun. You can easily get a sunburn. And don't forget to keep your lips moist because lips do not have oil glands so they dry out easily.

Use moisturizer liberally. You should look for moisturizers that are made from natural oils such as coconut, jojoba oil, almond, or avocado. Watch out for preservatives and fragrances since they can dry and irritate skin. In addition, don't use skin care products containing alcohol since alcohol can strip oil from the skin. Hand sanitizers are mostly alcohol so they too can be a cause of dry chapped hands.

Don't overheat your home. Heating systems and space heaters draw moisture out of the air which in turn dries out our skin. Using a humidifier is a good option. I use a humidifier in our bedroom, to keep my skin well hydrated while sleeping.

As always, stay hydrated. You need to drink water or herbal tea to prevent dehydration. Our skin reflects what's going on inside of us. Remember that alcohol, caffeine, sodas and other kinds of diuretics increase our need for water.

With a little extra care and planning, you can keep your skin from becoming too dry over the winter months.

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Looking Up

with Bob Eklund



NEW INSTRUMENT IMAGES A YOUNG COUSIN OF JUPITER

Using a powerful new imaging device, astronomers have espied a Jupiter-like exoplanet 100 light-years distant in the constellation of Eridanus. Unlike most planets found around other stars, 51 Eri b has been seen directly. The instrument employed to make the discovery has also made a spectroscopic analysis of the light reflected from the planet, and has detected gases similar to those in Jupiter’s atmosphere.

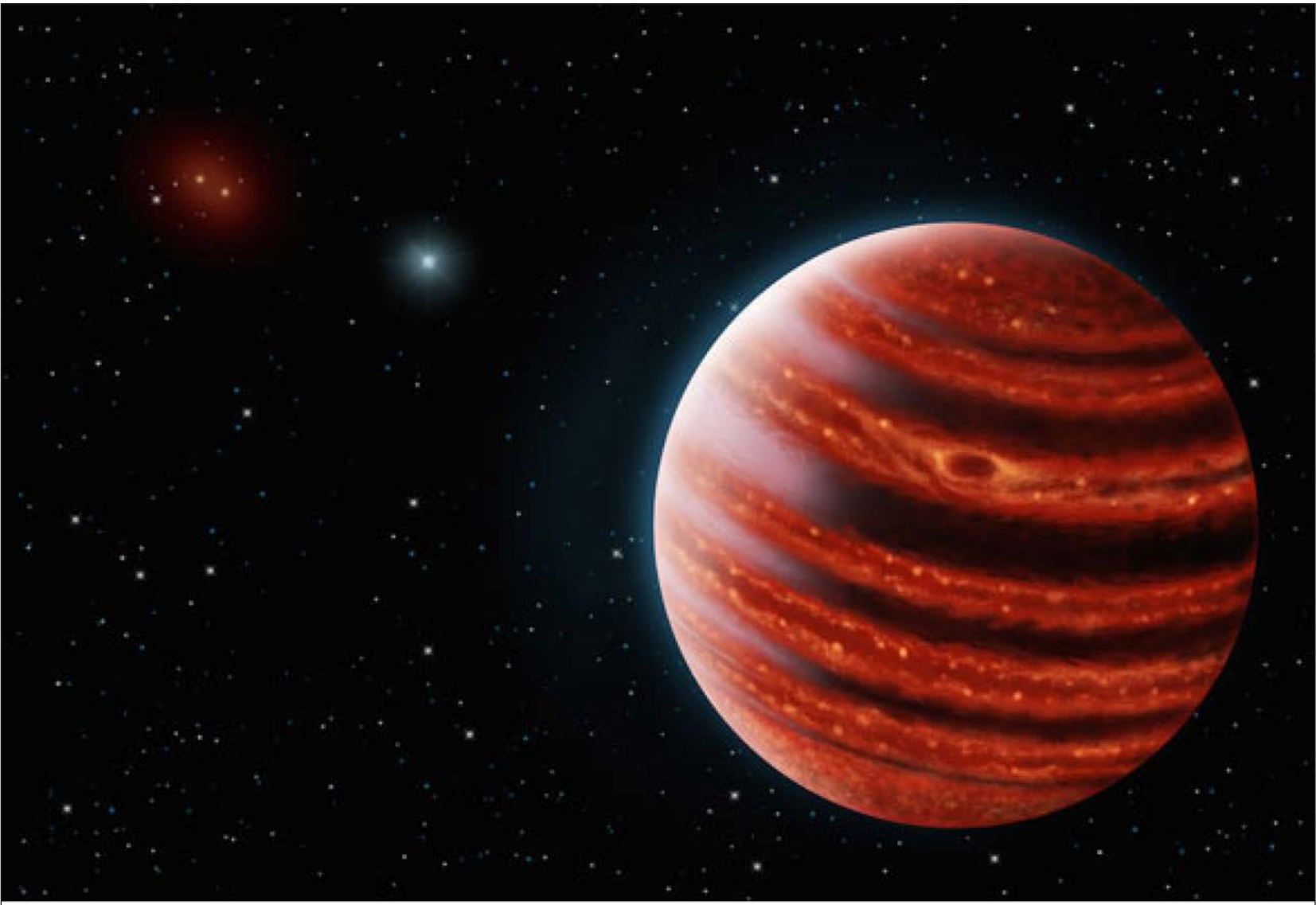
“This is the first exoplanet discovered with the Gemini Planet Imager (GPI), one of the new generation instruments designed specifically for discovering and analyzing faint, young planets orbiting bright stars,” says Franck Marchis, Senior Planetary Astronomer at the SETI Institute and member of the team that built the instrument and now conducts the survey. “GPI is far more sensitive than its predecessors. In fact, the 51 Eri system had been observed by four previous-generation instruments that all missed the planet completely.”

The host star, 51 Eri, is very young, a mere 20 million years old, and is slightly hotter than the Sun. The exoplanet 51 Eri b, whose mass is estimated to be roughly twice that of Jupiter, appears to orbit its host star at a distance 13 times greater than the Earth-Sun distance. If placed in our own solar system, 51 Eri b’s orbit would lie between those of Saturn and Neptune.

“51 Eri has everything we’re looking for in a target star,” notes Eric Nielsen, a postdoctoral fellow at the SETI Institute. “It’s relatively close and young. Indeed, the last dinosaur died 40 million years before this star was even born.”

Because GPI not only images exoplanets but also spreads their light for chemical analysis, astronomers can search for such common gases as water and methane in their atmospheres. Researchers had expected to see methane in directly-imaged exoplanets based on the temperature and chemistry of these worlds, but had failed to detect these molecules in large quantities using earlier instruments. However, the observations of 51 Eri b made with GPI have clearly revealed a methane-dominated atmosphere similar to that of Jupiter.

An extraordinarily complex instrument the size of a small car, GPI is attached to one of the world’s biggest telescopes—the 8-meter Gemini South instrument in Chile. It began its survey of stars last year.



“This is exactly the kind of planet we envisioned discovering when we designed GPI,” says James Graham, a professor at the University of California, Berkeley and Project Scientist for GPI.

Astronomers anticipate that 51 Eri b will be a benchmark for future atmospheric studies that seek to understand how planet formation in these extrasolar systems might be similar to the birth of the gas giants in our own system.

“Any planetary astronomer that inspects our data will conclude without the need of complex computer modeling that this is indeed a planet like our own Jupiter. We have found its first distant and younger cousin,” said Marchis.

“51 Eri b is the first one that’s cold enough and close enough to the star that it could have indeed formed the same way Jupiter did,” adds Bruce Macintosh, who spearheaded the construction of GPI and now heads up the

survey. “This whole planetary system could be a lot like ours.”

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



PRICKLY PEAR CACTUS (OPUNTIA SPP.)

By Christopher Nyerges
[Nyerges is the author of the newly-released “Nuts and Berries of California,” and other books. He leads regular ethnobotanical workshops and field trips. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com/.]



Though generally regarded as a desert plant, the prickly pear cactus is actually rather widespread. Perhaps the only area where you won’t find it is in the higher elevations where it could not survive prolonged periods of cold or snow. It can be found on the cliffs overlooking the beaches, in chaparral, in the urban backyards, in the interface between the urban sprawl and the wilderness. It’s a survivor and you can find it where you least expect it.

The prickly pear cactus is perhaps one of the most widespread of the cacti, and easy to recognize. The pads are covered with spines as they mature, and at the base of each spine is a cluster of tiny glochids, which tend to be more miserable than the spines when they get into your mouth and tongue and lips. As you become more familiar with the many Opuntias, you’ll see that some of the pads are less spiny than others, and therefore easier to collect, clean, and work with.

The Opuntias flower in the spring, and then the oval fruits develop. They fruits are first green, and then, depending on the species, the fruits mature green, yellow, orange, red, and purple. The peak of fruit ripening is generally September. They each have their own unique flavor and if you are a connoisseur of subtle flavor, you can use these different cactus fruits in different recipes to great advantage. My preference is the large yellow fruit, and the very tasty orange fruits.

To collect the fruit, I bring sturdy plastic tubs, dish washing gloves which extend as close to the elbows as possible, and long metal salad tongs. Sometimes I also carry a long knife.

In some of the thickets where I collect, I have had to make paths into the cactus so I can move and collect without bumping into millions of spines.

When I begin to collect, I put on my gloves and then pick each fruit by grabbing it with the tongs, and then gently twisting it to remove it from the pad. Then I carefully place it into my plastic tub. I do this until I have nearly a full tub. I put the fruits in carefully so they are not all mushed up and impossible to clean when I get home.

At home, I turn each fruit a few times over a flame on the stove and then put them into the sink where I will rinse each fruit and gently brush with a mushroom brush. Once I am certain they are all cleaned, I cut each fruit in half, and scoop out the inside fruit, which readily separates (in most cases) from the skin. If I am not going to use these right away, I freeze them.

Usually, whether I am going to freeze or use right away, I will put the fruits into a blender and blend it all into a slurry. I pour the slurry through a sieve which separates out all the seed. I will freeze the slurry in small yogurt containers or even plastic bags. I found that when I used to freeze in bulk in larger containers, I had to thaw out more than I often wanted for one recipe. It’s much easier to freeze in smaller containers. In fact, one small yogurt

container of nothing more than frozen cactus slurry makes an excellent snack on a summer afternoon. The cactus slurry can be mixed 50/50 with water for a delicious drink. You could make jams, jellies, pies, and various desert items with the cactus pulp.

My wife Dolores used to make a delicious pie with cactus by mixing the de-seeded fruit with tofu and perhaps some yogurt. This was blended to make a pie filling, which she poured into a whole wheat pastry shell. These cactus pies were better than anything we ever purchased at a store or restaurant, and were always a hit at our wild food classes. Unfortunately, I have never been able to duplicate her recipe. Some have come close, but there was something she did that made it “just so.” (Unfortunately, Dolores passed away in 2008 and took her secret with her!).

Eating prickly pear has long been regarded as a folk medicine way to deal with diabetes. Now, modern medicine has confirmed that eating the prickly pear cactus pads (or making juice of them) can help those who suffer from diabetes. (For additional scientific data, see “Prickly Pear Cactus Medicine” by Ran Knishinsky. This book provides the scientific evidence that prickly pear cactus fruits and pads are useful for treating diabetes, cholesterol, and the immune system.)

According to my teacher and mentor, Dr. Leonid Enari, the entire Cactus Family is a very safe family for consumption. He would quickly add that some are much too woody for food. A very few are extremely bitter – even after boiling -- and you’d not even consider using them for food.

If you choose to experiment, just remember that palatability is the key. Don’t eat any that are too woody, and any that are extremely bitter. Any that have a white sap when cut are not cacti, but look-alike members of the Euphorbia group.

Occasionally, people have experienced sickness after eating certain varieties. In some cases, this is due to a negative reaction to the mucilaginous quality. There may be other chemical reasons as well. So despite this being a very commonly used food historically for millennia, we suggest you start with very little and monitor your reactions.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

BIRTHDAYS, ANNIVERSARIES AND OTHER THINGS I USUALLY FORGET

I cannot tell you how many times the Gracious Mistress of the Parsonage has explained the difference between things to remember and things to be forgotten. Without boasting, I believe I could give the lecture back to her word for word.

I know some things are better put into that black abyss called forgetfulness, to be remembered no more, not even when they would help win an argument. According to my wife, forgetting some things is more important than winning an argument. Not that I would know. I never win an argument. Also, certain things, which, if forgotten, will bring great stress, particularly to Yours Truly.

I could not agree with her point of view more. I know some things should be forgotten while other things should be remembered. After all, it only makes sense. Nobody should forget everything and certainly, nobody could remember everything. It would simply be impossible. Anybody in his or her right mind should know this. This gives me an out. I cannot remember when I have ever been in my right mind. So, you know what is left.

Here is my problema. I know some things are to be remembered, other things are to be forgotten, but for the life of me, I do not know which ones are which. What do I forget and what do I remember?

For example, my wife wants me to remember her birthday, but forget how old she is. I cannot tell you how many times I have reversed this situation. I am prone to forget her birthday, but remember how old she is. In fact, there are those rare moments when I have added a few years to her age. If you do not think this has gotten me into trouble, you have not done any serious thinking in a long time.

I know the birthdays come every year, but in spite of their predictable regularity, I seem somehow to forget.

I learned an important lesson in life. It is one thing to forget a birthday, but it is quite another animal to forget your wedding anniversary. However, here is the rub. Unlike birthdays, not only am I to remember the date, but the number of the anniversary, as well.

Even though my wife and I share the same wedding anniversary, I forget to remember the date.

I have used a variety of excuses to cover up for this mental delinquency on my part. The first year I forgot our wedding anniversary I come up with a classy excuse, “My dear, you do not look a year older and so I forgot. How am I to remember time goes by when with you, time stands still?” This worked the first year, but it has not worked since. Not that I have not tried, believe me.

Another excuse I tried that did not work

out very well was, “Honey, I deliberately forgot our anniversary because I did not want to remind you how old we really are.”

I thought if I included myself in the age category I could get away with it. Let me just say, it did not work.

One year, I bought my wife her anniversary present in June. However, I had forgotten all about it and just happened to run across it one Saturday in October. Since our anniversary is in August, this did not help me at all.

This year we are celebrating our 44th wedding anniversary. It is a little confusing to me because if it is the 44th anniversary my wife was five when we got married. It is amazing to me how her birthday does not keep up with our anniversary. I think I have figured it out. For every three anniversaries, she gains only one year on her birthday. How else can I explain it?

I still have a problem, though. Now that I remembered our anniversary this year, what do I buy her for a present? After 44 years, I have simply run out of ideas. Actually, I ran out of ideas after the 10th anniversary. What do you get someone for his or her 44th anniversary present?

To remember our anniversary and to forget to buy a present is the greatest faux pas any husband can make.

I wanted to get a cake with candles, but the fire department considers it a fire hazard. Of course, everybody knows that kind of candlepower really adds to the global warming effect.

It is times like this I wish I had written down all the anniversary gifts I have given over the last 44 years. Perhaps I could see a pattern developing and just follow through with the pattern.

My concern is if I buy her something expensive, she might become suspicious and wonder what I did that I do not want her to know about. If I buy something rather cheap, she may suspect that I do not take the anniversary seriously.

I think I have come up with an answer. Since my wife is into crafts, I decided to make her anniversary gift myself this year. I must confess, I am not as crafty as she is — on a multitude of levels, but then as she always says, “It’s the thought that counts.”

Then I turned to the Bible and read, “Whoso findeth a wife findeth a good thing, and obtaineth favour of the LORD.” (Proverbs 18:22).

Every great marriage is based upon forgetting and remembering the right things.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

LEFT TURN/RIGHT TURN

DICK Polman



PLANNED PARENTHOOD AND THE QUEEN OF HEARTS

Everyone has a beef about "the media," and here's mine: We typically highlight accusations of wrongdoing, but we typically bury the news when it turns out that the doer did no wrong. It's a habit best articulated by the Queen of Hearts in Alice in Wonderland: "Sentence first, verdict

afterwards."

That's the deal right now with Planned Parenthood. According to last month's headlined accusation, PP sells aborted body parts for profit, in violation of the law. Anti-abortion activists, and their credulous Republican servant have coined selling aborted body parts as rote shorthand, figuring that if they say it often enough, it will ring true. Presidential candidate Mike Huckabee spun it a step further at the Fox News debate, claiming that PP's policy is to "rip up body parts and sell them like they're parts to a Buick." But just for the heck of it, let's follow up. In the four weeks since the lurid accusation was first floated, what actual evidence have we seen - I'm talking about chains of empirical, forensic, documented evidence - that Planned Parenthood illegally sells aborted body parts for profit? How many bills of sale have been unearthed? How much proof has surfaced thus far? Zero, zip, nada. It's indeed illegal to sell aborted body parts for profit, but not a shred of evidence has turned up that PP does any such thing. However, it's perfectly legal under federal law to donate fetal tissue for the purposes of medical research (into the causes and treatment of Parkinson's, heart defects, hepatitis, HIV, diabetes, cancer, eyesight loss, and more), and it's legal for PP to recoup the transportation expenses. PP hews to those laws - donating in the states that permit it, and only with the women's consent.

But the dearth of illegality evidence hasn't been highlighted on newspaper front pages, or on news site home pages. It has not been Twitter-bombed, and it hasn't trended on Facebook. So as a public service, and in the spirit of fairness, I've pieced together the news from various underplayed stories.

Here's where things stand:

The feds have already investigated PP's relations with federal research agencies and told the Republican Senate sleuths, in a letter, that there have been "no violations of (fetal tissue) laws in connection with research done at our agencies."

The state of Massachusetts had investigated PP. It found no wrongdoing.

The state of Georgia has investigated. It found no wrongdoing.

The state of Indiana has investigated. It found no wrongdoing.

The state of South Dakota has investigated. It found no wrongdoing.

The state of Idaho has simply said, via a gubernatorial statement, "Since there is no evidence that a crime has been committed, there are no grounds for a legal investigation."

Other states are still hot on PP's trail - among them, Arizona, Texas, Louisiana, Missouri, Kansas, and Tennessee, and Ohio - but health experts say they're unlikely to find wrongdoing, for a variety of reasons: (a) their PP facilities don't perform abortions, (b) their PP facilities don't do tissue donations, (c) their state laws prohibit such donations, or (d) their PP facilities perform abortions and donate fetal tissue - but they do so legally, without selling body parts for profit.

And just to further balance the scales, here's an editorial in The New England Journal of Medicine:

"Planned Parenthood, its physicians, and the researchers who do this (fetal tissue) work should be praised, not damned....It is shameful that a radical antichoice group whose goal is the destruction of Planned Parenthood continues to twist the facts to achieve its ends. We thank the women who made the choice to help improve the human condition through their tissue donation; we applaud the people who make this work possible and those who use these materials to advance human health. We are outraged by those who debase these women, this work, and Planned Parenthood by distorting the facts for political ends."

That should trump the Queen of Hearts headlines. But probably not in this media climate.

Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Philadelphia. Email him at dickpolman7@gmail.com.

MICHAEL Reagan Making Sense

IT'S TIME TO TAKE ON TRUMP

Is Donald Trump the Republican Party's "Music Man"?



Is he the celebrity con man who's going to lead the GOP's parade of candidates from now all the way until next November?

I hope not, but so far that's exactly what the 2016 script is looking like.

Trump — a political novice -- has been leading the Republican's presidential marching band all over the political landscape. His campaign's theme song should be "Seventy-Six Trombones."

He's been calling all the tunes, attracting all the media attention and the biggest crowds, killing in all the polls and making a lot of professional politicians and their campaign managers look like a squad of high school baton twirlers.

Over the weekend Trump fleshed out his awful immigration policies.

They include erecting a "strong, strong" wall on the U.S.-Mexico border, making Mexico pay for its construction by docking remittances, deporting all illegal immigrants from the States and revoking birthright citizenship guaranteed by the Constitution.

Trump's policies for achieving "real immigration reform" have a populist appeal. They are music to the ears of GOP hardliners, too, but they're impractical, unrealistic, stupid and unconstitutional.

Yet when members of the Republican Party's elite corps of presidential wannabes were contacted by the media earlier this week, not one of them had the courage to really go after Trump or his bad policy ideas.

Chris Christie, the tough-guy governor from New Jersey muttered something like "Everything's on the table."

Scott Walker, the brave union-busting governor of Wisconsin, dodged a question about ending birthright citizenship for kids born in the U.S. to parents who came here illegally.

Carly Fiorina turned uncharacteristically soft, saying she agreed with some of Trump's tough positions on immigration but questioned his ability to implement them.

John Kasich, Ohio's no nonsense governor, didn't bash Trump personally, but at least he pointed out that hunting down people who are here illegally is not doable, right or humane.

At first Jeb Bush, a virtual liberal on immigration, barely took issue with Trump's foolish and impossible promise to build an impenetrable wall along the Mexican border.

But on Wednesday Jeb came out against "anchor babies," proving that Trump is setting the agenda and changing things.

No candidate I heard noted that deporting millions of illegal immigrant families would take years and cost billions in court costs, since every deportee would be entitled by law to a hearing and an appeal.

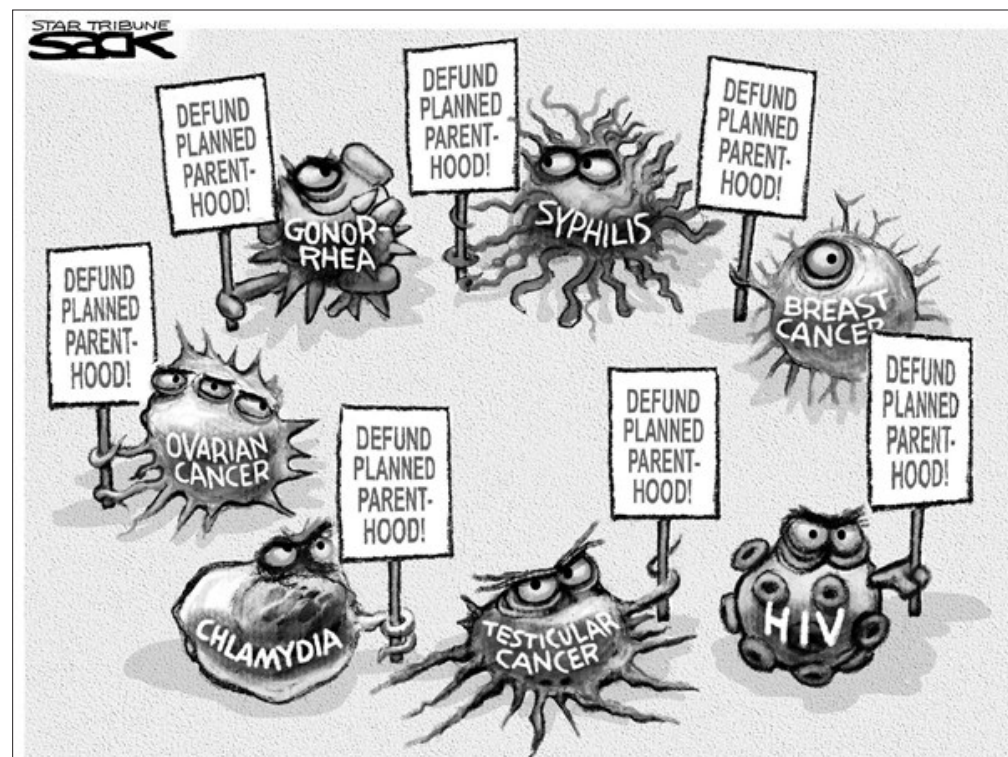
No principled conservative-libertarian candidate pulled out his pocket-size copy of the U.S. Constitution and pointed out that ending the birthright citizenship would mean having to first pass a constitutional amendment.

Republicans and conservatives are running out of time. Trump is already too off-the-charts to be hurt by anything he says, and he's too rich and egotistical to fade away. He's going to be around next fall causing trouble for the GOP.

Some Republican presidential candidate — Ben Carson? Carly Fiorino? Rand Paul? — needs to stand up now and separate themselves and the Republican Party from the Party of Trump before it's too late.

Some gutsy candidate has to step out of the GOP's marching band and pound home the truth about "The Music Man" — that he is an idiot and he and his ideas do not represent the Republican Party or conservatism.

Michael Reagan. Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelreagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.



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...back to their colonies with crumbs.

Kids: color stuff in!

I'm a sucker for ants!

Ants are world-famous insects. There are over 8,000 kinds of ants. They seem to be everywhere except in very cold areas of the world. They have been found in the ground, in rotting wood, under sidewalks, in buildings and even on ships at sea!

Ants can be helpful to us because they control pests. However, sometimes ants sting or bite us, or get into our food supplies. Then we think **they** are the pests!

How much do you know about ants? **Read the clues to fill in the crossword:**

- called this because they live and work together and help each other
- will share food stored in this part of his body with other ants
- these sense flavors, sounds, odors; also used to "talk" to other ants
- these ants "march," keeping on the move, carrying everything
- ants that build and defend the nest, care for the young, gather food and do all of the other work
- a group of ants
- ants help us by getting rid of these
- young queens and males have these to fly
- largest ant, lays all the eggs
- often built in the earth or in wood
- most ants have 2 compound _____, each made up of tinier ones
- used to travel from room to room in nest

Ants, Ants, Ants

Kinds of Ants

- Leafcutter
- Silver
- Weaver
- Red Harvester
- Fire
- Slave-maker
- Army
- Bulldog
- Carpenter
- Honey pot
- queen nests
- social
- pests
- wings
- workers colony
- army crop

Read the clues to fill in the crossword:

- found in the hot Saharan Desert (Africa)
- main food is seeds, which they gather and store
- build nests in dead wood; often leave a trail of sawdust
- have large jaws; can sting prey; (mostly in Australia)
- march to raid others' nests and take what they can
- raid other ant colonies; steal the pupae (ants in the stage before they become adults) and raise them to work
- will sting, leaving you with a red bump and a burning feeling in your skin
- use silk to hold their nests together
- don't eat the leaves they cut up, use them as compost to feed fungus which they do eat
- they overeat, bloat, then feed other ants

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Date Published: August 08, 15, 22, 29, 2015

FICTITIOUS BUSINESS NAME STATEMENT FILE
FILE NO. 2015-201522

I, the following person(s) is (are) doing business as:
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(are) RICARDO THOMAS. The business is conducted by
T., L.A. CA 90002. This statement is signed by:
AN INDIVIDUAL. Signed: RICARDO THOMAS
THOMAS/AJERA. This statement was filed with the County
Clerk of Los Angeles County on 08/03/2015. The
registrant(s) has (have) commenced to transact

CA 91792. Full name of registrant(s) is (are) SMARTTRADE, INC., 3401 S. SENTOUS AVE. #212, WEST COVINA, CA 91792. This Business is conducted by: A CORPORATION. Signed: CHAO LIN CHEN. This statement was filed with the County Clerk of Los Angeles County on 07/17/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 25, August 01, 08, 15, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-187747 The following person(s) is (are) doing business as: ARC APPAREL, 639 N. BROADWAY #448, L.A., CA 90012. Full name of registrant(s) is (are) JAEYOON KIM, 639 N. BROADWAY #448, L.A., CA 90012. This Business is conducted by: AN INDIVIDUAL. Signed: JAEYOON KIM. This statement was filed with the County Clerk of Los Angeles County on 07/17/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 25, August 01, 08, 15, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-188281 The following person(s) is (are) doing business as: BAD GENTLEMEN; MANTIQUE, 6940 SEPULVEDA BLVD., VAN NUYS, CA 91406. Full

name of registrant(s) is (are) SHAWN ANTHONY WILLIS-PARKER, 6940 SEPULVEDA BLVD., VAN NUYS, CA 91406. This Business is conducted by: AN INDIVIDUAL. Signed: SHAWN ANTHONY WILLIS-PARKER. This statement was filed with the County Clerk of Los Angeles County on 07/20/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: July 25, August 01, 08, 15, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-197262 The following person(s) is (are) doing business as: BLUES GLASS TINTING, 4875 RIVERGRADE RD., IRVINDALE, CA 91706. Full name of registrant(s) is (are) MILTON UVALDO BARRIOS BARRIOS, 60 CARIAGE WAY, PHILLIPS RANCH, CA 91766. This Business is conducted by: AN INDIVIDUAL. Signed: MILTON UVALDO BARRIOS BARRIOS. This statement was filed with the County Clerk of Los Angeles County on 07/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: August 01, 08, 15, 22, 2015

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NOTICE OF PETITION TO ADMINISTER ESTATE OF: KIM DENISE WEST AKA KIM D. WEST CASE NO. BP165657

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of KIM DENISE WEST AKA KIM D. WEST.

A PETITION FOR PROBATE has been filed by MARK EDWARD WEST in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that MARK EDWARD WEST be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act . (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 09/15/15 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

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301 E COLORADO BLVD #700
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SHARE SOME GOOD NEWS!

“The Kindness of Strangers” feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtnviewsnews.com. It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/Publisher MVNews

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