



# Happy Thanksgiving

Where Your  
Community News Comes First

## Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, NOVEMBER 21, 2015

VOLUME 9 NO. 47



**The Holidays Begin In Sierra Madre!**  
Join us in this years Winter Village Festival throughout downtown November 28th between 12 p.m. to 8 p.m.



**Come Join us for the festivities.**

### Meet Santa

There will be plenty of events for children and adults alike.  
Holiday music will be scattered through out town.  
Get in the holiday mood by singing along with holiday carolers.  
**SLIDE DOWN THE SIERRA MADRE REAL SNOW HILL!!**  
See your children's delight when the tree is lit.  
**VISIT THE ICE CASTLE!**  
**SHOP 'TIL YOU DROP!**  
Start your holiday off with a romantic horse and carriage ride.  
Shop for those special gifts at our local businesses.  
Don't miss the non-profit clubs and organizations booths.

Winter Village Festival is sponsored by the  
Sierra Madre Chamber of Commerce



### SIERRA MADRE'S COMMUNITY PRAYER BREAKFAST Giving Thanks for Unity and Diversity



From left to right: Pastor Shin Sangman, Sierra Madre United Methodist Church, Rev. Alan Phillip, Mater Dolorosa Passionist Community, Mr. Joseph Angle, Temple Beth David, Patricia Woodland, Event Chairwoman, Mr. Steven Licata, Baha'i Faith, Deacon Manuel Valencia, St. Rita Catholic Church and Barbara Lampman, President, Sierra Madre Woman's Club

On Wednesday, the Sierra Madre Woman's Club held its 41st Annual Prayer Breakfast in the historic Essick House. The event, attended by a crowd that filled every room of the house, was a mixture of Clergy, residents, city officials, city staff and guests. It was a wonderful gathering of the diverse population of Sierra Madre. The breakfast also marked the beginning of the holiday season for many. Guests were treated to a free breakfast served

by members of the Woman's Club included their famous special recipe quiche, an annual favorite. The Sierra Madre Woman's Club, established as a voice for women in Sierra Madre in 1907. Its purpose "is to promote charitable, civic and educational advancement and social activities."

For more information on SMWC, go to: <https://www.facebook.com/SierraMadreWomansClub>.

### CIVIC CLUB MAINTAINS CITY HALL ROTUNDA

The first sight that greets visitors and residents who stop by Sierra Madre City Hall is a graceful rotunda with a beautifully landscaped central garden graced by a lovely metal statue of a fisher boy. What they may overlook is a small plaque among the garden's plantings announcing that the Sierra Madre Civic Club maintains the garden and indeed all the plantings in the rotunda.



For over 25 years, members who join to local artists to submit designs for a statue for the garden. The winner was David Williams of Arcadia whose Committee have "Iron Boy" calls to mind the children been insuring who take part in the Huck Finn Fishing that the rotunda Derby. When the committee decided is lovely and they needed professional help with the welcoming garden, they approached civic-minded Originally the Sierra Madrean Mark Meahl, owner of Garden View Landscape, Nursery, as we do and are willing to donate decorated for Pools. Mark designed the dry river holidays and bed, suggested plantings, donated the placed greenery initial plantings, sent his crew to the site with dirt, rocks, and plants, and did the planters several entire installation, including the statue, as a donation. Several months ago Civic Club's Beautification Committee noticed that the wisteria vine covering the pergola of the rotunda was dead in some places and in desperate need of professional trimming. Committee members nearly 20 years ago contacted another civic-minded Sierra Madrean, arborist Danny Osti. Danny

the committee issued invitations and his crew spent two days cutting away the dead parts of the vine and professionally trimming it so that it again looks healthy and promises to reward us with lovely blossoms next spring.

The Sierra Madre Civic Club is proud of the work of their Beautification Committee and grateful to those professionals who love our city as much as we do and are willing to donate materials and so many hours of labor for little recognition and very small fees. As in many of our other citywide endeavors, we've learned that it indeed does take a village.

The Sierra Madre Civic Club is a civic and philanthropic organization. We meet the second Thursday of every month at 7:30 PM in the Hart Park House. You are welcome to join us to find out the fun ways we support special events in Sierra Madre and how we raise money to give back to the community.

CALENDAR Pg. 2

SIERRA MADRE NEWS Pg. 3

PASADENA/ALTADENA Pg. 5

SAN GABRIEL VALLEY Pg. 6

ARCADIA NEWS Pg. 7

MONROVIA/DUARTE Pg. 7

EDUCATION & YOUTH Pg. 8

BEST FRIENDS Pg. 9

HEALTHY LIFESTYLES Pg. 10

THE GOOD LIFE Pg. 11

FOOD & DRINK Pg. 12

ARTS & ENTERTAINMENT Pg. 13

BUSINESS NEWS & TRENDS Pg. 14

OPINION Pg. 15

LEGALS Pg. 16

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## Weather Wise

## 6-Day Forecast

## Sierra Madre, Ca.

<b>Sun:</b>	Sunny	Hi 80s	Lows 50s
<b>Mon:</b>	Ptly Cldy	Hi 70s	Lows 50s
<b>Tues:</b>	Ptly Cldy	Hi 60s	Lows 40s
<b>Wed:</b>	Sunny	Hi 50s	Lows 30s
<b>Thur:</b>	Sunny	Hi 60s	Lows 40s
<b>Fri:</b>	Sunny	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:  
Tuesday, November 24, 2015  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

## SIERRA MADRE CITY MEETINGS

## Regular City Council Meeting

November 24, 2015 - 6:30 pm



The final agenda and staff reports will be available online no later than Friday night. Enter the date "10/13/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

**HOLIDAY CLOSURE:** - City Hall will be closed on November 26 & 27 in observance of the Thanksgiving holiday.

## Upcoming Public Meetings and Events

Monday, November 23, 2015, 7:00PM  
Library Board of Trustee Meeting

Tuesday, November 24, 2015, 6:30PM  
City Council Meeting

Thursday, December 3, 2015, 3:00PM  
Senior Commission Meeting

Thursday, December 3, 2015, 7:00PM  
Planning Commission Meeting

Planning & Community Preservation and Public Works  
Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



9 Kersting Court Sierra Madre, Ca. 91024  
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SHARE SOME  
GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com). It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/  
Publisher MVNews

## ALTERNATIVE GIFT FAIR &amp; BOUTIQUE

Sierra Madre United Methodist Church is holding its annual Christmas Alternative Gift Fair & Boutique on Sunday, December 6, 2015 from 11:00 a.m. - 1:00 p.m. Celebrate the spirit of the holiday season with a gift that truly "gives back." Your donations help support the relief efforts of local organizations such as San Gabriel Valley Habitat for Humanity, Friends in Deed,

and Foothill Unity Center, and global efforts such as Heifer International, Imagine No Malaria, and missionary programs in Mexico. Sales from the popular handcrafted gift boutique will benefit Family Promise of San Gabriel Valley. Enjoy free refreshments while you browse. The Church is located at 695 W. Sierra Madre Blvd. in Sierra Madre. Call [626-355-0629](tel:626-355-0629) for more information.



SMRoseFloat.org.

For more information about SMRFA and all of our activities, check out our website at [smrosefloat.org](http://smrosefloat.org). We look forward to seeing you at the SMRFA barn! Volunteers like you are what make the entire process possible.

Walking Sierra Madre...  
The Social Side

by Deanne Davis

Walking Sierra Madre this time of year is simply a delight. There are still pumpkins on lots of folks' porches, which will last for months, till the squirrels find a weak spot. Those easterners who say we don't have Autumn color haven't seen OUR leaves and it finally feels like Fall. I expect we're all doing something about Thanksgiving. Brining our turkey (best thing ever for a moist and tender Festive Bird!), making a pie, looking for something new to do with sweet potatoes and, best of all, inviting family and friends to share the feast. I don't suppose any of you folks have ever had the following experience?

The Ghost of Thanksgivings Past

The Festive Bird is in the stove,  
And time now for a nap.  
I laid me down, closed my eyes,  
And on the window heard a tap.

It's far too soon for guests to come,  
I need a little peace!  
The stuffing's ready, cranberries chillin',  
Pies overflow with pumpkin fillin'.

The tap just keeps on at my window,  
But I'm not gonna look!  
There's nothing more for me to do,  
This is one tired and sleepy cook.

So I snuggled deep down in my afghan,  
Turned my head the other way.  
I don't care who's at that window,  
They can tap all day.

Off I went to slumberland and dreamed a lovely dream,  
A kitchen, clean and washed and spotless, everything just right.  
But then I dreamt a dreadful dream,  
That made me shriek with fright!

The tapping at my window,  
More insistent grew.  
And what was out there tapping,  
I'll now describe to you.

The Ghost of my Thanksgivings Past,  
A turkey that was huge!  
Tapped an enormous beak at my window,  
And gobbled.... "J" accuse!"

"Forty Thanksgivings, and more," he said,  
"Since you walked down the aisle.  
Forty turkeys you've served up,  
With sweet potatoes and a smile."

"Forty turkeys come and gone,  
And still your gravy's awful!  
And the year the turkey hit the floor,  
Should be declared... unlawful!"

"Most of them were nicely done, I'll give you that," he said.  
"But some were cooked so badly,  
You should have ordered Chinese instead!"  
What an awful dream, I thought, as I covered in my bed.

The Ghostly Turkey wasn't finished,  
With his accusations many.  
And I, offering excuses,  
Discovered I hadn't any!

But then he smiled and said to me,  
"Your crimes are all forgiven.  
For those who've gathered at your table,  
Have rejoiced and laughed for hours."

"We turkeys relish meals like these,  
They are sweet as summer flowers!  
Enjoy today, with friends and family, gathered 'round your table,  
Give thanks for health and joy and peace...  
Then share this Thanksgiving fable."

And with a last gobble...gobble, the Ghost of Thanksgivings Past,  
Flew up, up, and away...  
And I heard him exclaim, ere he flew out of sight...  
"Happy Thanksgiving to all...  
And for heaven's sake, learn to make better gravy!"

Happy Thanksgiving to you all! Hope it's the best one ever!

My book page: [Amazon.com](http://Amazon.com): Deanne Davis  
Blog: [www.authordeanne.com](http://www.authordeanne.com)

"Tablespoon of Love, Tablespoon of Laughter" is available there...  
Christmas is coming! You'll need gifts!



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## REMEMBRANCES

### JAMES GARCIA

August 28, 1922 - November 14, 2015

JAMES GARCIA Of Sierra Madre, passed away Saturday, November 14, 2015, due to complications from Parkinson's Disease. Jim was surrounded by his loving family at the time of his passing. Born on August 28, 1922, in Arcadia, CA Jim grew up in San Gabriel. Jim was one of eight children, and lived most of his adult life in Sierra Madre, CA.

In 1942, Jim answered the call of his country, and went into the U.S. Army - where he served in an anti-aircraft battery. On June 6, 1944, Jim was among those brave men to hit the beaches in Normandy, France, and was actually in the second wave at Omaha Beach. Jim went on to serve in several major battles in Europe, and after the war in Nuremberg, Germany, for which he was awarded five (5) Bronze stars, as well as various other medals. Jim was honorably discharged in December 1945, and - shortly after his return home -- met Esther Reyes. Jim and Esther remained married for 68 years, until Jim's passing.

Jim worked for Lee & Daniel as an ironworker for 30 years. After retiring, Jim continued to remain active and had a successful landscaping business throughout the San Gabriel Valley. Jim also remained dedicated to serving his country, and was active member of VFW Post 3208 and The American Legion. He enjoyed socializing with family and friends, music and good food.

Jim is survived by his wife Esther, son Stephen James, and daughter Elizabeth Garcia Kelchner, both of Sierra Madre; one grandson Brandon Scott Kelchner, sister, Connie Acevedo; sister-in-law, Edwina L. Garcia, and many nieces and nephews.

A mass for Jim will be held at 11:00 a.m.,



Saturday, November 28, 2015 at St. Rita Parish, Sierra Madre with Father Richard Krekelberg, officiating. Graveside service will follow immediately at Pioneer Cemetery in Sierra Madre, and a reception will conclude the remembrance gathering at the Thomas O'Malley Hall at St. Rita.

Arrangements are by Douglas & Zook in Monrovia, CA. Contributions may be made to The National Parkinson Foundation, www.parkinson.org.

### CHARLES WIMMER

May 7, 1958 - November 11, 2015

CHARLES EDWARD WIMMER, beloved husband, father, son, brother, nephew, cousin and friend, was a third generation Californian, born at St. Luke's Hospital, Pasadena, Ca. He passed away after a long and painful illness at his home in Lake Arrowhead, Ca. on November 11, 2015.

Named for his great grandfather, Charles Edward Graber (born Stratford, Ontario, Canada), Charles is survived by his wife Kimberly Joy (Smith), children Ryan Charles, Timothy Otho, Joseph Carl III, mother Rosemary Lord Wimmer, brothers Joseph Carl and Martin Lord, nephew Richard D. Wimmer (Courtney), nieces Whitney Elyse, Lindsey Claire and Alyssa Rose and many aunts, uncles and cousins.

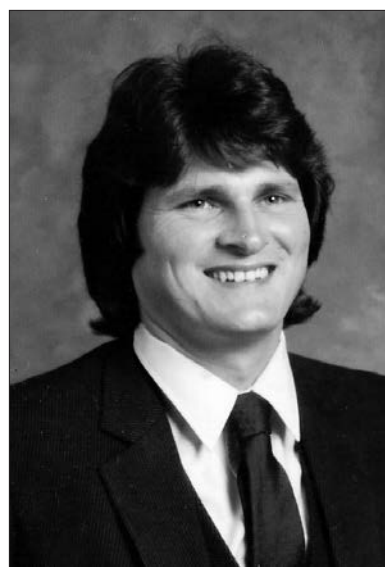
Charles attended Mayflower Elementary School in Monrovia, Ca. and La Salle High School in Pasadena, Ca. He went on to receive degrees from Cal State Long Beach and Humboldt State University. He earned his Masters Degree in Administrative Education at Cal State San Bernardino and in Counseling at Azusa Pacific.

Charlie began his teaching career in San Bernardino where he was much loved and appreciated by his students, their parents and his friends and professional associates. Charlie's biggest concern when he became ill was for his young students, as he wouldn't be there with them through the end of the school year.

Charlie fought a long and painful battle, but he maintained a positive attitude until the end when we said our goodbyes and let him know we would be there to love, support and care for each other through our grief.

Charlie is predeceased by his father, Joseph Carl Wimmer, his brother Richard Otho, his maternal grandparents, Alma and Otho Lord, and his paternal grandparents Anna and Joseph Wimmer.

Services for Charlie will be graveside at Rose Hills Cemetery, 3888 South Workman Mill Road, Whittier on Monday, November 23rd at 11:00 am, followed by a Memorial Mass at Ascension Church, 25 East Laurel Avenue, Sierra Madre at 1:00 pm. A reception will follow the Service at the Church.



## SIERRA MADRE POLICE BLOTTER

During the week of Sunday, November 8th, to Sunday, November 15th, the Sierra Madre Police Department responded to approximately 249 calls for service.

Thursday, November 12th

At 11:36 am, Sierra Madre Police responded to the 00 block of North Baldwin Avenue regarding a theft report. Upon arrival, the victim informed Officers that the day before while working at the local gas station, two male suspects pulled in the station and asked her to break a \$100 bill for smaller bills. The woman took the \$100 bill and handed the suspect five twenties, to which he pulled out another \$100 and asked her to break it as well. After breaking the second bill, the man handed her two twenties and purchased gas. After filling up the tank, one of the suspects returned and asked the clerk to break another \$100, which she complied. After the men left, the clerk realized that the last \$100 bill felt and looked different. The following morning the manager called in the clerk and informed her at all three \$100 bills were fake. In all the suspects stole over \$250 cash and \$40 gas. This case has been forwarded to the Detective Bureau.

Friday, November 13th

At 12:54 am, Sierra Madre Police were patrolling the area of Auburn Avenue when they noticed a suspicious vehicle with two occupants parked in front of a residence. Officers noticed out of state plates and decided to approach the vehicle. Upon their approach they discovered a man who was partially undressed and woman who appeared to be sleeping. Officers woke the pair and immediately the man began yelling and erratically moving his hands while the female complied with Officer's commands to roll down her window. Both the man and woman informed Officers they did not have any identification and when Officers informed the man that they were being detained due to their suspicious activity, the man turned on his vehicle and drove off.

While the vehicle drove away Officers could hear the woman yelling for the man to stop. The male led Officers on a vehicle pursuit reaching speeds of up to 45 mph in residential streets. During the pursuit the passenger door kept opening and closing, as the woman attempted to exit the vehicle but was unable due to the reckless driving of the man. The man finally came to a stop on Coburn Avenue and Officers initiated a high risk stop. Officers safely detained both the man and woman without incident. When Officers questioned the man why he fled, he stated that he was annoyed by not being able to sleep. Officers determined the woman was attempting the exit the vehicle but the man kept telling her to shut the door. The man was arrested and charged with felony evading, kidnapping, and driving on an expired license. The woman was released at the scene.

Saturday, November 14th

At 1:01 am, Sierra Madre Police were patrolling the area of 100 W Sierra Madre when they observed two male subjects fighting and one male subject attempting to break up the fight. When Officers approached the men, one of the fighting males took off. Officers detained the two other men while waiting for back up, and shortly after sitting the two men on the ground, the third man came back into the area. When Officers instructed the man to come over to the scene, he began screaming profanities and took off running again. Officers searched the immediate area but were unable to locate the man. Officers continued to speak with the two other subjects and quickly realized one of the subjects who was seen fighting was arrested a few weeks prior for public intoxication. The subject was clearly intoxicated with slurred speech and having trouble maintaining his balance. Officers arrested and cited him for Public intoxication. The second man detained at the scene spoke clearly and did not appear to be intoxicated and was released at the scene.



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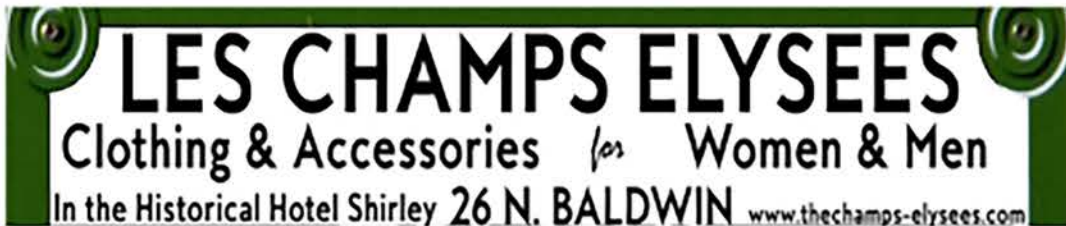
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## OLD FIRE STATION 30

Altadena resident Michael Dumas and Pasadena resident Robin McCarthy pose next to a vintage fire engine in front of Old Fire Station 30 on the corner of Central Avenue and 14th Street, just south of downtown Los Angeles. Dumas is a retired LAFD Fire Inspector and board member of the Fire Family Foundation, and McCarthy is the executive director. Last Sunday, they attended a special open house at the museum, where an announcement was made

about a fundraising partnership between the two agencies scheduled for Saturday, August 13, 2016 – The first Fire It Up! barbeque competition will be held on the grounds of the beautifully restored museum and co-hosted by Fire Family Foundation. Visit [www.firefamilyfoundation.org](http://www.firefamilyfoundation.org) to get updates about this tasty fundraiser and to learn more about how Fire Family provides assistance to fire fighters, fire victims and fire families.

## 33% WATER SAVINGS FOR OCTOBER

Water savings for the FMWD service area declined slightly to 33% for the month of October 2015 compared to the 34% savings in September. The State is using calendar year 2013 as the benchmark for measuring water savings for water agencies throughout California. Cumulative water savings since the State-mandated reductions began is 33%.

La Canada Irrigation District took top performance for the service area with 40% savings over the same period in 2013. Las Flores Water Company was a close second at 39% savings. Rubio Canon Land and Water Association, one of two agencies that are required to conserve 36% hit their target for the first time since the mandatory restrictions began. Valley Water Company, also required to conserve 36%, conserved 29%. Below are the numbers for agencies within the FMWD service area:

October Savings Cumulative Savings  
Crescenta Valley Water District 29% 31%  
La Canada Irrigation District 40% 35%  
Las Flores Water Company 39% 33%  
Lincoln Avenue Water

Company 33% 30%  
Mesa Crest Water District 37% 27%  
Rubio Canon Land and Water Association 36% 33%  
Valley Water Company 29% 32%

"We are proud of our customers conserving 40% during this critical drought and thank them for their efforts. We ask for continued conservation so that State-mandated reduction targets can continue to be met," said La Canada Irrigation District General Manager Doug Caister.

The best way to save water is to reduce irrigation to 2 days a week. For more savings tips, please go to <http://bewaterwise.com/>.

### October Water Savings

Foothill Municipal Water District provides imported water to Crescenta Valley Water District, La Cañada Irrigation District, Mesa Crest Water Company, Valley Water Company, Lincoln Avenue Water Company, Las Flores Water Company and Rubio Cañon Land & Water Association. Kinneloa Irrigation District, another retail agency, takes no water from Foothill.

## GIVING THANKS BY GIVING BACK

*Union Station Homeless Services to feed thousands in need at Annual Dinner-in-the-Park*

PASADENA - The best way to give thanks is to give back! To show community spirit and compassion, hundreds of volunteers of all ages will gather together on Thanksgiving and Christmas Day to serve meals and cheer at Union Station Homeless Services' annual Dinner-in-the-Park. For more than 40 years, this beloved tradition has been a staple event for the community during the holiday season.

Volunteers help prepare and serve meals - including turkey, stuffing, green bean casserole, mashed potatoes and pie - to all who are hungry at Pasadena's Central Park on Thanksgiving and Christmas Day.

"The event brings the community together!" said Ginger Mort, member of the Los Angeles Disney VolunteER Leadership Council and a Union Station Dinner-in-the-Park volunteer since 2001. "Even if it is for one day, hopefully one day leads to another and another and so on and so on!"

Union Station Homeless Services expects to serve 5,000 plates of food this Thanksgiving on November 26th. Meal recipients will include adults and families experiencing homelessness and poverty, senior citizens, and those who are alone at the holidays or unable to afford a holiday meal. In addition to volunteers, the event is made possible thanks to our generous partners:

Tsutayo Ichioka & Satsuki Nakao Foundation, HomeStreet Bank, SuperKing Markets, Longo Toyota Scion Lexus, Pasadena Federal Credit Union, Dove Properties, Pasadena Convention Center, Norton Rose Fullbright, Paul Hastings,

Centerplate, Chipotle, and Whole Foods.

"The Pasadena Convention Center and Centerplate is thrilled to support Union Station Homeless Services by preparing turkeys for Dinner-in-the-Park," said Michael Ross, CEO, Pasadena Center Operating Company. "We applaud Union Station's work to serve thousands of meals to the hungry and homeless during the holiday season and are pleased to participate in such a worthwhile cause."

"Dinner-in-the-Park is truly a community event and simply would not be possible without the help of dedicated volunteers and dozens of businesses who make this event such a success," said Marv Gross, CEO of Union Station.

All who are able to help are invited to donate their time, food items or funds to this incredible holiday outreach program.

Volunteer registration for Thanksgiving is now closed. Registration for Christmas will open on December 1 at 8 am.

Union Station Homeless Services is still in need of non-perishable food donations. A wish list of items needed can be found on the event page at <http://unionstationhs.org/event/dinner-in-the-park-2015/>. The community is invited to drop off these supplies in the indicated sizes at 412 S. Raymond, Pasadena.

**PLEASE NOTE:** Due to Health Department regulations, Union Station Homeless Services is no longer able to accept turkey or prepared food donations at the event.

## COUNTY ISSUES ABATEMENT DIRECTIVE ON ALISO CANYON GAS LEAK

*Orders Gas Co. to Provide Free, Temporary Relocation to Affected Residents*

LOS ANGELES COUNTY – At the direction of Mayor Michael D. Antonovich, the County Department of Public Health has investigated the ongoing gas leak at Southern California Gas Company's Aliso Canyon storage facility -- and issued a directive ordering an expedited abatement.

The directive also requires the Gas Company to provide free, temporary relocation to any residents affected by the odors. "The actions being taken by the County directs the Gas Company to expedite the abatement of this public health threat," said Antonovich.

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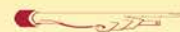
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**SMALL BUSINESS SATURDAY NOVEMBER 28, 2015**

## City Releases OIR Report On Mcdade Shooting

City officials Tuesday released a redacted copy of a report on the March 24, 2012 police officer-involved shooting of Kendrec McDade after the city's plan to release the report was confirmed by Los Angeles County Superior Court Judge James Chalfant. The report was prepared for the City by the Office of Independent Review Group (OIR).

Additional court proceedings regarding the OIR report are scheduled and the city expects to be able to release a copy of the report with fewer redactions. The next court hearing is scheduled for Dec. 1, at which time the city anticipates the court will issue further direction in the case.

"We are pleased with Judge Chalfant's confirmation that the city can provide the public with this version of the OIR report, which is consistent with the city's position that we need to be transparent by releasing as much as legally possible so that the community has the opportunity to read the report," Pasadena Mayor Terry Tornek said. The report is posted online for the public at [www.cityofpasadena.net/OIRreport](http://www.cityofpasadena.net/OIRreport).

McDade, then 19, was fatally shot by Pasadena police officers responding to a 911 emergency caller who falsely claimed McDade committed an armed robbery. McDade, whom officers later learned was unarmed, died at the scene. The officers involved in the shooting were cleared of any wrongdoing by the Los Angeles County District Attorney's Office and an internal review by the Pasadena Police Department. The FBI also found no civil rights violations occurred.

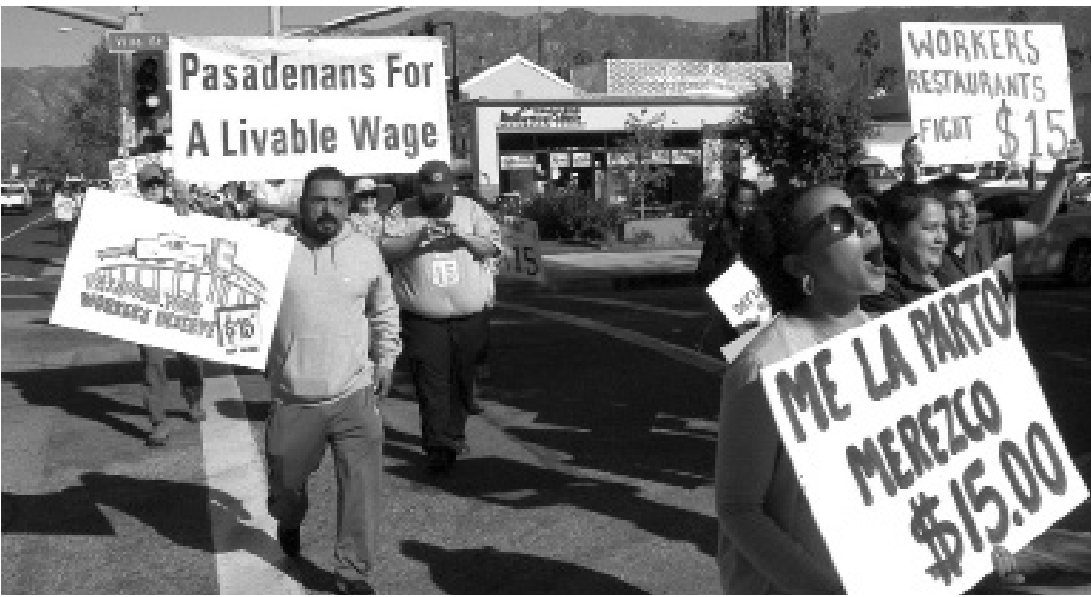
## Pet of the Week



SheeBee (A277312) is a seven-year-old, spayed female, blue and white pit bull. She is a gentle and mellow senior who enjoys going for walks and loves belly rubs. While SheeBee seems to get along fine with larger dogs, she doesn't always like smaller dogs. In celebration of Adopt a Senior Pet Month, SheeBee's adoption fee is reduced to \$20 for the entire month of November.

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Workers Rally to Increase Minimum Wage

By Dean Lee

A large group of laborers and supporters, that included former Assemblyman Anthony Portantino, marched last Saturday morning to bring awareness to the issue of raising the minimum wage in Pasadena to \$15 an hour by 2020.

"We are going to be talking to folks as we march and telling them to call the mayor, their council persons," said Imelda Padilla one of the event organizers. "We noticed the council is aware that this is something that is needed."

The group of about 70 people marched from the Pasadena Community Job Center on Lake Ave. to Central Park chanting "Fight of \$15."

Padilla said raising the wage could bring as much as \$150 million into the local economy,

"We know that low wage workers... they spend their money, and they spend it, which also creates a demand for new jobs."

At its August meeting, the Board of Directors of the Pasadena Chamber of Commerce voted to oppose increasing the minimum wage in Pasadena. They cited the potential negative impacts on the local economy, risks to employment, impacts on the local retail, hospitality and healthcare industries, as well as youth employment.

"Recognizing that only 13,700 Pasadena residents work in the city, and that a much smaller subset of those are breadwinners that earn minimum wage, Chamber Board members chose to support the Pasadena economy in opposing the Los Angeles minimum wage model

here," said Pasadena Chamber CEO and President Paul Little.

Padilla disagreed with the Chamber's finding saying none of that has happened in Seattle, "they went to \$15 about a year ago."

There was also a community hearing Thursday at Caltech over the issues of raising minimum wage.

## New Website to Prepare Residents for El Niño

The cities of Burbank, Glendale and Pasadena are announced last week they are working together to provide important safety and emergency preparedness information to help the public prepare for an El Niño event. The cities are working to help residents understand the risks of heavy rainfall and the necessary preparations that everyone should be engaged in. The three cities are pleased to announce the launch of their comprehensive El Niño preparation website [www.ElNinoReady.org](http://www.ElNinoReady.org) and @VerdugoAlert.

ElNinoReady.org will have extensive content, including a series of plans and safety precautions residents can take to prepare for wetter-than-average weather conditions. Residents will be able to receive information from their respective city, and sign up for additional emergency alerts. Information detailing sandbag use and availability for each city, flood preparation and recovery, rainy weather safety tips, and animal preparedness are just some of the topics covered on the new website.

@VerdugoAlert is being launched to work in concert with the various other social media platforms, such as @BurbankCA, @MyGlendale and @PasadenaGov. In an emergency, regardless of whether you have signed up for emergency alerts, information will also be shared as it becomes available through these social media platforms.

## Pacific Asia Museum in Conversations Tonight 7p.m.

In a special conversation tonight with Reshaping Tradition exhibiting artist, Bui Cong Khanh from Vietnam, we will explore the changing contemporary ceramics in Southeast Asia. Conversation between USC Associate Professor & Head of Ceramics Dept., Karen Koblit, exhibiting artist Bui Cong Khanh from Vietnam and Nora Annesley Taylor, Alsdorf Professor of South & Southeast Asian Art at School of the Art Institute of Chicago. The event starts at 7 p.m. at the USC Pacific Asian Museum 46 North Los Robles Avenue Reception to follow. The talk is Included with Museum Admission.

## Pasadena Fire Holds Spark Of Love Toy Drive



Pasadena fire stations from November 24th through December 22nd. Any monetary donations should be made out to the Pasadena Fire Foundation. Other community partners who will have collection boxes include Paseo Colorado, Peet's Coffee, Synopsys, Pasadena Central Library, Pasadena Federal Credit Union, Golds Gym and City Hall. All of the donations collected will be distributed to local community members.

"We take pride in partnering with our local community who always supports the fire department by donating to those in need so they can enjoy the holiday season," states Fire Chief Bertral Washington.

The Pasadena Fire Foundation will be hosting a Spark Of Love Golf Tournament on Friday, December 4th at Brookside Country Club with an 11:00 a.m. shotgun start. Costs range from \$75.00 per person with an unwrapped toy and \$325.00 per foursome. For further information call (626) 577-4497 ext. 203.

## Package Theft Prevention Tips

It is that time of year when many people are having gifts and packages delivered, please take a few steps to help prevent such thefts.

Below are some "Package Theft Prevention Tips" from the Altadena Station Sheriff for you to use which will help reduce your chances of becoming a victim of this crime.

- Ask for a tracking number. Most major shipping companies offer this service at no charge. This number allows you to track your packages and notifies you when they will be delivered.
- Request a "Signature Delivery Option". This requires a signature when the packages are delivered and ensures they will not be left at the front door.
- For high dollar items, pay extra to insure the package.
- Request a specific drop off time and date when you will be home to accept your packages.
- Arrange to have your packages held at the shipping service so you can pick them up.
- Ask the delivery service to leave your packages at a side or back door. An enclosed porch

where packages are out of sight is also a good option.

- Have your packages delivered to your workplace.
  - Have your packages delivered to the home of a relative or neighbor who will be there to accept them
  - Ask to have your packages delivered to a retail store so you can pick them up at your convenience
  - Ask a trustworthy neighbor to keep a "Watchful Eye" out for you packages. If they're willing, ask them to safeguard your packages until you return home
  - Leave a note for the carrier instructing them where to leave your packages (Ex: backdoor)
  - If your packages do not arrive as scheduled contact the sender immediately.
- What Should You Do If You See Packages Being Stolen In Your Neighborhood?
1. Call 911 immediately! Tell the call taker you are reporting a "Crime in Progress"
  2. Tell the 911 operator an accurate description of the suspect(s) and any vehicles that may be used.

## Free Upcoming Events at Pasadena Senior Center



There is something for everyone in December at the Pasadena Senior Center, 85 E. Holly St. All events listed are free.

You do not have to be a member to attend. Some events require advance reservations as noted.

**Stay Connected with Social Media - Tuesdays and Thursdays, Dec. 1 to 17, from 9 to 11 a.m.** Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

**Smart Phones, Tablets and Computers - Any Questions? - Tuesdays and Thursdays, Dec. 1 to 17, from 10 to 11 a.m.** Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learn how to text, check voicemail, set an alarm, navigate the Internet, download apps and more.

**Disaster Preparedness - Thursday, Dec. 3, at 10 a.m.** Are you prepared for the next major earthquake and other disasters? Learn how to create a disaster kit, make disaster plans and how to get the special you need before the

next disaster occurs. Presented by Lisa Derderian, emergency management coordinator for the Pasadena Fire Department.

**Friday Movie Matinees - Fridays, Dec. 4 and 11, at 1 p.m. and Dec. 18 at 2:30 p.m. Dec. 4:** San Andreas (2015, PG-13) starring Dwayne Johnson and Carla Gugino. In the aftermath of a massive earthquake in California, a rescue-helicopter pilot makes a dangerous journey with his ex-wife across the state to rescue his daughter. Dec. 11: It's a Wonderful Life (1946, NR) starring James Stewart and Donna Reed. An angel helps a compassionate but despairingly frustrated businessman by showing what life would have been like if he had never existed. Dec. 18: Breakfast at Tiffany's (1961, NR) starring Audrey Hepburn and George Peppard. A young New York socialite becomes interested in a young man who has moved into her apartment building (please note this film will begin at 2:30 p.m.).

**Cardmaking Workshop - Monday, Dec. 7, from noon to 2 p.m.** Surprise a special someone with a personalized, handmade greeting card. Whether it's a happy birthday, happy holidays, thank you, thinking of you or other sentiment, you'll create a decorative card in your own unique style and have fun discovering your creativity while workshop leaders help you bring your ideas to life. All materials will be provided.

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## DUI ENFORCEMENT OPERATIONS PLANNED

Officers from the Arcadia Police Department's Traffic Bureau will be deploying to stop and arrest alcohol and drug-impaired drivers in the Department's ongoing traffic safety campaign. DUI Saturation Patrols will deploy on November 25, 2015 between the hours of 6:00 PM and 2:00 AM in areas with high frequencies of DUI collisions and/or arrests.

In California, this deadly crime led to 867 deaths and over 23,000 serious injuries in 2013 because someone failed to designate a sober driver. Nationally, the latest data shows over 10,000 were killed by an impaired driver. Over the course of the past three years officers have investigated 119 DUI collisions which has resulted in 76 people being injured.

Recent statistics reveal that 30 percent of drivers in fatal crashes had one or more drugs in their systems. A study of active drivers showed more tested positive for drugs that may impair driving (14 percent) than did for alcohol (7.3 percent). Of the drugs, marijuana was most prevalent, at 7.4 percent, slightly more than alcohol. Everyone should be mindful that if you're taking medication – whether prescription or over-the-counter – drinking even small amounts of alcohol can greatly intensify the impairment effects.

Law Enforcement emphasizes the preventable nature of drunk driving reminding everyone that all it takes is a little planning ahead. Designate a sober driver or call a cab. But whatever you do, don't drink and drive. The California Office of Traffic Safety DDVIP (Designated Driver VIP) mobile app is now

available for free download on iOS and Android devices. Launched last year, the new DDVIP app offers enhanced features, allowing users to "Map a Spot" with their current location to find DDVIP partnering establishments in their area or a "List of Spots" to search all participating bars and restaurants throughout California. Users will be offered free incentives at each bar to celebrate their life saving role. They can stay up-to-date with the latest from DDVIP and see what other users are saying via its social tab. Also through the app, for those who want to imbibe but also make it a point to plan ahead, users can easily order a sober ride from Uber, Lyft or Curb – all from one screen.

The cost of a ride home is cheap, nothing compared to a \$10,000 DUI conviction and the 'inconvenience' of not driving your own car home is nothing compared to the inconvenience of spending time behind bars.

Funding for this DUI operation is provided to the Arcadia Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to 'Report Drunk Driver – Call 9-1-1.

Don't forget to visit the Arcadia Police Department News & Information Blog or follow us on Facebook, Twitter or Nixle for other pertinent news and information. Remember, the solution begins with you!

## ARCADIA POLICE BLOTTER

*For the period of Sunday, November 8th, through Saturday, November 14th, the Police Department responded to 1,133 calls for service of which 123 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, November 8:

Just before 8:01 a.m., officers responded to Jerry's Union 76 Gas Station, 102 East Duarte Road, regarding a burglary report. An investigation revealed unknown suspects cut a hole in the roll-up service bay door, ransacked the cashier's booth, and fled undetected with cash and cigarettes. The investigation is ongoing.

At about 11:47 a.m., an officer responded to a traffic collision in the area of Huntington Drive and Sunset Boulevard. Upon contacting the driver of one of the vehicles, the officer detected a strong odor of alcohol emitting from the driver's person. Through a series of tests, the officer determined the 52-year-old male from Arcadia was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

### Monday, November 9:

Just before 8:23 a.m., an officer responded to the 400 block of West Duarte Road regarding a stolen vehicle report. The officer determined the victim's unlocked vehicle was stolen sometime during the previous night from their carport. No suspects were seen and no witnesses were located.

At approximately 6:25 p.m., an officer responded to a residence in the 800 block of Arcadia Avenue regarding a fraud report. An investigation revealed an unknown suspect signed the victim's check as "Ruth Pratt" and fraudulently cashed it. The investigation is ongoing.

### Tuesday, November 10:

Around 2:28 a.m., an officer conducted a traffic stop on a vehicle in the area of Santa Anita Avenue and Camino Real Avenue for having expired registration. Upon contacting the driver, the officer discovered the 31-year-old male from San Gabriel was driving with a suspended license and did not have the required ignition-interlock device installed on his vehicle. He was cited and released in the field. The vehicle was impounded for 30 days.

Just after 5:38 a.m., an officer responded to the intersection of Fourth Avenue and Joyce Street regarding a suspicious vehicle report. An investigation revealed the driver, a 39-year-old female from Alhambra, was in possession of marijuana, methamphetamine, and two glass smoking pipes. She was arrested and transported to the Arcadia City Jail for booking.

### Wednesday, November 11:

Shortly after 7:55 a.m., an officer responded to a residence in the 2200 block of Highland Vista Drive regarding a burglary. The officer determined unknown suspects smashed the rear sliding glass door, ransacked the residence, and fled undetected. No loss was reported. No suspects were seen and no witnesses were located.

Just after 6:08 p.m., an officer responded to a residence in the 1700 block of Oakwood Avenue regarding a vandalism report. An investigation revealed unknown suspect(s) threw a rock causing a small hole in one of the windows. A witness saw the suspect(s) flee in a vehicle. No other suspect or vehicle description was provided.

### Thursday, November 12:

At approximately 6:37 p.m., an officer responded to the parking lot of Pepper's Mexican Grill, 181 Colorado Place, regarding an intoxicated subject. The officer determined the suspect was unable to care for himself. The 52-year-old male from Pasadena was arrested and transported to the Arcadia City Jail for booking.

Around 8:02 p.m., an officer responded to a hit and run, non-injury collision in the area of Santa Anita Avenue and the 210 Freeway on-ramp. Party 2 stated he was rear ended by Party-1 while stopped at a red light. Both parties agreed to pull over, however, Party-1 fled the scene without exchanging information. Vehicle-1 is registered to a business out of Georgia. The investigation is ongoing.

### Friday, November 13:

At about 6:26 p.m., an officer responded to a parking structure at 411 East Huntington Drive regarding a vehicle burglary report. The victim witnessed an unknown male suspect run away from the victim's vehicle to a nearby white van before the victim noticed his front window had been shattered and miscellaneous property had been stolen from inside.

The suspect is described as a Hispanic male, in his mid-thirties, approximately 5'8" tall, with a medium build. The suspect's vehicle is described as a white van similar to a Chevrolet Astro van, with tinted windows. The investigation is ongoing.

Just after 6:35 p.m., an officer responded to the Arcadia Police Department front counter regarding a battery report. An investigation revealed a battery occurred between an uncle and nephew on November 7th at Motel 6, 225 Colorado Place, in Arcadia. During the fight, the nephew sustained lacerations to his lip and hand. He did not request medical attention. The investigation is ongoing.

### Saturday, November 14:

Just after 9:43 a.m., an officer responded to a residence in the 300 block of Sharon Road regarding a petty theft report. The officer discovered unknown suspect(s) stole the victim's purse from her residence while she was being treated by Arcadia Fire personnel. The victim's credit cards were then used for fraudulent purchases amounting to \$1,500. The investigation is ongoing.

At approximately 8:05 p.m., officers responded to a residence in the 2300 block of South Third Avenue regarding two suspicious males in their backyard. Surveillance footage revealed two unknown male suspects were in the victim's backyard looking in the windows of the residence before they were scared off. The suspects fled northbound on Third Avenue in a black vehicle. The investigation is ongoing.

## Holiday Shopping

### One-of-a-Kind Gifts From a Local Non-Profit



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# MONROVIA - DUARTE

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Pasadena

Altadena

Monrovia

## MONROVIA POLICE BLOTTER

**Attempt Grand Theft Auto** November 18 at 7:42 a.m., a vehicle burglary was reported in the 600 block of California Avenue. When the officer arrived, the investigation revealed the incident was actually an attempt grand theft auto, as the vehicle was found to have a damaged steering column. The vehicle is a blue, 2000 Chevy Blazer. The investigation is continuing.

**Commercial Burglary** November 18 at 11:00 a.m., officers responded to a business in the 100 block of West Walnut on the report of a burglary. Unknown suspects had stolen welding equipment and gas from the business. The investigation is continuing.

**Driving Under the Influence of a Controlled**

**Substance – Suspect Arrested** November 19 at 1:29 a.m., officers were dispatched to a residence in the 200 block of East Fig Avenue regarding a suspicious subject in the area. A female resident returned home and reported that she was being watched by a shirtless male subject who was standing in the street in front of her home. The resident's husband exited the home and the subject quickly left the area. Officers arrived and located the subject in an alley in the 100 block of Los Angeles Avenue. The investigation revealed the subject is employed by a local business and was under the influence of a controlled substance. He was arrested and held for a sobering period. He was later released with a citation to appear in court on the charges.

## SAN GABRIEL VALLEY HABITAT FOR HUMANITY – 75 HOMES IN 25 YEARS!

Sonya Yates, Executive Director of San Gabriel Valley Habitat for Humanity has an amazing story to share. In the 25 years the organization has been here, they have built 75 homes for low-income families. These families all contribute over 300 hours of "sweat" equity into their homes. They apply for their 0% mortgage with Habitat and provide 1% down payment. In these 25 years there have been 0 (zero) foreclosures – and 0 (zero) home sales. All of these homes are owned by their original families – and many have paid off their mortgages!

Habitat is always looking for new ways to support our community. Finding affordable land and appropriate partners is key. Their latest project, Desiderio Project in Pasadena will provide 9 homes for families in West Pasadena on the land previously used by the Desiderio Army Reserve Base. Habitat is also expanding into exterior home repair programs as well. At a recent meeting of the Duarte Kiwanis, Sonya was able to share these stories and coordinate potential volunteer opportunities through Volunteer and Youth Programs Manager, Kathy Karimi. Pictured (from left), Sonya Yates, Duarte Kiwanis President, Cheryl Reynolds and Kathy



Karimi. For further information on speaking or joining the club, contact Dr. Diane Hernandez at [drdiane@drhernandezoptometry.com](mailto:drdiane@drhernandezoptometry.com)

## O2 BREATHE WALK IN MONROVIA: ONE STEP CLOSER TO PULMONARY HYPERTENSION CURE

### By Joan Schmidt

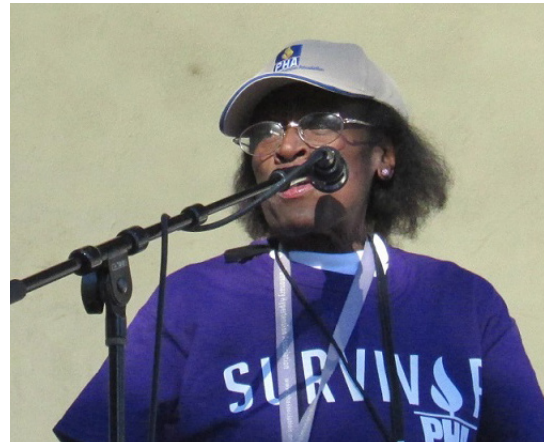
Last Saturday I attended the PHA (Pulmonary Hypertension Association) O2 Breathe Walk in Monrovia. PHA's mission is to find ways to prevent and cure PH and provide hope for the community through support, education, research, advocacy and awareness. PHA connects and works together with the entire PH community of patients, families and medical professionals. It relies on donations to fund its many programs, including diagnosis efforts, more than 245 support groups around the country and continuing education for medical professionals. Pulmonary Hypertension (PH) is high blood pressure in the arteries of the lungs that can lead to heart failure. There is no cure. In 1985, patients had a 50% chance of surviving 2.8 years past date of diagnosis but thanks to new treatments, the prognosis is improving.

Saturday's event at Library Park was most enjoyable. Prior to the Walk, there was entertainment by the Licata Brothers and Monrovia High School Dancers. There were a Health Fair, Pharmacy Advisors, Vendors, give-ways, raffles, and many booths: Registration, Information, Mission, Kids PHun Zone, Massage, and Survivors Lounge.

Susie Alvarez, Co-leader welcomed everyone. She thanked the Task Force who worked several months for the Walk to happen and the many volunteers who arrived early Saturday to set up. Susie explained the disease, and its rarity, difficult to diagnose and treat. No drugs were available until 1995. Currently there are about a dozen.

Joanie Yullie, a PHA survivor spoke. This little bundle of energy, and an inspiration to all, has lived in Monrovia her whole life. She said her Community cared about the well-being of every citizen and thanked the City Council for letting her be on committees and volunteer although she had PH. Joanie was the Grand Marshall for the Walk.

Eight years ago Joanie was diagnosed with PH. She couldn't breathe and her husband brought her to the Emergency Room, where he was told she wouldn't survive the night. But Joanie's a fighter and prayed-she didn't want to miss her grandson's



PHA Grand Marshall Joa nie speaks

birthday, three days later. The Lord convened, Joanie survived the night and eventually met Dr. Ronald Oudiz, from Torrance who treated her and saved her life.

Dr Oudiz has been twenty-one years in the field (PHA Specialist). PH is very rare; few physicians have received training in this area.

We also were introduced to former NFL Coach Wayne Nullely who donated a signed football from a Pro Bowl in the 2000's.

Mayor Adams, Mayor Pro Tem Spicer, Council Members Becky Shevlin and Gloria Crudginton and City Manager Oliver Chi participated in the Walk as well as past Mayor May Ann Lutz and her husband, Corey. Mary Ann also presented a Certificate on behalf of Congresswoman Grace Napolitano.

Sponsors included Actelion, Bayer, United Therapeutics Corporation, Gilead, Busy Hands Party Rentals and K.B. Construction. Special thanks to Monrovia's Chamber of Commerce, Area Partners, Old Town Merchants, Kyrie Design and Volunteer Center of San Gabriel Valley who also helped the event.

88.5% of funds raised by PHA go directly to research and their support, education, advocacy and awareness efforts. Please visit [www.PHAassociation.org](http://www.PHAassociation.org) to see how you can help make a difference.

## LA SALLE LANCERS SIGN NATIONAL LETTERS OF INTENT



Pasadena, CA – Four student-athletes from La Salle High School signed National Letters of Intent on November 12, to their respective universities. Kyle Cuellar and Ryan Garcia both received scholarships from UCLA to play baseball for the Bruins. Katherine Knop received a scholarship to the University of California, Berkeley for volleyball and Paula Damas will be attending Biola University on a softball scholarship in the fall.

Photo by John Blackstock

## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: agillick@alverno-hs.org

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
bforsee@ausd.net

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: pclarke@arroyopacific.org

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: www.barnhartschool.org

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Principal: Dr. William Walner  
website: www.bcsfions.org

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
info@foothilloaksacademy.org  
preschool@foothilloaksacademy.org

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: jenny@frostig.org

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: www.goodenschool.org

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: www.highpointacademy.org

LaSalle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: www.lasallehs.org  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darwin Jackson  
Email: schools@monrovia.k12.ca.us

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: www.odysseycharterschool.org

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Gilbert Barraza  
website: http://phs.pusd.us

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: www.st-rita.org

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: newsom.garrett@pusd.us

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Lisa Feldman: Head of School

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(626) 449-7390 Principal: Ruth Esseln  
E-mail address: resseln@pusd.us

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234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: www.ausd.net

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Duarte Unified School District  
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(626)599-5000 Website: www.duarte.k12.ca.us

### THE REEL DEAL: by Ben Show THE 33 REVIEW



Generally, I try to stay away from films with faith as a strong central theme; however, I remembered hearing about the Chilean miners and, while I knew about what was going on, I did not know the details of the story. So, when I sat down to watch 'The 33', I had some very mixed feelings about what would be the main focus of the film: faith or the story of the miners?

In 2010, a Chilean gold mine collapsed, trapping 33 miners down several thousand feet below the surface of the Earth. When the mining company looked as if it was going to do nothing about it, the families of miners took a stand and forced them into action. What ensued was a massive, international effort to reduce the men.

This is not a typical movie that centers on religion. There are religious aspects, yes, but they are presented in a very realistic way: faith, accompanied by hard work from all sides, can get you anywhere or out of any situation. The miners and their families did not simply sit there and pray for a miracle; they worked hard and kept their faith. 'The 33' holds a very powerful message of faith, especially for the modern world; it is definitely a film worth seeing, whether you are religious or not.

## WAYS TO GIVE BACK THIS HOLIDAY SEASON

(StatePoint) When making this year's holiday gift list, consider how you might also give back to your local community. The holiday season is the perfect time of year to do this, when volunteer and donation opportunities increase. Here are a few ideas to give back in your community:

### The Gift of Literacy

Only one-third of all students entering high school are proficient in reading, according to a National Assessment of Education Progress report. Brighten children's smiles this holiday season while also giving them an opportunity to succeed at school and beyond. The Marine Toys for Tots Foundation has given new toys to children in need for more than 60 years. The organization also extends its reach through a partnership with The UPS Store through the Toys for Tots Literacy Program, which provides economically disadvantaged children an opportunity to succeed in school and beyond. Donations can be made at The UPS Store locations nationwide or online at toysfortots.org/literacy.

One-hundred percent of all proceeds go to support local children and literacy programs. Your donations go even further thanks to the Marine Toys for Tots Foundation, which is able to purchase books at a deep discount. To find a participating location near you and make a donation that will help ensure families everywhere have access to books, visit theupsstore.com.

### Bake Sale

When you're busy making trays of cookies for your big holiday party, consider making an extra batch or two, and encouraging friends and neighbors to do the same. With your combined efforts, you can host a bake sale, which can be a lucrative and enjoyable way to raise money for your favorite charity.

If you don't have time to organize an event like this, you can still give back through your baking. Wrap packs of cookies or other goodies in bags as thank you gifts to your children's teachers, coaches and others in your community who have served or been kind to your family all year.

### Volunteer Your Time

One of the best ways to give back is by donating your valuable time. Make a trip to a local nursing home and spend time with residents who may not have family or anyone else to visit them this season. Additionally, soup kitchens are often in need of extra hands during the holidays. Ask your local organizations about volunteer opportunities.

While holiday wish lists are often full of fun gadgets, clothes and toys, there are still many in your community lacking more basic necessities. This season, think beyond your personal wants and do your best to give back.

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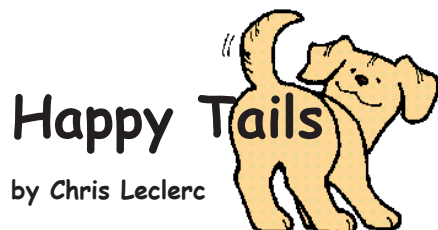


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## THANKFUL GIVING HELPS KEEP THEM LIVING

Thanksgiving is once again upon us, reminding us of the many blessings we have to be grateful for. It is the season to share special times around the table with family and friends, and it is also a time to share with others who are less fortunate than ourselves.

There are numerous non-profit programs that one can participate in to help facilitate the thankful giving process this time of year, not the least of which are those focused on helping animals. With countless precious pets locked up in shelters hoping to be given a second chance at life and certain few lucky ones who've temporarily escaped that fateful destiny through the kindness of rescues and foster families, there is no shortage of ways we can give to help animals live. Here is a list of non-profit organizations that offer unique and easy ways of spreading the wealth to help animals in need. These are groups with which I am personally familiar and have had positive experiences. It is actually the short list, as there are far too many to include in this small column.

**Animazonia Wildlife Foundation** - [www.animazonia.org](http://www.animazonia.org) - Located in Perris, CA, Animazonia provides a permanent sanctuary for big cats and other exotic animals rescued from threatening conditions in captivity or displaced from the wild. Their 2015 fall fundraising is officially launched ~ You can shop and support them at two upcoming events: Talbots - Pasadena, Wed. Dec. 2, 5-8 PM, 497 South Lake Ave. Pasadena, 10% of purchases go to Animazonia. And: Strands of Harmony Jewelry Sale at Pasadena Senior Center, Dec. 12, 1-4 PM, 485 Holly St., Pasadena. Visit their website to learn more about the wonderful work they do and to make a donation, and Like them on Facebook for updates on their activities throughout the year.

**Basset Hound Rescue So. Cal. (BHRSC)** - [www.bassethoundrescuesocal.com](http://www.bassethoundrescuesocal.com) - BHRSC's mission is to offer sanctuary, healing and forever families to distressed, abandoned, injured or homeless hounds. With a dedicated team of good-hearted hound lovers, they succeed in placing hundreds of otherwise homeless, hopeless hounds in permanent caring homes each year. Like them on Facebook and visit their website for details on fostering, volunteering and donating to this awesome, pawsome cause.

**Companion Animal Rescue Effort (CARE)** - [www.carepets.org](http://www.carepets.org) - CARE is a "no-kill" rescue group whose mission is to find forever loving homes for owner-relinquished, abandoned, abused or otherwise neglected puppies & dogs. Visit their website for heart-warming stories of successful adoptions they've facilitated and detailed information on how you can help through volunteerism or an instant cash donation.

**Gentle Barn** - [www.gentlebarn.org](http://www.gentlebarn.org) - Saving neglected, abused or retired barnyard animals while making an enormous impact on special needs children, this organization has facilities in various states including California (just 40 miles north of LA). Donating to this group is guaranteed to reap a win-win benefit for both barn animals and needy kids alike! Visit their website for more information and details on how you can help.

**National Disaster Search Dog Foundation** - [www.searchdogfoundation.org](http://www.searchdogfoundation.org) - With a motto of, "From Rescued to Rescuer", this group is committed to saving the lives of would-be shelter and otherwise euthanized dogs, and training them to save the lives of humans through their Canine Disaster Search Team program. What better time then now, to join them in their mission to strengthen disaster response in America? Their website provides all the details you need to get involved or make a donation. Also, be sure to Like them on Facebook.

**Ojai Raptor Center (ORC)** - [www.ojairaptorcenter.org](http://www.ojairaptorcenter.org) - HYPERLINK "http://www.ojairaptorcenter.org/" [www.ojairaptorcenter.org/](http://www.ojairaptorcenter.org/) - ORC's core goals are to rescue, rehabilitate and release birds of prey and other wildlife. They are equally dedicated to educating the public about local raptor species and how human intervention affects them. The important work they do is definitely worthy of our support. Visit their website and Like them on Facebook to learn more about how you can take part in helping keep our bird of prey population in a healthy balance with nature.

**Peaceful Valley Donkey Rescue** - [www.donkeyrescue.org/](http://www.donkeyrescue.org/) - HYPERLINK "http://www.donkeyrescue.org/" [www.donkeyrescue.org/](http://www.donkeyrescue.org/) - With a network of rescue professionals stretching from coast to coast, PVDR provides rescue and rehabilitation services to thousands of donkeys suffering from abuse, neglect and abandonment throughout the United States. You'll find informative videos, photos & text content on their website where you'll find it very easy to make a donation, and stay informed by following them on Facebook. One look at the faces of the darling donkeys they've saved and you will definitely want to get on board with supporting their worthy efforts.

**San Gabriel Valley Humane Society** - [www.sgvhumane.org](http://www.sgvhumane.org) - Committed to providing a compassionate environment for the well being of animals, SGVHS is focused on the care and placement of family pets. They offer a plethora of practical programs for animal lovers to take part in, including Fall is for Felines, Race for the Rescues, Strut Your Mutt Dog Walking Event, and their Help Hoppy Holiday Fund Drive. Like them on Facebook and see their website for details on creative ways you can help save thousands of kitties and canines!

I hope you will join me in giving with a grateful heart this holiday season, knowing that your contribution, great or small, will make a difference. Love and let live!



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## LOOKING FOR A BEST FRIEND?

To share Thanksgiving with? Cooper is a 12-year-old Chihuahua mix; although at 18 pounds, he is larger and stockier than most Chihuahuas. Cooper was surrendered to the shelter with his partner, Charlie, because their owner could no longer care for them. They were a bonded pair, but Charlie has been adopted, so Cooper no longer has his companion to share a kennel with. There is no doubt Cooper misses his best friend, but he is now paired up with a puppy, and the two of them get along well with each other, in spite of the difference in their ages.

Cooper is a friendly, happy boy who enjoys the company of people. He is easy to harness, and walks well on leash, mindful of where his handler's feet are, and responsive to direction. He has a medium energy level, and even enjoys a bit of running. Cooper seems to be a smart boy who knows how to "sit" for treats, and he's not too old to learn new tricks.

When you come to the shelter, you will find Cooper at the front of his kennel, smiling and wagging his tail, hoping someone will take him for a walk, or even better, take him home. It's always hard for dogs that are surrendered to the shelter because they have known the comforts of having their own home. Do you have a safe and secure home to offer Cooper? He deserves to have a yard to relax and play in and a soft, warm bed to spend the nights. Let's find Cooper a home for the holidays! Come in to meet this sweet guy soon. He qualifies

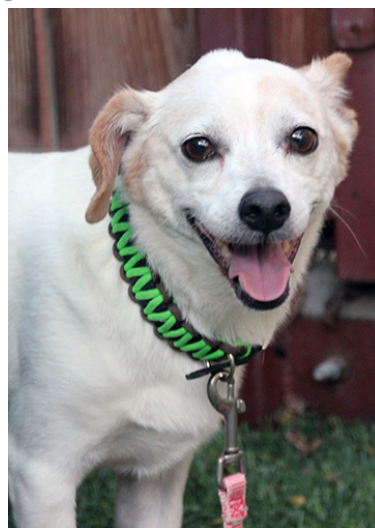
for our Senior discount, making his adoption fees very affordable.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas. To arrange a 'Meet and Greet' with Cooper, please stop by any time from 10:30am to 4:30pm Tuesday thru Sunday.

In celebration of 'Adopt A Senior Pet Month', his adoption fee is \$39 which includes his neuter surgery, a microchip, first vaccinations and a free wellness check-up at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Cooper. Check us out at [sgvhumane.org](http://sgvhumane.org) for more information about shelter services and photos of all our wonderful adoptable pets.

Celebrate the season with our 'Fall is for Felines' promotion. All cats one year and older are available until November 25th for a \$39 adoption fee.

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. They make great holiday gifts for the animal lovers on your list! If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through Paypal. Go to the shelter website at [sgvhumane.org](http://sgvhumane.org) for more information.



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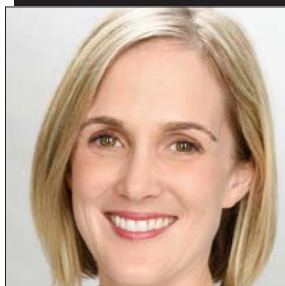
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## THE JOY OF YOGA

### GRATITUDE IS EVERYTHING

When I am grateful, everything I have is enough. My particular place in the world seems exactly right and feels like I'm where I am supposed to be. It's wonderful! For me, finding that feeling of gratitude happens in the present moment. This is why yoga is such a great practice of gratitude. The body is nurtured in a kind and loving way. The mind is calmed and pacified with jobs to do in practice; breathe deeply, gaze softly, direct energy. There's a feeling cultivated during practice of restful, abiding awareness and appreciation for life itself. It's being in the moment, but also giving thanks for that moment.

I can tell when I am in the past and regretful over what I didn't do right. The tape of events past, play

over and over. What could have been said, should have been said. All time spent on this is wasted! When fear and worry creep in, I am stepping too far into the future. I am missing the precious moments (or lessons) right in front of me.

Aside from relishing your yoga practice, find other ways to cultivate gratitude daily. Keep a gratitude journal, spend time with people who love you and whom you love. Do what you love to do.

If you're looking to have a gratitude yoga practice, come see us at Yoga Madre for a special Thanksgiving Day two hour practice with René, 9am-11am. Asana, Pranayama, and Meditation.

In gratitude,

Keely Totten

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## BUSINESS NEWS & TRENDS

### FAMILY MATTERS

By Marc Garlett



### 5 REASONS WHY YOU NEED AN ESTATE PLAN REVIEW

Lots of people bring me their existing estate plans to review. Sometimes I get to deliver the good news that their documents are well drafted, their assets are properly protected, and their plans are up to date with the current laws as well as their present family situation. Unfortunately, more often than not, I have to tell them one or more of those essential planning elements is lacking or even missing altogether. Of course the silver lining is that they caught the problem before it was too late to do anything about it.

I recommend every estate plan be reviewed at a minimum of every three years (and I do that for my clients' plans as an added value benefit – at no additional charge). If you haven't had your plan reviewed within the last three years, you should. And here are 5 triggers that mean it's time to review your existing estate plan now, no matter how long it's been:

Family changes. Marriage, divorce, birth and death are four family changes that should prompt an immediate estate plan review. If one of your beneficiaries dies, you will need to remove them from your estate plan. A new child or grandchild means adding beneficiaries. If your daughter gets a divorce, you will likely want to remove her ex from your estate plan but keep their children in. These circumstances can also trigger changes to those people designated as guardians, executors or agents.

Health changes. The state of your own health may dictate changes to your estate plan, especially when it comes to long-term care. You may want to help a family member who has no other resources for long-term care, or if you yourself suddenly need long-term care, you may need to provide a trustee with new instructions on the kind of care you want – i.e., staying at home with in-home help or paying to live in a senior living facility.

Work changes. You may suddenly want – or need – to retire, which could necessitate withdrawing funds from your IRA to support yourself instead of contributing more. If you have a family business, you may want to sell it or perhaps convert a sole proprietorship into an LLC or corporation, which could mean a significant change for your overall estate plan.

Market changes. If the total value of your securities and retirement plans has fluctuated by more than 20 percent, this should prompt an immediate estate plan review. A significant gain could provide you with assets you may want to gift to children or grandchildren to reduce or remove estate taxes.

Law changes. Tax and estate laws change all the time, so reviewing your plan to ensure you are taking advantage of any new changes that could benefit you, or revising your plan so those changes do not adversely impact your estate, is critical.

To review an existing estate plan (or create a plan if you don't have one already), call our office today. As the holiday season approaches, there really is no better gift you can give yourself and your family.

Dedicated to your family's wealth, health, and happiness,

MARC

*A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.*

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"Intellectuals Solve Problems, Geniuses Prevent Them."  
 -Albert Einstein-

The National Institute of Health (NIH) panel has concluded that acupuncture maybe an effective adjunctive therapy for many painful conditions. It has been over 30 years since acupuncture and Eastern medicine has been introduced to Europe and America, and there has been overwhelming evidence supporting acupuncture treatments for pain relief. It could be used as the primary treatment for many conditions, or an adjunct to western medicine, or as a good way to maintain health and prevent illness.

At this time, the purpose of this column is to educate patients and medical professionals about the scientific basis of acupuncture. When we treat patients, we use different technique and one of them is Vertex Synchronizing Technique (VST), which is founded on the principles of biomechanics under the premise that acupuncture meridians

## UNDERSTANDING ACUPUNCTURE THROUGH BIOMECHANICAL MECHANISMS

lie on interstitial connective tissue, as current research shows. The shoulder and pelvic girdles compose the four vertices of our body linking the trunk to the extremities. Misalignment in any of these vertices is the source of musculoskeletal pain as other muscle groups try to compensate for the misalignment. By achieving proper alignment at these vertices, the source of pain can be targeted and treated, producing immediate results and preventing recurrence. Such analyses and studies allow for effective communication with patients as well as health practitioners outside of acupuncture who may find Eastern medical philosophy difficult to grasp. Moreover, VST acts on the source of pain which can be located via proper muscle exam and assessment. The source can then be treated by aligning the vertices within the framework of our bodies. In doing so, structural integrity is restored and patients experience not only immediate pain relief but increased Range of Motion (ROM).

If time is allowed later, we would like to introduce some other Korean Acupuncture techniques, which is very effective for chronic internal disorders.



## Social Media Tips, Tricks & Ideas



by: MJ Finstrom

### SHARE INTERESTS WITH LISTLY

Recently I've discovered a cool tool called List.ly. It allows you to share interests and build lists with other people in an interactive way. It works great with Facebook and Twitter.

Basically, you start a list on list.ly and it posts to your Facebook account so that others can add to your list. People are making lists of restaurants, favorite iphone apps, tv shows, best cameras, gift ideas etc. It's an interesting way to curate content and share ideas with others.

To get started, go to list.ly. Connect with your Facebook account. Select "Make a List." Add a few links to your list and then share to Facebook to encourage participation. I just started a list called "Unique and fun places to visit in Southern

California." I can't wait to see what ideas people share!

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs).

Sign up for their upcoming classes, webinars and presentations at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)

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**Gynecological:** PMS, menopausal symptoms, infertility.  
**Digestive:** Abdominal pain, indigestion, IBS.  
**Respiratory:** Common cold , sinus, asthma, bronchitis.  
**Urological:** Urinary Tract Infection(UTI), urinary frequency.  
**Dental:** Toothache, TMJ dysfunction.  
**Harmony:** Increase energy, strengthen immune system.  
**Neurological:** Headache, migraine, vertigo, stroke residuals.

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## REDUCED!



### 331 E. Alegria - Sierra Madre

This home is incredible! Four levels - 7 Bedrooms/6+ Baths. 9,000 square feet of living space. (7100sf house plus FINISHED basement level). Incredible craftsmanship from days gone by. 4 bedrooms are ensuite, the other bedrooms are off the hallways.

The top level has spectacular views of the valley and mountains. There are several balconies plus a massive wrap around porch on the main floor. The living room has original earth tone Batchelder tiles around the fireplace. The kitchen has recently been remodeled and leads to the breakfast room, office, mud room and walk-in pantry. The home has been lovingly restored and also recently added solar panels discreetly placed on top of roof line. *There is so much this home has, words do not do it justice, must see to love!*

## CAROL CANTERBURY

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## HOW TO GUARD AGAINST DEADLY AORTIC ANEURYSMS

Dear Savvy Senior,  
My father died several years ago, at the age of 76, from a stomach aneurysm, which now has me wondering. What are my risk factors of getting this, and what can I do to protect myself, as I get older?  
Just Turned 60



Dear 60,  
Stomach aneurysms, also known as “abdominal aortic aneurysms,” are very dangerous and the third leading cause of death in men over 60. They also tend to run in families, so having had a parent with this condition makes you much more vulnerable yourself.

An abdominal aortic aneurysm (or AAA) is a weak area in the lower portion of the aorta, which is the major artery that carries blood from the heart to the rest of the body. As blood flows through the aorta, the weak area bulges like a balloon and can burst if it gets too big, causing life-threatening internal bleeding. In fact, nearly 80 percent of AAAs that rupture are fatal, but the good news is that more than nine out of 10 that are detected early are treatable.

## Who's At Risk?

Around 200,000 people are diagnosed with AAAs each year, but estimates suggest that another 2 million people may have it but not realize it. The factors that can put you at increased risk are:

- Smoking: Ninety percent of people with an AAA smoke or have smoked. This is the number one risk factor and one you can avoid.
- Age: Your risk of getting an AAA increases significantly after age 60 in men, and after age 70 in women.
- Family history: Having a parent or sibling who has had an AAA can increase your risk to around one in four.
- Gender: AAAs are five times more likely in men than in women.
- Health factors: Atherosclerosis, also known as hardening of the arteries, high blood pressure and high cholesterol levels also increase your risk.

## Detection and Treatment

Because AAAs usually start small and enlarge slowly, they rarely show any symptoms, making them difficult to detect. However, large AAAs can sometimes cause a throbbing or pulsation in the abdomen, or cause abdominal or lower back pain.

The best way to detect an AAA is to get a simple, painless, 10-minute ultrasound screening test. All men over age 65 that have ever smoked, and anyone over 60 with a first-degree relative (father, mother or sibling) who has had an AAA should talk to their doctor getting screened.

You should also know that most health insurance plans cover AAA screenings, as does Medicare to beneficiaries with a family history of AAAs, and to men between the ages of 65 and 75 who have smoked at least 100 cigarettes during their life.

If an AAA is detected during screening, how it's treated will depend on its size, rate of growth and your general health. If caught in the early stages when the aneurysm is small, it can be monitored and treated with medication. But if it is large or enlarging rapidly, you'll probably need surgery.

## AAA Protection

While some risk factors like your age, gender and family history are uncontrollable, there are a number of things you can do to protect yourself from AAA. For starters, if you smoke, you need to quit – see [smokefree.gov](http://smokefree.gov) or call 1-800-QUIT-NOW for help.

You also need to keep tabs on your blood pressure and cholesterol levels, and if they are high you need to take steps to lower them through diet, exercise and if necessary, medication.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.

## SENIOR HAPPENINGS



## HAPPY BIRTHDAY! ...November Birthdays\*

Alberta Curran, Carmela Frontino, Kathy Wood, Lena Zate, Joe Pergola, Janice Kacer, Valerie Howard, “Mike” Ruggles, Joan Ruggles, Lois Stueck, Jean Wood, Shirley Yergeau, Kathi Jefferson, Pat Krok, Irene Nakagawa, Anna Ross, Mary Steinberg and Sue Quinn. \*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

## ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Activities at the Senior Center

## YWCA San Gabriel Valley - Intervale Senior Cafe



Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

**Tech Talk:** Held on Monday, October 19th and 26th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

**Free Blood Pressure Testing:** 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

**Brain Games:** Thursday, October 15th, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Swati Puri, Community Liaison for New Wave Home care of Pasadena.

**Free Legal Consultation:** Wednesday, October 21st from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Case Management:** Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

**Birthday Celebrations:** Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

**Senior Club:** Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

## UPCOMING EXCURSIONS:



## CANDLELIGHT PAVILION (CLAREMONT)

## HOME FOR CHRISTMAS

**DATE:** FRIDAY, DECEMBER 4, 2015  
**TIME:** 10:30AM - 4:00PM  
**MEETING LOCATION:** HART PARK HOUSE SENIOR CENTER  
**COST:** \$75.00 (LUNCH IS INCLUDED)

Description: Ben D. Bollinger's Candlelight Pavilion Dinner Theatre in Claremont provides patrons with a dinner theatre and musicals for a theatrical experience the caliber of the Broadway shows in downtown LA. The gourmet food prepared by the executive chef and served by his formal wait staff ranks the Candlelight Pavilion Dinner Theatre as a fine food restaurant that rivals any fine dining establishment in Los Angeles and San Bernardino. For 30 years, the Candlelight Pavilion has written and produced each of its Christmas shows with a focus on the spirit of Christmas and bringing family and friends together. Appropriate dress requested: Jackets for gentlemen, tie optional, dress or dressy pant suits for ladies, no jeans, t-shirts or tennis shoes. Price includes lunch, show and gratuity. Level of Walking: Low. Last day to register is November 2nd. Please call the Hart Park House at (626)-355-7394.

## Excursion Refund Policy

Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued 1) for a medical excuse or 2) if the Department is able to fill the patrons spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$11 cancellation fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Community Services Dept.

## LUNCH AND HOME DELIVERED MEALS PROGRAM

Seniors 60 years of age and up can participate in the YWCA San Gabriel Valley Intervale daily lunch program held at the Hart Park House. Meals are served Monday through Friday at 12:00pm (participants are encouraged to arrive by 11:45am). Meals are suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Reservations for lunch must be made at least 24 hours in advance by calling 626-355-0256. The Meals-On-Wheels program offers hot meals to homebound seniors within the community. Meals are delivered at the door, Monday through Friday. For more information on this program, contact the YWCA San Gabriel Valley Intervale program at 626-214-9467.

## LIFESAVERS PARAMEDIC SUBSCRIPTION PROGRAM

The Sierra Madre Lifesavers Paramedic Subscription Program is an official program offered by the City of Sierra Madre which offsets the cost of emergency medical responses. The membership program is available to residents of Sierra Madre. Your subscription to the program will perform similar to a secondary insurance plan, with no out-of-pocket cost to you. Subscriptions are \$60.00 per individual (July 1 – June 30). For additional information contact The Sierra Madre Fire Department 626-355-3611.

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## ALMOST TURKEY DAY

Here are my favorite dining experiences so far for 2015. Look at this as a report card to dining in the Pasadena area.

If you're looking for a steak, I recommend the Arroyo Chop House. In Pasadena, the steaks are above average and the Grand Marnier Soufflé for dessert is a must. I also recommend Taylor's Steak House in La Canada, an old-school steak house. It's a little less pricey then the aforementioned Chop House, and I love their Molly Salad, and although service can favor the regulars, it's one of my favorites. Looking for ribs? There is only one place to go in the San Gabriel Valley -- Robin's Wood Fire Grill. Robin Salzar has been smoking the best beef and baby back ribs for years.

Lunch? I have two places in mind. First is the Central Park Café; I always order the ahi tuna sandwich with the delicious broccoli salad on the side, and you can't go wrong with the short ribs. Also, I like Houston's. It's called a steak house, and but while I've been there twenty times in the past few years, I've never have ordered a steak (I'll bet its good, though!) I love the service and the non-chain attitude, the beef dip sandwich is my favorite, and the \$21 price is worth it. A favorite of mine for Middle Eastern is Sahara , a little café on Colorado Blvd., which features dining, wine and beer. Order the Chicken -- I liked it and you will too. Pizza? I like several places, but the one out-of-towners must check out is Tarantino's on Green St. They are small and quaint, and only take cash, but the pizza is great -- you can get traditional style pepperoni or sausage. The lasagna is a hit as well, and they offer sandwiches, but stick with the pizza. Is

Sushi your thing? Again, we have a few chains in the area, but for my money it's Gin Sushi on E. Colorado. Right next door is the wonderful Chiquita Bonita, Mike Bingley's all time favorite and owner Tavo is always there with a Bud Light ready.

Save some room for Turkey!

Dining with Dills on Charter Cable Channel 188 at 3 PM on the weekends. Sunday Night it's the radio show at 6 PM KLAA AM 830.

TABLE FOR TWO by Peter Dills  
thechefknows@yahoo.com



## Good Eats Roast Turkey



For the aromatics:  
1 red apple, sliced  
1/2 onion, sliced  
1 cinnamon stick  
1 cup water  
4 sprigs rosemary  
6 leaves sage  
Canola oil

### DIRECTIONS

2 to 3 days before roasting:

Begin thawing the turkey in the refrigerator or in a cooler kept at 38 degrees F. Combine the vegetable stock, salt, brown sugar, peppercorns, allspice berries, and candied ginger in a large stockpot over medium-high heat. Stir occasionally to dissolve solids and bring to a boil. Then remove the brine from the heat, cool to room temperature, and refrigerate.

Early on the day or the night before you'd like to eat:

Combine the brine, water and ice in the 5-gallon bucket. Place the thawed turkey (with innards removed) breast side down in brine. If necessary, weigh down the bird to ensure it is fully immersed, cover, and refrigerate or set in cool area for 8 to 16 hours, turning the bird once half way through brining. Preheat the oven to 500 degrees F. Remove the bird from brine and rinse inside and out with cold water. Discard the brine. Place the bird on roasting rack inside a half sheet pan and pat dry with paper towels. Combine the apple, onion, cinnamon stick, and 1 cup of water in a microwave safe dish and microwave on high for 5 minutes. Add steeped aromatics to the turkey's cavity along with the rosemary and sage. Tuck the wings underneath the bird and coat the skin liberally with canola oil. Roast the turkey on lowest level of the oven at 500 degrees F for 30 minutes. Insert a probe thermometer into thickest part of the breast and reduce the oven temperature to 350 degrees F. Set the thermometer alarm (if available) to 161 degrees F. A 14 to 16 pound bird should require a total of 2 to 2 1/2 hours of roasting. Let the turkey rest, loosely covered with foil or a large mixing bowl for 15 minutes before carving.

Recipe courtesy Alton Brown

Prep Time: 15 min

Inactive Prep Time: 7 hr 0 min

Cook Time: 2 hr 30 min

Level: Easy

Serves: 10 to 12 servings

### INGREDIENTS

1 (14 to 16 pound) frozen young turkey  
For the brine:  
1 cup kosher salt  
1/2 cup light brown sugar  
1 gallon vegetable stock  
1 tablespoon black peppercorns  
1 1/2 teaspoons allspice berries  
1 1/2 teaspoons chopped candied ginger  
1 gallon heavily iced water

## From the Pen & Kitchen of Deanne Davis:

### Thanksgiving Day Breakfast

The festive bird is stuffed and in the stove, the potatoes are boiling for mashed potatoes, you've said the gravy prayer (please, Gravy Deity, let it be smooth this year). And people are saying, "we're hungry!"

This is not a problem, put down that ladle and in just minutes, you can hand everybody an Eggnog-Brandy Muffin!

If you're truly feeling like Wonder Woman, whack up some bacon and an onion into small chunks, sauté them together, throw in some eggs, scramble it altogether, and serve the Thanksgiving breakfast they'll remember with delight all year long.

### Eggnog-Brandy Muffins

2 cups flour  
2/3 cup granulated sugar  
1 TB. Baking powder  
½ tsp. Salt  
3/4 cup prepared eggnog  
½ cup brandy  
5 TB butter, (unsalted if you've got it...use a little less salt if you don't) melted  
1 egg, beaten  
½ tsp. Grated nutmeg plus a little more for sprinkling on top

Preheat oven to 400 degrees. Grease 12 muffin pan. In a large bowl mix flour, sugar, baking powder and salt. Add eggnog, brandy, butter, beaten egg and ½ tsp nutmeg. Stir only till mixed. DO NOT OVERBEAT or muffins will be rubbery and tough. Spoon batter into greased muffin cups and sprinkle tops of muffins with nutmeg. Bake about 20 minutes or until tester inserted into center of muffin comes out clean. Remove from tin, butter and enjoy.

They freeze nicely and are probably about 200 calories per muffin.

Happy Thanksgiving!

May your turkey be tender, succulent and juicy, and may somebody who really knows how.. offer to carve it.

# FOOD AND DRINK



## AUNT CATHERINE'S CORN PUDDING

I almost listed this as My recipe, but then I remembered that I actually got this recipe from my dad's sister and my favorite Aunt Catherine. For whatever reason, we only had this on Thanksgiving and you had to be quick if you wanted a serving. One pass around the table and that was it. (The same can be said for my household today. Susan Henderson)

### INGREDIENTS

12 to 13 ears fresh corn, husks removed  
1/4 cup sugar  
3 tablespoons all-purpose flour  
2 teaspoons baking powder  
1 1/2 teaspoons salt  
Pepper to taste. (You can spice it up with a little Cayenne pepper instead).  
6 large eggs  
2 cups evaporated milk (I use Half and Half instead but either is good)  
1/2 cup butter, melted

### DIRECTIONS

Preheat oven to 350°. Get a 13 x 9 baking dish and grease the sides with butter or butter flavored cooking spray - my Aunt did not tell me that!

Cut corn off the cobs into a large bowl (about 6 cups). You can substitute frozen corn if you like but canned corn really is only to be used if there is a blizzard and you can get to the grocery store. In a separate bowl or measuring cup, mix sugar, flour and baking powder together.

Next, whisk eggs until smooth then gradually add milk or half and half and butter in a large bowl. Pour the sugar mixture into the bowl with the eggs and continue whisking. Make certain the mixture is smooth and then stir in the corn. Abandon the whisk, use a wooden spoon and stir the mixture so that the corn is distruted evenly. Pour mixture into prepared baking dish and bake at 350° or until you can stick a cake tester in it and it comes out clean. Let it stand about 5 minutes before serving.

**Paul Neiby's** - "The Mountain Views News exists in part because of the support of Paul and Louise Neiby. Paul is no longer with us and I miss him greatly, especially this time of year when we would argue about whether he was the better cook. These were two of his favorite Thanksgiving recipes.

## CORN BREAD DRESSING

Ingredients:

2 - 6 oz. bags Mrs. Cubbison's Seasoned Cornbread Stuffing Mix  
1 cup chopped, raw white onions  
1 cup chopped raw celery  
10 dried apricots cut into pieces  
4 oz. Walnuts (they can be bought in a bag of about that size  
6-8 oz. Sausage, sauteed brown, defatted & crumbled. (Jimmy Dean brand sage flavored is good  
2 cups heated Chicken Broth  
4 tbsp. butter melted in with 1 cup of the chicken broth

Directions:

Toss the vegetables and stuffing mix in a bowl. Add 1 cup of the heated broth with the melted butter and toss again. Load lightly in a greased covered casserole and bake for 45 minutes in a 350 degree oven. Half way through, pour the additional cup of chicken broth over the dressing.

This recipe is modified from the one that appears on the Cubbison pack by the addition of the sausage, apricot, and walnuts. The additional broth added half-way through the baking, makes the dressing moist enough but still light and discreet.

## Also from Paul Neiby: CREAMED PEARL ONIONS

Ingredients:

Onions, small pearl as needed  
Milk, butter,flour, Worchestshire Sauce, Cayenne , Salt & Pepper

Directions:

Trim the bottoms of the onions but otherwise leave them unpeeled. Drop into boiling water for 3-5 minutes. Drain and peel when cool. Reserve the onion water.

Make a medium white sauce (2/2/1) using half milkd and half onion water. You may make a Mornay Sauce by adding shredded cheddar if desired. Flavor with Worchestshire, Cayenne and salt and pepper. The sauce should be fairly thick as the cooking onions will add liquor.

Pour the sauce over the onions in a casserole and bake covered in a medium oven for 30-40 minutes.

## Mary Lee's (Dean Lee's Mother)

**Sausage Appetizers** - Also makes great sandwiches the next day !

Ingredients

Refrigerated dinner rolls (10 in a tube)  
Farmer John sausage links (cut in half or thirds)  
butter on top

Directions:

Take rolls and flatten separately with hand or rolling pin  
Put link in half of flat dinner roll  
(if using thirds spread sausage to cover roll)  
Fold over and seal edges by pinching  
Put 10 in ungreased cake pan  
Bake 350 degrees/20 minutes until top is golden brown

Enjoy

## Richard Garcia's

### Cranberry-Pomegranate Sauce

1 1/2 pounds fresh or frozen cranberries (6 cups)  
2 cups sugar  
1 cup pomegranate juice  
2 cups fresh pomegranate seeds

Directions

In a medium saucepan, combine the cranberries with the sugar and pomegranate juice. Bring to a simmer and cook over moderate heat, stirring occasionally, until most of the cranberries have burst, about 10 minutes. Scrape the cranberry sauce into a medium bowl and let stand until cool, about 2 hours. Fold in the pomegranate seeds and serve the sauce chilled or at room temperature.

## Pat Ostrye's Non-Recipe Turkey(The Best)

My recipe would be that my husband always fixed the turkey. I really don't know how it began but, even when we had turkey a lot through the years, he always fixed it. So when he died 21 years ago, the men in the family thought I didn't know how to do it, which was fine with me. So, for this Thanksgiving, the family is going to Martin's in Arcadia. He is the youngest who was 27 when his dad died in October of '88. A few days before Thanksgiving that year he called to say he had the turkey but where should he fix it since he had a small apt in Arcadia at that time. Two of his sisters helped him do it and they brought it all to my sister-in-law's because I was living in Escondido yet, moving back to the area the first of that year. That Christmas, the oldest son took care of it, buying and fixing 2 turkeys. As long as the family doesn't run out of men, we have it made.

## Dixie Countant's Easy Anti-marshmallow Yams

For those of us who don't like marshmallow on our yams, here's the family recipe for Candied Yams.

Ingredients:

Yams or sweet potatoes Butter Light Brown Sugar

Buy as many yams as you need depending on how many people are coming to dinner. I plan two medallions per person if I'm doing a full-blown dinner with all the trimmings.

Wash and slice yams (or sweet potatoes) into one-inch medallions. Steam medallions until barely done. (Not too soft) Skin the medallions by gently cutting the skin and lifting - it will almost fall off.

Arrange medallions in baking dish. (They can touch, but don't stack them) Put a small pat (aprox 1/4 tsp of butter on top of each medallion. Sprinkle light brown sugar over medallions. Cover and bake in 350 oven for 1/2 to 1 hour.

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**On the Marquee:** *Notes from the Sierra Madre Playhouse***THE FINISH LINE**

By Artistic Director, Christian Lebano

"A poem is never finished, it is simply abandoned."  
Paul Valery

I came across this quote the other day and thought how timely to have found it while in the midst of the build of A Christmas Memory. I thought if you replaced the word "play" for "poem" it would be as fitting for theater as writing (and I suspect it's equally true of any art form).

Since Always...Patsy Cline was such a big hit and stayed in our theater through the space of two shows, it has been a while since we have moved a new production into the theater. I've been reminded this week what an enormous undertaking that is and how many compromises are made in the name of expediency and the budget. I have written about that before, but what got me thinking about this quote was considering where we are now with A Christmas Memory and where we were with Always...Patsy Cline when we closed that show.

Obviously, a show deepens and solidifies over time. The actors learn from the audience how to play moments, the stage manager gets to know the actors in performance and can begin to anticipate their reactions and timing, and the director and producers learn more clearly what is needed after seeing a show grow in front of an audience. Sometimes we can make changes or adjustments to timing or to movements during a run. But all too often, the realization of what is needed comes too late to change and you are left with the disappointment of not having anticipated the need or seen more clearly what should have been.

This is only partly to blame on the limited number of hours we have to work on a show – I suspect that even those companies that have the luxury of very long rehearsal periods are frustrated by the lack of time! – but also on the grandness of the undertaking. By that I am not speaking of the size of any particular show, but the sheer hubris of trying to recreate life on stage in all its messy complexity. Life is complicated and trying to bring it to the stage while also worrying about whether the audience will follow the story, hear the words, appreciate the music choices, and juggling an army of artists is nearly impossible. What I have learned is that we have to be content with the play that



Jean Kauffman (Jennie) and Ian Branch (Buddy)  
Photo by Gina Long

opens on the first night – if not satisfied (only those involved will ever know the compromises that were made and the challenges that were faced) AND most importantly, that preparation is key to getting the play as "finished" as possible.

From all of us at the Playhouse, have the loveliest of Thanksgivings filled with family, friends, and good food. I can tell you truthfully that when I am counting blessings around my table, your support and loyalty of what we are doing at SMP will be among the many I am grateful for.

A Christmas Memory - perfect for all ages - opens this Friday, the day after Thanksgiving and runs through the holidays to December 27. There is no chance of extending this one as Deathtrap is hot on its heels for its January 15 opening. Please visit our website at [SierraMadrePlayhouse.org](http://SierraMadrePlayhouse.org) or call Mary at 626.355.4318 to arrange your purchase.

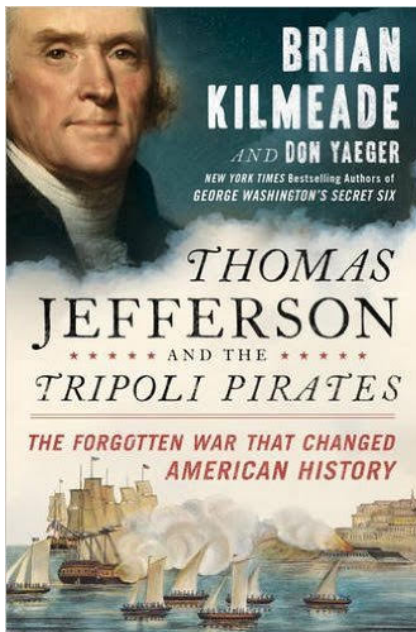
**Jeff's Book Pics** By Jeff Brown

**THOMAS JEFFERSON AND THE TRIPOLI PIRATES: THE FORGOTTEN WAR THAT CHANGED AMERICAN HISTORY**  
by Brian Kilmeade and Don Yaeger

This is the little-known story of how a newly independent nation was challenged by four Muslim powers and what happened when America's third president decided to stand up to intimidation. When Thomas Jefferson became president in 1801, America faced a crisis. The new nation was deeply in debt and needed its economy to grow quickly, but its merchant ships were under attack. Pirates from North Africa's Barbary coast routinely captured American sailors and held them as slaves, demanding ransom and tribute payments far beyond what the new country could afford. Over the previous fifteen years, as a diplomat and then as secretary of state, Jefferson had tried to work with the Barbary states (Tripoli, Tunis, Algiers, and Morocco).

Unfortunately, he found it impossible to negotiate with people who believed their religion justified the plunder and enslavement of non-Muslims. These rogue states would show no mercy—at least not while easy money could be made by extorting the Western powers. So President Jefferson decided to move beyond diplomacy. He sent the U.S. Navy's new warships and a detachment of Marines to blockade Tripoli—launching the Barbary Wars and beginning America's journey toward future superpower status. Among the many suspenseful episodes: Lieutenant Andrew Sterett's ferocious cannon battle on the high seas against the treacherous pirate ship Tripoli. Lieutenant Stephen Decatur's daring night raid of an enemy harbor, with the aim of destroying an American ship that had fallen into the pirates' hands. General William Eaton's unprecedented five-hundred-mile land march from Egypt to the port of Derne, where the Marines launched a surprise attack and

an American flag was raised in victory on foreign soil for the first time. Few today remember these men and other heroes who inspired the Marine Corps hymn: "From the Halls of Montezuma to the Shores of Tripoli, we fight our country's battles in the air, on land and sea." Thomas Jefferson and the Tripoli Pirates recaptures this forgotten war that changed American history with a real-life drama of intrigue, bravery, and battle on the high seas.



**BEHIND THE BEAUTIFUL FOREVERS: LIFE, DEATH, AND HOPE IN A MUMBAI UNDERCITY**  
by Katherine Boo

In this book by Pulitzer Prize winner Boo, a bewildering age of global change and inequality is made human through the dramatic story of families striving toward a better life in Annawadi, a makeshift settlement in the shadow of luxury hotels near the Mumbai airport. As India starts to prosper, the residents of Annawadi are electric with hope. Abdul, an enterprising teenager, sees "a fortune beyond counting" in the recyclable garbage that richer people throw away. Meanwhile Asha, a woman of formidable ambition, has identified a shadier route to the middle class. With a little luck, her beautiful daughter might become its first female college graduate. And even the poorest children, like the young thief Kalu, feel themselves inching closer to their dreams. But then Abdul is falsely accused in a shocking tragedy; terror and global recession rock the city. With intelligence, humor, and deep insight into what connects people to one another in an era of tumultuous change, Behind the Beautiful Forevers, based on years of uncompromising reporting, carries the reader headlong into one of the twenty-first century's hidden worlds—and into the hearts of families impossible to forget. Winner of the National Book Award. Above from [Amazon.com](http://Amazon.com)

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# NASA'S CURIOSITY MARS ROVER HEADS TOWARD ACTIVE DUNES

"We will use Curiosity to learn whether the wind is actually sorting the minerals in the dunes by how the wind transports particles of different grain



“These dunes have a different texture from dunes on Earth,” Bridges said. “The ripples on them are much larger than ripples on top of dunes on Earth,

THE KELSO DUNES in California's Mojave Desert are a good example of somewhat similar dunes on Earth. These dunes, covering 45 square miles near the town of Baker, are called "booming"

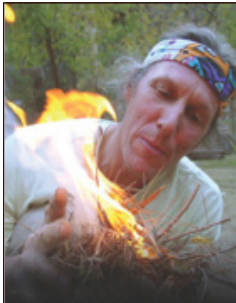
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SMALL BUSINESS  
**SATURDAY**  
NOV 28



froghattwo@hotmail.com, 571 298 9001.



## CHRISTOPHER Nyerges

## LESSONS FROM THE TONGVA

### *Foods That Were Eaten In This Area*

In July 1769, Father Junipero Serra, writing of the areas near Pasadena, said, "We found vines (wild) of a large size and in some cases quite loaded with grapes. We have seen Indians in immense numbers.... They continue to make a good subsistence from various seeds and by fishing." Wild oats (*Avena fatua*) and various other grasses were harvested for their grain. And the wild grape vines can still be found in some of the foothill canyons, though they rarely produce fruit today.

The yucca plant, the most important fibre plant for all the Southwestern Indians, was also a source of food. Both the green and ripened fruits were



The leaves of yucca were one of the most important fibre sources. Once processed to get just the hardy fibre, the leaves were made into rope or braids, which were then used to weave sandals, construct shelters, make packs, bow strings, nets, etc.

Learning the skills and specialized knowledge of our ancestors provides us with one tool to break our unnecessary dependence upon others. Learning these skills instills a deep desire to “live lightly on the earth” as much as possible. Knowing these basic survival skills enhances our day-to-day life, and certainly increases our safety when we travel into the forest.

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

## TOO MUCH TURKEY AND NOT ENOUGH GRAVY

This time of the year, my thoughts drift back to memories of my maternal grandmother. The Thanksgiving season brought all her special talents to the forefront. To me, my grandmother reigned as queen of the kitchen and functioned as the World's Greatest Cook.

Thanksgiving brought all my relatives to my grandmother's house. My grandfather lived there too, but with all the food on the table, nobody noticed.

To be honest, my grandmother did not do everything. My grandfather made a major contribution to the Thanksgiving preparation. In fact, he had the most important part — he stayed out of grandmother's kitchen. I have always appreciated that quality of my grandfather.

As November made its debut, everyone in my family eagerly awaited Thanksgiving Day. We talked of nothing else for weeks in advance. Someone might think all this excitement about Grandmother's Thanksgiving spread a little extreme. That is simply because they never had any of her "vittles." One bite, or even one good whiff, could convince anyone that my grandmother's cooking ranked number one.

There were times when circumstances severely challenged Grandmother's patience, if not her sanity. But no matter what happened, she always came through with fried goodies. No matter what the crisis, somehow my grandmother had the perfect recipe.

One year, contrary to her usual good sense, my grandmother allowed my grandfather to watch the turkey while she went down the road for an important meeting at the church. As an active member of her church, Grandmother felt an obligation to do her part. "If everybody did their part," she explained to me once, "everything would get done."

Although not completely comfortable leaving the important turkey under Grandfather's watchful eye, Grandmother felt she had no other option.

"Jim," she said to my grandfather, "I want you to pay attention to every word I say."

My grandfather was a great old man. I always enjoyed the many romps I had with him. He seemed to know exactly what children liked to do. Despite Grandmother's warnings, he somehow managed to sneak in a little fun for his grandchildren. For example, there was the time he let all the grandchildren slide down grandmother's banister.

But trusting my grandfather with something as important as the Thanksgiving turkey was just asking too much.

"Jim," grandmother instructed, "all you have to do is make sure the turkey doesn't go dry. Just baste the turkey every 15 minutes with this turkey baster and make sure it doesn't go dry," my grandfather's life's partner explained. To make sure my grandfather understood the importance of her instructions, Grandmother added one last note. "If this turkey goes dry, your goose is cooked."

We all knew Grandmother was not joking. She never joked about her cooking. Martha Stewart could learn a thing or two about culinary etiquette

from my grandmother.

To be brutally honest about the whole incident, it was not my grandfather's fault that the meeting at the church lasted as long as it did. Everyone knows church committee meetings sometimes have a life of their own and can go on for days.

During the first hour of his vigil, my grandfather did everything my grandmother instructed him to do. However, it was cold outside and the old-fashioned wood stove in the room off the kitchen spread a warm blanket throughout the house, creating a drowsy ambience. Anyone in the same situation would have done the same thing my grandfather did.

He fell asleep.

Grandmother's Thanksgiving turkey not only went dry, it shriveled to a dark black lump.

The excited voice of my grandmother shrieking aroused my grandfather from his slumber. "Oh, Jim, the turkey, the turkey!" Although groggy, Grandfather knew his goose was cooked — and nobody cooked goose like my grandmother.

How well I remember that Thanksgiving. Although a smaller turkey than usual, my grandmother had more than enough gravy to go around. One strange thing about that Thanksgiving that has lingered in my mind all these years was that my grandfather did not eat any turkey.

When the turkey plate came his way, he quickly glanced at my grandmother and said with a familiar laugh, "Oh, I couldn't eat another bite." Then he passed the plate.

With a chuckle in his voice, he said something I did not quite understand at the time.

"Some folks make too much fuss over the turkey and not enough on the gravy."

Turning to my grandmother, he continued. "Mary, this has to be the best gravy you've ever made." My grandmother smiled one of her maternal smiles and everyone went back to the business of the day.

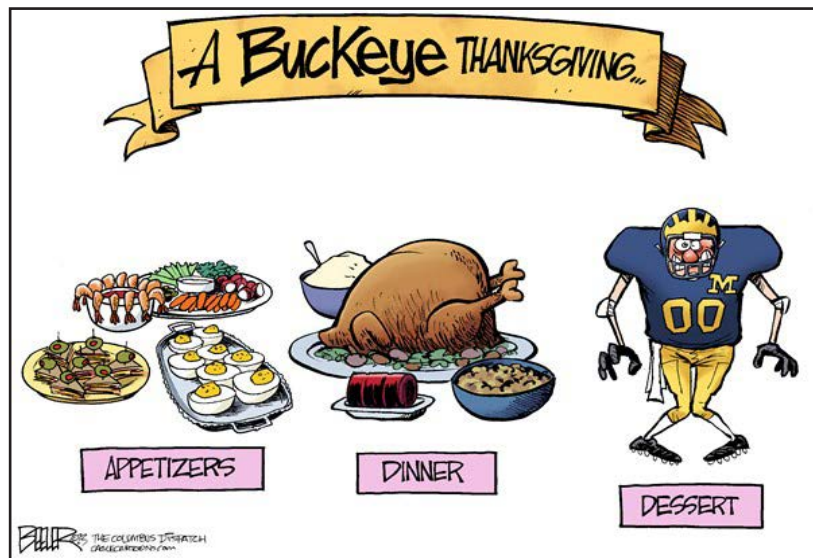
I learned that day that there is a danger in making too much of the turkey and not enough of the gravy in life.

The Bible puts it this way; "For ye see your calling, brethren, how that not many wise men after the flesh, not many mighty, not many noble, are called: But God hath chosen the foolish things of the world to confound the wise; and God hath chosen the weak things of the world to confound the things which are mighty; And base things of the world, and things which are despised, hath God chosen, yea, and things which are not, to bring to naught things that are: That no flesh should glory in his presence." (1 Corinthians 1:26-29 KJV.)

Like gravy, many things we overlook and consider insignificant God uses for His glory.

*The Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail [jamesnsnyder2@att.net](mailto:jamesnsnyder2@att.net). The church website is [www.whatafellowship.com](http://www.whatafellowship.com).*

To Benn:



## Dry Bones



## LEFT TURN/RIGHT TURN

### HOWARD Hays As I See It



*"Whoever kills an innocent person, it is as though he has killed all of mankind."*  
- Quran 5:32

It's time to choose sides — and sometimes, that can be tough. Take, for instance, a list of players including Vladimir Putin, Hezbollah, the mullahs of Iran and Syria's Bashar al-Assad. They belong on a

list of the world's bad guys. They are also actively engaged in the fight against the Islamic State.

France was among nations punishing Russia for its incursions in the Ukraine. But now, after the October 31 downing of a Russian airliner over the Sinai, killing all 224 aboard, and the massacres in Paris two weeks later, leaving 129 dead (coming after a half-dozen other strikes over the past two months, from Beirut to the Sinai to Yemen to Tripoli, with nearly a hundred additional deaths), the two countries are joined in military actions against ISIS targets in Syria.

In Vienna at a conference on Syria last week, the U.S., Russia and regional adversaries like Saudi Arabia and Iran were among some twenty nations taking the side of solidarity against ISIS. Iran's President Hassan Rouhani labeled the Paris attacks a "crime against humanity."

Also choosing sides have been Muslim leaders and organizations throughout the world, both Shiite and Sunni, overwhelmingly condemning terrorism, the Paris attacks, and loudly protesting that Islamic State has nothing to do with Islam. A blogger out of Libya tweeted, "If you think Muslims aren't condemning ISIS, it's not because Muslims aren't condemning ISIS. It's because you're not listening to Muslims."

As for the U.S., a few hours before the Paris attacks President Obama explained on "Good Morning America", "from the start our goal has been first to contain and we have contained them. They have not gained ground in Iraq and in Syria they'll come in, they'll leave. But you don't see this systemic march by ISIL across the terrain."

Soon after the Paris attacks, U.S. airstrikes were taking out ISIS leaders in Libya. The day before, U.S. air support helped Kurdish forces retake the Iraqi city of Sinjar — and the roads which were important ISIS supply lines. In Syria, a U.S. drone strike took out ISIS executioner "Jihadi John." Two days after the Paris attacks, we destroyed 116 fuel trucks used by ISIS in Syria.

With setbacks on the battlefield, ISIS has become more dependent on attracting new recruits; both in the Middle East and from abroad. One way is to inhibit the emigration of refugees to western countries. The more hopeless they become in crowded camps in Jordan, Lebanon, Egypt or Turkey, the more susceptible they become to radicalization. Another is to encourage a backlash against Muslims established abroad, to show that Western promises of inclusive democracy will never apply to them; that their place is within the refuge of the Caliphate. And they'll frame the conflict as an apocalyptic "clash of civilizations" between Islam and the Crusaders.

In trying to clarify which side they themselves are on, Republicans have echoed ISIS propaganda

by seeking to inhibit immigration of refugees, encouraging a backlash against Muslims living here and framing the conflict as that apocalyptic "clash of civilizations".

Europeans soon determined that the Syrian passport found with one of the suicide bombers was a plant. So far, all attackers have been identified as being European nationals, with the passport intended to cast blame instead on Syrian refugees. But Republicans fell for it. Or maybe they didn't — maybe, as President Obama suggested, they've just been "playing on fear in order to try to score political points or to advance their campaigns."

Republican governors either fell for it or are themselves "playing on fear in order to try to score political points" by refusing to admit Syrian refugees to their states. If they knew about refugees, they'd know that of the 748,000 admitted since 9/11/01, exactly three have been charged with plotting terrorist acts — and none of those were planned for the U.S. (two were for conspiring to send weapons to Iraq, and the third involved guns for Uzbekistan). If they knew about the process, they'd know of the 18 months to three years of vetting by the State Department, FBI, Homeland Security and U.N. before they're allowed to cross the ocean. If they knew about the law, they'd know they have no say over this immigration, anyway.

Republicans in Congress have called for increased surveillance on Muslim Americans. Donald Trump suggested shutting down mosques entirely, although he'd "hate to do it".

As for the apocalypse, Jeb Bush warned that "The terror attack in Paris is part of an organized effort to destroy Western Civilization". Sen. Marco Rubio (R-FL) parroted the ISIS line by characterizing the conflict as a "clash of civilizations". After taping his remarks, he then skipped a Foreign Relations Committee classified security briefing on the Paris attacks to attend a fundraiser in Newport Beach. (Following the Paris massacres, French President Hollande pointed out that those involved could not be considered any part of any kind of "civilization".)

Both Bush and Sen. Ted Cruz (R-TX) suggested some religious test for refugees; that only Christians need apply. President Obama described such a notion as "offensive and contrary to American values"; "We don't have religious tests to our compassion." Perhaps mindful of our xenophobic refusal to accept boatloads of Jewish refugees escaping Nazi Germany in 1938 and 1939, or the internment of Japanese-Americans because of racism-stoked fear, President Obama called Republican statements and actions "irresponsible. And it's contrary to who we are. And it needs to stop, because the world is watching."

Ahmed al-Tayyeb, head of Cairo's Al-Azhar, Sunni Islam's leading seat of learning, reacted to the Paris massacres on Egyptian TV; "The time has come for the world to unite to confront this monster."

Then there was the Republican reaction, of which President Obama said, "I cannot think of a more potent recruitment tool for ISIL". It's time to choose sides.

### MICHAEL Reagan Making Sense

### WINNERS, LOSERS AND LEADERS



President Obama's reaction to the horrible terrorist attacks in Paris has been strange — and disturbing.

Instead of rallying the country and calling for the United States to lead the fight to wipe out the Islamic State, what did he do first?

He took pot shots at Republicans for their reluctance to open our borders to thousands of Syrian refugees.

He even said some Republicans were helping ISIS recruit new fighters by suggesting that the United States should give preference to Christian refugees over Muslims.

We're stuck with Obama and his failed leadership for another 13 months. Meanwhile, we'll have to hope that Francois Hollande of France and Vladimir Putin of Russia can lead a coalition to victory over the Islamist extremists.

Unlike Obama, President Hollande reacted to the Paris attack like a real leader.

He immediately called it what it was — an act of war perpetrated by terrorists — and he promised the whole world that his government would not let ISIS get away with it.

"I want to say we are going to lead a war which will be pitiless," Hollande said as he toured the music hall where more than 100 of his countrymen and women were slaughtered.

"Because when terrorists are capable of committing such atrocities they must be certain that they are facing a determined France, a united France, a France that is together and does not let itself be moved, even if today we express infinite sorrow."

Obama did not seek to unite America after Paris. He sought to divide it. He didn't promise to make the Islamic State pay for Paris or any of its earlier atrocities and war crimes.

The mass murders in Paris and the blowing up of a Russian airliner finally woke up Hollande and Putin to the threat posed by ISIS.

What will it take to wake up Obama?

His policy towards ISIS reminds me of détente, the foreign policy practiced by Republicans and Democrats alike during the Cold War.

Détente is the French word to describe the easing of tensions and hostilities between the governments of the United States and the Soviet Union.

What the policy of détente meant in practice, however, was not exactly something to be proud of if you were a freedom-loving American.

It basically said to the Soviets — and other totalitarian countries — that we don't care if you torture or imprison or mistreat your own people as long as you don't do anything to harm us.

Détente with the Evil Empire was OK with both parties and it would have continued for God-knows how long except that my father came along in 1980.

Shortly after his inauguration, when he was asked what his foreign policy was vis-à-vis the Soviets, he shocked everyone in Washington.

"We win. They lose," he said. That was his "radical" position from Day 1 and he stuck to it.

He didn't say how he was going to achieve victory over Communism or how long it would take, but eight years later the Berlin Wall came down. President Obama has been practicing a form of détente with ISIS.

As long as you are only slaughtering and enslaving people over in Syria and Iraq, he seems to have been saying, we'll just bomb you here and there but we won't try to destroy you.

Well, ISIS is no longer just "over there." It's in Paris and Lebanon and Egypt and it's certain to be coming soon to our backyards.

Obama says what he is doing is the right way to defeat ISIS, but that it'll take a long time.

He says we Americans have to stay the course, yet he is unwilling to change his failed course and assume leadership in the fight against terrorism.

Once he does that, his foreign policy should be real simple. "We win. They lose."

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service [reagan.com](http://reagan.com) and president of The Reagan Legacy Foundation. Visit his websites at [www.reagan.com](http://www.reagan.com) and [www.michaelreagan.com](http://www.michaelreagan.com).







*City of Sierra Madre***PUBLIC HEARING NOTICE**

From: The City of Sierra Madre  
 Subject: MUNICIPAL CODE TEXT AMENDMENT 15-04 (MCTA 15-04)  
 Applicant: City of Sierra Madre

Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the Planning Commission will conduct a public hearing to consider recommending adoption of a text amendment to Chapter 17.10 of the Municipal Code to establish local control measures regulating the cultivation and distribution of cannabis. The purpose of the proposed Municipal Code Text Amendments is to further an objective of Ordinance No. 1266, prohibiting in all zones medical marijuana dispensaries which involves the distribution of drugs or other substances which is illegal to distribute or possess under state or federal law. Following a Planning Commission recommendation for approval, the proposed text amendment will be forwarded to the City Council for their consideration.

**DATE AND TIME OF HEARING**

City of Sierra Madre  
 Planning Commission meeting  
 Thursday, December 3, 2015  
 (Hearing begins at 7:00 p.m.)

**PLACE OF HEARING**

City of Sierra Madre  
 City Council Chambers  
 232 W. Sierra Madre Blvd.  
 Sierra Madre, CA

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

**ENVIRONMENTAL DETERMINATION:** The Municipal Code Text Amendment is exempt from California Environmental Quality Act review pursuant to Title 14, Section 1506 (b)(3) of the California Code of Regulations.

**APPEAL:** A decision by the Planning Commission is subject to a 10-day appeal period to the City Council. If in the future anyone wishes to challenge the decision of the Planning Commission in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the Planning Commission at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-273265 The following person(s) is (are) doing business as: LUMEA INTERNATIONAL, 9087 LAS TUNAS DR. UNIT A, TEMPLE CITY, CA 91780. Full name of registrant(s) is (are) HANNAH DING, 1600 GREENCASTLE AVE. UNIT B, ROWLAND HTS., CA 91748. This Business is conducted by: AN INDIVIDUAL. Signed: HANNAH DING. This statement was filed with the County Clerk of Los Angeles County on 10/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-273401 The following person(s) is (are) doing business as: MARISCOS BADIRAGUATO, 10024 S. FIGUEROA ST., L.A., CA 90003. Full name of registrant(s) is (are) MARISCOS SINALOENSE, 10024 S. FIGUEROA ST., L.A., CA 90003. This Business is conducted by: A CORPORATION. Signed: TOMASA LEYVA. This statement was filed with the County Clerk of Los Angeles County on 10/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-274345 The following person(s) is (are) doing business as: MIKE SNACK, 840 SANTEE ST., L.A., CA 90014. Full name of registrant(s) is (are) SARA VILLEGAS, 840 SANTEE ST., L.A., CA 90014. This Business is conducted by: AN INDIVIDUAL. Signed: SARA VILLEGAS. This statement was filed with the County Clerk of Los Angeles County on 10/27/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not

does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-272609 The following person(s) is (are) doing business as: MR. GREENS ECO-FRIENDLY RAGS, 4049 S. KEANSBURG AVE., WEST COVINA, CA 91792. Full name of registrant(s) is (are) JOSEPH GONZALEZ, 4049 S. KEANSBURG AVE., WEST COVINA, CA 91792. This Business is conducted by: AN INDIVIDUAL. Signed: JOSEPH GONZALEZ. This statement was filed with the County Clerk of Los Angeles County on 10/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-272134 The following person(s) is (are) doing business as: MYO BEAST, 5533 LONG BEACH BLVD. SPCV #54, LONG BEACH, CA 90805. Full name of registrant(s) is (are) GUILLERMO MORA VALLE, 5533 LONG BEACH BLVD. SPC #54, LONG BEACH, CA 90805. This Business is conducted by: AN INDIVIDUAL. Signed: GUILLERMO MORA VALLE. This statement was filed with the County Clerk of Los Angeles County on 10/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-271231 The following person(s) is (are) doing business as: NB FLEET SERVICES, 1734 TELECRON AVE., WHITTIER, CA 90605. Full name of registrant(s) is (are) ERIK GUTIERREZ-BARAJAS, 11734 TELECRON AVE., WHITTIER, CA 90605. This Business is conducted by: AN INDIVIDUAL. Signed: ERIK GUTIERREZ-BARAJAS. This statement was filed with the County Clerk of Los Angeles County on 10/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not

itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-272837 The following person(s) is (are) doing business as: OCTOPUS ART STUDIO, 221 W. LAS TUNAS DR., SAN GABRIEL, CA 91775. Full name of registrant(s) is (are) ATILIO PERNISCO, 336 STURTEVANT DR., SIERRA MADRE, CA 91024. This Business is conducted by: AN INDIVIDUAL. Signed: ATILIO PERNISCO. This statement was filed with the County Clerk of Los Angeles County on 10/26/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275192 The following person(s) is (are) doing business as: ONE STOP AUTO REPAIRS, 19717 VALLEY BLVD., WALNUT, CA 91789. Full name of registrant(s) is (are) LUIS CARLOS MURILLO, 13659 ALCADDE ST., LA PUENTE, CA 91746. This Business is conducted by: AN INDIVIDUAL. Signed: LUIS CARLOS MURILLO. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275865 The following person(s) is (are) doing business as: PLUMBERS 4 LESS, 9903 PARAMOUNT BLVD. 305, DOWNEY, CA 90240. Full name of registrant(s) is (are) PAYLESS 4 PLUMBING, INC., 985 S. KENDALL RD. STE 322A, SAN BERNARDINO, CA 92407. This Business is conducted by: A CORPORATION. Signed: ALEX BELTRAN SR. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of

another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275195 The following person(s) is (are) doing business as: QQ MASSAGE AND SPA, 3948 N PECK RD. #11, EL MONTE, CA 91732. Full name of registrant(s) is (are) HAN WU, 735 S. CHAPEL AVE. #1, ALHAMBRA, CA 91801. This Business is conducted by: AN INDIVIDUAL. Signed: HAN WU. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-274737 The following person(s) is (are) doing business as: QUEEN OF MY HEART FLOWERS, 1744 N. SPRING AVE., COMPTON, CA 90221. Full name of registrant(s) is (are) YADIRA QUINTERO, 1744 N. SPRING AVE., COMPTON, CA 90221. This Business is conducted by: AN INDIVIDUAL. Signed: YADIRA QUINTERO. This statement was filed with the County Clerk of Los Angeles County on 10/27/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-271595 The following person(s) is (are) doing business as: RIVERA'S FLOOR COVERING II, 270 W. 37<sup>TH</sup> ST., L.A., CA 90007. Full name of registrant(s) is (are) NT INVESTMENTS, INC., 5363 STILLWATER DR., L.A., CA 90008. This Business is conducted by: A CORPORATION. Signed: NILUBOL THAPABUT. This statement was filed with the County Clerk of Los Angeles County on 10/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-271927 The following person(s) is (are) doing business as: ROCKET BROTHERS FRESH, 1065 E. WALNUT ST. STE A, CARSON, CA 90746. Full name of registrant(s) is (are) F.P.D. INC., 1065 E. WALNUT ST., CARSON, CA 90746. This Business is conducted by: A CORPORATION. Signed: JOSEPH BALCOM. This statement was filed with the County Clerk of Los Angeles County on 10/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-274803 The following person(s) is (are) doing business as: SHADDAI MOVING CO., 10915 LEWIS RD., LYNNWOOD, CA 90262. Full name of registrant(s) is (are) SULMA ESMERALDA GANUZA, 10915 LEWIS RD., LYNNWOOD, CA 90262. This Business is conducted by: A GENERAL PARTNERSHIP. Signed: SULMA ESMERALDA GANUZA. This

statement was filed with the County Clerk of Los Angeles County on 10/27/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275417 The following person(s) is (are) doing business as: STAR HAIR NAILS, 7252 ROSEMEAD BLVD., SAN GABRIEL, CA 91775. Full name of registrant(s) is (are) MY TRUONG, 1663 COGSWELL RD., SO EL MONTE, CA 91733. This Business is conducted by: AN INDIVIDUAL. Signed: MY TRUONG. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-274697 The following person(s) is (are) doing business as: THE LITTLE SWEET PLACE, 57 LINDEN LN. UNIT 42, TEMPLE CITY, CA 91780. Full name of registrant(s) is (are) MONDE DE JOIE, L.L.C., 57 LINDEN LN. UNIT 42, TEMPLE CITY, CA 91780. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: JOEL MIU. This statement was filed with the County Clerk of Los Angeles County on 10/27/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275414 The following person(s) is (are) doing business as: THE REPIPE CREW, 376 E. ALVARADO ST., POMONA, CA 91767. Full name of registrant(s) is (are) RUBEN JIMENEZ, 376 E. ALVARADO ST., POMONA, CA 91767. The Business is conducted by: AN INDIVIDUAL. Signed: RUBEN JIMENEZ. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275385 The following person(s) is (are) doing business as: VITAL YOUTH; ESSENCE LIFE; ISKINET, 3579 E. FOOTHILL BLVD., PASADENA, CA 91107. Full name of registrant(s) is (are) NEW ME AESTHETICS, LLC, 3579 E. FOOTHILL BLVD., PASADENA, CA 91107. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: JENNIFER CHEUNG. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-274549 The following person(s) is (are) doing business

as: WENDY GAMES, 634 N. POPLAR AVE. STE B, ORANGE, CA 92868. Full name of registrant(s) is (are) JUAN CARLOS RICO, 2152 E. 101<sup>ST</sup>, L.A., CA 90002. This Business is conducted by: AN INDIVIDUAL. Signed: JUAN CARLOS RICO. This statement was filed with the County Clerk of Los Angeles County on 10/27/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-275172 The following person(s) is (are) doing business as: WINE PRESS LIQUOR, 20651 GOLDEN SPRINGS DR., WALNUT, CA 91789. Full name of registrant(s) is (are) MTANOUS SAMAAN, 18421 ROCKY CT., ROWLAND HTS., CA 91748. This Business is conducted by: AN INDIVIDUAL. Signed: MTANOUS SAMAAN. This statement was filed with the County Clerk of Los Angeles County on 10/28/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on 10/01/2015. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

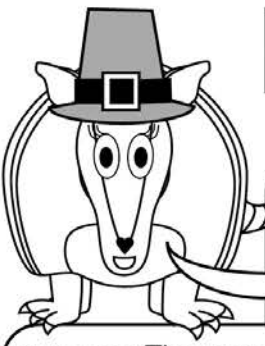
FICTITIOUS BUSINESS NAME STATEMENT File No. 2015-272114 The following person(s) is (are) doing business as: ZUMBA CITY, 4704 S. VERMONT, L.A., CA 90037. Full name of registrant(s) is (are) VERONICA ZAMORA-JIMENEZ, 245 E. 31<sup>ST</sup> ST., L.A., CA 90011. This Business is conducted by: AN INDIVIDUAL. Signed: VERONICA ZAMORA-JIMENEZ. This statement was filed with the County Clerk of Los Angeles County on 10/23/2015. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FILE NO. 2015-273944 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) JULIO AGUILERA, 4447 ORCHARD ST., MONTCLAIR, CA 91763. ALEJANDRINA CIBRIAN, 4101 PARAMOUNT BLVD. 78, PICO RIVERA, CA 90060, has/abandoned the use of the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code)Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FILE NO. 2015-266798 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) JUAN SEQUERIA, 2903 VALLEY BLVD., POMONA, CA 91768, has/abandoned the use of the fictitious business name: SALAS ENTERPRISES, 2903 VALLEY BLVD., POMONA, CA 91768. The fictitious business name referred to above was filed on 06/05/2013, in the county of Los Angeles. The original file number of 2013115777. The business was conducted by: CO-PARTNERS. This statement was filed with the County Clerk of Los Angeles on 10/27/2015. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ALEJANDRINA CIBRIAN/PARTNER Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

FILE NO. 2015-266798 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME The following person(s) JUAN SEQUERIA, 2903 VALLEY BLVD., POMONA, CA 91768, has/abandoned the use of the fictitious business name: SALAS ENTERPRISES, 2903 VALLEY BLVD., POMONA, CA 91768. The fictitious business name referred to above was filed on 06/28/2011, in the county of Los Angeles. The original file number of 2011054846. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 10/19/2015. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: JUAN SEQUERIA/OWNER. Publish: Mountain Views News Dates Pub: Oct. 31, Nov. 07, 14, 21, 2015

We can hardly wait for the turkey...



**Happy Thanksgiving!**

It's Thanksgiving! What do **you** know about the people we call the Pilgrims – who we think about on this day? The Pilgrims left England in search of a place where they could worship God in their own way. They went to Holland where they found more religious freedom, but life was hard there. Also, they didn't like seeing their children begin to take on Dutch customs, language and ways of life. They decided to travel to the “new” land called America, where they could get a completely fresh start.


The Pilgrims had enough people to fill two ships. One ship was called Speedwell, the other Mayflower. The Speedwell was found to be leaky and unsafe, so it was left behind for repairs. One hundred and two people crowded onto the larger Mayflower to set sail.

After a rough voyage, the Pilgrims spotted land and went ashore at Cape Cod to explore, do laundry and exercise. They lived on the ship until December 11, 1620, when they pulled into a cove and (it is said) stepped out onto Plymouth Rock. They settled near that cove, building a common house to share. Through the harsh winter many fell sick and died. By spring only 53 people were still alive to start the new colony!

When spring arrived a Native American named Samoset walked into the Pilgrim's colony and welcomed them. By the next fall, the 53 Pilgrims celebrated the harvest with 90 Native Americans, including the Wampanoag chief Massasoit. They feasted for three days on fish, waterfowl, wild turkey and deer. This “First Thanksgiving” is what we think about as we celebrate our Thanksgiving with family and friends.

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...mashed potatoes and pumpkin pie!



Kids: color stuff in!

Coming to America!

Did you know that Pilgrims wore bright, solid colors? Kids studied at home and worked hard doing chores.

Kids played with dolls, marbles and tops!

Time for pie!

**The Pilgrims:**

- were people who \_\_\_\_\_ to find a safe place to live.
- wanted to \_\_\_\_\_ their religion freely.
- left England to go to \_\_\_\_\_.
- were not happy there and decided to sail to \_\_\_\_\_.
- hoped to find \_\_\_\_\_ in America.
- started out with two ships, the Speedwell and the \_\_\_\_\_.
- found the \_\_\_\_\_ leaky and left it behind in England.
- headed for \_\_\_\_\_, but ended up near Cape Cod.
- started a colony near \_\_\_\_\_ Rock.
- lost many people during the first harsh \_\_\_\_\_.
- met the \_\_\_\_\_, Samoset, in the spring \_\_\_\_\_ when he came to welcome them.
- learned from the Native Americans and shared a harvest \_\_\_\_\_.

Native American Plymouth

Speedwell Holland Virginia America freedom Mayflower feast winter traveled practice



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Thanksgiving is here, so our minds have turned  
To what time has taught us, to what we've learned:  
We often focus all our thought  
On shiny things we've shopped and bought.  
We take our pleasure in material things,  
Forgetting the pleasure that friendship brings.  
If a lot of our stuff just vanished today,  
We'd see the foundation of each happy day  
Is special relationships, constant and true,  
And that's when our thoughts go directly to you.  
We wish you a Thanksgiving you'll never forget,  
Full of love and joy—your best one yet!


By Joanna Fuchs




We wish you and your family  
a Happy Thanksgiving

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