

FREE EL NIÑO PREPARATION WORKSHOP - SIERRA MADRE CITY HALL  
SATURDAY, DECEMBER 5TH 2015 9:00-11:00AM

Where Your  
Community News Comes First

# Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Duarte

Monrovia

SATURDAY, DECEMBER 5, 2015

VOLUME 9 NO. 49

## Walking Sierra Madre...The Social Side

by Deanne Davis

"Rollin' On the River... Come paddle along! Adventure waits just around the bend."  
Sierra Madre's 2016 Rose Float

So there are these big pink flamingoes, see, watching Mr. Park Ranger with an intensity that only big pink flamingoes can generate, waiting for him to turn his back and get involved with an inquisitive tourist. The moment comes, they make a break for it, leap aboard their trusty umbrellas, start paddling with all their might... and end up gliding down Colorado Blvd. on New Year's Day. That's our story, as imagined by Richard Burrow, who submitted the winning float concept, and we're sticking to it!

Every year we think it's our best year ever, and this year, the Sierra Madre Rose Float Association has outdone themselves creating this flamingo masterpiece. The umbrellas rock back and forth, the flamingoes rear their pink heads high in the air, and four of the nicest, most well spoken, brightest young ladies we've met are riding along. We will be amazed when we see our float covered with at least 12,000 carnations in every shade of flamingo pink, over 5,000 light and dark iris, 10,000 lavender and white roses will create the river and splashes as our escaping flamingoes roll on down the river. Pine branches will form the base, lentils, coffee grounds, assorted seeds, peas and beans will form the umbrella handles and other earthy areas. Dried items, such as strawflowers, will fill the insides of the umbrellas where the flamingoes sit as they make their race to freedom. Let's just say it's going to be gorgeous and you will be so proud of our princesses, as they are stellar young women.

We visited the float barn the day our princesses were learning what to do in the unlikely case of a fire on the float. Between drills, I got to chat for a few minutes with each of our princesses, who will be beautifully dressed by Sarah and Arthur of Les Champs Elysees on Baldwin here in town.

Princess Emily Lopez, a senior at Alverno, plans to attend college on the east coast and will be majoring in biology with an eye toward a career in neonatology. And, yes, she's well aware that there will be heartbreak in that branch of medicine. Emily is a Sierra Madre resident, of course, as are the other three princesses. She's in the National Honors Society, plays softball, is in the book club and has visited Greece. Emily thought Greece was a beautiful place with all the white houses, the deep blue ocean, and a view of antiquity in practically every direction she looked. When asked how she liked the food, she got that far-away look of ecstatic remembrance and said she loved the food.

Princess Cameron Martinez, also a senior at Alverno, has her eye on Santa Clara, LMU or Stanford for college. She's planning a Political Science major leading to becoming an attorney. Cameron is active in sports, volleyball and softball, she's a reader, a writer, and enjoys travel. She has spent some time in France and went to the top of the Eiffel Tower, even though she's not all that fond of heights. But it was so worth it as the views from



the top are beyond amazing. The gardens, the Seine, all of Paris in every direction. Cameron is ready to go back to Paris!

Princess Katie Stapenhorst, a junior at Polytechnic, is giving thought to possible colleges, but it's too soon to be making serious decisions just yet. Katie enjoys meeting and talking to people and thinks she'd like a career where people skills would be important, possibly education or social services. And, she's on her school dance team. Katie has also spent some time in France where she was involved in a home study program, where French was spoken most of the time. In northern France, near Calais for part of her visit then in Paris. She loved the fact that everything is so accessible, thanks to the Paris Metro. And the bread! Ah the bread, the fresh baguette every day! She'd like to go back. Katie has been a float worker for several years and now she'll be riding, too.

Princess Kari Savoie, a junior at Flintridge-Sacred Heart Academy, is considering medical school as she wants a career where she will make a difference. She attended a week long camp at Irvine Medical Center where attendees shadowed doctors and nursing staff. Kari sees herself as a surgeon. She has been in synchronized skating for 8 years, figure skating for 11 years and is part of a 16 person team centered in Anaheim called The Iceka-Teeks. She and her team have competed around the country: Massachusetts, Michigan, Rhode Island, Colorado, and they are on track for international competition!

These delightful young women will be appearing at events around town in the next month: Kiwanis Club, Rotary, the British Home, the RV show at Santa Anita, the Kensington and, of course, before the City Council. They are charming, witty, bright and we can be immensely proud of them. Watch the Mountain Views News to see where you could meet them before the parade. "Rollin' On the River" is sure to be another prize winner in this year's Rose Parade!

(Note: My interview with our princesses took place before the tragic events in Paris and San Bernardino.)

My book page: Amazon.com: Deanne Davis

Blog: www.authordeanne.com

"Tablespoon of Love, Tablespoon of Laughter" is available there...

Christmas is coming! You'll need gifts!

## SIERRA MADRE WINTER FESTIVAL KICKS OFF HOLIDAY SEASON WITH SNOW, SHOPPING AND FUN



Mayor Pro Tem Gene Goss (back row center) welcomed Santa and Mrs. Claus and their elves to Sierra Madre last Saturday. Also assisting Santa were the 2016 Sierra Madre Rose Parade Princesses Emily Lopez, Cameron Martinez, Katie Stapenhorst and Kari Savoie. The Winter Festival, sponsored by the Sierra Madre Chamber of Commerce is held annually to kick off the holiday season with fun for the entire family and support for Sierra Madre's local retailers.

Photo by Bill Coburn

## SIERRA MADRE RANKS NO. 11 IN AMERICA'S TOP 20 BEST SMALL TOWNS FOR CHRISTMAS!

According to Country Living, Sierra Madre is the only California city to make the list! "Where do Southern Californians go to get the Christmas spirit? Sierra Madre, a foothills town just a few miles east of Pasadena, imports snow from the San Bernadino Mountains every year to build a big snowman in the town's central square, Kersting Court, until the balmy local temperatures send him downstream. There's still plenty to see, with the town's houses and businesses decorated for the season, a life-size nativity scene...." Source: <http://www.countryliving.com/life/travel/g2829/best-christmas-towns-in-usa>.

## CITY CLERK, NANCY SUE SHOLLENBERGER TO END 32-YEAR CAREER

Since elected City Clerk in 1984, Nancy has acted as a buffer between the city government and its citizens.



If a resident needs a public document, she gets it to them. When people encounter the government, sometimes they're unsure of the steps to take to pursue their issue. Shollenberger said, "I do my best to make them feel comfortable."

Shollenberger, along with her husband and two children, moved to Sierra Madre in 1968. In 1972, Nancy started her own business, "The Sierra Madre Answering and Secretarial Service". When cell phones and computers came into being, Nancy closed down her business in the Year 2000.

In 1984, Gary Adams approached Nancy's husband and asked him if he thought Nancy might consider being City Clerk. Nancy was very busy with her business and raising their two children, and never thought about being City Clerk. Of course, Shollenberger was honored that a City Council Member would think about her, so she considered it and decided to run in 1984.

Shollenberger was not challenged until 2008 however, she won and ran two more times, unopposed. It has been a wonderful career.

Though Shollenberger is leaving office, she will continue living in Sierra Madre, where people know her for her helping hand to those seeking help from the city government.

"I have been fortunate to have this opportunity", Shollenberger said. "I've met so many absolutely fabulous people who are civic volunteers and commissioners I would have never met before. I love to be in a small town. Story and Photo courtesy City of Sierra Madre

CALENDAR Pg. 2

SIERRA MADRE NEWS Pg. 3

SAN GABRIEL VALLEY Pg. 5

PASADENA/ALTADENA Pg. 6

ARCADIA NEWS Pg. 7

MONROVIA/DUARTE Pg. 7

EDUCATION & YOUTH Pg. 8

BEST FRIENDS Pg. 9

HEALTHY & WEALTH Pg. 10

THE GOOD LIFE Pg. 11

FOOD & ARTS Pg. 12

THE WORLD AROUND US Pg. 13

OPINION Pg. 14

LEGAL NOTICES Pg. 15

F.Y.I. Pg. 18

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is visiting.



## Weather Wise

## 6-Day Forecast

Sierra Madre, Ca.

<b>Sun:</b>	Sunny	Hi 60s	Lows 40s
<b>Mon:</b>	Ptly Cldy	Hi 60s	Lows 40s
<b>Tues:</b>	Ptly Cldy	Hi 60s	Lows 40s
<b>Wed:</b>	Sunny	Hi 70s	Lows 40s
<b>Thur:</b>	Sunny	Hi 70s	Lows 40s
<b>Fri:</b>	Sunny	Hi 70s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:  
Tuesday, December 8, 2015  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

## SIERRA MADRE CITY MEETINGS

## Regular City Council Meeting

December 8, 2015 - 6:30 pm



The final agenda and staff reports will be available online no later than Friday night. Enter the date "10/13/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

## Upcoming Public Meetings and Events

Saturday, December 5, 2015, 9-11 City Hall  
PREPARING FOR EL NINO

Monday, December 7, 2015, 3:00PM  
Senior Commission and Senior Master Plan Joint Meeting

Wednesday, December 16, 2015, 7:00pm  
Energy, Environment & Natural Resources Committee Meeting

Thursday, December 17, 2015, 7:00pm  
Planning Commission Meeting

Monday, December 21, 2015, 6:30pm  
Community Services Committee Meeting

Planning & Community Preservation and Public Works  
Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



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MEET THE ROYAL  
COURT

MEET SIERRA MADRE'S ROYAL COURT. The 2016 Tournament of Roses Parade is only a few weeks away and at the Garden Club's December meeting you will have an opportunity to meet the Sierra Madre 2016 Rose Princesses and hear all about Sierra Madre's float "Rollin' on the River."

Rose Princesses, Emily Lopez and Cameron Martinez, students at Alverno High School, Kari Savoie, Flintridge Sacred Heart Academy and Katie Stapenhorst, Polytechnic School, will share information about themselves as well as details regarding the design, building and decorating of this year's Sierra Madre float.

Everyone is invited. Dinner begins at 6:30 P.M.; followed by the program at 7:15P.M.

Catered dinner is \$11. Reservations for dinner must be made by December 11th by calling 626-836-4945. There is no charge for attending only the program.

Hart Park House, Memorial Park, 222 W. Sierra Madre Blvd., Sierra Madre. For more info call the reservation number or visit [www.smgarden.org](http://www.smgarden.org)



For more information about SMRFA and all of our activities, check out our website at [smrofloat.org](http://smrofloat.org). We look forward to seeing you at the SMRFA barn! Volunteers like you are what make the entire process possible.

## SIERRA MADRE POLICE BLOTTER

During the week of Sunday, November 22nd, to Sunday, November 29th, the Sierra Madre Police Department responded to approximately 269 calls for service.

## Tuesday, November 24th

Sierra Madre Police responded to the 200 block of South Sunnyside Avenue regarding a theft report. Upon arrival, the victim informed Officers that the day before, she parked her vehicle in her driveway but could not recall if she locked her doors or set the alarm. The following afternoon she walked out to her vehicle and noticed the driver's door was open. The victim inspected her vehicle and discovered it had been ransacked and several items were missing. The estimated total loss was valued at \$950. There were no signs of forced entry and Officers determined the suspect(s) entered the vehicle through the unlocked driver's door. This case has been forwarded to the Detective Bureau.

## Wednesday, November 25th

At 2:29 am, Sierra Madre Police responded to the 00 block of North Baldwin Avenue regarding a report of a man lying on the ground. Upon arrival, Officers located the man lying in the gutter. Officers tried several times to wake the man as he went in and out of consciousness. Officers helped the man get to his feet as he was unable to stand on his own and when asked how much he had to drink he stated two drinks. Officers determined the man was intoxicated to such a condition that he was unable to care for his safety or the safety of others and arrested him for public intoxication. The man was transported to a local jail and released on citation.

## Friday, November 27th

At 6:12 pm, Sierra Madre Police responded to the 100 block of West Sierra Madre Boulevard regarding a vandalism report. Upon arrival, Officers were informed by the victim earlier that day he parked his car and went into work and at around 6 o'clock he went outside during his break and discovered his vehicle's sunroof was damaged and a large rock laying on the ground near his vehicle. Upon review of security tapes, an unidentified man was seen pacing back and forth while the other suspect out of view of the camera throws the rock over the gate, striking the victim's vehicle. Estimated damage was set at around \$1500. This case has been forwarded to the Detective Bureau.

## WASTE &amp; RECYCLING SERVICES

## Disposal of Bulky and Hard To Handle Items

Athens Services encourages reuse and donation of bulky items whenever possible. Bulky waste includes large items that do not fit into barrels or bins such as: water heaters, furnaces, bed springs, mattresses, dressers, couches, washers, dryers, stoves, tables, chairs, refrigerators, freezers, air conditioners, or patio furniture. These items are to be placed at the curbside (not in the street) for pick-up on your regular trash collection day.

To schedule a pick up please call Athens Services at (855) 557-1007.

VERY IMPORTANT: PLEASE REMOVE OR SECURE ALL APPLIANCE DOORS TO PROTECT CHILDREN.

## Christmas Tree Recycling

TREES are 100% recyclable!

Athens Services collects holiday trees on your normal pickup days from the day after Christmas through the second week of January each year. Trees are delivered to various landfills to be used as mulch or cover material, or to Athens American Organics composting facility in Victorville.

Tips to ensure collection of your Christmas tree:

- Remove stands, ornaments, lights and tinsel. Place Christmas trees next to your regular trash containers. Trees over 6 feet in length must be cut in half. Trees with flocking or fire retardants ARE acceptable.
- If you miss the date for recycling, please cut up your tree and place it in your yard waste container(s).
- Please help keep our parks clean and safe during the holidays. If you see anyone illegally dumping Christmas trees in city parks, please call the Sierra Madre Police Department.

## SIERRA MADRE LIBRARY EVENTS

## FRIENDS BOOK SALE

Shop for bargains at the Friends Book Sale on Friday, December 4 from 3:00-7:00PM and on Saturday, December 5 from 10:00AM-2:00PM in the parking lot behind the Library.

## FRIENDS SILENT AUCTION

Make your bid for very special collectible books. Books for auction are on display in the Library. Make your bid by 7:30PM on December 7. Proceeds benefit the library.

## LIBRARY BOARD OF TRUSTEE MEETING

The Library Board of Trustees will meet for a special meeting on Tuesday, December 15 at 7:00PM in City Hall Council Chambers. The Wednesday, December 23 meeting has been cancelled.

## THIRD THURSDAY BOOK CLUB

Read and discuss your favorite book on Thursday, December 17 at 11:00AM.

## MAKE YOUR OWN MINI ROSE FLOAT

"Find Your Adventure" at our annual Mini Rose Float building on Monday, December 21 at 11:00AM. Open to children of all ages.

## TEEN BOOK CLUB

Students in grades 7-12 are invited to join the Teen Book Club on Wednesday afternoons from 4:00-5:00PM. December's book is Shadow & Bone by Leigh Bardugo.

## PRESCHOOL STORYTIME

Join preschool children and their parents and caregivers for stories, songs, puppets, and crafts on Mondays at 10:00AM and Wednesdays at 7:00PM.

## BABY RHYME TIME

Designed just for babies and their caregivers, this fun program introduces children from birth to age 2, to songs and stories. Join us on Tuesdays at 10:00AM.

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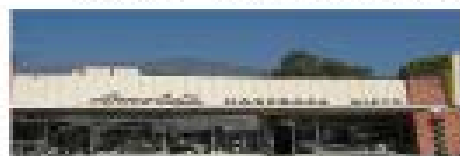


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## REMEMBRANCE

### MARIO ANTHONY LALLI 1923 - 2015

Operatic Tenor, mentor & entrepreneur Mario Anthony Lalli passed away peacefully at his home in Sierra Madre, CA on October 8th, 2015 at the age of 92. Mario was predeceased by his wife of 44 years, Edalyn Doris Lalli. Mario was born in Springfield, MA in 1923 to Italian immigrants Antonio Lalli and Giacinta Lalli. He was the youngest of four children, sister Dora Cummings (Lalli) and was predeceased by his two older brothers Tullio Lalli and Roland Lalli.

Mario's life was greatly centered around his passion for music, particularly the Opera. His love for music started very young. At 10 years old, he was a fixture at his uncle's record shop, listening to the great operatic composers as well as the popular Italian singers of the era. As a teenager in Springfield, Mario began singing in the Mount Carmel Choir, where he was discovered by the Springfield opera company. He toured with the company and was featured in many local performances. Moving to New York in the late 40's to pursue his music career, Mario studied in a vocal program at the Juilliard conservatory and eventually toured in a New York based opera company. In 1950, the talented tenor was a winner on the famous CBS Arthur Godfrey Talent Scouts Radio show, sharing the honor with such stars as comedian Lenny Bruce.

In 1952 at age 28, he partnered with his brother Tullio Lalli and fellow singer Tish Klongia, and headed to the burgeoning ski resort of Aspen, CO with the dream of opening a restaurant that featured live entertainment. "Mario's, Where They Sing While You Dine" was such a success it would last another 60 years. The restaurant concept would open 13 locations over the years, where Mario and his wife Edalyn would sing six nights a week, entertaining diners in Denver CO, Palm Springs CA, San Diego CA, Newport Beach CA, Palm Desert CA, Ranch Mirage CA, La Quinta CA, Pasadena CA, and finally in Sierra Madre CA, where Mario at the age of 88 years old was still a featured performer, often singing duets with his 17-year old granddaughter, Olive Lalli. In addition to his entrepreneurial endeavors and vocal talents, Mario was a mentor, offering guidance, financial support and opportunity to many singers and musicians over the years. Traveling to Opera houses all over the US



Mario Anthony Lalli, with granddaughter Olive Lalli

and Europe with his wife Edalyn every summer was something he loved, as well as golfing. Every day off you could find Mario and his brothers on the golf course. Mario Lalli and the restaurants he created were featured in the documentary film "Sing Your Own Song" by director Anne O'Neal.

Mario spent the last 15 years in the Pasadena CA area, living with his son's family. He is survived by his son, Mario Enrico Lalli, daughter-in-law Illiana Lalli and his grandchildren Dino Von Lalli and Olive Zoe Lalli; sister Dora Cummings, stepdaughter Sharie Harmon & family, stepson Edward Burger & family, as well as dear friend and partner Estrella Formoe.

If you wish to make a donation in Mario A. Lalli's honor, please make all donations to The Sweet Stuff Foundation. This charity helps provide assistance to musicians, recording engineers, and their families struggling with illness and disability. Donation information: <https://www.thesweetstufffoundation.org>.

A celebration of Mario's life will take place from 4 to 9pm on Saturday, Dec. 5th at the Santa Anita Church Ballroom, 226 W. Colorado Blvd. in Arcadia, CA 91008

## NOTICE OF INTENT TO CIRCULATE PETITION

California Elections Code § 9202 –

### PROHIBITION ON ALTERNATIVE LAW ENFORCEMENT SERVICE PROVIDERS

Notice is hereby given by the persons whose names appear hereon of their intention to circulate the petition within the City of Sierra Madre for the purpose of prohibiting the City from utilizing alternative law enforcement service providers for general police services, absent voter approval. A statement of the reasons of the proposed action as contemplated in the Petition is as follows:

The residents of Sierra Madre declare that the City's top priority is to provide the best level of public safety service possible. To obtain such level of service, upon passage of this measure and thereafter, the City of Sierra Madre shall maintain its own Police Department. Contracting with alternative law enforcement service providers often results in a lack of accountability by the contracting agency and lack of oversight regarding police-related matters. Additionally, officers from a contract agency do not have the same understanding of community concerns and issues as police officers employed and trained by the City. In order to ensure minimum service levels, accountability, and a police force that is aware of community needs, the citizens of Sierra Madre desire to maintain their own police force, rather than to contract with an alternative law enforcement service provider.

Proponents: Stephanie Coyne of Sierra Madre, CA, 91024;  
Shinji Nakagama of Sierra Madre, CA, 91024.

## BALLOT TITLE AND SUMMARY

The city attorney has prepared the following title and summary of the chief purposes and points of the proposed measure:

### PROHIBITION OF ALTERNATE LAW ENFORCEMENT SERVICE PROVIDERS

This initiative is submitted by the Sierra Madre Police Officers Association to prohibit the City of Sierra Madre from contracting for general police services without prior voter approval. Simple majority voter approval is required for approval of this proposed ballot measure.

Background. The City of Sierra Madre operates its own police department, with 20 full-time members, including the Chief of Police, one Police Captain, four Sergeants, one Corporal, nine Police Officers and several part time employees and volunteers. The present cost to fund the Police Department is \$3,887,798 according to the City's 2015-2016 adopted budget, which is paid from the City's general fund. The City has lost more than \$500,000 in general fund revenues through the "sunset" of its Utility Users Tax (UUT) from 10% to 8%; with an anticipated further reduction to 6% on July 1, 2016 for a total anticipated reduction of \$994,474, according to the October 13, 2015 City staff report. Public safety represents the largest cost of general fund resources, and with the projected loss of \$994,474 in general fund revenues, the City's cost of providing general fund services, including public safety, is challenged. While the City may seek to increase its revenues (including asking the voters to approve an increased UUT), the City is simultaneously studying options to cut its general fund costs, which may impact services. One of the options which is being studied is whether to contract for police services through the Los Angeles County Sheriff's Department.

Measure: This initiative seeks to prohibit the City of Sierra Madre from contracting out its Police Department to any public or private entity, including the Los Angeles County Sheriff's Department. The initiative does not preclude agreements for specialized police services to enhance the in-house Police Department or shared police services, such as mutual aid agreements. The initiative does not mandate any particular level of services or Police staffing to be maintained within the City's Police Department.

The initiative provides that if the City contracts out the City's Police Department prior to passage of this measure, resulting in the lay-off of any City police employees, that all laid-off police employees shall be reinstated. The measure does not specify what would happen to any City contract for police services from another agency in the event of reinstatement of City employees.

The initiative provides that it may not be a mended or repealed except by another initiative approved by the voters. Additionally, the initiative provides that any person bringing an action to enforce this initiative shall recover reasonable attorneys' fees against the City, upon prevailing in the enforce action.

## SIERRA MADRE LIBRARY DIRECTOR RETIRES

### A LETTER FROM CAROLYN THOMAS

Dear Friends,  
As all of you know, I will be retiring on December 10 this year. It is time for me to spend time with my family, my own community, and to pursue some interests (including catching up on my reading!). This is a gem of a library, and all of you work your hearts out to make it so! I deeply appreciate your efforts and your commitment to library services – it is a tall order these days, but I think a defining and purposeful one. Library service has brought great meaning and joy to my life and I wish the very best library services for this community. The hard part for me is leaving all the folks I have met and worked with these past four years. There are so many nice people in Sierra Madre; I like all of you and your children. This has been a great town to work in and one that shows a lot of love for the library. Sierra Madre Public Library has a sense of place in the community. We are located on the original lot of the library that was built in 1887. Then, 40 families formed a Library Association and provided funding for 23 years. By 1910, the City assumed responsibility for managing and maintaining the library. Sierra Madre has been offering library services for 128 years. Our collections are unique with the archives, art collection, California collection, rare books, maps, media, eBooks, and all of the newer materials. Our patrons get free Wi-Fi, free pro-grams, a quiet, secure place to read, and really friendly staff. All of you, through your efforts, support these services and help make the library a real treasure. I am thankful that Sierra Madre is a community of readers, that we are currently launching an effort to update (not replace or rebuild) the facility, and we are adopting some (not all) of the new technologies. The latter is important, as the children growing up here need to know how to use these new resources. It is my hope that you continue to use the library, discover its resources, take care of the facility, and try, just try some of the new technologies we are offering. It has been my pleasure to meet and work with you and I hope to see you from time to time.

Fondly,

Carolyn Thomas



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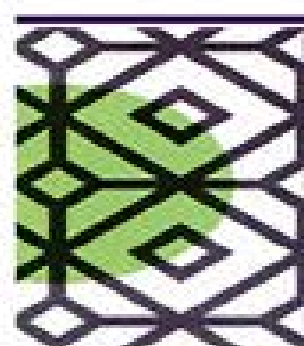
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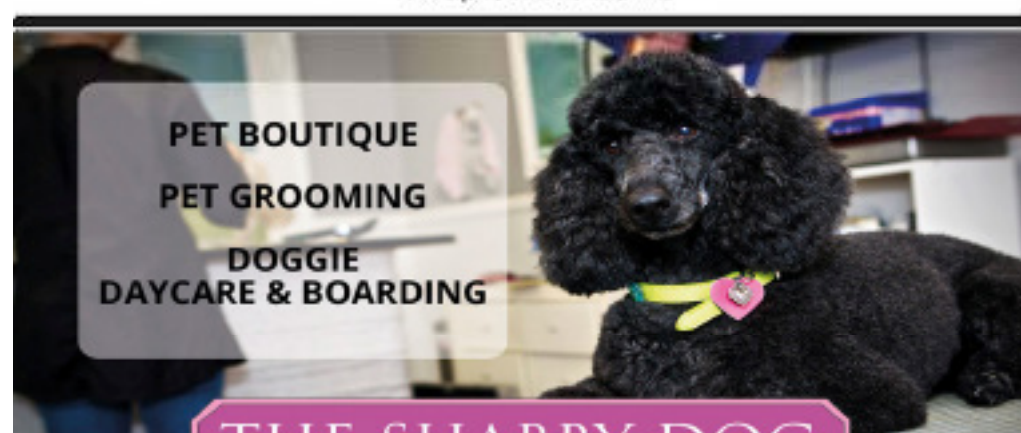
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**SMALL BUSINESS SATURDAY NOVEMBER 28, 2015**

## SWAT Takes Parolee Into Custody After Standoff

Police on Wednesday said that a situation in which SWAT and Crisis Negotiations Teams responded to a residence near the 210 freeway after a parolee ran from police and barricaded himself in a family home was not related to the San Bernardino mass shooting as had been reported earlier in the day.

According to police, at approximately 11:00 a.m. Pasadena police officers attempted to arrest 21 year old Daylon Camp of Pasadena, who had an outstanding arrest warrant for burglary. The suspect fled from his parked vehicle and ran inside his father's residence located in the 400 block of N. Raymond Avenue.

Officers established a perimeter at the residence in order to contain the suspect and attempted to gain compliance to exit his father's home. When he refused, police evacuated the immediate residences surrounding the suspect's father's residence and the department's SWAT and Crisis Negotiations Teams responded to the location.

At approximately 1:21 p.m., the suspect peacefully surrendered to officers and was taken into custody.

On Thursday, President Obama, made a statement saying the motive was still unclear in the shooting around 11 a.m. at a party in the Inland Regional Center killing 14 people and injuring 21. Suspected shooters Syed Rizwan Farook and Tashfeen Malik were later killed after a car chase later that afternoon.

At press time authorities were still looking for a possible third suspect. Obama said the act could have been terrorism or possibly workplace related.

## Pet of the Week



Percy (A389467) is a 10-month-old, 55 pound, unaltered male, German Shepard mix. This sweet, playful boy loves going for walks and receiving attention (especially a nice scratch behind the ears!). Because of all his puppy energy, Percy would do well in a very active home where he could get lots of exercise. If you're looking for an eager activity buddy, you should meet Percy!

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumane.org](http://www.pasadenahumane.org).



## Arts Bus Gets New Name New Look

City officials, along with Mayor Terry Tornek and representatives from ArtCenter College of Design, unveiled Tuesday the new Pasadena Transit buses replacing the Area Rapid Transit System (ARTS) bus something they said is intended to reflect the growth of the system since it began in 1994.

"If you look at the markings on it, its more consistent with public transit buses, there was confusion for people who are not permanent residents of Pasadena," City Manager Michael Beck said. "That confused it with a bus that was taking people to museums verses a fixed route transit."

Beck said that the timing for the change is not related to the thousands of visitors that will start showing up in Pasadena this month for the Rose Parade and Rose Bowl but said the coincident is a plus.

In addition to the new look and name, City officials announced that Pasadena Transit's 25-bus fleet is now equipped with data transmission technology that provides customers with real-time arrival info via the web, smart phones or tablet devices.

ArtCenter graduate Julie Yeow, developed the clean, bold logo and branding materials for the City's Department of Transportation. Yeow described the theme as retaining a "friendly

energy" that communicates Pasadena Transit's primary goal of connecting people and places in Pasadena.

The Pasadena Transit fleet includes 19 of the 32-foot-long, 27-seat buses and six 25-foot-long, 20-seat buses. All buses use CNG (Compressed Natural Gas) fuel; can accommodate wheelchairs and have bicycle racks at the front of the buses.

Passengers can access the real-time arrival data from Pasadena Transit buses by calling 511 or going online to [www.Go511.com](http://www.Go511.com), [www.pasadenatransit.net](http://www.pasadenatransit.net), or Google Maps.

## Humane Society Pilates for Paws

Come learn Pilates with your dog and benefit the Pasadena Humane Society. Pilates Pasadena is partnering with the Pasadena Humane Society to host a special Pilates for Paws class on Thursday. Joseph Pilates spent thousands of hours observing animals and modeled his unique exercise system after their graceful and fluid movements. Please wear loose, comfortable clothing. Class starts at 12 p.m. at the Pasadena Humane Society, 361 S. Raymond Ave. Pasadena, 91105. Click here for more information and to buy tickets. The cost of this class is \$10. All proceeds benefit Pasadena Humane Society.

## Altadena Sheriffs Coffee with the Captain

The Altadena Sheriff's Station would like to invite you to "Coffee With The Captain" this Monday night. Captain Vicki Stuckey and her staff will be available to discuss community issues, learn about crime trends, or just stop by to say hello.

Coffee With The Captain will take place from 6:00 p.m. To 7:30 p.m. at The Coffee Gallery 2029 N. Lake Ave. Altadena. For more information call 626 798-1131.

## Museum to Show the Art of Imperial China

In February the USC Pacific Asia Museum will present Royal Taste: The Art of Princely Courts in 15th-Century China, an exhibition that considers the lives of nobility in late imperial China. The exhibition explores the luxurious lifestyles and religious practices of princely courts in early- and mid-Ming China (1368-1644) and features more than 140 outstanding works of pictorial, sculptural, and decorative arts. Glimmering jewelry and hairpins, important devotional statues, beautiful textiles and porcelain, and painted masterpieces reveal some of the lesser-known aspects of the palatial lives, religious patronage, and afterlife beliefs of Ming princes, whose world has long been a mystery. SC Pacific Asia Museum is located at 46 North Los Robles Avenue. Hours: Wednesday through Sunday 10AM-6PM. For more information, call 626.449.2742.

## New Public Works Director Appointed By City Manager

City Manager Michael Beck, last week, appointed Ara Maloyan as the new Director for Pasadena's Public Works Department. As the Public Works Department Director Maloyan will be responsible for all administrative and operational aspects of the department, including oversight of the City's parks facilities, streets and bridges; the City's urban forest; capital improvement projects; the Citizen Service Center; refuse and recycling programs; graffiti abatement; fleet maintenance for all City vehicles, and coordination of animal services. Maloyan is expected to begin Dec. 14.

Maloyan's appointment capped a nationwide recruitment process by the City for the position. Maloyan brings more than 30 years of civil engineering, construction management and organizational leadership to Pasadena.

"I am thrilled Mr. Maloyan will join Pasadena as our new Public Works Director. He is an incredibly talented individual with strong management skills and is a well-recognized leader in the public works profession. He is a solid choice to add to our already outstanding Executive Leadership Team," City Manager Beck said. "I also want to thank Assistant City Manager Julie Gutierrez for leading the Public Works Department during this transition period."

Most recently, Maloyan served as the Public Works Director for the City of Long Beach, a position he has held since January 2014. He was hired by



Long Beach in July 2012 as the department's Deputy Director and was named Acting Director in March 2013. He was the City Engineer for the City of Beverly Hills from 2005 to 2012, and held a variety of engineering positions for Beverly Hills from 1989 to 2012. Mr. Maloyan also worked for the City of Los Angeles from 1984 to 1989.

"I am honored to have the opportunity to join Pasadena and to serve its residents and businesses as the new Public Works Director," Mr. Maloyan said. "Pasadena is a city rich in traditions and is a role model for exemplary municipal services. I look forward to ensuring the Public Works Department continues to provide excellent service."

The maximum annual salary for the Director of the Public Works Department is \$219,996, according to the City's website information. Contract terms will be finalized prior to the start of his formal duties.

## Cassini's Final Close Flyby of Enceladus

An exciting chapter of space exploration history will come to a close in December, as NASA's Cassini spacecraft makes its final close flyby of Saturn's active, ocean-bearing moon Enceladus. The spacecraft is scheduled to fly past the icy moon at a distance of 3,106 miles (4,999 kilometers) on Dec. 19 at 9:49 a.m. PST (12:49 p.m. EST). Although Cassini will continue to observe Enceladus for the remainder of its mission (through Sept. 2017), its next-closest

encounter with the moon will be at a distance more than four times farther away. The focus of the Dec. 19 encounter will be on measuring how much heat is coming through the ice from the moon's interior -- an important consideration for understanding what is driving its surprising geyser activity, which Cassini discovered in 2005. An online toolkit with additional details, animations and images is available at: <http://solarsystem.nasa.gov/finalflybys>

## Free Upcoming Events at Pasadena Senior Center



There is something for everyone in December at the Pasadena Senior Center, 85 E. Holly St. All events listed are free. You do not have to be a member to attend. Some events require advance reservations as noted.

**Cardmaking Workshop - Monday, Dec. 7, from noon to 2 p.m.** Surprise a special someone with a personalized, handmade greeting card. Whether it's a happy birthday, happy holidays, thank you, thinking of you or other sentiment, you'll create a decorative card in your own unique style and have fun discovering your creativity while workshop leaders help you bring your ideas to life. All materials will be provided.

**Holiday-Inspired Acrylic Painting Class - Wednesday, Dec. 9, from 9 to 11 a.m.** Paint a beautiful arrangement of poinsettias on canvas while learning techniques such as texture, high gloss or matte finishes and experimenting with the versatility of acrylic paints to achieve the look of oils or watercolors. All materials will be provided. Please note only 12 spots are available. Make your reservation at the Welcome Desk.

**Holiday Sing-along - Thursday, Dec. 10, at noon.** Sing classic holiday songs as you move to the music! Presented by Aging Artistically. A boxed lunch will be served to the first 50 people who have made confirmed reservations by calling 626-795-4331.

Crochet Workshop --- Monday,

Dec. 14, at 1 p.m. Learn to crochet and create one-of-a-kind gifts for family and friends or make something special for yourself. One-on-one assistance and materials will be provided. Make your reservation at the Welcome Desk or by calling 626-795-4331.

**Chair Yoga - Wednesday, Dec. 16, at 1 p.m.** Improve your balance, strength and flexibility at this gentle and meditative class taught by Kathy Eastwood, a registered nurse with Huntington Hospital's Community Outreach Department and a certified yoga instructor. Due to popular demand, this class is limited to the first 25 participants. Register in advance at the Welcome Desk or by calling 626-795-4331.

**Safe Senior Driver Workshop - Thursday, Dec. 17, at 10 a.m.** The aging process requires some adaptations in skills to continue driving safely. Learn about adjustments you can make in your driving habits as well as changes in car technology and road designs that have taken place over time.

For more information visit [www.pasadenaseniorcenter.org](http://www.pasadenaseniorcenter.org) or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent nonprofit agency that offers recreational, educational, wellness and social services to people ages 50 and older in a friendly environment. Services are also provided for frail, low-income and homebound seniors.

## Two Caltech Faculty Inducted into the AAAS

Erik Winfree (PhD '98) and Jay R. Winkler (PhD '84) have been elected as Fellows of the American Association for the Advancement of Science (AAAS). Winfree, a professor of computer science, computation and neural systems, and bioengineering, was recognized by the AAAS for his "foundational contributions to biomolecular computing and molecular programming." Winkler is a faculty associate and lecturer in chemistry in the Division of Chemistry and Chemical Engineering, as well as the director of the Beckman Institute Laser Resource Center. He was elected for "distinguished contributions to the field of electron transfer chemistry and the development of its applications in biology, materials science, and solar energy."



Winfree

can be likened to an algorithm: it encodes instructions for biochemical networks, body plans, and brain architectures, and thus produces complex life.

"We are seeking to create a kind of molecular programming language: a set of elementary components and methods for combining them into complex systems that involve self-assembled structures and dynamical behaviors," Winfree said.

Winkler works on developing new methods for using laser spectroscopy to study chemical kinetics and the intermediate molecules that form during chemical reactions.

"Electron transfer reactions are fundamental processes in many chemical transformations, including electrochemical catalysis, solar energy conversion, and biological energy transduction," Winkler said. "I have been fortunate to work on these projects with many dedicated and talented students and postdoctoral scholars at Caltech. It is extremely gratifying to have this work recognized by the AAAS," he said.



Winkler

## Crime Blotter for Altadena

**Sunday, November 22nd**  
11:00 AM - A vehicle vandalism occurred in the 100 block of Figueroa Drive. Property Damage: vehicle was scratched.  
**Monday, November 23rd**  
1:00 AM - A petty theft from an unlocked vehicle occurred in the 900 block of E. Woodbury Road. Property stolen was a black JPL briefcase, files, folders, and notebooks.  
**Tuesday, November 24th**  
10:30 PM - A petty theft from an unlocked vehicle occurred in the 400 block of Concha Street. Property stolen was a black Garmin GPS.  
**Wednesday, November 25th**  
9:45 AM - A vehicle was reported stolen from the 3200 block of Summit Avenue. The stolen vehicle was a gold 1993 Honda Accord 4-door. \*Vehicle was recovered on 11/28/2015 in the city of Baldwin Park by California Highway Patrol.  
9:47 AM - A vehicle was reported stolen from the 300 block of Parkman Street. The stolen vehicle was a green 1993 Nissan Pathfinder. \*Vehicle was recovered on 11/28/2015 in the

3500 block of Hollislope Road.  
**Thursday, November 26th**  
12:30 PM - A battery occurred in the 3300 block of Thurin Avenue. The suspect has been identified as the victim's brother.  
**Saturday, November 28th**  
5:00 PM - Dhmajh Tyler, 19 years old from Pasadena was arrested at Rite Aid, 735 E. Altadena Drive for shoplifting.  
8:11 PM - Darshon Smith, 22 years old from Pasadena, Tatyanna Moore, 21 years old from Pasadena, and Artray Jones, 20 years old from Pomona were arrested in the 300 block of W. Woodbury Road for driving a vehicle without the owner's consent. \*Vehicle was reported stolen from LAPD Hollywood Division.  
9:00 PM - A business vandalism occurred at the House of Basturma, 2487 E. Washington Boulevard. Property damage occurred when the front glass door was shattered.  
11:37 PM - Carlo Teves, 39 years old from Altadena was arrested in the area of Ventura Street and Glenrose Avenue for possession of a controlled substance.

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Monrovia

## CITY OF ARCADIA KICKS OFF HOLIDAY SEASON WITH HOLIDAY TREE LIGHTING AND DEDICATION

ARCADIA, Calif. --- The City of Arcadia celebrates the start of the holiday season with the inaugural Holiday Tree Lighting Ceremony and Dedication on Saturday, December 5 at 5 p.m. The event takes place at the new Arcadia Transit Plaza on the corner of Santa Clara Street and N. First Avenue and will feature the dedication of the highlighted Deodar Cedar as the official Holiday Tree of Arcadia by the City Council and the Arcadia Beautiful Commission.

No holiday event would be complete without a visit from the big man in red. Santa will arrive on an Arcadia Fire Truck and help the Mayor "flip the switch," bringing the lights and decorations to life on the tree. The crowds will be entertained by the Arcadia High School chorus as they perform several holiday classics. A special moment of peace is planned to honor those who have been touched

by the recent acts of terrorism throughout the world, and to make a call for universal peace.

Guests are invited to make their own commemorative holiday ornaments, marking the dedication of the holiday tree, while supplies last. Visions of Arcadia and More Visions of Arcadia, a collection of personal essays about Arcadia, its people and events, will be for sale, with the Mayor on hand to personally autograph copies.

Bring a little joy to the children in need in our community by donating a new, unwrapped toy to the Foothill Unity Center. A large collection bin will be placed at the event and all toys collected will be delivered to the Foothill Unity Center by the City.

For more information, please call Arcadia City Hall at 574-5460.

## ARCADIA POLICE BLOTTER

*For the period of Sunday, November 22nd, through Saturday, November 28th, the Police Department responded to 755 calls for service of which 104 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*

### Sunday, November 22:

Just before 12:27 a.m., an officer conducted an enforcement stop on a vehicle in the area of Santa Anita Avenue and Colorado Boulevard for having expired registration and a false registration sticker. During an inventory check of the vehicle, the officer located cocaine in a small pill bottle. The suspect, a 59-year-old male from Hawthorne, was arrested and transported to the Arcadia City Jail for booking.

At approximately 12:54 p.m., an officer responded to a residence in the 300 block of West Magna Vista Avenue regarding a grand theft report. An investigation revealed unknown suspect(s) entered the unlocked vehicle and stole the victim's laptop. No suspects were seen and no witnesses were located.

### Monday, November 23:

At approximately 10:00 a.m., an officer conducted a traffic stop on a vehicle near the intersection of Foothill Boulevard and Valencia Way for illegally tinted windows. Upon contacting the driver, the officer discovered the 37-year-old male from Covina was driving with an expired license. He was cited and released in the field. His vehicle was released to the registered owner.

Just before 5:15 p.m., an officer responded to an apartment complex in the 1100 block of West Duarte Road regarding a suspicious circumstances report. The victim discovered the mail boxes to the complex had been pried open and believed his mail was stolen. No suspects were seen and no witnesses were located.

### Tuesday, November 24:

At about 10:29 p.m., an officer conducted an enforcement stop on a vehicle in the 000 block of Bonita Avenue regarding a disturbance. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver's breath. Through a series of tests, the officer determined the 30-year-old female from Montebello was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

Just after 11:08 p.m., an officer responded to a residence in the 1100 block of Sunset Boulevard regarding a burglary report. The officer determined unidentified suspect(s) entered the residence by unknown means, stole jewelry, a laptop, and a set of car keys before fleeing. No suspects were seen and no witnesses were located. The investigation is ongoing.

### Wednesday, November 25:

Shortly after 7:05 p.m., officers responded to Nordstrom at the Westfield Shopping Town Santa Anita, 400 South Baldwin Avenue, regarding a disturbance. A 26-year-old female from Arcadia attempted to return merchandise that she claimed she had purchased at Nordstrom earlier in the day, and became irate when the store refused to process the transaction. Her receipt was for a \$216 Bose speaker, but she was trying to return a box containing a telephone charger, a knife, and other random pieces

of merchandise. After crying and yelling, the subject left the location without further incident.

Around 8:20 p.m., an officer conducted an enforcement stop on a bicyclist in the area of Peck Road and Clark Street for riding without headlamps. An investigation revealed the bicyclist was in possession of small baggies of methamphetamine, cash, and a glass smoking pipe. The 30-year-old male from El Monte was arrested for Possession of Narcotics for Sales, Possession of Narcotics, and Possession of Drug Paraphernalia. He was transported to the Arcadia City Jail for booking.

### Thursday, November 26:

At approximately 2:16 a.m., an officer conducted a traffic stop on a vehicle in the area of Huntington Drive and Golden West Avenue for a warrant attached to the license plate. The officer discovered the warrant belonged to the driver, a 37-year-old male from Temple City, who also had a suspended license. He was cited, released in the field, and his vehicle was impounded for 30 days.

Just before 11:00 p.m., an officer responded to the food court at the Westfield Shopping Town Santa Anita, 400 South Baldwin Avenue, in regard to a disturbance. The officer discovered a 25-year-old male from Sunland was intoxicated and unable to care for himself. He was arrested for Disorderly Conduct and transported to the Arcadia City Jail for booking.

### Friday, November 27:

At about 8:34 p.m., an officer conducted an enforcement stop on a bicyclist in the area of Peck Road and Randolph Street for riding without headlamps. A search of the bicyclist revealed he was in possession of methamphetamine and drug paraphernalia. The 45-year-old from West Covina was arrested and transported to the Arcadia City Jail for booking.

Just after 9:35 p.m., officers responded to the 1000 block of Volante Drive regarding an audible alarm. An investigation revealed unknown suspect(s) gained entry by shattering a glass door and ransacked the master bedroom before fleeing undetected. No suspect(s) were located and the amount of property loss was unknown at the time of the report.

### Saturday, November 28:

Shortly before 7:10 a.m., an officer responded to a residence in the 000 block of East Longden Avenue regarding a trespassing report. The owner explained he discovered an unknown male subject sleeping inside his pool house. The officer made contact with the subject who was still at the property. The 53-year-old male transient from Lancaster explained he was seeking shelter and a place to wash his clothes. He was arrested for burglary and trespassing, and transported to the Arcadia City Jail for booking.

At approximately 5:09 p.m., an officer was dispatched to the area of Second Avenue and Colorado Boulevard regarding an altercation between two subjects. While arguing inside a vehicle, a male subject hit his girlfriend in the face and pulled her hair. The victim attempted to pepper spray the suspect, but accidentally sprayed herself as he was chasing her. The 23-year-old male from Pasadena was arrested for battery and an outstanding misdemeanor warrant, and transported to the Arcadia City Jail for booking.

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# MONROVIA - DUARTE

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## MONROVIA POLICE BLOTTER

During the last seven-day period, the Police Department handled 395 service events, resulting in 67 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

### Non-injury Traffic Collision

November 30 at 9:55 a.m., a traffic collision was reported at the intersection of Primrose and Maple. The collision occurred when a vehicle made a complete stop at Primrose and Maple, failed to yield for an oncoming vehicle and the two collided in the intersection. No injuries were sustained.

### Vandalism

November 30 at 4:44 p.m., a caller reported that several street signs in the 400 block of North Grand Avenue had been vandalized with a black Sharpie marker. The investigation is continuing.

### Shoplifting

November 30 at 5:09 p.m., an officer was dispatched to a business in the 100 block of West Foothill on the report a shoplifter in custody. A male suspect entered the store, selected alcohol and miscellaneous medications, and then fled the store without paying for the merchandise. The suspect was detained by a store loss prevention officer. An officer responded and the suspect was arrested and taken into custody. He was later released with a citation to appear in court on the charges.

### Shoplifting

November 30 at 8:29 p.m., a male suspect entered a business in the 500 block West Huntington. He selected a pair of black gloves and walked out of the store without paying for the merchandise. The suspect was followed across the street by a loss prevention officer. Police arrived and

detained the suspect. The suspect was positively identified by the loss prevention officer and placed under citizen's arrest for petty theft. The suspect was taken into custody. He was later released on a citation to appear in court on the charges.

### Grand Theft

November 30 at 8:59 p.m., a business in the 400 block of South Myrtle called police to report a grand theft. A male Hispanic suspect entered the business and walked around the store several times. The suspect then grabbed two Black Smart Balance Wheels that were near the cash register area, apologized to the clerk and fled on foot with the merchandise. The suspect was captured on video surveillance and the investigation is continuing. The Monrovia Police Department is seeking help in identifying the suspect. Please see the Monrovia Police Department website for photos of the suspect.

### Stolen Vehicle Recovered

December 1 at 2:45 p.m., a stolen vehicle was located in the 300 block of East Central. Officers followed the vehicle and stopped the suspects in the 400 block of Montana. Two suspects in the vehicle were arrested and taken into custody.

### Rollover Traffic Collision

December 2 at 4:45 p.m., officers responded to the report of a rollover traffic collision in the 700 block of Monterey. The occupants had to be extricated by the Monrovia Fire Department, but only minor injuries were sustained.

### Residential Burglary

December 2 at 8:31 p.m., officers were dispatched to an alarm activation at a residence in the 100 block of Sutter Creek. The suspects shattered a rear glass door to enter the home and ransacked the master bedroom. They left the location through the front door, leaving it ajar. The investigation is continuing.

## VOLUNTEER'S NEEDED FOR DUARTE 2016 HOMELESS COUNT

DUARTE, CA, December 2, 2015 - The homeless population, although often silent and in the shadows, are part of the demographic make-up of Southern California. To accurately count this often-vulnerable group, the City of Duarte opted to participate in the 2016 Greater Los Angeles Homeless Count sponsored by the Los Angeles Homeless Services Authority (LAHSA). The actual count is scheduled for Tuesday, January 26, 2016 from 8p.m until approximately 12am. The City also participated in the 2015 Homeless Count.

Interested individuals, 18 years and older, are invited to volunteer and assist. The City will need approximately 25-30 volunteers to successfully complete this task. Volunteer counters will receive training and refreshments that evening and be deployed from the Duarte Community Center in groups to count blocks within a specified area. The Los Angeles Sheriff's Department will be assisting the City in this endeavor. Interested individuals are encouraged to sign up by calling Duarte City Hall at (626) 357-7931 ext. 267 or by emailing [jruiz@accessduarte.com](mailto:jruiz@accessduarte.com)

LAHSA, the lead agency for the Los Angeles Continuum of Care (LACoC), coordinates a biennial count of homeless people. The organization strives to make a difference in the lives of homeless residents and the count allows them to assess how and where homeless people can be best served. LAHSA has contracted with the San Gabriel Valley Consortium on Homelessness, a nonprofit agency, to provide participating cities with support. For additional information please contact Duarte City Hall at (626) 357-7931, X267.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit [www.accessduarte.com](http://www.accessduarte.com) or call (626) 357-7931. Follow the City of Duarte on Facebook at [facebook.com/duartecommunity](https://www.facebook.com/duartecommunity); Twitter @CityofDuarte; Instagram @city\_of\_duarte and LinkedIn.

## UPDATES TO OUR EXISTING MEDICAL MARIJUANA DISPENSARY REGULATIONS TO BE CONSIDERED

The California State Legislature recently adopted the "Medical Marijuana Regulation and Safety Act," which added new procedures pertaining to the cultivation, distribution, and transportation of medical marijuana facilities. Furthermore, in order for local municipalities to continue to have the ability to regulate medical marijuana facilities pertaining to issues of cultivation, distribution, and transportation, updates to local land use and zoning codes must be adopted prior to March 2016.

To that end, staff is coordinating a process for

## TOUR OF THE HISTORIC DEPOT COORDINATED FOR THE MOHPG MEMBERS

Last week, the City coordinated a special tour of the Historic Depot for members of the Monrovia Historic Preservation Group (MOHPG). Public Services Director Tina Cherry led the discussion, and around 35 MOHPG members enjoyed the chance to take a behind the scenes look at the Historic Depot before the City initiates rehabilitation efforts to restore the building. A picture of the special meeting has been included as an attachment below.



## ALVERNO HIGH SCHOOL CELEBRATES NATIONAL HISPANIC SCHOLARS

*A total of 4 students receive the prestigious honor*

Sierra Madre, CA (December 3, 2015) – Four students from Alverno High School have earned the designation of National Hispanic Scholar from the College Board in recognition of their exceptional achievement on the PSAT.

Seniors Caitlyn Delgadillo, Emily Lopez, Cameron Martinez, and Alexxa Vasquez were recognized for scoring in the top 2.5% among Hispanic and Latino PSAT takers in the region. In addition to outstanding test scores, these young women were also selected for maintaining a cumulative GPA of 3.5 or higher throughout their years at Alverno.

Caitlyn Delgadillo, a graduate of San Gabriel Christian School, is involved in several different clubs and organizations on campus including serving as the Chief of Domestic Protocol in the Alverno Student Union and being an active member of the Solar Energy Activity Lab (SEAL) team with Caltech and the National Honor Society. Caitlyn is also a starting and integral player on Alverno's Horizon League champion soccer team. In addition to being named a National Hispanic Scholar, Caitlyn was also recognized as an AP Scholar with Distinction by the College Board for earning an average score of 3.5 or higher on at least five AP exams.

Emily Lopez, a graduate of Sts. Felicitas and Perpetua, currently serves as the Secretary of the Alverno Student Union and is a member of the Girl Scouts. Over the summer, Emily started a non-profit organization that assembles toiletry and necessity packages for homeless individuals throughout the San Gabriel Valley. Emily is an active member of the National Honor Society and Alverno's Campus Ministry program. Emily was recently named as a Princess for the Sierra Madre Rose Float Association and will ride in the Tournament of Roses Parade on January 1, 2016. Emily was selected from her outstanding academic and community service achievements.

Cameron Martinez, a graduate of Sacred Heart Elementary School, is

an active member of the Alverno High School government having held a position throughout her four years at Alverno. Currently, Cameron serves as the Secretary of Campus Ministry and the President of the National Honor Society. In addition to her success in the classroom, Cameron has been an incredible asset to both the volleyball and softball teams at Alverno. Along with Emily, Cameron has also been named as a Princess of the Sierra Made Rose Float Association and will ride in the Tournament of Roses Parade on January 1, 2016. In addition to her recognition as a National Hispanic Scholar, Cameron was also recognized as an AP Scholar by the College Board for earning an average score of 3 or higher on at least three AP exams.

Alexxa Vasquez, a graduate of St. Benedict School, participates in a number of different clubs and organizations at Alverno. Currently, she serves as a member of the Senior State Assembly, Campus Ministry, the Alverno Ambassador Corps, and National Honor Society. In addition to her academics, Alexxa is a committed dancer who competes on a hip-hop competition team through her dance studio. Alexxa was recently recognized by the College Board as an AP Scholar with Honor for receiving a score of 3.25 or higher on four or more AP exams.

"Alverno High School is incredibly proud of these young women and their academic achievements," said Julia V. Fanara, Head of School. "Being named a National Hispanic Scholar demonstrates not only a strong academic ability among these young women, but also a strong commitment to academic rigor, currently and in the future. Alverno is thrilled to provide a rigorous college prep curriculum, a demanding AP program, and a small classroom environment to all of its students that help make opportunities and recognition like this possible."

## ASSEMBLY MAJORITY FLOOR LEADER CHRIS HOLDEN ANNOUNCES AVAILABILITY OF ASSEMBLY FELLOWSHIP PROGRAM APPLICATIONS

Sacramento, CA – Assembly Majority Floor Leader Chris Holden (AD – 41) today announced the availability of applications for the 2016-2017 Jesse Marvin Unruh Assembly Fellowship Program.

The Assembly Fellowship Program provides the opportunity for aspiring public servants of all ages, background and experiences to directly participate in the legislative process. The 11-

month fellowship provides an introduction to public policy formation and adoption through full-time work as professional staff in the Assembly.

"The Assembly Fellowship Program offers college graduates

the unique opportunity to learn and craft public policy through hands-on work with elected officials and staff," said Assembly Majority Floor Leader Holden. "The program provides a challenging, professional work experience that serves as the foundation for successful careers in both the public and private sectors."

As fellows work to pass legislation on behalf of an Assemblymember, they're in a position to make a real difference for everyday Californians on issues that may include education, consumer protection, labor or the economy.

"Being an Assembly Fellow was an outstanding way for me to learn about state government, and have the opportunity to give back to my state, which is always rewarding," said Aaron Bonner, 2014-2015 Assembly fellow for Assemblymember Holden. He now works full time as a Legislative Aide in the State Capitol on issues related to health, job creation, and economic development. "My greatest highlight from the fellowship is having two bills I staffed get signed by Governor."

Fellows also participate in a weekly academic seminar, earning graduate credits from California State University, Sacramento. Fellows are paid a monthly stipend of \$2,627, plus health, dental and vision benefits. The Center for California Studies at California State University, Sacramento administers the program in conjunction with California State Assembly.

Applications for the 2016-2017 Assembly Fellowship Program are due Monday, February 8, 2016. Applicants must have earned their undergraduate degree by September 2016. No specific major is preferred and individuals with advanced degrees and mid-career professionals are also encouraged to apply. Brochures are available at Assemblymember Holden's Capitol or district office at 600 N. Rosemead Blvd., Suite 117, Pasadena, CA 91107. Please contact the Center for California Studies with any questions at [calstudies@csus.edu](mailto:calstudies@csus.edu) or (916) 278-6906. The online application is available at [www.csus.edu/calst/assembly](http://www.csus.edu/calst/assembly).

## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arrayopacific.org](mailto:pclarke@arrayopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Principal: Dr. William Walner  
website: [www.bcsclions.org](http://www.bcsclions.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

LaSalle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Gilbert Barraza  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)  
rcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

THE REEL DEAL:  
by Ben Show  
MOCKINGJAY: PART TWO REVIEW

'Hunger Games' marked the beginning of a new fad of a movie genre: post-apocalyptic teen romance. The first film was a good starting point, and 'Catching Fire' was perhaps the best entry in the franchise, but by the time 'Mockingjay - Part One' rolled around, the whole post-apocalyptic romance genre had been done to death. 'Divergent' and 'Maze Runner' we're both getting started, and 'Mockingjay - Part One' was a dramatic deviation from the other 'Hunger Games' films in that the theme and focus of the franchise was changed. Since both parts of 'Mockingjay' were made at the same time, Part Two may share many of the themes that caused people to dislike Part One so much. Does Part Two end the franchise on a high note or should 'Mockingjay' just have been one movie instead of two?

Katniss (Jennifer Lawrence) is on a war path with President Snow (Donald Sutherland). She must find some way to defeat him and help the people of Panem free themselves from his tyranny. As she and a team of soldiers work their way through the Capitol, she begins to question the intentions of Alma Coin (Julianne Moore) and who should become the new leader of Panem.

Part Two is a completely continuation of Part Two; the two really could just be one long film. The first films in the franchise really drew people's attention with the actual Hunger Games themselves, the disgusting political commentary they provided, and the fact that the films did make them massive, action-packed spectacles. Neither 'Mockingjay - Part One' or 'Part Two' have the Games in them; the focus of the franchise changed from the Games to the world around them and all the characters and their stories. 'Part Two' certainly has more action than 'Part One'; however, if you are not invested in the story of Panem, its people, and how Katniss can change their future for the better, then 'Part Two' will be very boring. 'Part Two' is worth seeing if you have read the books already and know what to expect, or if you have watched the franchise so far and genuinely care about the characters, not just the Hunger Games.

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## PLAY NICE, KITTY!

I have a new furry, four-legged feline friend named Kingsley. He is a mere 5 months old and he is undoubtedly one of the most adorable kittens I have ever met. (As you can clearly see in the photo). Kingsley loves to spend time with his humans, Jeff and Meagan; he eats more like a full grown lion than the tiny kitten that he is; and oh boy, does he love to play!

After spending a few days taking care of Kingsley while his people were away, they asked if I had any ideas on how to get him to stop biting while playing and I had to admit I didn't. Later, I looked up techniques on training a kitten not to bite during play and I found an article by the Humane Society of the United States. The tips they offered seemed to make practical sense, so I decided to share them in this week's column. Credit goes to the HSUS website for this insightful, hopefully helpful information. Happy training and best of luck!

### Learning to Play Nice

A kitten's first playmates are his mother and siblings, and from them he learns how to inhibit his bite. A kitten who is separated from his family too early may not have learned that lesson well enough and doesn't know when to stop. Acceptable behavior can quickly escalate. If you use your hands and/or feet instead of toys to play with a young kitten, he may learn that rough play is okay. In most cases, it's not too difficult to teach your kitten that rough play isn't acceptable.

If playing with your kitten evolves from peek-a-boo to professional wrestling in a matter of seconds, follow these tips to keep playtime interesting and reduce the number of trips to the first-aid kit.

Don't let your kitten play with your hands or feet (or any other body part). This sends the wrong message.

Use a toy when playing. Drag a toy, preferably a fishing pole-type toy that keeps your hands from kitty's mouth and claws, along the floor to encourage your kitten to pounce on it, or throw a toy for him to chase. Some kittens will even bring the tow back to be thrown again.

Give your kitten something to wrestle with, like a soft stuffed animal that's about his size, so he can grab it with both front feet, bit it, and kick it with his back feet. This is one of the ways kittens play with each other, especially when they're young. It's also one of the ways they try to play with human feet and hands, so it's important to provide this type of alternative play target.

Encourage play with a "wrestling toy" by rubbing it against your kitten's belly when he wants to play roughly-and be sure to get your hand out of the way as soon as he accepts the toy.

Don't hit or yell at your kitten when he nips or pounces. This will only make him fearful of you and he may start to avoid you. The idea is to train him, not punish him.

### Discouraging "Bad" Behavior

Playing is not bad behavior, but you do have to set the rules for your kitten; no biting. Everyone in the household has to be on the same page, too; your kitten can't be expected to learn that it's okay to play rough with dad but not with the baby. First equip yourself with the right training tools: toys, toys, toys, and a water pistol.

A Gnawing Problem: You shouldn't let your kitten play with your body parts, but if you're petting him and he starts gnawing on you, immediately

## Happy Tails

by Chris Leclerc



say "uh-uh" and carefully take your hands away. Give him a toy to play with instead, but be sure he's not gnawing on you when you give it to him or he'll think he's being rewarded for gnawing.

Don't try to pet him again until he's tucked out and no longer tempted to "kill" your hand. You can also make your hands unattractive by putting a bad-tasting, harmless substance on them such as Bitter Apple or Tabasco sauce. Most kittens catch on quickly.

Gimmie That!: Kittens always seem to want to play with whatever you're using-knitting needles, pencil, telephone, remote control. If yours starts "attacking" your utensils, sharply say "uh-uh" to disrupt his behavior. Then give him one of his own toys. Be sure he's not attacking when you give him a toy or he'll think he's being rewarded.

On the Hunt: Kittens also like to "hunt" you while you're walking around. They'll jump out from behind a door or under a chair and pounce on your ankles. If he doesn't pounce, praise him with "Good kitty". If he does pounce, use your sharp "uh-uh" to distract him and interrupt his behavior, and offer an acceptable toy. Be sure he's not pouncing when you provide the toy or he'll think he's being rewarded.

Pay no Attention: Withdraw attention when your kitten doesn't get the message. If the distraction and redirection techniques don't work, the most drastic thing you can do to discourage rough play is withdraw all attention. The best way to do this is walk to another room and close the door long enough for him to calm down. If you pick him up to put him in another room, then you're rewarding him by touching him, so you should be the one to leave the room.

Remember, your kitten wants to play with you, not just toys, so be sure to set aside time for regular, serious and safe play sessions.

## LOOKING FOR A BEST FRIEND?

To share the holidays with? Kiddo is a 2-year-old carefree Staffy mix who is as loving as he is energetic. Kiddo came to the shelter in October of this year as a stray.

His light fawn coat is accented with a striking white burst across his chest that is as spirited as his personality. At about 60lbs Kiddo is definitely a big

and strong boy who could be described as a big walking tub of love! Kiddo is always ready to meet new people and make new friends with his beautiful and typical Staffy big smile and eager-to-please attitude. He would certainly prefer to spend his time with people enjoying petting, hugs and belly rubs... he's a true belly rub aficionado who does not hold back in offering up his belly to friends and strangers alike in no time.

As much as he loves belly rubs, Kiddo also loves to strut his good looks on walks and runs and would thrive with an active and outgoing family that would allow him to stay calm and strut on. If you're looking for your next loyal best friend who will love you unconditionally (as long as belly rubs are provided), then Kiddo is the dog for you! Please

consider making Kiddo a member of your family; just in time for the holidays.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas. To arrange a "Meet and Greet" with Kiddo, please stop

by any time from 10:30am to 4:30pm Tuesday thru Sunday.

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters.

They make great holiday gifts for the animal lovers on your list! If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through Paypal. Go to the shelter website at [sgvhumane.org](http://sgvhumane.org) for more information.

Shelter supporters are encouraged to visit the website to read about the amazing story of Hoppy told by his rescuer's blog. This three legged Chihuahua now has a second chance for a happy life after a terrible accident left him alone and helpless trying to survive on the busy city streets.



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## PET OF THE WEEK: FONZI: ANIMAL ID #A4899172

A supremely awesome dog is available for adoption! Meet Fonzi (A4899172), a tenderhearted 2-year-old white male Maltese who was found in Baldwin Park and brought to the Baldwin Park Animal Care Center on November 21st. Weighing 7 lbs, Fonzi may have limited vision that should be examined by an outside veterinarian. Fonzi excels at being a lap dog; it's where he is most happy and confident. The shelter environment is overwhelming to him and so he isn't much interested in walking on a leash here. We expect that once Fonzi is adopted or rescued, he will feel a lot more confident and safe in a loving home so that his true personality can emerge. Fonzi will make an awesome indoor companion for an adult or senior; once he feels more relaxed and at home, we're sure a family will enjoy his company too! To watch a video of Fonzi, please visit the following link: <https://youtu.be/eZEQWwMcOSk>



To meet Fonzi in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). Fonzi is currently available now. For any inquiries about Fonzi, please reference his animal ID number: A4899172. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions.

For more information about Fonzi or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at [Samantha@hope4animals.org](mailto:Samantha@hope4animals.org). To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program>.



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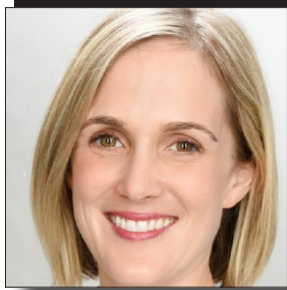
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## THE JOY OF YOGA

### A YOGA TEACHER TRAINING: IS IT RIGHT FOR YOU?

Taking a yoga teacher training is a growing trend!

Surely, everyone is not meant to teach yoga. More and more students are taking a foundational 200hr yoga teacher training for HEALING. The whole experience evokes healing and growth in all areas of life. Yoga is an ancient practice nurturing body, mind and spirit. The practices are vast and not all are appropriate for group classes. It's in the trainings that students (and health professionals) gain valuable knowledge and vital, deeper practices of yoga. For some, the immersion into the deeper teachings of yoga unveils a missing link deepen within. Joy and inner radiance are brought forward in a unique way. Do you I have you intrigued?

Here are just a few reasons why a yoga teacher training may be right for you:

1. You have been a consistent student of yoga for a while and are ready to expand your practice---and your toolbox! Tools for living joyfully in the world with the rich tradition of practices.

2. You're ready to boost your confidence and

creativity. It may seem like facing fear is the opposite of what you'd like to do, but that's where confidence is fostered! We accomplish what we thought we could not. Tapping into our skills of innovation and resourcefulness is key.

3. Do you need a change in your life? If the student allows it to happen, the dynamic personal transformation can be quite profound. Many health professionals join the trainings. They only increase their skills to provide to clients, but they come better service providers to the people they care for.

There are many trainings available and some may not be right for every student. It's best to do some investigating. For the sixth year, Yoga Madre is offering it's 200 hr foundational Yoga Teacher Training. Next session begins January 15, 2016. Inquire now and see if it might be the right time for you!

Namaste and Love,  
Keely Totten  
RYT 500, Yoga & Meditation Instructor  
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## ACUPUNCTURE AND BACK PAIN

### What is back pain?

Back pain is one of the most common reasons people seek medical attention. It is one of the most frequent causes of missed workdays and one of the most expensive conditions in the United States.

Back problems can be caused by an inordinately wide range of problems. It can exist alone, or it can be caused by a condition that occurs elsewhere in the body, with the pain being transmitted (referred) to areas of the back by the nervous system. The majority of backache sufferers complain of pain in the lower back; the second most common site of discomfort is the base of the neck.

### Who suffers from back pain?

The fact that humans walk upright puts great pressure on the spine and the muscles that support it. Over time, factors such as disease, accidents, poor posture and overexertion can lead to immediate and/or long-term back problems.

Most back pain is muscular in nature. In the pain cycle, pain causes a muscle to spasm, which may distort the discs, joints and nerves of the spine. This spasm leads to further pain, leading to further spasm, which compounds the original problem. If the nerves are irritated enough, it may cause pain to radiate down into the leg, similar to pain experienced via a herniated disc.

### What can acupuncture do?

Acupuncture can play an important role in the reduction or elimination of back pain by reducing recovery time and preventing a chronic condition from developing.

Research has shown that acupuncture causes the body to produce natural steroids and promote the production of natural endorphins. Steroids decrease inflammation, while endorphins are produced by the body to kill pain. Both substances can play an integral part in the breaking up of the pain cycle.

By reducing acute back pain, acupuncture may also reduce the chances of chronic back pain from occurring. It can help avoid the need for costlier and more invasive surgical procedures. And if back pain can be significantly reduced with acupuncture, it also lowers the need for painkillers or other medications that can either cause unwanted side-effects or prolong a patient's condition.

As with any other form of care, however, remember that not all patients will respond to acupuncture. Make sure to discuss the situation thoroughly with your acupuncturist before undergoing treatment for back pain (or any other condition).

### References

<http://www.acupuncturetoday.com/abc/backpain.php>

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**Respiratory:** Common cold, sinus, asthma, bronchitis.  
**Urological:** Urinary Tract Infection (UTI), urinary frequency.  
**Dental:** Toothache, TMJ dysfunction.  
**Harmony:** Increase energy, strengthen immune system.  
**Neurological:** Headache, migraine, vertigo, stroke residuals.

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## BUSINESS NEWS & TRENDS

## FAMILY MATTERS

By Marc Garlett



### HOW TO RAISE RESPONSIBLE KIDS

My guess is that if we did a poll of every parent we know and asked them what they most want for their children, what we would find at the core is that we all want to raise responsible kids.

We may each have a different definition of what responsible means, but after working with many families to plan for the children's future, I can say with confidence that raising a responsible child is a hallmark of success for most parents.

Once your child becomes seen and known as responsible, your level of freedom and ease increases substantially.

In service to that, I will be sharing with you a series of articles on How to Raise Responsible Kids, starting with this one.

The first step in raising responsible kids, means truly understanding the meaning of the word "responsible", so we'll start there.

The classic dictionary definition of responsible is not really what I am speaking of here.

One dictionary definition of responsible is: "having an obligation to do something, or having

control over or care for someone, as part of one's job or role."

Many parents confuse the kind of responsible that provides real peace and true security, which I'll speak to in a moment, with the dictionary definition of responsible, which is more of obligation or duty.

Responsibility based in obligation or duty is not nearly as deep or as powerful as responsibility based on inspiration and internal motivation.

True responsibility actually means less about your children's ability to live up to their obligations, hold down a job in the same way you did, or even re-create the lifestyle you've been able to provide for them (though all those things would, of course, be great), and more about your children being able "to be trusted to do what is right."

Over the rest of this series, I'll look at several different examples of what this means in various contexts, including money, relationship, and work.

I'm looking forward to exploring this with you as we all strive for the true peace of mind and security that comes with raising responsible kids.

If you have any specific questions or thoughts on this, please let me know so I can address them either individually or in an upcoming article.

Dedicated to your family's wealth, health, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.355.4000 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

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## HOW MUCH YOU'LL PAY FOR MEDICARE IN 2016

Dear Savvy Senior:

I know there won't be a cost-of-living increase in Social Security benefits next year but what about Medicare? I've heard some beneficiaries will get hit with a big Part B monthly premium increase in 2016. What can you tell me, and who will this affect?

Planning Ahead

Dear Planning:

All things considered, the news regarding your Medicare costs next year is pretty good. For about 70 percent of the nation's 52 million Medicare beneficiaries, there will be no Part B premium increase in 2016. And thanks to the 2015 Bipartisan Budget Act that was signed into law by President Obama on Nov. 2, the other 30 percent will pay much less than previously projected. Here's what you can expect.

#### Part B Premiums

Because the Social Security Administration will not be giving out a cost of living increase (or COLA) in 2016, the Medicare Part B premiums for most current beneficiaries will not go up either. Thanks to the "hold harmless" provision in the Medicare law, which prohibits Part B premiums from rising in any year that there's no COLA, the 2016 monthly premium will remain at \$104.90 for most current Medicare participants.

However, this provision does not protect new Medicare enrollees (those who enroll in 2016), beneficiaries who are directly billed for their Part B premium, or current beneficiaries who have deferred claiming their Social Security. This includes people 65 or older who are still working but have signed up for Medicare because their employer doesn't offer health insurance. It also hits people who have filed and suspended Social Security benefits to allow a spouse to claim.

If you fit into any of these categories, your Medicare Part B premium will increase to \$121.80 a month in 2016 – which is much lower than the \$159.30 that it would have been, had the budget deal fell through.

The hold-harmless rule also does not protect high-income Medicare beneficiaries who already pay higher Part B premiums because their annual incomes are above \$85,000 for an individual or \$170,000 for a couple. If you fit into this category, here's what you'll pay for your Part B premium next year, based on your 2014 tax returns.



Individuals with incomes of \$85,000 to \$107,000, or married couples filing joint tax returns with incomes of \$170,000 to \$214,000, will pay \$170.50 per month.

Individuals earning \$107,000 to \$160,000 (couples \$214,000 to \$320,000) will pay \$243.60.

Individuals with incomes of \$160,000 to \$214,000 (couples \$320,000 to \$428,000) will pay \$316.70. Individuals over \$214,000 or couples above \$428,000 will pay \$389.80.

Another increase high-income beneficiaries (those with incomes over \$85,000, or \$170,000 for joint filers) need to be aware of is the surcharge on Part D premiums. Affluent seniors that have a Medicare Part D prescription drug plan will pay an additional \$12.70 to \$72.90 per month, depending on their income, on top of their regular Part D premiums.

#### Deductibles and Co-Pays

Other changes you need to know about that will affect all Medicare beneficiaries include the Part B deductible, which will increase to \$166 in 2016 (it's currently \$147); and the Part A (hospital insurance) annual deductible which will go up to \$1,288 (it's currently \$1,260) for hospital stays up to 60 days. That increases to \$322 per day for days 61-90, and to \$644 a day for days 91 and beyond. And the skilled nursing facility coinsurance for days 21-100 will also increase to \$161 per day (it's currently \$157.50).

For more information on all the Medicare costs for 2016 visit Medicare.gov and click on "Your Medicare Costs" tab at the top of the page, or call 800-633-4227.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.iller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## SENIOR HAPPENINGS



## HAPPY BIRTHDAY! ...December Birthdays\*

Pat Karamitros, Joan Hufnagel, Mary Alice Cervera, Carol Horejsi, Shirley Anhalt, Mignon Grijalva, Helen Reese, Levon Yapoujian, Toni Buckner, Lottie Bugl, Pat McGuire, Sheila Wohler, Nan Murphy, Eleanor Hensel, Sylvia Curl, Elizabeth Levie, Gayle Licher, Cindy Barran, and Melissa Stute.

\*To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre Activities at the Senior Center

#### YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

**Tech Talk:** Held on Monday, October 19th and 26th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

**Free Blood Pressure Testing:** 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

**Brain Games:** Thursday, October 15th, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Swati Puri, Community Liaison for New Wave Home care of Pasadena.

**Free Legal Consultation:** Wednesday, October 21st from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Case Management:** Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

**Birthday Celebrations:** Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

**Senior Club:** Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

## UPCOMING EXCURSIONS:



#### CANDLELIGHT PAVILION (CLAREMONT)

#### HOME FOR CHRISTMAS

**DATE:** FRIDAY, DECEMBER 4, 2015  
**TIME:** 10:30AM - 4:00PM  
**MEETING LOCATION:** HART PARK HOUSE SENIOR CENTER  
**COST:** \$75.00 (LUNCH IS INCLUDED)

Description: Ben D. Bollinger's Candlelight Pavilion Dinner Theatre in Claremont provides patrons with a dinner theatre and musicals for a theatrical experience the caliber of the Broadway shows in downtown LA. The gourmet food prepared by the executive chef and served by his formal wait staff ranks the Candlelight Pavilion Dinner Theatre as a fine food restaurant that rivals any fine dining establishment in Los Angeles and San Bernardino. For 30 years, the Candlelight Pavilion has written and produced each of its Christmas shows with a focus on the spirit of Christmas and bringing family and friends together. Appropriate dress requested: Jackets for gentlemen, tie optional, dress or dressy pant suits for ladies, no jeans, t-shirts or tennis shoes. Price includes lunch, show and gratuity. Level of Walking: Low. Last day to register is November 2nd. Please call the Hart Park House at (626)-355-7394.

#### Excursion Refund Policy

Notification of the cancellation must be made at least 3 business days before the excursion. A refund will only be issued 1) for a medical excuse or 2) if the Department is able to fill the patrons spot from a waiting list. This refund will be issued in the form of a credit which will be applied to the patron's account with the City, less a \$11 cancellation fee. The credit will remain on your account for one year from the date issued and the credit may be used for any program or service offered by the Community Services Dept.

#### LUNCH AND HOME DELIVERED MEALS PROGRAM

Seniors 60 years of age and up can participate in the YWCA San Gabriel Valley Intervale daily lunch program held at the Hart Park House. Meals are served Monday through Friday at 12:00pm (participants are encouraged to arrive by 11:45am). Meals are suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Reservations for lunch must be made at least 24 hours in advance by calling 626-355-0256. The Meals-On-Wheels program offers hot meals to homebound seniors within the community. Meals are delivered at the door, Monday through Friday. For more information on this program, contact the YWCA San Gabriel Valley Intervale program at 626-214-9467.

#### LIFESAVERS PARAMEDIC SUBSCRIPTION PROGRAM

The Sierra Madre Lifesavers Paramedic Subscription Program is an official program offered by the City of Sierra Madre which offsets the cost of emergency medical responses. The membership program is available to residents of Sierra Madre. Your subscription to the program will perform similar to a secondary insurance plan, with no out-of-pocket cost to you. Subscriptions are \$60.00 per individual (July 1 – June 30). For additional information contact The Sierra Madre Fire Department 626-355-3611.

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thechefknows@yahoo.com

TIPPING ANOTHER VIEW

My dearly departed pappy Elmer Dills would tell me, don't argue sex, politics and or religion, I must add tipping to the list. I have used this topic many times on my radio show, Dining with Dills on KLAA AM 830 to get the phones buzzing. Just got back from Santa Barbara and I was put into this situation. The owner of the restaurant we were at was kind enough to act as our server as his bar was very busy, the bottle was \$50, my question is do you tip the owner of the restaurant... In this case we did because it was my feeling he was going to pass it along to the help. A couple of notes from my dads tipping guide. Let's call them my father's rule of thumb was 10% for a buffet and couple of extra dollars to the busboy and never tip the full amount on an expensive bottle of wine, he thought was it takes up the same amount of energy to open a \$25 bottle of wine that of a \$200 bottle of wine. Makes sense to me.

What made me scratch my head is a recent posting by what seems to be a very capable blogger/ that is someone that posts on the Internet. This was a list of nine recommendations to us uninformed diners on how to tip in the year 2016, of course it might be a little biased coming from a person that works for tips, going through the list I agreed with the concept, \$1 per drink at the bar as the tip, if you are using a coupon or getting part or whole of your meal comped , you should tip on what the amount should be, agree and agreed, but here is where the scratching took place. Times have changed, (ok I am with you), and a 15 % tip is now should be considered a bad tip, I am reading it as if you received bad service please tip 15 % or that your server gave great service and 15% is an insult. The reasoning continues to say that with the cost of living going up, that to be a server that 15% doesn't cut it anymore. Here is my argument against that thought process. As

a professional person such as a waiter, indeed you will not get a raise from the owner of the restaurant, it is set in stone and is a timeless practice, the job pays minimum wage plus tips. Not the end of story though, many restaurants will pay \$2 more an hour to the "training" waiter or the headwaiter. As your experience grows and you become better, it would make sense that your tips as a percentage would grow accordingly. Tips... To insure proper service. Here is my rundown and no it hasn't changed in twenty years of reviewing restaurants.



Anyone in any country that provides a service should be rewarded.  
10% buffet plus \$2 directly to busboy that brought you water and had to clean up after the kids through Jell-O on the ground.  
\$1 for each drink at the bar  
\$2 for a to go order, as long as they got it right  
12% fair service, means they brought you the food and came back with your check  
15% Good service brought you your food and drinks and refilled drinks and asked how was it  
18% Very Good service all of the above plus asked you if your meal was prepared to your liking  
20-25% All of the above, brought items in proper order, waited for you to ask for check, asked if there is a validation needed and please ask for me next time.  
One more note... I subtract 5% when the server blames the kitchen for a mistake, got it !!  
This a fun conversation please watch my TV Show Straight off the Menu at 3 PM on Charter 188. Saturday and Sundays

SEAN'S SHAMELESS  
REVIEWS:  
CREED –  
THE UNEXPECTED KNOCKOUT

By Sean Kayden



CREED, which debuted last holiday weekend, is kind of like a Thanksgiving meal. You know exactly what you're getting, but it's still one of your favorite meals of the year. CREED is the brand new film in the ROCKY series, which debuted 39 years ago. However, it's the first ROCKY film not to center on its titular character. In fact, it's the first film in the series that wasn't written by Sylvester Stallone himself. This time around, co-writer/director Ryan Coogler, who helmed the terrific FRUITVALE STATION in 2013, sent his dream script to Stallone. He was so impressed by it that he took it to the original studio that made his classic first film. The movie shifts gears as it focuses on Adonis Johnson, the son of Rocky's late friend and former rival Apollo Creed. Michael B. Jordan (FANTASTIC FOUR, FRUITVALE STATION) plays Adonis, a twenty-something year-old man who never knew his father. He wants to follow in his father's footsteps, but he wants to make his own legacy by not adopting his father's last name. He travels from Los Angeles to Philadelphia to become a fighter in the hopes to seek mentoring in none other than Rocky Balboa himself. Balboa refuses to help the novice boxer because that particular time in his own life has past, but Adonis remains persistent. Ultimately, Balboa reconsiders to help the son of his former comrade.  
Yes, there are the very familiar scenes where the older and wiser mentor trains the amateur fighter, but they're portrayed with such authenticity and precision. Frankly, Stallone hasn't been this good in awhile and despite everyone familiar with the Rocky character, he brings new life to the aging, out of touch with reality, former boxing champ. He conveys certain warmth to the battered character that just exists through life in the distant background as everyone he's ever loved has passed on. There are some wonderful scenes with Stallone and Michael B. Jordan that are emotionally stimulating.  
Speaking of Jordan, the young, but already seasoned thespian, is absolutely terrific in this role. He plays

the character of an ambitious and perceptive aspiring boxer convincingly. Adonis is the illegitimate son of Apollo, but Apollo's first wife adopts the young Adonis when he was 8 years from a juvenile delinquent center. He always believed his father didn't want him, but that wasn't entirely true (since he died when he was just a baby). Adonis is adamant about not exercising

Directed By: Ryan Coogler  
Written By: Ryan Coogler & Aaron Covington  
Rated PG-13 for violence, language and some sensuality  
Release Date: November 25th, 2015

the name Creed while trying to make a name for himself. However, it's the name Creed that everyone in Philadelphia knows and admires and there's no hiding from it.  
CREED is a stellar film which goes beyond any expectations one could ever have for another Rocky movie or even simply a boxing drama in general. Cinematographer Maryse Alberti shoots the boxing sequences brilliantly. Often times in the fight scenes for boxing films, multiple cameras are used, but in CREED on numerous occasions only one camera is used with just a single take. It's an amazing feat to say the least and comes off as some of the most realistic fight scenes in any movie. The conclusion CREED is deeply satisfying and doesn't go off the rails in the slightest (which tends to be easy for sports drama). As a whole, CREED is indisputably a knockout. It delivers inspiration and heart, drama and action, friendship and love, but most of all, CREED delivers, pound for pound, the most enjoyable film of 2015.  
Grade: 4.5 out of 5

Jeff's Book Pics By Jeff Brown

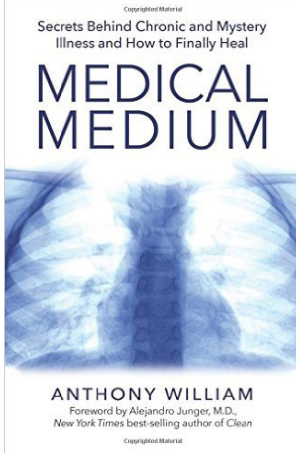
MEDICAL MEDIUM: SECRETS BEHIND CHRONIC AND MYSTERY ILLNESS AND HOW TO FINALLY HEAL by Anthony Williams

Anthony Williams, the one and only Medical Medium, has helped tens of thousands of people heal from ailments that have been misdiagnosed or ineffectively treated or that doctors can't resolve. He's done this by listening to a divine voice that literally speaks into his ear, telling him what lies at the root of people's pain or illness and what they need to do to restore their health. His methods achieve spectacular results, even for those who have spent years and many thousands of dollars on all forms of medicine before turning to him. Now, in this revolutionary book, he opens the door to all he has learned in over 25 years of bringing people's lives back: a massive amount of healing information, much of which science won't discover for decades, and most of which has never appeared anywhere before. Medical Medium reveals the root causes of diseases and conditions that medical communities either misunderstand or struggle to understand at all. It explores all-natural solutions for dozens of the illnesses that plague us, including Lyme disease, fibromyalgia, adrenal fatigue, chronic fatigue syndrome, hormonal imbalances, Hashimoto's disease, multiple sclerosis, depression, neurological conditions, chronic inflammation, autoimmune disease, blood sugar imbalances, colitis and other digestive disorders, and more. It also offers solutions for restoring the soul and spirit after illness has torn at our emotional fabric. Whether you've been given a diagnosis you don't understand, or you have symptoms you don't know how to name, or someone you love is sick, or you want to care for your own patients better, Medical Medium offers the answers you need. It's also a guidebook for everyone seeking the secrets to living longer, healthier lives. "The truth about the world, ourselves, life,

purpose—it all comes down to healing," Anthony William writes. "And the truth about healing is now in your hands

PLOUGHSHARES INTO SWORDS by Thomas S Fiske & Lannea G Melzian

How did Caltech contribute to the Atomic Bomb project during WWII? Who was supposed to have run the project instead of J. Robert Oppenheimer? Why did this famous institution become a rocket factory and build the famous China Lake facility? Ploughshares gives little-known one-time secret answers to these questions as it recalls how civilians lived their lives and contributed to the winning of WWII. Fates and Furies: A Novel by Lauren Groff Fates and Furies is a literary masterpiece that defies expectation. A dazzling examination of a marriage, it is also a portrait of creative partnership written by one of the best writers of her generation. Every story has two sides. Every relationship has two perspectives. And sometimes, it turns out, the key to a great marriage is not its truths but its secrets. At the core of this rich, expansive, layered novel, Lauren Groff presents the story of one such marriage over the course of twenty-four years. At age twenty-two, Lotto and Mathilde are tall, glamorous, madly in love, and destined for greatness. A decade later, their marriage is still the envy of their friends, but with an electric thrill we understand that things are even more complicated and remarkable than they have seemed. With stunning revelations and multiple threads, and in prose that is vibrantly alive and original, Groff delivers a deeply satisfying novel about love, art, creativity, and power that is unlike anything that has come before it. Profound, surprising, propulsive, and emotionally riveting, it stirs both the mind and the heart. Above from Barnes and Noble and Amazon.



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On the Marquee: Notes from the Sierra Madre Playhouse

A SEASON OF GIVING

By Artistic Director, Christian Lebano

This has been a remarkable year for the Playhouse – perhaps in the future we'll look back on 2015 and see that it was the year which started a new era. We had wonderful critical successes – many of our shows landed on "Best of" lists and we received two Ovation Recommends for our productions of A Walk in the Woods and Always...Patsy Cline and two of the leads from those shows went on to be nominated for their performances (our first nominations ever!) We increased our attendance by 30% over the year and most wonderfully 37% of that number were patrons who had never attended our theater before.

We have established wonderful relationships with local businesses in Sierra Madre, the Rotary, the Kiwanis, the Women's Club, the Historical Society, the library and so many more. All as part of our commitment to be a theater "of" its community.

We launched our Advisory Council which is helping us make important decisions about our future growth and we've increased the size of our Board in anticipation of creating a new Strategic Plan in January.

And we have increased our donor base to help us achieve many of the long-term goals we've defined with many gifts given in honor of what we are doing at the Playhouse. What this tells me is that audiences are liking what we are doing and appreciate having SMP in their community. We received the largest gift in our history from a private family foundation earmarked for two initiatives: our Field Trip Series play Charlotte's Web and an electrical upgrade of our building. This generous donation is allowing us to offer the play at a greatly reduced price for public schools – we have practically sold-out our run already – we'll be offering shows on the weekends for families and fans of Charlotte! And the electrical upgrade will allow us to use our stage lights more efficiently and creatively.

We received a Matching Grant from the Sierra Madre Community Foundation for the installation of air conditioning in our lobby. Those of you who sweated through Always...Patsy Cline this summer will appreciate how badly we need to have a/c in our lobby. We are mailing an appeal to our supporters to help us maximize the dollar for dollar matching grant – I hope when you receive the appeal you will choose to support SMP. Please mark your donation "matching grant." I always say that my goal is to make us a cultural landmark of the San Gabriel Valley and with your help we'll get there. We have so many more things we hope to do in 2016.



"Diane Kelber as Sook, Patrick Geringer as Buddy, and Sheldon as Queenie the dog. Photo by Gina Long"

A Christmas Memory opened beautifully last Friday and has gotten wonderful reviews. It really is perfect for all ages and speaks to a time when Christmas was much simpler. The cast has bonded so well and their joy of being on stage together just shines in this show. A Christmas Memory runs through the holidays to December 27. Get your tickets soon as the Sunday matinees are already sold out. There is still room at several of the Saturday matinees and during the evenings.

There is no chance of extending this one. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to arrange your purchase.

Jeff's History Corner By Jeff Brown

1. You know what Renaissance gave to the world? Michelangelo, Da Vinci and many others and you'd still ask how it changed the world. Renaissance was no event but an age that triggered the cultural rebirth of Europe after it was struck by the destruction caused by the Black Death. Columbus and Vasco da Gama changed the World maps intended to look with new civilizations to offer. Books were printed and no more the educated were from the church, the common man had just as much to read as the priests and monks. It was not a cultural change but a breakthrough that made the conservative orthodox Europe adapt to the more logical ways of the world.
2. The discovery of Penicillin as an antibiotic still remains as one of the greatest of all medical discoveries. It has cut down the human mortality rate by large figures. Not just health, but the discovery led to a series of other discoveries which have impacted human life. Then we have the discovery of vaccination by Louis Pasteur, which again changed the kind of life we enjoy today. There was a time, when a small cut would have killed a man, or diseases like smallpox were regarded as the ultimate form of divine punishment for the evil-doers. Without these discoveries, the human race would perhaps have long gone into extinction!
3. Throughout his life, books were vital to

Thomas Jefferson's education and well-being. When his family home Shadwell burned in 1770 Jefferson most lamented the loss of his books. In the midst of the American Revolution and while United States minister to France in the 1780s, Jefferson acquired thousands of books for his library at Monticello. Jefferson's library went through several stages, but it was always critically important to him. Books provided the little traveled Jefferson with a broader knowledge of the contemporary and ancient worlds than most contemporaries of broader personal experience. By 1814 when the British burned the nation's Capitol and the Library of Congress, Jefferson had acquired the largest personal collection of books in the United States. Jefferson offered to sell his library to Congress as a replacement for the collection destroyed by the British during the War of 1812. Some sharp debates occurred in Congress about the wisdom of purchasing Jefferson's library as a replacement for the nearly destroyed contents of the Library. They were particularly concerned that there were large numbers of books in foreign languages and other subjects not believed germane for the use of Congress. Congress finally purchased Jefferson's library for \$23,950 in 1815. A second fire on Christmas Eve of 1851, destroyed nearly two thirds of the 6,487 volumes Congress had purchased from Jefferson.

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# Looking Up

with Bob Eklund



## COULD LIFE EXIST ON OTHER PLANETS?

*Perhaps with a Little Help from Planetary Neighbors*

Life on other planets? A recent study by University of Nevada Las Vegas astrophysicist Jason Steffen is shedding new light on this persistently challenging question.

In our galaxy, there may be billions of planetary systems where more than one planet is habitable. NASA's Kepler spacecraft has found planet pairs on very similar orbits—with orbital distances differing by as little as 10 percent. If such a planet pairing occurred in the right place, then both planets could sustain life—and even help each other along.

Steffen and research partner Gongjie Li from the Harvard Smithsonian Center for Astrophysics studied some of the ramifications for life in these multihabitable systems.

"It's pretty intriguing to imagine a system where you have two Earth-like planets orbiting right next to each other," said Steffen. "If some of these systems we've seen with Kepler were scaled up to the size of the Earth's orbit, then the two planets would only be one-tenth of one astronomical unit apart at their closest approach. That's only 40 times the distance to the Moon."

With planets so close together, a number of interesting processes become important. For one, the seasons on the Earth, and the Earth's climate in general, depend upon its "obliquity," or the 23.5-degree tilt of the Earth's axis relative to its orbit. A change of only a few degrees could cause a permanent ice age. If two planets on neighboring orbits caused large changes in each other's obliquities, then their climates would not be stable.

"We found that the obliquities of the planets in multihabitable systems were not really affected by their close orbits," said Li. "Only in rare instances would their climates be altered in dramatic ways. Otherwise, their behavior was similar to the planets in the solar system."

Another process that the scientists investigated was lithopanspermia—the means by which life-bearing material on one planet can be ejected by meteor impacts and delivered to the surface of another planet. For example, on the Earth more than 100 meteorites of Martian origin have been found. Steffen and Li identified a number of facts that would facilitate the proliferation of life between two planets in a multihabitable system.

First, the energy of the impact needed to get material from one planet to another in a multihabitable system is much less than it is in the



solar system, so microorganisms are more likely to survive the impact itself. Second, the time needed to traverse the interplanetary distance is much smaller. And third, the way that the impact debris travel through space (flowing in streams) implies that it is more likely that material from a single impact could hit the destination planet at multiple locations in relatively rapid succession. This scenario would increase the chances of life gaining a foothold.

"Multihabitable systems could have a microbial family tree with roots and branches simultaneously on two different planets," Steffen noted. "Systems like those that we investigated, and moon systems orbiting a habitable-zone giant planet, are among the few scenarios where life—intelligent life in particular—could exist in two places at the same time and in the same system."

Despite the challenges that life may have in

developing on a planet, it appears that the presence of a nearby companion in the struggle may help. "At least the climate isn't likely to be any worse in multihabitable systems, and the possibility of two planets sharing the biological burden could help the system traverse the inevitable rough times," Steffen said.

You can contact Bob Eklund at: [b eklund@MtnViewsNews.com](mailto:b eklund@MtnViewsNews.com).



## CHRISTOPHER Nyerges

### A QUICK PACK WHEN YOU DON'T HAVE ONE

Nyerges is the author of "How to Survive Anywhere" and other books. He has led wilderness and wild food classes since 1974. He can be reached at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com), or Box 41834, Eagle Rock, CA 90041

It's always best to plan ahead. Carry essential gear, since you never know when you'll need it: knife, firestarter, water, cordage – that sort of thing. Obviously, you also need some sort of pack.

Still, sometimes it happens – you just don't have what you need when you need it. Then you have to get creative, and find some makeshift solutions.

In the case of a day pack, did you know that you can take a pair of pants, or a sweatshirt, or even a button-up shirt and turn it into a day pack?

It's really simple, and all you'll need is some rope or cordage.

Let's use a pair of pants as our example. (Hopefully, you have an extra pair of pants to try this with.)

With a bit of twine, tie off the end of each pant leg.

You should tie it tight.

Pull up the zipper and button the top.

Now fill the pants with whatever you need to carry. Fill the legs with soft material first, since the legs will become your pack straps. Next, fill up the upper part of the pants with whatever it is you need to carry. Try to balance the weight, and don't have any sharp object jutting into the back, just like you do with a normal backpack or day pack.

Next, put a length of twine through the belt loops and cinch it up, and tie it well. Then bring each pant leg up to the waist, and secure the bottom of each pant leg to the waist. That's it!

Go ahead and see how it fits. If the pack straps are too tight, you need to let out a bit of the cord on the pant legs and re-tie the pant legs to the waist.

From this explanation, you can see how easy it would be to turn a sweat shirt into a pack. With the sweatshirt, it's all the same except you begin by taking a bit of cord and tying off the neck. You need to do this very securely, otherwise you will lose things on the trail.

There was one time when I actually needed a pack, and the only extra clothing item was my long sleeved shirt. I took off my shirt and buttoned up the front. I stripped some fibre from some yucca leaves, and tied off the neck. Next, I tied off each cuff.



The pants are filled with items and the waist is tied off. The pants are worn like a pack.

Since I was using this "pack" to collect acorns and pine cones, I first filled the arms with acorns, which I put into a few paper bags to keep them contained. Then I filled the remainder of the shirt with pine cones. I tied off the cuffs, and tied the cuffs to the waist of the shirt, securing it all together. It fit well, but was a bit uncomfortable because of the pine cones. Still, I got home OK and didn't lose any acorns or pine cones.

Since it was already dark by the time I'd hiked home, I was a bit cold wearing only my t-shirt, but not too uncomfortable.

An emergency pack like this can be a saviour in a time of need. When I didn't have a pack at home, I have actually taken an old pair of pants and used them for my "pack" for a day trip. Plus, who says you have to spend nearly \$100 to have a simple day pack?

Although I have seen many variations of this idea over the years, the first time I ever saw it was in one of Ellsworth Jaeger's books, probably "Wildwood Wisdom."



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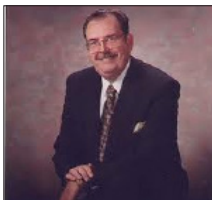
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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



## OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

### DEALING WITH THE CHA CHING SYNDROME

Maybe because I am getting older I am feeling more of the strain of the activity of the season: shopping, which is not my favorite pastime any time of the year. I cannot say that for the other occupant in our usually merry domicile.

If anybody is a shopping queen, the trophy has to go to the Gracious Mistress of the Parsonage. I do not know if she invented shopping. I just know it is in her DNA. In our house, DNA means "Deal Negotiator Authority." If she cannot make a deal, nobody can.

I have discovered something quite disturbing during this time of the year. I call it the Cha Ching Syndrome.

It all came together when my wife came home from one of her shopping sprees very excited about how much money she had saved. If there is a coupon available anywhere, she has it, or knows where to get it.

It hit me one day; how much money did she have to spend to save money?

I first recognized my Cha Ching Syndrome when my wife convinced me to go shopping with her. She caught me by surprise and I could not think of any excuse not to go with her. At least not any excuse she would buy into.

"It will not take too long," she pleaded in such a way that I could not refuse. "I just need someone to help me take the packages out to the car."

"Then," she said with an infectious smile, "we can go and have lunch together. Doesn't that sound like fun?"

How can you possibly argue with that? I could not come up with any legitimate excuse and so I "volunteered" to go with my wife shopping with one qualifying element; she had to take her car. I did not want to use my gas to do something I was not excited about doing.

I had a sinking feeling in my stomach that it would not be my favorite day. A favorite day for me would be staying at home reading one of my favorite books on my favorite easy chair. The word "favorite" can never be associated with going to the mall.

We made it to the mall and my wife knew exactly where to start. I knew where I wanted to go, but I was under strict orders to assist my wife in this shopping extravaganza.

I could not help but notice how many stores there were in this mall. I never knew there were this many stores in the entire world. Where do these stores come from? Who in the world is buying all this stuff to keep the stores operating?

As I looked around, I noticed the mall was crowded with people. I had to be careful so not to be run over or run over anybody. There was such an obsession to buy that I had to be careful not to get in anybody's way. I am ready to die, but I sure do not want to die in a shopping mall. That would be the epitome of blasphemy as far as I am concerned.

"Oh," my wife said gigglingly, "are we going to save money today?"

Then it slowly began to dawn on me. How can you save money in a shopping mall whose only intention is to get as much money out of your wallet as possible?

As we went to the first cashier to pay for our purchases, I heard a faint Cha Ching. I did not think too much of it at the time.

When we came to the second cashier, I heard a little louder, Cha Ching, Cha Ching.

The first one did not get my attention, but this one did. Then we went to the third cashier. Almost booming in my head I heard, Cha Ching, Cha Ching, Cha Ching.

We were getting close to the end of her shopping spree and she said there was one more store she needed to go to. Patiently, and loaded down with packages, I followed her to the last store of the day. Do not ask me which it was, after awhile they all look the same to me.

I felt like I was backed into a corner. We were at the register and my wife looked at me and said very calmly, "Do you have any cash on you? I've used up all mine."

Slowly, I open my wallet, pulled out all the cash I had and with a trembling hand handed it over to her. Cha Ching.

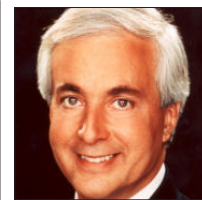
"Thank you," she said, "you helped me save a lot of money today."

All I could hear was Cha Ching echoing in my head and I could barely understand what she was saying. When it was all over my wife saved \$39.14 (Cha Ching) which only cost me \$219.79 (Cha Ching, Cha Ching, Cha Ching).

During our lunch, which I ended up paying for (Cha Ching) all she could talk about was all the money (Cha Ching) she had saved today and had me to thank for it. Sometimes it is best to go along so you can get along.

Paul understood the power of money, he wrote "For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows" (1 Timothy 6:10).

To be obsessed with money is to lose the real value of life.



## PETER FUNT

### GUN VICTIMS NEED MORE THAN PRAYER

The New York Daily News cries "Fire!" so often on its front page that readers are wary of false alarms. But what the News came up with following the shooting rampage in San Bernardino was one of the boldest moves a newspaper could make.

The boxcar headline said: GOD ISN'T FIXING THIS.

Against a grim black background, the paper reprinted tweets from four Republican lawmakers. In separate posts following the bloodbath, each focused on "prayers" – for the victims and their families.

Not that there's anything wrong with that, of course. Indeed, sending "thoughts and prayers" after a tragedy is the decent thing to do – a practice followed by politicians from both parties. It's also the safest thing to do.

The Daily News ran a quasi-editorial summary at the bottom of the dramatic page. It read: "As latest batch of innocent Americans are left lying in pools of blood, cowards who could truly end gun scourge continue to hide behind meaningless platitudes."

Deep breath. The "cowards" the paper called out were Ted Cruz, Lindsey Graham, Rand Paul and Paul Ryan.

The point, driven home in heavy-handed tabloid style, is not a knock on religion. Rather, it's a blast against those who have the power to pass meaningful gun legislation yet refuse to do so – even in the face of one ghastly shooting incident after another.

Following the terrorist attack in Paris, the hashtag #prayforparis turned up quickly on social media and then on billboards across the city. "The terrorists pray, good people think," was an instant response from many in the Twitterverse.

Writing from Paris, columnist Maura Judkis noted, "As #prayforparis spread and was used by people farther and farther from the tragedy, it wasn't long before people began to question the veracity of those prayers, calling out a double standard. If we pray for Paris, many asked, why are we also not praying for the people of Beirut, who suffered losses in an Islamic State attack, or any other place in the world where innocent people die?"

Which brings us back to California, where 14 innocent people died and many others were wounded. Where prayers are welcome, but action should be demanded.

No matter what emerges regarding the two shooters' ties to radical Islamic groups, the availability of guns, especially military-style weapons, must be addressed.

In the words of Pope Francis, "You pray for the hungry, then you feed them. That's how prayer works."

Yet, thanks to the Daily News, the issue of prayer could become an issue in itself. If so, that would be a complete distortion. Prayer isn't the thing, hiding behind prayer is.

When confronted any day now by interviewers and debate moderators asking about the News front page, there are two approaches politicians might take:

(a) There's nothing wrong with prayer! How awful that anyone would use a tragedy to take away not only our right to defend ourselves with guns, but also our right to pray!

Or...

(b) We extend our prayers because we genuinely sympathize and care. But we don't stop there. It's time to cast aside partisan politics and take meaningful action to curb the gun epidemic in America. That's what the victims deserve, along with our prayers.

Peter Funt is a writer and speaker. His book, "Cautiously Optimistic," is available at Amazon.com and CandidCamera.com. © 2015 Peter Funt.

# LEFT TURN/RIGHT TURN

## HOWARD Hays As I See It



*"The language you choose matters. You are not free from the judgement of the consequences of your hate-filled rhetoric."*

- Ilyse Hogue, president of NARAL Pro-Choice America

I spend a good part of my "day job" in my car. A week ago Friday, rather than

tuning in to whatever NPR station was coming in as I usually do, I kept it on KNX. I couldn't leave the breaking coverage of the shootings at the Planned Parenthood clinic in Colorado Springs.

What struck me early on were statements, I believe attributed to local police, that the shootings were unconnected to the clinic itself; not that there wasn't yet evidence of a connection, but that there simply wasn't a connection – period. The narrative became that the shooting likely started somewhere else, with the shooter happening into the clinic while fleeing.

Fox News latched onto comments from a witness at a nearby nail salon, who seemed to recall the incident as having begun at the Chase Bank next door – with the story then becoming that of a "bank robbery gone wrong". Though Chase soon tweeted it wasn't involved, the right-wing blogosphere breathed a sigh of relief and ran with this new narrative, anyway. While a shooter remained on the loose with unknown numbers of casualties and of those still in danger, they blogged and tweeted high-fives to each other, celebrating that pro-choicers might yet be denied a potential talking-point.

As reports confirmed fatalities, including that of at least one police officer, the right was busy ridiculing the "liberal spin machine" for suggesting it was an attack on Planned Parenthood. Jonah Goldberg joked, "Shooting at a bank? Has anyone blamed Bernie Sanders for his extreme rhetoric yet?" From Fox News contributor Erick Erickson, "(the) Left upset the only people dying at Planned Parenthood today are babies." As more information came out, Erickson deleted his tweet – but later compared Planned Parenthood president Cecile Richards to Joseph Mengele.

The shooter, Robert Dear, reportedly told arresting officers, "No more baby parts" in suggesting a motive for his actions. This recalled those bogus videos of last summer alleging Planned Parenthood's illegal sale of fetal tissue – allegations state and federal investigations showed to be a lie. More specifically, it recalled the rhetoric used by the right wing in referring to those videos. GOP contenders Mike Huckabee, Carly Fiorina and Donald Trump went on news shows the day after to condemn the shootings, but then repeated the lie about selling "body parts" that apparently motivated it (while Fiorina described suggesting such motivation as "typical left-wing tactics").

Fiorina also lied that "the vast majority of Americans are prepared . . . to defund Planned Parenthood." According to a recent USA Today poll, less than a third would support cutting off funds.

Last August, the month after the videos came out, Sen. Marco Rubio (R-FL) declared that "what's happening at Planned Parenthood . . . is atrocious, it's grotesque, it's barbaric" and that it's time for

people to get "fired up." Sen. Ted Cruz (R-TX) took it further, describing on the Senate floor how we "treat children like agriculture, to be grown and killed for their body parts, to be sold for profit."

Some questioned the likelihood of prosecuting a terrorism charge against Robert Dear, because of the difficulty in establishing motive with a guy dismissed as some delusional, mentally-unstable recluse. The day after the shootings, however, the Washington Post quoted an official who described the incident as "definitely politically motivated", with NBC News reporting that Dear brought up President Obama with investigators, as well.

Two days after the shootings, Sen. Ted Cruz (R-TX) offered his own assessment of Dear as "a transgendered leftist activist", and complained about "the vicious rhetoric on the left blaming those who are pro-life." For his part, Dr. Ben Carson blamed extremism on "both sides". (Responding to the videos, Carson reminded a radio host that "the whole purpose" behind Planned Parenthood "was trying to eliminate black people".)

According to the National Abortion Federation, it's not a matter of "both sides". Since the late 1970s through last year, there have been eight murders and 17 attempted murders of abortion providers, 42 clinic bombings and 182 arsons. But according to NAF president Vicki Saporta, the "intensity and volume" since those videos were released is "unprecedented . . . calling clinics and making threats to murder all the doctors or to wipe out all the staff."

National Abortion Rights Action League vice president Sasha Bruce agrees, "This isn't something new, but it's definitely been notable since the summer with these videos. What's notable is the intensity and the level of these attacks. It is not common that you hear about three arsons in a row" (New Orleans, LA, Pullman, WA and Thousand Oaks, CA)

Ilyse Hogue, quoted above, addressed the creator of those videos in a Facebook post: "Sorry, David Daleiden. You don't get to create fake videos and accuse abortion providers of 'barbaric atrocities against humanity' one day and act shocked when someone shoots to kill in those same facilities the next."

Writing in Salon, Heather Parton suggested that "The fact (Robert Dear) is reported to have used the same rhetoric as mainstream politicians should give those politicians some pause. In fact, they should have paused before they cynically dispersed these hoax videos and exploited them for political gain."

After the shootings, I heard a radio interview with an OB-GYN practitioner working out of a clinic in the Washington, D.C. area. She described how, in addressing her own security concerns, she'd periodically google her own name to find personal details – home address, medical credentials, etc. – on threatening websites. What concerned her most was finding pictures and personal details of her young daughter, as well.

But, as Parton noted, such websites are no longer necessary to push some madman over the edge; "They can just tune in to a Republican presidential debate".

## DICK Polman

### FEAR NOT, TRUMP WILL STILL CRASH AND BURN



Month after month, execrable bullhorn artist Donald Trump remains perched atop the polls, and there's growing concern that the guy might actually win the nomination. Various super PACs allied with the party establishment keep threatening to bomb him with ad campaigns, and Republican regulars are freaking out at the prospect of an autumn 2016 debacle that features landslide losses in every voter category except celebrity-besotted angry white people. But fear not, Republicans. There still seems to be a firm ceiling on Donald Trump's detestable appeal. I've long felt that he'll fade when the game truly gets serious — when voters start paying close attention and seek to get the maximum value for their ballot. I'm happy (and relieved) to report that two smart, sane political observers are saying much the same.

The number-crunching Nate Silver reports what's so often overlooked: Trump's first-place status is far weaker than it seems, because most likely Republican voters have barely tuned in yet. Trump is on top, for now, mostly because people know who he is and the media magnifies whatever emanates from his big mouth. "Right now," Silver points out, "he has 25 to 30 percent of the vote in polls among the roughly 25 percent of Americans who identify as Republican. That's something like 6 to 8 percent of the electorate overall, or about the same share of people who think the Apollo moon landings were faked."

Silver reminds us that most of the current surveys "cover Republican-leaning adults or registered voters, rather than likely voters." He also notes it's still too early to query likely voters, because "if past nomination races are any guide, the vast majority of eventual Republican voters haven't made up their minds yet."

Silver looked at the exit polls for the last four competitive Iowa caucuses — the Democrats in 2004 and 2008, and the Republicans in 2008 and 2012 — and found that 65 percent of the voters made up their minds during the final month. And in the last four competitive New Hampshire primaries, 71 percent of the voters made up their minds during the final month.

Which brings us to David Greenberg, an historian based at Rutgers, who points out that early polls, conducted one year away from the general election, have traditionally given us only "fleeing impulses of an electorate that remains overwhelmingly disengaged." And when pollsters query people who are disengaged, the respondents tend to gravitate to the candidates they've heard of. As Greenberg notes, "Many people who are actually undecided . . . will cough up a name when a poll-taker calls and prompts them." Right now, Greenberg writes, "only about 10 to 20 percent of voters are tracking the campaign closely. Normal people tend to tune out the arcane, minute developments that the Twitterati are quick to label game-changers. Believe it or not, they have better things to do."

So, here are past samplings of the disengaged electorate: One year away from the 1976 election, the Democratic frontrunners was Ted Kennedy. One year from the 1988 election, the Democratic frontrunner was Jesse Jackson. One year from the 1992 election, Democratic voters wanted Mario Cuomo. One year from the 2004 election, the Democratic fave was Howard Dean; before Dean, it was name-recognition favorite Joe Lieberman. One year from the 2008 election, the Republican frontrunner was Rudy Giuliani. The early autumn Republican favorite, one year from the 2012 election, was pre-oops Rick Perry.

Could Trump be the exception? Conceivably. But all told, Silver rates Trump's nomination prospects at "considerably less than 20 percent."

Of course, it would greatly aid humanity if the Republicans could begin to coalesce around a relatively sane Trump alternative. (Jeb Bush? John Kasich? Even Chris Christie?)

The longer the vacuum persists, the higher the odds of Trump filling it.

Dick Polman is the national political columnist at NewsWorks/WHYI in Philadelphia ([newsworks.org/polman](http://newsworks.org/polman)) and a "Writer in Residence" at the University of Philadelphia. Email him at [dickpolman7@gmail.com](mailto:dickpolman7@gmail.com).

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## PODLEY PROPERTIES' EXECUTIVE SUMMARY

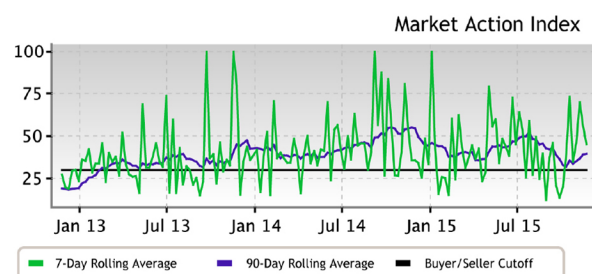
### This Week

The median list price in SIERRA MADRE, CA this week is \$1,188,000.

Inventory has been lightening lately and the Market Action Index has been trending up. Though days-on-market is increasing, these are mildly positive indications for the market.

### Supply and Demand

While the Market Action Index shows some strengthening in the last few weeks, prices have settled in a bit of a plateau. We currently in a Seller's market so prices will likely resume their climb should this trend persist.



### Quartiles

Quartile	Median Price	Sq. Ft.	Lot Size	Beds	Baths	Age	Inventory	New	Absorbed	DOM	
Top/First	\$ 1,665,250	3396	0.25 - 0.50 acre	4.0	3.0	50	4	0	1	121	Most expensive 25% of properties
Upper/Second	\$ 1,365,000	2702	0.25 - 0.50 acre	3.0	3.0	66	5	2	0	57	Upper-middle 25% of properties
Lower/Third	\$ 1,089,000	1967	0.25 - 0.50 acre	3.0	2.0	86	5	1	1	106	Lower-middle 25% of properties
Bottom/Fourth	\$ 798,000	1647	4,501 - 6,500 sqft	3.0	2.0	69	5	0	1	69	Least expensive 25% of properties

#### Characteristics per Quartile

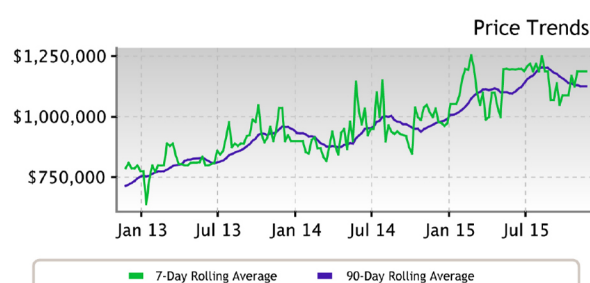
Investigate the market in quartiles - where each quartile is 25% of homes ordered by price.

Real-Time Market Profile		Trend
Median List Price	\$ 1,188,000	↔
Asking Price Per Square Foot	\$ 498	↕
Average Days on Market (DOM)	87	↑
Percent of Properties with Price Decrease	32 %	
Percent Relisted (reset DOM)	16 %	
Percent Flip (price increased)	5 %	
Median House Size (sq ft)	2232	
Median Lot Size	0.25 - 0.50 acre	
Median Number of Bedrooms	3.0	
Median Number of Bathrooms	2.0	
Market Action Index	Seller's Advantage	39.5 ↑

↔ No change    ↑↑ Strong upward trend    ↓↓ Strong downward trend  
↑ Slight upward trend    ↓ Slight downward trend

### Price

The market seems to have paused around this plateau. The Market Action Index is a good leading indicator for the durability of this trend.



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