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SATURDAY, JANUARY 2, 2016

VOLUME 10 NO. 1

ROLLIN' ON THE RIVER MAKES A SPLASH!

Sierra Madre Rose Float Association Entry Wins Rose Parade's Animation Award



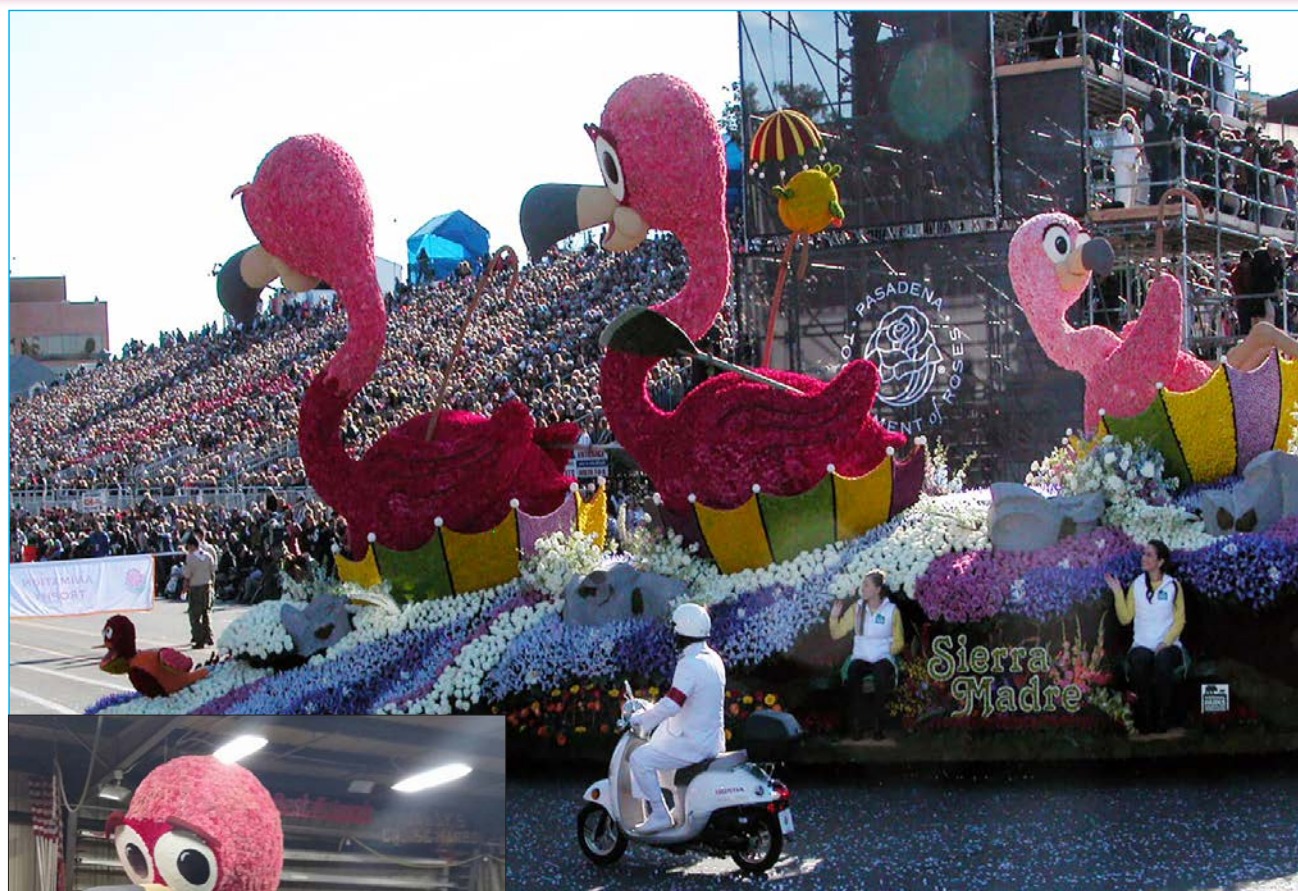
Photos by Dean Lee/MVNews

For the 10th time in the last 11 years, the Sierra Madre Rose Float Association has won another award in the Tournament of Roses Parade. The float, "Rollin' On The River, based on the concept submitted by Richard Burrow, won the Animation Award, capturing the attention of more than 700,000 parade watchers with its 'wild and crazy flamengoos and umbrellas as they 'rowed' down the parade route.

Riding on the float greeting spectators were SMRFA Princesses Emily Lopez, Alverno High School, Cameron Martinez, Alverno High School, Kari Savoie, Flintridge Sacred Heart Academy and Katie Stapenhorst, Polytechnic School.

RECENT SMRFA TROPHIES

- 2006 - "The Wander of Reading"
The Founders Banner Trophy
- 2007 - "Our Wonderful Wistaria"
Lathrop K. Leishman Trophy
- 2008 - "Valentine's Day"
Princesses Trophy
- 2009 - "Bollywood Dreams"
Lathrop K. Leishman Trophy
- 2010 - "California Girls"
Governor's Trophy
- 2011 - "Suenos de California"
Governor's Trophy
- 2013 - "The Sky's The Limit"
Isabella Coleman Trophy
- 2014 - "Catching The Big One"
The Mayor's Trophy
- 2015 - "I Think I Can"
The Mayor's Trophy
- 2016 - "Rollin' On The River"
Animation Trophy



Congratulations and thanks are in order for all of the hard working volunteers who spent countless hours painstakingly painting, gluing and placing millions of seeds and flowers on the float. Preparations for the float began in early 2015. Special congratulations and thanks go to veteran volunteers and SMRFA leaders President Dave Colcher and his wife Bonne, Kay and Dick Sappington, Barbie Bevington, and Donna Sutcliff (partial listing).

So what's next for this award winning organization? Breaking down the train after a brief stop in Kersting Court and beginning work on the 2017 entry.

S. Henderson/MVNews

More float photos on Page 5.

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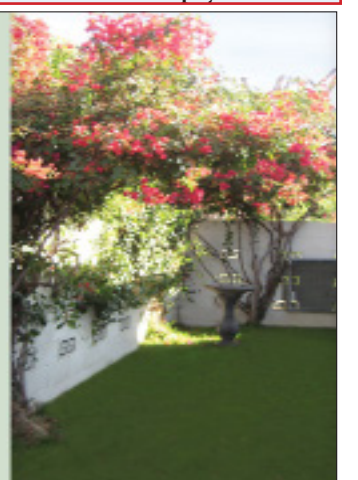
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Weather Wise

6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 60s	Lows 40s
Mon:	Cloudy	Hi 60s	Lows 50s
Tues:	Rain	Hi 50s	Lows 40s
Wed:	Rain	Hi 50s	Lows 40s
Thur:	Rain	Hi 50s	Lows 40s
Fri:	Rain	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, January 12, 2016
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, January 12, 2016 - 6:30 pm



The final agenda and staff reports will be available online no later than Friday night. Enter the date "10/13/2015" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings and Events

Monday, January 4, 2016, 3:00PM
Senior Master Plan Committee Meeting

Thursday, January 7, 2016, 12:00PM
Coordinating Council

Thursday, January 7, 2016, 3:00PM
Senior Community Commission Meeting

Thursday, January 7, 2016, 7:00PM
Planning Commission Meeting

Tuesday, January 12, 2016, 6:30PM
City Council Meeting

Planning & Community Preservation and Public Works
Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

SIERRA MADRE 2015 HOLIDAY CLOSURE SCHEDULE

Sierra Madre, CA. – December 9, 2015 - Sierra Madre City Hall will be closed beginning at 12:30pm on December 24, 2015 reopening on January 4, 2016. The Sierra Madre Public Library will close at 2:00pm and the Hart Park House Senior Center will close at 2:30pm on December 24th and will also reopen on January 4, 2016. Administrative service workers, with the exception of emergency personnel, will be off-duty in observance of the upcoming holiday season.

Residents are encouraged to take advantage of the City's online services during this period. Many of the services performed at City Hall, including payments and applications, are also available online through the City's website. Residents can conveniently manage their water bill, register for Community Services activities, reserve public facilities, check out online library books, and apply for select permits without interruption this holiday season.

All City offices and buildings will resume normal business hours on Monday, January 4, 2016.

For more information about online services, please visit the City's website at: www.cityofsierramadre.com.

WASTE & RECYCLING SERVICES

Disposal of Bulky and Hard To Handle Items

Athens Services encourages reuse and donation of bulky items whenever possible. Bulky waste includes large items that do not fit into barrels or bins such as: water heaters, furnaces, bed springs, mattresses, dressers, couches, washers, dryers, stoves, tables, chairs, refrigerators, freezers, air conditioners, or patio furniture. These items are to be placed at the curbside (not in the street) for pick-up on your regular trash collection day.

To schedule a pick up please call Athens Services at (855) 557-1007.

VERY IMPORTANT: PLEASE REMOVE OR SECURE ALL APPLIANCE DOORS TO PROTECT CHILDREN.

CHRISTMAS TREE RECYCLING - TREES are 100% recyclable!

Athens Services collects holiday trees on your normal pickup days from the day after Christmas through the second week of January each year. Trees are delivered to various landfills to be used as mulch or cover material, or to Athens American Organics composting facility in Victorville.

Tips to ensure collection of your Christmas tree:

- Remove stands, ornaments, lights and tinsel. Place Christmas trees next to your regular trash containers. Trees over 6 feet in length must be cut in half. Trees with flocking or fire retardants ARE acceptable.
- If you miss the date for recycling, please cut up your tree and place it in your yard waste container(s).
- Please help keep our parks clean and safe during the holidays. If you see anyone illegally dumping Christmas trees in city parks, please call the Sierra Madre Police Department.

Leonara Moss

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SHARE SOME GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtnviewsnews.com. It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/Publisher MVNews



NOMINATE THE CITIZEN OF THE YEAR!

The Sierra Madre Chamber of Commerce is seeking nominations for the 2015 Citizen of the Year. To be eligible, a person must be a resident of Sierra Madre. The accomplishment(s) or project(s) for which they are being nominated must have been of benefit to the community of Sierra Madre and its citizens during 2015. They must have served without remuneration on the project for which they are being nominated, and members of the Chamber of Commerce Board of Directors are not eligible.

If you would like to nominate someone, nomination forms are available at www.sierramadrechamber.com.

You can also pick up nomination forms at the Chamber office, City Hall, the Library, and the Recreation Center. Completed forms should be mailed to the Sierra Madre Chamber of Commerce, 19 Suffolk Ave., Ste. A, Sierra Madre, 91024 by January 4, 2016.

The winner will be selected by members of the Chamber Board and will be honored at the annual ceremony to be held in January 30, 2016.

TICKETS TO THE 46TH ANNUAL WINE AND CUISINE TASTING BENEFIT ON SALE NOW

The event will be held on Friday evening, February 19, 2016, from 7:00-9:30pm at Alverno's historic Villa del Sol d'Oro, located at 200 N. Michillinda Avenue, Sierra Madre, and will be an elegant affair featuring more than two dozen vintners providing superb wines and local restaurants offering creative food and desserts.

Tickets to the premier event are \$80 and allow early admission at 6:00 pm. Those at the premier event will enjoy a variety of wines from Giesen Wines, New Zealand, and delectable hors d'oeuvres from local Pasadena restaurateur and award winning chef, Claud Beltran of Claud & Co. Catering, The Eatery, and Bacchus' Kitchen. A chance to win a very unique wine basket will be offered again this year. Tickets to the main event are \$60 and provide admission at 7:00 pm. Both will be on sale, beginning mid-December, at the Sierra Madre Public Library, The Bottle Shop, Savor the Flavor, and Arnold's Frontier Hardware & Gifts, as well as currently on line at <https://www.eventbrite.com>.

The Benefit is sponsored by the Friends of the Sierra Madre Library, an all-volunteer organization dedicated to supporting our community Library. All funds received from this event support the Sierra Madre Library. For more information about the event or Friends of the Sierra Madre Library visit our website at www.sierramadrelibraryfriends.org

BEWARE: TAX SCAMS ARE INCREASING

IRS-Impersonation Telephone Scam

An aggressive and sophisticated phone scam targeting taxpayers, including recent immigrants, has been making the rounds throughout the country. Callers claim to be employees of the IRS, but are not. These con artists can sound convincing when they call. They use fake names and bogus IRS identification badge numbers. They may know a lot about their targets, and they usually alter the caller ID to make it look like the IRS is calling.

Victims are told they owe money to the IRS and it must be paid promptly through a pre-loaded debit card or wire transfer. If the victim refuses to cooperate, they are then threatened with arrest, deportation or suspension of a business or driver's license. In many cases, the caller becomes hostile and insulting.

Or, victims may be told they have a refund due to try to trick them into sharing private information.

If the phone isn't answered, the scammers often leave an "urgent" callback request.

Note that the IRS will never: 1) call to demand immediate payment, nor will the agency call about taxes owed without first having mailed you a bill; 2) demand that you pay taxes without giving you the opportunity to question or appeal the amount they say you owe; 3) require you to use a specific payment method for your taxes, such as a prepaid debit card; 4) ask for credit or debit card numbers over the phone; or 5) threaten to bring in local police or other law-enforcement groups to have you arrested for not paying.

For more details on this ongoing scam, see:

IR-2014-105, Scam Phone Calls Continue; IRS Unveils New Video to Warn Taxpayers

Special Edition Tax Tip 2014-18, Five Easy Ways to Spot a Scam Phone Call

IR-2014-84, Scam Phone Calls Continue; IRS Identifies Five Easy Ways to Spot Suspicious Calls

IR-2014-81, IRS Repeats Warning about Phone Scams

Special Edition Tax Tip 2014-17, IRS Updates Phone Scams Warning

IR-2014-53, IRS Reiterates Warning of Pervasive Telephone Scam

Special Edition Tax Tip 2014-10, IRS Renews Phone Scam Warning

IR-2013-84, IRS Warns of Pervasive Telephone Scam

Email Phishing Scam: "Update your IRS e-file"

The IRS has been alerted to a new email phishing scam. The emails appear to be from the IRS and include a link to a bogus web site intended to mirror the official IRS web site. These emails contain the direction "you are to update your IRS e-file immediately." The emails mention USA.gov and IRS.gov (without a dot between "IRS" and "gov"), though notably, not IRS.gov (with a dot). Don't get scammed. These emails are not from the IRS.

Taxpayers who get these messages should not respond to the email or click on the links. Instead, they should forward the scam emails to the IRS at phishing@irs.gov. For more information, visit the IRS's Report Phishing web page.

The IRS does not initiate contact with taxpayers by email to request personal or financial information.

Tax Scams

Don't fall victim to tax scams. Remember — if it sounds too good to be true, it probably is.

Some of the other recent scams the IRS has seen include:

IR-2014-39, IRS Warns of New Email Phishing Scheme Falsely Claiming to be from the Taxpayer Advocate Service

IR-2014-16, IRS Releases the "Dirty Dozen" Tax Scams for 2014; Identity Theft, Phone Scams Lead List

IR-2014-5, Watch Out for Tax Scams as Filing Season Opening Nears

IR-2013-90, IRS Warns Consumers of Possible Scams Relating to Relief of Typhoon Victims

IR-2013-33, Don't Fall Prey to the 2013 Dirty Dozen Tax Scams

IR-2012-23, IRS Releases the Dirty Dozen Tax Scams for 2012

IR-2011-73, IRS Urges Taxpayers to Avoid Becoming Victims of Tax Scams

IR-2011-39, Don't Fall Prey to the 2011 Dirty Dozen Tax Scams

Education is the best way to avoid the pitfalls of these "too good to be true" tax scams. For more information, see:

Tax Scams — How to Report Them
- Criminal Investigation's - Tax Fraud Alerts

Phony Arguments

No matter how some things are sliced, they're still baloney. If someone tells you that you don't have to pay taxes, check out The Truth About Frivolous Tax Arguments. This IRS.gov exclusive addresses some of the more common false legal arguments made by those opposed to compliance with the federal tax laws. Each contention is briefly explained, followed by a discussion of the legal authority that rejects the contention. The second section deals with frivolous arguments encountered in collection due process cases. The final section illustrates penalties imposed on those pursuing frivolous cases.

Continued on page 3

YOUR AD COULD BE HERE!

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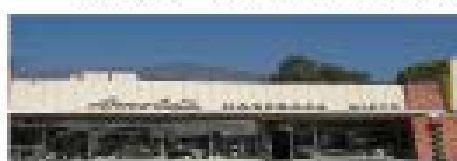


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Walking Sierra Madre...The Social Side

by Deanne Davis

"Write it on your heart that every day is the best day in the year."

Ralph Waldo Emerson

"Let our New Year's resolution be this: We will be there for one another as fellow members of humanity in the finest sense of the word."

Goran Persson

It's 2016. Already? Our snowman in Kersting Court is still there, sort of. He'd lost his head when we went by this morning but was still wearing his scarf. It's been so cold he's hung around longer than usual. Stopped in at the Rose Parade Float barn to find the place was one busy beehive with workers lined up to get assignments, folks painting and gearing up to glue on the flowers. Here's what our big pink flamingoes look like today. We'll be winning another prize this year for sure! Our Rose Parade folks are amazing.

Looking back over the past year, we think it was pretty good. Hope yours was, too. We went to more baby events and children's birthday parties than funerals and we've learned to love the Chuck E. Cheese birthday party, with pizza and soft drinks for the kids. We parents and grandparents take thousands of pictures, have a great time and then go out to lunch someplace good that has cocktails. Besides, if your little person has their party at Chuck E. you don't have to clean house either before or after. No downside at all! Just saying....

"Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties." Helen Keller

Many people like to start their New Year's with black-eyed peas, a Southern tradition for good luck and prosperity, but my family likes to kick off the New Year with Split Pea Soup. Easy to make, do it ahead of time, and you can make enough to keep hungry teen-agers happy all day long. You can double and triple this recipe with great success, if your pot is big enough.

Split Pea Soup

1 package split peas (these are found in the market aisle where rice, noodles, beans, etc. are located)
4 ham hocks (usually packaged 2 to a package in the meat section) or a ham shank, or the ham bone left over from Christmas.
3 medium-size onions



6-7 good size carrots (or a package of baby carrots)
1 good size bunch of celery
Salt
Pepper

Split pea soup is an opportunity to creatively express yourself. There are few rules, just a few suggestions:

Get a really large pot and put the ham hocks or the ham bone in the bottom of the pot. Throw the peas on top of that, followed by the onions, carrots and celery which you've washed and cut into big chunks. Cover all this with water, or a combination of water and chicken broth. Say about 8-10 cups of water. Season with salt and pepper and whatever else you like. If you're partial to thyme, put some in there. Or Mrs. Dash.

Cover your pot and put in the oven at about 300 degrees. Leave it in there for about six hours, or till the peas have become very tender. Take it out and let the mixture cool to where you can handle it without burning yourself. Take out the ham hocks or ham bone and set them (it) aside.

Assemble your blender and blend your lukewarm soup/veggie mixture into a smooth puree. Put this into a large container with a cover, like your crock pot. When all your soup is pureed, remove whatever meat is on your ham hocks or ham bone, tossing out all fat and other non-meaty parts and put the meat into your soup. Refrigerate. et it sit for a day or so to develop flavor, reheat it and stand back so the hungry relatives don't run over you as they rush to grab a bowl of the best split pea soup anywhere. You could make some cornbread or corn muffins to go with your soup and everyone who has some will love you forever.

Happy New Year, dear Walking Sierra Madre friends. Hope to see you out and about in 2016.

Check out my book page on Amazon.com: DeanneDavis@Amazon.com

You might like my blog, too:
www.authordeanne.com

SCAMS

(Continued from page 2)

V IR-2014-51, IRS Debunks Frivolous Tax Arguments, includes numerous recently decided cases that demonstrate that the courts continue to regard such arguments as illegitimate.

IR-2011-23, IRS Debunks Frivolous Tax Arguments, highlights the issue and possible penalties.

IR-2004-41 describes the increasingly strong penalties the courts have imposed from March 2003 to March 2004 on taxpayers who pursued frivolous cases to delay IRS collection actions.

IR-2003-28 details penalties the Tax Court imposed from April 2001 until early March 2003 for making frivolous Collection Due Process arguments.

Identity Theft Scams

The IRS has issued several consumer warnings about the fraudulent use of the IRS name or logo by scamsters trying to gain access to consumers' financial information in order to steal their identity and assets. Scamsters will use the regular mail, telephone, fax or email to set up their victims. When identity theft takes place over the Internet (email), it is called phishing.

The IRS does not initiate taxpayer communications through email. Unsolicited email claiming to be from the IRS, or from an IRS-related component such as EFTPS, should be reported to the IRS at phishing@irs.gov. Additionally, clicking on attachments to or links within an unsolicited email claiming to come from the IRS may download a malicious computer virus onto your computer.

Learn more about identity theft.

Learn how to protect your personal information.

You may also report instances of IRS-related phishing attempts and fraud to the Treasury Inspector General for Tax Administration at 1-800-366-4484.

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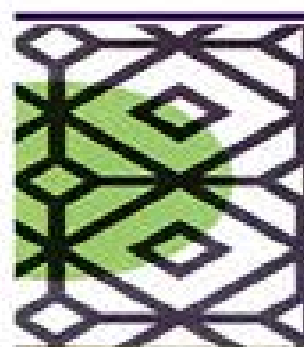
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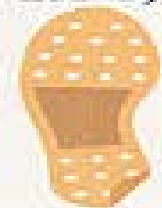


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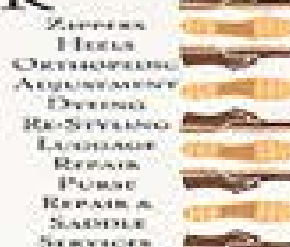
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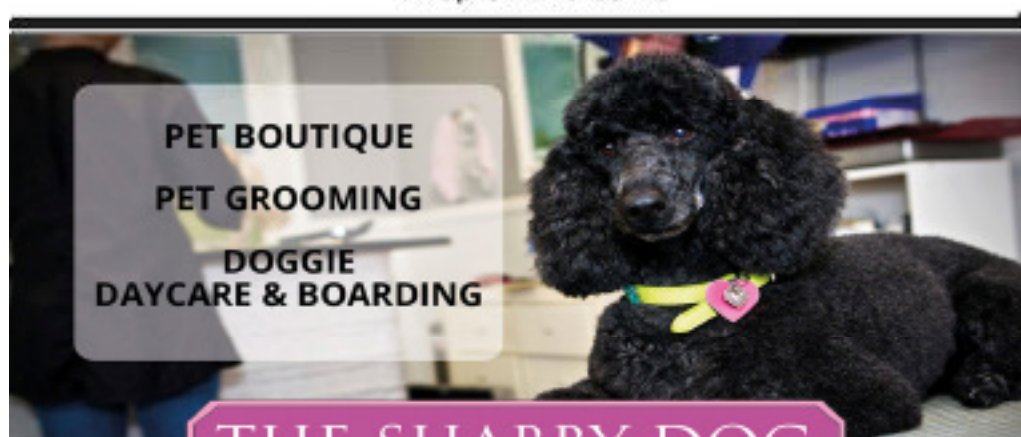


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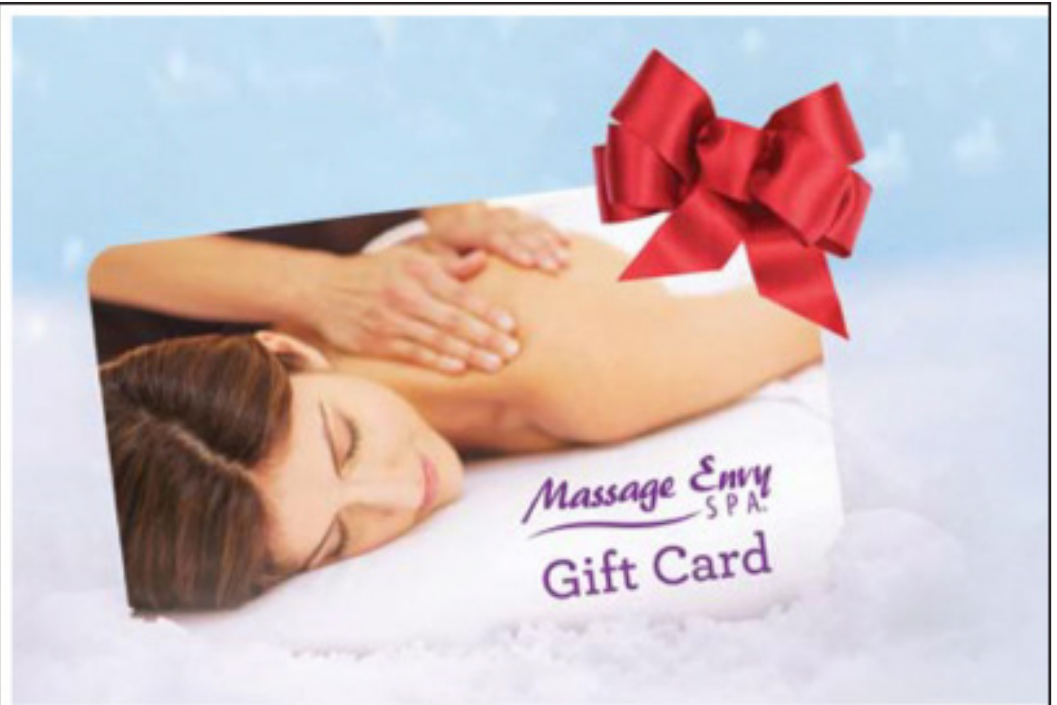


Clockwise Top left to right: The early formation of the Floats shell (SMRFA). Next, the finished product on the parade route (Lee/MVN). Above left, T Shirt sales help build the float as volunteers (center) begin the process of placing flowers on the float. A quick assessment of the process (above right).

Volunteers painstakingly attach every seed, every bud, every flower (left) and in the end you have the remarkable masterpiece that Sierra Madre is so very proud of.

When it comes to producing a winner, it truly "takes a village".

Thanks are also extended to the local restaurants, businesses and organizations that provided food for the volunteers at the float barn.



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SMALL BUSINESS SATURDAY NOVEMBER 28, 2015

NEW CALIFORNIA LAWS EFFECTIVE JANUARY 1, 2016

VACCINES

One of 2015's fiercest fights was over SB 277, which was introduced in the wake of a measles outbreak at Disneyland and requires full vaccination for most children to enroll in school. Schools will begin vetting students to ensure they have their shots in July, before the 2016-2017 school year begins.

SEARCH WARRANTS

Arguing our privacy laws lag behind our technology, lawmakers passed SB 178 to require search warrants before law enforcement can obtain your emails, text messages, Internet search history and other digital data.

BALLOT FEES

Thinking of filing a ballot initiative? You'll need more cash. AB 1100 hikes the cost of submitting a proposal from \$200 to \$2,000, which supporters called a needed screen to discourage frivolous or potentially unconstitutional proposals.

GROCERY JOBS

When grocery stores get new owners, AB 359 requires the stores to retain employees for at least 90 days and consider keeping them on after that period ends. While workers can still be dismissed in that window for performance-related reasons, the labor-backed bill seeks to protect workers from losing their jobs to buyouts or mergers.

REPRODUCTIVE SERVICES

AB 775 requires any licensed facility offering pregnancy-related services to post a sign advertising the availability of public family planning programs, including abortions. It is aimed at so-called "crisis pregnancy centers," which pro-abortion rights critics assail for pressuring women into carrying their pregnancies to term.

CHEERLEADERS

Cheerleaders who root on professional athletes will be treated as employees under California law, with the accompanying wage and hour protections, under AB 202. Assemblywoman Lorena Gonzalez, D-San Diego, who carried the bill, was a Stanford cheerleader.

TESTING

High school seniors will no longer need to take a long-standing exit exam to graduate, thanks to SB 172. The bill lifts the requirement through the 2017-2018 school year and also applies retroactively to 2004, meaning students who have completed all the other graduation requirements since then can apply for diplomas.

GUNS ON CAMPUS

Concealed firearms are barred from college campuses and K-12 school grounds under SB 707, which the California College and University Police Chiefs Association sponsored as a public safety corrective.

EQUAL PAY

SB 358 seeks to close the stubborn gap between men and women's wages by saying they must be paid the same for "substantially similar work," an upgrade over the current standard, and allowing women to talk about their own pay and inquire about the pay of others without facing discipline. While California already requires equal pay for equal work, women still consistently make less.

SEX ED

Student participation in sexual education courses is currently voluntary. AB 329 would make the courses mandatory unless parents specifically seek an opt-out and would update curricula to include, for example, more information about HIV and the spectrum of gender identity.

YES MEANS YES

As long as their school districts require health classes to graduate, SB 695 will ensure high school students learn about the "yes means yes" standard of consent to sexual acts. In other words, students will learn they should be getting explicit approval from partners.

TOY GUNS

Realistic-looking airsoft guns will need to have more features that distinguish them as toys, like a fluorescent trigger guards, thanks to SB 199. Advocates said it would help law enforcement avoid tragic mistakes when making split-second decisions, pointing to the 2013 case of a Santa Rosa boy fatally shot by Sonoma County deputies who mistook his toy gun for the real thing.

GUN RESTRAINING ORDERS

Passed last year in response to a troubled young man shooting and killing multiple people in Isla Vista, AB 1014 allows family members to obtain a restraining order temporarily barring gun ownership for a relative they believe to be at risk of committing an act of violence.

RAPE KITS

AB 1517 prods law enforcement to more quickly process so-called "rape kits," the forensic evidence collected from sexual assault crime scenes. While the bill doesn't mandate anything, it encourages law enforcement agencies to send evidence to crime labs sooner and urges crime labs to analyze the data and upload it into a DNA database in a shorter time frame.

BREW BIKES

People rolling around midtown Sacramento on beer bikes could get a little tipsier under SB 530. The measure allows alcohol to be consumed on board the multi-person vehicles, which currently travel between different bars but don't allow imbibing in between, as long as the city authorizes it. The city of Sacramento is working on updating its pedicab ordinance to reflect the new law.

CHARITY RAFFLES

Professional sports fans could bring home big prizes thanks to SB 549, which authorizes in-game charity raffles allowing the winner to take home 50 percent of ticket sales. That's a change from the current system, which permits charity raffles only if 90 percent of the proceeds go to the cause.

PEDESTRIAN COSTS

AB 40 ensures pedestrians and cyclists won't have to pay tolls on Bay Area bridges like the Golden Gate. While no such tolls yet exist, lawmakers were responding to a proposal to raise money with a Golden Gate Bridge fee.

BACK WAGES

If an employee doesn't get paid what they are owed, SB 588 allows the California Labor Commissioner to slap a lien on the boss's property to try and recoup the value of the unpaid wages. This was a slimmed-down version of a prior, unsuccessful bill that was pushed by organized labor but repudiated by business interests – the key difference being that the commissioner, not workers, files the liens.

FRANCHISES

Another bill whose earlier labor-backed, business-opposed version was softened in the name of compromise, AB 525 modifies the relationships between individual franchise business owners and the larger parent company by changing the rules for when the parent company can terminate or refuse to renew a franchise agreement and how the franchise owner can sell or transfer the store.

TRANSPORTATION COMPANIES

The steady drip of new regulations on companies like Uber and Lyft continued with AB 1422, which requires such businesses to give the California Department of Motor Vehicles access to driver records by participating in the agency's pull notice program.

AIR REGULATIONS

After a sweeping climate bill spurred objections from lawmakers about the clout of the unelected California Air Resources Board, AB 1288 offered a concession by creating two new spots on the regulator's board, to be appointed by the Legislature.

Read more here: <http://www.sacbee.com/news/politics-government/capitol-alert/article51702105.html#storylink=cpy>

DMV REMINDS MOTORISTS OF NEW 2016 LAWS

Sacramento - With the New Year just around the corner, the California Department of Motor Vehicles (DMV) wants to inform the public of several new laws or changes to existing law that, unless otherwise noted, take effect on January 1, 2016. The following are summaries of some transportation-related laws coming into effect.

Driving Under the Influence (SB 61, Hill): This law extends the existing Ignition Interlock Device (IID) pilot project to July 1, 2017 for, Alameda, Los Angeles, Sacramento, and Tulare counties. The IID pilot project requires a person convicted of a DUI to install an IID for five months upon a first offense, 12 months for a second offense, 24 months for a third offense, and 36 months for a fourth or subsequent offense. The project was originally set to end on January 1, 2016.

Traffic Amnesty (SB 405, Hertzberg): Among other things, this law amends the criteria for a person to be eligible for the traffic citation amnesty program. The traffic amnesty program was approved through the 2015/16 Budget Act. A person is eligible for the traffic amnesty program if he or she has not made any payments after September 30, 2015, to a collection program for fines or bail already due. The law also indicates that payment of bail, fines, penalties, fees, or a civil assessment is not required in order for the court to remove the civil assessment of up to \$300 against any defendant who fails, after notice and without good cause, to appear in court.

Earbuds or Headsets (SB 491, Transportation Committee): This law, among other things, makes it unlawful to wear a headset covering, earplugs in, or earphones covering, resting on, or inserted in, both ears, while operating a motor vehicle or a bicycle. This prohibition does not apply to persons operating authorized emergency vehicles, construction equipment and refuse or waste equipment while wearing a headset or safety earplugs.

Pedal-Powered Vehicles (SB 530, Pan): This law expands the definition of pedicab to include a four-wheeled device that is pedal-powered, has a seating capacity for eight or more passengers, cannot travel in excess of 15 miles per hour, and is being used for transporting passengers for hire. This law sets requirements related to local authorization, operator qualifications and training, financial responsibility, accident reporting, safety equipment, and inspections. The law establishes rules and standards for pedicabs that allow passengers to consume alcohol on board, if authorized by local ordinance or resolution

Consumer Protection - Starter Interrupt Warning (AB 265, Holden): This law requires a "buy-here-pay-here" dealer to make certain disclosures and notices to a vehicle buyer when a vehicle is sold with tracking and starter interrupt technology installed. This law also requires advance warning be given to the purchaser prior to engagement of the starter interrupt technology, if the buyer fails to make timely vehicle payments. A "buy-here-pay-here" dealer is defined as a used car dealer that assigns less than 90 percent of their conditional sales and lease contracts to third party lenders; and therefore provide direct financing to car buyers.

Electrically Motorized Skateboards (AB 604, Olsen): This law defines "electrically motorized board," and restricts their operation on public facilities, requires boards to be equipped with safety equipment, and authorizes cities and counties to regulate their use. It also makes it a crime to operate an electrically motorized board while under the influence of drugs or alcohol. In addition, the law limits the board's operation to individuals 16 years or older, requires operators to wear a bicycle helmet, wear safety equipment to increase visibility at night, and limits their operation to roads with a speed limit of 35 miles per hour or less. A conviction for violating this law is punishable by a fine of up to \$250.

Electric Bicycles (AB 1096, Chiu): This law adds an entirely new definition of an electric bicycle to the California Vehicle Code. An electric bicycle is defined as a bicycle with fully operable pedals and an electric motor of less than 750 watts. The law creates three classes of electric bicycles. Manufacturers will also need to certify the electric bicycles comply with specified requirements. Electric bicycle riders will be able to use roads similar to other bicycle riders, while providing a measure of local control if safety concerns arise on specific paths or public trails.

Transportation Network Companies (AB 1422, Cooper): This new law requires a transportation network company (TNC) to participate in the DMV's Employer Pull Notice (EPN) Program. TNCs provide prearranged transportation services for compensation using an online-enabled application or platform, to connect drivers using their personal vehicles with passengers. The program will provide each TNC with a report showing a driver's current public record, as recorded by the department, and immediate notifications of moving violations, accidents, driver license suspensions, revocations, and other actions taken against the driving privilege. The DMV's EPN program provides employers and regulatory agencies with a means of promoting driver safety through the ongoing review of driver records.

California New Motor Voter Program (AB 1461, Gonzalez): creates an automatic voter registration process for qualified individuals who apply for a driver license or identification card, or submit a change of address to the DMV. The law will require that DMV implement the New Motor Voter Act no later than one year after the Secretary of State certifies all of the following: the state has a statewide voter registration database that complies with the requirements of the federal Help America Vote Act of 2002 (52 U.S.C. Section 20901 et seq.), the Legislature, has appropriated the funds necessary for the Secretary of State and DMV to implement and maintain the program, and the Secretary of State has adopted regulations to implement the law.

California Residency Requirement (AB 1465, Gordon): This law will require an applicant for an original driver license or identification card to provide proof of California state residency, starting July 1, 2016 and it will bring DMV into compliance with a federal law requirement. The DMV will need to adopt regulations relating to the procedures for verifying that the applicant is a California resident.

For complete information on chaptered bills enacted in 2015, please refer to the California Legislative Counsel website <http://leginfo.ca.gov/>



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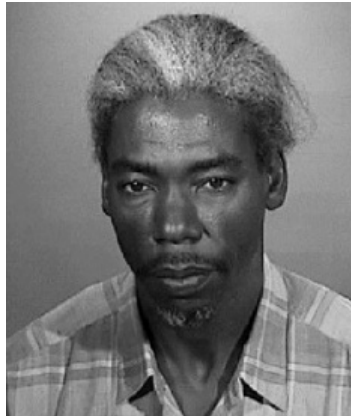
News From Your Community



Altadena

For Your Community

Pasadena Police Capture Man Wanted for Setting Woman on Fire



Clarence Duwell Dear

The suspect in the gruesome murder of a 41 year old Pomona woman that was seen Christmas on fire running out of her house was captured Sunday by Altadena Deputies and Pasadena Police.

The Pomona Police Department had been searching for 51 year old Clarence Duwell Dear of Pomona, in connection with the crime.

According to police, they received a tip that Dear could be boarding a Metro bus in Pasadena. Altadena Deputy Ronnie Manier, along with Pasadena Police units raced to the bus at Foothill Blvd. and Halstead St., the person was confirmed to be Dear, he was apprehended around 10 a.m. without incident.

Police say that around 1:40 p.m. Friday they received reports from neighbors who saw a woman, later identified as 41-year-old Dawn Hensley, run from a residence 1500 block of Cordova Street in Pomona on fire. Hensley was treated for severe burns by L.A. County fire although she died a short time later after being transported to a local hospital. Police said she was chased by Dear who was able to douse her with gasoline and lit her on fire with a lit cigarette.

Police said the investigation is ongoing and Dear is being held in jail on a \$1 million bond.

Pet of the Week



Celine (A382164) is a lovely 6-year-old, spayed female pitbull mix. Sweet Celine arrived at the shelter in July 2015 and is still waiting for her forever home. Celine can be a little reserved in her kennel, but she is a happy, energetic girl out in the yard or at the park. She is very playful and affectionate with people. Celine tolerates other dogs, but would likely prefer to be the only dog in your home. Let's get this darling girl into a new home before the New Year.

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday –Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Parade Brings Adventure to Colorado Blvd



Story, Photos by Dean Lee

From fire breathing dragons to Storm Troopers to Hulu dancers from Hawaii, the 127th Rose Parade dazzled parade goers Friday as they watched 44 floats, 18 marching bands and 19 equestrian units.

This year's theme, "Find Your Adventure" was a unique partnership between the Pasadena Tournament of Roses and the U.S. National Park Service.

Under a brisk cloudless sky the parade got off to a rocky start as the opening banner float had to be pushed off the parade route after the opening show, it again appeared at the end of the parade being towed. Also, right as the parade ended crowds of people gazed up as numerous planes started skywriting anti slogans about Presidential candidate Donald Trump.

Crowd favorites in the parade included the Disney float (pictured top), Lakers basketball and the fire breathing dragon as part of

Singpoli Group "Marco Polo: East Meets West."

As far as equestrian entrees, the Budweiser Clydesdales were back. The Allen Eagle Escadrille marching band had 782 members, the largest band ever in the parade.

The 2016 Grand Marshal, Ken Burns, and family rode down the route in a 1925 Yellowstone Touring Bus (Pictured below). Pasadena Mayor Terry Tornek, and his family make their first ride down the parade route in a 1931 Yellowstone Bus (pictured bottom).

Rose Queen Erika Karen Winter and the Royal Court down road the parade route in style sitting beneath a decorative floating bejeweled crown canopy.

The Punahou Marching Band from Honolulu, Hawaii included hula dancers and making their first appearance in the Rose Parade, the Toho High School Green Band traveled from the city of Nagoya, Japan.



Families Encouraged To Choose Water over Sugary Drinks for New Year

The City's Public Health Department encourages families to be more health conscious in the new year by trading in their children's sugary drinks for water.

The consumption of sugary drinks is one of the leading causes of weight-related health risks, and California leads the country in childhood obesity among children between the ages of 2 and 4. The Pasadena Public Health Department is working with the Choose Health LA Kids Program's parent collaborative to urge Pasadena families to make the switch to encourage long-term healthy habits.

"A simple change like drinking water during each meal and every time you're thirsty has many health benefits, and it makes you feel good too," said Michael Johnson, Director for the Pasadena Public Health Department. "With the support of the community, we are confident we can

prevent obesity and other health conditions in our children."

One of the ways Pasadena is encouraging parents to replace sugary drinks with water is by participating in the Los Angeles County Department of Public Health's media and community outreach campaign "Water: The Healthiest Choice."

"We want to encourage parents to choose the sugar free, calorie free, and obesity free drink for their children – water," said Dr. Paul Simon, MD, MPH, Director, Division of Chronic Disease and Injury Prevention for the Los Angeles County Department of Public Health. "There are many simple ways to make water more appealing to kids. Parents can go to ChooseHealthLA.com for tips and easy recipes."

The Choose Health LA Kids Program is a countywide early childhood obesity prevention initiative of the Los Angeles County Department of Public Health, which is funded by First 5 LA. To learn more about the program and its many services, contact Nicole Collins at ncollins@cityofpasadena.net.



Symphony to Highlight Beethoven Piano Concerto



Start your New Year off right with the Pasadena Symphony and Principal Guest Conductor Nicholas McGegan as he delivers Beethoven's beloved fifth and final piano concerto, the "Emperor" Wednesday. For McGegan's highly anticipated return, Southern California native Sean Chen joins the orchestra for Beethoven's sublime, beautiful, and exuberant concerto. Beethoven "Emperor" Piano Concerto January 9 at 2p.m. and 8p.m. Pre-concert discussion begins 1 hour before the concert. The event will be at the Ambassador Auditorium 131 S St. John Avenue, For tickets or information call 626.793.7172.

Cheeseburger Week Returns

Cheeseburger Week is coming in January, During Cheeseburger Week from January 10th to January 15th, 2016, Pasadena honors Lionel Sternberger's genius in being the first to put cheese to hamburger and serve it at the Rite Spot in Pasadena in 1924.

Forty of Pasadena's favorite restaurants, lounges and burger joints will offer their signature burgers, some special creations and deals during Pasadena Cheeseburger Week. Green Street Restaurant, El Portal, La Grande Orange, Lucky Baldwin's, Cameron's Seafood and a/k/a Bistro are among those offering delicious burgers for Cheeseburger Week.

Plan to come to Pasadena for a Cheeseburger Crawl, take the Cheeseburger Challenge and celebrate Lionel Sternberger's culinary legacy in the city where the cheeseburger was first served. For more information visit www.pasadenarestaurantweek.com. Check back often to see the latest entries and delicious offerings for Cheeseburger Week 2016.

Voting in the 2016 Cheeseburger Challenge opens January 10, 2016, and ends January 17.

EIR for Arroyo Seco Music and Arts Festival Released



City officials released, late last month, the completed Draft Environmental Impact Report (EIR) for the proposed Arroyo Seco Music and Arts Festival project. The public review period started Dec. 21, and ends Feb. 19.

Three public meetings are scheduled during the review period including Jan. 28 at 4:00 p.m. during the regular Transportation Advisory Commission Meeting 221 E. Walnut Street, Suite 210.; February 10, at 6:30 p.m. during the regular Planning Commission Meeting Pasadena City Hall Council Chambers (Room S249) 100 N. Garfield Avenue.; and Feb. 2, at 6:00 p.m. during the regular Recreation and Parks Commission Meeting City Yards Public Works 233 West Mountain.

According to city documents, the City of Pasadena and Rose Bowl Operating Company (RBOC) are considering entering into a license agreement with an event operator, Anschutz Entertainment Group (AEG or Festival operator), to host a three-day Music and Arts Festival on an annual basis at the Rose Bowl Stadium complex and parts of the Brookside Golf Course.

The agreement would extend over 10 years, with two 5-year renewal options. The proposed Project would require amending the Pasadena Municipal Code,

Chapter 3.32, Arroyo Seco Public Lands Ordinance, to increase the number of displacement events at the Rose Bowl from 12 to 15 per year without further approval of the City Council and to allow uses on the Brookside Golf Course to include displacement events.

The annual Festival is anticipated to include up to four music stages; a theatre performance stage; art displays; carnival rides; concession stands for merchandise sales, food, and drink; and cultural programming representative of Pasadena and the local environs. It is anticipated that the four stages, some of which would be in tents, would be erected inside the Rose Bowl Stadium and on the Brookside Golf Course, with amplified sound occurring at each stage. An area known as Lot H would be used for parking for year one and would house a stage as an optional location in subsequent years. The annual Music and Arts Festival would have a capacity of up to 90,000 attendees daily, but would be limited to 75,000 daily attendees in the first year.

The Draft EIR can be viewed on the city's website at cityofpasadena.net/Arroyo_Seco_Music_and_Arts_Festival/. The EIR is also available for public review at various locations including the City Permit Center, Window 3, 175 N. Garfield Avenue, and the public libraries.

Earthquakes Remind Everyone to Be Prepared

The recent earthquakes in Southern California this month serve as important reminders for everybody to be prepared now for local disasters. It is not a matter of "if" but "when" a major earthquake or disaster will impact our area.

Pasadena's Public Safety officials urge everybody to be prepared now—or start preparing today—with emergency supplies, including "Go Kits" for homes, cars and your workplace; pre-determined evacuation plans for family and pets; emergency supplies, and many other steps that will help you, your loved ones and animal companions

survive in the days or weeks following a major disaster or emergency event.

Emergency Notices by the City

During widespread emergencies, the City will use a variety of ways to send out emergency public information, including: City website and social media platforms, Direct calls or text messages, Government cable TV station on Channel 3 by Charter cable TV and Channel 99 for AT&T U-verse and traditional messages sent to the local news media. The American Red Cross also offers important information at PrepareSoCal.org.

Free January Events at Pasadena Senior Center

Moving: Things to Know When Leasing or Buying – Thursday, Jan. 7, at 10 a.m. Moving can be daunting at any age. Having good information can provide peace of mind. Learn what to focus on and consider before deciding to make your move. Presented by Paul Walker, Realtor, Teles Properties.

Food Distribution Program Date Change – Friday, Jan. 8, at 9 a.m. Due to the New Year holiday, the program will take place one week later on Friday, Jan. 8. Please note the program is available only to eligible low-income seniors. For more information call 626-685-6732.

Friday Movie Matinees – Fridays, Jan. 8, 15 and 29, at 1 p.m. Jan. 8: Star Wars (1977, PG) starring Mark Hamill and Harrison Ford. Luke Skywalker joins forces with a Jedi knight, a cocky pilot, a wookiee and two droids to rescue Princess Leia from the evil Darth Vader and save the universe from a world-destroying battle station. Jan. 15: Sunset Boulevard (1950, NR) starring Gloria Swanson and William Holden. A young screenwriter writes a script for a former silent-film star who has faded into Hollywood obscurity. Jan. 29: The Kid (1921, NR) starring Charlie Chaplin and Jackie Coogan. In Chaplain's first feature-length comic masterpiece, a poor, good-hearted loner finds a kidnapped baby and "adopts" him as his own.

Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, Jan. 5 to 28, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learn how to text, check voicemail, set an alarm, navigate the Internet, download apps and more.

OPENING DAY AT THE GREAT RACE PLACE: AN AMAZING TIME FOR ALL

By Joan Schmidt

The day after Christmas the Great Race Place aka Santa Anita Park opens and this year my husband, grandson and I decided to try it out. We were not disappointed at all.

Special thanks to Mathis Brothers Furniture in Ontario for stuffed animals (horses of course) for all the kids and \$100 gift Certificates to the first 20,000 attendees. Everyone also received the great 2016 Santa Anita Calendar.

Then there was the “best dressed” contest. Mathis Brothers provided a backdrop; people had their picture taken and submitted for the contest. Among those entering was former jockey James Corral and his special gal, Ragen. (He retired after sustaining life-threatening injuries in an auto crash) James currently designs keepsakes-from key chains/ pens to elaborate plaques with horseshoes.

There was a huge crowd-over 44,000, so I didn’t get the usual pictures, but at least got to say, “Welcome Back” to Jockey Flavien Pratt. He hails from France, but three months ago, had a terrible



Flavien gets first win

fall and broke two vertebrae. I was shocked he was back so soon and thrilled with his first win Saturday since his accident.

Santiago Gonzalez won the first three races and is still very grateful to trainer Jack Cassidy for giving his mounts and having confidence in him. “They’re getting BETTER not OLDER” certainly can be applied to 50+ year old Gary Stevens and Mike Smith. Gary won on Om and Runhappy; Mike Smith on Danzing Candy and Birdathewire, who was shipped from back East. Speaking of back East, Joel Rosario and the Ortiz brothers, Irad, Jr. and Jose were in town to ride.

There are morning workouts every day and Clockers Corner is providing your first cup of coffee free. A delicious breakfast is available and it’s enjoyable to watch the horses workout. Several of the jockeys stop by between workouts as well as trainers and owners. There are so many exciting events coinciding with the races-many family-oriented. Please visit www.santanita.com for more info.

COME OUT AND READ TO A REAL DOG!

Have you ever read to a real live dog before? It is great fun and you get to pet the dog! In partnership with the Pasadena Humane Society and its volunteers, Barks and Books will be at the Arcadia Public Library on Saturday January 16, 2016 and February 6, 2016 at 11:00 a.m. Emerging readers in kindergarten through fifth grade are invited to practice reading aloud to a specially trained therapy dog who loves to hear a good story. No reservations are needed and this program is free.

For more information, please call 626.821.5566 or visit the Library’s website at <http://www.ArcadiaCA.gov/library>.

The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Twitter and

Facebook.

About the City of Arcadia
Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the “Community of Homes” and has twice been designated the “Best City in California in which to Raise Kids” by Business Week Magazine.

FREE AFFORDABLE CARE ACT/COVERED CA ENROLLMENT ASSISTANCE

Do you have questions or need assistance with the Affordable Care Act/Covered California? If so, free assistance is offered at the Arcadia Public Library in English and Mandarin every Wednesday evening by appointment. For more information and to sign up for an appointment, please call 626.821.5569.

The Arcadia Public Library is located at 20 W. Duarte Rd., Arcadia. The Library is open Monday through Thursday, 10:00 a.m. until 9:00 p.m. and Friday and Saturday, 10:00 a.m. until 6:00 p.m. You can also follow the Library on Twitter and Facebook.

About the City of Arcadia
Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the “Community of Homes” and has twice been designated the “Best City in California in which to Raise Kids” by Business Week Magazine.

MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Vehicle Burglary December 21 at 4:10 p.m., a vehicle burglary was reported in the 200 block of Poinsettia Avenue. The lock securing the doors on the bed of a utility truck were cut and miscellaneous power and cordless tools were taken. The investigation is continuing.

Public Intoxication/Warrant – Suspect Arrested December 21 at 6:36 p.m., officers were dispatched to the rear of a business location in the 200 block of West Foothill regarding an ongoing problem of homeless persons sleeping on the property. A subject was located sleeping on the property. He was heavily intoxicated and unable to care for himself. A computer check revealed the subject also had an outstanding warrant for his arrest. He was arrested, held for a sobering period, and later released with a citation to appear in court.

Public Intoxication – Suspect Arrested December 21 at 8:49 p.m., officers responded to a residence in the 300 block of East Olive regarding a family disturbance between a husband and wife. The husband was intoxicated, but agreed to sleep in his vehicle for the night. As the officers were about to leave, the husband became uncooperative. Due to his high level of intoxication, he was arrested for being drunk in public. He was held for a sobering period and later released on a citation to appear in court.

Vehicle Burglary December 22 at 7:52 a.m., a vehicle burglary was reported in the 1300 block of South Alta Vista. The victim parked his vehicle in the carport of his secured apartment complex the night before. When he returned to his vehicle in the morning, he found the passenger window broken and his stereo missing. The investigation is continuing.

Driving Under the Influence Traffic Collision – Suspect Arrested December 22 at 6:30 p.m., officers were dispatched to the 1100 block of East Lemon regarding a traffic collision. The driver was traveling east on Lemon and reached for her cell phone, causing her to veer to the right and hit a parked vehicle. The driver was determined to be driving under the influence of alcohol. She was arrested and her vehicle was impounded. She was held for a sobering period and later released with a citation to appear in court on the charges.

Driving Under the Influence Traffic Collision – Suspect Arrested December 22 at 10:30 p.m., officers were sent to the area of Foothill and Norumbega regarding a traffic collision. The driver was traveling south on Norumbega and failed to stop at the posted stop sign at Foothill. His vehicle traveled across all four lanes of traffic and collided into a parked vehicle. The driver demonstrated symptoms of being intoxicated and was determined to be driving under the influence of alcohol. He was arrested and his vehicle was

impounded. The suspect was held for a sobering period and later released with a citation to appear in court.

Vehicle Burglary December 23 at 7:52 a.m., a vehicle burglary was reported in the 1300 block of South Alta Vista. The victim left his vehicle parked in the carport of his secured apartment complex in the evening. When he returned to his vehicle the next morning, he found the passenger window shattered and his stereo had been taken. The investigation is continuing.

Domestic Violence December 23 at 11:40 p.m., officers responded to the 300 block of West Huntington on the report of an assault in progress. The subjects reportedly left the area on foot and headed south on Magnolia. Officers located the subjects in the 1400 block of South Magnolia. The subjects are boyfriend and girlfriend, and they were involved in a verbal argument that escalated into a physical altercation. The female subject was arrested for domestic violence.

Weapon Offenses / Possession of Methamphetamine / Possession of Drug Paraphernalia – Suspect Arrested December 25 at 4:34 a.m., officers on patrol initiated a traffic stop in the 200 block of East Colorado for a traffic violation. As a result of the stop, the driver of the vehicle was arrested for having a loaded pistol and narcotics in the vehicle.

Structure Fire/Arson December 26 at 2:40 a.m., police and fire personnel responded to a structure fire at a private warehouse in the 300 block of West Chestnut used to store classic vehicles. Further investigation led officers to believe the fire began due to arson. One male adult family member was named as the suspect. The suspect committed suicide at his home in Glendale. The investigation is continuing.

Traffic Collision/Vehicle vs. Pedestrian December 26 at 1:52 p.m., police responded to a traffic collision at Los Angeles & Ivy. A 12-year-old girl ran into the street and was struck by a vehicle. She sustained minor injuries, but complained of pain to her neck and back. She was taken to a hospital by ambulance.

Vandalism December 26 at 10:07 p.m., a vandalism incident was reported in the 500 block of Diamond. A resident in the area reported graffiti spray painted on the side of his house. The investigation is continuing.

Vandalism December 26 at 10:34 p.m., officers located graffiti in the 1800 block of South Myrtle. The officers noticed fresh graffiti all throughout the parking lot, windows and walls of buildings. The investigation is continuing.

Fire Assist December 26 at 11:38 p.m., officers responded to the report of a fire next to a residence in the 500 block of Normubega. An officer arrived and located a tree and a trashcan that were on fire. The officer put out the fire with the fire extinguisher from his police unit.

ARCADIA POLICE BLOTTER

For the period of Sunday, December 20th, through Saturday, December 26th, the Police Department responded to 919 calls for service of which 125 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, December 20:

1. Just before 7:33 a.m., an officer responded to the area of El Sereno Avenue and Longden Avenue regarding two suspects in possession of a decoy package with a tracking device. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed the 25-year-old male from El Monte and 30-year-old male from El Monte had the stolen package, property, and tracking device in their vehicle. Both suspects were arrested and transported to the Arcadia City Jail for booking.

2. At approximately 2:12 p.m., an officer responded to a residence in the 000 block of Fano Street regarding a burglary report. The officer discovered an unknown suspect stole the victim's bike from an unlocked garage. On December 21st, the victim located her bike at a nearby construction site. The investigation is ongoing.

Monday, December 21:

3. At about 12:35 a.m., officers responded to the Santa Anita Inn, 130 West Huntington Drive, regarding a robbery that had just occurred. Officers determined a black male suspect entered the lobby, forced the clerk into a back room, and struck the victim in the head with a handgun. The suspect unsuccessfully attempted to restrain the victim, and fled after taking an unknown amount of money from the register.

The suspect is described as a black male, approximately 30-years-old, 5'10" tall, with a thin build. He was wearing dark colored clothing. It is unknown what direction he fled and by what means. The victim sustained moderate injuries and was transported to Arcadia Methodist Hospital for treatment. The investigation is ongoing.

4. Just before 8:14 a.m., an officer responded to the 1100 block of West Huntington Drive regarding a vehicle burglary report. The officer discovered an unknown suspect entered the vehicle by unknown means and stole a wallet and iPod. A short time later, the suspect used the victim's credit card at a nearby gas station. The investigation is ongoing.

Tuesday, December 22:

5. Around 1:23 a.m., an officer responded to The Barnhart School, 240 West Colorado Boulevard, regarding an audible alarm activation. An investigation revealed unknown suspects smashed the front door to the school and then the glass door to the computer room. The suspects fled with approximately \$3,000 worth of computers. The investigation is ongoing.

6. Just after 11:42 p.m., an officer conducted a traffic stop on a vehicle in the area of Baldwin Avenue and Longden Avenue for having tinted front windows. An investigation revealed the passenger, a 20-year-old male from South El Monte, was in possession of a glass pipe commonly used to smoke methamphetamine. The suspect was arrested and transported to the Arcadia City Jail for booking.

Wednesday, December 23:

7. Shortly after 11:34 a.m., an officer initiated an enforcement stop on a vehicle in the 1100 block of Valencia Way for having expired registration. A records check of the vehicle revealed the registration had expired; however, the vehicle displayed a 2016 registration sticker. The officer discovered the driver lied about having an ID

on him and a subsequent records check of the 36-year-old male from Los Angeles revealed he had two outstanding misdemeanor warrants. The driver was arrested and transported to the Arcadia City Jail for booking.

8. At around 8:30 p.m., an officer conducted a traffic stop on a vehicle in the area of Santa Anita Avenue and Huntington Drive for having expired registration. Upon contacting the driver, the officer discovered the 35-year-old male from Lancaster was driving with a suspended license. He was cited and released in the field. The vehicle was left legally parked.

Thursday, December 24:

9. At approximately 11:10 a.m., an officer initiated an enforcement stop on a stolen vehicle in the area of Santa Anita Avenue and Camino Real Avenue. Upon contacting the driver, the 23-year-old female from South Pasadena admitted to having methamphetamine and a smoking pipe in her possession. A records check revealed she also had an outstanding misdemeanor warrant. A 21-year-old male passenger from El Monte was located in the stolen vehicle. Both suspects were arrested and transported to the Arcadia City Jail for booking.

10. Around 12:30 p.m., an officer responded to an apartment complex in the 1100 block of Fairview Avenue regarding a vandalism report. An investigation revealed unknown suspect(s) pried open the mailbox to the complex. It is unknown if any mail was stolen. No suspects were seen and no witnesses were located.

Friday, December 25:

11. At about 11:10 a.m., an officer and Arcadia Fire responded to a residence in the 1800 block of South Third Avenue regarding a fire. An investigation revealed a fire started accidentally in the kitchen of the residence. The two residents, one with a disability, had to be evacuated. Arcadia Fire treated the victims at the scene.

12. Just after 6:15 p.m., an officer responded to a residence in the 2500 block of South Fourth Avenue regarding a threat report. The victim received a phone call from an unknown suspect threatening to kill the victim if she did not stop business relations with his girlfriend. The investigation is ongoing.

Saturday, December 26:

13. Just after 6:45 p.m., an officer responded to the Springhill Suites Hotel, 99 North Second Avenue, regarding a theft report. During the course of the suspects' stay at the hotel, they stole two televisions, two iHome radio stations, and two paintings from the hotel room.

The first suspect is described as a Hispanic male in his mid 40's, 5'7" tall, 200 pounds, with a medium build. The second suspect is a Hispanic female, 5'2" tall, 180 pounds, with reddish brown hair and brown eyes. The third suspect is a white female, 5'7" tall, 130 pounds, with brown hair and brown eyes. The investigation is ongoing.

14. At approximately 3:45 p.m., an officer responded to the Arcadia Police Department front counter regarding a battery report that occurred in the area of Baldwin Avenue and Arboretum Way. An investigation revealed the suspect's vehicle collided into the victim's vehicle causing them both to pull over. After parking, both parties began arguing resulting in the suspect shutting his car door on the victim's hand. The suspect then fled the scene.

The suspect is described as a Middle Eastern male in his early 50's, 5'10" tall, 180 pounds, with short brown hair and a beard. The suspect fled in a 2011 Lexus SUV. The investigation is ongoing. The victim did not require medical treatment.

4TH DIMENSION / COMMUNITY CENTER PROJECT SPECIAL STUDY SESSION SCHEDULED FOR JANUARY 7, 2016 AT 7:00 P.M.

On January 7, 2016 at 7:00 p.m., at the Library Community Room, there will be a Special Study Session for the City Council to consider the overall proposed project. The Library Community Room was selected as the location for the meeting due to the fact that the City Council Chambers will be under renovation at that point in time.

At that study session meeting, we will be able to more clearly articulate all of the different project elements associated with the 4th Dimension / Community Center initiative, including:

A synopsis of the feedback we have received regarding the proposed project

CITY POLICE DEPARTMENT TERRORIST RESPONSE PROCEDURES

Given the recent terrorist attack that occurred in San Bernardino, we felt it was important to outline how our local Police Department here in Monrovia is equipped to respond to terrorist situations here locally. The following overview provides some details related to resources, tactics, and techniques that we currently have in place for responding to a terrorist incident.

Monrovia has two terrorism liaison officers (TLO) who have specialized training. One has a Master's Degree in Homeland Security studies, and both TLO's have received specialized training from the Federal Government Joint Regional Intelligence Center (JRIC) here in Los Angeles County. They are our direct contacts for any intelligence the federal government agencies may have specific to Monrovia and Los Angeles County. They also have direct contact to share intelligence regarding any suspicious activity our officers observe. Our TLO's also have contacts at the regional FBI office.

We have a regional tactical response team called FSET. This regional team provides Monrovia with highly trained operators (think of FSET as our own

SWAT Team) to respond to events. This team is a resource most other cities our size in the State do not have, since the vast majority of agencies rely on county services to respond. Through mutual aid, Monrovia can also call on Los Angeles County Special Enforcement Bureau, in addition to FSET.

Our City police patrol staff are trained annually in the most current tactical response methods to respond to active shooter events as well as other terrorist type incidents. Furthermore, Monrovia's priority one call response time to emergency calls for service is approximately 1 ½ minutes.

Our Community Policing bureau is active in our community working to resolve problems. This bureau is a resource of intelligence information from our citizens who may see suspicious activity in their neighborhoods or around their businesses. We have relationships with the leaders of both mosques in Monrovia and our law enforcement personnel meet with their representatives regularly. We provide extra patrol to both of the mosques to try to deter any criminal hate crimes at those locations.

STUDENTS: GREAT TIPS FOR FINDING A SCHOLARSHIP

(StatePoint) College is expensive, and while families should focus on saving what they can, students should not forget to apply to the wealth of scholarships available nationwide.

Millions of scholarships, worth billions of dollars are awarded annually. Beyond in-house scholarships offered by the institutions themselves, a number of federations and organizations offer money to students with particular aptitudes, achievements and aspirations.

"Scholarships can make a significant dent in out-of-pocket college spending, but finding and applying for them requires an up-front investment of effort," says Martha Holler, senior vice president, Sallie Mae.

The college financing experts at Sallie Mae are offering scholarship application tips:

- Applying is worth the time and effort. Even if the award is small, take the time to apply to every scholarship for which you are eligible. It is money that doesn't have to be paid back, and it can be used for textbooks, supplies or other college-related expenses.

- Deadlines and details matter. In the highly competitive scholarship arena, missing a deadline or overlooking application requirements will likely disqualify an applicant. Stay organized with a spreadsheet that includes due dates and other important information.

- Apply each year. Approximately half of available scholarships are for students already enrolled in college. Take the time to apply annually to ease the year-to-year tuition burden.

- Impress the judges. Something seemingly as small as a thank you note can have a disproportionately large effect on how an application is regarded. Be courteous and thoughtful throughout the process.

- Shop around. Go deep. There are scholarships for students who want to study subjects as diverse as candy making, potato growing and welding technology. Additionally, scholarships are available for particular circumstances, such as community college students transferring to four-year institutions, or students who are the first in their family to attend college.

- Don't spend. The goal is to save money, not spend it. Guidance counselors and school financial aid offices can recommend free, reputable scholarship search sites, such as Scholarship Search by Sallie Mae, which just added two million scholarships to its database, offering access to more than five million scholarships worth nearly \$24 billion. Those who register are automatically eligible to win the Plan for College Sweepstakes, which awards \$1,000 each month to a winner selected at random.

- Continue to save and plan. Landing a scholarship is just one component of being prepared for college. Continue to set aside savings. Free college planning tools are available online in Sallie Mae's College Planning Toolbox.

For more tips on how to get started finding free money for college and for information on saving, planning and paying for college, visit www.SallieMae.com.

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(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviaschools.net

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Happy New Year, Everyone! Out With the Old Year, In With the New!

I *really* like the New Year celebration. It comes around and gives me a new chance *every* year to do a little better or start doing something in a new way. What do you know about the celebration of the new year? Read these clues to help you fill in this New Year puzzle:

- in Ancient Rome, the new year started in _____ because the month of January did not exist yet
- to represent the birth of a New Year we use a newborn _____ dressed in a top hat and a sash
- by the end of the year the child grows into a wrinkled _____
- _____ time is used to represent the passage of years; he usually carries an hourglass
- to celebrate the new year many people gather to eat, drink and dance at a _____; the biggest is in New York City in Times Square
- _____ light up the sky in celebration; they can be seen behind the Statue of Liberty, the Eiffel Tower and the Forbidden City in China
- the new year officially begins when the clock strikes _____
- everyone's favorite New Year's _____ is "Auld Lang Syne," which means 'old long since'
- after the parties of New Year's eve, many people relax by watching the big _____ game, "The Rose Bowl"
- after the game people line the streets to watch the "Rose _____," which takes place in California
- friends wish each other a happy, _____ New Year
- people use the start of a new year as a way to better themselves through New Year's _____

resolutions

football

parade

fireworks

healthy

March

party

midnight

old man

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ZOLA THE GENTLE GIANT

Happy Tails

by Chris Leclerc



I never cease to be amazed by the endless variety of personalities I come across in my daily walk of life. Think about it...With every person you meet on the street, comes a totally unique personality! No two are exactly the same. In college I took every psychology class they had to offer because I enjoy studying human behavior. Maybe that's why I tend to pay such close attention to people in public; the manner in which they express themselves, and the way they interact truly intrigues me. Perhaps one of my own personality traits is a strong drive to figure out what makes other people tick.

Many psychology professionals who started out studying humans, later turned their focus toward understanding the psychology of other species. Several have shared the results of their research in various articles and books and I must say those are among my most treasured readings. These days, more than ever, I endeavor to learn as much as I can about my canine companions. The more I understand why they do what they do, the better chance I have of connecting with them.

Among my many four-footed friends, there is one pup who has had a particularly positive impact on me. Don't get me wrong, I love them all, but the one who is the subject of this Happy Tail has captured my heart in a very special way. There is just something about Zola that can always make my day. She has such a big heart and a uniquely kind, calming spirit that she shares with me abundantly. If I am having a tough day, feeling tense or edgy when I arrive to take Zola out for a walk, I find myself completely at ease by the time I leave. Who doesn't want to tap in on that temperate trait?

Zola is a 110-pound, 7-year-old Great Pyrenees with a beautiful, thick, snow-white coat and big dark brown eyes highlighted with lush lashes and natural permanent black eye-liner. Indeed, she is a sight to see, but the thing I love most about Zola is that, in spite of her enormous stature she exudes total serenity to all whom she comes in contact with. No doubt about it, that gorgeous girl is the ultimate gentle giant! She is so big, most people who meet her say she looks like a bear. Given the potential damage she could do with those daunting teeth of hers, and with the way I've seen her move so swiftly when she plays, it says a lot about her sweet personality when she interacts so peacefully with other dogs and people while we are out and about.

I don't typically compare one of my canine companions to another, but I don't mind comparing Zola to one of my own precious pets. My bloodhound, Tater (God rest her soul) was a major part of my life and I miss her dearly. She had a great sense of humor and showed me loads of love and affection. However, Tater could be very unpredictable when interacting with others. I did everything I could to teach her better manners.



I wanted her to be more agreeable so she could socialize openly, but it simply wasn't meant to be. Just when I thought it was OK to allow her to get close to a stranger, she would often surprise us all with a sudden snap or growl. To this day, I don't know why she behaved that way. I guess it was just part of her personality.

So, in comparing Zola to Tater, there were several physical similarities. As far as size and weight are concerned, they were very much alike. Tater even had big brown eyes like Zola. However, all similarities ended when it came to social behavior. Zola is very predictable when we meet and greet others on the street. Whereas, Tater could not be trusted with a stranger, human or canine, without being closely monitored and tightly tethered. Although, interestingly enough, Tater was always gentle with cats and kittens. Who knows why, but one thing is for sure; It's all about personality. Like we humans, canines are individuals, each possessing their own behavioral tendencies. The bottom line is, Zola seems to possess the inherent desire to calm the spirit of others, and that is a true blessing!

I never have to worry about whether Zola will be aggressive with someone passing by. She approaches slowly and humbly, offering a soft floppy ear for a friendly pat. I'm sure if she sensed danger in a person, she would react appropriately by avoiding or warning them, which is a desirable trait in a dog. Most humans are not able to sense danger the way a canine can. But it's equally important for a dog to be able to socialize comfortably in the absence of danger and Zola is the epitome of that personality type. She simply wants to love and be loved and that makes it fun for everyone to be around her. I attribute a lot of Zola's sweet spirit to the love she gets from her human, Lisa Gamber, but her personality most definitely plays a big part in her kind heart.

We all need to learn to focus more on finding the good in others and there is no better teacher than a gentle giant like Zola, who teaches us through her own example. She has taught me so much about the art of relaxing, socializing, enjoying the moment and stopping to smell the roses. Thank you, Miss Zola, you beautiful gentle giant, for just being yourself. I hope I can learn to be more like you some day.

Canyon Canine
Dog Walking & Sitting Services
Sierra Madre, California

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Kramer's handsome looks are another striking part of him - because he is definitely a 100-pound traffic stopper! Weighing just a little over 100 pounds, he sports a black and white classic XL tuxedo coat that is perfectly paired with lengthy legs, a lean body, and floppy puppy-like ears. His sporty looks are, however, a bit deceiving because Kramer is actually a fan of long and steady walks rather than high-energy runs. After his walks, Kramer loves to sit on the grass next to a human companion and take in all the sun and vitamin D he can get.

Kramer is friendly meeting new people, good on the leash and even quite the gentleman when it comes to sitting by the door waiting for his walkers to open the door for him. Kramer would do best as the only pet in the household. If you have room in your heart and home for this handsome big boy, Kramer is ready to be your loyal and loving best friend. After losing his home, Kramer certainly deserves a caring and forever family to call his own...just in time for the holidays!



If you would like to give this handsome big boy a fairy tale ending for the holidays, please consider adopting Kramer and provide him with the forever loving home he so deserves!

His adoption fee is \$145 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Kramer. If you are interested in meeting Kramer or any of the other wonderful pets at

the shelter, visit the San Gabriel Valley Humane Society at 851 E. Grand Ave., San Gabriel, Calif., 91776, Tuesday through Sunday from 10:30am to 4:30pm. See our website at www.sgvhumane.org for information and photos of all our wonderful pets.

Shelter supporters are encouraged to visit the website to read the amazing story of Hoppy told by his rescuer in his blog. This three-legged Chihuahua now has a second chance for a happy life after a terrible accident left him alone and helpless trying to survive on the busy city streets.

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. They make great holiday gifts for the animal lovers on your list! If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through PayPal. Go to the shelter website at sgvhumane.org for more information.

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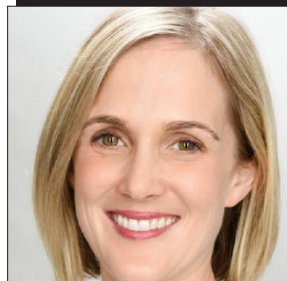
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THE JOY OF YOGA

BEFORE RESOLUTIONS

Remember, the body is a temple.

I guess I've been talking to Fitness fanatics lately. I've heard a common thread. The chase for the newer, better, results-driven technique. In this quest, their bodies are being exercised, yes, but treated with care? I'm not so sure. I've heard of people being scared to meet with their trainer or go to their gym in anticipation of a grueling workout. No pain, no gain fitness.

There is a place for hard work and complete exertion, but in yoga, we also listen to our bodies. This includes taking into account our physical strength or weakness, past injuries, and age. Most

of us want to lead an active life and remain pain-free. Our yoga practice can help support us in this effort. In yoga, we treat the body with love and care, also practicing the principle of non violence, Ahimsa. In our asana practice, we start where we are at any given time. Without over-kill or complacency.

Sometimes people do not believe me when I say I've become fit, even buff from doing yoga. And as someone who has multiple injuries outside of yoga, I can say that I'm 99% pain free. It is so good for my body, a truly healthy compliment for an active lifestyle at any stage of life.

Here's to good health! See you in class.
Keely Totten

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BUSINESS NEWS & TRENDS

FAMILY MATTERS

By Marc Garlett



of fatal crashes involving an older driver was 3.4 per 100,000 licensed drivers, while the rate for drivers age 21 to 24 was 47.22. In addition, older drivers involved in a fatal crash are much less likely to have been under the influence of alcohol. Only 7% of alcohol-related crashes involved older drivers. Drivers between age 21 and 34 represented 31% of the total.

According to the [National Institutes of Health](#), the most common mistakes of older drivers that lead to crashes are the following:

Not yielding the right of way;
 Not staying in their lanes;
 Miscalculating necessary time or distance needed to execute turns;
 Not stopping completely at stop signs; and
 Either speeding or driving too slowly.

In addition, NIH points out that older drivers are likely to be involved in the following types of crashes:

At an intersection;
 When the front of one vehicle hits the side of another vehicle;
 When the older driver is merging with faster approaching cars.

National organizations such as the American Automobile Association and the National Association of Retired Persons offer driver safety courses for older drivers. Those of us with parents and other family members or friends entering the older driver population may want to encourage them to take advantage of these safe driving instruction opportunities.

Dedicated to your family's wealth, health, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](#) for more information.

ACUPUNCTURE FOR HEADACHES AND HEAD PAIN

What are headaches? What types of headaches are there?

Simply defined, a headache is a pain in the head due to some cause. Headaches may result from any number of factors, including tension; muscle contraction; vascular problems; withdrawal from certain medications; abscesses; or injury.

Headaches fall into three main categories: tension-type, migraine and cervicogenic. Tension-type headaches are the most frequent. Patients who endure tension-type headaches usually feel mild to moderate pain on both sides of the head. The pain is usually described as tight, stiff or constricting, as if something is being wrapped around your head and squeezed tightly.

While migraines affect far fewer people than tension-type headaches and have a much shorter duration, their symptoms are much more severe. They typically affect women more frequently than men, with pain that usually occurs on one side of the head. Migraines can be so severe that they can cause loss of appetite, blurred vision, nausea and even vomiting. Cervicogenic headaches are the most recently diagnosed type of headache and are musculoskeletal in nature. They may be caused by pain in the neck or spine that is transferred to the head. Many times, cervicogenic headaches go undiagnosed because of their recent classification.

Who suffers from headaches?

Nearly everyone will suffer a headache at some point in time. They are one of the most common physical complaints that prompt people to treat themselves or

seek professional assistance. Some estimates say that up to 50 million Americans suffer from severe, long-lasting, recurring headaches. While most headaches are not necessarily symptomatic of another condition, they can be very distracting and account for significant amounts of time lost from work.

What can acupuncture do for headaches?

Traditional Chinese medicine (TCM) has a very consistent and philosophically-based framework for headache etiology, physiology, diagnosis and treatment strategy. Acupuncture, as an effective treatment modality, has been applied to headaches from the earliest beginnings of TCM.

Acupuncture is not only effective for migraine headaches, but also works very well with tension headaches, cluster headaches, post-traumatic headaches, and disease-related headaches that might be due to sinus problems, high blood pressure or sleeping disorders. The greatest advantage of acupuncture over Western medicine is that it does virtually no harm. Some medications can have serious side effects and can (in some instances) actually lead to patients experiencing a "rebound" headache. Unlike synthetic drugs, acupuncture has virtually no side effects, and the procedures for treating headaches are much less invasive with acupuncture than with surgery.

References

[www.acupuncturedtoday.com/abc/headaches.php](#)

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Social Media Tips, Tricks & Ideas

by: MJ Finstrom

PLAN 12 CAMPAIGNS NOW

The best gift you can give your business this year is a 12-month marketing campaign strategy. We work with a client who knows exactly what they want to promote every month (there are only 12 of them). Each month, their campaign produces a bottom line result of more sales because they stay focused with their messages both on-line and off-line. Here are a few tips for setting up your 12-month plan:

Print out a blank calendar that will be used only for your Marketing.

Assign an overall theme for each month. For example: January is national thank you month. You might create a month-long campaign with thank you notes, coupons and special offers to your current customers.

Add a goal to each month. What's your hook each month? How will you measure success?

Look for quirky holidays that you can tie into your monthly themes that provide out of the box creative opportunities. For example, January is Hot Tea month. February 6 is "Eat Ice Cream For Breakfast day." Do a Google search for "Quirky Holidays."

Add big events to your calendar that you can leverage in your creative content (super bowl, award shows, Olympic Games in August, trending

news stories etc.) Do a Google search for "exciting things happening in 2016."

Add your local community events. For example, a realtor might provide a list of local firework shows around the 4th of July that is part of a July theme of "local summer fun" in our community.

Mark all the dates that are important in your business. When are you launching a new product or services? When are your signature events?

Use tools that allow you to schedule content. Constant Contact, Hootsuite and Facebook all have scheduling features so you can set up your campaigns in advance.

Mix in off-line strategies. Flyers, postcards and printed collateral to distribute at your front desk or other physical locations are just as important as your emails and social media posts. They all work together to reinforce your campaign.

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, [www.facebook.com/hutdogs](#).

Sign up for their upcoming workshops at: [www.hutdogs.com/workshops/schedule](#)

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Dear Savvy Senior:
Will I have to pay federal income taxes on my Social Security benefits when I retire?

Approaching Retirement

Dear Approaching,:

Whether or not you'll be required to pay federal income tax on your Social Security benefits will depend on your income and filing status. About 35 percent of Social Security recipients have total incomes high enough to trigger federal income tax on their benefits.

To figure out if your benefits will be taxable, you'll need to add up all of your "provisional income," which includes wages, taxable and non-taxable interest, dividends, pensions and taxable retirement-plan distributions, self-employment, and other taxable income, plus half your annual Social Security benefits, minus certain deductions used in figuring your adjusted gross income.

How To Calculate

To help you with the calculations, get a copy of IRS Publication 915 "Social Security and Equivalent Railroad Retirement Benefits," which provides detailed instructions and worksheets. You can download it at irs.gov/pub/irs-pdf/p915.pdf or call the IRS at 800-829-3676 and ask them to mail you a free copy.

After you do the calculations, the IRS says that if you're single and your total income from all of the listed sources is:

- Less than \$25,000, your Social Security will not be subject to federal income tax.
- Between \$25,000 and \$34,000, up to 50 percent of your Social Security benefits will be taxed at your regular income-tax rate.
- More than \$34,000, up to 85 percent of your benefits will be taxed.

If you're married and filing jointly and the total from all sources is:

- Less than \$32,000, your Social Security won't be taxed.
- Between \$32,000 and \$44,000, up to 50 percent of your Social Security benefits will be taxed.
- More than \$44,000, up to 85 percent of your benefits will be taxed.

If you're married and file a separate return, you



probably will pay taxes on your benefits.

To limit potential taxes on your benefits, you'll need to be cautious when taking distributions from retirement accounts or other sources. In addition to triggering ordinary income tax, a distribution that significantly raises your gross income can bump the proportion of your Social Security benefits subject to taxes.

How to File

If you find that part of your Social Security benefits will be taxable, you'll need to file using Form 1040 or Form 1040A. You cannot use Form 1040EZ. You also need to know that if you do owe taxes, you'll need to make quarterly estimated tax payments to the IRS or you can choose to have it automatically withheld from your benefits.

To have it withheld, you'll need to complete IRS Form W-4V, Voluntary Withholding Request (irs.gov/pub/irs-pdf/fw4v.pdf), and file it with your local Social Security office. You can choose to have 7 percent, 10 percent, 15 percent or 25 percent of your total benefit payment withheld. If you subsequently decide you don't want the taxes withheld, you can file another W-4V to stop the withholding.

State Taxation

In addition to the federal government, 13 states – Colorado, Connecticut, Kansas, Minnesota, Missouri, Montana, Nebraska, New Mexico, North Dakota, Rhode Island, Utah, Vermont and West Virginia – tax Social Security benefits to some extent too. If you live in one of these states, check with your state tax agency for details.

For questions on taxable Social Security benefits call the IRS help line at 800-829-1040, or visit an IRS Taxpayer Assistance Center (see www.irs.gov/localcontacts) where you can get face-to-face help. Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That



I was very saddened this week to hear of the passing of my pastor, counselor, and friend, Phil Carlson. To say that Phil was a wonderful person is an understatement. He was always there for my family and me. He was one of a small handful of people I went to whenever there was a crisis. Phil was not only a good person, he was a loving and lovable person. Although Phil was a man of great physical stature, his ego was infinitely small. Listening to Phil, you got the sense that he constantly poured himself out in order to fill others. He was the epitome of what a pastor-teacher should be.

I remember one particularly special sermon Phil preached on humility. My dad and I consider it to be one of the most powerful sermons we've ever heard. It moved me to tears at times. I was so engrossed in it I didn't even notice that Phil had gone way past the usual ending time. Months later I still had my sermon notes taped to my desk as a reminder.

Another quality I greatly admired about Phil was his authenticity. Most of us know some good people, but not many real people. The Phil Carlson who preached on Sunday mornings was the same Phil Carlson who took the time to counsel me on tough issues during the week.

Anyone who knew Phil knew that he lived life at 200%. Not only was he a gifted pastor, but he was also a skillful medical doctor and an insightful author. His books, "You Were Made For Love" and "Love Written In Stone" are amazing, valuable additions to any Christian literature collection.

Above all, Phil was very gentle and caring. I remember him talking about a delicate ear exam that he had to learn, and how the doctor who taught him advised that the students go home and try the procedure on themselves before they perform it on any patients. That is what Phil was like. He was always caring, not wanting to hurt anyone, willing to take the time to gently lead people to the truth God had for them. After we found out about Phil's passing, my mom felt bad that she had emailed him several times

FOR PHIL

recently about her own health concerns, not knowing how serious his own status was at the time. "But that's what Phil was like," I said. "He was the kind of person who, even though he was feeling terrible, would ask how you were doing." That was Phil.

Whenever a fellow Christian dies, we who are left sorrow. We sorrow when we see loved ones suffering. And we sorrow for ourselves when they are gone, because we miss them and the support and comfort they gave us. But when they are gone we do not sorrow for them any longer. The Bible teaches that to be absent from the body is to be present with the Lord. Another great pastor, the late Chuck Smith, warned his congregants to not believe any future newspaper obituaries stating that "Chuck Smith died." That's bad reporting, Chuck said. Instead, it should read, "Chuck Smith moved." The same can be said for Phil Carlson. Phil Carlson, Chuck Smith, and the rest of our loved ones in Christ didn't die. How can anyone die after Jesus has given them eternal life?

No, Phil Carlson moved. He moved into a new home and a new body, perfect in every way. He is more alive today than he ever was when he walked among us. We sorrow, but not as those who have no hope. Jesus teaches that we should strive to finish our race - this life - well, so that we may receive a crown of glory in heaven. I'm sure that when I get to heaven I will be able to spot Phil immediately. Not because he will be one of the tallest people there, but because his crown will be one of the biggest and brightest. If there ever was a person who I'm sure heard Jesus say, "Well done, good and faithful servant!" it most certainly was Phil.

* Phil is survived by his wife, Carole, and children, Jonathan, Caitlin, Brendan, and Ciara. They would cherish the opportunity to hear your stories about how Phil has impacted your lives. They have set up a PO box where you can send letters: The Carlson Family at PO Box 1264 Sierra Madre, CA 91025. At this time they do have needs and many of Phil's friends have been wanting to help. The page linked below can help relieve some of their immediate and on-going needs. They are so grateful for all of your prayers, kindness, and support. <https://fundly.com/philip-carlson-family-care-fund/>



HAPPY BIRTHDAY! ...January Birthdays*

Gerald Day, Mary Tassop, Judy Webb-Martin, John Johnson, Mary Bickel, Marlene Enmark, Ross Kellock, Ruth Wolter, Sue Watanabe, Sandy Thistlewaite, Bobbi Rahmanian, Fran Syverson, Shirley Wolff, Judy Zaretzka and Becky Evans.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required

ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

Activities at the Senior Center



YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, October 19th and 26th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, October 15th, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Swati Puri, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, October 21st from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

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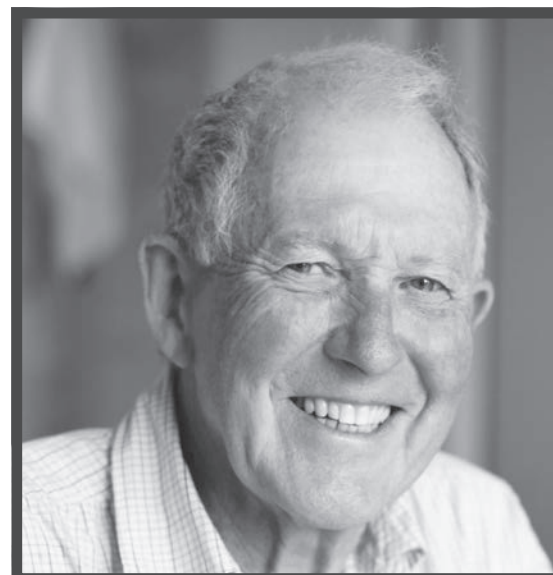
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THE 10 COMMANDMENTS OF 2016 FOR PETER DILLS

1. I resolve to drink more water when I drink.
- Translation – add more ice to my drinks
2. I resolve to send back cold food, even if I'm starving.
Translation – No Mr. Nice Guy
- 3 I resolve to ask to be moved if there are screaming kids next to me.
Translation – “Two things I can’t stand crying women and crying babies.”
4. I resolve to send back my meat if its not cooked to my liking.
Translation – I want more perfection in 2016
5. I resolve to order a Grande at Starbucks instead of a Venti to save money.
Translation – Watch out Starbucks a big dip in the stock in 2016
6. I resolve to smoke more cigars this year.
Translation – I always smoke with my friends.
7. I resolve to ask the dumb question, is it really a Champagne Brunch or a Sparkling Wine Brunch?
Translation – It is always a Sparkling Wine Brunch
8. I resolve to ask, is it really World Famous?
Translation – Never World Famous, often people in the neighborhood don't know the place.
9. I resolve to tip 10% if the service warrants it.
Translation - Yeah right - I know I am a coward when it comes to stiffing these waiters, even when they deserve it.
10. I resolve to cook one meal a week at home.
Translation – One more than I am now!

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On the Marquee: Notes from the Sierra Madre Playhouse

NEW YEAR'S RESOLUTIONS

By Artistic Director, Christian Lebano

I've never really been one to make New Year's Resolutions – they have always seemed too contrived an exercise and much too easy to ignore after the holiday decorations have come down. But I do keep my promises and I want to make a few to you - our loyal Playhouse patrons:

I promise to surprise, inspire, and move you with a variety of plays, events, concerts and readings all year long.

I promise to continue hiring the best talent I can, on-stage and off, all through the year.

I promise to delight you when you walk through the doors of the theater when you see the set for each of the shows.

I promise to continue expanding our lobby exhibits and special programming.

I promise to make your experience at the theater a pleasant one from start to finish. (And now that we are so close to reaching our matching grant goal for air conditioning the lobby – I'm even closer to keeping this promise and the year hasn't even started yet!)

I promise to make our theater one in which you feel at home and welcomed.

I promise to always be available to you for comments and suggestions at artisticdirector@sierramadreplayhouse.org.

And finally, I promise to always be grateful for your support of SMP and to share my enthusiasm for this theater and town and YOU.



Now, if YOU want to resolve to see more plays and participate in more events at the Playhouse, I'll happily help you keep that promise! Happy New Year!

Deathtrap is selling briskly – it opens January 15 and runs through February 20. The set is being built – and it's a beauty. We have an extraordinary cast for this one – you won't want to miss it. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to arrange your purchase.



SEAN'S SHAMELESS REVIEWS: "POINT BREAK" – A DISASTROUS REMAKE 24 YEARS LATER

By Sean Kayden

Last week, “Point Break” nosedived into theaters without a shred of the charisma, frills, or thrills that were found in the original installment from 1991. Kathryn Bigelow directed the first “Point Break” with flair and style. The over the top and cartoonish cop adventure was exhilarating with self-awareness and solid performances from Keanu Reeves, Patrick Swayze, Lori Petty, and Gary Busey. Sure, many have deemed it as a dumb action flick, but it's a cult classic with “spiritual” undertones behind the action sequences. However, this 2015 reboot, which had been delayed for months (not a good sign), is nothing like the original (except for a few nods throughout the film). The raw intensity, the meaningful dialogue delivered by Swayze's mystical-criminal character Bodhi, and the keep-you-on-the-edge of your seat storyline was ferociously missing in this updated version. With relative newcomer Luke Bracey taking over Reeves' Johnny Utah character (this time an extreme sports star rather an ex-QB college star) and Edgar Ramirez slipping into the character of Bodhi (lacking charm), the new duo had little to offer from a cliché-riddled script. Veteran actor Delroy Lindo and the beautiful up and comer Teresa Palmer are in the film as well, but provide minimal to story. Palmer's role is so limited, as a viewer, you have to question to what the point is? The love relationship that quickly develops (literally after just a few exchanged lines) between her character and Utah has no deep connection or relevancy. Furthermore, as I mention the word “story,” I am using it loosely as frankly the action sequences, party scenes, and some awful dialogue seem to take the forefront over any coherent plot to be found.

After years in motocross, Johnny Utah decides it's time to make a change and enter the FBI. Why you ask? There is no rhyme or reason. He just simply enrolls seven years down the road after the death of a good friend. Delroy Lindo's FBI instructor character has the power to make him an agent and grants him a provisional opportunity. Utah has a theory to the strange robberies (criminals giving away stolen goods/money to poor communities/countries) committed by individuals using motorcycles and parachutes. You know, since Utah was an extreme action star, he immediately believes these are extreme sports athletes. It's up to him to infiltrate the “gang” and of course in this movie, it seems way too simple on landing within this group of unorthodox thieves. Utah and his new partner, “Pappas” played by Ray Winstone just happen to stumble upon a huge party on a cruise ship that may very well have the criminals on board. When Utah attempts to surf an impossible wave, he gets

in the way of another guy and that guy is Bodhi. Like in the original, Bodhi comes to the stranger's rescue despite disrespecting him, as he was about to ride that wave. Bodhi's cronies (that offer zero personality or spark) question why their spiritual leader saved this nobody. Bodhi replies with don't you know who this is? This is Johnny Utah. Apparently Bodhi, a figure that is keen on the simple things in life and walking his own path knows about some mildly popular motocross star from nearly a decade ago. After a few scenes together, which include a “Fight Club” sequence, Bodhi sees something in Utah and lets him in. Just like that, Utah is in and I already wanted out.

Directed By: Ericson Core
Written By: Kurt Wimmer (based on the 1991's Point Break by Rick King and W. Peter Liiff
Rated PG-13 for violence, thematic material involving perilous activity, some sexuality, language and drug material
Release Date: December 25th, 2015

The movie treks along with “extreme” snowboarding sequences and the rest Bodhi's guys accepting Johnny as one of their own. Bodhi has a certain perspective of the world. He believes everyone has his or her own path despite encouraging those to follow him. However, his dialogue never reaches the heights of the first film. In the original, you really get a feel and understanding of all the characters, but here, there's so much disconnect. There's a lack of a true “bromance” between Utah and Bodhi that strongly represented in the original. With an embarrassing plot filled with holes and emptiness, extremely poor dialogue, and actors just reading lines rather than slipping into their characters, the film ultimately feels like a waste of time for all parties involved. The only redeeming quality may be the decent action sequences, but in a day and age where we have seven Fast & Furious films, the “extreme” scenes seem tame and uninspired. As for the ending, it felt rushed and plain out silly. It was a half-baked conclusion that tried to somewhat mimic the original before choosing its own path (which made no sense). One of the laughable lines amongst the group of criminals about the afterlife or right before someone was in danger of dying was “see you soon.” Well, I hope to never see you soon or ever again “Point Break” of 2015.

Grade: 1.5 out of 5

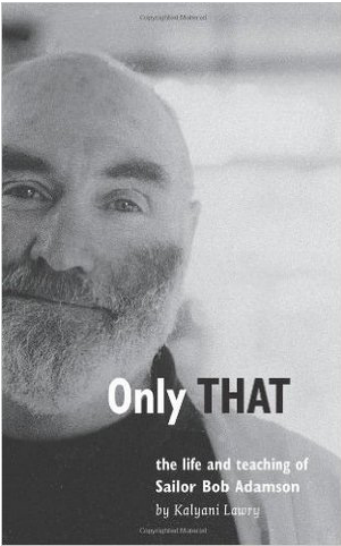
Jeff's Book Pics By Jeff Brown

The Relic Master: A Novel by Christopher Buckley
From New York Times bestselling author Christopher Buckley, “one of the funniest writers in the English language” (Tom Wolfe), a compelling and hilarious adventure featuring a sixteenth-century relic hunter and his best friend, Albrecht Dürer, who conspire to forge the Shroud of Turin. The year is 1517. Dismas is a relic hunter: one who procures “authentic” religious relics for wealthy and influential clients. His two most important patrons are Frederick the Wise, Elector of Saxony and soon-to-be Cardinal Albrecht of Mainz. While Frederick is drawn to the recent writing of Martin Luther, Albrecht pursues the financial and political benefits of religion and seeks to buy a cardinalship through the selling of indulgences. When Albrecht's ambitions increase his demands for grander and more marketable relics, Dismas and his artist friend Dürer conspire to manufacture a shroud to sell to the unsuspecting noble. Unfortunately Dürer's reckless pride exposes Albrecht's newly acquired shroud as a fake, so Albrecht puts Dismas and Dürer in the custody of four loutish mercenaries and sends them all to steal Christ's burial cloth (the Shroud of Chambéry), Europe's most celebrated relic. On their journey to Savoy where the Shroud will be displayed, they battle a lustful count and are joined by a beautiful female apothecary. It is only when they reach their destination that they realize they are not alone in their intentions to acquire a relic of dubious legitimacy. Filled with fascinating details about art, religion, politics and science; Vatican intrigue; and Buckley's signature wit.

Only That - the life and teaching of Sailor Bob Adamson by Kalyani Lawry (Author), Sailor Bob Adamson (Foreword)
Through John Wheeler and other influential teachers, and through his two books of dialogues, Sailor Bob Adamson has become a familiar name to those interested in non-dual spirituality. With assistance from friends and family, and from Bob

himself, Kalyani Lawry has compiled an absorbing account of his life illustrated with photographs from Bob's personal collection. The second part of ‘Only That’ consists of dialogues which have an immediacy that is “closer than your breathing, nearer than your hands and feet” and a depth that reflects Bob's life experience while pointing clearly to the ultimate reality ‘Thou art That’.

The Silk Roads: A New History of the World Kindle Edition by Peter Frankopan
The epic history of the crossroads of the world—the meeting place of East and West and the birthplace of civilization. It was on the Silk Roads that East and West first encountered each other through trade and conquest, leading to the spread of ideas, cultures and religions. From the rise and fall of empires to the spread of Buddhism and the advent of Christianity and Islam, right up to the great wars of the twentieth century—this book shows how the fate of the West has always been inextricably linked to the East. Frankopan realigns our understanding of the world, pointing us eastward. He vividly re-creates the emergence of the first cities in Mesopotamia and the birth of empires in Persia, Rome and Constantinople, as well as the depredations by the Mongols, the transmission of the Black Death and the violent struggles over Western imperialism. Throughout the millennia, it was the appetite for foreign goods that brought East and West together, driving economies and the growth of nations. From the Middle East and its political instability to China and its economic rise, the vast region stretching eastward from the Balkans across the steppe and South Asia has been thrust into the global spotlight in recent years. Frankopan teaches us that to understand what is at stake for the cities and nations built on these intricate trade routes, we must first understand their astounding pasts. Far more than a history of the Silk Roads, this book is truly a revelatory new history of the world, promising to destabilize notions of where we come from and where we are headed next.



Jeff's History Corner By Jeff Brown

The Statue of Liberty, a symbol of democracy and freedom that has greeted countless immigrants to US shores, was inspired by a project representing an Arab woman guarding the Suez Canal, researchers said.

The recent findings are especially startling for some in the United States amid a heated debate over the arrival of refugees from war-scarred Syria and other Muslim majority countries. French sculptor Frederic Auguste Bartholdi, who traveled to Egypt in 1855-1856, developed there a “passion for large-scale public monuments and colossal sculptures,” said the US National Park Service, which guards the Statue of Liberty in New York. Since its discovery of oil more than 30 years ago, the United Arab Emirates has undergone a profound transformation, going from a small desert to a city with high living standards.

When the Egyptian government sought proposals in 1869 to build a lighthouse for the Suez Canal, Bartholdi designed a huge statue

of a robed woman holding a torch, which he called “Egypt (or Progress) Brings Light to Asia.” The sculpture originally took the “form of a veiled peasant woman,” explained Barry Moreno, who has written about the statue, as quoted by the US-funded Smithsonian Institution. Bartholdi produced a series of drawings in which the proposed statue began as a gigantic female fellah, or Arab peasant, and gradually evolved into a colossal goddess,” added Edward Berenson, who has also written about the subject. At the time, most Egyptians were Muslims — about 86 percent in Alexandria and Cairo, and 91 percent in other regions, according to the Smithsonian.

Bartholdi's second chance came when French historian Edouard de Laboulaye originated the idea of a monument presented by the French people to the United States representing “Liberty Enlightening the World.” In 1870, Bartholdi began designing the statue based on his previous design. It was inaugurated in 1886.

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A thrilling chapter in the exploration of the solar system will soon conclude, as NASA’s Saturn-orbiting Cassini spacecraft makes its final close flyby of the ocean-bearing moon Enceladus. Cassini is scheduled to fly past Enceladus at a distance of 3,106 miles on Saturday, Dec. 19, at 9:49 a.m. PST.

Although the spacecraft will continue to observe Enceladus during the remainder of its mission (through September 2017), it will be from much greater distances -- at closest, more than four times farther away than the Dec. 19 encounter.

The upcoming flyby will focus on measuring how much heat is coming through the ice from the moon’s interior -- an important consideration for understanding what is driving the plume of gas and icy particles that sprays continuously from an ocean below the surface.

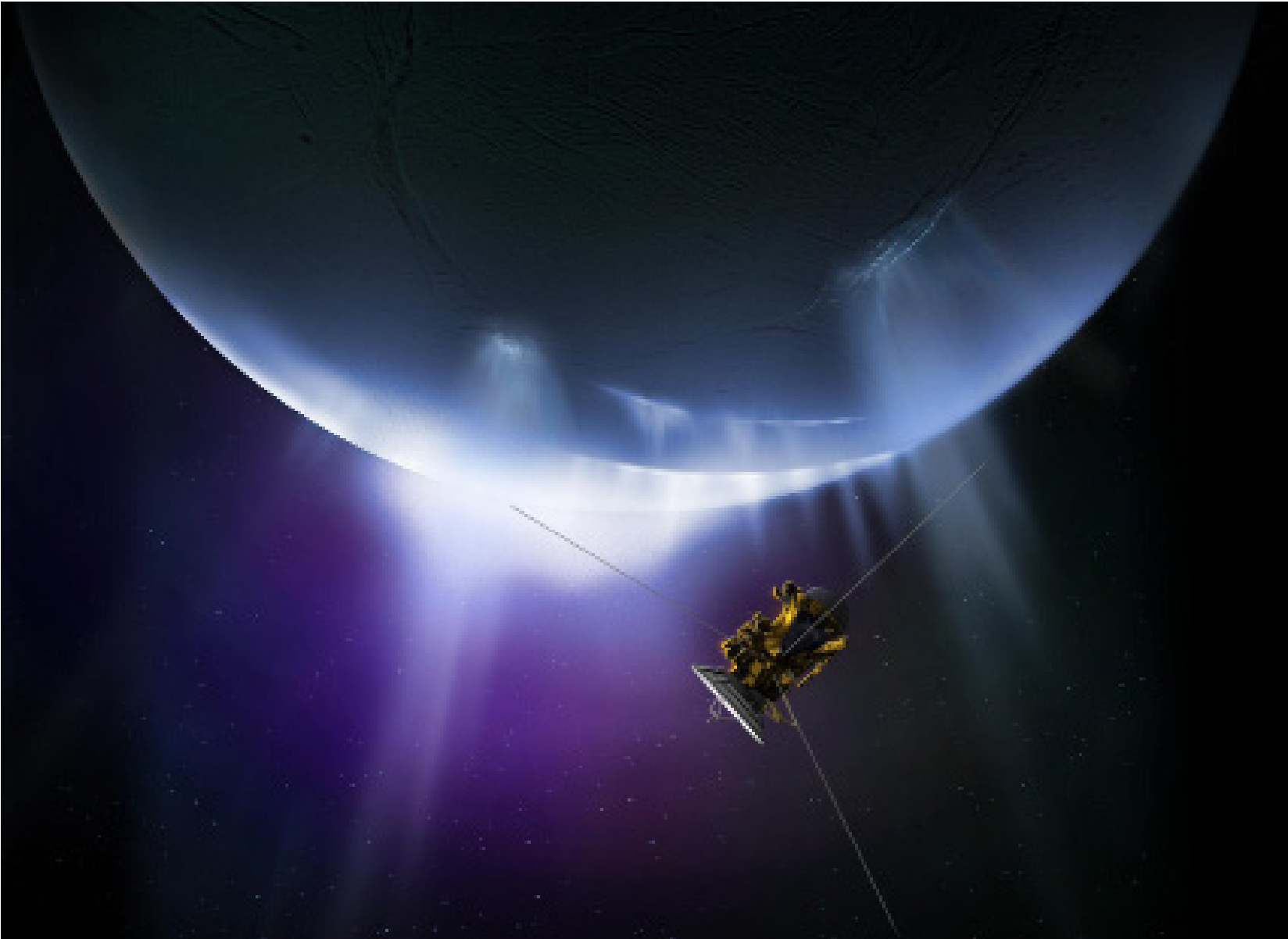
“Understanding how much warmth Enceladus has in its heart provides insight into its remarkable geologic activity, and that makes this last close flyby a fantastic scientific opportunity,” said Linda Spilker, Cassini project scientist at NASA’s Jet Propulsion Laboratory, Pasadena, California.

By design, the encounter will not be Cassini’s closest. The flyby was designed to allow Cassini’s Composite Infrared Spectrometer (CIRS) instrument to observe heat flow across Enceladus’ south polar terrain.

“The distance of this flyby is in the sweet spot for us to map the heat coming from within Enceladus -- not too close, and not too far away. It allows us to map a good portion of the intriguing south polar region at good resolution,” said Mike Flasar, CIRS team lead at NASA’s Goddard Space Flight Center, Greenbelt, Maryland.

The south polar region of Enceladus, while well lit for observing observations by Cassini’s visible light cameras when the spacecraft arrived at Saturn in mid-2004, is presently in the darkness of the years-long Saturnian winter. The absence of heat from the Sun makes it easier for Cassini to observe the warmth from Enceladus itself. By the time the mission concludes, Cassini will have obtained observations over six years of winter darkness in the moon’s southern hemisphere.

Cassini completed a daring dive through the moon’s erupting plume on Oct. 28, passing just 30 miles (49 kilometers) above the surface. Scientists



are still analyzing data collected during that encounter to better understand the nature of the plume, its particles and whether hydrogen gas is present -- the latter would be an independent line of evidence for active hydrothermal systems in the seafloor.

This moderately close flyby will be the 22nd of Cassini’s long mission. The spacecraft’s surprising discovery of geologic activity on Enceladus, not

long after arriving at Saturn, prompted changes to the mission’s flight plan in order to maximize the number and quality of encounters with the icy moon. Cassini made its closest Enceladus flyby on Oct. 9, 2008, at an altitude of 16 miles.

The unfolding story of Enceladus has been one of the great triumphs of Cassini’s historic mission at Saturn. Scientists first detected signs of the moon’s icy plume in early 2005, followed

by a series of discoveries about the material gushing from warm fractures near its south pole. They announced strong evidence for a regional subsurface sea in 2014, revising their understanding in 2015 to confirm that the moon hosts a global ocean beneath its icy crust.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

[Nyerges has been teaching outdoor skills since 1974. He is the author of many books, including “Testing Your Outdoor Survival Skills,” “How to Survive Anywhere,” “Enter the Forest,” and others. Information about his books and classes can be seen at www.SchoolofSelf-Reliance.com.]

WEATHER LORE

Aside from consulting with newspapers, the weather service, and such online services as Weather Underground, you should learn to make your own weather observations, and learn to interpret what you see. If nothing else, this helps to increase your awareness of the environment and keeps you alert.

Birds perch more and fly lower before a storm because the low-pressure air makes it harder to fly.

A barometer – either store-bought or home-made – is a good tool for determining if there will be clear days or rain ahead. A rising barometer indicates decreasing air pressure and clear weather, while a rapidly falling barometer sometimes forecasts rain, snow, or other stormy weather.

Though you might have a barometer on your wall at home, most people do not carry a barometer with them into the wilderness areas. However, many people do carry altimeters (sometimes built into their wrist watches), and these are essentially barometers. First, you need to know where you are on your map, and your altimeter needs to be accurate. Then, over the course of a day or so, if our altimeter shows a higher elevation than is accurate, it means the pressure is falling and this could indicate that a storm is coming. If the altimeter shows a lower elevation than what the map indicates, then the pressure is rising and you have a general indication of clear or clearing weather.

The key here is an accurate altimeter, and your observation of a change in the altimeter while you were at the same location.

Dew on the grass at night or early morning can be a sign of fair weather, and dry morning grass can foretell rain or an overcast day. However, in some areas where it is very dry, you may not get morning dew even though the day will be clear.

The presence of a red sunrise or sunset is also a good general indicator of the weather to follow. A red sunset generally indicates fair weather, and a red sunrise may foretell rain within 48 hours. A simple rhyme makes it easy to remember: “Red sky at night, sailors delight; red sky in morning, sailors take warning.”

Learning to read the clouds can be another skill for short-term weather forecasting.

For example, cumulus clouds are the puffy, flat-based, cauliflower-like clouds which are constantly changing. They mean fair weather followed by clear nights. However, if they begin to stack up into cumulonimbus clouds, that means rain or snow is on the way.

Cumulonimbus clouds result from strong vertical air currents. These are the most familiar thunderheads, with winds often molding the tops into an anvil form. Their based may almost touch the ground in the mountains, and violent updrafts can carry the tops to 75,000 feet. In their most violent form, they can produce tornadoes. Usually a sign of approaching storms, these cumulonimbus clouds will drop rain or snow, and sometimes hail.

There are many other natural signs which will tell you about upcoming weather systems. Most of these signs are fairly logical once you understand the mechanisms at work. One of the best books on this subject is Eric Sloane’s illustrated “Weather Book.” Sloane gives the reader a basic understanding of the principles which control weather, and his beautiful drawings make the subject easy to grasp.

I have also learned a lot from Ellsworth Jaegar’s “Wildwood Wisdom” and from the weather section of most Boy Scout manuals.

Observing short-term weather signs is a good way to increase your awareness. When planning your trips, take advantage of all the modern resources.

Once while discussing weather with meteorologist Dr. George Fischbeck, well-known to Southern California TV audiences, he told me that he is very suspect of the long-term weather projections of a week to 10 days. “Weather is a very dynamic thing,” he told me. “No one can accurately predict the weather beyond more than 48 hours.”

How to determine weather conditions by observing a rope that was hung from a tree limb:

If the rope is:	The weather condition is:
MOVING	Windy
STILL	Calm
INVISIBLE	Foggy
WET	Rainy
DRY	Sunny
GONE	Hurricane



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

AN OLD GEEZER FACES ANOTHER NEW YEAR

1 Jan 2016

Here we go again, tricked into thinking it is a New Year when there is absolutely nothing new about it. It is the same ole, same ole, Déjà vu all over again. The person who invented this “New Year” ought to be sued for defamation of characterization.

I suppose everybody has their own definition of “new,” but when I think of new I think of something that has not been before not the recycling is something old.

I have seen more New Years than I can remember and have concluded that it is a misnomer. The one thing I have observed through the years is that every New Year I get older. What is up with that? If I could stop the New Year, could I stop getting older? I would like to try at least!

If the New Year was actually new, I would get newer not older. This has brought me to a level of grumpiness that I’m not sure I can get over.

I do remember those times when I celebrated the New Year and it was all because I had no idea what was going on. Things were not getting new, rather they were getting old. Perhaps the newness of the New Year was just the first day of January. I can go along with that.

I have a few suggestions along this line. Instead of calling it the New Year why don’t we call it the old year all over again? That would make some sense to me. I do not mind doing things over again, but I do not want to be tricked into thinking that I am doing something new.

I have a little difference with the Gracious Mistress of the Parsonage along this line.

I know she did not invent New Year’s resolutions, but she is the biggest proponent of this idea. She suggests I come up with a list of New Year’s resolutions and is quite insistent about it.

All through the year she will query me, “How are you doing with your New Year’s resolutions?”

“I’m still working on them,” I say to get away from that subject as quickly as possible. I am so grateful that she does not ask me which resolution I have completed because I cannot remember any of the New Year’s resolutions from the last year.

However, when you come to this aspect of the New Year’s resolution how many of those are actually new? In order to make peace with my wife, I always come up with a list of New Year’s resolutions, which if looked into would resemble almost identically last year’s New Year’s resolutions. This is where writing things down can be very detrimental to a good solid marriage.

I have memorized these New Year’s resolutions, or so I say. Actually, I have more to do with my memory than cluttering it up with a bunch of New Year’s resolutions.

Perhaps our politicians should pass some kind of a law saying that you cannot make a New Year’s resolution until the Old Year’s resolutions are fully fulfilled. That would make a lot more sense to me.

Another issue I have with this New Year montage has to do with birthdays. During this New Year, I will get one year older. I object to that most vigorously. I think that is very presumptuous of this New Year to insist I get older. If it were really a New Year it would do something to help me get newer and not older.

Getting older has become very monotonous to me. I know every birthday is new, but what overrides that is I am getting older on that birthday. I am very confused about all of this. How can a new birthday make you older? Something is wrong here somewhere.

I find myself at that stage in life where I am looking for my second childhood. But the New Year keeps insisting I keep getting older. How can I enjoy a second childhood when I have this aspect of getting older? If it is my birthday, I should be the one to determine if I am getting older or younger.

I do not want to shock anybody, but everything new is eventually getting old.

This came to me quite disappointingly when I recently put on my favorite necktie for church. My wife said, “Are you wearing that tie again? Don’t you think you ought to get a new tie?”

It was my favorite tie and now I am being told it is old and needs replacing. Which brings me to the disturbing question; does everything old need to be replaced?

If that is true, I am in serious trouble.

I guess I am at the stage of life where new is not very much of attraction to me. I like the old and I am not ashamed of it.

I can appreciate what the prophet Jeremiah said. “Thus saith the LORD, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, and ye shall find rest for your souls. But they said, We will not walk therein” (Jeremiah 6:16).

Just because something is new does not mean it is better and just because something is old does not mean it needs to be replaced. In fact, our country needs to get back to those “old paths.

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

DICK Polman



THE TEMPTATION OF DONALD TRUMP

A respected political analyst is writing about a certain presidential candidate. See if you can identify the candidate.

"He used simple, straightforward language that ordinary people could understand, short sentences, powerful emotive slogans."

Starting to sound familiar, right?

"There were no qualifications in what he said. Everything was absolute, uncompromising, irrevocable, undeviating, unalterable, final. He seemed to express (the voters') deepest fears and desires. Increasingly, too, he exuded self-confidence, aggression, belief in (his) ultimate triumph, (with) a fervor that was hard for less demagogic politicians to emulate. (He) managed to project an image of strong, decisive action, dynamism, energy."

It sure sounds like Donald Trump, America's top 2015 phenomenon. His whole pitch, after all, is that we're a bunch of losers and he's an absolute winner, strong, decisive, dynamic and high-energy.

Unfortunately, those quotes refer to German presidential candidate Adolf Hitler.

For the record, I am not suggesting that Trump is Hitler. But right now, as we prepare for nearly a year of balloting, we're in danger of embracing a very American version of autocracy. Our kind of autocrat doesn't need a jackboot army of street thugs; all he needs is an instinctive genius for exploiting rampant discontent (especially within the white downscale Republican electorate), and a silver tongue that is catnip for the ubiquitous insatiable media.

Those quotes come from Richard J. Evans, the distinguished British historian and author of "The Coming of the Third Reich." Some of the passages are downright creepy, because they resonate so disturbingly. German voters in the early '30s were fed up with conventional politics as usual - they viewed the government as gridlocked and ineffectual - and many were drawn to Hitler because he "advertised (his) opposition to conventional politics." The voters, writes Evans, "were not really looking for anything concrete (from Hitler). They were, instead, protesting against the Weimar Republic."

In addition, "many of them, particularly in rural areas, small towns, culturally conservative families... may have been registering their alienation from the cultural and political modernity for which the Republic stood." Hitler was often vague about exactly what he wanted to do - he preferred "simple slogans" and "frenetic, manic activity" - and "to a large extent this allowed people to read into (him) what they wanted to and edit out anything they might disturbing."

Which is one reason why Trump gets away with disgorging his garbage - because his followers either focus on the stuff they like and edit out the garbage; or they endorse the garbage. And Trump's critics are continually stumped and amazed that this keeps happening.

All of which sounds eerily familiar. Evans writes that Hitler's political opponents "still found it impossible to take (his) extremist rhetoric and bullying tactics...as anything other than evidence of (his) inevitable political marginality. (Hitler) did not conform to the accepted rules of politics, so (he) could not expect to be successful."

But what an aspiring autocrat needs most is a climate of despair, something visceral to exploit. And what we have today, particularly within a subset of the Republican electorate, is fear and anger and a yearning to lash out. These voters are terrified that America is changing for the worst, and that they're being left behind, culturally and economically. Trump speaks to those terrors ("we don't win anymore") - the same kind of terrors that gripped Hitler's voters, according to Evans:

"Money, income, financial solidity, economic order, regularity and predictability...now all this seemed to have been swept away....It added to a feeling in the more conservative sections of the population of a world turned upside down." And this fear and anger "debased the language of politics" and "lent new power to stock fantasy images of evil."

Which is why Trump suffers no penalty for debasing Muslims, women, journalists, blacks, Asians, and the disabled. Thirty five percent of the Republican electorate a sizable share if all his saner foes are divvying the rest of the pie.

But do we really want to flirt with autocracy? Are we not better than our basest instincts? The voting begins on Feb. 1. The choice is ours.

Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Philadelphia. Email him at dickpolman7@gmail.com.



WIL Durst Raging Moderate

2016: WHAT TO EXPECT

It's hard to believe, but we're on the brink of another presidential election year. Let us pray. Every quadrennial, the American political process plays out as a big-top carnival sideshow featuring moral contortionists, ethical geeks and fat sweaty white guys teetering on slack media wires.

Fortunately, we Americans have become as resilient to this format as fourth-generation cockroaches are to watered-down insecticide. To show how familiar, we here at Durstco have compiled a political forecast of what to expect over the coming year. Clip and save. All dates are approximate. Your mileage may differ.

FEBRUARY 1, 2016: The results of the Iowa Caucuses are dismissed by non-winning candidates as an irrational political stunt, much like a game of musical chairs without the music. And no chairs.

FEBRUARY 9, 2016: Some type of victory in the New Hampshire primary, moral or otherwise, is claimed by no fewer than seven candidates.

MARCH 1, 2016: Super Tuesday. So called for the quantity of primaries, not the quality.

MARCH 11, 2016: A rumor about a low-polling politico having an affair with an aide is revealed to be a last-ditch cynical attempt to humanize him.

MARCH 20, 2016: A flag factory in New Jersey bans all photo-ops by Presidential aspirants in an attempt to get some work done.

APRIL 16, 2016: Ronald Reagan is reported to be in a Swiss spa getting transfusions of Keith Richards' blood. "Draft Reagan" groups spring up in thirty-seven states.

APRIL 29, 2016: A New York Times poll says 40 percent of the American public sees a need for a third party.

APRIL 30, 2016: Ben Carson announces he will run as a third party candidate.

APRIL 31, 2016: A USA Today poll says 43 percent of the American public sees a need for a fourth party.

JULY 18, 2016: In Cleveland, the Republican National Convention outlines a platform that proposes hunting the homeless for food.

JULY 22, 2016: After the Republican National Convention, the conservative wing accuses the nominee of selling out the party. Cleveland cab drivers express disgust.

JULY 25, 2016: In Philadelphia, the Democrats float a platform that endorses good and condemns bad.

JULY 26, 2016: Due to pressure from large donors, the platform is watered down.

JULY 30, 2016: After the Democratic National Convention, the liberal wing accuses the nominee of selling out the party. Philadelphia Uber drivers express dismay.

AUGUST, 2016: Absolutely nothing happens in August and it is reported upon at great length.

OCTOBER 4, 2016: The Vice Presidential debate is beaten in the ratings by a Weather Channel special on topsoil. Two days later, the DEA rules it illegal to stream a recording of it while driving.

OCTOBER 19, 2016: No Presidential candidate personally appears at the final debate. Instead, spin-doctors give detailed answers as to how the candidates would have responded if particular questions were asked in a certain way.

NOVEMBER 8, 2016: In a concerted effort not to encourage these hypocritical tools, the public stays away from the polls in record numbers.

NOVEMBER 9, 2016: The losing party's Vice Presidential nominee calls the election an aberration and fires an opening shot kicking off the 2020 campaign. The collective national groan registers a 4.2 on the Richter scale.

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"He could not follow simple directions, could not communicate clear thoughts nor recollections, and his handgun performance was dismal."

- Independence, Ohio Deputy Police Chief Jim Polak, in deeming candidate Timothy Loehmann unfit for service in his department

of 12-year-old Tamir Rice a year ago last month.

Fresh out of the academy, Loehmann was on the Independence, Ohio force for a month when he got the assessment quoted above and deemed unfit for duty. It was in a personnel file that investigators from Cleveland didn't bother to open when they approved him for duty in their own police force.

Frank Garmback, Loehmann's partner when Tamir Rice was killed, had a record of his own. It was earlier that year when Cleveland settled a \$100,000 excessive force lawsuit against him. A woman claimed that a call about someone blocking her driveway led to a situation where Garmback "rushed and placed her in a chokehold, tackled her to the ground, twisted her wrist and began hitting her body" and "such reckless, wanton and willful excessive use of force proximately caused bodily injury". For whatever reason, that suit and that settlement was removed from Garmback's personnel file.

In November 2014, Garmback served not only as Loehmann's partner, but as his supervisory trainer when they got a call about somebody "probably a juvenile" waving a gun "probably fake". After the shooting, the president of the Cleveland Police Patrolmen's Association told reporters how there had been "a few people sitting underneath a pavilion", with Officer Loehmann seeing a "black gun sitting on the table, and he saw the boy pick up the gun and put it in his waistband". Cleveland Deputy Chief Tomba related how "The officer got out of the car and told the boy to put his hands up. The boy reached into his waistband, pulled out the gun and (Loehmann) fired two shots."

A video released four days later showed this was all lies. The boy was alone on a swing when the patrol car sped up beside him; there was no sign of the toy pellet gun and the patrol car was "still in the process of stopping" when Loehmann got out and, within two seconds, shot and killed 12-year-old Tamir Rice. The video shows he laid on the ground for four minutes before an FBI agent, coming from a separate incident, stopped to administer aid. It shows how the officers, two minutes after Tamir was shot, tackled and cuffed his 14-year-old sister running towards him, and shoved her in the back of their patrol car to watch her brother die.

As in the case of the killing of Michael Brown in Ferguson, Missouri the year before, the county prosecutor then used the grand jury process not to bring justice but to absolve the officers of culpability - though it took him more than a year to do so. As in Missouri, he leaked information from "secret" proceedings seen as favorable to the accused. He allowed testimony from the accused officers, but then shielded them from any cross-examination.

I'm hopeful that a federal investigation this coming year might reach a different conclusion. I'm hopeful these killings might end in the coming year; but unless our country's law enforcement agencies commit to hiring only those deserving to wear the uniform, and prosecutors commit to prosecuting the bad guys, whether in uniform or not, then I predict that's not going to happen.

Happy New Year

2016 Resolutions: Hey, Federal Government, You First

If you think our benevolent federal government is too big, this will agitate you: The government is advising us on New Year's resolutions.

About USA.gov, the government's official web portal, offers a dozen recommendations. First up, the government wants us to resolve to lose weight next year.

Hey, federal government, maybe if you'd stop subsidizing the sugar and high-sucrose corn syrup industries — empty calories that the human body turns into instant fat — we surely wouldn't be so tubby.

Here's another recommended resolution: eat healthy food — though this recommendation is more of a demand for some. Just ask school kids across America, whose school lunches must follow government-mandated requirements — frequently resulting in awful-tasting grub — or their school districts will not receive government dough.

That brings us to another recommended resolution: save money. That's a good one, federal government! Our national debt is nearly \$19 trillion — it's more than tripled since George W. Bush became president in 2001. The budget deal just passed by our Republican Congress is packed with enough leard to cause a national cardiac arrest. If anyone needs to resolve to save money, it's you.

Which brings us to a resolution our government knows plenty about: manage debt. Did I mention our national debt is nearly \$19 trillion? Did I mention how rapidly it has grown? I didn't mention that our political leaders are doing little to address the problem. Or that we will be in a world of hurt when interest rates are restored to normal levels and our debt-service payments will soar.

Here's another resolution: get a better education. Hey, great idea, federal government. An education is the way forward. However, your policies could use some adjustments. Every time you make more student loan money available, the cost of college goes up. It's risen three times faster than inflation and created a massive student-loan bubble over the past few decades.

Today, nearly 37 million Americans owe roughly \$1 trillion total in student-loan debt — most of it federal student-loan debt. The informational nonprofit American Student Assistance says the average student-loan balance stands at around \$24,300.

Here's another recommended resolution: get fit. I couldn't agree more with this one, federal government. Now that you have butted into the private health insurance system — now that I have to pay significantly higher premiums to cover things I don't want or need — I had to switch to a high-deductible policy. The more fit I am, the less likely I will face costly out-of-pocket health costs.

That brings us to another recommendation: manage stress. Hey, federal government, I was managing stress just fine until you borrowed trillions and disrupted our private health insurance system, causing millions to lose their policies and pay lots more.

In order to manage stress, I need to manage you, so I sent Republicans to represent me in the House and Senate and they just passed a spending bill that is so packed with pork, it would have caused Democrats to blush. In other words, I am unable to manage the source of my stress.

Which brings us to two related resolutions: quit smoking and drink less alcohol. Hey, federal government, smoking premium cigars is the only thing that relaxes me these days — which is why the FDA is eager to regulate them, no doubt. The government wants to "improve" cigars the way it "improved" our health care system?

Which brings us to alcohol, federal government. I figure that as long as you spend our money like a drunken sailor, you are making me drink like one.

So let's make a deal, federal government: I'll agree to your New Year's resolutions — but only if you go first.

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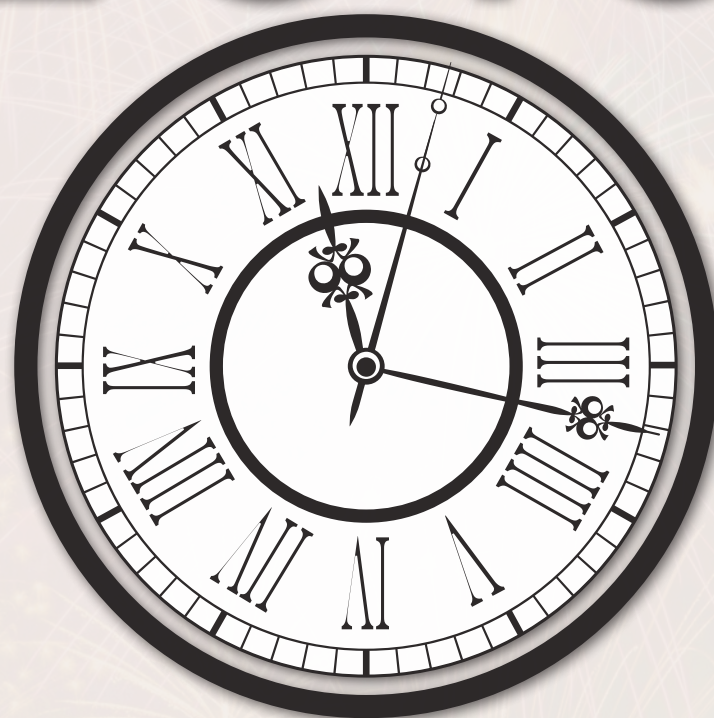
2016

HAPPY NEW YEAR!

WISHING YOU

A home full of treasured memories
and all the blessings a heart can know

- Luther, Georgina & Lidia



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