

Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Duarte

Monrovia

SATURDAY, JANUARY 30, 2016

VOLUME 10 NO. 5

CLEM AND NINA BARTOLAI CHOSEN AS SIERRA MADRE'S 2015 CITIZENS OF THE YEAR

The COTY award is granted to an outstanding Sierra Madre resident(s) who best demonstrate the town's spirit of volunteerism during the year. The Bartolai's credentials are extensive. The couple has resided in Sierra Madre for more than 50 years and are well known for their community involvement.

Clem is a Past President and current member of the Sierra Madre Kiwanis Club and was a founding member of the Sierra Madre Community Foundation.

Nina has served on the Senior Community Commission for over six years including serving as the commission's Chairperson. Both have been active with the Sierra Madre Rose Float Assoc., The SM Historical Society, SMEAC and Friends of the Sierra Madre Library.

Sierra Madre the community we treasure today. The Bartolai's are Sierra Madreans that make a difference.

The COTY dinner honoring The Bartolai's will be held on Saturday, January 30, 2016 in the Sierra Madre Room, 611 E. Sierra Madre Blvd., Sierra Madre, Ca. Reception begins at 6:00 p.m. Dinner at 7:00 p.m. Tickets are \$30 per person/Tables of 10 \$275.00.

For more information, please contact Amanda Burnett at 626-355-5111.



Photo courtesy Bill Caburn/Sierramadrenews.net

Saturday, January 30, 2016

The Sierra Madre Room

611 E. Sierra Madre Blvd. Sierra Madre, Ca. 91024

6:00 p.m. Happy Hour

7:00 p.m. Dinner and Awards Ceremony

Tickets: \$30 per person/\$275 per table of 10

No Host Bar

Tickets Available at The Bottle Shop/Bean Town and Savor The Flavor or

Call the Chamber at 626-355-5111

"JUST TELL US THE TRUTH, WE'LL GIVE YOU WHAT YOU NEED"

By Susan Henderson

As word spread quickly regarding the city's police shortage Sierra Madre residents began speaking up. Telephone calls, emails and Facebook posts seemed to carry a common thread. Having the story of the city's police shortage discussed over the LA County airwaves was not a good idea.

It was reported in last week's Mountain Views News and other local papers and run on network television stations that there were not enough police officers employed by the city to patrol Sierra Madre 24/7.

"I was listening to one of the local TV stations and I heard that the city didn't have police after 6 pm and I was angry. I was angry because the news was now out there and every thief in the county will know that we are a sitting target.", said one resident who asked us to withhold publishing her name.

Another resident named Gary expressed his frustration because he feels as though city staff has not been honest in their dealings with the public. *"Why wasn't the seriousness brought to our attention before the whole world found out? We don't want the Sheriff here, so we'll give the city what they need but they have to start being more transparent. Just tell us the truth and we'll give you what you need"*, he said

in a statement directed at city government.

His comment struck a nerve with other residents who overheard him in Poppy Cake Bakery Wednesday morning and several joined in the conversation which quickly turned to Measure UUT that will be on the April Municipal Election ballot.

The measure asks voters to increase the current Utility Users tax to 10%. It is currently at 8% and scheduled to reduce to 6% on July 1st. If the measure fails, the city will not have sufficient funds to support its Police and Fire Services, leaving Sierra Madre no alternative other than to contract out to the Sheriff's Department on a permanent basis. (No other agency has expressed an interest in entering into a contract with Sierra Madre.)

City Manager Elaine Aguilar acknowledged that the retirement of 3 officers at the end of 2015 and losing several other officers to better paying and/or more secure jobs has become a problem.

"Chief Gianonne has been trying to recruit new officers from the academy but we are just not attracting new officers."

Although Sierra Madre is currently one of the safest cities in California and officers who patrol the city are not faced

with the same level of violence and dangerous situations as in larger, better paying cities, a big contributor to the reluctance of potential new hires is the uncertainty of whether or not the Sierra Madre Police Department will be dismantled and contracted out. News of the city's possible new relationship with the Arcadia PD did not allay any of those fears noted another resident.

At Tuesday's council meeting, the subject of temporarily contracting out to the Arcadia PD for additional coverage was taken off the consent agenda because the City of Arcadia had not yet responded to Sierra Madre's offer. The offer is to have Arcadia PD cover Sierra Madre during shifts when no SMPD are available.

Whether or not the city will be able to maintain its independent police department will be dependent on what happens with Measure UUT in April. With every candidate unopposed, voter turnout, or the lack thereof will be critical.

During the discussion in the local bakery, lifelong resident and businessman Joe Feeney is not a fan of increased taxes but is absolutely against contracting out Police and Fire Services. *"We can cut other things but not our Police and Fire Departments!"*

RESCUE LOG SIERRA MADRE SEARCH AND RESCUE

2015 was a busy year for the Sierra Madre Search and Rescue (SMSR) Team. While December was a slow month with the Team responding to only three calls for assistance, the total count of operations for the year was 114. These calls allowed the Team to provide assistance to 164 individuals and 3 dogs lost or injured in the mountains. Over 3,890 hours of time were logged by Team members while on these calls.

In addition to actual search and rescue calls, Team members contributed over 6,800 hours in support of the Team's mission. This included 19 public preventative search and rescue (PSAR) events where Team members discuss wilderness safety and preparedness with scout groups, schools, and other community groups. Members participated in just under 4,500 hours of training covering a broad array of SAR disciplines necessary to maintain the high level of proficiency required to safely perform the Team's mission. In total, Team members contributed over 10,700 hours of official time in support of the Team not counting unofficial time spent by individual Team members maintaining their readiness. The pace of operations has picked up in the first part of January with the Team responding to 4 calls for assistance over the January 9-10 weekend alone.

The recent change in our weather has brought us the more typical winter conditions we haven't seen for the past several years. Southern California has a very wide range of climate zones and it is not unusual for our local mountains to experience significant snow and rain as well as very low temperatures. There is no way you can pack

for every contingency, but you should ensure that you are prepared for the conditions and are carrying and know how to use, key basic survival items including; a map, insulated/waterproof clothing, a headlamp or flashlight, communication or signaling device, sun/eye protection, first aid supplies, fire starter, food/water, emergency shelter, and a knife or multi-tool.

Don't forget to always let someone know where you are going and when you will be home. Do not push too hard and exceed your physical abilities or experience. The mountains will wait for you!

The Team extends our thanks to our partner emergency services agencies including; Sierra Madre Fire Department, Sierra Madre Police Department, LA County Fire Department, Los Angeles County Sheriff's Department, the US Forest Service, and our fellow SAR teams. Most importantly, we'd like to extend our sincere thanks to the residents of Sierra Madre and those that support the Team and enable us to help those in need.

For over 60 years the all-volunteer Sierra Madre Search and Rescue team has been responding to calls for help in the local mountains and beyond. Funded entirely by private donations, SMSR provides a range of public programs on wilderness safety in addition to its search and rescue activities. The Team never charges for any of its services.

For more information, including how to arrange a wilderness safety demonstration for your school or group, visit www.smsr.org.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: SUMMARY ORDINANCE NO. 1375:
MUNICIPAL CODE TEXT AMENDMENT 15-05 (MCTA 15-05)
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

On January 26, 2016 the City Council of the City of Sierra Madre introduced for first reading Ordinance No. 1375 amending Chapters 17.20 ("R-1 One Family Residential") Section 17.20.053 ("Angle Plane"), Subsection 17.20.050.A.2 ("Front Yard Setbacks Greater Than 25 Feet"), and adding Section 17.20.115 ("Flag Lots and Exclusive Access Easements Prohibited"); amending Chapter 17.48 ("Development Standards") Section 17.48.020 ("Height of Penthouses and Roof Structures") and repealing Section 17.48.080 ("Modified Front Yard Cul-de-Sac"); amending Chapter 17.60 ("Variances and Conditional Use Permits") Section 17.60.040 ("Conditional Use Permits—Burden of Proof"), Section 17.60.041 ("Additional Burden of Proof for Permits for Certain Noted Projects") and Subsection 17.60.055.B ("Public Notice"). The changes include revisions to the conditional use permit findings, minor conditional use permit noticing requirements, clarification of prevailing front yard setback requirements, specifying chimneys as a permitted encroachment into the angle plane setback requirement, establishment of a maximum allowable height for chimneys, elimination of flag lots and exclusive access easements on newly created or reconfigured lots, and elimination of the modified front yard setback for cul-de-sacs. The City Council will conduct a second reading of Ordinance 1375 at the February 9, 2016 City Council Meeting at 6:30 PM, in the City Council Chambers at 232 W. Sierra Madre Boulevard.

This summary is published pursuant to Government Code Section 36933(e)(1) and a full and complete certified copy of the text of Ordinance 1371 is available at the Sierra Madre City Manager's Office located at City of Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

ENVIRONMENTAL DETERMINATION: The project qualifies for an exemption from the California Environmental Quality Act review pursuant to Title 14, Section 15061(b)(3) of the California Code of Regulations as it can be seen with certainty that there is no possibility the adoption of this Ordinance may have a significant effect on the environment, because it will impose greater limitations on development in the City and protect the aesthetic character of Sierra Madre, thereby serving to reduce potential significant adverse environmental impacts.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before, the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

City of Sierra Madre

PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: Summary Ordinance No. 1371:

THE CITY COUNCIL ADOPTED MUNICIPAL CODE TEXT AMENDMENT 15-04, ESTABLISHING ORDINANCE 1371, AMENDING TITLE 17, CHAPTER 17.10 (MARIJUANA CULTIVATION AND MARIJUANA DISPENSARY) OF THE SIERRA MADRE MUNICIPAL CODE

Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

On January 26, 2016, the City Council of the City of Sierra Madre introduced for second reading Ordinance 1371 amending Chapter 17.10 of the Municipal Code, establish local control measures prohibiting the growing of live plants, cultivation, processing, testing, transporting, and distribution of marijuana as a business in all zones. The purpose of Municipal Code Text Amendment 15-04 is to further an objective of the City of Sierra Madre's 2007 Ordinance No. 1266, prohibiting in all zones marijuana dispensaries which involves the distribution of drugs or other substances which is illegal to distribute or possess under federal law. The proposed Ordinance complies with the requirements of Assembly Bills 243 and 266, and Senate Bill 643, each containing key provisions of the Medical Marijuana Regulation and Safety Act.

The Ordinance was approved upon specified Health and Safety Code finding 11362.777(b)(3) and pursuant to Government Code Section 36937, and becomes effective on February 22, 2016. This summary is published pursuant to Government Code Section 36933(c)(1) and a full and complete certified copy of the text of Ordinance 1371 is available at the Sierra Madre City Manager's Office located at City of Sierra Madre City Hall, 232 W. Sierra Madre Blvd., Sierra Madre, CA. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.



**See something.
Say something.**

CALENDAR Pg. 2

SIERRA MADRE NEWS Pg. 3

AROUND SAN GABRIEL VALLEY Pg. 5

PASADENA/ALTADENA Pg. 6

ARCADIA NEWS Pg. 7
MONROVIA/DUARTE Pg. 7

EDUCATION & YOUTH Pg. 8

BEST FRIENDS Pg. 9

HEALTHY & FOOD Pg. 10

THE GOOD LIFE Pg. 11

THE ARTS Pg. 12

BUSINES NEWS & TRENDS Pg. 13

THE WORLD AROUND US Pg. 14

OPINION Pg. 15

LEGAL NOTICES Pg. 17



Family owned, AAHA
certified Animal Hospital
& Boarding Facility for
Dogs, Cats, Rabbits,
Guinea Pigs, Rats, Mice,
Turtles and Tortoises.

Come see our facility
any time without an
appointment!

Dr. Gueniat
with Teddie



www.MonroviaPet.com
626.358.1146



Boarding is Veterinary Super-
vised at all times. We offer large
indoor runs with natural
daylight, 3-4 daily outdoor play
times on real grass, and quality
Royal Canin prescription food.
Your Pet will receive the same
personal attention and care we
would expect if boarding our
own pets. Feline guests have
their own feline-friendly board-
ing area. We offer soothing spa
treatments, nail trims and other
grooming services while your pet
is visiting.



Weather Wise

6-Day Forecast

Sierra Madre, Ca.

Sun:	Rain	Hi 50s	Lows 40s
Mon:	Windy	Hi 50s	Lows 30s
Tues:	Sunny	Hi 60s	Lows 40s
Wed:	Sunny	Hi 70s	Lows 40s
Thur:	Ptly Cloudy	Hi 60s	Lows 40s
Fri:	Ptly Cloudy	Hi 60s	Lows 40s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, February 9, 2016
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, February 9, 2016 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings and Events

Friday, February 1, 2016, 3:00 pm
Senior Master Plan Committee Meeting

Thursday, February 4, 2016, 3:00 pm
Senior Commission Meeting

Thursday, February 4, 2016, 7:00 pm
Planning Commission Meeting CANCELLED

Tuesday, February 9, 2016, 6:30 pm
City Council Meeting

Planning & Community Preservation and Public Works
Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

S F S

SIRRA FILTRATION SERVICES

Professional Water Filtration & Service

Got Orange Water?
We Can HELP!

We specialize in commercial and residential
water conditioning and filtration systems.

We offer whole house & point of use filtration systems
that can address any concerns you have about your
water quality, taste, odor & color.

We also offer commercial systems that can improve
equipment function & greatly decrease the possibility
of expensive repairs and down time.

Free Estimates 1(800) 951-Filter or 714-878-5125

Leonara Moss

9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180EXTRAORDINARY
CUSTOM FLORAL
ARRANGEMENTS

Come join us.

Breakfast created by Chef Mario

We have fun and dynamic speakers each week.
Rotary is differing occupations, cultures, and countries,
which gives Rotary a unique perspective.

Our shared passion for service helps us accomplish the remarkable.
We see differently.
We apply leadership expertise to social issues and find unique solutions.
We act responsibly and create lasting change.
We make a difference at home and around the world.

For more info go to FB or Meetup.

The Hart Park House
222 W. Sierra Madre Bl.
Sierra Madre, CA 91024
Tuesdays 7-8:30 a.m.



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.
THAT'S 85 YEARS OF COMMUNITY SERVICE!
WE MEET WEEKLY AT THE LODGE (FORMERLY
THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY.

LEAGUE OF
WOMEN
VOTERS
MEETING
ON HIGHER
EDUCATION
ON FEB. 4

This coming Thursday, February 4, the presidents of Pasadena Community College and Cal State LA, and the Assistant Vice Chancellor of UCLA are going to discuss key elements in the shifting, and very important, status of California public higher education. It's a stellar panel. I'm hoping that you will help me get the word out.

The program is free and begins at 9:30 a.m. There's an optional buffet breakfast at 9 a.m. (\$20). Reservations are needed either way, and those who would like to attend can call [626-798-0965](tel:626-798-0965), e-mail office@lwv-pa.org or visit the Events page of the League's website here: <http://lwv-pa.org/events/?EventId=27692>. The reservation deadline has been extended to this Sunday.

TICKETS TO THE 46TH ANNUAL WINE AND
CUISINE TASTING BENEFIT ON SALE NOW

The event will be held on Friday evening, February 19, 2016, from 7:00-9:30pm at Alverno's historic Villa del Sol d'Oro, located at 200 N. Michillinda Avenue, Sierra Madre, and will be an elegant affair featuring more than two dozen vintners providing superb wines and local restaurants offering creative food and desserts.

Tickets to the premier event are \$80 and allow early admission at 6:00 pm. Those at the premier event will enjoy a variety of wines from Giesen Wines, New Zealand, and delectable hors d'oeuvres from local Pasadena restaurateur and award winning chef, Claud Beltran of Claud & Co. Catering, The Eatery, and Bacchus' Kitchen. A chance to win a very unique wine basket will be offered again this year. Tickets to the main event are \$60 and provide admission at 7:00 pm. Both will be on sale, beginning mid-December, at the Sierra Madre Public Library, The Bottle Shop, Savor the Flavor, and Arnold's Frontier Hardware & Gifts, as well as currently on line at <https://www.eventbrite.com>.

The Benefit is sponsored by the Friends of the Sierra Madre Library, an all-volunteer organization dedicated to supporting our community Library. All funds received from this event support the Sierra Madre Library. For more information about the event or Friends of the Sierra Madre Library visit our website at www.sierramadrelibraryfriends.org

BE A FLOAT DESIGNER WINNER . . .
CONTRIBUTE A DESIGN FOR THE 2017
SIERRA MADRE ROSE FLOAT

This year's design contest will be held until Friday, February 5th 2016. While incoming Tournament of Roses President Brad Ratliff has officially announced his 2017 Parade Theme, "Echoes of Success".

Don't forget to submit your design
There is a General Meeting on February 6th at 4PM to review the designs and vote for your favorites.

City of Sierra Madre

NOTICE OF PUBLIC HEARING

TO: City Wide
FROM: The City of Sierra Madre
SUBJECT: Resolution No. 16-02

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider adoption of City Council Resolution No. 16-02, amending the Fee Schedule by adding fees for plan check, permitting, and inspection of water efficient landscapes. The proposed fees shall be as follows:

Landscape Plan Check.....\$399.00
(Provides for 3 plan reviews. Additional reviews, if necessary, shall be performed at hourly rate of \$210/hour.)

Landscape Permitting and Inspection.....\$299.00

DATE AND TIME OF HEARING PLACE OF HEARING

City of Sierra Madre City of Sierra Madre
City Council meeting City Council Chambers
Tuesday, February 9, 2016 232 W. Sierra Madre Blvd.
(meeting begins at 6:30 pm) Sierra Madre, CA 91024

All interested persons may attend this meeting and the City Council will hear them with respect thereto.

By Order of the City Council

Posted January 29, 2016

Bruce Inman, Director of Public Works



Valentine's Day

International
Dinner & Dance

February 14th, 2016

Cost: \$65/guest \$120/ family

5 O'clock in the evening.

Kindly RSVP by February 10, 2016

(626)-836-2124 / (818)-391-6594

Alverno Villa del Sol d'Oro

200 North Michillinda Ave. Sierra Madre, CA 91024

Music and dances from Nepal and El Salvador, Live Music,
Dancing and more....



A fundraiser event for Compassionate Rescue 2016 projects.
Please consider donating generously to one of the projects indicated below.

Lang Tang village reconstruction in Nepal
(following total destruction after earthquake)

Saving lives with clean water to San Juan de Dios village in Juayua,
Sonsonate El Salvador and
The Navaho Nation

If you cannot attend and wish to donate to one of the above projects please
mail your check to. Compassionate Rescue.

661 Mariposa Ave. Sierra Madre, CA. 91024

www.compassionaterescue.org

Compassionate rescue is qualified 501(c) (3) tax-exempt organization and all donations are
tax deductible to the fullest extent allowed by law.



The Book Rack



Do you have too many books at home? Wondering
what to do with them? Come to The Book Rack and
trade them in for a book you have not read.

We have 1000's used and New books for
your reading pleasure.

204 S. First Ave
Arcadia

Phone 626-446-2525

website: bookrackarcadia.com

SIERRA MADRE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

SIERRA MADRE BLVD. SHOPS



The Bottle Shop

58 W. Sierra Madre Blvd, Sierra Madre
626-355-1262
Testing Room open Wed. Thru Sat.

ev80 floral design
Kivi Feng
Tel: 626-566-0968
ev80floral@gmail.com
www.ev80floral.net
145 W. Sierra Madre Blvd, Sierra Madre, CA 91024
Do the things you like, even at the age of 50!
www.ev80floral.net

Arnold's Hardware Frontier Hardware Co.

SIERRA MADRE 297 W. Sierra Madre Blvd., Sierra Madre, CA 91024 (626) 355-3665
DUARTE 2137 Huntington Dr., Duarte, CA 91010 (626) 357-8773



Hours of Operation	
Monday	8:00 am - 4:00 pm
Tuesday	8:00 am - 4:00 pm
Wednesday	8:00 am - 4:00 pm
Thursday	8:00 am - 4:00 pm
Friday	8:00 am - 4:00 pm
Saturday	8:00 am - 4:00 pm
Sunday	9:00 am - 4:00 pm

DOG WASH AMERICA
GROOMING FOR DOGS AND CATS
DPA PACKAGES
626-836-0701

"If It's Glass We Fix It"

SIERRA GLASS & MIRROR CO.

One of the Most Complete Glass Companies Anywhere

- Free Estimates
- High Rise Replacement
- Mirror Repair
- Windows, Mirrors, & Wood
- Glass Doors
- Shower & Tub Enclosures
- Mirrors (All Types)
- Wardrobe Doors
- Pass Crystal Repair
- Laminated Glass Repair
- Tempered Safety Glass
- Industrial Transport Glass
- Laminated Safety Glass
- Wire Glass
- Window to Floor Glass
- Beveled Glass
- Picture Glass
- Obscure Glass
- Table Tops 1/2" - 1"

Licenses #617218

Shower, Mirror, Stonefronts

(626) 355-3407 | (626) 795-4201 | Fax (626) 355-8396
247 W. Sierra Madre Blvd. | Sierra Madre, CA 91024

Brown's Classic Interiors

Designs For Your Taste

64 W. Sierra Madre Blvd.
Sierra Madre, CA 91024
Fax: (626) 836-1258

Dee Walker
(626) 355-2712

Lashes

Believe in the power of small changes

Call, Click or Come in
626.355.5507

www.butterflyeffectdayspa.com

370 W. Sierra Madre SUITE F
Sierra Madre, Ca. 91024



Walking Sierra Madre...The Social Side

by Deanne Davis



"Everybody is going to be excited to play in a Super Bowl. When you still enjoy the preparation and the work part of it, I think you ought to still be doing that. I think as soon as I stop enjoying it, if I can't produce, if I can't help a team, that's when I will stop playing."

Peyton Manning

Peyton must still be enjoying it because he's going to the Super Bowl again when the Denver Broncos take on the Carolina Panthers on February 7th. Already the world is abuzz with Super Bowl chat. No, it's not about who's going to win, it's what will the commercials be like, which big screen TV will we be invited to watch at and what will we bring to eat. We're hoping our South Pasadena daughter, Patti, and her husband, Dave - huge football fans both of them with a movie screen size TV, will ask us to join them. I'm going to offer my world famous Chicken Tortilla Casserole and a bottle of Red Diamond Merlot.

There's one person who is not one little bit happy about the New England Patriots losing: my new friend, Bill Hobiak, who will celebrate his 100th birthday on February 17th. Bill is a total Patriots fan, a Tom Brady man, and I suspect he's wearing a frown this morning. More about Bill in a week or so.

Walking Sierra Madre, my fellow walk aficionado, John, and I pass three different houses which have been shuttered or enclosed, and look abandoned and unloved. Their grass is dead... well, whose isn't...their shrubs are withered and leafless and we wonder what happened. Years go by, we continue to walk by, and nothing changes. We knew the dear folks who lived in one of the houses, and our youngest daughter, Crissy, our Texas girl, would go down to visit when she was about three. Ruffled sunsuit, bare feet, braids flying behind her, she'd turn in their pathway and yell, "Hi Chuck!" Many children in the family, all grown and gone, but the house turns closed blinds to the street. Are these lonely houses peopled with friendly spirits who peek out the windows and wait for Halloween when someone might come up the walk again and ring the bell? Remember the movie with Charles Laughton, The Canterville Ghost, where Sir Simon de Canterville is forced to wander through the empty castle until, "a kinsman shall perform an act of bravery in his name." It's a great movie. Six-year old Margaret O'Brien is in it, along with Robert Young. You can get a DVD from Amazon for \$17.49 and I think I will.

We found a new rose tree, a bare root and it's

putting out new little leaves on our front terrace. It's a Floribunda, named "Gingersnap" and the tag describes it as: Dazzling orange buds open to unusual ruffled blooms. Glossy, dark green foliage, petal count 30-35. Now I ask you, does that sound beyond fantastic? As you may recall, I over-pruned the last one and caused its untimely demise. Got a tomato plant, too, and maybe this year we'll actually get tomatoes. Succumbed to the irresistible lure of dinner-plate Dahlias in a red so red one needs sunglasses to look at the picture on the package. These are bulbs which haven't gotten planted yet, but the sunny days this week will definitely call for some gardening. Have you pruned your roses yet? I'm contemplating ours. Picked the first Naval orange of the season and should have waited another week or two, still mouth-puckeringly tart. The succulents (pictured here) are doing the best and don't care whether it rains or not!

Deathtrap, now playing at our Playhouse, got a great review in the Star News last Sunday and you shouldn't wait too long to get your tickets. They've already got several sold out dates! We've got ours and can't wait to go.

Sierra Briganti, as you may have noticed, has stopped serving lunch, which was one of my favorite things to do...sit outside with a friend or two, enjoy a glass of some really nice wine and look up at our own personal mountains. Zach Abeysa, the heart of Sierra Briganti, has sold this beautiful restaurant and will be looking into new projects for the future. Zach turned a rather ordinary place into something exceptionally beautiful, welcoming, and delicious. Sierra Briganti will still be under Zach's management until mid-February so get yourself in for as many dinners as you can. The Insalata Rustica - Radicchio, Belgian Endive, Roasted Walnuts, Apple, Bacon, Tomatoes, Gorgonzola cheese and Caesar dressing is Top Chef quality and my favorite. As Heraclitus said some centuries ago, "There is nothing permanent except change."

I'll share my Chicken-Tortilla Super Bowl Casserole recipe next week. Meanwhile, plant something and remember Valentine's Day is February 14th. "Love, your magic spell is everywhere!"

Check out my book page on Amazon.com: DeanneDavis@Amazon.com

You might like my blog, too: www.authordeanne.com

SIERRA MADRE POLICE DEPT.

During the week of Sunday, January 17th, to Sunday, January 24th, the Sierra Madre Police Department responded to approximately 286 calls for service.

Tuesday, January 19th At 8:15 am, Sierra Madre Police responded to the 00 block of East Laurel Avenue regarding a vehicle theft report. Upon arrival, the Officers were informed by the victim that the day before she parked her vehicle around 4:00 pm. The victim believed she had locked and secured her vehicle but she was not certain. The following morning she came out and discovered her driver's front door ajar and when she inspected her vehicle she realized several items were missing that included keys cards to her business and cash. Officers inspected the vehicle and did not locate any signs of forced entry into the vehicle leading them to believe the vehicle was left unlocked. This case has been forwarded to the Detective Bureau.

Thursday, January 21st At 11:00 pm, Sierra Madre Police responded to the area of South Mountain Trail and Sierra Madre Blvd regarding a welfare check on an elderly woman who was walking around in the roadway. Upon arrival, Officers made contact with the woman and noticed that her clothing was disheveled. Officers asked the woman if she needed help to which she replied yes and stated that she was lost and was trying to get home. The woman informed Officers that an unknown woman picked her up from her home and taken her to a bank to have her withdraw money, but when the elderly woman refused the younger woman dropped her off in the roadway and left. When asked if she knew where she was the woman stated she was in Lompoc and stated she had walked from Santa Barbara. Officers were able to determine the woman's last known address was located in Pasadena but efforts to make contact with anyone at the address came up empty. Officers observed that the woman appeared to be very confused when answering simple questions and did not appear to understand that she was located in Sierra Madre. Due to her current situation of being unable to care for her safety and well-being, Officers transported the woman to a local hospital and placed her on a medical hold for

further treatment and evaluation.

Friday, January 22nd At 11:44 am, Sierra Madre Police were patrolling the area and was flagged down at the 200 block of West Carter Avenue by a man who stated his gardening tools were stolen from the back of his truck. The man informed Officers that he parked his truck in front of the location at around 11:30 and all his tools were accounted for. Fifteen minutes later he returned to his truck and discovered several of his tools were missing. The victim did not recall anyone being in the area at the time. This case has been forwarded to the Detective Bureau.

Saturday, January 23rd At 2:44 am, Sierra Madre Police responded to the 100 block of North Mountain Trail due to a man interfering with the Sierra Madre Fire Department on a medical call. Upon arrival, Officers were informed by the on-duty fire captain and EMT that around 2:27 am, they responded to the area regarding a seizure victim and while treating the victim, a neighbor entered the home and demanded that the paramedics turn off the ambulance and fire engine lights off so he could sleep. The fire department stated that they would turn them off as soon as they finished their lawful duties. Several minutes later the fire captain walked outside and noticed the ambulance lights were off, and noticed the neighbor trying to open the door of the fire engine. The captain yelled to the man, who quickly went inside his home. The captain spoke to all his personnel and confirmed that none of them had turned the lights off as they were busy treating the patient. The captain believed the neighbor unlawfully entered the ambulance and turned off the lights and was attempting to do the same with the engine before he was confronted. Officers were called to the scene to address the matter and when Officers and the fire captain knocked on the man's door, he quickly opened the door and said he was trying to sleep and then shut the door. Officers attempted several more times and as before the man would only answer with short phrases before shutting his door. This case has been forwarded to the District Attorney's Office for filing of willfully resisting, delaying, or obstructing an officer.

VISIT US ONLINE

www.mtnviewsnews.com



THE SHOPS ON BALDWIN IN SIERRA MADRE



CAPELLI COURT SALON
51 N Baldwin Ave.
Sierra Madre CA 91024

Ester Gorena
Stylist- Owner
capellicourt@yahoo.com
626-836-1242

facebook.com/capelli.court



Sheila Vietro, Agent, Lic. #0589790

19 Suffolk Avenue, Sierra Madre, CA 91024
Bus: 626 355 1485 Toll Free 800 585 5662
Fax: 626 355 3308
cailin.perreira.rtkf@statefarm.com
sheila.vietro.bts6@statefarm.com

The greatest compliment you can give is a referral.

LES CHAMPS ELYSEES

Clothing & Accessories for Women & Men

In the Historical Hotel Shirley 26 N. BALDWIN www.thechamps-elysees.com



Now Offering Gourmet Burgers

• Coffee • Conversation • Community

45 N. Baldwin Ave. Sierra Madre, CA 91024 / T: (626) 355-1898



GYM (626)836-1236
PILATES (626)836-2000

PRO PILATES
PERSONAL TRAINING
FULL FITNESS FACILITY



www.SierraFit.com



CASA DEL REY - SIERRA MADRE

Family Owned Since 1972 - Originally located in Temple City

31 N. Baldwin Ave.

Sierra Madre, CA 91024

626-355-6060

www.casadelreystaurant.com



HAND SELECTED &
UNIQUELY HANDMADE GIFTS

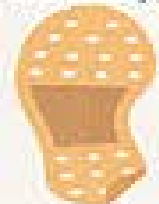
55 N. Baldwin Ave.

Sierra Madre, CA 91024

626-355-0200 info@bellesnest.com

RUIZ SHOE REPAIR

EST 1954



COMPLETE LEATHER, SHOE,
PURSE, LUGGAGE, SADDLE
REPAIR & RESTORATION

24 NORTH BALDWIN AVENUE
SIERRA MADRE, CA 91024
(626) 355-8111

Zipper
Heels
Orthopedic
Adjustment
Darning
Re-Stitching
Luggage
Bridal
Purse
Repair &
Saddle
Services

East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,
On one avenue - "East Montecito Avenue" at Baldwin, Sierra Madre CA

LADISLAV CZERNEK FURNITURE

Euro-American design and craftsmanship, serving 31 years LA/NYC
Arts & Crafts • Victorian • Modern • Custom cabinetry
epochstudio@earthlink.net, Images: Google+ Ladislav Czernek

213.253.8958

47 1/2 East Montecito Ave. Sierra Madre



SIERRA FITNESS PILATES

51 East Montecito Avenue Sierra Madre, CA 91024

(626) 836-2000 (Pilates) (626) 836-1236 (Gym)

www.sierrafit.com

AKA Fotografix LLC
Custom Framing, Fine Art, Photography,
& Portraiture.

Gallery & Studio : 39-41 East Montecito
Sierra Madre CA 91024
Andrew Kasiske, Photographer
626.862.8946

Julia Rocks Skincare Studio

Facials, Waxing

Permanent Makeup

61 E. Montecito Ave. Sierra Madre CA 91024 (626) 836-6522 www.juliarocks.net

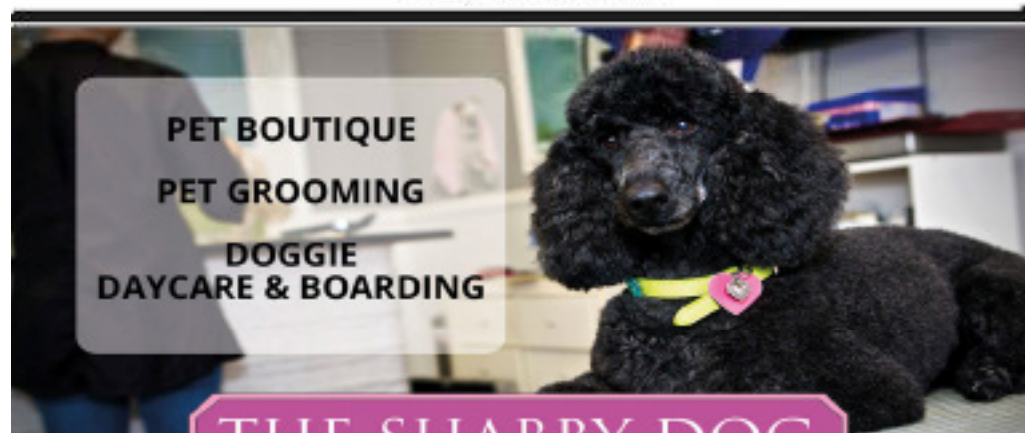
VISIT US



Children's Activity Center

41 1/2 E. Montecito Ave., Sierra Madre

www.kidzcottage.org | 626-863-0805
Legos-Wii-Playhouse-Games-Movie Nights-Much More!!
**Drop off Welcome



PET BOUTIQUE
PET GROOMING
DOGGIE
DAYCARE & BOARDING

THE SHABBY DOG



www.TheShabbyDog.com

31 E. Montecito Avenue, Sierra Madre (626) 836-5452

East Montecito Avenue Design District

Art, Design, Floral, Film, Music, Picture Framing, Pet grooming,

CARTER PLAZA MERCHANTS

38 E. Montecito - Sierra Madre



Charles Martin, Agent

38 E Montecito, Suite 3

Sierra Madre, CA 91024

626-606-3600

charlesismyagent.com

Designers, makers, restorers & teachers of fine stained glass windows



Susan Wallis

Custom stained and leaded glass

38 E. Montecito Ave. #7

Sierra Madre CA 91024

ladre 910 9*

Est. 1946

VISIT US



WoodHill
Designs

Michael Hill

Fine furniture: Original
designs and reproductions
of the Arts & Crafts and
Greene & Greene era

38 E Montecito #6

Sierra Madre, CA 91024

(626) 423-2639

woodhilldesigns@yahoo.com

ROCKIN' ROLLERS

Music Lessons From The Heart... Not The Book!

uke, guitar, bass, piano, drums, rockband n' songwriting classes

First Lesson FREE w/ ad www.RockinRollersUSA.com

(626) 355-0101

First 5 to respond this month

38 E. Montecito Ave, Suite #10, Sierra Madre

Sean Paul
Insurance Agency

Ca Lic #0626852

Ed McFaul

ed.mcfaul@gmail.com

38 E. Montecito #12

Sierra Madre, CA 91024

P. 626-733-4191 F. 626-355-3668



Sierra Madre
ANIMAL HOSPITAL

Free Exam!

For New Clients

Bring this coupon to save

(Expires 3/31/16)

Walter Cailleteau, DVM

927 N. Michillinda Ave.

Pasadena, CA 91107

(626) 351-8863



ANTONOVICH APPLAUDS LEGISLATION TO HALT NATURAL GAS INJECTION AT ALISO CANYON

LOS ANGELES COUNTY – Today, the California State Senate voted unanimously to pass Senate Bill 380, authored by Sen. Fran Pavley, on to the State Assembly.

SB 380 is urgency legislation that seeks a moratorium on natural gas injection into the Aliso Canyon reservoir until strict guidelines and procedures are met. The legislation was introduced in response to the gas leak at the Gas Company's Aliso Canyon storage facility, where a well has been leaking since late October.

"Today's vote was an important step forward in our

effort to ensure the long term safety of the residents of the San Fernando Valley," said Antonovich. "I applaud Senator Pavley for initiating this bipartisan legislation and urge the State Assembly to take immediate action on it."

The legislation restricts the use of 1950's-era wells at the Aliso Canyon facility until their integrity can be verified by the state Division of Oil, Gas and Geothermal Resources. It also calls on the state Public Utilities Commission to evaluate whether the entire storage facility can be shut down or severely minimized without affecting gas supplies for the region.

ALTADENA CHAMBER OF COMMERCE NAMES 2015 CITIZEN AND BUSINESS OF THE YEAR

(ALTADENA, California) -- The Altadena Chamber of Commerce and Civic Association (www.altadenachamber.org) has named its 2015 Citizen and Business of the Year.

The Citizen of the Year is Dr. Jane Brackman, President of the Altadena Historical Society and nationally-known scholar on the interaction of dogs and culture.

The Business of the Year is Two Dragons Martial Arts, Shelene Hearing, CEO.

The honorees will be recognized at the Chamber's annual installation event at the Altadena Town & Country Club on Feb. 5, 2016.

Citizen of the Year: Jane Brackman, Ph.D., President, Altadena Historical Society

As the one who guides the team that maintains Altadena's attic, Citizen of the Year Jane Brackman came into preserving history in a roundabout way.

She'd always been interested in historic architecture. As an art education teacher, she created a high school course on the history of architecture. Later, she worked for the city of Chicago issuing film shooting permits when she met her husband, film and television director Rod Holcombe. She says that Holcombe convinced her to move to Los Angeles by driving her around the neighborhoods with historic buildings. They purchased a vintage Craftsman house in Altadena, and have been restoring it, one room at a time, for 35 years.

Brackman has also pursued a lifelong interest in dogs. She worked with guide dogs for the blind for over 20 years, and was Executive Director of Guide Dogs of America in Sylmar. She was also appointed by the governor to manage the California State Board of Guide Dogs for the Blind and serves on Caltech's committee that oversees the care of lab animals. She has also participated in several research programs on wild carnivores, including wolves.

Professionally, Brackman is one of the top experts in the nation on the nexus between dogs and culture. At the Claremont Graduate School, she earned her Ph.D. by studying dog breeds as a human cultural phenomenon -- how the written descriptions of ideal dog breeds influenced the appearance and health of purebreds over the course of a century. Her paper was published in a leading academic journal.

Shortly after moving to Altadena, she started volunteering with the Altadena Historical Society. Because of her experience running a nonprofit, in 2002 she was asked to join the book committee. The charge of that committee was to create what became Altadena: Between Wilderness and City, the definitive history of the community, written by 2012 Citizen of the Year Michele Zack.

"We had \$830 in our bank account, and we needed to raise \$70,000," Brackman said. "The committee met every week for three years ... and because we printed that book, it turned the organization around."

Brackman became president of the Society in 2010. Since then, the collection has continued to grow, and the all-volunteer organization brings in \$16,000-\$20,000 a year in memberships and donations, as well as receiving 50-100 items or collections into its archive annually.

In December 2015, the society also opened its first museum exhibition at its home in the Altadena Community Center -- a look back at Altadena's contributions to the Rose Parade.

Currently, Brackman says, AHS is working to digitize its collection and make it available online.

A professional writer on canine genetics, health, and domestication for popular publications, Brackman also writes a blog, "Doctor Barkman Speaks," (<http://doctorbarkman.blogspot.com/>) on dog-related topics.

As for being Citizen of the Year, Brackman says she's just part of the AHS team. "I'm not a person who likes to be the center of attention. I'm one of those people who likes

to manage as a team," she says. "But one of the advantages [of being Citizen of the Year] is the opportunity to tout the progress we've made at the Altadena Historical Society."

Link: <http://altadenahistoricalsociety.blogspot.com/>

Business of the Year: Two Dragons Martial Arts, Shelene Hearing, CEO and head instructor

Two Dragons Martial Arts has been a fixture in the community for over two decades. Started in 1995 in Pasadena, the studio moved to Altadena in 2010.

Along with teaching Chinese-style martial arts to students of all ages, the studio is committed to serving the community, especially helping families raise up the next generation.

"People think about martial arts as fighting," says Shelene Hearing, CEO and head instructor, "but it's really about character-building. It's about leadership, it's about how to have that confidence, how to work as a team or individuals, how to present themselves, how to understand that respect and responsibility is the number one thing they have to have to build themselves for the rest of their life."

A martial artist for over 40 years, Hearing started taking classes in shodokan aikido during the summers while in high school. Later, looking for training in self-defense, she met Steve Hearing, who was the manager of a kenpo karate studio in Pasadena, and invited her to attend.

Steve Hearing became her instructor, and later, her husband. They opened their first studio in Seattle, but as Los Angeles-area natives, they eventually moved back home and opened the studio in Pasadena.

The Hearings were married for 30 years. Steve Hearing died of cancer in 2007. Three years later, Shlene moved the studio to its Altadena location, 2490 N. Lake Avenue.

The move was a good one, Hearing says: Altadena is "more community-oriented, the people are more friendly, the environment is people raising families and coming together."

"I think of my studio as part of the village -- I am part of the village that helps you raise that child. Those things that you want, I want, too."

Many of her students are families -- frequently moms and dads take classes, as well as the kids. She also started a "Mommy and Me" class for children from age 18 months to three years (working on balance and movement, rather than self-defense). Two Dragons also has an after-school program where children get a snack and do homework before working out on the mat. Hearing said she started it because she couldn't find a good after-school program for her own two now-grown daughters.

Two Dragons students also organize performance demonstrations at community events, especially for cancer causes. "Because my husband died of cancer, I do the cancer events regularly," Hearing said. "We provide martial arts performances for those kind of events and it helps our kids learn that they are responsible to the community. It's a connection -- you get to find out what's going on in a community and you participate and become part of the community. That for me is important for family life."

Two Dragons also holds fundraisers throughout the year for the Steve Hearing Legacy Foundation, which provides scholarships to give economically disadvantaged kids access to martial arts.

As Altadena's Business of the Year, Hearing says "I believe it's an honor for me as a business owner and a parent. It's an honor for me to know that people entrust me with their most precious commodities -- their children. It's an honor for me to help and assist them and work together in that way."

Link: <http://www.twodragonsma.com/>



TK - 8th Grade

SAINT RITA SCHOOL
SIERRA MADRE 94 Years of Excellence

Open House

TK - 8th

January 31, 2016

11:00am - 1:00pm

Student Mass at 10am

Accepting Applications for 2016-2017



- Championship Sports Programs
- Accelerated Math and Language Arts
- Fine Arts, Drama, and Music
- Speech and Debate Programs
- Fully Accredited WASC/WCEA
- State of the Art Technology

322 N. Baldwin Ave, Sierra Madre (626)355-6114 www.st-ritaschool.org

MUST SEE

AT LEAST ONCE in YOUR LIFETIME

The Arts Connect Heaven & Earth

SHEN YUN 2016

神韻晚會

ALL-NEW 2016 SHOW WITH LIVE ORCHESTRA



I've reviewed over **3,000 shows.**
None can compare to what I saw tonight."

—Richard Connema, renowned Broadway critic

"Absolutely the No.1 show in the world.
No other company or of any style can match this!"

—Kenn Wells, former lead dancer of the English National Ballet

"Absolutely the greatest of the great!
It must be experienced."

—Christine Walevka, "goddess of the cello",
watched Shen Yun 4 times

"A MUST-SEE!"

—Broadway world

ORDER TODAY! ALL 50 SHOWS SOLD OUT IN GREATER LA 2013-2015

MAR 19- APR 30, 2016

Long Beach Claremont Northridge Bakersfield
Thousand Oaks Costa Mesa Downtown LA Santa Barbara

Tickets

800-880-0188
ShenYun.com/LA

SERVING YOU SINCE 1949

GEM PLUMBING

Locally Owned & Operated

AIR CONDITIONING & HEATING
SALES, SERVICE & INSTALLATION

We Do It All!

COPPER RE-PIPES
FAUCETS | LEAK DETECTION
KITCHEN AND BATH REMODELS
DRAIN AND SEWER CLEANING | WATER HEATERS | WE TACKLE OLD FIXTURES

ALL MAJOR BRANDS

Emergency Service Available **355-3496**

140 E. Montecito | Sierra Madre

VISA MasterCard DISCOVER AMERICAN EXPRESS

State Contractor Lic. #111308

FREE ESTIMATES

VISIT US ONLINE

www.mtnviewsnews.com



All You Need Is Love

HOOPLA!

AN EMPORIUM OF GOOD THINGS

YOUR
VALENTINE'S DAY
EMPORIUM...
OF GOOD THINGS

2591 Fair Oaks Avenue Altadena, CA 91001 626-797-1135 FAX 626-797-5889
ShopAtHoopla@gmail.com ShopAtHoopla.com

Pasadena

News From Your Community



Altadena

For Your Community

Black History Month Parade, Special Events

Residents can celebrate Black History Month by attending the parade and other special events, lectures and activities in Pasadena beginning Saturday, Feb. 6, through Sunday, March 20. Pasadena's Black History Month Parade is one of the largest and oldest in the U.S. Pasadena Media, will record the parade in its entirety for broadcast on KPAS, the City's government TV station. The schedule of events is listed online at www.cityofpasadena.net/PasadenaBlackHistory.

The first events are Saturday, Feb. 6

"The Wellness in You: Living a Happier Healthier Life" Attend an informational seminar about living life at your healthiest, 9 a.m., Jackie Robinson Community Center, 1020 N. Fair Oaks Ave.

"Pasadena African-American Genealogy Group" Search out your heritage and recover the past with this dynamic genealogy group, 2:30 p.m., Lamanda Park Branch Library, 140 S. Altadena Dr.

The parade is Saturday, Feb. 20

"34th Annual Black History Parade and Festival" Begins at 10 a.m. at Charles White Park in Altadena, heads south on Fair Oaks Avenue and ends at Robinson Park, 1081 N. Fair Oaks Ave. After the parade, enjoy the Black History Festival on Hammond Street and the north side of Robinson Park from 12-4 p.m. Food for purchase, fun activities for kids, displays, music and other free fun. For more info call the Citizen Service Center, 7:30 a.m. to 5 p.m., Monday through Friday at (626) 744-7311.

Pet of the Week



Jinx (A388671) is a sweet and affectionate two-year-old, gray and white tabby. Jinx is very shy when it comes to new people but if you go slowly she will shower you with head bumps, purrs, and will even roll over for attention. She loves to play with interactive toys such as "Da Bird" and mouse toys. Jinx would love to find a quiet home where she would receive lots of attention and a warm lap. Jinx is currently available for adoption at our off-site adoption location at Pet Food Express, 320 S Lake Ave, Pasadena.

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday - Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.

Tournament Elects New President

Ratliff Announces "Echoes of Success" as Theme for 2017 Rose Parade

In a ceremony last week, the Pasadena Tournament of Roses Board of Directors confirmed Brad Ratliff as president for the 2016-2017 Tournament year. Ratliff will provide leadership for the 128th Rose Parade and the 103rd Rose Bowl Game on Monday, January 2, 2017.

Ratliff announced "Echoes of Success" as the theme for the 128th Rose Parade. "Echoes of Success celebrates those people, organizations and institutions that play a part in the stories of the success of others," shared Ratliff. "Success cannot be achieved alone. It takes the support, dedication, compassion and love of many others to help in finding that satisfaction of success. Family, friends and teachers contribute selflessly and tirelessly to the success of many. These influences in our lives, these people of selfless commitment, these Echoes of Success make us who we are."

Ratliff has been a volunteer member of the Pasadena Tournament of Roses since 1988 and was appointed a chairman in 2004 and a director in 2007. Throughout his extensive Association career,



Ratliff served on and chaired various committees including Equestrian, Queen & Court and Services & Properties. He was elected to the Executive Committee in 2009.

Professionally, Ratliff is a member of the executive management team for Inline Distributing Company headquartered in Sylmar, Calif. Ratliff is a third generation Pasadenan and is a UCLA graduate. He and his wife, Susan, reside in La Cañada and have two adult children, Christen and Sarah. He enjoys spending time with Susan, waterskiing, reading, running and hiking.

Museum to Showcase Art of Imperial China



An Exhibition That Explores Nobility of Ming Dynasty

In February the USC Pacific Asia Museum (USC PAM) will present Royal Taste: The Art of Princely Courts in 15th-Century China, an exhibition that considers the lives of nobility in late imperial China. The exhibition explores the luxurious lifestyles and religious practices of princely courts in early- and mid-Ming China (1368-1644) and features more than 140 outstanding works of pictorial, sculptural, and decorative arts. Glimmering jewelry and hairpins, important devotional statues, beautiful textiles and porcelain, and painted masterpieces reveal some of the lesser-known aspects of the palatial lives, religious patronage, and afterlife beliefs of Ming princes, whose

world has long been a mystery.

At USC PAM, Royal Taste is presented in three sections. The first area features gold, silver, and jade objects from the tombs of regional princes. A second section showcases objects related to the lifestyle of nobility, such as textiles, ceramics, and paintings. The final section of the exhibition presents religious objects related to Tibetan Buddhism and Daoism.

USC Pacific Asia Museum is located 46 North Los Robles Avenue, Pasadena, CA 91101. Hours: Wednesday through Sunday 10 a.m.-6 p.m.. Admission: \$10 General Admission, \$7 Students with a valid ID & Seniors (60+), Free for Children Ages 12 & under Free for all Museum Members, USC faculty, staff & students w/ current ID. Free for All Visitors on the 2nd Sunday of the Month. For more information call 626.449.2742.

Crime Blotter for Altadena

Sunday, January 17th

9:04 AM - A business burglary occurred at Arroyo Academy, 183 E. Palm Street. The suspects entered the location through the ajar window. No property was stolen.

12:00 PM - A grand theft occurred in the 2100 block of Parnell Way. The suspect was described as a male, 19 years old, 5 feet 9 inches, 125 lbs, brown hair, brown eyes. Property Stolen: jewelry.

Monday, January 18th

1:30 PM - Vandalism to a vehicle occurred in the 100 block of E. Woodbury Road. The suspect(s) damaged the vehicle by pouring oil on it.

Tuesday, January 19th

3:30 PM - Burglary to a locker occurred at the 24 Hr. Fitness, 2180 Lincoln Avenue. Property Stolen: combination lock, currency.

Wednesday, January 20th

3:30 PM - Andrew Baldwin, 19 years old of Altadena was arrested in the area of Sacramento Street and Lake Avenue for possession of methamphetamine.

Thursday, January 21st

3:52 AM - Alfonso Gomez, 24 years old transient was arrested in the area of Fair Oaks Avenue and Mariposa Street for forgery, conspiracy, and possession of stolen property.

8:00 PM - A vehicle burglary

occurred in the 1100 block of Boston Street. The suspect(s) entered the vehicle by prying the door lock. Property Stolen: third row seats, iPad.

Friday, January 22nd

7:45 PM - A vehicle was reported stolen from the 100 block of Twilight Vista Drive. A few hours later, the vehicle was recovered in the 700 block of W. Harriet Street. The stolen vehicle was found engulfed in flames.

8:00 PM - Malcolm Bell, 58 years old transient was arrested at Walmart, 2408 Lincoln Avenue for shoplifting.

8:56 PM - Greg Sowell, 58 years old transient was arrested at Walmart, 2408 Lincoln Avenue for shoplifting.

9:30 PM - A battery occurred in the 4100 block of Canyon Crest Road. The victim advised he was pushed by an unknown male. White after he asked a group of people to keep the noise down.

Saturday, January 23rd

4:30 AM - Michael Parker, 31 years old of Glendora was arrested in the 2500 block of El Sol Avenue for a residential vandalism.

7:00 AM - An attempt residential burglary occurred in the 1600 block of Oakwood Street. The suspect(s) attempted to enter the residence by shattering a window.

Ratliff follows in the footsteps of his father, Dick E. Ratliff, who was the Tournament of Roses president of the 110th Rose Parade and 85th Rose Bowl Game in 1999.

Caltech HSS 50th Anniversary Lecture

Caltech's Division of the Humanities and Social Sciences will be celebrating its 50th anniversary with a lecture series, inviting distinguished HSS alumni and faculty members—both past and present—to speak about their work and the impact that their time at Caltech has had on their careers. All of the lectures will take place in Baxter Lecture Hall.

"The lecture series is a bit of a celebration, a bit of a look back, and also a time to consider where we, as a division, want to be going," said Jean-Laurent Rosenthal, HSS chair and the Rea A. and Lela G. Axline Professor of Business Economics.

The next lecture "Body of Evidence: Tracing Photographic Identity in Victorian Law and Popular Culture" will take place Tuesday, February 23, 2016 5:00 pm

Jennifer Tucker, Associate Professor of History and Science in Society, Wesleyan University. Tucker's first job after receiving her Ph.D. at Johns Hopkins University was in HSS as an Andrew Mellon Postdoctoral Fellow (1996-1998). While at Caltech, Tucker collaborated with humanities faculty in literature, history, and history of science and conducted extensive research at The Huntington. Her research interests include nineteenth-century British history, the history of science and technology, Victorian visual culture, history and theory of photography, early science film, feminist science and technology studies, and the visual culture of Victorian environmental law. Tucker recently received an inaugural Public Scholar award from the National Endowment for the Humanities to write a trade book on the history of photographic detection.

For a complete list of events go to caltech.edu under News & Events.

Sheldon Epps to Discuss Play "Fly"

Sheldon Epps, artistic director of the Pasadena Playhouse, will visit the Pasadena Senior Center Wednesday, Feb. 3, at 1 p.m. to discuss the theater's new production of "Fly" in honor of Black History Month. The play tells the story of four brave young Tuskegee Airmen. The Tuskegee Airmen were the African American World War II pilots who broke racial barriers in the U.S. military.

Members and non-members of the Pasadena Senior Center are welcome to attend the free presentation.

"Fly" will continue through Feb. 21.

For information about special discounts for seniors contact Susan Von Tress at 626-356-7529 7529 or groupsales@pasadenaplayhouse.org.

Tours of the Tournament of Roses House to Resume

The Tournament House, operating headquarters of the Pasadena Tournament of Roses, which oversees the annual Rose Parade and Rose Bowl Game presented by, will re-open for weekly public tours on Thursday. Tours will be offered, at no cost, each Thursday at 2 p.m. and 3 p.m. through Aug. 25. Reservations are not required except for groups of 10 or more people.

Located at 391 S. Orange Grove Blvd., the mansion was once the home of chewing gum magnate William Wrigley Jr. and his wife, Ada. After Ada's death in 1958, the Wrigley family presented the property to the city of Pasadena, with the request that it become the base of operations for the Tournament of Roses Association. The Wrigley family had long enjoyed the Rose Parade as it unfolded just beyond their front yard.

Guided tours allow visitors to see the 21-room, Italian-Renaissance-style mansion designed and built in 1906 by architect G. Lawrence

Stimson and his father George W. Stimson, a local builder. Volunteers from the Association's Heritage Committee, well-versed in the organization's 128-year history as well as in the details of the house itself, conduct the tours. The interior of the house features richly paneled rooms, inlaid marble floor and an ornate molded plaster ceiling - a design element that made Stimson famous. Displays related to Rose Bowl Games, Rose Queens and Royal Courts, Grand Marshals and Tournament Presidents are part of the décor. Surrounding Tournament House are the Wrigley Gardens, which feature a 4.5-acre floral display of more than 1,500 varieties of roses, camellias and annuals. The gardens feature the All-America Rose Selections (AARS) award-winning Tournament of Roses rose developed especially for the Tournament of Roses Centennial.

Groups of 10 or more may call (626) 449-4100 for tour reservations.



Tournament House

MTA Explores Express Bus Lines Linking Gold Line

On a motion this week by MTA Directors Michael Antonovich, Hilda Solis, Don Knabe, Diane DuBois and John Fasana, the MTA will explore the development of a Metro express bus line linking the Metro Gold Line Foothill Extension with other transit lines in the San Gabriel Valley and Gateway Cities subregions to improve regional connectivity and access for commuters. The lines include the El Monte Busway station; Metrolink San Bernardino, Riverside and Orange County Lines; Gold Line Eastside Extension, Long Beach Airport, and the Metro Green Line.

MTA CEO Phillip

Washington will also develop a working group with the Councils of Government, stakeholder jurisdictions, Metro Service Councils and municipal operators within the San Gabriel Valley and Gateway Cities to provide input into the development of this service concept.

Initiated by Supervisor Antonovich, this service would complement the new Metro express service linking the Gold Line in Pasadena to Glendale, Burbank, North Hollywood, and Bob Hope Airport which will launch March 1, 2016 in advance of the Gold Line Foothill Extension opening on March 5, 2016.

Masters Series at the Pasadena Senior Center

The winter term of The Masters Series, which embraces lifelong learning, is scheduled from 2 to 4 p.m. Tuesdays and Thursdays to March 3 at the Pasadena Senior Center, 85 E. Holly St.

There is an enthusiastic anticipation of the classes, which will be led by some of the most respected experts in their fields.

The Masters Series is open to members and non-members of the Pasadena Senior Center.

The schedule and topics for The Masters Series are as follows:

2016 U.S. Elections: Foreign and Domestic Policy - Tuesdays to March 1

Feb. 2: U.S. Foreign Policy - How Much Difference Does an Election Make? (Dr. Larry Caldwell, professor of politics, Occidental College)

Feb. 9: A Republican Take on 2016 (Charles Moran, political consultant)

Feb. 16: The Transition Process - How Defense and National Security Policy Is Made in a New Administration (Dr. Roger George, professor of practice in national security, Occidental College)

Feb. 23: Reading the Polling Tea Leaves (Heldman)

March 1: How We See 2016 and Beyond (Heldman, Caldwell)

Understanding Constitutional Issues - Thursdays to March 3

Feb. 4: Immigration Law and

the Relevance/Irrelevance of Constitutional Guarantees of Equal Protection and Due Process (Niels Frenzen, clinical professor of law and director of the Immigration Law Clinic, University of Southern California Gould School of Law)

Feb. 11: Update on the Fourth Amendment - Balancing the Right to Privacy Against the Advent of Technology (George B. Newhouse Jr., professor of practice in political science, USC)

Feb. 18: Does Money Equal Free Speech: The First Amendment Solution to Campaign Finance Reform (Dan Schnur, director, Unruh Institute of Politics)

Feb. 25: A Momentous Year in the Supreme Court (Erwin Chemerinsky, dean and distinguished professor of law and Raymond Pryke professor of first amendment law, University of California, Irvine)

March 3: Punishment and the Constitution (Alison Dundes Renteln, professor of political science, USC)

Sign up for individual talks at \$10 each, a Tuesday or Thursday series for \$60 or the complete series for \$120.

For information about registration or to be placed on The Masters Series mailing list, contact Pam Kaye at 626-685-6756 or pamk@pasadenaseniorcenter.org.

The Masters Series spring term, which will focus on string virtuosos, stars of the swing era and other musical topics, will begin March 22.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MATT DENNY'S ALE HOUSE RESTAURANT CORP COMMUNITY CONTRIBUTOR OF YEAR

To be honored at Arcadia Chamber Dinner March 31 at DoubleTree

Matt Denny's Ale House Restaurant has been named Corporate Community Contributor of the Year by the Arcadia Chamber of Commerce. The 17 year-old Matt Denny's, which is a model corporate citizen that gives back to the community by supporting dozens of local organizations each year and producing two of its own charity benefit fundraisers, will be recognized during the Chamber's annual Installation Dinner on March 31 at the DoubleTree by Hilton Hotel, 924 W. Huntington Drive in Monrovia.

Also being recognized at the dinner will be Citizen of the Year Bruce McCallum, as well as outgoing Chamber President Andrew Gregson of The Executive Factor. The announcements were made this morning at the Arcadia Chamber's annual Planning Conference and State of the City report.

Tickets (\$65 for members; \$75 for non-members), sponsored tables and ads may be purchased online in the "Shop" area of the Chamber web site: www.ArcadiaCaChamber.org or by calling the Chamber at 626-447-2159. The program is made possible by Arcadia Chamber Community Builder Presenting Sponsors: Westfield Santa Anita and Methodist Hospital, as well as event sponsors: USC Eye Institute, Singpoli's Dusit D2 Constance Hotel, Professional Advisory Services, Foothill Credit Union, Century Rooter Service & Plumbing, BMW of Monrovia, and the Arcadia Association of Realtors.

In the past 14 years Matt Denny's and partner Del Sol Salon have raised \$600,000 for children's cancer research through its annual St. Baldrick's Day event supported by the Arcadia Police and Fire Departments, Monrovia Police and Fire Department, Kids Groups, Corporate Leaders and City officials.



Another annual event is Matt Denny's "Bob Mac Classic" Golf Tournament, which has raised more than \$50,000 over 13 years to help support the American Red Cross Arcadia Chapter, Foothill Unity Center, Special Olympics, St. Baldrick's Foundation, and Wounded Warrior Project. Matt Denny's also supports the following groups: Arcadia Seniors, Arcadia Republicans, Arcadia Chinese Association, Arcadia Police and Fire Department, Arcadia Performing Arts Foundation, and donates gift certificates to many charities around the San Gabriel Valley.

The restaurant also sponsors the following: Santa Anita Little League, Arcadia American Little League, Arcadia National Little League, AYSO Region 2, and Arcadia High School Baseball, Softball, Basketball and Football programs.

Matt Denny's Ale House Restaurant was opened in 1999 by Matt McSweeney and his friend Dennis Hartman.

"Meeting so many great people over the years has been one of the best parts of my job and I look forward to continue building those wonderful relationships," says Matt.

ARCADIA POLICE BLOTTER

For the period of Sunday, January 17th, through Saturday, January 23rd, the Police Department responded to 998 calls for service of which 136 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, January 17:

1. Just after 2:18 a.m., officers conducted a welfare check on a subject asleep in his vehicle in the roadway near the intersection of Clark Street and Peck Road. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver's breath. Through a series of tests, the officer determined the 41-year-old male from Fontana was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

2. Around 7:19 p.m., an officer responded to a residence in the 300 block of West Huntington Drive regarding a domestic dispute. An investigation revealed a physical altercation occurred between the suspect and his ex-girlfriend's mother's boyfriend resulting in the suspect punching the victim in the face. The suspect then struck his ex-girlfriend. The 19-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking. Both victims refused medical attention.

Monday, January 18:

3. At about 1:14 a.m., officers to a residence in the 900 block of West Huntington Drive regarding a robbery that had just occurred. The officer discovered two masked suspects entered the residence, ransacked the victim's son's bedroom looking for cash or drugs, and fled with clothing and a glass smoking pipe belonging to the victim's son. Further investigation revealed the victim's son owed the suspects an outstanding balance of \$200.00. The investigation is ongoing.

4. Just before 10:46 a.m., an officer responded to a residence in the 1800 block of South Baldwin Avenue regarding a vandalism report. The officer determined six windows of the residence had been smashed just prior to two tenants moving out. The investigation is ongoing.

Tuesday, January 19:

5. At approximately 1:09 a.m., an officer responded to the 2100 block of Holly Avenue regarding an activation of the Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 27-year-old male from Arcadia had the stolen package, property, and tracking device inside his residence. The suspect was arrested and transported to the Arcadia City Jail for booking.

6. Around 12:48 p.m., an officer conducted an enforcement stop on a vehicle in the area of Colorado Boulevard and Michillinda Boulevard for not having the month tag on the license plate. A records check of the vehicle revealed the registration had expired in 2014; however, the vehicle displayed a 2015 registration sticker. The driver, a 25-year-old male from Moreno Valley, stated he recently purchased the vehicle. Also, the driver did not provide proof of insurance. The suspect was arrested and transported to the Arcadia City Jail for booking. The vehicle was impounded.

Wednesday, January 20:

7. Shortly after 8:57 a.m., an officer responded to the Arcadia Police Department front counter regarding a fraud report. The officer discovered an unknown suspect used the victim's personal information to open three fraudulent credit cards. The victim does not know how the suspect obtained her private information. The investigation is ongoing.

8. At about 5:52 p.m., an officer responded to a residence in the 1100 block of Sunset Boulevard regarding a theft report. The officer determined an unknown suspect stole the victim's secured bicycle from her second story patio. No suspects were seen and no witnesses were located.

Thursday, January 21:

9. At approximately 9:04 a.m., an officer responded to a parking lot in the 000 block of East Huntington Drive regarding a subject drunk in public. Upon contacting the 52-year-old male from Alhambra, the officer noticed symptoms of alcohol intoxication and determined the suspect was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

10. Around 8:12 p.m., an officer responded to a residence in the 2300 block of South Sixth Avenue regarding an alarm activation report. Surveillance footage revealed two unidentified suspect(s) entered the residence by unknown means and stole two safe deposit boxes before fleeing.

One of the suspects is described as a white or Hispanic male, 18 to 23-years-old, with a slim build. The second suspect is described as a white or Hispanic male, 18 to 23-years-old, with a larger build. The investigation is ongoing.

Friday, January 22:

11. At about 12:39 p.m., an officer responded to a residence in the 400 block of Fairview Avenue regarding an unknown trouble call. An investigation revealed the victim's 15 and 16-year-old sons had been found dead in the residence. The investigation is ongoing and being handled by the Los Angeles County Sheriff's Department, Homicide Division.

12. Just after 7:57 p.m., an officer responded to Peacock Liquor, 419 South First Avenue, regarding a robbery report. The officer discovered an unknown male suspect, armed with a handgun, entered the location, forced the clerk to give him cash, and fled on foot in an unknown direction. On January 23rd, an officer recognized the suspect from the robbery surveillance footage. The 16-year-old male juvenile from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Saturday, January 23:

13. Just after 12:00 a.m., officers responded to a residence in the 1100 block of South Fourth Avenue regarding a fire. An investigation revealed the location was filled with marijuana plants and the residence was being used to cultivate marijuana. The investigation is ongoing.

14. At approximately 1:33 p.m., an officer responded to Macy's at the Westfield Shopping Town, 400 South Baldwin Avenue, regarding a petty theft report. A loss prevention specialist witnessed the suspect conceal numerous items in her shopping bag before exiting the store, failing to make payment. The 58-year-old female from Los Angeles was cited and released in the field.

SEE US
ONLINE

www.mtnviewsnews.com



MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Grand Theft January 22 at 1:38 p.m., a grand theft was reported at a residence in the 200 block of Greystone. The residents, an elderly couple, noticed the door to their wall safe was open. They inventoried the contents and found several pieces of jewelry were missing. The couple does have two subjects they have hired to help around the property, but do not know who may have taken the jewelry. The investigation is continuing.

Battery/Vandalism January 22 at 10:56 p.m., officers responded to a business in the 900 block of South Magnolia regarding a battery that had just occurred. The suspect took his vehicle to have an audio entertainment system installed, but there was a dispute over the billing. The suspect pushed and struck the installer and the owner of the business. The installer sustained a swollen hand defending himself from the suspect. The owner sustained a swollen eye, and the suspect was taken to a hospital for complaint of pain. The investigation is continuing and the report will be submitted to the District Attorney's office for possible filing of charges.

Driving Under the Influence of Drugs/Traffic Collision – Suspect Arrested January 23 at 9:15 a.m., a traffic collision was reported in the 400 block of West Maple Avenue. The caller was following a vehicle that struck two parked cars and hit the curb while driving west on Maple. The vehicle pulled into a business parking lot near Fifth and Huntington and stopped. Officers arrived and found the suspect behind the wheel of his vehicle. He seemed disoriented and unaware of his surroundings. The officers determined the subject was driving under the influence of a controlled substance. He was arrested and taken into custody.

Theft From a Vehicle January 23 at 6:45 p.m., an officer was dispatched to a business parking lot in the 400 block of Huntington regarding a theft from a vehicle. The victim parked his vehicle in front of a business and went inside. He returned 30 minutes later and saw a male adult suspect going through his trunk. He yelled out and the suspect fled in a vehicle. The loss was a backpack containing miscellaneous items. The investigation is continuing.

Vehicle Burglary January 23 at 8:19 p.m., a vehicle burglary was reported in 600 block of West Huntington. The victim parked his vehicle in a business parking lot and went into work. He returned later and discovered his

vehicle had been ransacked. The victim's checkbook was taken from the center console and a backpack containing baseball equipment was taken from the trunk. The investigation is continuing.

Vehicle Burglary January 23 at 9:37 p.m., a vehicle burglary was reported in the 100 block of Colorado. The victim parked his vehicle in the 100 block of Colorado and went into work. When he returned to his vehicle after work, he discovered his vehicle had been ransacked. The loss was a wallet from the driver's door pocket, which also contained his debit card. The victim reported that the debit card had already been used at a business. The investigation is continuing.

Vehicle Burglary January 25 at 7:00 a.m., a vehicle burglary was reported in the 800 block of West Olive. An unknown suspect smashed a window on the vehicle to gain entry and stole six pairs of shoes that were left in the vehicle. The investigation is continuing.

Grand Theft Auto January 25 at 9:05 a.m., an officer was dispatched to the 100 block of Montana on the report of a stolen motorcycle. The victim parked his Harley Davidson motorcycle on the street in front of the location. The victim's girlfriend noticed the motorcycle was missing at 9:00 a.m. She checked the surveillance camera and could see a male Hispanic subject get on the motorcycle and ride away. The investigation is continuing.

Vehicle Burglary January 25 at 12:44 p.m., a vehicle burglary was reported in the 500 block of South Madison. Unknown suspects broke into the vehicle and took a GPS and tools that were left inside. The investigation is continuing.

Traffic Stop/Weapons Offense/Warrant – Suspects Arrested January 26 at 2:15 p.m., an officer on patrol stopped a vehicle for a vehicle code violation. As the officer approached, he smelled marijuana in the vehicle and obtained consent to search the vehicle from the driver. A loaded firearm was located in the trunk of the vehicle and the driver, who admitted it belonged to her, was arrested for the weapons violation. One passenger was also arrested for an outstanding warrant.

Traffic Collision January 27 at 10:47 a.m., police responded to the report of a traffic collision involving a vehicle and a pedestrian. An elderly woman stepped onto the street in the crosswalk against the red hand signal and was struck by a vehicle making a right turn onto southbound Mountain. She suffered a broken elbow and was taken to a hospital for treatment.

STATION SQUARE PARK DEDICATION EVENT



We had a terrific turnout this past Saturday, January 23, 2016, to dedicate Station Square Park! Under overcast skies, an estimated 600 people joined us for the grand opening event, and there were so many positive comments from the event participants about the overall park dedication event. Many thanks to the entire team at the Community Services

Division for the terrific work in helping us celebrate the park that the Public Works Division helped build! The live entertainment provided by the Delgado Brothers was a hit, and those in attendance loved the arts & crafts for children, the Canyon Park snake display, the giveaways, and especially the free trackless train rides!

ACCESSIBILITY AND SAFETY SHOWCASED IN DUARTE BICYCLE & SAFE ROUTES MASTER PLAN

DUARTE, CA, January 25, 2016 – Accessibility and safety for bicyclists and pedestrians throughout our City is on the road to enhancements! The Community Development Department in conjunction with renowned consulting firm Fehr & Peers, has created a Citywide Bicycle Master Plan and Safe Routes to Transit Master Plan designed to encourage "pedal power."

The Bicycle Master Plan focuses on incorporating previously undesignated areas throughout the City to create a comprehensive network. The Safe Routes to Transit Plan alternatively focuses on pedestrian improvements surrounding the Duarte Gold Line station area. Both plans are designed to both improve the overall quality of life and support multi-modal transportation, throughout the Duarte community and surrounding communities.

As a result of the plan bicyclists will be able to easily and safely ride throughout the City using clearly designated lanes. Pedestrians will also be able to easily and safely access the area surrounding the Duarte Gold Line Station

as a result of proposed improvements including new sidewalks, new pedestrian lighting, new high visibility crosswalks and streetscape enhancements.

To tailor the plan to our residents, the Community Development Department engaged in a series of public engagement activities including a community open house introducing both plans while providing the public an opportunity to share feedback in October of 2015 as well as conducting a Bicycle Master Plan public survey.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit www.accessduarte.com or call (626) 357-7931. Follow the City of Duarte on Facebook at [facebook.com/duartecommunity](https://www.facebook.com/duartecommunity); Twitter @CityofDuarte; Instagram @city_of_duarte and LinkedIn.

LASALLE WINS 1-0 OVER BISHOP MONTGOMERY



ALVERNO HIGH SCHOOL CELEBRATES AP ART STUDENTS AT CATHEDRAL OF OUR LADY OF THE ANGELS

Student artwork was put on display for Robert Graham Memorial Student Art Exhibit



Steven Graham, Julia Fanara, Tim Lewis, Isabella Dominguez, Gayle Roski, Emma Andres, Cynthia Lee, and Msgr. Kevin Kostlenik

Sierra Madre, CA (January 28, 2016) – On Sunday, January 24 four Alverno High School students had their artwork blessed and unveiled at the Cathedral of Our Lady of the Angels as a part of the Robert Graham Memorial Student Art Exhibit. The exhibit features artwork from students at different high schools throughout the Archdiocese of Los Angeles. Members of the community are invited to view the artwork at the Cathedral, which will be on display through Lent.

"Honoring art through the spiritual and artistic expressions of every student artist is one of the goals of the Cathedral Fine Arts Committee," explained Committee Chair Gayle Garner Roski.

The exhibit is named in honor of the noted sculptor Robert Graham, who designed the Cathedral's Great Bronze Doors. Steven Graham, son of the late sculptor who died in 2008, said, "I think it's fantastic that the Cathedral is promoting student artwork. It's something that would make my father very happy."

Seniors Emma Andres, Isabella Dominguez, Cynthia Lee, and Ciara Madigan were all chosen to participate in the exhibit as members of Alverno's Advanced Placement Studio Art course as well as members of the National Art Honor Society. Each of the students was asked to create a piece of art which reflected her own spirituality.

Emma Andres' work "Purple Serenity" was completed with watercolor and pencil. "When thinking of my own spirituality, I imagine peacefulness and a calm atmosphere," said Emma. "To delve into these feelings, I explored the works of Georgia O'Keeffe. With O'Keeffe as a guide, I experimented with the peacefulness of succulent photography. Once I found the shot I wanted, I inverted its original green color, giving it a sort of purple serenity."

For her piece, Cynthia Lee chose to use pencil to create a piece called "Nature in Tromp-l'oeil." "I find spirituality in looking closely at nature," Cynthia said. "My art is influenced by human and animal anatomy, biology, and the natural sciences. By looking at the world through a scientific lens, I feel a greater connection to a spiritual center. This drawing is an attempt to bring my love of drawing and science together."

"Dandelion" by Isabella Dominguez was drawn with conté crayons and colored pencils. While creating her piece Isabella shared the thought behind it, "I believe that an important part of spirituality is the presence of hope and the desire for better things for ourselves and those around us. Not only is it part of our culture, but part of our own personal need for comfort. The dandelion, for me and for others, is a primary symbol of a wish or a dream. Similar to a person's dream,

they may not mean anything to anyone else, but they do have meaning to some."

Finally, "Your Hands" by Ciara Madigan was a cepia photo taken using a digital camera. Ciara reflected on her piece and said, "I believe spirituality comes from within as well as from the people around you who have a positive impact on your life. This work is spiritual to me because it emphasizes the relationship between me and my siblings. Both of my siblings have special needs but they have always been one of my greatest support systems. My younger sister recently died, but my older brother and I still keep a strong relationship with each other and her."

"We are proud to support the tremendous talent of our Catholic high school students," said Msgr. Kevin Kostelnik, Cathedral Pastor. "Visitors to the Cathedral have enjoyed and celebrated these wonderful works of art and self-expression by our featured young artists over the last few years. We look forward to welcoming more visitors to enjoy these student's inspirational works."

"The thoughtfulness, talent, and passion that these young women put into creating their art for this exhibit is a testament to their commitment and love of the arts. Alverno High School is incredibly proud of these young women for the beautiful works they have created," said Julia V. Fanara, Head of School. "Emma, Isabella, Cynthia and Ciara are not only talented artists but incredible scholars whose academic excellence and artistic endeavors have been recognized as members of the National Art Honor Society. Alverno is thrilled to have their art on display in the Cathedral and thanks the Cathedral Fine Arts Committee for this opportunity."

About Alverno High School

Alverno High School is a progressive Catholic, independent, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,500 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

PRESCHOOL TEACHER NOMINATIONS

Do you know an outstanding preschool teacher that deserves to be recognized for the meaningful work they do with children every day? Do you have a story of a preschool teacher who is creating an impact on a young child's life? Nominate an outstanding preschool teacher to be a contender for LAUP's 9th LA County Preschool Teacher of the Year Awards.

For nine years, LAUP has honored the achievements of preschool teachers who are making a difference in Los Angeles. As an organization that is dedicated to moving the needle in quality early care and education, LAUP strives to recognize quality programs that are giving our young learners the developmental skills they need to succeed in school and in life. Nomination forms are due February 19, 2016. [Click here for the](#)

[nomination form.](#)

Each winning teacher is awarded a \$2,000 cash stipend through the Elizabeth Lowe / Bob Weekley Award for Excellence in Preschool Teaching endowment, as well as classroom supplies generously donated by Lakeshore Learning Materials. In addition, they will be honored with a celebration luncheon in May at the Kenneth Hahn Hall of Administration and presented with an official scroll from the LA County Board of Supervisors. For more information, please visit LAUP.net.

CIVIC CLUB OFFERS EDUCATIONAL AWARDS

Each year the Sierra Madre Civic Club grants thousands of dollars in educational awards. High school seniors who live or work in Sierra Madre or who are related to a member of Civic Club are eligible to apply. Application forms are available in your school's guidance office or they may be picked up at the Sierra Madre Library or the Sierra Madre Town Office. Completed forms and recommendations are due by March 15, 2016. Meeting the scholarship recipients is one of our favorite activities so we look forward to hearing from you.

The Sierra Madre Civic Club is a civic and philanthropic organization. We meet the second Thursday of every month at 7:30 PM in the Hart Park House.

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Principal: Dr. William Walner
website: www.bcsllions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204

Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia@unifiedschool.org
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

www.mtnviewsnews.com



The
Book Rack
ESTABLISHED 1978



Do you have too many books at home? Wondering what to do with them? Come to The Book Rack and trade them in for a book you have not read.

We have 1000's used and New books for your reading pleasure.

**204 S. First Ave
Arcadia**

Phone 626-446-2525

website: bookrackarcadia.com

UNCONDITIONAL CARE FOR CATS & CANINES



by Chris Leclerc

Nothing touches my heart in a more positive way than the random kindness of those who are willing to nurture the needs of homeless pets, particularly when it involves elderly or ill animals that require special attention. Providing constant & consistent convalescent care to those cats and canines who may be considered “less-desirable” or “less-adoptable” is an admirable act of compassion and a true labor of love. I must admit that at times I can get a bit down on humans who apparently do not care much about the health and welfare of animals, (as any reader who follows my column well knows), but fortunately (for both the reader and myself) this week’s “Happy Tail” is on the up!

The happy side of this animal tale can be attributed to a fabulous network of heroic helpful human beings whom I happened to come in contact with this past week. They are people who dedicate their time, energy and resources to making the lives of numerous needy, four-legged furry friends comfortable and worth living for the entire duration of their existence. I am talking about a remarkable group of down-to-earth, hard-working animal-loving individuals who joined together as a team with the common interest of helping homeless animals live a fulfilling life and helping them find permanent homes.

Founded in 1992, “C.A.R.E.” is a non-profit animal welfare organization that maintains a cage-free, no-kill sanctuary for orphaned animals regardless of health status, age or adoptability. They are well known for their willingness to rescue at-risk special needs pets who may otherwise be abandoned or euthanized.

C.A.R.E. is actually an acronym for “Cat and Canine Referral and Education”, which is the full title of this awesome organization. The name tells it all with regard to their mission, and they truly do live up to their name.

Although there are numerous other animal shelter facilities throughout Southern California, most are funded by state or local government agencies and are managed and manned by employees who may or may not have the kind of heart-felt compassion for animals as the volunteers at a non-profit facility have. I am sure that most shelters for homeless pets do their best to place the animals they receive in proper homes, and I’d like to think they employ humane practices in working with the animals while they are in their care. However, unfortunately the majority of the government

funded animal shelter are run on a bare-bones budget, and are forced to maintain a policy of euthanasia as a means of population and cost control.

This never happens at C.A.R.E. because they make it their mission to love and nurture each and every animal for the rest of their life, regardless of age, health or adoptability. Of course the people at C.A.R.E. recognize that there are times when an elderly or ill animal must be euthanized as an act of compassion, because prolonging their life in pain and suffering would be inhumane. But they never put an animal to sleep simply because they could not find a home for it within a given period of time. Many of the animals nurtured by the loving folks at C.A.R.E. require daily medications and/or special living conditions. Many have diseases that must be treated, some have suffered physical abuse or psychological trauma, some have lost limbs and many of the elderly have age-related problems that must be tended to with patience and tender-loving-care.

Remarkably, this organization’s facility maintains and cares for an average population of somewhere between 150 to 200 animals at any given time. Many of the animals they house are considered to be un-adoptable, while others hold more hope for finding a permanent home with loving, responsible owners. Either way, they are all welcome to stay as long as it takes, even if it means living out the rest of their life being loved and nurtured at the C.A.R.E. sanctuary.

For more information about C.A.R.E., and to find out how you can help support their efforts or adopt a pet of your own, visit their website at: www.care4pets.org. You’ll see a very informative video about their beautiful animal sanctuary located in Antelope Valley, and meet several of the precious pets who live there. If you’re like me, after getting to know this organization and seeing all the great things they do, you will want to support such a worthy cause. Love, CARE and let live!

Canyon Canine
Dog Walking & Sitting Services
Sierra Madre, California

Chris Leclerc
www.canyoncanine.com
chris@canyoncanine.com
626-355-8333 626-533-9536

LOOKING FOR A BEST FRIEND?

To enjoy the Super Bowl with? Meet Reno. He is a sweet 9-year-old Lhasa Apso mix, weighing a little over 21 lbs. He was picked up as a stray in San Gabriel, thin, matted, dirty, and needing dental work. Our clinic staff has cleaned him up and given him some medical attention, and if he is with us long enough, we hope to get him a professional grooming session to show off what a handsome dog he is.

You will find him charming. Reno qualifies for our ‘Senior For Senior’ discount adoption fee.

He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas. To arrange a ‘Meet and Greet’ with Reno, please stop by any time from 10:30am to 4:30pm Tuesday thru Sunday.



His adoption fee is \$130 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Reno.

If you are interested in meeting Reno or any of the other wonderful pets at the shelter, visit the [San Gabriel Valley Humane Society](http://www.san-gabriel-valley-humane-society.org) at 851 E. Grand Ave., San Gabriel, Calif., 91776, Tuesday through Sunday from 10:30am to 4:30pm. See our website at www.sgvhumane.org for information and photos of all our wonderful pets.

Reno is a calm, quiet boy who looks like he has been through a lot. He spends most of his time in the kennel curled up on his bed, just taking in the sights, sounds, and smells of the shelter. He may have spent some time on the street, and needs to recover his strength and energy gradually.

Volunteers have been spending time with Reno, getting to know him, and letting him know he is safe and loved. At first he was a bit timid, but He is now relaxing and enjoys receiving pets and attention. Reno appears to have an easy-going temperament, and seems to like the other dogs he has met at the shelter.

Reno is very easy to harness, and is excited to go for a walk. Volunteers report he enjoys being outside and is great on the leash, walking with a happy, prancing gait. He is quite interested when treats are offered. Since he came to us in an underweight condition, he is probably trying to catch up on some of his nourishment.

Reno is a lovely dog with a mellow personality, and would make a wonderful companion to someone with a quiet home. He needs some extra love and attention to make him realize he is safe and secure. He has much love to give in return, and the rewards to his new family would be priceless. Please come in to meet Reno and get to know him.

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. If you would like to order a 2016 calendar, you can stop by the shelter or do so through PayPal. Go to the shelter website at sgvhumane.org for more information.

Check out [Shelter Bowl I](#) on the shelter’s website, Instagram and Facebook pages. The top two teams of the CFC (Canine/Feline Conference) compete for the very first time. Vote for your favorite players and team to determine the winner of the coveted ‘Shelter Drinking Bowl Trophy’.



Gifts of Peace In-Home Pet Euthanasia

Saying goodbye in the warmth and comfort of home....

- Phone consultations
- In-Home quality of life consultations
- Compassionate in-home euthanasia
- Aftercare options provided
- Grief support

626-791-1568
Dr. Robin Holmes

COME TO ALTADENA!



- LIFETIME BRAKES
- WHEEL ALIGNMENT
- LUBE & OIL CHANGE
- GENERAL AUTO REPAIR

Javier Vega
Service Manager
(626) 345-9777
Fax: (626) 345-9218

www.brakemasters.com
2095 N. Lake Ave., Altadena, CA 91001

An Honest Brake® Since 1983

Growers of Rare Camellias and Azaleas since 1935

Nuccio's Nurseries

3555 Chaney trail
Altadena, California 91001
(626) 794-3383



We are open daily except Wednesdays and Thursdays
Business hours are from 8:00 to 4:30.
Closed Sundays - June 1 through December
On rainy days we normally close early, so please call first.



DARK BENCH GRILL
Call in your order or just stop by.

626.797.2740

2470 N. Lake Ave.

8a.m. - 4p.m.

Tuesday-Thursday

8a.m. - 7:30 p.m.

Friday & Saturday

PATTICAKES DESSERTS

-Full Service Bakery-

Birthdays - Anniversaries- Weddings

Mention Ad for 10% off any cake

1900 N Allen, Altadena CA 91001

626-794-1128



Come in for a test save.

John T Diehl, Agent
Insurance Lic#: 0D75608
835 E. Mariposa St.
Altadena, CA 91001
Bus: 626-791-9915

Total average savings of **\$825***

when you combine home and auto policies. Call my office for a quote 24/7.



*Average annual household savings based on national 2012 survey of new policyholders who reported savings by switching to State Farm.

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, State Farm New and Casualty Company, State Farm General Insurance Company, Bloomington, IL

FOR SALE



2717 Lincoln Avenue | Altadena

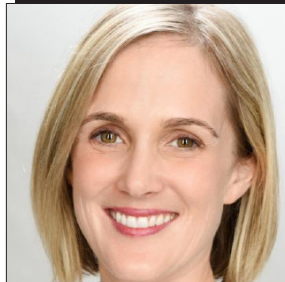
2717 Lincoln Avenue | Altadena

- New roof
- New electrical
- New copper plumbing
- New double pane windows
- All appliances STAY (TV, fridge, stove, dishwasher, washer, dryer, electric fireplace)
- New drip irrigation in backyard with planter boxes
- New xeriscape landscape in front
- NEW REFINISHED hardwood floors
- All new bathroom
- New interior painting
- New exterior painting
- County authorized 1000 sq feet to main house or to build a guest house!
- LOT is over 15,000 sq ft!
- A total dollhouse!!!

Exclusively represented by
CAROL CANTERBURY
BRE # 01243298
Direct | 626.355.1600
CarolCanterbury@hotmail.com

THE JOY OF YOGA

BE IN THE SOLUTION



How are those New Years Resolutions going? It's quite exciting to set a goal and see it come to fruition. In fact, it's one of my favorite things to do. Make lists and plans! But what about the steam it takes to follow through on all those intentions and "this year, I must..."?

Our yoga practice or personal sadhana can create the structure we need to live the life that we want. Think about setting the stage for success or good health. What are the aspects of ourselves that need to be nourished? What must we have to be at our best? Or better yet what can we stop doing that will help us get out of our own way? These are important and pertinent questions.

Yogarupa Rod Stryker made a wonderful commentary recently regarding our plan for the new year. "If there's one thing to do in 2016, it's choose one thing in 2015 that you don't want to repeat."

Exposing this part and recognizing our lessons is what helps us move forward in life. When I say move forward, I mean creating a life where we thrive and experience joy and times of fearlessness. It also means embracing compassion, surrender and acceptance.

Here are 5 basic steps to help bring some framework to your yoga practice or personal sadhana (daily spiritual practice) as means of "setting the stage" for fulfillment:

1. Asana. Our asana practice can help to generate awareness and enliven our physical body. It also

helps to tone and balance our energetic body. We want to get the channels clear and generate motivation.

2. Meditation. Remember 10 minutes a day is better than one hour once a week. Meditation is devotion to the Divine. Whatever you recognize as the Divine, that is where the attention should go. Even being in total connection with Source for 1 minute is worth it! It's a spiritual connection.

3. Self study or Svadhyaya. Could you have 5 minutes per day wherever you do some writing on those issues nagging at you? This is the time where we go back to our heightened awareness and question our choices, reactions and feelings. Here is where we would identify that lesson learned in 2015.

4. Service. Karma Yoga. There's no better way to welcome abundance than being thankful for what we have. Service cultivates gratitude and people who are grateful live happily.

5. Challenge yourself. Make sure exercise and mental stimulation are a part of your day. It's important for us to do things that are hard. We need the accomplishment; it builds discipline and strengthens the mind.

If we add any one of these steps to our life, it will be enriched. It's easy to complain and focus on the problem. Granted, there's a time and place to vent, but being in the solution and actually creating it for ourselves is where we want to be! I have faith in you!

COME SEE WHAT'S NEW IN TOWN AND GET A FREE YOGA CLASS IN OUR NEW LOCATION
16 W. SIERRA MADRE BLVD
 UPSTAIRS, ENTER FROM BACK OF BUILDING
 CHECK ONLINE FOR CLASS TIMES & DIRECTIONS

Yoga Madre
 yogamadre.com
626 355 2010
 Yoga Studio and Wellness Center
 Yoga Classes for all ages and all levels
 Private Yoga Classes • Structural Yoga
 Therapy • Structural Integration • Reiki
 16 W. Sierra Madre Blvd, Sierra Madre, CA 91024

ACUPUNCTURE EFFECTIVE FOR MIGRAINE RELIEF

As any chronic sufferer will tell you, migraine headaches can be debilitating, affecting concentration and the ability to perform daily tasks. In fact, the odds are high that a patient will come to see you with a complaint of migraines.

The latest epidemiologic data estimates 28 million Americans (approximately one in 10) suffer from migraines. Furthermore, almost half of those migraine cases are undiagnosed.

Fortunately, as research suggests, Chinese medicine may help stop migraines in their tracks. In the March 2008 issue of the journal Headache, Italian researchers published the results of a study that involved 160 migraine patients. Researchers divided study participants into different groups, each of which received one of the following treatment protocols: real acupuncture plus migraine medication, two different methods of mock acupuncture with migraine medication, and medication alone. Patients were evaluated three and six months after starting treatment. Migraines were classified according to the following TCM symptoms:

exogenous wind-cold attack;
 exogenous wind-heat attack;
 exogenous wind-dampness attack;
 excess of liver yang;
 obstruction of the middle jiao due to damp phlegm;
 deficiency of kidney essence; or
 stagnation of qi and blood.

For patients receiving true acupuncture, each syndrome was treated with a specific acupoint selection according to TCM. Twice a week, patients submitted to two courses of 10 acupuncture applications each, with a one-week rest period between the treatment courses. The sessions lasted

30 minutes.

In patients receiving ritualized mock acupuncture, the protocol was the same as in the actual acupuncture group, but the needles were not inserted. A small cylinder of foam was applied to the skin by a double-adhesive plaster on each acupoint. Needles with blunted tips were then inserted into the cylinder, touching but not penetrating the skin. This allowed the patient to feel a superficial, light pricking-like sensation, thus simulating needle insertion. A slight pressure was applied on the needle to simulate the arrival of qi. This procedure was used in order to check possible placebo effects related to the use of the TCM approach.

In patients who received standard mock acupuncture, only the Western approach was used for diagnosis and the following standard acupoint selection was used: tou wei (ST 8), xuan lu (GB 5), feng chi (GB 20), da zhui (GV 14), lie que (LU 7). The same method of needle insertion as for ritualized mock acupuncture was used.

All patients were allowed to take rizatriptan to treat migraine attacks. The rizatriptan wafer was administered at a dose of 10 mg, and a second dose was allowed after two hours if the pain persisted.

The researchers found that of all the groups studied, only the group that received real acupuncture showed a significant improvement both in terms of migraine disability and reduced medication use, both at the three- and six-month follow-up. Mock acupuncture showed a slight placebo effect, but only at the three-month follow-up.

References:

<http://www.acupuncturetoday.com/mpacms/at/article.php?id=31775>

YoonMin Acupuncture & Herbs

We accept most insurance, Auto Injuries, Workers Compensation.

Start feeling better today !

Let us try to help YOU with the following health issues !
Muscle/Joint: Low back pain, neck, shoulder, knee pain
Emotional: Stress, anxiety, insomnia, depression.
Gynecological: PMS, menopausal symptoms, infertility.
Digestive: Abdominal pain, indigestion, IBS.
Respiratory: Common cold , sinus, asthma, bronchitis.
Urological: Urinary Tract Infection(UTI), urinary frequency.
Dental: Toothache, TMJ dysfunction.
Harmony: Increase energy, strengthen immune system.
Neurological: Headache, migraine, vertigo, stroke residuals.

(626) 800-9086

80 Montecito Ct. Sierra Madre, CA 91024 / www.YoonMinAcu.com

REFLEXOLOGY CAN HELP!

Reduce Pain ◊ Promote healing ◊ Stress relief ◊ Improve overall well being

FootsmArts Reflexology
 Bs. Lic. #21422
 Despina Tsiknas-Arzuoman
 Certified Reflexologist
 Located in Sierra Madre
(626) 355-3414
 By Appointment Only
 Visit our website:
www.footsmarts-reflexology.com

FOOD AND DRINK

My friend, Roger Mendez, says "top shelf" or "third floor" when he wants a good brand-name drink when he is at a bar. Reader Bob Carlson might think I have lost my mind, but friends and readers, we are moving to the high rent district today. It took me a few years to figure out (and maybe just in time now) that when you are at a supermarket looking for your favorite wine and frustration sets in, you should search by price - the most expensive wines are on the "top shelf" and the bottom shelf is usually where you'll find lowest prices. You'll find me somewhere in the middle. Please let me, just for this one week, introduce you to the top shelf at your local wine department because that is where I found the Oracle 2011 by Miner. Yes indeed, the technology of blends and business is all a part of the Miner story. Miner is a family-run business in the heart of Napa Valley and was founded by Dave and Emily Miner. Dave's uncle is Robert Miner, co-founder of (you guessed it) Oracle Technology.

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com



As we have learned over the last couple of years, I do believe in "blends", and this Oracle is "top shelf". The grapes are sourced from vineyards in the area, including cabernet from Stage Coach Vineyard in Napa Valley. I am told that Black Bart used to rob the stagecoach that ran from St. Helena to Monticello. If Bart could have gotten his hands on some Oracle wines, he would have appreciated the fruitiness of the first taste. The tannins are very smooth, and like many blends that include petit verdot (regardless of the price) has a touch of boldness and a bit of spice. This blend is perfectly balanced, and I recommend a pairing it with spare ribs, chicken or steak. No BBQ sauce, though, as that will take away some of the natural flavors from your wine. Price is \$75 - top shelf indeed, but when it's time to treat yourself, Oracle is a great option.

Dills Score 90

Retail Around \$90 on sale \$75 limited distribution throughout So Cal

Winemaker Notes: All grapes are sourced from the Napa Valley. Each week I will give you my Dills Score. Starting with a base of 50 points, I have added 8 points for color, 7 points for aroma or "nose", 8 points for taste, 8 points for finish, and 9 points for my overall impression, which includes my value rating.

Email Peter at thechefknows@yahoo.com and follow me on Twitter @KINGOFCUISINE, listen to Dining with Dills Saturdays at 5 PM KLAZ AM 830

VISIT US ONLINE
www.mtnviewsnews.com



ZUGO'S CAFE CELEBRATES THEIR GRAND REOPENING THIS WEEKEND WITH NEW LOOK AND MENU

Sierra Madre, CA - Zugo's Cafe & Restaurant has been serving the city of Sierra Madre and the greater Pasadena area almost 10 years. After a small hiatus, owners of Zugo's have brought in Chef Anthony Bar to create a fresh new menu with a seasonal approach. Chef Anthony is utilizing French techniques while staying true to the Italian flavors customers came to love at Zugo's for many years.

Zugo's will be adding a delicious portfolio of local craft beer as well as a wine list comprised



of premier California, French and Italian wines. Along with a Champagne brunch on weekends, Zugo's will be offering parties of 10 or more that reserve a table Monday through Wednesday, a complimentary bottle of Champagne.

Zugo's Cafe
 74 W Sierra Madre Blvd
 Sierra Madre , CA 91024

(626) 836-5700
zugoscafe.com

DOUG CALLIFLOWER'S GAME DAY CHILI

Chili Primero

1 pound Smoked bacon, cut into 3/8-inch pieces
 4 pounds round steak, cut into ¼-cubes
 56 ounces canned tomatoes
 15 ounces tomato sauce
 6 ounces tomato paste
 7 ounce can diced green chilies
 2 tablespoons diced jalapeno peppers (optional)
 4 ounces can diced, pickled cactus, drained (optional)
 2 cups chopped onions
 2 cups chopped green pepper
 1 cup minced fresh parsley
 2 teaspoons ground coriander
 3 cloves garlic, minced
 8 teaspoons ground cumin
 1 teaspoon cayenne pepper
 ¼ teaspoon dried oregano
 ¼ teaspoon paprika
 2 teaspoons salt
 1 teaspoon freshly ground black pepper
 1 tablespoon fresh lemon juice



2 tablespoons mild chili powder
 ½ teaspoon medium-hot chili powder
 ½ cup masa harina (corn flour)
 Garnish: Sour cream
 Shredded cheddar cheese
 Shredded Monterey Jack cheese

In a large skillet, brown bacon, drain and set aside, reserve grease. In same skillet, brown round steak. Put round steak and bacon pieces in large stockpot. Stir in tomatoes with liquid, tomato sauce, tomato paste, green chilies, jalapenos and cactus. Heat to simmering.

In same skillet, sauté onions in ½ reserved bacon grease until transparent. Add to stockpot. Repeat with green peppers. Stir in parsley, coriander, garlic, cumin, cayenne pepper, oregano, paprika, salt, pepper, lemon juice and chili powders. Cook over low heat for 1 hour, stirring occasionally to prevent sticking. Sprinkle masa harina over soup and stir. Simmer covered for 4 hours. Garnish each serving with sour cream and shredded cheese.



DOUG COLLIFLOWER
 Estates Agent | CalBRE#01936718
Doug.Colliflower@dilbeck.com
626.524.4158

Dilbeck & Dale **CHRISTIE'S**
 INTERNATIONAL REAL ESTATE

Dedicated to making a difference with integrity, innovation, care and excellence!

FINANCIAL PAPERWORK:
WHAT TO KEEP, WHAT TO TOSS

Dear Savvy Senior,

How long should a person hang on to old receipts, stock records, tax returns and other financial documents? I have accumulated boxes full of such papers over the years and would like to get rid of some of it now that I'm retired.

Getting Organized

Dear Getting,

This is a great time of the year to get rid of unnecessary or outdated paperwork and to organize your records in preparation for filing your tax return in the spring. Here's a checklist of what to keep and what to toss out, along with some tips to help you reduce your future paper accumulation.

Toss Out

- ATM receipts and bank-deposit slips as soon as you match them up with your monthly statement.
- Credit card receipts after you get your statement, unless you might return the item or need proof of purchase for a warranty.
- Credit card statements that do not have a tax-related expense on them.
- Utility bills when the following month's bill arrives showing that your prior payment was received. If you wish to track utility usage over time, you may want to keep them for a year, or if you deduct a home office on your taxes keep them for seven years.

To avoid identity theft, be sure you shred anything you throw away that contains your personal information. It's best to use a crosscut shredder rather than a strip one, which leaves long paper bands that could be reassembled.

Keep One Year

- Paycheck stubs until you get your W-2 in January to check its accuracy.
- Bank statements (savings and checking account) to confirm your 1099s.
- Brokerage, 401(k), IRA and other investment statements until you get your annual summary (keep longer for tax purposes if they show a gain or loss).
- Receipts for health care bills in case you qualify for a medical deduction.

Keep Seven Years

Supporting documents for your taxes, including W-2s, 1099s, and receipts or canceled checks that substantiate deductions. The IRS usually has up to three years after



you file to audit you but may look back up to six years if it suspects you substantially underreported income or committed fraud.

Keep Indefinitely

- Tax returns with proof of filing and payment. You should keep these for at least seven years, but many experts recommend you keep them forever because they provide a record of your financial history.
- IRS forms that you filed when making nondeductible contributions to a traditional IRA or a Roth conversion.
- Receipts for capital improvements that you've made to your home until seven years after you sell the house.
- Retirement and brokerage account annual statements as long as you hold those investments.
- Defined-benefit pension plan documents.
- Savings bonds until redeemed.
- Loan documents until the loan is paid off.
- Vehicle titles and registration information as long as you own the car, boat, truck, or other vehicle.
- Insurance policies as long as you have them.
- Warranties or receipts for big-ticket purchases for as long as you own the item, to support warranty and insurance claims.

Keep Forever

Personal and family records like birth certificates, marriage license, divorce papers, Social Security cards, military discharge papers and estate-planning documents (power of attorney, will, trust and advanced directive). Keep these in a fireproof safe or safe-deposit box.

Reduce Your Paper

To reduce your paper clutter, consider digitizing your documents by scanning them and converting them into PDF files so you can store them on your computer and back them up onto a USB flash drive or external hard drive like icloud.com or carbonite.com.

Your can also reduce your future paper load by switching to electronic statements and records whenever possible.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...January Birthdays*

Gerald Day, Mary Tassop, JudyWebb-Martin, John Johnson, Mary Bickel, Marlene Enmark, Ross Kellock, Ruth Wolter, Sue Watanabe, Sandy Thistlewaite, Bobbi Rahmanian, Fran Syverson, Shirley Wolff, Judy Zaretska and Becky Evans.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

ACTIVITIES AT THE SENIOR CENTER

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Balance Class: No Balance Class due to Martin Luther King Holiday.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.



KATIE Tse.....This and That

“GREEN MANSIONS!” PART II

Welcome back to Part II of “Green Mansions!” For those of you who missed my last column (and those of you who wished you had!), here’s a recap. We left our hero, Anthony Perkins, rushing back into the jungle to warn Audrey Hepburn, the mysterious “lady of the forest” and her grandfather, Lee J. Cobb, of the impending danger awaiting them at the hands of the local tribe, headed by Henry Silva. (If this summary lacks essential details, it’s only because Part I was VERY long. I encourage you to watch the 1959 movie yourself!) Back to the action...

Silva stirred the natives into a blood lust for Hepburn by falsely accusing her of murdering his older brother. Perkins desperately searches for her, but finds Cobb hiding with an illicit barbecued leg o’ lamb instead. (Having grown up in the jungle, Hepburn’s a real vegetarian tree-hugger. But a man gets a hankering for a juicy steak now and then!)

Cobb also confesses that he is not Hepburn’s actual grandfather. In his youth, Cobb took up with some bad company who massacred nearly all the inhabitants of a small village, from which Hepburn is descended. Despite Cobb’s objections, Perkins spills the beans to Hepburn, who lashes out at Cobb for lying to her all these years. The young lovers escape over the hill to Hepburn’s village, Riolama.

Once there, they find only desolate ruins. By now, Hepburn has softened to Cobb, and the two return to find him. But they are too late. Silva has murdered Cobb in their absence, and now he and his gang are out to get Hepburn. Being the jungle chick that she is, Hepburn escapes by scrambling up a tree. This is just what Silva wanted. “Burn the jungle witch!” he shouts to his cronies as they stack kindling around the base of the tree. The smoke rises and it looks as if Hepburn will be fried to a crisp. (This is especially bad because her chiffon dress is probably flammable.)

Unable to climb to Hepburn’s rescue, Perkins

pursues Silva to a waterfall where they duke it out on the slippery rocks. Silva boasts that, by taking out the jungle witch, he’s now ready to step in as the new chief. In a surge of impassioned fury, Perkins strikes Silva and leaves him floating face down in the wash.

Perkins wanders through the charred jungle, but there is no sign of Hepburn. Overcome with emotion, he falls to his knees and weeps at the sight of a special flower, now withered, that Hepburn showed him days before. In the midst of his tears, Perkins recalls Hepburn telling him to not cry over the flower when it dies, because, somewhere else in the jungle, another one is getting ready to bloom.

The “Green Mansions” theme music reaches a crescendo as Perkins turns to discover Hepburn

standing in a light flooded clearing. She smiles as she holds out her hand, beckoning him to join her. It’s a happy ending, and I was enjoying the warm fuzzies until my Mom shared her interpretation of the ending.

According to her, Hepburn did meet a toasty end, which is confirmed with her words that “whenever a flower dies, somewhere else another is getting ready to bloom.” Then the ending becomes like “Somewhere in Time” with Jane Seymore and Christopher Reeve reuniting

in a misty afterlife (you gotta watch that one, too, it’s a real tear-jerker).

I have problems with this interpretation. Having Perkins join Hepburn in the bright jungle sunrise implies that either Perkins is dead, too, or that he sees dead people (e.g., “The Sixth Sense”). I like to think that Hepburn miraculously escaped the fire --that’s what I thought when I first saw it at seven or eight years of age.

By now I imagine that my scintillating summary of the film has you scouring the Internet for it (Ha!). If you do happen to watch it, I hope the alternate endings I’ve posed don’t cloud your artistic judgment.

Next week, “Plan 9 From Outer Space!” (just kidding --but that’s a funny one, too!)



GEORGE'S TREE SERVICE Since 1975
SPECIALIZING IN TALL AND SPECIMEN TREES
COMMERCIAL • RESIDENTIAL
Bonded & State of CA Licensed #960774
626-246-5750
georgestreeservice1975@gmail.com

MARK 1:17
Special Discounts for Seniors

Pasadena ANTIQUE warehouse

What's In Your Attic? We Buy Your Stuff!
Tel. (626) 404-2422
1609 E. Washington Blvd. Pasadena Ca, 91104

BUYING BOOKS in large letters

Old & Collectible Books,
Estate Collections
48 Years experience
Gary Braithwaite, Pasadena,
froghattwo@hotmail.com, 571 298 9001.

SHARE SOME
GOOD NEWS!

“The Kindness of Strangers” feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the the challenges and issues we have to deal with daily. So, if you have

something you would like to share, please submit it to: editor@mtnewsnews.com. It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/Publisher MVNews



At first, Dad and I didn't
see eye to eye about moving to
The Kensington, but since
he did, we're both thrilled

**Limited Senior Living Suites Still Available
Call or Visit to Reserve Yours Today**

THE KENSINGTON
An Assisted Living Residence
SIERRA MADRE
626-355-5700
245 West Sierra Madre Blvd
Sierra Madre, CA 91024
www.TheKensingtonSierraMadre.com



RCFE License
198601953

On the Marquee: Notes from the Sierra Madre Playhouse

ARTISTIC VS. BUSINESS DECISIONS

By Artistic Director, Christian LebanoToday I feel like a grown-up. An odd thing to say for a man in his 50's, I know. Today I said “no” to a project I had hoped to bring to the Playhouse. I know that audiences would have loved it, but it just didn't pencil out. It might have sold better than the number I assigned to the calculations but I have learned to be conservative in my predictions after a couple of spectacular failures. I have to think about the long-term health of SMP and this show, while fun, would not have returned enough on its investment. I don't think purely economically when I talk about returns either. I consider the extrinsic elements, as well – and when evaluating the whole package, it wasn't worth pursuing.

In contrast to that decision is a show I am hoping to announce soon for our summer slot – after Always...Patsy Cline we have decided to reserve the summers for our yearly musical offering and I hope you'll be as excited about what we are planning as I am. It is one of the greatest musicals this country has ever produced and it will tax all the resources of the Playhouse. But this one does make sense to stretch for – it will assert what I hope the Playhouse will be, the kind of work we'll do, and through its ambition declare that we've arrived. That's a roll of the dice worth making.

We are definitely trying to grow at the Playhouse. And I hear from many of you who have been long-time patrons that you like the direction we are headed. To further that growth we are having a retreat this weekend for the Board and Staff. We'll discuss strategies to help us get to where we all want to be – a thriving cultural hub of the San Gabriel Valley – and set some targets to help us get there. I'm not short of ideas for programs and initiatives that I would love to see come to fruition, but first we need to attend to our infrastructure. We are so short-handed that they all revolve around more staff to help us achieve our goals.

I keep saying that I think SMP is poised on the brink of truly wonderful things. With your help and support we'll make our dreams reality and our



Don Savage is Porter Milgrim in Deathtrap.
Photo by John Dlugolecki

inspirations manifest. After all, we do it for you, our loyal supporters – please let me know what you think. You can write me at ArtisticDirector@SierraMadrePlayhouse.org.

The Granados Concert (part of our Series with the Colburn Conservatory) is this Sunday, January 31. Tickets for the concert are \$20 for adults and \$15 for students. A few essays back I talked about making the Playhouse your drop-in living room. How wonderful to amble down and hear this beautiful music just blocks from your home. I think for those of you who haven't attended one, a single visit will make you a fan.

Deathtrap is selling briskly, it runs through February 20. This one is great fun – opening night audience were shocked by all the surprises - don't miss it. Reviews have been glowing! Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to arrange your purchase.

SPECIAL MUSIC EVENT CELEBRATING GRANADOS AT SIERRA MADRE PLAYHOUSE ON JANUARY 31

Sierra Madre Playhouse and Colburn Conservatory of Music continue their collaboration of presenting superior evenings of traditional and contemporary classical music for a third season. Our first such event this year is Celebrating Granados: His Life, His Influences, His Music.

Enrique Granados (1867-1916), revered in his native Spain, is less well-known by American audiences. Our January concert commemorates the centennial of his death. In 1916, following the New York premiere of his opera Goyescas (based on his earlier piano pieces inspired by the paintings of Francisco Goya) and a special piano recital for President Woodrow Wilson, Granados and his wife set sail for the return voyage to Europe. They perished when their vessel was sunk by a German U-Boat. They were survived by six children, one of them a musician.

Prize-winning pianist, recording artist, and former Fulbright scholar Régulo Martínez-Antón, the recipient of the Professional Studies Certificate from the Colburn Conservatory of Music and currently a piano faculty member at the Colburn School of Performing Arts and the Montecito International Music Festival, has assembled the program for the January 31 concert. A native of Madrid, Martínez-Antón has a special affinity for the works of Granados. The concert will feature

not only works by Granados, but also by his influences.

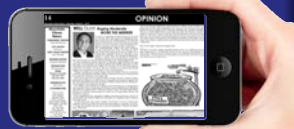
The program:
Robert Schumann (1810-1856) Arabeske in C major, Op. 18
Frederic Chopin (1810-1849) Nocturne op. 62 in B major
Franz Liszt (1811-1886) Sonetto 47 del Petrarca
Sonetto 104 del Petrarca
Sonetto 123 del Petrarca

Intermission

Enrique Granados (1867-1916) from Danzas españolas, op. 37 Andaluza
Oriental from Goyescas Los requiebros (The Compliments)
Quejas o la maja y el ruiseñor (Complaints or the Maiden and the Nightingale)
El pelele
“Martínez-Antón's performance was astounding.”
---Stage & Cinema
“The music of Régulo Martínez-Antón is always an adventure:---Rhein Zeitung (Germany)

Celebrating Granados promises to be an extraordinary evening of musicianship and listening pleasure. It's not to be missed.

VISIT US ONLINE
www.mtnviewsnews.com



Creative Arts Group FACULTY SHOW

Currently now on display through **February 26**
Visit our gallery to view amazing art work
from our talented teaching artists.

Lisa Agaran
Julie Crouch
Rebecca Edelman
Cathy Imhoff
Christy Johnson
Susie Kustner
Jeanne Lavieri
Tim Lewis
Fealing Lin
Sue Matz
Dawn Mendelson
Pete Morris
Kimberly Nicholson

Kellyn Palmisano
Leslie Plunkett
Jeannine Savedra
Debbie Schweiner
Richard Scott
Anne Sears
George Sherman
Rob Sherrill
Caryl St. Ama
Joseph Stoddard
Soozee Van Dyke
Lilia Venier

108 N. Baldwin Ave. Sierra Madre
626.355.8350 www.creativeartsgroup.org

f “Creative Arts Group Sierra Madre”



SEAN'S SHAMELESS REVIEWS: ST. LUCIA

By Sean Kayden

South African-born Jean-Philip Grobler, aka St. Lucia is prepared to release his much anticipated sophomore record, Matter via Columbia Records. Grobler, who is now Brooklyn-based, released the first single, “Dancing On Glass,” a fetching 80s-inspired dance track last October. It was teeming with hooks and synth-pop beats. While Grobler has been dropping remixes every so often in the past two years, “Dancing on Glass” was the first original music since his effervescent 2013 debut, When The Night. The electro-poppers also include Grobler's wife, Patti Beranek on back-up vocals, guitarist and bassist Ross Clark, keyboard player Nicky Paul, and drummer Dustin Kaufman. For album number two, it was a collaborative effort. “Dancing On Glass” was written with Tim Pagnotta (Walk the Moon, Matthew Koma) and “Help Me Run Away,” brought Grobler and Bleachers' Jack Antonoff together for something imaginative. On the production side, the band tapped Chris Zane (Passion Pit and The Walkmen). It's clearly evident that Grobler has expanded his musical purview with the new record. With eleven brand spanking new tracks, St. Lucia will immediately be kicking off a US tour to coincide with the January 29th release.

“Do You Remember?” launches the record in the best possible way. The roaring opener is bold, sumptuous, and striking. It takes grasp on the listener with spectacular hooks and infectious beats. “Home” is a dazzling 80s dance-pop tune. The robotic-like synth beats are drenched with 80s-pop ingredients. You can envision a goofy and unabashedly silly music video to be paired up with it. Basically it makes you want to jump out of your seat and simply dance. In fact, it seems St. Lucia's intent all along is to have people to get up and dance. And I'm not sure how one could refrain from doing so while listening to this heavily pop-induced record. “Dancing On Glass,” the band's monumental single is unquestionably awesome. It is, hands down, the catchiest, most addicting song in recent memory. The song feels like a companion piece of Walk The Moon's “Shut Up and Dance” and we all know what that song did for them. Hopefully and much deserving so, this mellifluous effort will push St. Lucia into new heights, professionally. “Physical” places St. Lucia in another bold direction with vocal loops and trancelike synth arrangements. The throbbing beats trigger a wild sensation that gets your body moving in a “physical” matter.

“Game 4 U” is a fairly gentler paced jam, but it's one of the most captivating tracks found on Matter. The relationship themed tune is a charming endeavor that marks yet another refreshing approach for the band. The sounds and beats take on a different vibrancy than the previous tracks that feels less synth-y and more natural. The inclusion of horns and what seems to be a saxophone in the tail end of the song allow for the tune to stand out more so than others on Matter. “Love Somebody” is an R&B inspired tune that brings to mind other acts such as Active Child and Chad Valley. With the snapping of fingers and seductive beats, “Love Somebody” is a deliberately paced track that will have you slow dancing this time around. “Help Me Run Away” feels like the perfect

St. Lucia Burst Back and It Does ‘Matter’
Artist: St. Lucia
Album: Matter
Label: Columbia Records
Release Date: January 29th, 2016
Review By: Sean Kayden

workout song. It has this go, go, go mentality about it. The chorus just bursts with the title line “help me run away” and combined with the explosiveness of layered sounds, the combination is breathtaking since it feels like you never have a moment to come up for air. The thing is, Matter is an album filled with breathtaking moments mostly deriving from its splendid hooks, energetic demeanor, and breakneck pace, but sometimes there are those uncommon surprises that materialize. One of those surprises comes in the form of the closing track, “Always”. The anthemic pop-rock effort is grandiose and immensely affecting that appropriately feels like the superlative choice for a closing track from St. Lucia. The song features backup vocals of Beranek, who is able to sparkle with her own angelic vocals. In the end, it has one believing that St. Lucia is in no way one-dimensional as they tap into a powerful sound that pushes their boundaries both lyrically and musically. St. Lucia explores more than your typical synth-pop outing on Matters making it a true gem amongst a sea of pearls.

Grade: 8 out of 10
Key Tracks: “Dancing on Glass,” “Do You Remember?” “Game 4 U,” “Always”

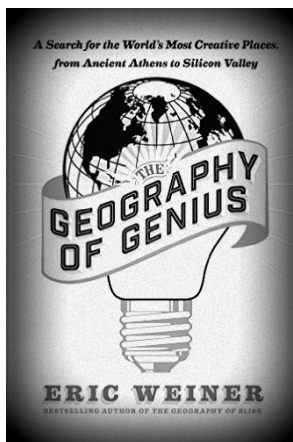
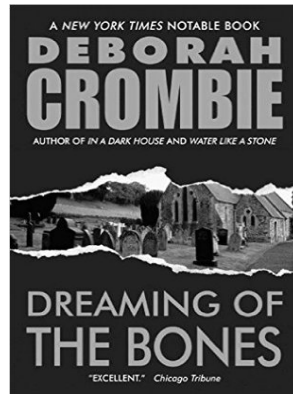
Jeff's Book Pics By Jeff Brown

The Geography of Genius: A Search for the World's Most Creative Places from Ancient Athens to Silicon Valley by Eric Weiner
Travel the world with Eric Weiner, as he journeys from Athens to Silicon Valley and throughout history, to show how creative genius flourishes in specific places at specific times. Acclaimed travel writer Weiner sets out to examine the connection between our surroundings and our most innovative ideas. He explores the history of places, like Vienna of 1900, Renaissance Florence, ancient Athens, Song Dynasty Hangzhou, and Silicon Valley, to show how certain urban settings are conducive to ingenuity. With his trademark insightful humor, he walks the same paths as the geniuses who flourished in these settings to see if the spirit of what inspired figures like Socrates, Michelangelo, and Leonardo remains. In these places, Weiner asks, “What was in the air, and can we bottle it?” This link can be traced back through history: Darwin's theory of evolution gelled while he was riding in a carriage. Freud did his best thinking at this favorite coffee house. Beethoven, like many geniuses, preferred long walks in the woods. Sharp and provocative, The book redefines the argument about how genius came to be. His reevaluation of the importance of culture in nurturing creativity is an informed romp through history that will surely jumpstart a national conversation.

Dreaming of the Bones by Deborah Crombie
Crombie's fifth novel, Dreaming of the Bones, was a New York Times Notable Book in 1997 and named by the Independent Mystery Booksellers as one of the 100 Best Crime Novels of the Century, was an Edgar nominee for Best Novel, and won the Macavity award for Best Novel. It is the call Scotland Yard Superintendent Duncan Kincaid never expected. When talented and

tormented poet Lydia Brooke dies, it is assumed that she has taken her own life. Now obsession has taken hold of Victoria McClellan. A feminist biographer at Cambridge, Vic finds herself immersed in the poet's world. Uneasy about the manner of Lydia's death, Vic calls on her ex-husband, Superintendent Duncan Kincaid, for help. But before he can take action, Vic herself is dead--and there's no question that this one is murder. As Kincaid and his lover and partner, Gemma James, investigate, they are exposed to secrets that have reached out over three decades and poisoned a dozen lives. The Open Secret by Tony Parsons “Throughout my early life I felt that there was another possibility which, once realised, would transform all and everything. One day that possibility became a reality, and it was simple and ordinary, magnificent and revolutionary. It is the open secret that reveals itself in every part of our lives. But realisation does not emerge through our attempts to change our lives, it comes as a direct rediscovery of who it is that lives. The Open Secret is a singular and radical work which speaks of the fundamental liberation that is absolutely beyond effort, path, process or belief,” Tony Parsons.

Stiff: The Curious Lives of Human Cadavers by Mary Roach
“One of the funniest and most unusual books of the year, Gross, educational, and unexpectedly sidesplitting.” Entertainment Weekly. Stiff is an oddly compelling, often hilarious exploration of the strange lives of our bodies postmortem. For two thousand years, cadavers some willingly, some unwittingly have been involved in science's boldest strides and weirdest undertakings. In this fascinating account, Mary Roach visits the good deeds of cadavers over the centuries and tells the engrossing story of our bodies when we are no longer with them. Recommended by Beth Copti.



Jeff's History Corner By Jeff Brown

1. The Founding Fathers penned the first couple of drafts of the Declaration of Independence on hemp paper, since at the time at least 75 percent of all the world's paper was made from cannabis hemp fiber. The democratic delegates eked out the document's first and second drafts—completed on June 28th and July 2nd 1776, respectively—on Dutch hemp paper. The final document had a more official air, though, as it was printed on parchment.

2. The American flag was the brainchild of a high schooler. Robert Heft was 17 years old when he submitted his design for a new American flag for a school project in 1958. After receiving a B- for his work, Heft contested his grade with his teacher and an agreement was made that he would receive an A if it was accepted by the US Congress. In the following year, which saw Alaska and Hawaii join the union, Heft's flag was adopted by the nation and his grade was changed accordingly.

3. FDR escaped an assassination attempt before he was famous. Franklin D Roosevelt was diagnosed with polio in 1921, yet led a somewhat charmed life. In February 1932, just three weeks prior to his inauguration, a revolver bullet meant for him was directed off target as it was fired, fatally wounding the Mayor of Chicago instead. An American submarine mistakenly fired a torpedo at the battleship Iowa, missing it by a fraction, as he held a secret meeting on it in November 1943. These brushes with death were preceded, however, by a close escape in 1919 when he gave Mitchell Palmer, the notorious Attorney General, a lift

home from a boozy party. FDR politely refused the offer of a nightcap, driving off and leaving Palmer to retire upstairs before the front portion of his house then exploded as part of an attempt on his life.

Had FDR accepted Palmer's hospitality, both men would have been killed.

4. Cross-dressing women served in the Civil War. Hundreds of women are thought to have disguised themselves as men in order to participate in the Civil War. Most famous is Sarah Emma Edmonds, who felt compelled to play her part for the Union Army and enlisted in the 2nd Michigan Infantry with the alias “Franklin Flint Thompson”. She served between 1861 and 1863, with Malaria curtailing her involvement. She wrote a memoir of her time in the army, selling almost 200,000 copies.

5. Months before World War Two ended, the Japanese found themselves in a bit of a pinch. Making the most of the strong air current across the Pacific Ocean, the Japanese crafted what was likely the first intercontinental weapon system and attached bombs to hydrogen balloons, in what was known as the Fu-Go campaign. Depending on weather conditions, it would take each balloon anywhere from 30 to 60 hours to reach the United States. Researchers estimate that the Japanese said sayonara to around 9,000 bombs—which were approximately 33 feet in diameter—to the United States, with 342 known to have reached the United States. Many of them landed and exploded, with one even killing a whole family in Oregon in 1944. Rumor has it that there may still be dozens – potentially still active – lying around.

FAMILY MATTERS

By Marc Garlett



PLANNING FOR CHARITABLE GIVING

January 1 wiped the slate clean for your tax deductible charitable contributions. So this is a great time to reassess your approach to donating to charities. Most of us respond to some of the appeals which come through various avenues such as unsolicited phone calls, campaigns at work, or church related charities. Whatever the source of the appeal may be, however, most people are inconsistent givers and fret when finding a way to say no.

A Better Way

A solution to the dilemma of when to give and when not to, is having a plan in advance. Knowing ahead of time how much you are willing to contribute to charities and those specific charities to which you will give makes it easier to deal with those groups not on your "list". Hard-charging solicitors are more likely to back off when informed that you have a charitable giving plan to which you strictly adhere.

To begin creating your own personal charitable giving plan, first look at your past giving patterns and amounts. Did you take an

itemized deduction? If yes, you can start with that amount and decide whether it is too high or too low. Many people do not keep track of all they have given, and some may even overstate the amount. Whatever the case, decide on an amount you want to give and then make a list of the organizations to which you will donate.

Once you identify the recipients, you can decide how and when you want to make your contributions. If cash flow is an issue, you might set up a schedule for contributions. Consultation with the charity may provide some knowledge of what works best for that organization.

An Even More Coordinated Approach

If you want to provide a one-time outlay that gets your charitable funds set aside, a donor-advised fund can be established through a financial services firm. This way, a contribution to the fund can be made and then disbursed at later dates. The tax deduction is based on the contribution to the fund rather than to individual organizations. This also allows other family members to contribute if they would like to simplify their charitable gift-giving, too.

A plan for charitable giving that specifies an amount and the recipients, in advance, takes away the angst of considering numerous solicitations that come randomly throughout the year. Knowing you have an action plan in place makes it that much easier to either ignore solicitations or provide a standard response.

Dedicated to your family's wealth, health, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

THE PLUMBING SPECIALIST FOR RESIDENTIAL & COMMERCIAL



Century Rooter Specializes in:

- All Plumbing Repairs
- Water Heater Replacement
- Backflow Testing Services
- Sewer and Drain Cleaning
- Residential & Commercial

247 EMERGENCY SERVICES
(800)782-4744

www.CENTURYROOTER.com

OVER 35 YEARS OF PROFESSIONAL EXPERIENCE

1609 S. California Ave • Monrovia, Ca 91016
LIC. #707409

WE'RE NOW OPEN!



THE WAIT IS OVER
38 DEGREES
ALE HOUSE & GRILL
IS OPEN FOR BUSINESS
PLEASE JOIN US

- 38 CRAFT BEER TAPS •
- LUNCH & DINNER 7 DAYS A WEEK •
- CREATIVE AMERICAN CUISINE •
- OPEN UNTIL 2AM THU-SAT •
- EXCEPTIONAL CUSTOMER SERVICE •

110 E COLORADO BLVD, MONROVIA, CA 91016
WALK IN OR RESERVATIONS : 626-408-5544

Facebook: FACEBOOK.COM/38DEGREESMON
Instagram: @38DEGREESMON Twitter: @38DEGREESMON



Social Media
Tips, Tricks & Ideas



by: MJ Finstrom

POST ONCE, POPULATE MANY -
BUILD SYSTEMS FOR YOUR ONLINE MARKETING

Building systems for your social media marketing will save you time and help you get your message out. Here are three simple systems that are easy to set up:

Constant Contact Email System: When you schedule your next Constant Contact Email campaign, use the Simple Share Feature. As you schedule your email to go out to your subscribers, it will also post to your Facebook, Twitter and LinkedIn accounts.

A Simple Facebook System: Facebook can act as a distribution hub as well. When you post to your Facebook Page, you can have that post populate Twitter and your web site.

To link your Facebook posts to Twitter simply follow the instructions at www.facebook.com/twitter.

You can have Facebook feed directly to your web site via a Facebook Like Box. Get the html code for your Like Box at: bit.ly/likeboxmaker.

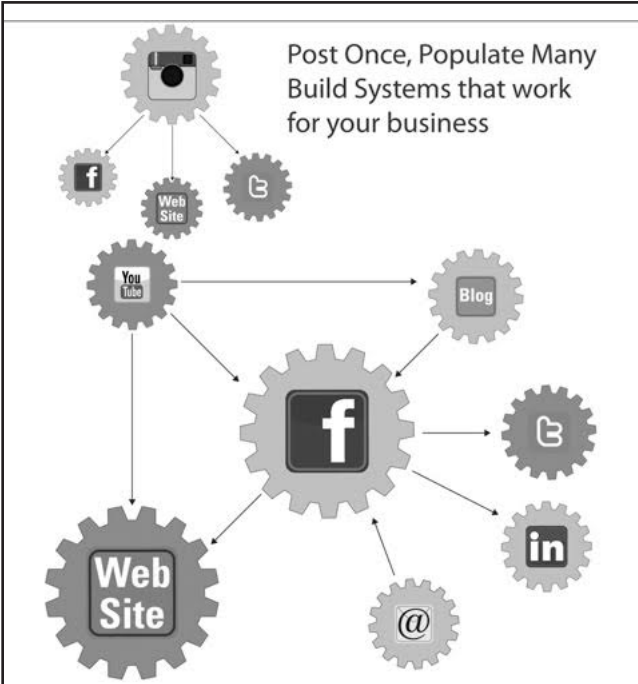
This will create a content box on your website which will display your most recent posts. Plus it can give your web site a fresh look every time you post to Facebook. You will need to have designated space on your site for the feed.

Instagram System:

Instagram is a great starting tool in a system. You can take a picture from your smart phone, post it on Instagram and it will automatically post on Twitter, Facebook and your website. Here are two easy steps that will build a system for your Instagram posts:

Instagram settings: choose "share settings." Select Facebook and Twitter and follow the instructions to link to your accounts. You can set up your Facebook feed to go to your personal profile page or to a business page you admin.

Add a feed to your website: Use a widget maker like Snapwidget.com to create code that you can install on your website. There are several widget format



types to choose from (grid, slide show, scrolling etc.) This is a great way to keep images current on your website.

The systems mentioned are pretty basic. You can build on them as you grow your on-line presence. The point is to create systems that work for your business. Systems that will save you time and provide maximum exposure for your valuable content.

About MJ: MJ and her brother David own HUTdogs, a creative services business that specializes in Internet Marketing strategies and Social Media. They offer social media management services and help their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs.

Sign up for their upcoming classes, webinars and presentations at: www.hutdogs.com/workshops/schedule

ARCHITECT TO SPEAK ON
EARTH-FRIENDLY HOME DESIGN

Dr. I-Jyh Wen, professor of Architecture at Taiwan's National Yunlin University of Science and Technology (Yun Tech), follows his university's creed: "Students should place an equal emphasis on humanities and technology." To that end, Dr. Wen practices a "green" approach to architecture, which attempts to do minimal harm to human health and environment by using eco-friendly building materials and construction methods. A graduate of Kyu-Shu University in Japan, Dr. Wen brought his expertise to Taiwan's National Yunlin Univ. where he teaches that green building designs can be applied to diverse terrains, such as flat areas or mountainous regions. Many of Dr. Wen's students have been influenced by his teachings. Dr. Wen will speak at a meeting of the American

Association of University Women-Arcadia Branch (AAUW-Arcadia) on Monday, February 22, 2016, at 2:00 pm. in the Church of the Good Shepherd's Jordan Hall, 400 W. Duarte Road, Arcadia (SW corner of Duarte Road and Holly Avenue). The public is invited to come hear this international scholar and to view a power point presentation. An interpreter will be available. This is a free meeting, and ample parking is available. Refreshments will be served.

For more information about the program or about membership in the American Association of University Women, please call Tamara Kato at (626) 375-6756 or Patricia Dietrich at (626) 446-8437.

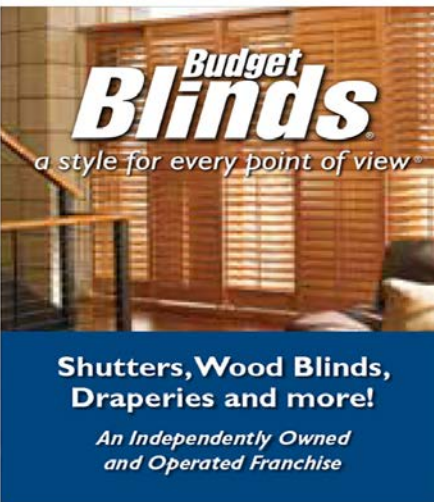
PET OF THE WEEK: ARTHUR: ANIMAL ID #A4911839

Meet a handsome young guy with a great personality to match, Arthur (A4911839)! Arthur is a loving and adorable 8-year-old tan-and-white male Beagle and Basset Hound mix who was found in Hacienda Heights on January 16th and brought to the Baldwin Park Animal Care Center. Weighing 23 lbs, Arthur has the cheery disposition for which Beagles are famous. He is eager to explore and would be a great companion to join you for walks around the neighborhood or hikes. Art knows how to walk on a leash and shows signs of being housebroken. Given his gentle disposition and eye-candy looks, we think he would be a great addition as an indoor pet and beloved buddy to a household with kids. To watch a video of Arthur, please visit the following link: <https://youtu.be/J9nVPxHX6-g>

To meet Arthur in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). He is currently available now. For any inquiries about Arthur, please reference his animal ID number: A4911839. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake



shelter with a great need for adoptions. For more information about Arthur or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter through its Shelter Support Program, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.



JOHN SUN
Owner / Design Consultant

BUDGET BLINDS OF SAN GABRIEL

office: 626.309.7588
fax: 626.309.7589
jsun@budgetblinds.com

www.budgetblinds.com/SanGabriel

VISIT US
ONLINE

www.mtnviewsnews.com



Looking Up with Bob Eklund



1 TRILLION KILOMETERS APART: A LONELY PLANET AND ITS DISTANT STAR

A team of astronomers in the UK, USA, and Australia have found a planet, until now thought to be a free-floating or lonely planet, in a huge orbit around its star. Incredibly the object, designated as 2MASS J2126, is about 1 trillion kilometers from the star, or about 7,000 times the distance from the Earth to the Sun.

In the last five years a number of free-floating planets have been found. These are gas-giant worlds like Jupiter that lack the mass for the nuclear reactions that make stars shine. Measuring the temperatures of these objects is relatively straightforward, but it depends on both mass and age. This means astronomers need to find out how old these objects are, before they can find out if they are lightweight enough to be planets or if they are heavier “failed stars” known as brown dwarfs.

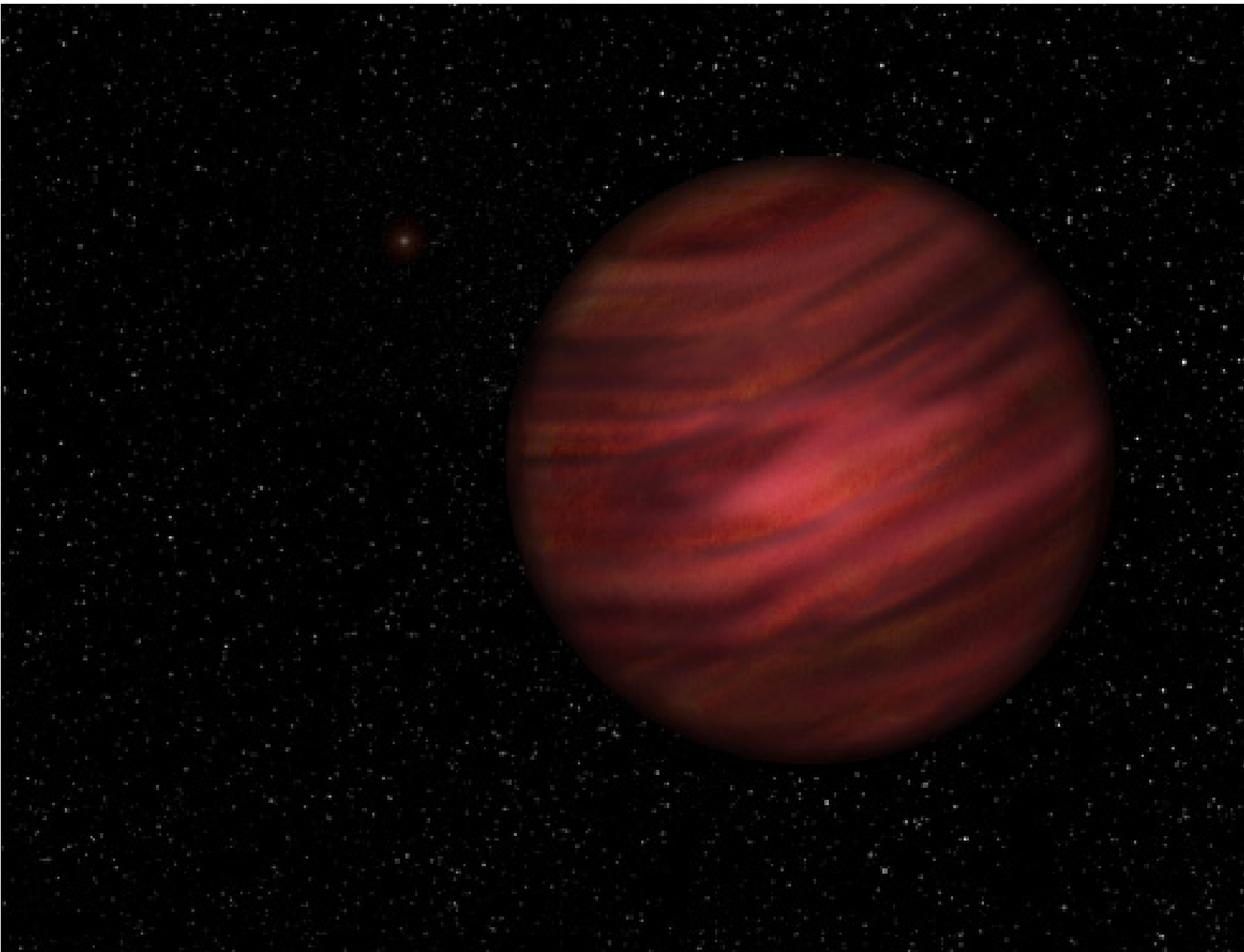
US-based researchers found 2MASS J2126 in an infrared sky survey, flagging it as a possible young and hence low-mass object. In 2014 Canadian researchers identified 2MASS J2126 as a possible member of a 45 million year old group of stars and brown dwarfs known as the Tucana Horologium Association. This made it young and low enough in mass to be classified as a free-floating planet.

In the same region of the sky, TYC 9486-927-1 is a star that had been identified as being young, but not as a member of any known group of young stars. Until now no one had suggested that TYC 9486-927-1 and 2MASS J2126 were in some way linked.

Lead author Dr. Niall Deacon of the University of Hertfordshire has spent the last few years searching for young stars with companions in wide orbits. As part of the work, his team looked through lists of known young stars, brown dwarfs and free-floating planets to see if any of them could be related. They found that TYC 9486-927-1 and 2MASS J2126 are moving through space together and are both about 104 light-years from the Sun, implying that they are associated.

“This is the widest planet system found so far and both the members of it have been known for eight years,” said Dr. Deacon, “but nobody had made the link between the objects before. The planet is not quite as lonely as we first thought, but it’s certainly in a very long-distance relationship.”

Planet 2MASS J2126 is estimated to have between 11.6 and 15 times the mass of Jupiter.



[An artist's impression of 2MASS J2126. Credit: University of Hertfordshire / Neil Cook]

This placed it on the boundary between planets and brown dwarfs.

2MASS J2126 is around 7,000 Earth-Sun distances or 1 trillion kilometers away from its parent star, giving it the widest orbit of any planet found around another star. At such an enormous distance it takes roughly 900,000 years to complete one orbit, meaning it has completed less than fifty orbits over its lifetime. There is little prospect of any life on an exotic world like

this, but any inhabitants would see their ‘Sun’ as no more than a bright star, and might not even imagine they were connected to it at all.

You can contact Bob Eklund at: b eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges

WE LEARN FROM OUR FAILURES

[Nyerges is the author of over a dozen books on self-reliance and ethno-botany. He also regularly conducts classes and field trips. For more information, go to www.SchoolofSelf-Reliance.com, or Box 41834, Eagle Rock, CA 90041]

Failure is not necessarily a bad thing. Sometimes it is a necessary thing because it teaches us (hopefully) what we do not want to do. As someone once said, failures are the cobblestones in the road to success. You cannot avoid all failure. In fact, some failure is a necessary part of the learning experience. You attempt something, and you fail because you did not know what you did not know.

You try again, you made modifications, you do better, you achieve some success. You would never have discovered what you did not know if you hadn’t taken any action in the first place.

In my field of teaching ethnobotany, I am constantly learning new things, and I constantly humbled by just how much there is to know. I realized long ago that I will probably never know all that can be known, and for that reason, I have acquired books to simply look up the information I may need. I have also cultivated friendships in this field so that I can simply ask someone else who knows what I do not know. There is no disgrace in realizing the gaps in what you know. If there is any disgrace, it is the self-deception of pretending you have no gaps in your knowledge.

I once had a teacher who refused to say he didn’t know, even when it was clear that he didn’t know. I was too young to realize he was being tactful, or somehow trying to “save face.” I just kept trying to find the answer and it took other people to tell me that the man didn’t know what I was trying to find out and that I should seek answers elsewhere. Would it have been a disgrace to just say “I don’t know”?

One of my mentors along the way shared with me a simple tactic for dealing with this. It’s a tactic that teachers of any field can and should utilize. When I first began teaching, people asked me all manner of questions. Some I knew the answers, some I did not. My mentor suggested that I substitute “I don’t know” for “I’ll find out.” I carried postcards at the time (this was way before everyone had email), and each time I received a query to which I didn’t know the answer, I had the person quickly write the question on the postcard, and also write his or her mailing address on the reverse side.

I would then find the answer, write the answer on the card, and mail it back to the person. Yes, it was extra work, but, in part, this enabled me to learn more by trying to find

an answer to something I didn’t know. Very rarely was I unable to find a proper answer.

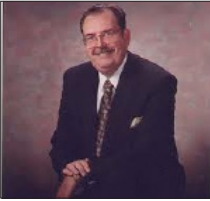
This tactic has allowed me to feel good about myself, learn more, and not have to worry about pretending that I know what I do not.

Over the years, I have often felt overwhelmed by the amount of knowledge that is “out there” to be learned. I have even had periods where I worried that someone would come to my classes, and “expose” me for not knowing much at all! This has never happened, but resulted in my constantly researching and testing and making sure I was abreast of new developments in botany, ethnobotany, and even archaeology to some extent.

Besides, I always have to remind myself that I got involved in the study of the uses of plants for food and medicine because I felt it was something valuable that everyone should know on a daily basis. Initially, it was something personal, something that I felt I should know to protect my body if lost, or if I experienced an emergency. And when I had the opportunity to teach, I realized that the practical application of botany in one’s daily life can totally transform the individual’s life and their relationship to their environment. Imagine, food is everywhere! Imagine, all the pointless work that urban people do for a front lawn that produces nothing! Little by little, I realized that there are countless lessons from the past where people healed their bodies and respected their environment, because they knew their environment, they were close to their environment, and they depended upon their environment.

We all still do that to some degree today, but we are far from our roots. When I remind myself of the roots of my own interest in ethno-botany, the idea that someone someday might “expose” me for not knowing enough seems all too much like a child’s sandbox battle, like the various “celebrities” and “stars” who vie for top of the heap.

When I consider my own failures along the way, I see that most have been learning experiences, not things to be avoided. I think that is the attitude that we all should have towards life, rather than pretending to get somewhere quickly, but inwardly going nowhere.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

EVERYTHING OLD IS GETTING OLDER STILL

A friend of mine has a saying, "I'm going to get as old as I possibly can get." From what I can tell, he has. I must agree with his sentiment. Of course, the alternative is... well you know. Another friend of mine likes to tell me, "Brother, you're only as old as you feel." I am not sure how old feels or if wrinkles are involved. But, I am feeling quite fine, thank you.

Just the other day the Gracious Mistress of the Parsonage came in from her workshop, sat down on the couch and said, "Whew, I feel like a hundred."

At the time, I did not know if she was talking about dollars, pounds or years. Being the old fogey that I am, I know there are times when silence is golden and this was one of those golden moments. But, what does a hundred feel like? Is there some special sensation that pulsates through the body when a person reaches that age level? Or, is it the absence of anything pulsating through your body?

Just this morning I got up with a sore knee and could hardly walk to the bathroom. I complained about it to my wife, who has no compunction about expressing her opinions, said, "Well, you are older than when you went to bed last night."

I did not know I was aging so rapidly. If this keeps up, I will change from an old fogey into an old geezer before I know it. The difference between an old fogey and an old geezer is, an old fogey walks around in a fog while the old geezer cannot get up from his chair and wheezes a lot.

I was musing on the idea that getting old was a lot of trouble with a lot of pain involved. Then I remembered what a lot of trouble and pain it was to be young. As a youngster, I thought many times, "Oh, I can't wait to get old." I thought getting older was the panacea for all of my problems.

I remember thinking that when I got older nobody would boss me around. I would do whatever I wanted to do whenever I wanted to do it. I could not wait for that time to come. I dreamed of that mystical land. No parents to boss me around; no teachers to tell me what to do and when to do it; no siblings interfering with my plans for the day. What a life I would lead when I got older. I lived each day hoping to get older which, in my thinking, was the door into that area.

Just as I was entering that mysterious realm of being my own boss, I got married. Not only that, but several years into

that marital bliss came the pitter-patter of little feet in the hallway. I did not figure that getting older would involve so many people in my life. Just going to the bathroom, for example, was a three-day wait. And, guess who is at the bottom of the list?

I guess you know you have gotten old when you give up the idyllic idea of being your own boss, doing whatever you want to do, whenever you want to do it.

Now that I think of it, it was a lot more painful and a lot more troublesome to be young than it is to be old. In fact, there are some marvelous advantages of getting older.

For example, when my wife sends me to the grocery store to get a few things I usually forget something. Now, that I am getting older, I can tell her that I do not remember things as I used to, after all, I'm getting older.

Also, when someone invites me to go out and play what they call senior softball, I can always say, "I would love to, but my knees are acting up now that I'm getting older."

This process of getting older has drastically improved my social life. Every joke I hear is as if I am hearing it for the very first time. It is amazing.

My wife and I were at a social function not too long ago, and I was having a marvelous time. When we got home, my wife said to me, "You put on a good act tonight."

"What you mean I put on a good act?"

"You laughed at every joke tonight as if it was the first time you ever heard it."

I did not have the heart to tell her that it was the first time I heard those jokes. That is what is so marvelous about getting old. You do not have to burden your brain, and all the little gray cells in it, with remembering things. My brain is now free to enjoy the moment. It is wonderful getting older.

When I was younger, it would embarrass me if I forgot something. Of course, I blame that on my parents and teachers who tried to pound into my little head that I needed to remember everything. Now that I am older, I do not have that burden.

It is good to remember some things. I remembered one of my favorite Bible passages. "Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5-6 KJV).

I will never get too old to trust the Lord with all my heart.

Rev. James L. Snyder

VISIT US ONLINE

www.mtnviewsnews.com

Mountain Views News

PUBLISHER/ EDITOR
Susan Henderson

CITY EDITOR
Dean Lee

EAST VALLEY EDITOR
Joan Schmidt

BUSINESS EDITOR
LaQuetta Shamblee

PRODUCTION
Richard Garcia

SALES
Patricia Colonello
626-355-2737
626-818-2698

WEBMASTER
John Avery

CONTRIBUTORS

Chris Leclerc
Bob Eklund
Howard Hays
Paul Carpenter
Kim Clymer-Kelley
Christopher Nyerges
Peter Dills
Dr. Tina Paul
Rich Johnson
Merri Jill Finstrom
Lori Koop
Rev. James Snyder
Tina Paul
Mary Carney
Katie Hopkins
Deanne Davis
Despina Arouzman
Greg Welborn
Renee Quenell
Ben Show
Sean Kayden
Marc Garlett
Pat Birdsall (retired)

Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copy-righted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

Opinions and views expressed by the writers printed in this paper do not necessarily express the views and opinions of the publisher or staff of the Mountain Views News.

Mountain Views News is wholly owned by Grace Lorraine Publications, Inc. and reserves the right to refuse publication of advertisements and other materials submitted for publication.

Letters to the editor and correspondence should be sent to:

Mountain Views News
80 W. Sierra Madre Bl.
#327
Sierra Madre, Ca.
91024

Phone: 626-355-2737
Fax: 626-609-3285
email:

mtnviewsnews@aol.com

Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

RAGING MODERATE WILL Durst



WHY IOWA AND NEW HAMPSHIRE?

And now the question that's been dancing on the lips of politically concerned citizens for decades - Who's the genius that chose Iowa and New Hampshire to be the first and most influential states in determining who becomes the next president? It was probably the same guy who figured out how to bundle subprime mortgages. Or related to the brewer who invented Cold Turkey Breakfast Beer. The idiot behind pay toilets on airplanes.

The premier production, the Iowa Caucuses, is a wild and wacky adventure that takes up an entire evening. First you find where your designated precinct gathering is being held in a school, church, library or neighbor's house, one of more than 1680 in the state's 99 counties on a dark February night. Which means motivating supporters to attend is an integral part of the campaign, making the promise of snacks incredibly influential.

Because the Hawkeye State is fiercely independent, the Republicans and Democrats have different rules. This will be the first year the GOP will announce a delegate count, which will be binding. Before, it was more of a "Santorum did well. Gingrich didn't," sort of thing.

All hell broke out last year, when Mitt Romney was declared the winner, but two weeks later it was revealed Rick Santorum had won, even though Ron Paul got the most delegates. This year, they promise more transparency. Stay tuned.

The Democrats huddle together with people who share a candidate preference. But supporters whose candidates don't cross a viability threshold (15 percent or so) can either try to convince other people to join their group, or disband and hook up with a different favorite.

It's the Tinder of electoral politics and places an emphasis on the art of hygienic schmoozing. A pleasantly odiferous group of followers holds a distinct advantage. People still talk about the delicious cookie smell that emanated from John Edwards' supporters back in 2004.

The following week, the action moves north and east to New Hampshire. In the Granite State they are fiercely independent and proud of traditionally being the first primary since 1920. They actually have a state law that mandates they remain first in the nation, even if they have to move it to the previous year and compete with July 4th fireworks to do it.

While the Iowa Caucuses are a game of musical chairs without the music and no chairs, the New Hampshire Primary is more straightforward. You just up and vote. The problem is who is doing the voting. Iowa is 87 percent white but New Hampshire is 91 percent. The two are as representative of the country as sushi is of Southwestern Cuisine.

Both have tiny populations and are so damn white the blue veins running down their outer thighs could be interstate roads on the map of prejudice. These guys make the Pillsbury Doughboy look like a Central American coal miner after a double- shift. We're talking about people who need SPF 50 to protect them from moonburn. If they were any more Caucasian, they'd be translucent.

Besides, in February, climate change notwithstanding, both the Hawkeyes and the Granitoids tend to experience a little thing we call winter. Needless to say, if it were up to the journalists, the first two primaries would be held in Hawaii and Guam.

Will Durst is an award- winning, nationally acclaimed columnist, comedian and margarine smuggler. For sample videos and a calendar of personal appearances including the upcoming one-man show "Elect to Laugh: 2016," go to willdurst.com.

www.mtnviewsnews.com

LEFT TURN/RIGHT TURN

DICK Polman



THE MOST IDIOTIC REACTIONS TO THE POISONING OF FLINT

The poisoning of Flint, Michigan, is a national disgrace — and some of the people reacting to it have been disgraceful. Here's an abbreviated list, going from bad to worse:

Bill Ballenger, veteran Michigan Republican commentator

On the radio, Ballenger, a former state legislator, said, "This has been a vastly overblown crisis It's just a crock." In his estimation, the lead-laced water has only hurt "like, two to three percent of the population."

The population of Flint is 100,000. So even if Ballenger's math is correct (the guy is not a scientist), it means that he's writing off 2,000 or 3,000 people as no big deal.

"I live [in Flint] half the week. I've been drinking the water consistently without a filter all during this past two years. ... and I have no effect from drinking the water," Ballenger also said. "I had my blood tested just yesterday, and I have no elevated blood-lead level."

Good for him. Hey, if one adult Republican pundit feels fine, how can there be a crisis? Thing is, the Flint fiasco is really about the kids — and the science of kids. According to the medical stats, the share of kids with dangerous lead levels in their blood has nearly doubled since 2014, when the city — in a state-ordered effort to save money — switched from Detroit water to the Flint River. The World Health Organization says that lead is particularly harmful to young children, and notes, "the neurological and behavioral effects of lead are believed to be irreversible."

Hence the problem with Ballenger's remarks: An anti-science mentality is hazardous to public health.

L. Brooks Patterson, county executive of Oakland County, Mich.

It's bad enough when a commentator spouts nonsense; it's even worse when a prominent public official tries to give it credence.

Patterson is the elected leader in predominantly white Oakland County, a short car ride from predominantly minority Flint. At a luncheon the other day, Patterson cited Ballenger's anecdotes ("he drinks the water, he showers in that water") as evidence that the Flint crisis might be "a hoax," and that it's always important to consider the other side" of the story. "Let's wait and see what the facts show," Patterson said.

Unfortunately, there is no "other side," unless one believes anti-science denial warrants equal status. But this is also coming from a man who wants to turn Detroit into an Indian reservation, "where we herd all the Indians into the city, build a fence around it, and then throw in the blankets and corn."

Dennis Muchmore, chief of staff to Republican Gov. Rick Snyder

In an email to his boss last September, when the crisis was at full boil, Muchmore crafted a phrase that will live long in the annals of government fecklessness: "I can't figure out why the state is responsible. ..."

Maybe it's because the state — under a Snyder-appointed emergency manager — made the decision to use the Flint River as a cost-saving measure? Maybe because, even after the Flint City Council voted to go back to Detroit water, the Snyder-appointed manager said no dice?

By the way, the full quote from that email is even worse: "I can't figure out why the state is responsible except that [state treasurer Andy] Dillon did make the ultimate decision so we're not able to avoid the subject."

Oh well, "we're not able to avoid the subject." Or, as Homer Simpson would say, "D'oh!"

Marco Rubio, Florida Senator and Republican presidential candidate

Of all the candidates on the Republican trail this week, Rubio had the most fully articulated remarks about Flint. "That's not an issue that right now we've been focused on," Rubio said. "It's just not an issue we've been quite frankly fully briefed or apprised of."

There's the party mentality in a nutshell. Since the woes of impoverished cities are rarely on Republican radar, why would briefers bother to "apprise" the candidates of a burgeoning health crisis? "The truth is that Flint, where 40 percent of residents live below the poverty level, was never on the Republican agenda," said Matt Latimer, a lifelong conservative Republican and former George W. Bush speechwriter. "I don't believe it's impossible for conservatives to help a place like Flint. But first you have to show up."

In the spirit of fiscal austerity, the Republican governor's emergency manager switched Flint's water because, over two years, it would save \$5 million.

Care to guess the salary of Jim Harbaugh, the University of Michigan football coach over two years, paid by the taxpayer? \$14 million.

Our society is defined by the choices we make. Just saying.

Copyright 2016 Dick Polman, distributed exclusively by Cagle Cartoons newspaper syndicate. Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Philadelphia. Email him at dickpolman7@gmail.com.

PETER Funt



GOP DEBATES AREN'T HELPING MUCH

Never before in the relatively brief history of televised presidential politics have debates been so important as in the current GOP campaign. Yet, through six lengthy debates precious little has been learned.

Consider three issues about which all Americans should be concerned: climate change, race relations and education. The two GOP frontrunners, Donald Trump and Ted Cruz, have never been asked about any of them.

Here's the boxscore: In the first debate Ben Carson and Scott Walker (who has since dropped out) were questioned about race. In two debates, Jeb Bush, Marco Rubio and John Kasich were asked about education. And, over the course of three debates, questions concerning climate were put to Rubio, Rand Paul and Chris Christie. Such random, at times chaotic, questioning produces plenty of heat but little light.

With the seventh GOP debate scheduled for Jan. 28, a few days before the Iowa caucuses, perhaps hosts from Fox News Channel can find a way to deliver more substance. They should avoid the approach taken by CNBC's Carl Quintanilla in the third debate when he began by asking each candidate to name his "biggest weakness." The answers were breathtakingly meaningless (Trump: "I trust people too much"; Cruz: "I'm a fighter").

The sheer number of candidates, coupled with the moderators' desire to be topical and edgy, makes "debate" a misnomer. The events have been more like talk-show interviews, with questions tailored to each candidate — sometimes quite combatively.

In the first debate Fox's Megyn Kelly went after Trump by saying, "You've called women you don't like 'fat pigs, dogs, slobs and disgusting animals'...Does that sound to you like the temperament of a man we should elect as president...?" By the third debate, CNBC's John Harwood challenged Trump with such gusto that even some Democrats took exception. Harwood asked Trump if he was conducting "a comic book version of a presidential campaign."

Moderators have often tried to pit candidates against each other. For instance, the first question in the second debate had CNN's Jake Tapper asking Fiorina to respond to a statement made by Bobby Jindal about Trump. Moments later, Tapper's first question to Bush was: "Would you feel comfortable with Donald Trump's finger on the nuclear codes?" Each time Trump had to be given a chance to respond — pushing things farther off course.

In upcoming debates it would be wise to avoid confronting one candidate with the remarks of another. Also, hosts should shorten their questions (some, such as those by FNC's Bret Baier, have exceeded 100 words).

They might also consider these format changes:

—Have opening statements focus on a single topic, such as the minimum wage.

—Drop all social media questions. Networks seem determined to prove they are connected to the social media scene, but the few questions that have made it on the air have tended to be forced, superficial and distracting.

—Close the candidates' microphones 10 seconds after their time expires. Such action will finally keep them on the clock, while also curbing the many unwelcome interruptions.

—Abandon the "you were mentioned" rebuttal rule. While it seems fair to give candidates a chance to defend themselves when mentioned by an opponent, the rule is being abused and wastes too much time.

—Use one moderator and two fact-checkers. A single host can ask the questions while two colleagues monitor backstage. For the final 30 minutes, have them take over the questioning, with factual challenges to what was said earlier.

In this election cycle the GOP has already accomplished the difficult task of piquing voters' interest. Now, much would be gained if candidates and moderators put aside the brass knuckles and got down to brass tacks.

Peter Funt can be reached at www.CandidCamera.com

Peter Funt is a writer and speaker. His book, "Cautiously Optimistic," is available at Amazon.com and CandidCamera.com.

MAKING SENSE MICHAEL Reagan

IT'S THE NEGATIVITY, STUPID



Watching all the negativity flying around the stage at the Democratic Town Hall Forum the other night, something struck me.

Why, after watching Hillary and Bernie go after each other's left-liberal throats, would anyone ever want to vote for either one of them?

They had nothing but rotten things to say about the other.

Hillary's too cozy with Wall Street.

Bernie's too soft on the NRA and naive about negotiating with Iran.

Hillary's insufficiently progressive and takes obscene speaking fees from Goldman Sachs.

Bernie's expensive progressive ideas will never make it in the real world.

Etc. Etc.

The Democrat debate got so dirty that Hillary has had to call her pet attack dog David Brock in from the kennel and let him off his leash.

Brock is the nasty former right-wing hit man whose pro-Clinton super PAC has sent out emails equating Bernie Sanders with dead Venezuelan dictator Hugo Chavez.

His PAC has also attacked Bernie for not including enough "people of color" in his nice feel-good TV ad featuring Paul Simon's song "America."

Somebody actually counted the blacks and Latinos in the video and declared that Bernie was insufficiently diversity-minded.

Now the dirty dogs in Brock's pack are running ads calling for Sanders to release his medical records.

The Republicans presidential finger-pointers are just as negative, thanks mostly to attacker-in-chief Donald Trump.

Actually, since there are more attackers and attackees, and since the attacks are constant and usually more personal, and since Trump is mixed up in all of it, the GOP negativity is much more self-harmful.

It's been hard to keep track of who's been hitting whom in the Republican primary brawl, but here are just some helpful headlines from the Internet:

- Trump: Ted Cruz flip-flopped on birthright citizenship
- New Ted Cruz ad attacks Donald Trump's 'New York Values'
- Bush: Rubio, Cruz are followers, not leaders on Syria
- Carson questions authenticity of Trump's faith
- Rubio hits Trump's debate 'theatrics'
- Trump hits Cruz on loans, citizenship: 'Did he borrow unreported loans from Canadian banks?'

- Trump, Rubio and evangelicals target Cruz as Iowa caucus nears

- Kasich super PAC attacks Trump immigration plan

- Carly Fiorina repeats after girl: 'Donald Trump's a moron'

- Christie on Trump skipping GOP debate: Leaders have 'got to show up'

- Pro-Bush super PAC hammers Rubio for credit card controversy

- Rand Paul: 'Trump is a delusional narcissist and an orange-faced windbag'

- Rand Paul must have hired a new writer, probably a sophomore in high school.

But what's going on is not funny.

We're all being played for suckers.

After we hear months of this nonstop Republican-on-Republican bashing, we're supposed to forget about it and vote for one of these bums to be our next president?

They don't like each other, for both good reasons and stupid reasons. But I bet half of the GOP candidates won't have the stomach to vote for the nominee in the fall.

If you believe all their negative ads and what the candidates say about each other and their ideas, it makes sense. There's not a damn person worth voting for.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press). He is the founder of the email service reagan.com and president of The Reagan Legacy Foundation. Visit his websites at www.reagan.com and www.michaelreagan.com. Send comments to Reagan@caglecartoons.com. Follow @reaganworld on Twitter.

Mountain Views News 80 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626 355 2737 Fax: 626 609 3285 *Email:*



TOP PRODUCERS
2010 2011 2012 2013 2014 2015



Luther & Georgina Tsinoglou

Real Estate Experts You Can Trust

(626) 507-3029 | Luther@Tsinoglou.com | www.tsinoglou.com



CalBRE #01135433
CalBRE #01393982

Wondering what your home is worth?
Call us today for a **Free Market Evaluation!**

SIERRA MADRE



321 ADAMS STREET
\$689,000 | OPEN WEDS 10AM-1PM

ARCADIA



463 FAIRVIEW AVENUE #C
\$768,000 | 463Fairview-C.com

MONTEREY PARK



513 W. MARKLAND DRIVE
\$449,000 | OPEN SUN 1-4PM

TEMPLE CITY



9853 HOWLAND DRIVE

ARCADIA



535 DUARTE ROAD #7
\$489,000

GLENDORA



550 E. CYPRESS AVENUE
Sold for: \$580,000

HIGHLAND PARK



5057-5059.5 SHIPLEY GLEN DR.
4 Units on Property!

EL NIÑO // BE PREPARED!



While none of us can actually predict the weather, many indicators point to an 'El Niño' rainy season for California this winter. November usually marks the beginning of the rainy season, but a storm season could begin as early as October or even sooner. This means that October is a critical month for El Niño Storm Disaster Preparedness!

BASIC STEPS TO TAKE TO BE PREPARED:

- 1 MAINTAIN** minimum allowable watering practices to keep current vegetation anchored and healthy.
- 2 REMOVE** all dead/decaying trees and plants to prevent collapse onto cars & buildings during severe wind storms.
- 3 CLEAN** and keep clean all building roofs, gutters, and downspouts by removing leaves, branches and other debris that may impede water movement.
- 4 INSTALL** rain barrels, water capture cisterns and bioswales that can help retain water on site for re-use or to replenish local groundwater.
- 5 ANCHOR** current dirt/soil surfaces with mulch and screening to prevent soil erosion, mudslides and dramatic land movement.
- 6 PURCHASE** sand bags & tarps to prevent flooding into buildings & carports especially ones situated below street grade level.

SUPPLY KIT - BE READY!

- Battery powered radio
- Flashlight & batteries
- First Aid Kit
- Water
- Canned food & can opener
- Cell phone with external or solar powered chargers
- Prescription medications
- Eye glasses
- Formula & diapers for babies
- Pet food & water for animals
- Sandbags
- Candles & matches
- Whistle

INSPECT YOUR HOME NOW!

DON'T WAIT UNTIL IT'S
TOO LATE!



JUDY WEBB-MARTIN & KATIE ORTH REALTORS®
626.688.0418 CalBRE #00541631 & #00942500
30 N. Baldwin Avenue | Sierra Madre, CA 91024

Know your local CERT (Community Emergency Response Team) representatives and be on their text alert radar in order to receive important storm condition messages. CERT-LA.com

Information sourced from Meredith McKenzie, Lecturer, Environmental Planning - Cal Poly Pomona & Broker Associate, Podley Properties

I know your area like my own backyard...

Eileen Benson

Sierra Madre Resident for 25 years.

626.278.0187

www.eileenbenson.com

bensoneileen@gmail.com | CalBRE #01880650



SOLD!



1966 Roosevelt Ave., Altadena

Price: 1,298,000

Built: 1938 | 3 Bedrooms | 2 1/2 Baths | Plus Guest House with Bath

2,932 Total Sq Ft Measured | Plus Basement | 11,214 Sq Ft Lot

Gorgeous, Private, Meticulously maintained property. Call Eileen for Details

I can get you where you want to be, HOME



MORE EXPOSURE
MORE RESULTS
MORE PERSONAL ATTENTION

©2015 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker Real Estate LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Each Coldwell Banker Residential Brokerage office is owned by a subsidiary of NRT LLC. Coldwell Banker and the Coldwell Banker Logo, Coldwell Banker Previews International and the Coldwell Banker Previews International Logo, are registered service marks owned by Coldwell Banker Real Estate LLC. Broker does not guarantee the accuracy of square footage, lot size or other information concerning the condition or features of property provided by seller or obtained from public records or other sources, and the buyer is advised to independently verify the accuracy of that information through personal inspection and with appropriate professionals.



Free Exam!

For New Clients

Bring this coupon to save

(Expires 3/31/16)

Walter Cailleteau, DVM

927 N. Michillinda Ave.

Pasadena, CA 91107

(626) 351-8863

