

Mountain Views News

Sierra Madre

Arcadia

Pasadena

Altadena

Duarte

Monrovia

SATURDAY, FEBRUARY 20, 2016

VOLUME 10 NO. 8

LOOKING FOR SIERRA MADRE'S OLDER AMERICAN OF THE YEAR

The City of Sierra Madre Community Services Department and the Senior Community Commission are seeking your assistance to find the next Older 'Sierra Madre' American of the Year. The honor is a long-standing tradition in Sierra Madre and is bestowed upon exceptional individuals, age 60 or older, who have demonstrated an outstanding commitment to community service. Nomination forms are due Thursday, February 25, 2016.

The Senior Community Commission will discuss nominee applications and select one individual to be this year's honoree. The honoree's name will be announced at the Commission's next regularly scheduled meeting being held on March 3, 2016 in City Hall Council Chambers. A special reception will also be held on May 13th to recognize the achievements of the 2016 Older 'Sierra Madre'

American of the Year.

Nomination forms are available at the Hart Park House Senior Center, City Hall, Sierra Madre Public Library, and online on the City's website. Nominations are due by Thursday, February 25, 2016 and can be dropped off at the Hart Park House Senior Center or mailed to City of Sierra Madre, c/o Older American Nomination, 232 W. Sierra Madre Blvd, Sierra Madre, CA 91024.

Previous honorees include: Jerry & Nan Carlton, Pat Alcorn, Fran Garbaccio, Ken Anhalt, Eph Konigsberg, Russ Anderson, George Throop, Loyal Camacho, John Grijalva, Joylouse Harte-Smith, James Heasley, Midge Morash, James Tyler, Isbella Paegal, Bonnie Garner, Rose Fafach, Ed Wellman, Celeste McCleary, Dorothy Tillquist, Doris Webster, Elsie Dannmayer, George Mauer, Karl Teigler, Richard Johnson & Laurie Cooper.

OVER \$17 MILLION IN WATER EFFICIENCY REBATE FUNDS STILL AVAILABLE!

The Department of Water Resources' (DWR) turf and toilet replacement rebate program continues to be a popular incentive for residential consumers throughout the state. To date over 8,000 turf replacement applications have been submitted, totaling nearly \$10 million with \$14 million still available. Conversely, nearly 28,000 toilet replacement rebates have been submitted totaling approximately \$2.5 million; leaving nearly \$3.5 million in rebate funds still available.

For more information regarding the toilet and turf rebate programs, including detailed program terms and conditions please visit: www.SaveOurWaterRebates.com.

ZIKA VIRUS WARNING

From the office of State Senator Carol Liu

There have been multiple confirmed reports of the Zika virus found in California. According to the California Department of Public Health (CDPH) the virus is primarily transferred through mosquitos found in Latin America. While the virus is not contagious, the CDPH recommends travel precautions for pregnant women and women trying to become pregnant.

According to the Centers for Disease Control and Prevention the most common symptoms of the Zika virus are fever, rash, joint pain, or conjunctivitis (red eyes). The incubation period is not known, but is likely to be a few days to a week. If you or someone you know has recently traveled to Latin America or has questions relating to the Zika virus, please contact your healthcare provider.

For more information, please visit the links below: California Department of Public Health: <https://www.cdph.ca.gov/HealthInfo/discond/Pages/Zika.aspx> Centers for Disease Control and Prevention <http://www.cdc.gov/zika/index.html> If you have any questions, please feel free to contact my office at: 818-409-0400



Archive Photo

FAY ANGUS -NOTED AUTHOR, COMMUNITY ACTIVIST DIES

A familiar voice at Sierra Madre City Council meetings has been silenced. Noted author and community preservationist Fay Angus passed away suddenly on Thursday. According on reports from friends, Fay was about 89 years of age and suffered a stroke in the middle of the night, passing away several hours later at Arcadia Methodist Hospital.

A woman of strong convictions Mrs. Angus was recognized around town for her unique accent, the result of her Australian birth and early childhood in Shanghai, China. She was passionate about preserving the quality of life in Sierra Madre and was absolutely fearless when confronting opposition.

"Angus on Canon", the way she identified herself when speaking at council meetings, lived in Sierra Madre for more than 50 years. A friend to many, stories of her selfless efforts to help young people struggling with drugs and alcohol in the canyons during the '60s abound. At one time she also helped wage an anti-

pornography campaign in Pasadena and during the last 20 years she has been an outspoken voice for preservation of the village character of Sierra Madre.

Mountain Views News columnist Deanne Davis remembered how Fay had befriended the newlywed Davis family when they moved to town in 1967 on her blog. (You can also find a lovely tribute to Fay by Deanne Davis at <http://www.authordeanne.com/414248776>). Longtime friend Millie Berkshire met Fay while they were both on the maternity ward at St. Luke's hospital almost 55 years ago. Both women remained close friends ever since, in fact Millie and Fay were to meet for lunch on Friday.

Getting on the wrong side of Mrs. Angus could be quite uncomfortable. When the Mountain Views News was in its infancy, she was not a fan speaking out against the paper whenever possible. However, in 2011, the day after the windstorm, when she ran into the editor at the Post Office delivering papers, Angus had nothing but praise and thanks for the Mountain Views, noting that she had come to depend on it regularly for information.

Charming, even when chastising you, and funny, Fay was the ultimate survivor. At the age of 12 while in Shanghai, her family was interned by the Japanese for 2 1/2 years. She wrote of this awful period in her book, "The White Pagoda", which was published in 1978. She also published 10 other books that are available at www.amazon.com.

Fay Angus was preceded in death by her husband John in 2002. She is survived by her daughter Katrelya of Sierra Madre; son, Ian who resides in Colorado with his wife and four children. She will surely be missed. At press time no other information was available.

Books By Fay Angus

The White Pagoda

Between Your Status and Your Quo

Heartstrings

The Gentle Art of Being There

Up To Heaven, Down To Earth

How To Do Everything Right and Live To Regret It

The Catalyst

Warm and Cozy Christmas Thoughts

Running Around In Spiritual Circles

Moments Light and Bright

Mortal Coils and Other Splendid Stuff

MAYOR TO HOST 2016 STATE OF THE CITY ON WEDNESDAY, MARCH 2

Sierra Madre, CA. – February 18, 2016 – On Wednesday, March 2, 2016 from 7:00-8:00 pm the Mayor of Sierra Madre will host the annual State of the City address in the Council Chambers in City Hall at 232 West Sierra Madre Boulevard. This year's theme is "A Sustainable Sierra Madre" and the event will highlight last year's achievements, this year's challenges, and the City's goals for the fiscal year.

Mayor Pro Tem Gene Goss will emcee the evening. A special performance by Sierra Madre Middle School Students will precede Mayor John Capoccia's State of the City Address. Representatives from each City Department will be available to answer any community questions.

The event will air live on SMTV3 and on cityofsierramadre.com and will be recorded and rebroadcast.

For more information on this event please contact 626.355.7135.

CREATIVE ARTS GROUP PRESENTS: ART IN BLOOM

Opening Reception Friday, March 4, 2016, 7:00-9:00 pm
Saturday, March 5, 2016, 10:00-5:00 pm
Sunday, March 6, 2016, 11:00-4:00 pm

Creative Arts Group is proud to present Art in Bloom, an art exhibition pairing the community's finest floral designers with work from our most talented artists. Designers will create floral arrangements that complement and interpret select works of art including paintings, ceramics, sculptures, and mixed media to be displayed in our gallery. An opening reception with wine and hors d'oeuvres will be held Friday, March 4, from 7-9 pm. The show will continue Saturday, March 5 from 10-5 pm, and Sunday, March 6, from 11-4 pm. Art in Bloom is open to the public.

THE FISH WILL BE JUMPIN'!

Save the Date!

It's time to get excited for the 2016 Huck Finn Cam-pout and Fishing Derby happening April 8th-10th. Don't miss your chance to reserve a campsite!

Registration will take place at City Hall beginning February 29 until March 28th. Remember, all campsites are first come, first serve.

One campsite per paying adult. No exceptions.



See something.
Say something.

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Weather Wise

6-Day Forecast

Sierra Madre, Ca.

Sun:	Sunny	Hi 80s	Lows 60s
Mon:	Sunny	Hi 80s	Lows 60s
Tues:	Sunny	Hi 80s	Lows 60s
Wed:	Sunny	Hi 80s	Lows 60s
Thur:	Sunny	Hi 80s	Lows 50s
Fri:	Sunny	Hi 80s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, February 23, 2016
6:30 pm

1630 AM EMERGENCY RADIO &
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia. Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.

SIERRA MADRE CITY MEETINGS

Regular City Council Meeting

Tuesday, February 23, 2016 - 6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Upcoming Public Meetings and Events

Monday, February 22, 2016, 6:30PM
Community Services Commission Meeting

Wednesday, March 2, 2016, 7:00PM
Mayor's Annual State of the City Address

Tuesday, February 9, 2016, 6:30 pm
City Council Meeting

Planning & Community Preservation and Public Works
Service Hours Monday - Thursday 7:30am - 2:00pm

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

SIERRA MADRE COMMISSION AND BOARD VACANCIES

The City encourages its residents to apply for positions on City commissions and boards. This is a great opportunity for Sierra Madre residents to get involved in the community.

There are six commissioners or board members that will complete their terms on June 30, 2015; leaving vacancies. Applications for these commissions or boards are available at City Hall or on the City's website at www.cityofsierramadre.com. Completed applications should be submitted to the City Manager's Office at City Hall.

The following vacancies will be available on July 1, 2016:

- Community Services Commission – Two (2) Vacancies
- Community Services Commission – One (1) Youth Vacancy (Open to ages 13-17 only)
- Senior Community Commission – Two (2) Vacancies
- Library Board of Trustees – One (1) Vacancy



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We make a difference at home and around the world.

For more info go to FB or Meetup.

The Hart Park House
222 W. Sierra Madre Bl.
Sierra Madre, CA 91024
Tuesdays 7-8:30 a.m.



THE SIERRA MADRE KIWANIS CLUB

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MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY.

Courtesy of Arcadia Chamber of Commerce

Ash Wednesday also happened to be a day to celebrate the first anniversary of The Kensington Sierra Madre senior and assisted living facility.

In its first year the elegant center at 245 Sierra Madre Blvd has filled the multi-story residence to near-capacity with 100 clients.

Joyous residents and staff alike gathered together with members of three Chambers of Commerce — Arcadia, Pasadena and Sierra Madre — to cut the ribbon, with their first official resident taking control of the giant Arcadia Chamber scissors. Staff lined the staircase and, once the ribbon was cut, cheers erupted and the party continued.

While the Kensington might have the stylish appeal of an upscale hotel, the loving care provided by the staff was evident in all the happy faces.

Guests enjoyed a wide array of food, including shrimp cocktail, beef carpaccio on cucumber slices and a cheese platter. A huge sheet cake with The Kensington's signature K was the subject of many a photo, along with an ice sculpture in the bar area. A live band consisting of a piano, bass and tenor saxophone, had guests clapping and dancing.

Director of Community Outreach, Steve Sciurba led the festivities and spoke highly of the support of the city of Sierra Madre, while Julie Lacey, Director of Nursing, praised her staff, who gave her a rock star ovation and presented her with a signed puzzle of a photo of The Kensington itself. Always at their feet, Lacey's therapy dog called Forest made sure everyone was keeping on track and giving him enough tasty snacks.

Many representatives of neighboring cities joined in the festivities. Arcadia Chamber CEO Scott Hettrick noted the impressive artwork and art studio, suggesting that they start their own Kensington Collection. He and Arcadia Chamber President-Elect Vicki Knight of Century Rooter Service & Plumbing presented Kensington officials with a certificate of recognition and a new member plaque. John Capoccia, Mayor of Sierra Madre, Pasadena Chamber President Paul Little, and Ed Chen, President of the Sierra Madre Chamber also made presentations.

The Kensington boasts not only a beautiful location near downtown Sierra Madre, but it also has a spacious patio, movie room and an art studio overlooking the bustling downtown area. They also allow family and friends of the residents to come dine with their loved ones for free, a perk shared by few other senior living residences. The Kensington is designed to be home for seniors who are looking for independent living, assisted living and memory care services. The staff provides care beyond what a traditional assisted living community can deliver.



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WILD & SCENIC FILM FESTIVAL
IN SIERRA MADRE

The City of Sierra Madre will be hosting a series of beautiful and inspiring short films on surfing, climbing, cycling, skiing, skateboarding, water, and other environmental and recreational topics in partnership with the Mono Lake Committee's Wild & Scenic Film Festival L.A. 2016. The event is organized by the Natural Resources Commission and will be held on March 12, 2016 at the City Council Chambers in City Hall, 232 W. Sierra Madre Blvd., Sierra Madre.

There will be two viewing events; 2:00pm to 3:00pm will be targeted for kid's topics and then from 7:00pm to 9:00pm the target will be more general audiences. Tickets will be limited and can be purchased in advance; \$10.00 for general admission and \$8.00 for student admission. The children's show admission is \$3.00 for all.

Food is not allowed in the City Council Chambers, however attendees are encouraged to visit the local restaurant and eateries along W. Sierra Madre Blvd., and N. Baldwin Ave. which are all walking distance from the event.

More information and ticket sales can be accessed at www.monolake.org/wildandscenic.

For additional information, call the Department of Public Works at 626-355-7135.

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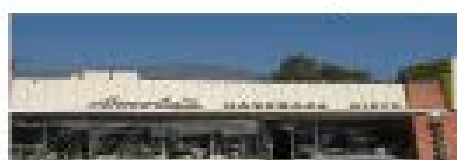


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Walking Sierra Madre...The Social Side

by Deanne Davis

El Nino! El Nino! Wherefore art thou El Nino!

So here we are in the midst of a heat wave when we were all planning on hunkering down, strategically placing our sandbags, bringing in extra cans of soup just in case we couldn't get out in the downpour, and telling our trees that lots of water was coming soon. There are vague rumors of rain in March but meanwhile, we've all had to go back to watering the disappointed trees and trying to keep the plants alive, using as little water as possible. I'm ashamed to report I haven't been as vigilant lately as I need to be about water in the kitchen, but I've shaped up and will do better. Still taking 20 second showers and tooth brushing with the water off, but rinsing dishes has gotten lax. How 'bout you guys? There was an article in the L.A. Times recently about how folks are tired of being asked to save more and more when they've already done as much as they can. I'm willing to try harder, but I don't want any more trees to die. We need those babies!

Walking Sierra Madre this morning shortly after 6:00 a.m., while it was a balmy 63, we noticed a lot of interesting things. How great the veggie garden at the Gooden School is looking, and how the wistaria on their fence, which has usually leafed out by now still looks like a collection of dead sticks. The wistaria on the central pergola at City Hall has a few blooms, but seeing as how the Wistaria Festival is March 13th, it had all better get it together and start blooming! Speaking of the Wistaria Festival, it's going to be amazing as always, with live music, 100 crafters and food vendors, the car show. You can find out all you need to know at www.sierramadrechamber.com. There are shuttles, too, so you don't have to hike up Baldwin if that's not your cup of herbal tea.

Rum raisin ice cream is back at Mother Moo's and my hiking buddy and fellow town admirer, John, grew somewhat rhapsodic over the root beer float sign in Moo's window. Looks like root beer floats are coming up in our near future. Wonder how it would taste with rum raisin ice cream.

Have you noticed that BJ's Beauty Salon is under new management? Looks like they are going to concentrate on mani-pedis and have some absolutely fabulous pedicure chairs. Take a look!

The wreath in the park commemorating President's Day was beautiful in reds, whites and blues. Nice to see. We looked at each other in some chagrin and commented that we forgot to put our flag out.

There are still pumpkins out in people's yards! Months after Halloween and Thanksgiving have been and gone. Three of those cute little ones are still sitting in a basket at our house, looking like they plan to be part of the décor when October rolls around.

Have you got jade plants? They are in bloom right now and the bees are loving it. Camellias are beautiful all around town and roses are covered with new red leaves. Daffodils are showing their yellow heads and the fig tree has little green buds at the ends of its branches. The deciduous trees are still looking like they're never coming back, but that, too shall pass.

It's Daddy-Daughter Dance season and our two Texas girls, 8-year old Jessie and 5-year old Emily escorted their Daddy to the annual dance at Wally W. Watkins Elementary. We asked for pictures of them with their Daddy, but got confused stories about the line being too long, somebody insisting on standing in the line for a teddy bear, doing the Chicken Dance, the Nae Nae Dance, and something else exciting. Violet and Fay, two of the four little girls next door, escorted their Daddy to the Daddy-Daughter Dance and he proudly wore a boutonniere on each lapel of his jacket as each girl had made one. He, however, had rules for behavior:

1. Do not run up the stairs, you might slip in your fancy shoes.
2. Do not climb the trees in your pretty dresses.
3. You have to leave your shoes on.

Our Texas girls and the next door girls all looked exquisite with hair done up with bows and bands and their best smiles on. An evening out with Daddy is quite something. I remember the Texas girls' mommy, when she went to the Daddy-Daughter Dance at Alverno some years ago. Exact same look of excitement to have the Daddy to herself. And the year when he was unable to attend, her big brother, John, took her and all the other girls thought she had the best looking date ever! I'm sure there are some Daddy-Daughter Dances going on in your life, too. Enjoy every second of them, my friends. Every single second.

Check out my book page on Amazon.com: DeanneDavis@Amazon.com

You might like my blog, too: www.authordeanne.com

SOUTH COAST AIR QUALITY MANAGEMENT DISTRICT – LEAF BLOWER EXCHANGE PROGRAM

SCAQMD sponsors an annual Leaf Blower Exchange Program that helps clean the air through the exchange of backpack leaf blowers. Commercial landscapers and gardeners operating within the South Coast Air Basin can exchange old, noisy, high-polluting backpack leaf blowers for new low-emission/low-noise backpack leaf blowers available at a discounted price.

The 2016 Leaf Blower Exchange Program will offer three STIHL models—the BR500 will be \$200 with the trade-in of a used backpack blower. There will also be 2 battery-electric models—the BGA85, will be \$200 with trade-in and the BGA100 which retails at \$1,400 will be \$600 with trade-in. School districts, college and local governments also are encouraged to take advantage of this year's program. For additional information on trade-in options, please visit www.aqmd.gov/home/programs/community.

Since the Leaf Blower Exchange Program began in 2006, 12,000 old leaf blowers have been replaced, reducing 138,729 pounds of hydrocarbon and NOx emissions per year. The Program has also reduced smog-forming pollutants by 88,282 pounds per year in the Southland. All old leaf blowers that are retired through this program are scrapped and recycled.

The 2016 Leaf Blower Exchange Program will include 20 events scheduled in March and held throughout Los Angeles, Orange, Riverside and San Bernardino Counties. The list for the Leaf Blower Exchange locations is available on the www.aqmd.gov website. The Leaf Blower Exchange is not open to the public. Those interested in attending any of the locations for the Leaf Blower Exchange are required to register by contacting SCAQMD at 888-425-6247.

For additional information, call the Department of Public Works at 626-355-7135.

SIERRA MADRE POLICE DEPT.

During the week of Sunday, February 7th, to Sunday, February 14th, the Sierra Madre Police Department responded to approximately 223 calls for service.

Wednesday, February 10th At 8:23 am, Sierra Madre Police responded to the station lobby regarding a report of a stolen bike. Upon arrival the victim informed Officers that the day before, he left his bike locked and secured on the hitch mounted bike rack on his vehicle that was located in his carport. When he returned to his vehicle the following morning, the victim discovered his bike was gone, the bike rack was damaged, and the locking device attached to the bike rack was gone. This case has been forwarded to the Detective Bureau.

At 12:55 pm, Sierra Madre Police responded to the 200 block of East Highland Ave regarding a theft report. Upon arrival Officers were met by

the victim who stated that he had parked his van in front of the location at around 11:45 am and left his lawn mower and trimmer in the back. When he returned to his truck at around 12:00 pm he discovered that his tools were now missing. There were no signs of forced entry and the victim stated he was unsure if he had locked his vehicle. This case has been forwarded to the Detective Bureau.

Saturday, February 13th At 10:54 am, Sierra Madre Police responded to the station lobby regarding a theft report. Upon arrival, the victim informed Officers that the day before, he placed a box of car washing supplies on his porch sometime around the afternoon. The following morning, he realized the box was missing from his porch. The victim searched the area and was unable to locate the box. This case has been forwarded to the Detective Bureau.

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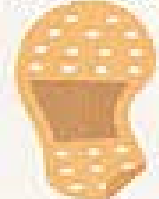


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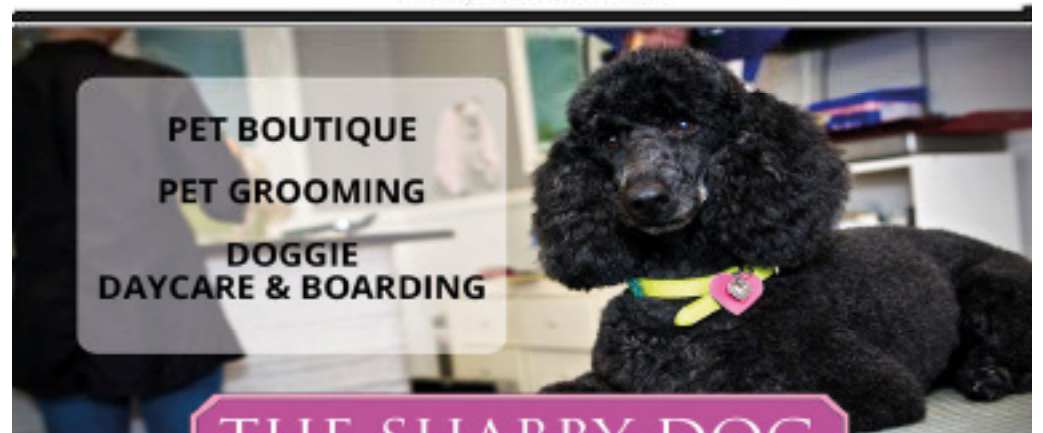
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NEWCOMERS AND FRIENDS OF SAN GABRIEL VALLEY INVITES LOCAL RESIDENTS TO MARCH EVENT

Are you interested in meeting new people, making new friends, exploring well-known landmarks, and enjoying new activities? Newcomers and Friends of San Gabriel Valley invites local residents to join in their upcoming March events. On March 2, at 10:00 am, Newcomers and Friends of SGV's "meet-and-greet" coffee will be held in Arcadia. This coffee is a great way to meet the members of Newcomers and Friends and learn about the club's wide variety of fun, daytime, weekday activities. Anyone interested in joining is welcome to attend.

Later in March, there will be a tour of Forest Lawn in Glendale for members only.

Other Newcomers and Friends' mostly-daytime weekday activities include a Book Club, Bridge, Crafters, Games (Bunco, Rummikub, etc.), Garden Gals, Hump Day Happy Hour, Day Trips, Lunch Bunch, Mah Jongg, Movies, Pinochle, Scrabble, Golf, and Wine Tasting.

To learn more about Newcomers and Friends of San Gabriel Valley, contact them via email at sgvnewcomers@yahoo.com or visit them online at <http://www.sgvnewcomers.com>

JANUARY WATER SAVINGS IMPROVE TO 21%

Water savings for the FMWD service area ended at 21% for the month of January 2016, which improved from the 20% savings achieved in December 2015. The State is using calendar year 2013 as the benchmark for measuring water savings for water agencies throughout California. Compliance with the mandate is determined on a cumulative basis starting with June 1, 2015. Cumulative water savings for the District since the State-mandated reductions began is 29%.

As with other water providers in the State, some local agencies did not meet their State-mandated targets for the month of January. However on a cumulative basis, which accounts for all water savings achieved from June 2015 to December 2015, most agencies are on track in compliance. Below are the numbers for agencies within the FMWD service area:

January Savings Cumulative Savings State-Mandated Target Crescenta Valley Water District 18% 28% 24% La Canada Irrigation District* 21% 30% Two day Watering Las Flores Water Company* 11% 28% Two day Watering

Lincoln Avenue Water Company 35% 30% 28% Mesa Crest Water District 14% 27% 25% Rubio Cañon Land and Water Association 26% 30% 36% Valley Water Company 12% 27% 36% *The State allows smaller agencies to choose between two days a week watering or 25% reduction.

"During the winter months, it is harder to conserve when there has historically been a drop in irrigation. Taking steps to conserve indoors, such as washing full loads of laundry and dishes will help meet the State-mandated targets," stated FMWD General Manager Nina Jazmadarian.

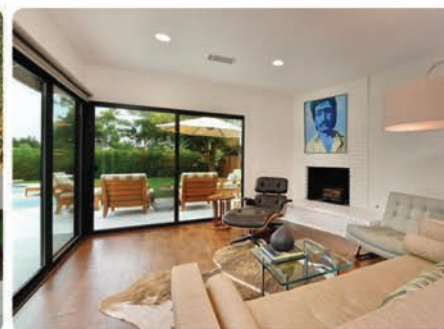
For more savings tips, please go to <http://bewaterwise.com/>.

January Water Savings

Foothill Municipal Water District provides imported water to Crescenta Valley Water District, La Cañada Irrigation District, Mesa Crest Water Company, Valley Water Company, Lincoln Avenue Water Company, Las Flores Water Company and Rubio Cañon Land & Water Association. Kinneloa Irrigation District, another retail agency, takes no water from Foothill.

JUST SOLD | by Jan Greteman

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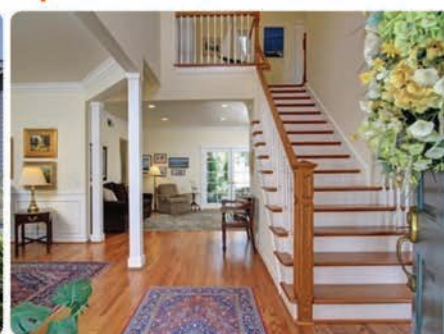


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4BD/3BA This architecturally designed single-level home has been beautifully updated. This home greets you with a private courtyard entry opening to a large living room. Family room has hardwood floors, brick fireplace & large sliders opening to patio, salt water pool & spa, & private backyard.

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SHARE SOME GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtnviewsnews.com. It doesn't matter where you were or when it happened. Share your good experiences in hope that it might bring a little joy and/or inspire someone.

-Susan Henderson, Editor/Publisher MVNews

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Recent Shootings May be Related

Pasadena Police responded to the area of Palm Terrace and Claremont Street, at about 9:44 p.m. Tuesday night, of gunshots heard in the area. Officers found one Black male victim in his 20's suffering from gunshot wounds. Paramedics arrived and transported the victim to a local hospital where he later died.

Police said it is unknown whether the shooting was associated with a Monday night incident in the 1400 block of north El Molino Avenue.

In that case a single shooting victim was transported to a local hospital in critical condition.

Police also said in both cases, the investigations are in the early stages so no other

Two Suspects Arrested For Arson Spree

Police arrested two suspects Thursday in connection to a rash of arson related dumpster fires in a Pasadena alley over a nineteen minute period spanning a corridor four blocks long.

According to investigators, video surveillance from the 400 block of S. Raymond Ave. showed two alleged subjects, Thyler Trotter of Altadena and Nicholas Roether of Los Angeles, with skateboards walk up to dumpsters and introduce an open flame to trash and debris, igniting the contents.

Pasadena Fire and Police personnel first responded to a trashcan fire on the 600 block of S. Raymond Ave at approximately 2:51 a.m. Firefighters then responded to four additional fires involving dumpsters in the same area.

"These two suspects showed no regard for public safety. These fires could have easily spread to adjacent structures. Fortunately fire and police personnel responded quickly and our Investigator was able to make arrests before any further injuries and damage could occur," Pasadena Fire Chief Bertral Washington said. Trotter and Roether were arrested after a witness recognized them.

Pet of the Week



Franklin (A391687) is an eight-year-old, male, black and white Manx cat. Franklin would be best suited to a calm environment where he can receive one-on-one attention. Since Franklin has already been neutered, he can go home with you today. Franklin's age qualifies him for our Seniors for Seniors program, which waives the adoption fee for adopters over 60.

The regular cat adoption fee is \$70 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions can be found at www.pasadenahumane.org.



JPL Holds State of NASA Social Event

By Dean Lee

NASA centers across the country, including JPL in Pasadena, opened their doors earlier this month to social media influencers for the "State of NASA" event, a speech from NASA Administrator Charles Bolden and a unique opportunity for a behind-the-scenes look at the agency's progress on its journey to Mars.

"Because NASA's study of the cosmos and robotic exploration of the solar system is unlocking the mysteries of places like Pluto, the Kuiper Belt, Jupiter, Europa, the Sun, Saturn, her moons and Mars ... the state of our NASA is strong, Bolden said." He also said, NASA Earth Science is teaching about our own planet's oceans, atmosphere, surface, energy cycle, water cycle, carbon cycle, and weather and changing climate. According to NASA officials

Bolden speech was associated with President Obama's Fiscal Year 2017 budget proposal to the U.S. Congress. If approved the budget allows \$19 billion for NASA.

"Our elected leaders - on a bipartisan basis - have chosen to make this investment in our agency, because they believe in NASA's Journey to Mars and recognize that investments in NASA's present are investments in America's future," he said.

Bolden spent a good part of the speech on future missions to Mars saying they accepted applications through last Thursday, Feb. 18, for a new, diverse generation of astronauts "that will blaze a trail to Mars." Bolden said the timetable for sending American astronauts to Mars is the 2030s. He also said every American benefits in some way from NASA's Journey to Mars.

Gold Line Extension Opening set for March 5



Metro Launches Dedicated Foothill Gold Line Website

The Los Angeles County Metropolitan Transportation Authority is set to celebrate the opening of the Metro Gold Line Foothill Extension March 5, with special activities at each station along the new route. Opening Ceremony will be held at 10am at the Metro Gold Line Duarte/City of Hope Station 1777 E Duarte Rd, Duarte.

Free rides to the public will start at 11am on the entire Metro Gold Line and end at midnight. Metro also setup a new website dedicated to the Pasadena to Azusa extension's destinations, history and art - along with other information at moregold.metro.net.

Metro's Foothill Extension extends the existing Gold Line east from Pasadena.

The first phase will travel more than 11 miles from Sierra Madre Villa Station to Azusa. Each station will have over 100 parking spaces and at least 20 bike lockers. Stations include Arcadia, Monrovia, Duarte, Irwindale, Azusa Downtown and APU/Citrus College.

To celebrate the opening special commemorative TAP cards will be available starting March 5, while supplies last, at Gold Line stations between Union Station -Gold Line Entrance Only- and the APU/Citrus College Station.

TAP cards are reusable plastic cards that can be used to pay your fare on Metro and 24 other transit agencies. Buy a TAP card online, or by calling 866. TAPTOGO (866.827.8646).

Crime Blotter for Altadena

Sunday, February 7th

8:59 AM - Lili Salazar, 18 years old of Compton was arrested in the 3400 block of Fair Oaks Avenue for a vehicle burglary.

11:30 PM - Glen Johnson, 55 years old of Altadena was arrested in the area of Fair Oaks Avenue and Woodbury Road for drunk in public.

Monday, February 8th

7:32 PM - Tanya Kirk, 56 years old of Altadena was arrested in the 500 block of Wapello Street for vehicle vandalism.

Tuesday, February 9th

No significant incidents to report.

Wednesday, February 10th

2:00 AM - Narada Austin, 34 years old of Altadena was arrested in the 200 block of E. Sacramento Street for domestic violence.

12:30 PM - A vehicle burglary occurred at Eaton Canyon Park, 1750 N. Altadena Drive. The suspect(s) entered the vehicle by shattering the rear window. Stolen: silver purse, gold necklace and earrings.

1:00 PM - A residential

burglary occurred in the 2700 block of Tanoble Drive. The suspect(s) entered the residence via the unlocked rear door. Stolen: jewelry.

3:30 PM - A vehicle burglary occurred in the 3400 block of Chaney Trail Road. The suspect(s) entered the vehicle by shattering the rear window. Stolen: black purse, credit cards.

6:39 PM - Milton Martinez, 22 years old of Altadena was arrested in the 2200 block of Glenrose Avenue for being under the influence of a controlled substance.

Thursday, February 11th

1:23 AM - Anthony Bernal, 41 years old of Pasadena was arrested in the area of Washington Boulevard and Chester Avenue for possession of a controlled substance.

Friday, January 12th

10:03 PM - Adrian Palico, 23 years old of Altadena was arrested in the area of Woodbury Road and Fair Oaks Avenue for domestic violence.

Saturday, January 13th

01:35 AM - Carolyn Quintero, 25 years old of Altadena was arrested in the area of Marengo Avenue and Sacramento Street for driving under the influence.

"Think of what investments in NASA mean to someone whose husband or wife is alive today thanks to NASA-driven advances in medicine..." Bolden said. "To a grandparent whose grandkids are driving over to their home - guided by GPS - on safer tires and highways...to a baby who is eating safer food...to a family gathered around the television set watching a movie delivered to Earth via a satellite signal."

As part of the meetup, social media influencers got to see JPL's Spaceflight Operations Facility, known as "mission control," the Spacecraft Assembly Facility, the Dawn Mission Support Area and the Earth Science Center. This is the first story of a three part series.

DUI/Driver's License Checkpoint

Pasadena Police Department Traffic Unit will be conducting a DUI/Driver's License Checkpoint Friday night at an undisclosed location within the city limits between the hours of 7:00 p.m. to 3:00 a.m.

"Over the course of the past three years, DUI collisions have claimed 6 lives and resulted in 90 injury crashes harming 154 of our friends and neighbors," said Pasadena Police Chief, Phillip Sanchez.

Officers will be looking for signs of alcohol and/or drug impairment with officers checking drivers for proper licensing delaying motorists only momentarily. When possible, specially trained officers will be available to evaluate those suspected of drug-impaired driving, which now accounts for a growing number of impaired driving crashes. Drugs which may impair driving not only include illegal narcotics, but many prescription drugs, marijuana, and even some over-the-counter medications.

DUI Checkpoints are placed in locations based on collision statistics and frequency of DUI arrests affording the greatest opportunity for achieving drunk and drugged driving deterrence. Locations are chosen with safety considerations for the officers and the public.

Drivers caught driving impaired can expect the impact of a DUI arrest to include jail time, fines, fees, DUI classes, other expenses that can exceed \$10,000 not to mention the embarrassment when friends and family find out.

Funding for this checkpoint is provided to Pasadena Police Department by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration, reminding everyone to 'Report Drunk Driver - Call 9-1-1'.

Black History Month Events

Tuesday, "Travelling Shoes" Celebrate Black History Month with amazing stories of African-American heroes who had to put on their "travelling shoes" to make the long journey to freedom beginning at 3:30 p.m. at La Pintoresca Branch Library, 1355 N. Raymond Ave. For tweens and above.

Thursday, "NOBLE Black History Breakfast" with the Pasadena Police and Fire departments and the San Gabriel Valley Chapter, National Organization of Black Law Enforcement Executives (NOBLE), 8-10 a.m. at the Pasadena Senior Center, 85 E. Holly St. Call (626) 744-4547 or (626) 744-7054 for info.

The Third Annual Pasadena International Film Festival

Local businesses including The Playhouse District's Laemmle Playhouse 7, Vroman's Bookstore and The Speakeasy host the best in independent film

The third edition of the Pasadena International Film Festival will take over the Playhouse District March 2-10, presenting more than 100 films from 15 countries during its nine-day run at Pasadena's Laemmle Playhouse 7 theater. Question and Answer, panels, special events, post-screening parties and a Great Gatsby-themed closing night awards ceremony are also planned.

Vroman's Bookstore will host a number of panels on Sunday, March 6 including "The Future of Screenwriting," sponsored by the Scriptwriters Network, and "Women in Entertainment," moderated by LA Weekly's Jessica Ogilvie. Presentations include a showcase of vintage cameras by three-time Emmy Award winner Mark Kirkland.

Post-screening parties will take place every night of the festival at local Pasadena establishments including Dupar's Restaurant and Bakery, redwhite + bluezz, White Horse Lounge, Madeline Garden Bistro, Vertical Wine Bistro and Paul Martin's American Grill.

Film screenings will take place every day during the festival at Laemmle Playhouse 7. Genres include family friendly fare, documentaries and comedies.

On Thursday, March 10 in nearby Old Pasadena, the festival's closing night celebration will take place at The Speakeasy, a dark cocktail lounge with a 1920s vibe, featuring a hidden entrance and a secret password required for entry.

Expected guests include actors Amber Benson, Michael Gross, Clare Kramer, James Marsters, Mike McGill, Andy Peeke, Kathleen Quinlan, Paula Jai Parker and John Savage, as well as former Pasadena Mayor Bill Bogaard.

For a complete schedule visit www.pasadenafilmfestival.org.



Laemmle Playhouse 7

E-Waste Recycling, Document Shredding

Residents and businesses can safely dispose of electronic waste and have personal and business documents shredded at the City's popular e-waste event from 9 a.m. to 3 p.m. Saturday, Feb. 27, in Parking Lot I outside the Rose Bowl Stadium near Brookside Park, 360 N. Arroyo Blvd. The event is sponsored by

the City's Department of Public Works.

E-waste items include computers, keyboards, printers, monitors, laptops, docking stations, scanners, shredders, fax machines, computer mice, telephones, televisions, flat screens, VCRs, DVD players, PDAs, cassette players, tape drives, stereos and household batteries.

The public can bring a maximum of five legal-size boxes for shredding. For more information visit cityofpasadena.net/PublicWorks or call (626) 744-7311.

Free February Events at Pasadena Senior Center

There is something for everyone in February at the Pasadena Senior Center, 85 E. Holly St. All events listed are free.

You do not have to be a member to attend. Some events require advance reservations.

Stay Connected with Social Media - Tuesdays and Thursdays, through Feb. 25, from 9 to 11 a.m. Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

Smart Phones, Tablets and Computers - Any Questions? - Tuesdays and Thursdays, through Feb. 25, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

Tax Time - Wednesdays and Fridays, to April 15, from 9 to 10:45 a.m. Representatives from the AARP Foundation's Tax-Aide program will assist low- to middle-income seniors ages 50 and older in preparing their federal income tax returns. Appointments are required: 626-795-4331.

LA Opera: Madame Butterfly - Monday, Feb. 22, at 1 p.m. An LA Opera community educator will take participants through Giacomo Puccini's beloved opera Madame Butterfly, the story of a young Japanese geisha

who clings to the belief that her arrangement with a visiting American naval officer is a loving and permanent marriage. He considers the relationship a momentary pleasure, returns to the U.S. and eventually comes back to Japan to commit the worst betrayal imaginable in her naïve mind.

My Pasadena: Everyday Monuments - Mondays, Feb. 22 and 29 and March 7, from 3 to 5 p.m. You'll reimagine Pasadena's monuments during this workshop series of embroidery and fiber arts projects designed for all skill levels, including beginners with no experience. Learn the histories and locations of the monuments and the human stories and events they commemorate, then create a fiber arts piece honoring significant people, places and events in your own life. The project will end with a tour of a multisite public art installation and special event in the Pasadena Civic Center area. For more information contact Michelle Glass at mroseglass@yahoo.com.

Shared Housing - Thursday, Feb. 25, at 10 a.m. As the population of older adults in Los Angeles County increases, so does the need for affordable housing. If you have a spare bedroom, learn whether sharing your home with another senior for additional income, assistance or companionship is right for you; if you need a place to live, this talk and informative video may provide an option you haven't considered. Get all of your questions answered. Presented by Affordable Living for the Aging.

For more information visit www.pasadenaseniorencenter.org or call 626-795-4331.

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NOMINATIONS FOR 2016 SENIOR CITIZEN OF THE YEAR

Nomination forms are available at the Arcadia Community Center, 365 Campus Drive and the Recreation Department office, 375 Campus Drive for the 2016 Senior Citizen of the Year! Do you know someone who is:

- 55+ years of age or older
- A current resident of Arcadia for a minimum of one year
- Have made contributions to better the Arcadia Community
- Not previously a recipient of the award

If so, please stop by one of these locations or log onto the City's website at www.arcadiaca.gov and download the nomination criteria and nomination form. Recipient of the award will be honored at the Arcadia Rotary Club Salute to Seniors Luncheon on Tuesday, May 10, at the Arcadia Community Center.

Nomination forms must be submitted to Candice Cheung, Recreation Supervisor, by Friday, February 26 by 5:30pm. For more information, please call 626.821.4374.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

YOUTH ADVISORY COUNCIL OPENINGS

The Arcadia City Clerk's Office is currently accepting applications from individuals who would like to serve on the Youth Advisory Council. The Youth Advisory Council consists of seven (7) members appointed by the City Council. Of the seven (7) members, four (4) must be current high school students and three (3) middle school students at the time of appointment. All members must be under the age of eighteen (18) at the time of appointment and reside in the City of Arcadia. The Youth Advisory Council will act in an advisory capacity to the City Council on matters pertaining to the youth population of the community. All Arcadia Boards and Commissions serve without compensation.

Anyone with an interest in serving may pick up an application from the City Clerk's Office, City Hall, 240 W. Huntington Drive or print one off the City's website at www.ArcadiaCA.gov. Applications must be submitted to the City Clerk's office on or before the close of business on Monday, May 23, 2016. Appointments are expected to be made at the Tuesday, June 21, 2016, City Council Meeting.

Please contact the City Clerk's Office at (626) 574.5455 if you would like further information about the Youth Advisory Council.

MEET THE CANDIDATES FORUM

Wednesday, February 24, 2016 at 7pm, Arcadia Public Library, Cay Mortenson Auditorium

Once again the Arcadia Chamber of Commerce will present a Meet the Candidates Forum featuring the candidates running for City Council in the March/April ballot-by-mail election.

As he has done for a decade, Arcadia Chamber CEO Scott Hettrick will moderate the Forum at the Arcadia Public Library's Cay Mortenson Auditorium at 7 p.m. on Wednesday, Feb. 24., ArcadiaPublicLibrary,CayMortensonAuditorium 20 W Duarte Rd., Arcadia, CA 91007

ARCADIA POLICE BLOTTER

For the period of Sunday, February 7th, through Saturday, February 13th, the Police Department responded to 1,128 calls for service of which 155 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, February 7:

1. Just after 1:50 a.m., an officer conducted an enforcement stop on a vehicle in the area of Huntington Drive and Centennial Way. A search of the vehicle revealed the driver was in possession of Alprazolam pills without a prescription. She was arrested for Possession of a Controlled Substance and transported to the Arcadia City Jail for booking.

2. At approximately 4:58 p.m., an officer responded to the 100 block of South First Avenue regarding an activation of an Arcadia Police Department GPS tracker located inside a package. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas.

Shortly after, the officer conducted a traffic stop on the suspect vehicle in the 100 block of 5th Avenue. An investigation revealed the driver, a 31-year-old female from Monrovia, was in possession of the stolen package, property valued at \$1,800, and tracking device inside her vehicle. She was also in possession of a package that she stole from a residence in Monrovia. She was arrested and transported to the Arcadia City Jail for booking.

Monday, February 8:

3. At about 1:33 a.m., an officer conducted a traffic stop on a vehicle in the area of Camino Real Avenue and Santa Anita Avenue for speeding and illegal window tint. The officer discovered the driver had a suspended license and was in possession of methamphetamine, drug paraphernalia, and burglary tools. The 39-year-old male from La Puente was arrested and transported to the Arcadia City Jail for booking.

4. At approximately 6:49 a.m., an officer conducted an enforcement stop on a vehicle in the area of Baldwin Avenue and Las Tunas Drive for having paper license plates. He discovered the driver, a 50-year-old male from San Bernardino, had expired registration and no insurance. A search of the vehicle revealed he was in possession of cocaine and methamphetamine. He was arrested, transported to the Arcadia City Jail for booking, and his vehicle was impounded.

5. Around 5:55 p.m., an officer was dispatched to the Westfield Shopping Town, 400 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS tracker located on a bicycle near the Arcade entrance of the mall. Arcadia PD detectives had previously deployed decoy bicycles containing tracking devices to combat the increase in bicycle thefts in this area.

Shortly after, the officer conducted an enforcement stop on the bicyclist, a 40-year-old male from Pasadena, in the area of Huntington Drive and Old Ranch Road. He provided false name information, however a records check revealed he had an outstanding misdemeanor warrant out of Pasadena. He was arrested and transported to the Arcadia City Jail for booking.

Tuesday, February 9:

6. Just after 5:20 p.m., officers responded to Arcadia Medical Pharmacy, 612 West Duarte Road, regarding a burglary alarm activation. Video surveillance revealed three male suspects forced entry by smashing a glass window and fled the location with two trash cans filled with medications. The suspects appeared to be possibly Black, slender build, wearing gloves, dark colored pants, and dark colored jackets with the hoods over their faces. The suspects fled in an unknown type of vehicle.

At about 6:12 a.m., officers responded to Sunny Bay Pharmacy, 450 East Huntington Drive, regarding a burglary alarm activation. The suspects forced entry by smashing the front glass door and fled with two trash cans filled with various pharmaceuticals, money, and checks. Video surveillance revealed there were three suspects, which appeared to be the same suspects that were recorded in the above incident.

These two incidents are believed to be related to another commercial burglary of a pharmacy in Monrovia, which occurred within a short time frame and distance from the locations in Arcadia.

7. Shortly after 12:15 p.m., an officer was dispatched to the 2000 block of Lenta Lane regarding an activation of an Arcadia Police Department GPS tracker located inside a package. The officer conducted an enforcement stop on the suspect vehicle and discovered the driver, a 55-year-old male from Covina, was in possession of the stolen package, property valued at approximately \$1,500, and the tracking device. A records check also revealed he had expired registration and was on probation. He was arrested and transported to the Arcadia City Jail for booking.

8. Around 9:09 p.m., an officer responded to Long Dragon Realty, 2633 South Baldwin Avenue, in regards to a welfare check. The officer discovered a 10-year-old boy lying on the ground with blankets and a bag of clothing. He explained that his mother instructed him to sleep there overnight and would come back for him the next day. The boy led the officer to his residence in Temple City, but the mother was not located. A report was filed with the Department of Children and Family Services and the juvenile was transported to the LA County Children's Welcome Center.

Detectives located the 43-year-old mother the following day. She was arrested for Willful Cruelty to a Child and transported to the Arcadia City Jail for booking.

Wednesday, February 10:

9. Just after midnight, an officer was patrolling the area of Fifth Avenue and Huntington Drive, and made consensual contact with a male subject riding his skateboard. A search of the subject revealed he was in possession of a glass smoking pipe. The 22-year-old male from Monrovia was arrested and transported to the Arcadia City Jail for booking.

10. At approximately 3:00 p.m., an officer conducted an enforcement stop on two bicyclists riding their bicycles on the wrong side of the roadway in the 300 block of Huntington Drive. An investigation revealed one of the subjects, a 30-year-old male from Monrovia, had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking. The other subject, a 49-year-old male from Monrovia, was in possession of methamphetamine and marijuana. Due to his medical conditions, he was cited and released in the field without incident.


Thursday, February 11:

11. At about 2:48 p.m., an officer conducted a traffic stop on a vehicle on Orange Grove Avenue at Lima Avenue for illegally tinted windows and a warrant attached to the license plate. As the officer approached the vehicle on foot, the vehicle sped away at a high rate of speed eastbound on Orange Grove Avenue. The vehicle came to a stop at Highland Place and Scenic Drive where the driver exited the vehicle and fled on foot. Officers conducted an area check, but the suspect was not located.

A records check revealed the registered owner of the vehicle had a no bail warrant and a misdemeanor warrant for his arrest. The suspect's physical description matched that of the registered owner's. He is described as a 32-year-old Hispanic male with from El Monte. The suspect remains outstanding.

12. Just after 7:35 p.m., an officer was dispatched to the Arcadia Public Library, 20 West Duarte Road, regarding an attempted robbery that just occurred. The victim explained an unknown suspect, described as a White or Hispanic male, about 20-years-old, wearing a black hooded sweatshirt, approached him with a folding knife and demanded money. After the victim explained he did not have money and began screaming, the suspect jumped into an awaiting vehicle described as a black 4-door sedan. The victim recorded the license plate as the vehicle fled. A records check of the license plate returned to a local address.

A short time after, officers located the vehicle parked at a residence in the 100 block of Bonita Avenue. Two subjects then entered the vehicle and were observed leaving the location. Subsequently, officers conducted a traffic stop and saw in plain view a black hooded sweatshirt and a pair of scissors in the backseat. An investigation revealed the 22-year-old male from Temple City thought it would be fun to scare someone. The suspect and his friend who drove the suspect vehicle, a 17-year-old female from Arcadia, were arrested for Attempted Robbery and transported to the Arcadia City Jail for booking. The juvenile was later cited and released to her mother.



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MONROVIA - DUARTE

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MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

Domestic Violence February 11 at 1:04 p.m., a female subject came into the police department lobby to report a domestic violence incident. The father of her two children had come to her residence in the 300 block of West Walnut earlier. While there, they began to argue and he pushed and slapped her repeatedly. He left the location and she came to the police department to report the incident. The victim had visible injuries. The assigned officer contacted the male subject by telephone, but he was uncooperative and would not come to the police department or speak about the incident. The subject was entered into the law enforcement wanted person system as a possible suspect in the domestic violence incident. The investigation is continuing.

Residential Burglary February 12 at 6:20 p.m., a resident in the 400 block of Bradbury called police to report her home had been burglarized. She left the home at 8:00 a.m. and returned at 5:30 p.m. to find the house ransacked and jewelry missing. The suspects broke a window next to the front door to gain entry. The investigation is continuing.

Missing Juvenile Located/No-Bail Warrant - Suspect Arrested February 12 at 9:19 p.m., an officer conducted a traffic stop on a vehicle at Myrtle and Longden for a vehicle code violation. A computer check of the driver revealed he was a juvenile runaway, unlicensed, and he had a no-bail warrant for his arrest. He was arrested and taken into custody.

Driving Under the Influence - Suspect Arrested February 12 at 9:23 p.m., a caller reported a possible drunk driver in the area of Foothill and Alta Vista. The driver was reportedly driving down the center of the two lane roadway. An officer on patrol located the vehicle making a slow wide turn and stopped the vehicle at Fifth and Foothill for vehicle code violations. The driver was determined to be driving under the influence and was arrested and taken into custody.

Driving Under the Influence - Suspect Arrested February 13 at 2:04 a.m., an officer on patrol observed a vehicle traveling south in the 800 block of South Myrtle. The vehicle approached the intersection of Myrtle and Chestnut and entered the left turn bay. The vehicle continued through the left turn bay and onto the wrong side of the road. The vehicle swerved to the right and into the number one lane of south bound Myrtle. The officer conducted a traffic stop on the vehicle at Myrtle and Huntington for the vehicle code violations. The driver was determined to be intoxicated. He was arrested for driving under the influence of alcohol.

Transportation and Possession of a Controlled Substance

for Sales/No-Bail Warrant - Suspect Arrested February 13 at 4:15 a.m., officers responded to the area of California and Lime on the report of a motorcycle racing around the area. The officer arrived and saw the motorcycle traveling at a high rate of speed on Shamrock. The driver then pulled into a gas station. The officer conducted a traffic stop for the vehicle code violation. The subject told the officer that he had warrants for his arrest. A computer check revealed two no-bail warrants. The subject then told the officer he had methamphetamine in his pocket. The subject was arrested for his warrant and for transportation and possession of narcotics for sales.

Domestic Violence - Suspect Arrested February 13 at 4:20 p.m., officers responded to a home in the 1800 block of South Alta Vista regarding a physical altercation between a male and female subject. During an argument, the female scratched the male on his neck and body, causing visible injuries. The female suspect was arrested for domestic violence and taken into custody.

Vandalism February 13 at 10:16 p.m., a resident in the 400 block of East Walnut reported an incident of vandalism. The victim is in the process of moving into the residence and discovered several windows and some furniture that was damaged. The investigation is continuing.

Warrant - Suspect Arrested February 13 at 11:14 p.m., an officer stopped a bicyclist at Olive and Canyon for a vehicle code violation. A computer check of the subject revealed he had an outstanding warrant. He was arrested for the warrant.

Public Intoxication - Suspect Arrest February 14 at 3:20 a.m., officers on patrol discovered a subject passed out inside a vehicle at Violet and Palm. The officers contacted the subject and determined he was too intoxicated to care for himself. He was arrested for public intoxication and held for sobering.

Vehicle Burglary February 15 at 7:46 a.m., a vehicle burglary was reported in the 600 block of Norumbega. The victim parked their vehicle on the street. Sometime overnight, the suspect broke the driver side window and took a faucet and some coins from inside the vehicle.

Vehicle Burglary February 15 at 11:02 a.m., a vehicle burglary was reported in the 300 block of West Scenic. The victim's vehicle was parked on the street. The suspect forced open a rear window to gain entry into the Cadillac Escalade and stole the two rear seats from the vehicle. The investigation is continuing.

Mail Tampering February 15 at 11:10 a.m., a resident in the 00 block of Hidden Valley put three checks in his mailbox for outgoing mail and went for a walk. When he returned approximately one hour later, he found the mail missing. He knew the mailman had not picked up the mail, because it is a holiday. The investigation is continuing.

SIDEWALK CONDITION SURVEY TO BEGIN THIS WEEK IN THE SOUTHWEST AND SOUTHEAST SECTIONS OF THE MONROVIA RENEWAL PROJECT

Crews from Precision Concrete Cutting will begin conducting a sidewalk condition survey this week in the Southwest and Southeast areas of the Monrovia Renewal Project. The Southwest and Southeast areas are bordered to the north by Colorado Boulevard, the south by the I-210 Freeway, and the east and west by the City boundaries. Crews will be walking the street or riding on Segway's to evaluate approximately 55 miles of sidewalks in the two project section. While conducting the evaluation, the personnel will be documenting and creating an inventory of all areas in need of repair.

Of particular note, the crews will be working in the areas on Monday - Saturday, and the overall survey work should take around four weeks to complete.

POLICE DEPARTMENT SET TO IMPLEMENT TRAINING PROGRAM TO BETTER PREPARE FOR DEALING WITH THE MENTALLY ILL

In an effort to provide our Police Department personnel with better tools to deal with those suffering from a mental illness, Chief Hunt has developed a new four-hour training program that our police officers will be participating in on March 9, 2016, and March 11, 2016. The training program has been very thoughtfully designed and developed, and will feature trained professionals that will provide our law enforcement personnel with details and techniques to better address and interact those who are mentally ill. As part of the training regimen, the following topics will be covered:

- Discussion regarding the various types of mental

- illness
- Education to dispel myths about mental illness
- Lessons regarding the causes of various mental illnesses
- Identification techniques for symptoms related to bi-polar, schizophrenia, and PTSD mental illness
- Techniques to de-escalate encounters with those that are mentally ill
- Training on compassionate policing techniques related to those that are mentally ill
- Engaging in a question / answer session with an individual who has mental illness
- Participating in role playing scenarios involving subjects with mental illness

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ALVERNO JAGUARS VARSITY SOCCER DEFEATS ST. MONICA CATHOLIC MARINERS IN CIF-SS DIVISION 7 WILD CARD ROUND



Sierra Madre, CA (February 18, 2016) – The Alverno Jaguars (the #3-seed in the Horizon League) and the St. Monica Catholic Mariners (#3-seed in the Camino Real League) faced each other in the CIF Southern Section Division 7 wild card round. The Jaguars advanced to the next round with a 3-1 victory.

Sophomore midfielder Subrina Hamdan (4) put the Jaguars on the scoreboard first with her unassisted goal in the 25th minute. The return of sophomore goalkeeper Ayanna Melin (1) from an injury; the dominance of the midfield consisting of co-captain and senior Caitlyn Delgadillo (5), co-captain and senior Isabel Diaz (9), junior Larissa Hernandez (21), and Hamdan; and the strong defensive line of co-captain and senior Dina Der Vartanian (8), junior Nicole Lianto (6), sophomore Nicole Oberhammer (17), and freshman Elisia Bendy (2) secured the 1-0 lead into half-time.

The Jaguars struck again in the 47th minute when freshman forward Beatriz Rivas (16), off a pass from Diaz, scored past the Mariners goalkeeper who came out of the box to try to challenge Rivas. The Mariners were able to maneuver through the seemingly impenetrable Jaguars defense when they scored in the 55th minute; however, a goal by

freshman forward Megan Cavender (7), off a pass from Hernandez, in the 82nd minute gave the Jaguars the 3-1 insurmountable lead.

The Jaguars will face the Grace Brethren Lancers, ranked #1 in Division 7, on Thursday, February 18, 2016 in Simi Valley.

About Alverno High School

Alverno High School is an independent, progressive, Catholic high school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,500 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

ALVERNO HIGH SCHOOL STUDENTS SHARE CHILDREN'S STORIES WITH ST. RITA SCHOOL

The creative writing class recently created and read their stories to first graders

Students in Alverno High School's Creative Writing class recently wrote and illustrated children's stories to share with the first grade students at St. Rita Catholic School in Sierra Madre.

As a preparation for their writing, Alverno's Creative Writing teacher Ms. Jannifer Heiner invited St. Rita's first grade teacher and Alverno Alumna Ms. Ellen Behrens Hoffman '74 to visit the class and share some of the stories that her students enjoyed reading. During her visit to campus, Ms. Hoffman shared that her students enjoyed humorous stories, stories about animals, and stories that had an element of predictability within them.

Charged with the task, the members of the Creative Writing class got to work creating wonderful stories that fit the mold described by Ms. Hoffman. After working through several drafts, creating illustrations, and receiving feedback from Ms. Heiner over a few weeks, the Alverno students headed over to St. Rita to share their stories with the students.

In total, there were six books shared with the students that included exciting themes, adventures, and beautiful illustrations. The stories shared were:

Tucker by Allison Johnson (11th Grade)- Tucker is the story of an elephant who learns an important lesson on his first day of school—that he doesn't have to be anyone but himself. By the end of the book, Tucker has accepted that his long trunk and big ears are different than his jungle classmates but also what make him special. In addition to being a current Alverno student, Allison is a St. Rita Alumna who was previously taught by Ms. Hoffman in first grade!

Kai and the Big Surprise by Britni Delgado (11th Grade)- In Kai and the Big Surprise, Kai wishes and prays for a little brother every day. When Kai finally thinks his wish has been granted, he is in for a big surprise when his mother hands him a baby sister.

Addy's Adventure by Calista Chambers (11th Grade)- Another story about an elephant, Addy's Adventure follows Addy as she goes on an exciting adventure throughout the jungle before realizing that home is really where she is meant to be.

Ollie the Mini Makes New Friends by Emma Uttley (12th Grade) shared by Sofia Gonzalez (11th Grade) and Gillian Cox (12th Grade)- In Ollie the Mini Makes New Friends, Ollie, a miniature horse, has just arrived at a new farm only to find that no one wants to be his friend because of his size. All of the other horses worry about catching Ollie's "mini-ness" and shy away from him before

a wise old mare reminds them that being little is just what makes Ollie special.

Skippy the Underdog by Chloe Howorth (11th Grade)- Skippy of Skippy the Underdog isn't just an ordinary dog, he's a super hero! Well, at least he thinks he is. Skippy may not have the super powers he thinks he has but what he does have is a whole lot of super love.

Kitten's First Bath by Allison Cheng (11th Grade)- Kitten's First Bath is the story of a kitten who will go to great lengths to avoid taking his bath. Through beautiful illustrations created with torn paper, the reader gets to see all of the crazy things he will do to avoid the tub before eventually enjoying a nice relaxing bubble bath.

"My first graders loved the special visit from Alverno's Creative Writing Class, said Ms. Ellen Behrens Hoffman, St. Rita First Grade Teacher and Alverno Alumna. "The children's stories that the girls shared were imaginative and entertaining, and I know my kids were impressed. They thought the girls were real famous authors!"

"The girls really enjoyed working on these stories and created some beautiful final products," said Ms. Jannifer Heiner, English and Creative Writing Teacher. "The first graders at St. Rita loved them and really engaged with the girls as they were reading, which provided a positive experience for both groups. We look forward to creating some more works to be able to share in the future."

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GRANTS GO TO TWO ARCADIA SCHOOLS

Retired teachers never stop caring about education. For that reason, the local division of California Retired Teachers' Association #71 (CalRTA-SGV) has projects aimed at helping classroom teachers. The current effort of this vital, active group is their grant-giving to teachers for materials or equipment that enhance students' learning.

Headed by Chair Patti Hahn, the CalRTA #71 Grant Committee has invited local school districts in Division #71 to participate in drawings for classroom grants. The Grant Committee was pleased to receive a good response from the districts, and over the past months has been awarding school grants to classroom teachers at faculty meetings.

Two teachers from Arcadia schools have received classroom grants. Arcadia High School art teacher Carol Bradley has received a grant. At

Camino Grove Elementary School,

Louise Simons, kindergarten teacher, was also a grant recipient. Chair Patti Hahn and other CalRTA #71 members made the presentations at both schools.

More classroom grants to other schools will be awarded later. CalRTA #71 has allocated an annual amount for school grants as a means of helping teachers to meet their classroom needs and also as a way of acquainting future retirees with the organization. Membership in CalRTA is open to all retired teachers, as well as to active teachers and to any others interested in joining. For more information, please contact Marietta Watkins at (323) 258-9615 or Patricia Dietrich at (626) 446-8437.



CalRTA #71 awarded a classroom grant to Arcadia H. S. art teacher Carol Bradley. Rosemarie Hernandez, President of CalRTA #71, congratulates grant recipient Bradley.



A CalRTA #71 classroom grant went to Louise Simons, kindergarten teacher at Camino Grove Elem. School. Pictured (l-r) are Patti Hahn, Grant Chair; grant recipient Simons; and Principal Danae Popovich.

CONNOR CHOW NAMED TO DEAN'S LIST

Connor Chow, one of 735 cadets at Virginia Military Institute was recently named to the Dean's List for the first semester of academic year 2015-16. To be eligible for the Dean's List, a cadet must have a term grade point average of 3.0 on a 4.0 scale and no grade below C.

Connor, a senior from Sierra Madre, Calif., is majoring in International Studies.

Cadet Chow's parents are Mr. and Mrs. Vincent C. Chow.

Founded in 1839, Virginia Military Institute is the nation's oldest state-supported military college. Consistently ranked among the top public liberal arts colleges in the nation by both U.S. News and World Report and Money magazine, VMI offers bachelor of arts and bachelor of science degrees in 14 majors. It is the mission of VMI to prepare honorable and dedicated leaders ready for the challenges of 21st-century citizenship.

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd. Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Principal: Dr. William Walner
website: www.bcsliions.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

LaSalle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darvin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
rcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviaschools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626)599-5000 Website: www.duarte.k12.ca.us



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PACIFIED PINNIPED PUPS RETURN TO THE PACIFIC

The month of February begins an annual 4-6 week pupping season for northern elephant and pacific harbor seals, which means the volunteers and staff members at The Marine Mammal Center (TMMC) at Fort Bragg in Sausalito are busy at work watching out for newborns currently camping along the northern California coast. It also means the good folks at Marine Mammal Care Center (MMCC) at Fort MacArthur in San Pedro are busier than usual, taking in and tending to injured or ill seal pups being rescued and brought to their facility for emergency medical attention. There are various reasons why vulnerable baby seals have such a tough time surviving on California's coast, not the least of which is the human harassment factor.

The Marine Mammal Protection Act of 1972, along with other international marine mammal protection laws are intended to help protect endangered marine mammals including those found on the California coast which include California sea lions, northern elephant seals, harbor seals and northern fur seals. They are all remarkable sea-going creatures that play a major part in the balance of nature. However, in spite of the legislation that has been put into place on behalf of those precious pinnipeds (Classification order: Carnivora & sub-order: Pinnipedia), the struggle remains to protect them from inappropriate human interaction that could potentially render them extinct.

Too many people don't recognize the importance of leaving wild creatures alone and letting nature take its course. It has been said that no man is an island unto himself, and I can't think of a more pertinent application for that phrase than to the human's relationship with sea-dwelling beings. Skillful neglect is the public's most appropriate approach to protecting the valuable, vulnerable life forms that live in the ocean. Yet for reasons beyond me, folks refuse to stay away and allow them to thrive in a natural way. As a result, it has become necessary for those who do understand the important role pinnipeds play on our planet, to be proactive in protecting them from those who don't.

In similar fashion to what some consider to be a radical up-rising of self-appointed advocates for spaying & neutering and adopting versus shopping for domestic pets, marine mammal lovers have had to come to the plate to save the lives of injured mammals, and become what some call "radical" political reformers to make up for the behavior of the negligent and ignorant who continue to get in the way and cause harm.

Although The Marine Mammal Center and Marine Mammal Care Center are two separate entities, they are both authorized by the National Marine Fisheries Service to meet the same goal which is to rescue and treat injured or distressed marine mammals. Both TMMC & MMCC also have a mission to learn more about pinnipeds and share what they learn with others. They also network as necessary to cover the California coast from south of LA to north of the Bay Area.

Educating the public is a very important part of what both of these two entities do to protect the pinnipeds found in California's Pacific waters, and treating the wounded or sick that are admitted for medical attention is definitely on the top of the list, but equally if not more important among their programs is the scientific research they conduct in hopes of making a positive impact on

Happy Tails

by Chris Leclerc



pinniped populations in the long run. After all, the more we humans know about those mysterious sea-going creatures, the better are our chances to ensure their survival.

With a staff of 45 and about 1,100 volunteers, TMMC has succeeded in treating more than 18,000 federally protected marine mammals since they started their work in 1975. They take in about 1,300 patients per year, 50% of which are returned to the wild. The other 50% are either too much at risk to be released and given to zoos or other certified, licensed facilities that qualify to care for them, or they die.

MMCC was founded in 1992 as a result of an agreement between Harcourt-Brace and the LA Unified School District. They are an active participant of the Oiled Wildlife Care Network, a statewide group of trained wild-life care providers, regulatory agencies and academic institutions focused on rescuing and treating marine mammals victimized by oil spills. Like TMMC, MMCC also has a state-of-the-art hospital where they treat hundreds of marine mammal patients a year, and like TMMC they conduct research studies to gather scientific data that will hopefully help protect future pinniped populations. They also work in conjunction with the Center for Marine Studies to help educate the public about the important role pinnipeds play in nature and the importance of leaving them be so they can thrive naturally.

There are various reasons why marine mammals find themselves in need of medical attention, but according to Jim Oswald at TMMC the majority of the seals and sea lions taken in and treated at their facility are admitted due to malnutrition or entanglement, and as sad as it may sound, many are also admitted with prop injuries or gunshot wounds.

To find out how you can support the Marine Mammal Care Center in San Pedro, visit their website at marinemammalcare.org or call 310-548-5677. For more information about The Marine Mammal Center in Sausalito and their Adopt-a-Seal program, visit their website at marinemammalcenter.org or call 415-289-SEAL (415-289-7325). Both MMCC & TMMC invite the public to visit and tour their facilities, so you might consider adding that to your list of weekend getaway vacations! If you do decide to pay a visit, please call first to make arrangements.

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LOOKING FOR A BEST FRIEND?

To Cherish? Look no further. This 2 year old Chihuahua mix named Cherish came to the shelter as a stray with no identification, and has gone unclaimed. She weighs about 10 pounds, and is just the right size to fit in a lap. She has a short coat of white with tan highlights, very easy to care for with minimal grooming needed. Cherish has lovely big brown eyes that will melt your heart.

Cherish seemed a bit shy and confused when she first arrived in the kennels, unsure of the new people and other dogs that were now part of her daily life. Her kennel mate, Feather, seemed to provide some stability for Cherish, and within a few days, she started to relax and warm up. Although she is still a little timid with new people, she becomes comfortable much more quickly than she did at first. She now comes to the front of the kennel to say hello when people pass by.

Cherish is easy to harness and she walks well on the leash. She has a playful side to her personality, which comes out as she spends more time with other dogs and people. And it doesn't take her long to look for a lap to cuddle in where she can receive some loving attention.

Cherish is looking for a forever home where she can feel secure and loved as a member of the family. This sweet girl's personality will blossom once she knows she is cherished, and she will live up to her name. Why don't you come in to meet Cherish and make her your best friend?

Her adoption fee is \$130 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Cherish. She currently resides



at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd., north of Mission and south of Las Tunas. To arrange a 'Meet and Greet' with Cherish, please stop by any time from 10:30am to 4:30pm Tuesday thru Sunday.

If you are interested in meeting Cherish, or any of the other wonderful pets at the shelter, visit the San Gabriel Valley Humane Society at 851 E. Grand Ave., San Gabriel, Calif., 91776, Tuesday through Sunday from 10:30am to 4:30pm. See our website at www.sgvhumane.org for information and photos of all our wonderful pets.

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through PayPal. Go to the shelter website at sgvhumane.org for more information.

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Dr. Robin Holmes

PET OF THE WEEK: GIZMO: ANIMAL ID #A4918679

Lookin' for love? Look no further and meet Gizmo (A4918679)! Gizmo is a loving and playful 2-year-old black-and-white male Affenpinscher mix who was found as a stray on February 9th and brought to the Baldwin Park Animal Care Center. Weighing 8 lbs, Gizmo is a uniquely adorable boy who looks like a little Ewok. He

walks okay on leash, shows signs of being housebroken, and gets along with other dogs--both big and small. He is ready to meet his forever family and learn his puppy training basics. There is one thing he doesn't need training in, though: dancing. Gizmo knows how to stand on his hind legs and do a little something like a hula dance for attention! Gizmo is a sweet, cute, and entertaining boy who will be the greatest new addition to any household. To see a video of Gizmo, please visit the following link: <https://youtu.be/WCOctj0C0u0>



To meet Gizmo in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). He is currently available now. For any inquiries about Gizmo, please reference his animal ID number: A4918679. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-

5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Gizmo or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter,

as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

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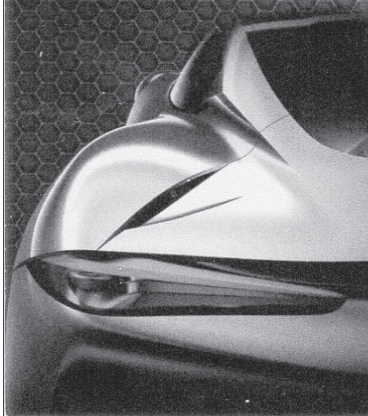
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THE JOY OF YOGA

INSPIRATION

Why do we feel great after a yoga class? It's simple. We changed our Prana. Prana is life force energy or our inspiration and enthusiasm. It is often referred to as the Breathe of Life, associated with respiration. Prana is what brings animation to our ideas, thoughts and deeper desires. It's a powerful tool.

Awareness of prana is the first step toward a positive outlook and greater insights into what's happening in our life. For example, where are we spending all of our energy? Are we actually doing the things we love to do? Do we feel creative and friendly?

Once we are aware of prana, we can assess where we might be losing energy or possibly the need for more. It's often the case when we feel run down and depleted, we are in need of prana in some area of the body or mind. Whether it be grounding, motivation, or just pure joy and inspiration.

To cultivate your awareness of prana, start with a fundamental breath exercise. Close the eyes. Begin inhaling from the opening of the nostril up the bridge of your nose, directly to the third eye (space between the eyebrows). Envision prana, vital life force energy, riding in on the breath. Exhale back down the bridge of the nose, air leaving the nostrils. Continue breathing that way, collecting prana at the third eye. Envision this collection of prana enlivening the third eye, the place of intuition and wisdom. Settle into an experience of waking up your own inner space.

In love and light,

Keely Totten

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FOOD AND DRINK

TABLE FOR TWO by Peter Dills
 thechefknows@yahoo.com

rent district today. It took me a few years to figure out (and maybe just in time now) that when you are at a supermarket looking for your favorite wine and frustration sets in, you should search by price - the most expensive wines are on the "top shelf" and the bottom shelf is usually where you'll find lowest prices. You'll find me somewhere in the middle. Please let me, just for this one week, introduce you to the top shelf at your local wine department because that is where I found the Oracle 2011 by Miner. Yes indeed, the technology of blends and business is all a part of the Miner story. Miner is a family-run business in the heart of Napa Valley and was founded by Dave and Emily Miner. Dave's uncle is Robert Miner, co-founder of (you guessed it) Oracle Technology.

As we have learned over the last couple of years, I do believe in "blends", and this Oracle is "top shelf". The grapes are sourced from vineyards in the area, including cabernet from Stage Coach Vineyard in Napa Valley. I am told that Black Bart used to rob the stagecoach that ran from St. Helena to Monticello. If Bart could have gotten his hands on some Oracle wines, he would have appreciated the fruitiness of the first taste. The tannins are very smooth, and like many blends that include petit verdot (regardless of the price) has a touch of boldness and a bit of spice. This blend is perfectly balanced, and I recommend a pairing it with spare ribs, chicken or steak. No BBQ sauce, though, as that will take away some of the natural flavors from your wine. Price is \$75 - top shelf indeed, but when it's time to treat yourself, Oracle is a great option.

Dills Score 90

Retail Around \$90 on sale \$75 limited distribution throughout So Cal
 Winemaker Notes: All grapes are sourced from the Napa Valley

Each week I will give you my Dills Score. Starting with a base of 50 points, I have added 8 points for color, 7 points for aroma or "nose", 8 points for taste, 8 points for finish, and 9 points for my overall impression, which includes my value rating.

Email Peter at thechefknows@yahoo.com and follow me on Twitter @KINGOFCUISINE, listen to Dining with Dills Saturdays at 5 PM KLAA AM 830



Julie's Favorite Family Recipes

RUTH'S RUM CAKE

1 package yellow cake mix with added pudding
 3 eggs
 1/3 cup oil
 1 ½ cups cold water

See below for other ingredients

Mix all together. Grease bundt pan. Add oatmeal ¼ cup and 1 cup walnut pieces on bottom of pan. Pour mixture over nuts and oatmeal and bake 350 degrees for 1 hour or less and let cool.

TOPPING
 ¼ cup water
 1 cup sugar
 1 stick of butter
 ½ cup rum

Melt butter with water and sugar. Boil for a few minutes. Let cool. Add rum. Poke holes into the top of the cake and pour mixture over it.

Move the cake to another plate and pour excess over the cake again, repeat until fully absorbed.

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MAKING LIGHT OF PAIN

Science and clinical experience have shown that low intensity lasers, LEDs (Light Emitting Diodes) and bio-electromagnetic therapy can significantly improve quality of life and alleviate pain even in many chronic conditions.

Consider a few of these case studies as good examples.

Interstitial Cystitis - A Case Study

"Karen" was a 56-year-old female diagnosed with interstitial cystitis and fibromyalgia in 1996. Her chief complaints were constant bladder pressure/discomfort with urgency and urinary frequency, often requiring a restroom visit every half hour or less. To address these concerns, laser needle therapy was administered transcutaneously over the bladder. Her pre-treatment pain score of four was reduced to one immediately following laser needle therapy.

She reported significant improvements in bladder comfort overall with less pain, pressure and spasming and increasing freedom from the need to urinate with laser needle treatment. "Karen" is a snowbird, spending part of the year in her Florida home close to our clinic and the balance in Pennsylvania. She was seen for 34 visits between February and June 2010 before leaving for Pennsylvania.

Treating Muscle Weakness and Pain

"Fay" was a 68-year-old female with severe neck and shoulder pain whose chief complaints were weakness and muscle wasting, especially in the right arm, hand and fingers and the inability to grip objects or write. Her hands were hot and painful when touched. She said that tentative diagnoses of complex regional pain syndrome and rheumatoid arthritis had been proposed, and she reported that she had rheumatoid arthritis after sharing labs with me in which her erythrocyte sedimentation rate (52) and rheumatoid factor (21.7) were elevated. Laser therapy was administered over

the stellate ganglion initially and later with direct contact to the affected arm, hand and fingers as pain eased. She also received acupuncture and bio-electromagnetic therapy.

"Fay's" vitamin D level tested low (18), and she began supplementing with 10,000 I.U. of D3 daily. She also began a routine of swimming and water aerobics. She was discharged after 24 visits and credits laser therapy plus exercise with a complete turnaround in her health. Pre-treatment pain scores at her last few visits were 1-2 versus 8-9 at the outset of therapy, and she has regained muscle mass and the use of her hands, even to sew and paint watercolors. Can we do better when it comes to pain relief?

Pain is the chief reason people visit doctors. As such, delivering the best possible therapy should be among the highest priorities in health care.

Low intensity lasers, LEDs and bio-electromagnetic therapy have been documented to help move the body through inflammation and to heal damaged tissue, regenerating bone, ligament, the lining of blood vessels, muscle, nerve, tendon and more, even improving health as measured by a wide variety of biomarkers.

Chronic pain is the leading cause of disability. Its price tag is enormous. Yet many of these negatives might be avoided if energy-based treatments were implemented as first line therapies. To see what researchers have reported, visit the Laser Research Library and Bio-electromagnetic Research Library at www.HealingLightSeminars.com, and click on any condition or topic of interest. You may be interested to learn what scientists have had to say about the benefits of these therapies in arthritis/rheumatoid arthritis and back pain, conditions reported as the No. 1 and 2 causes of disability.

References : <http://www.acupuncturetoday.com/mpacms/at/article.php?id=32413>

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Dental: Toothache, TMJ dysfunction.
Harmony: Increase energy, strengthen immune system.
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2016 TAX FILING REQUIREMENTS FOR RETIREES

Dear Savvy Senior,
What is the IRS income tax filing requirements going to be for this tax season? Due to health problems I stopped working early last year, so I'm wondering if I need to file.

Unintended Retiree

Dear Unintended,
There are a number of factors that affect whether or not you need to file a federal income tax return this year including how much you earned last year (in 2015), and the source of that income, as well as your age and filing status.

Here's a rundown of this tax season's IRS filing requirements. For most people, this is pretty straightforward. If your 2015 gross income – which includes all taxable income, not counting your Social Security benefits, unless you are married and filing separately – was below the threshold for your age and filing status, you probably won't have to file. But if it's over, you will.

- Single: \$10,300 (\$11,850 if you're 65 or older by Jan. 1, 2016).
- Married filing jointly: \$20,600 (\$21,850 if you or your spouse is 65 or older; or \$23,100 if you're both over 65).
- Married filing separately: \$4,000 at any age.
- Head of household: \$13,250 (\$14,800 if age 65 or older).
- Qualifying widow(er) with dependent child: \$16,600 (\$17,850 if age 65 or older).

To get a detailed breakdown on federal filing requirements, along with information on taxable and nontaxable income, call the IRS at 800-829-3676 and ask them to mail you a free copy of the "Tax Guide for Seniors" (publication 554), or see irs.gov/pub/irs-pdf/p554.pdf.

Special Requirements

There are, however, some other financial situations that will require you to file a tax return, even if your gross income falls below the IRS filing requirement. For example, if you had earnings from self-employment in 2015 of \$400 or more, or if you owe any special taxes to the IRS such as alternative minimum tax or IRA tax penalties, you'll probably need to file.



To figure this out, the IRS offers an interactive tax assistant tool on their website that asks a series of questions that will help you determine if you're required to file, or if you should file because you're due a refund.

You can access this tool at irs.gov/filing – click on "Do you need to file a return?" Or, you can get assistance over the phone by calling the IRS helpline at 800-829-1040. You can also get face-to-face help at a Taxpayer Assistance Center. See irs.gov/localcontacts or call 800-829-1040 to locate a center near you.

Check Your State

Even if you're not required to file a federal tax return this year, don't assume that you're also excused from filing state income taxes. The rules for your state might be very different. Check with your state tax agency before concluding that you're entirely in the clear. For links to state tax agencies see taxadmin.org/state-tax-agencies.

Tax Prep Assistance

If you find that you do need to file a tax return this year, you can get help through the Tax Counseling for the Elderly (or TCE) program. Sponsored by the IRS, TEC provides free tax preparation and counseling to middle and low-income taxpayers, age 60 and older. Call 800-906-9887 or visit irs.treasury.gov/freetaxprep to locate a service near you.

Also check with AARP, a participant in the TCE program that provides free tax preparation at more than 5,000 sites nationwide. To locate an AARP Tax-Aide site call 888-227-7669 or visit aarp.org/findtaxhelp. You don't have to be an AARP member to use this service.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...February Birthdays*

Cathrine Adde, Hilda Pittman, Anne-Marie Stockdale, Ann Luke, Susan Henderson, Jan Reed, Peter Lippincott, Georgia Lippincott, Allie Attay, Ursula El-Tawansy, Gladys Moser, Sylvia Lorhan, Ana Ptanski, Winifred Swanson, Marian DeMars, Vickie Vernon, Mary Beth Knox, Sharon Lefler, Gordon Caldwell. * To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Balance Class: No Balance Class due to Martin Luther King Holiday.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.



KATIE Tse.....This and That

THE FORKS AWAKEN! (EPISODE 2)

Last week I shared about the fabulous time my parents and I had at "Healthy Taste of L.A.," an annual vegan conference with many of the same doctors and health professionals featured in the film, "Forks Over Knives," (hence the witty play on words "The Forks Awaken"). However, time and print space did not permit me to describe the event in its entirety, which is why I've added Episode 2. To quickly recap, I left you on the edge of your seats in breathless anticipation of Dr. Caldwell Esselstyn, author of bestselling Prevent and Reverse Heart Disease, and Dr. Michael Greger, creator of Nutritionfacts.org, a wonderful free resource to help the average person navigate the sea of medical research regarding nutrition and health. And somewhere in there Dr. Esselstyn's wife, Ann, and daughter, Jane, put on an informative, and hilarious, cooking demonstration!

Last week I also neglected to mention the excellent work of John Tanner. When he nearly died of sudden cardiac arrest several years ago at age 52, he decided to use his second chance at life to help others avoid the untimely death which so nearly claimed him. He runs nuci.org, and "Little Green Forks," a service in the Monrovia/Arcadia/Pasadena area that provides information and free resources for those interested in pursuing a vegan life change.

Dr. Esselstyn presented much of the same message that he delivered in "Forks Over Knives." That is to say, even the worst cardiac cases are often able to be rescued from the jaws of impending death by following a strict oil-free vegan diet. He showed images of coronary scans before and after beginning, not months, but weeks, of a plant-based diet, and the results were astounding! Shriveled, pinched arteries had transformed into wide, healthy ones. Even other medical professionals admit that there's no pill or procedure able to deliver these results! And that's the truly inspiring part of "Healthy Taste of L.A." It's easy to get depressed about the damage meat, dairy, and over-processed foods cause our bodies, and it's true that we shouldn't take these threats lightly. However, it blows your mind to see the body's restorative capabilities when given common, everyday things like sweet potatoes, chard, and blueberries. It's like Dorothy waking up to realize that all she ever needed was no farther than her own back yard! Truly we are fearfully and wonderfully made by God! The word, "miraculous," comes to mind.

Ann and Jane Esselstyn followed with a lively demonstration of sandwiches, salads, dressings, and sautéing mushrooms and onions without oil. This was surprising because typically people always say that you must have oil in order to sauté these vegetables. In Episode One I forgot to mention another surprising thing that Dr. Klaper told us – contrary to popular belief, breakfast is not the most important meal of the day! That is as ingrained in the American mind as the idea that "Milk does a body good," (also not true!). Apparently the saying was originally developed by a bacon company early in the 20th century. Even in public education we still practically tell parents the yearly state standardized testing results are dependant upon the students consuming a hearty

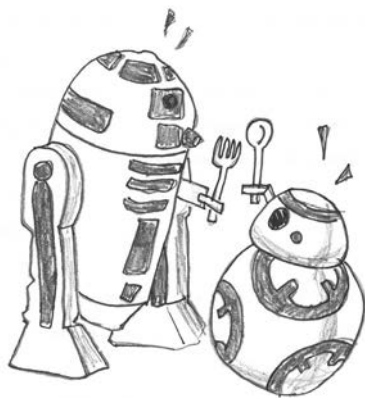
breakfast.

The final speaker was Dr. Michael Greger. And it's good that they saved him for last because, despite the useful insights we'd learned from the other speakers, by that time of day we were all a bit tired and cranky. Yes, I'm sure that if Dr. Greger ever decides to leave medicine he will have a promising career in stand up-comedy waiting for him. That man is a riot! Not only did he time the cadence of his presentation to the perfect tempo, but he had a host of new jokes we hadn't heard yet.

Unfortunately, just as I am not as articulate as Dr. Klaper in explaining metabolism, I am not as smooth or funny as Dr. Greger in joking about the relative potassium merit of different foods or the dangers of meat preparation. As it turns out, not only is breakfast not the most important meal of the day, but also bananas are not the best source of potassium! As it turns out, a vanilla cone from McDonald's offers more potassium than a banana. That's not to say that bananas are evil –just that you shouldn't turn to them if you're in an urgent need of potassium. Dr. Greger also spoke about poultry, particularly chicken, which my Dad lovingly refers to as "fecal fowl" because of the high amount of fecal material present on the birds due to the manner in which they are raised and slaughtered. "Do you know why there's more bacteria on a kitchen sink than in a toilet bowl?" Dr. Greger posed to the audience. "Because people don't rinse chicken in the toilet!" How can you not love his sense of humor!

And so concluded my family's first "Healthy Taste of L.A." We had a great time and learned a lot, but it would be dishonest of me not to provide a qualifying statement about all that we learned regarding health and nutrition. Health is a wonderful thing and we should all strive to live the longest, healthiest life possible. But if we think that this life is all we have to consider, we are deceived. The Bible teaches that we should not fear those who can kill the body, but then have not power to harm us. Instead, we should fear (reverently respect) Him who is able to destroy both the body and the soul. This life is merely a shadow of the one to come. For the Christian who puts his hope in Jesus, he has the promise of eternal life with our Savior. But the Bible is clear about those who reject God's only offer of salvation through His Son. Although it pains us to say that those who don't accept the free gift of salvation through Jesus will be eternally separated from God in hell, that is the Gospel message. If you do not know Jesus today as your Lord and Savior, there is still time and opportunity for you to take advantage of His gift to you! You can pray to ask Jesus into your heart today, and have peace with God forever. In light of eternity, it doesn't matter so much whether or not you follow a vegan diet and live to be 100 years old. What does matter is that you go home to be with Jesus. He wants you to be with Him more than you know!

*You can pray this prayer if you want Jesus to come into your heart as your Lord and Savior. "Dear God, I know that I am a lost sinner and am in need of forgiveness. Thank You for sending Your Son to pay for my sins. I turn from my sin and accept You as my Lord and Savior. In Jesus' name I pray, Amen."



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On the Marquee: Notes from the Sierra Madre Playhouse

THE FIELD TRIP SERIES #3

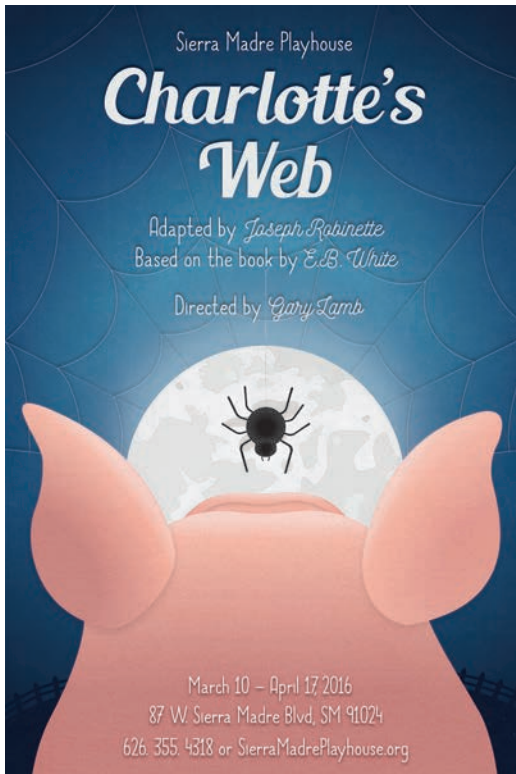
By Artistic Director, Christian Lebano

With the closing of Deathtrap we turn our sights to the next show: Charlotte's Web adapted by Joseph Robinette from the beloved story by E.B. White. Charlotte's Web is the third Field Trip Series play we have produced and was made possible this year by a generous donation from the Ruth and Charles Gilb Family Foundation. The Field Trip Series brings students from local schools, both public and private, into the Playhouse to see a show. We already have over 3,500 students and teachers who have purchased tickets. Charlotte's Web will also play Saturday and Sunday matinees for general audiences.

It struck me a few years ago that the Playhouse sits empty for most of the week and I thought it would be great if we could introduce kids to the pleasures of live theater by staging a play that would appeal to their teachers enough to go through all the paperwork involved in arranging a field trip. It was important to me that it be more than "just seeing a play". So I enrolled some really talented arts education professionals to help me craft a complete experience for the kids – which includes a lobby display, a pre-show workshop, a post-show discussion with the actors, and a study guide created for the teachers. Response has been tremendous.

Our first year we produced Battledrum by Doug Cooney, a play about Civil War drummer boys – we enlisted the help of Civil War reenactors and historians to round out the experience. We aimed that show at grades 3 through 8. Last year we produced Einstein is a Dummy by Karen Zacarias and Deborah Wicks LaPuma about a 12 year old Albert Einstein. We targeted that one for grades 5 to 8. This year Charlotte's Web was targeted to grades 1 to 6 – with mostly 2nd and 3rd graders coming. How wonderful to know that for many of those kids Charlotte's Web will be their first professional theater experience! I've already settled on next year's show – A Wrinkle in Time adapted by John Glone from Madeleine L'Engle's beloved story.

For our general audiences we have a series of additional events on Sundays through the run



of the show: a petting zoo of farm animals, a special tea which we'll do in collaboration with our friends at T'Neer across the street from the Playhouse, a "Bug Lady", an egg hunt on Easter, and a special web building event. Specific days and descriptions of each event can be found on our website SierraMadrePlayhouse.org.

The Field Trip Series is an integral part of our programming at SMP. I'm very proud of what we've built and how it has evolved. It is just one of many ways we are trying to make SMP an integral part of our community.

Tickets are now on sale for Charlotte's Web – it is going to be terrific fun – hope to see you there with (or without!) your kids and grandkids. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to arrange your purchase.

CHINA COMES TO LIFE AT SHEN YUN

The gong strikes and a journey across five millennia begins. From the mist, 40 dancers clad in traditional costumes emerge in front of a 30-foot tall video backdrop that morphs from the mountains of Tibet to the sprawling plains of Mongolia and points in between. A 40-piece orchestra rises with the sounds of western and ancient eastern instruments.

The all-new spectacular Shen Yun 2016 tells the banned-in-Communist China stories of when heroes split mountains and swam with dragons, when divine beings walked the earth and when dynasties ruled supreme.

Beginning in March, Shen Yun 2016 will appear at six Southern California theaters including stops in downtown Los Angeles and Northridge.

Since 2007, more than five million people in 30 countries on four continents have enjoyed Shun Yun.

"Shen Yun is using classical Chinese dance to present this culture on the world stage," says H. Sue Gao, Vice President of Shen Yun's training school, Fei Tian College.

Cherished stories from China's 5,000-year history like the tales of the heroine Mulan and General Yue Fei are told through large scale dance numbers featuring authentically detailed period costumes. A vibrant video backdrop transports audiences through time to ancient dynasties such as the Tang and the Qin, to the mountains of Tibet, the shores of a Dai village and the sprawling plains of Mongolia. The interactive video allows dancers to jump in and out of the screen delighting the audience.

In "The Fable of the Magic Brush," a rescued maiden bestows a magic brush upon her savior that transforms anything he paints into reality.



Dressed in soft pink skirts and gossamer capes, Shen Yun dancers portray flower blossoms who transform into fluttering fairies that glide across the stage like petals adrift in the wind.

When the savior paints on the video screen, the object becomes a cartoon in motion. Ultimately the maiden and savior jump into an on-screen ocean where they become animated figures swimming underwater and flying in the skies.

The Shen Yun Orchestra combines the spirit, beauty and distinctiveness of Chinese music with the precision, power and grandeur of the Western symphony orchestra. Traditional instruments are combined with the 4,000-year-old pipa and erhu resulting in two glorious traditions melding into one refreshing sound.

Over 5,000 years the traditions of martial arts, Chinese opera, folk dancing and acrobatics have linked to form traditional Chinese dance. Known for its incredible flips and spins, and its gentle elegance, classical Chinese dance is one of the most rigorous and expressive art forms in the world.

Shen Yun 2016 appears at the Valley Performing Arts Center in Northridge, April 19-20; Microsoft Theater, April 23-24 and in Thousand Oaks, Pomona, Long Beach and Costa Mesa throughout March and April. Tickets begin at \$60 and are available by calling 800-880-0188. More information is available at www.shenyun.com.



SEAN'S SHAMELESS REVIEWS: RA RA RIOT – "NEED YOUR LIGHT"

By Sean Kayden

"Need Your Light," the new record from indie-pop vanguards Ra Ra Riot is the band's brightest and most inspired work yet. The once baroque-pop Brooklyn quintet is now utilizing synthesizers more than ever before. This was quite apparent on their 2013 record "Beta Love," a rapid change in direction for a band with such a beloved signature sound. Three years later, the fourth full-length is the all-encompassing sound of a band being revitalized by their personal reality. Respectively, "Need Your Light" (Barsuk Records) sees members Wes Miles (vocals), Mathieu Santos (bass), Milo Bonacci (guitar), Rebecca Zeller (violin), and Kenny Bernard (drums) getting back to their unconventional roots without deserting the more piquant soundscapes they surveyed with 2013's "Beta Love." The end result is a record that's celebratory while the band takes their prior experiences in order to skillfully create something that looks toward the future with a hopeful watch. Rostam Batmanglij, formerly of Vampire Weekend, helped produced the brand new record that pushes Ra Ra Riot into new heights with a newfound burst of energy that's simply unquestionable from beginning to end.

The record kicks off with "Water," a very Vampire Weekend-esque track, which comes as no surprise. Miles's falsetto vocals, original as they come by in indie pop, floats on cloud nine. The single is greatly satisfying and melodiously all-around. "Absolutely" follows up and it's an ebullient tune as well. It's as addicting as anything these OG indie-poppers have ever crafted. An exuberant Miles can take mundane situations and add much needed energy to them. He's a wizard of sorts with this skillset. "Foreign Lovers" is a quick two-plus minute gem. It even has time to throw in some violin work into the mix. It's simple and effective, but may be overlooked by some of the more standout tunes Ra Ra Riot has to offer here. Speaking of such, the subsequent eponymous track, "I Need Your Light" is brilliantly luminous. It's

gorgeously put together with various layers that allow it to feel like something quite special. Undoubtedly, it's Ra Ra Riot's finest song on the record.

"Bad Times" is a superlative tune with some of the finest use of synths in the collection tracks from the band. It has a specific way of elevating you off your seat. Don't be fooled by the title itself, "Bad Times" offers emotional depth combined with an indelible pop sound making you want to go off and have a good time. "Call Me Out" recalls Ra Ra Riot's earlier days. Miles sings with an irrefutable persuasion. He believes in every line he calls out and convinces the listener

Ra Ra Riot – "Need Your Light"
Artist: Ra Ra Riot
Album: Need Your Light
Label: Barsuk Records
Release Date: February 19th
Grade: 8.7 out of 10

every time. It's a slightly slower tempo song than the ones before it, but a rather understated tune that is teeming with absolute beauty. Ra Ra Riot doesn't really have any stumbles or shortcomings within the ten masterful tracks. "Suckers" closes out the record and it's purely awesome. I mean, the track radiates with a subtle coolness that gives off the feeling the Ra Ra Riot of 2016 is a brand new beginning for them. The song is as delightful as a cool summer night. One would think Ra Ra Riot is approaching a finish line of sorts with their fourth record. However, I beg to differ. This is a reinvigorated group taking experience and molding that into something deliciously fresh. They're a unit looking ahead, but not too far ahead where they could lose sight on whatever they're trying to achieve. This isn't a race for Ra Ra Riot to reach a point of conclusion, but to exist in an endless race where both starting and finish lines are really just the same thing.

Jeff's Book Pics By Jeff Brown

Walking the Nile by Levison Wood

The Nile, one of the world's great rivers, has long been an object of fascination and obsession. From Alexander the Great and Nero, to Victorian adventurers David Livingstone, John Hanning Speke, and Henry Morton Stanley, the river has seduced men and led them into wild adventures. English writer, photographer, and explorer Levison Wood is just the latest. His Walking the Nile is a captivating account of a remarkable and unparalleled Nile journey. Starting in November 2013 in a forest in Rwanda, where a modest spring spouts a trickle of clear, cold water, Wood set forth on foot, aiming to become the first person to walk the entire length of the fabled river. He followed the Nile for nine months, over 4,000 miles, through six nations—Rwanda, Tanzania, Uganda, South Sudan, the Republic of Sudan, and Egypt—to the Mediterranean coast. Like his predecessors, Wood camped in the wild, foraged for food, and trudged through rainforest, swamp, savannah, and desert, enduring life-threatening conditions at every turn. He traversed sandstorms, flash floods, minefields, and more, becoming a local celebrity in Uganda, where a popular rap song was written about him, and a potential enemy of the state in South Sudan, where he found himself caught in a civil war and detained by the secret police. As well as recounting his triumphs, like escaping a charging hippo and staving off wild crocodiles, Wood's gripping account recalls the loss of Matthew Power, a journalist who died suddenly from heat exhaustion during their trek. As Wood walks on, often joined by local guides who help him to navigate foreign languages and customs, Walking the Nile maps out African history and contemporary life. An inimitable tale of survival, resilience, and sheer willpower, Walking the Nile is an inspiring chronicle of an epic journey down the lifeline of civilization in northern Africa.

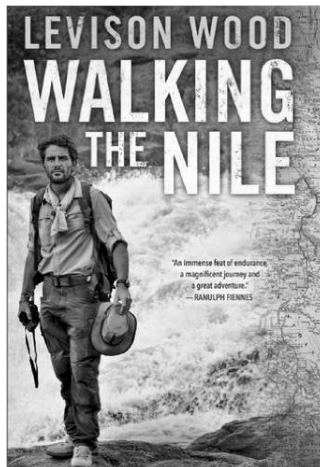
Into the Magic Shop: A Neurosurgeon's Quest to Discover the Mysteries of the Brain and the Secrets of the Heart

by James R. Doty MD
Extraordinary things happen when we harness the power of both the brain and the heart. Growing up

in the high desert of California, Jim Doty was poor, with an alcoholic father and a mother chronically depressed and paralyzed by a stroke. Today he is the director of the Center for Compassion and Altruism Research and Education (CCARE) at Stanford University, of which the Dalai Lama is a founding benefactor. But back then his life was at a dead end until at twelve he wandered into a magic shop looking for a plastic thumb. Instead he met Ruth, a woman who taught him a series of exercises to ease his own suffering and manifest his greatest desires. Her final mandate was that he keep his heart open and teach these techniques to others. She gave him his first glimpse of the unique relationship between the brain and the heart. Doty would go on to

put Ruth's practices to work with extraordinary results—power and wealth that he could only imagine as a twelve-year-old, riding his orange Sting-Ray bike. But he neglects Ruth's most important lesson, to keep his heart open, with disastrous results—until he has the opportunity to make a spectacular charitable contribution that will virtually ruin him. Part memoir, part science, part inspiration, and part practical instruction, Into the Magic Shop shows us how we can fundamentally change our lives by first changing our brains and our hearts.

On Immunity: An Inoculation by Eula Biss
In this bold, fascinating National Book Critics Circle Award Finalist book, Eula Biss addresses our fear of the government, the medical establishment, and what may be in our children's air, food, mattresses, medicines, and vaccines. Reflecting on her own experience as a new mother, she suggests that we cannot immunize our children, or ourselves, against the world. As she explores the metaphors surrounding immunity, Biss extends her conversations with other mothers to meditations on the myth of Achilles, Voltaire's Candide, Bram Stoker's Dracula, Rachel Carson's Silent Spring, Susan Sontag's AIDS and Its Metaphors, and beyond. On Immunity is an inoculation against our fear and a moving account of how we are all interconnected—our bodies and our fates.



Jeff's History Corner By Jeff Brown

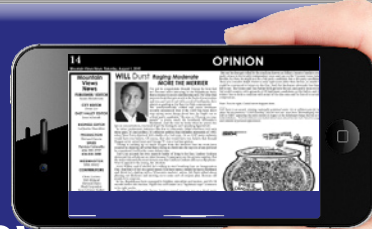
The Egyptians mummified millions of bodies during ancient times. Caves and tombs were so packed that many bodies were taken to the desert and buried in the sand. Animals were mummified by the millions in ancient Egypt to provide offerings for the gods and goddesses. Ibis and baboons were sacred to Thoth, raptors to Horus, and cats to the goddess Bastet. Cat mummies were particularly plentiful—so plentiful, in fact, that in the late 19th century, English companies bought them from Egypt for agricultural purposes. By one account, a single company purchased about 180,000 cat mummies weighing 19 tons, which were then pulverized into fertilizer and spread on the fields of England. Millions of human mummies were used to fuel locomotives as well as used for fertilizer and firewood. Starting around the 16th century, a pigment called mummy brown, made from ground-up mummies, was a popular choice for

European artists. In Europe in the 1600's mummy power was also used to cure numerous ailments. Eventually they discovered it caused numerous bodily problems. Some North American companies bought 1000's of mummies so as to use their linen wrappings to make wrapping paper. Trips to Egypt were so popular among the upper classes of the 19th century that mummies were often displayed back home as souvenirs, usually in the drawing room or study, and occasionally even in bedrooms. Mummy hands, feet and heads were frequently displayed around the house, often in glass domes on mantelpieces. (The writer Gustave Flaubert was even known to keep a mummy's foot on his desk.) Mummies were displayed at businesses, too: One Chicago candy store reportedly attracted customers in 1886 by showing off a mummy said to be "Pharaoh's daughter who discovered Moses in the bulrushes." Very few have survived to be seen in Museums.

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FAMILY MATTERS

By Marc Garlett



LEGAL STRATEGIES TO AVOID GUARDIANSHIP

As senior citizens continue to age, the likelihood increases that they will become physically or mentally incapacitated. Hopefully, people in such a situation have family members who step in and help keep their affairs in order. That is not always the case, however. If no one steps in to help, courts may be petitioned to appoint someone—a guardian—to look after that person's very existence. This often happens when a person becomes incapacitated by illness and cannot make decisions.

What Can I Do?

For medical situations, a medical power of attorney - a document that identifies a person of your choosing (your agent) to make decisions for you in the event of your incapacity - should be executed. Your agent can be family member or friend. The key is to make sure it is someone you trust.

A power of attorney can also be used to appoint

someone to deal with non-medical issues. This document can be set up to either take effect immediately, or only at such time as you are unable to make your own decisions. The former is known as a "durable" power of attorney, while the latter is a "springing" power of attorney. The durable power of attorney is the more effective of the two in that it requires no consideration of whether a person lacks the capacity to make decisions.

Also, consider setting up a trust to administer your assets as you age. Unlike a power of attorney, with a trust, the trustee has sole control of your assets. And there are further legal steps you can take, such as establishing a limited liability corporation or a family limited partnership to manage your assets.

All of these processes will prevent the need for a court to appoint a guardian for you if you become incapable of managing your own affairs. Those of us who are in our senior years should recognize the increasing chance of the need for someone else to make decisions. And those of us who have elderly parents or loved ones should help them think about these issues. The time to plan for potential incapacity is now. Once someone becomes incapacitated, it's simply too late.

Dedicated to your family's wealth, health, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

IRS WRAPS UP THE "DIRTY DOZEN" LIST OF TAX SCAMS FOR 2016

WASHINGTON — The Internal Revenue Service today wrapped up its annual "Dirty Dozen" list of tax scams with identity theft topping this year's list but with phone scams and phishing schemes also deserving special mention. Taxpayers need to guard against any ploys to steal their personal information, scam them out of money or talk them into engaging in questionable behavior with their taxes.

During the past year, as part of the Security Summit initiative, the IRS partnered with states and the tax industry to enhance coordination and create a more secure system for taxpayers. Participants now regularly share details of fraudulent schemes detected so both industry and government can provide increased protection. Many enhancements are invisible to taxpayers.

"We are working hard to protect taxpayers from identity theft and other scams this filing season," said IRS Commissioner John Koskinen. "Taxpayers have rights and should not be frightened into providing personal information or money to someone over the phone or in an email. We urge taxpayers to help protect themselves from scams -- old and new."

This is the second year the IRS has highlighted its Dirty Dozen list in separate releases over 12 business days. Taxpayers are encouraged to review the list in a special section on IRS.gov and be on the lookout for these scams. Many of these con games peak during filing season as people prepare their tax returns or hire someone to do so.

The IRS this week also renewed a consumer alert for e-mail schemes after seeing an approximate 400 percent surge in phishing and malware incidents so far this tax season. (IR-2016-28)

Perpetrators of illegal scams can face significant penalties and interest and possible criminal prosecution. IRS Criminal Investigation works closely with the Department of Justice to shut down scams and prosecute the criminals behind them. Taxpayers should remember that they are legally responsible for what is on their tax return even if it is prepared by someone else. Be sure the preparer is up to the task. For more see the Choosing a Tax Professional page.

Here is a recap of this year's "Dirty Dozen" scams:

Identity Theft: Taxpayers need to watch out for identity theft especially around tax time. The IRS continues to aggressively pursue the criminals that file fraudulent returns using someone else's Social Security number. Though the agency is making progress on this front, taxpayers still need to be extremely careful and do everything they can to avoid being victimized. (IR-2016-12)

Phone Scams: Phone calls from criminals impersonating IRS agents remain an ongoing threat to taxpayers. The IRS has seen a surge of these phone scams in recent years as scam artists threaten taxpayers with police arrest, deportation and license revocation, among other things. (IR-2016-14)

Phishing: Taxpayers need to be on guard against fake emails or websites looking to steal personal information. The IRS will never send taxpayers an email about a bill or refund out of the blue. Don't click on one claiming to be from the IRS. Be wary of strange emails and websites that may be nothing more than scams to steal personal information. (IR-2016-15)

Return Preparer Fraud: Be on the lookout for unscrupulous return preparers. The vast majority of tax professionals provide honest high-quality service. But there are some dishonest preparers who set up shop each filing season to perpetrate refund fraud, identity theft and other scams that hurt taxpayers. Legitimate tax professionals are a vital part of the U.S. tax system. (IR-2016-16)

Offshore Tax Avoidance: The recent string of successful enforcement actions against offshore

tax cheats and the financial organizations that help them shows that it's a bad bet to hide money and income offshore. Taxpayers are best served by coming in voluntarily and getting caught up on their tax-filing responsibilities. The IRS offers the Offshore Voluntary Disclosure Program (OVDP) to enable people catch up on their filing and tax obligations. (IR-2016-17)

Inflated Refund Claims: Taxpayers need to be on the lookout for anyone promising inflated refunds. Be wary of anyone who asks taxpayers to sign a blank return, promises a big refund before looking at their records, or charges fees based on a percentage of the refund. Scam artists use flyers, advertisements, phony store fronts and word of mouth via community groups where trust is high to find victims. (IR-2016-18)

Fake Charities: Be on guard against groups masquerading as charitable organizations to attract donations from unsuspecting contributors. Be wary of charities with names similar to familiar or nationally-known organizations. Contributors should take a few extra minutes to ensure their hard-earned money goes to legitimate and currently eligible charities. IRS.gov has the tools taxpayers need to check out the status of charitable organizations. (IR-2016-20)

Falsely Padding Deductions on Returns: Taxpayers should avoid the temptation of falsely inflating deductions or expenses on their returns to under pay what they owe or possibly receive larger refunds. Think twice before overstating deductions such as charitable contributions and business expenses or improperly claiming such credits as the Earned Income Tax Credit or Child Tax Credit. (IR-2016-21)

Excessive Claims for Business Credits: Avoid improperly claiming the fuel tax credit, a tax benefit generally not available to most taxpayers. The credit is generally limited to off-highway business use, including use in farming. Taxpayers should also avoid misuse of the research credit. Improper claims generally involve failures to participate in or substantiate qualified research activities and/or satisfy the requirements related to qualified research expenses. (IR-2016-22)

Falsifying Income to Claim Credits: Don't invent income to erroneously qualify for tax credits, such as the Earned Income Tax Credit. Taxpayers are sometimes talked into doing this by scam artists. Taxpayers are best served by filing the most-accurate return possible because they are legally responsible for what is on their return. This scam can lead to taxpayers facing big bills to pay back taxes, interest and penalties. In some cases, they may even face criminal prosecution. (IR-2016-23)

Abusive Tax Shelters: Don't use abusive tax structures to avoid paying taxes. The IRS is committed to stopping complex tax avoidance schemes and the people who create and sell them. The vast majority of taxpayers pay their fair share, and everyone should be on the lookout for people peddling tax shelters that sound too good to be true. When in doubt, taxpayers should seek an independent opinion regarding complex products they are offered. (IR-2016-25)

Frivolous Tax Arguments: Don't use frivolous tax arguments in an effort to avoid paying tax. Promoters of frivolous schemes encourage taxpayers to make unreasonable and outlandish claims. Even though they are wrong and have been repeatedly thrown out of court. While taxpayers have the right to contest their tax liabilities in court, no one has the right to disobey the law or disregard their responsibility to pay taxes. The penalty for filing a frivolous tax return is \$5,000. (IR-2016-27)

Additional information about tax scams is available on IRS social media sites, including YouTube <http://www.youtube.com/irsvideos> and Tumblr <http://internalrevenueservice.tumblr.com>, where people can search "scam" to find all the scam-related posts.



Social Media Tips, Tricks & Ideas



by: MJ Finstrom

FACEBOOK LIVE: SOMETHING NEW IS COMING

Facebook is launching a new feature called Facebook Live. It allows you to share real-time video with your friends and fans.

It's similar to Periscope, a live-streaming video mobile app that allows you to broadcast live anytime from anywhere. What's exciting about Facebook Live is that it's on Facebook and you can use your built in audience you've grown over the years.

Facebook Live is not available to everyone yet but, it sounds like it will roll out to more verified pages and profiles in the coming months.

You will be able to use it from your mobile device. You write a description of what you are about to broadcast, select your audience and then go live. What's exciting is what happens during the broadcast. You'll see the number of viewers and their comments in real time. After it ends, it will schedule

save a recording and post to your timeline. Think about how you might use this for your business. Perhaps you show some behind the scenes action, show features of a new product, demonstrate how to do something, have your staff sing a song.

Learn more about What's New in Digital Marketing and Best Practices: HUTdogs will be teaching workshops at Pasadena SBDC and Arcadia Chamber. Register at www.hutdogs.com/workshops/schedule

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. "Like" them on Facebook at www.facebook.com/hutdogs. Sign up for their upcoming workshops at: www.hutdogs.com/workshops/

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Looking Up with Bob Eklund



MAKING WAVES

SURF’S UP IN THE GALAXY: DETECTION OF GRAVITY WAVES. The announcement February 11 of the detection of gravitational waves by the LIGO (Laser Interferometer Gravitational-wave Observatory) team hallmarks the beginning of a new kind of astronomy, according to astronomer Laurance R. Doyle of SETI Institute and Principia College.

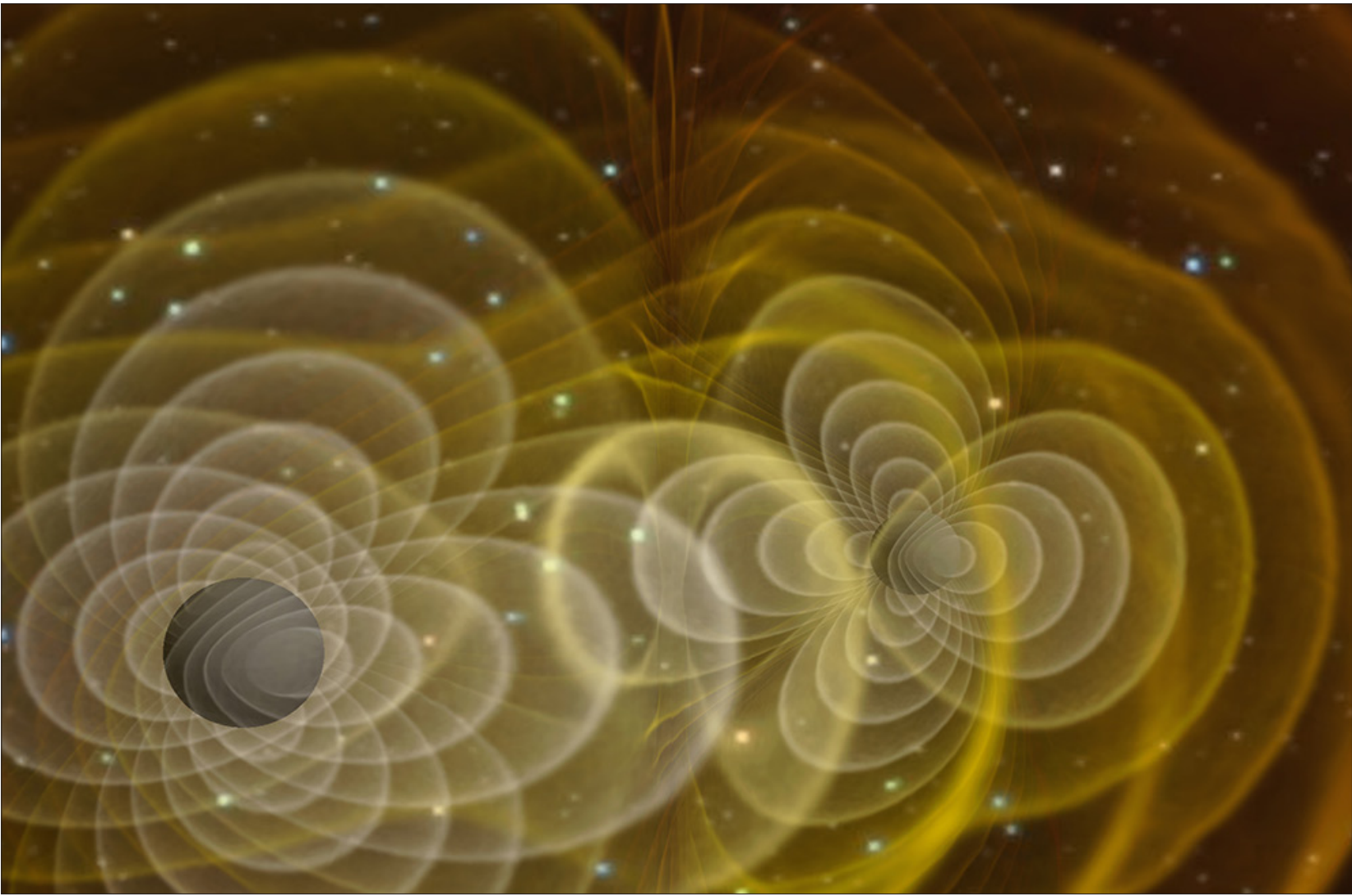
At about the time the first plants appeared on Earth—long before there were any land animals—two black holes (former suns) about 30 times the mass of our Sun collided at almost the speed of light, producing enough energy to cause a measureable ripple in the very fabric of spacetime. That wave—if something that is millions of miles long and yet only sub-millimeter in height can be called a “wave”—was headed for Earth, to arrive last September 14 after a 1.3-billion-year trip.

The LIGO observatory involves two laser beam paths that are combined so that any shift along one path will produce a change in the way the other path interacts with it, at the level of the wavelength of laser light. By measuring the change in distance between the two paths, one can tell if minute changes along any one path have occurred. Such a change is what the LIGO Team detected.

“Today, the new observational field of gravitational-wave astronomy has come of age, says Doyle. “It’s the day humankind first caught a gravity wave in the fabric of spacetime to surf into the future!”

A NEW KIND OF LIGHT. As the gravitational waves warped space-time within LIGO’s gargantuan, twin detectors, the observatory’s exquisitely sensitive instruments registered vibrations on the order of thousands of the diameter of a proton. The frequency of these waves that LIGO is designed to catch is actually in the audible range for humans. Accordingly, the signal LIGO received was played on speakers to audiences of eager scientists.

“For this binary black hole system, it made a distinctive, rising ‘whoooop!’ sound,” said Matthew Evans, an assistant professor of physics at Massachusetts Institute of Technology (MIT). “This detection means that the stars are no longer silent. It’s not that we just look up and see anymore, like we always have—we actually can listen to the universe now. It’s a whole new sense, and humanity did not have this sense until LIGO was built.”



“Being able to detect gravity waves opens an entirely new window in astronomy,” says Will Kinney, professor of physics at the New York University at Buffalo (UB). “It’s like being able to see a new kind of light. Gravity wave telescopes will allow us to observe directly entirely new phenomena that have been inaccessible to us previously.”

“We can now study black holes and other violent events in our universe—like mergers of very massive and dense stars—directly,” says Dejan Stojkovic, UB associate professor of physics, who

has done theoretical research related to black holes. “In the past, we’ve had to rely on light that is coming from these events. Now we can study them directly through gravity waves, even if they do not emit any light.”

Perhaps even more importantly, gravitational waves could enable scientists to explore the very early stages of the universe, Stojkovic says.

These stages are impossible to study with light because the very early universe was “so hot and dense that it was opaque to light,” he says. But

gravitational waves can freely propagate through the hot plasma of the very early universe, so scientists can use them to gain insight into what occurred during that otherwise invisible time.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



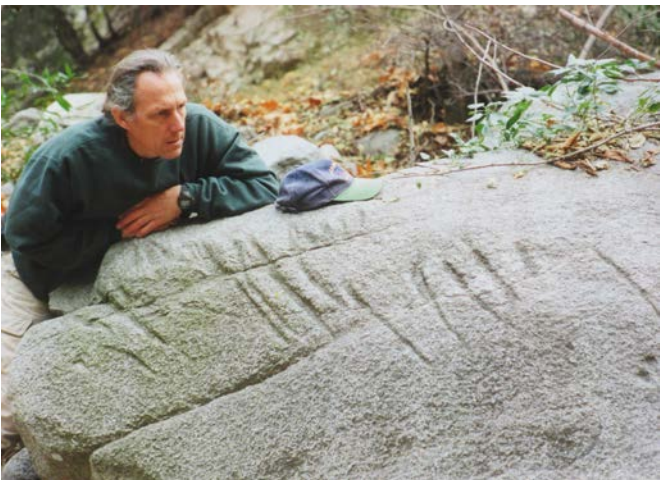
CHRISTOPHER Nyerges
ANCIENT WRITINGS ON ROCK

Providing evidence for pre-Columbian European visitors to California

[Nyerges is the author of “How to Survive Anywhere,” “Foraging California,” “Enter the Forest,” and other books. He can be reached at Box 41834, Eagle Rock, CA 90041, or www.SchoolofSelf-Reliance.com.]

On Halloween Day, 2001, I was conducting a birthday party nature walk for a 10 year old boy and his friends in the Angeles National Forest. During that walkabout, I accidentally discovered an engraved rock which bore a remarkable resemblance to a form of rock writing – ogam – that had died out in Europe by the 5th century. I was intrigued by the possibility that the engraving was an authentic piece of evidence that travelers from afar had been to Southern California hundreds of years ago, and so I researched this by communicating with geologists, archaeologists, linguists, epigraphers, various academics, and local Indians over the next several years. The geologists told me that the engravings were carved approximately 1500 to 2500 years ago. Over time, I was even able to translate the engraving, just by using a standard encyclopedia, and the “Illustrated Gaelic-English Dictionary” by Dwelly. Most, but not all, ogam in western Europe is translated via ancient Gaelic. Of course, the archaeologists told me that all this was impossible, that there had been no visitors from Europe to our local mountains in the pre-Columbian era.

In 2008, I discovered another rock inscribed with what appeared to be ogam at the same site, as well as numerous other rock features that are stereotypical of western European’s many ancient ceremonial sites, things such as dolmens, “sacrificial” rocks, standing stones, and more. Many of these other features were not found by me, but my friend and associate Pascal Baudar, who is from Belgium, and who has visited many of the old ceremonial sites of Europe. Baudar explained that if the area I found in the Angeles National Forest was indeed an ancient site of European origin, it should have certain rock features. Once at the site, Baudar pointed out the dolmen which I had not previous noted, the standing stone, and the large flat boulder which he called the “sacrificial rock.”



Nyerges next to “young hero” rock.



Nicole Deweese next to “Byanu” rock

I recorded all my research, step by step, into a paper which I recently finished and published with Amazon’s Kindle format. In this illustrated paper, I include commentary from those who support the site as evidence of the presence of ancient Europeans, as well as the commentary of those who strongly disagree. I present both sides so that the reader can decide.

The first large inscribed boulder, the one I found on Halloween Day 2001, was tentatively transliterated to read “Bel, Memory, Young Hero, son of, mother, buried, stone,” which would be translated as “To Bel (the god of that era), in the memory of the young hero, son of the mother, laid to rest with this stone.” If this interpretation is correct, it suggests that a prominent figure died in the Angeles National Forest no more recently than 1500 years ago, and surviving members of the party inscribed the stone. The second inscribed

stone, found in 2008, is more straightforward, reading B-EA-N-EA in ogam, which readily translates as “Byanu,” one of the chief goddesses of the European pre-Christian religion of 2000+ years ago.

The paper on this discovery, “Ancient Writings on Rock,” is available from Kindle, and also or as a pdf download at the Store at www.SchoolofSelf-Reliance.com.

Because I seek further clarification on this site and its significance, I will send review copies of the book to scholars in related fields.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

FOR A SHORT MONTH, FEBRUARY IS RATHER BUSY

Usually, I am not one to get all excited about holidays. At my age, I do not need the confusion and these holidays take more away than they actually give, if you want my honest opinion. Even my birthday is something I am not too excited about anymore.

I did not realize that February, which is the shortest month of the year, had more holidays than just about any other month. There is a holiday to celebrate every day of the month; from Groundhog Day to Valentine’s Day to President’s day. It is hard to keep them apart. Sad is the husband who confuses Valentine’s Day with Groundhog Day.

I could understand how someone might confuse President’s Day with Ground Hog Day. The confusion is obvious. What if after the next presidential election Punxsutawney Phil was elected president by mistake. Or, would it be a mistake? I have to think about that a little more. Instead of, “You’re fired!” we would hear, “Six more months of winter!” I am leaning towards the latter.

Did you know that there is a “Tooth Ache Day” in February? Seriously? What a toothache has to do with February is simply beyond me. Don’t ask me what it is or what they are celebrating. Maybe it has something to do with the Tooth Fairy. It makes my tooth ache just thinking about it.

All this confusion of holidays has had a negative effect upon me but the one holiday I cannot afford to overlook is Valentine’s Day. If I give attention to some of these other nonsensical holidays, it might compromise my ability to remember Valentine’s Day. You know what would happen if for some reason I forgot Valentine’s Day?

Or, if I got my February cards mixed up and gave her a Groundhog Day card on Valentine’s Day. At that point, I would have to say to Punxsutawney Phil, “Move over I’m coming in. And forget about six more weeks of winter.”

I have often wondered why we celebrate something as romantic as Valentine’s Day in the shortest month of the year. If it was up to me, and it certainly is not, I would make Valentine’s Day the only holiday to celebrate in February. After all, it’s enough to celebrate during the month.

Also, if it was up to me, and it isn’t, I would have only one holiday per month. Maybe every year rotate the monthly holiday but have only one holiday for that month. That, to me, would make more sense.

Maybe even a better plan would be, each month everybody gets to choose the holiday they want to celebrate. Instead of a holiday every day, have one holiday and whatever you want to celebrate on that day, go to it my plan.

What difference does it make what I celebrate?

Feeling a little confident about this idea, I presented it to the Gracious Mistress of the Parson-

age. I thought she would enjoy some novel idea from me. Boy, was I surprised.

“What do you mean,” she said sarcastically, “only one holiday per month?”

By the tone of her voice, I knew anything I accomplished on Valentine’s Day, including that box of chocolate covered cherries, was completely void for the coming year. Somewhere, according to her, I had crossed the line.

What line I crossed I am not quite sure yet. All I know is, I crossed the line and now I was in deep manure. A place I have been in before, but you never really get accustom to it.

“Don’t you know celebrating holidays is an important part of our culture? It’s what brings a lot of people, especially families together.”

Well, I guess I had not thought of it that way. I was just thinking of the inconvenience and the nonsensicality of it all. All the different holiday cards, the gifts and the banks being closed. Oh yes, I believe the banks are behind a lot of this because every bank is closed on every holiday. It seems the only time I have a check that I need to cash on some holiday and I need the cash right away.

“And don’t you dare forget,” she said rather sternly, “it is always the thought that matters.”

At my age, it is very hard to keep the old thought machine working and grinding out thoughts. Then I remembered the recent Valentine’s Day card I got for her. I watched her pick it up, open it and say, “Oh, you remembered. How thoughtful.”

Then I began to think of how I felt when she said that. I am not sure how much I paid for that card, not much, you can be sure, but I think it was worth that comment.

Thinking more about this, I begin to realize that holidays were not just “days off,” but really had something behind them for some people. I don’t celebrate every holiday, who could? But I was beginning to realize that each holiday has some significance for somebody.

I was thinking about what Solomon said, “To every thing there is a season, and a time to every purpose under the heaven” (Ecclesiastes 3:1).

Every season has a purpose finding that purpose is one of the great challenges of life. Celebration is a time to think about where you are and how far you have come and who shared the journey with you.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, Ocala, FL. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

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The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

TINA Dupuy



HATE-WATCHING THE ELECTION

"I love Bernie! I've donated to his campaign! He's great!" my super conservative Beltway establishment Republican friend says. "Feel the Bern!!" He texts me with a snicker during all of the Democratic debates. The night of the Iowa Caucus I retaliated, texting, "Cruz! I'm so happy!!" I knew that'd make him cringe.

So while Republicans are swooning over Bernie, I'm obsessed with the GOP field for the same reason I spent a year getting into Real Housewives of Whatever Awful Place: I loathe all the cast members. They're disgusting, short-sighted narcissists and I just can't look away.

In the immortal words of Twitter beat poet Donald Trump: They're all horrible. Total losers.

It boggles the mind to think of all the incompetent, unimaginative, unaccomplished and unintelligent Republicans who decided to sit this one out. One has to praise Michigan Governor Rick Snyder for staying home and merely poisoning his own state instead of the entire country.

Wisconsin is way at the bottom (if not "dead last") in job growth, and yet college dropout and wet cardboard impersonator Scott Walker still put his hat into the ring. This year Politico ranked Louisiana last in basically everything. Still their twangy "stop being the stupid party" exorcist-in-chief Bobby Jindal thought that'd be a great launching pad for him to be POTUS.

GOP-gadfly and former Hewlett-Packard CEO Carly Fiorina ruined a major American company, lost to Barbra Boxer by 10 points, was fired by the McCain/Palin campaign for (wait for it) gaffes, yet she somehow got this idea that what the country really wanted in the White House was a Bizarro Hillary. I mean, Texas Governor Rick Perry, Mr. Oops himself, saw this pathetic clump of corporate-ese spewing militia-kissers and mused, "Even I could win this thing this time!"

But what's really fun about this election is witnessing the coal-burning "with us, or against us" Nixon-Reagan-Bush Republican machine break down. Like everyone else in 2000 who saw the Brooks Brothers riot take over the country, I thought this "perception is reality" brand of the Bush-Cheney-Rove holy trinity would come back in full force for Jeb. I just assumed. I mean, "Fool me once, shame on — shame on you. Fool me — you can't get fooled again." Right? But no! Jeb has affluenza, a word someone came up with describing those who are wealthy and yet still pitiful.

Jeb Bush, everyone. Please clap.

Ted Cruz reminds me of the creepy film that develops on the top of mushroom soup. Marco Rubio's credibility is on par with his personal credit score. Sorry, I'm not buying your plans to defeat ISIS when no one would let you finance a Honda.

So out of this compost pile has grown a monosyllabic, monomaniacal outer-borough sue-happy mutant man-child named Donald Trump. Every day he comes up with a new human right he'd like to violate: Bombing the hell out of civilians being held by ISIS; shuttering Muslim places of worship; killing the families (women and children) of alleged terrorists; or closing the Internet. In the last debate he got an applause break for the war crimes he promised to commit. The Party of Lincoln has devolved into the party cheering for torturing the right people.

Trump won 35 percent in New Hampshire, which means 65 percent of GOP primary voters don't want him to be their nominee. But he's still winning! The Republican machine that cut taxes while putting a couple of wars on credit cards, that buckled the economy, that waterboarded innocent people, that sat idle while thousands of Americans died in Hurricane Katrina, that had 9/11 happen on their watch, now can't save themselves and stop Trump?!

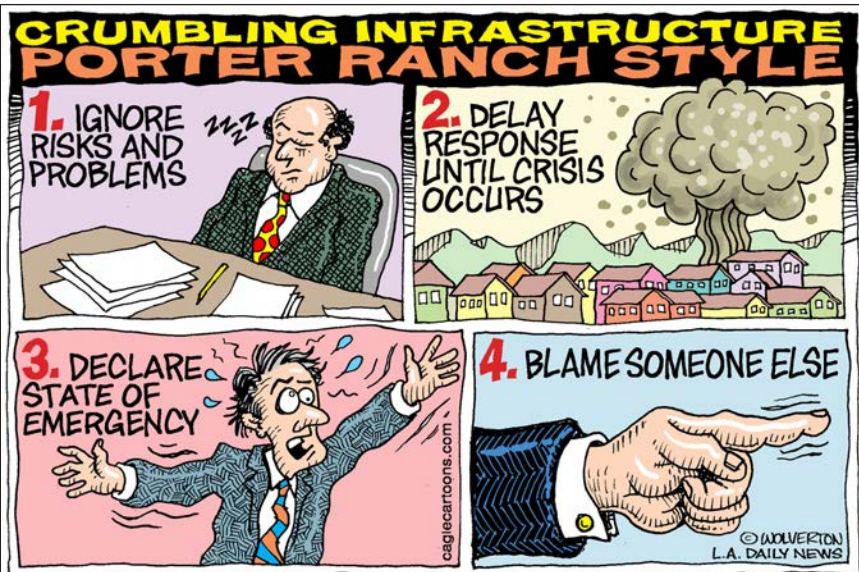
This is fantastic!

Then there's the delicious irony that because there are so many candidates still running—Trump will continue winning. So because the entire field is flawed and terrible and incapable of honest self-reflection they're staying in and allowing Trump to sweep. The only way out of this mess is for the field to become selfless, think of the party over their own personal ambitions and drop out, allowing the least horrible candidate who's not named Trump to win.

Trump is a goiter on the neck of the GOP. He's sticking out because the party is sick. And they have no one to blame but themselves. (You know, personal responsibility and all.)

Go hate-watch 2016! Go Trump!

Tina Dupuy is a nationally syndicated columnist and host of the podcast, Cultish. Tina can be reached at tinadupuy@yahoo.com.



LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"Seriously, this is insane. The GOP is destroying itself tonight, and they have no one to blame but themselves."

- Republican pollster Frank Luntz, on last Saturday's Republican presidential debate

If pollster Luntz was more honest, he might have tweeted instead, "we have no one to blame but ourselves." He was joined by other conservatives who last year saw clear tracks ahead to the White House, but now see a train wreck.

Charles Krauthammer on Fox News described the confrontation as "thermonuclear" and a "cage fight". CNN commentator Amanda Carpenter spoke of "an average voter tuning in to this debate and seeing people scream liar, brawling openly". Columnist Kathleen Parker on "Meet The Press" envisioned voters thinking, "OK kids, can you just stop fighting?"

But the big news this past week was Republicans, lauding the late Justice Antonin Scalia's devotion to our Constitution while accusing President Obama of ignoring it, now insisting the president forgo his constitutional duty (Article II, Section 2) to appoint "Judges of the supreme Court" — lest that replacement be something other than another Scalia. But it's one of those jobs the president was elected to do — by a 5 million vote margin, last time around.

The singular recollection I have of Justice Scalia goes back to a 2008 "60 Minutes" interview he did with Lesley Stahl. The question was about torture, and the Eighth Amendment ban on "cruel and unusual punishments". Scalia pointed out that if somebody's being tortured to get information, it's not really a "punishment" — so where's the problem? The question was about a practice abhorrent to our national values; a practice then swelling the ranks of our enemies. But for Scalia, it was an opportunity to best Ms. Stahl with a constitutional "gotcha".

Scalia's opinions were predictable though not necessarily consistent. In 1997, he argued requiring local officials to enforce federal gun laws was an infringement on states' rights. Eight years later, he argued states had no rights with their medical marijuana laws to supersede federal drug policy. He argued that the words of our Constitution meant nothing more nor less than what the Founders intended, but also that rights accorded We the People applied to multinational corporations, as well. Article II Section 1 states the president is selected by "a Number of Electors" appointed by "Each State . . . in such manner as the Legislature thereof may direct", but in Bush v. Gore Scalia thought the state of Florida was taking too long in getting those electors appointed, so decided the Court should choose our president, instead.

Scalia was "pro-life", arguing lack of an exception for the health of the mother was insufficient grounds to invalidate a "partial-birth" abortion ban. He was also pro-death, supporting capital punishment for those as young as 15 when crimes were committed and also for the mentally retarded (in the latter case, noting there'd been no problem executing those

similarly afflicted back in 1791).

In opposing measures to address past gender and racial discrimination, Scalia argued such measures were just a continuation of that gender and racial discrimination they were meant to address. He was adamant in dissents as the Court struck down "anti-sodomy" laws. He argued protecting gays and lesbians from discrimination was instead a granting of "favored status".

In his 2003 dissent to a ruling affirming right to privacy protection for conduct between consenting adults, he warned disallowing "anti-sodomy" laws could open the door to disallowing laws forbidding "bigamy . . . adult incest, prostitution . . . bestiality, and obscenity". He dissented from a 1996 ruling affirming a community's right to prohibit anti-gay discrimination by arguing "moral disapproval of homosexual behavior" was in line with considering "certain conduct reprehensible — murder, for example, or polygamy, or cruelty to animals".

In hearing an affirmative action case last year, Justice Scalia suggested there are some schools blacks simply aren't cut out for, that some say "it does not benefit African-Americans to get them into the University of Texas where they do not do well, as opposed to having them go to a less advanced school, a less -- a slower-track school where they do well".

Among those most insistent that President Obama ignore his constitutional responsibility to nominate a successor, hoping to get another Scalia by holding out long enough, is Sen. Ted Cruz (R-TX). He's had his own experience before the Supreme Court as Texas' solicitor general; losing his first case nine-zip arguing Texas be allowed to renege on its agreement to improve healthcare for poor kids. He fared not much better trying to uphold a 16-year prison sentence for a guy who stole a calculator from Wal-Mart. His other big cases involved trying to get people executed and defending Texas' GOP-gerrymandered congressional districts.

The reality's sinking in that with the inevitable 4-4 ties from an eight-person bench, the most the Supreme Court could do would be to kick decisions back to lower courts while remaining unable to establish precedent. It's also sinking in that Democratic operatives are already cueing up YouTube videos of President Ronald Reagan urging Senators to do their duty in taking up his nominee Anthony Kennedy to succeed retiring Justice Lewis Powell during the last year of his own presidency.

Most of all, they're realizing that while President Obama fulfills his responsibility in forwarding a nominee "indisputably qualified . . . who would serve with honor and integrity on the Court", their refusing to even consider such a nominee would be seen as yet more confirmation that "the GOP is destroying itself".

Already, some Republican Senators are backing off commitments made hours after the announcement of Scalia's death to leave his seat vacant until after the election. But, so far, the Republican presidential candidates are holding firm. As the election nears, more voters will be agreeing with pollster Luntz that "Seriously, this is insane". As for the candidates (and their boosters), "they have no one to blame but themselves."

PARTY OF REAGAN OR PARTY OF TRUMP?

The Republican food fight last weekend was a horrible embarrassment for the Republican Party. With their childish attacks on each other, and with Donald Trump's nasty bullying, they made the Party of Lincoln and the Party of Reagan look like the Party of Brats.

Only Ben Carson and John Kasich acted like adults. Kasich was absolutely right when he asked why the Republican Party's 2016 candidates for president were squabbling about arcane pieces of legislation that didn't pass the Senate.

Trump showed his true liberal colors repeatedly Saturday night. He even recycled old Democrat talking points when he said George Bush was lying about Iraq and lying about weapons of mass destruction.

Yet diehard Trump fans keep telling me he reminds them of my father. That's not just a total insult. It's incredibly stupid.

Do you remember Ronald Reagan insulting his way to the presidency, as Jeb Bush would say? Do you remember Ronald Reagan demeaning, disparaging or bullying the other candidates in a debate or in his campaign speeches? Do you remember him saying nasty things about immigrants groups in America? If that's what you think Ronald Reagan was all about, you're living on a different planet. Planet Trump, I guess.

And no, Ronald Reagan would not vote for Trump in the California primary and he'd hope and pray Trump didn't get the nomination in the Republican Party. Anyone who thinks differently is just wrong.

Trump is not a conservative. He is not a Republican. He's not going to blow himself up and the media can't hurt him. And nothing he says or does in the primaries can hurt him, no matter how crude or stupid.

If the GOP doesn't want to go the way of the Whig Party, it's time to stand up and stop Trump now. It's time for the chairman of the Republican National Committee, Reinhold Richard "Reince" Priebus, to get off his laissez-faire butt and make a stand.

Priebus — and any other real Republican he can recruit to back him up -- has to come out and condemn Trump for

MAKING SENSE MICHAEL Reagan

the Republican imposter he is.

Trump doesn't represent our party or its values.

Our party doesn't stand for deporting 11.5 million people from the USA.

Our party doesn't stand for stopping an entire religious group from coming to America.

Our party doesn't trash its past president, George W. Bush, by implying he lied about weapons of mass destruction in Iraq and saying 9/11 was his fault.

Our Republican Party is smarter and better than Trump.

Our party can solve the illegal immigration problem without resorting to deportation.

Our party can prevent terrorists from sneaking into the USA without shutting our borders to all Muslims.

Our party knows G.W. Bush is not a liar. We know he was a great president who kept us safe.

The Republican Party used to allow talk radio to define what the party is. Now the RNC is allowing the party to be defined by Trump. The GOP has to find its spine and define itself. Party bigwigs started thinking about winning the general election. They have to rally around the party's basic conservative values and heroes, point to Trump and tell the rest of the country that his crude character, horrible values and dumb Democrat ideas don't represent Republicans.

If it can't stop Trump, it may cost Republicans the Senate as well as the White House — which means forgetting any chance of a conservative filling Antonin Scalia's spot on the Supreme Court. If Trump represents where the GOP has gone to, or if party leaders are willing to accept a fraud like him, then the GOP is no longer the Party of Ronald Reagan. To paraphrase what my father said once about why he left the Democratic Party, if Trump gets the nomination, we conservatives will be saying we didn't leave the Republican Party, the party left us.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press).

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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-020695
The following person(s) is (are) doing business as: PAPAS & GRILL, 6717 COMSTOCK AVE., WHITTIER, CA 90601. Full name of registrant(s) is (are) GILDA GARCIA, 2550 E. RIVERSIDE DR. #153, ONTARIO, CA 91761. This Business is conducted by: AN INDIVIDUAL. Signed: GILDA GARCIA. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-019103
The following person(s) is (are) doing business as: PERSONAL TOUCH ENTERPRISES, 9326 RAMONA ST., BELLFLOWER, CA 90706. Full name of registrant(s) is (are) LASHAWNE ROULHAC, 9326 RAMONA ST., BELLFLOWER, CA 90706. This Business is conducted by: AN INDIVIDUAL. Signed: LASHAWNE ROULHAC. This statement was filed with the County Clerk of Los Angeles County on 01/26/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-021014
The following person(s) is (are) doing business as: QEBBLE, 2480 JOEL DR., ROWLAND HEIGHTS, CA 91748. Full name of registrant(s) is (are) JAE CHUL LEE, 2480 JOEL DR., ROWLAND HEIGHTS, CA 91748. This Business is conducted by: AN INDIVIDUAL. Signed: JAE CHUL LEE. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-016988
The following person(s) is (are) doing business as: REBELS WITH STYLE, 522 N. NEPTUNE AVE., WILMINGTON, CA 90744. Full name of registrant(s) is (are) SERGIO MIER MARTINEZ, 522 N. NEPTUNE AVE., WILMINGTON, CA 90744. This Business is conducted by: CO-PARTNERS. Signed: SERGIO MIER MARTINEZ. This statement was filed with the County Clerk of Los Angeles County on 01/22/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-021465
The following person(s) is (are) doing business as: RED RIVER TOWING, 12050 RIO HONDO PKWY., EL MONTE, CA 91731. Full name of registrant(s) is (are) JOSE LUIS RODRIGUEZ ORTIZ, 12050 RIO HONDO PKWY., EL MONTE, CA 91732. This Business is conducted by: AN INDIVIDUAL. Signed: JOSE LUIS RODRIGUEZ ORTIZ. This statement was filed with the County Clerk of Los Angeles County on 01/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-019342
The following person(s) is (are) doing business as: ROSESPRODUCTION, 16112 VAN NESS AVE. #3, TORRANCE, CA 90504. Full name of registrant(s) is (are) NORA MERCADO, 16112 VAN NESS AVE. #3,

TORRANCE, CA 90504. This Business is conducted by: AN INDIVIDUAL. Signed: NORA MERCADO. This statement was filed with the County Clerk of Los Angeles County on 01/26/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-019347
The following person(s) is (are) doing business as: RWEA; HOLY BIBLE TEAM; BIBLE DISTRIBUTION CLUB, 13545 ACORO PL., CERRITOS, CA 90703. Full name of registrant(s) is (are) ROUNDWOODS EVANGELISTIC ASSOCIATION, INC., 1747 PENNSYLVANIA NW STE 100, WASHINGTON, DC 20006. This Business is conducted by: A CORPORATION. Signed: TIMOTHY LEE FANGER. This statement was filed with the County Clerk of Los Angeles County on 01/26/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-022027
The following person(s) is (are) doing business as: SARACAL SCREEN PRINTING, 1247 E. HILL ST., SIGNAL HILL, CA 90755. Full name of registrant(s) is (are) STEVE MICHAEL TAYLOR, 247 E. HILL ST., SIGNAL HILL, CA 90755. This Business is conducted by: AN INDIVIDUAL. Signed: STEVE MICHAEL TAYLOR. This statement was filed with the County Clerk of Los Angeles County on 01/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-019394
The following person(s) is (are) doing business as: SHANG LEE MARKET, 459 E. GARVEY AVE., MONTEREY PARK, CA 91755. Full name of registrant(s) is (are) D & S FAMILY INVESTMENT INC., 459 E. GARVEY AVE., MONTEREY PARK, CA 91755. This Business is conducted by: A CORPORATION. Signed: CINDY LY. This statement was filed with the County Clerk of Los Angeles County on 01/22/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-021033
The following person(s) is (are) doing business as: SPARTAN TACOS, 2218 E. FLORENCE AVE., HUNTINGTON PARK, CA 90255. Full name of registrant(s) is (are) MARCO DIAZ, 2218 E. FLORENCE AVE., HUNTINGTON PARK, CA 90255. This Business is conducted by: AN INDIVIDUAL. Signed: MARCO DIAZ. This statement was filed with the County Clerk of Los Angeles County on 01/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-020353
The following person(s) is (are) doing business as: STAR FIVE TEST ONLY, 1511 N. LONG BEACH BLVD. UNIT D, COMPTON, CA 90221. Full name of registrant(s) is (are) ALFREDO PEDROZO, 18028 ARROYO BLVD., CHINO HILLS, CA 91709. This Business is conducted by: AN INDIVIDUAL. Signed: ALFREDO PEDROZO. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-022106
The following person(s) is (are) doing business as: TOMAS ROTOER HYDROJETTER, 610 W. HELLMAN AVE. #B, MONTEREY PARK, CA 91754. Mailing address: PO BOX 4063, ALHAMBRA, CA 91803. Full name of registrant(s) is (are) TOMAS WILLIAM MILAN JR., 610 W. HELLMAN AVE. #B, MONTEREY PARK, CA 91754. This Business is conducted by: AN INDIVIDUAL. Signed: TOMAS WILLIAM MILAN JR. This statement was filed with the County Clerk of Los Angeles County on 01/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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LETTERS TO THE EDITOR

I read the article published by the Watchman and the comments submitted by The Tattler, John Crawford, and it is extremely unfortunate and shameful that these two individuals state things that are inaccurate and state things without researching the facts and statistics of what is happening in our City, Sierra Madre. If they would take the time to look at our budget, revenues and expenditures, and study the actual facts and problems that we are facing, they would realize what mistakes they are making in their inaccurate statements. If we all decided to vote according to

Got 33 cents? The price of a few sticks of gum? Great! Because that's the amount the average Sierra Madre household will be paying more per day than it does now if the UUT goes up to 10% - which comes to a grand total of a tad less than \$10 per month.

While there is a great deal of debate about contracting with the Sheriff's Department vs. having our own police force, and about how severely the City services and library hours should be cut, I'd like you to consider what else is threatened if the UUT measure doesn't pass, namely the wonderful community life we have due to "non-essentials". There's the Huck Finn Fishing Derby, the concerts in the park, the family movies, the Wistaria Festival, the Fourth of July, and all those other events that are the beating heart of Sierra Madre. Yes, these events are heavily supported by our community organizations and a great deal of the work is done by our outstanding volunteers, but these events also rely heavily on City staff - there are contracts to be written up, legals and insurance to pay attention to, permits to be issued, barricades to be

this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-019952
The following person(s) is (are) doing business as: V3 GROUP LOGISTICS, 1828 BROADWAY, SANTA MONICA, CA 90404. Full name of registrant(s) is (are) ROBERT VILLA JR., 1828 BROADWAY, SANTA MONICA, CA 90404. This Business is conducted by: AN INDIVIDUAL. Signed: ROBERT VILLA JR. This statement was filed with the County Clerk of Los Angeles County on 01/26/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-021878
The following person(s) is (are) doing business as: WTC AUTO DETAIL, ONE WORLD TRADER CENTER AVE. STE 25, LONG BEACH, CA 90831. Full name of registrant(s) is (are) IRVINE DETAIL, INC., 1970 MAIN ST. STE A, IRVINE, CA 92614. This Business is conducted by: A CORPORATION. Signed: ISRAEL ESPINOSA. This statement was filed with the County Clerk of Los Angeles County on 01/28/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-020739
The following person(s) is (are) doing business as: XTREME COATING, 11815 SLAUSON AV., SANTA FE SPRINGS, CA 90670. Full name of registrant(s) is (are) SERGIO SEBASTIAN RODRIGUEZ, 14609 CHANNING ST., BALDWIN PARK, CA 91706. This Business is conducted by: AN INDIVIDUAL. Signed: SERGIO SEBASTIAN RODRIGUEZ. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-021231
The following person(s) is (are) doing business as: YES CAN, 1950 W. WILSHIRE BLVD. STE 305, L.A., CA 90057. Mailing address: 4768 ROMOLA AVE., LA VERNE, CA 91750. Full name of registrant(s) is (are) HAYDEE GIRON SANCHEZ, 4768 ROMOLA AVE., LA VERNE, CA 91750. This Business is conducted by: AN INDIVIDUAL. Signed: HAYDEE GIRON SANCHEZ. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 2016-020712
The following person(s) is (are) doing business as: ZOE & GEMS, 9544 AMSDELL AVE., WHITTIER, CA 90605. Full name of registrant(s) is (are) GEMMA GARCIA, 9544 AMSDELL AVE., WHITTIER, CA 90605. This Business is conducted by: AN INDIVIDUAL. Signed: GEMMA GARCIA. This statement was filed with the County Clerk of Los Angeles County on 01/27/2016. The registrant(s) has (have) commenced to transact business under the fictitious business name or names listed above on N/A. NOTICE- This Fictitious Business Name Statement expires five years from the date it was filed in the office of the County Clerk. A new Fictitious Business Name Statement must be filed prior to that date. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
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FILE NO. 2016-018151
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) EVELIA ACOSTA, 7567 NYE DR., HIGHLAND, CA 92346, has/have abandoned the use of the fictitious business name: BRITANNYS BEAUTY SHOPPE, 13250 PHILADELPHIA ST. STE C, WHITTIER, CA 90601. The fictitious business name referred to above was filed on 12/01/2014, in the county of Los Angeles. The original file number of 201437940. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 01/25/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: EVELIA ACOSTA/OWNER.
Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FILE NO. 2016-017271
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) CAROL MARTINEZ, 8133 CONRAD ST., DOWNEY, CA 90242, has/have abandoned the use of the fictitious business name: LA MICHOACANA RESTAURANT, 251 STONEWOOD ST. 102, DOWNEY, CA 90241. The fictitious business name referred to above was filed on 11/04/2014, in the county of Los Angeles. The original file number of 2014315212. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 01/25/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: CAROL MARTINEZ/OWNER.
Publish: Mountain Views News
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FILE NO. 2016-016807
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANDY PLATON, 509 E. 23rd ST., L.A., CA 90014, has/have abandoned the use of the fictitious business name: LIZ FLOWERS WHOLESALE, 824 SAN JULIAN ST. #125, L.A., CA 90014. The fictitious business name referred to above was filed on 04/11/2013, in the county of Los Angeles. The original file number of 2013073478. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 01/22/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ANDY PLATON/OWNER.
Publish: Mountain Views News
Dates Pub: Jan. 30, Feb. 06, 13, 20, 2016

FILE NO. 2016-016814
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) ANDY PLATON, 509 E. 23rd ST., L.A., CA 90014, LIZDET GOMEZ, 509 E. 23rd ST., L.A., CA 90011, has/have abandoned the use of the fictitious business name: LIZ FLOWERS WHOLESALE, 824 SAN JULIAN ST., L.A., CA 90014. The fictitious business name referred to above was filed on 10/10/2014, in the county of Los Angeles. The original file number of 2014291895. The business was conducted by: A

their wishes, our wonderful City of Sierra Madre would no longer exist. There would not be enough money to sustain our City and it would eventually be dis-incorporated and we would become an unincorporated part of L.A. County. Is that what they want, is that what we want? I think the answer would be a resounding no! Let us all make an informed and educated decision on how to vote on the upcoming UUT measure.

Pat Holland

put up, public safety (police, fire and paramedics) to have in place, trash to be carried off. A lack of funds will mean that staff will be cut, and that there could be no one to take care of all these things. All these events that bring us together, that make us so grateful and so proud that we live here, could become just memories, and Sierra Madre could become just another boring suburb in the vast sea of suburbs in the greater Los Angeles area.

Isn't it worth an extra 33 cents per day to you to be living in a community that is a true community - one that has that hometown feel which millions around us, those who live in soulless cities, can only wishfully dream of? It is amazing what citizens pulling together can achieve, but it is also amazing how quickly that which is dear to us can slip from our fingers if we let it.

To save the very heart and soul of our village, vote yes on Measure UUT on April 12th.

Maggie Ellis

NOTICE OF PETITION TO ADMINISTER ESTATE OF GERALD MEERKREBS Case No. BP170171

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GERALD MEERKREBS

A PETITION FOR PROBATE has been filed by Michael Meerkrebs in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Michael Meerkrebs be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Feb. 24, 2016 at 8:30 AM in Dept. No. 67 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Published Mountain Views News
1/30/16, 2/6, 2/13, and 2/20/16

Attorney for petitioner:
TIMOTHY J MURPHY ESQ
SBN 92862
LAW OFFICE OF
TIMOTHY J MURPHY
33 E HUNTINGTON DR
ARCADIA CA 91006

MARRIED COUPLE. This statement was filed with the County Clerk of Los Angeles on 01/22/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: ANDY PLATON/PARTNER.
Publish: Mountain Views News
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FILE NO. 2016-016730
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
The following person(s) NANNAN YIN, 37310 GOLDEN DIR, PALMDALE, CA 93550, has/have abandoned the use of the fictitious business name: NEW HONG KONG EXPRESS, 38745 TIERRA SUBIDA

AVE. STE 125, PALMDALE, CA 93551. The fictitious business name referred to above was filed on 07/09/2015, in the county of Los Angeles. The original file number of 2015179903. The business was conducted by: AN INDIVIDUAL. This statement was filed with the County Clerk of Los Angeles on 01/22/2016. The business information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false, is guilty of a crime.) SIGNED: NANNAN YIN/OWNER.
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I think I might run for president of...

www.readingclubfun.com

Never Fun!

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Well, it's certainly cuddlier than a real bear.

Who was the first president of our country? Why George Washington, of course! President Obama is our 44th president. How much do you know about the presidents? Read each clue below and fill in the crossword with the last names of each president:

- During the American Revolution, as a child in South Carolina, this president was taken prisoner by the British. He was wounded by a sabre (sword) cut from a British officer when he refused to clean the officer's boots.
- This president's wife, Dolley, saved a portrait of George Washington before the British attacked the city of Washington and burned the White House.
- While this man was president, the government made Washington D.C. its new home. He and his wife were the first to live in the White House.
- As a young soldier in battle, our nation's first president escaped uninjured even though his uniform had bullet holes in it and two horses were shot out from under him.
- This president loved the outdoors. He even lived as a cowboy for a while. The much-loved toy, the teddy bear, is named after him.
- This lawyer was known as "Honest Abe." When he was president, he declared that the slaves were to be freed.
- This 5-star Army general was first president to travel in a nuclear-powered submarine.
- This president drafted the Declaration of Independence. He felt strongly about each person's rights and freedoms.
- This president never married. He invited his niece to the White House to be his hostess.
- This Governor of Texas became president eight years after his father left the presidency. He owns a ranch where there are cows, dogs and cats.

Can you fill in the blanks to spell the names of the last 4 U.S. presidents?

1	☆	☆
2	☆	☆
3	☆	☆
4	☆	☆

Abraham Lincoln Theodore Roosevelt

George W. Bush Thomas Jefferson

George Washington James Buchanan

James Madison

John Adams

Andrew Jackson

First Lady Dolley Madison

Freebies!

During the War of 1812, the British marched on Washington, D.C.

They burned the White House, and other buildings. They were only there about one day.

Dolley Madison saved the giant portrait of our first president, George Washington, with the help of staff at the White House.

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EVENT**

DATE: Saturday, April 23rd, 2016
TIME: 8:30am-2:00pm
WHERE: Podley Properties Parking Lot
30 N. Baldwin Avenue, Sierra Madre

WHAT TO BRING:

- Old Bank Statements
- Old Pay Stubs
- Credit Card Applications
- Personal Identification Papers
- CDs

Stop by, drop-off and enjoy some coffee & donuts!

THANK YOU
To all who attended the
Sierra Madre Library Annual Wine Tasting !!
Your support is much appreciated!!



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