

ANN TYLER NAMED 2016 OLDER AMERICAN

The Sierra Madre Senior Community Commission proudly announces that Ann Tyler is the Sierra Madre Older American of the year 2016.

Ann, at 92 years of age, richly deserves this honor, due to her active involvement in many of the volunteer groups in our city. She has been a resident for over 70 years and can look back on her many years of service as an integral member of our community.

Having graduated from St. Rita's and from high school at PJC, she grew up demonstrating the value of volunteerism. She was among the 14 young women who founded the Civic Club ,in 1944, and served as president of that group. She has also served as president of the Sierra Madre Womens' Club. She was devoted to the group of wives of the Sierra Madre Volunteer Fire Department, supporting both her late usband, Bryce, and later, her son, Mike. Currently, Ann is serving as president of the Priscilla Circle, a group of local women providiing help to Sierra Madre families.

She is an expert in the creative skills involving crocheting, knitting and quilting. She has been



Ann Tyler (center) with Senior Commissioner JoAnn Williams(l) and Commissioner Jacquie Pergola (r)

a loyal member of both the local classes in yoga and strength training. She often spends time at her desert home, where she has great visits with another long-time Sierra Madrean, Mert Waite.

She has been called the “mother of Sierra Madre” by one admirer. We are fortunate to have Ann as a wonderful, long-time member of our community. She is an outstanding Sierra Madre Older American of the year.

FORMER RESIDENT FILES COMPLAINT WITH FPPC OVER 2014 UUT CAMPAIGN REPORTS

Just days before Sierra Madre voters decide whether or not to maintain the city's Utility User's Tax at 10%, a former resident and City Council Member filed a complaint with the California Fair Political Practices Commission against the 2014 Yes on Measure UUT committee alleging that reports were not made in a timely manner.

On March 29, 2016, Christopher Koerber of Cookeville, Tennessee signed a sworn affidavit alleging that the reports filed on the campaign were not filed in a timely manner. Koerber's statement was witnessed by another former Sierra Madre resident, John Crawford of San Dimas.

There is wide speculation that this complaint is an effort to discredit the current Yes on UUT campaign, especially since Koerber was a well known member of the Pasadena Tea Party with its anti-tax agenda, but it is unclear as to why he has filed this complaint now, especially since he lives in Tennessee and appears to have no personal or business interest in Sierra Madre. Both men have been opposed to proposed all UUT measures.

This is not the first controversial collaboration between Koerber and Crawford. In an article that appeared in this publication in February 2014, just before the election, it was discovered that Crawford and Koerber corresponded via email about engaging in the practice of 'trolling, an internet practice of anti-social behavior causing interpersonal and shock value controversy. (http://mtnewsnews.com/old/?t=MVNews&v=8&n=08).

The FPPC will determine whether the complaint has merit, and what actions if any are warranted. The final campaign report was filed on 12/26/2014.

FRIENDS OF THE SIERRA MADRE LIBRARY BEST USED BOOK SALE

The Friends of the Sierra Madre Library announce that the April Best Used Book Sale will be held on Saturday, April 2 (10 a.m. – 2 p.m.) The sale is held at the back of the library, 440 W. Sierra Madre Blvd. in the parking lot and in the basement.

Featured at this sale will be COOKBOOKS. We have a large collection of cookbooks on our shelves; all will be half price at the sale. Newer cookbook collections on the Table in the Basement will be offered at our usual low prices, \$2.50 - \$6.00. In addition, the Bargain Book boxes on the parking lot will have cookbooks of many kinds for only \$1.00!

We also will be featuring a group of Local History volumes recently released from the library's collection. Included are books on California history and geography, some signed.

In addition, there is a wonderful like-new set of the Harvard Classics Collector's Edition with many

classic literature titles. Our Collectible shelves are full of books signed by authors, some first editions, and interesting vintage titles.

Together with our contemporary thrillers, mysteries and newer fiction, the shelves are full of non-fiction books of every type. Looking for a Home Repair book or a book of quotations? One on Tudor queens or a political biography? Come to the Best Book Sale, meet and share with other book lovers, and take advantage of our low prices on high-quality books!

All proceeds from the sale will be used to support programs, services and acquisitions of the Sierra Madre Library. The Friends of the Sierra Madre Library is a non-profit organization and all proceeds benefit the Sierra Madre Library. For more information visit us on Facebook, at our website [www.sierramadrelibraryfriends.org](http://www.sierramadrelibraryfriends.org), or call the library at 626 355-7186. See you at the Book Sale!


NO MORE VERIZON?  
(Not an April Fools Day Prank)

For those Residents and businesses that still have telephone landline, television (FIOS), and Internet service provided by Verizon, you now have a new carrier, Frontier Communications, effective April 1st.

Last year, Verizon sold those assets in California, Texas and Florida to Frontier, but kept its wireless service. Verizon officials have previously announced it wants to mostly focus its business efforts on its wireless service, although it will hold onto landline operations in contiguous northeast markets, said Les Kumagai, Verizon spokesman.

Landline technology is expected to be obsolete in the coming decade, and telecommunications companies are increasingly focusing on wireless assets, said Jay Prag, professor of economics and finance at the Drucker School of Management at Claremont Graduate University.

For more information on Frontier Communications and what this change means, go to [www.meetfrontier.com](http://www.meetfrontier.com).



See something.  
Say something.

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The Sierra Madre City Council  
UNANIMOUSLY supports a  
YES on Measure UUT



Council Member  
John Harabedian



Mayor  
John Capoccia



Mayor Pro-Tem  
Gene Goss



Council Member  
Rachelle  
Arizmendi



Council Member  
Denise Delmar



YES on  
MEASURE UUT

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YES on  
MEASURE UUT

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is visiting.





## Weather Wise

6-Day Forecast Sierra Madre, Ca.

**WISTARIA FORECAST:**  
**SUNNY AND 70 Degrees**

<b>Sun:</b>	Sunny	Hi 80s	Lows 50s
<b>Mon:</b>	Rain	Hi 80s	Lows 40s
<b>Tues:</b>	Sunny	Hi 90s	Lows 50s
<b>Wed:</b>	Sunny	Hi 80s	Lows 50s
<b>Thur:</b>	Ptly Cldy	Hi 80s	Lows 50s
<b>Fri:</b>	Rain	Hi 80s	Lows 40s

*Forecasts courtesy of the National Weather Service*

### CITY OF SIERRA MADRE CALENDAR OF EVENTS

*Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135*

**NEXT REGULAR CITY COUNCIL MEETING:**  
**Tuesday, APRIL 26, 2016**  
**6:30 pm**

### 1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).



### SIERRA MADRE CITY MEETINGS

**Regular City Council Meeting**  
**Tuesday, APRIL 26, 2016,**  
**6:30 pm**

The final agenda and staff reports will be available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

#### Upcoming Public Meetings and Events

Monday, April 4, 2016, 3:00PM  
Senior Master Plan Committee Meeting

Thursday, April 7, 2016, 12:00PM  
Coordinating Council Meeting

Thursday, April 7, 2016, 3:00PM  
Senior Community Commission Meeting

Thursday, April 7, 2016, 7:00PM  
Planning Commission Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

### SIERRA MADRE COMMISSION AND BOARD VACANCIES

The City encourages its residents to apply for positions on City commissions and boards. This is a great opportunity for Sierra Madre residents to get involved in the community.

There are six commissioners or board members that will complete their terms on June 30, 2015; leaving vacancies. Applications for these commissions or boards are available at City Hall or on the City's website at [www.cityofsierramadre.com](http://www.cityofsierramadre.com). Completed applications should be submitted to the City Manager's Office at City Hall.

The following vacancies will be available on July 1, 2016:

- Community Services Commission – Two (2) Vacancies
- Community Services Commission – One (1) Youth Vacancy (Open to ages 13-17 only)
- Senior Community Commission – Two (2) Vacancies
- Library Board of Trustees – One (1) Vacancy



## What's the Name of the Game?

**Saturday, April 16<sup>th</sup>, 2016**

Doors open at 6:30 - Bingo starts at 7:30

# Legendary Bingo

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### 2016 HUCK FINN FISHING DERBY AND CAMPOUT

Sierra Madre, CA. – March 30, 2016 - Get ready to cast your lines at the annual Huck Finn Fishing Derby and Campout taking place this April. The weekend-long event gives youth and families an opportunity to enjoy a taste of the outdoors in a friendly environment close to home. The City of Sierra Madre Community Services Department will host the popular Huck Finn event at the City's holding basins. The action starts on Friday, April 8th with a campout complete with s'more roast and is followed by fishing events held April 9-10.

Campout – Friday, April 8

Campers will enjoy a night sleeping under the stars and have convenient access to the fishing grounds when the Derby begins at 7:00AM the next morning. Evening activities include campfire s'more roast, wilderness demonstrations and stargazing. Campsites are limited and available on a first come, first served basis. Advanced registration is required along with a registration fee of \$58. The fee includes campsite accommodation for up to six persons, Fishing Derby entry for up to four youths and re-entry to Saturday's Family Fishing event.

Fishing Derby – Saturday, April 9

The Fishing Derby runs from 7:00 – 11:30AM and is open to youth participants, ages 3-15. Anglers of all skill levels are welcome to participate. Experienced fishing guides will be on hand to provide assistance to participants new to the sport or those seeking to hone their skills. Food will also be available for purchase from the Sierra Madre Kiwanis Club. Derby registration is \$12 per individual. Event registration will only be accepted the morning of the event at the entrance located next to Dapper Field in Sierra Vista Park.

Family Fishing – Saturday, April 9 and Sunday, April 10

Open to youth and their families, Family Fishing runs from 12:30 – 4:00PM on Saturday and from 7:00AM – 4:00PM on Sunday. Fishing licenses are not required to participate. Registration is \$22 for a family of four or \$12 per individual. The entrance to the event is located next to Dapper Field in Sierra Vista Park.

The Huck Finn Fishing Derby and Campout is one of Sierra Madre's most popular events. Hosted by the City's Community Services Department, additional support for this year's event is made possible through donations from: the Issei Foundation, Sierra Madre Women's Club, Buccaneer Lounge, Sierra Madre Community Foundation, and Sierra Madre Civic Club.

Campsite registration for the Huck Finn Campout is open now. Please deliver applicable forms and fees in person to the Community Services Office (232 W. Sierra Madre Blvd.) between the hours of 7:30AM and 5:30PM, Monday through Thursday. For more information, please contact the Sierra Madre Community Services Department at 626-355-7135 or visit the City's website at: [www.cityofsierramadre.com](http://www.cityofsierramadre.com).

Don't forget to share your best photos from the event on Instagram using #HuckFinn2016 or tag us @cityofsierramadre!



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**Sierra Madre's "Fashionista" Alert**

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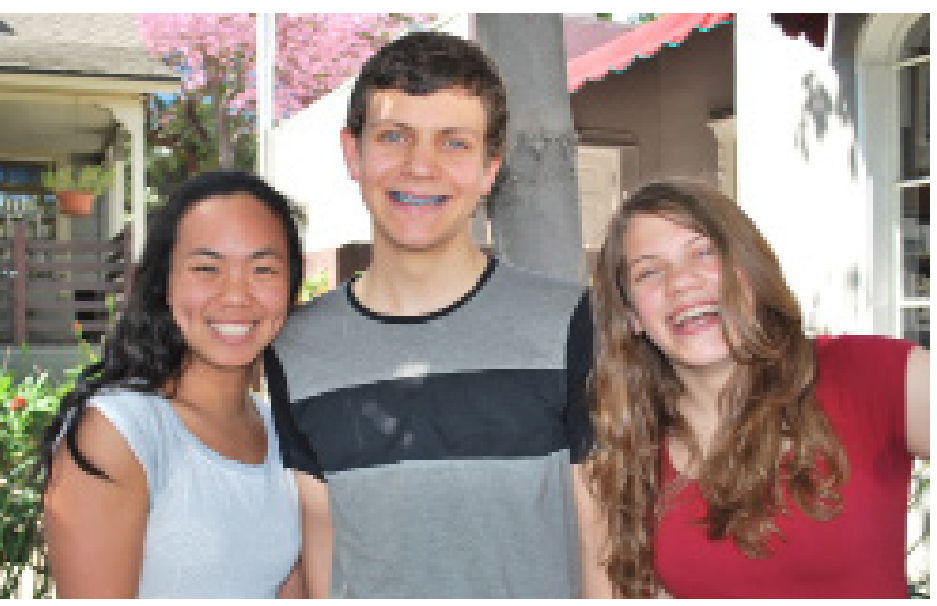
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## Walking Sierra Madre...The Social Side

by Deanne Davis



"When I started learning the cello, I fell in love with the instrument because it seemed like a voice – my voice." Mstislav Rostropovich

If you walked up or down Baldwin during the Wistaria Festival, you might have walked by Lunch Hair Salon. If you did, you encountered BravoCelli, playing their cellos on the lawn out in front. My walking buddy and fellow music aficionado, John, and I were stopped in our tracks by the lovely music emanating from the three cellos. BravoCelli describe themselves as "a group of three cellists from Sierra Madre with the desire to share their music with their community."

Here's the incredible part: Tatum, who is 14, Logan, who is 16, and Lauren, who has just turned 18, have a combined 31 years of experience in solo, ensemble, orchestral and improvisational music settings. Holy Yo-Yo Ma!

Every now and then it is my pleasure to meet an exceptional young person and write about them, their accomplishments, goals, hopes and dreams, but three at one time was beyond fabulous! Tatum and Logan are brother and sister, Lauren is a close friend. All three of these young people have been home-schooled via The Potter's School, a complete curriculum of on-line junior and senior high school courses taught through a biblical worldview. Live weekly classroom sessions have made it possible for Tatum, Logan and Lauren to have school buddies all over the nation...difficult to have coffee with them, but there's always the future!

Both mothers are music teachers, one teaches cello, the other piano and between them, they have tutored these exciting young people most of their lives. Logan and Tatum both began cello instruction at age three and Tatum started piano at six. Lauren plays what she refers to as "a menagerie of instruments" including cello, piano, ukulele, guitar, and she's a singer, too.

But wait, in addition to being musical prodigies, they are probably the most well-rounded young people you'll ever meet, should you have the good luck to meet them - and as they're looking for music gigs and are totally willing and able to play weddings, retirement homes, schools, parties, or any other type of social situation where music would be a good idea

– you very well may meet them! They are charming, funny, bright and the time we spent together was the highlight of my week.

Tatum is a soccer player and a runner; she's training for the Mt. Wilson Trail Race and will be running a marathon in So. Dakota this summer. She's considering service-based work for her future, in addition to music, theater, and possibly pre-med with obstetrics or oncology specialization. Tatum is looking at Maranatha for high school in the Fall.

Tatum's brother, Logan, is an aspiring mechanical engineer with an interest in robotics and computer interactions/programming. He's also an Eagle Scout, his service project being restoration work on hiking trails in Glendora. Tatum's and Logan's parents own a KOA campground in South Dakota so they have experienced winter and snow up close and personal. Being California natives, however, they like their snow best from a distance. Logan is looking at Olin College of Engineering in Massachusetts or George Fox University in Oregon. He's also a hiker, biker, swimmer and soccer player.

Lauren, in addition to being an amazingly talented musician, is also a competitive swimmer and has already received scholarship offers from Biola, Pepperdine and Santa Cruz. She's thinking of a career in biomedical engineering. And she cooks! And she's a backpacker who has spent a week hiking the John Muir Trail in the High Sierras. She emphatically states she is not a runner! Music will always be a major part of her life, no matter where she goes next.

See what I mean? Fantastic young people with great futures who will do wonders in our world, no matter what career they eventually pick. If you'd like to discuss a future engagement for BravoCelli, here is their contact: bravocellensemble@gmail.com

Spring is definitely here! The roses around town have never been more beautiful. Walk slowly so you don't miss any, and take a minute to really look and check for fragrance when you pass some by. Enjoy every flower you see, especially the masses of pink Hawthorne blossoms all over town.

Check out my book page on Amazon.com: DeanneDavis@Amazon.com. You might like my blog, too: www.authordeanne.com



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## SHARE SOME GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtnewsnews.com. It doesn't matter where you

were or when it happened. Share your good experiences in hope that it might bring a little joy and/ or inspire someone.

-Susan Henderson, Editor/Publisher MVNews



JUNE 20 - JULY 15

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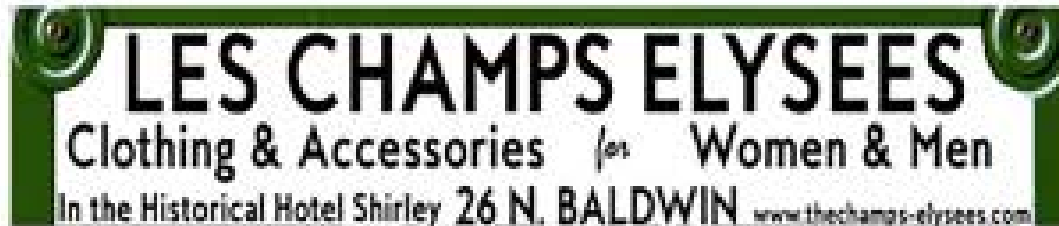
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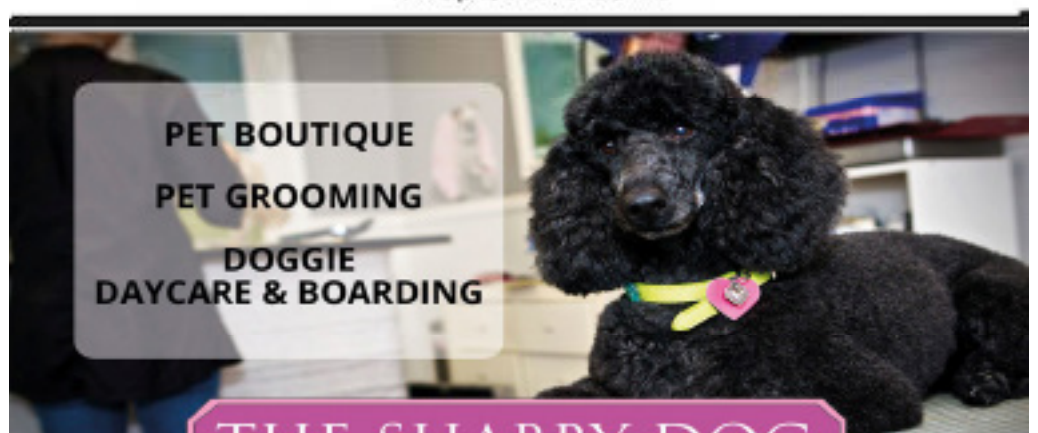
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BARRY GOLD FOR CITY COUNCIL IS A  
VOTE FOR PRESERVING SIERRA MADRE**

Barry Gold is one of the original supporters of the Preserve Sierra Madre coalition.

Over the last two years, no one has attended more Planning Commission and City Council Meetings and spoken up in support of preserving Sierra Madre than Barry Gold.

Barry supported \*The General Plan Update \*Building Code Changes  
\*Lower Maximum Allowable Floor Area \*Reduced CUP Thresholds  
\*The Demolition Moratorium

If elected to the city council Barry will be a strong and consistent advocate for continued historic preservation, stopping over-development, preventing mansionization, and protecting our open spaces.

Preservation is not the only issue Barry feels strongly about. He contributes to and supports the Library. Barry subscribes to the Paramedic program and donates to the Fire Department.

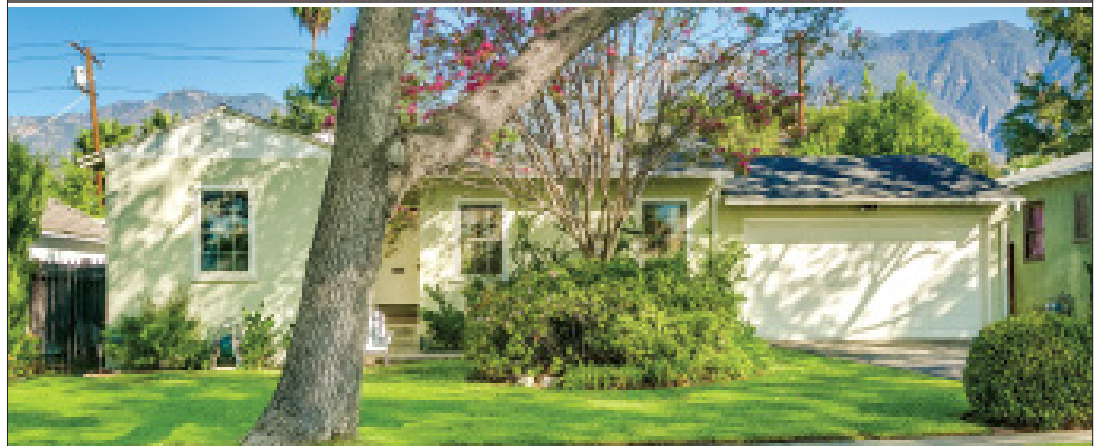
So that Barry can better protect Sierra Madre from inappropriate development please write in **BARRY GOLD** for City Council on your ballot April 12<sup>th</sup>

**A VOTE FOR BARRY GOLD IS A VOTE FOR PRESERVING SIERRA MADRE**

e-mail: [barrygold4citycouncil@gmail.com](mailto:barrygold4citycouncil@gmail.com) Cell: 213-804-1820

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## Pasadena News Briefs

*Roscoe's Chicken and Waffles Files for Bankruptcy*



The parent company, East Coast Foods Inc., of the wildly popular Roscoe's House of Chicken and Waffles revealed Tuesday the restaurant filed for Chapter 11 bankruptcy protection, in part, because of a \$3 million lawsuit awarded to a former employee.

Daniel Beasley sued the Roscoe's on Pico Boulevard for racial discrimination.

In addition to the lawsuit, the company has a number of large debts court documents show.

East Coast Foods has not commented on whether it would close any of the seven Roscoe's in southern California including the Pasadena location on North Lake Ave.

### **Suspect Steals Police Car, Crashes after Chase**

Police arrested a man after he allegedly stole a Pasadena police cruiser Monday night forcing another police vehicle to deliberately crash into the cruiser ending the chase. According to police, they received a 911 call of a man threatening customers at In-N-Out Burger on East Foothill Boulevard. Police found the man shortly before 10 p.m. a few blocks away. After hitting the officers vehicle with a medal object, he got into the car and led police on a 12 minutes chase that ended at Claremont Street and Lake Avenue. He faces a number of charges including grand theft auto and assault.

## Pet of the Week



Sam (A394438) is a one-year-old, male, agouti short haired rabbit. While this sweet guy can be a little bit shy at first, he should warm up to you with a little calm interaction. Sam enjoys munching on timothy hay, as well as having his ears and nose gently rubbed. He has already been neutered and is ready to go home with you today.

The regular rabbit adoption fee is \$30 which includes the spay or neuter surgery, microchip, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday-Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at [www.pasadenahumanesociety.org](http://www.pasadenahumanesociety.org).

## Two People Killed in Horrific Car Crash

By Dean Lee

Although not street racing related, police say a Ford Mustang was traveling in excess of 80 mph Wednesday morning when it hit an SUV and then a light pole, on the corner of Lake and Villa Street, splitting the car in half killing two of the four people in the car.

According to reports, an uncle and nephew were killed around 7 a.m. when the maroon 2003 Mustang they were in hit a Kia Sorrento SUV making a left turn.

The Coroner's Office identified the two people Thursday as the driver 23 year-old Reynold Chillel-Ramirez and His nephew, 17 year-old Adelfo Chillel-Lopez.

According to Pasadena Fire Department Spokeswoman Lisa Derderian Ramirez died from his injuries after being



*Photo courtesy of the Pasadena Police.*

rushed to a nearby hospital. Lopez died at the scene. Two other men, 22 and 27, were trapped in the back of the car before being freed from the wreckage by firefighters. She said both men were also rushed to a nearby hospital in serious condition.

The driver of the Kia, a 46 year-old woman, suffered minor injuries. Derderian said the crash was under investigation. Investigators are still interviewing

witnesses and looking for surveillance video to determine what happened. Anyone with information should call (626) 744-7159.

## The City to Host Rain Barrel Event

The city of Pasadena, along with the Metropolitan Water District, is set to hold a rain barrel distribution and rain harvesting class in which the public can get free rain barrels after a rebate.

Rain barrels are a cost effective way to capture rain water as it flows off your rooftops to allow for its reuse. Capturing rainwater for reuse in your garden also reduces storm water discharges. Water that normally would have run into the storm drains and out to the ocean, is now being redirected into a system that allows you to, if for irrigation, return it to the soil and recharge the groundwater.

The event will be held Saturday, April 9, with the Rain Barrel Distribution from 8 a.m. to 11 a.m. and a Free Rainwater Harvesting Class from 9 a.m. to 10 a.m. both will be held at the Lake Avenue Church 393 N. Lake Avenue.

Rain barrels must be purchased in advance by April 7 at [RainBarrelsIntl.com](http://RainBarrelsIntl.com). Under the "Events" tab, the City of Pasadena Rain barrel cost is \$85; but free after rebate. Rebates are offered by the Metropolitan Water District (limit one rebate submission per household up to 4 barrels maximum) visit [SoCalWaterSmart.com](http://SoCalWaterSmart.com) to apply for your rebate.

The Metropolitan Water District, in partnership with PWP, is offering a \$100 rebate for barrels 50 gallons or larger, which will make most barrels free! Limit of 4 rain barrels per household. Visit [SoCalWaterSmart.com](http://SoCalWaterSmart.com) to apply for your rebate.

## Special Pilates for Paws Class

Learn Pilates with your dog and benefit the Pasadena Humane Society! Pilates Pasadena is partnering with the Pasadena Humane Society to host a special Pilates for Paws class on Thursday, April 21 held in the PHS Behavior and Training Center.

Class starts at 6:00 p.m. at the Pasadena Humane Society Animal Care Center, 361 S. Raymond Ave. Pasadena, 91105. Click here for more information and to buy tickets. The cost of this class is \$10. All proceeds benefit PHS.

## Celebrating Beatrix Potter

This year marks the 150th birthday of beloved children's author, Beatrix Potter, creator of such classical characters as Peter Rabbit, Tom Kitten and many others. Discover more about Miss Potter and the magical world she created on Saturday, April 16, 10:30 a.m. at Pasadena Central Library's Donald Wright Auditorium, 285 E. Walnut St.

Join us as Dale Schafer, member of the Beatrix Potter Society presents "Beatrix Potter: Artist, Storyteller and Countrywoman." Enjoy stories from the Beatrix Potter collection and share favorite tales with other Beatrix Potter fans. Refreshments will be provided.

For more information, contact Angela Arzu at (626) 744-4044.

## Paula Madison Chosen as PCCs Graduation Speaker

Veteran media executive Paula Madison will address students, family, faculty, staff, and the community at Pasadena City College's 91st Commencement ceremony the school announced last week.

The ceremony is scheduled for Friday, May 6, at 7:00 p.m.

"We are so lucky to have an executive of Ms. Madison's caliber speak to our students at this year's Commencement ceremony," said Superintendent-President Rajen Vurdien, Ph.D. "Growing up in Harlem as the daughter of immigrant parents from Jamaica and China, Paula's life story is one that many of our students will find familiar. I'm sure her address will inspire and motivate our students as they transition beyond PCC. I very much look forward to welcoming her to our campus."

With more than 35 years' experience in broadcast journalism and media production, Madison has broken barriers throughout her career. In 2000, when she assumed the role of president and general manager of KNBC-TV in Los Angeles, she became the first African-American woman to lead a network-owned station in a top-five market. Named one of Ebony magazine's "Power 100" in 2013, she served as executive vice president and chief diversity officer of NBCUniversal from 2006 to 2011.

Madison was born in Harlem and attended Cardinal Spellman High School in the Bronx.

## Discussion: Pasadena Artists from 1940s-1980s

In celebration of the 100th anniversary of the Pasadena Garden Club, Jean Stern, executive director of the Irvine Museum, will discuss the works of major Pasadena artists from 1980-1940, with special emphasis on their floral and garden paintings on Thursday, April 7 from 7 to 9 p.m. at Pasadena Central Library's Donald Wright Auditorium, 285 E. Walnut St.

Featured artists include Franz A. Bischoff (1864-1929), Benjamin C. Brown (1865-1942), Alton S. Clark (1876-1949), John Frost (1890-1937), William Lees Judson (1842-1928), Jean Mannheim (1862-1945), Guy Rose (1867-1925), Jesse Botke (1883-1971) and Paul de Longpre (1855-1911). A question and answer session will follow the presentation.

A recognized authority on California Impressionism, Art Historian Jean Stern has extensive experience in the field as an author, curator, lecturer, and teacher. He has been the executive director of the Irvine Museum since its inception in January, 1993, and has established a national presence for the Irvine Museum in the fields of California Art and History through a noteworthy



She spent the early part of her career as a newspaper reporter in New York and Texas before returning to New York City as assistant news director at WNBC, eventually becoming that station's vice president and news director.

Madison serves on the boards of the Maynard Institute for Journalism Education and the Greater Los Angeles United Way, and is a past chairman of the California Science Center Foundation, vice chair of National Medical Fellowships, the Maynard Institute for Journalism Education, Cardinal Spellman High School, and chair of The Nell Williams Family Foundation. Among her many awards are the First Amendment Service Award from the Radio and Television News Directors Foundation. She earned her bachelor's degree from Vassar College.

international series of books, exhibitions, lectures, articles and video documentaries.

Mr. Stern is the author of numerous books and articles on California Impressionism, including monographs on important artists such as Franz A. Bischoff, Alton S. Clark, Sam Hyde Harris and Elsie Palmer Payne. In 2001, he and Joan Irvine Smith researched and co-authored California, This Golden Land of Promise, published by Chapman University Press and the Irvine Museum.

He has written essays for numerous books and museum exhibition catalogues. In addition, he has been a contributor to several books on California art including all three Plein Air Painters of California series of books; Guy Rose: American Impressionist; Enchanted Isle: A History of Painting on Santa Catalina Island; and Franz A. Bischoff: The Life and Art of an American Master (2010). His latest book, California Light: One Hundred Years of the California Art Club (co-authored with Molly Siple) was published in 2011.

For more information, contact Christine Reeder at (626) 744-7076

## Free April Events at the Pasadena Senior Center

There is something for everyone in April at the Pasadena Senior Center, 85 E. Holly St. All events listed are free and are presented at the Holly Street location unless otherwise indicated. You do not have to be a member to attend. Some events require advance reservations as noted.

**Chess Lessons - Fridays, April 8 to 29, from 3 to 5 p.m.** Harrison Chen, a Flintridge Prep student, will teach seniors how to play chess with others. Anyone can learn in a few lessons and it's a great way to challenge your mind. Meet others who are just learning; if you already know how to play chess, come seek out a partner!

**Cardmaking Workshop - Monday, April 4, from noon to 2 p.m.** Surprise a special someone with a personalized, handmade greeting card. Whether it's a happy birthday, happy holidays, thank you, thinking of you or other sentiment, you'll create a decorative card in your own unique style and have fun discovering your creativity while workshop leaders help you bring your ideas to life. All materials will be provided.

**Stay Connected with Social Media - Tuesdays and Thursdays, April 5 to 28, from 9 to 11 a.m.** Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social

media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

**Smart Phones, Tablets and Computers - Any Questions? - Tuesdays and Thursdays, April 5 to 28, from 10 to 11 a.m.** Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

**Caregiver Education and Support Groups - Wednesdays, April 6 and 20, from 1 to 2:30 p.m.** Caregivers who could use information and support from others in similar situations are welcome to attend. Provided by the USC Davis School of Gerontology Family Caregiver Support Center.

**How to Talk to Your Doctor - Thursday, April 7, at 10 a.m.** Learn how to prepare before you see your doctor to make sure you get the most out of your appointment, including questions about symptoms and medications, what to bring with you and other tips. Presented by AGA Medicare Options.



# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## THE LIFE AND TIMES OF TONY ANTISTA

Going, going, going soon! If you haven't already seen the temporary exhibit at the Gilb Museum of Arcadia Heritage featuring Tony Antista, be sure and stop by soon. Mr. Antista wrote the Arcadia High School Fight Song. He also owned the local music store on Huntington Drive. Step back into local history and learn more about this interesting individual and his contributions to the community. This exhibit is only up through April 2, 2016.

For more information, please call 626.574.5440 or visit the website at <http://ArcadiaCa.gov/Museum>. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from

10:00 a.m. to 4:00 p.m. (closed 12-1). Admission is always free.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

## THE WILD WEST IS COMING ALIVE AT THE MUSEUM!

Watch a real demonstration on blacksmithing when historian James Bowden brings his real smithy to the Arcadia Museum Education Center for a live, educational experience.

A fun outing for the whole family on Saturday, April 9, 2016 from 10:00 a.m. until noon. After the demonstration, stroll over to the Gilb Museum of Arcadia Heritage and see the many exhibits about Arcadia history.

For more information, please call 626.574.5440 or visit the website at <http://ArcadiaCa.gov/Museum>. The Museum Education Center is located at 382 W. Huntington Drive. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open

Tuesday through Saturday from 10:00 a.m. to 4:00 p.m. (closed 12-1). Admission is always free.

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## WANT TO LEARN HOW TO PRESERVE YOUR FAMILY TREASURES? ASK THE CURATOR

On Saturday, April 16, 2016 between 2:30 p.m. and 3:30 p.m., come to the Museum Education Center and bring your old photograph, document, book, quilt or any personal artifact from home. The Curator will provide helpful advice on preserving your personal memorabilia. (One artifact per person, per month). Please note that the Curator is not able to give appraisals. This is a free, drop-in program. No advance reservations needed.

While at the Gilb Museum of Arcadia Heritage, visit the new temporary exhibit Fonk Sa Thioossân: Cherish Your Culture, The Artwork of Djibril N'Doye. Born in Bargny, Senegal, self-taught, local artist Djibril N'Doye is internationally recognized with artwork in galleries, universities, homes, and businesses throughout West Africa, the USA, Mexico, Cuba, Western Europe, and Japan. He has received numerous awards in recognition of his talent

as an artist. Djibril N'Doye considers his work to be "universal" art, and his style of drawing is inspired by sculptures in ebony. Processing images of different pieces of the dark hardwood, he is able to create the effect of transparency in his art. The drawings portray a variety of scenes from daily life based on his native West Africa. This temporary exhibit will be up through May 21, 2016.

For more information about the Ask the Curator series or the exhibits, please call 626.574.5440 or visit the website at <http://www.arcadiaca.gov/museum>. The Museum Education Center is located at 382 W. Huntington Drive. The Gilb Museum of Arcadia Heritage is located at 380 W. Huntington Drive, immediately behind the Community Center. The Museum is open Tuesday through Saturday from 10:00 a.m. to 4:00 p.m. (closed 12-1). Admission is always free.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## PRO ATHLETES TEACH FOOTBALL TO DUARTE YOUTH AT FREE CAMP

(Duarte, CA) – On March 26, 2016, the football field at Duarte High School was packed with football players of all ages, learning lessons and gaining motivation from a handful of the school's most successful former athletes.

It was billed as the community's first Pro Day Football Camp for youngsters from the Duarte area and 184 youths, ages 5 through 17, participated under the lights that Saturday night, March 26.

"The motivation was to get all the talented people from the community, those who have been somewhat successful in sports, to come back and help the kids understand what it takes to succeed not only in sports, but in life," said London Lee, a former Duarte Falcon who coordinated the camp along with Duarte USD Board President Ken Bell and Theresa Barnes of the Duarte Junior Falcons football program.

Lee, now a youth coach who played at Bakersfield City College and La Verne University after leaving Duarte, reached out to current NFL players Michael Harris (Minnesota Vikings, UCLA) and Eric Rogers (San Francisco 49ers, CFL, Cal Lutheran), and current Stanford strength coach Darius Reece.

"The first thing we did was to see if these successful pro athletes and coach would be able to come back to the community to share their experiences, and they were very positive about the project," said Lee. "That helped make this a major success."

In addition to Lee, Rogers, Reece and Harris, a group of former players at Duarte High School came back to help staff the 3-hour camp, which consisted of four major stations: Offensive and Defensive Linemen; Skills

for wide receivers and defensive backs; tackling for all positions, and footwork for all technique and speed.

Every participant rotated through all four stations. Lee explained, "We kept it moving, rarely stopping, which helped show the youngsters how fast-paced things are at a higher level. You have to continue and keep playing, even when you are tired if you want to compete. That was the message that Eric, Darius and Michael were sharing with the kids."

The camp format included higher level skills and competitive events for the older kids, as well as a chance to find the fun aspects in football for those at the lower range of the age spectrum.

"This was a chance for the young people of the community to see up-close and personal the work ethic and the dedication that helped these athletes succeed," said Lee.

Among the 184 attendees were a few aspiring female football players, and one asked Harris this question: "Do you think there will ever be female players in the NFL?" Harris had this response: "You could be the first one, if you work hard and want it enough."

Considering the NFL's current push towards gender diversity in coaching, officiating and front office positions, Harris' response could be prophetic.

Although just a few days had passed since the camp, Lee said that the organizers (himself, Bell and Barnes) definitely hope to continue to grow the camp for the future.

"Anything you're going to do to help the community has to start with the youth," he said.

## NEW FIRE DEPARTMENT EQUIPMENT ARRIVES, INCLUDING FIRE ENGINES, A COMMAND VEHICLE, AND SELF-CONTAINED BREATHING APPARATUS

Last week, the Fire Department received several pieces of brand new equipment which will soon be put in service to better serve the community. The largest and most complex pieces of equipment that arrived were two new fire engines that were delivered to Fire Station 102 for in-service training. These engines were manufactured by Kovatch Mobile Equipment (KME) and represent the first KME fire engines that have ever been acquired by Monrovia. Numerous local municipalities have used KEMPs for years, and the apparatus were extremely well designed and constructed. All of the City's Fire Engineers were provided detailed training on the new Fire Engines, and over the next few weeks, all of the final configurations for the equipment will be completed.

In addition to the new fire engines, a new 2016 Dodge Ram 2500 outfitted as a Fire Department Command Vehicle was also delivered to the Fire Department. The new command vehicle is still being outfitted with equipment and decals, and should be put in service within the next several

weeks. This updated command vehicle will be replacing a twelve year old SUV, and the new version includes dramatic improvements that provide different operational configurations to address various incidents depending on the size and complexity of individual situations.

Finally, the Fire Department also received brand new self-contained breathing apparatus (SCBAs). The new SCBA's will replace all of the City's existing Sperian SCBAs, which were deployed in Monrovia several years ago as part of a beta testing and evaluation process. Unfortunately, the Sperian SCBAs routinely experienced electronic glitches and other operational issues, and given those problems, all of our SCBAs are being replaced by Honeywell (which purchased Sperian a few years ago) at no cost to the City. All of our firefighters will be undergoing training during the next few weeks to familiarize our team with operating the new SCBAs, and once training is completed, the new equipment will be placed on all of the City's firefighting apparatus.

thank the volunteers. The day will conclude with lunch, and participation in both an art and craft activities including tie-dyeing their "Earth Day" t-shirts!

For more information, or to volunteer, call Duarte City Hall, (626) 357-7931, ext. 221.

About the City of Duarte

The City of Duarte was incorporated on August 22, 1957. With integrity and transparency, the City provides exemplary public services in a caring and fiscally responsible manner with a commitment to our community's future. For more information visit [www.accessduarte.com](http://www.accessduarte.com) or call (626) 357-7931. Follow the City of Duarte on Facebook at [facebook.com/duartecommunity](https://www.facebook.com/duartecommunity); Twitter @CityofDuarte; Instagram @city\_of\_duarte and LinkedIn.

## ARCADIA POLICE BLOTTER

*For the period of Sunday, March 20th, through Saturday, March 26th, the Police Department responded to 927 calls for service of which 141 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.*Sunday, March 20:

1. Just after 9:49 a.m., an officer responded to a residence in the 000 block of Hacienda Drive regarding a vandalism report. An investigation revealed an unknown suspect smashed the driver's side window and fled undetected. No loss was reported and no witnesses were located.

2. Around 4:16 p.m., an officer responded to the Santa Anita Race Track, 285 West Huntington Drive, regarding an intoxicated subject. Upon contacting the 29-year-old male from Covina, the officer detected a strong odor of alcohol emitting from his breath and body. The officer determined he was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

3. At about 1:56 p.m., an officer responded to Foothill's Middle School, 171 East Sycamore Avenue, regarding a possible child abuse report. The officer discovered the juvenile victim had a bruised cheek from being hit with a closed fist by his father. The 44-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

4. At approximately 10:51 p.m., an officer responded to Souplantation, 301 East Huntington Drive, regarding an auto burglary report. An investigation revealed an unknown suspect used a blunt tool to smash the rear passenger window before stealing the victim's iPads, Apple watch, and medical foot bone model. The investigation is ongoing.

5. Around 11:19 a.m., an officer responded to Burlington Coat Factory, 1201 South Baldwin Avenue, regarding a theft report. A witness reported seeing two suspects conceal numerous items of merchandise in their purses before exiting the store, failing to make payment. Both of the suspects are described as black females in their early 30's, and approximately 5'6" to 5'8". The suspects fled in a silver Mazda sedan. The investigation is ongoing.

6. Just after 10:13 p.m., officers responded to the 800 block of West Duarte regarding an unknown trouble call. Upon contacting the reporting party, an involved male walked away from officers, ignoring several demands to stop. The suspect then fled from officers on foot. The 25-year-old male from Arcadia was eventually located and a records check revealed he had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.

7. Shortly after 11:23 a.m., an officer responded to Arcadia Methodist Hospital, 300 West Huntington Drive, regarding a fraud report. An investigation revealed the victim's credit card information was stolen while attempting to pay his co-pay. The investigation is ongoing.

8. At about 9:13 p.m., officers responded to the intersection of Holly Avenue and Longden Avenue

regarding a traffic collision with an unknown amount of injuries. Officers located the driver of the sole vehicle and noticed signs of drug use. During a search of the vehicle, officers located a glass smoking pipe and a glass jar with marijuana residue. The 23-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Thursday, March 24:

9. At approximately 5:10 a.m., officers responded to the 200 block of East Camino Real Avenue regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed two suspects had the stolen package, property, tracking device, as well as methamphetamine and additional stolen property in their vehicle. A 19-year-old female and a 26-year-old female, both from Canoga Park, were arrested and transported to the Arcadia City Jail for booking.

10. Just after 10:09 p.m., an officer initiated consensual contact with a subject standing near the area of Foothill Boulevard and Santa Anita Avenue. During a consensual search of his person, the officer discovered the suspect was in possession of drug paraphernalia. A 19-year-old male from Van Nuys was arrested and transported to the Arcadia City Jail for booking.

11. At about 2:19 p.m., an officer responded to Albertson's, 298 East Live Oak Avenue, regarding a petty theft report. An employee witnessed the suspect conceal two bottles of alcohol before exiting the store, failing to make payment. The 29-year-old male from Santa Clarita was arrested and transported to the Arcadia City Jail for booking.

12. At approximately 8:55 p.m., officers responded to the 200 block of Monte Place regarding suspicious circumstances. A resident came home to find an unknown male next to a vehicle in his driveway. An investigation revealed a burglary had occurred at the residence. Officers located the vehicle being driven by the suspect who failed to yield. A pursuit ensued, traveled to the vicinity of LAX, where the 32-year-old male from Paramount was ultimately arrested and transported to the Arcadia City Jail for booking.

Saturday, March 26:

13. Just after 3:31 p.m., an officer responded to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a petty theft report. A loss prevention specialist witnessed the suspect conceal items in a shopping bag before leaving the store, failing to make payment. The 29-year-old male from La Puente was arrested and transported to the Arcadia City Jail for booking.

14. At about 11:57 p.m., officers responded to the 1000 block of East Camino Real Avenue regarding an activation of an Arcadia Police Department GPS tracker. An investigation revealed an 18-year-old male and a 19-year-old female, both from Arcadia, had removed the stolen property (and tracking device) from the package, placed the property in a bag and fled the scene on a bicycle. Both suspects were arrested and transported to the Arcadia City Jail for booking.

## MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

**Grand Theft Auto Recovered / Possession of Drug Paraphernalia** – Suspects Arrested March 24 at 1:06 p.m., an officer observed a vehicle that appeared suspicious. It was driving slowly in the 200 block of W. Colorado and making unusual turns. The driver eventually stopped abruptly and motioned to the officer to pass. The officer pulled in behind the vehicle and ran a license plate check, which revealed the vehicle had been reported stolen out of West Covina and had been used in a carjacking. There were three occupants in the vehicle; a male and female were taken into custody and a third female subject fled, but was not located. Drug paraphernalia was found on the male driver of the vehicle. The two suspects were arrested. The male suspect was later released to the West Covina Police Department on the grand theft auto charges.

**Domestic Violence** March 25 at 2:41 p.m., police responded to the 100 block of N. Fifth regarding a domestic violence incident. A male and female that have been living together for 11 years were involved in an argument. During the argument, the male subject punched the female subject in the head and then pushed and shoved her, causing visible injuries. The male subject fled the area prior to police arrival. An Emergency Protective Order was obtained. The investigation is continuing.

**Traffic Offense / Speed Contest** – Suspect Arrested March 25 at 6:23 p.m., an officer observed two vehicles that were racing each other on Huntington Drive. The officer was able to stop one of the vehicles. He contacted the driver, who admitted to racing the other vehicle. A police helicopter searched for the second vehicle, but it was not located. The suspect that was detained was arrested and later released on a citation to appear in court on the charges.

**Injury Traffic Collision** – Vehicle Versus Pedestrian March 25 at 9:16 p.m., officers were dispatched to Mayflower and Evergreen regarding a pedestrian who was struck by a vehicle. Investigation revealed the pedestrian was walking south on Mayflower in a marked crosswalk at Evergreen. A vehicle was traveling south on Mayflower and made a left turn onto Evergreen. The driver did not see the pedestrian in the crosswalk and struck him. The victim landed on the hood of the vehicle, rolled off and struck his head on the pavement. He was taken to a hospital with serious head trauma. The victim was later listed in stable condition and is expected to survive his injuries.

**Driving Under the Influence** – Suspect Arrested March 26 at 2:14 a.m., an officer observed a vehicle commit a vehicle code violation traveling north on Peck at Live Oak. The officer conducted a traffic stop and contacted the driver. After further investigation, the officer determined the driver was driving under the influence of alcohol. The suspect was arrested, held for a sobering period and later released with a citation to appear in court.

**Driving Under the Influence** – Suspect Arrested March 26 at 2:18 a.m., an officer observed a vehicle traveling at a high rate of speed and conducted a traffic stop on Mountain at Central. Investigation revealed the driver was driving under the influence of alcohol. The suspect was arrested, held for a sobering period and later released with a citation to appear in court.

**Traffic Collision / Felony Driving Under Influence** – Suspect Arrested March 26 at 2:58 a.m., officers were dispatched to the intersection of Huntington and Ivy regarding a solo vehicle traffic collision. The investigation revealed the driver was driving under the influence of alcohol, lost control of his vehicle and struck the curb in the intersection. A passenger in the suspect's vehicle was injured during the collision and was taken to the hospital for treatment. The suspect was arrested for felony DUI and held pending his court appearance.

**Domestic Violence** – Suspect Arrested March 26 at 10:37 a.m., an officer responded to the 200 block of W. Cherry regarding a domestic dispute. When officers arrived, the female victim told them she was involved in an argument with her boyfriend. She reported that he choked her, hit her and threw keys at her, causing visible injuries. The suspect was still at the location and was uncooperative. The suspect was arrested for domestic violence and taken into custody.



## GRANTS GO TO TWO TEMPLE CITY TEACHERS



Temple City H. S. CalRTA #71 Grant Chairperson Patti Hahn (l) awarded a classroom grant to Temple City H. S. art teacher Sue Hook.

Photo Credit: Carol Dennis

They have been in the classroom themselves, so they know the needs of today's teachers.

"They" is retired teachers. Retired teachers never stop caring about education. For that reason, the local division of California Retired Teachers' Association #71 (CalRTA-SGV) has projects aimed at helping local classroom teachers. The ongoing effort of this vital, active group is their grant-giving to teachers for materials or equipment that enhance students' learning.

Two teachers from Temple City schools in the San Gabriel Valley have received classroom grants. Temple City High School art teacher Sue Hook has received a grant. Mary Jo Fosselman King is Temple City High School's principal. At Oak Ave. Intermediate



Oak Ave. Int. School (TC) Patti Hahn, CalRTA #71 Grant Chairperson (r), presented P. E. teacher Chris Branson at Oak Ave. Int. School with a classroom grant.

Photo Credit: Carol Dennis

School, Chris Branson, P. E. teacher, was also a grant recipient. Oak Ave.'s principal is Lawton Gray. Chair Patti Hahn and other CalRTA #71 members made the presentations at both schools.

More classroom grants to other schools will be awarded later. CalRTA #71 has allocated an annual amount for school grants as a means of helping teachers to meet their classroom needs and also as a way of acquainting future retirees with the organization. Membership in CalRTA is open to all retired teachers, as well as to active teachers and to any others interested in joining.

For more information, please contact Marietta Watkins at (323) 258-9615 or Patricia Dietrich at (626) 446-8437.

## REP. SCHIFF ANNOUNCES ANNUAL 2016 STUDENT ART COMPETITION WITH ONLINE VOTING FOR "PEOPLE'S CHOICE" WINNER

Burbank, CA – Today, Rep. Adam Schiff (D-Burbank) announced that he will host the annual Congressional Art Competition Forum & Exhibit for the 28th District, featuring students' artwork from the 28th Congressional District, on Sunday, April 10, 2016. The Congressional Art Competition receives submissions from all across the country. The winner from each Congressional District has their work displayed in the U.S. Capitol for one year. This year, 53 students from 22 schools located in the 28th District participated in the competition.

In addition, for the last several years, Rep. Schiff hosts a "People's Choice" award, which will be decided through an online vote. [To vote for the "People's Choice," constituents should go to Rep. Schiff's website under Art Competition.](#) Voting will be open Monday, March 28 through Wednesday, April 6, 2016.

"I am continually blown away by the talent and creativity displayed in the artwork that is submitted from students around the District each year, and this year is no exception," said Schiff. "I look forward to seeing all of these incredible entries in person and welcoming artists and their families to celebrate their accomplishments. I am equally excited to see who our community members choose as their own 'People's Choice' pick – so don't forget to visit my website and vote!"

The Congressional Art Competition began in 1982

to provide the opportunity for Members of Congress to encourage and recognize the artistic talents of their young constituents. Since then, hundreds of thousands of high school students have participated in the nationwide competition.

The first place winner's artwork will hang in the U.S. Capitol for one year, the piece awarded second place will hang in the Congressman's Washington, D.C. Office for one year, the piece awarded third place will hang in his Burbank District Office for one year and the "People's Choice" winner's artwork will be displayed in Rep. Schiff's Hollywood District Office.

The winners of the contest will be announced at the 28th Congressional Art Competition Forum & Exhibit on Sunday, April 10, 2016. All student participants will receive a Congressional Certificate of Recognition. The exhibit will be held at Descanso Gardens in La Cañada Flintridge at Van de Kamp Hall located at 1418 Descanso Drive, La Cañada Flintridge, CA 91011. Parking and admission to Van de Kamp Hall are free. Exhibit viewing will begin at 1:00 pm and the Forum and Awards Presentation will take place at 3:00 pm. Light refreshments will be served.

To RSVP, please contact Teresa Lamb Simpson in Rep. Schiff's Burbank District Office at (818) 450-2900 or (323) 315-5555.

## MARANATHA HIGH SCHOOL BOARD OF TRUSTEES ANNOUNCES NEW HEAD OF SCHOOL

The Board Trustees of Maranatha High School is pleased to announce that Dr. Steven Sherman has accepted an offer to become the next Head of School, beginning in the 2016-2017 school year. Dr. Sherman has spent over thirty years as a high school administrator, teacher, and coach. The last several years, Dr. Sherman has served as the Head of the Upper School for Rancho Solano Preparatory School in Scottsdale, Arizona. Dr. Sherman received his Master's and Educational Doctorate degrees from Azusa Pacific University. He will begin his duties June 15, 2016.



Board Chair Mike Bollenbacher remarked, "We are thankful that God has called Steve to Maranatha, and we believe he is uniquely qualified to lead Maranatha at this time. He is a man of deep Biblical

Maranatha High School's new Head of School, Dr. Steven Sherman.

faith and a proven educational leader with exceptional experience, personal qualities, and a passion for high-quality evangelical Christian education."

Celebrating its 50th Anniversary last year, Maranatha High School was founded in 1965 to establish a college preparatory high school predicated upon biblical principles and an uncompromising commitment to Jesus Christ. Maranatha encourages each student to develop an informed and personal faith in Jesus Christ. Students enjoy opportunities to participate in the fine arts, many athletic teams, as well as extensive AP courses. MHS graduates attend many high level colleges after graduation, including UCs, public institutions, and Christian colleges. For more information on Maranatha High School, visit [www.maranathahighschool.org](http://www.maranathahighschool.org) or call (626) 817-4074.

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## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
Phone: (626) 821-8370, Principal: Brent Forsee  
[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Principal: Dr. William Walner  
website: [www.bcsllions.org](http://www.bcsllions.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
Phone: 626-286-3108 ext. 172  
FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

Foothill Oaks Academy  
822 Bradbourne Ave., Duarte, CA 91010  
(626) 301-9809  
Co-Principals Nancy Lopez and Diane Kieffaber  
[info@foothilloaksacademy.org](mailto:info@foothilloaksacademy.org)  
[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410 Head of School: Patty Patano  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Gilbert Barraza  
website: <http://phs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave, Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)  
arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviashools.net](http://www.monroviashools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
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## Contact

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[info@rootsforwellnesscenter.com](mailto:info@rootsforwellnesscenter.com)

Anthony Rodriguez (818) 442-1717  
[anthony@manosdeluzenergyhealing.com](mailto:anthony@manosdeluzenergyhealing.com)

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has many fruits many of which include emotional balance, improved physical health and a strong spiritual connection. There are studies out that connect meditation to positive changes in our brain function.

It's never too late to start a meditation practice or begin again or re-up your current practice. Things get in the way and life happens. What's important is that we go back to the practice. New or not new, don't make it complicated. As Yogarupa Rod Stryker says, 10 minutes a day is better than 1 hour once a week. It's the consistency that's going to pay off and help us in our daily life each day.

Always make sure to find a comfortable seat for meditation. There's nothing like having your leg fall asleep or having an uncomfortable hip bothering you while you're trying to be still. The seated position should

allow the spine to be tall with the natural curve in the lower back. If seated on the floor is uncomfortable, sit in a chair or against a wall. Set aside enough time to sit for meditation and make sure you have a space where you won't fear interruption or distraction. Meditation is usually best in the morning just after waking up. If you can avoid looking at your phone or other electronic device, please do. It's best to have all of your focus and awareness moving toward an internal point of view. Once there, begin to breathe and relax the body. If you use a guided meditation to begin, that's ok for a while. Eventually, you'll want to move into just sitting while maintaining breath, internal awareness and visualization.

Happy Meditating! Again, don't make it complex, even if your head is busy, you are still meditating. Learning to focus is part of the process.

Namaste,  
Keely Totten

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## STUDY: ACUPUNCTURE HELPS WITH CANCER FATIGUE

Acupuncture can zap the fatigue from breast cancer patients, according to a new study published in the Journal of Clinical Oncology.

The study published in October has been highlighted by many media outlets for showing promising results for women suffering with the chronic fatigue that comes with breast cancer and treatments. As many as 40 percent of breast cancer patients experience significant fatigue from moderate to severe during and after their cancer treatments.

In the published study, the authors focused on more than 300 women with breast cancer who were being cared for as outpatients at one of nine health care facilities across the United Kingdom.

At the time of the study, participants had been diagnosed with either stage 1, 2 or 3 breast cancer, and all had been experiencing at least moderate levels of fatigue for an average of 18 months. Most were white, and their average age was 53.

For a six-week period, all patients continued to receive the same care they had been receiving before the study, and all were additionally given

an information booklet that tackled the issue of fatigue management.

However, more than 200 of the patients also were randomly chosen to undergo weekly 20-minute acupuncture sessions that involved needle placement at three different entry points. By the end of the six-week period, those who had received acupuncture appeared to fare better on every measure of fatigue that the team assessed.

Specifically, those in the acupuncture group reported feeling notably better than the "usual-care" group in terms of overall fatigue, physical and mental fatigue, anxiety and depression levels, functional well-being, emotional well-being, social functioning, and overall quality of life.

Although the study found an association between acupuncture and reduced fatigue in breast cancer patients, it did not prove a cause-and-effect relationship.

For more information about this study visit [www.acupuncturedaily.com](http://www.acupuncturedaily.com).

References : <http://www.acupuncturedaily.com/mpacms/at/article.php?id=32698>

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**Urological:** Urinary Tract Infection(UTI), urinary frequency.  
**Dental:** Toothache, TMJ dysfunction.  
**Harmony:** Increase energy, strengthen immune system.  
**Neurological:** Headache, migraine, vertigo, stroke residuals.

(Hannah) SunYoung Min, L.A.C.  
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## BOOSTER SHOTS RECOMMENDED FOR SENIORS

Dear Savvy Senior,  
I just turned 65 and would like to find out what types of vaccinations are recommended to Medicare beneficiaries, and how they are covered.  
Health Conscious

Dear Conscious,  
Most people think that vaccinations are just for kids, but adults, especially seniors who tend to have weaker immune systems, need their shots too. Here's a rundown of what vaccines the Centers for Disease Control and Prevention (CDC) recommend for seniors 65 and older, and how they're covered by Medicare.

**Flu (Influenza):** While you probably already know that flu shots are recommended every fall to all seniors, you may not know that those over 65 also have the option of getting a high-dose flu vaccine instead of a regular flu shot. This vaccine – known as the Fluzone High-Dose – has four times the amount of antigen as a regular flu shot does, which creates a stronger immune response for better protection. All annual flu shots are covered under Medicare Part B.

**Td/Tdap (tetanus, diphtheria, pertussis):** A one-time dose of the Tdap vaccine, which covers tetanus, diphtheria and pertussis (whooping cough) is recommended to all adults. If you've already had a Tdap shot, you should return to getting a tetanus-diphtheria (Td) booster shot every 10 years. All Medicare Part D prescription drug plans cover these vaccinations.

**Pneumococcal:** This vaccine protects against pneumonia, which kills about 50,000 Americans each year. It's now recommended that all seniors, 65 or older, get two separate vaccines – Prevnar 13 and Pneumovax 23 – at different times. Medicare Part B covers both shots if they are taken at least 11 months apart.

**Shingles (zoster):** Caused by the same virus that causes chicken pox, shingles is a painful, blistering skin rash that affects more than 1 million Americans each year. All people over age 60 should get the Zostavax vaccine, even if they've had shingles before. All Medicare Part D prescription drug plans cover this one-time vaccination, but coverage amounts and reimbursement rules vary depending on where the shot is given. Check your plan.

**Varicella (chickenpox):** If you've never had the chicken pox, this two-dose vaccine (called Varivax) is recommended to adults, and is also covered by Medicare Part D plans.



**Hepatitis A:** This is a two-dose series of shots recommended to adults that have chronic liver disease, a clotting-factor disorder, have same-sex male partners, illicit injectable drug use, or who have close contact with a hepatitis A-infected individual or who travel to areas with a high incidence of hepatitis A. These shots are covered by Medicare Part D drug plans.

**Hepatitis B:** This three-dose series is recommended to adults who are on dialysis, have renal disease or liver disease, are sexually active with more than one partner, have a sexually transmitted disease or HIV. These vaccinations are covered under Medicare Part B.

**Meningococcal:** Adults 56 and older, who have had their spleen removed, have certain blood deficiencies or plan to travel to parts of the world where meningitis is common, should receive the meningococcal polysaccharide vaccine. This is covered by Medicare Part D.

To help you get a handle on which vaccines are appropriate for you, take the CDC's What Vaccines Do You Need? quiz at [www2.cdc.gov/nip/adultimmsched](http://www2.cdc.gov/nip/adultimmsched). Also, talk to your doctor during your next visit about what vaccinations you should get.

If you can't remember which vaccines you've already had, check with your past doctors to see if they have any records, or contact your state's health department. Some agencies have vaccination registries (see [vaccineinformation.org/state-immunization-programs](http://vaccineinformation.org/state-immunization-programs)) that may help you.

If you can't locate your records, your doctor can give you blood tests to see if you're immune to certain vaccine-preventable diseases. Or, they may just give you the shot. It's safe to repeat vaccines, according to the CDC.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit [SavvySenior.org](http://SavvySenior.org). Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

## SENIOR HAPPENINGS



### HAPPY BIRTHDAY! ...April Birthdays

Howard Rubin, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandeveld

\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



### ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

#### YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

**Tech Talk:** Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

**Free Blood Pressure Testing:** 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

**Brain Games:** Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

**Free Legal Consultation:** Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

**Balance Class:** No Balance Class due to Martin Luther King Holiday.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Case Management:** Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

**Birthday Celebrations:** Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

**Senior Club:** Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

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Please RSVP via email to [SScurba@KensingtonSL.com](mailto:SScurba@KensingtonSL.com) or by calling 626-355-5700



Rebecca  
Pfeifer, MT-BC

Music is a powerful way to communicate, share emotion and boost brain activity for those coping with Alzheimer's disease or dementia. A person's engagement in music does not require cognitive function, which is deteriorating or absent because of memory loss. Singing and rhythm

playing can shift mood, reduce agitation, coordinate movement and evoke emotions that trigger memories. Join us with Rebecca Pfeifer to learn how we use music therapy at The Kensington to help families and memory-impaired loved ones reach beyond the disease and connect with each other.



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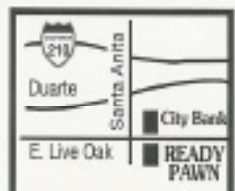
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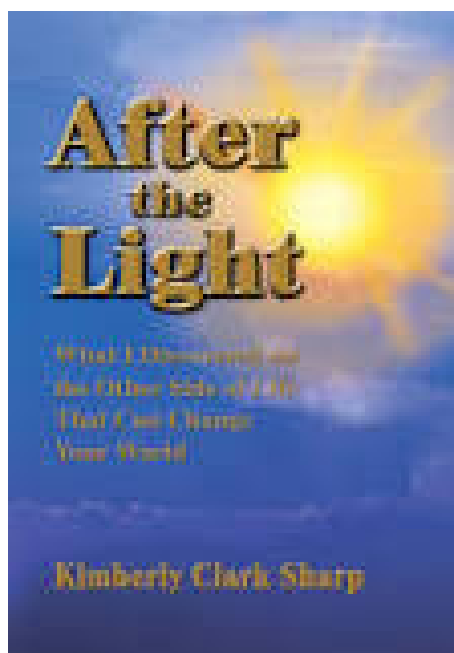
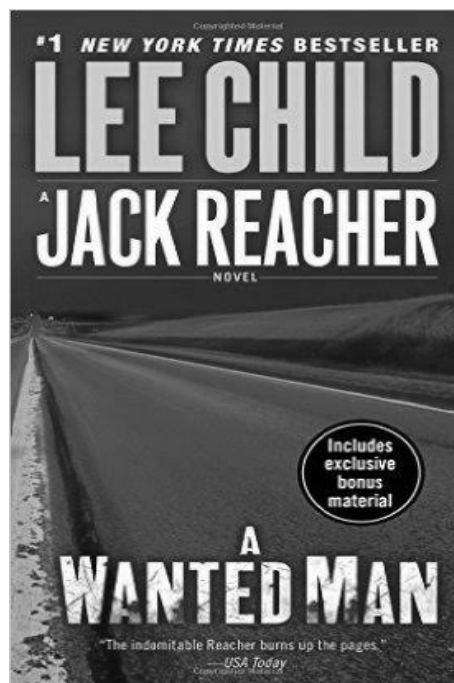
## Jeff's Book Pics

By Jeff Brown

### After the Light: What I Discovered on the Other Side of Life That Can Change Your World

Death is nothing to fear-and life without fear can be lived to the fullest. This is Sharp's message from her extraordinary experience during the time after her heart suddenly stopped beating and she lay on the sidewalk, not breathing, and without a pulse. Swept into a peaceful loving place of brilliant golden light and warm comfort, she saw, for the first time, the meaning of life-and death. Thereafter, Kimberly, with hamster Toto at her side, left Kansas for Seattle-known as "the Emerald City"-to fulfill a destiny devoted to the service of others as foreseen at the end of her near-death experience. Guided by a new sensitivity to the presence of angels, demons and other invisibilities, Kimberly attained a Masters degree in Social Work at the University of Washington and began a career in medical social work that put her in direct contact with dying people-and people who almost died and came back. It is the inspirational stories of these near-death experiences, as well as Kimberly's own life challenges in love, family life and the diagnosis of breast cancer, that form the core of this surprisingly funny page-turner of a book.

After the Light: What I Discovered on the Other Side of Life That Can Change Your World by Kimberly Clark Sharp. Four people in a car, hoping to make Chicago by morning. One man driving, another telling stories that don't add up. A woman in the back, silent and worried. And a hitchhiker with a broken nose. An hour behind them, the FBI descends on an old pumping station where a man was stabbed to death—the knife work professional, the killers nowhere to be seen. All Jack Reacher wanted was a ride to Virginia. All he did was stick out his thumb. But he soon discovers he has hitched more than a ride. He has tied himself to a massive conspiracy, in which nothing is what it seems, and nobody is telling the truth. "The indomitable Reacher burns up the pages."—USA Today. There are 20 books in the wonderful Reacher series.



### All the Single Ladies: Unmarried Women and the Rise of an Independent Nation

by Rebecca Traister  
A nuanced investigation into the sexual, economic, and emotional lives of women in America. In 2009, the award-winning journalist Rebecca Traister started All the Single Ladies, a book she thought would be a work of contemporary journalism about the twenty-first century phenomenon of the American single woman. It was the year the proportion of American women who were married dropped below fifty percent; and the median age of first marriages, which had remained between twenty and twenty-two years old for nearly a century

to Virginia. All he did was stick out his thumb. But he soon discovers he has hitched more than a ride. He has tied himself to a massive conspiracy, in which nothing is what it seems, and nobody is telling the truth. "The indomitable Reacher burns up the pages."—USA Today. There are 20 books in the wonderful Reacher series.

## Jeff's History Corner

By Jeff Brown

### WILL ROGERS QUOTES ON POLITICS: 1920'S-1930'S

- 1."This country has gotten where it is in spite of politics, not by the aid of it. That we have carried as much political bunk as we have and still survived shows we are a super nation."
- 2."Now these fellows in Washington wouldn't be so serious and particular if they only had to vote on what they thought was good for the majority of the people in the U.S. That would be a cinch. But what makes it hard for them is every time a bill comes up they have things to decide that have nothing to do with the merit of the bill. The principal thing is of course: What will this do for me personally back home?"
- 3."If you ever injected truth into politics you have no politics"
- 4."Politics has got so expensive that it takes lots of money to even get beat with nowadays.
- 5."Congress is so strange; a man gets up to speak and says nothing, nobody listens, and then everybody disagrees."

- 6."Congress meets tomorrow morning. Let us all pray: Oh Lord, give us strength to bear that which is about to be inflicted upon us. Be merciful with them, oh Lord, for they know not what they're doing. Amen."
- 7."The Senate just sits and waits till they find out what the president wants, so they know how to vote against him."
- 8."Senators are a never-ending source of amusement, amazement, and discouragement."
- 9."The Democrats and the Republicans are equally corrupt where money is concerned. It's only in the amount where the Republicans excel."
- 10."We all joke about Congress but we can't improve on them. Have you noticed that no matter who we elect, he is just as bad as the one he replaces?"
- 11."There is only one redeeming thing about this whole election. It will be over at sundown, and let everybody pray that it's not a tie, for we couldn't go through with this thing again."

## On the Marquee: Notes from the Sierra Madre Playhouse

### SMP ANNOUNCES SUMMER MUSICAL



Sierra Madre Playhouse has announced its summer musical. The 25th Annual Putnam County Spelling Bee with a book by Rachel Sheinkin, music and lyrics by William Finn, and conceived by Rebecca Feldman will open on July 8 and run through August 21. The creative team who brought Always...Patsy Cline to the Playhouse last year, director Robert Marra and music director Sean Paxton, will return to mount Spelling Bee.

"I'm so excited to announce this wonderfully funny musical as our summer offering. And even more excited that Robert and Sean will work on it

for us. I think audiences – and this show is family friendly – will love this production."

Set at a regional spelling bee, the show follows the trials of the six competitors (and three audience participants) until a single speller remains as the winner of the bee.

Spelling Bee had a long run on Broadway where it won several Tony Awards.

Tickets go on sale soon and will be available at www.sierramadrepayhouse.org or by calling the box office at 626.355.4318.





## SOLAR STORMS IGNITE X-RAY “NORTHERN LIGHTS” ON JUPITER

Solar storms are triggering X-ray auroras on Jupiter that are about eight times brighter than normal over a large area of the planet and hundreds of times more energetic than Earth’s “northern lights,” according to a new study using data from NASA’s Chandra X-ray Observatory. This result is the first time that Jupiter’s auroras have been studied in X-ray light when a giant solar storm arrived at the planet.

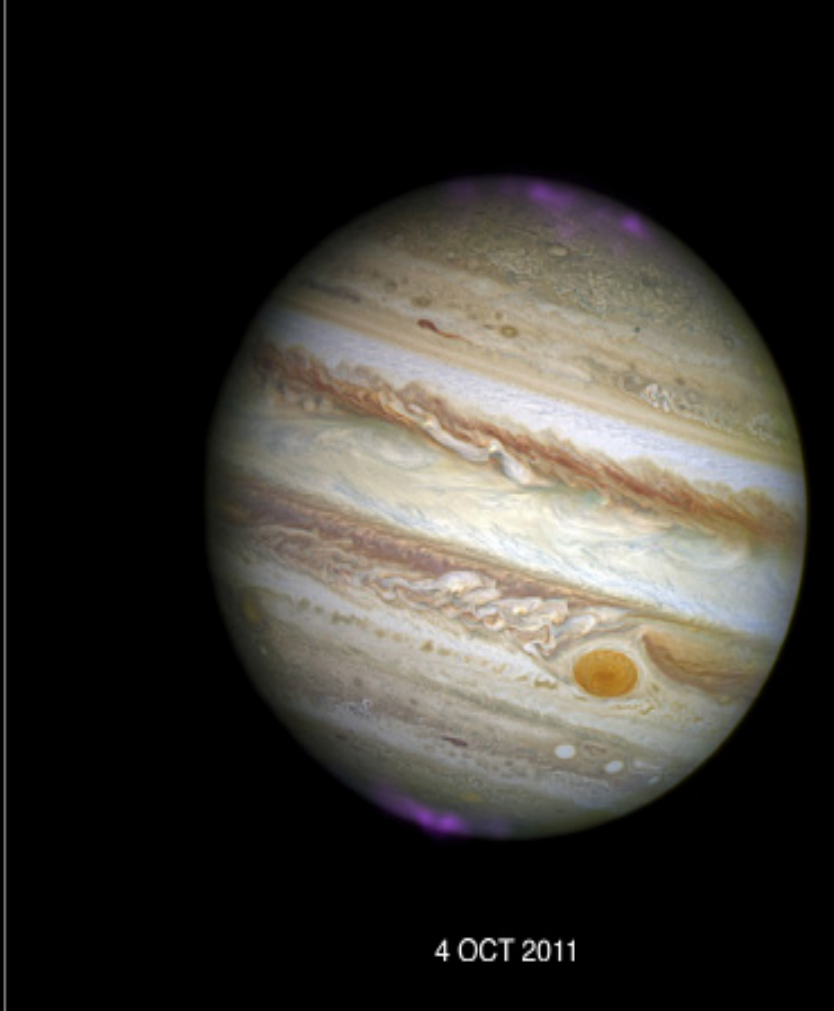
The Sun constantly ejects streams of particles into space in the solar wind. Sometimes, giant storms, known as coronal mass ejections (CMEs), erupt and the solar winds become much stronger. These events compress Jupiter’s magnetosphere, the region of space controlled by Jupiter’s magnetic field, shifting its boundary with the solar wind inward by more than a million miles. This new study found that the interaction at the boundary triggers the X-rays in Jupiter’s auroras, which cover an area bigger than the surface of the Earth.

A series of composite images show Jupiter and its aurora during and after a CME’s arrival at Jupiter in October 2011. In these images, X-ray data from Chandra (purple) have been overlaid on an optical image from the Hubble Space Telescope. The left-hand panel reveals the X-ray activity when the CME reached Jupiter, and the right-hand side is the view two days later after the CME subsided.

The impact of the CME on Jupiter’s aurora was tracked by monitoring the X-rays emitted during two 11-hour observations. The scientists used that data to pinpoint the source of the X-ray activity and identify areas to investigate further.

The dramatic findings complement NASA’s Juno mission this summer which aims to understand the relationship between the two biggest structures in the solar system—the region of space controlled by Jupiter’s magnetic field (i.e., its magnetosphere) and the region controlled by the solar wind.

“There’s a constant power struggle between the solar wind and Jupiter’s magnetosphere,” explained William Dunn, lead author and PhD student at University College London’s



Mullard Space Science Laboratory “We want to understand this interaction and what effect it has on the planet. By studying how the aurora changes, we can discover more about the region of space controlled by Jupiter’s magnetic field, and if or how this is influenced by the Sun. Understanding this relationship is important for the countless magnetic objects across the galaxy, including exoplanets, brown dwarfs and neutron stars.”

NASA’s Juno spacecraft, launched in 2011,

will investigate Jupiter’s relationship with the Sun and the solar wind by studying its magnetic field, magnetosphere and aurora. The UCL team hopes to find out how the X-rays form by collecting complementary data using the European Space Agency’s X-ray space observatory, XMM-Newton, and NASA’s Chandra X-ray observatory.

“Comparing new findings from Jupiter with what is already known for Earth will help explain how space weather is driven by the solar

wind interacting with Earth’s magnetosphere,” said Professor Graziella Branduardi-Raymont, supervisor of the study at UCL. “New insights into how Jupiter’s atmosphere is influenced by the Sun will help us characterize the atmospheres of exoplanets, giving us clues about whether a planet is likely to support life as we know it.”

You can contact Bob Eklund at: [b.eklund@MtnViewsNews.com](mailto:b.eklund@MtnViewsNews.com).



### CHRISTOPHER Nyerges

#### THE PURSUIT OF WILD FOODS

*Serving wild foods to the Sierra Club*

*[Nyerges has been teaching wild foods since 1974, and has authored several books. He can be reached at Box 41834, Eagle Rock, CA 90041, or [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com)]*

Back in high school, I remember talking with my best friend Joe Sierra about what we thought we’d do with our lives. Joe commented that you can’t go wrong by dealing with the three basic needs: Food, shelter, clothing. Joe followed in his father’s footsteps, and built houses and had a successful career. I had a pessimistic view of the future, when the “end of the

In March, I gave a Powerpoint presentation to the Sierra Club at one of their monthly meetings in Eaton Canyon. The presentation included lots of live plants, and pictures from my “Nuts and Berries of California” book, as well as pictures from my latest book, “Foraging Wild Edible Plants from North America.” This latest book is full of color photos, and only includes those plants that can be found anywhere in all of North America. It is full of recipes that I have used and collected over the past nearly 40 years.

So, it was a lot of extra work, but for this Sierra Club program, I went out and collected enough wild



world” could happen at any time, and I pursued the path of studying and teaching ethno-botany -- how cultures used wild plants for food, medicine, etc.

Food, shelter, and clothing. These are the very basic needs of mankind which generally must be handled so you can go ahead and pursue those “higher” goals that make life worth living. Some of the classic books on how the Native Americans lived on the Plains and elsewhere often talk about nothing else but food, clothing, and shelter, even though there is much more to talk about.

For me, the idea that I could go in the local mountains, either by walking or bicycling, and gather foods that my geographical ancestors ate, was an experience that freed my mind to so many of the psychological restraints that bind and confine modern people. If I could collect a plant and create a meal, that meant there’d be more food in the supermarkets for those people who didn’t know about wild foods. When I collected wild foods for my meals, they were fresh, with no chemical fertilizers, and no pesticides. It’s remarkable, and it’s something you simply cannot buy, even at a farmers market.

Eventually, I wrote “Guide to Wild Foods” to share my research on wild foods with others. This was written with the assistance of Dr. Leonid Enari, who taught at the L.A. County Arboretum, and who is the best botanist that no one knows! I have also written other books, most of which have contained information about using wild foods on a daily basis.

foods to serve three different dishes to about 100 people.

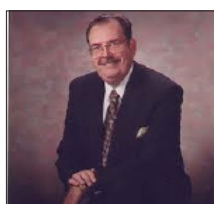
There was a big salad, consisting mostly of chickweed, which is common in everyone’s yard in the spring. We added some mustard flowers and lambs quarter to the salad, and served it with some Trader Joe’s salad dressing.

I also collected as many young nettle tops as I could find. Yes, these are stinging nettles, and yes, my hands stung after collecting them. I recommend that people wear gloves when collecting these, but they tend not to bother me too much anymore. I collected only the tender tops and washed them. Then I diced them up, cooked them in water and flavored it with miso powder. Everyone was surprised that a nettle soup could taste so good. In fact, it is not an uncommon reaction for people to assume that a wild food dish will taste terrible or just passable. First-time wild food tasters are surprised when the food tastes delicious, as did the nettle soup. And it’s also very nutritious.

We also set up a stove in the patio where people entered the Sierra Club talk, and I was cooking young lambs quarter greens with eggs in my big cast iron skillet. Everyone got a little taste.

These were the simplest of recipes which made an fully-satisfying meal.

It is clear to me that there is no shortage of food in the world. Food is everywhere. When our fellow man goes hungry, it is nearly always due to something other than shortages, such as our own unawareness of food, and maybe even man’s cruelty to other human beings.



### OUT TO PASTOR

*A Weekly Religion Column by Rev. James Snyder*

#### ACTING A FOOL IS A FULL-TIME OCCUPATION

My paternal grandfather’s favorite holiday was April 1. He would spend months putting together some trick to fool either a family member or a friend. Both were assessable to his “tricks.”

He could read a person and within a few moments have an idea of what the best trick to play on that person. Nobody really saw it coming. They knew his reputation, of course, but he was so skillful in his acts of foolery that nobody ever guessed they were a target until was too late.

One thing I learned from my grandfather is that it is almost impossible to fool the Fool-Master. If he had spent as much time being a grandfather as being a reputable Fool-Master, he would have been the greatest grandfather in the world. His priorities, however, were not in that direction.

One thing my grandfather never did was reveal how he could pull off these tricks on people. At times he came close but that was his secret he took to his grave.

Those who tried to pull a trick on him usually have it backfire and turned out to be a Major-Fool. I know my cousins and I spent hours trying to figure out a foolproof plan to pull on our grandfather. The problem was, he died before we could finally put together anything that would come close.

Thinking about that recently, I was pondering the idea that it really takes a lot of time to be a fool. In fact, some people make it a full-time job.

With my grandfather, acting a fool was just a hobby. He could turn it on and he could turn it off and got a lot of fun out of pulling tricks on people who were not expecting such a trick from such a man. Other people carry this kind of foolery into every aspect of their life without even trying. They just simply are fools in everything they do. Now, I am not sure, does this comes naturally or do they have to work at it.

There are times when a person needs to be serious and then there are times when a little dab of foolery will do you. To be serious all the time can lead, according to my grandfather, to a serious nervous breakdown. Who in the world wants that!

I must confess I am not my grandfather, although there have been times in which I yearn to be. His great accomplishment in life was to make fools out of people who thought they were smart and uppity.

I wish I knew how to do that! I, on the other hand, need to work very hard at not being a fool. Believe me, it is a full-time job. It is so easy to be a fool. At least from my perspective.

I cannot tell you how many times the Gracious Mistress of the Parsonage has looked at me and said rather sternly, “Are you acting like a fool?” Although we have been married for years, she has not really concluded that I cannot act. I am what I am, I am what you see, no thespian arts about it. I wish I was acting a fool, because then I could stop acting and become a normal person, whatever that is.

When I feel down on myself in this area, I think of many of the fools in the world around us. And we all know who we are.

I think the biggest fools in my book are those who are afraid of words. Words seem to upset and unnerve causing them to go into some kind of psychotic spin. I do not understand because a word is simply a word.

There are three letters in the English alphabet that brings more agitation and hatred than any other letters. Just three words.

The three letters are D O G. Of course, when you see those letters you immediately think of one of your favorite little animals. A dog is a friendly kind of a thing. When somebody sees these three letters, they usually smile. However, they are just three letters in the English alphabet. Nothing more than that.

Organize these letters and many people will go bizarre. For example, if we arrange the letters G O D, people will go crazy. They are afraid of these three letters so arranged.

These same letters make up the word dog. Yet if you reverse those letters and make it spell God, people get all agitated and upset and want to put a band on those letters.

Usually, the ones who are the most upset about these three letters so arranged are some of the highly educated people in our country. I simply do not get it. If they are so educated and sophisticated, why do three letters in the English alphabet frighten them?

I find it a little strange that the people who do not believe in God, are the ones most agitated by the letters G O D. If they do not believe in God, what are they afraid of? If, in their sophisticated opinion, God does not exist, then why are they afraid of three letters in the English alphabet?

David put this in the proper perspective. “The fool hath said in his heart, There is no God. They are corrupt, they have done abominable works, there is none that doeth good” (Psalms 14:1).

Happy holiday to those who qualify.

The Rev. James L. Snyder is pastor of the Family of God Fellowship in Silver Springs Shores. Call him at [352-687-4240](tel:352-687-4240) or e-mail [jamesnyder2@att.net](mailto:jamesnyder2@att.net). The church web site is [www.whatafellowship.com](http://www.whatafellowship.com).



ARE PETS PEOPLE TOO?



It's a matter of opinion, whether or not our pets are part of the family. Or at least, within the confines of the family unit it is a matter of opinion. In fact, it is my understanding that a couple of states have gone so far as to make significant changes to the laws they have in place pertaining to a pet being recognized as part of the family versus a possession or asset. Hopefully the trend will continue to catch on and other states will follow the lead.

The great state of Texas has made their legal stance on the issue crystal clear. When asked whether a furry four-legged should be included in the family tree in their jurisdiction, authorities emphatically reply (and I do paraphrase), "Hell no, that ain't happenin' here!" Tell us how you really feel, lone star state. Perhaps it's time to mess with Texas, all y'all pup lovers out there!

While some states apparently maintain strong, long-term historic opinions against putting pets into the kin category, Americans in various other states are openly proclaiming their equally intense views in favor of the idea. I'm betting the folks who want their pets to be viewed as 'people, too' in a court of law will probably have their way at the end of the day. It just seems inevitable, with the direction our society is taking as far as how we treat our animals. We have come to recognize the bountiful benefits and blessings we receive from them, and we insist on having them close by our sides and inside our homes rather than outside.

After all, it would be very disingenuous and downright hypocritical of us to continue loving our pets and including them in our lives to the degree which we do nowadays, only to turn around and say they are just another item on the list of stuff we own. Law will eventually follow loving logic, I'm absolutely sure of it!

So, to answer the question that is the title of this happy tale, and to bring this week's short and per pondering article to a kindly close, I'd like to shout out a great big, "YES"! Pets ARE people, too. Just ask my Molly, she'll tell you! Enjoy your four-footed furry friends. Share your home and lives with them. Show them the respect they deserve, and above all, love and let live!

Chris Leclerc  
www.canyoncanine.com  
chris@canyoncanine.com  
626-355-8333 626-533-9536

The fact is, many states have been

forced to address this very issue in recent years, with pet-related cases occurring more and more often within their jurisdiction. In fact, it is my understanding that a couple of states have gone so far as to make significant changes to the laws they have in place pertaining to a pet being recognized as part of the family versus a possession or asset. Hopefully the trend will continue to catch on and other states will follow the lead.

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LOOKING FOR A BEST FRIEND?

Fluffy

Fluffy is a handsome 3 year old Australian Shepherd with caramel and cream colored fur and a wiggly naturally-bobbed tail. Those long locks match perfectly his big baby brown eyes that absolutely light up when he is ready to go for a walk, get treats, play with toys, play with water, and pretty much anytime he is ready to have fun with people.

Fluffy responds very well to treats and is quickly learning his "sit" and "shake" commands; especially if rewarded treats. He also enjoys playing in water and cool off by dipping his front paws in his water bowl. It is quite the scene to see!

According to the American Kennel Club, Australian Shepherds like Fluffy are very intelligent and energetic dogs who thrive in homes with plenty of mental and physical exercise. He is eager to learn and do new things as he is a quick study. Fluffy would prefer to go on family adventures that allow him to show off his sporty skills. If you are looking for a brainy, energetic and trainable partner for fun or sport, Fluffy is your boy!

His adoption fee is \$145 and includes neuter surgery,



vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Fluffy. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Fluffy, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhuman.org

We will be joining animal lovers for this year's Healthy Pet Expo on Saturday, April 16th. It is at the Whittier Narrows Park in the picnic area at 750 Santa Anita Ave in South El Monte. Bring your dog or cat and take advantage of the many free services for your pet, including nail trims, spay/neuter, vet consults, giveaways and free and low cost vaccines. There will be

a dog contest with prizes for the best outfit, coolest trick and pet owner- look alike. Spend a fun day with your best friend and learn how to keep your pet healthy!



Social Media Tips, Tricks & Ideas



by: MJ Finstrom

3 WAYS TO SCHEDULE A FACEBOOK POST

Scheduling content to publish on your Facebook page in the future is easy. Here are 3 ways to do it:

- Use Facebook's Scheduling tool. Create a post. Instead of selecting "Publish," look for a little white triangle and select "schedule." You can choose a future date and time. To see all of your scheduled posts, go to "Publishing Tools" and select "Scheduled" posts.
- HootSuite is a free dashboard you can use to manage all your social media. You "Compose Message" and select your Facebook profile. From the calendar tool, select the date and time you want it to post and select "Schedule."

- Use Constant Contact's Social Share Feature. After you schedule and email campaign or an event in Constant Contact, look for the "Social Share" option. You will be able to schedule multiple posts that will link back to your original email campaign of event page. They provide a handy calendar tool that helps you stay organized.

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. "Like" them on Facebook at www.facebook.com/hutdogs. Sign up for their upcoming workshops at: www.hutdogs.com/workshops/schedule

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FAMILY MATTERS

By Marc Garlett



when you can. In addition to contributions to a retirement account, the regulations of the Internal Revenue Service also allow for both medical flexible spending accounts and dependent care reimbursement accounts. With these types of accounts, you contribute pre-tax money, effectively securing a discount on eligible medical or dependent care expenses.

Saving through Nontaxable Benefits

Pre-tax expenses are not the only way your job can help you save money, however. The Internal Revenue Service allows employers to provide their employees with many benefits that are not taxable to the employees.

Here are several benefits your employer can provide, which you do not need to report on your individual tax return:

Employer-paid health insurance premiums;  
Employer-paid parking, to a maximum of \$240 per month;

Health club access for a gym on your employer's property;

Employer-paid educational classes, up to a maximum of \$5,250; and

Employer-paid life insurance coverage, up to a maximum of \$50,000 in benefits.

You might be surprised at the number of savings opportunities you can leverage from your employer. In addition to providing a paycheck, your employer can improve your financial condition in many other ways. And over the course of a career, the savings can really add up. It may be time to talk with your employer about providing some of these benefits.

And by the way, if you own your own business and set your business up properly, you can be the employer providing yourself with these benefits. Contact me if you'd like to discuss the possibilities. Dedicated to your family's health, wealth, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

GETTING MONEY FROM YOUR JOB OVER AND ABOVE YOUR PAYCHECK

Did you know there are many steps that you can take to save money via your employment? Some of these strategies work by allowing you to pay for things with pre-tax money, which could up to 40% (depending on your tax bracket) right back into your pocket. Others provide benefits through your employer that are not taxable to you on your individual income tax return, again reducing your tax liability.

Saving through Pre-Tax Contributions

There are several ways you can save money at work by paying for things out of your gross income (that is your pre-tax income). Perhaps the three most significant pre-tax expenses you can pay for through your employer are 401(k) contributions, medical flexible spending accounts ("FSA"), and dependent care reimbursement accounts.

You can make retirement contributions to either an employer-sponsored 401(k) plan or to a traditional individual retirement account, tax-free. In addition to saving money in the short run by decreasing your taxable income, you'll be building a nest egg for your later years. You will pay taxes when you take money out of the account, but we always suggest to defer taxes

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Mountain Views News is wholly owned by Grace Lorraine Publications, Inc. and reserves the right to refuse publication of advertisements and other materials submitted for publication.

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.



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## LETTERS TO THE EDITOR

### UUT, THE DIFFERENCE BETWEEN POVERTY AND MODEST MUNICIPAL RESPECTABILITY

Dear Editor:

re: UUT, the difference between poverty and modest municipal respectability.

We have lived here over 25 years. I can remember when we were so poor that when we needed to replace a police car we were reduced to considering a used car from another jurisdiction. I can remember when we couldn't afford to pay the bill of the mechanic who repaired the fire trucks. It is only about 3 years ago that our street got paved, work that should have been at least a decade earlier.

I remember when we first got paramedics, I believe the last city in the county to do so. You know that normally over 3/4 of calls to the fire department are medically related. Previously we were served by volunteer EMTs. I remember that at the time a long time volunteer fire fighter/EMT was asked if he felt badly about the new paid paramedics; he replied that if he were to have a heart attack he would far rather have a trained paramedic come than an EMT like himself.

Voting "no" on the UUT is like trying to "save" money by firing the gardener and letting the front yard go. You will lose far more in the loss in value of your property. Similarly if we "save" money by cutting out the services that make us safe and the type of community that other people admire we will pay the price many times over in the loss of property values.

Eric Olson

Sierra Madre

### From An Informed Citizen:

There was an egregious math error made by Michele Davenport in her editorial a couple of weeks ago.

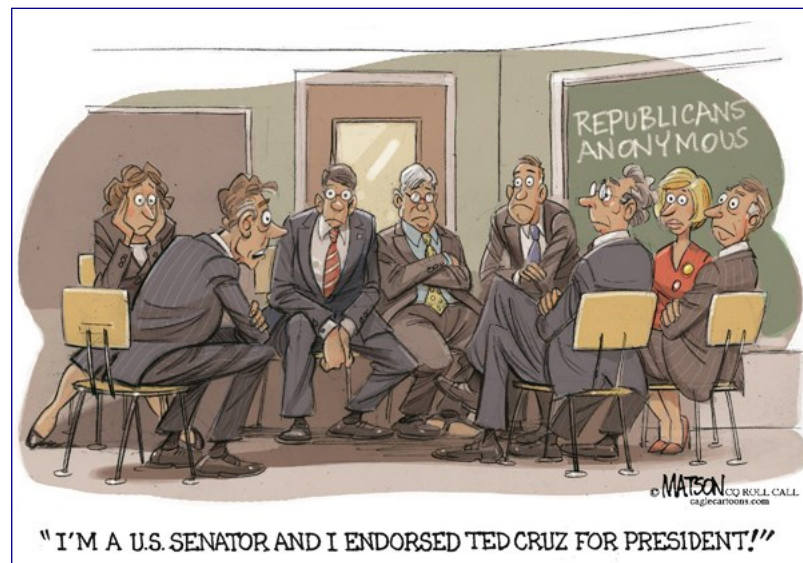
She stated that the unfunded pension liability was \$9.7 Million or \$6,754 per household.

According to cited documentation, the unfunded actuarial liability is \$9,665,477. According to the U.S. Census Bureau, there are 5,113 households in Sierra Madre. The per household calculation is simple, divide the liability by the number of housing units.

The answer is \$1,890.37 not her \$6,754. Her number is 257% too high!!!

Thank you for considering Ms. Davenports egregious error and setting it right.

MVNnews



## LEFT TURN/RIGHT TURN

### HOWARD Hays As I See It



"It's the old African saying . . . If you want to go fast, go alone. But if you want to go far, go together."

- Sen. Cory Booker (D-NJ) on HBO's "Real Time with Bill Maher"

This came from Bill Maher's interview with Sen. Booker at the opening of his show last week. I always tune in - I enjoy the left-right diversity of the guests and find myself agreeing with Maher on most everything. But in this interview he sounded more like Sen. Ted Cruz (R-TX); frustrated that Sen. Booker refused to attach the modifier "Islamic" to the "terrorism" they were discussing. There's a big difference between mere ambivalence and outright hostility towards religion. Maher saw the discussion as an opportunity to knock Islam, while Booker insisted that in fighting terrorists, if we want to "go far" we need to "go together".

A PBS "Frontline" documentary on Saudi Arabia showed youngsters studying their Sunni Wahhabi textbooks which call for death to Christians and Jews - but also to Shia Muslims, who themselves have suffered most from terrorism in the name of Islam. It showed official "vice" patrols physically attacking women wearing make-up and men playing music. Victims punished for such heresies no doubt have their own personal commitment to their Muslim faith. But as the documentary made clear, the underlying purpose of such brutal state-sanctioned zealotry was not to protect any religion but rather to protect the power of the ruling elite. On the internet there are pictures from the makeshift camps in Greece of Syrian refugees expressing solidarity with victims of the Brussels terrorist bombings. We hear local law enforcement, national security and international intelligence officials warn how anti-Muslim rhetoric feeds the terrorist propaganda - aiding their recruitment and alienating the very people whose cooperation is needed most in helping combat the threat. Now we have Bill Maher and Sen. Cruz feeding the ISIS propaganda machine; with Maher condemning an entire religion and Cruz calling on authorities to "patrol and secure" Muslim communities in our own country - along with barring refugees from places like Iraq and Syria. (None of the identified attackers in both Paris and Brussels had been refugees; all were European nationals born and raised there.)

Going alone with those sharing a particular "faith" might help one go fast in mobilizing a base but, as Republicans are finding out, it won't get you far in getting things done. The GOP used to rely on big business going together with "social conservatives". But in its post-mortem following the 2012 election,

it realized it had to de-emphasize the latter in order to expand the party's base. Now, however, as both here and in the Middle East "religion" is being used to divide people, that plan's gone out the window - while big business (and big sports) try to salvage what they can of their party.

Two years ago, Arizona's Gov. Jan Brewer (R) vetoed a "religious liberty" bill which sought to give legal cover for discrimination against gay folks, under pressure from her business community - and also to assure her state could host the then-upcoming Super Bowl. Last year, Indiana Gov. Mike Pence (R) had to re-jigger a similar ordinance after the NCAA made clear there wouldn't be a Final Four in Indianapolis under a cloud of state-sponsored bigotry.

In North Carolina, Gov. Pat McCrory (R) vetoed a "religious freedom" bill which determined to go alone; separated not only from those who don't share their bigotry but from their own local governments. The state now prohibits localities, perhaps acting on their own religious convictions, from banning discrimination against gays. Rev. Franklin Graham calls it a matter of "the protection of our citizens" and "morality". The state's Attorney General Roy Cooper (a Democrat set to challenge McCrory for the governorship) calls it a "national embarrassment". The NBA calls it a reason to maybe pull next year's All-Star game from Charlotte (which had passed its own now-nullified non-discrimination law).

Georgia's Gov. Nathan Deal (R) recently vetoed his state's "religious freedom to discriminate" law. But that doesn't mean religious zealots in his state aren't going fast in getting stuff done by going alone. In Cobb County (largest city Marietta), they've succeeded in halting their schools' efforts to combat stress and encourage "mindfulness" by offering yoga in the classroom. This included students' holding palms together in front of their hearts and saying "Namaste". That word refers to "peace, honor, and respect for human being", as does the "heart-centered" placement of hands.

But no matter - to the Evangelicals it represents some heathen Eastern religion which cannot be tolerated. In their crusade to ban yoga they are not going alone, but in fact are going far throughout the world by going together with another group intent on banning such Hindu-based practices. The "Christians" of Georgia are going together with those who seek to ban yoga in Malaysia, Indonesia and other areas under their influence as incompatible with Sharia law. In this those Evangelical Georgians aren't going alone, but are going together with ISIS, the Islamic State.

I might amend that African saying quoted by Sen. Cory Booker; that while you might go far by going together, it might also be a good idea to consider who it is you're travelling with.

### MAKING SENSE Michael Reagan

#### DON'T DUMP ON THE PRIMARY PROCESS



The Republican Party establishment wants to dump Trump.

Jeb, Marco and Carly wanted to dump Trump. Ted and John still hope to dump Trump. So does Mitt.

Everyone in the GOP is on the same anti-Trump page. They all want to dump him - and they'll use every trick play in the primary book to do it.

So why is everyone in the party so angry about the way the primary process is going? This is the process.

It's really pretty simple.

If you want to be the Republican Party's presidential candidate for 2016, you have to reach 1,237 delegates to win the nomination.

It's not who gets close to 1,237 delegates. It's who gets that number or more. That's the way the system works.

In the Super Bowl, we don't say to a team that if you get to the five-yard line you get six points. Or if your field goal goes just a little bit wide, you get three points.

You have to cross the goal line and get into the end zone. You've got to split the uprights. Those are the rules.

Whether you're Donald Trump, Ted Cruz, John Kasich or a candidate-to-be-named-later at a contested convention, if you want to win the game you have to get the necessary number of delegates.

What's going on now in the GOP primary is perfectly normal. Cruz and Kasich are both trying to do whatever they can to stop Trump.

The people calling for Kasich to drop out so Cruz can go head-to-head against Trump are wrong. What makes them believe all of Kasich's voters will move over to Cruz?

What Kasich said the other day is absolutely true. If he had dropped out before Ohio, Trump would have won that state's 66 delegates and be even closer to reaching 1,237.

So what if Kasich can't possibly win on the first ballot? It's good that he is still running.

He's the last sitting governor left in the race. We also have a first-term senator and a billionaire celebrity businessman who's never been elected to anything.

What's wrong with that trio? If there's a contested convention, Republicans get to choose one of them or maybe someone else.

Trust me, the struggle to deny Trump the nomination on the first ballot is not anything to be upset about. It's part of the process.

In 1976 what do you think we Reagans

were trying to do at the Republican convention?

We were trying to prevent President Ford from winning the nomination on the first ballot by busting up the New York delegation.

We were also trying to bust up the Pennsylvania delegation. That's why my father named liberal Sen. Richard Schweiker of Pennsylvania his VP choice before the convention started.

Our plans didn't work. We lost. I was there, so I know how that felt. But by losing we Reagan Republicans actually won in the long run.

If my father had become president in 1976, he would not have been able to do what he did in the 1980s to defeat the Soviet Union without firing a shot.

Winning the presidential primary is always a rough and tough process. Some Republicans want you to win and some don't want you to win.

The most important thing is, at the end of the day you're supposed to gather around the party's choice -- whoever it is -- and move forward.

Democrats do that well. Republicans don't. They keep looking for reasons not to support their nominee.

If evangelicals and conservatives had supported and voted for Mitt Romney in 2012, instead of staying home out of spite because their favorite guy didn't win the nomination, the Republican Party wouldn't have a Trump problem today.

The GOP establishment, the Tea Party crowd, the evangelicals and the libertarians will need to unite and work hard this fall if they hope to prevent another President Clinton.

Even if they fail to dump Trump.

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## LOCAL SOROPTIMISTS HONOR DESERVING WOMEN AT 'LIVE YOUR DREAM' LUNCHEON



Rita Hadjimanoukian of L.A. Supervisor Michael Antonovich's office, Grace Rickert, Donna Arnds, Linda Offrey, Kathryn Berger from Michael Antonovich's office, Viola Van and Elizabeth Andalon from Congresswoman Judy Chu's office.

The Soroptimist mission of helping women and girls was exemplified at its local chapter's annual "Live Your Dream" luncheon, held on March 23rd at the Women's City Club in Pasadena. At this event, the Altadena-Pasadena branch of Soroptimist International honored Donna Arnds with the Live Your Dream Award, Grace Rickert with the Violet Richardson Award, and Linda Offrey with the Ruby Award. "This award luncheon represents the signature program of Soroptimist International," said club Co-President Phyllis Howard.

The Soroptimist Ruby Award acknowledges a woman who works to improve the lives of women and girls via her personal or professional activities. This year's award was given to Linda Offrey, who founded Shepherd's Door Domestic Violence Resource Center in 2000. The center provides assistance to abused women in the Altadena and Pasadena area, and offers services that include crisis counseling, support groups, legal services, youth violence prevention education, and professional training. "Receiving this award was such a pleasant surprise," Linda remarked, who left a job with the City of Pasadena to devote her career to helping victims of domestic violence. The Soroptimists gave Shepherd's Door a monetary award to help support its work in the community.

The Violet Richardson Award recognizes young high school women for demonstrating leadership by identifying a vital issue in their community, and addressing it through their volunteer efforts. This year's award was given to 18-year-old Grace Rickert of La Canada, who taught a sewing skills class at the Door of Hope, a local residence for women and children who are fleeing abusive relationships. Grace chose this volunteer project to earn her Girl Scout Gold Award, and felt that her Sewing Skills Development Program would be an ideal way to teach valuable skills to her students. "I wanted to work with women at the Door of Hope who are victims

of domestic violence," she explained, "and sewing is a big part of my life. I wanted to share this passion with them." Grace organized three fundraisers to raise money for materials and to purchase a permanent, portable sewing center so that the residents could continue to utilize their new skills after her project ended.

The Live Your Dream Award assists women by giving them the resources they need to improve their education, skills and employment opportunities. These women are the primary source of financial support for their families, are often leaving an undesirable domestic situation, and are returning to school to better their lives. This year's award was given to Donna Arnds, who left an abusive relationship and raised her two children alone with little or no child support. She began working for the Door of Hope and began her journey towards helping others make a difference. Donna began taking classes at UCLA in 2015, and has maintained an "A" average. Her two sons have graduated from high school, and it's a good time for her to focus attention on her dream of completing her degree. Donna plans to create a new career helping other women achieve their goals. "At first, I wasn't sure that I wanted to apply for this award," said Donna. "However, I knew that I would be among friends if I did." The Soroptimist Live Your Dream Grant will help offset Donna's tuition and other expenses.

The award recipients received proclamations from Pasadena Mayor Terry Tornek, Los Angeles County Supervisor Michael Antonovich, Assemblyman Chris Holden, State Senator Anthony Portantino, and Congresswoman Judy Chu. Each of the awardees also received stylish handbags from Soroptimist club member Hazel Salomon-Jimmy, the proprietor of Hazel's Bagz. "I'm always proud to be a Soroptimist at this event," Hazel stated. And, as with every year, attendees agreed that the 2016 Live Your Dream luncheon was a most inspiring event.

# Happy Spring

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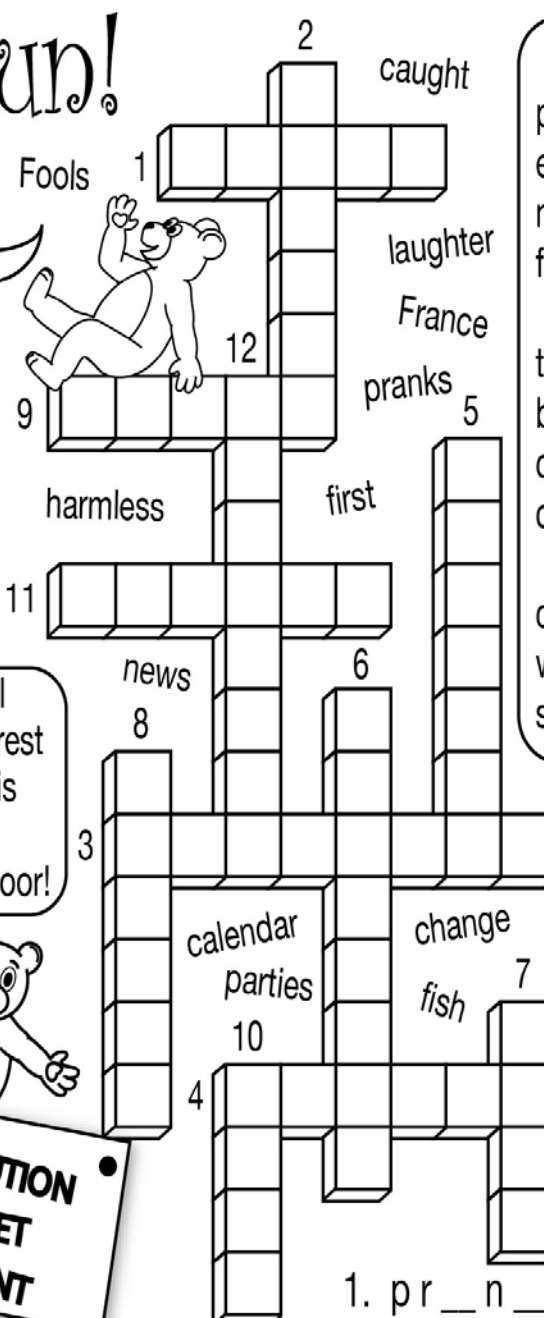
1  
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4

5. In those times, the date of the New Year was March 21st. People had \_\_\_\_\_ and fun for about a week, right through the last day of the celebration, April 1st. On that day people would visit and exchange gifts.
6. In the 16th century (1500s) a new \_\_\_\_\_ was adopted and March 21st was no longer the beginning of the New Year. This meant that April 1st was no longer the day to visit others and exchange gifts.
7. \_\_\_\_\_ traveled slowly and some people still celebrated on April 1st.
8. Some people didn't like \_\_\_\_\_ and they refused to follow the new calendar.
9. People who clung to the old ways were called "April \_\_\_\_\_" by others.
10. In some areas, on April 1st, you might hear people call "Poisson d'Avril"! They have fooled someone and are calling that person an "April \_\_\_\_\_."
11. This means that the person who was fooled "took the bait" and was easily \_\_\_\_\_, like a fish.
12. April Fools' Day is for fun and small tricks that hurt no one. It is a time to share

My playful  
trick on Forest  
is to put this  
sign on his  
bedroom door



Only 2 letters are needed to finish spelling these fun words. Can you figure out which 2?




Pssst...a harmless  
prank – put googly  
eyes on the fruit!



1. pr\_\_n\_\_s
2. tric\_\_
3. g\_\_g
4. jo\_\_e
5. ntic


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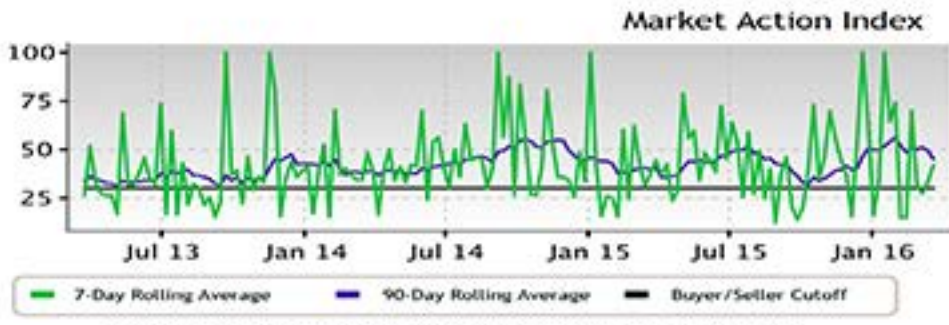
**This Week**

The median list price in SIERRA MADRE, CA this week is \$1,081,500.

The Market Action Index has been trending down lately, while inventory and days-on-market are climbing. The trends imply a weakening market.

**Supply and Demand**

The market has been cooling off a bit in recent weeks, as more homes are available and demand is less. We're already seeing prices move lower as a result. Expect this trend to continue especially if the index falls to the Buyer's zone. Watch for a persistent up-turn in Market Action to signal prices rising again.



The Market Action Index answers the question "How's the Market?" by measuring the current rate of sale versus the amount of the inventory. Index above 30 implies Seller's Market conditions. Below 30, conditions favor the buyer.

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