



VOTE ON TUESDAY, APRIL 12th AS IF THE QUALITY OF YOUR LIFE
DEPENDS ON IT.....BECAUSE IT DOES! See Page 4 for more information

Mountain Views News

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, APRIL 9, 2016

VOLUME 10 NO. 15

SIERRA MADRE CELEBRATES EARTH DAY

This April 22nd is Earth Day. The City is inviting residents to join a number of environmentally sustainable events occurring in Sierra Madre throughout the next few weeks.

Saturday, April 9th – Free Water Efficient Toilet Exchange

Sierra Madre residents are welcome to pick up their free water-efficient toilets at Alverno High School located at 200 N. Michillinda Ave. The event takes place from 9:00 – 11:00AM. Sierra Madre Rotary Club's Interact Club members will be on hand to load your free toilet. Residents must install their toilets within three weeks and return their old toilets to the same location between the hours of 9:00 - 11:00AM on Saturday, April 30. Click here to learn more.

Saturday, April 23rd – Bailey Canyon Clean-Up Event

For several years, the Sierra Madre Environmental Action Council (SMEAC) has coordinated two clean-up events per year. The next event takes place on April 23 from 8:00AM – 12:00PM. Volunteers are asked to wear closed-toed shoes and comfortable clothing, and bring gloves and garden tools. Bailey Canyon Wilderness Park is located at 451 W. Carter Avenue, at the top of Grove Street.

Saturday, April 23rd – Free Compost Give-a-Way

Athens Services is pleased to provide free compost to Sierra Madre residents. On April 23 from 9:00AM – 12:00PM, Athens will provide compost that is a blend of organic material, including food waste. It is OMRI Listed, licensed by the California Department of Food and Agriculture and approved for use in agricultural operations certified organic under the USDA National Organic Program. Residents will need to bring their own sturdy containers. Plastic bags are not allowed. This is a self-service event and shovels will be provided. There is a 30 gallon limit during the first hour, and then unlimited compost until supply is gone. The compost will be located in Sierra Vista Park (611 E. Sierra Madre Blvd.) on the western portion of the park near the tennis courts, just below the Rose Float Building.



Sunday, May 22nd – Free Electronic Waste Recycling

Alverno High School (200 N. Michillinda Ave.) will be the site of the upcoming free "E-Waste" recycling event. Details are still being worked out as for the time of the event, so please save the date and contact Alverno High School for additional information.

Sierra Madre's "Fantastic Front Yards"

You may have noticed some of the beautiful drought-tolerant landscaping that has evolved throughout our community. Throughout Sierra Madre residents are doing their part to conserve water and working towards getting the City back onto its own source of drinking water. The Energy, Environment & Natural Resources Commission is seeking to compile a list of these wonderful sites.

The Commission is now accepting nominations and contact information for residents that would like to be part of a future water conservation campaign that may include: a tour of drought-tolerant landscapes, website gallery, print brochure, and/or other recognition. Locations will require the permission of the owner to be included in any future publicity. To nominate your beautiful front yard, or to nominate that great looking yard you see every day on your way to work or school, please email James Carlson at: jcarlson@cityofsierramadre.com or call 626-355-7135 ext. 803.

OPPONENTS OF SIERRA MADRE UTILITY TAX TERMINATE CAMPAIGN BEFORE ELECTION DAY

Suspicion abound that the termination is a move to discourage voter turnout.

Earlier this week, Sandra Siraganian, Treasurer for the "Citizens For An Affordable Sierra Madre No On Measure UUT 2016" campaign filed the termination report with the Sierra Madre City Clerk Nancy Shollenberger a move which generally indicates that a campaign has abandoned their efforts. The committee, which lists no other officers, lists a Pasadena address and has an email address that has been associated with the Pasadena TeaPac.

The group did distribute a mailer with their position and there are signs throughout Sierra Madre showcasing the NO on Measure UUT position. Sources have indicated that the belief is that if residents feel that the opposition has withdrawn, voter turnout will be low and the measure may not pass. In 2014, the previous attempt to modify the existing UUT failed with less than 75 votes.

Campaign officials for YES on UUT say they will continue to educate residents on the merits of a Yes vote and the consequences should the measure fail.

It should be noted that of the six contributors to the No of Measure UUT effort, two, Mike Amerior and Barry Gold, are running for elected office. Neither indicated their position on the measure in the ballot statements presented to the public.

RAIN OR SHINE, HUCK FINN IS THIS WEEKEND

We aren't letting a little rain get in the way of a fun weekend. Rain or shine, Huck Finn events will continue as planned! So far lightning storms are not predicted in the forecast, which is the only potential cause for cancellation.

Fishing Derby

Saturday, April 9

Time: 7:00AM – 11:30AM

On-site registration is \$12 per youth

Open to participants 3-15 years of age

Certificates and trophies awarded to participants who catch the heaviest fish

Fly fishing demonstrations from the Pasadena Casting Club

Food provided by the Sierra Madre Kiwanis Club available for purchase

Family Fishing

Saturday, April 9

12:30PM – 4:00PM

Sunday, April 10

7:00AM – 1:00PM

\$22 for a family of four (separate admission required for each day)

Open to participants of all ages

No catch limit



A premier garden tour featuring drought tolerant landscapes in the foothill communities of Altadena, La Canada, Pasadena and Sierra Madre.

ART OF THE GARDEN



Sunday, April 17, 2016
Self-Guided Tour
10:30am - 4:30pm

Pre-sale \$30/tickets can be purchased by visiting CreativeArtsGroup.org

\$35/Day of the Tour

Creative Arts Group

108 N. Baldwin Avenue, Sierra Madre
626.355.8350 • CreativeArtsGroup.org



ELEMENTS OF STYLE – GARDENS RE-IMAGINED

By Donna Packer

Expansive lawns are disappearing and gardens are evolving and adapting to a new normal of limited water resources. Landscapes are reduced to the basic elements of sun, soil, rocks, plants, trees and water. And here-in lies the hidden gem, the ingenuity, the inspiration and the art of the garden.

Creative Arts Group's 22nd annual "Art of the Garden" tour will take place Sunday, April 17th from 10:30-4:30 pm. Six gardens representing Pasadena, La Canada, Altadena and Sierra Madre will be showcased featuring the best in drought-tolerant design, lush verdant landscapes and everything in between.



to plant roots will be featured by leaders in drought-tolerant design.

Exotic plants and lush grounds are the garden domain of passionate collectors and provide a different kind of oasis. Landscapes that transport you to a different era slow down the hurly burly pace of life, enveloping and restoring a sense of calm. Rooms defined by plant specimens open up one onto another and beckon you into a verdant world that invites curiosity and wonder. Formal parterre gardens, classic sculpture, exuberant and colorful flora invigorate and complement an historic estate.

A world of garden designs exist between these divergent landscapes. Lawns still provide green space for entertaining or play, but are increasingly designed as an accessory rather than the focus of a landscape. Dining terraces, fireside seating and intimate areas for enter-



taining extend our living space and coax us outdoors in our mild year-round climate. Inspiration abounds in these six landscapes featured on this year's tour.

Tickets are \$30 in advance and \$35 the day of the tour. For more information call Creative Arts Group at (626) 355-8350 or visit us at 108 N. Baldwin Ave. in the foothill village of Sierra Madre, or online at www.creativeartsgroup.org



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Weather Wise

6-Day Forecast Sierra Madre, Ca.
Chance of Showers All Week!



Sun: Ptly Cldy/Rain Hi 70s Lows 50s
Mon: Ptly Cldy/Rain Hi 70s Lows 50s
Tues: Ptly Cldy/Rain Hi 70s Lows 50s
Wed: Ptly Cldy/Rain Hi 70s Lows 50s
Thur: Ptly Cldy/Rain Hi 70s Lows 50s
Fri: Ptly Cldy/Rain Hi 70s Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, APRIL 26, 2016
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, APRIL 26, 2016,
6:30 pm

The final agenda and staff reports will be available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Monday, April 18, 2016, 6:30PM
Community Services Commission Meeting

Wednesday, April 20, 2016, 7:00PM
Energy, Environment and Natural Resources Commission Meeting

Thursday, April 21, 2016, 7:00PM
Planning Commission Meeting

Wednesday, April 27, 2016, 7:00PM
Library Board of Trustees Meeting

Thursday, May 5, 2016, 3:00PM
Senior Community Commission Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



9 Kersting Court Sierra Madre, Ca. 91024
626-355-1180

EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS



THE SIERRA MADRE KIWANIS CLUB

A PROUD MEMBER OF KIWANIS INTERNATIONAL SINCE 1927.
THAT'S 85 YEARS OF COMMUNITY SERVICE!
WE MEET WEEKLY AT THE LODGE (FORMERLY THE MASONIC TEMPLE) AT 33 E. SIERRA MADRE BLVD.
MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH.
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,
AND HAVE SOME FUN!

Come join us.

Breakfast created by Chef Mario

We have fun and dynamic speakers each week.
Rotary is differing occupations, cultures, and countries,
which gives Rotary a unique perspective.

Our shared passion for service helps us accomplish the remarkable.
We see differently.
We apply leadership expertise to social issues and find unique solutions.
We act responsibly and create lasting change.
We make a difference at home and around the world.

For more info go to FB or Meetup.

The Hart Park House
222 W. Sierra Madre Bl.
Sierra Madre, CA 91024
Tuesdays 7-8:30 a.m.



4TH OF JULY GRAND MARSHAL NOMINATIONS

The Volunteer Sierra Madre 4th of July Committee is seeking nominations for the 2016 4th of July Parade Grand Marshal. The Parade will be held as always the morning of July 4th.

Parade Grand Marshal Nominees should embody the spirit of Sierra Madre, be an active volunteer in any of the local nonprofit organizations or in some way contributed to the betterment of Sierra Madre. Nominees may be an individual or volunteers or an organization.

Nominations must be submitted in writing by Thursday, April 28th and should be sent to the 4th of July Committee, PO Box 1073 Sierra Madre CA 91025 or emailed to 4thofjulysiemradre@gmail.com. Nominations should be no more than one page but at least a paragraph explaining why the honor should be given including contributions to the Sierra Madre community.

Sierra Madre Woman's Club

550 W. Sierra Madre Blvd.
Founded February 1907 - Dedicated to Charitable Service and Friendship
Member of General Federation of Women's Clubs clwc.org & glwc.org

Wed., April 13 Luncheon & Program
Patrick Gothard: "Painter Extraordinaire"
\$10 RSVP 355-3201 by 5 pm 3/20

SMWC is like Kiwanis & Rotary - International
Apr 22-23 60th SQUD Convention
@ Radussion in Ontario

Explore Opportunities & Membership
Come Join us for Luncheon or Tea
Like us @ [Facebook/SierraMadreWomansClub](https://www.facebook.com/SierraMadreWomansClub) 355-4379
Rent Our 1914 Historic Essick House 355-4379
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245 S. Rosemead Blvd
Pasadena
Monday - Sunday
10am - 5pm



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What's the Name of the Game?

Saturday, April 16th, 2016

Doors open at 6:30 - Bingo starts at 7:30



Legendary Bingo
At The Sierra Madre Recreation Center

A night of bingo you won't soon forget

**Wild or Mild -
This Is Not Your
Grandmother's
BINGO!**

**\$20 Donation at the Door
GREAT PRIZES!**
Pizza, Wine & Beer Available

**Sierra Madre
Recreation Center**
611 East
Sierra Madre Blvd.
Between Baldwin and Santa Anita Ave.

[For more information, visit www.smrosefloat.org](http://www.smrosefloat.org)

2016 HUCK FINN FISHING DERBY AND CAMPOUT

Get ready to cast your lines at the annual Huck Finn Fishing Derby and Campout taking place this April. The weekend-long event gives youth and families an opportunity to enjoy a taste of the outdoors in a friendly environment close to home. The City of Sierra Madre Community Services Department will host the popular Huck Finn event at the City's holding basins. The action starts on Friday, April 8th with a campout complete with s'more roast and is followed by fishing events held April 9-10.

Campout - Friday, April 8
Campers will enjoy a night sleeping under the stars and have convenient access to the fishing grounds when the Derby begins at 7:00AM the next morning. Evening activities include campfire s'more roast, wilderness demonstrations

and stargazing. Campsites are limited and available on a first come, first served basis. Advanced registration is required along with a registration fee of \$58. The fee includes campsite accommodation for up to six persons, Fishing Derby entry for up to four youths and re-entry to Saturday's Family Fishing event.

Fishing Derby - Saturday, April 9
The Fishing Derby runs from 7:00 - 11:30AM and is open to youth participants, ages 3-15. Anglers of all skill levels are welcome to participate. Experienced fishing guides will be on hand to provide assistance to participants new to the sport or those seeking to hone their skills. Food will also be available for purchase from the Sierra Madre Kiwanis Club. Derby registration is \$12 per individual. Event registration will only be accepted the morning of the event at the entrance located next to Dapper Field in Sierra Vista Park.

Family Fishing - Saturday, April 9 and Sunday, April 10
Open to youth and their families, Family Fishing runs from

12:30 - 4:00PM on Saturday and from 7:00AM - 4:00PM on Sunday. Fishing licenses are not required to participate. Registration is \$22 for a family of four or \$12 per individual. The entrance to the event is located next to Dapper Field in Sierra Vista Park.

The Huck Finn Fishing Derby and Campout is one of Sierra Madre's most popular events. Hosted by the City's Community Services Department, additional support for this year's event is made possible through donations from: the Issei Foundation, Sierra Madre Women's Club, Buccaneer Lounge, Sierra Madre Community Foundation, and Sierra Madre Civic Club.

Campsite registration for the Huck Finn Campout is open now. Please deliver applicable forms and fees in person to the Community Services Office (232 W. Sierra Madre Blvd.) between the hours of 7:30AM and 5:30PM, Monday through Thursday. For more information, please contact the Sierra Madre Community Services Department at 626-355-7135 or visit the City's website at: www.cityofsierramadre.com.

A WORD FROM THE PUBLISHER



Susan Henderson, Publisher/Editor

In the 500 plus consecutive weeks that I have been publishing a paper in Sierra Madre, I must say that this has been the most democratic and civil city council race I've ever seen. I've also spoken with several 50 year plus residents who agree. The council has two vacancies and we have two candidates that are running for re-election, and one candidate who is running as a write-in. One of the council candidates will not make it, but the race has been as it should be, full of differing opinions and yet respectful. Perhaps in the candidates spare time they could teach our national candidates a thing or two about how to focus on the issues and be mature! We also have two candidates who are running unopposed and they are to be commended for stepping up to the plate. Sierra Madreans are big on identifying what they don't like and what they would do if they were in charge, but this election cycle we've learned that a lot of that is just talk, no actions.

Every election cycle the Mountain Views News asks all candidates to share with readers why they chose to run for their respective seats and those summaries are presented here, in their own words.

But, the greatest challenge we have in Sierra Madre today is how to preserve it. To the person, every voter is here because they like the small town character, the village like atmosphere, the serenity,

and the safe environment. Sierra Madreans love having their local police, firemen and merchants know them by name, and love having the ability to reach out to civic leaders with ideas. However, in order to protect this town, it is necessary for small sacrifices to be made. Being an independent, self-sufficient city is what everyone says they want, but unless the voters are willing to pass this Utility Users Tax measure, that will not continue. Mayor Capoccia has submitted an editorial that discusses at length the importance of passing Measure UUT. Take a little time to read it and go to the city's website or the Yes on Measure UUT website and learn more.

The Mountain Views News endorses those candidates that support YES on UUT, John Harabedian and John Capoccia, and the YES ON MEASURE UUT ballot measure. Candidate Gold is a contributor to the opposition campaign. By the way, congratulations to Mayor Capoccia because in his first campaign this paper did not endorse him. He has, however, demonstrated that he is a great representative of the people of Sierra Madre. CAST YOUR VOTE ON TUESDAY - YES ON MEASURE UUT.

EditorialYES ON MEASURE UUT –
A VOTE FOR SIERRA MADRE

By John Capoccia, Mayor

On April 12, Sierra Madreans will vote on Measure UUT. Measure UUT is asking you to set the Utility Users Tax at 10%, which is what it was from 2009 to 2015, when Sierra Madre enjoyed balanced budgets and growing reserves. Sierra Madre is now facing a \$500,000 deficit in the current year, and a \$1,000,000 projected deficit next year, because of the step-down of the Utility Users Tax. These massive budget deficits are not sustainable. Deep cuts that threaten our town as we know it are imminent without the fiscal security provided by Measure UUT.

Measure UUT gives Sierra Madre a choice – Do you want to continue to provide the means for our town to prosper, or shall there be cuts that could have far-reaching and unpredictable effects? Your City Council unanimously agrees that if Measure UUT does not pass, our recreational and community service programs will be decimated, library hours will be dramatically reduced, maintenance of city facilities such as parks, roads and sidewalks will be compromised, and the loss of revenue could result in outsourcing one or more departments such as Police, Paramedic or Library.

It is simply not realistic to expect that our town can thrive after losing such a large portion of our General Fund revenue.

Many that are in favor of deep cuts to the City's budget have a thread of commonality – they are more concerned about themselves and keeping a few extra bucks in their wallets than they are concerned about preserving our historic Village of the Foothills, and they'll resort to the spread of misinformation and employ underhanded tactics to get you to side with them. Some of them don't even live here, or haven't lived here long enough to understand or appreciate Sierra Madre. Many are devoted to anti-tax dogma and are willing to sacrifice our beloved Sierra Madre to demonstrate their ideological purity. Sure, there are some upstanding citizens with a legitimate concern that growth of government has gone too far and excessive taxation hinders economic growth, but here in Sierra Madre, your local utility tax pays for the services and programs that Sierra Madreans value. I urge these folks to take a hard look at the facts, and I know they'll side with those that love this town and will vote YES on Measure UUT.

Here are some of the weak arguments put forth by those opposed to Measure UUT and why they should be ignored:

1. If we outsource the Police Department by contracting with LA County Sheriff, we don't need the UUT. Yes, we could save perhaps \$200,000 per year (for now) by contracting with the Sheriff. We could reduce police presence and permanently close our facility and save more, but that will result in slower response times and more crime. So where will we make up the remaining \$800,000 deficit without compromising safety? What happens a few years from now if we realize we made a mistake? - Too bad! Once our PD is gone, we'll never get it back. The UUT is a small price to pay to keep local control of our police, which has faithfully kept Sierra Madre as one of the safest communities in the nation.

2. Sierra Madre can't afford the 10% UUT and needs to live within its means. That's bunk. We can afford it and we have. The rate was 10% from 2009 to 2015. If we couldn't afford it, why did voters overwhelmingly approve Measure U in 2008 at the higher 12% rate? To cut costs, we've contracted out landscape maintenance, our pool, and now all of our recreation programs. Was that a good idea? Some think not, that we've gone too far with cost-cutting. Sierra Madre's per capita income is \$81,395, which is higher than Arcadia's. Monrovia has a per capita income of only \$64,949, yet they have FIVE (yes, 5) voter-approved additional assessments against property, that when added together, cost Monrovia more than what Sierra Madreans pay on their utility tax, even at the 10% UUT rate! How is it that Monrovia can "afford" to pay even more than Sierra Madre, especially when Sierra Madreans earn 25% more? It's not a question of affordability, it's a question of whether you value the things that make our town special and whether you're willing to keep it that way.

3. When voters approved the 12% UUT rate in 2008, it came with a "promise" that it would sunset. The "no" folks are not very clever. Witness their recent mailer, where they attempt to mislead you with a partial quote from the 2008

impartial ballot analysis. They crudely omitted a few critical words from the city attorney's actual text. Here, I've added the critical words back in (in bold face type) so that you can have the full story. It reads: "Unless approved anew by the voters, the rate will decrease over time..." Clearly Measure U was meant to be reconsidered by the voters prior to the sunset, which makes sense if you read the Citizen's Ad-Hoc Finance Committee's November 8, 2007 report to the City Council. The second bullet on the first page states that "The council should consider the political necessity of the sunset clause, although the public safety needs are not expected to subside". Obviously, the committee recognized that the revenue needs were ongoing, and the sunset clause was included to reassure voters should conditions change. Well, the committee was right, the conditions haven't changed, and we now have a deficit after years of balanced budgets because of the step-down of the UUT.

4. Public sector pensions are too generous. If we cut the city's revenue then they won't have to pay for the pensions. This is a tea-party favorite, and is patently absurd. If you look at the experience of Stockton and San Bernardino, both of which filed for bankruptcy, pension obligations were protected, while public safety and other city services suffered. And of course, this happened after a lot of very expensive litigation. A city cannot simply walk away from its pension obligations, even in bankruptcy, and especially without first gutting all the other services including public safety, that the city provides for its citizens.

5. The budget keeps rising, which means that the city hasn't cut expenses. The city has cut expenses - this has been well documented, so I'm not going to go over that again. I will however, draw attention to the reports from the annual UUT Oversight Committee. The committee's existence came in to being with Measure U in 2008, and its purpose is to ensure that the incremental revenue raised by Measure U goes to public safety. The last UUT Oversight Committee Report dated November 10, 2015 states this: "...the UUT Committee has concluded that for the year ended June 30, 2014, the increase in public safety expenditures over the base year of 2008 (\$1,920,695) exceeded the increase in UUT revenues over the base year (\$1,277,795) in the amount of \$642,900...". This means that there was \$642,900 less from the general fund than what was available to spend on non-public safety in the last fiscal year compared to 2008. How is this possible? Because of budget cuts, that's how!

6. Lost UUT revenue will be replaced by the continual rise of property values and the corresponding increase in property tax revenue. This was the main argument put forth by the authors against measure UUT in 2014, and they were just plain wrong, but they managed to fool enough people to defeat the measure. And because they were wrong, we now have a deficit and are spending hard-earned reserves. Now they're pushing dissolution of the Sierra Madre PD as the budget savior – and guess what? They're wrong again!

Your City Council is unanimous in support of Measure UUT, because they know that we cannot keep Sierra Madre the special place that it is without sufficient revenue to support the services and programs that our citizens expect.

Let's not take for granted what we cherish. We have safe neighborhoods, fast response from Police, Fire and Paramedics, eclectic neighborhoods, a picturesque, charming downtown, and unspoiled hillsides. We have low density, effective anti-mansionization laws, no traffic signals, a fantastic library and high property values. Sierra Madre is a great place to raise a family and is the envy of other communities. Let's ensure that future generations feel the same way about this special place.

We all dislike paying taxes. However, here in Sierra Madre your utility tax dollars provide for your safety and security, terrific library services and community programs. Your local tax dollars are used efficiently and effectively for your benefit, allowing your city to keep development in check to preserve this special oasis. I don't need to remind anyone that Sierra Madre has no Walgreens, K-Mart, strip malls, auto malls, hotels or racetracks to pad the city coffers like our neighbors. Nor do we have ANY additional property tax assessments like many of our neighbors. Yes, we have a utility tax and we rely on it to keep Sierra Madre special!

Please, join those that care about Sierra Madre –

JOHN CAPOCCIA Candidate, Sierra Madre City Council

I'm running for re-election to the Sierra Madre City Council because I want to ensure that Sierra Madre retains its distinctive character and charm for its current and future citizens. Having lived here and volunteered here for 32 years, and having raised three children here with my wife Marta, I deeply appreciate the many attributes that make our town special.

During the past four years, I've provided strong leadership, have demonstrated sound analytical skills and have collaborated effectively with my fellow council members to:

Fight over-development by completing the General Plan update and implementing sensible measures to limit undesired mansionization to preserve our small-town character

Halt the degradation of our water supply, and implement steps to secure its long-term viability

Ensure that Sierra Madre's citizens get the most



for their hard-earned tax dollars. Ensure that our city government is transparent and open, where citizens work with their elected officials and city staff to manage the present and chart our future. Much remains to be done, especially to stabilize our finances and infrastructure. My four years serving you as Councilmember, Mayor-Pro Tem and as Mayor have given me the wisdom and experience to ensure that your city government is managed efficiently and effectively to serve you. Working together, we can overcome our challenges and ensure that Sierra Madre will have a bright future. I am honored to serve you on Sierra Madre's City Council, and I thank you in advance for your support.

JOHN HARABEDIAN Candidate, Sierra Madre City Council

I am running for reelection because there is important work to be done that requires experienced leadership.

As your councilmember, I have worked the past four years protecting Sierra Madre in the face of challenges relating to the City's budget, water supply, and aging infrastructure. The next four years will require continued diligence on all of these fronts. Sierra Madre will remain a safe, cost-effective, and full-service city as long as we, as community, continue to demand quality public services, while providing the necessary resources to provide such services.

As your councilmember, I will continue to maintain the City's high level of public safety, restore the City's aged infrastructure, and protect the City's independent water supply.

If you have any questions or concerns, please contact me at jharabedian@cityofsierramadre.



No matter who you vote for, vote YES ON MEASURE UUT.

BARRY GOLD Write-In Candidate, Sierra Madre City Council

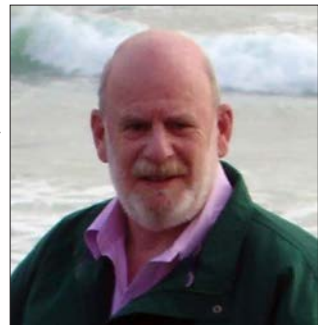
Hi, I am Barry Gold a "Write-In" Candidate for open spaces.

My wife Judy and I moved to Sierra Madre 4 ½ years ago from Arcadia where we saw firsthand that I feel strongly what can happen to neighborhoods when you about. Judy and I have a development free-for all. That is why I am are supporters of so passionate about preserving Sierra Madre and the Library and the decided to run for city council.

I have been at the forefront of the effort to control over-development in Sierra Madre. I was one of the original supporters of the Preserve Sierra to the Paramedic Madre coalition. Over the last two years, no one program and have has attended more Planning Commission and City Council Meetings and spoken up in support of the preserving the character of our town than I have.

I supported the General Plan Update, the Code changes lowering maximum allowable floor areas and CUP thresholds, the approval of the Demolition Moratorium to protect our historic properties.

If I am elected to the city council I will be a better protect Sierra Madre from inappropriate strong and consistent advocate for continued development I ask for your support. Please write historic preservation, stopping over-development, in my name on your ballot when you vote on April preventing mansionization, and protecting our 12th.



MICHAEL AMERIO Candidate, Sierra Madre Treasurer

As a native Californian, my educational background includes graduating from Serra High School in San Mateo, and San Diego State University with a BS degree in accounting. I met my wife Cyndy, in San Diego. After graduation we moved to Pasadena and then to Sierra Madre, where we have lived the past 13 years. Cyndy and I have three sons who have all attended St. Rita School and participated in Sierra Madre's Little League, Pony League and Cub Scouts. We proudly call Sierra Madre our home.

I have been an accountant for 27 years, 23 of those years with the CPA firm Lucas Horsfall in Pasadena. Our firm is an accounting, income tax and consulting firm. Lucas Horsfall has been in business since 1957, providing analysis, guidance and experience in financial management and operations. We currently have over 2000 clients and 62 employees. In addition to working with individuals, businesses and not for profit clients, I oversee our firm's finances, including insurance matters, personnel matters, our pension plan, and the firm's banking relationship.

As treasurer, I will share my years of financial experience, work to make the City accountable for expenditures and investments, and will ensure financial transparency. I commit to the following: trustworthiness, impartiality, and professional knowledge working with figures. I am open to dialogue when questioned and will be methodical in ensuring the City maintains clear records. I am running for City Treasurer because I care about Sierra Madre. I am concerned about our City's financial future. I am not one to complain and not put forth effort for the cause. I will do my best to remove obstructions and solve issues that divide our City. Thank you and I respectfully ask for your vote for Treasurer.



MELINDA CARILLO Candidate, Sierra Madre City Clerk

My two boys and I moved to Sierra Madre six years ago after having lived in Germany for many years and in the UK where I attended graduate school. My children attend St. Rita School and are very active in Sierra Madre Little League and Sierra Madre Pony League.

For the past 6 years, I've owned a small Spa Boutique business, specializing in skincare in the South Lake District in Pasadena which has now been relocated to Sierra Madre. I feel my integral experience as a business owner will allow me to be a proficient City Clerk as well as my experience living abroad and being part of different communities.

It's an honor for me to serve my community as the next City Clerk. I have always found ways to give back to my community no matter where I have lived in the past, and I am grateful today for having this opportunity and thankful to live in such a wonderful community and beautiful environment.



TUESDAY, APRIL 12, 2016



**A VOTE FOR WRITE-IN CANDIDATE
BARRY GOLD FOR CITY COUNCIL IS A
VOTE FOR PRESERVING SIERRA MADRE**

Barry Gold is one of the original supporters of the Preserve Sierra Madre coalition.

Over the last two years, no one has attended more Planning Commission and City Council Meetings and spoken up in support of preserving Sierra Madre than Barry Gold.

Barry supported *The General Plan Update *Building Code Changes
*Lower Maximum Allowable Floor Area *Reduced CUP Thresholds
*The Demolition Moratorium

If elected to the city council Barry will be a strong and consistent advocate for continued historic preservation, stopping over-development, preventing mansionization, and protecting our open spaces.

Preservation is not the only issue Barry feels strongly about. He contributes to and supports the Library. Barry subscribes to the Paramedic program and donates to the Fire Department.

So that Barry can better protect Sierra Madre from inappropriate development please write in [BARRY GOLD](#) for City Council on your ballot April 12th

A VOTE FOR BARRY GOLD IS A VOTE FOR PRESERVING SIERRA MADRE
e-mail: barrygold4citycouncil@gmail.com Cell: 213-804-1820

Paid for by Barry Gold

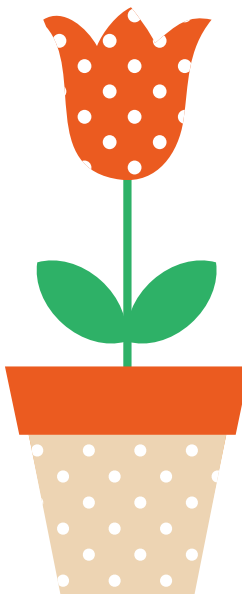
Happy Spring

Real Estate Season is officially in bloom!

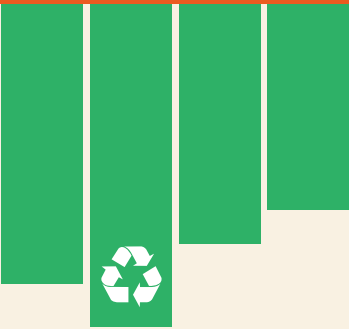
Spring home sales are expected to be the best they've been in 10 years. Contact me and I will help you find the home you will love!



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Please join the SIERRA MADRE POLICE ASSOCIATION on April 12 in voting YES on Measure UUT

Did You Know...

UUT funding not only enables Local Control of Law Enforcement, it also helps pay for:

- The Library and its Programs
- Community Services
- Senior Services
- The Fire Department
- Paramedic Services

Paid for by Sierra Madre Police Association

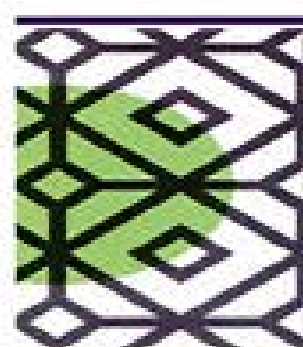


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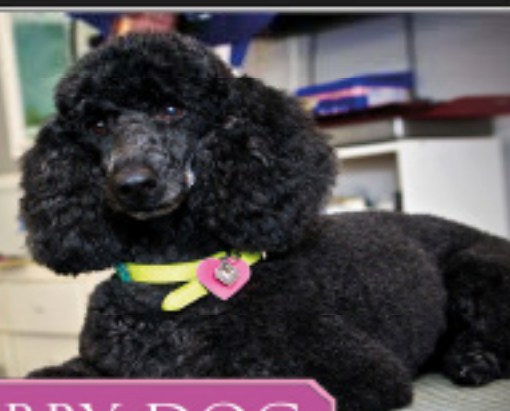
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News From Your Community For Your Community

Man Shot Following Traffic Stop

Authorities gave little details Friday after they say an armed man was shot by Pasadena police, in the morning, after a short foot pursuit during a traffic stop in North West Pasadena.

The officer involved shooting happened shortly after 9:15 a.m. in the 700 block of N. Los Robles Avenue near Adena Street police said.

According to police and numerous reports, officers attempted to stop a vehicle when noticing suspicious activity, a man jumped from the car as it sped away. Two officers chased the suspect on foot and then fired at him, in what witnesses said was about 11 or 12 gunshots.

In a video released to news sources, an eyewitness alleged that officers shot the suspect in the back as he ran. The man dropped a gun after being shot in the upper torso by police. Police said the suspect shot first. Police are still looking for two other suspects after finding a sedan involved in the incident unoccupied.

In a statement from the city of Pasadena, Public Information Officer William Boyer said "The Pasadena Police Department is working with the Los Angeles County Sheriff's Department regarding an officer-involved shooting."

He said the Los Angeles County Sheriff's Department was leading the investigation per the Pasadena Police Department's protocol.

Pet of the Week



Billie (A392731) is a two-year-old, spayed female, brown and white Staffordshire bull terrier mix. She is an energetic girl who still has lots of puppy energy! She would do great in a home where she can get lots of exercise and playtime. She walks (and runs) well on leash, so if you're looking for a walking or jogging buddy, you need to meet Billie! When she went out on our Mobile Outreach Unit, Billie was friendly with everyone she met, including kids and other dogs. She thinks she's a lap dog and loves to be held. This clever girl already knows her "sit" and "focus" training cues, and she's ready to learn some more!

The regular dog adoption fee is \$125 which includes the spay or neuter surgery, microchip, vaccinations, and a free follow-up health check at a participating vet.

New adopters will receive complimentary health and wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information on how to care for your pet.

Call the Pasadena Humane Society & SPCA at 626.792.7151 or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11-4 Sunday, 9-5 Tuesday -Friday, 9-4 Saturday. Pets may not be available for adoption and cannot be held for potential adopters from phone calls or email. Directions and photos of all pets can be found at www.pasadenahumane.org.



Council Approves Arroyo Music Festival

After a lengthy discussion Monday night, the city council voted in favor of plans for an annual multi-day Arroyo Seco Music and Arts Festival, to be held by AEG/GoldenVoice at the Rose Bowl and surrounding areas, the first, scheduled for June of 2017. The Arroyo Seco, will be GoldenVoice's fourth major annual festival in Southern California, following Coachella, Stagecoach and FYF Fest.

The council gave Rose Bowl Operating Company General Manager Darryl Dunn the authority to finalize a proposed 10 year deal, with two five-year extension options. Dunn said that could lead to \$90 to \$106 million in revenue over the full 20 years. He also said the festival could generate \$385 million in economic benefits for the city.

City staff also said it was estimated that the festival could create as many as 600 jobs for

the community. Dunn said the festival, each year, would generate the same revenue as five to seven music or sporting events.

The proposal states that the festival would be held in the stadium, golf course, Bookside Park, Area H, the Rose Bowl Parking lots, and other areas within the Central Arroyo. Festival producers said no one would be allowed anywhere in the Arroyo, during the event, without a ticket.

There would be up to four music stages along with a theatre performance stage. There would also be a limited number of carnival rides. Producers said they planned the festival as "family friendly," including a possible partnership with KidSpace Children's Museum.

Concession stands throughout the festival area would also be weaved with partnerships from local Pasadena Restaurants. Local Pasadena art venues

would also be included they said.

Most parking would be off site and bundled with the ticketing charges. Parking at the event would be limited to the golf course area. There would also be a sound management plan that includes microphones placed in nearby neighborhoods so sound levels could be controlled during the event. The permits would allow live music until 11

Reward Offered in Altadena Murder

On a motion by Supervisor Michael D. Antonovich, the Board of Supervisors has offered a \$20,000 reward in exchange for information leading to the arrest and/or conviction of person(s) responsible for the murder of Christopher Walker on Fair Oaks Ave. in Altadena on October 30, 2014.

At the time of the shooting, victim Walker was sitting outside the Fair Oaks Burger while waiting for his order. Los Angeles County Fire Department responded and transported him to Huntington Memorial Hospital where he was later pronounced dead.

A witness described the shooter as a black male, 18-20 years old with a medium build. After the shooting, the suspect drove away in a grey 4-door sedan.

Supervisor Antonovich encourages anyone with information to contact Sheriff's Homicide Bureau Sergeants Chaffey Shepherd and Howard Cooper at (323) 890-5500.

International Space Apps Challenge

Space Apps is one of the world's largest international annual hackathons. During a 48-hour period in cities around the world, teams will compete to create a project that makes use of NASA data. Through collaborative problem solving, participants aim to produce open-source solutions to address needs of global importance. Engineers, coders, makers, artists and storytellers alike are invited to connect over challenges related to NASA missions. This year's categories are technology, aeronautics, space station, solar system, Earth and Journey to Mars. In Pasadena, California, the event kicks off with a Data Bootcamp on April 22, followed by the hackathon April 23-24.

For more information visit 2016.spaceappschallenge.org

Signup for Altadena Car Show

Time to wash and wax your favorite car, truck or motorcycle for the Altadena Sheriff's Station 4th annual Car Show. The proceeds of the car show will help our Sheriff's Explorer youth program. We are now accepting applications for vehicles and vendors. The event is Saturday June 11th, 2016 at Farnsworth Park. There will be food, balloons, face painting, popcorn, snow cones, and cotton candy. For more details and application, please email dcpaige@lasd.org.

We are also accepting applications to our youth Explorer program, if you know someone between the ages of 14 -20 years old, please email dcpaige@LASD.org or call (626) 296-2105 for more information.

Nuisance Liquor Store to be Demolished

The public is invited to a "Liquor Store Demolition and Community Celebration" beginning at 10 a.m., today. City officials, including District 5 Councilmember Victor Gordo and Police Chief Phillip Sanchez will watch as the walls come down of the former Andy's Liquor Store.

According to city staff, for more than 30 years, the liquor store at southwest corner of Summit Avenue and Orange Grove Boulevard has been a magnet for crime and other offensive/bad behavior. During the last

five years, 358 documented police responses to that corner--more than one per week--has been recorded.

"Working together as neighbors, partnering with the Pasadena police, city staff and Heritage housing Partners, we succeeded in closing Andy's Liquor Store late last year," Gordo said. "The change is undeniable and police calls have dropped dramatically."

He said the demolition will make way for housing for first-time homebuyers.

For from information call (626)-744-4741.



Andy's Liquor Store Photo D.Lee/MVNews

Mothers Day Tour and Tea at Majestic Castle Green

The Friends of the Historic Castle Green will again host Mother's Day at the Castle Green. The event will include the opportunity to tour the fabulous original public rooms including the Grand Salon, the Moorish and the Turkish Rooms, and more than 15 unique private apartments. New this year, pose for a complimentary Mother's Day photo of your group.

This year Friends of the Historic Castle Green will be offering a formal sit-down full service tea in the grand Ballroom of the Castle Green presented by Tea Rose Garden, a tearoom which has been part of Old Pasadena for twenty-two years and the Perfect Equation Catering. Come early and enjoy a full service sit-down tea in the Ballroom complete with classic tea sandwiches, salad, scones, pastries, desert, seasonal tea and a fresh posie keepsake for Mom.

Mothers Day at the Castle Green will be Sunday, May 8th

between 1:00 p.m. to 5:00 p.m. the Castle Green is located 99 South Raymond Avenue.

Tickets for the tour, \$30.00 per person (\$85.00 per person and Tour and Tea combination) may be purchased at brownpapertickets.com (Search: Mothers Day at the Castle Green). Tickets will also be available on the day of, at the front gate. Or checks can be made to Friends of the Castle Green and mailed to: 99 S. Raymond Ave. Suite 401, Pasadena, CA 91105.

Please note the antique elevator will not be in service during the event. We are handicapable in all rooms of the first floor including tea service in the ballroom, restrooms, sunroom, grand salon, moorish and Turkish rooms, lobby, library and ballroom as well as veranda and lawn. A ramp is located via the back driveway. Please contact us if you would like more information.

More Info call 626-824 8482 or visit riendsofcastlegreen.org

DÍA DEL NIÑO

Pasadena Public Library's La Pintoresca Branch is pleased to present their third annual -Día del Niño- on Wednesday, April 27, 3:30 p.m. at La Pintoresca Branch Library, 1355 N. Raymond Ave.

El Día de los niños/El Día de los libros (Children's Day/Book Day) is a nationally recognized initiative that emphasizes the

importance of literacy for all children from all backgrounds. It is committed to linking children and their families to diverse books, languages and cultures. Join in celebrating Día del Niño at La Pintoresca Branch Library with an afternoon of music, books, crafts, games and fun for the whole family.

For more information, contact Pat Smith at (626) 744-7268 or psmith@cityofpasadena.net.

Free April Events at the Pasadena Senior Center

There is something for everyone in April at the Pasadena Senior Center, 85 E. Holly St. All events listed are free and are presented at the Holly Street location unless otherwise indicated. You do not have to be a member to attend. Some events require advance reservations as noted.

Stay Connected with Social Media - Tuesdays and Thursdays, April 15 to 28, from 9 to 11 a.m. Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

Smart Phones, Tablets and Computers - Any Questions? - Tuesdays and Thursdays, April 15 to 28, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

Climate Change - Tuesday, April 12, at noon. Robert Haw, a navigation engineer on solar-

system exploration missions at Jet Propulsion Laboratory, will discuss, in simple terms, changes on Earth including rising seas, ocean acidification, floods, droughts, changing balance among plants and animals and the harmful consequences of humans' actions.

Eyes as Windows to Systemic Disease - Thursday, April 14, at noon. While eyes are the "windows to the soul," they also are windows to certain medical issues, including cataracts and glaucoma, and can help identify illnesses such as diabetes, hypertension, cardiovascular disease and, more recently, Alzheimer's disease. Learn what your eyes can tell about you. A boxed lunch will be served to the first 50 people who have made reservations by calling 626-795-4331 or stopped by the Welcome Desk. Presented by Dr. Arbi Khemichian, Pasadena Eye Medical Group.

Health Fair - Friday, April 15, from 9 to 11 a.m. Services include glucose, blood pressure and hearing screenings as well as counseling and health/community resources. Bring your list of medications, doctors and emergency contacts for a free personal identification card sponsored by New York Life. For more information call 626-685-6732.



Friday, April 1st

3:30 AM - A vehicle burglary occurred in the 3500 block of Canyon Crest Road. Suspect(s) entered the vehicle by prying the door lock. Stolen: Dewalt drill, Phillips DVD portable player, folding knife, Prada sunglasses.

8:40 AM - A grand theft occurred in the 4500 block of El Prieto Road. Stolen: Specialized 5-work demo 8" bicycle.

3:30 PM - A robbery occurred in the area of Harding Avenue and Washington Boulevard. The victim was approached by a male Hispanic and female Hispanic who told the victim they were looking for their vehicle. The male Hispanic punched the victim and took his money and pocket knife. Suspects were last seen on Harding Avenue. Stolen: pocket knife, currency.

10:00 PM - An assault with a deadly weapon occurred in the area of Navarro Avenue and Figueroa Drive. Deputies responded to the area regarding shots fired and found a victim who had been shot in the leg. No suspect info. Victim suffered no life-threatening injuries.

Crime Blotter for Altadena

Monday, March 28th

10:40 AM - A package theft occurred in the 400 block of E. Altadena Drive. Stolen: box containing books.

1:59 PM - A juvenile was arrested in the 2200 block of N. Lincoln Avenue for strong-arm robbery. Stolen: alcohol.

Tuesday, March 29th

5:50 PM - A petty theft from an unlocked vehicle occurred in the 1200 block of E. Woodbury Road. Stolen: Metro express lanes transponder.

7:24 PM - Oscar Villimil, 24 years old of Altadena was arrested in the 80 block of E. Montana Street for battery on a peace officer.

8:30 PM - A residential burglary occurred in the 1500 block of E. Altadena Drive. Suspect possibly a roommate. Stolen: construction tools, currency.

10:38 PM - Joyce Hart-Leon, 53 years old of Altadena was arrested in the 4500 block of El Prieto Road for domestic battery.

11:59 PM - A residential burglary occurred in the 300 block of Acacia Street. Suspect(s) entered the residence by shattering the glass door. Stolen: none.

Wednesday, March 30th

9:40 AM - A vehicle was reported stolen from the 900 block of E. Mariposa Street. *Vehicle was recovered by the owner on 4/2/2016 at 735 E. Altadena Drive.

Thursday, March 31st

2:09 AM - A vehicle vandalism occurred in the 400 block of Athens Street. Suspects are known.

ARCADIA

Sierra Madre

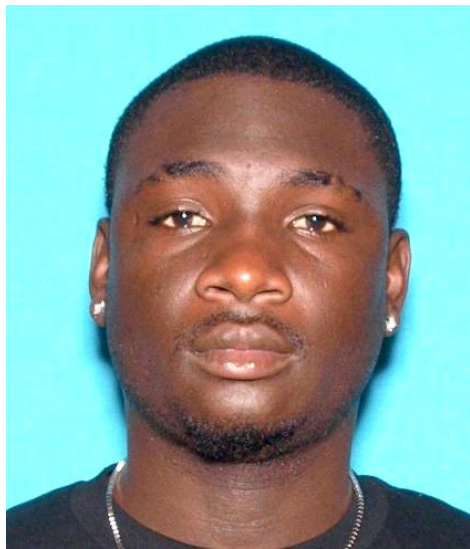
Arcadia

Pasadena

Altadena

Monrovia

INCIDENT: VEHICLE PURSUIT/RESIDENTIAL BURGLARY ARREST



Suspect Kevin Pollard



Suspect Brian Bradley

On Wednesday, April 6th, 2016, at approximately 7:58 P.M., Arcadia Police Officers were dispatched to the 1000 block of Singingwood Drive in regards to a suspicious person that was seen in the rear yard of a residence and a suspicious occupied vehicle parked to the front of that residence. Officers responded and found a suspicious vehicle leaving the area. Officers attempted to stop that vehicle and it failed to yield. A pursuit ensued and the driver was ultimately apprehended in the city of Pasadena. Stolen property was located inside the vehicle. Officers also located a second suspicious occupied vehicle parked on Singingwood Drive. The driver of that vehicle was detained and ultimately arrested.

The investigation revealed two residential burglaries had occurred in the 1000 block of Singingwood Drive. Both suspects are believed to be involved in the Burglaries.

Suspect Kevin Pollard, age 24, of Pasadena, was arrested for Penal Code 459-Residential Burglary. He is being held in custody at Arcadia city jail on \$50,000 bail. Suspect Brian Bradley, age 23, of Pasadena, was arrested for Penal Code 459-Residential Burglary and California Vehicle Code 2800.2-Felony Evading. He is being held in custody at the Los Angeles County Jail on \$75,000 bail.

The investigation is being conducted by the Arcadia Police Department Detective Bureau. Anyone with information about this incident is encouraged to contact the Arcadia Police Department at 626-574-5151. If you prefer to provide information ANONYMOUSLY, you may call "Crime Stoppers" by dialing 800-222-TIPS (8477), texting the letters TIPLA plus your tip to CRIMES (274637), or using the tip web page at Los Angeles Regional Crime Stoppers.

PRESBYTERIAN WOMEN'S ASSOCIATION TO HOST ECUMENICAL HYMN FESTIVAL

The Women's Association of the Arcadia Presbyterian Church is sponsoring an Ecumenical Hymn Festival on Saturday, April 16, at 4 p.m. in the church's sanctuary, 121 Alice St., Arcadia. They have invited the nationally known conductor, William Hatcher, to conduct the Festival, and Tabitha Henken to be the organist. A brass quintet will accompany the choir. In the ecumenical spirit, singers from Methodist,

Baptist, Lutheran, and Presbyterian churches of Hollywood, Fallbrook, Monrovia, Sunland and Arcadia will join their voices for the Hymn Festival. Festivities will begin with bagpiper Jim Mustain's playing of "Amazing Grace" in honor of Presbyterian Scottish heritage. A freewill offering will be received. A reception of punch and cookies will follow. For more information, please call Tabitha Henken at 626-447-9506.

ARCADIA POLICE BLOTTER

For the period of Sunday, March 27th, through Saturday, April 2nd, the Police Department responded to 887 calls for service of which 122 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, March 27:

Just after 1:00 a.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a battery report. An investigation revealed the victim was hit multiple times by a group of five males after they made derogatory comments about the victim's girlfriend.

The victim was only able to describe one suspect, as a Hispanic male, 5'8" tall, wearing a red polo shirt. The investigation is ongoing.

Around 7:00 p.m., an officer responded to Albertsons, 298 East Live Oak Avenue, regarding a petty theft report. A loss prevention specialist witnessed the suspect conceal approximately \$100.00 worth of merchandise in a bag before exiting the store, failing to make payment. A search of the suspect revealed he was also in possession of methamphetamine and a smoking pipe. The 54-year-old male from Lancaster was arrested and transported to the Arcadia City Jail for booking.

Monday, March 28:

At about 1:55 a.m., an officer responded to the 400 block of Duarte Road regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy items containing bait property and tracking devices to combat the increase in thefts from vehicles parked in residential areas. An investigation revealed three suspects were in possession of the stolen property, tracking device, and additional stolen mail and credit cards. The female suspect also had an outstanding misdemeanor warrant, provided a false driver's license to the officer, and resisted arrest. The 57-year-old male from Rosemead, a 27-year-old male from El Monte, and a 35-year-old female from El Monte were arrested and transported to the Arcadia City Jail for booking.

At approximately 3:20 p.m., an officer responded to a solo-vehicle hit and run traffic collision that occurred near the intersection of North Golden West Avenue and East Naomi Avenue. The officer discovered Party-1 collided with the curb and a large bush before exiting the vehicle, and fleeing on foot. Witnesses stated the driver appeared to be under the influence of an alcoholic beverage. An area search was conducted but the suspect was not located. The vehicle is registered to a male out of Temple City. The investigation is ongoing.

Tuesday, March 29:

Around 8:18 p.m., an officer responded to the Arcadia Police Department front counter regarding an incident of child abuse. An investigation revealed the father threw his 5-year-old son on the couch and hit him in the head with an ice pack. The 47-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking. DCFS was notified.

Just after 10:54 p.m., an officer responded to 24 Hour Fitness, 125 North First Avenue, regarding a commercial burglary report. The officer determined an unknown suspect stole the victim's wallet and cellphone from a locked locker. The investigation is ongoing.

Wednesday, March 30:

Shortly after 6:56 p.m., an officer responded to the

Arcadia Police Department front counter regarding an elder abuse report. The reporting party claimed the 97-year-old victim suffered visible injuries and bed sores after receiving treatment at Arcadia Methodist Hospital in September 2015. The investigation is ongoing. Adult Protective Services was contacted.

At about 8:05 p.m., officers responded to a residence in the 1600 block of South Tenth Avenue regarding a burglary alarm activation. The officer discovered the suspect smashed a rear sliding glass door but fled when the alarm activated. The suspect was gone prior to the officers' arrival. No loss was reported. The investigation is ongoing.

Thursday, March 31:

9. At approximately 1:56 a.m., an officer conducted a traffic stop on a vehicle in the area of Huntington Drive and Gateway Avenue for making an illegal U-turn. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 39-year-old male from Texas was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

10. Around 12:08 p.m., an officer responded to Macy's at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a petty theft report. A loss prevention specialist witnessed the suspect conceal numerous items in her stroller before exiting the store, failing to make payment. The 48-year-old female from Azusa was arrested and transported to the Arcadia City Jail for booking.

Friday, April 1:

At about 12:05 a.m., an officer initiated a traffic stop on a bicyclist for riding northbound in southbound lanes of traffic without proper lighting near the intersection of First Avenue and Huntington Drive. During a consensual search of the subject's backpack, the officer located a checkbook and mail that did not belong to him. The 23-year-old male from Altadena was arrested and transported to the Arcadia City Jail for booking.

Just after 1:45 p.m., an officer responded to the front counter of Arcadia Police Department regarding an identity theft report. The officer discovered an unknown suspect used the victim's identifying information to file a fraudulent tax return. The investigation is ongoing.

Saturday, April 2:

Around 8:21 p.m., an officer responded to Savers, 16 East Live Oak Avenue, regarding a theft report. Surveillance footage revealed two suspects worked in concert to switch out a watch while the employee was helping another customer. Both suspects fled the scene in a vehicle.

The first suspect is described as a male, 35 to 39-years-old, 6'0" tall and heavy set. The second suspect is described as female, 30-years-old, 5'3" and approximately 150 pounds. The suspect vehicle is described as a white older model compact car. The investigation is ongoing.

14. At approximately 3:28 p.m., an officer responded to Arcadia Methodist Hospital, 300 West Huntington Drive, regarding a subject who was causing a disturbance and refusing to leave. Upon contacting the 49-year-old male from Hesperia, the officer noticed symptoms of alcohol intoxication and determined the suspect was unable to care for himself. The subject also had an outstanding misdemeanor warrant. He was arrested and transported to the Arcadia City Jail for booking.

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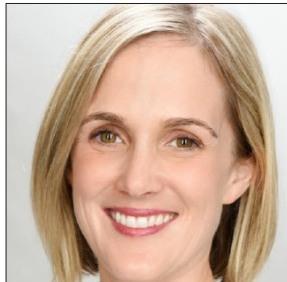


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Life is not always joyful. We are, in fact, experiencing the human condition each day. There is joy, happiness, freedom, sadness, fear and sorrow. In fact, it's a great thing to be experiencing all these emotions. It means we're alive and listening...

It's important to feel low (not stuck there indefinitely), ineffective, or even lost. These times are opportunities for mini-awakenings. They cause us to consider such questions as "am I stuck?" "Is there an area of my life that needs intention and surrender?"

This when your yoga practice can be the ace in the hole! Our practice says: 1) this doesn't have to be hard 2) the answers are inside already and 3) take it easy, apply stability, softness and love.

Even if your yoga starts as purely a physical practice, spiritual development takes place. Each time we

practice, we're making a connection to our deeper selves. Making this connection over and over strengthens our faith and intuition. There is huge power in this divine connection. There are choices.

So why not rely upon your practice to live life? Why not use it to undo stress and tension? It's through cultivating awareness, moving through fear and creating nourishing, smooth breath that real growth happens.

I might add that it's quite hard to access intuition and clarity when we're a stressed. Further, we GET to be happy and joyful. Sadness, grief or guilt are not our lot in the long term. It is not who we are. Our true state is one of joy and light. Think of your practice as working from the inside out. Come to rely upon it's answers and comfort.

Namaste, see you on the mat!

Keely Totten

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FOOD AND DRINK

Mountain View Reader Dave Buchanan is a man after my own heart. He loves a good glass of wine and he loves to go to the Santa Anita Race Track and watch the horses run. As a reader of this column Dave asked me if I had any formal journalistic training. The answer is no - I was an Econ Major at Cal State LA. Dave and I have tussled about wine prices and the right and wrongs about bringing your own wine into a restaurant.



Reader Cheryl would like me to give the little guys a chance - she tells me that Monopole on El Molino in Pasadena has some fantastic wines, and that Everson Royce on North Raymond also has a great selection. A few weeks ago, I took Cheryl's advice and had a marvelous time sampling a Hunt and Harvest Merlot from a five-gallon keg at Everson Royce. Ryan was on duty and told me that kegged wine is a great way to sample wine before you make the decision to buy a full bottle, and I agree. I am all about value and would love to include the little guy in my column more often.

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Many supermarkets are "fully in" on wine programs. Right now Vons is holding their semi-annual 30% off wine sale. Many of you whom I've met at my wine tastings tell me that when Vons does this program the prices are hard to beat. Others such as Ralphs and Stater Bros. have similar programs, although I wonder if the "regular" price is a bit inflated to make the savings look stronger. Whatever the strategy, this consumer has no shame in sending you to the supermarket aisle when there is a sale going on. Speaking of good deals, Central Park Restaurant in Pasadena has an offer that I think you'll like. "Wine Wednesdays" is a phenomenon on social media, and Central Park offers 50% any bottle of wine on Wednesdays. I have already taken advantage of getting a bottle of Veuve Clicquot for 50% off.

Wine Term of the Week

Balance: The level of agreement between acidity, tannins, fruit, oak, and other elements in a wine; a perceived quality that is more individual than scientific.

Join me this Sunday at 3:30 PM on TV!! I check out Pink's Hot Dogs for PBS Los Angeles, Look for KLCS on your channel search. For more info go to www.klcs.org

Julie's Favorite Family Recipes

LEMON-BASIL CHICKEN WITH BASIL AIOLI

Ingredients

CHICKEN:

1/2 cup chopped fresh basil
1/3 cup chopped green onions
2 tablespoons fresh lemon juice
2 tablespoons white wine vinegar
1/2 teaspoon lemon pepper
1/4 teaspoon freshly ground black pepper
4 (6-ounce) skinless, boneless chicken breast halves
Cooking spray

BASIL AIOLI:

1/4 cup finely chopped fresh basil
2 tablespoons low-fat mayonnaise
1 tablespoon fresh lemon juice
1 1/2 teaspoons Dijon mustard
3/4 teaspoon bottled minced garlic
1/2 teaspoon olive oil

Preparation

To prepare chicken, combine first 6 ingredients in a large bowl. Add chicken to basil mixture, turning to coat. Heat a large nonstick skillet over medium-high heat. Coat pan with cooking spray. Add chicken to pan; cook 8 minutes on each side or until done. While chicken cooks, prepare aioli. Combine 1/4 cup basil and remaining ingredients in a small bowl, stirring with a whisk. Serve with chicken.

RESEARCHERS TO STUDY ACUPUNCTURE FOR ANKLE INSTABILITY AND SHIN SPLINTS

Ankle sprains and shin splints are two of the most common injuries of the lower leg. Most ankle injuries, meanwhile, are caused by an inversion sprain of the anterior talofibular and calcaneofibular ligaments, the two primary lateral stabilizing ligaments of the ankle. Because the ankle joint is quite complex, it does not always return to normal after injury; in fact, if an ankle is sprained repeatedly, the supporting musculature becomes imbalanced such that the ligaments become unstable, predisposing the ankle to even further injury.

Although ankle sprains and shin splints appear to respond well to acupuncture, it has been difficult to measure how successful the therapy has been in making patients better. To get a better understanding of the benefits acupuncture could have on each condition, a pair of studies are currently being conducted by Matthew Callison, a licensed acupuncturist, and a team of researchers at the UCSD/RIMAC Sports Training Center in San Diego, California.

Acupuncture and Ankle Sprains

The first study will look at acupuncture's ability to affect ankle stability. To qualify for the study, subjects who had had numerous ankle sprains in the past and currently have a feeling of "weakness" in the ankle. Patients will be divided into a test group that will receive acupuncture treatment that includes motor points (areas on the skin above a neuromuscular junction) and extraordinary vessel points, and a control group that will receive no treatment.

Callison's team will measure ankle proprioception by having participants balance on one foot on a computerized

platform, which will measure the number of times and distance each participant wavers from their range of balance. After the first set of measurements, patients will receive either acupuncture or no treatment, then be retested to measure any differences in balancing.

"Using acupuncture on motor points has a profound effect on the efficacy of treating musculoskeletal injuries," said Callison. "I want other acupuncturists to have confidence in their ability to treat these kinds of injuries."

Acupuncture and Shin Splints

The second study will determine the effects of acupuncture in treating shin splints. Subjects will be randomly divided into three groups. In the first group, patients will receive treatment in sports medicine modalities from qualified sports trainers. Patients in the second group will receive acupuncture treatments from Callison and a team of interns from Pacific College of Oriental Medicine. The third group will be subjected to both treatments.

Each study participant will receive an initial exam and six consecutive treatments. After the sixth treatment, pain levels will be measured using the Lykert scale subjective assessment test.

"Using the acupuncture needle and electric stimulation, we can decrease the inflammation in the immediate area," noted Callison. "Acupuncture is an important physical modality, and I hope that studies like this one will prove its value."

References ; <http://www.acupuncturetoday.com/mpacms/at/article.php?id=27682>

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AUTO INSURANCE DISCOUNTS FOR OLDER DRIVERS

Dear Savvy Senior,
I've read that many car insurance companies offer a variety of discounts to older drivers when they retire or reach a certain age. What can you tell me about this?
Discount Seeker

Dear Seeker,
Most auto insurance companies offer policyholders a wide variety of discounts, many of which can benefit retirees. Auto insurers love older drivers because they're experienced behind the wheel and they drive less than younger age groups, which makes them a lower risk for accidents and a safer bet for insurance companies.
While discounts will vary by insurer, many of these benefits can reduce your overall premium by 15 to 20 percent or more, and you are usually allowed to combine discounts to increase your savings, though total discounts are often capped at around 25 percent.
To find out what discounts may be available to you, contact your auto insurer and inquire about these benefits, and any others that may benefit you.
Age discount: Many auto insurance companies offer a general "senior" discount that will reduce your premium just because you've reached a specific age. The actual name and amount of the discount will vary by insurer.
Allstate, for example, provides a "senior adult discount" of up to 10 percent to drivers who are at least 55 years old and aren't actively looking for full-time work. And Liberty Mutual offers a "newly retired discount" to drivers who reach that employment milestone, regardless of age.
Low mileage discount: Most insurers offer discounts to customers who drive limited miles each year, which is often beneficial to retirees who drive less because they don't commute to work every day. The fewer miles you drive, the lower your odds of getting into an accident.
The parameters of low mileage differ by insurer, but generally about a 10 percent discount is available for driving less than 5,000 to 8,000 miles each year, although smaller discounts may also be available to seniors who drive more than this but less than 15,000.
Drivers Ed discount: Many states require insurance companies to offer "defensive-driving" discounts to drivers



who take a refresher course to brush up on their safety skills. The discounts vary usually ranging between 5 and 15 percent.
Driver safety courses are inexpensive, usually costing around \$20 to \$30 and can often be taken in a classroom or online. To locate a class contact your local AAA (aaa.com), which operates a Driver Improvement Course for seniors, or AARP (aarp.org/driversafety, 888-227-7669), which offers the Smart Driver Course to members and non-members.
Club member discount: Insurers offer discounts to members of clubs and associations with which they have partnered. These could include professional associations, workers' unions, large employers or membership organizations such as AAA, the National Active and Retired Federal Employees Association, the Seniors Coalition, AARP, etc. You could even qualify for savings based on the college you attended or the fraternity or sorority you belonged to decades ago.
Safe driving discount: Many insurance providers now offer discounts based on how and when you use your car. To do this, they would place a diagnostic device in your car that transmits wireless data on how you drive (including how fast you're going and how hard you're braking), when you drive and how much you drive. Drivers are rewarded for safe driving, low mileage and for not driving late at night.
In addition, many insurance providers also offer discounts to drivers who do not have any violations or accidents for three or more years.
Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...April Birthdays
Howard Rubin, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rassmusen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandevelde
* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devises. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makeupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Balance Class: No Balance Class due to Martin Luther King Holiday.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.



KATIE Tse.....This and That
THE MISSION!

Well, I'm guilty again of recycling an old article for this week's column. I hope you don't mind, and I also hope that it will bring back (positive) memories of your

time as a fourth grader.

April is here and that means different things to different people. Usually Easter falls in April, but this year we celebrated it in March. April is also tax season. And if you haven't gotten your taxes in order yet, that means you've procrastinated and now you're probably way more stressed than you would have been if you had started working on it earlier! But April represents a whole other world of stress for those of us working in education --I speak of state testing and the mounting pressure of Open House.

Open House. Not many of us shudder at the sound of it, but for primary teachers it can be a harrowing time of year. When I was a student, all I cared about in terms of Open House was its (hopeful) brevity and the possibility of refreshments. I had no idea of the strain my teachers went through to pull it off. Open House is comparable to Back-to-School-Night, but the anxiety surrounding the two events is different. At Back-to-School-Night, the teacher nervously tries to stretch a monologue on curriculum and classroom procedures over the hour allotted to teacher presentations. During this 60 minutes of sweaty gabbling, the teacher might notice that half of the parents are either juvenile or geriatric, half are former students themselves, and the majority of all of them are too preoccupied with their devices to realize that she's nervously gabbling.

So, if Back-to-School-Night is a trial of the unknown, Open House is an obstacle course against the confirmed crazies. By crazies I mean the parents who the teachers have by now identified as overprotective, paranoid, or just plain nuts. Since no formal presentation is necessary at Open House, the teachers' best strategy for avoiding interaction with the crazies is focusing on the students' work, namely the "Mission Project." Not only is the mission project a rite of passage for all California students --it also serves as the crowning jewel of Open House.

A staple of fourth grade classes across the state, the mission project is (mandatory, I believe) in both public and private schools. Typically the students go on a field trip to the closest mission, or are assigned to go with their parents to a mission of their choice. Once there, they usually have to retrieve something peculiar to that mission (e.g., a map of the grounds) to prove they were actually there.

Then of course there's a report to write. The grade is usually a

combination of the report and a homemade model of the mission. And since most of the fourth graders I know hate to write, they are thankful that their grade can often be saved if their mission model is good enough. After years of observing these projects, I've come to believe that there has never been a fourth grade student who actually completed this project by him or herself. It is always the work of the family, whether the student necessarily wants the help or not. Usually the dad, uncle, or older brother takes over the building of it.

These days there are designer mission kits that come with everything from miniature baptismal fountains to neatly trimmed AstroTurf lawns. These make for neat, but rather boring and predictable models. It's more fun when kids have to get creative. One of my favorite mission innovations was part of a student's project a couple years ago that featured halves of plastic Easter eggs that sat atop pillars, to which he had attached little crosses. The fact that the mission was white and the Easter eggs were lavender didn't seem to matter!

I must admit that when I was in fourth grade I didn't have to get too creative with my mission model. That's because my Dad, a gifted sculptor, carpenter, and all-around artisan, took charge of the project from the moment it was assigned to me. Before I could say "Junipero Serra," he had a perfectly scaled building nestled among tiny pepper trees and he was busy molding tiny clay roof tiles. He allowed me to work on a rough stone well near the tannery (consisting of little rolled brown clay balls stuck together in a circle). I felt privileged to contribute to his masterpiece.

The night of my fourth grade Open House arrived and our class missions were unveiled. I felt a slight twinge of guilt as my classmates looked at my project and (jealously) said, "Your DAD made that for you, didn't he?" I felt like pointing to their sloppy, uninspired models and answering, "Yeah, and your dad made THAT for you, didn't he?"

All in all, I'm glad fourth grade is over, and I'm glad my Dad's mission beat out all the other dads in my class. With that said, I hope the month of April goes well for you, especially if you have any fourth graders of your own. Be sure to help them with their missions and be extra sure to compliment their teachers on Back-To-School-Night --they worked hard to get there!
* Your homework if you haven't seen "Fiddler on the Roof," is to go on You Tube and search for the song "Tradition." As you're watching it, insert "The Mission" for "Tradition" and you will get a good sense of the importance that the mission project holds for fourth graders across our state!

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Rebecca Pfeifer, MTBC

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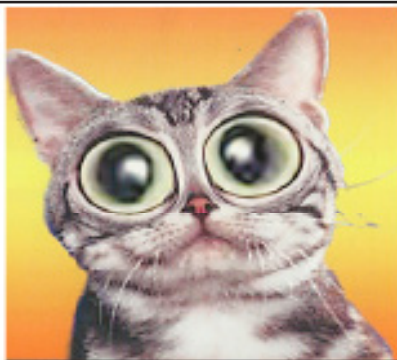
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Jeff's Book Pics

By Jeff Brown

The Boiling River: Adventure and Discovery in the Amazon (TED Books)

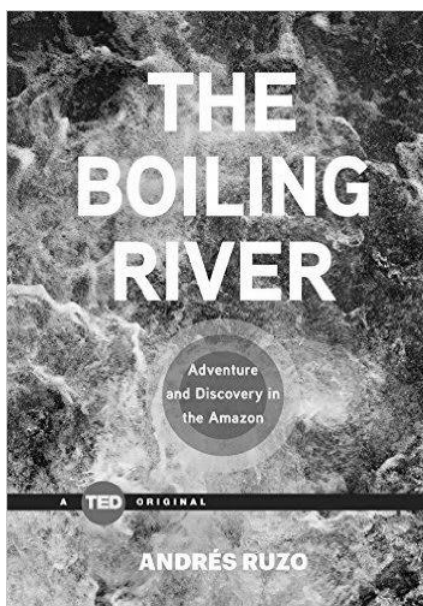
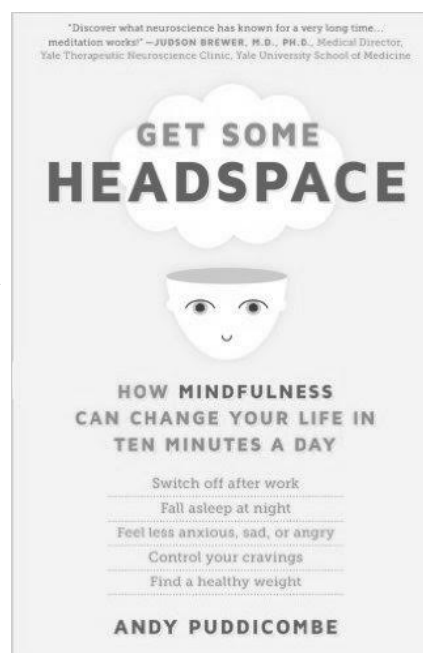
by Andrés Ruzo

In this exciting adventure mixed with amazing scientific study, an exuberant explorer and geoscientist journeys deep into the Amazon where rivers boil and legends come to life. When Ruzo was just a small boy in Peru, his grandfather told him the story of a mysterious legend: There is a river, deep in the Amazon, which boils as if a fire burns below it. Twelve years later, Ruzo, now a geoscientist, hears his aunt mention that she herself had visited this strange river. Determined to discover if the boiling river is real, Ruzo sets out on a journey deep into the Amazon. What he finds astounds him: In this long, wide, and winding river, the waters run so hot that locals brew tea in them; small animals that fall in are instantly cooked. As he studies the river, Ruzo faces challenges more complex than he had ever imagined. The book follows this young explorer as he navigates a tangle of competing interests, local shamans, illegal cattle farmers and loggers, and oil companies. This true account reads like a modern-day adventure, complete with extraordinary characters, captivating plot twists, and jaw-dropping details—including stunning photographs. Ultimately, though, The Boiling River is about a man trying to understand the moral obligation that comes with scientific discovery to protect a sacred site from misuse, neglect, and even from his own discovery.

The Art of Stillness: Adventures in Going Nowhere (TED Books)

by Pico Iyer

The book considers the unexpected adventure of staying put and reveals a counterintuitive truth: The more ways we have to connect, the more we seem desperate to unplug. Why might a lifelong traveler like Pico Iyer, who has journeyed from Easter Island to Ethiopia, Cuba to Kathmandu, think that sitting quietly in a room might be the ultimate adventure? Because in our accelerating world, our lives are crowded, chaotic and noisy. There's never been a



greater need to slow down, and give ourselves permission to be still. Iyer investigates the lives of people who have made a life seeking stillness: from Matthieu Ricard, a Frenchman with a PhD in molecular biology who left a scientific career to become a Tibetan monk, to singer-songwriter Leonard Cohen, who traded the pleasures of the senses for years of living a near-silent life as a Zen monk. He reflects on why many people—even those with no religious commitment—seem to be turning to yoga, or meditation, or seeking silent retreats. These aren't New Age fads so much as ways to rediscover the wisdom of an earlier age. Growing trends like observing an "Internet Sabbath"—turning off online connections from Friday night to Monday morning—highlight how increasingly desperate many of us are to unplug and bring stillness into our lives. The Art of Stillness paints a picture of why so many—from Marcel Proust to Mahatma Gandhi to Emily Dickinson—have found richness in stillness. Ultimately, Iyer shows that, in this age of constant movement and connectedness, perhaps staying in one place is a more exciting prospect, and a greater necessity than ever before.

Get Some Headspace: How Mindfulness Can Change Your Life in Ten Minutes a Day

by Andy Puddicombe

As a former Buddhist monk with over 10 years of teaching experience, Andy has been acknowledged as the UK's

foremost mindfulness meditation expert. He began his own meditation practice as a normal, busy person with everyday concerns, and has since designed a program of mindfulness and guided meditation that fits neatly into a jam-packed daily routine—proving that just 10 minutes a day can make a world of difference. Simple exercises, stories and techniques will help anyone calm the chatter in their minds. The result? More headspace, less stress. The book also brings us the extraordinary science behind this seemingly simple cure-all. This author says that mindfulness will help readers positively impact every area of their physical and mental health.

Jeff's History Corner

By Jeff Brown

A FEW THINGS YOU MAY NOT KNOW ABOUT JOHN ADAMS

1. Adams defended British soldiers after the Boston Massacre. Although Adams joined with the Sons of Liberty in objecting to what he believed was unfair taxation by the British government, the principled attorney believed in the primacy of the rule of law. After the killing of five colonists in the March 1770 Boston Massacre, Adams volunteered to represent the nine British soldiers charged with manslaughter to ensure they received a fair trial. Adams argued that the soldiers fired in self-defense against "a motley rabble" and won a surprising acquittal for seven of the defendants, including the British officer in charge, Captain Thomas Preston. The two soldiers convicted of manslaughter were branded on their thumbs but avoided prison sentences.
2. He was a great pen pal. The erudite Adams was a prolific writer of letters to friends and family. A devoted husband, Adams exchanged more than 1,100 correspondences with his wife, Abigail, since his patriotic duties often called him away from home for extended periods of time.
3. He was the principal author of the oldest written constitution still in use in the world. Adams drafted the Massachusetts Constitution, which was approved by voters in 1780 and is still in effect today. The document's structure of chapters, sections and articles served as a model for the United States Constitution, and its Declaration of Rights itemized individual liberties such as freedom of the press and freedom of worship that were later enshrined in the federal Bill of Rights.
4. Adams participated in what may have been the nastiest presidential campaign in American history. Modern-day mudslinging had nothing on the dirt thrown in the 1800 presidential election between Adams and the sitting vice president, Thomas Jefferson. While the Federalist Adams believed in a strong centralized government and the Republican Jefferson favored states' rights, the debate went

beyond policy differences to personal attacks. Campaign propaganda paid for by Jefferson charged that Adams was a "hideous hermaphroditical character" who smuggled prostitutes into the country from England and planned to marry one of his sons to a daughter of King George III to establish a royal bloodline in his family. The president's supporters called Jefferson a coward, French radical and infidel who would seize the country's bibles and allow "the refuse of Europe" to flood American shores. Abigail Adams lamented that the campaign had produced enough venom to "ruin and corrupt the minds and morals of the best people in the world."

5. He blamed a day of fasting for his reelection defeat. In both 1798 and 1799, Adams issued presidential proclamations calling for national days of "solemn humiliation, fasting and prayer." In an 1812 letter to Dr. Benjamin Rush, Adams wrote, "The National Fast, recommended by me turned me out of office." Adams argued in the letter that "nothing is more dreaded than the national government meddling with religion," and he believed that his call for a fast day had become incorrectly viewed as the promotion of the Presbyterian Church (of which Adams was not a member) as a national religion, which caused an electoral backlash.

6. Adams died on the same day as Thomas Jefferson. Once fellow patriots and then bitter rivals, Adams and Jefferson revived their friendship after their White House days. Perhaps fittingly, the two Declaration of Independence signatories both died 50 years to the day after the document's adoption on July 4, 1826. On his deathbed, the 90-year-old Adams whispered, "Thomas Jefferson survives." It wasn't the case. Five hours earlier, the 83-year-old Jefferson had died at Monticello. With the deaths of Adams and Jefferson, only one signatory of the Declaration of Independence—Charles Carroll—remained alive.

On the Marquee: Notes from the Sierra Madre Playhouse

THINKING ABOUT ... ACTING

By Artistic Director, Christian Lebrano

I am having a wonderful time in rehearsals with Glass Menagerie. The work is moving startlingly fast – at first I was worried about how quickly things were taking shape, but then I thought about the wonderful actors I've cast. I've written before about how many actors submitted for this show. Those many submissions gave me the gift of being able to choose exactly who I wanted to work with. And I have chosen well. Each of the actors is so well-suited for their roles. I am enjoying exploring this beautiful play with such intelligent and sensitive people.

This play has me re-examining how I approach directing a play. I am much more hands-off on this one. As you'll see when you come (and you will come won't you?) I have a definite concept for the show – one I think firmly rooted in the text and what Tennessee Williams had to say about his play – but what I mean is that with actors like the five I am working with I find myself pointing out moments and rather than jumping in with my ideas, I'm letting the actors think about it and come up with their own way into it. Sometimes my notes consist of simply pointing out a moment that I would like the actors to think more about. We have the luxury of time now – to investigate and explore and improvise.

I have some favorite quotes about acting that I thought I might share – they really inform my work.

Katherine Hepburn: "If you give audiences half a



Andrew Carter and Tara Bopp in Charlotte's Web. Photo by Gina Long

chance, they'll do half your acting for you."

Christian Bale: "It's the actors who are prepared to make fools of themselves who are usually the ones that come to mean something to the audience."

Ian McKellan: "Acting is a very personal process. It has to do with expressing your own personality, and discovering the character you are playing through your own experience – so we're all different."

Jude Law: "My only obligation is to keep myself and other people guessing."

Morgan Freeman: "It's what I learned from the great actors I work with. Stillness. That's all and that's the hardest thing."

Elia Kazan: "Stylized acting and direction is to realistic acting and direction as poetry is to prose."

I really love this play. I hope you'll come and see why it is considered one of the ten great American plays. I look forward to sharing our work with you. Tickets are on sale now.

Charlotte's Web continues to delight kids and adults alike. Tickets for our weekend shows have sold beyond our expectations and audiences are loving it. I hope to see you there with (or without!) your kids and grandkids. Please visit our website at or call Mary at 626.355.4318 to purchase tickets.



LOCAL STARGAZERS JOIN WORLDWIDE COUNTERPARTS IN STAR PARTIES SATURDAY APRIL 16

Saturday, April 16 is Global Star Party night, when people all over the world will be looking skyward through telescopes—often for the first time in their lives. Several Los Angeles-area star parties are being held as part of this worldwide star-fest, one of a month-long series of events presented by the international organization Astronomers Without Borders (AWB) throughout April, which has been designated “Global Astronomy Month (GAM).”

For a global overview of April 16 events, see: <http://astronomerswithoutborders.org/gam2016-programs/observing/2970-global-star-party-for-gam-2016.html>

LOCAL L.A.-AREA STAR PARTIES will include an active public observing night on the lawn

of Griffith Observatory, with the assistance of the Los Angeles Astronomical Society, the Los Angeles Sidewalk Astronomers, and the Planetary Society. For more on the Griffith event, see:

<http://www.griffithobservatory.org/programs/publictelescopes.html>

IN THE SAN GABRIEL VALLEY, the Old Town Sidewalk Astronomers will be setting up their telescopes in Monrovia, just after sunset April 16 at the corner of Myrtle and Lime, as they typically do each month on the Saturday night nearest the first-quarter moon. For details on this and their Friday night star party in Old Town Pasadena, see: <http://otaastro.org>



Laura and Bob Eklund with telescope at a Westchester star party. Photo by Aaron Dominguez.



the same skylight comes over so different minds - let's enjoy it friends!

—Andrei Dorian Gheorghe

photo: Valentin Grigore

FOR L.A.-WESTSIDE RESIDENTS, a star party is scheduled on April 16, 7:00-10:00 p.m., in the parking lot of the Christian Science Church, 7855 Alverstone Ave. at the corner of 79th St. in Westchester (one block west of Sepulveda, between 77th and 80th Streets). There is no charge, and refreshments will be served.

Telescopes will be set up for everyone's enjoyment. Even before sunset, the half-lit moon will be visible, with a line of spectacular craters along the “terminator,” or dividing line between its sunlit and dark sides. Then as the sky darkens, planets Jupiter and Mars will emerge from the dusk, followed by the brighter stars and nebulae.

Children and adults will receive coaching from volunteer amateur astronomers to learn how to use a telescope and better understand the night

sky.

Bob Eklund, host of the Westchester star party, emphasizes that while telescopes are being provided by experienced amateur astronomers, anyone having a telescope of his or her own is welcome to bring it.

“Bring the children, learn astronomy together, and enjoy the sky,” Eklund adds. “And if it's a cloudy or rainy night, come anyway—we'll have an indoor learning session designed especially for young people (of all ages).”

For questions about the Westchester event, contact host Bob Eklund, (310) 216-5947, beklund@sprynet.com



CHRISTOPHER Nyerges RAINDANCE

[The following is an excerpt from Christopher Nyerges' latest book, “Squatting in Los Angeles: Life on the Edge,” which is available on Kindle or from the store at www.SchoolofSelf-Reliance.com/]

It was Tuesday, August the 14th, 1984, the last day I'd be working with some of the children at the day camp sponsored by the City of Pasadena. After their lunch, I began by showing my group of children some wild edible plants. These were mostly plants that I brought to camp, because, remember, the day camp was held at Victory Park, which is a large park west of Pasadena High School, and it was mostly lawn with some introduced trees and bushes along the edges.

Next we practiced some Indian sign language of the Plains.

After that I showed the children some of the buffalo gourd leaves which I'd brought. I demonstrated how to make soap by wetting a few leaves and then vigorously rubbing a few between my hands. It's not the best plant for making soap, but it was all that I could collect for that day. Each child then made soap from this plant and in their very excited way they cleansed their hands, splashing and yelling as they did so.

The day before, I'd hinted that we might do a rain-dance, and now, as the children were returning to their circle, a few were now asking with their eager voice, “Are we going to do the rain-dance now?” Once they were all seated, I explained that a rain dance is actually not just one thing, and that it could take many forms and is usually a part of a larger ceremony.

I didn't have a specific “formula” or procedure, but rather I was attempting to share several key elements with the children.

I removed my hand-made clay pipe from its container and filled it with tobacco. I carefully lit it and puffed on it. The children were silent and the teen-age counselors were not sure what to say or do. Once the pipe was smoking well, I stood in the center and blew smoke to the four directions and to the sky and to the earth. I explained to the children that I was offering my smoke as a way of giving respect and thanks, in an attitude of humility. I didn't use the word “God,” but indicated that this was giving respect and thanks to a higher intelligence, a great spirit of the universe. The children watched in awe with wide eyes. I could tell that they'd never seen anything like this before.

Then I passed the pipe around the circle for each child to take a little puff. Each child nervously smoked the pipe as it went around, and I told them not to inhale. I explained as we did this that the smoking of the pipe was a traditional sign of our friendship and unity.

Once this was done, I conducted half the children in dancing around the outer circle, as the other half clapped their hands. We all chanted a simple rain chant that I led, and the we all let up a cheer for rain. My time with the children was over and they all departed for their next session.

“Is it really going to rain?” a few children curiously asked me as they departed.

“Of course,” I replied with assurance. “It will rain by Saturday.” Of course, I was just expressing confidence. I really had no idea whether or not this would be “effective,” and I'd not checked any weather patterns. For that matter, I'd not even planned to do the rain dance until that morning.

A heavy rain fell early the following morning.

By the time I arrived at the day camp on noon

Wednesday, only a drizzle continued to fall, and most of the day camp activities had been moved indoors.

Some of the children yelled out to me: “We made rain! We made rain!” I quickly pointed out that we didn't make anything. Rather, I told them, our request was answered.

A few children asked with open eyes, “It rained from our rain dance, didn't it?” I answered what I believed to be true. “Yes,” I told them.

Pursuing the premise that there was a relationship between the dance and the rain, I attempted to delineate my learning:

- 1) We washed ourselves before our little ceremony.
- 2) We requested rain in an attitude of humility.
- 3) We shared the pipe in a posture of unity and friendship.

We sang, chanted, and danced our ceremony not “by the book” but with feeling.

5) And perhaps most important, the ceremony was conducted by children. These children were young enough to still be uncorrupted by the limitations of adult minds. They had never been told that they couldn't invoke rain. So I believe that the innocence and lack of prejudice on the children's part was a key factor in the apparent “success” of our rain dance.

I found that this episode forced me to look at myself and the world very differently. What had happened here? It was the middle of August when there is usually no precipitation, and rain came within 15 or so hours of doing a rain dance.

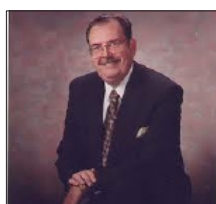
This led me to research the many recorded episodes of rain-making and rain ceremonies among Native American traditions, and try to find some common elements. Eventually, I compiled a file full of newspaper accounts and interviews and book excerpts all about rain ceremonies.

The more I looked into it, and inquired, the key idea to keep in mind was that personal attitude was the essential ingredient, and that “asking for” or “praying for” rain was an inaccuracy.

It also became clear to me that it is actually a blessing that most people are unaware that they have such a power over the elementals of nature. You could say that our ignorance protects us from the irresistible urge to abuse such ability.

I spoke to Dr. George Fishbeck, L.A. area weatherman and meteorologist, and he told me that he noted a storm off California's coast at 7 p.m. Tuesday. That evening by 11 p.m., Dr. Fishbeck said that he knew rain would fall, but not where. He was calling it a freak storm. Someone had called Dr. Fishbeck and told him about the rain dance, so he already knew about it. He believed that there was no connection between the rain dance and the rain, discounting the ability of what he called “prayer” to affect the weather. Still, Fishbeck told me that he recognized and respected the sacred nature of the Southwestern Indians' rain dances and ceremonies, having lived among the New Mexico Indians for two years as an anthropologist.

In the Los Angeles Times of August 16, 1984 on the front page, it read “First Rain of Season Snarls Traffic, Causes Blackout.” The report read, “The first rainstorm of the season struck the Los Angeles area with surprisingly heavy showers Wednesday morning, spawning a rash of minor accidents on slick freeways and power failures affecting thousands of customers. Rainfall at the Los Angeles Civic Center measured .40 of an inch, nearly double the .21 of an inch recorded by this date last season, before tapering off in mid-morning.” The report talked about auto accidents, blackouts, and flash floods up in San Bernardino and Riverside Counties, and clear up in Las Vegas.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

ARE COWS REALLY HOLY?

As an amateur wordsmith, I am fascinated with words and phrases. I love my cell phone because I have a dictionary and thesaurus all ready for my personal touch and I can research any word or phrase I hear.

You can tell a lot about a person by the words and phrases they use. Of course, most use words and phrases they have no idea what they mean. Perhaps they heard somebody else say these words or phrases and so they incorporated them into their vocabulary, which, says more about them than anything else.

I grew up in a very strict Amish/Mennonite community where speech was a very guarded activity. Although not Amish or Mennonite, I still had to be careful what I said and how I said it. Curse words were completely off limit. No circumstance ever existed, according to these people, warranting any curse word.

My maternal grandfather was like this. He never had much to say and did not say that very often. I remember one time sitting on the front porch with my grandfather and his brother and we spent the whole afternoon together and probably did not say five words between the three of us. My grandfather certainly was not outspoken in anything.

Whenever he got angry with my grandmother, he simply would leave the house, walk down to the barn and who knows what he did venting his anger at the time.

Venting anger is quite an occupation these days. Whether a religious venue, a political venue or just some educational venue, people are filled with anger and are trying to vent it somehow and from what I see much of it is not working.

An old saying goes, “Sticks and stones may break my bones but names will never hurt me.” Yet, names do really hurt us.

One phrase my grandfather used a lot was, “holy cow.” He was a farmer so I instinctively thought he was talking about his cows. Why his cows were holy and others were not was something I could never comprehend. But, he was my grandfather.

I still remember the first time I heard him say that phrase; “Holy cow, it's hot outside today.” When he said it, I was rather confused. What does a cow have to do with it being hot outside and are cows really holy? It just did not make any sense to me.

Another favorite phrase was, “Holy cow, I'm tired.”

Again, what does a cow have to do with him being tired? Maybe he worked a lot with the cows. I know he had about a half a dozen dairy cows and he milked them all by hand. Maybe that is

what he was talking about.

But the thing that really got me was what in the world does “holy” have to do with a cow?

As I got older, I began to realize that “holy” and “cow” had nothing to do with each other. It was just a phrase my grandfather used, and, to put it mildly, it really meant nothing at all.

As I get older the more I realize that people say things they really do not mean. In fact, most people do not really think about what they are saying let alone know what they are saying.

As an amateur wordsmith myself, I like to parse my words very carefully. I want to know what I am saying and say what I am thinking. Of course, according to the Gracious Mistress of the Parsonage, thinking is not at the top of my list of activities. I cannot disagree with her on that one.

Yes, words do matter. I need to be careful what I am saying, the more important it is, the more I need to be careful to understand what the other person is hearing. One of the things I have learned as a husband is that what I am saying to my wife may not be what my wife is hearing.

Yes, sticks and stones can break my bones, but that is nothing to what harm words can do.

At a real desperate point in my life, I responded to an incident involving my wife and almost automatically, the phrase, “Holy Cow,” came tumbling out of my mouth. Needless to say, it was the last time anything like that ever happened. My wife looked at me with one of “those looks,” and said, “Holy what?”

How can you explain something you do not understand yourself? She looked at me, I look back at her with one of those blank stares I am famous for, and had no idea what she was talking about.

She had no idea what I was talking about and so I thought at least we were even. But not so.

I had to promise her “and cross my heart and hope to die,” never to use such a phrase again. “That phrase,” she said most defiantly, “is not permitted in this house.” She said it in such a way that I have, to this very day, never questioned her on it and have never used that phrase again.

James warned about this when he wrote, “Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth!” (James 3:5).

I do not know if cows are holy or not, but I will never put those two words together in a phrase whatsoever as long as the sun shines.

The Rev. James L. Snyder is pastor of the Family of God Fellowship in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnsnyder2@att.net. The church web site is www.whatafellowship.com.

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HEALTHY REASONS TO SPAY OR NEUTER YOUR PET

Most true animal lovers would likely agree that in this day and age, the responsible thing for an owner to do is to spay or neuter their pet. It is one way we can play a part in reducing animal overpopulation in our society, while in turn helping prevent animal neglect or abuse.

But there are also many health benefits to having your kitten or puppy spayed or neutered, and in some cases it could even prolong the animal's life. And there is no doubt that timely and safe sterilization will typically result in desirable behavioral changes that will make life easier for you and your furry four-legged friend.

Cherri Megasko, author of numerous articles about animals, is a featured contributor for the Yahoo! Contributor Network. She recently posted an interesting article on this very subject, entitled "Health Benefits of Spaying or Neutering Your Pets".

In her article, Megasko listed several lesser-known benefits to having your pet "fixed", and if you are like me, you'll be pleasantly surprised to learn the many ways that spaying and neutering can help keep your pet healthy and happy!

Benefits of Spaying

One obvious benefit of spaying your female pet is that she will no longer have heat cycles. For dogs and cats, this means they will be less likely to stray. Dogs will no longer have the bloody discharge associated with coming into heat, and cats will no longer cry as if in pain, in an attempt to attract a male.

For both dogs and cats, spaying prior to their first heat can dramatically reduces their chance of developing mammary cancer later in life. In fact, for dogs that are spayed before their first heat, their risk of developing mammary cancer goes down to 0.05%. The risk increases dramatically with each subsequent heat.

For both dogs and cats, spaying all but eliminates the development of uterine infections called pyometras. These infections can be life-threatening

Happy Tails

by Chris Leclerc



emergencies for your pet and are very expensive to treat and cure.

Benefits of Neutering

Both male dogs and cats mark their territories by urinating on objects. Neutering before this marking behavior begins can virtually eliminate this behavior. In cats, neutering also significantly reduces objectionable urine odor.

Testicular cancer is a valid concern for unaltered pets. Obviously, neutering completely eliminates that health threat.

Neutering reduces the instances of prostate issues and perineal hernias in dogs and can also reduce aggression levels associated with hormones.

Neutering a pet is generally a faster and simpler procedure than spaying because the testicles are on the outside of the body, thus making the surgery less invasive. Spaying a young, healthy animal can take as few as seven minutes, or as much as 20 for an older, fatter animal. The health benefits for both dogs and cats are greater when the surgery is done at an early age and can greatly increase the chances your pet will live a long and healthy life.

Be a responsible pet owner, and have your pet spayed or neutered at an early age. Not only will you be doing your part to prevent pet overpopulation, but it is also a proven way to help keep your pet healthier and happier, and who doesn't want that for their canine or kitty companion?



LOOKING FOR A BEST FRIEND?

Doug

Doug is a white and brown 5 year old terrier mix weighing about 10 pounds. Doug came to the shelter as a stray dog found in San Gabriel. He had some extensive dental work, but is now feeling more comfortable and ready for his forever home.

Doug is a very friendly boy, social with both people and other dogs. He enjoys meeting new friends and introduces himself very politely to a new group of acquaintances. He likes attention and is happy to receive pets and cuddles. Doug also has an independent side and enjoys some freedom to move around, rather than being held. He is great at playing "fetch" and will bring toys back to play "tug-o-war" with his human playmates. He will go from person to person to share his game with each one. Doug is easy to walk and handle on leash, staying by the side of his handler as though he has had some prior experience or training with walking before.

Doug is a "talker" and makes interesting little noises when he is trying to communicate. It is like his own unique language. Why don't you come meet Doug to find out what he has to say to you? He will probably



tell you that he'd love to go home with you.

His adoption fee is \$130 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Doug. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Doug, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

We will be joining animal lovers for this year's Healthy Pet Expo on Saturday, April 16th. It is located at the Whittier Narrows Park in the picnic area at 750 Santa Anita Ave in South El Monte. Bring your dog or cat and take advantage of the many free services for your pet, including nail trims, spay/neuter, vet consults, giveaways and free and low cost vaccines. There will be a dog contest with prizes for the best outfit, coolest trick and pet owner- look alike. Spend a fun day with your best friend and learn how to keep your pet healthy!

PET OF THE WEEK: JOEY: ANIMAL ID #A4930942

Babies deserve so much love, and this holds true for puppies too. Meet Joey (A4930942), a bashful 10-month-old chocolate and tan male Manchester Terrier mix puppy who was found in West Covina and brought to the Baldwin Park Animal Care Center on March 22nd. Weighing 8 pounds, this tiny puppy is a bit overwhelmed in the big and scary shelter environment. He is timid and shy, but warms up once he finds himself in gentle, loving arms. This boy is very deserving of someone to love him. With a quiet, loving adoptive home and a happier environment, Joey is bound to blossom into the fun-loving puppy he is meant to be. He will benefit from all of the puppy training basics as he grows into an adult. Joey also gets along well with his kennel mate. With Joey being so young and shy, he may even benefit from being around a confident older dog to show him the ropes. Joey will thrive as an indoor companion in a loving household. To watch a video of Joey, please



visit the following link: <https://youtu.be/OZDeTxmG7Ag>

To meet Joey in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). He is currently available now. For any inquiries about Joey, please reference his animal ID number: A4930942. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This is a high-intake shelter with a great need for adoptions. For more information about Joey or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>



Social Media Tips, Tricks & Ideas



by: MJ Finstrom

Google and Facebook Ads

Advertising on line has its advantages. Facebook and Google both have large audiences and there are benefits to utilizing both.

Think of Google as the old fashioned Yellow Pages. It's your go-to if you are looking for something specific. For example, your tooth falls out while you are in Hawaii; you do a Google search for Hawaii dentists and a list comes up. The dentists that take advantage of Google Adwords are more likely to appear at the top of that list. Google is all about search and catching people at the time they are looking for something specific. Facebook ads are all about being part of the content.

Think of Facebook as a prime time media channel like TV. As the audience hangs out on Facebook for their entertainment, news and updates, ads make their way into the flow of content based on the psychographics of each individual. Psychographics are the values, opinions, attitudes, interests and lifestyle of a target audience. As an advertiser, you can target people who are newly engaged, just moved, have a Birthday coming up

and other very specific. Facebook ads are great for building brand awareness and targeting very specific audiences.

Facebook ads are more affordable than Google ads but if you do a bit of both, you will see a difference in the traffic to your web site and your reach.

Learn more about Google and Facebook Ads on May 13 at the 5th Annual Small Business Week Event and Celebration. There will be over 20 free workshops to attend and over 1,500 small businesses to network with. Learn more at www.SocalBigEvent.com

About MJ: MJ and her brother David own HUTdogs, a creative services business that helps their clients build a strong on-line presence. "Like" them on Facebook for trending news in social media, internet marketing and other helpful tips, www.facebook.com/hutdogs. Sign up for their upcoming workshops at: www.hutdogs.com/workshops/schedule



SEAN'S SHAMELESS REVIEWS: NIGHT MOVES' - PENNIED DAYS

By Sean Kayden

The Minneapolis-based group Night Moves triumphantly return after nearly four years with their sophomore LP, Pennied Days (Domino Recording Co.). The band's first record, 2012 Colored Emotions, was a collection of poppy 70s vibrancy. It was nostalgic yet distinctive. It heavily wore its influence on its sleeves. On this latest effort, principal members John Pelant (vocals, guitar) and Micky Alfano (bass) display a penchant for 70s and 80s rock, but this isn't a rehash. This is a record that was in the making for a few years, changing in every inconceivable direction possible. The group's mixture of the two unique eras has them reimagining those exciting times of yesteryear. Night Moves continue to recall the likes of Steely Dan, The Band, and Fleetwood Mac. While these young guys were born well beyond the time of the abovementioned bands, Pelant and Alfano showcase a warm and vintage feel to the work that conjures up the golden days of 70's rock. Much more than a nostalgic knockoff, the duo has ripened since their last endeavor. Deeper sensibilities, profound appreciation for their influential storytellers, and particularly leaping forward within their own musicianship, Night Moves' sound penetrates the soul and reinvigorates the body. They are onto something magical with Pennied Days.

Night Moves' - Pennied Days
Artist: Night Moves
Album: Pennied Days
Label: Domino Recording Co.
Release Date: March 25th, 2016

The opening track "Carl Sagan" is instantly ageless as it is resuscitated through the pair's graceful songcraft and Pelant's excellent vocal abilities. It's a rather bouncy track. Innocent and youthful, Pelant appears to possess an iconic voice that resembles those of the past. "Hiding In The Melody" conjures up rich and bountiful sounds that touch upon 70s rock. The melodies are something off an Eagles' record. The band vacillates between synth-y material and folk-y rock. No matter which way they are headed, beauty

is to be discovered. "Staurolite Stroll" shines through the haziness and density. The classic rock inspired jam conveys indelible jangly guitar riffs and pleasurable sounds. As with many of the jams here, it will bring you back to another time and place in life. Maybe even think about the house you once grew up in and the vivid imagery that entails. The songs here speak about finding yourself amidst the chaos and confusion of where to start, where to turn, or where you may just end up. The record consists of nine tracks that feel very united and cohesive. "Alabama" is from the same cloth belonging to the likes of Queen. From the vocals and musical structure, Night Moves is once again in good company as far as comparisons go. However, they aren't a band merely trying to repeat the past. The music from that time period just speaks to them and these are the results. Call it paying homage, but Night Moves are on fire with Pennied Days.

"Kind Luck" is somber tune that paints the portrait of a broken relationship. It may not be as grand as the other jams here, but fits perfectly in the context of the theme they're setting out to accomplish. "Only To Live In Your Memories" is chilling with its reverb, Fleetwood Mac-like arrangements, and reflective storytelling. For Pennied Days, Pelant channeled both his disenchantment and his discreet resolution into a set of striking, melodious songs whose luminous surface conceals an internal darkness. It's clear the band has surpassed the efforts of their first album by leaps and bounds. However, it's not really even about that. The focus should be on how the melancholy yet spiritually inspiring Pennied Days reaches out to not only their/this generation, but also those of previous ones. It unfolds in many layers, kind of like life. While Night Moves members still have a lot of living left in them, their latest work is modern yet vintage, youthful yet mature, and great no matter which decade you grew up in.

Key Tracks: "Carl Sagan," "Hiding In The Melody," "Staurolite Stroll," "Only Live In Your Memories"

Grade: 9 out of 10

FAMILY MATTERS

By Marc Garlett



adequate assets to allow this to happen. Therefore, although divorce settlements usually include "standard of living" as a factor to be considered in spousal and child support, the economic realities are that it costs more to support two households than it does to support one. As such, it is often the case where both parties take a step back in their standard of living after a divorce.

A Nonworking Spouse Will Get Alimony for Life

While it is usually true that nonworking spouses will receive some amount of alimony, the time period is often limited to that necessary to allow the person to get back on his or her feet. This type of alimony, known as spousal support, is defined by state law.

Unless the marriage was very long and one of the spouses is not working, it is unlikely that permanent spousal support will be awarded. Usually, a judge will award temporary or transitional alimony to allow a nonworking spouse to obtain a job or an education with which he or she can become self-supporting. In short, spousal support cannot and should not be relied upon forever.

If you need to prepare for the financial impact of divorce, becoming educated about the issues specific to your particular assets is the first step.

Don't be afraid to get support.

FINANCIAL MYTHS ABOUT GETTING A DIVORCE

If your marriage is on the rocks, one of your many worries is probably the impact divorce will have on your financial life. I can support you to gain an understanding of the financial impact of a divorce with a thorough analysis of your assets, but first read these three widespread myths of the financial impact of divorce.

My Money Is My Money, and Your Money Is Your Money

Some people believe that if they keep the money they earn in separately titled bank accounts, it is "their money", but this may or may not be true

Whether your money is "your" money in the context of divorce depends on state law, how the money was earned, whether it was inherited and ultimately whether it determined to be community property or not.

After the Divorce, Both Parties Will Enjoy the Same Standard of Living

When there are plenty of assets to go around, both parties are able to enjoy the same or similar standard of living they did before the divorce. However, many American families do not own

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

DICK Polman



CRUZ CONTROL AND THE RISING ODDS OF REPUBLICAN CHAOS

How screwed up are the Republicans? Just read the Wisconsin primary exit polls. It doesn't bode well for November when a huge chunk of the GOP electorate says it won't support its own presidential nominee.

Yes, Ted Cruz buried Donald Trump with a double-digit win Tuesday night, and he snatched nearly all the delegates, thereby upping the odds of a contested national convention. But if you dig into the exit polls, you discover this stunning stat: If Cruz were to win the nomination and face Hillary Clinton, a whopping 34 percent of the Republican primary voters would not support Cruz. That's a bad sign for a party that hasn't won Wisconsin in a presidential election since, oh, 1988.

But it's actually a choice between bad and worse, because when the Republican voters were confronted with an autumn matchup between Trump and Clinton, 39 percent said they'd spurn Trump. Most said they'd be "scared" of a Trump presidency, while another 20 percent would be "concerned."

No other frontrunner has ever had to tote that kind of baggage. Politically, that's a death sentence.

And yet, the Wisconsin Republicans seemed reconciled to a grim fate. When confronted with the prospect of a contested convention - with no candidate having secured a majority of the delegates - they basically sided with Trump. A solid 56 percent said the nomination should go to the guy who won the most votes during primary season.

So, the Republicans are probably screwed either way.

If Trump fails to clinch on the first ballot (a scenario that's a tad more likely thanks to Wisconsin), he could ultimately lose the crown to Cruz, the voters' runner-up. But if that happens, Trump's fans are likely to walk and thus doom the GOP in November.

On the other hand, if Trump weathers Wisconsin, wins big in the upcoming New York, California, Pennsylvania, and New Jersey contests, and manages to eke out a nomination victory, that too will likely doom the GOP in November. When Hillary Clinton is reportedly trailing Trump by only three percentage points in Mississippi - three points, in a state that has voted Democratic just once in the last 13

elections - that portends defeat.

Courtesy of Wisconsin, Cruz will be emboldened to ramp up his quest for every last gettable delegate. His ground game trumps Trump's, a fact confirmed by Cruz's pickups last week in North Dakota and Tennessee. Nevertheless, Tuesday night's exit polls confirm what even Republicans have known for awhile, that they're basically stuck with a choice between repulsive and repugnant.

And that bodes well for Democrats, in a state they need to win this fall, a state that voted twice for Bill Clinton and twice for Barack Obama. They're far happier with their '16 candidates than the Republicans are with theirs. Hillary Clinton got blown out by Bernie Sanders in the primary voting, but 68 percent of all Democrats said, nevertheless, that they're "excited" or "optimistic" about a Hillary presidency; and when asked who'd be better at beating Trump, they favored Hillary over Bernie by 11 percentage points, 54 to 43.

Sanders' fans will likely contend that Wisconsin has given him the "momentum" to overtake Clinton down the stretch - even though he barely dented her 2.4-million lead in the aggregate primary season popular vote. In fact, he barely dented her daunting delegate lead, which, by the way, is far bigger than Barack Obama's lead at this point in the '08 calendar.

Sanders fans should read up on history. In 1976, Jimmy Carter was beaten repeatedly in the late primaries, on the way to his nomination and November victory. In 1992, Bill Clinton suffered late-primary losses on the way to his nomination and electoral victory. In 2008, Obama lost six of his last nine contests on the way to his nomination and electoral victory.

This is what Democrats typically do. They send messages before they buckle down.

David Plouffe, who guided Obama's '08 bid, knows this drill better than we do. Here's what he wrote on the eve of Wisconsin (which he pre-awarded to Sanders): "I believe Hillary Clinton has a zero chance of not being the Democratic nominee." Indeed.

And after Democrats lick their intramural wounds, they can kick back and track the mounting Republican chaos.

Dick Polman is the national political columnist at NewsWorks/WHYY in Philadelphia (newsworks.org/polman) and a "Writer in Residence" at the University of Philadelphia. Email him at dickpolman7@gmail.com.

RON Paul



50 YEARS LATER, WE'VE LEARNED NOTHING FROM VIETNAM

Last week Defense Secretary Ashton Carter laid a wreath at the Vietnam Veterans Memorial in Washington in commemoration of the "50th anniversary" of that war. The date is confusing, as the war started earlier and ended far later than 1966. But the Vietnam War at 50 commemoration presents a good opportunity to reflect on the war and whether we have learned anything from it.

Some 60,000 Americans were killed fighting in that war more than 8,000 miles away. More than a million Vietnamese military and civilians also lost their lives. The U.S. government did not accept that it had pursued a bad policy in Vietnam until the bitter end. But in the end the war was lost and we went home, leaving the destruction of the war behind. For the many who survived on both sides, the war would continue to haunt them.

It was thought at the time that we had learned something from this lost war. The War Powers Resolution was passed in 1973 to prevent future Vietnams by limiting the president's ability to take the country to war without the Constitutionally-mandated Congressional declaration of war. But the law failed in its purpose and was actually used by the war party in Washington to make it easier to go to war without Congress.

Such legislative tricks are doomed to failure when the people still refuse to demand that elected officials follow the Constitution.

When President George H.W. Bush invaded Iraq in 1991, the warhawks celebrated what they considered the end of that post-Vietnam period where Americans were hesitant about being the policeman of the world. President Bush said famously at the time, "By God, we've kicked the Vietnam Syndrome once and for all."

They may have beat the Vietnam Syndrome, but they learned nothing from Vietnam.

Colonel Harry Summers returned to Vietnam in 1974 and told his Vietnamese counterpart Colonel Tsu, "You know, you never beat us on the battlefield." The Vietnamese officer responded, "That may be so, but it is also irrelevant."

He is absolutely correct: tactical victories mean nothing when pursuing a strategic mistake.

Last month was another anniversary. March 20, 2003 was the beginning of the second U.S. war on Iraq. It was the night of "shock and awe" as bombs rained down on Iraqis. Like Vietnam, it was a war brought on by government lies and propaganda, amplified by a compliant media that repeated the lies without hesitation.

Like Vietnam, the 2003 Iraq war was a disaster. More than 5,000 Americans were killed in the war and as many as a million or more Iraqis lost their lives. There is nothing to show for the war but destruction, trillions of dollars down the drain, and the emergence of al-Qaeda and ISIS.

Sadly, unlike after the Vietnam fiasco there has been almost no backlash against the US empire. In fact, President Obama has continued the same failed policy and Congress doesn't even attempt to reign him in. On the very anniversary of that disastrous 2003 invasion, President Obama announced that he was sending US Marines back into Iraq! And not a word from Congress.

We've seemingly learned nothing.

There have been too many war anniversaries! We want an end to all these pointless wars. It's time we learn from these horrible mistakes.

*Cartoons newspaper syndicate.
Ron Paul is a former Congressman and Presidential candidate. He can be reached at the RonPaulInstitute.org.*

LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"Panama is a world leader when it comes to allowing large corporations and wealthy Americans to evade U.S. taxes, by stashing their cash in offshore tax havens".
- Sen. Bernie Sanders (I-VT), Senate floor speech from October 2011

It confounds me when Sen. Sanders is dismissed as some "outsider" candidate, and it infuriates me when he's grouped in that category with Donald Trump. Here's a guy who's been a U.S. Senator for nine years and served in the House for sixteen years before that. Far from being an "outsider", he's been in the thick of things - from the civil rights and peace movements of the 1960s on - for over fifty of his seventy-four years.

That experience brings awareness of what's going on. Last week's "Panama Papers" revelations made news, but must have been no surprise to Sanders who, in the above quote from five years ago, warned President Obama against pushing ahead with the Panama Free Trade Agreement held over from the Bush Administration. Secretary of State Clinton supported the treaty (after initially being against it), while our own two senators were split (Sen. Feinstein voting in favor with Sen. Boxer opposed).

Rebecca Wilkins of Citizens for Tax Justice explained back then that a tax haven "has no income tax or a very low-rate income tax; it has bank secrecy laws; and it has a history of non-cooperation with other countries on exchanging information about tax matters. Panama has all three of those. . . . They're probably the worst." Sen. Sanders noted at the time that some \$100 billion was already being stashed in offshore shelters.

The revelation also came as no surprise to journalist Glenn Greenwald, who noted a similarity to the national security documents leaked by Eric Snowden; it wasn't so much the illegality exposed, but rather the realization that so much of what was going on was perfectly legal that was shocking. Greenwald quoted the ACLU's Jameel Jaffer's reaction to the NSA leak; "The deeper scandal is what's legal, not what's not."

We know what's illegal, a lot of which it appears this Panamanian law firm was connected with - money laundering for drug lords, hiding the wealth of corrupt government officials, enabling illegal tax avoidance, etc. But mostly it was simply exploiting the system to allow the super-rich to avoid their fair share of taxes. (Most identified so far have been from overseas; more U.S. connections are expected later).

Things are the way they are because those who profit from it have invested heavily in keeping it that way, by investing heavily in those who make the rules. It's no surprise that those in Congress squawking loudest against a \$15 minimum wage, subsidized healthcare and support for public schools would also be most determined in protecting tax dodgers cheating

our country out of billions annually by stashing wealth in offshore accounts. Those now trying to subpoena intimate medical records of patients, doctors and researchers connected with abortion and tissue research would most adamantly defend the sanctity of a billionaire's bank records.

Sen. Sanders and others pointed out at the time that with an economy .2% (that's two-tenths of one percent) the size of ours, the argument this deal with Panama had to do with "jobs" was laughable. Much less talked about were restrictions the proposed treaty placed on our ability to investigate suspicious wealth-hiding activities servicing clients from our own country and elsewhere.

Aside from recalling Sanders' comments from five years ago, another consequence of this Panama Papers revelation was shoving from the headlines another document-leak that just broke. Unaoil is a Monaco-based firm that facilitates contracts and relationships between multi-national energy firms, producers, government officials, etc. - focused on the Middle East and Central Asia. In other words, they're a "bagman" - the party seeing that bribes and kickbacks get from those giving to those getting.

Among firms implicated in the leaked documents as being embroiled in the pay-offs is Dick Cheney's Halliburton/KBR. U.S. defense giant Honeywell is shown conspiring to hide bribes via phony contracts in Iraq.

Arguing the Panama Treaty had to do with "jobs" was as bogus as suggesting voter suppression had to do with voting fraud. It's as bogus as arguing against moving on President Obama's nominee for the Supreme Court in order to "let the people decide". The reason behind that refusal is that the president nominated someone with a record of moderation, scholarship and integrity - which means someone who couldn't be counted on to protect the system of privilege and corruption reflected in the Panama Papers and leaks from Unaoil.

In reading the LA Times article on the Panama Papers, what struck me most was the last sentence - a reminder that in the U.S. there's no requirement for disclosing source of funds in forming a corporation. And as long as the Supreme Court's "corporations are people" Citizens United ruling is allowed to stand, our elections will continue to be influenced by corporations formed with funds laundered through Panama, Morocco or wherever.

That's why front groups like Judicial Crisis Network are channeling millions of non-disclosable dollars from the Koch brothers to assure that those who make the rules remain subservient to those who really make the rules. And for any Republican who might waver, there's the threat of millions more to support a primary challenger more reliable in serving the interests of those who are really calling the shots.

I'm sure the Sanders campaign appreciated the opportunity to resurrect video of that 2011 Senate floor speech in response to the Panama Papers revelations. I'm also sure that when he gave it, the last thing Sen. Bernie Sanders thought of, or wanted, was that five years from that time he'd be having to say, "I told you so".

MICHAEL Reagan

CAN DONALD CLOSE THE DEAL IN CLEVELAND?



Thanks to Ted Cruz's primary win in Wisconsin, it's now all but certain the Republican convention is going to be contested.

Donald Trump is going to come close to winning the delegates he'd need to win the nomination on the first ballot, but I don't see him getting the GOP cigar.

Someone else will, I'm guessing. And don't be shocked if his initials are not TC or JK.

The big question for right now is how the conventioners in Cleveland and the Republicans watching on TV will react when their party's intramural cage match is over.

Will those who saw their man knocked out of the ring act like adults or will they get angry, stomp out and not show up to vote for the GOP nominee in November?

As I said last week, it's time for Republicans to relax and let the nominating process play out. It's not time to unite behind a Cruz, a Kasich or a Trump. It's too late for any of them to throw in their towels. Even Kasich, the one everybody but him agrees should have quit a dozen states ago, has a chance to win at a contested or deadlocked convention.

Most people can't imagine what a contested convention will be like, but I can.

I was at the last one in 1976, when my father and his team did everything they could to stop a sitting Republican president from getting the number of delegates he needed.

To stop Gerald Ford my father tried to get delegates by shaking up the delegations from New York and Pennsylvania anyway they could.

Before the convention he said he'd pick Pennsylvania's liberal Republican Senator Richard Schweiker.

The Reagan team also schmoozed and badgered the New York delegates so hard it drove Gov. Nelson Rockefeller mad.

At one point he ripped a phone out of the floor of the convention stage and, emitting a string of obscenities, threw it halfway across the hall. It's a rough and tumble business, folks. It's not for pansies. It's for people who want to get fully engaged in the cantankerous and rau-

cous and riotous process of nominating a president. My father fought hard in 1976 but he lost that process. His people fought hard too.

After all the backroom deals and fights over rules, they were disappointed and went home angry.

But in November they did the right thing. They united behind the party's nominee and showed up at the polls to vote for Ford.

My father did the right thing too. Before the convention in Kansas City ended he stood up and supported Ford. Then he campaigned for him all over the country.

The lesson here is that you don't get so angry about your guy losing that you don't vote for the other guy who wins. The process is the process.

Your guy might have the most delegates going into the convention, but if he doesn't have at least 1,237 delegates, it's not enough. Them's the rules.

To win the nomination at a contested convention, your guy's got to start making deals. Maybe with the Rubio delegates or the Kasich delegates or the Cruz delegates.

If anyone should understand this, it's Donald Trump. He's the guy who keeps telling us he's the greatest deal-maker on the planet and can't wait to start making trade deals with the Chinese and the Mexicans.

He's the brilliant business guy, in case you haven't heard him say it since noon, who wrote "The Art of the Deal" in 1987.

If he's incapable of making a deal at the Republican convention to win the delegates he needs to clinch the nomination, maybe the GOP should look for the real author of "The Art of the Deal." Because apparently it wasn't the Donald.

Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press).

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- 4BR/3BA
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- Family Room
- Gourmet Kitchen
- 3-car attached garage
- 2 levels
- Central AC/HEAT
- Covered Patio
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- 14,000+ sq. ft. lot

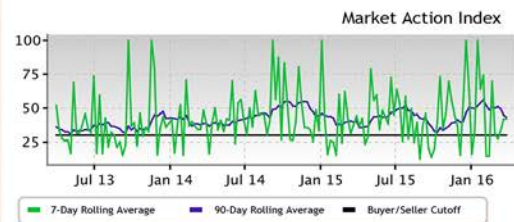
This Week

The median list price in SIERRA MADRE, CA this week is \$1,071,500.

Inventory and days-on-market are both trending higher recently. However, the improving Market Action Index implies some increased demand will temper the negative trends.

Supply and Demand

The market has been cooling off a bit in recent weeks, as more homes are available and demand is less. We're already seeing prices move lower as a result. Expect this trend to continue especially if the index falls to the Buyer's zone. Watch for a persistent up-turn in Market Action to signal prices rising again.



The Market Action Index answers the question "How's the Market?" by measuring the current rate of sale versus the amount of the inventory. Index above 30 implies Seller's Market conditions. Below 30, conditions favor the buyer.

Quartiles

Quartile	Median Price	Sq. Ft.	Lot Size	Beds	Baths	Age	Inventory	New	Absorbed	DOM	Characteristics
Top/First	\$ 2,100,000	3990	0.50 - 1.0 acre	5.0	5.0	11	5	1	1	35	Most expensive 25% of properties
Upper/Second	\$ 1,099,000	2460	8,001 - 10,000 sqft	3.0	3.5	68	5	0	1	125	Upper-middle 25% of properties
Lower/Third	\$ 919,000	1978	8,001 - 10,000 sqft	3.0	3.2	61	6	1	1	44	Lower-middle 25% of properties
Bottom/Fourth	\$ 519,000	918	Less than 4,500 sqft	1.5	1.0	91	6	1	0	47	Least expensive 25% of properties

Real-Time Market Profile		Trend
Median List Price	\$ 1,071,500	↕
Asking Price Per Square Foot	\$ 546	↕
Average Days on Market (DOM)	61	↕
Percent of Properties with Price Decrease	32 %	↕
Percent Relisted (reset DOM)	9 %	↕
Percent Flip (price increased)	5 %	↕
Median House Size (sq ft)	2078	↕
Median Lot Size	8,001 - 10,000 sqft	↕
Median Number of Bedrooms	3.0	↕
Median Number of Bathrooms	3.0	↕
Market Action Index	Seller's Advantage 43.3	↕

↕ No change ↗ Strong upward trend ↘ Strong downward trend
↖ Slight upward trend ↙ Slight downward trend

Price

Again this week we see a downward notch for prices. Pricing has been weak in recent weeks and versus their absolute-high levels. The Market Action Index is a good leading indicator for the durability of this trend.



A Hidden Gem in Whiting Woods

3615 Mesa Lila Lane, Glendale



\$1,098,000

Gorgeous traditional family home prominently displayed at the top of a private cul-de-sac in the unique and serene Whiting Woods neighborhood of Glendale. Located at the base of the Verdugo Hills just west of Montrose, Whiting Woods is an idyllic wooded hillside community where homes rarely come on the market. Centrally located minutes north of downtown Los Angeles with easy access to Hollywood, the San Fernando Valley and Pasadena. Delightful Open Concept home, offering 4 Bedrooms, 3 Baths, Formal Dining Room with French Doors leading out to a large Deck, Living Room with stone fireplace, Kitchen opens to a separate eating area and large Family Room. Beautiful craftsmanship, throughout with hardwood flooring and crown moldings. Walls of windows bring the outside in with views to La Crescenta and the surrounding hillside with mature growth trees that give this home a semi-rural feel in a friendly family neighborhood.

Built 1966 | 2492 Sq Ft | 4 Beds, 3 Baths | 17,956 Sq Ft Lot

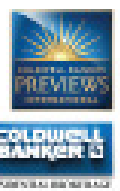


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