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APRIL 23, 8:00 TO NOON

Mountain Views News

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Community News Comes First

Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, APRIL 23, 2016

VOLUME 10 NO. 17

COMPOST
GIVEAWAY

April 23rd



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SATURDAY, April 23rd

9am - NOON

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Ed Chen (626) 703-9726 or echen@athensservices.com

SIERRA MADRE COUNCIL SWEARING-IN AND REORGANIZATION TUESDAY, APRIL 26, 2016

The public is encouraged to attend Tuesday's City Council meeting where Councilmembers John Haradedian and John Capoccia will be sworn in for their second term. Also being sworn in will be the first new City Clerk Melinda Carrillo in 32 years, Capoccia and Mayor Pro Tem Gene Goss, and City Treasurer Michael Amerio.

The Council will also be selecting a new Mayor and Mayor Pro-Tem. Both Capoccia and Haradedian have previously served as Mayor.

Traditionally, the community also thanks the outgoing elected officials for their service. This year that will include outgoing City Clerk Nancy Shollenberger, Treasurer Richard Mays and Mayor for 32 years. That reception is on Wednesday, April 27th at 5:30 pm in the Hart Park House, in Memorial Park.

4TH OF JULY GRAND MARSHAL NOMINATIONS

The Volunteer Sierra Madre 4th of July Committee is seeking nominations for the 2016 4th of July Parade Grand Marshal. The Parade will be held as always the morning of July 4th.

Parade Grand Marshal Nominees should embody the spirit of Sierra Madre, be an active volunteer in any of the local nonprofit organizations or in some way contributed to the betterment of Sierra Madre. Nominees may be an individual or volunteers or an organization.

Nominations must be submitted in writing by Thursday, April 28th and should be sent to the 4th of July Committee, PO Box 1073 Sierra Madre CA 91025 or emailed to 4thofjulysierramadre@gmail.com. Nominations should be no more than one page but at least a paragraph explaining why the honor should be given including contributions to the Sierra Madre community.



2015 Grand Marshalls Nina and Clem Bartolai

A FRIEND IN NEED.....



Sandy Duval, left, with a smiling, courageous Emily at the Wistaria Vine in March

Friends rally to support well known Sierra Madre realtor Emily Duggan

By Susan Henderson

There are many advantages in living in a small, tight knit community like Sierra Madre. Of course there are the obvious, public safety, quality housing, good schools, all things that over the years Emily Duggan has pointed out to families that come to town. However, many say that the most valuable part of living in Sierra Madre in particular are the relationships that you build with your neighbors and friends. It is such a relationship that is reaching out to the community to help Emily Duggan as she faces the challenges of battling cancer.

Here is what her friend Sandy Duvall, "For over 25 years Emily has been a very successful and well known real estate agent for Century 21 in Sierra Madre. For the last 10 years she has been caring for her husband who was stricken with Parkinson's disease, making her the sole provider for the household.

As her personal trainer and friend, I noticed Emily having balance issues which were first diagnosed as Vertigo. As time went on, we realized it was something more serious. On February 9th, Emily had her first brain surgery to remove the tumor. A week later she came home to recover and was scheduled to start radiation in March. In fact, the photo on your left was taken at the Wistaria Vine around that time.

After consulting with doctors at The City of Hope, Emily decided to have a second brain surgery to remove more of the cancer. As a result of the second surgery, she is now in a rehab facility. As she is working to get better, she is unable to care for herself or her husband.

Many of you who know Emily know she is one of the most caring and giving people you will ever meet. She has always gone out of her way to help others and now it is time for us to help her."

To that end, a GOFUNDME account has been established to help Emily and Tom during this extraordinarily challenging time. You can make a donation to Emily by logging on to <https://www.gofundme.com/uazjq8gc>. Any amount will help.

The Mountain Views News also asks your support with this effort. It doesn't matter who you are or how great your insurance might be, treating cancer is expensive. And for a self-employed person it is financially devastating. As a community I have witnessed our uniting to support each other in the midst of personal crisis. Now is such a time. Please donate today and share Emily's story with your family and friends.

It has been said, 'A friend in need is a friend indeed', meaning that if a person helps you in your time of need then they are a true friend.

Community, let's be a true friend to Emily.

Mother's Day

Champagne Brunch Buffet

Omelet Station Carving Station
Seafood Station Dessert Station

\$36.95 Adults

\$29.95 Seniors

\$16.95 Children 5-12

11:00 am-2:00 pm

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Mon:	Sunny/Windy	Hi 70s	Lows 50s
Tues:	Sunny	Hi 70s	Lows 50s
Wed:	Sunny	Hi 70s	Lows 50s
Thur:	50% Rain	Hi 70s	Lows 50s
Fri:	Sunny	Hi 70s	Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday, APRIL 26, 2016
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, APRIL 26, 2016,
6:30 pm

The final agenda and staff reports will available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email city@cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

City Council Reorganization

Tuesday, April 26, 2016 6:30pm

Wednesday, April 27, 2016, 7:00PM

Library Board of Trustees Meeting

Wednesday April 27th – 5:30 pm / Hart Park House
Reception for Retiring City Clerk Shollenberger

Thursday, May 5, 2016, 3:00PM

Senior Community Commission Meeting

May 7th – at 7:00 am at the Fire Station
SMVFA Pancake Breakfast

May 7th and 8th – Friends of the Library Art Fair in
Memorial Park

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



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EXTRAORDINARY CUSTOM FLORAL ARRANGEMENTS



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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

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AND HAVE SOME FUN!

Come join us.

Breakfast created by Chef Mario

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Rotary is differing occupations, cultures, and countries,
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For more info go to FB or Meetup.

The Hart Park House
222 W. Sierra Madre Bl.
Sierra Madre, CA 91024
Tuesdays 7-8:30 a.m.



Sierra Madre Woman's Club

550 W. Sierra Madre Blvd.

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**Wed., April 27 11:30 am Tea with
Patrick Gothard: "Painter Extraordinaire"**

**Mother's Day Brunch Sat May 7
Life & Tales of Beatrix Potter**

w/ Judith Helton 11:30 am

Tickets @ Wistaria Thrift Shop thru May 2



Sierra Madre Opportunities & Membership
Come Join us for Luncheon or Tea

Like us @ Facebook/SierraMadreWomansClub 355-4379

Rent Our 1914 Historic Essick House 355-4379

Shop Award Winning Wistaria Thrift Shop 355-7739



SIERRA MADRE ROSE FLOAT ASSOCIATION SCHOLARSHIP OPPORTUNITIES

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship to qualified college-bound student who meet the following qualifications:

1. Applicants must be currently a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.
2. Applicants must have been active in one or more Sierra Madre Rose Float activity such as fundraising, design, construction, flowering or as a past or present float rider.

Application Forms Can be Downloaded AT

<https://docs.google.com/a/smrosefloat.org/r?a=v&pid=sites&srcid=c21yb3NlZmxvYXQub3JnJHJmZmZGE5ZmVjNjQ4NjFjMWU>

ALL APPLICATIONS MUST BE POSTMARKED BY
MAY 20TH.

CANDIDATE APPLICATIONS AVAILABLE FOR ALTADENA TOWN COUNCIL REPRESENTATIVES 8 Seats Up for June 11 Elections

The Altadena Town Council Election Committee has made available Candidate Applications for this years' Census Tract Representative Election slated for Saturday, June 11th, with early voting on Tuesday, June 7th.

The unincorporated town of Altadena has eight census tracts, each with two Town Council representatives taking an alternating two-year term. The Council meets on the third Tuesday of each month at the Altadena Community Center, and is the voice of the community to the county supervisor, law enforcement and various utilities

Applications can be downloaded from www.AltadenaElection.org or www.AltadenaTownCouncil.org. Hard copies are available at the Altadena Library, 600 East Mariposa Street, Altadena, CA 91001 during regular business hours.

The deadline for filing candidate applications is May 15th, 4:30 pm. Continuous candidate and election information throughout the election cycle can be found at AltadenaElection.org

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10am – 5pm



See something.
Say something.

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Jukebox
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Saturday, May 7
6:30-9:00PM

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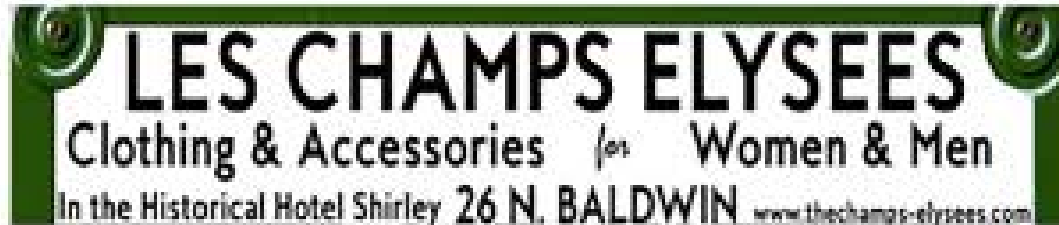
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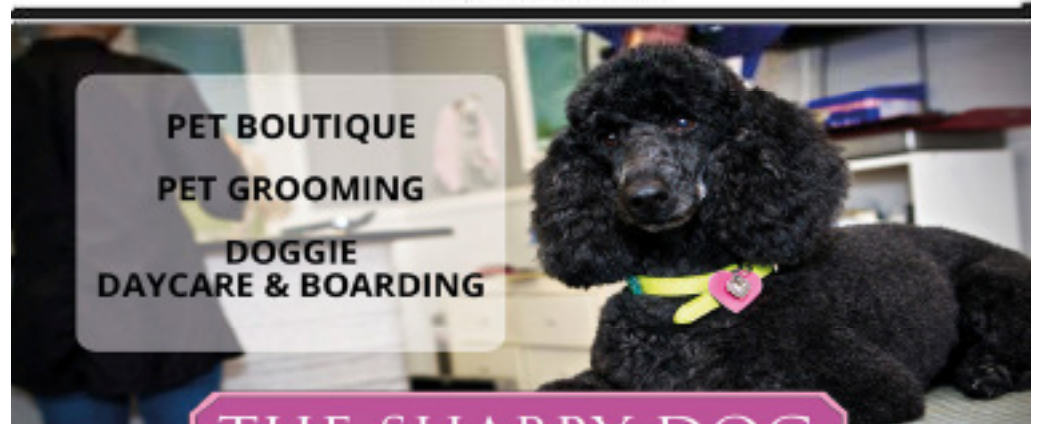
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Pasadena News Briefs

Man Trashes Convenience Store with Baseball Bat

Police say a man walked into an East Pasadena 7- Eleven with a baseball bat early Tuesday morning, smashing windows and display cases before being arrested for vandalism. According to reports, the suspect entered the 7- Eleven in the east 3600 block of Colorado Blvd. around 5 a.m. and started smashing display cases. The situation is under investigation although police believe the man in his late 30s was under the influence of drugs or alcohol. The damage was estimated to be around \$15,000.

Juvenile Arrested after Threatening to Kill Two Adults

A young woman was arrested Monday after threatening to kill a 44 year-old woman and a 51 year-old man with a hatchet according to police. The relationship between the suspect and victims was unknown.

According to reports, police responded to Grandview Street in Northwest Pasadena around 9 a.m. after receiving a call about a teen with a weapon. The woman was taken into custody without incident. She was arrested by Pasadena police and later taken to juvenile hall.

Gas Leak Forces Evacuation of Bank

Pasadena firefighters responded Tuesday to a gas main break that forced the evacuation of a Chase bank in East Pasadena.

According to reports, a contractor damaged a small gas line around 11:20 a.m. near Washington Blvd. and Allen Ave near the bank. There were no injuries were reported.

Pet of the Week



Cadbury (A394436) is a 1-year-old, spayed female, short-haired, gray rabbit. She is a very sweet bunny who loves to have her nose and ears rubbed. She has a great time running and hopping around in our rabbit enrichment playpen. Best of all, this smart bun-bun uses the litterbox in her kennel.

The adoption fee for rabbits is \$30, which includes the spay or neuter surgery and a microchip.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A376853, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.

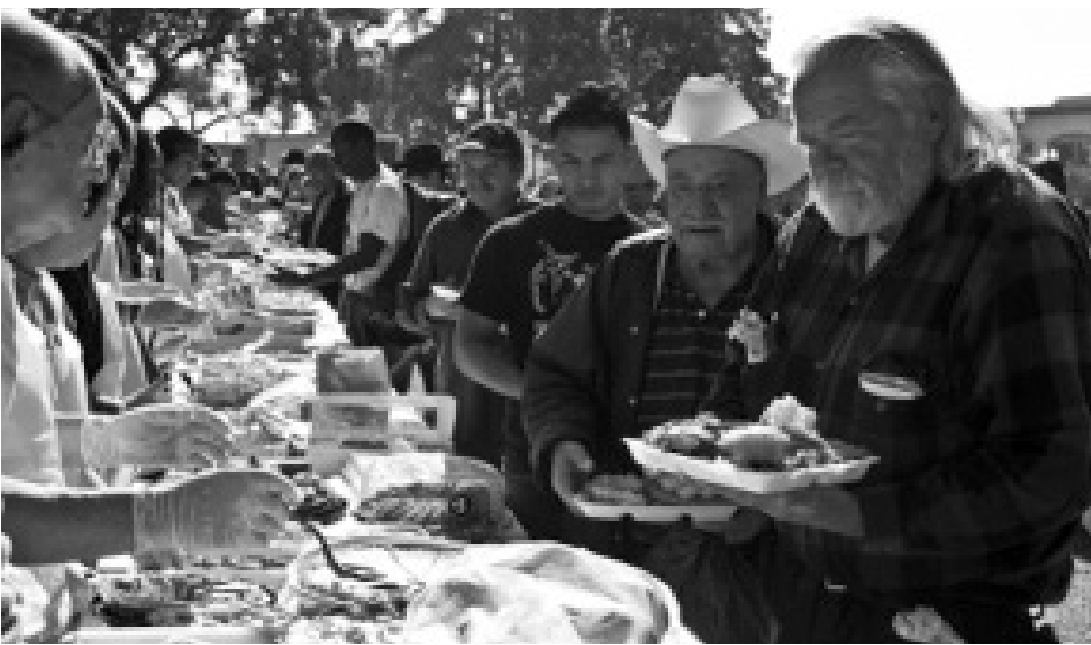


Photo: Union Station Homeless

Official Count Shows Homeless Decrease

A report released Thursday on the results of the 2016 Pasadena-homeless count, conducted in January, showed 102 fewer people were homeless this year —down 16 percent from 2015.

Director of Housing and Career Services William Huang, said of the report, that the decrease is largely attributed to the success of the Coordinated Entry System which placed 56 —chronically homeless individuals in Pasadena in permanent housing in 2015.

According to Huang this was a one-night count and survey of Pasadena's homeless population done Jan. 27. He said it consisted of two primary components, an unsheltered count and a sheltered count.

“It is important to note that while the one-night count offers a snapshot of homelessness on one single night, the number of homeless fluctuates during the year,” he said.

He also said that although there was an even larger decrease, 20 percent, in unsheltered homelessness (442 in 2015 and 352 in 2016), it was in part due to the fact that the Pasadena Bad Weather Shelter was open this year and not in 2015.

The report showed that of the 530 homeless, 42 percent are chronically homeless, up from 2015 (198 compared to 225). Twenty-nine percent reported chronic health conditions, 28 percent reported mental illness, 28 percent reported a history of

domestic violence and 26 percent reported physical disabilities. Of the unsheltered, 66 percent reported living outdoors or in their vehicles and 34 percent were sheltered in a hotel or motel paid for by a charitable organization.

Huang also said Pasadena has made significant strides in reducing the number of homeless veterans. He said since 2011, the number of homeless veterans in Pasadena has decreased by 51% (falling from 89 in 2011 to 44 in 2016). This decrease is largely the result of a concerted effort to increase outreach and prioritize housing for homeless veterans as well as new resources targeting this population.

The full report will be presented to the city council Monday night during their regular meeting.

Tea Lovers Festival: 10 Years

In celebration of ten years of “spreading the love of tea through education and diverse cultural experiences”, the Tea Lovers Festival, May 1, brings to life some of the contents of their upcoming retrospective book. This program includes traditional Japanese Tea Ceremonies, under the conducted by renown tea master Soshitsu Nishimura of the Edo Senke Sado School, live music by Tsugaru shamisen player Mike Penny, as well as a talk/presentation by Kulov, the founder and creative director of the Tea Lovers Festival, who will give insights into the history of the festival over the past decade.

Japanese Tea Ceremony: Set 01 3:15 - 3:45pm
Japanese Tea Ceremony: Set 02 4:00 - 4:30pm
Book Release by Kulov: 4:30 - 5:30pm

Limited number of tickets available. \$15 will be deducted from the price of each copy of the book Tea Lovers Festival: 10 Years when purchased at the event. Tickets to this event do not include entrance to the special exhibition Royal Taste. Visit pacificasiamuseum.usc.edu for tickets and full event information.

Science of Acupuncture

Join the USC Pacific Asia Museum and the USC Institute for Integrative Health for a discussion, April 30, of the basic fundamental concepts and philosophy of Traditional Chinese Medicine.

Panelists include Wei K. Chao, DDS, Lac and Cynthia Diep, DDC, Lac. The discussion will be moderated by Rev. Jim Burklo Associate Dean of Religious Life, USC. The event runs 6p.m. - 8:30p.m.

Royal Taste viewing: 6pm - 7pm
Conversation: 7pm - 8:30pm
Reception to follow.

CONVERSATIONS@PAM are included with museum admission and are free for members, USC faculty, staff and students.

Free Special Event: Hawaii

Join the USC Pacific Asia Museum to celebrate the arts and culture of Hawaii. Admission to the galleries are FREE all day. Sunday, May 8 10 a.m.- 4:30 p.m.

Silk Road Story Time – 10:30 a.m. and 11:30 a.m.

Spotlight Tours – 11:00 a.m. and 1:00 p.m.

All Ferrari Show Speeds into Old Town Pasadena



Photo: Concorso

Three blocks of Colorado Boulevard in Old Pasadena will be transformed Sunday into a Ferrari extravaganza as over 140 Ferraris, ranging from mid-century purpose built racers to modern day exotic supercars, lining the street. In addition to Ferraris, there will be vendors and sponsors specializing in exotic automotive styling, accessories, detailing, apparel, travel, and local food to compliment the star of the show - Ferrari. The event goes from 10 a.m. to 3 p.m.

Ferraris entered from 2005 and earlier are eligible for judging; follow Ferrari

Club of America National guidelines IAC/PFA (International Advisory Council for the Preservation of Ferrari Automobiles). Awards will be presented in 10 classes by a panel of 30 Ferrari experts at the conclusion of the event.

Owners of the newest models of Ferraris are welcome to display their prancing horses and spend a fun day among friends in beautiful Pasadena. Space is limited to 140 Ferraris, so register early for an opportunity to be part of this traditional FCA Southwest Region event.

Additional Information at fca-sw.org.

City to Hold Spring into Wellness Festival

The City of Pasadena Public Health Department, the City of Pasadena Human Services and Recreation Department, the National Alliance on Mental Health (NAMI), and the Pasadena Mental Health

Advisory Committee invite you to the Spring into Wellness Festival. Please join us for a fun-filled day, with free food, games, health screenings, and opportunities to connect with vital resources in your community.

The event will be held May 14 at the Jackie Robinson Community Center 1020 N Fair Oaks Ave.

For more information call the Pasadena Community Health Department at (626) 744-6000.

NASA Seeks Industry Ideas for Mars Satellite

NASA announced this week they are soliciting ideas from U.S. industry for designs of a Mars orbiter for potential launch in the 2020s. The satellite would provide advanced communications and imaging, as well as robotic science exploration, in support of NASA's Journey to Mars.

The orbiter would substantially increase bandwidth communications and maintain high-resolution imaging capability. It also may use experimental cutting-edge technologies, such as high-power solar electric propulsion or an optical communications package, which could greatly improve transmission speed and capacity over radio frequency systems.

Under the direction of NASA's Mars Exploration Program,

the agency's Jet Propulsion Laboratory in Pasadena, is conducting pre-formulation planning for this possible orbiter mission for a solar-powered orbiting spacecraft.

JPL plans to award concept study subcontracts of \$400,000 per subcontract in June. The concept studies for the spacecraft will be completed over a four-month period.

NASA is on an ambitious journey to Mars that includes sending humans to the Red Planet, and that work remains on track. Robotic spacecraft are leading the way for the Mars Exploration Program, with current missions, in addition to the planned launch of the Insight lander in 2018, and the design and build of the Mars 2020 rover. To view the Mars orbiter solicitation visit: 1.usa.gov/1qFw0Le.

Free April Events at the Pasadena Senior Center

There is something for everyone in April at the Pasadena Senior Center, 85 E. Holly St. All events listed are free and are presented at the Holly Street location unless otherwise indicated. You do not have to be a member to attend. Some events require advance reservations as noted.

Stay Connected with Social Media – Tuesdays and Thursdays to April 28, from 9 to 11 a.m. Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays to April 28, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

Emergency Preparedness – Monday, April 25, at 1 p.m. Learn how to get an emergency kit and make an emergency plan as well as what to do during and after an emergency or disaster. Materials will be provided. Presented by the American Red Cross.

Memories in the Making – Mondays, April 25 to May

23, at 10 a.m. This program developed by the Alzheimer's Association helps people in early-stage dementia preserve distant memories and capture precious moments through art. Memories in the Making focuses on skills people still have rather than teaching new concepts. No previous art experience or artistic skills are necessary. Reservations are required by calling 626-683-6733.

Healthier Living – Tuesdays, April 26 to May 31, from 9:30 to 11:30 a.m. Learn how to live an overall healthy life and feel better about yourself. Explore common health concerns such as fatigue, frustration, anxiety and depression and learn how to set weekly goals, reduce stress, receive support from others and thrive. Reservations are required by calling 626-685-6755.

Get Organized for Your Move – Do you feel you're buried under a lifetime of treasures? This interactive seminar will help overwhelmed seniors and their families learn how to downsize and deal with practical issues when the decision has been made to relocate. Presented by Gentle Transitions of California.

For more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

Founded in 1960, the Pasadena Senior Center is an independent, nonprofit agency that offers recreational, educational, wellness and social services to people ages 50 and older in a friendly environment. Services are also provided for frail, low-income and homebound seniors.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

ARCADIA CITY COUNCIL UNANIMOUSLY ADOPTS SINGLE-FAMILY RESIDENTIAL ZONING CODE UPDATE

ARCADIA, Calif. --- The Arcadia City Council voted 5-0 in favor of adopting a comprehensive Residential Zoning Code Update at the April 19, 2016, City Council Meeting. The unanimous vote comes after two years of research, numerous community meetings and discussions, and well-researched recommendations from a citizen committee, the Planning Commission and the City Council.

"This is a very exciting time because we know that residential zoning standards have been a discussion in the community for 30 years. We hope that the new ordinance will shape the community for the next 30 years," said City Manager Dominic Lazzaretto. "The new code responds to the issues raised by the residents and represents all view points in the community."

An update to single-family residential zoning regulations was first authorized by the City Council in June 2014 in response to growing concerns about the size of new homes being built in the community, their relation to nearby residences, and cohesiveness within neighborhoods. In the process of starting a Zoning Code Update, the City was resolute in making sure all of the different voices in the community were heard and considered. Through a series of public community meetings held in 2015, the City gathered feedback, suggestions, and comments that were relayed to the Zoning Review Committee, an advisory group of resident stakeholders specially chosen for their diverse background and wide-ranging viewpoints. In all, the Zoning Review Committee met for three-and-a-half days to develop a set of recommendations. The suggested amendments then moved on the Planning Commission where a few additional revisions were

submitted before being presented to the City Council for final approval and adoption.

"Tuesday's night's unanimous vote on the Residential Zoning Code Update was an exciting and positive conclusion to a long, and often contentious, process," said Mayor Gary Kovacic. "The regulations adopted are fair, balanced, and equitable, and will greatly enhance Arcadia's quality of life and sense of community. The process included substantial public and professional input, and I really appreciate the participation and perspectives offered by the many Arcadians who voiced their opinions throughout this notable chapter in the life of our community."

The Residential Zoning Code Update addressed seven major topics: setbacks, height, basements, parking, hillside standards, floor area ratio (FAR), and hedges/landscaping in front yards. The most notable change to the current zoning standards was the creation of a floor area ratio, which establishes the percentage of land a home may occupy based on the size of its lot.

Although a longstanding regulation in neighboring cities, Arcadia had previously not established such a standard. With the new zoning regulations in place, the four adopted floor area ratios are more consistent with similar cities, and maximum home sizes will vary by neighborhood and property size to ensure compatibility while still enhancing home values. The specific recommendations approved by the City Council, as well as additional information on public outreach, community survey results and publications, can be found under the news section on the City website www.ArcadiaCA.gov.

ARCADIA ROTARY CLUB'S SALUTE TO SENIORS LUNCHEON

The annual Salute to Seniors Luncheon sponsored by the Arcadia Rotary Club will be held on Tuesday, May 10, 2016 from 11:30am-1:30pm at the Arcadia Community Center, 365 Campus Drive. At this special event, the Arcadia Rotary Club along with the City Council, Senior Commissioners, and other guests will honor Carol Libby, the City of Arcadia 2016 Senior of the Year.

ABOUT THE HONOREE

The 2016 Senior of the Year is Carol Libby. Carol is a 60 year resident of the City of Arcadia. Carol is very active with the Arcadia Friends of the Library where she has served as Vice President and Program Chairman. Carol has also been a long time member, President and Vice President of the Arcadia Historical Society. She is a past volunteer and member of the Los Angeles County Arboretum and has published two books about the history of Arcadia.

The City of Arcadia is very proud of Carol Libby and is thankful for her contributions of her time and talents to and



for the community. She is certainly a reflection of this year's Older Americans Theme of "Blaze a Trail."

On behalf of the Arcadia Rotary Club, Arcadia Senior Citizen Commission, and the City of Arcadia, it is a pleasure to announce Carol Libby as the 2016 Senior of the year.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 56,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

ARCADIA POLICE BLOTTER

For the period of Sunday, April 10th, through Saturday, April 16th, the Police Department responded to 1,009 calls for service of which 140 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 10:

Just after 7:06 a.m., an officer responded to the 200 block of North Santa Anita Avenue regarding a vehicle burglary report. The officer discovered unknown suspect(s) broke the driver's side window of the vehicle and stole the car stereo. A knit glove was left behind by the suspect. The investigation is ongoing.

Around 12:17 p.m., officers responded to Sport Chalet at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a robbery that had just occurred. The officer discovered a 29-year-old male from Duarte was in the process of stealing merchandise when he was confronted by a loss prevention specialist. Fearing for his safety, the loss prevention agent let the suspect flee on foot. An area search was conducted and the suspect was located. He was arrested and transported to the Arcadia City Jail for booking.

Monday, April 11:

At about 4:24 a.m., an officer initiated consensual contact with a subject in a parked vehicle, with the head lights turned off, parked in the Motel 6 parking lot, 225 Colorado Place. The officer attempted to contact the subject but the 23-year-old male from Duarte fled on foot, ignoring the officer's commands to stop. The suspect was located and found to be in possession of stolen property, burglary tools, and had been driving a stolen vehicle. He was arrested and transported to the Arcadia City Jail for booking.

At approximately 7:28 p.m., an officer responded to the area of Live Oak Avenue and Santa Anita Avenue regarding a male lying on the sidewalk. Upon contacting the 49-year-old male from Hesperia, the officer noticed symptoms of alcohol intoxication and determined the suspect was unable to care for himself. He was arrested and transported to the Arcadia City Jail for booking.

Tuesday, April 12:

Just after 3:43 p.m., officers responded to Radio Shack, 1435 South Baldwin Avenue, regarding a robbery. An investigation revealed two unknown suspects armed with handguns, entered the store and forced an employee to open a safe containing Apple 1 Phones. The suspects fled with several 1 Phones and \$200 cash.

The first suspect is described as a male, 20-years-old, 5'10" tall and approximately 170 pounds. The second suspect is described as a male, 20-years-old, 5'8" and approximately 135 pounds. The suspect vehicle is described as a newer model white pickup truck. The investigation is ongoing.

Around 3:50 p.m., officers responded to Arcadia High School, 180 Campus Drive, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles containing tracking devices to combat the increase in bicycle thefts around the city. An investigation revealed a 38-year-old male from Duarte took the bicycle and fled the scene. He was located with the bicycle, arrested and transported to the Arcadia City Jail for booking.

Wednesday, April 13:

Shortly after 1:20 p.m., an officer conducted a traffic stop on a vehicle in the area of Las Tunas Drive and Baldwin Avenue. The officer observed a gun attached to the rear of the vehicle. An investigation revealed the driver, who had placed a BB gun to the rear of his vehicle, was also driving with a suspended license, in possession of methamphetamine, and

had an outstanding warrant for his arrest. The 59-year-old male from Temple City was arrested and transported to the Arcadia City Jail for booking.

At about 6:38 p.m., an officer responded to the Santa Anita Mall, 400 South Baldwin Avenue, regarding a stolen vehicle report. The officer discovered an unknown suspect stole the victim's locked vehicle from the employee parking lot sometime during the day. The unoccupied vehicle was later recovered by Baldwin Park Police Department. No suspects were seen and no witnesses were located.

Thursday, April 14:

9. At approximately 03:52 a.m., an officer conducted a traffic stop on a vehicle in the area of Duarte Road and Santa Anita Avenue for driving westbound in eastbound lanes of traffic. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 38-year-old male from Temple City was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

10. Around 11:32 a.m., an officer responded to the front counter of the Arcadia Police Department regarding a grand theft report. The victim claimed her wallet had been stolen from her purse while she was eating at Kirin Buffet inside the Santa Anita Mall, 400 South Baldwin Avenue. The wallet contained over \$2000 cash and several credit cards. No suspects were seen. The investigation is ongoing.

Friday, April 15:

11. At about 04:51 a.m., officers responded to the 3200 block of Fish Canyon Road in the City of Duarte regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy packages containing bait property and tracking devices to combat the increase in package thefts from residential areas. An investigation revealed a 27-year-old male from Duarte had the stolen package inside his vehicle and the stolen property, and tracking device inside his home. The suspect was arrested and transported to the Arcadia City Jail for booking.

12. Just after 9:00 p.m., an officer conducted a traffic stop on a vehicle in the area of Holly Avenue and Longden Avenue for having a nonoperational brake light. Upon contacting the driver, the officer discovered the 30-year-old male from Arcadia was driving with a suspended license. The suspect was also in possession of a counterfeit driver's license and had an outstanding warrant for his arrest. He was arrested and transported to the Arcadia City Jail for booking. The vehicle was impounded for 30 days.

Saturday, April 16:

13. Just after 2:00 p.m., officers responded to the front counter of the Arcadia Police Department regarding a battery that had occurred between juveniles. The reporting party claimed a known male juvenile, upset over crossing out of graffiti, responded to his home and punched his face several times. An investigation revealed the juvenile reporting the battery had vandalized several areas of Bonita Park, 100 South Second Avenue, with graffiti. The juvenile was cited and released to his mother. The investigation of the battery is ongoing.

14. At approximately 4:30 p.m., an officer responded to REI, 214 North Santa Anita Avenue, regarding a suspicious subject blocking pedestrian traffic at the entrance of the store. Upon contacting the 26-year-old male from El Monte, the officer noticed symptoms of being under the influence of a controlled substance. After a series of tests, he was arrested and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

PLACENTIA EMBEZZLEMENT SCANDAL UPDATE

As you may have heard reported through various news outlets, an embezzlement scandal has erupted in the City of Placentia, where the Finance Services Manager in that jurisdiction has been accused of embezzling \$4.3 million through wire transfers during the period April 2015 to April 2016. The event is both shocking and upsetting and represents a tremendous betrayal of public trust.

It is important to note that Monrovia's audit firm, Lance, Soll and Lunghard, LLP (LSL), were hired in 2015 by the City of Placentia. Upon receiving word of the embezzlement scandal in Placentia, our auditors provided the following overview of the situation:

...we only recently completed a financial audit for the period from July 1, 2014 to June 30, 2015. We have not begun to perform any audit procedures for the period beginning July 1, 2015, in which the majority of the time period of this alleged embezzlement occurred. Our audit for the period ending June 30, 2015 did identify several material weaknesses and significant deficiencies in internal controls and instances of noncompliance. It was not a "clean" audit. We feel it is important to communicate that our audit evaluated internal controls over wire transfers and we noted that the controls in place during the period of the financial audit, required the approval of two separate City employees to complete a wire transfer. We are not

currently privileged with information regarding the investigation so it is unclear whether the breakdown occurred internally at City Hall or externally with the financial institution.

It is also important to note that the audit team at LSL were recently hired by the City of Pasadena in the aftermath of the embezzlement scandal that occurred in that jurisdiction. Here in Monrovia, I wanted to share that we have very robust internal controls that require dual passwords and dual signatures in order to complete any wire transfers. In addition, a separate employee performs bank reconciliations thirty days after any City Manager's Update wire transfers have occurred, which adds another layer of security to guard against any potential breach. Finally, we have also established here in Monrovia an Audit Committee that comprises two members of our City Council and which provides an additional outlet for the reporting of inappropriate activities.

However, as the situation in Placentia illustrates, internal control activities alone cannot guarantee fraud will not occur. Our staff has and will remain vigilant in our oversight and monitoring of controls to mitigate the risk of fraud. Internal controls can be circumvented if not monitored on a continual basis and here in Monrovia, we will continue working hard to ensure that we do not violate the public's trust.

MONROVIA POLICE BLOTTER

Highlighted Activity for April 18-20, 2016

During the last seven-day period, the Police Department handled 423 service events, resulting in 77 investigations. To see a complete listing of crimes reported, go to <http://www.crimemapping.com/map/ca/monrovia> for crime mapping. For Police Department news and information, visit our website and follow us on Twitter.

Vandalism

April 18 at 7:54 a.m., officers were dispatched to a preschool in the 1000 block of S. Canyon regarding a vandalism incident. Unknown suspect had written graffiti on a school fence, which faced the adjacent park. The graffiti occurred sometime over the weekend. The investigation is continuing.

Residential Burglary

April 18 at 10:47 a.m., a residential burglary was reported in the

600 block of Parker. The victim locked his residence and left on April 17. When he returned home on April 18, he found the backdoor of the residence unlocked. Cash, a wristwatch and a speaker were stolen from the location. It appears the suspect unlocked the backdoor by reaching through an open dog door. The investigation is continuing.

Driving Under the Influence – Suspect Arrested

April 19 at 12:59 a.m., an officer stopped a vehicle for several vehicle code violations. Upon contacting the driver, he noticed signs of intoxication. After conducting field sobriety tests, the officer arrested the driver for driving under the influence. The suspect was taken into custody and held for sobering.

Felony Evading – Suspect Arrested

April 19 at 12:58 p.m., an officer responded to the 100 block of N. Mountain on the report of a suspicious vehicle, possibly casing the neighborhood. The officer located the suspect vehicle at Foothill and Mountain. When he attempted to stop the vehicle, the driver fled south on Mountain and entered the 210 Freeway, heading eastbound. The suspect was driving erratically at a high rate of speed and traffic conditions were heavy, so Monrovia police canceled the pursuit by police units. The Foothill Air Support Team helicopter continued to follow the vehicle and the California Highway Patrol picked up pursuit of the vehicle in San Bernardino County. The suspect and passenger in the vehicle were stopped by CHP and taken into custody for felony evading.

626 GOLDEN STREETS COMMUNITY MEETING IN MONROVIA SET FOR APRIL 26, 2016

As you may have heard, a 17+ mile long San Gabriel Valley open streets festival has been scheduled to take place in early summer on June 26, 2016. Called the 626 Golden Streets event, the event organizers have scheduled a community outreach meeting here in Monrovia on April 26, 2016, to share details regarding the initiative.

626 GOLDEN STREETS MONROVIA COMMUNITY MEETING

TUESDAY

26

APRIL 2016
6:30PM - 8:00PM

Join us for a community meeting to learn more about 626 Golden Streets, an open streets festival where people can walk, bike, run, and skate.

MONROVIA COMMUNITY CENTER
119 W Palm Ave,
Monrovia, CA 91016

Contact: Andrew@BikeSGV.org

WWW.626GOLDENSTREETS.COM

PASADENA UNIFIED'S JOHN MUIR HIGH SCHOOL STUDENT WINS PRESTIGIOUS GATES MILLENNIUM SCHOLARSHIP

MARSHALL FUNDAMENTAL AND PASADENA HIGH SCHOOL RECEIVE SILVER MEDAL FROM US NEWS & WORLD REPORT AS PART OF BEST HIGH SCHOOLS RANKING

Pasadena, CA – John Muir High School senior Prakash Dass has been named a 2016 Gates Millennium Scholar, becoming the school's seventh winner of the prestigious academic scholarship since 2005, it was announced today by Pasadena Unified School District (PUSD) officials. Marshall Fundamental and Pasadena High School were also named recipients of the 2016 Silver Medal from US News & World Report as part of the magazine's Best High Schools ranking.

"Congratulations to Prakash and John Muir High School for this extraordinary achievement," said Superintendent Brian McDonald. "Behind every student's success are hundreds of hours of work by a team of excellent teachers and staff. I would also like to congratulate the students, faculty, staff and families of Marshall and PHS on their silver medal ranking."

A student in John Muir's Engineering and Environmental Science Academy, Prakash plans to major in engineering and has been accepted to UCLA, California State University Pomona and CSU San Luis Obispo. He is a member of John Muir's Solar Cup Team and participated in the Johns Hopkins Engineering Innovation summer program at Pasadena City College.

"This is a great accomplishment for John Muir and demonstrates that our students are ready to seize opportunities on a global and highly competitive scale," said John Muir High School Principal Tim Sippel.

As a Gates Scholar, Prakash joins the ranks of a prestigious group of talented students from across the country awarded the scholarship that can be used to pursue a degree in any undergraduate major and selected graduate programs at accredited colleges or universities. Established in 1999 with the goal of developing leaders and removing financial barriers to education for high-performing, low-income students, the Gates Millennium Scholarship is funded by a grant from the Bill & Melinda Gates Foundation.

Marshall Fundamental Secondary School and Pasadena High School have received Silver Medals and are nationally ranked as 2016 Best High Schools by U.S. News and World Report.

"Thank you to the outstanding and dedicated teachers, our supportive parents and amazing students - this is an honor that reflects the entire family of Marshall," said Marshall Principal Mark Anderson. "We are proud that Marshall has once again earned the Silver Medal and ranking as one of the top high schools in the country."

"I am very proud of the dedication and hard work of our students, faculty, staff and administration," said Pasadena High School Principal Gilbert Barraza. "Doing ordinary things in extraordinary ways has created many more opportunities for our students."

The U.S. News rankings include data on more than 21,000 public high schools in 50 states and the District of Columbia. Schools were awarded gold, silver or bronze medals based on their performance on state assessments, their graduation rates and



2016 Gates Millennium Scholar Prakash Dass with Muir Principal Timothy Sippel, Counselor Nancy Gonzalez Heusser, Science Teacher Dan Harris, and Counselor Ben Aroyan

how well they prepare students for college. See the list

U.S. News & World Report's 2016 Best High Schools rankings highlight top-performing public schools on a state and national level. The 2015 rankings, available exclusively at usnews.com, include data on more than 21,000 public high schools.

U.S. News differentiates high schools with gold, silver and bronze medals, using gold medals to indicate the greatest level of college readiness. For more information about Best High Schools, visit www.usnews.com/highschools

"It is clear that PUSD educators are ensuring that our graduates are prepared to lead locally and globally," said Board of Education President Elizabeth Pomeroy. "Our schools continue to succeed in serving as innovative leaders in offering 21st century educational opportunities."

Stay connected to the Pasadena Unified School District! Visit us online at www.pusd.us; follow us on Twitter @PasadenaUnified, www.twitter.com/PasadenaUnified; like us on Facebook at www.facebook.com/PasadenaUnifiedSchoolDistrict; text PUSD to 888777; subscribe to PUSD Today! at gopusd.com/today; subscribe to our YouTube channel at www.youtube.com/kmpasadena. Or call the Communications Office, 8 a.m. to 5 p.m., Monday through Friday at (626) 396-3606.

ALVERNO HIGH SCHOOL PRESENTS A BEAUTIFUL PRODUCTION OF "BEAUTY AND THE BEAST"

The classic fairytale included a cast of over 40 students and a crew of 20

Sierra Madre, CA (April 19, 2016) – There was a packed house every night for Alverno High School's recent production of Disney's "Beauty and the Beast" at the Lanterman Auditorium. The musical, the largest in Alverno High School's history, featured over 40 cast members and 20 crew members!

Rehearsals for the show began in January under the direction of Alverno High School's Drama Director, Ms. Cynthia Cales P'12, who created a phenomenal cast composed of Alverno students as well as male cast members from St. Francis High School in La Cañada and Arcadia High School. Throughout the months leading up to the production, the cast and crew worked tirelessly to perfect every detail of the show—details that truly showed off during the run of the production.

The main cast of "Beauty and the Beast" included senior Amy Aghajanian as Belle, sophomore Ethan Breaux (St. Francis High School) as the Beast, sophomore Neal Muir (St. Francis High School) as Gaston, senior Emma Andres as the Enchantress, senior Casey McCreary (St. Francis High School) as the Prince, junior Rain Villanueva as LeFou, senior Karl Lorenzo (Arcadia High School) as Maurice, junior Jillian Kislou as Lumiere, junior Payton Emerson as Cogsworth, senior Ciara Madigan as Mrs. Potts, sophomore Riley Luna (St. Francis High School) as Chip, junior Marisa Dragos as Babette, junior Cathy Johnson as Madame de la Grande Bouche, freshman Julia Vallen as Monsieur D'Arque, and junior Arianna Muñoz, sophomore Sarah Lopez, and sophomore Leila Moreno as the Silly Girls.

Members of the ensemble cast included freshmen Malik Gay Banuelos (St. Francis High School), Maritza DiRito, Caroline Dragos, Leanne Kuhn, and Claire Lewis; sophomores Ariana Micala, Vanessa Prata, Anica Quizon, and Kate Samaniego; juniors Alexis Baro, Etienne Barzallo, Cassidy Castillo, Lisa Costantino, David Frost (St. Francis High School), Allison Joseph, Naomi Jost, Moondera Rabb, Chandnee Raina, Haylee Robinson, Anna Sandoval, Vale Siess, and Cristina Webster; and seniors Cathy Bao, Gillian Cox, Cynthia Lee, and

Alexxa Vasquez.

"The entire cast and crew worked so hard on this production," said Ms. Cynthia Cales P'12, Alverno High School's Drama Director. "Our students truly worked as professionals on this show and when we closed on Saturday night, I know they were all pleased with the final product and the work they put into it."

"Beauty and the Beast" was an amazing show with an exceptionally hardworking cast and crew," said Ms. Julia V. Fanara P'01, P'03, and '05, Head of School. "Under the direction of our exceptional Drama Director Ms. Cynthia Cales P'12 everyone came together to create a production that is truly the largest and most impressive in Alverno's history. We are grateful to Ms. Cales and for everyone who helped to provide this amazing experience for the entire cast. We look forward to next year and the new opportunities it provides to showcase our outstanding arts program at Alverno."

About Alverno High School

Alverno High School is an independent, progressive, Catholic college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,500 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit www.alverno-hs.org.

ARROYO ADVENTURE WILL FEATURE 8 BRAND-NEW IMMERSIVE NATURE BASED EXHIBITS IN THE ENHANCED KIDSPACE GARDENS

PASADENA, CA (April 21, 2016) - The new Arroyo Adventure at Kidspace Children's Museum will open to the public on Saturday, April 30! Arroyo Adventure will feature 8 brand-new experiences that encourage children to connect with nature, engage in adventures, and uncover possibilities between water and rocks, mud and sticks, and trees and native plantings.

"Our gardens are a wonderful place for children to spend more time outdoors and get dirt under their fingernails," says Michael Shanklin, Chief Executive Officer of Kidspace. "With the addition of the Arroyo Adventure, they will have fun building forts, playing in the mud, experimenting with erosion, weaving natural creations, tending an urban garden, and exploring the Hawk's Nest. These experiences prove the value of involving children in a natural setting and increases their physical activity, which is another critical need for our children."

Visitors will be able to climb their way up to the giant Hawk's Nest where they can let their imaginations soar as they look out over the trees. Children can explore the properties of mud and try their hand at brickmaking in the Mud & Clay outdoor studio. The Flood & Erosion Plain is an opportunity for children to investigate the effects of erosion on their physical environment by making channels through sand, building small dams, and using rocks and sticks to control the flow of water. Other

exhibits will include fun activities such as the ability to build forts, explore plant life, create unique art pieces, and much more!

"Arroyo Adventure was a huge undertaking and has been a long time in the making," says Laura Moyles-LaBarge, Kidspace Board Member and Chair of the Exhibits, Experience, and Education Committee. "The Kidspace Board looks forward to introducing the community to everything the 8 new and exciting exhibits have to offer to children of all ages."

Arroyo Adventure marks a milestone in the Museum's exhibit master plan that was created in conjunction with the announcement of The Campaign for the Future of Kidspace in the spring of 2012. This \$13-million Capital Campaign was launched to build new exhibits, upgrade existing learning environments, improve guest amenities, and develop new curriculum and programs. The next phase of The Campaign will be the renovation of the West Gallery as a dramatic and visual arts area, which is set to begin in Fall 2016.

Additional funding for the Arroyo Adventure was provided by The Ahmanson Foundation, The Rose Hills Foundation, The Ralph M. Parsons Foundation, W.M. Keck Foundation, the Ann Peppers Foundation, the Confidence Foundation, and the Pasadena Showcase House for the Arts.

DAN STOVER MUSIC CONTEST FOR HIGH SCHOOL SENIORS

There were two very talented students this year for the contest. Playing Prelude in G minor Op23 no.5 by Rachmaninoff was Emilie Torres of Pasadena High School. She played with gusto this very difficult piece. Jordan Rupp of La Salle High school played Un Sospiro from Trois études de concert by Franz List presented this very moving piece.

Jordan will be going to the regional portion where he will perform. The winner of the regional will then perform at the district in San Diego this year and will receive a cash prize between \$3,000-5,000.

The judges this year were Tom Brady of the Destination Group and Eric Byak, professional musician and recording artist.

SCHOOL DIRECTORY

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(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
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(626) 355-3527
Principal: Dr. William Walner
website: www.bcsllions.org

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San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410 Head of School: Patty Patano
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://phs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

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Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
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(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

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THE JOY OF YOGA

RIDE THE WAVE

There's nothing quite like the initial wave of goodness from a regular yoga practice. I became hooked almost immediately. I compare it to being really thirsty from a hard workout or a long trip. I found hydration. Yoga had some of things I was looking for: physical challenge, meditation and solitude. When my friend first recommended I try yoga, she said it helped not just physically as exercise, but it made her feel better. When I started was still trying to "hit two birds with one stone" in efficiency, so the exercise with some silent reflection fit the bill. Later, the joy of the experience and natural flow began to sink in. Who knew I would fall in love with yoga and the journey of self mastery? I found that as I continued with my practice, I needed the fundamentals as well as MORE knowledge. I needed to build upon my foundation. It was a natural progression. Formal yoga studies seemed like the next indicated step. In a short time, I transformed from someone who attended yoga

classes to a student of yoga. In this thread, knowledge and deepening of studies became just as important as the experience in practice. Real inspiration began to sink in. My level of discipline, or tapas, began to build. Anytime I reach a plateau in my practice (or life) I know that more studies are required. I lean back upon my foundation, but my growth comes from seeking knowledge and using tapas (austerity, discipline) to stay on course. I then incorporate the learned spiritual lessons into my life. The internal Inspiration from this process is deeply fulfilling. The phrase 'don't rest on your laurels' comes to mind. So, if you are a student of yoga, or not yet, I encourage you to ride the wave of fulfillment yoga has to offer. Pick one subject or philosophy you'd like to know more about. Read about it, find out where it's being taught. Also, study with a teacher who you respect. Not just a yoga instructor, but a teacher of yoga. See you in class! And Namaste, my light salutes your light.

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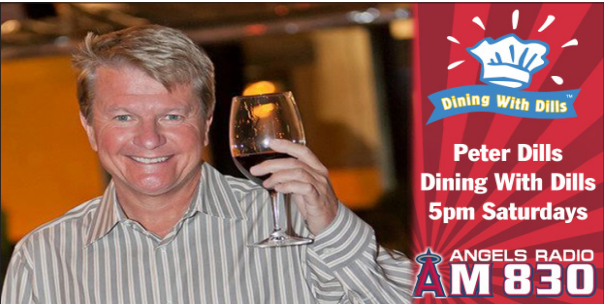
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FOOD AND DRINK

THIS GRAPE DESERVES SOME RESPECT

The merlot grape doesn't get as many headlines as the cabernet grape, even though many times it is used in a supporting role for blends. Lately, I have noticed an uptick in the amount of space merlots have been given in my supermarket aisle. They know by sales how much to stock, that is for sure. The name "merlot" is thought to be a diminutive of "merle", the French name for the blackbird. This makes me wonder if the Beatles were singing about wine, although I am guessing the real answer is probably related to the color of the grape's skin. If you are a cabernet fan and want something bold, but a bit more fruit forward, consider the 2012 Merlot from the Franciscan Winery in Napa Valley, California. This merlot goes well with steak, and it's priced reasonably enough that you can bring it to a backyard BBQ, which is exactly how I first discovered this wine! As my sommelier friend Fast Eddie Morales says, "If it is ready to buy, it is ready to drink." Being a 2012, you can opt to decant the wine for twenty minutes, but in my opinion it's ready to drink now! The color is a deep purple; you might smell red fruit flavors like raspberries and strawberries and a few notes leafy vegetal notes (see below). Remember, this



reviewer doesn't swirl his wine, I sip and look for a taste of a long finish, and this had just that. Each week I will give you my Dills Score, following the scoring method of the Wine Spectator and adding points for value to that equation. I started with a base of 50 points and added 8 points for color, 7 points for aroma or "nose", 9 points for taste, 8 points for finish, and 8 points for my overall impression. Wine Term: I like the word "Notes" - it reminds me of music, and can refer to aromas, flavors, or both aromas and flavors. 2012 Merlot from the Franciscan Winery Final Score: 90 Franciscan Merlot Retail \$25 Available at Vons and other fine retailers in the \$20 range Join me this Sunday at 5 PM on Radio Station AM 830 KLA

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Julie's Favorite Family Recipes TRIPLE GINGER COOKIES

Laria Tabul "These are a real pain in the butt to make, but they are worth it. The best ginger cookies I have ever eaten." Ingredients 3/4 cup butter / 1 cup packed brown sugar 1 egg / 1/4 cup molasses 2 1/4 cups all-purpose flour/ 1/2 teaspoon salt 2 teaspoons baking soda / 2 teaspoons ground ginger 1 1/2 tablespoons minced fresh ginger root 1/2 cup chopped crystallized ginger Directions In a large bowl, cream together the butter and brown sugar until smooth. Beat in the egg and molasses. Combine the flour, ground ginger, baking soda, and salt; stir into the molasses mixture using a wooden spoon. Mix in the fresh and crystallized gingers. Cover, and refrigerate dough for at least 2 hours, or overnight. Preheat oven to 350 degrees F (175 degrees C). Shape dough into 1 inch balls, and place about 2 inches apart onto ungreased cookie sheet. Bake for 10 minutes in the preheated oven, or until lightly browned. Cool on wire racks, wax paper or paper bags.

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HOW TO DOWNSIZE YOUR STUFF FOR A MOVE

Dear Savvy Senior,
Can you offer any helpful tips for downsizing? My husband and I are interested in moving to a condo downtown when we retire, but we need to get rid of a lot of our personal possessions before we can move. We've lived in the same house for almost 35 years and have accumulated tons of stuff.
Feeling Overwhelmed

Dear Feeling,
The process of weeding through a house full of stuff and parting with old possessions can be difficult and overwhelming for many people.
A good place to start the downsizing process is to give your unused possessions away to your kids or grandkids. You can give up to \$14,000 per person per year before you're required to file a federal gift tax return, using IRS Form 709. Beyond that, here are a few other tips and services that may help you.

Sell It
Selling your stuff is one way you can downsize and pad your pocketbook at the same time. Some other popular selling options are consignment shops, garage sales and estate sales.

Consignment shops are good for selling old clothing, household furnishings and decorative items. You typically get half of the final sale price. Garage sales are another option, or for large-scale downsizing you could hire an estate sale company to come in and sell your items. Some companies will even pick up your stuff and sell it at their own location – they typically take about 40 percent of the profits.

Or, if you're willing, online selling at sites like Craigslist, eBay and Amazon are another way to make top dollar for your stuff. Craigslist.org is a huge classified ads site that lets you sell your stuff for free. While eBay.com and Amazon.com takes a cut of your sale – roughly 10 to 15 percent. Or, if you don't want to do the selling yourself, eBay offers a valet service (sellforme.ebay.com) to do it for you, for 20 to 40 percent of the selling price.

Donate It
If you itemize on your tax returns, donating your belongings is another way to downsize and get a tax deduction. Goodwill (goodwill.org, 800-741-0186) and the Salvation Army (satruck.org, 800-728-7825)



are two big charitable organizations that will come to your house and pick up a variety of household items, furnishings and clothing.
If your deduction exceeds \$500, you'll need to file Form 8283, "Noncash Charitable Contributions" (irs.gov/pub/irs-pdf/f8283.pdf). You'll also need a receipt from the organization for every batch of items you donate, and will need to create an itemized list of the items you donated. To calculate fair market value for your stuff, use the Salvation Army's donation guide at satruck.org/home/donationvalueguide, or the free program "It's Deductible" at turbotax.intuit.com/personal-taxes/itsdeductible.

Trash It
If you have a lot of junk you want to get rid of, contact your municipal trash service to see if they provide bulk curbside pickup services. Or, depending on where you live, you could hire a company like 1-800-Got-Junk (1800gotjunk.com, 800-468-5865) or Junk-King (junk-king.com, 888-888-5865) to come in and haul it off for a moderate fee.
Another good disposal option is Bagster (thebagster.com, 877-789-2247) by Waste Management. This is a dumpster bag that you purchase for around \$30, fill it to a limit of 3,300 pounds and schedule a pickup, which costs an average of \$140 but varies by area.

Enlist Help
You can also hire a professional senior move manager (nasm.org, 877-606-2766) to do the entire job for you. These are organizers who will sort through your stuff and arrange for the disposal through an estate sale, donations or consignment. Or, you can hire a professional organizer through the National Association of Professional Organizers at napo.net. Organizers may charge \$30 to \$80 per hour or by the project.
Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



KATIE Tse.....This and That
MONTH AT THE MUSEUM!

If you've read my column for any length of time you know that I frequently write about my Mom. Not only is she one of my best friends and favorite people, but she, along with my Dad, is also a model retired person! Just what does it mean to be a model retired person? Well, as a third grade teacher, my Mom was always very busy when she was working, but I must say she's even busier now that she's retired. She goes to a weekly Bible study, organizes monthly get-togethers with her friends, attends weaving lessons through Charter Oaks School District, and is a member of the Bobbin Winders Guild.

Bobbin Winders is a vibrant group of fiber enthusiasts who do everything from knitting to sprang (Google that). There's generally a lot of overlap between Bobbin Winders and the weaving class, in that the same people are often members of both groups. I once had the guilty pleasure of playing hooky from my job to attend a Bobbin Winders punch needle workshop with my Mom. I had a great time making a mug rug, a.k.a. "coaster," a popular workshop project. But these little events pale in comparison to the crowning jewel of Bobbin Winders --their exhibition at the Pasadena History Museum in celebration of the guild's 60th anniversary this year!

Yes, Bobbin Winders has arrived at a museum near you. On display are a beautiful variety of woven blankets, upholstery fabric, kitchen linens and much more. They kicked off their exhibit back on March 5th with ceremony and tea reception. Since then, they have been demonstrating weaving and spinning on the weekends. Not only have individual members loaned their pieces for display, but many of them also designed specialty scarves in turquoise, the official Bobbin Winders color, that are artfully interconnected in a display suspended from the ceiling, creating a truly dreamlike effect.

Although many of the exciting demonstrations, activities, and lectures have already occurred,



there are several that are still available for the public to attend. Here is a list of the remaining demonstrations and workshops Bobbin Winders is hosting before the closing gala on Sunday May 15th.
Tuesday April 26, 6:30-8:00 p.m. - Guild President Kathleen Waln will give a presentation on her favorite type of weaving --Shibori. Come for a great lecture with slides and a display of Kathleen's own beautiful Shibori work. Wine and cheese reception precedes the presentation from 6:00-6:30. Cost is \$12.
Live floorloom and spinning wheel demonstrations from 2:00 to 4:00 p.m. on Saturday April 30th, Sunday May 1st, Saturday May 7th, Sunday May 8th, and Saturday May 14th.
Grand Finale Sunday May 15th from 1:00-5:00 p.m. Bobbin Winders Guild and other guilds will be demonstrating weaving, spinning, knitting, and other fiber arts.
Don't miss this opportunity to connect with your inner weaver and admire some of the best examples of fiber arts in Southern California!

SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...April Birthdays

Howard Rubin, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rasmussen, Maria Reyes, Marian DeMars, Anne Schryver, Christine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandevlede

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Balance Class: No Balance Class due to Martin Luther King Holiday.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

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- Their available elections and options,
- Enrollment periods,
- How to avoid late enrollment penalties, and
- What Parts A, B, C, D, and E are of Medicare actually are all about and your options under each.

There will be plenty of time to answer all questions during, and after, the workshop - both as a group and/or in individual sessions.

The link to my informative and helpful website is: <http://jdickey.onlinehealth.news/>

EVENT DETAILS

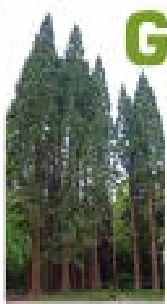
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On the Marquee: Notes from the Sierra Madre Playhouse

A WILLIAMS MOMENT AT SMP

By Managing Director, Estelle Campbell
There is a phenomenon in the theater community in which suddenly everyone is simultaneously selecting plays by the same playwright creating an unintentional retrospective. Five years past Tennessee Williams' centenary, there will be six different Williams plays produced in Los Angeles this year by six different companies. I'm curious what made 2016 the year to revisit some of the characters and the emotional landscapes he shaped. For me, there is no American playwright who so deftly finds such poetic beauty in human weakness or brings such compassion to those lost souls seeking personal redemption. Producing our first Williams play ever, The Glass Menagerie (Williams' first success,) has been a great moment in our 2015/2016 season. The cast and creative team have brought to the project what our Artistic Director and this show's director, Christine Leano, always encourages - a willingness to go beyond the obvious notes that are expected to be played and find music in unexpected places. This has certainly been the case for this wonderful ensemble of actors and designers. This approach to our productions, I can say with assurance, has been recognized and embraced by our patrons. Our audience has grown by approximately 25% since last year (many of whom were first introduced to our work by our smash-hit Always...Patsy Cline) which has led to higher pre-sales and many sold-out houses. Another happy statistic we see in

our data is that there is a far greater number of regular patrons coming from communities from Claremont and Redondo Beach. (I will exclude the couple from New Zealand as outliers!) This imperfect data reinforces what we hear from you about what we are doing - our season of plays, audience engagement events, lobby exhibits, spring Field Trip Series for local schools, our new free monthly play reading series, children's acting classes and chamber music are fulfilling your desires and our mission to become a cultural center of the San Gabriel Valley. It proves, in spite of the sound bytes, that we have not yet surrendered completely to digital media but still find sharing creative experiences as a community appealing and, indeed, vital. The sharing of stories is what creates understanding and builds bridges and SMP recognizes that. We have a wonderful season planned for next year with plays both provocative and thought-provoking and romantic and fun - look for the announcement soon. Please stop me in the lobby to let me know how you think we are doing or contact me at ecampbell@SierraMadrePlayhouse.org - this is your Playhouse. Let's continue sharing our stories out loud.

The Glass Menagerie is already selling well. It's going to be a lovely show. I hope to see you there. Please visit our website at or call Mary at 626.355.4318 to purchase tickets.

Jeff's Book Pics By Jeff Brown

Conversations on Non-Duality: Twenty-Six Awakenings by Eleanora Gilbert
A fascinating compilation of the life stories of perfectly ordinary people and the different paths they've taken on their spiritual journey searching for oneness, completeness, and unity. From a rich variety of backgrounds, the people profiled here have been through extraordinary experiences leading to amazing new perceptions. They all shared a common sense of dissatisfaction with their lives and a longing for happiness, connection, health, love, fulfilling relationships, wealth, and freedom. As they reveal the means by which they each went about achieving an end to their suffering—from therapy to study with gurus, their stories range from funny to moving and tragic to inspiring, but there is a common element in their engagement with nonduality. In simple terms, nonduality means no separation—although it appears that there are separate individuals and objects in our world, in reality there is only oneness. It is this realization that has transformed the lives of these 26 ordinary men and women from many cultures and from a wide range of social, economic, and ethnic backgrounds. Here they share their insights and wisdom.

Conversations on Non-Duality: Twenty-Six Awakenings by Eleanora Gilbert
A fascinating compilation of the life stories of perfectly ordinary people and the different paths they've taken on their spiritual journey searching for oneness, completeness, and unity. From a rich variety of backgrounds, the people profiled here have been through extraordinary experiences leading to amazing new perceptions. They all shared a common sense of dissatisfaction with their lives and a longing for happiness, connection, health, love, fulfilling relationships, wealth, and freedom. As they reveal the means by which they each went about achieving an end to their suffering—from therapy to study with gurus, their stories range from funny to moving and tragic to inspiring, but there is a common element in their engagement with nonduality. In simple terms, nonduality means no separation—although it appears that there are separate individuals and objects in our world, in reality there is only oneness. It is this realization that has transformed the lives of these 26 ordinary men and women from many cultures and from a wide range of social, economic, and ethnic backgrounds. Here they share their insights and wisdom.

The Last Painting of Sara de Vos: A Novel by Dominic Smith
A rare 17th century painting links 3 lives, on 3 continents, in over 3 centuries in this novel. Amsterdam, 1631: Sara de Vos becomes the first woman to be admitted as a master painter to the city's Guild of St. Luke. Though women do not paint landscapes (they generally do indoor subjects), a wintry outdoor scene haunts Sara: She cannot shake the image of a young girl from a nearby village, standing alone beside a silver birch at dusk, staring out at a group of skaters on the frozen river below. Defying the expectations of her time, she decides to paint it. New York City, 1957: The only known surviving work of Sara de Vos, At the Edge of a Wood, hangs in the bedroom of a wealthy Manhattan lawyer, Marty de Groot, a descendant of the original owner. It is a beautiful but comfortless landscape. The lawyer's marriage is prominent but comfortless, too. When a struggling art history grad student, Ellie Shipley, agrees to forge the painting for a dubious art dealer, she finds herself entangled with its owner in ways no one could predict. Sydney, 2000: Now a celebrated art historian and curator, Ellie Shipley is mounting an exhibition in her field of specialization: female painters of the Dutch Golden Age. When it becomes apparent that both the original At the Edge of a Wood and her forgery are en route to her museum, the life she has carefully constructed threatens to unravel entirely and irrevocably.

The Year's Best Science Fiction: Thirty-Second Annual Collection by Gardner Dozois
In the new millennium, what secrets lay beyond the far reaches of the universe? What mysteries belie the truths we once held to be self evident? The world of science fiction has long been a porehole into the realities of tomorrow, blurring the line between life and art. Now, in The Year's Best Science Fiction: Thirty-Second Annual Collection the very best SF authors explore ideas of a new world. This venerable collection brings together award winning authors and masters of the field such as Robert Reed, Alastair Reynolds, Damien Broderick, Elizabeth Bear, Paul McAuley and John Barnes. And with an extensive recommended reading guide and a summation of the year in science fiction, this annual compilation has become the definitive must-read anthology for all science fiction fans and readers interested in breaking into the genre.


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Jeff's History Corner By Jeff Brown

THE U.S. TREASURY HAS DECIDED TO PUT HARRIET TUBMAN ON THE FRONT OF THE NEW \$20 BILL.

Harriet Tubman (born Araminta Ross; c. 1822 - March 10, 1913) was an African-American abolitionist, humanitarian, and, during the American Civil War, a Union spy. Born into slavery, Tubman escaped and subsequently made some thirteen missions to rescue approximately seventy enslaved families and friends, using the network of antislavery activists and safe houses known as the Underground Railroad. She later helped abolitionist John Brown recruit men for his raid on Harpers Ferry, and in the post-war era was an active participant in the struggle for women's suffrage. Born a slave in Dorchester County, Maryland, Tubman was beaten and whipped by her various masters as a child. Early in life, she suffered a traumatic head wound when an irate slave owner threw a heavy metal weight intending to hit another slave and hit her instead. The injury caused dizziness, pain, and spells of hypersomnia (recurrent episodes of sleepiness) which occurred throughout her life. She was a devout Christian and experienced strange visions and vivid dreams, which she ascribed to premonitions from God. In 1849, Tubman escaped to Philadelphia, then immediately returned to Maryland to rescue

her family. Slowly, one group at a time, she brought relatives with her out of the state, and eventually guided dozens of other slaves to freedom. Traveling by night and in extreme secrecy, Tubman (or "Moses", as she was called) "never lost a passenger". Her actions made slave owners anxious and angry, and they posted rewards for her capture. When a far-reaching United States Fugitive Slave Law was passed in 1850, she helped guide fugitives further north into Canada, and helped newly freed slaves find work. When the US Civil War began, Tubman worked for the Union Army, first as a cook and nurse, and then as an armed scout and spy. The first woman to lead an armed expedition in the war, she guided the raid at Combahee Ferry, which liberated more than seven hundred slaves. After the war, she retired to the family home on property she had purchased in 1859 in Auburn, New York, where she cared for her aging parents. She was active in the women's suffrage movement until illness overtook her and she had to be admitted to a home for elderly African-Americans that she had helped to establish years earlier. After she died in 1913, she became an icon of American courage and freedom.



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EUROPA'S HEAVING ICE MIGHT MAKE MORE HEAT THAN SCIENTISTS THOUGHT

Jupiter's moon Europa is under a constant gravitational assault. As it orbits, Europa's icy surface heaves and falls with the pull of Jupiter's gravity, creating enough heat, scientists think, to support a global ocean under the ice—an ocean that could be a habitat for life.

Now, experiments by geoscientists from Brown and Columbia universities suggest that this process, called tidal dissipation, could create far more heat in Europa's ice—resulting in a thinner ice shell—than scientists had previously assumed.

The largest Jovian moons—Io, Europa, Ganymede and Callisto—were first discovered by Galileo in the early 1600s. When NASA sent spacecraft to Jupiter in the 1970s and 1990s, those moons proved to be full of surprises.

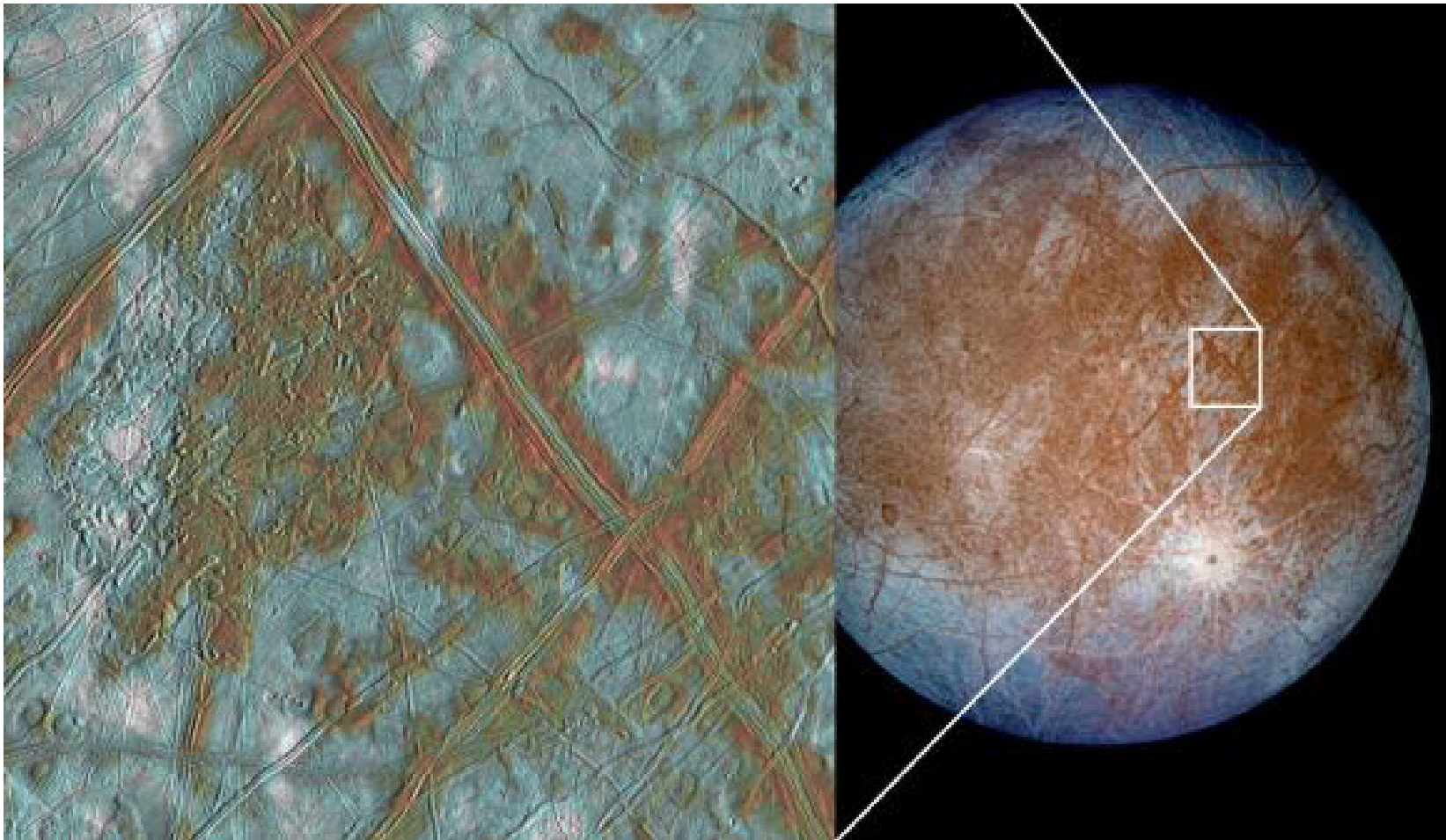
"Scientists had expected to see cold, dead places, but right away they were blown away by their striking surfaces," said Christine McCarthy, a faculty member at Columbia University who led this new research as a graduate student at Brown. "There was clearly some sort of tectonic activity—things moving around and cracking. There were also places on Europa that look like melt-through or mushy ice."

The only way to create enough heat for these active processes so far from the Sun is through tidal dissipation. The effect, McCarthy says, is a bit like what happens when someone repeatedly bends a metal coat hanger.

"If you bend it back and forth, you can feel it making heat at the junction," she said. "The way it does that is that internal defects within that metal are rubbing past each other, and it's a similar process to how energy would be dissipated in ice."

However, the details of the process in ice aren't very well understood, and modeling studies that try to capture those dynamics on Europa had yielded some puzzling results, the researchers say.

"People have been using simple mechanical models to describe the ice," McCarthy said. While those calculations suggested liquid water under Europa's surface, "they weren't getting the kinds of heat fluxes that would create these tectonics. So we ran some experiments to try



to understand this process better."

Working with Reid Cooper, professor of Earth, environmental and planetary sciences at Brown, McCarthy loaded ice samples into a compression apparatus. She subjected the samples to cyclical loads similar to those acting on Europa's ice shell. When the loads are applied and released, the ice deforms and then rebounds to a certain extent. By measuring the lag time between the application of stress and the deformation of the ice, McCarthy could infer how much heat is generated.

The experiments yielded surprising results.

Modeling approaches had assumed that most of the heat generated by the process comes from friction at the boundaries between the ice grains. That would mean that the size of the grains influences the amount of heat generated. But McCarthy found similar results even when she substantially altered the grain size in her samples, suggesting that grain boundaries are not the primary heat-generators in the process.

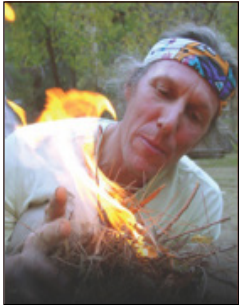
The work suggests that most of the heat actually comes from defects that form in the ice's crystalline lattice as a result of

deformation. Those defects, the research showed, create more heat than would be expected from the grain boundaries.

"Christine discovered that, relative to the models the community has been using, ice appears to be an order of magnitude more dissipative than people had thought," Cooper said.

More dissipation equals more heat, and that could have implications for possible life on Europa.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerger

CHANGE THE WORLD BY CHANGING YOURSELF EARTH DAY EVERY DAY?

"Live light upon the Earth,
If you would not be

earthbound."

-- Shining Bear

I was only a teenager, but I could never get it out of my mind: "How should we be living our lives? Is there not more to life than seeking money, possessions, and pleasure?" These questions, and their countless variations, were the driving force that led me on my path of botany, ecology, indigenous skills, and spiritual evolution.

Back in the early '70s, there was the beginning of a heightened ecological awareness, but you were still a "kook" if you expressed an interest in practical survival, and if you expressed concern about the growing ecological crisis.

A lot has happened in 40 years. Things have gotten worse. And yes, some things have gotten better. "Great interest" and "good intentions" of the 1970s did not succeed in materially improving the overall trends in the United States. Our rapid population growth, both from within and without, has only exacerbated the situation.

I spent most of my life attempting to learn and to apply the "little things" that I can do, and that anyone can do, to choose to be a part of the solution. It is the way that I maintain hope, and that I can find a way to mentally rise above what seems a hopeless situation.

Besides learning many of the elements of what anyone can do, even if you're in the cities, I realized that there is no "enemy" out there. The "enemy" is always within. It is my own proclivity to laziness, to choosing the path of least resistance, to choosing something based solely on economics. Though I have not always succeeded, I have attempted to take the time to determine why we've even here on this earth for a few score years before we die. It certainly cannot be solely to accumulate a good portfolio.

My pursuit of "what to do?" initially led me to study botany. In botany, and specifically in discovering how indigenous peoples used their floral friends, I realized that food and medicine were richly abundant on this earth. While modern agriculture continues to travel down the high-tech path of genetically modified foods, the most nutritious plants on the earth are still wild plants, plants such as dandelion, purslane, curly dock and other so-called "weeds" that are found in urban areas throughout the world.

Dandelion – richer in beta-carotene than carrots. Purslane, the richest plant source of Omega-3 fatty acids. Curly dock, one of the richest sources of vitamin A. These wild plants, and hundreds more, I have used and taught to thousands of students over the past 3 decades. Acorns still abound, and it is a fascinating path of discovery to collect the acorns and process them in the traditions of the Old Ways. In our urban areas, we can find lambs quarter, a spinach relative that is arguably nature's best mineral tablet. We find abundant carob trees planted as ornamentals, and these are edible right off the tree, with three times as much calcium as the same amount of milk. Chickweed is a common weed of lawns, rich in vitamin C and a delicious salad plant.

WHY A LAWN?

Why, why, why? It is apparently because "we" believe that there is some socially redeeming value in lawns. We have never cared for lawns, and have always used that space to create compost, and raise such plants as fruit trees, roses, lavender, and edible groundcovers such as nasturtiums, mints, and tradescantia. This is one of the "little ways" we choose to not contribute to the waste of water and fuel that goes into the care and maintenance of lawns. It is one of our little ways in which we can take charge and be a part of the solution.

One person may not be able to change the world, but each of us can change ourselves. By studying plants, and learning their value, I have begun to see how botany is related to the health of the soil, and how the health of the soil is related to the network of animal life on that land, and this has led me to see how the health of the wild animals directly affects my health and well-being. This is a science, not a "New Age" word game, and the application of practical urban ecology should be approached as a hard science, where you can observe positive results, and where you can repeat those results if you follow the same procedures.

SURVIVAL SKILLS

A side benefit of practicing urban ecology is that you're a little more prepared if there's ever a major earthquake or a blackout. But that shouldn't be your overriding impetus for pursuing practical survival. You should pursue it because it's the right thing to do.

We have a friend who always carries a cloth napkin of his own when at restaurants. He doesn't want to participate in the extra paper waste that goes into the napkins. He reminded me that he wasn't trying to change the world. He was only trying to do the right thing in his little sphere of influence.

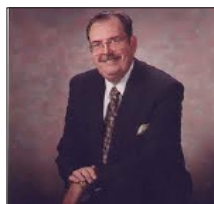
Yes, little things, but little things add up. We carry our used dish water outside and we pour it onto our plants. Of course, this means we must buy safe detergents. All things are related.

We are often confronted with the challenge that things are just too bad, "we don't want to think about it, and besides, we're not the problem. What we do is just a small insignificant part of the trash problem." But don't millions of people make that same excuse?

I hold that view that even if I cannot change the world, I should still make the right choice in those cases where I have choice. To take the path of making wise use of resources is often difficult and often inconvenient. If "karma" has any meaning, then even if I cannot change the world, I do affect my own destiny by how I make my personal choices that pertain to all the resources that I come into contact in my daily life.

I urge us all to work together to find the little ways in which we can change the world by changing ourselves. It is the right thing to do.

Christopher Nyerger is the author of [How To Survive Anywhere](#) and co-author of [Extreme Simplicity: Homesteading in the City](#). Since 1974, Nyerger has led Wild Food Outings. He is also the editor of [American Survival Guide](#) magazine. For more information about his classes and books, contact [School of Self-reliance](#), Box 41834, Eagle Rock, CA 90041, or www.ChristopherNyerger.com or self-reliance.net



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

WHO'S SMARTER THAN A FIFTH-GRADER?

Sometimes an idea will take possession of my mind and literally run with it. Most of the time when an idea sees the condition of my mind it slowly walks away shaking its head. Someone said a mind is a terrible thing to waste, but I'm sure they had no knowledge of my mind.

Then there is that odd moment when an idea completely disregards the condition of my mind and takes over. Such has been the case lately.

The idea that has taken up residence in my mind lately has to do with the condition of the leadership in our country. I have reached that glad time of life when I have the perspective of looking back over several decades.

The consequence of looking back is that I have concluded certain things are not as good as they used to be. I know I'm not as good as I used to be, in fact the Gracious Mistress of the Parsonage suggests that I never was. Of course, I bow to her perspective, which goes back further than mine.

The focus of this decline centers on political leaders. Never in the history of our country have so few done so much to confuse so many. I will not say that the average politician is dumber than dirt out of my deep respect for dirt. At the end of my life, my body will be committed to the dirt and at that time, I do not want the dirt to have an ax to grind with me and take it out on my body.

The evidence, however, suggested the whole political group shares one living brain cell. The problem with this is we never know which politician has the live brain cell at any given time. The wattage of this brain cell is so low it is barely noticeable. If it were not for polls, the average politician would have nothing to say; but be sure, he or she would say it with a great deal of eloquence.

It was at this point that an idea entered the dark corridors of my dormant mind. One evening recently, my wife and I had finished the day's labor and nestled in our living room to relax by watching a few moments of television. It was our fortune to see a brand-new program, "Are You Smarter Than a Fifth-Grader?" To say that we were delighted with this new show is like stating peanut butter goes quite nicely with grape jelly.

The object of the game was to give questions to adults from grades one through five. Helping the adult would be a team of fifth-graders. All the questions would be from the aforementioned grades of which the average adult should know the answers. (Duh.)

After watching this several times both my wife and I noted that no adult was able to answer all the questions. To this day, they have not found any adult smarter than a fifth-grader.

This is where my idea began dancing the tango up and down the corridors of my mind. Why don't we take this idea to Washington, D.C.? Let us see if there is a politician smarter than a fifth grader.

Not to tip my hat, but I think I know the answer to this one, and I don't need any help lines.

What would happen is this; we would gather the top fifth-graders from all across our country. This would prove once and for all the validity of the "no child left behind" program.

These children would come to Washington, D.C. for a questioning program, fully funded by generous donations from every politician on Capitol Hill. Those who do not give a generous donation to this program would immediately be dismissed and sent home to live out the rest of their days in obscurity and never allowed to hold a public office again.

One by one, each politician would stand before these fifth-graders and answer questions. Children all across our country in grades one through five would submit questions. This would have the dual effect of introducing children to the world of politics as well as introducing politicians, probably for the very first time, to the real citizens of our country.

If any political leader fails to answer any question or answers it incorrectly, he must look into the camera and say, "I'm not smarter than a fifth-grader." But that's not the end of it. Here begins the genius of my idea.

When a politician finishes this portion of the program, he or she then must resign his political office and give it to the fifth-grader who answered the question correctly. After all, if the fifth-grader knows more than the politician, who should be making decisions for our country?

If any politician makes it all the way through, there is one final question I know will stump him or her. I have yet to hear of any politician who knows the answer to this question.

The final question will be, "What is the official language of the United States of America?"

I take comfort in what the Bible says. "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths." (Proverbs 3:5-6 KJV).

As long as we have leaders who look to themselves for wisdom, our country will never go in the right direction.

The Rev. James L. Snyder is pastor of the Family of God Fellowship in Silver Springs Shores. Call him at [352-687-4240](tel:352-687-4240) or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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STOP SHOPPING AND
START ADOPTING

My parents were born in the early 1920’s, which means they spent most of their early childhood growing up under the unfortunate financial influences of the Great Depression. I’m not sure whether they had the privilege of owning pets when they were young, but I do know that by the time I came along in the early 60’s, they were both avid animal lovers. My dad had such a tender-hearted, open-minded attitude towards any animal, regardless of it’s appearance. My mother adored animals too, and we spent a lot of time watching birds when I was a kid, but when it came to domestic pets, she did have her preferences.

I totally understood, as my mother had her hands full raising seven children so she had to be selective about which strays she let us keep, for practical reasons. Daddy, on the other hand, allowed us full liberty to adopt just about any stray we found along the way, and he could turn the roughest-around-the-edges pet into a prize winning trickster! I benefited greatly from both my parents’ love and respect for animals, but my dad’s open-hearted acceptance of homeless, needy pets appealed to me most.

I now realize that my father’s gentle, kind way of loving the “unlovable” animal bequeathed to me a desire to carry on his legacy. Whether he knew it or not, my dad taught me that caring for all God’s creatures, good bad or ugly, was a fore-gone conclusion in life, regardless of lineage, looks or likeability.

My personal memory of my parents’ approach to pet ownership somehow reminds me of the differences I observe among prospective pet owners in today’s society. Here we are in 2012, decades later and while some things have changed, it seems that many have stayed very much the same. The most important thing that I would like to see change regarding pet ownership is the individual’s ideal of what makes an animal a great pet.

Too many people today still maintain the mindset that only pure bred dogs are worth having. When domestic dog breeding first began, there were very specific needs to be met for survival purposes. When man realized that a dog could be manipulated to meet their preferences for appearance, it eventually became a trend to have just the right dog, with just the right look; they wanted something they could flaunt in social settings. Basically, the practical reasons for breeding dogs began to fade into the need to be noticed and respected in mainstream society. Kind of like the way diamond earrings are worn by women, dogs became an accessory, and the “perfect” specimen of a given breed would set one apart from the rest.

Now that the earth is grossly overpopulated with domestic animals left homeless by irresponsible humans, many of today’s pet owners know better than to purchase a pet intentionally bred. The idea that a purebred dog makes a better pet than a mixed breed is absolutely ludicrous and considered passé among today’s ever-growing community of true animal lovers.

According to a report issued in 2013 by the American Humane Society, California ranks as #1 in the nation for humane treatment to animals, partly based on the fact that we value the life of every animal equally, regardless of breed. People are

Happy Tails

by Chris Leclerc



realizing the true beauty and intelligence of any dog, and many have come to prefer a rescued dog over one bred by a breeder. The main reason for the movement toward adopting versus shopping is the fact that there are so many animals in shelters who need loving homes it makes no sense to bring more into the world until we can get a grip on the current population. The human started a “trend” long ago, and we have dropped the ball on our part of the bargain. It’s time for “shallow Hal” hound lovers to stop the dog snobbery and get on board.

The United States spends over 2 billion dollars a year rounding up, euthanizing homeless animals (USA Today). 56% of the dogs and puppies taken into shelters are euthanized (National Counsel on Pet Population). About 5 million pets are killed in shelters each year. In six years, one un-spayed female and her offspring can produce 67,000 dogs (Spay USA). The public acquires only 14% of it’s pets from shelters, 48% are found as strays or come from friends, and 38% get their pets from breeders or pet stores. It is that 38% percent that concerns me most, along with the many pet owners still neglecting to spay or neuter. The way we treat our domestic animals should be an embarrassment to our society. Let’s face it, breeding has worn out it’s welcome.

If you really do love animals, put your efforts into helping turn things around rather than adding to the problem by bringing more animals into the world. I love puppies, I do, but I also love chocolate. Get my drift? Just because you can, doesn’t mean you should. There are thousands of puppies in shelters who need loving homes, so stop breeding and spay or neuter your pets before they breed on their own.

Dogs are not accessories to be flaunted. Do away with the list of hoity-toity criteria, and open your heart to the love of every animal. Visit your local shelter and I guarantee that the desperate look on those dog’s faces will be enough to convince you not to purchase a pet from a puppy mill store or a breeder. Haven’t we done enough damage?

With so many homeless animals begging to be loved, and hoping to have a home before their short shelter life expires, people need to come out of their shallow shells and assume responsibility for the mess they’ve made. Every animal is loveable, in fact adopted shelter dogs are typically much more grateful than purchased purebreds. I hope I haven’t stepped on too many toes, but I refuse to be silent on this issue. For those who “get” my point, thank you. Let’s stop the madness, for the animal’s sake. Love and let live.



LOOKING FOR A BEST FRIEND?

Pixie

Pixie is sweet 3-year-old Dachshund-Chihuahua mix that came to the shelter as a stray dog from Rosemead. She has beautiful fur coloring in black, white and brown. She is definitely a mixed breed, and appears to have some Jack Russell terrier traits as well. Although initially shy and cautious when she arrived at the shelter, she is adjusting well and open to trusting new people. She has become a very friendly girl and she is eager to receive pets and attention. She has a charming gesture of standing on her hind legs and pawing the air with her front paws, as if she is begging for some treats or attention.

Pixie is easy to harness and handle on the leash, enjoys sniffing and exploring the grass and trees and loves the outdoors. She has shown a playful side to her personality and seems to enjoy playing with toys, shaking them vigorously while her tail wags non-stop. She also enjoys playing with other dogs while in the play yard or on a walk.

Pixie is a lovely girl who needs a secure and loving home to help her become more confident. Her family will need to be patient with her to let her adjust at her own pace, but she is sure to be a treasured member of the family for many years to come. Come in to meet sweet



Pixie and see if her charm doesn’t touch your heart.

Her adoption fee is \$130 and includes spay surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Pixie. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a ‘Meet and Greet’ with Pixie, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

We are always looking for hard working, dedicated animal lovers to join our team to fulfill our goal of ‘Putting People and Pets Together’. If you have what it takes to succeed in our life-saving work, we want to meet you! Check out our employment opportunities at <http://www.sgvhumane.org/career-opportunities/>

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through PayPal. Go to the shelter website at sgvhumane.org for more information.



Social Media
Tips, Tricks & Ideas



by: MJ Finstrom

PROBLEM; SOLUTION

It’s important for businesses to understand what problems they solve for their customers. Understanding pain points is a great way to develop content for your marketing campaigns.

3 things to consider:

- Identify the audience you serve.
- What problem does this audience have?
- What do you offer that helps solve their problem?

Try to come up with a simple two-part sentence that includes the problem and the solution. If you can get it down to 6-10 words, even better!

For example, say you have a dog grooming business. Your problem/solution might look like this:
Your dog stinks; we have openings on Saturday.

Get creative with your subject lines and social media posts. You are competing with tons of content and you need to find a way to stand out.

Don’t forget that images are content too; a photo that shows the problem and solution is even better! If you want to learn more about digital marketing and campaigns that get results, HUTdogs will be offering a workshop, March 17 & 24 at the SBDC in Pasadena and March 18 at the Arcadia Chamber of Commerce. The classes are free to attend. To register, sign up at www.hutdogs.com/workshops/schedule

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. “Like” them on Facebook at www.facebook.com/hutdogs. Sign up for their upcoming workshops at: www.hutdogs.com/workshops/schedule

FAMILY MATTERS

By Marc Garlett



EMERGENCY IPHONE
HEALTH APP CAN SAVE
YOUR LIFE

Have you given any thought to how emergency medical care providers know who to contact or what to do if you are in an accident? Some people wear wristbands that contain important health information, such as drug allergies. But there’s an even better tool located in something many of us already carry every day—our iPhones.

The Health App

The iPhone, manufactured by Apple Inc., comes with a free Health app which allows users to track details of their health. From the Health Dashboard, a user can track daily steps, weight, and heart rate. Even nutrition and sleep patterns may be managed using the app. But setting aside all that fancy stuff, Health is a great app for ensuring medical personnel, such as of emergency room staff and paramedics, have critical information for both treatment and contact purposes.

Users can create an “emergency card” that others can access directly from the lock screen. Even

if a passcode is required to unlock the phone, the emergency card can be accessed simply by pressing the Emergency button on the lock screen. Users can choose the information that is displayed, and the information input into the emergency card is not shared with other apps.

How to Get Started

Click the icon that looks like a white square containing a red heart. The Medical ID card should open. Click the “Edit” button in the upper right hand of the screen and input the information you want to be available from your “Lock” screen, such as the following:

- Birth date;
- Medical conditions;
- Medical notes;
- Allergies and reactions;
- Medications;
- Blood type;
- Organ donor information;
- Height and weight; and
- Emergency contact information.

With the Health app, you can arm your emergency health care providers with critical information, potentially saving your life and ensuring your loved ones are contacted in the event of an emergency. So why not spend a few minutes to take advantage of this valuable, free tool today?

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MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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Mountain Views News has been adjudicated as a newspaper of General Circulation for the County of Los Angeles in Court Case number GS004724: for the City of Sierra Madre; in Court Case GS005940 and for the City of Monrovia in Court Case No. GS006989 and is published every Saturday at 80 W. Sierra Madre Blvd., No. 327, Sierra Madre, California, 91024. All contents are copyrighted and may not be reproduced without the express written consent of the publisher. All rights reserved. All submissions to this newspaper become the property of the Mountain Views News and may be published in part or whole.

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Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

OPINION LEFT TURN/RIGHT TURN

HOWARD Hays As I See It



"America has always been best when she is lying down with her back on the mat."
- Sen. Ted Cruz (R-TX) in Philadelphia, following the New York primaries

Sorry I wasn't around to cheer things up on this page last week, especially with Tom Purcell's column being such a downer. He complained that his health insurance costs have gone up, he owed more than he thought he would in taxes, and he got "sore" with some supporter of Sen. Bernie Sanders (D-VT) who thought the rich should pay their "fair share" so he could get more "free stuff" (though I'm sure the supporter never used that phrase).

We all benefit from highways, national security, parks, environmental and safety agencies, courts, public schools, fire and police departments. We don't think of them as "free stuff", but rather accept the shared cost to ensure the well-being of our nation. Most developed countries feel the same way about healthcare, higher education, secure retirements and family leave; not a matter of "free stuff" but of necessary investments in the country and its people.

I was sorry to hear of Purcell's rising health insurance costs. My premiums have gone up, too. But nationally, it's at a rate far less than the average 10% annual hike before the Affordable Care Act was enacted. Except for those who'd been unable to obtain coverage before or received subsidies through the exchanges, I don't recall the president predicting a major drop or price freeze, anyway. We have a pattern, though, of Republicans seeing their own predictions not panning out and then going out and claiming they did, anyway.

Sen. Ted Cruz is out claiming that "millions of Americans" have lost coverage because of the ACA. According to Census Bureau figures, by 2014, four years after the law was passed, the number of uninsured had come down by 10 million - a 25% drop. Cruz calls the ACA "the biggest job-killer in the country". The unemployed rate has continued coming down since the law took effect. Far from companies cutting benefits, as Republicans warned would happen, 3 million more workers have gained coverage through their employers since the ACA's passage.

The ACA has done a lot to alleviate healthcare inequality - with most of the gains in coverage affecting immigrants, low-wage and part-time workers, young people and those without a college education. It's also proved a sound investment, with our nation's collective medical bill adjusted downward every year under the ACA.

Purcell made clear in his column that, with what he himself had to shell out at tax time, he gets really miffed by those wanting an even a bigger bite to be taken out of those who "earn"

their money. My guess, though, is the Sanders supporter's emphasis was more on the "fair share" aspect of the argument.

Nothing's free, everything costs - and if you've got enough to spend, you can even buy your way out of any "fair share" obligation. According to Oxfam, every dollar spent by America's biggest companies on lobbying gets them \$130 in tax breaks. That same single lobbying dollar also gets them some \$4,000 in federal loans, loan guarantees and bailouts. For every dollar America's fifty largest corporations do pay in taxes, they get twenty-seven dollars' worth of that federal "free stuff".

A Social Science Research study from January found such legalized tax dodging costs us \$111 billion a year. United/Continental and American Airlines, General Motors, Hewlett-Packard, News Corp. (Fox), PG&E, Loew's and twenty other S&P 500 companies that reported millions in profits last year not only paid no taxes, but got millions out of the U.S. government in tax credits.

Take a guess - In what one country did American companies in 2012 report more profit than in Japan, Germany, China and France combined? The answer is Bermuda - a country accounting for less than one-tenth of one-percent of these companies' employees worldwide. Oxfam reports that in 2012 U.S. multinationals shifted \$1 of every \$4 in profits, some \$700 billion, to countries with low or zero tax rates to dodge their "fair share". Globally, \$7.6 trillion, an amount about the size of the German and British economies put together, is stashed overseas as a tax dodge.

There's also the \$270 billion lost every year to plain old cheating. It's not going to get any easier cracking down on it, either. Republicans want to cut another \$350 million from the IRS budget, which has already seen \$1 billion in cuts since 2010 (while 10 million more taxpayers were added to the rolls).

With those cuts came the loss of 6,000 enforcement personnel. IRS Commissioner John Koskinen estimates that if he had 5,000 of them back, we could recover \$4-to-\$5 billion a year from the cheats. Every dollar invested in enforcement brings four dollars in recovered revenue, but Republicans have never been concerned with numbers - they see the cuts as a way to maybe kill "Obamacare" and protect their Koch-backed money-launderers scamming the IRS by posing as tax-exempt non-profits.

Combining the "legal" tax dodgers and illegal cheats, that's nearly half-a-trillion dollars a year that has to be made up by those of us who do pay our "fair share". Meanwhile, columnist Tom Purcell is bothered by a Bernie Sanders supporter he says wants "free stuff", like maybe affordable healthcare and a college education.

As for today's quote - I don't know what it means, either. Donald Trump is scary. But Ted Cruz (who wants to abolish the IRS altogether) can get downright creepy.

MAKING SENSE by MICHAEL Reagan

WHAT TRUMP PEOPLE DON'T GET

Trump people kill me.

They've been whining for weeks about how the Republican Party primary system works.

They say it's rigged because their hero is pulling in the most votes and the most delegates but still might not win the nomination.



They say it's all very simple: Trump's getting the most votes and therefore it's only fair that the person with the most votes from the people should win the nomination.

As I tweeted earlier this week, if that's the way Trump's followers think, then they should all be supporters of Al Gore.

In the 2000 election Gore got 540,000 more votes than George W. Bush, but Bush ended up in the White House because he accumulated the most Electoral College votes.

The Founding Founders & Framers knew what they were doing when they set up the Electoral College to indirectly choose the president. They didn't want a popular vote and they didn't want Congress to pick the chief executive. And they sure didn't want a candidate for president to be able to just campaign in three or four big states and rack up huge vote totals and win that way. The Founders deliberately set it up so each state got its electoral votes in proportion to its representatives and senators. They wanted every part of the country to be part of the process of choosing a president, not just one heavily populated region or one strong faction of nut balls or extremists. (Not that Trump people are nutballs or extremists.) It's the same representative principle at work in the Republican Party's primary system.

The GOP doesn't want some guy to be able to win the nomination by flying a 757 into a handful of big states like California, New York, Texas, Illinois, Ohio and Florida, holding campaign events for 20,000 people at the airport and then flying home to Upper Upper Manhattan.

They want a nominee who gets on the ground, walks the neighborhoods, shakes hands and does the hard retail work at the grass roots.

That's what Ted Cruz has been doing to win his delegates while Trump has been doing TV interviews and zooming back and forth over Flyover Country.

Trump people might not like the primary process because their hero is not winning, or think there is cheating and rigging going on.

But they have to understand there is a process and it's not about vote counts, it's about the delegate count. It's not that tough to get.

Meanwhile, what really concerns me lately is how Trump is wrecking his ability to unify the GOP around his candidacy in the fall if he does win the nomination. He spends parts of every speech and press conference announcing that he hopes that his supporters don't make trouble if he doesn't win. He hopes they don't riot in the streets.

I'm getting tired of his veiled threats, because that is what they really are. It's time for Reince Priebus, the chairman of the Republican National Committee, to stand up at a press conference and tell Trump to cut it out.

Maybe threats and intimidation are part of the Donald's winning strategy in business. But it's not how it's supposed to work when you're trying to win the presidential nomination of the Republican Party.

Michael Reagan. Michael Reagan is the son of President Ronald Reagan, a political consultant, and the author of "The New Reagan Revolution" (St. Martin's Press).

ORDER TO SHOW CAUSE FOR CHANGE OF NAME NO. VS028613

TO ALL INTERESTED PERSONS:

Petitioner: SARAH LIM
HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - NORTH CENTRAL JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name:

Proposed Name:

SARAH LIM

MINHEE SHIN

A HEARING on the petition will be held on 06/15/2016 at 1:30PM in Dept. C at LOS ANGELES SUPERIOR COURT, NORWALK, SOUTHEAST DISTRICT, 12720 Norwalk Blvd., Norwalk, CA. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted.
If no written objection is timely filed, the court may grant the petition without a hearing.

JDC - Mountain Views News
April 16, 23, 30, May 7, 2016

Sarah Lim
11233 Barnwall St. #E
Norwalk, CA 90650
(714) 994-8647
Petitioner Appearing Pro Per

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF GUNTER ANTON SCHREINER Case No. BP167463

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GUNTER ANTON SCHREINER

AN AMENDED PETITION FOR PROBATE has been filed by Leon Kirakosian in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that Leon Kirakosian be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the amended petition will be held on May 11, 2016 at 8:30 AM in Dept. No. 67 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

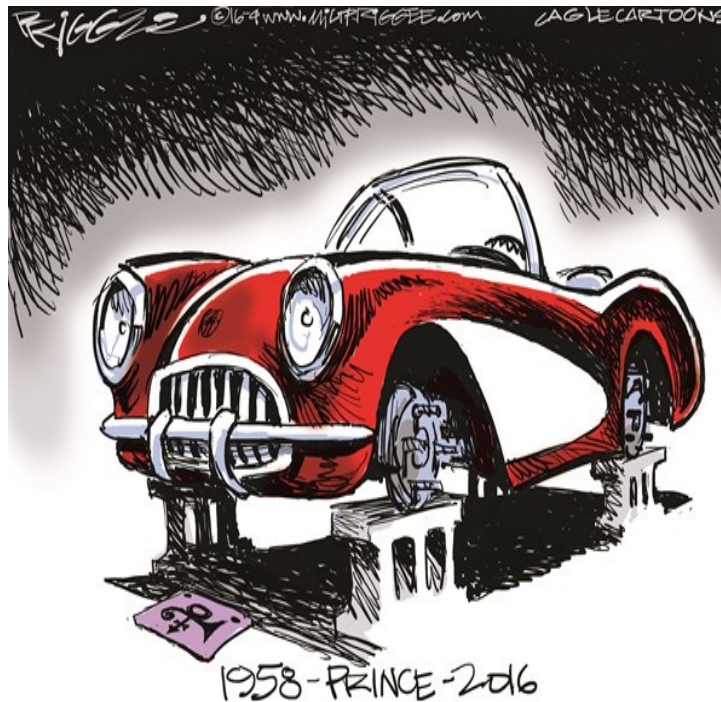
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

SILVA BEREJIAN ESQ
SBN 143076
KIRAKOSIAN & ASSOCIATES
108 N BRAND BLVD
STE 201
GLENDALE CA 91203-2679

Mountain Views News
April 23, 30, May 7, 2016



NOTICE OF COMPLETION CERTIFICATE OF COMPLETION - CONTRACT CONSTRUCTION File No. 2016-0358396 File Date 03/31/2016

1. The construction provided for pursuant to Construction Contract No. PR 13-1079, dated 01/04/2016, including all approval amendments, between Paul Ghotra, RUS designation OWNER("Owner") and SURINDER SINGH BHOGAL - CONTRACTOR ("Contractor") HAS BEEN COMPLETED AS OF 14th January, 2016, and is in compliance with the provisions of the Construction Contract, including all plans, specifications, maps, and drawings and all modifications thereof.
2. Payment in full has been made to all persons who have furnished labor for the Project.
3. The Contractor has obtained valid releases of lien from all manufacturers, material suppliers, and subcontractors furnishing services or materials which were employed by the Contractor in the performance of the Construction Contract, and that such releases have been delivered by the Contractor to the Owner.
4. If applicable, the Final Inventory attached hereto and made a part hereof is a complete and accurate summary of all units of construction in the project and of all work performed in accordance with the Construction Contract.
5. If applicable, the staking sheets and tabulation of staking sheets upon which the Final Inventory is based show the accurate location, number, and kind of all units of construction of the project and show all work performed in accordance with the Construction Contract.
6. All defects in workmanship and materials reported during the period of construction of the project have been corrected.
7. The total cost of the project as completed is One Million Four Hundred Fifty Thousand dollars and 00 Cents.
Dated this 31st day of March, 2016
Name of Architect of Engineer, Surinder Singh Bhogal, General Contractor.
Date 03/31/2016
We the undersigned Owner and Contractor, do hereby certify that:
1. The Project has been completed in accordance with the provisions of the Construction Contract, dated 01/14/2016, provided, however, that acceptance of the project by the Owner shall not be deemed to relieve the Contractor of its obligations contained in the Construction Contract with respect to defective workmanship or, materials discovered within one year after the date of completion.
2. If applicable, the Final Inventory attached hereto and made a part hereof is a complete and accurate summary of all units of construction in the Project and of work performed in accordance with the Construction Contract.
Paul Ghotra (Owner)

Name of Contractor:

Surinder Singh Bhogal
Signed By /s/
General Contractor

Publish: Mountain Views News
Dates Pub: April 09, 16, 23, 30, 2016



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FICTITIOUS BUSINESS NAME STATEMENT File No. 16-077636

The following person(s) is (are) doing business as:
THE FOLKLORE FUTURE SVCS. 3928 STOCKBRIDGE
AVE., SUITE 30303. Full name of registrant(s) is (are)
SAUL CORTEZ, 3928 STOCKBRIDGE AVE., L.A., CA
90032. This Business is conducted by AN INDIVIDUAL.
SAUL CORTEZ, This Statement was filed with the
County Clerk of Los Angeles County on 03/30/2016. The
registrant(s) has (have) commenced to transact business
under the fictitious business name or names listed above
on 03/30/2016. This Statement was filed with the County
expires five years from the date it was filed in the office
of the County Clerk. A new Fictitious Business Name
Statement must be filed with the County Clerk of Los Angeles
statement does not of itself authorize the use in this state
of a Fictitious Business Name in violation of the rights of
another under Federal, State, or common law (See section
17900 of the Civil Code).
Fictitious Business Name and Professions Code(Publisher:
Mountain Views News
Dates Pub: April 02, 09, 16, 23, 2016

FICTITIOUS BUSINESS NAME STATEMENT File No. 16-078206

The following person(s) is (are) doing business as:
HOLLYWOOD 1641 HOLLYWOOD BLVD. SUITE 100
PUENTE, CA 91744. Full name of registrant(s) is (are)

FICTITIOUS BUSINESS NAME STATEMENT File No.
2016-077957
The following person(s) is (are) doing business as: G
REFINISHING, 841½ W. 95th ST., L.A., CA 90044. Full
name of registrant(s) is (are) GUSTAVO RODRIGUEZ.

FICTITIOUS BUSINESS NAME STATEMENT File No.
2016-078654

The following person(s) is (are) doing business as:
MARCO'S AUTO REPAIR, 2531 SASTRE AVE., EL
MONTE, CA 91733. Full name of registrant(s) is:
MARCOS BENAVIDEZ-OVIEDO, 2531 SASTRE AVE
EL MONTE, CA 91733. This Business is conducted by:
AN INDIVIDUAL. Signed: MARCOS BENAVIDEZ-

FICTITIOUS BUSINESS NAME STATEMENT File No.
2016-076066
The following person(s) is (are) doing business as:
PREMIER SPECIALTIES, 7423 BENARES ST.,
DOWNEY, CA 90241. Full name of registrant(s) is (are)
CINDY ONEILL, 7523 BENARES ST., DOWNEY, CA
90241. This Business is conducted by: AN INDIVIDUAL

TO ALL INTERESTED PERSONS

A HEARING on the petition will be held at the DISTRICT COURT, NORWALK, SOUTHEAST DISTRICT, on the 11th day of May, 1909, at 10 o'clock in the forenoon.

If no written objection is timely filed,

Business Name in violation of the rights of another under federal, State, or common law (See section 14411 et seq. Business and Professions Code) Publish: Mountain Views News
Dates Pub: April 02, 09, 16, 23, 2016

ALLEGEDLY FALSE AND MISLEADING BUSINESS NAME STATEMENT File No. 016-079293

The following person(s) is (are) doing business as: THE BROWN GROUP, 500 N. WILLOWBROOK F5, OPMPTON, CA 90220. Full name of registrant(s) is (are) VAN A. BROWN, 500 N. WILLOWBROOK F5, OPMPTON, CA 90220. This Business is conducted by:

Field on 05/04/2016 at 1:30PM in Dept.
DISTRICT, 12720 Norwalk Blvd., N

the court may grant the petition within

FICTITIOUS BUSINESS NAME STATEMENT File No. 16-076404

The following person(s) is (are) doing business as: FOODS RETAIL CLOTHING, 3779 S. HOBART BLVD., L.A., CA 90018. Full name of registrant(s) is (are) ELYSIAN INVESTMENTS, LLC, 3779 S. HOBART BLVD., 90018. This Business is conducted by: A LIMITED LIABILITY COMPANY. Signed: FOR JANETH CABRERA CHAVEZ. This statement is filed with the County Clerk of Los Angeles County 03/29/2016. The registrant(s) has (have) commenced transaction business under the fictitious business name

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walk, CA. 90650.

a hearing.



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