

# Mountain Views News

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Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, APRIL 30, 2016

VOLUME 10 NO. 18

The Friends of the Sierra Madre Library Present

## 54TH ANNUAL SIERRA MADRE ART FAIR

Saturday, May 7, 2016 - 9:30 a.m. to 6 p.m.

Sunday, May 8, 2016 - 9:30 a.m. to 5 p.m.



"Raven's Jar" by Featured Artist Sarah Moore

**100 Artists • Children's Activities • Live Entertainment**  
**Food Vendors • Wine and Beer Garden**  
**Free Admission ~ Sierra Madre Memorial Park**

222 West Sierra Madre Blvd., Sierra Madre, California  
For event information: 626.355.7186 or [www.sierramadrelibraryfriends.org](http://www.sierramadrelibraryfriends.org)  
Benefits Sierra Madre Public Library

## GENE GOSS SWORN IN AS MAYOR

On Tuesday, April 26, 2016 Gene Goss was sworn in as the new Mayor of Sierra Madre. He is the Founder and Chair of 4 year terms and is responsible for general city policy, as well as for the appointment of the City Manager, Members and Rachel Arizmendi teams in SM Little League and he City Attorney, and members of the City's Boards and Commissions. Goss and Arizmendi will serve Game Announcer for Village Vine Online Webcasts. The positions of Mayor and Mayor Pro-Tem rotate among members of the Council, and are selected annually.

The Sierra Madre City Council is comprised of 5 members elected to a second 4 year term on April. Shollenberger, in her last act as City Clerk after 32 years of service, also swore in the new City Clerk, Melinda Carrillo and new City Treasurer Michael Amerio.

A long-time resident of Sierra Madre, Gene Goss was first elected to the council in 2014. He is a Professor of Political Science at Long Beach City College. Goss previously served as Mayor Pro Tem, Vice Chair of the SM Library Board of Trustees



Back row - Mayor Gene Goss and Former Mayors John Haribedian and John Capoccia. Front Row - Mayor Pro Tem Rachel Arizmendi, City Treasurer Michael Amerio, Retired City Clerk Nancy Shollenberger, City Clerk Melinda Carrillo and Former City Treasurer Richard Mays. Photo courtesy City of Sierra Madre

## THANK YOU! THANK YOU! THANK YOU!

From: Nancy Sue Shollenberger, Retired City Clerk

On April 27, 2016, my lovely "Retirement Party" was held at the Hart Park House! I cannot begin to thank everyone involved individually, so I will ask your forgiveness.

The food was exceptional....the wine, champagne toast was enjoyed by all!

All of my wonderful family and friends that shared this event with me make it complete.

I especially want to thank the City of Sierra Madre and the staff that put this party together - it was extra-special, and perfect in every way.

I received so many Certificates of Recognition, the beautiful one from the City of Sierra Madre, and the very special "City Tile" that I have watched so many City Council Members receive and I thought to myself, "I would really like one of those"! I now can admire my own!

The friendship and fellowship shared that evening was truly heartwarming. I have many pictures to put a scrape-book together, and that will be one of my many projects, very soon.

I will be traveling to New York for my granddaughter's play and be home for a short time and then off to Texas to see my other granddaughter graduate. There are so many lovely activities ahead, I will be very busy for a while.

Our new City Clerk, Melinda Carrillo, is ready to take the Minutes at the May 10th City Council Meeting. I will help her whenever she feels she wants me to - I am very confident that she will represent our City well. Welcome her and make her feel at home!

My love to everyone that attended my celebration. I am not going anywhere, so I will see all of your around town! Stay well and happy.

## Mother's Day

### Champagne Brunch Buffet

Omelet Station    Carving Station  
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## SIERRA MADRE LIBRARY ART & ESSAY WINNERS



More than 220 local students entered the Library's fourth annual Art & Essay contest, Readers Win! @ Sierra Madre Public Library. Mayor John Capoccia presented cash prizes to the top 18 contest winners. Prizes and certificates of achievement were presented at a ceremony on Thursday, April 14 during National Library Week. Winning work is on display in the Children's Room of the Library.

Children in grades Kindergarten through second grade created a drawing showing how they win by reading books from the Sierra Madre Public Library. Students in grades three through eight wrote a one-page essay on how readers win. Students from each grade earned \$50 for first place or \$35 for second place.

Winners are: Kindergarten 1st place Emma Noel Abajian, Kindergarten 2nd place Siabelle Carpenter, 1st grade first place Raya Frayeh, 1st grade second place Ethan Woo, 2nd grade first place Jackson Moore, 2nd grade second place Samuel Choi Dongho, 3rd grade first place Abeni Moore, 3rd grade second place Maya Eriksson, 4th

grade first place Aidan Hofer, 4th grade second place Nikki Hensley, 5th grade first place Jadyn St. Louis, 5th grade second place Julia Divers, 6th grade first place Carter Anastasia, 6th grade second place Lucy Martinez, 7th grade first place Claire Senft, 7th grade second place Giovanni Butteri, 8th grade first place Dylan Sheriff, and 8th grade second place Julia Boberg.

Local organizations that supported the Sierra Madre Public Library Art & Essay Contest with funding for the cash prizes and by judging entries were: Sierra Madre Rotary Club, the Spero Foundation, Sierra Madre Kiwanis, Club Friends of the Library, the Sierra Madre Community Foundation, and the Sierra Madre Civic Club. Special thanks to Library Trustee Glenn Putnam for spearheading the program.

Read, Discover, Connect @ Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre, CA 91024, (626) 355-7186, [www.cityofsierramadre.com/departments/library](http://www.cityofsierramadre.com/departments/library)



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## Weather Wise

6-Day Forecast Sierra Madre, Ca.  
*Sunny and Warm All Week!*



Sun: 40% Rain Hi 70s Lows 50s  
Mon: Sunny Hi 80s Lows 50s  
Tues: Sunny Hi 80s Lows 50s  
Wed: Sunny Hi 80s Lows 50s  
Thur: Ptlly Cldy Hi 70s Lows 50s  
Fri: Sunny Hi 80s Lows 50s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE  
CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:  
Tuesday MAY 10, 2016  
6:30 pm

1630 AM EMERGENCY RADIO &  
Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to [radio@cityofsierramadre.com](mailto:radio@cityofsierramadre.com).

SIERRA MADRE  
CITY MEETINGS

## Regular City Council Meeting

Tuesday, MAY 10., 2016,  
6:30 pm

The final agenda and staff reports will available online no later than Friday night. Enter the date "00/00/0000" for the complete agenda packet.

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email [city@cityofsierramadre.com](mailto:city@cityofsierramadre.com) before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Thursday, May 5, 2016, 7:00PM  
Planning Commission Meeting

Thursday, May 5, 2016, 3:00PM  
Senior Community Commission Meeting

May 7th – at 7:00 am at the Fire Station  
SMVFA Pancake Breakfast

May 7th and 8th – Friends of the Library Art Fair in  
Memorial Park

Monday, May 15, 2016, 6:30PM  
Community Services Commission Meeting

Wednesday, May 18, 2016, 7:00PM  
Energy, Environment and Natural Resources Commission Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135



9 Kersting Court Sierra Madre, Ca. 91024  
626-355-1180

EXTRAORDINARY  
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ARRANGEMENTS

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WE MEET WEEKLY AT THE LODGE (FORMERLY  
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MEETINGS ARE EACH TUESDAY AT NOON,

EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,

WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!

JOIN US, MEET YOUR NEIGHBORS, HELP YOUR COMMUNITY,

AND HAVE SOME FUN!

## Come join us.

*Breakfast created by Chef Mario*

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Our shared passion for service helps us accomplish the remarkable.  
We see differently.  
We apply leadership expertise to social issues and find unique solutions.  
We act responsibly and create lasting change.  
We make a difference at home and around the world.

For more info go to FB or Meetup.

The Hart Park House  
222 W. Sierra Madre Bl.  
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Tuesdays 7-8:30 a.m.

Sierra Madre  
Woman's Club

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## Mother's Day Brunch Sat May 7

Tales: Beatrix Potter, Peter Rabbit & Friends

With Judith Helton, Literary Historian

RSVP Now for Sat., May 7  
11:30 am – 2 pm  
@ 355-8977



Tickets @ Wistaria Thrift Shop thru May 2  
\$25 Adult; \$12.50 (under 11) thru May 4

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SIERRA MADRE ROSE FLOAT  
ASSOCIATION SCHOLARSHIP  
OPPORTUNITIES

Annually, the Sierra Madre Rose Float Association is proud to award a scholarship

to qualified college-bound student who meet the following qualifications:

1. Applicants must be currently a student in their senior year of high school or be a college freshman with a minimum GPA of 3.0.
2. Applicants must have been active in one or more Sierra Madre Rose Float activity such as fundraising, design, construction, flowering or as a past or present float rider.

Application Forms Can be Downloaded AT

<https://docs.google.com/a/smrosefloat.org/r?a=v&pid=sites&srcid=c21yb3NlZmxcvYXQub3JnfHhNtcmZhfGd4OjRmZG5ZmVjNjQ4NjFjMjUWU>

ALL APPLICATIONS MUST BE POSTMARKED BY  
MAY 20TH.

CANDIDATE APPLICATIONS AVAILABLE  
FOR ALTADENA TOWN COUNCIL  
REPRESENTATIVES 8 Seats Up for June 11 Elections

The Altadena Town Council Election Committee has made available Candidate Applications for this years' Census Tract Representative Election slated for Saturday, June 11th, with early voting on Tuesday, June 7th.

The unincorporated town of Altadena has eight census tracts, each with two Town Council representatives taking an alternating two-year term. The Council meets on the third Tuesday of each month at the Altadena Community Center, and is the voice of the community to the county supervisor, law enforcement and various utilities

Applications can be downloaded from [www.AltadenaElection.org](http://www.AltadenaElection.org) or [www.AltadenaTownCouncil.org](http://www.AltadenaTownCouncil.org). Hard copies are available at the Altadena Library, 600 East Mariposa Street, Altadena, CA 91001 during regular business hours.

The deadline for filing candidate applications is May 15th, 4:30 pm. Continuous candidate and election information throughout the election cycle can be found at [AltadenaElection.org](http://AltadenaElection.org)

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See something.  
Say something.

## Inside this week:

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**Jukebox**  
"IN BED BY TEN" TOUR

Saturday, May 7  
6:30-9:00PM

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**Wine Tasting**  
5pm - 9pm Wednesday - Saturday

Mountain Views News 80 W Sierra Madre Blvd. No. 327 Sierra Madre, Ca. 91024 Office: 626.355.2737 Fax: 626.609.3285 Email: [editor@mtnviewsnews.com](mailto:editor@mtnviewsnews.com) Website: [www.mtnviewsnews.com](http://www.mtnviewsnews.com)

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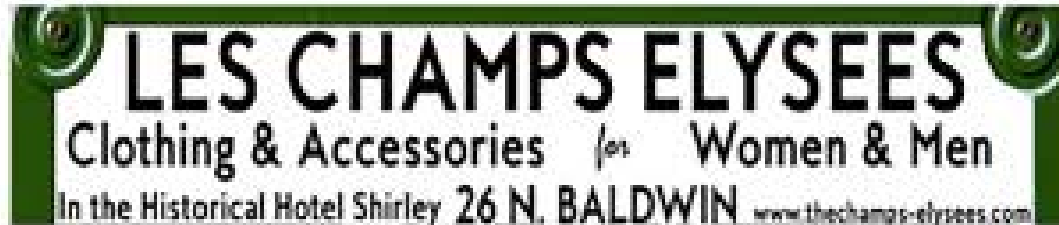
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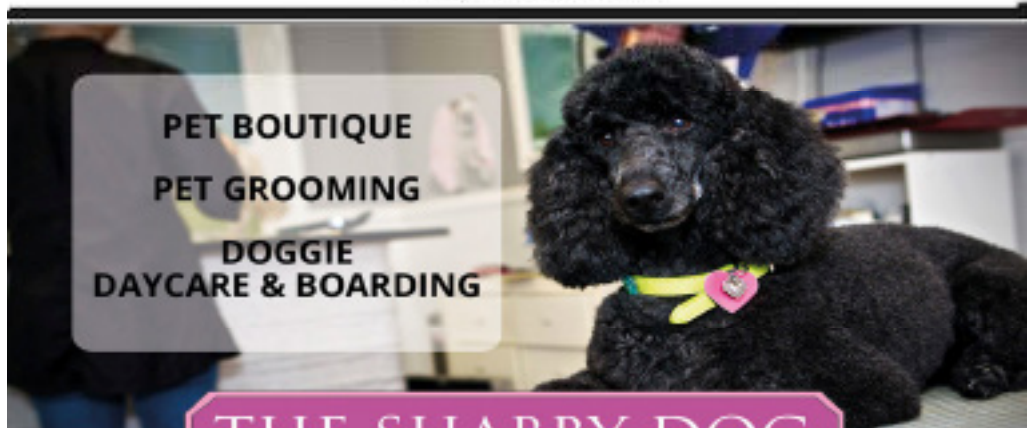
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# Sierra Madre Schools' 3rd Annual **GOLF TOURNAMENT**

TUESDAY MAY 3 at San Dimas Canyon

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(optional hole-in-one contest)



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- **Breakfast**
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- **Awards Luncheon**
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Annual Fund Proceeds Directly Benefit Sierra Madre Elementary & Middle Schools

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**[tinyurl.com/SMGolf2016](http://tinyurl.com/SMGolf2016)**



## Annual Mayors Prayer Breakfast



The city and local nonprofit are set to host the 43rd Annual Mayor's Prayer Breakfast at the Pasadena Convention Center Thursday. The event begins at 7:30 a.m.

This year's Keynote address will be by Rabbi Marvin Gross, the CEO of Union Station Homeless Services. Rabbi Gross has been at the helm of the largest nonprofit serving the homeless population in the San Gabriel Valley for the past 21 years and plans to retire next year--great story there.

His remarks will speak to the theme of "Community Service: Soul of the City." Pasadena's Mayor Terry Tornek will introduce Gross at the event.

Manny Medrano, Emmy Award-Winning journalist will be the emcee for the event program which will include musical numbers from students of Pasadena Unified School District.

For the third year, local nonprofit Friends in Deed is coordinating the event. To become a sponsor or to purchase tickets please visit [www.friendsindeedpas.org](http://www.friendsindeedpas.org).

## Pet of the Week



Katsura (A393901) is a 5-year-old, neutered male, white, domestic shorthair. If you are looking for a quiet and mellow cat, Katsura is your guy! Katsura can be shy with new people but once he gets to know you he is as friendly as can be. He is often found hanging out by his kennel window watch people go by. After all that hard work, he likes to curl up in a ball and go to sleep. Once he is comfortable, he enjoys lots of attention and will even tell you about his day. Katsura is available for adoption at Pet Food Express in Pasadena.

Katsura is neutered, microchipped, fully vaccinated and ready to go home with you today!

The adoption fee for cats is \$70 (or two for \$85), which includes the spay or neuter surgery, microchip, and vaccinations.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A393901, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at [pasadenahumane.org](http://pasadenahumane.org).

## Ed Bacon to Retire as Rector of All Saints

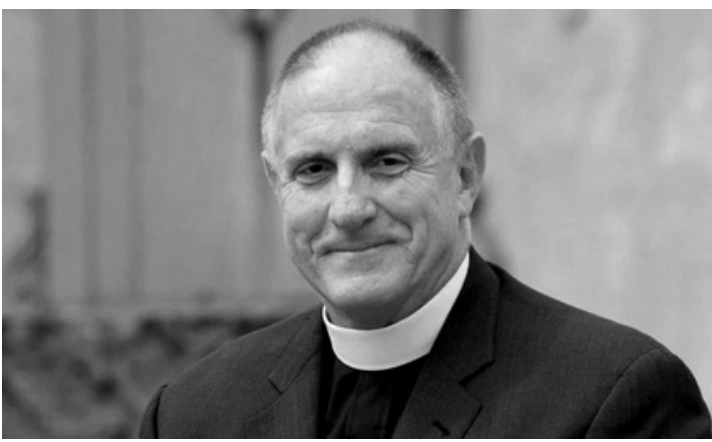
After 21 years as the Rector of All Saints Church, Ed Bacon announced he is retiring to Birmingham, Alabama to be with family —this Sunday will be his last service and sermon.

"We are celebrating," church officials said. "Not because he's leaving All Saints Church and Pasadena ... but because he is leaving behind a legacy of embodiment of the Good News of God's inclusive love for absolutely everybody."

On Sunday, All Saints Church will hold a combined Festival Eucharist one-service-only- in-the-street bringing together the All Saints community — along with friends and allies from civic and the wider interfaith communities — to mark this historic occasion they said

Over the years Bacon has made media headline with his progressive views, including gay marriage.

In an open letter in January he said, "Those of us who have worked and prayed for the realization of the vision of an Episcopal Church where there would be "no outcasts" will continue with increased commitment and energy thanking God for the graces



coming from marriages of same-gender couples."

Bacon has been blessing same-sex unions since the early 1990s.

Bacon also stood up against the IRS in a battle over the church's nonprofit status in the mid 2000s the church was investigated after a political debate in which complaints said All Saints was endorsing political candidates.

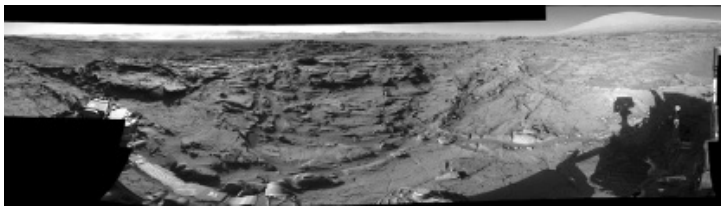
More recent he gave voice to the Black Lives Matter movement over police brutality.

The festival service will start at 10:00 a.m. in the street on Euclid Avenue with combined youth and adult choirs followed by cake on the All Saints quad lawn.

The Canterbury and Coventry choirs will sing the music of Bill Cunliffe and James Walker, joined by the Trouvères and Troubadours with brass sextet and percussion.

Parking will be available at The Westin Hotel and Kaiser parking

## Mars Rover Crosses Rugged Plateau without Damage



*Sends back panoramic scenes from the highest viewpoints reached so far.*

NASA announced this week that the Curiosity Mars rover has nearly finished crossing a stretch of the most rugged and difficult-to-navigate terrain encountered during the mission's 44 months on Mars.

The rover climbed onto the "Naukluft Plateau" of lower Mount Sharp in early March after spending several weeks investigating sand dunes. The plateau's sandstone bedrock has been carved by eons of wind erosion into ridges and knobs. The path of about a quarter mile (400 meters) westward across it is taking Curiosity toward smoother surfaces leading to geological layers of scientific interest farther uphill.

The roughness of the terrain on the plateau raised concern that driving on it could be especially damaging to Curiosity's wheels, as was terrain Curiosity crossed before reaching the base of Mount Sharp. Holes and tears in the rover's aluminum wheels became noticeable in 2013.

## Pasadena Heritage to Present a History of the San Gabriel

In honor of National Preservation Month, Pasadena Heritage invites the public join them on Wednesday, May 11th and Saturday, April 14th for a presentation and walking tour of the History of the San Gabriel Valley.

On Wednesday, May 11th, Pasadena Heritage will present a lecture on "The History of the San Gabriel Valley" sponsored by Podley Properties. It will begin with a fun and entertaining trivia quiz by Dan McLaughlin, librarian and author of the book, "Pasadena History Headline Quiz: 690 Pasadena History Trivia Questions Taken from Pasadena Newspaper Headlines." Following the "quiz" Pasadena Heritage Education Director Patty Judy will give a visual presentation on the San Gabriel Valley, its settlement, development and important moments and people in history and architecture. The presentation is free to the public. Seats are first come first

The rover team responded by adjusting the long-term traverse route, revising how local terrain is assessed and refining how drives are planned. Extensive Earth-based testing provided insight into wheel longevity.

"We carefully inspect and trend the condition of the wheels," said Steve Lee, Curiosity's deputy project manager at NASA's Jet Propulsion Laboratory. "Cracks and punctures have been gradually accumulating at the pace we anticipated, based on testing we performed at JPL. Given our longevity projections, I am confident these wheels will get us to the destinations on Mount Sharp that have been in our plans since before landing."

Inspection of the wheels after crossing most of the Naukluft Plateau has indicated that, while the terrain presented challenges for navigation, driving across it did not accelerate damage to the wheels.

On Naukluft Plateau, the rover's Mast Camera has recorded some panoramic scenes from the highest viewpoints Curiosity has reached since its August 2012 landing on the floor of Gale Crater on Mars.



serve and space is limited. It will be held at Pasadena Central Library 285 E. Walnut Street.

On Saturday, May 14th, together with our co-hosts the City of San Gabriel and the San Gabriel Historical Association, Pasadena Heritage will offer walking tours of historic San Gabriel. The tours will include the San Gabriel Mission, Lopez de Lowther Adobe, the historic Mission District, museums and the iconic Mission Playhouse.

The San Gabriel Mission, named for the Archangel Gabriel, was founded in 1771 and remains one of the best preserved missions in California. Some of its many original features include a hammered copper baptismal font from 1771, and six altar statues from 1791.

Guests will also tour the San Gabriel Mission Playhouse. The Playhouse was dedicated on March 5, 1927 and was built by John Steven McGroarty for his famed "Mission Play". The world-renowned production told the dramatic story of the founding of the California missions.

The lecture will be held at Pasadena Central Library 285

structures for general parking that day, The Westin until 1pm; Kaiser until 4pm. The north lot (just north of the church on the corner of Euclid Ave. and Walnut St.) will be reserved for those with mobility challenges and will be accessible from the Walnut St. driveway.

Child care will be provided in Scott Hall for children 4 years old and under.

For more information call 626.796.117.

## Free, Mars, Titan JPL Science Lecture

*Fire and Ice . . . and Methane – Exploring Mars and Titan using laboratory and field analogues on Earth*

Dr. Morgan Cable, JPL Science Systems Engineer will discuss, during a free lecture in May, how the search for life elsewhere in the solar system has tantalized humanity for centuries. This search has led us to look outward, towards places that may have life (Mars) or the chemical precursors for life (Titan). This search has also led us inward, recreating other worlds in the laboratory and studying places on Earth that can act as analogue environments to other places that are more difficult to reach.

He will discuss, Iceland, a Nordic island shaped by volcanism and glaciers, is recognized as an analogue environment for Mars due to its similar geochemistry and mineralogy. Through an international collaboration inspired by the NASA Nordic Astrobiology Summer School, we have successfully completed two field expeditions to Iceland to test life detection techniques that may be used on future Mars missions. We discovered that microbial diversity can vary widely, even in areas that appear to be the same in terms of geology. This has implications for where and how we might search for life on Mars.

The first of two lectures will be May 19, 2016, 7pm at the The von Kármán Auditorium at JPL 4800 Oak Grove Drive Pasadena.

The second will be May 20, 7pm at the The Vosloh Forum at Pasadena City College 1570 East Colorado Blvd.

For more information visit: [jpl.nasa.gov/events](http://jpl.nasa.gov/events).

## Altadena Traffic Advisory

*Porter Ave in East Pasadena to be closed Sunday 7:00am-5:00p.m.*

This Sunday the Altadena Guild of Huntington Memorial Hospital will be hosting its 65th annual home tour from 7:00am to 5:00pm. Porter Ave. will be closed from Altadena Dr. to Mendocino St. Portions of Braeburn Rd and Homewood Dr. will also be closed. See the map for areas affected. Visit [altadenaguild.org](http://altadenaguild.org) or email [info@altadenaguild.org](mailto:info@altadenaguild.org) for more information.

## Symphony and Pops Free Concert Returns To City Hall



Stars of stage and screen will illuminate the night sky when the Pasadena Symphony and POPS presents its annual free Music Under the Stars concert on Saturday, May 14 at Pasadena City Hall's Centennial Square.

This year's concert will celebrate iconic music from the Great American Songbook, Broadway and beyond. Highlights include hits from West Side Story, Anything Goes and Andrew Lloyd Webber's Phantom of the Opera, as well as sentimental favorites like "Happy Days Are Here Again" and "When You Wish Upon a Star".

Under the baton of Tony Award-nominated, Resident POPS Conductor Larry Blank, the orchestra will welcome three guest vocalists and the JPL Chorus to the stage.

The family fun begins at 6:00pm with pre-concert activities, family-style picnicking and gourmet food trucks. Families can discover the wonder of creating their own music with the instruments of the orchestra at the instrument "petting zoo," where kids of all ages can

toot flutes, blow trumpets, bow strings and bang on percussion instruments. Families can bring their own picnic along to enjoy at the site, or purchase a variety of offerings from a collection of gourmet food trucks.

This family-friendly event is presented with the support of Bank of Americas arts program, which supports nonprofit arts and culture presenters at the local level and with leading world-class arts entities. Other programs include the Museums on Us® program, which offers Bank of America customers free access to 150 of America's finest cultural institutions, and the Art in our Communities® program through which the company shares its corporate collection with museums throughout the world.

Gates open at 6:00pm and the concert begins at 8:00pm. Admission to this event is free, and guests are encouraged to bring a picnic, blanket and low-back chairs. Rental Chairs will be available for \$3. For more information, visit [PasadenaSymphony-Pops.org](http://PasadenaSymphony-Pops.org) or call 626.793.7172.

## Pasadena Fire Annual Brush Clearance Inspections

The Pasadena Fire department's brush clearance inspections have begun and will continue through June.

Residents in high prone brush areas should receive a brochure outlining the requirements mandated by the State of California to keep you and your neighbors safe.

Firefighters are available to answer any questions residents may have about existing fire codes and ordinances regarding hazardous vegetation management and brush clearance by calling (626) 744-4668. As the state continues to experience drought conditions, compliance is essential to avoid devastating fire circumstances.

Defensible Space of 100 feet around your home is required by law. The goal is to protect your home while providing a safe area for firefighters who are responding to a fire. Clearing an area of 30 feet immediately surrounding your home is critical. This area requires the greatest reduction in flammable vegetation.

## Free May Events at the Pasadena Senior Center

There is something for everyone in May at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

**Card making Workshop – Monday, May 2, from noon to 2 p.m.** Surprise a special someone with a personalized, handmade greeting card. Whether it's a happy birthday, happy holidays, thank you, thinking of you or other sentiment, you'll create a decorative card in your own unique style and have fun discovering your creativity while workshop leaders help you bring your ideas to life. All materials will be provided.

**Stay Connected with Social Media – Tuesdays and Thursdays, May 3 to 31, from 9 to 11 a.m.** Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

**Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, May 3 to 31, from 10 to 11**

**a.m.** Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think!

**Caregiver Education and Support Groups – Wednesdays, May 4 and 18, from 1 to 2:30 p.m.** Caregivers who could use information and support from others in similar situations are welcome to attend. Presented by the USC Davis School of Gerontology Family Caregiver Support Center.

**Protect Yourself from Fraud – Thursday, May 5, at 10 a.m.** Seniors can be vulnerable to simple and complex scams that happen in person, by mail or by telephone. Learn about the latest scams and how you can avoid becoming a victim of this growing problem. Presented by the California Department of Business Oversight.

**Friday Movie Matinees – Fridays, at 1 p.m.** May 6: The Big Short (2015, R) starring Christian Bale and Steve Carell. Predicting the credit and housing bubble collapse of the early 2000s, four men in the world of high finance decide to take on the big banks for their greed and lack of foresight.

# ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

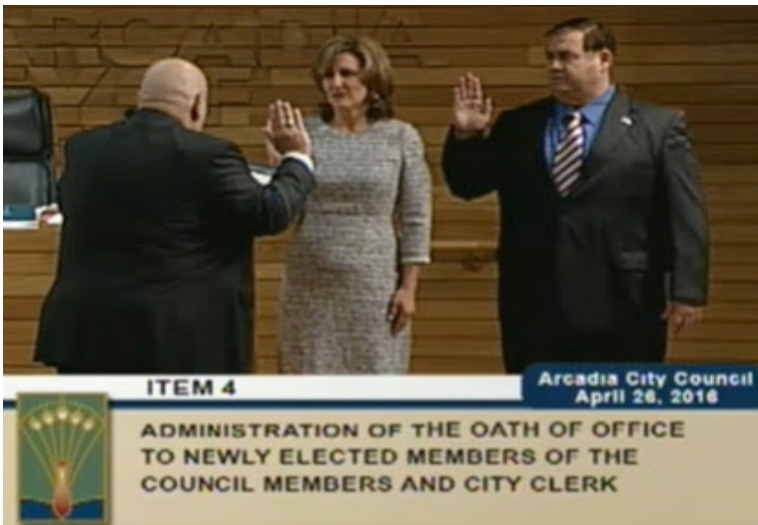
## TOM BECK MAYOR OF ARCADIA

By Scott Hettrick from Arcadia's Best

Breaking with tradition, the new majority of the Arcadia City Council voted first-term Council Member Tom Beck to serve as Mayor for the next year instead of Mayor Pro Tem Roger Chandler.

Also at the ceremonial changing of the guard Tuesday evening at City Hall Council Chambers, newly-elected Council Member Peter Amundson was voted to be Mayor Pro Tem. Amundson was previously a Mayor and served two consecutive four-year terms before being termed out two years ago.

April Verlato and Peter Amundson are sworn in as members of the Arcadia City Council by newly-elected City Clerk Gene



If not unprecedented, the Mayor Pro Tem has been voted in as the next Mayor almost as a matter of protocol every year for many, many years. Tay pointed out this tradition when making his nomination out of respect for Chandler and normal procedure, even though he seemed to know it was futile. Chandler, also clearly recognizing that the votes among the Council were not going to be in his favor, respectfully declined Tay's nomination before a vote was taken. In his public remarks, Amundson said Chandler's decision was one of the classiest things he had ever seen in his years on the City Council.

The selection of Mayor and Mayor Pro Tem came after many presentations of appreciation to Mayor Gary

Kovacic from local and state officials and local civic groups. He is termed out for the second time — he has served two eight-year stints since 1996. The 64 year-old Kovacic said he will leave open the option of running again in two years. In a sweet moment to open the meeting, Kovacic's mother led the audience in the pledge of allegiance.

Former Mayor Mickey Segal, who also stepped down as a member of the Council Tuesday after filling in for the past six months, was presented a poem by Kovacic. Segal said he was pleased he was able to accomplish the two goals he had when he agreed to serve the past six months: to revise the residential zoning code, and to help defeat Measure A.

## ARCADIA POLICE BLOTTER

For the period of Sunday, April 17th, through Saturday, April 23rd, the Police Department responded to 835 calls for service of which 135 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, April 17:

Just after 11:38 a.m., an officer responded to a residence in the 000 block of Perkins Drive regarding an attempted burglary report. The officer originally responded to the residence regarding an audible alarm activation and discovered the rear sliding glass window had been smashed. The victim returned home and reported the home was intact and nothing had been stolen. No suspects were seen and no witnesses were located.

Around 7:49 p.m., an officer responded to Walgreens, 253 East Foothill Boulevard, regarding a shoplifting report. An investigation revealed an unknown suspect selected more than \$350 in Gillette razors and exited the store, failing to make payment. The investigation is ongoing.

Monday, April 18:

At about 9:12 a.m., an officer responded to the intersection of Third Avenue and Leda Lane regarding an indecent exposure report. The officer determined a male suspect exposed himself to a female victim while asking for directions. The suspect then fled in his vehicle.

The suspect is described as a Hispanic male, 30 to 40-years-old, and clean shaven. The suspect's vehicle is described as a grey pick-up truck. The investigation is ongoing.

At approximately 8:07 p.m., an officer responded to the Arcadia Police Department front counter regarding a theft report. An investigation revealed an unknown suspect hacked the victim's email account in an effort to reroute a real estate wire transfer in the amount of \$807,000.00. The victim does not know the identity of the suspect or how they obtained his account information.

Tuesday, April 19:

Around 12:13 p.m., an officer responded to Prince Jewelers, 411 East Huntington Drive, regarding a commercial burglary report. The officer discovered two unknown suspects smashed the front display windows, stole various items of jewelry, and fled on foot to the underground parking lot. Officers were unable to locate the suspects.

One of the suspects is described as a white or Hispanic male between 5'8" and 5'10". The race and gender of the second suspect are unknown. The investigation is ongoing.

Just after 4:05 p.m., an officer conducted an enforcement stop on a vehicle in the area of Duarte Road and Baldwin Avenue for having expired registration. A records check of the vehicle revealed the registration had expired; however, the vehicle displayed a 2016 registration sticker. The driver, a 41-year-old male from Monrovia, knowingly created the forged sticker and registration paperwork. He was also driving with a suspended license. The suspect was arrested and transported to the Arcadia City Jail for booking. The vehicle was impounded for 30 days.

Wednesday, April 20:

Shortly after 8:59 a.m., officers responded to a residence in the 700 block of Fairview Avenue regarding a burglary report. The officer determined a panhandler outside of 7-Eleven, 1003 South Baldwin Avenue, was seen exiting the victim's garage with stolen tools. The 52-year-old male from Lynwood was arrested and transported to the Arcadia City

Jail for booking.

At about 6:15 p.m., an officer responded to Wells Fargo Bank inside Ralph's Grocery Store, 211 East Foothill Boulevard regarding two suspects attempting to cash a fraudulent check. The bank recognized the fraudulent transaction and officers located both suspects. The female suspect was also in possession of methamphetamine and drug paraphernalia. The 28-year-old female from Pasadena and 28-year-old male from Pasadena were arrested and transported to the Arcadia City Jail for booking.

Thursday, April 21:

9. At approximately 7:35 a.m., officers responded to Denny's, 7 East Huntington Drive, regarding an activation of an Arcadia Police Department GPS tracker. Arcadia PD detectives had previously deployed decoy bicycles containing tracking devices to combat the increase in bicycle thefts around the city. An investigation revealed a 27-year-old male from Los Angeles took the bicycle and boarded the Metro Gold Line Train. With assistance from the Los Angeles County Sheriff Transit Service Bureau, the suspect was located in Highland Park with the bicycle. He was arrested and transported to the Arcadia City Jail for booking.

10. Around 2:32 p.m., an officer responded to Arcadia High School, 180 Campus Drive, regarding possible drug activity in the parking lot. An investigation revealed an 18 year old male from Temple City had a container of marijuana, drug paraphernalia and alcohol inside his vehicle. The suspect was arrested and transported to the Arcadia City Jail for booking.

Friday, April 22:

11. At about 2:32 a.m., an officer conducted a traffic stop on a vehicle traveling with a flat tire in the area of Santa Anita Avenue and Huntington Drive. Upon contacting the driver, the officer detected a strong odor of alcohol emitting from the driver. Through a series of tests, the officer determined the 22-year-old male from La Puente was driving under the influence of an alcoholic beverage. The suspect was arrested and transported to the Arcadia City Jail for booking.

12. Just after 6:30 p.m., an officer was dispatched to 7-Eleven, 1003 South Baldwin Avenue, regarding an activation of an Arcadia Police Department GPS bicycle tracker. Officers located a suspect riding away from the scene on the stolen bicycle. A consensual search of the suspect's purse revealed a meth pipe. The 30-year-old female from Los Angeles was arrested and transported to the Arcadia City Jail for booking.

Saturday, April 23:

13. At about 4:08 p.m., officers responded to Nordstrom at the Santa Anita Mall, 400 South Baldwin Avenue, regarding a petty theft report. A loss prevention specialist witnessed the suspect conceal several items on his person before exiting the store, failing to make payment. The suspect was last seen fleeing in a dark colored 2-door compact vehicle.

The suspect is described as male, approximately 28-years-old, 6' tall, and roughly 200 pounds. The investigation is ongoing.

14. At approximately 6:08 p.m., an officer responded to a hit and run traffic collision that occurred near Huntington Drive and Santa Anita Avenue. An investigation revealed the suspect driver struck two pedestrians in a crosswalk and fled the scene. A witness followed and detained the suspect until officers arrived. The 54-year-old female from Arcadia was arrested and transported to the Arcadia City Jail for booking.

# MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

## SPECIAL MEETING OF THE HISTORIC PRESERVATION COMMISSION TO CONSIDER THE HISTORIC SANTA FE DEPOT REHABILITATION PLAN TENTATIVELY SCHEDULED FOR MAY 12, 2016, AT 7:00 P.M.

A few months ago, the Historical Preservation Commission (HPC) created the Depot Subcommittee to interface with the Daylight Limited, LLC, development team regarding the rehabilitation of the City's Historic Santa Fe Depot building at Station Square. Since that time, the Depot Subcommittee has met with both staff and the development team to assess the proposed scope of the rehabilitation project, and those discussions have been positive, collaborative, and productive. Based on the work that has been complete to date, we are excited to share that the Daylight Limited,

LLC, development team last week submitted an application for the full HPC to consider approval of a Certificate of Appropriateness to authorize the scope of the rehabilitative work to be done at the Historic Santa Fe Depot. Given the submittal, the HPC will be convening a Special Meeting on Thursday, May 12, 2016, at 7:00 p.m. to review the application.

This is an exciting step forward in the process to renovate and restore the Historic Santa Fe Depot, and we will be certain to keep everyone apprised of our progress moving forward!

## MONROVIA POLICE BLOTTER

Following are the weekend's highlighted issues and events. To see a complete listing of crimes reported, go to the City of Monrovia website and click on the crime mapping link. Sign up to follow us on Twitter for police notifications.

**Wanted Persons – Suspects Arrested**

April 21 at 9:00 a.m., officers responded to a family disturbance at a home in the 500 block of South Magnolia. When they arrived, a computer check of the two females causing the disturbance revealed they were wanted by another law enforcement agency in Los Angeles County for robbery. They were arrested and taken into custody.

**Violation of Domestic Violence Restraining Order – Suspect Arrested**

April 21 at 2:34 p.m., officers were dispatched to a residence in the 1000 block of Royal Oaks on the report of a male family member who was refusing to leave after being served with a domestic violence restraining order. Officers advised the subject of the conditions of the order and gave him several warnings and chances to leave, however, he refused. He was arrested and taken into custody without further incident.

**Grand Theft Auto**

April 22 at 8:38 a.m., a forklift was reported stolen from the 500 block of West Huntington. The forklift was parked to the rear of the location. It was not secured to a fixed object, but the keys were with the driver. The forklift was stolen sometime overnight. The investigation is continuing.

**Bench Warrant / Receiving Stolen Property – Suspect Arrested**

April 22 at 9:25 a.m., an officer was conducting an investigation regarding the possible unlawful use of a credit card. During the investigation, the officer learned of a possible location for the suspect in the 1400 block of S. Magnolia. He went to the location on Magnolia and found

the suspect. The suspect was arrested for an outstanding warrant and receiving stolen property.

**Grand Theft Auto**

April 22 at 7:11 p.m., a vehicle was reported stolen from the 100 block of E. Lime Avenue. The victim parking her vehicle in a public parking lot and walking to a business on Myrtle. When she returned to her vehicle approximately 10 minutes later, she found her vehicle had been stolen. The victim had left the vehicle unlocked, but had the keys in her possession. The vehicle is a 2006, silver, 4-door Toyota Corolla. The investigation is continuing.

**Public Intoxication – Suspect Arrested**

April 22 at 11:23 p.m., officers were called to a business in the 400 block of S. Myrtle regarding a subject at the location who was intoxicated and attempted to leave without paying his bill. Prior to the officers arriving, the business owner blocked the subject from leaving the location. The officers arrived and determined the subject was too impaired to care for himself. He was arrested for public intoxication and held for a sobering period.

**Unlicensed Driver / Resisting a Police Officer – Suspect Arrested**

April 23 at 2:03 a.m., an officer observed a vehicle commit a vehicle code violation and attempted to stop the vehicle, but the driver sped up and made several turning movements to evade the officer. The officer lost sight of the vehicle, but relocated it in the 300 block of S. California. The driver stopped the vehicle, but fled on foot. He was quickly detained in an alley, east of California. The investigation revealed the suspect is an unlicensed juvenile who had taken his father's vehicle without permission. The suspect sustained a minor injury while being taken into custody and was taken to the hospital for medical clearance. He was then processed for the charges and later released to a parent with a citation to appear in court.

## CITY OF MONROVIA FIRE & RESCUE TO HOST FREE HANDS-ONLY CPR TRAINING ON “SIDEWALK CPR DAY” JUNE 2

**Training to be held at Library Park**

Monrovia Fire & Rescue will provide free hands-only CPR training on Sidewalk CPR Day, Thursday, June 2, 2016 at Library Park from 9:00 a.m.-1:00 p.m. Last year, more than 17,000 people in Southern California learned how to save a life in just five minutes with a quick lesson from local firefighters and medical professionals through the coordinated LA County- wide Sidewalk CPR Day program.

“Thanks to easy access to training, Citizen CPR is rapidly growing as a way to empower bystanders to save a life when someone suffers sudden cardiac arrest,” said Captain Chris Huson. “We are glad to team up with the Los Angeles County Emergency Medical Services Agency and the American Heart Association to bring Sidewalk CPR to our local community. With 80 percent of all cardiac arrests occurring at home, we need to help family and friends learn how to double or triple their loved one's chance of survival.”

Learning hands-only CPR helps local emergency responders by focusing on the first

few critical minutes following a cardiac arrest. Since the lungs and blood contain only enough oxygen to keep vital organs healthy for that amount of time, bystanders become heroes until emergency responders arrive on scene. With each chest compression using hands-only CPR, ordinary citizens can easily provide the ongoing blood flow needed to give the patient a much better chance of survival once responders arrive.

Once trained, citizens are encouraged to download the PulsePoint app, which was activated in Los Angeles County last August. More than 33,000 CPR-trained citizens have downloaded this lifesaving app to receive notifications that someone nearby is in need of CPR. To learn more, visit the PulsePoint Foundation website at [www.pulsepoint.org](http://www.pulsepoint.org).

Only 32 percent of victims receive CPR from a bystander. Don't be a bystander in a cardiac emergency, be a lifesaver! For more information about this upcoming training, contact Captain Chris Huson at (626) 256-8119 or [chuson@ci.monrovia.ca.us](mailto:chuson@ci.monrovia.ca.us).

## SGV COUNCIL OF GOVERNMENTS SET TO HOST STORMWATER WORKSHOP IN MONROVIA ON MAY 3, 2016 AT 10:00 A.M.

The San Gabriel Valley Council of Governments will be hosting a stormwater workshop here in Monrovia on Tuesday, May 3, 2016, from 10:00 a.m. – 11:30 a.m. at the Monrovia Community Center (119 West Palm Avenue). This meeting has been coordinated to provide information regarding stormwater issues and concerns. Those interested in attending the meeting can register online by clicking on the following link:

[https://docs.google.com/forms/d/1\\_ji-WXu3TqJrX63Cc4j6MznP\\_-j8JSxBiC25toUMWCEs/viewform](https://docs.google.com/forms/d/1_ji-WXu3TqJrX63Cc4j6MznP_-j8JSxBiC25toUMWCEs/viewform)

Given the complex nature of stormwater

regulations, a MS4 Permit / EWMP overview fact sheet and a presentation outlining the issues at hand have been uploaded to our website at the link below for your reference. And as referenced in the attached documents, the approved stormwater management plan that Monrovia is part of currently requires the construction of \$1.4 billion in stormwater projects. Of that amount, Monrovia's costs have been identified at \$231.1 million.

<http://www.cityofmonrovia.org/publicworks/page/stormwater-management>

There are many moving parts associated with the complexities related to the matter, and we would encourage anyone interested in this topic to attend the workshop scheduled to take place on May 3, 2016.

[www.mtnviewsnews.com](http://www.mtnviewsnews.com)

## ALVERNO'S SUMMER CONSERVATORY FOR MIDDLE SCHOOL GIRLS OFFERS A SUMMER OF SELF-DISCOVERY THROUGH ENGLISH, MATH, CULINARY ARTS, LEADERSHIP AND MORE-- GIRLS THRIVE!

Sierra Madre, CA (April 26, 2016) – When Lily Murphy of Broadoaks Children's School set foot on the Alverno High School campus last summer for her first day of the Academic Conservatory for Middle School Girls, she certainly had no idea that she had just found her home for the next four years.

"I first learned about Alverno through a high school night at my school in Whittier," said Lily Murphy '20. "I attended the Conservatory because I liked the school and I wanted to get a feel for the atmosphere and teachers. I wanted to make sure that this high school was one where I could be happy and feel comfortable."

According to her mother, Melanie Murphy, Lily was hooked after the first week.

"When I picked her up at the end of the first week, Lily got in the car and said 'this is the high school for me and I will do whatever I need to do to get in' and she did," said Melanie. "After attending the Conservatory, she became extremely concentrated on her grades so that she could attend Alverno and we are so thrilled she is now a part of the Alverno High School Class of 2020."

For Lily, and the other students in the Conservatory, classes started in the morning with an Algebra class geared towards preparing students for the Independent School Entrance Exam (ISEE) and High School Placement Test (HSPT). The next classes of the day included Language Arts, which focused on the high school placement tests as well as creative writing and storytelling, and a Leadership class that pushed the girls to evaluate women's roles in government, the media, and business.

"Seeing Lily discuss women's empowerment and women's issues in class really helped her grow," said Melanie. "Her self-esteem improved as she looked differently at how women and girls were portrayed in the media and print. It opened a door for us to discuss issues from politics to magazine covers to music videos."

Following lunch, the students attended Creative Narratives as well as Healthy Lifestyles. In Creative Narratives, students got to use their imagination, personal experience, and background to create their visual stories. In Healthy Lifestyles, students had the opportunity to engage in a range of activities that involved the world of health, including health for the mind, body and soul.

"The Creative Narratives class was my favorite class at the Conservatory," said Lily. "I have never really enjoyed Art classes that much but Mr. Lewis found a way that made art fun to me and I really enjoyed it."

By the end of the program, Lily was convinced that Alverno was the school



Lily Murphy

for her but she was also confident in who she had grown into as a woman and the new friends she had made.

When asked if she would recommend the program to another girl, Lily didn't hesitate.

"I would highly recommend it," she said. "I had great fun getting to know the teachers and forming a bond with some of the girls that I keep to this day. Through the Conservatory, I got a feel of the school, the way the teachers presented their classes, and because of it I fell in love with the school."

Her mother seconded her answer.

"We are so grateful for the wonderful experience that the Conservatory gave our daughter," she said. "Watching her decide that this was the school for her and that she wanted to improve her grades to get there was incredible. I loved that a door was opened for us to discuss self-esteem and how women are portrayed. We would whole heartedly recommend the experience to anyone."

There are limited spaces available for the Conservatory for Middle School Girls for summer 2016. Courses for this summer include High School Math Prep, Language Arts Advancement, Drama & Improvisation, Leadership, Creative Narratives, Culinary Arts- Chemistry in Cooking, and Online Media and Communications. For more information, please visit [HYPERLINK "http://www.alverno-hs.org"](http://www.alverno-hs.org) [www.alverno-hs.org](http://www.alverno-hs.org) or contact Ms. Suzy Ares '93 and P'17, Alverno Summer Institute Director, at [HYPERLINK "mailto:sares@alverno-hs.org"](mailto:sares@alverno-hs.org) [sares@alverno-hs.org](mailto:sares@alverno-hs.org).

About Alverno High School

Alverno High School is an independent, progressive, Catholic, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 3,600 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit [www.alverno-hs.org](http://www.alverno-hs.org).

## HONORS FOR DUARTE UNIFIED SCHOOL DISTRICT ATHLETICS

(Duarte, CA) – Honors continue to flow to the Duarte High School athletics program after a successful winter season, including Coach of the Year for girls basketball coach Scott Wiard, individual honors for two players, and a professional honor for Athletic Director Robyn Garcia.

Wiard, a first-year head coach at the age of 25, was named Girls Basketball Coach of the Year by the San Gabriel Valley Tribune for leading the Lady Falcons to the CIF Championship before losing to St. Paul in the final seconds, 45-44.

Wiard was hired as a walk-on coach and currently handles substitute teaching assignments while pursuing his teaching credential. He's the son of legendary girls basketball coach Richard Wiard from Bishop Amat, a winner of the same award multiple times.

"Scott has great bloodlines and carries on the tradition of being well prepared and disciplined as a coach," said Principal Mark Sims of Duarte High School. "He's the first to admit he had some very talented players, but there are plenty of coaches who cannot be successful with talent."

"He did a remarkable job, especially with his emphasis on fundamentals and his real team approach. The professionalism in preparation was obvious and he has a great basketball mind."

Wiard talked about the award and advancing to the CIF Finals.

"It was an amazing experience to get to the CIF Finals," he said. "I think it was very rewarding for the kids who worked so hard all year to accomplish something special."

Two of the Duarte players, senior MacKenzie Barnes and sophomore Patricia Morris, were also honored on the All-San Gabriel Valley team as well as on the All-CIF-4AA team, a remarkable feat.

"I don't think we've ever had two players All-CIF first team," said Sims. "It's a very impressive accomplishment."

Barnes averaged 15 points and six rebounds with five assists and was named the Montview League MVP. Morris is a 6-foot-7 sophomore who averaged 12 points and 11 rebounds per game and was also named to the Montview League first team.

Additionally, junior guard Ryley Thompson was named to the second team All-San Gabriel Valley and second team All-CIF teams. Thompson averaged 13 points and 4 rebounds per game.

Wiard talked about what made his team special this year in an interview with the Tribune.

"This year proves that you can still be successful in high school with kids from the same neighborhood if they believe in each other and have a common goal," he said.

Duarte's run to the championship included a 43-42 semifinal win at Lompoc which propelled the Lady Falcons into the finals.

"That game defined who we were so well," said Wiard. "The walk-through and pre-game were business-like because we knew we had a job to do. Then we stressed what we did all year: '21 minutes of us,' and we overcame them jumping to an early lead."

In addition to the basketball team's honors, Duarte athletic director



Courtesy Photo of Coach Scott Wiard and the DHS Varsity Girls Basketball Team provided by Duarte Unified School District. Mackenzie Barnes, top row second from right. Patricia Morris, top row 4th from right.)



Garcia was honored by the California State Athletic Directors Association (CSADA) as its athletic director of the year for the CIF Southern Section.

"I felt very humbled," said Garcia, who received the award at a banquet in San Diego. She singled out her assistant, Wendy Moreno, for helping her gain the recognition.

Duarte is having a banner year in sports, in addition to girls basketball. The girls volleyball team went to CIF quarterfinals, girls tennis and soccer made playoffs appearances, both boys and girls in wrestling went to CIF, "and we're hopeful that both softball and baseball can also go to the CIF playoffs as well," Garcia added.

"That award was voted by her peers," said Sims. "She does a lot of outside work, with the various associations, work not necessarily associated with our school athletics program."

## ALVERNO HIGH SCHOOL SOPHOMORES RECEIVE CLASS RINGS CLASS OF 2018 ENJOYS TIME-HONORED TRADITION

Sierra Madre, CA (April 28, 2016) – On Tuesday, April 26 Alverno High School's Class of 2018 received their class rings during their Ring Ceremony.

The time honored tradition of Ring Ceremony at Alverno High School took place on the terrace of the historic Villa del Sol d'Oro and provides the class with the opportunity to look back at their first two years at Alverno while looking forward to their last two.

After listening to speeches from their classmates who addressed the Alverno community, parents, and the Class of 2017 they were presented with their rings by Julia V. Fanara, Head of School. Each young woman received a ring that she had personally designed herself, which included aspects of her personality as well as her life at Alverno.

"Ring Ceremony is such a wonderful part of the tradition at Alverno High School," said Julia V. Fanara, Head of School. "In two short years, these young women have grown into exceptional leaders and scholars who have found an empowered voice at Alverno. We congratulate as they transition as to a new part of their student life here. We cannot wait to see

what they accomplish over the next two years and the incredible women they become."

About Alverno High School

Alverno High School is a Catholic, private, college preparatory school for young women dedicated to preparing them to function in a society as informed, knowledgeable persons, who have the requisite skills to make and implement mature decisions about complex problems. Enlivened by the spirit of its Immaculate Heart Community sponsors, and mindful of the Franciscan roots of its founders, Alverno's program—academic, spiritual, aesthetic, social, and physical—is shaped by the staff, trustees, and students in light of the world for which the students are being educated. Alverno's mission is to empower each young woman to be exactly the person she wants to be and since 1960, Alverno has empowered more than 4,200 women to meet that goal. For more information about Alverno High School, please call 626-355-3463 or visit [www.alverno-hs.org](http://www.alverno-hs.org).

## SCHOOL DIRECTORY

Alverno High School  
200 N. Michillinda Sierra Madre, Ca. 91024  
(626) 355-3463 Head of School: Ann M. Gillick  
E-mail address: [agillick@alverno-hs.org](mailto:agillick@alverno-hs.org)

Arcadia High School  
180 Campus Drive Arcadia, CA 91007  
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[bforsee@ausd.net](mailto:bforsee@ausd.net)

Arroyo Pacific Academy  
41 W. Santa Clara St. Arcadia, Ca,  
(626) 294-0661 Principal: Phil Clarke  
E-mail address: [pclarke@arroyopacific.org](mailto:pclarke@arroyopacific.org)

Barnhart School  
240 W. Colorado Blvd Arcadia, Ca. 91007  
(626) 446-5588 Head of School: Ethan Williamson  
Kindergarten - 8th grade  
website: [www.barnhartschool.org](http://www.barnhartschool.org)

Bethany Christian School  
93 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-3527  
Principal: Dr. William Walner  
website: [www.bcschools.org](http://www.bcschools.org)

Clairbourn School  
8400 Huntington Drive  
San Gabriel, CA 91775  
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FAX: 626-286-1528  
E-mail: [jhawes@clairbourn.org](mailto:jhawes@clairbourn.org)

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[preschool@foothilloaksacademy.org](mailto:preschool@foothilloaksacademy.org)

Frostig School  
971 N. Altadena Drive Pasadena, CA 91107  
(626) 791-1255  
Head of School: Jenny Janetzke  
Email: [jenny@frostig.org](mailto:jenny@frostig.org)

The Gooden School  
192 N. Baldwin Ave. Sierra Madre, Ca. 91024  
(626) 355-2410  
Interim Head of School, Merrily Dunlap  
website: [www.goodenschool.org](http://www.goodenschool.org)

High Point Academy  
1720 Kinneloa Canyon Road Pasadena, Ca. 91107  
Headmaster John Higgins 626-798-8989  
website: [www.highpointacademy.org](http://www.highpointacademy.org)

La Salle High School  
3880 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 351-8951 website: [www.lasallehs.org](http://www.lasallehs.org)  
Principal Bro. Christopher Brady, FSC

Monrovia High School  
325 East Huntington Drive, Monrovia, CA 91016  
(626) 471-2800 Principal Darvin Jackson  
Email: [schools@monrovia.k12.ca.us](mailto:schools@monrovia.k12.ca.us)

Odyssey Charter School  
725 W. Altadena Dr. Altadena, Ca. 91001  
(626) 229-0993 Head of School: Lauren O'Neill  
website: [www.odysseycharterschool.org](http://www.odysseycharterschool.org)

Pasadena High School  
2925 E. Sierra Madre Blvd. Pasadena, Ca.  
(626) 396-5880 Principal: Gilbert Barraza  
website: <http://pchs.pusd.us>

St. Rita Catholic School  
322 N. Baldwin Ave. Sierra Madre, Ca. 91024  
Principal Joan Harabedian (626) 355-9028  
website: [www.st-rita.org](http://www.st-rita.org)

Sierra Madre Elementary School  
141 W. Highland Ave. Sierra Madre, Ca. 91024  
(626) 355-1428 Principal: Esther Salinas  
E-mail address: [salinas.esther@pusd.us](mailto:salinas.esther@pusd.us)

Sierra Madre Middle School  
160 N. Canon Sierra Madre, Ca. 91024  
(626) 836-2947 Principal: Garrett Newsom  
E-mail address: [newsom.garrett@pusd.us](mailto:newsom.garrett@pusd.us)

Walden School  
74 S San Gabriel Blvd  
Pasadena, CA 91107 (626) 792-6166  
[www.waldenschool.net](http://www.waldenschool.net)

Weizmann Day School  
1434 N. Altadena Dr. Pasadena, Ca. 91107  
(626) 797-0204  
Lisa Feldman: Head of School

Wilson Middle School  
300 S. Madre St. Pasadena, Ca. 91107  
(626) 449-7390 Principal: Ruth Esseln  
E-mail address: [resseln@pusd.us](mailto:resseln@pusd.us)

Pasadena Unified School District  
351 S. Hudson Ave., Pasadena, Ca. 91109  
(626) 396-3600 Website: [www.pusd@pusd.us](http://www.pusd@pusd.us)  
Arcadia Unified School District  
234 Campus Dr., Arcadia, Ca. 91007  
(626) 821-8300 Website: [www.ausd.net](http://www.ausd.net)

Monrovia Unified School District  
325 E. Huntington Dr., Monrovia, Ca. 91016  
(626) 471-2000 Website: [www.monroviachools.net](http://www.monroviachools.net)

Duarte Unified School District  
1620 Huntington Dr., Duarte, Ca. 91010  
(626) 599-5000 Website: [www.duarte.k12.ca.us](http://www.duarte.k12.ca.us)

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**Contact**

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[info@rootsforwellnesscenter.com](mailto:info@rootsforwellnesscenter.com)

Anthony Rodriguez (818) 442-1717  
[anthony@manosdetuenergyhealing.com](mailto:anthony@manosdetuenergyhealing.com)

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## I DIDN'T ORDER THAT, DID I ?

This week's adventure is something that we can all relate to and going out with friends and family — the dreaded bill!

Dining out is certainly one of the delights of life. Disagreeing over how to split a check can be frustrating and downright awkward.

Here's what happened to me recently (really did): We were all done with the meal when a tablemate mentioned he was picking up the tab of someone else's portion of the bill because they treated last time.

OK, that's fine but what happened next was, "Thanks, I am glad you remembered. Let me order after-dinner drinks on us". Wait — "On us"? Sure enough, I was stuck with a portion of the additional bottle of wine. Did I mention it was \$130? What to do?

Here are a few suggestions that I have learned might lessen the burden:

1. Be up front: "I love that restaurant, but this is my budget."
2. While waiters may cringe, tell the server from the beginning that you want a separate bill.
3. Keep track of what you order.
4. Traditionally the person who extended the invitation pays the bill. We all know that is long gone, although my feeling is that the person who



extended the invitation can and should be in charge of the accounting. We know that some of us are more generous than others. If you are the one ordering, you might offer to pay for the entire tip once the bill is evenly split.

All in all, it usually evens out in the end. If it's a few dollars here and there don't worry about it. If the high roller keeps ordering the Patrón shots, tell him 'thanks for the shots. I'll have a bottle waiting for you at my house for the next party.'

If you aren't invited to the next dinner party, it might be for the best!!!

Dining with Dills Radio KLAA AM 830 5 PM Sunday - TV Charter Cable 3 PM Sunday Channel 188 -Twitter kingofcuisine

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## Julie's Favorite Family Recipes

Vegetable Frittata  
Serves: Makes 8 servings.

### INGREDIENTS

1 tablespoon olive oil  
1 medium onion, chopped  
1 medium zucchini, halved lengthwise and cut into 1/4-inch thick slices  
1 small red bell pepper, coarsely chopped  
6 eggs  
1/4 cup milk  
1 tablespoon Italian or Vegetable Seasoning  
2 medium plum tomatoes, sliced  
1 cup shredded mozzarella cheese

### DIRECTIONS

Heat oil in large ovenproof nonstick skillet on medium heat. Add onion, zucchini and bell pepper; cook and stir 2 to 3 minutes or until vegetables are tender.

Beat eggs, milk and Seasoning in medium bowl. Pour into skillet. Cook on medium-low heat without stirring 5 minutes or until eggs are set on bottom. Arrange sliced tomatoes on top of egg mixture.

Sprinkle with cheese.

Broil 4 to 5 minutes or until eggs are set and cheese is lightly browned.

Wrap the skillet handle in foil if it is not ovenproof.

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### NOTICE OF COMPLETION CERTIFICATE OF COMPLETION - CONTRACT CONSTRUCTION File No. 2016-0358396 File Date 03/31/2016

1. The construction provided for pursuant to Construction Contract No. PR 13-1079, dated 01/04/2016, including all approval amendments, between Paul Ghotra, RUS designation OWNER("Owner") and SURINDER SINGH BHOGAL - CONTRACTOR ("Contractor") HAS BEEN COMPLETED AS OF 14<sup>th</sup> January, 2016, and is in compliance with the provisions of the Construction Contract, including all plans, specifications, maps, and drawings and all modifications thereof.

2. Payment in full has been made to all persons who have furnished labor for the Project.

3. The Contractor has obtained valid releases of lien from all manufacturers, material suppliers, and subcontractors furnishing services or materials which were employed by the Contractor in the performance of the Construction Contract, and that such releases have been delivered by the Contractor to the Owner.

4. If applicable, the Final Inventory attached hereto and made a part hereof is a complete and accurate summary of all units of construction in the project and of all work performed in accordance with the Construction Contract.

5. If applicable, the staking sheets and tabulation of staking sheets upon which the Final Inventory is based show the accurate location, number, and kind of all units of construction of the project and show all work performed in accordance with the Construction Contract.

6. All defects in workmanship and materials reported during the period of construction of the project have been corrected.

7. The total cost of the project as completed is One Million Four Hundred Fifty Thousand dollars and 00 Cents.

Dated this 31<sup>st</sup> day of March, 2016

Name of Architect of Engineer, Surinder Singh Bhogal, General Contractor.

Date 03/31/2016

We the undersigned Owner and Contractor, do hereby certify that:

1. The Project has been completed in accordance with the provisions of the Construction Contract, dated 01/14/2016, provided, however, that acceptance of the project by the Owner shall not be deemed to relieve the Contractor of its obligations contained in the Construction Contract with respect to defective workmanship or, materials discovered within one year after the date of completion.

2. If applicable, the Final Inventory attached hereto and made a part hereof is a complete and accurate summary of all units of construction in the Project and of work performed in accordance with the Construction Contract.

Paul Ghotra (Owner)

Name of Contractor:

Surinder Singh Bhogal  
Signed By /s/  
General Contractor

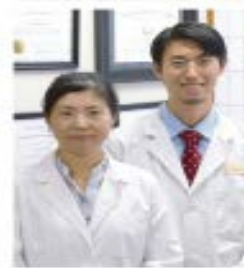
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### NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF GUNTER ANTON SCHREINER Case No. BP167463

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GUNTER ANTON SCHREINER

AN AMENDED PETITION FOR PROBATE has been filed by Leon Kirakosian in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that Leon Kirakosian be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the amended petition will be held on May 11, 2016 at 8:30 AM in Dept. No. 67 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

SILVA BEREJIAN ESQ  
SBN 143076  
KIRAKOSIAN & ASSOCIATES  
108 N BRAND BLVD  
STE 201  
GLENDALE CA 91203-2679

Mountain Views News  
April 23, 30, May 7, 2016

**[www.mtnviewsnews.com](http://www.mtnviewsnews.com)**

CHOOSING AN APPROPRIATE WALKING CANE

Dear Savvy Senior,  
I have severe arthritis in my knee and could use a walking cane to help me get around. Is there anything I should know about canes before I buy one?  
Limping Linda

Dear Linda,  
When it comes to choosing a cane for balance and support most people don't give it much thought, but they should. Walking canes come in hundreds of different styles, shapes and sizes today, so you need to take into account your needs and preferences to ensure you choose one that's appropriate for you. Here are some tips that can help.

**Types of Canes**  
The first thing you need to consider is how much support you need. That will help you determine the kind of cane you choose. The three basic types of canes you'll have to choose from include:  
1. Straight canes: These are basic, single point canes that typically incorporate a rounded "crook" handle or "L-shaped" ergonomic handle. Usually made of lightweight aluminum or wood, most of the aluminum models are adjustable in height and even fold up.  
2. Offset-handle canes: These also are single point straight canes, but come with a swan neck curve in the upper part of the shaft that puts the user's weight directly over the cane tip for added stability. These canes are typically aluminum, adjustable-height and come with a flat, soft grip handle that's easy on the hands.  
Both straight canes and offset-handle canes are best suited for people who have a slight walking impairment.  
3. Quad canes: Also called broad based canes, these work best for people who need maximum weight bearing and support. Quad canes comes with four separate tips (some have three tips) at the base, they usually have an offset flat handle, and can remain standing when you let go of it which is very convenient.

**Fitting the Cane**  
Once you decide on the type of cane, you need to make sure it fits. Stand up with your arms hanging straight down at your side. The top of the cane should line up with the crease in your wrist, so your



arm is slightly bent at the elbow when you grip the cane.  
The cane should also have a rubber tip at the bottom to prevent slipping. A worn or torn rubber tip is dangerous, so check the tip frequently to ensure it's in good condition and replace it when necessary. Rubber tips come in different sizes depending on the shaft diameter, and can usually be purchased in multipacks at your local pharmacy.  
The grip is also very important, so choose one that's ergonomically designed, or one that has a molded rubber or foam grip that's comfortable to hold on to.  
And if you travel much, consider getting a folding cane that can be packed or stored away easily.

**How to Use**  
When using a cane, it should always be held in the hand opposite of the leg that needs support. For example, if your knee pain is on your left side, you should use the cane in your right hand. The cane should then move forward as you step forward with the bad leg.  
If you have to go up stairs, you should lead with the good leg. And when you go down stairs, you should put your cane on the step first and then step down with your bad leg.  
The Mayo Clinic offers a slide show at [mayoclinic.com/health/canes/HA00064](http://mayoclinic.com/health/canes/HA00064) that will show you how to choose and use a cane. It's also a smart idea to work with a physical therapist.

**Where to Buy**  
You can buy canes at drugstores, discount retailers, medical supply stores and online, usually between \$10 and \$50. You'll also be happy to know that Medicare covers canes with a written prescription from a physician.

*Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.*

KATIE Tse.....This and That  
I'M STILL SO GLAD I'M NOT YOUNG ANYMORE!

This article originally appeared in the Mountain Views New several years ago. But after reading an article regarding the difficulty "plus-size" girls have finding prom dresses, I was reminded of how glad that I'm not young anymore!  
Youth is a wonderful thing. The young are mostly healthy, beautiful, and, in middle and upper class America, blissfully unacquainted with the harsh realities of financial self-reliance and a diminishing metabolism. Youth involves rites of passage. Kids learn to drive. Girls get training bras; boys' voices go through a crackling journey to manly tones. Everyone needs to use deodorant, contrary to the belief that "some people don't sweat." And usually somewhere in there is a "formal dance."  
Stopped in traffic by the Arboretum one spring day, I noticed a fashion shoot taking place on a grassy knoll. Five women, in thigh-high halter-top dresses, posed as the photographer fired off rapid shots. After they were finished, the group headed toward some young men in suits and tuxedos. As the women awkwardly stepped into a stretch Hummer it dawned on me. That's not a fashion a shoot -that's someone's prom!  
It goes without saying that proms have changed over the years. My mom enjoys telling how she fooled her date (a well known prankster) by opening the front door in a very dated, dumpy dark turquoise taffeta dress and her Stouffer's waitress shoes (think the Queen Mum). She and her dad got a big laugh after he snapped a picture of the boy's horrified face. She then changed in to her real dress. Yes, things are different these days...  
I have a few regrets about my youth. I wish I had put more effort into my second language courses (although I doubt it would've helped), and I suppose it might've been good to attempt a sport. But one thing I sure don't regret is not going to the prom! I know that sounds bitter and antisocial, but even more than 10 years later I can still say I don't think I missed a thing!  
In the same vein as class elections, proms seemed

to be another means of social exclusion. Every detail of the night involved decisions about who was "in" and who was "out." Who's house do we meet up at? Who's riding in the [fill in the ostentatious vehicle of choice]? Who's sitting at our table? There's only room for eight, so that eliminates [fill in the least-liked classmate]. It gave me a nervous ulcer just listening to it. To drive home the point that prom was overrated, my boyfriend-less friends all complained about their dates' behavior the next day at school. Heck, even some of the girls who had boyfriends complained!  
Of course, another reason I nixed the prom was because I'm cheap. I just couldn't rationalize the cost of the tickets, dress, etc. Even as an unemployed teenager, I had some concept of the value of money. On top of everything else, prom tends to bring out the worst in people -administrators as well as students. There's always a few Yahoo headlines about some poor kid getting kicked out of prom for a dumb reason. Back when I first submitted this article, a boy in the Midwest asked his crush to the prom by writing "Will you go to the prom with me?" on a large poster. And she said "Yes!" Aww! But there was trouble in paradise when the villainous principal banned the boy from the prom because his placement of the sign was against school rules. In response to the national outcry against her decision, the principal finally reneged and allowed the young lovers to attend the prom. It would be one thing if this were an isolated incident, but it seems that every year there's some news story about power-crazed administrators concocting frivolous reasons for excluding students from the prom. One girl was denied admission because she came without a date. It's bad enough if you can't get a date, let alone the school broadcasting it! Like Maurice Chevalier crooned, "I'm SO glad I'm not young anymore!"  
\* Last week I failed to include the address of the Pasadena Museum of History. The Bobbin Winders guild has a wonderful exhibit of fiber arts there until May 15th. The Pasadena Museum of History is located at 470 W. Walnut St. Pasadena, CA 91103.



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SENIOR HAPPENINGS



**HAPPY BIRTHDAY! ...April Birthdays**  
Howard Rubin, Hattie Harris, Mary Harley, Bette White, Dorothy White, Doris Behrens, Freda Bernard, Beth Copti, Terri Cummings, Marilyn Diaz, Virginia Elliott, Elma Flores, Julia Gottesman, Betty Jo Gregg, Barbara Lampman, Betty Mackie, Elizabeth Rasmussen, Maria Reyes, Marian DeMars, Anne Schryver, Chrisine Bachwansky, Colleen McKernan, Sandy Swanson, Hank Landsberg, Ken Anhalt, Shannon Vandeveld  
\* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



**ACTIVITIES:** Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

**Tech Talk:** Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

**Hawaiian and Polynesian Dance Class:** Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

**Bingo:** Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

**Free Blood Pressure Testing:** 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

**Brain Games:** Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

**Free Legal Consultation:** Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

**Balance Class:** No Balance Class due to Martin Luther King Holiday.

**Chair Yoga:** Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

**Case Management:** Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

**Birthday Celebrations:** Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

**Game Day:** Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

**Free Strength Training Class:** Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

**Senior Club:** Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

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The link to my informative and helpful website is:  
<http://jdickey.onlinehealth.news/>

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On the Marquee: Notes from the Sierra Madre Playhouse

THE GLASS MENAGERIE



The Glass Menagerie

by Tennessee Williams

directed by Christian Lebano

Original Music Composed by Jonathan Beard

Written by Tennessee Williams

Directed by Christian Lebano

Original Music Composed by Jonathan Beard

"No ifs, ands or buts - The Glass Menagerie should break your heart."

-New York Daily News

The play that made Williams' career, "The Glass Menagerie" tells the semi-autobiographical story of the Wingfield family, comprised of faded Southern belle Amanda and her two children, Tom and Laura. Tom is a restless dreamer frustratingly tethered to home, while Laura is a shy, crippled girl. At Amanda's urging, Tom brings home a "gentleman caller" for Laura and sets in motion an upheaval that changes all of their lives.

One of the greatest American plays in its first production at the Playhouse.

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Jeff's Book Pics By Jeff Brown



THE FAIRY TALE GIRL

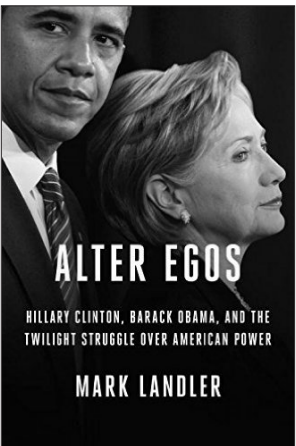
by Susan Branch

It's an enchanting story of love and loss, mystery and magic that begins in a geranium-colored house in California, and ends up, like any good fairy tale, on the right side of the rabbit hole, in a small cottage in the woods on the New England Island of Martha's Vineyard. The book humorously explores Susan's journey as an artist and as a girl/woman, from the 1950s through the 1980s. In the first book of the series we get a revealing view of Susan's early life as the oldest of eight children and the marriage she imagined would be forever; it's filled with inspiration, romance and discovery, and a leap into the unknown. Journey back to the olden days with Susan, to the land of happily-ever-after, where men were men and girls just wanted to have fun. Bring a hankie, we think you might need it.

ALTER EGOS:

HILLARY CLINTON, BARACK OBAMA, AND THE TWILIGHT STRUGGLE OVER A M E R I C A N P O W E R

by Mark Landler



The deeply reported story of two supremely ambitious figures, Obama and Clinton—archrivals who became partners for a time, trailblazers who share a common sense of their historic destiny but hold very different beliefs about how to project American power. Veteran New York Times White House correspondent Mark Landler takes us inside the fraught and fascinating relationship between Obama and Clinton, a relationship that has framed the nation's great debates over war and peace for the past eight years. In the annals of American statecraft, theirs was a most unlikely alliance. Clinton, daughter of an anticommunist father, was raised in the Republican suburbs of Chicago in the aftermath of World War II, nourishing an unshakable belief in the United States as a force for good in distant lands. Obama, an itinerant child of the 1970s, was raised by a single mother in Indonesia and Hawaii, suspended between worlds and a witness to the less savory side of Uncle Sam's influence abroad. Clinton and Obama would later come to embody competing visions of America's role in the world: his, restrained, inward-looking, painfully aware of limits; hers, hard-edged, pragmatic, unabashedly old-fashioned. Spanning the arc of Obama's two terms, *Alter Egos* goes beyond the speeches and press conferences to the Oval Office huddles and South Lawn strolls, where Obama and Clinton pressed their views. It follows their evolution from

bitter rivals to wary partners, and then to something resembling rivals again, as Clinton defined herself anew and distanced herself from her old boss. In the process, it counters the narrative that, during her years as secretary of state, there was no daylight between them, that the wounds of the 2008 campaign had been entirely healed. The president and his chief diplomat parted company over some of the biggest issues of the day: how quickly to wind down the wars in Iraq and Afghanistan; whether to arm the rebels in Syria; how to respond to the upheaval in Egypt; and whether to trust the Russians. In Landler's gripping account, we venture inside the Situation Room during the raid on Osama bin Laden's compound, watch Obama and Clinton work in tandem to salvage a conference on climate change in Copenhagen, and uncover the secret history of their nuclear diplomacy with Iran—a story with a host of fresh disclosures. With the grand sweep of history and the pointillist detail of an account based on insider access, the book draws on exclusive interviews with more than one hundred senior administration officials, foreign diplomats, and friends of Obama and Clinton—Mark Landler offers the definitive account of a complex, profoundly important relationship. As Obama prepares to relinquish the presidency, and Clinton makes perhaps her last bid for it, how both regard American power is a central question of our time.

MAMA GENA'S SCHOOL OF WOMANLY ARTS: USING THE POWER OF PLEASURE TO HAVE YOUR WAY WITH THE WORLD

(How to Use the Power of Pleasure)

by Regena Thomashauer

Relationship expert Thomashauer teaches the lost "womanly arts" of identifying your desires, having fun no matter where you are, knowing sensual pleasure, befriending your inner bitch, flirting (in a way that makes your day, not just his), and more -- because making pleasure your priority can actually help you reach your goals. So if you need a refresher course in fun and you know you do come to Mama.

THE DEEPEST ACCEPTANCE: RADICAL AWAKENING IN ORDINARY LIFE

by Jeff Foster


How can we bring an effortless yes to this moment? How do we stop running from "the mess of life"—our predicaments, our frustrations, even our search for liberation—and start flowing with all of it? In small venues throughout the UK and Europe, a young teacher named Jeff Foster is quietly awakening a new generation of spiritual inquirers to the experience of abiding presence and peace in our ever-shifting world. His informal gatherings, blogs, and kitchen-table video posts have created a rising tide of interest in his teachings. With *The Deepest Acceptance*, Jeff Foster invites us to discover the ocean of who we are: an awareness that has already allowed every wave of emotion and experience to arrive. While Jeff delightfully admits the irony of writing a book to convey something that is beyond words to teach, here he confirms his ability to guide us in unexpected new ways to a space of absolute acceptance and joy, no matter what's happening in our lives. Candid, thoughtful, humorous—and deeply compassionate toward those searching for a way out of suffering—this refreshing new luminary inspires us to stop trying to "do" acceptance ... and start falling in love with "what has already been allowed."

Jeff's History Corner By Jeff Brown

**MOTHER'S DAY**  
The American holiday of Mother's Day was first celebrated in 1908, when Anna Jarvis held a memorial for her mother at St Andrew's Methodist Church in West Virginia. Today St Andrew's Methodist Church now holds the International Mother's Day Shrine.  
Her campaign to make "Mother's Day" a recognized holiday began in 1905, the year her mother, Ann Jarvis, died. Ann Jarvis had been a peace activist who cared for wounded soldiers on both sides of the Civil War, and created Mother's Day Work Clubs to address public health issues. Anna wanted to honor her mother by continuing the work she started and to set aside a day to honor all mothers, because she believed that they were "the person who has done more for you than anyone in the world."  
In 1908, the US Congress rejected a proposal to make Mother's Day an official holiday, joking that they would have to proclaim also a "Mother-in-law's Day". However, owing to the efforts of Anna , by 1911 all US states observed the holiday. In 1914, Woodrow Wilson signed a proclamation designating Mother's Day, held on

the second Sunday in May, as a national holiday to honor mothers. Although Jarvis was successful in founding Mother's Day, she became resentful of the commercialization of the holiday.  
By the early 1920s, Hallmark Cards and other companies had started selling Mother's Day cards. Jarvis believed that the companies had misinterpreted and exploited the idea of Mother's Day, and that the emphasis of the holiday was on sentiment, not profit.  
She organized boycotts of Mother's Day, and threatened to issue lawsuits against the companies involved. Jarvis argued that people should appreciate and honor their mothers through handwritten letters expressing their love and gratitude, instead of buying gifts and pre-made cards. Jarvis protested at a candy makers' convention in Philadelphia in 1923, and at a meeting of American War Mothers in 1925. By this time, carnations had become associated with Mother's Day, and the selling of carnations by the American War Mothers to raise money angered Jarvis, who was arrested for disturbing the peace.

The holiday is now celebrated all over the world



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## BREAKTHROUGH STARSHOT: OFF TO THE STARS WITHIN 20 YEARS?

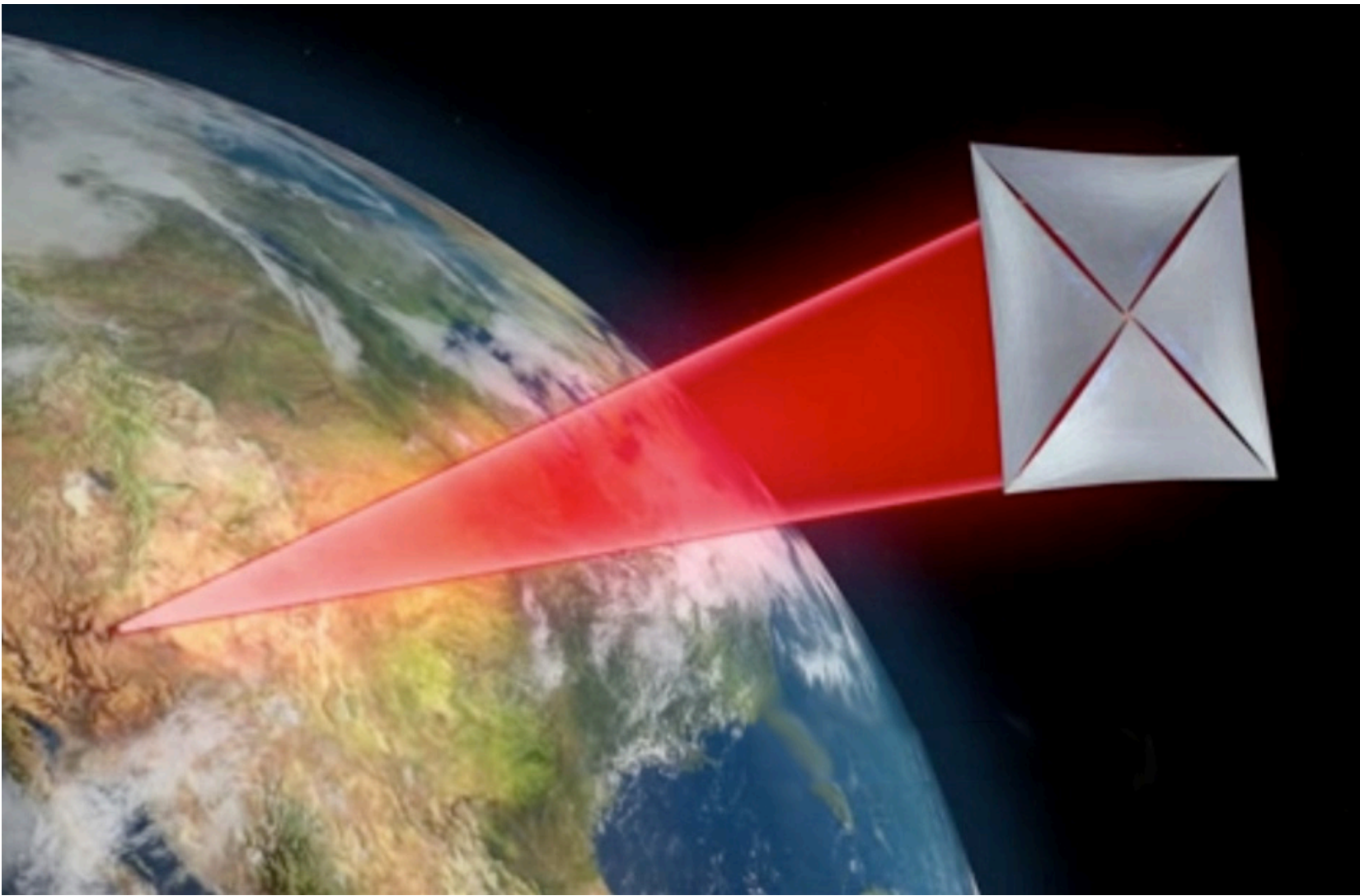
No, it’s not Star Trek yet, but it could be a way to reach the stars within the lifetime of many of us.

The initiative is called Breakthrough Starshot—a research and engineering project by Breakthrough Initiatives to develop a proof-of-concept fleet of light sail spacecraft, called StarChips, capable of making the journey to the Alpha Centauri star system, 4.37 light-years away, at speeds between 20% and 15% of the speed of light, taking between 20 to 30 years to get there, respectively, and about 4 years to notify Earth of a successful arrival. The conceptual principles to enable this interstellar travel project were described in “A Roadmap to Interstellar Flight,” by Philip Lubin of UC Santa Barbara.

The project was announced April 12 by physicist and venture capitalist Yuri Milner and cosmologist Stephen Hawking, who is serving as board member of Breakthrough Initiatives. Other board members include Facebook CEO Mark Zuckerberg. The project has an initial funding of \$100 million to start research. Milner places the final mission cost at \$5–10 billion, and estimates the first craft could launch about 20 years from now.

The Starshot concept envisions launching a “mothership” carrying about a thousand tiny spacecraft to a high-altitude orbit, and then deploying them one by one. Ground-based lasers would focus a light beam on their light sail to accelerate each individual craft to the target speed (1/5 the speed of light) within 10 minutes.

If an Earth-size planet is orbiting within the Alpha Centauri system’s habitable zones, Breakthrough Starshot will try to aim its spacecrafts within 1 Astronomical Unit (93 million miles) of it. From this distance, its cameras could potentially capture an image of high enough quality to resolve surface features. The spacecraft fleet would have about 1,000 spacecraft, and each spacecraft would be a very small centimeter-sized craft weighing a few grams. They would be propelled by several ground-based lasers of up to 100 gigawatts. Each tiny spacecraft would transmit data back to Earth using a compact on-board laser communications system using its sail as an antenna. Having a swarm of a thousand spacecraft would



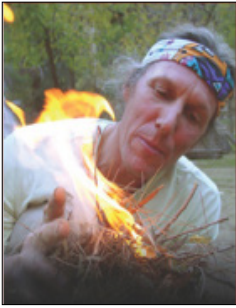
compensate for the losses caused by interstellar dust collisions en route to the target.

The technical challenges are formidable. Light propulsion requires enormous power: a laser with a gigawatt of power (approximately the output of a large nuclear plant) would provide only a few newtons of thrust. The spaceship will compensate for the low thrust by having to have a mass of few grams. The camera, computer,

communications laser, a plutonium power source, and the solar sail must be miniaturized to fit within a mass limit. All components must be engineered to endure extreme acceleration, cold, vacuum, and protons. The spacecraft will have to survive collisions with space dust; Starshot expects each square centimeter of frontal cross-section to collide at high speed with about a thousand particles of size 0.1 micron and up.

Focusing a set of lasers totaling one hundred gigawatts onto the solar sail will be difficult, due to atmospheric turbulence. According to The Economist, at least a dozen off-the-shelf technologies will need to improve by orders of magnitude.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



### CHRISTOPHER Nyerges

#### “THE MEDICINE FINALLY WORKED...

*Some experiences with the Remarkable Aloe Vera Plant*

*[Nyerges is the former editor of Wilderness Way magazine, and the author of 14 books, including “Guide to Wild Foods,” “How to Survive Anywhere,” “Foraging California,” and others. He leads regular outdoor field trips to identify edible and medicinal wild plants. He can be reached at [www.SchoolofSelf-Reliance.com](http://www.SchoolofSelf-Reliance.com) or Box 41834, Eagle Rock, CA 90041.]*

Sometime in late 1978, my mother shared with me an experience she had with the Aloe vera plant. My mother, Marie, was a Registered Nurse who worked at a Pasadena retirement home as the staff nurse. About three months earlier, a housekeeper who lived on-site at the retirement home began to break out in a hive-like rash that caused her to itch constantly. The cause was said to be a nervous condition. The patient’s thighs, back, arms, shoulders, and neck all broke out in this rash, which the patient described as “burning like fire.”

My mother offered to apply the juice of the aloe leaf to the patient’s red spots, but the patient responded, “No, I’ll have the doctor check it.” The doctor came and prescribed Atarax (internally) for the itching and allergies, and cortisone (externally), which was applied as a cream. The doctor also prescribed tranquilizers for sleep.

After about 45 days, the patient, Lucille, told my mother that she still could not sleep at night, and that the rash hadn’t improved. Lucille noted that there was a slight improvement in the rash when she stayed home and didn’t go to work, so Lucille and the doctor assumed this was a nervous condition associated with work.

So my mother, Lucille’s nurse, asked again if she’d like to try some aloe. Lucille responded, “Yes, please, bring me anything!” My mother noted that Lucille’s skin was hot to the touch, and there were big red spots all over.

At 7:30 a.m., my mother took a fresh succulent Aloe vera leaf, slit it open, and rubbed the gel on Lucille’s arms, legs, back, neck – almost her entire body. Lucille said her skin immediately felt better. By 3:30 that afternoon, all the visibly red spots were gone, and Lucille happily told my mother that all of the burning itching was gone. The next day Lucille told my mother that that night was the first night she’d slept in the previous approximately 45 days.

My mother had been somewhat reticent to apply the aloe because she was subservient to the doctor, and could have lost her license by doing something without the approval of the doctor.

When the doctor arrived, Marie told him that Lucille’s rash had cleared up, and she admitted to having applied aloe juice. The doctor was somewhat taciturn as he examined the patient, and, without commenting on the aloe, told my mother, “It’s good that the medicine finally worked.” Really?!

My mother always had a laugh re-telling this story about a doctor who couldn’t see the obvious! Eventually, the other nurses referred to my mother as the “witch-doctor” because she used aloe and various other natural methods of healing, behind the doctor’s back.

Over the years, I had my mother document the many cases where she use aloe to cure various skin condition, on her patients, herself, and even cats.

Marie used aloe for sun burn, burns from hot oil, skin sores, diaper rash, bed sores, even poison oak rash.

In one case, our family cat had a large open ulcer on his thigh – we weren’t sure of the cause, but we presumed that the cat got into a fight. My mother directed me to put some of fresh aloe gel onto the ulcer every day for three day, while also making some of the aloe leaf into a juice which was added to the cat’s water. The wound was completely healed after three days. “It was unbelievable,” expressed Marie, “but it worked!”

My mother’s experiences took place over 35 years ago, and today, Aloe vera is a common household word. You can buy it anywhere, even Trader Joe’s markets. And as the succulent plant was studied and researched all these years, many have come to call it a miracle herb.

The properties of aloe are a broad mix of antibiotic, astringent, pain inhibitor, emollient, moisturizer, antipruritic (reduces itching), as well as a nutrient. It apparently works because of the polysaccharides present, the main one of which is a glucomannan. Others ingredients of the aloe include galactose, uronic acids, and pentoses. The miracle qualities of the aloe is not believed to be the polysaccharides alone, but the synergistic effect of these and other compounds in the leaf.

Obviously, many have tried to create an aloe product that you can buy in the bottle, and some are quite good. I’ve had some good results from the aloe drink that I have purchased at Trader Joe’s market. But please make no mistake about it: the best results come from the gel from the freshly-broken leaf of aloe. And though Aloe vera seems to be the best, any of the juice from any aloe can be used for burns, poison oak, etc.



### OUT TO PASTOR

*A Weekly Religion Column by Rev. James Snyder*

#### I LOST MY MIND BUT I REALLY HAVEN’T MISSED IT

I am notorious for losing things. I do not know what it is about me, but I cannot keep track of anything I own. If you want to lose something and never find it again, simply put it into my trust. I am the king of losing things. My problem is, I do not lose the right things.

Why I am so klutzy in this area is beyond my ability to comprehend. Some of my most treasured items have been lost for all time. Even the other day I lost a lot of time searching for something I could not find. That is the reason I try not to become attached to anything I own.

The Gracious Mistress of the Parsonage has become frustrated many times because of something she gave me and it is now no longer to be found anywhere this side of the blue moon. She has given me lecture after lecture along this line dealing with personal responsibility and as always, I take personal responsibility for losing everything that I have.

What more can I possibly say?

A few things that I have lost I kinda wished I had back. I remember a pocket knife I was quite attached to and headed for quite a while until one day there was nowhere to be found. Believe me, I looked everywhere. Of course, I could not have looked everywhere or I probably would have found it. Why is it that when you lose something you usually find it in the last place you look?

The one question that I ponder more than anything else is, where do things go when they are lost? Is there a particular place where lost things gather and have a party until someone finds them? If there is I would like to know where that place is. Of course, with my luck, that place is lost.

Everything I have lost throughout life I have gotten over. The aforementioned pocket knife, I have replaced at least 27 times. It would be great one day to find all 27 of those lost knives? Then I would march my way to eBay!

I have gotten over just about everything that I have lost and adjusted my life to not having that particular thing. There is one thing, however, that I still have not gotten over.

I am not exactly sure when I lost it, because I did not really use it that much. Oh, once in a while I might have used it, but not very regularly. The thing I am referring to is my mind. I cannot find out or remember the exact date when I lost my mind. I am not sure where I was when I lost it. Maybe if I knew where I was at when I lost my

mind, I could go back and search a little bit and maybe find it.

I know that I had a mind up until I got married. I do remember using my mind up until that point. The thing is, I do not know what happened to my mind after I got married. Where did it go?

Of course the thought is probable that I still have my mind, but I am not using it. It would make sense in a certain regard. But what is my mind doing while I am not using it? Is somebody else using my mind?

For instance. Some people will ask me about something and I usually respond, “Okay, I really don’t mind if you do that.”

Or, “That’s quite all right. I don’t mind at all.” Of course that has its limit. Someone walked up to me on the street the other day and ask if they could borrow five dollars from me. Then, I did mind. Where my mind came from at that point I will never know, but I am certainly glad it arrived on time.

That brought me to the place of thinking that maybe I have not lost my mind. Maybe my mind is hiding somewhere and only appears in emergencies. If that is the case, I really don’t mind.

I remember the old saying that goes something like, “mind over matter, and if you don’t mind it don’t matter.”

Just the other day my wife said, “Do you mind if we go out for supper tonight?”

Now I was in a dilemma. Where is my mind when I really need it?

I did mind, but I could not find my mind and so all I could say was, “I don’t mind if that is what you want to do.”

Where in the world did that come from? I did mind, but my mind was not available to bail me out of an activity closely linked to my wallet.

I think my mind is hiding somewhere and waiting to have a little bit of fun with me. However, I really don’t mind because if I did mind, I would be in so much trouble and my real mind would be so confused that it probably would never mind again.

Actually, I have not really missed my mind.

The apostle Paul had a different twist to this. He said, “Let this mind be in you, which was also in Christ Jesus” (Philippians 2:5).

I may have lost my mind, but my real focus in life is to lose myself in the mind of Christ.

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME NO. VS028327

TO ALL INTERESTED PERSONS:

Petitioner: JACQUELINE L. CABRERA HAS FILED A PETITION WITH THE LOS ANGE-LES SUPERIOR COURT - NORTH CENTRAL JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name:

Proposed Name:

BRYAN CHRISTOPHER HERNANDEZ  
DESTINY JULIEANNE HERNANDEZ  
DAMIAN MATTHEW HERNANDEZ  
DESIREE THERESE HERNANDEZ

BRYAN CHRISTOPHER CABRERA  
DESTINY JULIEANNE CABRERA  
DAMIAN MATTHEW CABRERA  
DESIREE THERESE CABRERA

A HEARING on the petition will be held on 05/04/2016 at 1:30PM in Dept. C at LOS ANGELES SUPERIOR

COURT, NORWALK, SOUTHEAST DISTRICT, 12720 Norwalk Blvd., Norwalk, CA. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

JDC - Mountain Views News  
April 9, 16, 23, 30, 2016

Jacqueline L. Cabrera  
11704 215th Street  
Lakewood, CA 90715  
(562) 278-4577  
Petitioner Appearing Pro Per

ANIMALS IN OUR OWN WORDS

If you happen to cross my path on any given day, and if we happen to strike up a conversation along the way, you can be sure the topic of our talk will be, in some way, related to animals. There is a reason why, after years of working in an office or on a construction site, I chose to occupy my time with the fine furry felines and kind canines in my community. If you ask me, there is nothing more rewarding, nor is there a more prestigious position than that of simply being beside a beloved pet.

I share my feelings and opinions about the importance of animals in this column every week. I imagine there are readers who may think I am quite a character (and perhaps a few other choice adjectives), for the way I refer to pets as if they are part human or part of the family. Well, that's okay with me. I will always stand strong on my conviction that God created the animals for an express purpose far and away beyond feeding us humans.

This week I decided to share a list of quotes from some of my (better-known) fellow animal lovers, including a few words inspired by the Creator Himself. I often subscribe to such quotes and I am pleased that there have been numerous two-leggeds throughout history who've had experiences similar to my own when it comes to appreciating the animals.

Some of these quotes are rather whimsical in nature, others more austere, but they all make a point that I hope will not be lost in interpretation; That the animals have made their mark in a very special way, in our hearts and on this earth. Try to be the steward that God intended you to be. Respect them. Care for them. Love them.

"Animals are my friends...and I don't eat my friends." ~ George Bernard Shaw

"The godly care for their animals, but the wicked are always cruel." ~ Proverbs 12:10 (NIV)

"The greatness of a nation and its moral progress can be judged by the way its animals are treated." ~ Mahatma Gandhi

"Some people talk to animals. Not many listen though. That's the problem." ~ A.A. Milne, Winnie-the-Pooh

"People speak sometimes about the 'bestial' cruelty of man, but that is terribly unjust and offensive to beasts, no animal could ever be so cruel as a man, so artfully, so artistically cruel." ~ Fyodor Dostoyevsky

"I am fond of pigs. Dogs look up to us. Cats look down on us. Pigs treat us as equals." ~ Winston S. Churchill

Happy Tails

by Chris Leclerc



"I ask people why they have deer heads on their walls. They always say because it's such a beautiful animal. There you go. I think my mother is attractive, but I have photographs of her." ~ Ellen DeGeneres

"A dog is the only thing on earth that loves you more than he loves himself." ~ Josh Billings

"Heaven goes by favor. If it went by merit, you would stay out and your dog would go in." ~ Mark Twain

"The assumption that animals are without rights and the illusion that our treatment of them has no moral significance is a positively outrageous example of Western crudity and barbarity. Universal compassion is the only guarantee of morality." ~ Arthur Schopenhauer, The Basis of Morality

"Such short little lives our pets have to spend with us, and they spend most of it waiting for us to come home each day. It is amazing how much love and laughter they bring into our lives and even how much closer we become with each other because of them." ~ John Grogan, Marley and Me: Life and Love With the World's Worst Dog

"Petting, scratching, and cuddling a dog could be as soothing to the mind and heart as deep meditation and almost as good for the soul as prayer." ~ Dean Koontz, False Memory

"I have from an early age abjured the use of meat, and the time will come when men such as I will look upon the murder of animals as they now look upon the murder of men." ~ Leonardo da Vinci

"If a dog will not come to you after having looked you in the face, you should go home and examine your conscience." ~ Woodrow Wilson

"Until one has loved an animal, a part of one's soul remains unawakened." ~ Anatole France

"Love and let live." ~ Chris Leclerc



LOOKING FOR A BEST FRIEND?

Looking for a Best Friend - Yoko

Yoko is a charming 1-year-old black cat who came to the shelter as a stray earlier this year. At only 7.2 pounds, she's fairly petite with soft, short black fur and beautiful golden eyes. While initially a bit shy upon meeting someone new, Yoko is very inquisitive and perks up when visitors stop by the shelter. She's quick to warm up to those who share her affectionate, playful nature and cannot say no to an invitation to play, whether with a string or a jingle ball. Yoko is particularly fond of belly rubs, and enjoys circling around her visitors for pets and snuggles.

In the shelter's Cat Manor, Yoko can be found hopping up the cat wall shelves to find a cozy perch or even keeping herself in top shape by tossing and chasing a toy around. When she's ready for a cat nap, she will daintily carry her toy of choice back up with her to her spot on the shelves. Yoko gets along well with the other cats at the shelter as she is an all around gentle and amiable girl. She would do well in a home with other cats or as a single pet.

Her adoption fee is \$99 and includes spay surgery, vaccinations, microchip and a



free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Yoko. She currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Yoko, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: [www.sgvhumane.org](http://www.sgvhumane.org)

We are always looking for hard working, dedicated animal lovers to join our team to fulfill

our goal of 'Putting People and Pets Together'. If you have what it takes to succeed in our life-saving work, we want to meet you! Check out our employment opportunities at <http://www.sgvhumane.org/career-opportunities/>

2016 calendars are available at the shelter for a \$10 donation. The photos were selected among hundreds submitted by shelter supporters. If you would like to order a 2016 calendar on line, you can stop by the shelter or do so through PayPal.

Go to the shelter website at [sgvhumane.org](http://sgvhumane.org) for more information.

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Social Media Tips, Tricks & Ideas



by: MJ Finstrom

THE FACEBOOK PIXEL

Did you know you can re-engage with people on Facebook who have visited your website. You can create an ad for this audience that drives them back to your website.

You need to install a pixel (a bit of code) on your web site. The pixel lets Facebook know what pages were viewed on your website. You can reach different groups like people who visited a certain page on your website or added an item to a cart but didn't purchase.

You probably have experienced this in your own Facebook feed. For example, you visit a website that sells red shoes. You leave the site and sign into Facebook later. An ad for the same red shoes will show up on your Facebook feed directing you back to the website. This is called remarketing.

Once you have the pixel in place, you can create ads on Facebook that reach your website visitors.

You can also reach even more people by creating what is called a look-a-like audience. The look-a-like audience allows you to create a new audience that is similar to the people who have visited your website.

These people have similar traits and interests.

Facebook's ad model is impressive but set your expectations. It takes time to bring in new customers. It takes content and images that get lots of engagement and you need to be consistent and have a strategy. New customers take a lot longer to convert than existing customers who already know you.

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. "Like" them on Facebook at [www.facebook.com/hutdogs](http://www.facebook.com/hutdogs). Sign up for their upcoming workshops at: [www.hutdogs.com/workshops/schedule](http://www.hutdogs.com/workshops/schedule)



FAMILY MATTERS

By Marc Garlett



PROACTIVELY PLANNING REDUCES THE IMPACT OF CARING FOR ELDERLY FAMILY MEMBERS

Much has been written about our nation's need to help mothers in the workplace. Many benefits, such as maternity leave and nursing stations, are present or well on their way towards implementation in many U.S. states. With employees working later in life, due, in part, to the rise in the regular Social Security retirement age, it is becoming increasingly important that we start to talk about the crisis facing the other end of the spectrum: America's working daughters, many of whom are also mothers.

According to the Census Bureau, 44 million unpaid eldercare providers work in the U.S. Many of these people are family caregivers: The Bureau of Labor Statistics reports that in 2013-2014, "[t] here were 6.3 million elder care providers who cared solely for someone with whom they lived." The impact on working daughters is significant.

In addition to lost wages, Social Security and retirement benefits drop when women earn less due to caregiving responsibilities. And that's only for the women who are fortunate enough to stay in their current positions. Many must quit their jobs or take less demanding, lower-paying work so that they can care for their elderly family members.

By planning in advance, you can mitigate the risk that caregiving an elderly parent will have on your family.

It begins with getting comfortable talking with your parents (or your children if you are in the senior generation), openly and honestly about late in life care. When families work together there doesn't need to be a burden, but instead the whole family can create a plan that most effectively uses the family's resources to create an outcome that supports everyone.

We can look at these issues proactively with your family during a Family Estate Planning Session, which is what sets us apart from other law firms which are typically only focused on creating legal documents to pass on financial assets after you (or senior family members) die.

When handled the proactive way, however, estate planning is not just for the wealthy; it's for all families who want to work together to use their resources in support of intergenerational well-being.

Dedicated to your family's health, wealth, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit [www.GarlettLaw.com](http://www.GarlettLaw.com) for more information.

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### Mountain Views News Mission Statement

The traditions of community newspapers and the concerns of our readers are this newspaper's top priorities. We support a prosperous community of well-informed citizens. We hold in high regard the values of the exceptional quality of life in our community, including the magnificence of our natural resources. Integrity will be our guide.

## RAGING MODERATE by WILL Durst



### URNS OUT TRUMP IS RIGHT A LOT

As evidenced by his hair, Donald J. Trump is pretty much wrong all the time. Every time. About

everything. Except when he isn't. One example is, should he become president, Mexico indeed will build a wall - to control our immigration. "Get me the hell out of here. Por favor?" Hell, Canada might have to build one as well. "Hey, let me in dere, ya hoser. S'il vous plait, eh?" Trump is also right about America becoming more religious under his reign, because upon his election, people are going to start praying, "like you wouldn't believe." All over the world. The seismic shock caused by millions dropping to their knees on January 21st might crack open a chasm in the planet deep enough to swallow a few of the Seven Seas.

After being aced out by Ted Cruz for all the Colorado and Wyoming delegates, Trump flailed like a boat- bound goose trying to fly south with its feet nailed to the deck, screaming all the while about the system being rigged.

You know what? He's right about that one, too.

It's finally sinking in - this isn't about democracy. This is much more important: this is party politics. In an effort to keep their voices preeminent, the bigwigs have rigged and rerigged the system like a 30-year-old trailer park sound system.

On the other side of the aisle, Bernie Sanders is hearing similar ugly distortions. He's finding the Dems have rules more shady, murky and malleable than a catfish trap in the Mississippi Delta made out of cellophane. Perhaps this helps to explain why the Vermont senator eschewed becoming a Democrat until recently.

The Donald also occasionally stumbles into the lobby of the Correctomundo Hotel by embracing such a variety of stances that it wouldn't be surprising to find Trump University offers a course that teaches the Art of the Blind Squirrel!

Nut Finding Deal.

First he supported an assault weapons ban and background checks, then turned against them. He told Larry King he was a fan of universal health care, and now, not so much. The man has adopted more positions than a ballet dancer on a cruise ship, sometimes during the same interview.

He calls his 180-degree head snapping turns "evolving." Ever since Ronald Reagan characterized his conversion from Hollywood liberal as an "evolution," that's the go-to, buzz-word for politicians. People don't change their minds anymore. They evolve. Over time. Even people who don't believe in evolution, evolve.

Since 1999 Trump has gone from Republican to Independent to Democrat to Independent to Republican again. He's the centrifugal candidate. Started out pro-choice, became anti-choice and now seems to be multiple-choice. And why do his supporters love him? Because he tells it like it is.

No matter what side of an issue you're on, Trump has been there, done that. Less of a Man for all Seasons than a Man for all Reasons. A businessman too comfortable with the lesions of treasons. Whoa. Too much?

And now Paul Manafort, the shiny new senior advisor, told GOP insiders Trump is simply playing a role and will tone it down for the general election. Trump must be praying that we the voters will totally forget to play our roles of people who can't stand him.

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Will Durst is an award-winning, nationally acclaimed columnist, comedian and former Pizza Hut assistant manager. For sample videos and a calendar of personal appearances including his new one- man show, Elect to Laugh: 2016, appearing every Tuesday at the San Francisco Marsh, go to [willdurst.com](http://willdurst.com).

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## DICK Polman



### HILLARY CAN SHOW BERNIE HOW TO LOSE WITH GRACE

Despite repeated pummelings - four more losses Tuesday night, including a blowout in Pennsylvania - Bernie Sanders still can't find the high road on his mental GPS. He's still steamed that Democrats have the temerity to run Democrats-only primaries (he's not even a Democrat), says he's gonna win in irrelevant West Virginia on May 10 and continue to battle at the convention to the bitter end.

Perhaps, if Bernie is at all interested in losing with grace and class, in uniting with his victorious foe for the most existential crusade of our era - preventing an unhinged racist demagogue from owning the nuclear codes - he will take a moment to read what Hillary Clinton said to her disappointed followers on June 7, 2008.

The primary season had ended four days earlier. She had virtually split the nationwide popular vote with Barack Obama, but she fatally trailed in the delegate count. Her delegate deficit was actually far smaller than Bernie's current deficit, but did she whine about "rigged" primaries? Nope. Did she have the gall to insist, as Bernie did on Monday, that her victorious foe surrender to her issue agenda? Nope. Here's a small sampling of what she said:

"The way to continue our fight now, to accomplish the goals for which we stand, is to take our energy, our passion, our strength, and do all we can to help elect Barack Obama, the next president of the United States. Today, as I suspend my campaign, I congratulate him on the victory he has won and the extraordinary race he has run. I endorse him and throw my full support behind him. And I ask all of you to join me in working as hard for Barack Obama as you have for me."

That's the way to do it. You face reality, and eat humble pie for the greater good.

The big question is not whether Bernie is toast - that's been obvious for weeks (he's losing the national popular vote by 57 to 43 percent, which in electoral parlance is known as a landslide). The real question is whether Bernie will stand down in a graceful manner. We're still six weeks away from the final contest, so there's time.

Right now, however, we're getting mixed signals. Tad Devine, a strategist in the Bernie camp, signaled the press early Tuesday that his candidate is prepared to "reassess." But on the same day the Bernie

camp sought new donations by emailing a photo of the Clintons at Trump's wedding.

The candidate himself said Tuesday night he's proud of winning minuscule Rhode Island, "the one state with an open primary." He's stoked for "the 14 contests to come" and is vowing to fight at the July convention for the issue agenda that's losing decisively at the ballot box. (Here's what I mean by decisive: In the Pennsylvania exit polls, 52 percent said the nominee should "continue Obama's policies." Only 32 percent said the nominee should "change to more liberal policies.")

So we'll see which way Bernie plays it. As an outsider, a western European-style socialist who merely caucuses with the Democrats, he's comfortable with defiance. On TV the other night, he insisted that it's "incumbent" upon Hillary to make the first move toward winning over his fans. Which is quite cheeky, given the fact that she's the winner and he's the loser.

On the other hand, Bernie has been an inside-the Beltway politician for the past quarter century. If the Democrats win back the Senate this fall, presumably he would very much like to chair the Senate Budget Committee next year. Despite all his self-righteous thunder, he knows how to do deals. He hinted as much the other night, on MSNBC, when he said, "I will do everything in my power to make sure that no Republican gets into the White House in this election cycle."

If he wants to stay in the race through California, fine. And if he stops trashing Clinton on the stump, and hoses down Tim Robbins and his other celebrity dilettantes - that's when we'll truly begin to know whether he's doing everything in his power to kill the Trump poison before it fatally infects this country.

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## LEFT TURN/RIGHT TURN

### HOWARD Hays As I See It



"Always leave the campsite in better shape than it was when you found it."  
- Something I remember from the Boy Scouts

On a progressive website, an older-but-wiser Democrat gave youngsters feeling the

Bern some sage advice. He wrote how he sat out the 1980 election after his favorite, Ted Kennedy, failed to take the nomination from Jimmy Carter, while a friend voted for John Anderson. Knowing he can't turn back the clock and undo the damage, he now implores Sanders supporters not to make the same mistake he made once the Democratic nominee is chosen in Pittsburgh this July.

On the Republican side, Sen. Ted Cruz (R-TX) insists his tax plan, costing \$8.6 trillion over ten years with half the benefits going to the top 1%, would spur growth not seen in thirty years. Donald Trump makes fun of the way Gov. John Kasich (R-OH) eats pancakes. The Koch Brothers have joined a growing list of Republican luminaries suggesting they won't be going anywhere near their party's convention in Cleveland.

Watching TV, you'd think election news was the only news - but meanwhile, the Obama Administration continues to make history.

While the president was overseas meeting with European and Saudi leaders on Earth Day last Friday, Secretary of State John Kerry joined representatives of 174 other nations in signing the accord reached at the U.N. Conference on Climate Change in Paris last December to keep global warming below 2 degrees (C) above pre-industrial levels. It was the largest such signing at a U.N. opening session ever. Michael Brune, Executive Director of the Sierra Club, called it a "turning point for humanity and a permanent shift toward a 100 percent clean energy economy". Republicans, of course, now are trying to block our contribution to the Green Climate Fund, part of the deal to help developing countries with their green technology projects, and they insist the accord won't work, anyway. In refusing to accept science, they remain at odds with the governments (liberal and conservative) of all other developed countries, all the world's major scientific organizations, over 97% of its scientists and 90% of Americans polled on the subject.

As for the tax dodgers I wrote about last week, with Republicans determined to cripple the IRS' ability to go after them, the president and his administration are taking care of business themselves. New regulations were enacted on "corporate tax inversions", where an American company partners with one in a low-or-no tax country overseas as a tax dodge. Treasury Secretary Jack Lew explained the new rules would "meaningfully reduce the

economic benefit" of the scam and the related "earnings stripping", where profits are shifted to the overseas partner while corporate debt is booked over here - where the interest on it becomes tax deductible. The scams have been costing us some \$30-\$90 billion a year in lost revenue.

Last year, President Obama warned that "For you to continue to benefit from that entire architecture that helps you thrive, but move your technical address simply to avoid paying taxes, is neither fair, nor is it something that's going to be good for the country over the long term." Seeing the new rules put in place, drug giant Pfizer announced earlier this month it had second thoughts and is now abandoning plans to hook up with Irish drug maker Allergan, and will instead be paying Allergan a \$150 million "break-up fee".

As this was happening, the Department of Labor was reporting that "companies have been hiring at a pace not seen before in this century, and wages are rising faster than inflation", and that the "215,000 jump in payrolls capped the best two-year period for hiring since the late 1990s". This report came about the same time as a new Gallup poll showing the president's approval at 53%, its highest in over three years. Six months ago, party affiliation was even - with those identifying as Democrats or Republicans split at 42% each. Now, it's shifted with 46% identifying as Democrats and 40% as Republicans.

With all the non-election news going on, the president last week found time to answer the letter of 8-year-old Mari Copeny, who'd written to ask for "a chance to meet with you or your wife" when she came to Washington along with busloads of other residents of Flint, Michigan to be there for the hearings on the water crisis - although "my mom said chances are you will be too busy with important things".

The president wrote back, "You're right that Presidents are often busy, but the truth is, in America, there is no more important title than citizen. And I am so proud of you for using your voice to speak out on behalf of the children of Flint." The president let Mari know that rather than her having to return to Washington, he'd be coming to Flint next month to personally meet with her and other members of her community.

On Earth Day, I think of the "campsite" in the opening quote as our planet, and its admonition as a purpose for whatever length of time we're able to camp out on it. Regarding the consequences of voting, I recall that one of Ronald Reagan's first acts as president was removing the solar panels Jimmy Carter had installed on top the White House.

The campsite could also be an analogy for the Oval Office, with the quote describing a goal for whoever moves in. Whoever it is that does set up camp there come January, however, they're going to have an awfully tough act to follow.

## CHRISTINE Flowers

### TED CRUZ, THE DESPERATE MAGICIAN



Imagine if I toured Pennsylvania wearing a crown, going from every diner to gas station announcing myself as Miss Pennsylvania, even though I never participated in the pageant or won anything.

The point I inartfully am trying to make is that one does not put the cart before the horse, especially if one's horse is three steps away from the glue factory.

Which brings me to Ted Cruz. The Republican presidential candidate, who is trailing Donald Trump in both delegates and the popular vote, is not only not throwing in the towel, he is wrapping it around his head like a turban and pretending to be a magician who will - poof! - extract a convention victory out of Carly Fiorina's mouth.

On Wednesday afternoon, Cruz announced that Fiorina would be his vice presidential running mate in the general election, which he has apparently convinced himself he will compete against either Hillary Clinton or the person who hires a member of the Salvadoran drug gang mS-18 to kidnap the former secretary of state and keep her incommunicado until November. Because, essentially, that is the only way Hillary "Make Sure You Don't Forget the Rodham" Clinton will be AWOL come autumn. She is inevitable.

Cruz, on the other hand, is far from inevitable. His numbers, while better than Ohio Gov. John Kasich's, are nothing compared with Trump's juggernaut. And while the political honchos are still weaving scenarios in which there could be a contested convention and Cruz could snatch the nomination from Trump, those of us who are not hitting our heads against the Looking Glass have sadly come to realize it will be a Trump-Clinton contest. This is sort of like the "Rumble in the Jungle" between Muhammad Ali and George Foreman, only with more testosterone.

When I watched the senator from Texas announce his VP choice, I was perplexed. Don't get me wrong. I think Fiorina is magnificent. During the early debates, she wiped the floor with whoever else was on stage with her, and she held her own with Trump when he went on one of his misogynistic rants about her face.

And yet, that is an irrelevancy, which everyone except Trump seems to understand. The way a woman looks should have no bearing on the way she is perceived by voters, and I say this as a person frequently told she needs a drastic makeover (so you could only imagine what I'd get if I ran for public office.) Many people have also attacked Fiorina's business record, continually pointing to the massive job losses suffered at Hewlett-Packard on her watch.

But most of those who have examined her history both at H-P and in the business world in general have a strong and positive opinion of her abilities. Furthermore, her intelligence is awesome, and she easily dwarfs 90 percent of the people still in the election (her new running mate being the possible exception) when it comes to brain power.

And yet, it is strange and premature to be talking about what a great vice president Fiorina would be - and I think she'd be a great one - when the person at the top of her purported ticket has little to no chance of becoming the presidential nominee in July.

This does not mean that I don't want him to be the nominee. I'd take anyone over Trump, at this point, including the barista at my local Starbucks who finally figured out my name is spelled with a "Ch" and not a "K." The kid clearly has a steep learning curve, but he's learning. I can't say the same for Trump.

With Cruz, I know I'll be getting smart, and, with Fiorina, I know I'll be getting tough. They would make a formidable team. But the premature announcement looks like a Hail Mary pass made by a kid in the Pop Warner league to his mother. It looks juvenile, amateur and desperate.

Or, it could just be that magical thinking I was talking about, where you steal a crown and start parading around as the winner, despite all the evidence to the contrary. And that just makes you look crazy.

Which doesn't usually win elections. At least, not up till now.

© 2016 Christine Flowers. Flowers is an attorney and a columnist for the Philadelphia Daily News, and can be reached at [cflowers1961@gmail.com](mailto:cflowers1961@gmail.com).





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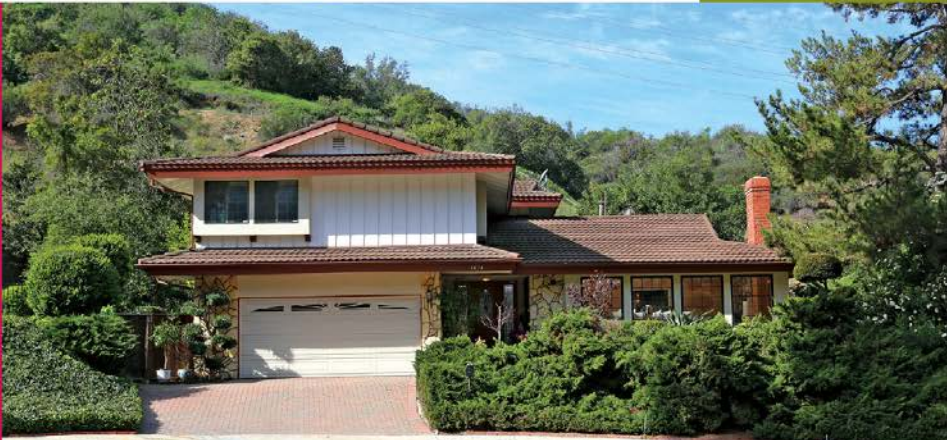
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