

HAPPY MOTHER'S DAY!

Mountain Views News

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Sierra Madre — Arcadia — Pasadena — Altadena — Duarte — Monrovia

SATURDAY, MAY 7, 2016

VOLUME 10 NO. 19

LANE CLOSURES: Foothill Boulevard Between Michillinda and Santa Anita Aves, Both Directions, May 9th - Mid August

Use Alternate Routes

Construction is set to begin along Foothill Boulevard between Michillinda Avenue and Santa Anita Avenue, on Monday, May 9, 2016. This rehabilitation project will run through mid-August 2016 and will include repairs/improvements to the roadway, medians, curbs, and sidewalks.

During construction, there will be periodic lane reductions from two to one lane in both the east and westbound lanes. There may be delays in both directions. The construction will take place during daytime hours. Unfortunately, the lane closures may impact commuter traffic due to curing concrete. Please use alternate routes as traffic will be heavy during peak travel times.

SIERRA MADRE NEWS BRIEFS

2016 OLDER AMERICAN RECEPTION - Friday, May 13, 2016

Each year the president of the United States, the governor of California and the Los Angeles County Board of Supervisors designate the month of May as Older American Month. In recognition of 2016 Sierra Madre Older American of the Year Ann Tyler, the City will be hosting a special reception at the Hart Park House Senior Center from 4:30-6:00PM.

BRUSH AWARENESS - TUESDAY, MAY 17, 2016

The Sierra Madre Fire Department will host a Brush Awareness Event from 6:00 - 9:00PM in City Hall Council Chambers. Sierra Madre firefighters will discuss fire prevention and safety for residents who reside in the High Severity Fire Zone.

INTERACTIVE TOWN HALL ON THE STATE BUDGET - SATURDAY, MAY 21, 2016

In collaboration with "NEXT 10," Assemblymember Chris Holden is hosting this free event where you have a say in putting together a budget while learning how our California state budget works! The event will take place from 10:00AM- 12:00PM at the Alexander Hughes Community Center in Claremont.

PLANNING COMMISSION VACANCY

There is currently a seat available on the Planning Commission. Applications will be accepted until July 2016, or such time that the City Council receives three qualified candidates.

The Planning Commission is a seven-member volunteer citizen body. It conducts public hearings and makes decisions and/or recommendations on a variety of land use applications, including use permits, variances, General Plan amendments, zone changes and subdivision maps. The Planning Commission is responsible for the City's long-term planning, and serves to review and study other such land use and planning issues as assigned by the City Council. Applications are available online at the City's website. Applications for vacancies to the Planning Commission are forwarded to the City Council for consideration and final appointment. Commissioners are appointed to four-year terms and are eligible for re-appointment for a consecutive second term; serving an eight year maximum.

PETE SIBERELL - SIERRA MADRE 4TH OF JULY GRAND MARSHAL & HOMETOWN HERO

The volunteers of the Sierra Madre 4th of July Committee are pleased and excited to announce that the 2016 Fourth of July Parade Grand Marshal will be Sierra Madre's man of many hat's Pete Siberell. "The Grand Marshal is a person or persons whose efforts over a long period of time has been beneficial to the community of Sierra Madre. The title of Grand Marshal is intended to honor a person or persons' volume of work, dedication and overall enhancements to our community." Pete has demonstrated time and time again he is the Spirit of Sierra Madre.



Since moving to Sierra Madre over 20 years ago Pete has been active in the community. He been a community leader with Sierra Madre Little League serving as President for 3 terms, a 2 terms Library Board of Trustees, head of the Mt. Wilson Trail Race Committee for close to 20 years, and much more. He was also on the board of the former Arcadia Chapter of the American Red Cross and he was Sierra Madre Chamber of Commerce's 2007-08 Citizen of the Year. Pete is also currently on the board of directors of the Pasadena Humane Society, a position he is very passionate about. Pete cares deeply about Sierra Madre and continues to give back every chance he can. Pete is the Spirit of Sierra Madre. Pete, his wife Marianne and two college age sons still happily give back to Sierra Madre ever chance they get.

Additionally, the Committee is proud and honored to announce that the Kristine Lowe has been selected as a "Hometown Hero". A lifetime Sierra Madre resident Kris Lowe is a wellloved member of the Sierra Madre community. A retired Captain for the Sierra Madre Volunteer Fire Department (SMVFD), she served the community for over 15 years. She continues to volunteer her time to her community through charitable events such as the Friends of the Library Wine Tasting, Wistaria Festival & the SMVFA. She is also the newest member of the Sierra Madre Community Foundation. Kristine is currently a teacher with the Glendale Unified School

District, and the coordinator for the Public Safety Academy at Hoover High School, a program which certifies youth for disaster preparedness and emergency response. She truly is preparing the next generation of heroes.

The Committee is also pleased to announce the Official Sponsor of the 2016 Parade is The Kensington. The Kensington-Sierra Madre is an assisted living and memory care residence in the heart of Sierra Madre. The committee and community join us in thanking them for their partnership this year as we work together to bring the community and outstanding All-American Celebration.

For more information on all of the 4th of July Festivities, please visit www.sierramadre4thofjuly.com.

INVASIVE AEDES: IS YOUR BACKYARD A HUB FOR MOSQUITOES?

By Benjamin Waswa, SGV Vector Control

The San Gabriel Valley has been a hot spot in Los Angeles County for Aedes albopictus since it was first discovered in El Monte by Marc Mitchell in 2011. Since then, The San Gabriel Valley Mosquito and Vector Control District's ("District") field staff has tirelessly battled this significant new nemesis. The District is part of a statewide system of agencies that were formed originally in the early 1900s to combat malaria. Presently they continue to protect public health against diseases caused by mosquitoes. To help achieve this, the District focuses on reducing the population of mosquitoes; its vector control specialists ("Specialists") are generally at the forefront.

Since mosquitoes and the viruses they transmit proliferate more rapidly with warm weather, as summer approaches the District's Specialists gear up for each year for an "endless summer." When it is warm immature mosquitoes (larvae and pupae) develop quickly and flying adults are more active, feeding and reproducing more frequently. When there is a large population of adult mosquitoes, it is more likely that they will feed on humans, and the possibility that they may transmit diseases increases.

A day in the work life of a Specialist involves implementing an integrated approach to controlling vectors which encompasses mapping larval habitat, surveys to detect mosquitoes, and removing sources of standing water. They might apply pesticides specific for the life stage and species of vector, but most importantly they are educators. As invasive Aedes become more prevalent, to fulfill their mission the District's Specialists are asking residents to also engage in control efforts.

To control invasive Aedes residents must adopt a new way of doing things. Invasive Aedes bite very aggressively during the day unlike the common mosquitoes most Californians are used to. They develop in containers of water as small as a bottle cap; this makes them difficult to find during routine inspections.

Generally, when the District's Specialists respond to requests for service, residents are surprised that they have sources of mosquitoes in their own backyard. An unfortunate comment heard too often by Specialists is, "I hardly visit my backyard." "This confession should be a wakeup call to all our residents, because what is biting you could actually be in your own backyard," says the District's Operations Manager Melvin Cook. Invasive Aedes pose an additional challenge. Even when sources of water are emptied, a backyard might still be a 'hub' for mosquitoes because of the eggs invasive Aedes leave behind. These eggs can resist drying for many months and hatch when they again come in contact with water. Thus a conscientiously emptied container must not be left where it might be re-filled by water sprinklers because if this occurs, the eggs will hatch and a breeding habitat will once again be created.

As a best practice, the District promotes scrubbing container walls with soap before discarding them. Finally, residents should also wear appropriate clothing and apply mosquito repellent according to the label when outdoors.

The threat of invasive Aedes cannot be ignored. Controlling them will require a change of behavior, something the District and the residents they serve must face together.

The Friends of the Sierra Madre Library Present

54TH ANNUAL SIERRA MADRE ART FAIR

Saturday, May 7, 2016 - 9:30 a.m. to 6 p.m.
Sunday, May 8, 2016 - 9:30 a.m. to 5 p.m.

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Mosquitoes

INVASIVE Aedes

Aedes albopictus - Asian tiger mosquito
Aedes aegypti - Yellow fever mosquito
Aedes notoscriptus - Australian backyard mosquito

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SHARE SOME GOOD NEWS!

"The Kindness of Strangers" feature encourages readers to share their stories. I can assure you, they will be uplifting especially in contrast to all the challenges and issues we have to deal with daily. So, if you have something you would like to share, please submit it to: editor@mtnews.com. It doesn't matter where you

-Susan Henderson, Editor/Publisher MVNews

Walking Sierra Madre...The Social Side

by Deanne Davis

"Mama was my greatest teacher, a teacher of compassion, love and fearlessness. If love is sweet as a flower, then my mother is that sweet flower of love."

Stevie Wonder

Mother's Day is Sunday. You've still got time to buy your mom a card and, guys, the mother of your children deserves one, too. My mother (pictured here with daughter, Crissy) is in heaven now and so is my mother-in-law, the lovely and loving Leila Jamison Davis - a woman who embraced me and loved me the very first time she set eyes on me and ignored the fact that I had runs in both stockings and was wearing a really pooped corduroy suit with a terribly baggy, rump-sprung skirt. My husband, the very thoughtful John, told me shortly before we left work that we were going to meet his parents that night with no warning at all. So, daughter, Leah and I will be taking the only mother we have left, her mother-in-law, Elaine Holmgren, a charming and delightful lady of 94, down to the Cheesecake Factory for a slice of cheesecake and a split of champagne.



Exceptional mothers are all around us. Many of them are our own personal daughters. If you know an exceptional mother...and let's face it, anybody who can deal with a five year old who is having a tantrum because her favorite outfit is still in the wash, without losing her temper, is an exceptional mother. If you know an exceptional mother, buy her a card, a flower, a glass of wine and a piece of cheesecake, tell her she's amazing and you appreciate her.

Having just returned from a twelve day visit to Wylie, Texas to visit our youngest daughter, and exceptional mother, Crissy, her husband, Chris, and their two little girls, Jessie and Emily, I am happy to report that East, West, Sierra Madre is best! Wylie, Texas was the recipient - about four weeks ago - of one of the worst hailstorms in their history. In fact, Crissy's pastor at the First Baptist Church of Wylie - a splendid young man and terrific preacher, Kris Segrest, who rode his Harley right up onto the platform when he first arrived as pastor...but that's another story...said the community was thinking of changing their name from Wylie to Blue Tarp as practically every house has a blue tarp on the roof covering up damage from the softball-sized hailstones. Yes, softball-size! Windows in practically every house are boarded up, folks are staying with friends, in hotels and anywhere they can find shelter. However, Wylie has shown itself to be a community of compassion, friendship, and help. Walmart has donated food galore, a local car dealership has made available miles of blue tarp and neighbors are meeting and helping neighbors they've never met before. Chris and Crissy will need a new roof as will practically everybody else in Wylie, but at least they don't have holes in theirs. We may have an occasional earthquake, friends and neighbors, but we sure don't have to worry about softball-sized hail falling on us.

What a weekend we have ahead! The Kentucky Derby is Saturday and should be an exciting race. Here's something you might not know: Only ten

jockeys in Kentucky Derby history have won three or more times and three of them are in this year's race - Gary Stevens, Kent Desormeaux and our own Victor Espinoza - the 2015 Triple Crown winner, who will be aboard Whitmore. Fingers crossed that Victor wins his fourth Kentucky Derby.

Saturday morning is the Fire Department's annual pancake breakfast starting at 7:00 a.m. and they're suggesting a \$5 donation. Seriously? \$5 for all the pancakes and sausage you can eat? And Coffee? And juice? What a deal!

The 54th Annual Sierra Madre Art Fair, put on by the Friends of the Sierra Madre Library, will kick off in Memorial Park (322 W. Sierra Madre Blvd.) on Saturday, May 7, from 9:30 a.m. to 6:00 p.m. and continue Sunday, May 8, from 9:30 a.m. to 5:00 p.m. Don't miss this. The Fair will showcase 80 artists, including Featured Artist Sarah Moore. Her work is fabulous and I'm so hoping that the guy who was there a couple of years ago with the hand blown glass pumpkins will be back. I'm still kicking myself because I didn't buy one then. There will be music - I'm really jazzed about this: Bravo Celli the teen cello trio I talked about a few weeks ago right here will be playing Sunday from 10 a.m. to noon on the Southeast Lawn. Food galore, too. Proceeds will benefit our own fabulous library.

Enjoy this beautiful weekend filled with sunshine and absolutely no softball-sized hailstorms anywhere in our future. Good luck, Victor!

My book page: Amazon.com: Deanne Davis
Blog: www.authordeanne.com

"Tablespoon of Love, Tablespoon of Laughter" is available there and would be a great Mother's Day gift.

JULY 4TH PARADE REGISTRATION NOW OPEN

Sierra Madre, CA. - May 4, 2016 - The beloved community tradition is back for another year! The Sierra Madre 4th of July Parade is an all-American celebration taking place in an All-American City. The parade, held every year to honor our nation's independence, will be part of a full schedule of events taking place over the holiday. It will feature performers, classic cars, marching band, youth participants on festive bikes and so much more. Members and organizations from around the community are invited to participate in the parade, taking place from 10:00am - 12:00pm on Monday, July 4, 2016.

application fee for this year's parade has been waived thanks to a generous donation from the event's title sponsor, The Kensington.

Registration is now open. Applications must be submitted by Wednesday, June 1, 2016. Due to staging concerns, late entries will not be accepted. The parade registration form can be found online at: <https://sierramadre4thofjuly.wordpress.com/parade/>. To ensure your application is accepted, please be sure to complete all fields in the form before clicking the page's 'submit' button.

For more information about the parade or registration, please contact the 4th of July Committee at: 4thofjulysiemradre@gmail.com or call the Sierra Madre Community Services Department at: 626.355.7135.

Don't forget to share your best photos from the event on Instagram using #sierramadre4thofjulyparade or tag us @cityofsierramadre!

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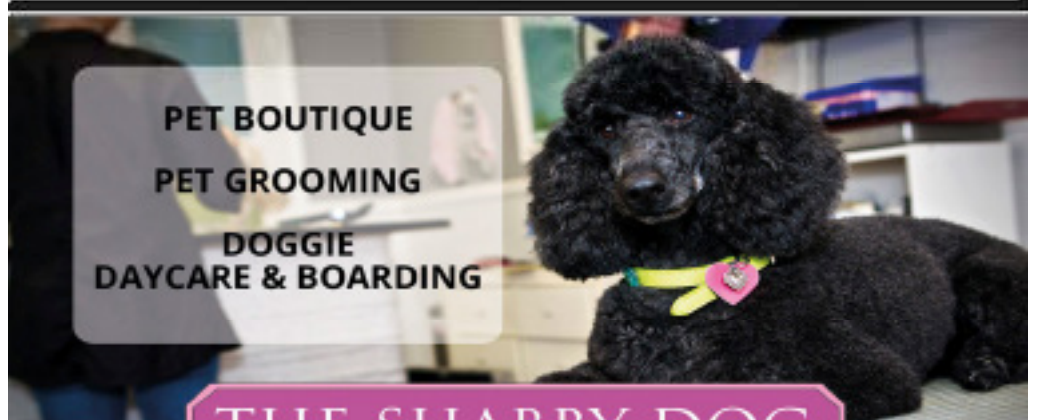
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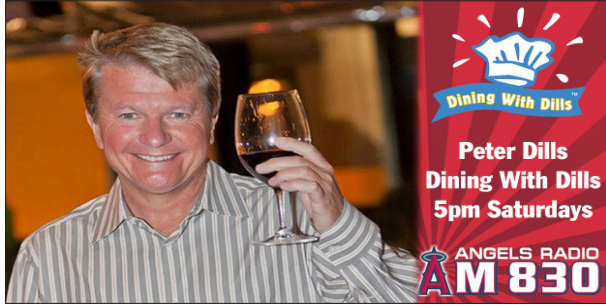


TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

A popular party question is: if you were stranded on a deserted island what food would you want to have with you? What wine would you drink? I hope this island has crackers, because for me it would be champagne and cheese. There have been many articles written (and I have read a ton of them) on how to select cheese to go with wine. For me, however, any food goes with champagne, but not every cheese goes well with certain wines.

Recently I hosted a wine and cheese party, always a great way to try new wines - everyone who attends has to bring a description of their cheese and why they selected it. A couple of pointers on selecting cheese and how to serve it: much like I have said "don't put your wine in the fridge until you are ready to drink it", don't cut your cheese until you are ready to serve it. Cheese should always be served at room temperature, so take it out of the fridge about 30 minutes before serving. Many French wines can be paired with cheeses from the same region, though there are many great cheeses produced stateside. My trick is to find a great local artisan cheese produced in the European style. Here are a few of my selections.

Merlots are very popular right now, and San Simeon has an award-winner that would pair great with goat and/or all aged cheese. I love Domaine Carneros' sparkling wine - it goes great with stilton, aged blues or gouda. Everyone's favorite, Wild Horse Chardonnay, pairs nicely with a creamy cheese like a triple cream or camembert brie. How about a fruity Sangria? Bodega makes a very tasty one, and I suggest a pepper jack cheese on a Triscuit. Yes, a Triscuit cracker.



I kept the wine prices under \$20, and as far as the cheese goes you can expect to pay around \$15 to \$20 for a nice portion. San Simeon Merlot is available at Vons for about \$20. Domaine Carneros Sparkling Wine can be found at Gelsons for \$28. Bodega Sangria is available at Whole Foods for \$10. Wild Horse Chardonnay is in wide distribution, at grocery stores including Vons, for \$12.

Join me Sunday at 5 PM Dining with Dills AM 830 KLA and follow me on twitter kingofcuisine

Peter Dills will be at the Whole Foods Market on Foothill in Pasadena this Thursday at 5 PM for a celebration of National Burger Month! Get a burger a beer for \$13!

Julie's Favorite Family Recipes

VEGETABLE FRITTATA

Serves: Makes 8 servings.

INGREDIENTS

- 1 tablespoon olive oil
- 1 medium onion, chopped
- 1 medium zucchini, halved lengthwise and cut into 1/4-inch thick slices
- 1 small red bell pepper, coarsely chopped
- 6 eggs
- 1/4 cup milk
- 1 tablespoon Italian or Vegetable Seasoning
- 2 medium plum tomatoes, sliced
- 1 cup shredded mozzarella cheese

DIRECTIONS

Heat oil in large ovenproof nonstick skillet on medium heat. Add onion, zucchini and bell pepper; cook and stir 2 to 3 minutes or until vegetables are tender.
Beat eggs, milk and Seasoning in medium bowl. Pour into skillet. Cook on medium-low heat without stirring 5 minutes or until eggs are set on bottom. Arrange sliced tomatoes on top of egg mixture. Sprinkle with cheese.
Broil 4 to 5 minutes or until eggs are set and cheese is lightly browned.
Wrap the skillet handle in foil if it is not ovenproof.



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HOW TO REPLACE VITAL DOCUMENTS THAT ARE LOST OR STOLEN

Dear Savvy Senior,
Can you tell me how to go about replacing important lost documents? My wife and I recently downsized to a retirement community, and somewhere in the move we lost our Social Security and Medicare cards, birth certificates, marriage license and passports.
Worried Ron

Dear Ron,
Replacing important documents that are lost, stolen or damaged is pretty easy if you know where to turn. Here are the replacement resources for each document you mentioned, along with some tips to protect you from identity theft, which can happen if your documents end up in the wrong hands.

Birth certificate: If you were born in the United States, contact the vital records office in the state where you were born (see cdc.gov/nchs/w2w.htm for contact information). This office will give you specific instructions on what you need to do to order a certified copy and what it will cost you. Birth certificate fees range between \$9 and \$30.

Social Security card: You can replace a lost or stolen Social Security card for free, and if you live in the District of Columbia, Michigan, Nebraska, Washington or Wisconsin, you can do it online at ssa.gov/ssnumber.

If, however, you live outside these areas, you'll need to fill out Form SS-5 (see ssa.gov/forms/ss-5.pdf to print a copy) and take it in or mail it to your nearby Social Security office, along with your U.S. driver's license, or a state-issued non-driver ID card or a U.S. passport (photocopies are not accepted). Any documents you mail in will be returned to you. To find the Social Security office that serves your area, call 800-772-1213 or see ssa.gov/locator.

You also need to be aware that losing your Social Security card puts you at risk for identity theft. If you find that someone uses your Social Security number to obtain credit, loans, telephone accounts, or other goods and services, report it immediately to the Federal Trade Commission at IdentityTheft.gov (or 877-438-4338). This site will also give you specific steps you'll need to take to handle this problem.

Medicare card: To replace your Medicare card for free, just call Social Security 800-772-1213 or contact your local Social Security office. You can also request one online at ssa.gov/myaccount. Your card will arrive in the mail in about 30 days.

By losing your Medicare card, you also need to watch out for Medicare fraud. So check your Medicare Summary Notice for services you did not receive and, if you spot any, call the Inspector General's fraud hotline at 800-447-8477 to report them.

Marriage certificate: Contact your state's vital records office to order a copy (see cdc.gov/nchs/w2w.htm). You'll need to provide your full names for you and your spouse, the date of your wedding, and the city or town where the wedding was performed. Fees range from \$10 to \$30.

Note: Divorce certificates can also be ordered from your state's vital records office (fees range from \$5 to \$30), and divorce decree documents can be obtained from the county clerk's office for the city or county in which the divorce was granted.

Passport: A lost passport also puts you at risk for identity theft, so you need to report this as soon as possible to the U.S. State Department. Go to travel.state.gov/content/passports/en/passports/lost-stolen.html and fill out Form DS-64. You'll receive an e-mail acknowledging that your report was received. Within a couple of days, you'll receive another e-mail (or letter, if you request that option) confirming that your passport has been entered into the Consular Lost or Stolen Database.

You can apply for a replacement passport at a Passport Application Acceptance Facility. Many post offices, public libraries and local government offices serve as such facilities. You can search for the nearest authorized facility at afdb.travel.state.gov. The fee for a replacement passport is \$135.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



SENIOR HAPPENINGS



HAPPY BIRTHDAY! ...May Birthdays

Joann Serrato-Chi, Harriett Lyle, Jean Coleman, Birgitta Gerlinger, Donna Mathieson, Dorothy Murphy, Linda Wochnik, Marian Woodford, Debbie Sheridan, Joanne Anthony, Carole Axline, Kika Downey, Shirley Hall, Annie Scalzo, Janet Ten Eyck, Jane Thomas, Ray Burley.

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES: Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Tech Talk: Held on Monday, January 25th from 1:30-2:30pm. Learn how to use your new technology devices. Please reserve your space with the Hart Park House by calling 626-355-7394.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10am to 11am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be canceled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, January 21st, 10:30am - 11:30am, improve your memory and strengthen your brain. Activities facilitated by Hugo, Community Liaison for New Wave Home care of Pasadena.

Free Legal Consultation: Wednesday, January 27th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Balance Class: No Balance Class due to Martin Luther King Holiday.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

KATIE Tse.....This and That

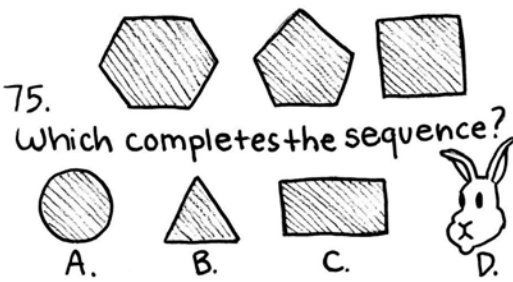
TINY BUBBLES

This is an article that I wrote several years ago, before we were thrust into the brave new world of Common Core and computerized "smart" tests. I hope you enjoy this quaint look at what standardized state testing used to be like.

Spring is here! Blossoms perfume the air as I walk through our beautiful town. While this season is a time for celebrating nature's rebirth, it comes with the ominous raincloud of Standardized Testing! I feel sorry for high school students facing this academic adversary; it seems like the competition grows fiercer every year. When I was in high school I had a healthy concern about the test, but I didn't give myself an ulcer signing up for tutoring or pouring over SAT study guides (okay, I bought one, but I didn't pour over it). What did strike fear in my heart was the dreaded GRE (Graduate Record Examination) which I had to pass in order to enter grad school. If you haven't had the pleasure, the GRE is sort of like the SAT on steroids.

I've tried to repress memories of this daunting experience, but I still recall the practice CD Rom with its algebraic equations and writing prompts such as "defend or refute the use of trade embargoes." I frantically typed while watching a red time clock tick down (because a test is always scarier if it's timed!). I wondered what any of this had to do with my future in Health and Human Services. All's well that ends well, I think that CD eventually found its way into a celebratory bonfire.

If you have elementary school kids you've probably received newsletters alerting you to the upcoming crucial week of standardized testing. Make sure they're well rested, fed, and at school on time! When I was a student my teachers always stressed having a good breakfast on testing days, but I never felt any smarter for it. The truth is, however, that it's the teachers who are really stressed out over these fateful booklets (Ha! Booklets! How 20th century!). One careless kid can swing the school's whole API (Academic Performance Index), which in turn can taint the district's AYP (Adequate Yearly Progress) report. Next home values drop because the neighboring city's kids did better on this one test, taken one week, targeting what is sometimes a very



narrow range of skills. Since this test is of supreme importance, it requires teachers to sign a statement testifying that they've been trained in the handling of test booklets. Every day after school, the booklets were locked in bins and stored in a secure location (I kid you not!). Of course these days it's all online, so schools don't need to reinvent Fort Knox on their campuses. Children's work was stowed away with the same level of protection given to documents of national security (but given the current state of our national security, maybe the test booklets were safer).

Considering the magnitude of this exam, it is understandable that teachers were tempted to become irate when students casually flipped over reading sections, filled in random bubbles, and turned in a seven-page exam after three minutes. While we all hope our kiddos will put their best effort into this ordeal, you can't help but understand why some kids burn out after hours of math, science, writing, and reading about gripping topics such as mural artists and memoirs of a childhood in England during the Industrial Revolution.

One of my Mom's teacher friends is fond of telling about one of her students (nearing middle age by now) who spent a considerable amount of time on his test before turning in an answer sheet with all the "B's" bubbled in except the last item, which was blank. When she asked why he didn't fill in that one he said, "I didn't know the answer." Seriously, I couldn't make this stuff up! Moral of the story: sleep well, eat a good breakfast, and color in a variety of letters (or, these days, click on a variety of answers).

SCAMMERS CAN FAKE CALLER ID INFO

by Andrew Johnson

Division of Consumer and Business Education, FTC
Your phone rings. You recognize the number, but when you pick up, it's someone else. What's the deal?

Scammers are using fake caller ID information to trick you into thinking they are someone local, someone you trust – like a government agency or police department, or a company you do business with – like your bank or cable provider. The practice is called caller ID spoofing, and scammers don't care whose phone number they use. One scammer recently used the phone number of an FTC employee.

Don't rely on caller ID to verify who's calling. It can be nearly impossible to tell whether the caller ID information is real. Here are a few tips for handling these calls:

If you get a strange call from the government,

hang up. If you want to check it out, visit the official (.gov) website for contact information. Government employees won't call out of the blue to demand money or account information.

Don't give out – or confirm – your personal or financial information to someone who calls.

Don't wire money or send money using a reloadable card. In fact, never pay someone who calls out of the blue, even if the name or number on the caller ID looks legit.

Feeling pressured to act immediately? Hang up. That's a sure sign of a scam.

Want more tips for avoiding scams? Check out [10 Ways to Avoid Fraud](#).

If you've received a call from a scammer, with or without fake caller ID information, report it to the [FTC](#) and the [FCC](#).

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EVENT DETAILS

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There will be plenty of time to answer all questions during, and after, the workshop - both as a group and/or in individual sessions.

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On the Marquee: Notes from the Sierra Madre Playhouse

THE GLASS MENAGERIE



Ross Philips, Katherine James, Andre Muller, and Christian Durso in The Glass Menagerie. Photo by Gina Long

By Artistic Director, Christian Lebono
I write this the day before we open The Glass Menagerie. I am as proud of this show as of anything I've ever done. This has been a wonderful experience - the cast has been a dream and are doing some of the finest work we've ever seen on the Playhouse stage. Katherine James, Christian Durso, Andrea Muller, Ross Philips, and Jackson Kendall are each giving of themselves so completely and have embraced this show and how we are telling it so fully that rehearsals have been a constant revelation and joy. I'm going to miss working with them every day, but am so incredibly eager to share the work they are doing with an audience.

I've been thinking about this play for a few years and to see my ideas manifested on stage as beautifully realized as they have been is thrilling beyond words. The lighting that Pablo Santiago has created with assistance from Rebecca Hairston is so beautiful, the costumes that Candice Cain has pulled together make the period come to life, the sounds that Jeff Gardner has crafted are so specific to the telling of our show, the set makes the dream world real and thanks to Erin Walley for taking my idea and making it work, the projections of Shara Abvabi add so much to the concept, and the choreography (yes, there is dancing!) of Cate Caplin is sublime. Jonathan Beard and I have worked together on two other shows and his music here is hauntingly beautiful.

The show has come together with so much help from so many people - Estelle Campbell, my

producer and friend, has supported me from the start, Jen Gies our Production Manager has jumped in with both feet on this her first show with us, Todd McCraw has come on board as our new Tech Director and came to the rescue at just the right time, Emily Hopfauf who has worked often with us in many different capacities has lent her sewing skills and her oh-so efficient management of the backstage happenings, the beautiful work and staunch support of our resident scenic painter Orlando de la Paz has been a gift, and so many others who have helped in ways big and small.

Three last thank yous: Diane Siegel who continues to outdo herself with each successive lobby; Alexandra Wright who has been a wonderful sounding board as my Assistant Director; and, Derek Copenhaver our Stage Manager, without whom I don't think this show would have come together the way it has.

I am grateful to them and to you, our loyal patrons for your support of the work we do and the vision to which we aspire. This truly is your theater. Please come see The Glass Menagerie, I would love to share it with you.

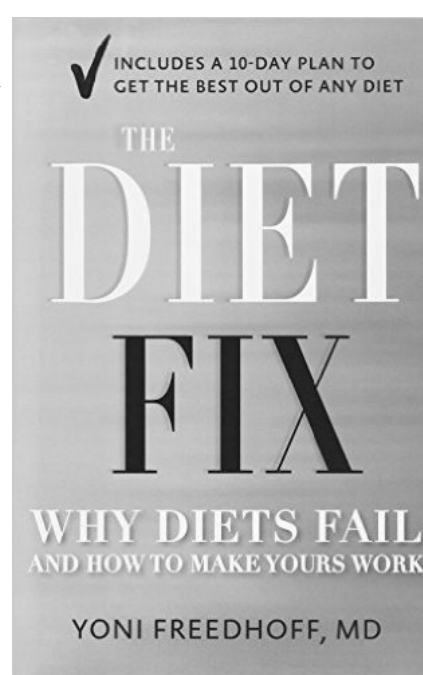
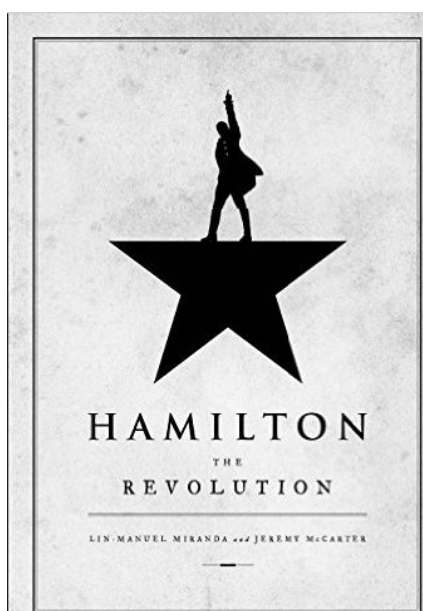
The Glass Menagerie is selling very well. I hope to see you there! Tickets are now on sale as well for Carney Magic on Friday & Saturday, June 10 & 11 - John Carney is a marvelous magician who will bring his sleight of hand work to SMP. Please visit our website at or call Mary at 626.355.4318 to purchase tickets.

Jeff's Book Pics By Jeff Brown

HAMILTON: THE REVOLUTION

by Lin-Manuel Miranda
Jeremy McCarter

Winner of the 2016 Pulitzer Prize for Drama, Lin-Manuel Miranda's groundbreaking musical Hamilton is as revolutionary as its subject, the poor kid from the Caribbean who fought the British, defended the Constitution, and helped to found the United States. Fusing hip-hop, pop, R&B, and the best traditions of theater, this once-in-a-generation show broadens the sound of Broadway, reveals the storytelling power of rap, and claims our country's origins for a diverse new generation. The book gives readers an unprecedented view of both revolutions, from the only two writers able to provide it. Miranda, along with McCarter, a cultural critic and theater artist who was involved in the project from its earliest stages--"since before this was even a show," according to Miranda--traces its development from an improbable performance at the White House to its landmark opening night on Broadway six years later. In addition, Miranda has written more than 200 funny, revealing footnotes for his award-winning libretto, the full text of which is published here. Their account features photos by the renowned Frank Ockenfels and veteran Broadway photographer, Joan Marcus; exclusive looks at notebooks and emails; interviews with Questlove, Stephen Sondheim, leading political commentators, and more than 50 people involved with the production.



patterns that prevent people from losing weight and keeping it off. Through the course of years of research and patient treatment, he has developed a 10-Day Reset that supports losing weight while maintaining a healthy, enjoyable lifestyle. This reset is designed to eliminate the habits that so often lead to weight gain: use it to shut down cravings, prevent indulgences from turning into binges, and break up with the scale once and for all. The 10-Day Reset can make any diet more effective, whether it's low-carb, low-fat, meal replacement, calorie tracking, or anything in between. Whether used on its own or in conjunction with any other diet, Dr. Freedhoff's program shows how to replace this toxic dieting mindset with positive beliefs and behaviors. It is time to break the cycle of traumatic dieting. With The Diet Fix, Dr. Freedhoff offers a groundbreaking, useable guide to begin living happily while losing permanently.

THE SEVEN PRINCIPLES FOR MAKING MARRIAGE WORK: A PRACTICAL GUIDE FROM THE COUNTRY'S FOREMOST RELATIONSHIP EXPERT by John Gottman Ph.D. Nan Silver

Whatever their stage of life or marital status, readers will be fascinated and buoyed by this classic in the making.

With more than a million copies sold worldwide, The Seven Principles for Making Marriage Work has revolutionized the way we understand, repair, and strengthen marriages. John Gottman's unprecedented study of couples over a period of years has allowed him to observe the habits that can make—and break—a marriage. Here is the culmination of that work: the seven principles that guide couples on a path toward a harmonious and long-lasting relationship. Straightforward yet profound, these principles teach partners new approaches for resolving conflicts, creating new common ground, and achieving greater levels of intimacy. Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem, whether dealing with issues related to sex, money, religion, work, family, or anything else. Packed with new exercises and the latest research out of the esteemed Gottman Institute, this revised edition of this book is the definitive guide for anyone who wants their relationship to attain its highest potential.

THE DIET FIX: WHY DIETS FAIL AND HOW TO MAKE YOURS WORK

by Yoni Freedhoff M.D.
Despite the success stories publicized by Atkins, South Beach, Weight Watchers, and others, 90% of all diets end in failure. How can fix the way we lose weight so that we make results last? Weight loss expert Dr. Yoni Freedhoff has uncovered the flawed thinking that sabotages even the most earnest weight loss efforts. The majority of dieting or weight loss programs call for regular sacrifice: Give up an entire food group; fight hunger day and night; undertake exhausting and grueling exercise regimens. These approaches are unrealistic, unhealthy, and make it nearly impossible to maintain results. Now, at last, there is hope. In The Diet Fix, Dr. Freedhoff offers a tested program for breaking down the negative thought

copies sold worldwide, The Seven Principles for Making Marriage Work has revolutionized the way we understand, repair, and strengthen marriages. John Gottman's unprecedented study of couples over a period of years has allowed him to observe the habits that can make—and break—a marriage. Here is the culmination of that work: the seven principles that guide couples on a path toward a harmonious and long-lasting relationship. Straightforward yet profound, these principles teach partners new approaches for resolving conflicts, creating new common ground, and achieving greater levels of intimacy. Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem, whether dealing with issues related to sex, money, religion, work, family, or anything else. Packed with new exercises and the latest research out of the esteemed Gottman Institute, this revised edition of this book is the definitive guide for anyone who wants their relationship to attain its highest potential.

Jeff's History Corner By Jeff Brown

FLORENCE NIGHTINGALE AND NATIONAL NURSING WEEK

The U.S. celebrates National Nursing Week each year from 6 May to 12 May (the birthday of Florence Nightingale) Florence Nightingale, was a celebrated English social reformer and statistician, and the founder of modern nursing. She came to prominence while serving as a manager of nurses trained by her during the Crimean War, where she organized the tending to wounded soldiers. She gave nursing a highly favourable reputation and became an icon of Victorian culture, especially in the persona of "The Lady with the Lamp" making rounds of wounded soldiers at night. Some recent commentators have asserted that Nightingale's achievements in the Crimean War were exaggerated by the media at the time, to satisfy the public's need for a hero. Nevertheless, critics agree on the decisive importance of her follow-up achievements in professionalizing nursing roles for women. In 1860, Nightingale laid the foundation of professional nursing with the establishment of her

nursing school at St Thomas' Hospital in London. It was the first secular nursing school in the world, now part of King's College London. The Nightingale



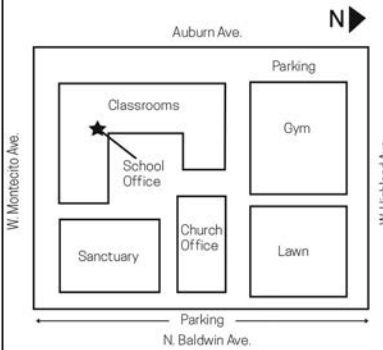
Pledge taken by new nurses was named in her honour, and the annual International Nurses Day is celebrated around the world on her birthday. Her social reforms include improving healthcare for all sections of British society, advocating better hunger relief in India, helping to abolish prostitution laws that were over-harsh to women, and expanding the acceptable forms of female participation in the workforce. Nightingale was a prodigious and versatile writer.

In her lifetime, much of her published work was concerned with spreading medical knowledge. Some of her tracts were written in simple English so that they could easily be understood by those with poor literary skills. She also helped popularize the graphical presentation of statistical data. Much of her writing, including her extensive work on religion and mysticism, has only been published posthumously.



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WATCH PLANET MERCURY CROSS THE SUN ON MONDAY, MAY 9

NASA is inviting viewers around the world to see a relatively rare celestial event, with coverage of the transit of the Sun by planet Mercury during the morning of Monday, May 9.

Mercury passes directly between Earth and the Sun only about 13 times a century, its last trek taking place in 2006. Viewing this event safely requires a telescope fitted with a solar filter.

NASA offers several ways for the public to view the event, including images on NASA.gov, a one-hour NASA Television special, and social media coverage.

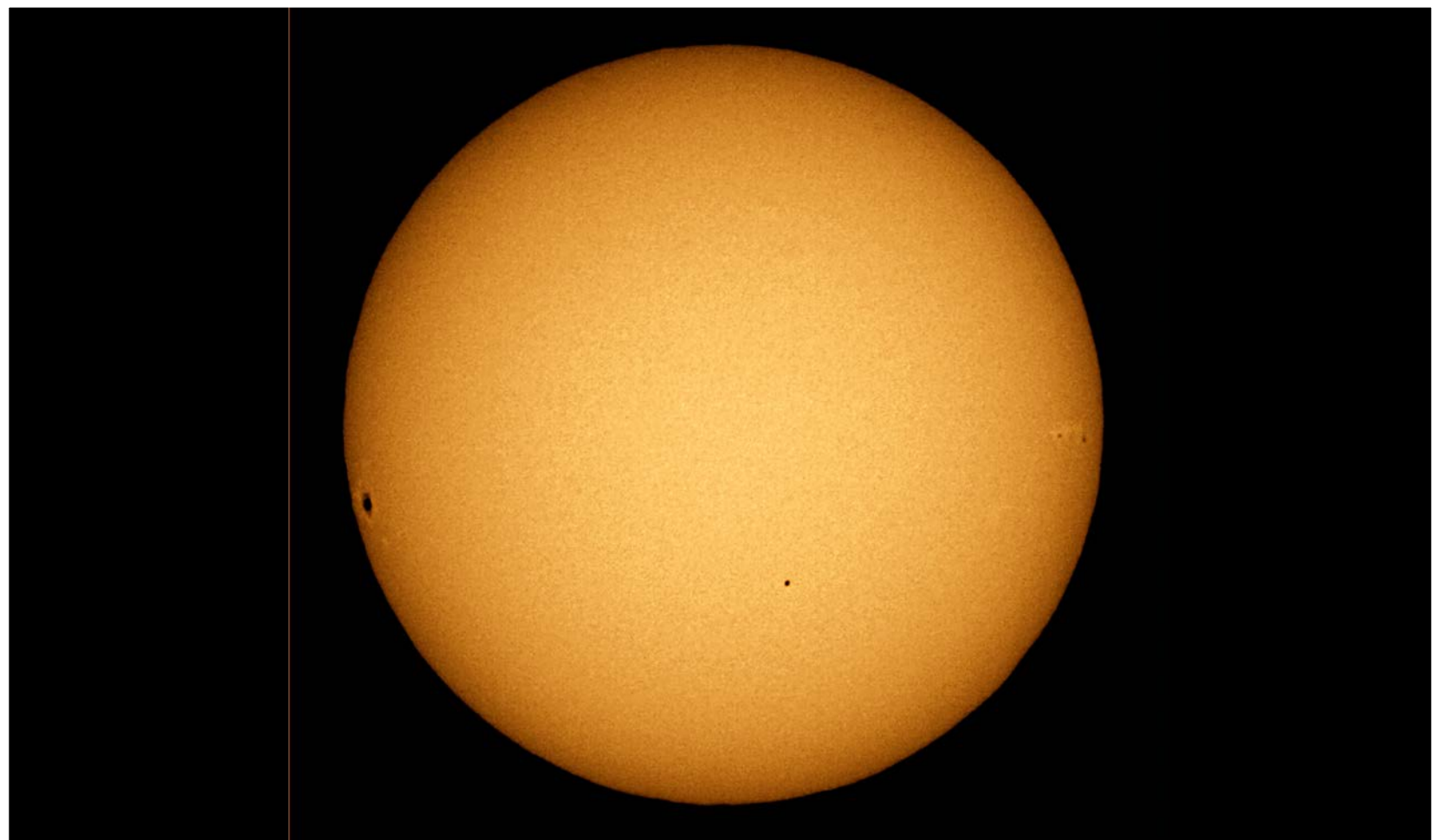
Mercury will appear as a small black dot as it crosses the edge of the Sun and into view at 7:12 a.m. EDT (4:12 a.m. PDT). The planet will make a leisurely journey across the face of the Sun, reaching mid-point at approximately 7:47 a.m. PDT, and exiting the golden disk at 11:42 a.m. PDT.

CAUTION! NEVER LOOK DIRECTLY AT THE SUN WITHOUT A PROPER SOLAR FILTER, AS THIS CAN CAUSE SEVERE EYE DAMAGE OR BLINDNESS!

Images from NASA's Solar Dynamics Observatory (SDO) will be posted at <http://www.nasa.gov/transit>

NASA also will stream a live program on NASA TV and the agency's Facebook page from 7:30 to 8:30 a.m. PDT—an informal roundtable during which experts representing planetary science, solar physics, and astrophysics will discuss the science behind the Mercury transit. Viewers can ask questions via Facebook and Twitter using #AskNASA.

VIEW THE TRANSIT FROM MT. WILSON. Mount Wilson Observatory, located in the mountains above Pasadena, welcomes you to see Mercury as it travels across the face of the sun on Monday, May 9. The transit will be visible at sunrise at 5:56 a.m. and continues until 11:42 a.m. Observatory gates will be open at 5:30 a.m. and visitors will be welcomed into the observatory to observe Mercury and the sun with various solar telescopes including the observatory's 150 Foot Solar Tower and the Snow Solar Telescope.



In addition, the Cosmic Café on the Observatory grounds will be open to sell food, drinks, and souvenirs. Tours will be offered to see inside the domes of the 60 inch and 100 inch telescopes, each the largest in the world at the beginning of the last century.

A \$10 donation at the gate is suggested for this event.

The last time Mercury transited the face of the sun was in 2006. The next time a transit of Mercury will be visible from Los Angeles is in 2019, then again in 2049. Don't miss this chance to see it.

Mount Wilson Observatory is located 19 miles from La Cañada Flintridge in the San Gabriel Mountains. Take Angeles Crest Highway (Hwy 2) east for 14 miles to the Red Box/Mount Wilson road, and turn right. The Observatory is 5 miles up the road. A map is available at the Observatory's website at <http://www.mtwilson.edu/vis/map.pdf>.

Follow updates to this event and ask your questions at the Mount Wilson Observatory Facebook page: <https://www.facebook.com/events/1713781242238389/>

In the event of rain or heavy fog, which will

cancel the event, the Facebook page will have the status of the event. May is often cloudy in the LA basin, but the observatory is usually above the marine-layer clouds. Check the weather at the Mount Wilson Towercam page (<http://obs.astro.ucla.edu/towercam.htm>) before you come up.

This event is hosted by the Mount Wilson Observatory with support from the Los Angeles Astronomical Society and The Planetary Society.

You can contact Bob Eklund at: b.eklund@MtnViewsNews.com.



CHRISTOPHER Nyerges A LOOK AT MOTHER'S DAY

[Nyerges is the author of "Til Death Do Us Part?", "Squatter in Los Angeles," "How to Survive Anywhere," and others. He conducts field trips and seminars. For more information, contact www.ChristopherNyerges.com or Box 41834, Eagle Rock, CA 90041, or on-line at www.SchoolofSelf-Reliance.com. He also participates in the exploring the real meaning of holidays via WTI, at www.wtinc.info.]

One of the victims of our uniquely "American"-style capitalism and greed is the demise of real meaning within our many holy days and holidays. There is plenty of blame to go around for this, even beginning with the marketing of holiday "stuff" by the various stores, the media for going-along-with the pabulum messages, and the general population for passively accepting this dumbing-down of our sacred traditions.

When we reduce what should be a time of great reflection and learning to a time of buying foods and "stuff," we become the victims of our own ignorance. We deprive ourselves of these annual reminders that our lives should be something more, something greater than merely going through some pointless physical motions.

Mother's Day is therefore not alone in the way it has been outright perverted. And this is really sad, since everything begins at home. A child learns all his or her values in the home. We have heard it said that charity begins at home, but much more begins at home. He who is undisciplined at home will practice that same undisciplined thinking in the workplace, at school, and in the community, even though such is easier to hide "out there" than it is at home.

He or she who practices hypocrisy and dishonesty at home will practice the same in the workplace, at school, and in the community. This is so, despite the defensive denials of so many public officials who want the gullible among us to believe that what they do at home is wholly separate from "their job." No! That's a big lie. The idea that we can think and act one way at home, and another in the community, is absurd! The home is the fundamental "training ground" where one's ideas and ideals and principles can be practiced and tested "safely," and where one can grow and evolve, hopefully amidst a loving and concerned family.

The mother is more often than not the heart of family, carrying on a 24-hour a day job. The ultimate essence of motherhood is self-discipline. First, self-discipline to conduct one's self in a manner that is a fitting example to one's children. After all, children "learn" the most from watching what their parents do. Then there is the self-

discipline of motherhood to see that all the physical and emotional and spiritual needs of the children are tended to.

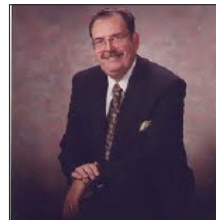
In the traditional family where the father works at a regular job and the mother raises the children, the mother's job is far more important and far harder than men ever give them credit for. The average man's job is relatively simply. He get ups, eats breakfast, goes to a job, works, comes home, eat dinners, maybe goes to a meeting in the evening, goes to bed, and repeats it all the next day.

But the scope of responsibility of a mother at home is much vaster than the father's. The mother who exemplifies the Principle of Motherhood is working at a level akin to a CEO of a company, focusing on the education, security, nutrition, and spirituality of the children. The mother, more often than not, is the psychologist and nurse, and provider of entertainment and stimulating mental activities. Of course, all this is taking place while the mother must put many of her personal desires on the back burner.

The point that is lost on so many of us today is that we have confused "the Principle of Motherhood" with a female body who has given birth to at least one child. This is a serious error in our thinking. The Principle of Motherhood is a Universal Principle, which means it's there to be studied and learned by anyone, including men (actually, especially men). The principles of motherhood can and should be studied, and practiced by all. It begins with a way of thinking, a way of taking responsibility, a way of embracing, a way of loving. Men are the most deficient in motherhood principles because they have been duped (by their peers, by society, by themselves) into thinking that since they reside in male bodies, they needn't be concerned about that female stuff. Men attempting to learn the principles of Motherhood create balanced and stronger men. This is equally true for women attempting to learn and apply the principles of Fatherhood.

Men perform spiritual violence upon our beloved mothers when we fall for the grossest Mother's Day marketing campaigns -- such as buying chocolates, sexy underwear, perfume, or jewelry. (Did you already do that? Well, there's always next year!)

We have attempted for years to explore the real underlying meanings of each holiday and Holy day, and this effort has opened our eyes to how ignorant we have all chosen to become. Becoming part of the solution to this problem may seem difficult and socially-unacceptable. Though picnics and heart-felt hand-written cards have their place, it is also good to take the time on Mother's Day to recognize and honor our mothers, and to find ways that all of us can emulate those highest principles of Motherhood.



OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder

LAYING MY MOTHER'S DAY CARDS ON THE TABLE

I am not one given over to gambling unless you call life a gamble and then all bets are off. I do not even play the lottery because I would end up paying out \$1,987.14 in order to win \$10. I have a difficult time parting with my money because I am a Pennsylvania Dutchman; at least that is my excuse.

That being said, there is one area of my life where I indulge in a certain amount of gambling. That area is Mother's Day cards. I am at a complete loss when it comes to this and knows not what I doeth.

Now part of my quandary is in the loose interpretation of Mother's Day. When we celebrate Mother's Day, who in the world are we celebrating?

I can remember when the Gracious Mistress of the Parsonage and Yours Truly were first married. It was so long ago that I do not have enough fingers or toes to count it. When we were first married, we bought two Mother's Day cards; one for her mother and one for my mother. Oh, how I long for those simple days.

A little over a year after we were married a little tyke came into our lowly domicile. Our first daughter was born in the month of August and I really did not understand the significance of it until the following Mother's Day.

That year we had to buy three Mother's Day cards; one for my wife's mother, one for my mother and one for my daughter to give to her mother.

Now what I want to know is how in the world was I roped into buying a Mother's Day card for my wife? After all, she is not my mother. And I do not know how many times I have reminded her of that very fact.

I was conned into buying that Mother's Day card for my wife by thinking that I was buying it for my daughter to give to her mother. I am not sure I am buying that story. I bought the card, all right, and when I gave it to my daughter; she immediately put it in her mouth. She had no idea what in the world a Mother's Day card was.

Several years later, we had a new addition to our family. Our son was born.

Now I have more Mother's Day cards to buy. One for my mother, one for my wife's mother, one for my daughter to give to her mother and one for my son to give to his mother. These Mother's Day cards are getting to be rather expensive.

You will not believe this, but a few years later, a third child became a member of our family. Our second daughter was born. And you guessed it; my Mother's Day card buying went up.

Now I need to buy a Mother's Day card for

my mother, one for my wife's mother, one for my first daughter to give to her mother, one for my son to give to his mother and one for my second daughter to give to her mother.

I once suggested that I buy one Mother's Day card for my three children to give to their mother. I was quickly and soundly outvoted on that issue. And so, I begin saving up my allowance right after Christmas for my Mother's Day card extravaganza.

If this was not bad enough, each Mother's Day card has to be specifically chosen in respect to the person who is giving it. That person, not being me. How many times and how many different ways can you say "Happy Mother's Day?"

I thought I had reached the height of my Mother's Day card purchasing, but then in a few years it took on a different perspective.

Not only was I to buy all of these Mother's Day cards, but I was to take the respective children along with me and allow them to personally pick out the card they wanted to give to their mother. And of course, their mother could not be along to supervise these purchases. Taking two toddlers and one semi-toddler into a store to select appropriate Mother's Day cards is as close as I have ever come to gambling away my fortune.

Between the three of them, they had each boiled down their choice to 97 cards. Of course the youngest just grabbed as many as she possibly could. The two oldest had to look at each card and discuss the contents, meaning of course, I had to read each card to them. Not once, but over and over again.

Looking back on that time I realize that my children had an ingenious strategy all worked out. After four hours of going through all of these cards I would say to them, "If you pick a card right now I'll take you all to get some ice cream."

Now, those children are all grown up and married which has added to my long list of Mother's Day card purchases.

Solomon had it right when he wrote, "Many daughters have done virtuously, but thou exceltest them all. Favour is deceitful, and beauty is vain: but a woman that feareth the LORD, she shall be praised" (Proverbs 31:29-30 KJV).

Of all the thousands of Mother's Day cards I have purchased throughout the years, I must honestly confess they have all been worth it.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, in Silver Springs Shores. Call him at 352-687-4240 or e-mail jamesnyder2@att.net. The church web site is www.whatafellowship.com.

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KIDS AND CANINES



by Chris Leclerc

I always enjoy visiting my step-daughter, Miriah and her family at the beach in Leucadia, near Encinitas in San Diego County. Miriah and Dan have two precious little girls; 8-year-old Isla, and her 6-year-old little sister, Cora. It is always a delight for "Grampa" and "Grandy" to spend time with the girls, to as you can well imagine. I recall spending one particular Saturday with them back when the girls were toddlers. The guys spent much of the day working on one of the home improvement projects they had underway, while we 4 girls played the day away!

The weather was gorgeous and the children were full of energy and entertaining antics, as they typically are. As we sat on the front porch, soaking up the sun and watching the little ones color beautiful works of art on construction paper, "Maverick", their medium-sized black Lab mix wove in and out between them with remarkably casual nonchalance. Every now and then he'd stop and plant a big wet kiss on one of the girls' cheeks and allow them to yank his tail and pull his ears with no fear or concern.

Maverick never snaps or growls at the girls, and he seems to really enjoy their company. As I watched them interact so comfortably with Maverick, I realized how much they adore that dog. At a very early age, Cora was especially fond of Maverick, bursting into laughter each time he'd come near her, reaching out to pet him and calling out for his attention as he'd walk by.

This came as no surprise to me, because both Isla and Cora have known Maverick since the day they were born. Maverick is an unusually sweet and friendly dog. He seems to understand that infants and toddlers are to be handled with "kid gloves". He is careful not to be aggressive when he plays with the girls. When they were infants, he'd lay outside their bedroom while they napped, as if he'd appointed himself their personal guardian, there to protect them from harm's way. It warms my heart to know that the girls have learned to appreciate and respect their family dog to this day.

Not all dogs are as friendly as Maverick, and not all are capable of interacting so gently with small children, but when the kid & canine relationship is a safe and appropriate one, I believe it can be an excellent and meaningful experience for both the child and the dog.

In his article, "Introducing Dogs and Babies", author Ed Frawley writes that many dogs can learn to live with babies while others cannot. Frawley has been raising German Shepherds and training them for law enforcement since 1978. Although he is an expert dog trainer and handler, his basic philosophy is that "dog training is not rocket science, it is pretty much just common sense".

I find that refreshing and encouraging, as I apply the same philosophy with the dogs I walk and sit for my clients. On the subject of introducing dogs to newborns, Frawley provides 7 tips to help parents facilitate the process in a safe manner.

- 1 - The dog should be trained well enough that when you tell him to lay down, he will do so and stay there.
- 2 - Crate train the dog before introducing him to the baby. The crate should not be in the bedroom or next to the crib where the baby sleeps.
- 3 - Never allow the dog in the baby's bedroom, even when you are present.
- 4 - Do not allow the dog to be near the baby without supervision, even for a short time.
- 5 - Before the baby comes home, wrap a doll in a blanket with the child's scent on it, and lay it on the floor. Correct the dog each time he attempts to go near the doll, even if only to smell it.
- 6 - When the baby comes home from the hospital, mom should greet the dog first without the baby.
- 7 - Homecoming should be a peaceful experience with the dog in a "down-stay" position several feet from where baby and mother are sitting.

There are many other things to consider when introducing a newborn baby to the family dog, but these seven points are a good place to start. When the baby grows old enough to understand, he or she should be taught to approach other dogs with caution. They should always ask the owner before petting a dog they do not know. This is especially true when the dog is on its own turf, whether it be in the home, in the yard or in a car.

I was raised with dogs from birth and I think that is why I love them so much as an adult. I am no expert, but I believe that small children who have close canine companions are more likely to develop healthy social skills at an early age. They also learn to respect animals and treat them with care as they grow older. These are the kinds of lessons that come with experience, not from textbooks or teachers. With proper training and careful supervision, the family dog can indeed play a very important part in the life of a young child.

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LOOKING FOR A BEST FRIEND?

Looking for a Best Friend - Vander

Vander is a handsome Pomeranian-Chihuahua mix dog that looks like a golden fox. Vander was found by a Good Samaritan after being hit by a car. After he was treated at a local animal hospital, he was brought to San Gabriel Valley Humane Society so he could find his forever home.

Vander is 4-years old, weighs 11 pounds and has a beautiful medium length coat of varying shades of tan and gold. He has bright brown eyes and a perpetual smile on his face. Vander is a friendly boy who seems to love people. He and his kennel mate get along quite well with each other, and he seems to like the company of other dogs as well.

Vander is easy to harness and take on a walk, strolling along at a good pace without pulling. He enjoys sniffing and exploring his surroundings, but his real pleasure is spending quality time getting lots of petting. Vander loves all kinds of physical contact - massages, belly rubs, cuddles and brushing. He will lie still for a very long time while he gets that kind of attention. See Vander getting a belly rub from a volunteer here https://www.youtube.com/watch?v=dtc3_qiKAQs Vander also seems to be a



smart boy who knows how to sit for treats, and if coaxed, will offer his paw to shake.

Vander would make a wonderful companion to someone who wants an affectionate pet to nurture. He is looking for a safe, comfortable home where he gets a lot of love. Come meet Vander soon - he is waiting for you! His adoption fee is \$130 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Vander. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Vander, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

We are always looking for hard working, dedicated animal lovers to join our team to fulfill our goal of 'Putting People and Pets Together'. If you have what it takes to succeed in our life-saving work, we want to meet you! Check out our employment opportunities at <http://www.sgvhumane.org/career-opportunities/>



Social Media
Tips, Tricks & Ideas



by: MJ Finstrom

FACEBOOK INSIGHTS

If you have a Facebook page, insights is a valuable tool that will give you statistics about your posts and the audience you are reaching.

Insights is part of your business page and there is no fee to use it but it won't show up on your page until you have 35 "Likes" on your page.

Here are 3 metrics to look at in insights and what they will help you analyze:

- Posts will show you what days and times your audience is on Facebook. This is helpful when you are scheduling your posts. It will also show you individual statistics for each post.

- Also under posts, you will find out how many people were reached and how they engaged with each post and type of content (video, photo,

link). You can also find out if anyone hid your post, reported it as spam or unliked your page. This is valuable information as you develop content. Make sure to click on the name of the post so you can dig deeper into the analytics.

- Actions on page will help you measure your calls to action: website clicks, phone number clicks etc. You can even measure these clicks by age, gender country, city and type of device.

About MJ: MJ and her brother David own HUTdogs, a creative services and digital marketing business. "Like" them on Facebook at www.facebook.com/hutdogs. Sign up for their upcoming workshops at: www.hutdogs.com/workshops/schedule

FAMILY MATTERS

By Marc Garlett



administrator to handle Prince's affairs until a personal administrator could be appointed. In response, a judge appointed a banking affiliate to serve as a temporary administrator.

When someone passes away without a will, they are said to have died "intestate." When this happens, state law directs the distribution of the person's property, known as the "estate" through a process called probate. And, it's up to the Court to decide who controls the estate.

If Prince indeed died without a will or a trust, Minnesota statutes will result in his siblings dividing his estate, including his half-siblings. This may or may not be what Prince would have wanted, had he made provisions himself. But of course we will never know what he would have wanted. And, his estate is likely to be overseen by a paid executor, instead of a family member or friend he could have chosen.

PRINCE'S DEATH HOLDS VALUABLE ESTATE PLANNING LESSONS

The untimely death of superstar Prince has brought an important issue to American living rooms: estate planning. If current reports are correct that Prince died without a will, state law and the Court system will dictate who controls and inherits his sizeable estate. It is also likely that taxing entities will take a bigger bite out of his estate - costing his family millions, unnecessarily -- before anyone inherits anything. All of this could have been avoided, however, and that's an important lesson for you and your family.

Prince died on Thursday, April 21, at the age of 57, in Carver County, Minnesota. He is survived by a sister, Tyka Nelson, and six half-siblings. Prince was predeceased by both of his parents and two of his half-siblings. He was divorced twice and had no living children.

Ms. Nelson recently filed documents with the Carver County probate court, asserting that she believed that her brother died without a will. She also asked the court to appoint a special

So, what does this mean for you? Just like Prince, if you do not get your estate planning handled, your family will get stuck in Court and could very well end up in conflict as well. It's an unnecessary expense to your family, causes additional heartache and grief, and drags out for a long time. The good news is that it's totally avoidable.

Let Prince's death be an inspiration to you to leave your loved ones with a legacy of love, not a big mess to clean up.

Dedicated to your family's health, wealth, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

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PUBLIC HEARING NOTICE

From: The City of Sierra Madre
Subject: MUNICIPAL CODE TEXT AMENDMENT 16-01 (MCTA 16-01)
Applicant: City of Sierra Madre
Project Location: Properties in the City of Sierra Madre, County of Los Angeles, State of California

The City of Sierra Madre gives notice, pursuant to State of California law, that the City Council will conduct a public hearing to consider adoption of an ordinance amending Chapter 17.38 – Institutional Zone, of the Sierra Madre Municipal Code. The revisions include: changes to the Purpose and Intent of the Institutional Zone (Sections 17.38.010) – to allow public and private uses which provide public services to the community, and to allow the integration of adjacent commercially zoned property into the institutional environment, provided there is no net loss of commercial space; Permitted uses (Sections 17.38.020) – to allow repairs, maintenance, interior alterations, minor exterior alterations, and minor structural alterations that do not result in expansion of the use; Uses subject to approval of a Conditional Use Permit (Section 17.38.030) – adding public recreation facilities, retreat center, health spas an similar uses, schools, and social service office excluding “for profit” activities; Master Plan (Section 17.38.040) – amending the objectives and contents of a master plan to ensure structures convey the village theme in their siting, massing, scale use of open space, and architectural character and preservation of historic structures; Modifications to Development Standards and criteria of modification of Development Standards (Section 17.38.050) – to allow adjustments to the master plan provided that the project contains activities and functions which will be a significant asset to the city, adequately mitigates impacts attributable to any increase in floor area ratio and height, and providing additional community benefits without limitation making available parking to the public when not in use, dedication of on-site recreation space, parkland, facilities for public meetings, and child care made available to the public. At the meeting on April 21, 2016, the Planning Commission conducted a public hearing and recommended to the City Council the adoption of MCTA 16-01 and Ordinance No. 1376.

Table with 2 columns: DATE AND TIME OF HEARING, PLACE OF HEARING. Includes details for City of Sierra Madre City Council meeting on Tuesday, May 24, 2016.

All interested persons may attend this meeting and the Planning Commission will hear them with respect thereto.

ENVIRONMENTAL DETERMINATION: The project qualifies for an exemption from the California Environmental Quality Act review pursuant to Title 14, Section 15061(b)(3) of the California Code of Regulations as it can be seen with certainty that there is no possibility the adoption of this Ordinance may have a significant effect on the environment, because it will impose greater limitations on development in the City thereby serving to reduce potential significant adverse environmental impacts.

APPEAL: If in the future anyone wishes to challenge the decision of the City Council in court, one may be limited to raising the issues that were raised or presented in written correspondence delivered to the City Council at, or before the scheduled public hearing. For further information on this subject, please contact the Planning and Community Preservation Department at (626) 355-7138.

NOTICE OF AMENDED PETITION TO ADMINISTER ESTATE OF GUNTER ANTON SCHREINER Case No. BP167463

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of GUNTER ANTON SCHREINER

AN AMENDED PETITION FOR PROBATE has been filed by Leon Kirakosian in the Superior Court of California, County of LOS ANGELES.

THE AMENDED PETITION FOR PROBATE requests that Leon Kirakosian be appointed as personal representative to administer the estate of the decedent.

THE AMENDED PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE AMENDED PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the amended petition will be held on May 11, 2016 at 8:30 AM in Dept. No. 67 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:

SILVA BEREJIAN ESQ SBN 143076
KIRAKOSIAN & ASSOCIATES
108 N BRAND BLVD
STE 201
GLENDALE CA 91203-2679

Mountain Views News
April 23, 30, May 7, 2016

ORDER TO SHOW CAUSE FOR CHANGE OF NAME NO. V5028613

TO ALL INTERESTED PERSONS:
Petitioner: SARAH LIM
HAS FILED A PETITION WITH THE LOS ANGELES SUPERIOR COURT - NORTH CENTRAL JUDICIAL DISTRICT FOR A DECREE CHANGING NAMES AS FOLLOWS:

Present Name: SARAH LIM
Proposed Name: MINHEE SHIN

A HEARING on the petition will be held on 06/15/2016 at 1:30PM in Dept. C at LOS ANGELES SUPERIOR COURT, NORWALK, SOUTHEAST DISTRICT, 12720 Norwalk Blvd., Norwalk, CA. 90650.

THE COURT ORDERS that all interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

JDC - Mountain Views News
April 16, 23, 30, May 7, 2016

Sarah Lim
11233 Barnwell St. #E
Norwalk, CA 90650
(714) 994-8647
Petitioner Appearing Pro Per





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1886PETERSON.COM

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- Garden-like Front Yard
- Walls of Glass
- Tranquil Patio Area
- Surrounded by Nature
- 1,800 sf of living space
- 21,411 combined total sf lot

Enjoy a Taste of May!

2016 EVENTS CALENDAR



TASTE & SIP

7 | PLAYHOUSE DISTRICT WINE WALK
4-7pm > PASADENA Playhouse District
The Playhouse District invites you to enjoy a selection of wine tastings while exploring the district. playhousedistrict.org

14 | RAIDERS OF THE LOST ARK
Band: 6:30pm. Movie: 8:30pm > Victory Park, PASADENA
Streetfood Cinema is LA's largest outdoor movie series featuring live music, tasty food trucks and more! streetfoodcinema.com

24 | CUISINES OF THE FOOTHILLS
5:30-8:30pm > GLENDORA Country Club
Get "Lost in Wonderland" as you taste food, wine, spirits & more from 20 different restaurants all in one evening. cuisinesofthefoothills.com

25 | TASTE OF DUARTE
5-8pm > Westminster Gardens, DUARTE
Enjoy a taste of Duarte with food samples, drink tastings, live entertainment & more! tasteofduarte.com

MUSIC & FESTIVALS

6 | JAZZ UNDER THE STARS
7-9pm > Glenkirk Church, GLENDORA
Glendora High School Jazz Band presents this annual benefit concert with silent auction! ghsjazzunderthestars

13-15 | MONROVIA DAYS
Times Vary > Library Park, MONROVIA
Weekend of live music, food trucks, vendors, art, activities & a parade for the whole family! cityofmonrovia.org

14 | ECLECTIC MUSIC FESTIVAL & ART WALK
All Day > Downtown SOUTH PASADENA
FREE family-friendly time with a diverse line-up of musicians, open art galleries, food trucks & beer/wine garden. theeclectic.rock

14 | LATINO CULTURAL FESTIVAL
12-8pm > ALTADENA Library
FREE family-friendly event featuring live music, dance, arts & crafts, food, drink, storytellers & more! altadenalibrary.org

27-30 | MEMORIAL WEEKEND FIESTA DAYS
Times & Locations Vary > LA CAÑADA
5/27: Casino Night, 5/28: Breakfast, car show & family flick; Minions
5/29: Dinner & fireworks, 5/30: Parade lacadanadafintridge.com

HOME TOURS

1 | MONROVIA HISTORIC HOMES TOUR
10am-4pm > Various MONROVIA Locations
The Monrovia Historic Preservation Group hosts a tour of five homes and two museums. mohpg.org

1 | ALTADENA GUILD'S 2016 HOME TOUR
10am-4pm > Intersection Porter Ave. and E. Mendocino St., ALTADENA
Four beautiful, diverse homes & gardens will be on view to the public. altadenaguild.org

1 | QUEEN ANNE COTTAGE TOURS
10am-3pm > LA Arboretum, ARCADIA
Step into this charming Victorian-era cottage open for public tours only twice a year. arboretum.org

THRU MAY 15 | PASADENA SHOWCASE HOUSE OF DESIGN
Time & Shuttle information available at pasadenashowcase.org
One of the largest home & garden tours featuring the latest in interior design and landscape architecture.

CELEBRATE WITH MOM

7-8 | MOTHER'S DAY WEEKEND
10:30am-4:30pm > Huntington Library, SAN MARINO
Treat mom to a stroll through the stunning gardens or discover something unique in the pop-up flower shop! huntington.org

8 | MOTHER'S DAY BRUNCH
10am-12:30pm > Descanso Gardens, LA CAÑADA
Enjoy brunch with mom in the beautiful rose garden! descansogardens.org

8 | CASTLE GREEN MOTHER'S DAY TOUR
1-5pm > 99 S. Raymond Ave., PASADENA
Tour Castle Green's beautifully preserved architecture, and enjoy tea in the ballroom. friendsofcastlegreen.org

ART

7-8 | 54TH ANNUAL SIERRA MADRE ART FAIR
Times Vary > Memorial Park, SIERRA MADRE
2-day event offering artists a chance to show and sell their work, with food vendors & live entertainment! sierramadrelibraryfriends.org

15 | MUSEUMS OF THE ARROYO DAY
12-5pm > Locations Vary, LOS ANGELES & PASADENA
Experience a mix of art, architecture & history when local museums open their doors - FREE of charge! museumsofthearroyo.com

KATIE ORTH
626.688.0418
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JUDY WEBB-MARTIN
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