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JACQUIE PERGOLA



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413 Mariposa Avenue, Sierra Madre	\$848,000	Represented Sellers
346 Bradoaks Avenue, Monrovia	\$828,000	Represented Buyers
502 S. Mayflower Avenue, Monrovia	\$669,000	Represented Buyers & Sellers
311 E. Sierra Madre Blvd. Unit O, Sierra Madre	\$625,000	Represented Buyers
48 E. Sierra Madre Blvd., Sierra Madre	\$585,000	Represented Sellers

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1939 SIERRA MADRE PAINTING IS COMING UP FOR SALE - YOUR HISTORICAL SOCIETY

Here's a one-of-a-kind find for those of us who love Sierra Madre and its history – a large original 1939 watercolor depicting Lizzie's Trail Inn and the Richardson House (see the attached photo) – which has a wonderful story behind it. The late 1930s were still hard times in the U.S., and the artist, Jere Dreier, exchanged this painting for a chicken & ravioli dinner! Four years earlier Lizzie herself had fallen into ill health, and had sold the business to Thelma and Robert Orme, the aunt and uncle of Maurice Orme. Elsie, Maurice's mother, who had worked for Lizzie, took over running the restaurant. We very recently lost our beloved Maurice, who was a fixture at our museums on Saturdays, telling visitors about his memories of living in the Richardson House and wielding a broom at Lizzie's. We will tell you more about Maurice in our upcoming summer newsletter.

This painting, which was Maurice's pride and joy, has been kindly donated by Maurice's family and will be offered for sale at the silent auction at our upcoming Annual Chicken & Ravioli Dinner event June 25th. The details about that event and where to purchase tickets are below.

We will be offering other items of historical interest at the silent auction:

A 1922 fountain pen with a 14K solid gold nib. This discovery was from the stock of a pen shop that went out of business many decades ago, and it was never sold. This pen was donated by internationally-known antique pen expert and collector Fred Krinke, who owns the Fountain Pen Shop in Monrovia. You may have seen him on the Huell Howser show. Fred, who grew up in Sierra Madre, and whose family even has a little street in town named after them, has completely serviced it, and installed a brand-

new ink bladder, so it's as pristine as the day it was manufactured. Its market value is \$120.

A commemorative plate, which was not for sale in the U.S., from the Danish pottery Bing & Grøndahl. If that name doesn't ring a bell, you will definitely recognize their distinctive style when you see it. Their blue-on-white work is the darling of collectors. This one depicts the torch of the 1984 Los Angeles Olympics with distinctive L.A. buildings, including City Hall, in the background.

A very large signed art poster by esteemed artist Charles Bragg. This poster is valued at \$150 online, and its rich colors would make it the focal point of any room.

We will also be offering several Waterford crystal items and even one Baccarat piece.

And lots more! Funds from the silent auction will go towards our programs and projects and our museums.

Here are the details:

Lizzie's Tail Inn Famous Chicken & Ravioli Dinner and Annual Meeting
The museums will be open!
Saturday, June 25th
5:00 – 8:00 p.m.
Mount Wilson Trail Park
189 East Mira Monte

Tickets (\$30) are on sale at:
Arnold's Frontier Hardware
Sierra Madre Public Library
Lizzie's Trail Inn Saturdays 10:00 a.m. to noon.

No tickets will be for sale at the event. Purchase your tickets by the Monday before, as we need to know our meal count in advance.



SIERRA MADRE - CALIFORNIA'S 9TH SAFEST CITY

One thing that all Sierra Madre residents boast about is the quality of life of this foothill village. A major contributing factor is the city safe environment for children, families, and the elderly. Residents work hard to maintain those characteristics, and this week the city as granted an honor which all can be proud of, especially the city's Police and Fire Departments.

Sierra Madre has been named California's 9th safest city, up from No. 24 on the last list.

According to *Safewise*, "...all of the cities on the list have more than 11,000 residents. Over 50 percent of California's safest cities had fewer than 20 violent crimes during the FBI's most recent reporting period, and 17 of the 20 cities reported zero incidents of murder. In 75 percent of these cities, the chance of falling victim to a violent crime is less than one in 1,000. With half of our cities making their second appearance on the list, safety is more than a priority — it's a way of life...."

To identify the 10 safest cities in California, Safewise reviewed the most recent FBI Crime Report statistics from 2014, along with population data. Here are the 2016 Top Ten Safe Cities in California:

1. Imperial Previous rank: 2
2. Rancho Santa Margarita Previous rank: 3
3. Aliso Viejo Previous rank: 4
4. Laguna Woods Previous rank: 6
5. Moorpark Previous rank: 23
6. Hillsborough Previous rank: 1
7. Palos Verdes Estates Previous rank: 15
8. Moraga Previous rank: 8

9. *Sierra Madre Previous rank: 24*
Violent Crimes per 1,000: 1.17
Property Crimes per 1,000: 8.30

10. Mission Viejo Previous rank: 14

To see the complete list, go to: <http://www.safewise.com/blog/safest-cities-california-2016/>

A LOCAL TREASURE: DAVID "D. LESTER" WILLIAMS



By Donna Packer

On Tuesday night, Sierra Madre Mayor Gene Goss presented Creative Arts Group long-time family member, David Williams, with a City of Sierra Madre Certificate of Recognition for his generous contributions to our community.

"David Williams." Think you don't know him? If you are a resident of Sierra Madre you have almost certainly benefitted from this renaissance man. A renowned artist, his metal sculptures are displayed prominently throughout area public spaces as well as Sierra Madre - the fisherman sculpture at City Hall and the brightly colored abstract sculpture, "Pachinko" in front of Creative Arts Group. A passionate promoter of the arts in our foothill village, Williams' accomplishments speak louder than any words.

An avid supporter of the non-profit art center, Creative Arts Group, Williams came to that organization more than 40 years ago, initially as an artist and instructor in art welding and later as an ImaginArt instructor. This multi-talented artist and jack-of-all-trades has worked tirelessly to keep this community art center open, doing upkeep and making repairs large and small, from upgrading the facility's roof to filling paper towel dispensers. Lighting shows and festival events, keeping kilns working, maintaining and replacing the sump pump and drains, renovating the facility kitchen, constructing cubbies for student work and maintaining sprinklers are just a few of the

too numerous to list projects he does. He anticipates potential issues and addresses them before they become problems. He is a master of creative solutions – turning stained glass panels into office doors, a utilitarian wall into a tribute to past and present donors, and building light poles with pulley systems for hanging banners. He does all of this and so much more on his own time, weekdays and weekends, and late into the evening, never asking or expecting compensation. He is always ready to do whatever he can to assist artists with their displays, help the teachers with whatever they need and keep everything in the office in good working order. It is his dedication that makes classes run smoothly and has kept the doors open at Creative Arts Group continuously for 50+ years. In addition to maintaining the facility, Williams works with and mentors youth such as the boy scouts and others who have done projects and community service at the art center.

If you or your child has ever taken a class at Creative Arts Group, engaged in a free art project in the park, participated in a free art project tied to the social science curriculum at Sierra Madre Elementary School, shopped at the CAG gallery or the annual art festival, attended an artist reception or show, built a scarecrow or simply enjoyed the creativity of your neighbors, you have benefitted from the passion, the goodwill and community spirit of this unassuming and talented man, working behind the scenes without fanfare or accolades. Truly a treasure of Sierra Madre.

YOUR YARD CAN BE BEAUTIFUL AND WATER-WISE

Sierra Madre, CA. – June 17, 2016 – You can have a beautiful yard while saving water and money. To learn how, stop by the Sierra Madre Public Library on Saturday, June 25 at 10:00 am when Kelly Hanna, founder of Plant Goddess Landscaping in Sierra Madre, will show you how to create beautiful, sustainable, water efficient landscaping.

Hanna has been designing and installing California friendly, award-winning gardens for more than 15 years. She focuses on water conservation, soil building, rainwater harvesting, and sustainable landscape design. Hanna's work features a variety of water-wise plant pallets using California native plants, succulents, and Mediterranean plants that are climate appropriate for Southern California, in particular the San



James Carson,
City of Sierra Madre



Kelly Hanna, founder of Plant Goddess Landscaping in Sierra Madre

Gabriel Valley.

As a bonus, James Carlson, from the City of Sierra Madre, will briefly review the City's water conservation accomplishments and goals. He'll chat about watershed quality objectives, and talk for a short time about saving trees during our prolonged drought conditions, especially this summer.

Read, Discover, Connect @ Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre, CA 91024, Phone 626-355-7186, Text 626-662.1254, www.cityofsierramadre.com/services/library/

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Weather Wise

6-Day Forecast Sierra Madre, Ca.
EXTREME HEAT WARNING



Sun:	Sunny	Hi 102	Lows 60s
Mon:	Sunny	Hi 106	Lows 60s
Tues:	Sunny	Hi 90s	Lows 60s
Wed:	Sunny	Hi 90s	Lows 60s
Thur:	Sunny	Hi 90s	Lows 60s
Fri:	Sunny	Hi 90s	Lows 60s

Forecasts courtesy of the National Weather Service

CITY OF SIERRA MADRE CALENDAR OF EVENTS

Unless otherwise noted, all meetings listed below are held at City Hall 232 W. Sierra Madre Blvd. Sierra Madre, Ca. 626-355-7135

NEXT REGULAR CITY COUNCIL MEETING:
Tuesday June 28, 2016
6:30 pm

1630 AM EMERGENCY RADIO & Free on-air publicity for local events

Sierra Madre's EMERGENCY radio station is now accepting scripts for Public Service Announcements (PSAs) about community events. PSAs will be broadcast on the air at no charge. The station operates 24/7 and can be heard at 1630 on the AM dial.

Any local non-profit or non-commercial organization can have their event information broadcast to the public on *Sierra Madre Community Information Radio*. The station covers the city of Sierra Madre, plus surrounding areas of Pasadena, Arcadia, and Monrovia.

Your event must:

- Benefit a non-commercial or non-profit entity
- Be open to the public
- Be of general interest to local citizens

Just write a Public Service Announcement that describes your event and e-mail it to radio@cityofsierramadre.com.



SIERRA MADRE CITY MEETINGS

Regular City Council Meeting
Tuesday, June 28., 2016, 6:30 pm

Can't make it to the meeting, but still want to share your thoughts? You can mail or drop off a written statement to City Hall or email cityofsierramadre.com before 5:30 the night of the meeting and your statement will be delivered to all the Council Members.

Monday, June 20, 2016, 6:30pm
Community Services Commission Meeting

Wednesday, June 23, 2016, 7:00pm
Library Board of Trustees Meeting

Tuesday, June 28, 2016, 6:30pm
City Council Meeting

Sierra Madre City Hall 232 W. Sierra Madre Blvd. Sierra Madre, CA 91024 (626) 355-7135

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MEETINGS ARE EACH TUESDAY AT NOON,
EXCEPT FOR THE 2ND TUESDAY OF EACH MONTH,
WHEN WE MEET AT 7:45AM. VISITORS ARE ALWAYS WELCOME!
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REMEMBRANCE



Memorial services for beloved Sierra Madrean Lew Watanabe have been set for Thursday, June 30, 2016. The celebration will be held at Sierra Madre Elementary School at 1:30 pm followed by a reception in the school's Japanese Garden.

There will be a graveside service at Sierra Madre's Pioneer Cemetery prior to the celebration of his at 11:30.

In lieu of flowers donations can be made to Lew's Japanese Garden Memorial Fund. A Gofundme account has been set up to raise money for the continued maintenance and upkeep of the garden. You can make your donation at: <https://www.gofundme.com/29ja8j7a>.

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Facebook/SierraMadreWomansClub 355-4379
Rent Our 1914 Historic Essick House 355-4379
Shop Award Winning Wistaria Thrift Shop 355-7739

WATER PENALTIES SET TO INCREASE

This year's El Niño rains have had a limited impact on our part of the state. Water conservation remains as critical as ever as California enters into its fifth year of drought. Sierra Madre City Council approved a measure in May that would increase the penalty rate assessed on excess water use.

The City of Sierra Madre would like to thank its water-wise customers for doing their part to make every drop count. The latest water billing numbers for May show 75% of Sierra Madre customers met, or outperformed, their water conservation targets. The remaining 25% of customers are of increasing concern for the City, as many of the customers who exceeded their water use target in the month have a repeat history of doing so.

The City of Sierra Madre will introduce a new water penalty rate beginning on July 1, 2016. The rate will apply to each billing unit used in excess of a customer's conservation target. The current penalty rate is \$5.04/unit. The new rate will increase to \$10.72, or two times the Tier 4 rate.

2016 CONCERTS IN THE PARK



The summer concert series starts this weekend! Concerts in the Park will kick off with a special two-day performance lineup beginning on Saturday, June 11. Join us in Memorial Park for a free show on the green. Guests are encouraged to bring blankets and lawn chairs for a more comfortable viewing experience. Food vendors will be at the event with proceeds from sales going to support local organizations. Alcohol is prohibited.

Saturday, June 18, 2016 (6:30pm)
Pasadena Community Orchestra
Sponsor: Pasadena Community Orchestra

Sunday, June 26
Sierra Madre Music Company (Local Talent)
Sponsored by Sierra Madre Music

Concerts will be held in the Memorial Park bandshell.

SUMMER READING FUN HAS BEGUN AT THE SIERRA MADRE LIBRARY

Sierra Madre, CA. – June 15, 2016 – This year's Summer Reading Program, Read for the Win, has started at the Sierra Madre Public Library. Join adults, teens, and children to read and win all summer.

Children read and record their books, and win prizes when each goal is met. Children enter one of three divisions: Beginner, for the youngest patrons not reading on their own; Reader, for school-age readers in grades K – 6; and Challenger for children in grades 2 – 6, with a higher reading goal.

Teens read eight books by the end of the program and earn prizes for every two books read. Every book logged enters teens into a grand prize raffle.

Adults enter to win a prize with every book read. Lucky readers may win a weekly prize including sports event tickets and a grand prize at the close of the program.

Activities in June include:

Swordscholar for Teens June 22, 4:00 pm. Sword fighting masters teach kids 12-18 and demonstrate 15th Century Medieval Martial Arts. Pre-register to receive training materials.

Water Wise Gardening June 25, 10:00 am. Horticulturist Kelly Hanna, of Plant Goddess Landscaping in Sierra Madre, will show you how to create beautiful, edible and water efficient landscaping. The City's James Carlson will talk on City conservation efforts. Animals Around the World June 27, 10:00 am. Meet and learn about animals from around the globe with Wildlife Learning Center's programs for families.

One Book One City, Dodger Stadium Tour Saturday, July 16 at 9:00 am. Price is \$45 for adults and \$35 for youth under 18 and senior citizens 65 and over. The deadline to register and pay is July 1. Register at: <https://apm.activecommunities.com/sierramadre> or come in to the Library.

Read, Discover, Connect @ Sierra Madre Public Library, 440 W. Sierra Madre Blvd., Sierra Madre, CA 91024, 626-355-7186, Text 626-662-1254, www.cityofsierramadre.com/services/library

Inside this week:

CALENDAR Pg. 2

SIERRA MADRE NEWS Pg. 3

PASADENA/ALTADENA Pg. 5

ARCADIA NEWS Pg. 6
MONROVIA/DUARTE Pg. 6

EDUCATION & YOUTH Pg. 7

HEALTHY & FOOD Pg. 8

THE GOOD LIFE Pg. 9

THE WORLD AROUND US Pg. 10

BEST FRIENDS Pg. 11

SECTION B:

AROUND SAN GABRIEL VALLEY B1

THE ARTS
BUSINESS NEWS & TRENDS B2

OPINION B3

LEGAL NOTICES B4

CITY OF SIERRA MADRE
Library & Community Services Department

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JULY 8 THE NATURAL
Sponsored by Friends of Sierra Madre Library

JULY 22 TOY STORY 3

AUG. 5 GOOSEBUMPS

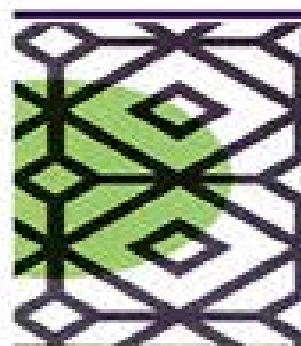
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News From Your Community For Your Community

Pasadena News Briefs

Police Asking for Help Catching Cat Bugler

According to police on June 3, at about 3:00 a.m., officers responded to the 3100 block of Mataro Street regarding a residential burglary. Officers said the victim was asleep when he was startled by loud noises in another part of his home. The victim walked into his bedroom and saw the suspect crouched down beside the bed. The suspect attacked the victim and then ran out of the house. The investigation is ongoing.

Driver in Gold Line Crash Identified

Police released the name of a man who's SUV collided with a southbound Gold Line train at the Glenarm Street crossing. David Cross, 86, failed to stop for the safety rails (wig-wags) and was subsequently hit by the train June 8, at about 12:12 p.m. A number of passengers onboard, along with Cross, the were transported to a local hospital. The Pasadena Police Department Traffic Section is investigating the incident.

Police Still looking for Burglary Suspects

Pasadena Police officers responded to the 1000 block of Glen Oaks Boulevard on June 8, at about 9:35 p.m., regarding a residential burglary. An alert neighbor called the police and reported three males who jumped a fence on the victim's property. The suspects were unable to gain access to the victim's home and quickly returned to their vehicle (SUV). Responding Pasadena Police officers attempted to block the roadway; however, the suspects got away and abandoned the SUV in a nearby cul-de-sac. The police helicopter and ground officers conducted an extensive search for the suspects. The investigation is ongoing. Anyone with information should call Pasadena Police at (626) 744-4501.

Pet of the Week



Mocha (A396606) is a 2-year-old, neutered male, miniature Pinscher. This tri-colored short-haired pup enjoys being petted and walks well on a leash. He is very shy and warms up slowly to new people. After he has a chance to get to know you, however, he'll love being at your side and will grow into a loyal companion.

The adoption fee for dogs is \$125, which includes the spay or neuter surgery, microchip, and vaccinations.

New adopters will receive a complimentary health-and-wellness exam from VCA Animal Hospitals, as well as a goody bag filled with information about how to care for your pet.

Call the Pasadena Humane Society & SPCA at (626) 792-7151 to ask about A396606, or visit at 361 S. Raymond Ave. in Pasadena. Adoption hours are 11 a.m. to 4 p.m. Sunday; 9 a.m. to 5 p.m. Tuesday through Friday; and 9 a.m. to 4 p.m. Saturday.

Pets may not be available for adoption and cannot be held for potential adopters by phone calls or email. Directions and photos of all pets can be found at pasadenahumane.org.



City Testing New Back-in Angle Parking

Pasadena Department of Transportation officials, earlier this month, reconfigured parking along the west side of Garfield Avenue into what is known as "reverse (back-in) angle parking," a solution they said is safer and adds seven more spaces along the congested street.

Along with new pavement markings, there are signs instructing drivers to back in to one of the 17 spaces available, including two reserved for the disabled.

Officials have said the

advantages include that drivers have more visibility to see cyclists, pedestrians and that car doors do not open into oncoming traffic. Because the car is backed in, vehicle trunks are easier to load standing on the sidewalk. Exiting a vehicle is also safer —especially pets and children as it can stop them from running into traffic.

The big disadvantage to angle parking, although not an issue on Garfield Avenue because of the size of the street, is the loss of a lane or in some cases turning a street into one-way.

Another issue is that this style, and with parallel parking can back up traffic.

Garfield Avenue is the second location in the city to have reverse angle parking, the first was installed, over a year ago, on Vista Avenue near Foothill Boulevard.

City officials said they are looking at other areas to use reverse angle parking including along Colorado Blvd. in the Playhouse District.

Household Hazardous Waste Collection

Safely dispose of household hazardous waste and unused electronics at the annual Household Hazardous Waste Collection event, 9 a.m. to 3 p.m., today, near Brookside Park at 1001 Rose Bowl Dr. The free event is sponsored by the Los Angeles County Department of Public Works in cooperation with the City's Department of Public Works.

Household hazardous waste and e-waste collection sites will be arranged at different stations, so follow the signs. Motorists are advised to use caution while traveling through the area and to follow instructions given by event staff.

No document shredding will not be provided at this event. The next document shredding event by the City's Department of Public Works, www.cityofpasadena.net/PublicWorks, will be held Sept. 3, 2016, so mark your calendars now for that popular service event.

Household hazardous waste items include used motor oil, oil filters, antifreeze, automobile and household batteries, paint, brake fluid, paint thinner, cleaners with acid or lye, pesticides or herbicides, expired pharmaceuticals and fluorescent light bulbs.

E-waste items include computers, keyboards, printers, monitors, laptops, docking stations, scanners, shredders, fax machines, computer mice, telephones, televisions, flat screens, VCRs, DVD players, PDAs, cassette players, tape drives, stereos and household batteries. Many of these products have parts that can be recycled.

No explosives, radioactive materials, trash and tires, controlled substances and household appliances allowed.

The public can bring a maximum of 15 gallons or 125 pounds of household hazardous waste. There is no limit for the amount of e-waste the public can recycle.

For more information about the Los Angeles County hazardous waste disposal program, call (888) Clean LA, (888) 253-2652, or (800) 238-0172.

Humane Society Free Adoption Day

The Pasadena Humane Society & SPCA will hold its 3rd Annual "Free Adoption Day" on June 23. Adoption fees will be waived for all available animals—including dogs, cats, rabbits, birds, pocket pets and reptiles—for the entire day. The shelter, located at 361 S. Raymond Ave in Pasadena, will be open for adoptions from 9 a.m. to 5 p.m.

All Fireworks Are Illegal in the City of Pasadena

The city of Pasadena announced Tuesday a zero tolerance enforcement policy for fireworks and police and firefighters are teaming up for special enforcement patrols against fireworks. Violators are subject to arrest; having their vehicles impounded; up to one year in jail and fines up to \$50,000.

Officials said, if you want fireworks to be part of your Fourth of July Holiday, attend the 90th annual "Americafest," one of the best family-friendly celebrations and professional fireworks shows in Southern California at the Rose Bowl Stadium. For ticket and event information, go to www.rosebowlstadium.com.

Due to the high potential for fire hazards and injuries, Pasadena police and fire personnel will staff checkpoints around the stadium to seize all fireworks. Parking enforcement officers will ensure that vehicles illegally parked in Pasadena's hillside areas on July 4 are impounded.

The Pasadena Fire Department will begin applying Phos-Chek on Thursday, June 30, 2016 to brush areas around the stadium. The main ingredients of this annual, preventative fire retardant are phosphates and fertilizers to help prevent plants from burning and re-vegetate burned wildland areas.

Pasadena's Fire Chief Bertral Washington, Police Chief Phillip Sanchez and Public Health Officer Dr. Ying-Ying Goh urge everyone to make safety their top priority and offer the following reminders:

Celebrate responsibly, always designate a driver.

If outdoors, remember to use



sunscreens, wear a brimmed hat and seek shade if needed.

Stay hydrated, drink water or other nutritious fluids before thirsty; limit alcohol & sugary drinks.

Many areas of the City, including outdoors, are "No Smoking" zones. Respect "No Smoking" areas and, if you do smoke, always safely dispose of used cigarettes, cigars or other devices.

Always have someone tending the barbecue and watching the swimming pool when in use.

If You See Something, Say Something. Call Pasadena Police at (626) 744-4241 to report illegal fireworks and other suspicious activities. Residents may also use the City's smart phone app, available at www.cityofpasadena.net/citizen-service-center to report illegal fireworks.

Call 9-1-1 for all life-threatening emergencies.

When calling for help, speak calmly, give accurate location information and reason for calling.

Visit www.readypasadena.net for emergency preparedness information; and to register your telephones to receive Red Flag Alerts or other emergency notifications.

Masters Series, Summer Term, at the Senior Center

The summer term of The Masters Series is scheduled Tuesdays, July 19 to Aug. 23, from 2 to 4 p.m. at the Pasadena Senior Center, 85 E. Holly St.

The Masters Series, which embraces lifelong learning, is open to members and non-members of the Pasadena Senior Center.

The series will be led by Dr. Alan Chapman (pictured right), weekday morning host on KUSC Classical Radio where he also produces and hosts two weekend programs. He is a faculty member at the Colburn Conservatory as well as a composer and lyricist.

The syllabus is as follows:

July 19 – Patriotic Music
July 26 – The World of the Symphony, part one
August 2 – Wind Virtuosos: A Multimedia Extravaganza,



part one

August 9 – The World of the Symphony, part two
August 16 – Wind Virtuosos: A Multimedia Extravaganza, part two

August 23 – The World of the Symphony, part three

Members and non-members of the Pasadena Senior Center may sign up for individual classes at \$15 each or six-week series for \$75. To register or for more visit pasadenaseniorcenter.org or call 626-795-4331.

Free June Events at the Pasadena Senior Center

There is something for everyone in June at the Pasadena Senior Center, 85 E. Holly St. You do not have to be a member to attend. Some events require advance reservations as noted.

Stay Connected with Social Media – Tuesdays and Thursdays, June 21 to 30, from 9 to 11 a.m. Learn how to keep in touch with family and friends via email, Skype, Facebook and other forms of social media during a 30-minute, one-on-one meeting with an instructor. You'll choose which applications you want to learn. Bring a laptop or use one of the onsite computers. If you have an email address, bring it and your password. Sign up with Edison at the Welcome Desk.

Smart Phones, Tablets and Computers – Any Questions? – Tuesdays and Thursdays, June 21 to 30, from 10 to 11 a.m. Get the answers you need about technology devices, whether you own them already or are considering a purchase. Learning how to text, check voicemail, set an alarm, navigate the Internet and download apps is easier than you may think.

How to Choose an In-Home Care Provider – Thursday, June 23 at 10 a.m. Do you know the signs that indicate in-home care may be necessary? Do you know how to select a provider and check agency and

caregiver credentials? Learn tips, guidelines and receive resources so you can proceed with confidence. Presented by Home Instead Senior Care. Founded in 1960, the Pasadena Senior Center is an independent, nonprofit agency that offers recreational, educational, wellness and social services to people ages 50 and older in a friendly environment.

What Happens Next? Wine and Cheese Reception/Artist Presentation – Thursday, June 23, at 5 p.m. Artist Joan Pounds, whose works will be showcased in the Fireplace Lounge from June 1 to July 31, will discuss her art and sign copies of her book. Pounds was a successful portrait photographer when she became disabled more than 20 years ago and her ability to walk, talk and perform fine motor skills became limited. She reinvented herself as an artist and her works are included in a new book titled What Happens Next? with children's stories and illustrations.

Depression and Anxiety – Thursday, June 30, at 10 a.m. Symptoms of depression and anxiety can affect older adults profoundly. Learn what true depression and anxiety are and how to get help if needed. Presented by Pacific Clinics.

For more information visit www.pasadenaseniorcenter.org or call 626-795-4331.

ARCADIA

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

CITY OF ARCADIA FIRE CHIEF ANNOUNCES RETIREMENT

ARCADIA, Calif. --- Fire Chief Kurt Norwood will say goodbye to the place that has been his second home for the last 29 years, the Arcadia Fire Station, and start the next chapter of his life, retirement on July 9. Having served in the Fire Service for 32 years, the Arcadia Fire Department is proud to have Chief Norwood as a member of its agency since 1987, demonstrating outstanding leadership and the ability to effectively manage the technical and administrative functions of the Fire Department. Maintaining a constant commitment to excellence, Chief Norwood has not only been a consummate leader and an inspiration to members of the Arcadia Fire Department, he has also been a role model for all City employees.

"It will be a difficult transition into retirement. It has been a privilege to serve the citizens of Arcadia. I have been blessed to work alongside and lead the men and women of the Arcadia Fire Department. I consider the members of the Arcadia Fire Department an extension of my family," said Chief Norwood. "I have witnessed firsthand the devotion and work ethic of City employees and Council Members, and have seen how their efforts have made Arcadia the great city it is today. Arcadia and the Fire Department have been so influential in my life. I am truly blessed to have spent my career here. I will miss the community, the employees, and especially the men and women of the Arcadia Fire Department."

Chief Norwood began his career in Arcadia in March 1987 as a Fire Fighter, moving quickly up the ranks to Fire Paramedic in 1991, and rising to Fire Captain in 1998, where he served as an Engine Company and Truck Company Captain. From there, he was promoted to Battalion Chief in 2003, where he served as Fire Marshal and Training Officer, while also overseeing various Fire Department divisions. He was promoted to Deputy Fire Chief in 2011, served as Acting Fire Chief beginning in January 2013, and ultimately was appointed Fire Chief in May 2014.

The City has always taken great pride in Arcadia Fire Department's status as a Class 1 agency. Chief Norwood has fortified that distinguished classification, providing Arcadians with the best fire suppression, fire prevention, emergency medical, and disaster management services.

The Chief's educational accomplishments include a Bachelor's Degree in Fire Protection Administration



and Technology, and a Master's Degree in Public Administration, both from California State University Los Angeles. He holds numerous certifications from the California State Fire Marshal's Office, including a Chief Officer Certification obtained in 2002. Kurt is an active member of the Los Angeles Area Fire Chiefs Association and the Foothill Fire Chiefs Association. Chief Norwood serves as an adjunct instructor with Rio Hondo Community College Fire Technology Program, where he plans to continue teaching Fire Technology students preparing for the Fire Service.

"Chief Norwood is leaving a legacy of professionalism, integrity, and devotion in the Arcadia Fire Department. The group of men and women that we have protecting our City is unmatched. We owe a lot of that to the continued support and leadership of Chief Norwood," said Mayor Tom Beck.

"Kurt has had a very positive influence on the Arcadia Fire Department and the City of Arcadia," said City Manager Dominic Lazzaretto. "His devotion to the Fire Service is evident in everything he does. Kurt will be missed by all, both personally and professionally."

While Chief Norwood's final day will be July 9, the impact he has made on the Arcadia Fire Department will not be forgotten. He will always be an esteemed member of the Arcadia "family." An announcement on Chief Norwood's replacement is expected in the coming weeks.

About the City of Arcadia

Nestled in the foothills of the San Gabriel Mountains, Arcadia is an 11.38 square mile community with a population of just over 57,000. Located approximately 20 miles east of downtown Los Angeles, Arcadia is known for combining small-town charm with the conveniences and amenities of a mid-size city. Arcadia is a full-service charter city governed by a five-member City Council, elected at large. Recognized for exceptional education and recreation opportunities and beautiful neighborhoods, Arcadia is also defined as the "Community of Homes" and has twice been designated the "Best City in California in which to Raise Kids" by Business Week Magazine.

ARCADIA POLICE BLOTTER

For the period of Sunday, June 5th, through Saturday, June 11th, the Police Department responded to 932 calls for service of which 139 required formal investigations. The following is a summary report of the major incidents handled by the Department during this period.

Sunday, June 5:

1. Around 4:28 a.m., officers were dispatched to a residence in the 300 block of East Norman Avenue regarding a 911 hang-up call. An investigation revealed a physical altercation occurred between a husband and wife. The husband was determined to be the primary aggressor based on visible injuries to the wife. The 42-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

2. At about 3:27 p.m., an officer responded to Burlington Coat Factory, 1201 South Baldwin Avenue, regarding a theft report. An investigation revealed a loss prevention specialist witnessed the suspect conceal numerous items in a shopping bag before exiting the store, failing to make payment. The 19-year-old male from Altadena was arrested and transported to the Arcadia City Jail for booking.

Monday, June 6:

3. Just before 1:59 a.m., an officer was dispatched to the area of Portola Drive and Sunset Boulevard regarding a male and female arguing in the middle of the street. Upon contacting the female suspect, the officer noticed symptoms of alcohol intoxication and determined she was unable to care for herself. The 19-year-old female from Arcadia was arrested and transported to the Arcadia City Jail for booking.

4. Just after 8:45 p.m., an officer was dispatched to Dream Spa, 1023½ South Baldwin Avenue, regarding a robbery. An investigation revealed a male suspect entered the spa, grabbed an employee's purse and attempted to flee the location. The employee managed to lock the front door trapping the suspect inside. The suspect attempted to break the door, but was unsuccessful. He became increasingly upset and the employee, fearing for her safety, locked herself behind a hallway door. The suspect managed to flee the location prior to police arrival.

The suspect is described as a black male, approximately 20-years-old, 5 feet 6 inches tall and 165 pounds.

Tuesday June 7:

5. At approximately 3:40 p.m., an officer was dispatched to the 300 block of East Wisteria Avenue regarding the report of a suspicious occupied vehicle. A consensual search of the vehicle revealed the driver was in possession of fraudulent driver's licenses, various pieces of mail belonging to numerous victims, paperwork containing victims' personal identifying information and methamphetamine. The 39-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

6. At about 3:54 p.m., an officer responded to the area of Santa Anita Avenue and Huntington Drive regarding the report of a non-injury traffic collision. An investigation revealed Party-1 struck Party-2 while changing lanes. Upon contacting Party-1, the officer detected a strong odor of marijuana emitting from the driver. Through a series of tests, the officer determined the 33-year-old male from West Covina was driving under the influence of cannabis. The suspect was arrested and transported to the Arcadia City Jail for booking.

Wednesday, June 8:

7. At approximately 1:13 a.m., an officer responded to Foothills Middle School, 171 East Sycamore Avenue,

regarding alarm activations. An investigation revealed three male adult suspects gained access to the music room and stole drum sticks. The two 18-year-old males from Arcadia and the 19-year-old male from El Monte were arrested and transported to the Arcadia City Jail for booking.

8. Just after 7:51 p.m., an officer was dispatched to Zumies, 400 South Baldwin Avenue, regarding a theft report. A loss prevention specialist witnessed the suspect select numerous clothing items before exiting the store, failing to make payment. The 18-year-old male from San Gabriel was arrested and transported to the Arcadia City Jail for booking.

Thursday, June 9:

9. At about 2:48 p.m., officers responded to a residence on the 000 block of West Longden Avenue regarding a panic alarm activation. An investigation revealed the victim's ex-boyfriend forced his way into the residence, assaulted the victim and held her against her will. The 25-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

10. At approximately 6:18 p.m., officers responded to City of Hope, 1500 East Duarte Road in the City of Duarte, regarding a previously reported vehicle burglary that had occurred in Arcadia. The suspect called and emailed the victim to inform him that he had his stolen property and wished to return it to him. After the victim offered the suspect a reward, the suspect agreed to meet him at the City of Hope parking lot. Officers witnessed the exchange of property for money. The 34-year-old male from El Monte was arrested and transported to the Arcadia City Jail for booking.

Friday, June 10:

11. At about 7:17 a.m., an officer responded to SoapSax, 11605 Goldring Road, regarding a burglary report. An investigation revealed an unknown suspect(s) entered the business and stole a computer, iPhone and wallet. The victim also discovered that his briefcase was missing from his unlocked vehicle. Fraudulent charges were made to the victim's credit card. No suspects were seen and no witnesses were located.

12. At approximately 5:01 p.m., officers responded to Santa Anita Race Track, 285 West Huntington Drive, regarding a suspect who had taken food and property from another patron. An investigation revealed the suspect had been previously removed from the location for trespassing and was told not to return. The 31-year-old male from Arcadia was arrested and transported to the Arcadia City Jail for booking.

Saturday, June 11:

13. At about 6:41 a.m., an officer conducted a traffic stop on a vehicle near the intersection of Altura Road and Hugo Reid Drive for expired registration. An investigation revealed the registration had expired in 2012 and the driver was driving with an expired license and no proof of car insurance. He was cited and released in the field. His vehicle was impounded for 30 days.

14. Just after 6:13 p.m., an officer responded to Sephora, 400 South Baldwin Avenue, regarding a report of shoplifting. A loss prevention specialist witnessed two suspects conceal numerous items in their shopping bags before exiting the store, failing to make payment. An investigation revealed the suspects had also stolen merchandise from several other stores inside Westfield Santa Anita. The 14 year-old female from Altadena and 16-year-old female from Pasadena were arrested and transported to the Arcadia City Jail for booking.

MONROVIA - DUARTE

Sierra Madre

Arcadia

Pasadena

Altadena

Monrovia

Remembrance

JAN WIGHT

FEBRUARY 29, 1940-MAY 3, 2016

By Joan Schmidt

Jan Wight surely was a life well spent for two reasons. First, she accomplished so much and secondly she challenged people to get involved and make a difference. The Duarte View spoke of Jan's many accomplishments which I will share. Then I'll tell how she challenged several of us to make a difference.

Jan was born in Indiana and her parents relocated to Monrovia CA. She attended Monrovia Schools, married and had a son, David. In Monrovia, she worked as an Instructional aide, was a member and President of the Monrovia Juniors and Monrovia Women's Clubs. She was involved with politics-George McGovern's Presidential Campaign, Dick Mountjoy for City Council and State Assembly and Bob Bartlett's first City Council Campaign.

Jan married Bob Wight in 1980 and they moved to Duarte. (At her retirement from the Chamber, she spoke lovingly of Bob and all he did to support her.) Jan joined Duarte's Women's Club and served as President. In 1980, she was Woman of the Year. Jan joined Friends of the Duarte Library, Duarte Historical Society, and Duarte Kiwanis Club. In 1983, she was elected to the Duarte School Board and served as President in 1987, 1990, 1991, and 1995. She served on the Duarte Education Foundation and was Chairman of the San Gabriel Valley Coalition for Education from 1990-1993.

Jan then became President/CEO of the Duarte Chamber of Commerce. After our Town Council formed, I met her when she included us in many Duarte events. Jan challenged me to write for the Duarte View when I complained about a local paper's lack of coverage. When I learned of Jan's passing, I was very upset. She was a dear friend of many years, and a most thoughtful person. (She sent me Ecuadorian roses when I was Assemblyman Dennis Mountjoy's Woman of the year.) After I learned of Jan's passing, I met Steve Hernandez, from the Duarte Ed Foundation. He told me several years ago, he questioned Jan about Duarte schools. She challenged him to get involved and help make changes, so he did.

Jan's services were a Celebration of her life at the First Christian Church in Glendora. They were beautiful and uplifting. There were Prayers and Scripture by Reverend Davis and the Praise Band performed Days of Elijah, Did You Feel the Mountain Tremble, and Forever. Manoj Patel and Diana Burckhard, Jan's "Chamber Son and Daughter" reminisced about their dear friend



and her accomplishments there: She increased Chamber membership, solidified the relationship between the City and Chamber, participated in the initial Route 66 Parade Committee, created the business expo, "Hats off to Duarte" and produced and hosted local DCTV Chamber Highlights, established awards and launched networking breakfasts.

The services were well attended. Some attendees included Claremont Mayor Corey Calaycay, El Monte's Jay Gomez, Duarte City Council Members, John Fasana, Margaret Finlay, and Liz Reilly, past Mayor Lois Gaston, and Bob and Julie Davey who drove up from Laguna Nigel, School Board's Reyna Diaz and Ken Bell, Joanna Gee, Director of the Duarte Library, Friends of the Duarte Library and many more. (Prior to the services, Ken Bell shared that Jan challenged him to run for school board. Ken has done a fabulous job on it and again we learn Jan challenged someone who did make a positive change in the community.) Jan had such an influence on so many people and will be missed. Donations in her name may be made to either the Foothill Unity Center or Friends of the Duarte Library and would be greatly appreciated.

BOSCO TECH BASKETBALL SKILLS CAMP

July 5th - July 28th

Monday – Thursday

4th–8th 1:00–3:00 P.M.

9th 3:00–4:30 P.M.

For More Information Contact
Head Coach Dominic Sermeno
dsermeno@boscotech.edu

Learn Basketball

Fundamentals:

Offense and Defense

Participate in Competition Week:

2 on 2 Tournament, 3 on 3 Tournament

Free Throw Contest, 3-point Contest

To Register Call • (626) 940-2000



We'd like to hear from you! What's on YOUR Mind?



Contact us at: editor@mtnviewsnews.com or www.facebook.com/mountainviewsnews AND Twitter: [@mtnviewsnews](https://twitter.com/mtnviewsnews)

ARCADIA'S CLASS OF 2016



The Arcadia High School Class of 2016 has students that were accepted into every Ivy League University in the country, which includes Harvard, Princeton, and Yale. Two Arcadia High graduates will be attending Harvard, two will be going to Yale, and one will be studying at Princeton in the fall.

Four Arcadia High students were accepted to the Massachusetts Institute of Technology (MIT), and one will be attending. Five Apaches were accepted to the California Institute of Technology (Caltech), and three will be attending.

Two students will be attending Stanford, and 33 of the 69 accepted will be headed to Berkeley in the fall.

36 students were accepted into the University of Southern California (USC), of which a dozen will be attending. 18 students will become Bruins at UCLA next year of the 59 that were accepted.

Other schools of note that Arcadia High graduates will be attending in the fall include the following:

Amherst, Carnegie Mellon, Claremont McKenna, Duke, Georgetown, Johns Hopkins, New York University, Scripps, Syracuse, and Westmont.

Arcadia High Class of 2016:

832 graduates
99.3% graduation rate (national average: 82%)

GPA: 3.38

SAT: 1840, (national average: 1479)

ACT: 29, (national average: 21)

97.3 % going to college (67.3% 4-year, 30% 2-year, 2.7% Military, Trade School, Year Off)

BASKETBALL SKILLS CAMP FOR 4TH-9TH GRADERS OFFERED AT BOSCO TECH

ROSEMEAD, CA. – June 14, 2016 - Don Bosco Technical Institute (Bosco Tech) will offer a four-week intensive basketball skills camp beginning on Tuesday, July 5, for boys and girls going in to grades 4-9.

The camp will focus on skill development, good practice habits and drills. Additionally, it will feature motivational talks, goal-setting exercises and awards for each age group. Participants will learn the fundamentals of a good offense and defense game as well as competing in 2-on-2 and 3-on-3 tournaments, and free-throw and 3-point contests.

Sessions are from 1 to 3 p.m. for grades 4 through 8, and 3 to 4:30 p.m. for grade 9. The cost of the basketball camp is \$175 per participant. For more information or to register, contact Bosco Tech Head Basketball Coach Dominic Sermenio at (626) 940-2000 or dsermenio@boscotech.edu.

Celebrating its sixtieth year, Bosco Tech is an all-male Catholic

high school that combines a rigorous college-preparatory program with a technology-focused education. With a 100-percent college acceptance rate each year, more than 60 percent of Bosco Tech graduates pursue STEM-related majors in their university studies. The innovative curriculum allows students to exceed university admission requirements while completing extensive integrated coursework in one of several applied science and engineering fields. Visit www.boscotech.edu or call (626) 940-2000 for more information.

According to Niche.com, Bosco Tech ranks in the top three of all-boys schools in the Los Angeles metro area and among the top 100 all-boys high schools in America. Founded in 2002 by Carnegie Mellon University students as CollegeProwler.com, Niche provides reviews from everyday experts on neighborhoods, colleges, and K-12 schools to provide students, families and professionals with insight into important life decisions.

DR. SALINAS TO LEAVE SIERRA MADRE ELEMENTARY SCHOOL



Pasadena, CA – The Pasadena Unified School District (PUSD) today announced the appointment of Esther C. Salinas as Ombuds Officer. Dr. Salinas, who has served as principal of Sierra Madre Elementary School since 2011, will establish the district's first Ombuds Office and provide families, students, and staff with objective, informal and confidential opportunities to be heard, express concerns, identify options for managing and resolving conflicts, and learn productive ways of communicating. The creation of the Ombuds Office aligns with the

district's core values and its strategic emphasis on improved customer service and effective and efficient systems.

"Dr. Salinas brings tremendous skills and experience to this important position, where she will help effect positive changes in the culture of our district so that schools and offices are more agile and responsive to the needs of families, students, and staff," said Superintendent Brian McDonald. "The creation of the Ombuds Office will help foster the educational and professional environments in which students can thrive and be prepared to seize opportunities for success in college and beyond."

As Ombuds Officer, Dr. Salinas will operate independently from ordinary staff structures and report directly to the Superintendent and the Board of Education. One of her first responsibilities will be to develop a charter agreement aligned to International Ombudsman Association (IOA) Standards for the Ombuds Office. PUSD's Ombuds Office will operate under the

"Standards of Practice" and "Code of Ethics" of the IOA to the fullest extent possible to serve the interests of the district and its constituents.

Because the office will be in a position to receive important information that has been segmented until now, the Ombuds Officer will provide upward feedback to district leadership in connecting and underscoring issues and trends. In her new position, Dr. Salinas will identify gaps between policy and practice, and report on patterns or trends to the appropriate decision makers in the district, and make recommendations to prevent the recurrence of issues.

"I am honored to have served PUSD as the principal of Sierra Madre Elementary School, where I had the opportunity to work with a talented team of teachers, staff, parents, and volunteers to nurture young learners in a safe and supportive community as they grew into brilliant, creative, strong, and truehearted leaders," said Dr. Salinas. "I now welcome the opportunity to serve PUSD in the new position of Ombuds Officer as a resource for students, families, and staff to listen and resolve concerns, and as a place for every voice in PUSD to be heard."

In addition to leading Sierra Madre Elementary School as principal since 2011, Dr. Salinas brings previous experience as a school principal and director of Burbank Unified School District's human resources and educational services.

Under Dr. Salinas' leadership, Sierra Madre Elementary was named a California Gold Ribbon School and earned the California Exemplary Arts Education Award in 2016. Similarly, during her tenure as principal of Jefferson Elementary in Burbank Unified, the school was named a California Distinguished School in 2006 and a Los Angeles County Music Center BRAVO finalist for excellence in the arts in 2007. As principal of Conejo Elementary School in the Conejo Valley Unified School District from 2003-2005, she led the school to win the Title I Academic Achievement Award in 2005.

Prior to beginning her career as a teacher in 1995 in the Glendora Unified School District, Dr. Salinas was a research and processing coordinator for a civil engineering firm in Diamond Bar from 1987-1996.

Dr. Salinas has a Doctor of Education degree in K-12 Leadership in Urban School Settings from the University of Southern California; a Master of Education in Educational Technology from Azusa Pacific University; a Master of Arts in Educational Leadership from California State University, Los Angeles; and a Bachelor of Science from Bob Jones University in South Carolina. She is currently completing certification as an IOA member and passed examinations toward becoming a certified organizational ombudsman practitioner.

Full planning meetings will be held with Sierra Madre Elementary School stakeholders, students, employees, and parents to solicit input in developing the principal profile that will inform the recruitment and selection of a new principal.

SCHOOL DIRECTORY

Alverno High School
200 N. Michillinda Sierra Madre, Ca. 91024
(626) 355-3463 Head of School: Ann M. Gillick
E-mail address: agillick@alverno-hs.org

Arcadia High School
180 Campus Drive Arcadia, CA 91007
Phone: (626) 821-8370, Principal: Brent Forsee
bforsee@ausd.net

Arroyo Pacific Academy
41 W. Santa Clara St. Arcadia, Ca,
(626) 294-0661 Principal: Phil Clarke
E-mail address: pclarke@arroyopacific.org

Barnhart School
240 W. Colorado Blvd Arcadia, Ca. 91007
(626) 446-5588 Head of School: Ethan Williamson
Kindergarten - 8th grade
website: www.barnhartschool.org

Bethany Christian School
93 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-3527
Principal: Dr. William Walner
website: www.bcschools.org

Clairbourn School
8400 Huntington Drive
San Gabriel, CA 91775
Phone: 626-286-3108 ext. 172
FAX: 626-286-1528
E-mail: jhawes@clairbourn.org

Foothill Oaks Academy
822 Bradbourne Ave., Duarte, CA 91010
(626) 301-9809
Co-Principals Nancy Lopez and Diane Kieffaber
info@foothilloaksacademy.org
preschool@foothilloaksacademy.org

Frostig School
971 N. Altadena Drive Pasadena, CA 91107
(626) 791-1255
Head of School: Jenny Janetzke
Email: jenny@frostig.org

The Gooden School
192 N. Baldwin Ave. Sierra Madre, Ca. 91024
(626) 355-2410
Interim Head of School, Merrily Dunlap
website: www.goodenschool.org

High Point Academy
1720 Kinneloa Canyon Road Pasadena, Ca. 91107
Headmaster John Higgins 626-798-8989
website: www.highpointacademy.org

La Salle High School
3880 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 351-8951 website: www.lasallehs.org
Principal Bro. Christopher Brady, FSC

Monrovia High School
325 East Huntington Drive, Monrovia, CA 91016
(626) 471-2800 Principal Darwin Jackson
Email: schools@monrovia.k12.ca.us

Odyssey Charter School
725 W. Altadena Dr. Altadena, Ca. 91001
(626) 229-0993 Head of School: Lauren O'Neill
website: www.odysseycharterschool.org

Pasadena High School
2925 E. Sierra Madre Blvd. Pasadena, Ca.
(626) 396-5880 Principal: Gilbert Barraza
website: <http://pchs.pusd.us>

St. Rita Catholic School
322 N. Baldwin Ave. Sierra Madre, Ca. 91024
Principal Joan Harabedian (626) 355-9028
website: www.st-rita.org

Sierra Madre Elementary School
141 W. Highland Ave, Sierra Madre, Ca. 91024
(626) 355-1428 Principal: Esther Salinas
E-mail address: salinas.esther@pusd.us

Sierra Madre Middle School
160 N. Canon Sierra Madre, Ca. 91024
(626) 836-2947 Principal: Garrett Newsom
E-mail address: newsom.garrett@pusd.us

Walden School
74 S San Gabriel Blvd
Pasadena, CA 91107 (626) 792-6166
www.waldenschool.net

Weizmann Day School
1434 N. Altadena Dr. Pasadena, Ca. 91107
(626) 797-0204
Lisa Feldman: Head of School

Wilson Middle School
300 S. Madre St. Pasadena, Ca. 91107
(626) 449-7390 Principal: Ruth Esseln
E-mail address: resseln@pusd.us

Pasadena Unified School District
351 S. Hudson Ave., Pasadena, Ca. 91109
(626) 396-3600 Website: www.pusd@pusd.us
Arcadia Unified School District
234 Campus Dr., Arcadia, Ca. 91007
(626) 821-8300 Website: www.ausd.net

Monrovia Unified School District
325 E. Huntington Dr., Monrovia, Ca. 91016
(626) 471-2000 Website: www.monroviashools.net

Duarte Unified School District
1620 Huntington Dr., Duarte, Ca. 91010
(626) 599-5000 Website: www.duarte.k12.ca.us

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FATHER'S DAY SUGGESTION



My first experience with shabu-shabu was about 15 years ago in Studio City at a Restaurant -- you know, the people behind the Japanese seafood/sushi buffets. Years later I visited Tokyo Shabu Shabu in Monterey Park and really enjoyed it, so I was really happy to see the concept make its way to Pasadena. Remember the Boiling Pot on South Lake? I didn't think so.

So what exactly is "shabu-shabu"? It means "swish --swish" in Japanese, like the sound made from the food in the cooking pot. The idea is that you cook your own meal -- don't worry if that turns some of you off, I promise it is a very painless procedure. Do you like steak, lamb, or chicken? Of course you do!! The meat entrees are all raw and very thinly sliced, and you cook it in boiling hot water right at your table. I shouldn't say water -- it is a choice of "Fusion Broths". A few of the ones that we tried were Spicy Kimchi and Kombu, translation... water and kelp. For those less adventurous, go ahead and order the miso; it is light and won't confuse the tastes of your meats and vegetables. Before we got going on our entrees owner Darren insisted that we try his Jellyfish and Chicken Wings, yes chicken wings at an Asian restaurant at an Asian restaurant? My friend Sean Lorenzini who has a "champagne appetite and champagne budget" exclaimed that they were the best chicken wings he has ever had. Certainly good!!

Like any family style restaurant, I suggest bringing a party of at least four to be able to try many dishes. As I mentioned earlier all meats come

TABLE FOR TWO by Peter Dills
thechefknows@yahoo.com

thinly sliced and you grab it with chopsticks and place in boiling water for just a few seconds to cook. Vegetables are also available, although I admit I cheated a little and skipped the veggies. The menu describes the meats as steak house style meat, and who am I to argue? Kobe Rib Eye, fine steak house quality meat and very tender was my favorite of the choices. You know how we love baby backs that fall off the bone? Well, the rib eye was melt-in-your-mouth tender, yes it was that good! Certified Angus Beef Rib Eye -- a little less expensive than the above-mentioned Kobe rib eye, but as close to heaven as you can get. For you chicken lovers please by all means try the Jidori All-Natural Chicken, popular in Japan and I can taste why. Owner Darren tells me that his favorite dish is the Lamb Loin, all-natural lamb which is also very tender. A real winner, Darren! Can't make up your mind? Tokyo Shabu Shabu does offer a Mixed Seafood plate with salmon, shrimp, scallops and mussels.

There is something for everyone here at Tokyo Shabu Shabu -- come hungry and bring a few friends. Prices will be around \$30 per person. Beer (Sapporo) and sake are available. If you can save room for dessert, have the green tea ice cream.

The staff is friendly and knowledgeable, and there is a very clean look to the interior, almost retro clean. Happy Father's Day! Join me this Sunday at 5 PM on KLA 830



Julie's Favorite Family Recipes

JOANNE WOODWARD'S ZUCCHINI BREAD

INGREDIENTS

2 loaves
Nutrit
3 cups flour
1teaspoon baking soda
1teaspoon baking powder
1teaspoon ground cinnamon
1teaspoon salt
<http://www.food.com/about/salt-359>
3 eggs
1cup sugar
1cup oil
1teaspoon vanilla
2cups grated zucchini

DIRECTIONS

Sift flour, baking soda, baking powder, cinnamon & salt together. Beat eggs until foamy. Add sugar, oil, vanilla and sifted dry ingredients a little at a time; the mixture will be thick. Add the zucchini; the mixture will be gummy. Pour into 2 well-greased 8 1/2" x 4 1/2" x 2 1/2" loaf pans and bake at 350 degrees for 1 hour. Check at 50 minutes; if a toothpick comes out clean, bread is done. Great served hot or cold.

WEEKEND OPEN HOUSES

Visit PODLEY.COM for additional open houses, news and events!



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Proceeds from the evenings events will help pay medical expenses for Emily during her battle against brain cancer (Glioblastoma). Any money raised in excess of medical expenses will be donated to City of Hope cancer research. For more information go to: wikipedia.org/Glioblastoma_multiforme



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DECIDING WHAT TO DO IN RETIREMENT

Dear Savvy Senior,
I just turned 62 and am financially prepared for retirement, but I'm less certain about how to spend my time after leaving work. Can you recommend some resources or tools that can help me with this?

Feeling Lost

Dear Lost,

This is a great question! Many people, when asked what they want to do when they retire, will say they want a mix of travel, play and meaningful work. Specifics, however, tend to be few and far between. But planning how to fill your time in retirement is just as important as the financial planning aspect. Here are some resources that can help.

Online Tools

A good starting point to figuring out what you want to do in retirement is at LifeReimagined.aarp.org. This is an AARP website (you don't have to be a member to use it) that can help you rediscover what truly matters to you and focus on what you really want to do. It offers a variety of online exercises and programs that will hopefully spark some ideas and give you inspiration.

Encore.org is another good resource that helps people who are seeking work that matters in the second half of life. Click on "Resources" on the menu bar and download their free Encore Guide, and consider purchasing a copy of their "Encore Career Handbook" (available at Amazon.com or BN.com for \$10.50) by Marci Alboher, which is excellent.

Also check out the free E-book called "The Age for Change," which can help answer the question: "What now?" You can download this at ComingOfAge.org.

And, if you've never taken a personality test before, this too can be a good tool to help you figure out what type of activities or work you'd like to do. A good option for this is the Myers-Briggs Type Indicator assessment, which you can take online at MBTIcomplete.com for \$50.

Personalized Guidance

If you want personalized help, you can also get one-on-one guidance from a retirement or life planning coach. Some resources that can help you here include LifePlanningForYou.com, which has a free exercise called EVOKE to help identify a path that might suit you best in later life, and provides a directory to



registered life planners to help guide you.

Also see: RetirementOptions.com, which will connect you with a retirement coach who will give you an assessment to help reveal your attitudes and opinions about work, family life, relationships, leisure time and more. And the LifePlanningNetwork.org, which is a group of professionals and organizations that help people navigate the second half of life. You can also find life and retirement coaching at the International Coach Federation at CoachFederation.org.

Coaching sessions typically range from \$75 to \$300 or more, and usually require four to six sessions to get the most out of the process.

Other Resources

If you're primarily interested in volunteering, finding a retirement job or even starting a business when you retire, there are lots of resources that can help here too.

For volunteering, PointsOfLight.org, VolunteerMatch.org and SeniorCorps.gov and help you search for opportunities, or even create one on your own.

To look for job ideas, sites like RetirementJobs.com, Workforce50.com and RetiredBrains.com list thousands of jobs nationwide from companies that are actively seeking older workers. FlexJobs.com can help you find good work-at-home jobs. CoolWorks.com and BackDoorJobs.com are great for locating seasonal or summer jobs in great places. Or to search for freelance opportunities in a wide variety of areas, there's Elance.com and Guru.com.

And if you're interested in starting a new business, the U.S. Small Business Administration offers tips, tools and free online courses to entrepreneurs that are 50 and older at SBA.gov/content/50-entrepreneurs, as does the nonprofit association Score at Score.org.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

KATIE Tse.....This and That

ASSEMBLY REQUIRED

Well, I had two consecutive weeks of turning in new articles, so I hope that my recycling of an old one this week is forgivable. One rule of thumb I've developed over the years is that if I barely remember an article I wrote, there's a good chance my readers will have forgotten it as well. So, I hope this has all the fresh newness that it did when I wrote it several years ago. Enjoy!

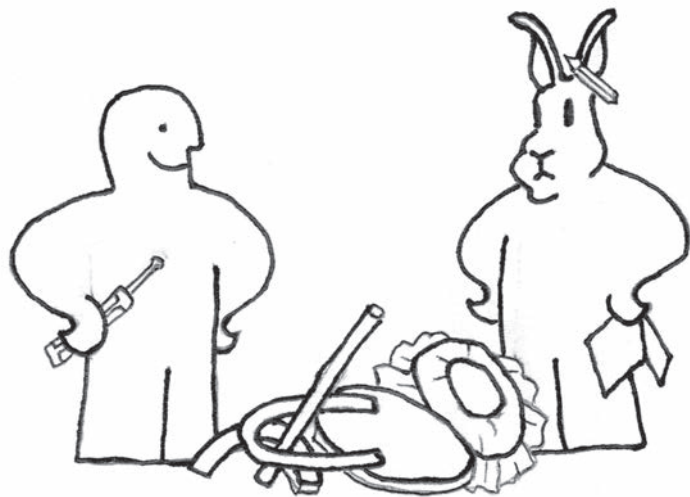
Besides ex-pat Swedes, who go there for the meatballs and kipper snacks, IKEA is for people going through some life transition. The last time I visited the store was when I moved into my apartment. It was a few years ago, so my memories are sketchy. I remember the store being a multileveled warehouse with rooms instead of aisles, and no clear signage indicating where you're going. No doubt this layout helps customers better visualize the furniture in context, but I just think IKEA wants you to get lost and buy more stuff. I recall scribbling item numbers, prices, and dimensions on a pad of paper as I went from room to room, trying to remember if the "Malm" was a darker brown than the "Odda."

Next, we (a willing victim such as my dad or husband) descended into the bowels of the store to fetch the items from aisles of identical flat cardboard boxes (see, aisles had to come in eventually). It was like the last scene of "Raiders of the Lost Ark," but crowded. And you better hope you copied down the item numbers correctly, otherwise you might end up with an Odda instead of a Malm. Finally, we hauled the boxes on a metal gurney to the car. At the apartment, the victim and I unpacked the things and put them together at a later date, because you can only concentrate so much in one day.

One of the beauties of IKEA, I never appreciated until now, is the simplicity of its designs and directions. A picture is preferable to a thousand words, and I became keenly aware of this while helping my friend assemble a Fisher-Price bassinet. Our husbands were at work, and in an attitude of "girl power," I assured her we'd finish the thing before they got home. She warned me it was a two-person job. We started by holding metal poles in place while stretching very taut fabric over them, and then inserting more poles into more tight fabric tubing. I mused that this must be what building a tent is like (you can tell how often I go camping), and considered it might even be a three-person job. Subsequent steps had us tightly maneuver the ruffled skirt over its frame and fasten it all

together with a series of tightly stretched pockets and snaps. The key word in all of this is "tight," if you haven't noticed.

Feeling successful at having won the battle of pockets and snaps, we stood up to admire our progress. "Alright, now we need to snap the first canopy arm onto the frame aligning with the holes on the frame through the slot on the side of the skirt with two slots," she read. That sounded fine, except our slots didn't match the slots in the picture. We compared them every way we could, but each time, ours turned out looking backwards. "Did we put the skirt on backwards?" "No, because it says the 'Warning'



sign needs to be at the back like ours is." "But then the slots don't line up with the holes." "Okay, let's take it off and put it on the other way."

So we undid all our beautiful snap and pocket work and refastened everything "backwards." "Well, now the slots line up, but it doesn't match the picture." Again, we analyzed all the angles and concluded this was the way it had to be, despite Fisher-Price's guidance. "Now," she read, "we stretch the canopy across the skirt frame and secure the ends with snaps." "Ah ha!" I shouted, clutching the edges of the canopy. "There are no snaps, it's all Velcro! Now we know we can't trust the instructions!" I felt vindicated. Although technically backwards, we finished it before the guys got home.

My husband and I later helped them assemble some more furniture. But, being IKEA, it was all comparable smooth sailing. I think my IKEA days are over for a while. That is, unless I go back to try their meatballs. Hey, 10 pieces are only \$2.99!

SENIOR HAPPENINGS



HAPPY BIRTHDAY!June Birthdays

Joanne Thrane, Nellie Haynes, Dorothy McKay, George Enyedi, Theresa Daley, Donna Doss, Mary Carney, Carol Handley, Marilyn McKernan, Pat Fujiwara, John Shier, Beth Smith-Kellock, Ann Disbrow, Joan Ellison, Anne Montgomery, Trini Ornelas, Martha Spriggs, Pat Starkey, Kathleen Coyne, Suzanne Decker, Jacques Persing, Jeanne Peterson and Grace Sanders

* To add your name to this distinguished list, please call the paper at 626.355.2737. YEAR of birth not required but you must be over 60.



ACTIVITIES:

Unless listed differently, all activities are at the Hart Park House (Senior Center) 222 W. Sierra Madre Blvd., Sierra Madre

YWCA San Gabriel Valley - Intervale Senior Cafe

Seniors 60 years of age and up can participate in the YWCA Intervale daily lunch program held at the Hart Park House Senior Center. Meals are served Monday through Friday at 12:00 pm and participants are encouraged to arrive by 11:45 am. Meals are a suggested donation of \$3.00 for seniors 60 and over or \$5.00 for non-senior guests. Daily reservations are necessary, space is limited. Please reserve your lunch by calling 626-355-0256.

Hawaiian and Polynesian Dance Class: Every Tuesday morning from 10:00 - 11:00am. Join instructor Barbara Dempsey as she instructs you in the art of hula.

Bingo: Every Tuesday beginning at 1:00pm. Cards are only \$0.25 each! Everyone is welcome to join. May be cancelled if less than 5 people.

Free Blood Pressure Testing: 2nd Tuesday of the month from 11am to 12pm. No appt. is necessary.

Brain Games: Thursday, June 16, 10:30 - 11:30am. Improve your memory and strengthen your brain. Activities facilitated by senior volunteers.

Free Legal Consultation: Wednesday, June 15th from 10:30am to Noon. Attorney Lem Makupson is available for legal consultation. He specializes in Family Law, Wills, Trusts, Estates, and Injury. Appointment are required by calling 626-355-7394.

Sing-A-Long: Music brings joy to the soul. Come join us Thursday, June 9, 10:30 - 11:30am. No music skills needed! This month: "Silly Folk Songs".

Balance Class: Monday, June 20, 11:00 - 11:45am with Paul Hagen. A variety of balance exercises are practiced; all ability levels are encouraged and welcomed.

Chair Yoga: Mondays and Wednesdays from 11:00 to 11:45 am. A suggested donation of \$5 at one of the classes is requested, but is not required.

Case Management: Meets the 2nd Thursday of the month. Case Management services are provided by the YWCA and provide assistance in a variety of areas. Appointments are required and can be scheduled by calling the HPH Office at 626-355-7394.

Birthday Celebrations: Every second Thursday of the month at the Hart Park House. The free birthday cake is provided by the Sierra Madre Civic Club.

Game Day: Every Thursday starting at 12:00pm. (Please note the time change.) A regular group of seniors play poker. Other games available for use.

Free Strength Training Class: Every Friday from 12:45pm to 1:30pm with Lisa Brandley. The class utilizes light weights for low impact resistance training. All materials for the class are provided.

Senior Club: Every Saturday at the Hart Park House Senior Center. Brown bag lunch at 11:30am. Club meeting at noon. Bingo 12:30-3:30pm. Annual Membership is only \$10.00.

Lunch and Learn - Thursday, June 23 - 12:30 - 1:00pm

Did you know 1 out of 5 people 65 or older is eligible for a SilverSneakers membership! This active adult wellness program is offered through many Medicare plans. Increase your energy and your overall well-being is possible with SilverSneakers. A representative from Healthways SilverSneakers will give a brief presentation about this wonderful benefit and find out if your health plan offers the SilverSneakers Fitness program. If you are interested in having lunch with the Senior Lunch Café before the presentation please call 626-355-0256 to make a reservation.



UPCOMING EXCURSIONS:

SAN ANTONIO WINERY (Los Angeles)

Date: Friday, June 17, 2016

Time: 10:45AM - 3:00PM

Meeting Location: Hart Park House

Cost: \$6.00 (Does not include lunch)

Description: The San Antonio Winery is the last remaining winery in Downtown Los Angeles. Owned and operated by four generations of the Riboli Family since its founding, the original San Antonio Winery still sits on the same plot of land where the winery was first built in 1917. We will have a 40 minute tour and there will be wine tasting. Lunch is on your own at Maddalena Restaurant, located inside the San Antonio Winery. Last day to register is June 3. Level of walking: Medium. Please call the Hart Park House 626-355-7394.

LAKE ARROWHEAD QUEEN

Date: Wednesday, July 20

Time: 9:00am - 4:00pm

Meeting Location: Hart Park House

Cost: \$17.00 (Does not include lunch)



Description: Ride in style in the enclosed Lake Arrowhead Queen paddlewheel boat. Experience the beauty and excitement of a narrated tour of Lake Arrowhead aboard the elegant Arrowhead Queen. The splendor and serenity of Lake Arrowhead's lush forest, sparkling water and blue skies glide by, as you sit back and enjoy close-up of exquisite lakefront homes and learn about the fascinating history of the lake. Lunch is on your own around Lake Arrowhead Village. Participants should bring money for lunch and souvenirs. Level of walking: Medium. Please call the Hart Park House 626-355-7394.

SENIOR CINEMA • 1st & 3rd Wednesday Shown at the Hart Park House Senior Center

MR. HOLMES (2015)

An aged, retired Sherlock Holmes deals with early dementia as he tries to remember both his final case and a mysterious woman whose memory haunts him. He also befriends a fan, the young son of his housekeeper, who wants him to work again. Starring Ian McKellen, Laura Linney, Hiroyuki Sanada. Start time: 1:00pm (run time 1h 44m).

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Looking Up

with Bob Eklund



NEW PLANET IS LARGEST DISCOVERED ORBITING TWO SUNS

If you cast your eyes toward the constellation Cygnus the Swan, you'll be looking in the direction of the largest planet yet discovered around a double-star system. It's too faint to see with the naked eye, but a team led by astronomers from NASA's Goddard Space Flight Center and San Diego State University used the Kepler Space Telescope to identify the new planet, Kepler-1647b.

Planets that orbit two stars are called circumbinary planets, or "Tatooine" planets, after Luke Skywalker's homeland in "Star Wars." To detect planets, the Kepler telescope looks for slight dips in brightness that hint a planet might be transiting in front of a star, blocking some of the star's light.

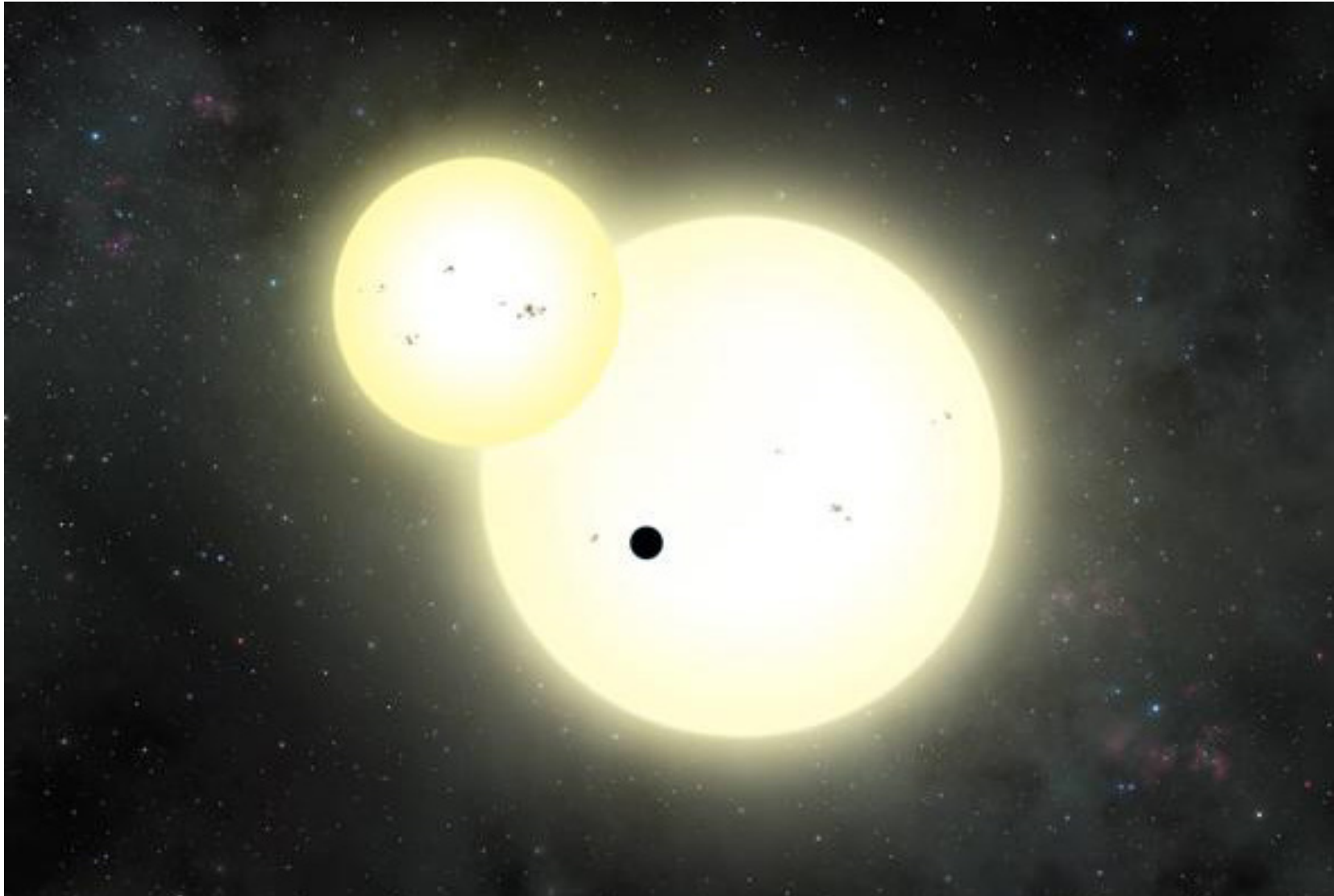
"But finding circumbinary planets is much harder than finding planets around single stars," said SDSU astronomer William Welsh, one of the paper's coauthors. "The transits are not regularly spaced in time and they can vary in duration and even depth."

Once a candidate planet is found, researchers employ advanced computer programs to determine if it really is a planet. It can be a grueling process. Laurance Doyle, a coauthor on the paper and astronomer at the Carl Sagan Center, SETI Institute, noticed a transit back in 2011, but more data and several years of analysis were needed to confirm that the transit was indeed caused by a circumbinary planet. A network of amateur astronomers in the KELT Follow-Up Network provided additional observations that helped the researchers estimate the planet's mass.

Kepler-1647b is 3,700 light-years away and approximately 4.4 billion years old, roughly the same age as the Earth. The stars are similar to the Sun, with one slightly larger than our home star and the other slightly smaller. The planet has a mass and radius nearly identical to that of Jupiter, making it the largest transiting circumbinary planet ever found.

"It's a bit curious that this biggest planet took so long to confirm, since it is easier to find big planets than small ones," said SDSU astronomer Jerome Orosz, another coauthor on the study. "It took so long to confirm because its orbital period is so long."

The planet takes 1,107 days (just over 3 years)



to orbit its host stars, the longest period of any confirmed transiting exoplanet found so far. The planet is also much further away from its stars than any other circumbinary planet, breaking with the tendency for circumbinary planets to have close-in orbits. Interestingly, its orbit puts the planet within the so-called habitable zone. Like Jupiter, however, Kepler-1647b is a gas giant,

making the planet unlikely to host life. Yet if the planet has large moons, they could potentially be suitable for life.

"Habitability aside, Kepler-1647b is important because it is the tip of the iceberg of a theoretically predicted population of large, long-period circumbinary planets," Welsh said.

"It looks like more than 40% of circumbinary

planets are in the habitable zones of their stars," said Doyle. "It seems that the scene from Star Wars where Luke Skywalker is watching the double sunset may not be so rare after all. But physics might be more difficult—everything from shadows to rainbows would come in pairs!"

You can contact Bob Eklund at: b eklund@MtnViewsNews.com

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OUT TO PASTOR

A Weekly Religion Column by Rev. James Snyder



GO AHEAD - MAKE DAD'S DAY

Throughout the year, many days of celebration are tucked capriciously into the calendar. So much so, it is hard to find any day of the year where something or someone is not being observed, which has benefited the greeting card company, you can be sure. I am not positive, but I think they have had a great deal to do with designating these days.

Some days are celebrated a little more enthusiastically than others. The Fourth of July has firecrackers; Halloween has funny and scary costumes, not to mention bags of candy; and Christmas boasts the Christmas tree and jolly old St. Nick with all his presents, and it is hard to compete with Christmas parties when it comes to celebrations.

And we come to Mother's Day. According to experts, more telephone calls are placed on Mother's Day than any other day of the year. Also, try to walk into a restaurant and get a seat on that certain Sunday.

There is a theory, which I subscribe to personally, stating the reason Father's Day is so lame is because so much has been spent on Mother's Day, there is nothing left.

I think there should be a rule that says, whatever Mother's Day costs fathers, mothers should spend on Father's Day. This would do one of two things; decrease Mother's Day or puff Father's Day spending. Personally, I am in favor of puffing. Perhaps with some effort, Father's Day could be a little more exciting. I am not saying this just because I am a father. Well, maybe I am, but if I don't who will?

Fathers in general are rather humble and hesitant to speak about themselves. Contrary to popular opinion, every father knows talk is not cheap, and because he has spent so much on Mother's Day, he simply is practicing good manners and shuts up.

However, every father needs to know he is truly appreciated by his family. Although you cannot buy a father, it is possible to rent him on occasion. I am in favor of celebrating Father's Day "any which way you can." It really does not matter to the father involved. Any father would consider his child a "million dollar baby" if he or she would just give a Father's Day card to him, along with a nice hot cup of coffee while sitting in his favorite chair reading the newspaper. Nothing the children did throughout the year would remain "unforgiven" if something this simple were done on Father's Day.

As it stands, Father's Day is celebrated "every which way but loose," and I believe it is time this has stopped. Too many loose ends concerning Father's Day. It is a "true crime" the way certain things are left hanging concerning fathers. Some

fathers have felt like "the dead pool" around Father's Day, not knowing exactly what to expect. Mother's Day is rather simple. Every mother knows that she will get certain things; flowers, a Mother's Day card and dinner at her favorite restaurant.

By the time Father's Day comes around everybody is so exhausted from Mother's Day, not to mention most fathers are broke, nobody knows exactly how to make dad's day special or, more importantly, who will finance it.

Too many people are uptight about Father's Day and feel like they are running "the gauntlet." When I say people, I am referring primarily to Yours Truly. Nobody seems to know what to do about good ole dad on his special day.

Fortunately, I have some ideas along this line.

With some of the presents I have received over the years, I am beginning to think my children imagine me as a "space cowboy," or maybe a "high plains drifter" driving around in a "pink Cadillac" heading for "the bridges of Madison County."

When it comes to being a father, I assure you I am not "the rookie" walking on a "tightrope," directly "in the line of fire" running toward "heartbreak ridge." I have quite a bit of experience being a father, going back more than 40 years.

As a father, I have three children notched on my belt. At times, I have felt like "the enforcer" and the only way to deal with those children was to use "magnum force" and "hang 'em high."

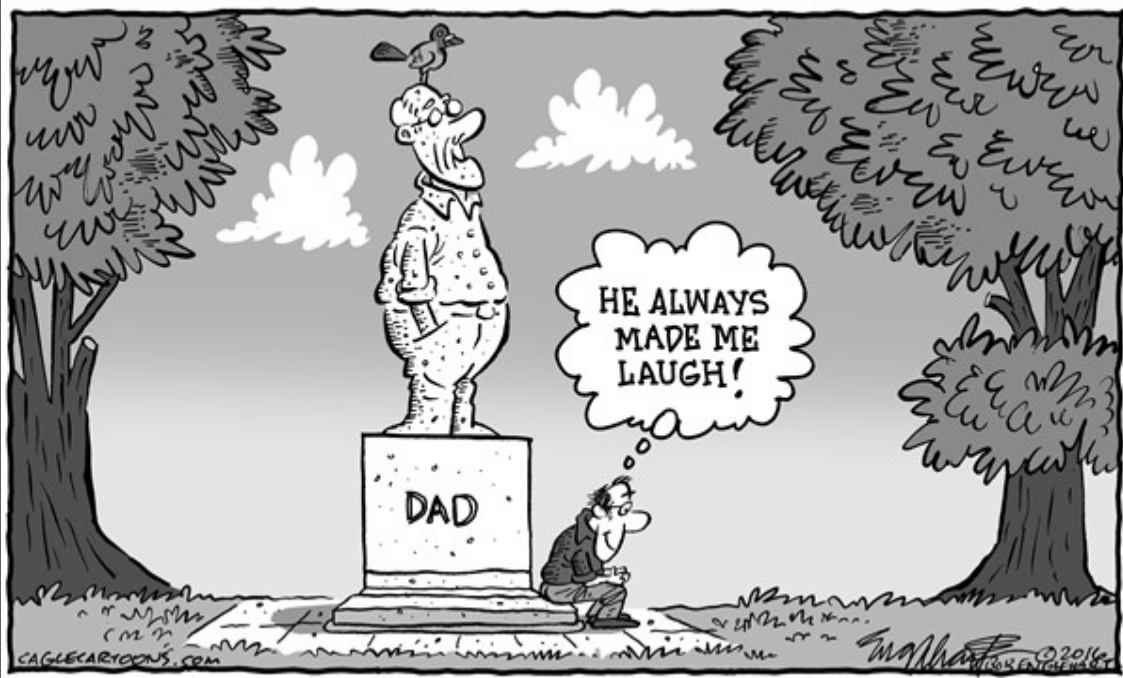
I must confess at times I felt like a "pale rider" sweating it out in the "city heat," realizing no matter how hard I try it is not "a perfect world" we live in. What would make my day, and other fathers' day, would be a present I could really use, or at least understand without spending an entire day reading the directions.

In spite of all this, I have discovered one thing; being a father is its own reward. The Bible puts fatherhood high on the list of important positions in life.

David, the Psalmist, put his feelings about being a father into familiar words to all who have read the Bible. "Lo, children are an heritage of the Lord: and the fruit of the womb is his reward. As arrows are in the hand of a mighty man; so are children of the youth. Happy is the man that hath his quiver full of them: they shall not be ashamed, but they shall speak with the enemies in the gate." (Psalm 127:3-5 KJV.)

This year, my advice is, whatever it costs, go ahead and make dad's day. He deserves it.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife in Ocala, FL. Call him at 1-866-552-2543 or e-mail jamesnsnyder2@att.net. His web site is www.jamesnsnyderministries.com.



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CHARLIE BROWN
THE 'CANINE CLOWN'

For me, the most gratifying aspect of being a dog walker and pet sitter is benefiting from the nurturing relationships that I get to have with my four-legged furry friends. There is nothing quite like walking into the front door of a client's home and being greeted by a dog with open elation and unadulterated affection. As soon as I step over the threshold, they welcome me with excited 'canine choruses'.

Like humans, each dog has his own unique vocal tone, and when two or more sing together, as a way of showing their appreciation for my arrival, I hear nothing but happy harmony coming from their loving hearts. For some folks, loud dog barking may come as nothing more than annoying noise, but if the context of the tune is the warm greeting of a beloved friend, and if you listen closely enough, you cannot help but appreciate the sound of a content canine chorus.

Once the songs are sung and my dog clients have made their way across the living room to where I am standing, they begin their routine of sniffing every part of me, as if to check the news report and get the scoop on my most recent comings and goings. Finally, they commence covering me with sloppy doggie kisses, and you better bet, I let them.

I love how my canine clients are able to freely express themselves with their eyes, their voices and their body language. They unguardedly reveal their deepest feelings with full faith and no sense of fear. Unlike we humans, dogs are quite capable of knowing who they can trust, and when they decide you are trustworthy, they open up their hearts in a way that a human would most likely deem too vulnerable.

Within moments, after the excitement of my arrival begins to fade and my canine clients and I exchange cuddly hugs. It's then that I begin my part of the dialogue. I ask them what they have been up to since our last visit, and they appear to listen and appreciate the tone of my voice. Sometimes I think they even respond in kind, using their own verbal language. This may sound rather silly to someone who doesn't spend a lot of time around dogs, but I find it very easy to understand their loving, laughing language.

Among the many canine clients I have been blessed to spend time with, is a special chocolate lab named Charlie Brown, or more affectionately, Charlie. Charlie is quite a character. One thing that makes him unique from all the others is his ability to spring straight up into the air with apparently very little effort, when he gets excited.

This amazes me because Charlie is a big dog. He's nearly three feet tall standing on all four legs and weighs about 85 pounds, yet he is able to lift his entire body into the air to the height of my chest in a split second. He simply pushes up from the floor with the toes of his feet like a ballerina. It seems



to take very little effort and can come as a real surprise if you're not expecting it!

After getting to know Charlie well enough to be aware of how he'd react when I arrived, I'd prepare myself by protecting my chin from being bumped by the top of his head when he suddenly sprang into the air. And while he bounces (like Tigger from the Winnie the Pooh) he sings his version of the canine chorus with a very high pitched tone, which says to me; "I am so happy to see you and I love you so much!"

If I'm having a bad day, I know I can count on things getting better when I receive that grateful greeting from my dear friend Charlie Brown. He's like a welcome wagon of wiggling waggling wonderment, offering up a healthy dose of free fur therapy. Like many other dogs I know, Charlie also shows his affection by smiling. He may not even realize he smiles, but I certainly see it. Between the look in his gorgeous golden eyes, and his wide-open toothy grin, Charlie has found his way into the deepest parts of my heart.

In case his spontaneous song and dance aren't enough, Charlie's other funny, frenzied antics and hilarious habits are equally entertaining. Sometimes I find myself bent over in a good gut laugh just from watching him be himself. That's why I like to call him Charlie Brown the canine clown.

During one of our walks he noticed a concrete deer on the porch of a nearby neighbor's house. At first glance he didn't react, he just continued walking. But when the vision registered in his head, he stopped in his tracks, did a swift 180 and began pointing his tail and nose in the direction of the statue. Within seconds he was springing straight up into the air the way he always does when he gets excited, and singing his high-pitched tune for anyone near to hear. I tell you, it made my day!

How lucky am I to spend my days hanging out with loving four-legged furry friends such as Charlie? To me, no prestigious career, fortune or fame could ever compete with what I have chosen to do for a living. Someone once said the secret to happiness is wanting what you have, not having what you want. I get it, and I remember that each and every day while I am out at play with my precious puppy pals. Enjoy the simple things in life. Enjoy the affection your pets give freely and let them make you laugh til your hearts content. Love and let live.



PET OF THE WEEK RODNEY: ANIMAL ID #A4957425

Rodney is as sweet as sugar! Sweet puppy Rodney (A4957425) is a soulful 1-year-old black-with-white male Chihuahua mix puppy who was picked up as a stray in El Monte and brought to the Baldwin Park Animal Care Center on June 6th. Weighing 6 lbs, Rodney is completely overwhelmed in the chaotic shelter environment and clung to our volunteer like a baby monkey to its mother when he was first taken out of his kennel. Once he was away from the kennel area, he started to reveal his real self. He is silly, happy, and loving, so volunteers imagine that he will blossom quickly once he gets into a loving home environment. Rodney will benefit from basic training to help boost his confidence and polish his manners. Loving and tender, Rodney will be a delightful addition as an indoor companion. Volunteers love Rodney, and you will too! Please consider adopting this sweet boy. To watch a video of Rodney, please visit the following link: <https://youtu.be/W5dehdmZxvI>

To meet Rodney in person, please see him at the Baldwin Park Shelter, located at 4275 N. Elton, Baldwin Park, CA 91706 (Phone: 626-962-3577). He is currently available now. For any inquiries about Rodney, please reference his animal ID number: A4957425. The shelter is open seven days a week, 12 pm-7 pm Monday-Thursday and 10am-5pm Friday-Sunday. This



is a high-intake shelter with a great need for adoptions. For more information about Rodney or the adoption process, contact United Hope for Animals Volunteer Adoption Coordinator Samantha at Samantha@hope4animals.org. To learn more about United Hope for Animals' partnership with the Baldwin Park Shelter, as well as the many dogs of all breeds, ages, and sizes available for adoption in local shelters, visit <http://www.unitedhope4animals.org/about-us/shelter-support-program/>.

Katnip News! KAYLEY



Kayley, age 4, is a beautiful, sweet calico girl, with nothing but love in her heart, and eyes that plead for you to love her! She's the quiet girl you've been looking for. She may be shy at first, but sweet-talk her and she will melt, asking for lots of pets. Kayley has lived with other cats, and will likely be fine with older, gentle children, but she would be very happy being the only pet in your world. She finds comfort in food, and has a few pounds to lose. With the right diet and regular playtime, her weight will take care of itself. Adoption is \$100, including spay/neuter,



microchip, & vaccines. Call 626-676-9505, or email: info@lifelineforpets.org. Lifeline for Pets is a small no-kill rescue organization. We show some of our cats most Sundays at Petsmart, 3347 E. Foothill Blvd. in Pasadena, 12:30-3:30. Convenient adoption application, more pictures, and videos on our excellent website, www.lifelineforpets.org.

FAMILY MATTERS

By Marc Garlett



GUIDING OUR CHILDREN
THROUGH SUCCESS AND
FAILURE

Laws and rules are created within organized societies to regulate interaction and protect citizens. A classic example is the American system of traffic laws, designed to promote consistent traffic flow while reducing accidents. When everyone understands how a four-way stop works, expectations follow. We learn how to conduct ourselves properly and to anticipate how others will behave.

Likewise, the public school curriculum nurtures expectations—expectations regarding skills which are culturally valued. Our schools promote a model of success in our society. Our students are taught how to succeed (but not so much how to fail, learn from their mistakes, and grow and evolve).

Intentionally or not, our institutions do little to prepare us to make it through failure with grace. Particularly in the middle and upper strata of our society, we are not taught how to deal with failure. There is such a focus on success that many of us have developed aversions to crisis and conflict.

So how can we prepare for adversity? Since our culture is built around success and we are largely taught to avoid failure, how do we learn to overcome it?

This is where conscious awareness comes in. As parents, it's our jobs to get highly aware about what we are passing on to our children and how we are doing it, particularly when it comes to models of success and failure.

Many parents don't really consider what they are handing down to the next generation, beyond thinking about how much money they'll leave behind. But I believe there's a much bigger concern here.

Maybe you can remember back to a time in your childhood when you thought to yourself "I'll never be like that when I'm a parent", only to find yourself now repeating those exact same patterns. I know I am guilty of that. And of course that's how those pattern keep getting passed on from generation to generation.

But, once we notice our part in the pattern, we can begin to create change. It won't necessarily be easy. Many of these patterns -- especially around success and failure -- are deeply ingrained. Yet through consciousness, I know these patterns can be broken.

That's why I don't just focus on passing on my clients' money through estate planning, but instead have a process for passing on their whole wealth (their intellectual, spiritual and human assets in addition to their financial assets). By doing so, I help parents consciously give their children valuable tools to deal with both success and failure.

Dedicated to your family's health, wealth, and happiness,

MARC

A local attorney and father, Marc Garlett is on a mission to help parents protect what they love most. His office is located at 49 S. Baldwin Ave., Ste. G, Sierra Madre, CA 91024. Schedule an appointment to sit down and talk about ensuring a legacy of love and financial security for your family by calling 626.587.3058 or visit www.GarlettLaw.com for more information.

LOOKING FOR A BEST FRIEND?

Lego is a friendly little dog that came to the shelter as a stray from Temple City. He had no identification and no one has come to claim him. Lego is a 2-year-old Chihuahua mix with short brown fur with white highlights. He has long legs and floppy expressive ears.

Lego is a lovable boy with a happy personality and seems to enjoy the company of people. Nothing makes him happier than a good back or belly rub, and he is comfortable sitting on a lap to share some quality time with our volunteers.

Lego is easy to harness and loves going for a walk or a run. He has a medium energy level, and walks with the most charming gait, lifting his legs high like a prancing pony.

Lego likes meeting other dogs - especially those who want to play with him.

With a little training and guidance, Lego would be a delightful family pet. He would be a happy addition to an active family where he has a yard of his own to romp and play in, someone to take him for a daily walk or run, and a comfortable place to sleep and relax near his people. He would probably do well with another dog as a companion and playmate as well. Come in to meet Lego soon. He is ready to become part of a loving family.

His adoption fee is \$130 and includes neuter surgery, vaccinations, microchip and a free wellness exam at a participating veterinarian. Feel free to call us at (626) 286-1159 for more information on Lego. He currently resides at the San Gabriel Valley Humane Society located at 851 E. Grand Avenue in



San Gabriel. We are located off San Gabriel Blvd, north of Mission and south of Las Tunas Drive. To arrange a 'Meet and Greet' with Lego, please stop by any time from 10:30am to 4:30pm Tuesday through Sunday. Website: www.sgvhumane.org

Car Heat Dangers

Elapsed Time (minutes)	Outside Air Temperature (°F)					
	70	75	80	85	90	95
0	70	75	80	85	90	95
10	89	94	99	104	109	114
20	99	104	109	114	119	124
30	104	109	114	119	124	129
40	108	113	118	123	128	133
50	111	116	121	126	131	136
60	113	118	123	128	133	138
More than 1 hour	115	120	125	130	135	140

Know the facts, please.

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WARNING

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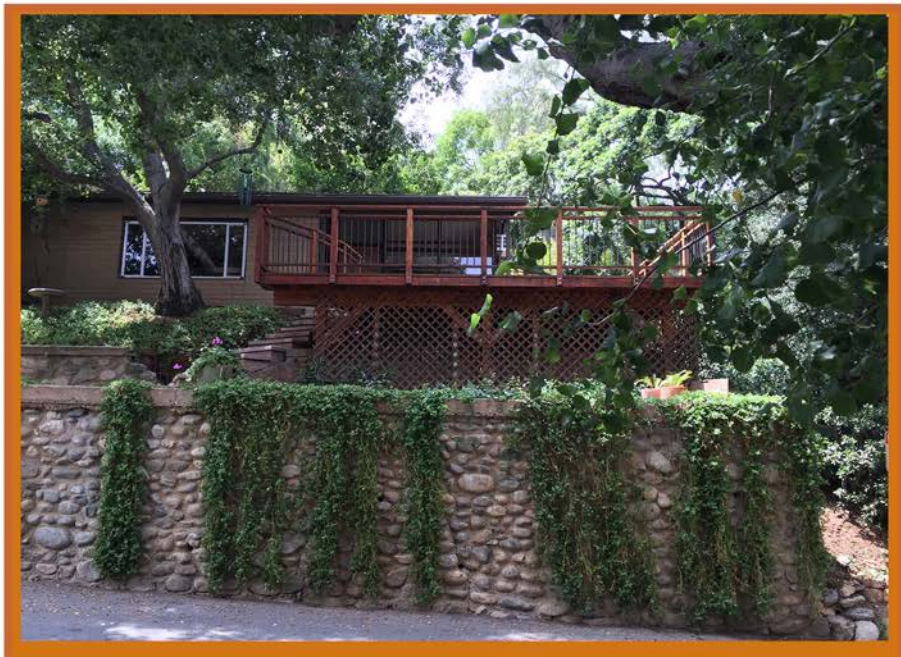
**711 MENDOCINO STREET
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3BR/2BA. Charming home offering 1,043 sf of living space on a spacious 7,904 sf lot. There is a large 2-car garage which provides additional storage. Great opportunity!

Luther and Georgina would like to wish a warm welcome to summer!

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AROUND SAN GABRIEL VALLEY

WATER USE DECREASED 29% IN MAY,
FOOTHILL STRESS TEST SHOWS IT CAN MEET ALL
CUSTOMER DEMANDS

Overall water use in the FMWD service area decreased 29% for the month of May 2016 when compared to May 2013. The State is using calendar year 2013 as the benchmark for measuring water savings for water agencies throughout California. Compliance with the mandate is determined on a cumulative basis starting with June 1, 2015. Cumulative water savings for the District since the State-mandated reductions began remains at 28%.

Almost all water agencies across the foothills met State-mandated targets for the month of May. On a cumulative basis, which accounts for all water savings achieved from June 2015 to May 2016, most agencies are on track in compliance. Below are the numbers for agencies within the FMWD service area:

	May Savings/(Overuse) ²	Cumulative Savings	State-Mandated Target ³
Crescenta Valley Water District	35%	28%	18%
La Cañada Irrigation District ¹	17%	26%	Two day Watering
Las Flores Water Company ¹	14%	24%	Two day Watering
Lincoln Avenue Water Company	44%	31%	26%
Mesa Crest Water District	20%	26%	25%
Rubio Cañon Land and Water Association	29%	30%	34%
Valley Water Company	22%	25%	34%

1. The State allows smaller agencies to choose between two days a week watering or 25% reduction.

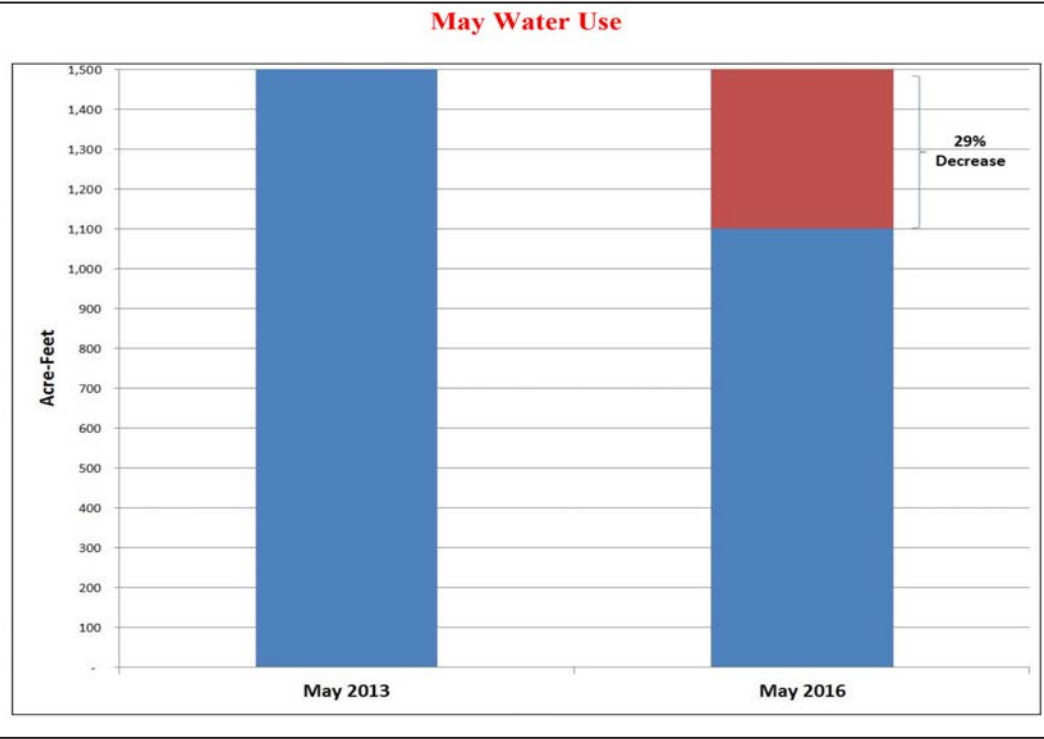
2. Numbers in parentheses are use above calendar year 2013.

3. The State Water Resources Control Board (SWRCB) applied adjustments to mandated targets beginning March 2016.

Due to improving water supply conditions following storms received in March, the State Water Resources Control Board (SWRCB) revised conservation reporting requirements. Urban water suppliers must now adopt a reporting format that follows a Stress Test approach in determining conservation standards. This format will be in effect starting June 2016 through January 2017 and requires locally developed conservation standards based upon each agency’s specific set of circumstances.

Foothill MWD has completed its stress test based on supplies that Metropolitan Water District of Southern California can provide. Metropolitan shows that it has sufficient water supplies to meet the demand of its member agencies over the next three years. The analysis can be found at <http://www.fmwd.com/resources/documents/reports/SWRCB-Foothill-MWD-Analysis-and-Supporting-Documentation.pdf>

“This past winter there was improvement in water supplies that we receive from Northern California,” stated Foothill MWD General Manager Nina Jazmadarian. “However, drought still persists and is impacting the other two-thirds of water supplies that meet consumer demands. Therefore, water agencies continue to ask for conservation from consumers. Any water conserved this year will go into reservoir and groundwater storage to be used in future years.”



For savings tips, please go to <http://bewaterwise.com/>.

Foothill Municipal Water District provides imported water to Crescenta Valley Water District, La Cañada Irrigation District, Mesa Crest Water Company, Valley Water Company, Lincoln Avenue Water Company, Las Flores Water Company and Rubio Cañon Land & Water Association. Kinneloa Irrigation District, another retail agency, takes no water from Foothill.

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HAZARDOUS WEATHER ADVISORY

Forecast from the National Weather Service at The Weather Channel:

THIS HAZARDOUS WEATHER OUTLOOK IS FOR SOUTHWESTERN CALIFORNIA INCLUDING THE SAN GABRIEL VALLEY

HOT CONDITIONS ARE EXPECTED SUNDAY THROUGH TUESDAY...WITH THE HOTTEST CONDITIONS ON MONDAY. THE HEAT WILL BE DANGEROUS FOR PEOPLE WORKING OUTSIDE OR IN HOMES WITHOUT AIR CONDITIONING. WITH THE HEATWAVE, ELEVATED FIRE DANGER IS EXPECTED TO OCCUR ACROSS SOUTHWEST CALIFORNIA SUNDAY THROUGH TUESDAY... AND RED FLAG CONDITIONS ARE POSSIBLE FOR SANTA BARBARA COUNTY WHERE GUSTY SUNDOWNER WINDS ARE EXPECTED EACH NIGHT.

THERE IS A 10 PERCENT CHANCE FOR DRY LIGHTNING ON SUNDAY OVER LOS ANGELES COUNTY...WHICH WOULD CREATE FIRE WEATHER CONCERNS. THUNDERSTORMS ARE ALSO POSSIBLE TUESDAY THROUGH THURSDAY...WITH THE BEST CHANCE (20 PERCENT) ON WEDNESDAY OVER THE MOUNTAINS AND DESERTS.

- * EXCESSIVE HEAT WARNING
- * FIRE WEATHER WATCH

STAY COOL. Stay in air-conditioned buildings as much as possible and avoid direct sunlight. STAY HYDRATED. Drink plenty of water and don't wait until you're thirsty to drink. STAY INFORMED. Stay updated on local weather forecasts so you can plan activities safely when it's hot outside. CHECK on the elderly, at-risk friends, family and neighbors at least twice a day to make sure they are safe by staying cool, hydrated, and informed. Have them do the same for you. STOP all activity and get to a cool environment if you feel faint or weak. LIMIT outdoor activity, especially mid-day when it is the hottest part of the day. NEVER leave infants, children, or pets in a parked car. AVOID using the stove or oven to cook. WEAR loose, lightweight, light-colored clothing.

TIPS FOR STAYING COOL:

For the Home:

- 1.Set your thermostat at 78 degrees or higher when home and turn it off when away.
- 2.Keep the refrigerator full (with bottles of water if nothing else) and unplug that second unit.
- 3.Switch off the lights when you leave a room.
- 4.Avoid using appliances during peak hours of late afternoon and evening, preferably after 9 p.m.
- 5.Reset your pool pump to run during off peak hours.

For the Office:

- 1.Turn off the computer monitor when you're away from your desk (it's the biggest power drain on your computer system).
- 2.Turn off the lights and computers in empty offices.
- 3.Switch off the coffee maker at 10 a.m., leave a full pot and reheat individual mugs in the microwave.
- 4.Leave half of the room's overhead lighting off -- it's a double savings, less light also means less heat so your air conditioner gets a break.
- 5.Check that office thermostats are set at 78 degrees or higher during the day and off in the evenings and weekends.

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365 TOYON ROAD | SIERRA MADRE

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On the Marquee: Notes from the Sierra Madre Playhouse

GOODBYE, GLASS MENAGERIE



By Artistic Director, Christian Lebano
On Sunday we'll close The Glass Menagerie. I am already mourning it. Working on this play has been one of the great experiences in my theatrical life. I'm so proud of what we accomplished. I have long wanted to direct this show. I'd been thinking about it for a long time. And we came pretty close to getting on stage what had so long been in my head. I've spoken of the family that gets created with each show – well I already feel bereft knowing that I'll be saying goodbye to this one soon.
It didn't sell as well as I'd hoped it would and I have to ask if that makes this a failure? We have gotten used to very full houses since our success with Always...Patsy Cline. The shows which followed Patsy all sold-out regularly, but Menagerie didn't. Even with some of the best reviews of any show in our history. It's hard to know whether we just didn't do a good enough job of marketing this show or if our patrons just weren't interested in this play. Putting seasons together is tricky – we can't do a steady diet of comedies and musicals – but I'm not sure if the smaller houses are a sign or just a happenstance.
I will say that the comments I had from patrons will sustain me for a long time. As you know, we do talkbacks after every Sunday matinee (with a special one with the composer this Saturday.) The talkbacks have all been very well attended for this show and the conversations have been terrific. At the last one we had a gentleman raised his hand to tell us that he'd been dragged to the theater

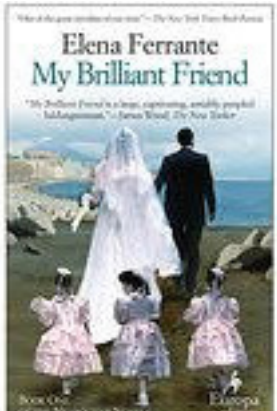
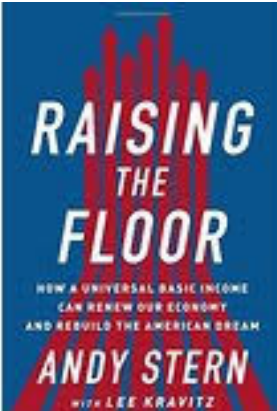
reluctantly by his wife. And then he started to tear up....he told us that he was so glad she'd insisted because he would have missed one of the greatest theatrical experiences he'd ever had. I tell you, the cast and I had trouble holding back our tears. THIS is why we do this. To have moved someone as much as we did this gentleman is worth all the glowing reviews and less-than-full houses. And I am so proud to say that his was not the only time we heard that. So, I'll answer my own question and say that even though Menagerie didn't sell as well as we'd hoped – it was a great success and one I'll remain proud of for the rest of my life.

We have another Colburn Concerts coming up this Sunday, June 18. We welcome back the Amoris Trio (their appearance last year was the best-selling Colburn Concert we've ever had – they almost sold-out.) If you have never been to one of our concerts, I hope you will come to one of these. One try and you will become a loyal attendee.
The 25th Annual Putnam County Spelling Bee is going to be wonderfully. It is being directed by Robert Marra who did such a lovely job last year with Always...Patsy Cline. This show is not recommended for kids under the age of 16 because of language and one song. Tickets are on sale now and are selling well already.
This is your Playhouse. Please let me hear from you. Please visit our website at SierraMadrePlayhouse.org or call Mary at 626.355.4318 to purchase tickets.

Jeff's Book Pics

By Jeff Brown

Raising the Floor: How a Universal Basic Income Can Renew Our Economy and Rebuild the American Dream by Andy Stern , Lee Kravitz
Advances in technology are creating the next economy and enabling us to make things,do things,connect with others in smarter, cheaper, faster, more effective ways. But the price of this progress has been a decoupling of the engine of prosperity from jobs that have been the means by which people have ascended to (and stayed in) the middle class. Stern, the former president of the Service Employees International Union (SEIU) spent four years traveling the country and asking economists, futurists, labor leaders, CEOs, investment bankers, entrepreneurs, and political leaders to help picture the U.S. economy 25 to 30 years from now. He vividly reports on people who are analyzing and creating this new economy—such as investment banker Steve Berkenfeld; David Cote, the CEO of Honeywell International; Andy Grove of Intel; Carl Camden, the CEO of Kelly Services; and Geoffrey Canada of the Harlem Children's Zone. Through these stories, we come to a stark and deeper understanding of the toll technological progress will continue to take on jobs and income and its inevitable effect on tens of millions of people.But there is hope for our economy and future. The foundation of economic prosperity for all Americans, Stern believes, is a universal basic income. The idea of a universal basic income for all Americans is controversial but American attitudes are shifting. Stern has been a game changer throughout his career, and his next goal is to create a movement that will force the political establishment to take action against something that many on both the right and the left believe is inevitable. Stern's plan is bold, idealistic, and challenging and its time has come.



Jonathan Livingston Seagull: The Complete Edition by Richard Bach
The new complete edition of a timeless classic that includes the never before published Part Four and Last Words by Richard Bach. This is the story for people who follow their hearts and make their own rules...people who get special pleasure out of doing something well, even if only for themselves...people who know there's more to this living than meets the eye: they'll be right there with Jonathan, flying higher and faster than they ever dreamed.A pioneering work that wed graphics with words, Jonathan Livingston Seagull now enjoys a whole new life.A wonderful book for adults and teens.

My Brilliant Friend: Neapolitan Novels, Book One

by Elena Ferrante

A modern masterpiece from one of Italy's most acclaimed authors, My Brilliant Friend is a rich,

All Things Considered


By Jeff Brown

HOW DID THE FIRST PEOPLE MIGRATE TO THE AMERICAS? BISON FOSSILS COULD HELP SETTLE THE DEBATE.

If you want to know where ancient humans were, follow their food.After all, that's what they did. About 20,000 years ago, Asian hunter-gatherers tracked their prey across a land bridge that linked Siberia with Alaska. A few millennia after that, those transcontinental travelers are thought to have sailed down the North American coast in pursuit of seals and other seafood.Then, some 13,000 years ago, when America's bison began migrating north through a lush land corridor exposed by Canada's melting ice sheets, humans followed them there too.That's the story told by bits of DNA extracted from centuries-old bones uncovered across the continent.

500 year-old shipwreck loaded with gold found in Namibian desert.

Diamond miners recently discovered a ship that went down 500 years ago after draining a man-made lagoon on Namibia's coast. While shipwrecks are often found along Africa's Skeleton Coast, this one just so happened to be loaded with \$13,000,000 worth of gold coins. The ship was identified as The Bom Jesus, or "The Good Jesus", a Portuguese ship that went missing 500 years ago while en route to India. The ship was loaded down with gold, tin, ivory tusks, and 44,000 pounds of copper ingots when it apparently went to its watery grave. In fact, it was the copper ingots that ended up playing a key role in the wreck's preservation.



SEAN'S SHAMELESS REVIEWS
THIS WEEK IN MUSIC

Weird Dreams – “The Ladder” - In 2012, Weird Dreams released a favorable debut record entitled “Choreography.” Not long afterward, the band kind of went on hiatus and disappeared. It wasn't until earlier this year that they awoke. Doran Edwards, the singer/songwriter, is now a solo artist performing under the Weird Dreams name. His first single, “The Ladder,” is off the long awaited sophomore album called, “Luxury Alone.” The resurfaced solo musician brings us a downbeat, solemn, and sadly glimmering snythpop song as his introduction song to the new record. It's beautiful and absolutely reflective. It has a nighttime vibe to it as it guides the listener through a hazy time in life, wherever that may be. “The Ladder” is undeniably engrossing and Weird Dreams are worth finding and letting in. “Luxury Alone” came out June 10th via Tough Love.

Yung – “The Child” – Danish melodic punk band Yung just released their debut record, “A Youthful Dream.” These early twenty-something year olds show off youthful exuberance and wisdom. There is a particular sort of rawness to the track, “The Child.” Yung consists of singer/songwriter/guitarist Mikkel Holm Silkjaer, Frederik Nybo Veile on drums, and Tobias Guldberg Tarp on bass. The brand new record is inspired by late 90s emo, but has much more to offer than identifiable similarities. The guitar lines on “The Child” are undulating and the bass is relentlessly pounding. The young band shows much promise and potential. While the record is a bit rough and course around the edges, “The Child” sounds very much like the title of this record—a youthful dream. Yung's “A Youthful Dream” is out now on Fat Possum Records.

Palace Winter – “Dependence” - Australian-Danish duo Palace Winter (Carl Coleman and Caspar Hesselgar) released their debut album,

By Sean Kayden

“Waiting for the World to Turn” two weeks ago. With the track, “Dependence,” we have another young band with much potential and drive. “Dependence” is a synth-ballad at its core. It's certainly another melancholy tune for this list of songs, but truly affecting nonetheless. The song exemplifies an act of yearning as it shows much fragility through its stages. Once again, we have a tune that will display an impactful emotional resonance. With the combination of indie rock, psychedelic, and snyths, “Dependence” packs quite the emotive punch. Palace Winter reach a high point here with melodic undertones and great emotional altitudes. It's a song that lingers with you far after it concludes and you'll be glad it does. “Waiting for the World to Turn” arrived on June 3rd via Tambourhinoceros.

Twin River – “Antony” - Vancouver/Montreal band Twin River released their much anticipated sophomore record, “Passing Shade,” just a few days ago. The five-piece indie rock act is back in a huge way. Their new single, “Antony,” channels the likes of mega indie rockers, The War on Drugs. With reverberating guitars, sensitive songwriting, and immaculate vocals from Courtney Ewan, this one is a masterful piece of work. In fact, their debut record, “Should The Light Go Out” was more in vein of garage pop. It was good, but kind of green. At the time of its release, it echoed the likes of a lot of other bands within the genre. However, with the new record, Twin River takes a significant leap forward creatively. The sharper sounds, tighter compositions, and improved songwriting all shine not only on the stellar, “Antony,” but also the entire record. Twin River should have a big year ahead of them and it will be deemed rightfully so. “Passing Shade” by Twin River arrived on June 17th via Light Organ Records.

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CHRISTINE Flowers



BLAMING 'THE OTHER' FOR ORLANDO

I woke up, like everyone else, to tragedy Sunday morning.

Five minutes into my bleary-eyed view of the CNN reports, I already saw how this

would go. First, there would be a wringing of hands about guns. Then there would be attempts to identify a motive. If a Muslim was somehow involved, a search for motives would cease. There would be moving disavowals of violence from Muslim-American leaders, and Facebook or Twitter would fill up with comments about how "they" never do enough to disavow violence.

Even while they were doing it.

There would be gun-control advocates wondering why a civilian would get his hands on a military-style automatic weapon, and others who'd respond that the carnage could have been avoided if there were other civilians with military-style weapons allowed in that presumably gun-free zone.

There would be the obligatory attack on President Obama if he didn't use the "right" words to describe the carnage, meaning that he didn't call it an attack of Islamic terror.

When it came out that the target was a gay club, people who have a thing against Christianity would be bummed because, darn it, they couldn't blame evangelical or Catholic haters for the violence. They'd like to blame Islam, but they wouldn't want to offend the wrong people.

And, this being an election year, the candidates would try to figure out a way to pick up electoral support, all the while pretending not to care about the polls.

My parents should have named me Cassandra, not Christine. All of this came to pass. Not that it makes me happy to have the playbook for these tragedies imprinted on my mind.

When something like this happens, there is always the hope that something new or better will emerge. One prays (in the secular sense) that cooler heads and voices will prevail. One prays (in the real sense) that this will be the last time anything similar happens (except for the media, who exist for just such moments).

But there is always disappointment be-

cause we are human beings and we want to blame "the other."

That "other" could be a responsible gun owner, if you think gun access is too easy and gun-control laws are too lax. That "other" could be a native-born U.S. citizen whose parents immigrated from Pakistan, and you think all refugees fleeing ISIS are actually jihadists in sheep's clothing. That "other" could be someone who opposes same-sex marriage if you think any criticism of gays amounts to bigotry.

I've been to this dance too many times to believe we're capable of change. We are so hard-wired to believe that "the other" is a threat that we don't want to listen to other views.

Gun-control advocates think those who defend gun ownership are natural enemies. They hate the NRA and blame all carnage on people who arm themselves, whether legally or not. Conversely, NRA members resent gun-control advocates for trying to eliminate their constitutional rights.

People who think a wall should be built blame jihad (or Mexicans) for mass murder, even when presented with the fact that killers are native-born-and-bred. People who think any discussion of the intersection between violence and ethnicity or nationality is racist feel superior to those knuckle-dragging bigots and discount their concerns.

And people who, like Hillary Clinton recently noted, think we should be able to "love who we love" think that anyone who defends their religious freedom to dissent is at best spouting hate speech and at worst, apologists for mass murder.

I'm sick of them all. What happened to the days when deaths were mourned, and fingers pointed afterwards when the heat of anger and despair had cooled to the equally painful but more manageable state of sad clarity? I think social media, including Facebook, Twitter and iPhones erased that possibility, forever.

We are pathetic, my friends, because we are predictable in the roles we play. It's not a Greek tragedy, but a reality Cassandra would recognize.

Flowers is an attorney and a columnist for the Philadelphia Daily News, and can be reached at cflowers1961@gmail.com.

TOM Purcell

FOR FATHER'S DAY — THE APPLE CORE AND THE TOILET



I don't know what I was thinking: In 1973, when I was 11, I flushed an apple core down the toilet, an action I would come to regret.

As it went, my father had remodeled our basement into a family room. He installed the inexpensive pine paneling common to the times. He also built a small bathroom, which would be the bane of his existence for more than 30 years.

My father, always looking to save a buck — he had six kids to feed, after all — bought the cheapest toilet he could find. It never did work right. He spent much of his spare time unplugging it.

Armed with this knowledge, then, it is remarkable I did what I did.

One Sunday morning, after chomping on a large Washington apple, I lay on the family room couch, too lazy to go upstairs to the kitchen to dispose of it. (My father warned against throwing apple cores in the downstairs garbage can, as they would draw ants.)

About then I noticed, some 12 feet away, that the toilet lid was up. In a moment of insanity, I aimed the core at the toilet and flicked my wrist. The core floated majestically in the air, a perfect trajectory, and landed in the center of the bowl with a satisfying "kir-plunk!"

I flushed it and never gave it another thought.

Six months later, another clogging was reported with that toilet. As fate would have it, this happened on a Sunday morning. I lay on the couch, holding another Washington apple. I watched television, while my father fought to free the plug.

But nothing would free it. The plunger failed, but not before my father was soaking wet. Two jars of Drano had no effect. Even the plumber's snake, which my father always borrowed from the Krieger's next door when all other measures failed, was unable to dislodge the blockage.

In a fit of rage, my father unbolted the toilet from the floor. In one mighty

heave, he lifted it off its mount and set it in front of the television. My mother was there by now, desperately trying to calm him. I walked over for a closer look, horrified by what I was about to witness.

My father knelt before a black hole in the floor. Despite mother's protestations, he reached his mighty paw inside it, then his forearm, then his biceps. His head was now pressed against the damp floor, the veins in his temples ready to explode.

His eyes lit up. He had something. He carefully removed his biceps, then his forearm, then his paw. He was on his knees now staring at his clenched fist. He unpeeled his fingers slowly. In the center of his palm was a black, rotten apple core.

I could go into detail about my father's incredible reaction — how he ran through the house shouting, "Who the hell flushed an apple core down the toilet?" I could describe the shock and horror he felt when he discovered that I, his 11-year-old son and only hope in carrying on the family name, was the imbecile who did it.

But I won't. I will tell you I was paralyzed with fear that day, a fear born out of respect. My father loved me and wanted the best for me, I know now. He wanted me to master basic virtues — certainly to master common sense — and I'd failed him.

At the time, it would have been great if he were a father like the hapless idiots portrayed on television these days. But lucky for me he was, and still is, a man. Unlike too many fathers today, he was firm and strong and unafraid to confront me and discipline me in the unpleasant challenge of preparing me for life.

The hard feelings the apple core incident caused have mostly been forgotten. Still, every now and then I receive a call late at night. I answer and hear a familiar male voice:

"Why the hell did you flush an apple core down the toilet?"

Tom Purcell is a Pittsburgh Tribune-Review humor columnist Send comments to Tom at Tom@TomPurcell.com.

JOHN L. Micek



YOU'RE EITHER WITH TRUMP, OR AGAINST HIM

So U.S. House Speaker Paul Ryan thinks Donald Trump's comments about the Mexican heritage of a federal judge hearing a civil case against him are an example of "textbook racism," but he won't rescind his endorsement of the presumptive Republican presidential nominee?

And U.S. Rep. Bill Flores, R-Texas, says he'll vote for Trump "but in terms of getting my endorsement, I don't endorse people that bash a judge based on his ethnic heritage."

Sorry, Republicans. As the old saying goes, you can't be kind of pregnant. By backing Trump, you're giving your explicit endorsement to whatever nonsense comes tumbling out of his candyflake orange head.

And no amount of rhetorical contortions will get you out of that one.

You can't say you didn't know what you were getting into when he scurrilously suggested that all undocumented immigrants were rapists and murderers; when he suggested that the odious "Operation Wetback" might be a good model for deporting 11 million people; or when he proposed an unenforceable and fanciful ban on foreign Muslims.

Yes, the nativist twaddle Trump spouted worked to your advantage when he was deploying it against President Barack Obama or presumptive Democratic nominee Hillary Clinton, herself a candidate who is, in many ways, as flawed as Trump himself — as a pair of just awful headlines related to her email scandal drove home last week.

But whatever angles of attack open to Republicans on Clinton — and there are plenty — fall to the wayside as the national party (filling the space that should be occupied by Trump's campaign, but is not because of its well-documented barebones nature) does damage control.

So why are senior Republicans infantilizing Trump by holding onto the vain hope that he'll somehow mature and grow into a proper presidential candidate?

"Using a prepared text last night and not attacking any other Americans was a good start," Senate Majority Leader Mitch McConnell, R-Ky., said of a recent Trump speech. "I think it's still time for him to act like a presidential candidate should be acting. So I haven't given up hope."

If you're rejoicing that he got through one whole speech without managing to insult a religious, racial or ethnic group, then

you've set the bar so low that it's essentially meaningless.

Liberated from his teleprompter, Trump took to Twitter to respond to the tragic shooting at an Orlando gay club, and ended up patting himself on the back.

"Appreciate the congrats for being right on radical Islamic terrorism, I don't want congrats, I want toughness & vigilance. We must be smart!"

As columnist Michael Gerson observed, Republicans are between a rock and a hard place.

On one hand, they can't very well turn their backs on the man who won the majority of the votes from GOP primary voters.

On the other, they're spending all their available free time (and political capital) putting out the Trumpian brush fires that erupt among key constituencies -- such as Hispanics - every time their presumptive nominee gets too close to an open microphone or a device equipped with any sort of social media application.

Some Republicans, notably U.S. Sens. Lindsey Graham of South Carolina and Ben Sasse of Nebraska, as well as U.S. Rep. Charlie Dent, of Pennsylvania, have remembered that both principle and the long-term future of the party are more important than short-term political gains. But they are in the profound minority of their party as more Republicans jump aboard the Trump train.

Republicans, with justifiable pride, cling to their mantle as "the Party of Lincoln," and, for many years, that legacy stood in marked contrast to the Democrats of the segregationist south.

As fringe elements have risen to prominence, particularly since the emergence of the Tea Party movement in 2010, those days seem to be increasingly in the rear-view mirror.

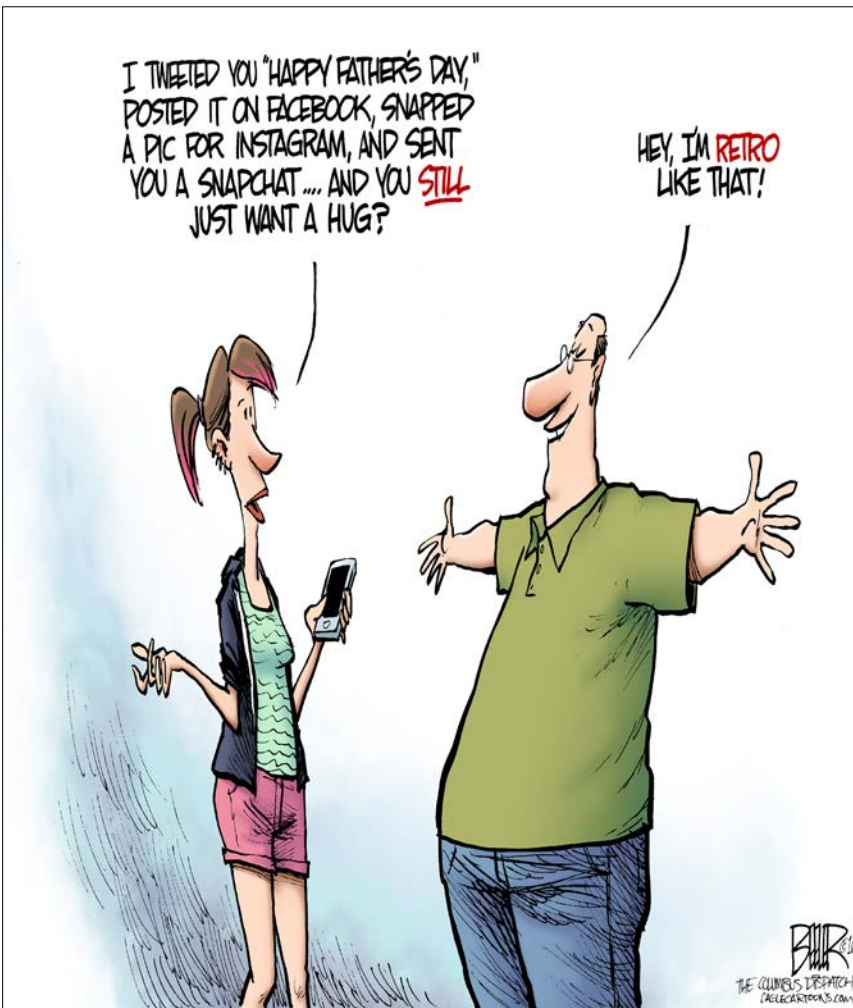
And Trump is putting ever more distance between them.

At the dawning of the American war in Iraq, another great Republican, Colin Powell, famously observed that if the United States broke Iraq, it would own the damage.

It was famously referred to as "The Pottery Barn Rule."

Republicans own Trump now. And they own whatever damage he'll wreak on both their party and the nation if he wins in November.

An award-winning political journalist, John L.Micek is the Opinion Editor and Political Columnist for PennLive/The Patriot-News in Harrisburg, Pa. Readers may follow him on Twitter @ByJohnLMicek and email him at jmicek@pennlive.com.



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